

Kinross Newsletter

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DEADLINE for the October Issue

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Contributions for inclusion in the Newsletter

The Newsletter welcomes items from clubs, community organisations and individuals for publication. This is free of charge (we only charge for commercial advertising - see below right). All items may be subject to editing. Please also see our Letters Policy on page 2. Submit your item (except adverts) in one of the following ways:

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CONTENTS

From the Editor	2
Letters	2
News and Articles	5
Police Box	18
Community Councils	19
Club & Community Group News	24
Sport	35
Out & About	44
Gardens Open	46
Congratulations	
Thanks	48
Church Information	49
Playgroups & Nurseries	51
Notices	52
Day Centre & Chemists	56
Classified Adverts, Situations Vacant	57
Diary	58

Commercial Advertising in the Newsletter

Display Adverts

For details on how to place a Display Advert, please go to our website www.kinrossnewsletter.org and click on Advertising for full details, or contact our Advertising Manager.

Typed Adverts

A typed advert may be placed for one or more months. These adverts are text only (no graphics allowed). There are two rates:

Up to NINE lines (including blank lines) £7.00 per insertion TEN to FIFTEEN lines (including blank lines) £11.00 per insertion As a guide, eight words is the maximum that can be fitted on a line. To place a Typed Advert, contact our Advertising Manager, Ann Harley (see left for contact details). You will need to send her:

- Your name, address, telephone number and, optionally, email address.
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- Your remittance cheques payable to "Kinross Newsletter Ltd".

Send all this to the Advertising Manager by the normal monthly Newsletter deadline (see top of left-hand column for date).

The Newsletter reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a Typed Advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy.

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Letters



Editorial

We have decided to move with the times and start referring to Perth & Kinross Council by the acronym PKC rather than the 'P&KC' we have used for - probably - the last 14 years, since the authority came into being with the last local government restructuring. PKC is the abbreviation used by local newspapers and, after all, by the council itself. The council is mentioned frequently in this Newsletter – see Letters and the article on development plans - so we'll save a lot of ink by dropping that ampersand.

September is a great month in Kinross-shire. The Gazebo Gathering was brilliant last year and weather-wise was one of the best days of the year. So if you didn't try it last year, why not give it a go this year? Though don't blame me if the weather isn't so good. September also heralds the annual Doors Open Days - a chance to look around buildings of architectural and historical interest that are not necessarily usually open to the public. The same weekend as Doors Open, we have the delights of the Round Table beer festival and charity quiz, fast becoming annual fixtures in many a local resident's calendar.

Added to that, many clubs and societies resume their regular meetings or winter programmes this month, so entertaining and fulfilling times ahead!

Criminal Protection

Research Group Scam 10 Aug 2010

Recently I received a phone call by someone representing the Criminal Protection Research Group. The lady started to ask me some questions about my home security, at which I ended the call. After some research on the Internet I found out that this Criminal Protection Research Group is a company, trying to sell home security systems - in an aggressive way. They use hyped-up crime figures from our area to scare people into thinking that they need to update their systems. Apparently one of the ways to lure you in is to offer you a free system, but it turns out afterwards that you have to pay for the installation. According to some reports and complaints, people have been scammed out of thousands of pounds. Strathclyde Police is currently investigating this company and Tayside Police is also

The company is targeting the KY13 postcode, and I have heard of several friends and neighbours who have been approached. Please remember that this group has NO links to any government organisation and you DON'T have to answer any of their questions. If you sign a contract but change your mind, you have a period of seven days after signing the contract to let the company know.

Trudy Duffy-Wigman Crook of Devon

See also Police Box, p.26

Paranormal Perthshire

3 Aug 2010

I wonder if I could make an appeal to the readers of *The* Kinross Community Council Newsletter.

I am a local author specialising in the strange, the supernatural, the grotesque, the Gothic, the paranormal and the peculiar. I am researching my next book, Paranormal Perthshire, which is a kind of follow up to one of my earlier works, The Guide to Mysterious Perthshire. There will be chapters on big cats, UFOs, ghosts, witchcraft, ancient mysteries and modern weirdnesses. The tone, as with my previous publications, will combine scholarship with enthusiasm, and open-mindedness scepticism. Paranormal Perthshire will be published by The History Press in Spring 2011.

I am looking for all and any experiences, anecdotes, knowledge and rumours about the strange or supernatural in Perth and Kinross. I am particularly interested in personal experiences or traditions handed down through families and generations – the kind of thing that doesn't usually make it to the history books. All sources will be acknowledged, and correspondents can be anonymous if they wish.

I can be contacted on **geoffholder1@mac.com** or 01738 827474. If you or someone you know has encountered a big cat, UFO, fairy, ghost, witch or anything else unusual or unexplained, please get in touch.

I hope the readers of your splendid publication can help. Please feel free to pass this message on to any interested parties.

Geoff Holder 01738 827474 geoffholder1@mac.com www.geoffholder.co.uk

Author of. 101 Things To Do With A Stone Circle, The Guide to Mysterious Perthshire, (also in the 'Guide to Mysterious' series: Stirlingshire, Glasgow, Arran, Loch Ness & The Inverness Area, Iona and Staff, Lake District, Aberdeenshire, Skye & Lochalsh), The Guide to Mysterious Aberdeen (August 2010), Haunted and District (September 2010), Paranormal Dundee (October 2010), Scottish Bodysnatchers: A Gazetteer -The Complete Site-by-site Guide to the Ghoulish History of Graverobbing (November 2010), The Jacobites and the Supernatural (December 2010), Perthshire Murders and Misdemeanours (January 2011), Paranormal Perthshire (Spring 2011).

Curling Rink

16 Aug 2010

I am a Kinross resident wondering why the Council has to consider a new green field site for the new Curling Ice Rink. I would have thought that the old high school would have been an ideal site for all requirements for projects included in this project. Is there anyone out there who thinks likewise?

Regards

Anne Stoton Nan Walker Wynd, Kinross

Letters Policy: We reserve the right not to publish any letter. Senders must supply their name and address and be prepared to have them published. The Newsletter does not necessarily agree with any of the views expressed on these pages.

Abbreviations: PKC: Perth & Kinross Council CC: Community Council Cllr: Councillor CCllr: Community Councillor

TAYPlan Issues 4 Aug 2010

In the August 2010 Newsletter, it was extremely interesting and educational to read independent councillor, Michael Barnacle's comments addressed to the TAYplan Strategic Development Planning Authority (SDPA), based on the input he received at six public meetings that he held locally. The contents of the SDPA plan will affect us all in the not too distant future.

It would be very informative and interesting to learn of the positions and opinions of our other P&K Council representatives on this extremely important matter — perhaps they could avail themselves of the good offices of the Newsletter to do this?

GM Lindsay Whinfield Gardens, Kinross

Councillors Baird, Miller and Robertson have been invited to publish their positions in the Newsletter. See page 22 for Cllr Robertson's thoughts on TAYPlan and for news of Cllr Barnacle's submission to PKC regarding PKC's new single development plan – Ed.

Recycling 11 Aug 2010

As many will know, PKC has decided to restrict collections of garden rubbish to one binload and stop collecting from a second brown-lidded wheelie bin. I understand this is because the council was collecting too much green matter for recycling, that is, the system was too successful. This does not seem a good reason for reversing previous policy. The excess green matter will no doubt find its way into the general collection and the percentage recycled (and boasted about by PKC) will inevitably reduce. This is the opposite direction to which we have been encouraged up to the time this decision was made by being allocated a second bin, which is now useless.

I understand this decision is to be reviewed in the winter (when recycling from the garden is at a minimum). I would urge all affected or interested to lobby their PKC councillor to get this decision reversed.

A Scholes 36 Linden Park Road, Milnathort

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Kinross High School Site

16 Aug 2010

Following our letter in last month's Newsletter, we thought we should update your readers on what has happened over the sale of the former Kinross High School site over the last month.

The council are now treating complaints from Kinross residents in one of four ways:

- 1. A select few have been taken to stage 2 of the council's complaints process and the authors of these complaints have now written to the Scottish Public Services Ombudsman.
- 2. Some have been told by PKC that as the matter is now with the Ombudsman, the council's complaints system has now reached its limit in this matter.
- 3. Some of you are still waiting for replies to your formal complaints, despite writing to the council a long time ago
- Some of you have been told to complain to the Standards Commission for Scotland over the behaviour of your elected members.

The Scottish Public Ombudsman has now in formed several of those who have complained to them that they will only be taking one complaint forward and have selected the one with the most information in it, rejecting the other complaints.

They have informed us that if they find errors in PKC's systems, they will not reverse the decision, merely instruct the council to change its processes in the future (too late for Kinross's town centre).

They have told us that the only people with the power to change the decision are our elected members and that this is the whole point of democracy as councillors are assumed to represent the views of the community they are elected to

An approach to our local MSP Keith Brown has resulted in him informing us that the decision lies with our councillor and not him.

PKC officers have told us that they are acting under the instructions of our councillors, who have told them to raise as much money from the sale of Kinross's old High School site as possible

So, it looks like the only hope of persuading the council to rethink the sale of the former Kinross High School site without any public consultation and to the highest bidder is to persuade our elected members to change their decision.

With this in mind, we would ask that Councillors Baird, Barnacle, Miller and Robertson individually or collectively write to the Newsletter with answers to the following questions:

- 1. Why are you allowing the former Kinross High School land to be sold to the highest bidder by PKC, given that this will inevitably lead to it being sold to a supermarket chain?
- 2. Why has the council done this in secret behind closed doors without opening the discussion up to the people of Kinross?
- 3. Why was the sale of this land treated differently from the sale of Perth City Hall, when both are key town centre sites?
- 4. Why has there not been an economic impact assessment done to show how Kinross High Street will be affected by having a superstore in our town centre?
- 5. Why has there been no assessment of needs carried out in Kinross? (continued over)

- 6. Why has this land not been used to help deliver the 8.1 hectares of recreational land Kinross is short of?
- 7. Why has this land not been used to provide business expansion land when the Kinross Local Plan says "It is clear that the lack of available industrial and business land within the Kinross and Milnathort area has inhibited the expansion of locally based companies"?
- 8. The land is being used for long-term parking where will these cars park once the High School site is sold?
- 9. Why has this land not been used for affordable housing when the Local Plan says: "Research by PKC indicates there is a particular need for sites for affordable housing in Kinross-shire and the area is classified as "pressurised" for investment purposes by Scottish Homes"?
- 10. Why is PKC saying that they have to sell this land to balance a budget when they plan to spend over £11 million in Perth on capital projects over the next five years?
- 11. Is the truth of the matter that Kinross town centre is being sacrificed by you in order to bolster up Perth's town centre?
- 12. The Church of Scotland wrote to the council asking for parking space to be provided on the former Kinross High School site. Why has this request been ignored?
- 13. Why did Councillors Baird, Barnacle and Miller not attend the Property Sub-Committee meeting on 9 June where the decision of who to sell the land to was made?
- 14. When will Kinross Primary School be upgraded to permanent accommodation as per the original investment in learning proposal (agreed by council); after all portakabins are temporary aren't they?
- 15. Given the problems being faced with the curling academy, why are PKC not offering part of the old High School site for the curling academy?

We would also ask you all to ask your councillors the same questions.

We don't know if asking these questions will make a difference, but please bear in mind that councillors rely on your vote to get elected and should therefore listen to what you have to say and act on it.

So the more of you who contact your councillors, the more they will take this situation seriously.

The contact details of your councillors are as follows:

Councillor Kathleen Baird

Email: kbaird@pkc.gov.uk Tel: 01337 840218 Address: Easter Clunie, Newburgh, Fife, KY14 6EJ

Councillor Michael Barnacle

Email: mbarnacle@pkc.gov.uk Tel: 01577 840516 Address: Moorend, Waulkmill Road, Crook of Devon, Kinross-shire, KY13 0UZ

Councillor Sandy Miller

Email: SMiller@pkc.gov.uk Tel: 01577 840462 Address: c/o Perth & Kinross Council, 2 High Street, Perth, PH1 5PH

Councillor Willie Robertson

Email: wbrobertson@pkc.gov.uk Tel: 01577 863342 Address: 85/87 South Street, Milnathort, Kinross-shire, KY13 9XA

It should be said that the Council is defending its decision by saying that Kinross residents will get the chance to object once a planning application is submitted.

However, given the guidance on the acceptable future uses of this site issued by PKC to developers, we believe that no

amount of objections will stop this decision being passed, either by PKC's Development Control department or on appeal to the Scottish Government.

This is because planning law does not necessarily reflect what a community thinks but is determined by policies and guidance issued by the Council. An example of this is the decision by the Scottish Government to allow the demolition of Ivy Cottage in spite of local objections and Perth's own Development Control committee deciding against this planning application.

If the decision to sell the former High School site to a supermark et chain is not reversed, we will sooner or later have a superstore in our town centre with the consequential death of our High Street and associated congestion which we believe will follow.

It is time for all of you who are against a superstore in our Town Centre to act!

Contact your councillors, please. Yours sincerely

Dave Cuthbert and Susan Bathgate 8 Highfield Circle 42 High Street



- ? Are you aged between 16 and 25?
- **■** Need help searching for jobs?
- Want to write a C.V.?

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27 August - 8 October

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If you need any further information please contact

Rhona Thom (Youth Worker) - 01577 867106

Shona Fowler (IT Tutor) - 01577 867218

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News & Articles



Local talent at Gazebo Gathering

Saturday 4 September from 12 noon-7.30pm

This year's Gazebo Gathering not only has two great tribute acts, it also showcases a fantastic line-up of local talent - Beautiful By Design, Mama Kin, Well Known Strangers, Handle With Care, The Gary Sutherland Ceilidh Band and the Kinross Pipe Band.

This must-see family music festival is on **Saturday 4 September** in the grounds of the stunning Kinross House

– make sure you have that date in your diary.

Beautiful By Design are a five piece pop-rock outfit from the East of Scotland. In the short time since their formation, their uniquely upbeat but sombre style has earned them rave reviews and an army of loyal fans, including legendary radio presenter Jim Gellatly of BBC Radio Scotland, who says: "A band that just seems to have the knack of creating great little pop songs that you want to sing along to."



Beautiful By Design

Mama Kin is the winner of the Battle of the Bands at the Kinross High School. Their motto is, "Loose and Colourful," which, to them, means let go onstage, put on a great show, involve the crowd and, above all, enjoy the music they play!

High School Band **Well Known Strangers** will open this year's festival, a four piece band of local talent who won the notorious 'K-Factor' this year at the Kinross High School.

Blue Fuse is another four piece High School Band who will return this year after a successful performance at last year's Gazebo Gathering.

Handle With Care, also making a come-back, are a local acoustic based duo (both playing the guitar) with a strong rock influence incorporating some folk and blues influences.

And to make sure the day goes off with a twirl, **The Gary Sutherland Ceilidh Band** will have everybody dancing in front of the main stage.

Headlining the festival are two fantastic tribute acts – **THEM BEATLES** and a **DIVA tribute act** (featuring Madonna, Shakira, Shania Twain and Lady Gaga).

As well as the great music there will be plenty of fun for all the family. Whilst mum and dad relax on the lawn the kids can take advantage of the various children's activities. A variety of Food and Drink stalls will be available on site.

Tickets

Tickets are available from the Scottish e-Bike Centre (103 High Street, Kinross) or on-line at www.kleo.org.uk: £17.50 for adults (16 and over on 4 September), £10.00 for a child (15 and under) and £45.00 for a family ticket (two adults and two children). Group Discounts are available online only.

Gazebos

You don't have to own a gazebo to attend the event but if you have one, bring it along and you can pitch it for only 'Premiere £1.00. The Gazebos' (already pitched gazebos on the first two rows) are sold out! However, we will be hiring out a limited number of pitched gazebos in the next few rows. These gazebos can be hired for £20. Tickets for these are selling-out fast, so make sure you buy them soon!



Madonna diva tribute act

Win a Free Family Ticket

To win a family ticket simply enter the competition on our web-site at www.kleo.org.uk, where you can find further information on this and other events organised by KLEO. For more details about Gazebo Gathering visit www.kleo.org.uk



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News & Articles



Doors Open Day 2010

Saturday 25 to Sunday 26 September

Perth and Kinross Heritage Trust



Doors Open Day is an annual event that gives you and your family the opportunity to visit historic and interesting buildings not usually open to the public.

Doors Open Day is organised and funded by Perth and Kinross Heritage Trust. Sincere thanks are due to the custodians and owners of buildings and all others who contribute to Doors Open Day for their enthusiastic and voluntary participation. We have listed here the Kinross-shire properties open under the scheme. In addition, there are over forty buildings open in Perthshire. Admission to buildings is free

For more information about Doors Open Day in Perth and Kinross, you can do any of the following:

- Download a pdf of the programme from the website www.pkht.org.uk
- See the website www.doorsopendays.org.uk
- Contact Mr Andrew Driver at Perth and Kinross Heritage Trust, telephone 01738 477082, email acdriver@pkc.gov.uk

Blair Adam House, near Kinross

Blair Adam, the home of the Adam architectural dynasty, was built by William Adam 'upon the plan of an ordinary manse' in 1736. Descendants added to the house and extended it in a rambling, hotchpotch of buildings arranged around a central courtyard. Sir Walter Scott was a frequent visitor and the interesting collection of objects within the house reflects several periods in Scottish history.

Saturday 25 Sept: Guided tours at 1100 and 1400. **Pre-booking essential** – please contact PKHT (01738) 477082. Facilities: WC.

A minibus service will be run from Kinross for access and return.



Balvaird Castle, Glenfarg

A fine late-15th-century towerhouse that underwent a luxurious makeover in the 16th century to become a courtyard palace. Built by the Murrays of Balvaird, who became the Earls of Mansfield, it was their principle seat until 1658 when they moved to Scone. The L-shaped towerhouse had deteriorated into a ruinous state by the 19th century and in 1974 was taken into care by Historic Scotland's predecessor. Historic Scotland staffwill be on site with more information about the castle's main features.

Balvaird Castle is open Sunday 26 September, 1100 – 1500. Located off the A913 between Gateside (A91) and Bridge of Earn

Car park at bottom of hill signed off the A913. Half mile walk uphill to castle.

Michael Bruce Museum, Kinnesswood

Situated on The Cobbles in Kinnesswood is the weaver's cottage where Michael Bruce, the 'Gentle Poet of Loch Leven', was born in March 1746. Exhibits explain the history of the village, parchment-making and weaving industries and the works of Michael Bruce whose Ode to the Cuckoo was described by Edmund Burke as "the most beautiful lyric in our language".

Saturday 25 September, 1030 – 1700. Facilities: Assisted Wheelchair access.

Village car park accessed via Bruce Road, Kinnesswood.



Visitors at Tullibole C astle enjoying a tour led by Lord Moncreiff at last year's Doors Open D ay

Tullibole Castle, Crook of Devon

Completed in 1608, Tullibole Castle is a classic example of a Scottish tower house in a parkland setting. Contents include a collection of 18th and 19th century paintings and portraits of past owners of the Castle and their relations, including some by Raeburn; a collection of silver, and furniture from the 18th and 19th centuries.

The castle has recently undergone a facelift with restoration work to the external finish or harling. In the castle grounds are a historic graveyard and remnants of a ruined medieval church, a 150-yard 'moat' and doocot. Visit the soon to be completed Witches Maze Memorial for the Crook of Devon Witch Trials, also to be found in the grounds.

Saturday 25th: 1030 – 1600 Sunday 26th: 1030 – 1600 Facilities: WC.

Located on the B9097 one mile east of Crook of Devon. Scheduled Churchyard and Witches Maze Memorial: Unrestricted access at all times of the year from Gelvan Road, ½ mile to the NW of the Castle.

Separately from the Doors Open Day scheme, Tullibole Castle is also open until 30 September, Tuesday to Sunday, 1pm – 4pm. Admission every half-hour with guided tours only. Admission: Adults £5, Concession £3.50. (Free entry on 25 and 26 September under Doors Open Days.)

The Eco House at Milnathort

by J Giacopazzi

Observant folks will have noticed a new house being built between New Road and the golf course. Although, outwardly, it seems like any other, this is to be the first of the new generation of zero carbon houses for the 21st century. From 2016 all new houses built in Scotland will have to comply with this standard. It is in response to the challenge of climate change that our government has brought forward regulations to reduce and, hopefully, eliminate the carbon emissions from new housing. Currently over a quarter of the country's carbon emissions come from heating and lighting our homes.

The other beneficial effect of this policy will be to practically eliminate household bills for heating, so 'future proofing' the outgoings of those living in zero carbon houses. Against the background of ever increasing energy bills, this is an important bonus.

The technology behind building zero carbon homes is well understood; the devil is in the detail of building such houses. Making a house zero carbon is based on the following principles: Super insulation, Triple glazing, Air tightness, Orientation (south facing), Mechanical ventilation, and Thermal mass.

Super Insulation. The glass fibre wool traditionally used in home insulation is now old hat. New generation rigid polyurethane boards provide a higher standard of insulation while using thinner layers. The rigid insulation, several times thicker than is required by current regulations, is embedded in the solid floor, the walls and the ceiling. The trick is not to over insulate, as this would not be cost effective. At a certain point, the energy savings from ever more insulation become insignificant.

Triple Glazing. Any window will allow the sun to heat the air within the building on a good day, but when the sun goes down the heat quickly goes back out. Triple glazing, on the other hand, will retain a substantial proportion of the solar gain. It also helps eliminate draughts and ensures a comfortable environment near the windows, even when the temperature outside is freezing.

Air Tightness and Mechanical Ventilation. It used to be accepted wisdom that for a house to be healthy, it had to 'breathe'. Indeed, most homes have so called 'sash vents' in the windows by law. Without ventilation, there would be an

unacceptable build up of pollutants and smells within the house. The trouble is, fresh air enters the house at outdoor temperature; in winter this can be freezing. Effectively, a well-ventilated house will lose all its heat every couple of hours, with the central heating having to replace the losses. There is a solution; mechanical ventilation with heat recovery. This way, the fan extracting the stale, warm air passes it over a heat exchanger where it heats the incoming fresh air. So while the stale air is expelled, 90% of the heat is maintained within the house. Evidently there is a great saving in energy, but one which can only be achieved in a house which is almost airtight.

Orientation. Any true eco house must be south facing to take advantage of solar gain on winter days. Large windows should face south while smaller ones should face north to minimise exposure to cold winds.

Thermal Mass. The importance of this concept is only now being recognised. It refers to the solid mass of a building constructed from brick or block. Houses which are built from timber or are timber-framed lack thermal mass and, accordingly, cool rapidly when the heating is switched off. On the other hand, houses with high thermal mass will retain much of the heat gained during the day, and so will remain warmer for longer.

Although the eco house concept is new to the UK many thousands of such houses have been built in Germany and Austria, where they are known as Passive Houses.

In practical terms, what would it mean to live in a Passive House? Well, the heating bills should reduce by a staggering 90%. The need for a central heating system is avoided, with the consequent cost saving. If in time this standard were rolled out across the entire country, the reduction in our energy imports would be colossal. Other advantages for the householder include living in a quiet and snug, but well ventilated, home.

Hopefully this information will be of interest to anyone wishing to build their own home. I hope to give an update of how the completed house will perform under real circumstances.

The Milnathort Eco House is at New Road.

Builders: The Good House Company, Milnathort (www.thegoodhousecompany.co.uk);

Architects: Elements Architecture of Dunning.

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LOCHRAN MOSS, BLAIRADAM, KELTY FIFE KY4 0HZ News & Articles

Eyesore corner gets cool new look

It was exchanging one type of graffiti for another, but what a transformation! On 7 August members of KLEO (Kinrossshire Local Events Organisation) smartened up the hoarding around the semi-derelict building at the comer of Swansacre and High Street, while at the same time advertising their big event this month, the Gazebo Gathering.

The volunteers painted the grey, graffiti-strewn boards black and mounted the graffiti art wall created at last year's Gazebo Gathering by artist Martin McGuinness and local youths (as shown at the top of this month's front cover). The photos show the before and after effects.

The Swansacre building, an eyesore for at least 15 years, is due to be converted to Housing Association dwellings following a compulsory purchase by PKC.

Find out more about the Gazebo Gathering on page 7.



The Swansacre building before and after its KLEO makeover



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I. Robertson, Station Road, Crook of Devon Telephone: **Fossoway 01577 840526**

Loch Leven Community Campus Partnership

Although this group is in its early stages of formation, it felt that its progress should be known to the wider community. Firstly the role of this group is to promote the campus, influence change and improvements to the quality of services delivered and give the community a link to the facilities available. It was highlighted at the first meeting that the Partnership is an advisory body and will be supported by the Senior Community Capacity Building Worker based in LLCC. Membership has been taken from campus users and local community organisations. At present it has representation from Parish Church and Concert Promotion, KHS Parent Council, Fossoway CC, Kinross and District Art Club, Kinross Rugby Club and Musical Theatre for Kinross-shire Youth with support from Tracey Ramsay, Senior Community Capacity Building Worker.

So what can you do?

As a member of the community you can let the group know how the campus can help you. You will be key in the development of this facility; your comments, views and concerns will be reported through the Partnership.

Next Meeting Thursday 9 September.

If you wish any further details or have any comments, please contact the Partnership on campuspartnership@kinrosshigh.pkc.sch.uk

Loch Leven Community Library

Viva Kinross!

September sees the award winning travel writer Peter Kerr visit Loch Leven Library. Peter's books, written with warmth, gutsy style and spiky humour, are sold worldwide and have been translated into several languages.

Join us for what will surely prove to be a popular evening as Peter discusses his colourful, revealing and often hilarious time spent on Mallorca where he went with his family in the 1980's to run an orange farm — something he knew absolutely nothing about.

Peter's books have developed a world wide following over the years, including the Hollywood star Michael Douglas. This is sure to be a highly entertaining evening.

The event will be held on **Wednesday 15 September** at Loch Leven Community Library at 7.30pm. Tickets are £5.00 each and are available at either the campus library or AK Bell Library in Perth.

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Autumn Leisure Classes in Kinross Learning Centre

Kinross Learning Centre's leisure programme gets underway in September and with a diverse range of subjects: there should be something to suit everyone.

New for the autumn are Beginners' Russian – ideal for those planning a trip or involved in twinning committees; Get Connected which will provide an introduction to the phenomenon of social networking looking at Facebook and Twitter etc; Cake Decorating and a Beginners' Guide to Photoshop Elements.

Courses marked • are eligible for ILA funding. ILA Scotland is a Scottish Government scheme that helps you pay for learning if your income is less than £22,000 per year or on benefits. To request an application pack, or to find out more, visit www.ilascotland.org.uk or call free on 0808 100 1090.

To find out more about any of the courses or to book your place, please contact Maureen Ross at the learning centre on 01577 863863 or email pc.kinross@perth.uhi.ac.uk

Course	Starts	Time	Duration	Cost
LANGUAGES •				
Beginners Spanish	Wed 15 Sep	7 – 9 pm	10 weeks	£65
Spanish 3	Tues 14 Sep	7 – 9 pm	10 weeks	£65
Advanced Spanish Conversation	Mon 13 Sep	10 am – 12 noon	10 weeks	£65
Improving your French Conversation	Wed 14 Sep	10.15 – 12.15	10 weeks	£65
Improving your French Conversation	Tue 14 Sep	1 – 3 pm	10 weeks	£65
Advanced French Conversation	Tue 14 Sep	10.30-12.30	10 weeks	£65
Beginners German	Wed 15 Sep	5 – 7 pm	10 weeks	£65
Improving your German Conversation	Wed 15 Sep	7 – 9 pm	10 weeks	£65
Beginners Italian 1	Thurs 15 Sep	12.15 – 2.15 pm	10 weeks	£65
Beginners Italian 2	Tue 14 Sep	7 – 9 pm	10 weeks	£65
Improving your Italian Conversation	Tue 14 Sep	3.30 – 5.30 pm	10 weeks	£65
Beginners Russian	Thurs 16 Sep	7 – 9 pm	10 weeks	£65
COMPUTING •				
Welcome to Computing	Mon 13 Sep	7 – 9 pm	8 weeks	£53
Welcome to Computing	Tue 14 Sep	2 – 4 pm	8 weeks	£53
Effective PC Management	Tue 14 Sep	12 – 2 pm	8 weeks	£53
Getting Connected – A Beginners Guide to Social	Tue 16 Nov	12 – 2 pm	5 weeks	£30
Networking	M 15 N	7.0		65.2
Carry on Computing	Mon 15 Nov	7 – 9 pm	8 weeks	£53
Carry on Computing	Tue 16 Nov	2 – 4 pm	8 weeks	£53
ARTS •				
Advanced Watercolours	Mon 13 Sep	2 – 4 pm	10 weeks	£65
Drawing & Painting	Mon 13 Sep	7 – 9 pm	10 weeks	£65
Watercolouis 6	Thur 16 Sep	1.30-3.30 pm	10 weeks	£65
Beginners Watercolours	Wed 15 Sep	1.30-3.30 pm	10 weeks	£65
The Art of Drawing - Intermediate	Wed 15 Sep	9.45-11.45 am	10 weeks	£65
The Art of Drawing for Beginners	Thurs 16 Sep	9.45 – 11.45 am	10 weeks	£65
DIGITAL PHOTOGRAPHY •				
Beginners Guide to Photoshop Elements	Mon 13 Sep	2.30 -4.30 pm	12 weeks	£90
Introduction to Digital Photography	Wed 15 Sep	7 – 9 pm	10 weeks	£77
GENERAL INTEREST				
Antiques & Decorative Arts	Fri 17 Sep	9.30-1130 am	10 weeks	£65
Introduction to Indian Head Massage	Thurs 16 Sep	10 – 12 noon	5 weeks	£30
Aromatherapy in the Home	Thurs 4 Nov	10 – 12 noon	5 weeks	£30
Sign Language ●	Thurs 9 Sep	5 – 7 pm	6 weeks	£38
Cake Decorating	Tue 14 Sep	10 - 12 noon	8 weeks	£73
Genealogy •	Thurs 16 Sep	2 – 4 pm	10 weeks	£65



Calling all Community groups and organisations in Kinross-shire!

The Community Capacity Building team (Perth and Kinross Council) and Voluntary Action Perthshire (part of PKAVS) aim to provide the

following free workshops, which can help support the progress and development of your group. These workshops will be held in the Loch Leven Community Campus.

Funding · Minute Taking · Committee Skills
Book Keeping · Presentation Skills
IT Skills · Employability Law
Child Protection and Disclosure Scotland

If you are interested in any of the these opportunities please let us know at your earliest convenience as this will help us to ensure there is an interest and we can go ahead with planning the programme. We aim to organise the first workshop by the end of September depending on your response.

Please complete the form below by ticking the relevant boxes and return to Tracey Ramsay (Senior Capacity Building Worker), Loch Leven Community Campus, The Muirs, KY13 8FQ, alternatively you can call her on 01577 867124 or email Tramsay@pkc.gov.uk

Workshops	Interested	Day time	Evening	Childcare			
Funding							
Minute Taking							
Committee Skills							
Book Keeping							
Presentation Skills							
TT Skills							
Employ ability Law							
Child Protection							
Disclosure Scotland							
Please give details of any			l.				
other workshop requests							
If childcare is required a cost may apply.							
Name:		Group:					
Contact details:							
Corriad details.							
Notes							







Saturday 11 September 2pm Kirkgate Park, Kinross



Family Fun Day in aid of Scottish Cot Death Trust

- Balloon Launch to commemorate the 25th anniversary of the Trust
- Children's Welly Waddle (sponsor forms available from Sporting Chance)
- Cake 'n' Candy
- Bottle Stall by Kinross Ladies Hockey Club
- Guess the Doll's Birthday
- Little Star Pin Badges
- Join in with the 'Kinross Zumba Queens', Zoe and Jennifer for a Zumba Fitness Party

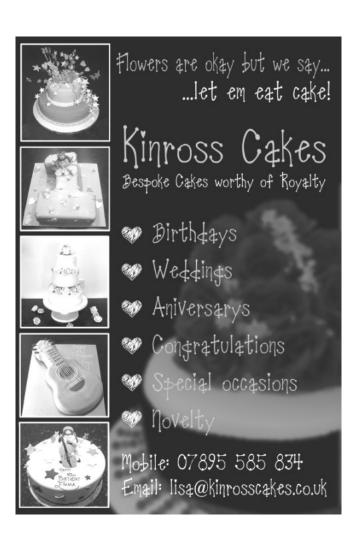
We look forward to a fun packed afternoon with all proceeds going to Scottish Cot Death Trust, the only charity in Scotland dealing with the issue of cot death. Have fun whilst raising awareness of the Trust.

Any donations, items for bottle stall or Cake 'n' Candy (on the day) can be handed in to Sporting Chance or to Wilma Carragher, The Orchard, St Ronan's Drive, Kinross. Tel: 01577 865228

Alternatively you can donate at www.justgiving.com/SCDT25thAnniversary

Look out for alternative arrangements on the day if weather is inclement

Scottish Cot Death Trust Scottish Charity Number SC003458



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The Kinross Show Saturday 14 August



The weather was perfect for the 180th Kinross Agricultural Show on 14 August: dry and sunny, but not too hot for comfort. It has been said before but is worth repeating: there can be few agricultural shows, if any, in the country with a more beautiful setting than the grounds of Kinross House, particularly in sunshine.

As well as the judging of all the agricultural classes, there were the usual competitions such as the flower show, fancy dress competition and dog show. The SWRI tent contained some stunning pieces of work, particularly in needle craft.

Special entertainments this year were demonstrations by the pony club and the recently formed Kinross Vaulting Group.

Another special feature at this year's show was the arrival of fifty cyclists representing the three regions of the Scottish Association of Young Farmers' Clubs. They had just completed a three-day cycle, which started in Aviemore and went via Pitlochry and Stirling, raising approximately £15,000 for Mercy Ships in sponsorship. The money will go towards educating and



The parade of Champions

equipping around 200 young farmers in West Africa, enabling them to produce their own food.

Three long service medals were presented by Royal Highland and Agricultural Society of Scotland director, Willie Young These went to David Liddle, Tom Allan and Hamish

Pearson. David Liddle is foreman at Channel Farm and has worked there for 42 years. Tom Allan has clocked up 32 years, also at Channel Farm, as a tractorman. Hamish Pearson has worked as a tractorman with Charles Wellwood at Orwell Farm for 33 years.



Eggs and vegetables in the Flower Show tent



An enthralling display by Kinross Vaulting Group



The Kinross Show Saturday 14 August





One of the Driving Turnout competitors



A Fancy Dress on Pony entrant



A sheep! What else can one say?



For the mechanically inclined, a wide selection of agricultural machinery to inspect



One of the smaller champions in the parade



Fancy dress competition winner, rider and horse dressed as Welsh dragons

Kinross Show Local Prizewinners

Main Trophies

Tom Page Cup (Best Group any Breed): **Brian Weatherup**, Cowdenbeath

Bank of Scotland Trophy: **Gordon Brooke**, c/o R & C Rettie, Aberdona Mains, Forestmill

Horses

Archie Renton Quaich (Overall Champion): **Susan Lawrie**, Cuthill Towers, Milnathort

Dunduff Challenge Cup (Clydesdales): **Robert Sibbald**, Thorn Farm, Dollar

Elder Silver Challenge Cup: Robert Sibbald, Dollar

Scottish Central Horse Breeding Society Silver Trophy: **Robert Sibbald**, Dollar

Stevenson Cup (Best Hunter shown in Hand classes 16 – 19): **Susan Lawrie**, Cuthill Towers, Milnathort

King Cup (Best Ridden Pony): Lauren Robb, Blairadam Izat Perpetual Trophy: Lauren Robb, Blairadam

Hever Piers Trophy (Working Pony Champion): Lauren Robb, Blairadam

Phoenix Cup (Private Driving Class): **Mrs Joyce Simpson**, Lathro Cottage, Milnathort

Devonshaw Quaich: Dougal Dick, Transy Stud, Powmill

Cattle

Pure Bred

Chapman Frearson Trophy: **Gordon Brooke**, c/o R & C Rettie, Aberdona Mains, Forestmill

Westmac Rosebowl (Champion Limousin): **John Thomson**, Keltv

Ledlanet Trophy (Highland): D&B MacNaughton, Kelty

Cross Cattle

Hamilton Cup (Best pair from any class in Cross Cattle): **D Alistair McLaren**, Classlochie, Kinross

Balado Trophy (Best cross calf): **D Alistair McLaren**, Classlochie, Kinross

Charolais Perpetual Cup: **D Alistair McLaren**, Classlochie, Kinross

Sandy Dawson Memorial Cup: **D** Alistair McLaren, Classlochie, Kinross

Dairy Cattle

Paton Cup: A&S Lawrie, Cuthill Towers, Milnathort

Gray & Harrower Cup (Ayrshire): **A&S Lawrie**, Cuthill Towers, Milnathort

Harperfield Trophy (Group of 3 Dairy Animals): **A&S Lawrie**, Cuthill Towers, Milnathort

William Belfrage Black Trophy (Best Heifer): **A&S Lawrie**, Cuthill Towers, Milnathort

Blairnathort Trophy (Holstein): **Brian Weatherup**, Cowdenbeath

Robert Inglis Trophy (Holstein Pairs): **Brian Weatherup**, Cowdenbeath

Centenary Challenge Rose Bowl (Best Dairy Cow): **Brian Weatherup**, Cowdenbeath

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Sheep

The Holton Cup (Best Pen Cross Lambs): **Mark Thomson**, John Lawrie (Tillyrie) Ltd, Milnathort

John Fairley Memorial Quaich (Blue Faced Leicester): Mrs Mary MacNiven, Glenfarg

Craig farg Perpetual Trophy (Best Sheep Young Hander): Cameron Taylor, Rumbling Bridge

Crops

Spring Oats: Charles Wellwood, Kinross Estates, Kinross

Spring Barley: **John Baillie**, Colliston, Glenfarg Winter Wheat: **W Nelson**, West Brackley, Kinross

Winter Barley: Andy Baird, Kirkness

Winter Oats: John Baillie, Colliston, Glenfarg

Seed Potatoes: **RS Doig**, Milnathort

Flower Show

Cup Winners

Cairns Cup (most points overall): **David Forrester**Balado Salver (most outstanding entry, classes 1 to 16):

Lawrence Thomson

Fisher Bowl (most points, Dahlias): Lawrence Thomson Caesar Trophy (Sweet Peas): Lawrence Thomson

Kirkness Trophy (most points, Floral Art Section): Claire Paton

Renton Trophy (most outstanding exhibit, Floral Art): Fiona Alex ander

Gavin Lindores Trophy (best single Rose): Robert Getley Scott-Davidson Cup (winner, Bowl of Flowers): Robert Getley

Lena Graham Quaich (small): Caitlin Shea Lena Graham Quaich (Large): Katie Bell

Maisie Pirie Cup (most outstanding exhibit by a child under 8): Kirsty Shea

Cath Pirie Cup (most outstanding exhibit by a child 9-14): Katie Bell

Paton Produce Trophy (best exhibit in produce section):

Angus Hunter

Mawcarse Salver (best exhibit overall in show): Lawrence
Thomson

The Flower Show Committee thank you for coming to the Show and taking part, especially the children.

New Egg Section sponsored by Carrs Billington, Milnathort

Children under 12 years: Angus Hunter

Adults: Claire Paton

Decorated Egg, children under 12 years: Kirsty Skea

New Vegetable Section Winners

4 Tomatoes: Alistair McKerrow

4 Onions: Molly Brown

4 Potatoes Round – White: Kinross Potager Garden (Class 5b)

4 Potatoes Round - Coloured: Hester Niven

4 Courgettes: Graham Irwin

'ALTERED IMAGES'

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Kinross Show Local Prizewinners (continued...)

Children's Section

Picture of my house – children under 5: **Isla Skea**Bon Fire Night – children 6-8 years: **Kirsty Skea**Children's TV character – children under 5 years: **Isla Skea**Model using fruit & veg – children 6-8 years: **Isla Steel**Arrangement Garden Flowers in Jam Jar – children under 8 years: **Isla Skea**

Bon Fire Guy – children 9-14 years: **Caroline Getley** Seed Tray Garden – children under 8 years: **Caitlin Shea** Garden in a Seed Tray – children 9-14 years: **Katie Bell** Model Farm in a Seed Tray – **Robert Getley**

Children's Fancy Dress

Best Fancy Dress with a Pony or Donkey: Joanna Gardner-Lockhart

Best Fancy Dress without a Pony or Donkey: Amelia Dorans

The Macleod Quaich – Best Overall Winner of Fancy Dress: Joanna Gardner-Lockhart

Other Competitions

Best Trade Stand Large: **Henderson Grass Machinery**, Kinross

Best Trade Stand Small: Loch Leven's Larder, Wester Balgedie, Kinross

Best Decorated Stand in Art & Craft Marquee: Pencamlee Patches, Mrs Moira Watson, Tillicoultry

Vintage Tractors:

Section 1 Petrol/Paraffin: Alan Wilkinson, Wester Coldrain, Kinross

Section 2 Diesel: Jimmy Mair, Langside, Glenfarg

Overall Winner: Alan Wilkinson, Wester Coldrain, Kinross



Impressive hand crafts in the SWRI tent

Some of the Kinross Show photos shown on these pages can be viewed in colour on (and downloaded from) the photolibrary at www.kinross.cc

If you have photos of the Show, or other events/ scenes in Kinross-shire, why not upload them to the website?

Dog Show

Trophies

15

Weaver of Kettle Trophy – Best Puppy: Morgan Routledge, Cardenden: 'Brychan' Pointer

The Cairns Cup – Best Dog/Bitch in Kinross-shire: E.

Nugent, Kinross: 'Murphy' Lhaso Apso

Puppy: 2nd Jen Lugton, South Kilduff Farm, Kinross. 3rd

Classes

Kirsty Andrew, Rowantree Cottage, Blairforge. 4th Kathryn Scougall, 2 Courcelles Court, Kinross.

Sporting: 2nd Victoria Sutherland, Broomhill Kennels, Crook of Devon.

Non-sporting: 2nd E. Nugent, 3 Argyll Road, Kinross. 3rd Jen Lugton, South Kilduff Farm, Kinross. 4th Andrew Mitchell, 59 Whitecraigs, Kinnesswood.

Open: 2nd E. Nugent, 3 Argyll Road, Kinross. 3rd Olivia Angus, Channel Farm, Kinross. 4th Kathryn Scougall, 2 Courcelles Court, Kinross.

Confined to Kinross-shire (Cairns Cup): 1st E. Nugent, 3 Argyll Road, Kinross. 2nd Olivia Angus, Channel Farm, Kinross. 3rd Shona Barrie, Devonhall Lodge, Yetts o'Muckhart. 4th Daisy Galbraith, Ledlanet, Milnathort.

Dog with Waggiest Tail: 1st Maureen Ballantyne, 20 Katrine Place, Kinross. 2nd Greg Reekie, 40 Ross Street, Kinross. 4th Lily Miller, Wallaceton, Gairneybank.

Dog with most Appealing Eyes: 3rd Charlotte Glover, Powmill Farmhouse, Powmill.

Dog Handled by a Boy/Girl under 14 years: 1st Olivia Angus, Channel Farm, Kinross. 2nd Rebecca Thomson, Dower Cottage, Tillyrie Farm, Milnathort. 4th Shona Barrie, Devonhall Lodge, Yetts o'Muckhart.

SWRI Trophy Winners

Aldridge Sealy Trophy: Glenfarg

Enid Scott-Davidson Cup: Cleish/Glenfarg

Benarty Trophy: **Blairingone** Jane Elliot Bell: **Cleish**

Stewart Cup: **Dorothy Morris**, Cleish Hilton Cup: **Josephine Paterson**, Cambo Teenage Trophy: **Ailsa Morris**, Cleish Balado Cup: **Katie Warnock**, Blairingone

Margaret Ironside Memorial Trophy: Lesley Murison, Glenfarg

Morris Quaich: Jen Pickard, Cleish

Frances Drysdale Quaich: **Betty Petrie**, Blairadam Special Prize (Produce Section): **Helen Clark**, Glenfarg

Ann Watson Trophy: **Molly White**, Carnbo Arnotlea Trophy: **Anne Bayne**, Cleish Irene Whitson Salver: **Anne Bayne**, Cleish

The Group Rose Bowl: **Frances Drysdale**, Carnbo Community A - Paperweight: **Helen Clark** Glen farg Community B - Paperweight: **Mary Wilson**, Powmill

Community A: 1st Cleish, 2nd Blairingone, 3rd eq Glenfarg & Milnathort

Community B: 1st Glenfarg, 2nd Blairadam, 3rd Blairingone

Deadline for all Submissions 2.00 pm, MONDAY 20 September for publication on Saturday 2 October

Development Plans

Last month the Newsletter published Cllr Mike Barnacle's comments on the TAYPlan Main Issues Report.

TAYPlan is the proposed Strategic Development Plan for an area covering Dundee city, Perth and Kinross, Angus and north Fife for the years 2012 to 2032. SDPAs were designated by Scottish Ministers under the Planning etc (Scotland) Act 2006.

We now also have Cllr Robertson's comments on TAYPlan (see below) and we thank him for these.

Cllr Barnacle has now sent the Newsletter a copy of a letter he has sent to Perth & Kinross Council, commenting on the Council's new Single Development Plan (Main Issues Report). The Single Development Plan is complementary to the TAYPlan Strategic Development Plan. PKC's Single Development Plan is for the whole Perth & Kinross area – a single replacement for the current Area Local Plans, of which the Kinross Area Local Plan (2004) is one.

TAYplan Issues - Cllr Robertson

Anyone looking at the Kinross-shire representations lodged with the Council identifying land for development as part of the TAYplan process couldn't help but be alarmed.

Every settlement has sites earmarked for more housing, some more large scale than others.

Hopefully the Council's Planning Department will have dismissed many of these representations before the draft Development Plan is put out for consultation this Autumn. I strongly believe that Kinross-shire doesn't have the capacity to absorb huge numbers of new houses. If care is not taken, we would be in danger of overwhelming the services it has taken years to build up, such as education provision, health services and leisure facilities.

We would also be putting at serious risk all the things which make Kinross-shire special. As a councillor I have always tried to improve the quality of life of the people I represent and consider that large-scale house building would be detrimental to that.

When the draft plan is published I would urge everyone to read it and if you have concerns make them known to the Planning Department and your Kinross-shire councillors.

Kinross-shire is where we have all chosen to live. It is everyone's responsibility to safeguard its future.

Cllr Willie Robertson

Cllr Barnacle's comments on PKC's Single Development Plan

As with his TAYPlan comments, Cllr Barnacle's letter to PKC on its Single Development Plan (Main Issues Report) was written following a series of public meetings in the rural parts of Kinross-shire to gauge opinion.

In the letter's introductory comments, Cllr Barnacle reiterates his concern at the out of date nature of all PKC's existing Local Plans and stresses "the need for any development framework to

(a) protect and enhance the amenity of existing residents and

(b) protect prime agricultural land and our rural scenic landscape from 'inappropriate' developments."

He feels that the retention and extension of Areas of Great Landscape Value (AGLVs) are particularly relevant to point (b)

Cllr Barnacle summarised the views of the public meetings, saying,

"It was clear from the public meetings that there were concerns over the growth projections, the need for infrastructure to accommodate the scale of development proposed, the need to take account of developments outwith the Tayplan area and that in Kinross-shire development should be concentrated on Kinross and Milnathort but not at the level extrapolated from past trends; I therefore included these points in my Tayplan letter. Furthermore, although there is strong opposition to large-scale house development in the rural areas, it was felt that the 25% proportion affordable element therein was a target not being met and there was a lack of housing provision for older people, rent and smaller size. The people feel strongly that rural Kinross-shire is an attractive area that should be retained and not urbanised by a forward-planning process that appears developer driven (the feeling persists that there is not a level playing field in relation to PKC's deadline for comments to the MIR viz: 31 August 2009 for community representations but apparently open-ended for the development sector i.e. For Crook of Devon at 9 November 2009 PKC had seven residential sites proposed but by 4 February 2010 this had become 13 residential sites).

"There is widespread concern about the number of housing development sites put forward for the rural areas i.e. Balado area 8, Cleish & Blairadam 6, Fossoway 28, Gairneybridge & Hatchbank 10, Portmoak area 8. In this respect I endorse the comment in Michael Moran's excellent letter to Forward Planning of 27/5/10 'there is far more land being offered for development than could ever be justified by any realistic assessment of need.'

"It will therefore be incumbent upon yourselves to be very stringent in your assessment of appropriate housing sites to be included for zoning in the new Plan."

Cllr Barnacle then goes on to give detailed comment area by area. Due to the length of his letter, and the fact that many of the comments require reference to maps and other documentation, the text below covers only selected observations. All submissions on the Single Development Plan Main Issues report, including Cllr Barnacle's, can be viewed on Perth & Kinross Council's website.

Balado and Turfhills: The Cllr objects to the spread of Kinross west of the M90, which he feels should be regarded as a barrier between town and rural areas. He is very concerned at the developer submissions made to the Council which, if given the go-ahead, would result in Balado and Kinross coalescing.

Cleish: Cllr Barnacle supports Cleish & Blairadam CC's submission to PKC, including identification of land the CC feels should be retained as open space and comments on conservation areas.

Fruix, Gairneybank and Hatchbank: The Cllr notes local opposition to development here. There are constraints in relation to archaeological sites, flooding and woodland which he feels should be reinforced.

Greenacres: Cleish & Blairadam CC strongly criticised the lack of planning control on this development in their submission and Cllr Barnacle endors es their view.

Keltybridge & Maryburgh: Cllr Barnacle advocates community useage, car parking and visitor information on a site west of the Tabernacle Hall in Keltybridge.

Blairingone: Developers have identified six residential sites and only one, a woodland area, is objected to in entirety. "There is community support for residential development here and a strong desire to secure the future of the primary

school and provide village amenity."

Carnbo: Locally there is opposition to most of the sites suggested for possible development for the following reasons: incursions into the AGLV, flood risk, ribbon development to the north and west.

Crook of Devon: "There is continuing concern at the significant growth in the village." (There was growth of 41.7% at Crook of Devon/Drum between 1981 and 1991.) Between November 2009 and February 2010, developer submissions for this area for the Plan rose from seven to thirteen sites. Around half of these are opposed by the local Strategy Group and Cllr Barnacle details these whilst making advisory comments on the sites that are not opposed.

Powmill: There are several possible developments sites here and the comments regarding Powmill form one of the longer parts of Cllr Barnacle's letter. The community is opposed to a development proposal north east of the Milk Bar. Two other sites proposed for development effectively encompass a proposal already made by Thomson Homes for approximately 300 houses discussed at a public meeting on 16 Nov 2009 of which the Cllr says, "the developers ... have not engaged meaningfully with the SG [Strategy Group] or taken account of community views." The Cllr feels that a transport assessment is needed for the western approaches. This applies to the Thomson Homes proposal and a development site at Devonshaw Quarry. There is a proposal for a village green concept which has community support.

Wester Balgedie: The Cllr agrees with Portmoak CC that this 'ferm toun' and its conservation area should be protected. There are developer submissions which would involve residential sites (about 20 houses) around Balgedie Toll. The CC is concerned about the impact on the A911/Mawcarse Road junction and urges a review of routing.

Kinnesswood: "The proposal for a single house within the village setting area on the eastern edge of the village, the rest of the associated land being transferred to the community, is non contentious."

Kilmagad Wood: "There have been a number of applications, all eventually rejected, to develop land adjacent to AGLV controversially included at the western boundary ... in the current Local Plan. I agree with the community petitions to reinstate the western boundary to that of the previous Draft Local Plan."

Scotlandwell: Cllr Barnacle welcomes the recent agreement on conservation area status and therefore has concerns about two of the suggested development sites within the current settlement boundary. Two others, proposed for south of the village, "... at medium density could accommodate approximately 125 houses and I expect significant opposition to this southern expansion of the settlement boundary."

Further information can be obtained on the following websites:

Perth & Kinross Council: www.pkc.gov.uk
Portmoak CC: www.portmoak.org
Fossoway CC: www.fossoway.org

Newsletter Deadlines

A list of future deadlines can be found on our website **www.kinrossnewsletter.org**

Curling academy legal move

The Kinross Estate Company has applied to the Scottish Lands Tribunal to have a legal restriction on the Market Park removed.

The Market Park, owned by the Kinross Estate Company, is the proposed location of the new national Curling Academy, a facility which will provide training for elite curlers as well as becoming home to local curling clubs. The Royal Caledonian Curling Club (RCCC), the governing body for the sport in Scotland, would also move its head office to the new facility.

In October 2008 the RCCC selected The Kinross Curling Trust's bid to take the academy project forward. PKC granted outline planning permission for the proposed sixsheet rink at the Market Park site in November 2009. However, a 'burden' in deeds referring to the land could prevent the building going ahead at this location.

The Market Park is the Trust's preferred site for the curling facility, but while awaiting clarification of the legal position, the Trust has been exploring alternative sites in Kinross and has "held useful discussions with Perth and Kinross Council."

Local curling clubs were set a target of £250,000 to raise as their contribution to the cost of the new facility, and have already reached a figure in excess of £117,500.

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Police Box

Security Companies

Tayside Police has received several enquiries from householders in Perth and Kinross expressing concern about telephone sales methods being used by security companies. Donald Campbell, Crime Prevention Officer in Perth and Kinross explained,

"The salespersons try to sell alarm systems to householders and attempt to arrange appointments to call at the resident's house with a view to demonstrating and hopefully selling an alarm system. As part of their sales technique, the callers sometimes paint a bleak picture about the levels of crime and policing in the area and in many cases householders felt they were being talked into purchasing a product they did not really want. The salesperson has also said that they have been approved by Tayside Police. Contrary to what their telephone sales pitch suggests, Perth and Kinross is a comparatively low crime risk area and we do not endorse any specific product."

Tayside Police are concerned about security companies using high-pressure sales techniques which often generate an artificial fear of crime in order to sell their products.

Donald was keen to give advice to residents in the event they are faced with this type of caller or those who are looking to purchase an alarm system.

"First of all, if you do not wish a product or to speak with someone who telephones you, clearly say so at the onset. Remember, it is your telephone, in your home and your time that is being used. If you decide to make an appointment, ask the person for the company head office address and telephone numbers first. Always ask if they are a registered security company. Arrange for a family member, friend, or neighbour to be with you when the person calls at your home. Never tell anyone over the telephone when you will be or not be at home, or reveal any other personal details about yourself or your family, or the security of your home. Clearly, an alarm system has to be recommended as a crime prevention measure. As with any other purchase however, I recommend that more than one quotation is obtained before making a final decision. As a guide, Police only recommend alarm companies who belong to a governing bodies called such as NSI, SSIA, and NACOSS."

For further crime prevention advice or guidance please contact Donald Campbell, Crime Prevention Officer for Perth and Kinross, on (01738) 892937.

Parking Outside Schools

Now that a new academic year is with us, we would like to remind those people who take children to and from school in vehicles to be considerate about how and where they park when doing so. We understand that parents want to see their children, particularly the younger ones, safely on to school premises and on wet days ensure that the youngsters are as dry as possible when they arrive. However, in doing so, many people park their vehicles in a manner that compromises the safety of others. We have encountered, among other things, cars parked on the zigzag markings, obstructing the school crossing patroller, and on pavements whereby pedestrians are forced to walk on to the road to get past. Regretfully we have found that the attitude of a small number of parents appears to be that they don't care what happens to anyone else as long as their child arrives at and returns home from school safely. We all have a duty to ensure that everyone, particularly the children, are safe at all times.

We would also ask that parents who are walking to school with their children, cross at and when directed to do so by the school crossing patroller. After all it is their function to ensure that the children cross safely and allowing the youngsters to think they can cross where and when they want, is not a good example to set.

Motorists taking children to and from Kinross Primary School should ensure they do not obstruct access to or impede the view of residents emerging from Douglas Crescent and to remember there is a one way system in operation at the west end of Bowton Road.

We intend to monitor the situation at all our schools and where there is evidence that offences are being committed drivers will be issued with Fixed Penalty tickets or reported to the Procurator Fiscal.

Crime Stoppers – Telephone 0800 555 111

This telephone number is a free phone number, unless you are using a mobile phone, which any member of the public can contact at any time, if they have information relating to criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Kinross Police Office – Telephone 0300 111 2222

Community Officers (details shown below) can be contacted at Kinross Police Office on 0300 111 2222.

Constable Ishbel Wallace Kinross

Constable Brian Easton Milnathort & Portmoak areas Cleish/Blairadam, Fossoway

and Clarkers are as

and Glen farg areas

Constable Euan Mitchell Abernethy and Bridge of Earn

areas

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Community Council News



The Community Council News is produced from edited draft CC minutes. Some CCs have full minutes on their websites. Full Kinross CC minutes are lodged in the local Library and County Buildings. All Community Council meetings are open to the general public.

Kinross Community Council News from the August Meeting

Present at the meeting held on 4 August were: CCllrs C Watson (Chair), B Davies, W Freeman, D Cuthbert, I Jack, J Richardson, M Blyth, D Mack ay and M Scott. Also in attendance were: P&K Cllr W Robertson, two representatives from the Police and two members of the public. Apologies for absence were received from CCllrs L MacK ay and D Colliar and P&K Cllrs K Baird and S Miller.

Police Report

The Police representative advised that any matters arising from T in the Park should be directed to Sgt Williams. The CC should receive an invitation to a meeting to discuss these issues. Cllr Baird received no complaints in relation to either noise or litter at this event.

Reports were given on a break in at Dobbies. A person has been detected for this offence.

The travellers in the High School playground have now moved on. The Council reacted immediately to this action, instructing close monitoring, and the travellers left the area as promised on Sunday. A volume of refuse and a caravan remained on the site following their departure. Cllr Baird reported that a barrier is to be erected to prevent high vehicles from entering the parking area.

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The Police ask that a warning be given to householders in relation to bogus workmen. They intend to place a notice in the Newsletter highlighting this. CCllr Mackay reported that someone was knocking on the doors in Green Park selling jewellery. The Police strongly urge residents to contact them immediately in any suspicious circumstances.

Cllr Robertson mentioned the problem of fly-tipping in the countryside. Again, the public are asked to note the registration of any vehicle involved in this offence.

Matters arising from previous meeting

Newsletter: Mrs Thomas expressed thanks to the CC for the flowers following her recent bereavement.

Wheelie bins: Cllr Baird commented on the situation regarding multiple brown-lidded bins. Only one brown bin will be collected until November. The reason for this is over capacity and the time involved in completing the route. Cllr Robertson advised that consideration is being given to levying a small fee for the bin collection.

Town Hall: The closing date is scheduled for 5 August. The Council officers appear to be sympathetic that a bid through the Partnership Consultancy might well attract some support if backed up by a realistic business proposal. One of the criteria for community use is that the project be sustainable. CCllr Cuthbert raised the question of the Common Good Fund in relation to the sale of the Town Hall. Cllr Robertson answered that the bids will be considered and a report provided to the Common Good Committee. A discussion was held on the difference between "best value" and "best consideration." CCllr Watson said tenders are to be invited in November in relation to the link road and the work should begin around March 2011. CCllr Jack questioned the impact to traffic once this road is opened.

Swansacre: Change of use to two dwelling houses has been agreed.

Millers Bar: The application has been resubmitted.

Planning

10/01133/FLL 86 Muirs: Alteration and extension to house. 10/01197/FLL Unit C, Kinross Business Park, Clashburn Close: Change of use of land, erection of palisade fence and formation of hard-core area.

10/01253/PN Gellybank Farm: Erection of an agricultural shed.

10/01264/FLL 8 Springfield Road: Erection of a porch and extension.

10/01143/FLL Land 60 metres southwest of Crossroads Cottage, Balado: Erection of ten dwelling houses and upgrading of drainage in frastructure. A communication was received from neighbouring proprietors who object to this application. It was confirmed that the majority of this ground is zoned for housing in the Local Plan. Due to the deadline for comment, this application had to be discussed prior to the meeting this evening. The CC met and decided that there were no grounds for objecting to this application.

Applications Approved by Perth & Kinross Council

10/01074/FLL Chance Inn Farmhouse: Alterations to house and erection of a detached garage.

10/00752/FLL 1 Smith St: Extension to dwelling house. 10/00870/FLL Sainsbury's: Alteration and extension to existing supermarket (Modification of existing consent 09/00802/FLL).

10/01053/IPL 3 Brewery Lane: Erection of a dwelling house, associated access and parking area (in principle).

Application Withdrawn: 10/00987/FLL Gairneybridge Farm Cottage: Erection of a new dwelling.

Reports from Perth & Kinross Councillors

Cllr Baird emailed the CC with the information previously referred to.

Hedges: Cllr Robertson asked that a reminder be issued to householders to cut back their hedges. Should the Council decide to carry out this work they will charge the resident.

The Council Budget for 2011/2012 has been reduced considerably and, as a result, will impact financially on the Council. It was to be hoped that local communities will understand the ramifications this will present on the services offered.

High School site: The Council is assessing the offer accepted and requesting verification on a number of points. It was mentioned that access had been gained to the building by youths. The public are asked to contact the police should they witness children in the High School site without adult supervision.



Despite it being secured, youths have gained access to the former High School building

Correspondence

Kinross Cycle Club: Notification of 'Sportive Kinross' to be held in April 2011. CCllr Watson has invited their Event Director, Paul Zarb, to our September CC meeting to discuss this project. They are looking for support, funding and assistance on the day.

Perthshire Positive Awards: The Chair and Vice-Chair will complete the nomination form.

Local Development Plan Main Issues Report: The Chair reported on a letter received from PKC, which meets on 29 September to decide on the content of the report. The consultation period runs from 8 October to 14 January and drop-in sessions will take place between mid-October until the end of November (dates to be announced). The Council asked if members of the CC would be interested in assisting. Training will be provided on the Local Development process prior to the event. CCllrs Watson and Richardson agreed to participate at these meetings. CCllr Colliar may also be interested. CCllr Watson will write to Peter Marshall in this regard. The Council also asked for assistance in displaying posters and leaflets.

Permitted development rights for **micro-generation equipment** to be installed on non-domestic properties: Notification of consultation from 15 July to 8 October.

Documents available online at www.scotland.gov.uk

The Equality Act 2010: Consultation on secondary legislation that will enable the Additional Support Needs Tribunals for Scotland (ASNTS) to hear disability claim cases in School Education. Consultation deadline 24 September 2010. Documents available online at www.scotland.gov.uk/consultations

Voluntary Action Perthshire: Voluntary Sector Rural Community Contact Project mapping exercise to ensure the most accurate picture of the range, depth and value of the voluntary sector to communities in Perth and Kinross. The Secretary will inform PKAVS of the website.

Other Business

T in the Park: It was reported that litter was not cleared from the A921 and mud between Burnbrae and the A91.

Drainage: In answer to a query, Cllr Robertson confirmed that the drains have been cleared. Heavy rain creates problems in relation to the drainage in the town; the drains are unable to cope with the volume. It was commented that Scottish Water are to undertake a water study to the south end of the town in an effort to resolve this. It was suggested that when new paving is placed in the town centre it would be the ideal opportunity to correct the drainage in this area. It was agreed that the CC write to the Roads Department in this regard.

Model Scheme and Constitution for CC: CCllr Cuthbert questioned the adoption of a new constitution for the CC. CCllr Richardson answered that this was scheduled for the end of the year.

Campus: CCllr Davies commented on the scaffolding at the High School. It was confirmed that there had been a problem with the guttering last winter. Security at the school was also raised and Cllr Robertson confirmed that CCTV covers the premises.

THE NEXT MEETING of Kinross CC will take place on Wednesday 1 September 2010 at 7.30pm in the Masonic Hall, Muirs, Kinross.

Agenda for the September Meeting

- 1. Apologies for absence. 2. Minutes of August meeting.
- 3. Police report. 4. Matters arising from previous minutes.
- 5. Presentation from Paul Zarb re Sportive Kinross.
- 6. Distribution of Newsletter funds. 7. Planning matters.
- 8. Reports from P & K Councillors. 9. Miscellaneous correspondence. 10. Other competent business. 11. Date of next meeting.

Members of the public wishing to address Kinross CC are requested to contact the Secretary in advance and supply a copy of any relevant papers.

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Portmoak Community Council

News from the August Meeting

In attendance at the meeting held in Portmoak Hall on Tuesday 10 August were: Facilitator, S Byford; CCllrs J Bird, R Cairncross, J Shepherd and S Forde; P&K Cllrs W Robertson, M Barnacle and K Baird and 25 residents. Apologies for absence were received from CCllrs Garvie and Weedon.

Police Report: None tendered.

Treasurer's report: There is £557.61 in the bank account. £675.10 in Michael Bruce Way Account.

Gliding Centre Presentation

Two representatives of The Gliding Centre attended the meeting and gave a presentation on Airfield Safeguarding policy as it stands now and the proposed changes the Gliding Centre has submitted to PKC to be considered for the new Local Plan.

After the presentation there were a number of questions raised on the reasons why a change was thought necessary although the majority of points raised by local residents were problems that had been encountered over many years. It was clear that local residents were aware of many more 'incidents' involving gliders than the representatives from the Gliding Centre, although it was accepted that an incident to a member of the public might not in fact be a reportable incident to the Gliding Centre. However, it was agreed that a more formalised method of reporting 'incidents' by the public to the Gliding Centre would be appropriate. The Gliding Centre would investigate or instigate such a procedure.

It was also agreed that there was a need for a local liaison group with representatives from the Gliding Centre and the local Community and the CC would initiate the arrangement. (Post Meeting Note: The presentation material is available on the CC website.)



A presentation was given by The Scottish Gliding Centre Photo: Copyright Frank Marwick, 2008

Matters arising from previous minutes

Community Council: Although we have an additional member, we still have places available for anyone interested in joining the Community Council.

Stephen's Field: Informed recently that the planning application had received consent so, once again, we can expect some movement on the ground given over for community use.

Balgedie Toll to Mawcarse Road: We have a response from PKC via Cllr Baird that most of the signing work has now been postponed until autumn/winter.

Proposed Kinnesswood bus shelter area: Following a question raised by a resident, it was confirmed that any comments for or against the project should be directed to Kinnesswood in Bloom.

Hedge alongside playing ground, Kinnesswood: The hedge at the top of the playing field prevents drivers of vehicles who are travelling up the road to have clear sight of anyone about to cross the road. The smaller the person coupled with the more the hedge grows creates a bigger problem. PKC will meet this week on site to have a look at the problem. One possibility is to remove part of the hedge.

(Post Meeting Note: Following a site visit with PKC it was suggested to leave the existing hedge and fence intact. Construct a new fence continuing from the end of the hedge to the top of the plot. At that point a staggered gate would be provided that stopped pedestrians running out and also designed to allow drivers to see any pedestrians at the gate.)

Subcommittee reports

Paths Group: Work on the path along the A911 will start on 9 September 2010.

Cllr Robertson said that Tracks would take on board the question of a pathway between the MBW and the Heritage Trail at Grahamstone.

Planning Group: Please see the Portmoak CC website for the rolling information on planning applications.

No comments would be made by the CC on the current pending applications:

10/01293/FLL 61 Whitecraigs, Kinnesswood: Alterations and extension to house.

10/01237/FLL Butts, Leslie Road, Scotlandwell: Modification to existing consent.

10/00998/LBC & 10/00997/FLL Applegrove, Well Road, Scotlandwell: Internal alterations and installation of oil tank in garden. There was some comment on the height of the tank above the fenceline but no objection in principle.

10/00764/FLL Land 20 metres south of Weavers Cottage: erection of dwelling house.

In April this year changes were made to the application for two houses on land at Kilmag adwood. Details of these changes had not been sent to the CC although they could be found on the PKC planning website.

(Post Meeting Note: it is now understood that these changes require a formal method of advertising and the CC would be informed in due course.)

Roads: The CC Roads spokesman reported that the application of anti-skid at Scotlandwell would be carried out during the schools October half term since the road would need to be shut for at least one day.

It was hoped that the movement of the build-outs, one at the bottom of Gamekeepers in Kinnesswood and one at the entrance to Scotlandwell from Leslie, would be carried out at the same time.

The mini round about planned for Scotlandwell was going to be a 'blob' of paint in the road type.

The question was raised if the 30 mph sign was going to be or should be moved.

Reports from P&K Councillors

Cllr Robertson reported that it was estimated the Council budgets next year would be cut by 5-7%, although there was quite a bit of time before the budget was set.

Cllr Barnacle reminded the meeting that the Main Issues Report was now expected in October this year. The Council were still reviewing their policy on clusters of wind turbines.

Other Business

A resident asked whether the CC was against planning applications for wind turbines. The CC could not give an open-ended answer and each application would be considered on its own merits.

(Post Meeting Note: To date there have been five applications for wind turbines in Portmoak. On four occasions the CC has not objected but has suggested some conditions that might be applied to any approval granted. On one occasion the CC did object but the objection was subject to certain conditions being taken into account.)

A resident raised the question of the removal of the sign to the Well at Scotlandwell. The CC had requested the removal of the sign because it was sited on private property and the owner had requested the removal. Recently a number of issues, questions and queries were being raised in this particular area of Scotlandwell and it was thought that all of these questions should be considered at the same time.

A question was raised by a resident regarding the proposed work at the Kinnesswood bus shelter. It was explained that this topic had been discussed at previous meetings and a presentation by Kinnesswood in Bloom had been carried out. This information was available to residents via the previous minutes and the website and details were attached to the Kinnesswood Notice Board.

A resident raised the validity of the CC sending a letter of support for The Gliding Centre in their application to increase the safeguarding zone in the new development plan with reference to the following paragraph,

"Recent applications have also reminded us of the importance of the Airfield Safeguarding Policy (49) within the KALP and we would ask that this is retained and preferably

strengthened. It would be absurd if a small housing development or business expansion close to the airfield were allowed to jeopardise the Scottish Gliding Centre, which has been here for many decades and in no small measure puts Portmoak on the national map."

There followed some discussion regarding the issue raised;

- 1. The fact that the CC supports a strengthening of the present safeguarding policy does not mean that it supports the actual submission by the Gliding Centre. The actual submission by the Gliding Centre has not been discussed by the CC.
- 2. Constitutionally it is the CC's responsibility to make decisions on behalf of Portmoak community and not solely on behalf of one or a minority group of residents within the community. It is accepted and respected that some decisions may seem inappropriate to those who are closely involved with a situation.
- 3. In formation was given to the meeting that the recent break in electricity supply was due to a bird strike at Milnathort which had brought down a cable and needed repair.
- 4. Congratulations were extended to Mr and Mrs McNair, Kinnesswood, who were celebrating their 70th Wedding Anniversary this month.

Communications

A full list of correspondence received between 9 June and 10 August can be found in the minutes and on the Portmoak CC website, www.portmoak.org

THE NEXT MEETING of Portmoak CC will be held in the Portmoak Primary School on Tuesday 14 September 2010 at 7.00 pm.

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Fossoway and District CC

News from the August Meeting

The meeting on Tuesday 3 August in Carnbo Hall was attended by: S Morrison, T Wigman-Duffy, A Lavery, S Anderson and A Cheape. Also in attendance were P&K Cllr W Robertson and nine members of the public. Apologies for absence were received from M Anness, K Bothwick and P&K Cllr M Barnacle.

There were no declarations of interest.

Community Policing

Members of the public were warned to be on their guard as there had been reported break-ins in the Crook of Devon area. There had been positive feed-back about the organisation of T in the Park this year.

The Police held a meeting with the CC and other agencies concerned with the disturbances in Dunning Glen and the minutes would be available when Sgt. Williams returned from holiday.

An unofficial Criminal Protection Research Group, canvassing by telephone, has been targeting the KY13 area. The police advise not giving out any details and contacting them so that they can assess the extent of the problem.

Matters Arising

T in the Park: This appeared to have been better organised this year with few problems.

Dunning Glen: It appears that there are many problems in dealing with the camping, drinking and vandalism as there is a right to roam and to "wild" camping. There are fresh meetings planned to include the landowner, in the hope of finding solutions to these problems.

Community Council Business

Main Issues Report: Sandy reported that there is to be a period of consultation of 6-12 weeks from 13 October to 7 January. There will be two meetings to consider and discuss the Main Issues Development Plan. All ages would be targeted, e.g. youth groups, school bag drops and over 50s groups. Although Cllr Barnacle was not at the meeting, his letter to the planners concerning the Main Issues report was available for reading. It highlights the pressure landward Kinross-shire is under and the need to consider the impact for future developments.

Kinross-shire Fund: Angus Cheape reported that grants were available from the Kinross-shire Fund. The hall in Crook of Devon had received £3000.

Reports from Perth & Kinross Councillors

Cllr Robertson reported that the timetable for improvements to the A977 is not available yet.

The budget for the funding for the region is to be cut by at least 4-5%. This would mean cuts in services and there may be meetings to discuss how best to cope with these.

There is to be a change in the arrangements for brown bin collections. Over the summer only one bin would be uplifted; this has to do with capacity problems.

A member of the public reported that the bridge at Carnbo was disintegrating. Cllr Robertson said he would take the matter up with the appropriate body.

Cllr Barnacle asked that the meeting was told that the application for three wind turbines at Barnhill would go to committee on 11 August.

Looking for Contact Details?

For listings of local clubs, businesses, public services and more, visit **www.kinross.cc**

There was also some movement on the Blairingone War Memorial issue, in that PKC had written to the developer to insist that the memorial be reinstated to its original condition

Planning Applications

The following applications were discussed:

10/01244/FLL, Hoodshill, Fossoway: Alterations to existing store/barn to create office accommodation.

10/01153/IPL, Westmuir Cottage, Powmill: Erection of a dwelling house (in principle).

10/01017/FLL, Land At Whistlemount, Powmill: Erection of timber framed stable building.

10/01088/FLL, North Claysyke Farm, Carnbo: Erection of farmhouse (modification to previous consent position).

10/00995/IPL, Burnside, Vicar's Bridge Road, Blairingone: Erection of a dwelling house (in principle).

10/01032/IPL, Land At Solsgirth House, Solsgirth: Erection of a dwelling house (in principle).

10/00999/FLL, Muirfield, Fossoway: Erection of a dwelling house, garage, store, stables and arena.

The CC will not comment to PKC on any of these.

Appeals - Local Review Body

08/01210/FLL, Four dwelling houses west of Carnbo Farm. The CC objected to this development in 2008 and has written to state that all grounds of refusal still apply.

Some discussion followed on the remit of and information from this Local Review Body. Cllr Robertson will take this up and report back to the CC.

General Correspondence

All outgoing and incoming correspondence was available for viewing.

Other Business

Consultation by Ken Thomson concerning the houses planned for Powmill will now take place in early October.

Bronwen Wheatley reported that the Millennium Bridge has finally got the go-ahead and will be finished shortly. The dispensation to build the bridge without a disabled ramp was received. She thanked all those involved, including the councillors and the landowner, for all their hard work.

A member of the public asked if it was possible to extend the 40mph limit beyond the hall in Carnbo. Cllr Robertson will take this up.

A member of the public asked to be informed of the exact boundaries between Drum and Crook of Devon, as parts of the Back Crook are referred to as Drum.

A member of the public commented on overgrown hedges in Crook of Devon, apparently there had been an accident near Nine Acres: the CC undertook to get in touch with Clarence. There was some discussion about cutting back hedges in spring and summer time. (See box below for a clarification added after the meeting.)

THE NEXT MEETING of Fossoway and District CC will take place on Tuesday 7 September 2010 at 7.30pm in Blairingone Primary School. All Welcome!

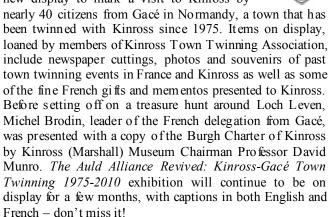
It is an offence under Section 1 of the Wildlife and Countryside Act of 1981 to deliberately damage or destroy the nest of any wild bird, so any hedge to be extensively cut will have to be searched for active nests before work begins. It is recommended that removal of hedges and trees is avoided between March and August as this is the main breeding season for nesting birds. There are a number of birds that it is an offence to disturb at any time, but it is very unlikely that any will be present in this case.

Club & Community Group News



Kinross Museum

On 5 August the Museum launched a brand new display to mark a visit to Kinross by





Michel Brodin receives a copy of the Kinross Burgh Charter from Prof. David Munro, Chairman of Kinross MuseumTrust

From mid-October Kinross Museum is planning to host a special exhibition on the history of the Black Watch Regiment entitled *This Happens in War – Their Past Your Future*. This touring exhibition, created by the Black Watch Museum at Balhousie Castle in Perth, records personal histories from members of this legendary regiment. To give the display a Kinross dimension, the Trustees would welcome gifts or loans of items of Kinross-related memorabilia linked to both World Wars or other military activity

Volunteers continue to be active in cataloguing and conserving museum artefacts, archives and photos as well as helping a growing number of researchers with their enquiries. One of these in August was TV presenter Dan Cruickshank who is about to film a BBC 2 programme on the history of Kinross House.

The Museum as a community resource depends on its growing body of willing volunteers and Friends. Anyone who would like to become a Friend or help man the Museum on Thursdays and Saturdays should drop by or visit the Museum website at: www.kinrossmuseum.co.uk

Kinross Camera Club

Our new season begins on **Thursday 16 September** with a Wine & Cheese evening at Kinross Church Centre starting at 7.30pm. We look forward to greeting new



members and introducing them to the Club as well as welcoming our returning members. Our excellent programme includes a range of interesting lectures, for example "Astrophotography in the Digital Age" on 30 September, Club competitions including the "Thackery Trophy" and "Four on a Board," both of which offer the opportunity of presenting a panel of pictures as well as open competitions and ones to a set theme, also practical nights to suit all tastes, including on 21 October a chance to practise for bon fire night, which in the case of the Club is taking place on 4 November: more details of that in a later issue. There are also inter-club competitions in which the Club regularly participates.

We have enjoyed further success with our first entries in the Scottish Photographic Federation Annual Inter-Club Portfolio Competition, achieving good places in the Colour and Projected Image sections.

Further information from Alison Bradley on 01592 840251 or (note new e-mail address)

e-mail alisonbradley101@btinternet.com

Copies of the book "25 Years of Kinross Camera Club" containing photographs taken by Club members and commemorating the first 25 years of the Club's existence are available from Blurb.com

Loch Leven Community Campus

Loch Leven Community Campus Survey 2010

Thanks to all of you who took the time to complete the survey about your experiences at the Community Campus since we opened in October 2009.

We are analysing the results, and will communicate with you once action plans have been discussed. The Campus Management Group will work with Perth & Kinross Council, the Campus Community Partnership group, Campus Internal Users group and Campus service partners to develop the service, taking your views into account.

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Kinross & District Art Club

leaflet from any of the shops in town.



During the summer months it is always a delight and an inspiration to visit the numerous art exhibitions in the local area and further afield in Fife and Perth and Kinross. It is also an opportunity for our club members to show their work and once again we have success fully exhibited at Fossoway, Portmoak, Dunkeld and Fortingall with a number of our paintings being sold as well as shown. We hope this augurs well for our own **exhibition** in Kinross Parish Church from **16-18 September**. Check our web site www.kadac.co.uk for details or pick up a

We have an even greater variety of paintings on show and for sale this year, reflecting our increase in membership and the new skills and techniques which we have developed from our monthly group activities.

Our recent outdoor painting days provided us with some excellent new venues to trigger ideas for paintings, as well as enjoyable days out in the company of fellow artists. Kinross House was a popular setting, as the photo below shows.



Enjoying a day's painting in the gardens of Kinross House

The day we were at Hatchbank House we celebrated a birthday with a donut cake.

Do take the time to pop in to our exhibition, where you will be made most welcome. As well as the paintings on display we have an impressive range of crafts and of course an excellent produce stall.



Lomond Antiques and Collectors Club



Would members please note there has been a change to the planned programme. Our speaker for the first meeting on 8 September will now be Margaret Campbell, whose topic is "An Emperor's Furniture With A Scottish Connection."

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Kinross-shire Round Table



It's been a busy, but fun summer for the Kinross



Round Table. T in the Park is no longer 'just a week end' but four days of volunteering. Hundreds of Round Table and Ladies Circle members (and their families, friends and people press-ganged off the street) all pitched in to help organise the campsite entrance, showers, age verification and the rather swanky new 'Refresh' areas. The mud never approached the terrifying or biblical levels some people were predicting and despite a soggy start to Sunday, the rest of the festival proved to be one of the most enjoyable yet.

Kinross Beer Festival: The only thing which could eclipse even the mighty T is, of course, the annual KINROSS BEER FESTIVAL. Now in its fifth year, the Beer Festival takes place at the glamorous and deeply romantic setting of the Boat Shed at Loch Leven. Taking place on Saturday 25 September, the Beer Fest will offer 27 of the finest, hand-crafted beers, as well as ten different ciders. The festival also offers live music and possibly the finest night out in Kinross-shire which doesn't require 85,000 other people, six stages and a relaxed attitude to mud.

Tickets are available from

Mandy's the Hairdressers (20 High Street) Sands the Ironmongers (58 High Street) Stewart & Smart (8-16 Stirling Road, Milnathort)

As well as directly from the Round Table's Colin Low. Colin can be contacted via e-mail (colin@colinlow.co.uk) or call him on 07795518066.

Riddle Me This! But it's not all beer and skittles. The evening of the **24th** (that's Friday) sees the return of the now infamous Beer Festival QUIZ NIGHT. Teams of four are still being welcomed for this much-feared competition. Quiz master Mike Spain has been digging out questions and researching topics ranging from 'fiendish' through to 'jolly simple.' He says. All entrants welcome and the prizes will, of course, be glittering. It's ON as they say... Tickets cost £25 per team. Visit the beer festival page on Facebook, or follow KinrossBeerFest on Twitter for availability.

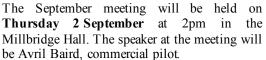
It's All For Good Causes... All of the money raised by the Round Table from the Beer Festival (as well as T in the Park) all goes to good causes, local charities and clubs.

Last year's Beer Fest raised over £5,000, which was distributed during a 'Dragon's Den' style evening, where clubs and charities pitched to the Round Table's panel of dragons and made their case for the cash. You can check out the videos on YouTube.

We're still looking for a limited number of sponsors for this year's Beer Festival. We have a few individual barrels in search of some loving sponsorship. We have some space left in the programme for ambitious local companies who want to advertise and tell the world how good they are and of course, we're always **very** glad to receive any raffle prizes that you might wish to donate. Anyone interested in sponsoring or advertising should contact Colin (colin@colinlow.co.uk).

It's The Future! And Kinross Round Table is surfing the zeitgeist of technology for this. You can not only follow us on Facebook (http://bit.ly/kinrossbeerfest), for all of the latest news, updates and general beer love, but you can even keep up to date by following www.twitter.com/KinrossBeerFest. Oh yes, we are ALL THAT. Kinross Round Table encourages responsible drinking (and crisps. We like crisps

Kinross-shire 50 Plus Club





At the August meeting Sheila Worner gave a very moving and thought provoking talk on her daughter's unfunded work in Romania for the Roma children and adults in Romania. Members at the August meeting agreed to support the "Christmas Shoe Box Appeal," which it is hoped will be supported by the membership in general. Further information regarding this is given below.

Away Days, September:

Thursday 9 September to Silverburn.

Thursday 23 September to Biggar.

Theatre Outing: "Half a Six pence" 30 September 2010.

The cost of the tickets, £8.00, is payable at the September meeting by cheque please. The cost of the coach (£2.00) will be collected on the coach. Contact Edith Oswald 01577 865731.

Holiday, February 2011 (Harrogate): Departing Monday 7 February. Forty members are going on this holiday and the deposits have been collected. The final payment will be due at the December meeting. Contact Pat Crawford 01577 862962.

Friday Hill Walkers

10 September: We plan a return to an old friend when we tackle the circular walk from Glen Sherup up round Bentie Knowe, Whitewisp Hill and Tarmangie Hill. This is a walk of 8 miles with approximately 1500 feet of as cent.

24 September: Another repeat of a popular walk, this time a circular walk from Comrie through Glen Artney. This is a route of 111/2 miles and 1000 feet of ascent. An added interest on this walk is the high possibility of seeing Red

Please note this membership list is currently fully subscribed.

Friday Walkers

3 September: 'The Fish Supper Walk' from St Monans to Anstruther and back, along the Coastal path - an easy six

Kinross Healing Rooms Training Course

On 4 September this year, Kinross Healing Rooms will be hosting a Training Course for those interested in becoming a team member, and also as a refresher for existing members. The course will run from 10am to 2pm with a short break for lunch (please bring your own sandwiches - drinks will be supplied). There will be no charge and each new trainee will be given a full manual. Please contact either Peter Flounders on 07766 515960 or Grace Simpson on 07773 717339 to book a place, or for further information. We do look forward to seeing you.

Portmoak Hall 100 Club

July Draw

1st No. 71 Pat Nicol, Kinnesswood 2nd No. 21 James Gardner, Scotlandwell 3rd No. 29 Nan Daniel, Kinnesswood

17 September: Pitmedden Woods from the Clink, near Auchtermuchty - along forestry roads for about seven miles, and by a different route this time.

Please note that the walkers' membership list is currently

Christmas Shoeboxes for Third World Countries: A number of members have generously agreed to donate shoe boxes, filled with suitable gifts for this appeal. This follows the talk by Sheila Worner about her daughter's work in Romania supporting Roma children and adults in Romania. Third world people are very poor and even the smallest gift is treasured, so please help put a smile on their faces at Christmas. The boxes should ideally contain small gifts but not foodstuffs apart from sweets but no loose sweets or lollies, no made up bags of sweets, no chocolate, and no talcum powder. Boxes should indicate a list of contents and what age group they are for e.g. a child, adult or older adult. The shoebox lids and boxes should be individually wrapped in suitable Christmas paper and secured with elastic bands. Information leaflets were distributed at the August meeting and these leaflets will also be available at the September meeting. Boxes will be accepted at both the September and October meetings to allow time for delivery by Christmas. Money donations to assist in the cost of delivery will also be very welcome. This is an appeal worthy of our support particularly in view of the dreadful tragedy of the flooding in Pakistan.

Activities: The Club's other activities, which include the following, are open to all members of the Club:

The following groups are now finished until the autumn: Craft Group, Carpet Bowls, Fly Tyers, Keep Fit, and Smiddy Singers.

The Line Dancers swing and sway every Tuesday and Friday at 10.30am in the Millbridge Hall.

L.U.S.T. The slimmers meet each Thursday, 9.30am to 10.30am in the Millbridge Hall.

The Kinvest Investment Club meets once a month. New members, who need only a general knowledge of investments, will be made most welcome. The meetings are normally held the first Monday of each month at 1.30pm. Club members wishing to take part should contact John Dryburgh on 01577 862555.

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Contributors – please send your item well before the deadline if you can

Kinnesswood in Bloom

Summer work

The last month has been a very busy time for the group with up to three work parties a week

doing general planting, weeding and tidying as well as cleaning all the village signs and painting tubs and benches. It has been hard work for everyone but the village was looking at its best when the three groups of judges visited. Kinnesswood came second in the small village competition. Well done to Scotlandwell who came first. We will hear the other results in September.

Local Gardens

The group wants to congratulate all those who have tended their own gardens over the year and put on lovely displays all over the village. The judges certainly appreciated the work done by local residents.

Thank you gentlemen

Although there is a core group of ladies who make up the regular work parties, there is also a hard working group of gentlemen from Kinnesswood who are essential to the success of Kinnesswood in Bloom. Unlike the ladies they are not usually photographed but they work in the background, towing the water cart, cutting the grass, boosting work parties when extra labour is required and supporting the social and fund raising events. You know who you are. Thank you all!



David Buchan lending support to Shelagh Goudie and Janette Gardiner

Fund raising

Last year villagers were asked to become supporters of Kinnesswood in Bloom by making a small donation. The sum of £154 was raised. This year £316 has been raised so far, more than double. Thanks to all who have responded and especially to those who have sent personal messages of support for the improvements to the village.

A Walk in Kinnesswood

Thanks to support from PKC, the Scottish Community Foundation's Kinross-shire Fund, Portmoak Festival Committee as well as our own fundraising, we were able to produce a full colour book "A Walk in Kinnesswood" and are selling it locally for £2. Sales have been going well. We have now covered our costs and any profit made will support future developments in the village.

Meetings and work parties

If you want to find out more about the work of Kinnesswood in Bloom, please do take a look at our website, www.kinnesswoodinbloom.org. There are also details of work parties on the Notice Board. Meetings are open to all and are usually held on the first Thursday of the month.

Kinross & Ochil Walking Group

(affiliated to The Ramblers' Association, Scotland)

Still time to enjoy the late summer countryside! Whether you're new to walking, returning to walking or a regular walker, try out a walk or two to see if you'd like to join our group has no restrictions on numbers. Walking is the best and cheapest way to keep fit and healthy, and with us, it can be sociable too. Walks are led by volunteer leaders from the group members. We have two interesting weekend walks this month.

Sunday 12 September: St Andrews, Lade Braes & Craigtoun – seven miles. Seaside and countryside loop on paths in the lovely East Neuk of Fife.

Saturday 25 September: Crieff – Hosh and Knock – six miles. A circular walk, on paths through forest and countryside with spectacular views.

For all walks you do need appropriate clothing (not jeans) and equipment, including boots and waterproofs. Walks can be of up to 4½ hours duration and a packed lunch/warm drink/water should be brought.

For further information on walking with the group, including further details of the above walks and where to meet, call our group Secretary Edna Burnett on 01577 862977. Or see our group website www.koramblers.org or the Ramblers' Association website www.ramblers.org.uk

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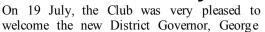
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subscriptions@kinrossnewsletter.org

Kinross & District Rotary Club





Berstan and his wife Mary. George addressed the Club with the aims of Rotary International as well as his own aims for the District for the coming year. He is looking forward to his year as District Governor and commended the Club on having a very full programme for the coming time. He congratulated President John Matthew on his appointment as the Club president for this year and wished the Club well for the future.

On the 26th, the Club had a very informative and interesting talk from Janet Reay, Trading Officer from the Office of Fair trading. The main feature of her talk was to get across the message of how much Scam is going about the country at the moment. Scam usually comes by post, phone or email. And her principal message was Scam does not only apply to the gullible and the vulnerable. It spreads right across the board and many people who one would think are not gullible get taken in by all kinds of Scams. There are hundreds of Scams - fake lotteries and prize draws, getrich-quick schemes, bogus health cures, investment scams, pyramid selling. The list goes on. Every year, three million people fall victim in the UK, often losing hundreds or even thousands of pounds. There's a scam for everyone - no matter how alert or clued up you think you are. So her very clear message was, if in doubt, don't acknowledge.

The Club was then very pleased to welcome back again Dick Crighton, to give a talk on his second Busman's Holiday. This time he took us on a tour of Italy, starting in Genoa, then through Venice, Rome and on to Sorrento, with spectacular journeys along the Amal fi coast. You need strong nerves to drive along that road to cope with the bends, sheer drops, not to mention Italian driving. The stay at Sorrento included a trip across the bay to Capri. It was all beautifully illustrated with Dick's excellent pictures along with a very entertaining description of the journey.



Assistant Governor Sandy Matthew, presenting the Presidential Citation to immediate Past President David Reid

The following week, which was the Club's monthly business meeting, the Club was pleased to welcome Assistant Governor Sandy Matthew. Sandy's main purpose in visiting the Club was to present the immediate Past President David Reid, with Rotary's Presidential Citation for the excellent work carried out by the Club in the past year. The Citation is awarded by the President of Rotary International, who last year was a Scot, John Kenny and endorsed by the then District Governor, Bill Macfarlane Smith. David Reid was delighted to accept the Citation on

behalf of the Club and thanked all the members for their hard work which had enabled the Citation to be awarded.

The Club has its usual stand at the Kinross Show this year, which was held on a beautiful day, attracting many people to the grounds. The principal theme of the Club's stand was the disaster taking place in Pakistan with the recent dreadful floods which have rendered 20 million people homeless, with almost 3 million threatened with Cholera. The Club was able to display a Shelter Box, which Rotary is able to send to disaster countries, which contains many of the essentials for surviving such disasters as these. The collection made at the stand will help to another Shelter Box to be sent to Pakistan.

In the past 14 years, the Rotary Club of Kinross and district has raised over £150,000, all of which has been distributed to charities locally, nationally and internationally. The Club would like to thank the people of Kinross-shire who have generously supported with their contributions.

If the above activities are of interest to you, or you would like to be involved, please visit our web site, www.kinrossrotary.org for further information about the Rotary movement and the Kinross Club in particular.



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Kinross High School Parent Council

% Kinross High School, Loch Leven Community Campus, Muirs, Kinross, KY13 8FQ

The summer break is now over and school is back in session. The Parent Council holds its first meeting of the new academic year on 31 August, so why not come along (details below)?

Role of the Parent Council

The Parent Council is in place to represent the views of parents and guardians of pupils at the school to help ensure that our young people can learn and develop to their maximum potential. We work in partnership with the school to create a positive and proactive environment which supports pupils, staff, and parents. The Parent Council also has an Events and Fundraising Team (EFT), formerly the Parent Teachers Association, whose objective is to organise events and raise funds to enhance pupils' experience at the School. Details of Parent Council activities may be found on our website at www.khspc.org.uk.

Our success is totally dependent upon the input of parents and guardians and so we want to hear your views, good and bad, so that we can help to improve the performance of our school. Please, if you have anything to contribute, contact any of the parent council or you may write to the Chair care of the school address noted above. Better still come along to any of our meetings where, I can assure you, you will be warmly welcomed. We are also always looking for new members of the Parent Council or EFT. It's very satisfying work, can be fun and really isn't a huge commitment, so why not give it a try?

Parent Council Meeting Dates 2010 - 11 Academic Year

We meet twice per term throughout the academic year and meetings take place on Tuesday evenings at the High School commencing at 7.15pm. The programme of meetings for the 2010 / 2011 academic year is:

31 August 2010

2 November 2010

11 January 2011

1 March 2011

19 April 2011

31 May 2011

7 June 2011 - Annual General Meeting

Who are the Parent Council?

The Parent Council office holders for the 2010/11 academic year are:

Chair: Brad Wood - 01577 850 767

brad@mad andbrandy.co.uk

Vice Chair: Andy Williams - 01577 861682

a.b. williams@btopenworld.com

Treasurer: Denis Sweeney - 01577 861651

sweeney5@tiscali.co.uk

School Uniform: Dora Smith - 01577 863565

dorajsmith@btinternet.com

School Uniform Purple Blazers

Thanks largely to the hard work and determination of Dora Smith and Andy Williams of the Parent Council, the blazer campaign has been a huge success again this year. Thanks also to all of you who bought one. Not only do pupils now look extremely smart but they are also immediately recognisable and distinguishable from visitors to the campus.

The August delivery of new blazers arrived safely and has been distributed to all those who placed their orders before the end of April. The next batch of blazers is due to arrive before the end of September and is nearly sold out! Should you wish to purchase a blazer, please contact Dora Smith (contact details above) during evening hours.

Blazer Recycling

The Parent Council would like to invite pupils leaving the school this summer to donate their unwanted school blazers back to the school. We will make sure the blazers are recycled and put to good use by a new owner. Anyone wishing to donate their old blazer should hand it in at the school office at the campus.

Common Grounds

Already the nights are creeping in with the mornings getting colder, it is a good reason for having our open fire lit, do



come along and enjoy. Our opening hours are still our summer hours (10am -1pm).

Project: Our latest project is "Born Free". Many babies born in Africa with HIV will not survive to reach their second birthday. Yet, with the right medicine and care more than 98% of mothers with HIV do not pass on the virus to their babies. Only £7 per month pays for medicine/counselling/tests for mothers and babies.

Book Club: The book club meets on the first Tuesday of the month at 7.30pm in the Guide and Scout Hall, Church Street, Milnathort. Please be aware that the time and place may well have to change in the coming months.

Website: Our website is up and running and you can find us at http://commongrounds.org.uk

Our greatest needs at present are as follows: Treasurer, Volunteers and Customers. We realise that it is a lot to ask for but rest assured we would be most grateful for any help; contacts are listed below.

Our AGM is on Friday 22 October at 7pm in the Guide and Scout Hall, Church Street, Milnathort.

Our summer opening hours are 10am - 1pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are – James Henry (Convener) 01577 864452 and Linda Freeman (Secretary) 01577 865045.

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Normandy Twinning Visit to Kinross

Thirty-nine French visitors from Gacé in Normandy arrived in Kinross on Sunday 1 August for a week's official visit to their twin town of Kinross. In the party were 16 youngsters who could not travel for the

the party were 16 youngsters who could not travel for the school exchange to Kinross High School last October.

The Norman party enjoyed a busy week of activities which commenced on the Monday lunchtime with a civic reception with Provost John Hulbert at the impressive surroundings of Perth City Chambers. Provost Hulbert presented a commemorative Perth 800 paperweight to Jumelage President Mr Michel Brodin.

Tuesday saw the party travel to Scotland's largest city, Glasgow, where they enjoyed the "Hop on Hop off' open top sightseeing double-decker bus, starting off at the People's Palace on Glasgow Green. An evening meal was taken at the Grange Manor Hotel on the way back to Kinross.

Wednesday was a "free day" for host families to spend with their guests doing what they wished.



Perth provost John Hulbert is pictured with his wife and Kinross Twinning President Jeannie Paterson, after presenting Jumel age President Mr Michel Brodin with a Perth 800 paperweight

Thursday morning saw Mr Fyfe give a guided tour of the new Loch Leven Campus facilities which impressed the French visitors. This was followed by a visit to the on-site Kinross Museum where Dr David Munro had coordinated a display of exchange gifts and memorabilia celebrated over the past 36 years of the Kinross-Gacé twinning link. This display to celebrate the town's twinning will be available for public viewing over the next fortnight. The afternoon saw everyone participate in a car treasure hunt around Kinrossshire where locals and their guests learned more about Kinross-shire's culture and history. This was followed by a barbecue and a full dress performance by Kinross Pipe Band, much to the delight of the visiting party. The winners of the treasure hunt were the Young family from Milnathort. During the week a shop window competition had been organised by the Kinross Twinning Committee and President Michel Brodin judged the competition by visiting all the local villages who had participated. The winning window was Kinnesswood's local pottery operated by Jacqui Sellers. Thanks to all the shops and premises who took part in this fun event which was enjoyed by locals and Gacéans alike.

Friday's short tour of Highland Perthshire started at Bankfoot where Columba Cream liqueurs were sampled and enjoyed. It was on to historic Dunkeld next where the Cathedral was visited before driving to Pitlochry where people were free to explore the dam, fish ladder and shops. Youngsters in the party travelled to the local ten pin bowling alley for an evening's fun in Dunfermline.

The weekend was left free with host families taking in a variety of visits: Dunfermline, Perth, Stirling, Falkland and St Andrews.

On Sunday evening a total of 95 sat down to a meal in Milnathort's Thistle Hotel. This was followed by a Ceilidh Dance with the traditional exchange of gifts. This year Kinross was presented with a beautiful stained glass picture of Gacé's Chateau, Normandy cow and apple tree, the source of their tasty cider and calvados spirit. Traditional Scottish dances were enjoyed by all and this was a fitting end to a perfect week of twinning.

The Gaceans left early on the Monday morning with the usual tears and goodbyes as they headed off on the long drive to Portsmouth for the overnight crossing to their local port of Caen.

The people of Kinross-shire are invited to travel with the next twinning visit to Gacé which will take place during the summer of 2012. Everyone looks forward to future social and fundraising events which will start after this summer to prepare for hosting again in Kinross in 2013.

Thanks to everyone who acted as host families this year and to all the youngsters whose behaviour was a credit to Kinross and Gacé.

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Potager Garden



The crops at the Potager garden are flourishing now, with all the wet weather, and the school children will soon be returning to harvest the

vegetables which they planted last term. We entered some potatoes and onions, and also some flowers, into the competition at the Kinross Show, and were very pleased to win prizes for all our entries! This was most encouraging for the children, and for our garden volunteers. The photo shows our prize-winning vegetables, which also tasted delicious.

We will be holding a **COFFEE MORNING** at the garden on **Saturday 18 September**, from 10.30 until 12, in aid of MACMILLAN CANCER SUPPORT, as part of their **World's Biggest Coffee Morning Campaign**. We will also be selling plants, and some of our produce then. Do come along for a cuppa and cake, and take home some of our tasty fresh veg etables.

Volunteers of all ages are always welcome to join the friendly team at the garden; for further details about helping out, or to enquire about gardening courses, please contact Amanda James at Amanda@tyafon.plus.com or phone 840809.



The Potager Garden's prize-winning vegetables at the Kinross Show

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Portmoak Film Society

Celebrity Chefs - watch out!

Portmoak Film Society opens the 2010-2011 season on **Saturday 11 September** with the 2007 Disney-Pixar collaboration "**Ratatouille**." This is a new departure for us, as we don't normally show animated films, but after some seriously heavyweight movies in recent seasons, we have taken on board comments that we should lighten up a bit! The film tells the story of a rat in an up-market Parisian restaurant that is losing its reputation after the head chef dies; the rat has a more than usually well-developed nose for kitchen smells and when the chef's ghost appears to him and tells him "Anyone can cook", things start to happen in the kitchen! So you think you can cook? -Then watch this! The new programme is an eclectic mix of old classics, comedies and some "deeper" movies all chosen democratically by our regulars – check it out on the website at www.portmoakfilmsociety.org.uk . The films are shown at the Portmoak Hall near Scotlandwell, accessible to the disabled and those using public transport, with plenty of parking. We have a big screen and comfy chairs, and visitors are asked to be at the hall punctually for the performance at 7.30pm and hot drinks and nibbles are served afterwards.

A membership card for the whole season costs £24 – meaning each film is only £3 – and can be purchased from Stuart Mackenzie on 01592 840638 or at the pottery in Kinnesswood.

The atmosphere is friendly and relaxed and we would like to extend a special invitation to any new film fans who haven't been before: Go on, give it a try – you know you want to!

Children's Hospice Association Scotland



CHAS at Kingsgate Celebrates Success

Having recently celebrated its first year of trading in Dun fermline, the Children's Hospice Association Scotland (CHAS) charity shop at Unit 61, Kingsgate will be opening one extra day a week from Thursday 19 August 2010.

The new opening times will be every Thursday and Friday between 10am - 3pm.

Pauline Tanbini, CHAS Retail Manager said: "We've been overwhelmed by the support for the CHAS shop and would like to thank Dunfermline residents for their support and very generous donations over the past year."

Donations of good quality clothing, accessories, household items, bric-a- brac, DVDs, CDs, jewellery, toys and books can be handed into Kingsgate between 10am and 3pm Thursday and Friday only or at the CHAS charity shops in Kinross, Monday to Saturday between 9.30am and 5pm.

If you would like to support CHAS please contact the Kinross fundraising office on 01577 865222 or go to www.chas.org.uk

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The Kinross-shire Civic Trust



Future Events

This Year's Autumn Talk

The Scottish Civic Trust has appointed a new Director, John Pelan. For our Autumn Talk the Kinross-shire Civic Trust has invited John Pelan to come and talk to us about his aims for the Scottish Civic Trust and the other Trusts throughout Scotland. The date for the talk is Wednesday 27 October at 7.30pm and the venue is the Loch Leven Community Campus. We are making this a joint venture and have invited Perth Civic Trust and Dollar Civic Trust to join us on that evening. The Kinross-shire Civic Trust is affiliated to the Scottish Civic Trust and it is important that all the Trusts unite together. There are many occasions when it will be important for all the Trusts to express a single opinion. Therefore we look forward to hearing from John where he sees the vision for Civic Trusts in Scotland leading. This is essential in light of the collapse of the English Civic Trust.

The Civic Trusts have a very important role to play in the future of Scotland and it is vital that we make sure that we in Kinross-shire play our part in that.

We welcome non-members to this meeting, so please make a note in your diary now.

New Local Development Plan

PKC will be issuing the next stage of the new Local Development Plan. This will be in the form of a Main Issues Report (MIR). At the moment the Council intend to issue the MIR on Friday 8 October and all responses will have to be with the Council by Friday 11 January 2011.

The Council intends to have Public Consultation meetings throughout Perthshire and Kinross-shire and these will be widely advertised.

You, the Public, must take part. It is your opportunity to express your opinions. You must do this now. Land owners and Developers have already lodged their proposals as to where they would like development to take place.

Full information is available on the Council web site:

www.pkc.gov.uk/Developmentplanscheme

or at the County Buildings, Kinross or Pullar House, Perth.

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Annual Best Kept Village Competition

The Judging for the Best Kept Village Competition took place on 27 July. It was a beautiful day and all the villages and hamlets looked at their best for the judges.

The results this year were:

Best Kept Village 1st Scotlandwell

2nd Kinnesswood

3rd Milnathort

Best Kept Hamlet 1st Keltybridge & Maryburgh

2nd Easter Balgedie

3rd Cleish

Most Improved Village Blairingone

This is now the 44th year of the Best Kept Village Awards and it is very encouraging that it continues to be so well supported by the villages and hamlets of Kinross-shire.

Kinross-shire Civic Trust is very pleased to be associated with this annual award, as it gives the Trust a closer relationship with local communities, giving them tangible support, and encouraging the care and conservation of the places in which we live. There is of course a tremendous amount of work that goes on behind the scenes, and the Trust would like to thank all those in the communities who work so hard to keep them tidy and well landscaped, encouraging a community spirit.

WHY NOT JOIN THE TRUST?

Are you interested in:

History • Architecture • Conservation Planning • Environment

If we had more help we could:

- Have a website to keep everyone up to date on events and issues of concern
- ◆ Publish information and guidance leaflets on architectural or planning issues
- ◆ Research environmentally friendly building methods and the new planning guidelines
- ◆ Produce an historical map of Kinross-shire
- Organise more displays of topics of interest and events

Can you help with any of these? We know that our members have many skills and a wide variety of experience. If it is to be effective, it needs your active participation to help campaign for better design in contemporary architecture, and respect for our existing architectural heritage.

Contact the Chairman, Alistair Smith, on 01592 840215.

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The Kinross-shire Civic Trust (continued...)



Buildings of Interest in Kinross-shire Kinross Town Hall, Library and Steeple

The former Town Hall of the burgh of Kinross, flanked by the Carnegie Library building to the south and the Steeple to the north, forms an iconic architectural focal point to the old burgh, reminding us of the days when Kinross was a county town with public and civic buildings to be proud of

The prominent 80-foot-tall old kirk tower at the north end of this complex of buildings is all that remains of the parish church of Kinross that was moved from the Kirkgate to the centre of town in 1742. The Steeple, which was not completed until 1751, was erected by a local 'Steeple Committee' which went on to operate more or less as Kinross's first Town Council. Now a designated Scheduled Monument, this four-storey, square-plan tower is topped with a corbelled balustrade and a slated broached spire. Above its round-arched doorway is a re-used lion rampant panel and set into the coursed rubble walls are clock faces. The original clock presented to the Steeple Committee by Sir John Bruce of Kinross was frequently out of order and eventually replaced by a new one in 1875, the old one being sold to the Kinross Woollen Company for £25.

An expanding congregation led to the building of the present parish church in Station Road in 1832, and in 1841 the main body of the old parish church was demolished to make way for a Town Hall erected by Kinross Market Company which had been established in 1830 for the purpose of constructing and managing a market hall. Later expanded for public meetings and social gatherings, a brand new Town Hall was opened on 15 March 1869 with a 'grand concert.' Comprising one high storey, this slated, stugged ashlar building has

mullioned-and-transomed windows and a gabled porch. An adjacent two-storeyed building with bay windows on the ground floor was subsequently used as a post office and later as Town Council offices.

The last significant element of this complex of buildings to be erected in 1905 was the Carnegie Library, described by architect Nick Haynes as "sparing baronial" in style. One of many fine libraries built with funding provided by the wealthy Dunfermline-born philanthropist Andrew Carnegie, its doors were closed in 2001 along with the Museum in 1996 and the Town Hall in 2002. The future of this group of buildings, situated at the very heart of Kinross Conservation Area, has been hotly debated during the past two decades and, without doubt, the economic future of old Kinross itself depends on their restoration, maintenance and hopefully public use.



The Carnegie Library, Town Hall and steeple





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is available from:

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Fossoway Store Crook of Devon
Glenfarg Shop Ladeside, Glenfarg

Mona's Coffee Shop Muckhart
Powmill Stores Powmill

Images of Kinross-shire

Photographs can be downloaded free of charge from the www.kinross.cc

Photo Library

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.

SSAFA Forces Help

Reg Charity SC038056 Patron: HM The Queen **Who Are We?**



We are the Soldiers, Sailors, Airmen and Families Association – Forces Help, the national charity, which for 125 years has been helping serving and ex-service men and women, Regular and Reservist, and their families, in need. Eligibility is based on only one day's paid service.

Where Are We?

There are 91 Branches all over UK, including 22 covering all of Scotland. They all operate with a network of trained volunteers in the local area, to look into cases with understanding and sensitivity. Many of the volunteers are ex Services themselves. Locally, the Perth and Kinross Branch can be found at Queen's Barracks, Perth – courtesy of 7th Battalion the Royal Regiment of Scotland. Tel: 01738 625346. In 2009 the Branch took on 113 cases, raising over £60,000, and made 40 visits to needy clients. Our Patron is the Provost of Perth, and our President is the Lord Lieutenant-Brigadier Mel Jameson CBE.

What Do We Do?

We spring into action whenever there is hardship and need. Our help and advice is totally confidential, and we help all ages. We work closely with other agencies, and service charities, and help can vary hugely:

We may help a war widow with her bills, or an ex Serviceman with a mobility challenge, or assist a Service family with a special needs child, or a returned veteran from Iraq or A fghanistan etc. Need must be the criterion.

Last year we helped 50,000+ cases in UK, and passed on over £20 million, yes million, to our clients. We recently built, and now staff the two wonderful Norton Homes, alongside Selly Oak and Hedley Court, so that families can stay near their loved ones, who have been wounded. We run health care for the serving community. We run holidays for children with special needs, and we run an adoption agency for Service families. Our spread is wide and varying.

How Can You Help Us?

If you need our help, or know someone who does, please get in touch by letter, phone or e-mail. We can offer:

HELP, ADVICE, FRIENDSHIP

If you'd like to help us by volunteering, or fund raising, or leaving us a legacy, please get in touch – training is given and all expenses paid. It is so worthwhile.

SSAFA >>> 125 - First In, Last Out

It is our 125th Birthday in 2010, and many events are being run throughout UK to mark this, including a Service of Thanksgiving in Westminster Abbey, a Parliamentary Reception in Holyrood, and lots of smaller events in local areas. We hope to raise an additional £1.25 M with these efforts.... if you want to get involved, please get in touch with your local Branch – we would be delighted for your help and interest.

How Can I Find SSAFA Forces Help?

You can call us - 01738 625346, or look at the national website: www.ssafa.org.uk or e-mail us at: perth@ssafa.org.uk

Classified Advertisements

Check the Classified Ads section on **www.kinross.cc**Buy or Sell Goods up to the value of £500
Items are advertised free of charge for up to six weeks

Thursday Group

The Thursday Group started with six members and today there are approximately 30 members. It is a women's group for any age, married or single. We meet on the first Thursday of every month from September to June at 7.30pm in the Lower Hall of the Church Centre.

Meetings can take various forms, occasionally demonstrations. Talks of approximately one hour's duration are on a variety of interesting topics, both amusing and serious.

The evening finishes with refreshments and a chance to chat with friends. Each year one meeting is reserved for a fund raising event, the proceeds going to a named charity.

The new session for 2010-2011 starts on **2 September** at 7.30pm in the Church Centre. New members will be made very welcome.

Milnathort Bridge Club

For the Winter Season 2010-2011 the club will meet at LOCH LEVEN'S LARDER.

The opening meeting will be on **Monday 27 September** at 7.00pm prompt.

This will start with the Annual General Meeting followed by Duplicate Board Bridge and include refreshments.

We are a club of approximately 40 members of varying ages and abilities and would be very keen to welcome new members. If you are interested or require further information, please contact the Secretary, Beryl Harley, telephone 01577 863590, e-mail beryl.harley@zen.co.uk

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Sports News



Kinross Cricket Club

Apologies, broken records and a couple of near misses



Firstly comes the apology for not having an article in last month's Newsletter. The

combination of cup finals, league fixtures at all levels, holidays and a writer who forgot to write the piece meant we missed the deadline. Saying that, so much has happened, the wait should be worth it.

Catching up on July, the U13's team made it to finals day of the Scottish cup and were drawn in the first semi-final against the favourites, Arbroath. Our team bowled first and took immediate control, bowling Arbroath out for 76. All the players performed fantastically and we were confident that a strong batting performance would see us in the final. Cricket can be a funny game and what should have been a straightforward run chase turned into a sad procession of batsman walking out, only to come back to the pavilion minutes later. In the end we only made 72 which meant our 2010 campaign was over. All the boys gave their best and most of them will play again next season. As it was, the rain ended the day and Kinross House was chosen as the venue for the final two weeks later. We saw a poor performance from both Arbroath and the second finalist, Grange. In the end Arbroath came out as winners which at least meant Kinross was only beaten by the final winners.

The U18 team entered the inaugural Cricket Scotland U18 Cup and were awarded a bye in the first round as Largo withdrew from the competition. Our second round draw proved to be the most anticipated draw of the competition as we faced Grange at Kinross House. The match was played on 8th August and was a real opportunity for the spectators to see some of the country's best young players in action. In all there were 9 current or recent Scotland U17 & U15 players present. The officials all felt that despite being the 2nd round, this was likely to be the most tightly contested game of the competition and the winners would most likely lift the overall title.

Grange batted first and current Scotland U17 top order batsman Henry Edwards played a faultless innings. Although he lost several partners he reached an unbeaten 96 when the final ball of the innings was bowled. Grange set an impressive total of 154 and clearly thought this was beyond Kinross. The Kinross opening pair of James and Peter Ross certainly had other ideas as they totally dominated the Grange bowlers, hitting 54 in only 21 balls and sent the Grange fielders all over the ground. James was then stumped in somewhat controversial conditions and Peter followed an over later. Kinross continued to add runs but that initial momentum didn't keep pace as Grange started to get back in control. At the end Kinross fell 16 runs short with everyone recognising that this had been one of the best junior games of the past few years.

1st XI

The 1st XI has been in superb form throughout the season. July saw further advance through the league with consecutive wins against all comers. The 20/20 season progressed as Kinross were drawn against Dundee based Kinloch in the semi final of the MPower Trophy competition. Actually

playing the game proved to be the most difficult part of the fixture as it was firstly abandoned due to rain and then cancelled on the reserve date due to a severe storm. The game was eventually played two weeks late with Kinross scoring 140 for 2 in their 20 overs. A fine performance from Peter Ross (64 not out) carried the team and set up a good total to defend. Kinloch decided to throw everything into reaching the final and managed to equal the 140 but used 4 wickets, thereby giving Kinross the win due to fewer lost wickets.

The 20/20 final was played in early August at Falkland Cricket Club's ground. Kinross played 20/20 specialists, Dalnacraig. Dalnacraig batted first and set a very strong total of 132. Kinross hopes were dashed early on as the top order all fell for low scores and the team only managed 106 in their 20 overs. Dalnacraig were worthy winners, although Kinross were delighted to make it to our first ever senior final.

The first two weeks of August saw the team experience a real rollercoaster ride. The team travelled to Coupar Angus hoping to exorcise the ghosts of their only defeat in the league this season. Having lost the toss Kinross were put in to bat on Coupar's well used artificial wicket. The opening pair of James Ross and Chris Sale set about the innings building with some vigour as Kinross raced to 51 in 9 overs. James Ross was unlucky to be caught off a leading edge when he was on 28. Simon Lopez came in but was soon trapped leg before without adding any runs. Coupar Angus were clearly jubilant at their early wickets as Peter Ross walked purposely to the wicket. It's true to say that that was to be their last celebration of the day.



Peter Ross and Chris Sale having achieved a new club record highest score of 275

Both Peter and Chris played a faultless innings as they brought up the 100 in the 20th over. Peter reached his 50 in only 48 deliveries. Chris followed shortly after reaching his 50 off 78 balls. Coupar Angus struggled to find bowlers who could have any impact as Peter struck a succession of big boundaries including 7 sixes as he raced to his 100 in 90 minutes off 84 deliveries. With 4 overs to go, Chris reached his 100 off 121 deliveries. The last 4 overs saw Kinross add another 45 runs and finish on a new club record innings of 275 for 2 wickets. Peter finished his innings on 133 not out, which was a new club record for the highest league innings. Chris scored his second consecutive 100 with a total of 106 not out. The partnership of 209 is the second highest partnership in the club's history. (continues over page...)

Sports News 36

Coupar Angus got off to a shaky start losing one of their openers to a truly amazing catch. Ivan McCreanor bowled to Carnegie who hit it straight back at him. Ivan managed to get a hand to it only to have it deflect towards mid off where Kinross skipper, John Muncey dived to his right to take a fantastic one handed catch, dismissing Carnegie for 5 with Coupar Angus on 10.

The Coupar Angus skipper Bob Edington came in and was run out with the score on 43. Warren Sutherland, the Coupar Angus opener, was clearly looking to attack the Kinross bowlers and started dispatching 4's and 6's with some ease. John Ross came on to bowl and took his first wicket in his 2nd over. He continued to take regular wickets, including danger man Sutherland and finished with figures of 7 wickets for 31 runs in 8.5 overs. This is John's second 7 wicket haul and was the second best figures in the clubs history. Coupar Angus ended on 117 giving Kinross the victory by 158 runs. At the end of the game several Kinross records had been broken. The team set a new highest innings total of 275 for 2, Peter Ross set a new individual league innings record of 133 not out, Chris Sale became only the second player to hit 2 consecutive 100's, John Ross became the first Kinross player to take 7 wickets for the second time.

The following weekend saw the team travelled to Aberfeldy to play bottom of the table, Breadalbane. The pitch was severely waterlogged and this was a day to win the toss. Unfortunately Kinross lost the toss and paid the price as they fell to their lowest ever league score of 72 all out. No batsman was able to get any score on a pitch that was totally unpredictable. Breadalbane started well but then suffered the same difficulties as a succession of wickets fell for very low scores. However, as the sun came out things got slightly better and they managed to reach 76 for 8 wickets.

The following weekend the team picked themselves up from only their 2nd defeat in 36 matches and faced Forthill at Broughty Ferry. It was the team's first visit to the ground and we were very well looked after by one of the nicest teams we have played. Forthill were missing a few of their regular players but it was clear that Kinross still had a job to do. Having lost the toss for about the 89th time in a row Kinross were put into bat. Forthill must have looked at the result from the previous week and assumed Kinross lacked batting. Little could they have realised the formidable batting assault about to hit them. Having lost his individual batting record to his younger brother two weeks before, James Ross decided he

wanted the record back and launched a superbly structured attack against Forthill. The bowlers played well but James was determined and made use of any width or error in length. He hit his first 50 in 60 deliveries. By this stage Scott Weir and Stuart Brand had departed and James was joined by vounger sibling Peter. Peter seemed intent on making a day of it as he quickly moved to 29, including a massive six which not only cleared the boundary but also the grass verge, the trees and the perimeter fence to land in an adjoining garden. The game was held up for several minutes while the ball was retrieved. Peter fell to a caught behind and James was joined by Rory Weir. James's next 50 came off 57 deliveries and with 7 overs still to play he clearly wanted the individual innings record to be his. His next 21 deliveries were smashed around the ground as he hit 41 and raced to 141 not out of 138 balls including seventeen 4's. Rory Weir made use of the opportunity and hit his maiden 1st XI 50 finishing on 54 not out. The final innings total of 263 for 3 was the second highest total in the club's history.

Forthill gave their best but the loss of leading batsman, Clark McConnachie for a duck early on sealed their fate as they only managed 95 all out. Former Scotland U15 batsman Kevin Singh top scored with 47. Ivan McCreanor was pick of the bowlers with excellent figures of 4 wickets for 31. James was named man of the match.

The win almost seals the team's promotion to the premier division which would mean 3 promotions in 3 years. With two more games to play, another win confirms promotion and both wins gives the team its 3rd consecutive league title.

Outside the league, the club would like to pass on its congratulations to Peter Ross for his pivotal role in winning the critical match against Ireland in the U18 European Championships in Belfast during July. Peter's last ball score of 2 runs won the game and proved to be the deciding factor as Scotland went on to win the European Championship and gain entry to the regional World Cup qualifiers in 2011. Ireland came second, having only lost to Scotland. Peter has been pre-selected for the qualifiers which are likely to be played in Argentina or Australia next September.

With two weeks left in the league season, all eyes are focused on the remaining games and we are hopeful of picking up another league title and moving into the premiership.

The Kinross ladies start their Scottish Cup campaign in September and full reports will be in next months newsletter, promise!

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Orwell Bowling Club

Our Open Pairs saw both fair weather and spectacular bowling on Sunday 18 July. Our venerable Patron Jock Taylor, having come back from an incapacitating illness last season, reached the semi-finals with partner Dave Clark. It was a case of age and experience against the youthful vigour and confidence of a promising young pair from Dun fermline West End: 18-year-old Ross, skipping his brilliant lead, 15-year-old Patrick. Jock twice took the jack into the ditch, but unfazed, the youngsters placed their shots on the brink. Exciting stuff! The young pair then went on to beat the battling duo from Cowdenbeath Broad Street. With a super kitchen team working flat out, the day was a great success.

The Senior Top Six, having made it to the County semifinal at Dollar, sadly went down to Tillicoultry four points to two; congratulations must go to the pairs for winning, and to the team as a whole for getting so far in such a competitive field.

The Home friendly against Dalgety Bay was played on a perfect day on Sunday 25 July with all four Orwell rinks up, resulting in a 91 - 66 win. The last week in July saw the Ladies fours team achieve its third visit to Ayr in five years for the last 32. Comfortably through the first round, they fell at the second hurdle; much wailing, gnashing of teeth and "if only I had...." could be heard in the B&B that evening!

The Haig Cup, a fun game this, including targets to aim at etc, played on Friday evening 6 August, saw Vic McKechnie win for the men and Diane Foster and Christine Davidson jointly for the Ladies. The monsoon season returned for the Senior Friendly on Thursday the "Glorious 12th"with Perth West End beating Orwell 37 - 32 after only ten ends due to the weather. A fair day to compensate dawned for Orwell to beat Carnbo at home, 38 shots to 26. The Benny Cup, played on Thursday evening 12 August, requires one team to play at home and one to play away. Bowhill was the opposing club and although the Home team were up by 7, the away rink went down by 5 shots - not nearly enough to take any prize money, the highest up clubs overall getting into the top three. Let us hope that the remainder of the season sees fair weather and good bowling.

Kinross Bowling Club

The bowling season is well on its way now, with rather wet weather hindering play quite a bit. However, we have now completed all the County Games, Bal four Trophy, Scottish District Finals and Clack & Kinross Men's County Finals (all played in great weather, just before the wind and rain started). This was a great experience for Kinross Bowling Club, as it's a long lot of years since we held the county presidency.

The domestic ties are now well on their way. The George Waddell Ford was played on 11 July and was won by Jim Cousar, with runner-up Jean Cousar. We held the Ladies Open Pairs on Sunday 8 August with the winners: Cathy Simpson & Moira Paxton from Lochgelly; Runners-up: Janet Morton & Anna White from Clackmannan.

This competition was sponsored again by Sidey, for which we are grateful.

So let the sun shine come down on us and we'll get our remaining friendlies played and all the competitions within the club concluded.

Kinross Men's Hockey Club

Training has started for Kinross Men's Hockey Club and all are welcome as we are always looking for new members, no matter what age or ability as ages range from 14 to 50 plus! Training is on Tuesday nights at KGV from 7.30pm to 9.00pm. Kobras (Under 14) train at KGV on a Thursday night from 6.30 to 7.30pm and again all are welcome. Training is free.

Kinross this season has two teams in the East District League. The 1sts play in Division 2 and the 2nds in Division 4. Last season both teams finished fourth in their divisions, a great result for both teams, particularly for the 2nds in their first season. There will be friendly games arranged for both teams in September and details will be published on our website.

League games start on 25 September:

1sts v Falkirk GHG 3rds away 2nds v Falkirk GHG 5ths away

Saturday 2 October:

1sts v WI Trinity 3rds at KGV 2nds v WI Trinity 4ths at KGV

The club also organises a number of lively social events throughout the season. For further information either contact Chris Benningwood on e-mail:

captain@kinrosshockey.co.uk or Gordon Balfour:

secretary@kinrosshockey.co.uk or visit our website at **www.kinrosshockey.co.uk** for further in formation.



Open European Basketball Championship Andorra 2010



As reported last month, Kinross High School pupils, Katy Brown and Jack Nicholson were part of the Under 16 Scotland national squads. They set off to compete in the Division C European Basketball championship in Andorra on 25 July. And what a week it was!

The girls secured a 2-0 record in their division to take them to the semi-finals where they would play Cyprus. They dominated this game 82-28 and were victorious in the final, to win the title 95-32 against Monaco bringing home the trophy.

The boys secured a 3-0 record to take them to the top of their group after a gruelling game against the hosts Andorra, where Jack scored 26 points, and Scotland won 76-71. Jack averaged 14.2 points per game, was leading scorer for Scotland and ranked 6th for scoring overall in the tournament. The boys were runners-up in the Tournament after losing to Cyprus in the final.

Katy and Jack were delighted to be part of the squads. "It has been the best experience of our basketball careers so far – definitely worth the 2 years training and preparation. To be part of the teams that came back with gold and silver medals is fantastic."

Congratulations and well done to them both.

Deadline for all Submissions 2.00 pm, MONDAY 20 September for publication on Saturday 2 October

Kinross Squash Club

As you read this, the Kinross Squash Club AGM will have taken place and the winter squash leagues will have commenced.



Hopefully, a new Kinross Squash Team captain, a new league coordinator, and a new chairman will all be in place.

Thanks to Fergus, who has sadly had to hang up his squash racket, for his help over the recent years. A huge thank you from Kinross Squash Club also goes to Peter Hookham who has made a massive commitment to the club over the last six years. Peter has worked tirelessly each month arranging the leagues to ensure fair and competitive games are regularly played. Peter also stepped in to act as chairman in recent years and his input to Kinross Squash Club has been highly valued. We wish him well in whatever leisure actives he will no doubt pursue.

As mentioned, the 2010 / 2011 Kinross winter squash league starts in September. If you wish to play squash in the leagues, please add your name and contact number at the bottom of the league tables which are posted on the Kinross Squash notice board situated at the rear of the courts in Loch Leven Leisure Centre. If possible, please play somebody currently playing in the leagues and give an indication of what league would be the most appropriate starting level.

Summer League winners for July 2010

Premier League Phil Shore / Elspeth Young

League 1 David Beaumont League 2 Gordon Tyndall League 3 Tim Corcoran League 4 David McInroy

Kinross Junior Squash Club

Three of the younger members of Kinross Squash Club, Elspeth Young, David Beaumont and Tino Mackay Palacios, attended the Squash Camp at Heriot-Watt University in July. One of the highlights of the two-week programme was the experience of playing a Doubles Tournament. The weekend in the middle of the camp was also the Heriot-Watt Junior Open in which the Scottish players did well against the Americans. Elspeth and Tino took part, with Elspeth taking first place in the under 15 girls and Tino getting runner up in the under 13 Boys. (He is still under 11.)

Success for the Kinross juniors for being selected for Scottish Squash squads: Elspeth Young was selected for Academy and David Beaumont, Tino and Andrew Roberts for national Talent squad.

Scottish rankings as at April 2010

David Beaumont No 7 under 15 boys
Tino Mackay Palacios No 6 under 13 boys
Elspeth Young No 1 under 15 girls

In May the European team squash championships were held in Prague. Elspeth Young was selected and played as part of the five-strong Scottish under 15 team. The team came 12th. There was a lot of drama associated with the journey in that the team members were 24 hours late arriving due volcanic ash en route!

Back in May there was a local Midlands graded event held on the Kinross courts. Andrew Sorbie came first in the 'group A' competition and Tino came third.

Scottish squash circuit events

West Junior graded

Tino Mackay Palacios 1st div 5 Highlands and Islands graded

> David Beaumont 1st div 3 Elspeth Young 7th div 3

Kinross Golf Club

The evenings may be starting to draw in, but there's still plenty of golf to be played and chances to reduce the handicap before we can analyse how the season's gone. For armchair viewing we'll be treated over the next few weeks to the Fedex Cup play offs, from America and of course, all eyes will then be on Wales and the main event of the year, the Big One, The Ryder Cup from Celtic Manor at the beginning of October. Hope you've booked holidays?

So what's been happening at home? In the Scratch League, Kinross Men won $3\frac{1}{2}$ - $1\frac{1}{2}$ against Craigiehill in the first leg of the semi-final and are also through to the semi-final of the Coronation and will play Alyth at home.

The Men's Invitation Fourball enjoyed an excellent entry with G Bennett/F Sneddon winning the scratch and I Campbell/M More the runners up. In the Handicap, A C Jackson/M Pollock were first with A Morrison/I Robertson the runners up.

Ladies: The second running of the Open Greensomes saw 50 couples participating and Kinross Ladies' featured well in the Prizes. Trish Anderson and Linda King returned the best net score. Scratch was won by Breahead members S Walker and N Kerr.

Rena Duncan continues her excellent season by achieving a Hole in One at the seventh hole at Thornton during their Mixed Open Competition. A new member of that exclusive Hole in One club! Well done, Rena.

In the finals of the Ladies' Championships, Alison Houston will play Lyn Murray in the Scratch and Anne Moore will play Audrey Thomson in the Handicap.

Seniors: Winner of the June medal over the Montgomery was won by G Naismith with a net 66, second equal were G A Thomas and T Kelly with net 68s.

There are still some spaces for the Senior Open on 1 Sept.

Juniors: Scott McLeod and Russell Malcolm met in the final of the U14 Club Championship with some excellent golf played. The Club Captain, Scott Michie refereed the match and congratulations to Russell on his win.

In the Bell's Junior Trophy, Kinross are through to the semi final having finished all square at home against Pitlochry with 2½ points each. It was left to Scott McLeod to go sudden death down the first to secure the point.

Jennifer Saxton won the Perth and Kinross County Girls Championship handicap division at King James – an excellent achi evement, Jenni fer, well done.

The recent Junior Open saw a number of Clubs represented. The winners were:

U18 section: Scratch K Leitch (Thornton)

Handicap S Harrower (Kinross)

U15 section: Scratch R Malcolm (Milnathort)

Handicap C Harrower (Kinross)

Kinross Cavaliers Basketball Club

Weekly training will resume in the large Sports Hall at Loch Leven Community Campus at

6.00 pm - 8.00 pm on Tuesday 24 August. If you are in Primary 7, S1 or S2 and want to try basketball, just come along and join us. It costs £2.00 per session and a one-off annual sub of £10.00.

For further information, please contact Karen Nicholson on 01577 862623 or 07795 101719.

Milnathort Golf Club

Centenary Year 1910 – 2010

There is more to report this month, though disappointingly the proposed hickory competition was cancelled, as the cost of hiring clubs was not justified by the number of entries. There was, however, a full entry for our Centenary Mixed Open and this was won by Audrey Thomson and Jamie Arthur, net 67.5, from Elma Forrester and Jim Fraser (68). Scratch winners were Alison Houston and Ian McKerron (76) from Betty Brannan and Robert Malcolm (77). All but I McKerron are Milnathort members. The Ladies Senior Centenary Open held at the end of July. The overall winner and recipient of the Giacopazzi Trophy was Cath Ballantyne (Milnathort) with a net 68. The A Group winners were: Scratch, A Kennedy (Harburn) 81 from Alison Houston 84: Handicap, Leanore Kyle 71 bih from Isobel Murphy. B Group: Scratch, Betty Brannan 84 from C Charlton (Carnwath) 85: Handicap C Thomas (Bogside) 69 from M Dunlop (Old Ran furly) 73. The Gents Centenary Invitation 4 ball on 15 August was supplemented by special invitations to neighbouring clubs in recognition of our Centenary year. The overall winner was Gordon Arthur and partner Peter Monaghan from Kirkcaldy Golf Club with a better ball 60. The neighbouring clubs winner was Auchterarder represented by Alan Watt and Archie Dunn (62). Our Jubilee Trophy (Mixed Social Golf) is reaching its climax with the leading Gent, Colin Gibson and 2nd Lady, Christine Dick playing against leading Lady, Alex and 2nd Gent, Gerry Candlish in a more Candlish competitive final on 4 September. Arrangements are now in place for our Centenary dinner in the Thistle Hotel on **Saturday 2 October** and a full house is expected.

Senior Section

It has not been a good month, weatherwise, but in the best tradition – 'the play carried on' except when it was just too wet. However on Thursday 29 July we played the fourth round of the Senior Quaich which Jim Fraser won with a 66 (bih), from Roy Stevens who came second, also with a 66 and Phil Leiper third with a 68.

On Thursday 5 August, we played the second round of the Seniors Cup and it was won by Ron Macdonald (68 bih) from Frank Gallagher (68) and Bob Christie (69).

On Thursday 12th we played another round of the Charlie Macari Seniors Trophy and most of us were lucky to get back into the Clubhouse before the Heavens opened. This round was won by Bob Tolson (65) from Ron Macdonald 68 (bih) and Donald Brown (68).

On Thursday 19th we have a Match against the Ladies which is much anticipated, but more on that in the next issue.

Dates for your Diary in the near future: Senior Centenary Trophy (Stableford pairs) on 2 September; Centenary Senior Open on Tuesday 7 September, and our Friendly Match against Dundas Park at Milnathort on 23 September. All to play for so get your entries in early. We have also got a Centenary Senior Gents Invitational Tournament coming up on Thursday 7 October, for which an entry sheet is already posted on the Seniors Notice Board.

The Senior Player of the Month accolade this month went to Jim Fraser.

Milnathort Juniors

With the 2010 season almost 3/4 through, this is a good time to look back on the achievements of the Junior Members at Milnathort. Sam Craigon won the County Under 18 Matchplay Event at Crieff in June, following on from Thomas White the previous year. Thomas and Jamie Arthur regularly played in the Scottish Junior Tour circuit finishing Top 20 in all the events they played. At the Scottish Boys Matchplay both Thomas and Jamie reached the last 32 out of 256 and at the Strokeplay event Sam finished Top 40. It should be noted that at these two Scottish Events, Milnathort, with four players in each event, was one of the highest represented clubs in the whole of Scotland (not bad for a wee nine-hole course). Jamie reached the third round of the Scottish Men's Amateur Championship, beating the number 5 seed along the way. All three boys, along with Callum Graham, regularly play for the Men's teams at Milnathort and also Perth & Kinross County Boys' Teams. and Thomas has recently played for the County Men's team. The Junior Scratch League team is the one to beat and a couple of weeks ago the boys won the County 3-m an team event at Blairgowrie. Russell Malcolm, only 14, now has a handicap of 5 and is snapping at the heels of his elders, one of whom, Jamie Arthur, has just left on a Golf Scholarship to Concord University in West Virginia, USA.

Much of the credit for their success is due to the Introduction to Golf Coaching following the Clubgolf Programme, where around 40 youngsters receive tuition under the watchful eye of Junior Convenor Gordon Arthur and his assistants. These youngsters are the future of our club and as Gordon says "seeing these kids come along and enjoy the sessions is great and hopefully we can provide a platform for one or two to come right through the ranks and emulate the achievements of our existing older Juniors."

Kinross Volleyball Club

Indoor training resumes at Kinross Community Campus on **Monday 6 September** at 8pm in preparation for the new season with a number of teams competing in the Perth District League. Old and new members will be welcome at the Campus facility.

The club will have returned from their pre-season trip to Belgium, where they were competing in the De Haan tournament. Congratulations to club member Connor Boyle who has been selected as team captain for the Scotland East side competing in the UK School Games being held in Newcastle during September.

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Kinross Vaulting Group

Kinross Show: Many thanks to Kinross Show for inviting us to perform a vaulting demonstration on Saturday 14 August. The



attending vaulters ranged from 8 to 22 years old and, thanks to the lovely weather, were able to demonstrate nearly all the vaulting disciplines that the club offer. Although we had some technical issues with the music, the group performed well and we all had a fant astic day. Liz Mack ay commentated on the demo, Lynn Paterson lunged the smallest vaulting horse Blue, Janice Henderson lunged Robbie and Lynn Ballantyne lunged Max. It was a first demonstration for Max and Blue, we thought they performed really well in unfamiliar surroundings, however we did go through a lot of polos!



Vaulting at the Kinross Show

British Championships: We are now hard at work training for the British championships. This year it is going to be held at Rowallan near Kilmarnock on 4 and 5 September. Normally the Scottish Championship is held during October, however this year it has been amalgamated with the British Championship which is also due to be held in Scotland. This will be the last competition for the Group this year.

Training: Vaulters can train at all levels throughout our six-day training week. On Sunday mornings for two hours, seven of our vaulters train for Novice team. On Sunday afternoons three of the Seniors train and in the evening we hold training for adults. On Mondays to Wednesdays training for vaulters at Pre-Novice level is held. Finally, on Thursdays and Fridays Seniors train at a higher level. A few of our real diehards train three or four times a week!

Events: In last month's newsletter I mentioned a few of our 2009 results, however I omitted to mention the success of Louise Sinclair who competes internationally and won second at the British championships on ILPH Islay. Well done, Louise!

Thanks! Recently we have secured much appreciated and much needed funding towards purchasing essential equipment required to maintain our arena. A big Thank You to the Scottish Community Foundation Kinross-shire Fund who gave us a grant towards the purchase of a quad bike and arena leveller. Thank you also to John Drysdale, who helped us out throughout the intervening period prior to the new equipment's arrival.

Kinross Badminton Club

With the new season starting on 17 August, the committee are looking forward to seeing all the familiar faces back on court and of



course the club will welcome any new faces as well, so don't be shy, just come along if you're interested in the game, and with all new members the first night of play is free.

The club will continue to meet at the Loch Leven Community Campus on a Tuesday and a Thursday (8.00-9.45pm) every week. The junior club will start up again on Thursday 26 August. We hope to see all of last season's budding juniors back on court and as enthusiastic as ever.

The annual club tournament – The Kate Francis – will be played on Thursday 30 September. All members are welcome to play and there will be a small entry fee. Good luck to all those who enter. The club AGM will be held on 7 October at the Loch Leven Community Campus at 7.30pm. Once again all members are encouraged to come along to the AGM and get feedback from the committee and also ask any questions, or raise any issues.

For more information log onto:

www.kinrossbadmintonclub.co.uk

or contact our president, Bill Macdonald, on 01577 862592.

Kinross Curling School



Kinross Curling School starts up once again with a FREE Try Curling

session on **Monday 20 September** at 7.45pm. If you know of anyone who would be interested in trying, please bring them along; all ages welcome from eight years upwards.

A Beginners Course over three sessions will run as follows:

Saturday 2 October start time 2.45pm Sunday 3 October start time 2.45pm Saturday 16 October start time 11.45am

If interested in either the Try Curling or the Beginners Course, please contact Diane Bell at diane@bellmail.co.uk

Kinross Kobras Junior Hockey

The cost of the course is only £50.00.

Kinross Kobras Junior Hock ey training starts for the season on **Thursday 2 September** at the KGV astroturf pitch from 6.30pm to 7.30pm. An ideal opportunity for those aged between 9 and 14 to learn the game or continue to develop their skills. Training sessions involve a mix of skills, exercises and fun games and sticks are available for those wanting to try the game. The club enters teams in Midland District competitions at U10, U12 and U14 levels (numbers permitting) and helps those interested in furthering their skills at district training sessions. Former Kinross Kobras have gone on to be selected at Regional and International levels so please come along and see where your skills can take you.

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Kinross Road Runners

Well this has been a slightly quieter month for the Road Runners in terms of number of races, but as always the KRR runners have done us proud with good results in races



KINROSS

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ranging from 4.5 miles to 43 miles. Let's start with the race reports.

Newburgh Race 14 July

This is a pleasant early evening run over mixed terrain around Newburgh. It is always followed by refreshments including cakes! Well done to Struan Robertson, a KRR newcomer, coming 57th with a time of 37.33. Having seen Struan at training I think we are going to see his times continue to improve. He is just warming up!

Donkey Brae 7 mile Race 1 August

The donkey brae race is part of the annual Aberdour festival. It starts and finishes at Silver Sands beach, and follows a mixed terrain route over the coastal paths between Aberdour and Dalgety Bay. Runners have to keep some energy in reserve for the Donkey Brae climb towards the end. Maureen Hill finished 44th, and was the first Female Veteran home in a time of 49.41. We have come to expect these results from Maureen as she maintains her impressive record this season.

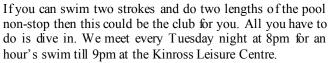
Peter Edgerton came 18th with a time of 46.09, which was the 3rd MSV. Well done, Peter. Peter is one of our consistent high achievers, but at training runs he always finds time to encourage us plodders at the back, and makes sure we don't get left behind. Thank you, Peter.

Forth Road Bridge 10K Road Race 8 August

This very popular race is organised by Pitreavie Athletic Club, and as the name suggest it takes you over the Road Bridge and back. At the end runners are rewarded by a fine spread of sandwiches and cakes. It is amazing just how hilly the bridge is when you are running over it. KRR was well represented with 10 runners participating. Mauren Hill was the first overall lady with a time of 41.55. Fantastic result. Christine Myerscough was the 2nd in the F50 category with a time of 44.41. Our coach Roger Stark was also the first male over 70 finisher in 49.48. Other results. Ronnie Ritchie (41.56), Martin Hill (42.13), Geoff Bilton (49.14), Julie

Kinross Adult Otters

Kinross Adult Otters swim club is certainly keeping its head above water these days and the current influx of new members helps keep the weekly sessions lively and enthusiastic.



Swimming is a superb activity to keep you fit and is excellent if you are coming out of injury from another sport. Swimming is an ideal way of complementing training for a wide range of other sports and if you are thinking of entering a triathlon then the training of several swim strokes will help you have a better feel for movement through the water.

So now might be the time to take the plunge. All sessions have a coach to give advice. Swim lanes are structured to level of ability. Sessions are very varied. We look forward to seeing even more new faces. Just make yourself known by the pool side and give it a go.

Rose (51.48) and Struan Robertson (54.22). Isabel Carmichael continued her comeback from injury with a very impressive 58.19. It's great to have you back, Isabel. Lisa Hill also managed a very good 60.11. A few weeks hard work at speed training and I am sure you will knock of that 11 seconds at your next 10K race.

Devil o the Highlands 43 Mile Ultra footrace 9 August

This race starts at 6am at the Green Welly Stop in Tyndrum and finishes 43 miles later in Fort William. This is basically the second half of the West Highland Way. Most sensible people spread this route over several days with hot baths and a good nights sleep to get them to the end, but these runners just seem to gallop over the hills with ease. Judith Dobson was the first Female Senior Veteran in a time of 7 hours 43.20, coming 26th overall. Andy Johns achieved a personal best and came 12th overall with a time of 6 hours 57.06. Gillian Lopez also got a pb with a time of 8 hours 36.04, and was 53rd overall. Those of us who have worked hard to train for shorter distances have absolute respect for those with the grit and determination to tackle this level of race. We are very proud of the three of you.

Our club runners like to keep themselves active and many are involved in other sports like canoeing, cycling, walking etc. In September Jane Gibson, a keen KRR runner is going to be paddling the River Colorado in the Grand Canyon to raise money for a new charity helping children with arthritis. Good Luck Jane.

In addition to the races we meet regularly for training runs and speed sessions. This month we have had a lovely muddy run over Stronachie, as well as other lovely off road runs in the Lomonds. We also had a very enjoyable Treasure Hunt organised by Brian Kemp. Thank you Brian. Good exercise and also very informative. If you live in the area and already run, or are considering starting to run, please come along and join us. On Tuesdays we meet at 7pm at the old health centre car park for speed work sessions, and on Wednesdays at the same place at 6.45 for a varied programme of runs, which are usually off-road.

If you are interested in finding out more visit our website at www.kinrossroadrunners.co.uk. We welcome new members of all abilities, so come along and join us. We guarantee a warm welcome and lots of encouragement.

Kinross Ladies Hockey Club

Training started back on Wednesday 4 August with a good turnout and a few new faces amongst them as well. Let's hope the numbers keep up throughout the season.



Before the league starts there are a couple of tournaments, with the Corporation Cup taking place on 4 September and the Bell Trophy on 11 September. League games kick off for the first XI on 18 September against Wanderers 3 with the second XI getting their first league game the following week against St Andrews Uni 2.

Training is every Wednesday, 6.30pm-8pm at the astro pitch at the KGV. Remember to bring plenty of water along with shin pads and a gum shield and £2. All new members welcome at the club.

If you would like any further information on Kinross Ladies Hockey Club please visit our website at:

www.kinrossladieshockey.co.uk

We also have a new Facebook page, so join up now!

Kinross Rugby Football Club

And so it begins....

The senior team played in their first fixture of the new season, being narrowly edged out by

Hillfoots in their annual Bob Marfleet memorial game. A good number of positives were on show in this match and certainly gives us something to build on in a friendly against Linlithgow before the league matches start in earnest.

Sat 28-Aug	Blairgowrie	Away	15:00
Sat 4-Sep	Madras	Away	15:00
Sat 11-Sep	Crieff & Strathearn	Home	15:00
Sat 18-Sep	Alloa	Away	15:00
Sat 25-Sep	Fife Southern	Away	15:00

Unfortunately, only one home game for the senior team in September, but given the away matches are more local than last year, it will be great to see some travelling support.

Pre-season training has seen a number of new faces and returning players, but there is always room for more. This reporter was delighted to be only watching as the dedicated fitness coach put the guys through some tough sessions, but if training continues at the same level through the season, we should see Kinross having a real advantage over the opposition.

Come along and join in 7pm Tuesdays and Thursdays at KGV.

Kinross RFC Midis

Combined High School and Club Rugby Squads

In line with the Tayside Sports Youth Development Strategy, starting this season the Club Midis squads will combine with the corresponding Kinross High School rugby squads. The teams will keep their separate club and school identities for their respective fixtures, but will for all intents and purposes train and be managed as a single squad. Combining together will be of benefit to both the Club and the High School and will provide a better in frastructure and a stronger more rounded rugby education for the Midis boys.

Under 18s - The KRFC Under 18s (combined S5 and S6) team plays in the Caledonia Midlands Division 2 (Development) League. Matches take place on Saturdays with kick-off at 1.00pm. Players born 1 September 1992 and after are eligible to play.

The KRFC U18s fixtures for September 2010 are:

4 September	Kinross v Grangemouth
11 September	Perthshire v Kinross
18 September	Kinross v Glenrothes
25 September	Angus Colts v Kinross

Under 16s - The KRFC Under 16s (combined S3 and S4) team plays in the Caledonia Midlands Division 2 (Development) League. Matches take place on Sundays with kick-off at 1.00 pm. Players born 1 September 1994 and after are eligible to play.

The KRFC U16s fixtures for September 2010 are:

5 September	Kinross v Strathie Sharks
12 September	North Angus v Kinross
19 September	No fixture
26 September	Madras v Kinross

Under 14s - The KRFC Under 14s (combined S1 and S2) team plays friendly games against other local sides. Matches take place on Sundays with kick-off at 1.00 pm. Players born 1 September 1996 and after are eligible to play. The first U14s match of the season is on Sunday 5th September against Hillfoots RFC U14s.

Training for the Midis takes place on Monday evenings 7.00 pm to 8.30pm at the KRFC clubhouse at the King George V playing field in Kinross.

Kinross RFC Minis

The KRFC junior club trains and fields mixed boys and girls Minis primary school children teams, P4 through P7, and trains children P1 through P3. The Minis teams play friendly games against other local sides.

The KRFC Minis fixtures for September 2010 are:

5 September	Kinross v Falkirk & Hill foots
26 September	Linlithgow v Kinross

Training for the Minis takes place every Saturday morning 10.30am to noon at the KRFC clubhouse at the King George V playing field in Kinross.

For further information about the Kinross RFC Midis and Minis rugby please visit the KRFC junior website at www.kinrosscougars.com or contact Andy Williams the KRFC Youth Convenor on 07855 807634 and a.b.williams@btopenworld.com.

Clubhouse

We will be delighted to see all the new members who joined at Kinross show, as well as anyone keen to find out a bit more about the club, joining us at the clubhouse where lively banter and occasional high-jinx abound. After what's bound to be a great night with Gaberlunzie on 28 August, our 2010/11 season social calendar will kick off with a variety of new events planned for the season. Sporting brunches, dances and quizzes, as well as exciting new happenings will be launched with much brouhaha in the coming weeks.

Business opportunities

We are keen to hear from local businesses who would be interested in supporting our club either financially or with advice or specialist services. In return we can offer physical and web based advertising opportunities, access to meeting facilities, corporate memberships and many other ways to work together.

For more information about any aspect of Kinross RFC, playing or social, please contact the Club President Ollie Cox on 0774111219 or at Ollie.Cox@virgin.net.







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Exercise Classes for All

As a PT instructor I meet many people who are searching to find the perfect exercise programme. For many this a sport, perhaps a team game or a regular

gym session but for hundreds of others it means signing up for some exercise in a group session. Why are these so popular and what makes them work?

It is fair to say that we have come a long way from the aerobics workout or circuit classes of the 1980s, although they remain extremely popular. The choice today is enormous, with numerous dance and exercise classes. The latest fashions are Zumba Fitness or the increasingly popular "Boot camps" which offer a more robust and militaristic approach to getting and staying fit.

Whatever the form, group exercise is becoming increasingly popular, as it provides class members with scheduled, supervised workouts. The scheduling of exercise forces individuals to make a time commitment to fitness and the supervision of a group class enables even novice athletes to exercise safely, with proper technique.

What are the benefits of these classes? Well firstly it's great to exercise with new and existing friends; they help to motivate you when the going gets tough. Secondly they are normally lots of fun and if undertaken regularly can provide a very good basic exercise and health platform.

The initial worry of being able to fit in and not embarrass oneself is a major hurdle, but one that most people can overcome given the correct encouragement. Group exercise is not about competition but more about co-operation and encouragement.

Exercise classes range in intensity from high energy classes such as Boxercise, Spinning or Body Combat to the more serene and holistic approach of classes such as Pilates which focus on flexibility, strength and conditioning. Many are organised around weight loss and body toning.

The physical benefits of group exercise are the same as those on an individual basis; cardiovascular fitness, muscular strength and endurance, improved flexibility and motor fitness (including agility, balance, reaction time, speed, power and co-ordination).

Classes provide a social forum for maintaining and developing friendships within an exercise environment whilst having the added benefit of working out through a trained instructor who can help ensure that participants are using the correct techniques, thereby minimising the risk of injury and maximising the exercise benefit. Alongside this there is added peer pressure to maintain regular attendance and motivation.

Classes will vary enormously over the four basic principles of training framework, namely frequency, intensity, duration and type but they are a great way to make new friends and enjoy exercise.

Generally speaking activities which are of a lower intensity and can be continued for longer durations will use the aerobic energy system predominately. This means that individuals will use oxygen to create energy.

Most aerobic and fitness classes are designed to use the same large muscle group rhythmically for a set amount of time, normally ranging from 30 minutes to an hour, while maintaining 65-75% of your maximum heart rate. When

you are engaging in aerobic exercise, you should be able to have a conversation without feeling winded.

Joining an aerobic fitness class can be a great way to improve your health. Aerobic exercise can provide the following health benefits:

- Helps with weight loss or management.
- Increases your stamina and reduces fatigue.
- Conditions your heart and lungs by increasing the amount of oxygen that is available and by helping your heart use oxygen more efficiently.
- Helps manage your stress level.
- Increases your mobility.
- Reduces your risk of developing hypertension and stroke.
- Improves your blood fats, increasing HDL (good) cholesterol and decreasing LDL (bad) cholesterol.
- Reduces your risk of developing certain forms of cancer, including breast, colon and prostate cancer.

Without a doubt, aerobics are particularly helpful for weight control. Research consistently shows that regular physical activity, combined with healthy eating habits, is the most efficient and healthful way to control your weight.

Whether you are trying to lose weight or maintain it, you should understand the important role of physical activity and include it in your lifestyle.

Physical activity helps to control your weight by using excess calories that otherwise would be stored as fat. The number of calories you eat and use each day regulates your body weight. Everything you eat contains calories, and everything you do uses calories, including sleeping, breathing, and digesting food. Any physical activities in addition to what you normally do will use extra calories.

Following a regular aerobics programme gives you a sense of commitment and control - two positive mental attitudes that help counteract stress. Aerobics also relax tense muscles, thereby relieving your body's stress response.

The choices of different types of group exercise classes can seem overwhelming to an individual who wants to get started. Beginners should try to frequent a facility that offers a wide variety of classes. This will allow the new participant to sample many different types of group classes and find the type of exercise that best suits that individual. For those trying a class for the first time, identifying oneself as a beginner to the instructor is important. This will allow the instructor to introduce modified exercises more appropriate to a beginner, and to watch carefully for proper exercise form.

Whatever you decide is the right group exercises for you then ensure that you enjoy it; it should be both fun and rewarding.

Note: It is important that anyone considering taking up an exercise regime should consult their GP before doing so, particularly if it has been some time since you last exercised or if you are on any form of medication or suffer from a chronic illness or high blood pressure

Next Month: Cycling Fit.

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the Photo Library. The aim of the library is to provide a
resource for promoting Kinross-shire.

Out & About



Vane Farm

Well then anither month past, intae August awready, well, September noo if yer readin this cos this fine publication disnae come oot



till then. Onywey am writin this in August cos o' editorial deadlines. So then whit's been happenin? Breedin is pretty much at an end, tho we did hiv a pickly late broods o swallows, lapwing numbers ur fair building up wi flocks o' 600 hunner plus oan the reserve. Passage waders r startin tae pass through wi greenshank, common sandpiper and a rarer pectoral sandpiper – the first record fur Vane farm – although they hiv been oan the loch afore. Several osprey hiv also been passin ower the loch oan the wey sooth tae A frica so awfa sorry tae burst yer summer bubble bit it looks like autumn is oan the wey. The tree fellin a telt ye aboot last month is progressin at a great rate o' knots so it shid be aboot finished by the time yer readin this, ither than a bit o' tidyin up. It's fair openin up the view, makin it easier tae see birds that yist tae hide roond the back o' the trees

The Christmas cairds, calendars n diaries hiv been sellin weel in the shop so it shows ye that even this early fowk are startin tae think aboot Santa time. Wi Autumn jist around the corner it's also a guid time tae be thinkin aboot stockin up oan bird food or buyin some new feeders fur the winter months if yer new tae that kin'a thing. Wur freendly staff kin oaffer expert advice oan awe that sorta stuff if yer needin ony – mon in n jist ask.

The kids' summer events proved tae be gie successful wi every session fully booked, loads o' great feedback fae the mums n dads oan hoo much the kids n mibees them enaw hid enjoyed it. Mair tae the pint, happy smiley faces fae the bairns, so nae doot we will be runnin them again next year. Awfa sorry if ye tried tae book n couldnae get oan, places are limited due tae health n safety stuff – jist try n book early next year, the early burd catcheth the worm n awe that, onywey keep and eye oan the website www.rspb.org.uk under the Vane Farm reserve section fur details oan awthin that's gawn oan.

The September events include anither yin o' the popular Photography Courses, an "Intermediate" wan this time which is being held on Sunday 12 September, runnin fae 10am – 4.15pm, teas, coffees, lunch included in the price. Oan Saturday 11 September we are runnin a free Guided Walk on the reserve at 11am - 12.30pm. Advance booking

is required fur baith these events and pre payment is needit fur the photography course wi the bounus o' it bein a bitty cheaper if yer an RSPB member. Mair details oan the usual number 01577 862355.

We are also runnin a competition fur a "Wildlife gairden in a Tin" and entries kin be haunded in until the 1pm deadline oan Sunday 19 September. Entry fee is a mere yin new pound and it hiz three age groups, under 6, 6 tae 16 and the last yin is 17 plus. Prizes will be forthcoming fur the winnin entries a wid imagine.

Colin

Richt then, that's it again, catch ye next time. Cheery bye noo,

Loch Leven NNR

We've had some great sunny spells recently, in between some heavy downpours. Although not ideal for us, the warm damp climate has been ideal for insects, which you will have noticed have been out in their millions, forming great clouds and providing an abundance of food for the birds and fish. Reserve staff Jeremy and Iain witnessed the spectacle of an estimated 10,000+ sand martins feeding over the Burleigh area of the reserve.

Many of the migratory bird species such as swallows and sand martins who have spent their summer here will be heading off to Africa soon, just in time to make way for the thousands of geese which will soon descend on the reserve. Greylag geese are found here all year round but their numbers increase during August and September. Also notable at this time of year are the huge rafts of white that can be seen drifting around the reserve; these are all Mute Swans which come to Loch Leven to moult their feathers in the safety of Loch Leven's waters.

We only have one or two more counts of the young ducks, known as brood counts, left to do this year. But so far the highlight has been a brood of Pochard, a rare breeder in Scotland, which has been occasionally recorded historically at Loch Leven, so finding a female with two young was a real treat for us all.



Tufted ducks Photo: MJ McGill anserbirding.com

Now is the time that, along with the help of our volunteer team, we start mowing many of the wet grassland areas around the reserve. This is a fundamental part of the management of these botanically rich areas, which provide a dash of colour and great haven for many insects. Without this management they would rapidly be lost to scrub woodland.

We were hoping to have replaced the hides in August; unfortunately we have run into delays with this, however we are working hard towards resolving these and hope to have them rebuilt as soon as possible.

So as summer draws to a close, it's **Fungi Foray** time again! Reserve staff will be joined by Tony Wilson from the British Mycological Society for two walks in search of all types of fungi. With so many species recorded here previously, we anticipate an interesting walk and a great opportunity to learn more about this fascinating seasonal group of organisms. The first walk will be meeting at Findatie Car Park on **Sunday 26 September**. The second Foray will meet at Burleigh sands car park on **Sunday 3 October**. Both walks are free; meet at 2pm and finish at 5pm. Good footwear and outdoor clothing required.

To find out more, become a volunteer or to book on any of our events, please call 01577 864439 or email iain.jamieson@snh.gov.uk

Farming



3D glasses not required...

"No more sheep work! That's why I'm looking forward to going back to school" our youngest informed us on the last day of the holidays. Before you accuse me of using child labour, let me tell you he is referring to only a handful of days spent rolling wool, dosing or foot bathing lambs or drawing the lambs that have reached 42 kilos and are now ready for the market. We also squeezed in a holiday and some trips to the cinema to see the latest movies in 3D that mean you have to spend an extra £1 on the specs required for the experience. To be fair, it always seems to rain when we are scheduled to do these jobs and whilst a few hours passes happily for me in the sheep fank, it seems to be a long day for a seven year old boy who enjoys the company of his school friends and a game of football every lunchtime. I'm pretty sure he may choose to accompany his Dad when it is his turn to participate in the annual "Take Your Child to Work Day" - with up to a dozen shiny tractors in the potato planting field, it's an exciting place to learn about tattie farming, and the communication on the CB radio offers an entirely alternative education too! Despite the seeming lack of enthusiasm for our flock, I'm glad all our kids have gleaned enough knowledge to appreciate what's involved in my part time farming role. I'm hoping it adds to their life experience in a positive way. During the last week of the holidays the boys spent two days with their grandpa getting a few sheep ready for the Kinross Show. We admit to being complete amateurs at showing livestock but mixed up the medicated sheep shampoo and got out the scrubbing brush. The fleece lathered up nicely and after rigorous rinsing the result was three gimmers (last year's female lambs) and two young lambs that could have passed for Snow White but were ready for showing. An electronic tag was then inserted into their ear; this is similar to an ear piercing experience you could visit the local beauticians for, but the tag contains information on the holding of birth and the lambs are not allowed to leave home without it.

Then it was off to the show to compete against some fine examples of commercial sheep from local farms. I spent some time in the sheep pens watching the judges make their decisions and hand out the rosettes to those sheep deemed the best in their class. It was heartening to see so many folk explore this area of the show and take a look at all the animals. One family asked if they could touch the sheep and the toddlers leant into the pen to feel the wool. Their mum then admitted that she had never touched a sheep before and was equally, if not more, delighted to share the experience. So all that scrubbing paid off, the gimmers got a red rosette, our kids were over the moon, one local family got a little closer to the countryside and there wasn't a pair of 3D glasses in sight!

Fiona

Images of Kinross-shire

Photographs can be downloaded free of charge from the www.kinross.cc

Photo Library

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.

Weather



July Weather Report From Carnbo

Just as we were getting used to the dry, sunny weather we enjoyed during May and June, July brought us down to earth with a return to the conditions more normal for this time of year.

Rainfall for month 162 mm (161% of normal)

Heaviest fall 34.9 mm (14th)

Dry days 6!

Highest temperature 21°C (20th)
Lowest temperature 7°C (6th)
Average temperature 13.5°C
Lowest ground temperature 1°C (6th)

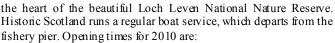
Cloud cover 74%

Thunder not recorded this July

Local Attraction Opening Times

Lochleven Castle, Kinross

Lochleven Castle, famously where Mary Queen of Scots was imprisoned in 1567, is in



1 April to 30 September: Daily, 9.30 am to last outward sailing

at 4.30pm.

1 to 31 October: Daily, 9.30 am to last outward sailing

at 3.30pm.

Admission prices (includes boat trip): Adult £4.70, Child £2.80, Concessions £3.80, HS members free.

There are car parking facilities, toilets and a cafe close to the ferry departure point. The boat is not equipped to carry passengers in wheelchairs. There are benches, lawns, a gift shop and toilets on the island. Larger groups should contact the site manager on the island (phone 01577 862670) beforehand.

Hill of Tarvit mansion house

Hill of Tarvit, a fine Edwardian mansion house near Cupar, was designed by Sir Robert Lonimer to house the superb collection of furniture and artwork of a Dundee industrialist. Lonimer also designed the garden. The grounds contain a recently reinstated nine-hole hickory golfcourse. The summer-autumn opening dates are:

17-22 June 15-20 July 29 July-2 August 26-31 August 16-21 September 14-19 October

The house, tearoom and shop are open 1pm to 5pm on these dates. The garden and grounds are open all year, daily, closing at dusk. See Gardens Open chart for admission details. Hill of Tarvit is off the A916, 2 miles south of Cupar. KY15 5PB. Tel: 0844 4932185.

Balvaird Castle, near Glenfarg

A late 15th century tower on an L plan. Refined architectural details. View exterior only. Open days for internal viewing are advertised on the Historic Scotland website: www.historic-scotland.gov.uk

Burleigh Castle, Milnathort

A fascinating tower house dating from around 1500. The grounds are open during daylight hours. The keep can be opened on request. Please follow signs on site for key. In the care of Historic Scotland.

St Serf's Church and Dupplin Cross, Dunning

This picturesque parish church houses the 9th century Dupplin Cross, a masterpiece of Pictish stonework. Donations welcome. Open summer only, seven days a week. In the care of Historic Scotland.

Abernethy Round Tower

A free-standing round tower of Irish style dating from the late 11th century. Good views of the Firth of Tay. Keys available from nearby tea room during the summer between 10am and 5pm, except Mondays. Signs at site for key. In the care of Historic Scotland.

Gardens Open

More information about these gardens can be found on our website, www.kinrossnewsletter.org Leisure info also on www.kinross.cc



Gardens, and some properties, open regularly not too far from					Disabled	Contact
Opening Arran	gements		Adult	Child	Access	Number
1 Apr - 30 Sept	daily	1000-1900	£3.00	free	yes	01577 862900
to 31 Oct	Mon-Sat	1100-1700	£10.50	£7.50	gdn only	0844 4932186
	Sun	1300-1700				0844 4932186
16 - 21 Sep	Thu-Tue	1300-1700	£8.50	£5.50	gdn	0844 4932185
all year	daily	to dusk	£2.00		yes	0844 4932185
to 31 Oct	Thu-Mon	1300-1700	£8.50	£5.50	partial	0844 4932184
to 31 Oct	daily	1000-1700	£3.00	£2.00	yes	0844 4932184
2 Sept - 30 Sep	Thu-Mon	1200-1700	£8.50	£5.50	no	0844 4932189
all year	daily	1000-1800			diffi cult	0844 4932189
to 31 Oct	daily	1000-1700	£5.50	£4.50	partial	0844 4932193
1 Apr-31 Oct	daily	0930-1745	£5.10	£3.50	limited	01738 552300
1 Feb-31 Oct	daily	1000-1700	£3.00	free	partial	01786 880437
1 May-31 Oct	daily	1300-1800	£4.00	£2.00	restr	01764 681433
Apr-Sept	daily	1000-1900	£2.00	£1.00	yes	01334 477178
all year	daily	dawn-dusk	free	free	yes	01383 720285
)	Opening Arran 1 Apr - 30 Sept to 31 Oct 16 - 21 Sep all year to 31 Oct 2 Sept - 30 Sep all year) to 31 Oct 1 Apr-31 Oct 1 Feb-31 Oct 1 May-31 Oct Apr-Sept all year	Opening Arrangements 1 Apr - 30 Sept daily to 31 Oct Mon-Sat Sun 16 - 21 Sep Thu-Tue all year daily to 31 Oct Thu-Mon to 31 Oct daily 2 Sept - 30 Sep Thu-Mon all year daily 1 Apr-31 Oct daily 1 Feb-31 Oct daily 1 May-31 Oct daily Apr-Sept daily all year daily daily	Opening Arrangements 1 Apr - 30 Sept to 31 Oct daily 1000-1900 to 31 Oct Mon-Sat 1100-1700 Sun 1300-1700 all year daily to dusk to 31 Oct Thu-Mon 1300-1700 ot 31 Oct daily 1000-1700 2 Sept - 30 Sep Thu-Mon 1200-1700 all year daily 1000-1800 to 31 Oct daily 1000-1700 1 Apr-31 Oct daily 1000-1700 1 May-31 Oct daily 1300-1800 Apr-Sept daily 1000-1900 all year daily dawn-dusk	Opening Arrangements Adult 1 Apr - 30 Sept to 31 Oct Mon-Sat 1100-1700 £3.00 Sun 1300-1700 £10.50 Sun 1300-1700 £8.50 all year daily to dusk to 31 Oct Thu-Mon 1300-1700 £8.50 £2.00 to 31 Oct daily 1000-1700 £3.00 £8.50 2 Sept - 30 Sep Thu-Mon 1200-1700 £8.50 all year daily 1000-1800 to 31 Oct daily 1000-1700 £5.50 1 Apr-31 Oct daily 1000-1700 £5.50 1 Apr-31 Oct daily 1000-1700 £3.00 1 May-31 Oct daily 1300-1800 £4.00 Apr-Sept daily 1000-1900 £2.00 all year daily dawn-dusk free	Opening Arrangements Adult Child 1 Apr - 30 Sept daily 1000-1900 £3.00 free to 31 Oct Mon-Sat 1100-1700 £10.50 £7.50 Sun 1300-1700 £8.50 £5.50 all year daily to dusk to 31 Oct Thu-Mon 1300-1700 £8.50 £5.50 to 31 Oct daily 1000-1700 £3.00 £2.00 2 Sept - 30 Sep Thu-Mon 1200-1700 £8.50 £5.50 all year daily 1000-1800 to 31 Oct daily 1000-1700 £5.50 £4.50 1 Apr-31 Oct daily 1000-1700 £3.00 free 1 May-31 Oct daily 1000-1700 £3.00 free 1 May-31 Oct daily 1300-1800 £4.00 £2.00 Apr-Sept daily dawn-dusk free free	Opening Arrangements Adult Child Access 1 Apr - 30 Sept daily 1000-1900 £3.00 free yes to 31 Oct Mon-Sat 1100-1700 £10.50 £7.50 gdn only Sun 1300-1700 1300-1700 16 - 21 Sep Thu-Tue 1300-1700 £8.50 £5.50 gdn all year daily to dusk £2.00 yes £2.00 yes to 31 Oct Thu-Mon 1300-1700 £8.50 £5.50 partial to 31 Oct daily 1000-1700 £3.00 £2.00 yes 2 Sept - 30 Sep Thu-Mon 1200-1700 £8.50 £5.50 no all year daily 1000-1800 to 31 Oct daily 1000-1700 £5.50 £4.50 partial 1 Apr-31 Oct daily 1000-1700 £3.00 free partial 1 Apr-31 Oct daily 1000-1700 £3.00 free partial 1 May-31 Oct daily 1300-1800 £4.00 £2.00 restr Apr-Sept daily 1000-1900 £2.00 £1.00 yes

Notes: Other prices may be available, eg Concessions, Family. NTS = National Trust for Scotland (entry free to members). At some gardens there are plants for sale and refreshments available. Some gardens do not allow dogs.

Scotland's Gardens Scheme

Around 475 gardens (mostly private) in Scotland are opened to the public for a day or more each year under the auspices of SGS to raise funds for charity. 60% of entry fees benefit SGS's chosen charities* and 40% of entry fees go to a charitable cause chosen by the garden owner.

Full details of all gardens are available in the handbook *Gardens of Scotland 2010* or on the website www.gardensofscotland.org

*Principally: The Queen's Nursing Institute, Gardens Fund of the National Trust for Scotland and Maggie's Cancer Caring Centres. The Gardeners' Royal Benevolent Society and The Royal Fund for Gardeners' Children also receive support.

Special Days Open in September and October

There aren't any gardens open under SGS particularly close to Kinross in the coming weeks: the following are all around a 50-minute drive from Kinross.

Willowhill and Tayfield Gardens at Forgan, near Newport on Tay have a combined opening on Sunday 12 September from 2pm to 5pm. Admission: £4 for the two (40% to RIO Community Centre). Homemade teas. Willowhill (DD6 8RA) is an evolving three-acre garden started ten years ago which has mixed borders of bulbs, shrubs, alpines, herbaceous perennials and vegetable plot. There is also a grassland area with a wildlife pond and trees. Route: 1½ miles south of Tay Road Bridge. Take the B995 to Newport off the Forgan roundabout. Willowhill is the first house on the left hand side next to the Forgan Arts Centre. A wide variety of trees established over 200 years can be found in the grounds of Tayfield House (DD6 8A). Route: 1½ miles south of Tay Road Bridge. Take the B995 to Newport off the Forgan roundabout.

The garden at **Avonmuir House**, Muiravonside, by **Linlithgow**, EH49 6LN is open on **Sunday 5 September**, 2pm-5pm. A walled garden with fruit trees, also shrubs, young trees, a walk by a ruin and burn. See SGS website for route. Admission £4 (40% to Combat Stress). Plant and produce stall, wheelchair access, and homemade teas.

Gargunnock House, Gargunnock, FK8 3AZ has five acres of mature gardens, woodland walks, and walled garden open on Wednesdays throughout September and October and on Sunday 26 September, all from 2pm to 5pm. It has wonderful trees and shrubs and glorious autumn colour. Route: on A811, 5 miles west of Stirling Admisson: Wednesdays, £3; Sunday 26th, £4 (20% to CHAS, 20% to Gargunnock Community Centre). Plants sales, dogs on leads welcome, teas available on 26th. The plant sale on 26th includes rhododendrons, azaleas, trees and shrubs, mostly from wild collected seed in India and China and grown on the estate.

The annual SGS Plant Sale and Fair at Hill of Tarvit takes place on Sunday 3 October, 10.30am – 4pm. Admission: £1 (40% to Seasons of Ceres). Two miles south of Cupar off A916, a 40-minute drive from Kinross.

The gardens at **Cambo House**, **Kingsbarns**, featured in magazines and on television, are open on **Sunday 17 October**, when they will be ablaze with late flowering perennials and autumn colours. An **Octoberfest** will also take place. Make traditional corn dollies, Halloween lanterns and apple pigs. Press apples for juice. Sylvia Troon story-telling. Enjoy seasonal baking and homemade jams. Open 12pm — 4pm. Admission: £4, children free. All proceeds to SGS beneficiaries. Plant sales, wheelchair access, dogs on leads welcome. KY16 8QD. Route: A917.

Congratulations

PAMELA CURETON and **ALAN BEGGS** are engaged. Both families are delighted.

TRACY CURETON and **RIAD SIFAOUI** were married in Glasgow on 4 July 2010.

Both families are delighted to announce the marriage of **FIONA MACKAY** to **STEWART NEALE**, both formerly Kinross, on Friday 30 July 2010 at the Garvock House Hotel, Dun fermline.

JACKIE McLEAN and NEIL HERKES were married at Forrester Park in Cairneyhill, Dunfermline on Saturday 14 August 2010. Congratulations from both families.

Sarah McCORMACK and Craig McDONALD are pleased to announce the safe arrival at Perth Royal Infirmary of their son, ROBBIE IAIN, on Saturday 14 August 2010.

MYRA and ED STRACHAN, Milnathort have celebrated their Diamond Wedding. They were married in Milnathort Church of Scotland on 22 July 1950. To make their anniversary extra special, they received a card from H.M. The Queen and a beautiful bouquet from Perth & Kinross Council. They later celebrated with a gathering of family and friends at their daughter's home in Auchtermuchty.

AGNES and FRED COLVILLE, Milnathort have celebrated their Diamond Wedding. They were married in the local Registry Office on 10 August 1950. The special occasion was marked by a gathering of family and friends, a card from H.M. The Queen, and a visit by local Councillor Willie Robertson who presented them with a basket of flowers from Perth & Kinross Council.

Mr and **Mrs McNAIR**, Kinnesswood, celebrated their 70th Wedding Anniversary in August.

JENNY and **MICHAEL POLLER**, Gallowhill Road, both graduated recently from the University of Dundee.

Jenny gained her degree in Medicine. She is now at King George's Hospital, Ilford for her first foundation year.

Michael graduated in Mechanical Engineering. As captain of DRIVE (Dundee University Race Innovation and Engineering), he took his team to the Formula Student event at Silverstone in July; here, they competed with university teams from over 30 countries and performed well, gaining the Eon trophy for safety design.

BRIAN COOK from Milnathort recently was awarded the degree of Doctor of Philosophy PhD of the Open University. His research was on the benefits of using prefabricated house designs in Scotland. He follows his daughter Deborah, who obtained a Doctorate several years ago.

ANNIE SMART from Cambusbarron recently passed her piano recital diploma (LTCL). This follows her grade 8 ex am which she passed with distinction, and in which she won the Alice Memorial Prize for gaining the highest marks for grade 8 in the region. Annie is a pupil of Anthony J Foote LRAM. Also the following pupils of Mr Foote were successful in the recent examinations of the Associated Board of the Royal Schools of Music: FIONA McKENZIE piano grade 1 (with distinction); DANIEL MUNRO Piano Grade 1 (with merit); HEIDI BALLANTYNE piano grade 4 (pass) and ANDREW KING descant recorder grade 1 (pass).

IAN DUNNET and OGILVIE ROBERTSON (both aged 14) have raised over £700 for Cancer Research by playing 100 holes of golf in one day. On 22 July they tee'd off at 6am and managed to complete the full 100 holes by 9pm. The Kinnesswood boys, pupils at Kinross High School, have been playing golf for about three years and recently became members at Kinross Golf Club. The asked people to sponsor them to raise funds for Cancer Research because, Ian said, "we have both lost grandparents within the last year or so, and we know that cancer can take many lives, and it is a difficult thing to deal with."

ROY MUNRO has completed the Marie Curie 400km cycle through the Canadian Rockies (Calgary to Jasper, via Bow Pass which is the highest roadway in Canada at 2068m), raising over £3000 for this worthwhile charity - keep the light shining!



Roy Munro in the Canadian Rockies

The following achieved success at the Perth Show:

E J MURRAY, Spring field Park, Kinross: Ridden Mountain & Moorland Pony – Reserve.

LISA GARRETT, Ellendale, Duncrievie, Glen farg: Perthshire Pony – Reserve.

A HAY, Blairview, Milnathort: Show Hunter Ponies – Reserve, ridden by Gavin Hay (10); Working Hunter Ponies novice – Reserve, ridden by James Hay; Open Working Hunter Ponies – Reserve.

Mrs CATHERINE MARSHALL, Struie View, West Mains of Condie, Milnathort: Shetland Ponies, Standard and Junior – Champion.

J and G WILSON, Leys Farm, Muckhart, Dollar: Shetland miniature – Champion.

SWRI success at the Perth Show:

Chris Pilling, Cleish; Catherine Fairweather, Glenfarg; Dorothy Morris, Cleish; Alison Morris, Cleish; Frances Drysdale, Carnbo. ALISON MESSENGER of Glenfarg WRI won two trophies.

Thanks



The Scottish National Blood Transfusion Service would like to thank all those who attended the donor sessions in June, when 216 people donated and a total of 250 attended, including 24 who had never been along before. This was a great help to patients all over Scotland. The service next visits Kinross on 18 and 19 October.

Mr FRANK RICHARDSON, 29 Sandport, Kinross would like to let family, friends and neighbours who kindly contributed to the Scottish Disabled Angling Team know the results of the competition which was held in Rutland in June this year. The gold medal was won by the Scottish team for the first time in 23 years. Frank was very proud to be part of the team and thanks all again for their generous contributions.

BOB & ANNA GRAHAM would like to thank family, friends, neighbours for cards, phone-calls and presents while Bob was in hospital, and for all the visitors while he was recuperating at home. "He is now feeling great."

Also a massive "Thank you" to family, friends and neighbours who gave so generously at "Anna's Party" for our chosen charity. Thanks once again, we had a "brilliant" night.

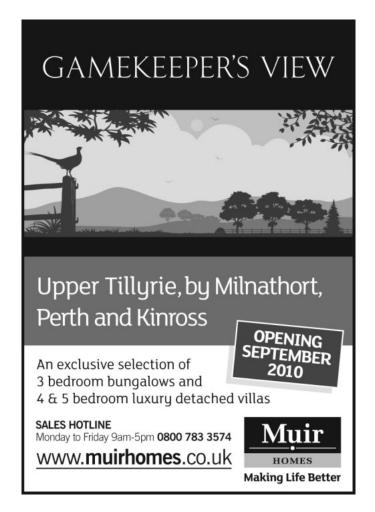
(Our apologies for missing the above item out of the August issue of the Newsletter – Ed.)

MYRA and ED STRACHAN, Milnathort would like to thank family and friends for the lovely cards, flowers and gifts received on the occasion of their Diamond Wedding on 22 July. Special thanks to Perth & Kinross Council for their beautiful bouquet; also to Lorraine and Stewart, Karen and Gary who provided such a wonderful party.

AGNES and **FRED COLVILLE**, Milnathort wish to thank everyone for the lovely cards and giffs received on the occasion of their Diamond Wedding.

ALAN and HELEN HARGREAVES of Montgomery Way, Kinross wish to thank all family, friends and neighbours for the kindness, concern and support shown during Alan's seven-week stay in hospital. Also deep gratitude to all the staff in ITU, HDU and wards 6 and 7 of Perth Royal Infirmary for the wonderful care provided.

Mrs CLAIRE PATON would like to thank all members of the Kinross and Muckhart Yoga Group who attended the very successful Blooming Great Tea Party which was held in aid of the Marie Curie Cancer Care. Guests enjoyed Pimms, profiteroles, strawberries and cream amidst glorious sunshine - and raised a magnificent £340 for the charity.



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Kinross-shire Churches Together



Kinross Parish Church of Scotland

Station Road, Kinross (Charity number SC012555)
Rev Alan D. Reid MA, BD
Reader: Margaret Michie
Session Clerk: Jaffrey Weir
Church E-mail: kinpc@tiscali.co.uk
Church website: www.kinrossparishchurch.org

All Sunday morning services include a crèche. All events are in the church unless indicated otherwise.

Back to Church Sunday 26 September

Kinross parish Church would like to welcome all to 'back to church Sunday' on 26 September. Perhaps you haven't been for a while for all sorts of reasons.

Everyone will be sure of a warm welcome: 'we came last year, having not been for ages and it was fine. Actually, we found that we knew quite a few people'; 'I would recommend it – it's good to be back'

There are three different types of services through the day – see September 26 details below

Regular Services

Sundays 10.30 Moming Service

Sundays 19.30 Church Centre: Crossfire, for S1 age upwards

Tuesdays 10.00 Pram Service

2.30pm Whyte Court - Service (First Tuesday ofmonth) 2.30pm Causeway Court - Service

(last Tuesday of month)

Wednesdays 10.45 Midweek Worship: Reading Room, Church

Centre, 30mins.

12 noon Mid-week and Mid-day: Time to Pray:

30 mins

Other Services for August

Sun 29 6.30pm Informal Evening Service

Other Services for September

Thur 2 7.30pm Thursday Group Church Centre: 'My visit to the Palace'

Mon 6 8am Meditation (30min.) 8pm Heaven and Earth cafe, Muirs Inn

Sat 11 8.30am Prayer Breakfast –simple breakfast and share areas of concern for prayer (1 hr.)

Thu 16 9pm Time to Pray – 'Compline': a short service with readings and responsive prayer

Sun 26 'Back to Church Sunday' and Harvest Festival:
2.30pm Short service for housebound (transport available tea after service)
6.30pm Informal Evening Service

Tues 28 8pm Prayer Meeting (1 hr.)

All are welcome to any of these services or prayer times

Saturday break Most Saturdays mornings at the Church Centre, there is a second hand book stall and cafe serving tea, coffee and fresh baking 10a.m. -12 noon.

Housegroups meet on Wednesday and Monday evenings (contact Margaret Michie 01592 830602).

Premises to lease. The church welcomes the use of its premises by the wider community. It provides a suite of halls, meeting rooms and a kitchen at the church centre and the main auditorium and two meeting rooms at the church (contact Helena Cant, tel 862923 or email helenacant@aol.com

St Paul's Scottish Episcopal Church

Muirs, Kinross, KY 13 8AY

Rev Dr Marion Keston Telephone: (01577) 866834

Website: www.stpauls-kinross.co.uk

September Services

Sun 5 Pentecost 15, 8.30am, Holy Communion. 11.00am, Baptism and Holy Communion

Sun 12 Pentecost 16, 8.30am, Holy Communion.

11.00am, Sung Eucharist.

Sun 19 Pentecost 17, 8.30am, Holy Communion. 11.00am, Sung Eucharist.

Sun 26 Back to Church Sunday 8.30am, Holy Communion. 11.00am, Sung Eucharist.

Thu 30 9.15am, Service of Prayers for Healing.

Sunday School and Crèche during the 11.00am Services. **Thursday Morning group Bible Study**. Everyone welcome. For further information, please contact Sarah Oxnard, telephone (01577) 864213.

Orwell and Portmoak Parish Church

Church of Scotland

Interim Moderator - Rev Alan Reid Locum Minister - Rev Duncan Stenhouse E-mail: orwellportmoakchurch@yahoo.co.uk

Sunday Worship, Junior Church and crèche:

10am Portmoak Church, 11.30am Orwell Church **Prayer Meeting** held 30mins before each service

United Service 6.30pm in Orwell Hall

Service at Ashley House: first Thursday of the month at 2 30pm

Services at Levenglen: first Tuesday of the month at 4pm

Come and visit our new shop at 29 South Street, Milnathort. Open Mon – Sat. 10am till 4pm. We have a selection of books and gifts for sale. Printing & copying facilities available, Meeting room to let. Recycle your Stamps, Batteries, Ink/toner cartridges, Spectacles.

Contact Janice in Office 01577 861200 orwellportmoakchurch@y ahoo.co.uk

Lochend Farm Shop Scotlandwell

Daily baked scones, fruit pies, bread and other goodies, to take away can also be ordered in advance

Multi purpose compost 80lt only £4.99

Early morning treat £1.99 for tea/coffee and fresh baked scone

Open seven days 9am-6pm Coffee Shop open till 4.45pm tel 01592 840745

Please mention The Newsletter when answering advertisements

Cleish Parish Church Church of Scotland

Rev Joanne Finlay Telephone: (01577) 850231

E-mail: joanne.finlay196@btinternet.com

Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services11.15amCrèche11.15amJunior Church11.15am

September

Sun 5 11.15am Reader, Brian Ogilvie

Sun 12 11.15am Rev. Joanne Finlay

Sun 19 10am - 10.30am Early Birds Family Worship

11.15am traditional service of worship

*Congregation vote on proposed church extension

Sun 26 11.15am Rev. Joanne Finlay

Kinross Christian Fellowship

Further information: (01577) 863509

Jesus said, "I come among you as one who serves."

Church and Children's Sunday Club

Every Sunday at 10.30am in the Millbridge Hall, Old Causeway, Kinross. During each service there will be a time for ministry and prayer for healing.

Saturday Night Worship

Last Saturday of each month, 7.30 – 10pm

Milnathort Town Hall

Heart felt praise and worship Prayer for healing
Opportunity for testimony Refreshments
Books and resources Open to all
For further details contact Sarah Corsar 07795313864

Kinross Gospel Hall

Montgomery Street, Kinross Website: www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.00pm	Sunday School
	6.00pm	Prayer Meeting
	6.30pm	Gospel Meeting
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Wednesday	6.30pm	Children's Club (term time)

Healing Rooms Kinross

The Healing Rooms (part of an international organisation) takes place every Thursday from 11.00 am to 1.00 pm in the Millbridge Hall. Healing Rooms is manned by a team of Christian volunteers from every denomination freely offering their time and prayers. Everyone is welcome and no appointment is necessary.

For further information please call 07766515950 or 07773717339 or visit www.healingrooms-scotland.com

Recently bereaved? Needing some support? AMONGST FRIENDS

(Bereavement Group)
meets at the Health Centre, Lathro, Kinross
on the last Friday of the month, 2.30pm to 4pm
A warm welcome awaits all
For details phone
Hazel 01577 863461 or Marg 01577 863557

Fossoway Parish Church Church of Scotland

Rev Joanne Finlay Telephone: (01577) 850231

E-mail joanne.finlay 196@btinternet.com

Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services at 9.45am Junior Church, crèche,

"Wrigglers Group" (0-3 year olds) at 9.45am,

Teens: first Sunday of the month at 10am
Tots Music: Friday mornings in hall, 9.30am
Café Refresh: Every Thursday, church hall, 2-4pm

Yoga classes: Mondays 7-8.30pm

September

Sun 5 9.45am Brian Ogilvie

Sun 12 9.45am Ordination to Eldership & Annual Dedication service for Eldership.

6.30pm "Christian Aid - Big Sing" - all proceeds

to Christian Aid. **Sun 19** 9.45am Rev. Joanne Finlay

Sun 26 9.45am Rev. Joanne Finlay

St James's R C Church

5 High Street, Kinross, KY 13 8AW

Father Colin Golden Telephone: (01577) 863329

Mass TimesSaturday Vigil7.00pmSunday9.30am

Please look out for other information on other parish activities in the Sunday newsletter.

Kinross Christian Fellowship Evening Service

On the second Sunday of every month, beginning in August 2010, the Fellowship will be holding an evening service beginning at 6.30pm. There is no formal format envisaged; however, it may be expected that it will include lots of praise, worship, and joy in the LORD. Everyone is welcome, irrespective of faith or denomination, and we look forward to seeing - and hearing - you. For more information please contact Peter on 01577 863509.

On behalf of KCF, God bless.

ALDERBANK LTD Hardwood Flooring Specialists

- New Floors Supplied and Fitted
- Old Floors Repaired, Sanded and Refinished

For Free Advice and Quotations
Call Niall Simpson on 07778 772354
or 01259 781394
or see www.alderbank.com
for more info and special offers

DRIVING TUITION

LOCHLEVEN DRIVING SCHOOL

Call Marie Scott on Kinross 862266

Established 23 years

Playgroups & Nurseries

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell

(only 10 mins from Milnathort and Kinross)

Babies and Toddlers (birth – 3yrs) Tues 10:00am - 11:30am

Playgroup (2yrs onwards) Mon & Fri 10:00am – 12noon

Contact Carolyn Robertson 01383 831129

LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross Session times

Tuesdays 9.30 - 11.15, Fridays 9.30 - 11.15 Contact - Caroline 07507 204731 All Mothers, Fathers, and Carers with children aged birth to 3 years are welcome to attend.

LOCHLEVEN TWOS CLUB

Masonic Hall, The Muirs, Kinross Thursdays 9.30 to 11.15 (term time only)

Suitable for children from about 18 months to preschool. We have lots to offer including playdo, painting, craft, dressing up and a variety of toys. A snack is also provided. This is also a great place for parents and carers to have a coffee and chat whilst their children play. Younger siblings welcome.

Contact Sophie Irvine on 01577 863288 for further details.

FOSSOWAY TODDLERS

The Institute, Crook of Devon

Wednesday 9.30 a.m. - 11.15 am

All Mums to-be and Mothers, Fathers and Carers with children aged birth to 3 years are welcome to attend.

Contact - Fiona Eastop 01577 864194

FOSSOWAY PRE-SCHOOL GROUP

Moubray Hall, Powmill

Partner-provider for P&K Education

Places available for 3-5-year-olds and Rising Fives Sessions daily 9.15 – 11.45

Contact Pat Irvine 01577 840584 or www.childcarelink.gov.uk/perthandkinross

S WANS ACRE PLAY GROUP 21-23 Swansacre, Kin ross

Kinross-shire Playgroup Association aka Swansacre Playgroup Registered Scottish Charity Number SCO 17748

TEL: 01577 862071 www.swansacreplaygroup.org.uk

Swansacre Playgroup provides a warm, friendly and stimulating environment in which children can learn and develop essential social skills through play.

Playgroup sessions – Mon to Fri 9.15-11.45am

Children from the age of 2 yrs welcome.

Rising Fives Mon & Wed 1.00-3.15pm, with lunch club beforehand.

This is complementary to Nursery.

For more information please contact Julia Slater 07810 742046 or Playgroup 862071.

Baby and Toddler Group - Thurs 1pm-3pm

Ante-natal to pre-school. Fun for children, coffee and chat for the parent/carer. For more information contact Amanda 861434.

The premises are available to hire for **Private Functions**. We now have an Entertainments License For more information contact Kate 863309.



MILNATHORT BABIES & TODDLERS

Orwell Church Hall, Milnathort

Milnathort Babies and Toddlers offer a relaxed, friendly environment.

Tea/co ffee for mums, dads and carers, healthy snack and fun for the children.

Children aged birth to 3 years (5 years if attending with younger sibling) are welcome.

Thursday & Friday, 10am – 11.30am.

For more information please contact Susan Britton on 01577 863385, 07737 461 293 or e-mail susanjbritton@yahoo.co.uk.

GLENFARG BABY AND TODDLER GROUP

Village Hall, Greenbank Road, Glenfarg 9.30am to 11.30am during term time

A healthy snack is provided for children and tea/coffee and biscuits for carers. We also provide a craft activity each week

First session free and £2 thereafter (£1 for second child). All welcome.

Contact Jenny Holt-Brook on 01577 830577, email jennyholtbrook@yahoo.co.uk or just come along.

Notices



Dunfermline Strathspey and Reel Society 20th FIDDLERS' RALLY

Carnegie Hall, Dunfermline
Saturday 28 August, commencing 7 pm
Conductor RON SMITH
Guest Artiste BRUCE DAVIES, Singer Songwriter

Orwell Bowling Club

is privileged to present

IAIN HUNTER SINGS

Saturday 28 August, 7.30 for 8pm
*** NOT TO BE MISSED ***

Entry by Ticket only -£5 per head Tickets behind the bar at the club



Beatles and Diva tributes at **GAZEBO GATHERING**

At Kinross House

Saturday 4 September From 12 noon – 7.30pm

Pitch your gazebo in front of Kinross House at the Kinross Gazebo Gathering – a music festival for the whole family!! For more information, see main article on page 7, visit www.kleo.org.uk or e-mail info@kleo.org.uk

Healing Rooms Training Course

10 am - 2 pm

Saturday 4 September

For those interested in becoming a team member, and also as a refresher for existing members.

See page 38 for more details.

Balloon Release

in support of

The Scottish Cot Death Trust

Kirkgate Park

Saturday 11 September at 2pm Balloon Race, Stalls and Activities

See Article on p. 17 for more information

Kinross and District Art Club Exhibition

Thursday 16 September 3.30pm - 8.00pm
Friday 17 September 3.30pm - 8.00pm
Saturday 18 September 10.30am - 4.00pm
We are part of Perthshire Open studios this year and the exhibition will be held at the Kinross Parish Church.

Thursday Group

This is a Women's Group which meets the first Thursday of each month in the Lower Hall, Church Centre. Meetings are usually talks on various subjects, ending with refreshments and a chance to talk to friends. New members would be made very welcome. If interest ed, contact 01577 863625.

Forthcoming meetings:

2010: 2 Sep, 7 Oct, 4 Nov, 9 Dec

2011: 6 Jan, 3 Feb, 3 Mar, 7 April, 5 May, 2 June

Milnathort FILMHOUSE

The 'Big Screen' has returned to Milnathort!

'The Filmhouse for the whole family'
Come and enjoy our Saturday Night Cinema and Family Funday
Sunday Matinee at Milnathort Town Hall.

* please note that programme has changed *

Sep

Sat 11th 8pm Cinema Paradiso (PG) **byob** Sun 12th 3pm Alvin and the Chipmunks 2:

The Squeakquel (PG)

Oct (Halloween Weekend Special)
Sat 30th 8pm Beetlejuice (15) byob

Sun 31st 3pm Casper (PG)

Dec

Sat 4th 8pm The Shawshank Redemption (15) byob

Fri 24th 5pm The Polar Express (U)

byob - bring your own bottle

Doors open 45 mins before screening. Tuck Shop. Tickets available from Heaven Scent and Milnathort Post Office (2 weeks before the film).

Ticket prices (* indicates on the door Price)

Adult £4 (*£5); Child/Concession/Student £2 (*£3); Family £12 (*£15)

milnathortcinema@btinternet.com or Kathleen on 01577 862805/07849 766243.

All proceeds to Milnathort Town Hall Refurbishment Supporting your Town Hall

Home Bru Concert

Kinross Parish Church
Friday 17 September, 7.30pm
Varied programme from local musicians
Tickets £2 at the door



Moubray Hall Powmill Centenary Celebration



in Moubray Hall on **Saturday 18 September** 10am – 2pm

Patchwork & Quilting Display Raffle Quilt

WRI Display Refreshments

in aid of CHAS All welcome

Lodge St Serf No 327

Tuesday 7 September Regular meeting at 7.15pm Tuesday 21 September Regular meeting at 7.15pm

Kinross Floral Art Club

Start of 40th Anniversary Year

Thursday 23 September

Windlestrae Hotel 7.15pm

Demonstrator, Mrs Evelyn Young: "Seasonal Delights"
All welcome to come along



MTKY Musical Theatre for Kinross-shire Youth



53

presents

Back to the 80's - THE Totally Awesome Musical

It may be an era you want to forget... It maybe YOUR era.... It may all just be a blur...

MTKY are going to take you there again! Join the graduating class of William Ocean High School as they live through their final senior year - as they experience the fun, the heartbreak, the loves and the loneliness of growing up.... all set to the biggest hits of the 80's! Kids in America, Material Girl and We are the World, to name a few

The dates for your diaries are:

Tues 21, Wed 22, Thurs 23, Fri 24 September

Loch Leven Community Campus Assembly Hall, 7.30pm £6 Adult, £4 Schoolchildren/Concessions. Tickets available from MTKY members, Lynn 863271, Isobel 862970

Orwell Bowling Club

presents

A RACE NIGHT

Saturday 25 September

7.00 for 7.30pm

Entry by Ticket only £5, including Shepherd's Pie supper Tickets behind bar at the Club

STARS IN THEIR EYES

in aid of

Light Up Kinross

Masonic Hall, Kinross **Saturday 16 October**

8pm – midnight Ticket price £5

Available from: Dot, 864635 or Lorraine, 862941 or call in and ask for Margaret at MacBeth Currie Solicitors, High Street, Kinross

Kinross Garden Group

Bus Outing to the Enchanted Forest, Pitlochry

Wednesday 27 October

Tickets £17.00

For more details, contact: Mrs Rodger 01577 863785

Want a career in Nursing but don't have the qualifications?

The SWAP Access to Nursing/Midwifery Programme prepares adults for entry to University.

Starts September 2010

at Perth College

Call Freephone 0800 7310949 or email: swapeast@ed.ac.uk

Dyslexia Drop-in Session

Last Tuesday of the month, 6.30pm Loch Leven Community Library A local branch of Dyslexia Scotland

Scottish National Blood Transfusion Service

The next blood donor sessions at the Millbridge Halls, Kinross will take place on

Monday 18 October3.30pm to 8.00pmTuesday 19 October5.00pm to 8.00pm

The Service is most grateful for the support received from Kinross-shire

Are you young at heart?

Do you want to try out different exciting activities?

Do you want to feel like you have
achieved something great? Aged 18 – 65?

Girl Guiding Movement in Milnathort

If you have an hour to spare each week then you are just who we are looking for!!!

We are looking for someone to help with a new **Brownie Unit** in Milnathort. The current waiting list for a place in Brownies is now so big that we need to open a new unit. If you are interested in helping us out, contact Alison on 01577 864262.

Brownies is our section for girls aged seven to ten.

Brownies follow a programme called the Brownie Adventure. Girls can participate in a wide range of activities at their regular meetings, and at special events. They can find themselves trying out arts and crafts or recipes, playing energetic games or taking part in community action projects. Girls can also extend their knowledge and abilities by working towards Brownie interest badges covering many different hobbies and activities. The Brownie Adventure is divided into three areas: You, Community, World.

Mobility Scooters

Available to hire, free of charge, seven days a week from the Kinross pier

1st July – end October, 10am – 4pm

Telephone Simon Lennox on (01577) 862670 to make a booking.

This facility is available due to the generous co-operation of Historic Scotland and Montgomery Hotels Group/Kinross Estate

Pre-school activities at Loch Leven Leisure Centre

Wee Springers is a fun gymnastics based activity run on the following days and times:

Monday 10.45 - 11.15am 18 months - 3 yearsMonday 11.30 - 12 noon 18 months – 3 years Monday 1.00 - 1.45pm 3-5 years Monday 2.00 - 2.45 pm3-5 years Wednesday 10.00 - 10.45am 3-5 years 11.00 - 11.30am Wednesday 18 months – 3 years

Kiddie Kickers is a football based class:

Friday 12.30 – 1.15pm 3 – 5 years Friday 1.30 – 2.15pm 3 – 5 years Friday 2.15 – 2.45pm 18 months – 3 years

Please contact 01577 863368 for further details and to book



Changes to wet grassland at Vane Farm PUBLIC CONSULTATION



Saturday 9 October, 10am - 5pm

RSPB Scotland wishes to restore and improve 25 ha of wet grassland at RSPB Vane Farm Nature Reserve (address below). Our objective is to improve our ability to manage the area for the benefit of wildliæ, such as breeding and wintering waders, and wildfowl. We will achieve this by re-profiling the current wet grassland and existing shallow water bodies that have deep undulations, to wet grassland with shallow undulations. We will replace existing, and install additional, water control structures such as sluices, buds and ditches. The overall appearance of the site, i.e. a mosaic of pools and wet grassland, will remain similar to that at present.

As part of the pre planning consultation, RSPB Scotland will hold a public event on Saturday 9 October 2010 in the education room at Vane Farm Nature Centre. There will be a display of our plans and staff will be on hand to answer questions. The event will be open to all members of the public from 10am until 5pm. The education room is fully wheelch air accessible.

For additional information please contact:

Uwe Stoneman, Site Manager RSPB Vane Farm Nature Reserve Kinross, KY13 9LX. Tel no 01577 862355. Fax 01577 862 013

E-mail: uwe.stoneman@rspb.org.uk

Persons wishing to make comments to RSPB Scotland relating to the proposal may do so by writing or emailing the Vane Farm Site Manager, Uwe Stoneman (see above for contact details). Please note that comments made to RSPB Scotland are not *representations* to the planning authority (Perth & Kinross Council). If RSPB Scotland submits an application there will be an opportunity to make *representations* on the application to Perth & Kinross Council.

Funding Alert!

P&KC produces a huge list summarising funding opportunities for the voluntary sector. There are dozens of Trusts and Foundations giving away grants.

The list will be posted on **www.kinross.cc** or go to **www.pkc.gov.uk** and look for the voluntary sector page. *Contacts:*

The P&K Grants Direct Team 0845 605 2000 Steve MacDonald, P&KC External

Funding Officer 01738 477963

(Contact Steve MacDonald if you would like to subscribe to P&KC's regular e-funding bulletin.)

Hedges/Bushes/Trees Causing Obstruction

Property owners are reminded that it is their responsibility to cut back hedges, branches, bushes etc to ensure that pavements and public footpaths are not obstructed. Property owners may be liable if injury is caused to others and may be charged costs if Perth & Kinross Council is forced to take action.

SCOTTISH COUNTRY DANCING CLASSES

Classes will begin on

Wednesday 29 September at 7.30pm in Milnathort Town Hall. Beginners welcome.

Enquiries - Jennifer Wallace (01577-863855)

Lancastria Association of Scotland

Reg Scottish Charity No SC039936

COFFEE MORNING

Saturday 23 October

10.30am - 12.30pm in the Institute, Crook of Devon

Lancastria Display, Stalls, Raffle, Lucky Ticket Draw

All proceeds for The Lancastria Memorial Fund Tickets £2.50 at the door or contact Mrs F Symon, Hawthorn Vale, Gairney Bank, Kinross tel 01577 863879

By popular demand, the hugely success ful

CHARITY COMEDY NIGHT

is coming to Portmoak Hall, hosted by Kinross-shire Ladies Circle. With fantastic acts from the Glasgow and Edinburgh comedy circuit, Billy Kirkwood, Gary Little, Keir McAllistair and Barry McDonald

2 October Doors open 7.30pm

£10 per head, food and drink available, seating first come first served.

This event has sold out when held in Milnathort for the last two years and, due to demand for tickets, we are adding another night in Portmoak. Tickets sell out fast, so get yours soon.

All proceeds going to local charity, PLUS
Contact Kinross Ladies Circle www.kinrossladiescircle.co.uk
Tel: 07759213289 or 07845976666

Blythswood Care

(The Newsletter does not always have space to publish the full details regarding items which can and cannot be accepted, so readers may wish to cut out this Notice for future reference)

The Round South Truck accepts small items of furniture, clothing and bric à brac. The uplift of any larger items of furniture (e.g. sofas, beds, wardrobes etc) can be arranged by phoning Hillington on 0141 882 0585. All soft furnishings (e.g. beds, sofas, three-piece suites etc) donated to Blythswood Care must have a fire label with the British Standards code (BS7177) attached to it.

We regret that the Round South Truck cannot accept books. We are also unable to accept bikes, carpets, coat hangers, gas appliances, prams, televisions, small electrical appliances, exercise equipment or wall units.

The next collection will take place on

Tuesday 21 September between 10.30am and 11am

in Sainsbury's car park (if car park is full, van will park nearby,

e.g. Park & Ride or Ochil View)

Community Councils

Kinross: Secy: Mrs M Scott (01577) 862945

KinrossCommunityCouncil@pkc.gov.uk

Cleish & Blairadam: Secy: Mrs M Traylor (01383)830059, CleishCommunityCouncil@pkc.gov.uk

Milnathort: Secy: Mr J Giacopazzi (01577)864025

MilnathortCommunityCouncil@pkc.gov.uk

Fossoway & District Secy: Trudy Duffy-Wigman (01577) 840669,

FossowayCommunityCouncil@pkc.gov.uk

Portmoak: Secy: Mr J Bird (01592) 840368,

PortmoakCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
David Colliar	10 Rannoch Place	864037
Dave Cuthbert	Highfield Circle	861001
Barry M Davies (Vice Chair)	60 Lathro Park	865004
Ian Jack (Treasurer)	Burnbrae Grange	863980
Laura Mackay	Brunthill Farm	07872499145
Dot Mackay	29 Green Park	864635
Joe Richardson	47/49 High Street	863152
Margaret Scott (Secy)	21 Ross Street	862945
Campbell Watson (Chair)	7 Gallowhill Garden	s 861544
Bill Freeman	64 Muirs	865045

Perth and Kinross Councillors

Kathleen Baird, Easter Clunie, Newburgh, Fife, KY14 6EJ

Tel (home): 01337 840218. Email: kbaird@pkcgov.uk

Michael Barnacle, Moorend, Waulkmill Road, Crook of Devon,

Kinross, KY13 0UZ. Tel/Fax (home): 01577 840516. Email: Michael@mabarnacle.freeserve.co.uk

Sandy Miller, c/o Perth & Kinross Council, 2 High Street, Perth,

PH1 5PH. Tel (business): 01577 840462.

Email: SMiller@pkc.gov.uk

William Robertson, 85 South Street, Milnathort, Kinross,

KY13 9XA. Tel (home): 01577 865178. Email: wbrobertson@pkcgov.uk

Kinross Recycling Centre, Bridgend

Opening Times: Mondays to Fridays 9am to 7pm Saturdays and Sundays 9am to 5pm

Aluminium & Steel Cans, Car Batteries, Cardboard, Engine Oil, Fluorescent Tubes, Electricals (inc Fridges, Freezers, Televisions & Monitors), Garden Waste, Glass Bottles & Jars, Inert Waste, Metal, Paper, Phone Directories, Plastic Bottles, Textiles, Wood.

Fossoway and Cleish Community Office

A service for the Community, open:

Thursdays 2 pm - 4 pm Saturdays 10am -12 noon

Out of hours there is an answering machine

Tel: 01577 840185 Email: fccoffice@btinternet.com

Regular Library Sessions for Young Children

At Loch Leven Community Library.

No need to book, just come along.

Story Telling

every Monday morning 10.15 – 10.45 am every Thursday afternoon 2.15 – 2.45 pm

Bookbug Rhymetimes

every Saturday 10.30 – 11 am

and every second Wednesday 2.00 – 2.30 pm

(next Wed session: 8 September)

Bookbug Library Challenge: For children aged 0 to 4: On each visit to the library, children are given a sticker. A fler collecting four stickers, they are awarded a certificate.

Member of Parliament for Ochil & South Perthshire Constituency Gordon Banks MP

www.gordonbanksmp.co.uk

Email: constituency@gordonbanksmp.co.uk

For dates and locations of regular advice surgeries, or to raise any concerns you may have, please contact the constituency office: telephone 01259 721536, fax 01259 216761 or write to 49-51 High Street, Alloa, FK 10 1 JF.

MSP for Ochil Constituency Keith Brown MSP

will beholding regular

surgeries throughout his constituency area.

For information on dates, locations and to book an appointment time, please contact his assistant on 01259 219333.

Keith can also be contacted by email at **keith.brown.msp@scottish.parliament.uk**

or by writing to **80 Mill Street, Alloa, FK10 1DY**

Members of the Scottish Parliament

All MSPs can be contacted at the following address: The Scottish Parliament, Edinburgh, EH99 1SP

MSPs for Mid Scotland and Fife Region

Claire Baker MSP (Scot Labour) Tel: 0131 348 6759

Email: Claire.Baker.msp@scottish.parliament.uk

Ted Brocklebank MSP (Scot Cons) Tel: 0131 348 5610

Email: Ted.Brocklebank.msp@scottish.parliament.uk Murdo Fraser MSP (Scot Cons) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@scottish.parliament.uk

Christopher Harvie MSP (SNP) Tel: 0131348 6765

Email: Christopher Harvie.msp@scottish parliament.uk

John Park MSP (Scot Lab) Tel: 0131 348 6753

Email: John.Park.msp@scottish.parliament.uk

Dr Richard Simpson MSP (Scot Lab) Tel: 0131 348 6756 Email: Richard.Simpson.msp@scottish.parliament.uk Elizabeth Smith MSP (Scot Cons) Tel: 0131 348 6762 Email: Elizabeth.Smith.msp@scottish.parliament.uk

Mobile Library – Blairingone and Milnathort

Every Second Wednesday

Next visits: 8 and 22 September

Blairingone 9.30am - 9.45am Westerloan, Milnathort 2.10pm - 3pm Bridge fauld Road, Milnathort 3.05pm - 4pm Any queries telephone AK Bell Library 01738 444949

Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross, KY 13 8FQ Telephone: 01577 867205

Email: kinrosslibrary@pkcgov.uk

Opening Times

 $\begin{array}{ll} \mbox{Monday} & 10\mbox{am} - 6\mbox{pm} \\ \mbox{Tuesday, Wednesday, Thursday} & 10\mbox{am} - 8\mbox{pm} \\ \mbox{Friday} & 10\mbox{am} - 6\mbox{pm} \\ \mbox{Saturday} & 10\mbox{am} - 3\mbox{pm} \end{array}$

Kinross District Counselling Services

Kinross District Counselling Services offers a new, fully supervised, confidential counselling service brought to you in association with The Web Project.

It is open to all-comers.

To make an appointment call Hilary 07930 682902 or Wendy 07762 892252 (donations welcome to cover costs).

You can see us at "The Web", 28 New Road, Milnathort, KY13 9XA.

Kinross-shire Day Centre

Table Tennis • Videos • Cards • Dominoes
Daily Papers • Chiropody • Trips • Exercises

Weekly Programme

Monday	Elderberries	1.30 pm		
Tuesday	Bingo	1.30 pm		
We dnes day	Moming Service Dominoes	10.45 am, 1.30 pm	Quiz Afternoon Scrabble	1.30 pm 1.30 pm
Thursday	Art Class Dominoes	1.30 pm, 1.30 pm	Film Afternoon	1.30 pm

1.30 pm



Scrabble

Tea Dance Tuesday 28th at 1.30 pm



Friday

Coffee Bar open 9 am - 4 pm, Senior Citizens Lunches Daily Telephone: 01577 863869

LOCAL CHEMIST INFORMATION



Rowlands Pharmacy, Kinross

(opposite David Sands)

Mon - Fri: 9.00 am - 6.00 pm Saturday: 9.00 am - 5.00 pm **Sunday: 12.00 - 1.00 pm** Tel: 862422

Davidson's Chemist, Milnathort

Mon to Fri: 9.00 am - 1.00 pm & 2.00 pm - 6.00 pm Saturday: 9.00 am - 12.30 pm Tel: 862219



Perth Citizens Advice Bureau

The Kinross Outreach Advice Surgery is held on the **second** and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, The Muirs, Kinross.

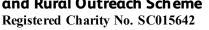
No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you – our advice is free, confidential, impartial and independent. Contact us: Advice line 01738 450580; Appointment line 01738 450581.

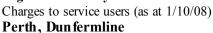
Mindspace

Mindspace is the counselling service for Perth Association for Mental Health (www.pamh.co.uk). We have Young People's Counsellors working in Kingges one day a week. Clients can self-refer visions.

Kinross one day a week. Clients can self-refer via email to info@mindspacepk.com, by telephone on 01738 631639, or by visiting our website at www.mindspacepk.com and filling in a referral form. Clients can also be referred by their GP. Mindspace also offers counselling to adults (18+) at their offices in Peth.

Kinross-shire Volunteer Group and Rural Outreach Scheme





Stirling, Kirkcaldy
Stracathro

Dundee
£15
Edinburgh
£8
£25
£15

Edinburgh
Loch Lewen Health Centre, local area
Loch Lewen Health Centre, outreach area
Co-ordinator: Ann Munro 01577 840196.

School Holidays, Academic Year 2010 - 2011

Academic vear Wed 18 Aug 2010 -Fri 1 Jul 2011 Autumn Holiday Mon 11 Oct 2010 Fri 22 Oct 2010 Fri 19 Nov 2010 In Service Days Thu 18 Nov 2010 Christmas Holiday Thu 23 Dec 2010 Wed 5 Jan 2011 In Service Day Wed 16 Feb 2011 Occasional Holiday Thu 17 Feb 2011 Fri 18 Feb 2011 Fri 15 Apr 2011 Mon 4 Apr 2011 Spring Holiday Easter Break Fri 22 Apr 2011 Mon 25 Apr 2011 In Service Day Tue 26 Apr 2011



May Day

Kinross-shire Fund Grants available for local community projects

Mon 2 May 2011 (tbc)



£8

£3

£4

e.g. Events, Information, Transport, Welfare, Physical Amenities, Recreational Facilities, Support for Care of the Elderly, Voluntary Organisations

For more information and to download an application form, see **www.kinross-shirefund.org** or contact Annabel Bath on 0131 524 0300

or email Annabel@scottishcforg

Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the kinross.cc website before applying to check whether a position is still available. (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Dairy Farm Assistant (part time), A & S Lawrie, Cuthill Towers, Milnathort

Relief assistant milker/calf feeder is required for this family farm. Person needed for weekend and holiday cover, hours are negotiable and full training will be given.

Please apply by email to Arthur Lawrie at

a.lawrie@btconnect.com

Chef de Partie (full time), The Windlestrae Hotel, Kinross

Salary negotiable.

Contact: Bruce Robbie at brucerobbie@green-hotel.com

Perth & Kinross Council www.pkc.gov.uk **Kinross Area Office** Tel: 01577 862351

21 High St, Kinross

Tel: 01738 475000 **Customer Service Centre**

(Mon to Fri, 8am-6pm)

Tel: 01738 625411 **Out of Hours Emergencies**

(Roads, flooding, environmental health and dangerous buildings)

Clarence (for non-emergency Tel: 0800 232323

road and lighting defects)

Recycle your waste and help the Friends of Wumenu Community Farm

(Charity No SC037724) www.friendsofwumenufarm.org.uk

The charity will take: old agricultural tools, bikes, clothes, fabrics, old sewing machines, art materials, duvets, curtains, blankets and bedding, kitchenware, toys, clothes, play equipment, power tools, garden tools and unwanted electrical goods in any condition. All goods can be collected.

Telephone Amu-Logotse on 07985 623870 or Barbara Willey on 01577 863063.



Recycling for **Breast Cancer Care**

Clare Abbot and Sue Smith are collecting

old clothes, bedlinen, curtains etc for recycling as part of their Trek Peru 2010 fund-raising efforts. They will do a five-day sponsored trek in Peru to raise funds for Breast Cancer Care.

Telephone 01592 840318 for further details.

Dementia Café for Perth & Kinross

A "Drop in" Cafe is held on the first CAFE Wednesday of every month, 10am-12.30pm, at The North Church Hall, High Street, Perth.

This service aims to offer information, support and a chance to have a chat for people with dementia, their carers and families. Volunteers along with professionals from health and social work are available each month.

For further information contact:

Jackie Daly 01796 474818, Andy Bennet 01738 636358, Debbie Howie 01738 562201.

Classified Adverts

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest checking the website for current availability (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter.

Items for Sale

Ercol suite £250.00

Three piece Evergreen model, colour golden dawn, peach floral cushions replaced recently.

£450.00 Ercol sideboard

Excellent condition 1040x460x930mm in golden dawn finish. Two door, two drawer. £1765 new a year ago.

For the above items contact: Carol McIntyre 01577 861659 dugaldmci@aol.com

PSP Leather case £2.00

Leather case, black, in original box

PSP games for sale £5 per game / £40 for the lot Used, in original box with instructions: BMX Challenge / Sonic Rivals / Harry Potter and the order of the Phoenix / Ridge racer 2 / Sims 2 pets / Simpsons Game / Sims 2 / Gran Turismo / Worms 2 / Open Warfare 2.

For the items above contact: Trudy Duffy-Wigman 01577 840669 duffy.wigman@btinternet.com

Complete aquarium set up

£100

I am selling my African cichlid set up. Juewl tank stand 120 superflux LED's (use very little electric). Ehiem ecco external filter, sand, 25kg Ocean rock 1 x female, 2 x male p.saulosi and a group of male and female yellow top cichlids. There is 1 spare female. No lid for the tank, but you can buy the spare flaps. also a tub of algae flake. which is all these cichlids eat.

01577863065 Seller Details: James Sinclair

animal artist2003@hotmail.com

Reid's terracotta fabric 2+3 seater sofas £150

Good condition, recently shampooed, big comfy sofas. Loose

cushions at back (picture on gumtree).

Seller: Tracey Erskine 01577863468

douglaserskine123@btinternet.com

Mountain Bike Tyres x 2 £15 for pair

26ins. Good Condition.

breast cancer

core-s

Seller: Mike Hughes 01577840385

Spanish family seeks Kinross-shire family for hosting/exchange visits

The Perez family have fallen in love with Kinross-shire after their recent holiday based at the Green Hotel. They wish to link with a local family over the next few years for cultural and friendship purposes as well as learning each others' languages. The parents (Paco and Blanca) live in Madrid and have two children Sergio (11) and Sara (7).

They are looking for a family prepared for regular Kinross and Madrid. exchanges between Anyone interested is asked to contact Dave Munro (01577 862126) for further details.

Are you suffering from Macular Degeneration?

A meeting is held by the Support Group at The Blind Society, New Row, Perth on the last Wednesday of the month. If you are interested or require further details, please contact Hazel Rennie, telephone 01738 442358.

Diary

Augus t			Page
Sat	28	Gaberlunzie at Kinross Rugby Club, 7.30pm	
Sat	28	lain Hunter Sings, Orwell Bowling Club	84
Sat	28	Fiddlers' rally, Dunfermline	84
Tue	31	Dyslexia drop-in session, Loch Leven Library, monthly	87
Tue	31	Tileagd Romanian Children's Choir at Kinross Parish Church, 6.30pm	
Tue	31	KHS Parent Council meets	45
Septemb	er		Page
Wed	1	Kinross CC meets	28
Thu	2	Fifty Plus Club meets	38
Thu	2	Thursday Group meets	52
Thu	2	Kinross Kobras Junior hockey training resumes for season	62
Fri	3	Job Shop at Library and every Friday until 8 Oct	4
Fri	3	Boys and Girls Brigade resumes	
Sat	4	Kinross Healing Rooms Training Course	38
Sat	4	Gazebo Gathering	7
Sun	5	Open Day at Muckhart Golf Club	54
Mon	6	Kinross Volleyball Club indoor training resumes	61
Tue	7	Fossoway & District CC meets	35
Tue	7	Lodge St Serf meets regularly	84
Wed	8	Mobile library visits Kinross-shire fortnightly	91
Thu	9	Milnathort CC meets	
Thu	9	Loch Leven Community Campus Partnership Meeting	12
Sat	11	Guided Walk at Vane Farm	70
Sat	11	Portmoak Film Society: Ratatouille	49
Sat	11	Milnathort Filmhouse: Cinema Paradiso	84
Sat	11	Family Fun Day in aid of Scottish Cot Death Trust	17 70
Sun Sun	12 12	Intermediate Photography course, Vane Farm Milipathort Filmhouse: Alvin and the Chipmunks 2	84
Tue	14	Milnathort Filmhouse: Alvin and the Chipmunks 2 Portmoak CC meets	32
Tue	14	Citizens Advice Bureau visits Kinross twice monthly	92
Wed	15	Peter Kerr visits Loch Leven Library	12
Thu-Sat	16-18	Kinross & District Art Club Exhibition and Sale	37, 84
Thu	16	Kinross Camera Club reconvenes for 2010-2011 season	36
Fri	17	Home Bru Concert in Kinross Parish Church, 7.30pm	84
Sat	18	Macmillan Coffee Morning at Potager Garden	49
Sat	18	Moubray Hall Powmill Centenary Celebration	84
Mon	20	NEWSLETTER DEADLINE	1
Mon	20	Free Try Curling session	62
Tue	21	Blythswood Care collection	88
Tue-Fri	21-24	MTKY - Back to the 80s	87
Thu	23	Kinross Floral Art Club: Seasonal Delights	84
Fri	24	Beer Festival Charity Quiz Night	37
Sat, Sun	25, 26	Doors Open Days	8
Sat	25	Round Table Beer Festival	37
Sat	25	Orwell Bowling Club Race Night	87
Sun	26	Fungi Foray, Loch Leven nature reserve	70
Sun	26	Back to Church Sunday	79
Mon	27	Milnathort Bridge Club reconvenes for 2010-2011 season	52
Tue	28	Dyslexia Drop-in session, Loch Leven Library	87
Wed	29	Kinross Bridge Club reconvenes for 2010-2011 season	
October			Page
Sat	2	Three-part Beginners Curling Course (also on 3 & 16 Oct)	62
Sat	2	Charity Comedy Night	88
Sun	3	Fungi Foray, Loch Leven nature reserve	70