



Kinross Newsletter



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DEADLINE for the March Issue

**2.00 pm, Monday
14 February 2011**

for publication on
Saturday 26 February 2011

Contributions for inclusion in the Newsletter

The Newsletter welcomes items from clubs, community organisations and individuals for publication. This is free of charge (we only charge for commercial advertising - see below right). All items may be subject to editing. Please also see our Letters Policy on page 2. Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletter.org
(all emails will be acknowledged)

Post: Eileen Thomas
Editor, Kinross Newsletter
50 Muirs, Kinross, KY13 8AU

Hand in: 50 Muirs, Kinross
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Front Cover: our cover this month shows members of Kinross Cycling Club and a map of the Sportive Kinross routes. See p. 52 for more details.

Commercial Advertising in the Newsletter

Display Adverts

For details on how to place a Display Advert, please go to our website www.kinrossnewsletter.org and click on Advertising for full details, or contact our Advertising Manager.

Typed Adverts

A typed advert may be placed for one or more months. These adverts are text only (no graphics allowed). There are two rates:

Up to NINE lines (including blank lines) £7.00 per insertion
TEN to FIFTEEN lines (including blank lines) £11.00 per insertion

As a guide, eight words is the maximum that can be fitted on a line. To place a Typed Advert, contact our Advertising Manager, Ann Harley (see left for contact details). You will need to send her:

- Your name, address, telephone number and, optionally, email address.
- The wording of your advert.
- A note of the number of insertions required.
- Your remittance – cheques payable to “Kinross Newsletter Ltd”.

Send all this to the Advertising Manager by the normal monthly Newsletter deadline (see top of left-hand column for date).

The Newsletter reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a Typed Advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy.

Editor Eileen Thomas **Typesetting and Layout** Tony Dyson **Word Processing** Julia Fulton
Advertising Ann Harley **Treasurer** Ross McConnell **Distribution** Glenn Neve **Subscriptions** Glenn Neve



Letters

Editorial

Reading many of this month's contributions to the Newsletter, it is clear that the extraordinary weather we have been experiencing since the end of November has had quite an impact on the community in various ways, from the many meetings that have been cancelled to the goose numbers being down at Loch Leven. As always we are very grateful to our weather watcher in Cambo, Malcolm Smith, for providing the meteorological facts and figures, which for December 2010 are quite remarkable.

There are a couple of consultation deadlines coming up: The opportunity to comment on the Main Issues report of the proposed Local Development plan has been extended to Friday 11 February;

and the public has the chance to comment on PKC's proposed new arrangements for community councils.

Details of both can be found on p. 4.

A Happy New Year to all our readers from the Newsletter Team.

Cardiac Risk in the Young Fundraising 7 Jan 2011

I am running the London Marathon on 17 April 2011. Ordinarily I enjoy running, but 26.2 miles is a completely different task altogether. If it was for pure enjoyment then I would jog down a sunny beach, but I have a whole different mindset going into this race.

My cousin Michelle died last year at the age of 33. She was an elite athlete, and personal trainer, providing motivation and inspiration to many. This time her inspiration is for me, as I run the marathon in her memory and in her honour.

I run on behalf of the charity CRY. Cardiac Risk in the Young is a charity that provides tremendous support for families who have lost someone under the age of 35 due to heart and cardiac issues. My goal is to raise £2000.00 for this cause and any donation is humbly accepted and greatly appreciated.

Please visit and donate at:

<http://uk.virginmoneygiving.com/JaimeDuffin>

Through Virgin money giving, donations are passed directly to the charity. Money giving is a not for profit organisation. Thank you for your support and thank you for your donations.

Jaime Duffin

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Family Tree Plea

4 Jan 2011

I am looking for information on my family tree, and to see if there are possibly any relatives who may still be around.

I was contacted by an Alan Gallagher of Massachusetts, whose mother used to write to folk in Kinross, and he had also asked me if I knew of anyone, since I only live down the road in Dunfermline.

My grandmother's name was Nancy Riddell, who stayed in Montgomery Street, Kinross before moving to Dunfermline. She was born on 2nd May 1906 at Glenlivet, died 1st May 1980 at Dunfermline. She was married on 14th January 1927 at Dunfermline to Walter Strachan, who was born on 7th November 1907 at Edinburgh and died on 26th July 1989 at Aldershot.

Nancy's mother was Margaret Riddell, born 6th April 1879 at Fyvie, died 30th October 1959 in Arthur Street (stayed in Montgomery Street and 1 Parliament Square, Kinross). Margaret was married on 4th January 1917 at Edinburgh to John Coltart, born 4th May 1881, died 7th July 1945 at Kelty.

Margaret's mother was Agnes Dawson, born 28th November 1850 at Culsalmond, died 28th March 1922 at Elibank, Kinross. Agnes was married on 28th August 1874 to George Allardyce Riddell, born 8th July 1849 at Culsalmond, died 31st May 1916 at Military camp, Furmills, buried in Kinross. They stayed at 1 Parliament Square Kinross. I believe their child, William, born 1923 at Kinross, used to run the butchers next door.

My Gran at one time stayed in Montgomery Street, and I have an address of a correspondence to Alan Gallacher in Massachusetts, mum of someone staying at Bowton Road.

Any information on family would be gratefully received.

James Brown

Email: james@brown8023.fsn.net

72 Macbeth Road, Dunfermline, Fife, KY11 4EF

Coping with Winter Conditions

29 Dec 2010

In the recent and continuing difficult conditions most people have been helpful and cooperative, some quite remarkably so.

However I was horrified to hear from a very elderly neighbour that a woman driver had verbally abused her for walking on the cleared carriageway rather than on the very dangerous "footpath". This lady, very upset, now risks life and limb by struggling over the icy pavements.

I don't know what we can do to make this person realise that she will be old one day, and that in any case drivers are pedestrians also.

Sheila M Wardell

1 Mill Lade, Milnathort

Club Correspondents

If sending your submission by Email, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

Letters Policy: We reserve the right not to publish any letter. Senders must supply their name and address and be prepared to have them published. The Newsletter does not necessarily agree with any of the views expressed on these pages.

Abbreviations: PKC: Perth & Kinross Council CC: Community Council Cllr: Councillor CCllr: Community Councillor

Use Brown Field Sites First

6 Jan 2011

The Local Development Plan for Milnathort has been issued for discussion. It identifies main land use issues, and it requires comment within the next few weeks, as it is not possible for the community to raise any new issues after that point.

The Planners have quite correctly looked at potential demand for housing in the area over the medium term and then, in my opinion quite incorrectly, identified two areas of agricultural ground, one adjacent to Burleigh Castle, and one on Perth Road to be designated for new housing.

Planning guidelines lay down that development on brown field sites should always be given priority. The village scape of Milnathort is blighted by former industrial sites, either derelict or under-utilised, which should have the opportunity for development first.

The economic and consequent employment issues are obvious. Companies moving to fit-for-purpose premises are much more likely to grow and prosper. Jobs created in the construction industry to build new industrial buildings and new houses are almost immediate.

A very good example is the former office and store of David Sands Ltd in Milnathort – the company has moved to a purpose-built location in Kinross, which is fit for modern day use and to serve a growing enterprise. Their old site has been demolished and a most attractive development, Queich Court, replaces it, together with four attractive town houses built by Hillcrest Housing Association for rent on South Street.

Surely the former Kay Trailers site, the former mill and the former railway station should be treated in the same way, clearing up 19th century industrial dereliction as well as creating a new, attractive environment and helping businesses develop in a 21st century environment.

Your comments on the Local Development Plan can be made to www.pkc.gov.uk/MainIssueReport or by phone on 01738 475300.

Euan Ferguson
Director, Hatrick-Bruce Ltd
Market House, Milnathort, KY13 9XB

See also article "Local Development Plan" on p. 4

'Younger Perspective' Rejected by CC

10 Jan 2011

Dear Readers,

I would firstly just like to say that it has been a pleasure and a privilege to serve the residents of Kinross as a Community Councillor for the past three years. I will continue to work hard in my role as a member of the Convention of P&K Community Councils to protect the future of Kinross in what proves to be a hard and difficult next few years with major budget cuts and the imminent removal of services from the county buildings.

I will also be continuing to work with the residents of Smith Street to get a solution to the flooding problems that were brought to my attention in October 2010; although the local councillor was made aware of this long before I had, nothing was done by PKC. I managed to get the Council to come down and I am pleased to say that work will be starting shortly to direct the water coming from the Myre car park in to the culvert and into more drains which will be added to Smith Street. Residents of Kinross can still contact me via email if they need assistance with an issue that the councillors aren't dealing with properly: vicechairman@cpkcc.co.uk

I am sad to say that Kinross CC refused my offer to remain as a non-voting associate member to provide a perspective on decisions being made from a younger point of view. It seems that CCllr Colliar is resistant to change. For far too long Kinross CC has allowed the "old brigade" to steer the CC on a path which suits them and not necessarily for the benefit of Kinross. I fear for the future of Kinross in the next few years with many major developments planned for the area. If CCllr Colliar is continually allowed to steer the CC on paths that are not of benefit to the residents he was elected to serve, then it is the youth of tomorrow within Kinross who will suffer.

I will still be involved with KLEO and Kinross Junior Colts FC for the foreseeable future and continue to referee within Kinross even though I have now moved to Dundee.

Yours sincerely

Joe Richardson
Ex-Community Councillor
2008 - 2011
180 (1/R) Lochee Rd, Dundee, DD2 2NG

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Deadline for all Submissions
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for publication on Saturday 26 February



News & Articles

PKC consults on proposed changes to Community Council arrangements

Perth & Kinross Council is seeking residents' views on proposed amendments to the arrangements for community councils.

On 15 December 2010, PKC agreed to adopt the following:

- an amended Scheme of Establishment of Community Councils for the PKC area;
- amended Constitution and Standing Orders;
- a Code of Conduct for Community Councillors.

The Head of Democratic Services will submit a further report to the Council on 23 February 2011 following the public consultation.

The PKC decision follows on from the publication by The Scottish Government in 2009 of the Model Scheme of Establishment of Community Councils and Code of Conduct for Community Councillors. These were jointly endorsed by the Scottish Government, the Convention of Scottish Local Authorities and the Association of Scottish Community Councils.

The main changes to the existing scheme are:

- a four-year election cycle;
- PKC to administer CC elections;
- a common election date for all CCs across the Perth & Kinross area.

Induction training will be made available to new CC members.

The principles of the Code of Conduct are:

Service to the Community	Selflessness
Integrity	Objectivity
Accountability and Stewardship	Openness
Honesty	Leadership
Respect	

In some cases there are proposed changes to the boundaries of CC areas. Maps showing the existing boundaries and the proposed ones can be viewed.

The maps, Council report and appendices showing the full text of proposed Constitution, Standing Orders, Code of Conduct etc can be consulted in PKC offices throughout the local authority area, including the Kinross office at the County Buildings, 21/25 High Street, Kinross. The information is also available at the Loch Leven Community Campus.

The information can also be found on the Council website, www.pkc.gov.uk/communitycouncilsconsultation

Making Comments

Anyone wishing to submit their comments on the proposed changes should write to Mrs Gillian A Taylor, Head of Democratic Services, Council Building, 2 High Street, Perth PH1 5PH or email communitycouncils@pkc.gov.uk by **Monday 14 February 2011**.

Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit www.kinross.cc

Local Development Plan Main Issues Report – consultation period extended

The deadline for responding to the Main Issues Report has been extended to **Friday 11 February 2011**.

The MIR has been compiled to stimulate discussion and encourage views on what policy and development options could be included in the Proposed Local Development Plan, which is due to be published in December 2011. The MIR is not a draft development plan, but provides options and general proposals for development and land use, for the purposes of the consultation. A lot of the information included in it has come from ideas already put forward by local people and developers. It outlines the Council's vision for Perth & Kinross, the objectives of the Local Development Plan and the main issues which will help shape the proposed Plan.

Among the main issues are:

- Housing - How do we provide land to meet identified local housing need?
- Economy and retailing - The need to provide and maintain an adequate supply of economic development land and improved retail provision
- Green infrastructure - The need to protect landscape and biodiversity, and mitigate climate change.

Copies of the MIR are available to view in Council offices and libraries. They can also be found online at www.pkc.gov.uk/mainissuesreport

When on that webpage, clicking on the link to “**site assessments page**” will take you to a page with the opportunity to download very informative pdfs (e.g. ‘Kinross’, ‘Kinross Landward’, ‘Milnathort’, ‘Blairingone’, ‘Crook of Devon and Drum’ etc) with maps, site assessments and initial officer comments.

Comments to PKC can be made in the following ways:

1. By email to: developmentplan@pkc.gov.uk
2. By letter to: Local Development Plan Team, Perth & Kinross Council, Pullar House, 35 Kinnoull Street, Perth, PH1 5GD.
3. By completing a Representation Form, which can be downloaded from the Council website and returned by post or by using the email button on the form.
4. By completing a MIR Questions e-form. This form contains many specific questions on the MIR.

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THE A977, JUST WEST OF DOBBIES ON THE
OPPOSITE SIDE OF THE ROAD)

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Library News

Loch Leven Community Campus, Muirs, Kinross

The library is hosting the **Inflatable Planetarium** on **Saturday 19 February**. ROYAL OBSERVATORY, EDINBURGH and Loch Leven Library invite the whole family (4+) to come stargazing indoors! There will be four half-hour sessions to choose from, starting from 10am. Tickets are available in person from the Library priced £3. It will be very popular, so book in advance to avoid disappointment. All children must be accompanied by a responsible adult.

Colin Prior, World famous landscape photographer, will be talking about his new book 'High Light: A Vision of Wild Scotland' and showing his stunning images at Loch Leven Community Campus, evening of **Thursday 24 February**, 7pm, £5. Book a place with the library.

Tickets are also now available for two exciting events in March. Bestselling Crime writer **Quintin Jardine** will be appearing to discuss his work and answer questions on **Tuesday 15 March** at 7.30pm. Ticket price is £5.

Explorer and author **John Hare** will be giving a lecture (topic to be confirmed) on **Tuesday 29 March**. We are taking reservations at the library for what will be a fascinating evening. More details to follow. Go to his website to see the wonderful photography and details of his exploits: <http://www.johnhare.org.uk/>

December was a busy month in the library. Despite being rescheduled to the following week due to the severe weather, "The Magical Tales of Jack and the Beanstalk" was a great success. We hope to have CLYDEBUILT PUPPETS back with another production in the near future. Portmoak Primary pupils were visited in the library by author Simon Puttock in late November. The 'Royal Mail Children's Book Award 2010' nominee kept everyone entertained with readings from his many wonderful books. In December children attended a Christmas Card-making workshop. The children made cards for their families and our 'Books-on-Wheels' group. The cards were designed and made in time to deliver to housebound library members. A number of exciting events are planned for Spring 2011 and the library hopes to announce them soon.

Linda Freeman, Local Correspondent

Just a reminder to readers that Linda Freeman is the new Local Correspondent for the Perthshire Advertiser and Fife Herald newspapers. If you want news of your community group covered in those publications, phone Linda on 01577 865045 or email her at Linda.freeman64@tesco.net.

Community equipment to lend, borrow or hire

There's a new facility on the kinross.cc website which gives community groups the chance to let others know what equipment they have that could be borrowed or hired. At the moment KLEO (Kinross-shire Local Events Organisation) has lots of things listed. Here are some examples: Two Marquees (6m x 12m) available to hire for £250 per day or free of charge if the hirer has their own team to erect them.

Forty gazebos (3m x 3m) available to hire for £3 each or free of charge if collected from store.

Other items available include: festoon lighting, chairs, tables and high visibility vests.

The Boys Brigade has two marquees (40ft x 20ft) available to hire at £180 per marquee per occasion, price includes delivery, erection and dismantling.

If your community group has items that others might find useful, why not list them on the website? For more information, go to:

www.kinross.cc/equipment_hire/equipment.htm

or find the page by clicking on the "Community" tab along the top of the Home page and choose "Equipment Hire" from the drop down menu.



Kinross-shire Community Learning and Development Group

Better Place To Live Fair

Loch Leven Community Campus

Saturday 5 March 10am – 3pm

Kinross-shire Community Learning and Development Group represent the local communities, services, groups and voluntary organisations and are providing an opportunity for people to see what local community groups, clubs, organisations and businesses have to offer.

Come and meet the local emergency services

Enjoy the local crafts and produce

Find out about the services available in Kinross-shire

Meet the local clubs and groups in the area

See the wealth of sporting organisations and activities available

Find out how to save energy in the home

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“Snow joke living in Kinross-shire!”

Ok, it's an appalling pun, but then the weather we've been having lately has been pretty appalling too. Last year we did a spread of snow photographs as so much of the white stuff seemed very unusual. This year - whaddya know? It turns out to be the snowiest December since records began!

Anyway, love it or loathe it, there's no getting away from that snow - not even here in the Newsletter. At least you can view these picturesque scenes from the warmth and comfort of your own armchairs...

See the weather report in our Out & About section for detailed weather statistics for November and December 2010.



Like icing on a cake...
CHAS Gift Shop cosily shrouded in gleaming whiteness.



Hardy souls!
Curling on frozen Loch Leven on Christmas Eve. The stretch of ice in the photo was in front of Kinross House, where the loch is only knee deep.

Photo by Angela Wilcox

The Muirs looking South past the Muirs Inn, after a fresh fall of snow, 29 November 2010

You can see several more winter photographs on the www.kinross.cc photo-library. If you have any photographs of our spectacular winter weather, why not add them to the library too?



Got plans? Make them happen with Kinross Learning Centre's January leisure programme



Whether you're planning ahead for a spring or summer holiday and need to pick up some essential language skills or you've made a New Year's resolution to learn a new skill, Kinross Learning Centre's January leisure programme should have something to suit you. Although most of the classes were due to commence mid-month, some start dates have been delayed, so there may still be time to book your place!

But the centre's not just about leisure – we also offer a wide range of computing courses which can be started at any time of the year. And with Individual Learning Account (ILA) funding available to anyone earning less than £22,000 per year, this could be the ideal time to sign up!

If you can already use a PC, why not upgrade your skills on Office 2007? A wide range of courses offer you the chance to become familiar with the new versions of Word, Excel, Access and Powerpoint. Whether you're learning from scratch or looking to upgrade your existing skills to the new version, there will be a course that is right for you.

The full January programme is listed below, but to find out more or to book your place, please call 01577 863863, call into the centre at Swansacre, Kinross, or email pc.kinross@perth.uhi.ac.uk

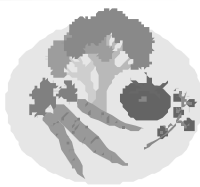
★ All of these courses qualify for ILA funding. Please ask us for more details.

Course	Starts	Time	Duration	Cost
LANGUAGES ★				
Spanish Beginners 1	Mon 17 Jan	1 – 3 pm	10 weeks	£65
Spanish Beginners 2	Wed 19 Jan	7 – 9 pm	10 weeks	£65
Improving your Spanish Conversation	Tues 18 Jan	7 – 9 pm	10 weeks	£65
Advanced Spanish Conversation	Mon 17 Jan	10 am – 12 noon	10 weeks	£65
French Beginners	Wed 19 Jan	1 – 3 pm	10 weeks	£65
Improving your French Conversation	Wed 19 Jan	10.30 – 12.30	10 weeks	£65
Improving your French Conversation	Tue 18 Jan	1 – 3 pm	10 weeks	£65
Advanced French Conversation	Tue 18 Jan	10.30am-12.30pm	10 weeks	£65
Beginners German	Wed 19 Jan	7 – 9 pm	10 weeks	£65
Beginners Italian	Tue 18 Jan	7 – 9 pm	10 weeks	£65
Beginners Italian 2	Thurs 20 Jan	10.30 am-12.30pm	10 weeks	£65
Beginners Russian 2	Thurs 20 Jan	7 – 9 pm	10 weeks	£65
COMPUTING ★				
Welcome to Computing	Tue 8 Feb	2 – 4 pm	8 weeks	£53
You've Got Mail	Tue 18 Jan	12 – 2 pm	5 weeks	£30
Get Connected: Guide to Social Networking	Tue 22 Feb	12 – 2 pm	5 weeks	£30
ARTS ★				
Advanced Watercolours	Mon 17 Jan	2 – 4 pm	10 weeks	£65
Watercolours 4	Mon 17 Jan	7 – 9 pm	10 weeks	£65
Drawing & Painting	Thurs 20 Jan	1.30-3.30 pm	10 weeks	£65
Watercolours 2	Wed 19 Jan	1.30-3.30 pm	10 weeks	£65
The Art of Drawing - Intermediate	Wed 18 Jan	9.45-11.45 am	10 weeks	£65
The Art of Drawing 2	Thurs 20 Jan	9.45 – 11.45 am	10 weeks	£65
DIGITAL PHOTOGRAPHY ★				
Introduction to Digital Photography	Wed 19 Jan	2.30 – 4.30 pm	10 weeks	£77
Digital SLR Photography	Wed 19 Jan	7 – 9 pm	10 weeks	£77
GENERAL INTEREST				
Scottish Art: 1600s to present day	Fri 21 Jan	9.30-11.30 am	10 weeks	£65
Introduction to Reflexology	Mon 17 Jan	7 – 9 pm	8 weeks	£53
Cake Decorating	Tue 18 Jan	10 - 12 noon	8 weeks	£73
Cake Decorating – The Second Tier	Tue 18 Jan	12 noon – 2 pm	8 weeks	£73

Healthy Eating

By Alisa V Wilson, nutritional consultant

Boosting Immunity to Help Beat the Bugs



At this time of year we can all be prone to colds and flu. This year in particular, when we have had the coldest December in a generation, we are all in need of a mid-winter immunity boost. The good news is that a few simple steps can really help to fend off colds and flu. It's a proven fact that the nutrients present in the foods we eat every day can really help to strengthen our body's natural defences and give us unbeatable protection against infection, disease and allergy. Poor diet, an unhealthy lifestyle and a toxic environment can all compromise and weaken the immune system, leaving us prone to everything from common colds to more serious infections. An impaired immune system is an 'open-door' for colds and viruses.

Immunity boosters at a glance:

- Foods rich in vitamins A (carrot, sweet potato, butternut squash, tomatoes, broccoli, mango, cantaloupe); B complex (rolled oats, wholemeal pasta, peas, lentils, broad beans); C (parsley, broccoli, cauliflower, cabbage, spinach, brussel sprouts, red and green peppers, strawberries, grapefruit, lemons, oranges) and E (wholegrains, nuts and seeds, eggs, green leafy vegetables).
- Foods high in minerals including zinc (wholegrain wheat, rye and oats, almonds, walnuts, hazelnuts, sardines, haddock); selenium (barley, wholegrain wheat, oats, brown rice, turkey, chicken, cod, garlic, carrots, cabbage, and oranges) and calcium (green leafy vegetables, kale, spinach, water-cress, romaine, celery, tomatoes, cauliflower, asparagus and cottage cheese (low fat)).
- Omega 3 and 6 fatty acids, found in nuts, seeds and oily fish
- Protein, found in lean meat, fish and pulses
- Fibre, found in grains, pulses, fruit and vegetables
- Vitamin D supplement (normally produced in the skin following exposure to the sun. Most people are deficient due to inadequate direct sun exposure). Recent research is proving that deficient vitamin D levels will significantly impair the immune response and increase susceptibility to contracting colds, flu, and other respiratory infections.
- Regular exercise
- Spending time with friends
- A positive outlook on life
- Adequate sleep
- Yoga and Meditation

Immune Enemies at a glance:

- A lack of vitamins and minerals
- Vitamin D deficiency
- Sugar
- Stress
- Smoking
- Excessive intake of alcohol
- Lack of exercise
- Lack of sleep

Ideally, you must address nutrition, sleep, exercise and stress issues the moment you first feel yourself getting a bug. This is when immune-enhancing strategies will be most effective. Good food choices include plenty of fresh vegetables and fruit. Most minerals can be found in seeds, nuts and green leafy vegetables.

Garlic, in particular, is a potent antimicrobial that kills bacteria, viruses and fungi. Ideally this should be fresh, and added at the end of the cooking process to preserve its defence properties. Make sure you are drinking plenty of fresh filtered water – it will help with nose stuffiness and loosening phlegm. Other great foods for the immune system include: beetroot, shiitake mushrooms, avocado, curly kale, grapefruit, blueberry, brazil nuts, soya beans and green tea.



To fend off potential bugs why not try a zingy fresh juice with four carrots, two green apples, half a lemon and a 3 cm piece of fresh ginger – blend in a juicer and enjoy! If the bug has already bitten, a comforting winter warmer is hot water with a slice of fresh lemon and ginger. Making a large pot of vegetable and lentil soup with lots of garlic and fresh herbs is a great way to include lots of the immune boosters.

Alisa Wilson is a qualified Naturopathic Nutritionist (Dip. Nutritional Therapy). She runs a local consultancy, Nutritionalise.

www.nutritionalise.com

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Police Box



Loch Leven

As you are all aware, we have been suffering from one of the coldest winters on record and have been experiencing extremely low temperatures. This has led at times to large parts of Loch Leven having frozen over. The frozen Loch has been extremely fragile in places and poses considerable danger to any persons on or near it. The thickness of the ice has varied greatly at points and there were large sections where it would not have supported a person's weight. The thickness of the ice cannot be judged just by looking at it and therefore the dangerous sections are completely invisible to the eye. We would strongly urge the public to avoid going on or near the surface of the Loch or any other frozen body of water and ask that you stress these dangers to children who may be tempted to play near it.

Farm Security

The rural locations of some of the farms, businesses, building sites and houses under construction in the Kinross-shire area make them more susceptible to crime than in urban areas. Potential thieves may take advantage of the opportunities that these rural locations present to steal items such as vehicles, plant, tools and fuel.

If suspicious persons or vehicles are seen in or around these places, the Police should be informed. If also appropriate, inform any local Neighbourhood or Farm Watch schemes of any suspicious activity. Farmhouses, steadings and other outbuildings should, where possible, be alarmed and secured with suitable locks. Lighting should be considered for buildings that are under evening or night-time surveillance opportunities.

Plant machinery is particularly attractive to thieves and is routinely reported stolen from farms, building sites and other rural locations. It is therefore recommended that where possible such machinery is kept out of view and locked away when not in use. Consideration should also be given to property marking and ensure that all keys are kept in a separate location. It is advisable to register plant machinery on the UK National Plant and Equipment Register (TER).

Vehicles such as quad bikes, motorbikes and other 4WD vehicles are also vulnerable to theft. It is advisable to keep such vehicles locked away when not in use, or close to occupied farm buildings where practical.

A great majority of tools used routinely on farms can be lifted and placed within a vehicle, and may not be missed for some time after a crime has taken place. Try to property mark all tools and ensure that they are not left lying about and locked away when not in use. Keep inventories of tools which can be used for insurance purposes.

Fuel tanks should always be kept locked, especially where located in remote position.

For further crime prevention advice or guidance, please contact Donald Campbell, Crime Prevention Officer for Perth and Kinross, on (01738) 892937, or your local Community Officer.

Internet Advice

The internet is a fantastic resource and a great source of advice, information and entertainment. People like to email, chat and have fun online. We also use it to buy and sell things, do our taxes or bank online. Unfortunately, online criminals want a piece of the action. They're in it to make

money. Internet fraud is one of the fastest growing areas of illegal activity in the UK. If you shop online, take a few easy steps to ensure that your personal information is protected.

For many years the intense security that protected most internet-based transactions arguably made shopping online safer than shopping in the High Street. More recently, hackers have succeeded in a number of scams, convincing those who bank online to reveal account details, for example, and creating false credit card encryption screens.

These days you need to take extra steps to ensure that your information is protected. The information useful to criminals includes your name, date of birth, address, National Insurance number, and any bank and credit card details.

Take care when using social networking sites such as Facebook, Bebo or MySpace. People often put a lot of personal details onto such sites and identity thieves have been known to use them.

Here are a few things you can do to make your online transactions safer:

- Protect your computer with the appropriate firewalls and security software.
- Use a recent version of a web browser - they have better security features.
- Always log off after using a shared computer and clear the history.
- Keep passwords and PIN numbers safe. Try not to use the same password for more than one account and never use banking passwords for any other account.
- Look for a padlock symbol at the bottom of the page and 'https' at the beginning of the web address. If those are not there, do not enter credit card information.
- If you have concerns, telephone the company to ask about its encryption.
- Print out your electronic receipt and keep it safe.
- Check bank and credit card statements to make sure the details match.
- Never disclose your personal identity numbers to anyone, including people who claim to be from your bank.

Remember, your bank will never ask you to re-enter your account information, and they will never ask you to send your PIN in an email.

Crime Stoppers- Telephone Number 0800 555 111

This telephone number is a free phone number, unless you are using a mobile phone, which any member of the public can contact at any time if they have information relating to criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Kinross Police Office- Telephone 0300 111 2222

Community Officers (details shown below) can be contacted at Kinross Police Office on 0300 111 2222.

Constable Stuart Johnstone Kinross

Constable Brian Easton Milnathort & Portmoak areas
Constable Nicky Ward Cleish/Blairadam, Fossoway & Glenfarg areas

Constable Euan Mitchell Abernethy and Bridge of Earn areas

Community Council News



The Community Council News is produced from edited draft CC minutes. Some CCs have full minutes on their websites. Full Kinross CC minutes are lodged in the local Library and County Buildings. All Community Council meetings are open to the general public.

Kinross Community Council

The December meeting of Kinross CC was cancelled.

News from the January Meeting

Present at the meeting held on 5 January 2011 were: CCllrs L Mackay, M Blyth, M Scott, D Colliar, D Cuthbert, B Davies and C Watson (Chair) and P&K Cllrs Baird and Robertson. Also present were: representatives from Wallace Land, Mr D Archibald, J Richardson and three members of the public. The Chairman welcomed those present and wished everyone a Happy New Year. Apologies for absence were received from CCllrs, D Mackay, W Freeman and I Jack.

Police Report: There was no police representative in attendance this evening. In relation to the December meeting of the CC (which was cancelled due to bad weather) the police report that they are aware of the problem with speeding traffic on Station Road. Static checks are being carried out from Douglas Crescent. The main concerns at the moment have been weather related which have been quite a drain on their resources.

Presentation by Mr Douglas Archibald and his colleague:

Mr Archibald explained the basis of the project which is to build a nine-bedroom hostel, café and ten self-catering holiday villas. There will also be a leisure complex, including sauna, steam room, jacuzzi and games room. Bike hire will be available and a nine-hole putting/crazy golf course. The area to be utilised lies to the west of Jettrigg. Plans were available for perusal and a summary was provided prior to the meeting. They are on the verge of submitting an application to planning. CCllr Colliar commented that this area is zoned for an 18-hole golf course and hotel in the Local Plan. Some concerns were raised in relation to drainage - these and other issues can be addressed and answered when the CC have an opportunity to comment at the Planning Stage. The café facility will be open to the general public and will be welcome to those using the Heritage Trail.

Presentation by Wallace Land: Mr Alex Orr and his colleagues took the floor and explained that this is a submission for the Local Development Plan and they would welcome any feedback from the CC in relation to their proposals. It was noted that CCllr Watson has an interest in this as he acts for the landowner. This proposal is for development on both sides of the Motorway. A planning application is some months away, however, they would welcome feedback from the CC at this stage. Two plans were available for perusal.

The first plan covered a site of around eight hectares (20 acres) on which they propose building 150 houses with a fenced barrier. This is Site E in the Main Issues Report. In line with Council policy, 25% will be affordable housing. Access to the site would be off Springfield Road. CCllr Colliar responded that access should be from Gallowhill Road and a further suggestion was made by Cllr Robertson. It was agreed that these were preliminary proposals and could be reconsidered.

The second proposal follows on an appraisal carried out identifying 18 hectares of land that could be developed. Part of this site is in the control of the Council. This is Site B in

the Main Issues Report. Seven hectares are being retained as a green buffer zone between the edge of the commercial development and Balado. Discussions are ongoing with Moto Services to share their access and to also feed the Council yard and Grouse & Claret. This would involve a large roundabout serving both sides of the road. A second access point would be created from the A977. Traffic calming would be automatic if this proposal goes ahead. This proposal should release around 1,500 jobs in the area. A further suggestion was to develop the T in the Park site to house events on a year round basis.

Douglas Alexander pointed out that his leisure complex is in this area and has been in operation for 20 years.

George Lawrie commented on the flooding in this area, and it was pointed out that a Flood Risk Survey is still to be carried out.

Mr Orr advised that the CC were being advised at this early stage to allow us to be familiar with the project when the planning stage is reached.

Model Scheme, Code of Conduct etc: CCllr Jack commented that the insistence on two sets of external auditors to review a CC's books is absolute overkill and will make it impossible to produce audited accounts for the AGM which is usually held at the beginning of April. J Richardson advised that this has now gone to Committee and no change has been made to the one auditor.

Snow Ploughing: CCllr Jack advised that the A977 was not ploughed on a Sunday, yet at 7.30am the mini plough had been out along Station Road clearing the pavements.

Local Development Plan: The consultation period has been extended to 11 February 2011.

Town Hall: Cllr Robertson advised that the Estate Agency and legal fee for the sale, together with the marketing costs of the Town Hall will be deducted from the monies received by the Common Good Fund. All maintenance charges from the date of transfer will also be charged to the Common Good Fund and some of the legal expenses recovered in relation to the court action. Cllr Robertson is to obtain the total figure due. The Chairman is to write to Ian Miller in response to the letter received from him to again question the position. It was noted that none of the local Cllrs sanctioned any repair costs. We have written to the Council requesting confirmation whether there are any conditions being stipulated in relation to the timescale in this process, i.e. commencement of construction and completion.

County Buildings: The CC are interested in discussing the future of the County Buildings in conjunction with the Partnership and require some assurance from the Council that we will not be wasting our time and money. The Chairman wrote a letter to the Council in October noting our interest in this matter. The Council arranged a meeting with Cllrs Baird and Robertson, a Sub-Committee from the CC, four Council Officers and the Partnership to discuss this issue. The Sub-Committee are again to meet with the Partnership this Friday. It was agreed that a viable plan is required now for the use of the building. The Chairman received an email from Mr Innes confirming that we have a six-month period in which to come forward with a feasible plan. Finance is available at the

moment but the financial climate may change in six months time. It was suggested that we approach the Council to enquire if they would accept a Lease over the property for a peppercorn rent, the Council to maintain the structure of the building. We are also to approach Visit Scotland to see if they would be interested in acquiring any of the accommodation. This could also be the headquarters of the CC and Newsletter. George Lawrie commented that he would be able to provide contact details in relation to the Heritage Lottery. The property will be boarded up by the Council on 1 April.

Planning Applications Received:

10/01872/ADV Site at Queich Bridge, South Street, Milnathort: Display of advance site.

10/01993/FLL Andford, Gairneybank: Alt/extension to dwelling house.

10/01947/FLL Todd & Duncan: Form café area within existing retail floor, to include seating area, servery. Withdrawn.

10/02099/FLL, 10/02098/LBC, 10/02094/LBC Kinross House: Change of Use from existing dwelling to mixed use, repairs to stonework and rhones, internal refurbishment.

There were no comments in relation to the above.

Applications Approved by PKC:

09/01055/IPL Land 60 metres south of Wood of Coldrain Farm Cottage: Erection of dwelling house (in principle).

10/01553/LBC Kirkgate Park: Demolition of toilet block, erection of toilet block and associated landscaping works.

10/00761/FLL Land at Burnbrae Farm: Erection of a dwelling house and formation of vehicular access.

10/02117/PN Land 450 metres south east of Tigh No Collie, Balado: Erection of a general purpose agricultural building. Permitted development.

10/01482/FLL Loch Leven Heritage Trail: Extension of the Loch Leven Heritage Trail and associated works.

Application Refused by PKC:

09/01959/FLL Land 60 metres north of Green Hotel: Erection of 47 Retirement flats. Refused.

Report from P&K Councillors

Cllr Baird commented on the snow clearing following the heavy snowfall and the lack of assistance from the farmers this year. Considering the weather conditions, the Council kept the majority of main roads clear. The side roads were in a terrible condition and it was commented that this forced the elderly to stay indoors.

Campus: The Chairman stated that he had received a number of complaints in relation to the closure of the Campus facilities during the bad weather. This was due to a shortage of staff. We are to write to the Director of Education (John Fyffe), with a copy to the Headmaster, Dick Keatings, requesting details of any contingency plan should these conditions prevail again.

Correspondence

Perth & Kinross Fuel Poverty Statement: Information on Council Website.

Tayside Fire and Rescue Board: Consultation Document. Local Development Plan - Main Issues Report: details of workshops.

David Coe, Barratt plc - Lethangie Trust: exploring the future development options for land at Lethangie to the east of the Community Campus. Meeting with CC requested. A representation will attend our meeting in February. It was noted that the Chairman has an interest in this matter.

Kinross CLD group meeting details.

Loch Leven Community Partnership meeting details.

HLF Sea Eagle Project, RSPB Scotland: support and input from local communities and local bodies is an essential part of their bid to the Heritage Lottery Fund. Asking the CC to consider sending a letter or an email of support. It was agreed that we decline this request.

Joe Richardson: Mr Richardson, having moved from the Kinross area to Dundee, is no longer eligible to stand as a CCllr. Mr Richardson asked if the CC would consider his request to become an Associate Member. The CC do not recognise Associate Membership and the Chairman is to write accordingly to Mr Richardson and to thank him for his contribution as a CCllr.

Convention: The date of the meeting has been changed from 12 to 19 January. Membership renewal is now due in the sum of £15.00.

Membership: We can co-opt a further member to the CC to replace Mr Richardson. Consideration would be given to this.

Data Protection entry expires on 23 December. The Council are to renew this and pay the £35.00 registration fee.

The Next Meeting of Kinross CC is to be held on Wednesday 2 February at 7.30pm in the Masonic Hall.

(Note: C Watson apologised in advance for his absence.)

Agenda for February Meeting

1. Apologies for absence
2. Minutes of the Meeting held on 5 January
3. Police Report
4. Presentation re land at Lethangie
5. Matters Arising from Minutes of 5 January
6. Future of Kinross Buildings
7. Planning Matters
8. Reports from P&K Councillors
9. Miscellaneous Correspondence
10. Other Competent Business
11. Date of Next Meeting (2 March)

Members of the public wishing to address Kinross CC are requested to contact the Secretary in advance and supply a copy of any relevant papers.

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Milnathort Community Council

News from the December Meeting

CCllr Hamilton, Chairman, welcomed CCllrs Cottingham, Bennet, Giacomazzi, Halford, Smith and Thomson to the meeting held on 9 December 2010. The meeting had to be relocated to the Thistle Hotel because the school was unavailable. Also in attendance were Minute Secretary E Rougvie; PKC landscape architect Stephen Kane and nine members of the public. Apologies were received from Tayside Police.

Planning: The following applications were considered:

Change of use and alterations to form a flat at the Royal Hotel. Noted after brief discussion.

Erection of a farmhouse (in principle) at Plot C, Cuthill Towers, Glenfarg. Noted after brief discussion. CCllr Hamilton declared an interest in that he was a neighbour of the applicant and did not take part.

Erection of an agricultural storage building 40m to the south of 38a New Road. Noted.

Erection of 300kw wind turbine and associated works at Blairfields Farm. The proposed location for this is slightly less than half a kilometre from Junction 8 of the M90. The proposed height is 61m, which CCllr Cottingham pointed out was significantly larger than the majority of single turbines. Most are 18 to 20m in height and have an output of 15kw. The applicant was in attendance and sought to reassure the CC that significant research and environmental studies had been done prior to lodging the application. After discussion, the CC unanimously agreed that, despite slight concerns about the turbine's prominence, local businesses should be supported and the use of wind power encouraged; therefore

they will not lodge an objection.

Snow clearing: A number of members of the public expressed their dissatisfaction with PKC's snow clearing operations, which they felt compared unfavourably with those carried out in Fife. They were particularly unhappy that the recycling centre at Bridgend was closed, thus preventing access to salt supplies, despite the fact that a council worker had turned up and expressed a willingness to open the facility. It was also noted that local farmers had helped with the snow clearing in the village on a voluntary basis and that legislation relating to the use of red diesel had been relaxed on 8 December. The CC considered that PKC's snow-clearing was poor and, after further discussion, it was agreed to write to express the view that Kinross-shire had been neglected; to ask why the recycling centre had been closed and to raise the same concerns about Church Street as had been expressed during the last spell of bad weather, namely that the registrar's had been inaccessible for a time.

Abandoned cars: A member of the public raised the issue of illegally parked cars, a situation that had been exacerbated by the bad weather as some had not moved at all and were causing an obstruction to delivery vehicles and other road users. The CC were disappointed to note that the police appeared to be unwilling to address the problem.

Placecheck: Stephen Kane of PKC reported that improvements to the Donaldson and Back Loan parks were scheduled to get under way in February, although bulb planting planned for Donaldson Park had had to be cancelled because of the weather. Improvements were also planned for Burleigh Road, the Perth Road junction, Victoria Avenue, Wester Loan and South Street.

Zebra crossing and pavement widening in South Street: Some members of the public were angry about measures they believed were being carried out under Placecheck, namely the widening of the pavement at the Royal Bank and the installation of a zebra crossing in South Street. They also considered there had been insufficient information about the proposals, although the CC pointed out that there had been two public meetings; Placecheck newsletters had been delivered to every household and details had been posted on the CC notice board in South Street.

Pavement widening: Mr Kane explained that the narrowing of the road at the Royal Bank will formalise the existing situation whereby the bus stops in the middle of the road, but because the kerb is also to be raised, passengers will not have to step out on to the road. This will reduce the stopping time

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for buses and make access easier for people with disabilities. Although the road is being narrowed to the minimum of 5.5m, two buses or lorries will still be able to pass each other without any difficulty.

Zebra crossing: It was stressed by the CC that a proposal to install a zebra crossing from South Street to Church Street had been dismissed very early on in the Placecheck process because of concerns about congestion and loss of parking for local businesses. It had been well documented that the CC favoured a crossing at the war memorial that could be used by children from both ends of the village. However a member of the public objected strongly to the proposed positioning as it affected his property, and felt that if the crossing could not be installed at Church Street then it should be sited directly in front of the main war memorial gates. The CC considered that this would not be appropriate as it would appear disrespectful and could cause problems at community gatherings, but after further heated discussion it was agreed that Mr Kane would find out whether it was possible or indeed desirable to re-locate the crossing by a short distance. It was also stressed that Placecheck was a community initiative, not Council-led, and the CC wished to record their appreciation to PKC.

Town twinning: CClr Giacopazzi, Secretary, had received a letter from a small town in the French Alps indicating an interest in twinning with Milnathort. It was agreed that while the CC do not wish to take this forward, they will support anyone who is interested in forming a committee with a view to doing so.

Disposal of lightbulbs: Further to the concerns raised at the last meeting by CClr Halford about the lack of suitable facilities at Bridgend recycling centre for the disposal of small, low energy lightbulbs, the CC agreed to write to PKC to highlight the issue and to ask about the possibility of re-designing the present facility so that the bulbs can be deposited without breaking and thus releasing mercury.

Other business

Snow activities: CClr Halford drew attention to the dangers of sledging in Ba'hill and other hilly areas in the village. There had also been concerns about young people walking out in front of cars in North Street during the bad weather, which was considered to be a matter for the Police.

Community woodland plaque: it was confirmed that this was in safe-keeping and would be put back in position shortly.

Venue for meetings: It was agreed that the proprietor of the Thistle Hotel should be reimbursed for the use of the premises and that the future venue for CC meetings would be decided in due course. The school is too expensive to hire on an 'ad hoc' basis but CClr Bennet will not cancel the existing bookings until the situation has been resolved. The time of the meetings will also be decided once an appropriate venue has been identified.

The next meeting of Milnathort CC was due to take place on Thursday 13 January 2011.

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Portmoak Community Council

News from the December Meeting

A meeting was held on 14 December 2010 in the Primary School.

Election of Officers: The following residents were elected: Chairman - Malcolm Parkin, Vice Chairman - Margaret Wilson and Treasurer - Dick Williamson.

In attendance at the meeting: CCllrs M Parkin, M Wilson, J Bird, D Williamson, R Cairncross, T Smith, S Forde, M Strang Steel, P&K Cllrs M Barnacle and K Baird and 50 residents. (*Post meeting note: Cllr Robertson emailed his apologies.*)

Police report: Sgt Sandra Williams gave the report. The Community Officer was presently on modified duties and unable to attend the meeting. There have been a number of break-ins to lock up premises at Scotlandwell. Anyone seeing anything suspicious please call the police.

Treasurer's report: There is £925 in the bank account.

Stephen's Field: Letter received from P&KC re changes to planning application by Stephen's. Pleased to say that the path alongside No 27 Whitecraigs is included in the new plans.

Balgedie Toll to Mawcarse Road: Signing work will be carried out winter 2010. Snow probably has changed the time scale.

Hedge alongside playing ground, Kinnesswood: Now with PKC. Confirm that the present hedge will be removed and another hedge placed further into the playing field.

Kinnesswood bus shelter area: Decision on how to proceed to be taken by the CC.

Meeting with Gliding Centre: Yet to be arranged.

Build-outs: One build-out has been moved. Other work has stopped due to weather.

Vane Farm Road: It was agreed that the ward councillors would look at this issue.

Loch Leven Heritage Trail: Route alongside RSPB still ongoing. Access to Trail in Levenmouth area still required.

Sign required to Well at Scotlandwell: This will be included in the Wash House proposals presently taking place.

Michael Bruce Way paperwork is with the secretary.

Planning: A detailed list of the planning applications submitted in the Portmoak area can be found on the CC website, www.portmoak.org

Paths group: There was no report. Work on the path along the A911 had been halted due to weather conditions.

Reports by P&K Councillors

Cllr Baird reported that the post bus is trying to find a more suitable location. She reminded the meeting about altered refuse collection arrangements due to the adverse weather.

She assured residents that footpaths are not good anywhere. For those that think the rural areas have been ignored, the footpaths in Perth are also not good. She wished to thank all the local people who are helping to keep the roads open and looking after their neighbours.

Cllr Barnacle agreed that the Council had a difficult time in keeping the major routes open although the inference of keeping the major routes open was questioned if the minor routes which allowed access to the major routes were not also kept clear.

A resident raised the question of whether a snow blower would be of more assistance than the present snow ploughs.

Following the bad weather last year, PKC asked CCs to suggest ways of improving the service. There had not been any feedback on these suggestions and therefore it was not

clear how PKC had used these suggestions to improve the service this year.

It was reported that on two occasions personnel employed by PKC had arrived in Bishop Terrace, Kinnesswood to fill a grit bin although it was confirmed that there had not been a grit bin in this particular position for the past 28 years. (*Post meeting note: Cllr Baird reported that more grit bins were due to be sited but the early snowfall had prevented the bases from being constructed.*)

Presentation on Main Issues Report: Cllr Barnacle gave a presentation on how the Main Issues Report will affect the residents of Portmoak and answered questions by residents. Cllr Baird gave a different interpretation on two issues that had been raised but agreed that if anyone has anything to say about the issues raised in the report then now was the time. The Chairman thanked Cllr Barnacle for his presentation. A copy of the presentation will be available on www.portmoak.cc

Communications

The secretary informed the meeting that a presentation by a spokesperson for the applicant will be given on the proposed planning application at Wester Balgedie at the January 2011 CC meeting.

A list of all communications received can be found in the full Portmoak CC draft minutes.

News from the January Meeting

CCllrs M Wilson, D Williamson, R Cairncross, S Forde and M Strang Steel were present at the meeting held on 11 January 2011. Also in attendance were P&K Cllr M Barnacle and 25 residents. Apologies for absence were received from: P&K Cllrs Baird and Robertson; and CCllrs M Parkin, J Bird and T Smith.

Police Report: deferred.

Treasurer's report: Funds on hand, 31 Dec 2010: £731.35.

Stephen's Field: A member of the public raised the current position: its legal status and plans for its development. The matter would be reported on at the next meeting of the CC.

Snow Blower: Further information on a possible local snow blower had been obtained and would be reviewed in due course. Typical cost approx. £2000

Grit bins: Policy concerning the availability and maintenance of grit bins remains to be clarified.

Planning Group

Local Development Plan and Main Issues Report (MIR). The CC intends to make a submission on the MIR to PKC by mid February.

Recent Planning Applications. The CC made no comment on the following applications:

10/01593/FLL: demolition existing cottage and replacement with new, 1 Channel of Pittendreich;

10/02037/FLL: Alterations and extension to dwelling house, Arnot Tower;

10/02047/FLL: Erection of a conservatory, 56 Whitecraigs Kinnesswood;

10/02125/FLL: Alterations and extension to dwelling house, Boherduff, Pittendreich.

The Council sought further information on:

10/02051/FLL: Erection of a garage, Arnot Tower.

Report by P&K Councillor

Cllr Barnacle report that:

Refuse collections should be returning to normal;

Snow clearance had gone well given the availability of resources. In discussion it was not always clear whether the policy on clearing priority roads first was always followed.

School access roads could be forgotten. The Council should pursue this matter with PKC Roads Department.

The recent decision by the Reporter to refuse planning permission for a development at Wester Balgedie was coupled with PKC being made liable for expenses as they had been seen to act in an unreasonable manner. It was not that the Council's decisions were wrong but rather that the Council's representatives at the hearing failed to make the Council's case to the Reporter.

Other Business

A member of the public from Kilmagadwood sought the support of the CC and the wider community in opposing a third application for development on the same site. Two previous applications together with appeals had been dismissed. The CC had objected to all three applications.

Presentation by McRae and McRae Ltd (Chartered surveyors, Estate Agents, Planners and valuers). The CC and the public heard a presentation of proposals to develop a site identified within the Main Issues Report at Wester Balgedie for some 20 – 30 houses. Amongst the points made were a potential planning gain if the junction at the Balgedie Toll was improved, improved drainage if the site were to be connected to the mains drainage at Scotlandwell and Kinnesswood and a possible gift of land for a community facility. In discussion, points made included that improvement to the junction could be handled in different ways and that there was little support for the particular option offered by McRae and McRae. There was uncertainty about the size and nature of the proposed houses and how the affordable housing obligation would be met and, given the current growth in Portmoak, whether the school could accommodate such an expansion. McRae and McRae gave an assurance that there was no intention to lay a planning application in advance of the new Local Development Plan.

Communications

The full draft minutes list all communications received since the December meeting, some of which are: PKC information on the Better Place to Live Fair 2011; Scotlandwell Wash House letter of support; Community Campus Partnership meeting; extension of MIR consulting period.

The Next Meeting of Portmoak CC will be held at 7pm in Portmoak Primary School on Tuesday 8 February 2011.

For further information or to leave a comment or message for the CC, please use the Portmoak CC website:

www.portmoak.cc

Fossoway and District CC

News from the December Meeting

A meeting was held on 13 December 2010 (rescheduled due to adverse weather) in the Crook of Devon Institute. In attendance were: S Morrison, T Wigman-Duffy, A Lavery, S Anderson, M Anness, K Bothwick, P&K Cllr M Barnacle and 24 members of the public. Apologies for absence were received from A Cheape and P&K Cllr Robertson. There were no declarations of interest.

Community Policing: No-one was available.

Minutes of the last meeting: a small amendment was made to the wording of a paragraph on the Dunning Glen problem.

Lambhill Energy Presentation by A McMurtrie: This was to make the community aware of the forthcoming planning application for a biomass combined heat and power plant and animal bedding operation at the Oran site at Lambhill, Blairingone. After Mr MacMurtrie outlined the proposal, members of the public asked questions and expressed their concerns about the application. After much discussion, it was decided that the main areas of concern should be emailed to Trudy and these would form a basis for a public meeting/workshop session at a later date. The main points raised at this stage were:

- visual impact, rural situation, forestry paths very close by;
- materials to be burnt, possible chemical emissions, dust, health and safety;
- lorry movements, increased traffic, noise and light pollution;
- history of the site following previous complaints, lack of benefits to the village;
- connecting to the electricity grid, subsidies, efficiency, carbon costs.

The Director of Lambhill Energy was unable to attend this rescheduled meeting, but the community hoped that he would be able to attend the forthcoming public discussions.

Tayside Main Issues Report: The meeting to be held on the Tayside Main Issues Report and Consultation has been rescheduled for Thursday 16 December. The deadline for comment has been extended to 11 February 2011, due to adverse weather conditions.

War Memorial, Blairingone: Suggestions put forward from a previous meeting have been acknowledged by PKC but there is an early indication that they do not see them as a workable solution. The CC will continue working towards a satisfactory conclusion.

Car Parking, Fossoway Church: Sandy will have meetings with church and council officials to try and move this problem forward.

Dunning Glen Problems: Health and Safety issues still plague this issue but it may be possible to apply for a grant to clean up the site. Kevin is continuing to source clean-up companies.

CC Business: The meeting about the Kinross Fund was cancelled.

Councillors' Reports: Cllr Barnacle has had no reply yet from PKC about the parking issues at Fossoway Church.

Cllr Robertson has been looking into the problem concerning ditches along the Aldie Road.

Planning Applications:

10/02053/FLL, Land at Braehead, Rumbling Bridge, Variation of planning conditions no 5 and 9 of planning consent 07/01403/FUL. Recommendation: Reject, as not valid physical reason is given for non-completion within the

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existing timeframe and delay will inconvenience both public use and the private amenity of neighbours.

10/01919/FLL, Thorntonhill, Fossoway: Erection of 10kW Evoco wind turbine. No CC comment.

10/01995/FLL, Woodlands Mawmill, Cleish: Demolition of existing outbuildings and conservatory and erection of a replacement extension. No CC comment.

10/01845/FLL, Whorlawhill Farm, Carnbo: Installation of an underground slurry tank. No CC comment.

General Correspondence: All outgoing and incoming correspondence was available for viewing.

Other Business

A mobile abattoir has been parking overnight on the Aldie Road unattended. The CC will look onto it.

The gritting on the Blairingone to Saline road at Solsgirth has been a concern. The road is particularly dangerous. The fact that the gritters are no longer at Turfhill could be a factor.

The school bus for Fossoway school is consistently late and parents are worried about their children waiting in the cold weather.

This was followed by a presentation of McCrae and McCrae about an early proposal to build a substantial amount of housing, including affordable housing, in the village of Blairingone. This is of course dependent on the option which will be chosen for the Tayside Main Issues Plan. McCrae and McCrae were very willing to include residents of Blairingone early in the process. A more extensive consultation period will follow later in the year.

News from the January Meeting

The meeting held on Tuesday 4 January 2011 was attended by: S Morrison, A Lavery, S Anderson, M Anness, K Bothwick, A Cheape, R Cooper and four members of the public. Apologies for absence were received from Trudy Duffy-Wigman. There were no declarations of interest.

Community Policing: No-one was available. (*Post meeting note: Tayside Police apologised that no officer was available to attend the meeting due to staffing shortages. Sgt Williams asked the public to report anything suspicious to the police. There were no major incidents in our area to report.*)

Minutes of the last meeting: R Cooper was added to the list of those attending.

Tayside Main Issues Report: The consultation period has been extended to 11 February due to bad weather. People are urged to respond, as it is hoped a good response will engender greater influence. It is also hoped that any planning gain attached to option 1 or option 2 would benefit the local communities themselves and not disappear into the larger PKC budget.

War Memorial, Blairingone: No further news at present.

Blairingone Biomass Plant: Three emails have been received to date raising points for discussion. It is hoped that more people will respond.

Car Parking, Fossoway Church: Meetings with church and community are planned to find a way round various health and safety issues raised by PKC.

Dunning Glen problem: No further developments.

CC Business

- A date will be announced soon concerning the planned development in Blairingone.

- A response to the scoping report on Cleish Forest is due on 7 January. This is thought to be too soon.

P&K Councillors' Reports: No councillors were present at the meeting.

Planning Applications

10/02129/FLL 28 Mill Gardens, Powmill, Dollar: Alterations and extension to dwelling house. No CC comment.

General Correspondence: All outgoing and incoming correspondence was available for viewing.

Other business: Concerns were raised regarding an incomplete house in Blairingone, and whether it has a completion certificate. R Cooper raised an issue of "House for Sale" signs. The road department appears to remove them and residents are wondering where they go.


The Next Meeting of Fossoway and District CC will be held on Tuesday 1st February 2011 at 7.30pm in Fossoway Primary School. All Welcome!

Cleish & Blairadam CC

The December meeting of Cleish & Blairadam CC was cancelled.

Zumba*Classes *Over 16s only*

Mon: 10-11am Millbridge Hall
 Tues: 10-11am Milnathort Town Hall
 Thurs: 8-9pm Milnathort Town Hall
 (Please note Thurs class not on 3rd Thurs of the month)
 Fri: 1-2pm Millbridge Hall



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Club & Community Group News

Kinnesswood in Bloom



The Planning Group of Kinnesswood in Bloom have been organising their plans for 2011. The new format devised by Robin will make it easier for members to see which tasks are outstanding and to take projects forward.

The "Walk through Kinnesswood" book is now advertised on the Community Council website, which hopefully will make it available to a wider public. Portmoak Primary school were presented with 20 copies of the book, enabling a class to use them in any future history project about the area.

The Christmas night out at the Lomond Country Inn was attended by 24 members and partners. They enjoyed a lovely meal and an excellent evening was had by all.

Janette and Norma visited the Portmoak Brownies and spent a busy couple of hours helping the girls to decorate pots and plant indoor bulbs. Each girl took home her own pot and two larger containers were planted out with spring bulbs. Look out for them in Kinnesswood later in the year.



Janette Gardiner and Norma Smith with the Portmoak Brownies

The year finished with the Christmas tree being installed in the Picture Garden. New blue lights bought by Kinnesswood in Bloom went round the tree, followed by decorations and Christmas tags made by Primary 5/6. These had wishes written by the children. Mulled wine and mince pies were offered to the helpers and passers by. Thanks are due to Z Goudie for installing the tree and to George Frew for once again supplying the electricity. The extra decoration of snow on the branches added to the winter scene.

Three events which are already on the calendar are the decking sale, postponed from December, a joint event with Scotlandwell in Bloom and the Woodland Trust "Welly Day". The joint fund raiser will possibly be a Western Night in March. The Welly Day, also in March, should have lots of exciting activities, mostly involving wellies. More details will follow next month or check our website. If anyone has wellies which no longer fit or are past their best, please contact any member of Kinnesswood in Bloom.

Kinross & Ochil Walking Group

Here's a chance to walk off those extra festive pounds! Whether you're new to walking, returning to walking or a regular walker, try out a walk or two to see if you'd like to join us - new members are made very welcome. Walks are led by volunteer leaders from our group. This month we have three weekend walks to offer as well as a chance to come along to our meeting and talk about what kind of walks you're looking for.

Sunday 30 January: Carse of Lecropt, Bridge of Allan: 4½ miles (with optional extension to 6 miles). The main part of the walk is on roads with magnificent views across the Carse of Stirling. Accompanied children and dogs welcome.

Saturday 12 February: Craig Rossie, Auchterarder: 5 miles. A steady ascent initially leading to a gradual climb to the crags of Craig Rossie hill (ascent 500m). Spectacular views across Auchterarder and Perthshire. No children or dogs please.

Thursday 20 February: Summer Walks Meeting. Meeting to discuss our next walks programme (at The Stables, Crook of Devon).

Sunday 27 February: Culross and Shiresmill circular: 6 miles. A varied walk along coastal path then through woodland (snowdrops). Along Bluther burn into open country with south views over river Forth. Return via Shiresmill to Culross.

For all walks you do need appropriate clothing (not jeans) and equipment, including boots and waterproofs. Walks can be of several hours duration and a packed lunch/warm drink/water should be brought.

For further information on walking with the group, including further details of the above walks and where to meet, call our group Secretary Edna Burnett on 01577 862977. Or check our website koramblers.org

Kinross Ladies Circle Comedy Night



The Ladies Circle would like to wish all readers a Happy New Year. We hope you enjoyed the festivities and haven't come back down to earth with too much of a bump!

On **Saturday 26 February** the Ladies will be hosting their fourth comedy night. Acts come from the Edinburgh and Glasgow comedy circuits and will be held in Milnathort Village Hall. This event has become hugely popular, and as a result tickets sell out very quickly. Tickets will be on sale shortly - keep an eye out so you don't miss out.

Kinross Ladies Circle is a fantastic club for women aged 18 to 45 who want to make new friends, have lots of fun and do some fund raising along the way! We get involved in all manner of social and fund raising activities. For further details about us or to join please go to our website www.kinrossladiescircle.co.uk

Contributors - please send your item well before the deadline if you can

Kinross and District Art Club



The Art Club activities for 2010 closed with an excellent Christmas Lunch at The Kirklands hotel, followed by our AGM, also held in the hotel, thanks to Anthony and Shona's generous hospitality. Twenty-eight club members made it to the lunch in the most difficult weather conditions the town has seen in many a year and all agreed it was well worth the effort in getting there.

At the AGM, John Green stood down as Treasurer and Membership Secretary after three years in post. John has also previously held the positions of President and Secretary and has served the club magnificently in so many ways, not least his word processing skills. He will continue to be our representative for the Millbridge Hall, the Treasurer's and Membership roles being taken over by Margaret-Elspeth Harman.



John Green announces his retirement at the Annual General Meeting

The calendar of club activities for 2011 is now available on our web site at www.kadkac.co.uk and the year ahead promises to be busy and productive, with several Group Activity sessions planned to introduce us to new techniques and skills.

Our first session of 2011 on 11 January will concentrate, predictably, on painting snow scenes using different mediums: watercolour, acrylics and oils and using a DVD demonstration. The dramatic landscapes seen in recent weeks have demonstrated graphically that light and shadow on snow produce some wonderfully subtle colours. The challenge for us as artists is to capture them in our paintings and of course, the benefit of a club such as ours is that we can help each other to achieve this, through discussion and shared activities.

We now have a full membership, but if you would like to join our waiting list, please contact Sybil on 01577 830347.

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Kinross-shire Volunteer Group and Rural Outreach Scheme



Another January and I am starting by mentioning the inclement – to say the least of it – weather, just like last year. Though last year caused some problems, this year was exceptional. At a meeting on 13 December, Ann, our Co-ordinator, gave a report and stated that never in all the time we have been running have we had to cancel a whole week's requests due to bad weather. In all, 33 requests were cancelled and from the way things were going that day (13 December) it was likely that she would be unable to find volunteers to cover six outstanding requests for the following day (14 December) and had had to cancel a further four for that day, three due to a volunteer's car being damaged while pulled into the side to let cars past. Many volunteer drivers managed to clear their driveways but that did not necessarily mean they could get out of their streets to access the main roads. I would also point out that quite a few of the appointments were cancelled by various NHS clinics etc as some personnel were unable to get into their work either.

As I am writing this the snow is still lying all over the place but at least we are mobile again; with approximately another three months where we could have severe weather still to come, I can only hope that the worst of the winter is behind us. My best advice to everyone is – wrap up warm and go carefully.

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Ian Mackay 01577 864751

Kinross Primary School news reports

Only Boys Aloud

On 26 November, all the P4 Perthshire boys went to Perth concert hall to perform a version of The Battle of the Clans for charity by singing and dancing. When they got on stage some of them felt nervous but once they started singing they began to feel better.

Most of the boys were fine and glad that they were going to be filmed. BBC and STV were filming the boys so some of them were nervous but most of them were really pleased that they would be on the television. The boys were very happy that they had been given the opportunity to perform in front of the 500 people audience.

There were 800 boys performing and we got to talk to some of them. Some of them told us that their favourite parts were singing, dancing, lying on the floor and lunch. They said they had to wear polo shirts and long black trousers. They had to dance and some of the boys found it a bit scary. They were really excited to go and once it was over some of them really wanted to do it all over again but some of them were glad it was over.

Overall the boys really enjoyed it.

By Bethan Thomas and Oliva Wightman

Our new 'Headie'

On 25 October 2010 we at Kinross primary school welcomed our new head teacher, Mrs. Lewis. We have enjoyed having her here and look forward to all the exciting things that she has planned for us in the future. In taking on our new role as media coordinators we took the time to interview Mrs. Lewis to find out what she hopes to achieve in her time here at Kinross Primary. Mrs. Lewis, from a large town called Airdrie, has been teaching for many years and has already been the Head Teacher of four other schools in Fife. When we asked her what she hopes to achieve while she is here she told us that "It is my aim to provide our children with the highest quality of education in an environment with dignity and respect." We think that Mrs. Lewis is very kind and generous and we hope that she has a lot of fun working here!

By Georgia Chick and Kane Holden

Help for Heroes

In December, as part of their enterprise topic, P7a and P7b aimed to sell handmade Christmas gifts to the parents. As a result of severe weather conditions they were not able to make the planned sale to the parents. However they improvised by deciding to run the event among themselves to boost the sales. There was a range of spectacular gifts on offer: picture frames, candle holders, key rings, tree decorations, calendars and Christmas cards, with prices to match of 20p - £1.50.

Sadly as there weren't any parents to support the sales, P5's and 6's were invited to bring money in if they wanted to purchase the items. All proceeds of the sale were sent to Help for Heroes. This was chosen after thoroughly enjoying the World War 2 topic the term before and as Douglas Mair from P7a said, "We chose to do Help for Heroes because it connects to our topic and all of our class thought it was a great idea." This charity helps ex-soldiers recover from any injuries and gives emotional support to them and their families. The charity is a good choice at this moment in time as we have seen a rise of death and injuries in the war against terrorism and the money is a great help so that the

charity can continue to help victims of the war. When we spoke to the P7 teachers about the event, Mrs Rodgers (P7B) told us that the children, "worked extremely hard to make various Christmas gifts and had a lot of fun selling them." The P7's spent five weeks working on the products and were particularly happy with a turn out of around £300.

By Struan Smith & Samantha Keiro



P7 pupils raised around £300 for Help for Heroes

Eco-committee

Within the school we have an eco-committee that try to help the school be more eco-friendly. We interviewed Mrs. Rodgers (head of eco-committee) on how we could get the community more eco-friendly.

Q: What are the committee's aims for this year?

A: This year we aim for less litter being dropped, each class not using as much paper, turning off lights, so as to save electricity, and turn off the taps because too much water is used.

Q: How are you going to get everyone to achieve this?

A: We are going to put up posters so that the community can save water and electricity. Eco suggestions are also announced at assembly so pupils and teachers are aware of what is planned. We are trying to advertise water hippos. A water hippo is an item you put in your toilet, and every time you flush it makes the toilet think it has more water than it actually has, so it saves two litres of water every time you flush.

Q: How are you going to get the community involved?

A: There is an eco-friendly event that we are planning, in which parents and others from the community can come and help plant, recycle and generally just help our school become an eco-friendly environment. We will also try to hold other eco events in the future.

We are trying to achieve our green flag to become an eco school. To get this we must not drop our litter, waste water and so on. Please look out for events which will be happening in the school and feel free to let us know if there is anything you think that you could help with.

By Finlay Nesbitt and Caitlin Ganley

Milnathort Primary School

Parent Council

For more information, please look at our website www.milnathortprimary.org.uk or contact the Clerk, Lesley McCormick on 862060 or email lesley.mccormick@milnathortprimary.org.uk

Kinross-shire Round Table

Lifeboats, Dragons and Santa – that about sums up the tail of 2010 for Round Table.



Another year of putting the fun into fundraising saw Tablers turning out to help at T in the Park, running our 5th Annual Charity Beer Festival (who knew drinking for charity would prove so popular?) and generally getting stuck in where needed.

At the end of November we visited Kinghorn RNLI station to see what all the RNLI SOS (<http://www.rnli.org.uk/sosday2011/>) fuss is all about as this is Round Table's National Charity this year and hand over a cheque for £1,214, which is the cost of training a Lifeboat volunteer for just one year. The crew at the station were very welcoming and a great night was had by all and we left awed by the commitment, hard work and dedication these local heroes put in.

Round Table supports a wide range of groups and projects throughout the year, mainly in Kinross-shire, but once a year we like to splash out to give away as much money in one night as we can before our treasurer runs screaming from the room with what remains of the cheque book clasped tightly to his chest.

Our light-hearted Dragon's Den in November saw representatives of nine local groups and charities pitching for funding from our tame Dragons and walking away with cheques ranging from £500 - £1,200. The successful bidders were: Scotlandwell Wash House; Kinross Tennis Club; Explorer Scouts; Kinross Cricket Club; Kinross-shire Duke of Edinburgh Group; Kinross 1st Cubs Group; Swansacre Playgroup; Kinross Ladies Hockey Team and Scottish Cot Death Trust. In total £6,350 was paid out on what turned out to be an incredibly emotional night.

As usual, many thanks to our sponsors and volunteers who make our fund-raising possible. Without their help and support we would not be able to assist our community in this way.

Santa had a somewhat hectic week on the Round Table sleigh. It was perfect weather for the sleigh but someone had changed the skids for wheels, which made life interesting. The more observant will have noticed that we were down to 2RP (reindeer-power) as some of the reindeer have been put out to pasture. After four nights of battling the elements we had to admit defeat in the face of the blizzard on the Sunday and did not make it around Kinross North. Santa is very sorry for this but hopes you all got what you wanted at Christmas.

Despite the weather Santa did make a visit to Rachel House to hand over a new giant TV and Xbox Kinect console and games. Things have changed a bit since Santa was a boy!

Heading into 2011 we will be visiting a distillery (we already organise the proverbial with the breweries!), sailing, waterskiing and bowling. We will also be planning for T in the Park and sundry other fun.

Our programme, with details of events, is available on <http://kinross-shire.roundtable.co.uk>. If you are 18-45 and want to get involved in having fun while putting something back into our community contact us via the website.

Please mention The Newsletter when answering advertisements

Kinross Museum



The Museum's *It Happens in War* exhibition continues to attract lots of attention and on 24 November half a dozen veterans who are featured in the Black Watch Museum panel displays came to visit and reminisce over a cup of tea. Amongst this group was Jack Erskine from Kinross who served with the 1st Battalion the Black Watch in Korea and Kenya.

On 11 December the Museum was fortunate in being able to make successful bids for a number of historic items up for auction in the Kinross House sale in Edinburgh. A portrait of Mrs Graham of Kinross, nine Kinross Estate Ledgers and six Green Hotel ledgers and Day Books were secured and are now available for consultation in the archive collection held in the Museum.

At a meeting held just before Christmas, Kinross (Marshall) Museum Trust Chairman Professor David Munro thanked the volunteers for all they had done to make the Museum such a success in its first year.

If you would like to help out as a volunteer do drop by on Thursdays or Saturdays to find out more or contact the Museum on: *Phone:* (01577) 867153; *e-mail:* info@kinrossmuseum.co.uk



Veterans accompanied by Ruaridh Halford Macleod of the Black Watch Museum visiting Kinross Museum in November 2010

Kinross & District Town Twinning Association



The Association enters a year with no official exchanges with our twin town of Gacé during 2011 except for the school exchange programme which is now well established.

A programme of social / fundraising events are planned over the session with the resumption of the successful "50 Club."

Any new members interested in our twinning link should contact chairperson Jeannie Paterson (tel. 862159).

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Probus Club



On 17 November the Kinross Probus Club met, first for a special lunch to celebrate the 30 years the club has been in existence. The President, Ken Morrison, welcomed the members and gave a short history of the club. He told them that the first meeting of the club took place on 12 November 1980, and the club has flourished for the 30 years since then.

They then moved to the function room. The speaker for the afternoon was Dr Maria Walters and her subject "Computer Voice Generation". Dr Walters is working for Edinburgh University on this subject. Great strides have been made in computer voice machines over the past 40 years. Now various computers have been invented which pick up the human voice and produce it as text, and other devices, called synthesizers, which read text and other directives and translate them into sound. Marrying the two ideas together and we have computers which are very useful. They are used in computer games, Satellite Navigation Systems, talking heads, and in telephone calls where the information asked for is fairly standard. In fact they are the basis of all inter-active systems. Synthesizers require a database of large number of words and can be supplied in various languages, but the English language alone has many varieties. The obvious two are American and UK, but UK English alone comes in many different local accents. For instance a long time ago the BBC had a preference for a "plummy accent" which is not appreciated nowadays. Then there is the difference between male and female voices. Dr Walters was involved in finding out what tone of voice was clearest and what sort of voice most appreciated. It had been found out that a happy sounding voice was most popular. Jim Ferrier gave the vote of thanks for a most informative talk.

The Probus Club held their Christmas lunch on Wednesday 8 December. During the proceedings Bill Connolly was made an Honorary Member and was presented with his certificate.

The first meeting in the new year was on 5 January. The speaker was Robin Webster and his subject "Guyana, the Land of many waters." Guyana is dominated by its rivers, of which the three biggest are the Essequibo, the Demerara and the Berbice. Each of these are miles wide at their estuaries, allowing ocean-going ship to sail many miles inland, but they are a complete barrier for traffic going along the coast. The capital, Georgetown, lies on the East bank of the Demerara River and is joined to the West bank by a pontoon bridge built by the Army engineers. The coastal strip 10 to 50 miles wide is criss-crossed by canals for drainage and irrigation, and is where most of the people live. Going inland, the next type of land is tropical rain forest, thinly populated, but containing many beautiful animals such as the jaguar, puma, tapir and monkey, while in the swamps live crocodiles and snakes. Even though Guyana is not top of the tourist attractions in the world, there is one place which must be visited: the Kaieteur Falls on the Potaro River, which are 741 feet high, five times higher than the Niagara Falls and twice as high as the Victoria falls, with an immense amount of water going over every second. The easiest way of getting around Guyana is by plane, and Robin managed to fit in a flight to the Falls during his time in the country.

Roger Stark gave the vote of thanks.

Common Grounds



That dreadful month of December has now ended and we can look forward to 2011. We at Common Grounds, in common with many other charities, spent a heart breaking time of continually having to cancel events and our coffee shop only opened two days during this period. Already as I write we have managed to equal that in January, so here's hoping that the weather is kinder to us and we can continue to keep open. Thank you to the volunteers and customers who braved the cold and came in to see us just before Christmas. Now let's have some good news – the Inland Revenue have given us a cheque for the amount due for gift aid plus we have a speaker coming from one of our recent projects, so please read on.

Project Lunch: Our next Project Lunch will be on **Tuesday 22 February** in the Guide and Scout Hall, Milnathort, weather permitting. The talk, usually lasting about 30 minutes, will start at 12.30pm and will be followed by a light lunch. The speaker will be Derek Jolly from the charity International Rescue Corps, an independent (non governmental funded) United Nations registered disaster rescue service supported entirely by donations from the public and will attend any disaster whether natural or manmade. Part of Derek's presentation will consist of slides to illustrate the charity's work. Everyone is welcome, so please put the date in your diary and come along.

Christmas raffle: Due to the adverse weather it was decided to hold over drawing our raffle until the end of January, so it is not too late to buy your tickets. The first prize as ever is a Fairtrade Hamper plus lots of other magnificent prizes, so don't miss out and when you come in to buy your tickets have a coffee or tea, Fairtrade of course, and let yourself be tempted by some of our homemade baking: our cheese scones are always delicious to name but one temptation.

Book Club: The book club now meets in Milnathort Town Hall on the evening of the first Tuesday of the month. Please contact Chris Scholes on 01577 864053.

Website: Unfortunately at the moment we have no website due to problems with our provider beyond our control.

Our opening hours are still 10am–1pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are: James Henry (Convener) 01577 864452 and Linda Freeman on 01577 865045.

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Kinross & District Inner Wheel



At our meeting on 8 November our President Elaine Matthew had the pleasure of introducing our speaker for the evening, Mr Nicki Burns of Lindsay Burns and Co. Auctioneers. Nicki brought quite a few antiques to whet our appetite. He brought a Claret Jug which had an estimate of £2,000 to £3,000. It was a very rare item because it was a lot taller than usual. The handle was made of black ivory and the lid was silver. It was very elegant and would grace anyone's dining room.

He had a Chinese ivory gourd pomander and an ivory card case with dragons carved out in great detail and Moorcroft gourd vases dated 1662-1722.

He showed us a beautiful box with a secret drawer which obviously no-one had opened up for a long time or had forgotten about it.

Nicki showed us a tiny silver stamp with the initial M on it shaped as an owl and estimated at £100-£150. He said it is not always the large items that cost a lot but smaller interesting items. He obviously is very enthusiastic about his work and this came through.

Questions were asked. Was he ever frightened of dropping an item? What was the most expensive item they had sold? He said his father had sold two marble lions for £80,000 and he lived in hope that he would someday do as well or better.

Doreen Blanche gave the vote of thanks and during the evening he asked about a date of an item and we were very impressed when Doreen was so near the date. She obviously knows her antiques.

We had our Christmas Dinner at the Green on 13 December. Despite the cold and the snow outside, we had a warm welcome inside.

Our speakers were Robin and Emma Niven from Loch Leven's Larder. They explained how their fresh produce is harvested and gathered and is sold in their shop. Robin is very interested in the environment and the production of the best fresh vegetables etc that can be achieved. We heard about the problems of the snow, which has been slightly disastrous to some of the crops.

He likes people to walk through his fields from the Loch Leven trail and they can see the crops in their natural habitat.

Emma explained why it had been self-service in the restaurant but it changed to waitress service because it is a better dining experience to be served.

They are a very enthusiastic couple and we wish them well in all their future ventures.

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Seamab School

When I started to write this we were in the throes of preparing for Christmas, just as important a time for our children as for all children everywhere. This time of year is always tinged with sadness for us: so many of our children stay with us over the festive period because they have no home and no family, not even a foster family, to go to. This year, for the first time, all of our residential children are in this position. However, Christmas was a great success: we made sure everyone had a really enjoyable time with plenty of presents, good food and games to play. For some it was the first Christmas they had ever enjoyed because before they came to us their experience was of not getting presents and not having the good time they saw other children having – we remember one boy some years ago who had no idea what presents were and couldn't believe he was going to keep the things he was given. As usual, we had no difficulty finding staff willing to work on Christmas Day, in fact many staff came in voluntarily to see 'their' children.

I would like to pay a special thank you to the staff and customers of Sainsbury's and to Mr Smith from Drum, who read about Seamab being Sainsbury's Charity of the year and decided he wanted to do something to help us. He put a leaflet round the parents of children in Fossoway Primary School and Nursery asking for donations towards our children's Christmas. We were delighted with the response and would like to thank Mr Smith and the Headteacher and parents of the school. It was so kind of them to think of us when they must have been so busy with their own arrangements.

We survived the big snow well enough. We couldn't get in to the school building for nearly four weeks so the children went to school in the bungalows where they live – in between building snowmen and igloos! The snow quickly lost its appeal however, and they were glad when we could get back to 'proper' school. The staff responded magnificently in these difficult circumstances.

I told you last time how well we had done in our Care Commission inspection when they scored us 'excellent' on all six of the areas they inspected. We have had a further, unannounced inspection since then, in fact the inspector managed to turn up just in time for our Christmas lunch! From the feedback she gave us, we can expect another good report. However, we are determined not to rest on our laurels and we have a few ideas as to how we can make our provision even better: one service we are intending to set up might be of particular interest. We are planning to recruit a small group of volunteer 'befrienders' who would do exactly that: each befriender would make friends with one of our children. They would visit them in Seamab, take them for walks or home for tea - in other words do all the things a friend would do. The activities are less important than the opportunity this will provide for the child to make a relationship with a kind and trustworthy adult outwith Seamab. This will help prepare them for life in the outside world. We will provide all the support necessary of course. If anyone reading this would like to be one of our 'befrienders', do get in touch with me (tel: 01577 840307 or anne@seamab.org.uk) and arrange to come in for a discussion.

Anne Anderson, Principal

Kinross-shire Historical Society



A very large turnout of members braved the elements and came along to Kinross-shire Historical Society on Monday 13 December to hear Professor David Munro's Annual Christmas Lecture. The subject of the talk was 'They Came by Train', the history of the railways of Kinross-shire. The coming of the railways acted as a catalyst for major social and technological progress and an altered landscape with a great deal of change happening very quickly. Fierce competition between different companies ended with the first line opening in Kinross-shire in 1858. It was 14 miles long and had six stations and a halt. It ran from Ladybank to Hopefield Station, Kinross, connecting to a railway line running north through Fife. A second line opened in 1860, coming seven miles from Lumphinnans to Kinross Station at the south end of Kinross and extending to Hopefield Station, which was now renamed Kinross Junction. Mawcarse Station also became a junction when the route to Glenfarg and Perth was opened in the 1880s. The Trustees of the Great North Road were opposed to the advent of the railway, as it reduced their income from the tolls paid by users of the road which was required for its upkeep. The damage done to the road surface by the heavy machinery needed for building the railway was offset by the Railway Company paying tolls to the Trustees.



*The last train from Kinross Station in January 1970
Photo courtesy of Kinross-shire Historical Society*

Among those who benefited from the changes in transport to the area were the mills of Milnathort and Kinross, Auction Marts, sawmills, farmers and hotels. Tourism was opened up, with the local paper listing the names of those visitors arriving by train. Hotel carriages met the trains and some included rail transport in their advertisements. Wartime saw troops and equipment being moved by train to and from the military bases of the county.

1948 brought nationalisation to the Railway Companies followed in 1960s by the Beeching Report, which axed 6000 miles of railway line across Great Britain. The last train left Kinross in January 1970 and the building of the M90 saw the change go full circle back to road transport. Professor Munro illustrated his talk with a wonderful collection of photographs and maps which recorded many of the buildings, platforms, bridges, sidings and railway lines that have disappeared from the area.

Mary Muirhead thanked Professor Munro on behalf of the Society for yet another fascinating talk on yet another really interesting subject, around the fortieth talk he has given to Kinross-shire Historical Society.

On Monday 10 January, Neil Kilpatrick of TRACKS gave a most interesting illustrated talk to Kinross-shire Historical Society about Loch Leven Heritage Trail. He explained the aims of the project and the various groups and organisations involved. Loch Leven has a wealth of Natural, Built, Cultural and Sporting Heritage and all were to be included in the development of the Trail. The largest amount of funding came from the Heritage Lottery Fund and also from local charitable trusts, Scottish Natural Heritage, the Forestry Commission and other funding groups.

The Trail has been laid out from the Pier in Kinross to Vane Farm Nature Reserve, a distance of 13.5km. It is ideal for walkers and cyclists, and has good disabled access. The entrances to the Trail are enhanced with informative monoliths and carved stones adorn the walls. Along the way are oak benches, many of which are carved with text related to the heritage of the area. The biggest bridge needed was over the Cut (the River Leven) and it also has text carved on the handrails.

More than 150,000 people make use of the Trail annually, many coming from outside the local area. Businesses around the Trail are benefiting and Loch Leven is becoming more of a tourist destination. Many local people are making use of the Trail and enjoying access to parts of the Loch that used to be out of bounds.

After a question and answer session, Ann Milburn thanked Neil Kilpatrick on behalf of the Society.

See Notices p. 80 for details of the next Historical Society meeting.

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Kinross High School Parent Council

% Kinross High School, Loch Leven Community
Campus, Muirs, Kinross, KY13 8FQ



Parent Council Meetings: Remember that the Parent Council is here to represent the views of parents and guardians of pupils at the school to help ensure that our young people can learn and develop to their maximum potential. Our success is totally dependent on your input, so please, if you have anything to contribute, contact any member of the Parent Council or if you prefer, write to the Chair care of the school address noted above. Better still come along to any of our meetings where, I can assure you, you will be warmly welcomed. **Our next meeting is on 1 March** at 7.15pm.

Who are the Parent Council? The Parent Council office holders for the 2010/11 academic year are:

Chair: Brad Wood 01577 850767
brad@madandbrandy.co.uk
Vice Chair: Andy Williams 01577 861682
a.b.williams@btopenworld.com
Treasurer: Denis Sweeney 01577 861651
sweeney5@tiscali.co.uk
School Uniform: Dora Smith 01577 863565
dorajsmith@btinternet.com

For further information please contact the Parent Council Clerk, Sheila Herron on 01577 864015 or email sheila_herron@tiscali.co.uk.

School Uniform: Sale of the school blazer continues to grow strength and we have a number of blazers available in stock and are now taking orders for a June delivery. If you would like to buy a blazer please contact Dora Smith.

Remember, the new blazers are manufactured from a washable polyester and the girls' blazer has a more fashionable, fitted style. The blazers are comfortable, light and easy to wear, and at £45 are very reasonably priced.

School Blazer Recycling: The Parent Council would like to invite pupils who no longer require their blazers (either because they have grown out of them or are leaving the school) to donate them back to the school. We will make sure the blazers are recycled and put to good use by a new owner. Anyone wishing to donate their old blazer should hand it in at the school office at the campus.

Process for dealing with disruptive pupils: At the last meeting, the Parent Council discussed the school's process for dealing with disruptive pupils. The key stages are:

- Class Teacher – uses in-class strategies
- Referral to Principal Teacher of the relevant subject and/or Guidance Teacher who may then write/telephone parents, issue Cause for Concern notices.
- House Head – follow up all stages of supporting the pupil, with options of after school detention and, finally, exclusion of pupil.

At each stage the pupil is supported with different strategies to help manage behavioural issues, with each stage being recorded. There is a philosophy of inclusion in the Scottish Education system with exclusion being used only as a final resort by the school. A summary of this process will be placed into the School Handbook and onto the school website. As always, concerned parents should talk to their child's Guidance Teacher in the first instance.

Are you thinking of using a private tutor? The Parent Council recently discussed the number of pupils receiving private tuition in certain classes. Parents are of course free to engage private tutors for their children but the school's advice is that they should in the first instance encourage the pupil to discuss their issues with the teacher and following that the parent should consult the school in full confidence if they feel the teaching standard is not as expected and for guidance on the need for private tuition.

Parents should also assure themselves that the tutor they select is competent to support the pupil, and is fully conversant with current curriculum and SQA requirements. It may be counterproductive if tutors do not support the class work or follow the curriculum. If the school, parent, pupil and tutor all communicate then the support will be premium.

The Events and Fundraising Team (EFT): The next fundraising event organised by the EFT is the **K Factor!** Always a hit with pupils and parent alike, this fantastic talent competition provides a platform for budding stars from the school to show off their performing talents. The talent show caters for a range of performers including: bands, musical performers, dancers and general entertainers. Pupils interested in entering are currently being invited to auditions to take part in the competition, which will be held in the main hall of the School on **Friday 11 February**.

Remember, tickets sell out quickly so buy yours early! Further information is available from: Niall Simpson, Chair, on 07508 418848 or niall.simpson@hotmail.co.uk or Elaine Carruthers, Vice-Chair at the KHS office.

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Kinross & District Rotary Club



Like many organisations in Kinross-shire, the Club had to cancel some functions due to the weather, but we are starting the year in good form. We wish everyone a very Good New Year.

Interact Club of Kinross

The Rotary Club of Kinross & District voted to start up a branch of Rotary's junior division, Interact, in conjunction with Kinross High School. The Interact Club was duly formed in February 2010 and is open to young people between the ages of 12 and 18. The aims and objects of Interact are similar to those of Rotary, being an international service and social club. Each Interact club is sponsored by a Rotary club, which gives the Interactors guidance in development of local and international service projects. There are almost 200,000 members in over 8,600 clubs throughout 110 countries of the world. The Kinross Interact Club meets roughly fortnightly, in the Loch Leven Community Campus on Wednesdays at 1pm and is open to anyone in the appropriate age group. Projects they have undertaken in the short time they have been meeting include a Purple Pinkie day to raise awareness (and cash!) of the campaign sponsored by Rotary International to eradicate Polio in the world; providing entertainment in the form of musical concerts for the residents at Causeway Court and Whyte Court; bag-packing at Sainsbury's in Kinross in conjunction with Rotary's Primary Schools Polio poster competition; assisting Rotary at T in the Park at the left luggage stand and at Lethangie campsite bacon roll stand. They are currently planning an evening sponsored walk (see Interact entry below).

ShelterBox

The Kinross Rotary Club donates to the ShelterBox Scheme and this year has donated for three boxes at £590 each box out of the funds we have raised for charity. The ShelterBox Scheme is a charity that the Club along with many other Rotary Clubs throughout Britain supports.

ShelterBox was founded by Tom Henderson, a Rotarian and former Royal Navy search and rescue diver. He saw that the aid response to most disasters was in the form of food and medicine to help people survive the immediate aftermath. Little or no assistance was given in terms of proper shelter to help them through the first few days, weeks and months as they tried to rebuild their lives. ShelterBox was launched to fill that void. In 1999, Tom started researching the idea, sourcing equipment and twisting arms to get the project off the ground. His persistence paid off in April 2000 when ShelterBox was launched and the Rotary Club of Helston-Lizard in Cornwall adopted it as its millennium project.

Shelter: At the heart of every ShelterBox is a disaster relief tent for a family of up to ten people. It is custom made for ShelterBox by Vango, one of the world's leading tent manufacturers, and is designed to withstand extreme temperatures, high winds and heavy rain fall.

Warmth and protection: In addition to the tent, there is a range of other survival equipment including thermal blankets and insulated ground sheets. Where malaria is prevalent mosquito nets are supplied, as well a life saving means of water purification.

Self sufficiency: A basic tool kit containing a hammer, axe, saw, trenching shovel, hoe head, pliers and wire cutters enables people to improve their immediate environment, by digging a latrine, for example; then, when possible, to start repairing or rebuilding the home they were forced to leave.

Fit for purpose: Every item is durable, practical and brand new. The box itself is lightweight and waterproof and has been used for a variety of purposes in the past - from water and food storage containers to a cot for a newly born baby.

A heart to the home: Key items are either a wood burning or multi-fuel stove. The multi-fuel stove can burn anything from diesel to old paint. Some boxes also contain our specially designed wood burning Frontier Stove. This provides the heart of the new home where water is boiled, food is cooked and families congregate. In addition, there are pans, utensils, bowls, mugs and water storage containers.

10th Anniversary: 2010 marked ShelterBox's tenth anniversary and has been the busiest year to date for the charity.

More than 45,000 ShelterBoxes have been distributed to families in desperate need providing emergency shelter and lifesaving supplies for over 450,000 people. From the Haiti earthquake in January to the floods in Colombia in December, ShelterBox has responded to the biggest disasters of the year. Alongside this, the charity has also helped thousands of people affected by disasters not seen in the media.

Simply put, if there is an unmet need for emergency shelter when disaster strikes. ShelterBox will do everything it can to meet the need.

2010 saw ShelterBox deliver aid in 17 countries in response to 22 disasters. A further two 'needs assessment' deployments were conducted in Indonesia after an earthquake struck Sumatra in April and floods in Benin in October. This has led to a total of 45,046 ShelterBoxes being delivered to families in need during 2010; nearly five times as many as 2009.

This is just one of many charities that Kinross Rotary Club contributes to through a wide range internationally, nationally and locally.

If the above activities are of interest to you, or you would like to be involved, please visit our web site, www.kinrossrotary.org for further information about the Rotary movement and the Kinross Club in particular.

Kinross & District Interact Club



To All residents of Kinross and District,
The Interact club of Kinross and District are holding a sponsored **After Dark Torch Light Walk**, with a Valentines theme, around the Kinross nature trail and everyone's invited! It begins at the Loch Leven Community Campus, where you will be met and greeted by volunteer marshals and members of the Interact club who will be guiding you round the nature trail and lead you to the Millbridge Hall where there will be tea, coffee and cakes on offer to heat you up. This is a family event so bring Mum, Dad, Aunties, Uncles, Children and Grandparents. It is a sponsored event with a small entrance fee of £2 per person. The Walk will be held on **Saturday 12 February**, meeting at the Loch Leven Community Campus, just outside the entrance, at 6pm and setting out on the walk at 6.30pm to arrive at the Millbridge Hall at 7.15pm. Look out for our posters! To enter the walk and receive your sponsorship form or for further enquiries, please contact Lauren Megginson either by email: loren_m93@hotmail.com or by phone: 07540 366 895

Proceeds will be going to the Kinross Day Centre to provide them with new games and resources for them to enjoy, and also towards the British Heart Foundation.

Thank You, and we hope to see you all there.

Kinross Boys' Brigade

The entire Company of 85 enjoyed a visit to the Carnegie Hall in Dunfermline to see their "Jock in the Beanstalk" production which was enjoyed by everyone.

At the annual Perth Battalion swimming gala the Kinross Company again performed extremely well, lifting the Junior Section Shield, Company Section Cup, Pullar Inkstand (4x2 length relay), best Junior swimmer, Jack Watson, and best Company swimmers, Kathryn Spain and Cameron Nelson (joint winners for the second consecutive year).

Thanks to all who helped and those who donated at the Christmas bag-packing in our local Sainsbury's store. The sum of just over £800 was raised.

This month the company will be taking part in the Battalion five-a-side football tournament at Bell's Sports Centre and playing the 1st Higgs company away from home in the third round of the National Chess Competition. Preparations are also underway for the Battalion drill competition and the international company challenge, which sees the company divide into teams of four to complete a number of physical and mental events within a 60 minute time slot.



The junior and company section teams with their trophies

Kinross Garden Group

Kinross Garden Group met on Thursday 9 December 2010, at the Millbridge Hall with members enjoying a plant quiz and slides of gardens visited by members over the last few years.

We will be having our Festive Lunch at the Windlestrae Hotel Kinross on Thursday 13 January.

Our next meeting in the Millbridge Hall, Kinross is on **Thursday 10 February** at 2pm. The speaker will be John Dewar, a lecturer from Elmwood College, who will give us a talk on "Herbaceous and Shrub Borders."

Loch Leven Community Campus

A Children's Entertainment programme is being planned for the School Easter holidays, 4-15 April.

This will include a magic show for 3-11 year old children, and magic workshops for 9-13+ yrs.

Look out for more details over the next few weeks in the Campus.



Swansacre Playgroup

We received a "very good" rating on our inspection from the Scottish Commission for the Regulation of Care (SCRC) at the end of 2010.

The SCRC regularly inspects childcare services against a set of national care standards, so we are very pleased that we continue to perform well in this area.

We had a busy run up to the Christmas holidays, including several visits from Santa Claus! The jolly old elf visited during the Santa's Grotto event on Saturday 11 December and also joined the children for parties during our last week of the year.

We will be holding a **charity fundraiser Wine Tasting Evening** in aid of Swansacre Playgroup, hopefully in early March. Watch this space for more details or contact Charlotte on 07740.600424 for more information.

There are spaces available just now for all of our playgroup sessions (children from the age of 2 years welcome) as well as our Monday Rising Fives (4 year olds; complementary to morning nursery) session. For more information, please see the "Playgroups & Nurseries" section of the newsletter.

Please give us a call if you would like your child to come join in the fun! (01577 862071).



SSAFA Forces Help Perth & Kinross Branch



Who We Are

We are the local Branch of the Soldiers, Sailors, Airmen and Families Association – Forces Help, the national charity, which for 125+ years has been helping serving and ex-service men and women, and their families, in need. Eligibility is based on only one day's paid service.

Where Are We?

Your local Branch covers all the Tayside Region, with a small office in Perth and a network of around 30 trained volunteers in the area, to look into cases with understanding and sensitivity.

What We Do

We spring into action whenever there is hardship, or need. Our help and advice is totally confidential, and we help all ages. We work closely with other agencies and service charities, and help can vary hugely... We may help an ex-Serviceman replace his medals, or help a war widow with her bills, or assist a Service family with a special needs child, or a returned veteran from Iraq or Afghanistan. Need must be the criterion...

How Can You Help Us?

If you need our help, or know someone who does, please get in touch by letter, phone or e-mail. We can offer:

HELP, ADVICE, FRIENDSHIP

If you'd like to help us by volunteering, or fund raising, or leaving us a legacy, please get in touch – training is given and all expenses paid. It is so worthwhile.

SSAFA Forces Help

Queen's Barracks, 131 Dunkeld Road, Perth, PH1 5BT
Tel: 01738 625346 Email: perth@ssafa.org.uk

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Classified Advertisements section on
www.kinross.cc

Kinross-shire 50 Plus Club



The February meeting will be held on **Thursday 3 February** at 2pm in the Millbridge Hall. The speaker will be Sandy Braid who will give a talk on the "History of Channel Farm".

January Speaker

The speaker, George Aitken B.E.M. provided a DVD presentation which gave us an insight into the founding of "Help for Heroes" and their work to date. This proved a moving experience for members. It is staggering to realise the generosity of the general public who have contributed something over £81 Million to assist the rehabilitation of our wounded service men and women and in addition their families.

Away Day February: Thur 24 February to the McManus Galleries, Dundee.

Holiday Harrogate - Monday 7 February 2011

Forty-two members are going on the holiday. On Monday 7 February the coach will depart from the Bank at Milnathort at 8.30am and then from opposite the Green Hotel, Kinross at 8.40am. Seat details and luggage labels will be provided at the February Club meeting. Contact Pat Crawford on 01577 862962.

Friday Hill Walkers

11 Feb: Little Glen Shee circular walk of about 13kms to the Obelisk, led by Ed. Possible diversion to Creag na Criche – 456 metres.

25 Feb: Crail to Fife Ness. Circular walk led by Anne. This is a change to the original schedule. As usual, walks subject to weather conditions on the day. Would members please go to hillfolk.pbworks.com for any changes and let us know if you are planning to come.

Please note this membership list is currently fully subscribed.

Friday Walkers

4 Feb: two new walks totalling just over 6 miles - starting with a fairly level walk round Birnie Loch, near Collessie, with lunch at the picnic spot there, then going on to a walk through Ladybank Woods in the afternoon.

18 Feb: Balbirmie, Star of Markinch and Kirkforthar Woods - starting near the golf course at Balbirmie, the walk goes along paths through the park before a slight climb up Cuinin Hill, thereafter the paths and roads are fairly level through Star Moss and Kirkforthar Woods - and just under 6 miles. Please note that the walkers' membership list is currently closed.

Activities

The Club's other activities, which include the following, are open to all members of the Club; all the Groups are back in action again except for "Keep-Fit".

Carpet Bowls: May we recommend an hour of Carpet Bowling once a week to our members. The cost is only £1 a session. The sessions last an hour and are held every Monday at 2pm in the Millbridge Hall. So come along and join in the fun and exercise. Please contact Helen Duncan 01577 863638 for information.

Craft Group: The Craft Group meetings are held each Wednesday at 2pm.

Fly Tyers: The Fly Tyers meet each Monday between 2pm and 4pm. This group has both men and ladies within its membership.

Kinvest Investment Club: The Club meets once a month. New members, who need only a general knowledge of investments, will be made most welcome. The meetings are normally held the first Monday of each month at 1.30 pm. Club members wishing to take part should contact John Dryburgh on 01577 862555 for details and venue.

The Line Dancers: The Dancers swing and sway every Tuesday and Friday at 10.30 am.

L.U.S.T. The slimmers meet each Thursday, 9.30am to 10.30am.

Smiddy Singers: The Singers meet every Tuesday at 2.30pm in the Smiddy House. New members will be most welcome. The Singers are also looking for a pianist to assist them.

Kinross-shire Local Events Organisation



Film 'Shrek Forever After' at Community Campus

Come and see the last Shrek movie!

On **Friday 25 February** we will show **Shrek Forever After** at 7pm (doors open 6.30pm).

Rumpelstiltskin tricks a mid-life crisis burdened Shrek into allowing himself to be erased from existence and cast in a dark alternate timeline where Rumpelstiltskin rules supreme.

Tickets (£3 for 18 and under and £5 for adults) are available at the door on the evening.

For more information about KLEO events visit www.kleo.org.uk

Little Buds



New childminder coming soon

0730-1800 pre-school, after school, all options. For more information please call Kathy on 07801 678253 or Erin on 07771 365702.

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Fresh seasonal vegetables

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Phone for further information



The Kinross-shire Civic Trust



20th Anniversary

This year is the 20th Anniversary of the foundation of the Kinross-shire Civic Trust. The Trust will celebrate this with an event in the Summer.

It is interesting to look back over the past 20 years and see where the Trust has progressed over that time. We have carried on the Best Kept Village Award Scheme, started by Sir Robert Stewart over 40 years ago and we have instigated Award Schemes of our own, principally in Architecture and Environment. The Planning Committee has also worked tirelessly, commenting and praising where appropriate at planning applications over the county and we have also been supportive in the development of the Local Plans as we are at the present time with the new Local Development Plan. Coupled with that, the Events Committee has prepared an events programme every year to interest the members and enable them to enjoy the interesting facets of Kinross-shire as well as meet other members of the Trust.

We look forward to continuing these activities and expanding into new venues.

New Local Development Plan

Perth and Kinross Council has issued the next stage of the New Local Development Plan. This is in the form of a Main Issues Report (MIR). Due to the severe wintry and snowy weather, the Council extended the deadline for responses to the MIR to **11 February 2011**, so there is still time to send a response to the Council.

The Civic Trust has submitted its response to the Council. There are strong issues which must be addressed as they will be taken into account by the time the Draft Local Plan is issued in December next year 2011.

Full information is available on the Council web site www.pkc.gov.uk/Developmentplanscheme or at the County Buildings, Kinross or Pullar House, Perth

New Year Programme

The Civic Trust is in the process in preparing a full programme for the coming year.

The Trust will be attending the Kinross Better Place to Live Fair in March.

The Annual General Meeting will be in the first week in April in the Loch Leven Community Campus.

The Mid-summer Walk will be at Tulliebole Castle to celebrate the 20th Anniversary of the Trust, which was the first site that the Trust visited on its formation 20 years ago. The Trust intends to be at the Kinross Show.

The Best Kept Village Award Judging will be in July. There will be an Autumn Lecture.

The dates for all these events will be confirmed later.

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Buildings of Interest in Kinross-shire Former United Presbyterian Church, Milnathort

On 6 May 1869 the completion of an elegant new church for the United Presbyterian congregation of Milnathort was celebrated with a service conducted by the Rev. William Boyd, followed by a dinner in Milnathort Town Hall, presided over by John Black of Tillywhally. Erected at a cost of £2,900 to a design by the Kilmarnock architects J and W Ingram, this building, along with the Town Hall, still forms an important and distinctive element of the skyline of Milnathort.

Two years earlier, the foundation stone had been laid at an event held on 13 November 1867 in the presence of a large number of spectators. Corn, wine and oil were poured over the stone and the Rev. William Boyd reminded onlookers of the history of the founding of their congregation in 1761 when a portion of the Rev. Thomas Mair's Secession Church congregation had left



The former United Presbyterian Church, Milnathort

his ministry to be supplied with preachers by the Anti-burgher Synod. They established their first church in 1764 in a building that still stands less than 100 yards west of the new church in what is now Church Street. This building was remodelled and enlarged in 1790 and again in 1816 to seat 650 people but still proved inadequate for a congregation numbering 714 in 1837.

The new United Presbyterian Church built between 1867 and 1869 is a solid Gothic style structure with buttresses and a corner tower topped by a broached spire without parapets that has been described as "too slim and gawky to be convincing."

In 1900 the United Presbyterian and United Free (UF) Churches in Milnathort merged, giving the village two UF churches named Orwell UF and Milnathort UF. In 1927 these two congregations decided to unite and hold services in the Milnathort United Free Church on the corner of South Street and Church Street. Two years later the UF congregation joined with the Church of Scotland to form two congregations which worshipped separately until 1955 when the last service was held in the former United Presbyterian Church. Unlike other church buildings surplus to requirement which ended up as storehouses or in ruins, the Gothic building on South Street was eventually converted to flats in 2000. Although it is now a secular building, the former United Presbyterian Church in Milnathort still stands in all its glory as a reminder of the complex history of church congregations during the past 200 years.

Kinross Camera Club



The first League Competition evening offered instruction by Joan Roy of Dundee Photographic Society as she commented on a total of 94 entries including Colour and Monochrome Prints, Digital Images and Slides, with joy for some and inevitably disappointment for others but for all interest and the chance to view other members' images. On previous evenings we had had "Everyone a Judge", an opportunity for members to choose from a selection of images, some of which will be destined for inter-club and other outside competitions, and "4 on a Board" presenting sets of four themed pictures for members' judgement, and the projected image "Knockout".

In the period prior to Christmas only one outside speaker was able to attend. He described how he first came into photography and its development from an unpromising start: his first serious camera bought for a trip to China having proved faulty so that many pictures were lost. He has progressed from there and quality photographs supported by entertaining anecdotes meant that an interesting evening was had by all.

Our meetings have been somewhat disrupted by the weather, but the showing of the CD of acceptances in Dingwall Camera Club Projected Image Competition was brought forward and the judging of the Thackery Trophy by Libby Smith, President of Carluke Camera Club and Honorary Vice President of the Scottish Photographic Federation became the first meeting of 2011. Libby explained clearly how individual images could have been improved and some ways a panel may be constructed. She also judged with equal perceptiveness the digital images submitted in the accompanying competition.

The final event of 2010 was the Christmas Fun & Games when the President, Bob Duguid, laid on a range of competitive games where teams tested their powers of observation and other skills.

Further information from Alison Bradley on 01592 840251 or e-mail alisonbradley101@btinternet.com

Copies of the book "25 Years of Kinross Camera Club" containing photographs taken by Club members and commemorating the first 25 years of the Club's existence are available from Blurb.com

Portmoak Film Society

Magic and madness kick off 2011 film nights

Despite renewed heavy snowfalls on the night, 25 intrepid filmgoers – including three children – piled into Portmoak Picture Palace, otherwise known as the village hall in Scotlandwell, to see Tim Burton's weird and wonderful 2010 "Alice in Wonderland" remake of the Lewis Carroll children's classics. And, judging by the audience approval ratings, 24 found it wonderful (10 rating it 'excellent' and 12 'good') whilst one (we know who you are!) found it just too weird.

Our next film, to be shown on **12 February**, is a cinema classic in an altogether more serious vein. It's Milos Forman's 1975 "One flew over the Cuckoo's Nest" about the sinister systems operating inside a psychiatric hospital. It won five Academy Awards and stars the magnificent Jack Nicholson in one of his most charismatic roles as the chaotic new inmate with an innate mistrust of management who makes it his mission to stir up the patients. There are some outrageously comic moments and some so moving that it's almost unbearable to watch. Not to be missed!

After that, there are still two more films - to be chosen by you, the audience, so to have your say, make sure you are at the next performance! Seasonal memberships can still be purchased on the door, or if you just want to see one film only, entry costs £4. Each film is followed by hot drinks and refreshments, thanks to the ever-vigilant Marion.

For further info and the full 2011 Spring programme, check out the website at: www.portmoakfilmsociety.org.uk

News from the Rurals



MILNATHORT – At the November meeting, Freda Andrew and Fiona Ness from Blairgowrie demonstrated, with samples, the many crafts they enjoy doing which included Quilting, Patchwork, Jewellery and many more.

Competitions:

3 Truffles	- Grace Drysdale
Christmas Tree Decoration	- Nan Douglas
Flower of the Month	- Grace Drysdale

POWMILL – President Mrs Janie Buchanan welcomed members to the meeting on Wednesday 17 October. This took the form of a fun evening of "Ruralympics" with various games such as magnetic darts and putting to name but a few. Medals were presented to the winning teams and a very nice supper was provided by Mrs M Wilson.

Many thanks to everyone who supported the Autumn Fayre on Saturday 30 October, which raised a total of £499.40.

Competitions:

3 pieces of tray bake	- Mrs J Buchanan
A4 Sports day poster	- Mrs M Thom

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Photo Library

Subjects include Historic Kinross-shire,
Loch Leven, Fauna and Flora, Countryside,
Villages, Local Projects and Events.



Sports News

An event for Kinross to celebrate



The inaugural Sportive Kinross cycling event will take place on **Saturday 23 April**. Starting at the Loch Leven Community Campus, riders will be taken on a tour de force showing off the wealth of beauty the surrounding hills towns, villages and countryside offers cyclists visiting the area. The event provides a choice of three routes for riders of varying difficulty and is suitable for the novice rider through to the most experienced.



The Sportive Kinross CHAS Jersey presentation

The event is being organised by Kinross Cycling Club, a club started a little under three years ago by local GP Roddy Paterson, better known as 'Doc Roddy' to club members. Cycle club member and Event Director Paul Zarb explains: "The idea developed for the event as the club wants to continue to attract new members, encourage more people out onto their bikes, put something into the community and raise some cash for charity." Paul went on to explain "organising a major cycle event along the lines of but at a

smaller scale to the Etape Caledonia seemed to be the obvious solution to meet our objectives."

After approaching the local councillors for the area, it became clear they all warmly welcomed the idea, providing there were no road closures. The local Police were consulted and provided their support for what is a major amateur cycling event.

Sportive Kinross - At a glance

- ◆ *Event date: 23 April 2011*
- ◆ *Number of entrants: 650*
- ◆ *Will raise c. £6,000 for CHAS*
- ◆ *3 routes of varying difficulty*
- ◆ *Entrants from all over the UK*
- ◆ *Website: Sportive-kinross.co.uk*
- ◆ *Fancy the ceilidh? Tickets available soon*

The event had an initial capacity of 500 riders and this sold out within 42 days. After some very positive discussions with the Police - as Paul said "even after I admitted I had never organised one before" - and local council officials, the numbers have been increased to 650.

The charity the club is supporting with the event is CHAS, who are offering 10 free places to riders willing to raise at least £200 for them. The club projects the event will raise £5,000 - £6,000 for CHAS.

The organisers are planning a post event party in the form of Ceilidh for the evening of the 23rd at the Windlestrae Hotel. This will be open to both riders and non riders. Tickets will go on sale shortly, see the event website for more details. At the Ceilidh there will a number of further fund raising events for CHAS in the form of raffles.

A number of local businesses have supported the event including Leslie Bikes, who are one the major sponsors and a good option for buying a new road bike if you need one. If you want to become involved and help out with the event as a marshal or assist in the registration process, please contact Paul Zarb by email on paul@nousmdc.com

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Kinross Road Runners

Happy New Year!

The last race in 2010 was the Glen Clova half marathon on 13 November. No fewer than 12 club members took part in this very scenic, but challenging race. The results were as follows: Allan Kemp 1:30:21, Ronnie Ritchie 1:35:47, Maureen Hill 1:36:56, Gillian Lopez 1:48:47, Struan Robertson 1:50:02, Christine Myerscough 1:50:20, Valerie Findlay 1:51:02, Julie Rose 1:51:14, Anne Wilson 1:53:13, Michael Cafferkey 1:55:24, Fiona Kemp 2:13:03, Anne Macintyre 2:14:16.

The running season came to a rather abrupt end in 2010 with the arrival of snow in late November. Unfortunately this meant that a number of our planned club events at the end of the year had to be postponed until the wintry weather ends; our club handicap race, the Boxing Day run and the 2 January run all fell foul of the ice and snow.



The winning Junior team from the Hartley Relay, pictured with Eddie Hartley, receiving their award at the awards evening on 7 January. From left: Mairi Mulhearn, Rowan Hookham, Gregor Malcolm, Eddie Hartley, Rory Sculthorp.

Our annual dinner and awards evening was held on Friday 7 January at Loch Leven's Larder. This was a great success with much credit going to the friendly and helpful staff at the Larder who provided a fantastic meal for 82 people! Awards were given for achievements throughout the year. The men's club championship winner this year was Alan Kemp and the ladies winner was Maureen Hill. The Athlete of the Year award is voted for by all club members and also went to Maureen Hill. The men's Marathon Champion was Alistair Black and the ladies Marathon Champion Judith Dobson. A special award was given to the junior team who came first in their category at the Hartley Relay in October and was collected by team captain Rowan Hookham. Bill Nouillan received an award and honorary membership of the club for his long and dedicated service to Kinross Road Runners.

If your new year's resolution is to take up running then please come along and join Kinross Road Runners where you will be assured of a warm and friendly welcome. We have runners of all abilities and always welcome new members. We meet at the old doctors' surgery on Wednesday evening at 7pm for speed and strength training throughout the winter months. For more details see the club website www.kinrossroadrunners.co.uk

Kinross Ladies Hockey Club

The last few games of the year were unable to be played due to the snow. Hopefully both teams will get out on the pitch again soon.



First XI

On 13 November the 1s headed to St Andrews for a league game against Madras. At half time Kinross were losing 1-0 but the second half saw goals from Gail Nelson and Vicky Carver, making the final score 2-1. The 1s played at home at the KGV on 20 November against St Andrews Uni 3s. It was a tough game for the 1s. After going ahead 2-0, St Andrews Uni came back. After plenty goals, including a penalty stroke, Kinross came out on top winning 5-4 with 2 goals from Gail and 3 from Gill Robb.

Second XI

On 13 November the 2s played away against Stirling Uni 2s in Stirling. After a tough game they came out on top winning 1-0 with the goal coming from Wilma Collier. The 2s were at home to Perthshire 2s on 20 November. The 2s played well but at half time Perthshire were 1-0 up and after a second half penalty stroke the final score was 2-0 to Perthshire.

If you would like any further information on Kinross Ladies Hockey Club, please come and visit our website at www.kinrossladieshockey.co.uk. We also have a new Facebook page, so join up now!

Kinross Kobras Hockey Club

Kinross Kobras entered two U12 teams in the Perthshire Hockey Club Junior tournament held at Kilgraston on 14 November. Drawn against teams from Dundee Wanderers, Blairgowrie, Perthshire and Inverness, both teams notched up victories in the pool stages and demonstrated great skills, teamwork and a positive attitude with goals coming from a good number of the team members. Kinross teams featured the highest number of girls compared to their bigger rivals, who typically just had one girl in their team; it is great testament to the girls' spirit and skills that the teams did so well.

As the weather steadily improved, one Kinross team battled into a semi-final against Perthshire 'A' and fought out a nil – nil draw after extra time, losing narrowly in a shootout. It was clear from the tournament that the Kinross juniors are able to compete strongly against their bigger city rivals and the experience will stand them in good stead for other tournaments during the hockey season.



Some of the Kinross Kobras who took part in the Perthshire junior tournament

Kinross Squash Club

Happy New Year to all Kinross Squash Club members. Squash is an excellent way to work off the excess of the festive period and an ideal game to play during these dark and cold winter months. The Kinross Leagues continue to be well supported and have certainly levelled out over the last two months, ensuring that all matches are closely fought and competitive.

Winners of November leagues were:

League 1	Elspeth Young	League 2	Phil Shore
League 3	Joe Crawford	League 4	John Carr
League 5	Andrew Sorbie	League 6	Eric Reid

Winners of December leagues were:

League 1	Jim Marshall	League 2	Scott Finnie
League 3	Jim Blyth	League 4	Allister Johnston
League 5	Peter Bell	League 6	Colin Robinson

At the half way stage of the 'Totaliser' competition, which is awarded to the person who acquires the most points from the leagues over the six-month winter season, the results show it to be a close affair with just 15 points separating the top 15 players!

The annual Kinross Squash Club tournament will be held at the end of February. This is set to be another excellent competition.

The new Team Kinross Squash has been battling it out in the **Fife squash leagues** and are currently lying mid-table at the Christmas break after playing seven matches. Latest results are:

Kinross	12	Woodmill	9
Kirkcaldy Prince	15	Kinross	10

Some of the juniors played in the **Scottish Junior Open Championship** held in the lull between Christmas and New Year. It attracts some of the top juniors from around the world. Besides Europe, many juniors come from India, Egypt and Japan. Competition is of the highest level.



Results (apologies if I have made any errors and apologies if I have missed any of our sensational youngsters from the list):

Calum Johnston	8th in Boys under 17
Andrew Roberts	16th in Boys under 15
Elspeth Young	7th in Girls under 15
Tino Mackay-Palacios	7th in Boys under 13

The following Kinross juniors have ranking in **Scottish Squash junior 'order of merit'**:

Calum Johnston, 8th overall, No 1 boys u17
 Dave Beaumont, 27th overall, No 11 boys u17 & No 7 boys u16
 Elspeth Young, 31st overall, No 1 girls u16 & No 1 girls u15
 Andrew Roberts, 46th overall, No 14 boys u14
 Jamie Bode, 52nd Overall
 Andrew Sorbie, 62nd overall No 11 boys u13
 Tino Mackay-Palacios, 72nd overall, No 9 boys u14 & No 4 boys u13.

Sweden: Elspeth Y, Calum J and David B had a great time in Malmo, Sweden in September: Calum 21st in u17 boys, David 27th in u15 boys and Elspeth 9th in u15 girls.

Scottish Squash Circuit Events

Central A October (64 competitors)

Calum Johnston	7th	div 1
David Beaumont	7th	div 2
Elspeth Young	7th	div 3
Andrew Roberts	8th	div 4
Jamie Bode	1st	div 6
Andrew Sorbie	3rd	div 6
Tino Mackay-Palacios	6th	div 7

East Junior B November (88 competitors)

David Beaumont	1st	div 6
Elspeth Young	5th	div 6
Andrew Roberts	7th	div 7
Tino Mackay-Palacios	4th	div 10

Junior squash is very much alive here in Kinross; we even have our own junior monthly league matches. Regional matches are very inclusive and accessible and are graded for age and ability level. It's a great game for youngsters, quick and easy to learn and can be combined around other sports. So, for 2011 take up something new – come down to your local leisure centre and play squash!

Kinross Tennis Club

www.kinrosstennisclub.org

Well the winter weather has put paid to tennis taking place in Kinross recently, though coach Laura managed to keep a few indoor mini sessions alive at the community campus, and one or two members have travelled to Stirling to play indoor. Hopefully the freeze lifts a little and we can get the snow shovelled off and some tennis played at the club before spring.

Activities are ongoing in the background: our AGM took place in November; we attended the Kinross-shire Round Table Dragon's Den in December and were delighted to be awarded funds towards club development; and our Christmas Dinner at The Kirklands Hotel was a great success and enjoyed by all. The next event will be our **Annual Quiz on Tuesday 22 February** at 7.30pm at the rugby club and we are delighted once more to have Mike Spain as quiz master extraordinaire – club members, family and friends are welcome – please support your club in this fundraising event.

Enquiries can be made to our secretary Susan Malcolm at kinrosstennis@gmail.com.



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Kinross Otters

Top Otter Retires

It is with great regret that Kinross Otters have announced the retirement of Laura Manson, who has proved to be their best female swimmer for quite some time now. It seems crazy that a 12 year old can retire from anything, but Laura has been struggling with a persistent shoulder injury and medical advice led to this sad conclusion.

Laura joined Kinross Otters when she was just 8 years old. She has managed to achieve so much in such a short time. It is difficult to pick out her best moments but the fact she was ranked in the top ten in Scotland for her age for all strokes since aged 10 was the best testament to her determination and consistency. Laura's most impressive performance was probably in the National Schools Finals in Glasgow in January 2010 when, representing Dollar Academy, she twice broke her personal best in the 50m Freestyle to win a fantastic silver medal. She also was ranked number one in the UK for 12 yr old Girls during the first half of 2010 in the 50m freestyle long course (50m pools).

Laura's final Otters swim came in the annual Club Championships on 13/11/2010, when, despite swimming with that injury, she convincingly won the gold medal in the 12 and under 100m Girls category and for the second year in a row was voted the Best Female Swimmer overall.

Laura keeps herself busy with many other activities such as orchestra, pipe band, shooting and dancing but none of these come close to the love she had for swimming. She too, will be sorely missed. Good luck and all the very best from all at the Otters.

Scottish National Schools Finals

Kinross Otters Qualifying Swimmers

Saturday, 29 January, 2011

Tollcross Park Leisure Centre, Glasgow

Session 1 – Warm up 0800 – 0850, Start 0900

105	200 Breaststroke	Vicki Reid (1st Reserve)
108	200 IM	Cameron Nelson

Session 2 - Warm up 1215 – 1305, Start – 1315

203	50 Butterfly	Niamh Mullen
208	200 Freestyle	Cameron McCloskey
213	100 Breaststroke	Rachel Brisbane
217	200 Breaststroke	Ruairidh Haig
219	200 Backstroke	Mhairi Boyle (2nd Reserve)

Session 3 – Warm up 1630 – 1720, Start – 1730

302	200 Freestyle Relay	Kinross PS
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Well done to all the above Otters who have managed to make it through to the Scottish National Schools Finals in Glasgow on 29 January. This is an achievement in itself, as only the 20 fastest swimmers in Scotland in each event are invited to take part. However, it looks unlikely that they will be returning with any medals this year, unlike last. That is, apart from



Laura Manson holding her silver medal from the Scottish Schools National Finals, 2010

Kinross Primary School 200m Freestyle Relay Team consisting of Kinross Otters **Conor McCormick, Robbie Deas, Finlay Nesbitt** and **Euan Boyle** who qualified with ease at the Tayside Finals and with a bit of luck should return with at least a silver medal. Sorry to put the pressure on, boys!!

Kinross Otters Club Championships 2010

Loch Leven Leisure Centre, 13 November

The annual Otters Club Championships again provided some very keen competition. Highlights included: Laura Manson and Euan Simpson retaining their titles before retiring and transferring to Perth City respectively. Good luck to them both.

The Hardie sisters, Amy and Rebecca, each winning their age group categories for the first time.

The continuing intense battle between the Camerons, McCloskey and Nelson; this time the calculators were out as only 0.8 secs separated them over the whole day. The closest finish ever??

Kinross Otters awards for winning three age groups in the Midland District Premier League.

Below shows Gold, Silver and Bronze medal winners from left to right:

9 and under 50m Girls – Amy Hardie, Niamh Moloney, Ailish Hunter

9 and under 50m Boys – Elliot Hogg, Alastair Cormack, Matthew Moloney

10/11 50m Girls – Rebecca Hardie, Kirstin Haig, Kirstin Henderson

10/11 50m Boys – Conor McCormick, Euan Boyle, Robbie Deas

12 and under 100m Girls – Laura Manson, Fiona Thomson, Claire Moloney

12 and under 100m Boys – Cameron McCloskey, Cameron Nelson, Aaron Gillon

13/14 100m Girls – Mhairi Boyle, Iona Elder, Maini Mulhern

13/14 100m Boys – Callum Deas, Jamie Mather, Cameron Henderson

15+ 100m Girls – Ruth Miller, Kayleigh Reid, Fiona Spain

15+ 100m Boys – Euan Simpson, Ruairidh Haig (no bronze awarded)

100m IM Girls – Niamh Mullen, Rebecca Hardie, Rebecca Douglas

100m IM Boys – Conor McCormick, Robbie Deas, Ryan Curtis

200m IM Girls – Ruth Miller, Mhairi Boyle, Laura Manson

200m IM Boys – Euan Simpson, Ruairidh Haig, Cameron Nelson

Female Open 100IM – Laura Muncey, Fiona Crichton, Ann Malcolm

Male Open 100IM – Robbie Blaikie, Simon Metcalfe, Ross Ballingal

Coaches Cup - Bronze Squad – Matthew Moloney

Coaches Cup - Silver Squad – Robbie Carstairs

Coaches Cup - Gold Squad – Faye Mathieson

Coaches Cup - Platinum Squad – Claire Moloney

Female Swimmer of the Year – Laura Manson

Male Swimmer of the Year – Euan Simpson

Midland Premier Age Group Winners –

10 and under Girls – Amy Broadhurst, Kirstin Haig, Iona

Crawford, Caitlin Steptoe, Hannah Miller

10 and under Boys – Robbie Deas, Elliot Hogg, Finlay Nesbitt, Keir Menzies-Smith

11/12 Boys – Cameron McCloskey, Cameron Nelson, Euan Boyle, Aaron Gillon, Conor McCormick, David Elder

Newsletter Deadlines

A list of future deadlines can be found on our website

www.kinrossnewsletter.org

Kinross Rugby Football Club

Unbeaten run continues...

Due to the continuing dodgy weather, rugby is in seriously short supply and KRFC members have been forced to take out their frustrations on a mixture of fitness training, basketball and some splendid indoor sports of the social kind.

The annual Old v Young match was hastily re-arranged to be a basketball & games day combined, which through some dubious counting the under 35s managed to sneak a win. There's always next year – if we survive....

Thanks to all the willing souls who organised parties for kids and bigger kids. All were thoroughly enjoyed and much talked about amongst those who remembered.

February should see resurrection of the legendary brunches – lookout for local adverts.

Kinross Rugby Reunion

Have you ever played rugby for Kinross at any level? Kinross High School Rugby in conjunction with Kinross Rugby Club are planning a Grand Rugby Reunion celebrating the success of the club and school rugby as it nears its 30th anniversary. A full weekend of rugby festivities and entertainment is planned for April 2011. If you have ever been a part of Kinross Rugby, whether at school or at the club, you'll want to be a part of this.

The numbers are now well over 200, and growing. This is sure to be a hugely successful and long remembered festival – make sure you are part of it.

Visit our website www.kinross-rugby.com for more details. Add your name to the contacts list so you don't miss out on your free Kinross Rugby Reunion pack. Kinross Rugby - Try it!

Kinross RFC Midis and Minis

Snow! You won't be surprised to hear that the continuing snow conditions have meant that all junior (and senior) rugby fixtures in the region have been postponed until the pitches are playable again. Although fixtures have been arranged there is little likelihood of any matches being played until mid to late February.

Indoor Training: as we are unable to use the outdoor pitches to play or train on, we have arranged to move Minis and Midis training indoors, into the gymnasias at the Loch Leven Community Campus. Until further notice training for both Minis and Midis will take place at the Campus on Saturday mornings:

Minis P1 to P3 - 1030 to 1125 (registration at 1015 in the Campus cafeteria).

Minis P4 to P7 - 1130 to 1230 (registration at 1115 in the Campus cafeteria).

Midis U14s, U16s & U18s - 1000 to 1200.

Combined High School and Club Rugby Squads

Under 18s: the Kinross Under 18s (combined S5 and S6) team plays in the Caledonia Midlands Division 2 (Development) League. League matches take place on Saturdays with kick-off at 1.00 pm. School matches take place as arranged. Players born 1 September 1992 and after are eligible to play.

Under 16s: the Kinross Under 16s (combined S3 and S4) squad plays in the Caledonia Midlands Division 2 (Development) League. League matches take place on Sundays with kick-off at 1.00 pm. School matches take place as arranged. Players born 1 September 1994 and after are eligible to play.



Under 14s: the Kinross Under 14s (combined S1 and S2) squad plays friendly games against other local sides. Club matches take place on Sundays with kick-off at 1.00 pm. School matches take place as arranged. Players born 1 September 1996 and after are eligible to play.

Training for the Midis, U14s, U16s and U18s normally takes place every Monday evening 7.00 pm to 8.30 pm at the KRFC clubhouse at the King George V playing field in Kinross. However, because of the snow, until further notice training has temporarily been moved to indoors on Saturday mornings at the Loch Leven Community Campus.

Kinross RFC Minis

The KRFC junior club trains and fields mixed boys and girls Minis primary school children teams, P4 through P7, and trains children P1 through P3. The Minis teams play friendly games against other local sides.

Training for the Minis normally takes place every Saturday morning 10.30 am to 12 noon at the KRFC clubhouse at the King George V playing field in Kinross. However, because of the snow, until further notice training has temporarily been moved to indoors on Saturday mornings at the Loch Leven Community Campus.

Kinross RFC Midis and Minis welcomes new players and has a policy that every player who turns up at the games will get to play. For further information about the Kinross RFC Midis and Minis rugby please visit the KRFC junior website at www.kinross-rugby.com or contact Andy Williams the KRFC Youth Convenor on 07855 807634 and a.b.williams@btopenworld.com.

Business opportunities

We are keen to hear from local businesses who would be interested in supporting our club either financially or with advice or specialist services. In return we can offer physical and web based advertising opportunities, access to meeting facilities, corporate memberships and many other ways to work together.

For more information about any aspect of Kinross RFC, playing or social, please contact the Club President Ollie Cox on 0774111219 or at Ollie.Cox@virgin.net.

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I. Robertson, Station Road, Crook of Devon
Telephone : **Fossoway 01577 840526**

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For free advice

Kinross Cricket Club

Happy New Year to all club members and friends.

It always seems strange to be talking about cricket when we have deep snow all around us, but winter training is well under way for all levels of the club. Details for each group is shown below.

Seniors Men's Training

Kinross Community Campus, 2-4pm

Jan 9th & 23rd Feb 6th & 20th Mar 6th & 20th

Ladies & Girls Training

Kinross Community Campus, 2-4pm

Jan 16th & 30th Feb 13th & 27th Mar 13th & 27th

Junior Training

Kinross Community Campus, 6-8pm

Every Monday evening

Please check club website for specific age groups.

The senior men's indoor league competition is going well with Kinross currently second on our group. All games are played at Bell's Sport centre, Perth and we have won all but one match so far with the easier section of the draw to come.

Kinross House

The recent press articles concerning Kinross House have brought many enquiries about the club's future at the ground and we are delighted to confirm that there is no real change with the new owners taking over. All our league matches will be based at Kinross House for the foreseeable future and we have agreed a new long-term lease with the owners. The growth in club membership and the need to provide more matches for all age groups has put pressure on the small wicket facilities at Kinross House and the club is actively involved in planning a major expansion programme for the next three years: more news on this in the spring.

Primary Schools Coaching

The club will be undertaking the Kinross-shire primary schools coaching again in 2011. This is done in partnership with the Active Schools programme and Live Active.

Overseas Player

As the 1st XI move up to the premier division this season, we are delighted that we have been approached by Joondalup Kinross Cricket Club in Australia, asking if we could host one of their up and coming players as our professional for 2011. The addition of an experienced "Aussie" league player in our team would be a great asset, particularly given the fact that we may well be losing Peter Ross as he heads off for full International duties with the Scotland team ahead of the 2012 World Cup.

Full details of all the club news can be found on the website www.kinrosscc.co.uk



Kinross Volleyball Club

Congratulations to Kinross youngster Connor Boyle who played for Scotland under 19s, defeating England's under 19 men at the Kelvin Hall in Glasgow just before Christmas. It just shows that dedication and commitment as well as good listening skills pay off. Well done, Connor.

The severe weather meant that there was no Perth Volleyball League fixtures played during late November and December.

Fixtures resumed on Sunday 9 January with Recreational League teams playing at Bell's Sports Centre.

John Booth's league leaders, Kinross BB had two straight wins against their local rivals Kinross BB Girls' Association (BBGA) and Tay Pearls to see them keep ahead of nearest rivals Aberfeldy and Hitting Bricks. The BBGA team also had a very close match against Mongrels with the BBGA winning the first set, losing the second set and coming from behind to draw 6 points each in the third set.

As well as participating in the Perth District League, the club will also be entering this year's Scottish Open Volleyball Tournament in Perth over the last weekend in May as well as the Sandwell Tournament in Birmingham over the first weekend in July.

New members are still welcome at your local volleyball club on Monday evenings at the Community Campus from 8pm till 9.45pm (juniors P7 to 18 from 8 till 9). For further details telephone Dave Munro (862126). Volleyball is very much a social sport and great fun with beginners most welcome – all you need is that pair of trainers, shorts and tee shirt you asked from Santa!

Recreational League Positions

	Pld	Won	Drawn	Lost	Points
Kinross BB	6	6	0	0	58
Aberfeldy	6	5	0	1	51
Hitting Bricks	6	5	0	1	51
Rodney Trotters	6	4	1	1	46
Tay Pearls	6	3	1	2	39
Motley Crew	6	3	0	3	37
Kinross BBGA	6	1	1	5	20
Mongrels	6	0	1	5	16
Dunfermline	6	1	0	5	15
See Me	6	0	0	6	0

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Visiting Kinross-shire?

For information on Eating Out, Parks and Gardens, Historic Buildings and more, visit

www.kinross.cc

Click on "Visitors" then "Things to See and Do"

Kinross Badminton Club



The club has begun the New Year with a fairly healthy membership, but there are concerns amongst club members about the big increases in rent costs. A committee meeting will be held at the president of the badminton club's house at the beginning of February to discuss the future of the club for the coming year.

The Macdonald Quaich competition was held in December. It was a very hard-fought battle with 24 members taking part and narrowly won by Stephen Ross and John Young. Thanks are due to Ian Coulter and Charles Mackinnon for organising the evening.

The club continues to meet on Tuesday and Thursday nights from 8pm to 9.45pm and members are asked to support club nights as much as possible. The Junior club meets every Thursday evening from 6-8pm along with the professional coaches in attendance. Both clubs are always looking for new members.

For more information about the club, log onto www.kinrossbadmintonclub.co.uk or phone Bill Macdonald on 01577 862592.

Orwell Bowling Club

The **ANNUAL GENERAL MEETING** will be held in the Club on **Sunday 13 February 2011** at 2pm sharp.

ALL MEMBERS ARE REQUESTED TO ATTEND.

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LOCHRAN MOSS, BLAIRADAM, KELTY
FIFE KY4 0HZ

Liam Robertson Football Coaching

Thank you to all the players and parents who have attended the classes since they began in November. A new block is about to begin and there are still spaces in all classes. Classes are for both boys and girls, nursery age up to primary seven and are taught by an experienced coach taught in a fun positive way.

At the Millbridge Hall, Kinross

Footy Fun (nursery, primary 1 and 2)

Monday 4.30pm till 5.15pm, Wednesday 4pm till 4.45pm

Footy Skills (Primary 3 and 4)

Monday 5.15pm till 6pm and Wednesday 4.45pm till 5.30

Socca Skills (Primary 5,6 and 7)

Friday 5pm till 6pm

For more information or to reserve your place call Liam on 0760793154 or email liam.soccer.robertson@gmail.com

Enjoy-a-Ball

Happy New Year and best wishes from Enjoy-a-Ball. I would like to thank all the parents, guardians and children in my classes for all their support yet again throughout 2010, it's been great!

I am very much looking forward to 2011 and all the fun and rewards it will bring for your children. The classes I run are on a Tuesday, Wednesday and Thursday at various times within Portmoak Village Hall (nr. Scotlandwell) and Millbridge Hall (Kinross). The classes are for boys and girls aged between 3 and 9 years. The classes last either 45 mins or one hour dependent upon your child's age. If you are interested in a space for your child and would like more information, please contact Gary Slater on 07544 504364 or e-mail gary.slater@enjoy-a-ball.com

Give it a try your kids will love it! - Gary Slater.

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by Tony Brotherton, Personal Fitness Trainer, fit & happy.

Running for Fun

This article is aimed at those who want to start to run as part of their exercise routine and not at those rather more



experienced club, track, cross country and road runners!

Running is a disciplined activity. The most important advice for those starting out, or perhaps returning from injury or a natural break from running, is to take it slowly. Build up your strength, stamina and endurance.

No matter what your target distance, you will need to build on your cardiovascular fitness and muscular endurance. A combination of treadmill work indoors combines well with outdoor work when you're just starting off. Make sure your running surface is not too hard and that you invest in a good pair of running shoes.

Firstly, no matter where you run, make sure that you have adequately warmed up those major muscles groups for at least five minutes before you set away. There is no worse a feeling than a pulled muscle on a cold day!

Secondly, pace yourself. Try to establish a regular running rhythm and ensure that your breathing is controlled. In your early runs don't be too concerned about the times; focus instead on your breathing and natural running style.

Running with a friend or partner is usually a great idea but only if you have a similar pace. Otherwise it is demanding for one party and frustrating for the other! Joining a running club is a good way to find a similar paced runner. The Kinross Road Runners would welcome new members. They can be contacted at www.kinrossroadrunners.co.uk

Build up your running distances over time. 5K, 10K and 20K distances are reasonable interim targets in training for a full 26 mile marathon.

A proven way to improve your stamina and endurance is to include some Fartlek training in your running programme. This comes from the Swedish word meaning "speed play". In essence, in a Fartlek training session you "play" with different running paces and distances until you feel you have completed the workout. Always warm up thoroughly before you start this form of exercise and approach the session with an open mind. The times in the training schedule are only indicative; do not to be bound too closely to them.

Step 1 Jog gently for 5 minutes and then pick a landmark in the distance, perhaps a lamppost or tree to aim for and run at 70% of your maximum potential speed until you reach it.

Step 2 Run towards the landmark at the pace you have decided and when you reach your target start jogging again until you're ready for the next burst of speed.

Step 3 Pick a new land mark and different running pace – perhaps 90% of your maximum potential speed.

Step 4 Continue running varying distances and speeds, with gentle jogging between. End the session when you feel you have done enough and had a thorough workout.

What are the benefits of Fartlek training?

- Great test of strength and stamina
- Excellent for improving your speed running and race tactics
- Lots of flexibility within the workout so you can choose the intensity at which you work.

Running at least three times a week for 30 minutes will naturally improve your running times, cardiovascular health and fitness.

Set yourself some targets, such as competing in 5 and 10k fun runs or, better still, join one of the runs organised by Jog Scotland. Lots of information can be found on their website at www.jogscotland.org.uk, including training programmes for new starters.

It's really important that you include a cool down period and some stretching at the end of your runs; your muscles will thank you for it next time!

Finally, a warning against overtraining! A common problem for runners is 'shin splints'. This is a general term used to describe pain along the shin bone (tibia) that develops or gets worse with exercise.

Common symptoms are tenderness, aching or sharp pain along the front of your lower leg. Pain often builds up during a training session and it will become more severe the longer you continue.

You are more at risk of developing shin splints if

- You increase your running distance
- You are an inexperienced runner
- Your sport involves running on hard surfaces
- You do a lot of hill running
- You increase the frequency of running and don't allow a rest day between runs
- Your shoes don't fit well or have insufficient cushioning or support
- You change your running pattern, particularly the surface, say from treadmill to road

What can be done to help shin splints?

- Rest is the best cure and some over the counter anti-inflammatory medicines can help with pain and swelling. Ask your pharmacist for advice.
- Check your shoes and the amount of training you are doing
- Review the surfaces you run on. Can you change these?

Running is a great all round exercise and of course one to enjoy. Those endorphin rushes at the end of training or races are great for motivating you to run on those not so wonderful weather days. Best of luck and Enjoy!

Note: It is important that anyone considering taking up an exercise regime should consult their GP before doing so, particularly if it has been some time since you last exercised or if you are on any form of medication or suffer from a chronic illness or high blood pressure.

Next Month: Nutrition, Hydration and Exercise.





Out & About

Vane Farm



Mornin! Or a suppose it kid be effermanc when yer readin this. Come tae that, it might be evenin or in yer bed even. Onywey, whit-ever time yer readin this, a belatit “ Happy new year” tae ye. Weel, like the end o’ last year, the snaw ’n’ ice jist dinny seem tae be lettin up ony, wi the result bein the reserve ’n’ loch hiv been frozen fur weeks. A lot o’ the birds hiv been struggling tae feed so hiv cleared oot tae probably coastal areas whor the grund will be safter, makin it easier tae fund some grub. Birds like curlew hiv tae probe doon intae the soil tae feed and as ye kin imagine it’s no awfa easy when ye hiv a beak about a fit lang tryin tae shove it intae brick-hard grund!

A couple o’ birds that dinnae seem tae be sufferin ower much are twa o’ the same sea eagles we hid last winter, birds H and Z. They hiv been hingin roond the open areas o’ watter tryin tae steer up the ducks tae identify ony weak yins tae catch fur breakfast. At nicht they are roostin oan the trees roond the loch, Reedbower seems tae be a favourit daytime roost. Guid tae see they are comin back tae this area regularly and it seems the loch is a favoured winter roost sicht.

Needless tae say, the gairden birds hiv been gawn daft oan oor feeders oan the reserve and nae doot in yer ain yins as weel. Bird food sales in the shop went positively mental in the run up tae the year end, so it’s guid tae see that folks are mindin tae help oot wur wee feathert freends durin this harsh wither.

Daft tho it may seem, wi awe this cauld, birds will be stertin tae check oot nestin sights fur the comin spring, so noo is a great time tae pit up nest boxes so they hiv time tae blend in afore they stert tae yase them. Also, needless tae say, we hiv a fine selection in the shop, so if ye need ony advice come in and see whur knowledgeable staff wha will help ye tae decide the best wan fur you. We hiv heeps o’ bird food enaw if ye need tae stock up. Talkin aboot gairden birds, by the time ye get this the RSPB’s “Big garden birdwatch weekend” held oan the 29/30 January might be past, but ye kin still submit yer results online.

So then, next events comin up. **Sunday 6 February** in conjunction wi oor chums at SNH we are runnin a “**Walk fur Wetlands**” guided walk fae 10am – 12 noon, meetin at Findatie then finishin at Vane. Free event and please contact SNH tae book a place.

On **Saturday 19 February** we give you the fishy experience when staff fae Deep Sea World will bring along their **travelling rockpool**. Come in and hey a guddle ony time from 12 noon onwards. Again, a free event.

Think that’s it again, see yae next time. Watch oot fur them skitey bits, keep cosy!

Colin

Kinross-shire Visitor Information Points

Loch Leven Fishing Pier; Robertson’s of Milnathort;
Kinnesswood Village Store;
Fossoway Stores, Crook of Devon

Loch Leven NNR



Well once again it’s been a memorable December: record low temperatures and huge amounts of snow. Of course just as this weather is affecting us, it is also affecting the wildlife of the reserve too.

In these types of weather conditions many of the wildfowl choose to migrate to escape the worst of the conditions but of course doing so uses precious energy and fat reserves so it’s a hard decision for them to make. Some species have stayed put on the few areas of open water – this morning a grey heron was fishing near the office. In frozen conditions like these, many fish-eating (piscivorous) species like herons and kingfishers do suffer. However having said that, it always amazes me just how much life still survives and continues beneath the frozen surface of the Loch. I was watching lots of water boatmen and freshwater shrimps going about their daily business through a hole in the ice just last week.

The numbers of birds we are seeing on the reserve have gone down; we had only 36 pink footed geese on the last dawn goose count we carried out. Whilst we have fewer, apparently at the same time goose numbers with colleagues on the Solway Firth, where conditions were milder, have gone up. We still continue to monitor closely the birds on the loch as in times like this all data is very useful to fellow ornithologists studying how birds react and cope with such temperatures.

A white tailed sea eagle has often been seen on the reserve and foxes can be seen padding out on the ice. In the snow it’s a great opportunity to test your tracking skills looking for the tracks and trails of the reserve wildlife. I found the trail of an otter that had been playing in the snow near the Burleigh hide last week. But remember, stick to the paths and access areas; please don’t venture out onto the ice, as this is extremely dangerous.

At this time reducing disturbance to all those species that remain is absolutely vital. They are all on a fine balance between survival and mortality. Each flight that is made is using up vital energy so bear this in mind when you are out on the trail and keep your dogs under control.

The ice and snow has also been causing problems around the heritage trail, with trees down in various areas. We have now cleared many of these but there will still be odd areas which we will endeavour to get clear when conditions allow.

Unfortunately I also have to report that the hides which we had only just put back in had begun to show signs of damage so we have been forced to take them down again to prevent further damage. Both the Burleigh and Kirkgate Hides are closed, however the Levenmouth Hide remains open.

Finally, Scotlands NNRs are now on facebook so you can keep up to date with Loch Leven and all of Scotland’s other National Nature Reserves at:

www.facebook.com/pages/Scotlands-National-Nature-Reserves

Neil

Farming



Mother Hubbard's Cupboard

Never ending Narnia land may be nice to look at from the comfort of an armchair in front of the fire but I don't think I will be alone in making a plea to Mother Nature, please "No more snow!" The local "Bo Peeps" have been feeding sheep since early December, depleting the piles of plastic wrapped silage bales at an alarming rate. Whilst young sheep can usually survive on a reduced ration for a while, it is important to maintain the condition of ewes in the early stages of pregnancy. A

ewe will spend her daylight hours scraping through the white stuff to find enough grass to try to meet her nutritional needs; this uses a lot of energy and keeps her warm but the scrapings are probably not sufficient to maintain a viable pregnancy. In snowbound fields, supplementary feeding is the only option to prevent thin and barren ewes. The Saturday night take away of choice for a flock of



Sheep have a hard time in prolonged snowy weather

Blackface or Mule ewes is a big juicy bale of silage delivered by a forklift and placed in a family sized feed ring for all to tuck in to. For finishing lambs it's silage plus a fortifying fix of barley. In these conditions the "delivery driver" will have to return regularly, many local farmers have been spending most of each and every day feeding sheep and cattle who would normally be grazing the last of the season's grass.

Other farmers have been using their machinery to help clear roads and car parks. It makes sense to use this high value equipment to help out neighbours or to prop up the cash flow of the business and assist the council or local companies in the mammoth task of clearing the snow. In our case we received a couple of bottles of gin and some sweeties from appreciative folks. We did hear of one farmer who was asked to clear a steep drive for a woman in the western expansion of a certain nearby town. A skilled digger driver, he no doubt made a beautiful job and before he left the lady of the house popped out to say thank you and handed over a small parcel whilst apologising that her cupboards were really bare but she hoped he enjoyed this. It turned out to be one can of out of date lager that he didn't open to bring in the New Year! An empty Mother Hubbard's cupboard is a nightmare scenario for any housewife (or farmer) and I hope that stocks of hay and silage last until spring or there won't be many lambs wagging their tails behind them.

Fiona

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy

Weather



November Weather Report From Carnbo

The weather of early November was rather cold and wet, but not far from average. A dramatic change occurred during the last week when Siberian air moved west across the North Sea and into Britain, this leading to plunging temperatures and coastal snow showers, these penetrating far inland at times.

Rainfall for month 126.5mm (104% of normal)

Heaviest fall 23.5 mm (1st)

17 rain days

7 snow days, 8 lying days, total depth 56cms

Highest temperature 9°C (2nd)

Lowest temperature - 6°C (26th)

Average temperature 3.7°C (November 09 4.7°C)

Ground frost on 20 nights

Air frost on 13 nights

5 ice days (maximum temperature below 0°C!)

Days with max 10°C or above – none recorded

Thunder 1 day 28th (orographic snow shower)

Gales not recorded

December Weather Report From Carnbo

The extreme cold spell we experienced towards the end of November continued right through to the end of December, this producing a record breaking month, especially regarding temperatures. The average temperature was -2.7°C. This is about 5°C below the long term average, and the lowest temperature ever recorded for December. The month was also very dry, and there was a lack of strong winds throughout the month.

Rainfall for month 35 mm (30% of normal)

Rain days nil!

8 snow days, 31 lying days! Total depth 28cms

Highest temperature 5°C (16th)

Lowest temperature - 12°C (3rd)

Average temperature - 2.7°C

Ground frost on 31 nights!

Air frost on 29 nights

17 ice days (maximum temperature below 0°C)

High winds not recorded

Cloud cover 38% (very low)

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Congratulations



David and Barbara **SHARP**, Mawcarse Crossroads, Milnathort, are delighted to announce the engagement of their son, **CHRISTOPHER** to **GABBY**, daughter of Tia **VAN DEURSE**, Pitlochry, on 16 December 2010.

Carrie-Anne **STUART**, formerly Milnathort, and David **BRASH**, Edinburgh, celebrated the arrival of their baby daughter **ALISSA** on Monday 8 November 2010 at Edinburgh Royal Infirmary.

Congratulations to Kirsten and Colin **BROWN** of Leven on the birth of their first child on Christmas Eve. Their son, **INNES**, is the first grandchild for Marilyn and Brian Clunie, Kinross.

David Syme and Chloe Young, Leyton, London on the birth of their first child, **DOROTHY GRACE SYME** born on 26 November 2010. First grandchild of David and Isobel Syme, 3 Fruix, Kinross.

HUDSON – In Aberdeen, on 2 December 2010, to Paul and Julie, the gift of a son and a daughter, **THOMAS ROBERT** and **RUBY SOPHIE**, third and fourth grandchildren for Derek and Rosemary Hudson, “Craigwell”, Kinross.

DAVID STUART, formerly of Milnathort, now Crieff, celebrated his 95th birthday on 21 November 2010.

Mary Smith of Maryburgh would like to congratulate her granddaughter, **SHONA CARCELES**, on graduating from the Institut Supérieur de Traducteurs et Interprètes in Brussels and on her 21st birthday.

The following piano pupils of Anthony J Foote L.R.A.M. were successful in the recent examinations of the Associated Board of the Royal Schools of Music:

NICHOLAS LAUENER passed his grade 8 exam with distinction. This year he hopes to start a course at the Napier College in Edinburgh to study for a degree in music.

Also successful were **LAUREN ROBB** grade 1 and **KATIE BUCHANAN** grade 5. Both were awarded very good passes and showed considerable promise in their playing.

GERARD EADIE has been made a CBE for services to the glazing industry and to the voluntary sector in Scotland. Mr Eadie set up the company C R Smith when just aged twenty.

LOCH LEVEN'S LARDER won the Tourism and Hospitality Award and Retail Award at the Perth and Kinross Chamber of Commerce Business Star Awards. **LIZ AIRD**, café manager, was highly commended in the staff employee category.



Thanks

PERTH & KINROSS COUNCIL refuse collectors are commended for their efforts in uplifting refuse bins during the severe winter weather. In the first week of December, when conditions were very bad, it would have been understandable if the collection had been cancelled, but it went ahead. One reader was very grateful to a refuse collector who saw him struggling to get his bin out over the snow to the kerbside and came to help him.

Thanks (continued...)



JULIA COLVILLE would like to say a massive thank you to all her family, friends and neighbours who sent cards flowers and gifts for her 100th birthday on 16 November 2010: “A special thanks also for the family parties in Heaven Scent on the Sunday and Milnathort Bowling Club on the Monday, both these days brought back very happy memories and it was great to see so many friends and family that I hadn't seen for a while. Also a big thank you to Kinross Day Centre who made my Birthday very special by providing a party and to everyone who attended and also for all the cards, flowers and gifts received. I couldn't have wished for a better 100th Birthday.”

OLIVE HAMILTON, Bankhead Farmhouse would like to thank all the staff and parents of Fossoway Primary School most sincerely for their generous gifts and good wishes on the occasion of her retirement.

LIZ MUIR, recently retired from Mr Wait's dental practice, would like to thank the staff for her retirement party – she had a brilliant time. She would like to thank all staff and patients, who she will miss. Liz thoroughly enjoyed her years working at the practice.

FRANK and **LOUISA BARR** would like to thank everyone for their good wishes and all the get well soon cards for Frank's recovery from his major surgery at the Queen Margaret Hospital, Dunfermline, which, thankfully, was successful. Also thanks to Louisa's church, Kinross Parish, the Rev Alan Reid and the congregation for their prayers for Frank's recovery and, last but not least, to the local District Nurses who battled through this weather to give Frank the after surgery care he required.

From **TOM & JEAN WEBSTER** and family: we would like to thank all our carers from Nurse Plus for all their dedication and care over the past year with the horrendous snow and ice. They have all gone beyond the call of duty! David Dixon especially, who has driven in extremely bad conditions from Auchterarder and taken hours to collect other carers in the Fife area, including Sandra Brownlie, Damini Paxton, Irene Simpson, Katie Somerscales. Also to our wonderful neighbours in Gallowhill Road who have helped tremendously. It is very much appreciated by all. Thank you.

The **LIGHT UP KINROSS** Committee thank everyone involved in the switch on of the Christmas Lights. Your support is again very much appreciated. A number of businesses in the town also provided financial support and this additional income assists us in providing the display each year. If any of the traders would like to contribute towards the Christmas Lights there is still time - please hand any contribution to Margaret at Macbeth Currie, High Street, Kinross.

KINROSS GUIDES and **LIGHT UP KINROSS**: Thanks to the Guides, their parents and all involved in the Coffee Morning and Sale on 11 December. Despite the inclement weather, we raised a total of £470.00 to be shared between the two organisations. Well done, Guides.

Kinross-shire Churches Together



Kinross Parish Church of Scotland

Station Road, Kinross (Charity number SC012555)

Rev Alan D. Reid MA, BD Tel: (01577) 862952
 Reader: Margaret Michie Tel: (01592) 840602
 Session Clerk: Jaffrey Weir Tel: (01577) 865780
 Church E-mail: kinrossparishchurch@hotmail.co.uk
 Church website: www.kinrossparishchurch.org

Church Office open Mon-Fri 10am - 12 noon. Tel. (01577) 862570.
 Church open for quiet contemplation.

All Sunday morning services include a crèche, Junior Church and, for secondary age, Jam Pact. All events are in the church unless indicated otherwise.

Regular Services

Sundays 10.30 Morning Service.
Sundays 19.30 Church Centre : Crossfire, for S1 age upwards
Mondays 8pm Housegroup (contact Brenda Fraser 862000)
Tuesdays 10.00 Pram Service
 2.30pm Whyte Court - Service (First Tues of month)
 2.30pm Causeway Court - Service (last Tues of month)
Wednesdays 10.45 Midweek Worship: Reading Room, Church Centre, 30mins.
 12 noon Mid-week and Mid-day: Time to Pray: 30 mins
 7.30pm Various Housegroups (contact Margaret Michie)

Other Events: January

Sun 23 Week of Prayer for Christian Unity. Kinross-shire Churches Pulpit Exchange: 10.30am - Preacher: Mr. Brian Ogilvie.
 6.00pm (note time) - Kinross-shire Churches Together United Service in Kinross Parish Church: Choral Evensong sung by the choir of St. Ninian's Cathedral, Perth.
Tue 25 7.15pm Guild, Church Centre: Alec Cant - Kinross-shire Hymns
Sun 30 6.30pm - Evening Service - "Read Scripture" - church members choose favourite Bible readings. Speaker - Fiona McDonald of the Scottish Bible Society

Other Events: February

Tues 1 Visit of the Moderator of the General Assembly to the Pram Service and Day Centre
Sun 6 10.30am United Service at Loch Leven Community Campus. See separate box for details.
 7.00pm - Presbytery Songs of Praise with the Moderator, St. Leonard's in the Fields, Perth
Mon 7 8.00am - Silent Meditation in the Church
 8.00pm - Heaven and Earth Cafe in the Muirs Inn
Tue 8 7.15pm Guild, Church Centre: Speaker - Robin Webster
Sat 12 8.30am - Prayer Breakfast in the Church Meeting Room
Mon 14 Introduction to the Marriage Course - at the Kirklands Hotel (contact church office in advance)
Tue 15 2.00pm - Guild Presbyterial Meeting, Craigie Church, Perth
Thu 17 9.00pm - Late evening service of Compline in the Church
Tue 22 7.15pm - Guild, Church Centre: Marion Anderson, Royal Blind School.
 8.00pm - Prayer Meeting in the Church
Sun 27 6.30pm - Informal Evening Service

Saturday break Most Saturdays mornings at the Church Centre, there is a second hand book stall and café serving tea, coffee and fresh baking 10a.m - 12 noon.

Housegroups meet on Wednesday and Monday evenings (contact Margaret Michie 01592 830602 for Wednesdays, Brenda Fraser 01577 862000 for Mondays).

To Lease Church or Church Centre rooms, contact Helena Cant 862923, helenacant@aol.com

Orwell and Portmoak Parish Church

Church of Scotland

Interim Moderator - Rev Alan Reid
 Locum Minister - Rev Duncan Stenhouse
 E-mail: orwellportmoakchurch@yahoo.co.uk

Sunday Worship, Junior Church and crèche:

10am Portmoak Village Hall (until church is repaired),
 11.30am Orwell Church.

Pulpit exchange on Sunday 23 January at Orwell.

Prayer Meeting held 30mins before each service

United Service 6.30pm in Orwell Hall

Service at Ashley House: first Thursday of the month at 2.30pm

Services at Levensen: first Tuesday of the month at 4pm

Joint Service – 6 February at Loch Leven Campus

See separate box for details.

Morning Prayers at 9am

in Portmoak New Room on Monday and Thursday each week
 in Orwell Church on Tuesday and Friday each week

Oasis Ladies' meeting in Portmoak New Room.

10.15-11.45am last Friday of the month

Guild meets 2nd and 4th Tuesdays in Orwell Hall

7:30pm between September and March

Church office & shop open Mon – Fri. 10am until 4pm, Sat 10am – 1pm. Come and use our recycling facilities. Meeting room to let. Printing & copying available.

Cards & gifts; bibles, books & calendars for sale.

Contact the Office 01577 861200
 orwellportmoakchurch@yahoo.co.uk

St James's R C Church

5 High Street, Kinross, KY13 8AW

Father Colin Golden Telephone: (01577) 863329

Mass Times	Saturday Vigil	7.00pm
	Sunday	9.30am

Please look out for other information on other parish activities in the Sunday newsletter.

Kinross-shire Churches Together

At 6pm on **Sunday 23 January**, CHORAL EVENSONG will be celebrated in Kinross Parish Church by the choir of St Ninian's Cathedral, Perth. This is Christian Unity Sunday. All welcome.

United Service of Worship

Sunday 6 February, 10.30am
Loch Leven Community Campus

This service will be led by the Rt. Rev John Christie, Moderator of the General Assembly of the Church of Scotland. All Churches of Scotland will close their doors at this time to enable all to come together for this service. Transport will be organised for anyone who requires it through their church elders.

Cleish Parish Church**Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231
 E-mail: joanne.finlay196@btinternet.com
 Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services 11.15am
Crèche 11.15am
Junior Church 11.15am

January

Sun 23 11.15am Christian Unity Sunday, preacher Rev. Alan Reid.

6.00pm Christian Unity Sunday. Kinross-shire Churches Together Choral Evensong sung by the choir of St Ninians Cathedral, Perth, in Kinross Parish Church.

Sun 30 11.15am Morning Worship.

February

Sun 6 10.30am United Service of Worship in the Loch Leven Community Campus. See box on p. 75 for details.

Sun 13 11.15am Morning Worship.

Sun 20 10.00am Early Bird Service.
 11.15am Morning Worship.

Sun 27 11.15am Morning Worship.

Saturday 29 January 6.45pm for 7.00pm Burns Supper, Cleish Village Hall. Tickets £10 from Christine Maclure on 01577 864826 or John Getley on 01383 838353.

All proceeds after costs to Al Shurooq School for Blind in Bethlehem.

St Paul's Scottish Episcopal Church

Muir, Kinross, KY13 8AY

Rev Dr Marion Keston Telephone: (01577) 866834
 Website: www.stpauls-kinross.co.uk

January Services

Sun 23 Christian Unity Sunday, 8.30am, Holy Communion. 11.00am, Sung Eucharist, Preacher and President Rev Duncan Stenhouse (CofS).

6.00pm Choral Evensong, Kinross Parish Church, led by the Choir of St Ninian's Cathedral, Perth
 Festival of St Paul, 7.00pm Holy Communion.

Tue 25 Epiphany 4, 8.30am Holy Communion.
Sun 30 11.00am Sung Eucharist.

February Services

Sun 6 Epiphany 5, 8.30am, Holy Communion. 10.30am, United Service of Worship in Loch Leven Community Campus (see box on p. 75 for details).

Sun 13 Epiphany 6, 8.30am, Holy Communion. 11.00am, Sung Eucharist, preacher Most Rev David Chillingworth.

Sun 20 Epiphany 7, 8.30am, Holy Communion. 11.00am, Sung Eucharist, followed by talk by Mrs Margaret Horrell about Christian Aid work in Bangladesh.

Sun 27 Epiphany 8, 8.30am Holy Communion. 11.00am, Sung Eucharist.

For further information Contact Jan Campbell 862391
Everyone welcome at all services

Sunday School and Crèche during the 11.00am Services.

Thursday Morning 10am, group Bible Study. Everyone welcome. For further information, please contact Jan Campbell, telephone (01577) 862391.

Fossoway Parish Church**Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231
 E-mail joanne.finlay196@btinternet.com
 Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services at 9.45am

Junior Church, crèche,

"Wrigglers Group" (0-3 year olds) at 9.45am,

Tots Music: Friday mornings in hall, 9.30am

Café Refresh: Every Thursday, church hall, 2-4pm

Yoga classes: Mondays 7-8.30pm

Teenage Group first Sunday of month 9.45am

(Sunday evenings - details from Margaret Hamblin 850252)

Mens Group Breakfast Meeting, 7.30 am - 10.30 am.

January

Sun 23 9.45am Morning Worship.

Sun 30 9.45am Morning Worship.

February

Sun 6 10.30am United Service of Worship in the Loch Leven Community Campus. See box on p. 75 for details.

Sun 13 9.45am Morning Worship.

Sun 20 9.45am Morning Worship.

Sun 27 9.45am Morning Worship.

Kinross Gospel Hall

Montgomery Street, Kinross

Website: www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.00pm	Sunday School
	6.00pm	Prayer Meeting
	6.30pm	Gospel Meeting
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Wednesday	6.30pm	Children's Club (term time)

Kinross Christian Fellowship

Further information: (01577) 863509

Jesus said, "I come among you as one who serves."

Church and Children's Sunday Club

Every Sunday at 10.30am

in the Millbridge Hall, Old Causeway, Kinross.

During each service there will be a time for ministry and prayer for healing.

Kinross Christian Fellowship Evening Service

On the second Sunday of every month, the Fellowship will be holding an evening service beginning at 6.30pm. There is no formal format envisaged; however, it may be expected that it will include lots of praise, worship, and joy in the LORD. Everyone is welcome, irrespective of faith or denomination, and we look forward to seeing - and hearing - you. For more information please contact Peter on 01577 863509. On behalf of KCF, God bless.

World Day of Prayer

Friday 4 March 2011

A warm welcome awaits you at your local service:

in Church Centre, Main Street, Kinross at 2.00pm
 and St Paul's Church, The Muirs, Kinross at 7.00pm

Saturday Night Worship

Last Saturday of each month, 7.30 – 10pm

Milnathort Town Hall

Heartfelt praise and worship	Prayer for healing
Opportunity for testimony	Refreshments
Books and resources	Open to all

For further details contact Sarah Corsar 07795313864

Healing Rooms Kinross

The Healing Rooms (part of an international organisation) takes place every Thursday from 11.00 am to 1.00 pm in the Millbridge Hall. Healing Rooms is manned by a team of Christian volunteers from every denomination freely offering their time and prayers. Everyone is welcome and no appointment is necessary.

For further information please call 07766515950 or 07773717339 or visit www.healingrooms-scotland.com

Recently bereaved? Needing some support? AMONGST FRIENDS

(Bereavement Group)

meets at the Health Centre, Kinross

on the last Friday of the month, 2.30pm to 4pm

A warm welcome awaits all

For details phone Marg 01577 863557

Did you know of the local connection to the 400th anniversary of the King James Bible?

On Sunday 9 January, the BBC Radio 4 schedule featured seven hours of readings from the King James Bible giving the broad sweep of the message of the Bible. This is one series of programmes to mark the 400th Anniversary of the publication of the much-loved King James or Authorised Version.

The discussions about a new and scholarly Bible translation were initiated by King James VI of Scotland at the General Assembly of the Church of Scotland in May 1601. This took place just down the road in Burntisland in the building which is still the parish church. James VI of Scotland also became James I of England in 1603 and at a meeting in 1604 at Hampton Court the work was begun. It was the start of many years of study, discussion and translation by a dedicated group of men and by 1611 the new version was ready.

If you'd like to get your teeth into reading the Bible this year, check out www.biblefresh.com and follow the link to the 'Essential 100': a hundred selected Bible readings giving an overview of the message of Scripture. Copies of the Essential 100 and other reading notes and guides are available by contacting the Kinross Parish Church Office on 01577 862570 or through the Church's web-site www.kinrossparishchurch.org

During the month of February, those who are following the Essential 100 book will be reading the story of Joseph – which features family jealousy, scheming siblings, an unscrupulous temptress, unjust imprisonment and a surprise ending which had repercussions for centuries to follow. You can find the story in Genesis chapters 37 – 50: a surprising amount of column inches, but a significant part of the 'Big Picture'.

Hall Bookings

A list of halls and contact details can be found at

www.kinross.cc

Obituaries

URQUHART - WILLIAM (WILLIE), of Milnathort, passed away at Queen Margaret Hospital, Dunfermline on 24 October 2010.

Born in Ross-shire in 1924, one of 11 children of Donald and Lillie Urquhart, Willie moved south with his family to Tillyrie in 1928.

He worked in construction before being called up in 1942, during WW2, when he joined the Royal Engineers. He became a Despatch Rider and was part of the Allied Invasion of the Normandy Beaches on D-Day+3, continuing with his regiment as part of the British Forces until they entered Berlin in 1945.

After the war, Willie continued working in the construction industry, including time spent in Sierra Leone.

He was well-known in Milnathort, and liked nothing better than to share a blether over a glass of whisky with his many friends in one of the local hotels or pubs.

Willie was a proud Scot and an active member of the D-Day Veterans Association, visiting Normandy on the 50th and 60th anniversaries of the D-Day Landings.

Willie was predeceased by his wife Gerti, and is survived by his brother Philip and sister Connie.

COLLIER - DAVID (DAVY) died very suddenly at home in Milnathort on 7 November 2010.

He was born at Spencerfield Farm near Inverkeithing in 1937, but soon moved to farms in Kinross-shire with his parents and sister, Jessie. Later, the family settled in Milnathort.

Davy showed an early interest in technology when he took his parents' best clock to bits to see how it worked! On leaving school, he trained as a mechanic in Kinross and at Lauder College, and then moved to various garages in Fifeshire to broaden his experience by working on different makes of cars. Along the way, he won several awards. He ended his career at Forrester's in Coaltown of Balgonie.

Cars were Davy's job and hobby. He attended F1 races all over the world and also enjoyed days out at Knockhill and at vintage car rallies. He had always been a keen cyclist but when he retired he bought an electric bike to help him up the hills. He regularly cycled round the Loch Leven Heritage Trail and chatted to the people whom he met. He was friendly and helpful and well-known in the local area.

Davy is survived by his wife, Christine, daughter, Kirsty and sister, Jessie.

Acknowledgement

COLLIER - Christine, Kirsty and Jessie would like to thank all relatives, friends and neighbours for their letters, cards, phone calls, flowers and general support on the loss of Davy and for attending his funeral at Orwell Church and graveyard. Also the paramedics for trying so hard to save Davy, the Police for their sensitive handling of a difficult situation, the Rev. Duncan Stenhouse for his visits and comforting service, and Ewan from Ewing Funeral Services for advice on the funeral arrangements.



Playgroups & Nurseries

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell
(only 10 mins from Milnathort and Kinross)

Babies and Toddlers (birth – 3yrs)

Tues 10:00am - 11:30am

Playgroup (2yrs onwards)

Mon & Fri 10:00am – 12noon

Contact Carolyn Robertson 01383 831129

LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

Session times

Tuesdays 9.30 - 11.15, Fridays 9.30 - 11.15

Contact - Caroline 07507 204731

All Mothers, Fathers, and Carers with children aged birth to 3 years are welcome to attend.

LOCHLEVEN TWOS CLUB

Masonic Hall, The Muirs, Kinross

Thursdays 9.30 to 11.15 (term time only)

Suitable for children from about 18 months to preschool with their parent/carer. Contact Sophie Irvine on 01577 863288 if you would like your child to have a place next term, or if you would like more information.

We have lots to offer including playdo, painting, craft, dressing up and a variety of toys. A snack is also provided. This is also a great place for parents and carers to have a coffee and chat whilst their children play. Younger siblings welcome.

Contact Sophie Irvine on 01577 863288 for further details.

FOSSOWAY TODDLERS

The Institute, Crook of Devon

Wednesday 9.30 a.m. - 11.15 am

All Mums to-be and Mothers, Fathers and Carers with children aged birth to 3 years are welcome to attend.

Contact - Fiona Eastop 01577 864194

FOSSOWAY PRE-SCHOOL GROUP

Glenbank Cottage, Powmill

Partner-provider for P&K Education

Places available for 3-5-year-olds and Rising Fives

Sessions daily 9.30 – 12 noon

Contact Pat Irvine 07703 177766 or
www.childcarelink.gov.uk/perthandkinross



SWANSACRE PLAYGROUP

21-23 Swansacre

Kinross-shire Playgroup Association

Aka Swansacre Playgroup

Registered Scottish Charity Number SCO17748

TEL: 01577 862071



Swansacre Playgroup provides a warm, friendly, and stimulating environment in which children can learn and develop through play.

Playgroup sessions

Mon to Fri 9.15-11.45am and Fri 12.45-3.15pm

Children from the age of 2 yrs welcome.

Rising Fives sessions

Mon & Wed 1.00-3.15pm, with Lunch Club beforehand.

This is complementary to morning Nursery.

Spaces available for both Playgroup and Rising Fives.

For more information, please contact

Julia Slater 07810 742046 or Playgroup 01577 862071

Baby and Toddler Group – Thurs 1-3pm

Ante-natal to pre-school.

Fun for children; coffee and chat for the parent/carer.

For more information, please contact **Diana 07514 999192.**

The premises are available to hire for **Private Functions.**

For more information, please contact **Denise 07780 612201.**



MILNATHORT BABIES & TODDLERS

Orwell Church Hall, Milnathort

Milnathort Babies and Toddlers offer a relaxed, friendly environment.

Tea/coffee for mums, dads and carers, healthy snack and fun for the children.

Children aged birth to 3 years (5 years if attending with younger sibling) are welcome.

Thursday & Friday, 10am – 11.30am.

For more information please contact Charlotte Giacomazzi on 07740 600424

or e-mail charlottegiacomazzi@yahoo.co.uk.

GLENFARG BABY AND TODDLER GROUP

Village Hall, Greenbank Road, Glenfarg

9.30am to 11.30am during term time

A healthy snack is provided for children and tea/coffee and biscuits for carers. We also provide a craft activity each week.

First session free and £2 thereafter (£1 for second child). All welcome.

Contact Jenny Holt-Brook on 01577 830577,
email jennyholtbrook@yahoo.co.uk
or just come along.

Notices



The Royal Scottish Geographical Society

presents a talk by acclaimed polar explorer

David Hempleman-Adams

on

MONDAY 24 JANUARY 2011

at 7.30pm in Perth Concert Hall, Mill Street, Perth.

Tickets, £8 (free for under 18s, students and RSGS members) are available from the venue.

Mr Hempleman-Adams will take the audience through his perspective of *The Heart of the Great Alone*, a stunning book and exhibition of remarkable photographs taken in Antarctica by Herbert George Ponting and Frank Hurley of Captain Scott's ill-fated journey to the South Pole.

Milnathort Girl Guides

We meet every Tuesday in the Guide Hall from 7.30pm to 9pm. Girls aged 10 - 14 welcome to attend. We have about 20 girls currently who come along every week and enjoy some fun games and activities.

For further information please contact Tracy Reid on 01577 864415 or Lesley McCormick on 01577 862060.

Lodge St Serf No. 327



February

Tue 1st Regular Meeting at 7.15pm. Degree TBA.

Tue 15th Regular Meeting at 7.15pm. Degree TBA.

Friday 1st April: Sportsman's Dinner at 7pm for 7.30pm in aid of local good causes. Tickets £30.00 from 01577 863298 after 6pm. Speakers will be Alan Rough, former goalkeeper, now presenter with Real Radio; Frank Robb, an Aberdonian with a razor sharp wit and Sandy Strang, a well known journalist and noted Burns speaker.

Kinross Floral Art Club

will meet in The Windlestrae Hotel on the following dates:

Thursday 27 January at 7.15pm prompt

Members Own Night – please bring a container, greenery and 3 flowers

Thursday 24 February at 7.15 prompt

Demonstration by Christine McKenna
Title – “40 Glorious Years”

All welcome to come and join us for two fun evenings

On **24 March 2011**, the Club will celebrate its 40th Anniversary AGM with a supper and demonstration. Any past members and friends who would like to join us please contact Mrs C Rodger on 01577 863785.

Deadline for all Submissions
2.00 pm, MONDAY 14 February
for publication on Saturday 26 February

Milnathort FILMHOUSE

FEB 2011

Milnathort Town Hall

Sunday 6th Feb 3pm

Disney • PIXAR



Buzz and Woody are back!

TUCK SHOP AVAILABLE

TICKETS

Toy Story 3 (U) tickets available in advance from Heaven Scent, Milnathort & Milnathort Post Office.

Adult £5 (OAP & Student concession £3), Child £3,

Family (2a + 2c) £15. Screening 3pm, doors open 2.15.

Other Info Kathleen Mitchell 07818 532091 or email

milnathortcinema@btinternet.com JOIN US ON FACEBOOK just search 'Milnathort Filmhouse'

Orwell Bowling Club

ANNUAL GENERAL MEETING

Sunday 13 February 2011

in the Club at 2pm sharp

ALL MEMBERS ARE REQUESTED TO ATTEND

BINGO TEA

Wednesday 16 February at 7.30pm

Entry £1 including refreshments. ALL ARE WELCOME



Kinross-shire Local Events Organisation



Film 'Shrek Forever After' at Community Campus

Friday 25 February at 7pm (doors open 6.30pm)

Tickets (£3 for 18 and under and £5 for adults) are available at the door on the evening.

Blythswood Care

Sainsbury's Car Park

(if car park is full, van will park nearby, e.g. Park & Ride or Ochil View)

Tuesday 22 February

between 10.30 am and 11 am

Further details from 862258

Question Time!

Calling all sports and physical activity groups

The Kinross-shire Community Sports Partnership are inviting all local sports/physical activity clubs/groups to take part in a Question & Answer session. The evening will be in the format of a panel who will take questions from the audience and relevant panel members will help clubs/groups to resolve any problems/issues, clarify matters and generally help clubs/groups to develop. If any particular questions cannot be answered because there is not an appropriate expert on the panel, these will be followed up as soon as possible and direct contact made with the club/group initiating the enquiry.

The panel will be made up of individuals who represent the various aspects of expertise relevant to club/coach development, e.g. marketing, funding, child protection, outside spaces, coach education, club accreditation, disability sport, active schools

The partnership are very keen to engage with sports/physical activity clubs/groups in the Kinross-shire area and we do hope you are able to come along and allow us to help your club develop to be the best it can be.

The Question Time! evening will take place at the Loch Leven Community Campus on

TUESDAY 1 FEBRUARY 2011

starting at 7pm – no need to register, just turn up on the night, but if you are able to intimate in advance for catering purposes, please contact Caroline Ness, Sports Development Officer, 01738 472242 or email CMNess@pkc.gov.uk

As many club members as possible who are able to attend are invited to come along.

Disability Sport

There are many activities for people with disabilities at local, regional and national level which welcome people with physical, learning and sensory disabilities. Sports available include swimming, athletics, boccia and bowling. If you would like further information or would like to be included on an email distribution list to keep up-to-date with what is available, please contact Caroline Ness, Sports Development Officer by telephone on 01738 472242 or email CMNess@pkc.gov.uk

Dunfermline Strathspey and Reel Society

combined with **Esplal**, a folk duo from Edinburgh,

play in Kinross Parish Church at 3pm on

Sunday 27 February

Tickets £5.00 from NewsPlus or at the door

World Day of Prayer

Friday 4 March 2011

Written by Christian women of Chile

How Many Loaves Have You?

Will YOU join us?

A warm welcome awaits you at your local service:

in Church Centre, Main Street, Kinross at 2.00pm
and St Paul's Church, The Muirs, Kinross at 7.00pm

All Welcome

Kinross-shire Historical Society



Meetings are held in Kinross Parish Church, Station Road, Kinross at 7.30pm, usually the third Monday of the month. Membership for season £6 (Seniors £5); Visitors £2 per talk; eighteen and under free.

21 Feb Through the Great Glen: A photographic journey from the North Sea to the Atlantic through the Great Glen. Willie Shand.

21 Mar The Work of Historic Scotland Conservation Group: An Overview of Research and Practical Projects currently undertaken by this Group. Ali Davey BA(Hons INTL), MUBC.

Annual General Meeting

Jubilee People's Millions

Deadline: **Friday 4 February 2011**

Got a great idea for a project to inspire your community? Want to involve local people working together to tackle a problem? Know what you want to do but need some money to make it happen? The Jubilee People's Millions could be the answer!

The Big Lottery Fund and ITV, with the approval of Buckingham Palace, will be helping to mark the Queen's Diamond Jubilee in 2012 with sixty Lottery Grants.

The following organisations are eligible to apply for Jubilee People's Millions:

- voluntary and community groups local authorities;
- schools;
- statutory health bodies social enterprises.

Projects must provide opportunities for people to enjoy their local area, whether indoors or out, or improve local facilities for all to enjoy and organisations will be able to apply for up to £60,000 from a total of £3.6million. The funded projects will inspire, involve or improve the local communities they live in. Finalists will be showcased on ITV regional news this summer when the public will vote for the projects they want to receive the Lottery funding. The winners will be up and running in time for the Queen's Diamond Jubilee year, 2012.

If you are interested in applying for this programme, then please visit www.peoplesmillions.org.uk/apply or phone 0845 10 20 30. Groups will have until midday on 4 February 2011 to get their entries in. The winning projects will be awarded the funding in summer 2011, in order to be up and running in time for Her Majesty's Diamond Jubilee year in 2012.

FAIRTRADE FORTNIGHT

28 February - 13 March 2011

The focus for this year is on cotton.

Fairtrade cotton is now widely available in shops and you can easily identify the fairtrade logo on cotton clothing and other everyday products.

Special events will advertised. Please come along and support fairtrade, making the difference for farmers and producers.

Thank you for your continuing support in 2011.

Grants and Funding Websites

www.pkgrantsdirect.com

www.scottishcf.org

BETTER PLACE TO LIVE FAIR

Kinross-shire Community Learning and Development Group, Loch Leven Community Campus

Saturday 5 March 2011

Kinross-shire Community Learning and Development Group represent the local communities, services, groups and voluntary organisations and is organising the 2011 event. The two previous fairs were both a great success and the group wishes to support the future of this community event.

The purpose of the fair is to provide an opportunity for the community to see what Kinross-shire has to offer. Community groups, businesses, voluntary organisations, services and educational organisations are invited to come along to promote themselves.

Perhaps your group/organisation needs new members, can provide a service which people are unaware of or has skills, which you would like to display: perhaps your group/organisation is proud of something they have recently achieved in the area. Whatever you do or have done, this is your opportunity to let everyone know about it. There is no cost involved for community groups, voluntary organisations or services but a cost may apply for local businesses.



Booking your space is essential - as soon as possible, but by 31 January 2011 at the latest please.

Encourage all your friends and neighbours to attend, and turn up to reinforce to the whole community that Kinross-shire really is a **Better Place to Live!**

To book your place please contact

Tracey Ramsay, Senior Community Capacity Building Worker, email tramsay@pkc.gov.uk, phone **01577 867124**

OR

Shona Fowler, Community Learning Assistant
email sfowler@pkc.gov.uk, phone **01577 867218**

Kinross-shire Community Sports Partnership

The Community Sports Partnership has been given the opportunity to be involved and co-ordinate/timetable interested clubs who would like to deliver a session in sport/physical activity at the 'Better Place to Live Fair' on 5 March 2011. Any clubs taking part will be subject to normal Live Active Leisure criteria and participation will be dependent on availability of appropriate hall space.

If your sports/physical activity club/group would like to take up this offer to showcase your activities to the many members of public who are anticipated to attend the Fair, please let us know so that we can organise timings/space to accommodate everyone wishing to take part.

Hopefully your club are able to use this opportunity to attract new members and hand out information/flyers regarding your club/group training sessions. There will be no cost to your club to take part in this event.

Please email or post your details below to:

Caroline Ness
79 Dunkeld Road
PERTH, PH1 5DH

Tel: 01738 472242
Email: CMNess@pkc.gov.uk

Bookings should arrive no later than **Monday 14 February.**

Name of Club	
Club Contact Name	
Telephone	
Email	
Please detail your minimum requirements e.g. one badminton size court area	
To help with programming, the event takes place 10am-3pm – please indicate if there any times your club/group are not available to deliver activities	

BIGGER AND BETTER!!
DON'T MISS THE SPECTACULAR
"SHOP AT THE GREEN" WINTER SALE

WEDNESDAY 16 FEBRUARY 2011
9.30am - 6.00pm

Special Sale Day Lunch available in 'Basils'

Do you have
Photographs of Kinross-shire
you'd be happy to share with others?

Visit www.kinross.cc to find out how to add your photos to the Photo Library. The aim of the library is to provide a resource for promoting Kinross-shire.

Perth & Kinross Council
Kinross Area Office
 21 High St, Kinross
Customer Service Centre
 (Mon to Fri, 8am-6pm)
Out of Hours Emergencies
 (Roads, flooding, environmental health and dangerous buildings)
Clarence (for non-emergency road and lighting defects)

www.pkc.gov.uk
 Tel: 01577 862351
 Tel: 01738 475000
 Tel: 01738 625411
 Tel: 0800 232323

Milnathort Community Council

The composition of Milnathort Community Council as of the election of 24 June 2010 is as follows:

Bruce Hamilton (Chairman) Newhill Farm, Glenfarg
David Cottingham (Vice Chair) Middleton House, Milnathort
Joseph Giacomazzi (Secretary) 1 Greenburn Field, Milnathort
Lynne Bennet (Treasurer) 1 Reid Crescent, Milnathort
Patrick Milne-Home Craigow, Milnathort
Sandy Smith 21 Church Street, Milnathort
Robert Halford Nether Tillyrie Cottage, Nether Tillyrie, Milnathort
Dorothy Thomson Tillyrie House, Milnathort

English as a Second Language

Free
Local
Friendly
Support

With
English for
Speakers of
Other Languages

Would you like to improve your ability to:

- ↓ Talk to friends and neighbours
- ↓ Understand what people say to you
- ↓ Give information
- ↓ Talk on the phone
- ↓ Fill in a form
- ↓ Apply for a job

For further information please contact:



Roseanne Gray
 Adult Literacy Worker
 Loch Leven Community Campus
 Email: rgray@pkc.gov.uk
 Tel: 01577 867216



Mindspace



Mindspace is the counselling service for Perth Association for Mental Health (www.pamh.co.uk). We have Young People's Counsellors working in Kinross one day a week. Clients can self-refer via email to info@mindspacepk.com; by telephone on 01738 631639, or by visiting our website at www.mindspacepk.com and filling in a referral form. Clients can also be referred by their GP. Mindspace also offers counselling to adults (18+) at their offices in Perth.

Dyslexia Drop-in Session

Last Tuesday of the month, 6.30pm
 Loch Leven Community Library
 A local branch of Dyslexia Scotland



Computing for Clubs



All voluntary organisation and community group members are invited to come along to our Computing for Clubs workshops at Loch Leven Community Campus

There will be 3 Monday evening sessions, 6pm – 8pm

- ☐ 7th February - Using digital photos
- ☐ 14th February - Creating a website
- ☐ 21st February - Making a PowerPoint presentation

Loch Leven Community Campus

To book your place please contact

Shona Fowler sfowler@pkc.gov.uk 01577 867218
 Community Learning Assistant

BOOKING ESSENTIAL



ADULT LITERACY & NUMERACY

Free local and friendly support

With reading • writing • spelling • numbers

"I can enjoy books now"
 "I feel more confident"
 "Filling in forms is less scary!"
 "I passed my driving test"

If you would like further information please contact:



Roseanne Gray
 Adult Literacy Worker
 Loch Leven Community Campus
 Email: rgray@pkc.gov.uk
 Tel: 01577 867216



DANCE CONNECT DANCE SCHOOL

Experienced RAD teacher in ballet offers classes at

Kinross, Portmoak and Crook of Devon venues.

All ages welcome, from age 4 to adult.

Adult jazz, stretch and latin moves returns

on Wednesday 12 January
Kinross Day Centre 7.30-8.30pm.

Classes in jazz and tap also available.
Please contact Rachel Webb RAD RTS
Tel 07760 972359

Community Councils

Kinross: Secy: Mrs M Scott (01577) 862945

KinrossCommunityCouncil@pkc.gov.uk

Cleish & Blairadam: Secy: Mrs M Traylor (01383) 830059,

CleishCommunityCouncil@pkc.gov.uk

Milnathort: Secy: Mr J Giacomazzi (01577) 864025

MilnathortCommunityCouncil@pkc.gov.uk

Fossoway & District: Secy: Trudy Duffy-Wigman (01577) 840669,

FossowayCommunityCouncil@pkc.gov.uk

Portmoak: Secy: Mr J Bird (01592) 840368,

PortmoakCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
David Colliar	10 Rannoch Place	864037
Dave Cuthbert	Highfield Circle	861001
Barry M Davies (Vice Chair)	60 Lathro Park	865004
Ian Jack (Treasurer)	Burnbrae Grange	863980
Laura Mackay	Brunthill Farm	07872 499145
Dot Mackay	29 Green Park	864635
Joe Richardson	47/49 High Street	863152
Margaret Scott (Secy)	21 Ross Street	862945
Campbell Watson (Chair)	7 Gallowhill Gardens	861544
Bill Freeman	64 Muirs	865045

Perth and Kinross Councillors

Kathleen Baird, Easter Clunie, Newburgh, Fife, KY14 6EJ

Tel (home): 01337 840218.

Email: kbaird@pkc.gov.uk

Michael Barnacle, Moored, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ. Tel/Fax (home): 01577 840516.

Email: Michael@mabarnacle.freemove.co.uk

Sandy Miller, c/o Perth & Kinross Council, 2 High Street, Perth, PH1 5PH. Tel (business): 01577 840462.

Email: SMiller@pkc.gov.uk

William Robertson, 85 South Street, Milnathort, Kinross, KY13 9XA. Tel (home): 01577 865178.

Email: wrobertson@pkc.gov.uk

Kinross Recycling Centre, Bridgend

Opening Times: **Mondays to Fridays** 9am to 7pm
Saturdays and Sundays 9am to 5pm

Aluminium & Steel Cans, Car Batteries, Cardboard, Engine Oil, Fluorescent Tubes, Electricals (inc Fridges, Freezers, Televisions & Monitors), Garden Waste, Glass Bottles & Jars, Inert Waste, Metal, Paper, Phone Directories, Plastic Bottles, Textiles, Wood, Bicycles.

Fossoway and Cleish Community Office

A service for the Community, open:

Thursdays 2 pm - 4 pm

Saturdays 10am -12 noon

Out of hours there is an answering machine

Tel: 01577 840185 Email: fcoffice@btinternet.com

Regular Library Sessions for Young Children

At Loch Leven Community Library.

No need to book, just come along.

Story Telling

every Monday morning 10.15 – 10.45 am

and every Thursday afternoon 2.15 – 2.45 pm

Bookbug Rhymetimes

every Saturday 10.30 – 11 am

and every second Wednesday 2.00 – 2.30 pm

(next Wed session: 26 January)

Bookbug Library Challenge: For children aged 0 to 4: On each visit to the library, children are given a sticker. After collecting four stickers, they are awarded a certificate.

Member of Parliament for Ochil & South Perthshire Constituency Gordon Banks MP

www.gordonbanksmp.co.uk

Email: constituency@gordonbanksmp.co.uk

For dates and locations of regular advice surgeries, or to raise any concerns you may have, please contact the constituency office: telephone 01259 721536, fax 01259 216761 or write to 49-51 High Street, Alloa, FK10 1JF.

MSP for Ochil Constituency Keith Brown MSP

will be holding regular

surgeries throughout his constituency area.

For information on dates, locations and to book an appointment time, please contact his assistant on **01259 219333**.

Keith can also be contacted by email at

keith.brown.msp@scottish.parliament.uk

or by writing to **80 Mill Street, Alloa, FK10 1DY**

Members of the Scottish Parliament

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

MSPs for Mid Scotland and Fife Region

Claire Baker MSP (Scot Labour) Tel: 0131 348 6759

Email: Claire.Baker.msp@scottish.parliament.uk

Ted Brocklebank MSP (Scot Cons) Tel: 0131 348 5610

Email: Ted.Brocklebank.msp@scottish.parliament.uk

Murdo Fraser MSP (Scot Cons) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@scottish.parliament.uk

Christopher Harvie MSP (SNP) Tel: 0131 348 6765

Email: Christopher.Harvie.msp@scottish.parliament.uk

John Park MSP (Scot Lab) Tel: 0131 348 6753

Email: John.Park.msp@scottish.parliament.uk

Dr Richard Simpson MSP (Scot Lab) Tel: 0131 348 6756

Email: Richard.Simpson.msp@scottish.parliament.uk

Elizabeth Smith MSP (Scot Cons) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@scottish.parliament.uk

Mobile Library – Blairingone and Milnathort Every Second Wednesday

Next visits: **Wednesday 26 January, 9 and 23 February**

Blairingone 9.30am - 9.45am

Westerloan, Milnathort 2.10pm - 3pm

Bridgefauld Road, Milnathort 3.05pm - 4pm

Any queries telephone AK Bell Library 01738 444949

Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross, KY13 8FQ

Telephone: 01577 867205

Email: kinrosslibrary@pkc.gov.uk

Opening Times

Monday 10am – 6pm

Tuesday, Wednesday, Thursday 10am – 8pm

Friday 10am – 6pm

Saturday 10am – 3pm

The Café

We invite you to join us at the Millbridge Hall between the hours of 11am and 1pm every Thursday. Tea, coffee, snacks or even lunch available (and you won't believe the prices!) Please drop in for a warm welcome in a very friendly atmosphere. All you have to do is simply turn up!

(The Cafe is brought to you by Kinross Christian Fellowship working together with Kinross Healing Rooms.)

Kinross-shire *Day Centre*

**Table Tennis • Videos • Cards • Dominoes
Daily Papers • Chiropody • Trips • Exercises**

Weekly Programme

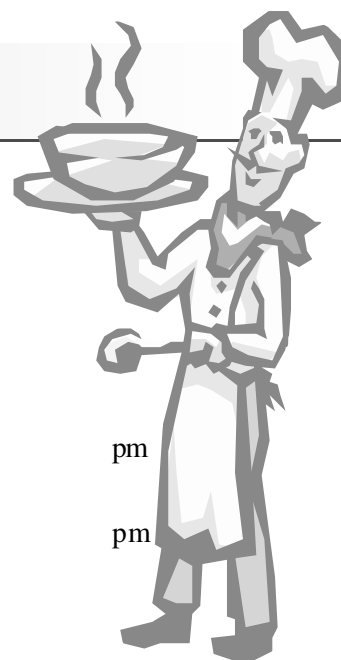
Monday	Elderberries	1.30 pm	
Tuesday	Bingo	1.30 pm	
Wednesday	Morning Service	10.45 am,	Quiz Afternoon 1.30 pm
	Dominoes	1.30 pm	Scrabble 1.30 pm
Thursday	Art Class	1.30 pm,	Film Afternoon 1.30 pm
	Dominoes	1.30 pm	
Friday	Scrabble	1.30 pm	Dominoes 1.30pm

Additional Events for February

Tea Dance Tuesday 15th at 1.30 pm



**Coffee Bar open 9 am - 4 pm, Senior Citizens Lunches Daily
Telephone: 01577 863869**



LOCAL CHEMIST INFORMATION



Rowlands Pharmacy, Kinross

(opposite David Sands)

Mon - Fri: 9.00 am - 6.00 pm

Saturday: 9.00 am - 5.00 pm

Sunday: 12.00 - 1.00 pm

Tel: 862422

Davidson's Chemist, Milnathort

Mon to Fri: 9.00 am - 1.00 pm &
2.00 pm - 6.00 pm

Saturday: 9.00 am - 12.30 pm

Tel: 862219



Kinross-shire Volunteer Group and Rural Outreach Scheme

Registered Charity No. SC015642

Charges to service users (as at 1/10/10)

Perth, Dunfermline, Kirkcaldy	£10
Stirling	£12
Dundee, Edinburgh	£18
Stracathro	£25
Loch Leven Health Centre, Kinross/Milnathort	£3
Loch Leven Health Centre, outreach area	£5

Co-ordinator: Ann Munro 01577 840196.



Perth Citizens Advice Bureau

The Kinross Outreach Advice Surgery is held on the second and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, The Muirs, Kinross. The next visits are:

25 January, 8 and 22 February

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you – our advice is free, confidential, impartial and independent. Contact us: Advice line 01738 450580; Appointment line 01738 450581.



Kinross-shire Fund Grants available for local community projects



e.g. *Events, Information, Transport, Welfare,
Physical Amenities, Recreational Facilities, Support for
Care of the Elderly, Voluntary Organisations*

For more information and to download an application form,
see www.kinross-shirefund.org or contact Annabel Bath
on 0131 524 0300
or email Annabel@scottishcf.org

School Holidays, Academic Year 2010 - 2011

Academic year	Wed 18 Aug 2010 - Fri 1 Jul 2011
In Service Day	Wed 16 Feb 2011
Occasional Holiday	Thu 17 Feb 2011 - Fri 18 Feb 2011
Spring Holiday	Mon 4 Apr 2011 - Fri 15 Apr 2011
Easter Break	Fri 22 Apr 2011 - Mon 25 Apr 2011
In Service Day	Tue 26 Apr 2011
May Day	Mon 2 May 2011 (tbc)

THINK-A-HEAD HAIRDRESSER

Hairdressing done in the comfort of your own home
by an experienced stylist

**CUT AND BLOW DRY
TINT, FOIL HIGHLIGHTS
PERMS**

Special rates for OAPs and children

Call Elaine on 01577 840043

Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the [kinross.cc](http://www.kinross.cc) website before applying to **check whether a position is still available** (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Help with horse (part time), East Brackley Livery Stables

Free stabling/grazing in exchange for daily help with owner's horse and pony.

Tel: 01577 862252 or 07803 134408

Full timestaff, Heaven Scent, Milnathort

Heaven Scent seeks a full time member of staff to join our busy team. Working five days over seven, the candidate will work in all aspects of the business from kitchen, to floor to food vending production. Experience preferred.

Please collect application form from Heaven Scent, South Street, Milnathort.

Thursday Group

This is a Women's Group which meets the first Thursday of each month in the Lower Hall, Church Centre. Meetings are usually talks on various subjects, ending with refreshments and a chance to talk to friends. New members would be made very welcome. If interested, contact 01577 863625.

Forthcoming meetings:

3 Feb, 3 Mar, 7 April, 5 May, 2 June

Loch Leven Community Campus Partnership

As a member of the Community, your views and ideas in the development of this facility can be represented through the Partnership.

Contact the Loch Leven Community Partnership on campuspartnership@kinrosshigh.pkc.sch.uk

Zumba Fitness with Janice

Due to weather, classes were cancelled, sorry, by the time you read this classes should have started (weather permitting)

Ditch the workout. Join the Party

Mon:10-11 Millbridge Hall

Tues:10-11 Milnathort Town Hall

Thurs 8-9 Milnathort Town Hall

Fri:1-2 Millbridge Hall

Sat:6.30-7.30 Millbridge Hall

more info www.zumbafitnesswithjanice.co.uk

email zumbawithjanice@aol.com

Exercise in Disguise!

PIANOFORTE TUITION

ANTHONY J. FOOTE, L.R.A.M.

Member of European Piano Teachers' Association

Pupils entered for Associated Board Examinations and Festivals

Refresher Courses for Adults

Also Tuition in Theory, Clarinet, Recorder and Electronic Keyboard, and for school pupils taking Piano or Electronic Keyboard for all SCE exams

If no transport, visiting homes would be considered

Tel: (Muckhart) 01259 781446

Classified Adverts

The Newsletter publishes items for sale listed on the [kinross.cc](http://www.kinross.cc) website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter.

Items for Sale

Royal Worcester Tea Set

£500.00

June Garland design – 4 cups/saucers/plates; milk jug, sugar bowl, cake plate.

Seller details: Pat Hughes

01577 840385

New Oak Skirting

£25.00

13 metres of new oak skirting/unfinished in 5 lengths i) 1.89m ii) 2.77m iii) 2.35m iv) 2.25m v) 3.74m Height 14.5cm Depth 2cm. Plans have changed since purchased. Buyer to collect.

Seller details: Craig Smith

07850 691747

Jcsmith34@hotmail.com

Ercol suite

£50.00

Two seater sofa and three chairs from quality manufacturer, Ercol Ltd. Evergreen model, golden dawn finish. Peach floral cushions all renewed recently – now only £50.

Seller details: Carol McIntyre

01577 861659

dugaldmci@aol.com

Go cart

£30.00

Green machine

Golf clubs

£50.00

9 Wilson flat irons 3 prostaffwoods; bag and caddy car.

Large George Foreman grill

£50.00

Large George Foreman grill cost £130.

Red bike

£25.00

Red bike suitable for 4 yrs and over.

Car boot goods

£25.00

Large selection of tools and electrical goods suitable for car boot sale.

Pine sleigh bed

£50.00

Antique pine king size sleigh bed frame.

For above items contact: Mary Sneddon

01577 862183

mary.sneddon@btinternet.com

Royal Doulton figurine

£45.00

Figurine "The Old Lady Balloon Seller" HN1315 in excellent condition,

Royal Doulton figurine

£45.00

Figurine "Twilight". Old lady sitting in a rocking chair knitting with kitten at her feet playing with the ball of wool. HN2256. In excellent condition.

For above items contact: Helen Pearson

01577 864546

Computer monitor

£0.00 or CHAS

DAYTEK curved screen type. Now surplus to needs.

Seller details: Jock Keith

01577 861547

kelsokeith@btopenworld.com

BEKO Washing machine

£30.00

AA Class 1200rpm. Good reliable machine (2006).

Hotpoint Fridge Freezer

£75.00

Iced Diamond RFA52. Good, clean and reliable. Buyer collects.

For above items contact: Scott Paterson

01577 864248

scottpaterson21@yahoo.co.uk

Pink 14 inch television

£50.00

Barbie-pink 14 inch television with integral dvd player and remote control. Also comes with separate freeview digibox with remote and scart lead.

Seller Details: James Penn

01577 863413

handyjim@btinternet.com

Diary

*A more extensive and regularly updated
Diary of Events can be found on www.kinross.cc*

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