



# Kinross Newsletter



Founded in 1977 by Mrs Nan Walker, MBE

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## DEADLINE for the July Issue

**2.00 pm, Monday  
20 June 2011**

for publication on  
**Saturday 2 July 2011**

## Contributions for inclusion in the Newsletter

The Newsletter welcomes items from clubs, community organisations and individuals for publication. This is free of charge (we only charge for commercial advertising - see below right). All items may be subject to editing. Please also see our Letters Policy on page 2. Submit your item (except adverts) in one of the following ways:

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(all emails will be acknowledged)

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Milnathort

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**Front Cover:** Photo by George Logan.

## Commercial Advertising in the Newsletter

### Display Adverts

For details on how to place a Display Advert, please go to our website [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org) and click on Advertising for full details, or contact our Advertising Manager. The deadline for new Display ads or changes to Display ads is three days before the normal monthly deadline for copy, so the deadline for display ads is **Friday 17 June**.

### Typed Adverts

A typed advert may be placed for one or more months. These adverts are text only (no graphics allowed). Prices shown are effective from April 2011 issue. There are two rates:

Up to NINE lines (including blank lines) £7.00 per insertion

TEN to FIFTEEN lines (including blank lines) £13.00 per insertion

As a guide, eight words is the maximum that can be fitted on a line. To place a Typed Advert, contact our Advertising Manager, Ann Harley (see left for contact details). You will need to send her:

- Your name, address, telephone number and, optionally, email address.
- The wording of your advert.
- A note of the number of insertions required.
- Your remittance – cheques payable to “Kinross Newsletter Ltd”.

Send all this to the Advertising Manager by the normal monthly Newsletter deadline (see top of left-hand column for date).

The Newsletter reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a Typed Advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

**The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy.**

**Editor** Eileen Thomas **Typesetting and Layout** Tony Dyson **Word Processing** Julia Fulton  
**Advertising** Ann Harley **Treasurer** Ross McConnell **Distribution** Glenn Neve **Subscriptions** Glenn Neve



# Letters

## Editorial

Another significant moment in the history of Kinross-shire: after 185 years, the County Buildings will cease to be the home of any sort of local government, as Council services currently delivered from Kinross move to the community campus on 13 June. There is information about this and other important matters in a statement by PKC on page 5.

The founding editor of the Newsletter, Nan Walker, used to say that one of the purposes of the Newsletter was to keep the name "Kinross-shire" alive. It was good to see the county name return as part of a constituency name in the recent boundary changes, after some years as 'Ochil'.

The Newsletter bids farewell to two of its regular contributors this month. We extend our best wishes to Rev Dr Marion Keston of St Paul's Episcopal Church and to Anne Anderson, Principal of Seamab School, who are both retiring.

It is the season of Fêtes and Fayres and you will find details of several in this Newsletter. Kinross Primary School is holding its first Fayre for several years on 11 June and would love to welcome as many people as possible to the wide variety of attractions and activities on offer.

## TAYPlan Public Consultation

Loch Leven Community Campus  
Muir, Kinross

**WEDNESDAY 15 JUNE, 2pm – 8pm**

The TAYplan Joint Committee approved the Proposed Strategic Development Plan and related documents on 16 February 2011. These decisions require ratification/approval by the four constituent Councils which is being considered through to mid May 2011.

This will be followed by a period for representations to be made over eight weeks from 6 June to 1 August 2011.

All responses must be with TAYplan no later than **Monday 1 August 2011** for them to be taken into consideration.

Public information events will be held, all from 2-8pm, across the TAYplan area to explain the Plan and to assist you in making a representation. An information event takes place in Kinross on 15 June as detailed above. Other opportunities are: Cupar on 14 June (2pm-8pm, County Bldgs, Catherine Street, KY15 4LX) and Perth on 27 June (2pm-8pm, Bell's Sports Centre, Hay Street, PH1 5HS). More information from: [www.tayplan-sdpa.gov.uk](http://www.tayplan-sdpa.gov.uk)

## Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org) or phone Glenn Neve on 01592 860808 or email

**[subscriptions@kinrossnewsletter.org](mailto:subscriptions@kinrossnewsletter.org)**

## Cash for follies while heritage crumbles 13 May 2011

It is reported in the national press this week that £440 million of the total £545 million budget for the tram system in Edinburgh has already been spent, with no tram service foreseen "for many years". Just think how much of Scotland's existing built heritage that this figure, taken with the similar one spent on the grossly inappropriate Holyrood Parliament building, if handed over to Historic Scotland could have been conserved, restored and marketed worldwide. So much income could have been generated for our economy, which is being drained by these wild schemes, including ultimately non-profitable wind farms strewn over our beautiful land.

Walt Disney once said "It's what you do with what you've got"; if only these had been Scotland's planners' watchwords, at both national and local authority level! Future generations will look back in sheer despair as they are left with these follies, when their true historic heritage has crumbled.

Marie Young

South Cottage, Meikle Seggie,  
Milnathort, Kinross, KY13 0RP

## 'Gusset' plans not an enhancement 14 May 2011

I am 82 years old and have lived in Milnathort all my life. During that time, 'enhancement' and improved traffic schemes have come and gone. Some were successful, some were not, but nothing has stunned me as much as the plans for the 'Gusset' at the top of Westerloan. How can five cars, two trees and a cycle rack pretty up an open space?

I lived in the Gusset House in 1951, and the removal of the air-raid shelter that once stood in the centre was a great relief to the traffic and people who lived there. I do not remember any cars being parked in this area before the bad weather in 2010.

If parking is such a problem in Milnathort, why not purchase the building at the foot of the Westerloan and turn it into a car park? This would be good for the shops and the Town Hall, and we would still have our unique feature of a 'Gusset' complete with house.

Pearl White

Victoria Avenue, Milnathort

(See also 'Wester Loan proposals' in Milnathort CC news)

## DRIVING TUITION

### LOCHLEVEN DRIVING SCHOOL

Call Marie Scott  
on  
Kinross 862266

Established 23 years

**Letters Policy:** We reserve the right not to publish any letter. Senders must supply their name and address and be prepared to have them published. The Newsletter does not necessarily agree with any of the views expressed on these pages.

**Abbreviations:** PKC: Perth & Kinross Council CC: Community Council Cllr: Councillor CCllr: Community Councillor

**Thanks Kinross and Sainsbury's****16 May 2011**

May I just say a word of thanks to all the good shoppers of Kinross, and Sainsbury's store staff, for their generosity in allowing us to collect on 14 May.

We were collecting for SSAFA Forces Help – the Soldiers, Sailors, Airmen and Families Association.

We raised very nearly £300 in four hours, which was fabulous, and this collection was replicated up and down UK, raising fantastic sums. Thank you, the public – you were very kind and generous.

Our eldest son, Peter, is a serving soldier, who has served recently in Afghanistan. He lost many friends there in his tour – the casualties have been unrelenting – and he helped in his way to make a difference to the very disadvantaged people of his area. It's a long haul for all the servicemen and women out there, and especially for their families and friends. However morale is high, and a gritty determination to see through the mission has remained as steady as ever – remarkably so, considering the conditions they operate under. Let us all salute these brave men and women. Fund raising, like at Sainsbury's recently, makes all the difference to improve the future of those damaged, mentally or physically.

Anyone wanting to make a donation to service charities supporting the men and women there can contact me....

Colonel Andy Middlemiss

E: perth@ssafa.org.uk

Perth office 01738 625346

or find out more about us at [www.ssafa.org.uk](http://www.ssafa.org.uk)

**Ending of Residents' Association****17 May 2011**

The Kinross-shire Residents' Association, an amalgamation of Milnathort Tenants' and Residents' Association and Kinross Tenants' and Residents' Association, is no more. After having attempted to hold two Annual General Meetings during the winter at which insufficient support was shown, the group realised they could not carry on. Difficulties in being quorate were experienced, but we were mindful of the fact we gave good service during the past thirteen years.

We had successes like the campaign to get an ambulance for Kinross, and liaising with PKC over the planned improvements to council houses, which were double glazing, new kitchens and bathrooms. The campaign for the 201 Stagecoach service to Glenrothes and repairs to potholes was another achievement. We have also brought the matter of effective dealing with winter snow falls to the council's focus so as to try and improve matters for the motorist, elderly and very young.

I take this opportunity to thank all committee members and local councillors and townspeople who have attended our meetings in the past, and I thank Suzie Burt and Diane Finney of PKC for all their help and support in the past two years.

Mike Twaddle, Vice Chairman  
Kinross-shire Residents' Association

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**Deadline for all Submissions**

**2.00 pm, MONDAY 20 June**  
**for publication on Saturday 2 July**



**YogaWithAnna**  
Monday evenings - Crook of Devon Institute  
6.15pm - 7.25pm - Hatha - £5  
Build strength & flexibility  
7.30pm - 8.40pm - Beginners Ashtanga - £5  
Get strong, flexible and toned for the summer  
with this dynamic yoga.  
Anna Johns: 01383 851468 [annabjohns@gmail.com](mailto:annabjohns@gmail.com)  
or just come along.  
CYS/Yoga Alliance Qualified Teacher (RYS 200)



**Kids Body Balance Class**  
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course of fun activities to support your child's mental,  
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expressive arts, yoga and brain gym activities.  
Summer classes available  
for Primary children in the Kinross area in July & August.  
Contact [sarahjsmart@hotmail.com](mailto:sarahjsmart@hotmail.com) Tel: 07765617290  
GTC Registered & Disclosure Scotland



# News & Articles

## Election results

Roseanna Cunningham of the Scottish National Party is the Member of the Scottish Parliament for this area following the election on 5 May. We had been part of the Ochil constituency but due to boundary changes we are now in the new constituency of Perthshire South and Kinross-shire. Ms Cunningham held the Perth seat before the boundary changes. Our previous MSP, Keith Brown (also SNP), stood successfully for election in the new Clackmannan-shire and Dunblane constituency.

“List” MSPs returning to represent the Mid-Scotland and Fife region are: Claire Baker (Labour), Murdo Fraser (Conservative), John Park (Labour), Richard Simpson (Labour) and Elizabeth Smith (Conservative). New MSPs for the Mid-Scotland and Fife region are: Annabel Ewing (SNP) and Willie Rennie (Lib Dem).

## MSP thanks Kinross-shire voters for “great result”

Following her re-election to the Scottish Parliament, the Scottish National Party’s Ms Roseanna Cunningham, Member of the Scottish Parliament for Perthshire South & Kinross-shire, thanked local voters in Kinross-shire saying, “I am delighted and honoured to have been re-elected to the Scottish Parliament and to receive over fifty per cent of the vote is just fantastic.

“This was a great result in a fantastic night for the Scottish National Party and I want to say a huge thank you to everyone who was a part of that. It is an honour to, once again, represent Kinross-shire.”



*SNP activists at Bell's Sports Centre, Perth, celebrating the re-election of Roseanna Cunningham and John Swinney*

Grass Cutting, Rotovating  
Hedge Trimming, Tree Pruning  
Turfing, Slab Laying, Fencing  
work undertaken

**I. Robertson**, Station Road, Crook of Devon  
Telephone : **Fossway 01577 840526**

## Kinross student invents charity aid

A former Kinross High School pupil has designed a novel way of raising funds for charity.

DON-8r (pronounced ‘donator’) is a small, fund-raising robot that travels through public spaces, like shopping centres, relying upon coin donations from passers-by to keep it moving. Each donation not only helps to power DON-8r but also goes directly towards supporting a chosen charity.

DON-8r is the brainchild of Tim Pryde (21), who is in his final year at the University of Dundee, studying Product Design.



*DON-8r in action*

Tim explained:

“I developed DON-8r as a device to get people more personally involved with raising funds for charities. I was inspired by the increasingly negative attitude that many people have towards on-the-street charity workers. Rather than approaching them and supporting their charity, people will often go out of their way to avoid them. DON-8r is my response to this, an engaging and approachable robot that raises money for charities through encouraging playful and empathetic support from strangers and passers-by.”

“DON-8r navigates obstacles as it moves about on a random path for a set length of time. It then waves its flag, calls for assistance and pulses with light until it receives another donation from another passer-by. Always polite, DON-8r thanks the generosity and repeats its journey.”

DON-8r is reminiscent of the friendly robots from science fiction films such as WALL-E and Star Wars.

The robot can be re-branded to suit different charities, and has recently been wowing shoppers in Dundee, raising both money and awareness for Dundee Science Centre.

Tim is currently exhibiting DON-8r at the Duncan of Jordanstone College of Art and Design Degree Show in Dundee and will also exhibit at New Designers in London, 6-9 July.

To see DON-8r in action, visit Tim’s website at: [www.timpryde.com](http://www.timpryde.com)

## Kinross Buildings, Council Services, Relief Road – update from Council

PKC has released information on a number of important issues affecting the town of Kinross and local residents. The full information as provided by the Council can be seen below ('Investment agreed for Kinross').

### Relief Road

The first announcement is about the relief road. This will take heavy traffic from the west end of Station Road, past the supermarket and Park and Ride and round to the Bridgend Industrial Estate at the south end of Kinross. This has been promised for many years: it was part of the 'Kinross Strategy' document of 1995 which contained plans for traffic calming in the High Street, better pedestrian access in the town centre and environmental enhancements. Only a few cosmetic improvements were made in the 1990s following the publication of the strategy. Wider pavements etc in the High Street cannot happen without the relief road to provide an alternative for large vehicles. However, it appears that we still have some time to wait for the town centre environmental improvements. The statement says "by 2015."

### Housing, Registrar and Community Care services move to Community Campus

It was decided by PKC's Strategic Policy and Resources Committee on 15 September 2010 that the Council services

currently provided from the County Buildings and Mill Street offices would, instead, be delivered from the community campus. After indications that the move would happen in April, then May, we now have a definite date: **Monday 13 June**. The Housing and the Registrar services move from the County Buildings and Community Care from the Mill Street Offices. For details on accessing these services at the campus, see the Council statement.

What will happen to the County Buildings? The Kinross-shire Partnership and Kinross CC hope to retain the building for community use and would like to lease it from PKC. It appears the Council may be sympathetic to this, as a "report proposing to defer the marketing of the County Buildings in order to support community interest is due to go before the Property Sub Committee on 25 May."

### High School Site – bidder pulls out

The surprise announcement in the Council statement is the news that the preferred bidder for the old High School site has withdrawn. The High Street building was marketed for sale in November 2009, very soon after the school's move to the community campus. The Council's Property Sub-Committee agreed in June 2010 to accept the highest bid, and negotiations had been ongoing ever since.

The Council now intends to remarket the site.

## Investment agreed for Kinross

### by Perth & Kinross Council

Perth & Kinross Council has allocated £4 million to support the local economy of Kinross.

The funding was approved at the Council meeting on 3 May, to establish a relief road from the Park and Ride site to the Bridgend Industrial Estate, and provide subsequent environmental improvements to Kinross Town Centre, by 2015.

Councillor Ian Miller, Leader of the Council, explained:

"This Council, like all others, is facing unprecedented financial challenges. To meet them we must transform the way in which we deliver services, and we must put in place plans for the long-term, sustainable development of our economies.

"We are committed to supporting the local economy of Kinross. This significant investment is intended to develop commercial use of the area the road will run through, and to encourage visits to a more attractive town centre."

A planning application seeking permission to create the road will be advertised and available for comment from Friday 20 May. Planning applications can be viewed on the Council's website [www.pkc.gov.uk](http://www.pkc.gov.uk). On-line access is available in the library of the Loch Leven Community Campus.

Meanwhile, preparations continue to move services currently delivered from Kinross County Buildings and the Council's Mill Street building to the Community Campus on 13 June. These services include Housing, Registrars and Community Care services.

Loch Leven Community Library will be the first point of contact for public enquiries regarding Registrars, Housing or Community Care. Residents will be able to access information and services there including access to the Council website, [www.pkc.gov.uk](http://www.pkc.gov.uk). They will also be able to

call direct to a number of Council services in Perth, for example Housing Repairs, Council Tax, Benefits, via a dedicated phone line in the library.

Depending on the nature of customer enquiries, an appointment with a Council officer may be required. When a member of the public arrives for an appointment with an officer, they will be asked to sign in at the campus reception. They will then be greeted by the officer concerned who will accompany them to the meeting room.

The move to the campus is intended to make services more accessible, by making more available from the one location, to deliver them from modern accommodation which is more suitable for both service users and staff, and to make savings that in the longer term will help to protect front line services. Following the move to the Campus, services will continue to be available on their current numbers: Kinross Housing - 01577 867333; Community Care - 01577 867300; Registrars - 01577 867333.

In addition, the Council is actively working towards securing the best options for the future use the County Buildings, the Mill Street building and Kinross High School.

A report proposing to defer the marketing of the County buildings in order to support community interest is due to go before the Property Sub Committee on 25 May.

In the case of Kinross High School, the Council has been informed that the preferred bidder is withdrawing their offer to develop the site.

While expressing its clear disappointment, the Council said that it understands the difficulties businesses are facing in relation to investment decisions, and stated its belief that the site's proximity to the town centre and motorway network will make it an attractive proposition for other potential developers.

The Council is currently reviewing its marketing and development guidance for the site which it intends to market again as soon as possible.



Scotland's  
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# Discovery Day 2011

**Sunday 12<sup>th</sup> June**

**Kirkgate Park, Kinross 12noon – 4pm**

To celebrate the International Year of Volunteering, join us for a fun day out in Kirkgate Park and discover the magical nature of Loch Leven NNR!

Willow weaving, story-telling, bird-watching, kids' activities and games, aquatic displays, food and drinks and loads more to see and do!

There'll also be information and participation from organisations around the loch teaming up to share a Sunday to remember with the whole community.



**For more information contact  
SNH Reserve office on 01577 864439**

[www.nnr-scotland.org.uk](http://www.nnr-scotland.org.uk)



Scottish Natural Heritage  
Dualchas Nàdair na h-Alba



## Boost to Loch Leven visitor numbers

Heritage sites across Scotland enjoyed two bumper four-day weekends, thanks to the Easter holiday and the Royal Wedding, according to figures released by Historic Scotland.

There was a 45 per cent increase in visitors to Historic Scotland sites on Friday 29 April, the day of the Royal Wedding, and a huge 94 per cent increase on Saturday 30 April compared with the same day in 2010.

Stephen Duncan, Historic Scotland's Director of Commercial and Tourism said: "It is good to see that so many people took advantage of the fine weather over the Royal Wedding Weekend to visit our sites.

"Easter was also a busy time with 55,137 visitors to our sites, an overall 17 per cent increase compared to the same weekend last year, with Loch Leven seeing the biggest growth with an increase of 128 per cent. This is particularly welcome in terms of helping local tourism economy and we hope that the forthcoming long weekend in May will be equally successful."

## Summer Holiday Activities

### Mondays – Thursdays

**4 – 7 July    11 – 14 July    8 – 11 August**

This summer we are offering three weeks of free activities for children and families in and around Kinross-shire.

The programme aims to bring families together with accessible activities, bearing in mind how expensive it can get in the holidays when the children are all at home! We are also aiming to keep the children active throughout the holidays and give opportunities to try something new. For those children moving up to high school after the summer, this is a good opportunity to meet up with friends they have made on their transition days.

Sessions organised so far include podcasting, Zumba, baton-twirling, volleyball, cookery, angling, bowling, fitness suite inductions/sessions and various drop-in racquet sports and cafés in the campus.

We hope to provide a free crèche for 0-3s on a Monday to allow parents to spend time with older children.

A full timetable of activities and booking information will be available on the Loch Leven Community Campus website <http://kinross.myallocator.com/index.php/loch-leven-community-campus> from 6 June. Information will also be posted in primary school newsletters and slips home in school bags.

The focus for each day is likely to be:

Mondays	family & crèche	10am-1pm & 1.30-3.30pm
Tuesdays	primary	10am -1pm
Wednesdays	P7/S1 transition	10am-1pm
Thursdays	secondary	10am-1pm

Please contact us if you require any further information about the sessions:

Cath Devanny, Active Schools Coordinator, 01577 867220 or [CDevanny@pkc.gov.uk](mailto:CDevanny@pkc.gov.uk)

Pat Doran, Community Link Worker, 01577 867180, [PDoran@kinrosshigh.pkc.sch.uk](mailto:PDoran@kinrosshigh.pkc.sch.uk)

## Library News

**Rhymetime** on a Wednesday will now be weekly from the start of June (2-2.30pm). Rhymetimes (which also run on a Saturday morning (10.30-11am) are free, friendly, fun sessions of songs, rhymes and stories for babies and toddlers and their parents/carers.

Circus Stars is the 2011 theme for our very popular **Summer Reading Challenge**. This exciting and fun theme will tie into the 2012 Olympics and lends itself to lots of entertaining activities over the summer holidays. Last year over 1,000 children aged 5-11 took part in the Space Hop and we look forward to the same level of enthusiasm for what should be a very popular theme.

Watch out for further details of the Summer Reading Challenge, associated events and details of this year's launch date.

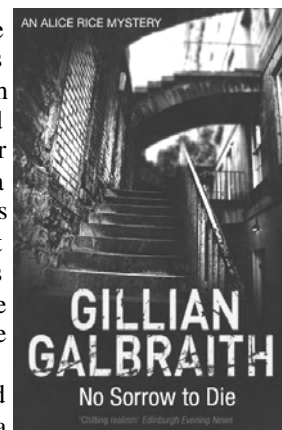
## No Sorrow in paperback

Local author Gillian Galbraith's fourth crime novel is now out in paperback.

In *No Sorrow to Die*, Detective Sergeant Alice Rice investigates the violent death of a man with an incurable illness who had pleaded to die. When another terminally ill man wakes to find a knife-wielding intruder in his bedroom, DS Rice concludes that this can't be a coincidence. Is there a serial killer on the loose with a mission to get rid of the sick?

The story, which was published in hardback last summer, is a passionate tale of deception, betrayal and the value of life and love.

Published by Polygon, £7.99 paperback, ISBN 9781846971754.



## Advice on private water grants

PKC is reminding anyone with a domestic private water supply that grant funding is still available to improve their supplies. The Council's Water Team can provide information and advice on potential improvements that can reduce the risk of contamination of supplies, which could lead to waterborne illnesses like Salmonella and E.Coli 0157. They can also explain the process of applying for a grant and help with completing the application form.

### Grants available to assist with improvements

Non-means tested private water supply improvement grants of up to £800 per property are available. The grants are open to both tenants and owner-occupiers, and additional funding is also available to anyone in receipt of specific benefits. Nearly 700 households in Perth and Kinross have taken advantage of the grants already, but there are many more people missing out on the funding which could make their supplies safer.

The Water Team can be contacted by calling 01738 476476, or emailing [TWaterTeam@pkc.gov.uk](mailto:TWaterTeam@pkc.gov.uk)



# Looking For Directions

## T-in-the-Park Drop-in Centre *Fourteen and Finished!*

Incredibly, the **Drop-in** has been going for thirteen years; this is our fourteenth - and our last.

Yet there are people who still don't really know what we've been about!

### In the beginning...

.....were, Helen, David, Sue, Ian, Sarah Carol, Sheila, Peter and Fiona. We were much younger then, about twelve Drop-ins younger, and it shows! Sandra joined us a little later, and very quickly became an essential and welcome member of the team.



*The T-in-the -Park Drop-In centre Team*  
Back, l to r: Helen MacLachlan, David Eastop, Sue Jones, Ian Jones, Sarah Marshall.  
Front, l to r: Carol Hutt, Sheila Flounders, Peter Flounders, Fiona Eastop.

Many years ago (actually, the first year that T arrived in Kinross), we recognised a need. The Parkers were wet, hungry, sometimes the worst for wear, needing transport, and quite often just requiring simple TLC.

It evolved into the well-honed, super-efficient, hilarious, manic, back-breaking, full-of-laughter and perspiration, singing bacon-frying, clothes-washing-drying, sleeping-it-off, and getting them home, weekend that we've grown to love.

### But, it was never about the money - and never has been!

The original group (around seven or eight people, eventually evolving into a core-group which took care of the organisation) decided to put in the money up-front and trust God. We did the first year - and every year since. Making money for charity or any other reason was never our vision, and our prices reflected this, e.g.

Full breakfast - £1; Bacon roll- 35p; Filled rolls 30p

Because, thanks to the incredible generosity of the wonderful Parkers (around 5,000) that have graced our doors for so many years, we have still given away **over £4,000** to various charities! Not impressed? Check the prices again.

But things have changed and this amazing core group - the majority there from the beginning, one or two a little later - are getting older, or have family commitments and it's time to stop. God has told us quite clearly, 'Lay it down.' So we are.

The Core Group - what a bunch! Committed (and occasionally in group meetings, I thought they should be!), gracious, patient, tremendously hard-working and a joy to work with. They are, in no particular order: Fiona (AKA she who should be obeyed, but...); hubby, Dave, the money man and drink manager; Carol and Sheila, the singing flyers; Sue, the manic food gatherer (how would we have managed without you?); hubby Ian, long-suffering during the run-up weeks but who always had the last word, *Yes dear*; Sandra, who fitted anywhere and always made it appear cool and easy; and out front (where it all comes together), the glamour machine, Sarah and myself, Peter.

Last year we lost a much loved and valued member of our team, our dear, dear friend, Helen, who went to be with the Lord Jesus Whom she so dearly loved.

As convener, and on a very personal level, I really do thank each Core member for the incredible privilege of working with each one of you during this brilliant project. It has been such fun, and so rewarding.

Where would we have been without the army of people who voluntarily put themselves through this occasional glimpse of Dante's *Inferno* each year? Too many to mention (close to a hundred), but you know who you are, (though sometimes during a weekend you may have wondered) and we do thank you so much, on behalf of the Parkers, naturally, but also on behalf of ourselves. You made it easy for us. (At least, very much easier!) And a big thank you to Mr. W. Boak, who supplied our bacon at very favourable prices. We also won't forget the folk who came along with biscuits in latter years, and homemade soup and sandwiches in the early days. And also those kind people who brought along spin-driers, bins, towels and spare clothes; it really has been a team effort.

Sadly, we mourn the passing earlier this year of Helen Glover, friend and local journalist who has helped us from the early days with publicity, and persuading the local papers to take an interest. There is also an inevitable poignancy in Helen leaving us this fourteenth and final year of the Drop-in.

An important tip! If you've never taken part, this is your last chance to be numbered among the Drop-in saints. And if you have been part of the team in previous years, then sign up again to make this year really special. A party time!

During the past thirteen years, we've dried clothes, given out T shirts and towels, provided areas for 'sleeping it off', arranged transport for Parkers who had lost everything, and given free food when the need has arisen. And we've enjoyed every moment!

*Continued over page...*



## T-in-the-Park Drop-in Centre *Fourteen and Finished!*



*Good hot food, tea and chit-chat in the café*

Prices haven't changed in thirteen years and prices won't change this year. (Although this is not strictly true, we used to charge for drinks, but we haven't for a number of years.) And God's economy has proven itself, year after year.

Always service with a smile for hungry hordes of often wet, weary and worse-for-wear T-in-the-Parkers during the "well-honed, super-efficient, hilarious, manic, back-breaking, full-of-laughter and perspiration, singing bacon-frying, clothes-washing-drying" weekend that is T-in the-Park!



*The mud stained wellies of countless festival-goers have been temporarily parked in the Centre entrance over the years*

July 9th and 10th  
We're having a Party  
Sign up and be a part of it!

(Our biggest compliment from the regulars;  
*You're part of the culture now.*)

To sign up - at no charge and possibly a free bacon sarnie - ring Fiona on 01577 864194, or for more information, ring myself, Peter, on 01577 863509.

To see this article with even more photographs, visit the Articles Online page on our website. Click on **Features**, then **Articles Online**, or go directly to [www.kinrossnewsletter.org/articles.htm](http://www.kinrossnewsletter.org/articles.htm)



## Calling all Community members, groups and organisations in Kinross-shire!



The Community Capacity Building Worker aims to provide the following free workshops, which can help support the progress and development of your group.

- Funding Workshop - Grants Direct (PKC) (**22 September, 6.30pm – 9pm at Loch Leven Campus**)
- Funding Workshop - Big Lottery (**TBC**)
- Funding – Scottish Community Foundation & Kinross-shire Fund (Networking for Communities, **23 June 2011, 10am– 12.30 at Loch Leven Campus**)
- LEAP
- National Community Engagement Standards
- IT Skills
- Disclosure Scotland (**15 September 2011, 9.30am – 1.30 at Loch Leven Campus**)

If you would like to participate in any of the above opportunities please let us know at your earliest convenience as this will help to ensure there is sufficient interest for the workshops to take place. Your feedback is extremely important in influencing a programme that is relevant to the local area; if you are interested, please respond.

Please complete the form below by ticking the relevant boxes and return to Tracey Ramsay (Senior Capacity Building Worker), Loch Leven Community Campus, The Muirs, KY13 8FQ. Alternatively you can call her on 01577 867124 or email [Tramsay@pkc.gov.uk](mailto:Tramsay@pkc.gov.uk)

Workshops	Interested	Day time	Evening	Childcare
Funding				
Minute Taking				
Committee Skills				
Book Keeping				
Presentation Skills				
IT Skills				
Child Protection				
Disclosure Scotland				
Please give details of any other workshop requests or suggested venues				
<b>If childcare is required a cost may apply.</b>				
Name:		Group:		
Contact details:				
Notes				

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## Inaugural Sportive Kinross is runaway success



The inaugural Sportive Kinross held on Saturday 23 April was a runaway success in almost every department apart from the weather. Kinross Cycling Club, who hosted the event, had everything crossed as the Saturday approached and high pressure kept the skies dry and clear only to be dashed at the post on Saturday morning with heavy rain. Nearly 600 of the 650 registered riders turned out the day for the first Scottish Sportive of the season, which started and finished at the Loch Leven Community Campus in Kinross. The event had a touch of F1 Glamour with a Red Bull wings team and one of the famous Red Bull minis complete with free samples of the drink. The press were on hand, with a photographer from the Courier and the roving photographer from Kinross Newsletter. Riders had a choice of three tough routes varying from 45 miles to 87 miles. Riders on the hardest route, the Black Route, took in over 5,000 feet of climbing whilst crossing the Lomond, Ochil and Cleish Hills on their route back to the event start at the campus.



*Pouring rain did not deter cyclists from competing*

Of the starters, 562 hardy souls completed the event with 100 finishers for the Blue route, 241 finishers for the Red route and 221 finishers on the rather testing Black route. Many riders switched route options due to training issues after the very tough winter. The host club was particularly pleased with two of its female riders, Gillian Corsie (Black Route) and Morag Bruce (Red Route), recording the fastest times for female riders on the day.

Event Director and Club Chairman Paul Zarb said: "It's been an exciting day for Kinross Cycling Club. "The event has been a fantastic success, receiving terrific support from riders, the general public and all the external parties involved. "I particularly want to thank the Police for the excellent support and advice they have given us."

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Many riders commented on the event internet forums after the event and this quote is probably a fair summary of the riders reactions to the event:

*"Big thanks to the Kinross CC for putting on an excellent event. Considering this was the inaugural sportive for them they had pretty much got it spot on. Good signage, good marshalling, good showers, lunch provided afterwards and a good fast route on the black run. The amenities were gratefully accepted as the last 30 miles into the wind in the pouring rain left my shivering at the finish"*



*A brave face on an uphill struggle!*

The event organisers have been working with CHAS as the partner charity and are confident once all the money is in and counted they will have raised over £7,000 for Children's Hospice Association Scotland. For more information and photographs and a video of the event, visit the website at [www.sportive-kinross.co.uk](http://www.sportive-kinross.co.uk)

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# portmoak festival, 26 june ~ 3 july

This year's Portmoak Festival promises to be another fun packed week of entertainment and community based events. There will be something for all ages including some firm favourites such as:



**The Pudding Club**  
**Cream Teas**  
**Jazz night**  
**Family Ceilidh**  
**Classical Concert**  
**Childrens Concert**

This year we are also introducing **Zumba** and **Ceilidh Kids**. Local talent will be on display at our Art Exhibition, with local craft work being demonstrated most afternoons at the cream teas. 'Nostalgia' is the theme for the church exhibits this year with community groups and organisations displaying their skills.



The Portmoak Festival is based in local venues including the church, village hall, pubs, school and the Festival Marquee. The marquee will be sited at the **Old Bee Garden, Main Street, Kinnesswood** (east side) – the same site as last year.

The Festival starts with the Grand Opening of all the exhibitions in the Portmoak Village Hall at 2pm on **Sunday 26 June**.

Tickets for Festival events may be bought at the village shop, Kinnesswood. Tickets will also be on sale during festival week at Portmoak Hall during exhibition hours. Alternatively, call 01592 840655.

For additional information, and a full timetable of events, please visit the website [www.portmoakfestival.org.uk](http://www.portmoakfestival.org.uk) or email [prtmkfestival@googlemail.com](mailto:prtmkfestival@googlemail.com). You can also follow us on Facebook: Portmoak Festival

We look forward to welcoming you all to this year's Festival.

*See next page for a timetable of Portmoak Festival events*



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**For full details please contact Liz  
McKay on 01577862237 or e-mail  
[office@kinrossgolfclub.co.uk](mailto:office@kinrossgolfclub.co.uk)**

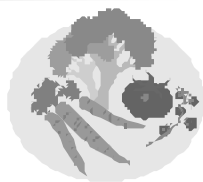
# Portmoak festival ~ 2011

	Sunday 26th	Monday 27th	Tuesday 28th	Wednesday 29th	Thursday 30th	Friday 1st July	Saturday 2nd	Sunday 3rd
<b>hall</b>	Grand Opening of Exhibitions in Hall, Church and New Rooms, 2pm - 4pm	Art Exhibition Mon. to Sat. 6pm - 8pm (Closed Sat. Evening)	Cream Teas Mon. to Fri. 2pm - 4pm	Mon. to Fri. 6pm - 8pm	Tutti Frutti Chocolate Heaven			
<b>church</b>	Family Service 10 am Classical Concert 8pm Donations	Exhibition:- Nostalgia Sun. to Sat. 2pm - 4pm 6pm - 8pm (Closed Tues. & Sat. Evening.)	Children's Concert 6pm David Munro Talk 8.30pm					Michael Bruce Service 6.30pm
<b>new rooms</b>		Quiet Room Sun. to Fri. 2pm - 4pm 6pm - 8pm			Healing Rooms 6pm - 8pm			
<b>marquee</b> The Old Bee Garden, Kinnesswood Disabled parking only.	To buy tickets call in at :- Village Shop, Main St. Kinnesswood During the Festival they are also available at:- Portmoak Village Hall 2pm - 4pm 6pm - 8pm Or phone 01592 840655	Enjoy a Ball 1pm - 5.30pm Class times below	Under 5's Cellidh Kids 10am - 11.30am £1.50	School Assembly 1.30pm P7 Prom 6.15pm - 9.15pm Tickets from schools	Jazz Night 8pm - 11pm Tickets £12	Zumba 2pm - 3pm £2.50	Cellidh 7.30pm - Midnight Tickets £7/£3	Praise Band Service 11am
<b>other venues</b>		Junior Football Challenge Portmoak PS 6.30pm Pub Quiz Balgedie Toll 9pm	Enjoy a Ball (Age 2.5 - 4) 1pm - 1.45pm (Age 5-7) 3.30pm - 4.30pm (Age 8-9) 4.30pm-5.30pm	Adult Football Portmoak PS All abilities welcome. 7.30pm Pub Quiz The Lomond Inn 9pm				

Facebook:- Portmoak Festival

[www.portmoakfestival.org.uk](http://www.portmoakfestival.org.uk)

## Hay Fever and Allergy Alert - How to minimise symptoms of hay fever and eczema allergies



By Alisa V Wilson, nutritional consultant

Summer is now upon us, but with an estimated 16 million people in the UK suffering from hay fever, not everyone looks forward to the sunny months. As the trees begin to pollinate and flowers appear, pollen returns, triggering an allergic response in sufferers.

Precisely when the hay fever season starts depends on your particular triggers. For many people, birch tree pollen starts the sneezing, which can be as early as March. Grass pollen usually makes its first appearance in early May, becoming more prolific as the summer goes on. Mugwort and chrysanthemum take over in the autumn and mould spores are abundant around harvesting time.

### The Root Cause of Symptoms

Like all allergies, hay fever is an abnormal reaction by the body's immune system to a normally harmless substance – in this case pollen. What happens is that proteins called IgE antibodies lock on to allergens (the substances such as pollen that trigger allergies), and this stimulates the body to release histamine and other chemicals. These, in turn, trigger a host of symptoms including sneezing, itchy eyes, runny nose and even irritability and tiredness.

So how do you stop this reaction spoiling your summer? If you go down the conventional treatment route you can try antihistamine tablets, nasal sprays or filters, or eye drops which work by suppressing the release of histamine. For those wishing to avoid medications however, there are more natural alternatives to managing symptoms.

### Diet Matters

To reduce allergic responses, you first need to reduce histamine rich foods in the diet. This includes items such as cheese, coffee, red wine, chocolate and beer as they all aggravate the histamine response and can make hay fever symptoms worse.

Additionally, you should look at reducing inflammatory responses and ensure the diet contains enough essential fatty acids; a good balance of fish oils plus Omega 3 and 6 fats. Fish oils are the most effective at reducing the inflammatory response caused by eczema and can work wonders on nourishing the skin from the inside. For eczema sufferers, the diet can cause problems and is often linked with intolerance of or an allergy to dairy foods, so removing dairy foods may help.

Research has shown that antioxidants found in fruit and vegetables can help to fight infection and disease. But now it seems the health and immune-boosting benefits of five (minimum!) fruit and vegetables a day can also extend to allergies and hay fever. Antioxidants rich foods include:

- **Fruits** berries (cherry, blackberry, strawberry, raspberry, blueberry, black currant), pomegranate, grape, orange, plum, pineapple, kiwi fruit and grapefruit.
- **Vegetables** Kale, chili pepper, red cabbage, peppers, parsley, artichoke, Brussels sprouts, spinach, lemon, ginger and red beets.
- **Legumes** Broad beans, pinto beans and soybeans.
- **Nuts** Pecans, walnuts and hazelnuts.
- **Cereals** Barley, millet, oats and corn.
- **Spices** cloves, cinnamon and oregano.

Dietary changes can have a big impact on minimising symptoms. If you look at the underlying cause of the sensitivity, detoxify the body and reduce inflammatory responses and inflammatory foods, then you can control the symptoms much better and make life much more liveable as an allergy sufferer.

Alisa Wilson is a qualified Naturopathic Nutritionist (Dip. Nutritional Therapy). She runs a local consultancy, Nutritionalise, [www.nutritionalise.com](http://www.nutritionalise.com)

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### Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit **[www.kinross.cc](http://www.kinross.cc)**



## Diets Don't Work!

By Caroline Winn, Master NLP Practitioner & Master Coach, Ascent NLP Ltd.

Have you ever dieted, only to put the weight back on afterwards? Or worse, ended up weighing even MORE? Yo-yo dieting is well known, with celebrity sufferers including Oprah Winfrey, Fern Britton and Sarah Ferguson, Duchess of York. So why don't diets work?



When you think of dieting, what immediately comes to mind? Some think: "I can't eat chocolate"... or chips, alcohol, or whatever your favourite foods are. Many say: "denial", or calorie counting, depravation, cravings, hunger... All have very negative associations.

Think about "I can't eat chocolate" for a moment. Really think about it. What's the very next thing that pops into your mind? Was it chocolate?! This is because your unconscious mind can't process a negative. When you think "I can't have" something, your unconscious mind actually needs to process "having" it first, before it then switches this to "not having" it. And by then, it's too late – the deed is done, you're craving chocolate, making it doubly hard to not eat it!! Go on, try it now... whatever you do, don't think of what's in your fridge right now. Just don't think about your fridge contents. So, what did you do? What came to mind?

How often have you heard dieters say "I don't want to be fat"; or "I don't want to be out of breath when I run after the kids"; or "I don't want to be bullied any more". Focussing on what you don't want often ends up giving you exactly that: **what you DON'T want**. Having a positive motivation is MUCH more effective: how much better does "I want to be as healthy and as happy as I can be" feel to you as a motivator? Eating healthily and exercising then becomes more of a lifestyle choice, a way of life, rather than a chore.

Dieters are often looking for a quick fix to their problem, rather than choosing long-term healthy lifestyle changes. Initially, they work hard at the diet, cut back on their eating, increase their exercise... all good things. Some have great success. Some get stuck on a plateau and give up. Some simply "fall off the wagon", and for others, life intervenes, throwing in other issues that demand attention. After the diet, the crucial thing is what happens next: most gradually slip back to their old ways of eating, their old ways of behaving – not exercising – and the weight creeps back on with time. For many, this triggers the need to start another diet... and so the yo-yo dieting process commences.

A far more effective way to control your weight is to look at your emotional response to food: when you eat, why you

eat, as well as what you eat. Understanding your emotional reactions to food, to the environment around you, and understanding your own personal trigger-points can REALLY help you to learn about, and then gain control over your eating habits.

For example, consider these questions in relation to your eating patterns:

- Do you only eat when you're hungry?
  - What do you do: when you're depressed or sad; when you celebrate or reward yourself?
  - What do you do: if you have a bad day at work; if you're stressed to the max?
  - Do you then eat? If yes:
    - ◊ Do you eat to feel better about yourself?
    - ◊ To provide comfort?
    - ◊ Because it feels good?
- What do you eat in these situations?
- "Healthy" food - Fruit and vegetables?
  - Or takeaways, fast food, fizzy drinks, chocolates...?
  - How much do you eat: just one small biscuit – or the whole packet....?

An NLP coach can help you to firstly understand your emotional relationship with food, and then to change your behaviour patterns. Were you taught to always clear your plate as a child? Or did you have periods when food was in short supply? A coach can help you to understand and identify your emotional eating trigger-points, and then to replace the unwanted behaviour – eg wanting to eat crisps – with a more desired behaviour, eg wanting to go for a walk. Your coach can also help you change what foods you like and dislike – very quickly and effectively. Want to stop eating chocolate, or chips? Easy! Want to drink only one glass of wine, instead of the whole bottle? Done! In some cases, your coach can even help you to change your metabolic rate, to great effect.

NLP coaches can help you to gain control of your eating, rather than have your eating control you. Stop dieting\* and take control of your eating, now!

*Caroline Winn is a qualified Master Practitioner of NLP, Time Line Therapy and Hypnosis, and a Master Coach at Ascent NLP Ltd, [www.ascentnlp.co.uk](http://www.ascentnlp.co.uk). Her coaching services are also available through The Zen Zone in Milnathort.*

*\* Before commencing, or making major changes to, a diet, please seek medical advice from your doctor or other health practitioner.*

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# Police Box

## Reducing Thefts of Metal

Lead and copper are expensive commodities and their value has risen considerably in recent years. This is due to a world shortage following an increase in demand from China, India and Dubai. Stealing these metals has, therefore, become attractive and profitable to thieves.

The theft of lead from the roofs of houses, churches, commercial buildings and outbuildings has become much more commonplace than it used to be and lead and other metals stored in open yards are vulnerable.

The following advice can help to reduce this type of theft:

- Remove easy access onto building roofs, such as water butts, waste bins and tall trees located near to the building.
- Store ladders in a secure place. This is particularly important when building works involving the use of scaffolding are taking place.
- If you own or work with a company, encourage all personnel to report anything deemed to be suspicious on or in the general vicinity of the premises.
- Report any sightings of suspicious pedestrian and vehicular movements to the Police to allow appropriate action to be taken immediately.
- Ensure that installed CCTV systems are fully functional.
- Ensure that adequate external lighting sources are available at vulnerable areas of storage yards as this will deter criminals from seeking potential 'weak spots' to operate within.
- External security fencing or barriers should be checked for potential 'weak spots'.
- Consideration should be given to moving vulnerable metal products closer to buildings if this will improve the overall ability to monitor it.
- If possible, permanently mark materials in such a way that if they are stolen and later recovered, identification will be possible. Keep photographic records of particularly valuable or unusual items.
- Consider displaying appropriately worded security signage possibly indicating that metals are security marked.

Your determined efforts to protect your property from being stolen will prove to be a positive deterrent to both opportunist and career criminals.

## Open Door at Loch Leven Campus

We would like to remind you that we now have hold an open door surgery in conjunction with Loch Leven Campus. The facility is held within the school and we welcome anyone who may wish to drop by to speak to a local community officer. Loch Leven Campus have very kindly provided an office directly adjacent to the main reception where a local community officer will be available to talk to without appointment. We would encourage students, staff and any

members of the public to pop in and speak to us on any issue at all, whether you're looking for advice on a burning issue or merely to drop by and find out who your local officer is. We very much hope this facility will be well utilised and we look forward to speaking with you.

The open door will be available each Thursday between 3.30pm and 4.30pm. Please ask at reception.

## T in the Park 2011

As part of Tayside Police's Community Relations Strategy for T in the Park 2011, public meetings are being held at the following locations:

<b>Fossoway CC Meeting</b>	Blairingone Primary School <b>Tuesday 7 June</b> 1900 hrs
<b>Milnathort CC Meeting</b>	Milnathort Primary School <b>Thursday 9 June</b> 1900 hrs
<b>Kinross Police Office</b>	<b>Monday 13 June</b> 1900-2100 hrs
<b>Carnbo Village Hall</b>	<b>Tuesday 14 June</b> 1900 hrs

The purpose of the meetings is for members of the local community to meet with Sergeant Sandra Williams, Tayside Police's T in the Park Community Liaison Officer to discuss any issues that local residents may have regarding this year's event.

Any person that is unable to attend the meetings and wishes to discuss matters can contact Sergeant Williams on the following number: 01577 867761.

## Crime Stoppers - Telephone Number 0800 555 111

This is a free phone number (unless you are using a mobile phone) which any member of the public can contact at any time if they have information relating to criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

## Contacting your Community Officers

Kinross Police Station:	<b>Telephone 0300 111 2222</b>
Open Door drop-in at community campus:	<b>Thursdays, 3.30pm-4.30pm</b>
Give online feedback:	<b><a href="http://www.tayside.mypolice.org">www.tayside.mypolice.org</a></b>

Area Officers:

<b>PC Stuart Johnstone</b>	Kinross
<b>PC Brian Easton</b>	Milnathort & Portmoak areas
<b>PC Nicky Ward</b>	Cleish & Blairadam, Fossoway and Glenfarg areas
<b>PC Euan Mitchell</b>	Abernethy and Bridge of Earn areas

Follow officers on Twitter using the names: KinrossPC, MilnathortPC, GlenfargPC and BridgeofearnPC.

## Kinross-shire Visitor Information Points

Loch Leven Fishing Pier; Robertson's of Milnathort;  
Kinnesswood Village Store;  
Fossoway Stores, Crook of Devon

## Need to check something in an old Newsletter?

Consult our electronic archive at  
**[www.kinrossnewsletter.org](http://www.kinrossnewsletter.org)**  
Issues from September 2006 to two months ago available

# Community Council News



The Community Council News is produced from edited draft CC minutes. Some CCs have full minutes on their websites. Full Kinross CC minutes are lodged in the local Library and County Buildings. All Community Council meetings are open to the general public.

## Kinross Community Council

### News from the May Meeting

Present at the meeting held on 4 May were: CCllrs C Watson (Chair), B Davies, D Cuthbert, D West, D Colliar, D Mackay, M Blyth, W Freeman and M Scott (Secy). Also in attendance were three members of the public. Apologies for absence were received from CCllrs L Mackay and I Jack and P&K Cllrs K Baird and S Miller.

**Police report:** There was no police representative.

**Kinross Newsletter:** The Chairman explained that there are now two separate companies, i.e. Kinross Newsletter Limited, the trading company which produces the Newsletter, and Kinross Community Council Newsletter Limited, the charitable company responsible for disbursing any surplus monies. The Board of Directors of KNL are two CCllrs and the Newsletter Editor and Treasurer. The draft accounts were received from Ross McConnell and available for perusal by the CC. Both Ross McConnell, Treasurer, and Eileen Thomas, Editor, would prefer if the annual reports were presented through the corporate structure. The Officers for the time being of Kinross Community Council are the Directors of the Charitable Company. The CC, however, would like to address some queries direct to the Treasurer and we are to invite him to our next meeting for this purpose. We are also to check the position re. annual accounts for the Charitable Company. It was to be noted that the CC have agreed to utilise funds from the Newsletter for the County Buildings project.

**Wallace Land:** A number of people were present to listen to the presentation from Wallace Land. However, an apology was given in that the arrangements were changed and Wallace Land have now agreed to attend our June meeting. The Secy handed out her email address and if those attending contact her nearer the time she will confirm whether or not Wallace Land will be in attendance.

**Pier Road:** Communication received from Brian Cargill, PKC. He recognises the CC's initial opinion on the proposals, however feels that there would be merit in carrying out a site meeting to discuss the benefits of the proposals. Suitable dates and times were put forward. The Secy will respond and inform CCllrs Colliar and Watson.

**Live Active Leisure:** Paul Cromwell from Live Active Leisure replied to our communication and mentioned the Campus Partnership Group, adding that this would seem the appropriate forum for this type of discussion. He further stated that Ramsay Cooper represents the CC. The next meeting is 16 June and he will ensure that LAL are represented. However, he would be more than happy to respond to any specific issues that the CC has regarding the booking of sport and leisure facilities at the campus. The Secy has emailed him advising that Ramsay Cooper is not a member of Kinross CC. CCllr Davies reported that he has received further emails/telephone calls relating to the campus and he will pass on this information. The Secy is to request minutes in relation to the Campus Partnership Group meetings.

**Convention of P&K CCs:** Fossoway & District CC has proposed a motion calling for the dissolution of the Convention. A meeting was held on 20 April, the result of which four CCs supported the motion to disband, two opposed and two abstained. The motion failed as the Constitution requirement of two thirds of members present to support the motion was not met. Out of 47 active CCs in Perth and Kinross area only 18 are paid up members. There is a lack of volunteers for Officers and a general lack of interest in the Convention, its aims and objectives. Due to this there is the added inability to form a quorum at many meetings. The Convention joined the Planning Users Forum, their latest proposal is that an objection from a CC should be sufficient for a planning application to be considered by the Planning Committee. They advise that the Council has indicated that this might be possible, but only if there is clear support from CCs. They emailed the proposal to CCs towards the end of February and to date only received seven responses - six in favour and one against. With such little interest, they have no mandate to press for the required change in the Council's Scheme of Delegation.

**Core Paths:** Notification from PKC of proposed amendments to various paths, i.e. addition of that section of the Loch Leven Heritage Trail which has already been built between Kinross and Vane Farm and the path following the existing footway westwards from Middle Balado to Killoch Bridge. Various plans were available for perusal. PKC does not favour the inclusion of the unbuilt section of the trail and the proposed amendment of KROS/1 (an existing right of way) at Cockairney Feus. Following discussion it was agreed to invite Mr David Stubbs to our next meeting to discuss this.

### Future of Kinross Buildings

**County Buildings:** The Chairman read out a letter received from David Littejohn of PKC. The Council is keen to support the CC/Partnership proposals for these premises and grant a licence for a year. A report has been prepared and a meeting is to be held on 25 May; we should hear shortly thereafter if the full Committee agree to this project. There will be certain restrictions on the classes of use for the building. The Partnership is attempting to arrange to look over the building.

**Swansacre:** Building works are ongoing.

**Town Hall:** The contract for the sale has now been concluded subject to the purchaser obtaining satisfactory planning consent.

**High School:** The Council have advised that they have serious doubts as to whether the prospective purchaser will continue with this site and have written to them in this regard. It may be that the property will be put back on the market.

### Planning Application Lodged:

11/0068/AML Smiddy Cottage, Cleish: Erection of a dwelling house (approval of matters specified in conditions). There was no objection.

### Planning Applications Approved:

11/00211/FLL 8 Muirfield Grove: extension.

11/00093/FLL Kinross Tennis Club: Installation of two additional floodlights.

11/00344/FLL The Woodlands, Hatchbank: Alt/extension to dwelling house and erection of garage.

10/02099/FLL and 10/02098/LBC Kinross House: Change of use from the existing dwelling to mixed use and repairs to stonework and rhones.

10/02203/FLL and 10/02202/LBC The Stables, Kinross House: Alterations, partial demolition and change of use of stables to form eight guest accommodation units.

10/02103/FLL Roselea, 10 School Wynd: Change of use of public open space to garden ground and erection of a wall and gate.

11/00283/FLL 53 Green Park: Alt/extension.

11/00124/FLL Classloch Farm: Substitution of a grain store with a general purpose shed.

11/00363/IPL 198 High Street: Demolition of workshop and erection of two flats (in principle).

11/00260/FLL Scottish Motor Auction: Variation of condition 3 of previous consent to alter hours of operation.

**Planning Application Refused:** 11/00180/FLL 4 Smith Street: Change of use from garden ground to hardstanding for commercial purposes (in retrospect).

**Memorial Seat to John S Wilson:** It was agreed that CCllr Colliar would price a replacement.

**Display Case at Bus Shelter:** The Secy is to contact Andrew Warrington in relation to this matter.

**Overhanging Trees/Bushes:** CCllr Blyth reported that she had received a complaint in relation to overhanging bushes at Springfield Park. It was noted that these have now been cut back. We are to ask the Editor to place a reminder in the Newsletter.

**Roads:** CCllr Cuthbert commented on the condition of the roads, which are full of potholes. It was agreed that we contact Stuart D'All.

**The Next Meeting of Kinross CC will be held on Wednesday 1 June 2011 at 7.30pm at the Masonic Hall, Muirs, Kinross.**

### Agenda for the June Meeting

1. Apologies for Absence
2. Minutes of the Meeting held on 4 May
3. Police Report
4. Presentation by Wallace Land
5. Newsletter Accounts
6. Matters arising from May minutes
7. Future of Kinross Buildings
8. Planning Matters
9. Reports from P&K Councillors
10. Miscellaneous Correspondence
11. Other Competent Business
12. Date of Next Meeting (6 July)

Members of the public wishing to address Kinross CC are requested to contact the Secretary in advance and supply a copy of any relevant papers.

### Need Equipment for a Community Event?

Marquees, Gazebos, Chairs, Tables and more available to hire (or sometimes borrow).

Items are listed on [www.kinross.cc](http://www.kinross.cc) at:

[www.kinross.cc/equipment\\_hire/equipment.htm](http://www.kinross.cc/equipment_hire/equipment.htm)

If your community group has items it would be prepared to lend or hire out, please add them to the list.

## Milnathort Community Council

### News from the May Meeting

CCllr Hamilton, Chairman, welcomed CCllrs Cottingham, Bennet, Smith and Thomson to the meeting held on Thursday 12 May. Also in attendance were Minute Secretary E Rougvie, Sgt Williams of Tayside Police, P&K Cllr Robertson and 14 members of the public. Apologies were received from CCllrs Milne Home and Halford, P&K Cllr Baird and Tracey Ramsay, senior capacity building worker at Loch Leven Community Campus.

**Plaque:** CCllr Smith had in his possession the plaque for Tillywhally Wood, which he will present to CCllr Halford.

**Graveyard:** CCllr Hamilton advised that a meeting was still to be set up with PKC with a view to carrying out long-term repairs to the cemetery wall.

**Crash barriers:** CCllr Hamilton reported that BEAR Scotland is responsible for the crash barriers for the first 30 metres of Hattonburn Road, but Cllr Baird is to find out who is responsible for those beyond that point, as they had fallen down.

**Police matters:** Sgt Williams advised that she will talk about T in the Park at the next CC meeting. In response to a member of the public who requested speed bumps in Wester Loan, she said that this was a matter for the Council.

**Planning applications lodged:**

**Springwood Cottage:** Alterations and extension. Noted.

**Erection of a wind turbine** on land 100 metres east of 7 Netherhall Steadings: It was noted that the proposed turbine would be in close proximity to an existing one, but would be 20 metres shorter. In an e-mail, CCllr Milne Home had also questioned the viability of the turbine, but this was not a matter for the CC and after a brief discussion, it was agreed not to object.



*Kinross Cricket Club has lodged an application for cricket facilities close to Burleigh Castle*

**Erection of a cricket pavilion and ancillary structures, and formation of vehicular access at Burleigh Castle,** Burleigh Road, for Kinross Cricket Club: While the plans were welcomed in general terms, concerns were raised about the proximity of the proposed pavilion and car park to the castle and the siting of the car park entrance. After discussion, it was agreed that CCllr Cottingham would write to PKC to support the idea, but express serious reservations about the access, given that it is on a blind bend; comment on the proximity to the castle and request that if planning consent is granted a condition should be included that there is no floodlighting. The CC would also wish the club to change its name to Kinross-shire Cricket Club to reflect its location.

**Planning application determined:** Proposed site for three residential plots (in principle) to the north of East Netherton Farm. The CC noted that this application had first been submitted in 2006 under Abernethy CC, and had therefore been unaware of it.

**Back Loan Park:** It had been suggested by PKC that the park in Back Loan could be called the 'Wee Park', but the CC unanimously agreed to the suggestion by Cllr Robertson that it is named 'Jessie's Park' in memory of Mrs Jessie Porter, and will ask her family for permission to do so. An official opening and community celebration had been arranged for 26 May.



*The children's play area, Back Loan Park*

**Venue for CC meetings:** As the school was not available all year round it was agreed to take up an offer by Orwell Church for the use of the hall as a permanent meeting place in return for a regular donation. The school is already booked for the June meeting and there will be no meeting in July, so the new arrangement will begin in August. The time of the meetings will also revert to 7.30pm.

**Visit by Tracey Ramsay:** The senior community capacity building worker at Loch Leven Community Campus had been due to address the CC, but as she had been unable to attend, it was agreed to invite her to a future meeting.

**Wester Loan proposals:** A number of Wester Loan residents were in attendance to express their dismay at the traffic calming, parking and pedestrian safety measures that were proposed for the area under the Placecheck scheme. They were angry at a lack of consultation prior to the plans being produced. They said that only one meeting had been held, to which just five people had been invited. None of the residents in adjoining streets had been consulted even though they would also be affected. The plans include a cobbled island at the junction of Wester Loan, North Street and Manse Road, with bicycle racks and trees. Trees would also be planted on the side of the street, which residents felt would make it narrower and take up valuable car parking spaces. The central area was not desirable as large vehicles often had to turn there. In addition, a large number of agricultural vehicles had to use the road and the addition of the trees would make access even more difficult for them. The CC agreed it was unfortunate that they had not been involved in the process, as they had with the South Street crossing plan, as it was felt that a solution could have been reached that would be satisfactory to all. After further lengthy discussion, it was agreed that the CC will contact Diane Cassidy of Placecheck to say that while most of the plan was acceptable, especially the raised road surface,

which would prevent traffic speeding down North Street, the trees were neither desirable nor in keeping with the area and the bicycle racks were unnecessary.



*The junction of Wester Loan, North Street and Manse Road*

**Old railway line walk:** Cllr Robertson advised that he had been asked by a resident whether it would be possible to site a couple of benches along the stretch of pathway between Auld Mart Road and Burleigh Sands, locally known as the old railway line. This is a very popular walk and if any local businesses or individuals would like to sponsor a bench or make a donation they are asked to contact a member of the CC.

**Road sign:** A member of the public said that the road sign at the foot of Wester Loan had been moved. Cllr Robertson will address this. CCllr Bennet suggested that any members of the public who notice such problems can report them at [www.fixmystreet.com](http://www.fixmystreet.com) and they will be passed to the council.

**BBC broadcast:** CCllr Thomson commended the proprietor of the Thistle Hotel for hosting the live BBC broadcast that had taken place on election night. The community had been shown in a very good light.

**Mrs Jessie Porter:** The CC unanimously paid tribute to Mrs Jessie Porter, who had been a member of the CC for many years and had made a significant contribution to the village. She will be very sadly missed.

**The Next Meeting of Milnathort CC will be held on Thursday 9 June at 7pm in Milnathort Primary School.**

Milnathort CC minutes are posted on

[www.kinross.cc/milnathort/milnathort.htm](http://www.kinross.cc/milnathort/milnathort.htm)

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## Portmoak Community Council

### News from the May Meeting

Present at the meeting held on Tuesday 10 May were: CCllrs M Parkin (Chair), J Bird, R Cairncross, T Smith, P&K Cllrs Baird and Robertson and five residents. Apologies were received from CCllrs Williamson, Strang Steel, Forde and P&K Cllr Barnacle.

**Police report:** PC Euan Mitchell said that there were no incidents reported during the last month in the parish of Portmoak. However, in Milnathort, elderly residents had been targeted by rogue workmen, and in Kinross, cars with valuable accessories had been targeted.

PC Mitchell reported that thefts from cars at Burleigh Sands had ceased following Police action to identify a suspect. The CC thanked him for this action, as did Cllr Robertson.

An explanation of a new project within Tayside Police, "Transforming Tayside," was given, details of which are on the CC website.

**Treasurer's report:** No activity since the last CC meeting; £555.64 in the two accounts at end of March. Audited accounts have been sent to PKC to release our annual grant.

**Stephen's Field: Kinnesswood:** The Chairman reported that it had been agreed that insurance to cover public liability would be provided free of charge by PKC if the field remained unused. There were certain requirements, such as no buildings to be erected, and provision to PKC of an accurate map of the area owned by the community. Should a community group wish to use the land on a regular basis, an additional insurance would be available via PKC at low cost, and insurance for a single event, such as a village fête, could also be provided at reasonable cost. The figure of £100 had been indicated to the Chairman.

The secretary gave a brief history of how the field will be transferred to the community. To date we are still awaiting Council/owners agreements. One area of concern was that the land should not be transferred to the community before its use by the present owners for things such as the dumping of topsoil was complete. It was agreed that the gate and fencing from Bishop Terrace was in need of repair, and the present owners would be asked to do this now while the field was still in their ownership.

**Balgedie Toll to Mawcarse Road:** Cllr Baird would follow up on one missing horse warning sign, and also agreed to follow up on two damaged signs on the A911 at Wester Balgedie.

**Hedge alongside playing field, Kinnesswood:** Now complete. It was noted that the CC had written to PKC thanking them for the work which had been carried out.

**Kinnesswood Bus Shelter area:** The Chairman had spoken with a local resident who had stated that his gable wall had become damp since paving slabs had been lifted in the garden area and replaced with soil. The resident also had a concern over any development of this particular area, particularly if vehicular access was involved. The Chairman had suggested to the resident that "improvement" would be a better description of any likely work to the area, as it was the word "development" that had triggered the concern and contact from the resident.

Cllr Smith explained the suggestions which had been made by Kinnesswood in Bloom for improvement of the Bus Shelter area:

- Screed the floor in the bus shelter
- Paint the seats
- Reposition the notice board within the shelter if sufficient lighting could be established.



*Kinnesswood bus shelter*

**Meeting with Gliding Centre:** There had been another meeting with the Gliding Centre. This would be an ongoing situation, and would not be minuted in the future.

**Build Outs:** There were a number of issues with the new style build outs which Cllr Baird would progress.

**Snow clearance and gritting of roads during last winter:** The report had been forwarded to PKC and would be made available on the CC website.



*River Leven Trustees have been contacted regarding the water level in Loch Leven*

**Water level in Loch Leven:** The Chairman had contacted the River Leven Trustees via their website and had not received a reply. He had also written to the Chairman of the Trustees on 3 May, requesting information about the method of control of the water level in Loch Leven, and expected a reply for the next meeting.

**Convention of P&K CCs:** The Chairman had attended the meeting on 20 April held for the purpose of dissolving the Convention. This had not happened, and another meeting will be held.

**Need a new member of staff?**

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**www.kinross.cc**

### Sub Committee Reports

**Paths, Pavements and Roads:** Cllr Smith had reported two incidents of potholes to Clarence on the PKC website. This was a good system for residents to report a road problem.

There is sufficient money available for this year's cutting of the MBW grass, but suggestions to fund next year would be considered by Cllr Smith and Parkin. There was also maintenance work required on the path.

With regard to the path alongside the A911, it was agreed that the CC should write and thank PKC for completing the work. A copy of a letter received by a resident from the Planning Officer at PKC regarding the path, and specifically the retaining wall at Portmoak Hall, was read out. No copy of the original letter sent by the resident to PKC had been received by the CC. Some discussion then arose in trying to determine the exact cost of the whole of the project. The Chairman said that his understanding from information received was that the whole of the works had cost in the region of £57,000, with some adjustment to be made due to ongoing snagging and retentions made by PKC to the contractor's account, but the copy of the letter from the Planning Officer at PKC, given to the CC by a resident, as mentioned above, said that to date £69,814 had been paid, and even that figure would be liable to change, as the Roads Department had not agreed all costs with the contractor to date. It was agreed that the final figure would emerge in due course.

Cllr Baird agreed to follow up the replacement of the Kilmagadwood sign.

A resident questioned whether the handrail on the retaining wall opposite the hall was properly secure, as he thought that it was only bolted to the top row of bricks, and had moved when he had used it recently. Cllr Baird would follow this up with PKC.

Discussion then followed on where the CC should direct their efforts on further paths in Portmoak, and the need for paths between Wester and Easter Balgedie, and also from Scotlandwell to the Church.

It was suggested that more residents were likely to use the path from Scotlandwell to the Church and it might be possible for a grassed part of the fields between Easter and Wester Balgedie to be used.

Cllr Robertson agreed to follow up on certain suggestions regarding these paths, particularly in view of visitors to the area who were walking around the various loch paths, and then finding themselves without any pavement whatsoever between Wester and Easter Balgedie.

**Planning:** Cllr Cairncross explained that the latest information regarding planning applications could be found on the CC website. All of the 2010 applications had been determined although there were still outstanding applications which had been submitted in 2008/9.

Three applications were mentioned:

1. Erection of dwelling house, livery, stables and associated buildings at Portmoak Livery Stables, Scotlandwell (11/00496/IPL). This is in the area between the sewage station and the newly built houses, alongside the track to Portmoak Moss.
2. Alterations and extension to house at The Clunes, Leslie Road, Scotlandwell. (11/00388/FLL)
3. Alterations to dwelling house and installation of windows at Priory Bank, Back Dykes Road, Kinnesswood. (11/00659/FLL).

Apart from recognising that two were in conservation areas, no other comments would be made regarding the applications.

The status of the retrospective application regarding the static caravan at the Stables, alongside the airfield, remained to be established.

The CC would consider the request by residents at Kilmagadwood to have the village boundary changed so that the potential third building plot was excluded.

The CC was awaiting the response from a meeting planned between PKC Legal and Planning departments, following procedural problems that had been brought to their attention, as detailed in last month's minutes.

### Other Business

Information from PKC re 'The Big Lunch Scotland' planned for 5 June. Further details can be found on PKC website, Facebook, and Twitter.

The **Peoples Postcode Trust** was looking to give grants. Interested parties should look at [www.postcodetrust.org.uk](http://www.postcodetrust.org.uk)

A resident who had previously sent a letter to the CC regarding future building work at **Wester Balgedie** gave further information regarding the letter, and made a brief presentation of the contents of that letter to the meeting. He stated that there had been a meeting of Wester Balgedie residents (who lived in the immediate vicinity of the farm buildings) who were affected by the recent planning application. The residents were not against development, just the previous proposals put forward. The content of the report (which can be found on the CC website) was considered on the basis of care for the hamlet in which they lived, and the further investment of the heritage of the village. The Chairman thanked the residents for their input and supported the pro-active approach made by the residents (also supported by the Ward Cllrs), although the CC could not make a formal comment until such times as a planning application had been submitted. The Chairman, however, felt that the CC could write to PKC, to whom the Report had already been sent by the Wester Balgedie residents, and express support for the positive approach they had taken.

### Communications since last meeting

A full list of communications is contained in the Portmoak CC minutes. Some not otherwise mentioned above include:

- Kinross High School, Young Person Award.
- T in the Park local community forum meeting.
- Planning Aid waste training day.
- Convention of P&K CCs Planning Users forum.

**The Next Meeting of Portmoak CC will take place on Tuesday 14 June 2011 in the Primary School at 7pm.**

Portmoak CC minutes are posted on the website

**[www.portmoak.org](http://www.portmoak.org)**

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# Club & Community Group News



## Army Cadet Force and Sea Cadet Force

### Cadets' success in Standard Bearers Competition



Cadets from across Fife and Kinross came together to compete in the Royal British Legion Scotland Standard Bearers Regional Competition 2011. The cadets represented the Army Cadet Force and the Sea Cadet Corps. After inspection, the cadets competed as individuals, judged by adjudicators from the Legion.



*Competitors in the Standard Bearers competition*

The standard of every cadet is so high; immaculately dressing and completing each drill movement with precision, the judges were hard pressed to find fault. With parents, officers and staff from their units watching, the pressure on each cadet was high.

The results were: in third place, Corporal Megan Beveridge, Royal Signals (Kinross) Army Cadet Force; in second place, Leading Cadet Shaun Anderson, TS Ajax, Sea Cadet Corps and in first place Corporal Kaitlyn Barnes, Black Watch (Stanley) Army Cadet Force. Corporal Barnes will go on to represent Fife and Kinross at the National Finals in June for the second year.

The medals were presented by Mrs Fiona Symon, Chair of the Lancastria Association of Scotland.

## Kinross-shire Round Table



If we thought 2010 was a fun and frantic year, 2011 is shaping up to be every bit as good.

We took the Santa Sleigh and reindeer for a spring training run from Kinghorn to Montrose in support of the RNLI Message in a Bottle campaign. Round Table have supported RNLI as our National Charity this last year and have nothing but admiration for their dedication and selflessness. Our outing drew a few confused glances as Santa posed with a 15' inflatable bottle in the sleigh in glorious spring sunshine outside various lifeboat stations. The highlight had to be in Anstruther where we had a surreal debate with a French film crew about the superiority of a fish supper over French cuisine - while dressed as Santa.

Our AGM saw a changing of the guard as we bade farewell to a number of Table stalwarts who have reached a level of maturity where they must make way for the next generation. Richard Pool has stepped up to the mark as Chairman with the aim of continuing the progress driven by Immediate Past Chairman Chris Benningwood and new members were welcomed.

Plans are well in hand for our support of T in the Park where our task this year is to manage 250 volunteers, around the clock, from the Thursday to Sunday. This is a fantastic event right on our doorstep. Our main effort will be in managing the Refresh zones in the campsite and arena, running the Bottle Exchange, assisting with Special Needs Access and running the Age Checking in support of child protection on site. It is a busy weekend but where else can you enjoy the banter of seventy thousand odd (some very odd) festival goers?

On a more mundane note we will be karting at Knockhill, waterskiing at Townhill, shooting things at Cluny Clays, sailing at Newburgh and probably Going Ape in Aberfoyle. There is even talk of a visit to a brewery for advance training ahead of our Annual Charity Beer Festival weekend, which this year will be on 23 – 24 September. Book your tickets now!

Our programme, with details of events, is available on <http://kinross-shire.roundtable.co.uk>. If you are 18-45 and want to get involved in having fun while putting something back into our community, contact us via the website. Don't wait to be asked, just do it!

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## Kinross Primary School

### School Fayre

On 11 June, 12pm till 4pm, P6/7 and the Kinross Primary Parent Council will be holding a fete in the school's big playground. The entry is free but you will pay for individual activities and stalls. There are various events which will be taking place that will appeal to both adults and children. Here are a few that may appeal to adults: highland dance, zumba, a book stall, a plant stall, get your nails and a jewellery stall. There are also other stalls and there will be a barbecue. Here are some activities that may appeal to children: toy stall, card stall, hook a duck, lucky dip, wet sponge throw, bouncy castle, ice cream van, cake and candy stall and zumba for kids.

The event will be raising money for the Parent Council so please come and support this worthy cause! Everyone is welcome to come but please no pets!

*By Derek Sneddon, Jack McKelvey and Kane Holden*



### P5A visit the Potager Garden

At the Potager Garden we are growing new plants with Amanda Jones and Margaret Green, and learning about them at the same time. We are also learning about insects and bugs. On the first week we all went but the second week we were split into two groups. On our first visit we caught some insects and bugs and used our sheets to find out what they were. We often get confused about centipedes and millipedes because we got them mixed up. We enjoy visiting the Potager Garden and we are very lucky to have been chosen. It is fun and easy to grow plants and anyone can do it. Have a try!

*By Renee Chan and Guy Bathgate*

### Around the world in 80 days

P4b have been doing a topic called around the world in 80 days. When we spoke to the class, Livia Witt told us that they are "learning about the countries that Phillias Fogg visited on his journey around the world". In the classroom they have table names for a country that Phillias Fogg visited and they highlight something famous in that country. Outside the classroom they have a big map so when Phillias Fogg goes to a different country they put a pin in the map to where he is going. They then place a pin next to the last country he visited and they join it up with a piece of string. They all said that they were really enjoying their topic. Harry Cormack said "We have been making our own journals and learning about the Morse code and we are going to write letters or postcards." P4b seem to be really enjoying their topic and we think it sounds great!

*By Samantha Keiro, Sadie Erskine and Callum Sorbie*

### Tayside Police Wildlife Crime Project

On Thursday 5 May, three Kinross Primary pupils made their way to Battleby, near Perth, for the prize giving of this competition, which has been ongoing throughout the year. P5A, P5B and P6A all took part and they had to watch a DVD which covered a variety of topics, from legislation on hunting to animals that are victims of Wildlife Crime.

From this they had to complete four projects; a nature diary, a short story (A Day in the Life of a Wildlife Crime Officer), a drawing of a bird, animal, plant or insect and finally a quiz on Wildlife Law.

As you may be aware from previous newsletters, we have been successful in the nature diary and short story section; however we had three winners, one from each class. They are: Struan Fotheringham P5A, 2nd story and 'Best in Class', Kirsty Skea P5B 'Best in Class' and Iona Crawford P6A, 2nd two-page diary and 'Best in Class'. The children were accompanied by a parent and received books written, and presented, by Mr Alan Stewart, Wildlife Crime Officer who actually postponed his retirement to see the end of the competition! They enjoyed a small buffet lunch before returning victorious to school.

Well done to everyone who took part and thank you to the support of parents when completing the nature diary, and to the teachers involved.

*By Mrs Marshall*

### Scottish Cross Country

On Saturday 23 April, runners from Kinross Primary went to Kirkcaldy High School to take part in the Scottish Primary Schools cross-country championships. There were around 1600 children there to take part in the races and there were 200 children in each race. The first race was p6 girls' schools A to K and Iona Crawford ran very well and came 2nd! The next race Kinross Primary was involved in was the P6 boys' schools and Jack Watson came 109th. After that Temigen Green and Niamh Mullen ran the P7 schools A to K race. Niamh Mullen managed to finish and came 13th. Then Euan Boyle ran his race and came 4th! Everybody had a great time but unfortunately it was raining.

*By Niamh Mullen*

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## Probus Club



The speaker for the meeting on 20 April was Tim Giles and his subject, the building of the two new aircraft carriers in Rosyth Dockyard for the Royal Navy. These two ships are to be called the *Queen Elizabeth* and the *Prince of Wales*. They will be the largest ships ever built for the Royal Navy. They will have a displacement tonnage of 65,000 tons. The class which is still in service is called the Ark Royal class. The flight decks of four Ark Royals can be fitted into the flight deck of the new Queen Elizabeth. The way the ships are to be built is most interesting. In the design the vessel is divided into numerous parts. The parts are built in different areas of the country. Each part is brought to Rosyth dockyard, where it is lifted into position by a gigantic crane, and welded into place. The completion date for the first boat is 2014. The vote of thanks was given by Ian Nicholson.

After the talk, the Annual General Meeting of the Club took place. The office bearers for the year 2011/2012 are as follows: President – Ron MacDonald, Vice President – Roger Bromley, Secretary – Harry McLennan, Treasurer – Jim Ritchie. Committee Members: Frank Wellman, Sandy Braid and Mike Thorn. Reception Conveners: Robin Webster and John Mills.

Wednesday 4 May was bright and sunny, just right for the Probus trip to the Scottish Mining Museum at Newtongrange and the Rosslyn Chapel. First stop was the Mining Museum where the party was divided into two, and both halves given a conducted tour of the museum. After a very nice lunch at the museum the party moved onto Rosslyn Chapel, a place made famous by the best selling novel, "The Da Vinci Code", but in actual fact a gem of architecture from the late middle ages, with wonderful stone carvings. Altogether a pleasant and informative day.

## Kinross Bridge Club



The autumn/winter season has now come to an end with an encouraging increase in membership again.

The Champion's Trophy for best individual over the season was won by the ever-youthful Madge Malcolm. The runner-up was Patricia Forrest.

Winners at the end of season party night were as follows:

North – South		East – West	
1st	Jim Lawrie and Jock Taylor	1st	Madge Malcolm and Patricia Forrest
2nd	Peter Stirling and Margo Campbell	2nd	Nicol Tomney and Brenden Hamill

We look forward to the next season, which starts on Wednesday 5 October. New members always welcome.

## Milnathort Primary School Parent Council

For the most up to date minutes and other information, please look at our website [www.milnathortprimary.org.uk](http://www.milnathortprimary.org.uk) or contact the Clerk, Lesley McCormick on 862060 or email [lesley.mccormick@milnathortprimary.org.uk](mailto:lesley.mccormick@milnathortprimary.org.uk)

## Kinross & District Pipe Band

[www.kinross-pipe-band.co.uk](http://www.kinross-pipe-band.co.uk)

The Band has enjoyed an excellent start to the season so far, coming third in the Cumnock Indoors competition in March, fourth at the recently revived Mini-Bands contest in Forfar at the end of April, and then lifting the **first place** trophy at our first outdoor competition over in Gourrock on Sunday 8 May. As the Newsletter hits the shelves we will be competing at Bathgate Highland Games on Saturday 28 May, and thereafter attending a healthy list of competitions and engagements between June and September.

Once again, we have been invited back to play at T in the Park in July – an event that every band member thoroughly looks forward to, but before that – **MUCH** more important – we have our long awaited annual **Pipe Band Summer Ceilidh!** The ceilidh will be at the Windlestrae again this year, having proved a popular, and more importantly big enough, venue for the event and will take place early in June – on **Friday 3rd, doors opening at 7.30pm**. Tickets are available from Nigel Kellett, tel: 01577 863738 or email [nigel.kellett@talktalk.net](mailto:nigel.kellett@talktalk.net)

Although the band is clearly more than holding its own in the "minor" competitions, we still need to significantly boost our numbers to give us the extra depth we need to compete successfully in major championships and ultimately gain promotion to the higher grades. With this in mind we would once again call on the many "hidden" pipers and drummers we know are in the community to consider supporting your local band with your presence. Just a few extra players will really help us build on an already solid corps to form a band to be reckoned with!

## Milnathort Bridge Club



The Winter sessions finished on Monday 25 April after a very successful season in our new venue, the Milnathort Bowling Club, which has proved most satisfactory. An enjoyable supper was followed by the annual prize giving:

Zandra's Quaich	<i>for best individual</i>	Liz Brown
Baxter Trophy	<i>for best lady</i>	Liz Brown
Pairs Championship	<i>for highest scoring pair</i>	Liz Brown & Beryl Harley
Hat Night	<i>best individual</i>	Willie Young

**The club continues to play Bridge during the Summer months every Monday evening at 7pm in ORWELL CHURCH HALL and would welcome visitors.**

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## SSAFA Forces Help Perth & Kinross Branch

### Who We Are

We are the local Branch of the Soldiers, Sailors, Airmen and Families Association – Forces Help, the national charity, which for 125+ years has been helping serving and ex-service men and women, and their families, in need. Eligibility is based on only one day's paid service.

### Where Are We?

Your local Branch covers all the Tayside Region, with a small office in Perth and a network of around 30 trained volunteers in the area, to look into cases with understanding and sensitivity.

### What We Do

We spring into action whenever there is hardship, or need. Our help and advice is totally confidential, and we help all ages. We work closely with other agencies and service charities, and help can vary hugely... We may help an ex-Serviceman replace his medals, or help a war widow with her bills, or assist a Service family with a special needs child, or a returned veteran from Iraq or Afghanistan. Need must be the criterion...

### How Can You Help Us?

If you need our help, or know someone who does, please get in touch by letter, phone or e-mail. We can offer:

*HELP, ADVICE, FRIENDSHIP*

If you'd like to help us by volunteering, or fund raising, or leaving us a legacy, please get in touch – training is given and all expenses paid. It is so worthwhile.

### SSAFA Forces Help

Queen's Barracks, 131 Dunkeld Road, Perth, PH1 5BT  
Tel: 01738 625346 Email: perth@ssafa.rog.uk



## Kinnesswood in Bloom

Hanging baskets have been ordered from Lady Helen Nurseries and they should be in place early in June. Some new tubs have been bought to replace others in the village which are past their useful life. New log roll has been dug into the picture garden and there are plans to paint the seats and improve the floor in the bus shelter.

A regular working session has been planned with Primary 4 children at Portmoak School. They have been weeding their hedge and digging out an extension ready for more hedging plants.

On Saturday 7 May a work party set out from the school wearing their yellow "Keep Scotland Beautiful" bibs and did a two hour clean up of the village. One passing youngster did wonder if this was a "Community Service" project. There seemed to be less litter than usual, though an earlier clean up of the road from Kinnesswood to the hall had produced two bags of rubbish, mostly thrown from passing cars. The bus shelter was also given a spring clean just in time for the return of the summer residents, the house martins.



*The Decking Sale at the Lomond Country Inn*

## Light Up Kinross

### Christmas Lights - Disposal of Old Lights

Now that we have upgraded the Christmas display, we find that we require to dispose of the lights originally purchased, the storage facility being somewhat overstretched. Should any of our regular sponsors (from the traders in the town) wish to receive their 'old light' then please contact M Scott on mbs21@btinternet.com, no later than 15 June. Should any other party wish to purchase a light (at a nominal charge) then please be in touch with us by the end of June 2011. Failing response, any surplus lights will be disposed of as scrap.

May we also take this opportunity to add that we DO NOT receive any other income, apart from sponsorship from the local traders and our own fundraising. Consequently, any monies received are welcome. A number of shops hold collection tins and any contribution from the public is also appreciated. Our aim is to build on the display over the festive period.

Through fundraising we have managed to purchase a further eight lights for this year's display. However, the erection and dismantling of the lights is also a charge which we have to meet on an annual basis and reduces the funds we hold. Please support us and LIGHT UP KINROSS literally. Thank You.

The wildflower meadow has some wild flowers now showing but needs more planted in the future. Following a description of a project where vegetables and fruit were grown in open areas, it was decided to set aside a small area at the foot of the wild flower meadow to grow vegetables, starting with potatoes this year.

The Decking Sale was held on a chilly 15 May on the decking area of the Lomond Country Inn. Friends and supporters of Kinnesswood in Bloom had cleared their lofts and cupboards, producing vast quantities of toys, books, china and other bric-a-brac. There were also stalls selling plants, home bakes and jewellery. At the end of the sale the sum of £300 was raised. In addition a number of other charities will benefit from the goods which were left. The committee were very grateful to the staff of the Lomond for all their help and for providing hot drinks for customers and those manning the stalls.

## Milnathort Girl Guides

We take part in a wide range of exciting activities at the Guide Hall every Tuesday. For further information please contact Tracy Reid on 01577-864415 or Lesley McCormick on 01577-862060.

## Potager Garden

With sunny weather and recent rain, the garden is growing well, and the school children are enjoying their visits to the garden, and vegetable planting is well under way. The weeds are also flourishing! Thank you to John Porter for his donation of a picnic bench, which is useful for the children when doing their worksheets. We have also had several people admiring the benches from Perth Walled Garden; they make a variety of garden furniture, at reasonable prices, and can be contacted on Perth 562420.

We are pleased to be hosting the young plants for Kinross in Bloom's summer display, and have made new friends through this. The gardening course with Perth College is also going well.

We are looking forward to our plant sale and AGM at the end of May, and hope for a productive summer season.

The **Plant Sale** is on the morning of **Saturday 28 May** at the garden. For plant sales at other times, call at the garden on Monday mornings, or contact Amanda James on 840809. The **AGM** is on **Tuesday 31 May** at 7pm in the Church Centre. All welcome.

The June meeting of the **Dobbies Little Seedlings Club**, for children aged 4 to 10, will be on **Sunday 5 June** at 11am, and will be a teddy bears' picnic, and fun and learning about fruit; Contact Dobbies for more details.

For information, or to find out about volunteer opportunities at the garden, contact Amanda James on 840809 or [amanda@tyafon.plus.com](mailto:amanda@tyafon.plus.com).

## Kinross in Bloom

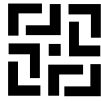
We are glad to see that although the daffodils are now past their best, most of the barrels are displaying a nice line in pansies, their varied colours and cheery wee faces brightening up the day.

We are also glad to report that all the plants delivered to the Potager Garden are doing well, some of them are even sprouting blooms, thanks to our team of waterers, and by the time you read this the hanging baskets will have been planted out, and be hardening off in the garden, ready to be installed around the town on Friday 10 June.

**Planting out barrels** around the town will take place on **Saturday 11 June**, so if anyone would like to volunteer for an hour or so on either of those days, please come along to the Potager Garden, Bowton Road Friday 7pm, Saturday 10am; you will be made very welcome.

Our quiz night on 4 May was a success, and although not a full house, was enjoyed by all who took part, the winners being the team from the Rotary Club; congratulations to them. Thanks to all concerned, for the organizing, to all those taking part, and to Mike, who did a wonderful job as quizmaster. Look out for our next one, which should take place in the Autumn.

Our **AGM** takes place on **Wednesday 8 June** at the Green, followed by our regular monthly meeting.

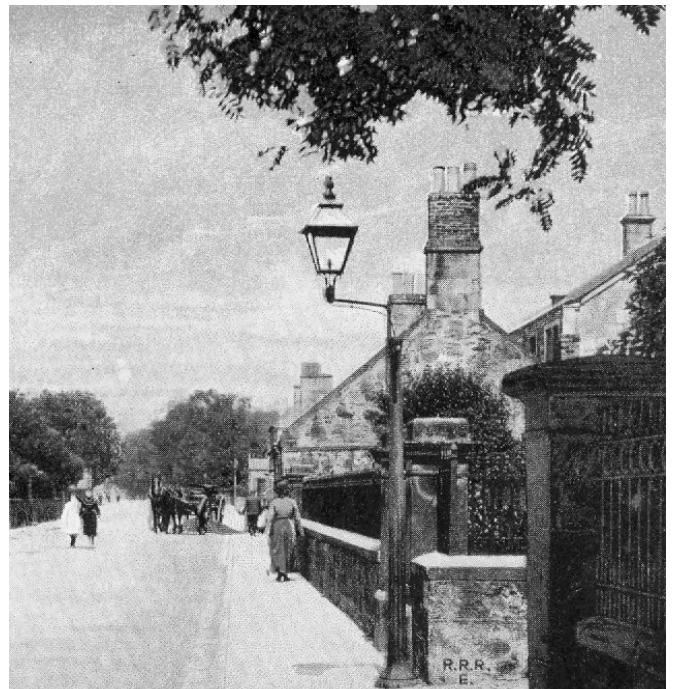


## Kinross Museum



Work continued throughout May putting together the new display entitled *Kinross-shire Rocks!* If you want to see the earliest map and report on the geology of the county or would like to know more about the Kinnesswood and the Kinross and Milnathort Gaslight Companies, then come along to the museum. Also on show are samples of rocks from all over the county and photographs of road making and buildings made of local stone. The oldest item in the exhibition is a curious Neolithic stone ball dating from 3,000 BC which was found near Rumbling Bridge and is on loan from Dollar Museum.

As ever, our volunteers continue to catalogue the Museum's expanding collection and help researchers every Thursday and Saturday. If you would like to become a volunteer, come along and find out more.



*This old postcard shows a street gas lamp in the High Street, Kinross*

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### Newsletter Deadlines

A list of future deadlines can be found on our website  
[www.kinrossnewsletter.org](http://www.kinrossnewsletter.org)

**Please mention The Newsletter when  
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## Cultural and Community Services

### Community Learning and Development

*Tracey Ramsay, Senior Community Capacity Building Worker, Kinross-shire, Bridge of Earn, Glenfarg, Abernethy and surrounding areas, based in the Loch Leven Community Campus, Kinross.*

**Dear Community Members,** my role is to support:

- People to be confident, skilled and active members of the community.
- Communities to be active and have more influence.
- Community organisations to get access to resources and to deliver services effectively.
- Community organisations to plan, manage and assess their work effectively.
- Community organisations to include a wide range of people in their work.
- Productive networks and relationships.

I take this opportunity to give you an overview of the work I have been involved in from April 2010 until March 2011.

**Two Funding Workshops** were held at Loch Leven Community Campus and at the Bridge of Earn Institute. They helped to raise awareness of funding available and what to consider when writing a funding application. The workshops were attended by 16 community members. Further workshops are planned for 2011.

**A Networking for Communities** session was held at the campus in June 2010, giving community members a chance to meet each other and exchange information about services in the area, including: funding advice from Serge Merone, information from Kinross Learning Centre and the Kinross-shire Volunteer Group and Rural Outreach Scheme. There were ten people in attendance. There is another Network session planned for **Thursday 23 June** at 10am at the Loch Leven Campus.

**Two IT Training Workshops** were aimed at helping groups to use the Google tool to build a website, to work with digital photography and to create PowerPoint presentations. The workshops took place at the campus on 4 and 21 February and were both well attended.

**The Loch Leven Community Campus Partnership** was initiated in April 2010 with six members representing Sport, Youth, Parent Council, Arts & Culture and Community Council. The partnership's objects are to:

- Promote the campus and its ethos to and within the local community,
- Act as a focal point in getting feedback on how the campus is serving the local community,
- Influence change and improvements to the quality of services delivered from the campus that reflect the needs of the community; and
- Regularly communicate its findings to the CCMG via the means agreed.

The group have agreed their Memorandum of Agreement and are in the process of establishing effective communication with local communities, campus users and the Campus Management Group. They are currently looking to recruit new members. If you are interested, please email the group: [campuspartnership@kinrosshigh.pkc.sch.uk](mailto:campuspartnership@kinrosshigh.pkc.sch.uk)

**The Kinross-shire Community Learning and Development Group** was initiated in February 2010 with 42 members from across all sectors representing local services, voluntary organisations and the community. Priorities are to

work with communities, young people and adults. The group could provide a range of benefits to communities such as sharing resources and information and working together to deliver effective services. Their local action plan will be made available in the very near future. The group took on the role of organising the Better Place to Live Fair 2011. The group's aim is to recruit new partners, in particular community representatives. Please contact T Ramsay if you are interested.

**The Better Place To Live Fair** took place on 5 March 2011 at Loch Leven Community Campus. 85 local community groups, voluntary organisations and businesses were involved in promoting their services, achievements and activities, taking the opportunity to showcase what they do. Overall the event made obvious the high level of community activity and services that Kinross-shire has to offer, making it a fantastic day. The event saw approximately 420 visitors through the doors and 350 attending for stall-holder involvement. I would like to thank everyone who participated in the event.

**Old Times, New Places:** This was a partnership project with the Community Learning and Development team, Kinross Day Centre, Kinross Museum and the Library. The project was initiated in August 2010 until February 2011, which encouraged a group of older people from the Kinross Day Centre to use the services at the campus. There have been six visits in total, with an average of twelve people each visit. The attendees influenced a programme of activities for visits to the campus: group discussions around reminiscence, shown around the Library facilities and researched local history at the Kinross Museum. They were given a tour of the campus, explored the history of T in the Park, World War II and were involved in the Museum's Black Watch Exhibition.

**Getting to Know your Community:** This event was a partnership project between Community Learning and Development staff and Housing and Community Care, held at Kinross Primary School on 7 October 2010. There was a wide range of services in attendance to provide advice and information to the local residents; unfortunately this was very poorly attended.

**Community Profiles** have been compiled for Kinross-shire and Kinross Town. These are being updated and will be available on the PKC website. They are also to be distributed to information points throughout Kinross-shire.

**Texting Project:** Over 60 people from Kinross-shire have signed up to this free information service that uses text messages to send relevant, up-to-date information to people of Perth & Kinross about events and services that directly impact on them. Please contact T Ramsay for a registration leaflet.

**A Community Training Workshop** proforma was published in the Kinross Newsletter in Sept 2010; unfortunately no responses were received. This will be re-entered in June's newsletter and also the website, so please respond if you are interested in any of the options (*see p 12*).

**Community Capacity Building (CCB):** Funding information is regularly distributed to the CCB database and through the use of local media and email and CC. To date, there are over 200 groups, organisations and local services on the CCB database.

If you require further help or assistance please contact Tracey on 01577 867124, email: [Tramsay@pkc.gov.uk](mailto:Tramsay@pkc.gov.uk) or contact the Cultural and Community Services Clerical Assistant Jayne Ramsay on 01577 867177.

## Kinross High School Parent Council



Chair: Brad Wood, 850767, chair@khspc.org  
 Vice-Ch: Andy Williams, 861682, vicechair@khspc.org  
 Treasurer: Denis Sweeney, 861651, treasurer@khspc.org  
 Uniform: Dora Smith, 863565, blazersales@khspc.org  
 EFT: N Simpson, 07508 418848, eftchair@khspc.org  
 Clerk: Sheila Herron, 864015, clerk@khspc.org  
 Website: www.khspc.org

### Young Persons of the Year Award

The KHS Parent Council is inviting nominations from persons or organisations for their annual Young Persons of the Year award. These awards are presented to pupils of Kinross High School, either as an individual or a group or team, by the Parent Council. The award is for outstanding achievement, service or contribution in any area, including for example: sports, arts, drama, music, education, community service, charity work, dealing with adversity or any other feats. Nominations may come from any individual, group, business or organisation in the community.

Awards may be made in the following categories: 1st & 2nd year pupils, 3rd & 4th year pupils and 5th & 6th year pupils.

**Nominations** should be made by completing a Nomination Form and sending it to the Parent Council Clerk, Sheila Herron, either via email - clerk@khspc.org - or through the School Office. Nomination forms were in the May issue of the Kinross Newsletter and are available from the Clerk or from the Parent Council website, www.khspc.org or community website, www.kinross.cc. Nominations must be received by 1pm on **WEDNESDAY 1 JUNE**.

### Meetings

**The next meeting** of the KHSPC will be held on **31 May**. **The AGM** will be held on **7 June**. Both will be held at 7pm at Kinross High School, LLCC. Some of our members will be stepping down this year at the AGM. We are an active, organised, Parent Council and would welcome new members. Come along to any Parent Council meeting or contact the Clerk on clerk@khspc.org.

### Fabric/Cleanliness/Grounds

Concerns had been raised over the fabric and maintenance of the building and grounds not being kept up to date and the impact this could have on education and learning. Head teacher advised that 99%+ of all jobs are completed within the contracted completion time. Some tasks remain outstanding due to external issues (e.g. insurance claims).

### LLCC Signage

There are ongoing concerns for road safety and signage on roads within LLCC. Discussions between all parties (School, Campus, Investment for Lifelong Learning Team, MITIE and PKC Roads Department) are ongoing. One of the main issues is enforcement of any new signage.

### Curriculum for Excellence (CfE)

Head teacher advised that there is information available (e.g. www.sqa.org.uk/scqf) and that he would be holding information meetings with the S2 parents in April/May of 2012.

A full copy of all minutes from any of the KHSPC meetings can be found on our website or requested from the Clerk.

Finally, a reminder that the Parent Council is in place to represent the views of parents and guardians of pupils at the school, to help ensure that our young people can learn and develop to their maximum potential. We work in partnership with the school to create a positive and proactive environment which supports pupils, staff, and parents. The Parent Council is always on hand to help support the process of communications with the School; we are always keen to hear from you, whether it be good, or not! If you would like to join the Parent Council, as a parent or a member of the community, you would be most welcome.

### Club Correspondents

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

## Kinross and District Art Club



Margaret Evans, one of Scotland's top teaching artists, was the guest at our recent monthly Group Activity session. Margaret travels extensively in Australia, Europe and the USA demonstrating the use of pastels to create dramatic landscapes and wonderfully vibrant portraits. Her evident skills and enthusiasm had the club members enthralled and eager to try out these materials, which were new to most of us. For example, who would have thought of creating a painting on sandpaper? But this provides the best background for gripping the pigment of the pastels and it is available in a wide range of colours. Margaret's work is on show and for sale in galleries throughout Scotland or you can find out more at her web site: www.shinafoot.co.uk

We will be taking a break from our weekly sessions now until Tuesday 30 August, but we will be busy painting in our outdoor sessions in Kinross and Glenfarg and getting ready for the Exhibition in September.

For more information about our club, visit our web site at www.kadac.co.uk or call Sybil on 01577 830347.

## Kinross & Ochil Walking Group

Midsummer days are here. Come walking with us and enjoy the scenery at its best. Whether you're new to walking or a regular walker, try out a walk or two to see if you'd like to join us. Walks are led by volunteers from the group and new members are made very welcome. This month we have two lovely week-end walks.

**Saturday 4 June: Loch Ordie.** Pleasant 7-mile walk on good track and path up to and round a small lochan. Fine, open views in all directions. No dogs please. Accompanied children welcome if fit.

**Sunday 19 June: Forteviot and the Water of May.** A circular 6½-mile walk along the Water of May via woodland tracks. Return via very quiet country roads. Dogs on leads please.

For all walks you do need appropriate clothing (not jeans) including boots and waterproofs. Walks can be of several hours duration so a packed lunch/water/warm drink should be brought.

For further details and where to meet us, please call our group Secretary Edna Burnett on 01577 862977.



## Kinross-shire Local Events Organisation

[www.kleo.org.uk](http://www.kleo.org.uk)



### Feel Good Fair at Loch Leven Half Marathon

We hope you enjoyed the Feel Good Fair at the Loch Leven Half Marathon. We were very lucky with the weather! Many thanks for those who helped out and for everyone who attended. Special thanks to the Road Runners who organised a great event again and kindly allowed us to join in the fun of the day with our fair. We would also like to give our thanks to the Rotary who helped out with parking and the Army Cadets who helped to erect the marquees and assisted the stall-holders with their deliveries. As always, the Kinross Pipe Band was excellent and we all enjoyed the show from Mrs Crawford's Highland Dancers!

### Special Dance Classes

KLEO are delighted to announce that an application to the 2014 Communities Fund has been successful. The fund is designed to leave a legacy of increased 'activity' following the 2014 games. KLEO will be providing a run of dance and music classes specially designed for the less able, supported by Lindsay Cant. It is hoped these classes will run weekly during term time from August 2011 and will also be included in the Kinross-shire Music Festival in November. The class was inspired by a similar class run in Livingston called Musically Active Dudes which is enormous fun and provides a rare opportunity for the less able to get some exercise through dance. If you have friends or relatives who might enjoy such a class please let us know and we can keep them abreast of details. We imagine, given the popularity of the Livingston class, that participants will be willing to travel, so those living a bit further afield will be very welcome.



*Take to the floor at the Strictly jazz dance evening...*

### Strictly jazz dance evening during Music Festival (17-20 November)

Dave Batchelor and Big Band have confirmed that they will be delighted to host a strictly jazz dance evening at the Community Campus during the music festival. Iain Hunter, our local Master Butcher will also make a guest appearance during this evening and sing along with the Big Band. This will be a great chance to do some strictly dancing yourselves! Further details to follow.



*Iain Hunter will be singing along with the Big Band*

We are busy working on the programme for this music festival which will promote live music of all styles and genres, and at all levels! This festival (part funded by Tayside Rural LEADER fund) will take place at a wide variety of venues in Kinross-shire. If you as a local band/musician would like to be involved please let us know. Also let us know if you, as a local group, would like to organise a music event under the umbrella of the festival. You will then be included in all the PR.

A KLEO EGM meeting will take place on **Thursday 9 June**, 7.30pm at Kirkgate Cottage, Pier Road. All welcome – especially if you would like to join our committee or if you would like to join the KLEO volunteers team and help out at our events erecting marquees/gazebos/ticket sale/security etc).

For more details about KLEO events you can visit [www.kleo.org.uk](http://www.kleo.org.uk)

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## Seamab School

As I told you in my last contribution to the newsletter, I am retiring as Principal of Seamab School at the end of June. This is an enormous change for me, as Seamab has been a major part of my life for the last 22 years, 16 of them as Principal. I live in the school so it is very much a 24-hours-a-day job and at times I feel I am totally absorbed with the children and the staff, with no life outside Seamab. I am looking forward to retirement but I know how much I will miss everyone, particularly the children.

Seamab has come a long way since I first came. In those days, the whole of Seamab, classrooms, children's bedrooms and living areas, and also the rooms I and my family lived in, were in one large building, right next to Rumbling Bridge. I was determined that the children should not have to live in the same building where they went to school (it's just not natural!) so, in 2000, the children moved into three bungalows on the Lendrick Muir estate, with my family and I occupying a fourth bungalow. The children continued to attend school in the old building but we had always known that it wasn't suitable, particularly with the Rumbling Bridge gorge so close, so, in 2007, we moved our educational, therapy and administrative services to our present building.

While these developments have been very positive, what I will remember with most pleasure is the way the help we are able to offer the children has improved and become much more professional. Seamab now has a firm theoretical background in attachment theory and the majority of staff have been trained in attachment therapy. Seamab has always placed a high priority on staff training and has been very successful in helping people to develop their careers. The range of what Seamab can offer is far greater than it was: for example, we have Social Workers, Psychologists, a Speech & Language Therapist and an Occupational Therapist on staff.

I will look back on these developments with a lot of satisfaction but what will give me most pleasure in the years to come will be my memories of how much we were able to do for so many individual children. It is always a great pleasure when children who left in the past come back to visit us and to tell us what a success they have made of their lives.

At least I can feel that I am leaving Seamab at a time when the value of our service is being recognised. The last report by HMIE was very positive and the Care Commission have scored us 'excellent' on all the aspects of the school they have inspected recently. As well as that, we have been awarded a Gold Certificate by Investors in People and we are one of only two Scottish schools included in a book published by Oxford and Cambridge Universities about schools displaying excellence in education.

As always, the really important things to tell you about are the children's activities. At school they have all been taking part in a Focus Week on 'People who help us'. They have visited Perth Police station and the Police have visited the school, the Fire Brigade visited the school and a dental puppet show is coming to perform. This week has been a great success and the children have thoroughly enjoyed it. Once again the children are taking part in the annual clean up of the environment. The four classes are going to litter pick at Findatie Sands, Burleigh Sands, the Crook of Devon and Kirkgate Park. This activity makes them more aware of just how unsightly and dangerous litter can be.

We have a week's holiday in May and the care staff are busy arranging holidays for the children. They go now or the October holiday because it's much cheaper. So far, trips have been organised to the school's caravan in Crail and to my house on Coll.

The Woodland Trust very kindly donated a hedging pack to the school, so the children have been busy planting these around the perimeter of the front garden – with a little help from various adults.

I would like to take this opportunity to thank everyone for their support over my years at Seamab: not only those who donate gifts at Christmas, Easter eggs, Sainsbury's staff for choosing us as their charity for the year and their customers, but also the local community for their forbearance over the years. I would also like to thank the committed and supportive Board of Governors, especially the Chair, Harold Wilson, Ann Kennedy, my depute and the senior management team and all the staff for enabling me to achieve my vision of Seamab. This is beginning to read like a speech for the Oscars! Not many people are fortunate enough to spend their life doing something they really enjoy AND get paid for it!

I am extremely proud to have been associated with Seamab and to have played a part in its development. I would want to acknowledge as I leave however, how much I have depended on the help and support of excellent colleagues, who have been so committed to the children.

Seamab has been fortunate in being able to appoint Joanna McCreadie as its new Principal. Joanna has already proved her competence in a number of other fields and I am confident that she will maintain Seamab's position at the forefront of provision for Scotland's most vulnerable children.

*Anne Anderson*

## Kinross Ladies Circle

It's been a busy few months for Kinross Ladies Circle! Several of us joined some of Kinross Table at the joint Area Masked Ball on 26 March in Cumbernauld. It was a great night and those that went thoroughly enjoyed it. The event raised £5000 for charity. We held our AGM on Thursday 21 April and presented Perth mental health charity PLUS with a cheque for £1452.18, the amount raised from events throughout last year. During the AGM we allocated positions for the coming year; good luck to our new Chair Yvonne and our new Vice Chair Angela. As Chair, it was up to Yvonne to nominate this year's charity and this year we will be raising money for Myeloma UK.

Congratulations also go to last year's Chair, Julie, who was nominated as this year's Chair for Area 41. Morag Philips handed over the position to Julie on 28 April.

Kinross Ladies Circle is a fantastic club for women aged 18 to 45 who want to make new friends, have lots of fun and do some fund raising along the way! We get involved in all manner of social and fund raising activities. Each year we nominate a charity to benefit from our fundraising efforts.

Upcoming Ladies Circle diary dates:

4 June	JSA Lunch, Edinburgh Zoo
25 June	Lepra bike ride food stop
8 - 10 July	T in the Park assistance

For further details about us or to join please go to our website, [www.kinrossladiescircle.co.uk](http://www.kinrossladiescircle.co.uk)



## From the diary...

*Lendrick Muir is an activity centre for young people, owned by Scripture Union Scotland, and set in 120 acres near Rumbling Bridge.*

### May

I love this season of the year - lambs playing 'king of the hillock', the clamour of gulls and fresh-turned plough... and within Lendrick Muir's grounds, everywhere the sound of children engaged in *Outdoor Classroom* activities.

It's a non-stop and highly organised programme. I'm writing this on a Monday mid-morning. The house team have done a complete turn-round since yesterday and the dirty linen has gone to the laundry, several food deliveries have been unloaded and the smell of freshly made soup is already wafting into the offices (not fair!). Two coaches have arrived with a fresh intake of children; one group is enjoying a tour of the house and grounds, the other is settling into their accommodation and a third school is expected to arrive at anytime. A new week in the life of Lendrick Muir is well underway, with a non-stop schedule of activities about to begin, from archery and orienteering to high ropes and mountain biking.



*Climbing the high ropes at Lendrick Muir*

We count it a huge privilege that our schools are so varied. A week or so back, we had a special needs group – 50 or so pupils and as many teachers and support staff. This group comes back year after year and is eagerly anticipated. Rowan, who is part of our schools team and on a gap year with Scripture Union Scotland, explains why:

"This group is so different. The young people know that they need help and support and I'm amazed at how sympathetic they are to each other's needs. For example, it might seem simple, but watching a girl helping turn socks the right way out for a boy and then helping to put them back on again was very moving and I felt I learned so much from watching them all work together."

Another much larger group we look forward to in a few weeks is the Kinross Cluster – all the primary school children that will start at Kinross High School in August. This is their third or fourth year now and we love it that they come from 'just down the road'.

Meanwhile, that's the third bus just arriving which means there will be a fire drill before too long...

*Anne Sutherland*

## Kinross & District Rotary Club



### Programme Events

The Club had four excellent talks at our meetings this month, covering a wide variety of topics.

Margaret Michie, Reader at Kinross Parish Church, gave an educational, illustrated talk about the 'Living Stones in Israel and Palestine'. This gave us an excellent update on the current political situation in the Middle East, following her visits to that part of the world. It is sometimes very difficult to see what is really happening from reports in the media and we all felt more aware following Margaret's talk. Next was Alistair Andrew, who was Bridge Engineer at the Forth Road Bridge for many years until his recent retirement. Alistair showed photographs of some of the things he had dealt with during his time at the bridge, including problems of ever-increasing volumes of traffic and increasing permissible loads carried by lorries. The difficulties presented by corroding support cables and the technique of drying them to prevent further rusting required some innovative work, including design of a special access cradle which could 'climb' up the main cables and, during all the work, traffic had to be kept flowing. Alistair also saw the introduction of the automated toll system and its later demolition, following a change of government.

Paul Henke, author, was our final speaker in April. Paul had enjoyed a career in the Royal Navy as a diver and underwater bomb disposal expert and he gave an exciting talk about his career, which led him to writing, on his retirement from the Navy. Paul brought several of his books, which were eagerly snapped up by Rotarians at modest cost, some with personal signature, and many have been avidly read since.

On the first Monday of May we were given a most interesting history lesson regarding the Tay Bridge Disaster by Mari Sheils. Mari is a retired History teacher. She started with a history of how the railway developed along the east coast of Scotland from Edinburgh to Dundee, all of which resulted in the decision to build a bridge across the Tay to a design by eminent Victorian civil engineer, Thomas Bouch. She followed this with the original design, the problems with the foundry producing the iron, the difficulties of construction and finally the description of the fatal railway journey and the witness tales of the actual disaster.

### Club Annual Assembly

The Rotary year runs from 1 July to 30 June and on this date the retiring President hands over to the new President and his new team. As part of this process the incoming President presents to the Club at its annual Assembly his programme for the coming year along with his Committee chairmen. This happened on 9 May this year and as the result of this we look forward to another exciting and productive year for the Club.

If the above activities are of interest to you, or you would like to be involved, please visit our web site, [www.kinrossrotary.org](http://www.kinrossrotary.org) for further information about the Rotary movement and the Kinross Club in particular.

### Contributors

Please write or type clearly

Leave a margin

Use one side of the paper only

## 1145DF Kinross Air Cadets



At the Dundee Wing Athletics, held on 24 April at Pitreavie, Kinross Air Cadets from 1145DF had success. Everyone in the Kinross team won at least one medal, and two cadets, Cadet Mabel Duncan and Cadet Holly Scott, won the Class D (under 15 girls) Trophy, Kinross's first trophy for over a decade.

Cdt Holly Scott won Silver in both Long Jump and 400 metres.

Cdt Mabel Duncan won Gold in High Jump and Silver in 100 metres.

Cpl Tom Broome gained a Bronze in Long Jump.

Cpl David Creigh won Silver in 800 metres and Bronze in 400 metres.

Cpl Ailsa Morris won Silver in 100 metres, Silver in Javelin and Bronze in Discus.

Cdt Kezia Spowart, together with Cdt Duncan, Cpl Morris and Cdt Scott, gained a bronze in the 4x100 Relay.

Following on from this success, four cadets from 1145DF will go on to represent Dundee and Central Scotland wing at Inter wing championships on 29 May; Cpl Creigh, Cdt Duncan, Cpl Morris and Cdt Scott will be competing against athletes from all over Scotland and Northern Ireland.

The Air Cadets, whose activities include gliding, flying, radio controlled aircraft modelling, craft, hockey, football, swimming and, of course, athletics, meet every Monday and Wednesday at 7.15pm at the Drill Hall in Swansacre.

## Lodge St Serf No 327



Lodge St Serf No 327 will be hosting a **Squaremen Degree on Saturday 27 August** at 2pm prompt. This Degree will be worked by Buchan Shed No.4. All Mark Maser Masons are cordially invited to become members of this ancient Scottish Degree.

Following the last Squaremen Degree held in August 2009, a substantial donation was made to Kinross Volunteer Group & Rural Outreach Scheme.

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**Contributors – please send your item  
well before the deadline if you can**

## Music in Kinross Parish Church

With only one more concert to go, this has been another varied season of concerts with tickets at knock down prices. Where else can children enter free?!

We began in October with another in the Home Bru series with notable contributions from our younger pianists and a visit from Paul Livingston, back on home territory. The East Fife Male Voice were next with an inspiring programme in aid of the Kinross Volunteer Group. In November Scott Mitchell brought Yvonne Paterson (flute) and Kate McDiarmid (clarinet) and they gave an outstanding night of entertainment, as all were agreed. Next was the appearance of the Konevets Quartet – a Russian male voice quartet from St Petersburg who gave a programme of two halves – sacred and secular, and we had yet another most memorable evening.

In February, our friends from the Dunfermline Strathspey & Reel Society came to get our feet tapping, and with them came Espial, a young folk duo from Edinburgh, which made a delightful combination. We hope to hear more from both. The Guild invited the young Cabaret Group of Jambouree, Edna Auld's Perth choir, and we had an astonishingly professional offering from these youngsters who sang many four-part arrangements by John Scrimgeour with ease, and solos with some surprises! On a blazing hot afternoon in April, we had a recital from an East European duo, and undoubtedly the weather deprived many people of a most engaging recital by two young artists at the height of their powers. This was a concert by Barbara Misiewicz (cello) and Anna Mavromatidi (piano). On Friday 13 May, a good sized audience was entertained by Gaberlunzie with songs and stories of every kind; the audience went home with a smile on their faces that night!

Still to come on **Sunday 12 June** at 5.30pm, an hour's recital by the **Scottish Recorder Orchestra** – not a sight or sound that you see every day, but it will be here in Kinross Parish Church! The orchestra will be conducted by Eileen Silcocks, and members of the public are more than welcome to come and watch any part of the rehearsal between 2.00 and 4.30pm. Tickets for the concert at 5.30pm are £5.00 each at the door, but children are free. The programme ranges from stately Renaissance to a swing arrangement of 'Joshua fit de battle of Jericho'. Do come and listen to the sound of 40 recorders of all sizes playing in perfect harmony!

Plans are afoot for a multi-genre weekend festival 17 – 20 November run by KLEO, so please keep the weekend empty of other commitments!

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## Common Grounds

Have you heard the saying "Everything comes to him who waits". Let me tell you what has just happened to us. Some of you will be aware that our coffee/book shop has an open fire and we burn logs. Our wood-cutting person advised us that he was returning to England to stay sometime in the next few months. We have positions vacant that remain unfilled after a very long time. Surprise! On a Saturday morning recently a couple arrived at Common Grounds for a break from their cycle run. During our conversation with them we learned that they lived locally and were musicians plus the man liked to chop logs and when asked if he would do so for us he readily agreed. Now that is really great and won't be going on our "wish list" of people we require. Let us all look forward to a really good summer.

**Project Lunch:** Our Project Lunch is unfortunately taking place after the Newsletter deadline so we will let you know how it went in the July issue.

**Project:** Our current project is Ethiopiaid 2. We supported Ethiopiaid in August 2009 and the need is still great. The Fistula Hospital in Addis Ababa was set up 50 years ago to treat women who had been terribly injured in protracted childbirth. If left untreated the injury or fistula can cause lifelong incontinence and inability to walk. Treatment may make it possible for the patient to return to normal life but a self-supporting village has now been set up where former patients tend animals and learn to make handicrafts for sale. It is now hoped that rural clinics can be set up in remote areas to save some women weeks of agonising walking to the hospital.

**Book Club:** The book club now meets in Milnathort Town Hall on the evening of the first Tuesday of the month. Please contact Chris Scholes on 01577 864053 to find out if there are any vacancies.

Please note that we do still stock some Fairtrade items e.g. various ground coffees, tea, rice and sugars. Of course all teas and coffees served in our Cafe are Fairtrade plus home baked items are available. Lastly our "wish list" is still open to applicants so think seriously about joining us; you will be extremely welcome.

Our opening hours are still 10am – 1pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are – James Henry (Convener) 01577 864452 and Linda Freeman on 01577 865045.



## Community Learning and Development & Common Grounds Café Drop in

Common Grounds have given the Senior Community Capacity Building Worker, Adult Learning Worker and Youth Services an opportunity to host an information morning for local residents of Kinross-shire. This will take place on **Tuesday 7 June**, 10am - 12 noon at the Common Grounds Charity Coffee and Book shop in the Guide and Scout Hall, Church Street, Milnathort. Come along to meet your local Community Workers and find out what services, opportunities and resources they provide in the area. It is also an opportunity to have a coffee and a chat, meet the local volunteers at Common Grounds, taste some lovely home baking and learn about the Charity.

For more information contact Tracey Ramsay, Senior Community Capacity Building Worker, on **01577 867124** or email [tramsay@pkc.gov.uk](mailto:tramsay@pkc.gov.uk)



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### Images of Kinross-shire

Photographs can be downloaded free of charge from the [www.kinross.cc](http://www.kinross.cc)

### Photo Library

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.

## 1st Kinross Boys' & Girls' Brigade Awards 2010-2011



The following awards were presented at the Company's Annual Display and Presentation of Awards held in Kinross Church Centre on Friday 13 May. There was a good turnout of parents and friends who enjoyed a varied programme which highlighted the talents of the boys and girls within the company. The following awards were presented:

### Anchor Section:

Best 1st year: 3rd Jamie Ferguson & Zoe Webster; 2nd Matthew Pinder; 1st Ruairidh Strugess.

Best 2nd year: 3rd Jack Brand & Andrew Slaven; 2nd Struan Bennet; 1st Jane Baillie.

Best 3rd year: 3rd Findlay Hendry; 2nd Ailsa Bennet; 1st Alfie Milligan.

Best Squad: Squad 3 - Andrew Buchan, Libby Buchan-Steele, Ailsa Bennet, Alfie Milligan, Matthew Pinder and Kia McLaren.

### Junior Section:

Best 1st Year: 3rd Amy Wilson; 2nd Iona Thomson; 1st George Milne.

Best 2nd Year: 3rd Claire Wilson; 2nd Abbie Watson; 1st Callum Jack.

Best 3rd Year: 3rd Keir Robertson; 2nd Cameron Coyne; 1st Jack Watson.

Overall Best Junior: Jack Watson.

Best Squad: Squad 3 - Jack Watson, Ross Coyne, Amy Wilson and George Milne.

### Company Section Awards

Promotion to Sergeant: Matthew MacDonald, Jack Finnie.

Promotion to Corporal: Matthew Campbell, Lewis McKenzie, Douglas MacKessack, Kathryn Spain, Andrew Jack.

Promotion to Lance Corporal: Billie McGregor, George Dick, Ryan Robertson, Geordanne McLaren.

Officers' 10 Pin Bowling Challenge: David Munro.

Most Improved Volleyball Player: Mitchell Brown.

### Battalion Awards

Drill Medal	Jennifer MacKessack
PE Cup	held by Kinross
Athletics Rosebowl	held by Kinross
Battalion 1500 metres	held by Kinross
Volleyball Cup	Adam Sweeney

Centenary Volleyball Cup	Mitchell Brown
Battalion Swimming Cup	held by Kinross

Battalion Swimming Shield	Faye Mathieson & Rebecca Douglas
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Pullar Inkstand (4 x 2 length relay)	Cameron Nelson & Kathryn Spain
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Table Tennis Cup	Mitchell Brown
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Scripture Search (Battalion winners)

Target:	Douglas Mair
Junior:	Joshua Roe
Intermediate:	Andrew Jack
Senior:	Jack Finnie

### Company Awards

Best Youngster at Camp	Alice Eade & Jennifer MacKessack
------------------------	----------------------------------

Best Squad: Squad 4 – Jennifer MacKessack, Andrew Jack,

Michael Ferguson, Andrew Beveridge, Douglas Mair and Rachel Lond.

Neale Trophy (Citizenship)	Jennifer MacKessack
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Best Recruit	3rd Jamie Lee Wardrope
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	2nd Robbie MacKessack
--	-----------------------

	1st Katy Bell
--	---------------

Best Youngster	3rd Andrew Beveridge
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(Melville Trophy)	2nd Mark Cathro
-------------------	-----------------

	1st Michael Ferguson
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Presidents Badges: Andrew Jack, Douglas MacKessack and Matthew Campbell.

Queen's Badges: Andrew Jack & Alice Eade (first girl in Scotland to be awarded the Queen's Badge).

### Captain's Report

Anchor section numbers are down from previous years. For most of the session there were between 22 and 24 regular Anchors but with the plethora of school holidays since February, our numbers have been erratic and have settled at 18/19. Ten Anchors gain promotion to the Junior Section with three of those having been in Anchors for all three years. Special days were celebrated – everything from St David's Day to the Royal Wedding; we have learnt Bible and other stories through crafts, colouring and puzzles; we have learnt about nature and the world around us and we have played games. We had a fancy dress Hallowe'en Party and a pantomime visit to "Jock and the Beanstalk." We also managed to include "real music" thanks to Mr Boyter and Mr Campbell.

Junior Section numbers are also down this session although it was good to see some new faces joining us. Juniors have been busy gaining badges for their appropriate year. Included in their weekly routine they have had a visit from the Community Policeman, raised money for an underprivileged school in South Africa and taken part in various Battalion competitions and parades. The Hallowe'en Party and trip to the pantomime were highlights and most recently our annual camp at Aberfoyle was enjoyed by all, especially with the sunny weather.

Company Section summer camp last summer was in the Netherlands with a full 54 seater coach and a car travelling for a most successful trip. This, our third stay in the Hotel Den Halder, was particularly enjoyable. As well as taking part in the BB national competitions we have again participated in most battalion events and again won a number of trophies and awards. It is good to see the drill medal returning to Kinross once again and I think it is a first that we had someone from Kinross come top at each stage of the Battalion Scripture Search where members have a specified time to answer questions from the Bible. In my day we weren't allowed to have a Bible present but nowadays everyone is permitted to search the Bible for their answers.

After tonight we will continue to meet in the Company section (without uniform) from 7 till 9 until mid-June. We are also looking forward to our summer camp at Broomley Grange in Northumbria.

It is particularly rewarding for the officer staff to see the number of Presidents Badges and Queen's Badges being awarded to our members with special emphasis on us having the first girl in Scotland to be presented with her Queen's Badge - well done Alice.

Thanks to parents for your support and to all staff members from the three sections for their commitment and dedication throughout the session.

*See also Congratulations, p. 84*

## Kinross-shire 50 Plus Club



The June meeting will be held on **Thursday 2 June** at 2pm in the Millbridge Hall. There will be a Fashion Show at this meeting by Alva Fashions. Come and see Club members taking to the catwalk!

**Away Days: Thursday 9 June:** Rosslyn Chapel. **Thursday 23 June:** Kenmore for a picnic. **N.B.** Please bring your own food.

**Annual Outing:** The Club annual outing will be to Largs on **Sunday 10 July**. Details of the cost, coach plus high tea, will be advised as soon as available.

**Theatre Excursion:** Edith has secured Circle seats at the Playhouse Theatre, Edinburgh for a matinee performance of the Fred Astaire/Ginger Rodgers classic "Top Hat" starring Tom Chambers of "Strictly Come Dancing" fame. The cost is £20 per seat. Although this will take place on Wednesday 23 November, the Club has had to pay in advance and therefore we would appreciate if members wishing to attend would pay the cost of the tickets at the June meeting. The cost of the coach, £8.40, will be collected at a later meeting nearer the date of the excursion.

### Friday Hill Walkers

**3 June:** As we have no bus, the walk has been rescheduled for Lochore Meadows to Benarty. Meet at Lochore Meadows car park at 0900.

**17 June:** An old favourite, Glen Banvie from Blair Atholl, quite a long walk but no hills. Meet at usual time of 08:30 opposite Green Hotel.

Would members please go to [hillfolk.pbworks.com](http://hillfolk.pbworks.com) for any changes and let us know if you are planning to come.

*Please note this membership list is currently fully subscribed.*

### Friday Walkers

**10 June:** A repeat of the Historic Stirling walk, new last year, starting from the Wallace Monument, going over the Old Stirling Bridge and along the Time Line on the riverside, to come up the ramparts of Stirling Castle. Then we cross a footbridge over the Forth to go to Cambuskenneth Abbey, and back to the car park at the Wallace Monument. This is about six miles, along a variety of paths and roads, with steep paths up the back of the ramparts.

**24 June:** Birnie Lochs in the morning, where there is a lovely picnic site, with a walk in the Ladybank Woods in the afternoon. Both of these are easy walks, but both are very pleasant, and less than six miles in all. This was an outing which had to be cancelled due to bad weather earlier in the year.

*Please note that the walkers' membership list is currently closed.*

### Activities

**Smiddy Singers:** Chris Renton has advised that regretfully the Smiddy Singers have disbanded. This is due to dwindling numbers and a lack of new talent coming forward. Chris is to be congratulated on a job well done for nearly 15 years, more recently against adversity. The singers have contributed their time and efforts over the years, giving concerts in aid of many charities, and this contribution will be sadly missed. Our thanks and best wishes go to them all. Special thanks from Chris go to Keith who stepped in and assisted them latterly as an accompanist. Around Christmas time we may well here more of the "Smiddy Singers"!

**The Craft Group** meetings are held each Wednesday at 2pm.

**The Fly Tyers** meet each Monday between 2pm and 4pm. This group has both men and ladies within its membership.

**The Kinvest Investment Club** meets once a month. New members, who need only a general knowledge of investments, will be made most welcome. The meetings are normally held the first Monday of each month at 1.30pm. Club members wishing to take part should contact John Dryburgh on 01577 862555 for details and venue.

**The Keep-Fit Group** meets each Tuesday at 2.30pm. The members who attend thoroughly enjoy their sessions and recommend it. Come along and join in. New members please note that an exercise mat or large towel will be required.

**The Line Dancers** swing and sway every Tuesday and Friday at 10.30am.

**LUST:** The slimmers meet each Thursday, 9.30am to 10.30am.

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## The Kinross-shire Civic Trust



This year is the 20th anniversary of the foundation of the Kinross-shire Civic Trust.

### Programme

The Civic Trust has a full programme for the coming year:

- June** Mid-summer walk (see right).  
**July** Judging for the Best Kept Village Award.  
**August** The Trust intends to be at the Kinross Show.  
**Autumn** There will be a Lecture, probably with the Scottish Civic Trust promoting Planning Aid for Scotland. We will announce more details about this later.

### Autumn/

**Winter** Trust Dinner.

### Annual Subscriptions

Members are reminded that Annual Subscriptions (£10 for Family/Society, £15 for Corporate Member) are now due. Members should have been sent a renewal form by post or email. Renewal forms and remittance (cheques made payable to 'Kinross-shire Civic Trust') should be sent to: Mr K Miles, Civic Trust Treasurer, Turfhill House, Kinross, KY13 0NQ.

### New Members

If you would like to join the Civic Trust, please send a membership fee (£10 for Family/Society, £15 for Corporate Member) and a note saying you would like to join, together with your name, address, telephone number and email to: Mr K Miles, Civic Trust Treasurer, Turfhill House, Kinross, KY13 0NQ. Cheques should be made payable to 'Kinross-shire Civic Trust'.



*The Trust's Mid-Summer walk around Tullibole estate will include many historical points of interest, including the ancient graveyard*

## 20th Anniversary Mid-Summer GUIDED WALK

**around the archaeological remains in Tullibole Castle estate**



followed by  
Wine and Cheese in the Great Hall

**2.30pm, SUNDAY 19 JUNE**  
Cost: £5.00

By kind invitation of Lord and Lady Moncreiff, the Kinross-shire Civic Trust will celebrate its 20th anniversary by visiting the estate of Tullibole Castle, the setting of the Trust's inaugural outing twenty years ago. Everyone is welcome – you don't have to be a member of the Trust, just book a place using the form below. It is sure to be a fascinating afternoon.

In **Tullibole Churchyard**, see the remains of the old Tullibole Kirk, abandoned in 1729 when the parishes of Fossoway and Tullibole were united. There are ancient headstones and the "Covenanters' Table", possibly a grave enclosure or outside communion table. The visit will also take in **The Witches Maze**, created with beech hedging planted in 2003 to commemorate the eleven innocent people who were put to death following witchcraft trials in 1662. Other points of interest will be the **Polish Army camp**, the **Doocot**, the **stew ponds** (moat), **washhouse** and **old farm steading**.

The walk is about two miles, so please bring sensible shoes. Access: Due to the historic nature of the castle, the only access to the Great Hall is a stone staircase.

Meet at Tullibole Castle at 2.30pm on Sunday 19 June, but please book your place in advance using the form.

If you require transport, or have any other queries, please telephone Bridget Lindsay on 01592 860252.

**BOOK YOUR PLACE ON THE GUIDED WALK** by completing the form below and sending to Bridget Lindsay, Balgedie House, Easter Balgedie, by Kinross, KY13 9HQ by **WEDNESDAY 15 JUNE at the latest**.

### Booking form for the Kinross-shire Civic Trust Mid-Summer Guided Walk

**around the grounds of Tullibole Castle on Sunday 19 June 2011**

I would like to book ..... places on the Mid-summer walk @ £5 per place.

I enclose a cheque for ..... (made payable to 'Kinross-shire Civic Trust')

Names of Attendees .....

.....

Telephone No. ....

*Send this form to Bridget Lindsay, Balgedie House, Easter Balgedie, by Kinross, KY13 9HQ by Wednesday 15 June at latest.*





## The Kinross-shire Civic Trust (continued...)



### Buildings of Interest in Kinross-shire Former Damside (East) United Presbyterian Church, Kinross

At the far end of Mill Street, in the centre of Kinross, stand what look like two separate plain, oblong, random rubble, slate-roofed buildings standing side by side. They are, in fact, one building joined by an entrance porch at the rear that is approached through a gateway. Now privately owned, this was once a church used for over 125 years by a branch of Ebenezer Erskine's Secession Church, known as the Anti-Burghers. Further splits took place resulting in the formation of 'Auld Licht' (old light) and more liberal 'New Licht' factions. The date 1796 on a gable finial points to the year the Anti-Burghers 'Auld Lichts' began to build their own church on the damside, a lade supplying water to the Kinross corn mill which gave its name to Mill Street. Completed in 1797, the church was officially known as the Kinross (East) Anti-Burgher Church. It took the 200 members of this church two years to find their first minister, Thomas Beveridge, who seems to have been sacked in 1803 after rumours of a scandal. The next incumbent, Robert Leishman, proved a better choice, remaining in office for 51 years until 1855.

When the so-called Disruption took place in 1843, the Auld Licht and New Licht factions of the Secession Church decided to reunite under the banner of the United Presbyterian Church. The congregation now came to be known as the Damside (East) United Presbyterian Church.

The congregation, which maintained a library of 500 books, initiated weekly 'Christian Endeavour' meetings and a 'Total Abstinence Society' which survived until 1917. By then the United Presbyterian Church had united with the Free Church to become the United Free Church. William Crozier, the last minister of the church, served until the East and West churches united in 1925. In that year the congregation moved to the West Church in the High Street, which subsequently came to be known as the East Church in 1929 after the union of the United Free Church with the Church of Scotland, whose West Church in Station Road is the current parish church.



*The former Damside (East) United Presbyterian Church*

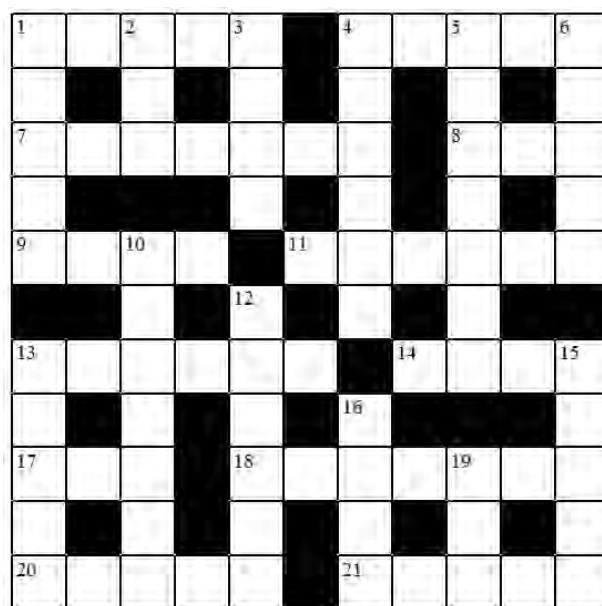
### CROSSWORD PUZZLE (answers in the Notices section)

#### ACROSS

1. Actors set in stone (5)
4. Set up makes a disturbance (5)
7. Crab ice has sour taste (7)
8. What goes on four legs in the morning, on two legs at noon, and on three legs in the evening? (3)
9. Uncouth, in prudence (4)
11. Twin it? Stupid boy (6)
13. Oppressor ratty about a point (6)
14. Mechanically write in fifty periodicals (4)
17. To sing endlessly is a crime (3)
18. Muddle bub that you can bathe in (7)
20. Compact disc sounds slightly ill (5)
21. What? A pirate hides a long nosed piggy animal (5)

#### DOWN

1. Swiss gas seat (5)
2. Strange use of legal action (3)
3. Boss makes one cry (4)
4. Mischievous boy hides in your chinchilla (6)
5. Owe yams, somehow (7)
6. A firmly held belief that ten runs up and down (5)



10. Make insane and angered (7)
12. Gnarled, hit up by the end (6)
13. Trials set up around street (5)
15. The end of December and the end of the fire (5)
16. Test wrongly, let it stand (4)
19. Lightly hit either way (3)



# Sports News

## Kinross Tennis Club



The tennis season is in full swing and it's not too late to join in! There are adult and junior weekly social sessions, league matches and coaching so there is something for everyone.

**Mini & Junior Coaching:** The current block of coaching is due to complete on 25 June and all the children are having fun and improving their tennis. Some spaces are still available if your child is interested in joining. Next block commences 16 August for seven weeks – further information from [kinrosstenniscoaching@gmail.com](mailto:kinrosstenniscoaching@gmail.com).

**Junior Summer Camps:** We will be running one tennis summer camp this year from 8 to 12 August. Apologies for the cancellation of the Easter camp due to insufficient numbers, possibly caused by the multi-sports camp the week prior. To avoid a repetition please note that a multi-sports camp will run at the club from 4 to 8 July 2011, but if it is tennis only camps that you wish to enrol your child in, then it is the August camp that you need.

**Adult Coaching:** Currently running improvers coaching on Tuesdays to end June, the next block will commence on 16 August with scope for all standards so if you are interested in coaching please contact Susan at [kinrosstennis@gmail.com](mailto:kinrosstennis@gmail.com).

**Tennis Tayside Leagues:** the ladies team have played three matches so far, beating Montrose 6-3, losing to Falkland 4-4.5 and losing to Scone 3.5-5.5. The gents team have yet to play as Tayport conceded and the match v Montrose was postponed. Our juniors are enjoying their first matches with an away match to Montrose and a home fixture to Crieff – both resulted in narrow defeats, but valuable match experience. Upcoming home fixtures:

Ladies v Scone 1	Monday 13 June from 6.15pm
Ladies v David Lloyd 1	Monday 20 June
Gents v Tayport 2	Thursday 2 June from 6.15pm
Gents v Wormit 2	Thursday 16 June
Juniors v Craigie 2	Saturday 4 June from 3pm
Juniors v Duffus 2	Saturday 18 June

**Primary Schools Competition:** the sun shone on 11 May as we hosted a P3/P4 team event for Perth & Kinross Tennis Development Group – thank you Laura, Susan and Charmian for making the day a success.

**Summer BBQ & Tennis Tournament:** our annual summer BBQ and tennis tournament will take place on **Saturday 11 June** from 3pm so pop the date in your diaries, details will be emailed shortly.

Further information can be found on our website [www.kinrosstennisclub.org](http://www.kinrosstennisclub.org) or by contacting our secretary Susan Malcolm on 01577 863774 or by emailing [kinrosstennis@gmail.com](mailto:kinrosstennis@gmail.com).

### Need Equipment for a Community Event?

Marquees, Gazebos, Chairs, Tables and more available to hire (or sometimes borrow).

Items are listed on [www.kinross.cc](http://www.kinross.cc) at:

[www.kinross.cc/equipment\\_hire/equipment.htm](http://www.kinross.cc/equipment_hire/equipment.htm)

If your community group has items it would be prepared to lend or hire out, please add them to the list.

## Orwell Bowling Club

Our first Friendly of the season was an away game at Strathmiglo on Sunday 24 April – one of those really beautiful days we had during the “dry spell”. Sadly the “Strath” bowlers knew their green rather better than Orwell and we lost 74 shots to 56. Hopes were high for our next one against Kinross on the evening of Wednesday 4 May – yes, the evening the weather broke when 32 drowned rats scuttled back into their most welcoming clubhouse, where the kettle had been on and the tables groaned beneath hot sausage rolls, sandwiches and wonderful home baking. Again the home team triumphed and Orwell went down by four shots – but a good time was had by all in most convivial surroundings.

We are proud to announce that Orwell Bowling Club will be hosting the prestigious inter-county (Stirlingshire vs Clackmannanshire) day-long Hamilton Trophy match on Saturday 11 June, when six rinks will display some high-class bowling, so come along on the day and enjoy this summer spectacle with us. Meanwhile, we mere mortals will continue to hone our skills and hope for some dry days on which to practise them.

## Kinross Cycling Club



The racing season is underway and the club's internal competition and inaugural GP event is proving a great success with club members. Attendances for the first two events have been high and the Grand Prix series is developing into an exciting contest. Five early contenders are emerging and a host of other riders are within striking distance of a podium position after two events. The excitement is enhanced with the winner of the first event, Stuart McElroy, puncturing in the second and recording a DNF. A club time trial champion, Ken Ogilvie takes second place to new contender for the time trial crown, Angus McCulloch. With 50 points for a win, the series looks set to develop into a very successful competition over the summer months. It's not too late for new riders to enter, just join the club, turn up for the event and post a time. There are six events to run and lots of points to pick up!

The table so far:

Pos	Rider	Cat	Points
1	Gillian Corsie	F V	96
1	John Gallacher	M V	96
3	Ken Ogilvie	M Vin	95
4	Roddy Pattison	M V	93
5	Grant Young	M Sn	89

The month of May saw the annual Etape Caledonia Sportive with a strong contingent of riders from KCC entering and posting excellent times for the 81-mile course. Our very own club President and local GP Roddy Pattison (3.59.17) was the fastest club rider, breaking 4 hours for the course, with Robbie Sangha (4.02.10) becoming the club's King of the Mountains with a time of 7.51 for the hill climb and an excellent 158th overall in the event competition, in a field of several thousand!

## Kinross Ladies Hockey Club



Kinross Ladies Hockey Club have now finished season 2010-11 and what a great season. The First XI finished at the top of Midlands Division 1 and the Second XI were fourth in Midlands Division 2. Trophies won include the Corporation Cup, League Cup, Knockout Cup and League winners for the First XI.

### First XI

17 April saw the First XI playing in the Inter-district Tournament at St Andrews. This involved 25-minute each way games against three other teams, being East Kilbride, Inverurie and Inverleith. Their first game was against East Kilbride. Kinross got off to a good start winning 5-0 with three goals from AJ Combe and a goal each for Katy Russell and Vicky Carver.

Their next game was against Inverurie. This was a tougher game and Inverurie went ahead in the first half. In the second half Kinross were awarded a penalty flick which Gill Robb put away making the final score 1-1.

The final game for Kinross against Inverleith started off well, going ahead 2-0 with both goals from Vicky. Inverleith came back and Kinross could only manage one other goal from Katy. The final score was 4-3 Inverleith.

On 20 April the First XI played their last league game of the season against Grove 3. It was an unusually hard game for Kinross as Grove took the lead 2-0. Kinross came out for the second half fighting and came back with two goals from Vicky to finish the game 2-2.

On 27 April Kinross were due to play Perthshire 1 in the Knockout Cup Semi Final but Perthshire had to concede which meant that Kinross 1 went through to the Knockout Cup Final. This took place on 30 April at DISC in Dundee against Brechin. Brechin took the lead with a relatively early goal but Kinross came back 2-1, with goals from Lynn Paterson and Gail Nelson.



*Kinross Ladies First XI – Knockout Cup winners 2011*

If you would like any further information on Kinross Ladies Hockey Club please visit our website at [www.kinrossladieshockey.co.uk](http://www.kinrossladieshockey.co.uk). We also have a new Facebook page so join up now!

### Looking for a Job?

Check the situations vacant page at  
**[www.kinross.cc](http://www.kinross.cc)**

## Milnathort Golf Club

### Junior Section

The golf season is well underway with a number of junior competitions already completed; in the over 14 section, Lewis Hunter and Russell Malcolm have both won and in the under 14 section Jamie Fulton and Aaron Tate won the May Medal and May Stableford respectively, with Gareth Hutchison and David McIntyre both posting the same lowest aggregate score for the Raeburn Trophy. The girls have also been well represented with Rachel Calder coming third in the May Stableford.

Milnathort boys and girls have taken part in Perth and Kinross County Golf events with Russell Malcolm and Pete Henderson coming fourth and fifth in their respective age groups in the Boys Spring Medal.

The club golf coaching has started at the club with a good number of young golfers attending; this runs through the summer from 6.30 to 7.30 on a Wednesday evening with a break for the school holidays. New junior golfers are welcome to come along to this. Junior memberships are also available.

### Senior Section

On Thursday 21 April, we had a very good turnout for the first round of the Charlie Macari Trophy, with several fresh faces lining up for this Seniors event. It was played in great weather (for April) and the winner on the day was Dave Mitchell, with Roy Cogbill, second and Willie Campbell, third.

On Thursday 28th we had another good turnout for the First Round of the Seniors Quaich. The winner on the day was John Murray, followed in by Hugh Cumming in second place and Graham Penman was third.

On Thursday 5 May, we held a Stableford Sweep, which was won by Charlie Payne with a creditable 41 points, with Alex MacDonald, a guest, coming in second. Well done to both.

On Friday 6 May, the Seniors enjoyed a trip to Dunning Golf Club and were hosted there by their Seniors on an Annual Fixture. On this occasion, the home team ran out the winners by 31/2 to 21/2 points. A very enjoyable outing enjoyed by all.

On Thursday 12 May, we played the second round of the Charlie Macari Trophy on a pleasant but very windy day. The winner of this Round was Willie Reid, Ron Macdonald runner-up and Jim Johnston coming in third.

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## Kinross Otters

**Carnegie Graded Spring Meet  
Glenrothes Institute, 30 April - 1 May**

The Carnegie Graded Spring Meet took place at the Institute pool in Glenrothes over the weekend of 30 April - 1 May and drew clubs mainly from Tayside, Fife and Lothian but some from as far as Elgin. For a graded meet, it was very high quality and difficult to get on the medals podium.

Top Otter this time was **Iona Elder** (13) in the Girls 12-13yr old 100m Freestyle where she took over a second off her personal best (pb) to come home in 1.06.90 to win an excellent silver medal. Had she not been disqualified for a minor infringement in the 200m Individual Medley she would have had a bronze medal as well.

**Euan Boyle** (11) took 1.5 secs off his pb in the Boys 8-11yr old 100m Freestyle to claim bronze in 1.16.50.

Completing the medals tally was **Ruairidh Haig** (15) who took exactly a second off his pb coming third in 1.02.05 in the Boys 14 and over 100m Freestyle. It seems the Otters are very good at this event as all three medals from the weekend came from this race!



*Ruairidh Haig, Euan Boyle and Iona Elder,  
medallists from Carnegie Graded Meet*

Performances worthy of a mention came from **Cameron Nelson** (12) in the Boys 12-13yr old 200 Individual Medley where he knocked an amazing 7 seconds off his pb in 2.39.52 to leave him 8th quickest 12 yr old in Scotland and from **Kirstin Haig** (10) in the Girls 8-11yr old 100m Butterfly where she took 7.5 seconds off her pb in 1.43.15 leaving her 14th quickest 10 yr old in Scotland. They both finished 4th.

### Swimathon Update

The Swimathon took place at Loch Leven Lesiure Pool on 9 April. The main aim was to raise as much money as possible for Marie Curie Nurses who provide care for people with advanced cancer conditions. The Otters were heavily involved and assisted the pool to have more people swimming than at any pool in Scotland! The Otters also claimed just about every fastest position in every age group in Scotland! That's got to be worth a few quid. **GO NOW** to [www.swimathon.org](http://www.swimathon.org). Sponsor a swimmer, Enter name (Team or individual), Search, Donate. (Cameron McCloskey, Conor McCormick, Vicki Reid, Niamh Mullen, Claire Moloney, Jack Watson, Fiona Crawford, The Silver Sharks, The

Huntudies). It is as simple as that. Let's make **OUR** pool top of the league in everything – Number of swimmers, fastest times and most importantly...**money donated**.

### Kinross Otters Friendly Gala

**Kinross Leisure Centre, 7 May**

On Saturday 7 of May, Kinross Otters hosted their annual Friendly Gala at Loch Leven Leisure, Kinross. Teams from Kinross, Kirkcaldy Fins, Step Rock (St Andrews), Cupar and Blairgowrie all competed with swimmers who have generally never swum in a competitive gala.

The level of noise and excitement from nearly 100 swimmers was incredible and the atmosphere was electric. All the youngsters swam brilliantly, but eventually it was Kinross who won the trophy and clearly showed that they will continue to be a force to be reckoned with in the future. Swims of the day were from two little diamonds in the rough and new discoveries, **Darcy Johnston** in the 8 & under Girls 25m Backcrawl (winning by 5 seconds) and from **Finlay Cormack** for the 8 & under Boys - winning the 25m Butterfly, Backstroke and Breaststroke.

The final points were as follows: Kinross - 106, Blairgowrie - 88, Cupar - 83, Step Rock - 73 and Kirkcaldy Fins - 70.

Our thanks go to our coach, **Lyn Hardie**, who worked tirelessly to make this event a success and fun for the kids and to head Junior Coach, **Fiona Crichton** and her team, who are clearly doing something right.

### Premier League

**Loch Leven Leisure Pool, Kinross, 14 May**

With Kinross Otters lying third in the Premier League after two rounds, hopes should have been high for the home leg at Loch Leven Leisure Pool on Saturday 14 May. However, due to an already weakened team and other unavoidable absences (e.g. wedding, Duke of Edinburgh etc.), it was obvious before the start that third spot was the most they could hope for again. And so it was, with the final placings as follows – Dundee City Aquatics 179, St. Thomas (Arbroath) 147, Kinross Otters 130, Forfar Falcons 115 and Menziehill/Whitehill 113. The Otters have consolidated third spot in the league and it is difficult to see any other final result at the end of the year.

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2.00 pm, MONDAY 20 June  
for publication on Saturday 2 July**

## Kinross Golf Club

Heather Gough and Anne Moore have come through their second round tie in the SLGA foursomes with flying colours, having beaten Taymouth Castle at Kinross by 5 & 4.

Anne Moore and Betty Brannan lost their second round match in the Daily Mail Foursomes, beaten away by Dollar.

Congratulations to Andy Campbell and Stan Ross who have qualified to represent Kinross in the Belhaven Trophy.

In the Senior Section, George Mitchell won the April medal played over the Montgomery course. Ed Wylie was second.

Their Inter Club match, against Leven Golfing Society at Leven, resulted in a win for Kinross Seniors.

Two Kinross Juniors, Stephen Harrower and Russell Malcolm, played in the recent Scottish Boys Championships at Dunbar, but lost in their first round matches.

In the Perth & Kinross County Junior Stroke play U18 Championship, five Kinross Juniors played in the qualifying field of 40, with Scott McLeod, Stephen Harrower and Russell Malcolm finishing in the top 16 to progress to the match play stage.

Scott, Stephen and Russell have also been selected to play for the County in their match against Lothians at Whitemoss.

**A date for your diary – Friday 17 June.** The Millennium Cup, tee off 4.30pm to 6pm. Each team will consist of a Gent/Lady or Gent/Junior playing a Pinehurst format. This competition is an ideal opportunity for all sections to meet up for an enjoyable evening of golf and the number taking part grows year on year. Last year, 44 members played and Jamie Montgomery joined us to present the Cup to the winning pair, Ronnie McHale and junior girl Jennifer Saxton who had an excellent Net score 64. An entry sheet will be displayed in each of the Lockers Rooms – please add your name to join us for a fun evening.

## Kinross Kobras Junior Hockey

Kinross Kobras together with Perthshire HC hosted a Perth & Kinross Junior Hockey Festival at Kinross on 8 May. Despite some showery weather, junior hockey players from Kinross, Perthshire and Blairgowrie played in a variety of mixed teams and competitions allowing them to get to meet and play with juniors from the other clubs.

A Kinross Kobras player, David McIntyre, has been selected to play for the Midland District U14 teams in the upcoming Scottish Hockey Union inter-district tournament.

Kobras training is continuing through the summer term on Thursday evenings 6.30 – 7.30 at the KGV Astroturf pitch, new players are always welcome.



Players at the Junior Hockey Festival in Kinross

## Kinross Vaulting Group



On 7 May, 17 of our vaulters took part at the latest competition at Oatridge Agricultural College. A big thank you to all our parents who helped out at this competition and made it our smoothest running yet. We had some fantastic results and a great time was had by all.

**Walk classes 10 and under** (all lunged by Janice Henderson on Robbie): 13th Hannah Black, 15th Sylvie Mckenzie, 16th Yasmine Clarke, 18th Aileen Kemp, 20th Mark Porteous.

**Walk class 10-13** (lunged by Janice Henderson on Robbie): 4th Heidi Ballantyne, 6th Kayleigh Ritchie, 7th Aimee Roberts, 8th Joanne Drysdale.

**Walk pairs** (lunged by Janice Drysdale on Robbie): 1st Heidi Ballantyne and Kayleigh Ritchie, 2nd Hannah Black and Sylvie Mckenzie.

**Under 14** (lunged by Liz Mackay on Robbie): 3rd Atholl Pettinger, 10th Kirsten Henderson, 13th Luke Crichton.

**Junior 14-18** (lunged by Liz Mackay on Max): 8th Emma Paterson, 13th Hannah Ballantyne, 14th Kirsty Paterson.

**Seniors** (lunged by Liz Mackay on Max): 4th Lesley Campbell.

**Pas de Deux. Canter pairs** (lunged by Liz Mackay on Max): 3rd Hannah Ballantyne and Emma Paterson.

**Pre novice teams:** 3rd Kinross purple consisting of Kirsten Henderson, Hannah Black, Yasmine Clarke, Mark Porteous, Sylvie Mckenzie and Atholl Pettinger. Kinross purple were 6th and they consisted of Heidi Ballantyne, Kayleigh Ritchie, Aimee Roberts, Luke Crichton, Aileen Kemp and Joanne Drysdale. All on Robbie and lunged by Janice Henderson.

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## Kinross Badminton Club



With the 2010/2011 season coming to an end, the committee would just like to thank all the members for making our first season at Loch Leven Community Campus a successful one. This was achieved by the consistent attendance of members which kept the club going strong throughout the season. With the annual tournament coming to an end we would just like to thank everyone who took part and also congratulate all of the winners and runners up:

	<i>Winners</i>	<i>Runners-Up</i>
<i>Gents</i>	Chris Bode	Ian Coulter
<i>Ladies</i>	Gwen Tate	Alison Scott
<i>Gents Dbles</i>	Charles Nurick & Rory Cooper	Matt Brown & Lewis Hunter
<i>Ladies Dbles</i>	Alison Scott & Christine Sorbie	Gwen Tate & Laura Wood-Goulbourn
<i>Mixed Dbles</i>	Gwen Tate & Lewis Hunter	Maureen MacPherson & Charles Mackinnon

This year's tournament produced a lot of high quality matches and we had a successful finals night with most of the matches stretching to three sets. Everyone played well and we hope everyone enjoyed themselves.

The presentation of the trophies will be held at the annual summer BBQ, which will be held at Bill Macdonald's house on 11 June from 4pm onwards. The annual golf outing will also be held on the same day, in the morning. We are trying to arrange this event to take place at Milnathort Golf Course, but the players will hear nearer the time about timings and the venue.

We hope that all the members make the most of their summer and enjoy their time off. The first Senior session of the next season will be 16 August and the first Junior session will be 1 September. Next season the mixed singles ladder system will be set up again after being corrected over the summer break. There will also be more focus on training the league teams to strengthen them to improve our chances in next season's Perth and District League.

As always, for more information contact our President Bill Macdonald on: 01577 862592 or our Vice President Rory Cooper on: rtc00001@students.stir.ac.uk

Or log onto the Club's website:

[www.kinrossbadmintonclub.co.uk](http://www.kinrossbadmintonclub.co.uk)

## Kinross Cavaliers Basketball Club



Saturday 14 May was a busy day for the team from Kinross Cavaliers who took part in the Under 14 Regional Development League tournament, held at Dundee Institute Sports Complex in Dundee.

The boys' teams included entries from Arbroath Musketeers, Dundee Sharks, Dunfermline Reign and Menzieshill Madsons. The team from Kinross Cavaliers enjoyed taking part and had a great day. They enjoyed their first game, winning comfortably against Dundee Sharks and just narrowly missed victory against Arbroath Musketeers and Menzieshill Madsons. Many thanks to Spike for coaching and to all the parents who helped with transport.

Training continues weekly at Loch Leven Community Campus. If you are in Primary 6 or 7, S1 or S2 and are interested in basketball or would like to give basketball a try, just come along any Tuesday from 6pm to 8pm. The sessions cost £2.50 per week with a one-off annual payment of £10.00.

The Club provides coaching to develop and improve your basketball skills throughout the year, with an emphasis on keeping fit and having fun. You don't have to be an expert, you will be made welcome even if you have never played before.

Remember the Perth & Kinross Under 15 development club train weekly, and would warmly welcome you any Friday evening from 6pm to 8pm at Perth Academy. Perth Phoenix also has under 16 and under 18 teams playing at national league level. If you are interested, contact Russel Kesson, Head Coach on 0794 387 5824. Basketball Scotland's website provides a wealth of information on all national league teams, events and much, much more. The website is [www.basketball-scotland.com](http://www.basketball-scotland.com).

If you would like to get involved in any capacity, or would like any further information, please call Karen Nicholson on 01577 862623 or email [k.e.nicholson@btinternet.com](mailto:k.e.nicholson@btinternet.com)

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## Kinross Cricket Club

### Senior Teams

The 2011 season so far can be summed up in three words; rain, exams and injuries. The first match of the 1st XI's new premiership league season was rained off after Stoneywood/Dyce travelled down from Aberdeen, only for the neutral umpire to call the match off. When the team travelled up to Aberdeen to play 2010 league champions Mannofield, the game was again rained off after Mannofield set a big total of 345 in their innings with former Scotland wicketkeeper Colin Smith hitting an impressive 168. Kinross started well and were disappointed to see the game abandoned after only 7 overs of their response. The 2nd XI have yet to play any matches with all their games rained off.

The only two games that have been played so far in the season saw the 1st XI fall short of runs on both occasions. The home fixture against Huntly produced only 96 runs from Kinross as batsmen struggled to find form against a very strong team that have made it clear they want the premiership title this year from their arch rivals Mannofield. An away trip to Meikle saw a better Kinross performance but again runs were lacking as Meikle passed the 115 run requirement with 4 wickets in hand. In part, the run shortage has been due to the loss of Scotland U19 player Peter Ross who is now making a major name for himself at national league side Heriots and the fact that his older brother and last year's top run scorer James has university exams and isn't back playing until late May. Add in a number of key players struggling with early season injuries and the 1st XI is finding that the premiership is definitely a step up from the previous leagues. As the weather improves we can look forward to getting back to winning ways and moving up the premiership league table.

### Junior Teams

While the senior teams have yet to record their first league win, the junior teams have all won every game of the season so far. In the Perth & Kinross Junior League the U11 side achieved a remarkable victory over a Strathearn combined U11/U13 team. Both the U15's and the U13's won their first round Scottish Cup ties against Forfarshire and Strathearn respectively. All the junior players have contributed with the bat, ball and in the field.

The most exciting game so far was an internal club game between an U13 select team and the Ladies U17 team. The ladies were asked to bowl and regular opening bowler, Claire Jackson proved why she was selected to train with the Scotland under-17s squad as she delivered a devastating first over of highly accurate swing bowling, taking her first wicket with her fourth ball. The second over, bowled by skipper, Lauren Megginson, was equally effective, taking a wicket with her 3rd ball.

By the end of the seventh over, the boys were under pressure, having lost 6 wickets with the score on 21. (Claire Jackson 2-1, Lauren Megginson and Kirsty Clarke, a wicket apiece and 2 run-outs). Lachlan Peterson came into bat and steadied the ship for the boys. He played a number of good shots and he picked off the singles with some good calling and fast running and he rotated the strike effectively. Lachlan and Hamzah Ulla batted nicely together and put on a good partnership of 26 before Lachlan retired on 20. The girls continued to bowl extremely good line and length



which the boys found difficult to play. 10 year old, Sally Weir, bowled two overs for 3 runs, Catriona Anderson in her first ever competitive game bowled 2 overs for 4 runs. The winter training has really shown its worth as the whole team bowled and fielded to a very high standard, restricting the boys to 67 in 20 overs. Stand out fielding moments – Carla Megginson's brave use of her shin to stop a 4! And consistently good fielding from Lottie Mayes (Queen of the long barrier and sliding stop!) and Alison Johnston.

After a short tea where Wendy Conway's warm, out of the oven banana cake had disappeared before the umpires made it into the pavilion, the boys got off to an excellent start having opener, Zoe Conway caught at mid-on off the third ball. They continued to build on this and the girls were 5 down for 13 runs at the end of the fifth over. Samuel Smith's caught and bowled was the pick of the wickets. The loss of the wickets brought Kirsty Clarke and Hannah Drew to the crease and the boys were fully expecting the match to be wrapped up within the next few overs. The girls however had different ideas! With 55 needed to win, Hannah and Kirsty dug deep and made it clear that their wickets would not be given cheaply. The boys' lack of focus and indiscipline in the field opened a window of opportunity for the girls and they didn't hesitate to take advantage of it. Hannah played some lovely cut shots finding the gaps and Kirsty was immovable in defence allowing Hannah to take the strike. A controversial decision not to give a run out, when Kirsty Clarke was clearly obstructed by a fielder as she tried to make safe her ground, seemed to unsettle the boys. As the girls edged closer to their target, the boys found it increasingly difficult to find a good line to bowl. Hannah was eventually out caught behind on a very good catch by boys captain and wicketkeeper, Connor Emslie. With 4½ overs to go, the ladies required 14 as Carla Megginson came in to bat in her first ladies match. Having already shown how fearless she was in the field, she continued this attitude with her batting, hitting every bowler and hitting the girls only 4 of the match.

The 19th over saw Kirsty on strike to face the boys top bowler, Lachlan Peterson with the girls needing four to win. Lachlan delivered 6 highly accurate deliveries including two perfect yorkers and was utterly dismayed as Kirsty Clarke kept a straight bat and defended her wicket with great determination. This left Carla to face Darwin Douglas, requiring four to win the game. A couple of loose deliveries and a scrambled single left the girls requiring one to win with two balls remaining and Kirsty on strike. A decent delivery which missed batsman, stumps and keeper, gave Carla the chance to sprint for the line which she safely made, giving the young ladies their first ever win against a boys team. Hannah Drew and Kirsty Clarke were joint "Men of the Match" for their determination to keep their wicket and bat together for 11 overs and put on a partnership of 40. An excellent performance by the girls which gives the boys plenty to think about before the return fixture later in the season.

### The Kinross Ladies

The Ladies start their Scottish League fixtures in late May and more information will be in the next issue.

Full details of all club fixtures, training times and match reports can be found at [www.kinrosscc.co.uk](http://www.kinrosscc.co.uk)



## Kinross Road Runners



The club's main event last month was the Loch Leven Half Marathon held on 14 May at the KGV rugby club. 400 runners from all over Scotland and beyond took up the challenge to run 13.1 miles round the shores of Loch Leven. The winning time was achieved by Chris Wilson (1:10:19) from Ronhill Cambuslang Harriers. Kinross Road Runners had 26 entrants this year. First man home was the unstoppable Andy Laycock (1:20:24), 2nd man Allan Kemp (1:25:40) and 3rd Alistair Black (1:26:20). The ladies were also well represented with 1st lady Trish Milne (1:36:18), 2nd lady Hazel Porter (1:42:41) and 3rd lady Julie Rose (1:52:34). All participants enjoyed hospitality at the Race Café where hot drinks and home baking were provided by club members. All proceeds from the café go to charity.

The club's next event is the **Milnathort Dash** on **23 June**. This is 5.5 miles and open to all abilities. Details on how to enter can be found on our website.

The race calendar is so full at the moment it's difficult to keep up with all that is happening in the running world. Here is a brief summary of recent events and achievements by Kinross Road Runners.

### London Marathon 17 April

Three KRR's took on the challenge of the London Marathon. Trish Milne, who is an experienced marathon competitor, completed the course in a fantastic time of 3:33:51. Steve Hopton pulled off a personal best time of 3:53:05 and beat that all important 4hr mark convincingly. Jacqueline Petrie ran her first ever marathon in a time of 4:36:54.

### Kinross High School PTA 10k - 28 April

There were 33 members competing in this race which takes in two and a half loops of the grounds around Kinross House. The race was marshalled by senior pupils from Kinross High School who did a great job on the night. All the runners were rewarded with refreshments back at Loch Leven Community Campus. Well done to the PTA for

organising a very enjoyable event. Trish Milne was our first lady home and 1st FV overall in a time of 43:41. Andy Laycock was our first man home and 2nd MV overall in a time of 36:47.

### Kilomathon (26km) 17 April

Jillian Gordon was 3rd FV35 and 41st place overall in a fantastic time of 1:56:58

### Highland Fling Ultramarathon 53 miles - 30 April

This is not for the faint hearted and those who took part put in mile after mile of training in preparation. The race follows the West Highland Way over multi terrain for a gruelling 53 miles. Andy Johns 9:24:06 (30th overall), Judith Dobson 10:37:52 (95th overall) was 1st FSV and gained a bronze medal in the Scottish Ultra Trial Championships FV class. Gillian Lopez (256th overall) completed the course in a time of 12:48:52.

### Cateran Trail Relay Race 23 miles - 7 May

This is a fantastic relay race in 3 legs which starts at Blairgowrie and ends at Spittal of Glenshee. Every team has six members who run in pairs to complete each section of the course. This year we had 6 teams taking part who all enjoyed the wonderful scenery and sunshine along the way. The KRR ladies team, Hazel Porter, Trish Milne, Pippa Coutts, Val Findlay, Judith Dobson and Christine Myerscough took 1st FV prize and first ladies team overall (3:54:48) and the KRR men, Peter Edgerton, Kevin Reith, Martin Hill, Graham Kemp, Alan Kemp and Andy Laycock took 1st MS prize (3:26:36) and came second male team overall.

### Training

Our training schedule can be downloaded from our website. On Tuesday evenings we meet at 7pm at far end of Kirkgate park for speed training. On Wednesday evenings we meet at 6:45pm at the old doctors' surgery in Lathro ready for a hill or trail run.

New members of any ability are always welcome to join the club or come along for a taster session. All the information you need is on our website.



*Kinross Road Runners at the Cateran Trail relay race on 7 May*

## Health and Fitness

by Tony Brotherton, Personal Fitness Trainer, fit & happy.

### Exercise and the over 50s

Population trends show an every increasing life expectancy in the UK and by 2050 there is estimated to be an additional 40 million over-65 year olds in Europe. The UK population is estimated to be 76.8 million in 2050 with over 40% being over 50.

Increasing financial pressure on the Health Service will see more emphasis placed on people to looking after themselves. This, coupled with the Government who are keen to promote a healthy diet and exercise to all ages, means it is particularly important for the Over 50s to keep active through regular exercise. It's never too late to start!

Many over-50s may view modern gyms and health clubs with some trepidation; however, you don't have to attend a gym to stay fit. There are many other options available to you, including specific over-50s exercise classes run under the supervision of a qualified professional, and yoga, books, magazines and exercise DVDs all are great alternatives providing a wide range of fitness and workout programmes. Whatever you decide is the exercise for you, make sure you have some fun and enjoy it. It should make you Fit and Happy!

There are four main areas that exercise can specifically help older people:

#### 1. Cardiovascular and Aerobic Fitness

As we age, the maximal heart rate drops by one beat per year. The stroke volume, that is the blood leaving the heart, decreases as well. Cardiac output decreases by approximately 20-30% as we age and the mobility and elasticity of the thoracic region decreases, affecting lung function.

Aerobic activity improves your body's ability to use oxygen in your blood.

A sensible cardiovascular programme can improve oxidation and flow of nutrients to the muscle, improving heart and lung efficiency, resulting in a decreased risk of heart disease, a decreased risk of high blood pressure, a lowering and controlling of cholesterol levels, an increase in energy and a boost to the body's immune system.

Walking, Cycling, Swimming, Jogging, Tennis and Dancing are all good aerobic exercises. Aim for 30 minutes of exercise over five days of the week; the 30 minutes can be split across the day into small 10-minute activities. The important factor is the accumulated duration. Start slowly and build up the intensity of the exercise when you feel ready to do so.

#### 2. Muscles

4% of muscle fibres are lost between early adulthood and 80 years. This loss increases over the age of 60 and is accelerated further by inactivity.

The loss of fibres are predominately fast twitch fibres which results in a decrease in strength and an inability to move around quickly.

A planned resistance weights programme can help reverse and prevent muscle loss. Weight-bearing exercises promote the regeneration of muscle fibres, providing enhanced skeletal and joint support.

Lifting relatively light weights, (e.g. 1kg-2kg dumbbells) will make you stronger and improve your balance. A



personal trainer will advise on specific exercises for specific muscles groups. Any programme should be balanced across the whole body.

#### 3. Bones

There is a reduction in bone density with ageing, resulting in lower bone mass and reduced bone strength making them more fragile. Women in particular are prone to osteoporosis due to decreasing levels of oestrogen in the post-menopausal stages of life. Joint degeneration occurs commonly in the over-55 age group, which can be due to poor posture and inactivity.

Resistance and weight-bearing programmes targeted at the legs, abdomen and back can reduce the onset of osteoporosis by improving overall strength and postural control. A flexibility programme can help maintain a wider range of movement and help stability.

#### 4. Body Fat and Related Diseases

One in five people in the UK are clinically obese. Regular exercise reduces the likelihood of developing diabetes by 71%. Exercise regulates the blood sugar levels in your body. Cardio programmes help to burn excess calories in the body and by doing so reduce body fat levels. Resistance programmes can create more muscle cells in the body, which in turn causes an increase in metabolism. The risks associated with heart disease, stroke, angina and hypertension are all reduced by regular exercise.

#### Some other basic advice:

- Consult your doctor before beginning any exercise programme, particularly if you have not exercised for some time.
- Wear soft, loose-fitting clothing and trainers that fit properly.
- Start by taking it slowly and ensure that you have "rest" days.
- If you experience pain, slow down. If the pain persists after slowing down, then stop and consult your GP. Pain can be a sign of over-exertion.
- Consume plenty of water and fluids. Have 300ml 20 minutes before exercising and drink regularly during and after your workout. Don't wait until you're thirsty – it's too late!

Exercise selection is crucial when training at an older age. Not only can a qualified Personal Trainer give you his/her expert advice, but at the same time you can learn how to look after yourself, achieve some personal goals you have set yourself and, more importantly, maintain them.

Remember it's never too late to start, and once you have started you will feel so much better physically and mentally. Invest some time in regular exercise and see the longer-term health benefits it can bring. Get and stay Fit and Happy!

**Note:** It is important that anyone considering taking up an exercise regime should consult their GP before doing so, particularly if it has been some time since you last exercised or if you are on any form of medication or suffer from a chronic illness or high blood pressure.

**Next Month: Teen Fitness.**

#### Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org) or phone Glenn Neve on 01592 860808 or email

[subscriptions@kinrossnewsletter.org](mailto:subscriptions@kinrossnewsletter.org)



# News from the Rurals

**MILNATHORT** – At the April meeting Ladies from Cleish SWRI demonstrated various crafts to the members which included plant identification, sugar paste flowers, necklace making, knowledge of herbs and spices and baking. There was also a quiz and poem, all of which was thoroughly enjoyed by the Milnathort members.

Competitions:

Article in Felt	-	Fiona Hynds
1lb Banana Loaf	-	Ena Thomson
Flower of the Month	-	Jean Paterson

**POWMILL** – President Mrs Janie Buchanan welcomed members to the meeting on 20 April. She then introduced Mrs Beth Pringle who gave a talk and demonstration on Floral Arrangements using different styles and textures to produce some beautiful arrangements. Mrs Maz Thorn gave a well deserved vote of thanks and Mrs B Bruce and Mrs C Fleming provided a very nice supper. Many thanks to everyone who supported the Bingo Tea on 30 March which raised £353.25.

Competitions:

Unusual Kitchen Gadget	-	Mrs E Johnston
Small Spring Arrangement	-	Mrs S Buchanan
Garden Gem	-	Mrs M Wilson

**BISHOPSHIRE** – At the Annual Meeting the competition trophies were presented:

Most points: Norma Smith; Runner up: Sylvia Herrington

Best trier: Sylvia Herrington

Curtis Quaich (for knitted hat for premature baby) – Janette Gardiner

Tellers were Dorothy Morris and Fiona Barnfather from Cleish WRI.

The new committee is: President – Norma Smith; Vice-President – Avril Rogers; Secretary – Joanne Cowan; Treasurer – Jeanette McLennan; Raffle – Ann Hughes; Committee member – Margaret Wilson.

**GLENFARG** – President Mrs Ursula Stewart welcomed members and friend to Glenfarg's AGM and very belated Christmas Party, making a pleasant end to a busy year. While we mourn the loss of a former President, Jenny Adam, we are pleased to welcome some new and returning members and look forward to a happy and successful session in September.

Mrs Helen Clark has finished her term of office and Mrs Helen Quartermaine has been elected in her place.

Yearly competition winners were:

Flower of the Month	-	Mrs Irene Bettaney
Jubilee Cup	-	Mrs Liz Yull
Endeavour Cup	-	Mrs Alison Messenger

Monthly Competitions:

Best use metre of material	-	Catherine Fairweather
Individual Sweet	-	Liz Yull
Flower of the Month	-	Margot Moran

The tellers were Ann Munro and Christine Dawson from Cambo, to whom we give thanks.

**CROOK OF DEVON** – President Mrs Margaret Arbuckle welcomed members and two tellers from Glenfarg to our AGM. Mrs Margaret Arbuckle and Mrs Isobel Mechan both retired after serving a number of years as president and secretary. Mrs Isobel Mill was elected the new President, office bearers still to be decided.

Competition Cup Winners were:

Most Points	-	Alice Johnson
Rose Bowl	-	Isabelle White

Mrs Margaret Arbuckle then introduced Lyn Strachan, a ranger from Townhill Country Park, who gave us a talk and slide show on some of the work her job entails.

A vote of thanks was given by Margaret Arbuckle.

Competitions:

Greenery Arrangement	-	I Mechan
Flower of the Month	-	J Allan

**CLEISH** – The May meeting was held in Cleish village hall. Mrs Dorothy Morris presided over a well attended business meeting and AGM. She welcomed two members from Bishopshire WRI who acted as tellers. After business, members enjoyed a delicious buffet supper.

Points prize winners: 1st Mrs Sandra Webster; 2nd Mrs Margaret Nelson; 3rd Mrs Chris Pilling.

Flower of the Month – Mrs Margaret Nelson

**CARNBO** – President Eileen Thomson welcomed members to the Annual General Meeting. After business, members took part in a Beetle Drive; there were a lot of very unusual Beetles. 1st prize for highest score: Mrs C Dawson; 2nd prize: Mrs C Meams; booby prize: Mrs E Thomson.

This was followed by supper. A good time was had by all.

Competitions:

Flower of the Month	-	C Meams
Handcraft Item from Show Schedule	-	J Paterson

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# Out & About

## Vane Farm



Well, April wiz a grand month, bit May hisnae been jist sae braw, hope that's no wur summer past awready!

The cooler weather disnae seem to be affectin birds ower much, wi nestin in full swing, swallies in the cludgy block, lapwings oan the wetland, hunners o' ducks coortin oan the flood, especially tufties, which congregate there before gawn ower tae St Serf's tae nest.

We hiv hid a couple o' rarer varieties hingin aboot wi a bonnie wee drake Garganey, a Ring necked duck and the Ross's goose ower oan St Serf's wi the pickle pinkfeet that are still hingin around. The woodland is alive wi birdsong, willow warbler, garden warbler, blackcap, whitethroat, song thrush and sedge warbler, so there's loads tae hear if yer walkin alang oor section o' the heritage trail. Although the weather hisnae been great, ye kin still appreciate the wonders o' nature so get yersels oot fur a wander in the great outdoors. If ye wid like tae keep up wi' whit's been seen, check oot oor sightins section oan the website [www.rspb.org.uk/vane-farm-bit](http://www.rspb.org.uk/vane-farm-bit).

Ye auld retail shop, as seems tae be the norm noo-adays, hiz offers galore oan this month. Ye kin buy a 100g pack o' dried mealworms fur £1.99 (normal price £4.99) or three fur £5. The six packs o' the non mealworm suet balls which means no the buggy yins are bein offert at half the normal price so that's 85p instead o' £1.79 makin twa packs cheaper than wan at the normal price! That offer runs fae 11 May tae 7 June. If yer lookin tae save a wee bit o' bawbees oan yer 12.75kg bags o' birdfood, ye kin save £5 a bag oan awe the big bags except peanuts – again that runs fae 25 May tae 7 June. If ye wid like tae gie yer birds a nice new outdoor bathroom, fae 8 June until the 21st, we are offerin 15% aff birdbaths, so come oan in and gie yer gairden pals a treat, wither it's a waash or a feed. Ye kin even gie yersel a treat at the same time by hivin yin o' chefy boy "Dougies" famous scrumptious organic scones, washed doon wi a nice cuppa!

This month's events: **Springwatch with the RSPB** oan **Sunday 5 June** – a sooster pile o' things will be happenin. We will be **pond dippin** fae 12pm – 2pm. **Swallowwatch** will commence at **12 noon** then every hour oan the hour until 3pm; ye kin join a member o' staff tae learn aboot oor wee heralds o' summer 'n' ask ony questions ye micht hiv aboot them. The **Vane Farm Boating Challenge** will set sail at 11am, come alang 'n' build yer ain origami boat then launch it oan the new wildlife gairden pond 'n' watch it wheech past pond skaters 'n' whirly gig beetles as it skites alang. The climax will be the **Vane Farm Boating Championship** which will take place at 3.30pm; if yiv built a paper version o' clyde built, enter it in the competition tae see wha is the best mechanical engineer oan the day?

All these events are free, although normal reserve charges apply unless yer an RSPB or WEX member in which case it's nae charge, nowt, zilcho, hee haw.... ahh the benefits o' bein a member eh!

We will also be attendin **Discovery Day** oan **Sunday 12 June**, so if ye wid like a wee chat aboot onything reservay come alang 'n' see us oan the day tae see whit wur up tae.

Richt then, ta ta till next time,

Colin

## Loch Leven NNR



The Swifts have returned after their long migration – some 14000 miles from their wintering grounds in southern Africa. After a long journey like that it's little wonder they gather in such large numbers at Loch Leven to feed on the abundant chironomids hatching in clouds over the water. Ospreys have also been seen fishing the loch at Burleigh and The Pier, so keep your eyes peeled this month for these and other migrants as they establish summer haunts around the reserve.

A collaboration was formed at Loch Leven NNR last month between Tabu Flo, a Ugandan Breakdance troupe, and Shared Territories, a music group from Muirhouse, Edinburgh. The opportunity for Ugandan dancers and young musicians in Scotland to collaborate in a natural environment is a rare occurrence, and SNH are thrilled to have had the opportunity to work with such enthusiastic and talented individuals. National Nature Reserves are sources of inspiration in all walks of life, and it is encouraging to see people from Scotland and beyond taking the opportunity to utilise the fantastic natural resource that is Loch Leven.



Ugandan Breakdance troupe Tabu Flo

This year's **Discovery Day** is right around the corner, taking place at Kirkgate Park on **Sunday 12 June** from 12noon to 4pm. The theme for this year's event will be celebrating the International Year of Volunteering, so you can expect to see a lot of involvement on all stalls from local volunteers helping out at the various organisations represented on the day. Among them will be RSPB, SNH, Butterfly Conservation, Fife & Kinross Bat Group, Perth & Kinross Council Ranger Service, Fife Amphibian and Reptile Group, local Red squirrel groups, and Centre for Ecology and Hydrology. There will also be story-telling, willow-weaving, crafty activities, snacks and beverages, beasties on display and a whole lot of fun with friendly people! We look forward to seeing you all down the park on Sunday 12th.

That's all for now folks,

Craig

## Farming



Although lambing is a dim, distant memory – or more accurately a hazy blur caused by the lack of sleep during the first two weeks of April – I'm pleased to report nearly 700 new arrivals to the flock and overall I can count the season of 2011 as a success. We were very fortunate to have a willing team of helpers and this, along with the great weather, contributed to the pleasing results of a good lamb crop. Our neighbours' partner caught me with tears running down my cheeks as I headed for home on the last morning before I was due to be back at work. These may have been easily mistaken for tears of relief except this year I felt a bit overcome by how we had all pulled together to get the job done. Thanks, everyone!

For the first time ever, a student joined us to gain experience of lambing; Rob doesn't come from a farm but he has decided on a career in agriculture, in particular sheep farming, and his enthusiasm was a real breath of fresh air. Currently studying for an NC in Agriculture at Elmwood College, he's keen to get practical experience before looking for his first job on a sheep farm. It may seem an unusual choice for a seventeen year old but the fact is that the industry needs more school leavers like this to enter, commit to learning the ropes and contribute to the business of food production. Although the main tasks for a student lammer are the labour intensive jobs of mucking out, feeding and watering, checking lambs and more mucking out, the industry as a whole offers a lot more than just muddy boots. Farming relies on the advances that take place in science, nutrition and technology every day and young people are in the best position to embrace these advances and use them to make progress. The average age of a UK farmer is about 56 so it's obvious that there are opportunities for new blood to enter and foster the new ideas. I hope that Rob and the other students like him across Scotland continue to look for opportunities to develop themselves within their chosen sector. Agriculture can supply them with a challenging, technically complex, outdoor life supported by good leadership; many farmers and rural employers will go the extra mile to pass on their skills and train the next generation. It's still an industry where you can progress up the career ladder or use your skills to start your own business and I can personally guarantee job satisfaction by the bucket load. Any volunteers for lambing season 2012, just get in touch!

Fiona

## Local Attraction Opening Times

### Lochleven Castle, Castle Island, Kinross

Famously where Mary Queen of Scots was imprisoned in 1567 and forced to abdicate before dramatically escaping, this semi-ruined castle is set on an island in beautiful Loch Leven. Parts of the castle date from the late 14th or early 15th century. There are lawns and benches on the island. The property is reached by boat, operated by Historic Scotland and departing from the fishery pier, where there is a café, shop and parking nearby. Opening times for 2011:



1 April to 30 September:	Daily, 9.30am to 5.30pm (last outward sailing 4.30pm)
1 to 31 October:	Daily, 9.30am to 4.30pm (last outward sailing 3.30pm)
Admission prices:	Adult £4.70, Child £2.80,
(includes boat trip)	Conc £3.80, HS members free.

## Weather



### March Weather Report From Carnbo

The weather of March, although not as severe as the previous two Winter months, was rather chilly and changeable. The wind was also stronger at times with even gales on some days, contributing to the cold feeling.

Rainfall for month	115 mm (111% of average)
Heaviest fall	18 mm (30th)
Snow days 3, lying days 3, total depth 14cms	
Highest temperature	14°C (21st)
Lowest temperature	-3°C (18th)
Average temperature	4.2°C
Ground frost on 16 nights	
Air frost on 13 nights	
Total cloud cover	75%
17 Sunless days	
Thunder not recorded	

P.S. The two Winters 2010 & 2011 were the coldest since the Winter of 1985 – 1986.

### April Weather Report From Carnbo

April this year receives top marks for good behaviour. There were no adverse weather events; even the teuchit storm or as some say, the lambing storm, was a non event. Thank goodness, say the lambs and the shepherds. Even the rain fall contributed to the good behaviour; the heavy rain during the first few days of the month helped to offset the very dry, sunny weather experienced for the rest of the month.

Rainfall for month	56 mm (97% of average)
Heaviest fall	28.9 mm (4th)
Rain days	10
Snow days nil (very rare)	
Highest temperature	19°C (11th)
Lowest temperature	0°C (24th)
Average temperature	9.1°C! (2010 6.6°C)
Ground frost on 5 nights	
Air frost on 1 night	
Total cloud cover	50%
8 Sunless days	

P.S. Rainfall on the 4th was 50% of April rainfall average!

The ferry is not equipped to carry passengers in wheelchairs, though access to the interpretation boards, the castle forecourt, courtyard, gardens and grounds is over grass and suitable for visitors using wheelchairs or with limited mobility.

### Burleigh Castle, Milnathort

A fascinating tower house dating from around 1500. The grounds are open during daylight hours. The keep can be opened on request. Please follow signs on site for key.

### Balvaird Castle

A late 15th century tower on an L plan. Refined architectural details. View exterior only. Phone 01786 431324 or check Historic Scotland website for open days for internal viewing. Grid ref 58NO16915. Near Gateside and Glenfarg.

### Elcho Castle, near Bridge of Earn

A 16th century fortified mansion, five miles NE of Bridge of Earn. Opening times: 1 April to 30 September, daily, 9.30am to 5.30pm. Admission prices: Adult £3.20, Child £1.90, Concessions £2.70.

# Gardens Open

More information about these gardens  
can be found on our website,  
[www.kinrossnewsletter.org](http://www.kinrossnewsletter.org)  
Leisure info also on [www.kinross.cc](http://www.kinross.cc)



Gardens, and some properties, open regularly not too far from Kinross				Admission Adult	Disabled Child Access	Contact Number
Opening Arrangements						
Falkland Palace & garden (NTS)	to 31 Oct	Mon-Sat Sun	1100-1700 1300-1700	£11.00	£8.00 gdn only	0844 4932186 0844 4932186
Hill of Tarvit mansion & gdns (NTS)	1 Apr-31 Oct	Thu-Mon	1300-1700	£9.00	£6.50	
Hill of Tarvit grounds only (NTS)	all year	daily	to dusk		yes	0844 4932185
Kellie Castle & garden (NTS)	23 May-28 Aug	daily	1230-1700	£9.00	£6.00 partial	0844 4932184
Kellie Castle garden & estate only (NTS)	to 31 Oct	daily	1000-1800	£3.00	£2.00 yes	0844 4932184
Culross Palace, study, town hse and gdns (NTS)	1 Jun-30 Aug	daily	1200-1700	£9.00	£6.50 no	0844 4932189
Culross Palace gardens only	all year	daily	1000-1800		difficult	0844 4932189
Branklyn Gardens, Dundee Rd, Perth (NTS)	1 Apr-31 Oct	daily	1000-1700	£6.00	£5.00 partial	0844 4932193
Glendoick Gardens, Glencarse, PH2 7NS	4 Apr-10 Jun	Mon-Fri	1000-1600	£4.00	free partial	01738 860640
Scone Palace grounds only	1 Apr-31 Oct	daily	0930-1745	£5.50	£3.75 limited	01738 552300
Barham, Bow of Fife, KY15 5RG (SGS)	27 Apr-28 Sep	Weds	1400-1700	£3.00	free no	01337 810227
Braco Castle gardens, Braco, FK15 9LA (SGS)	1 Feb-31 Oct	daily	1000-1700	£3.50	partial	01786 880437
Drummond Castle Gardens, Crieff	1 May-31 Oct	daily	1300-1800	£5.00	£2.00 restr	01764 681433
Botanic Garden, Canongate, St Andrews, KY16 8RT	Apr-Sept	daily	1000-1900	£2.00	£1.00 yes	01334 477178
Pittencreeff Park, Dunfermline	all year	daily	dawn-dusk	free	free yes	01383 720285

**Notes:** Other prices may be available, eg Concessions, Family. NTS = National Trust for Scotland (entry free to members). At some gardens there are plants for sale and refreshments available. Some gardens do not allow dogs.

## Scotland's Gardens Scheme

SGS, a registered charity since 1931, organises the opening of hundreds of gardens, ranging from formal castle gardens to small cottage gardens, to raise money for charity while giving pleasure to garden lovers. 60% of entry fees to gardens in this scheme benefit SGS's charities, which are: The Queen's Nursing Institute Scotland, Gardens Fund of the National Trust for Scotland, Maggie's Cancer Caring Centres, The Gardeners' Royal Benevolent Society and The Royal Fund for Gardeners' Children. 40% of entry fees goes to a charitable cause chosen by the garden owner. For more information, see the book "Gardens of Scotland 2011" or the website [www.gardensofscotland.org](http://www.gardensofscotland.org)

## Special Days Open in June

Three gardens at **Bridge of Allan** are open to the public on **Sunday 5 June** from 1pm to 5pm. Plaka at 5 Pendreich Rd, FK9 4LY has ½ acre of semi-terraced gardens divided into outdoor rooms. Kilmun Cottage, 1b Pendreich Rd, FK9 4PZ has been beautifully designed and landscaped by the owner within the last three years. Kenilworth at 7 Kenilworth Rd, FK9 4DU is a traditional garden dating back to the 1850s with specimen trees including a magnificent deodar cedar. Maps and tickets available at all gardens. Route: signposted from village. Admission £4, children free. 30% to St Saviour's Church and 10% to Strathcarron Hospice. Dogs on a lead welcome. Plant stall and cream teas at St Saviour's Church Hall.

New to SGS, the garden at **The Old Manse, Caputh**, PH1 4JQ is open on **Sunday 12 June** from 2pm to 5pm. An established garden with small walled garden, vegetable potager, herbaceous borders and short camellia hedge. Walk to river through fields with wild flowers along the river bank. Admission £4, with Caputh and Clunie Churches receiving

40%. Limited plant stall. Partial disabled access. Homemade teas. Route: Follow A9 to Bankfoot, then sign to Murthly/Caputh. In Caputh turn left to Dunkeld below the Church. 200 yds on left amongst trees.

The magical grounds of **Fingask Castle, Rait**, PH2 7SA are testament to both the present owner and his ancestors' eccentricity and architectural scavenging. Explore the grounds and discover statues, gargoyles, gravestones, bamboo forest, topiary and more. Open on **Sunday 19 June** from 2pm to 5pm. Admission £4, children free. 40% to All Saints Church, Glencarse and Fingask Follies. Web: [www.fingaskcastle.com](http://www.fingaskcastle.com). Full disabled access. Dogs on a lead welcome. Refreshments.

On **Sunday 19 June** entry fees to the garden at **Culross Palace** benefit SGS charities (noon to 5pm). A model 17th century garden has been recreated to show the range of plants available and includes vegetables, culinary and medicinal herbs, soft fruits and ornamental shrubs. Admission £5 inc tea/coffee and cakes. Fruit and vegetable stall.

New to SGS, the gardens at **Rossie Priory, Inchtute**, PH14 9SG are open on **Sunday 26 June** from 2pm to 6pm. The original gardens were laid out during the first half of the 19th century with woodland walks leading to the yew and water gardens. The house sits on terraced lawns overlooking Scotland's oldest cricket grounds. Walled garden, spring and shrub borders and extensive landscaped policies. Admission £4, children £2. 40% to Maggie's Centres, Dundee. Plant stall, refreshments, partial disabled access, no dogs. Route: A90 (Perth-Dundee) exit at Inchtute jct. Follow B953 (Abernyte). At small roundabout take 1st exit (Horseshoe café on left). Two thirds mile turn off at first right. Through village of Baledgarno and follow signs.

## Congratulations



George and Frances **DRYSDALE**, Warroch Home Farm, by Kinross, are delighted to announce the engagement of their only daughter, **ALISON JAYNE**, to **STUART CHRISTOPHER SMITH**, elder son of Gordon and the late Dorothy, Glasgow on 21 April 2011.

**NIEL ISDALE**, formerly Kinross, and **KELLIE PATTEE**, formerly Salt Lake City, Utah, USA, both now residing in Bondi, NSW, Australia, were married on Sunday 10 April 2011 at Worroving Heights, Jervis Bay, NSW, surrounded by family and friends, some from Kinross.

Gordon and Victoria **JACKSON** of Kinross are delighted to announce the birth of their daughter, **ISABELLA EVE**, on 25 April 2011 at Perth Royal Infirmary. A little sister for Oliver.

**ALICE EADE** of 1st Kinross Boys' and Girls' Brigade has become the first girl in Scotland to be awarded the BB Queen's Badge. An official Mid Scottish BB presentation will be made at St Matthew's Church, Perth on Sunday 5 June, followed by a civic reception at the Royal George Hotel.



*Alice Eade with her BB Queen's Badge and certificate*

### PLANNING PERMISSION BUILDING WARRANTS

McNeil Partnership is a locally based practice with LOCAL knowledge providing drawings and processing applications for Planning permission and Building Warrants. We specialise in Extensions, Attic Conversions, Conservatories, Porches and Internal and External Alterations.

Contact **Eric or Fiona McNeil**  
**01577 863000**  
For free advice

## Thanks



From **GRAEME PATERSON**: I would like to thank everyone who donated towards the Gala Dinner at Windlestrae Hotel on 30 April. At the end of the evening, over £4500 had been raised, although I am reliably informed that there is more to come! I don't wish to list donors and sponsors, partly for fear of offending by omission, but also because there are too many to list here! Particular thanks, however, are due to Colin Hogg for organising the evening and to Steamer Lane for providing the entertainment. A grand night was had by all. There was a raffle which raised almost £800 and an auction which raised over £1000. A donation of £500 has also been sent to MND Scotland.



More successes for Kinross Boys' and Girls' Brigade. Above, best youngster for the year, Michael Ferguson, with the Melville Trophy (presented to the Company when former captain Ally Melville left Kinross in 1972).

Below, left to right Douglas MacKessack, Jack Finnie and Matthew Campbell who gained their President's Badges.





# Kinross-shire Churches Together



## Kinross Parish Church of Scotland

10 Station Road, Kinross KY13 8QR (Charity number SC012555)  
 Rev Alan D. Reid MA, BD Tel: (01577) 862952  
 Reader: Margaret Michie Tel: (01592) 840602  
 Session Clerk: Jaffrey Weir Tel: (01577) 865780  
 Church E-mail: kinrossparishchurch@hotmail.co.uk  
 Church website: www.kinrossparishchurch.org

**Church open for visiting or quiet contemplation Mon-Fri 10am-12noon** (but note Pram Service on Tuesday mornings in term time)

**Church Office:** Mon-Fri 10am-12 noon. Tel. (01577) 862570

**To Lease Church or Church Centre:** Helena Cant (01577) 862923  
 helenacant@aol.com

**Events listed below are in the church unless indicated otherwise.**

### Regular Services and events

- Sun** 10.30am Morning Service, includes a crèche, Junior Church and, for secondary age, Jam Pact. The church has disabled parking, ramp access, disabled toilet.  
 7.30pm Church Centre: Crossfire, for S1 age upwards (last meeting before summer: 19 June).
- Mon** 8pm Housegroup (contact Brenda Fraser 862000).
- Tues** 10am Pram Service.
- Wed** 10.45 am Midweek Worship: Reading Room, Church Centre.  
 12 noon Mid-week and Mid-day: Time to Pray  
 7.30pm Various Housegroups (contact Margaret Michie).
- Sat** 10am- 12 noon Church Centre: 2nd hand book stall and café.

### Special Services and events in May

- Sun 29** 12.29pm Training afternoon for those helping at Family Week 1-5 August – contact Margaret Michie 01592 840602  
 6.30pm Informal service: Biblefresh: 'Sing Scripture'
- Tue 31** 2.30pm Causeway Court Service

### Special Services and events in June

- Thu 2** 7.30pm Thursday group, Church Centre: AGM  
 7.30pm Guild Presbyterian meeting at Errol Church
- Sun 5** 10.30am Quarterly Communion Service  
 6.30pm Informal Communion Service (common cup)
- Mon 6** 8.00am Time to Pray – Silent Meditation  
 8.00pm Heaven and Earth Café, the Muirs Inn: 'How to build a secure future' - an informal get-together for anyone, whether or not connected to a church
- Tue 7** 2.30pm Whyte Court Service  
 6.45pm Guild Summer Outing, Lochend farm
- Fri 10 & Sat 11** 9am–9pm Biblefresh Readathon: drop in to hear and/or take part in reading the entire New Testament to celebrate the 400th anniversary of King James Bible. Contact church office to sign up
- Fri 10** 7.00pm 'Connect', a youth fellowship for S5/S6, students, those starting work (contact John and Shona MacKay, 865388)
- Sat 11** 8.30am - Prayer Breakfast (numbers in advance to church office)
- Sun 12** 5.30-6.30pm Scottish Recorder Orchestra. Tickets £5, children free. Or observe open rehearsal 2pm-4.30pm.  
 7.00pm Charity Banquet and 'Slave Auction' by Crossfire youth group, Church Centre. Tickets £10 available at church or from Jenny Masson (865387)  
 7.00pm Pentecost Praise: at Fossoway Church
- Thu 16** 9.00pm – Time to Pray: late evening service of Compline
- Sun 19** 10.30am 'Cupcake Sunday: changing the world one bite at a time'. Service led by elders in aid of Church of Scotland HIV programme (Charity number: SC011353)
- Sun 26** 10.30 All-age Service, including Junior Church prize-giving  
 6.30pm Summer Songs of Praise, readings from King James Bible
- Tue 28** 8.00pm – Prayer Meeting

## Orwell and Portmoak Parish Church

### Church of Scotland

Interim Moderator & Locum Minister - Rev Duncan Stenhouse

E-mail: orwellportmoakchurch@yahoo.co.uk

### Sunday Worship, Junior Church and crèche:

10am Portmoak Village Hall (until church is repaired),  
 11.30am Orwell Church.

**5 June** - Communion services in both churches.

**3 July** - Communion services in both churches.

**Prayer Meeting** held 30mins before each service

**United Service** most weeks at 6.30pm in Orwell Hall (check weekly Order of Service for details).

**Service at Ashley House:** first Thursday of the month at 2.30pm

**Services at Levensen:** first Tuesday of the month at 4pm

### Morning Prayers at 9am

in Portmoak New Room on Monday and Thursday each week  
 in Orwell Church on Tuesday and Friday each week

### Events – Everyone welcome

**Milnathort Festival Weekend 4 - 5 June.**

See separate notice below.

Church office & shop open Mon – Sat. 10am until 2pm.  
 Christian cards, gifts, bibles & books for sale. Also internet access; printing & copying facilities; recycle ink toners, spectacles, stamps & batteries. Meeting room available to let.

Contact the Office 01577 861200  
 orwellportmoakchurch@yahoo.co.uk



**Milnathort Festival**

Church, Community & School in Partnership

To Celebrate the 400 years of the King James Bible we are having a Flower Celebration in Orwell Church, the theme being  
*From the Psalms* (any line or verse)

**Friday 3<sup>rd</sup> June**  
 3 - 6 pm Flowers to Orwell Church

**Saturday 4<sup>th</sup> June**  
 2 - 4 pm & 6 - 8 pm Flower Celebration in Orwell Church

**Sunday 5<sup>th</sup> June**  
 2 - 4 pm Flower Celebration in Orwell Church & Silent auction of flowers.

Church open for quiet moments to view the flowers.  
 Refreshments available in Orwell Hall.

6:30 pm Hymns of Kinross-shire in Orwell Church

Parish Bounds Walk between Mon. 30<sup>th</sup> May & Sat. 4<sup>th</sup> June.

Interested in taking part in the Flower Celebration?  
 Please contact Orwell & Portmoak Church Office by June 3<sup>rd</sup>..

### Cleish Parish Church Church of Scotland

Rev Joanne Finlay Telephone: (01577) 850231  
E-mail: joanne.finlay196@btinternet.com  
Reader: Mr Brian Ogilvie Telephone: (01592) 840823

**Sunday Services** 11.15am  
**Crèche** 11.15am  
**Junior Church** 11.15am

**May**

**Sat 28** Cleish Church Fete, 2-5pm.

**June**

**Sun 5** 11.15am, Sacrament of the Lord's Supper.  
**Sun 12** 11.15am Pentecost: All Age Worship service.  
**Sun 19** 10am Early Birds Service.  
11.15am Preacher: Reader, Brian Ogilvie.  
**Sun 26** 11.15am Preacher, Rev. Joanne Finlay.  
Junior Church Prize-giving.

**Saturday 18 June**, Community celebration.

**Tuesday 21 June**, 2pm, Cleish Kirk Session.

### St Paul's Scottish Episcopal Church

Muir, Kinross, KY13 8AY

Mrs Sarah Oxnard Telephone: (01577) 864213  
Mr Sandy Smith Telephone: (01577) 862536  
Website: www.stpauls-kinross.co.uk

**June Services**

**Sun 5** 8.30am Holy Communion.  
11.00am Sung Eucharist.  
**Sun 12** 11.00am Sung Eucharist.  
**Tue 14** 7.30pm Informal worship in meeting room.  
**Sun 19** 11.00am Sung Eucharist.  
**Sun 26** 11.00am, Sung Eucharist.

2nd Tuesday of month 7.30pm informal worship in meeting room.

**For further information Contact Jan Campbell 862391**

**Everyone welcome at all services**

Sunday School and Crèche during the 11.00am Services.

**Thursday Morning 10am, group Bible Study.** Everyone welcome.  
For further information, please contact Jan Campbell, telephone (01577) 862391.

### Kinross Christian Fellowship Evening Service

On the second Sunday of every month, the Fellowship will be holding an evening service beginning at 6.30pm. There is no formal format envisaged; however, it may be expected that it will include lots of praise, worship, and joy in the LORD. Everyone is welcome, irrespective of faith or denomination, and we look forward to seeing - and hearing - you. For more information please contact Peter on 01577 863509. On behalf of KCF, God bless.

### JOHNSTON PLUMBING

All plumbing work carried out.  
Shower and bathroom installations,  
heating systems, rhones, leadwork etc.

**For free estimates phone Stuart on  
01577 863968 or mobile 07926 503422.**

### Fossoway Parish Church Church of Scotland

Rev Joanne Finlay Telephone: (01577) 850231  
E-mail joanne.finlay196@btinternet.com  
Reader: Mr Brian Ogilvie Telephone: (01592) 840823

**Sunday Services** at 9.45am

**Junior Church, crèche,**

**"Wrigglers Group" (0-3 year olds)** at 9.45am,

**Tots Music:** Friday mornings in hall, 9.30am

**Café Refresh:** Every Thursday, church hall, 2-4pm

**Yoga classes:** Mondays 7-8.30pm

**Teenage Group** first Sunday of month 9.45am

(Sunday evenings - details from Margaret Hamblin 850252)

**Joint Choir:** Wednesday evenings, 7.30pm.

**June**

**Sun 5** 9.45am: Preacher, Rev. Joanne Finlay.

**Sun 12** 9.45am: Pentecost Sunday,  
Preacher: Rev. Joanne Finlay.  
7pm: Pentecost Praise.

**Sun 19** 9.45am: Trinity Sunday.

**Sat 26** 9.45am: Preacher, Rev. Joanne Finlay.

**Saturday 11 June** - Fossoway School Fete. Church providing home baking & refreshments. All proceeds to Fossoway School.

**Thursday 23 June** - Kirk Session.

### St James's R C Church

5 High Street, Kinross, KY13 8AW

Father Colin Golden Telephone: (01577) 863329

**Mass Times** Saturday Vigil 7.00pm  
Sunday 9.30am

Please look out for other information on other parish activities in the Sunday newsletter.

### Kinross Gospel Hall

Montgomery Street, Kinross

Website: www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.00pm	Sunday School
	6.00pm	Prayer Meeting
	6.30pm	Gospel Meeting
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Wednesday	6.30pm	Children's Club (term time)

### Kinross Christian Fellowship

Further information: (01577) 863509

Jesus said, "I come among you as one who serves."

### Church and Children's Sunday Club

Every Sunday at 10.30am  
in the Millbridge Hall, Old Causeway, Kinross.  
During each service there will be a time for  
ministry and prayer for healing.

### Classified Advertisements

Check the Classified Ads section on **www.kinross.cc**  
Buy or Sell Goods up to the value of £500  
Items are advertised free of charge for up to six weeks

# biblefresh

## It could change your world

If you were cast away on a remote island with your choice of Desert Island Discs and your luxury item, included in your back-pack would be the obligatory books, the Bible and Shakespeare. It is interesting to note that these two volumes, particularly if your Bible is the King James version, were the outstanding publishing events of the 17th century. Why are they still deemed to be so significant in all kinds of circumstances – even shipwreck?

It is an undisputed fact that the Bible has had a profound influence on our language and on western culture. This year sees the publication by Melvyn Bragg of *The Book of Books*, in which he explores the radical impact of the King James Bible. Dr Alister McGrath, who heads up the Centre for Theology, Religion and Culture at King's College London, has said, 'Without the King James Bible there would have been no *Paradise Lost*, no *Pilgrim's Progress*, no Handel's *Messiah*, no Negro spirituals and no Gettysburg address. If any one book may be said to have shaped western civilisation, it is the Bible.'

This year, which marks the 400th Anniversary of the KJB, is a good time to further your acquaintance with the Bible. You can do this by taking part in the Readathon at Kinross Parish Church. From 9am to 9pm on **Friday 10** and **Saturday 11 June** the complete New Testament, in a modern translation, will be read aloud with readers taking approximately 10 minute slots. As noted in the May Newsletter, this is open to everyone in the community – you do not need to be a member of a church – and we can promise that this will be a memorable and rewarding experience, as God enriches your own life through the declaring of his Word.

To sign up for the Readathon please contact Kinross Parish Church Office on 01577 862570, or alternatively, email [kinrossparishchurch@hotmail.co.uk](mailto:kinrossparishchurch@hotmail.co.uk).

See also the church website, [www.kinrossparishchurch.org](http://www.kinrossparishchurch.org)

For information on Biblefresh see [www.biblefresh.com](http://www.biblefresh.com)

### 'Mission Rescue'

**Family Week 1 – 5 August**  
**Monday – Friday 10am – 12noon**  
**At Kinross Parish Church**

'Mission Rescue' is this year's summer holiday family week, organised by churches in Kinross. There will be a secret agent theme as we explore a message from the bible in a fun way with songs, dancing, stories, games, crafts and drama. The age range is from those just about to start school up to S4.

Parents can help their children to get straight into the fun by registering them in advance through Kinross Parish Church office (telephone 01577 862570 or email [kinrossparishchurch@hotmail.co.uk](mailto:kinrossparishchurch@hotmail.co.uk)) or, from late May, on line at [www.kinrossparishchurch.org](http://www.kinrossparishchurch.org)

## Obituary

**PORTER** – Jessie, of Milnathort, died peacefully on Tuesday 10 May 2011, after a short illness borne with great bravery and courage.

Born in October 1930, Jessie lived a full and active life. Many of the years were spent working at Giacopazzi's, where her face became well known in the community.

The wife of the late James Porter, they had three children – Patricia, Moira and James. She also had eight grandchildren and nine great-grandchildren, and will be greatly missed by all.

Jessie had many interests, including church choir, Milnathort in Bloom, SNP, Community Council and many more.

Jessie was also an active church elder in the Orwell Parish.

Due to the outstanding contributions made, Jessie was awarded with an invitation to the Holyrood Garden Party and the opening of the Scottish Parliament, to name but a few.

She was a much-loved Mum and Nana and will always remain in our hearts.

The funeral took place at Orwell Parish Church on Monday 16 May. Thank you to all who paid their respects and your generous donations to Cancer Research.

### Healing Rooms Kinross

*Healing Rooms - simply a place where people come to get Christian prayer for healing.*

**Kinross Healing Rooms** has now been open for well over three years! Every Thursday without fail (excluding Christmas Day) from 11am to 1pm. Take a walk down to the Millbridge Hall and check us out. And, as it is a purely Christian ministry, there is no charge and no appointment is necessary. People from all walks of life are included: believers, non-believers and the 'don't knows'. We don't counsel or offer advice on any subject - we simply pray a Christian prayer for healing.

Not sure? That's okay, come and see us anyway, you may be assured of a warm friendly welcome, in a warm friendly atmosphere. (We even offer free refreshments, including lunch, in the attractive cafe area!) You have literally nothing to lose, but perhaps a great deal to gain. We do look forward to meeting you.

For further information please call 07766515950, 07773717339 or go to [www.healingrooms-scotland.com](http://www.healingrooms-scotland.com)

### Recently bereaved? Needing some support? AMONGST FRIENDS

(Bereavement Group)  
 meets at the Health Centre, Kinross  
 on the last Friday of the month, 2.30pm to 4pm  
 A warm welcome awaits all  
 For details phone Marg 01577 863557

### DOG-GONE-WALKIN'

Dog-Walking and Pet Care

10 years veterinary nursing experience  
 Insured, References available  
 Claire Murison BSc (Hons)

**Tel. 01577 830588 / 07508 268528**

**E-mail: [d-g-w@tiscali.co.uk](mailto:d-g-w@tiscali.co.uk)**

# Playgroups & Nurseries

## PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell  
(only 10 mins from Milnathort and Kinross)

Babies and Toddlers (birth – 3yrs)

Tues 10:00am - 11:30am

Playgroup (2yrs onwards)

Mon & Fri 10:00am – 12noon

Contact Carolyn Robertson 01383 831129

## LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

### Session times

Tuesdays 9.30 - 11.15, Fridays 9.30 - 11.15

Contact - Caroline 07507 204731

All Mothers, Fathers, and Carers with children aged birth to 3 years are welcome to attend.

## LOCHLEVEN TWOS CLUB

Masonic Hall, The Muirs, Kinross

Thursdays 9.30 to 11.15 (term time only)

Suitable for children from about 18 months to preschool with their/parent carer. Activities include painting, craft, dressing up, stories, singing as well as a variety of toys. A snack is also provided. Registration is unlimited with a maximum of 20 children per session. Younger siblings also welcome.

Contact Sophie Irvine on 01577 863288  
for further details,  
or email [bunnyirvine@btinternet.com](mailto:bunnyirvine@btinternet.com)

## FOSSOWAY TODDLERS

The Institute, Crook of Devon

Wednesday 9.30 a.m. - 11.15 am

All Mums to-be and Mothers, Fathers and Carers with children aged birth to 3 years are welcome to attend.

Contact - Fiona Eastop 01577 864194

## FOSSOWAY PRE-SCHOOL GROUP

Glenbank Cottage, Powmill

Partner-provider for P&K Education

Places available for 3-5-year-olds and Rising Fives

Sessions daily 9.30 – 12 noon

Contact Pat Irvine 07703 177766 or  
[www.childcarelink.gov.uk/perthandkinross](http://www.childcarelink.gov.uk/perthandkinross)



## SWANSACRE PLAYGROUP

21-23 Swansacre

Kinross-shire Playgroup Association

Aka Swansacre Playgroup

Registered Scottish Charity Number SCO17748

TEL: 01577 862071



Swansacre Playgroup provides a warm, friendly, and stimulating environment in which children can learn and develop through play.

### Playgroup sessions

Mon to Fri 9.15-11.45am and Fri 12.45-3.15pm

Children from the age of 2 yrs welcome.

### Rising Fives sessions

Mon & Wed 1.00-3.15pm, with Lunch Club beforehand.

This is complementary to morning Nursery.

Spaces available for both Playgroup and Rising Fives.

For more information, please contact

Kim 07504 445949 or Playgroup 01577 862071

### Baby and Toddler Group – Thurs 1-3pm

Ante-natal to pre-school.

Fun for children; coffee and chat for the parent/carers.

For more information, please contact Caron 01577 861607.

The premises are available to hire for Private Functions.

For more information, contact Michelle 07894 305272.



## MILNATHORT BABIES & TODDLERS

Orwell Church Hall, Milnathort

Milnathort Babies and Toddlers offer a relaxed, friendly environment.

Tea/coffee for mums, dads and carers, healthy snack and fun for the children.

Children aged birth to 3 years (5 years if attending with younger sibling) are welcome.

Thursday & Friday, 10am – 11.30am.

For more information please contact Charlotte Giacobazzi  
on 07740 600424

or e-mail [charlottegiacobazzi@yahoo.co.uk](mailto:charlottegiacobazzi@yahoo.co.uk).

## GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Wednesdays, 9.30-11.30am.

Healthy snack for children

Coffee/tea & biscuits for carer

Lots of toys

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Lucie on 07810 201935 or just come along!



# Notices



**Cleish Church**  
**SUMMER SALE & FETE**

**SATURDAY**  
**28th MAY**  
**2.00pm**

**FUN, GAMES, FROLICS & FETE**

**A not to be missed, fabulous afternoon out for all the family!**



**Splat the Rat**  
**Beat the Goalie**  
**Kids and Adult Races**  
**Jelly and Cakes**  
**Tombola**  
**Toys and Games**  
**Bric a Brac**  
**Afternoon Teas and Plenty More!**



## Potager Garden Annual General Meeting



Church Centre, Kinross  
**Tuesday 31 May at 7pm**  
All Welcome

## Perth Samaritans

Need to talk? We'll listen.

Contact us by

**phone** on 01738 626666 or 08457 909090

**Email** us [jo@samaritans.org](mailto:jo@samaritans.org)

or **visit** us at 3 King's Place, Perth, PH2 8AA

**Mondays** 1630 – 2130      **Thursdays** 1630 – 1900

**Wednesdays** 0830 – 1100      **Fridays** 1000 – 1630

and 1930 – 2130      **Sundays** 0800 – 2130

**No pressure, no names, no judgment.**

**We're here for you, anytime.**

## Reiki Awareness Week

**5 – 11 June**

Local Reiki Master, Lyn Haworth, is offering half price Reiki sessions (£15) in Reiki Awareness Week, the proceeds of which will go to the Wormit Hedgehog Care Centre.

For more information, see page 15 of the May Newsletter. To book a session, call Lyn on 01577 864666.



## Kinross Primary School Fayre



**Saturday 11 June**  
12 – 4pm

at Kinross Primary School

Come along and enjoy a fun afternoon for all the family and help raise funds for the school.

Various stalls and activities including: Bouncy Castle, Face Painting, Beat the Goalie, Tombola, Raffle, Jewellery, Cards, Zumba for Adults and Kids, Highland Dancing, Homebaking, Plants, Toys and Second Hand Books, Wet Sponge Throw, Human Fruit Machine, and lots, lots more.

Bar and BBQ  
Ice Cream Van

## Cardmaking Workshops

starting soon in the comfort of my own home

for more details tel: 07900 322657

Stamping  
Iris Folding

Decoupage  
Easel Cards

## FREE "Introduction to Coaching" Evening Wednesday 15 June

Ascent NLP coaches Caroline Winn and Martin Lawson, together with Hillary Gillies of the Zen Zone would like to invite you to their free "Introduction to Coaching" evening on 15 June, at the Milnathort Town Hall.

Coaching is not just for people who know where they're going and have their lives sorted! If you've ever wondered what coaching is all about then come along to this fun event, get your questions answered and learn how coaching can help to set you free from your emotional baggage, your bad habits and negative beliefs, your destructive self-talk, your fears and phobias and your emotional eating patterns. "Take Control of Your Life" and learn how to put the "F" factor back into your life, so you can live your LIFE, not a LIE!

The event starts at 7pm, with a talk starting at 7.15pm. Refreshments will be provided. Caroline and Martin will be available after the talk so you can discuss how coaching can help you to resolve your issues, and set you free to live the life you've always wanted. Please call Caroline on 0843 330 8729 or email [caroline@ascentnlp.co.uk](mailto:caroline@ascentnlp.co.uk) to reserve your free place NOW!

Ascent NLP will also run a series of follow-on workshops on Wednesday evenings during July, at the Milnathort Town Hall - more info next month!

## PORTMOAK GALA

**Saturday 18 June**

As usual there will be a wide variety of stalls, dancers, displays and activities - a great day for all the family!

Requests for stalls, donations for stalls and offers of help - please telephone Sandra Davidson on 07900 196742

## Scottish National Blood Transfusion Service

The next blood donor sessions at the Millbridge Halls, Kinross will take place on:

**Monday 20 June** 3.30pm to 8.00pm  
**Tuesday 21 June** 5.00pm to 8.00pm

The Service is most grateful for the support received from Kinross-shire

## Fossoway School Fete

**Saturday 11th June**

**1pm – 4pm**



Lots to see and do including

Pony rides, Beat the goalie, home baking & produce, teas and coffee, ice cream, raffle, craft activities, wine & water stall, and much more.

Come along, have a great time and meet up with friends.



## Milnathort Filmhouse Films for 2011

**Sunday 12 June**  
**Kung Fu Panda (PG), 3pm**

**Sunday 4 Sept**  
**WALL - E (U), 3pm**

**Sunday 30 Oct**  
**Nanny McPhee (U), 3pm**

**Saturday 24 Dec**  
**The Snowman (U), 5pm**

*Tickets from Milnathort Post Office 2 weeks before screening. Films shown in Milnathort Town Hall*

## TAYPlan Public Consultation

Loch Leven Community Campus  
 Muirs, Kinross

**WEDNESDAY 15 JUNE, 2pm – 8pm**

The TAYplan Joint Committee approved the Proposed Strategic Development Plan and related documents on 16 February 2011. These decisions require ratification/approval by the four constituent Councils which is being considered through to mid May 2011.

This will be followed by a period for representations to be made over eight weeks from 6 June to 1 August 2011.

All responses must be with TAYplan no later than **Monday 1 August 2011** for them to be taken into consideration.

Public information events will be held, all from 2-8pm, across the TAYplan area to explain the Plan and to assist you in making a representation. An information event takes place in Kinross on 15 June as detailed above. Other opportunities are: Cupar on 14 June (2pm-8pm, County Bldgs, Catherine Street, KY15 4LX) and Perth on 27 June (2pm-8pm, Bell's Sports Centre, Hay Street, PH1 5HS).

More information from: [www.tayplan-sdpa.gov.uk](http://www.tayplan-sdpa.gov.uk)



## Rainbows, Brownies and Guides

Invite you to

### A GIANT TEA PARTY

**Saturday 2 July 1-4 pm**

at the Guide and Scout Hall  
 Church Street, Milnathort

Stalls, raffle, games,  
 Crafts to make and buy,  
 Tea and cake



**Tel: 01592 890583**

**Mob: 07826 244765**

email: [grf.morag@ntlworld.com](mailto:grf.morag@ntlworld.com)

[www.greyhoundrescuefife.com](http://www.greyhoundrescuefife.com)

**Volunteers needed for our Kennels**

*Monday to Friday*

Baltree Country Centre, Gairneybank

Kinross, KY13 0LF

Please call or email for details

**Greyhound Rescue Fife**

Would like to thank everyone for their support at our  
 4th Annual Dog Show on the 8th May 2011

*Photos on the Forum section of our Website*

## Dyslexia Drop-in Session

There will be **NO** sessions in June, July or August.

## Perth Association for Mental Health

PAMH is a community based non-profit organisation providing services for people recovering from mental health problems. PAMH offers Counselling, Day Services and hosts a Depression Support Group and Bipolar Support Group. For more information telephone (01738) 639657. Website: [www.pamh.co.uk](http://www.pamh.co.uk)

## Netball sessions

Starting at Milnathort Primary School  
18 April 2011 6-7pm for P5-P7



**If you would like to learn new netball skills and play small games, come along and have some fun!**



Sports Development are starting new netball sessions in the Kinross-shire area for pupils in P5-P7. If your child is interested in coming along, please contact Alice to book a place and receive the consent form or Caroline for further information.

Payment and booking forms must be received before your child can attend. The sessions will run from 28 April—23 June 2011 (both dates inclusive) and the block will cost £30.15.

Sports Development will run the sessions until October (term-time) with a view to developing a constituted club but need volunteers to take this forward and co-ordinate thereafter. If you or anyone else you know are keen on being involved, please get in touch—you will be offered support and training where necessary.

**To book a place, please contact Alice Yeung:**  
Tel: 01738 472236  
Email: AliceYeung@pkc.gov.uk

**For further information, please contact Caroline Ness, Sports Development Officer:**  
Tel: 01738 472242  
Email: CMNess@pkc.gov.uk

If you re someone you know would like a copy of this document in another language or format, (on occasion, only a summary of the document will be provided in translation), this can be arranged by contacting the Communications Manager on 01738 478972.

Council Text Phone Number 01738 442572

All Council Services can still be accessed by telephone if you have difficulty.

## Kinross-Shire PARTNERSHIP



### Financial Director

Applications are sought for the voluntary role of Financial Director of the Kinross-shire Partnership ("KP").


KP is a not for profit company run by volunteer directors supported by Perth & Kinross Council which strives to make a contribution to the identification, promotion and encouragement of economic development, tourism, environmental improvement, community recreation and general support of local people/clubs and organisations. We are currently seeking charitable status.

The financial director works from home on a fully flexible voluntary basis (typically c. 2 hours per week) handling receipts, payments and maintaining the financial books and records of the company.

This is a key role at an interesting juncture in the life of KP. We are looking for someone who will not only be willing to handle the day to day intrusions but who will also bring a strategic perspective to our financial planning.

If you would like to help us strive to make Kinross-shire a better place to live, please contact:

Alisdair Stewart, Chairman – Tel: 01577 862262 or mob: 07825 698613 email: alidairstewart@yahoo.com




## Basic Computer Tuition

*The Community Learning Assistant for ICT at Loch Leven Community Campus is offering basic computer tuition - in small groups at a pace to suit the individual, no prior knowledge of computing is necessary.*

- Get to know the computer
- Using Word for basic documents
- Introduction to the Internet
- Using E-mail

*Interested?*

For further information, please contact



Shona Fowler  
Community Learning & Development  
Loch Leven Community Campus

**01577 867218 or 867177**



**Summer is  
almost here!**



Come along and get your gym induction to kickstart that summer body! Live Active Leisure are offering gym inductions at the Loch Leven Community Campus at the times shown below. Limited spaces available, so booking is advisable on 01577 867200.

#### Gym inductions

Mondays	5.45pm – 6.45pm
Tuesdays	6.30pm – 7.30pm
Wednesdays	7.15pm – 8.15pm
Thursdays	10.00am – 11.00am and 6.15pm – 7.15pm
Fridays	5.15pm – 6.15pm
Saturdays	11.45am – 12.45pm

#### Teen Tone

A new fitness class designed for 12–15 year olds, every Monday 6.30pm – 7.25pm at the Loch Leven Community Campus starting 9 May 2011. This class will involve a variety of exercise routines to develop stamina, balance and strength. £3 with a live active card.

#### Crossword Solution

##### ACROSS

1. Casts. 4. Upset. 7. Acerbic. 8. Man. 9. Rude. 11. Nitwit. 13. Tyrant. 14. Type. 17. Sin. 18. Bathtub. 20. Seedy. 21. Tapir.

##### DOWN

1. Chair. 2. Sue. 3. Sobs. 4. Urchin. 5. Someway. 6. Tenet. 10. Derange. 12. Knobby. 13. Tests. 15. Ember. 16. Stet. 19. Tap.





## Bishopshire Horticultural Society

### Best kept garden competition

1-7 July

### Annual Flower Show

Saturday 20 August



Regular patrons and intending competitors can pay the annual membership fee and obtain a schedule by contacting any of these committee members:

Lorna Ainsworth 840571	Sylvia Herrington 840519
Janette Gardiner 840352	Shelagh Goudie 840200
David Martin 840216	Eleanor White 840681

We will be delighted to welcome new members to the society and look forward to seeing our regular exhibitors again this year. We hope that you will be able to give us your continued support.



## Networking for Communities

Community Learning & Development  
Senior Community Capacity Building Worker  
at Loch Leven Campus is inviting local community members,  
groups and voluntary organisations to attend a networking  
opportunity

**WHEN ~** Thursday 23rd June 2011  
10.00am – 12.30

**WHERE ~** Loch Leven Community Campus  
The Muirs  
Kinross  
KY13 8FQ

Seek funding advice and support from:  
Perth & Kinross Grants Direct  
Scottish Community Foundation  
Kinross-shire Fund

Find out what other groups and resources there are in the area

Guest Speakers from other local organisations  
include Loch Leven Community Campus Partnership



**Free Refreshments**

Booking essential as only 20 places available.

To book your place at this training event please contact

Tracey Ramsay Senior Community Capacity Building Worker	<a href="mailto:tramsay@pkc.gov.uk">tramsay@pkc.gov.uk</a>	01577 867124
OR		
Jayne Ramsay Clerical Assistant	<a href="mailto:jramsay@kinrosshigh.pkc.sch.uk">jramsay@kinrosshigh.pkc.sch.uk</a>	01577 867177

## Grants and Funding Websites

[www.pkgrantsdirect.com](http://www.pkgrantsdirect.com)  
[www.scottishcf.org](http://www.scottishcf.org)

## Blythswood Care

Sainsbury's Car Park  
(if car park is full, van will park nearby, e.g. Park & Ride or Ochil View)

**Tuesday 21 June**  
**between 10.30 am and 11 am**

Further details from 862258

## Mindspace



Mindspace is the counselling service for Perth Association for Mental Health ([www.pamh.co.uk](http://www.pamh.co.uk)). We have Young People's Counsellors working in Kinross one day a week. Clients can self-refer via email to [info@mindspacepk.com](mailto:info@mindspacepk.com), by telephone on 01738 631639, or by visiting our website at [www.mindspacepk.com](http://www.mindspacepk.com) and filling in a referral form. Clients can also be referred by their GP. Mindspace also offers counselling to adults (18+) at their offices in Perth.

## Loch Leven Community Campus Partnership

As a member of the Community, your views and ideas in the development of this facility can be represented through the Partnership.

Contact the Loch Leven Community Partnership on [campuspartnership@kinrosshigh.pkc.sch.uk](mailto:campuspartnership@kinrosshigh.pkc.sch.uk)

## English as a Second Language

Free  
Local  
Friendly  
Support

With  
English for  
Speakers of  
Other Languages

Would you like to improve your ability to:

- ✚ Talk to friends and neighbours
- ✚ Understand what people say to you
- ✚ Give information
- ✚ Talk on the phone
- ✚ Fill in a form
- ✚ Apply for a job

For further information please contact:



Roseanne Gray  
Adult Literacy Worker  
Loch Leven Community Campus  
Email: [rgray@pkc.gov.uk](mailto:rgray@pkc.gov.uk)  
Tel: 01577 867216



## ADULT LITERACY & NUMERACY

**Free local and friendly support**

**With reading • writing • spelling • numbers**

"I can enjoy books now"  
"I feel more confident"  
"Filling in forms is less scary!"  
"I passed my driving test"

If you would like further information please contact:



Roseanne Gray  
Adult Literacy Worker  
Loch Leven Community Campus  
Email: [rgray@pkc.gov.uk](mailto:rgray@pkc.gov.uk)  
Tel: 01577 867216



## Community Councils

**Kinross:** Secy: Mrs M Scott (01577) 862945

KinrossCommunityCouncil@pkc.gov.uk

**Cleish & Blairadam:** Secy: Mrs M Traylor (01383) 830059,

CleishCommunityCouncil@pkc.gov.uk

**Milnathort:** Secy: Mr J Giacomazzi (01577) 864025

MilnathortCommunityCouncil@pkc.gov.uk

**Fossoway & District:** Secy: Trudy Duffy-Wigman (01577) 840669,

FossowayCommunityCouncil@pkc.gov.uk

**Portmoak:** Secy: Mr J Bird (01592) 840368,

PortmoakCommunityCouncil@pkc.gov.uk

## Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
David Colliar	10 Rannoch Place	864037
Dave Cuthbert	Highfield Circle	861001
Barry M Davies (Vice Chair)	60 Lathro Park	865004
Bill Freeman	64 Muirs	865045
Ian Jack (Treasurer)	Burnbrae Grange	863980
Laura Mackay	Brunthill Farm	07872 499145
Dot Mackay	29 Green Park	864635
Margaret Scott (Secy)	21 Ross Street	862945
Campbell Watson (Chair)	7 Gallowhill Gardens	861544
David West	9 Leven Place	07824 313974

## Perth and Kinross Councillors

**Kathleen Baird**, Easter Clunie, Newburgh, Fife, KY14 6EJ

Tel (home): 01337 840218.

Email: kbaird@pkc.gov.uk

**Michael Barnacle**, Moored, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ. Tel/Fax (home): 01577 840516.

Email: Michael@mabarnacle.freeserve.co.uk

**Sandy Miller**, c/o Perth & Kinross Council, 2 High Street, Perth, PH1 5PH. Tel (business): 01577 840462.

Email: SMiller@pkc.gov.uk

**William Robertson**, 85 South Street, Milnathort, Kinross, KY13 9XA. Tel (home): 01577 865178.

Email: wbrobertson@pkc.gov.uk

## Kinross Recycling Centre, Bridgend

Opening Times: **Mondays to Fridays** 9am to 7pm  
**Saturdays and Sundays** 9am to 5pm

Aluminium & Steel Cans, Car Batteries, Cardboard, Engine Oil, Fluorescent Tubes, Electricals (inc Fridges, Freezers, Televisions & Monitors), Garden Waste, Glass Bottles & Jars, Inert Waste, Metal, Paper, Phone Directories, Plastic Bottles, Textiles, Wood, Bicycles.

## Fossoway and Cleish Community Office

A service for the Community, open:

Thursdays 2 pm - 4 pm

Saturdays 10am -12 noon

Out of hours there is an answering machine

Tel: 01577 840185 Email: fcoffice@btinternet.com

## Regular Library Sessions for Young Children

At Loch Leven Community Library.

No need to book, just come along.

### Story Telling

every Monday morning 10.15 – 10.45 am

and every Thursday afternoon 2.15 – 2.45 pm

### Bookbug Rhymetimes

every Saturday 10.30 – 11 am

and every Wednesday 2.00 – 2.30 pm

**Bookbug Library Challenge:** For children aged 0 to 4: On each visit to the library, children are given a sticker. After collecting four stickers, they are awarded a certificate.

## Member of Parliament for Ochil & South Perthshire Constituency Gordon Banks MP

www.gordonbanksmp.co.uk

Email: constituency@gordonbanksmp.co.uk

For dates and locations of regular advice surgeries, or to raise any concerns you may have, please contact the constituency office: telephone 01259 721536, fax 01259 216761 or write to 49-51 High Street, Alloa, FK10 1JF.

## Members of the Scottish Parliament

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

### MSP for Perthshire South and Kinross-shire Constituency

**Roseanna Cunningham MSP** (SNP) Tel: 0131 348 5697

Email: Roseanna.Cunningham.msp@scottish.parliament.uk

### MSPs for Mid Scotland and Fife Region

**Claire Baker MSP** (Labour) Tel: 0131 348 6759

Email: Claire.Baker.msp@scottish.parliament.uk

**Annabelle Ewing MSP** (SNP) Tel: 0131 348 5066

Email: Annabelle.Ewing.msp@scottish.parliament.uk

**Murdo Fraser MSP** (Cons) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@scottish.parliament.uk

**John Park MSP** (Lab) Tel: 0131 348 6753

Email: John.Park.msp@scottish.parliament.uk

**Willie Rennie MSP** (Lib Dem) Tel: 0131 348 5803

Email: Willie.Rennie.msp@scottish.parliament.uk

**Dr Richard Simpson MSP** (Lab) Tel: 0131 348 6756

Email: Richard.Simpson.msp@scottish.parliament.uk

**Elizabeth Smith MSP** (Cons) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@scottish.parliament.uk

## Mobile Library – Blairingone and Milnathort Every Second Wednesday

Next visits: Wednesday 1, 15 and 29 June

Blairingone	9.30am - 9.45am
Westerloan, Milnathort	2.10pm - 3pm
Bridgefauld Road, Milnathort	3.05pm - 4pm
Any queries telephone AK Bell Library 01738 444949	

## Loch Leven Community Library

Loch Leven Community Campus, Muis, Kinross, KY13 8FQ

Telephone: 01577 867205

Email: lochlevenlibrary@pkc.gov.uk

### Opening Times

Monday	10am – 6pm
Tuesday, Wednesday, Thursday	10am – 8pm
Friday	10am – 6pm
Saturday	10am – 3pm

## The Café

We invite you to join us at the Millbridge Hall between the hours of 11am and 1pm every Thursday. Tea, coffee, snacks or even lunch available (and you won't believe the prices!) Please drop in for a warm welcome in a very friendly atmosphere. All you have to do is simply turn up!

*(The Cafe is brought to you by Kinross Christian Fellowship working together with Kinross Healing Rooms.)*

## Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

**Linda Freeman**

Tel: 01577 865045. Email: linda.freeman64@tesco.net

# Kinross-shire *Day Centre*

**Table Tennis • Videos • Cards • Dominoes  
Daily Papers • Chiropody • Trips • Exercises**

## Weekly Programme

<b>Monday</b>	Elderberries	1.30 pm		
<b>Tuesday</b>	Bingo	1.30 pm		
<b>Wednesday</b>	Morning Service	10.45 am,	Quiz Afternoon	1.30 pm
	Dominoes	1.30 pm	Scrabble	1.30 pm
<b>Thursday</b>	Art Class	1.30 pm,	Film Afternoon	1.30 pm
	Dominoes	1.30 pm		
<b>Friday</b>	Scrabble	1.30 pm	Dominoes	1.30 pm

## Additional Events for June

**Barge Trip**

**Thursday 23rd at 11.15 am**



**Coffee Bar open 9 am - 4 pm, Senior Citizens Lunches Daily**  
**Telephone: 01577 863869**



## LOCAL CHEMIST INFORMATION



### Rowlands Pharmacy, Kinross

(opposite David Sands)

Mon - Fri: 9.00 am - 6.00 pm

Saturday: 9.00 am - 5.00 pm

Tel: 862422

### Davidson's Chemist, Milnathort

Mon to Fri: 9.00 am - 1.00 pm &  
2.00 pm - 6.00 pm

Saturday: 9.00 am - 12.30 pm

Tel: 862219

**Sundays: The nearest open pharmacy is Asda,  
Dunfermline**



## Disability Sport

There are many activities for people with disabilities at local, regional and national level which welcome people with physical, learning and sensory disabilities. Sports available include swimming, athletics, boccia and bowling. If you would like further information or would like to be included on an email distribution list to keep up-to-date with what is available, please contact Caroline Ness, Sports Development Officer by telephone on 01738 472242 or email CMNess@pkc.gov.uk

## School Dates

For local authority schools, the current academic year ends on **Friday 1 July 2011**.

School resumes again for pupils on **Tuesday 16 August 2011**.

## Kinross-shire Volunteer Group and Rural Outreach Scheme

Registered Charity No. SC015642

Charges to service users (as at 1/10/10)

<b>Perth, Dunfermline, Kirkcaldy</b>	<b>£10</b>
<b>Stirling</b>	<b>£12</b>
<b>Dundee, Edinburgh</b>	<b>£18</b>
<b>Stracathro</b>	<b>£25</b>
<b>Loch Leven Health Centre, Kinross/Milnathort</b>	<b>£3</b>
<b>Loch Leven Health Centre, outreach area</b>	<b>£5</b>

Co-ordinator: Ann Munro 01577 840196.



## Perth Citizens Advice Bureau

The Kinross Outreach Advice Surgery is held on the second and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, The Muirs, Kinross. The next visits are:

**14 and 28 June**

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you – our advice is free, confidential, impartial and independent. Contact us: Advice line 01738 450580; Appointment line 01738 450581.

## Hedges/Bushes/Trees Causing Obstruction

Property owners are reminded that it is their responsibility to cut back hedges, branches, bushes etc to ensure that pavements and public footpaths are not obstructed. Property owners may be liable if injury is caused to others and may be charged costs if Perth & Kinross Council is forced to take action.

## Situations Vacant

In conjunction with [www.kinross.cc](http://www.kinross.cc), the Newsletter is pleased to publish local situations vacant. Please go to the [kinross.cc](http://www.kinross.cc) website before applying to **check whether a position is still available** (Go to [www.kinross.cc](http://www.kinross.cc) then click on 'Local Adverts' and choose 'Situations Vacant').

### Financial Director, Kinross-shire Partnership

Please see Notices section for details.

### Forecourt Shop Assistant (part time), Stewart & Smart, Milnathort

Part-time assistant required for Forecourt Shop. Weekday/ weekend or both. Experience preferred but not essential. Minimum age 21 years. References required. To apply telephone 01577 862423 or in writing to Mr George Shiels.

### Kitchen Staff (full time), Scott Hospitality Services, Milnathort

Full time member of staff working in the kitchen. Working 5 days over 7 to be based at Knockhill Racing Circuit. Candidate must have strong kitchen background. Apply by submitting CV to Andrew Scott at Heaven Scent, Milnathort.

### Perth & Kinross Council [www.pkc.gov.uk](http://www.pkc.gov.uk)

**Customer Service Centre** Tel: 01738 475000  
(Mon to Fri, 8am-6pm)

**Out of Hours Emergencies** Tel: 01738 625411  
(Roads, flooding, environmental health and dangerous buildings)

**Clarence** (for non-emergency road and lighting defects) Tel: 0800 232323

### Milnathort Community Council

The composition of Milnathort Community Council as of the election of 24 June 2010 is as follows:

<b>Bruce Hamilton</b> (Chairman)	Newhill Farm, Glenfarg
<b>David Cottingham</b> (Vice Chair)	Middleton House, Milnathort
<b>Joseph Giacomazzi</b> (Secretary)	1 Greenburn Field, Milnathort
<b>Lynne Bennet</b> (Treasurer)	1 Reid Crescent, Milnathort
<b>Patrick Milne-Home</b>	Craigow, Milnathort
<b>Sandy Smith</b>	21 Church Street, Milnathort
<b>Robert Halford</b>	Nether Tillyrie Cottage, Nether Tillyrie, Milnathort
<b>Dorothy Thomson</b>	Tillyrie House, Milnathort

### Thursday Group

This is a Women's Group which meets the first Thursday of each month in the Lower Hall, Church Centre. Meetings are usually talks on various subjects, ending with refreshments and a chance to talk to friends. New members would be made very welcome. If interested, contact 01577 863625.

**Forthcoming meetings:** 2 June

### 21st Fiddlers' Rally

#### Dunfermline Strathspey and Reel Society

presents approximately 70 musicians from all over Scotland under the baton of Ron Smith. With Guest Artist

Jenny Hanson, North of England Irish Fiddle Champion.

**SATURDAY 10 SEPTEMBER**

7 pm, Carnegie Hall, East Port, Dunfermline

Tickets £10, £8 Concessions. Telephone 01383 602302

For more information: [www.dunfermlinesrs.co.uk](http://www.dunfermlinesrs.co.uk)

## Classified Adverts

The Newsletter publishes items for sale listed on the [kinross.cc](http://www.kinross.cc) website. If interested in purchasing an item, we suggest **checking the website for current availability** ([www.kinross.cc](http://www.kinross.cc) then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on [www.kinross.cc](http://www.kinross.cc) and it will automatically be published in the next available Newsletter.

### Items for Sale

**Encyclopaedia Britannica** **£0.00**  
29 volumes attractively bound in black with gold lettering 1986 edition. Free to a new home.

*Seller details: Rosalind Irving* 01592 840359  
[rosalind\\_irving@yahoo.co.uk](mailto:rosalind_irving@yahoo.co.uk)

### Wanted: Tumble Dryer

*Please contact: Anne Robertson* 01577 850391  
[annerobertson07@aol.com](mailto:annerobertson07@aol.com)

### Rabbit Hutch

**£25.00 ono**  
Timber L 100cms (39") x D 46cms (18") x H 72cms (28"). Good condition. Could deliver locally.

*Seller details: Patricia Smith* 01577 863594  
[billandpat96@googlmail.com](mailto:billandpat96@googlmail.com)

### Trampoline

12ft trampoline. **£40.00**  
*Seller details* 07979 958663

### Mamas and Papas Luxury Highchair

**£45.00**  
Prima Pappa Leatherette High Chair. Adjustable recline, seven height positions, simple folding for compact and freestanding storage, adjustable safety harness, footrest. Suitable from 4 months. Neutral colour. Excellent condition.

*Seller details:* 07979 958663

### 4ft football table

**£40.00 ono**  
Excellent condition. Cost £100 new.  
*Seller details: Trish Grant* 07801 288386  
[trish\\_grant@yahoo.co.uk](mailto:trish_grant@yahoo.co.uk)

## Life Drawing

with tutor Simon Reekie  
[www.simonreekie.com](http://www.simonreekie.com)  
in Loch Leven Community Campus,  
Muirs, Kinross KY13 8FQ

**4th May – 8th June**  
Wednesdays 7-9pm  
**£50**

To book  
please send a cheque  
payable to  
Perth & Kinross Council  
with your contact details  
(tel / postal address & email)  
to:  
Arts Development,  
Blackfriars, North Port,  
Perth PH1 5LU

**For Enquiries**  
**07960851327**

**First come**  
**first served**

All abilities welcome. Easels & basic materials provided.  
Subject to a minimum 11 participants.

Note: we are unable to offer a concessionary rate as this course is extra to the usual PKC provision.



# Diary

*A more extensive and regularly updated  
Diary of Events can be found on [www.kinross.cc](http://www.kinross.cc)*

<b>May</b>			<b>Page</b>
Sat	28	Plant sale at Potager Garden	40
Sat	28	Cleish Church Summer Sale and Fete	93
Sat, Sun	28, 29	Optics weekend at Vane Farm	
Tue	31	Potager Garden AGM	40, 93
Tue	31	Dyslexia Drop-in session, 6.30pm, community library	
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Wed	1	Mobile library visits Kinross-shire fortnightly	101
Wed	1	Nomination deadline - KHS Young Persons of the Year award	44
Wed	1	Kinross CC meets	26
Thu	2	Thursday Group meets	103
Thu	2	Kinross-shire 50 Plus Club meets	59
Fri-Sun	3-5	Milnathort Festival	87
Fri	3	Kinross & District Pipe Band Summer Ceilidh	38
Sun	5	Dobbies Little Seedlings Club meets	40
Sun	5	Springwatch with the RSPB	79
Sun-Sat	5-11	Reiki Awareness Week	93
Mon	6	Milnathort Bridge Club meets weekly	38
Tue	7	Community workers Drop in at Common Grounds	55
Tue	7	T in the Park Liaison (Blairingone) & Fossoway CC meeting	22
Tue	7	KHS Parent Council AGM	44
Wed	8	Kinross in Bloom AGM	39
Thu	9	T in the Park Liaison & Milnathort CC meeting	22, 29
Thu	9	KLEO Extraordinary General Meeting	47
Fri, Sat	10, 11	King James Bible Readathon	91
Sat	11	Kinross in Bloom plant out barrels	39
Sat	11	Kinross Primary School Summer Fayre	37, 93
Sat	11	Fossoway School Fete	88
Sat	11	Kinross Tennis Club Summer Barbecue	62
Sun	12	<b>Discovery Day</b>	6, 79
Sun	12	Milnathort Filmhouse presents: Kung Fu Panda	94
Sun	12	Scottish Recorder Orchestra at Kinross Parish Church	52
Mon	13	T in the Park Liaison meeting - Kinross	22
Tue	14	T in the Park Liaison meeting - Carnbo	22
Tue	14	Portmoak CC meets	33
Tue	14	Citizens Advice Bureau service visits Kinross twice-monthly	102
Wed	15	NLP: Introduction to Coaching Evening	93
Wed	15	TAYPlan Public Consultation at campus	2, 94
Sat	18	Portmoak Gala	93
Sun	19	Civic Trust Midsummer Walk: Tullibole estate	60
Mon	20	NEWSLETTER DEADLINE	1
Mon, Tue	20, 21	<b>BLOOD DONOR SESSIONS</b>	94
Mon	20	Cleish & Blairadam CC meets, Tabernade Hall	
Tue	21	Blythswood Care collection	98
Thu	23	Networking for Communities	98, 43
Sun-Sun	26-3	<b>Portmoak Festival</b>	16, 17
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Fri-Thu	1-7	Bishopshire Horticultural Soc Best Kept Garden Competition	98
Sat	2	Local school summer holidays begin	102
Sat	2	Rainbows, Brownies and Guides Giant Tea Party	94
Mon	4	Summer holiday activities begin at campus	9