



Kinross Newsletter

Founded in 1977 by Mrs Nan Walker, MBE

Published by Kinross Newsletter Limited, Company No. SC374361

Issue No 390 October 2011

www.kinrossnewsletter.org

ISSN 1757-4781



DEADLINE
for the November Issue
2.00 pm, Monday
17 October 2011
for publication on
Saturday 29 October 2011

Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge (we only charge for business advertising – see below right). All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletter.org
(all emails will be acknowledged)

Post: Eileen Thomas
Editor, Kinross Newsletter
50 Muirs, Kinross, KY13 8AU

Hand in: 50 Muirs, Kinross
or: 24 Victoria Avenue,
Milnathort

Editor

Eileen Thomas
50 Muirs
Kinross, KY13 8AU.....863714
editor@kinrossnewsletter.org

Advertising Manager

Ann Harley
2 Hatchbank Road,
Kinross KY13 9JY.....864512
advertising@kinrossnewsletter.org

Subscriptions

Glenn Neve
Saltire Transport Services
15 Marshall Place
Ballingry, Fife KY5 8JW01592 860808
subscriptions@kinrossnewsletter.org

Distribution

Glenn Neve (address & tel as above)
distribution@kinrossnewsletter.org

Treasurer

Ross McConnell
3 High Street
Kinross KY13 8AW.....865885
treasurer@kinrossnewsletter.org

CONTENTS

From the Editor	2
Letters	2
News and Articles	4
Police Box.....	11
Community Councils.....	12
Club & Community Group News	20
Sport	35
News from the Rurals	45
Out & About.....	46
Gardens Open.....	48
Congratulations and Thanks.....	49
Church Information.....	50
Playgroups & Nurseries.....	53
Notices.....	54
Day Centre & Chemists.....	60
Classified Adverts, Situations Vacant.....	61
Diary.....	62

Front Cover: Aerial view of Kinross courtesy of Wallace Shackleton.
(Taken on 2 September 2010 from the back of a microlight.)

Commercial Advertising in the Newsletter

Display Adverts

For details on how to place a Display Advert, please go to our website www.kinrossnewsletter.org and click on Advertising for full details, or contact our Advertising Manager. The deadline for new Display ads or changes to Display ads is three days before the normal monthly deadline for copy, so the deadline for display ads is **Friday 14 October**.

Typed Adverts

A typed advert may be placed for one or more months. These adverts are text only (no graphics allowed). Prices shown are effective from April 2011 issue. There are two rates:

Up to NINE lines (including blank lines) £7.00 per insertion

TEN to FIFTEEN lines (including blank lines) £13.00 per insertion

As a guide, eight words is the maximum that can be fitted on a line. To place a Typed Advert, contact our Advertising Manager, Ann Harley (see left for contact details). You will need to send her:

- Your name, address, telephone number and, optionally, email address.
- The wording of your advert.
- A note of the number of insertions required.
- Your remittance – cheques payable to “Kinross Newsletter Ltd”.

Send all this to the Advertising Manager by the normal monthly Newsletter deadline (see top of left-hand column for date).

The Newsletter reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a Typed Advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy.

Editor Eileen Thomas **Typesetting and Layout** Tony Dyson **Word Processing** Julia Fulton
Advertising Ann Harley **Treasurer** Ross McConnell **Distribution** Glenn Neve **Subscriptions** Glenn Neve



Letters

Editorial

The film of the Potager Garden, shown as part of BBC TV's *Beechgrove Garden* on 5 September, was delightful. The garden was looking lush and fertile and the excitement on the schoolchildren's faces during the harvesting of the vegetables they'd planted was a joy to watch. Well done to all those who volunteer at the garden and to those who were involved in setting it up. It has been a real success story.

As any Newsletter shows, Kinross-shire is full of voluntary groups of every type, so there is something for everyone. If you are new to the area, you will probably find your interests are catered for by one of the groups reporting in the Newsletter, or check the community website at www.kinross.cc for lists of clubs and a huge array of other useful information.

Powmill stockist: Our outlet at Powmill has changed. We are no longer selling Newsletters at Powmill Stores, but they will be stocked at the Powmill Milk Bar. Many thanks to Anne at the Milk Bar for this. A full list of our stockists can be found on our website, www.kinrossnewsletter.org

Note to Contributors

A great deal of the Newsletter comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the Newsletter.

Letters Policy

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the Newsletter. The Newsletter does not necessarily agree with any of the views expressed on the Letters pages. In *special circumstances* addresses may be withheld from publication on request (but must still be supplied to the editor).

Note to Readers: Advertising

Inclusion of advertisements in the Newsletter does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

Abbreviations:

PKC: Perth & Kinross Council
CC: Community Council
Cllr: Councillor
CCllr: Community Councillor

Denise Dupont

has vacancies for primary tuition in Maths and English
I have 14 years experience of teaching in
Primary schools and 2 years as a tutor
References can be provided

Phone: 01577 861465
Mobile: 07541056286
Email: denise.dupont@hotmail.co.uk

Deadline for all Submissions
2.00 pm, MONDAY 17 October
for publication on Saturday 29 October

A wonderful Scottish wedding- our thanks 10 Sep 2011

Our friends and relatives are still talking about the weekend our daughter Chloë and Richard married last May, and we thought we should share our wonderful experiences and thanks.

We all want to thank Rev Joanne Finlay, Minister of Cleish Parish Church, for a beautiful, touching and unique Scottish ceremony. The lovely old Church was enhanced with breath-taking flowers thanks to Claire Paton.

Whilst the guests enjoyed a comfort break in the neighbouring Village Hall, the photographer, Martin Pettinger, took stunning photographs in Tullibole castle's wonderful setting.



Chloë and Richard at Tullibole Castle

The guests arrived to the sound of a piper atop the tower, setting the scene for a truly magical reception in the Great Hall and marquee. Delicious food and a world-class ceilidh band followed.

All have asked us to thank Lord Rhoderick and Lady Alison Moncreiff for being such wonderful and accommodating hosts, and we owe them our heartfelt thanks.

Finally, we have been asked to thank both the local hoteliers and B&B providers who made our guests so welcome and David Colliar for making sure all got safely back!

We felt proud to live in Kinross-shire; guests came from all over the world, with the majority from south of the border, and many stayed on longer to enjoy the area.

Our memories and the wonderful photographs will give us cheer through the winter and for many years.

Helen & Bob Pass
Dalqueich Farmhouse, by Milnathort

Grass Cutting, Rotovating
Hedge Trimming, Tree Pruning
Turfing, Slab Laying, Fencing
work undertaken

I. Robertson, Station Road, Crook of Devon
Telephone : Fossoway 01577 840526

Community Councils**10 Sep 2011**

When we moved to Milnathort sixteen years ago, we bought the Newsletter and were amazed at the number of clubs and organisations available. In the Newsletter there were also details of the Community Councils so we thought it would be a good way to get to know people and the area if we attended the CC meetings in both Milnathort and Kinross. We did and it was!

I had been a Community Councillor in Lesmahagow, Lanarkshire, where we had previously lived and found local issues are quite similar in both areas, being rural, farming communities but within expanding residential areas. Councillors both here, and in Lanarkshire, being a similar, diverse group of **unpaid** volunteers from all walks of life giving **freely** of their time.

It is a pity that more people do not attend CC meetings more regularly and not just when they have a particular axe to grind. No small wonder too that people do not put themselves forward for election to the CCs when letters to the Newsletter contain so much anger and criticism. Constructive criticism would surely be welcome, which did not seem to be forthcoming.

I am writing this letter to express my thanks to the many volunteers of all groups and organisations in Kinross-shire, who surely do make it "A Better Place to Live".

Jill Sheridan
19 Marshall Place, Milnathort

Response to J Richardson**19 Sep 2011**

I refer to the letter from J Richardson published in the September (issue 389) of the Newsletter in which he claims to "support" Chairman Watson against what he regards as my "campaign" against Kinross CC.

Interestingly he in effect supports my view by stating "Mr Watson maybe should have taken no part in this topic of discussion and passed the chair to the Vice Chairman for this item".

This was exactly my point and for this reason I am suggesting it is time Chairman Watson resigned his position due to, as Mr Richardson puts it, his ongoing "business interests" in various proposed planning issues.

What is even more surprising is that Mr Richardson is rushing to defend Kinross CC at all when in the February 2011 Newsletter (Issue 382) he wrote a scathing letter in criticism of Kinross CC.

He wrote with some authority, being a Kinross CC member for three years: "For far too long Kinross CC has allowed the "old brigade" to steer the CC on a path which suits them and not necessarily for the benefit of Kinross. I fear for the future of Kinross in the next few years with many major developments planned for the area."

I could not put this better myself!

Finally Mr Richardson claims my letter was "part of an ongoing campaign against Kinross CC.... for a number of years" and that he "was aware of this while on Kinross CC". I have only recently resumed attending Kinross CC meetings and prior to this have not attended for several years. To my knowledge I attended none when Mr Richardson was ever present.

Anyway I am glad Mr Richardson chose to write as he has kindly, if unwittingly, helped make my case.

Ken Miles
Turhills House, Kinross

Potager Garden**18 Sep 2011**

May I, through the letters page, invite anyone in the Kinross area to visit the Potager Garden in Bowton Road, Kinross. It is open every day and provides a pleasant sheltered place to sit and enjoy the ambience of the garden.

On 5 September, the Kinross Potager Garden was featured on the BBC 'Beechgrove Garden' programme. Children from Kinross Primary School were shown harvesting vegetables they had planted and cared for during the summer term.

When the children are not there, volunteers look after the vegetables and the other parts of the garden. **MORE VOLUNTEERS ARE URGENTLY NEEDED** to weed, to pot on seedlings and take cuttings. (We sell them to finance the Potager.)

Soon, I hope, we will not need to ask for volunteers to water the greenhouse and frames since we are fortunate enough to have obtained a grant towards fitting an automatic watering system for the garden. We hope that it will be installed this autumn.

Volunteers meet on Monday mornings from 10.30am. Just occasionally there is no Monday meeting. Please check with the organiser Amanda James - details in the Potager report.

If you like gardening - or would like to learn more about vegetable growing or taking cuttings - and have a free morning on a Monday occasionally, **PLEASE VOLUNTEER**. This invitation is for men and women. At present the only man who comes on a Monday, Donald, would really welcome some male company.

I do feel that encouraging the next generation to discover the satisfaction of growing and harvesting vegetables is a very worthwhile activity.

Rosalind Irving
The Cobbles, Kinnesswood

Scary dog at Kirkgate Park**16 Sep 2011**

My children and I were at Kirkgate Park on the morning of Thursday 15 September and had our fun ruined by a very excitable Rottweiler, and, in my opinion, a very inconsiderate dog owner.

While my toddlers and other very young children were playing in the smaller park, the dog ran up and constantly bounded around in between the children. When he nearly knocked me off my feet, his owner apologised but twice refused to put the dog on its lead when I asked. She pointed out that her own small son was also in the park and that her dog had a good temperament. But dogs such as Rottweilers can turn nasty in seconds - especially against children. I would rather not have to remind readers of some terrible cases of child fatalities caused by Rottweilers and other similar breeds.

Surely, with acres of open land all around, dogs could be kept on the lead in the small vicinity of a children's play park? Surely, even if there is no legal requirement to keep large dogs on leads in the playpark it is morally right to do so when other mothers and myself felt so uneasy we left the park with our children? Surely it is better to be safe than sorry?

I am not in the habit of writing complaint letters and usually have a live and let live attitude. But I am glad to be writing this warning letter instead of a far more tragic story involving a Rottweiler and small children in Kinross. I hope all dog owners will have a lot more consideration that the one I encountered.

Julie Joyce
Burnbank Meadows, Kinross



News & Articles

News from Councillor Baird

Hedges and Verges

Hedges and verges have been discussed at many community meetings in August. To cut or not to cut? Who owns the hedge? Some presume if it is on a roadside it must be the Council and it should cut it when it looks untidy.

Most hedges are owned and managed by the landowner or farmer and are cut at the appropriate time, which is not when birds are nesting. Most are cut from October onwards. The exception is where a privet hedge is causing an obstruction on a pavement. Council-owned hedges are cut during October and November; frequency depends on the amount of growth.

Residents who are concerned about a hedge that may be causing an obstruction to pedestrians should contact Council on 01738 475000 in the first instance to establish ownership. A safety issue will be dealt with promptly.

I am sure you have all noticed that the weather has not been kind to gardeners and farmers lately as they struggle to get the harvest in. Maybe we need to have a wee bit sympathy for farmers if the hedges are not cut as swiftly as we would want.

Community Councils

By the time you read this, nominations will have closed for the forthcoming Community Council elections and I would like to thank all those who have served on Community Councils in the past and may be standing down. I hope communities will support all those who are nominated and subsequently elected at the forthcoming election on Thursday 3 November (if required).

Some Community Council meetings are well attended by the public and others have no public representation unless there is a major planning application!

Please come along and hear what your Community Council is trying to do for your community,

Councillor Kathleen Baird

Local MP visits Kinross sports event for youngsters

Gordon Banks MP visited a Sports 4 All night held in Kinross in August. These community events are organised by Tayside Police in conjunction with St Johnstone Football Club. The idea is to create an opportunity to engage with youngsters in a positive way and at the same time create an outlet for their energies. Coaches from St Johnstone FC attended this session.

Speaking after the evening Gordon said:

"I was really happy to be able to attend this event and see just how engaging youngsters in this kind of activity, which on the night was football but could be one from a range of other sports, can deliver a benefit.

"The kids really seemed to enjoy themselves; one young boy said it was so good he would have paid for it!

"Thanks really must go to all involved, especially PC Mitchell and his colleagues, Sands Supermarket and St Johnstone FC for their help on the night."

Kinross markets closure

The long established Kinross Sunday Market and Saturday Car Boot Sales were due to close on the last weekend of September.

Site-owners Scottish Motor Auction group (SMA) distributed leaflets to stallholders on the last weekend of August, giving them four weeks' notice of the closure. Some reasons cited were complaints from neighbours, increased planning and operating requirements needed to comply with various regulations and a downturn in the numbers attending the markets.

Cllr Sandy Miller said, "I have been contacted by residents who assure me that they have made no complaints in recent times and any concerns they raised with the local manager were attended to satisfactorily.

"One of the residents, Mr Paul Cormack, attempted to explain to traders the position and they were so angry and abusive toward him that he had to leave the site.

"I would strongly suggest that if SMA wish to maintain good relations with the local community they should look into this matter and issue a full apology and ensure that the traders are better informed about the reason for closure."

Some of the participants at the car boot sale seemed to be under the impression that it was the Council that was closing down the operation, but Cllr Miller said, "Perth and Kinross Council have not been involved in any action to close the market."

As the last weekend of markets drew near, the SMA group was not returning calls to local press.

Community Council election arrangements

Under the revised Scheme of Establishment of Community Councils in the PKC area, all CC elections will take place on the same date and will be on a four-yearly cycle.

The first election is due in November this year.

Nominations for election closed on 29 September.

If less than 50% of nominations were received for a CC by the Close of Nominations, the returning officer shall extend the period for receipt of nominations by ten days.

If there are more candidates than seats on a CC, postal votes will be issued on 20 October and these need to be returned by Thursday 3 November.

The counting of votes cast will take place on 4 November.

ALDERBANK LTD

Hardwood Flooring Specialists

- New Floors Supplied and Fitted
- Old Floors Repaired, Sanded and Refinished

For Free Advice and Quotations
Call **Niall Simpson on 07508 418848**
or **01259 781394**

Kinross-shire Music Festival 17-20 November



Music and Dance Workshops

Come and try one of our music and dance workshops during the music festival. These workshops are open for children and adults (unless stated differently). Most workshops are for free but booking a place is advisable. Please go to www.k-m-f.org.uk for more information about the workshops (time/venue) and to download a booking form.

Accordian

Alan Small, the All Scotland Accordion champion in 2002, will do an accordion workshop for anyone who can already play the accordion. All levels welcome! Beginners as well as long as you can read music.

Cool Schools

Get into a Carnival spirit and come and see the young musicians from the Saturday Cool School rehearse their samba drumming. As well as observing and listening, there will be many chances for audience participation in the skills of Brazilian Drumming.

Dance a Story

Dance a Story is imaginative and active fun for young children. An action packed story experience through movement, music and vivid imagination.

Dance Dudes

Dance Dudes is a dance class for all abilities but those with learning and mobility challenges will be specially catered for. Dance teacher Adele Hersey uses creative and imaginative dance movements, but the main idea is to have lots of fun!

Glee Workshop

Inspired by TV hit show "Glee", this exciting workshop will be an action packed day of singing, dancing and acting. The workshop starts at 10am and finishes at 4pm with a break for lunch.

Open String Workshop

Come and have a go at playing a violin or viola, a cello or double bass. Want to know more about the string family? Bring your own instrument or choose from those available.

Kinross & District Pipe Band "Come and Try"

Workshop

A workshop for anyone who is interested in the idea of piping or drumming.

Music, Mantra and Meditation

An opportunity to try mantras with music from the Kundalini yoga tradition.

Singaround

Doris Rougvie will be hosting a singaround session – a place for young and old to share some songs, any style, and in the best of company. Everybody is welcome – to sing, to join in choruses, or simply listen.

Street Dance workshop

Dance teacher Lauren Ryznar will get the kids on their dancing feet with a street dance workshop which includes hip hop, jazz and musical theatre.

Windband Workshop

This session is for everybody who would like to find out more about wind, brass and percussion playing. Find out how the different instruments work

Tickets for music events

Tickets for the main events and the Rover ticket are for sale via Sands Ironmongers in Kinross, the Post Office in Milnathort and our website www.k-m-f.org.uk

The Kinross-shire Music Festival is part-financed by Awards for ALL and the Scottish Government and the European Community Rural Tayside LEADER 2007-2013 Programme.

Mozolowski & Murray donate garden room to Rachel House

Residents, visitors and staff at Rachel House in Kinross can now relax in the gardens of the children's hospice all year round, thanks to the donation of a bespoke garden room by local business, Mozolowski & Murray.

The individually designed garden room was manufactured using natural materials so it blends with its surroundings. The garden room can be used all year round as it is fully insulated and fitted with subtle internal lighting and electric heating. It also has bi-fold doors, which open out onto the garden to allow plenty of light.

Suppliers, including Kahrs Flooring UK, Keyline, Paragon Profiles, Sealco, Supaseal Glass and Timbmet Ltd, donated materials as part of the project.



l to r: Alan Martin (Mozolowski & Murray crafts man), Virginia Murray (a Director at Mozolowski & Murray), Roslyn Neely (Director of Fundraising and Communications at CHAS) and James Walker (Mozolowski & Murray).

This is the second major project that Mozolowski & Murray have been involved in at Rachel House, after previously building a conservatory for the children's hospice.

Roslyn Neely, Director of Fundraising and Communications at CHAS, said:

"The garden room is a wonderful and tranquil space, which will benefit the children, young people and their families, as well as visitors. It offers an alternative space, separate from the main building, for people to visit and take some time out. Thanks to Mozolowski & Murray and everyone else involved, the new area has transformed this corner of the Rachel House garden."

Mozolowski & Murray was founded in Kinross over 30 years ago. It is now one of Scotland's leading conservatory companies, with a design centre in Edinburgh as well as the workshop and factory in Kinross.

Contributors – please send your item well before the deadline if you can

Loch Leven Heritage Trail

By Neil Kilpatrick, Project Director

Due to steady progress on the construction work, in spite of the gales and the rain, we are now able to set an opening date for the extension of the Loch Leven Heritage Trail which will run from Kinross Pier to the south west side of Kinross Mill. The Opening Ceremony will take place on **Monday 31 October at 11.30am** at the Todd & Duncan entrance to the Trail. We are delighted to announce that Ian McGrattan, Managing Director of Todd & Duncan Ltd., will open the new trail section.

The remaining work on the project consists of finishing off the erection of the new Bird Hide designed by Icosis, widening the pavement on the B996 between the Old Cleish Road junction and the Mill, installing the necessary signage and generally tidying up by our main contractor SAPCo Services Ltd.

The foundations for the Bird Hide have proved to be a serious engineering challenge in view of the need to prevent the kind of ice damage that damaged the other two hides on the loch over the recent extreme winters. The approach this time has been to use pre-cast concrete piers and, although more expensive, it is hoped that this will provide a much more robust solution. The new hide has a superb position overlooking the bay and should offer excellent viewing of the duck populations.

If the remaining work is completed well ahead of the Opening Ceremony, then it may be possible to allow informal public access to the Trail ahead of that date. In this eventuality the entrance barriers will be removed.

Council prepares for winter

PKC is preparing for winter with changes to its winter maintenance service. A number of actions were agreed at the Enterprise and Infrastructure Committee in September to make best use of resources in responding to this year's winter:

- PKC increased its pre-season salt order by 20%.
- As salt loses its effectiveness in temperatures below around minus 5°C, sand will be added where appropriate to provide traction.
- In severe snowfall events, priority routes will be re-categorised.
- Based on feedback from CCs, some grit bins will be re-located to better serve communities.
- The Farmers Assistance Scheme, where farmers clear snow on public and their own private roads using ploughs provided by PKC, will be extended to involve farmers earlier and more widely in snow clearing.
- Two additional Ice Early Warning Stations and a camera site will be installed to allow for quicker response times and effective use of manpower resources.
- PKC will trial innovative equipment to help grit streets that are inaccessible to large gritters, and to plough down through snow to the road surface, therefore helping to reduce the need for re-treatment of the route.

Following feedback from communities, PKC will investigate the setting up of a self-help scheme with interested community groups.



News from the Health Centre



Annual flu Campaign

Saturday Flu Clinics

The autumn seems to have come round quickly again and we have therefore made plans for the annual flu campaign. As in previous years, the flu clinics will be on Saturday. The dates are as follows:

Saturday 5 November	8.30 am to 5.00 pm
Saturday 12 November	9.00 am to 1.00 pm
Saturday 19 November	9.00 am to 1.00 pm

Appointments may now be booked with reception.

The doctors would encourage all those in the following groups to come for a flu injection:

Over 65s	Those over 65 by 31 March 2012
Those aged 6 months or over in clinical 'At Risk' Groups	Chronic respiratory disease and asthma that requires continuous or repeated use of inhaled or systemic steroids or with previous hospital admissions. Chronic heart disease Chronic kidney disease Chronic liver disease Chronic neurological disease Diabetes Immunosuppression
Pregnant women	Pregnant women at any stage of pregnancy
Long stay residential	Those living in long stay residential care homes or other long stay care facilities
Unpaid Carers and young carers	Those who, without payment, provide help and support to a partner, child, relative, friend or neighbour who could not manage without this help. This could be due to age, physical or mental illness, addiction or disability. Young carers are those under 18 who carry out significant caring tasks and assume a level of responsibility for another person which would normally be taken by an adult.

Patients who have just become 65, or will be 65 by 31 March 2012, will also be offered the pneumovax vaccination.

Clinicians will visit the day centre, and the residential and nursing homes as usual.

Appointment Booking On Line

We had hoped that the online appointments software would be available so that patients could book their flu appointments on line. However, there are a number of problems with the software at present and we have decided that it would be better to wait until these have been resolved before patients try to use it. Regrettably, there is no definite date for the release of the updated software, but we hope that it will arrive early in the New Year. This will be too late for this year's flu campaign, but it will be possible to book other appointments on line.

Best Kept Village Competition

The photo below shows judges, winners and Civic Trust organisers of the Kinross-shire Best Kept Village and Best Kept Hamlet competition at the presentation of the Awards in Cleish on 31 August. The competition is organised annually by the Kinross-shire Civic Trust.



Flexible respite breaks available for carers

PKC would like to remind local carers that they can take a short break from caring through its 'Flexi Respite' scheme. To find out more about this service, please contact the Council's Access Team on 0845 30 111 20 or by emailing accessteam@pkc.gov.uk

The Big Listen

Until 14 October, PKC is asking for residents' opinions and feedback on the Council's library, museum and galleries, arts development and instrumental music services.

An online questionnaire can be completed at www.pkc.gov.uk/thebiglisten

HIGH STREET SEWING

Alterations, Repair and Make-up
trousers, jeans, skirts, dresses, shirts, suits, jackets,
coats, curtains, roman blinds, cushions and more!

Quality work and affordable prices!
Please call Linette Mann for an appointment
Tel. No: 01577 865341 / 07732902419

Household textiles trial collection

Householders in Kinross will have the chance to take part in a trial Council scheme, enabling them to recycle clothing and household textiles as part of their kerbside recycling service. The pilot scheme is being carried out in conjunction with Clothes Aid on behalf of locally based charity the Children's Hospice Association Scotland (CHAS).

Collection bags and information leaflets were delivered to households in the week beginning Monday 19 September.

Householders can present their bag next to their blue-lidded bin on the first blue-lidded collection day of the month. Clothes Aid will follow the same route as the Council refuse collection vehicle and will collect the bag and deliver a new collection bag through the householder's letterbox.

Textiles that can be collected are all quality men's, women's and children's clothing, shoes (tied together in pairs), accessories such as hats, scarves and belts, and linen including pillow cases, duvet covers, sheets, curtains and table cloths.

Other parts of the local authority area are taking part in the trial in conjunction with the charity Capability Scotland.

For more information on recycling, see the Council webpage www.pkc.gov.uk/recycle or telephone 01738 476476.

Keep smiling through Radio 4 show comes to Portmoak Hall

Scotlandwell musician Dave Batchelor is bringing home a show he originally devised for BBC Radio 4. 'Keep Smiling Through' is on at Portmoak Village Hall on **Saturday 5 November** at 7.30 pm.

The show started life as a Radio 4 series which told the story of the Home Front through unpublished diaries, newspapers and songs of the time. Former BBC producer Dave thought it would work well on the stage and it enjoyed a successful run at the Edinburgh Fringe as well as in theatres around Scotland.

The story starts just before the war and for an evening we share the lives of people in Britain during the next six years: the rationing, the land girls, the blitz, the songs, the evacuation and George Formby's handy hints on uses for a gas mask.

'Keep Smiling Through' features two leading Scottish actors: Crawford Logan, a stalwart of radio drama (Paul Temple in this autumn's thriller serial), and Gowan Calder, daughter of the late academic Angus Calder whose research made 'Keep Smiling Through' possible. They are joined on piano by Eric Rice from the Royal Scottish Academy of Music and Dave himself, singing the songs and playing trombone.



The cast of "Keep Smiling Through"

"Eric and I do our best to impersonate the Glen Miller Band on our own" says Dave, "and there are plenty of songs people will recognise, plenty to laugh about and, of course, some moments of sadness."

And if you're busy on the 5th, 'Keep Smiling Through' is also in Strathmiglo Village Hall on **Wednesday 2 November** and Dunning Village Hall on **Thursday 3rd**.

Tickets from:

Dave Batchelor dave@davebatchelor.co.uk

01592 840233 07740 982367

The Old Manse, Scotlandwell, Kinross KY13 9HY

On the subject of Glen Miller, Dave will also be leading the Scottish Swing Orchestra in the Big Dance as part of the Kinross Music Festival on **Friday 18 November**.

Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit **www.kinross.cc**

IT's all go at Kinross Learning Centre



As the holiday season comes to an end and autumn begins, Kinross Learning Centre in Swansacre has a wide range of IT classes on offer to keep you busy over the winter months. Whether you want to do your weekly shopping on-line, find cheap holidays on the Internet, or just keep up with the children and grandchildren, the beginners' classes have been designed to give you both skills and confidence.

The 8-week Welcome to Computing will provide an introduction to the PC, from mouse and keyboard skills to word-processing and making the most of the Internet and e-mail. For those with a little more experience, who'd like to understand more about how their computer works, Effective PC Management offers basic technical skills to help ensure that their computer works at maximum efficiency. These classes are due to start in mid-October, so there is still time to book a place.

Welcome to Computing

starts Monday 17 October, 7 – 9 pm, £55

Welcome to Computing

starts Tuesday 18 October, 2 – 4pm, £55

Effective PC Management

starts Tuesday 18 October, 12 – 2pm, £55

As well as these tutor-led classes, the centre offers a wide range of "open access" IT courses. These allow learners to decide where and when to learn and can be started at any time. Many students combine learning in the centre with time on their own computer at home or work, which provides the flexibility they need to balance study with work and family commitments.

Choose from a wide range of programmes for a range of abilities:

Information and Communication Technology (Level 4) provides an introduction to the main elements of Microsoft Office (Word, Excel, Access, Powerpoint) whilst the Level 5 course offers a more in-depth study of the regularly used features. Anyone looking for a formal qualification to improve employment prospects should consider the European Computer Driving Licence. As these courses carry formal accreditation, they benefit from Individual Learning Account (ILA) funding, which means anyone earning less than £22,000 may be able to study for free!

To find out more about any of these classes, or the funding options available, please contact Maureen Ross on 01577 863863 or visit the Learning Centre at Swansacre. Full details are also available on Perth College's website, www.perth.uhi.ac.uk.

Ochil & South Perthshire Conservative & Unionist
Association

COFFEE MORNING

Kinross Church Centre
Saturday 8 October 2011

10.00am - Noon

Entry £2.00 Raffle Home Baking

The benefits of Kundalini Yoga

By Susan Bathgate

We live in interesting times. With 24/7 news and communications, we receive more information in a week than many of our predecessors did in a lifetime.

There is a good chance we need to act on much of the information we receive, at the very least deciding whether or not it is relevant to our lives.

Yoga and meditation can help provide a buffer zone for an overload of the stress and tension which can accumulate in our bodies (mental, emotional, and physical) and which can break down body systems opening us to disease and discomfort.

All yoga reintroduces health to the body and mind. Kundalini yoga is said to do this more quickly.

Since starting to practise Kundalini yoga, I have been astonished to find how much tension I was holding in my body. I was unaware of holding it and seemed void of a means of releasing it. Kundalini yoga teaches techniques which enable deep tension release.

A typical Kundalini session is made up of the following segments:

- Warm up: A series of movements used to warm the body in preparation for the Kriya.
- Kriya: Fundamental to Kundalini yoga, this is a sequence or recipe of postures, integrating breathing and mantra, which might act on specific systems in the body. For example there are kriyas for adrenals and kidneys, for healthy bowels, for lungs and circulation and many more. There are also many to act on particular psychological states. It is this recipe that seems to give the specific efficiency that Kundalini yoga acquires a reputation for.
- Mantra: Sequences of sounds which, through their repetition, act in particular ways, releasing debris from our systems.

Many concepts are found in Kundalini yoga which are unfamiliar in the western world and not yet measurable by our current scientific techniques. The awareness of them has come from yogis with acute awareness of their physical and electromagnetic systems and a resulting awareness of what techniques maximise their health and functioning. The energy systems I refer to incorporate chakras, meridians, reflex points and other phenomena you might come across in complementary therapeutic techniques.

As a window to health I have found this yoga intriguing and rewarding. It has supported my own recovery from a chronic condition as well as increasing my wellbeing and fitness.

I am delighted to offer some of the first Kundalini yoga classes in Scotland or one to one sessions by arrangement.

Susan Bathgate is a Kundalini Yoga Instructor registered with the Kundalini Research Institute. For more information, telephone 07772 186268.



Giant found in Kinross-shire

A Giant Puffball mushroom has been found just north of Balado. John Gallacher, a professional ecologist, has never come across this species in the Kinross-shire area before until finding this one in a verge in September. John said, "We did sample the fungus by frying some off in a little butter and finished off with lemon juice – delicious!"



Mhairi Gallacher, aged 7, with the Giant Puffball

Giant Puffballs, *Calvatia gigantea*, generally grow to be 10 to 70 cm in diameter. When this mushroom is young, the solid white flesh is edible. However, the Giant Puffball can resemble other species which are poisonous. The Giant Puffball itself becomes dangerous to eat once the fruiting body has developed and starts to decompose.

As a professional ecologist John knew what he was doing, but we would warn against picking fungi in the wild.

Join the Big Bucket collection

This December, during Childhood Cancer Awareness Month, CLIC Sargent will be holding its Big Bucket Collection in hundreds of local communities across the UK to raise over £100,000 for children with cancer. They have collections venues booked in this area and are looking for volunteers to join in the fun by getting their friends and family together to collect for a day. CLIC Sargent will match you to a venue and give you all the guidance, materials and support you'll need to raise money, raise awareness and raise a smile this December. To get involved and for more information please contact them on 0845 121 2495 or visit www.clicsargent.org.uk/bigbucketcollection



Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone Glenn Neve on 01592 860808 or email

subscriptions@kinrossnewsletter.org

DRIVING TUITION

LOCHLEVEN DRIVING SCHOOL

Call Marie Scott
on
Kinross 862266

Established 23 years

Managing the Emotions of Redundancy

By Caroline Winn

Redundancy is an ever-present reality during these difficult economic times. Career and job search advice is readily available, with companies often providing this as part of a redundancy package. Unfortunately, there's very little information available on coping with the actual emotions surrounding redundancy. As a coach specialising in managing emotions, I'd like to share my experience and top tips with you.

1. Recognise that YOU are not redundant, your JOB is.

Separating yourself from your actual job is vital to your emotional well-being. YOU are still the same person, with all the skills, experience, talent and energy that you've always had. Your JOB may be disappearing – YOU will not. There *are* companies out there who *will* value you and your skills.

2. Don't take the redundancy personally.

This can often be the hardest thing to accept, yet the most important thing to learn! Redundancies are usually "just" a numbers game, with businesses doing whatever is necessary to ensure their survival and a financial return to their shareholders. Redundancies are very rarely personal – although it *feels* very personal to you. If you can, separate your feelings from the situation. Consider this: if there had been another person with your skills and experience in your role instead of you, would they have been made redundant? Or: if you were in your boss's shoes, with his team of people, and his instructions, would you make your role redundant?

3. Accept your colleagues may distance themselves.

People whom you had considered close colleagues or even friends at work may start to distance themselves from you. This is especially true when many redundancies are made at once. This is not a rejection of YOU – it is THEIR survival strategy. Team members still left at work feel awkward when communicating with you. They don't know what to say, are embarrassed, even shocked about what has happened. They have to form new alliances and align themselves with the new power structure to ensure their own survival. Give them some time before getting back in touch. You'll soon know who your true "friends" from work are.

4. Take time out.

Many people understandably jump straight into a panic mode of "I must find another job immediately". It is important to take as much time out as possible BEFORE applying for new jobs, both to recover from the stress and to decide what you REALLY want to do next. This is particularly worthwhile if you have been in one job or with one company for a long time. Think about it - when was the last time you took a break and did nothing for a whole month? Taking this time out now for you is invaluable, and is highly recommended. Doing this gives you space to grieve, to recover, and time to think about your career, your life, and what you really want.

5. Talk about your situation – then stop!

It's vital to talk about your feelings, to deal with the shock and other emotions such as anger, grief, and confusion. Some find it very difficult to discuss this with family members or close friends – so if necessary, get help e.g. from a coach or counsellor. It's important to get these emotions out, so they do not take root and cause other

problems later on. It's also important to STOP talking about what happened at some point! You'll know when you reach that stage – it's when you've started to move on, and the well-meaning, sympathetically voiced enquiries of "how are you?" keep pulling you backwards into what happened! Tell people that you are making great progress, that you are totally focussed on creating your positive future and are no longer going to discuss the redundancy. If people insist on discussing it, end the discussion. They'll soon get the message!

6. Turn it into an opportunity.

Redundancy often makes people forget that they were not that happy in their job! So many people stay in jobs they've disliked for a long time for fear of not being able to get another one. Was this true for you? Being made redundant forces you to take action – giving you the proverbial "kick up the backside" to face your fears and to actually *do* something. Now the worst has happened, turn it into an opportunity. What's your dream? What do you want to do for the rest of your life? If you could do anything, what would it be?

What's the first step you can take now to turn that dream into reality? Being honest with yourself about what you liked about your work, what you didn't, and what you would like for the future will truly help you to recognise new opportunities.

7. Get out of the house!

It's easy to become isolated or to feel trapped at home whilst others are out working. Get out and meet other people! Research careers services available locally, and develop your own support network – meet with others in a similar situation and share tips about job hunting, interviewing or setting up a business etc.

8. Believe in yourself.

Having self-belief is one of the best things you can do! If you don't believe in yourself, why would an interviewer? Believe you *will* find a job that is perfect for you. You might not know who it's with, or what you will be doing, but keep that belief strong. Go to every interview believing that you can win the job – your positivity will come across and *will* work in your favour!

Caroline Winn is a qualified Master Practitioner of NLP, Time Line Therapy and Hypnosis, and a Master Coach at Ascent NLP Ltd, www.ascentnlp.co.uk. Her coaching services are also available through The Zen Zone in Milnathort.

Computer age PO at Milnathort

The postmaster at Milnathort Post Office is planning to offer a community eBay facility and a range of other services as part of an effort to make the post office more relevant to modern day living.

For a commission, the staff at the Post Office will arrange to sell items on the internet auction site eBay on behalf of local residents who aren't able, or don't have the time, to do so themselves. Other plans include offering internet access, faxing and photocopying facilities and the printing of digital photographs. There will also be an internal and external refit of the premises.

Postmaster David Hall is able to carry out the improvements following the award of a £25,000 grant from the Scottish Government's Post Office Diversification Fund.

Police Box



Nominated Neighbour Scheme to combat bogus workmen

On Friday 16 September an incident occurred in Kinross where an elderly person had a sum of money stolen from within their home address after being duped by a male pretending to be from Scottish Water. The bogus workman gained access into the property under this guise and managed to get away with the money.

In an attempt to prevent such crimes, Tayside Police are involved in the Nominated Neighbour initiative which aims to provide residents with added reassurance and help older people and vulnerable members of our community to feel safer in their own homes.

This scheme works by providing the resident with an A4-size card that they can hold up to a window or show through the gap in the door. The card states: 'I do not recognise you! Please go to number XX who is my nominated neighbour. They will check your identity and return with you.'

The Nominated Neighbour will then check the identity of the person and return to the resident's home and remain with the caller until their business is concluded. The aim is to reinforce safe door answering behaviour so that the resident does not open their door to anyone they do not recognise. Cards can be shown in windows/doors. The cards must not be on permanent display and should only be shown when someone you don't recognize calls at your door.

The Nominated Neighbour is chosen freely by the householder and should always be readily available. We are confident that this will greatly reduce the chances of the householder entering into any contract, having unnecessary or overpriced work carried out, or giving cash out unnecessarily.

At the heart of the scheme is the ethos of being a good neighbour. People who feel uncomfortable about opening the door to an unknown caller no longer have to quiz that person on their doorstep and fear becoming a victim of a bogus official or fraudulent tradesman.

Any genuine caller will follow the instructions given on the card and contact the Nominated Neighbour. Unscrupulous callers will be deterred.

Funded by the Community Safety Partnership, the scheme is being co-ordinated by Tayside Police in Perth. It is an initiative that has already proved successful in a number of other police areas throughout the UK.

Tayside Police can offer free impartial physical crime prevention advice, pointing out vulnerabilities in domestic properties.

For more information on the Nominated Neighbour Scheme please contact Community Engagement Administrator, Divisional HQ, Perth, on 0300 111 2222 or your local community officer.

Beware the darker evenings

As the evenings become darker earlier, it may be beneficial from a security point of view to leave a light or two on around your home. Should you be out for the evening or just

late back from work, then a light left on will give the appearance of someone being at home.

There are devices available which can be plugged into your electricity supply, and can automatically switch lights on and off, at times set by you. These timer devices can also be used for switching a radio on to provide background noise, again making your home appear occupied. Most retail outlets selling household goods should have these timers for sale.

Operation 'Be Safe For Autumn Campaign'

If you have a garage, use it when you park your vehicle at home. If parking in a driveway, close any gates behind you and position your vehicle so that it is illuminated by either your own lighting or street lighting. If you have a movement activated sensor on your external house light, position it, if possible, to activate if someone approaches your vehicle in the drive.

If you do park on the street, at home or elsewhere, choose well-lit areas, preferably where there will be plenty of people walking past. Please remember to tuck in your wing mirrors, as these can often be the subject of vandalism.

Believe it or not, almost 65% of break-ins to cars take place outside the home address, so make sure you remove anything, whether valuable or not, or lock it in the boot. Remember sat navs and the sucker marks on the window – a real give away for thieves.

Remove your wheelie bins from the street where possible to stop people from setting fire or letting off fireworks within them.

If you can afford to, invest in good lighting at the front of your property. Dusk to dawn sensors give you a welcoming appearance for when you return home after dark but also safely illuminate the area and allow you to see who is approaching.

Halloween

Remember that throwing eggs or flour is bullying and could be classed as a criminal. Also, it is illegal to:

- buy fireworks under the age of 18
- set fireworks off irresponsibly in a public place

Above all – be safe, enjoy Halloween and Bonfire Night and act responsibly, considering others.

Crime Stoppers - Telephone Number 0800 555 111

This telephone number is a free phone number, unless you are using a mobile phone, which any member of the public can contact at any time, if they have information relating to criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Community Officers

Community Officers (details shown below) can be contacted at Kinross Police Office on 0300 111 2222.

Constable Sadie Allan	Kinross and Milnathort
Constable Victoria Riches	Cleish & Blairadam, Fossoway and Portmoak areas.
Constable Euan Mitchell	Abernethy, Bridge of Eam and Glenfarg areas.
Drop-in at community campus	Thursdays, 3.30-4.30pm
On-line feedback	www.tayside.mypolice.org

Community Council News



The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. In addition, Kinross CC minutes are lodged in the community library. Please note, the Community Council News is not a verbatim reproduction of CC minutes.

Kinross Community Council

News from the September Meeting

Present at the meeting held on 7 September were: CCllrs D Colliar, C Watson, D Mackay, M Blyth, M Scott, W Freeman and B Davies. The meeting was also attended by P&K Cllr K Baird and two members of the public. Apologies for absence were received from CCllr I Jack and P&K Cllrs Barnacle, Miller and Robertson.

Police Report: There was no police representative.

Swansacre/Station Road proposed Traffic Regulation Order:

PKC report that several local residents and regular users of Station Road stated their concern about the restricted view on this corner due to the amount of vehicles parked at this location, hence the proposed TRO. The removal of the School Time Waiting Restrictions on the High Street (in addition to the school car park) will create additional all day parking provision in an area within walking distance of the town centre. If approved by committee on 7 Sept, the TRO will form part of a statutory consultation. PKC apologised for overlooking the Drill Hall in the consultation process.



PKC plans to introduce No Waiting at Any Time restrictions at the junction of Station Road and Swansacre

County Buildings: Cllr Miller advised by email that while he wishes to do all he can to support whatever decision the CC arrives at, he has some concerns and questions as follows: Has public support been sought for such a project? Has any work been started on preparing a business case? Do we know of any sources of funding in order to convert and upgrade the building? Are the rental payments a suitable use of Newsletter funds? If the CC does proceed he would suggest we do so on the offer of a much lower rent.

These questions have now been answered following a further meeting with PKC. It was confirmed that there is no funding available in respect of the County Buildings. PKC has included a condition in the proposed Lease that the premises cannot be used for commercial purposes but solely for community based activities. The CC believes that this would not be a viable proposition. One of the other councillors also expressed concern as to the use of the Newsletter funds for this purpose, the expenditure being wasted should the project be unsuccessful. It was suggested that the monthly rent should be renegotiated to a peppercorn amount. Another question raised was whether possible community use of the

building had been determined, bearing in mind the other facilities on offer in the town.

Cllr Baird advised that there was an organisation interested in purchasing the building and they plan to also include community use of the premises. The exterior architecture and war memorial would remain intact. An article inserted in the Newsletter by Cllr Baird only received two responses.

The primary objective of the CC is that this building should be re-opened.

Volunteers have offered to man an information point.

CCllr Colliar commented that the County Buildings remains the only focal point in the town and added that Light Up Kinross have, in past years, received access to the premises on the evening of the Switch On.

It was agreed that the Sub-Committee would meet with the Partnership and discuss this further.

Planning

11/01278/FLL 77 Muirs: Erection of four residential retirement apartments, garaging and associated landscaping. Due to the timescales for comment, the CC decided on this application prior to this meeting. The CC submitted no objection, however concerns in relation to flooding and the access road were passed to PKC.

11/01112/FLL The Cottage, The Stables: Formation of walled garden enclosure along site boundary and erection of a greenhouse.

11/01305/LBC Kinross House: Installation of external lighting.

11/01470/FLL Gellybank Farmhouse: Erection of a wind turbine and formation of road entrance and driveway.

(Modification of Consent 10/00124/FUL)

11/01469/LBC Kinross House: Erection of a boundary wall.

11/01471/LBC Kinross House: Alterations.

Applications Approved by PKC

11/00925/FLL Kinross South Storm water Pumping Station, Land 90 metres south west of Scottish Natural Heritage for Scottish Water Extension.

11/01048/FLL The Stables, Kinross: Alterations, partial demolition and change of use of stables to form four guest accommodation units.

11/01126/FLL Kinross House: Alterations and extension to gatehouse. 11/01127/LBC Kinross House: Demolition of existing derelict buildings.

11/01150/FLL Plots 1 - 84 Station Road: Change of house type (Plot 34). Modification of existing consent (11/00390/FLL).

10/00843/FLL New Mains House, Balado: Erection of a dwelling house.

10/02175/FLL Clashburn Road: Formation of distributor road to connect Junction Road with Clashburn Road.

11/01215/FLL 99 Lathro Park Extension to dwelling house and alteration to conservatory.

Answering a query in relation to viewing the plans for Kinross House, CCllr Colliar stated that this was difficult as the plans were no longer available for perusal in Kinross. The only method of checking them was online.

Report from Perth & Kinross Councillors

Community Environment Challenge Fund: Funding of up to £10,000 available for community projects to improve the environment. Bloom Committees would also be considered under this scheme.

Play Equipment: The play equipment behind the Leisure Pool is to be removed and PKC is to investigate the flooding in the area. The play equipment at the Myre is to be withdrawn as well. The apparatus, if reasonable, will be used at some other play park outside Kinross. It was noted that 19 play parks are to be closed. CCllr Colliar commented that the play equipment at the Myre was sourced and paid for by the CC, although maintained by the Council.

Correspondence

Scotlandwell Wash House and Well Area Restoration: Update on funding position and information regarding website (www.wellwashhouse.co.uk). Over £42,000 has been secured for this project.

East Coast 400kV Reinforcement Project: Plans to upgrade the existing East Coast transmission line which runs from Blackhillock near Keith to Blairingone near Dollar from an operating voltage of 275,000 Volts (275kV) to 400,000 Volts (400kV). Scottish Power Transmission Limited intends to carry out similar works on the line south of Blairingone to Kincardine. Subject to the required consents these works are likely to take place between 2013 and 2017.

Kinross Common Good Title Review: Information received from Legal Department of PKC. CCllr Cuthbert has been corresponding with PKC in relation to the procedures followed in presenting this report. As he was absent, this was added to the agenda for the October meeting.

Grit bin locations: a list was provided. The CC will respond to PKC that the bin at 51 (Green Park) was removed some time ago and has never been replaced. The CC will also question why there are no bins at the Muirs, in view of the number of side streets.

Zero Waste Planning Day Training Event, 12 November in Kinross.

Perth and Kinross Draft Local Housing Strategy 2011-2016 consultation: Comments requested by 17 October.

Flood Group: Communication received from Claire Jack who is conducting a short survey regarding flooding on behalf of the Scottish Flood Forum, a Scottish Government funded initiative. She also enquires if we have established a Flood Group within our CC and offers assistance in this regard.

Former surgery, Lathro: There is a buyer who has agreed missives subject to planning approval.

Speed limit review: Introduce or amend the 40mph speed limit on A977 and A922 Turfhill, Kinross. Introduce or extend the 30mph speed limit on the A922 and B996 Kinross. Comments within three weeks of 29 August.

Ken Miles: The Secretary read out a letter received from Ken Miles in relation to CC procedures. The questions raised by Mr Miles were answered in previous discussions and there was nothing further to add. The CC reiterate their previous statement that Wallace Land (along with other developers) asked to attend a CC meeting to provide a presentation on their proposals for development. In the case of Wallace Land and Persimmon Homes these presentations were in relation to their submission to the Main Issues Report. In both cases the CC presented their submissions to the Main Issues Report prior to these presentations and following the information presented no amendment was put forward by the CC (although this was requested by Wallace Land). All CC

members fully supported the Chairman in this matter. Again, once proposed development (of any type) reaches the planning stage, any person has a right to object to a planning application and at this stage the CC may comment/object.

CC Elections 2011: Arrangements for the elections, which will be administered by PKC, were explained. Twenty-eight days following the election date, an elected Cllr has to convene a meeting. The CC normally meets on the first Wednesday of each month and it was noted that the December meeting will not fall within this timescale. Cllr Baird will check this with PKC.

It was noted that under the new Scheme items of business can be undertaken in private.

Kinross-shire Forum: The proposal to re-establish a Forum was proposed by Cllr Barnacle. The CC previously discussed this and rejected the proposal, however at the request of Cllr Barnacle the CC decided to reconsider. CCllr West also expressed an interest at a previous meeting. Kinross and Glenfarg are the only CCs not to sign up. It was agreed that CCllr West should attend the planned meeting. CCllr Watson will also attend if he is available on the day.

Other Business

Queens Crescent: CCllr Colliar asked if it would be possible to replace the tree in the ground to the front of Queens Crescent. Cllr Baird will enquire at PKC offices.

Car Boot Sale and Sunday Market: CCllr Colliar commented on the proposed closure of these events. As well as employing youths from the town, the market sold items that were not available locally. The CC agreed to write to Scottish Motor Auctions expressing regret at this decision and asking for an explanation as to why it has been deemed necessary to close these markets.

Kirkgate Toilets: CCllr Blyth reported that these were not in operation as sewage was escaping.

Round Table Quiz/Beer Festival: dates given.

Mr Miles' letter: Mr Alexander (a member of the public) commented on the reference in Mr Miles communication as to "intimidating, rude and unhelpful behaviour by some KCC members and this might explain the poor attendance at meetings". He responded that such acts of intimidation, rudeness and unhelpful behaviour are repeatedly undertaken by Mr Miles and that the public should be made aware of this.

The Next Meeting of Kinross CC will take place on Wednesday 5 October 2011 at 7.30pm in the Masonic Hall, Muirs, Kinross.

Agenda for the Meeting on 5 October

1. Apologies for absence
2. Minutes of the meeting held on 7 September
3. Police report
4. Matters arising from the September minutes
5. Future of Kinross buildings
6. Kinross Common Good property
7. Planning matters
8. Reports from Perth & Kinross Councillors
9. Miscellaneous correspondence
10. Election update
11. Other competent business
12. Date of next meeting (2 November)

Members of the public wishing to address Kinross CC are requested to contact the Secretary in advance and supply a copy of any relevant papers.

Kinross CC minutes are posted on the webpage:
www.kinross.cc/cc.htm

Milnathort Community Council

News from the September Meeting

CCllr Hamilton, Chairman, welcomed CCllrs Cottingham, Milne Home, Thomson, Bennet and Smith to the meeting held on 8 September. Also in attendance were minute secretary E Rougvie, P&K Cllr Baird and seven members of the public. Apologies were received from CCllrs Halford and Giacomazzi and P&K Cllr Robertson.

Milnathort FC: It was noted that nothing further had been heard from Milnathort Football Club in relation to their proposal to install changing facilities in Donaldson Park, but the CC confirmed that they supported them in this.

Planning matters

Applications submitted: Alterations to house at Half Acre, Perth Road: noted after brief discussion.

Applications determined: Alterations and extension to 36 Manse Road (approved); erection of conservatory at 2 Perth Road (approved); change of house type at Nether Tillyrie (approved); erection of two houses at Tillyrie Farm (approved in principle).

Engaging with Communities: CCllr Hamilton reported on a training day he had attended on the Engaging with Communities initiative which was designed to help CCs and other community groups communicate more effectively with PKC. Unfortunately only two people attended and while it was useful and the idea was commendable, he felt there had been room for improvement in terms of its content and presentation.

Placecheck: An update was received by e-mail from Diane Cassidy, who advised that the Wester Loan and South Street projects being carried out under the Placecheck scheme were taking longer than anticipated. Cllr Baird said that the roads department had a backlog at present and that the works would be carried out in due course. However, the CC noted with satisfaction that the zebra crossing in New Road had been refurbished.

Grit bins: An e-mail was received advising of the location of grit bins in Milnathort. Cllr Baird agreed to find out whether piles of grit would be sited in rural areas and if so where.

New speed limits: Cllr Baird advised that new speed limits are to be introduced in Milnathort as part of a Scottish Government initiative to improve road safety. They will come into force as soon as the relevant traffic regulations have been implemented. A 20mph limit will be imposed in the main built-up areas, with 40mph on outlying roads. The section between Milnathort and Kinross that is presently 40mph will be reduced to 30mph. The new speed limits were welcomed by the CC.

Members of the public: The following issues were raised by members of the public who were in attendance:

Dislodged road sign: The sign at the bottom of Wester Loan opposite the Town Hall is still facing the wrong way and causing confusion for motorists. Cllr Baird will pursue this.

Dangerous parking: Residents are still contravening the Highway Code by parking too close to the junction of Wester Loan and Victoria Road. They are reminded that the legal distance is 10m.

Neglected gardens: Council tenants are reminded that they are legally required to maintain their gardens as part of their tenancy agreement. This follows a complaint about two houses in Crawford Place, where overgrown lawns and hedges have been causing problems with vermin for the past three years and nothing has been done despite repeated requests. Cllr Baird will pursue this as a matter of urgency.

Dangerous tree: A member of the public showed the CC photographs of an old tree in Donaldson Park that she felt was posing a danger to her home in Church Street. It would cause damage to her house if it blew down and had now grown so tall that she and her neighbours were unable to receive Sky TV. Cllr Baird advised that the council were still dealing with trees that were casualties of the storms in May, but will check whether the tree had been reported and whether it was on the list awaiting attention.

Grass cutting in Donaldson Park: Areas of long grass are being left in Donaldson Park in order to encourage biodiversity, but some local residents feel it attracts vermin and encourages dog fouling. Cllr Baird advised that this was the only park in Perth and Kinross that had been cut in this way because the community had requested it. However, because of people's concerns and the fact that there were very few wild flowers, it was agreed to write to PKC to ask that the grass be cut normally next year.

CCllr Hamilton expressed frustration that many of the issues raised by the public were not new, and he felt that if the CC were to represent the community effectively it was important that they maintained pressure on PKC and did not allow matters to slide. To this end, he undertook to write to the elected members following each meeting and expected a reply by the following month with an update.

Other business

Dog fouling: CCllr Bennet referred to a dog that was apparently being let loose to foul the football pitch in Donaldson Park. Two members of the public knew the owner and will speak to them on the CC's behalf. Dog owners are reminded that they are legally required to clean up after their pet.

Benches: CCllr Bennet advised that there was a small surplus from the donation received from Kinross Road Runners to erect benches in Tillwhally Wood. After discussion, it was agreed that this should go towards installing benches along the old railway track, which is a popular walk. CCllr Bennet will investigate additional funding.

Winter preparations: Cllr Baird gave a brief outline of the measures that were in place to deal with another severe winter, but said that it is important for communities to work together and that householders and business proprietors should take responsibility for clearing the pavement outside their properties as soon as possible after heavy snowfall. She stressed that legal action cannot be taken against them should someone fall.

CC Elections: Cllr Baird gave details of the arrangements that are in place for the CC elections on 3 November.

Lottery funding: CCllr Cottingham reported that he had attended a meeting on the CC's behalf about Lottery funding that was available. However, it applied more to specific projects rather than the CC as a body.

The Next Meeting of Milnathort CC will be held on Thursday 13 October at 7.30pm in Orwell Parish Church Hall. Members of the public are welcome to attend.

Milnathort CC minutes are posted on
www.kinross.cc/milnathort/milnathort.htm

Temporary Minute Taker Required

Milnathort CC requires a temporary minute-taker for a period of up to two months. Remuneration applies. Please contact the Chairman, Bruce Hamilton, at
bruce@tayforth.co.uk

Portmoak Community Council

News from the September Meeting

In attendance at the meeting held on 13 September were: CCllrs M Parkin (Chairman), J Bird, R Cairncross, T Smith, S Forde and D Williamson. Also in attendance were P&K Cllr Baird and five residents. Apologies for absence were received from P&K Cllr Robertson and CCllr M Strang Steel.

Police Report: There had been four cases of housebreaking during September in Scotlandwell and a person had been apprehended.

Treasurer's Report: Income since the last meeting was £35, expenditure £78, leaving a total of £1505 in the bank made up of £600 in the General account and £905 in the MBW account. Copies of the accounts were made available. The Chairman wished to record his recognition of the funding that Portmoak CC received from PKC.

Stephen's Field: The CC's solicitors are presently in touch with solicitors acting for A & J Stephen Ltd, and the acquisition of the field is proceeding. Under AOCB it was noted that A & J Stephen had agreed to repair the fallen five bar gate at the entrance to the field from Bishop Terrace.

Road signage: Cllr Baird and the Chairman made a survey of road signs within the parish on 26 July and a status report was compiled for action with PKC. Cllr Baird reported that the horse sign on the Mawcarse road had been pointing in the wrong direction but had now been changed. A resident raised the question of the double bend sign leading into Auchmuirbridge that perhaps required renewing.

It was noted that residents can report road problems via 'Clarence'. If this is done via telephone the caller is routed direct to Edinburgh City Council but if reported via email then a reference number can be received and the progress on the problem can be logged. However, CCllr Smith said that he had reported a number of problems via 'Clarence' and was then unable to find out the progress. One of the issues reported had been the hedge between Easter Balgedie and Kinnesswood which had been reported as a safety hazard to pedestrians, forcing them into the road.

CCllr Cairncross asked what the PKC policy was regarding sightlines since the problems with these might increase if hedge cutting is removed from the PKC budget. Cllr Baird would seek answers to these problems. *Post Meeting Note:*

a) The hedge alongside the road between Easter Balgedie and Kinnesswood is privately owned and the owner will be contacted and notified of the concern for users of the path.

b) The double bend road sign at Auchmuirbridge is in place but may require refurbishment.

Kinnesswood bus shelter area: Following his initial approach to PKC in May, the Chairman again contacted Andrew Warrington of the Public Transport Unit, and a meeting between all interested parties and Mr Moray Fraser of PKC will be organised shortly. It is anticipated that PKC will provide a new roof for the shelter, and may assist with other improvements being considered by the CC, and also by Portmoak organisations such as Kinnesswood in Bloom. The nesting birds would soon be moving to a warmer climate.

A resident asked if the ownership of the area had been determined. The Chairman replied that this had not been determined, but as the repair of the roof was the prime consideration, perhaps together with some minor improvements, ownership of the area was not an issue at present.

Build-outs: The defect with these is that each has only one warning sign, to inform oncoming same-side traffic, whereas

there should be two such signs, back to back, so that traffic coming from the opposite direction is also informed. The Chairman had conveyed this information to Cllr Baird for action. Cllr Baird informed the meeting that reflective tape would be placed on the back of the single bollards. The CC accepted this as a solution.

Water level in Loch Leven: A response from Mr Keith Miller, Clerk to the River Leven Trustees, was received on 12 August, to say that the information he needed to respond in full had not yet come to hand, but he had been expecting this within a fortnight and would be in touch again. Nothing received from Mr Miller at 13 September.

Convention of P&K CCs: The Chairman attended a meeting in Perth on 20 July at which there had been considerable discussion on the way forward, and the Convention was proceeding. The next meeting will be on 5 October.

Wall opposite Portmoak Hall: In consultation with the Chairman, local residents had decided that the most acceptable and suitable finish for the wall was grey cement rendering. The options of harling or painting had been rejected in favour of rendering. It was asked that this rendering should also be applied to the top of the wall as well as the sides, to prevent ingress of rain. Prior to this, however, the longer bolts promised to properly secure the handrails would have to be fitted. It was noted that the contractor had been asked to complete the outstanding work and that it would be confirmed if these bolts had been replaced.

Forum of Kinross-shire CCs: Following Cllr Barnacle's presentation at the July CC meeting, the Chairman had subsequently responded to Cllr Barnacle at length, and had also spoken to Cllr Barnacle regarding a modified format for such a Forum. The first meeting of this proposed Forum, to discuss how best it might operate to mutual CC advantage, and to establish the basis of its relationship with PKC, will be held on 27 September 2011. The Chairman and CCllr Dr Robin Cairncross will be attending. An exchange of information between the Kinross-shire CCs would be useful but other issues need to be clarified.

Footpath between Easter and Wester Balgedie: Cllr Robertson had previously asked George Lawrie of TRACKS about the creation of this missing link of the pedestrian pavement on the A911 between Easter and Wester Balgedie, and the Chairman had asked Cllr Robertson if any response from TRACKS had been received. A response from Cllr Robertson is awaited although Cllr Baird reported that the issue was discussed at the last TRACKS meeting.

The possibility of a roadside path has been discussed in the past as residents of Wester Balgedie do not have the facility of safely walking into Kinnesswood via the A911. It was also noted that the absence of a footpath was a danger for people using the Heritage Trail and attempting to return via the A911 to the car park at Loch Leven's Larder. Cllr Baird indicated that it was not likely that such a path could be provided from the latest PKC reduced capital expenditure budget.

Sub Committee Reports

Paths, Pavements and Roads: A culvert on the Michael Bruce Way was being washed away and contact had been made with the Perth and Kinross Countryside Trust to assist in the repair. Signs had been erected by them warning walkers of the problem. The landowner had been informed and it was now necessary to arrange a repair.

It was suggested by Cllr Smith that a list of paths, together with an overview of their condition within the parish would

be useful, and he would undertake to complete this.

Planning

CCllr Cairncross reported that matters raised with Mr Nick Brian of PKC Planning and Mr Ian Innes of PKC Legal Services were ongoing. Progress was being made.

The CC recommended that no objection be made to the following applications:

11/01375/FLL 6 Gamekeepers Court, Kinnesswood: Alterations and extension of house to install French windows and first floor balcony.

11/01243/PN Mid Bowhouse, Leslie: Erection of an agricultural building.

11/01323/FLL Benarty, Wester Balgedie: Installation of solar panels.

11/01359/FLL 3 Wellburn, Scotlandwell: Modification of existing consent (09/01558/FLL) to extend dwelling house (in retrospect).

11/00919/FLL and 11/00920/LBC The Wash House and The Historic Well, Scotlandwell: Alterations and refurbishment of wash house to form interpretation centre.

11/01123/FLL 3 Middleburn Cottages, Kirkness: Change of use of garden ground to industrial storage and erection of a steel frame garage with lean-to log store.

11/01173/FLL Land 360 metres north of Kirkness Farm: Erection of a pumping station, formation of access and ancillary development.

The CC recommended that an objection be made to the following application: 11/00922/IPL Colzie House, Easter Balgedie: Erection of a dwelling house (in principle).

An updated rolling list of all applications may be found on the CC website.

Report by Perth & Kinross Councillors

Cllr Baird explained that there was a Community Environment Fund whereby communities could apply for up to £10,000 of matched funding.

Two play-parks had been closed in Kinross-shire in an effort to reduce the maintenance budget.

Cuts in the PKC budget are being seen in terms of staff and budgets.

Fashion Show Cashmere at Lochleven Lochleven Mills Thursday 6 October

Doors Open 7pm, Fashion Show commences 7.30pm
Tickets £5 on sale at the shop or phone 01577 867 570

Ticket price includes:
Drinks and canapes on arrival – Free raffle
£5 off sales of £50 and over

View our new Autumn/Winter fashion,
Many items in the shop start from under £10.
Why not start your Christmas shopping now !!

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone Glenn Neve on 01592 860808 or email

subscriptions@kinrossnewsletter.org

Any Other Competent Business

Scotlandwell bus stops: CCllr Forde expressed concern that the Portmoak Primary School buses are stopping in an area which is short of space for waiting schoolchildren and this is causing concern with parents. The Chairman had made a site visit and suggested that a movement of the bus stop to a position between Jamesfield and Bankfoot Park, where the pavement was wider, would provide more space and solve the problem. Cllr Baird said that this situation should be taken up directly with the school and she would endeavour to obtain the contact name and pass on to Cllr Forde. *Post Meeting Note:* Cllr Baird has forwarded the necessary contact information.

Election of CCs: Arrangements for the forthcoming elections were explained.

Speed limit review: This year a nationwide survey and report has been conducted on all class A and B roads. The report identified three particular areas within Portmoak and the PKC Public Space Management team have written to the CC asking for comments. The three areas for change in Portmoak are as follows:

1. Proposed 40mph extension on the A911 between Wester and Easter Balgedie. (No comment from the CC.)
2. Proposed 30 mph speed limit extension from Scotlandwell towards Kinnesswood terminating at the North side of the Hall car park. (The CC thought it more appropriate to continue the extension towards Kinnesswood until an adequate distance past the turning to Kilmagadwood.)
3. Proposed 40 mph speed limit at Auchmuirbridge from the North side of the entrance to Arnot Mill cottage, continuing towards Leslie and terminating just past the garage to Bridgend Cottages. (No comment from the CC.)

It was not understood why the South side of Scotlandwell was not included in the proposals and Cllr Baird would seek clarification on why this was omitted from the recommendations.

Communications since last meeting

The secretary has a list of communications received since the last meeting. Any new subjects received are raised under AOCB.

The Next Meeting of Portmoak CC will be held on Tuesday 11 October 2011 at 7pm in Portmoak Hall.

Portmoak CC minutes are posted on the website

www.portmoak.org

THCL
construction & renewable energy
all your building needs

Take advantage of the recently announced Renewable Heat Incentives for homes and businesses!

We are registered approved installers for

- Solar Thermal
- Solar PV
- Biomass Boilers
- We are distributors for Verdo wood pellets and briquettes

www.thcl.net
Tel: 0845 555 1015

Cleish & Blairadam CC

The CC met on 29 August in Cleish Village Hall. This was a deferred date from the previous week as then there would not have been a quorum. The meeting was attended by four Cleish & Blairadam CCllrs, P&K Cllr M Barnacle and one member of the public. Apologies for absence were received from Parry Fraser and the Cleish & Blairadam Newsletter Editor.

PC Victoria Riches, our new Police Liaison Officer, was due to be present but had to attend an incident - her apologies were noted.

The Chairman welcomed those present, especially Fiona Macgregor who had missed two meetings for the happiest of reasons – the birth of her daughter.

Crime Prevention: PC Riches had prepared a police report for the meeting. This drew attention to a couple of suspicious vehicles in the area but no significant crimes. However it is coming to the time of year when would-be driveway menders and hopeful window repairers could be round and about looking for business and it is well to be aware of this – always ask for a business card and take the number of a vehicle if you are uneasy.

CC engagement with P&KC and the Community: The chairman reported on the closure of the Association of Scottish Community Councils ASCC. This is as a result of funding cuts by the Scottish Government. There is also a threat to the viability of the Convention of P&K CCs. At recent meetings of the Convention attendance has been very low and there has been difficulty in appointing post holders. Correspondence received from various CCs in P&K express common issues and concerns in dealing with PKC but the CCs are too disparate to make the Convention worthwhile. Cleish & Blairadam had supported a motion to dissolve the Committee.

It is however acknowledged that within Kinross-shire there is sufficient merit in the CCs coming together to discuss mutual local topics and for this reason we are supporting Cllr Barnacle's proposal to reconvene the Kinross-shire Forum. He would facilitate the first meeting but thereafter the CCs would take ownership of the agenda and remit of the Forum. It is hoped that the first meeting will be held in September and that our CC would be represented by two CCllrs.

CC Elections: All of the County's CCs are to be re-elected on **3 November**. PKC will be advertising this and co-ordinating the election.

In recent months attendance by the public at CC meetings has been low; this is thought to be due to a reduction in Planning applications in our area (presumed to be as a result of the economic downturn). It is noted, however, that other CCs serving a larger population meet monthly on the same nominated day of the month. This is something that the Cleish & Blairadam CC will consider. A flier will also be produced with information about the work and important role of the CC within the community, inviting nominations for election.

Planning – new applications:

1. Erection of dwelling house and garage – land 70m east of The Meadows, Cleish 11/01152/FL. No objections had been received by the CC.
2. Wind turbines and mast, Blairadam Forest (Fife 1103602 FLL). This is outside our area but we have been asked by local opposition groups to comment as it is on the boundary. It was agreed that no opposition to the mast was merited and we could not comment on the possibility of an application for

wind farms in the future. It is acknowledged however that there are many reasons to oppose a wind farm at this site given the sensitive ecological nature of the Cleish Hills.

Pending Applications: The majority of applications in our area remain on the pending file.

There was considerable discussion on the letter lodged by Cllr Barnacle to the Planning Department with regard to the Greenacres site. This site continues to expand without a clear policy on a settlement boundary. Applications have consistently been made retrospectively. A reply from PKC has, in the CC's opinion, not addressed the concerns raised by Cllr Barnacle (shared by the CC) and it was agreed to write again to the Head of Service in the Planning department.

Roads: A member of the public raised concern about the lack of verge cutting this year due to budget cuts and highlighted the road safety aspect of this and also the impact on damage to road side fixtures and fittings when the cut did take place. This will be brought to the Council's attention.

Ditches in the Cleish Mains road area are in urgent need of cleaning as this is the cause of surface water and icy conditions in the winter.

The Chairman will respond to the Council's request for confirmation of site and the need for grit bins in our area.

There being no further business the meeting adjourned with thanks to the Chairman.

Addendum: In the week following the CC meeting and prior to the newsletter going to print, an application for six wind turbines at Millwood Farm, Cleish has been lodged. The CCllrs are reviewing the application which can be found on the PKC planning website ref. 11/1303/FLL. If anyone has any comments they can make these directly to the planning department or contact Catriona Cully (chair) or any of the other CCllrs.

The next meeting of Cleish & Blairadam CC will take place on Monday 24 October at the Tabernacle Hall, Blairadam, at 7.30pm.

Cleish & Blairadam CC minutes are posted on the website

www.cleish.org

DOG GROOMING BY KIRSTEN

Qualified Groomer
19 years experience

All types of dogs
Bathed – Trimmed – Clipped
Nails and Ears attended to
Cats and small animals
Also groomed

For an appointment or further enquiries

TEL: 0771 647 2733

or email

kirstenk9@blueyonder.co.uk

Classified Advertisements

Check the Classified Ads section on **www.kinross.cc**

Buy or Sell Goods up to the value of £500

Items are advertised free of charge for up to six weeks

Fossoway and District CC

News from the September Meeting

In attendance at the meeting held on 6 September in Blairingone were: Sandy Morrison (Chair), M Anness, R Cooper, K Borthwick, A Lavery and T Duffy-Wigman and 15 members of the public. Apologies for absence were received from CCllrs S Anderson and A Cheape and P&K Cllrs M Barnacle and W Robertson.

Declarations of Interest: Trudy Duffy-Wigman declared an interest in planning application 11/0181/IPL.

Community Policing: There was no officer available as the new community officer was dealing with an incident; this report was sent after the meeting.

Householders are once again urged to be on their guard against cold callers who phone or email unprompted and offer loans, rebates or rewards. In recent weeks Tayside Police has received a number of reports in relation to people being called or emailed by people claiming to be from banks, financial institutions, government bodies and even lottery operators with promises of ready cash. However, an upfront fee is invariably requested to allow the main transaction to take place. In many instances the householder has been advised to make a payment using Ukash. This involved buying a Ukash voucher and then providing the cold caller with the voucher's serial number. Ukash provide a warning on their website about bogus callers; see www.ukash.com for more information.

Action Fraud provides a great deal of advice in relation to all types of fraud and advice about how to avoid becoming a victim of the fraudster. For further information see www.actionfraud.org.uk

The following recent crimes are under enquiry:

30/08/11 Vandalism at Fossoway Primary School.

30/08/11 Vandalism at Powmill Milk Bar.

03/08/11 Gartwhinzean, Powmill: vandalism to motorcar.

Street Sports 4 All: Community officers arrange these sessions to keep young people active and divert them away from engaging in antisocial behaviour. They are free and open to all school age children in the area. Places do not need to be booked. One will take place on Saturday 8 October in the public park at Crook of Devon.

Blairingone Play Park refurbishment: There was a good turnout on the fun/consultation day. There is money to take this forward although the community will have to raise funds as well. The main problem is the location: the site is owned by Lt Col Stewart, who leases it to PKC. Lt Col Stewart has the intention of developing his land (including the land where the play park currently is) for housing and is awaiting the Main Issues Report to see whether he will be able to put in a formal planning application for his development. If that is the case, the play park would be relocated to a site with other amenities, such as a football pitch, a site including car parking for a village hall etc. If this transpires, it would be unwise to refurbish the play park at the current location. On the other hand, putting it all on hold would mean we would lose the momentum. Thanks to Lt Col Stewart for providing information about the site.

Action: revisit in December, when the MIR is out; Marion to talk to parents in Primary School and see whether a committee could be set up. Trudy to inform Steven Kane.

Blairingone War Memorial: There was a meeting on 30 August on site with three PKC officials, the developers, Cllr Barnacle, Marion Anness and Trudy Duffy-Wigman. The outcome was very positive: the developer will re-site

memorial to preferred site behind the church and built a plinth. It is a nice site for a memorial; PKC may develop surroundings with flowers and a bench. The developer will be granted access to and around the church, although the church grounds cannot be sold. CC will have to apply for planning permission (listed building) but CC has no money for the costs involved. Are we sure all the relatives are happy enough with relocation of memorial? Last living relative in the area is happy enough. We will publicise process in the newsletter, notice boards and on the websites, allowing for a period for comments from relatives before going through the planning application process. Action: Trudy to phone War Memorial Commission. Publicise intentions before proceeding with planning application.

Dunning Glen: Full go-ahead to do the clean up, funded by a grant from PKC. Will be end of October, when the vegetation starts to die down. The bunding put in place by PKC does not seem to have made a difference. We will also continue to take part in multi-agency meetings to keep managing the problem, as well as approaching MSPs for more fundamental solutions.

Pollution in the River Devon: These incidents are under investigation and may result in some prosecution of Scottish Water. The CC is unhappy with the actions PKC has taken to warn those affected by the spills. A letter to K Steven (PKC) has been sent to that effect. We will follow this up once the report is finished. With thanks to Angela Heidemann for alerting many neighbours.

Verge cutting: See Cllr Baird's report in the newsletter. Some verges have been cut twice, despite PKC saying only one cut was provided for. CC still unhappy with road-ends cutting.

Biomass plant: CC does not know what is happening or who owns the site at the moment. Gates are closed, prohibiting access to walks. Action: Marion to contact Forestry Commission to clarify.

Church Car Park, Crook of Devon: Technicians have now measured up. PKC will prepare plan to be sent to the Church. The Church then has to mark up the plan and apply for planning permission (change of use). The car park surface would be the same as the existing path. Notices would be erected prohibiting overnight parking. The whole process of obtaining change of use was unlikely to be completed before the end of the year. Church has also put in spaces for disabled people near the entrance of the church and asks the community to respect those spaces.

Elections for all CCs: Arrangements, as far as known at the time, were discussed.

Planning Matters

11/01389/FLL. Site of White Wisp Crook of Devon: Erection of replacement house. No CC comment.

11/01354/FLL. Solsgirth House, Dollar: Temporary erection of a marquee for use as function venue. No CC comment.

11/01403/FLL. Land 50 Metres South East of Cardrona Drum: Proposed erection of temporary timber field shelter. No CC comment.

11/01382/FLL. Easter Coldrain Farmhouse, Coldrain, KY13 0QW: Partial conversion of outbuilding to extend living accommodation. No CC comment.

11/01378/FLL. Greenparks, Church Road, Crook of Devon: Alterations and extension to existing garage to provide 1st floor accommodation and alterations. No CC comment.

11/01291/FLL. Plot 2, Naemoor Gardens, Rumbling Bridge: Erection of dwelling house and garage, installation of photovoltaic panel array. Consultation period expired.

11/01281/IPL. Land 40 Metres West of Devonlade, Main Street, Crook of Devon: Erection of a dwelling house (in principle). Recommendation: Reject, on grounds of poor and dangerous access to the site.

Applications Approved:

08/01561/FLM Land At Easter Muirhead Farm, Blairingone: Formation of an equestrian centre including utility shed, indoor riding school, stables, erection of four chalets/cottages and seven dwelling houses, all with associated car parking.

11/00753/FLL Westernmuirhead Farm, Solsgirth: Erection of two dwelling houses.

Applications Refused:

11/00891/IPL Sunnyside, Drum: Erection of a dwelling house (in principle).

11/00188/FLL Middleton, Fossoway: Erection of a wind turbine.

CCs are statutory consultees in the planning process, but do not seem to get the same time frame to respond to planning applications as other statutory consultees.

Action: Alastair to query this.

Correspondence

East Coast Upgrade to 400kV. Mike has written about this and we will discuss this next meeting. What will an upgrade like this mean for the houses near the power line?

Speed limit Review: PKC is reviewing the speed limit on the A823 (Rumbling Bridge to A977), and proposes to lower it to 30 mph. Action: Trudy to write in support.

CPKCC: Sent us at very short notice, notification of liaison meeting between CPKCC and planning officers of PKC. At further meetings, Trudy to write to stress that CPKCC has no mandate from us to liaise on our behalf.

Other Business

Bus shelter in Cambo: no cutting has been done and sight is bad. Action: revisit this next meeting.

Diamond Jubilee: Beacons will be lit all over the UK (4 June 2012). Will there be a beacon in Crook of Devon?

Ditches need to be cleaned: advice is to approach PKC as an individual to request cleaning.

Core Path, Kinross to Stirling: landowners objected. Since then no progress? Action: ask Mike Barnacle.

Agenda for the Next Meeting

1. Welcome and apologies. 2. Declarations of Interest.
3. Community Policing. 4. Minutes previous meeting.
5. Matters arising. 6. CC Business. 7. Councillors' reports.
8. Planning Applications. 9. Correspondence. 10. AOCB.

The Next Meeting of Fossoway and District CC will take place on Tuesday 4 October at Fossoway Primary School. All Welcome.

Fossoway & District CC minutes are posted on the website

www.fossoway.org

HUNTERS OF KINROSS

Your Traditional Master Butchers
104 High Street Kinross KY13 8AJ
Tel: 01577 - 862419

THANK YOU!

Iain would like to thank his customers for all the support during the recent events and media coverage.

Thank you all for attending The Boathouse and Market Park during the television filming.

Links to all the events are on Iain's website or you can google Iain Hunter the singing butcher or Check out You Tube Iain Hunter the singing Butcher for the events footage.

You can see Iain perform at The Kinross-shire Music Festival on November 18th at The Big Dance Event with Dave Batchelor and The Scottish Swing Orchestra.

Tickets on Sale at Hunters of Kinross Butchers.



www.iainhuntersings.com



Club & Community Group News

Kinross-shire Day Centre

I put an announcement regarding the Kinross-shire Day Centre, and the need of the Community to use and support it, in the July issue of the Newsletter and there followed a most positive and supportive letter from Jean Marshall.

We had an Open Day on Wednesday 10 August to which our four local Councillors and our MSP were invited. Only Kathleen Baird responded to the invitation. Nevertheless the Open Day on Wednesday 10 August was a great success and the Day Centre has attracted a number of new service users. We have also been running a number of additional activities which have generated extra income and enjoyment.



*Kinross Church Centre, home of Kinross-shire Day Centre
Photo: Pauline Watson, www.kinross.cc photodlibrary*

The real concern is that Perth and Kinross Council may never increase the level of Grant and contribution to the Day Centre and we rather fear that the support from PKC is likely to substantially reduce. We can make any number of contingency plans to try to cater for this but the one essential is that our Community supports the Day Centre. The more important the Day Centre is to the community, the more it is used, the better our chances of securing support from the Council. So please encourage any elderly relatives or friends to use it; they will probably very much enjoy the experience, and the social contact, and please remember there is a pleasant coffee bar there serving coffee, tea and inexpensive food.

Campbell Watson, Chairman
Kinross-shire Day Centre

PIANOFORTE TUITION
ANTHONY J FOOTE, L.R.A.M.
Member of European Piano Teachers' Assoc.

Pupils entered for Associated Board
Examinations and Festivals
Refresher courses for adults

TELEPHONE: MUCKHART 01259 781446

Kinross High School



Hello and welcome to what I hope will be a regular contribution to these columns.

I have been encouraged by members of the Parent Council to write an article for the newsletter on a regular basis. I did suggest that the really exciting news from Kinross High School would be best gleaned from our pupils but until I can organise that, it will have to be me.

August has seen the return of a larger number of pupils than we were expecting. Our new First Year has been swollen during the summer holiday period by new families moving into Kinross-shire and a number of placing requests from parents living close by. Our senior years are also busier as more pupils are looking to add to their qualifications before entering into life beyond school.

Our exam results were excellent this year, the 5th and 6th years doing particularly well. 44 pupils in 5th year gained five Highers; this represents 32% of the year group, some 13 of them achieving all A grades. One of our 5th years managed to squeeze in an extra Higher and therefore recorded six Highers all at A grade – phew! In Year 6 we had the highest ever level of achievement at Advanced Higher, one pupil with four passes and three others with three at A grade. The rest of Year 6 passed more exams at any level than ever before. The 4th year were not far behind and eight of them achieved eight passes at grade 1.

There is much to be pleased with in our pupil attainment. I do realise that our parents work hard in encouraging and supporting their children and I would like to thank them for all of the hard work they put in too. I imagine there were a lot of smiling faces when those envelopes dropped through the door. Now we begin the process all over again.

Our new First Year are settling in well. They have made a very good impression, especially with their uniform. It is a delight to see so many pupils now wearing the school blazer. If any pupils are telling you that 'nobody else wears it' then let me assure you, that is not the case. The Parent Council sold over 200 new blazers and if you add that to the 400+ already sold, then that is a lot of pupils with blazers.

Our new Prefects, led by Head Girl Abigail Lloyd and Head Boy Cameron MacLachlan, have also made a good start in helping those First Year to find their way around and generally helping with the management of our building.

We also have some new staff which I hope you will have the opportunity to meet. We have three new Probationer Teachers with us this year: Fiona Williamson (RME), Gillian Stevenson (Biology) and Carrie Taylor (Drama). In Modern languages we welcome Andrea Jackson, in History we also welcomed Claire Grant (acting PT) and we are happy to see the return of Jim Rankin to CDT and Jeanette Hickman PT Support for Learning.

I am happy to say that we are currently fully staffed, although our larger numbers will hopefully see us with an opportunity to increase that number by one.

I will endeavour on the next occasion to give you more of a pupil flavour to life in Kinross High School.

Dick Keatings

Swansacre Playgroup



We are back in the swing of things now that schools have started, and our playleaders Alison, Jayne, Julia, and Ali are very happy to welcome all of the children back for the 2011-2012 year! We are also thrilled to meet the new children starting at Swansacre for the first time.

We have modified our Rising Fives sessions, providing both a morning and afternoon session to accommodate children in their pre-school year who have an afternoon nursery space. We have introduced a new session on Tuesday afternoons: The Inbetweeners welcomes children from the age of 3 and includes an optional lunch club beforehand. We are also continuing to run our Playgroup sessions (children from the age of 2 years welcome). For more information, please see the "Playgroups & Nurseries" section of the newsletter.

We had a great time at the Kinross Show in August, and enjoyed seeing everyone out even though the weather did not completely cooperate. We would like to extend a huge thank you to the Kirklands Hotel, Enjoy-A-Ball, Bounce N' Play – Kinross, and Janice Webster (Zumba) for supporting us at the show with prize donations. We would also like to thank all of the volunteers, parents, and children who came along to support us and enjoy the activities we had at the stall.

Following the success of our Christmas shopping evening last year, we will be repeating the event this year. The 2011 Swansacre **Christmas Fayre** is planned for **Friday 11 November** at the Windlestrae Hotel – please hold the date! For more information, or if you are interested in taking a stall at the event, please contact Charlotte (07740 600424 or fundraising.swansacre@gmail.com).

A final early event notice: we will also be hosting Santa on **3 December** at the annual Swansacre **Santa's Grotto**. Mark your calendars and plan to come along and join in the fun as we prepare for the holiday season.

Please give us a call if you would like your child to come join in the fun! Telephone 01577 862071 or 07807 908833, or email enrolments.swansacre@gmail.com.

Kinross Bridge Club

The autumn/winter season of Kinross Bridge Club starts on **Wednesday 5 October** at 6.45pm. We meet in the Kinross Church Centre and any new members would be most welcome. Further details from Catriona Marshall 864482.



Milnathort Primary School Parent Council

For the most up to date minutes and other information, please see our website www.milnathortprimary.org.uk. Alternatively contact the Clerk, Elyse Kirkham on 07747 534513, or e-mail elyse.kirkham@milnathortprimary.org.uk. Milnathort Primary School Parent Council will be meeting on the following dates at 1930 at Loch Leven Community Campus (where possible in the ICT Room):
2011: October 31st, December 12th.
2012: January 23rd, March 5th, April 23rd, June 4th.

Please mention The Newsletter when answering advertisements

Kinross and District Art Club



We would like to say a very big thanks to everyone who came along to our Annual Exhibition in the Parish Church. The support from the Town and District was tremendous and other visitors came from all over, including Alaska! Many left kind and encouraging messages in our guest book and regular supporters told us they reckoned it was our best ever display of paintings. It was certainly our highest number of sales ever, with 37 paintings being sold. Crafts and produce were very popular too, and all of this contributed to a most successful event.



The Wardrobe family visit the KADAC Annual Exhibition

Our Guest on the Opening Night, Willie Shand, gave us an excellent start, with his amazing variety of slides, showing views of the local area and other parts of Scotland and capturing the spectacular, the amusing, the surprising and the beautiful aspects of our landscape in a most engaging and entertaining way.

As with our successful exhibition last year, a number of people have asked to be added to our waiting list. Some have asked if we would consider having an evening club session, for those who are at work during the day. So we have decided to look into the possibility of putting on an extra session in the week, in the evening, to accommodate the growing number of people who would like to develop their talents by joining our club. If you are interested, please get in touch with Sybil on 830347 or contact us on our web site, www.kadac.co.uk

Kinross Ladies Circle



Kinross Ladies Circle is a fantastic club for women aged 18 to 45 who want to make new friends, have lots of fun and do some fund raising along the way! We get involved in all manner of social and fundraising activities. Each year we nominate a local charity to benefit from our fundraising efforts and this year we have chosen to support Myeloma UK.

Upcoming Ladies Circle diary dates:

- The yearly Beer Festival organised by the Round Table, where a few of the ladies will be helping on the bar
- Pottery painting
- Kinross Music Festival
- Jewellery party

For further details about us, to join or to see upcoming events, visit our website www.kinrossladiescircle.co.uk

Kinross 50 plus Club



The October meeting will be held on **Thursday 6 October** at 2pm in the Millbridge Hall. Ian Hunter "The Singing Butcher" will provide the entertainment. Last month Eileen Thomas gave an interesting talk which covered the founding of the Kinross Newsletter and its development from a news-sheet through to the rather splendid published magazine we enjoy today.

Away Days October

Thursday 13 October - Melrose

Thursday 27 October - Glen Lyon

The coach leaves from opposite the Green Hotel at 0915 hours. Regrettably no advance bookings for trips can be accepted prior to the monthly meeting.

Special Event: Wednesday 5 October, Millbridge Hall.

Under the auspices of the Scottish Ambulance Service a short course of C.P.R. familiarisation will be held in the Millbridge Hall between 10 am and 12. All members are welcome. This course will be invaluable as it will give us all an insight into how to apply C.P.R. and could as a result save lives. The Friday Walkers and Hill-walkers would perhaps be interested in this?

Theatre Outing: The outing to the "Buddy Holly Story" on **15 October** in Perth Concert Hall is fully booked. The cost of the outing is £18 for the performance and £2 for the coach. Edith will collect the money for the tickets (£18) at the October Club meeting. The cost of the minibus will be collected on the night. The minibus will leave from the Green Hotel at 7 pm prompt and from the Church bus stop in Milnathort at 7.05 pm.

The coach money for Top Hat (£8.40) will also be collected at the October Club meeting. Contact Edith Oswald 01577 865731.

Holiday February 2012: The Beaufort Park Hotel in Mold, Flintshire, has been booked for six days from Sunday 12 to Friday 17 February 2012. Please note that this holiday will be one day longer than previous years with departure on Sunday 12 February. Phone Pat Crawford, 01577 862962.

Friday Hill Walkers

7 Oct: Flotterstane / Scald Law, leader TBA

21 Oct: Weem Hill (Near Aberfeldy), led by Bob

Would members please go to hillfolk.pbworks.com for any changes and let us know if you are planning to come. Autumn walks will be announced soon.

Please note our membership list is currently fully subscribed. Contact Edward Link 01337 827637.

Friday Walkers

14 Oct: A circular walk starting at the Hermitage, Dunkeld, going up to Rumbling Bridge and back round by Tomgarrow. This is about 6 miles and is along well known paths and country roads.

28 Oct: Our annual Pitlochry Autumn walk, starts from the Dam, and goes by Coronation Bridge, Killiecrankie, Loch Dunmore and the Boat Station. This too is a well known walk, but it has some steep stairways and is a long 8 miles, and we are setting off at 9am for this one.

Please note that the walkers' membership list is currently closed. Contact Ian Simpson 01577 863691.

Activities

The following activities are open to all members of the Club.

Carpet Bowling: This group will re-commence its activities on **Monday 10 October** in the Millbridge Hall at 2 pm. New members will be very welcome. Contact: Helen Duncan 01577 863638.

Craft Group: This group meets each Tuesday at 2 pm until 3.30 pm in the Millbridge Hall. (Re-started 14 September). Contact: Elizabeth Smith 01577 861387.

Keep-Fit: This enjoyable activity runs every Tuesday at 2pm in the Masonic Hall. The cost is £1.50 per session and mats are provided. Please note the change of venue to the Masonic Hall. Contact Val Oswald 01577 864020.

Kinvest Investment Club: The Club meet once a month. New members, who need only a general knowledge of investments, will be made most welcome. The meetings are normally held the first Monday of each month at 1.30 pm. Club members wishing to take part should contact John Dryburgh on 01577 862555 for details and venue.

The Line Dancers: The Dancers swing and sway every Tuesday and Friday at 10.30 am. Contact Betty Fergus 01577 866961.

L.U.S.T.: The slimmers meet each Thursday, 9.30am to 10.30 am. Contact Norma Anderson 01577 863548.

ADVANCED DENTURE COMPANY Ltd.

For DENTURES & DENTURE REPAIRS

A wide range is available; from basic quality, to high quality **COSMETIC DENTURES.**

All produced in close consultation with the skilled technical craftsman.

**NO REGISTRATION
NO LONG WAITING LISTS**

A.D.C. MOUTHGUARDS

Sports mouth guards

Night protectors for tooth grinders, can also be used to cure certain types of tension headaches.

Ian Mackay 01577 864751

Lochend Farm Shop Scotlandwell

Fresh seasonal vegetables

carrots, turnips, cabbage
and lots more harvested daily

Maris Piper potatoes available now
Apple Pies, scones, hot from the oven

Menu changes daily

Open seven days 9am-6pm

Tel: 01592 840 745

**Outside catering buffets lunches
or book the shop for private functions
Phone for further information**

Kinnesswood in Bloom

After the very busy months of July and the beginning of August, it was time for members of the group to have a bit of a rest for the next few weeks, some taking part in the Kinross and Bishopshire Shows, some having a welcome holiday and others tending to their own gardens. It has not been a great summer for gardens but somehow people have produced flowers, fruit and vegetables for all the shows. It was really interesting to see the Kinross Potager Garden on the Beechgrove Garden and admire what they have achieved in such a short time. The work with local children was particularly interesting to the in-bloom groups.

We said a couple of months ago that we wanted to raise more than last year from Friends of Kinnesswood. We have surpassed our total for last year and raised more than £520. We'll let you know the final total next month. Well done, the villagers of Kinnesswood, and many thanks for all your contributions. We are really grateful to all the villagers who kept their own patch tidy and put on such a good display all summer. Thanks also to those who have sponsored the tubs and hanging baskets. They were appreciated by all who live in the village or are passing through. We also appreciate those who have given words of encouragement throughout the season, provided tea, coffee, pancakes and even ice creams on the infrequent sunny days this year.

Janette and David Gardiner attended the Civic Trust prizegiving for the "Best Kept Village" competition in Cleish. Scotlandwell got the trophy for first, Crook of Devon was second and Kinnesswood was third. Norma and Janette were ready to go to the "Scotland in Bloom" prizegiving in Rothesay. Unfortunately this coincided with the arrival in Scotland of Hurricane Katia with all the disruption to ferries and roads which ensued. Although we did not attend, we were pleased to hear that we had achieved the Silver Gilt Award for small villages.

Janette, Norma, Pat and Rita attended the Take a Pride in Perthshire presentations on 14 September. We were all delighted to hear that we had achieved the Gold standard, given to the In-Bloom groups which are outstanding. This shows not only that we have achieved horticultural success but that we have shown environmental responsibility and community participation and given a mark over 85%.

Kinnesswood in Bloom meetings have usually been held in the Lomond Country Inn. Since it is closed at the moment, the **AGM** will be held in the kitchen of the Portmoak Hall on **Thursday 6 October**. Thank you, beekeepers, for allowing us to meet at the same time as yourselves. All are welcome to the AGM and to any of the meetings which are held in members' houses at the moment.



Recipe

supplied by Kinnesswood in Bloom

Tomato and Vegetable Frittata

Those who have recently returned from sunnier climes can remind themselves of the taste of the Mediterranean with this quickly prepared omelette. It can also make use of your late crop of tomatoes.

1tbsp olive oil
200g mixed vegetables, (sliced courgettes, peas, broad beans) or use leftover vegetables
8 large eggs, beaten and seasoned
200g cherry tomatoes, halved
1 handful of torn up basil leaves
150g feta cheese (or you can substitute your favourite cheese)

Preheat the grill to medium. Heat the oil in a large non-stick frying pan and sauté the courgettes gently for a few minutes. Add the other vegetables, including tomatoes, and cook for another 2-3 minutes. Crumble in the feta,



add the basil then pour over the eggs. Cook over a low heat for 5 minutes, stirring till the eggs are half set. Place the pan under the grill and cook till completely set. Turn it out on to a board then serve it cut into slices. A fresh salad will complete this easy meal for four.

Some leftovers were chopped up and offered to the members of our group as tapas and it went down very well!

Kinross-shire Historical Society



The Committee feel they have put together a very interesting programme of talks for 2011-2012, with lots of local interest both in topics and in speakers. The first talk, on **17 October**, is "**Kinross - Now and Then**" a comparison of Kinross in the 1940s with Kinross of today by Jim Paterson of Gallowhill Farm. We look forward to a large turnout of members for this interesting look at recent local history. Meetings are held in Kinross Parish Church, Station Road and start at 7.30pm.

We would encourage existing members, if possible, to pay their subscriptions prior to the first meeting to avoid the long queue at the door as happened last year. Membership costs £6; over 60 £5; under 18 free; visitors £2. In addition to six interesting talks, membership this year will also include tea/coffee at the end of each meeting. Everyone is welcome.

Any queries contact Robin Eadie, President, telephone 862129 or Catriona McLeod, Secretary, telephone 863718. See Notices p. 91 for the full 2011-2012 Programme.

Kinross Garden Group



The Garden Group will commence its 2011-2012 Autumn/Winter talks programme on **Thursday 13 October 2011**, with Mrs Lindsay Morrison, of Inwood, Carberry, Musselburgh, giving a talk entitled "The making of the garden at Inwood".

The meetings will be held as usual in the Millbridge Hall Kinross at 2pm. New members will be made most welcome.

AUSTIN HEATING & ELECTRICAL

SERVICE, REPAIR & INSTALLATION OF:

- Central Heating Systems
- Boilers, Fires, Warm Air Heating
- Cookers, Ranges, Water Heaters & Showers
- GAS, LPG & OIL

Plus – Gas Safety Checks & Landlord's Certificates
Also all Domestic Electrical Works undertaken
No Call Out Charge in Normal Working Hours

Tel: 01577 861188 or Mobile: 07786 705261

Milnathort in Bloom

As the nights draw in we can look back at a year which had its challenges and successes. The polytunnel we used to grow our plants and store our equipment collapsed in the snow last November and one of the replacements were then flattened by the wind in May. Thanks to the generosity of residents of Milnathort we were able to distribute some of our plants in greenhouses and bring the rest on in the remaining polytunnel.

Despite these setbacks we got our baskets out and our tubs and beds planted. For the cart and some of the tubs we went with a flower and vegetable theme and combined harvesting with watering, particularly the courgettes and beans. Though slow to get going, the baskets and tubs again looked wonderful this summer. At Auld Mart Lane the beds have been planted with Lavender and pinks which are more sustainable in this exposed location.

The other highlights were the completion of the Community Orchard in South Street. The trees have become established and we even had a few apples. Please stop and read the plaque describing which apples have been planted. They are all Scottish varieties, some with a very old lineage. We also completed the heather garden in Old Perth Road and as autumn draws on the colours of the different heathers are showing in all their glory.

The results of all this work was a recognised when Milnathort in Bloom won a Silver Gilt medal in the Perthshire in Bloom competition. The judges were particularly taken with the vegetable planting and though the centre of the village was spectacular.

The big ideas for next year are purchasing a new polytunnel which can stand up to the our weather, planting up the beds at the War Memorial and constructing a small walled garden/seating area in Stirling Road. If you have any ideas please get in contact or come along to our meetings.

On 24 September we met to plant crocuses and daffodils on Stirling Road. Our next meeting is on **1 October** when we will take down the baskets, empty the tubs and cart and cut the grass at the orchard. Please feel free to come along to either or both; we are a friendly bunch and new hands are always welcome.

Our **AGM** is to be held on the **24 October** at 7.30pm in the Scout and Guide Hall, Milnathort. The meeting is open to all, so if you would like to join in, in whatever capacity, please come along. You will be very welcome. After the AGM will be the first meeting of 2011/12 to plan out the year ahead.

You can contact Milnathort in Bloom at graemhs@yahoo.com or 01577 864357 or Liz Cormack at lizcormack@mypostoffice.co.uk or 01577 861820.

Grooming Marvellous

Fully trained dog groomer.
All breeds of dog groomed to a high standard,
in calm, sympathetic surroundings,

Pick-up and drop off service and
home visits available.

tel 07729 617491

Potager Garden

The 25th August was an exciting day for us at the garden, and for the school children returning after the holidays to harvest the vegetables which they had grown. We were joined by Lesley Watson, a presenter from the **Beechgrove Garden**, and a director, and sound and cameramen.

We were lucky to have a dry day, and the children enjoyed digging up potatoes, and picking peas, beans, onions and cabbage, and talking to Lesley about what they had learned at the garden. They also tasted different fruits and vegetables, apple scones, and special Potager soup and ratatouille, and took home the recipes, and a selection of produce.



Beechgrove Garden presenter Lesley Watson with local school children

The pupils were all enthusiastic and well behaved, and relaxed in the presence of the camera, and we hope they were as pleased with the final film on the programme as we were. It was interesting too to see how the garden looked when work first started, with help from the Beechgrove Hit Squad in 1986. **Thank you** to all the volunteers who helped with preparing the garden for the visit, and to Margaret, Jenny and Ros for their help on the day, and to Mrs Hynd and Mrs Bisset from the school.

On 3 September, we held a coffee morning at the garden in aid of **Macmillan Cancer Support**, and with a raffle raised a total of £85. The first prize of a hamper of garden produce was won by the Irvine family, and the large houseplant, kindly donated by Dobbies, by Margaret Greener. We also made £80 for garden funds through the sale of plants, jam, dried flowers and fresh produce. Thanks to all who attended, and helped at the event.

The garden is now looking quite wind-swept, after rain and high winds in mid September, and we will soon be starting to tidy up some of the plants for the autumn. We also hope soon to have installed the automatic irrigation system, ready for next season.

Our **Monday morning volunteer sessions** will continue meantime, and anyone is welcome to come along to help, and have a cuppa with us. We can give advice and guidance if you don't have gardening experience. For more information, contact Amanda James at 01577 840809 or amanda@tyafon.plus.com.

Kinross-shire Round Table



October dawns and we can once more face bright lights as we finish packing up from our 6th and biggest Charity Beer Festival.

Running over three days the Festival weekend packed in an eclectic mix of quizzers, real ale enthusiasts and assorted party animals. The Quiz Challenge exercised the brain cells on the Thursday as twenty teams battled it out to be crowned champions of trivia. Bob's Yer Uncle and The Kittens provided musical entertainment for the delectation of the Friday and Saturday night charity supporters, whose thirst was quenched by over 40 real ales, cask lagers, ciders and perries.

While we aim to provide a great weekend of entertainment, the Festival is also a key charity fundraiser in Kinross. This year's Beer Festival is supporting two principal charities. Friday night raised funds for the Scottish Huntington's Association and Saturday was in support of the Scottish Cot Death Trust. We are delighted to support two charities which work so hard in Scotland to give support to families where and when it is needed.

Round Table raises funds throughout the year and we try to support as wide a range of groups and projects in Kinross-shire as possible. Once a year we like to splash out to give away as much money in one night as we can - before our treasurer runs screaming from the room with what remains of the cheque book clasped tightly to his chest.

Our light-hearted Dragon's Den will return on the first Tuesday in December. Last year's event saw representatives of 9 local groups and charities pitching for funding from our tame Dragons and walking away with cheques ranging from £500 - £1,200. The successful bidders included youth groups, sports clubs, historic societies and charities. In total £6,350 was paid out on the night.

We invite applications to the Den from any group or charity operating in Kinross-shire who can present a reasoned case for support. We want to know what you are trying to achieve, what you are doing to raise money already, how much you are asking for and what you will spend the money on. We will ask for a brief presentation in front of our strictly non-ferocious Dragons as we are interested in knowing where the money we have raised is going. The fun evening brings together like-minded people who are all giving their time in their own way to make Kinross-shire a good place to be. If you want to apply please either e-mail johnstonep@hotmail.com or drop us a line via snail mail c/o The Green Hotel.

As usual, many thanks to our sponsors and volunteers who make our fund-raising possible. Without their help and support we would not be able to assist our community in this way.

Our programme, with details of events, is available on www.kinross-shire.roundtable.co.uk. If you are 18-45 and want to get involved in having fun while putting something back into our community contact us via the website.

Deadline for all Submissions
2.00 pm, MONDAY 17 October
for publication on Saturday 29 October

Kinross High School Parent Council



Chair: Brad Wood, 850767, chair@khspc.org
 Vice-Ch: Rory Stewart, 8630504 vicechair@khspc.org
 Treasurer: Allan Miller, 07779700088, treasurer@khspc.org
 Uniform: Dora Smith, 863565, blazersales@khspc.org
 EFT: Lisa Megginson, eftchair@khspc.org
 Clerk: Sheila Herron, 864015, clerk@khspc.org
 Website: www.khspc.org

The last meeting of the KHSPC, held on 6 September, saw quite a few new faces. Brad Wood welcomed everyone, in particular our new Community Member – Kay Mitchell.

Exam Results: Initial exam results for 2010-11 session were presented to the Council. They were very good. Another successful year for the majority of our children - and staff. Their hard work has paid off. Particularly pleasing were the History results. A summary of the results will be distributed to all parents in the near future. Discussions are held between Senior Management Team and departments to look at trends over 5 year periods. Good practice is passed on between departments in order to try and improve performance and attainment.

Curriculum for Excellence is now being implemented and in order to give parents an understanding of how this will affect our pupils, it was announced that parent evenings will be held to discuss Curriculum framework and Raising Attainment.

School Roll: The school roll has increased from an expected 865 for this session to 897. Good news, as this will mean budget for one more member of staff.

Parent Calendar: The Important Dates for Parents calendar is due to be finalised soon and will be published and distributed in due course.

UCAS: Parents of 6th year had been invited to attend a presentation on the process of pupils applying to Universities. This had been very well attended by parents and the feedback of validity and information has been positive.

Catchment relations: Staff from Modern Languages, Drama and CDT have been out and about visiting catchment primary schools to assist with different projects.

Blazers: Blazer sales were very good in the lead up to this session, with folk commenting that a "...sea of purple..." can be seen when pupils are on their way to and from school!

A full copy of minutes – including exam results, can be requested by contacting the Clerk.

The KHSPC meetings for this next year are:

1 November 2011; 10 January 2012; 28 February 2012;
 17 April 2012; 29 May 2012; 12 June 2012 (AGM).

Please remember that the Parent Council is in place to represent the views of parents and guardians of pupils at the school, to help ensure that our young people can learn and develop to their maximum potential. We work in partnership with the school to create a positive and proactive environment which supports pupils, staff, and parents. The Parent Council is always on hand to help support the process of communications with the School, we are always keen to hear from you, whether it be good, or not! If you would like to join the Parent Council you would be most welcome. Please contact the Clerk (as above). Thank you.

Kinross Camera Club

The new season opened with a display of photographs taken by members and the President's welcoming address. There followed a PowerPoint presentation of a trip to the Isle of May on a wet day in early summer where the dripping photographers were rewarded by the sight of cliffs covered with guillemots and terns and their chicks, also puffins standing around their burrows: birds being sensible creatures stay at home when the weather is foul! Particularly memorable was the image of a young puffin, its puffed up feathers glistening with raindrops and an expression on its face which summed up the conditions perfectly.

A second presentation showed a range of images taken by members during the various Summer Outings including a trotting event at Stirling, a visit to Perth Races and one to Hopetoun International Horse trials, yacht racing off Port Edgar, kite racers with their brightly coloured sails at St Andrews, and red kites coming in to feed at Argaty, while noctolumescent clouds, caused by the reflection of the sun from over the horizon on very high-level ice clouds in early summer, made a spectacular appearance that fully justified the effort required to record them.

The Weekend away, an annual event, visited Inverness in May and produced pictures of leaping dolphins at Channery Point, where photographers stood in blustery conditions with cameras pointed at the turbulent waters, as well as more tranquil images of interesting buildings and colourful night time reflections on the River Ness.

After refreshments and an opportunity to greet new members and familiar faces, came the Quiz which featured 30 images and 40 questions arising from them. These tested one's knowledge of Scottish locations and in some cases demanded a certain amount of lateral thinking – no-one scored full marks, but all enjoyed the test.

By the time this article is published our first two visiting speakers will have given talks and both of their chosen titles whet the appetite. These are just the start of an exciting programme of talks and competitions among other things which takes us through to April 2012 and the next May Weekend away.

Further information from Alison Bradley on 01592 840251 or e-mail alisonbradley101@btinternet.com

Copies of the book "25 Years of Kinross Camera Club" containing photographs taken by Club members and commemorating the first 25 years of the Club's existence are available from Blurb.com



Inner Wheel

A number of Inner Wheel Ladies assisted Rotary with the hosting and hospitality of a Group of five GSE visitors from D9700 Australia.

On arrival, a warm 'Welcome Reception' for the visitors with their hosts was held on the evening of Sunday 5 September, in the home of Malcolm and Fiona Mapp. Next day, an 'Open House' lunch was held at Sandy and Liz Pottie's before setting off to Falkland Palace.



Rotary and Inner Wheel representatives enjoying lunch with the visitors from Australia before going to visit Falkland Palace

The visitors enjoyed two of the most pleasant days of our summer enjoying a cycle ride from the Campus to The Bistro at the Pier for morning coffee followed by a boat trip to Loch Leven Castle. Professor David Munro gave them a brief history of the local area.

On Monday 12 September the Inner Wheel ladies were delighted to welcome their newly appointed President, Linda Hegarty, to preside over their meeting.

On this occasion Mr Kelvin Reay, President of the Kinross & District Rotary Club, gave a most interesting talk on his life growing up in Hartlepool. Mr Reay gave a 'potted' history of the town and its connections with Scotland. He concluded his talk giving experiences in his chosen teaching career which had ended up in Dunfermline.

The Inner Wheel Club meets on a monthly basis (the second Monday of each month) and has a most interesting programme of speakers and activities arranged throughout the year. While the main aim of the Club is 'friendship' much good work for various charities is carried out with funds raised through coffee mornings, special lunches, and this year's programme includes a Bridge afternoon. Any ladies interested in joining the Club should contact any current member, or Club Secretary Christine Maclure: telephone 01577 864826 or email: maclure19@gmail.com.

PLANNING PERMISSION BUILDING WARRANTS

McNeil Partnership is a locally based practice with LOCAL knowledge providing drawings and processing applications for Planning permission and Building Warrants.

We specialise in Extensions, Attic Conversions, Conservatories, Porches and Internal and External Alterations.

Contact **Eric or Fiona McNeil**
01577 863000
For free advice

DOG-GONE-WALKIN'

Dog-Walking and Pet Care
Established 2007

10 years veterinary nursing experience
Insured, References available
Claire Murison BSc (Hons)

Tel. 01577 830588 / 07508 268528
E-mail: d-g-w@tiscali.co.uk

Bishopshire Horticultural Society Flower Show Results

Opdahl Cup for most points in Baking Section - Janette Gardiner
 Elliot Cup for runner up in Baking Section – Bridget Lindsay
 £2 by the Society for best exhibit in Baking Section – Janette Gardiner
 Tullis Cup for most points in Handicraft Section - Norma Smith
 Bell Cup for best exhibit in Handicraft Section - Norma Smith
 Buchan Rose Bowl for most points in Produce - Elaine Carruthers
 President's Prize - £2 by Sandy Band for runner up in Produce – Christine Cameron
 £2 by the Society for the best exhibit in Produce - Elaine Carruthers
 Fulton Quaich for most points in Floral Art – Hilda Lawrie
 John Boyd Salver for best exhibit in Floral Art - Jane Martin
 Hunter Trophy for Novice Class Floral Art – Hilda Lawrie
 Clydesdale Shield for most points in Baking, Handicraft, Produce and Floral Art – Elaine Carruthers
 Lamont Cup for most points in Cut Flowers – J McDonald
 £2 by the Society for runner up in Cut Flowers - David Martin
 £2 by the Society for best exhibit in Cut Flowers - J McDonald
 Isabella Foreman Quaich for best single rose – Betty Nicol
 Eric Sword Tankard for best 3 gladioli spikes - J McDonald
 Bag of compost from Carrs Billington for best 3 vases sweet peas – James Gardiner
 Akerman Rosebowl for most points in Pot Plant Section - Deborah Fladgate
 Gift Token by Willie Robertson, Milnathort for runner up in Pot Plants - Jane Martin

Flint Quaich for best exhibit in Pot Plants - Jane Martin
 Donaldson Shield for most points in Vegetable Section - Deborah Fladgate
 Gift Token by Willie Robertson, for runner up in Vegetables - Simon Herrington
 £2 by the Society for best exhibit in Vegetable Section – Deborah Fladgate
 Jamesfield Trophy for the best collection of potatoes - Deborah Fladgate
 Prize by Kirkcaldy Garden Centre for best collection of vegetables – Deborah Fladgate
 Songhurst Cup for best 6 tomatoes – Deborah Fladgate
 BHS Premier Tray - Certificate + £3 – Deborah Fladgate
 Certificate + £2 – David Martin
 Gardenland Trophy for most points in Fruit Section – S Lindsay / Sylvia Herrington
 BHS Trophy for most points in Horticultural Classes - Deborah Fladgate
 Kirkness Trophy for Best Kept Garden + £15 Voucher – Kor & Diane Newhouse
 Portmoak Quaich for best exhibit in Photography Section – Margaret Paton
 George Harley Cup for best exhibit classes 1, 4, 5, 10, 11 – Daniel Ray
 The Sunshine Quaich for the most points 5 years and under – Holly Ferguson
 Prize by Christine Hunter for the best exhibit 5 years and under – Holly Ferguson
 Anne Robertson Cup for most points 6-9 years – Rebecca Mitchell
 Prize by Margaret Brown for best exhibit 6-9 years – Rebecca Mitchell
 Prize by Sheila Wardell for best exhibit 10-15 years – Victoria Baird
 Loch Leven Cup for the most points 10-15 years - Victoria Baird

Seamab School

Autumn has very definitely arrived here at Seamab and we have had quite a few days where the views have been obscured by the wind and rain. Despite this, the children have been out of doors and enjoying the challenge of completing activities in the blustery weather.

We are currently doing a lot of work on how we can increase our use of the outdoors. The Curriculum for Excellence in Scotland supports schools to develop exciting and engaging activities that help children to actively learn. This is particularly important for the children at Seamab who have often found being in school and learning quite difficult. The children themselves have already come up with lots of interesting ideas – and many of them are practical and simple. We will be developing the resources at Seamab over the next year to make sure we are making the best use of our local environment.

As well, the football team at Seamab is back in training with a new captain to lead them through the season. The children continue to enjoy horse riding at Glenfarg where they are able to learn all about riding and the care of the horses. For many of the children at Seamab, this is their first time they have been involved in horses and horse riding and they really benefit from the experience. The children have also been playing badminton and developing skills in volleyball and tennis over the last few months.

We have also been very busy with visitors. Our patron, the Right Honourable George Reid (Lord Lieutenant of Clackmannanshire) and his wife Daphne Reid, visited us on 15 September. They very much enjoyed meeting some of the children and chatting about their latest topic work. We were also visited on 16 August by Mike Russell (Cabinet Secretary for Education and Lifelong Learning). This followed on from a visit on 10 August by Rosanna Cunningham, (MSP for Perthshire South and Kinross-shire and Minister for Community Safety and Legal Affairs) with Sandy Miller (Councillor for Kinross-shire). All of the children really enjoyed meeting with the visitors in the school and telling them all about Seamab.

I highlighted in my last newsletter article the role of organisations and individuals in supporting Seamab's work. Often this is through fundraising and donations, but we have also appreciated the very practical support which individuals and groups offer. We have recently had individuals volunteer to befriend individual children and we have also benefited from practical support. If you would be interested in getting involved in fundraising, becoming a befriender or can offer any practical support, please contact us on 01577 840307 or you can email us at info@seamab.org.uk.

Joanna McCreadie, Principal

Greyhound Rescue Fife

Website: www.greyhoundrescuefife.com

Phone: 01592 890583

Email: fernijimmyf@aol.com



Greyhound sanctuary makes new friends overseas and affiliations at home

Celia and Jimmy, founder and owners of Greyhound Rescue Fife, entertained two special guests, Kristen and Gyeong Park from Virginia Greyhound Rescue in USA. New friendships were born and greyhound rescues were compared on both sides of the Atlantic. Greyhound Rescue Fife hopes that their new friends have an enjoyable holiday in Scotland and wish them a safe journey home.

At home Greyhound Rescue Fife has applied for the Royal Bank of Scotland's Community force fund to establish a "winter-proof" water supply to the kennels. There are three cash awards of £6000 available for each Community force area. The winning three will be decided by whoever gets the most public votes, so we desperately need all the public votes that we can muster.

Everyone remembers last winter; our kennels had no running water as the underground supply pipe had frozen. Volunteers spent hours physically carrying over water containers from the nearby stables, which were needed for kennel cleaning, drinking, toilets, everything in fact. A bore already exists, pipes need to be laid from there to the kennels at a depth to prevent freezing.



Greyhound Rescue Fife volunteers

GRF is totally reliant on and proud of its volunteers which include people from the Duke of Edinburgh Scheme, people on work training schemes, on probation, special needs, future vet/vet nurses.... Rehomed dogs have become Therapets which suits greyhounds' laid back nature.

Dogs don't judge people and where some volunteers have difficulty communicating with people the hounds love you regardless. GRF is a family which gives many people a purpose to their lives.

Come and join the GRF family. Vote for Greyhound Rescue Fife and help us now by going to the RBS website at www.communityforce.rbs.co.uk!

Boys' Brigade

The session is now underway with the Company meeting on Friday evenings in Kinross Church Centre. The pre-season fun night at King George V Park was well attended, despite the rain, with boys and girls enjoying a range of fun activities.

New members are still welcome to join the company – just come along on a Friday evening. Anchors and Juniors have new programmes and badge awards this session.

Anchor section: for boys and girls in primaries 1, 2 and 3, meeting from 6 till 7.15pm

Junior section: for boys and girls in primaries 4, 5 and 6, meeting from 7 till 9pm.

Company section: for boys and girls in primary 7 up to 18 years of age, meeting from 7 till 10pm.

Volunteer helpers to assist within the company are also welcome to continue the good work done by the Brigade in Kinross-shire for over 90 years.

The company has entered teams in the BB National Competitions for this coming session, taking part in badminton, table tennis, chess, five-a-side football and masterteam quiz.

Junior section camp will be held over the May weekend with the Company section camp taking place from 29 June till 5 July in Noordwijk aan Zee in the Netherlands.

For further details on the Brigade, contact company captain David Munro (01577 86126).



Kinross-shire & District Town Twinning Association



School Exchange Visit: A party of 30 pupils and three staff members from Gacé schools are visiting Kinross as part of the school exchange programme from 27 September until 4 October.

Spooky Quiz Night: A Halloween Quiz Night will be held at Milnathort Bowling Club on **Thursday 27 October** with a 7.30pm start. There will be a £12 charge per table of four, although individuals will be welcome at £3 each and they will be allocated into teams. Refreshments will be served and the bar will be open throughout the evening.

Pot Luck Supper: Our next Pot Luck Supper will be held on **Saturday 19 November**, 7.30pm at Ann Harley's house (2 Hatchbank Road). The cost will be £5 per person plus bring along a food dish (savoury or sweet).

AGM: The Association's Annual General Meeting will be held on **Thursday 24 November**.

Car Boot Sale: The sum of £70 was raised at the recent car boot sale. Thanks to all members and friends who contributed towards this with donations of goods.

Visit to Gacé, summer 2012: There will be an official town twinning visit to Gacé next summer at the end of July (final dates still to be confirmed). Anyone interested in sampling Normandy life, experiencing French culture as well as visiting local attractions by living with a French family, should contact chairperson Jeannie Paterson (01577 862159).

Want to sell something?

Advertise your item free of charge in the
Classified Advertisements section on
www.kinross.cc

Need to check something in an old Newsletter?

Consult our electronic archive at
www.kinrossnewsletter.org

Issues from September 2006 to two months ago available

Kinross & District Rotary Club



Last month started off with members being addressed by two of the District Group Study Exchange (GSE) team who went to Rhode Island earlier this year under the leadership of one of our members, Barry Davies. The objective of the scheme is to help youngsters in their 20s to develop their own professions by meeting, through Rotary clubs, their opposite numbers in a foreign country. Erin Scott, sponsored by the Kinross club, spoke first and was followed by Wendy Cheung who was sponsored by one of the Dunfermline Rotary clubs. Both were quite positive that they had benefited greatly from the experience and had made contacts which they considered to be well worth maintaining.

The next meeting was an informal club business meeting where past and future club projects were discussed by members.

At the following meeting, once again members met and were addressed by a District 1010 GSE team. This time it was in reverse as we met four young people with a Rotary leader coming from a Rotary District in South Australia to our District for four weeks. Club members met the sleepy team at Edinburgh Airport (they had only a brief stop in London after flying overnight from Sydney!). They were then taken to a reception at the home of one of our members and then taken back to the homes of our members who would be hosting them for two nights before passing them on to a Fife Rotary club. We arranged for Professor David Munro to meet them next morning at the Community Campus and tell them all about the Kinross area and its history. The whole party was then taken over to the island to see the Castle and Loch Leven. In the afternoon, after lunch at the home of one of our members, the group were taken to Falkland Palace to get some more local history. The next day was a vocational day and each visitor was taken by one of our members to meet appropriate contacts in the NFU, STV and Kinross High School.

At our next meeting, we were addressed by the Rev. Bryan Tomlinson from Dunfermline. He gave members a fantastic description of the voyage of the El Gran Griffon, flagship of the Spanish Armada's Supply Squadron, right up to her being wrecked at Fair Isle.

We learned that, after the Armada was defeated, the surviving vessels, including the El Gran Griffon, escaped up the North Sea and were forced by storms to the West of Scotland and down almost to Ireland. Another storm separated three ships, including the El Gran Griffon, from the remaining fleet and she was driven North and eventually sought refuge in Fair Isle. However, the strong tide carried her on to the rocks and she was wrecked. A fantastic story and so well told by Bryan – I suppose that was not surprising from someone with so much experience as a Church of Scotland minister!

If any of the above are of interest to you, or you would like to be involved, please visit our web site, www.kinrossrotary.org for further information about the Rotary movement and the Kinross Club in particular. Alternatively, if you know any of our members, why not speak to them and discuss the possibility of being invited along to one of our meetings as a 'taster'?

Contributors – please send your item well before the deadline if you can

Milnathort Town Hall Association

The AGM took place on 12 September. Only existing Committee members were in attendance and the following were agreed as the next year's Committee Members:

Chair: Rosemary Tolson **Vice Chair:** Barclay Kilday

Secretary: Susan Britton **Treasurer:** Kirsty Cassells

Members: Joe Giacomazzi, Kathleen Mitchell, Murray Mitchell, Jean Paterson

Ex-Officio/Advisor: Cllr Willie Robertson

The next Committee meeting is on **Monday 24 October** at 8pm in the Ante room.

Chairman's Report 2011

Well, what can I say? It looked as though this year was basically going to be a carbon copy of last year with no progress with regards to the lease, but we have agreed with PKC a workable lease which has just to be drawn up by their legal department and checked by our legal representative and then signed. Hopefully this won't take too long. Hooray!

I would like to thank the continued support and patience of the Hall committee. We are all eager to see things moving and I know I am not alone in, at times, wondering where and when we are going to get anywhere. Sometimes to the point of throwing in the towel!

We agreed during the last few months that we would go ahead with refurbishing the stage area to incorporate much needed storage space for the chairs and other things. This has been done to a very fine finish, and already makes the hall look so much better. Thanks to all who mucked in and cleaned to get the hall ready for users.

We have also agreed that even though a lease is imminent, it will take some time to get to a stage where renovations will begin. Therefore, the hall and maybe the entrance is going to have another coat of paint to brighten and enhance the look.

Once the architect has drawn up the appropriate documents to go forward to a planning stage, we will have some kind of open day for the community to make comment/suggestions.

I would like to thank the hard work of the team running Milnathort Filmhouse; a very difficult task, working out films and running the events. Even though there is not always a profit, the main ethos of this event is to offer something for the community and for families. It is apparent that weather and time of year are contributing factors to good attendances but I am grateful that we can offer something here in the Town Hall for the community, profit or not.

I look forward, with apprehension I must say, to what is going to happen in the next 12 months. Hopefully, it will not be too long before we can see something on paper and also we can start applying for funding from the various organisations.

Thanks once again to the steadfastness of the current committee and we look forward to the future of Milnathort Town Hall in the heart of our village.

Portmoak Hall 100 Club

August Draw

- 1st No. 22 Joe Smith, Scotlandwell
- 2nd No. 73 Ian Dandie, Kinnesswood
- 3rd No. 16 Arianne Harvey, Wester Balgedie

Explorer Scouts on Ben Nevis

Cloud base falling from 800 metres to 500 metres on Saturday with winds gusting to 70mph over the higher summits and rain spreading in to Lochaber. Eight explorer scouts and three leaders were on route to Glen Nevis planning to climb Ben Nevis on the Saturday; not much we could do about the complete change in forecast.

In the dark, the group kit was shared out between the explorers and we headed up the footpath through the ravine to the area opposite the steel hut. Even though it was eleven at night we could see the rain being driven up the glen towards us. The leaders were quickly into waterproofs and pitched their own tents; the explorers were less organised. Once the explorers were in their tents there was no way they were sticking their noses back out till morning.

After breakfast of bacon rolls with the weather hanging around the mountain, the leaders had a brief discussion as to the alternative programme for the day. Tents down and all the kit packed, the group crossed the three wires of the steel bridge to get a closer look at the steel waterfall.

We stopped at the Glen Nevis tourist centre, planning to walk up to the halfway lochan to fill the time. The track was busy and we passed several groups also on the ascent and met a couple of runners who were descending. With the cloud base lifting all the time, Craig had the pleasure of telling the explorers that the weather was good enough to attempt the summit.

Continuing up the track, a vole ran across the steps in front of us. Near the top we passed several groups all with one person in a wheel chair who were descending from the summit. Capability Scotland were running a sponsored event to enable some wheelchair-bound people to reach the summit.

The summit was cloud-free (unlike the forecast) and we got glimpses of the view over Lochaber and the Blackwater reservoir. The explorers posed for a few photos on the summit then headed back down the track to the car park, passing some of the wheelchair groups. The explorers were not impressed at the number of groups that were still heading up the track as we descended; it had taken us six hours to do the round trip and we were passing these groups after five in the evening.

The explorers are now deciding on their next challenge.

Probus Club



On 7 September, the President, Ron MacDonald, welcomed the members back from the summer recess to the first meeting of the session, and also introduced the speaker, Graham Findlay, whose subject had the title, "The Dundee Cowboys". This title, said Ron, had utterly intrigued the members. Various suggestions had been put forward, but all was going to be revealed by Graham.

Graham said that he had always been interested in the history of Dundee, and in researching the family tree had come across the story of a Dundee Investment Company which had fascinated him. Dundee was famous for its jute industry which in its heyday was very profitable. In fact during the various wars of the 19th century the jute industry in Dundee made a lot of money. Armies require a lot of canvas for tents, tarpaulins and even sand bags. What was to be done with this surplus cash? – The answer was, "Invest it". And so special investment banks were established in Dundee. One wanted to buy a large ranch in Texas called the Matador ranch. This company was called "The Matador Land and Cattle Company of Dundee, Scotland". This investment company were the Dundee Cowboys. This large ranch is situated in the North West corner of Texas. The sale to the finance company consisted of about 500,000 acres of land and 40,000 head of cattle. The ranch continued to grow and prosper during the 69 years of its Scottish ownership. The finance company invested wisely. The ranch was eventually sold for about 7 billion dollars in today's money to the Chase Manhattan Bank in 1951.

Tony Jones gave the vote of thanks for a most informative and enjoyable talk.

Lodge St Serf No. 327

October

- Tue 4 Regular Meeting at 7.15pm.
Business Meeting and Ballot.
- Tue 11 General Committee Meeting at
7.30pm. Arrange work for next Regular Meeting.
AOCB.
- Tue 16 Regular Meeting at 7.15pm. Degree to be
confirmed.
- Tue 23 General Committee Meeting at 7.30pm. Arrange
work for next Regular Meeting. AOCB.



Slimming World

the club with the big heart

**New group starts
Monday 22nd August**

Kinross
Kinross Church Centre
(Upper Hall)
64 High Street, KY13 8AJ
Mondays at 7.30pm
Tel: Chrystall 07768 343000

0844 897 8000
www.slimmingworld.com

SOFT FURNISHINGS

Quality hand-finished Curtains and Blinds
expertly made from your own fabric.

Specialising in hand-pleated, interlined
curtains

Full fitting service available

Free quotations

Contact Jeanne Sledmore on
Tel 01383 724607
Mob 07799 204739

Portmoak Film Society

Treat in store with "True Grit"!

About 40 film fans, including families with children, packed Portmoak Village Hall for the season's September opener: a double bill of animations by the French director Sylvain Chomet, but the two films could hardly have been more different. The first, "Belleville Rendezvous" was a madcap, frenetic and frankly noisy homage to American gangster movies, with the kidnapping of the hope of the Tour de France by the mafia, and his wobbly-eyed grandmother saving the day. After the interval, "The Illusionist" followed – a homage of a completely different kind looking back nostalgically to the end of the music-hall era, with an out-of-work French magician who leaves France and comes to Scotland in 1959 to find work. It's a beautifully drawn trip which takes him to the Highlands and back to Edinburgh with more than a touch of magic and romance, and clearly the audience agreed, with 84% rating the films as "excellent" on the marble count.

Next up in the programme is the 2010 Cohen brothers' stylish remake of the classic movie "True Grit" with Jeff Bridges and Matt Damon, showing on **Saturday 8 October**. Don't be put off if you're not a fan of Westerns – the Cohen hallmark of originality and brilliant cinematography ensures it has a much wider appeal. Old and new members are welcome; doors open at 7 o'clock for a 7.30pm start and we always end with hot drinks and delicious cakes, courtesy of Marion.

To check out the rest of the programme, go to www.portmoakfilmsociety.org.uk

Kinross & Ochil Walking Group

The turn of the seasons - come walking with us and enjoy the scenery with the first walks of our winter programme. Whether you're new to walking or a regular walker, try out a walk or two to see if you'd like to join us. Walks are led by volunteers from the group and new members are made very welcome. This month we have two fantastic weekend walks.

Sunday 9 October: Wood Hill. 4 miles. A gentle start through community woodland then climb above Silver Glen. Continue climb to summit of Wood Hill before descending into Mill Glen. Ascent 500m. No dogs or children please.

Saturday 22 October: Blairadam Forest. 7 miles. A pleasant circular walk through forest on woodland paths. No dogs please.

For all walks you do need appropriate clothing (not jeans) including boots and waterproofs. Walks can be of several hours duration so a packed lunch/water/warm drink should be brought.

For further details and where to meet us, please call our group Secretary, Edna Burnett, on 01577 862977.

Need Equipment for a Community Event?

Marquees, Gazebos, Chairs, Tables and more available to hire (or sometimes borrow).

Items are listed on www.kinross.cc at:

www.kinross.cc/equipment_hire/equipment.htm

If your community group has items it would be prepared to lend or hire out, please add them to the list.

Kinross Museum



During September, Kinross Museum hosted a visit made by members of the Rotary Club of Kinross and their guests from Australia who went on to cycle the Loch Leven Heritage Trail and sail out to the castle with Professor David Munro acting as guide. Later in the month the Museum gave six presentations on Loch Leven to S1 history pupils of Kinross High School who were also paying a visit to Loch Leven Castle as part of the 'Growing up with Loch Leven' educational programme. In September ten items were gifted to the Museum's ever-expanding collection of Kinross-shire memorabilia. One of these, a late 19th-century souvenir mug on which is written "A Present from Kinross", was kindly offered to Kinross Museum by Jim Marshall, Crook of Devon. Volunteers continue to catalogue the collections and answer a steady flow of enquiries from those in search of information about Kinross-shire. If you would like to help out as a volunteer, do come along to the museum study room on either a Thursday or a Saturday to find out more.



19th-century souvenir mug

SSAFA Forces Help Perth & Kinross Branch



Reg Charity SC038056. Patron: HM The Queen

Who We Are

We are the local Branch of the Soldiers, Sailors, Airmen and Families Association – Forces Help, the national charity, which for 125+ years has been helping serving and ex-service men and women, and their families, in need. Eligibility is based on only one day's paid service.

Where Are We?

Your local Branch covers all the Tayside Region, with a small office in Perth and a network of around 30 trained volunteers in the area, to look into cases with understanding and sensitivity.

What We Do

We spring into action whenever there is hardship, or need. Our help and advice is totally confidential, and we help all ages. We work closely with other agencies and service charities, and help can vary hugely... We may help an ex-Serviceman replace his medals, or help a war widow with her bills, or assist a Service family with a special needs child, or a returned veteran from Iraq or Afghanistan. Need must be the criterion...

How Can You Help Us?

If you need our help, or know someone who does, please get in touch by letter, phone or e-mail. We can offer:

HELP, ADVICE, FRIENDSHIP

If you'd like to help us by volunteering, or fund raising, or leaving us a legacy, please get in touch – training is given and all expenses paid. It is so worthwhile.

SSAFA Forces Help

Queen's Barracks, 131 Dunkeld Road, Perth, PH1 5BT
Tel: 01738 625346 Email: perth@ssafa.org.uk

Portmoak Primary School

School Library – A Plea to the Whole Community

The staff, parents and pupils from Portmoak Primary School would like to ask YOU a big favour. We are applying for a grant from the Royal Bank of Scotland Community Force Fund. Our school library is very tired and old and all our books are battered. We want to develop the library from it's tired state into a 21st Century learning resource centre. We are aiming high, and not scrimping on our designs, so that we can have a fantastic place that encourages everyone to relax and enjoy a good book in a welcoming space. We need you to vote for our project so that our school has a chance of winning one of the three grants for our area. All you need to do is to go to this link www.rbs.co.uk/communityforce and follow the on screen instructions to vote for our project. Five minutes of your time could contribute to making our library dreams a reality so please, please vote for our project!



The Portmoak Primary School library - in need of refurbishment!

After School Clubs

This year we are offering after-school clubs in Football, Rugby, Cricket and Yoga. Most of these clubs are run by our committed parents and we are very grateful to them for all their efforts!

Meet the Teacher Event – Monday 5 September

Thank you to all the mums, dads, aunties, uncles, grannies and granddads that gave up their time to come and visit the classrooms on Monday 5 September. It was lovely to see so many people on the day.

Christmas Fayre – Thursday 10 November

This year we will once again be hosting a Christmas shopping night to raise money for our new school library. There will be a wide range of stalls, craft activities, games, food and drink on offer, as well as a selection of goods available to purchase that our enterprising pupils have made. The Fayre is on from 6.00pm-8.00pm and is being organised by the Events and Fundraising Team.

CERAMIC TILING SERVICE

*A large range of wall and floor tiles for supply and fix
or*

You may require a labour only service

Free estimates

Phone **GEORGE BIRD Kinross 862253**

Primary 3 and Primary 7

Sharing the Learning Assemblies

We have already held two class assemblies, which were well attended by mums, dads, grannies, granddads, aunties and uncles. Primary 3 entertained us all with some lovely singing and told us all about their Materials topic. Primary 7 amazed the audience with the amount that they had learned about Japan and even taught us all how to count up to ten. Well done Primary 3 and 7!



*Making life better
for seriously ill children*

Charity Fundraising Day – Friday 30 September

This year we will be supporting two charities on 30 September. We will have coffee and cake in the hall at 9.15am, with the proceeds going to Macmillan Cancer Care. We will be paying £1 to dress up as a Roald Dahl character on the same day, to support Roald Dahl's Marvellous Children's Charity, which aims to make lives better for seriously ill children - see www.roalddahlcharity.org for more information.

Families and friends are invited to join us in the hall for a chat and a cuppa and a chance to see some fun and dahl-icious costumes!

And remember, vote for Friends of Portmoak Primary to get a Royal Bank of Scotland Community Force award of £6,000 at www.rbs.co.uk/communityforce

Massage for Pregnancy
Birth & Life Beyond



Orla Beaton

www.orla-beaton.co.uk 07854 196 955

Pauline now grooming at
LOCHRAN MOSS GROOMING
(1/2 mile Junction 5 M90)

All dog breeds catered for sympathetically
and to owner requirements
Clipped, trimmed and bathed
in a friendly environment

For appointment:
**Call Pauline 07825 367804 or
01383 830752**

LOCHRAN MOSS, BLAIRADAM, KELTY
FIFE KY4 0HZ

Thank You to (and from!) Scotlandwell in Bloom

Since our appeal in the Newsletter for our 'African Baby Knitting Project' we have been inundated with hand-knitted donations of beautiful baby clothes, blankets and toys. Thank you so much to everyone who has donated - your response has been terrific. To date we have sent over 20 parcels. We thought you might like to see the following letter (received by e-mail on 13 September), which says it all:

Dear Elaine

I received last Friday **6 parcels**, all from Scotlandwell in Bloom.

WOW - I cannot thank you and your ladies enough for what you are making for us here in South Africa. I was so excited to unravel each of the parcels and find such gorgeous intricate pieces of both crochet and knitting. (The colors were absolutely lovely).

I immediately sat my husband down and showed him every single piece of every parcel given, and even he remarked on the beautiful stitching, patterns, colors and workmanship gone in to every item. He is the Chairman of our Humanitarian Trust, and he said to say "thank you very much" to all ladies from Scotland involved in this project. (His ancestors were Scottish, so he was feeling VERY proud of you all!) :-)

I also received on top of these parcels, an extra parcel from a lady named Ms N Hogg. She said that she had gotten my address off you, and had sent me a special parcel filled with beautiful babies clothing, blankets, hats etc as well!

Your group's passion, enthusiasm and commitment really means a lot both to me, and to our Trust. So, to all ladies involved - we thank you all very much!

On another subject, Elaine, at this point I would like to 'throw something out there'

Currently myself, and some of my ladies here in South Africa are making some "wild 'n' wacky" bright children's/toddlers' scarves for the orphans here, but I have been planning for next year and hunting on the internet for new orphanages in need, and have found one in particular in the country of Lesotho (right beside South Africa). There, they currently have 45 children, from Newborn up to 5 years old, and live in a high altitude area that snows, and is as freezing as Scotland in winter time. I don't know if any of your ladies may feel prompted to knit some scarves (or whatever) for these destitute toddlers. If any one may feel prompted in this area, please just put a sticker on the front of the scarf/garment/blanket with the word **LESOTHO**, and I will get the donation sent straight to them. Thanks! Two more things before I go: I started a new web site, so all your ladies can see what comes through, and keep up with the latest photos etc.

The new web site is as follows: <http://knit4africa.webs.com/> and I also have a group running on Facebook for whoever is interested, name: **Wild & wacky scarf club (knitting and crochet charity)**

<https://www.facebook.com/groups/202841929776869/>

Many blessings to you all

Roslynn Sinclair, ros@lei.org.za

Club Correspondents

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

Common Grounds



Now that autumn is upon us and the days are shortening, hopefully when you read this the harvest will be safely in and of course our log fire will be burning brightly. Our Christmas Fairtrade Christmas catalogues are now available to peruse. Early orders will make sure that items are still in stock, that way you should not be disappointed. Also we are pleased to announce that we have two new Volunteers working in our café, so come along and meet them for yourselves. Betty's bags with pouches are selling like hot cakes, so please don't miss out.

Project: Our project is "Hives Save Lives". Their aim is to fight poverty by providing training and equipment to build self-sufficiency by helping people to self-support in their community. A month-long training course in bee keeping will be provided to subsistence farmers in South Sudan, North Uganda and into neighbouring parts of the Republic of Congo.

Project Supper: We are delighted that Alison Graham from Sightsavers is able to come and speak at a Project Supper on **Friday 7 October** (please note the change of date), 6.30pm for 7pm. All are most welcome so please come along to the Guide and Scout Hall, Church Street, Milnathort for an evening not to be missed. A finger buffet will be provided with tea and coffee.

Beetle Drive: This will take place on **Friday 21 October** 7pm for 7.30pm, again in the Guide and Scout Hall, Milnathort. Only £2 entry and this will include tea, coffee, biscuits and cake. Lots of prizes to be won and should be a real fun evening. All are most welcome, so do put the date in your diary.

Website: Our new website address is

<http://www.spanglefish.com/commongroundscharitycafe/>

Our **AGM** will take place on **Friday 4 November** at 7pm in the Guide and Scout Hall, Church Street, Milnathort.

Finally, it would be absolutely wonderful if we could find someone to fill the vacancy we have for a Treasurer for our forthcoming new year and a big thank you to all who have served Common Grounds in whatever capacity.

Our opening hours are still 10am – 1pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are: James Henry (Convener) 01577 864452 and Linda Freeman (Secretary) on 01577 865045.

Tullibole Castle

New Kinross Wedding Venue

Ideal for Marquee Weddings

*Indoor for 55 persons**

Space for large Marquee Wedding and Reception

17th Century Scottish Castle. Grade A Listed

By Crook of Devon

www.tulbol.demon.co.uk/weddings

weddings@tulbol.demon.co.uk

Tel: 01577 840236





The Kinross-shire Civic Trust



20th Anniversary Dinner

The Civic Trust will be holding a Dinner to celebrate its 20th Anniversary since its foundation in 1981. The Dinner will be in the Grouse and Claret on **Wednesday 23 November** at 7.30pm. The evening will begin with a Bucks Fizz at reception, followed by a two-course Dinner and a special celebration cake with the tea and coffee.

The Dinner will be followed by a Talk by the Trust President, Professor David Munro, MBE describing the sources, activities and successes of the Trust over the last twenty years.

The cost of the evening is £27.00 per head. Please contact Bridget Lindsay, 01592 840 252 if you wish to attend. We look forward to seeing as many members and their friends as possible at the Dinner.

Scottish Civic Trust/Planning Aid for Scotland

Scottish Civic Trust (SCT) and Planning Aid will be holding a Seminar on **Thursday 8 December**. The seminar will be in the Loch Leven Community Campus at 4pm until 6pm.

The Scottish Civic Trust is the national body for the civic movement in Scotland. It engages proactively with local civic groups across Scotland and regularly comments and campaigns for the improvement of Scotland's individual buildings and areas of distinction.

How does the Trust interact with the Scottish Planning System?

John Pelan and Gemma Wild will give an overview of the Scottish Civic Trust's role, including casework and the relationship with local authorities and other bodies, and how the Trust can support local groups in influencing planning decisions.

A representative from Planning Aid Scotland will then give a summary of the work of the independent and impartial organisation, which aims to help people shape their communities and improve the way people engage with the planning system.

Both these bodies do tremendous work in considering, helping and advising on planning situations. Planning Aid is manned by planners who voluntarily give their services in helping people where there are planning situations that need expert advice. SCT also give advice in this role.

This will be an excellent opportunity to meet experts who can give professional assistance.

The meeting will last about two hours and there will be opportunities to ask questions and discuss afterwards.

The event is being hosted by Kinross-shire Civic Trust and is open to all interested parties, including members and non-members.

Images of Kinross-shire

Photographs can be downloaded free of charge from the www.kinross.cc

Photo Library

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.

Buildings of Interest in Kinross-shire Balado Bridge Satellite Station

Visible for miles around, one of the most prominent buildings in Kinross-shire stands to the north of the A977 trunk road, two miles west of Kinross. Known locally as the 'Golf Ball', the former Balado Bridge Satellite Station was officially opened by Princess Anne in 1985 as a North Atlantic Treaty Organisation (NATO) Communications Facility. A product of the last years of the Cold War, Balado Bridge SATCOM ground terminal F17 was one of a wider network of NATO early warning radar detectors in the UK and beyond.



Balado Bridge Satellite Station

Prior to the building of the NATO station at Balado Bridge, an airfield had been established here during World War II as an operational training unit linked to Grangemouth. Opened on 20 March 1942, it operated until June 1944 as a training centre for Polish pilots flying Spitfire and Hurricane aircraft. After the war McDonnell Aircraft broke up hundreds of surplus aircraft here and the runway was used for a while by small planes and gliders.

The 'Golf Ball' is actually a white fibreglass radome or radar dome housing a large dish antenna that could be rotated and elevated to point in any direction. Radomes, which are transparent to radar and radio waves, are designed to protect dish antennae from wind, rain, ice and ultraviolet rays as well as conceal them from public view. The Balado Bridge radome was connected via a corridor, which was protected by Nuclear Biological Chemical (NBC) protective doors, to the main station building, an accommodation block, a station mess and an emergency power generator room equipped with twin 180 kW generators. Shortly after the building was completed, a double layer security fence was added to the perimeter, incorporating an MoD Police Post.

After 20 years of service, the NATO station was mothballed in 2005 and finally decommissioned and put up for sale a year later by the Ministry of Defence.

'ALTERED IMAGES'

UNISEX HAIRSTYLING
in the comfort of your own home
Call LINDA on 01577 863860



Sports News

Orwell Bowling Club

The "summer" has continued to be unkind to outdoor sportspeople Scotland-wide - those down in England having trouble keeping their greens from cracking up. However a lovely evening was enjoyed by entrants in our Haig Cup, which involves aiming at circular targets and other abnormal bowling manoeuvres, the winners being: Gents: Gordon Morton, Ladies: Betty Hamilton. This was followed by a rather wet Sunday 7 August for our annual Ladies Open Pairs, won by President Diane and Orwell member Kirsten Dougray, 2nd Maureen Dowey and Nancy Alson of Auchtermuchty, and 3rd Orwell's Christine Davidson and Isobel Cheney.

We ran a very successful "Family Day" on 8 August, with 22 people attending - from one baby-in-pram, toddlers just old enough to hold a junior bowl, juniors and some potentially highly talented Mums and a DAD! One young lady, instructed "to aim at Nanna" got chalk on two occasions - watch THAT space! A slightly earlier finish than anticipated as both coaches and learners wilted on an unusually warm morning, enabled a welcome cuppa to be had by those in need.

Our Golden Oldies stalwarts set forth on the evening of 11 August to take on Dollar in the semi-final on their turf, which, unlike our home ground, proved a little wayward (well, perhaps one should say the bowls did - on some "interesting" rinks). With only one of our three rinks up, Orwell finished 10 shots down - there is always another year..... more Golden and just a little more Oldie.

With some games cancelled due to washed-out greens, friendlies then resulted in the following:

Luncarty, 14 August at home - Orwell 19 shots up.

Perth West End, 28 August at home - Orwell 56 shots up!

Headwell (seniors), 31 August away - Orwell 10 shots down.

The Bells Invitation Triples on Sunday 21 August resulted in the following: 1st Dave Winton, Vic McKechnie & Bobby Brian; 2nd Gordon Morton, Andy Hislop, & Peter Donogue; 3rd Bill Smith, Jim Longmuir & Sandy Gannon, and the only ladies triple Betty Hamilton, Sheila Rennie & Agnes Hutcheson came a creditable fourth place.

With only five more games outstanding, and several club finals remaining this season, we are beseeching the Gods of the Greens to allow us an Indian summer, before our closing of the green at the end of September.

JOE BURNS

Computer Repairs & Servicing

Computer slow, virused,
needing upgraded or internet problems?

If you suffer from any of the above or just need advice,
give me a call.

Local collection and delivery, competitive rates, call-outs
and evening visits available.

01577 862399 (24hr Ans Mc)

07850897924 Mobile

JBcomputing@btinternet.com

Kinross Otters

The Midland District Sprint Swimming Championships

Olympia Pool, Dundee, 3 September,

The annual Midland District (Tayside) Sprint Swimming Championships event seeks to identify the fastest of the fast. And so it was that every club in the District turned up at the Olympia Pool in Dundee on Saturday 3 September with the intention of being just that. The competition was fierce as the cream of Midland District battled it out for the major honours on offer. This was the Otters first meet of the swimming year.

After several near misses, the Otters mood was low at the half way lunch break as they had managed to win only one medal, such was the competition, but an excellent second period saw them claim nine more to put the Otters into double figures. For the first time in a number of years though, there were no golds.



*Medal winners Claire Moloney, Keir Menzies-Smith,
Rachel Brisbane, Finlay Nesbitt, Niamh Mullen and Aaron Gillon*

Top medal winning Otter on the day was **Aaron Gillon** in the 12 yr old Boys category. He claimed three clear silver medals in the 50m Backstroke (36.43), 50m Breaststroke (41.97) and 100m Individual Medley (1.19.34 – missing the gold by under 0.3 secs). He has increased his training of late and the results showed.

Next best was **Finlay Nesbitt** in the 11 year old Boys category who mimicked Aaron but with bronzes instead of silvers in the 50m Freestyle (34.85), 50m Backstroke (41.45) and 100m Individual Medley (1.28.51).

Keir Menzies-Smith won a silver medal in the 11 year old Boys 50m Breaststroke in 47.76 seconds.

Just to prove that it was not a boys' team that the Otters sent, **Niamh Mullen** won a silver in the 12 year old Girls Butterfly in a fast 36.02 seconds, whilst **Rachel Brisbane** did the same in the 14 year old Girls 50m Breaststroke in 39.30 secs and in the same event, **Claire Moloney** claimed a bronze in the 12 year old Girls race (44.71).

For more information on this vibrant and friendly club visit our brand new funky website at **kinrossotters.org.uk**

Kinross-shire Visitor Information Points

Loch Leven Fishing Pier; Robertson's of Milnathort;
Kinnesswood Village Store;
Fossway Stores, Crook of Devon

Kinross Road Runners



The busy summer season is almost at an end, with the road runners returning good results at both local races and further afield.

Sunday 28 August saw 14 of our runners compete in the Perth 10k. This is one of our championship events. It starts with two laps of the George Duncan Athletics arena, then takes in two laps of the North Inch before finishing in the stadium. The key KRR results were for Allan Kemp, who was 11th overall in 37.26, and Jillian Gordon, who was our first lady home in 41.07.

On 28 August our incredible speeding postman Peter Edgerton ran in the Moray Marathon. This was Peter's first marathon, and he completed it in 3hrs 15mins 40sec. We are very proud of you, Peter. You planned for it, trained hard for it and got an excellent, well-deserved result.

A few days later 31 KRR runners turned out for the Graham Clark memorial run. This is organised by Carnegie Harriers, and is basically 3 laps of the Knockhill racing track. It's a great novelty to run on a car racing track, and although it's only 3.9 miles, it's all up or down, with no flat sections at all. I suspect this is also a very popular event due to the excellent sandwiches and cakes provided after the race! Allan Kemp was 7th overall with a speedy time of 21.48. Jillian Gordon was the third senior lady with a time of 24.29. Maureen Hill is returning to the kind of form we are used to from her with a time of 25.45, which was enough to win the 2nd Female over 40 category. Our more senior members were also in impressive form. Roger Stark, our fantastic coach, was the 1st male over 70 with a time of 31.46, and Sandy McCalman was the 2nd male over 70 in 36.32.

Sunday 4 September was the day of the Great Scottish Run, the Glasgow half marathon. This is the biggest running event in Scotland with over 20,000 runners taking part. It has a fantastic big city atmosphere, with Glaswegians out in force to support the runners. It starts in George Square in the heart of the city, and takes you over the Kingston Bridge, then through some of Glasgow's lovely parks, before a fantastic finish at Glasgow Green. This year 10 Kinross Road runners took part. Jillian Gordon was our first lady home in a personal best time of 1.28.34. Another great result for Jillian, Well done! Allan Kemp was our first man home in 1.25.36, again a very impressive result. Allan is just limbering up for his first Marathon, which will be Loch Ness in October. Look out for the report in next month's Newsletter.

Hot off the press: just in time for the newsletter deadline today (Sun 18th), saw a massive turnout of KRR runners for the Stirling 10K. This is one of our club champ races, and it is a speedy flat course, so for many of the runners it was their best 10k times of the year. 31 KRR runners participated. Our first three male runners were Andy Laycock (35.41), Allan Kemp (36.37) and Stephen Crawford (36.47). Our first three lady runners were Jillian Gordon, with a pb time of 39.32, Maureen Hill (42.20) and Pippa Coutts (45.14). The race was superbly followed by stovies provided by Allison. Thank you so much. Some of us back-of-the-pack plodders judge a race by the quality of post-race refreshments. This was an A+ event!

Finally, one of our Kinross Road runners, Wendy Grieve travelled to Newcastle for the Great North Run, and finished it in style with a personal best time of 1.54.48. Wow! Well done, Wendy.

For more information about your local friendly running club, visit Kinrossroadrunners.co.uk

Kinross Volleyball Club

The club continues to meet at King George V Park on Monday evenings but with the nights closing in it will be a 6.30pm start until the school October holidays and indoor training will commence at the Community Campus from the first Monday of the new term, from 8 till 9.45pm.

The club has entered three teams in the Perth District League with two Premier League teams (Kintronics and Scotrange) and one BB team in the Recreational League.

In this pre-season Recreational League Cup competition, the BB team played three sectional games with the opening game being against current cup holders Hitting Bricks. The BB side did really well and were set to cause an upset leading 28-27 but lost out in the end 35-29. In their second game against See Me the youngsters didn't play so well and they went down by 35 points to 17. In their final section game against Dunfermline, the BB side won by 35 points to 24. It was good to see two new youngsters play their first games, so well done to Jack Watson who is still in primary 7 and also to Lewis McKenzie.



The Boys' Brigade Volleyball Team

The club hopes to enter a men's team in the new East and Central Scotland Regional League, playing home and away games against teams from Dundee in the North, Aberlady in the south and Stirling in the west. This new league will provide welcome competition against different teams from outwith the Perth area.

New members are always welcome and with volleyball receiving an ever-increasing profile due to the forthcoming London Olympics, it is hoped to introduce volleyball to an increasing number of youngsters and adults over this coming season. Volleyball is very popular around the whole world, although in Scotland it is still only a minority sport. If you haven't tried it before, come along and join in the fun – you won't regret it. All ages catered for with qualified coaches.

The club will be starting an outreach coaching programme for schools from October at Gleneam Community Campus on Tuesdays after school and at Kinross High School on Wednesdays with lunchtime and after school clubs.

Do you have

Photographs of Kinross-shire

you'd be happy to share with others?

Visit www.kinross.cc to find out how to add your photos to the Photo Library. The aim of the library is to provide a resource for promoting Kinross-shire.

Kinross Cricket Club

Junior Awards Night

Monday 12 September saw over 200 people attend the annual junior awards night in the main assembly hall at Loch Leven Community Campus. The evening was hosted by junior convenor, Tim Gosse, with special guest Mr Gavin Davey OBE, Chief Executive of The Gannochy Trust.

Kwik Cricket

The Kwik Cricket award winners were:

Bronze Award: Andrew Clark, Ben Volland, Ramsay Scott, Luke Volland, Jake Hodgson, Findlay Langton, Ross Hunter, Euan Abel, James Abel, Joe Jenners and Emma Turlik.

Silver Award: Jack Campbell, Josh Hodgson, Eleanor Baughan, Eleanor Culley, Abigail Hall, Callum Shah, Lewis Smart, Marshall Smith, Fraser Turnbull, Alex Turlik and Mark Gatland.

Gold Award: Toby Douglas, Struan Fotheringhame, Jamie Glasgow, Elliot Hogg, Rebecca Peedle, Daniel Reilly, Kelly Smart, Daniel Sproul, Jamie Gibson, Daniel Round, Jack Muncey, Gillesbuig Peterson, Robert Yeaman and Niamh Ironside.

Individual Kwik Cricket Medal Winners

Bronze Medals: Ben Volland, Ramsay Scott, Luke Volland, Findlay Langton, Euan Abel and James Abel.

Silver Medals: Marshall Smith and Alex Turlik.

Gold Medal: Jamie Gibson.

Inter-Cricket Certificate Winners

Lauryn Brand, Gavin Hay, Ben Hodgson, Angus Marden, Hannah Peedle, Louise Clarke, Fin Hall, Suley Ulla and Sam Law.

Inter-Cricket Medal Winners

Angus Marden and Finn Hall.

U11 Hardball Awards

"Spirit of Cricket"	Sam Law
Most Improved Player	Daniel Sproul
Fielder of the Year	Hannah Peedle
Bowler of the Year	Stuart McCreanor
Batsman of the Year	Jack McCreanor



U13 Hardball Awards

"Spirit of Cricket"	Samuel Smith
Most Improved Player	Lachlan Peterson
Fielder of the Year	Fred Culley
Bowler of the Year	Rory Cooke
Batsman of the Year	Fred Culley

U15 Hardball Awards

"Spirit of Cricket"	Nicholas Diston
Most Improved Player	Colum Stevenson
Fielder of the Year	Fraser Gosse
Bowler of the Year	Fred Culley
Batsman of the Year	Fraser Gosse

Special Awards were presented to **Lachlan Peterson** for taking five wickets for 14 runs for Perth & Kinross Area U13's and to **Fred Culley** for scoring 104 runs for Perth & Kinross U13's against Dundee U13's.

Former chairman, Ken Reilly, made a **special presentation** to **Peter Ross** for his outstanding contribution to the club both as a player and a coach. Peter moves to Leeds for University and to join the MCC Cricket Academy in the hope of signing a professional contract in the next few years.

The final award was the **Kinross Junior Player of the Year**, which was awarded to **Fred Culley** for his contribution and excellence across the junior section.

Other News

The Kinross Ladies have reached the semi-final of the women's Scottish Cup. Unfortunately continual weather issues means that the match has been delayed into the start of next season.

Plans are being prepared for submission of a new planning application for the proposed new ground at Loch Leven's Larder. This will be ongoing over the winter period with a detailed plan being submitted in the early New Year.

Winter Junior training starts at Loch Leven Community Campus on Monday 24 October. As in previous years, the U15/U13 squads and the U11/12 squads will train alternate Mondays. Full details on the club website, www.kinrosscc.co.uk

BODY BLISS

"Therapies to Enhance Your Life"

REFLEXOLOGY / REIKI
SWEDISH BODY MASSAGE
AROMATHERAPY MASSAGE
REMEDIAL SPORTS MASSAGE
ON-SITE MASSAGE

Contact: **Morag Abel** / Powmill

Tel: 01577 840171

GIFT VOUCHER AVAILABLE

Men & Women Welcome!
Member of the International
Council of Holistic Therapists

KUNDALINI YOGA as taught by Yogi Bahjan

Enjoy your first class for FREE

From 27 October
Thursdays 7.30pm until 9pm
St Pauls Meeting Room, Muirs, Kinross, KY13 8AY

From November 6
Sundays 3pm until 5pm
Westbank Natural Health Centre
Strathmiglo, Fife, KY14 7QP
5 sessions £35, Drop in £9, Concessions available
Telephone Susan 07772 186268
www.purityofheart yoga.co.uk

The Newsletter reserves the right to refuse or amend
any advertisement or submission and accepts
no liability for any omission or inaccuracy

Deadline for all Submissions
2.00 pm, MONDAY 17 October
for publication on Saturday 29 October

Kinross Curling School

Chairperson's welcome

Hello Fellow Curlers, I do hope you have all enjoyed your 'summer' break and are now ready for the curling season.

The coaching school's committee have been busy throughout the summer months planning the season ahead. With so many coaches putting in lots of hours running those sessions, I do hope that you will all find something to join, enjoy, and help to improve your enjoyment of our great sport.

I would also like to invite all clubs to let us publicise your club, by letting us know what is happening in your club, e.g. special anniversary years, long service within the club etc. How about sending a representative along to our last session of the Beginners Courses to meet those curlers taking part and perhaps get some new members?

Steven and his staff have once again got the rink looking great and ready for us, THANKS BOYS.

Wishing you all a great season filled with good curling and great fellowship.

Yours in curling, Maureen Aitken

Development Officer

Welcome to season 2011-2012! I hope everyone is suitably refreshed and looking forward to what looks like a very busy season at Kinross Curling Rink.

There is a lot to look forward to at Kinross this year with Try Curling, Beginners courses and Curling Clinics available during the season. In addition, Kinross welcomes the Kinross Junior Classic 8-9 October, the Kinross Wheelchair International 18-20 October and also hosts the Royal Club National Virtual Club Bonspiel on 5 March as winners of the competition last year.

Also, remember that Kinross Curling School can offer coaching to all curlers - just book a sheet with the curling rink and get in touch with me to book a coach! Look forward to seeing you all around the curling rink soon.

Happy curling and speak soon, David Jones.

Facebook Page: Kinross Curling Rink

Website: kinrosscurlingrink.blogspot.com

Email: kinrossdev@royalcaledoniancurlingclub.org

Diary of Events

Three-Day Beginners Course, £50

Saturday 1 October 2.30pm – 5.30pm

Sunday 2 October 2.30pm – 5.30pm

Saturday 15 October 11.45am – 2.45pm

Aimed at new curlers, this three-day course will give you plenty of on-ice confidence for the season ahead. Coaches will guide attendees through all aspects of the sport, so that everyone will have a good understanding of the rules, tactics, and techniques used in club curling.

Following the Beginners Course, you may want to consider joining the Virtual Club, which is designed to give new curlers regular sessions of both coaching and games, so that you can play purely for fun, with none of the pressures that you may find in club curling/competitions.

If you'd like to attend our Beginners Course, please contact the Kinross Area Curling Development Officer, David Jones, by email and he'll send you a booking form.



Curling Clinics, £12.50

Monday 31 October 12.15pm – 2.15pm

Friday 25 November 5.45pm – 7.45pm

Learn how to improve your technique and knowledge of the game.

Coaching

Don't forget that Kinross Curling School offers coaching to all curlers at Kinross! Just book a sheet of ice and get in touch with David Jones who will arrange a coach.

Individual and Group Coaching (excluding ice charges):

Cost individual: £15 per coach per hour

Group: £20 per coach per hour for first coach

Additional coaches: £10 per coach per hour in the same booking (maximum of eight to coach).

Corporate booking: £25 per coach.

Junior Section

Kinross Juniors: For information, see separate notice below.

Primary After School Clubs

Mondays, starting 26 Sept, 3.45pm-5pm, £3 (limited space).

Thursdays, starting 10 Nov, 4pm-5.15pm, £3. (See also separate notice over page).

Secondary After School Club, Fridays, starting 23 Sept, 4.30pm-5.30pm, £3.00.

For information on the various After School Clubs, please email the Curling Development Officer, David Jones.

Disability Curling

Kinross Wheelchair Club: See separate report over page.

The Visually Impaired Club continues to meet every Monday at 12.15pm. There is also a TRY CURLING session planned on **Monday 10 October** at 12.15pm. If you know of anyone interested, contact either:

Maureen Aitken: jimaitken@aol.com or

Dottie Burt: dottie.burt@hotmail.com

National Curling Centre

A well-attended members' meeting on 7 September received a full update on the centre. There will be some changes to the specification of the building but these will not affect the viability. The business plan has been updated and is robust. The major challenge remains funding construction. Members suggested various options including more financial support from the RCCC and Sportscotland and a debenture scheme. Local fundraising needs to be re-started and the Trust would welcome any tried and tested and novel ideas from members and clubs.

Regards, Bob Tait, Chairman, Kinross Curling Trust.

Kinross Junior Curling Club

The club resumes on Sunday 2 October at 5pm. Newcomers to curling as well as

experienced curlers aged 12-21 will be most welcome. The sessions are a mixture of coaching and club competitions with opportunities to represent the juniors in other competitions outwith the club.

The club meets at the Green Hotel curling rink most Sundays from 5pm to 7.15pm. For further details contact Elaine on 01577 864713, Julia on 01577 863935 or email kinrossjcc@hotmail.co.uk.



Kinross Wheelchair Curling Club

KWCC start the new session by holding a 'Come n Try' event on **Saturday 1 October** from 12.15pm to 2pm at the Kinross Ice Rink which is located at the rear of the Green Hotel, 2 The Muirs, Kinross.

Wheelchair curling began in Europe in the late 1990s and is now a fast developing sport internationally. The Scottish team won second place and silver medals at the World Championships held in Prague earlier this year. The Kinross Club has a growing membership and welcomes the opportunity to invite people of all ages from teenage years onwards. Prior involvement in curling is not necessary.

Wheelchair curling is an adaptation of curling for people with a mobility impairment. It is played with the same stones and on the same ice as regular curling. The only exception is that no sweeping is involved. Curling is a target sport, where players slide a stone down a sheet of ice and have it stop as near the centre of a set of rings (called the house) as possible. The opposing team will do everything tactically allowed to stop the other team from achieving its goal.

The sport is open to any individual with significant impairment in the lower leg/gait function who usually requires a wheelchair for daily mobility, more specifically those who are non ambulant or can walk only short distances. Each participant is required to bring a manual or power wheelchair along with warm clothing. Extended sticks, which attach to the curling stone for each delivery, are available at the Curling Rink.

To register for the 'Come n Try' session please contact the club's secretary Archie Bogie, telephone 01383 824902 or email at archie.bogie@talktalk.net. For more information visit www.trycurling.com and www.kinrosswheelchaircurlingclub.

If unable to manage on 1 October, you are welcome on Saturdays 15 and 22 October at 12.15pm. Thereafter you are advised to contact the secretary to confirm dates and times for other Saturday sessions.

Kinross Curling School Thursday After School Club

The above sessions begin on **Thursday 10 November 2011** at 4pm – 5.15pm. This is open to children aged 8 years – 12 years. For further information contact Anne Porter telephone 01577 864018.

Kinross Rugby Club

The Home of Rugby in Kinross-shire Club News



Recently KRFC presented a set of strips to Kinross High School for use of the school first XV. Kinross Rugby Club is always keen to support the development of young players from the school and local community and this has long been considered as one of the core objectives of the club, as can be seen through our very successful Mini rugby programmes.

We hope that this set of strips will serve the school well and look forward to seeing the current crop of emerging talent taking to the field wearing them. We also hope that these players will look to continue their rugby career for as long as possible and that Kinross Rugby Club will always be the place they choose to do so. The long relationship between the club and school is still very much in evidence today with the majority of senior players at the club having attended Kinross High School.



Kinross RFC President Ollie Cox (right) presenting a new set of senior rugby strips to Kinross High School Head Teacher Dick Keatings and Rugby Master Dave McKay - 16 September 2011

Season so far...

Kinross have had an encouraging start to the season even though the first three fixtures have ended in defeat. It will take time for the new young side to gel but all signs are positive. As regular readers will know, Kinross Rugby Club don't dwell on defeats, we move on and we remain positive and the results will come.

Training Continues....

Pre-season may be over but the training isn't. Numbers have been steady and if you would like to get involved, whatever your age, experience and ability, we want to see you down. This year we are looking to run two senior teams as well as an occasional veterans' side alongside the under 18's team and as always there are teams for all ages in our mini/mid sections.

Training is at the KGV (behind the Muirs Inn) every Tuesday and Thursday starting at 7pm.

If you would like to get in touch beforehand you can contact us on 07534 761 572.

League Fixtures – First XV

Sat 1 Oct	Kinross v Grangemouth	3pm kick off
Sat 8 Oct	Madras v Kinross	3pm kick off
Sat 15 Oct	Kinross v Fife Southern	3pm kick off

Please also take the time to visit our brilliant new website www.kinross-rugby.com for all the latest news and happenings at the home of rugby in Kinross.

nutritionalise
food for you

Do you want to boost energy levels, deal with a chronic ailment or simply learn how to manage your diet and weight?

Naturopathic Nutritional Therapy uses whole foods as medicine. It aims to support the whole body and the underlying causes of illness rather than just treating a symptom.

We will motivate, support and teach you how to achieve your goals

- Optimising health and well-being
- Increasing energy levels
- Boosting immunity
- Improving digestion
- Managing weight
- Improving sports performance
- Migraine & headaches
- Children's nutrition

Working at Salon 62 and Cuthill Towers, Milnathort

alisa@nutritionalise.com or 07796 213 312

Kinross Tennis Club

Our season is drawing to a close. The Tennis Tayside mixed leagues are complete: our 1st team finished third in division 2 after unexpectedly finding ourselves promoted last season, and our 2nd team finished third in division 4 after winning division 5 last season. Our ladies also competed in the Perth & District league with some good wins, but more importantly match practice for some new to match play and the joys of match teas! Thanks to Richard and Maggie for organising the senior teams again this year. The senior club championships took place on 3 September, and despite a very wet start all play was completed. The results were:

	<i>Winner</i>	<i>Runner-up</i>
Gents Singles	Grant Clunie	Mauro Salmi
Ladies Singles	Gail Nelson	Rachael Campbell
Gents Doubles	Mauro Salmi & Richard Green	Grant Clunie & John Walker
Ladies Doubles	Susan Scougal & Maggie Byford	Gillian Galbraith & Gail Nelson
Mixed Doubles	Richard Green & Gillian McCloskey	Rory Irwin & Gail Nelson

The junior club championship finals should have taken place on Saturday 17 September, however due to the recent rainy weather the preliminary rounds are behind schedule and catch up is being played.

Mini tennis winter coaching for children aged 5-9 yrs will take place at Loch Leven Community Campus on Mondays and Fridays from 24 October to 9 December. Enquiries and bookings can be made directly with coach Laura Grimmond, telephone 07786 563209.

Adult club sessions will continue throughout the winter on Wednesday evenings and Sunday mornings, and a new drop in session has started on Thursday afternoons at 1.30pm – all members and prospective members are welcome as we try to encourage more tennis to be played.

The date of our **AGM** has been pencilled for **Wednesday 23 November** – venue and further details to be confirmed. The committee appointed at the AGM will be working hard over the winter on the 2012 tennis programme for the club; any suggestions are as always greatly received.

Further information can be found on our website www.kinrosstennisclub.org or by contacting our secretary Susan Malcolm on 01577 863774, or by emailing kinrosstennis@gmail.com.

Your Local Joiner Alan Herd Joinery


Internal & External Doors
Kitchens supplied and fitted
Staircases and Balustrades
Sliding doors Fencing and decking
Laminate and Hardwood Flooring
Renovation Work and Extensions
Loft Conversions Loft ladders Fitted
Upvc Doors and Windows
For Free Estimate and Advice

Call **ALAN** Home 01577 865415
Mobile 07765167982

Fossway Tennis Club


Tournament Results:

Mini singles:	Winner	Finlay Anness
	R/up	Adam Roberts
	Bronze	Rebekah Roe
Mini Doubles:	Winners	Finlay Anness & Angus Hunter
	Rs/Up	Eilidh Hunter & Rebekah Roe
Junior Boys:	Winner	Callum Campbell
	R/Up	Drew Millican
Intermediate	Winner	Phoebe Somervale
Girls:	R/Up	Jodie Millican
Intermediate	Winner	Sean Keegan
Boys:	R/Up	Ryan Shah
Junior	Winners	Shaw Grant & Sean Keegan
Doubles:	Rs/Up	Callum Campbell & Jamie Wight
Ladies:	Winner	Elizabeth Palmieri
	R/Up	Anne Lee
Gents:	Winner	Brian Black
	R/Up	Andy Bowman
Macdonald	Winners	Annika Roberts & Gerry Keegan
Cup:	Rs/Up	Susan Grant & Brian Black
Mixed:	Winners	Alison Conlon & Gerry Keegan
	Rs/Up	Elizabeth Palmieri & Martin Grant




Jed Bancroft

Handyman - Tree work - Garden Structures



Tree work :

- Felling
- Limbing
- Planting





Garden Structures including :

- Fencing
- Decking
- Sheds and sitooteries
- Existing structure repair and maintenance

If you think we can help then we probably can,
so for a no obligation chat about what we can do
please call :

01592 840403
07531 409616
Jedbancroft@aol.com

25 years experience, fully qualified and insured.

Contributors

Please write or type clearly
Leave a margin
Use one side of the paper only

Milnathort Golf Club

Senior Section

Round 5 of the Seniors Quaich was played on 25 August in reasonable weather for a change and the winner of this round was Phil Leiper, with Jim Paterson runner-up and Ron Macdonald coming in third.

The Senior Centenary Trophy was played for on Thursday 1 September and was in the format of a pairs Stableford competition. The winning pair on the day were Charlie Payne and Willie Campbell, the runners-up being Jim Fraser and Ian McMillan. The best individual score was achieved by Charlie Payne. A very enjoyable day was enjoyed by those taking part.

Tuesday 6 September saw our Senior Open Competition played in atrocious conditions with wind and rain. Despite that, we had a full house of entrants who battled on regardless, some to conclusion and some who called it a day earlier! The winner on the day of Category A, and winner of the Wallace Cup was Trefor Jones of Dundas Park Golf Club. The winner of Category B with a creditable score of 69 (14) was Graham Penman. The winner of Category C was Bob Christie. Other home players were well represented in the lesser prizewinning positions. A fantastic 'Thank You' must go to all the hardy souls who turned out on the day.

By contrast (and what a contrast!), on 8 September the Seniors Section entertained Dundas Park G.C. Seniors in a Friendly Match at Milnathort which was played in ideal sunny, warm conditions when even the wind behaved itself. A most enjoyable game was had by all followed by a lunch in the Clubhouse. Although Milnathort failed to defeat their visitors on this occasion, friendships were made and renewed to the benefit of all. Coincidentally, the winner of the Senior Open on Tuesday was in the team representing Dundas Park and it provided an excellent opportunity for Senior Captain Ron Macdonald to present to him his winning prize and the Wallace Trophy.

Glory be! After the weekend we'd just suffered, the sun

shone, the wind departed and on Thursday 15th the Senior Section Invitation Tournament took place in glorious weather. Seventy intrepid souls from near and far turned up at Milnathort to take part in this event and a great day was had by one and all, except those who missed out and did not participate. At the end of the day, the winner of the Best Individual prize was David Thomson from Lochgelly Golf Club. The winners of the Best Team prize were Sandy Milne and Raymond Hall of Kinross Golf Club with a winning score of 74 points. The Best Individual score by a Home player was won by Ron Macdonald. There were numerous other winners of subsidiary placings, novelty prizes and raffles. A great day, which we will hope to repeat next year.

Junior Section

The last event of a successful year for the junior golfers at Milnathort was held on 15 September, the Castrol Cup. This three-person team event was won by the Junior Captain, Chris Ness, together with Charles Cooke and their team "adult", Charles' dad. Second by virtue of a countback was two of the club's most recent members, Struan Fortheringham and Daniel Reilly, who played with Men's club captain Bob Tolson. After the event, the end of season junior prize-giving was held and in addition to the prizes for the individual competitions held over the season were awards in the Over 14 Section for Order of Merit - Lewis Hunter, Best Performance in Medals - Peter Henderson, Most Improved Player - Lewis Hunter and an award to Chris Ness for his contribution to the Junior Section over the course of the year. In the Under 14 section, awards for their performance over the season went to Order of Merit Boys - Blair Addison, Order of Merit Girls - Rachel Calder, Best Performance in Medals - Gareth Hutchison, Most Improved Boy - Rory Hutchison, Most Improved Girl - Katie Bell and an award of Best Contribution to Scott Calder for his support for the club's junior teams over the course of the season. Congratulations go to these and all the other winners in the Junior Section.

Kinross Badminton Club

www.kinrossbadmintonclub.co.uk

Junior Club

The Junior Club has started in full swing with 14 Primary age group members and 18 Junior members. Membership fees this year are £15 for the Primary Club and £20 for the Junior Club; both clubs have a nightly fee of £3. Both clubs play on a Thursday night in the main sports hall at the Loch Leven Community Campus. The primary group starts at 1800 and finishes at 1845. The Junior club starts at 1845 and finishes at 2000. This year, once again, the Junior clubs are going to be coached by professional coaches Kirsty Flockhart and Gordon Hoggan.

This season the Kinross Juniors would love to play some friendly matches against other Junior clubs in the area. If any clubs are interested in organising friendly matches against Kinross, please contact Kirsty Flockhart on 07760883396.

There are limited spaces available in the Junior clubs, so if there is any interest contact the Junior Secretary, Alison Walker on 01592 840392. For additional information log onto the Kinross Badminton Club website (see top).



Senior Club

The senior club reopened for the new season on 16 August and have had reasonable turnouts each night; it's good to see so many committed members back at the club so early on in the season. This season the adult club has six courts on a Tuesday night and four courts on a Thursday night. The adult club plays between 2000 and 2145 on both nights in the main sports hall at the Loch Leven Community Campus. As always we will welcome new members of any ability to the club, but we especially would like to encourage more women players to come along to the club.

Membership fees were decided at the AGM which was held on 28 September at the Loch Leven Community Campus. For more information from the AGM, log onto the Kinross Badminton website.

This year we look forward to another year of playing in the Perth and District League as it brings the club together and also provides a competitive atmosphere for the players that want more competitive games. The first league match will be held at Bells Sports Centre in Perth on 26 October.

As always, for more information, contact our President Bill Macdonald on 01577 862592 or Secretary Rory Cooper on: rtc00001@students.stir.ac.uk or visit the Club's website.

Kinross Golf Club

I am sure 2011 must be one of the wettest seasons on record. I cannot remember another season when so many Opens, Club Competitions have had to be cancelled or rescheduled. Fortunately, the last two Kinross Opens of the season were played and completed: the Seniors on 7 September, played in very blustery conditions, and the Ladies' Open on 10 September experienced continual drizzle throughout the morning.

Congratulations to the Men's Scratch League. Having beaten Craigiehill in the semi-final, they went on to win the final, played at Gleneagles against Crieff. Unfortunately they didn't fare so well in the Coronation Cup, losing to Muckhart in the semi-final.

Kinross member Andy Campbell has had a successful season, winning both the East of Scotland and West of Scotland Senior Championships and currently lies in sixth place on the Senior Order of Merit.

Congratulations to Lenore Kyle who beat Lyn Murray in the final of the Ladies' Scratch Championship and to Myrian Read who beat Heather Gough in the final of the Handicap Championship. Lenore will now go forward to play in the Champion of Champions over the Queen's Course at Gleneagles on Sunday 25 September.

In the Ladies' Open, Shannon McGuire, Canmore Golf Club, returned the best net score of 77 to win the Revie Memorial Rose bowl. The best Scratch and the winner of Beechspark Salver, with a score of 81, was Ann Laing of Levenvale Golf Club. A number of Kinross Ladies all featured in the prizes.

The seniors played two home inter-club matches, with a win against Balwearie and a loss against Aberdour.

During the past month the Juniors lost to Muckhart at home in the Scratch League, but won their final league game at home against Auchterarder to set up a semi-final match against Strathmore, which will be played at Auchterarder.

Congratulations to junior girl, Jennifer Saxton, who returned an excellent scratch 75 on the Bruce Course in a recent Junior medal. What an achievement! And reduced her handicap from 15 to 12. Well done.

Junior member Stephen Harrower qualified through to the match play stage in the Men's County Stroke play event and has also been selected to represent Perth & Kinross Under 18s in the Gary Harvey event in September, which is an eight man Ryder Cup style match against three other County Teams.

Scott McLeod has been selected to represent Perth & Kinross at the under 15 level in the Frank Thompson event in September, which is a match against Fife and Clackmannan at the PGA course at Gleneagles.

Scott played in the English Under 14 Championships, where he finished in 75th place and in the Scottish Under 14 finishing in 35th place; great experience for the young lad.

In last month's Newsletter we reported that Scott McLeod had recently attended a course at St Andrews for a series of test on all parts of his game, as part of an initiative by the SGU for Under 16 Juniors. We are delighted to report that Scott made it through to the last twenty and has subsequently been offered a place at the Scottish Golf Academy and will attend an induction weekend at the Sport Scotland National Golf Centre, the benefits being that Scott will now be allocated a full time coach and he will play with the Scottish Boys' team in training events.

Kinross Cavaliers Basketball Club



Kinross Cavaliers are back in action after the summer break, with lots of old faces and a few new ones too.

Due to a promotion at work, Findlay Rush, our head coach, has decided to take a break from coaching. We would like to thank Findlay for all his coaching support over the years. Findlay has been a tower of strength since his daughter Aimee joined the club in January 2007 when she was in Primary 7 and is now is S4! We wish you well and every success in your new post, and hope to see you back one day soon.

"Spike" has recovered from his awful accident and has returned to help us coach. He and his partner Marion were involved in a freak accident when a tree crashed into their car whilst driving on the A91 just outside Milnathort during the storms of 22 May. He is with us until mid-November when he and Marion leave for the skiing season in Canada. We also welcome back Andrew Carscadden, a former Kinross High School pupil. Andrew previously helped us with coaching when we trained at the old high school, and it's great to have him back.

Finally, we welcome to the coaching team Jack Nicholson, a former Kinross Cavalier player who now plays at national league level with Perth Phoenix and for the under 18 Scotland national team.

So far this season, the coaches have been focusing on fitness and fun, with more basketball skills and team coaching being introduced over the coming weeks. If you are in Primary 6 or 7, S1 or S2 and are interested in basketball or would like to give basketball a try, just come along to the campus any Tuesday from 6pm to 8pm.

Our weekly training sessions cost £3.00 each and, if you want to join the club, there is a one-off annual payment of £10.00. The one-off payment includes the loan of a club strip for the season.

The Club provides coaching to develop and improve your basketball skills throughout the year, with an emphasis on keeping fit and having fun. You don't have to be an expert; you will be made welcome even if you have never played before.

We also work closely with Cath Devanny, Active Schools Co-ordinator, and are currently involved in sessions at Kinross Primary School. Jack Nicholson and Katy Brown take the sessions from 3pm – 4pm on a Wednesday, coaching pupils from Primary 6 and 7. The sessions will run until the October holidays, and Cath hopes to arrange further sessions soon.

If you would like to get involved in any capacity, or would like any further information, please call Karen Nicholson on 01577 862623 or email k.e.nicholson@btinternet.com

Visiting Kinross-shire?

For information on Eating Out, Parks and Gardens, Historic Buildings and more, visit

www.kinross.cc

Click on "Visitors" then "Things to See and Do"

Kinross Ladies' Hockey Club

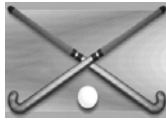
In the first competition of the year, the Corporation Cup, four teams took part: Kinross, Madras, Dundee Wanderers and Brechin.

Kinross drew with Madras and Wanderers and defeated Brechin to go through to play Wanderers for 1st and 2nd place, Kinross being eventual winners by 2 goals to 1. Well done, girls. Goal scorers were: Gail 2, Lynn 2, Vicky 2 and AJ 1.

The following week saw us travelling up to Blairgowrie to play on grass in the Bell Tournament. Disappointingly, there were only three teams playing in fairly miserable conditions with Wanderers winning by scoring the only goal! To add insult to injury, Libby, our president, was injured by a mighty blow to the knee. All in all, not one of our best outings.

September 17 saw the start of the league fixtures for both teams. The 2nds were beaten comprehensively by Dundee Uni 2nds. However, in our defence, we gave of our all but were simply beaten by a better team on the day. The goal scorer was Maeve.

The 1sts were also at home to Blairgowrie and were convincing winners 9-0. Goal scorers were: Vicky 5, Michelle 2, AJ 1 and Gill 1. Off to a winning start.



Kinross Men's Hockey Club

Kinross 1sts play East District League 1 and the 2nds play in East District League 3, but we need new players of any ability as we lost young players to university last season. Any age or ability welcome and the emphasis is on having fun and the 2nds have a range of players aged 14 to 47 and play in a league with a lot of young teams and new clubs.

Hockey training is on Tuesday evenings 7.30 to 9pm at KGV astro pitch and is free and all are welcome no matter what your ability. Come down, meet new friends, have fun and get fit. Players' abilities range from complete beginners to Scottish internationalists with old "fuddy duddies" (like author at 47), but we all have a common aim: to enjoy playing hockey, win or lose, on a Saturday afternoon. We have keepers and umpires, so don't worry!

Pre-season friendly games saw wins against Hillhead 6-2 and Dunfermline 5-4, despite going 0-4 at half time, and lost to Stirling 1-3.

The League games start on 24 September and the October games are:

1 Oct	1st v Alloa	away
	2nds v Peebles	away
8 Oct	1st v Rievers	at KGV at 12 noon
	2nds v Watsonians	at KGV at 1.30pm
15 Oct	1sts v Edinburgh Uni 4ths	at KGV at 12 noon
	2nds v Edinburgh Colts	at KGV at 1.30pm
29 Oct	1sts v Edinburgh Uni 3rds	away
	2nds v Edinburgh Uni 7ths	away

For further information either contact Ross Turbet on email: captain@kinrosshockey.co.uk or Gordon Balfour:

secretary@kinrosshockey.co.uk or visit our website at www.kinrosshockey.co.uk.

Go on, give it a try! About 40 young players, under 14, turn up for Kobras training on a Thursday night.

Kinross Kobras (Junior Hockey)

The new hockey season has started and attendance at the training on Thursday evenings has been very good. Several club members will be attending the PKC Hockey Development squad trials and will hopefully be taking part in this additional coaching when it starts in October. The first Junior Hockey Tournament has been organised for Sunday 30 October to be held at KGV with teams from Perthshire HC, Dunfermline Carnegie HC and Blairgowrie HC attending. Training takes place at the KGV astroturf pitch on a Thursday evening from 6.30 to 7.30.



Café Français Conversation Club

Parlez-vous français? Improve your French language skills in a fun, relaxed environment at the Café Français conversation club! No grammar rules, no exercises, just real, live French over tea or coffee.

Millbridge Hall, Kinross
Thursdays 7-8pm
starts Thursday 13th October 2011
Price: £80 for 10 weeks

First Steps in French

Join us for songs, stories and the sounds of France for babies, toddlers, pre-schoolers and their families! A great introduction to the sounds of a new language, at an age when learning is child's play!

Millbridge Hall, Kinross
Wednesdays 10-10.45am
starts Wednesday 12th October 2011
Price: £30 for 10 weeks

For more information or to reserve, call us on 0131 208 1789 or e-mail info@culturefrog.com

See our website www.culturefrog.com for classes via skype, translation services, pop-up events and much more...



Looking for a Job?

Check the situations vacant page at
www.kinross.cc

THCL

construction & renewable energy

all your building needs

- New Build Properties
- Renewable Energy Solutions for home and business
 - Home Alterations and Restorations
 - Home Energy Efficiency Consultations
- Wood Pellet supplier for heating and horse bedding

For further information or for a free quotation please call Malcolm Thomson on 0845 555 1015 or email malcolm.thomson@thcl.net
www.thcl.net

Health and Fitness

by Tony Brotherton, Personal Fitness Trainer, fit & happy.

Sports Conditioning

Perhaps one of the most significant developments in sports at all levels is the increasing physical and mental "fitness" of those taking part. Cast your mind back just 10 years and, for example, cricketers, golfers, motor racing drivers and rugby players were all far less mentally and physically prepared for their sport than they are now.

One of the misconceptions in the sports world is that a sports person gets in shape simply by playing or taking part in his/her chosen sport. Professional and amateur sportsmen alike still dread the demands of "pre-season" training. Improvements in performance come through participating in all year round physical conditioning programmes.

Sportsmen and women must put their bodies under a certain amount of stress (overload) to increase their physical capabilities. All sport can be considered to be "stressful" to the body from this perspective.

Sports conditioning can be defined as specific training that puts the body under controlled physical stress in order to encourage further improvement in performance.

So what is fitness?

"Health" can be defined as a state of complete mental, physical and social well being, whereas "fitness" is the ability to meet the demands of any given physical task. Basic overall fitness can be classified into four main component parts, namely strength, speed, stamina and flexibility, whilst more detailed scientific study has identified nine components that comprise a definition of fitness:

Strength - the extent to which muscles can exert force by contracting against resistance.

Power - the ability to exert maximum muscular contraction instantly in an explosive burst of movement. The two components of power are strength and speed, as seen in a sprint start.

Agility - the ability to perform a series of explosive power movements in rapid succession in varying directions (e.g. zig zag running).

Balance - the ability to control the body's position when either stationary or whilst moving.

Flexibility - the ability to achieve an extended range of motion without being impeded by excess fat or muscle tissue.

Local muscle endurance - a single muscle's ability to perform sustained work (e.g. rowing or cycling).

Cardiovascular endurance - the heart's ability to deliver blood to working muscles and their ability to use it (e.g. long distance running).

Strength endurance - a muscle's ability to perform a maximum contraction time after time.

Co-ordination - the ability to integrate all of the above into effective body movements.

So any assessment of fitness needs to consider all of these component parts in the context of the demand for that skill in any chosen sport.

How fit is fit?

Physical Fitness - the capacity of an athlete to meet the varied physical demands of their sport, without reducing the athlete to a fatigued state. The components of physical fitness are body composition, endurance, flexibility, strength and speed.



Motor Fitness - the ability of an athlete to perform successfully at their sport. The components of motor fitness are agility, balance, co ordination, power and reaction time.

What does it mean for your sport?

Conditioning training requires you to identify the most important fitness components for success in your sport or event and then design a sports specific training programme that will enhance these fitness components and the associated energy systems.

Programmes can be designed for specific areas of the body or you could adopt a more general approach through a whole body-conditioning programme.

Core stability training is often placed at the centre of training programmes, as it is the bedrock upon which all other sports specific training can be built. Does your training routine include core conditioning?

Perhaps you could take a while to reflect on the demands of your own sport or event and see if your training is missing a key component. A personal fitness trainer or sports conditioning coach would help you get the most out of your workout and help you improve your overall performance.

Next month: Getting the most out of that workout!

Note: It is important that anyone considering taking up an exercise regime should consult their GP before doing so, particularly if it has been some time since you last exercised or if you are on any form of medication or suffer from a chronic illness or high blood pressure.

Personal Fitness training for
couples or 121

Get into shape
this summer.



Train in the Gym,
at Home,
or Outdoors.

fit & happy

Personal fitness training for everyone.
Professional and fun.

Tony Brotherton, Personal Trainer

Contact Tel: 07525399752 Email: Fitandhappy2010@aol.com

www.fitandhappy.co.uk





News from the Rurals

GLENFARG – President Mrs Ursula Stewart welcomed members to the new session and introduced Margaret Ponton, Linda Stewart and Alison Bett who presented a rosebowl on behalf of the Glenfarg Wine Club. This bowl, named the Jenny Adam nee Rose Bowl, is in memory of a well-loved and much missed member and former President who died earlier this year. Keeping the theme of her name, it will be presented to the winner of the Flower of the Month competition at the end of each year. The Rural would like to thank the Wine Club for this thoughtful gift.

Mrs Helen Quartermaine has also donated a trophy to the Rural, this time for the person who gains the most points at Kinross Show. As our members have traditionally done well at the show it is hoped there will be stiff competition for this trophy!

Members were then treated to an entertaining romp through the life and times of actress Gwyn Grey. Interspersed with stories and poems, this was a highly accomplished and hugely enjoyable illustration of an actress's skill.

Mrs Ursula Stewart proposed the vote of thanks.

Next month's speaker will be Frances Drysdale from Cambo. With only 67 days to Christmas, she will be getting us prepared with a demonstration of Christmas flowers. Frances's talks are always entertaining and apposite and new members and visitors are very welcome on Thursday 13 October at 7.30pm.

Competitions:

Flower of the Month	- Lesley Murison
Dressing Table Nick Nack	- Margot Moran
Blackcurrant Jam	- Catherine Fairweather

BISHOPSHIRE – Chairman Norma Smith welcomed everyone back after the summer break, and congratulated all those who had taken part in Kinross Show.

Our speaker was Marion Taylor, from the Edinburgh Maggie's Centre. She explained how the Centres came into being, and the help they give to cancer sufferers and their families, through group sessions, psychiatric help, various kinds of therapy, including beauty therapy. The demand on the Centres is getting bigger as more people are diagnosed with cancer because of greater awareness of our bodies. This talk was thought-provoking and uplifting.

Competitions:

Flower arrangement in a teacup	- Joanne Cowan
Favourite small ornament	- Sylvia Herrington

BLAIRINGONE – President Joyce Petrie welcomed a good turnout of members to our first meeting of the season. Congratulations were given to the members who took part at the Kinross Show for gaining second in the housewives competition. Mary Ramsay was also congratulated on winning the Ann Watson Cup for most points in the handicrafts. Also, granddaughter Eilidh Ramsay won the Balado Cup in the junior section.

Joyce Petrie then gave a demonstration on planting autumn bulbs.

Competitions:

Flower arrangement	- Agnes Murray
Strawberry Jam	- Moira Cousar
Flower of the Month	- Jean Broome

CLEISH – President Mrs Dorothy Morris welcomed all members, new and old, to the September meeting.

After the business Mrs Morris introduced our speaker for the evening, Reverend Evelyn Cairns, who was chaplain at Rachel House, Kinross. Her talk was a very interesting insight into her time at Rachel House.

Mrs Alison Morris gave the vote of thanks.

Competitions:

Flower of the Month	- Margaret Nelson
3 cup cakes	- Margaret Nelson
Favourite piece of jewellery	- Margaret Kilpatrick

MILNATHORT – President Fiona Hynds welcomed us all back after the summer break. Betty Graham from Scone let us see her lovely canvas work. We were all given a piece of canvas and some thread to make our own bookmark. Interesting to see how different they all were. It was also lovely to meet her helper Kate Hamilton.

The vote of thanks was given by Lorna Douglas.

Competitions:

Empire biscuits	- Ena Thomson
Mounted photo of a single flower	- Barbara Wood
Flower of the Month	- Fiona Hynds

CROOK OF DEVON – Newly elected President Mrs Isobel Mill welcomed members and guests to the first meeting of the season. After business was concluded she introduced Sheila Warner, who came along to tell us about the voluntary work her daughter Katie does in Romania. She also had some slides to show us of the families and children Katie is working with.

Mrs Isabelle White gave the vote of thanks.

Competitions:

Holiday Souvenir	- Mrs I White
Flower of the Month	- Mrs J Jackson

CARNBO – President Elizabeth Campbell welcomed members to the meeting. After business Elizabeth introduced Sandra Miller who talked on 'Communications Using Technology'. Sandra works with children and adults and her knowledge and enthusiasm was enjoyed by all.

This was followed by supper.

Competitions:

Flower of the Month	- Margaret Forrester
Favourite bracelet	- Josephine Paterson

Alistair Hutcheson – Floorlayer

All types of flooring supplied and installed

Carpets, Carpet tiles, Domestic and Commercial Vinyls
Kamdean, Amtico, Laminates and Entrance Matting

Tel. 01577 862876 Mobile. 07842277590

Email – alijamhut@aol.com

Flatpack Furniture Assembled – Prices from £5.00



Out & About

Vane Farm



Autumn is fair creepin, in wi' the first Pinkfeet geese appearin back at Vane oan 12 September – that's about a week or so earlier thin last year. As a write this, we hiv around a couple o' thousand in the loch area, tho numbers shid continue tae build up tae peak figures durin this month. Brace yersels, winter is on the wey. Noo then, this braw new wetland o' oors! Donny 'n' Stewart, the guys that move the earth aboot along wi anither few digger, dump truck, 'n' caterpillar drivers, 'n' Kenny – he's the guy fae the company that designed the whole thing 'n' oversees the project (must be kinda important cos he gets a white hard hat) – hiv done a power o' wark ower the last few weeks tae basically rearrange 'n' regrade the bit o' the reserve oot the front o' the visitor centre, so a big ta tae them fur awe the hard work they hiv done.

This hiz been the biggest project at Vane farm fur umpteen years, in fact, mair likely the biggest ever. Apart fae the work involved, the cost has been a significant amount tae the RSPB and we also hiv tae thank SNH wha showed their commitment to improvin the habitat on Loch Leven and Biffaward through the landfill tax wha hiv also provided funding.

Some folks micht awready ken why we hiv done whit we hiv done? Fur those o' ye wha dinny, it wiz done tae gie us better control ower the water areas oan the land adjacent tae the loch. Historically, Vane land wid o' been floodit hunners o' years ago afore the loch wiz lowered, so tae reinstate habitat which had declined a bit compared tae when Loch Leven got its original conservation designations we hiv carried oot this project tae improve the conditions fur wadin birds mair so than ducks wha are quite weel providit fur oan the loch.

Waders need flat land wi a wet surface tae breed 'n' feed (no easy layin eggs oan watter – they kinda sink or float awa). At Vane we took the decision tae help wader populations even mair by creatin a purpose built wetland which will ideally suit their needs in terms of feedin and breedin. As Uwe oor manager likes tae say, it's been made "Bigger, flatter, wetter, better!"

Pre diggers, the reserve was dry, higher hilly areas wi deep pools o' water, which did provide a certain amount o' suitable areas fur waders but wisnae really ideal. We creatit habitat tae suit lots o' different species, i.e. ducks, geese and waders, which was priority at that time, but as wi' awe things, priorities cheenge. Oor focus noo will be oan wadin birds, even when the diggers were workin, big flocks o' lapwing and ither birds like greenshank, ringed plovers, godwits 'n' dunlins wur drappin in tae munch up grub in the newly exposed mud. So early indications are it's awe been worthwhile. If ye wid like tae see the new wetland fur yersel, please come in and hiv a gawp wi' yer ain een, it's much easier tae see whit we hiv done. Ask as many questions as ye like and wull dae wur best tae explain it tae ye.

Awfa sorry, no a lot o' space left tae tell ye about this month's events (hiv tae keep tae a certain number o' words itherwise the Ed kicks ma bahooky), but we hiv thousands lined up, well naw no thousands bit quite a lot, so please check the website tae catch up wi them.

Ta ta till next time,

Colin

For information on some Vane Farm events, see p. 95

Loch Leven NNR



Autumn is upon us once more and the familiar sight of Pink-footed Geese flying in to roost at Loch Leven marks a welcome return to our globally important wintering population. An early count of up to 160 geese on Tuesday 13 September will be growing through the course of the month, and weekly counts are due to resume in the coming weeks, to monitor the fluctuating population as they stop over and move around the local area.



A Pink-footed goose

To celebrate the return of the geese, Scottish Natural Heritage will be leading two guided walks this month in our Pink Sunsets: **Saturday 8 October, 5-7pm and Sunday 23 October, 4.30-6.30pm**, both meeting at Burleigh Sands. It is widely agreed that the sight of thousands of geese coming in to roost for the evening is one of our country's most exceptional wildlife spectacles, and these walks provide an excellent opportunity for people to see this, and learn more about goose migration and behaviour. To book your place on one of our two Pink Sunsets, please call the reserve office on 01577 864439.

Another indication that autumn has arrived is the re-appearance of fungi in the woodlands. Whether you enjoy eating mushrooms, or are just curious as to what their role is within their environment, the fascinating world of fungi is always full of surprises. Our fungi forays are back again this year, where we are pleased to welcome Richard Smith from Lochore Meadows Country Park to lead us on an exploration of fungi on display at Loch Leven. The first walk took place in September, with second walk scheduled for **Sunday 16 October, 2pm-5pm**, meeting at Findatie Car Park. If you'd like to join us on this walk, please call the reserve office to book your place.

Habitat management work is taking place also this month in the form of grass cutting and bailing, in order to maintain good levels of diversity on our wildflower meadow at Burleigh, and to control bracken encroachment at Findatie. This means that we'll have a large number of mini-bails of cut grass on the reserve. If these bails could be of any use to anyone, please contact us and we would be happy to supply you with as many as you need, perhaps for rabbits or horses.

That's all for now folks.

Craig

Reserve Officer, Loch Leven NNR

Farming



Farming and Facebook

Keeping in touch – I'd love to be better at staying in contact with people. Communication with friends from college is usually restricted to Christmas cards or if we're lucky we bump into each other at the Highland Show and catch up quickly before the kids get fed up with us reminiscing over old times. I can imagine you may be asking if I have tried Facebook? Well, yes, I'm just starting to get to grips with this concept. A wee while ago I added a chap called Willie who farms in East Lothian. We shared a flat when we were studying at Agricultural College in Edinburgh; the flat wasn't far from Kings Buildings which was handy as both us girls and the three boys were all agrics. I remember we took our turns with the cooking, all conveniently ignored any housework and shared some great times together. Imagine my dismay when Willie posted on Thursday evening (15/09) "Harvest done. Ya Dancer!" By the following morning he had about 14 comments of congratulations, one suggesting he could now safely put his feet up and watch the remainder of the Rugby World Cup! As I said, I'm a bit of a novice with Facebook but I did manage to post a message pointing out we're not even half way!

It's not that the new (to us) combine harvesters have not been busy or put to good use – the duo cut 85 acres on Thursday last week, which is pretty impressive considering they are no spring chickens. But the unsettled weather has meant that their activity has been sporadic and confined to short windows when the wind picks up a bit and the sun comes out to dry up the crop. In some fields the land is so wet that the machines get bogged down and can get stuck easily. I am assured it's no fun controlling a combine as it is towed out of a hole backwards. It is fortunate they both came with a good set of headlights because when the weather eventually dries up it's usually quite late in the day, so there is no choice but to just keep going through to the wee small hours. We've had a German exchange student staying with us and we had to warn her that my husband was expected in about 3am and he may make some noise when brushing his teeth. We also reassured her that he was not out night-clubbing but combining spring barley! I am hoping our family can keep in touch with her German family and I expect social media will have a part to play in making this easier – so it'll be good to know what's happening in Germany as well as in that other world, 46 miles south of here called East Lothian.

Fiona

Dance A Story...move the imagination.

Active and creative parties and workshops for children.

Led by experienced and trained teacher, Adele Hersey.

To book email adelereynolds@hotmail.co.uk
or telephone 01592 840062

Next workshops for families and children
Sundays 30 October and 27 November
Portmoak Hall, Scotlandwell.

2.00 to 2.55 family class
3.15 to 5.15 children's workshop
Parties anytime!

Weather



August Weather Report From Carnbo

August contained the rather dismal showery type of weather endured during the previous two Summer months! No long settled spells of weather, also high rainfall totals.

Rainfall for month	139 mm (185% of normal)
Heaviest fall	41.8 mm (10th) (Highest of the year so far)
Rain days	16
Dry days	11
Highest temperature	20°C (4th)
Lowest temperature	4°C (17th)
Average temperature	12.2°C
Ground frost not recorded	
Total cloud cover	75%

The Highs and Lows of Summer 2011

The overall weather of Summer 2011 was of showery unsettled conditions, with very few long settled spells. Rainfall totals were high, and daytime temperatures were on the low side. Night time temperatures were higher than normal due to the very cloudy type of weather.

Total rainfall	370mm (146% of average)
Heaviest fall	41.8 mm (10 August)
Rain days	45
Dry days	30
Highest temperature	23°C (3 June)
Lowest temperature	3°C (8 June)
Average temperature	12.2°C
Total cloud cover	75%
Thunder recorded	1 day (16 July)

Local Attraction Opening Times

Lochleven Castle, Castle Island, Kinross

Famously where Mary Queen of Scots was imprisoned in 1567 and forced to abdicate before dramatically escaping, this semi-ruined castle is set on an island in beautiful Loch Leven. Parts of the castle date from the late 14th or early 15th century. There are lawns and benches on the island. The property is reached by boat, operated by Historic Scotland and departing from the fishery pier, where there is a café, shop and parking nearby.

Opening times for 2011:

1 to 31 October:	Daily, 9.30am to 4.30pm (last outward sailing 3.30pm)
Admission prices:	Adult 5, Child £3, (includes boat trip) Conc £4, HS members free.

The ferry is not equipped to carry passengers in wheelchairs, though access to the interpretation boards, the castle forecourt, courtyard, gardens and grounds is over grass and suitable for visitors using wheelchairs or with limited mobility.

Burleigh Castle, Milnathort

A fascinating tower house dating from around 1500. The grounds are open during daylight hours. The keep can be opened on request. Please follow signs on site for key.

Abernethy Round Tower

One of the two round towers of Irish style surviving in Scotland dating from the late 11th century. Good views of the Firth of Tay. Follow signs on site for key (not Mondays).



Gardens Open

More information about these gardens
can be found on our website,
www.kinrossnewsletter.org
Leisure info also on www.kinross.cc



Gardens, and some properties, open regularly not too far from Kinross		Opening Arrangements		Admission Adult	Disabled Child Access	Contact Number
Falkland Palace & garden (NTS)	to 31 Oct	Mon-Sat Sun	1100-1700 1300-1700	£11.00	£8.00 gdn only	0844 4932186 0844 4932186
Hill of Tarvit mansion & gdns (NTS)	1 Apr-31 Oct	Thu-Mon	1300-1700	£9.00	£6.50	
Hill of Tarvit grounds only (NTS)	all year	daily	to dusk		yes	0844 4932185
Kellie Castle & garden (NTS)	in October	Thu-Mon	1230-1600	£9.00	£6.00 partial	0844 4932184
Kellie Castle garden & estate only (NTS)	to 31 Oct	daily	1000-1800	£3.00	£2.00 yes	0844 4932184
Culross Palace, study, town hse and gdns (NTS)	in October	Fri-Mon	1200-1600	£9.00	£6.50 no	0844 4932189
Culross Palace gardens only	all year	daily	1000-1800		difficult	0844 4932189
Branklyn Gardens, Dundee Rd, Perth (NTS)	1 Apr-31 Oct	daily	1000-1700	£6.00	£5.00 partial	0844 4932193
Scone Palace grounds only	1 Apr-31 Oct	daily	0930-1745	£5.50	£3.75 limited	01738 552300
Braco Castle gardens, Braco, FK15 9LA (SGS)	1 Feb-31 Oct	daily	1000-1700	£3.50	partial	01786 880437
Drummond Castle Gardens, Crieff	1 May-31 Oct	daily	1300-1800	£5.00	£2.00 restr	01764 681433
Pittencreeff Park, Dunfermline	all year	daily	dawn-dusk	free	free yes	01383 720285

Notes: Other prices may be available, eg Concessions, Family. NTS = National Trust for Scotland (entry free to members). At some gardens there are plants for sale and refreshments available. Some gardens do not allow dogs.

Scotland's Gardens Scheme

SGS, a registered charity since 1931, organises the opening of hundreds of gardens, ranging from formal castle gardens to small cottage gardens, to raise money for charity while giving pleasure to garden lovers. 60% of entry fees to gardens in this scheme benefit SGS's charities, which are: The Queen's Nursing Institute Scotland, Gardens Fund of the National Trust for Scotland, Maggie's Cancer Caring Centres, The Gardeners' Royal Benevolent Society and The Royal Fund for Gardeners' Children. 40% of entry fees goes to a charitable cause chosen by the garden owner. For more information, see the book "Gardens of Scotland 2011" or the website www.gardensofscotland.org

Special Days Open in October

The garden at **Rossie House, Forgandenny** has vibrant autumn colour and is open on **Thursday 6 October** from 2pm to 4.30pm. Rossie dates from 1657 and many of the trees in the garden and surrounding park date back to this time. The undulating terrain is full of magnificent trees, shrubs, flowers and woodland plants. Paths take you by the stream, over bridges and into the walled garden.

Small plant stall, partial disabled access, refreshments available. Admission is £4 (children free), with 40% going to the Sandpiper Trust. Forgandenny is on the B935 between Bridge of Earn and Dunning.

Events at Hill of Tarvit Mansion House

2 miles south of Cupar

For further information call 0844 4932185

Website: www.nts.org.uk

Vintage Car Rally

Sunday 9 October

The Scottish Vintage Austin Enthusiasts' Club will finish their end of season run at Hill of Tarvit Mansion House on Sunday 9 October. Vintage cars will be on display most of the afternoon, so why not choose this day to visit?

Christmas Fair

Saturday 26 November

Get into the Christmas spirit with a range of traditional activities and entertainment, such as Guess the Cake Weight, Story Telling, Christmas Shop and lots more. Noon to 4pm.

Christmas Choir

Saturday 10 December

Members of the East Fife Ladies choir will sing a variety of Christmas songs. The programme starts at 7.30pm and during the interval traditional refreshments will be served. Tickets: Adult: £12, Child: £12.

Loch Leven Garden Services

For all your garden maintenance needs.
Lawn mowing, scarifying, aerating, pruning,
hedge trimming,
turfing, weeding, jet washing, rubbish removal,
garden clean-ups and general odd jobs.

For a free no obligation estimate please call

Stephen Brown

01577 840441 / 07828 189523

Let's make your garden look fantastic!

SGS Plant Sale and Autumn Fete

Hill of Tarvit Mansion House

(2 miles south of Cupar, off A916)

Sunday 2 October 10.30am – 4pm

A wide range of interesting and unusual plants for sale at bargain prices. Cookery demonstration and stalls selling local produce. Demonstrations of country crafts, nature quiz trail. A fun day out for families and gardeners alike. Admission: £2 (40% to Season of Ceres), children free. Partial disabled access, refreshments. Sorry, no dogs.

Congratulations



KENNETH ANDERSON, formerly of Kinross, and **VICTORIA BEGGS**, Greenisland, Northern Ireland, were married on Saturday 27 August 2011 in Carrickfergus, Northern Ireland.

Congratulations to Iain and Lynne **PENNY** on the birth of their gorgeous son **CHARLIE THOMAS** on 19 August 2011. First grandchild for Christine and Tommy Gadziejewski and second grandchild for Beth and Alex Penny.

Congratulations to Stephen and Lisa **O'HARE** of Scotlandwell on the birth of their daughter **MAEVE JENNIFER** on 25 August 2011. A little sister for Patrick.

Fiona and Stewart **NEALE** are delighted to announce the birth of their son **CHARLIE** on Monday 12 September 2011. First grandchild to Alasdair and Eliza Mackay and second grandchild to Bill and the late Muriel Neale.

FIONA STEWART, Milnathort, graduated from Heriot Watt University with a 2.1 BSc in Brewing and Distilling. Her Mum, Dad and sisters Claire and Mairi are all very proud of her achievement. Well done, Fiona.

Congratulations to **ROBERT CAIL** on graduating with a 1st Class Honours in Civil Engineering from Strathclyde University and **PETER CAIL** for securing a mechanics apprenticeship with the Strathclyde Fire Service.

EMILY WILLINGALE has been awarded second place in the JHA (Junior Handling Association) UK semi-finals 6-11 yrs Utility Breeds Class. Well done Emily, love Mum, Gran & Grandad.

At the recent examinations of the Associated Board of the Royal Schools of Music, the following pupils were successful:

CAMERON CHITTLEBOROUGH, piano grade 1 with merit; **FIONA MCKENZIE**, piano grade 2 with distinction; **ANDREW KING**, descant recorder grade 2 with merit; **CHARLIE STEWART**, theory grade 5 with merit.

Also under Trinity Guildhall, London, **BRADLEY HERD**, piano grade 3 with merit.

All are pupils of Anthony J Foote, LRAM.

KINROSS GARDEN SERVICES

For domestic and commercial garden maintenance and soft landscaping

- * *Lawns turfed and seeded*
- * *Lawn sand supplied*
- * *Mole trapping*

Agent for Sinclair McGill and John Watson's seeds for Agriculture and Horticulture

For contracts and orders phone
Jim Oswald on 01577 864020

Thanks



IAN and **EMMA KEIR**, Milnathort, would like to thank all relatives and friends for cards and gifts received on their Golden Wedding Anniversary on 16 September 2011.

MRS MAY SCOTT, 59 Montgomery Street, Kinross would like to thank the 50 Plus, Kinross Bowling Club and her family and friends for all their cards and good wishes during her stays in PRI and Ninewells hospital. A special thanks to all her family and dear friends who visited and helped her at home during her recovery.

A large group of over-70s in Milnathort enjoyed a very pleasant outing on 29 August, culminating in a lovely high tea. Our journey was via the Tay Bridge to Montrose where we had a break. En route to Coupar Angus for our meal, we had an unexpected treat when the bus took an unplanned route through the hills and glens, with amazing scenery and views. A big thank-you to **Orwell Old Folks Association Committee** for the planning of this happy day. There will be some fund-raising events in the near future which we hope will be well supported.

Scotlandwell in Bloom would like to thank everyone who as helped with their hand-knitting project for Africa. See p. 55 for their full thanks and report.

fit & happy

Personal fitness training for everyone.
Professional and fun.

WEEKLY EXERCISE CLASSES FOR ALL

Regular attendees £3.50 class pay 4 weeks in advance
Ad hoc attendees £5 per class

TIMETABLE

TUESDAYS

7pm - 8pm Adult Circuits & Boxercise class
A work at your own level circuits class
with Boxercise as an optional extra.

WEDNESDAYS

4.30pm - 5.30pm Over 50s Fitness
Ideal for those who want a gentler
introduction to regular exercise.

5.45pm - 6.45pm Teen Fitness (Ages 13-18)
A high energy workout for boys and girls.

Classes are limited to 15
Come and try your first class for free !!

Tony Brotherton, Personal Trainer
Contact Tel: 07525399752
Email: Fitandhappy2010@aol.com
www.fitandhappy.co.uk



Kinross-shire Churches Together



Kinross Parish Church of Scotland

10 Station Road, Kinross KY13 8QR (Charity number SC012555)
 Rev Alan D. Reid MA, BD Tel: (01577) 862952
 Reader: Margaret Michie Tel: (01592) 840602
 Session Clerk: Jaffrey Weir Tel: (01577) 865780
 Church E-mail: kinrossparishchurch@hotmail.co.uk
 Church website: www.kinrossparishchurch.org

Visit the church's website for lots of further information, such as copies of the Prayer Diary for October, details of forthcoming concerts and reports on recent events, with photos. Read about five-year-old Finlay Scott's journey on the West Highland Way because he wanted to raise funds for the children affected so badly by the famine in east Africa.

Church open for visiting or quiet contemplation Mon-Fri 10am-12 noon (but note Pram Service on Tuesdays in term time – see below).

Church Office: Mon-Fri 10am-12 noon. Tel. (01577) 862570

To Lease Church or Church Centre: Helena Cant (01577) 862923 helenacant@aol.com

New Architectural Guide to Kinross Parish Church

This short guide is available at the church or ask the church office for a copy or find it on the church website (in the section 'About Us', under 'History').

Events listed below are in the church unless indicated otherwise.

Regular Services and events

- Sun** 10.30am Morning Service, includes a crèche, Junior Church and, for secondary age, Jam Pact. The church has disabled parking, ramp access, disabled toilet.
 7.30pm (during termtime) Church Centre: Crossfire, for S1 age upwards.
- Mon** 8pm Housegroup (contact Brenda Fraser 862000).
- Tues** 10am Pram Service (during termtime).
- Wed** 10.45 am Midweek Worship: Reading Room, Church Centre.
 12 noon Mid-week and Mid-day: Time to Pray (30 min)
 1.30pm Craft Group.
 7.30pm Various Housegroups (contact Margaret Michie).
- Sat** 10am- 12 noon Church Centre: 2nd hand book stall and café.

Special Services and events

October

- Sun 2** 10.30am Morning Service including Guild dedication, followed by informal Communion.
- Mon 3** 8.00am Time for Prayer: Silent Meditation (30min).
- Tue 4** 2.30pm Service at Whyte Court.
 7.15pm Church Centre: Guild 'Homespun Evening'.
- Thu 6** 7.30pm Thursday Group, church centre.
- Sat 8** 8.30am Prayer Breakfast (numbers in advance to church office).
- Tue 18** 7.15pm Church Centre: Guild 'Madagascar Mission Run', Andy Martin of Mission Aviation Fellowship.
- Thu 20** 9.00pm – Time to Pray: late evening service of Compline (20min).
- Tue 25** 2.30pm Service at Causeway Court.
 8.00pm Bible Study and Prayer Meeting.
- Sun 30** 10.30am Morning Service with Rev. W. and Dr. S Beattie, missionaries in the Far East.
 6.30 Informal Evening Service: 'Live Scripture': a look at how the Bible's teaching relates to everyday life (see separate article).

Orwell and Portmoak Parish Church

Church of Scotland

Interim Moderator & Locum Minister - Rev Duncan Stenhouse

E-mail: orwellportmoakchurch@yahoo.co.uk

Sunday Worship, Junior Church and crèche:

10am Portmoak Village Hall (until church is repaired),
 11.30am Orwell Church.

Prayer Meeting held 30mins before each service

Dates for your diary

Saturday 23 October – Harvest Thanksgiving services

United Service most weeks at 6.30pm in Orwell Hall (check weekly Order of Service for details).

Service at Ashley House: first Thursday of the month at 2.30pm

Services at Levensen: first Tuesday of the month at 4pm

Morning Prayers at 9am

in Portmoak New Room on Monday and Thursday each week
 in Orwell Church on Tuesday and Friday each week

Church office & shop open Mon – Sat. 10am until 2pm.
 Christian cards, gifts, bibles & books for sale. Also internet access; printing & copying facilities; recycle ink toners, spectacles, stamps & batteries. Meeting room available to let.

Contact the Office 01577 861200
 orwellportmoakchurch@yahoo.co.uk



CENTRAL HEATING

Now is the time to buy!

Have a warmer home with smaller bills

EXTRA £400 OFF

With Boiler Scrappage Scheme



Guaranteed warmth and peace of mind

Half price radiators with full system

Free 10 year boiler warranty worth £750

LIMITED PERIOD OFFER

Call now to book a **FREE AND EASY SURVEY**

07809 693302

Exclusive to **Blazes**

FREE • FREE

10 YEARS

PARTS & LABOUR

GUARANTEE

on Premium Dimplex gas boiler

WORTH £750

www.blazes.co.uk

BLAZES

HEATING

Est. over 20 years

Conveniently located in Kinross - a national company local to you

Cleish Parish Church**Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231
 E-mail: joanne.finlay196@btinternet.com
 Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services 11.15am
Crèche 11.15am
Junior Church 11.15am

October

Sun 2 11.15am All Age Worship.
Sun 9 11.15am Rev. David Reid.
Sun 16 10-10.30 am Early Birds All Age Worship.
Sun 23 11.15am Harvest Festival.
 Lunch provided by Guild in village hall.
Sun 30 11.15am Rev. Joanne Finlay.
 7.30pm Joint Choir concert.
Mon 31 7.15pm: Guild. Speaker: Meg Sankey, "Teaching Children with Special Needs".

St Paul's Scottish Episcopal Church

Muir, Kinross, KY13 8AY

Mrs Sarah Oxnard Telephone: (01577) 864213
 Mr Sandy Smith Telephone: (01577) 862536
 Website: www.stpauls-kinross.co.uk

October Services

Sun 2 8.30am Holy Communion, 11.00am Sung Eucharist.
Sun 9 8.30am morning prayer, 11.00am Sung Eucharist.
Tue 11 7.30pm Informal worship in meeting room.
Sun 16 8.30am morning prayer, 11.00am, Sung Eucharist.
Sun 23 8.30am morning prayer, 11.00am, Sung Eucharist.
Sun 30 8.30am morning prayer, 11.00am, Sung Eucharist.

2nd Tuesday of month 7.30pm informal worship in meeting room.

Everyone welcome at all services

Sunday School and Crèche during the 11.00am Services.

Thursday Morning 10am, group Bible Study. Everyone welcome.
 For further information, please contact Jan Campbell, telephone (01577) 862391.

Recently bereaved? Needing some support? AMONGST FRIENDS

(Bereavement Group)
 meets at the Health Centre, Kinross
 on the last Friday of the month, 2.30pm to 4pm
 A warm welcome awaits all
 For details phone Marg 01577 863557

GARDEN STEPS & MORE...

Brick, blocks, mono blocks
 & stone work etc.
 Steps, paths, walls, patios, paving,
 repairs/pointing

Specialist in stone work

For advice and a free estimate call

William Morris
01592 840095
07866 961685 (mobile)
william.morris18@btinternet.com

Fossoway Parish Church**Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231
 E-mail joanne.finlay196@btinternet.com
 Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services at 9.45am
Wrigglers Group (0-3 years), Junior Church, crèche and teens group every Sunday at 9.45am.
Tots Music: Friday mornings in hall, 9.30am
Café Refresh: Every Thursday, church hall, 2-4pm
Yoga classes: Mondays 7pm - 8.30pm
Joint Choir: Wednesday evenings, 7.30pm.

October

Sun 2 9.45am: Reader, Brian Ogilvie.
Sun 9 9.45am: Rev. David Reid.
Sun 16 9.45am: Rev. Joanne Finlay.
Sun 23 9.45am: Harvest Festival.
Sun 30 9.45am: Stewardship Sunday.
 7.30pm: Joint choirs concert, Cleish Church.

Tuesday 25 October, 2pm, Women's Group

Friday 28 October, 7pm, Harvest Supper

Saturday 29 October, 2-4pm Afternoon Tea

St James's R C Church

5 High Street, Kinross, KY13 8AW

Father Colin Golden Telephone: (01577) 863329

Mass Times Saturday Vigil 7.00pm
 Sunday 9.30am

Please look out for other information on other parish activities in the Sunday newsletter.

Kinross Christian Fellowship

Further information: (01577) 863509

Jesus said, "I come among you as one who serves."

Church and Children's Sunday Club: Every Sunday at 10.30am in the Millbridge Hall, Old Causeway, Kinross. During each service there will be a time for ministry and prayer for healing.

Evening Service: On the **second Sunday** of every month at 6.30pm. No formal format; lots of praise, worship and joy in the Lord. Everyone welcome, irrespective of faith or denomination.

Kids Body Balance Class

'Reach for Your Star' is a child centred course of fun activities to support your child's mental, emotional and physical development. It will incorporate the expressive arts, yoga and brain gym activities.

Wednesdays starting 21/9/11

Ages 3-5: 10 - 11am & 2.15 - 3.15pm
 Ages 5-9: 3.30 - 4.30pm

Contact sarahjsmart@hotmail.com Tel: 07765 617290
GTC Registered & Disclosure Scotland.
Available for private tutoring.

biblefresh

It could change your world

This has been a good year to take a fresh look at the Bible – especially through the familiar words of the King James or Authorised Version. Around the UK people have engaged with the Bible in new and imaginative ways. Celebrities, politicians and ordinary folk in the street have shared in the events. Comedian Frank Skinner has said about the Bible **‘People used to have it in their homes and read it, and then they had it in their homes and didn't read it and now they don't have it in their homes. So it's about due for a revival.’**

Perhaps you have already been part of some of the local events – reading aloud in the June Readathon, writing out verses as part of the People's Bible in July or coming to one of the special 'fresh look at the Bible' series on Sunday evenings in Kinross Parish Church to READscripture, PRAYscripture, SINGscripture or ACTscripture.

The next in this series is LIVEscripture and is at 6.30pm on Sunday 30 October. It will take the form of a chat show with special guests Warren and Stroma Beattie, who work with Overseas Missionary Fellowship in Singapore, Colin McKerracher, Chief Constable of Grampian Police and Tim Sinclair, a young trainee stock-broker from Glasgow.

They will discuss what it means to live out the teaching of the Bible in a secular society with its emphasis on political correctness and at a time of economic stringency and pessimism. Where does Christian hope fit in? Is it possible to live a truly Christian life in the midst of all the daily pressures? Is it practical to follow the words of Jesus in the Sermon on the Mount to 'love your enemies and pray for those who persecute you'? What does it mean to 'to act justly, to love mercy and to walk humbly with your God' as the prophet Micah teaches? There will be an opportunity at the end to raise your own questions and views with the panel members over coffee and cake.

Kinross Parish Church www.kinrossparishchurch.org
Biblefresh www.biblefresh.com

Kinross Gospel Hall

Montgomery Street, Kinross
Website: www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.00pm	Sunday School
	6.00pm	Prayer Meeting
Monday	6.30pm	Gospel Meeting
	7.30pm	Prayer Meeting
Wednesday	8.15pm	Bible Study
	6.30pm	Children's Club (term time)

Healing Rooms Kinross and Loch Leven

Every Thursday from 10am to 11.30am
at 29 South Street, Milnathort, KY13 9XA.
No appointment needed. No charge. Totally confidential.
Trained volunteers from different churches will pray for your healing. Call Grace on 07773717339 for further information.
www.healingrooms-scotland.com

Acknowledgement

HARTE – The family of Annie Harte, who passed away peacefully in Ashley House, Milnathort on 6 September 2011, wish to express their sincere gratitude to the staff at Ashley House, Dr Osborne, Dr McCracken, friends and neighbours for the support. Thank you also to Stewart Funeral Services and the staff of Hunters, Kinross for their help.



Yoga Classes
Kinross Church Centre
Drop in or block booking
All levels welcome!

Tuesday @ 6.45 – 8pm - Beginners
Tuesday @ 8 – 9.15pm – Yoga for Curlers

Also available for:
Royal Yoga Massage, Ayurvedic Massage & Therapies
Corporate Yoga Events, Partner or Group Private Sessions

www.simpliyoga.com
Email: suthesh@simpliyoga.com 07466360152



SAFESTORE, KINROSS

A SUBSIDIARY OF David Sands Ltd
Alligin House, 2 Clashburn Close, Bridgend Industrial Estate, Kinross KY13 8GD
Telephone: 01577 865141/Fax: 01577 865104
SAFESTORE, KINROSS offers containers which are available for customers to utilise. As it is self-storage, you will be required to load and unload the container yourself, thus keeping costs to you down.

The containers will accommodate the contents of an average 2-3 bed house or are suitable as storage facilities for a small business..

Min rental period one month. Long term available.

Opening hours – Monday to Friday 7am – 7.30pm
Saturday 7am – 3pm Sunday 7am – 1.30pm

WILLIAMSON SUPPLIES KINROSS

Suppliers of:
HARDWOOD LOGS
KINDLING
FERGUSON COAL
PEAT BRIQUETTES
and more

Please contact:
01577 862931
or
AARON: 07548 284159
NEIL: 07775 907428

Playgroups & Nurseries



MILNATHORT BABIES & TODDLERS Orwell Church Hall, Milnathort

Milnathort Babies and Toddlers offer a relaxed, friendly environment.

Tea/coffee for mums, dads and carers, healthy snack and fun for the children.

Children aged birth to 3 years (5 years if attending with younger sibling) are welcome.

Thursday & Friday, 10am – 11.30am.

For more information please contact us
on 07989 795259
or e-mail milnathortbt@gmail.com
or facebook milnathort toddlers.

FOSSOWAY PRE-SCHOOL GROUP

Glenbank Cottage, Powmill

Partner-provider for P&K Education

Places available for 3-5-year-olds and Rising Fives
Sessions daily 9.30 – 12 noon

Contact Pat Irvine 07703 177766 or
www.childcarelink.gov.uk/perthandkinross



LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

Session times (term time only)

Tuesdays 9.30 – 11.15, Fridays 9.30 – 11.15

Contact - Aileen 07866 670745

All Mothers, Fathers, and Carers with children
aged birth to 5 years are welcome to attend.

FOSSOWAY TODDLERS

The Institute, Crook of Devon

Wednesday 9.30 a.m. – 11.15 am

All Mums to-be and Mothers, Fathers and Carers with
children aged birth to 3 years are welcome to attend.

Contact - Fiona Eastop 01577 864194

GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank
Road, Glenfarg on Wednesdays, 9.30-11.30am.

Healthy snack for children

Coffee/tea & biscuits for carer

Lots of toys

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Lucie on 07810 201935 or just come along!

SWANSACRE PLAYGROUP

21 -23 Swansacre

Kinross-shire Playgroup Association

Aka Swansacre Playgroup

Registered Scottish Charity Number SCO17748

TEL: 01577 862071



Swansacre Playgroup provides a warm, friendly, and stimulating environment in which children can learn and develop through play.

Playgroup sessions

Tues to Fri 9.15-11.45am; Mon and Fri 12.45-3.15pm

Children from the age of 2 yrs welcome.

The Inbetweeners session

Tues 12.45-3.15 with Lunch Club beforehand

Children from the age of 3 yrs welcome

Rising Fives sessions

Mon 9.05-11.20am; Wed 1.00-3.15pm, both with Lunch Club.

This is complementary to preschool Nursery.

For availability or more information, please contact
Kim 07504 445949, enrolments.swansacre@gmail.com,
or Playgroup 01577 862071

Baby and Toddler Group – Thurs 12.45-2.45pm

Ante-natal to pre-school.

Fun for children; coffee and chat for the parent/carer.

For more information, please contact Caron 01577 861607.

The premises are available to hire for Private Functions. For more information, please contact Michelle 07894 305272, Kirsten 07846 030029, or the Playgroup 07807 908833.

LOCHLEVEN TWOS CLUB

Masonic Hall, The Muirs, Kinross

Thursdays 10.00 to 11.30 (term time only)

A relaxed, friendly group for children from about 18 months to pre-school with their parent/carer. Activities include painting, craft, dressing up, stories and singing as well as a variety of toys. A snack is provided. Younger siblings also welcome.

Contact Victoria Jackson on 01577 865617
for further details,
or email victoriajackson1@hotmail.co.uk

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell
(only 10 mins from Milnathort and Kinross)

Babies and Toddlers (birth – 3yrs)

Tues 10:00am – 11:30am

Playgroup (2yrs onwards)

Mon & Fri 10:00am – 12noon

Contact Carolyn Robertson 01383 831129



Notices

The Thursday Group

6 October:

Jewellery and Colour Analysis with Lesley Bruce

This is a women's group which meets on the first Thursday of the month in the Lower Hall of the Church Centre at 7.30pm. New members welcome. Contact 01577 863421 for details.



**Kinross-shire Local
Events Organisation**

www.kleo.org.uk



Film 'Rango' PG at Community Campus

Sunday 9 October, 2.30pm (doors open 2pm)

Rango is an ordinary chameleon who accidentally winds up in the town of Dirt, a lawless outpost in the Wild West in desperate need of a new sheriff. Rango is Johnny Depp!

Tickets (£3 for 18 and under and £5 for adults and £14 for a family (2A, 2C) are available at the door.

Orwell Bowling Club Social Evening

Saturday 8 October

Bingo at 8pm followed by The Two Robins

Entry £1.00 (non-members £1.50)

Orwell Bowling Club Whist Night

Tuesday 11 October at 7.30pm

Entry: £1 + £1 Raffle
All welcome

Orwell Bowling Club

presents a **Fashion Show** by Taylor Fashions
latest Autumn & Winter range
including bags & jewellery

Wednesday 26 October at 7.30pm

Entry: £2.50 including refreshments.
Tickets behind bar at the Club

Scottish National Blood Transfusion Service

The next blood donor sessions at the Millbridge Halls, Kinross will take place on

Monday 17 October, 4pm to 8pm

Tuesday 18 October, 4pm to 8pm

The Service is most grateful for the support received from Kinross-shire.



youth services

We offer a range of youth groups and activities for all young people in the Kinross-shire area. Our groups are for young people aged between 11 and 25 years old. If you would like to come along, just turn up on the night or contact the Youth Workers Rhona Thom or Clare McCance on 01577 867177 or email RThom@pkc.gov.uk or cmccance@pkc.gov.uk

Mondays

Youth Information Session: 1pm till 2pm, information on a range of different topics.

Tuesdays

DJ Project: 7pm-9pm. Come along and learn the skill of a good DJ, have the opportunity to showcase your skills at a local outdoor disco. **Starting date TBC.** If you would like more information, please contact Rhona Thom.

Street Sports: This is a sport-based activity that will be supported by football coaches from St Johnstone FC. These will run in a range of areas on a Tuesday evening 6.30pm-8.30pm.

4 Oct Venue TBC, Kinross

Wednesdays

Media Group: 4pm till 5pm. Learn new media skills, podcasting, video skills.

S1 Night: 6.30pm till 8pm. Come and meet other new young people in S1 and enjoy some fun activities, Wii, PlayStation 3, cooking skills, arts and crafts and more.

S2 Night: 7pm till 9pm. Meet and relax with your friends or join in our programme of activities, circus skills, sports, cookery and more.

St Paul's Episcopal Church

Coffee Morning

in Kinross Church Centre

Saturday 15 October

10am – 12 noon

Usual stalls

The Cafe where
everything is
FREE!

Cold Drinks
Hot Drinks
Soups and snacks
Home-cooked lunches

All brought to your table
by our friendly staff



Every Friday 11am - 2pm
@ The Millbridge Hall

For further
information, or
if you want to be
involved please ring
07766 515 950 or
07771 696 830

The Talking Donkey is a
Christian venture so there will
always be people on hand to offer

Prayer For Any Need

The Floral Art Club

will meet in The Windlestrae Hotel
on

Thursday 27 October
at 7.15pm prompt

Title "Design by Nature"
Demonstrator Mrs Elizabeth Paterson

All welcome to come and join us for a fun evening

Carnbo Rural Coffee Morning

in Carnbo Hall
Saturday 22 October
10am – 12 noon

Sales Table Bottle Stall
£3.00
All welcome

Fossoway and Cleish Church Choirs and Friends

CONCERT

Sunday 30 October 2011

Cleish Church, 7.30pm
Rossini *Petite Messe Solennelle*
Haydn *Te Deum*

Tickets £5 at the door or from Choir members

A Country Fayre

at Loch Leven Community Campus

**Saturday 5 November and
Saturday 3 December**

10 am – 2 pm
For information, or to book a stall, please phone
01577 867200

PSYCHIC EVENING

in aid of Orwell Old Folks Association

Tuesday 8 November

at 7.30pm prompt in the Thistle Hotel, Milnathort
Tickets £10 each available from:
Mary Allan (863588), Betty McLaren (861636),
Lesley McLaughlin (864227), Iris Smith (862536)
and Jean Paterson (862159)

Temporary Minute Taker Required

Milnathort CC requires a temporary minute-taker for a period of up to two months. Remuneration applies. Please contact the Chairman, Bruce Hamilton, at
bruce@tayforth.co.uk

Clocks go back one hour

**British Summer Time ends at 0100 GMT on
Sunday 30 October 2011**

Milnathort FILMHOUSE

forthcoming films

Sunday 30 October **Nanny McPhee (U)** 3pm
Saturday 24 December **The Snowman (U)** 5pm

Tickets from Milnathort Post Office two weeks before screening. Films shown in Milnathort Town Hall.

Kinross-shire Historical Society



Meetings are held at Kinross Parish Church, Station Road, Kinross at 7.30pm. Membership £6 (Seniors £5); eighteen and under free. Visitors £2 per talk.

Programme for 2011 – 2012:

- 17 Oct Kinross Then and Now:** Kinross in 1940's compared to Kinross today. Jim Paterson.
- 21 Nov Mysterious Kinross-shire:** Ghosts, witchcraft, bodysnatchers and other strange and supernatural happenings in the County. Geoff Hunter.
- 12 Dec They Came by Train part 2:** The Devon Valley Railway. Prof David Munro MBE.
- 9 Jan A Tale of Two Families:** A French Connection – Kinross links with French Diplomacy. Campbell Watson.
- 20 Feb The Adam Family:** The History of the Adam family from 1210 to 2010 including the Architects and Politicians. Elizabeth Adam.
- 19 Mar AGM + Fife Just the Place for Tourists:** The tourist discovery of Fife and how tourism affected the local communities. Eric Simpson.

Music in Dollar

www.musicindollar.org.uk

Concerts are held in the Gibson Hall, Dollar Academy and begin at 7.30pm. Tickets are £8 per concert for adults and accompanied children are free. Season tickets for all five concerts are also available for £28 (single) and £52 (family).

- Sat 8 Oct The Nova Scotia Jazz Band** with a fresh take on the classic jazz style of 1920s Chicago.
- Sat 12 Nov Allan Neave** (guitar) and **Robert Irvine** (cello). Two outstanding players of their instruments.
- Sat 21 Jan Jennifer Logan** (mezzo-soprano) with accompanist. A highly entertaining evening.
- Sat 25 Feb Alasdair Beatson** (piano). The renowned young pianist from Perth who is now in demand on the international stage.
- Sat 17 Mar The Glasgow String Quartet.** The players are from the Royal Scottish National Orchestra and play works from the classical repertoire.

Dyslexia Perth & Kinross Kinross Drop-in

The Drop-in is for exchange of information, mutual support and to stimulate interest in membership of the Branch or of Dyslexia Scotland. You are welcome to come and listen or to ask your own questions.

The Drop-in is on the **last Tuesday of each month** (except December) during the academic year. The venue is the Library at Loch Leven Community Campus.



Business Breakfasts

Open to all Kinross-shire Businesses

Kinross-shire Partnership is launching a series of three Business Breakfasts at Lochleven's Larder this autumn. They will take place from 7am to 8.30am on

Wednesday 5 October, Wednesday 2 November and Wednesday 7 December

The aim is to allow local businesses of all sizes to network and to share business goals.

The cost of attending with Breakfast will be £10 per person and will include a full Scottish Breakfast. Pay by cash on the day. Please bring your business cards and any brochures you wish to display.

To register to attend one of the Breakfasts please email Sandra Ralston, Kinross-shire Partnership Administrator at mail@kinrosspartnership.org.uk or call 07774181768

www.kinrosspartnership.org.uk www.kinross.cc

Portmoak Primary School

CHRISTMAS FAIR

on: **Thursday 10 November**
from: 6pm until 8pm
venue: Portmoak Primary School, Kinnesswood
cost: £2.50 per adult, children free
(includes first drink and cake)

Come along and enjoy a fun evening for all the family. Great for a bit of Christmas shopping with lots of stalls including:
glass giftware; ceramics; chocolates and sweets; jewellery; cards and wrapping paper; homeware gifts and lots more!
Refreshments and home baking. Raffle and prizes.
There will also be a Santa's Grotto, a chocolate workshop and games for the children.

Light Up Kinross

VOLUNTEERS

are required for the Light Up Kinross Committee.

We meet around five/six times each year, building up to the Switch On of the Christmas Lights in November/December. Anyone interested will be made most welcome and should contact M Scott, telephone 862945 or mbs21@btinternet.com.



Kinross-shire Fund
Grants available for local community projects



e.g. Events, Information, Transport, Welfare,

Physical Amenities, Recreational Facilities, Support for Care of the Elderly, Voluntary Organisations

For more information and to download an application form, see www.kinross-shirefund.org or contact Annabel Bath

on 0131 524 0300

or email Annabel@scottishcf.org

School Holidays, Academic Year 2011-2012

Academic year	Tue 16 Aug 2011 - Wed 27 Jun 2012	
Autumn Holiday	Sat 8 Oct 2011	- Sun 23 Oct 2011
In Service Days	Thu 17 Nov 2011	- Fri 18 Nov 2011
Christmas Holiday	Sat 24 Dec 2011	- Sun 8 Jan 2012
In Service Day	Wed 15 Feb 2012	
Occasional Holiday	Thu 16 Feb 2012	- Fri 17 Feb 2012
Spring Holiday	Sat 31 Mar 2012	- Sun 15 Apr 2012
In Service Day	Mon 16 Apr 2012	
May Day	Mon 7 May 2012 (tbc)	

Street Football

The street sports arena will be in the following locations,

Tuesday	6.30pm-8.30pm	
20 th Sept	Victory Park - Bridge of Earn	
27 th Sept	Wallace Park - Glenfarg	
4 th Oct	Kinross (venue to be confirmed)	
Friday	6.00pm-8.00pm	
16 th Sept	Wallace Park - Glenfarg	
7 th Oct	Powrie Park - Abernethy	
28 th Oct	Victory Park - Bridge of Earn	
11 th Nov	Kinross - Venue To Be Confirmed	
Saturday	6.00pm - 8.00pm	
8 th Oct	Waulkmill Public Park - Crook of Devon	
22 nd Oct	Donaldson Park - Milnathort	

For more information Contact
Rhona Thom (Youth Services) 01577 867177 Or PC Mitchell 01577 867752.

Messy Play

0 - 5s

Bring your Mum or your Dad
your Granny or your Grandad

Encourage your parent or grandparent to take part
in ½ an hour of:

art & craft, water play, play dough, drawing etc

We'll have 15 minutes of songs & stories before
fruit & water for the children; coffee & tea for the adults

Tuesdays 1, 8, 15, 22, 29 November

9.45 - 10.45 am

Activity Meeting Space, Loch Leven Community Campus

Spaces may be limited so please contact:

Pat Doran, Community Link Worker, LLCC

patdoran@pkc.gov.uk, 01577 867180 or 07903 335751 or
Catherine Findlay, Development Teacher for Early Years,

LLCC, cmfindlay@pkc.gov.uk, 01577 867223 or

<http://kinross.myallocator.com/index.php/community-link-work>



Young Leaders aged 14-16

interested in helping out the new

Brownie Unit

in Milnathort on a Monday Night,
phone Alison (01577) 864262

Milnathort & Kinross Scottish Country Dancing Class

every Wednesday at 7.30pm
in Milnathort Town Hall

Drop in to the Skills Zone

Community Learning & Development
Adult Learning can support you to:

- Complete application forms
- Put together a CV
- Search for jobs
- Use the computer
- Practise interview questions
- Brush up with spelling, grammar and numeracy
- Learn new skills

Weekly, from **Wednesday 24 August**
Loch Leven Community Campus
Library ICT Rooms
6pm – 7.30pm

If you need further information, please phone
Roseanne Gray: 01577 867216 / 867177



Life Drawing

Wednesdays 7-9pm with tutor Simon Reekie
www.simonreekie.com
in Loch Leven Community Campus

26 Oct – 30 Nov £48 / pupils £30
18 Jan – 29 Feb £56 / pupils £35



To book, please send a cheque payable to: Perth & Kinross Council with your contact details (tel / postal address & email) to:

Arts Development, Blackfriars, North Port, Perth PH1 5LU.

Enquiries 01738 477834. First come first served.

All abilities welcome. Easels and basic materials provided.
Subject to a minimum 11 participants.

Note: a discount may be available on written application

Healing Rooms Scotland

New name: **Kinross and Loch Leven Healing Rooms**

New venue: 29 South Street, Milnathort, KY13 9XA

New time: Every Thursday from 10am to 11.30am

New team of trained volunteers from different churches

But the same God who heals and blesses!

Prayer sessions are completely without charge and are strictly confidential. No appointment needed – just come in and we will pray for you.

For more information call Grace on 07773717339.

www.healingrooms-scotland.com

Monthly Reiki Share Group

Second Tuesday of the Month, 7pm – 9pm

A monthly inspiring and loving gathering for
Reiki I, II or Master practitioners.

Format for the evening:

Meet and greet, Share experiences and Reiki news, Hatsurei
Meditation, Reiki sharing sessions, Closing Reiki Circle.

Venue: Green Hotel, Kinross (Gairney Room). To enrol,
email Susan King: sking77409@aol.com
or telephone 01577 865533

Newsletter Deadlines 2011

In rare circumstances it may be necessary to change a deadline at short notice. Check Newsletter website for latest information: **www.kinrossnewsletter.org**

Issue	Display Ads Deadline	Copy Deadline	Publication Date
November	14 Oct	Mon 17 Oct	Sat 29 Oct
December	18 Nov	Mon 21 Nov	Sat 3 Dec

BASIC COMPUTER TUITION

The Adult Learning IT tutor at Loch Leven Community Campus is offering basic computer tuition - in small groups at a pace to suit the individual, no prior knowledge of computing is necessary.

- Get to know the computer
- Using Word for basic documents
- Introduction to the Internet
- Using E-mail

Interested?

If you would like further information please contact:



Shona Fowler
Community Learning & Development
Loch Leven Community Campus
01577 867218 or 867177
sfowler@pkc.gov.uk



Events at Vane Farm, RSPB Reserve

For more details, visit www.rspb.org.uk/events
or telephone 01577 862355.

Live 'n' Deadly

Saturday 15 to Sunday 23 October 11am – 4pm

11am – 4pm. Price: Free, but normal reserve charges apply.
Be a Deadly Detective and investigate the wildlife crime scene. Can you find the clues to discover who has eaten who?

Wizardry at Vane Farm

Sunday 30 October 3pm – 4.30pm

£4 RSPB members, £6 non-members. Booking essential.
Wannabe wizards wanted for a magical time on the reserve!
Make potions, wizard hats, magic wands! Take part in magical games and other fun activities!

A Magical Fairy afternoon

Sunday 30 October 12 noon – 1.30pm

£7 RSPB Wildlife Explorer Members, £10 non-members.

Booking essential.

Girls aged 5 and over can become a woodland fairy princess for the day. Make a picnic for the fairies, make a fairy wand, decorate your own butterfly eye mask, paint toadstool rocks.

Optics Weekends

Sat 10, Sun 11, Sat 22 and Sun 23 October

Get advice and demonstrations to help you find the right binoculars or telescope for you.

Join the 2011

big bucket collection

for children with cancer

Can you give one day to help raise £100,000?

This December, CLIC Sargent really needs volunteers across the UK to take part in our Big Bucket Collection to raise money for children with cancer.

Please join us as a Collection Coordinator, asking your friends and family to help you collect for one day, and we'll match you to a venue near you.

Visit www.clicsargent.org.uk/bigbucketcollection
Call 0845 121 2495
or email bigbucketcollection@clicsargent.org.uk

Registered charity number 1107328
and registered in Scotland (SC039857)
11RP2955

CLIC Sargent
for children with cancer

ADULT LITERACY & NUMERACY

Free local and friendly support

With reading • writing • spelling • numbers

"I can enjoy books now"
"I feel more confident"
"Filling in forms is less scary!"
"I passed my driving test"

If you would like further information please contact:

Roseanne Gray
Adult Literacy Worker
Loch Leven Community Campus
Email: rgray@pkc.gov.uk
Tel: 01577 867216

PERTH & KINROSS COUNCIL
Education & Children's Services

Perth800

Adopting just one Greyhound won't change the world, but the world will surely change for that one Greyhound.

GREYHOUND RESCUE FIFE

Tel: 01592 890583
Mob: 07826 244765
email: fernjejimmyf@aol.com
www.greyhoundrescuefife.com

Volunteers needed at our Kennels
16 years and over please

Baltree Country Centre, Gairneybank
Kinross, KY13 0LF
Please phone or email for details

Adopt A Greyhound

Milnathort Community Council

The composition of Milnathort Community Council as of the election of 24 June 2010 is as follows:

Bruce Hamilton (Chairman)	Newhill Farm, Glenfarg
David Cottingham (Vice Chair)	Middleton House, Milnathort
Joseph Giacomazzi (Secretary)	1 Greenburn Field, Milnathort
Lynne Bennet (Treasurer)	1 Reid Crescent, Milnathort
Patrick Milne-Home	Craigow, Milnathort
Sandy Smith	21 Church Street, Milnathort
Robert Halford	Nether Tillyrie Cottage, Nether Tillyrie, Milnathort
Dorothy Thomson	Tillyrie House, Milnathort

Loch Leven Community Campus Partnership

As a member of the Community, your views and ideas in the development of this facility can be represented through the Partnership.

Contact the Loch Leven Community Partnership on campuspartnership@kinrosshigh.pkc.sch.uk

Funding Alert!

P&KC produces a huge list summarising funding opportunities for the voluntary sector. There are dozens of Trusts and Foundations giving away grants.

The list will be posted on www.kinross.cc or go to www.pkc.gov.uk and look for the voluntary sector page.

Contacts:

The P&K Grants Direct Team 0845 605 2000

Steve MacDonald, P&KC External

Funding Officer 01738 477963

(Contact Steve MacDonald if you would like to subscribe to P&KC's regular e-funding bulletin.)

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone on 01738 626666 or 08457 909090

Email us jo@samaritans.org

or **visit** us at 3 King's Place, Perth, PH2 8AA

Mondays 1630 – 2130 Thursdays 1630 – 1900

Wednesdays 0830 – 1100 Fridays 1000 – 1630

and 1930 – 2130 Sundays 0800 – 2130

No pressure, no names, no judgment.

We're here for you, anytime.

ENGLISH AS A SECOND LANGUAGE

Free local and friendly support with English for speakers of other languages

Would you like to improve your ability to:

- Talk to friends and neighbours
- Understand what people say to you
- Give information
- Talk on the phone
- Fill in a form
- Apply for a job

If you would like further information please contact:



Roseanne Gray
Adult Literacy Worker
Loch Leven Community Campus
Email: rgray@pkc.gov.uk
Tel: 01577 867216



Community Councils

Kinross: Secy: Mrs M Scott (01577) 862945

KinrossCommunityCouncil@pkc.gov.uk

Cleish & Blairadam: Secy: Mrs M Traylor (01383) 830059,

CleishCommunityCouncil@pkc.gov.uk

Milnathort: Secy: Mr J Giacopazzi (01577) 864025

MilnathortCommunityCouncil@pkc.gov.uk

Fossoway & District: Secy: Trudy Duffy-Wigman (01577) 840669,

FossowayCommunityCouncil@pkc.gov.uk

Portmoak: Secy: Mr J Bird (01592) 840368,

PortmoakCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
David Colliar	10 Rannoch Place	864037
Dave Cuthbert	Highfield Circle	861001
Barry M Davies (Vice Chair)	60 Lathro Park	865004
Bill Freeman	64 Muirs	865045
Ian Jack (Treasurer)	Burnbrae Grange	863980
Laura Mackay	Brunthill Farm	07872 499145
Dot Mackay	29 Green Park	864635
Margaret Scott (Secy)	21 Ross Street	862945
Campbell Watson (Chair)	7 Gallowhill Gardens	861544
David West	9 Leven Place	07824 313974

Perth and Kinross Councillors

Kathleen Baird, Easter Clunie, Newburgh, Fife, KY14 6EJ
Tel (home): 01337 840218.

Email: kbaird@pkc.gov.uk

Michael Barnacle, Moored, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ. Tel/Fax (home): 01577 840516.

Email: Michael@mabarnacle.freeserve.co.uk

Sandy Miller, c/o Perth & Kinross Council, 2 High Street, Perth, PH1 5PH. Tel (business): 01577 840462.

Email: SMiller@pkc.gov.uk

William Robertson, 85 South Street, Milnathort, Kinross, KY13 9XA. Tel (home): 01577 865178.

Email: wbrobertson@pkc.gov.uk

Kinross Recycling Centre, Bridgend

Opening Times: **Mondays to Fridays** 9am to 7pm
Saturdays and Sundays 9am to 5pm

Aluminium & Steel Cans, Car Batteries, Cardboard, Engine Oil, Fluorescent Tubes, Electricals (inc Fridges, Freezers, Televisions & Monitors), Garden Waste, Glass Bottles & Jars, Inert Waste, Metal, Paper, Phone Directories, Plastic Bottles, Textiles, Wood, Bicycles.

Fossoway and Cleish Community Office

A service for the Community, open:

Thursdays 2 pm - 4 pm
Saturdays 10am -12 noon

Out of hours there is an answering machine

Tel: 01577 840185 Email: fcoffice@btinternet.com

Regular Library Sessions for Young Children

At Loch Leven Community Library.

No need to book, just come along.

Story Telling

every Monday morning 10.15 – 10.45 am
and every Thursday afternoon 2.15 – 2.45 pm

Bookbug Rhymetimes

every Saturday 10.30 – 11 am
and every Wednesday 2.00 – 2.30 pm

Bookbug Library Challenge: For children aged 0 to 4: On each visit to the library, children are given a sticker. After collecting four stickers, they are awarded a certificate.

Member of Parliament for Ochil & South Perthshire Constituency Gordon Banks MP

www.gordonbanksmp.co.uk

Email: banksgr@parliament.uk

For dates and locations of regular advice surgeries, or to raise any concerns you may have, please contact the constituency office: telephone 01259 721536, fax 01259 216761 or write to 49-51 High Street, Alloa, FK10 1JF.

Members of the Scottish Parliament

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

MSP for Perthshire South and Kinross-shire Constituency

Roseanna Cunningham MSP (SNP) Tel: 0131 348 5697

Email: Roseanna.Cunningham.msp@scottish.parliament.uk

MSPs for Mid Scotland and Fife Region

Claire Baker MSP (Labour) Tel: 0131 348 6759

Email: Claire.Baker.msp@scottish.parliament.uk

Annabelle Ewing MSP (SNP) Tel: 0131 348 5066

Email: Annabelle.Ewing.msp@scottish.parliament.uk

Murdo Fraser MSP (Cons) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@scottish.parliament.uk

John Park MSP (Lab) Tel: 0131 348 6753

Email: John.Park.msp@scottish.parliament.uk

Willie Rennie MSP (Lib Dem) Tel: 0131 348 5803

Email: Willie.Rennie.msp@scottish.parliament.uk

Dr Richard Simpson MSP (Lab) Tel: 0131 348 6756

Email: Richard.Simpson.msp@scottish.parliament.uk

Elizabeth Smith MSP (Cons) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@scottish.parliament.uk

Mobile Library – Blairingone and Milnathort Every Second Wednesday

Next visits: Wednesday 5 and 19 October

Blairingone	9.30am - 9.45am
Westerloan, Milnathort	2.10pm - 3pm
Bridgefauld Road, Milnathort	3.05pm - 4pm
Any queries telephone AK Bell Library 01738 444949	

Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross, KY13 8FQ

Telephone: 01577 867205

Email: lochlevenlibrary@pkc.gov.uk

Opening Times

Monday	10am – 6pm
Tuesday, Wednesday, Thursday	10am – 8pm
Friday	10am – 6pm
Saturday	10am – 3pm

Perth & Kinross Council

www.pkc.gov.uk

Customer Service Centre

Tel: 01738 475000

(Mon to Fri, 8am-6pm)

Out of Hours Emergencies

Tel: 01738 625411

(Roads, flooding, environmental health and dangerous buildings)

Clarence (for non-emergency road and lighting defects)

Tel: 0800 232323

Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

Linda Freeman

Tel 01577 865045. Email: linda.freeman_64@btinternet.com

Kinross-shire *Day Centre*

**Table Tennis • Videos • Cards • Dominoes
Daily Papers • Chiropody • Trips • Exercises**

Weekly Programme

Monday	Exercise Class	11 am	Elderberries	1.30 pm
Tuesday	Bingo	1.30 pm	Relaxation Class	1.15 pm
Wednesday	Morning Service	10.45 am,	Quiz Afternoon	1.30 pm
	Dominoes	1.30 pm	Scrabble	1.30 pm
Thursday	Art Class	1.30 pm,	Film Afternoon	1.30 pm
	Dominoes	1.30 pm		
Friday	Scrabble	1.30 pm	Dominoes	1.30 pm



Public Holiday



Please note the Day Centre will be **CLOSED** on Monday 3 October 2011. We will be open as normal on Tuesday 4 October. We apologize for any inconvenience.

Coffee Bar open 9 am - 4 pm, Senior Citizens Lunches Daily
Telephone: 01577 863869

LOCAL CHEMIST INFORMATION



Rowlands Pharmacy, Kinross

(opposite David Sands)
Mon - Fri: 9.00 am - 6.00 pm
Saturday: 9.00 am - 5.00 pm
Tel: 862422

Davidson's Chemist, Milnathort

Mon to Fri: 9.00 am - 1.00 pm &
2.00 pm - 6.00 pm
Saturday: 9.00 am - 12.30 pm
Tel: 862219



Sundays: The nearest open pharmacy is Asda, Dunfermline

Perth Citizens Advice Bureau

The Kinross Outreach Advice Surgery is held on the second and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, The Muirs, Kinross. The next visits are:

11 and 25 October

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you – our advice is free, confidential, impartial and independent. Contact us: Advice line 01738 450580; Appointment line 01738 450581.

Grants and Funding Websites

www.pkgrantsdirect.com
www.scottishcf.org

Kinross-shire Volunteer Group and Rural Outreach Scheme

Registered Charity No. SC015642

Charges to service users (as at 1/10/10)

Perth, Dunfermline, Kirkcaldy	£10
Stirling	£12
Dundee, Edinburgh	£18
Stracathro	£25
Loch Leven Health Centre, Kinross/Milnathort	£3
Loch Leven Health Centre, outreach area	£5

Co-ordinator: Ann Munro 01577 840196.



Disability Sport

There are many activities for people with disabilities at local, regional and national level which welcome people with physical, learning and sensory disabilities. Sports available include swimming, athletics, boccia and bowling. If you would like further information or would like to be included on an email distribution list to keep up-to-date with what is available, please contact Caroline Ness, Sports Development Officer by telephone on 01738 472242 or email CMNess@pkc.gov.uk

Blythswood Care

Sainsbury's Car Park

(if car park is full, van will park nearby, e.g. Park & Ride or Ochil View)

Tuesday 18 October

between 10.30 am and 11 am

Further details from 862258

Classified Adverts

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter, subject to space.

Items for Sale

Learing Laptop 5yrs+ £2500

Oregon Scientific Accelerator Ultimate Laptop packed with educational games with case, instructions and guarantee.

Electric Guitar £4500

In very good condition. Encore Brand in guitar case with BB Blaster 10 watt amp, guitar tuner, instructional CD and spare strings.

Psychotherapy & Counselling Books £2500 the lot

University/Diploma level: Learning to Counsel by J Sutton & W Stewart; Next Steps in Counselling practice by P Sanders; Client Centered Therapy and A Therapist's view of Psychotherapy by CR Rogers; Gestalt Therapy by F Perls; Introducing Psychotherapy by N Benson. All nearly new.

IKEA double beds £600.00 both or can buy separately

Grey strong metal double loft bed (with ladder) will fit either adults or kids. Plus Malm double wooden bed frame with slats – also mattress if wanted but quite old. Can purchase both or will sell separately.

For above items contact: Aisling Thompson 01577 862011
aislingthompson@btopenworld.com 07851 355162

Wild Country Venturi 4 tent £190.00 ono

High quality 4-person, 3-season tent from Wild Country. Easy pitch, 2 separate sleeping compartments, midge screen, clear windows, generous living area. Very good condition, only used a few nights. Over £400 new.

Long Run Petrol Generator £175.00 ono

Generac MC2500 18-hour run petrol generator, 110/230 v outlets, 5.5 HP Honda engine, very good condition.

For above items contact: Steve Williams 01577 863871
steve.kyl3@talktalk.net

Wooden garden swing £100.00 ono

Originally purchased from Caledonia Play. A sturdy single wooden garden swing with extension for rope swing. Swing seat and tyre seat. Dismantled and ready for uplift. Originally cost £300+.

Seller details: Lesley McGuigan 01577 863871
lesmccg@btinternet.com

Kinross High School Girls Blazer £2000 ono

Girls purple blazer for sale, 2 years old, very good condition, chest size 32".

Kinross High School Hockey Hoody £1000

Purple Hoody with "Hockey" written in yellow down right sleeve. Never worn. Size medium.

For above items contact: Gayle Paterson 07833 916097

Cot £4500

Ikea "Sniglar" cot and mattress. Hardly used and in excellent condition.

Seller details: Kathleen Seaton 01577 863677
confusedwife@hotmail.co.uk

Playstation2 games £0.20 each

Assorted playstation games

Nest of tables £3000

Dark wood nest of tables.

For above items contact: Ruth Barbour 01577 862563
ruth_barbour@hotmail.co.uk

Classified Adverts continued...

Basketball Stand (Reebok) £5000

Full size stand, telescopic, back board, weighted base, on wheels for mobility. Excellent condition.

Skateboard/ BMX ramp £4500

3 sections: 2 launchers and central section. Made by Ventura. Black rigid plastic. When central "bridge" in place all locks together. Used but not abused. (Total cost when purchased £115).

For above items contact: Fiona Watt 07960 633850

fiona.watt5@btinternet.com

Carforsale £500.00

Rover 200 R Reg 48,000 miles. British Racing Green with mustard and green leather upholstery. Alloy wheels and new tow bar. All MOTs and services and receipts from new. Only 2 owners (sisters). MOT – Oct. Taxed – April.

Seller details: Joan McFarlane 01577 830798

Wood Burning stove £225.00

Description: Black, rear flue, side or front loading. Can also be used as open fire. Currently heats large room. H.76cm (30") x W. 72cm (28") x D 38cm (15")

Seller Details: Mrs. Bridget Lindsay 01592 840252

ION USB Turntable £2500

Description: ION USB Turntable. Use this plus some downloadable software (audacity) to convert your vinyl collection into mp3, itunes etc. Bought and used to convert husbands collection of vinyl, and will happily demonstrate how to do etc.

Seller Details: Fiona Watt 01577 840431

fiona.watt5@btinternet.com

Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the kinross.cc website before applying to **check whether a position is still available**. (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Kirklands Hotel, Kinross

Part time bar/waiting staff required for Friday and Saturday nights. Previous experience required, applicants must be over 18.

For more details contact Anthony or Shona on 01577 863313 or email info@thekirklandshotel.com

Mindspace Counselling Service



Mindspace Counselling Services are now able to offer counselling to adults and young people aged 11+ at The Loch Leven Health Centre on Mondays and Tuesdays. We offer counselling to people who are facing a wide range of difficulties or challenges such as: bereavement or loss; isolation, anxiety or depression; stress of work or in the home; difficulties in friend, family or intimate relationships; confused feelings. Mindspace is the counselling service for Perth Association for Mental Health (PAMH).

If you are interested in this service you can self-refer via email to info@mindspacepk.com, by telephone on 01738 631639 or by visiting our website at www.mindspacepk.com. You can also be referred by your GP.

Mindspace also offer counselling to adults (18+) at their offices in Perth. For more information visit our website at www.mindspacepk.com



Diary

*A more extensive and regularly updated
Diary of Events can be found on www.kinross.cc*

October			Page
Sat	1	Milnathort in Bloom: taking down baskets etc	40
Sat	1	Beginners Curling course begins	62
Sat	1	Wheelchair Curling Club Come n Try session	63
Sun	2	Kinross Junior Curling Club resumes	62
Sun	2	Family Fun Cycle challenge for Scottish Cot Death Trust	
Mon	3	Local Public Holiday	
Tue	4	Fossoway & District CC meets	33
Tue	4	Lodge St Serf meets regularly	50
Wed	5	Business Breakfast	92
Wed	5	Mobile library visits Kinross-shire fortnightly	99
Wed	5	Kinross CC meets	21
Wed	5	Kinross Bridge Club meets	35
Thu	6	Kinross 50 Plus Club meets	36
Thu	6	Kinrosswood in Bloom Annual General Meeting	39
Thu	6	Thursday Group meets	88
Fri	7	Common Grounds project supper	55
Sat	8	Coffee Morning at Church Centre (Ochil & South Perthshire Conservatives)	12
Sat	8	Portmoak Film Society presents: True Grit	51
Sat	8	Orwell Bowling Club Social Evening	88
Sat	8	Pink Sunset: watch return of geese with SNH	76
Sun	9	KLEO presents film at community campus: Rango	88
Mon	10	Visually Impaired Try Curling session	62
Sat, Sun	10, 11	Optics weekend at Vane Farm	95
Tue	11	Portmoak CC meets	26
Tue	11	Orwell Bowling Club Whist night	88
Tue	11	Citizens Advice Bureau visits Kinross twice-monthly	100
Thu	13	Milnathort CC meets	22
Thu	13	Kinross Garden Group meets	39
Sat	15	Coffee Morning in Church Centre for St Paul's Episcopal Church	88
Sat	15	Live n Deadly at Vane Farm, daily until 23 October	95
Sun	16	Fungi Foray with SNH	76
Mon	17	NEWSLETTER DEADLINE	1
Mon, Tue	17, 18	Blood Donor sessions	88
Mon	17	Kinross-shire Historical Society: Kinross Now and Then	39, 91
Tue	18	Blythswood Care collection	100
Fri	21	Common Grounds Beetle Drive	55
Sat	22	Coffee Morning - Carnbo Rural in Carnbo Hall	91
Sat, Sun	22, 23	Optics weekend at Vane Farm	95
Sun	23	Pink Sunset: watch return of geese with SNH	76
Mon	24	Milnathort in Bloom Annual General Meeting	40
Mon	24	Cleish & Blairadam CC meets, Tabernacle Hall	29
Tue	25	Dyslexia Drop-in	91
Wed	26	Fashion Show - Orwell Bowling Club	88
Wed	26	Life Drawing classes begin	95
Thu	27	Town Twinning Association Spooky Quiz Night	46
Thu	27	Floral Art Club meeting: Design by Nature	91
Sat-Sun	29-30	Clocks go back one hour	91
Sun	30	Dance A Story workshop	79
Sun	30	Milnathort Filmhouse presents: Nanny McPhee	91
Sun	30	Wizardry at Vane Farm	95
Sun	30	A Magical Fairy afternoon at Vane Farm	95
Sun	30	Concert in Cleish Church	91
Mon	31	Heritage Trail extension Opening Ceremony	8
Mon	31	Curling Clinic	62
Mon	31	Milnathort Primary School Parent Council meets	35