



Kinross Newsletters



Founded in 1977 by Mrs Nan Walker, MBE

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DEADLINE for the May Issue

**2.00 pm, Monday
19 April 2010**

for publication on
Saturday 1 May 2010

Contributions for inclusion in the Newsletter

The Newsletter welcomes items from clubs, community organisations and individuals for publication. This is free of charge (we only charge for commercial advertising - see below right). All items may be subject to editing. Please also see our Letters Policy on page 2.

Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletters.org

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Front Cover: The Rio (formerly County) cinema, Kinross, early 1980s.
Photo: Alex Braid.

Commercial Advertising in the Newsletter

Display Adverts

For details on how to place a Display Advert, please go to our website www.kinrossnewsletters.org and click on Advertising for full details, or contact our Advertising Manager.

Typed Adverts

A typed advert may be placed for one or more months. These adverts are text only (no graphics allowed). There are two rates:

Up to NINE lines (including blank lines)	£7.00 per insertion
TEN to FIFTEEN lines (including blank lines)	£11.00 per insertion

As a guide, eight words is the maximum that can be fitted on a line. To place a Typed Advert, contact our Advertising Manager, Ann Harley (see left for contact details). You will need to send her:

- Your name, address, telephone number and, optionally, email address.
- The wording of your advert.
- A note of the number of insertions required.
- Your remittance – cheques payable to “Kinross Newsletter”.

Send all this to the Advertising Manager by the normal monthly Newsletter deadline (see top of left-hand column for date).

The Newsletter reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a Typed Advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy.

Editor Eileen Thomas **Typesetting and Layout** Tony Dyson **Word Processing** Julia Fulton
Advertising Ann Harley **Treasurer** Ross McConnell **Distribution** Glenn Neve **Subscriptions** Glenn Neve



Letters

Editorial

The April issue is traditionally a large one, as we still have reports from the winter activity clubs coming in while the summer ones, such as tennis and bowls, are gearing up for the new season. This April issue is no exception, and we hope you enjoy reading our mix of news, views and articles and reports.

As many AGMs take place at this time of year, please remember to check your club's entry on the kinross.cc website to ensure that contact details are correct. In the next couple of months the Newsletter will use those contact details to make a new Register of Local Organisations. See page 6 for more information.

We wish all our readers a happy Easter.

Remember, you can now buy your Newsletter at Kirklands Garage.

Letters Policy

We reserve the right not to publish any letter. Letters will not be published unless the sender's name and address are supplied and they are prepared to have them published along with their letter. Please note that the Newsletter does not necessarily agree with any of the views expressed on these pages.

Abbreviations Used

P&KC = Perth & Kinross Council
CC = Community Council
Cllr = Councillor
CCllr = Community Councillor

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Email: milnathort.gc@btconnect.com

FREE 9 holes if you bring this advert

**All classes of membership are available
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It is an undulating inland 9 hole course
with lush fairways and excellent greens.
Strategically placed copses of trees require accurate tee
shots. The course is made more interesting by the addition
of different tees and greens for some holes.

Thanks Kinross and Thanks Sainsbury's 6 Mar 2010

May I just say a word of thanks to all the good shoppers of Kinross, and Sainsbury's store staff, for their generosity in allowing us to collect on 13 February.

We were marking the 125th Birthday of SSAFA Forces Help – the Soldiers, Sailors, Airmen and Families Association.

We were ably assisted by our own and Help for Heroes volunteers, and the Kinross Detachment of the Army Cadet Force – a fine youth organisation, who were tremendously helpful and enthusiastic. It was marvellous having today's youth helping secure the future of some of our serving and ex Service colleagues in their time of need. We raised very nearly £500 in four hours, which was fabulous, and this collection was replicated up and down UK and world wide, raising fantastic sums. Thank you the public – you were very kind.

Our eldest son, Peter, is a serving soldier in Afghanistan and returns after his six-month tour at Easter time, all being well. He has lost many friends there in his tour – the casualties have been unrelenting – and he has helped in his way to make a difference to the very disadvantaged people of his area. It's been a long haul for him, for his lovely young wife, and us in his extended family and friends. However, morale and a gritty determination to see through the mission has remained as steady as ever – remarkably so, considering the conditions they operate under. Let us all salute these brave men and women. Fund raising, like at Sainsbury's recently, makes all the difference to improve the future of those damaged, mentally or physically. Anyone wanting to make a donation to service charities supporting the men and women there can contact me....

Andy Middlemiss

01577 862041

25 Broom Road, Kinross KY13 8BU



On 13 February, collectors outside Sainsbury's raised nearly £500 for the SSAFA

Clocks go forward

British Summer Time starts on
Sunday 28 March 2010.
Clocks go forward one hour at 1.00 am GMT,
becoming 2.00 am BST.



Thanks to Kinross Cougars**14 Mar 2010**

I would like to take this opportunity, through your Newsletter, to thank all at Kinross Cougars Rugby Club on behalf of my son Gareth Hutchison.

On Sunday 7 February this year Gareth was chosen to represent Kinross Cougars as a Mascot at the Scotland vs. France rugby international at Murrayfield.

All the family (Mum, Dad, two sisters and brother) were there to see him stand proudly in line in front of the Scotland team on the hallowed turf of Murrayfield. Thanks to the Cougars, we had six of the best seats in the house, only a few rows in front of the Royal Box.

Gareth was also allowed to meet all the players at the end of the match and spent a good half hour in their company; they all signed his Scotland strip, and posed for photographs with all the mascots. Considering they had just lost the match, their encouragement of all these youngsters was excellent.

Special thanks to Ollie Cox and Angela Wilcox and all the coaches and staff who give their time and energy to encourage all these young players. Thanks to them, Gareth and the rest of the family had a day to remember.

Many thanks,

Graeme Hutchison
Mavisbank, Kinross



Gareth with his star, player, Chris Paterson

Kinross Recycling Centre**15 Mar 2010**

As one of the many residents in Perth and Kinross who readily criticise the Council's services and facilities, it is only fair to give praise when due.

The Recycling facility in Kinross is a case in point. It is efficient, comprehensive, immaculate and staffed by friendly, helpful and cheerful people whose eagle eyes can see what is in your bags from 50 metres, and then direct you to the correct bin. The Director, Managers and staff are to be congratulated on providing such a service for Kinross. Should there be a National Competition for Recycling Centres, Kinross would undoubtedly make the national news.

Ray Young
South Cottage, Meikle Seggie,
Milnathort, Kinross, KY13 0RP

Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit **www.kinross.cc**

Kinross in Bloom – Open Letter**15 Mar 2010**

To Bernadette Malone, Chief Executive, P&KC

Dear Ms Malone

I am writing to you as the founding member of Kinross in Bloom.

I have just been informed that the plant beds outside the Scottish eBike shop (formerly Hope Chest) on the High Street, Kinross, are not to be planted this year.

I have been told that this is due to persistent vandalism of these beds.

I have to say that I am dismayed by this because giving in to vandals of any sort is to admit they have won.

Kinross in Bloom's 3-tier planter and barrels on the corner of Station Road and the High Street are attacked almost every year, however we get on and replant them as this is an important site in the town.

The beds outside the Scottish eBike shop are also important to Kinross as they are directly opposite the derelict Swansacre building and serve to some small extent to mitigate the run down impression of Kinross High Street.

Please note that Kinross in Bloom has not at any time been consulted about this.

Can I ask you please to intervene in this matter.

Yours sincerely

Dave Cuthbert

8 Highfield Circle, Kinross, KY13 8RZ

Gordon Place/Springfield Road**11 Mar 2010**

In reply to the article regarding cars driving on to Springfield Road from Gordon Place [News from February meeting of Kinross CC, March Newsletter]:

To my knowledge the only time this has happened was recently when a lot of snow had fallen in one night and the snow plough had not been to clear it. The residents cleared it themselves by hand in an attempt to get to work.

Donald Robertson

Gordon Place

War Game Appeal**12 Mar 2010**

As a recent resident of Kinross-shire (two years), I write to enquire if there are any of my fellow hobbyists in the area.

I play table-top miniature war games and have been unable to find fellow gamers locally. My particular period of interest is from the start of the Glorious Revolution to the end of the American Revolution. However, I also have many ancient and medieval armies based to the DBM, DBR & DBA rule system, with several other areas of interest.

If there is anyone out there with war gaming interests, they can contact me at: iaindale@yahoo.com or 07986 222 399.

Many thanks.

Iain Dale

Grace Cottage, Cambo, Kinross-shire, KY13 0NX
07986 222 399(M)

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News & Articles

Complete Look celebrates 20 years

The sound of bagpipes in the High Street on 20 March signalled something special was happening. The Complete Look Beauty Salon, decorated with gold balloons and streamers, was packed with clients and friends congratulating the owners on 20 years in business.

Jennifer Deas and Catherine Marshall, who both qualified from the Mary Reid School of Beauty in Edinburgh, were just 19 and 22 when they started the Complete Look in the red building opposite Andersons solicitors. After ten years the business moved to its current premises by the fountain near the Town Hall, and Catherine and Jen now employ nine people.



Owners Catherine Marshall and Jennifer Deas celebrating with colleagues and clients at the 20th anniversary party

“We have been very fortunate that we have been able to raise our lovely families as we have very loyal, hard-working girls who have been with us for up to 13 years,” said Jen. The other staff members are: Michelle Martin, Fiona Moran, Gillian Murray, Anna Goudie, Ann-Marie Thomas, Judy Scott, Carol Fairweather, Bethan Kay and Christy Black.

The girls place great importance on providing a friendly, welcoming and relaxed atmosphere at the salon. They provide very high standards of beauty treatments, and keep up to date with the latest innovations in beauty therapy. They also hold monthly promotions, and clients can receive news by email if they wish. The salon was awarded the title ‘Decléor Salon of the Year’ in 2007, and has been a Decléor ‘Gold’ Salon ever since.

Well-wishers attending the anniversary party were treated to bucks fizz, canapés, beauty vouchers and goody bags. Congratulations, Jennifer and Catherine.

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone Glenn Neve on 01592 860808 or email subscriptions@kinrossnewsletter.org

Get listed!

The Newsletter would like to publish a new Register of Local Organisations soon. This is our very own “Yellow Pages” giving details of clubs, community halls, schools and many other organisations. It comes in the form of a pull-out sheet in the centre of the Newsletter.

The Register is compiled from the lists of clubs and groups on the kinross.cc website. We urge all office-bearers of organisations to check the kinross.cc website to see that their organisation is listed and that the contact information is up to date.

Here are some benefits to having your club listed on the website:

- People with internet access can find your contact details easily
- Contact details can be updated anytime, e.g. if you have a change of secretary
- If you have a website, kinross.cc will provide a link to it from the listing
- If you don't have a website, it may be possible to post news about your club, minutes etc on the kinross.cc site by arrangement with the administrator
- You'll appear in the Newsletter “yellow pages” which is used as a reference document by the local authority and by local residents without internet access

To get your club listed on the kinross.cc website, go to www.kinross.cc/community/website.htm and download a Data Protection Form. Return it by post or email. If you have any queries telephone 01577 862685 or e-mail admin@kinross.cc

The kinross.cc website was launched ten years ago jointly by the Kinross-shire Partnership and Kinross Community Council. It is a fantastic resource for residents and visitors to the area. As well as contact details for local organisations, there are suggestions on local places to visit, classified adverts, houses for sale and an extensive photolibrary. It is also the place to find any late-breaking news in between Newsletters.

The homepage of www.kinross.cc

Deadline for all Submissions
2.00 pm, MONDAY 19 April
for publication on Saturday 1 May

No election required

It will not be necessary to hold an election in April for Kinross CC as the number of nominations received did not exceed the number of seats available.

The next meeting of Kinross CC is the AGM on Wednesday 7 April at 7.30pm in the Masonic Hall.

Winter road damage

At the March meeting of Kinross CC, Councillor Willie Robertson urged the public to report any road and pavement defects which have arisen due to the severe winter weather. Reports can be made in the following ways:

- Telephone 'CLARENCE' on 0800 232323 or
- Complete a form on the Council website. Go to www.pkc.gov.uk then click on 'Road related faults' on the right of the home page.

Perth Amateur Operatic Society presents Thoroughly Modern Millie

Based on the 1967 film starring Julie Andrews, *Thoroughly Modern Millie* tells the story of a small town girl who comes to New York City to marry for money instead of love (a thoroughly modern aim in 1922 when women were just entering the work force). Millie begins to take delight in the flapper lifestyle of the "roaring twenties". But things take a turn for the worse when she checks into a hotel owned by the leader of a white slavery ring, Mrs Meers who, with the assistance of two Chinese henchmen, despatches any orphaned women checking into her hotel off to Hong Kong. Tickets are now available for this production which will be staged from Friday 2 April to Saturday 10 April at Perth Theatre. Ticket sales can be co-ordinated through Horsecross, telephone 01738 621031, website www.Horsecross.co.uk

First Scottish Students Food Festival

Calling all Foodies!

Members of the public have a chance to sample dishes created by Hospitality students from Queen Margaret University and Jewel & Esk College at the Scottish Local Food and Drink Festival on Saturday 24 April. Kinross resident Seonaid Scott will be one of the students demonstrating ingredients and recipes from all over Scotland.

Renowned Scottish chefs will also be taking part, including Kinross-shire's own Tom Kitchin. Guest audiences can view the chefs preparing their 'signature' dishes in the college's training kitchens.

Food and drink producers will be on hand to showcase their wares, with tastings available throughout the day.

The Festival takes place at the Jewel & Esk College campus at Musselburgh and tickets range in price from £5 to £10. Find out more at: www.qmu.ac.uk/be/foodfestival

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Kinross cricket star set to score with maiden single

One of Perth & Kinross's leading young cricketers, James Ross, is trading his cricket bat for a guitar as he launches his music career with the release of his debut single, "Right Next To You (These Days)" on iTunes. The former Scotland Internationalist, who toured South Africa with the Scotland under-15 team and competed in three European Championships, is also an accomplished musician, and has been writing his own music for several years. Playing guitars, keyboards and drums, James worked alongside the highly respected recording team at OffBeat Productions to produce his single. His debut album "Light September" is planned for release in the Autumn.

James, from Kinross, is currently studying at the University of Edinburgh and has completed a set of live gigs throughout the city over the past few months to great critical acclaim. Eoin Greensmyth, music critic for the Edinburgh University student newspaper 'The Journal' writes: "This single is great easy listening – if you're a fan of most modern music you'll love this song." To promote the single James is playing live at nine venues across Edinburgh throughout March and April. In addition to the Edinburgh gigs, Red Monster Records, who are working with James on the UK and European launch, has arranged a number of concerts and personal appearances across the UK

in the summer. Interest has also come from America with Los Angeles based promoter Holt Hauser hoping to arrange several concert dates in the USA at the end of 2010.

Whilst music is clearly a major part of James's future, he is not completely lost to cricket. James hopes to continue his role as opening batsman for Kinross Cricket Club and is looking forward to a summer of music and competitive cricket.

The single "Right Next To You (These Days)" is now available to download on iTunes which includes the song and the "B"-side "The Only Person". To listen to the single, the b-side and to find news on live shows and more, visit www.myspace.com/jjrossmusic.



James Ross

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The County Cinema



The County Cinema in Kinross, as it would have looked in its heyday

Inspired by the news that there are soon to be regular film screenings at the community campus, we thought we would take a little look into the history of the cinema in Kinross.

In the early part of the 20th century, the Town Hall had been used for showing films – an old postcard of the Town Hall shows a sign above the door saying “Kinross Picture House”.

In March 1938 a company was formed to acquire land for the purpose of erecting a cinema. The County, as it was named, was built on Station Road (at that time called Graham Street) and opened on 12 September 1938.

The commemorative Souvenir Brochure shows the opening programme:

- God Save the King
- Opening Ceremony by Mrs G A Ramage Dawson of Balado House, Kinross
- British Movietone News
- Shirley Temple in ‘Heidi’
- ‘The Jones Family in Hot Water’

Adult ticket prices ranged from 6d (six old pence, equivalent to 2½ pence today) to 1/3d for the balcony. Children’s prices were 4d to 9d.

The cinema was built by Stellmacs Ltd of Glasgow, who boast in the brochure that:

“The County is both dignified and modern in design. Internally it is constructed according to the latest scientific principles to ensure that every patron, no matter where seated, will have perfect and strainless vision of the screen and hear every word of dialogue

and note of music without distortion.”

The County cinema was part of the cinema circuit of Dundee based magnate J B Milne, who at one time had the largest privately owned cinema chain in Britain, including cinemas in Dundee, Angus, Fife, Edinburgh and Stornoway!

Milne was Managing Director of The County. Two Kinross men, Bailie Scott and John Irons, were amongst the other six directors at the time of opening. The first manager was Mr Francis B Carter.



Mrs Ramage Dawson, who performed the opening ceremony in September 1938

Originally the cinema had a capacity of 600, although according to the Scottish Cinemas website, this was reduced to 400 “to avoid Entertainment Tax”.

The Newsletter was fortunate to make contact with Mr Alex Braid of Glasgow, who worked for J B Milne in the 1960s. Mr Braid recalls this about The County:

“An unusual feature of the building was the reverse rake stalls floor, which sloped down from the rear stalls then sloped upwards again from the centre stalls to the stage, rather like a saucer. I have only encountered one other cinema with such a floor.”

Cinema-going was very popular in the forties and fifties. An advert from the *Kinross Advertiser* in 1960 shows double bills were still the norm, when one entered the cinema at 6.30pm for the supporting film, followed by a newsreel, sometimes a short comedy or cartoon, and then the main feature film. The programme ended at 10.30pm. Four hours of entertainment!

J B Milne, who had started out as a cleaner and musician in the Palladium in Dundee, enjoyed great success as a cinema proprietor, and lived in a huge Adam mansion, Ruthven House, near Meigle in Perthshire, with around 1500 acres of land. He toured his cinemas in a 1950s Rolls-Royce Silver Wraith.

Film-going was in decline by the time of Milne’s death in 1968, when his



The entrance in 1972, during the combined cinema and bingo phase. Photo: George Millar.



Three of the original directors
of the County Cinema:

Left to right,
Bailie Scott,
John Irons,
JB Milne

cinema circuit was taken over by Kingsway Entertainments, who continued to run the company under the name J B Milne (Theatres) Ltd.

In July 1970, permission was sought to run bingo at the County, and it appears that both bingo and films were offered for the next 3½ years. During that time The County was sold on to Minor Bingo Entertainments, who renamed the cinema 'Rio', as shown in Mr Braid's photographs.

The last film shown under the banner of The County was 'Chitty Chitty Bang Bang' on 11 April 1971 and the first in the new guise of the Rio was 'The Battle of Britain' on 12 April 1971. The Rio showed films four nights a week then.

A letter to Kinross Town Council

indicates that Minor Bingo Entertainments stopped showing films altogether in early 1974. I don't know when the building was closed for good, but it was certainly boarded up by the early 1980s when Alex Braid took his photographs. The building was demolished around 1985 and houses built (the present Kirklands Court).

If anyone has any further information on The County cinema, *The Newsletter* and/or the Historical Society would be delighted to hear from you.

A copy of the Souvenir Brochure and more photographs are held by the Kinross-shire Historical Society in the Kinross (Marshall) Museum at the Loch Leven Community Campus. The museum does not have fixed opening hours yet.



Before and after:

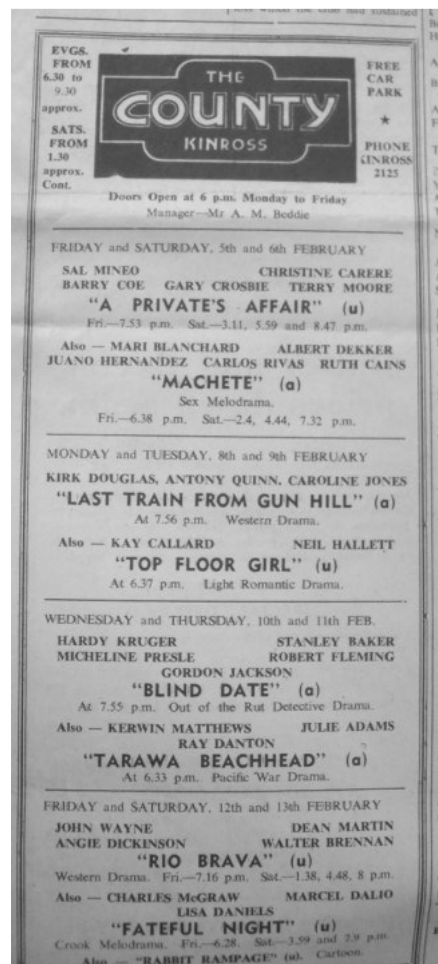
the Kinross Rio (formerly County) Cinema, above, in the early 1980s, after closure. Photo: Alex Braid.

Right: Kirklands Court on the same site today.

Article written by Eileen Thomas. Many thanks to the following for help, information and images: Alex Braid, George Millar, Lord Moncreiff, Catriona MacLeod, Kinross-shire Historical Society, Kinross (Marshall) Museum, Scottish Cinemas and Theatres Project, A K Bell Library and Cupar Library.

Sources:

Kinross Town Council Minute books
Kinross Community Council Newsletter
Fife News
Kinross Advertiser
www.scottishcinemas.org.uk



A 1960 cutting from the Kinross Advertiser, showing the original Art Deco style heading. Four hours' entertainment was on offer, six nights of the week.

Pegasus Scotland Microlight Training

Many of you who live locally may have noticed over the past year microlights flying across the sky and I thought it would be a good opportunity for us to introduce ourselves and explain what the school does.

Pegasus Scotland is a microlight school located at Balado Park which is just off the A91, 2 miles out of Milnathort. The school was founded 11 years ago and used to operate from Perth Airport but relocated to Balado in 2009. The school offers microlight tuition and gift vouchers.

Microlighting is a very popular form of aviation as it is affordable and above all exhilarating.

A microlight aircraft can fly up to 80 miles per hour and can cover 400 miles on a fuel tank. As I write this article my husband, Marcus Dalgetty and a student are just flying back from Gigha after having their lunch on the beach – it took them approximately one and half hours to get there.



Microlight tuition involves learning to fly a microlight (either a fixed wing or flex wing) in order to gain your National Private Pilots Licence. A NPPL involves a minimum of 15 hours dual instruction, 10 hours solo and gaining passes in 5 aviation exams. The national average to gain your license is currently 35 hours. You may start your training from the age of 14 and for solo flying you must be at least 16 years old. The youngest student we have had to date to gain their NPPL training was 17. After gaining their NPPL, students may wish to purchase an aircraft and a very popular option these days is to buy a share in a syndicate aircraft.

The school offers a variety of gift voucher flights including hang-gliding vouchers which are valid for one year and can be booked in whenever you wish. Prices start from £60.00. Voucher flights make brilliant gifts and the customer may even have a go at flying the aircraft. We are also very fortunate to have fantastic scenery close by. The Ochils, the Fife coast, Forth Road Bridge and Stirling castle are just a few examples of where people like to fly to.

So if you are interested in flying or perhaps would like to come down to the airfield to have a look, please feel free to do so.

Jo Dalgetty, Pegasus Scotland

Seamab School

Seamab has again been singled out by the Care Commission as “providing an excellent level of care with the individual children’s needs being at the centre of its provision”. Of the four areas the Commission inspected, quality of care and support, quality of environment, quality of staffing and quality of management and leadership, the first two were graded as ‘excellent’, the highest grading available, and the second two as ‘very good’.

A further, unannounced, inspection, took place in March, and, although the report on this will not be available for some time, the school confidently expects it to be equally positive. The Care Commission reports follow on from the very positive report which they produced, jointly with education inspectors, last year.

Anne Anderson, Principal, said, “It is really gratifying to have all the hard work of staff validated in this way. We are now being recognised as leading the country in making provision for children who have had traumatic experiences in their early years – we are receiving numerous requests from professionals to come and see our work.”

Anne went on to say, “We have had as busy time recently. We have had two children move on successfully in the last month and they have already been replaced by two new children who have settled in well. We now have a second psychologist working in the school and we have an occupational therapist and a speech and language therapist starting at the beginning of April. On a lighter note, our football team continue to lose all their matches but that really doesn’t seem to bother them: they continue to play just as enthusiastically. We are grateful to a number of local industries who provided us with money to buy strips and equipment. We have been involved in a lot of fundraising lately – Cowdenbeath Bowling Club ran a social evening for us and raised over £700. It’s more than a year now since we ran a very successful open day to let the local community see Seamab: we’ll be thinking about doing that again shortly.”

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Spring into Learning at Kinross Learning Centre

Two brand new courses are on offer in this Spring's leisure programme at Kinross Learning Centre. Working with different types of icing, creating flowers, piping, fills and other adornments will all be covered in the Cake Decoration course; whilst those with an interest in alternative therapies could put a spring in their step with the Introduction to Reflexology class.



For art lovers, the works of some of our best known home grown talent will feature in the Scottish Painters class. And of course languages, beginners' IT, digital photography and art are also all included in the programme.

Classes marked ★ qualify for ILA funding – so if you have an Individual Learning account, your course could be free!

If you would like to book a place on one these classes, call us on 01577 863863, e-mail pc.kinross@perth.uhi.ac.uk or drop in to the Learning Centre at 15 Swansacre, Kinross.

LANGUAGES ★

Holiday Spanish	Thu 22 Apr	7-9pm	8 weeks	£53
Spanish 2	Tue 20 Apr	7-9pm	10 weeks	£65
Improving your Spanish Conversation	Wed 21 Apr	7-9pm	10 weeks	£65
Advanced Spanish Conversation	Mon 19 Apr	9.45-11.45am	10 weeks	£65
Holiday French	Mon 19 Apr	7-9pm	8 weeks	£53
French 3	Thu 22 Apr	7-9pm	10 weeks	£65
Improving your French Conversation	Tue 20 Apr	1-3pm	10 weeks	£65
Advanced French Conversation	Tue 20 Apr	10.30-12.30pm	10 weeks	£65
Italian Beginners	Tue 20 Apr	6-8pm	10 weeks	£65
Improving your Italian Conversation	Tue 20 Apr	3.30-5.30pm	10 weeks	£65
German Improvers	Wed 21 Apr	7-9pm	10 weeks	£65

COMPUTING ★

Welcome to Computing	Mon 19 Apr	7-9pm	8 weeks	£53
Welcome to Computing	Tue 20 Apr	2-4pm	8 weeks	£53
Carry on Computing	Tues 20 Apr	Noon-2pm	8 weeks	£53

ART ★

Advanced Watercolours	Mon 19 Apr	2-4pm	10 weeks	£65
Watercolours 5	Thu 22 Apr	1.30-3.30pm	10 weeks	£65
Watercolours 6	Wed 21 Apr	1.30-3.30pm	10 weeks	£65
Watercolours 2	Mon 19 Apr	7-9pm	10 weeks	£65
The Art of Drawing	Wed 21 Apr	9.45-11.45am	10 weeks	£65

DIGITAL PHOTOGRAPHY ★

Introduction to Digital Photography	Wed 21 Apr	7-9pm	10 weeks	£77
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GENERAL INTEREST

Scottish Painters	Fri 23 Apr	9.30-11.30am	10 weeks	£65
Introduction to Reflexology	Thu 22 Apr	10am-noon	8 weeks	£53
Cake Decorating	Thu 22 Apr	10 am-noon	8 weeks	£73

Hedge row

by Eileen Thomas

When I was in high school in the 1970s, a long time ago now, we studied a poem which comes to mind every so often. It is "We are going to see the Rabbit" by Alan Brownjohn. It begins:

We are going to see the rabbit,
We are going to see the rabbit,
Which rabbit, People say?
Which rabbit, ask the children?
Which rabbit?
The only rabbit,
The only rabbit in England,
Sitting behind a barbed wire fence
Under the floodlights, neon lights,
Sodium lights,
Nibbling grass.
On the only patch of grass
On the only patch of grass
In England, in England
(Except the grass by the hoardings
Which doesn't count).
We are going to see the rabbit
And we must be there on time.

The poet goes on to describe a journey by escalator, underground, motorway and "helicopterway" and the excited anticipation of seeing a rabbit "sitting and nibbling" blades of grass. When the people get there, the rabbit has disappeared, having burrowed down under the earth.

What a weird poem, we thought. We'd never heard anything like it before.

Then the teacher asked some questions and made us think. What do we associate with rabbits? They multiply. Easily. There are millions of them. How could there be a future with only one rabbit? There would have to be destruction of the environment on a monumental scale. How could that happen?

The poem was written around 1960 and painted a frightening picture of a future with the whole country swathed in concrete. Brownjohn cleverly chose not a rare species, but the one we think of as abundant to illustrate his point. Was the warning heeded? When I hear about groups protesting about an additional runway at an airport, I think of the poem again. But, generally, we all understand about

ecology, don't we? The Circle of Life. Little creatures provide food for big creatures. Insects and animals need plants. Humans need plants because plants absorb carbon dioxide and convert it to oxygen, which we need to breathe. Simple.

And then in February I was reminded of the poem again, when Perth & Kinross Council ripped out the whole of the beech hedge at Kinross Primary School grounds, apparently to save maintenance costs.

This was around 250 metres of hedge, parts of which were probably 40 years old, other parts a little over ten years old. I remember the late Mr Wilson, head teacher of the school when my children were there, announcing there would be infill planting as part of playground enhancements in time for the millennium.

Beech is a slow growing hedge which requires little maintenance. The hedge was a screen between the road traffic and the schoolchildren and was host to insects, birds and other wildlife – a resource for teaching children about ecology.

Now there are concrete posts and a plain, rusting chain-link fence to look at (doing an excellent job of displaying litter when the wind gets up) but the Council will save some money on its grounds maintenance budget. Let's follow that logic through If we cut down *all* the trees and bushes in public areas, that would save *loads* on the grounds maintenance budget. And grass verges and public green spaces are a nuisance, because they need regular cutting, so we could cover them in concrete and then Oh, I've got that poem in my head again.



Metres of concrete posts and chainlink fence where the beech hedge used to be

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Police Box

At last, the snow seems to be melting and spring is round the corner. Our neighbours are starting to appear from behind closed doors and the sunshine is hopefully making us all smile. With this in mind I thought it was maybe a good time to offer some suitable Crime Prevention advice.

Safety of Garden Tools and Other Items

Now that the clocks have changed and we have more daylight hours, hopefully with better weather in store, many people will be spending more time in their gardens. We would like to take this opportunity to remind you about the security of items such as gardening tools and other garden items. In recent years, gardening machinery such as lawnmowers and strimmers have been targeted and those stored in garden sheds have been the most vulnerable. A few simple modifications may be all that's required to prevent such thefts, for example a more secure lock or a simple to use shed alarm may be all that's needed. With regard to other items such as garden furniture, children's toys and bicycles etc, try and ensure they are kept out of sight or preferably locked away at the end of each day and not left in full view of any opportunist thief who might be in the area. If anyone requires further information or advice in relation to any matters of security, they should contact Donald Campbell, Crime Prevention Officer, Tayside Police on (01738) 892937 or your local Community Officers listed below.

Bogus Workmen/Fly Tipping

Continuing on the gardening theme, we would like to remind you to be diligent in relation to bogus workmen who will call, often on our elderly, more vulnerable neighbours, offering to do gardening and other work. These particularly unscrupulous characters will more than likely carry out sub-standard work for vastly inflated costs. We would ask you contact Police immediately you suspect any such individuals who may be operating in your area. Another problem we have experienced in recent years, particularly in the more rural areas, is caused by people fly-tipping large quantities of garden refuse and other rubbish at the roadside. We would ask you to report any such behaviour and where possible obtain the makes and registration numbers of the vehicles involved.

I would also like to keep you up to date with the current initiatives within Tayside Police. This month's topic is the *Safety of children*.

Public Safety (Keeping Children Safe)

The attention of the public is drawn to a pilot project being run by Tayside Police, known as the Keeping Children Safe Sex Offender Disclosure Pilot. This is a process where if a member of the public has concerns about a person who has access to a child, they can ask the police for disclosure of their previous convictions. Disclosure of information will only be made when the individual causing the concern is a Registered Sex Offender with convictions relating to children and there is a risk. The project commenced at the end of September and has had 25 enquires to date. There have been many productive outcomes in relation to child protection, which includes generation of useful intelligence in relation to sexual and violent offenders, which has in turn led to improved safety not only for the children directly involved but to all children in the community. Leaflets are available at all police, housing and social work offices. For further advice, contact Tayside Police on 0300 111 2222, or to speak to the staff at the project on 01382 596746. The project will run until 31 May 2010. Thereafter a full evaluation will take place and a decision will be made if the process is to continue.

Community Engagement

The Mobile Community Office service will be available as follows:

Crook of Devon (am), Glenfarg (pm) **Tuesday 20 April**
Milnathort (am), Portmoak (pm) **Wednesday 21 April**

CRIME STOPPERS

Telephone Number 0800 555 111

This telephone number is a free phone number, unless you are using a mobile phone, which any member of the public can contact at any time, if they have information relating to criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Community Officers (details shown below) can be contacted at Kinross Police Office on 0300 111 2222.

Constable Ishbel Wallace Kinross

Constable Brian Easton Milnathort & Portmoak areas

Constable Euan Mitchell Cleish/Blairadam, Glenfarg and Fossoway areas.

PLANNING PERMISSION BUILDING WARRANTS

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Community Council News



The Community Council News is produced from edited draft CC minutes. Some CCs have full minutes on their websites. Full Kinross CC minutes are lodged in the local Library and County Buildings. All Community Council meetings are open to the general public.

Kinross Community Council

News from the March Meeting

Present at the meeting held on Wednesday 3 March were: CCllrs D Cuthbert (Chair), C Watson, D Colliar, B Davies, J Richardson, L MacKay, D Mackay, M Blyth and M Scott. Also present were P&K Cllrs K Baird, S Miller and W Robertson; PC Ishbel Wallace; Maria Walker, Jim Valentine and Alan Taylor from P&KC; Fraser Littlejohn from Montagu Evans and his client Mr J Russell and five members of the public. Apologies were received from CCllrs S Bathgate and I Jack.

Minutes of Meeting of 2 February: Under insertion of the following, the minutes were nominated by CCllr Richardson and seconded by CCllr D Mackay. "Election - CCllr Colliar questioned why the date for receipt of nominations was amended on the Nomination Form. It was explained that the Chairman agreed to this with the Newsletter Team to allow for publication of the information on the candidates in the March issue." [should read April issue]

Police Report: PC Wallace reported on two incidents involving tractors and the theft of a JCB. The police are currently making enquiries. They would appreciate if the public would notify them of any plant/machinery they come across which may have been stolen and hidden for collection later. If the equipment is not usually found in this location and you are unsure as to the ownership, then please contact the police.

The police continue to monitor traffic speed.

CCllr Blyth mentioned that parents driving their children to school are parking in Emslie Drive/Station Road and creating problems. A similar situation arises in Ross Street/Bowton Road. PC Wallace advised that the police can only act in certain situations, such as when a vehicle is causing an obstruction or illegally parked. She stated a letter had been circulated to the parents via the school. It was mentioned that Parking Attendants employed by the Council regularly visit the School and the CC agreed to write to P&KC requesting that another visit be arranged.

Matters Arising

Community meeting: CCllrs J Richardson and L MacKay attended the meeting. The new Capacity Worker, Tracey Ramsay, explained what her job entailed and the purpose behind the meeting, which was to establish a Committee to take forward a Community Learning and Development Partnership in Kinross-shire.

Gordon Place/Springfield Road: An acknowledgement was received from P&KC. A resident in Gordon Place also emailed, explaining that due to the bad weather drivers were taking this route. However she also agreed with the CC suggestion and asked if both trees could be replaced and the paving slabs relaid.

Presentation from Council Officials

Community Campus: Maria Walker, Alan Taylor and Jim Valentine were present. The Chairman explained that the CC received a communication from a resident concerning the booking arrangements at the High School. Following this it was agreed that an item be placed in the Newsletter inviting

comments from the public. The CC received a number of emails from residents, all of which were read out. The majority were negative about booking the facilities at the campus, with only one being positive. Maria Walker was disappointed to hear that people are having difficulties with booking and was aware that there were issues with the system. She explained that the relevant bodies are expected to generate an income on a commercial level and maximise the use of the facility, however the issue is to ensure that the community can use the facilities on offer. She confirmed that staff training is planned. She further advised that the same system is operational at Bells Sports Centre, however this is complicated at the campus by the hire of class rooms and public rooms. There was a delay in the use of the Climbing Wall to allow for training and health and safety issues, however this is operational from next week. Un-constituted groups find it difficult to book (not having public liability insurance etc.), whereas constituted groups can book ahead. Also, should a booking clash with a similar type of event, it can be rejected. It was explained that this was due to the current policy and Maria Walker agreed that she would raise these matters with the appropriate authority. She stated that the sports facilities were well used, however it was mentioned that the income generated from non-sports lets up until the end of January was £307.00 in total. The charges are set by P&KC and will be reviewed after a year. A meeting has been arranged by the campus Leader for Wednesday 31 March, to discuss how the Campus is to be progressed and development of the lets (Auditorium 7 pm). In closing, Maria Walker again agreed that there are issues to be addressed both with MITIE, PKL and the campus staff in relation to the procedures for booking and customer care. One of the emails the CC received advised that a group had booked to 10 pm and were ejected from the premises shortly after 9.30pm. Maria Walker again confirmed that this was currently being investigated.

Finally, it was confirmed that following repeated requests to MITIE, the gate referred to in previous minutes has now been opened.

CCllr Davies mentioned that the lights remain on in the Campus grounds throughout the night. Maria Walker advised that this will be investigated.

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Community Engagement (World Café update): The Council representatives confirmed that an action plan on the issues that arose following on this exercise is to be submitted to the Council Committee in April and will be made public at that time. They welcome feedback from the CC on this action plan and would request submissions before the end of this month. It was agreed that the CC would meet on Wednesday 10 March to discuss this matter. A letter was also received from the Council advising that the report is to be submitted to Committee on 21 April and will appear on the Council website five days in advance of this date. The CC will also receive a copy of this report.

Beech Hedge at Primary School: Jim Valentine apologised profusely and explained that there had been a grave error made by members of the Council staff in removing this beech hedge prior to consultation with the CC, elected members and the community. The Council reviewed their policy and reached the decision to remove hedges in the town due to the annual maintenance costs involved. However, the removal of the hedge at the school, which impacts greatly on the landscape, should have been brought to the community's attention. Kinross in Bloom were also referred to in Council communications as having been consulted in relation to this, however at no time was this proposal approved by them. It was accurately recorded that members of Kinross in Bloom had met with Council officials in December and had toured areas in the town, however the question of removing this beech hedge was never raised. Jim Valentine again offered apologies and stated that he would contact Kinross in Bloom direct in this matter. Cllr Robertson added that the efforts of Kinross in Bloom were valued and he would attend their next meeting. He further added that the quality of work carried out by grounds maintenance recently was horrendous, i.e. in relation to Mill Street and Lathro Park. Jim Valentine answered that ongoing training is being carried out with staff and a review of the structure is being put in place. The Chairman questioned how they would improve the look of the area now that they had removed the hedge, leaving a rusty fence. He added that a number of complaints had been received complaining about the removal of the hedge and also that Kinross in Bloom had asked if the CC would accept the responsibility of liaising with the Council in future on such issues.

CCllr D Mackay added that parts of Green Park had been tidied, up much to her delight.

The Council representatives were thanked for attending.

Montagu Evans

Fraser Littlejohn from Montagu Evans was present along with his client, John Russell. He explained that Mr Russell owned land at Turfhill, Balado and Mawhill Farm. They had submitted representations to P&KC in relation to the proposed Local Development Plan and, as these proposals for Turfhill coincided with those of the CC, they asked if they could consult with the CC in this matter. A letter had been received from them and this provided details of the land involved. Their proposals would provide opportunities for additional commercial development at Turfhill, residential development on land to the east of the M90 and at Hatchbank. Matters are at a very early stage and they would propose speaking to land owners and development planners in due course. They are working on proposals for development of Mr Russell's land and are to return to the CC on this matter at a later date for further discussion. Mr Littlejohn and Mr Russell were thanked for attending and an

apology given for the delay in getting to them.

New Planning Applications

10/00124/FLL Gellybank Farm, Kinross: Erection of a wind turbine and formation of road entrance and driveway.

10/00048/FLL Rushfield Farm, Kinross: Extension to agricultural building.

10/00099/FLL Site North of Bishops View, Gairneybridge: Erection of dwelling house with integral garage and formation of access.

10/00193/FLL 6 Muir Grove: Erection of Porch.

There were no objections to any of the above.

Applications Withdrawn

10/00271/FLL 80 High Street and 2 Swansacre: Change of use from commercial to form two dwelling houses.

08/01648/FLL Land adjacent to the A977 to the east of Balado Home Farm, Balado. Modification of condition 10 (hours of operation) of previous consent (04/01322/MW).

Applications Approved

09/02103/FLL 5 Lathro Park: Erection of a Conservatory.

09/02049/FLL Turfhill Service Area, Installation of a 1 x 3.9 tonne LPG storage vessel, dispenser, 1.8m palisade fence, Armco barrier etc.

09/01929/FLL Land at Kellieside, Change of house types on plots 2 and 7.

09/01810/FLL Unit D Business Park, Clashburn Close: Erection of office, showroom and works with associated parking.

09/01875/FLL Cruachan, Old Cleish Road: Modification of previous consent (09/00554/MOD) repositioning of dwelling house (Plot 1).

10/00043/FLL Careshare, 30 Station Road: Change of use from Children's Nursery (class 10) to residential (Class 9).



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Other Planning Matters

Balado/Green Hotel/Brewery Lane: An email was sent to the Council in this regard and acknowledged. Mark Williamson is dealing with Balado and the Green Hotel and John Russell with Brewery Lane. No further communication has been received.

Motorway Sign: It was confirmed that a new sign is to be erected on Station Road at "Dunella".

Correspondence

A977 Mitigation measures: A meeting was held on 22 February at Crook of Devon with Road Engineers from P&KC in attendance. The budget for this project is around £210,000 and there is a timescale of 19 March for agreeing on the measures to allow for the Report to be submitted to the Council Committee on 26 May.

Kinross-shire Partnership AGM on 16 March.

St Andrews Day parade: Response from P&KC confirming that the facilities and service were very good indeed and the Provost and Lady Provost were delighted with the day.

Gritting and snow clearing: Response from P&KC advising that to include Bridgend Industrial Estate on to the gritting network would result in the removal of another section from the list due to budget restraints.

Kinross Museum: Invitation to official opening on 24 February; some CCllrs attended and the evening was a great success.

Convention of P&K CCs: Request permission to attend a meeting of Kinross CC; they are currently arranging to visit a number of CCs in the Perth & Kinross area. As CCllr Richardson is also a member of the Convention it was agreed that this would not be necessary.

Scottish Motor Auctions, Premises Licence: Response received from P&KC confirming that under current legislation no consultation is required. The owner has to display a notice at his premises and, in this case, it was confirmed that this was carried out.

T in the Park refuse collection: An email was received from a parent advising that her son had been employed to clear the refuse following the festival. Due to a dispute between the company, Easywaste, and Big Day Out only a proportion of payment was received. This email was forwarded to DF Concerts for their attention.

Model Scheme of Establishment of Community Councils and Code of Conduct: A report was submitted to the Council meeting on 16 December and was approved. Additional grant funding was also agreed. An increase of £100 is to be allocated to cover the hire of meeting rooms and will be paid to CCs shortly. P&KC proposes to consult with CCs in the form of a programme of meetings based on Council wards and CC boundaries are also to be discussed. It was agreed that CCllr Colliar should act as Kinross CC's representative at these meetings.

Transport to campus: CCllr Colliar stated that the service bus used by the pupils in the morning is dangerously overloaded, with children having to stand. A letter from P&KC to a resident at Gairneybank was also received by the CC. It was explained that Gairneybank is not within the three mile zone for bus passes, however the resident had requested that Gairneybank be included. Currently children from Gairneybank use the service bus to travel to School and due to the distance involved pupils from the bottom of the town also travel on this bus. In the evening pupils with bus passes are allowed on the bus first and the coach is sometimes full before the pupils from Gairneybank can get on and there is a danger that they may be refused. It was agreed that we invite

Andrew Warrington from P&KC's Transport Department to our next meeting. CCllr Colliar added that he still had concerns in relation to the St Andrews bus. Cllr Baird stated that it was not illegal for pupils to stand in the bus. It was also noted that Hamish Gordon coaches pick up pupils but do not stop at bus stops.

Resignation: A letter was received from CCllr Bathgate which was read out. CCllr Bathgate stated that she was disillusioned and frustrated with the relationship the CC had with P&KC and the lack of effort by the Council to act on matters raised by the CC and had reached the decision to withdraw from the CC. It was agreed to write to Mrs Bathgate thanking her for her hard work over the time she was with the CC.

Report from Perth & Kinross Councillors

Budget: Cllr Robertson advised on the Council Budget and reported that there is to be no increase in Council Tax. He explained that the central funding the Council receives has been reduced and will result in cuts in services. P&KC is currently looking at all levels of activity. This may affect the funding currently held to meet projects such as the budget for the town centre improvements.

Lathro Park: It is proposed to raise the level of the path; the Roads Department will look at this in the early part of the next financial year.

Roads: P&KC plans to make repairs to the roads and the public should notify defects to Clarence or the Environmental Department.

Former Health Centre: P&KC is to allocate money to Kingdom Housing Association to help them build 14 affordable housing units in the health centre site at Lathro. Cllr Baird had nothing further to add.



14 affordable housing units are to be built on the former health centre site at Lathro

Other Business

The Street lights which were not operating in the High Street have now been fixed.

Comfort Scheme: Café 98 has been removed by P&KC from the list for Comfort Schemes as it does not have disabled access. The Day Centre has now been added.

Remembrance Wreaths: Invoices for the wreaths were submitted in November. The Secretary will follow up the two outstanding payments.

The Kinross-shire Fund Committee invites applications for funding.

The next meeting of Kinross CC, and the AGM, is to be held at the Masonic Hall on Wednesday 7 April at 7.30pm.

Members of the public wishing to address Kinross CC are requested to contact the Secretary in advance and supply a copy of any relevant papers.

Milnathort Community Council

News from the March Meeting

CCllr Giacomazzi, Chairman, welcomed CCllrs Porter, Bennet, Cottingham, Hamilton, Thomson, Smith and Lamont to the meeting held on 11 March. Also in attendance were Minute Secretary E Rougvie; P&K Cllrs Robertson and Baird; PC Ishbel Wallace of Tayside Police; Diane Cassidy of Placecheck; Joe Richardson of KCC and seven members of the public.

Police matters: CCllr Giacomazzi reported that he had received a letter from a resident of Mayfield Gardens about speeding in Burleigh Road. PC Wallace said that police carry out regular speed checks there but there is no pattern to speeding incidents, although offenders tended to be local residents. Cllr Robertson advised that he had written to the Scottish Minister for Transport to suggest the use of traffic lights that were permanently red but were triggered to turn green by the approach of a vehicle. They were widely used in Europe, where they were very successful at slowing traffic, and P&KC were currently considering trialing the idea in the villages along the A977. PC Wallace said that speed checks were currently being concentrated around schools as part of a campaign.

PC Wallace passed on the following updates from PC Brian Easton, community officer:

A resident had complained about the lack of double yellow lines at the junction of Perth Road with Victoria Avenue. P&KC will look into this.

Dog fouling is still an issue but PC Easton has spoken to one of the owners concerned.

Regular checks were still being carried out at the playpark in Back Loan.

PC Wallace reported that there had been a spate of crimes in the area recently. A car had been vandalised in Stirling Road and the person responsible was caught and charged. However the person who took a JCB from the motorway still hadn't been traced.

Several cars had been broken into and motorbikes set on fire the previous week. The same person was responsible and was currently in custody.

There had also been a report of children on the roof of the school, but they had been trying to retrieve a ball.

Convention of CCs: Joe Richardson of KCC told CCllrs about the Convention of Community Councils and how it works with P&KC. He was trying to encourage as many CCs as possible to attend meetings of the Convention, which take place four times a year. The AGM is to be held on 28 March in Perth and after discussion it was agreed that CCllrs Thomson and Smith will attend on a trial basis.

Matters arising: CCllr Hamilton gave a report on a training day he had attended run by Planning Aid for Scotland. It had been a very worthwhile event and highlighted the mistakes some CCs made when making submissions on planning applications. After discussion it was agreed that CCllrs will attend similar events in future.

Compost: Cllr Robertson reported that there was free compost available at the community site at Turfhill.

Marshall Place flooding: Cllr Robertson a contact for CCllr Porter to speak to about this issue.

Placecheck: Diane Kennedy reported that an exhibition is to be held between 4 and 14 May so that people can comment on proposed works before they go ahead. There will also be a small display in the church shop, in the community campus and the foyer of the primary school. P&KC officials will be

available at certain times to answer questions. Events will be advertised and CCllrs will help distribute leaflets. A list of works already carried out under the Placecheck scheme will be posted on the new notice board in South Street.

Correspondence

Letter from P&KC Licensing Board asking for comments about pavement licences and whether they should be liberalised to allow alcohol to be drunk outside without having to have a full meal. The Jolly Beggars has two tables outside and its proprietor was in attendance to put forward her views. After discussion it was agreed that the favoured option was to relax the rules so that a full meal wasn't necessary, but that the licence should only apply until 9pm.

A copy of 'Connect' from the Scottish Health Council. CCllr Porter will read.



Licence rules may be relaxed for tables outside public houses such as the Jolly Beggars, above

Planning matters: The following applications were noted: Change of use to dog boarding kennels and addition of five new kennels at Muirhead of Warroch; installation of a dormer at 70 South Street; erection of eight houses on land west of Gwendoline Row, Drunzie; erection of a 15kw wind turbine at Mawcarse Farm; erection of a sun porch at 5 Mayfield Gardens; extension to house at 12 Burleigh Road; removal of condition three (relating to exterior finish and colour) from existing planning approval at Netherhall Farm. There followed a discussion about the role of CCs in terms of responding to planning applications. It was considered that objections should only be lodged if they represented the views of the community.

MCC Elections: An election will take place in the Scout Hall on Thursday 24 June if more than eight nominations are received. Nominations close on 3 June. The minute secretary agreed to ensure that a nomination form was included in the April edition of the Kinross Newsletter. (See following page for nomination form.) Cllr Robertson will act as returning officer and arrange for ballot forms to be printed.

The monthly meeting and AGM of Milnathort Community Council will take place on Thursday 22 April 2010 at 7.30pm in Milnathort Primary School.

Milnathort CC minutes are posted on www.kinross.cc

The Annual General Meeting of Milnathort Community Council will take place on **Thursday 22 April**, at 7.30 pm in Milnathort Primary School.

Milnathort Community Council - Notice of Election

1. Notice is hereby given that the Election of membership to Milnathort Community Council, consisting of EIGHT members, falls to take place on **THURSDAY 24 JUNE 2010**.
2. Nomination forms, duly completed and signed in accordance with the provisions of the Scheme for the Establishment of Community Councils, must be lodged with Willie Robertson, 85/87 South Street, Milnathort, KY13 9XA, on any day after the publication of this Notice but no later than **THURSDAY 3 JUNE 2010**.
3. A Form of Nomination is printed below. Spare forms of nomination may be obtained from Willie Robertson, 85/87 South Street, Milnathort, KY13 9XA (Telephone: 01577 865178).

MILNATHORT COMMUNITY COUNCIL

FORM OF NOMINATION

The undernoted candidate is hereby proposed and seconded for the election to Milnathort Community Council. **Signature by the candidate is confirmation that the candidate accepts the nomination.**

	FULL NAME (BLOCK CAPS)	ADDRESS (BLOCK CAPS)	SIGNATURE
CANDIDATE			
PROPOSER			
SECONDER			

NOTES:

- (i) **Candidates** for election must appear or be eligible to appear on the Electoral Register for the **Milnathort Community Council** area. A Candidate's **Proposer** and **Secunder** must appear on the Electoral Roll for the same area. For precise provisions applicable, reference should be made to the Scheme for the Establishment of Community Councils.
- (ii) Candidates are also invited to submit a **Personal Statement** with the nomination form. In the event that there are more than eight valid nominations, a candidate's personal statement will be published along with his or her name and address. Personal statements should be limited to 80 words (in addition to name and address). Any statements received which are longer than 80 words may be truncated. Any candidate who does not submit a Personal Statement will simply have their name and address printed.
- (iii) Please ensure that Names and Addresses of the Candidate, Proposer and Secunder are shown clearly.

COMPLETED FORMS, and Personal Statements if being submitted, should be lodged with Willie Robertson, 85/87 South Street, Milnathort, KY13 9XA **no later than THURSDAY 3 JUNE 2010**.

Copies of the Scheme and further information may be obtained on application to the Community Council Liaison Officer, Perth and Kinross Council, 2 High Street, Perth. (Telephone: 01738 475000)

Portmoak Community Council

News from the March Meeting

In attendance at the meeting held on Tuesday 9 March were: CCllrs I McGrattan, J Bird, S Garvie, R Cairncross, C Weedon and J Shepherd; P&K Cllrs K Baird, W Robertson and M Barnacle and 20 residents. Apologies were received from P&K Cllr Miller.

The Chairman informed the meeting that it was not the normal practice of the CC to mention the death of local residents, however, an exception would be made following the recent news that Margaret Brown had passed away. The CC would like to extend their sympathies to her family.

Police Report (given towards the end of the meeting): PC Brian Easton reported there had been no recent incidents within Portmoak.

The Community Van would be in the area on 17 March. Following a recent accident, speeders would be targeted around the Wester Balgedie area. (*Post meeting note:* Speed checking carried out on 10/11 March.)

Post Meeting Note: A lorry or similar travelling from the Leslie direction into Scotlandwell turned left out towards the airfield. When turning left at the T-junction the lorry clattered and damaged the wall alongside the cottage. The police are asking for any witnesses.

Call 0300 111 2222 to report anything suspicious.

Treasurer's report: £405.86 in the bank account. £525.00 in MBW Account. A resident congratulated the sponsorship idea of raising money for the MBW.

Matters Arising

Post box at Kinnesswood shop: It was decided to associate this problem with the suggestion regarding the Kinnesswood bus shelter area which is noted later.

Affordable housing, Scotlandwell: A sign has been erected at the building site with the telephone number of the Hillcrest Housing Association. Cllr Baird said that the houses were expected to be occupied by June/July of this year. Cllr Robertson added that anyone could have their names placed on the Common Housing Register, including people wishing to downsize.

Dog fouling: Contact had been made with the dog warden who had visited the Primary School and talked to a number of different classes.

Subcommittee reports

Paths Group: It was hoped that all legalities regarding the path between the Golf Club and Church would be completed by the end of March 2010. It would then be necessary to discuss future work with P&KC as well as looking at continuing the path to Scotlandwell.

Signage for the MBW is complete; boards will be in place within the next couple of months.

Planning Group

The following applications had been submitted since the last meeting:

1. 10/00154/PN Channel Farm, Wester Balgedie: Erection of straw shed.
2. 10/00153/PN Channel Farm, Wester Balgedie: Erection of lean-to.
3. 10/00360/FLL Woodlands, Kinnesswood: Removal of hedge, replacement fence.

No objections would be made on the above.

4. 10/00134/FLL Land North of Kilmagadwood Cottage, Erection of two houses.

The CC would be submitting an objection on this application. A resident gave the meeting further information on this

application, including background information and reasons for the previous refusal, which included strong support from local residents. The principles for refusal remained the same.

It was also noted that a request had been submitted for the Development Plan to reinstate this piece of ground outwith the village envelope.

A resident informed the meeting that the 'local resident' button which is used when making a comment on an application was not working. *Post meeting note:* The 'button' was tested at 1000 hrs on 10 March and is working.

Management Group

Community Councillors: The Chairman explained that the CC would be seeking volunteers to take on the role of Community Councillor. In the next 3/5 years there were some important issues to be considered with the emphasis on planning. Anyone interested in joining the CC should contact the Secretary for further information.

Stephen's Field: A recent communication with the CC solicitors confirmed that the CC had agreed to 'take over' the piece of ground (approximately) running alongside the golf course as part of the community land and following last month's information regarding the bracken and gorse on the hill it was decided to get the 'management team' in place.

Anyone wishing more involvement should contact niall@scra-online.co.uk

Kinross-shire Fund: For the eleventh time this CC year, the Chairman reiterated the possible benefits of applying for a grant. There is currently £112000 in the fund. Full details can be found at www.kinross-shirefund.org

Portmoak CC leaflet: It was agreed to carry out another leaflet drop this year to all Portmoak residents.

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Reports from P&K Councillors

Cllr Baird reported that she was awaiting information regarding the Balgedie Toll to Mawcarse road, although there had been very few reported accidents on this stretch of road. The maintenance history would also be looked at.

The intention was still to carry out the planned work on the build-outs in April 2010, including the anti-slip surfacing at Scotlandwell to the top of the hill.

Cllr Barnacle informed the meeting that he had arranged a number of meetings with other CCs to discuss future planning issues and associated problems. As part of the process a questionnaire was used. He offered his services to the CC for similar meetings at Portmoak.

Post meeting note: There is a new website produced by residents in Fossoway, www.fossoway.org. It contains a lot of detailed information, especially on the planning problems that Cllr Barnacle spoke about.

He also reported that P&KC were carrying out a review of speed limits on A & B class roads. A resident suggested that more speed checks should be carried out on the present restricted areas. Cllr Robertson explained a speed reducing system used in Germany whereby traffic lights remained at red and the speed of approaching vehicles determined whether the lights remained at red (vehicles in excess of the speed limit) or changed to green (vehicles within the speed limit).

Other Business

Kinnesswood bus shelter: The area around the bus shelter, the Picture Garden and burn, has been greatly improved by Kinnesswood in Bloom. However, there is a piece of ground behind the present bus shelter which is not used and this has prompted the question whether the community requires such a large bus shelter and whether the whole area could be developed into a more attractive centrepiece for the village. The CC has contacted P&KC to enquire of ownership and the correct procedure to adopt if it is decided to develop the area.



Kinnesswood bus shelter - ripe for redevelopment?

Training: Planning Aid Scotland had recently managed a training day at Loch Leven Campus which was attended by two Councillors.

Planning applications: A resident raised the issue that after planning applications were submitted they can be considered and objections submitted to the planning dept. by the public. However, once the application has been agreed it can then be changed by agreement with the planning officers as non material changes without further consultation.

Planning applications on the agenda: A resident asked if the planning applications could be placed on the agenda.

Details of all planning applications are sent to the CC from P&KC on a weekly basis. It is possible that any submissions in the week prior to the meeting would not be discussed at the next CC meeting and therefore 'bypass' the CC. To ensure that this doesn't happen, a CCllr looks through all submissions on the P&KC website and notes all submissions since the previous CC meeting. *Post meeting note:* All planning applications can be checked online at www.pkc.gov.uk

Correspondence received

The comprehensive list of all correspondence can be seen in the full draft minutes on www.portmoak.cc.

Selected correspondence:

P&KC Request for a Grants Direct Review.

P&KC Request for input on provision of Council services, gritting and snow clearing.

SEPA Bracken control information.

Resident asking for information re bracken and gorse control.

P&KC public meeting, Loch Leven Campus.

Request from Portmoak Airfield re meeting.

Resident informing the CC that she had made a report about dog fouling.

Convention of P&K CCs visit to all 47 CCs.

P&KC Planning, detailing problems with access to planning website.

Free stall for the CC at Feel Good Fair, 15 May.

The next meeting and AGM of Portmoak CC will be held in Portmoak Hall on 13 April at 7pm.
www.portmoak.org

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Fossoway and District CC

News from the February Meeting

In attendance at the meeting held on 2 February were: CCllrs A Morrison (Chair), Trudy Duffy-Wigman, Alistair Lavery, Marion Anness (Minutes), Hugh Wallace and Rod Paterson; P&K Cllr M Barnacle and eight members of the public. Apologies were received from Sheila Anderson and P&K Cllr W Robertson. There were no declarations of interest.

Community Policing: Sgt Williams attended on behalf of PC Mitchell.

In January there had been ten checks for speeding. A number of people had been reported and the Police were taking note of concerns.

The Community Police Mobile Office would be outside the Inn at Crook of Devon on 16 February and 16 March. Comments and views about whether it is worthwhile are welcomed.

A car that had been left in the snow in the Aldie Road was stolen and found burnt out in Saline.

Comments were made that speed traps were never during times when children were going to and from school and requests were made for this, especially in Powmill.

Minutes of last meeting: These were amended and signed off.

A977 mitigation measures: A full and comprehensive report from the Council had been received and it was decided that a separate meeting was needed. A meeting on 22 February was proposed and a poster will be put out and advertised on the notice boards.

Blairingone War Memorial: The CC has sent a letter to the War Memorial Trust and awaits a reply.

SEAMAB: no representative attended.

Community power: Hugh Wallace reported that Hydro Schemes on the River Devon were feasible.

Community Council Business

CC Convention: SM and TWD attended. This is the body that negotiates with P&KC about the model plans for CCs. It was however a disappointing turnout. The AGM is on 28 March.

Funding CCs: This is being dealt with by G Taylor, Head of Democratic Services. The model plan will be adopted but the issue of letting fees was still ambiguous. Cllr Barnacle will try to clarify this. A request for comparisons with other authorities will be made and it was felt that clarity even within the Council was needed.

T in the Park

This meeting was well attended. The capacity and timing will remain the same as last year. However the campsite area will be increased. Road plans will remain the same but the litter problem that almost closed the festival on the Saturday night was acknowledged. A new contractor will be used this year. The issue of road closures was raised. The roads are closed a week before, therefore the buses do not run and there is no notification of this. It was raised that bus companies need to advertise these changes well beforehand. The issue of speeding traffic during road closures was also raised and the public were asked to make a note of the colour of the passes and report this to DFC. There will also be an emergency hotline number during the event. There will be the same distribution of road passes as last year but it was noted that local passes had been put on eBay. Local businesses were also encouraged to be on the site and should negotiate with DFC. It was also raised that there is a loss to the local shop during the road closures.

Report from P&K Councillor Barnacle

At the A977 Meeting in December speed limits on A and B roads were reviewed.

Elections: Notices had been put up on the notice boards and the deadline for nominations to Cllr Barnacle is 11 February. Cllr Barnacle wrote in January to object to the proposed site for three wind turbines at Barnhill. He also endorsed the CC decision.

He raised his concerns that there are three new developments in that area and they are beginning to fill up the countryside. This is contrary to the local plan and there is no council policy regarding small wind turbines that are springing up all over the local area.

Long Term Strategy Plan: Letters are being sent out to local residents and public meetings are to be held. Notification of these will be put up on the Notice Boards.

The path along the old railway line to the north side of the Crook of Devon has now been linked to the Core Path plan. Cllr Barnacle will be sending a letter suggesting a footpath linking the road behind The Inn to the school. This could also be looked into by Safe Routes to School.

Planning Matters

09/02104/FLL Cairnfold Bungalow, Blairingone, Dollar: Erection of a log cabin (holiday let) (plot 2). An application for a second holiday cabin (application 09/01489/FLL still pending) on a complex site. Recommendation: Reject, as contrary to Policy 36 – Chalets and Timeshare Developments.

09/02213/FLL Land 330 metres south of Claysike, Fossoway: Erection of a dwelling house, apple press and smoke room and formation of an orchard and small holding. Recommendation: Reject, as contrary to Policies 54, Area of Great Landscape Value and 64, Housing in the Countryside. This area is subject to intense development pressure, forming a potential linear extension from Drum to the A91.

10/00001/FLL Sunnyside, Drum: Erection of an agricultural storage building and formation of new access road. Recommendation: No CC comment.

We note that two of these applications, while in the Weekly List, are not found by searching PublicAccess for Fossoway CC. This restricts the community's ability to comment on these applications.

Refusals: 09/01413/FLL Guesthouse at Middleton of Fossoway.

Other Matters

CC elections: Nominations to be into Cllr Barnacle by 11 February. There was a particular request from the Chair for applicants from Powmill as there is currently no representative from this area on the CC.

Fife wind farm: Planning Meeting to be held on 17 February in Inverkeithing. The CC has written to Fife Council to express concerns and objections.

Review of Devon Gorge: This is now available and is displayed at CC meetings.

General correspondence: A report on the CC incoming and outgoing correspondence was distributed.

Waste water plant, Blairingone: Fred Saunders informed the CC that he has written a letter to raise his concerns about the waste water plant in Blairingone. This was due for renewal in 2004 but nothing has been done. There has been further development in this area and there are plans for even more development. A request was made for the CC to write to Scottish Water to raise these concerns.

Thompson Homes update: They are engaging with P&KC

strategy group and education dept. They will be engaging with the local community through local open workshops where residents can discuss issues with the planning consultants. A full timetable will be available in March.

Comments were made about safeguards that could be put in place with regard to local facilities if the development does not go ahead according to plan given the current climate.

Reassurance was given by Thompson Homes that they have a bond with P&KC that if the development goes ahead to build public amenities which will be phased in over a ten-year period and these will be scaled up or down accordingly.

It was noted that P&KC are the only ones who can put in place demands on the developers so it is very important that local voices are heard by P&KC.

News from the March Meeting

In attendance at the meeting held on 2 March were: Cllrs S Morrison, T Wigman-Duffy, S Anderson, M Anness and K Bothwick; P&K Cllrs W Robertson and M Barnacle and 15 members of the public. Apologies for absence were received from A Lavery and A Cheape. There were no declarations of interest.

Community Policing: PC Ishbel Wallace reported vandalism at the Post Office and a break-in, both at Crook of Devon. There has been a high profile effort by the police to reduce speeding on the A977 and they were also targeting seat-belt and mobile phone use.

A977 mitigation measures: Sandy reported that the meeting to agree measures had been a success. To come within budget it had been agreed to cut plans to upgrade one footpath in Powmill and one in Crook of Devon. Instead, there would be a vehicle activated sign and a pelican crossing at Drum, and two bus shelters, one at Balado and one at the Gartwhinzean.

War Memorial, Blairingone: It was agreed November 2008 at a meeting between P&KC, the developers of the church (Profile Projects) and Cllr Barnacle that the developers would remove the memorial to the back wall of the site and that the council would provide a path for visitors to see it. All were in agreement with this proposal. Nothing has been done to the memorial so far and it was agreed that a letter should be sent to P&KC and the developers to remind them of their commitment.

Strategy group: The public were urged to attend the four meetings to have their say on the single development plan.

Wind farm development: The wind farm planned for Saline has been rejected by the planners of Fife. It was also rejected by all the councillors at their February meeting. It is not known if ABO will appeal.

T in the Park: Concerns have been raised about the policing of the campsite this year. A letter will be sent to organisers to express these concerns about security.

Scottish Water: A letter would be sent to Scottish Water by the CC regarding waste water in Blairingone.

Community Council Business

Seven members were elected onto the CC. New members were welcomed and office bearers announced:

Sandy Morrison:	Chair
A Lavery:	Vice Chair, Planning
Trudy Wigman-Duffy:	Secretary
Kevin Bothwick:	Treasurer
Sheila Anderson:	Minute Secretary
Marion Anness:	Community Officer
Angus Cheape:	Environment

Other jobs would be split between the committee.

Sandy asked Ramsey Cooper if he was willing to be co-opted onto the committee. Rod Paterson would be co-opted for meetings when roads were being discussed.

Sandy thanked Rod Paterson and Hugh Wallace for their contribution to the CC.

Funding for the year has been increased to £450 to cover the cost of lets.

Reports from P&K Councillors

Cllr Barnacle has written to P&KC asking about the level of support given to CCs in the rest of Scotland to see how it compares to Perth & Kinross. He expressed a hope that the public will respond to the Strategy Meetings by attending and consider the impact of population growth in the area and its inevitable impact.

Cllr Robertson reported his concerns about Perth going for City status. This may have implications for the area in terms of population growth, jobs, resources, infrastructure and educational facilities. A need for social housing was raised.

Planning Applications

Ken Thompson sent his apologies but would attend the next meeting after he had seen the education and transport departments.

10/00182/FLL Easter Coldrain Farm House, Coldrain: Alteration and extension to dwelling house. No Comment.

09/02169/FLL Former Farm Steadings, Claysike, Fossoway: revisions to plots 1, 2 & 7 of 07/003 18/FUL. No Comment.

10/00162/IPL Crook of Devon House, Main Street, Crook of Devon: Renewal of existing consent (06/02527/OUT) for the erection of two dwelling houses with garages, in principle. No Comment.

General Correspondence

All outgoing and incoming correspondence was available for viewing.

Other Business

Marion reported that there were no new applications for children attending **Blairingone Primary** for the coming year and that the roll would stay at five. It was agreed the CC would write in support of a plan to ask for an optional, wider catchment area.

Trudy announced that the **Kinross-shire Fund** had grants available for projects, large or small.

The next meeting of Fossoway & District CC will be held on Tuesday 6 April at 7.30pm in Carnbo Hall. All Welcome!

www.fossoway.org

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Cleish & Blairadam CC

News from the February Meeting

The CC met on Monday 8 February in the Tabernacle Hall, Blairadam, and was attended by the full Council, two representatives from Tayside Police and the Cleish & Blairadam Newsletter Editor. There were also 10 members of the public. Apologies for absence were received from P&K Cllr M Barnacle.

Crime Prevention: Our new Crime Prevention Officer was PC Ewan Mitchell (who could not be with us).

It was reported that the dumping of rubbish on the hill road above Nivingston is worse than ever, following the installation of a new access road into the forestry. This was noted; reported that a big clear-up would be undertaken in the spring.

Property Marking: It is perhaps time to remind everyone that the most inexpensive option is an ultra-violet security marker pen which can be bought from stationers or DIY stores and marking should include the owner's postcode followed by the first house number or the first two letters of its name.

There is also Forensic Property Coding using products which have chemical compounds to form a unique "DNA". These products are available either as a clear liquid invisible to the naked eye or Tamper Resistant Labels. Should a thief attempt to remove a label, the DNA is still traceable on the smallest speck of adhesive. Police are able to determine the legitimate owner of suspected stolen property by contacting the manufacturer. If in doubt on property marking, the Police Crime Prevention Agency will be able to supply further information.

Planning Procedural Changes: The Chairman reported that the next consultation meeting would be held during May or June.

Community Engagement: It is intended to hold more meetings and Cllr Barnacle had expressed his willingness to present community engagement policies to communities. It was agreed to arrange a meeting, possibly in Cleish. Notices would be posted on local notice boards.

Planning Applications – new applications

1. Maryburgh – erection of stables in field opposite Woodlands – this has been approved.
2. Millhill Blairforge – removal of condition 4 from previous consent to allow full livery use (full).
3. Nivingston House, Cleish – installation of gas tank (full).
4. Nivingston House, Cleish – erection of stables (full).

Planning - Pending

Nivingston House – erection of wind turbine (full).

Woodlands, Nivingston – erection of three dwelling houses (full)

Sunnyside Farm, Blairadam – erection of two dwelling houses.

Kirkdale, Cleish – alterations and extension to house.

Boreland Farm – Conversion of steading to three dwelling houses and erection of five dwelling houses (full).

Site adjacent to B996 on opposite side of road to the north of Greenacres – change of use to form storage/hard standing area.

Gairneybridge Caravan Site – Erection of 21 dwelling houses (full).

Chance Inn Farm – Demolition of steading buildings and erection of 10 dwelling houses plus four affordable dwelling houses and associated garages and roads (full).

Cleish Mill Farm – proposed demolition of redundant steadings and steel portal frames; erection of five dwelling

houses and associated access and landscaping (full).

Cleish Mill Farm – erection of two dwelling houses with associated access and landscaping (full).

Dunvegan, Great North Road, Blairadam – erection of one house (outline).

Fossoway and Cleish Community Office: As Jackie Everitt has resigned, a replacement representative from Cleish and Blairadam CC is required by the Constitution. This replacement need not be a member of the CC. The Chairman said that there are already two representatives from the Church and she will find out if one of these could represent the CC.

Roads: It was reported that the culvert under the motorway at the Sawmill Road is un-walkable due to flooding and the cycle-way little better.

The state of the bus route between Keltybridge and Maryburgh is likewise giving cause for concern, with the verges of the road being seriously eroded. The banking is so soft that it is moving towards the river.

Various suggestions were made, such as reduction of the number of buses, but no conclusion was reached.

It was agreed to write to the Roads Department highlighting the state of the road.

There is the additional problem of heavy lorries and other commercial vehicles using this road from the main road to Keltybridge – the Police suggested a sign "Access Only".

Mention was also made of the number of quad bike and other cycle riders riding at speed down the road from the forestry; however this is sporadic.

Finally, the verges at the foot of the Nivingston road are a worry – again they are seriously eroded and liable to flooding.

T in the Park: The Chairman had attended a meeting; there will be an increase in the number of tent pitches, although it is not intended to increase the boundary line of the campsite.

The question of litter within the site was brought up; this was due to new contractors.

The intention of the organisers is to put more back into the community.

Cleish Telephone Box: The village interest has been registered and now we are looking for ideas for its future use; one suggestion was a Book Exchange. All suggestions (within reason) will be considered. Also, who is to look after this fine feature of our village?

AGM: The next meeting will be the Annual General Meeting which will be held on Monday 29 March at the Tabernacle. This is extremely important as all the Councillors will be up for election. Anyone interested in joining the Community Council should contact either the Chairman or the Secretary; as the years go by our CC is needed more than ever and in view of the Planning Procedures is a vital part of our Community.

You are reminded that the CC is a statutory body. Please give this matter your serious consideration.

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Club & Community Group News

Kinross Museum



Despite horrendous winter weather, over 80 people braved the elements to attend the official opening of the new Kinross (Marshall) Museum on the evening of 24 February. Dick Keatings, Principal of the Loch Leven Community Campus, welcomed the museum as a community resource. Professor David Munro, Chairman of the Kinross (Marshall) Museum Trust, before cutting the ribbon, thanked all those who had helped make it possible for the return of a museum to Kinross after an absence of 13 years. Special mention was made of the late Mrs Nan Walker, a founder of the *Kinross Newsletter* and for many years Chairman of the Kinross-shire Historical Society, who had worked so hard for so many years to promote the creation of a museum for the people of Kinross.



Professor David Munro and Campus Leader Dick Keatings at the opening of the Kinross Museum

Three months after moving into the Campus, the first set of museum displays have been completed. Occupying six cabinets located in the Library area, exhibition themes range from *David Marshall – Father of Kinross Museum*, *Burgh Folk* and *St Serf's Island* to *Lost and Found*, *Made in Kinross-shire* and *Winter Sports on Loch Leven*. Items of special interest include David Marshall's diaries, a thousand-year-old Viking arrowhead, Tam Daw's Horn and the magnificent Scottish Skating Association Trophy. Plans are afoot to change these displays on a regular basis, putting on show Kinross-related items held in Perth Museum as well as artefacts, archives and photos collected by Kinross Museum and Kinross-shire Historical Society.

In the weeks ahead the Museum will be drawing on the generous support of volunteers to help man the Museum Study Room on Thursdays and Saturdays during Library opening hours. This will enable people to gain access to the collections for research purposes as well as to gift or loan items of Kinross interest for safe keeping in the museum. In this respect, the Museum Trust still has a good deal of work to do by way of cataloguing and conservation.

If you would like to know more about the museum or become a Friend of Kinross Museum, pick up a leaflet in the Library, look at the Kinross Museum website: www.kinrossmuseum.co.uk or contact the Trust by e-mail at info@kinrossmuseum.co.uk

There are more photographs of the official opening on the museum website and on the kinross.cc photolibrary

Kinross-shire 50 Plus Club



The AGM was held on 4 March and after business was concluded, a warm welcome was given to Lynn Strachan from Fife Coast & Country Trust who gave a very interesting talk on "Woodlands in Fife Division" which was illustrated with slides on the variety of woodland walks in Fife.

She explained about the trees and shrubs which grow in different environments, and how they use horses to move cut trees when the ground is too soft to use machinery. They also have to rely on volunteers who help with the work, as a lot of it would not be possible without them.

They also work a lot with schools, teaching them about nature and how to look after it for future generations.

Events: Several events took place in February: The holiday to Strathpeffer, a visit to the Theatre to see "The Sound of Music" and the New Year Party with entertainment by Sandy MacFarlane who had a few amusing stories to tell. A good time was had by all.

Friday Walks:

2 Apr: Tentsmuir Forest from Kinshaldy beach – a 6 mile circular walk along forest paths and roads, and almost level all the way.

16 Apr: Starting at Dunblane Cathedral, another 6 mile circular walk through Ashfield and Kinbuck along paths and country roads. If a light lunch is carried, there should be time to visit the butchers in Dunblane at the end of the walk – for a hot pie!

30 Apr: Two new walks for the club in Blairgowrie, starting with the Ardblair walk, which leads to the Bluebell Woods, and then back to Blairgowrie. These walks are fairly flat, with lots to see and enjoy on the way round, and still around 6 miles.

Hillwalkers:

9 Apr: After an absence of several years, we will undertake the circular walk from Killiecrankie to Moulin, in the shadow of Ben Vrackie. This walk is approx nine miles with ascent of 1500 feet.

23 Apr: Another circular walk is planned, this time to Cat Law via Glen Uig an Quharity. This will be a walk of 11 miles with 2350 feet of ascent.

From April we will revert to our summer meeting time of 08.30.

Please note our membership list is currently closed. All enquiries to Bill Blair on 01577 864450.

The **April meeting** will be held on **1 April** when the speaker will be Susan Kelly speaking on Library – local studies.

Kinross Garden Group



Our March meeting took place in the Millbridge Hall and was attended by 54 members and visitors. Stella Rankin of Kevock Garden Plants, Lasswade, Midlothian, gave us a very interesting and fascinating talk entitled "A Hobby that got out of Hand".

Our next meeting is on **Thursday 8 April** in the Millbridge Hall, Kinross at 2pm. George Anderson, President of "Gardening Scotland" will give us a talk entitled "A Horticultural Journey".

Kinross-shire Local Events Organisation

Cinema back in Kinross after 36 years!

In 1974 the Kinross Cinema stopped showing films and the building was used by a bingo company. Now, after 36 years, films on the big screen will be back again! KLEO, in conjunction with Portmoak Film Society, will be organising a monthly film evening at the Community Campus, which has a great facility for showing films. Come to our following film evenings:

23 April: **Harry Potter and the Half-Blood Prince** (12A)

28 May: **UP** (U)

18 June: to be announced (after questionnaire)

Films start at 7pm (doors open at 6.30pm).

Tickets (£3 for 18 and under (accompanied) and £5 for adults) are available from Sporting Chance (a week before the film) and tickets will be sold on the evening at the door.

Fun for all the family at Feel Good Fair at Loch Leven Half Marathon

In conjunction with the Kinross Road Runners, KLEO will be arranging some entertainment and fun activities at the finish line of the Loch Leven Half Marathon on **Saturday 15 May**. The event starts at 1pm at the KGV Rugby Field and we finish when the last runner passes the finish line. While you wait for the runners coming in, come along and browse through the wares of local stall holders, kick a football at the street football, try to 'Beat the Goalie' with the Boys Brigade, play volleyball or have your face painted. The Kinross Pipe Band will entertain us with some music and kids can enjoy the Fun Run, which Swansacre Playgroup organises every year at 1.30pm.

If your local group/club or charity would like a free stall at the Feel Good Fair, please let us know. Businesses can hire a stall for £20.

Come along and enjoy!

Portmoak Hall 100 Club

February Draw

1st	No. 83	Ishbel Wallace, Kinnesswood
2nd	No. 18	Brenda Bird, Kinnesswood
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Them Beatles at Gazebo Gathering 2010

Yes, we are going for another Gazebo Gathering.... a music festival for the whole family! Hopefully the weather will be as good as last year's event. The 2nd Gazebo Gathering will be on **4 September** from 12 noon – 7pm in front of Kinross House.

We will have various bands to entertain you: a couple of local bands, a ceilidh band and tribute bands. One of them will be 'Them Beatles!' There will be various children's activities arranged so that you can let them play while you relax on the lawn with the music. Food and drink (including alcohol) stalls will be available on site. Early Bird Tickets will be available at the Feel Good Fair (Loch Leven Half Marathon).



Tribute band 'Them Beatles!' will play at this year's Gazebo Gathering

Volunteers

To make this event happen we are looking for a number of volunteers to help out with such jobs as: General Stewarding, Parking, Marshalling, Ticket Desk, Litter Picking and much, much more.

This is a chance to enjoy the event for FREE. All volunteers will work in shifts, allowing time off to enjoy everything this music event offers. Food and drink will be provided during your shift. For more information, contact Bouwien Bennet (bouwien@kleo.org.uk) or visit www.kleo.org.uk

Portmoak Film Society

Surprise, Surprise! (film on 3 April)

About 25 film fans saw Clint Eastwood's "Gran Torino" at the Portmoak Picture Palace (aka the village hall in Scotlandwell) in March and gave it a 78% 'good' rating on our quirky and very sophisticated (not!) audience satisfaction gauge otherwise known as the marble count.

We are now looking forward to the final film on **Saturday 3 April** at 7.30pm – PLEASE NOTE IT IS THE FIRST SATURDAY, NOT THE SECOND THIS MONTH. We can't divulge the name of the film, as it has yet to be chosen by the PFS Committee. So keep your diary free, take a risk and enjoy our Surprise End of Season film – we're sure you won't be disappointed!

Before the film can be shown, however, we have to go through the bureaucratic but by no means tedious procedure of the Annual General Meeting to appoint the office-bearers for the next year. So if there is anyone out there who's dying to take on a responsible, non-remunerated job (not very time-consuming), please come along and stick your hand up at the appropriate moment. Alternatively, check out our website and get in touch with Stuart on 01592 840638 for further information.

info@portmoakfilmsociety.org.uk

Kinross Boys' Brigade & Girls' Association



The Company Section retained the Perth Battalion Basketball and Volleyball trophies in a recent competition at Bell's Sports Centre. In the "Open" 5-a-side football competition the company finished in third place behind 1st Scone and 3rd Perth companies.

The battalion chess competition, drill competition and midnight hike also take place in March, with Kinross currently holding the chess trophy and drill medal as champions from last session.

Junior section members take part in a festival of activities including figure marching, singing and potted sports at Bankfoot.

Junior section members are also preparing for their annual weekend camp over the first weekend in May while company members are looking forward to their joint summer camp with 1st Kinross Scouts in July to Valkenburg. The 50-seater coach is now full, with no spaces left.

The annual display and presentation of awards will take place in Kinross Church Centre on **Friday 14 May** starting at 7pm, with all parents and friends invited to celebrate the Kinross Company's successful session.

Marquee hire bookings are already coming in for the summer season. Our white 40 foot by 20 foot tent is available for hire – contact David Munro (tel: 862126).

Kinross & Ochil Walking Group

(affiliated to The Ramblers' Association, Scotland)

Flowers are out. Spring is on its way. Time to get active again! Whether you're new to walking, returning to walking or a regular walker, try out a walk or two with us to see if you'd like to join - our group has no restrictions on numbers. Walking is the best and cheapest way to keep fit and healthy, and with us, it can be sociable too. Walks are led by volunteer leaders from the group members. We have two easy weekend walks in April.

Saturday, 10 April Almondbank-Ruthvenfield Circular. 6 miles: delightful circular walk across a village green, through woodland, along the riverside and past a clock tower. **Note:** Dogs and children/Yes.

Sunday, 25 April, Fungarth Walk 4.5 miles: easy walk along quiet roads and well established footpaths through Fungarth and Haughend to Loch of the Lowes Nature Reserve (entrance fee: £3.50/£2.00) to, hopefully, catch a glimpse of the ospreys. Returning via Dunkeld. **Note:** No dogs or children please.

For all walks you do need appropriate clothing and equipment, including boots and waterproofs. Walks can be of up to 4.5 hours duration and a packed lunch/warm drink/water should be brought.

For further information on walking with the group, including further details of the above walks and where to meet, call our group Secretary Edna Burnett on 01577 862977. Or see our group website www.koramblers.org or the Ramblers' Association website www.ramblers.org.uk



Lomond Antiques and Collectors Club



The successful season continued with a sparkling talk on costume jewellery by Ruth Watban, Curator of Applied Art and Design at the Museum of Scotland. While most people think of costume jewellery as being from the 1920s to the 1960s, it dates back to the seventeenth century when flint glass could be cut like gem stones and so began paste jewellery. When the aristocracy had paste copies of their expensive pieces made, we see the beginnings of costume jewellery, i.e. pieces not worthy of being regarded as family heirlooms.

Victorian times saw the rise of the middle classes, but the Queen's penchant for mourning jewellery meant that jewellery design went into the doldrums. Queen Alexandra's love of white jewellery, silver, platinum, diamonds and pearls brought precious jewellery back into fashion, with plenty of copies being made. Royalty, however, was not the only influence. Thea Barra in the 1917 film "Cleopatra" and the discovery of the tomb of Tutankhamun in 1922 started an Egyptian revival. More fluid clothing demanded more fluid jewellery like glass beads. Cartier's big cats were first commissioned by the Duke of Windsor for Wallis Simpson, then Coco Chanel produced "disposable jewellery" to match her outfits while Elsa Schiaparelli concentrated on large "bling" pieces.

New materials such as bakelite or other forms of plastic became the vogue, and the scarcities of the Second World War made cheap jewellery more acceptable, then in the 1950s paste jewellery really came into its own. Names of import were Coro, Monet and Swarovski, who invented a machine to cut crystal into different shapes. The 1950s was the era of rhinestones and poppets. Different materials were used to portray popular butterflies. Mrs Watban's slides were stunning, as was the jewellery.

Children's Hospice Association Scotland



Children's Hospice Association Scotland
Sharing the Caring

Spot the Easter Bunny Competition

The gift shop and charity shops in Kinross, run by the Children's Hospice Association Scotland (CHAS), are running an Easter competition for sharp-eyed shoppers from Friday 19 March until Easter Saturday 3 April.

Customers are being challenged to spot the Easter Bunny pictures in each of the three Kinross CHAS shops to win a fabulous soft rabbit glove puppet in his lettuce home with his six mini finger puppet friends.

Entry forms will be available from the shops from Friday 19 March and the winner and runners up will be notified on Monday 5 April.

The Easter theme continues on the CHAS website with an assortment of Easter novelty items and Easter cards.

The Kinross charity shops at 76 and 88 High Street are open Monday to Saturday 9.30am to 5pm and the Gift Shop at 23 Avenue Road is open from 10am until 5pm. The gift shop will be open on Easter Sunday 4 April from 11.30am to 4pm.

For more information contact Frances Todd on 01577 865557. If you would like to support CHAS, please contact 01577 865222 or go to www.chas.org.uk

Newsletter Deadlines

A list of future deadlines can be found on our website
www.kinrossnewsletter.org

Kinross in Bloom

The winter pansies in the tubs throughout the town seem to have survived all the snow and the daffodils are now emerging on Station Road to show spring is here.

The committee are now planning the summer planting. The hanging baskets will be planted up on **24/25 April** and are then looked after by volunteers until they are hung around the town in June. The picture shows last year's planted up baskets in April.

If you would like to help with the planting or watering the baskets, please contact Sarah Cuthbert 01577 861001.

The Gateway project to provide a feature at the entrance to Kinross from Junction 6 at the motorway has now almost full funding and will commence in the next few months.

200 Club winners

Nov	£20 Sir David Montgomery; £10 Eileen Milne; £5 Eileen Thomas; £5 Marie Mullen.
Dec	£20 Bill & Barbara Bedford; £10 Mr & Mrs Wallace; £5 Jean Simpson; £5 Cath Mearn.
Jan	£20 Marie Mullen; £10 Bill & Barbara Bedford; £5 Sandy Fraser; £5 Lady Delia Montgomery.
Feb	£20 Barbara Sparling; £10 Nora Elliot; £5 Dave Cuthbert; £5 Sheila Fisher.



Last year's baskets during planting up

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Probus Club

Dick Crighton was the speaker for the meeting on Wednesday 3 March, and the title for his talk was "A Busman's Holiday".

Dick had been a teacher for 30 years but when he retired in 1992 he was offered a job with Earn Coaches as a driver and tour guide, in particular on their European tours. As he retired for the third time in 2008 he has seen many places in Europe and taken many photographs. So he decided to show pictures of certain towns and cities in Europe, starting with Berlin and ending with Paris. These two capital cities are only 600 miles apart, but the way this photographic tour zigzagged across the continent, we would have travelled 2,177 miles.

The first picture from Berlin was of the Brandenburg Gate, made famous as the entrance to Communist East Germany during the cold war, followed by lovely photographs which epitomised Berlin. This was followed by pictures of Coburg, 100 miles to the south of Berlin, which we were told was never bombed during the Second World War because it was the birthplace of Prince Albert, Queen Victoria's husband. Bamberg, another small town in Germany was next on the list, before we moved to Innsbruck in Austria and then to Monaco. Dick managed to catch the charm of this Mediterranean resort with a few striking photographs. On his many journeys to the continent Dick had often called at two small places in Spain: Tossa del Mar, which is right on the Mediterranean coast, and Montserrat. These were next on our photographic journey. Finally we returned to France and were shown pictures of Chateau Fontainebleau, and Paris with photos of well-known landmarks such as the Eiffel Tower and the Arc de Triomphe.

The vote of thanks was given by Ruary MacLeod, expressing the appreciation of the members for a most enjoyable afternoon.



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Kinross High School Parent Council

% Kinross High School, Loch Leven Community
Campus, Muirs, Kinross, KY13 8FQ



Easter is upon us and we are already looking towards the Summer term. A busy time for all at the High School, especially for those pupils preparing for the Standard and Higher Grade examinations.

Kinross High School Citizenship Award

The annual KHSPC Citizenship Awards are presented in June of each year and are open to any pupil at Kinross High School. The awards recognise outstanding commitment and achievement in the community by a young person or a group of young people. Please make the time to identify and nominate our deserving youngsters. A nomination slip for this year's awards together with details of the award categories and conditions is included in this edition of the Kinross Newsletter (see p.44).

KHS Former Pupils

A KHS Former Pupil Association is in process of being formed. It is open to any former pupils and teachers of KHS, and the old Kinross Secondary School. Any FPs interested in supporting the FPA, please contact the KHSPC Vice Chair Jaffrey Weir or alternatively visit the FP section at the KHSPC website.

School Blazers

Now's the time to buy or place your orders for a new school blazer for the next school year. The purple blazers are sold by the KHSPC School Shop. The blazers are manufactured from a washable polyester with the design of the girls' blazer differing from the traditional design of the boys' in that it has a more fashionable fitted style. The new blazers are comfortable, light and easy to wear, and at £40 are very reasonably priced.

The KHSPC School Shop has a full range of boys' and girls' blazer sizes ready for sale. Whilst we have some two hundred blazers in stock we will still need to order more to be made to make sure there are enough for everyone by August and the start of the next school year. We've already had a very successful start to the KHSPC blazer sales campaign for next year; with the total number of new blazers sold in the school to date now well past the 500 mark. Members from the KHSPC were on hand showing the blazers at local primary school parent evenings throughout March and a large number of P7 rising S1 blazer orders have been taken. In addition, the KHSPC School Shop is now open every Wednesday lunchtime in the Community Campus Street and will continue to open throughout the Summer term.

The long manufacturing lead time for the blazers unfortunately means that there is an order deadline of **Friday 9 April** to ensure the blazer you want arrives in time for the start of the next school year. The KHSPC will continue to take orders and sell blazers from available stock through the school Summer term and over the summer holidays, but it is likely that blazers ordered after early April will only arrive after the start of the school year.

Anyone wishing to buy or order a blazer may do so by visiting the KHSPC School Shop on Wednesday lunchtimes or alternatively use order form on the next page. The KHSPC hopes that pupils and parents will continue to support the success of this important community initiative. For further information please contact, during evening hours, Dora Smith, the KHSPC School Shop Supervisor, on 01577 863565, or alternatively Andy Williams the KHSPC Chair.

'K' Factor Talent Show 2010

The Events & Fundraising Team was able to buy the long awaited 'gig in a box' equipment from Kenny's Music in Dunfermline, just in time for the 'K' Factor on 19 February. The equipment, which consists of drum kit, monitors, microphones etc (too technical to list!!), was very kindly set up for us by David from Kenny's Music and he was on hand during the evening for technical advice.

Compère for the 'K' Factor evening was Niall Simpson (Chair of the E&FT). The show was opened by one of last year's winners - Shannon McLaughlin. There was great excitement as the twenty one acts performed to a packed audience. The first half of the show ended with an outstanding performance of hilarity and piano playing by Ian Dunnett. The support and camaraderie amongst the performers was second to none and is to be commended. They all cheered and supported each others' performance. The second half of the show closed with the return (by very popular demand) of the 'Kinross QTs' (AKA Greg Robertson, Cameron McDonald, Paul Miller, Jamie Ranaldi, Jonny Mackenzie and Ross Whyte) who brought the house down with their 'dancing' skills on stage before leaping off the stage to run up and down the aisles sporting their colourful tights, lycra and legwarmers.

Whilst the judges (Dave Batchelor, Gerry Marshall and Lucy Barnes) took time out to 'make their minds up', the teachers' band 'The Imposters' (Mr Linton, Miss Kinnell) with the help of Ian Graham on keyboard, entertained the audience. The atmosphere was electric with everyone up out their seats, down at the front singing and dancing.

Best singer trophy was awarded to Ellie McKearnon (S5) (accompanied by Gillian Shackleton on guitar); best dancer trophy was awarded to Rachel White and Alana Hutchison (both S3) and the best band trophy was awarded to 'Well Known Strangers' (Danny McAtear, Leslie Simpson, Duncan Jarvie and Sandy Raeburn). The judges and audience were in no doubt as to the winner of the overall 'K' Factor trophy. As Dave Batchelor took his place on stage to announce the results, he could hardly be heard over the chanting from the audience of 'IAN, IAN, IAN!!!'. For his outstanding performance of wit and piano prowess, there was no mistaking the 'K Factor 2010' winner - Ian Dunnett (S3). Congratulations to everyone who took part - you are all winners!!

10K Race

KHSPC EFT 10K Run - **Thursday 29 April** race start at 7.30 pm. The run takes place in the grounds of Kinross House. Registration will take place on the day of the race only from 6.00 pm onwards at the Community Campus. The cost is £5.00 for Scottish Athletics Club members and £7.00 for non members. Free parking is available at the campus and a school mini bus will take runners to and from the race start if required. There is also free parking in the grounds of the old high school, should runners wish to leave their cars there. Limited changing and shower facilities are available at the campus. Refreshments (sandwiches, cake, tea and coffee) will be available at the campus, courtesy of the EFT, for all runners after the race, when results will be announced. We look forward to seeing you on the 29th. If you require any further information, please contact Elaine Carruthers the EFT Vice Chair on 01577 867100. Full details of the race together with a map of the race route will be posted on the KHSPC website.

(Continued on next page...)

Kinross High School Parent Council continued...

KHSPC Annual General Meeting

This year's KHSPC AGM takes place on **Tuesday 8 June** at 7.15pm at the Community Campus. Parents and guardians of pupils attending KHS are most welcome to attend the meeting. Written and seconded nominations for parents or guardians of pupils attending KHS wishing to stand for election to the KHSPC are to be forwarded to the KHSPC a minimum of fourteen days before the date of the AGM, i.e. by **Tuesday 25 May 2010**. The KHSPC office bearers are also selected at the AGM by the parent membership.

Role of the KHSPC

The objectives of the KHSPC are broadly to represent the views of the parents of pupils at the school in the areas of education and welfare. We wish to work in partnership with the school to create a positive and proactive environment which supports pupils, staff, and parents. Within the KHSPC the EFT looks after the activities of the old Parent Teacher Association. Details of the KHSPC activities may be found on the KHSPC website at www.khspc.org.uk.

The next KHSPC meeting is scheduled for **20 April** starting at 7.15pm. Parents and guardians of pupils attending Kinross High School are most welcome to attend the meeting.

The elected officers of the KHSPC for the 2009/10 academic year are:

Chair	Andy Williams - 01577 861682; a.b.williams@bopenworld.com
Vice Chair	Jaffrey Weir - 01577 865780; jaffreyweir@lebc-group.com
Treasurer	Denis Sweeney - 01577 861651; sweeney5@tiscali.co.uk

If you wish to raise any issue regarding the KHSPC and parental involvement in the High School please don't hesitate to contact one of the above officers. Alternatively you may write to the Chair care of the school address shown under the heading.

We are always looking for volunteers to help with the work of the KHSPC and its EFT. Any parent (or guardian) of a pupil studying at KHS may volunteer as a parent member of the KHSPC. For further information please contact Andy Williams, the KHSPC Chair.



Kinross High School Parent Council
www.khspc.org.uk

School Uniform Purple Blazer - Order Form

<i>Pupil's Name:</i>				<i>Home Address:</i>										
<i>Male/Female:</i>														
<i>Blazer Size:</i>				<i>Telephone:</i>										
<i>School Class in 2010/11:</i>				<i>Email:</i>										
<i>Price: £40</i>				<i>Date Received:</i>						<i>Order No:</i>				
<i>Chest sizes available:</i>	<i>Inches:</i>	28	29	30	31	32	33	34	35	36	38	40	44	42
	<i>Centimetres:</i>	71	74	76	79	81	84	86	89	91	97	101	107	112

*Please post or deliver your order, together with a cheque for £40, to the KHSPC School Shop, % Kinross High School, Loch Leven Community Campus, Muirs, Kinross, KY13 8FQ.
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Kinross High School Citizenship Quaich

Ethos of the Award

Good citizenship and education for citizenship should motivate young people to be active and responsible members of their local, national and global communities. Citizenship involves building bridges between schools and their communities to help young people develop knowledge and understanding of, and respect and care for, their community and the wider world.

The awards will recognise outstanding commitment and achievement in the community by a Kinross High School pupil or group of pupils in their respective year groups.

There are three Citizenship Cups to be awarded each year covering the following year groups:

1st and 2nd Years, 3rd and 4th Years, 5th and 6th Years

In making your nomination(s) you may wish to consider young people who have or are developing as responsible citizens. This might be indicated in the following ways:

- Showing respect for others;
- Commitment to participate responsibly in the political, economic, social and cultural life of the local and wider community;
- Wanting to make a positive difference in the quality of life of individuals or groups of people in the local and wider community.

Which might enable them to improve their:

- Knowledge and understanding of the world, Scotland and Kinross and its place in it;
- Understanding of different beliefs and cultures;
- Decision-making process;
- Understanding of environmental, scientific and technical issues;
- Development of their views on moral and ethical issues.

These awards are to be presented on the evening of the High School Prize Giving in June 2010 for each of the year groups.

What the School Council needs from you are:

Written nominations with supporting evidence from all members of the community. This would include all external clubs, societies and organisations as well as from Kinross High School pupils and staff. Nominations should be brief and limited to no more than one side of A4. Alternatively you may use the tear off nomination form provided on this page.

Nominations and supporting evidence should be sent to the address shown no later than **1.00pm on Tuesday 1 June 2010**.

Please return your completed nomination to: Kinross High School Citizenship Quaich, The Kinross High School Council, The School Secretary, Kinross High School, Loch Leven Community Campus, Muirs, Kinross. KY13 8FQ. Nominations should arrive no later than 1.00 pm on Tuesday 1 June 2010.

Kinross High School Citizenship Quaich - 2010 Nomination Form

Name of person, persons or organisation making the nomination:					
Contact postal address and telephone number of person, persons or organisation making the nomination:					
I/We wish to nominate the following Kinross High School pupil (or pupils) for the award of the 2010 Kinross High School Citizenship Cup:						
Pupil/ Groups of pupils full name:					
School year category (Circle as appropriate):		1st & 2nd		3rd & 4th		5th & 6th
Reason for nomination:						

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Common Grounds



The days are stretching out; is it not really nice to be getting up in daylight and home with the evenings still in the light? Lots of events are happening at Common Grounds - watch out for next month's report.

Project: Now is the time for our "Out of Africa" project. An example of what else comes our way is a project in India brought to our attention by one of our patrons, who incidentally has been coming to Common Grounds since we began and has a son who was out in India last year doing charity work. We are always happy to consider a project brought to us from members of the local community. Last year we donated funds to Idhayangal, who are based in Kirkcaldy and provide medical aid, health goods and equipment in India.

Forthcoming events

Nigel Ewen and friend will next entertain us by playing classical guitar on **Saturday 17 April** between 1-3pm. Please watch local notice boards for other events. We would like to take this opportunity to thank Orwell Church Office, News Plus Kinross, St. Pauls Church, Milnathort Post Office and many others who are always happy to put up a poster for us.

Book Club: The book club meets on the first Tuesday of the month at 7.30pm in the Guide and Scout Hall, Church Street, Milnathort. If you are interested in joining the club and wish to know if a space is available please contact Marlene Whyte on 01592 840371. We hope Marlene will soon be feeling better and send our best wishes to her.

Website: Our website is up and running and you can find us at <http://commongrounds.org.uk>

It should come as no surprise that we are still in need of the services of a Treasurer, so come on someone out there, please help us. Also, we continue to need new Volunteers. Our opening hours for the present are still 10am - 3pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are: James Henry (Convener) 01577 864452 and Linda Freeman (Secretary) 01577 865045.

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Kinross-shire Historical Society



On Monday 15 March, Kinross-shire Historical Society held its AGM and last talk for the 2009-10 season.

Robin Eadie, President, said that this has been a very good year with increased membership, more visitors, very good speakers and increased income. The new lap top meant there could be the rolling slide programmes at the start of meetings which are much enjoyed. Jean Toshack, retiring Treasurer was thanked for 18 years hard work and presented with a bouquet of flowers. Anne Milburn was elected as Treasurer in her place and the rest of the office bearers and committee re-elected en bloc.

Tommy Smyth, Archivist of The Black Watch, was the speaker for the final meeting. He started with a poem related to the Regiment.

The members were interested to hear a potted history of the Black Watch Regiment from 1725 till 2006 when it became part of the Royal Regiment of Scotland. The illustrations shown were of battle scenes, important figures of the Black Watch and significant places in the history of the Regiment. Of local interest was the fact that three generations of the Montgomery family have served with the Regiment and that Davie Chalmers, a Kinross man, was batman to the Commanding Officer of the 5th Battalion during WW2. Tommy Smyth also spoke of the history of Balhousie Castle which is now the HQ and Museum of the Black Watch. He then finished with The Black Watch prayer.

After answering some questions from the audience, he was thanked for his talk by Bill Blair.

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Greyhound Rescue Fife 3rd Annual Dog Show

You saw them on "The Hour" so why not come along to the GRF 3rd annual dog show, and meet Celia and Jimmy Fernie in person?

The Show takes place indoors at Caldwell's farm near Collessie on Sunday 2 May. The doors will open at 11am, with the first dog class being at 11.30am. Tickets are only £3 for adults, and children under 16 are FREE.

Buy tickets in advance as you will be entered into a free prize draw. Advance tickets are available from our kennels at Baltree Farm, Gairneybank, Kinross or by post. Just email Alex on alexmorrison1965@btinternet.com and he will send the tickets straight to your door.

Alternatively why not join us on our next monthly dog walk, which is in Kinross on Sunday 4 April starting at 11am, parking along Kirkgate Park. You can buy dog show tickets and have a lovely walk.

All dogs are welcome to come along to our walks and to the dog show, not just Greyhounds. Further details of the dog show as well as our monthly walks can be found on our website.

Kinross Pipe Band

Once again, Kinross youngsters fared very well at the Perform in Perth music festival piping and drumming competitions on Saturday 13 March. **Connor Stuart** (16) took a well deserved first place in the 16 and Under Chanter, while in the drumming, **Lewis Cox** (11) also took first place in the Drumming on Pad, his brother, **Alexander** (13) lifted first prize in the 13 and Under Side Drumming, and **Amy Bryson** (12) came third in the same event. Congratulations to them all for a superb showing!

Other news: we are once again delighted to confirm that the Kinross Pipe Band will appear throughout the weekend at **T in the Park** in July. For this alone, surely it's worth joining the band! Where else would you get free, all-weekend VIP entry to such a prestigious, sell-out event? Seriously though, we are always on the lookout for new pipers and drummers to come and join our friendly, yet effective band. Last year saw us take quite a number of prizes at local competitions, and we hope to repeat that performance this year, and even have a go at a few of the major championships with the new March, Strathspey and Reel format.

At time of going to press we were just about to hold our "Legendary Annual Ceilidh" on 19 March at the Windlestrae Hotel. It will have been done and dusted by the time you read this, and most of the sore heads will have just about subsided, so we will say a big thank you to all who helped out, even though we can't give you any of the gory details!

That's all for now. We have a full competition calendar already lined up for the summer, starting with Peebles mini-bands on 24 April and finishing neatly again in Peebles at their Highland Games on 12 September. For full details of the calendar, how to join and various other bits and pieces, visit the website at www.kinross-pipe-band.co.uk or contact Nigel Kellett on 07801 182283.

Kinross Camera Club

25 years old and thriving!

Our successful Silver Jubilee year concludes with:



- April 1 Evening visit to Culross
- 8 Annual Competition. Judge: Chick Calder
- 15 'Scotland Land of Light' by Duncan McEwan
- 22 'Travels in Ecuador and the Galapagos Islands' by Stewart Niven and Sylvia Wilson
- 24 Annual Dinner and Prize Giving
- May 21 Photographic Weekend

Members of the Club may also attend Digital Group Meetings held monthly on a Wednesday night in The Stables (function area of The Inn), Crook of Devon, £2 per meeting.

For further details of Club Membership etc please contact Alison Bradley on 01592 840251 or e-mail info@amb.abelgratis.co.uk

A "Photobook" compiled to celebrate the 25th Anniversary is on display at Kinross Library and copies may be ordered from Blur.com



Kinross Camera Club President, Bob Duguid, handing over a copy of the Photobook to Marion Garden of Kinross Library

Kinross & District Town Twinning Association



Preparations for the visit of our Gacé friends in August are already underway. Around 30 Gacéans will make the trip to Kinross from 1 to 9 August. The Association will host a stall at the Feel Good Fair on KGV Park on Saturday 15 May from 1pm to 4pm – come along and meet some of our members and try your luck in our treasure hunt.

Our annual **Spring Fayre and Garden Coffee Morning** will take place on **Saturday 22 May** at Smiddy House (next to the Town Hall) from 10am until 12.30pm. There will be our usual stalls: garden produce, cake and candy, book stall etc.

Our series of **Pot Luck Suppers** will continue with the next one scheduled for **1 May**. Further details available on all twinning activities from Jeannie Paterson (tel. Kinross 862159).

Anne Hutton and two of her grandchildren will take part in a sponsored cycle run round Loch Leven on Saturday 19 June to raise funds for the Association.

Anyone wishing to join the coming season's 50 club (£10 per year) should contact Secretary, David Munro (tel: 862126).



The Kinross-shire Civic Trust



Annual General Meeting

The **Annual General Meeting** of the Trust will take place on **Wednesday 14 April** at the Windlestrae Hotel at 7.30pm. Reports will be presented by the Chairman on the year's work and the Treasurer. Nominations will be required for the Office bearers. Anyone interested in helping to run the Trust will be welcome.

The judging for the Architectural Wards for this year will have taken place in March and the Awards will be presented after the Annual General Meeting.

All members and friends are cordially invited to attend and support this event. The Trust is always delighted to see any potential new members and will be pleased to see anyone interested at the AGM, when they can hear about the work that the Trust does.

Wind Turbines

The Trust has been very aware of the proliferation of planning applications for small to medium wind turbines, which will be scattered right across the county. The Trust wrote to Perth and Kinross Council last year to determine if the Council had a policy on the siting of these turbines. The Council acknowledged the letter and stated that they were developing a policy and would inform the Trust when that was in place. So far there has been no further communication from the Council.

It has been very noticeable in the last 3 months over the winter, with the stable high pressure weather that we have had, generating little or no winds, that all the wind turbines built so far have been standing still and contributing nothing to the extra energy requirements of a very cold winter.

Future Events

The Mid-summer Walk will still be taking place, led by Professor David Munro, the Trust's President. The walk will be along the Loch Leven heritage Trail from the Kirkgate through to Loch Leven Larder. This will be an excellent opportunity to hear all about the history around the loch shore from David's encyclopaedic knowledge, and see also the nature and wildlife in and adjacent to the shore, you might even see those magnificent Sea Eagles. However the date will have to be changed from the advertised date of Sunday 20 June, to either the preceding or succeeding Sunday. This will be confirmed nearer the date.

The Kinross Show

The Trust intends to have a stand at the Show this year. The theme of our stand will probably be the new Kinross Area Local Plan which is under preparation.

Buildings of Interest in Kinross-shire Kinross Parish Church

The parish church of Kinross has moved twice from its original position in the Kirkgate Churchyard where a church was founded in the 13th century. The first move in 1742 brought it into the centre of Kinross, the only remnant of that building being the steeple that was completed in 1751. As the town's population grew, a new and much larger church was erected on Station Road in 1832.

Originally known as Kinross West Church, the new parish church of Kinross was designed by the Edinburgh-based architect George Angus (1792-1845) who, three years earlier, had drawn up plans for the new Dundee High School. His design for Kinross Parish Church is virtually identical to two other churches he designed in Fife – Kettle Parish Church (1832) and Tulliallan Parish Church (1833) in Kincardine-on-Forth – all being variations on Archibald Elliot's 1818 plan for Cockpen Church in Midlothian. Each of these churches is essentially a Gothic revival, Tudor-style T-plan building made of sandstone with slate roofs and tall hood-moulded windows. A striking five-storey tower topped by a latticed parapet and octagonal pinnacles dominates the skyline, while the opposite end of each kirk is double-gabled with a porch in the centre.

Built during the ministry of George Dalziel Buchanan, parish minister from 1803 to 1842, Kinross West Church cost just over £1,537. On the interior walls are memorial plaques, amongst others, to the Grahams of Kinross House and by the north wall of the churchyard are the gravestones of Kinross schoolmaster Robert Burns Begg senior (1798-1876), a nephew of the poet Robert Burns, and his son Robert Burns Begg junior (1833-1900), a former Sheriff Clerk of Kinross and author of books about Kinross-shire including *The Loch Leven Angler* (1874).



Kinross Parish Church

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Kinross & District Rotary Club



Following the horrendous earthquake in Haiti, Sainsbury's in Kinross invited the Club to position our wishing well in their store to collect donations; a magnificent total of £624 was raised and duly despatched to provide aid for the people affected. Thank you, Kinross! The profile of the Rotary movement has been boosted world-wide during the month of February by the campaign to eradicate Polio once and for all. There have been items on television and in newspapers and locally, our club held the poster competition in the local primary schools, producing over 250 entries.



Holly Greenshields receiving first prize for the polio poster campaign from Rotary secretary Kelvin Reay

The posters were on display in shop windows throughout the county and we collected over £730 in a bag-pack and cash collection at Sainsbury's in Kinross on 20 February, ably assisted by members of our junior sister organisation, the Interact Club. Many thanks to the generous support of the public, to the various shops and premises who displayed posters, to Interact, to Sainsbury's and most of all to the many children who so enthusiastically prepared posters. Our panel of judges chose the poster by Holly Greenshields (Portmoak Primary) as first prize, Sean Cowe (Portmoak) second, Eliza Stevenson (Cleish Primary) third and Ailsa Wilkie (Cleish) received Commendation for a computer generated entry.

Kinross and District Art Club



The snow of this past winter may have brought chaos and disruption to everyday life in and around Kinross, but its effect on the landscape was a delight to the artist's eye. Several members of the Art Club have since used the images of glistening streetscapes and dramatic distance views, as an inspiration for their painting in the past few weeks. As spring made its first appearances, one member found a visit to the snowdrop filled forests at Cambo to be the motivation for a most attractive, delicate watercolour.

Our monthly group activity session at the Loch Leven Campus was conducted in February by Jimmy Douglas, retired local Art teacher, who not only gave us instruction on perspective and other things, but demonstrated his fine singing voice and his talents as an entertainer! The March session, on portraiture, was led by our in-house artist, Tom

Further involvement with young people recently has included a talk by Rotary Foundation Scholar Joanna Philip from Birmingham, Arizona and a presentation by the NutzBoltz team. Joanna was born in Kuwait, is keen to pursue micro credit banking in developed countries and is currently studying International Strategy and Economics at St. Andrews University. The NutzBoltz team showed the video diary of their epic 9,804 miles journey across Europe and Asia to Mongolia, with sponsorship money going to three nominated charities.

Also on the theme of young people, Rotarian Carolyne Poller spoke eloquently to the Club about the facilities in the new High School building and the Community Campus and of her disappointment in the negative comments which have appeared recently from the public regarding the magnificent new Campus. Her talk included memories of 17 years spent in the old High School and praise for the facilities now available in the new building, preparing pupils for 21st century learning.

Three new members have been introduced in the last month and we look forward to their involvement in forthcoming projects.

Finally for this report, we held the local heat of the annual Rotary Primary Schools quiz in the theatre at the new Campus on 10 March. In a closely fought contest, the eventual winners were Fossoway Primary, who now go on to the next round which will be held in Glenrothes in the next few weeks.

Please look at our web site, www.kinrossrotary.org for more information about Rotary and Interact.



The Fossoway Primary quiz winning team

Sutton-Smith, in collaboration with Susan Kelly, Head of Art and Design at Kinross High School. Sixth Year pupils joined Art Club members in sharing skills and know-how and we all felt we had learned a lot from each other in a most enjoyable activity.

The next few weeks will see an increasing focus on painting for our annual Exhibition and Sale of Work in September, which this year will be held in the same week as the Perthshire Open Studios event. Weekly attendance at the club is strong and we have recently received a grant from the Co-operative Community Fund, which has enabled us to replace our work tables and to buy some new table easels.

If you'd like to join us, why not drop in for a taster session at the Millbridge Hall where we meet on Tuesday afternoons from 2pm – 4pm. Since we hold one meeting per month at the Loch Leven Campus, it's probably best to check first where we'll be meeting, by ringing Sybil on 01577 830347.

Milnathort Primary School Parent Council

Summary of a Meeting held on Monday 3 February

Present: Mark Koziel, Neil Fuller, Chris Edwards, Graham Irwin, Lorraine Holdsworth, Gillian Sands, Gerrold Kuijpers, Alyson Howe, Lesley McCormick (Clerk).
Apologies: Gavin Anderson, Susan Park, Lynne Dunn, Deirdre Hutson.

Headteacher Report

Curriculum for Excellence: Currently working on decades with each year group doing something different (1960s-1990s). Health week in February – healthy activities to be enjoyed by all. Assessments – national tests will be phased out gradually. Examples of assessments for teachers to use will be available to download and modify.

Staffing: Mrs Knoyle has been appointed as a permanent member of staff and the P4 class teacher. Schools have been advised they need to include another in-service day before end of June. P&KC are looking at dates – possibly extending Easter break by one day. Note in newsletter to warn parents about extra day and that date will be advised ASAP.

New Business

Outdoor playtime: council/school policy regarding weather. If severely cold, children go out for about 15 minutes, 10 minutes for the younger ones. Complaints from some parents if children are kept in and complaints from other parents if children are sent out. Unfortunately staff cannot monitor children both in and outdoors. “Vulnerable” children can sit inside and play games.

Visit by book club: AH to look at the possibility of the club coming at different times due to too many payments at once (Christmas cards, school photos etc.) Some parents however, felt that it was a good idea to buy the books as Christmas presents. Some children never got to look at the books as they did not have money or not enough money. Look at possibility of cheaper books or different club. Suggestion of a book exchange to be discussed at next meeting.

Composite classes: Hopefully some feedback can be given by the end of March.

Workplan

Parent council website: GK has offered to sponsor the website for a year. Thank you! GK to start up – GA & CE to assist where possible.

Internet safety: CEOP (Child Exploitation and Online Protection). Training clusters are being held and these members of staff will be able to pass the information on. Internet safety leaflet to be sent to all parents.

Music groups: Mrs Doyle has offered her assistance with the violin. Note out to parents in newsletter to see if anyone has any musical talents they could offer the school.

Other business

Wildlife Garden/Eco Path: Spot checks will be carried out to try and stop people from letting their dogs foul in this area.

P2/1: MK to send out a letter survey with regards to how parents feel about the lining up of P2/1 at front door. Staff have a few concerns re not being able to see all parents as children coming out of doors and also deliveries of goods for school. It seems however, that most parents are happy with the current arrangements.

School dinners: Asked if possible children could choose what meal they would like in the morning as is the norm in some other schools in the area. AH advised that due to large number of children it's not possible at moment, but that school is monitoring meals and trying to ensure children get the meal they would like.

Request to pay meals termly – cannot be done at present due to the system in place. AH trying to go cashless, whereby you put your money in a machine and swipe card.

The next meeting is provisionally scheduled for Monday 10 May at 1900 in the school.

Full copies of past, ratified, Minutes are available. If you wish to contact the MPSPC, please contact Lesley McCormick on 01577 862060 or 07704349700 or mccmcc@btinternet.com

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Sports News

Kinross Otters

JAGS Meet

Grangemouth, 14 February

The ever popular annual JAGS Meet took place at Grangemouth on Valentines Day and it was the Kinross Otters that were all loved up at the conclusion of this very successful day. The Otters sent a large junior team and for many this was their first gala. Undeterred, this highly motivated bunch performed to a high standard and secured 27 top six places and 15 medals.

The highlight of the day by far was a series of extremely impressive swims from rising star Finlay Nesbitt which led to him being awarded a stunning trophy for the Best Overall 9 Year Old Boy at the whole meet. He managed to win three gold medals, 2 silvers and one bronze. His 50m Freestyle in particular was extremely quick in a new personal best of 38.53 secs.



*Some of the successful Otters team:
Finlay Nesbitt pictured centre front with his trophy*

Claire Moloney managed two impressive firsts in the 10 Year Old Girls 100m Individual Medley (I.M. - winning by over two seconds in a new personal best of 1.29.57) and the 10 Year Old Girls 50m Butterfly.

Kirstin Haig made her big break through by winning the 9 Year Old 50m Backstroke and in a very competitive 25m Butterfly she also managed a silver.

Iona Crawford continued the good form she has shown of late by winning a silver medal in the 9 Year Old Girls 50m Backstroke. Further achievements were fourth places in the 100m Individual Medley and the 50m Freestyle, the latter of which she dead-heated with her own team mate, Hannah Miller. Hannah also grabbed a 6th place in that competitive 9 Year Old 50m Backstroke.

Aaron Gillon got a silver medal in the 11 Year Old Boys 100m I.M. and Conor McCormick achieved two bronze medals in the 10 Year Old Boys 50m Butterfly and 100m I.M.

Elliot Hogg came third, fourth and fifth in the 8 and under Boys 25m Breaststroke, 25m Freestyle and 100m Individual Medley respectively.

Keir Menzies-Smith managed two 4th places in the 9 Year Old Boys 50m Backstroke and Freestyle and Rebecca Hardie came 6th in the 10 Year Old Girls 50m Breaststroke.

Rounding off the top six individual Otters finishers was the

Moloney family of Matthew and Niamh. Matthew came 4th in the Boys 8 and under 25m Breaststroke and 6th in the 100m Individual Medley whilst Niamh came 6th in the Girls 8 and under 25m Breaststroke.

Further success for the Otters came in the form of Elliot Hogg, Matthew Maloney, Keir Menzies-Smith and Finlay Nesbitt in the Boys 8 and 9 Year Old 100m Relay. Lying fourth with 25m to go, Finlay dived in and managed to secure a silver medal for the Otters team by a clear two seconds.

Congratulations must go not only to all the swimmers but to Head Junior Club coach Fiona Crichton, who has a knack with "the wee ones" and can be rightly proud of her protégées performances.

Carnegie Graded Spring Meet

Glenrothes Institute Pool, 20 February

Due to continuing works at Carnegie's swimming pool in Dunfermline, the Carnegie Graded Spring Meet was held at the Institute pool in Glenrothes on Saturday 20 February.

Kinross Otters entered a team of 8 swimmers and they ended the day with numerous medals and personal milestones.

Leading the team was the Otters' Male Swimmer of the Year Ewan Simpson who managed gold medals in the 14 and over Boys 200m Backstroke (1.10.46 secs some 2.5 secs clear of the silver placed swimmer) and 200m Individual Medley (2.32.22 secs). He also achieved a silver medal in the 14 and over Boys 400m Freestyle. Just as importantly, he managed personal bests in all his events and as such had a near perfect day.

Up and coming Otters Freestyler David Elder won a marvellous gold medal in the 8 – 11 year old 100m Boys Freestyle in a new personal best of 1.13.57 secs leading all the way and winning by over two seconds. He also had a go at the 100m Butterfly and Backstroke where he came 5th and 6th respectively.



*Left to right: Ewan Simpson, Kayleigh Reid, Vicki Reid
and Mhairi Boyle*

The Reid sisters, Kayleigh (14 and over) and Vicki (12 – 13 yrs), came third and fourth respectively in the 100m Breaststroke. Kayleigh gave a solid performance and got a safe bronze medal in 1.27.79 secs but will have to continue to look over her shoulder as Vicki dipped under the 1.30.00 barrier for the first time (1.29.75 secs) and has now broken her 100m Breaststroke time three times in as many weeks.

Mhairi Boyle continued to nibble bits off her personal best at every outing by coming 5th in the 12 – 13 year old Girls 100m Backstroke.

For more information on this friendly and vibrant club visit www.kinrossotters.co.uk

Kinross Volleyball Club

As the indoor season draws to a conclusion, Kinross teams are on course to retain both the Premier and Recreational League trophies in the Perth & District Volleyball League. Kinross Scotrange currently lead the Premier League and with the final set of fixtures scheduled for the end of March they will retain the trophy provided they win their games.

In the Recreational League the league title looks to be between current champions Kinross BB and Kinross Scotrange II. The BB side are favourites to retain the league trophy but if they slip up in any of their four remaining games, one of which is against Scotrange II, then things might change.

The young Kinross BB Girls' Association team, although not having won any games, are improving by the week and the primary 7 boys are very keen and enthusiastic which augers well for the future.

How they stand in the Recreational League:

	Played	Won	Drawn	Lost	Points
Kinross BB	16	13	1	2	132
Kinross Scotrange II	16	12	0	4	120
Rodney's Trotters	16	10	2	4	116
See Me	16	10	2	4	116
Aberfeldy	17	9	2	6	107
Hitting Bricks	18	7	3	8	93
Mongrels	18	8	1	9	89
Motley Crew	16	7	1	8	89
Tay Pearls	17	3	3	11	70
Dunfermline Phoenix	16	4	1	11	58
Kinross BBGA	16	0	0	16	16

A six-team invitation tournament will take place at Bell's Sports Centre on the afternoon of Sunday 16 May involving the top district league teams from around the central belt of Scotland. Kinross Scotrange finished runners up last year and will hope to go one better this year.

The club is also preparing for this year's 25th Scottish Open Volleyball Tournament which takes place on Perth's North Inch over the last weekend of May. Kinross teams have often featured in the final stages over the years and look to be in with a shout once more.

Preparations are almost finalised for the club's venture into Europe in mid August taking part in the De Haan Tournament which saw the men's team finish as bronze medalists in 2008.

Indoor training at Loch Leven Community Campus (8pm till 9.45pm) will continue until mid May. From June till the end of August the club will meet at King George V Park from 7pm till 9pm, playing "Park Volleyball" in preparation for the tournament in Belgium. New members welcome at any time – just come along either to the Campus or KGV whenever suits you best.

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Kinross Croquet Club

The 2010 season will start on **Monday 12 April** on the lawn of the Green Hotel. Why not come and join us and give croquet a try?

We play every Monday afternoon from 2 pm to 4, and on Wednesday evenings, and we badly need new members. The subscription is only £15 a year but new members can play for a month before any charge is made.

It is a good fun game and you will enjoy it. All you need to start is a pair of flat shoes.

We would love to see you, so do come along.

For more information, please telephone George Kirk on 01383 724024.



The new croquet season starts on Monday 12 April

Orwell Bowling Club

OPENING OF THE GREEN

Saturday 17 April at 2.00pm

Our first game of the season is in aid of the Blind Bowlers' Association.

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Kinross Cavaliers Basketball Club

Two teams from Kinross Cavaliers Basketball Club took part in the Tayside & Fife Under 14 tournament on Sunday 21 February at Mayfield Sports Centre in Dundee. Everyone enjoyed the day, and the girls' team who combined with 3 players from Perth, won 3 games out of 3. The boys' team had fun and learned a lot, even though they didn't manage a win. Many thanks to Nick Morrice for coaching the teams on the day, and to all parents who helped with transport.

The next Under 14 tournament will take place on Sunday 21 March at FIPRE, Viewfield, Glenrothes, where we hope to enter both teams again, and the final Tournament will take place on Sunday 2 May at DISC in Dundee.

Weekly training continues within the Sports Hall at the new Loch Leven Community Campus on Tuesdays, from 6.00pm – 8.00pm. Coaching is provided to boys and girls from P7 to S2, however, anyone currently in Primary 6, is welcome to attend after the Easter break, for the first hour, as a taster session to basketball.

If you would like to get involved or would like any further information, please email kinrosscavaliers@btinternet.com or call Mary Carruthers on 01577 840399 or Karen Nicholson on 01577 862623.

Other Basketball News

Following their selection to the Talent Development Programme, Kieran Carruthers and Craig Bell are delighted to have been selected to attend the TDP National Camp on Sunday 14 March at The Peak, Stirling. This is an exciting event, players selected by invitation only, and with excellent coaches from all of the Scottish regions.

Katy Brown and Jack Nicholson are also delighted to have made it to the last 14 in the Under 16 national squads. The squads will be cut to a final 12 next month, and will then take part in the European C championship in Andorra in July. We wish them well and lots of luck!

Kinross Squash Club

The end of season annual club championship competition will soon be promoted. Remember to get your name of the list as soon as it appears on the notice board.

Club nights on the last Wednesday of each month are providing to be good value for money and a great way of gaining some extra fitness and improving your squash technique.

Phil Shore is definitely establishing himself as the club's new number one player and is looking like to one to beat. League winners for February will be shown in next month's edition.



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Kinross United AFC



On 6 March, despite a fine battling performance, the team lost narrowly to high flying Eastvale by 2-1 at the Myre. Fine performances were provided but the elusive first win of 2010 eluded coaches Bruce Deas, Stevie McInroy and the players. A small crumb of comfort was an excellent goal: following a fine passing movement by Ryan McLean and Stephen Gallagher, Gordon Baillie unleashed an unsaveable drive past the Eastvale keeper.

13 March provided us with a 3-3 draw with Bowhill Rovers: two goals from Gordon Baillie and one from Stephen Gallagher. Before the game the Committee were once again forced to clear the pitch of dogs faeces. Nobody blames the dogs as it's the irresponsible owners who are to blame. Please, when walking your dogs on the Myre, carry your little green bags.

Last Saturday officials and players of the opposing team commented on the fine condition of the Myre and the layout highlighting the sponsor boards. Congratulations to Andy Crawford, Alan Fraser and Bobby Brian for all their hard work. If you would like to advertise your business with a sponsor board, please contact Alan Fraser for details.

The Club's latest innovation – selling tea, coffee, bovril, pies etc – has been a great success. Come along on a Saturday, enjoy the game and have refreshment at half time. The pies are supplied by Hunters, our local High Street butcher.

Finally, the pitches have been damaged by motorbike riders criss-crossing the pitches and causing much damage to the playing surfaces. We are not denying the bikers the opportunity to use the Myre, however there is more than enough space without using the pitches.

As ever if you have any queries, please contact either Alan Fraser 01577 862018 or Sandy Fraser 01577 865762 or better still come along to a game.

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GREAT BARGAINS – ALL STOCK MUST GO

Kinross Road Runners

The 2010 race season is now well underway with many KRR members competing against other clubs and each other.



The **40th Carnethy 5 Hill Race** took place on 13 February. This race starts in Silverburn village, 10 miles south west of Edinburgh and covers a course of 6 miles with an ascent of 2500 feet. It takes in 5 tops of the Pentland hills. These include Scald Hill, South Black Hill, West Kip, and returning via the Howe to Carnethy. All competitors need to have the necessary skills to cope with any navigational problems they may encounter en route. KRR had one club member competing in the race. Andy Johns finished the race in a time of 1:05:43.

The **Cupar 5 mile** road race on 27 February is one of our championship races and saw 9 KRR members compete. Steve Crawford 29:49, Paul Hegarty 29:55, Alasdair Black 31:15, Peter Edgerton 31:59, Maureen Hill 38:48, Ronnie Ritchie 34:26, Christine Myerscough 37:40, Gordon Hill 42:41 and Keith Logan 45:13.

The **Smokies 10 mile** road race on 7 March is one of very few ladies only races and is organized by the Arbroath Footers running club. This always proves to be a very popular race over undulating (hilly!) countryside. The field of 400 runners is usually full within weeks of race registration opening. Apart from the scenic route the post run refreshments and goody bags are well worth running 10 miles for. This year KRR was represented by 14 ladies. Maureen Hill was our first lady home and finished 3rd in the Female Vet category in a time of 71:04. Judith Dobson was close on her heels in a time of 73:15. Judith picked up an award for 3rd Female Super Vet. Gillian Black who is currently training for the Paris marathon in April pulled off a fantastic PB of 84:11.

The **Bishophill Race** on 7 March was organized by the Lomond Hill Runners and attracted 3 KRR members. Andy Johns 24:28, John Myerscough 30:34 and Jane Gibson 30:36. The race is short and sharp covering a distance of 3.5km with a climb of 300m and ending with a sharp decent into the woods. The route doesn't climb Bishop Hill but instead takes in the twin bumps of White Craigs.

It's that time of year againThe Loch Leven Half Marathon will be held on the **15 May 2010**. The race covers a wonderful route around the shores of Loch Leven. Registration can be done online and must be made before 12 May as there will be **no registration on the day**. The race finishes at the KGV playing fields where runners are rewarded with a medal and a goody bag. Our legendary Race Café will provide refreshments for runners and their supporters with all proceeds going to charity. The 'Feel Good Fair' will be running alongside the finish. This is hosted by Kinross Local Events Organisation (KLEO) and will have a host of events for spectators and competitors to enjoy. Entry to the Feel Good Fair is free! Your supporters will be fully entertained whilst you are competing! Information on the half marathon route and entry can be found on our website www.kinrossroadrunners.co.uk.

KRR meet every **Wednesday evening at 7pm in the old doctors surgery** and for a longer, less formal, run on **Sunday at 9am at the same location**. When the clocks change at the end of March our summer training schedule will kick in. The lighter evenings allow us to take in some off road routes on Wednesday evenings as well as speed sessions at **Kirkgate park on a Tuesday evening at 7pm**. New members are always welcome to come along for a couple of taster sessions before committing to joining the club. Information on all club activities can be found at www.kinrossroadrunners.co.uk

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Kinross Cricket Club

New Season

Outdoor cricket begins on Monday 19 April at Kinross House. Junior coaching for boys and girls aged 8 to 15 will be held on Mondays from 6.15pm to 8pm. Ladies' and Men's training will be on Thursday nights from 6.30pm.

New members will be made very welcome at all sections of the club and we are particularly looking for new 1st and 2nd XI players and ladies players. There will be a few spaces for new members in each of the junior age groups and places are allocated on a first come, first served basis. Existing members are reminded to return their subscription renewal forms before the start of the season to secure their places at coaching this year. For further information on Kinross Cricket Club, please contact Club Secretary, Kirsteen Ross at secretary@kinrosscc.co.uk

Sports Personality of the Year Awards

For the fourth year in a row, Kinross Cricket Club has picked up one of the major awards at the Perth & Kinross Sports Personality of the Year Ceremony. Club Secretary, Kirsteen Ross was on hand to be presented with Perth & Kinross Sport Council's Team of the Year 2009 Award. The award was made in recognition of the outstanding work the club has done in promoting and developing cricket at all levels including juniors, ladies and men's cricket. The under-13 Scottish cup winning team won the same award in 2006.

The sports personality of the year awards were held in Perth and featured many of the area's leading sports stars including Olympic curlers, Eve Muirhead and Peter Smith as well Kinross world-class athlete Eilidh Child.

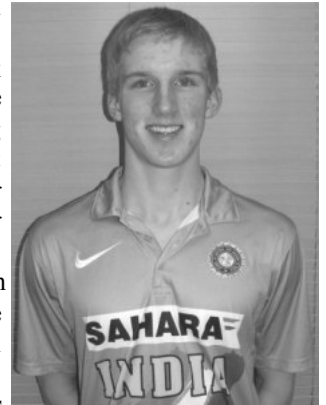
Tesco Vouchers

Kinross Cricket Club is once again collecting Tesco Vouchers for Schools and Clubs. Vouchers are available from now until Sunday 9 May. These vouchers enable the club to obtain FREE sports coaching equipment and cricket balls and this scheme has been extremely valuable to the club over the past few years. Last year we managed to get twelve Slazenger bats, six cricket balls and several items of agility equipment with all the vouchers donated. Please give your vouchers to any member of the club's coaching or management team.



Indian Adventure for Kinross Young Player

17 year old, 1st XI player, Peter Ross has been selected to attend Cricket Scotland's Elite Performance Training Camp in Pune, India, this Easter. Peter is one of fifteen cricketers invited to attend a two-week intensive training programme at one of the world's leading cricket academies. Cricket Scotland selected Peter after his excellent performances for Scotland in the under-17 ECB County Championships in 2009. Promotion to the elite performance squad, which includes several current full national team players, is another step forward in Peter's progression to a professional cricket career. Peter said, "It's a great thrill to be chosen to go to India. I have been playing for Scotland since I was eleven and have had the opportunity to play throughout Europe and South Africa over the years. This is undoubtedly my best achievement so far as I will not only be coached in one of the best training centres in the world but I will also be working alongside a number of the national team I have watched from the crowd until now."



Kinross Cricket Club's Peter Ross prepares to go to India

Online Clothing Shop

Kinross Cricket Club is delighted to announce a new online clothing shop this year. This can be found at www.surridgesport.com Click on the "Club Shops" button on the left hand side and Kinross Cricket Club can be found in the "Cricket Club Shops" section. A full range of match wear and training wear is available to anyone who wishes to purchase anything and this will hopefully be more convenient for members and club supporters alike.

Forthcoming Fixtures - April

Sun 18th	National Girls' and Women's Indoor Championships, Bells Sports Centre
Sat 24th	Meigle 1st XI (Away)
Sun 25th	St Andrews University Staff (Home)
Sun 25th	St Andrews University Women (Away)
Fri 30th	George Watsons College (Away)

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Kinross Ladies Hockey Club



Ah 2010!! The further spell of snow at the end of February not only put pay to the planned pitch rejuvenation, but also resulted in the cancellation of both teams' matches on 27 February. This was despite forward planning from the match secretaries in booking pitch time at Queen Anne High School, in case their pitches were in better condition. The frozen pitch also resulted in further indoor training sessions. Pitch rejuvenation is now planned for the week beginning 15 March, weather permitting.

First XI

The First XI have continued a dominant run in their league matches, with away wins over Brechin (3 – 0) and Madras (2 – 1). They remain unbeaten, with only a single 1 – 1 draw in February against Dundee Wanderers detracting from a perfect run of wins. Their tally of 44 goals from 8 games stands as a massive tribute to their strike force, especially when compared to the next two teams on 17 and 16 goals respectively.

A number of reorganised fixtures remain to be played, but on the basis of their current standing Kinross Ladies First XI have been selected to represent Midlands in the District Trophy against other district league winners on 28 March. In addition the First XI are through to the last 8 of the Scottish District Cup, with the next round to be played on 11 April.

Second XI

Saturday 6 March saw a win for the Second XI over Stirling Uni 2nds, with a score of 2 – 1, despite having no substitutes to call on. The following week a similarly depleted squad faced St Andrews Uni 3rds at home. With no regular strikers to call on, the home team only once threatened the St Andrews goal, and the majority of the time was spent clearing the ball back out of defence. The spirited and skilful contribution of two youngsters playing their first match for Kinross Ladies was very much appreciated. The final losing score line of 0 – 4 was a fair reflection of the game.

Other Matters

The **Kinross Ladies Hockey Club AGM is to be held on Monday 19 April at 7.30pm** in the KGV Clubhouse. Any matters for the agenda should be submitted to Gail Nelson, Secretary.

As mentioned previously, Kinross Ladies will travel back down to Newcastle on **8 May** to defend our trophy at Newcastle Ladies Charity Shield Tournament. Thereafter, the end of May will see out annual tour taking us to Skye, where midgie repellent will be an essential part of our kit! Training continues every Wednesday night from 6.30 – 8pm at the all weather pitch at KGV, run by coaches Ryan Green and Scott Rodgers. If the weather is too poor for outdoor training then we are likely to have indoor training at the main sports hall in the Community Campus. This is confirmed on a week to week basis. New players are always welcome. Training starts at 6.30pm sharp, so please be there in good time. You will need to bring trainers (no metal studs allowed), and a bottle of water or juice is a very good idea. There is a £2 training fee for each session. If you would like any further details please check the website at www.kinrossladieshockey.co.uk

Kinross Men's Hockey Club

Weather has caused a bit of havoc with three home games being postponed due to the frozen or snow covered KGV pitch in the last month. Training has been indoors at Kinross Community Campus. Hopefully the pitch rejuvenation will be soon and Spring is now on its way as we've had enough of Winter!

Kinross 1sts have only played two games since the last Newsletter against the top two teams in the league. The first was away against first-placed Grange 5ths. Kinross scored first, but Grange equalised within minutes. Kinross took the lead half way through the second half and then held out for a well-deserved 2-1 victory. The only other game was against second placed Erskine S/M 3rds. Kinross scored within ten seconds of the start, but Erskine levelled the score before half time and took a 2-1 lead before a brilliant goal from Gordon Balfour brought Kinross back into the game at 2-2. Both sides pressed forward for the winning goal and it was two very late goals in the final minutes of the game that secured a 2-4 win for Erskine S/M. The team is currently lying in fifth place in East District League Division 2.

Kinross 2nds have only played two league games since the last Newsletter. The first game was against Carnegie 6ths and as the 2nds have been playing at times this season completely outplayed Carnegie and finished 8-1 winners with Ross Turbet scoring 5, Shaun Masson 2 and Pete Smith one goal. The other league game was against another new team who joined the leagues this season, but had only lost two games so far this season. In a very tight, physical game the Fidora Lions eventually ran out winners 2-1. The game against Eskvale was postponed due to the weather and we conceded the game against Carnegie 7ths due to a shortage of players. The team is currently in sixth place in East District League Division 4, one of only four teams in the league with a positive goal difference.

We are always looking for new members whether experienced or complete beginners, so if you are interested why not come along to any of our last home games at King George V playing fields or join up for mixed Summer Hockey which starts in May.

The final two rescheduled league games are:

27 March 1sts v Watsonian 3rds at KGV at 12pm and
2nds v Eskvale at KGV at 3pm.

10 April 1sts v Inverleith B and
2nds v Inverleith Development XI.

Both at KGV at times to be confirmed.

Training is with Alan Dickie on the KGV astro pitch on Tuesday evenings 7.30 to 9pm; it is free and all are welcome no matter what age or ability or if you just want a runabout. Kobra (U14) training for both boys and girls is on Thursday evenings 6.30 to 7.30pm; again it's free and all are most welcome, no matter what your ability as Shaun Masson organises a lot of fun for all.

For further information why not contact Douglas Ogilvie on e-mail: captain@kinrosshockey.co.uk or 07768 708250 or Ollie Volland at secretary@kinrosshockey.co.uk or 07725 884672

If you would like further details, particularly about Summer Hockey which starts in May, then please check our website at www.kinrosshockey.co.uk

Curling

Thursday After School Club End of Season report 209/2010



The winners of the gold medals and shield after a very successful season, where they have played well together as a team, are: skip Finlay Campbell, third Lewis Leslie, second Lewis McLaren, lead Gavin Hay. They have all gained the RCCC skills award.

The following players also gained skills awards: Murray Nicholson, Georgia Smith, Poppy Baird, Ingrid Hill, Calum Clunie, Lauren Clunie. Well done to them all.

Our return friendly with Stirling Young Curlers was another very close match with Kinross winning on ends scored.

In the triangular competition at Murrayfield ice rink against Murrayfield and Stirling Under 12s, Kinross (T.A.S.C.) with Finlay Campbell, Lewis Leslie, Lewis McLaren and Gavin Hay won the draw shot competition with Lewis McLaren scoring maximum points. Finlay Campbell then went on to win the strike hot shot.

Saturday 20 March is our final competition of the season when two teams play at Stirling in an under 12 y.o. Open competition. We wish them good curling and an enjoyable day; for some this is a new experience playing in such a prestigious competition.

My thanks to the coaches who helped throughout the season and to the parents who supported me.

Anne Porter, T.A.S.C. organiser

Kinross Junior Curling Club

Our season ended on Sunday 14 March with a Closing Bonspiel. The winning rink was Fraser Thomson, Kathryn Spain, Grant Barr and Ryan Beveridge, who won Easter Eggs. This was followed by the AGM and Prize-giving. Donald presented the trophies. Winners were:

Fossway Cup – James Hay, Christy McGregor, Kathryn Spain and Alison Wood.

Jubilee Cup – Gregor Dow, Fiona Spain, Fraser Dow and Linzi Sim.

Jamie Birrell Memorial Quaich for Points – Hamish Geyer. Anderson Rosebowl for Pairs – Iain Wilson and Linzi Sim.

The winner of the Best Improved Trophy was Alison Wood. The Under 15 team will represent the East region at the RCCC Funspiel National Final at Braehead on 27 March. They are: Lucy Gaudin, Christopher Salmean, Christy McGregor and Kathryn Spain.

The next day some of our curlers will be at Greenacres to take part in the RCCC Newcomers competition, where the young players will be put in rinks with others from all over Scotland. They are: Ross Cormack, Chris Salmean, Fiona and Kathryn Spain, Anna and Beth Sutherland, Finlay Campbell and Gregor Bousie.

Good Luck to Fraser Thomson and his rink (including James Hay & Grant Barr) who are taking part in the Under 17 Slam this season with the first event in Perth in April.

We look forward to seeing everyone back at the start of next season.

Kinross Curling School



The curling season is drawing to a close for another season; we have two Beginner courses left – delighted to say are fully booked after the great response we had to our Try Curling evening after the Olympics.

We are holding a **Turkey Shoot** in the ice rink on **Sunday 11 April** from 2pm. It is a great chance for a family outing with a difference, tickets are only £10.00 FOR A FAMILY (two children) or adults £6.00, Children £4.00. The turkey shoot is a frozen turkey on the ice pad and the format of the day is run like a race night: instead of horses you have numbered stones, eight per shoot and the nearest at the end of each race wins a prize. During the session you can bet on the stone you think is going to be the winner. You can even buy a stone before the event.

If you need more information or tickets, please contact Sheila Harley: email Sheila.harley@virgin.net Tel 01337 860840.

Kinross Tennis Club

www.kinrossstennisclub.org



As you peruse this newsletter our new season has just kicked off with an open day.

Whether you are a beginner, junior, social player or competitive tennis player, we will have something to offer you in the 2010 season. In addition to club nights for adults (Wednesdays) and juniors (Tuesdays) and a club morning for adults on Sundays, we will be hosting the usual mix of social events and competitive, but fun, tennis. If you have not yet joined or would like further information, feel free to come down to our adult club nights on Wednesday evenings from 18:30 and someone will be able to help you. Alternatively, please contact our treasurer Gail Nelson on 01577 865903.

We have entered teams to compete in several leagues this season and we'll be keeping you up to date with our successes and of course any minor hiccups on the tennis front. If you would like to play in these leagues please let me know; players are always welcome. The league details are as follows:

Ladies: Tennis Tayside League, Division 2. Matches are on Monday evenings from 26 April to 28 June.

Gents: Tennis Tayside League, Division 5. Matches are on Thursdays evenings from 29 April 29 to 1 July.

Mixed: Tennis Tayside Henderson Vase, two teams as well as the Perth and District League. Matches are on Mondays evenings and Thursday evenings respectively. 6 May to 30 August.

Juniors: Perth & District U14 League. Matches are played on Saturdays, usually from 10am from April to June.

Coaching will be available for adults and juniors. Information on junior coaching is available from Gillian McLoskey on 01577 861525.

Junior Easter Camp will take place from 12 to 16 April. For details of adult coaching, please contact Aileen Jones on 01577 865449. Details will also be provided on our website. Please note that coaching and league matches take priority over social tennis. Up to date details of court availability, as well as other club information, will be on our website.

We hope to see you down at our courts soon.

Want to sell something?

Advertise your item free of charge for 21 days in the
Classified Advertisements section on
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Kinross Cycling Club



Well, thank goodness the clocks are going forward! It has been a very long winter for cycling. The road surfaces have obviously taken a battering so care still needs to be taken, especially in the small roads crossing the Ochils. But! There is warmth in the air and cyclists all around! Kinross-shire is a very popular place to cycle through – Perth, Stirling and Dunfermline cyclists are regularly spotted here.

The winter hill climb on 21 February took place on a very cold crisp winter's day. Thirteen hardy souls took part and an amazing time of 9:29 was posted by Sandy Bennett. The first woman across the line was Gillian Corsie in an equally stunning time of 10:04. Well done to all participants – a repeat will be staged later this year, I'm sure!

It's all change for April! With the clocks going forward, the first Thursday evening ride (both groups) takes place on the 1st departing the OLD health centre car park at 6.45pm (same time and place as last year). We have also decided that from the 3rd, the two groups will depart the Community Campus at the same time, i.e. 9 o'clock on Sunday mornings. It seems the two group format is a success. I attended my first club ride since October and was heartened to see a total of 13 riders for group 2 (slower group). It was a fairly hefty challenge for a blustery day and I decided to cut my run short and head home. I later heard that the half dozen or so of group 1 (faster group) had been to Crieff and back! Looks like I have a lot of training to catch up on!

The club welcomes new members. If your fitness is a little rusty, come along on a Sunday morning at 9 o'clock to try it out. Membership is only £10 per annum and you can buy bright purple and yellow club cycling jerseys! Kinross Cycling Club endorses high visibility! Hope to see you out on the road.

RP

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Subjects include Historic Kinross-shire,
Loch Leven, Fauna and Flora, Countryside,
Villages, Local Projects and Events.

Kinross Rugby Football Club



Well, since the last time, we have only managed to play one game! The weather has blown all League fixtures all over the place with the League now looking to finish up in May some time instead of April. We still need you to come along to training, with the nights drawing out and the weather getting warmer there is no excuse! The game we did play was against Madras FP. With the two teams at the bottom of the league, it was a massive game for both clubs. Kinross started well and it wasn't long before Kinross had points on the board. Both teams played a good game of rugby and before half time, Madras had levelled 7 all. During half time, Kinross re-grouped and turned the game around and won a comfortable 26-7 with a bonus point. Try scorers were Alan Fraser, George Harley, Keith Tolson, Duncan Wood and three conversions by Gavin Hardie. Full match report on the website.

Training: Tues and Thurs nights, 7-9pm at KGV Playing fields. Everyone welcome.

Fixtures:		K.O.
27 March	Glenrothes v Kinross	3pm
3 April	Mackie FP v Kinross	3pm
7 April	Kinross v Stirling Uni	6.30pm
17 April	Kinross v Strathmore	3pm
24 April	Aberdeen Uni v Kinross	3pm

Find us at KGV Playing Fields, The Muirs, Kinross.

Tel: 01577 861773. Website: www.kinross-rugby.com

Kinross Golf Club

By the time this month's edition of the Newsletter is published, we should be teeing off for the 2010 season. Provided, of course, the snow hasn't returned! Let's hope the only white we see from now on is in the shape of a little white ball waiting to be hit and not a white blanket covering. Remember, subscriptions for the new season must be paid by 31 March.

Mail on Sunday: Both Men and Ladies received byes in the first round and have won their second round matches. Thank you to John Bashford, Head Green keeper and his team for preparing the Bruce Course and to Richard Campbell, Men's Match Secretary and Rena Duncan, Ladies' Match Secretary for liaising with John to enable the full course to be played on.

Men: All Match Play entries close on Tuesday 30 March with the first round draw bring made on 1 April.

Ladies: Please add your name to the lists in the locker room if you wish to play in the Invitations Greensomes on Saturday 17 April, tee off 1pm to 2pm and our away day to Glenbervie Ladies' Open, on Sunday 6 June.

Seniors: Two away matches have been arranged during April. Balbirnie on the 1st and Canmore on the 20th.

Juniors: Opening night will be a Texas Scramble on Tuesday 13 April.

Social: A Charity Quiz night is planned for April; details will be posted in the Clubhouse.

**The Newsletter reserves the right to refuse or amend
any advertisement or submission and accepts
no liability for any omission or inaccuracy**

Health and Fitness

by Tony Brotherton, Personal Fitness Trainer, fit & happy.



Resistance Training: Putting those Muscles to work!

Resistance training is an umbrella term which is used to cover all types of weight or strength training. It is not the exclusive domain of the body builder - it really is for everyone!

Resistance training uses weights, machines, elastic resistance bands or your own body weight to effectively work your muscles. For the majority of people this means that resistance training is focused on building muscle endurance, tone and strength, and also improving the body profile whilst not necessarily wanting to "bulk" up. For others it's about building muscle size and with it strength and power. The structure of the programme is the key to the results.

In essence, whatever your preferred aim, you are pitting your muscular strength against the forces of gravity. The muscle cells adapt to the demands of the extra workload by enlarging (hypertrophy) and recruiting greater numbers of nerve cells to aid contraction.

Resistance training is particularly important for women as it significantly improves bone density and strength, which is naturally lost through age and is particularly a problem for post-menopausal women.

The major benefits to a regular twice-weekly programme of resistance training would be:

- Increased muscular strength, power, endurance and size depending on the type of resistance work undertaken
- Increased bone density and strength
- Reduced body fat
- Increased muscle to fat ratio
- Boosted metabolism
- Lowered heart rate and blood pressure after exercise
- Improved balance and stability
- Enhanced performance of everyday tasks
- Reduced risk of and improvement in medical conditions such as diabetes (NIDDM) and arthritis

Working Safely

Any resistance programme needs to be carefully thought through and targeted at specific muscle groups. Balancing workload and working at the right intensity and in the correct way are critical to success.

If you have no or only limited experience of resistance work then I would recommend you start with gym based resistance equipment as this places you in the correct anatomical position and effectively controls your movements. Always challenge your muscles by working to their limits but do so with a clear goal of what you are trying to achieve. Start conservatively at lower weights and work up. This is psychologically more encouraging and much safer.

A natural progression would be to move on to free weights such as barbells, dumbbells and Olympic bars where posture and lifting technique become very important in relation to results and working safely.

Lifting weights is non impact, and the increased muscle gained from lifting can help burn more calories, lose weight and increase metabolism. You don't have to be in peak fitness to start!

Resistance training should be an integral part of any exercise regime and the ACSM recommendation is for a minimum of one set of 8 to 12 repetitions of 8 to 10 exercises that challenge the major muscle groups on at least two days per week. Research suggests that 80% of strength gains can be made over two days as would be achieved over three. Try to avoid resistance training on consecutive days as this allows your muscles time to recover.

Your muscles will adapt quickly and the strength gains will be particularly noticeable in the first six weeks of starting a regular resistance exercise programme. As in all exercise, the principle of overload applies and muscles should be worked to fatigue within the constraints of the programme. Generally speaking, muscle endurance is built on 12+ repetitions of lower weights and strength and muscle size gains is built on lower repetitions, lifting heavier weights.

The gym instructor or personal trainer is a good place to start for advice.

Whatever your exercise regime be sure to include resistance training as it has much to offer everyone.

Note

It is important that anyone considering taking up an exercise regime should consult their GP before doing so, particularly if it has been some time since you last exercised or if you are on any form of medication or suffer from a chronic illness or high blood pressure.

Next month: Core Stability: The Cornerstone of Posture.

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News from the Rurals

POWMILL – Powmill WRI celebrated its 90th Anniversary with a birthday party for past and present members, guests from local WRI's and official guests from SWRI Headquarters and Perth & Kinross Federation, in Moubray Hall, Powmill, on Wednesday 17 February 2010, the same venue as the first meeting held on 18 February 1920.

President Mrs Janie Buchanan welcomed everyone and introduced the guests seated at the top table. The cake, which was baked by rural member Mrs Mary Wilson, was cut by Mrs E Dorward, Powmill WRI's oldest member, Miss G Carver, Powmill WRI's youngest member and Lady G Stewart, Honorary President, Powmill WRI.



Cutting the cake: left to right Mrs J Buchanan, President, Powmill WRI, Miss G Carver, Powmill WRI's youngest member, Mrs E Dorward, Powmill WRI's oldest member, Lady G Stewart, Honorary President, Powmill WRI.

Mrs Marion Davidson, National Chairman, expressed congratulations from Headquarters and spoke of the need to boost membership of the SWRI. The grace was given by Mrs Jean Paterson, Kinross Group Chairman, and an excellent dinner was provided by Powmill Milk Bar.

A toast to Powmill WRI was proposed by Mrs Evelyn Scobie, Perth & Kinross Federation Secretary. Entertainment was then provided by Hearsa-Mia with songs, a few jokes and witticisms. A well deserved vote of thanks was given to them by Mrs Maz Thorn, Vice President, Powmill WRI.

A vote of thanks on behalf of the guests was given by Mrs Isobel Robertson, Perth & Kinross Federation Chairman.

The very enjoyable evening ended with Powmill President, Mrs Buchanan thanking everyone for attending and also the committee and all concerned in making the birthday celebration such a success.

GLENFARG – President Mrs Ursula Stewart welcomed Sheila Simmers and Marion Smith from Fife whose demonstration on savoury dips (Sheila) and an ingenious doll's cot (Marion) combined with an off the cuff comedy routine were highly entertaining and much appreciated.

Competitions:

- | | |
|---------------------|---------------------|
| Flower of the Month | - Margaret Cummings |
| Lavender Bag | - Jean Grigg |
| Dish of pâté | - Allison Messenger |

CROOK OF DEVON – Mrs Margaret Arbuckle welcomed everyone to the March meeting. After business she introduced Douglas Watson who gave us a talk on Chocolate and how he started making his own. He also had a few samples for us to try. Delicious.

Competitions:

- | | |
|---------------------|----------------|
| Chocolate Cup Cake | - Mrs I Mechan |
| Flower of the Month | - Mrs I White |

MILNATHORT – President Mrs Jessica Monro and most of Milnathort members were given a guided tour round Todd and Duncan Wool Mill by Grace Sharp. She was an excellent guide and answered lots of questions from the members. It was fascinating to hear about all the different stages the wool goes through. Vote of thanks by Fiona Hynds.

Competitions:

- | | |
|---------------------|------------------|
| Baby Jacket | - Ena Thomson |
| Meringues | - Kathleen King |
| Flower of the Month | - Cathy Cochrane |

BISHOPSHIRE – The members thoroughly enjoyed a talk from Stuart Skinner (Sands Ironmongers) on T in the Park. From the first time he was asked for 7 miles of pink string – which he was able to provide! – he talked us through all his involvement, explaining how the event has mushroomed, and telling little anecdotes from each year. This was a very amusing and informative talk – we didn't realize what was going on in our back yard.

Competitions:

- | | |
|-------------------------------------------|----------------|
| Pretty mug | - Jane Martin |
| Poster for T in the Park | - Norma Smith |
| 3 pieces of traybake | - Joanne Cowan |
| Petticoat Tails (Ann Wallace Sugar Sifer) | - Norma Smith |

CLEISH – Vice President Mrs Dorothy Morris welcomed members to the March meeting. After completion of business she then welcomed members of Milnathort Rural who entertained us firstly with a quiz and then the sketch they had prepared and performed as their entry into the Anstruther-Gray competition entitled 'It will be all right on the night'. It had been well received by the judges when performed at the competition. We found it to be an excellent entertainment, hilariously funny and a very brave and difficult act to perform.

We all enjoyed a most happy and convivial evening.

Competitions:

- | | |
|------------------------|------------------|
| Flower of the Month | - Mrs S Robb |
| 3 pieces of traybake | - Mrs H Buchanan |
| Rural Limerick or Poem | - Mrs A Morris |

CARNBO – President Mrs Eileen Thomson welcomed everyone to the meeting. Business discussed, she then introduced us to our speaker for the night, Mrs Lyn Haworth. She gave us a very interesting talk on Crystal Therapy and explained to us how various crystals could make us feel better and how they work in various parts of the body, e.g. Healing, Pain Control, BP, Cholesterol.

The vote of thanks was given by Molly White.

The President wished everyone a safe journey home.

Competitions:

- | | |
|---------------------|--------------------------|
| Flower of the Month | - Mrs Elizabeth Campbell |
| Fish pâté | - Mrs Eileen Thomson |

Out & About



Vane Farm



Well now, it looks like spring might be oan the wey at last. Snowdrops oot, birds singin awa like wee dafties, so maybe we hiv turnt the corner o winter wi a bit o luck?

Wader numbers hiv been buildin up ower the last few weeks wi lapwing stertin tae display, curlew, snipe, the rarer Jack snipe oan the ponds n pools.

Tree sparrows hiv also been inspectin the new nestboxes we pit up, so wi ony luck they will tak up residence this spring? Smew, the crackin wee migrant fae Scandinavia, are still being seen fae time tae time oan the loch, tho by the time ye read this they will like enough be headin back tae breed in Viking territory. A green winged teal wiz also aboot, tho we seem tae hiv hid less o them this winter compared tae ither years.

Still pinkfeet around, tho they will be migratin back north fairly soon. Winter finished, summer oan the wey; fabby, roast me noo, baith sides like a bit toast!

The Sea Eagles seem tae hiv goan fly aboot fur the time bein but wur a spectacular sicht fur visitors when they wur aroond. A photographer chappy come in yin day wi photies o them checkin oot model gliders n planes ower the Lomond hills, fleein parallel tae the models. Wiz they thinking “kin a eat it?” or “hae ma wicked wey wi it!” Hmmm dinna ken really? Michty me, they wid get a shock if they tried the latter n a bustit beak if they tried the former, powerfae tho they are! No easy chowin up bits o metal n the latter wid bring tears tae a gless ee’e, ne’er mind ony ither damage that might be incurred. Awhhh man, am wincin at the thocht! Too young fur that kinda thing onyway at the minute.

Reserve stuff noo. We hiv fenced aff the bumblebee meadow, no tae keep the bees in or indeed oot they jist flee whar they like, it’s noo gettin grazed wi sheep tae improve the botanical biodiversity, inither words tae try n gie us mair floo’ers so the gress disnae become ower invasive n choak awethin else oot.

Donny, wur digger cheil, hiz been a real busy boy lately, creatin a new path tae the disabled bit o the picnic area. The viewin screen at the bird feeders hiz been replaced wi a swanky new widden yin wi cut oot birds tae look through. Anither couple hiv also been pit in oan the wetland trail tae breck up the long walk atween the hides, same style as the ither wan – cut oot birds n beasties tae look through – fair poash, even tho a say it masel. He is noo chappin doon reeds wi the flailin machine, a kin see him oot the windae as a type, tae open up feedin n breedin areas fur the ducks n waders.

The shop’s next special offers fur Easter are free suet balls if ye buy either a classic or a premium suet feeder. That oafar is oan fae 17 March till 13 April.

Next events comin up, an **Optics Demo oan 10 an 11 April** fae 10am till 5pm each day. Also oan **Saturday the 10th, Puppet Making and Storytelling** wi the puppet makin fae 11am till 1pm and the storytellin 2 till 4pm. **Please book tae mak shair o a place** oan either or baith. Price is £3 per little person per session or £5 fur the twa. Minimum age is 5. Materials providit n the puppets go hame wi ye.

Richt then, that’s ma heed emptied fur this time, if it wiz ever foo in the first place. Tata,

Colin

Loch Leven NNR



This is the time of year for doing maintenance on the reserve before the season really gets going, so we’ve been busy repairing and replacing old fencing around the heritage trail and work on the disabled access ramp for the Levenmouth hide will be starting very soon.

There are over 200 Goldeneye on the loch at the moment and in an effort to encourage some of these stunning ducks to breed here our volunteers have been busy constructing over a dozen large nest boxes. It seems amazing that the tiny fledglings dare to make the 5m drop from the nest, but these hand crafted homes are now up around the reserve and with luck will have new tenants come the spring. We’ve also been making use o f our volunteers’ creative talents, producing Black-headed gull decoys to take up residence on St Serf’s. It’s hoped the life-like decoys will encourage gulls to nest on the island, giving protection to nesting ducks by scaring away aerial predators such as jackdaws.



One of the Goldeneye nest boxes constructed by volunteers

As the weather begins to warm up, this is a brilliant time to get out and about exploring the reserve and join Neil and Jeremy on our event this month:

Saturday 3 April - Nature Detectives at Levenmouth Woods, 10am to 12noon

Test your detective skills searching clues to the hidden wildlife of Levenmouth Woods. An event for all the family; look carefully and you might even get to see otters and red squirrels!

Meet at Findatie car park. This event is free but places limited so please remember to call the reserve office on 01577 864439 to book your place.

Hope to see lots of you enjoying the reserve, especially over the Easter Holidays.

Alison

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Farming



So the gauntlet has been well and truly thrown down by Fiona. It's joke books at dawn with votes on a postcard sent to PO Box 90 (which happens to be the average age of my jokes) or visit the website at teuchter jokes dot yahoo bearing in mind the fact that your vote probably won't be counted but you will almost certainly be charged.

Well, when I wrote my last article in January with the ground covered in snow, I never thought that this one would be written with the same prevailing conditions. It is only in the last couple of days that the snow has started to clear from our fields which have been white from 17 December to 12 March with only a small gap for a couple of weeks in mid February. Field work has certainly been affected so there will be a lot of catching up to do from now on.

A hot topic for debate is the use of genetically modified (GM) crops in agriculture and whether they should be grown in the UK or, indeed, Scotland.

GM maize and soya beans in particular are widely grown in north and south America and some other regions of the world, but the subject spawns headlines about "Frankenstein Foods" with their associated cartoons depicting characters from horror films. The companies who have developed these crops are keen to promote their benefits, but other groups are equally forceful in highlighting the pitfalls. Playing piggy in the middle are farmers trying to get to the truth of the matter, and that is certainly no easy task, with very high stakes on each side of the argument, and a media which is only too willing to exploit the headline grabbing aspects.

The potential benefits are very attractive: reduced chemical use, higher yields, drought resistant varieties and plants bred to combat specific human illnesses, to name a few examples. Against this is the fear that a plant bred with certain characteristics such as resistance to weed killers could mutate through cross-pollination with wild plants causing environmental disaster. Genetic modification is a science which must be explored extensively to sort out the fact from fiction and to do this it should be carried out by organisations which are neutral in the debate so as test results would have credibility. I would dare to suggest that governments should be in an ideal position to carry this out.

A vicious, polarised argument is of no benefit to anyone. We all need to know the facts. It could be that certain types of genetic modification are quite acceptable while some may not be. At the moment, they are all labelled with the same prejudice.

With an ever expanding world population and ever increasing pressures on the world's resources, every tool in the box must be available to all the world's farmers. But these tools must be thoroughly checked for their effectiveness and safety. Scottish farmers in particular wait with baited breath.

John

J. MILLER

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Weather



February Weather Report From Carnbo

February continued the cold conditions we endured during the previous two months, leading to the coldest Winter in this area for 47 years (1962-63). Thankfully the snowfalls were much lighter than other severe winters. The heaviest snowfalls were experienced during the winters of 1947, 1951, 1963, 1977 and 1978-79.

Rainfall for month	75 mm (75% of average)
Heaviest fall	29 mm (25th)
Snow days	10, lying days 9, depth 22cms
Highest temperature	5°C (very low)
Lowest temperature	-8°C (23rd)
Average temperature	0.1°C (very low)
0 days with temperature	10°C or above
4 ice days (max. temperature below 0°C)	

Air frost	23 days
Ground frost	26 days
Cloud cover	50%

The prevailing SW. and W. winds were absent this year. This was due to the jet stream taking a more southerly track than normal.

The vital statistics of Winter 2009 - 2010

Total rainfall	174 mm (20% of normal)
Heaviest fall	29 mm (25th February)
Snow days	30
Highest temperature	9°C (20th January)
Lowest temperature	-9°C (23rd December)
Average temperature	-0.4°C (very low)
Ice days	27
Cloud cover	56%
0 days with temperature above 10°C	
86 days with ground frost	
70 days with air frost	

These temperatures confirm that the Winter of 09-10 was the coldest Winter since 1962-63 (47 years).

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Contributors

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Gardens Open

More information about these gardens
can be found on our website,
www.kinrossnewsletter.org
Leisure info also on www.kinross.cc



Gardens

Kinross House gardens are open to the public from April to September, 10am to 7pm daily. Admission: Adults £3, students and OAPs £2 and children free. Kinross House itself is **not** open to the public.

Scotland's Gardens Scheme

SGS was created as a registered charity in 1931. It organises the opening of around 475 gardens, mostly private, ranging from formal castle gardens to groups of small village gardens. 60% of entry fees to gardens in this scheme benefit SGS's chosen charities, principally: The Queen's Nursing Institute, Gardens Fund of the National Trust for Scotland and Maggie's Cancer Caring Centres. The Gardeners' Royal Benevolent Society and The Royal Fund for Gardeners' Children also receive support. 40% of entry fees go to a charitable cause chosen by the garden owner. More details can be found in the book "Gardens of Scotland 2010", and on the website www.gardensofscotland.org

Gardens Open Regularly under SGS

Braco Castle: A 19th century landscaped garden comprising woodland and meadow walks with a fine show of spring flowering bulbs and many mature specimen trees and shrubs. Walled garden, ornamental pond, shrubs and herbaceous borders. Open 1 February to 31 October, 10am to 5pm. Partial disabled access. No dogs. Route: 1 to 1½ mile drive from gates at north end of Braco village, just west of bridge on A822. Admission: £3, children free. 40% to Woodland Trust.

Scone Palace gardens: Extensive gardens, magnificent pinetum, children's adventure playground, maze. Open 1 April to 31 October, 9.30am to 5pm. Admission (grounds only): £5.10, conc £4.50, children £3.50.

Special Days Open in April under SGS

Megginch Castle gardens, Errol are open on **Sunday 11 April** from 2pm to 5pm. 19th century formal front garden, topiary and ancient yews. Splendid array of daffodils. Walled kitchen garden and orchard. Admission: £4, children free. 40% to All Saints Church, Glencarse. Disabled access, dogs on lead welcome, light refreshments. Route: approach from Dundee only, directly off A90, on south side of carriageway, on left after Errol flyover.

Rossie House gardens, Forgardenny are open on **Thursday 15 April** from 2pm to 5pm when early rhododendrons will be on display. Magnificent trees, shrubs and woodland plants. Stream and walled garden. Admission: £4, children free. 40% to Camphill Village Trust. Small plant sales, limited disabled access, dogs on leads welcome, refreshments. Groups, please pre-warn. Tel: 01738 812265. Route: B935 between Bridge of Earn and Dunning.

Local Attraction Opening Times

Lochleven Castle, Kinross

Lochleven Castle, famously where Mary Queen of Scots was imprisoned in 1567, is in the heart of the beautiful Loch Leven National Nature Reserve. Historic Scotland runs a regular boat service, which departs from the fishery pier. Opening times for 2010 are:

- 1 April to 30 September: Daily, 9.30am to last outward sailing at 4.30pm.
- 1 to 31 October: Daily, 9.30am to last outward sailing at 3.30pm.

Admission prices (includes boat trip): Adult £4.70, Child £2.80, Concessions £3.80, HS members free.

There are car parking facilities, toilets and a café close to the ferry departure point. The boat is not equipped to carry passengers in wheelchairs. There are benches, lawns, a gift shop and toilets on the island. Larger groups should contact the site manager on the island (phone 01577 862670) beforehand.

Burleigh Castle, Milnathort

A fascinating tower house dating from around 1500. The grounds are open during daylight hours. The keep can be opened on request. Please follow signs on site for key. In the care of Historic Scotland.



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• Gardens info on our website •



More information about gardens open can also be found on our website,
www.kinrossnewsletter.org

Congratulations



ANDREW McNAB (formerly Sutherland Drive) and Miss **TESS CARTER** (Brisbane, Australia) became engaged recently.

GEORGE STIRLING, Hillside, Cambo and **ALISON GEMMELL**, Drumdow, Stair were married by the Rev Bill Johnston at Stair Parish Church on 13 February 2010.

Douglas and Lesley **SHEPHERD** (née McNab) are delighted to announce the birth of their son **HARRY JAMES** on Sunday 7 February 2010. A brother for Sam.

ALANA McGOURTY, a former pupil of Kinross High School, has graduated from Robert Gordon University with a Bachelor of Nursing (Adult Nursing) degree.

WILLIE COLLISON from David Sands, Kinross, won "Store Manager of the Year" at the company's Annual Awards night at the Keavil House Hotel on Thursday 4 March.

Loch Leven's Larder near Kinross has been nominated for the Deli of the Year Award. Judges will visit in June to see if its customer nominations justify making it an award winner.

SWRI Federation Spring Show

At the recent Perth & Kinross Federation Spring Show, the following were successful:

C Dawson, M Lapsley, J Paterson and E Thomson of Cambo; A Morris, D Morris, M Nelson, Jen Pickard (child) and S Wotherspoon of Cleish; A Messenger and Jamie Morton (child) of Glenfarg; J Munro of Milnathort.

Community Competition:

1st Glenfarg; 2nd (equal) Cambo and Cleish.

Points overall: D Morris, Cleish.

The Perform in Perth festival is taking place as we go to press. We hope to bring you full details of local success next month. In the mean time, see the Kinross & District Pipe Band report for their achievements.

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Kinross-shire Visitor Information Points

Loch Leven Fishing Pier; Robertson's of Milnathort;
Kinnesswood Village Store;
Fossway Stores, Crook of Devon

Thanks



MRS K LIST - special thanks to all people that on earth do dwell, for the kindness shown me on my 90th Birthday. A very lonely auld woman was made happy and wanted just for one day, but it will be with me for the rest of what time I have left. Thank you, one and all.

The Scottish National Blood Transfusion Service would like to thank all those who attended the donor sessions in February, when 248 people volunteered to donate, with 223 donations given. This will be a great deal of help to patients all over Scotland. The service next visits Kinross on 21 and 22 June.

Cadets from the **Royal Signals (Kinross)** detachment bag-packed at Sainsbury's in aid of the Soldiers, Sailors, Airmen and Families Association (SSAFA), raising £464. (*See also Letters.*)

The Kinross Fairtrade Committee wish to thank all those who helped make the activities of Fairtrade Fortnight such a success. Special thanks to Tom Webster and Ian for their great entertainment at our Fairtrade Tea Dance and to Dr Marion Keston for her thought provoking Fairtrade Tea Service and yummy coffee morning at St Paul's. Thanks also to Sainsbury's for launching their campaign to become the biggest retailer of fairly traded products. Now its up to each of us to "Swap when we Shop" and to ask our local retailers for the many more high quality products that are now available. By doing so we can help to greatly improve the livelihood of producers in developing countries, their families and their communities.



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Kinross-shire Churches Together



Kinross Parish Church of Scotland

Station Road, Kinross (Charity number SC012555)

Rev Alan D. Reid MA, BD Tel: (01577) 862952

Reader: Margaret Michie Tel: (01592) 840602

Session Clerk: Jaffrey Weir Tel: (01577) 865780

Church E-mail: kinpc@tiscali.co.uk

Church website: www.kinrossparishchurch.org

All Sunday morning services include a crèche (age up to 3), Junior Church (3 yrs. to Primary 7) and Jam Pact (Secondary Age). All meetings in the church unless indicated otherwise.

Holy Week (28 March – 4 April): See events organised by Kinross-shire Churches Together (KCT) for full programme.

Only events at Kinross Parish Church premises listed below.

March

Sun 28 Palm Sunday 10.30 Service: 'Triumphal Entry'; Annual Stated Meeting after service

19.30 Informal Evening Service (KCT - note change from usual time)

19.30 Church Centre : Crossfire, for S1 age upwards (and every Sun.)

Mon 29 20.00 'Heaven and Earth café', The Muirs Inn Lounge

Tues 30 10.00 Pram Service (and every Tuesday)

14.30 service at Causeway Court

15.30 -21.30 Labyrinth – come and go as you please (KCT)

19.15 The Guild, church centre: Annual general meeting

Wed 31 10.45 Midweek Worship: Reading Room, Church Centre, 30mins.(and every Wed.)

12 noon Mid-week and Mid-day: Time to Pray: 30 min. (and every Wed.)

12.30 – 18.30 Labyrinth (KCT)

April

Thur 1 Maundy Thursday 12.30 – 18.30 Labyrinth (KCT)

19.30 Thursday Group, Church Centre: 'It all comes out in the wash', Mr.A.Clegg

Fri 2 Good Friday 11.00 Children's Activity Service (KCT)

12.00 Soup Lunch at Church Centre followed by Walk of Witness at 13.00 (KCT)

19.30 Good Friday service

Sun 4 Easter Sunday 07.15 Service in Kirkgate Park, then breakfast at church centre (KCT)

10.30 Easter Sunday Service: 'resurrection'. Informal Communion follows service at 11.45.

19.30 Easter Songs of Praise (KCT)

Mon 5 08.00 Silent Meditation (30 min.)

20.00 Heaven and Earth café, Muirs Inn lounge

Tue 6 14.30 Service at Whyte Café

Sat 10 08.30 Prayer Breakfast, Church centre (1 hr.)

Sun 11 10.30 Morning Service led by Margaret Michie

Thu 15 21.00 Time to Pray – 'Compline': a short service with readings and responsive prayer

Sun 18 10.30 Morning Service led by Margaret Michie

Fri 23 9.30 Concert: St.Serf's Singers. Tickets £5

Sun 25 10.30 Morning Service: 'Struggling with Sin'
18.30 Informal Evening Service

Tue 27 20.00 Prayer meeting (1 hr)

All are welcome to any of these services or prayer times

Saturday break Most Saturdays mornings at the Church Centre, there is a second hand book stall and café serving tea, coffee and fresh baking 10a.m. -12 noon.

Housegroups meet on Wednesday and Monday evenings (contact Margaret Michie 01592 830602).

Premises to lease. To rent the church centre contact Helena Cantel 862923 or email helenacant@aol.com, to rent the church contact Anne Miller tel: 865610.

St Paul's Scottish Episcopal Church

Muirs, Kinross, KY13 8AY

Rev Dr Marion Keston

Telephone: (01577) 866834

Website: www.stpauls-kinross.co.uk

April Services

Thu 1 Maundy Thursday, 10.00am, Holy Communion.

Fri 2 Good Friday, 2pm, Prayers at the foot of the Cross followed by Holy Communion.

Sun 4 Easter Day, 8.30am, Holy Communion, 11.00am, Easter Communion.

Sun 11 2nd Sunday of Easter, 8.30am, Holy Communion 11.00am, Family Communion.

Sun 18 3rd Sunday of Easter, 8.30am, Holy Communion 11.00am, Family Communion.

Sun 25 4th Sunday of Easter, 8.30am Holy Communion 11.00am, Sung Eucharist.

Thu 29 9.30am, Service of Prayers for Healing.

Sunday School and Crèche during the 11.00am Services.

Thursday Morning group Bible Study. Everyone welcome.

For further information, please contact Sarah Oxnard, telephone (01577) 864213.

St James's R C Church

5 High Street, Kinross, KY13 8AW

Father Colin Golden Telephone: (01577) 863329

Mass Times Saturday Vigil 7.00pm

Sunday 9.30am

Please look out for other information on other parish activities in the Sunday newsletter.

Kinross Christian Fellowship

Further information: (01577) 863509

Jesus said, "I come among you as one who serves."

Church and Children's Sunday Club

Every Sunday at 10.30am

in the Millbridge Hall, Old Causeway, Kinross.

During each service there will be a time for ministry and prayer for healing.

Healing Rooms Kinross

The Healing Rooms (part of an international organisation) takes place every Thursday from 11.00 am to 1.00 pm in the Millbridge Hall. Healing Rooms is manned by a team of Christian volunteers from every denomination freely offering their time and prayers. Everyone is welcome and no appointment is necessary.

For further information please call 07766515950 or 07732485305 or visit www.healingrooms-scotland.com

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Cleish Parish Church**Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231
 E-mail: joanne.finlay196@btinternet.com
 Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services 11.15am
Crèche 11.15am
Junior Church 11.15am

April**Holy Saturday 3rd April, 7.30pm- Easter Vigil**

Sun 4 11.15am Easter Sunday worship
Sun 11 11.15am Low Sunday
Sun 18 10am - Early Birds Worship,
 11.15am Preacher: Rev. Joanne Finlay
Sun 25 11.15am Preacher: Rev. Joanne Finlay
 Easter Sunday Brunch in village Hall 10.15am.

Fossoway Parish Church**Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231
 E-mail joanne.finlay196@btinternet.com
 Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services at 9.45am**Junior Church, crèche,****“Wrigglers Group” (0-3 year olds)** at 9.45am,**Teens:** first Sunday of the month at 10am**Tots Music:** Friday mornings in hall, 9am**Refresh Coffee Club:** Every Thursday, church hall, 2-4pm**Yoga classes:** Wednesdays 9.30am and Mondays**Lenten Reflections:** Thursday 2-2.30pm in church**Housegroup/Bible Study group:**

contact Margaret Hamblin (01577 850252)

Wednesday 30th March, 7.30pm - Holy Week service**April**

Sun 4 9.15am Easter Communion
 9.45am Easter Worship
Sun 11 9.45am Preacher: Reader, Brian Ogilvie
Sun 18 9.45am Preacher: Rev. Joanne Finlay
Sun 25 9.45am Preacher: Rev. Joanne Finlay

Monday 19th - Children's Holiday Club**Saturday Night Worship****Last Saturday of each month, 7.30 – 10pm**

Millbridge Hall, Kinross (prayer available)

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For further details contact Sarah Corsar 07795313864

Kinross Gospel Hall

Montgomery Street, Kinross

Website: www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.00pm	Sunday School
	6.00pm	Prayer Meeting
	6.30pm	Gospel Meeting
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Wednesday	6.30pm	Children's Club (term time)

Orwell and Portmoak Parish Church**Church of Scotland**

Rev Dr Robert Pickles Telephone: (01577) 863461
 E-mail: robert.pickles1@btopenworld.com

Sunday Worship, Junior Church and crèche:

10am Portmoak Church, 11.30am Orwell Church

Prayer Meeting held 30mins before each service**Service at Ashley House:** first Thursday of the month at 2.30pm**Services at Levenshulme:** first Tuesday of the month at 4pm

Oasis Ladies' meeting in Portmoak New Room
 10.15 - 11.45am last Friday of the month.

Youth Drop In Tuesdays 7pm till 8.30pm

Guild meets 2nd and 4th Tuesdays in Orwell Hall from
 7.30pm between September and March

Holy Week Services

Sunday 28th Mar	Palm Sunday
Monday 29th Mar	8pm at Orwell
Tuesday 30th Mar	8pm at Portmoak
Wednesday 31st Mar	8pm at Orwell
Thursday 1st April	7.30pm at Portmoak
Joint Service with other churches	
Friday 2nd April	8pm at Orwell
Good Friday	Remembering the Cross
Saturday 3rd April	11.30pm at Portmoak

Easter Watchnight Service

Sunday 4th April – Easter Family Service & Egg Hunt

10am at Portmoak Church & 11.30am at Orwell Church

Sunday 23 May - Pentecost Sunday

10am Portmoak Church & 11.30am Orwell Church

Come and visit our new shop at 29 South Street, Milnathort. Open
 Mon – Sat. 10am till 4pm. We have a selection of books and gifts
 for sale. Printing & copying facilities available, Meeting room to let.
 Recycle your Stamps, Batteries, Ink/toner cartridges, Spectacles.

Contact Janice in Office 01577 861200
 orwellportmoakchurch@yahoo.co.uk

Holy Week and Easter

(in conjunction with Kinross-shire Churches Together)

March

Sun 28 Palm Sunday 7.30pm – Informal Evening Service,
 Kinross Parish Church

Mon 29 7.30pm – Stations of the Cross – St James' Roman
 Catholic Church

Tue 30 3.30 – 9.30pm – Labyrinth, Kinross Parish Church

Wed 31 12.30 – 6.30pm – Labyrinth, Kinross Parish Church

7.30pm – Evening Worship, Fossoway Parish Church

April

Thur 1 Maundy Thursday 10.00am – Communion Service,
 St Paul's Episcopal Church

12.30 – 6.30pm – Labyrinth, Kinross Church

7.30pm – Handwashing and Communion,
 Portmoak Parish Church

Fri 2 Good Friday 11.00am – Children's Activities,
 Kinross Parish Church

12 noon – Soup Lunch at Kinross Church Centre

1pm – Walk of Witness, Church Centre to St Paul's

2.00pm – Communion Service, St Paul's Episcopal Church

7.30pm – Good Friday Service, Kinross Parish Church

Sat 3 Holy Saturday 7.30pm – Evening Worship, Cleish
 Parish Church

11.30pm – Easter Vigil, Portmoak Parish Church

Sun 4 Easter Sunday 7.15am – Joint Easter Service

at Kirkgate followed by breakfast in Church Centre

10.30am – Easter Morning Service, Kinross Parish Church

11.45am – Easter Communion, Kinross Parish Church

7.30pm – Easter Songs of Praise, Kinross Parish Church

Obituaries

HARDIE – Very suddenly, at Cornhill Macmillan Centre, Perth, on Wednesday 24 February 2010, after many years of bravely living with cancer, **Christine Scott Hardie**, aged 77, of Whyte Place, Milnathort and formerly of Waulkmill, Crook of Devon. Dear wife of the late George, much loved mother of Elaine, gran of Michelle and Heather and sister of Eileen and Douglas. Funeral service took place at Fossoway Parish Church, Crook of Devon on Friday 5 March and she was buried beside her late husband, George, in Fossoway Cemetery.

COLLIAR – Peacefully, at Queen Margaret Hospital, Dunfermline on Thursday 25 February 2010, **Annie 'Nan' Colliar**, aged 94, of Ashley House and formerly of Marshall Place, Milnathort. Beloved wife of the late Jim, mother of George and a much loved grandmother and great grandmother. Funeral service took place at Orwell Parish Church, Milnathort on Friday 5 March and she was buried beside her late husband, Jim, in North Burial Ground, Kinross.

McMILLAN – **Margaret McMillan** of Cameron Avenue, Kinross died suddenly at Perth Royal Infirmary on 11 January 2010. Beloved wife of Jimmy, much loved mother of Jimmy, Heather, Catriona, Nelson and Joan, devoted granny and great-granny and dearest mother-in-law.

If tears could build a stairway

And memories a lane,

I'd walk right up to heaven

And bring you home again.

She will always be in our hearts.

ROBERTSON – **John** died in Melbourne, Australia on 4 February 2010. John was born in Kinross on 11 August 1949 in Brewery Lane, to Robert and Janet Robertson. He attended Kinross Primary and Secondary School. He left school aged 15, working three years as an apprentice butcher and bacon curer. He then served six years in the army before emigrating to Australia in 1973, where he died peacefully in hospital after many years of bad health. He is sorely missed by his older brother and family in Australia, and his sister and family in Kinross.

NEALE – **Muriel** and her family moved to Kinross in 1981 at which time she became an active member of the local community, involved in various groups and active in raising funds to support these groups. Her love of community involvement also extended into her work at Sands Ironmongers until she retired last year due to illness.

In March 2009 Muriel was diagnosed with Motor Neurone Disease. After a courageous battle with the disease, Muriel passed away peacefully at Cornhill Macmillan Centre, Perth on Monday 8 February 2010.

She will be remembered by all who knew her for her warm heart, willingness to help others and her sense of humour. Much loved and sadly missed, survived by husband Bill, sons Christopher and Stewart and grand-daughter Rebecca.

BRUCE – **Billy Bruce** passed away on Saturday 13 March 2010 while in hospital in Melbourne, Australia. Billy had been ill for many years, with a variety of illnesses, all that he bore with great fortitude and courage.

Billy was the eldest son of Bill and Betty Bruce, 5 Muirfield Grove, Kinross, and was the brother of Gail and Gordon.

Billy met his wife, Tricia in 1974, when she was in Scotland on a gap year holiday. For some of that year she worked at the Kirklands Hotel. Billy emigrated to Melbourne in 1975 and married Tricia in 1976. Billy and Tricia had two children, being Billy and Lisa.

Billy was born and bred in Kinross. He was educated at the local Primary School and Kinross Secondary School, as it was then called. His great passions were the Boys Brigade, and Kinross Pipe Band. Billy joined the 1st Kinross BB Company in 1962, and stayed in the company until he emigrated in 1975. He rose through the ranks until he was commissioned as an officer the early 1970s. During his time in the BBs he was charged with playing the Last Post on his bugle at the Kinross Remembrance Day parade.

Billy and his father Bill were members of the Kinross Pipe which won the World Pipe Band Championships (Grade 3). Billy was an excellent piper and when in Australia he became the pipe-major of a number of first class bands. He returned to Scotland to play in the World Championships and the Edinburgh Tattoo.

Billy was a Kinross man through and through, and will be sadly missed by his family and friends, and all those who knew him. Our thoughts are with Tricia, Billy, Lisa, Betty, Bill and their family.

Acknowledgement

McMILLAN – The family of Margaret McMillan would like to thank everyone for their kind thoughts, calls and cards after Margaret's death. Also thanks to Stewart Funeral Directors for their kind words and support and looking after us with professionalism and courtesy at the funeral home and Perth Crematorium.

A very special thanks to Margaret Michie for her guidance, support and a lovely service at Perth Crematorium.

Donations of £170 went to both the British Heart Foundation and the Diabetes Research and Wellness Foundation, two of Margaret's many charities she supported.

NEALE – The family of Muriel Neale would like to express their thanks for all cards and kind words received, and for the tremendous presence at Kinross Parish Church where a collection of £675 was raised for the Cornhill Macmillan Centre, Perth.

The family would also like to thank the team at Cornhill Macmillan Centre, doctors, district nurses, community staff and friends for all the support and kindness shown to Muriel and her family through this difficult time.

Recently bereaved? Needing some support? AMONGST FRIENDS

(Bereavement Group)

meets at the Health Centre, Lathro, Kinross
on the last Friday of the month, 2.30pm to 4pm

A warm welcome awaits all

For details phone

Hazel 01577 863461 or Marg 01577 863557



Playgroups & Nurseries

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell
(only 10 mins from Milnathort and Kinross)

Babies and Toddlers (birth – 3yrs)
Tues 10:00am - 11:30am

Playgroup (2yrs onwards)
Mon & Fri 10:00am – 12noon

Contact Carolyn Robertson 01383 831129

LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross
Session times

Tuesdays 9.30 - 11.15, Fridays 9.30 - 11.15
Contact - Tracey 01577 863468

All Mothers, Fathers, and Carers with children aged birth to 3 years are welcome to attend.

LOCHLEVEN TWOS CLUB

Masonic Hall, The Muirs, Kinross
Thursdays 9.30 to 11.15 (term time only)

Suitable for children from about 18 months to pre-school. We have lots to offer including playdo, painting, craft, dressing up and a variety of toys. A snack is also provided. This is also a great place for parents and carers to have a coffee and chat whilst their children play. Younger siblings welcome.

Contact Sophie Irvine on 01577 863288
for further details.

FOSSOWAY TODDLERS

The Institute, Crook of Devon

Wednesday 9.30 a.m. - 11.15 am

All Mums to-be and Mothers, Fathers and Carers with children aged birth to 3 years are welcome to attend.

Contact - Fiona Eastop 01577 864194

FOSSOWAY PRE-SCHOOL GROUP

Moubray Hall, Powmill

Partner-provider for P&K Education

Places available for 3-5-year-olds and Rising Fives
Sessions daily 9.15 – 11.45

Contact Pat Irvine 01577 840584 or
www.childcarelink.gov.uk/perthandkinross



SWANSACRE PLAYGROUP

21-23 Swansacre, Kinross

Kinross-shire Playgroup Association
aka Swansacre Playgroup

Registered Scottish Charity Number SCO17748



TEL: 01577 862071

www.swansacreplaygroup.org.uk

Swansacre Playgroup provides a warm, friendly and stimulating environment in which children can learn and develop essential social skills through play.

Playgroup sessions – Mon to Fri 9.15-11.45am

Children from the age of 2 yrs welcome.

Rising Fives Mon & Wed 1.00-3.15pm, with lunch club beforehand.

This is complementary to Nursery.

For more information please contact Alisa 07796 213312 or Playgroup 862071.

Baby and Toddler Group – Thurs 1pm-3pm

Ante-natal to pre-school. Fun for children, coffee and chat for the parent/carer. For more information contact Amanda 861434.

The premises are available to hire for **Private Functions**. We now have an Entertainments License
For more information contact Kate 863309 .



MILNATHORT BABIES & TODDLERS

Orwell Church Hall

Thursday & Friday, 10.00 - 11.30 am

Contact: Susan Britton 01577 863385 or
07737 461 293

GLENFARG BABY AND TODDLER GROUP

Village Hall, Greenbank Road, Glenfarg

9.30am to 11.30am during term time

A healthy snack is provided for children and tea/coffee and biscuits for carers. We also provide a craft activity each week.

First session free and £2 thereafter
(£1 for second child). All welcome.

Contact Jenny Holt-Brook on 01577 830577,
email jennyholtbrook@yahoo.co.uk
or just come along.



Notices

Orwell Bowling Club BINGO TEA

Wednesday 7 April at 7.30pm

Entry £1 inc. refreshments. Bring your own cup please.

Henderson Grass Machinery Ltd

invite you to our

Public Open Day

Saturday 10 April 9am to 4pm

Food Served All Day

Free Prize Draws Special Spring Offers

Henderson Grass Machinery Ltd, 1 Clashburn Close,
Bridgend Industrial Estate, Kinross, KY13 8GD

Orwell Bowling Club

Opening of the Green Social and Dance

Saturday 17 April

featuring A BOY AND A BIRD. Bingo at 8.00pm.

Entry £2 non-members (members £1)

Kinross Floral Art Club

Coffee Evening

in Upper Hall, Kinross Church Centre

on Thursday 22 April at 7.15pm prompt

Demonstrator – Mary Clark
Title – “Flowers & Medicine”

Tickets £5.00 inc. supper Payable at the door
Bottle stall & raffle



Kinross-shire Local Events Organisation



Film ‘Harry Potter and the Half-Blood Prince’ (12A)

at Community Campus

Friday 23 April

at 7pm (doors open at 6.30pm)

Tickets (£3 for 18 and under (accompanied) and £5 for adults) are available from Sporting Chance from 15 April onwards and tickets will be sold on the evening at the door.
www.kleo.org.uk

Light Up Kinross AGM

on Thursday 29 April at 7.30pm

in the Stewart Room at the Windlestrae Hotel

PORTMOAK GALA

Saturday 26 June

If anyone wishes to be on the organising Committee, or would like a stall on the day, or has a performance group that could join in the gala celebrations, please telephone Sandra Davidson on 07900 196742

Bishopshire Horticultural Society

PLANT SALE

Teas and Coffees

Portmoak Hall

Saturday 1 May 10am – 12 noon

Come along and stock up your garden for summer

CEILIDH DANCE

Saturday 15 May 8-12pm

Portmoak Village Hall, with the Glenfarg Ceilidh Band

Tickets £10.00 adult £5.00 child

in aid of hall funds

Supper included Licensed bar

Tickets available from Kinnesswood Village Shop

Elizabeth Porter – tel. 01592 840655

and Joan Smith – tel. 01592 840561

Wash House, Scotlandwell

Can you help?

Do you have any memories of the Wash House in use?

Do you have any pre 1960 photographs of the building which you would be prepared to lend?

If so, the committee of Scotlandwell in Bloom would be delighted to hear from you. Jane Martin 01592 840216

Music in Kinross Parish Church

The season continues with visits from two choirs and a Home Bru concert. All concerts are Friday evenings at 7.30pm.

St Serf's Singers, conducted by Joan McKinnon, are locally based and do a great job raising money in good causes with their singing. Their concert is on **23 April**. Tickets £5.

The Home Bru will include winning performances from the Perform in Perth competition in March and much more besides. This too will be in a good cause and will take place on **7 May**. Entry free but retiring collection.

The Strathcarron Singers came last year to sing, and we enjoyed them so much, we have asked them back again. They have a new conductor and new repertoire. They are coming on **21 May**. Tickets £5.

Tickets for the two choir concerts can be bought at NEWS PLUS on the High St or at the door on the night of the concert.



Kinross-shire Residents Association



As Chairperson of Kinross-shire residents association, I would like to invite you to come along and support us at our AGM, plus our open meetings. We cannot keep going if you do not come and find out what we do. At our open meetings we have guest speakers, updates from our local police officer and also from Councillors. There is only so much we can do. This is your chance to help get things done in your area. The committee cannot help you with repairs.

You can contact me by letter 22 Montgomery Street, Kinross KY13 8EB or by email robinasmith@amservice.com

Community Councils

Kinross: Secy: Mrs M Scott (01577) 862945
KinrossCommunityCouncil@pkc.gov.uk
Cleish & Blairadam: Secy: Mrs M Traylor (01383) 830059,
CleishCommunityCouncil@pkc.gov.uk
Milnathort: Chair: Mr J Giacomazzi (01577) 864025
MilnathortCommunityCouncil@pkc.gov.uk
Fossoway & District: Secy: Trudy Duffy-Wigman (01577) 840669,
FossowayCommunityCouncil@pkc.gov.uk
Portmoak: Secy: Mr J Bird (01592) 840368,
PortmoakCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
David Colliar	10 Rannoch Place	864037
Dave Cuthbert (Chair)	Highfield Circle	861001
Barry M Davies	60 Lathro Park	865004
Ian Jack (Treasurer)	Burnbrae Grange	863980
Laura Mackay	Brunthill Farm	07872 499145
Dot Mackay	29 Green Park	864635
Joe Richardson	47/49 High Street	863152
Margaret Scott (Secy)	21 Ross Street	862945
Campbell Watson (Vice Chair)	7 Gallowhill Gardens	861544

Perth and Kinross Councillors

Kathleen Baird, Easter Clunie, Newburgh, Fife, KY14 6EJ
Tel (home): 01337 840218.
Email: kbaird@pkc.gov.uk
Michael Barnacle, Moorend, Waulkmill Road, Crook of Devon,
Kinross, KY13 0UZ. Tel/Fax (home): 01577 840516.
Email: Michael@mabarnacle.freeserve.co.uk
Sandy Miller, c/o Perth & Kinross Council, 2 High Street, Perth,
PH1 5PH. Tel (business): 01577 840462.
Email: SMiller@pkc.gov.uk
William Robertson, 85 South Street, Milnathort, Kinross,
KY13 9XA. Tel (home): 01577 865178.
Email: wbrobertson@pkc.gov.uk

Kinross Recycling Centre, Bridgend

Opening Times: **Mondays to Fridays** 9am to 7pm
Saturdays and Sundays 9am to 5pm

Aluminium & Steel Cans, Car Batteries, Cardboard, Engine Oil,
Fluorescent Tubes, Electricals (inc Fridges, Freezers, Televisions &
Monitors), Garden Waste, Glass Bottles & Jars, Inert Waste, Metal,
Paper, Phone Directories, Plastic Bottles, Textiles, Wood.

Fossoway and Cleish Community Office

A service for the Community, open:
Thursdays 2 pm - 4 pm
Saturdays 10am -12 noon

Out of hours there is an answering machine

Tel: 01577 840185 Email: fcco@btinternet.com

Regular Library Sessions for Young Children

At Loch Leven Community Library.
No need to book, just come along.

Story Telling

every Monday morning 10.15 – 10.45 am
and every Thursday afternoon 2.15 – 2.45 pm

Bookstart Rhymetime

every Saturday 10.30 – 11 am
and every second Wednesday 2.00 – 2.30 pm
(next Wed session: 7 April)

Bookstart Book Crawl: For children aged 0 to 4: On each
visit to the library, children are given a sticker. After
collecting four stickers, they are awarded a certificate.

Member of Parliament for Ochil & South Perthshire Constituency Gordon Banks MP

www.gordonbanksmp.co.uk

Email: constituency@gordonbanksmp.co.uk

For dates and locations of regular advice surgeries, or to raise any
concerns you may have, please contact the constituency office:
telephone 01259 721536, fax 01259 216761 or write to 49-51 High
Street, Alloa, FK10 1JF.

MSP for Ochil Constituency Keith Brown MSP

will be holding regular

surgeries throughout his constituency area.

For information on dates, locations and to book an appointment
time, please contact his assistant on **01259 219333.**

Keith can also be contacted by email at

keith.brown.msp@scottish.parliament.uk
or by writing to **80 Mill Street, Alloa, FK10 1DY**

Members of the Scottish Parliament

All MSPs can be contacted at the following address:
The Scottish Parliament, Edinburgh, EH99 1SP

MSPs for Mid Scotland and Fife Region

Claire Baker MSP (Scot Labour) Tel: 0131 348 6759

Email: Claire.Baker.msp@scottish.parliament.uk

Ted Brocklebank MSP (Scot Cons) Tel: 0131 348 5610

Email: Ted.Brocklebank.msp@scottish.parliament.uk

Murdo Fraser MSP (Scot Cons) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@scottish.parliament.uk

Christopher Harvie MSP (SNP) Tel: 0131 348 6765

Email: ChristopherHarvie.msp@scottish.parliament.uk

John Park MSP (Scot Lab) Tel: 0131 348 6753

Email: John.Park.msp@scottish.parliament.uk

Dr Richard Simpson MSP (Scot Lab) Tel: 0131 348 6756

Email: Richard.Simpson.msp@scottish.parliament.uk

Elizabeth Smith MSP (Scot Cons) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@scottish.parliament.uk

Mobile Library – Blairingone and Milnathort

Every Second Wednesday

Next visits: 7 and 21 April

Blairingone	9.30am - 9.45am
Westerloan, Milnathort	2.10pm - 3pm
Bridgefauld Road, Milnathort	3.05pm - 4pm

Any queries telephone AK Bell Library 01738 444949

Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross, KY13 8FQ

Telephone: 01577 867205

Email: kinrosslibrary@pkc.gov.uk

Opening Times

Monday	10am – 6pm
Tuesday, Wednesday, Thursday	10am – 8pm
Friday	10am – 6pm
Saturday	10am – 3pm

The Library will be CLOSED on
Fri 2, Sat 3 and Mon 5 April.

Kinross District Counselling Services

Kinross District Counselling Services offers a new, fully
supervised, confidential counselling service brought to you in
association with The Web Project.

It is open to all-comers.

To make an appointment call Hilary 07930 682902 or Wendy
07762 892252 (donations welcome to cover costs).

You can see us at “The Web”, 28 New Road,
Milnathort, KY13 9XA.

Kinross-shire *Day Centre*

Table Tennis • Carpet Bowls • Videos • Cards • Dominoes
Daily Papers • Chiropody • Trips • Exercises

Weekly Programme

Monday	Elderberries	1.30 pm	
Tuesday	Bingo	1.30 pm	
Wednesday	Morning Service	10.45 am,	Quiz Afternoon 1.30 pm
Thursday	Art Class	1.30 pm,	Film Afternoon 1.30 pm
Friday	Carpet Bowls	10.30 am,	Scrabble 1.30 pm

Additional Events for April

Barge Trip
Concert

Friday 2nd at 9.30 am
Wednesday 21st at 1.30 pm



Coffee Bar open 9 am - 4 pm, Senior Citizens Lunches Daily
Telephone: 01577 863869



LOCAL CHEMIST INFORMATION



Rowlands Pharmacy, Kinross

(opposite David Sands)

Mon - Fri: 9.00 am - 6.00 pm
Saturday: 9.00 am - 5.00 pm
Sunday: 12.00 - 1.00 pm
Tel: 862422

Davidson's Chemist, Milnathort

Mon to Fri: 9.00 am - 1.00 pm &
2.00 pm - 6.00 pm
Saturday: 9.00 am - 12.30 pm
Tel: 862219



School Holidays 2009-2010

	<i>start date</i>	<i>end date</i>
Spring Holiday	Fri 2 April 2010	Fri 16 April 2010
Academic year ends		Fri 2 July 2010

In Service Days

2010: Monday 19 April.

Other Holidays

May Day: Monday 3 May 2010 (to be confirmed).

Perth Citizens Advice Bureau

The Kinross Outreach Advice Surgery is held on the **second and fourth Tuesday of the month** from 1.30pm to 3.30pm at St Paul's Church Hall, The Muirs, Kinross.

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you – our advice is free, confidential, impartial and independent. Contact us: Advice line 01738 624301; Appointment line 01738 564304.

Perth Association for Mental Health

PAMH is a community based non-profit organisation providing services for people recovering from mental health problems. PAMH offers Counselling, Day Services and hosts a Depression Support Group and Bipolar Support Group. For more information telephone (01738) 639657. Website: www.pamh.co.uk

Kinross Garden Group

We are planning a trip to the **Gardens of Ireland**
Sunday 12 to Saturday 18 September 2010
This is open to any residents of Kinross-shire and friends
Any one wanting to join this trip, telephone
Mrs C Rodger 01577 863785 for more details.

Kinross-shire Volunteer Group and Rural Outreach Scheme

Registered Charity No. SC015642

Charges to service users (as at 1/10/08)

Perth, Dunfermline	£8
Stirling, Kirkcaldy	£8
Stracathro	£25
Dundee	£15
Edinburgh	£15
Loch Leven Health Centre, local area	£3
Loch Leven Health Centre, outreach area	£4
Co-ordinator: Ann Munro 01577 840196.	



Grants and Funding Websites

www.pkgrantsdirect.com
www.scottishcf.org

Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the [kinross.cc](http://www.kinross.cc) website before applying to **check whether a position is still available**. (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Property Sales Negotiator (full time), Andersons LLP, Kinross

A great opportunity for an enthusiastic, able person to join a thriving Property Department. Experience of property useful, but not essential. More important is assurance, confidence and personal approach with the public. You will be involved in all aspects of property sales and letting.

Apply in writing enclosing CV to Mr John J Kenny, Property Manager, Andersons LLP, 40 High Street, Kinross KY13 8AN.

Domestic Cleaner, CIA Ltd, Kinross (part time)

Rate of pay is £8.50 per hour. Applicant must hold a driving licence and have own car. Experience is essential.

Call Richard Scott on 07999 510 500

Central Reservations Supervisor, The Green Hotel, Kinross

You will be responsible for the smooth operation and management of all reservations at our two hotels in Kinross. Must have excellent communication skills. Positive attitude, enthusiasm and ability to drive for results essential. Previous experience of Rezlynx advantageous.

CV and letter of introduction to Lavelle Turner, The Green Hotel, 2 The Muirs Kinross, KY13 8AS or email

lavelleturner@montgomeryhotelgroup.com

Part-time barstaff, Rushes Bar, Windlestrae Hotel

Main duties include serving customers, keeping all bar areas clean and tidy, stock and replenish. Previous experience preferred. Requires strong communication skills, innovative, proactive and reliable. Must be 18+ yrs old, 20 hrs per week.

Apply in writing to Bruce Robbie, General Manager, The Windlestrae Hotel, Muirs, Kinross, KY13 8AS or email brucerobbie@montgomeryhotelgroup.com

Recycle your waste and help the Friends of Wumenu Community Farm

(Charity No SC037724)

www.friendsofwumenufarm.org.uk

The charity will take: old agricultural tools, bikes, clothes, fabrics, old sewing machines, art materials, duvets, curtains, blankets and bedding, kitchenware, toys, clothes, play equipment, power tools, garden tools and unwanted electrical goods in any condition. All goods can be collected.

Telephone Amu-Logotse on 07985 623870 or Barbara Willey on 01577 863063.

Perth & Kinross Council

Kinross Area Office

21 High St, Kinross

Customer Service Centre

(Mon to Fri, 8am-6pm)

Out of Hours Emergencies

(Roads, flooding, environmental health and dangerous buildings)

Clarence (for non-emergency road and lighting defects)

www.pkc.gov.uk

Tel: 01577 862351

Tel: 01738 475000

Tel: 01738 625411

Tel: 0800 232323

Classified Adverts

The Newsletter publishes items for sale listed on the [kinross.cc](http://www.kinross.cc) website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter.

Items for Sale

Stair lift

£00.00

Straight stair lift, left hand (looking up stairs). Used for 3 months at end of 2008. Pick up Kinross.

Seller Details: Angus McCulloch 01577 862341

Email: angus.mcculloch1@tesco.net

Hoover Slimline Dishwasher

£75 ono

9 place settings, 6 programmes, 3 temperatures, rapid wash action, AAA rated. Can deliver locally. One year old.

Seller Details: Gena Phillips 01577 864726

Email: gena57@hotmail.co.uk

Kinross & District Rotary Club

Citizen of the Year Award 2009/10



The Rotary Club's "Citizen of the Year" award

is presented annually to an individual (or team of individuals) for significant positive contribution to community life in Kinross and district.

The Rotary Club motto, **Service above Self**, should be the basis of such an award and nominations received will be judged on this criterion.

Nominations can be made by individuals or organisations and should be received by the Rotary Club before **31 March 2010**. The Council of the Rotary Club will consider all nominations received and the presentation of the Citizen of the Year Award will be made in June 2010.

To nominate someone for the award, please write to the Secretary of the Rotary Club with the name of the person you are nominating and the reasons why you believe that person should be **Citizen of the Year**.

No letters of nomination will be returned and the Council's decision, which will be final, will be made known as soon as possible in the Newsletter. All correspondence will remain confidential.

David Reid, President

Please address all nominations to:

Kelvin Reay, Secretary

Rotary Club of Kinross and District

c/o Windlestrae Hotel, Kinross

Or submit by email to: reay849@btinternet.com

Blythswood Care

Sainsbury's Car Park

(if car park is full, van will park nearby,
e.g. Park & Ride or Ochil View)

**Tuesday 20 April
between 10.30 am and 11 am**

Further details from 862258

Diary

*A more extensive and regularly updated
Diary of Events can be found on www.kinross.cc*

March

Page

Fri, Sat	26, 27	Dance Connect "I've gotta feeling", community campus	
Sat	27	Potager Garden Daffodil Tea, 10.30am - 12 noon	
Sat	27	Kinross Tennis Club Open Day, 10.30am - 3pm	68
Sat	27	Kinross Golf Club 2010 season opening match	
Sat	27	Quiz Night - Trek Peru, 8pm Portmoak Hall	
Sun	28	British Summer Time begins. Clocks go forward one hour at 1am	2
Sun	28	Holy Week begins	81
Mon	29	Development strategy meeting for Cambo, Cambo Hall 7.30pm	
Mon	29	AGM of Cleish & Blairadam CC	35
Mon	29	Heaven and Earth Cafe	80
Wed	31	Close of nominations - Citizen of the Year Award	91

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Thu	1	Fifty Plus Club meets	36
Thu	1	Kinross Camera Club meets regularly	48
Fri	2	School Easter holiday begins	90
Sat	3	Nature Detectives at Levenmouth Woods	74
Sat	3	Portmoak Film Society	37
Sun	4	Easter Sunday	
Tue	6	Fossway & District CC meets	32
Wed	7	Mobile library visits Blairingone and Milnathort fortnightly	89
Wed	7	Orwell Bowling Club Bingo Tea	86
Wed	7	Kinross CC monthly meeting and AGM	22
Thu	8	Kinross Garden Group meets	36
Sat	10	Public Open Day at Henderson Grass Machinery	86
Sat, Sun	10, 11	Optics Demonstration at RSPB Vane Farm	74
Sat	10	Puppet Making and Storytelling at RSPB Vane Farm	74
Sat	10	Kinross Bowling Club opens for season at 2.30pm	
Sun	11	Turkey Shoot at Green Hotel Ice Rink	68
Mon	12	Croquet season begins	59
Tue	13	Portmoak CC monthly meeting and AGM	30
Wed	14	Kinross-shire Civic Trust AGM	51
Sat	17	Classical guitar music at Common Grounds	47
Sat	17	Orwell Bowling Club Opening of the Green	59
Sat	17	Orwell Bowling Club Social and Dance	86
Mon	19	Outdoor cricket resumes	64
Mon	19	Kinross Ladies Hockey Club AGM	67
Mon	19	NEWSLETTER DEADLINE	1
Tue	20	KHS Parent Council meets	43
Tue	20	Blythswood Care collection	91
Tue	20	Pupils return to school after Easter holidays	90
Thu	22	Floral Art Club Coffee Evening	86
Thu	22	Milnathort CC monthly meeting and AGM	25
Fri	23	KLEO and PFS present: Harry Potter and the Half-Blood Prince	37, 86
Fri	23	St Serf's Singers in Kinross Parish Church, 7.30pm	86
Sat, Sun	24, 25	Kinross in Bloom plant up hanging baskets	41
Thu	29	10km Race	42
Thu	29	Light Up Kinross AGM	86

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Sat	1	Bishopshire Horticultural Society Plant Sale	86
Fri	7	Home Bru Concert in Kinross Parish Church, 7.30pm	86