



Kinross Newsletter



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Contributions for inclusion in the Newsletter

The Newsletter welcomes items from clubs, community organisations and individuals for publication. This is free of charge (we only charge for commercial advertising - see below right). All items may be subject to editing. Please also see our Letters Policy on page 2. Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletter.org
(all emails will be acknowledged)

Post: Eileen Thomas
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Front Cover: Cover shows the recently installed geese sculpture by David F Wilson at the Kinross Gateway.

Commercial Advertising in the Newsletter

Display Adverts

For details on how to place a Display Advert, please go to our website www.kinrossnewsletter.org and click on Advertising for full details, or contact our Advertising Manager. The deadline for new Display ads or changes to Display ads is three days before the normal monthly deadline for copy, so the deadline for display ads is **Friday 15 July**.

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As a guide, eight words is the maximum that can be fitted on a line. To place a Typed Advert, contact our Advertising Manager, Ann Harley (see left for contact details). You will need to send her:

- Your name, address, telephone number and, optionally, email address.
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Send all this to the Advertising Manager by the normal monthly Newsletter deadline (see top of left-hand column for date).

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Letters

Editorial

Kinross-shire – A Pettier Place to Live?

This column is sometimes used for directing readers to a page they might not normally read, and this is one such occasion. Even if you don't normally read the Sports section, I would urge you to read the Kinross Cricket Club report (pages 72 to 73), especially regarding their recently withdrawn planning application for an additional pavilion and ground.

There are a number of sound reasons why the field next to Burleigh Castle is not a suitable site for cricket facilities, and indeed many of the objectors put these forward in a calm, logical manner, but some of the comments in the letters of objection to PKC were shockingly mean-spirited. A number made petty remarks to the effect that a club bearing the word 'Kinross' in its title had no right applying to create facilities in Milnathort. The gist of others was that Milnathort has all the facilities it needs, thank you very much, and that not very many children in Milnathort play cricket anyway.

Please, do read the Cricket Club report.

Coincidentally, KCC gets a mention in Professor Munro's Buildings of Interest column on p 63.

'Gusset' Plans

5 June 2011

In support of Pearl White's letter in the last issue, we were astounded that a Council could suggest such a dangerous and ugly plan for a busy road junction (for that is JUST what the area in question is). Bowling Club members, probably many churchgoers and visitors to both, constantly use it; in December 2010 a car was abandoned in a solid snowdrift there for around ten days, and since then this hatched area has been used to illegally park cars. The following would define the junction without obscuring drivers' views of traffic, be easily maintained, serve as an enhancement to the area, and direct drivers to their destinations:

A suitably scaled triangular island inlaid with cobbles or modern setts following the lines of the "Gusset", with one small species deciduous tree at its centre. On its southerly point, a "tourist-style" signpost indicating Orwell Church and Bowling Green to the left and to the right Middleton and Tillyrie.

To create a car and cycle park with two trees on this area would not only be at best misplaced, but at worst inviting tragedy. Ms White's suggestion to purchase the workshop at the foot of Wester Loan is a sound one: New Road is chaotic and if the 300 new dwellings envisaged for Milnathort in the future (possibly meaning 600 more cars), chaos would reign on every approach road to Milnathort's centre.

Marie Young

South Cottage, Meikle Seggie, Milnathort, KY13 0RP

'Gusset' Plans

11 June 2011

I was surprised to read in the June edition of the Kinross Journal the following letter heading:

"'Gusset' plans not an enhancement", dated 14 May 2011.

Indeed, I was surprised, as no enhancement is needed at all. 'If it ain't broke, why fix it?'

The letter refers to plans for trees, cycle racks, and parking for five cars at the junction of Manse road, Wester Loan and North Street imposed without agreement or consultation with those who live close by.

It is true, as can be seen from my address, I am not directly affected. However, the following points need to be raised:

1. Any scheme which is imposed on the inhabitants is a bad idea.
2. Every available open space, however small, should be preserved.
3. Any narrowing of the space presents a traffic hazard for the following reason. Cars exiting from Victoria Avenue need to come well out to see if the way is clear. Larger vehicles as well, such as tankers, need extra space, especially if they need somewhere to wait to allow descending traffic to pass.
4. During the recent severe winter, the 'Gusset' was the only available short-term parking space because of the build up of snow at the kerb-side lower down.

Like so many schemes, it has all the signs of someone justifying their position by dreaming up an activity to show they are busy. Such a frivolous spending of public money, which we are repeatedly told is in short supply.

Here are some ideas on how it could be better spent:

1. There could be a bench seat at the 'Gusset', which would help walkers catch their breath before climbing the hill. This would be far more useful than cycle racks. In any case, which cyclists exactly did the planners have in mind?
2. All the road markings in Milnathort need renewing, especially the mini roundabout and the pedestrian crossing. This should be programmed on a regular basis and not because someone agitates for it to be done.
3. Cleaning of the burn. Again, it should not need a flood for this to be undertaken regularly.
4. A little below the 'Gusset', the road is badly broken up for the full width of the road. Again, maintenance should be ongoing.

All of these represent better value for money. It should be obvious that, where resources are scarce, better priorities need to be set.

Gareth Clemson

Tillywhally Cottage, Milnathort, KY13 0RN

(For more on this topic, see article on page 4 and item 'Wester Loan' in the Milnathort CC news on page 36)

Letters Policy: We reserve the right not to publish any letter. Senders must supply their name and address and be prepared to have them published. The Newsletter does not necessarily agree with any of the views expressed on these pages.

Abbreviations: PKC: Perth & Kinross Council CC: Community Council Cllr: Councillor CCllr: Community Councillor

From Councillor Kathleen Baird**20 June 2011**

Buildings seem to feature high on the agenda in Kinross and as highlighted in last month's Newsletter, Council Services are now available at Loch Leven Campus, with the exception of Building Control which operates from Pullar House in Perth. I hope you are able to access the service you are looking for.

Perth & Kinross Council has agreed to defer marketing the County Buildings for one year, to allow Kinross CC to produce a Business Plan. This has to be a viable plan and the community now have the opportunity to have their say and hopefully this building will once again be used and managed by the community.

The High School site will once again be on the market. It is extremely disappointing that a large site in the centre of town is still vacant and will probably be for sometime. This is maybe an opportunity to have something better on the site. I would be interested to know what you think would be suitable and please the majority of residents.

Summer is here, although the weather at the moment is not exactly seasonal. I hope that you will all take time to enjoy the outdoors. Whilst attending community councils throughout Kinross-shire, two of the most common complaints I hear about are DOG FOULING, particularly in parks, and SPEEDING CARS through villages. Let us all try to work together to make Kinross-shire a safer and cleaner place to live and visit.

Parks should be safe areas for children. I have just learnt that some swings have been removed because of vandalism. Vandals have damaged the surface below the swings and there is not enough safe surface should someone fall. Budgets in this area have been cut and it may be sometime before this is repaired.

I was delighted to read about the recent success of pupils from Portmoak Primary School, winning the Perth & Kinross Area Kwik Cricket finals and coming in the top four in the Scottish finals.

Congratulations to all pupils who have achieved their goals at school, whether academic or in the field of sport.

By the time you read this, schools will have broken up for the summer; pupils moving on, some will be moving to secondary school. I am sure you will be made welcome and soon become involved in the life of the school. Some will be moving on to university or college and some straight into employment and there will be some who, for various reasons, cannot find the right job at this time. I wish you well whatever you chose to do.

Yours sincerely

Councillor Kathleen Baird

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Criticism of Kinross Community**Council Procedures****20 June 2011**

As a resident of Kinross for 30 years, I have for a long time been uncomfortable about the way Kinross CC conduct business.

I attended the 1st June meeting of Kinross CC at the Masonic Hall along with other interested parties who were there to hear what was described in the Agenda only as a "presentation by Wallace Land".

I know most attending knew little of the proposals as previous Kinross CC minutes were vague about the intentions of the developers and the nature of their previous presentations.

Representatives of Wallace Land advised that this was their third attendance at a Kinross CC meeting. Their proposals relate to a development on 48 hectares of land on the west of the M90, being the whole south side of the A977 between the Turfhill Council Depot and Balado. Their proposal is to zone this land for industrial and commercial uses.

Such a development would be a massive expansion of Kinross outside the town boundary and into open countryside and contravenes current Local and National planning policy.

A previous Public Inquiry and separate Local Plan Inquiry both concluded that this area was not appropriate for such development.

Despite this fact, Kinross CC have continued to promote development on this site.

I am sure the wider community would like to know why Kinross CC are supporting such an inappropriate development scheme.

Also presented was another proposal by the same developers which relates to the building of 125 houses on land north of Davies Park and alongside the old railway track, currently a walkway.

At the June Kinross CC meeting the Chairman, Cllr Watson, declared an interest being the agent of the owner of both of these sites. However he then continued to chair the meeting and conducted the questioning session with the developers. It is normal in such circumstances for an individual committee member to retire and take no part in proceedings. In this instance, as Chairman, it is even more necessary that he ensure the meeting is conducted properly and that he takes no part. Cllr Watson has regularly found it necessary to declare an interest given that his job as local solicitor entails the representation of land interests of his clients.

I suggest that Kinross CC makes sure in future that their meetings are adequately advertised, that their agendas are clear as to the nature of items for discussion and that their minute includes a full and accurate account of their meetings.

At the moment none of these matters are being adequately addressed. Minutes require being informative, however relatively minor items are currently given expansive reporting while major developments such as those referred to here are given little time and insignificant reporting.

Given that we are in the midst of a PKC review that will involve the zoning of land for development in Kinross-shire over the coming years, I would like to suggest that Chairman Watson might consider it prudent to resign his position.

Ken Miles

Turfhill House, Kinross



News & Articles

Curling Academy project resumes

A legal wrangle which put the project to build a curling academy at the Market Park on hold for over a year has come to a conclusion. A burden in the title deeds of a nearby property might have prevented the building of the curling facility in the area of the Kinross Golf Club car park.

A statement on the Kinross Curling Trust website reads:

"Following agreement between the parties, the Lands Tribunal for Scotland issued its formal Order on 19 May the effect of which is to remove all restrictions on building on the Market Park. The Trust was not a party to this process and incurred no costs. The Trust's professional advisers are now engaged with Kinross Estate Company to finalise the terms of the draft lease."

Gateway Geese arrive

During June, the 'Gateway' – a project initiated by Kinross in Bloom – was completed, with the installation of the impressive copper and stainless steel sculpture of a skein of geese, created by public artist, David F Wilson. Our cover photograph shows the Gateway, which is just next to the junction 6 roundabout of the M90 at the entrance to Kinross. More details of this project, including funding partners, were published in the April 2011 Newsletter.



Look out for the Gateway Geese as you drive into Kinross

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'Gusset' plans

Proposed traffic-calming and landscaping plans by PKC for the junction of Wester Loan, Manse Road and North Road in Milnathort have been of interest to Newsletter readers in recent weeks (Letters in the June and this, the July, issue).

There was some criticism by local residents of the original plans, and subsequently Milnathort CC and PKC have been in consultation in an attempt to resolve the issues raised.

The revised plan includes the following features:

- A triangle of cropped setts at the 'gusset', but flush with the roadway surface. There will be provision for six designated parking spaces on the triangle.
- At the southerly point of the triangle there will be a single tree, with a kerb and barrier detail around it.
- The pavement between North Street and Manse Road will be extended to ease pedestrian use.
- A small section of pavement on the east side of North Street and a small section on the east side of Wester Loan (in each case close to their junction with Victoria Avenue) will be extended. This is to ease crossing for pedestrians and narrow the road to slow down traffic.

Some of the issues that were under consideration when drawing up the plans were these: Parking was raised as a priority to access the Town Hall; Concern over the speed of traffic coming into North Street; Implications of changing Victoria Avenue to one-way; and the historic nature of the space.

Milnathort CC Chairman Bruce Hamilton has attempted to personally speak about the plans with every household in Wester Loan and North Street as well as parts of Victoria Avenue and Manse Road.

Moto plans get go-ahead

PKC's Development Control Committee has approved plans for a total revamp of the Moto Services area at Turfhill. This will involve the demolition of existing facilities, construction of a new petrol station in a different part of the site, the building of a much larger shopping concourse and a new roundabout.

Local resident Ken Miles addressed the committee, citing the adverse effect of the enlarged retail outlet on businesses in Kinross town as a reason to reject the proposal, but the application was approved by nine votes to two.

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T in the Park 2011

Thursday 7 July - Sunday 10 July

You should receive a copy of the leaflet 'A Guide for Local Residents' with this copy of the Newsletter. This contains important information for all residents, whether going to T in the Park or not. Information covered includes: road closures, festival and campsite opening times, bus timetables, firework warning and contact telephone numbers. If your copy is not with the Newsletter, try asking in your local shop, library or council office or download a copy from the community website: www.kinross.cc

The essential telephone numbers are:

Local Resident Enquiry Line: 0141 890 1247

(Open 24 hours throughout the festival, answered by personnel in event control.)

Perth & Kinross Council 0141 890 1200

(To deal with any T in the Park associated matters. Manned from 8am every day of the festival, until midnight on the Thursday, 2am on the Saturday, Sunday and Monday mornings and then 8am to 2pm Monday afternoon.)

PKC (at its Licensing Committee on 21 April 2011) has agreed to allow the festival to finish one hour later on the Saturday night than in previous years. This extends the operating time to 1am on Sunday 10 July. The PKC report says, "The licensee indicates that this would allow the arena entertainment to finish at midnight." The report continues, "The main issue raised by the elected members for that area is the potential for noise over a longer period. Comments were made about noise from previous events occurring later

than these hours. Experience has shown that this noise was from activities within the campsite (both organised and informal entertainment), rather than the arena. If the public make contact at the time they hear the noise, this can be tackled by the event organisers and the Council's Environmental Health team."

The licence provides for campsite entertainment until midnight on the Thursday and to 2am on Saturday, Sunday and Monday mornings.

If noise is unreasonably loud, remember to call 0141 890 1200 or 0141 8990 1247 **at the time the noise is taking place.**



It's that time of year again! T in the Park, 7 - 10 July

Photo: Alfredo Rosso, www.kinross.cc photodlibrary

Public Transport Information Notice

Service 204 diversion during T in the Park

Due to road closures and the one way traffic system in place for T in the Park, it will be necessary to divert Stagecoach Fife Service 204 from its normal route on **Saturday, 9 July**. On journeys to Kinross from Dollar the diversion will be A91, via Mawhill Road, B918, Tillyochie Road and A977 to Kinross. Journeys may operate a few minutes later than timetabled.

Journeys from Kinross to Dollar will operate their normal route.

We apologise for any inconvenience that this may cause.

For further information please contact:

Stagecoach Fife 01592 757378

Public Transport Unit 0845 3011130



The Service 204 route on Saturday 9 July

Issued by Public Transport Unit, The Atrium, 137 Glover Street, Perth

T in the Park weekend - free link bus

Local bus link to T in the Park from both Kinross and Milnathort

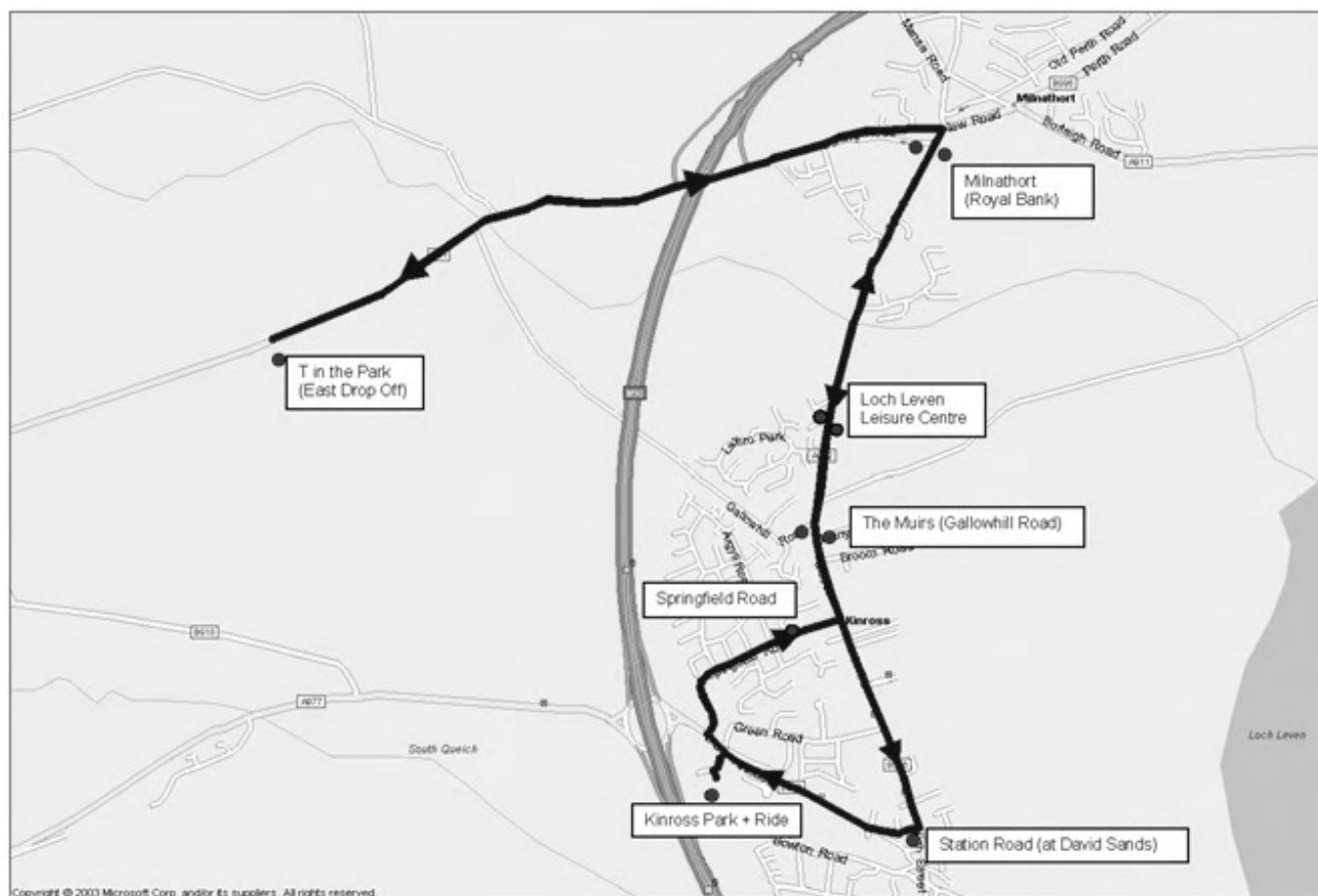
During the weekend of T in the Park a **free** Local Link Bus Service (604) will operate between Kinross (David Sands, Station Road) and the T in the Park site (East Drop Off), with all journeys serving Milnathort. In addition, Service 604 will serve Kinross Park+Ride site and Springfield Road, as well as picking up passengers at other bus stops along the route.

On Thursday Service 604 will start at midday from Kinross (David Sands) and operate at 30 minute intervals finishing at 7.00pm.

On Friday, Saturday and Sunday, the service will start at 10.30am and operate at 15 minute intervals until 1.00am the following morning.

Then on Monday, Service 604 will depart the T in the Park site (East Drop Off) at 7.00am and operate at 30 minute intervals until 2.30pm.

Note: The full timetable for Service 604 is printed in the T in the Park Guide for Local Residents leaflet, which you should have with this Newsletter. Copies of the leaflet can be downloaded from www.kinross.cc.



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Sainsbury's new local charity partner

The Scottish Cot Death Trust has been chosen as the local charity partner of Sainsbury's, Kinross. Over the next twelve months, the charity will benefit from money donated through fundraising as well as time given by Sainsbury's staff as volunteers.

The Scottish Cot Death Trust works to raise awareness of cot death and helps families who have been affected by cot death. It was chosen as the store's charity after nominations poured in from customers keen to support the good cause.

Wilma Carragher of the Scottish Cot Death Trust said, "We're really excited to be partnering with Sainsbury's and have already been getting our heads together to think of ways to raise money to help, and we would like to thank everyone in the community who voted for us."

Sainsbury's Kinross store manager added, "Scottish Cot Death Trust is such a worthy cause and we're pleased and proud to be supporting it over the next twelve months. We'll be letting all of our customers know of our fundraising plans and we hope they can join our colleagues in helping to support them."

The local Round Table is also helping the Scottish Cot Death Trust (see page 47) and you can read more about local fundraising for this worthy cause in the article at right.

Warning over landscaping firm's claims

PKC's Trading Standards department is warning local residents about the claims of a landscaping business working door to door. A firm going by the name Target Landscapes has been distributing leaflets door to door, advertising their business. The trader claims on the professionally produced leaflet to be a member of the 'better business partnership' and displays the scheme's logo, although without the wording 'Perth & Kinross' on it. PKC would like to stress that Target Landscapes are not, and never have been, a member of this scheme. The Better Business Partnership is intended to give consumers confidence in local firms, knowing that they will be treated fairly and honestly, especially if something goes wrong. Members of the Trading Standards team are working to trace the business in order to take appropriate action. Cold calling often takes place at this time of year. Community Safety Convener, Cllr Willie Robertson said, "Our advice is, if you don't know the trader, don't engage with them."

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Scottish COT DEATH Trust

The A Team remember Andrew and raise valuable funds for the Scottish Cot Death Trust

Wilma Carragher, Jennifer Deas, Mark Mitchell, Robert King and Gordon McKay would like to thank everyone in Kinross and beyond who supported their recent fundraising in aid of the Scottish Cot Death Trust.

The A Team signed up to complete a skydive in memory of Wilma's son Andrew, who would have celebrated his 21st birthday this year, and have so far raised a fantastic £5500 to help other families throughout Scotland who have been left devastated by a cot death.



The A Team will complete a skydive to raise money for the Scottish Cot Death Trust

Wilma has been working tirelessly in the local area to drum up support for the Scottish Cot Death Trust and she has recently also secured the support of the Area 49 Round Table (which includes 15 District Round Tables) and the Trust are now their official charity for the year.

Area 49 have pledged their support and will fund a Children's Book aimed at helping children aged between 3 and 5 to understand and cope with the sudden and unexpected death of a sibling. This resource will be a great support to the many families throughout Scotland who struggle to explain the unexplainable to a young child.

Every nine days a child dies in Scotland from cot death. The Trust is the ONLY charity in Scotland dedicated to the issue of cot death!

If you would like to support the A Team and the work of the Scottish Cot Death Trust, you can donate online at www.justgiving.com/RememberAndrew

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Royal Engineers hone their skills at Balado Park airfield

Royal Engineers from Cambridge found an ideal training location recently – Balado Park airfield, near Kinross.

43 Headquarters and Support Squadron from 25 Engineer Regiment (Air Support), who are based at Waterbeach near Cambridge, were looking for a location in Scotland to carry out some low level training as part of their air support role.

A low intensity operational airfield was required so that “Sappers” could gain essential experience in plant operation (graders, excavators, rollers etc) while still needing to be aware of aircraft movements. They completed their training on track profiling and pad repair in a week, prior to moving north for some adventure training in the Cairngorms.



Royal Engineers at work on Balado Park airfield

As well as providing a great training opportunity, Balado was ideally located as the Sappers were accommodated at Leuchars and supported by the RAF and 71 Engineer Regiment (V). The Engineers are very grateful to the Balado Park operators, Douglas and Jamie Alexander, for allowing them to train on their land and the assistance and guidance provided by the Scottish Environmental Protection Agency (SEPA).

Sappers have three skills that they continually strive to improve. Firstly, their infantry skills; secondly, their military engineering skills such as road and bridge construction, water supply and demolitions; and thirdly, all Sappers have a civilian or artisan trade which in essence is any trade that can be found in the construction industry, from design draughtsman, surveyor or plant operator to electrician, bricklayer, carpenter or plumber.

The motto of the Royal Engineers is “Ubique” or “everywhere”, as not only do they provide support across all areas of the battlefield, they operate worldwide. Some of the personnel at Balado have recently returned from an exercise in the United States.

For more information about what the Royal Engineers have to offer both regular or TA, contact your local Army careers office or Capt G Ferguson on 01334 857632.

Denise Dupont

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References can be provided

Phone: 01577 861465

Mobile: 07541056286

Email: denise.dupont@hotmail.co.uk

Kinross-shire Day Centre

By Campbell Watson, Chairman, Kinross Day Centre

The Day Centre has operated in Kinross for over 25 years. It, at the present time, is largely used as a meeting place for elderly people to meet, have lunch, socialise and enjoy various activities. We operate on the basis of a Grant from Perth & Kinross Council which is reducing and the capital built up over many years of the Day Centre is in fairly rapid decline, because our expenditure inevitably is greater than our income.

Bluntly, unless the use of the Day Centre can be widened considerably in the next couple of years, or unless the Council are able to increase their Grant contribution, the Day Centre will face closure.



Kinross Church Centre, home of the Day Centre for 25 years

Photo: Pauline Watson, www.kinross.co photlibrary

There are a number of ways in which the Community can support the Day Centre. There are several rooms which can be rented for meetings, for functions, and there is of course the ability to always enjoy a coffee or a meal. Any of these uses will support the Day Centre and provide more working funds.

The purpose of this announcement really is bring to the attention of the community that the Day Centre provides an incredibly important function, giving enjoyment to the lives of a number of elderly people. People who might otherwise be isolated and who might not always have regular meals are brought into the Day Centre and are taken safely home at the end of the day, and all enjoy and benefit from the experience.

We as a community need to find ways of supporting the Day Centre, using its various facilities, and encouraging others to use these facilities. Otherwise it is an asset that we will lose.

For further information as to possible uses, room hire etc, please telephone Nan Cook on 01577 863869.

Kinross-shire Day Centre

64 High Street, Kinross

Open Day - Wednesday 10 August

10am – Noon & 1pm – 3pm

Kinross-shire Day Centre is holding an Open Day to promote the services of the Day Centre.

Everyone is welcome to come and look at the facilities and activities on offer. Tea and coffee will be provided.

Summer Programme 2011

Free summer activities for children and families in Kinross-shire

Booking essential except for drop-in activities.

For further details and booking form contact:

Cath Devanny, Active Schools Co-ordinator,
Pat Doran, Community Link Worker,

cdevanny@pkc.gov.uk,
pdoran@pkc.gov.uk,

01577 867220, 0782 4529785.
01577 867180, 0790 3335751.



Dates	Times	Activity	Group	Venue
Mon 4 July	10.00am-1.00pm	Cookery	Family	Pupil and Family Support Area (P&FS) - Life Skills
Mon 4 July	2.00-3.30pm	Racquet Sports/ Hoops	Family	2-court hall & gymnasium
Mon 4 July	10.00am-3.30pm	Creche tbc	0-3 years	Activity Meeting Space
Tues 5 July	10.00am-1.00pm	Hockey tbc	Primary	2-court hall
Wed 6 July	10.00am-1.00pm	Drop In Cafe	P7/S1 Transition	P&FS area
Thurs 7 July	10.00am-1.00pm	Drop In Cafe	Secondary	P&FS area
Mon 11 July	10.00am-1.00pm	Angling	Family	Kinross Fishery
Mon 11 July	10.30am-12.30pm	Play @ Home & Rhymetime	Adult & preschool	Library
Mon 11 July	2.00-3.30pm	Racquet Sports/ Hoops	Family	2-court hall & gymnasium
Mon 11 July	10.00am-3.30pm	Creche tbc	0-3 years	Activity Meeting Space
Tues 12 July	10.00-11.00am	Volleyball	Primary	2-court hall
	11.00am-1.00pm	Angling	Primary	Kinross Fishery
Wed 13 July	10.00-11.00am	Volleyball	P7/S1 Transition	2-court hall
	11.00am-1.00pm	Angling	P7/S1 transition	Kinross Fishery
Thurs 14 July	10.00am-1.00pm	Cookery	Secondary	P&FS Life Skills
Mon 8 Aug	10.00am-1.00pm	Bowling	Family	Orwell Bowling Club
Mon 8 Aug	2.00-3.30pm	Racquet Sports/ Hoops	Family	2-court hall & gymnasium
Mon 8 Aug	10.00am-3.30pm	Creche tbc	0-3	Activity Meeting Space
Tues 9 Aug	10.00-10.45am 10.45-11.25am	Zumba 4-7yrs Zumba 8-12 yrs	Primary	2-court hall
Tues 9 Aug	11.30am-12.30pm	Baton Twirling	Primary	2-court hall
Wed 10 Aug	10.00-11.00am	Zumba	P7/S1 transition	2-court hall
Wed 10 Aug	11.30am-1.00pm	Gym Inductions	P7/S1 transition	Fitness suite
Thurs 11 Aug	10.00-11.00am	Zumba	Secondary	2-court hall
Thurs 11 Aug	11.30am-1.00pm	Gym Inductions	Secondary	Fitness suite
Thurs 11 Aug	2.00-4.30pm	Podcasting	Secondary	P&FS area



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Kinross-shire Agricultural Society Flower Show

Marqueé sponsored by Dobbies Garden Centre, Kinross

SATURDAY 13 AUGUST 2011 KINROSS HOUSE GROUNDS, KINROSS



Flower Show Convenor: Mrs Claire Paton, Lethangie, Kinross

Committee: Cath Mearns, Margaret Kilpatrick, Alice Getley

Flower Section Judge: Mrs Briony Multon, Briglands House, Crook of Devon

Floral Art Section Judge: Mrs Moyra Turnbull, Tigh-na-Craig, Laggan Road, Crieff, PH7 4LQ

Children's Sections: Mrs Moyra Turnbull & Mrs Briony Multon

JUDGING COMMENCES 10.00am. ENTRIES: 50p per Adult Exhibit and 20p per Child Exhibit.

One exhibit entry per person in each class. Entries accepted on Show Field until 9.00pm on Friday 12 August.

Alternatively, from 8am until 9.30am on Saturday 13 August - entries can be uplifted at 4.30pm.

CLASSES

- | | |
|--|--|
| 1. Pot Plant – Flowering any type | 13. A Miniature arrangement in an Eggcup not exceeding 12cms in height from 8cms of cup approx width 8cms |
| 2. Pot Plant – Begonia | 14. Arrangement using 3 Blooms – Greenery allowed but no accessories |
| 3. Pot Plant – Fuchsia | 15. A Floral Arrangement depicting “The year of the Royal Weddings” Incorporating flowers and foliage. Accessories allowed |
| 4. One vase mixed Herbaceous | 16. Housewife’s Choice – An arrangement in any type of Basket – Incorporating flowers, foliage & accessories appropriate to the title |
| 5. Vase displaying Mixed Herbs (Mint, Rosemary, etc) | 17. Bowl of Beauty – Flowers in a Bowl from an Open Garden to be viewed all around |
| 6a. Vase of Three Dahlias – Decorated | 18. An exhibit the theme – ‘Country Fare’ incorporating Flowers, Foliage, Fruit & Vegetables. Space allowed 76cm in width 60cms in depth |
| 6b. Vase of Three Dahlias – Cacti | |
| 6c. Vase of Three Dahlias – Ball/Pom | |
| 7. Four Marigolds any variety to be shown on a board* | |
| 8. Four Pansies or Four Violas to be shown on a board* | |
| 9. Vase of Three Roses Same Variety | |
| 10. Best Single Rose | |
| 11. Vase of Five Sweet Peas One Colour Only | |
| 12. One Gladioli any variety | |

*Boards available on request

FLORAL ART SECTION

NAFAS Rules need not be adhered to, simply read the schedule carefully and pay attention to size and materials. Space allowed width 76cms by 60cms depth.

All exhibits to be composed of natural plant material – i.e. Fresh, Dried or Preserved unless otherwise stated. All Fresh plant material to be in water or water retaining substances. All Flowers and Foliage to be in good condition.

CHILDREN'S CLASSES

19. A drawing on A4 paper depicting “My Favourite Farm Animal” e.g. a Cow, Pig, Horse etc exhibited by a Boy or Girl age 5 and under
20. A drawing on A4 paper depicting “Clown” exhibited by a Boy or Girl age 6 to 8 years
21. 4 Decorated Marshmallows exhibited by a Boy or Girl, age 5 years and under – Plates will be provided
22. A model of an animal using Fruit & Vegetables exhibited by a Boy or Girl, age 6 to 8 years
23. An arrangement of “Garden Flowers” in a “Jam Jar” shown by a Boy or Girl aged 8 and under
24. Finger Puppet no more than 20cms in height exhibited by a boy or Girl age 9 to 14 years made from re-cyclable materials
25. A “Garden in a Seed Tray” shown by a Boy or Girl age 8 and under not exceeding 40cms x 25cms using natural material only
26. A “Garden in a Seed Tray” shown by a Boy or Girl age 9 to 14 years not exceeding 40cms x 25cms using natural material only
27. Model Farm in a Seed Tray – ‘Models Allowed’ open to all ages
28. Best Wrapped Shoe Box – open to all ages

All Vegetables to be presented washed in Good Condition – Paper Plates will be provided

VEGETABLE SECTION

- | | |
|---|----------------------|
| 29. 3 Small Courgettes no longer than 12cms | 33. 3 Small Beetroot |
| 30. 3 Onions | 34. 6 Runner Beans |
| 31. 3 Potatoes – White | 35. 6 French Beans |
| 32. 3 Potatoes – Red | |

All Eggs must be washed and polished. Paper Plates and Shavings will be provided. All decorated Eggs must be hard boiled.

EGG SECTION

36. Children's Class 12 years and under – 3 Hens Eggs Any Variety
37. Adult Section – 3 Hens Eggs Any Variety
38. 1 Decorated Egg open to all children 12 years and under

Schedule continues on page 17...

Classified Advertisements

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Kinnesswood Village Store;
Fossoway Stores, Crook of Devon

Kinross-shire Agricultural Society Flower Show continued...

PRIZE MONEY

In all Classes 1st: £2 2nd: £1 3rd: 50p

The Trophy Presentation will take place within the Flower Show Tent at 3.30pm on Show Day. Prize Monies to be collected on the day.

TROPHIES

The Trophies for the most points, Classes 1 to 12 and 13 to 18 inclusive, will be assessed 3, 2, 1 for the first three prizes

CAIRNS CUP for the most points overall, + Rosette

BALADO SALVER for the most outstanding entry in Classes 1 to 12 + Rosette

FISHER BOWL for most points in Dahlias

CAESAR TROPHY - Sweet Peas

THE KIRKNESS TROPHY for the most points in the Floral Art Section + Rosette (Classes 13 to 18 inclusive)

THE RENTON TROPHY for the most outstanding exhibit in the Floral Art Section + Rosette (Classes 13 to 18 inclusive)

THE GAVINE LINDORES TROPHY for the best Single Rose (Class 10)

THE SCOTT-DAVIDSON CUP presented by the late W. Scott-Davidson, Cleish, for the winner of Children's Class 27

LENA GRAHAMQUAICH (small) winner of Children's class 25

LENA GRAHAMQUAICH (large) winner of Children's class 26

THE MAISIE PIRIE CUP also Rosette & £3 for the most outstanding exhibit by a child under 8 years.

THE CATH PIRIE CUP also Rosette & £3 for the most outstanding exhibit by a child age 9 to 14 years.

PATON PRODUCE TROPHY - For best exhibit in the produce classes

MAWCARSE SALVER - Best Exhibit Overall in the Show

SPECIAL PRIZES

Rosettes for 1st, 2nd, 3rd and 4th places will be presented in Children's Classes 19 to 28

Carris Billington, Milnathort have sponsored the Egg Section with vouchers to the value of £10 for each egg section winner.

Near naked men from Kinross to raise money for charity

A team of four cyclists from Kinross Cycling Club (Angus McCulloch, Scott Cunningham, Paul Murray and Ross Cowie) will ride across Scotland in near naked skin suits to raise money for, and awareness of, two cancer charities: Maggie's Centres (Scotland) and MCAC – Male Cancer Awareness Campaign. All the money raised will be split evenly between the two charities.



l to r: Ross Cowie, Paul Murray and Angus McCulloch

The team will be wearing the Male Cancer Awareness Campaign "Near Naked Man Race suits", designed to promote awareness and reduce embarrassment and promoted as the world's most eye-catching cycling apparel! The head-turning suits cannot be bought – suits must be earned. Blood, sweat or tears.

The idea of the ride is from club member Angus McCulloch, who has a very personal experience of cancer with both his wife and his late father-in-law being cancer sufferers. Angus said, "My wife, Stephanie, was diagnosed with breast cancer the same week her father died of prostate cancer.

"It has been a tough year and we are not over it yet. We have had tremendous help from the Maggie's Centre in Edinburgh.

"We are looking forward to the challenge and meeting staff and patients at the Centres. We hope to get as much support as possible."

The team will ride some 300 miles over four days, taking in Glasgow, Edinburgh, Dundee, Aberdeen and Inverness. For more information and to donate, visit the website at: www.justgiving.com/kcc-near-naked-man

Kids Body Balance Class

'Reach for Your Star' is a child centred course of fun activities to support your child's mental, emotional and physical development. It will incorporate the expressive arts, yoga and brain gym activities.

Summer Classes & Workshops

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Mundell Magic comes to Kinross

Who would have thought it? Famous names in music coming to the small county of Kinross-shire to perform. No, it's not T in the Park I'm talking about, but another music venue, albeit at the other end of the scale in terms of size – Backstage at the Green.

Backstage at the Green is a new venue for gigs promoted by Mundell Music, who specialise in organising intimate performances by some of the most respected musicians of the last four decades.



David Mundell with just a fraction of the rock memorabilia on display at Backstage at the Green

David Mundell, the man behind Mundell Music, was proprietor of the Bein Inn at Glenfarg from 1999 to 2007. In that time he developed it into a music destination, winning Scottish Music Pub of the Year in 2003 amongst other accolades. The hotel trade was his main occupation for most of his adult life, but David admits, “music has always been my passion,” and after selling the Bein Inn in 2007 he has concentrated on music promotion, first at the Inn at Lathones near St Andrews, which was named Best Music Venue in the UK in 2009, and now additionally at Backstage at the Green Hotel and at Ducks in Aberlady, East Lothian.

Some of the famous names who have played for Mundell Music over the years include Fairport Convention, Hugh Cornwell of The Stranglers, Andy Fairweather Low, Hank Wangford, KT Tunstall, Maggie Bell, Nik Kershaw and Martyn Joseph to name just a few.

The Kinross venue has been created out of the Green Hotel's former health suite, which has been transformed into a unique space, full of character and with the ambience of a private club. There is a small bar area and next to that, built over the former swimming pool itself, a performance room with a capacity of just over a hundred. This gives an intimate atmosphere; everyone attending is really close to the performer, who may well be an idol from their youth. Earlier this year the Green Hotel won the Scottish Hotels of the Year Innovation Award for 'Backstage'.

Gigs at 'Backstage' started in October 2010 and have included David Knopfler (ex Dire Straits) and John Otway & Wild Willy Barrett.

Adding to the ambience is David's astonishing and vast collection of music memorabilia, which decorates the walls of 'Backstage' and is worthy of a visit in its own right.

Another feature to quicken the pulse of music enthusiasts of a certain age is the opportunity to buy vinyl records at

“After the Goldrush”, the in-venue record shop. “We think this is the only music venue to have an integral record store,” says David. Also selling CDs, the shop is only open on gig nights, but could open at other times as well if there is enough interest.

David describes most of the acts who play for Mundell Music as “sixties to eighties based but with some young, up-coming talent also, such as Ben Montague who has been played on Radio 2.”

Artists lined up for the coming months at the Green include: American singer/songwriter Dean Friedman; Ian McLagan of the Small Faces (Rod Stewart's band); John Parr, who wrote the song St Elmo's Fire (Man in Motion); Eric Taylor, described as a “sage musician, a lyrical genius and a master of the guitar” and the band Curved Air.

Not content with simply hosting music, Mundell Music also arranges occasional workshops with master guitarists and songwriters and at the time of writing Iain Matthews, formerly of Fairport Convention and Southern Comfort, is due to teach a song-writing workshop.

There are plenty of other plans afoot. Mundell Music will be arranging some concerts as part of the inaugural Kinross-shire Music Festival in November this year, including Jackie Leven, the Scottish singer/songwriter.

Next spring will see the fifth 'Fifestock' Festival, a Mundell initiative which takes place various venues. And we have a Newsletter exclusive! We can reveal that Gallagher & Lyle will be playing Backstage at the Green as part of Fifestock 2012.

For more information on gigs at the Green, look out for Mundell Music's regular advert in the Newsletter. Tickets are available from www.mundellmusic.com, which is well worth a look, not just for gig dates and tickets, but for music reviews, history and more.



Vinyl records for sale at 'After the Goldrush'

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone Glenn Neve on 01592 860808 or email

subscriptions@kinrossnewsletter.org

Newsletter review of the year

In recent weeks the annual review of the Newsletter has been carried out and a report made to the board of directors of Kinross Newsletter Ltd. (This is a new development – see end of this article for an explanation of this.)

It has been another successful year for the Newsletter.

Circulation is slightly up on the previous year, averaging sales of 2,062 copies per issue.

Income has increased, due mainly to the cap on the number of display adverts being removed. For many years we restricted the number of display adverts to prevent the Newsletter being 'top-heavy' with adverts. However, as the Newsletter content has increased significantly in recent years, it was felt that we could carry more advertising, and so the cap was lifted in July 2009 and greater flexibility in the placing of adverts introduced. A surplus of £15,830 was made this year, and transferred to Kinross CC's charitable company. In the past year the Newsletter averaged 99 pages per issue, compared to 91 the year before, but the proportion of content to advertising has stayed the same at 56% to 44%.

We would particularly like to thank our volunteer columnists, **Fiona Turnbull** and **John Buchanan** who write in alternate months, giving us fascinating and amusing insights into the challenges of Farming today, and **Malcolm Smith**, a remarkably dedicated man who provides us with the facts, figures and summaries of the Weather; also **Isabel Gillon** who acts as our hand-in point in Milnathort and the **Historical Society** for the loan of photographs.

We also thank the local businesses who support the Newsletter by advertising, and the shopkeepers who stock it. Thanks also to all the club secretaries and representatives of organisations who supply us with updates of their activities. The continued growth of the Newsletter means more work for all the Newsletter team and an ever-increasing challenge to produce it on schedule each month, so well done to all the team and another plea to clubs to please try to keep your reports brief!

And now for the explanation referred to in the first paragraph: Although the Newsletter has been in existence since 1977, when it was founded by Kinross CC, for most of the next 34 years it had no constitution or legal identity. In the last couple of years efforts to address this have been made. The title is now registered with the British Library and in 2010 a trading company, Kinross Newsletter Ltd (KNL), was formed. The directors of KNL are the treasurer and editor of the Newsletter and three members of Kinross CC. Any surpluses made by KNL are transferred to a charitable company, Kinross Community Council Newsletter Ltd (KCCNL), formed in 2009. The directors of KCCNL are the Chair, Vice Chair and Secretary of Kinross CC.

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Library News

Roll up! Roll up! The circus is coming to Kinross!

The **Summer Reading Challenge** theme this year is **Circus Stars**. Simply read six books between Friday 24 June and Friday 19 August to complete the challenge (two books per visit to the library). Once you have read two 'practice' books, two 'rehearsal' books and two 'show-time' books you will receive a Circus Stars Certificate and a medal.

Visit the website www.summerreadingchallenge.org.uk to meet authors and try games and activities. Visit the library for further details and to join in.

Zoolab on **Friday 15 July**, 10.30am-11.30am, offers fun and games with circus performing animals: an acrobatic tree frog, a tightrope-walking rat, a stilt-walking stick insect and many more. Tickets are on sale in the library (£3) and children 5-11 yrs are invited along to handle the animals if they dare!

Circus Modo on **Monday 8 August** offers two workshops on circus skills training in the library: ball-juggling, plate spinning and feather balancing, 2-3pm (5-7yrs) and 3-4pm (8-12 yrs).

Please **book in advance** for both events as they will sell out quickly.

Craft Workshops will take place on the following **Mondays** (free, 4+yrs):

4 July	10.45am - 11.30am
11 July	2.30pm - 3.15pm
18 July	10.45am - 11.30am
25 July	2.30pm - 3.15pm
1 August	10.45am - 11.30am

Looking ahead, bestselling author **Laura Marney** will be visiting the library in September to discuss her work. Laura's four successful novels combine black humour with chick-lit. In November, crime writer **Aline Templeton** will be entertaining us with a discussion and reading from her books. Aline is the creator of DI Marjory Fleming. Cradle to Grave is the latest in the series. Tickets for both events will go on sale shortly.

Call the library on 01577 867205 for ticket purchase or further information about any of these events.



Nature at its best: this gorgeous family of swans was spotted in the North Queich in May.

Fighting Fatigue

By Alisa V Wilson, nutritional consultant

Hippocrates wrote about it – and so did Shakespeare. Fatigue has doggedly plagued humankind through the ages.

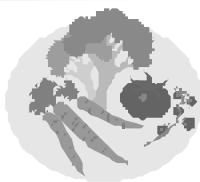
Today TATT ('tired all the time') is one of the most common non-specific diagnoses in general practice, and Britons consistently rank it as one of their main health concerns.

What is it? Not a true ailment in itself, fatigue is usually a classic symptom of some other problems: poor nutrition; overwork; lack of (or too much exercise); insomnia or poor sleeping habits; or a specific medical disorder, such as premenstrual syndrome or depression. Fatigue is a generalised feeling of exhaustion that is hard to shake off. It is distinct from the more intractable chronic fatigue syndrome, in which fatigue persisting for at least six months is not relieved by sleep or rest and is often accompanied by symptoms such as memory loss, fever and muscular aches. Fatigue can be constant, beginning in the morning after a full night's sleep, or it may build rapidly during the day until nightfall, when the sufferer feels utterly exhausted.

Often there is no evidence of another illness; however, fatigue is a sign that should not be ignored. Symptoms include:

- Persistent, lingering weariness, either intermittent or continuous, that lasts for more than two weeks.
- Personality changes, particularly a tendency to become angry, impatient or depressed because of feeling tired all the time.
- Diminished concentration and work capacity.
- Mental sluggishness.
- Loss of energy, strength or endurance.

In many sufferers, fatigue can be traced to stress, anxiety, poor nutrition, food allergies, depression, anaemia, poor digestion, environmental toxins or lowered immunity and chronic infections. It has been linked to diabetes, to thyroid or adrenal gland imbalance. Deficiency of almost any vitamin or mineral can depress the immune system, causing fatigue. Deficiency of the nutrients involved in red blood cell formation (iron, folic acid, vitamin B12 and B6) can lead to fatigue because these cells transport oxygen used for energy. In women, fatigue can result from fluctuating hormone levels in pregnancy and menopause, or from anaemia caused by heavy menstrual periods.



Help to fight fatigue with:

- Balanced blood sugar levels: never skip breakfast, avoid large meals and eat little and often instead. Avoid insulin stimulants such as caffeine, sugar, alcohol and tobacco, hydrogenated fats, excessive stress and lack of exercise.
- Do not expect an energy boost from sugary foods so avoid refined carbohydrates and simple sugars (found in confectionery, white bread, white pasta, biscuits, cakes etc). Instead eat complex carbohydrates (wholemeal pasta, rice and bread, wholegrains, beans etc) and lots of fresh fruits and vegetables to optimise health. Five a day is an absolute minimum, ideally aim for seven or eight.
- Make up fresh fruit or vegetable juices, which are packed with free-radical quenching antioxidant nutrients.
- Drink plenty of filtered water (1½-2 litres per day).
- Clear detox pathways: when our system gets overwhelmed with environmental factors (our environment unfortunately offers a multitude of opportunities for clogging up our metabolic pathways) that rob the body of much needed nutrients for energy, it is time to clear the system and detox.
- Take time out from a busy schedule for quality rest and relaxation. Go to bed and get up at the same time every day. Get at least eight hours of sleep at night.
- A good multi-vitamin and mineral formula may help. Further supplements may also be helpful (only when an underlying fatigue-causing medical condition has been ruled out and under the supervision of a qualified nutritionist).
- Keep active. Moderate exercise is a prescription for feeling less tired.

Alisa Wilson is a qualified Naturopathic Nutritionist (Dip. Nutritional Therapy). She runs a local consultancy, Nutritionalise, www.nutritionalise.com

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How to look AND feel better

By Caroline Winn, Master NLP Practitioner & Master Coach, Ascent NLP Ltd.

Have you ever gone shopping with a friend, tried on a new outfit, looked really good in it, heard your friend say you were “amazing” in it, and felt so excited about your new style that you simply couldn’t wait to go out wearing it? Yet when you got home, you just didn’t get that feeling anymore, and ended up wearing a different outfit altogether? Or perhaps you’ve had a “style makeover”, believing that this time, you really WILL feel better about yourself, full of confidence, knowing that you’re looking your best... only to have the self-confidence wither away over time, until you feel just like you’ve always felt?

When we’re unhappy and want to feel better about ourselves, most of us start with the outside, changing our hairstyle, our make-up, or our clothes. Maybe we’ll go to a spa for a pamper day, perhaps have a manicure or facial, or even a relaxing massage. We feel great, having had a bit of pampering and “me time”, and if we’re lucky we’ve also received some lovely compliments! Treats like these are fabulous and work really well as a morale boost, but when we’re using them to mask our unhappiness, typically it doesn’t take long before that good feeling fades, and we need another “feel better” fix. Sound familiar?

So why doesn’t that good feeling last? The reason is that we’re starting in the wrong place – the **outside** – when we really need to pay attention to what’s going on **inside**, ie to our thoughts and emotions. Look at it this way: if you had a book that was full of stories with lots of horrible emotions going on – eg fear, anger, hate, sadness, guilt, hurt – and the book had a really angry, dark, forbidding cover picture with a nasty description, would you buy the book? Yet wrap that same book up with a new cover with a happy, sunny picture on it, and a gentle, romantic description, then you probably would buy it, wouldn’t you? But it still has the same content... the only thing that’s different is the cover. That’s **exactly** what’s going on when we give ourselves that little “feel better” fix: we’ve put on a happy, sunny cover, but unfortunately it doesn’t really hide the negative content inside, and as soon as we look inside, we feel bad again.

What if there was a different way? What if you could apply a “feel better” fix that will change your content? What if you could get rid of those horrible emotions, learn to change your thoughts into positive ones? How would you feel then? How would you look on the outside, when inside all is sunny and happy? Don’t you think you’d look so much better? The amazing thing is we can all change our “content”, and we can make the changes pretty quickly.

Negative thoughts are a bad habit that we’ve learned over time. When we were born, we were perfect, happy to be us, believing everybody loved us, and loving everyone who we came into contact with. So what changed? What changed is that we were handed a “script” – like the script to a movie of our own life – which was full of everyone’s expectations, especially those of our family... Remember hearing “oh you can’t do that, what will the neighbours say?” Worse still are the media expectations... “to be happy and successful, you

have to be a size zero and have model looks”. Gradually these scripts wear us down, often our thoughts become negative, and in many cases, we learn to reject ourselves, rather than loving and accepting ourselves, just as we are.

The good news is that everyone – absolutely everyone – can tear up the script they were given and can write their own scripts for their future. No matter what has gone before, no matter how bad the situation, you can now choose how to react for the rest of your life. You always have a choice. Try it now – the next time a negative thought pops into your head, choose to push it away, choose to not listen, choose to turn down the volume, choose a positive thought to listen to instead. If what you’re thinking doesn’t feel good – it’s from a script. So change it! Write your own!

It takes some practise to turn this into a new habit. After all, you’ve been doing it the “old way” for all of your life! Be patient, practise daily, don’t beat yourself up if you still have negative thoughts – as beating yourself up is a script too! – instead, celebrate each success positively and you’ll soon notice the progress. Even when you’re saying to yourself, “oh but I’m different, my problems are too big, that wouldn’t work for me...” – it **can** work for you. All you have to do is believe it is possible, want it to happen, and practise – it can and will happen. And if you want any help with writing your new script, we’d love to help!

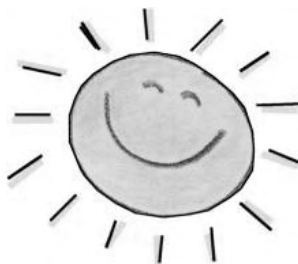
Caroline Winn is a qualified Master Practitioner of NLP, Time Line Therapy and Hypnosis, and a Master Coach at Ascent NLP Ltd, www.ascentnlp.co.uk. Her coaching services are also available through The Zen Zone in Milnathort.



Mundell Music are now promoting Live Music at The Green Hotel, Kinross. The Venue is called 'Backstage' and has a capacity of just over 100. It is situated at the rear of the Hotel and has a separate Bar Area with an amazing collection of Rock & Roll Memorabilia. For full listings please visit the website below and details of our Music Club can be obtained at any show. This enables members to enjoy discounts and some free GIGs.

**Thurs 7th July Tift Merritt
Sun 7th Aug Dean Friedman
Mon 15th Aug Ian 'Mac' McLagan
Tues 16th Aug Ian 'Mac' McLagan
Thurs 18th Aug Ben Montague
Sat 3rd Sept Terry Reid
Sun 4th Sept Terry Reid
Sun 2nd Oct John Parr
Wed 19th Oct Curved Air
Sun 20th Nov The Zombies**

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Following complaints from local residents regarding parking in Swansacre, we would like to highlight to you the local bylaw covering this road.

Perth & Kinross Council (Kinross Traffic Management) Order 1999 (NO 11/99)

“Part 2, PROHIBITIONS AND RESTRICTIONS, Driving Article 3(b) Save as provided in **Article 9** of this Order no person shall drive or cause or permit to be driven any vehicle in or upon that length of road specified in **Part 2** of the Schedule.

LENGTHS OF ROAD IN THE TOWN OR BURGH OF KINROSS

PART 2 – PROHIBITION OF DRIVING EXCEPT FOR ACCESS

SWANSACRE - Between its junction with Station Road and its junction with School Wynd.

EXEMPTIONS From Driving Prohibition Article 9.

Nothing in **Article 3(b)** of this Order shall apply so as to prevent any person from causing or permitting any vehicle to be driven in that length of road specified in Part 2 of the Schedule if the vehicle is:- (a) public service bus, (b) emergency vehicles, local authority vehicles, (c) vehicles in connection with building operations ...”

This would clearly indicate that vehicles should only be in Swansacre if they are there for a specific purpose related to the adjacent premises etc. Driving through or parking and walking to the town is clearly not permitted. Officers will be patrolling this area and will take action against motorists who break the law.

Ask the Police

The Ask the Police website www.askthe.scottish.police.uk is an official police website that contains comprehensive answers to over 700 of the most commonly asked police related questions.

The aim of the site is to help you find the answers to your questions quickly and directly, without having to call Tayside Police to ask for the information. The site contains answers to a wide selection of nationally-asked questions. Information that is specific to Tayside is being added to some answers, where appropriate.

If you cannot find the answer to your question and still need help, please call our non-emergency number 0300 111 2222, or in an emergency, call 999.

Home / Business Alarms

Before you head off on your holidays, it would be appreciated if you could find time to update us with your keyholder details.

You can provide us with your contact details by visiting the

Tayside Police website and following the links to Information and Advice, Security Systems & Alarms and finally to Keyholder Registration. There you will find a registration form to fill in and this will automatically send to us when you have completed and saved it. The details you provide will then be added to our database.

The form applies as much to those without an alarm installed as much as it does those with one so everyone is encouraged to fill it in. This way we can deal with any alarm activations or incidents quickly and efficiently giving you added piece of mind. It is also advisable to make arrangements for relatives, friends or neighbours to regularly check your property whilst you are away.

School Holidays

During the forthcoming holidays, officers will be paying particular attention to the schools in our area with a view to preventing acts of vandalism and other forms of anti-social behaviour from occurring. To assist us in this plan we would ask members of the public, particularly those living adjacent to our schools, to be diligent and report any incidents of vandalism, anti-social behaviour or other suspicious acts. In previous years this exercise has proved very successful and has prevented various crimes from being committed.

We would also like to remind motorists in the area that owing to the holidays many more youngsters will be out and about, engaged in various pursuits such as cycling, and for these motorists to exercise more care and attention, and to moderate their speeds to avoid any accidents.

Finally, but probably most importantly, on this subject we have a message for the young persons who are on holiday and are out and about more during the summer months.

Please choose carefully the places where you play and avoid going near water, entering building sites and derelict property, and playing on or near roads.

Appeal for information

A silver coloured car was struck whilst parked in the Loch Leven Leisure Centre car park between 3pm and 5pm on **Monday 13 June**. The resultant damage could possibly have been caused by the door of a burgundy coloured car. If you have any information regarding this incident, please contact Tayside Police on 0300 111 2222.

Crime Stoppers Telephone Number 0800 555 111

This telephone number is a free phone number, unless you are using a mobile phone, which any member of the public can contact at any time, if they have information relating to criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Contacting your local Community Officers

Kinross Police Station: **Telephone 0300 111 222** • Open Door Drop-in at Community Campus: **Thursdays, 3.30pm to 4.30pm** • Give online feedback at: www.tayside.mypolice.org • Follow officers on Twitter: **BridgeofearnPC**

Community Police Officers:

Kinross, Bridge of Earn and Abernethy:

Bridge of Earn and Abernethy areas:

Milnathort and Portmoak areas:

Cleish & Blairadam, Fossoway, Glenfarg:

Kinross:

Sergeant Sandra Williams

PC Euan Mitchell

Currently vacant

Currently vacant

Officer currently on sick leave

Email: sandra.williams@tayside.pnn.police.uk

Email: euan.mitchell@tayside.pnn.police.uk

Community Council News



The Community Council News is produced from edited draft CC minutes. Most CCs have full minutes on their websites. Full Kinross CC minutes are lodged in the local Library. All Community Council meetings are open to the general public.

Kinross Community Council

News from the June Meeting

C Watson (Chair) welcomed CCllrs B Davies, D Colliar, D Cuthbert, M Blyth, D Mackay, W Freeman, M Scott, B Freeman and L MacKay to the meeting held on 1 June. Also in attendance were: P&K Cllrs K Baird, W Robertson, S Miller and M Barnacle; Sgt Williams (briefly); a deputation from Wallace Land and thirteen members of the public. Apologies for absence were received from CCllr Jack.

The minutes of the May meeting were nominated by CCllr Blyth and seconded by CCllr Colliar under correction of the reference to the bushes at Springfield Park to read Springfield Road.

Police Report: There being no police representative present at this point, Wallace Land were asked to take the floor. Sgt Williams arrived during the presentation. However, due to other commitments she had to leave before presenting her report. See end for information received by email after the meeting.

Report from Wallace Land

Prior to the representatives taking the floor, CCllr Watson indicated that he had an interest in this matter as he acts for the owner of the land in question.

The area proposed for development lies to the east and west of the M90.

Alex Orr thanked the CC for allowing them to again address the meeting and introduced his two colleagues.

Mr Orr stated that the Main Issues Report identifies viable options for areas of development and continued that the CC did not make any comments on the proposed sites in our representations to the Council. Mr Orr again repeated their proposals for development of these areas, explaining that on the land to the east the proposal was to build 125 units (maximum 127). The land to the west would be developed for industrial/commercial purposes. Mr Orr explained that this was the start of a long period of consultation involving PKC and other bodies to develop a viable plan for the development of these areas. This could take up to 12 months and should this stage prove successful then a planning application would require to be submitted by Wallace Land. As these proposals come under "major development" consultation with the public would also be a requirement.

One of the CC concerns was in relation to access to the residential site. This matter and any other issues raised in relation to the whole development will be taken into account. Various specific assessments will be undertaken, e.g. traffic (including along the A977). Flooding was also commented on, again this will be addressed.

CCllr Barnacle commented on this proposal, and in particular the employment potential for Kinross west of the Motorway/Balado and added that he held concerns regarding this. He emphasised that one important factor in this proposal is the Council Depot. CCllr Barnacle had no issues in relation to the residential site. It was also mentioned that there were legal issues in relation to the allocated green space within this proposed development.

It was commented that Wallace Land are also in discussion with Moto in relation to access.

CCllr Watson opened up questions from the floor and Wallace Land representatives answered a number of queries.

CCllr Watson explained that a number of developers have approached the CC and asked if they could present their proposals. It was agreed that the infrastructure is something that requires to be addressed. The CC, as is their practice, will discuss any planning applications submitted by developers as and when these should arise.

Wallace Land are to provide the CC with copies of their submissions and should a planning application be submitted at a later date they will return to a CC meeting to answer any further queries.

Mr Miles stated that there was not enough publicity given by the CC in relation to such matters. He suggested that we include in our agenda the topic of each presentation and added that this information should also feature on the CC website, as should the minutes.

Matters Arising

Pier Road build-outs and signage: CCllrs Watson and Colliar met with Brian Cargill on site and reported that they were happy to go ahead with the Council proposals.

Newsletter Accounts: Two sets of accounts were tabled for approval, i.e. Kinross Newsletter Limited (the trading account) and Kinross Community Council Newsletter Limited (Limited by Guarantee).

CCllr Cuthbert provided some details on both sets of accounts. It was noted that circulation has increased. The sum of £15,830 has been transferred from the Limited Company to the Charitable Company. There were no figures recorded for last year, as these are both newly established companies.

The funds held at credit of the Charitable Company are to be retained pending the outcome of the CC proposals for the County Buildings.

A query regarding accountancy fees was answered by CCllr Cuthbert.

Future of Kinross Buildings

County Buildings: CCllr Watson advised that the Council have agreed (in principle) to the issue of a licence for the occupation of this building for one year. CCllrs Watson and Cuthbert are to meet with Jim Low on 2 June to receive the terms of the Licence, which may be restrictive. CCllr



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Watson commented that he inspected the property recently with the Partnership. It was noted that the building appears sound with no major defects.

On a query raised by CCllr Colliar, CCllr Watson answered that the meeting was only arranged today (1 June). He stated that there was no intention to keep this information from CCllrs Colliar, Blyth and Mackay. Meetings with the Partnership were one to one, and David Littlejohn requested one representative from each organisation.

Former High School site: It was reported that the offer received for this site has now been withdrawn and that proceedings will have to start afresh with the site being remarketed. The CC has grave concerns that this building will lie vacant and deteriorating for some years and the Councillors will try to ensure that this does not happen. It was commented that there was a delay in marketing the property with no timescale stipulated. It was proposed to demolish some of the buildings to the rear.

It was questioned whether this site could be used by the Curling Academy. However, it was mentioned that they are trying to resolve the issues in relation to the Market Park.

Mill Street: The CC will write to PKC to enquire if they would consider clearing this site to provide additional car parking for the centre of the town.

Planning Applications Submitted:

10/02175/FLM Formation of distributor road to connect Junction Road with Clashburn Road on land 400 metres northwest of 17-19 Clashburn Road: Environmental Folder received. CCllr Freeman looked over this and the various plans therein.

11/00631/FLL 13 Gallowhill Road: Extension to dwelling house and erection of garage.

11/00644/FLL Copperbank, Balado: Erection of two dwelling houses.

11/00725/FLL 7 Muir Grove: Alteration to dwelling house.

11/00818/FLL37 Sutherland Drive: Ext to dwelling house.

11/00702/FLL Site south of Middle Balado House: Erection of a dwelling house and garage.

11/00797/FLL 13 Whinfield Drive: Alterations and extension to dwelling house.

11/00845/FLL 12 Burnbank Meadows: Erection of a conservatory.

The CC had no objections to any of the above.

Applications Approved by PKC:

09/01639/FLL Bellfield Farmhouse: Alterations, ext and change of use from office to dwelling house.

11/00270/FLL Police Station: Installation of solar voltaic panels.

11/00390/FLL Plots 1-84 Station Road: Modification of existing consent (change of house types) (Plots 27-29 and 34-37).

11/00441/FLL Rachel House: Alterations and formation of patio area, walls and canopy.

11/00444/FLL New Mains House, Balado: Alt and ext to house.

CC Planning objections (Convention): Seven replied to their communication, six in favour and one against. They ask that all CCs give their views on this proposal and also if we have any examples of objections from the CC where the application has not gone to the Development Control Committee.

Reports from P&K Councillors

CLlr Barnacle reported that in the Autumn he was hoping to reconvene the Kinross-shire Forum. Previously, both

Minathort and Kinross CCs rejected this idea. Kinross CC would be happy to be included in this proposal but only if elected members of the various CCs were invited. It was noted that Kinross CC has met with other CCs in the past on major issues.

Correspondence

Core Paths Plan Inquiry: Mr Stubbs from the Council replied that he would be happy to attend a CC meeting, however needed a response before 1 June. He recalls they consulted us about the section of the trail which has been built and the completion of it and about the right of way at Cockairney. He added that the completion of the trail is a complicated proposition and he has a range of responses from the owners down there already. Following on this PKC acknowledged our submission and advised that this has been sent on to the Department for Planning and Environmental Appeals to assist the Reporters in completing the inquiry. PKC has no further opportunity to comment with regard to this issue. When the DPEA have completed their inquiry they will prepare a Report and recommendations for the Scottish Ministers who will have the final decision. In due course the Scottish Government will then direct PKC to adopt the finalised Core Paths Plan with or without modifications.

Armed Forces Day: Fly A Flag - to be held on Monday 20 June (for a week). PKC will purchase a flag on our behalf, however we will require someone to raise this.

CLD Meetings: The last was on 23 May. The next is on 29 June.

Community Campus Partnership: Initiated in April 2010 with six members representing Sport, Youth, Parent Council, Arts & Culture, CC. This group have agreed their Memorandum of Agreement and are in the process of establishing effective communication with local communities, campus users and the Campus Management Group. They are currently looking to recruit new members. We are to invite Tracey Ramsay to our next meeting. The next Partnership meeting is scheduled for 16 June. It was noted that one person represents each individual group and that the CC representative is CCllr Cooper from Fossoway CC.

Kinross House: A query was received by email requesting any information on the new owners of this property.

TAYplan: The period for making representations on the Proposed Strategic Development Plan (2011), the Proposed Action Programme (2011) and the Equalities and Human Rights Impact Assessment (2011) will commence on Monday 6 June and close on Monday 1 August 2011. This matter is to be added to the Agenda for July.

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Other Business

High School: It was reported that the gates at the rear of the High School have been opened and that cars are driving in to this area at certain times.

Red Lion: This building is in a state of disrepair. The CC will write to the Conservation Officer pointing this out.

Campus: CCllr Cuthbert reported that Mitie refused to open the gates for an ambulance that had been called to the campus.

Roads/Transport: CCllr Scott was approached in relation to the parking of vehicles at the Primary School in the area of Bowton Road/Ross Street. A member of the public also raised the issue of the poor bus service to the bottom of the town. Cllr Barnacle responded that a solution to this latter problem is being sought. In relation to the condition of the pavements and the numerous potholes on the roads, Cllr Scott said that in a number of places people walking along the pavements are showered with water when cars pass.

Drains: CCllr Freeman asked if there was any response to his enquiry last month.

Police Report (received by email): There have been a number of thefts including break-ins to properties for scrap metal such as piping, copper cabling etc, in the Kinross area. The police were kept very busy following the recent high winds and thank members of the public for their assistance in helping to clear up fallen trees and their patience with the road closures.

Operation Homesafe was launched on 1/7/11, running parallel with Operation Dorado, a national anti-violence campaign. Both operations are aimed at reducing violent crime and disorder, anti-social behaviour, alcohol related crime, weapon carrying, knife and hate crime which will increase community confidence. These operations will run through to 31/8/11.

The Next Meeting is scheduled to take place at the Masonic Hall, Muirs, Kinross on Wednesday 6 July 2011 at 7.30pm.

Agenda for the Meeting on 6 July

1. Apologies for absence
2. Minutes of the meeting held on 1 June
3. Police report
4. Campus matters – Tracey Ramsay
5. Matters arising from the minutes of 1 June
6. Future of Kinross buildings
7. TAYplan
8. Planning Matters
9. Reports from Perth & Kinross Councillors
10. Miscellaneous correspondence
11. Other competent business
12. Date of next meeting (3 August)

Members of the public wishing to address Kinross CC are requested to contact the Secretary in advance and supply a copy of any relevant papers.

**Deadline for all Submissions
2.00 pm, MONDAY 18 July
for publication on Saturday 30 July**

Portmoak Community Council

News from the June Meeting

M Parkin (Chairman) welcomed CCllrs J Bird, R Cairncross, T Smith, M Strang Steel, S Forde, D Williamson, P&K Cllr Baird and seven residents to the meeting held on 14 June 2011. Apologies for absence were received from P&K Cllrs Robertson and Miller.

Previous minutes were approved and signed after a change was made under the Police Report heading.

Police Report: None tendered, although communications with the Police during the previous week indicated that there had been break-ins and fly tipping at the allotment site at Scotlandwell.

Treasurer's report: Zero activity since the last CC meeting; £555.64 in the two accounts.

Stephen's Field, Kinnesswood: The Chairman explained that the CC had decided not to wait for further developments between PKC and the builders and the CC solicitors had been asked to complete the acquisition of the land on behalf of the community.

Balgedie Toll to Mawcarse Road: Cllr Baird informed the meeting that the 'horse' signs and Wester Balgedie signs were still to be completed and she understood that the Kilmagadwood sign had been erected facing the hill and not towards the houses.

A resident raised the question whether the cattle sign was still required at Orwell. It was agreed the CC would make a survey of signs in Portmoak.

Kinnesswood bus shelter area: The Chairman had written to PKC to say that the shelter roof would probably need replacing before next winter. PKC had agreed to examine the roof and had also suggested that they would be pleased to liaise with the CC to carry out other agreed works to upgrade the shelter. However, no work could be carried out until the nesting migratory birds depart in September.

Build-outs: Cllr Baird reported on the progress she had made with the roads dept and although they had been constructed under a standard design there was still the problem with lack of visibility on the 'reverse' side of the bollards. It was thought that a simple reflective strip could prove beneficial.

Water level in loch: Awaiting a response from the Loch Leven Trustees following a letter to the Trustees in May 2011.

Convention of P&K CCs: There was a previous suggestion to dissolve the convention through lack of interest shown by the membership, although new ideas had been brought forward to continue the Convention in some way. The Chairman would be attending the July meeting.

Wall opposite Portmoak Hall: There were many problems with the wall and after much discussion there were as many answers as problems. There has been some first aid repairs carried out but these are not considered satisfactory. Cllr Baird would meet with the roads dept to discuss the issues.

Sub Committee Reports

Paths, Pavements and Roads: There was presently a fund-raising scheme in operation to provide money for this year's maintenance of the MBW and a lot of discussion took place on how and why the CC had been involved in the project from the start. Callum Robertson, owner of the land carrying part of the MBW, said that no agreement with PKC about maintenance etc had been completed with him although one had been proposed. This means that no one has any obligation to maintain his part of the MBW, nor can carry out

any work voluntarily without the landowner's agreement, although PKC will be able to do so when the MBW becomes a core path.

The Michael Bruce Trust had been contacted and would not provide any funding for the maintenance of the walk. However, the walk was considered to be an asset for the community and therefore the CC would continue to provide some form of management for the walk. The Chairman would look at the question of responsibility.

Planning: Cllr Cairncross explained that there had only been one planning application during the last month, solar panels on a property in Scotlandwell, and the CC would not be making any comment.

The number of planning applications between Jan to June 2011 compared with the same period last year is considerably lower.

Certain long term issues/problems re the planning system are now part of a review system being conducted by PKC Legal Services together with PKC Planning services. CCllrs Cairncross and Strang Steel would be meeting with both depts to discuss relevant planning issues especially in relation to the new development at Scotlandwell. CCllr Cairncross would keep Cllr Baird informed of any future meetings with PKC to enable her attendance.

With regard to specific issues at the Scotlandwell development, CCllr Forde stated that what had been agreed on the planning approval notice had not in reality been carried out. CCllr Strang Steel confirmed that what had been agreed on the plans should in fact be what is carried out.

The Vane Farm application, discussed at a previous CC, was still being considered by PKC.

Other Business

'Tayplan' would be organising public meetings to explain the long term planning for the area. There was more information on the Tayplan website.

Herbicide spraying: This had caused considerable comment and problems throughout Portmoak. Residents' property had been destroyed and the law had been disregarded on the SSSI sites.

There had been a number of reasons put forward by PKC why this spraying had occurred but none was considered to be looking at the basic cause of the problem, which was the contract between PKC and the contractors.

Information was given to the meeting by Cllr Baird that PKC were meeting with a number of residents of Portmoak on 15 June although this information had not been given to the CC prior to the meeting.

Cllr Baird agreed to try and receive a copy of the contract between PKC and the contractors responsible for the herbicide spraying.

Cllr Baird informed the meeting that road verge grass cutting would only be carried out once this year.

Gorse cutting on the hill: It had earlier been reported by the owner of the hill that gorse would be cut and burnt (because the SNH approved method was not practical). However, some gorse had been left where it had been cut and not burnt. It was thought that this could create two problems, a future fire hazard from the continual drying out of the gorse and the blocking of the burn.

(It had been reported previously that the main burn running through Kinnesswood had been blocked with fallen gorse and this had caused the burn to overflow into the sheep field and then flooded properties in Whitecraigs. This was cleared by local residents who reacted immediately to the problem.)

However the owner of the hill suggested that the gorse which was lying in this area would disintegrate through time and be dispersed by the animals using the hill. He agreed that it was his responsibility to make sure that the burn did not overflow and create problems to villagers in Kinnesswood and therefore a regular inspection and maintenance programme was required.

There was evidence of certain works carried out on the hill e.g. steps being cut into the steep part of the land behind the water tank at Kinnesswood, which did not have the permission of the landowner. It was agreed that it was not just common decency but obligatory to speak to the landowner before any consideration of such works was contemplated.

Barn at Wester Balgedie: A resident emailed the CC with information on problems with a barn at Wester Balgedie and the possible problems of falling timbers and flying tin sheets during states of inclement weather.

The day after the e-mail had been received by the CC, CCllr Cairncross reported that a JCB had arrived on site and it was thought that the JCB would rectify the above problems. However, it now transpired that the two instances were not connected and the original problem still existed.

Although PKC had requested the owner of the barns to sort out the problem within a specified timescale it had not been possible to contact the responsible PKC office to confirm the present situation, possibly due to the relocation of offices from the County Buildings in Kinross.

Recycling point Scotlandwell: The CC had been notified by PKC that the recycling point at Scotlandwell would cease with immediate effect. The CC had not originally supported the idea of this recycling point.

Causeway: A resident raised the issue of the state of the Causeway in Scotlandwell, especially in light of the number of accidents which had occurred on this stretch of road with specific regard to the apparent collapse of the road in certain stretches which seemed to attract vehicles into the verge. This had been reported to the police by the Chairman. Cllr Baird agreed to discuss the issues with PKC roads dept.

Speed signs: A resident raised the issue of when the 40 mph signs were going to be in place and whether consideration should be given to introducing a further speed limit of 20 mph in certain areas.

Cllr Baird agreed to investigate these issues.

Communications since last meeting: a list of all can be found in the full minutes on the Portmoak website.

The Next Meeting of Portmoak CC will take place on Tuesday 12 July 2011 at 7pm in Portmoak Hall.

Portmoak CC minutes are posted on the website

www.portmoak.org

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Milnathort Community Council

News from the June Meeting

CClIr Hamilton, Chairman, welcomed CClrs Cottingham, Smith, Halford, Milne Home, Bennet and Giacomazzi to the meeting held on 9 June. Also in attendance were Minute Secretary E Rougvie; P&K Cllrs Baird, Robertson and Miller; Inspector Iain Ward and PC Euan Mitchell of Tayside Police; Murray McEwan of the Scottish Ambulance Service and 28 members of the public. Apologies were received from CClIr Thomson.

Police matters

Incidents: PC Mitchell reported four incidents in Milnathort, three of which had resulted in arrests. There had been vandalism to a stone pillar in South Street in the form of graffiti; theft from an insecure van in Wester Loan; the attempted theft of a vehicle in Whyte Place and a break-in to a car outside Stewart and Smart, as a result of which a rear window had been smashed. This was the only incident for which no-one had been detected as yet.

PC Mitchell also highlighted the summer drink drive safety campaign, which ran from 6 to 20 June, and the **Street Sports 4 All** initiative which is run in conjunction with P&K Community Safety Partnership and St Johnstone Football Club. It is hoped to bring this to Milnathort during the summer and the police in Kinross would be pleased to hear from anyone running a community event such as a fete or a gala as it could be used as an additional attraction.

T in the Park: Inspector Ward introduced himself as the new senior officer for South Perthshire and was available to answer any questions regarding T in the Park. He hoped that the problems with vehicles being parked in Stirling Road and Bridgefauld Road would be alleviated this year as a parking ban was to be introduced at least on one side of Stirling Road. Any issues relating to dangerous parking can be dealt with by the police. As far as noise was concerned, improvements have been made to the site this year and DF Concerts have invested heavily in noise monitoring equipment. Any concerns about the music being too loud should be addressed to PKC.

Jessie's Park: Cllr Robertson said that there were already problems with broken glass in Jessie's Park in Back Loan, which has recently been re-opened. Inspector Ward advised that the police would keep an eye on the situation while they were out patrolling.

Victoria Avenue/Wester Loan junction: A member of the public raised concerns about three cars that were continually parked close to this junction, causing a hazard for drivers. This is an ongoing problem and informal approaches to the owners of the vehicles had had no effect. CClIr Hamilton said that Victoria Avenue was to be made a one-way street under the Placecheck scheme, but this would not happen for over a year. Inspector Ward advised that according to the Highway Code, vehicles must not be parked within 10m of a junction, but police can only remove a vehicle if it is causing serious and immediate danger. However, he will would take up the matter.

Scottish Ambulance Service presentation: Murray McEwan, community resuscitation development officer with the Scottish Ambulance Service, gave a presentation on the Community First Responders scheme, which was set up in 2002 to assist the Ambulance Service in certain emergency situations. It involves volunteers being trained in life-saving techniques while patients await the arrival of an ambulance. Participants are required to undertake an initial weekend's training followed by monthly two-hour training sessions. They are not required to deal with patients under 16; those who are under the influence of alcohol or drugs or anyone who is violent. At present there are three Community First Responders in Kinross and Milnathort but the ideal number would be 15-20. Anyone who would like further information should call 07500 952052 or email mmcewan@nhs.net

Minutes: The minutes of the May meeting were proposed by CClIr Bennet, who asked for it to be recorded that at the last meeting she had personally objected to a planning application by Kinross Cricket Club. That done, the minutes were seconded by CClIr Smith.

Planning Matters

Application submitted: Modification of existing consent to change turbine type and specification at Mawcarse Farm. Noted.

Application determined: Change of use from vehicle repair workshop to used car sales forecourt at Mitchell's Electrical Services, 101 South Street (Approved). Noted.

Matters Arising

Kinross Cricket Club: CClIr Hamilton advised that this application had been withdrawn, but since a sizeable delegation had attended the meeting it was considered to be appropriate to hear their objections should the application be re-submitted at a later date. CClIr Bennet also raised concerns about the application process. The application had been posted on the PKC website on 13 May, but a notice did not appear in the vicinity of the proposed site at Burleigh Castle until 1 June. Since there were only 21 days in which to lodge an objection, those who hadn't seen it online would have been at a disadvantage. Planning applications are also only published in two newspapers, the Courier and Perthshire Advertiser, so again people may not have seen it. After discussion, Cllrs Robertson and Baird agreed to seek clarification on planning procedures and report back to the next meeting. It was also agreed that if the application was resubmitted the CC would contact the objectors as it was possible to submit a holding request for submissions.

Tillywhally Wood: Milnathort Primary School have now been given chippings and logs. The benches have been constructed and are now awaiting installation. A £300 donation had been received from Kinross Road Runners and it was agreed that if there was any surplus it would go towards installing benches along the old railway line walk.

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Jessie's Park: It was confirmed that the small park in Back Loan had now been re-named Jessie's Park in memory of Jessie Porter and that her family had been contacted. Following discussion, it was agreed that CCllrs Giacopazzi and Bennet will meet to discuss ideas about an appropriate permanent memorial in the park and will report their proposals to the August CC meeting.



Cllr Robertson officially declares the refurbished Back Loan park, now renamed Jessie's Park, open

Placecheck: An e-mail was received from Diane Cassidy of Placecheck expressing her thanks to everyone who turned up at the reopening of the park in Back Loan and to Cllr Robertson for cutting the ribbon.

Zebra crossing in New Road: Cllr Robertson reported that major repair works will be carried out shortly at this crossing, which is considered to be dangerous.

Wester Loan: CCllr Hamilton advised that the CC had been in negotiations with PKC about the proposed changes in Wester Loan, which had not met with the approval of residents. They had reached a compromise that was acceptable to most and he had delivered copies of the new plans to 25 people in the area. The traffic calming measures will be implemented this summer but the one-way system in Victoria Avenue will not be introduced until next year.

Snow ploughs: CCllr Milne Home expressed concerns that the snow ploughs that had been promised to local farms had not materialised. Cllr Robertson will investigate.

Verge cutting: CCllr Milne Home advised that grass verges in rural areas were now only being cut once a year due to budget constraints but potential private contractors were discouraged by PKC's tendering process, which was excessively bureaucratic. Cllr Robertson explained that the council had to adhere to European guidelines to ensure that it was seen to be spending taxpayers' money wisely. After discussion, it was agreed that Cllr Baird will follow up the matter as some verges were considered to be dangerous.

Members of the public

The following issues were raised:

Dog fouling: It was noted with regret that there was already evidence of dog fouling in Jessie's Park. Dog owners are reminded that they are required to clean up after their pets by law.

Feeder pillar: It was considered that Scottish Water's feeder pillar in Burleigh Road was inappropriately sited as it was unsightly and was causing an obstruction. CCllr Bennet will follow this up and suggested that residents contact Scottish Water.

Drainage issues: Cllr Robertson agreed to contact Clarence about drainage problems at Burleigh Castle and will

investigate issues of ineffective drainage in Balfour Crescent.

Safety mirror: Cllr Robertson advised that PKC would not be prepared to fund a mirror at the foot of Balfour Road.

The mini-roundabout at the Town Hall was thought to be dangerous as motorists tended to approach from South Road without looking. Cllr Robertson said that in fact there had been very few accidents at this location but it was soon to be resurfaced and repainted, which should improve the situation.

Wall in Burleigh Road: This is in a state of disrepair and is the landowner's responsibility but Cllr Robertson will once again investigate the possibility of having it repaired by people carrying out community service.

Other business

Crash barriers: Cllr Baird is still pursuing the issue of the missing crash barriers on Hattonburn Road as there was some debate about whether BEAR Scotland or PKC were responsible for the stretch concerned.


Cemetery wall: CCllr Giacopazzi reported that this is to be repaired with mortar.

Accounts: CCllr Bennet, treasurer, advised that the accounts had now been audited and the CC will receive funding from PKC. It was agreed that she and CCllr Giacopazzi will purchase a gift for the auditor, who gave his services free of charge.

Next meeting: There will be no CC meeting in July, but **the next meeting will be held in Orwell Parish Church Hall on Thursday 11 August at 7.30pm.** This venue and time are now permanent and members of the public are welcome.


Milnathort CC minutes are posted on

www.kinross.cc/milnathort/milnathort.htm




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Fossoway and District CC

News from the May Meeting

The meeting on 3 May was attended by T Duffy-Wigman, A Lavery (Chair), M Anness (Minutes), A Cheape, K Borthwick, R Cooper, P&K Cllr M Barnacle and 13 members of the public. Apologies for absence were received from: S Anderson, A Morrison and P&K Cllr W Robertson. There were no declarations of interest.

Community Policing: Sgt Williams reported that it had been a quiet month except for wandering animals in the streets. Details for T in the Park public meetings were given.

Comments were made by the public about gates being left open and vandalised and farmers not being allowed to padlock their gates.

A complaint was made about horses in crop fields.

Blairingone War Memorial: Cllr Barnacle is awaiting response from P&K Council and will send a reminder.

Dunning Glen: The CC has applied for a grant for cleaning up and sign. Multi-agency meeting will be held soon.

Core Path Network Inquiry: Maps showing Core Paths had been received from the Access Office and were displayed during the meeting. Reactions to these were to be in by 13 May. It was felt by the CC that this was short notice and a complaint has been sent. A discussion was held about some of the decisions that had been made with regard to the paths and some members of the public felt that relevant people including Cllr Barnacle had not been informed.

Kinross-shire Fund: Angus reported that the next meeting was 6 June and welcomed applications for projects.

Convention of P&K CCs: Kevin reported that only eight members of the possible 18 turned up to decide the future. Four voted for it to be wound up, two for it to remain and two abstained. However as there was insufficient attendance no action could be taken. The CC agreed not to resign from the convention until their next meeting as they may need support to vote themselves out of existence.

Report from P&K Councillor: Cllr Barnacle reported that Scottish Water had suggested a further meeting regarding control of the Devon.

At the AGM of the Civic Trust, M Travers gave a talk on Renewable Energy and Cllr Barnacle has passed information to Secretary.

A letter has been sent to Cllr Baird re Convener of the Development Control having the casting vote which is used against local opinion. This will be pursued after elections.

Planning Matters: 11/00600/IPL, Land South of Craigton Farm Road, Rumbling Bridge: renewal of planning consent 08/00267/OUT, for the erection of four dwelling houses with associated business use. No CC comment.

Alastair also reported that the service from the Council has improved as the CC planning officer is now sent a list of planning decisions. This means we can see whether CC recommendations are being followed up or ignored.

General Correspondence: A report on the CC incoming and outgoing correspondence was distributed.

Thompson Homes gave a presentation and distributed handouts with their new proposals for Powmill; available on website, www.fossoway.org

The gate at the New Bridge in Crook of Devon has now been fortified following the escaped cattle incident at the beginning of May. Comments were made about the amount of time it took the Police to attend the incident. Concern was expressed from the floor about who takes responsibility for damage when such incidents occur as the law is very unclear

in these matters and the implications this has for Core Paths and increased access through farmland. Comments were made about posts being removed from the kissing gate during the construction of the new bridge. Cllr Barnacle will seek redress about maintenance of Core Path routes.

Core paths: Comments were made from the floor that discussion about Core Paths had not been reflected fully in the CC minutes. It was noted that the minutes were only a record of the meeting and the CC would welcome volunteers for minute secretary.

Roads: Concerns were raised about the loop road in the Crook of Devon between A977 and A91. This road is being increasingly used by a lot of traffic, especially HGVs, and this road is not suitable for such traffic. A request was made for the CC to write to PKC for a sign. Concerns were also raised about Vicar's Bridge road on both sides of the A977. It was noted that Clackmannanshire Council had much better signage.

Display board: Apologies were made about the lack of display board in Blairingone as the doors on the Notice Board have fallen off. Marion to look for volunteers to help.

Newsletter: CC agreed to give £10 so that the Kinross Newsletter can be sold at Blairingone Primary School as the newsletter has to be paid for up front. Marion and Trudy to liaise.

Car Park, Crook of Devon Church: No further development. Another meeting is to be convened.

News from the June Meeting

The meeting on 7 June was attended by CCllrs S Morrison, T Wigman-Duffy, A Lavery, S Anderson, M Anness, K Bothwick and R Cooper. Also in attendance were P&K Cllr M Barnacle, and 13 members of the public. Apologies for absence were received from A Cheape and P&K Cllr W Robertson.

Declarations of interest: There was a declaration of interest from Ramsey regarding a planning application for Coup Steps, Powmill.

Community Policing: No police available. (Post-meeting note: apologies were received from Tayside Police for their absence.)

Minutes of the last meeting: Comments about the posts being removed from the kissing gate were incorrect. It was noted that the request for the CC to write to PKC for a sign on the A977 was not necessary at the moment as Cllr Robertson had already emailed the council. With these amendments noted, the minutes were signed off.

Presentation by Hugh Wallace: With the aid of a map showing a plan for a Hydro Scheme on the River Devon, Hugh gave an outline proposal for the development. It covered the main issues, the time frame and the Community benefit.

Main Issues: Visual impact, the position of the turbine house, the long-term impact and reduced river flow.

Time Frame: Landowners agreements to be established, loan schemes from the government to be investigated and overall planning to be applied for.

Community Benefit: A Community Fund to be set up, the recipients of the fund to be arranged (CC possibly), and considerations as to the distribution of funds to be agreed.

A discussion was opened to the floor and various issues were raised. How many landowners were involved? Had SEPA been involved? Were there any safeguards for wildlife? Was Scottish Water involved? Where would the distribution connection to the grid be sited? What would the

environmental impact be? All these questions would be answered by Hugh and he agreed to put all these proposals on the CC website.

Presentation on Burnside Wind Farm: Sarah Dooley outlined the plan for an extension to the Burnhill Wind Farm comprising a maximum of 22 turbines. The site straddles both Clackmannanshire and Perth & Kinross Councils. Nine turbines would be in the Perth & Kinross area. There is potential for expansion on the site with the final turbine layout to be decided by next month and planning submissions would follow. There would be considerable benefits to the community in the form of a trust fund. This particular wind farm was 85% productive as the wind was blowing most of the time. Cllr Barnacle commented that the Main Issues Report was concerned with the visual impact of the wind farm and that no one had benefited financially in the Fossoway CC area, although they were directly affected by the site. Comments from the floor noted the huge profits derived from these developments and wondered how more funds could be made available for the community. The proposals would be put on the CC website.

Matters Arising

Blairingone Biomass Plant: Nothing to report as the site has been sold and so far no one has put in any applications.

War Memorial, Blairingone: Cllr Barnacle has finally heard from Historic Scotland which has no objections to the memorial being moved. A further meeting will be arranged by Mike at the beginning of July, with Council officials, the developers and the Blairingone sub-group, to find a solution to this problem. It was noted that this has taken place before and that the last meeting was inconclusive as the council officials never turned up.

Dunning Glen: Multi-agency meetings have been useful with all the landowners now on board. Applications for funds to clear the site have been put forward for approval with various ideas to improve the site; signs to discourage camping, limited parking access, fencing and more police involvement. **Members of the public are encouraged to report unsocial activity in the area to the police so that they can act more robustly.**

Tay Plan Consultation: There will be a consultation period from 6 June to 1 August. There will be a Public Information Event at the Loch Leven Campus on 15 June. There are no significant changes from the draft report.

Report by P&K Councillor

Cllr Barnacle has a proposal that the Kinross Forum should be reinstated. It might be more beneficial for the Forum to stay local, particularly on planning matters. He will put the suggestion to the Kinross CC.

There has been tree damage on the River Devon during the latest storm. Ken O'Lone is the tree officer for the area.

Planning Applications Submitted

11/00727/FLL, Greenparks, Church Road, Crook of Devon: Alteration and extension to dwelling house and erection of a detached garage with ancillary first floor. No CC comment.

11/00761/FLL, Coup Steps, Powmill: Alterations and extension to dwelling house, erection of outbuilding and realignment of driveway. No CC comment.

11/00753/FLL, Westermuirhead Farm, Solsgirth, Dollar: Erection of two dwelling houses. No CC comment.

Planning Application Approved

11/00337/AML, Erection of dwelling house and associated landscaping (Approval of Matters Specified in Conditions): Middleton, Fossoway, KY13 0PB.

General Correspondence

All outgoing and incoming correspondence was available for viewing.

Other Business

Path access: The accessibility of the path behind the Crook of Devon institute was discussed and it was hoped that it would remain a footpath only, without the demands of core footpath status.

Cow dispute: The dispute mentioned at the last meeting on cows escaping on the core path has been resolved.

Meetings: A schedule of future meetings was tabled.

Disabled parking at Fossoway Church was discussed and it is hoped a bay would be marked out and available outside the church.

The Next Meeting of Fossoway & District CC will take place on Tuesday 2 August 2011 at 7.30pm in Carnbo Hall. All Welcome!

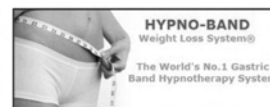
Fossoway & District CC minutes are posted on the website

www.fossoway.org



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Cleish & Blairadam CC

News from the May Meeting

The CC met on Monday 16 May in Cleish Village Hall. It was also attended by five CCllrs and five members of the public. The Cleish & Blairadam Newsletter Editor was also present. Apologies for absence were received from Fiona Macgregor and P&K Cllr M Barnacle. From Perth & Kinross Police we were fortunate to have Sergeant Sandra Williams – she has a huge area to cover and we welcomed her attendance.

Crime Prevention: Following on from the previous meeting and the comments from residents of Keltybridge (with Fife 01383 numbers) not being able to access the Tayside Police, Sgt Williams said this had been due to a lack of communication and in future calls to 0300 111 2222 would be answered in the normal fashion.

Calls had been received regarding possible hare coursing and poaching; however, whilst nothing suspicious had been uncovered, it was important to keep calls coming when suspicions are aroused. Unusual sightings of vans or flatbeds should be reported at once – the sooner the police are made aware, the sooner they can investigate. There has been dumping of garden rubbish at Chance Inn Farm – this would be looked into.

Nivingston Hill Road: this is a popular cycle route and is often used for organised cycle events and races. While this is a recognised cycle route, the hill itself, with a proliferation of potholes, can be dangerous and extreme caution should be observed, both from cyclists and motorists.

T in the Park – beginning 7 July: In previous years the Police had attended CC meetings around the county, but it was thought that a special meeting in Cleish might not be necessary. It was agreed by the CC that as we are on the periphery of this event we had no particular concerns; however anyone with special concerns could contact Sgt Williams directly.

Sgt Williams concluded by letting us know that PC Nicky Ward was leaving; The CC expressed their regret and asked that she should be thanked for all she had done for our area. We wish her well in the future.

Fiona Barnfather, the Neighbourhood Watch coordinator for Ardgairney, attended the meeting. Unfortunately the CC is unaware of the coordinator for Keltybridge and Blairadam and will investigate this further.

Sgt Williams was thanked for her attendance and she then left the meeting.

Community Councils: The Chairman said that there was a need for greater engagement between Community Councils and Perth & Kinross Council.

The Convention of Community Councils of Perth & Kinross which has a remit to provide a stronger unified voice has had little support over recent years and a proposal has been made to dissolve it. The CC discussed this and agreed that it would be more appropriate for the Kinross Forum to be resuscitated, addressing more local issues. Kinross and Milnathort CCs have in the past been reluctant for this, but the rural CCs would probably be in favour of such a proposal. Cllr Barnacle will be taking this forward.

The question was raised regarding the engagement of Cleish and Blairadam CC with the community.

How do we get more people to attend meetings?

How do we raise awareness of what we do, and what more can we do?

How do we get people to stand for membership of the CC?

All these are important issues and there is no doubt people will come along if there is a matter directly concerning them. It was proposed to consider the issuing of a really good flier. Urgent matters could be the issues of the AGLV; Conservation status; Development – which should be appropriate; What can Community Councils do for us?

We need more people to put their names forward for election – this will take place sometime during the autumn.

Tayplan: This is heading our way with implications for roads, transport, education.

Planning: There were no new applications.

Pending:

Erection of dwelling house at Blairadam – approved.

Erection of dwelling house at Moreland Farm – pending.

Change of house type at Plot 1, Sunnyside – pending.

Gairneybridge Caravan Site – pending.

Greenacres – the enforcement Officer has been contacted regarding work already being undertaken but not approved. The question was raised as to whether SEPA and SNH know about this – has the due process been followed?

It was agreed the CC need take no action at this stage as we have called for clarification in the MIR and Cllr Barnacle is also liaising with the planning dept.

Erection of wind turbine at Nivingston – full permission granted.

Extension to Cleish Church – pending.

Roads: A letter had been written to the Roads Department regarding the state of the road between Mawmill crossroads and Coldrain.

The lines at Cleish Mill Bends had now worn out – this would be reported to the Roads Department.

The next meeting of Cleish & Blairadam CC was due to take place on Monday 27 June.

Cleish & Blairadam CC minutes are posted on the website

www.cleish.org

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Club & Community Group News

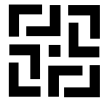
Potager Garden

The Primary School children have now finished their sessions at the garden for this term, and planted a colourful variety of vegetables in the raised beds and greenhouse. The other Primary 5 class also visited the garden, and had a whistle-stop tour, with a summary of some of the teaching points, as well as potting up some dwarf strawberry plants to take home. Both classes also did a **mini-beast hunt** in different areas of the garden, and can compare their results with one earlier in the season.

Special thanks to Margaret Greener who runs the school sessions with me.

Our summer plant sale on 28 May was very successful, with many of the children and their families coming along, and we sold a good variety of plants. Thank you to all who attended and helped with this. For plant sales, call at the garden on a Monday morning, or telephone Amanda James on 01577 840809.

You are welcome to look around the garden any time, with children being accompanied for their safety, and dogs on a lead please.



School children helped to sell their plants in the greenhouse at the summer plant sale

Kinross Pipe Band

The Band has been enjoying some success at competitions lately, taking first place at Gourrock early in May, and then 3rd place at Markinch last month – and this despite the adult members still recovering from the very successful Pipe Band Ceilidh, which took place on June 3rd! We are delighted to announce that we have just been awarded a substantial grant from the **Kinross-shire Fund**, through the Scottish Charities Foundation, and that this will be put to excellent use in upgrading and re-furbishing the uniforms, as well as improving the bagpipes themselves. This will be a huge help to the Band, and is much appreciated. At the end of June we will have competed at our first major championship – the British – down at Annan in Dumfries and in July we will once again be playing at all 3 days of T in the Park. As usual, for anyone interested in learning or joining the band, please visit the website www.kinross-pipe-band.co.uk or contact Nigel on 01577 863738.

Seamab School

By the time the July Newsletter appears, Anne Anderson, as she told you last month, will have retired as Principal of Seamab School. This marks the end of an era.

Anne has worked in Seamab for 22 years and has been Principal for the last 16 of them. These figures, however, tell only a little bit of the story. For those 16 years, Anne has lived in Seamab and the school has grown up around her and has developed very much in her image. What characterises Seamab is that staff develop real love for and attachment to their children. For Anne this is the natural, indeed the only, way to work because she only deals in real feelings – going way beyond a skilled, professional approach. This determines the ethos of Seamab and creates an atmosphere in which the children feel safe, loved and respected.

Anne has attracted to Seamab a first rate group of professional colleagues who have contributed, under her charismatic leadership, to establishing Seamab in the forefront of residential provision for young children with the most severe emotional difficulties.

When Anne took over as Principal, Seamab operated in one building which had to accommodate both living accommodation and educational provision. She has presided over the development of the school to its present state where the children live in three bungalows and travel to school – a pleasant, modern building which is superbly equipped and resourced. She has also developed therapeutic services including psychotherapy, speech & language therapy and occupational therapy. Importantly, she has left Seamab with a five year Development Plan which will guide it into the future.

The Board of Governors are very conscious of the debt Seamab owes to Anne and wish her a long and happy retirement. We know that she will be able to take pleasure in looking back on the enormous help she has given to so many very vulnerable children, improving the quality of their lives and equipping them to face their futures.

We have been fortunate in being able to recruit Joanna McCreadie as our new Principal. Joanna has experience of working in both Her Majesty's Inspectorate of Education and the Social Work Inspectorate Agency and was, latterly, Assistant Chief Executive of Care Visions, a major provider of residential child care. We look forward to working with her to build on the successes of Seamab and to continue its development.

*Harold Wilson
Chair of Seamab Learning and Care Services*

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Kinross-shire Round Table

Round Table is about Fun and Fundraising.

We try to support as many local groups and charities as possible but some can really move even us. Through last year and at our Dragon's Den at the end of last year we agreed to support the Scottish Cot Death Trust to purchase apnoea monitors which help reduce the risk of this tragedy. Our Area Chairman was so moved by the work of the Trust that he has committed to making the Trust our Area Charity for the year and has agreed to show his support by jumping from a perfectly good plane. In this he is following in the footsteps of Wilma Carragher who completed her charity skydive recently. We are in awe of her grin as she exited the plane – you can see it here:

www.scottishcotdeathtrust.org/skydiving-for-the-trust/
Well done Wilma, we are so proud of you.

May and June were varied months. We started with a hardy bunch squeezing their frames into kayaks for a fun paddle on the loch and then moved up a gear for water skiing at Townhill Loch. All participants got upright on the skis but the award for most impressive transition from start to end of run goes to Chris with an impressive 0.75 seconds as he moved from stationary, through vertical, to superman and on to nose dive.

In the middle of June the annual LEPR A Edinburgh to St Andrews cycle ride allowed the guys to brush off their pinnies and help our sister organisation, Ladies Circle, feed the hundreds of cyclists who call in at the Millbridge Hall for lunch.

We are now bracing ourselves for the annual extravaganza of T in the Park. This year we will be coordinating 250 volunteers on site. Refresh is back 24/7 and our happy band will be managing the best “facilities” at the best festival in the UK. We'll also be working at all gates in support of child protection and special needs access as well as the traditional Bottle Exchange.

After T, we will be taking a break (probably in a sound-proofed and darkened room) and then looking ahead to our Annual Charity Beer Festival weekend, which this year will be on 22 – 24 September. Beer, quiz, cider, music, ale, bbq, beer, I think you see the theme – and all for charity! Book your tickets now!

Our programme, with details of events, is available on <http://kinross-shire.roundtable.co.uk>. If you are 18-45 and want to get involved in having fun while putting something back into our community contact us via the website. Don't wait to be asked, just do it!



Kinross High School Parent Council



Chair: Brad Wood, 850767, chair@khspc.org
Vice-Ch: Rory Stewart, 8630504 vicechair@khspc.org
Treasurer: Alan Miller, 07779700088, treasurer@khspc.org
Uniform: Dora Smith, 863565, blazersales@khspc.org
EFT: Lisa Megginson, eftchair@khspc.org
Clerk: Sheila Herron, 864015, clerk@khspc.org
Website: www.khspc.org

Young Persons of the Year Award: The Parent Council wishes to thank everyone who took the time to nominate young folk in Kinross-shire for the Young Person of the Year Award. We had a huge response to this request. With so many entries, the panel had to make some very difficult decisions. Each nomination held a great deal of esteem and the panel considered each with respect. Congratulations to all winners who are: S1 - 2 **Murray Raeburn**, S3 - 4 **Liam Hope**, S5 - 6 **Hannah Clarke**. The winners were presented with a Quaich at the Kinross High School Awards Evening on 30 June.

AGM: Thank you to all who attended this meeting held on 7 June. It was great to see so many new faces and willing volunteers. The Officers who were elected at the AGM are at the top of this page. One further post is to be filled and that is Communications Officer. Following discussions, it was decided to hold this post until the first meeting following the Summer break.

Meetings: The next meeting of the KHSPC will be held on **6 September** at 7pm at Kinross High School, LLCC. Parents and members of the community are welcome to meetings, please contact the Clerk on clerk@khspc.org for further information.

Blazers: The latest order for blazers has arrived. If you did not manage to collect your blazer before the end of term, please contact Dora Smith on 01577-863565 to arrange collection.

Parent Survey: As part of the partnership between Parents and the school, the Parent Council have requested that parents complete a survey. You should have received this in school bags, mid June. We did ask that all surveys be returned by 29 June, however if you have a completed survey that still needs to be handed in, please do so at the earliest opportunity, using the envelope provided, to the Loch Leven Community Campus reception. Alternatively you can complete the survey online using the following web link.

<http://www2.napier.ac.uk/UltimateSurvey/Surveys/TakeSurvey.aspx?surveyid=1694>

Finally... A reminder that the Parent Council is in place to represent the views of parents and guardians of pupils at the school, to help ensure that our young people can learn and develop to their maximum potential. We work in partnership with the school to create a positive and proactive environment which supports pupils, staff, and parents. The Parent Council is always on hand to help support the process of communications with the school, we are always keen to hear from you, whether it be good, or not! If you would like to join the Parent Council, as a parent or a member of the community, you would be most welcome.

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**Contributors – please send your item
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Portmoak Primary School

Portmoak Primary's Cricket Success

On Tuesday 14 June, Portmoak Primary travelled to Doo'cot Park in Perth as one of the final 16 teams, from an original 250 across the country, who qualified for the Scottish Kwik Cricket Final, by being the best in their respective regions.

Hopes were high at the 98 child school, as the Portmoak Team were unbeaten at the Kinross Kwik Cricket tournament and then managed to keep a clean sheet again at the Perth and Kinross Regional Finals.



The after-school cricket club travelled to Perth to watch the Scottish Kwik Cricket Final Day

The other children from the after-school cricket club were offered the opportunity to travel up to Perth to watch the Scottish Final Day. They rose to the occasion and brought with them a Portmoak banner, customized Scotland flag, team mascot and PORTMOAK t-shirts, all lovingly prepared by Mrs Law and Mrs Surtees, which they wore with pride. Parents and friends of the school also came along on the day to cheer for the team.

After winning their first three games in the Quarter finals, which got them a place in the Semi-Final, and ensured they would be placed in the final four, Portmoak's unbeaten record finally came undone, with the team losing out to James Gillespie's Primary School who went on to win the Scottish tournament and will now go on to represent Scotland at the UK wide finals in Derby in July.

Louise Gordon, Headteacher, said, "I am extremely proud of our children who have shown not only a great deal of skill and determination in cricket, but who have also shown real strength of character and good sportsmanship. Well done to the supporters too, as it really added to the fun and sense of occasion having them there on the day. Everyone at Portmoak would like to say a very big thank you to Mr Law and Mr Surtees, who have put a huge amount of work in with the cricket team, and who are both a tremendous support to the school. We would also like to thank all the coaches at Kinross Cricket Club, who have also worked with the school."

Portmoak Gets the Green Flag

By Aimee Roberts and Charlie Pryde for the Earth Pilots at Portmoak Primary School

A green flag assessor came from Eco Schools Scotland to visit Portmoak Primary School on Wednesday 8 June and it was a very busy day for us. We were all feeling excited and nervous.

Before he came we did a litter poster competition with a winner from every class. They were very hard to choose from. We made an eco wall about our day of action and our health week. On the day of action we all made something out of recycled stuff like newspaper, birthday cards and old wellies.

There were many things to show him. Litter is very important. No green flag if there is litter. The pond is a very beautiful place for insects and frogs. In the school grounds we have got a slide, markings on the ground for games and P1-P3 have planted vegetables and some flowers.

The green flag assessor who came was called Tom. Before he arrived we all sat nervously in Mrs Gordon's office. We showed him the playground first. The Earth Pilots told him about the compost bins and showed him the new litter bins. He saw the wildlife and bird gardens. We all went to the willow sculpture and he asked us what made us want to go into Eco Schools and how we did it. We went up to the pond with Mr and Mrs Law who helped plan and build the pond. We showed him the activity trail and the hedge Miss Kettle's class planted. Then we went inside and showed him around the classrooms and told him about the projects we have been doing. While we were showing him round he was asking us lots and lots of questions. Then we asked him questions but he wouldn't tell us if we had got our green flag! After that he talked to the adults who help with our Eco School.

In the afternoon he phoned the school and told us we had GOT OUR GREEN FLAG!



Portmoak Primary School Earth Pilots with their eco green flag

Mrs Gordon says, "The staff and I would like to say a heartfelt thank you to Mr and Mrs Law for their commitment to the school pond project, as well as for all the other work they do in support of the school. We would also like to thank Kinnesswood in Bloom for their ongoing support in class as well as for the maintenance of our school grounds. I would also like to thank Miss Kettles and Ms Gibbon for their hard work getting us ready for the award and of course the biggest thanks goes to the Earth Pilots over the last few years who have made this possible. Very well done!"

Portmoak Pupils Cast off for Some Fishing Fun

Pupils from Portmoak Primary School were angling for fun on Friday 10 June thanks to the launch of a new fishing project for schoolchildren in Perth and Kinross.

Sixteen P6 and P7 children from the school visited Kinross Fishery, where manager John Hood and other angling coaches helped them achieve their 'Club Angling' certificate.

Continues over page...

Portmoak Primary School (continued...)

The Club Angling scheme, a partnership between Perth and Kinross Active Schools, Kinross Fishery, the Angling Development Board of Scotland (ADBoS) and Kinross Sports Hub, will be available to all schoolchildren in Perth and Kinross.

After children gain their badge they can then attend the first Angling After School Club in the Perth and Kinross area. In addition to this, primary and secondary pupils and their families will be given the opportunity to try angling during the summer holidays as part of the summer programme run by Active Schools.

Eric Dawes of ADBoS said: "The Club Angling programme is a terrific tool for angling development in Scotland. We hope that the scheme will help young people take their first casts towards becoming anglers for life. We are delighted to have been given the opportunity to launch the programme through this partnership approach."

Cath Devanny of Perth and Kinross Active Schools added: "Angling is a great opportunity for children to try and new sport, and we hope that children and young people can participate regularly in the sport through the After School Club."

County Sports, Loch Leven Community Campus, 2 June

Portmoak pupils took part in the County Sports event, which involved all the schools in the Kinross Cluster. All pupils were a credit to the school. Certificates were presented to: Sean Cowe (2nd), Katie McPherson (2nd) and Andrew Thornton (3rd)

Health Week Highlights

Eco Day of Action - All classes enjoyed taking part in craft activities using recycled materials. Thank you to the ladies from Kinnesswood in Bloom who supported this.

School Sports - A good day was had by all. The Sports Shield was won by Kinnieston House this year and the Fair Play shield was won by the pupils in Lomond House.

Upper classes enjoyed sessions run by Kinross Cricket Club, while those in the lower stage classes enjoyed a trip to Milnathort Bowling Club.

All classes had fun during the Enjoy-a-ball sessions and Zumba sessions. Thank you to Pam Spowart who led our Zumba-athon and helped us raise £185 to go towards our new school library.

Pupils from P4-7 took part in the inter-house cricket and football tournaments, between the four houses of Leven, Lomond, Bishop and Kinnieston. The winner of the inter-house cricket was Leven. The inter-house football was won by Kinnieston.

Kinross-shire Local Events Organisation

www.kleo.org.uk

New Music Festival in Kinross-shire

A long weekend packed with live music of all styles and genres will take place in Kinross and Milnathort on **17-20 November 2011**.

After two successful Gazebo Gatherings (Sept '09 and Sept '10), KLEO (Kinross-shire Local Events Organisation) have decided this time to organise an indoor music festival at a wide variety of venues in Kinross-shire.

Chairman Melvin Ryznar remarked: "We loved doing the Gazebo Gatherings! We were blessed with glorious weather two years in a row, but unfortunately it is just too risky for KLEO. One bad weather year and it would wipe us out financially. We do feel, however, that there is a need for live music so we have opted for an indoor and a musically more diverse type of festival".

Variety of live music

There will be jazz, folk, classical and rock/pop, so something for everybody. Dave Batchelor and his Big Band have confirmed that they will be delighted to host a Strictly Jazz Dance evening at the Community Campus during the festival. Local singer (and butcher!) Iain Hunter will make a guest appearance during this evening. A great opportunity to do some strictly dancing yourselves!

Lovers of folk music will be entertained one evening by Gaberlunzie & Friends and a classical concert by The Fell, a clarinet quartet, will take place on the Sunday. KLEO also hopes to give school bands a chance to play during the festival.

In addition, the Kinross Pipe Band will organise their RSPBA-DPA Branch Solo Piping & Drumming Competition during the festival weekend.

Other acts will be confirmed at a later date.

Workshops

Schools will be off on the Thursday and Friday (in service days). During those days a variety of music workshops will be on offer for both children and adults at Loch Leven Community Campus. There you can try out different instruments or types of dance or take part in a "Glee" workshop. Some workshops will also be offered on the Saturday and Sunday.

Dance

Music and dance go together, so a family ceilidh, a disco for children and teenagers and a dance workshop for less able will be part of our festival.

If you, as a local band or musician, would like to be involved please let us know: info@kleo.org.uk or for more information visit www.kleo.org.uk

The Kinross-shire Music Festival is part-financed by the Scottish Government and the European Community Rural Tayside LEADER 2007-2013 Programme.



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Kinross 50 Plus Club



The July meeting will be held on **Thursday 7 July** at 2pm in the Millbridge Hall. Claire Paton will give a talk entitled "A day in the life of a Jar of Honey".

Away Days July

Thur 8 July: Callendar House and Falkirk Wheel.

Thur 22 July: House of the Art Lover.

Annual Outing: Pat reported that the cost of the summer outing to Largs on **Sunday 10 July** is £19.50, inclusive of High Tea and tips. The venue for the High Tea is "The Lounge" in Largs. The coach will leave from Milnathort at 0900 hours and thence from opposite the Green Hotel in Kinross at 9.10 hours. The payment should be made at the July meeting. Contact Pat Crawford on 01577 862962.

Theatre Excursion: Edith has secured Circle seats at the Playhouse Theatre, Edinburgh for a matinee performance of the Fred Astaire/Ginger Rodgers classic "Top Hat" starring Tom Chambers of "Strictly Come Dancing" fame. The cost is £20 per seat. Although this will take place on **Wednesday 23 November**, the Club has had to pay in advance and therefore we would appreciate if members wishing to attend would pay the cost of the tickets when booking. The seats are selling fast and we would recommend to our members that they contact Edith Oswald without delay to avoid disappointment. The cost of the coach, £8.40, will be collected at a later meeting nearer the date of the excursion. Contact Edith Oswald on 01577 865731.

Friday Hill Walkers

1 Jul: A new walk to Dumyat in the Ochils near Menstrie. The walk will be led by Malcolm.

15 Jul: In a change to the schedule, a return to Little Glenshee and Craig Gibbon, previously cut short in bad weather. The walk will be led by Ed.

Would members please go to hillfolk.pbworks.com for any changes and let us know if you are planning to come.

Friday Walkers

8 Jul: A return after several years to Amulree, to walk along the tarred road to Kenmore to reach Loch Freuchie, and then back by the old road at the far side of the loch, past lots of ruined dwellings. Because the walk is about 8 miles, and a big distance to travel, this time we leave Kinross at 9am.

22 Jul: Back to Letham Glen, to walk through Blacketyside Farm and Silverburn Park, before strolling the beach and the fitness machines at Leven. Then we make our way back to Scoonie - this is a leisurely walk of about 5 miles.

Please note that the walker's membership list is currently closed.

Activities

Would group leaders please ensure that they keep the Club's Secretary advised of changes to their group's activities especially when they stop for the summer and re-commence for the winter. They can do this by email fubisterscot@aol.com or phone 01383 728398. Copies of the Club's Newsletter are available at the following venues: - Robertson's, Post Office and Church Office Milnathort, Swimming Pool, Library Campus, Newsplus and the Day Centre Kinross as well as being available at each Club Meeting.

Kinvest Investment Club: The Club meet once a month. New members, who need only a general knowledge of investments, will be made most welcome. The meetings are normally held the first Monday of each month at 1.30pm. Club members wishing to take part should contact John Dryburgh on 01577 862555 for details and venue.

The Line Dancers: The Dancers swing and sway every Tuesday and Friday at 10.30 a.m.

L.U.S.T. The slimmers meet each Thursday, 9.30am to 10.30 a.m.

The remainder of the groups have stopped their activities until September.

Kinross Museum



On Thursday 16 June, Trustees, Volunteers and Friends of the Kinross (Marshall) Museum gathered to launch the museum's latest exhibition - *Kinross-shire Rocks!* Curated by David Munro and Carl Cruickshank, the exhibition explores the geology of Kinross-shire and how its rocks have been put to a variety of uses ranging from building stone and fertiliser to the manufacture of coal gas for lighting the street lamps of Kinross, Milnathort and Kinnesswood. The exhibition, which also features the story of the Lomond Hills 'gold rush', will continue until the late autumn.

In addition to responding to a large number of historical queries, the Museum contributed posters, publicity material and photos of the opening of the Museum to the High School's 'Time Capsule'.

A splendid addition to the collections last month was a set of photographs of all the Provosts of Kinross gifted by Perth and Kinross Council.

1st Kinross Scouts and Cubs

Summer Barbecue and Annual General Meeting

We usually have a barbecue at the Millbridge hall for cubs, scouts, parents and friends. This year we will hold it after the school holidays on **Thursday 1 September** at 7.30pm. This is also the Annual General Meeting.

The 1st Kinross Cubs and Scouts teams have been successful in recent Scout District competitions (for teams from all over Perth & Kinross). The scouts won the Challenge Hike (all-day event). We had the fastest time in the Orienteering competition at Kinnoull Hill. The cubs were runners-up in the five-a-side football event.

At this time of the year we are busy with all the outdoor activities, making the most of the long days. We now have the use of a local site for camping, between Kinross and the loch. We bought five kayaks last year after fund-raising, including contributions from the Arthur & Margaret Thomson Trust and the local Round Table. These are being used regularly by the Scouts and have been used by other local groups.

Both the cub pack and the scout troop have over 30 members at present. Cubs meet at 6.15pm on Wednesdays, Scouts at 7pm on Thursdays at the Millbridge Hall.

Bill McDiarmid, Chairman,
Cubs & Scouts Committee 01577 865943

Need to check something in an old Newsletter?

Consult our electronic archive at

www.kinrossnewsletter.org

Issues from September 2006 to two months ago available

Kinross and District Art Club

Outdoor painting is an activity best enjoyed in good weather and we were very lucky to have only a passing shower when we met at The Boathouse at the end of May for a day of painting *en plein air*. The views in every direction from this unique location at the side of Loch Leven are simply a delight to the eye and on this occasion the inner water was particularly calm, giving striking reflections from the fishing boats moored around the harbour. Distant loch views were illuminated by sunlight on the backdrop of hills and enhanced by some dramatic cloud formations overhead.

The Club's Outdoor Painting Co-ordinator, John Tydeman had previously done a workshop with the members, full of helpful advice on how to get the best out of such a session and the photo here shows him working on his own painting, whilst also giving advice to a fellow club member.



Outdoor Painting Co-ordinator John Tydeman

Our second Outdoor Painting Day was held in Glenfarg, which has so much to offer the keen artist, with its winding streets and traditional buildings and the newly revitalised and landscaped Glenfarg Green, a community garden with a burn running through it and a pond. The day got off to a perfect start with coffee and scones in the adjacent Village Hall.

The next Summer event for the club will be an outing to the Pittenweem Arts Festival in August.

For more information about our club, visit our web site at www.kadac.co.uk or call Sybil on 01577 830347.

Lodge St Serf No 327

Ye Corporation O'Squaremen Buchan Shed No. 4 bi-annual visit to Kinross: Regular Meeting within Lodge St. Serf No. 327, Masonic Hall, Muirs, Kinross on **Saturday 27 August** at 2.30pm to which all Mark Master Masons are invited to join. All proceeds will be donated to good causes. Following their last visit in 2009 they made a very generous donation to Kinross Volunteer Group & Rural Outreach Scheme.



Boys' Brigade and Girls' Association



On Sunday 5 June, history was made at St Matthew's Church in Perth when Perth Battalion of the Boys' Brigade hosted the Mid-Scottish District Queen's Badge Committee presentation of Queen's Badge Certificates.

Alice Eade of the 1st Kinross Company of the Boys' Brigade and Girls' Association is the first girl in Scotland to receive the Brigade's highest award since girls were accepted into membership of the Boys' Brigade after a vote at the Brigade Council meeting held at Tulliallan in September 2008.



Alice Eade with the Kinross BB Colour Party on the shores of the Tay following the Queen's Badge Presentation Ceremony

The Queen's Badge parade assembled at 1.30pm on Perth's South Inch at the Walter Scott statue, under the command of Mr Allan McCulloch of Falkirk Battalion. Number One Company on Parade consisted of boy and girl members from Perth Battalion and were under the command of Mr Iain Lamond from the Perth Battalion. Number Two Company consisted of Alice along with the 43 other boy Queen's Badge Certificate recipients and they were under the command of Mr Jack Unsworth, the Queen's Badge adviser for Stirling and District Battalion.

The colour party were led by Mr David Campbell, officer in charge of the Company Section at Kinross and he was accompanied by Mr Jack Boyter, with the colour party escort being made up of Kinross BB members Jennifer MacKessack, Matthew Campbell and Matthew MacDonald. Dundee Battalion's Band led the parade which proceeded along King Street, South Street and Tay Street before entering St Matthews Church where the service was led by Rev. Scott Burton, chaplain to Perth & District Battalion and formerly of Kely.

The Queen's Badge certificates were presented mid way through the special service by the Deputy Lord Lieutenant of Perth & Kinross, Major David Noble.

At the conclusion of the service the parade reformed in Tay Street and marched past the saluting base at the front of the church, before proceeding to The Royal George Hotel, where a civic reception was hosted by Perth & Kinross Council, with Provost Dr John Hulbert giving a congratulatory speech to the youngsters and their families.

Alice is the second member of the Eade family to receive her Queen's Badge, with elder brother Peter having received his Queen's Badge two years ago in 2009.

Members of the Company Section along with Kinross Scouts are looking forward to a week of activities in Northumberland at their annual summer camp, which is being held at Broomley Grange, near the village of Stocksfield. The BB will re-start after the summer break on the first Friday of September (2nd).

From the diary...

Lendrick Muir is an activity centre, owned by Scripture Union Scotland, and set in 120 acres near Rumbling Bridge.

Bring on the holidays

Lendrick Muir has been hosting SU Holidays for over ten years now (we opened as an SU Centre in 1999) and has become a firm favourite with returning campers who love the big old house, the comfy sofas, the range of outdoor activities and all the space.

As I write it's only one week to the start of camps season and our Summer Support Crew have started to arrive and I'm looking forward to greeting old friends, the go-kart track being marked out and the change of pace and atmosphere as we move from 'schools' to 'holidays'.

SU Holiday programmes are planned to appeal to everyone, with a huge range of activities at most events. There's no such thing as an average day - they are all different... and by all accounts, all 'amazing'! (Have you noticed how fashionable superlatives are nowadays?) There's a daily timetable with loads of activities, relaxation time, day trips, evening meetings, indoor and outdoor games, crafts, loads of food and, strangely enough, bedtime!

Alongside the Activity Holidays, Lendrick Muir also has some specialist 'camps'. The centre hosts a **Music Camp in partnership with the New Scottish Arts**, and now in its eighth year, is a resounding success. This year there are Senior and Junior options and the week culminates in an amazing concert.

There's also a **Drama Camp** with the opportunity to rehearse and perform a play in only one week developing your acting skills such as character development, voice work and movement - plus optional workshops in dance, music and improvisation. Sounds good!

The Soccer Camp is an exciting new choice for this year (if you like football that is). With the addition of the newish, seven-a-side multi-use games area, plus football pitch and sports hall, the coaches will have plenty of space to work with the young people to develop skills and new techniques. The holiday is nearly fully booked so there will be plenty of action on the pitch.

If you are reading this and are school age and want to check out the holidays (all over Scotland) go to www.suholidays.org.uk. Meanwhile... just the Kinross Cluster Group to go and that finishes our schools season. Bring on the sunshine!

Anne Sutherland

Fairtrade

Fairtrade supporters have gone the extra mile to break the record for the world's longest bunting. On World Fairtrade Day (Saturday 14 May) the Fairtrade Foundation hung a total of 2.1 miles of bunting around Battersea Park in London to highlight their campaign demanding trade justice for West Africa cotton farmers.

Local Kinross-shire children painted and decorated bunting which contributed to this world record. Their efforts will be on display at a **Coffee Morning on Saturday 27 August** in the Kinross Church Centre, 10am to 12 noon.

Please come along and join us.



Kinross High School litter pick



Kinross High School pupils took part in an afternoon litter pick to help clean up their local environment. The idea came from pupils after hearing of local concerns regarding litter, explained Head Girl Abby Lloyd. Teams of S6 pupils worked in the area around Davies Park. Head Boy Cameron MacLachlan stated that they were looking to show that young people cared about their environment and were keen to promote a positive image of themselves and the school.



S6 pupils on the litter pick

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Kinross Ladies Circle

The main event of the month for the Ladies Circle was the food stop for the LEPRA bike ride. This took part on 18 June and the weather didn't dampen the cyclists' spirits as they took part in the annual charity bike ride from Edinburgh to St Andrews. The event raises tens of thousands of pounds for LEPRA Health in Action, a leprosy relief charity. Lepra's work helps to fight diseases of poverty, covers medical treatment, health education, preventative measures and economic rehabilitation. This was the third year Kinross Ladies Circle have run the half-way food stop, offering home-cooked lunches for riders and lots of friendly encouragement and support. This year we fed around 800 hungry mouths! A big thank you to **Sainsbury's, Kinross** who kindly donated bananas for the event. For next year's event and more information and details of registration, which must be done in advance, please go to the LEPRA website.



The ladies supply lunch for Edinburgh to St Andrews charity bike ride

A few of the Ladies also had a wine tasting tour at Cairn O' Mohr near Errol and this was very much enjoyed!

Kinross Ladies Circle is a fantastic club for women aged 18 to 45 who want to make new friends, have lots of fun and do some fund raising along the way! We get involved in all manner of social and fund raising activities. Each year we nominate a charity to benefit from our fundraising efforts.

For further details about us, to join or to see upcoming events please see our website www.kinrossladiescircle.co.uk

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**The Newsletter reserves the right to refuse or amend
any advertisement or submission and accepts
no liability for any omission or inaccuracy**



Kinross & District Rotary Club

Programme Events

Two members of staff from the local Sainsbury's addressed the club on 16 May and informed us of the charitable work the company are involved in and how their grant system works.

Giff Bradley from the Macmillan Cancer Support team spoke on 23 May, giving an insight into the sterling work carried out by the Macmillan nurses.

The final meeting in the month was another where volunteer members from the floor were asked to talk about any subject of their choice, whether holiday adventures, amusing anecdotes, or anything else and a very entertaining evening was the result. We were regaled with tales of holidays down under, wartime naval battles and several others into the bargain and the chances are that the idea will be repeated in the future.

Our next talk in June was from Jim Houston, a Rotarian from Kirkcaldy Club, relating to us his Club's experience in Water projects in Nepal. Kirkcaldy Club united with several other clubs in District 1010 to raise funds for the provision of fresh water supplies in two villages in Nepal. He illustrated his talk with a visit that he and a number of other members had made to Nepal to see the results of their efforts. The cost of the visit they paid for themselves. Nepal is a very poor country and is in dire need of the provision of clean water. 880 million people in the World do not have access to clean water and is a major target for Rotary International.

If the above activities are of interest to you, or you would like to be involved, please visit our web site, www.kinrossrotary.org for further information about the Rotary movement and the Kinross Club in particular.



Kinross and District Town Twinning Association



A party of Kinross High School children took part in a visit to Gacé during June, with the Gacé children due to visit Kinross in September.

The winner of the 50 Club draw for May was Mr Paul Becher.

Preparations are underway for the Kinross Association to visit Gacé next summer, with the probable dates being at the end of July. Anyone interested in travelling with the party should contact chairperson Jean Paterson (telephone Kinross 862159).



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Common Grounds

We are sharing the same summer, such as it is, unless you are able to spend it in a warmer climate you will understand that with holidays coming up we are always short of Volunteers. We had a great Project Lunch, but more about that later. We are still having a log fire most days, which makes the place look more inviting. We hope, should you be going off on holiday soon, that you have a great time and enjoy the sun and warm.

Project Lunch: Some thirty something Patrons and Volunteers turned out for a most interesting talk on the Chernobyl Children's Life Line charity given by Ken and Marjorie McFarlane. It is hard to believe that after all the years that have passed the people of the Ukraine still desperately require our help. A small number of children come over to Scotland for a break and stay with local families in Perthshire. Medical care, good food and the clean Scottish air help extend the lives of the sick children that visit here. We were pleased to present the charity with a cheque to help them continue with their wonderful work. Many thanks to the Volunteers for supplying the lunch and also our heartfelt thanks for the £220 that was so generously donated by those present at the lunch.



James Henry presenting a cheque for £800 to Marjorie and Ken McFarlane from Chernobyl Children's Life Line

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Project: Our June project is "Excellent". Excellent has been promoting community led building of sand dams in Kenya since 1985. They are the simplest and most effective means of gathering and conserving water in areas where there are seasonal rivers with sand sediment. Excellent also encourages subsistence farmers to dig terraces and plant trees in the areas where it operates, originally Kenya but now extending to Uganda, Zimbabwe, Mozambique and Sudan. Together sand dams, terraces and trees create a circle of conservation, increasing food production and biodiversity in the area.

Book Club: The book club now meets in Milnathort Town Hall on the evening of the first Tuesday of the month. Please contact Chris Scholes on 01577 864053 to find out if there are any vacancies.

Do please remember that we are still a **Fairtrade** outlet, albeit with a smaller selection of goods on offer.

Drop-in: Lastly, we had Tracey Ramsay, Community Learning and Development Senior Capacity Building Worker and her colleagues from Adult Learning and Youth Services in Common Grounds for a very successful "Drop in" session on 7 June.

Our opening hours are still 10am-1pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are: James Henry (Convener) 01577 864452 and Linda Freeman on 01577 865045.



Have you thought about a Membership at Kinross Golf Club?

We have recently increased our membership list by 150 places and can now offer immediate entry for both adults and juniors. Social membership also available.

Reduced pro rata fees
for 2011 and extended
payment terms available

Ladies, Gents & Junior Playing
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Two 18 hole golf courses

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Social Events

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McKay on 01577862237 or e-mail
office@kinrossgolfclub.co.uk

Kinnesswood in Bloom

The Kinnesswood in Bloom group eagerly await their new hanging baskets, which have been planted up at Lady Helen Nursery. They will be in place by the Portmoak Festival so we hope everyone in the village and those who pass through will enjoy the summer display.

Despite the inclement weather during June or possibly due to the rain, the weeds have continued to flourish and work parties have been scheduled for Saturday and Sunday for the next few weeks. In addition some members have been working during the week to collect bedding plants, prepare and plant different areas and generally keep on top of maintenance. This is also the time of year when the portfolio has to be prepared which involves a lot of hard work collecting suitable photographs and making sure that all gardening efforts over the year are highlighted.

Our annual appeal will go through the doors of Kinnesswood residents soon and we hope you will support our efforts. Although we still receive some financial help we do rely on our fundraising efforts and support of local residents to keep up the good work.

Portmoak Primary School were preparing for their first eco flag. At the beginning of June they were visited by three members of Kinnesswood in Bloom to take part in a morning of creativity using recycled materials. Primary 1 and 2 were doing a topic about castles and were able to make shields out of cereal packets and packaging. Primary 2 and 3 filled old wellies with compost and planted marigolds. They then made plant labels out of margarine tubs and decorated them. Primary 4 and Primary 5 and 6 both made bags out of old newspapers and learned to make twisted cord out of wool to make the handles. Primary 7 made very attractive small boxes out of old cards. These required some careful measurement but produced very attractive and useful gift boxes.

There have been regular work parties at the school all year, particularly with the Primary Four class, weeding areas, creating a new wildlife hedge and planting out areas to enhance the school environment.

The school was visited recently by the eco assessors and received their first eco flag. This was a great achievement by pupils, staff and the new head teacher, so well done Portmoak Primary School.

Under the able leadership of Shelagh, the trenches were prepared for the tattie planting. Potatoes were planted and earthed up and several rows are now growing below the wildlife area. We hope to have a good crop later in the year. Talking about vegetables, we will be offering a seasonable recipe every month in the Kinross Newsletter, tried and tested by our members. Look out for it. (*See right.*)

Portmoak Hall 100 Club

April Draw

- 1st No. 37 Margaret Elder, Kinnesswood
- 2nd No. 59 Pat Nicol, Kinnesswood
- 3rd No. 63 Margaret Wilson, Kinnesswood

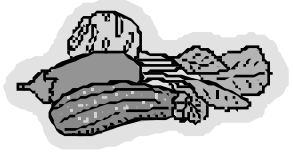
May Draw

- 1st No. 67 George Brown, Kinnesswood
- 2nd No. 96 Mrs E. Boyd, Wester Balgedie
- 3rd No. 102 Callum Robertson, Easter Balgedie



Recipe

by Norma Smith
of Kinnesswood in Bloom



Courgette and Carrot Bake

There are plenty of courgettes around in July, whether you are buying them from a local shop or growing them yourselves. This easy recipe makes a very tasty dish, good as a main course with a salad or as part of a buffet. You can add chopped ham or any left over vegetables to this dish.

Ingredients

- 225g courgettes grated
- 225g carrots grated
- 1 onion finely chopped
- 3 eggs
- 50g breadcrumbs
- 110g cheddar cheese
- 1 tablespoon vegetable oil

Method

Preheat oven to 350F/180C/gas mark 4

Heat oil in a large pan or wok and gently fry onion for five minutes till soft. Stir in courgettes and carrots and cook for 2-3 minutes. Remove from the heat and stir in the breadcrumbs, the eggs and most of the cheese. Season well then spoon into a lightly greased ovenproof dish and sprinkle over the rest of the cheese. Bake for 20-30 minutes until set and golden.

Kinross & Ochil Walking Group

Summer days are here, we hope! Come walking with us and enjoy the scenery at its best. Whether you're new to walking or a regular walker, try out a walk or two to see if you'd like to join us. Walks are led by volunteers from the group and new members are made very welcome. This month we have three interesting weekend walks.

Saturday 2 July: Glen Artney-Foothills of Ben Vorlich, 11 miles. A long day out following estate tracks and paths of varying quality from Glen Artney, up Gleann an Dubh Choin. Cross Bealach below south east ridge to Stuc a' Chroin. Drop down over Meall Odhar to Arivurichardich and so back to carpark. NB: Paddling shoes or bin bags to cover boots required. No dogs or children please.

Saturday 16 July: Elie to Anstruther, 4½ miles. Walk to Anstruther along the coastal path, clifftop and shoreline views. Optional fish and chip lunch. Return by service bus to Elie. Accompanied children welcome.

Saturday 30 July: Kettlehill to Clatto Circular, 8 miles. Circular walk through fine countryside from Kettlehill village via Middlefield to Devon wood and Clatto Hill. Continue via Dounfield to Kettlehill village. No dogs please. Accompanied children welcome, if fit.

For all walks you do need appropriate clothing (not jeans) including boots and waterproofs. Walks can be of several hours duration so a packed lunch/water/warm drink should be brought.

For further details and where to meet us, please call our group Secretary Edna Burnett on 01577 862977.



The Kinross-shire Civic Trust



NEXT EVENT

Annual Best Kept Village Competition

We are coming round to the time for the Trust's Best Kept Village Competition. **Judging will take place on Thursday 14 July** and we would be very pleased to have as many entries as possible again this year. As usual there are two categories, one for Villages and one for Hamlets. It hasn't been a good year for growing, so your blooms will not be as spectacular as usual, but never mind, the competition is for the Best Kept Village. Please help your village or hamlet by getting involved.

Mid-summer Walk to Tullibole Castle

35 members and friends of the Trust had a very successful visit on Sunday 19 June to Tullibole Castle, courtesy of Lord and Lady Moncrieff. The day turned out to be perfect weather following days of torrential rain.

It was very significant for the Trust to have the visit to Tullibole, as the very first event that the Civic Trust held 20 years ago was to the Castle. This time, however, instead of visiting the Castle, Rhoderick Moncrieff treated us to a fascinating tour of the grounds of the estate. As well as describing the elements of the grounds, we had a detailed

insight to the history, starting 4000 years ago, through Roman times to the history of the development of the castle site and ending up with modern times with the Polish Camp from the 2nd World War and the latest treasure trail hobby using Global Positioning Systems.

Starting with the 'stew ponds' where the laird did his fishing, with the wash house adjacent, on to the Doo'cot and then round to the steading, we had a description of self sufficiency. We then proceeded down the drive to the site of the lodge gate and the position of three bases of the old Polish soldiers camp, then back up the road to the old cemetery, where we were told tales of the past, of witches etc. The tour then ended with attempts to walk through the Witches Maze that Rhoderick started creating in 2003 and which is growing apace.

We ended a very fascinating afternoon with wine and cheese in the wonderful grand hall of the Castle. All in all, a very satisfactory day.

The Castle is open to the public during parts of August and September. The Cemetery and the Witches Maze are open to the public all the year round and can be accessed by parking on the public road adjacent to the cemetery.



The old and the new: In the ancient cemetery within Tullibole estate, Lord Moncrieff explains the modern phenomenon of 'geo-caching'

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The Kinross-shire Civic Trust (continued...)



Buildings of Interest in Kinross-shire

The Salutation Hotel

On 26 May 1860, a coach arrived in Kinross bearing Prince Henri, Duc D'Aumale, son of the former French King Louis-Philippe. After making a visit to Lochleven Castle and Kinross House, he returned down the avenue leading to the centre of the town where a lunch had been prepared for him by James Rennie, owner of the Salutation Hotel. For centuries the hostelrys of Kinross have welcomed royalty and passing celebrities and the Salutation has been no exception.

Situated near the centre of the old burgh of Kinross where Avenue Road meets the High Street, the three-storey, slate-roofed Salutation Hotel stands out as a notable landmark with its white harled walls and black painted window margins. Forming an L-plan on the corner of Avenue Road, its front elevation presents an elegant facade of three bays with what was once the main door at the centre. Now blocked up as a window, the former doorway is flanked by pilasters and capped with an architrave cornice stone on which is carved the initials WW/ED and the date 1721. The side elevation shows an asymmetrical jumble of different sized windows and various lumps and bumps from the original inn, which was almost certainly heightened and remodelled in the early 19th century, as well as being restored and extended at least twice in later years. Additional points of interest include a stair-tower and, in the courtyard, a lintel stone with the initials DM/MS and the date 1729. This stone is all that survives of the building that once stood next door to the Salutation Hotel at 97 High Street.

Described by the Rev. George Buchanan in his 1839 account of the Parish of Kinross as "an inferior, but respectable inn," the Salutation was one of five inns in Kinross dating from the coaching era. Despite limited space for stabling, James Rennie was able in 1849 to boast of having a coach called *The Fair Maid* which travelled between Kinross and Burntisland where passengers could get a ferry to Granton and then a train or coach to the centre of Edinburgh. Ten years later, with the demise of long distance coach journeys in favour of travel by rail, the Salutation offered three horses

and a gig for getting about locally, a horse and gig being available for hire in 1859 at a cost of 10 shillings (50p) per day. In 1865 the hotel was sold to Alice Morton of Colinsburgh for £430 and by 1877 it was in the hands of James Thompson, who profited from the development of tourism following the arrival of the railway and the popularity of trout fishing on Loch Leven.

Ebenezer Henderson's 'Annals of Kinross-shire', published in the *Kinross-shire Advertiser* in the 1870s, records a number of gatherings held in the Salutation Hotel to honour local worthies. Members of the Kinross Cricket Club met here on 13 December 1855 to present William Briggs, Constable of Benarty, with an elegant silver pipe as captain and founder of their club and three years later the banker J W Williamson was entertained at a dinner here by 120 gentlemen who gathered to acknowledge his public service. After nearly three centuries, the Salutation Hotel continues to welcome visitors and maintain an important presence in the heart of old Kinross.



The Salutation Hotel, Kinross

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Sports News

Fossoway Tennis Club

The Tennis Club had a very special occasion this year: it has been going for 100 years and to mark this milestone a Centenary Open Day was held at the Clubhouse on 28 May. President Mary Paterson welcomed members and gave a short history of how the ground the court stands on had been gifted to the village by Mr J J Mowbray for the purpose of laying out a tennis court, free of rent or feu duty. The Club was duly formed and well used over the years. Unfortunately about 35 years ago it did fall briefly into a state of disrepair but a few of the villagers got together and held some fund raising events, the court was resurfaced, a new outer fence erected and play resumed once more and the Club has been going strong ever since.

Mr Jim Marshall, Honorary Member, cut a ribbon over a new plaque, we had Pimms and strawberries, a tombola and visitors trying out old style tennis racquets. A fun day was had by all.

We are always looking for new members and on Thursday evenings we have an adult club night and we also run supervised sessions for our junior section. All will be made very welcome.



Mr Jim Marshall, Hon. member of Fossoway Tennis Club with Mary Paterson

Kinross Wheelchair Curling Club

The Kinross Wheelchair Curling Club recently held its Annual General Meeting for the 2010/11 season at the Green Hotel Kinross. The Chairman, Ross Hatten, and the Secretary, Archie Bogie, gave full reports marking another successful season.

A ceilidh held in Kinross last August raised the remarkable sum of £950 for club funds. This event, along with considerable publicity, provided an encouraging response to the 'Come n Try' start in September, the result of which several new members joined.



Members of Kinross Wheelchair Curling Club at their recent AGM

Due to severe winter weather the club's League and Pairs competitions were abandoned but healthy rivalry and fun took place with more informal events responding to the number of members who were able to manage.

At the national level, the Kinross Club was represented by Ross Hatten, Ken Dickson, Willie Harrison; Maria Duncan and Leslie Barr at the National Pairs at Braehead, the British Open at Kilmarnock, the Friendship Trophy at Stirling and the Scottish Championships at Aberdeen. Participating in those bigger competitions provides a brilliant opportunity to gain more experience and meet wheelchair curlers from Moray in the north to the Borders in the south.

On behalf of the members chairman Ross Hatten expressed profound appreciation to the coaches and all on-ice assistants without whom the game would be far more physically demanding and certainly not as much fun.

The committee for the 2011/12 session, which will mark the 10th Anniversary of the Club, is: Willie Harrison (Chairman), Ken Dickson (Vice Chairman), Archie Bogie (Secretary), Alice Bogie (Treasurer), Maria Duncan and Ross Hatten.

The new session will start with a 'Come n Try' event on a Saturday in late September at the Curling Rink at the Green Hotel, Kinross.

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Subjects include Historic Kinross-shire,
Loch Leven, Fauna and Flora, Countryside,
Villages, Local Projects and Events.

Kinross Tennis Club

Now that Summer is upon us and The Wimbledon Championships started on 20 June, what better way to emulate your tennis heroes than to come along to KTC for a game of tennis! There are adult and junior weekly social sessions, league matches and coaching so there is something for everyone.

Junior Coaching and Matches: Our newly formed junior team have just recorded their first win against Caigie, which will no doubt help build their confidence for future matches. A one-day taster session was held at the local primary school in June followed by a Fun Day and our next block of junior coaching commences 16 August for seven weeks - further information from our tennis coach, Laura or email kinrosstenniscoaching@gmail.com

Junior Summer Camp: We will be running one tennis summer camp this year from 8 to 12 August and further information is available from our tennis coach, Laura or email kinrosstenniscoaching@gmail.com

Adult Coaching: The next block will commence on 16 August with scope for all standards, so if you are interested please email Susan at kinrosstennis@gmail.com

Tayside Tennis Leagues (Adults): Our Ladies' team recently had a 4-all draw against Broughty Ferry and a win against Montrose but have suffered two defeats in June against Falkland and Scone. The Men's team have also had mixed results, winning home matches against Montrose, St Andrews and Craigmuir but drawing with Wormit and losing away to Montrose. The next few matches are critical for both teams!

Club Championships: We are now requesting members to sign up for the Senior and Junior Club Championships with matches played in July and August and Finals Days held in September.

Floodlighting: Work is in progress on our third court so that we will hopefully have floodlighting in place on all three courts by the time night draws in later in the season.

Daytime Tennis: We are currently exploring opportunities to add some social or coaching sessions to our daytime programme, especially Wednesday and Friday mornings, so if members are interested in joining a group, please email your interest to Susan at kinrosstennis@gmail.com

Non members: Sporting Chance are able to provide access to the courts for a small fee.

Further information on Kinross Tennis Club can be found on our website www.kinrosstennisclub.org or by contacting our Secretary, Susan Malcolm on 01577 863774 or by emailing kinrosstennis@gmail.com



Orwell Bowling Club

April, having gone out like a lamb, heralded May, the onrushing lion. Orwell's first win of the season was at Alloa Co-op on Sunday 8 May - 68 shots to 63, the rain holding off until the last end. The score was reversed at Tillicoultry on Saturday 14 May, with Orwell's 46 to the away team's 51. The Seniors fared rather better on home ground on Wednesday 18 May, 58 shots to Headwell's 33, but the coup de gras was achieved at Maitland, when five rinks retained the Quaiche for the sixth year in succession, on a very blustery day, scoring 100 to Maitland's 72.

With even the mats blowing around on Sunday 29 May, The Dave Scott Tournament was enjoyed by a good club turnout. Devised by Dave (Einstein) Scott with fiendish cunning, pairs were drawn, normal competitions drawn, then skips and leads reversed positions, and finally reverting to the status quo. Won by Sandy Greenhill & Diane Foster, runners-up Betty Hamilton & Mary White, third Alistair Morgan & Anne McGouldrick, and fourth Harry Kinloch & Maz Thom.

We have held three highly successful Tuesday afternoon coaching sessions for Milnathort Primary school children, one Tuesday morning for Portmoak Primary children (38 in number!) and one evening session for 22 Milnathort Guides. Although breezy, all sessions were precipitation-free. An After-School Club is now established at 3.30pm each Monday, with Primary School children welcome.

Orwell won the first round of the prestigious Balfour Trophy competition at Alloa - up by 19 shots. Our Top Ten narrowly missing out by a mere five shots.

The Reekie Trophy played on Sunday 5 June saw Kirsten Dougray & Vic McKechnie victorious over husband and wife duo Margaret & Jim Hooper.

Sadly the weather was most unkind for the Hamilton Trophy inter-county game on Saturday 11 June, with Clackmannanshire beating Stirlingshire.

Our **Open Pairs** takes place on **Sunday 17 July** - only £10 per entry with £250 prize money at stake. Please phone Match Secretary Gordon to enter (01337 827766). Meanwhile, bowlers everywhere must be making offerings to the Green Gods to bless them with a return to the April weather, which seems to be lost in the mists of time.

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Kinross Road Runners



Another busy month for the road runners with the summer race season well underway. The club goes from strength to strength with an ever expanding membership and impressive results at races.

Although we are a road running club we have many members who also like to get away from the petrol fumes and into the hills. On 14 May seven runners from the club participate in the Kinoull Hill Race. Andy Laycock was the first KRR runner home in 29.55, smartly followed by our flying postie Peter Edgerton in 33.24. There were also good results from Ronnie Ritchie (34.52) and Andreas Rogowski (40.38). The ladies also made an impressive showing, with Judith Dobson, running 37.93, Pippa Coutts (37.54) and Julie Rose (42.19).

The following week saw one brave soul from the club take part in the Ceteran Trail Ultra-marathon, a 55 mile off road route, starting and ending in Spittal of Glenshee. This is part of the Montane Scottish Ultra-marathon Series. Our Andy Johns was 6th overall in a time of 9hrs 38mins 50secs. This is an incredible achievement. These ultra-runners are a different breed! Well done Andy.

22 May was the Edinburgh Marathon festival. Jillian Gordon was our only lady competing in the Marathon but she competed in style with a very fast time of 3hrs 23mins 16secs. Robert Gibson was the only KRR male and he finished in 4hrs 6mins 9secs.

Wendy Grieve was our only competitor in the Edinburgh Half marathon, with a great time of 1hr 58mins 21secs. Wendy is one of our newer members who is achieving PB after PB. That's what joining the club can do for you.

Our Allan Kemp was the sole KRR competitor in the Dunblane Hydro 7.5mile race. Speedy as always with a time of 47.51. Alan is definitely one of our star runners at the moment. He is improving with every race, and is up there with the best. Part of the Kemp dynasty, he has a father who seems to spring around the Lomond Hills like a mountain goat, and a brother Graham, who also keeps impressing with improving times.

Springing into June and the 1st of the month saw 26 KRR runners participate in the Auld Toun 10k based in Pittencrieff Park in Dunfermline. This is a popular Club

Championship event, but it is a challenging 10k course with pretty extreme ups and doons. (These are politely called undulations in running jargon, but you can't fool me!) Results are too numerous to list, but there were four prize winners as follows. Maureen Hill is just returning to racing after a wee break, and she came back in style as 2nd Female Veteran (40) in 44.53. Great to see you back Maureen. Judith Dobson, our class ultra and hill runner was the 2nd Female Veteran (50) in 45.19. Geoff Bilton was 2nd Male Veteran (60) in 50.23, and Norman Smith was 1st Male Veteran (70) in 59.50. These results prove that running can keep you fit whatever your age. Our older members are also very good at sharing the wisdom they have gathered over the years with newer runners.

5 June and our "regal three" took part in the Balmoral Half Marathon which by all accounts was very scenic but not the easiest of routes. Val Findlay finished 1hr 53mins 45secs, and was delighted to take home the 3rd Female Veteran prize. Alison Robertson finished in 2hrs 6mins 45secs and Anne McIntyre finished in 2hrs 14mins 46secs. Good result, Ladies.

Bringing us right up to date, the latest event was the Orchil 10k, which started and finished at the outdoor activities centre at Gleneagles on 19 June. This is one of our new championship events, and we were easily the club with the biggest turnout with 21 Kinross runners taking part. Our first runner home was Andy Laycock in 36mins 4secs. Allan Kemp wasn't far behind in 36mins 49secs. Andy Johns was third KRR runner home in 37mins 25secs. Our first lady home, Maureen Hill, was also a prize-winner in the Extreme Vet category in a time of 43mins 8secs. Extreme Vet sounds like Maureen is extremely old, so we prefer Super Vet as a description. Whatever the category, she was a fast and deserving winner. The comeback continues...

The Newsletter rightly highlights the achievements of our prize-winners, but the club is a very friendly encouraging club, whether you are a front, middle or back of the pack runner. Inspired to have a go? In the summer we meet every Tuesday at Kirkgate Park 7pm, except for the 1st Tuesday of the month when we meet at the old health centre car park at 6.45pm for the 2-mile time trial. On Wednesdays we meet at 6.45pm at the old health centre for hour-long runs which are usually offroad and very scenic. Find out more at our website kinrossroadrunners.co.uk

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Kinross Otters

Dunfermline Junior Sprint Gala Glenrothes Institute Pool, 28 May

This event took place this year in Glenrothes due to major ongoing refurbishments at the Carnegie pool in Dunfermline. It was very much for the wee ones from 8 to 11 yrs old and Kinross Otters sent a large team of 21 swimmers.

Foremost among the Otters was golden girl **Niamh Moloney** (8), who won three gold medals in the 8 yr old Girls 25m Breaststroke, Freestyle and Backstroke, winning all three by a *clear 1.5 secs*, which is virtually unheard of at this distance. She also won a silver medal in the Butterfly and two more silvers in the relays. Not a bad day's work and yet another marvellous find in this rich seam of young uns that the Otters have at present.

Alastair Cormack (9) is another one of these finds and had a silver sort of day. He won an amazing 5 individual silver medals and 3 silver relay medals. Had he not come up against probably the finest swimmer in Scotland of his age (Harris Bruce from Incas), his medal colour would have been very different.

Keir Menzies-Smith (11) produced some good times to claim silver and three bronze individual medals in addition to a relay silver.

Rounding off the individual Otter's success was **Duncan Crawford** (9), **Amy Broadhurst** (10), **Jack Watson** (10), **Finlay Cormack** (8) and **Amy Hardie** (10) who all won a bronze medal each. The most exciting of these races was **Amy Hardie's** 50m Freestyle where she proved what a tough little competitor she is to claim third spot in a blanket finish where 0.31 secs covered positions 3 to 6.

The Otters also won three silver medals in the relays involving the above swimmers and **Libby Broadhurst**, **Claire Shanks** and **Ruth Ritchie**.



The team from the Dunfermline Junior Sprint Gala. Centre is Niamh Moloney who won the Best 8 year old Girl at the whole gala.

Midland District Distance Championships Olympia Pool, Dundee, 27 – 29 May

The annual Midland District (Tayside) Distance Championships took place at Dundee's Olympia Pool over the last weekend in May. The minimum distance was 200m and the Otters sent a large team of 20 swimmers who returned with 6 medallists and 11 medals in total.

Gold medals are a very rare commodity these days, but **Euan Boyle** (11) didn't let that bother him as he clinched just that in the 10-11 yr old Boys 200m Freestyle in 2.43.12. He reinforced his position as top Otter at these championships with a further two silver medals in the 200m Backstroke (3.02.45) and 400m Freestyle (5.49.17).

Much improved **Aaron Gillon** (12) claimed three bronze

medals in the 200m Backstroke (2.52.09), 400m Freestyle (5.37.95) and 200m Breaststroke (3.27.17) whilst **Claire Moloney** (12) confirmed what others had seen in training by winning a silver and bronze in the 200m (2.37.77) and 800m (11.37.90) Freestyle respectively.

Niamh Mullen (12) won an excellent silver medal in the 400m Freestyle in 5.37.55 and confirmed that she is now one of the foremost swimmers at the club.

Mairi Mulhern (14) claimed yet another medal (bronze) in the 200m of her best event, the Breaststroke in 3.03.97, some 9 seconds quicker than she had swum at the National Championships in April and points to her potential at this event!!

Rounding off the medals table was **Rachel Miller** (15) who claimed a bronze in the 15-16 yr old Girls 200m Freestyle in 2.37.78.

As an aside and an indication of how difficult it is to get a medal these days, there were three Kinross Otters who actually broke the club records in their respective events.

They were – **Rachel Brisbane** (13) 200m Butterfly 3.05.06, **Cameron Nelson** (13) 400m Individual Medley 5.27.33 and **Iona Elder** (13) 200m Freestyle 2.24.06 who came 4th, 6th and 6th respectively. Bearing in mind their ages, these were tremendous achievements.

Scottish Schools National Relay Swimming Finals 2011 Tollcross, Glasgow, Wednesday 15 June

HIGH SCHOOL OTTERS STRIKE GOLD!

The Scottish Schools National Relay Swimming Finals took place at Tollcross in Glasgow on 15 June. This superb facility boasted a 50 metre Olympic standard swimming pool with ten lanes which had full electronic timing and a giant electronic scoreboard. Kinross High School sent two teams, a Boys S1 and a Girls S2, and what a superb day they had.

The Boys' team comprised Cameron Nelson, Cameron McCloskey, Aaron Gillon and David Elder. Apart from David, who gave up swimming recently to concentrate on rugby, the boys all swim for the local Kinross Otters Swimming Club based just across the road from the impressive new High School.

The Medley relay was first up in the morning and the boys qualified with ease for the final. First off was Cameron McCloskey in the backstroke and he handed over a slight lead to Aaron Gillon in the Breaststroke. This is not Aaron's best stroke and it was a "best fit" team in which he made the biggest sacrifice. He managed to hand over third to Cameron Nelson in the Butterfly who simply produced a storming display to claw back around 10m putting the Kinross boys back in the lead. This was maintained and increased by David Elder in the last Freestyle leg and they won by two seconds to claim the gold medal, much to their surprise!

The afternoon saw the boys in their stronger Freestyle event and again they qualified with considerable ease for a final where they romped to a startling 6.5 seconds victory over the second placed team to again claim the gold medal. This team looks set to dominate the relays for years to come.

The girls' team comprised local Otter Iona Elder (sister of David), along with ex-Otters Eleanor Muncey (Perth City Swimming Club), Samantha Caulfield (Carnegie Swimming Club) and Ellis Johnston. They too produced a superb display especially in the Medley relay where they won a silver medal. They also came fourth in the Freestyle relay.

Congratulations must go to all the Kinross High School swimmers, as winning any sort of medal at this level is a significant achievement.

Kinross Cricket Club

Primary Schools Kwik Cricket Tournament

Kinross Cricket Club hosted the annual Kinross-shire Primary Schools tournament on 27 May at Kinross House. Five teams took part this year and there was a new winner for Kinross-shire in 2011 – Portmoak Primary School, who played magnificently and didn't lose a game. This sees an end to Cleish Primary School's three-year dominance of the event. As there was an uneven number of teams, the club coaches put on coaching sessions for the children waiting to play to keep them active and enjoying a full day of cricket whilst improving their skills. In second place was Arngask Primary from Glenfarg, who are newcomers to the event. This year sees Kinross Cricket Club starting a new Active Schools partnership with Arngask as they are now within the Kinross-shire Sports Cluster.



Portmoak Primary School at the Area Finals

The standard from all players at the tournaments was very high and the "Spirit of Cricket" was evident by all the children encouraging each other, playing to the best of their abilities and demonstrating good sportsmanlike behaviour. And most of all, the tournaments were lots of fun with all players getting an equal chance to bat, bowl and wicket-keep. All the teams were a great credit to their schools and the future of Kinross Cricket looks safe for many years to come with lots of children keen to continue playing and come along to the club junior sessions at the campus on Monday evenings.

Perth and Kinross Area and National Kwik Cricket Finals – Portmoak PS Success

Not only did Portmoak PS do fantastically well at local level but they continued their winning ways at the Area finals held at Doo'cot Park, again being unbeaten in every game, coming first out of the eight cluster finalists from all over the county. This meant a trip to the national finals where the children managed to secure a spot in the top four teams, only losing to the eventual winners in the semi-finals. The school was also presented with a kwik cricket set for the best and most colourful support.

Club coaches, Ken Reilly and Peter Ross are completing the last few cricket sessions of the term and the club would like to thank the head-teachers and school staff for their warm welcome and support of cricket generally. The Kinross Cricket Club Primary School Active Partnerships continue to strengthen and flourish every year.

Secondary School Success

On 15 June at Doo'cot Park, Perth, Kinross High School lifted the trophy at the inaugural finals day of the Cricket Scotland Emerging Schools' Cup. Emerging schools cricket is a hardball competition, for new school teams. Played on a pairs basis, it allows all members of each team to play an equal part in matches. Early heats decided which four teams qualified for a further round of matches which would decide the final placings, and the final was played out between the two unbeaten teams from Belmont Academy from Ayrshire and Kinross High School. The final was a very exciting game which came down to the penultimate ball and Kinross High emerged victorious, winning by six runs.

Perth & Kinross Cricket Development Officer, Kirsteen Ross said, "It's fantastic to see Kinross High School win this National trophy as it represents a great achievement for the players and really shows what can be done when schools and local sports clubs work closely together".

Over the past year Kinross Cricket Club has worked with Kinross High School, providing coaches to deliver an after-schools cricket club which introduced cricket to pupils from S1 through to the senior school.

Kinross Ladies

Six members of the Kinross Ladies squad have been invited to trials for the national Scotland Wildcats teams. The girls competing for under-17 team places are Hannah Drew, Zoe Conway, Deanna Green, Ruth Neave and Claire Jackson with Laura Walker contesting a place in the full women's



Portmoak Primary School won the Kinross-shire Kwik Cricket Tournament

squad. **GOOD LUCK GIRLS!** The girls' and women's squad continues to grow and progress and this is evident by more confident play and bigger batting scores each game.

The Ladies section fixtures have been terribly affected by rain, with only one of the planned five national league fixtures going ahead. The other teams have agreed to reschedule the matches for later in the season rather than scratch the fixtures, which is beneficial as our players will only improve with more opportunities to play and gain experience.

New members are very welcome to the Ladies section: girls 12+ and all ages of adult women. No experience or knowledge of cricket is required. Training is at Kinross House, 6.30pm to 8.30pm on Thursdays.



Kinross High School - Emerging Schools Winners, 15 June

Under 13 & Under 15 Scottish Cup

Both the U13 and U15 teams progressed to the quarter-finals of the Scottish Cup. The U13's travelled up to Arbroath to play this year's favourites and, after a valiant effort, the team came close but were unable to get through to the finals day. The team has played well and as many of the players are still U12 we have great hopes for next year.

The U15's faced a local derby against a very strong Dunfermline side which boasts two U15 Scotland Internationalists. Kinross batted first and scored 112 after 20 overs with Matthew Gilmour top scoring with 27. Dunfermline opened with their Scotland players and started to make good headway until both were out with the score on 52. Kinross played an excellent game and brought Dunfermline's cup campaign to a halt on 86 and seeing Kinross off to our 5th Finals day in six years. The Scottish Cup will be decided on 26 June and we will report back on progress in the next issue.

Planning Application

As many people may have read in the national press, the club withdrew its planning application to build a new junior academy ground in the field beside Burleigh Castle in Milnathort. The application brought a number of planning issues concerning siting a pavilion near the castle and the club was in the process of adapting our plans to meet the requirements of Scottish Natural Heritage and the P&K Heritage Trust. What we did not expect was the hostile response of the people living near Burleigh. The Chairman and Club Secretary were invited to speak to the residents and explain the plans. As it turned out, there was no real chance to outline the ideas as the residents immediately became aggressive and very hostile, making a number of

claims which were unfounded and inaccurate. These included: the pavilion is going to be bigger than the castle, we are installing floodlights, there will be anti-social behaviour, children will be maimed or killed by cricket balls and an array of other comments. Although the club attempted to explain that the ground would be used by children from age 6 to 15, women and people with disabilities with the main men's cricket being played at Kinross House, the meeting ended with one resident stating "if you build here I guarantee it will be turned to ash!" The club committee were utterly shocked at the response at the meeting and the level of complaints made to P&K Council. Kinross Cricket Club is internationally recognised for the work we do providing sport and recreation to children, women and girls, people with disabilities and senior men. We have always worked closely with the local community and have a great relationship with church groups, schools and a wide array of other local community groups. To be portrayed as some form of anti-social, child-harming bunch of thugs is very distressing for all those who give up their time to coach at all seven of the Kinross-shire primary schools, the High School and at the club. Given the nature of the complaints and the threat of arson, it was felt that Milnathort was not a place to base the proposed new children's ground and the application was withdrawn.

I am delighted to say that within days of the decision being featured in the Scotsman and other papers, the club received four offers of land for a second ground within Kinross-shire. We have also received a massive amount of support from the cricket clubs and supporters from Edinburgh to Perth, Western Australia. The club took on "minor celebrity" status for a short while when our plight became featured on a number of internet blog sites and we would like to say a big thank you to everyone who took the time to offer their support. The club's management committee are currently reviewing the various offers and plan to make a formal announcement about the academy ground in early July.

Men's Cricket

Sadly the men's senior league has been continually hit by rain and so far only 6 out of 17 fixtures have been played across both the 1st and 2nd XI's. Hopefully the weather will improve and we can start to get some wins under our belt.

As always, the times for junior and senior training as well as fixtures and match reports can be found at the club website, www.kinrosscc.co.uk

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for publication on Saturday 30 July

Glenfarg United FC

As many of you will know, Glenfarg Utd amateur football club has now been re-established in the village and has just completed its first season back in the Perthshire Amateur League Division 3.

Many of you may have either watched the team or seen our posters up through out the village.

The team has a very strong contingent of local Glenfarg players, supplemented by a few Perth and Kinross players, and we have a squad of around twenty. It was one of the players, Craig Whyte, who was instrumental in re-establishing the team. In addition to the strong local playing staff, there is a very strong supporting committee which consists of: President – Jimmy Gourlay; Secretary – Stuart McHardy; Treasurer – Willie Knowles; Committee – Ray Dunlop, Pete Cummings, Alan Fairweather, Andy Leeds, Andy Gourlay, Rab McAinsh (Club Captain) and Craig Whyte.

The team is coached by the management team of Alan Fairweather, Andy Leeds and Andy Gourlay.

Although the team has done very well in its first year back, we are looking to strengthen for next season to complement our existing squad and any interested players should contact Alan 07884 442128, Andy Leeds 07990 540622 or Andy Gourlay 07725 190401.

The committee and players are very appreciative of the strong local support and we are already one of the best-supported teams in Perthshire – so thank you to all who have come along and supported us at our games or through our fundraising events.

Our main sponsors for this year are Binn Skips, Lochleven Windows, A&K Maintenance, Ray Dunlop, Pete Cumming and Black and Veatch.

We are looking to take the club to the next level so your continued support would be much appreciated in the seasons to come.

Please watch the local advertising for a forthcoming family barbecue event, non-profit making, to be arranged over the next couple of months to say thank you to the people of Glenfarg who have supported us so well.

Kinross Volleyball Club

The club's annual general meeting was held in June with the main topic of conversation being the high cost of hiring the sports hall at the Loch Leven Community Campus. Due to the high cost of hiring a volleyball court, it was decided to reduce the number of Mondays for indoor training and increase the timings of outdoor training. Outdoor training will now run from April till the end of September with indoor training starting after the school October break and finishing just before the Easter break.

Club members are again preparing to travel to Belgium in mid August for the annual De Haan tournament. The club have been bronze medallists at this tournament on two occasions. The party will have a longer journey this year with there being no passenger ferry from Rosyth. This year the party will travel to Hull for the overnight crossing to Zeebrugge with the long return journey home after the tournament.

Outdoor training continues at King George V Park on Monday evenings, weather permitting, from 7pm. All new members welcome – it's free. All you need is a pair of trainers, tee shirt and shorts.

Kinross Cycling Club

www.kinrosscyclingclub.co.uk



In what continues to be an exciting year for us, despite the wet weather, our inaugural 8-event Grand Prix series is proving a great success with club members. There are seven riders in the mix for an overall victory and nine in with a chance of a podium finish. So far the event has attracted 32 club members to participate in one or more of the four events ridden. The series has seen the club record for the hill climb fall on the consecutive events and the club record for the Loch Leven time trial fall to the club's very own *near naked man* Angus McCulloch (although the former time trial record holder Ken Ogilvie looks a strong challenger to take it back in the third and final time trial in the autumn, having punctured in the most recent outing). Our champion lady, Gillian Corsie, is giving everyone a tough time, sitting in an overall second place after four events, just 10 points off the leader, John Gallagher. With 50 points for a win, the championship is wide open. The next meeting is Event 5, the Hilly Time Trial. This will be staged on 14 July.

Elsewhere we had our annual Ice Cream run to St Andrews at the beginning of June and this was well supported, despite highly unseasonal temperatures. Four members of the club, Angus McCulloch, Paul Murray, Scott Cunningham and Ross Cowie will ride as 'near naked men' to raise money for cancer charities – see website for more details, and the article on page 17.

Finally, the club membership has topped 50 people, which is a land mark we are delighted with.

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Kinross Rugby Football Club

KRFC Biggest season ever...

Let's make season 2011-2012 the best season yet for Kinross. That starts with getting our god-like bodies into even better shape, by getting along to pre-season training which starts 7pm on Tuesday 12 July with the second session on Thursday 14 July. It will run Tuesday / Thursday until the start of the season and we're looking for as many bodies, old and new, as possible to make the sessions as much fun as usual!

We're especially looking for new members to join us, at all levels and ages. We have nationally qualified and experienced coaches, fantastic playing and social facilities (the envy of many Scottish clubs) and even a sponsorship scheme available now for new players age 17-20. There's never been a better time to join a club that's really moving forward.

Fancy playing rugby for Kinross this coming season? Just give us a call on **07534 761 572**

♪ Raindrops keep falling on our heads....♪

You can always rely on Kinross in June for spectacular weather..... KRFC maintenance weekend saw some spectacular rain. The spirits of those attending were not dampened however, and many thanks to those who braved the wet and cold to get a big part of our targeted jobs complete. Thanks to RBS, who sponsored our efforts as part of Rugby Force – and particularly to Di Donaldson who gave up her time to represent RBS and join in with the fun. Thanks too to RobRoy Joiners and Alba Platforms for their support. Melanie Mullan put her artistry to good effect, and greatly enhanced the back bar display. Come in to the club to see for yourselves.

Kinross RFC Midis and Minis– Mini Rugby Taster Sessions

During late May and June a Kinross Rugby Football Club coach was on hand at Arngask Primary School for four 'Rugby Taster' training sessions. Every year group at the school, boys and girls, (and occasionally the teachers) joined in the fun, learning new sports skills and an understanding of the basics of the game.



Head Teacher Lynn Strachan and pupils at Arngask Primary being presented with two Kinross RFC rugby balls by Andy Williams the KRFC 2010-11 Youth Convenor



Rugby Challenge at Fossoway Summer Fete

A rather wet Saturday 11 June found one of the Kinross RFC coaches refereeing a Fathers versus Sons demonstration fun game of touch rugby at the annual Fossoway Summer Fete. In a keenly contested match, and despite some spectacular underhand tactics by the Dads, the boys prevailed, running out deserved winners by 6 tries to 4. Fossoway clearly has hidden depths of rugby talent!

A plea for help....

We're still looking for a couple of team managers for the P5s and P6s. They would be responsible for ensuring that there are enough players signed up and passing numbers on to the match secretary, and looking after the team at matches. We are also looking for helpers to organise the minis tournament.

For the last few years we have run a summer school for the minis. We want to do the same this year and the plan is for it to be on Saturday 13 and Sunday 14 August, but we still need more coaches to help.

If you can help with any of these, or want to generally volunteer your services, please get in touch with Kelman... I'm sure he can find something for you to do!

Next Season

Training is over for this season, but players should note that **Minis will re-start on Saturday 20 August**, while **Midis re-starts on Monday 1 August**.

Midi players can continue to come down on Wednesday evenings throughout the summer, 6pm till 7, for touch rugby.

Kinross RFC Midis and Minis welcome new players and have a policy that every player who turns up at the games will get to play. For further information about the Kinross RFC Midis and Minis rugby please visit the KRFC junior website at www.kinross-rugby.com. Alternatively please contact **Kelman Chambers**, the KRFC Youth Convenor, at kelman@gsfinancial.com

Business opportunities

We are keen to hear from local businesses who would be interested in supporting our club either financially or with advice or specialist services. In return we can offer physical and web based advertising opportunities, access to meeting facilities, corporate memberships and many other ways to work together.

For more information about any aspect of Kinross RFC, playing or social, please contact the Club President Ollie Cox on 0774111219 or at Ollie.Cox@virgin.net.



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Kinross Ladies' Hockey Club



Kinross Ladies travelled through to Glasgow to attend a charity event in May. We made a weekend of it and a good time was had by all. We did in fact play some hockey – Vicky even managing to get injured! The day was somewhat spoiled by the consistent rain, but we managed to raise over £1000 for the breast cancer charities.

Training starts again on 17 August at KGV at 6.30pm and newcomers are very welcome.

For more information you can visit our website or contact Morag Donaldson, telephone 01577 863356.

Kinross Men's Hockey Club

Summer Hockey has started on Tuesday evenings, 7.30pm to 9pm and all are welcome, no matter what ability. Cost is £1.50 to cover pitch hire. There are also a number of tournaments during the Summer and there might be a small local Summer League.

The club had its annual dinner recently and the following awards were made by president Mike Wilson:

Most Outstanding Contribution

to the Club:	Andy McIntyre
Players Player of the Year:	Dougie Ogilvie
Most Improved Player of the Year:	Graeme Malcolm
1 XI Most Valuable Player:	Ali Vaughan
2 XI Most Valuable Player:	Andrew Getley
Club Top Gun:	Dougie Ogilvie
1 XI Top Gun:	Bradley Harrison and Ali Vaughan
2 XI Top Gun:	Dougie Ogilvie
1 XI Donkey:	Bradley Harrison
2 XI Donkey:	Ollie Volland

At the AGM, Ross Turbet was voted Club Captain with Hamish Donaldson as Vice Captain. Andrew Getley is the 2nd XI captain and Graeme Malcolm Vice Captain.

For further information either contact Ross Turbet on e-mail: captain@kinrosshockey.co.uk or Gordon Balfour: secretary@kinrosshockey.co.uk or visit our website at www.kinrosshockey.co.uk.

Kinross Kobras

Junior hockey

Training has continued through the summer term and we have welcomed several new members into the U10 group who are quickly starting to pick up good hockey skills. A tournament in Dundee at the end of June is the main competitive focus this term with Kinross Kobras entering teams at U10 and U12 levels. As the current hockey season finishes at the end of the summer term with a fun tournament for all the youngsters, plans are already in place for next season which will start after the school holidays. The club is planning to develop an U8 group as demand from the P3-5 level is growing and the club will be looking to enter U14 events and competitions next year to further develop those youngsters who have successfully competed at U12 level over the past couple of years. The coaching team will be added to next year and the current volunteers will take part in coaching courses over the summer to improve the quality of the training provided. I would like to thank all the kids and the volunteers for making this a most enjoyable and successful hockey season.

Kinross AFC



Season 2010/2011 was, to say the least, disappointing for the players and officials.

The latter end of the season improved dramatically when our new Manager, Willie Crowe and his assistant, Shaun Carson joined the coaching staff. They have now given us hope for next season.

The Club held a highly successful 'Player of the Year' awards evening in the Salutation Hotel. Gordon Baillie, who had an outstanding season, won the Manager's Player of the Year, The Committee's Player of the Year and also the most coveted award, the Players Player of the Year. Our 'Top Goal Scorer' award went to Stuart McIntyre. This was well deserved as Stuart worked tirelessly for the cause throughout the season as did the rest of the squad and Committee.

Pre season has already started at the Myre on a Tuesday and Thursday at 6.30pm. If you are interested in playing for Kinross, please come along.

We are also delighted to announce that the highly successful, annual pre-season tournament, will take place on **Saturday 23 July**. First game kicks off at 11am. The trophy was won by Fossoway last year so Kinross, West Barns & Kelvinpark are determined to give them a run for their money this year.

Food and drink will be on sale for the spectators, so please make a note in your diary to come along for a good day out. If you require any information about the Club, please contact Alan Fraser, Secretary on 862018 or Sandy Fraser, Chairman on 865762.

Table Tennis

Hannah is the Primary Champ!

The Perth & Kinross Mini-Minors Championships attracted a large entry from primary schools throughout the area to Bell's Sports Centre in Perth. A large crowd of parents and local table tennis enthusiasts were treated to a very enjoyable evening of sport.

The semi-final stage saw No 1 seed Scott Rogers, St John's, face Hannah Robb from Cleish. This was a thriller and it was Hannah who just made it in the end with an 11 – 9 win in the final set.

The final was an exciting affair with top quality table tennis on show which kept the crowd on the edge of their seats throughout. Hannah faced Arthur Morris, Strathallan. She took the first set 11 – 6. In the second Arthur took an early lead and the crowd seemed to expect the final to go to a deciding final set. However Hannah played with a confidence that belies her young years (P4) and she came back strong and eventually took the set 15 – 13 to become Perth & Kinross Champion.

Hannah is a member of Kinross Table Tennis Club, which meets on a Tuesday during term time at the Kinross Campus – 4pm to 5pm for beginners, P5 upwards. Cost is £2 per session. Why not come along and meet Hannah and her friends and give table tennis a go? Who knows, you might be the next champion.

If you want to know more details, please contact club coach Pat Duffy on 0790 221 0994.

Contributors – please send your item well before the deadline if you can

Kinross Golf Club

Entries to this year's Men's Open saw 173 playing, with 40 Clubs represented. P Sanderson from Bamburgh Castle returned the Best Scratch score 74. Kinross members J Marshall and K Paterson returned scratch scores of 76. In the 0-9 Handicap section, T Wardrope, Kinross had the best net score of 70. In the 10-18 Handicap section, B Rodgers, Craigiehill returned the best net score of 64. Kinross members, E Wood scored a net 66, D Sharman and T Butter 69's. J Marshall was awarded the Millennium Trophy for the Best Kinross Scratch Score and E Wood the Alan Webster Trophy for the Best Kinross Net.

Kinross beat Blair Atholl in the first round of the Bell Trophy and meet Strathmore away in the second round.

Jim McKay and Ronnie Sievwright are through to the fourth round in the Daily Mail Foursomes and now meet Dunfermline away.

In the Perth & Kinross Scratch League, Kinross have played two and won two.

The Coronation Cup, Kinross won at home against Blairgowrie.

In their SLGA foursomes third round tie, Heather Gough and Anne Moore lost to Dunkeld and Birnam.

Lyn Murray and Audrey Thomson represented Kinross at Pitreavie in the area regional qualifying in the SLGA Silver and Bronze Medal Winners.

The Ladies Open Greensomes will be held on Tuesday 19 July, over The Montgomery. Places are still available.

In the Senior Section, Charlie Murray had two wins, first the April medal played over the Bruce with a net 65, runner up Raymond Hall and the May medal over the Montgomery with a net 64. George Thomas was the runner up in the May Medal,

Kinross seniors lost their Inter Club match away to Forrester Park.

For the Juniors it has been another busy month, in the Bell Trophy first round, Kinross beat Alyth both home and away to progress to the second round. Now, if we were handing out Medals then one would surely be given to Ogilvie Robertson. The Junior Convenor reports that Ogilvie hurt his wrist a couple of days before the home match with Alyth. Although given the opportunity not to play, Ogilvie said 'No' and passed himself fit. During the match his wrist started to hurt but carried on and even won his match. Afterwards, a visit to the hospital and an X-ray, revealed a **broken wrist**..... Even though he will have a cast on for six weeks, Ogilvie asked if he could travel with the team to the away match at Alyth to show his support. What a team member to have on your side and a credit to the Club.

Stephen Harrower, Russell Malcolm and Scott McLeod were selected to play in the recent Under 18 Perth & Kinross County Match against Lothians at Whitemoss, which resulted for a win for P & K and the first time P & K have beaten Lothians. Russell and Scott have also been selected to play in the Under 16 Tri County Match against Lothians and Angus at Auchterarder. Scott will also Captain the Under 14 P & K County Boys Team against Lothians at Gogarburn on 26 June.

Scott won the best net at the P & K County Spring Meeting, held at Dunkeld and Birnam and will be presented with the Eddie Tanser Putter at the end of year County Prize Giving. Scott's biggest achievement so far this season is winning the P & K Under 14 County Strokeplay Championship.

The Millennium Cup (Gent/Lady or Junior), played on 17 June, saw 48 members taking part, our biggest field yet. The inclement weather certainly did not deter those taking part with Ken Scott and his junior partner Ryan Beveridge returning the winning score, a magnificent net 62! Get practising for next year, everyone.

Milnathort Golf Club

Junior Section

The junior section at Milnathort Golf Club has seen a very busy few weeks; Russell Malcolm and Peter Henderson have both won two club events over the past month in the U18 section and Aaron Tate, Scott Calder, Gareth Hutchison and Blair Addison have all won club events at U14 level. Club teams have completed in the district Bells Junior Trophy and the Junior Scratch League. More Scratch League games take place in July with trips to King James VI and Pitlochry. Five pairs of Milnathort Juniors took part in the district run min-foursomes event held at Pitlochry at the end of May and, despite some very strong winds which curtailed the event, it was enjoyed by those that took part.

Club golf sessions continue to run on Wednesday evenings and good improvement is being seen in the youngsters taking part. These will stop at the end of June then will start again when the schools restart in August. Over the school holidays there will be regular junior competitions every Thursday and a Junior Open is scheduled at the club for 5 August. PGA professional will also be providing tuition on a Tuesday afternoon during the holidays and a sheet is up in the Junior Locker Room for those interested to sign up.

Senior Section

On Thursday 19 May, the Seniors played host to a Senior team from Anstruther Golf Club in a friendly inter club

match. The game was played in rather windy conditions but otherwise friendly, cordial atmosphere and was enjoyed by all. The home team ran out emphatic winners on this occasion with a 3½ to ½ point scoreline.

Thursday 25 May saw the Second Round of the Senior Quaich combined with the Hall of Fame and Seniors Championship Qualifying competitions. The winner of the Hall of Fame Qualifier, with a magnificent 64, was John Donaldson, who will now go on to represent the Seniors at the Regional level. Well done, John!

In the Seniors Quaich Round, the Winner was again John Donaldson, with Jim Johnston coming second and Bob Christie third.

Thursday 2 June was just a non-medal Stableford sweep, which was won by Dave Mitchell.

The third round of the Charlie Macari Trophy was played on Thursday 9th and the winner of the Round was Ian McMillan, with Bob Tolson as runner-up. The leaders of this Competition as of date are Willie Reid with Jim Fraser 2nd and Bill Michie lying 3rd. There's all to play for yet!

On Thursday 16th, a 'three clubs & a putter' Stableford format, fun game was held when Seniors took to the field with an eclectic mix of clubs, each hoping that their selection would be the winning combination. In the event, Ron Macdonald ran out the winner with John Mills coming in as runner-up.

Health and Fitness

by Tony Brotherton, Personal Fitness Trainer, fit & happy.



Teen Fitness Background

In a recent survey, doctors classed 17% of boys and 16% of girls aged between 12 and 15 as either overweight or obese.

Almost 75% of children are not getting the recommended 60 minutes of daily activity outside of school. It would appear that fewer and fewer young people are interested in playing sport or getting involved in other physical activities.

There are over one million obese children in the UK under the age of 16. All of these run a significant risk of health-related issues in later life and this, together with the associated problem of lower self-esteem, is becoming a major concern.

Over 50% of 12-21 year olds do not live an active lifestyle, and only 19% of all high school students are physically active for 20 minutes or more every day.

The government recommends that children and young people get one hour of physical activity every day. This activity should be of a moderate intensity; you should work up a bit of a sweat and get slightly out of breath.

At least twice a week you should include activities to improve bone health, muscle strength and flexibility. Weight bearing activities help to build strong bones but not necessarily big muscles – a particularly important consideration for girls!

Why the issue?

There is a simple, direct relationship between energy output and energy intake. Obesity can result from simply eating too much and exercising too little.

Today children walk and cycle far less than they used to; they are transported much more by car, the school run being a classic example. They are engaged in more sedentary entertainments such as television, computers and video. A Health Education Authority survey in 2007 found that an astonishing 75% of 11-16 year old children watched two hours of TV per day and the remainder watched in excess of four per day! Children are simply not getting enough physical activity in relation to their diet, which has tended to become more fattening.

A two-pronged approach for children is needed, just like any other exercise group. Review and modify their eating habits, in particular reducing the consumption of saturated fats, sugars and alcohol, whilst increasing their overall level of physical activity.

The Benefits of Activity

Physical activity in childhood has many benefits in later life:

- Weight control
- Improves well being
- Decreases the rate of heart disease
- Increase the likelihood of being active in adulthood
- Increased bone mass
- Lower blood pressure
- Reduced osteoarthritis and osteoporosis
- Increased life expectancy

It is difficult to be anything more than generally prescriptive in terms of the levels and types of activity that children

should undertake as this will depend on their personal physical maturity, mental maturity, medical status, skill level and past experience.

However, teachers, coaches, parents and peer groups all have an important role to play in encouraging children to increase their levels of physical activity. Organised fitness classes specifically geared to teens, high-energy dance classes such as Zumba or team games are ideal mechanisms for improving participation and results.

Teen “Fitness” is a term I like to use to encompass a range of components which collectively contribute to a rounded training programme. Physical fitness consists of cardiovascular endurance, muscular strength and endurance, motor skills and flexibility. Any balanced exercise programme should be able to challenge children in all of these areas.

The exercise programme needs to be balanced and developed to ensure that the right levels of Volume, Intensity and Frequency are followed to ensure maximum gain and minimum risk of overtraining.

This is where the professional help and guidance of a qualified sports coach and or Personal Trainer can be invaluable. They can help teenagers overcome the many perceived barriers to adopting more exercise in their daily lives and ensuring that they work out safely. They can also avoid the boredom factor that some gym routines engender, although most gyms now have the ability to allow you to multi-task and listen to your favourite tracks or watch your favourite TV programmes whilst working out.

Teen fitness is not just for those interested in team sports but should be fun and accessible for everyone. Whether you prefer to work out alone, with your best friend(s) or collectively in a group exercise class, the benefits of regular physical exercise will soon become apparent and will improve your health and well being into adulthood.

Remember, too, that your exercise programme is built specifically for you and is not readily transferable to others or is necessarily comparable. Don't think you are in competition with your friends when you exercise but rather that you are members of the same club, working towards improving your fitness, feeling great and lengthening your life!

Note: It is important that anyone considering taking up an exercise regime should consult their GP before doing so, particularly if it has been some time since you last exercised or if you are on any form of medication or suffer from a chronic illness or high blood pressure.

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News from the Rurals

MILNATHORT – At the AGM Fiona Hynds was elected President and after the business a Beetle Drive was enjoyed by the members. Winners were Lorna Douglas and Grace Drysdale.

Competitions:

Ginger Loaf	- Nan Paterson
Box any Craft	- Lorna Douglas
Flower of the Month	- Nan Paterson
Points Cup for Year	- Fiona Hynds
Flower of the Month Cup	- Ena Thomson

President Fiona Hynds welcomed us all to the last meeting before the summer break. The theme was a "Wild West Hoe Down". Most of the members entered into the spirit of the evening and came dressed as cowgirls etc. Our Vice President Lorna Douglas was voted the best dressed. She came as a saloon girl. The food was excellent with some weird and wonderful dishes and sweets to die for.

Competitions:

Apple Pie	- May Paterson
Article in Gingham	- Senga Marshal
Flower of the Month	- Helen Gelletly

BISHOPSHIRE – Meg Murray, Chairman of the Scottish Handcraft Circle, gave an informative talk on the crafts of the Quaker people. She showed us many examples of her own work, based on designs dating back to the 18th century. Finally, she spoke of the wonderful Quaker Tapestry on display in the Meeting House in Kendal – somewhere that would be well worth a visit.

Competitions:

Quiche	- Janette Gardiner
Thimble	- Jeanette McLennan

CARNBO – President Elizabeth Campbell welcomed the members to the meeting. After business Elizabeth introduced Glenfarg Rural, who entertained us with 'Would I Tell A Lie?', poems, a cookery demonstration and a quiz. This was followed by supper and the evening was enjoyed by all.

Competitions:

Flower of the Month	- F Drysdale
Fruit Loaf	- E Thomson

POWMILL – President Mrs Janie Buchanan welcomed members to the AGM on Wednesday 18 May in Moubray Hall, Powmill. The minutes of last year's AGM were read and adopted then reports were given by the President, Secretary, Treasurer and Hall Representative. Mrs Buchanan thanked the committee and all members for their help and support over the last year. Mrs L Heggie, Mrs S Buchanan, Mrs S Cheyne and Mrs W Sim were elected to the committee. Honorary President Lady G Stewart presented the following trophies and prizes: Points Trophy to Mrs E Johnston, Miss Jessie Gibson Clock to Mrs C Stewart for coming second, third prize to Mrs J Mitchell and the Pat Reay Quaich (Handcraft) to Mrs E Johnston. After current items of business had been dealt with, ladies from Blairingone WRI joined us for a surprise Birthday Party for Mrs Janie Buchanan and Mrs Elsie Johnston from Powmill WRI and Mrs M Croy from Blairingone WRI, who were all celebrating a very special birthday. A really nice way to end the session.

Competitions:

Eileen White Trophy	- Mrs C Stewart
(Knitted Article for Premature Baby)	
4 Pieces Swiss Milk Tablet	- Mrs M Broomfield
Garden Gem	- Mrs Wilson

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Mon, Wed and Fri 9am-noon and 1-4pm;
Tue and Thu 9am-1pm and 5.30-8.30pm.

www.perth.uhi.ac.uk



For more details contact

Kinross Learning Centre on **01577 863863**
Swansacre, Kinross, KY13 8TE
pc.kinross@perth.uhi.ac.uk

Little Buds



New childminder coming soon

0730-1800 pre-school, after school, all options. For
more information please call Kathy on 07801
678253 or Erin on 07771 365702.



Out & About

Vane Farm



The reserve is lookin fair lush at the minute which helps tae provide some guid cover fur aw the wader 'n' ducklin broods scootin about the place. It's been a better breedin year oan the reserve fur Peewits – that's an auld Scots name fur lapwing in case ye didnae ken? It's derived fae the soond they mak when they call; if yiv heard them, ye'll see the connection. We also hiv a few Redshank 'n' Oystercatcher broods scoufing aboot as weel. It's also the time o' year when birds gan intae moult post-breedin and look a bit oan the mankie side as they cast worn feathers then regrow new yins. Come aroond August time they shid be startin tae look a bit mair like normal tho. When you get roond tae readin this, this year's Sea Eagles will be safely ensconced in the release cages in Fife, hivin flown in tae Edinburgh airport. This is the fifth lot tae arrive fae Norway and come August they will be released tae grace the skies ower East Scotland. Some oh ye micht hiv seen Iain Malzer, oor long term volunteer at Vane, when yiv been in. Iain hiz been a big help in trackin Sea Eagles ower the last eight months or so, along wi' helpin oot in the centre and oan the reserve. By the time ye read this he will hiv departit back tae hiz hame habitat in the west, tho he is gawn tae Ecuador wi his Uni – guid luck tae him 'n' thanks fur awe the help.

The work oan the new wetland will also be startin sane. If yer visitin, please bear wi' us durin this time; we will dae oor best tae mak yer visit as guid as we can, tho a bit o' inconvenience will be inevitable so apologies in advance. Mind, ye micht quite like seeing big shiny diggers!

This month's offers in the shop are runnin till 19 July. If ye buy a 12.75kg bag o' sunflower hearts ye kin buy a medium premium seed feeder fur yin new poond. If ye buy a big bag o' feeder mix extra ye kin get a medium classic seed feeder fur the same new poond.

Kids' summer kids events are startin tae get a few bookins so if ye want tae book the bairns oan tae ony o' them or wid like details, gie us a phone oan the usual number 01577 862355 or speak tae us when yer in. They are oan three days a week. Monsters o' the deep Mondays, Wild Wood Wednesdays and Friday Fun - includes feltmakin tae frogfest, mak a bookin tae fund oot aboot puddicks. Costs are £2 members or £4 non-members per session.

July events noo: **Sunday 3 July** it's **Digital Photography for Beginners**, 10am-4.15pm. Learn how tae tak better piccies wi hints, tips 'n' techi stuff fae Dave, oor photographic guru. Costs £32.50 members or £40 non-members, tea, coffee 'n' lunch included. Limited places, so pre-bookin required.

We are also doin self guided pond dippin noo every weekend durin the season. Come along 'n' hiv fun as a family fundin oot whit's in wur ponds. Free event, but normal reserve charges apply fur non-members. All nets etc supplied.

Walkin wi' Birds is a free guided walk oan the reserve on **24 July**, startin at 12 noon wi yin o' oor experts. Please pre book a place if ye wid like tae go along. Oan **Saturday 16 July** we are hostin a free concert cried **The Hideaway Tour** by Kate Doubleday at 7pm. Acoustic, spiritual music in harmony with nature – hid some guid reviews, so micht be worth comin along tae see whit like.

Ta ta till next month,

Colin

Loch Leven NNR



Discovery Day this year went off with a bang. A very enjoyable day in Kirkgate Park was had by all in attendance, helped in no small part by the sunshine, variety of stalls on display, and friendliness of staff and volunteers on the day. Willow-weaving proved to be particularly popular as an adult activity, and 19 happy people were seen leaving the park with their newly crafted pea-growers in hand! Thanks to all our volunteers for keeping things ticking over smoothly; and thanks also to staff at the Boathouse Bistro for providing the splendid catering facilities.



Willow-weaving was very popular at this year's Discovery Day

This month has been one for constructive destruction, with the removal of boardwalks from the old bird hides, and the structural renovation work in the Levenmouth Hide. Visitors to this hide will certainly notice the improvement in terms of accessibility to this facility. Ongoing monitoring work with duck broods, the gull colony, insect surveying and Lesser Butterfly Orchid counts have also kept us busy over the last month and during one trip to St Serf's Island we were lucky enough to see two Turnstone in summer plumage, and an Arctic Tern elegantly swooping over the loch.

Our next event will be **Dragons and Damsels**, taking place on **Sunday 24 July** from 2 – 4pm, meeting at Burleigh Sands Car Park. Join us for an exploration into the fascinating world of these dynamic four-winged aviators. We'll visit a couple of dragonfly hotspots around the north shore of the loch, and investigate their curious life cycles, most of which occurs underwater. There will be some challenging terrain to cover in order to access a couple of these spots, so be prepared with suitable footwear (wellies are recommended) and waterproofs. Please call the reserve office on 01577 864439 to book your place.

Work is already well underway with the next stage of the Heritage Trail being installed by TRACKS. The extension will see the trail continue past the Pier, over the South Queich with a new footbridge and in front of Factory Bay, where a new bird hide will provide an excellent new viewpoint over a busy corner of the loch. Due to open in August, we're sure this will be a welcome extension and we very much look forward to its completion this summer. That's all for now folks.

Craig

Farming



Well, that's our lambing all finished and the question you will be wanting to ask is whether we got our grazing strategy right.

The answer is nearly; but then again, the captain of the Titanic would probably have claimed that he nearly got his iceberg avoidance strategy right!! On balance, though, we weren't too bad. Quite a few ewes needed a bit of assistance due to lambs not being properly presented for birth, but we didn't have too many disasters. The most frustrating point was the weather because after April being a glorious month it turned cold and wet just as our lambing started – typical. I was certainly glad to have brought the ewes into the shed to lamb. I will give you all plenty warning when we will be lambing next year so you can arrange time off work to come skiing on our fields.

Some of you may be familiar with the books written by Henry Brewis, which give an imaginative, humorous take on farming life. In particular there is one titled Clarts and Calamities which is a fictional (but, at times, uncomfortably close to the truth) diary of a year in the life of a farmer called Sep. I think most farmers feel a bit like Sep from time to time and can identify with the trials and tribulations he faces getting through day-to-day life. Although it was written in the late nineteen eighties, and some of the political references and other bits and pieces make it slightly dated, the general style of the way the book is written makes it ring as true today as it did over twenty years ago. For anyone who hasn't read it, I would recommend it as it is quite simply hilarious, although non-farmers may not get the full effect of its humour and wit. I was certainly feeling like Sep at lambing time.

To help with handling the sheep, we recently got a collie pup from a local (in)famous sheepdog handler. This is my first experience of having a working dog so I have no doubt that there will be plenty of "Sep" moments to come. I am amazed at the instinct he shows, even at just about three months old. He rounds up the pet lambs (or tries to) and also our Labrador, much to her disgust! No doubt I will keep you updated on his progress.

In general here at Backward Farm we are really needing the weather to settle down and warm up. The grazing fields, which aren't too heavily stocked, are struggling to keep up with the animals appetites, although they are improving. We are currently trying to harvest our first cut of silage, which is proving tricky since there has hardly been a day without some sort of rain and I like to get the grass dry before baling it. Hopefully we will finish tomorrow (20 June). There was a lot of rain yesterday, but it is drying up today.

Hopefully our new baler (which is actually about three years older than our old baler – don't ask) will have got over its teething problems and let us finish the job. Fingers crossed.

John

DRIVING TUITION LOCHLEVEN DRIVING SCHOOL

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Weather



May Weather Report From Carnbo

Regarding weather, May this year was very naughty, couldn't make up its mind to be more like March or April, in the end some of both, with the high winds of March, culminating in the very severe gale on the 23rd. The month also was very showery throughout.

Total rainfall	126mm (185% of average!)
Heaviest fall	19.8 mm (6th)
18 rain days	
Highest temperature	18°C (1st)
Lowest temperature	1°C (3rd)
Average temperature	9.1°C
Ground frost on 4 nights	
Air frost on 1 night	
4 sunless days	
Cloud cover 75%	
Snow not recorded	
Thunder not recorded	

The highs and lows of Spring 2011

Spring this year was very variable, March being rather mild, April warm and mainly dry, May was wet and cool throughout.

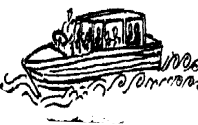
Rainfall	297 mm (130% of average)
Heaviest fall	28.9mm (4th April)
3 snow days, 3 lying days, total depth	14cms
Highest temperature	19°C (11th April)
Lowest temperature	- 3°C (18th March)
Average temperature	7.4°C
Ground frost on 25 nights, air frost on 15 nights	
Total cloud cover 66%	
31 sunless days	
Thunder not recorded	

The outstanding event was the gale on 23 May. Gusts of around 100 mph caused the uprooting of many trees in the district.

Local Attraction Opening Times

Lochleven Castle, Castle Island, Kinross

Famously where Mary Queen of Scots was imprisoned in 1567 and forced to abdicate before dramatically escaping, this semi-ruined castle is set on an island in beautiful Loch Leven. Parts of the castle date from the late 14th or early 15th century. There are lawns and benches on the island. The property is reached by boat, operated by Historic Scotland and departing from the fishery pier, where there is a café, shop and parking nearby. Opening times for 2011:



1 April to 30 September:	Daily, 9.30am to 5.30pm (last outward sailing 4.30pm)
1 to 31 October:	Daily, 9.30am to 4.30pm (last outward sailing 3.30pm)
Admission prices:	Adult £4.70, Child £2.80, (includes boat trip) Conc £3.80, HS members free.

The ferry is not equipped to carry passengers in wheelchairs, though access to the interpretation boards, the castle forecourt, courtyard, gardens and grounds is over grass and suitable for visitors using wheelchairs or with limited mobility.

Gardens Open

More information about these gardens
can be found on our website,
www.kinrossnewsletter.org
Leisure info also on www.kinross.cc



Gardens, and some properties, open regularly not too far from Kinross	Opening Arrangements	Admission		Disabled		Contact Number
		Adult	Child	Access		
Falkland Palace & garden (NTS)	to 31 Oct	Mon-Sat Sun	1100-1700 1300-1700	£11.00 £8.00	gdn only	0844 4932186 0844 4932186
Hill of Tarvit mansion & gdns (NTS)	1 Apr-31 Oct	Thu-Mon	1300-1700	£9.00	£6.50	
Hill of Tarvit grounds only (NTS)	all year	daily	to dusk		yes	0844 4932185
Kellie Castle & garden (NTS)	23 May-28 Aug	daily	1230-1700	£9.00	£6.00	partial 0844 4932184
Kellie Castle garden & estate only (NTS)	to 31 Oct	daily	1000-1800	£3.00	£2.00	yes 0844 4932184
Culross Palace, study, town hse and gdns (NTS)	1 Jun-30 Aug	daily	1200-1700	£9.00	£6.50	no 0844 4932189
Culross Palace gardens only	all year	daily	1000-1800		difficult	0844 4932189
Branklyn Gardens, Dundee Rd, Perth (NTS)	1 Apr-31 Oct	daily	1000-1700	£6.00	£5.00	partial 0844 4932193
Scone Palace grounds only	1 Apr-31 Oct	daily	0930-1745	£5.50	£3.75	limited 01738 552300
Barham, Bow of Fife, KY15 5RG (SGS)	27 Apr-28 Sep	Weds	1400-1700	£3.00	free	no 01337 810227
Braco Castle gardens, Braco, FK15 9LA (SGS)	1 Feb-31 Oct	daily	1000-1700	£3.50		partial 01786 880437
Drummond Castle Gardens, Crieff	1 May-31 Oct	daily	1300-1800	£5.00	£2.00	restr 01764 681433
Botanic Garden, Canongate, St Andrews, KY16 8RT	Apr-Sept	daily	1000-1900	£2.00	£1.00	yes 01334 477178
Pittencreeff Park, Dunfermline	all year	daily	dawn-dusk	free	free	yes 01383 720285

Notes: Other prices may be available, eg Concessions, Family. NTS = National Trust for Scotland (entry free to members). At some gardens there are plants for sale and refreshments available. Some gardens do not allow dogs.

Scotland's Gardens Scheme

SGS, a registered charity since 1931, organises the opening of hundreds of gardens, ranging from formal castle gardens to small cottage gardens, to raise money for charity while giving pleasure to garden lovers. 60% of entry fees to gardens in this scheme benefit SGS's charities, which are: The Queen's Nursing Institute Scotland, Gardens Fund of the National Trust for Scotland, Maggie's Cancer Caring Centres, The Gardeners' Royal Benevolent Society and The Royal Fund for Gardeners' Children. 40% of entry fees goes to a charitable cause chosen by the garden owner. For more information, see the book "Gardens of Scotland 2011" or the website www.gardensofscotland.org

Special Days Open in July

A garden designed by Sir Robert Lorimer is open on **Sunday 3 July**. It is at **Earlshall Castle, Leuchars**, and is famed for its topiary lawn. Other features are: the rose terrace, croquet lawn, shrub border, box garden, orchard and kitchen garden. It is open from 2pm to 5pm. Admission is £5, children free. 40% to St Athanas Church. Route: On Earlshall road ¾ of a mile east of Leuchars village (off A919). KY16 0DP. Plant stall, partial disabled access, refreshments, no dogs. New to SGS, some of the gardens in the village of **Kinghorn, Fife**, will be open on **Sunday 10 July**, 12 noon to 5pm. There is an interesting variety of gardens, some directly on the sea front and some hidden treasures tucked away. Tickets and maps from community centre. Admission £4, children free. 20% to Kinghorn community centre, 20% to Kinghorn in Bloom. Plant stall, partial disabled access, refreshments, no dogs.

Also on **Sunday 10 July** (noon to 5pm), the 17th century formal walled garden at **Wormistoun House, Crail, KY10 3XH**, is open. Other attractions are: the orchard, scent garden, woodland walk around a natural lochan and mosaic celtic

cross in new pleasure garden. On the A917. Admission: £4.50, children free. 40% to Crail Development Trust. Plant sales, partial disabled access, cream teas.

The garden at **Gean House, Alloa**, is open on **Tuesday 26 July** from 2pm to 5pm. The house is an early 20th century Arts & Crafts style mansion. The sweeping driveway takes you through beautiful parkland lined with trees. Seven acre garden. Admission: £4 (40% to Scottish Society for Autism), children free. Cream teas available in the Gean House. Location: Tullibody Road, FK10 2EL.

A number of small gardens in varied styles are open in **Crail** on **Saturday 23 and Sunday 24 July**, 1pm to 5.30pm. Park in the Marketgate. Tickets and maps available from Mrs Auchinleck, 2 Castle St and Mr Robertson, The Old House, 9 Marketgate. Admission £4.50 (20% to Crail British Legion Hall and 20% to Crail Preservation Society Floral Fund), children free. Plant stall, no dogs, homemade teas in British Legion Hall.

In 1905 it was said that **Balcaskie at Pittenweem** was 'one of the best and most satisfying gardens in the British Isles.' Today the gardens are at the start of a period of restoration by the gardening team from Kellie Castle, as part of a collaboration with the NTS. You can visit both **Balcaskie** and **Kellie Castle** under Scotland's Gardens Scheme on **Sunday 31 July**, noon to 5pm. Admission is £6 for entrance to both gardens. Access to Balcaskie is via Kellie Castle only; a free minibus will take visitors from Kellie Castle to Balcaskie. Kellie Castle (KY10 2RF) is on the B9171, 3 miles NNW of Pittenweem. Kellie Castle has an Arts and Crafts style garden. The Garden Team will be available for questions. Partial disabled access. Light refreshments available and soup, sandwiches and cakes.

Congratulations



STEPHEN METHVEN, formerly Kinross, and **MHAIRI BAIRD**, Perth, were married in the Bellagio Hotel, Las Vegas on 5 May 2011, surrounded by family and friends.

Alex and Jim **PRITCHARD** are pleased to announce the arrival of their fourth child, **LILY ELIZABETH**, born on 12 May 2011. A sister for Murray, Stuart and Tom and first granddaughter for Sandy and Frances Garden.

CAMERON MILNE (17) of Kinross has been selected to represent Great Britain in the junior events at the ETU Triathlon European Championships in Pontevedra, Northern Spain. Along with two other Scots, he will form the three-man GE Great Britain team for the individual junior event, thanks to recent performances at the GE Strathclyde Park Triathlon and the GE Blenheim Triathlon. A former swimmer, Cameron switched to triathlon in 2007.

MILNATHORT PRIMARY SCHOOL pupils have been taking part in a project that allows them to try out new sports. As part of Perth & Kinross Active Schools programme, a link has been established with Orwell Bowling Club. P5-P7 children tried the sport and as a result of the interest shown, an after-school bowling club has been set up. The Active Schools Co-ordinator was impressed with the local bowling club's keenness to encourage children in their sport and with the many volunteers at the Club willing to teach the children and provide them with an opportunity to get involved in sport.

MALF MEDIA <small>5 Gallowhill Road - Kinross KY13 8RA 07525-000-334</small>		WWW.MALFMEDIA.CO.UK <small>Digital Media Services</small>
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Thanks



BOB CRAIG would like to thank all those who sponsored him when taking part in the Etape Caledonia cycle challenge on 15 May in Pitlochry, raising £250 for Macmillan Cancer Care: "This was my second year in taking part and managed to shave 13 minutes off last year's time, completing the 81-mile route in 4 hours and 37min (not too shabby!). Thanks again for all your generous donations."

HELP FOR HEROES Charity fundraising night with Iain Hunter: On Saturday 18 June, a Help for Heroes fundraising night was held at the Masonic Hall, Kinross. A total of £839.00 was raised during the evening.

I would like to give special thanks to **Iain Hunter** (our local butcher) and his wife **Pamela**, for kindly giving up their time to perform free of charge for us on the night, with Iain's interpretation of Frank Sinatra, Bobby Darin and many more.

I would also like to thank all those who attended, and thanks for all the donated raffle prices and donations received on the night.

All of this would not have been possible without the use of the Masonic Hall and the great work done by the bar staff, it was really appreciated.

A great success for such a worthy cause.

George Aitken B.E.M.

Help For Heroes Volunteer

County co-ordinator Kinross-shire

PLANT SALE: I would like to thank all those who came along to the plant sale held in my garden in May. Thanks too, to Helen and Jim for the use of their gazebo, to Jess, Margaret and Jack, my sales team on the day and to Effie who helped me move hundreds of plants from all over the garden to the sales tables. You raised the princely sum of £440 for CHAS, which gives me a great incentive to do it again next year, so keep an eye out for the fliers! Thank you – **Jean Miller**.

SCOTLANDWELL IN BLOOM have been absolutely overwhelmed by the tremendous response to their 'African Baby Knitting' appeal. People from all over have been phoning up wanting to help. Hats, bootees, vests, jackets, blankets and toys are being handed in almost every other day! Not only is the quantity amazing, the quality of the knitting is absolutely superb. Three parcels have already been sent, with plenty more waiting in the wings to be despatched. This is an ongoing project which SiB will continue throughout the year. Thank you so much to everyone who has volunteered to knit – your handiwork is very much appreciated; you are all "bloomin' marvellous!" If you would like any further information, please contact Elaine (01592 840652 or Karen 01592 840379).

Graduations

Do you have a son or daughter graduating this summer? Send details to the Newsletter and we will publish the news in our Congratulations column. There is no charge for this. Details on how to submit information on page 1.

Kinross-shire Churches Together



Kinross Parish Church of Scotland

10 Station Road, Kinross KY13 8QR (Charity number SC012555)

Rev Alan D. Reid MA, BD Tel: (01577) 862952

Reader: Margaret Michie Tel: (01592) 840602

Session Clerk: Jaffrey Weir Tel: (01577) 865780

Church E-mail: kinrossparishchurch@hotmail.co.uk

Church website: www.kinrossparishchurch.org

Church open for visiting or quiet contemplation Mon-Fri 10am-12noon (but note Pram Service on Tuesday mornings in term time)

Church Office: Mon-Fri 10am-12 noon. Tel. (01577) 862570

To Lease Church or Church Centre: Helena Cant (01577) 862923
helenacant@aol.com

Events listed below are in the church unless indicated otherwise.

Regular Services and events

Sun 10.30am Morning Service (with crèche, Junior Church and activities for secondary school age continuing during summer holidays). The church has disabled parking, ramp access and a disabled toilet.

Mon 8pm Housegroup (contact Brenda Fraser 862000).

Wed 10.45 am Midweek Worship: Reading Room, Church Centre.
12 noon Mid-week and Mid-day: Time to Pray
7.30pm Various Housegroups (contact Margaret Michie).

Sat 10am- 12 noon Church Centre: 2nd hand book stall and café.

Special Services and events

July

Mon 4 8.00am Time to Pray – Silent Meditation

Tue 5 2.30pm Whyte Court Service

Sat 9 8.30am- Prayer Breakfast (numbers in advance to church office)

Thu 21 9.00pm – Time to Pray: late evening service of Compline

Sat 24 10.00am – 4.00pm in David Sands carpark: 'People's Bible': Your chance to take part in a national project to write out the Bible by hand (see separate Biblefresh article for details)

Tue 26 2.30pm Causeway Court Service

8.00pm – Prayer Meeting

Fri 29 7.29pm Praise and Prayer Evening in preparation for Family Week

Sun 31 10.30 All-age Service for Family Week

August

Mon 1 – Fri 5 Family Week. Morning sessions 10-12: Kinross Parish Church (see separate notice below for details).

FAMILY WEEK

1-5 August in Kinross Parish Church.

Children who will be starting school August 2012 up to S4 at High School will be warmly welcomed.

Registration forms can be obtained by email from kinrossparishchurch@hotmail.co.uk, or from the Church office which is open 10-12 each day. Completed forms can be handed to the Church office. We would encourage parents to pre-register their children as soon as possible.

Morning programme - Stories of Moses from the Bible, Songs, Craft, Games, Zoomba, Challenges, juice and biscuits. Afternoon activities and evening activities will be advertised at the start of the week. BBQ in the church grounds on Friday evening.

This is the 25th year of Family Week. Our aim has always been 'To show the love of Jesus in a fun filled week'.

Enquiries to Margaret Michie tel 01592 840602.

Orwell and Portmoak Parish Church

Church of Scotland

Interim Moderator & Locum Minister - Rev Duncan Stenhouse

E-mail: orwellportmoakchurch@yahoo.co.uk

Sunday Worship, Junior Church and crèche:

10am Portmoak Village Hall (until church is repaired),

11.30am Orwell Church.

Prayer Meeting held 30mins before each service

3 July - 10.30am, Portmoak Festival Marquee service at the Old Bee Garden, Kinnesswood. All welcome.

3 July - 6.30pm, Michael Bruce Memorial Service in Portmoak Hall, beginning with the Wreath-laying ceremony at the Michael Bruce Memorial in Portmoak Churchyard.

Address given by The Very Reverend Sheilagh M. Kesting BA BD DD.

United Service most weeks at 6.30pm in Orwell Hall (check weekly Order of Service for details).

Service at Ashley House: first Thursday of the month at 2.30pm

Services at Levensen: first Tuesday of the month at 4pm

Morning Prayers at 9am

in Portmoak New Room on Monday and Thursday each week in Orwell Church on Tuesday and Friday each week

Church office & shop open Mon – Sat. 10am until 2pm. Christian cards, gifts, bibles & books for sale. Also internet access; printing & copying facilities; recycle ink toners, spectacles, stamps & batteries. Meeting room available to let.

Contact the Office 01577 861200
orwellportmoakchurch@yahoo.co.uk

Kinross Christian Fellowship

Further information: (01577) 863509

Jesus said, "I come among you as one who serves."

Church and Children's Sunday Club

Every Sunday at 10.30am

in the Millbridge Hall, Old Causeway, Kinross.

During each service there will be a time for ministry and prayer for healing.

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Call **ALAN** Home 01577 865415

Mobile 07765167982

Cleish Parish Church Church of Scotland

Rev Joanne Finlay Telephone: (01577) 850231
E-mail: joanne.finlay196@btinternet.com
Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services 11.15am
Crèche 11.15am
Junior Church 11.15am

July

Sun 3 11.15am, Sacrament of Baptism.
7.30pm Enquirers Group (meet in manse).
Sun 10 11.15am Preacher, Rev. Joanne Finlay.
Sun 17 11.15am Preacher, Rev. Joanne Finlay.
Sun 24 11.15am Morning Worship.
Sun 31 11.15am Morning Worship.

Friday 1 July, 11am, Cleish Primary School Assembly.

St Paul's Scottish Episcopal Church

Muir, Kinross, KY13 8AY

Mrs Sarah Oxnard Telephone: (01577) 864213
Mr Sandy Smith Telephone: (01577) 862536

Website: www.stpauls-kinross.co.uk

July Services

Sun 3 8.30am Holy Communion.
11.00am Sung Eucharist.
Sun 10 11.00am Sung Eucharist.
Sun 17 11.00am Sung Eucharist.
Sun 24 11.00am, Sung Eucharist.
Sun 31 11.00am, Sung Eucharist.

2nd Tuesday of month 7.30pm informal worship in meeting room.

Everyone welcome at all services

Sunday School and Crèche during the 11.00am Services.

Thursday Morning 10am, group Bible Study. Everyone welcome.
For further information, please contact Jan Campbell, telephone (01577) 862391.

Kinross Christian Fellowship Evening Service

On the second Sunday of every month, the Fellowship will be holding an evening service beginning at 6.30pm. There is no formal format envisaged; however, it may be expected that it will include lots of praise, worship, and joy in the LORD. Everyone is welcome, irrespective of faith or denomination, and we look forward to seeing - and hearing - you. For more information please contact Peter on 01577 863509. On behalf of KCF, God bless.

Kinross Gospel Hall

Montgomery Street, Kinross
Website: www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.00pm	Sunday School
	6.00pm	Prayer Meeting
	6.30pm	Gospel Meeting
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Wednesday	6.30pm	Children's Club (term time)

Looking for Contact Details?

For listings of local clubs, businesses, public services and more, visit www.kinross.cc

Fossoway Parish Church Church of Scotland

Rev Joanne Finlay Telephone: (01577) 850231
E-mail: joanne.finlay196@btinternet.com
Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services at 9.45am

Junior Church, crèche,

"Wrigglers Group" (0-3 year olds) at 9.45am,

Tots Music: Friday mornings in hall, 9.30am

Café Refresh: Every Thursday, church hall, 2-4pm

Yoga classes: Mondays 7-8.30pm

Teenage Group first Sunday of month 9.45am

(Sunday evenings - details from Margaret Hamblin 850252)

Joint Choir: Wednesday evenings, 7.30pm.

July

Sun 3 9.45am: Preacher, Reader Brian Ogilvie.
7.30pm Enquirer's Group (meet in manse).

Sun 10 9.45am: Preacher, Rev. Joanne Finlay.

Sun 17 9.45am: Preacher: Rev. Joanne Finlay.

Sun 24 9.45am: Morning Worship.

Sat 31 9.45am: Morning Worship.

St James's R C Church

5 High Street, Kinross, KY13 8AW

Father Colin Golden Telephone: (01577) 863329

Mass Times Saturday Vigil 7.00pm
Sunday 9.30am

Please look out for other information on other parish activities in the Sunday newsletter.

LOCH LEVEN CYCLES

NEW: Hybrid cycle hire

NEW: Range of Endura clothing

Selection of good quality new cycles

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Prompt repair, free estimate & advice

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www.lochlevencycles.co.uk

Also on Facebook & Twitter

biblefresh

It could change your world

This summer *The People's Bible* takes the Bible out to high streets and city centres all over Britain as part of the 400th anniversary celebrations of the publication of the King James Bible. Since 1611 it has been one of the world's most influential books, now more freely available than ever but, sadly, not so widely read as in previous generations. A roadshow touring the country will set up writing stations, or 'scribe pods' where everyone will have the opportunity to write two Bible verses and make their mark in history. A national celebration service in Westminster Abbey on 16th November (16.11) will mark the Anniversary Year when a presentation of this unique Bible will be made to the Queen. *The People's Bible* is exactly what it will be – a Bible written by the people. The exciting news is that Kinross has been chosen as a roadshow venue and will host a writing station on **Sunday 24 July** from 10am until 4pm in **David Sands Car park**. Everyone is invited to come and write two verses of scripture in their own hand. The writing will be done with a digital pen, so that this one-off edition can be read as a book and can be explored on-line as well. Come and write the verses, then check it out at home on your computer! Around the country, people of all ages, backgrounds and beliefs will have the opportunity to connect with a passage of the Bible and really make it their own.

In June this column invited you to be part of a Readathon when the complete text of the New Testament was read aloud during two 12-hour days. We would like to record appreciation to the 103 people who responded - from Primary 5 right through the age spectrum to a great granny. Many people have spoken of the impact it made on them, the listeners as well as the readers.

Another fresh opportunity to engage with the Word of God comes to Kinross on 24 July. Don't miss this unique chance to make your mark in history!

Kinross Parish Church www.kinrossparishchurch.org
Biblefresh www.biblefresh.com
The People's Bible www.thepeoplesbible.org



Recently bereaved? Needing some support?

AMONGST FRIENDS

(Bereavement Group)
meets at the Health Centre, Kinross
on the last Friday of the month, 2.30pm to 4pm
A warm welcome awaits all
For details phone Marg 01577 863557

Obituary

EDGAR – Margaret, of Kinnesswood, died peacefully on Thursday 2 June 2011 at the Victoria Hospital, Kirkcaldy after a short illness, aged 83 years. A much loved Mum and with eleven grandchildren, eleven great-grandchildren and two bumps, a sadly missed Nana.

The funeral took place on Thursday 9 June at Perth crematorium. Many thanks to all family and friends who paid their respects and for the generous donations to the Sick Kids Hospital, Edinburgh; a total of £247.87 raised. Thanks also to the staff of ward 11 at Victoria Hospital, the Rev Duncan Stenhouse and to Stewart Funeral Directors, Kinross. Thanks also to Ronnie and Tanya at the Well Inn, Scotlandwell.

Acknowledgement

PORTER – Patricia, Moira, James and all the family would like to thank all relatives, friends and neighbours for cards, letters and flowers, and all who paid their respect at Orwell Parish Church. Thanks to Dr McCracken for his care and attention to Jessie and support to the family. Thanks also to Rev Duncan Stenhouse for his kind words and uplifting service. Thanks for Stewart Funeral Directors for their excellent handling of the funeral arrangements. The generous donations made at the end of the service amounted to £954.92 in aid of Cancer Research UK.

Healing Rooms Kinross

Healing Rooms - simply a place where people come to get Christian prayer for healing.

Kinross Healing Rooms has now been open for well over three years! Every Thursday without fail (excluding Christmas Day) from 11am to 1pm. Take a walk down to the Millbridge Hall and check us out. And, as it is a purely Christian ministry, there is no charge and no appointment is necessary. People from all walks of life are included: believers, non-believers and the 'don't knows'. We don't counsel or offer advice on any subject - we simply pray a Christian prayer for healing.

Not sure? That's okay, come and see us anyway, you may be assured of a warm friendly welcome, in a warm friendly atmosphere. (We even offer free refreshments, including lunch, in the attractive cafe area!) You have literally nothing to lose, but perhaps a great deal to gain. We do look forward to meeting you.

For further information please call 07766515950, 07773717339 or go to www.healingrooms-scotland.com

'Mission Rescue'

Family Week 1 – 5 August
Monday – Friday 10am – 12noon
At Kinross Parish Church

'Mission Rescue' is this year's summer holiday family week, organised by churches in Kinross. There will be a secret agent theme as we explore a message from the bible in a fun way with songs, dancing, stories, games, crafts and drama. The age range is from those just about to start school up to S4.

Parents can help their children to get straight into the fun by registering them in advance through Kinross Parish Church office (telephone 01577 862570 or email kinrossparishchurch@hotmail.co.uk) or, from late May, on line at www.kinrossparishchurch.org

Playgroups & Nurseries

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell
(only 10 mins from Milnathort and Kinross)

Babies and Toddlers (birth – 3yrs)

Tues 10:00am - 11:30am

Playgroup (2yrs onwards)

Mon & Fri 10:00am – 12noon

Contact Carolyn Robertson 01383 831129

LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

Session times (term time only)

Tuesdays 9.30 - 11.15, Fridays 9.30 - 11.15

Contact - Aileen 07866 670745

All Mothers, Fathers, and Carers with children aged birth to 5 years are welcome to attend.

LOCHLEVEN TWOS CLUB

Masonic Hall, The Muirs, Kinross

Thursdays 9.30 to 11.15 (term time only)

Suitable for children from about 18 months to preschool with their/parent carer. Activities include painting, craft, dressing up, stories, singing as well as a variety of toys. A snack is also provided. Registration is unlimited with a maximum of 20 children per session. Younger siblings also welcome.

Contact Sophie Irvine on 01577 863288
for further details,
or email bunnyirvine@btinternet.com

FOSSOWAY TODDLERS

The Institute, Crook of Devon

Wednesday 9.30 a.m. - 11.15 am

All Mums to-be and Mothers, Fathers and Carers with children aged birth to 3 years are welcome to attend.

Contact - Fiona Eastop 01577 864194

FOSSOWAY PRE-SCHOOL GROUP

Glenbank Cottage, Powmill

Partner-provider for P&K Education

Places available for 3-5-year-olds and Rising Fives

Sessions daily 9.30 – 12 noon

Contact Pat Irvine 07703 177766 or
www.childcarelink.gov.uk/perthandkinross



SWANSACRE PLAYGROUP

21-23 Swansacre

Kinross-shire Playgroup Association

Aka Swansacre Playgroup

Registered Scottish Charity Number SCO17748

TEL: 01577 862071



Swansacre Playgroup provides a warm, friendly, and stimulating environment in which children can learn and develop through play.

Playgroup sessions

Mon to Fri 9.15-11.45am and Fri 12.45-3.15pm

Children from the age of 2 yrs welcome.

Rising Fives sessions

Mon & Wed 1.00-3.15pm, with Lunch Club beforehand.

This is complementary to morning Nursery.

Spaces available for both Playgroup and Rising Fives.

For more information, please contact

Kim 07504 445949 or Playgroup 01577 862071

Baby and Toddler Group – Thurs 1-3pm

Ante-natal to pre-school.

Fun for children; coffee and chat for the parent/carers.

For more information, please contact Caron 01577 861607.

The premises are available to hire for Private Functions.

For more information, contact Michelle 07894 305272.



MILNATHORT BABIES & TODDLERS

Orwell Church Hall, Milnathort

Milnathort Babies and Toddlers offer a relaxed, friendly environment.

Tea/coffee for mums, dads and carers, healthy snack and fun for the children.

Children aged birth to 3 years (5 years if attending with younger sibling) are welcome.

Thursday & Friday, 10am – 11.30am.

For more information please contact Charlotte Giacobazzi
on 07740 600424

or e-mail charlottegiacobazzi@yahoo.co.uk.

GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Wednesdays, 9.30-11.30am.

Healthy snack for children

Coffee/tea & biscuits for carer

Lots of toys

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Lucie on 07810 201935 or just come along!



Notices



Rainbows, Brownies and Guides

Invite you to

A GIANT TEA PARTY

Saturday 2 July 1-4 pm

at the Guide and Scout Hall
Church Street, Milnathort

Stalls, raffle, games,
Crafts to make and buy,
Tea and cake



Bishopshire Horticultural Society

Best kept garden competition

1-7 July

Annual Flower Show

Saturday 20 August



Regular patrons and intending competitors can pay the annual membership fee and obtain a schedule by contacting any of these committee members:

Lorna Ainsworth 840571
Janette Gardiner 840352
David Martin 840216

Sylvia Herrington 840519
Shelagh Goudie 840200
Eleanor White 840681

We will be delighted to welcome new members to the society and look forward to seeing our regular exhibitors again this year. We hope that you will be able to give us your continued support.

Glenfarg United FC

Sponsored by

Binn Skips Lochleven Windows
Black & Veatch A & K Maintenance

The club is currently looking for players to complement the existing squad for season 2011/12 in the Perth Amateur League.

For more details contact: Alan Fairweather 07884442128
Andy Leeds 07990540622
Andy Gourley 07725190401

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone on 01738 626666 or 08457 909090

Email us jo@samaritans.org

or **visit** us at 3 King's Place, Perth, PH2 8AA

Mondays 1630 – 2130 Thursdays 1630 – 1900

Wednesdays 0830 – 1100 Fridays 1000 – 1630

and 1930 – 2130 Sundays 0800 – 2130

No pressure, no names, no judgment.

We're here for you, anytime.

Michael Bruce Trust Annual Service of Commemoration

Sunday 3 July

Each summer the Michael Bruce Trust invites people from Kinross-shire and beyond to celebrate the life and work of the "Gentle Poet of Loch Leven", Michael Bruce (1747-1767), in a service of commemoration. This year's service, which rounds off the annual Portmoak Festival, will be held on Sunday 3 July. Because of water damage, the service will not be held in Portmoak Parish Church as usual. This year the service will begin at 6.30pm in the churchyard with the laying of the wreath on the poet's grave by the Trust Chairman. The service will then continue in Portmoak Village Hall at 6.40pm.

The Michael Bruce Service of Commemoration will be conducted by the locum minister of Orwell and Portmoak, the Rev. Duncan Stenhouse, and the guest speaker will be the Very Rev. Sheilagh M Kesting, BA, BD, DD, Moderator of the General Assembly of the Church of Scotland in 2007-08.

Tea will be served in the hall after the service. All are welcome.

Portmoak Festival

26 June – 3 July

There are still a few Festival events happening as we enter July. See last month's Newsletter for full details, or visit the Festival website: www.portmoakfestival.org.uk

Mah Jong

Anyone interested in playing Mah Jong?

Whether you are an experienced player or beginner, if you would like to play locally then please get in touch with Joan Gibson on 01577 865895 or joanpgibson@mpostoffice.co.uk

Mindspace



Mindspace is the counselling service for Perth Association for Mental Health (www.pamh.co.uk). We have Young People's Counsellors working in Kinross one day a week. Clients can self-refer via email to info@mindspacepk.com; by telephone on 01738 631639, or by visiting our website at www.mindspacepk.com and filling in a referral form. Clients can also be referred by their GP. Mindspace also offers counselling to adults (18+) at their offices in Perth.

CLARITY BOOKKEEPING

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Services tailored for your business

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At your premises or collect and return service

01577 863484 / 07803 173967

Email: andrew@claritybookkeeping.co.uk

181st Kinross Show

Kinross House
Saturday 13 August

Cattle Sheep Goats Horses Rare breeds

New for 2011: Grand Open Stock Judging
(see separate notice below)

Dog Show Flower Show Art & Craft SWRI
Highland Dance Competition 11am

Entertainment from 2pm
Vintage Tractors

Children's Fancy Dress, 12yrs and under
with or without pony or donkey

Admission: Adults £7, Conc £3, Family £18

Any enquiries: M Morgan 01592 840030, E:belmonte70@aol.com

Kinross Show, 13 August

Kinross & District JAC

Grand Open Stock Judging- New for 2011

Sponsored by Harbro Ltd, East Coast Viners & Scotbeef

Class 1. Dairy Cattle Class 3. Pedigree Sheep
Class 2. Beef Cattle Class 4. Cross Sheep

Entry for all £3.00

£300 in Total Prize Money

Open Individuals 1st £100, 2nd £50, 3rd £25

1st Young Farmer (under 26) 1st £50, 2nd £25, 3rd £15

Juniors (16 and under) 1st £20, 2nd £10, 3rd £5

Entries taken on the day at JAC Marquee between 10am
until 12.00 noon. Judging commences 1.00pm prompt.



Tel: 01592 890583
Mob: 07826 244765

email: FERNIEJIMMYF@aol.com
www.greyhoundrescuefive.com

Volunteers needed for our Kennels

16 years and over please

Baltree Country Centre, Gairneybank,
Kinross, KY13 0LF

Please call or email for details

Give A Hound A Home

Why not come along and see our homeless hounds
contact us to arrange a suitable time to visit.
phone number 01592 890583 (evenings) Mobile 07826 244765
you can email us on FERNIEJIMMYF@aol.com.

Milnathort FILMHOUSE

forthcoming films

Sunday 4 September **WALL-E (U)** 3pm

Sunday 30 October **Nanny McPhee (U)** 3pm

Saturday 24 December **The Snowman (U)** 5pm

*Tickets from Milnathort Post Office two weeks before
screening. Films shown in Milnathort Town Hall.*

Newsletter Deadlines 2011

In rare circumstances it may be necessary to change a
deadline at short notice. Check Newsletter website for latest
information: www.kinrossnewsletter.org

Issue	Display Ads Deadline	Copy Deadline	Publication Date
August	15 Jul	Mon 18 Jul	Sat 30 Jul
September	19 Aug	Mon 22 Aug	Sat 3 Sep
October	16 Sep	Mon 19 Sep	Sat 1 Oct
November	14 Oct	Mon 17 Oct	Sat 29 Oct
December	18 Nov	Mon 21 Nov	Sat 3 Dec

Dyslexia Drop-in Session

There will be **NO** sessions in June, July or August.

baby massage and you



Learn baby massage techniques along to well known
nursery rhymes in a relaxed fun environment.
An opportunity to meet other parents and share experiences.

Baby massage, carried out on a regular basis,
can aid with digestion, relieve colic and ease tension.
It is also an excellent way of introducing
positive touch and early play.

Reserve your place now

Please visit www.babymassageandyou.co.uk
for more information or contact
Lisa Spalding on **01577 864428 / 07825648221**



Fully qualified baby massage
instructor/Member of the
Guild of Infant and Child Massage

Kinross-shire Day Centre

64 High Street, Kinross

OPEN DAY

Wednesday 10 August

10am – Noon & 1pm– 3pm

Kinross-shire Day Centre is holding an Open Day to promote the services of the Day Centre.

Everyone is welcome to come along and have a look at the facilities and activities provided.

If you or someone you know would benefit from spending the day with a great bunch of lively over 65 year olds please come along and see for yourself what we do. We guarantee not to disappoint.

If you require transport please phone Nan Cook, Manager at the Day Centre in advance on 01577 863869.

Tea and coffee will be provided.

Blythswood Care

(The Newsletter does not always have space to publish the full details regarding items which can and cannot be accepted, so readers may wish to cut out this Notice for future reference)

The Round South Truck accepts small items of furniture, clothing and bric à brac. The uplift of any larger items of furniture (e.g. sofas, beds, wardrobes etc) can be arranged by phoning Hillington on 0141 882 0585. All soft furnishings (e.g. beds, sofas, three-piece suites etc) donated to Blythswood Care must have a fire label with the British Standards code (BS7177) attached to it.

We regret that the Round South Truck cannot accept books. We are also unable to accept bikes, carpets, coat hangers, gas appliances, prams, televisions, small electrical appliances, exercise equipment or wall units.

The next collections will take place on

Tuesday 19 July

between 10.30am and 11am

in Sainsbury's car park

(if car park is full, van will park nearby,
e.g. Park & Ride or Ochil View)

Loch Leven Community Campus Partnership

As a member of the Community, your views and ideas in the development of this facility can be represented through the Partnership.

Contact the Loch Leven Community Partnership on campuspartnership@kinrosshigh.pkc.sch.uk

Perth Association for Mental Health

PAMH is a community based non-profit organisation providing services for people recovering from mental health problems. PAMH offers Counselling, Day Services and hosts a Depression Support Group and Bipolar Support Group. For more information telephone (01738) 639657. Website: www.pamh.co.uk

Take Control of Your Life NOW!!!

After great success with our "Get it Sorted" workshop series in Glasgow and Edinburgh, Ascent NLP are now bringing these workshops to Perth & Kinross.

"Get it Sorted" is a series of 4 taster workshops designed to help you to sort out your Life, your Relationships, your Head and your Work!

Each workshop runs for 2 hours and is designed to be fun yet thought provoking, to help you take control of your life!

Each workshop costs £10 or...

Take advantage of our

★ ★ ★ **Special Offer** ★ ★ ★

Buy 3 workshops and get the 4th FREE
all 4 for just £30!

"One of the best "after-hours" sessions I've attended.

Definitely worth the time investment." Joanne

"I have gained a great deal from the course and thoroughly enjoyed it.

It has improved my confidence and self-esteem. Thank you." Joanna

a s c e n t
perceive • believe • achieve



For more information or to book YOUR place,
call us NOW on 0843 330 8729
www.ascentnlp.co.uk

Wednesday July 20th

Sort out your

Life

This workshop helps you to learn what REALLY motivates you, what you REALLY want to do and what you REALLY want out of your life.

Wednesday July 27th

Sort out your

Relationship

Feel you are speaking a different language?
From a different planet?

In this workshop we will teach you the secrets of good communications within a relationship.

Wednesday August 3rd

Sort out your

Head

Do you want to learn how to eliminate all that emotional baggage you've been carrying around?
Get rid of that annoying habit or phobia?

This workshop provides an introduction to the tools & techniques used in the popular NLP coaching world.

Wednesday August 10th

Sort out your

Work

Difficulties communicating with your boss?
Teams not motivated or never gel together?
In this workshop we look at ways of improving communication with employees, managers and colleagues.

Workshops run from 7:30 - 9:30pm at
Milnathort Town Hall, New Road, Milnathort, KY13 9XT
Refreshments will be available!

Community Councils

Kinross: Secy: Mrs M Scott (01577) 862945

KinrossCommunityCouncil@pkc.gov.uk

Cleish & Blairadam: Secy: Mrs M Traylor (01383) 830059,

CleishCommunityCouncil@pkc.gov.uk

Milnathort: Secy: Mr J Giacopazzi (01577) 864025

MilnathortCommunityCouncil@pkc.gov.uk

Fossoway & District: Secy: Trudy Duffy-Wigman (01577) 840669,

FossowayCommunityCouncil@pkc.gov.uk

Portmoak: Secy: Mr J Bird (01592) 840368,

PortmoakCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
David Colliar	10 Rannoch Place	864037
Dave Cuthbert	Highfield Circle	861001
Barry M Davies (Vice Chair)	60 Lathro Park	865004
Bill Freeman	64 Muirs	865045
Ian Jack (Treasurer)	Burnbrae Grange	863980
Laura Mackay	Brunthill Farm	07872 499145
Dot Mackay	29 Green Park	864635
Margaret Scott (Secy)	21 Ross Street	862945
Campbell Watson (Chair)	7 Gallowhill Gardens	861544
David West	9 Leven Place	07824 313974

Perth and Kinross Councillors

Kathleen Baird, Easter Clunie, Newburgh, Fife, KY14 6EJ

Tel (home): 01337 840218.

Email: kbaird@pkc.gov.uk

Michael Barnacle, Moored, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ. Tel/Fax (home): 01577 840516.

Email: Michael@mabarnacle.freeserve.co.uk

Sandy Miller, c/o Perth & Kinross Council, 2 High Street, Perth, PH1 5PH. Tel (business): 01577 840462.

Email: SMiller@pkc.gov.uk

William Robertson, 85 South Street, Milnathort, Kinross, KY13 9XA. Tel (home): 01577 865178.

Email: wbrobertson@pkc.gov.uk

Kinross Recycling Centre, Bridgend

Opening Times: **Mondays to Fridays** 9am to 7pm
Saturdays and Sundays 9am to 5pm

Aluminium & Steel Cans, Car Batteries, Cardboard, Engine Oil, Fluorescent Tubes, Electricals (inc Fridges, Freezers, Televisions & Monitors), Garden Waste, Glass Bottles & Jars, Inert Waste, Metal, Paper, Phone Directories, Plastic Bottles, Textiles, Wood, Bicycles.

Fossoway and Cleish Community Office

A service for the Community, open:

Thursdays 2 pm - 4 pm

Saturdays 10am -12 noon

Out of hours there is an answering machine

Tel: 01577 840185 Email: fcoffice@btinternet.com

Regular Library Sessions for Young Children

At Loch Leven Community Library.

No need to book, just come along.

Story Telling

every Monday morning 10.15 – 10.45 am

and every Thursday afternoon 2.15 – 2.45 pm

Bookbug Rhymetimes

every Saturday 10.30 – 11 am

and every Wednesday 2.00 – 2.30 pm

Bookbug Library Challenge: For children aged 0 to 4: On each visit to the library, children are given a sticker. After collecting four stickers, they are awarded a certificate.

Member of Parliament for Ochil & South Perthshire Constituency Gordon Banks MP

www.gordonbanksmp.co.uk

Email: banksgr@parliament.uk

For dates and locations of regular advice surgeries, or to raise any concerns you may have, please contact the constituency office: telephone 01259 721536, fax 01259 216761 or write to 49-51 High Street, Alloa, FK10 1JF.

Members of the Scottish Parliament

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

MSP for Perthshire South and Kinross-shire Constituency

Roseanna Cunningham MSP (SNP) Tel: 0131 348 5697

Email: Roseanna.Cunningham.msp@scottish.parliament.uk

MSPs for Mid Scotland and Fife Region

Claire Baker MSP (Labour) Tel: 0131 348 6759

Email: Claire.Baker.msp@scottish.parliament.uk

Annabelle Ewing MSP (SNP) Tel: 0131 348 5066

Email: Annabelle.Ewing.msp@scottish.parliament.uk

Murdo Fraser MSP (Cons) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@scottish.parliament.uk

John Park MSP (Lab) Tel: 0131 348 6753

Email: John.Park.msp@scottish.parliament.uk

Willie Rennie MSP (Lib Dem) Tel: 0131 348 5803

Email: Willie.Rennie.msp@scottish.parliament.uk

Dr Richard Simpson MSP (Lab) Tel: 0131 348 6756

Email: Richard.Simpson.msp@scottish.parliament.uk

Elizabeth Smith MSP (Cons) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@scottish.parliament.uk

Mobile Library – Blairingone and Milnathort Every Second Wednesday

Next visits: Wednesday 13 and 27 July

Blairingone	9.30am - 9.45am
Westerloan, Milnathort	2.10pm - 3pm
Bridgefauld Road, Milnathort	3.05pm - 4pm
Any queries telephone AK Bell Library 01738 444949	

Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross, KY13 8FQ

Telephone: 01577 867205

Email: lochlevenlibrary@pkc.gov.uk

Opening Times

Monday	10am – 6pm
Tuesday, Wednesday, Thursday	10am – 8pm
Friday	10am – 6pm
Saturday	10am – 3pm

The Café

We invite you to join us at the Millbridge Hall between the hours of 11am and 1pm every Thursday. Tea, coffee, snacks or even lunch available (and you won't believe the prices!) Please drop in for a warm welcome in a very friendly atmosphere. All you have to do is simply turn up!

(The Cafe is brought to you by Kinross Christian Fellowship working together with Kinross Healing Rooms.)

Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

Linda Freeman

Tel: 01577 865045. Email: linda.freeman64@tesco.net

Kinross-shire *Day Centre*

**Table Tennis • Videos • Cards • Dominoes
Daily Papers • Chiropody • Trips • Exercises**

Weekly Programme

Monday	Elderberries	1.30 pm	
Tuesday	Bingo	1.30 pm	
Wednesday	Morning Service	10.45 am,	Quiz Afternoon 1.30 pm
	Dominoes	1.30 pm	Scrabble 1.30 pm
	Exercise Class	1.30 pm	
Thursday	Art Class	1.30 pm,	Film Afternoon 1.30 pm
	Dominoes	1.30 pm	
Friday	Scrabble	1.30 pm	Dominoes 1.30 pm

Additional Events for July

Day Trip Thursday 27th at 11.30 am



Coffee Bar open 9 am - 4 pm, Senior Citizens Lunches Daily

Telephone: 01577 863869



LOCAL CHEMIST INFORMATION



Rowlands Pharmacy, Kinross

(opposite David Sands)

Mon - Fri: 9.00 am - 6.00 pm

Saturday: 9.00 am - 5.00 pm

Tel: 862422

Davidson's Chemist, Milnathort

Mon to Fri: 9.00 am - 1.00 pm &

2.00 pm - 6.00 pm

Saturday: 9.00 am - 12.30 pm

Tel: 862219



Sundays: The nearest open pharmacy is Asda, Dunfermline

Perth & Kinross Council

www.pkc.gov.uk

Customer Service Centre

Tel: 01738 475000

(Mon to Fri, 8am-6pm)

Out of Hours Emergencies

Tel: 01738 625411

(Roads, flooding, environmental health and dangerous buildings)

Clarence (for non-emergency road and lighting defects)

Tel: 0800 232323

Hedges/Bushes/Trees Causing Obstruction

Property owners are reminded that it is their responsibility to cut back hedges, branches, bushes etc to ensure that pavements and public footpaths are not obstructed. Property owners may be liable if injury is caused to others and may be charged costs if Perth & Kinross Council is forced to take action.

Kinross-shire Volunteer Group and Rural Outreach Scheme

Registered Charity No. SC015642

Charges to service users (as at 1/10/10)

Perth, Dunfermline, Kirkcaldy	£10
Stirling	£12
Dundee, Edinburgh	£18
Stracathro	£25
Loch Leven Health Centre, Kinross/Milnathort	£3
Loch Leven Health Centre, outreach area	£5

Co-ordinator: Ann Munro 01577 840196.



Perth Citizens Advice Bureau

The Kinross Outreach Advice Surgery is held on the second and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, The Muirs, Kinross. The next visits are:

12 and 26 July

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you – our advice is free, confidential, impartial and independent. Contact us: Advice line 01738 450580; Appointment line 01738 450581.

Disability Sport

There are many activities for people with disabilities at local, regional and national level which welcome people with physical, learning and sensory disabilities. Sports available include swimming, athletics, boccia and bowling. If you would like further information or would like to be included on an email distribution list to keep up-to-date with what is available, please contact Caroline Ness, Sports Development Officer by telephone on 01738 472242 or email CMNess@pkc.gov.uk

Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the [kinross.cc](http://www.kinross.cc) website before applying to **check whether a position is still available** (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Front End Developer (full time), Flintriver Design Strategies, Kinross

We are looking for a skilled front-end developer. The position requires knowledge of hands-on web development and ability to work closely with the creative team to deliver solid web experiences and solutions.

To discuss the position contact David Williams on 01577 866868 or email dwilliams@flintriver.co.uk

Lead Playleader/Playgroup Manager (part time), Portmoak Under 5's

Enthusiastic, motivated person required. Hours: Monday and Friday 9am – 1pm (term time only). SVQ level 4 in Children's Care (or equivalent) required. Will consider unqualified candidates who could obtain appropriate qualification within 3 years. Closing date 7 July 2011.

For further info contact Geri Caldwell (Chairperson) 07921 957093 or gezbrennan@hotmail.com

Legal Secretary, Andersons LLP, Kinross

With some experience required for busy Solicitors and Estate Agents office in Kinross. The firm undertakes a wide variety of work and the position involves general secretarial duties for our chamber practice. Applicants should have good computer skills with a working knowledge of Word, Excel and Outlook, as well as a pleasant telephone manner. This is a full-time position and the successful applicant will be expected to work on their own initiative and will have a good client contact.

We are a small but friendly and supportive team offering pleasant surroundings and a modern working environment.

The salary will be commensurate with experience.

Please apply in writing enclosing a current CV to: Mr C C Watson, Andersons LLP, Solicitors, 40 High Street, Kinross KY13 8AN.

Milnathort Community Council

The composition of Milnathort Community Council as of the election of 24 June 2010 is as follows:

Bruce Hamilton (Chairman)	Newhill Farm, Glenfarg
David Cottingham (Vice Chair)	Middleton House, Milnathort
Joseph Giacomazzi (Secretary)	1 Greenburn Field, Milnathort
Lynne Bennet (Treasurer)	1 Reid Crescent, Milnathort
Patrick Milne-Home	Craigow, Milnathort
Sandy Smith	21 Church Street, Milnathort
Robert Halford	Nether Tillyrie Cottage,
	Tillyrie House, Milnathort
Dorothy Thomson	

School Dates

For local authority schools, the current academic year ends on **Friday 1 July 2011**.

School resumes again for pupils on **Tuesday 16 August 2011**.

21st Fiddlers' Rally

Dunfermline Strathspey and Reel Society

presents approximately 70 musicians from all over Scotland under the baton of Ron Smith. With Guest Artist

Jenny Hanson, North of England Irish Fiddle Champion.

SATURDAY 10 SEPTEMBER

7 pm, Carnegie Hall, East Port, Dunfermline

Tickets £10, £8 Concessions. Telephone 01383 602302

For more information: www.dunfermlinesrs.co.uk

Classified Adverts

The Newsletter publishes items for sale listed on the [kinross.cc](http://www.kinross.cc) website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter.

Items for Sale

Samsung Blu Ray DVD Player **£45.00**

Black, front loading with remote control, used only a few times, in very good condition.

Matching Sitting room furniture **£45.00**

Scroll design shelved unit, with 2 matching DVD/CD units and matching 3 nest of tables. In good condition.

For above items contact: Carol Sutherland 01577 862648 carol853021@aol.com

Ingolf Ikea Highchair **£15.00**

White in colour. Excellent condition.

Faux Leather Super King Bed Frame **£100.00**

6 months old (too big for our bedroom in new home). Excellent condition.

For above items contact: Wendy McEwan 07756 084601 wendy@clanmcewan.co.uk

Land Rover magazines **£20.00**

Over 50 Land Rover and off road magazines, LRO and LRM. Some excellent, some good and some "thumbed through" condition.

Electrically operated Bath Lift **£50.00**

Made by "Bath Knight". Any enquiries please call.

Ceiling Fan **£15.00**

Brass and dark wood finish with four blades, glass light shade and variable speed.

For above items contact: Angela Prescott 01577 862733

Kitchen Bar Stool **£25.00**

4 x Kitchen bar stools (blue with blue/white striped seat pad).

Seller details: Louise Blackwood 01577 864480 blackwoodlogo@hotmail.com

Gel fireplace **£50.00**

3 burner gel fireplace.

Seller details: Jill Boyd, jill.boyd1@btinternet.com

WC, Basin and Unit **£50.00 per set**

3 sets of WC, cistern, basin, taps and storage unit. Good condition.

Seller details: Stephen Bolland 07967 741870 Stephen@stephenseventeen.co.uk

Tutti Bambini Sleigh Cot Bed **£75.00**

Cot bed with adjustable base height, with drawer. Walnut finish. Includes washable mattress.

Seller details: Lynne Gallagher 01577 866747 lynnegall@btconnect.com

Trampoline **£200.00**

Rectangular trampoline 11 ft x 8 ft 6", good condition, stored away in winter, 5 years old, £400 new.

Seller details: Sam Hutchison 01577 861025 s.hutchison1.09@aberdeen.ac.uk

Wanted: Dressmaker's Dummy

Size 10 or adjustable. Contact:

Marie Young, 01577 865205, raymaryyoung7@onetel.com

Diary

*A more extensive and regularly updated
Diary of Events can be found on www.kinross.cc*

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