



# Kinross Newsletter

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## DEADLINE for the June Issue

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**Saturday 29 May 2010**

## Contributions for inclusion in the Newsletter

The Newsletter welcomes items from clubs, community organisations and individuals for publication. This is free of charge (we only charge for commercial advertising - see below right). All items may be subject to editing. Please also see our Letters Policy on page 2. Submit your item (except adverts) in one of the following ways:

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(all emails will be acknowledged)

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## CONTENTS

From the Editor .....	2
Letters .....	2
News and Articles .....	6
Police Box .....	12
Community Councils .....	13
Club & Community Group News .....	21
Sport .....	34
News from the Rurals .....	45
Out & About .....	46
Gardens Open .....	48
Congratulations and Thanks .....	49
Church Information, Obituaries .....	51
Playgroups & Nurseries .....	54
Notices .....	55
Day Centre & Chemists .....	58
Classified Adverts, Situations Vacant .....	59
Diary .....	60

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# Letters

## Editorial

P&KC has now produced a plan for Kinross following the community engagement last year (see p. 9). Some of the proposals (e.g. the link road and town centre improvements) were also contained in the Kinross Strategy of 1995, so we must hope that this time they will be realised. The appearance of Kinross town centre was a major issue identified by the community during the engagement exercise, and our Letters page this month also bears that out. The improvements cannot come soon enough.

Something else that has become apparent from the letters is the Council's attitude to vandalism. Whether there was vandalism to flower beds or not is in some doubt, but the Chief Executive, under the impression that vandalism had occurred, gives this as the reason for P&KC not carrying out some planting this year. The same reason is given for a proposal to remove some bus stops in Kinross-shire (see Mr Currie's letter, opposite). The cost of repairing damage by vandals was also a key reason for the Council closing public toilets a few years ago. Their strategy seems to be: if a feature or service is damaged by vandals, remove it. Is that the best way to deal with vandalism? And is it fair to the law-abiding citizens and council tax payers?

**STOP PRESS: CAMPUS QUESTIONNAIRE:** As we were about to go to print, we noticed that the Council has a feature on its website 'Community Campus online survey.' Now that four of the new campuses are up and running, the Council would like to know what we think of them, and invites the public to complete an online survey. This asks for your rating on such things as the facilities, booking system, access, parking and effect of the community. The questionnaire will be open until **Friday 21 May**. Lucky we noticed it and were able to tell you. So much for the Council resolving to "improve communications" and make better use of the Kinross Newsletter! (Other points in the Community Engagement report.)

**Record-breaker:** This is now the biggest issue of the Newsletter ever, at 96 pages, beating the previous record of 92, set last May (and equalled several times since).

### Letters Policy

We reserve the right not to publish any letter. Letters will not be published unless the sender's name and address are supplied and they are prepared to have them published along with their letter. Please note that the Newsletter does not necessarily agree with any of the views expressed on these pages.

### Abbreviations Used

P&KC = Perth & Kinross Council  
CC = Community Council  
Cllr = Councillor  
CCllr = Community Councillor

## Remember to use your vote!

**General Election  
Thursday 6 May**



## Council punishes all

12 Apr 2010

As one of the few residents of Gairneybridge, it is with much regret that I write to your excellent publication for the first time with sad news.

As can be seen from the attached picture, the Gairneybridge bus stop was vandalized on Friday 6 April at about 11pm.

This is not the first time, however it may be the last. Why? The local council has indicated that to resolve the problem both bus stops at Gairneybridge and Gairneybank/Hatchbank Road will be removed. So rather than fix the problem of vandalism and punish the perpetrators of this cowardly, stupid, irresponsible act, all of us who use the bus stop will be (punished, that is).



*The Gairneybridge bus stop*

Of course this incident was reported to the police who arrived in a very short time as they were already dealing with another resident in Gairneybank/Hatchbank who reported the same problem with their bus stop. Seems that whoever damaged the one in Gairneybridge took the time to travel before or after and inflict the similar damage to the Gairneybank/Hatchbank Road bus stop. Still, what else is there to do on a Friday but damage bus stops? That half of a nano-second of fun and frivolity really makes it a special night out.

The investigating officer is Sgt Sandra Williams.

It is just so frustrating and unfair that there are just no consequences these days for such acts of vandalism.

Andrew Currie  
Gairneybridge

## Saving the planet – I doubt it!

5 Apr 2010

If anyone is pondering why there has been a recent upsurge in the number of small (12 - 15kW) windmills popping up across the Kinross-shire countryside, I would suggest that this is driven by the recently enhanced financial subsidy benefit rather than an altruistic desire to save the planet.

From 1 April 2010 a new hidden subsidy called the Feed-in Tariff has been introduced which increases dramatically the hidden subsidy from around 5 pence per unit (kWh) to over 26 pence per unit generated, regardless of whether the electricity is fed into the grid or not. This contrasts with the 12-14 pence per unit we consumers presently pay our electricity supplier and, of course, the cost of this subsidy is added to the retail cost of electricity for all consumers.

This subsidy can be calculated to be of the order of £6-9000 per year per windmill depending on windmill capacity and the availability of wind. In addition to this subsidy there are grants and interest free loans available plus the savings in reduced electricity bills for the installer!

Saving the planet? I don't think so!

GM Lindsay  
Whinfield Gardens, Kinross

**Jean calls it a day after 42 years****18 Apr 2010**

Miss Georgina Liddle (Jean) from Green Park, Kinross worked her last shift at Lynebank Hospital on 31 March after 42 years of service with Fife Health Board.

Jean started her employment at Glenlomond Hospital in 1967 as a maid. After a short period she gained promotion and was given the position of Matron's maid. This was an important post but for Jean it was a nightmare – never did a week go past but Jean managed (without trying) to break one of Matron's ornaments. I think the whole hospital knew about the weekly breakage!

After three years Jean decided to move to the nursing side and so became a nursing assistant. She worked in the wards for a while, becoming part of a hard working team. During Jean's time off she would spend time at industrial therapy, where the patients spent their day doing various activities. This was to become a turning point for Jean as she then left the wards and became assistant to Mrs Houston, who was the nurse in charge of that department. They worked together for many years, became the best of friends and still are to this day.

In 1986 Glenlomond was to close and staff had to be transferred. Jean started at Lynebank Hospital in the Day Care Services. During her time there her mother became ill. Jean took it in her stride and just got on with what had to be done. Betty, Jean's sister, was with Mum during the day but Jean would be there in the evening and night for Mum. Even when Mum had to have dialysis Jean took care of all that. Sadly Mum died in 2005 and Jean had lost her Mum and her best friend too. The family were quite concerned for Jean but there was no need as she just picked herself up and got on with her life.

Another change for Jean at work. She was moved to various wards where she gave her all and finally ended up in Ward one working with the elderly. She enjoyed this very much but due to her own health failing slightly she decided to take early retirement and so finished in March.

We, as her family, would like to wish Jean a very long and Happy Retirement. Well done, Jean, on your achievement.

E H McEwan

28 Seaforth Drive, Kinross

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**In memory of Ron Gillies****19 Apr 2010**

Yet again, Kinnesswood has lost one of its very much respected and long-term residents. Sadly, Ron Gillies passed away on 31 March, following a short illness. Ron moved into the village about 37 years ago and he resided at Hill Cottage, Main Street, with his wife Anne and daughters Shona and Morag. Ron also had a daughter, Emma and a son, Grant from his previous marriage.

Ron was a man who settled easily into village life. He was a familiar figure around the Main Street and village shop, usually telling jokes, some good, and some not so good. Ron was involved with the Salix Trust and frequently organised coffee mornings to raise funds. He was also involved for a time with the Scottish National Party and the Kinnesswood in Bloom Group.

He was a very well liked and respected member of the village who always had a smile and a 'Good Morning' for anyone he passed. His popularity was evident from the number of people who attended his funeral service.

I used to see Ron on a regular basis walking up and down the road past my house on his way to school with his daughters, Shona and Morag. I quickly formed the opinion that he was very much a family man whose love for his children was very obvious.

It was not until I retired from the Police and spending a lot more time about the garden that I got to know Ron. After a short time I began to realize that there was more to him than meets the eye. It became obvious that we had a lot in common and as time went on we became very good friends.

During my working life I met and made friend with countless people but, only once or twice in your life, if you are very lucky, someone comes along who is very special and miles ahead of anyone else. In my case that came in the form of Ron Gillies. We saw each other more or less on a daily basis and what started out as a quick cup of tea soon developed into extended discussions and debates. We spoke of all manner of things, including Ron's work in finance as a debt collector. Ron made many friends in his line of work and he was obviously very good at it. He had the ability and compassion to understand the problems that people could find themselves in and he would do his utmost to find a solution that suited both parties.

During our debates we would frequently discuss the children. Ron was immensely proud of what Emma and Grant had achieved in their lives. Ron was a very contented man who asked for little out of life. He was dedicated 100% to his wife Anne and daughters Shona and Morag.

Nothing can compare with the terrible loss that Ron's family have suffered but I hope that they can take some comfort in the knowledge that Ron was very much loved and respected and will be sadly missed by all who knew him.

On a more personal note, Ron was my best friend, and I loved him like a brother. I would just like to take this opportunity to say that it was a privilege and an honour to have known you, Ron, and I will miss you but will cherish the memories of our friendship always.

George Reid

3 Bruce Road, Kinnesswood

**Deadline for all Submissions**

**2.00 pm, MONDAY 17 May**  
**for publication on Saturday 29 May**

**Kinross on Google Earth****12 Apr 2010**

As a one-time resident of Kinross, I am very grateful to an old friend of my late parents (Sandy & Effie Simpson) for sending me your Newsletter every month. I love reading all about the area, although it is nearly 45 years since I lived there.

I have discovered that Google Earth is now available for all the roads in Kinross, and have been having a travel through the area.

I must admit I was shocked by the state of the High Street, the closed shops and the general shabby state of the buildings.

I know nothing can stay the same but nothing seems to have improved. I saw the old building (which, if I remember, used to be a sweet shop) on the corner of the High Street and Swansacre, and it looks awful. A lot of the shops are run down and look "seedy", the Town Hall as well, all boarded up.

I used to live at the bottom of the High Street across from the Gacé Gardens, and I must admit that area seems to have improved.

Saying that though, I would love to visit, and will do soon. My son will be coming up to the T in the Park this year, so I may well come with him.

Mabel Sampson

96 Bradley Street, Sheffield, S10 1PB

**Kinross in Bloom****13 Apr 2010**

Having read Dave Cuthbert's open letter to the Chief Executive in last month's Newsletter, I thought I would write and remind him that he and I were actually co-founding members of "Kinross in Bloom"! We all achieved a great deal in the first few years and had a lot of fun planting the bulbs around the town together with the planters, tubs and hanging baskets, all of which contributed to making Kinross much more attractive.

Gradually, however, the original remit of the Bloom Committee changed and its ideas became much more ambitious, wide ranging and thus more costly. Our monthly meetings slowly turned into a relentless criticism of Perth & Kinross Council, so much so that I reluctantly resigned as I felt that much of it was unjustified and that all our dealings with the Council needed to be on a much friendlier and less confrontational basis.

The Council now plant and keep up the flower beds in Station Road and opposite the War Memorial as well as some of the hanging baskets. They have considerably more upkeep in the newly laid out Kirkgate Park and the Gacé Gardens as well as all the grass cutting throughout the town. I personally feel that we have a lot to be grateful to the Council for.

I realise that Kinross is too big to engender the same community spirit enjoyed by the smaller villages in the county, but with a few more volunteers to help with the planting and watering, we could perhaps go back to the original remit as there is still a huge amount that could be done around the town, even planting the bed outside the Scottish eBike Shop?!

I hope that Kinross in Bloom will continue to go from strength to strength.

Delia Montgomery  
Home Farm, Kinross

*Mr Cuthbert has written a further letter to the Chief Executive, see right.*

**Spring Bedding Kinross****15 Apr 2010**

*Copy of letter to B Malone, Chief Executive of P&KC*

Dear Ms Malone

Thank you for your letter dated 25 March, in response to mine asking you to intervene in the decision by Environmental Services not to plant spring bedding outside the Scottish eBike shop (formerly Hope Chest) on the High Street, Kinross due to persistent vandalism.

I have spent some time going through the points you raised in your letter, however before I go into these, I just wanted to say that I am disappointed that having informed you of the problem, you have not acted to reverse a poor decision, but have rather chosen to defend it.

This is especially disappointing given that Kinross-shire has just been through a lengthy 'engagement' exercise with Perth and Kinross Council staff and the key issue which came up over and over again at all Focus Groups and the World Café was the poor state of Kinross Town Centre.

Here was a chance to make a little bit of difference, and you chose not to take it.

Anyway, below are my responses to the points you raised in your letter.

In this letter you state: "...spring bedding would be provided by the Council for the beds in front of the County Buildings, the Monument and at Ochil View."

Please be aware that Kinross does not have a monument, however if you are referring to the Fountain outside the scaffold encased Clock Tower adjacent to the fenced off Town Hall, then I have to advise you that there is no spring bedding in this border. I have placed a picture here to illustrate this.



*No spring bedding around the fountain by the Town Hall*

You go on to state that "I can confirm that spring bedding plants were withdrawn from the production lists for the bed in front of the Scottish eBike Shop in 2004 and Gacé Gardens in 2008 following persistent vandalism on both sites."

Firstly, I have to advise you that prior to 2004 there was no spring bedding in Kinross, therefore they could not have been 'withdrawn' from the production lists as they were not on them.

In respect of your statement that there was persistent vandalism on both sites, I have reproduced below information sent to me under the Freedom of Information Act, whereby I requested: "All information held by Perth & Kinross Council on acts of vandalism or other destructive

*(Continued over page....)*

acts carried out on flower beds, borders and permanent planting within the Borough of Kinross over the last 5 years.”



*The Hope Chest (now Scottish eBike Shop). Picture taken on 4 March 2003, illustrating absence of spring bedding.*

Please find the information detailed below.

The first table shows a list of all vandalism reports for Kinross and the surrounding area which has been extracted from the land Audit Management System (LAMS) inspections.

Site	Issue	Date
Leisure Pool, Kinross	Vandalism to trees	August 2007
High Street Park, Kinross	Vandalism to tree	October 2007
High Street Park, Kinross	Report plants have been pulled out/ vandalised	December 2007 (in a report in Jan 2008 it was noted to remove the remaining bulbs and flowers)
Montgomery Play Area	Graffiti on play equipment	September 2008
High Street Park	Reports of plants in annual bedding being pulled out again/vandalised	November 2008

The second table shows the vandalism to flower beds only.

Site	Issue	Date
High Street Park, Kinross	Report plants have been pulled out/ vandalised	December 2007 (in a report in Jan 2008 it was noted to remove the remaining bulbs and flowers)
High Street Park, Kinross	Reports of plants in annual bedding being pulled out again/vandalised	November 2008

You will note that there are NO reports of vandalism to the border outside the eBike Shop (formerly Hope Chest). With regard to the vandalism in the High Street Park (Gacé), I would point you to the following which is an extract from an email dated 13 December 2007, from Euna Scott (MBE) sent to me in my capacity of Chair of Kinross in Bloom:

“...just for information, I have been informed by Rob Bryce that the spring bedding has been planted twice in the central bed because of damage by possibly a dog or dogs. We will assess again in the spring and if budget allows buy in and replant then.”

Your statement therefore that: “...the thoughtless actions of vandals have a negative impact on communities and where resources permit, we always try to resolve the problems they cause.”... would appear to be somewhat inaccurate given that it was a dog and not a thoughtless vandal which caused the problem.

You said in your letter: “There was email correspondence between Kinross in Bloom and The Environment Service in 2004, agreeing that the Bloom Group would plant the beds in front of the Hope Chest now the eBike Shop.” I do not recollect and have been unable to find any such offer from Kinross in Bloom. Below is an extract from an email from Euna Scott (MBE) dated 5 October 2004 to me, entitled Plans for winter 2004/5.

“Plans for Kinross this winter are...

...Ochil View – Station Road – bedded in Pansies High Street/Hope Street .....bedded in pansies...”

You will note that Environmental Services were to plant the spring bedding, not Kinross in Bloom.

You went on to say that: “There is also email correspondence with you in 2007 on the Gacé Gardens, where the issue of repeated vandalism was discussed and you offered to undertake the planting on behalf of the Bloom Committee.” This correspondence followed the removal of the plants as mentioned in the email above (dated 13 December 2007) and relates to an offer from the Bloom to attempt to replace the plants (on a one off basis) removed by the council from this border. Unfortunately Kinross in Bloom with its very small resources was unable to do this, despite spending a lot of time looking at filling the gap.

As I have said above, I am disappointed by this response, mainly due to the fact that the principal message given by the people of Kinross-shire during the engagement exercise carried out by your Council over Summer and Autumn of 2009 showed a strong concern for the dilapidated state of Kinross Town Centre.

Here was a chance to take a small step to go a little way to rectify this problem and you have chosen not to do it.

I have to ask you therefore, was the council actually listening to what the Kinross-shire Community said in the engagement exercise?

Yours sincerely

Dave Cuthbert  
Ex Chair Kinross in Bloom  
8 Highfield Circle, Kinross

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# News & Articles

## Loch Leven Discovery Day 2010

**Sunday 23 May - 12 noon to 4pm**



Celebrate and explore what makes Loch Leven National Nature Reserve so special at Discovery Day 2010, 12 noon to 4pm at Kirkgate Park on Sunday 23 May.

2010 has been declared the 'International Year of Biodiversity' by the United Nations, and Loch Leven is a wonderful example of biodiversity in action! Biodiversity is all about the huge variety of life on Earth. From plants and insects to birds and beasts, we couldn't survive without the natural living systems that support our lives. We need insects to pollinate our crops and provide us with food; we need plants to provide medicines and materials such as cotton to make our clothes. We are part of this biodiversity too, but we have to be careful not to damage nature's delicate balance.

A jewel in the crown of Scotland's biodiversity, Loch Leven is a full of life. The tens of thousands of geese and wildfowl visiting during autumn and winter are easy to spot but many things are more elusive: newts and tiny water beetles living below the water, rare plants like Lesser butterfly orchid and Holy grass found in a few spots along the loch shore, and moths and bats that only fly at night.

Discovery Day is a fantastic FREE day out for all the family, with lots of activities and displays exploring the diversity of life at Loch Leven. To open the event, Perth Youth Theatre Collective will be performing 'Tree' – an eco comedy for all the family with colourful characters, mad cap humour and live music.



You can get creative with one of the photography workshops by international wildlife photographer David Boag or enjoy a storytelling session. Discover what lurks beneath the water with the Centre for Ecology & Hydrology and Fife Amphibian & Reptile Group or look to the skies with the RSPB, British Trust for Ornithology and Fife & Kinross Bat Group.

Scottish Natural Heritage, Perth and Kinross Council Rangers and Historic Scotland staff will be on hand to answer your questions and show you how you can get involved with the national nature reserve.

RSPB reserve staff would like to share with you their exciting plans for making the Vane Farm corner of Loch Leven NNR even better for wildlife. Just drop in and find out more!



*Loch Leven - a wonderful example of biodiversity in action*

With lots of games, face painting, badge making, craft activities, seed planting, raffle, quizzes, and bird watching, there is something for everyone. What's more, it's all FREE! Just come down to Kirkgate Park between 12 noon and 4pm. For more information or to book a place on the photography workshops, e-mail [alison.couch@snh.gov.uk](mailto:alison.couch@snh.gov.uk) or phone the SNH reserve office on 01577 86 44 39.

To find out more about International Year of Biodiversity visit [www.biodiversitylife.net](http://www.biodiversitylife.net) or [www.snh.org.uk/biodiversityweek](http://www.snh.org.uk/biodiversityweek)



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## Action Plan for Kinross

### Council produces community engagement report

Perth & Kinross Council officers have produced a report following the community engagement exercise which took place last July and August, culminating in the 'World Café' in September.

The report identifies issues raised by the community, lists any action taken so far and further actions to be taken, subject to future budget decisions.

The report is split into four sections:

- Capacity Building Work in the Community,
- Appearance of the Town Centre,
- Promotion of the Area as a Tourist Destination,
- Public Space Management.

A key factor in improving the town is the provision of a relief road to the south west to take heavy traffic out of the High Street. Once this is in place, the aim is to create "a high quality pedestrian environment which improves the historic town centre and retail environment of Kinross" and to provide an open space which can be used for markets, events and outdoor cafés. Residents will be consulted about plans and designs for any of these improvements. Construction of the relief road is due to start around March 2011 with anticipated completion at the end of October 2011. An application is being made for Heritage Lottery funding and a provisional allocation of £1.14 million has been made in the 2014/15 Council budget for the town centre improvements.

The report was approved by P&KC's Strategic Policy and Resources Committee on 21 April.

A copy of the report can be found on the [www.kinross.cc](http://www.kinross.cc) website and on the Council website at [www.pkc.gov.uk](http://www.pkc.gov.uk) under 'Council and government' then 'Minutes, agendas and reports.' Kinross CC will also place a copy of the report in the Loch Leven Community Library.

Any members of the public who have comments to make about the report and action plan are welcome to get in touch with Kinross CC (see Notices p.91 for contact details) or attend the next meeting of Kinross CC on **Wednesday 5 May** at 7.30pm in the Masonic Hall, Muirs, Kinross.



*P&KC has developed a business case for town centre improvements*

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## Have your say in this area's future development

### TAYplan Main Issues Report now available

The Main Issues Report is the first and main stage of producing the new Strategic Development Plan for the area covering Perth & Kinross, north Fife, Dundee and Angus.

This will replace the current Perth & Kinross Structure Plan. The Main Issues Report considers the big changes that will shape the next 20 years. It presents options including the preferred scale of growth and where development should be. This is the key stage for members of the public to get involved in planning where strategic development should be.

There will be public information events across the TAYplan area to explain the report. The consultation began on 12 April and runs until 2 July.

Information Events (all from 2pm to 8pm) in this area are:

Cupar	County Hall	12 May
Perth	AK Bell Library	20 May
<b>KINROSS</b>	Loch Leven Community Campus	<b>27 May</b>

For more information see the TAYplan website:

<http://www.tayplan-sdpa.gov.uk>

## Outdoor Access Forum open meeting

Are you interested in outdoor access issues? The Perth & Kinross Outdoor Access Forum is holding an Open Meeting on **Tuesday 11 May** at 6.30pm in the lecture theatre at the AK Bell Library in Perth. *Places must be booked in advance by 4 May.* A booking form can be downloaded from [www.kinross.cc](http://www.kinross.cc) or contact Jane Pritchard, Access Officer, P&KC, tel (01738) 475332, email [JPritchard@pkc.gov.uk](mailto:JPritchard@pkc.gov.uk)

There will be guest speakers from Scottish Natural Heritage and the Perth & Kinross Countryside Trust.

Dr Tim Edwards will share SNH's view of how the statutory right of responsible access has impacted to date and what more might be done in future to further encourage responsible access.

Paul McLennan will talk about how the Trust sets about facilitating and encouraging access for everyone within Perth & Kinross.

Peter Pearson, the Vice Convenor of the Forum, will give a summary of issues the Forum has been involved with during the past year.

There will be plenty of time for questions and discussion during the evening.

Also as part of the evening, elections to the Forum will take place. The following seats will be vacant:

1 community seat (currently held by Andrew Thomson)

1 recreation seat (currently held by Ron Payne)

1 landowner/manager seat (currently held by Alastair Riddell)

Anyone interested in standing for election should contact Jane Pritchard (as noted above) for a nomination form which should be completed and returned by **8 May**.

To see a letter explaining more about the Forum event (as sent to CCs), a programme and booking form, go to: [www.kinross.cc](http://www.kinross.cc)

**Contributors – please send your item  
well before the deadline if you can**



## Milnathort Placecheck Exhibition

### a chance to comment on open space improvement designs

Residents of Milnathort will have the chance to view and comment on the final designs for improving local open spaces in early May 2010 at an exhibition as part of the Placecheck initiative for the village.

Displays of the proposed improvements will be on show at Loch Leven Community Library, Milnathort Primary School, Milnathort Golf Club and Orwell & Portmoak Church Office from Tuesday 4 May to Friday 14 May.

The exhibition is the next stage in the Placecheck process, following two successful community events held in August and November 2009, where residents decided on their priorities for enhancing public space areas in the village. It will also be the last chance for the community to comment before the works begin, so residents are urged to come along and see the plans for themselves.

During the two-week exhibition, Council officers will be available at the Loch Leven Community Library and Orwell & Portmoak Church Office on the following days, to answer any questions about the proposed improvements:

#### Loch Leven Community Library:

Tuesday	4 May	3.30pm to 6pm
Wednesday	5 May	1pm to 8pm
Thursday	6 May	10am to 1pm & 4.30pm to 8pm
Saturday	8 May	10am to 1pm
Monday	10 May	10am to 12.30pm
Tuesday	11 May	4.30pm to 8pm
Wednesday	12 May	4.30pm to 8pm
Friday	14 May	12.30pm to 3pm

#### Orwell & Portmoak Church Office:

Wednesday	5 May	10am to 1pm
Friday	7 May	1pm to 3.30pm
Saturday	8 May	1pm to 4pm
Tuesday	11 May	10am to 1pm
Thursday	13 May	10am to 1pm

For more information about the Milnathort Placecheck initiative, please contact The Environment Service on 01738 475396 or email [placecheck@pkc.gov.uk](mailto:placecheck@pkc.gov.uk)

## Traffic lights stolen

Temporary traffic lights were stolen from the flyover bridge in North Street, Milnathort sometime between 8.25pm on Saturday 17 April and 12.30pm on Sunday 18 April. The lights are worth around £1000.

Anyone with information is asked to call the police on 0300 111 2222.

## Go the whole hog for charity

The Marie Curie Whole Hog adventure takes place at Balfroon in the Trossachs on Saturday 8 May. The fund-raising event is a six-mile adventure race involving climbing up waterfalls and scrambling through mud. To find out more, telephone 0131 561 3963 or email [scottishevents@mariecurie.org.uk](mailto:scottishevents@mariecurie.org.uk)

## Make your own history

Historic Scotland is once again running a 'Make Your Own History' campaign, offering 15 months' membership for the price of 12. Visit the website [www.3monthsforfree.co.uk](http://www.3monthsforfree.co.uk) for more details.

## Reduce your carbon footprint!

Watch out for a strange looking bicycle cruising in Kinross! The Tartan Rickshaw Company, based at 62 Muirs, has secured the dealership for the Dutch Bakfiets range of cargo bikes.

"Dutch bicycle manufacturers have, for many years, been leaders in their field of the design and construction of quality bicycles" explained Craig Williams. "The Bakfiets cargo bike is ideal for the school run, delivery of parcels or even the weekly shop. It is modern in design, is of quality construction for serious daily use and requires minimal maintenance. They are built tough and corrosion-resistant to live outdoors in all climates. The internal hub gears and brakes cannot fail to impress."

The box up front will carry around 100kg of cargo or two children up to about 6-7 years old and has seat belts and a robust cover for when it rains.



*A Bakfiets cargo bike with contented passenger*

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## Loch Leven Community Library

Since opening in late November 2009, a lot has been happening! The library has held several events for both pupils and the community. In December the community turned out in good numbers to support two author events: Maggie Craig and Cameron McNeish. In February two S2 English classes benefited from a creative writing workshop led by popular teen author, Liz Rettig. This was quickly followed by an entertaining talk (with songs!) by Tony Bonning to encourage reading and literacy amongst P5-P7 pupils from five local primary schools. On 13 February we held a Family History Day, 'Keekin for Kin', where there were various demonstrations, talks and displays on offer to most age groups. On 19 February S1s were introduced to a new teen 'chiller' writer, William Hussey; we were very lucky to be included in his Scottish promotional tour. Later in the month two S4 classes participated in a creative writing workshop led by Scottish author, Alan Bissett. Local crime writer Gillian Galbraith gave an evening talk on 25 March which was much enjoyed, especially by those who like their crime with a Scottish connection.

As a joint-use library (school and public), the resources available are fantastic. In addition to books, audio books and PCs, we now have several popular magazines and daily newspapers, a wide selection of music CDs, and DVDs with more DVDs having been ordered to tie-in with books that are suitable for Intermediate and Higher English. There is a larger local interest section, and for those researching their ancestors, Scotland's People vouchers offering discounted rates are available for sale.

There is a wide selection of study guides for pupils preparing for exams which are available for short-term loan. The careers section is expanding every year, with

information available for pupils and the community. Pupils, public and teachers have access to our 'library without walls' 24/7 Online Reference Library. Resources available include Britannica Online, Know UK and News UK, Oxford Reference materials and 'Find Health' information. This can be accessed at [www.pkc.gov.uk](http://www.pkc.gov.uk)

For younger members of the community, we offer weekly Storytelling and Rhymetime sessions. In addition we offer a monthly 'Chatterbooks Club' for 8-12 year olds and a 'Book Club' for P7-S2 pupils on Mondays after school. From May a 'Little Listeners Group' is starting after school on Thursdays for 5-7 year olds.

The 'Books on Wheels' service operates monthly. Books and/or multimedia (incl. audio books & DVDs) are delivered by two WRVS volunteers to members of the community who may have difficulty in getting to the library. One of our regular Books on Wheels users describes it as 'a Godsend'.

Being the first integrated school and community library to open in this area, the first few months have seen a settling in period. It is great to see so many people of all ages in the library. Pupil behaviour is being closely watched and use of the library should always be purposeful. Library staff and the school are working together to ensure that the needs of all library users are being supported. New measures were put in place during the month of March to control the numbers of pupils using the library at interval and lunchtime and this has proved extremely successful.

To find out more about any of the resources or services we offer, please contact us by phone on 01577 867205 or by email at [kinrosslibrary@pkc.gov.uk](mailto:kinrosslibrary@pkc.gov.uk). The library participates in Community Learning Development Partnership meetings and we are always happy to get constructive comments and new suggestions.

## Recycle household batteries in libraries

Household batteries can now be recycled in libraries across Perth and Kinross.

Up to 30,000 tonnes of waste is generated in the UK every year through the use of household batteries. In order to make it easier for residents in Perth and Kinross to recycle their batteries, the Council has set up collection points in libraries in Auchterarder, Blairgowrie, Kinross, Pitlochry, Crieff. AK Bell Library in Perth and its three mobile libraries.

Old and unwanted batteries from electric and electronic equipment (such as mobile phones, laptops and power tools), as well as button batteries from watches and hearing aids can all be dropped off in collection boxes at these sites. Batteries that are 6V, 9V, AAA, AA, C and D can also be recycled here.

These new recycling points add to those already available for household batteries at Perth and Kinross Recycling Centres.

Once collected, the household batteries will be treated to remove harmful materials and retain valuable materials.

Car and industrial batteries cannot be disposed of in the collection boxes, but should be taken to recycling centres, garages or scrap metal facilities.

For more information please visit [www.pkc.gov.uk/recycle](http://www.pkc.gov.uk/recycle) or contact Perth & Kinross Council on 01738 476476.

## Silver Surfers – Friday 21 May

Are you missing the unmissable? Are computers a mystery? Can you text on your mobile? How can you get an email address? These are just a sample of the questions that will be answered during Silver Surfers sessions to be held on Friday 21 May at Loch Leven Community Library.

Library and Community Learning and Development staff are jointly organising one to one taster sessions lasting 30 minutes. To find out more, book a place and let us know what you want to learn, please feel free to contact the library staff in person or by phone on 01577 867205. Alternatively you can contact Adult Learning by phoning 01577 867218.

We look forward to seeing you all.

## New novel by local author

Local author Gillian Galbraith has written her fourth crime novel, another in the Alice Rice mystery series.

The atmospheric thriller builds on the success of the first three Alice Rice mysteries – *Blood in the Water*, *Where the Shadow Falls* and *Dying of the Light*.

*No Sorrow to Die* will be published in hardback on 13 May by Polygon at £12.99. On the same day, *Dying of the Light* will be published in paperback.

**For a chance to win** a hardback copy of *No Sorrow to Die* or a paperback copy of *Dying of the Light*, buy a copy of the June Newsletter and enter our competition!

## First Minister opens community campus

The new Loch Leven Community Campus in Kinross was officially opened on Tuesday 23 March by Scotland's First Minister, Alex Salmond. He was introduced by Campus Leader Dick Keatings to pupils and staff before the head girl and head boy, Abby Clark and Daniel Brown, took him on a tour of the new facilities. He visited the sports area and then joined in with a S3 French class in one of the classrooms. He was next shown the Community Library, and Kinross Museum (see also p.31) before unveiling a brass plaque to mark the occasion. A group of singers from local group MTKY sang a medley of songs in front of invited guests and senior pupils from the school. Jennifer Weir, S1, read her own poem called "New School" and the ceremony was completed by the school brass band playing a rousing rendition of "Raiders."

The campus has been open since 26 October 2009, and with Kinross High School at its heart, is proving popular with local clubs and individuals who are making full use of the wide range of facilities.

At a recent public meeting Dick Keatings Campus Leader, although disappointed by the small number of people who attended, welcomed views and interest from all sections of the community in developing the campus in the short and long term.

## Get listed!

The Newsletter would like to publish a new Register of Local Organisations soon. This is our very own "Yellow Pages" giving details of clubs, community halls, schools and many other organisations. It comes in the form of a pull-out sheet in the centre of the Newsletter.

The Register is compiled from the lists of clubs and groups on the kinross.cc website. We urge all office-bearers of organisations to check the kinross.cc website to see that their organisation is listed and that the contact information is up to date.

Here are some benefits to having your club listed on the website:

- People with internet access can find your contact details easily
- Contact details can be updated anytime, e.g. if you have a change of secretary
- If you have a website, kinross.cc will provide a link to it from the listing
- If you don't have a website, it may be possible to post news about your club, minutes etc on the kinross.cc site by arrangement with the administrator
- You'll appear in the Newsletter "yellow pages" which is used as a reference document by the local authority and by local residents without internet access

To get your club listed on the kinross.cc website, go to [www.kinross.cc/community/website.htm](http://www.kinross.cc/community/website.htm) and download a Data Protection Form. Return it by post or email. If you have any queries telephone 01577 862685 or e-mail [admin@kinross.cc](mailto:admin@kinross.cc)

The kinross.cc website is a fantastic resource for residents and visitors to our area. As well as contact details for local organisations, there are suggestions on local places to visit, classified adverts, houses for sale and an extensive photolibrary. It is also the place to find any late-breaking news in between Newsletters.

## Help for Heroes fun BBQ at Tullibole Castle

**Wednesday 2 June**

Eleven bike riders are cycling from Land's End to John O'Groats for this charity. On 2 June they are stopping overnight at Tullibole Castle, just outside Crook of Devon.

Kinross Help for Heroes has kindly offered to hold a welcome BBQ and fun event, at Tullibole Castle, to start at 4pm on Wednesday 2 June, finish time 9pm.

There will be Music, a Raffle, Treasure Trail, The Witches Maze and the Scottish Military Vehicle Group are displaying some of their vehicles and of course the BBQ, soft drinks, bar and refreshments.



*Tullibole Castle*

Tickets are Adults £15, Children £5 and are available from: Fossoway Garage, Robertson's (Milnathort) Agricultural Supplies, Sands the Ironmongers or phone 01577 840236.

We hope that the public will come and support this event and meet the cyclists who have given up two weeks of their time to the charity and at the same time enjoy the beautiful grounds of Tullibole Castle.

Sorry, no dogs, only working assistance dogs.

## Blooming disappointed

As you can read elsewhere in the Newsletter (*see Letters*), Perth & Kinross Council has decided not to plant spring bedding in the raised beds on the High Street outside the Scottish e-Bike Centre. Kinross in Bloom found a novel way to draw attention to the bare beds on 19 April by planting signs in them stating 'Spring Bedding Sponsored by Perth & Kinross Council.'



*Members of Kinross in Bloom at the bare beds in the High Street*

## Reiki Awareness Week: 6 – 12 June

Ever wondered about Reiki and what it is? Well, this could be the week to satisfy your curiosity!

Lyn Haworth is a Reiki Master/Teacher living in Milnathort; she is also the Perth & Kinross area representative for the UK Reiki Federation. Lyn has also trained in Jikiden ('directly taught') Reiki with a Japanese Master and visited Japan to learn more. Whilst there, she completed her teacher training in this traditional form.

To promote Reiki, and as part of Reiki Awareness Week, Lyn is offering half price Reiki sessions (£15.00), the proceeds of which will go to the Wormit Hedgehog Care Centre. This is a wonderful centre run by Mr. Sandy Boyd, on a charitable basis, for the care and rehabilitation of hedgehogs; his service covers a wide area, including Kinross-shire. Lyn looks after late litter baby hedgehogs through the winter, and Mr. Boyd has been an invaluable source of knowledge and support to her over the last six years.



*A hedgehog looked after by Lyn, with advice from the Wormit Hedgehog Care Centre*

So, what is Reiki? It is an energy balancing system which is used as a complementary therapy. A session is usually carried out with the recipient lying down or sitting. There is no need to remove any clothing. The practitioner places their hands on, or off, the body in a non-intrusive way. Reiki may be experienced as a flow of energy, mild tingling, warmth, other sensations, or nothing at all. People have reported their experience of Reiki as deeply relaxing, often having a profoundly calming effect, which can be particularly beneficial in times of stress. Anyone can have a Reiki session, and it can also be used alongside conventional medical treatment. In addition, it is a very simple technique which you can learn to use for yourself. Give Lyn a call on 01577-864666 to find out more and know that (if you choose to book a session), as well as helping yourself, you will be helping a very worthwhile voluntary organisation that supports these fantastic little creatures!

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## Perth Festival of the Arts 19 – 30 May

2010 is a special year for Perth Festival of the Arts. The Festival is participating in the celebrations for Perth 800, a year-long programme of events in Perth & Kinross which celebrates the 800th anniversary of the granting of the Royal Burgh Charter to Perth by King William the Lion of Scotland in 1210.

The Festival has now launched its 39th programme to be staged in Perth Concert Hall, Perth Theatre and St John's Kirk from 19 to 30 May. The programme includes three orchestral concerts, three operas, rock concerts, jazz, comedy, drama, a Festival fling, children's events and art exhibitions. Here is a summary of the entertainment on offer:

**Don McLean**, America's legendary singer-songwriter, will open the Festival on 19 May.

A Gala Concert on 28 May featuring the **Royal Scottish National Orchestra** with American soprano **Barbara Bonney** conducted by **Sir Andrew Davis**.

The Brewin Dolphin Festival Concert, featuring **The Hallé Orchestra** from Manchester with trumpeter **Alison Balsom** and conductor **Edward Gardner** on 30 May.

**The English Touring Opera** stages three major operas at Perth Theatre – "**Don Pasquale**" by Donizetti, "**The Marriage of Figaro**" by Mozart and "**A Midsummer Night's Dream**" by Britten.

The **BBC Singers** concert will feature some works by local composer Robert Carver, broadcast live on Radio 3.

**The Moscow State Symphony Orchestra** will play "Scheherazade" and "Rhapsody on a Theme of Paganini".

**Sharleen Spiteri**, front woman of UK pop rock band Texas.

Popular American stand-up comedian **Rich Hall**.

**Kit & The Widow**, returning after a successful Fringe run.

Festival favourites **The Ukulele Orchestra of Great Britain**.

An Audience with **Will Self**.

An Audience with **Gyles Brandreth**.

Guy Masterson's production of **Animal Farm**.

**Jazz:** Scottish National Jazz Orchestra, Tommy Smith, Brian Kellock and Tam White.

**A Festival Fling** with Tíree band Skerryvore.

Flanders and Swann at the Drop of a Hippopotamus.

Antiques expert **Eric Knowles**.

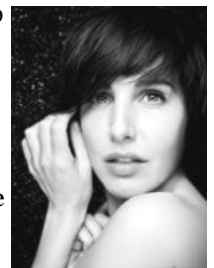
Mr McFall's Chamber Tour and **Michael Marra**.

A beautiful **drama** called Martha by Catherine Wheels Theatre Company.

**Young musicians** from Perth.

Art: **Andy Warhol's** early drawings at the Perth Museum and Art Gallery. Art on the River along Tay Street. and more.

See [www.perthfestival.co.uk](http://www.perthfestival.co.uk) for more information. Booking started on Monday 29 March. Telephone booking on 01738 621031.



*Sharleen Spiteri*



# Police Box

## UNDER AGE DRINKING

This month we would like to highlight the problems and some of the offences that can be committed in relation to underage drinking. Kinross and Milnathort, like many other small towns in the country, have a number of young people who consume alcohol at various locations and by doing so regularly become heavily intoxicated. Unfortunately a number of those involved then indulge in antisocial behaviour such as vandalism, breach of the peace and careless disposal of litter including glass bottles that are often broken. The alcohol is obtained most commonly by the young people persuading a person over 18 to buy it for them. Often these agents are strangers who are approached outside or near to the off-sales premises where the alcohol is bought. However, by doing so, these persons are guilty of the offence of purchasing alcohol for persons under 18.

### Purchase of alcohol by or for a child or young person

Section 105, Licensing (Scotland) Act 2005 makes it an offence for a person under the age of 18 to purchase or attempt to purchase alcohol in any licensed premises. It is also an offence under this section for a person, other than a child or young person who, knowingly buys or attempts to buy alcohol on behalf of a child or young person, or who knowingly buys or attempts to buy alcohol on behalf of a child or young person for consumption by them.

### Sale of alcohol/Allowing the sale of alcohol to a child or young person

Section 102 of the Act creates an offence for any person to sell alcohol to a child or young person, whilst Section 103 provides that any responsible person who knowingly allows alcohol to be sold to a child or young person on any licensed premises commits an offence.

Our local licensed premises are alert to their responsibilities and on the whole they take a conscientious approach and often report suspicions to the Police. Recently one person, having purchased alcohol for persons under 18, was charged and has been reported to the Procurator Fiscal. It should be noted that where there is clear evidence that such offences have been committed those responsible will be reported.

It is also reminded that drinking alcohol in public places within Kinross and Milnathort is also an offence.

## SEAT BELTS AND CHILD RESTRAINTS

Tayside Police is reminding drivers that as a result of an amendment to legislation, the penalty for the failure to wear a seat belt increased last year from £30 to £60.

Seat Belt legislation has been in existence for many years now and, over that period, many lives have been saved and

serious injuries prevented by the simple act of wearing a seat belt. Whilst the majority of drivers and passengers recognise the benefits of wearing a seat belt and comply with the law, but there are still too many people who, for some incomprehensible reason, do not. Legislation is always evolving with the aim of improving road safety and reducing the number of casualties on our roads. It is urged that everyone makes sure they wear their seat belts at all times when travelling in a vehicle, no matter how short the journey. It can and does save you from being injured and it does save lives.

Any adult who fails to wear a seat belt, whether a driver or passenger is liable to receive a £60 fixed penalty. Drivers should also be aware that they are personally responsible for ensuring that a child under 14-years-old is suitably restrained. Children up to the age of three in the front of the vehicle must be placed in a correct child seat.

Children older than three, but less than 135cm (approx 4'5" tall), or under 12 years of age (whichever they reach first), must use a correct child restraint, such as a booster seat and an adult seatbelt. If one is not available they can conditionally use an adult seat belt in the rear.

It is important to ensure that all child car seats are fitted correctly and are of an appropriate size and type for the child. The advice is clear. Slow down, put on your seat belt and "Don't risk it."

## COMMUNITY ENGAGEMENT

The Mobile Community Office service will be available as follows:

Milnathort (am), Portmoak (pm): **Wednesday 12 May**

Crook of Devon (am), Glenfarg (pm): **Thursday 13 May**

## CRIME STOPPERS

**Telephone Number 0800 555 111**

This telephone number is a free phone number, unless you are using a mobile phone, which any member of the public can contact at any time, if they have information relating to criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

**Community Officers** (details shown below) can be contacted at Kinross Police Office on 0300 111 2222.

**Constable Ishbel Wallace** Kinross

**Constable Brian Easton** Milnathort & Portmoak areas

**Constable Euan Mitchell** Cleish/Blairadam, Glenfarg and Fossoway areas.

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# Community Council News



The Community Council News is produced from edited draft CC minutes. Some CCs have full minutes on their websites. Full Kinross CC minutes are lodged in the local Library and County Buildings. All Community Council meetings are open to the general public.

## Kinross Community Council

### News from the AGM and the April Meeting

Present at the meetings held on 7 April 2010 were: CCllrs C Watson, M Scott (Secy), D Colliar, M Blyth, J Richardson, I Jack, B Davies, D Mackay and B Freeman. Also in attendance were: P&K Cllrs K Baird, S Miller and W Robertson; two representatives from the Police and five members of the public, including Tracey Ramsay, Senior Capacity Worker. Apologies for absence were received from CCllrs L MacKay and D Cuthbert. CCllr Watson, acting as Chairman, welcomed the new CCllr, Mr Bill Freeman.

### Annual General Meeting

**Chairman's Report:** CCllr Watson, Vice-Chair, read out a report from the Chairman, David Cuthbert.

There is a full complement of CCllrs; voting was not required as eleven candidates stood for nomination.

CCllr Cuthbert mentioned the grounds maintenance at Mill Street/Coventry Place and thanked Cllrs Baird and Robertson for their intervention in this matter.

The CC still awaits the Autograss noise survey from the Council.

In June last year, with support from the Convention of P&K CCs, a vote of no confidence against the Chief Executive of P&KC was lodged.

The Focus meetings and World Café were a welcome exercise by the Council.

A coup for the town is the proposed Curling Academy opposite the Green Hotel. Despite our reservations as to the proposed location, the CC fully supports the construction of this building.

The campus, of course, opened in October. One issue to be addressed is the lack of signage in relation to "Kinross High School".

Towards the end of last year movement was made in relation to the Swansacre building and an application for planning should be lodged shortly.

£2,000 was awarded to the Kinross-shire Partnership Feasibility Study on the Town Hall.

Finally, CCllr Cuthbert commented on the recent removal of the beech hedge at the Primary School and campus meetings.

In closing, he thanked CCllrs, the elected Cllrs, the Police and

the public in general.

It was noted that CCllr Cuthbert had decided not to stand for Chairman but would continue as a CCllr.

**Treasurer's Report:** The Treasurer circulated a report. A grant of £574 was received from P&KC, representing the usual grant of £474 with an additional £100 to cover the expense of hiring accommodation for monthly meetings. The statement he produced also included a projected cash flow sheet which was discussed. It was confirmed that all poppy wreaths had now been paid. CCllr Colliar asked when the sum of £500 was to be transferred to the website from the Newsletter fund. The Newsletter AGM is to be held shortly and this will be addressed at that time.

### Election of Office Bearers

Chairman	Campbell Watson
Vice-Chairman	Barry Davies
Secretary	Margaret Scott
Treasurer	Ian Jack
Planning	David Colliar

### April Meeting

The new Chairman, Campbell Watson acknowledged the work David Cuthbert had carried out on behalf of the CC during his term of office and remarked on CCllr Cuthbert's commitment and ability to give his time to CC matters. CCllr Watson stated that he would devote as much time as he could to CC affairs but that this would in no way match CCllr Cuthbert's level of commitment. He suggested that the CC meet in the short term to discuss and agree on issues that we believe to be worth pursuing.

**Minutes of Meeting held on 3 March:** In relation to the CC election, "March issue" should read "April issue" and "Community and Learning Development Partnership" should read "Kinross-shire Community Learning Development."

**Police report:** PC Mitchell was standing in for PC Wallace. He reported on three thefts: the first at Henderson Machinery; the second a quantity of fuel from the Bridgend area and the third aluminium cable from the Gallowhill area. A number of cars and sheds were also broken into last month. Enquiries are ongoing in respect of these incidents. Counterfeit £10 and £20 notes were circulated in Kinross and a local male has been charged in relation to this offence. Damage was sustained to two motor vehicles at Sandport and High Street within the last couple of weeks; this is also under enquiry. Offensive weapons were on sale recently at the car boot sale and the public are asked to be vigilant in this regard.

The parking issues at the Primary School are being monitored by the Police.

CCllr Colliar stated that teenagers playing football at the park and ride have damaged the bicycle and bus shelters. The Police will check this out.

**World Café Action Plan:** CCllrs met on 10 March and agreed on submissions to be lodged with the Council; this has been carried out.

**Complaint:** Following the last meeting Cllr Miller forwarded a letter of complaint to the CC which was circulated to CCllrs. Cllr Miller was concerned at the way the Council Officers were treated by certain CCllrs and asked for an apology and for an assurance that such an occurrence would

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not be repeated. He now stated that as circumstances had changed this matter could be dropped.

**Transport to campus from Gairneybank:** CCllr Colliar queried why Andrew Warrington was not present. The Secy explained that he was to be invited to the May meeting due to the April incorporating the AGM. CCllr Colliar asked that any changes be notified to CCllrs.

#### Planning Applications

10/00283/FLL 90 Muirs: Partial demolition of extension and erection of a two-storey extension.

10/00372/FLL Wood of Coldrain Farm: Modification of existing consent (04/01646/FUL): change of layout for Plot 6 and change of house types for Plots 3 and 4.

10/00503/FLL Kirkgate Park: Demolition of existing toilet block and replace with new automated public convenience, hard and soft landscaping works.

10/00491/FLL Unit C Kinross Business Park, Clashburn Close, Bridgend Industrial Estate: Modification of existing consent (09/00592/FUL) to erect an industrial unit.

There were no objections to any of the above.

#### Applications Determined

08/01339/IPL Bellfield: Erection of six dwelling houses and conversion of offices to residential use (in principle) – Approved. CCllr Colliar questioned why such applications were being approved in view of the reason for the flat at Millers being denied. Cllr Baird advised that properties with two or more bedrooms have to pay a contribution towards education, this however does not include sheltered housing, and in this particular case (Millers), the applicant refused. It was further commented that Council Tax accounts for only about 20% of the Council income.

09/02199/FLL 3 Muirfield Grove: Extension – Approved.

10/00038/FLL Land to the east of Baltree Farm: Erection of dwelling house, Plot 4 – Approved.

10/00264/FLL Lochleven Inn, Swansacre: Change of use of office (former public house) to dwelling house – Permitted development.

10/00271/FLL 80 High Street/2 Swansacre: Change of use from commercial use to form two dwelling houses – Withdrawn.

08/00989/FLL Baltree Farm: Erection of Kennels and Cattery – Approved.

07/01823/IPL Torriebank: Erection of two dwelling houses in principle – Approved.

09/01996/CON 3 Brewery Lane: Demolition of office/shed – Refused.

09/01995/IPL 3 Brewery Lane: four dwelling houses – Approved.

Sands Supermarket: Alteration to ATM – Approved.

10/00193/FLL 6 Muir Grove: Porch – Approved.

10/00124/FLL Gelliebank Farm: Wind turbine, road entrance and driveway – Approved.

#### Other Planning Matters

**Retirement Flats at Green Hotel:** Letter from Mrs Allan acknowledging the CC's decision to request sight of the revised plans. The revision is in relation to access/egress.

**Comments:** The Secy advised that our comments in relation to the Green Hotel Retirement flats, Brewery Lane and Balado applications were passed to Nick Brian as they were bounced via the general planning email. Mr Brian acknowledged the communication and confirmed that he had passed it over to the relevant bodies, however no further correspondence has been received. The Secy will email Mr Brian regarding this. CCllr Colliar advised that the consultee

reports are no longer published on the website, e.g. SEPA, Scottish Water, Roads Department etc and it was difficult to make an informed decision without sight of these. Cllr Robertson will speak to the Council in relation to this matter. It was further commented that Scottish Water state that if a development is beneficial to the area, they will do everything in their power to supply the water and drainage required.

#### Report from Councillor Robertson

**Council Chambers:** Cllr Robertson had been advised by constituents that on attending a recent planning meeting they were shown into a side room, the main chamber being full to capacity. Unfortunately, they were unable to hear what was being said. The Council have promised to take action to improve on this. It was suggested that seating allocation could be reviewed and also the placement of microphones. Video link changes and projectors were also being considered. It was further suggested that a computer-generated images of the building being discussed would be beneficial.

**Flooding:** Cllr Robertson stated that Scottish Water is aware of the flooding in Montgomery Street and a full investigation is being undertaken.

**Myre Park:** A consultant was engaged to do a full survey of the area and the results are awaited.

**Leisure Centre:** CCllr Davies stated that all the shrubbery has been removed at this area. Cllr Robertson answered that he believed this was to be replanted and would look into this.

**Green Park:** CCllr Colliar described difficulties being experienced by a disabled resident, partly due to the state of the footpath. Also, the grass area at the rear of Green Park/Green Rd has been dug up and there are mounds of earth in the middle. The path at the back of the houses in Green Park which leads up to the Wimpey estate is ignored, the road sweeper starting at the Wimpey estate. The grass along the side of Green Road is being damaged by vehicles being parked there. He suggested that shrubs, trees or a fence should alleviate this problem. Cllr Robertson will look into this.

#### Correspondence

**Ground maintenance:** Notification received in relation to the planned removal of a lime tree in Broom Road to allow for access to a new build. The tree was in poor condition and would have been removed as a matter of course.

**TAYplan Public Information Meeting** on 27 May. (See *Articles p.9.*) Leaflets and posters were available for distribution. CCllrs to read the material available on the website [www.tayplan-sdpa.gov.uk](http://www.tayplan-sdpa.gov.uk) and this matter to be

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added to the agenda for the next meeting.

**The campus booking complaints** received by the CC were forwarded to P&KC and passed by them to the campus.

**National Spring Clean:** Notification of a "litter pick" to be held in April.

**Planning Users Forum:** This group plans to meet twice a year and will consist of sixteen members: four representing applicants and agents, four for CCs representing the community interest, four for statutory agencies and four for the Council.

**62nd meeting of the Convention:** Wednesday 12 May.

**Gritting and snow clearing:** Comments/suggestions invited by the Council in relation to the level of service provided this winter. It was commented that the main roads were treated and remained open and in the circumstances the service was more than adequate. Cllr Robertson agreed, however added that there is no system in place for vulnerable people who are left housebound due to the condition of the roads/footpaths and he had written to the Council pointing this out. Cllr Miller suggested that the Council remind the public of their responsibility, emphasising the need to carry a shovel in the car when travelling and for neighbourhoods to clear the snow where required. CCllr Jack further suggested that the Council should plan for the worst scenario each year. It was agreed that the Secy write to the Council confirming that we were happy at the level of service provided this year.



*The Muirs on 2 Jan 2010. P&KC performed well in keeping the main roads clear during the harsh winter.*

**Scottish Parliament:** Invitation to attend a debate or take part in a guided tour of the Parliament building.

**Kinross-shire CLD Partnership:** A meeting was held on 29 March but unfortunately CCllrs L MacKay and J Richardson were unable to attend. A further meeting is planned for 26 April and CCllr Richardson has confirmed his availability. Tracey Ramsay advised that a meeting is also planned for Tuesday 20 April to which a representative from each CC is invited. At this meeting a decision will be taken to nominate one member from those CC members present to the Partnership.

**BT kiosks:** Communication regarding adoption. This does not apply to Kinross CC.

**Gordon Place:** The Council advises that bollards are to be installed during the coming financial year to prevent vehicles from driving over the pavement to Springfield Road. Slabs surrounding the tree are to be immediately lifted as they are being raised by tree roots. They will be used for replacing any broken slates in this paved area.

**Kirkgate Park:** The Council acknowledges that wear and tear of grass on the step mound supporting the embankment slide, combined with erosion, has led to extremely bare and

patchy grass cover. As suggested, they are proposing to install a stepped access. To achieve complete grass cover, they plan to lay reinforced turf and fence it off until fully established. The works will be carried out in May/June this year, but this is not confirmed.

**The Camping and Caravanning Club** plan to hold a major camping event at Balado from 19 to 23 August with around 2,000 tents. They propose publishing a booklet detailing shops, catering facilities, walks etc for their members and ask if they can access this information from the CC website. We have no objection to their request and shall pass on their details to the website co-ordinator.

**Microgeneration Manifesto:** The Micropower Council is a cross-industry body which acts as the microgeneration industry's main contact point for policy maker, press and public. The manifesto is a programme for policy makers aimed to support the industry and deliver carbon savings. Details available from:

[www.micropower.co.uk/publications/Microgen-Manifesto.pdf](http://www.micropower.co.uk/publications/Microgen-Manifesto.pdf)

**Gairneybank bus shelter:** Notification from the Council that due to anti-social behaviour they have been asked to remove the bus shelter at Gairneybank and, if agreed, this would be replaced with a bus stop pole. A circular was forwarded to local residents along with a questionnaire asking for their views. (See also Letters, p.2 – Ed.)

#### Other Business

**M90/A977 to Service Station:** CCllr Jack advised that the fencing in this area is broken. It was agreed that we write to BEAR asking for this to be repaired.

**Light Up Kinross:** CCllr Colliar gave details of the AGM.

**Newsletter funds:** CCllr Colliar stated that consideration should be given to the two applications received last year for funding in view of the recent contribution towards the feasibility study on the Town Hall. The Newsletter annual reports will be presented at the June meeting. CCllr Watson confirmed that Kinross Newsletter Ltd is the trading company for operating the Newsletter and the charitable company is the body responsible for dispersing the funds.

**Council wages:** CCllr Colliar commented on the recent press coverage in relation to the increase in wages and questioned who sets the rates. This would fall under the public sector/civil servants. It was further mentioned that contract prices have been cut by 2.1%.

**The next meeting of Kinross CC will be held in the Masonic Hall on Wednesday 5 May at 7.30pm.**

Apologies were received in advance from CCllr Blyth.

#### Agenda for May Meeting of Kinross CC

1. Apologies for absence
2. Minutes of meeting of 7 April
3. Police report
4. Presentation by Andrew Warrington re bus service
5. Presentation by Camping and Caravan Club (not confirmed)
6. Matters arising from the minutes of 7 April
7. Planning matters
8. Reports from P&K Councillors
9. Miscellaneous correspondence
10. Other competent business

Members of the public wishing to address Kinross CC are requested to contact the Secretary in advance and supply a copy of any relevant papers.



## Portmoak Community Council

### News from the AGM and the April Meeting

Cllrs I McGrattan, J Bird, S Garvie, R Cairncross, C Weedon and J Shepherd attended the Annual General and April meetings, held on 13 April in Portmoak Hall. P&K Cllrs Baird, Robertson, Barnacle and Miller and ten residents were also in attendance.

### Annual General Meeting

#### Chairman's Report

The purpose of this meeting is to receive a report of the activities of the council over the last year; to receive the audited statement of accounts and to elect office bearers for the coming year.

The objectives of the CC are to promote the well-being of the community residents and to express its views to the local authority.

My intention is to highlight just some of the more important issues we have been involved in over the past year, a number of which my colleagues will comment on in more detail in the general meeting.

Early on in our year we had the introduction of the new Single Plan. Most of us were new to the CC but we recognised the very important significance of this plan and how it could affect our future. We have put in place, as far as possible at this stage, procedures which will keep us informed of the progress of this plan and how we should be consulted.

The other main issue we have inherited from the previous year was the traffic-calming scheme. This led to some lively debate among the residents and at our meeting and love it or hate it, it is there, although modifications and monitoring is ongoing.

A significant event was the establishment of Scotlandwell as a conservation area. This reminded us of the importance of preservation and the regulations around this.



*Scotlandwell is now a conservation area*

Significant improvements were put in place in our paths network.

The establishment of an active website was also an important step forward and as you will have seen is currently being improved.

Despite John's efforts we still have not resolved the problem of the post box, but we aim to win in the end.

We have spent a lot of time on planning issues. We have tried to be impartial, fair and to apply the rules and regulations as well as possible.

I would finally like to thank my colleagues on the CC for all their hard work throughout the year.

### Treasurers report

£1450.86 in the bank account. £525.00 in MBW Account.

### Appointment of Officers

The present office bearers have agreed to stand for another session.

### News from the April Meeting

**Police Report** (given by telephone prior to meeting): The local Community Policewoman had broken her wrist and the Police were unable to send an officer to the CC. Due to the absence of the Community Officer there is some doubt whether the mobile office will be in the area on 21.4.10. Incidents reported:

1. Overnight, 4/5 April, Leslie Road, Scotlandwell: three thefts from cars and one from a caravan. Two cars were insecure. Enquiries are ongoing; anything suspicious, please report.
2. There has been a spate of counterfeit money, £10 and £20 notes, circulating in the Kinross area. Anyone receiving counterfeit money cannot get it exchanged.
3. At a recent Saturday car boot sale at Kinross there were offensive weapons which the Police confiscated.

### Matters Arising

**Community Councillors:** There was still a requirement for residents to join the CC and anyone interested and wishing information should contact a Cllr.

**Stephen's field:** Request for anyone who wants to be involved with this to make contact with the CC.

**Leaflet drop** to all residents, putting together the words.

**Kinnesswood bus shelter,** e-mail from P&KC explaining that in principle they agreed. Further developments will be considered by Kinnesswood in Bloom.

Presentation by **Portmoak Gliding Club** and request by resident to discuss **Policy 49** of the new development plan. Taken off the agenda last month, to be confirmed with resident and Gliding Club whether it is on next month's agenda.

**Drain cover:** It was reported by a resident at the close of the meeting that the problem with the drain cover in Kinnesswood park had now been repaired.

### Subcommittee reports

**Paths Group:** The appeal for money for the upkeep of the Michael Bruce Way (MBW) has been a great success; we have raised more than our target of £500. This will give us enough to keep the grass cut and also a small reserve for any maintenance. Thanks to everybody who has donated but be warned we will be back next year to ask if you wish to renew your sponsorship.

The new information boards for the MBW will be ready in a few weeks. Thanks to all the people in the community who joined in the consultation on the boards.

The long awaited new path along the A911 between Kinnesswood and Scotlandwell seems now to have left the hands of the solicitors. So we are hoping that a start can be made in the next few months.

Thanks also to Kinnesswood in Bloom who have been keeping the paths in Kinnesswood clear.

As all seems to be going well with the projects we decided to concentrate on this year, we want to have a Paths Group meeting to discuss 'What Now!' If you are interested in taking part, please get in touch through our website.

**Planning Group:** Cllr Cairncross explained the new form titled 'Rolling list of validated planning applications'. This would be kept up to date on the CC website and would be the easiest way for residents to remain in touch with the progress

of a planning application within the Portmoak area.

From the form it was noted that there were five applications which had been validated or decided by P&KC since the last meeting. The CC had not objected to any of the applications still under consideration.

Following last month's meeting and a request to confirm the height of the new properties being built at Scotlandwell, a visit was made to P&KC planning dept. to check the drawings. It was confirmed that the new buildings are the same height as the submitted application and approved drawings.

The importance of making any comments/objections to planning applications during the allocated time for comments stage of the process was noted.

Some discussion took place about the difference between the times for comments available following a neighbourhood notification and that following a Council advertisement where there had been no neighbourhood notification. The latter was often shorter and the CC may not learn of the advertisement until it received the Council's Weekly List some days later. By then there may be no more than nine days for consultation. This issue would be taken up by the CC with P&KC.

There was also some discussion with P&KC Roads dept. regarding the proposed mini-roundabout at the entrance of the Scotlandwell site. This had been agreed following the application a few years ago but since that date there had been two other applications in this particular area of Scotlandwell which may bring in to doubt the benefit of the mini roundabout. P&KC roads dept had agreed to 're-visit' the benefit of the mini-roundabout and consider a build-out in this area.

It was also noted that time was progressing on two major plans in the area, the Local Development Plan which will replace the current six Local Plans and the Tayplan which kicks off with a public information event explaining the main issues report at Loch Leven Community Campus, on 27 May (See Articles p.9).

Cllr Barnacle offered his services to hold a public meeting to discuss the issues surrounding these plans and the CC would consider the offer.

It was noted that a number of planning applications submitted throughout the Country (including P&KC) included computer generated modelling which gave a better view as to how new projects would sit within the present environment, however, it was not mandatory. Although the Development Control Committee presently used video for further visual explanation to assist in determining planning applications, the idea of computer modelling was noted by the Cllrs present.

Cllr Robertson reminded the meeting that it was the Scottish Government's intention to speed up the process of planning applications.

*Post Meeting Note: All planning applications can be checked online at:*

[www.pkc.gov.uk/Planning+and+the+environment/Planning/Planning+-+applications+and+certificates/](http://www.pkc.gov.uk/Planning+and+the+environment/Planning/Planning+-+applications+and+certificates/)  
or check out the information on the CC website, [www.portmoak.org](http://www.portmoak.org)

#### **Councillors' reports**

Cllr Robertson explained that the facilities available during Development Control meetings at P&KC had recently proved inadequate and alternative accommodation would be made available.

Cllr Baird reported that she was still awaiting information regarding the Balgedie Toll to Mawcarse road.

Cllr Barnacle queried the inference of the recent e-mail regarding the Kinnesswood bus shelter and the CC had taken it as an agreement that the bus shelter could be replaced.

There was further discussion on Tayplan and the effect of an early or later consultation process such as a public meeting.

A resident requested that 'links' could be placed in the minutes for these issues.

#### **TRACKS Progress**

The TRACKS representative gave an update on progress made.

There were two projects currently under review at Crook of Devon and Glenfarg.

Maintenance was still being carried out on the LLHT and the rest of the route around the Loch was still under negotiation with RSPB and SNH.

Present funds would be used to upgrade the piece of the Trail between the Pier and Mill.

Access to the Trail in the Levenmouth area was still required.

The Sunday 'round the Loch bus' was back in operation; times would be made available.

A study would be undertaken following a report that some of the brown signs in Kinross-shire were out of date or misleading.

A webpage, Walk in Kinross-shire, would be linked to the [www.kinross.org](http://www.kinross.org) and a facility available to download the details of the walks available in the area.

A suggestion was made by a CCllr to have a walk around Portmoak which included all the businesses in the area which included eight eating establishments. It was planned to have a connection from the Loch Leven Heritage Trail website to all businesses near to the Trail.

#### **Communications**

A full list of correspondence received by the Secretary can be viewed in the full minutes on [www.portmoak.org](http://www.portmoak.org). A selection:

Community Capacity Building Group meeting, 26/4/10.

The Community Waste and Fly tipping scheme to be launched.

Kinnesswood in Bloom re village centre scheme.

3.4.10 Establishing campus partnership groups.

1.4.10 AGM and 62nd meeting of Convention of P&K CCs.

1.4.10 Letter from above re Planning Forum.

19.3.2010 Letter from P&KC planning: Community Engagement in the Planning Process.

17.3.2010 E-mail re mobile Post Van.

15.3.2010 E-mail from Stephens setting out requirements from P&KC legal eagles.

13.3.2010 E-mail re training courses.

12.3.2010 E-mail re Community Learning and Development Partnership meeting.

12.3.2010 E-mail with presentation, training event held by Planning Aid.

8.3.2010 Letter from APRS re annual subscription.

9.3.2010 Letter from Elizabeth Smith MP asking if we would like to visit the Scottish Parliament.

Letter from Portmoak Gala Fund asking for sponsorship by extending our insurance cover.

**The next meeting of Portmoak CC will be held in the Primary School on Tuesday 11 May at 7.00pm.**

## Fossoway and District CC

### News from the April Meeting

The meeting on 6 April was attended by: A Cheape, A Lavery, A Morrison, R Cooper, K Borthwick, H Wallace and T Duffy-Wigman. Also in attendance were: P&K Cllrs M Barnacle, W Robertson and K Baird and seven members of the public. Apologies for absence were received from M Anness and S Anderson.

**Declarations of Interest:** H Wallace declared an interest in one item in the correspondence.

**Community Policing:** Lynne McIvor said there were not too many crimes this month: a case of petrol theft; counterfeit notes circulating in Kinross and Perth and some burnt-out vehicles spotted. There are regular speed checks, including one recently - as requested - during the school run in Crook of Devon.

The Community Police Van will be parked in front of the Inn in Crook of Devon on Tuesday 20 April. This is still an experiment and anybody with anything to report or ask is welcome to drop in. Please also report anything suspicious; unknown vehicles (note licence number), suspicious actions.

The CC has received complaints about security on the campsite during the T-in-the-Park festival; Cllr Barnacle is concerned about the creeping increase in capacity and time of T-in-the-Park.

### Matters Arising

**Mitigation measures, A977:** the revised list reflects the requests made during the meeting in February. FDCC can commend P&KC for their work.

**War Memorial, Blairingone:** P&KC has reneged on agreement to relocate the memorial, with the argument that it would be a major job to remove it from the Church building. MB has requested P&KC seeks the opinion of a monumental mason and if (s)he says it can be removed safely and professionally it should be done. Awaiting response from P&KC.

**Strategy Group consultations:** several successful and well attended meetings have taken place during the last month. Cllr Millar has attended some meetings as well. There has been some feedback from Powmill but no feedback from other villages has been received. All comments will go through in reports to the Council/ consultation exercise on TAYplan. It is very important that members of the community write to us with their comments. Comments during the meetings have been noted but these notes will not be made public.

A similar meeting will be organised in Cleish.

**TAYplan Consultation:** runs between April and July. The meeting for Kinross-shire is organised for 27 May. (See *Articles p.9.*)

### Kinross-shire CLD

Tracey Ramsay gave a short presentation on the Kinross-shire CLD (Community Learning and Development partnership). The partnership tries to bring organisations together to share knowledge and resources, to bring services to community groups in the Kinross-shire area. CCs have a role because they have local knowledge. So far there have been two meetings which have been very productive. It would be good to attend meetings if possible to be kept in the loop. Also, Tracey is starting another partnership around the Community Campus, involving all (potential) users. A meeting will be held to elect a CC representative for the whole of Kinross-shire to this partnership. FDCC can inform both partnerships on possible activities in the area.

### CC Business

The election results have been published. FDCC has co-opted Ramsey Cooper on the CC. Positions are as follows:

A Morrison	Chair
A Lavery	Vice Chair and Planning
K Borthwick	Treasurer
T Duffy-Wigman	Secretary
S Anderson	Minute Secretary
A Cheape	Responsible for environment
M Anness	Deputy Minute Secretary
R Cooper	CC member

### Councillors' Reports

(MB) There is a consultation by the Scottish Government on single wind turbines. MB and FDCC are worried about those and especially about the cumulative effect of several single applications. This consultation was not announced to elected members or CCllrs. It looks like permitted development will be a free-standing turbine, with a height of 11m and a distance from 100m from other developments.

There has been considerable correspondence on the Cambo footpaths plans.

(WR) Can all potholes and other defects in the roads in our area caused by the severe weather please reported to Clarence, so P&KC can repair it?

(KB) Apologised for not being able to attend the FDCC meetings more often: they clash with another meeting.

### Planning Applications

**10/00381/FLL** Erection of three dwelling houses and garages, Muirfield, Fossoway, for Crossgate homes, Tullibardine, Rumbling Bridge. No Comment. Developer assured that Millennium Footpath will be developed along the boundaries.

**10/00382/FLL** Erection of a dwelling house and garage, Muirfield, Fossoway, for Crossgate homes, Tullibardine, Rumbling Bridge. No Comment.

**10/00372/FLL** Modification of existing consent (04/01646/FUL) – change of layout for plot 6 and change of house types for plots 3 and 4, Wood of Coldrain Farm, Coldrain, for Ritchie Homes (Scotland) Pitreavie Business Park, Dunfermline. No Comment.

**10/00450/FLL** Demolition of garage and alterations and extension to house Kintail, Main Street, Crook of Devon, for Mr John Hepburn, c/o M and S Character Homes Michael Strachan, Milnathort. No Comment.

**10/00510/IPL** Residential development (in principle), land adjacent to Churchmouse Cottage, Cambo. Two houses on a site adjacent to a recent incomplete build (05/00651/FUL) by the same developer. The site has a complex planning history, including recent refusal on appeal. The application includes an area included in a 05/00651/FUL as screening woodland, not completed. The application is contrary to the local plan and makes inadequate arrangements for sewage disposal and surface water runoff, while proposing possible arrangements for mitigation. Recommendation: Reject, as contrary to the Kinross Local Plan in terms of maximum permitted houses in the settlement, sewage and drainage arrangements and because it conflicts with an existing planning consent.

**10/00343/FLL** Erection of detached garage Cailtuin Mor. The CC has received two objections against this application. We have sent a letter of comment to P&KC, outlining that we did not feel that we could make valid comments on this case. MB has been copied in and agreed with this course of action.

### Correspondence Matters Arising

TD will send a reply to P&KC reacting on **snow-clearing**

and gritting services. Comments from the public were noted and will be sent on.

**Red phone box adoption:** if a community decides to adopt, all the responsibility for upkeep, liability etc is in the hands of the community. There is no interest from either Cambo or Powmill to adopt the phone box.

**Parking at Crook of Devon shop:** Jean and Andrew Shearer are worried about residents parking for long periods in front of the shop/post office in Crook of Devon. It causes obstruction and loss of revenue. TD will investigate. Milnathort has a system of limited parking in front of the shop.



*Crook of Devon shop*

**The Convention of P&K CCs** had to postpone its AGM due to insufficient turnout. We will try to attend on 12 May. CPKCC has no mandate to negotiate with P&KC on our behalf.

RC will attend meeting to elect representative for **Community Campus Partnership** on 20 April.

#### **Other Business**

KB: **Ditches** in Aldie Road need clear out to alleviate flooding problems. According to RC this area is about to be inspected.

Cambo has had **flooding problems** during the last spell of wet weather.

The **Bridge over the Devon** (A91) seems to have had some knocks; it looks damaged. MD will report this.

The **bus shelter** in Cambo needs repairs. MB will report.

The **fencing around Falls Nursery** needs repairs; this is P&KC's responsibility. MB will report.

**The next meeting of Fossoway & District CC will take place on Tuesday 4 May at 7.30pm in Moubray Hall, Powmill.**

[www.fossoway.org](http://www.fossoway.org)

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## **Cleish & Blairadam CC**

### **News from the AGM and March Meeting**

The CC met in the Tabernacle Hall, Blairadam on Monday 29 March and was attended by five CCllrs and 10 members of the public. Apologies for absence were received from Margaret Traylor and P&K Cllr M Barnacle, and also from the Cleish & Blairadam Newsletter Editor.

#### **Chairman's Report**

The Chairman reported on her first year as Chairman, thanking Stuart Malcolm for his previous work and welcoming Hugh Somerville as the latest member of the CC. PC Ewan Mitchell has also recently joined the CC as Community Liaison Officer.

Since August 2009 new planning legislation has come in (including a new HICP) and members of the CC have attended courses run by P&KC to help understanding of these new measures.

The Chairman reported on a quieter year of new applications in the area although there is frustration regarding the many applications that have been pending for considerable time. The Chairman stressed that the CC does not oppose change and development, but that it should be measured, appropriate and respectful for our area. It is particularly important for local residents to liaise further with the CC due to changes in the weighting of comments and time constraints in the new planning system.

Margaret Traylor was thanked for her many years of hard work as Secretary – a difficult position to fill. The elections will need to see new members of the CC, preferably keeping the balance of representation between Cleish and Blairadam. A request for anyone interested in joining this very important body was made.

Finally Cllr Mike Barnacle and Catharine Erskine (C&B Newsletter Editor) were both thanked for their support, hard work and dedication to our community. Freda Whalley and the Newsletter distributors were also acknowledged for their ongoing support.

#### **Treasurer's Report**

The Treasurer reported that there was £318 spent over the previous year, with an income of £751. There is therefore a new balance of £983. There is no requirement to keep a large balance in reserve. There was a suggestion for a Christmas tree (and lights) for both Cleish and Blairadam over Christmas, but other thoughts would be welcomed.

**Crime Prevention:** Unfortunately there were no representatives from the Police force. It was reported that a tractor had been stolen from John Collier's property which appeared to be an organised rather than an opportunistic theft.

**Tracks and Trails:** The path closures surrounding Loch Leven (for maintenance) have now reopened.

### **PLANNING PERMISSION BUILDING WARRANTS**

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### New Planning Applications

8 Middleton Park – extension: no objection.

Boreland Farm – revised plans. There was still concern from local residents regarding the scale and nature of this development. In particular Plot 1 was now a larger house, double storey rather than 1 1/2 storeys. The plans show that the development is now outwith the footprint of the original steadings. There are no landscaping plans or boundary on these resubmitted plans. The CC does support the use and conversion of the existing roadside steading and would suggest a similar use of the second stone building.

### Existing Planning Applications

1. The Squirrels, Blairadam Station: pending.
2. Gairneybridge Caravan Site – Formation of new access entrance and alteration to layout from 25 touring caravans to 16 mobile homes: pending.
3. Nivingston House – erection of wind turbine and erection of three dwelling houses.
4. Lochran Moss – erection of dwelling house: pending.
5. Sunnyside Farm – erection of two dwelling houses: pending.
6. Kirkdale, Cleish: granted.
7. Boreland Farm – conversion to three dwelling houses and erection of five dwelling houses (see above for revision of application): pending.
8. Gairneybridge Caravan Site – erection of 21 dwelling houses (full): pending.
9. Chance Inn Farm – demolition of steading buildings and erection of 10 dwelling houses plus four affordable dwelling houses and associated garages and roads (full): pending.
- 10 & 11. Cleish Mill Farm, Cleish – proposed demolition of redundant steadings and steel portal frames, erection of five dwelling houses and associated access and landscaping (full) and erection of two dwelling houses with associated access and landscaping (full): Conditionally Granted – awaiting Sect. 75 (Phosphate mitigation, drainage and contribution to affordable housing).
12. Dunvegan, Great North Road, Blairadam – erection of one house (out): Refusal has been appealed – pending.

### Procedural Changes

The new TAYplan timetable has been released, following the publication of the initial Main Issues Report, which is open for feedback from 12 April to 2 July 2010. The document will be on-line from 30 March. The responses will be collated between July and September.

Two members of the CC will be attending a further planning meeting held by P&KC on 15 April. There is a public meeting on 27 May at Loch Leven Campus.

### Roads

The CC had received a reply regarding the many issues brought up at the previous meeting, to the effect that they are being monitored.

Maryburgh Road has had some areas of the verges strengthened with hard core, but this is not solving the problems of buses and tractors meeting on a narrow single track road. There is still water running off to the west of Cleish Mains, resulting in poor road surface and ice.

The repaired pot holes on the Keltybridge road have resulted in new potholes adjacent to the repair.

### Other business

**Scottish Woodlands** had written to several local residents requesting feedback to the replacement of the forest above

Cleish after felling. Meeting to be held at Windlestrae on 16 April. Members suggested that care should be taken not to pollute the runoff water that comes down the fields and to be aware of access limitations and red squirrel population.

**Coping stones** have been removed and reused from the side of the North Road; agreed to contact Historic Scotland.

**Planning Regulations:** A member from the community expressed his concerns regarding the current planning regulations and their interpretation in the Loch Leven Catchment Area:

1. The collective voice of CCs has been stifled by P&KC;
2. Phosphate mitigation: important not to lose sight of our National Nature Reserve and SSSI;
3. Compliance with the current policy: there is fragmented application of the Law and the Policy; requested that the CC makes representation to P&KC that HICP 2009 is used consistently as a benchmark for existing as well as new applications;
4. Planning assessment: The CC list requested to be healthily sceptical of all development applications that purport to have undergone a full and extensive assessment and require that the planners produce details of the scientific rigour behind their decisions.
5. Kinross-shire: planners are not protecting our rural environment; there is a cumulative effect of unsuitable development that is not being considered.

**Telephone Box:** BT has confirmed our wish to adopt the telephone box. Do we need permission for a change of use? There is still support for a book exchange.

**Nominations for Community Councillors close on Monday 24 May, a week after the next meeting.**

**The next meeting of Cleish & Blairadam CC will take place on 17 May at the Tabernacle Hall, Blairadam.**



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# Club & Community Group News

## Kinross Museum



While circumstances beyond our control prevented the Kinross (Marshall) Museum Trust and the Friends of the Kinross Museum from celebrating the opening of the new museum in the Loch Leven Community Campus on 20 November, the Curatorial Working Group has been busy moving in and sorting out maps, books, papers and artefacts that are all now housed in the store room and study area allocated to the museum. We have received a great deal of help from the staff at Perth Museum and Art Gallery and on Friday 13 November brought down from Perth items from the original Marshall Bequest that will eventually be on show when display cases have arrived and the Library space is accessible to the public.



*Museum Trust Chairman Professor David Munro shows First Minister Alex Salmond the new Museum*

The Friends of the Kinross Museum, chaired by Jim Paterson, is looking for new members and the Kinross Museum Trust is looking for volunteers to act as stewards for the museum during opening hours. Initially, after the opening of the museum, the Trust hopes to have volunteers available to assist researchers and tell people about the exhibits on display on Thursday evening 6-8pm, Friday 10am-Noon, 2-4pm and Saturday 10am-1pm. For further information see the Museum website: [www.kinrossmuseum.co.uk](http://www.kinrossmuseum.co.uk) or contact [info@kinrossmuseum.co.uk](mailto:info@kinrossmuseum.co.uk)

## Bass Rock Postcard and Stamp Fair Kinross Church Centre High Street, Kinross

**Saturday 22 May 2010, 10.30am – 4.00pm**

Entrance fee: Adults 50p

Free entry for Senior Citizens and accompanied children

Further details available from Gareth Burgess

Tel: 01368 860365

## Kinross and District Art Club



It's been a busy time at KADAC lately. We've been getting used to finding our way around the Loch Leven Campus for our monthly group activity sessions and enjoying using the new table easels reported in last month's newsletter. To top this, we have just acquired some new tables for using in our weekly sessions at the Millbridge Hall, all of this funded by a grant from the Co-operative Community Fund, to whom we are very grateful. Our new members are settling in well and bringing some fresh ideas to the club. The following question and answer responses give a flavour of what people enjoy about the club.

### 1. What made you decide to join KADAC?

As a beginner I need to learn and KADAC offer both help from the people around and some tutorial input too. The discipline of painting each week has been good for me. I last painted when I was 10. I've always wanted to take up art but didn't have the time till I retired.

### 2. Have you learned any new skills since joining the club?

All that I know about painting!

Yes, from the DVDs and the visiting artists and Tom Sutton Smith's sessions.

### 3. What motivates you to paint?

A landscape or flowers.

I find it very relaxing.

### 4. What do you enjoy about KADAC?

The people are good and chatty (good if you are joining), a varied programme (good stimulation) and a wide range of talents, so the beginner is not swamped by super artists although there are some talented people about to learn from, so a good balance.

### 5. What advice do you have for someone keen to take up painting but afraid of not being good enough?

If you would like to try painting, come along. With some help you'll soon be doing a PICTURE!

I think most people, when they first start to paint, think they are not good enough. I say go for it! You will enjoy it.



*Members of KADAC using the new tables and easels at the Millbridge Hall*

For more information about KADAC, see our website: [www.kadac.co.uk](http://www.kadac.co.uk) or contact Sybil Galbraith on 01577 8630347.

## Probus Club

Dr John Ferguson-Smith is the Chairman of the Perth and Kinross area of the Order of St John of Jerusalem and his subject for the meeting on 17 March - the history and work of the order. They were originally a group of monks who ran a hospital in Jerusalem for the health and protection of the pilgrims who came from all over Europe to see the holy places. But along came the Crusades and the emphasis changed from health to protection. In fact their name changed to the Military Knights of St John of Jerusalem. In the end the Saracens won and the Order of St John had to move - first to Cyprus. Cyprus was not a good base and the headquarters of the Order moved - next to Rhodes (1309 to 1521) and then to Malta (1530 to 1798). During these centuries of being a fighting force the Order never lost sight of the fact they were also "Hospitallers" and their hospitals had the highest standards and they were at the forefront of medical advance during the medieval period. Being Roman Catholic, the order ceased to function in Britain at the Reformation. When the order was revived in Britain in the 19th century one of the first things they did was to open an eye hospital in Jerusalem in 1882. The Priory of Scotland has always supported this hospital in Jerusalem. As well as the hospital there are now branch hospitals or clinics all over the West Bank and the Gaza strip, giving a first class eye service to the Arab population in Israel/Palestine. The Order is divided into eight Pories (The Priory of Scotland is one of these) and 33 national St John Associations spread over the Commonwealth. The Priory of St John, Scotland, has given financial help to the national St John Association of Malawi, but the major challenge for the Perth and Kinross Area over the last few years has been to raise over £75,000 to pay for the day room in the new Cancer Centre in Perth built for the Macmillan Cancer Support. Bill Blair gave the vote of thanks for a fascinating afternoon.



## Bank holiday shopping bonanza at CHAS

The Gift Shop and two Bazaar charity shops in Kinross, run by the Children's Hospice Association Scotland (CHAS), are offering ten per cent off all goods during their bank holiday shopping bonanza from **Friday 30 April to Monday 3 May**.

Customers have a treat in store with bargains galore on new and second hand goods. Whether you are looking for a wedding outfit, a designer label, a special gift, a good book or just a browse, there is something for everyone at the CHAS shops.

The Kinross charity shops at 76 and 88 High Street are open Monday to Saturday 9.30am to 5pm and the Gift Shop at 23 Avenue Road is open from 10am until 5pm. For more information contact Frances Todd on 01577 865557.

If you would like to support CHAS please contact the Kinross Fundraising Office on 01577 865222 or go to [www.chas.org.uk](http://www.chas.org.uk)

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## Kinross & District Town Twinning Association



Around 40 Gacéans will make the trip to Kinross from 1-9 August. Anyone interested in hosting and/or becoming involved in our local twinning association should contact either Chairperson Jeannie Paterson (tel Kinross 862159) or secretary David Munro (tel Kinross 862126).

The Association will host a stall at the **Feel Good Fair** on KGV park on **Saturday 15 May** from 1pm to 4pm - come along and meet some of our members and try your luck in our treasure hunt.

Our annual **Spring Fayre and Garden Coffee Morning** will take place on **Saturday 22 May** at Smiddy House (next to the Town Hall) from 10am till 12.30pm. There will be our usual stalls: garden produce, cake and candy, book stall etc.

Our series of **Pot Luck Suppers** will continue, with the next one scheduled for 1 May.

Anne Hutton and two of her grandchildren will take part in a **sponsored cycle run** round Loch Leven on Saturday 19 June to raise funds for the Association.

Anyone wishing to join the coming season's 50 club (£10 per year) should contact David Munro (tel 862126).

## Kinross-shire Volunteer Group and Rural Outreach Scheme



We have not had a notice in the Newsletter for a wee while but this does not mean we are not busy; on the contrary, we have been busier than ever over the past few months! Some of our drivers have been away to far-flung places visiting family and friends over this time and, as you can imagine, this can cause some problems when journeys are being organised. Yes, this is a cue for an appeal to anyone who would like to join us - if you enjoy driving and having a wee blether with some very pleasant folk, I am sure you would find it worthwhile. No one is asked to do more than they can manage and some extra volunteers would make it even easier. Just contact our Co-ordinator, Ann Munro, telephone 01577 840196, for more information.

### Annual General Meeting

**Tuesday 18 May at 7.30pm in Church Centre**

If you are interested and would like to learn more about us, come along to our AGM on 18 May, you will be very welcome, but, should you be too busy, then just contact Ann on 01577 840196 as noted above.

### FLAT TO RENT IN MILNATHORT

Large, bright, one-bedroomed furnished flat available to rent from mid May.

Flat consists of dining kitchen, large lounge & bedroom. Immaculate condition and forms part of an old converted church with secure phone entry and private parking.

Suitable for single person or couple  
Strictly no pets and, with respect, no DHSS.  
£400 per month.

Contact Eric Caldwell 01577 865846



## Healing Rooms Kinross

Healing Rooms - simply a place where people come to get Christian prayer for healing.

**Kinross Healing Rooms** has now been open for thirty months! Every Thursday without fail (excluding Christmas Day, and even that option was quite seriously considered!) from 11am to 1pm. It's really incredible how the time has flown. Nine months of prayer and the baby - Kinross Healing Rooms - was born in October 2007, and is flourishing. During that time the teams have been involved in nearly 450 prayer sessions for healing.

Although not all people are immediately healed, many are and no-one has left feeling worse than when they arrived; in fact the opposite is entirely true. And, as it is a purely Christian ministry, there is no charge and no appointment is necessary. People from all walks of life are included: believers, non-believers and particularly the 'don't knows.' We don't evangelise, counsel or offer advice on any subject - we simply pray a Christian prayer for healing.

Not sure? That's okay also, simply come along for a warm welcome and a warm drink, and check us out. You have literally nothing to lose, but perhaps a great deal to gain. We look forward to meeting you.

For further information please call 07766515950 or check out [www.healingrooms-scotland.com](http://www.healingrooms-scotland.com)

*Interested in becoming part of the Kinross Healing Rooms, or would like to know more? Then please call 07766 515950, we'll be very glad to talk to you. Or you could simply drop in one Thursday.*

## Kinross Garden Group

We were delighted to welcome George Anderson, recently retired from Head of School at the Royal Botanic Garden Edinburgh, President of the Royal Caledonian Horticultural Society and also appearing in the current "Beechgrove Garden" programme to our April meeting to give a very interesting, entertaining talk entitled "A Horticultural Journey."

This meeting was also our AGM and the Chairman, Mr John Porter, Outings Convener/Deputy Chair, Mrs Christina Rodger, Treasurer, Mrs Anne Walker and Secretary, Mrs Helen Leslie were elected and willing to serve.

## Kinross Bridge Club

The final session of the club for the 2009/10 season was held on Wednesday 14 April. Results were as follows:

### North/South

1st	Catriona Marshall & Anne McRandle	+2750
2nd	Jim Lawrie & Jock Taylor	+2450

### East/West

1st	Madge Malcolm & Pat Pullar	-1450
2nd	Alison Hogg & Betty Wilson	-1810

### Club Championship

Winner	Pat Forrest	(average 56.30)
Runner Up	Sandy Greenhill	(average 55.62)

The start date for the season 2010/11 is **Wednesday 29 September** in the Church Hall.



## Common Grounds



Now the longer days are upon us and what a difference it makes; the daffodils are in full bloom and the countryside is turning green. We again have to apologise for the times we are forced to close due to shortage of volunteers and we realise that we are not the only charity in that predicament.

**Project:** The Vine Trust, which we have supported in the past, is our "out of Africa" project. They are about to celebrate their 25th anniversary and provide medical aid for under privileged children in Peru, especially the children living on the city streets who have no other place to live. The charity is also in the process of setting up new schools in the more remote areas as well as continuing with the now famous "Hospital Ship" which provides primary medical care on the Amazon.



*Chief Suleman Chebe and his wife Helen, guest speakers at Common Grounds' project lunch on 20 March. The topic was the Lasajang community project in Ghana.*

**Project lunch:** Olivia Giles from **500 Miles** will be our guest speaker at a project lunch on **Wednesday 26 May** at 12 noon.

**Forthcoming events:** Nigel Ewen entertained us by playing classical guitar on Saturday 17 April, many thanks Nigel. Alex Cant and friends will entertain us to live music on **Saturday 15 May**, 1pm - 3pm. All will be welcome, please do come along.

**Book Club:** The book club meets on the first Tuesday of the month at 7.30pm in the Guide and Scout Hall, Church Street, Milnathort. If you are interested in joining the club and wish to know if a space is available, please contact Marlene Whyte on 01592 840371.

**Website:** Our website is up and running and you can find us at <http://commongrounds.org.uk>

We still require Volunteers and a Treasurer.

Our opening hours for the present are still 10am - 3pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are: James Henry (Convener) 01577 864452 and Linda Freeman (Secretary) 01577 865045.

## Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit **[www.kinross.cc](http://www.kinross.cc)**

## Newsletter Deadlines

A list of future deadlines can be found on our website **[www.kinrossnewsletter.org](http://www.kinrossnewsletter.org)**

## Kinross in Bloom



The hanging baskets will now be planted up on Saturday **29 May** at 10am in the polytunnel at Hattonburn Nursery. This change is due to a decision to use more mature, hardened plants this year.

The 60 baskets will then be looked after by volunteers and hung out on the evening of **Friday 18 June**. The baskets are fairly heavy and we are seeking help from fit, strong people to assist.

If you would like to help with the planting, hanging or watering the baskets please contact Sarah Cuthbert 01577 861001.

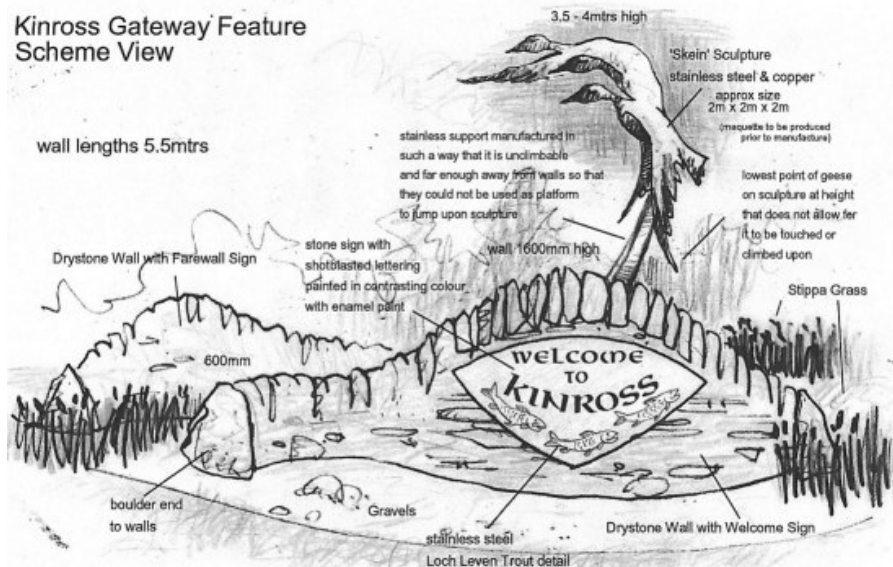
The **Annual General Meeting** of Kinross in Bloom will be held on **Wednesday 9 June** at 7.30pm in the Green Hotel – everyone welcome.

**The Gateway project** off Junction 6 of the motorway is scheduled to commence in June. The sketch shows the stone wall, planting and Skein sculpture of geese which will provide a welcome to Kinross.

### Kinross in Bloom 200 Club winners

March	£20 Mr & Mrs J Whyte; £10 Ena McGregor; £5 Mrs N Anderson; £5 Jill Whitfield.
April	£20 Mr Bill Sinclair; £10 Bill & Barbara Bel ford; £5 Mr & Mrs D Cochrane; £5 Mr Alex Forrester.

### Kinross Gateway Feature Scheme View



*The Kinross Gateway project, to be sited off junction 6 of the M90 motorway*

## Kinross & Ochil Walking Group

(affiliated to The Ramblers' Association, Scotland)

Days are lengthening. Time to get active again, so take a break from gardening and come out with us! Whether you're new to walking, returning to walking or a regular walker, try out a walk or two to see if you'd like to join - our group has no restrictions on numbers. Walking is the best and cheapest way to keep fit and healthy, and with us, it can be sociable too. Walks are led by volunteer leaders from the group members. Due to our annual members' weekend away, we have just one walk in May.

**Saturday 8 May, Dollar Circuit 9.5 km:** Up Dollar Glen to Castle Campbell, follow the footpath through the forest then climb on to Saddle Hill (ascent 185 m). Follow ridge to Whitewisp and on to Tarmangie Hill. Descend to the source of the Burn of Sorrow, on through the glen to Castle Campbell and return to Dollar.

For all walks you do need appropriate clothing (not jeans) and equipment, including boots and waterproofs. Walks can be of up to 4½ hours duration and a packed lunch, warm drink and water should be brought.

For further information on walking with the group, including further details of the above walk and where to meet, call our group Secretary Edna Burnett on 01577 862977. Or see our group website [www.koramblers.org](http://www.koramblers.org) or the Ramblers' Association website [www.ramblers.org.uk](http://www.ramblers.org.uk)

### Kinross-shire Visitor Information Points

Loch Leven Fishing Pier; Robertson's of Milnathort;  
Kinnesswood Village Store;  
Fossway Stores, Crook of Devon

## Kinross Camera Club



The formal season ended with the Annual Dinner but the season will continue informally with evening walks being held on various Thursdays during the summer. Members meet at The Green Hotel and decide where to go. Details will be made available by e-mail from time to time.

**The 2010/2011 Season** begins on **16 September** with a Wine and Cheese Evening in Kinross Church Centre, High Street, Kinross, starting at 7.30pm. New members welcome. Further information from Alison Bradley on 01592 840251 or e-mail [info@amb.abelgratis.co.uk](mailto:info@amb.abelgratis.co.uk)

Copies of "25 Years of Kinross Camera Club" containing photographs taken by Club members and commemorating the first 25 years of the Club's existence are available from Blurb.com

### SAFESTORE, KINROSS

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Opening hours – Monday to Friday 7am – 7.30pm  
Saturday 7am – 3pm Sunday 7am – 1.30pm

## Potager Garden

The warmer weather is arriving at last, and we are looking forward to welcoming Mrs Bode's P5 class from Kinross Primary over the summer term, to grow vegetables, and learn about gardening, in balance with the environment. We are very grateful to John McAdam and his staff at Kinross Dobbies, who have donated us seed potatoes, and onion sets, and other items such as compost, and organic fertiliser, which the children will enjoy using.



*Enjoying the sunshine at the Daffodil coffee morning*

On 27 March, we launched the season with a Daffodil coffee morning, in aid of Marie Curie Cancer Care. We were blessed with a sunny morning, and all enjoyed the baking, and the children painted flower pots, and sowed seeds in them. Sainsbury's kindly donated some refreshments, and bunches of daffodils, and we raised £88.16 for Marie Curie. Thank you to everyone who helped and attended.

We also sold plants which we have grown at the garden, and which have stayed very healthy in our wooden cold frames over the winter. We still have a good supply of shrubs, hedging plants, perennials, and strawberries and currant bushes, at very reasonable prices. We will be selling plants at the **Feel Good Fair** at the rugby club on the afternoon of **15 May**, or phone Amanda on (01577) 840809 if you would like to see our stocks at the garden.

There will also be a **PLANT SALE** at the garden on **Saturday 29 May**, from 10.30am to 12 noon, which will include young vegetable and herb plants, grown by the children.

We will also be helping with an exciting development of a wildlife border at Swansacre playgroup, by 2nd Kinross Guides, as part of their celebrations of the Centenary of Guiding. We will need some scaffolding boards or similar to build a raised bed, about 4m x 2m, is anyone able to help please? Watch out for progress reports over the summer! Volunteers always welcome, any enquiries about the garden to Amanda James 840809 or [amanda@tyafon.plus.com](mailto:amanda@tyafon.plus.com).

## Portmoak Hall 100 Club

### March Draw

1st	No. 10	Clare Cappon, Kinnesswood
2nd	No. 39	Pamela Yeoman, Glenlomond
3rd	No. 75	John Aitken, Scotlandwell

## Kinross & District Rotary Club



Members and partners were entertained in mid March by Bill Ritchie, a Rotarian from the Edinburgh club and retired scientist and schools inspector, who gave an amusing talk on his lifetime collection of anecdotes from people speaking publicly. His interest started when he was a schoolboy himself and he was amused by some of the 'faux pas' his teachers made and he certainly had our members in stitches.

On 22 March, we held an open evening when various members invited guests to attend, to witness what we get up to at a Rotary meeting and to hear two of our members explain the workings of Rotary International. President David Reid and Past President Barry Davies gave a detailed presentation of the aims and objects of Rotary, with illustrations of projects, both current and past, which proved to be of great interest for existing members as well as the visitors.

Our next speaker was club treasurer, Bill Blanche, who gave an interesting and amusing insight into his professional life as a Chartered Accountant.

A further two concerts were held at Whyte Court and Causeway Court at the end of March, when the Interact Club arranged the entertainment by pupils from Kinross High School and the Rotary Club organised sandwiches. The music, dancing and food went down a treat with the residents at both homes.

An outbreak of purple pinkies was observed at Kinross High School on 31 March, when the Interact Club, in support of Rotary International's "End Polio Now" campaign, ran a 'Purple Pinkie Day' in the school at lunch time and pupils and staff volunteered to have their pinkie painted purple for the princely sum of 50p, resulting in a total of over £130 being raised.

Rotary International is the largest private sector contributor to the Global Polio Eradication Initiative, with partners including the World Health Organisation and UNICEF, striving to eradicate this crippling and sometimes fatal disease which is still a very harrowing reality for children in parts of Africa and Asia and threatens children everywhere. When children in these remaining four countries have received the vaccine, they have their pinkie dyed purple to indicate that they have been inoculated, which is the reason for the fun 'purple pinkie' campaign. The Bill and Melinda Gates Foundation has offered to match funds raised by Rotary, so every pound raised in this campaign will purchase five doses of the special anti-polio vaccine, giving these children protection against polio for ever. Further donations can be made at Rotary's wishing well at Lochleven's Larder.

At our business meeting and AGM on 5 April, next year's officials were confirmed and will take office on 1st July. Details of the personnel will be issued nearer July.

Our final speaker for the period was Lynne Pollock, Nurse Practitioner, who gave an excellent presentation on the subject of her trip to the Amazon in October 2008, when she worked as a volunteer on the hospital boat, Amazon Hope 1, providing medical care for the villages on the banks of the Amazon. The medical staff on board the two boats consists of teams of eight unpaid volunteers from the UK, working for two weeks at a time.

Please visit our web site, [www.kinrossrotary.org](http://www.kinrossrotary.org) for further information about the Rotary movement.

## Kinross High School Parent Council

% Kinross High School, Loch Leven Community  
Campus, Muirs, Kinross, KY13 8FQ



The arrival of May heralds the start of the school examination season. It's an important time for all the pupils sitting their Standard and Higher Grade examinations and the KHSPC would like to wish all the pupils the very best of luck.

### Kinross High School Citizenship Award

The annual KHSPC Citizenship Awards are presented in June of each year and are open to any pupil at Kinross High School. The awards recognise outstanding commitment and achievement in the community by a young person or a group of young people. Please make the time to identify and nominate our deserving youngsters. A nomination slip for this year's awards together with details of the award categories and conditions is included in this edition of the Kinross Newsletter. Nominations and supporting evidence should be forwarded to the KHSPC no later than 1.00 pm on Tuesday 1st June.

### 10K Race

The KHSPC Events and Fundraising Team annual 10K Run took place on the evening of Thursday 29 April over a course laid out in the grounds of Kinross House. A full race report will be published in the June Newsletter and on the KHSPC website.

### KHS Former Pupils

A KHS Former Pupil Association is in process of being formed. It is open to any former pupils and teachers of KHS, and the old Kinross Secondary School. Any FPs interested in supporting the FPA please contact the KHSPC Vice Chair Jaffrey Weir or alternatively visit the FP section at the KHSPC website.

### School Purple Blazers

The KHSPC purple school uniform blazer initiative continues to be a great success and some two thirds of the pupils at the school now have blazers. The KHSPC School Shop is open on the Community Campus Street every Wednesday lunchtime throughout the Summer Term and has a full range of boys' and girls' blazer sizes ready for sale. The blazers are manufactured from a washable polyester with the design of the girls' blazer differing from the traditional design of the boys' in that it has a more fashionable fitted style. The new blazers are comfortable, light and easy to wear, and at £40 are very reasonably priced.

Anyone wishing to buy or order a blazer may do so from the KHSPC School Shop or alternatively by using the order form in last month's Newsletter. The KHSPC hopes that pupils and parents will continue to support this important school and community initiative. For further information please contact during evening hours Dora Smith the KHSPC School Shop Supervisor, on 01577 863565, or alternatively Andy Williams the KHSPC Chair.

### KHSPC Annual General Meeting

This year's KHSPC AGM takes place on **Tuesday 8 June** at 7.15 pm at the Community Campus. Parents and guardians of pupils attending KHS are welcome to attend the meeting. Written and seconded nominations for parents or guardians of pupils attending KHS wishing to stand for election to the KHSPC are to be forwarded to the KHSPC a minimum of fourteen days before the date of the AGM, i.e. by **Tuesday 25 May**. The KHSPC office bearers are also selected at the AGM by the parent membership.

### Role of the KHSPC

The objectives of the KHSPC are broadly to represent the views of the parents of pupils at the school in the areas of education and welfare. We wish to work in partnership with the school to create a positive and proactive environment which supports pupils, staff, and parents. Within the KHSPC the EFT looks after the activities of the old Parent Teacher Association. Details of the KHSPC activities may be found on the KHSPC website at [www.khspc.org.uk](http://www.khspc.org.uk).

The next KHSPC meeting is scheduled for **1 June** starting at 7.15 pm. Parents and guardians of pupils attending Kinross High School are most welcome to attend the meeting.

The elected officers of the KHSPC for the 2009/10 academic year are:

Chair	Andy Williams - 01577 861682; <a href="mailto:a.b.williams@btopenworld.com">a.b.williams@btopenworld.com</a>
Vice Chair	Jaffrey Weir - 01577 865780; <a href="mailto:jaffreyweir@lebc-group.com">jaffreyweir@lebc-group.com</a>
Treasurer	Denis Sweeney - 01577 861651; <a href="mailto:sweeney5@tiscali.co.uk">sweeney5@tiscali.co.uk</a>

If you wish to raise any issue regarding the KHSPC and parental involvement in the High School please don't hesitate to contact one of the above officers. Alternatively you may write to the Chair care of the school address noted above.

We are always looking for volunteers to help with the work of the KHSPC and its EFT. Any parent (or guardian) of a pupil studying at KHS may volunteer as a parent member of the KHSPC. For further information please contact Andy Williams, the KHSPC Chair.

\*\*\*\*\*

\* \* \* \* \*

## GARDEN MACHINERY

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- Lawnmowers
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\*\*\*\*\*

## Kinross High School Citizenship Quaich

### Ethos of the Award

Good citizenship and education for citizenship should motivate young people to be active and responsible members of their local, national and global communities. Citizenship involves building bridges between schools and their communities to help young people develop knowledge and understanding of, and respect and care for, their community and the wider world.

The awards will recognise outstanding commitment and achievement in the community by a Kinross High School pupil or group of pupils in their respective year groups.

There are three Citizenship Cups to be awarded each year covering the following year groups:

#### 1st and 2nd Years, 3rd and 4th Years, 5th and 6th Years

In making your nomination(s) you may wish to consider young people who have or are developing as responsible citizens. This might be indicated in the following ways:

- Showing respect for others;
- Commitment to participate responsibly in the political, economic, social and cultural life of the local and wider community;
- Wanting to make a positive difference in the quality of life of individuals or groups of people in the local and wider community.

Which might enable them to improve their:

- Knowledge and understanding of the world, Scotland and Kinross and its place in it;
- Understanding of different beliefs and cultures;
- Decision-making process;
- Understanding of environmental, scientific and technical issues;
- Development of their views on moral and ethical issues.

These awards are to be presented on the evening of the High School Prize Giving in June 2010 for each of the year groups.

### What the School Council needs from you are:

Written nominations with supporting evidence from all members of the community. This would include all external clubs, societies and organisations as well as from Kinross High School pupils and staff. Nominations should be brief and limited to no more than one side of A4. Alternatively you may use the tear off nomination form provided on this page.

Nominations and supporting evidence should be sent to the address shown no later than **1.00pm on Tuesday 1 June 2010**.

Please return your completed nomination to: Kinross High School Citizenship Quaich, The Kinross High School Council, The School Secretary, Kinross High School, Loch Leven Community Campus, Muirs, Kinross. KY13 8FQ. Nominations should arrive no later than 1.00 pm on Tuesday 1 June 2010.

### Kinross High School Citizenship Quaich - 2010 Nomination Form

Name of person, persons or organisation making the nomination:						.....					
Contact postal address and telephone number of person, persons or organisation making the nomination:						.....					
I/We wish to nominate the following Kinross High School pupil (or pupils) for the award of the 2010 Kinross High School Citizenship Cup:											
Pupil/ Groups of pupils full name:						.....					
School year category (Circle as appropriate):						1st & 2nd		3rd & 4th		5th & 6th	
Reason for nomination:											

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## Kinross-shire Local Events Organisation

### Fun for all the family at Feel Good Fair at Loch Leven Half Marathon

In conjunction with the Kinross Road Runners, KLEO will be arranging some entertainment and fun activities at the finish line of the Loch Leven Half Marathon on **Saturday 15 May**. The event starts at 1pm at the KGV Rugby Field and we finish when the last runner passes the finish line. While you wait for the runners coming in, come along and browse through the wares of local stall holders, kick a football at the street football, try to 'Beat the Goalie' with the Boys Brigade, play volleyball or have your face painted. The Kinross Pipe Band will entertain us with some music and kids can enjoy the Fun Run, which Swansacre Playgroup organises every year, at 1.30pm.

Come along and enjoy!

### Film 'UP' at Community Campus

The next film we show at the Community Campus on **Friday 28 May** is the film 'UP'.

By tying thousands of balloons to his home, 78-year-old Carl Fredricksen sets out to fulfil his lifelong dream to see the wilds of South America. Right after lifting off, however, he learns he isn't alone on his journey, since Russell, a wilderness explorer 70 years his junior, has inadvertently become a stowaway on the trip.

Films start at 7pm (doors open at 6.30pm).

Tickets (£3 for 18 and under and £5 for adults) are available from Sporting Chance (High Street, Kinross), a week before the film, and at the door on the evening. Children (15 and under) have to be accompanied by an adult. Space is limited, so please book your space early.



### Gazebo Gathering Early Bird Tickets

Yes, we are going for another Gazebo Gathering.... a music festival for the whole family! Hopefully the weather will be as good as last year's event. The 2nd Gazebo Gathering will be on **4 September** from 12 noon – 7.00pm in front of Kinross House.

We will have various bands to entertain you: a couple of local bands, a ceilidh band and tribute bands. One of them will be Them Beatles! There will be various children's activities arranged so that you can let them play while you relax on the lawn with the music. Food and drink (including alcohol) stalls will be available on site.

Early Bird Tickets will be available at the Feel Good Fair (Loch Leven Half Marathon, 15 May). £15 for adults, £7.50 for a child and £37.50 for a family ticket (two adults and two children).

**Volunteers:** To make this event happen we are looking for a number of volunteers to help out with such jobs as:

- General Stewarding
- Parking Marshalling
- Ticket Desk
- Litter Picking
- And much, much more

This is a chance to enjoy the event for FREE. All volunteers will work in shifts, allowing time off to enjoy everything this music event offers. Food and drink will be provided during your shift.

For more information contact Bouwien Bennet (bouwien@kleo.org.uk) or visit [www.kleo.org.uk](http://www.kleo.org.uk)



*The Fun Run, organised by Swansacre Playgroup*

### PLANTS AT POWMILL

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For further details see [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org) or  
phone Glenn Neve on 01592 860808 or email

**[subscriptions@kinrossnewsletter.org](mailto:subscriptions@kinrossnewsletter.org)**

## Seamab School

Since we began telling Newsletter readers a little about Seamab School every month, we have had a lot of enquiries about what the school actually does. We are a very small, residential, primary school which makes provision for 15 pupils who have severe social or emotional difficulties. Most of the children have been abused or neglected or have, in some other way, had traumatic experiences in their young lives. Most importantly, they have missed out on the need for a close, secure and positive relationship with a mother figure that is so absolutely necessary to their future development. In Seamab, we provide them with a safe environment, in which they can feel loved and wanted, and the opportunity to make a real relationship with a key adult. Of course, this means that, when they leave us, we have to give them the opportunity to stay in touch with us and to visit as much as they want until they make relationships in their next placement, hopefully in a family – we are nearly 80% successful in getting our children back into family life and to local schools. Some return to their own families and we support that by working closely with their parents to help them develop the necessary skills. Most, however, are placed with foster carers and, again, we help by preparing them and, once the child is living with them, provide advice and support.

Easter was a busy time for Seamab. The school term ended with an Easter Egg Hunt which the children thoroughly enjoyed. Rather than searching for the usual eggs, the children were looking for laminated paper carrots with one 'Golden Carrot'. The carrots were exchanged for small Easter eggs but the 'Golden Carrot' was worth a large egg! Then several groups went on holiday to our caravan in Crail and to the Isle of Coll – where they enjoyed lovely weather. Our facilities manager and his assistant also enjoyed the good weather. They spent their time filling in the pot holes in the access road, taking advantage of the school being closed for the Easter holiday.

Our football team has had several changes with four new team members (they replaced four children who have successfully moved on to pastures new). This is more than half the team! Our goalie requested a change of position so we now have a new goalie. Our last game was against Portmoak PS when we were beaten 6-1. However we DID score a goal! Hopefully we are taking part in a tournament in May.

Our eco warriors are pleased to announce they have earned the Silver Award for eco schools. They have been working on projects on the school grounds, bio diversity and are busy planning action on litter in the community. As part of health and well-being they held a competition all about smiling which made us all smile, especially the winners of the chocolate rabbits. Well done to Stacey, Callum and Lennon.

*Anne Anderson, Principal of Seamab*

### Images of Kinross-shire

Photographs can be downloaded free of charge from the [www.kinross.cc](http://www.kinross.cc)

### Photo Library

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.

## Kinross & District Inner Wheel



At the March meeting we had voting papers to be completed for the Association Committee.

We heard information about the Association Conference in Bournemouth. Five Inner Wheel ladies went to Aberdeen for the District Meeting.

Shona Mayson from Tayport was the morning speaker and she was inspiring. Shona is a lecturer at Dundee Dental School. She has been to Peru on the Mercy ships five times. The ships are used as hospitals to treat people in both medical and dental work. The ships also deliver medical supplies sailing up the River Tigre. The Vine Trust provides doctors and nurses but requires volunteers as well. She told us how the ship sailed up the Amazon and the people in the villages would see it and would know it would call on its way back and they would be able to bring their personal health problems and dental problems to the boat.

Shona said when they first saw the equipment they had in the dentistry department her heart sank as she was used to tutoring future dentists at the dental school with all the modern state of the art instruments but it is amazing what ingenuity can do. They see roughly 100,000 patients each month.

Our speaker for the March meeting was David Reid, the Rotary Club President. We know David as the former headmaster of Kinross High School but there is much more to him than this. He thanked the Inner Wheel for our support in the many projects undertaken over the last year and trusting that Inner Wheel's close links and partnership will continue.

David talked of his early life and his lifelong interest in antiques and of growing up in a house of antiques and how many grandfather clocks they had. His father made sure they didn't all strike at once. It was a very enlightening and humorous talk.

Jean Blackwood gave the vote of thanks.

Our April meeting was quite different from our usual format. We had a lovely meal, as usual followed by our business meeting. Mary, our President, likes to keep us guessing; the evening was billed as a Members' Night. We were issued with Beetle Cards and we had a fun night, even more enjoyable when we all given an Easter Egg despite our scores.

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## The Kinross-shire Civic Trust



The 19th **Annual General Meeting** of the Trust took place on 14 April at the Windlestrae Hotel. The Chairman presented his annual report and outlined the extensive and successful work carried out by the Awards Committee, the Planning Committee and the Events Committee. The Chairman is keen to extend the work of the Trust into environment, heritage and historical matters and would be pleased to hear from anyone willing to become involved. The Chairman thanked all the members of his Executive Committee and the members of the Awards Committee, Planning Committee and the Events Committee for all their hard work through the past year.

The Treasurer presented the Annual Accounts for this year. The Trust had made a small profit, but it has been decided to increase the Annual subscription to £10 per household. The Trust is a non-profit organisation, but there is a considerable cost in running such events as the Best Kept Village Competition and the Architectural Awards Competition as well as the usual administration costs.

The following were proposed and accepted: Chairman, Alistair Smith; Treasurer, Ken Miles; Secretary, Eileen Thomas and George Pease, member of the Executive Committee. Patrick Milne Home will continue as Chairman of the Awards Committee, Alistair Smith as Chairman of the Planning Committee and Bridget Lindsay as Chairwoman of the Events Committee.

### Architectural Awards Competition

The AGM was immediately followed by the Trust's Architectural Awards. The Trust Architectural Awards are to encourage good design throughout the county and this year the Award was for new Design architecture. The Trust had been very fortunate to have three very eminent judges for the judging panel: Mr Gavin Ross, architect, Professor Robin Webster, architect and Mr Jeremy Jameson, chartered surveyor. The Chairman thanked them for taking the time to come to Kinross-shire and judging all the entries.

Mr Gavin Ross was present on behalf of the judges. Before the presentations he spoke about the judges' response to the entries and gave a brief talk about the importance of architecture. He said it is the most public of all the arts, and that organisations such as the Civic Trust help to bring discussion of it into the public domain.

Mr Ross thanked the owners of all six properties visited during the judging; without exception the judges received a warm welcome and were able to engage in informative discussion on the design process of each building. The creation of a worthwhile and well-designed building requires enthusiastic commitment and input from the client, as well as a high degree of professional skill from the design team. Each property visited demonstrated these characteristics. The owners were congratulated, too, on putting their buildings forward for an award, thereby demonstrating a belief in the importance of creating a high level of civic and architectural design in the built environment. Mr Ross then gave positive critiques of the Award winning entries. The awards were as follows:

### HIGHLY COMMENDED: The Barn, Dalqueich

Client: Mr & Mrs S E McMullen  
Architect: McLaren, Murdoch & Hamilton  
Builder: Sips Industries

### COMMENDED: Loanhead of Dalqueich

Client: Mr & Mrs D Chisholm  
Architect: The Border Design Centre  
Builder: Eles Building Services

### COMMENDED: St Paul's Meeting Room

Client: Congregation of St Paul's Scottish Episcopal Church, Kinross  
Architect: Andrew Finlayson  
Builder: W S Dunsire & Sons Ltd

The Chairman thanked Mr Ross for coming to the presentation and for giving such a constructive description of the judges' appreciation of the sites they visited, which was appreciated by the entrants and the members present alike.



*Mr & Mrs McMullen of the Barn, Dalqueich with (on right) their architect, Mr W A Miller of McLaren, Murdoch & Hamilton*

### Future Events

**The Mid-summer Walk:** Led by Professor David Munro, the Trust's President, the walk will be along the Loch Leven Heritage Trail from the Fishery Pier through to Loch Leven's Larder. This will be an excellent opportunity to hear all about the history around the loch shore from David's encyclopaedic knowledge, and see the nature and wildlife. You might even see those magnificent Sea Eagles. The date has been **changed** from the advertised date of Sunday 20 June, to the following **Sunday, 27 June**. Assembly time will be at 2pm and the walk should take about 2½ hours.

**The Kinross Show:** The Trust intends to have a stand at the Show this year. The theme of our stand will probably be the new Kinross Area Local Plan, which is under preparation, and the Environment.

### Annual Subscription

Members are reminded that the Annual Subscription of £10.00 per household is now due and should be sent to Ken Miles, Turfhill House, KINROSS, KY13 0NQ.

**Contributors – please send your item well before the deadline if you can**

**Deadline for all Submissions  
2.00 pm, MONDAY 17 May  
for publication on Saturday 29 May**



## The Kinross-shire Civic Trust (continued)



### Buildings of Interest in Kinross-shire Lochleven Castle

Of all the buildings in Kinross-shire, Lochleven Castle is undoubtedly the most iconic and instantly recognisable. It appears on coats of arms, company logos, tourist brochures, websites and signposts marking the entrance to the Loch Leven Heritage Trail. From the viewpoint at the Kirkgate, the now silent ruins of the castle perched on its wooded island conjure up images of great episodes from Scotland's history.

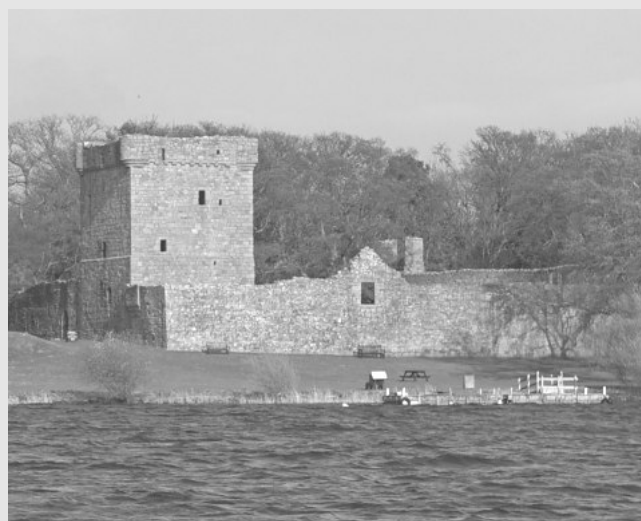
In his *Secrets of My Prison House* (1901), Robert Burns Begg described how Lochleven Castle was, from a very early period, "dignified as one of the royal residences and national strongholds of Scotland." At a parliament held in Scone in 1368, at a time when Edward III of England was attempting to subjugate the Scots, a special inspection was ordered of the defences throughout Scotland, in particular the four royal castles of Lochleven, Edinburgh, Stirling and Dumbarton. What made the castle so important was its strategic location close to important routes passing through Kinross, particularly after the outbreak of the first War of Independence in 1296. From the time of David I a century earlier, these routes were travelled by successive kings of Scotland who stopped off at their 'Hostilagium' or Hostelry in Kinross, which was midway between Queensferry and Perth. Lochleven Castle, close by, would have provided additional security in times of danger.

It was Robert I who first used the castle as a state prison, his biographer John Barbour recording that he imprisoned John of Lorn there in 1316. During the second War of Independence, Lochleven Castle was one of a handful of castles held by David II, the Scottish King. A famous siege in 1335 by the English governor of Edinburgh Castle failed to capture Lochleven Castle, which was stoutly defended by Alan Vipont. Another defender of the castle was Sir John Douglas whose fourth son, Henry, married Marjory Stewart, a niece of Robert II who granted him the castle in 1390. Although the Douglasses were to own the castle until the late 17th century, the Crown reserved the right to use it as a political prison. Lochleven Castle's most famous political prisoner was, of course, Mary Queen of Scots who was brought here in June 1567 after her forces were defeated at the Battle of Carberry Hill. Imprisoned for eleven months, the Queen was forced to abdicate the Scottish throne before making a dramatic escape on 2 May 1568, with the help of Willie Douglas, keeper of the boats of the castle.

The most intact part of the castle is the rectangular five-storey tower-house, which dates from the 15th century. Built of squared and coursed sandstone, the tower had an entrance at second floor level accessed by a wooden staircase. Within the courtyard wall, which was largely built in the late 15th century with some older masonry possible dating to about 1300, there were a number of single-storey buildings including a kitchen and the Great Hall of which little more than a foundation and west gable remain. The Glassin Tower at the south-east corner of the courtyard is a 16th-century construction, with an upper floor providing additional residential accommodation.

The last member of the Douglas family to have spent much time in the castle was Sir William Douglas, Laird of Lochleven during the imprisonment of Mary Queen of Scots. He succeeded his cousin as 5th Earl of Morton in 1588 and thereafter the castle seems to have fallen into disrepair. In 1672, burdened by mounting debts, the 9th Earl of Morton sold Lochleven Castle to Sir William Bruce of Balcaskie, who was then Surveyor of the King's works. Sir William may have repaired the building and stayed here during the construction of Kinross House between 1686 and 1693, but after that the castle was finally abandoned.

In 1939 the castle was placed under the guardianship of the then Ministry of Works, whose successor Historic Scotland now maintains it for the benefit of the nation.



Lochleven Castle

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## Portmoak Primary School achieves a half century!

There was an excited buzz about Portmoak Primary School on the morning of Wednesday 31 March as pupils prepared to welcome parents, former pupils, former staff members and friends from the community to their open morning celebrating the 50th anniversary of the school's opening in Kinnesswood.

Each class had investigated a different decade between 1960 and 2010 and the children were keen to show the visitors their work. There were colourful costumes, art and written work displayed on the walls, songs and presentations about everyday life, famous people, world events and scientific discoveries in the different decades.

We got all the old photographs out from the archive to make the adults feel nostalgic.



*P5 girls demonstrating 1980s style*

The school cooks made a delicious celebration cake which was cut by special guest Jenny Sword, who was cleaner at both the old and new school. There was a piece for every pupil and member of staff to eat in the afternoon.

Friends of Portmoak provided refreshments and home baking enjoyed by all the visitors.

The school has also received a commemorative tiled picture to brighten up the school entrance. This was made by local ceramic artist Jacqui Sellar. She was inspired by drawings and rhymes from playground games past and present contributed by pupils and staff together with the signatures of every pupil and member of staff at the school today. Jacqui also made 50th birthday medallions with the school crest as keepsakes for the pupils and staff from the Friends of Portmoak.

The school had a fabulous day and we would like to thank members of the community who came and shared their memories of the school with today's children, all the parents and visitors who came to the open morning, Friends of Portmoak, the children and the staff.

We are now looking forward to the next fifty years!



The Kinross-shire Partnership held their Annual General Meeting in The Green Hotel on Tuesday 16 March. The meeting was well attended with 20 people turning out.

The Chairman Alisdair Stewart gave the opening address. He welcomed everyone to the meeting and gave thanks to everyone who had helped the partnership over the past year: Directors, Councillors, Partners, stakeholders and other supporters. A farewell was said to Chris Benningwood and to Graham Hadley who has moved down south.

Pauline Watson and Brian Sculthorp were welcomed as new Directors.

A welcome was also extended to Tracey Ramsay who has joined the Partnership in her CLD capacity.

A short strategic review had been conducted last year and the conclusion was that the aims and objectives should remain unchanged, that is - the objectives of identifying, promoting and encouraging opportunities for economic and tourist development, environmental improvement, community recreation facilities and to provide support and co-ordination for groups engaged in such activities. The vision today remains focused on these objectives. However the partnership needs to raise its profile and focus more at a strategic level. The directors now have specific activities/ areas of expertise.

The meetings will be moving to quarterly with a focus on an area of activity. The next meeting in June will focus on Tourism and will be hosted by RSPB at Vane Farm. An invitation to attend the partnership meeting was extended to anyone interested in a specific topic.

Special thanks were given to David Graham as the Treasurer. Accounts for the year were presented by the Treasurer and adopted at the meeting.

Reports on a variety of topics were presented to the meeting by the following people:

- Economic Partnership - PKC Cllr Anne Gaunt
- Loch Leven Boat Trips - Fiona Craigon
- Town Hall - Euan Ferguson
- High Street Enhancement - John McCrone PKC
- KLEO - Fiona Craigon for Dave Cuthbert
- Loch Leven Heritage Trail Scooters - Lindsay Cant/Susan Bathgate
- Street Football - Pauline Watson
- TRACKS - George Lawrie
- Kinross CC Website - Pauline Watson
- Community Consultation - Jackie Halawi PKC
- Community Capacity - Tracey Ramsey PKC
- Charitable status/Development Trust status - Brian Sculthorp

If you have any comments or wish to get in touch with the Partnership, please contact us at:

admin@kinrosspartnership.org.uk

Do you have

### Photographs of Kinross-shire

you'd be happy to share with others?

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## Kinross-shire 50 Plus Club



The April meeting was held on Thursday 1st in the Millbridge Hall and the members were entertained by Sarah Kelly from Perth Library who gave an illustrated talk on Kinross of bygone years. The old photographs and maps proved very interesting and the members enjoyed their afternoon. She also made us aware of the wealth of information available at the A. K. Bell Library in Perth.

The May meeting will be held at 2pm on **Thursday 6 May** in the **Parish Church** as the Millbridge Hall will be used for the General Election. The speaker will be Sheila Womer who will give a talk on "Stroke Awareness."

### Events

**The summer outing** this year is to Oban on Sunday 11 July.

**Musical:** There are still a few seats left for the outing to "Hairspray" on 15 December 2010 in the Playhouse Theatre, Edinburgh.

**Holiday:** The February 2011 holiday is to Harrogate and the hotel and coach travel have already been booked.

If **Club members** wish to go on any of these events/outings please come along to the May meeting where the booking sheets will be available.

### Friday Hill Walkers

**7 May** We are headed for one of our favourite annual walks from Dunkeld to Loch Ordie. This is a route of 10 miles with 950 feet of ascent and hopefully a chance to hear the cuckoos and admire the rhododendrons.

**21 May** A new circular walk for us this time in a much-neglected area, starting in the centre of Alyth and circumnavigating Alyth Hill. This is a walk of 8½ miles with 100 feet of ascent.

This month sees us revert to our summer start time of 8.30am. *Please note our membership list is currently fully*

*subscribed. Any enquiries to Bill Blair, 01577 864450.*

### Friday Walkers

**14 May:** A short walk from Culross round Preston Island and back again, along the path round the lagoons. This is about five miles and we plan to go for lunch in the Red Lion Hotel as soon as we return to Culross. We will need to know beforehand if you are coming, to book the lunches with the hotel.

**28 May:** The "Take a Hike" walk from the Milk Bar at Powmill, which goes up the road to the Aldies, past the Bull Stane on the way to Crook of Devon, and along the Millennium path to Rumbling Bridge and then round by Blairhill before returning to the milk bar. This goes along a variety of paths and country roads and could be about eight miles long - the minibus is not available for this one.

*Please note that the membership list is currently closed.*

### Activities

The Club's other activities, which are open to all **Club members**, continue to prosper and include the following:

**Craft Group:** Meetings are held each Wednesday at 2pm in the Millbridge Hall.

**Carpet Bowls:** Bowling is now finished until the autumn.

**The Line Dancers** swing and sway every Tuesday and Friday at 10.30am in the Millbridge Hall.

**L.U.S.T.** The slimmers meet each Thursday, 9.30am to 10.30am in the Millbridge Hall.

**Fly Tyers:** The group is now finished for the summer.

**Keep Fit 2008** classes are now finished until the autumn.

**The Smiddy Singers** meet every Tuesday at 2.30pm in the Smiddy House. New members welcome.

**The Kinvest Investment Club** meets once a month. New members, who need only a general knowledge of investments, will be made most welcome. The meetings are normally held the first Monday of each month at 1.30pm in the Church Centre.



## Lomond Antiques and Collectors Club



At the April meeting, Eddie McKay returned to give another talk on art. His choice this time was the life and career of two Scottish artists, Joan Eardley and John Bellany. Joan Eardley's mother was a Glaswegian and she chose to study at the Glasgow School of Art. She was much influenced by the work of war artist, Stanley Spencer. In 1947, two scholarships enabled her to travel to Italy and France. Many of her paintings are of Glasgow street urchins, but on moving to Catterline, she concentrated on seascapes, the wilder the better. Her early death from breast cancer in 1963 cut short her career.

John Bellany was born in 1942 in Port Seton into a fishing family. He was influenced by Hugh McDairmid and, thanks to a scholarship, travelled to Madrid and Paris. He taught in various art colleges and was artist in residence in Melbourne. A visit to Buchenwald had a profound effect on him. Every year, on his birthday, he paints a self portrait, and after a liver transplant, he painted many portraits of himself in hospital. A portrait of the Bellany family is owned by Perth and Kinross Council. His own mystic symbolism can be difficult to gauge. Bellany has won numerous awards for his extremely autobiographical work, which is very popular with celebrities.

## Kinross Boys' Brigade & Girls' Association



Company section members participated in the battalion chess competition, drill competition and midnight hike in March, with Kinross finishing as runners-up in both the chess and midnight hike competitions. The drill competition marks should be announced in early May.

Junior section members took part in a festival of activities including figure marching, singing and potted sports at Bankfoot, finishing as runners up in the figure marching competition.

Junior section members are also preparing for their annual weekend camp over the first weekend in May while company members are looking forward to their joint summer camp with 1st Kinross Scouts in July to Valkenburg. The 50-seater coach is now full.

The **annual display and presentation of awards** will take place in Kinross Church Centre on **Friday 14 May** starting at 7pm with all parents and friends invited to celebrate the Kinross Company's successful session.

Marquee hire bookings are already coming in for the summer season. Our white 40 foot by 20 foot tent is available for hire - contact David Munro (tel 862126).

Congratulations to Peter Eade and Sam Dick who will be presented with their Queen's Badges at the Company's annual display on 14 May.



# Sports News

## Natalie Milne comes 4th in British Universities Mountain Bike Championship

Natalie Milne from Kinross came a creditable fourth in the British Universities & Colleges Sport (BUCS) Cross Country Mountain Bike Championships at her first attempt. This arduous event was held on 21 March at the Forest of Ae near Dumfries. Natalie was just pipped for a podium place after she took a heavy fall in the last lap but was still able to regain her composure to finish the race as the best performer from any of the Scottish University or Colleges.



*Natalie Milne with her mountain bike*

It was a highly technical course for the brave riders as they completed three gruelling laps. Natalie had already posted the third fastest lap of the event when she was thrown over the handlebars at the steepest and most demanding section of the route that had become more difficult and rutted at the event wore on. The intermittent drizzle can't have helped riding conditions and more and more fallers were recorded at the same spot.

With over 35 riders starting the race, this was one of the biggest and most competitive women's fields ever seen at the BUCS/BUSA Mountain Bike Championships. There were riders from St Andrews, Dundee, Edinburgh and Glasgow. The winner was Jessie Roberts from Loughborough who had come 3rd and 9th in the preceding years.

Natalie Milne (20) rides for the Leslie Bike Shop/Right Move Windows Cycling Team based in Glenrothes. She attended Kinross High School where she was Sports Champion. Natalie is in her second year reading Sports Studies at Stirling University with a Triathlon Sports Scholarship.

## Kinross Volleyball Club

Congratulations to the Kinross Club for retaining all the Perth Volleyball League trophies this season.

Kinross Scotrange won the Premier League and the Premier League Cup with Kinross BB winning the Recreational League and Recreational League Cup with Kinross Scotrange II finishing as Recreational League runners-up.

As Premier League winners, the Kinross Scotrange team will compete in a six-team invitation tournament which will take place at Bell's Sports Centre on the afternoon of Sunday 16 May, involving the top district league teams from around the central belt of Scotland.

The club is also preparing for the UK's largest volleyball tournament in Perth over the last weekend of May for the 25th Scottish Open Volleyball Tournament. Entries so far include teams from the Czech Republic, Faroe Islands, Germany and the USA.

Indoor training continues at Loch Leven Community Campus on Monday evenings from 8 till 9.45pm until the end of May.

The Club's **Annual General Meeting** will be held at 8pm on **Monday 7 June** in Kinross Chinese Restaurant.

Thereafter outdoor training will take place on Monday evenings at King George V Park from 7 till 9pm in preparation for the club's participation in the De Haan Tournament in Belgium in mid August.

New members are always welcome - just come along any Monday evening.



*The Kinross Scotrange volleyball team*

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## Kinross wheelchair curlers

The Kinross Wheelchair Curlers' Club had an encouraging season during 2009/10. Five members recently participated in the Scottish Wheelchair Curling Championships in Aberdeen. It proved to be an eventful journey due to the exceptional snow fall in Aberdeen only a few hours before the championship was due to start. Traffic was grid-locked and the opening game for the Kinross team was delayed to allow their first opponents to arrive on time. Although it had been a few years since a Kinross team had played in the Scottish Championships, the members gave a very good account of themselves for their first time out and the experience was very worthwhile. The winning team of the tournament was Team GB, which represented the UK at the Winter Paralympics at Vancouver 2010.

Ross Hatten, skip of the Kinross team and president of the Club said, "It was just so brilliant to be there in Aberdeen even if we did not quite make it to Vancouver!" Ross, to his great surprise, was presented with the 'Sportsmanship of the Tournament' award. This is the second time that he has received this award, the previous occasion being in 2004 at the Scottish Championships in Kilmarnock when he was 16 years old.

The five team members who took part in the Aberdeen event were: Ross Hatten (skip) and Fran Lucas, both from Kennoway, along with Maria Duncan (Glenrothes), Willie Harrison (Freuchie) and Leslie Barr (Kelty), formerly Kinross.

Six of the club members – Lindsay Cant (Kinross), Martin Rae (Crook of Devon), along with Leslie Barr, Maria Duncan, Ross Hatten and Fran Lucas – recently took part in the exciting 'Friendship Cup' Curling Event at the internationally renowned Greenacres Curling Rink in Renfrewshire. The Kinross pairs and triples teams put in a creditable performance and look forward to building on this for future tournaments. The camaraderie of meeting and competing with other disabled curlers from Moray in the north to Lockerbie in the south was quite remarkable.

Ross said that "all the members are indebted to the wonderful team of volunteers who make it possible for wheelchair curling to take place at the Kinross rink. This means so much to us." A good number of the club members and volunteers come from Kinross-shire, West and Central Fife. However one of the most regular members travels from Bathgate whilst the furthest-travelled member comes from Berwick.

The club is also most grateful to the members of Kinross Round Table for their generous donation of £500 earlier in the season. Part of the money helped in the expenses incurred in taking part in different events. All this goodwill is such an encouragement for the club members who look forward to celebrating the tenth anniversary of the Club in 2011.

The Kinross Wheelchair Curlers would be grateful if readers would pass this story on to any disabled person who would be interested in taking part in this sport. More information will be available before the new session starts and details will be given about a 'Come and Try' session which will take place early in the new 2010/11 in early autumn.

You can also find out more about Kinross Wheelchair Curlers online at [www.kinrosswheelchaircurling.co.uk](http://www.kinrosswheelchaircurling.co.uk)

## Milnathort Golf Club

### Centenary Year 1910 - 2010

Milnathort Golf Club began the celebrations of their Centenary Year with a Mixed Texas Scramble, between the President's teams and the Captain's teams on Sunday 4 April. This was the anniversary of the day in 1910 that the decision was made to form the Club.

During the day, the Club's Centenary Flag was hoisted by the Centenary Lady President (Maureen Given) and Lady Captain (Betty Brannan) supported by the Centenary President (Jim Strathie) and the Club Captain (Tony Jones), watched by a good number of the members.

The not-too-serious match was narrowly won by the Captain's teams. The individual match was won by a team led by George Kidd.

Milnathort currently has vacancies for all classes of members with a reduced entry fee. Enquires should be made at the Club in South Street, Milnathort (tel 01577 864069).



*Celebrating 100 years of Milnathort Golf Club*

## Milnathort Golf Club

### Senior Section

April saw the Senior Section of the Club get off on its inaugural Seniors programme, with its first Seniors game on Thursday 1st. This was followed by the first round of the Charlie Macari Seniors Trophy competition on the 8th, which was well attended. On 15 April, the Seniors Captain versus Seniors Vice-Captain match got under way and the Seniors Captain's (S Braid) team ran out the eventual winners by 3½ points to 2½.

On Tuesday 13th we played our first friendly match of the season at Falkland Golf Club where the home club came out victorious. Our next friendly match will be on Thursday 20 May versus Dunning G.C. when we will host the match at Milnathort.

Our next Medal competition will be on Thursday 29 April when we play the first round of the Seniors Quaich, followed by the second round of the Charlie Macari Seniors Trophy on 6 May.

Seniors games, in various formats, are scheduled to be played on Thursdays throughout the season.

### Visiting Kinross-shire?

For information on Eating Out, Parks and Gardens, Historic Buildings and more, visit

**[www.kinross.cc](http://www.kinross.cc)**

Click on "Visitors" then "Things to See and Do"

## Kinross Curling Club

Another successful season has drawn to a close with strong Club representation in a number of national competitions. Special mention must be to the rink of David Clydesdale, Alistair Wood, Jim Taylor and Douglas Rodger on reaching their second consecutive final of the Scottish Seniors. The final was a repeat of last year against the Borders rink skipped by Keith Prentice, world champions in 2007. The game was very close going to the last stone but sadly losing out 4:5 and missing out on representing Scotland in the World finals in Russia.

At Club level the Lomond League and Green Hotel League were both retained. In addition the rink of Lee McCleary, Ross McCleary, Gavin Baird and Craig Gudmundsson, representing the Club, won the Scottish Province Championship.

Within the Club the following are the results as declared at the AGM:

<b>Rankine Cup</b>	Sandy Nelson, Craig Gudmundsson, Archie Bogie, Gordon Douglas
<b>MacKintosh</b>	Alistair Wood, Bruce Robbie, Blair Melville, Sandy Davidson
<b>Hogg Trophy</b>	Ross McCleary, Sean Johnston, Paul Baughan, Jamie Montgomery

### Points

<b>Beveridge Bowl</b>	Sean Clemie
<b>Silver Medal</b>	Iain Cormack
<b>Bronze Medal</b>	Paul Baughan
<b>Fife Quaich</b>	Paul Baughan
<b>Jubilee Salver</b>	Paul Baughan, Stewart Wallace, Steve Kinninmonth, Mike MacGillis
<b>Gallowhill</b>	Hugh Cowbrough, Sean Johnston
<b>Ploughshare</b>	Ross McCleary, Alistair Wood,
<b>Poole Trophy</b>	Lee McCleary, Hugh Cowbrough, Archie Bogie, Jamie Montgomery
<b>Montgomery Trophy</b>	Lee McCleary, Craig Gudmundsson, Paul Baughan, Ian Muirhead
<b>Fulton Quaich</b>	Iain Cormack, Shane Johnston, Blair Melville, Mike MacGillis

<b>Gartwhinzean Cup (pairs high road)</b>	Craig Gudmundsson and Archie Bogie
<b>Skinner Trophy (pairs low road)</b>	Bruce Robbie and Jim Paterson
<b>Gallowhill Cup (Kinross v Orwell)</b>	David Clydesdale, Sean Clemie, Keith MacLachlan, Ian Muirhead
<b>Burt Graham Cup (Kinross v Dunfermline)</b>	Ross McCleary, Bruce Robbie, Blair Melville, Gordon Douglas
<b>Tams Tankard</b>	Steve Wilcox
<b>Opening Bonspiel</b>	David Clydesdale, Sean Clemie, Keith MacLachlan, Ian Muirhead

<b>Roxburgh Cup (town 32 - country 21)</b>	Ross McCleary, Sean Clemie, Gregor Hutcheson, Steve Wilcox
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At a well-attended AGM on Monday 12 April, the new office bearers and Committee were elected, these being:

President, Douglas Rodger; Vice-President, Paul Baughan; Secretary, Blair Melville; Treasurer, Iain Cormack; Match Secretary, Ross McCleary; Pond Master, Gregor Hutcheson. Committee: Gregor Hutcheson, Lee McCleary, Steve Wilcox, Sean Clemie, Bruce Robbie, Jamie Montgomery, Alistair Wood (Past President). Representative members: (Senior) Alistair Wood, (Junior) Bruce Robbie.

With the forthcoming National Curling Academy, now is a good time to take up curling. Kinross, the home of curling always welcomes new members and encourages newcomers to the sport. Why not view our activities on the Club website; just Google Kinross Curling Club where contact details can be found.



## Ben Nevis Challenge



### A curling stone on the summit of Ben Nevis for the pinnacle of Scottish curling

This ambitious challenge has been set up by David Clydesdale and Alistair Wood of Kinross Curling Club to raise funds for the National Curling Academy.

There will be two teams. The west team will **carry a curling stone**, donated by Kays of Scotland (supplier of the Olympic stones) **to the summit of Ben Nevis**. The east team will reach Ben Nevis having **ascended the four Munros over 4,000 feet** in the west of Scotland. The east team will be carrying the brushes for this photo shoot with the stone on the summit. Both teams will descend by the tourist path and assist with the stone.

The challenge is scheduled for **Saturday 22 May**. Should you wish to contribute and sponsor this wonderful challenge or just get further details, please contact either David Clydesdale on 01592 840624 or Alistair Wood on 01577 862749.

## Orwell Bowling Club

### Opening of the Green

Saturday 17 April dawned bright and very breezy for the President vs Vice-President's Opening of the Green game. The wind had strengthened by 2pm but undeterred, 42 hardy souls took to the green and Vice-President Diane Foster threw the first jack. President Brian Cook's team won the day with 74 shots to the opponents' 64. New Junior member Amy Studders, at 13 years of age, took her first competition in her stride and proved her worth on the President's team.

After 15 ends, as blood ran cold, it was decided to repair to the Clubhouse for delicious piping hot soup, French bread, sandwiches and warming tea. Donations by members and raffle proceeds raised a grand total of £104.20 for the Blind Bowlers Association. A thoroughly sociable afternoon was enjoyed by all, followed by Bingo and dancing along to A Boy and A Burd in the evening; a great start to the Bowls season.

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## Kinross Cycling Club



The time trial is a specialised discipline within cycling where the rider pits himself against the clock. Riders are usually started at one-minute intervals and try to complete a defined course in as fast a time as possible. There are two opportunities to spectate on this this month. **The 10-mile TT** takes place on **5 May** starting near the junction 5 motorway bridge and proceeding towards Crook of Devon on the B9097. And on **20 May**, the round **Loch Leven TT** starts at the bottom of the town and proceeds anti-clockwise. Both events, which are part of FiFe Cycling Association's Midweek series, start at 7pm. The later riders (who tend to be faster) are fast! Also this month is the Etape Caledonia for which several members are training. This is an 81-mile sportive, starting and finishing in Pitlochry. If you know someone doing it, why not sponsor their efforts? Money goes to Macmillan Cancer Support.

If all this seems too much for you and you're just starting out, we meet at 6.45pm on Thursdays (from the old Health Centre car park) and 9am on Sundays (from Loch Leven Community Campus). There are two groups so you can choose the slower group if you're not up to speed! We are affiliated to Scottish/British Cycling and would encourage members to take out additional benefits available through British Cycling. Keep pedalling! RP

## Kinross Badminton Club



Since moving to the new community campus our membership has soared, bringing the total number of senior members to 64. The Junior and primary group are also more popular than ever.

After negotiations with Perth & Kinross Leisure, the club time has been extended for seniors from 8pm – 9.45pm on a Tuesday and 7.30pm – 9.45pm on a Thursday.

Our league team have displayed dominant performances throughout this season, only losing one match, due to a player's injury half way through a match. These strong performances resulted in us winning the second division of the Perth & Kinross District League. This means that for next season we have been promoted to the first division. Well done, guys! We look forward to the challenge that next year will bring.

Our end of year club tournament is underway and is producing some exciting matches. After a lot of consideration, the committee has decided that the last night of play for this season will be 15 June. This is a lot later than previous years due to the increased turnout on club nights.

For more information regarding the club, log onto our website: [www.kinrossbadmintonclub.com](http://www.kinrossbadmintonclub.com) or contact our president Bill Macdonald on 01577 862592.

## Kinross Golf Club

The saying goes, if March comes in like a lamb it will leave like a lion. Well, less than 48 hours after British Summer Time officially started, March roared out with high winds, blizzards and freezing temperatures. Thankfully all this happened after the Opening Day of the new golfing season. We were fortunate enough to have a dry sunny morning for the annual match against the Captain and Vice Captain, which saw 91 members taking part and a close win for the Captain, Scott Michie.

Welcome to new members who have joined Kinross Golf Club this season. We look forward to meeting you all during Competitions and social events run by the club.

**Mail on Sunday:** Both the Men's and Ladies' Teams are through to the fourth round, having won their third round away matches. A win for the Men against Milnathort at the third extra hole. The Ladies playing Dundas Park won at the first extra hole. In the fourth round, the Ladies will meet Glenbervie at home on Sunday 25 April.

**Men:** Sunday 30 May - Club Championship and Beveridge Cup Qualifier – 1st round. Please remember, the weekend of 15 May, Kinross will host the Scottish Area Team Championships, an SGU event. Members are invited to come along and watch the players in action.

**Sunday 9 May:** Kinross Mixed Open Foursomes.

**Ladies:** Invitation Greensomes were played on 17 April with the winners of the Scratch: M Glennie/A Penny, Runners up: R Duncan/J Duncan. 1st Handicap: L Kyle/S Travers, Runners-up: A Thomson/L Arthur. Congratulations to Rena Duncan and Alexis Crawford for winning their second round match against Glenrothes in the Daily Mail Foursomes. Well done girls, keep it going! Please remember, from 29 April medals will change from Saturday to a Thursday evening.

**Seniors:** The seniors are off to a flying start with an away win of 4 and 2 against Balbirnie. Away matches for May are against Aberdour and Forrester Park.

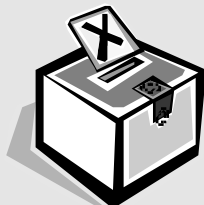
**Juniors: STOP PRESS** – Thought about joining Kinross? Well, we do have a few junior vacancies remaining. If you are interested in an application for your child, please contact Liz McKay, Office Administrator on 01577 862237. If you wish to find out more on what the section has to offer junior members, Liz will be able to put you in touch with the Junior Convener, Ian McLeod. Juniors play weekly medals; have their own club championship and other various competitions throughout the season. Ian promotes the Junior Section at every opportunity and has been instrumental in forming a Scratch League team to participate against other scratch teams within Perth & Kinross County Golf.

**Social:** Don't forget the Charity Quiz night on **1st May**. Details available in the Clubhouse. Entry will be £20 per team of four.

**Congratulations** to members, Jennifer Graham and Andrew Jackson, who marry on Friday 30 April. Our very best wishes to you both.

## Remember to use your vote!

**General Election  
Thursday 6 May**



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## Kinross Otters

### Midland District Open and Age Group Championships, Olympia Pool, Dundee 5 – 7 March



The annual Midland District Open and Age Group Championships took place over the weekend of 5 – 7 March at Olympia Pool in Dundee. Kinross Otters sent a talented team who ended up winning several medals and breaking many personal best times. There were seven individual medal winners. The haul would have been even greater had **Laura Manson** not dislocated her right shoulder in her first event on Saturday morning (Butterfly), painfully completing her weekend.

Most be-medalled of the Otters was **Cameron McCloskey** who got a silver medal in the 11 year old Boys 100m Backstroke, a bronze medal in the 200m Freestyle and along with **Aaron Gillon**, **Gregor Malcolm** and **David Elder**, silver medals in the 11 year old Boys 200m Medley and Freestyle relays.

Most impressive swims however came in the form of **Rachel Brisbane**, **Eilidh Gibson** and **Vicki Reid**. Rachel exploded onto the National scene with her 12 year old Girls 100m Breaststroke race where she claimed a bronze medal in 1.28.84 secs, knocking over 6 seconds off her personal best and more importantly achieving a National Age Group Championships qualifying time (to be held mid-April in Glasgow). In the process she surprisingly pipped team mate Vicki Reid to that 3rd spot (1.29.48 secs). The competition intensified in the equivalent 200m race where Vicki sliced an amazing 9 seconds off her personal best (3.08.93 secs) to claim a silver medal and leave Rachel in her wake to claim bronze some 5 seconds behind. Rachel and Vicki along with **Iona Elder** and **Mhairi Boyle** claimed the Otters' only gold medal in the 12 year old Girls 200m Medley relay and Vicki, Iona, Mhairi and **Fiona Thomson** came second in the equivalent Freestyle event.



*Rachel Brisbane (left) and Mhairi Boyle display their medals*

**Eilidh Gibson** won a silver medal in the 14 year old Girls 100m Backstroke in 1.11.96 secs and, emulating Rachel, a National Age Group Championships qualifying time.

**Mhairi Boyle**, **Ewan Simpson** and **Niven Lowe** won Bronze medals in the Girls 12 year old 100m Backstroke, Boys 15 year old 400m Freestyle and Girls 11 year old 100 Breaststroke respectively with the latter two knocking chunks off their personal best times. Completing the Otters medal tally was the 13 – 14 year old Boys 200m Freestyle and Medley relay teams of **Ruairidh Haig**, **Jamie Mather**, **Robbie Blaikie** and **Callum Deas** where they claimed silvers in both whilst **Eilidh Gibson**, **Mairi Mulhern**, **Alicia Mathieson** and **Rachel Miller** won a bronze medal in the 13 – 14 year old Girls 200m Medley Relay.

## Dundee City Aquatics Mini Meet

### Olympia Pool, Dundee, 14 March

On 14 March Dundee City Aquatics Swimming Club in Dundee played host to this annual 8 – 11 year old high quality meet which included clubs from most of the East of Scotland. Kinross Otters sent a team of 15 swimmers and won 6 individual medals, 8 ribbons, a relay medal and to be named third best team overall on the day out of the 15+ teams that competed.

Leading the way for the Otters was once again Cameron McCloskey, who had the unenviable task of taking on the most accomplished 11 year old swimmer in Scotland at present (Scott Goadby, DCA) at every swim, all day long. Cameron finished up with 4 silver medals, a ribbon for 5th place in the Breaststroke and five personal best times. The most exciting of his races was the 11 year old Boys 50m Backstroke. In the final 20m Goadby's superior fitness won through as he finished in a superb 35.14 secs with Cameron fractions behind in 35.81 secs. Cameron's silver theme continued in the 50m Freestyle in 31.75 secs and 50m Butterfly in 36.03 secs with new personal bests which rank him 6th and 5th respectively in Scotland in these events. Rounding off his medals was a bronze in the 11 and under 200m Freestyle relay with David Elder, Finlay Nesbitt and Conor McCormick.

Euan Boyle claimed a clear silver in the 10 year old Boys 50m Backstroke in 41.34 secs and Conor McCormick completed the medals tally with a safe bronze in the equivalent Breaststroke event in a new personal best time of 47.47 secs which ranks him 6th fastest in Scotland.

Cameron Nelson had an amazing heat in the 11 year old Boys 50m Backstroke where he knocked almost 3 seconds off his personal best (37.26 secs) to qualify third quickest. He also made advances in the 50m Freestyle event where he qualified 5th fastest in a new personal best of 33.31 secs and again came 5th in the final in 33.33 secs.

Clare Moloney showed consistent form throughout by claiming 6th spot in the 10 year old Girls 50m Breaststroke (49.63 secs), Backstroke (42.82 secs) and Freestyle (37.01 secs).

Finlay Nesbitt claimed a 6th spot in the 8 – 9 year old 50m Freestyle in 38.46 secs and Claire Mather achieved the same in the 11 year old Girls 50m Breaststroke in 49.12 secs.

## Portobello Mad March Meet

### Prestonpans Pool, Edinburgh, 21 March

The annual Portobello Mad March Meet in Edinburgh was once again the location for this mainly 200m meet on 21 March. Due to other commitments Kinross Otters sent only two swimmers, **Rachel Brisbane** and **Mhairi Boyle**, but they were no less successful for that.

Highlight of the Otter's day was a fantastic first place for **Mhairi Boyle** in her specialist event, the 12 year old Girls 200m Backstroke in a new personal best time of 2.47.73 secs. She also managed to win by a significant margin of over 3 seconds. Rounding off her day were two fourth places in the 200m Individual Medley (2.55.80 secs) and 200m Freestyle (2.36.93 secs) both in new personal best times.

**Rachel Brisbane**, who is a breaststroke specialist, won a deserved silver medal in the 12 year old Girls 200m Breaststroke in yet another personal best time of 3.13.20 secs and she also managed a bronze medal in the 200m Butterfly (3.28.68 secs).

For more information on this vibrant and friendly club visit [kinrossotters.co.uk](http://kinrossotters.co.uk)

## Kinross Squash Club

The winter squash season is drawing to a close. Players will soon be asked if they wish to stay playing and be included in the summer squash leagues. Dropping out for the summer does not affect the league position you will be allocated once the winter league recommences in September. Unfortunately, progressing to higher levels in the summer league does not mean you can start at higher level in the winter leagues though this may be taken into consideration.

The Squash club's annual championship will take place on **21 & 22 May**. This is set to be a splendid affair and if past years are to go by there will be some hard fought matches but more importantly, a lot of enjoyment will be had by all.

March's Kinross squash leagues are just coming to a close as I write this report but final placings have not been decided. However, I notice Peter Shore has already played all his games for the month and once again has had a clean sweep winning all his matches. If my memory serves me right I believe he has not been defeated all season, which is truly a remarkable achievement.

### League winners for March 2010

Premier	Crawford Heriot	League 1	David Beaumont
League 2	John Carr	League 3	Elspeth Young
League 4	Gordon Dow	League 5	Jamie Hookham

### Junior Squash news

*Midland's junior graded tournament, 20 and 21 March:*

Division 2: 1st David Beaumont, 6th Elspeth Young

Division 4: 4th Jamie Bode.

Division 6: 1st Andrew Sorbie, 3rd Tino Mackay Palacios, 5th Charmaine Bode.

*East Regional Junior A, 6 and 7 March:*

Division 1: 5th Calum Johnstone

Division 3: 2nd David Beaumont, 5th Elspeth Young

Division 6: 2nd Jamie Bode

Division 7: 3rd Andrew Sorbie

Division 8: 1st Tino Mackay Palacios

Elspeth was invited to go with the Scottish squash academy squad to the Welsh junior open 12-14 March. She came eleventh in the girls under 15 group. There were players there from England, Wales, Egypt and Malta. Calum Johnstone was also at the Welsh junior open and came tenth in the under 17 boys. Elspeth has just been selected for the under 15 team at the home internationals in Edinburgh in April.

We have several young junior stars at Kinross Squash Club and the following have achieved very high ranking positions nationally. Well done to them all!

Boys U13: Tino Mackay Palacios, 6th.

Girls U15: Elspeth Young, 1st.

Boys U15: David Beaumont, 7th.

Boys U17: Calum Johnstone, 3rd.



## Kinross Rugby Football Club



With the weather better now we have managed to play some rugby. Unfortunately, the results haven't been going our way: we went down 16-0 to Glenrothes and 10-8 to Stirling Uni. The other games we played were against top of the league teams. First up was St Andrews Uni where we were beaten 31-19 but with being 31-0 down at half time we left it too late before we started to play. It is not good reading in the League Table for us and does not reflect the rugby the guys are playing; they do not deserve to be at the bottom end of the table. Well done to Dave Farmer, Dunk Wood and Dale Lamont for keeping the guys going week after week. All match reports are available online.

We need a new pool of players so if you are interested in playing rugby, come along to the club and have a beer with the guys. Training: Tuesday and Thursdays 7-9pm at KGV Playing fields.

1 May	Orkney v Kinross	TBC
8 May	Mackie FPs v Kinross	KO 3pm
	Kinross v Grangemouth	TBC

### Club Dinner at the Windlestrae Hotel on 28 May

Speakers: Dick Campbell and Gavin Hastings. Tickets £30, available from Graeme Lungley.

### Bonus Ball

January	£50 Gordon Wood	£25 Jill Whitfield
February	£50 Calum Love	£25 Mr & Mrs Tolson
March	£50 Mr & Mrs Tolson	£25 Brian Sculthorp

Find us at KGV Playing Fields, The Muirs. Tel: 01577 861773. Website: [www.kinross-rugby.com](http://www.kinross-rugby.com)

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## Kinross Ladies Hockey Club



The long awaited pitch rejuvenation is complete, and at long last we have a green pitch again! What a difference it has made, with the ball travelling faster and truer, and the feet less likely to skid and slip. We are grateful the process has been completed, and hope that ongoing pitch maintenance will prevent the playing surface returning to its previous state.

### First XI

In addition to an outstanding run of results in the Midland First Division, which has seen the First XI win the league, the team have travelled far and wide to progress in successive rounds of Cup competitions.

In the District Cup the First XI played Kelburne 3rds at home, winning a decisive victory of 15-2. This was followed by a trip to Glasgow to play Hillhead 3rds, where an acrobatic last minute goal gave a 2-1 win, narrowly preventing the cup tie going to penalty strokes. The team are now through to the semi finals being played in Aberdeen on Sunday 25 April.

In the Midlands Knock out Cup, the First XI initially overcame Dundee Uni 3rds (7-0), followed by Madras (4-0), and then Brechin (6-1), and are due to meet Dundee Wanderers 2nds in the Final. This was due to be played on Saturday 24 April but has been rescheduled to allow a rest day before the team travel to Aberdeen for the semi finals of the District Cup.

### Second XI

The Second XI's steady improvement over the latter part of the season was much easier to appreciate having had three matches against the same team within a month. After initially losing to St Andrews Uni 3rds 0-4 on 13 March, the following week saw a much closer match against Dundee Uni 3rds, with only a single goal giving them the win (0-1). In the second match-up against St Andrews Uni 3rds the closer scoreline of 1-2 was a stepping stone to the following week's Knock out Cup match against the same St Andrews Uni team. Despite it being an injury filled match, the 2nd XI came back strongly in the second half to win 4-3, progressing to the quarter finals of the Knock out Cup.

Unfortunately the progress could not be sustained against Perthshire 1sts in the quarter finals, although the final score of 1-6 was not entirely representative of the flow of play.

Overall the Second XI finished in fourth place in the Midlands Second Division.

### Other Matters

As mentioned previously, Kinross Ladies will travel back down to Newcastle on 8 May to defend our trophy at Newcastle Ladies Charity Shield Tournament. Thereafter, the end of May will see our annual tour taking us to Skye, where midgie repellent will be an essential part of tour kit! From 12 May onwards Ladies Training will give way to mixed social hockey every Wednesday night from 6.30pm - 8pm at the all weather pitch at KGV. Ladies training for the new season (2010 - 2011) will resume at the start of August. If you would like any further details please check the website at [www.kinrossladieshockey.co.uk](http://www.kinrossladieshockey.co.uk)

## Kinross Bowling Club

The Bowling Club opened on Saturday 10 April in glorious sunshine. A great turnout was present consisting of existing and new members. The President, Paul Allcoat welcomed everyone to the green for the start of a very busy season for Kinross BC, as our Secretary George Rennie is the County President for Clacks and Kinross this year and this will mean a lot of games on the Kinross green.

Paul thanked the green team for getting the bowling green ready for the season, and also the ladies concerned for having the clubhouse ship shape again.

Our first friendly is on Sunday 18 April against Dollar at Kinross, so let us hope the good weather continues.

We would also like to thank the Kinross-shire Fund for the grant received to enable the club to purchase a new mower - very much appreciated by "The Green Team".

## Kinross Tennis Club



After a very successful Open Day in beautiful Spring weather at the end of March, the tennis season is now in full swing and we are all looking forward to a season of 'strawberries and cream' and getting fit!

With Summer nearly upon us, including The Wimbledon Championships, what better way to emulate your tennis heroes than to come along to KTC for a game of tennis!

Each Tuesday evening (5.30pm-7pm) is Junior Club Night and Wednesday evening is our Adult Tennis Evening. Also our Sunday morning practice sessions at 10.30am have proved a great success as well as our Junior coaching afternoons on Fridays.

KTC also participates in several ladies, men and mixed leagues, for those of you looking for a serious game of tennis.

On the afternoon of **Saturday 5 June**, KTC is holding a **Summer Barbecue** at the tennis courts, including a 'round robin' tournament. All members and friends are welcome to enjoy a competitive but fun game of tennis as well as some good food and beverages!

Later in the season we will continue our social events plus our Club Championships will be held during August.

For non-members, Sporting Chance are able to provide access to the courts for a small fee.

For further information, including membership enquiries, please contact: Aileen on 07881594093 or Gail on 07703132105, or see you on 5 June at our Barbecue!

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## Kinross Men's Hockey Club

The KGV all weather pitch rejuvenation has now at last been completed after lengthy delays caused by the weather.

Kinross 1sts have played their last three league games of this season with a 3-1 win against Carnegie 4ths, a 7-4 win against a strengthened Watsonians 3rds and the final game against Inverleith B was a 2-2 draw. Kinross are fourth with 27 points in a very competitive East District Division 2 which is a great result. Played 18, won 8, drawn 3 and lost 7 games. Scored 46 and conceded 40 goals.

Kinross 2nds, in their first season, also finished their league games with a 2-1 win over Carnegie 7ths (having given them our spare keeper), an 11-1 win against Eskvale and a 2-1 win against Inverleith Development with Dave Niven scoring a brilliant individual goal to secure victory. Kinross are fourth in East District Division 4 with 20 points, which is a fantastic result. Played 16, won 7, drawn 1, lost 7 and conceded 1. Scored 41 and conceded 33 goals.

The club has had one of its most successful seasons but particularly important was the establishment of the 2nd XI who finished fourth in their league and one of only four teams with a positive goal difference. Some of the other new teams in the league this year either folded at the start of the season or finished with a goal difference of -70!

We are always looking for new members whether experienced or complete beginners, so if you are interested why not come along to our **mixed summer hockey** which starts on **Wednesday 12 May** from 6.30pm to 8.00pm at KGV. All welcome.

Kobra (U14) training for both boys and girls is on Thursday evenings 6.30pm to 7.30pm; again it's free and all are most welcome, no matter what your ability, as Shaun Masson organises a lot of fun for all.

The Club held its **AGM** on 12 April and the following committee members were elected:

Club President: Mike Wilson; Club Captain: Chris Benningwood; Vice Captain: Ross Turbet; 2nd XI Captain: Dave Niven. 2nd XI Vice Captain: Andrew Getley; Club Secretary: Gordon Balfour; Club Treasurer: Andrew MacIntyre; Club Coach: Alan Dickie, assisted by Chris Benningwood; Social Convenor: Paul Hartmann; Youth Development: Andrew MacIntyre and Douglas Ogilvie; Child Protection Officer: Andrew MacIntyre.

For further information why not contact Chris Benningwood on e-mail: [captain@kinrosshockey.co.uk](mailto:captain@kinrosshockey.co.uk) or Gordon Balfour @ [secretary@kinrosshockey.co.uk](mailto:secretary@kinrosshockey.co.uk) or check our website at [www.kinrosshockey.co.uk](http://www.kinrosshockey.co.uk)

## Kinross Cavaliers Basketball Club

Both teams from Kinross Cavaliers Basketball Club were back in action playing competitively, and took part in the Tayside & Fife Under 14 tournament on Sunday 21 March at FIPRE, Viewfield, Glenrothes. Both the girls' and boys' teams had fun, played well, and enjoyed the day. Many thanks to Coach Rush for coaching the teams, and to all parents who helped with transport.

The final Tournament will take place on Sunday 2 May at DISC in Dundee, where we hope to enter both teams again.

Weekly training continues within the large Sports Hall at the new Loch Leven Community Campus on Tuesdays, from 6pm-8pm. Coaching is provided to boys and girls from P7 to S2, however, anyone currently in Primary 6, is welcome to attend after the Easter break, for the first hour, as a taster session to basketball.

We will be holding our **Annual General Meeting** on **Tuesday 11 May** at 6pm at Loch Leven Community Campus, and welcome all parents to attend. Please contact Karen Nicholson for further details on 01577 862623.

If you would like to get involved or would like any further information, please email [kinrosscavaliers@btinternet.com](mailto:kinrosscavaliers@btinternet.com) or call Mary Carruthers on 01577 840399 or Karen Nicholson on 01577 862623.

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**[subscriptions@kinrossnewsletter.org](mailto:subscriptions@kinrossnewsletter.org)**

## Kinross Cricket Club

### Kinross Ladies – Double Scottish Champions



The winter has been particularly successful for the girls and ladies.

On 28 March, the inaugural Scottish Universities Women's Indoor Cricket Sixes competition was held at Gytes Sports Centre, Peebles. Edinburgh University played hosts to teams from George Watson's College, West of Scotland Women's team and a combined ladies and girls team from Kinross Cricket Club. Kinross Ladies were overall tournament winners with George Watson's College taking second place. Zoe Conway won Kinross Player of the Tournament for her excellent performance against Watson's and was presented with a cricket top from Cricket Scotland. The next tournament was the Cricket Scotland National Women's Indoor Championship held in Perth. Kinross faced regional teams from East & West of Scotland, a combined Central, Angus and Borders team as well as St Andrews University and a team of Kinross Under-15 girls. The first match was against St Andrews University and Kinross were all out for 36 in only 4 overs. St Andrews felt they had an easy win until the Kinross bowlers started taking wickets with regularity. The rapid fall of wickets and some excellent fielding restricted St Andrews to only 29 in their 5 overs and Kinross claimed their first victory.

Next was a straightforward win over the East/West team with Kinross winning by 45 runs.

After a brief lunch Kinross ladies faced Kinross U15 girls. The girls fought valiantly with some very promising bowling but the senior ladies were far too strong. Kinross now faced the tournament favourites and current title-holders, SportCentral. It was a close, tense match, won by SportCentral.

Calculators came out as Kinross and Central had equal wins of three out of four. No-one within the Kinross team was sure of the position until Cricket Scotland Women's Cricket Development Officer announced that Kinross Ladies were the tournament winners. Kinross Ladies had now won both the main Scottish Indoor titles in the space of three weeks.



*Kinross Ladies, the Cricket Scotland Ladies Indoor Champions, 2010*

The ladies have a full fixtures list for the season and were delighted to be asked to enter a team into the Cricket Scotland Women's Championships this summer. This is a new competition open to clubs, universities and school teams. The Kinross Ladies hope that they can apply their indoor skills to the full pitch outdoor matches throughout the summer.

New girls and ladies are very welcome to come along and give cricket a try on Thursday evenings from 6.30 to 8pm. This is separate to men's training and coaching is by a female coach.

#### Men – 1st and 2nd XIs

Men's training is on every Thursday evening from 6.30pm until 8.30pm or later as the daylight allows. We are actively recruiting new players to the club for league and friendly matches.

#### Forthcoming Fixtures

Spectators are always very welcome – the kettle will be on!

#### 1st XI, 2nd XI and Ladies XI fixtures at Kinross House

1 May	1st XI v Kinloch	1pm start
8 May	1st XI v Cupar	1pm start
16 May	Ladies v West Women	1pm start
23 May	1st XI x Kismet (Scottish Cup)	1pm start
29 May	1st XI v Cupar Angus	1pm start
30 May	2nd XI v Cupar XI	1pm start

The full home and away Senior and Junior fixtures can be found on the club website [www.kinrosscc.co.uk](http://www.kinrosscc.co.uk)

#### Juniors

Junior training is now underway at Kinross House from 6.15pm to 8pm. New members are very welcome, please email [secretary@kinrosscc.co.uk](mailto:secretary@kinrosscc.co.uk) for further information or come along on Monday nights.

#### Alistair Dowell

The club was saddened to hear that Alistair Dowell, our oldest member, passed away during April, just short of his 90th birthday. Alistair was a regular player for Kinross CC in the 1930s and earned several Scotland full team caps in the 1950s. We enjoyed Alistair's visits to the club when he was able to provide a lot of interesting historical information and Alistair was guest of honour at the club annual awards dinner two years ago. He will be sadly missed.

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#### Photo Library

Subjects include Historic Kinross-shire,  
Loch Leven, Fauna and Flora, Countryside,  
Villages, Local Projects and Events.

## Kinross Road Runners



It has been another busy and successful month for KRR members. The runners are reaping the rewards of maintaining their training over a long cold winter with some impressive spring results. Firstly a round up of the key races and results.

The **Inverness Half marathon** didn't manage to tempt too many KRR runners to head north, but our Stephen Crawford came an impressive 39th in the field with a time of 1:21:56, which was the 4th place in the M40 category.

The **Alloa Half Marathon** took place the following weekend on 21 March. This is one of our Club Championship events, which motivated a total of 13 KRR runners to participate, seven men and six ladies. Our top three male finishers were Andy Johns with a time of 1:24:31 (PB), Paul Hegarty 1:24:47, and Peter Edgerton 1:26:23 (another PB from our speedy postman!). Our KRR ladies put in an equally impressive performance. Maureen Hill was our first lady finisher with an amazing PB of 1:33:15. Well done, Maureen. She was very closely followed by Jillian Gordon 1:34:42 and Judith Dobson 1:35:54.

Some of runners believe in going that extra mile or so and take part in Scottish Ultra events. On 3rd April our Andy Johns demonstrated his endurance over 33 miles in the **D33 Ultra Race** which is Race 2 of the Montane Scottish Ultra Marathon series. The race, which covers the Deeside Way from Duthie to Banchory and back, is not for the fainthearted. Andy finished 26th in a field of approximately 80 runners in a time of 4:45:56. Well done, Andy.

The **Heaven and Hell Half marathon** took place on 11 April. This event is organised by Perth Road Runners, and the name says it all. A tough, undulating course, but not too tough for KRR's leading men who brought home the Male Team Prize. The male team consisted of Rashmi Shah, 1:36:35, Ronnie Ritchie, 1:39:56, and Martin Hill 1:41:29. A fantastic result. There were also impressive times from Kinross ladies, Judith Dobson 1:42:16, and Jackie Smith 1:54:52.

Some of our runners like to do it in style and fly the flag for KRR beyond Scotland. Gillian Black flew over to Paris for the **Paris Marathon** on April 11th, donned her KRR vest and flew round the course in an impressive PB of 4hrs 3minutes. Zut Alors! Gillian, we are all very proud of you promoting our club on the international stage in such an impressive way. London 2009, Paris 2010. I'm sure Gillian is planning her next challenge for 2011.

Well that ends an impressive round up of key results over the last few weeks. Exhausting reading for us back of the pack runners!

Of course it will soon be time for the flagship event in KRR's running calendar the **Loch Leven Half Marathon**, to be held on **15 May**. This is a beautiful run around the shores of Loch Leven. There is still time to enter, but hurry as **entries close on 12 May**, and remember there is no entry on race day. If you are coming to support friends or relatives who are running then head along to KGV playing fields and enjoy the famously yummy Race Café with wonderful home baking, with all proceeds going to Charity. All runners will also be rewarded with a medal and a goody bag. At the finish Kinross Local Events Organisation (KLEO) will be hosting a "Feel Good Fair" with free entry. There really is no excuse for not coming along to support the runners and enjoy the entertainment and baking while you wait. Remember, if you want to find out more about entering the half marathon, then visit our website [www.kinrossroadrunners.co.uk](http://www.kinrossroadrunners.co.uk).

Finally, some of you who are reading this might be experienced runners in need of a bit of support, camaraderie and encouragement, or maybe a beginner who isn't quite sure where to start. Why not think about giving the club a go? KRR is a very friendly club that welcomes runners of all ages and abilities. KRR meet every Wednesday at 6.45pm in the old doctors surgery car park, for variety of local runs, some off road. Our summer schedule is underway now so that means speed work on Tuesday nights at Kirkgate Park, at 7pm. Remember you can come along for a few taster sessions before committing to joining. More information about the club can be found at

[www.kinrossroadrunners.co.uk](http://www.kinrossroadrunners.co.uk).

**Hot off the Press.** Today (18 April), saw eight KRR runners brave windy, cold and rainy conditions to complete the **Chris Hoy Edinburgh Half Marathon**. The route heads from Meadowbank Stadium down to the coast and through Portobello, past Musselburgh Racecourse for a few miles then looping back to finish at the racecourse. Despite the less than ideal weather, KRR runners put in the effort and were rewarded by a very good set of results. Peter Edgerton goes from strength to strength with a time of 1:32:48, yet another PB and 4th in the M50 category. Our leading lady was Patricia Milne, who came 3rd in the F40 with a superb time of 1:32:48. Patricia was very closely followed by Maureen Hill who was 4th in the F40 category. At this point I am unable to confirm if these were PBs, but they were certainly impressive times. Christine Myerscough maintained the winning streak by coming 4th in the F50 category with a time of 1:42:12.

Other KRR runners participating were Steve Hopton, 1:49:10, Val Findlay, 1:49:27, Allison Smith, 1:53:39 and Fiona Kemp 2:07:20. Well done everybody!

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## Health and Fitness

by Tony Brotherton, Personal Fitness Trainer, fit & happy.

### Core Training: the cornerstone of good posture

Core conditioning and abdominal conditioning have become synonymous in recent years. When it comes to real core strength, the abdominal muscles alone are overrated. The “six-pack” might look good but these are really superficial abdominal muscles, with limited and specific action. The “core” actually consists of many different muscles that stabilise the spine, pelvis and shoulder, providing a solid platform for movement. These muscles help control movement, transfer energy, shift body weight and help us to move in any direction. A strong central core can help to distribute the stresses related to weight bearing and can protect the back.

Muscles that accomplish this goal include:

**Rectus Abdominus**, located along the front of the abdomen, this is the most well known abdominal muscle and is often referred to as the “six-pack” due to its appearance.

**Erector Spinae**: This group of three muscles runs along your neck to your lower back.

**Multifidus**, located under the erector spinae along the vertebral column, these muscles extend and rotate the spine.

**External and Internal obliques** are located on the side and front of the abdomen. The latter are located under the external obliques, running in the opposite direction.

**Transverse Abdominus (TVA)**, located under the obliques, is the deepest of the abdominal muscles (muscles of your waist) and wraps around your spine for protection and stability.

**Hip Flexors**, located in front of the pelvis and upper thigh.

**Gluteus medius and minimus** located at the side of the hip.

**Gluteus Maximus, hamstring group, piriformis**, located in the back of the hip and upper thigh of the leg.

**Hip adductors**, located at medial thigh.



Because the muscles of the trunk and torso stabilise the spine between the pelvis and the neck and shoulder, they allow the transfer of powerful movements of the arms and legs. All powerful movements originate from the centre of the body and do not derive from strength within the limbs alone.

Strengthening the core muscles can have a direct effect on reducing low back pain and improving posture. Stronger core muscles can reduce the strain on the spine. Standing tall shows inner core strength. Indeed one can condition the core muscles throughout the day by simply focusing on improved posture and for example drawing in the TVA when standing, doing household chores or even driving!

Core strengthening exercises are most effective when the torso works as a solid unit and both back and front muscles contract at the same time. Multi joint movements are performed and stabilisation of the spine is monitored.

Use of basic gym equipment, such as medicine balls, kettle bells, dumbbells, balance products or stability balls, is a very effective way of developing the core. Pilates, Yoga and Core classes are excellent ways of building core strength.

There are many exercises which utilise your own body weight to develop a simple core-conditioning programme. It's important to start with the basics and do them well before progressing to more demanding exercise or durations. Aim to perform 1-3 sets of 10-16 reps.

A combination of abdominal bracing exercise, such as the plank or side plank, worked alongside basic push-ups, v sits, curls and crunches are a start. Squats, lunges and back extensions can be added.

Core conditioning should form part of any regular gym routine. As your core strength improves so will your overall performance, making both the Cardiovascular and Resistance elements easier to achieve.

**Note:** It is important that anyone considering taking up an exercise regime should consult their GP before doing so, particularly if it has been some time since you last exercised or if you are on any form of medication or suffer from a chronic illness or high blood pressure.

**Next month:** Stretching: what is it good for?

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# News from the Rurals

**MILNATHORT** – President Mrs Jessica Monro welcomed Mr George Lawrie, a local farmer, who gave a very interesting talk about food grown and reared in Scotland. Vote of thanks by May Paterson.

Competitions:

- |                     |                |
|---------------------|----------------|
| Bowl of Bulbs       | - Nan Paterson |
| Apple Tart          | - May Paterson |
| Flower of the Month | - Ena Thomson  |

Vice President Fiona Hynds welcomed four ladies from Star Institute who entertained us with some very good poems and two very interesting quizzes. Vote of thanks Fiona Hynds.

Competitions:

- |                         |                  |
|-------------------------|------------------|
| Photo of local landmark | - Sheila Wardell |
| Cup cake                | - Grace Drysdale |
| Flower of the Month     | - Ena Thomson    |

**GLENFARG** – President Mrs Ursula Stewart welcomed Christine Dickson, Venca Howie, Pat Stewart and Kay Williams from Dunning WRI who provided an excellent “four corner” demonstration evening. The Glenfarg ladies were delighted with their encaustic art paintings – modern art has seen nothing like it! – which was the pleasant surprise of the evening.

The committee served supper to all and there was a successful sales table.

Maureen Lambie proposed the vote of thanks to the visitors.

Competitions:

- |                     |                     |
|---------------------|---------------------|
| Flower of the Month | - Liz Yull          |
| Easter Bonnet       | - Liz Yull          |
| Open Sandwich       | - Liz Yull          |
| Petticoat Tails     | - Allison Messenger |

**CROOK OF DEVON** – Mrs Margaret Arbuckle welcomed everyone to our Annual Coffee Evening and introduced The Kingdom Singers who entertained us to a most enjoyable evening with an excellent variety of songs. Mrs I Mill gave a vote of thanks.

**CARNBO** – President Eileen Thomson welcomed everyone to the meeting. Business was discussed, then she introduced to us our entertainment for the evening, which was a fashion show by CHAS Bazaar. Moira Bruce was their presenter for the evening, and she was a comedy act in herself, by the enthusiastic way in which she described each outfit that the five models wore. They started off by showing us leisure wear, and finally finished off with wedding wear. Wine and shortbread was served, and a great night was enjoyed by all, the proceeds going to CHAS.

Competitions:

- |                     |                       |
|---------------------|-----------------------|
| Prettiest scarf     | - Eileen Thomson      |
| Flower of the Month | - Josephine Patterson |

**BISHOPSHIRE** – Our speaker was Lyn Haworth, who treats people using complementary methods such as Reiki. She spoke of her work with crystals, explaining how different crystals have different properties and may be used for a wide variety of problems. One of the most popular is rose quartz which has a calming effect. One of our members, Ros, had had a session with Lyn, and she described how she had felt very relaxed during this. The members found this an interesting, informative and amusing evening.

Competitions:

- |                           |                     |
|---------------------------|---------------------|
| Single spring flower      | - Sylvia Herrington |
| Decorated hard-boiled egg | - Sylvia Herrington |



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# Out & About



## Vane Farm



Well spring is sort o here then sorta isnae; some days hiv been quite braw then we get some pretty chilly yins. Nae doot it is a later spring thin usual which will hiv caught oot some o the early nestin birds resultin in eggs gettin chilled so guess we will jist hiv tae wait n see at the end o the breedin season whit the effect hiz been?

Summer migrants appear quite early wi swallow n hoose martin seen ower the reserve oan the 3rd n 4th o April. Usually they dinnae appear till later in the month. The first Osprey wiz seen oan the 23rd o March, fleein ower the gairney area o the reserve so summer must be oan the wey? Still lots o geese hingin aboot afore they gan back tae Iceland, no shair whit effect the ash cloud will hey oan them, since they dinnae hey engines tae get chokit up, bit at some stage they will head back tae breed.

Yin o the sea eagles is still kickin around the wetland areas, although no seen as much as when the twa were aboot, It's a normal thing fur young eagles tae hae a scowff aboot n catch up wi ither birds in neeborin areas.

Monitoring work is the main reserve stuff at the minute since maist o the heavy land stuff hiz haltit due tae breedin season.

The new all access path tae the picnic area is noo completit so wheelchair users kin enjoy a bit o birdwatchin through the new viewin screens at the feedin station n and better access tae the picnic benches.

The shop hiz a special offer oan this month whaur ye kin get fifty new or indeed auld pounds aff a set o RSPB BGPC binoculars, so if yer lookin fur sum ye kin save yersel a bit o siller, drap in n hae a gander.

Up n comin events this month ur **"Monsters of the Deep" on Saturday the 1st** and again oan **15 May** fae 10am – 2pm, the kiddies perennial favourite – pond dippin. Nae bookin required, costs £2 if yer a member or £3 non-members, youngest age tae attend is three n kids must be accompanied by an adult.

On **Sunday 2 May "Along the right track"** - come along fur a bit o a jaunt or a guided walk tae pit it in the correct lingo. Walk roond the reserve tae look fur animal tracks then match them up tae an owner. That runs fae 10am – 12 noon. **Please book** tae go on this on the usual number 01577 862355, costs £2 members or £3 non-members.

**Saturday 22nd** it's **"Biodiversity Bingo."** Pick up yer caird at the centre before settin aff roond the reserve lookin fur plants, animals n birds. Free event, nae booking required.

Last but nae means least RSPB will be joinin SNH, P&KC and ither organisations at Kirkgate Park on **Sunday 23 May** fur **"Loch Leven NNR Discovery Day"** which runs fae 12 noon – 4pm. Discover why Loch Leven is so special and join in the host o activities n games fur awe the family. Again this is a free event – jist gan along n enjoy yersel!

Richt then, that's the journalistic duties ower n done wi fur anither month or so. See ya next time.

Ta ta

Colin

## Loch Leven NNR



As the weather warms up, the nature reserve is really ready for Spring. Skylarks are singing over Carsehall Bog as the last of the pink-footed geese feed up before heading north to their breeding grounds in Iceland. The ducks are starting to pair up, and if you're lucky you might even spot a pair of great-crested grebes showing off with their spectacular courtship displays.

April Fool's Day saw the start of this year's invertebrate surveys and as butterflies and bumblebees prefer warm sunny days to take to the wing, our volunteers are hoping for a good summer. Bumblebees and butterflies recorded on grassland transects at Burleigh, Vane Farm and along the old railway line help Butterfly Conservation and the Bumblebee Conservation Trust build a picture o how these beautiful insects are fairing across the country.

Following a successful pilot project last year we are also looking for damselflies and dragonflies around the ponds at Burleigh, Mary's Knowe and the old railway line for The British Dragonfly Society.

The Easter holidays have seen lots of local people and visitors out and about enjoying the Heritage Trail. Alison has used this busy spell to carry out one of the regular monitoring sessions looking at whether visitors are following the access guidance for the reserve. It's been good to see that we are lucky to have lots of responsible visitors, especially in the wildlife sensitive areas (Kirkgate Point to Mary's Gate, Burleigh to Carsehall and Grahamstone to Levenmouth). As we enter the bird breeding season, please remember that dogs darting around easily disturb nesting birds and other wildlife so please keep you dog under close control (on a 2m lead or at heel), and pick up our new 'Tips for Dog Walkers' leaflet before you set out. Most of the cyclists we saw were also very considerate, but please remember to check your speed and ring your bell as you approach walkers so they can let you past.

May is a brilliant time to explore the beautiful botany o the reserve by joining reserve staff and botany experts on one of our free guided walks:

**Burleigh Botany** with Dr Heather McHaffie and Liz Lavery: **Tuesday 18 May**, 6pm to 8pm. Meet at Burleigh Sands car park.

**Findatie Botany** with Robin Payne and Liz Lavery: **Tuesday 25 May**, 6pm to 8pm. Meet at Findatie car park.

We are also celebrating the International Year of Biodiversity with some extra special activities for our **Discovery Day** event on **Sunday 23 May**, 12 noon to 4pm at Kirkgate Park. Perth Youth Theatre Collective is performing 'Tree' and international wildlife photographer David Boag is running two photography workshops. For more information please see the Discovery Day article on page 6 or visit [www.snh.org.uk/nnr-scotland/reserve.asp?NNRId=33](http://www.snh.org.uk/nnr-scotland/reserve.asp?NNRId=33).

**To book a place on a botany walk or photography workshop please phone the SNH reserve office on 01577 86 44 39.**

## Farming



It's no coincidence that this column usually appears alongside the weather report for the area. Farming is dependent upon the elements, and farmers are well known for becoming experts in its forecasting. Our kids learned from an early age not to talk over the weather report on TV and my internet shy husband has even managed to save "metcheck" as a favourite on the laptop.

Successfully managing a farm business is easier with a good understanding of high pressures and low fronts, but good management and all the energy and hard work invested in a production cycle can be wiped out by an unexpected bout of severe weather. This is what happened at the start of April, when snow and rain swept across Scotland just when most Scottish flocks had started the lambing season; on hill farms the losses have been devastating.

Hill farming is reliant upon a natural production cycle and the ewes kept on the hills such as the Ochils, Lammermuirs and Cheviots have evolved to survive on the heather and wild grasses. Each ewe will usually produce one lamb per year with very little in the way of intervention from the farmer. It's a low input, low output system that is often run alongside a lowground unit with another flock of more productive ewes or a beef enterprise. It is these hill farms that have borne the brunt of the severe weather. Farmers were finding it impossible to make it through the snow with supplementary feeding, and ewes that were already thin after the harshest winter for decades just could not survive the relentless battering from the elements so close to lambing. Newborn lambs burn brown fat during the first few hours of life to help them adjust to life in the outside world and give them enough energy to get up on their feet and suck their first milk. In the horrendous conditions it was just too much to ask of them. As a fellow farmer I'm not sure that I know how I would cope with the extent of the loss that has been reported from some areas. The impact on the business will certainly show on the books for some time to come but I imagine that many will have had to seek support from their family to make sure they find the stamina to pick up the pieces and carry on. If you find yourself asking "how can I help?" - just make sure you purchase Scottish beef and lamb. That way you can enjoy a tasty product and make sure the industry can make a good recovery from Mother Nature's tantrum!

Fiona

### Lochend Farm Shop Scotlandwell

New season's Potatoes and Vegetables  
fresh from the field daily  
Broccoli Cauliflower Cabbage Carrots Spinach  
are a few of what we sell  
Beetroot for chutney etc. 4kg £4.99  
Home baking, scones, fruit pies etc. to take away,  
can also be ordered in advance.

**Open seven days 9am-6pm**  
**Coffee Shop closes at 5.45pm**  
**Tel: 01592 840 745**  
for more info or to book a table

## Weather



### March Weather Report From Carnbo

March was certainly a month of two halves this year. Up to the 15th the jet stream was still far to the South, and precipitation was not recorded until the 16th. In addition, frost was recorded most nights. The jet stream returned to its more normal position about this time, resulting in only two dry days to the end of the month and also higher temperatures. Despite this change, Winter still had a last fling when a deep low pressure system stalled over the British Isles on the 28th-29th, leading to very heavy snowfalls and coastal flooding due to the North Easterly gales.

Rainfall for month	65 mm (110% of normal)
Heaviest fall	20.3 mm (snow) (29th)
Highest temperature	11°C (12th)
Lowest temperature	-6°C (2nd)
Average temperature	5.8°C
7 days with maximum temperature above 10°C	
Lowest maximum temperature	2°C (29th)
4 snow days, 4 days lying, total depth 8cms	
Air Frost	14 nights
Ground Frost	23 nights
Cloud cover	63%
6 sunless days	
Thunder not recorded	

### Local Attraction Opening Times

#### Lochleven Castle, Kinross

Lochleven Castle, famously where Mary Queen of Scots was imprisoned in 1567, is in the heart of the beautiful Loch Leven National Nature Reserve. Historic Scotland runs a regular boat service, which departs from the fishery pier. Opening times for 2010 are:

1 April to 30 September:	Daily, 9.30am to last outward sailing at 4.30pm.
1 to 31 October:	Daily, 9.30am to last outward sailing at 3.30pm.

Admission prices (includes boat trip): Adult £4.70, Child £2.80, Concessions £3.80, HS members free.

There are car parking facilities, toilets and a café close to the ferry departure point. The boat is not equipped to carry passengers in wheelchairs. There are benches, lawns, a gift shop and toilets on the island. Larger groups should contact the site manager on the island (phone 01577 862670) beforehand.

#### Burleigh Castle, Milnathort

A fascinating tower house dating from around 1500. The grounds are open during daylight hours. The keep can be opened on request. Please follow signs on site for key. In the care of Historic Scotland.

#### Balvaird Castle, near Glenfarg

A late 15th century tower on an L plan. Refined architectural details. View exterior only. Open days for internal viewing are advertised on the Historic Scotland website: [www.historic-scotland.gov.uk](http://www.historic-scotland.gov.uk)

# Gardens Open

More information about these gardens  
can be found on our website,  
[www.kinrossnewsletter.org](http://www.kinrossnewsletter.org)  
Leisure info also on [www.kinross.cc](http://www.kinross.cc)



Gardens, and some properties, open regularly not too far from Kinross				Admission		Disabled	Contact
	Opening Arrangements			Adult	Child	Access	Number
Kinross House gardens (not house)	1 Apr - 30 Sept	daily	1000-1900	£3.00	free	yes	01577 862900
Falkland Palace & garden (NTS)	to 31 Oct	Mon-Sat	1100-1700	£10.50	£7.50	gdn only	0844 4932186
		Sun	1300-1700				0844 4932186
Grounds only at Hill ofTarvit (NTS)	all year	daily	to dusk	£2.00		yes	0844 4932185
Kellie Castle & garden (NTS)	to 27 Sep	Thu-Mon	1300-1700	£8.50	£5.50	partial	0844 4932184
Garden & Estate only at Kellie Castle (NTS)	to 31 Oct	daily	1000-1700	£3.00	£2.00	yes	0844 4932184
Culross Palace, study, town hse and gdns (NTS)	to 31 May	Thu-Mon	1200-1700	£8.50	£5.50	no	0844 4932189
Gardens only at Culross Palace	to 31 May	Thu-Mon	1000-1800			difficult	0844 4932189
Branklyn Gardens, Dundee Rd, Perth (NTS)	to 31 Oct	daily	1000-1700	£5.50	£4.50	partial	0844 4932193
Glendoick Gardens, Glencarse, PH2 7NS	5 Apr-11 Jun	Mon-Fri	1000-1600	£4.00	free	partial	01738 860640
	May	Sat & Sun	1400-1700	£4.00	free	partial	
Scone Palace grounds only	1 Apr-31 Oct	daily	0930-1745	£5.10	£3.50	limited	01738 552300
Braco Castle gardens, Braco, FK15 9LA (SGS)	1 Feb-31 Oct	daily	1000-1700	£3.00	free	partial	01786 880437
Drummond Castle Gardens, Crieff	1 May-31 Oct	daily	1300-1800	£4.00	£2.00	restr	01764 681433
Botanic Garden, Canongate, St Andrews, KY16 8RT	Apr-Sept	daily	1000-1900	£2.00	£1.00	yes	01334 477178
Pittentcrei ffPark, Dunfermline	all year	daily	dawn-dusk	free	free	yes	01383 720285

**Notes:** Other prices may be available, eg Concessions, Family. NTS = National Trust for Scotland (entry free to members). At some gardens there are plants for sale and refreshments available. Some gardens do not allow dogs.

## Scotland's Gardens Scheme

Around 475 gardens (mostly private) in Scotland are opened to the public for a day or more each year under the auspices of SGS to raise funds for charity. 60% of entry fees benefit SGS's chosen charities\* and 40% of entry fees go to a charitable cause chosen by the garden owner.

Full details of all gardens are available in the handbook *Gardens of Scotland 2010* or on the website [www.gardensofscotland.org](http://www.gardensofscotland.org)

\*Principally: The Queen's Nursing Institute, Gardens Fund of the National Trust for Scotland and Maggie's Cancer Caring Centres. The Gardeners' Royal Benevolent Society and The Royal Fund for Gardeners' Children also receive support.

## Special Days Open in May

On **Sundays 2 and 9 May**, admission fees at **Glendoick** (see chart above) are donated to SGS charities. On these days visitors can walk round the nursery production areas as well as the gardens and members of the Cox family will be available to answer questions.

On **Sunday 9 May** admission fees at **Branklyn** (see chart above) will be donated to SGS charities. Branklyn contains an outstanding collection of rhododendrons, alpine, herbaceous and peat-loving plants.

New to SGS, **Craigrothie Village** features a mixture of mostly walled gardens open on **Sunday 9 May**, noon to 5pm. Tickets (£4.50, children free) and maps are available from some gardens and the village hall. 40% to Fife Folk Museum. Plant sales, refreshments. Route: On the A916 between Kennoway and Cupar, at jct to Ceres on B939.

**Pitcurran House, Abernethy** is open on **Sunday 16 May**, 2pm – 6pm. It is a new garden with many interesting and unusual plants. Pitcurran is at the far eastern end of village. Admission £4, children free. 40% to St John's Episcopal

Church, Perth. Plant sales, refreshments, partial disabled access, dogs on leads welcome, Macallan Fine Oak Highland Single Malt Whisky Promotion.

The most local garden open this month is **Dowhill** at **Cleish** on **Sunday 23 May**, noon to 4pm. (See also Notices). Ponds and woodland walks to the ruins of Dowhill Castle. A demonstration with trained gun dogs. Small plant sales, soup and rolls. Dogs on leads welcome. Admission £4, children free. 40% to Gun Dog Rescue. Route: ¾ mile off M90 exit 5 towards Crook of Devon.

Also open on **23 May** is **Kirklands** at **Saline** (2pm to 5.30pm.) Herbaceous borders, woodland garden, newly developed terraced walled garden. Admission: £4, children free. 40% to Prospect Burma. Plant sales, partial disabled access, dogs on leads welcome, cream teas. Route: Jct 4, M90, then B914. Parking in centre of village.

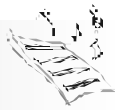
**Cloan** by **Auchterarder** is open on **Sunday 30 May**, 1.30pm – 5.30pm. Approx 7 acres laid out in the 1850s. Walled, water and wild gardens, woodland walks. Admission £4, OAPs £3, children 50p. 40% to Friends of St Margaret's Hospital, Auchterarder. Minimal disabled access, dogs on leads welcome, refreshments. Route: S out of Auchterarder (Abbey Rd) then follow signs. PH3 1PP.

## • Gardens info on our website •



More information about gardens open can also be found on our website, [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org)

## Perform in Perth



### Local success at the 86th Perthshire Music Festival

*From Arngask Primary School*

**Kristi Hepburn** – 1st eq in B flat Cornet & Flugel Horn Solo, Beginners.

*From Kinross Primary School*

**Nicholas Baughn** – 3rd eq in Violin Solo, Beginners.

**Chris Wilcox** – 2nd eq in Trombone Solo, Elementary.

**Alasdair Bennet** – 1st in Trumpet Solo, Beginners.

**Douglas Mair** – 1st in E flat Cornet/Tenor Horn Solo, Beginners.

**Rachael Wood** – 2nd in E flat Cornet/Tenor Horn Solo, Beginners.

**Erin Bathgate** – 1st eq in B flat Cornet & Flugel Horn Solo, Beginners.

**Robbie Mackessack** – 2nd eq in B flat Euphonium/Baritone Horn Solo, Beginners.

*From Kinross High School*

**Christie Shackleton** – 3rd eq in B flat Cornet/Flugel Horn Solo, Transitional.

**Sarah Melville** – 2nd in E flat Cornet/Tenor Horn Solo, Advanced.

**Nicola Sikora** – 1st in Tuba, E flat/B flat Bass Solo, Intermediate.

**David Wilcox** – 2nd in Tuba, E flat/B flat Bass Solo, Intermediate.

**Kiron Roy** – 2nd eq in Trumpet Solo, Intermediate.

**Hattie Lloyd** – 1st in Trumpet Solo, Advanced.

**Lillian Swanson** – 1st in E flat Cornet/Tenor Horn Solo, Intermediate; 1st eq in Drum Kit Solo, Beginners.

**Rachel Vaughn** – 2nd in E flat Cornet/Tenor Horn Solo, Intermediate.

**Nathaniel Haas** – 2nd in B flat Euphonium/Baritone Horn Solo, Open.

**Kieran Carruthers** – 3rd eq in Drum Kit Solo, Beginners.

*From Kinross*

**Joey Lawrence** – 3rd in Vocal Solo, Boy Trebles.

**Murray Raeburn** – 3rd eq in Piano Solo, Elementary.

**Connor Stuart** – 1st in Practice Chanter, aged 13-16.

**Lewis Cox** – 1st in Stick and Pad, aged under 13.

**Alexander Cox** – 1st in Solo snare drum, Novice, aged under 13.

**Amy Bryson** – 3rd in Solo snare drum, Novice, aged under 13.

*From Strathallan School*

**Ciara Elwis** – 1st in Flute Solo, Open.

*From Kinross, in aged 18 & over classes*

**Irene McFarlane** – 1st in Vocal Solo, Opera (Aria); 1st in Vocal Solo, Scots Songs, Soprano; 1st in Scots Poems; 1st in Vocal Solo – Premier Class, Winner of Senior Classes since 2000.

*School Group Achievements*

**Cleish Primary School** – 1st in Infants Choir (P1, 2 & 3); 2nd in Primary Schools Choir (roll of not more than 100).

**Kinross Primary School** – 2nd in String Orchestra (Schools), Elementary; 2nd eq in Brass Ensemble (Schools), Elementary.

**Kinross High School** – 3rd in Brass Ensemble (Schools), Advanced.

## Congratulations



**IAIN WHITE** and **MARY GREIVE** were married in Cleveland, Queensland on 10 April 2010. Iain is the son of Pearl and the late Reggie White of Milnathort. Iain and Mary now live in Brisbane, Australia.

**TRACY** and **DAVID BEVERIDGE** would like to thank everyone for the lovely gifts received on the occasion of their wedding.

John and Catriona **REID** are delighted to announce the birth of their baby daughter, **MARTHA MARY** on 6 April 2010. First grand-daughter and third grandchild to Pat and John White and fifth grandchild to Maisie and Tom Reid.

Dougie and Valerie **INGLIS** (née Anderson) are delighted to announce the birth of their baby daughter, **TEGAN** on 18 March 2010 at Forth Park Maternity Hospital. A sister for Emily.



*Tegan Inglis*

Linda and Sandy **BAND**, Benarty, the Vane, Kinross are delighted to announce the birth of their grand-daughter, **LACEY**, to Katrina and James at Ninewells Hospital on Saturday 17 April 2010.

Balloons and flags were flying in Argyll Court on Sunday 11 April as friends and neighbours joined **MARGOT GREENFIELD**, No. 5, to celebrate her 90th birthday. The street party was organised by her neighbour, George Heggie, who has been a wonderful friend and help to Margo since she moved to Kinross from Anstruther 21 years ago.



*Margot and friends enjoying the party*

**ROSS McNEIL**, 28 Victoria Avenue, Milnathort, after completing an arduous training period at the Commando Training Centre in Lympstone, Devon was "Passed for Duty" as a Royal Marines Commando on 19 February 2010. Ross has now moved on to the Defence School of Transport for driving tuition after which he will be posted to the Fleet Protection Group, Royal Marines, initially based at Faslane on the Gareloch.



## Thanks

**MARGOT GREENFIELD** wishes to thank her friends and neighbours for the lovely cards and gifts she received on the occasion of her 90th birthday. She especially wants to thank George Heggie, who lives next door, for organising her very enjoyable birthday party, which, courtesy of the fine weather, was held in the street. Margot would also like to take this opportunity to thank staff and friends at the Church Centre for their care and companionship which has cheered up her life over the past two years.

**MAUREEN and JIM GIVEN**, Milnathort would like to express their thanks for the lovely cards and flowers received on the occasion of their Golden Wedding.

Instead of presents for her sixth birthday, **MIA TAWSE** of 38 Argyll Road, Kinross asked her birthday party guests if they would make a donation for a local charity. Her guests and their mums and dads raised £175, which was then donated to Rachel House. Mia would like to thank everyone who made a donation.



Mia Tawse

**SUE and CLARE** (Clare and Sue Trek Peru) would like to thank everyone who has supported them so far in their efforts to raise funds to enable them to take part in a sponsored trek in aid of Breast Cancer Care. Their quiz night raised £596 and everyone appeared to enjoy themselves. They have raised £120.30 so far with the "rag bag" collection. The present total is £4135, which is 59% of their £7000 target. The next fund raising event is a Charity Race Night (*see Notices p.88*). Sue and Clare say, "We would like to send a big thank you to everyone who has been so supportive in our event whether it is through donating money, raffle prizes or clothes, helping us with organising events and most importantly, all the best wishes we have received from everyone."

Now that our recent hard winter has at last given way to spring (and an erupting volcano), **the volunteers and customers of Common Grounds** wish to congratulate **JAMES HENRY**, their Convener, who managed to cycle two miles each way from Kinross to Milnathort and back at least four days each week, whatever the weather. This was a huge achievement and a great advertisement for cycling through adversity and bad weather – cars weren't so clever. Thank you, James.

**BETTY McEWAN** – I would like to say thank you to all the family, friends and neighbours who sent me cards, flowers and best wishes during and after my stay in PRI. It was so kind of you all to pass on your best wishes to me. I am glad to say that I have recovered well from the operation but now I have to start on the next stage of my treatment? It is going to be a long haul but with the help of my close-knit family and my many true friends and neighbours I will come out fighting to hopefully be the winner at the end of it all. Sincere thanks to you all.


On Saturday 10 April the **Lancastria Association of Scotland** held a can collection in Sainsbury's and raised the wonderful sum of £680.83p for the Lancastria Memorial Fund. Our very grateful thanks for making this possible go to Sainsbury's, Kinross and the 1145 (Kinross) RAF cadets with their Sq Ldr Ross Mitchell for bag packing. Thanks also to Fiona Maguire from the Kinross army cadets, Mr George Aitken, Co-ordinator for Kinross-shire for Help the Heroes and Mr Andy Barnes who came along to support us. Most of all, however, we thank the people of Kinross who gave so very generously to the Lancastria Memorial Fund.

*Fiona Symon, Chair, Lancastria Association of Scotland (Scottish Charity No SC039936)*

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Change Your World



# Kinross-shire Churches Together



## Kinross Parish Church of Scotland

Station Road, Kinross (Charity number SC012555)

Rev Alan D. Reid MA, BD Tel: (01577) 862952

Reader: Margaret Michie Tel: (01592) 840602

Session Clerk: Jaffrey Weir Tel: (01577) 865780

Church E-mail: kinpc@tiscali.co.uk

Church website: www.kinrossparishchurch.org

All Sunday morning services include a crèche (age up to 3), Junior Church (3 yrs. to Primary 7) and Jam Pact (Secondary Age). All meetings in the church unless indicated otherwise.

### Regular Services

**Sundays** 10.30 Morning Service

**Sundays** 19.30 Church Centre : Crossfire, for S1 age upwards

**Tuesdays** 10.00 Pam Service

**Wednesdays** 10.45 Midweek Worship: Reading Room, Church Centre, 30mins.

12 noon Mid-week and Mid-day: Time to Pray:  
30 mins

*All are welcome to any of these services or prayer times*

**Saturday break** Most Saturdays mornings at the Church Centre, there is a second hand book stall and café serving tea, coffee and fresh baking 10a.m. -12 noon.

**Housegroups** meet on Wednesday and Monday evenings (contact Margaret Michie 01592 830602).

**Premises to lease.** To rent the church centre contact Helena Cantel 862923 or email helenacant@aol.com, to rent the church contact Anne Miller tel: 865610.



*Kinross Parish Church*

*Photo: Dave Cuthbert, courtesy kinross.cc photolibary*

## Kinross Christian Fellowship

Further information: (01577) 863509

Jesus said, "I come among you as one who serves."

### Church and Children's Sunday Club

Every Sunday at 10.30am

in the Millbridge Hall, Old Causeway, Kinross.

During each service there will be a time for ministry and prayer for healing.

## St James's R C Church

5 High Street, Kinross, KY13 8AW

Father Colin Golden Telephone: (01577) 863329

**Mass Times** Saturday Vigil 7.00pm  
Sunday 9.30am

Please look out for other information on other parish activities in the Sunday newsletter.

## St Paul's Scottish Episcopal Church

Muir, Kinross, KY13 8AY

Rev Dr Marion Keston Telephone: (01577) 866834

Website: www.stpauls-kinross.co.uk

### May Services

**Sun 2** 5th Sunday of Easter, 8.30am, Holy Communion.  
11.00am, Morning Worship followed by short Communion service.

**Sun 9** 6th Sunday of Easter, 8.30am, Holy Communion.  
11.00am, Sung Eucharist with Christian Aid commissioning..

**Sun 16** Ascension Sunday, 8.30am, Holy Communion.  
11.00am, Sung Eucharist.

**Sun 23** Pentecost, 8.30am, Holy Communion.  
11.00am, Family Communion Service.

**Thu 27** 9.30am, Prayers for Healing.

**Sun 30** Trinity Sunday, 8.30am Holy Communion.  
11.00am, Sung Eucharist.

Sunday School and Crèche during the 11.00am Services.

**Thursday Morning group Bible Study.** Everyone welcome. For further information, please contact Sarah Oxnard, telephone (01577) 864213.

## "The Gallery"

*An exciting new retail venture in the heart of Kinross.*

*Unique jewellery, original artworks, art supplies, crafts, fair trade products, handmade gifts and even chocolates!*

*Offering high quality products at affordable prices is central to the ethos of The Gallery. So whether you are an art enthusiast, a lover of fine jewellery, a supporter of fair trade or just looking for something special for a loved one, we are confident we will have something for you!*

109 High Street, Kinross

www.kinrossgallery.com



**Cleish Parish Church****Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231  
 E-mail: joanne.finlay196@btinternet.com  
 Reader: Mr Brian Ogilvie Telephone: (01592) 840823

**Sunday Services** 11.15am  
**Crèche** 11.15am  
**Junior Church** 11.15am

**Sunday 16 May Early Birds Family Worship**

**Fossoway Parish Church****Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231  
 E-mail joanne.finlay 196@btinternet.com  
 Reader: Mr Brian Ogilvie Telephone: (01592) 840823

**Sunday Services** at 9.45am

**Junior Church, crèche,**

**“Wrigglers Group” (0-3 year olds)** at 9.45am,

**Teens:** first Sunday of the month at 10am

**Tots Music:** Friday mornings in hall, 9am

**Refresh Coffee Club:** Every Thursday, church hall, 2-4pm

**Yoga classes:** Wednesdays 9.30am and Mondays

**Housegroup/Bible Study group:**

contact Margaret Hamblin (01577 850252)

**Pentecost – 23 May.** Kinross-shire Churches Together. Praise Service at 7.00 pm in the Millbridge Hall, Kinross.

A **Jumble Sale** to be held in the Elizabeth Wilkie Hall, Fossoway Church on **15 May** 10.00 am – 1.00 pm. Teas and coffees on sale throughout.

**Kinross Gospel Hall**

Montgomery Street, Kinross

Website: www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.00pm	Sunday School
	6.00pm	Prayer Meeting
	6.30pm	Gospel Meeting
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Wednesday	6.30pm	Children's Club (term time)

**YOGA & RELAXATION**

**With BARBARA FOOTE – Dip. Hatha Yoga**

**FOR ALL – Young to Senior**

DESTRESS – STRENGTHEN – TONE

STRETCH – NOT STRAIN

RELAXATION – PEACE & HARMONY

**KINROSS CHURCH CENTRE**

Mondays 7.30 – 8.45 pm

**LOCHLEVEN LEISURE CENTRE**

Tuesdays 9.45 – 10.45 am

11 – 12 noon & 12.15 – 1.15 pm

Thursdays 11.30 am – 12.30 pm

**Booking essential for all Leisure Centre Classes**

**01577 863368**

Further information: **BARBARA – 01259 781446**

**Orwell and Portmoak Parish Church****Church of Scotland**

Rev Dr Robert Pickles Telephone: (01577) 863461  
 E-mail: robert.pickles1@btopenworld.com

**Sunday Worship, Junior Church and crèche:**

10am Portmoak Church, 11.30am Orwell Church

**Prayer Meeting** held 30mins before each service

**Service at Ashley House:** first Thursday of the month at 2.30pm

**Services at Levensen:** first Tuesday of the month at 4pm

**Oasis** Ladies' meeting in Portmoak New Room.

10.15 - 11.45am last Friday of the month.

**Youth Drop In** Tuesdays 7pm till 8:30pm.

**Sunday 23 May - Pentecost Sunday**

10am Portmoak Church & 11.30am Orwell Church

Come and visit our new shop at 29 South Street, Milnathort. Open Mon – Sat. 10am till 4pm. We have a selection of books and gifts for sale. Printing & copying facilities available, Meeting room to let. Recycle your Stamps, Batteries, Ink/toner cartridges, Spectacles.

Contact Janice in Office 01577 861200  
 orwellportmoakchurch@yahoo.co.uk

**Saturday Night Worship**

**Last Saturday of each month, 7.30 – 10pm**

Millbridge Hall, Kinross (parking available)

Heart felt praise and worship

Prayer for healing

Opportunity for testimony

Refreshments

Books and resources

Open to all

For further details contact Sarah Coisar 07795313864



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 KINROSS KY13 0LE  
 ☎ 07778 163128**



## Obituaries

**ROBINSON** - Peacefully at Perth Royal Infirmary on Friday 2 April 2010, **Frances Ellen Robinson**, aged 85, of Whyte Court, Kinross. Dear wife of the late Jack, loved mother of the late Colin and of Malcolm and Peter. Dearest mother-in-law to Evelyn and Trish and much missed grandmother and great grandmother. Funeral service took place at Dunfermline Crematorium on Thursday 8 April.

**GILLIES** - Suddenly, on 31 March 2010, at Perth Royal Infirmary following a short illness, **Ron Gillies** of Kinnesswood, much loved husband of Anne, a loving father to Emma, Grant, Shona and Morag. The funeral service took place on Friday 9 April, 2010 at Portmoak Village Hall and thereafter to Portmoak Burial Ground. He will be very sadly missed by his family and friends.  
(See also Letters).

### Healing Rooms Kinross

The Healing Rooms (part of an international organisation) takes place every Thursday from 11.00 am to 1.00 pm in the Millbridge Hall. Healing Rooms is manned by a team of Christian volunteers from every denomination freely offering their time and prayers. Everyone is welcome and no appointment is necessary.  
For further information please call 07766515950 or 07732485305 or visit [www.healingrooms-scotland.com](http://www.healingrooms-scotland.com)

### Recently bereaved? Needing some support? AMONGST FRIENDS

(Bereavement Group)  
meets at the Health Centre, Lathro, Kinross  
on the last Friday of the month, 2.30pm to 4pm  
A warm welcome awaits all  
For details phone  
Hazel 01577 863461 or Marg 01577 863557

#### J. MILLER

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**Free No Obligatory Quotations**  
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#### MUSICAL STEPS

**Fun-filled & educational Music and Movement Classes**  
**for Babies and Toddlers from 4 months ~ 3 years**  
**NEW VENUE!**  
**SWANSACRE PLAYGROUP, KINROSS**  
**Tuesday Afternoons**

For further information or to book a  
**FREE TASTER CLASS**  
please contact Inga on:

**T: 0845 224 0613**  
**E: [inga.jack@musicalsteps.co.uk](mailto:inga.jack@musicalsteps.co.uk)**  
**[www.musicalsteps.co.uk](http://www.musicalsteps.co.uk)**

## Acknowledgements

**ROBINSON** - The family of Frances Robinson would like to express their thanks for all the kind thoughts and cards received after her death.

Our thanks to Margaret Michie, Stewart Funeral Directors, the staff at PRI and all who helped during this difficult period. A very special thanks to all at Whyte Court for their friendship and kindness, as well as our gratitude to Isobel Souter, Liz, Anne and all the home helps past and present.

**ETHEL CLARK** would like to thank everyone for their many kind expressions of sympathy received in her recent sad bereavement.

**GILLIES** - Anne and family would like to thank most sincerely all relatives, friends and neighbours for the cards, flowers and support received following their sudden and very sad loss of Ron. Also thanks to Jim Petherick for his loving service and to Margaret Dow of Ewing Funeral Service for all her assistance, and to all those who paid their last respects to Ron at Portmoak Village Hall and Portmoak Burial Ground.

**McKECHNIE, IRIS** - Vic, Scott, Pauline, David and Jane wish to thank very sincerely all relatives, friends and neighbours for their kind expressions of sympathy, cards, flowers and calls they have received in their recent sad loss. Thank you also to all those who paid their respects to Iris at the church and crematorium. The collections went to Cornhill Hospice in Perth and the Marie Curie Nurses, who both took such wonderful care of Iris.

A special thank you to Stewart Funeral Directors for their help and guidance, and to Dr Campbell and all the District nurses who made it possible for Iris to stay at home.

Thank you also to all the medical staff at Perth and Dundee hospitals who took such great care of Iris during her brave three-year fight against cancer.

#### DOG-GONE-WALKIN'

Dog-Walking and Pet Care

10 years veterinary nursing experience  
Insured, References available  
Claire Murison BSc (Hons)

**Tel. 01577 830588 / 07983 118757**  
**E-mail: [d-g-w@tiscali.co.uk](mailto:d-g-w@tiscali.co.uk)**

#### AQUARIUS HEALING

**Usui Reiki - Jikiden Reiki - Karuna Reiki**  
**Traditional Indian Head Massage**

**Hopi Ear Candle Therapy**  
**Paraffin Wax Treatments for Hands & Feet**  
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Try a course of Natural Therapies to reduce your stress levels and bring balance back into your life.

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BCMA REGISTERED

**Holistic Therapist-Reiki Master**

**Karuna Reiki Master**

**Tel: 01577 864258 [www.aquariushealing.co.uk](http://www.aquariushealing.co.uk)**

# Playgroups & Nurseries

## PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell

(only 10 mins from Milnathort and Kinross)

Babies and Toddlers (birth – 3yrs)

Tues 10:00am - 11:30am

Playgroup (2yrs onwards)

Mon & Fri 10:00am – 12noon

Contact Carolyn Robertson 01383 831129

## LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

### Session times

Tuesdays 9.30 - 11.15, Fridays 9.30 - 11.15

Contact - Tracey 01577 863468

All Mothers, Fathers, and Carers with children aged birth to 3 years are welcome to attend.

## LOCHLEVEN TWOS CLUB

Masonic Hall, The Muirs, Kinross

Thursdays 9.30 to 11.15 (term time only)

Suitable for children from about 18 months to pre-school. We have lots to offer including playdo, painting, craft, dressing up and a variety of toys. A snack is also provided. This is also a great place for parents and carers to have a coffee and chat whilst their children play. Younger siblings welcome.

**Contact Sophie Irvine on 01577 863288 for further details.**

## FOSSOWAY TODDLERS

The Institute, Crook of Devon

Wednesday 9.30 a.m. - 11.15 am

All Mums to-be and Mothers, Fathers and Carers with children aged birth to 3 years are welcome to attend.

Contact - Fiona Eastop 01577 864194

## FOSSOWAY PRE-SCHOOL GROUP

Moubray Hall, Powmill

Partner-provider for P&K Education

Places available for 3-5-year-olds and Rising Fives

Sessions daily 9.15 – 11.45

Contact Pat Irvine 01577 840584 or

[www.childcarelink.gov.uk/perthandkinross](http://www.childcarelink.gov.uk/perthandkinross)



## SWANSACRE PLAYGROUP

21-23 Swansacre, Kinross

Kinross-shire Playgroup Association

aka Swansacre Playgroup

Registered Scottish Charity Number SCO17748



**TEL: 01577 862071**

**[www.swansacreplaygroup.org.uk](http://www.swansacreplaygroup.org.uk)**

Swansacre Playgroup provides a warm, friendly and stimulating environment in which children can learn and develop essential social skills through play.

**Playgroup sessions – Mon to Fri 9.15-11.45am**

Children from the age of 2 yrs welcome.

**Rising Fives** Mon & Wed 1.00-3.15pm, with lunch club beforehand.

This is complementary to Nursery.

**For more information please contact Alisa 07796 213312 or Playgroup 862071.**

**Baby and Toddler Group – Thurs 1pm-3pm**

Ante-natal to pre-school. Fun for children, coffee and chat for the parent/carer. For more information contact Amanda 861434.

The premises are available to hire for **Private Functions**. We now have an Entertainments License For more information contact Kate 863309 .



## MILNATHORT BABIES & TODDLERS

Orwell Church Hall, Milnathort

Milnathort Babies and Toddlers offer a relaxed, friendly environment.

Tea/coffee for mums, dads and carers, healthy snack and fun for the children.

Children aged birth to 3 years (5 years if attending with younger sibling) are welcome.

Thursday & Friday, 10am – 11.30am.

For more information please contact Susan Britton on

01577 863385, 07737 461 293

or e-mail [susanjbritton@yahoo.co.uk](mailto:susanjbritton@yahoo.co.uk).

## GLENFARG BABY AND TODDLER GROUP

Village Hall, Greenbank Road, Glenfarg

9.30am to 11.30am during term time

A healthy snack is provided for children and tea/coffee and biscuits for carers. We also provide a craft activity each week.

First session free and £2 thereafter (£1 for second child). All welcome.

Contact Jenny Holt-Brook on 01577 830577, email [jennyholtbrook@yahoo.co.uk](mailto:jennyholtbrook@yahoo.co.uk) or just come along.



# Notices

## *Bishopshire Horticultural Society*

### PLANT SALE

Teas and Coffees

Portmoak Hall

**Saturday 1 May** 10am – 12 noon

Come along and stock up your garden for summer

## Milnathort Filmhouse

Milnathort Town Hall

The 'Big Screen' has returned to Milnathort!

'The Filmhouse for the whole family'

Come and enjoy our Saturday Night Cinema and Family  
Sunday Matinee.

Screenings for 2010:

### May

Sat 8th 8pm Mamma Mia (PG)

Sun 9th 3pm Cloudy with a chance of Meatballs (U)

### June

Sun 20th 3pm Cars (PG)

### Sep

Sat 4th 8pm Cinema Paradiso (PG)

Sun 5th 3pm Alvin and the Chipmunks 2:  
The Squeakquel (U)

### Oct (Halloween Weekend Special)

Sat 30th 8pm Beetlejuice (15)

Sun 31st 3pm Casper (PG)

### Dec

Sat 4th 8pm The Shawshank Redemption (15)

Sun 5th 3pm The Polar Express (U)

Doors open 45 mins before screening. Tuck Shop. Licensed  
Bar (tbc).

Tickets available from Heaven Scent and Milnathort Post  
Office (2 weeks before the film).

Ticket prices: Adult £5 (\*£6); Child (2-15yrs) £3 (\*£3.50);  
Family (2a+3c) £12.50 (\*£15); Adultsaver (4 Adults) £18  
(\*n/a) (\*on the door Price)

milnathortcinema@btinternet.com or

Kathleen on 01577 862805/07849 766243.

**CHILDREN 1<sup>ST</sup>**

## Annual General Meeting

**Tuesday 4 May** at 10am

41 High Street

All Welcome

## CEILIDH DANCE

**Saturday 15 May 8-12pm**

Portmoak Village Hall, with the Glenfarg Ceilidh Band

Tickets £10.00 adult £5.00 child

in aid of hall funds

Supper included Licensed bar

Tickets available from Kinnesswood Village Shop

Elizabeth Porter – tel. 01592 840655

and Joan Smith – tel. 01592 840561

## Inspiring Inclusion

**Sunday 9 May** at 7.30pm

Kinross Parish Church

### What is an inclusive community?

One where everyone has a chance to express their life and others have a chance to listen and support

Lindsay Cant and Susan Bathgate attended the first Scottish Inclusion Conference last year. They will relate some potent stories from the event.

### How does it happen?

Come along on 9 May and discover the simple approach. Lindsay and Susan will demonstrate a Community Circle and how it might benefit ALL those involved.

*This is an invitation to any person of any age, sex or creed.*

## Kinross & District

### Town Twinning Association

### Spring Fayre and Garden Coffee Morning

Smiddy House (next to Town Hall)

**Saturday 22 May**

10am – 12.30pm

Garden produce, Cake & Candy, Book stall and more

## Dowhill Gardens, Cleish

The gardens will be open from 12 noon till 4pm on

**Sunday 23 May**

Small Plant Stall Soup and Filled Rolls

Entrance £4, children under 16 free

During the afternoon there will be a demonstration of dog training by Polmaise Gun Dogs. Proceeds to Gun Dog rescue and Scotland's Gardens Scheme.

*(See also Gardens Open p.74)*



## Kinross-shire Local Events Organisation

film at Community Campus

### 'Up'

**Friday 28 May** at 7.00pm (doors open at 6.30pm).

Tickets (£3 for 18 and under and £5 for adults) are available from Sporting Chance from 15 April onwards and tickets will be sold on the evening at the door. Children (15 and under) have to be accompanied by an adult. *(See also Club News.)*

www.kleo.org



## Orwell Bowling Club SOCIAL EVENING AND DANCE

**Saturday 29 May**

featuring THE TWO ROBINS

Bingo at 8pm. Entry £2 non-members, Members £1.

## Are you suffering from Macular Degeneration?

A meeting is held by the Support Group at The Blind Society, New Row, Perth on the last Wednesday of the month. If you are interested or require further details, please contact **Hazel Rennie, telephone 01738 442358.**

## RACE NIGHT

to raise funds for **Clare and Sue Trek Peru 2010** in aid of  
**Breast Cancer Care**  
**FRIDAY 11 JUNE**

7.30pm at The Well Country Inn, Scotlandwell  
If you would like to donate £5 to sponsor a horse,  
please telephone 01592 840318.  
[www.justgiving.co.uk/clareandsuetrekperu](http://www.justgiving.co.uk/clareandsuetrekperu)

For information on Breast Cancer Care:  
[www.breastcancercare.org.uk](http://www.breastcancercare.org.uk)  
(See also Thanks, p.78)



## Recycling for Breast Cancer Care

Clare Abbot and Sue Smith are collecting  
**old clothes, bedlinen, curtains** etc for recycling  
as part of their Trek Peru 2010 fund-raising efforts.  
They will do a five-day sponsored trek in Peru to  
raise funds for Breast Cancer Care.  
Telephone 01592 840318 for further details.

## Ceilidh Classes

Come along and join in the fun and learn some  
round the room and a few easy set dances, ceilidh style, **not**  
**scottish country**. Every Monday from 2pm-3pm  
in the Scout Hall, Milnathort.  
Tel 01577 863244 for more details. All welcome.

## PORTMOAK GALA

**Saturday 26 June**

If anyone wishes to be on the organising Committee, or  
would like a stall on the day, or has a performance group  
that could join in the gala celebrations, please telephone  
Sandra Davidson on 07900 196742

## Scottish National Blood Transfusion Service

The next blood donor sessions at  
the Millbridge Halls, Kinross will take place on

**Monday 21 June** 3.30pm to 8.00pm  
**Tuesday 22 June** 5.00pm to 8.00pm

The Service is most grateful for the support received from  
Kinross-shire.

## Loch Leven Garden Services

For all your garden maintenance needs.  
Lawn mowing, scarifying, aerating, pruning,  
hedge trimming,  
turfing, weeding, jet washing, rubbish removal,  
garden clean-ups and general odd jobs.

For a free no obligation estimate please call

**Stephen Brown**  
**01577 840441 / 07828 189523**

Let's make your garden look fantastic!

## Cleish Church Sale and Fete

**Saturday 29 May**

traditional and new attractions  
Cleish House field and around the village

## Wash House, Scotlandwell

*Can you help?*

Do you have any memories of the Wash House in use?  
Do you have any pre 1960 photographs of the building  
which you would be prepared to lend?

If so, the committee of Scotlandwell in Bloom would be  
delighted to hear from you. Jane Martin 01592 840216

## Music in Kinross Parish Church

The season continues with visits from two choirs and a  
Home Bru concert. All concerts are Friday evenings at  
7.30pm.

**The Home Bru** will include winning performances from the  
Perform in Perth competition in March and much more  
besides. This too will be in a good cause and will take place  
on **7 May**. Entry free but retiring collection.

**The Strathcarron Singers** came last year to sing, and we  
enjoyed them so much, we have asked them back again.  
They have a new conductor and new repertoire. They are  
coming on **21 May**. Tickets £5.

Tickets for the two choir concerts can be bought at NEWS  
PLUS on the High St or at the door on the night of the  
concert.

## 1st Orwell Rainbows

### Unit Leader and Young Leader urgently needed

Rainbows, the youngest group in Girl Guiding, are girls  
aged 5-7. They meet once a week and follow a varied  
programme called the Rainbow jigsaw. Everything a  
Rainbow does helps her to develop – it's an opportunity to  
Look, Learn, Laugh and love.

As a guider, you will receive training and support from Girl  
Guiding UK on both a local, national and international level.  
No previous knowledge is necessary, but patience and a  
sense of fun are important. Experience as a Guider is valued  
by professional childcare organisations.

If you have had experience in Girl Guiding or would like to  
gain experience we are looking for Leaders/Helpers in the  
area. If interested, phone Alison on 01577 864262.

## SOFT FURNISHINGS

Quality hand-finished Curtains and Blinds  
expertly made from your own fabric.

Specialising in hand-pleated, interlined  
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Full fitting service available

Free quotations

**Contact Jeanne Sledmore on**  
**Tel 01383 724607**  
**Mob 07799 204739**

## Community Councils

**Kinross:** Secy: Mrs M Scott (01577) 862945  
KinrossCommunityCouncil@pkc.gov.uk  
**Cleish & Blairadam:** Secy: Mrs M Traylor (01383) 830059,  
CleishCommunityCouncil@pkc.gov.uk  
**Milnathort:** Chair: Mr J Giacomazzi (01577) 864025  
MilnathortCommunityCouncil@pkc.gov.uk  
**Fossoway & District:** Secy: Trudy Duffy-Wigman (01577) 840669,  
FossowayCommunityCouncil@pkc.gov.uk  
**Portmoak:** Secy: Mr J Bird (01592) 840368,  
PortmoakCommunityCouncil@pkc.gov.uk

### Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
David Colliar	10 Rannoch Place	864037
Dave Cuthbert	Highfield Circle	861001
Barry M Davies (Vice Chair)	60 Lathro Park	865004
Ian Jack (Treasurer)	Burnbrae Grange	863980
Laura Mackay	Brunthill Farm	07872 499145
Dot Mackay	29 Green Park	864635
Joe Richardson	47/49 High Street	863152
Margaret Scott (Secy)	21 Ross Street	862945
Campbell Watson (Chair)	7 Gallowhill Gardens	861544
Bill Freeman	64 Muirs	865045

### Perth and Kinross Councillors

**Kathleen Baird**, Easter Clunie, Newburgh, Fife, KY14 6EJ  
Tel (home): 01337 840218.  
Email: kbaird@pkc.gov.uk  
**Michael Barnacle**, Moorend, Waulkmill Road, Crook of Devon,  
Kinross, KY13 0UZ. Tel/Fax (home): 01577 840516.  
Email: Michael@mabarnacle.freeserve.co.uk  
**Sandy Miller**, c/o Perth & Kinross Council, 2 High Street, Perth,  
PH1 5PH. Tel (business): 01577 840462.  
Email: SMiller@pkc.gov.uk  
**William Robertson**, 85 South Street, Milnathort, Kinross,  
KY13 9XA. Tel (home): 01577 865178.  
Email: wrobertson@pkc.gov.uk

### Kinross Recycling Centre, Bridgend

Opening Times: **Mondays to Fridays 9am to 7pm**  
**Saturdays and Sundays 9am to 5pm**

Aluminium & Steel Cans, Car Batteries, Cardboard, Engine Oil, Fluorescent Tubes, Electricals (inc Fridges, Freezers, Televisions & Monitors), Garden Waste, Glass Bottles & Jars, Inert Waste, Metal, Paper, Phone Directories, Plastic Bottles, Textiles, Wood.

### Fossoway and Cleish Community Office

A service for the Community, open:  
Thursdays 2 pm - 4 pm  
Saturdays 10am - 12 noon

Out of hours there is an answering machine

Tel: 01577 840185 Email: fcoffice@btinternet.com

### Regular Library Sessions for Young Children

At Loch Leven Community Library.  
No need to book, just come along.

#### Story Telling

every Monday morning 10.15 - 10.45 am  
and every Thursday afternoon 2.15 - 2.45 pm

#### Bookstart Rhymetime

every Saturday 10.30 - 11 am  
and every second Wednesday 2.00 - 2.30 pm  
(next Wed session: 5 May)

**Bookstart Book Crawl:** For children aged 0 to 4: On each visit to the library, children are given a sticker. After collecting four stickers, they are awarded a certificate.

## MSP for Ochil Constituency

### Keith Brown MSP

will be holding regular  
surgeries throughout his constituency area.  
For information on dates, locations and to book an appointment time, please contact his assistant on **01259 219333**.  
Keith can also be contacted by email at  
**keith.brown.msp@scottish.parliament.uk**  
or by writing to **80 Mill Street, Alloa, FK10 1DY**

## Members of the Scottish Parliament

All MSPs can be contacted at the following address:  
The Scottish Parliament, Edinburgh, EH99 1SP

### MSPs for Mid Scotland and Fife Region

**Claire Baker MSP** (Scot Labour) Tel: 0131 348 6759  
Email: Claire.Baker.msp@scottish.parliament.uk  
**Ted Brocklebank MSP** (Scot Cons) Tel: 0131 348 5610  
Email: Ted.Brocklebank.msp@scottish.parliament.uk  
**Murdo Fraser MSP** (Scot Cons) Tel: 0131 348 5293  
Email: Murdo.Fraser.msp@scottish.parliament.uk  
**Christopher Harvie MSP** (SNP) Tel: 0131 348 6765  
Email: ChristopherHarvie.msp@scottish.parliament.uk  
**John Park MSP** (Scot Lab) Tel: 0131 348 6753  
Email: John.Park.msp@scottish.parliament.uk  
**Dr Richard Simpson MSP** (Scot Lab) Tel: 0131 348 6756  
Email: Richard.Simpson.msp@scottish.parliament.uk  
**Elizabeth Smith MSP** (Scot Cons) Tel: 0131 348 6762  
Email: Elizabeth.Smith.msp@scottish.parliament.uk

## Mobile Library – Blairingone and Milnathort

Every Second Wednesday

Next visits: **5 and 19 May**

Blairingone	9.30am - 9.45am
Westerloan, Milnathort	2.10pm - 3pm
Bridgefauld Road, Milnathort	3.05pm - 4pm
Any queries telephone AK Bell Library 01738 444949	

## Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross, KY13 8FQ  
Telephone: 01577 867205  
Email: kinrosslibrary@pkc.gov.uk

### Opening Times

Monday	10am - 6pm
Tuesday, Wednesday, Thursday	10am - 8pm
Friday	10am - 6pm
Saturday	10am - 3pm

## Kinross District Counselling Services

Kinross District Counselling Services offers a new, fully supervised, confidential counselling service brought to you in association with The Web Project.  
It is open to all-comers.

To make an appointment call Hilary 07930 682902 or Wendy 07762 892252 (donations welcome to cover costs).

You can see us at "The Web", 28 New Road,  
Milnathort, KY13 9XA.



**Kinross-shire Fund**  
Grants available for local  
community projects



e.g. Events, Information, Transport, Welfare,  
Physical Amenities, Recreational Facilities, Support for  
Care of the Elderly, Voluntary Organisations

For more information and to download an application form, see **www.kinross-shirefund.org** or contact Annabel Bath on 0131 524 0300 or email **Annabel@scottishshcf.org**



# Kinross-shire *Day Centre*

**Table Tennis • Carpet Bowls • Videos • Cards • Dominoes  
Daily Papers • Chiropody • Trips • Exercises**

## Weekly Programme

<b>Monday</b>	Elderberries	1.30 pm	
<b>Tuesday</b>	Bingo	1.30 pm	
<b>Wednesday</b>	Morning Service	10.45 am,	Quiz Afternoon 1.30 pm
<b>Thursday</b>	Art Class	1.30 pm,	Film Afternoon 1.30 pm
<b>Friday</b>	Carpet Bowls	10.30 am,	Scrabble 1.30 pm

### Additional Events for May

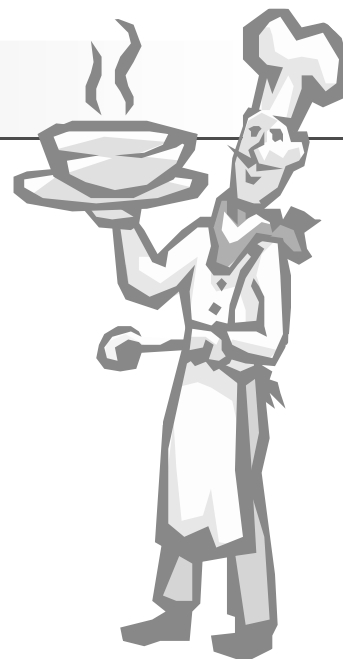
**Sing-A-Long** Thursday 6th at 1.30 pm

### Public Holiday

Please note that the Day Centre will be closed on Monday 3 May



**Coffee Bar open 9 am - 4 pm, Senior Citizens Lunches Daily  
Telephone: 01577 863869**



## LOCAL CHEMIST INFORMATION



### Rowlands Pharmacy, Kinross (opposite David Sands)

Mon - Fri: 9.00 am - 6.00 pm  
Saturday: 9.00 am - 5.00 pm  
Sunday: 12.00 - 1.00 pm  
Tel: 862422

### Davidson's Chemist, Milnathort

Mon to Fri: 9.00 am - 1.00 pm &  
2.00 pm - 6.00 pm  
Saturday: 9.00 am - 12.30 pm  
Tel: 862219



## School Holidays 2009-2010

**May Day**  
Academic year ends

Monday 3 May 2010  
Fri 2 July 2010

## Perth Citizens Advice Bureau

The Kinross Outreach Advice Surgery is held on the **second and fourth Tuesday of the month** from 1.30pm to 3.30pm at St Paul's Church Hall, The Muirs, Kinross.

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you – our advice is free, confidential, impartial and independent. Contact us: Advice line 01738 624301; Appointment line 01738 564304.

## Perth Association for Mental Health

PAMH is a community based non-profit organisation providing services for people recovering from mental health problems. PAMH offers Counselling, Day Services and hosts a Depression Support Group and Bipolar Support Group. For more information telephone (01738) 639657. Website: [www.pamh.co.uk](http://www.pamh.co.uk)

## Kinross-shire Volunteer Group and Rural Outreach Scheme

Registered Charity No. SC015642  
Charges to service users (as at 1/10/08)

<b>Perth, Dunfermline</b>	<b>£8</b>
<b>Stirling, Kirkcaldy</b>	<b>£8</b>
<b>Stracathro</b>	<b>£25</b>
<b>Dundee</b>	<b>£15</b>
<b>Edinburgh</b>	<b>£15</b>
<b>Loch Leven Health Centre, local area</b>	<b>£3</b>
<b>Loch Leven Health Centre, outreach area</b>	<b>£4</b>
Co-ordinator: Ann Munro 01577 840196.	



## Grants and Funding Websites

[www.pkgrantsdirect.com](http://www.pkgrantsdirect.com)  
[www.scottishcf.org](http://www.scottishcf.org)

## Kinross Garden Group

### Gardens of Ireland

We are going to Gardens of Ireland

**Sunday 12 to Saturday 18 September 2010**  
and still have twin/double rooms available.

Coach from Kinross. All welcome to join us.

Contact Mrs C Rodger 01577 863785 for more details.

## Situations Vacant

In conjunction with [www.kinross.cc](http://www.kinross.cc), the Newsletter is pleased to publish local situations vacant. Please go to the [kinross.cc](http://www.kinross.cc) website before applying to **check whether a position is still available**. (Go to [www.kinross.cc](http://www.kinross.cc) then click on 'Local Adverts' and choose 'Situations Vacant').

None advertised at present

## Recycle your waste and help the Friends of Wumenu Community Farm

(Charity No SC037724)  
[www.friendsofwumenufarm.org.uk](http://www.friendsofwumenufarm.org.uk)

The charity will take: old agricultural tools, bikes, clothes, fabrics, old sewing machines, art materials, duvets, curtains, blankets and bedding, kitchenware, toys, clothes, play equipment, power tools, garden tools and unwanted electrical goods in any condition. All goods can be collected.

Telephone Amu-Logotse on 07985 623870 or Barbara Willey on 01577 863063.

<b>Perth &amp; Kinross Council</b>	<a href="http://www.pkc.gov.uk">www.pkc.gov.uk</a>
<b>Kinross Area Office</b>	Tel: 01577 862351
21 High St, Kinross	
<b>Customer Service Centre</b>	Tel: 01738 475000
(Mon to Fri, 8am-6pm)	
<b>Out of Hours Emergencies</b>	Tel: 01738 625411
(Roads, flooding, environmental health and dangerous buildings)	
<b>Clarence</b> (for non-emergency road and lighting defects)	Tel: 0800 232323

## Enquire

### Are you looking for information about your child's rights to support in School?

If so, contact **Enquire**, the national advice and information service for additional support for learning.

Enquire offer: a confidential telephone helpline and online enquiry service, practical guides, fact sheets and newsletters, helpful materials for children and young people with additional support needs.

For more information contact: tel 0845 123 2303

Website: [www.enquire.org.uk](http://www.enquire.org.uk)

*Enquire is funded by the Scottish Government and managed by Children in Scotland*

## Dementia Café for Perth & Kinross



A "Drop in" Café is held on the first Wednesday of every month, 10am-12.30pm, at The North Church Hall, High Street, Perth.

This service aims to offer information, support and a chance to have a chat for people with dementia, their carers and families. Volunteers along with professionals from health and social work are available each month.

For further information contact:

Jackie Daly 01796 474818, Andy Bennet 01738 636358, Debbie Howie 01738 562201.

## Classified Adverts

The Newsletter publishes items for sale listed on the [kinross.cc](http://www.kinross.cc) website. If interested in purchasing an item, we suggest **checking the website for current availability** ([www.kinross.cc](http://www.kinross.cc) then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on [www.kinross.cc](http://www.kinross.cc) and it will automatically be published in the next available Newsletter.

### Items for Sale

**Over Mantle/Over Dresser Mirror £20.00**  
Dark oak, measuring 24" high and 48" wide, with oval central mirror.

**Pot Black 6' x 3' pool/snooker table £60.00**  
Complete with snooker and pool balls, 4 cues, brush, chalk and score board. This is not a folding table, however the legs can be removed for table top use. Good condition.

*For both items above*

*Seller Details: Angela Prescott 07795 073274*

**Large bugs and insect book £10.00**  
The Natural world of bugs & insects – Ken & Rod Preston – Mafham. 478 pages with text and colour pictures, book totals 510 pages. Dust cover is crumpled on the inside, main condition of book is fine.

**Guitar straps (price is for both) £5.00**  
2 straps, one wide colourful strap, and a narrower black strap with heads on.

**Golf balls (collected) £20.00**  
26 balls in total. Mainly Titleist Pro series. One has Doosan logo on it. Some Calloway golf various types, some Nike, Srixon, Dunlop, Crane, Black Diamond, along with various other brands.

*For three items above*

*Seller Details: James Sindair  
animal\_artist2003@hotmail.com*

## Blythswood Care

*(The Newsletter does not always have space to publish the full details regarding items which can and cannot be accepted, so readers may wish to cut out this Notice for future reference)*

The Round South Truck accepts small items of furniture, clothing and bric à brac. The uplift of any larger items of furniture (e.g. sofas, beds, wardrobes etc) can be arranged by phoning Hillington on 0141 882 0585. All soft furnishings (e.g. beds, sofas, three-piece suites etc) donated to Blythswood Care must have a fire label with the British Standards code (BS7177) attached to it.

We regret that the Round South Truck cannot accept books. We are also unable to accept bikes, carpets, coat hangers, gas appliances, prams, televisions, small electrical appliances, exercise equipment or wall units.

The next collection will take place on

**Tuesday 18 May**

**between 10.30am and 11am**

in Sainsbury's car park

(if car park is full, van will park nearby,  
e.g. Park & Ride or Ochil View)

## Support Websites

Samaritans	<a href="http://www.samaritans.org.uk">www.samaritans.org.uk</a>
Breathing Space	<a href="http://www.breathingspacescotland.co.uk">www.breathingspacescotland.co.uk</a>
Childline	<a href="http://www.childline.org.uk">www.childline.org.uk</a>
Perth Assoc for Mental Health	<a href="http://www.pamh.co.uk">www.pamh.co.uk</a>

# Diary

*A more extensive and regularly updated  
Diary of Events can be found on [www.kinross.cc](http://www.kinross.cc)*

			Page
<b>May</b>			
Sat	1	Bishopshire Horticultural Society Plant Sale	87
Sat	1	Monsters of the Deep at RSB Vane Farm	72
Sun	2	Guided walk at RSPB Vane Farm	72
Mon	3	May Day public holiday	
two-wk	4-14	Milnathort Placedeck Exhibition	10
Tue	4	Children 1st Annual General Meeting	87
Tue	4	Fossway CC meets	29
Wed	5	Kinross CC meets	21
Wed	5	Mobile library visits Blairingone and Milnathort fortnightly	91
Thu	6	Fifty Plus Club meets <i>in Parish Church</i>	51
Thu	6	General Election	
Fri	7	Home Bru Concert in Kinross Parish Church, 7.30pm	88
Sat	8	Milnathort Filmhouse presents: Mamma Mia	87
Sun	9	Milnathort Filmhouse presents: Cloudy with a Chance of Meatballs	87
Sun	9	Inspiring Indusion at Parish Church	87
Mon	10	Milnathort PS Parent Council meets	
Tue	11	Outdoor Access Forum open meeting	9
Tue	11	Citizens Advice Bureau visits Kinross twice monthly	92
Tue	11	Portmoak CC meets	25
Tue	11	Kinross Cavaliers Basketball Club AGM	65
Wed	12	Mobile community police van at Milnathort & Portmoak	16
Thu	13	Mobile community police van at Crook of Devon & Glenfarg	16
Fri	14	Boys Brigade & Girls Assoc Annual Display and Awards Presentation	51
Sat	15	Live music at Common Grounds	35
Sat	15	Jumble Sale, Elizabeth Wilkie Hall, Fossway Church	82
Sat	15	Ceilidh Dance at Portmoak Village Hall	87
Sat	15	Loch Leven Half Marathon and Feel Good Fair	42, 67
Sat	15	Monsters of the Deep at RSPB Vane Farm	72
Mon	17	NEWSLETTER DEADLINE	1
Mon	17	Cleish & Blairadam CC meets	30
Tue	18	Blythswood Care collection	95
Tue	18	Burleigh Botany with SNH	72
Tue	18	KVG-ROS Annual General Meeting	32
	19-30	Perth Festival of the Arts	15
Fri	21	Silver Surfers session	13
Fri	21	Strathcarron Hospice Singers, Kinross Parish Church	88
Sat	22	Biodiversity Bingo at RSPB Vane Farm	72
Sat	22	Spring Fayre and Garden Coffee Morning (Town Twinning Assoc)	32, 87
Sat	22	Postcard and Stamp Fair, Church Centre	31
Sun	23	<b>DISCOVERY DAY</b>	6
Sun	23	Dowhill Gardens, Cleish open to public	74, 87
Mon	24	Deadline for nominations to Cleish & Blairadam CC	30
Tue	25	Findatie Botany with SNH	72
Wed	26	Common Grounds project lunch: Olivia Giles	35
Thu	27	<b>TAYplan Strategic Development Plan Information Event</b>	9
Fri	28	Rugby Club Dinner at Windlestrae Hotel	61
Fri	28	KLEO and PFS present the film: Up	42, 87
Sat	29	Kinross in Bloom plant up hanging baskets	36
Sat	29	Plant Sale at Potager Garden	39
Sat	29	Orwell Bowling Club Social Evening and Dance	87
Sat	29	Cleish Church Sale and Fete	88
<b>June</b>			<b>Page</b>
Tue	1	KHS Parent Council meets	40
Tue	1	Deadline for nominations: KHS citizenship quaidh	41
Wed	2	Help for Heroes Fun BBQ at Tullibole Castle	14