



Kinross Newsletter



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DEADLINE for the March Issue

**5.00 pm, Friday
10 February 2012**

for publication on
Saturday 25 February 2012

Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge (we only charge for business advertising – see below right). All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletter.org
(all emails will be acknowledged)

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Commercial Advertising in the Newsletter

Display Adverts

For details on how to place a Display Advert, please go to our website www.kinrossnewsletter.org and click on Advertising for full details, or contact our Advertising Manager.

Typed Adverts

A typed advert may be placed for one or more months. These adverts are text only (no graphics allowed). Prices shown are effective from April 2011 issue. There are two rates:

Up to NINE lines (including blank lines)	£7.00 per insertion
TEN to FIFTEEN lines (including blank lines)	£13.00 per insertion

As a guide, eight words is the maximum that can be fitted on a line. To place a Typed Advert, contact our Advertising Manager, Ann Harley (see left for contact details). You will need to send her:

- Your name, address, telephone number and, optionally, email address.
- The wording of your advert.
- A note of the number of insertions required.
- Your remittance – cheques payable to “Kinross Newsletter Ltd”.

Send all this to the Advertising Manager by the normal monthly Newsletter deadline (see top of left-hand column for date).

The Newsletter reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a Typed Advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy.

Editor Eileen Thomas **Typesetting and Layout** Tony Dyson **Distribution** Lee Scammacca
Advertising Ann Harley **Treasurer** Ross McConnell **Word Processing and Subscriptions** Julia Fulton



Letters

Editorial

Times they are a-changing

Shortly before going to press, we learned that the Kinross-based, family-owned business, David Sands, has sold its chain of 28 convenience stores to the Co-operative. This marks the end of 200 years of independent trading by the store in Kinross. Another change to our High Street recently was, sadly, the closure of Sporting Chance. However, December saw the arrival of Winski's, a family business offering watch and jewellery sales and repairs; we welcome Winski's and wish them every success.

Local Development Plan

As we were producing this Newsletter, the Council approved the draft Local Development Plan and it now goes out to public consultation. Find out more on page 3.

Being [t]here Exhibition

We apologise for giving the wrong end-date for the exhibition about the County Buildings, currently running at the Library at the Community Campus. The exhibition continues until Thursday 31 January. (See page 11 for more information.)

Changing Newsletter Deadline

As explained in the last issue, the Newsletter will be changing its deadline from a Monday to a Friday, and will be slightly earlier in the month. If your organisation might be caused difficulty by this, e.g. because of when your monthly meeting falls, please contact the editor and it might be possible to make special arrangements for your submissions, depending on your circumstances. The new deadline takes effect in February for the March issue.

Note to Contributors

A great deal of the Newsletter comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the Newsletter.

Letters Policy

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the Newsletter. The Newsletter does not necessarily agree with any of the views expressed on the Letters pages. In *special circumstances* addresses may be withheld from publication on request (but must still be supplied to the editor).

Note to Readers: Advertising

Inclusion of advertisements in the Newsletter does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

Abbreviations:

PKC: Perth & Kinross Council
CC: Community Council
Cllr: Councillor
CCllr: Community Councillor

News from Councillor Baird

9 Jan 2012

Dear Residents,

Storms: I hope by the time you read this that the worst of the winter is past. None of us were prepared for the violent storm of early January when many of us were without power for a considerable time and some unfortunately had severe damage to property. Trees in the Donaldson Park did cause considerable damage despite the council's assurance to householder and councillors that the trees were safe. It is fortunate that no one was hurt. Thank you to all who worked to restore power in very unpleasant conditions.

The draft Local Development Plan has been published and I urge anyone with an interest to attend one of the public events/exhibitions which will be held starting in mid February. All information will be available on line. All representations must be submitted by 9 April. This is your opportunity to contribute to the future development of Perth & Kinross.

Yours sincerely

Councillor Kathleen Baird

Note from Editor: more information regarding the LDP consultation has arrived since Cllr Baird submitted her letter. Please see p. 3.

Plant Sale in aid of CHAS

1 Jan 2012

I hope to do a plant sale in my garden again this year but am running very short of plant pots. If you have any lying around in your greenhouse, shed or garage I can recycle them – any size at all. Cells for bedding plants, seed trays, troughs, planters would also be a great help.

You can telephone or e-mail me and I'll collect, or you can drop them off at the address below – just put them over the garden gate if I'm not in as I'll probably be in the garden anyway!

Jean Miller

24 Gallowhill Road, Kinross

Tel: 862347

Email: j2miller@hotmail.com

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Newsletter Deadlines

A list of future deadlines can be found on our website

www.kinrossnewsletter.org



News & Articles

Development Plan reaches next stage

At a special Council meeting on 10 January, Perth & Kinross Councillors approved the proposed Local Development Plan (LDP), with some amendments. The Plan will be published on 30 January and go out to public consultation for a ten-week period.

The LDP sets out the Council's vision for future development across the area and identifies a land-use framework for housing development, employment land, transport infrastructure and areas of environmental importance that will be protected.

It brings together previously separate local area plans and policies into one comprehensive document that considers the future sustainable development of the whole of Perth and Kinross.

In the column he has written (*see right*), Cllr Willie Robertson outlines some of the proposals for Kinross-shire. The Council is holding a briefing session for Community Councillors on the proposed plan on Saturday 21 January, and CCs should have received letters about this.

Drop-in consultation sessions

There will be drop-in sessions for members of the public to view and comment on the LDP. Locally, these will take place in the **Loch Leven Community Campus**, Muirs, Kinross as follows:

SATURDAY 18 FEBRUARY 10am - 3.30pm
WEDNESDAY 14 MARCH 2pm - 8pm

In addition, Cllr Mike Barnacle intends to organise consultations covering the Fossoway, Cleish, Balado and Portmoak areas. Residents are urged to look out for arrangements on local notice boards.

Recycling News

Plastic bag recycling pilot ends

The trial recycling scheme which ran at the Kinross Recycling Centre in the latter half of 2011 to assess the feasibility of collecting various types of plastic has now ended. The outcome of the pilot was that it was possible to collect and recycle rigid plastics but **NOT** polystyrene, plastic bags or plastic liners.

Rigid plastic containers such as bottles, yogurt pots, fruit punnets etc can continue to be recycled via blue-lidded bins and at the Kinross Recycling Centre.

Recycle your Christmas cards

Christmas cards and non-metallic wrapping paper can be recycled via blue-lidded bins or at paper banks and Recycling Centres.

Paint donations suspended

The paint re-use facility at the Friarton Recycling Centre in Perth has ceased for the time being. The charitable organisation which used the paint now wishes to focus on other projects. PKC is in discussion with other paint reuse organisations and hopes to resume the collection of unwanted paint at Friarton some time in 2012.

Perth & Kinross Local Development Plan

by Councillor Willie Robertson

On 10 January PKC approved the new plan subject to one or two amendments and agreed that it be put out for a formal period of ten weeks to allow public representations to be made.

This consultation period will run from 30 January until 10 April.

In Kinross there are housing sites proposed for the land north of Lathro Park and for the land west of the north Springfield estate between the old railway line and the motorway.

There are also proposals to develop the land west of the M90, south of Turfhill for industrial/commercial use.

Major housing developments are proposed for Powmill and smaller ones for Milnathort, Balado and Scotlandwell.

Other sites in Kinross and Milnathort are identified as opportunity sites, which mean they can also be changed from their present commercial use to housing sites. These include the sites presently occupied by companies such as Forth Wines and Scottish Motor Auctions.

As advertised in the Newsletter (*see left*), there will be two public meetings at the Community Campus to give people a chance to speak to the Council's planners and air their views on the Proposed Plan.

The plan will be available to be viewed after 30 January in Kinross library and also on-line.

I would urge everyone to take these opportunities to view the plan and comment on any of its contents you are unhappy with.

The plan will guide the development of Kinross-shire for the next 12 years so is a very important document.

If anyone has any queries about the Proposed Plan and their role in this consultation process please don't hesitate to contact me.

Councillor Willie Robertson
 wbrobertson@pkc.gov.uk

Planning permission for conservation areas set to change

Anyone living in a conservation area in Perth and Kinross is being advised that, from Monday 6 February 2012, new national rules will come into force that mean most types of alterations and extensions to properties in these areas will need planning permission.

The new regulations will cover all extensions, the installation of replacement windows and doors, satellite dishes, rooflights, solar panels, and many other types of work.

If you are considering making any changes to your property, and think you may be in a conservation area, contact Perth & Kinross Council's Development Management team on 01738 475300 or email DevelopmentManagement@pkc.gov.uk to check to see if you will need to make an application.

Roseanna Cunningham welcomes Kinross Curlers to Parliament

Roseanna Cunningham MSP, Member of the Scottish Parliament for Perthshire South & Kinross-shire, hosted a meeting in the Scottish Parliament on 24 November 2011 to enable trustees from the Kinross Curling Trust to meet with MSPs, researchers and other opinion formers.

Trust members are seeking to raise awareness of their hope that a National Curling Centre can be established and that it should be based at the Market Park in Kinross.



l to r: Claire Baker MSP; Blair Melville, Trustee, Kinross Curling Trust; Roseanna Cunningham MSP; Bob Tait, Chairman, Kinross Curling Trust; Malcolm Strang-Steel, Director, Kinross Curling Trust. And on the screen behind them: Rhona Martin winning her gold medal at the Salt Lake City Winter Olympics in 2002.

Speaking following the event, Ms Cunningham said:

“As the constituency MSP for Kinross, I am happy to be able to assist the Kinross Curling Trust in spreading the word about their hopes that a National Curling Centre can be established in Kinross.

“Curling is not just a popular sport in many parts of Scotland, we are also very good at it. With Scotland ranked third in the world in men’s curling, and seventh in women’s curling, curling is without doubt Scotland’s most successful sport in terms of major championship medals - 15 in the last three years.

“The aim in establishing a National Curling Centre is to maintain and build on that existing success.

“Curling is an extremely popular sport in Kinross-shire, and the National Curling Centre project would provide an expanded replacement for the existing local curling rink which cannot currently meet local demand and could house the offices of the Royal Caledonian Curling Club and a curling museum.

“With Perth the home of the World Curling Federation as well as Dewars Ice Rink - also within my constituency - host to several national and international curling events, these facilities together would truly make Perth and Kinross the ‘Home of Curling’.”

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Better Place to Live Fair



Kinross-shire Community Learning and Development Group

Loch Leven Community Campus

Saturday 3 March, 10am - 3pm

Kinross-shire Community Learning and Development Group represent the local communities, services, groups and voluntary organisations and is organising the Better Place to Live Fair 2012 event.

The purpose of the fair is to provide an opportunity for the community to see what Kinross-shire has to offer. Community groups, businesses, voluntary organisations and services are invited to be involved in this event to promote community achievement and a sense of pride in Kinross-shire.

- Perhaps your group/organisation needs new members?
- Do you want to showcase your activities?
- Is your group/organisation proud of something they have recently achieved in the area and want to share it?
- The Campus has fantastic facilities to support groups and organisations to display your services.
- This is your opportunity to let everyone know about your group/organisation.
- There is no cost involved for community groups, voluntary organisations or services.
- A cost may apply for local businesses.

The closing date for this event is 1 February, so please book your space as soon as possible so that you or your group/organisation may gain a space at this exciting event.

To book your place please contact:

Tracey Ramsay tramsay@pkc.gov.uk **01577 867124**
Senior Community Capacity Building Worker
OR

Kerry Taylor KKtaylor@pkc.gov.uk **01577 867224**
Capacity Building Student

Vivien Clarke

Dyslexia and Literacy Consultant

Qualified and experienced GTCS registered teacher
Associate Member of the British Dyslexia Association
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vivienclarke@btinternet.com
01577 861323

Extra 10,000 at Friday T in the Park

The organisers of T in the Park have been given the go-ahead to sell an extra 10,000 day tickets for the Friday of the 2012 festival. This takes the day ticket attendance on the Friday from 5,000 (2011 figure) to 15,000 which, when added to the 70,000 camping capacity allowed for that day, brings the total expected to attend on the Friday in 2012 to 85,000. This will give the Friday the same capacity as the Saturday and Sunday.

The entertainment licence presently allows for 30,000 campers to be in place on the Thursday, meaning that 2012 will see 55,000 people arriving at Balado on the Friday.

The application for the increase in numbers was granted by PKC's Licensing Committee on 8 December 2011, despite an objection by Kinross Community Council.

Kinross CC might not have known about the proposal but for an alert by local Councillor Willie Robertson. This allowed the matter to be publicised in the December Newsletter and then discussed at the CC's December meeting, which was just the night before the Licensing Committee was due to meet.

The Newsletter notice resulted in several letters to the CC, which were read out at the meeting and an hour spent discussing T in the Park matters.

Points made in the letters included:

- The increase would defeat the purpose of staggering the number of festival-goers arriving each day.
- The increase, in effect, creates an extension to the number of "main event" nights.
- Noise nuisance from the campsite is not satisfactorily dealt with. (At the time the CC asked for views, it was not known that the increase was for day tickets rather than camping tickets.)
- Public safety concerns.

Kinross CC's objection was principally over the possible disruption to local traffic on a working day. The CC was also disappointed at the lack of formal consultation.

It is interesting to note that Community Councils are statutory consultees with regard to liquor licences, e.g. a local hotel or restaurant renewing a licence, but the local authority is not required to consult CCs about entertainment licences, even ones with a potentially huge impact, such as T in the Park's.

Perth & Kinross Council gave the Newsletter the following statement:

"We can confirm that an application to increase the capacity of the Friday of T in the Park by 10,000 was approved by the Licensing Committee on 8 December 2011. This brings the Friday capacity up to the same level of attendees as Saturday and Sunday to 85,000.

"The consultation for this amendment to the Public Entertainment Licence followed the same process as previous years' applications. Consultees included public services such as Fire, Police, Council Services and Ambulance, as well as local Councillors.

"Unlike alcohol licensing, there is not a statutory obligation for consultation with Community Councils on Public Entertainment Licences.

"The Licensing Committee took into account the objections from Kinross Community Council, and others. The Committee also considered the track record of the organisers having successfully operated the event on site for the past 15 years. Regarding traffic management, the

Committee took into account that no objections had been received from Tayside Police or the Council's Roads Service, and that traffic issues at the event have been successfully managed through a multi agency working group, and this joint working approach will continue for the 2012 event.

"Regarding noise, the new layout of the event for 2011 did cause some noise issues, and the Council is working with the organisers and their noise specialists to make sure noise disturbance is minimised for the 2012 event. As the majority of main stages are in operation during the Friday, the introduction of an additional 10,000 tickets on that day would have a minimal effect on the noise from the event, and the Committee also took that into account.

"A team of Council Environmental Health specialists is on duty during the course of the event and if residents are concerned about noise during the T in the Park weekend, they are encouraged to contact the Council. A dedicated contact number for the Council operates during T in the Park, and this will be published prior to the event."

Colin Rodger, DF Concert's Head of Event Management, said, "The Kinross community is hugely important to us and we'd like to reassure those concerned that changes to our Friday ticket numbers have been made with full consideration of the local area. We've taken on-board the opinions and insight of residents, as well as the police, Council and our other partners, and feel confident that now is the right time to welcome more day visitors to the event."

Kinross residents help MSc student with social media study

Some local residents took part in an MSc student's research in Kinross last year, and the author, having received several requests from people to read his research paper, has put a draft version of it online.

The dissertation is called 'Social Media in Rural Area: A Community Police Case Study' by Thomas McKenna, a former Kinross resident.

Thomas studied the MyPolice pilot project and the challenges faced by citizens and the authorities in using and promoting it.

The draft can be found at:

http://webzaxis.com/project/Social_Media_Dissertation_Draft.pdf

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Kinross High School receives positive assessment from education inspectors

An inspection of the education provision at Kinross High School has found much to praise at the secondary school, according to a report published on 20 December 2011.

Inspectors from Education Scotland visited the school in early November and assessed key aspects of its work including approaches to active learning, support for learners and partnership working.

Key strengths found at Kinross High School were consistently high attainment, particularly for S5/S6 pupils, many opportunities for personal development, supportive partnerships which enhanced pupils' learning and staff commitment to improve the school's work.

An assessment of national quality indicators rated as 'very good' the school's improvements in performance, and learner's experiences, meeting learning needs, the curriculum and improvement through self-evaluation as 'good'.

Young people were learning and achieving very well overall, working well with others and beginning to evaluate their learning. Inspectors felt they would benefit from more feedback from staff about how to improve their work and help them take greater responsibility for their progress.

Pupils were developing new talents and confidence through extensive sporting, community and cultural activities as well as achievements in academic work. Young people at S1/S2 were making good progress across the curriculum, which offered a broad choice of options for learning. The report recommends work to develop learning skills should be shared throughout the school, and that progression in learning from primary school is extended across all subject areas.

Young people were well supported by staff and felt they could always access help if they needed to. Staff were committed to continuous improvement and steps were being taken to make best use of self-evaluation data.

Education Scotland has recommended a number of areas for continued improvement by the school and the Council, which cover greater consistency in approaches to developing literacy, numeracy and health and wellbeing throughout the school, building on prior learning at the primary stage, using stakeholders' views more widely in setting school priorities and ensuring that self-assessment results in consistently high-quality learning experiences for pupils.

Inspectors considered the overall quality of provision at the school was such that, with improvements being shown through the school's self-evaluation processes, they were confident the school would continue to improve and therefore would not make further visits regarding this inspection.

Lifelong Learning Convener, Councillor Liz Grant said: "This is a positive report for Kinross High School and I welcome the confidence of the inspectors in the school's ability to make further steps to deliver high quality education. We will keep parents informed of progress in the areas raised in this inspection."

Deadline for all Submissions
2.00 pm, FRIDAY 10 February
for publication on Saturday 25 February

Zero Waste volunteer programme gets off to a good start



In this time of austerity, it's important that we all do our bit for the environment, not least because it can save us money! For instance, just by reducing the amount of food you throw away, you could save up to £8 a week.

Following the launch of the Perth & Kinross Volunteer Programme in October last year, Perth & Kinross Council has been successful in attracting 10 volunteers keen to get out and spread the message of reducing waste.

Volunteers have already received training in the national zero waste campaigns which they can promote in their area such as Love Food Hate Waste, and Stop the Drop. Ylva Haglund from Zero Waste Scotland and Cllr Alan Grant were also in attendance at the training to show their support for the volunteer programme.

Those who have signed up for the programme can accumulate points for various activities including writing news items, attending events, giving a talk or organising events. The points can then be redeemed for various zero waste goodies and incentives.

Jennifer Aird, the Volunteer Coordinator, said, "Volunteers are based all over Perth & Kinross, including Blairgowrie, Auchterarder, Errol and Invergowrie so if you're looking for waste reduction tips there's likely to be someone keen near you who can help! We are interested in hearing from anyone who is holding any events in the next few months or has any space for an information stand."

The next training day for interested volunteers is on **Monday 30 January** at 2pm. Get in touch with the Volunteer Coordinator on zerowastevols@pkc.gov.uk or 01738 476476 to register.

For further dates, and for more info, visit the webpage <http://www.pkc.gov.uk/Planning+and+the+environment/Waste+and+recycling/Waste+minimisation/Zero+Waste+Volunteers.htm>

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Public Exhibition: being [t]here

A Photographic Research Project on the County Buildings of Kinross

Undertaken at The Glasgow School of Art by Catherine Markie. Supported by Kinross-shire Partnership.

The Exhibition will be at Kinross Library

9 – 31 January 2012

Views of the community are sought on the future use of The County Buildings. Visitors will be asked to complete a Questionnaire. You can also submit comments by email to mail@kinrosspartnership.org.uk

Being [t]here examines traces of layered habitation in an abandoned place, through archival documents and plans, past inhabitants' memories and photographic research. The project is led through a case study of a specific municipal building, the County Buildings of Kinross, the latest building in the centre of the High Street to become surplus to requirement. Although being a prominent building on the High Street, it was seen by the majority of the town and myself as merely housing council offices, yet research into archives and gaining access from the local council revealed a rich history hidden behind the late Georgian façade.



The court room in the County Buildings, later used as the Council Chamber, showing a portrait of William Adam of Blair Adam (1751-1839) and the Provost's chair gifted to the Council in 1967 by Todd and Duncan.

Initially built in 1825/6 as a courthouse, jail and mortuary, the County Buildings were last converted to use as council offices for social welfare, planning and the certification of births, marriages and deaths. The juxtaposition of the initial function against the council use and current state is played on through photographs relating to archival documents of events such as a prisoners' attempted escapes, handwritten accounts, architectural drawings, and personal photographs of an interviewee who used to work there in the 50's when the building still ran under initial functions. The building takes on its own being when the occupants leave; the mundane takes on new meaning and the everyday is exposed, revealing an insight into an example of a municipal building which is now seen differently than would have been revealed to its inhabitants when in everyday use. When in use the building became the backdrop, yet through adopting a formal, static architectural photographic style, the building now assumes its own presence, confronting us to question the everyday environments that we work in and occupy.

Catherine Markie

Artist Biography: Catherine Markie, from Kinross, studied Interior and Environmental Design at *Duncan of Jordanstone College of Art & Design*. In completion of her degree in 2007, Catherine worked freelance with Colin Wishart's Architectural practice *Freespace* on various architectural projects as well as photographic commissions for architectural publications and galleries. Throughout this time Catherine has been further working on her own artwork using photography and film and has carried out short courses in video and photography relating to the built environment with 2nd year students at *The Dundee School of Architecture*. This accumulated to undertaking a Masters of Research in Creative Practices at *The Glasgow School of Art* in 2010 - 2011, specialising in photography as research with a final masters project, *being [t]here* examining the County Buildings of Kinross for a photographic exhibition and dissertation.



Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross
Telephone 01577 867205.

Discover life 'living without walls'

Author and storyteller Jess Smith will give a glimpse into her early life as one of Scotland's travelling folk in a talk at Loch Leven Community Library in January 2012.

'Living without walls' will look at Jess's childhood on the road, living a different kind of life from most youngsters. She was raised on the stories, songs and poems of the Scottish tinker and her four published books, including 'Jessie's Journey', 'Tales from the Tent' and 'Tears for a Tinker' reflect her childhood days and what it was like when she grew up and cut her cultural ties.

The talk, suitable for adults and young people, will be held on **Tuesday 31 January** between 7pm and 8pm at the library. Tickets are priced at £5 each.

For further information or to purchase a ticket, visit the library in person or telephone (see heading).

Go stargazing at Loch Leven Community Library

Experts from the Royal Observatory in Edinburgh will bring the Starlab Planetarium to Loch Leven Community Library for a special family event in February 2012.

Four sessions will be held on **Saturday 11 February** (10am-10.30am; 10.45am-11.15am; 11.30am-12 noon and 12.15-12.45pm) looking at exploring the night sky, the stories in the stars and other fascinating facts about the heavens above us.

Tickets for Starlab, priced at £3.50 each, are available from the community library. For further information, or to reserve your ticket, please call 01577 867205.

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Could you be a Puppy Walker?

The Guide Dogs for the Blind Association ('Guide Dogs') is looking for volunteers in the Kinross-shire area who could take on the task of being puppy walkers, an essential element in the development of a future guide dog.

A volunteer puppy walker takes a puppy of around six weeks old into their home and develops it for the first year of its life.

After this, a dog goes on to have eight months of specialised training before it is qualified to guide blind or partially sighted people.

Guide Dogs is helping over 4,800 blind or partially sighted people to get more mobile, through its guide dog service and its Vision Support Services.

The average working life of a guide dog is around seven years. The Association makes a lifetime commitment to each guide dog owner to provide them with a guide dog for as long as it is a suitable and safe means of mobility. This means guide dog owners could have eight or more dogs in their lifetime.

Guide Dogs has been around since 1931 and has created nearly 30,000 life-changing guide dog partnerships in that time. Current developments include working with other assistance dog organisations to train specific dual qualified dogs such as a guide and seizure alert dog.

Being a volunteer puppy walker is the first essential stage in the training of these special animals. It takes a lot of time, commitment and love, but could make a lifetime of difference to a blind or partially sighted person. If you are interested in finding out more, telephone 0845 371 7771 or email volunteer@guidedogs.org.uk



A year with me will make a lifetime of difference to a blind or partially sighted person

Puppy walking is an essential element in the development of a future guide dog.

A volunteer puppy walker takes a puppy of around six weeks old into their home and develops it for the first year of its life.

It takes a lot of time, commitment and love from both you and your family. The end result however is a very special animal.

If you're interested and live in Kinross-shire
please call: 0845 371 7771 or email: volunteer@guidedogs.org.uk

www.guidedogs.org.uk/puppywalking

Guide Dogs is a working name of The Guide Dogs for the Blind Association, a registered charity in England and Wales (209617) and Scotland (SC038979). 3025 05/11

Warm Home Discount Scheme

The Warm Home Discount Scheme is a new scheme funded by energy suppliers. The scheme can provide, for some customers, £120 rebate on electricity bills in winter 2011-12.

Those eligible for the rebate are households in receipt of the guarantee element of Pension Credit. Other customers in vulnerable groups may also be eligible.

Energy rebates for 2011/12 will be made during the winter months. If you qualify you'll get a letter to confirm this. Letters would be received between mid November 2011 and the end of February 2012. The scheme works by the Department for Work and Pensions and participating electricity suppliers sharing some information about their customers. This allows participating electricity suppliers to give the energy rebate automatically to customers who qualify.

For further information about the scheme contact your energy supplier or call the Warm Home Discount Scheme Helpline on 0845 603 9439. Lines are open from 8.00am - 6.00pm, Monday to Friday.

No Super-Fast Broadband for Kinross-shire

Kinross-shire and South Perthshire have lost out in the next phase of BT's plans to make super-fast fibre broadband available to two-thirds of UK homes by 2014.

Gordon Banks, MP said:

"The people of Kinross-shire and South Perthshire have been excluded from the 34 Scottish locations which have been selected in the next phase of BT's super-fast broadband plan.

"I do not want Kinross-shire South Perthshire to be left behind in terms of access to this technology. This is why I have written to BT to push for them to include these areas in the next phase of their development and provide me with information of the number of exchanges necessary to be upgraded so all my constituents can benefit from access to super-fast broadband."

Contributors – please send your item well before the deadline if you can

Maryburgh 1965 - 2011

by Mary Smith

I first saw Maryburgh when I travelled up to Scotland house-hunting when we knew we were to move to Scotland. I came to look at the old Joiner's Workshop, No. 4, which had been unused for 20 years but which had ground of two acres. Unfortunately, the person holding the key was out so I had to make do with looking through the old and dirty windows.

We looked at many properties but our thoughts always returned to Maryburgh so we bought No. 4 and decided to build a new house in one of the fields.

However, before building began, we were told the owner of No. 2 might be willing to sell it as she lived with her elderly mother in Kinross most of the time. We were able to buy No. 2 and 'the rest is history' – we had Nos. 2 and 4 converted into one bigger cottage and have lived there ever since, planting hedges, fruit trees and creating an orchard. The fields came in handy when our daughter had her pony, Shane, a 14 h.h. skewbald. We called it 'Silver End Cottage' after the little Essex village my husband, Doug, came from.

In 1965 only three Maryburgh properties were lived in. No. 1, Maryburgh House, No. 5 and No. 7. No. 3 was soon being lived in by a couple waiting for entry into another house and it was subsequently sold. The old ruin called 'Beatha Cottage' was sold, demolished and 'Lyndale' was built there, followed soon afterwards by the new 'Beatha Cottage' next door. Eventually 'Woodlands' was bought and renovated. Then 'Hillcrest', opposite 'Woodlands' was built for a retired couple. Later, the residents of No. 5 built a new house on their garden ground which lay between No. 7 and 'Lyndale' (which later became 'Bambrick Wood') and named it 'Cranstackie'. Much later another new house was built south of Maryburgh House and is called 'Criochan'.

So three inhabited houses have slowly increased to eleven over the last 46 years but I think most people would agree Maryburgh has never lost its charm and remains a pretty little hamlet in Kinross-shire.

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Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit **www.kinross.cc**

Computing Classes @ Kinross Learning Centre



Whether you want to do your weekly shopping on-line, find cheap holidays on the Internet, or just keep up with the children and grandchildren, the beginners' computing classes at Kinross Learning Centre have been designed to give you both skills and confidence.

The 8-week Welcome to Computing course will provide an introduction to the PC, from mouse and keyboard skills to word-processing and making the most of the Internet and e-mail. For those with a little more experience who'd like to understand more about how their computer works, Effective PC Management offers basic technical skills to help ensure that their computer works at maximum efficiency. These classes are due to start in February, so there is still time to book a place.

Welcome to Computing

starts Monday 6 February, 7 – 9 pm, £55

Welcome to Computing

starts Tuesday 7 February, 2 – 4pm, £55

Effective PC Management

starts Tuesday 7 February, 12 – 2pm, £55

As well as these tutor-led classes, the centre offers a wide range of "open access" IT courses. These allow learners to decide where and when to learn and can be started at any time. Many students combine learning in the centre with time on their own computer at home or work, which provides the flexibility they need to balance study with work and family commitments.

Choose from a wide range of programmes for a range of abilities:

Information and Communication Technology (Level 4) provides an introduction to the main elements of Microsoft Office (Word, Excel, Access, Powerpoint) whilst the **Level 5** course offers a more in-depth study of the regularly used features.

Anyone looking for a formal qualification to improve employment prospects should consider the **European Computer Driving Licence** courses:

European Computer Driving Licence Essentials

Email and Internet
IT User Fundamentals
Security for IT Users

European Computer Driving Licence Extra

Word Processing
Spreadsheet Software
Presentation Software
Improving Productivity

Advanced ECDL: Word Processing, Spreadsheets, Database, Presentation

As these open access courses carry formal accreditation, they benefit from Individual Learning Account (ILA) funding, which means anyone earning less than £22,000 may be able to study for free!

To find out more about any of these classes, or the funding options available, please contact Maureen Ross on 01577 863863 or visit the Learning Centre at Swansacre. Full details are also available on Perth College's website, www.perth.uhi.ac.uk.

Authentic Yoga from Kerala

Are you looking for a new interest in 2012? Would you like to improve your fitness, health and wellbeing? If you are, then why not let Simpli Yoga help you to achieve these goals?

In the West, yoga usually means Hatha Yoga. This is a very physical type of yoga and the one generally taught in classes, involving advanced postures and breath control.

Whatever your perception of yoga is, we think you will be surprised at the positive effects regular practice can have and at how simple the exercises can be. Our classes do not involve advanced postures that have people attempting to put their foot behind their head, which is something the media have used extensively. Our classes offer a well balanced workout, using simple postures and movements that will gently challenge your body and mind. These can be practised by everyone at their own level. By the end of a class you will feel relaxed and energised. You will develop yoga exercise skills that you can use in your own time in your own home.

The known physical benefits of yoga are:

- * Improves: posture, circulation, stamina, fitness, concentration, skin tone, digestion and elimination processes
- * Reduces tension, excess body fat and toxins
- * Rejuvenates the body and regulates metabolism
- * Stimulates internal organs and supports the body's systems
- * Creates a flexible body where energy flows easily
- * Delays the ageing process and teaches relaxation
- * Increases energy levels
- * Provides a balanced workout for the whole body

Many of the movements and postures build on strength, while lengthening muscles and reducing stiffness. Others stimulate organs in the body to help remove toxins. There are also a variety of relaxation postures.

Whether it be to improve your fitness and health, to relax and de-stress, recover from illness, or develop an overall balanced and toned body – regardless of age – your introduction to yoga by Simpli Yoga will have a positive effect on your wholeness and well-being.

Our classes have been developed and are delivered by Suthesh, who was born in Kerala, India and has spent over 20 years studying yoga, including four years training in an ashram (a spiritual community) under the direction of respected yoga gurus such as Sri Sri Ravi Shankar of The Art of Living Foundation.

If you are a complete beginner or someone with experience we welcome you to our classes. For class details please see www.simpliyoga.com

Iain Hunter at the Fife Jazz Festival

Following on their successful combination at the Kinross-shire Music Festival, Iain Hunter, Kinross's Singing Butcher, and the Scottish Swing Orchestra will perform together again, this time at the Fife Jazz Festival. It's another Big Dance, so put on your glad rags, strap on your dancing shoes, grab your partner and take to the floor at the Rothes Halls in Glenrothes. There will be cabaret seating, full bar and a dance floor.

The Big Dance is on Saturday 4 February at 8pm but go along at 7pm for a quick starter lesson. Tickets are £10 from 01592 611101.

Silver Award for Hunter's Pie

Iain has also enjoyed the taste of success recently with his butcher's hat on. At the first time entering the World Scotch Pie Championships, held recently in Dunfermline, Hunter's of Kinross received a Silver award in the category Best Savoury Product. This was for their fantastic Breakfast Pie, which consists of Ayrshire bacon, Hunter's own black pudding, Scotch Pork chipolatas, cherry tomatoes, Hunter's own white pudding and local free range eggs. Pamela Hunter describes it as, "a fantastic hangover cure and a full cooked breakfast in a pie!"



Iain Hunter (right) and Dean Miller, apprentice, with a tray of the award-winning Breakfast Pies

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Kudajczyk returns to Kinross!

Aleksander Kudajczyk, the Polish pianist now resident in Glasgow, is coming to Kinross Parish Church on **Sunday 5 February** at 3pm to play Liszt, Chopin and Prokofiev in a programme of pianistic fireworks! He played to large audiences in Kinross and Cleish two seasons ago and it will be good to hear him again. Some people may remember the janitor in Glasgow University some years ago who was discovered on CCTV playing amazing Chopin in his lunch hour in the Chaplaincy Centre – this is he! Tickets are £10 BUT if you buy them beforehand, you get a £2 discount, and if you are bringing children to hear him, they enter for free. You can buy or reserve them from Alex Cant – alexcant44@aol.com, or buy them over the counter at Milnathort Post Office – the hub of the universe! Please note the seasonal time of the concert – 3pm.

Those who have an interest in things Polish will also be interested in a lecture to be given in the AK Bell Library theatre in Perth on **Tuesday 21 February** by Steven Connelly the Library Archivist, on the Polish presence in Perth and surroundings in WW2. His talk, sponsored by Perth Friends of Bydgoszcz, is based on newspaper articles and photographs of the time and promises to be of special interest to anyone related to Polish soldiers from that time. Further details from Alex Cant (07951627755).

Perth Museum and Art Gallery closed

Perth Museum and Art Gallery is closed to the public until 5 March 2012 while refurbishment work is carried out. The work includes wiring and minor refurbishment of the entrance hall, as well as preparation work in the galleries for three brand new exhibitions to be held in 2012.

Council uses social media

PKC is urging residents to keep up to date with what's going on across Perth and Kinross in 2012 by signing up to its various social networking websites. The Council has a Twitter feed:

www.twitter.com/perthandkinross

PKC also has information about business events and growth on the Facebook page www.facebook.com/PKCGrowth. Finally, the Council has some interesting **historical documents and photographs**, including items relating to Kinross-shire, on the Flickr photostream at www.flickr.com/photos/pkarchive

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Learning and Development
Group**



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Kinross-shire Community Learning and Development Group represent the local communities, services, groups and voluntary organisations and are providing an opportunity for people to see what local community groups, clubs, organisations and businesses have to offer.

***Come and meet the local emergency
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***Enjoy the local crafts and produce
Find out about the services available in
Kinross-shire***

***Meet the local clubs and groups in the
area***

***See the wealth of sporting organisations
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***Find out how to save energy in the home
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***Fun activities for
children
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Lively performance of Puss in Boots

Local drama group Orwell Dramatic Society put on a lively performance of Stuart Arden's "Puss in Boots" at the Loch Leven Community Campus, Kinross on 16 and 17 December, directed by Stuart Salmon.

Seasoned local performers, Jimmy Lamont, Tour Guide/Guard, Derek Wood, Housekeeper, to the Great Evil Ogre played by Bill Freeman, Stuart Salmon, Lord Chancellor/Lion, Brian Morgan, Guard, Allan Paterson, Halibut and Craig Williams as the pantomime Dame were on stage with enthusiastic fellow cast members, some taking their first major role in a production. Christy Ellis as the amazing talking and ingenious Puss, Adam Williams, Tom, Linda Scott, the Queen, Carla Bunce, Princess Pamela, Dick, Ross Matthew, Wallace Nelson, Harry and Yasmine Morgan, Yokel gave their all to entertain the audience in the usual pantomime fashion. Special mention must go to Deborah Morgan and her son Ian (back end) for their very enjoyable scenes as the intelligent Donkey. Ian also gave a wonderful performance as the Mouse.



l to r: Stuart Salmon as Lord Chancellor, Carla Bunce as Princess, Linda Scott as Queen and Jimmy Lamont as the guard

The dance numbers were very enjoyable, choreographed by Nikki Matthew and excellently performed by the dancers, Charlotte Longstaffe, Sophie Sneddon, Frances Lopez, Lucy

Jones, Chloe Sneddon, Stephanie Kidd, Abbie Winton and Jessica Matthew who showed their versatility by doubling up for other smaller roles during the performance. Brian and Deborah Morgan's scenery was superb, Stage crew Colin Millar, Laura Hughes and Catriona Watson, Make up Joan Cornwall and Carla Bunce, Props, Shirley Morgan and the light and sound by Fred Fyfe and Bill Freeman all added to the enjoyment of the production. Prompt was Rosalind Lamont and front of house, Anne Paterson.

Linda Freeman



Left: Craig Williams as the Dame.

Below: l to r: Stuart Salmon as the Lord Chancellor, Linda Scott as the Queen and Christy Ellis as Puss.



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1/2 bedroom bungalow or cottage

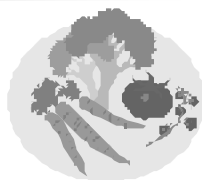
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Shape up for Spring - Nutritional Advice for Exercise and Sport

By Alisa V Wilson



As we look towards Spring, many of us take on a new sporting challenge or gym membership with renewed vigour. Whether you are preparing for your next marathon or simply trying to work off some of your festive excesses, you need to eat the right foods to get the most out of your training. Without proper nutrition, the body is placed under duress, which can affect performance, recovery and increase the likelihood of injury. No matter what sport or exercise you do, you can improve your energy and fitness levels by making small changes to your diet.

Balance Blood Sugar Levels

Eating little and often with five to six small meals a day can help to balance blood sugar, keeping you fuelled. Include lean protein, healthy fat and vegetables and / or fruit with wholegrain at each meal. Stick to the blood sugar balance rules:

- Eat small amounts regularly and have a small snack before bed
- Eat slow release carbohydrates
- Combine protein and carbohydrates at every meal
- Avoid insulin stimulants: caffeine in coffee, black tea, cola, energy drinks etc, sugar and aspartame, alcohol and tobacco, refined carbohydrates (white bread/pasta/biscuits) and hydrogenated fats
- Eat foods with a low G.I. (glycaemic index)

Carbohydrate

Carbohydrates control energy production and therefore have a profound effect on performance. The amount of carbohydrate will depend on the type and intensity of your activity, but in general, stick to low glycaemic index foods like wholemeal pasta, brown basmati rice and rolled oats. The main times you will need faster-releasing carbohydrates are during long training sessions and the recovery phase.

Protein Power

Many exercisers still skimp on protein, focusing purely on carbohydrate rich foods. Protein is, however, vital for growth and repair of muscles, immune support and many other functions that are essential to health and performance. If you are a regular exerciser, you require around 20% of your total daily calories to come from protein. Good protein sources include lean meat, poultry, fish, eggs, seeds, nuts and pulses. Many athletes use protein powders to make up any dietary shortfalls. Most protein powders are based on whey, pea or hemp proteins – these are exceptionally high in protein and contain all the essential amino acids – protein building blocks – that the body requires.

Hydration

The most important nutrient in your body is plain water. Good hydration is vital during exercise in order to perform better for longer – both physically and mentally. You need to replace more fluid when active and sweating, especially if in the heat. Three to five litres of water (filtered tap or bottled) is required on a typical training day or performance literally dries up. The unbreakable rule is drink water continually when training to avoid overheating and sustain performance. Don't wait until you are thirsty – keep a water bottle with you and drink regularly. Avoid sugary fruit juices or fizzy drinks as they are high in fat and sugar, cause dental problems and can cause dehydration.

Additional Needs

Regular exercise also increases the requirements for a number of essential Omega fats, vitamins and minerals, including B vitamins, magnesium, potassium, calcium and antioxidants. Taking a high potency multivitamin and mineral supplement and a separate antioxidant formula, especially during intense periods of training, can help to meet the body's needs. Why not try making some fruit smoothies and vegetable juices to boost and maintain vitamin and mineral levels.

Alisa Wilson is a qualified Naturopathic Nutritionist (Dip.Nutritional Therapy). She runs a local consultancy, Nutritionalise. Website: nutritionalise.com

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Food for thought

By Caroline Winn

For many people, this time of year is about beginnings, renewal and change as we reflect on last year, and what we ARE going to do differently this year. We've set our New Year's Resolutions to lose weight, or be more organised and in control, done the "out with the old and in with the new", and yet, gradually, many of us are already slipping back to our old behaviours and are struggling to make our changes last.

Last month, I explained how motivation works, and discussed how to set achievable goals, how to bring them to life, how to take small steps and celebrate each success along the way. (And if you haven't set your goals yet, now is a great time to get started!) So why is it so difficult for us to actually achieve our goals? Why do we sometimes seem to self-destruct?

Regular readers of my articles already know that much of our behaviour happens at an unconscious level. It originates from our deep internal structure, driven by our beliefs, values and attitudes. Most of these values and beliefs were set when we were quite young, learned from our close family and from the world around us at that time. Problems can arise when these beliefs and values are no longer appropriate for our current situation *today*. When that happens, we often develop unconscious "coping strategies" which can be in direct conflict with our goals – in other words, we press our self-destruct buttons!

We found some real life examples of coping strategies and self destruct buttons recently in our weight management programme, Shrinking Thinking. Some members felt they had lost their own sense of identity, weighed down by the responsibility of caring for family members – young or old – for many years. With little time for themselves, they compensated by over eating, seeking comfort in food even when this was in direct conflict with their desire to lose weight. Others had learned to always put others first – sometimes due to health circumstances – and punished themselves by putting their own needs last, producing an internal conflict and a coping strategy around sweet foods.

Because most of our coping strategies are formed at an unconscious level, it's often hard to see what we are doing, or to understand the self-destructive behaviour. The first step is to bring the behaviour into your conscious awareness, because once you are **aware** that you are doing it, you have a choice – to keep doing it, or to change it! There are many ways of doing this. For coping strategies around food, I suggest keeping a food diary: note *everything* you eat and drink for at least a couple of weeks (and I do mean *everything* – no cheating!) and crucially, also note what you are thinking and feeling as you eat it. You'll start to see patterns, pointing to your coping strategies, and this should give you ideas on what to focus on changing.

Many of our coping strategies are simply bad habits that we've formed over time. Habits are learned behaviour, and the good news is, they can be unlearned – or even better, you can choose to learn a new, more appropriate behaviour. The trick is, instead of beating yourself up each time you repeat the old, unwanted behaviour, celebrate the fact that



you *recognised* the old behaviour, and the opportunity for a different choice. Remember: awareness brings choice! Reward yourself each time you do select the new, wanted behaviour eg with an extra 5 minutes of "me" time (non-food rewards are best when dealing with food coping strategies!)

It's important to recognise too that periods of stress or extra pressure in our lives can make us revert to our old ways! In stressful times, our behaviour returns to our old tried and tested habits because they feel comfortable and safe – even though they may not be what we want! Often it's best not to fight this, and to accept that when we've got rid of the stress and pressure, we'll be better able to re-introduce the new, wanted behaviour.

Of course, life will always throw us the occasional challenge or curve ball! Life does get in our way sometimes; it interrupts our plans and our goals. Down days and set-backs do happen. But that's OK – it's OK to not be OK for a while! The important thing is to not give up. Tomorrow is another day, another chance for new behaviour and new habits. And if you'd like any assistance with changing your coping strategies, we're here to help!

Caroline Winn is a qualified Master Practitioner of NLP, Time Line Therapy and Hypnosis, and a Master Coach at Ascent NLP Ltd, www.ascentnlp.co.uk. Her coaching services are also available through The Zen Zone in Milnathort.

Get ready for Spring.



Are you considering any of the following home improvements?

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Looking for Contact Details?

For listings of local clubs, businesses, public services and more, visit **www.kinross.cc**



Police Box

Happy New Year to all

Let's hope we have seen the worst of the windy weather past us now. It certainly took its toll on some property and caused a number of trees to fall onto arterial routes in the area.

Drivers are asked to take care on unclassified roads where debris may still be evident and contact Police in relation to any causing obstruction on carriageways.

Kinross Fireraisings

Most of the Community will be aware that Tayside Police are investigating a number of suspicious fires in and around the Kinross area during November and late December 2011. Thankfully, a quick response by members of the community and Tayside Fire and Rescue has prevented any serious damage being caused and anyone being injured as a result.

These incidents are obviously of great concern to officers from Kinross who have increased their activity in the area. Community Officers have also held a number of 'street briefings' to highlight the problem, obtain any new information and to reassure the public that although concerning, these incidents have been isolated and that Kinross remains one of the safest places to live in Scotland.

As a result of these 'street briefings', a number of new lines of enquiry are being pursued and the officer in charge of the area, Inspector Iain Ward, would like to thank everyone who has come forward with information. He stated:

"This is very much a live enquiry with the assistance of our colleagues in CID, but we still need the help of the community in identifying the people responsible for these mindless crimes.

"I need to identify what I would deem as a potential significant witness. Their description is:

15-16 years, clean-shaven with short mousy brown hair; they were described as wearing a black bomber jacket with a white hooded top underneath it.

"Like any enquiry, the answer to these crimes is most likely in the community; I would therefore appeal to anyone who

may have had visitors who fits the description and stayed in Kinross on Saturday 17 December, Friday 23 December and Tuesday 27 December who would have been out during the evening of these nights to let us know.

"I would urge anyone who may have information to get in touch with us at Kinross on 0300 111 2222 or any police officer, information can also be passed anonymously to via Crimestoppers."

Thefts from garages

Due to some recent thefts from garages in Kinross, residents are reminded to ensure they keep their property well lit and secure at all times.

This includes sheds and garages and to ensure property including tools are locked away.

In addition, Tayside Police Community Safety department have a motion detector alarm for sale at £12 which can connect through to a telephone number, should it be activated. Tel 01738 892642 for further details.

Crime Stoppers - Telephone Number 0800 555 111

This telephone number is a free phone number, unless you are using a mobile phone, which any member of the public can contact at any time, if they have information relating to criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Community Officers

Community Officers (details shown below) can be contacted at Kinross Police Office on 0300 111 2222.

Constable Sadie Allan	Kinross and Milnathort
Constable Victoria Riches	Kinross landward
Constable Euan Mitchell	Abernethy, Bridge of Earn and Glenfarg areas.

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Community Council News



The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. In addition, Kinross CC minutes are lodged in the community library. Please note, the Community Council News is not a verbatim reproduction of CC minutes.

Kinross Community Council

News from the Extraordinary General Meeting

Present at the EGM held on 7 December 2011 were: CCllrs C Watson, D Colliar, B Davies, D West, D Cuthbert, D Mackay, M Blyth and M Scott. Also in attendance were P&K Councillors S Miller, K Baird, M Barnacle and W Robertson; PC Victoria Riches and Inspector Iain Ward and seven members of the public.

Absent: CCllrs L MacKay, B Freeman and I Jack.

At this point the meeting was chaired by Cllr Baird who explained that this was the inaugural meeting of the new CC and it was her privilege to act as Chairperson for the first item on the Agenda.

Appointment of Chairperson: Campbell Watson was nominated by D Colliar and seconded by D Mackay. Carried. CCllr Watson accepted the Chair, welcomed those present and continued with the items on the Agenda.

Appointment of Officers

Vice-Chair: David West was nominated by C Watson and seconded by B Davies. Carried.

Treasurer: I Jack was nominated by C Watson and seconded by M Blyth. Carried. A Financial Statement was circulated showing the cash asset as £1,228.00 with a laptop in addition.

Secretary: Margaret Scott was nominated by M Blyth and seconded by D Colliar. Carried.

Data Controller: Margaret Scott was nominated by D Cuthbert and seconded by B Davies. Carried.

Planning Officer: W Freeman was nominated by D Colliar and seconded by D Cuthbert. Carried.

Adoption of Constitution, Standing Orders and Code of Conduct for Community Councillors

CCllr Colliar raised a question in relation to condition 14 "Control of Finance", explaining that both Light Up Kinross and the Newsletter are affiliated organisations of the CCllr and asked for clarification if these were covered under this clause. This was confirmed and it was agreed that we should adopt the Constitution, Standing Orders and Code of Conduct. The proposal was made by David Colliar and seconded by Campbell Watson.

Meeting dates and venue 2012: The first meeting will take place on 1 February 2012 and the first Wednesday of each month following. The Annual General Meeting will be held on 2 May 2012. Meetings will take place in the Masonic Hall, Kinross at 7.30pm on these dates.

Training Issues: PKC will organise the appropriate training on receipt of signed constitutions.

News from the December Meeting

Present: as for the EGM. Apologies were received from CCllrs I Jack and L MacKay.

Police Report

Internet scam: Members of the public who are online receive a pop-up message claiming to be from Strathclyde Police. The message then states that person's computer has been locked by Police and they will need to call a given number and pay £100 fine as they have been viewing adult content

online - which is not the case. This is an Internet scam and has absolutely nothing to do with Strathclyde Police, also police forces never ask the public for money. The Police urge the public not to follow the instructions on screen or call the number given or send any money.

Telephone scam: The Police reported on incidents in Tayside area involving a phone call alerting people that there is a problem with their bank account and asking them to phone a number. Once connected personal details are requested at this stage. The Police advised that the line is not closed on the first phone call. In one situation a large amount of money was removed from the person's account. Four people have been identified for this crime.

Restructuring: The Chief Constable of Tayside Police has recently announced her decision to move towards a single territorial division thus amalgamating the three existing Western, Central and Eastern Divisions. The Community Policing Section is headed by Sergeant Sandra Williams. Local Community Officers have also been assigned.

Festive period campaigns: details were given.

Speeding: Several speed checks were carried out in Junction Road, Kinross - no offences detected to date.

Recent incidents in the area include: Diesel thefts from Balado Quarry; burn marks discovered at mortuary within County Buildings; theft of sat navs from vehicles in Springfield Park (all under enquiry); Gallowhill Gardens car incident; theft of a motor car in Bowton Road (one person traced and arrested). Campus: The Police are aware of youths throwing snowballs and stones.

T in the Park (See also Article p. 7).

A PKC Licensing Committee meeting was to be held the day after the CC meeting to determine whether a proposed extra 10,000 Friday day tickets should be approved. A Multi Agency Meeting would be held prior to this at 9am.

The Secy read out correspondence received from members of the public which raised various concerns such as traffic disruption, noise and crowd safety.

Discussion was held on the noise levels. Cllr Baird commented that the crucial time to submit complaints is when the event is taking place.

The CC concerns are the level of traffic, over the whole period, and the added volume on the Friday. The noise from the campsite also requires to be addressed. Following discussion, the CC agreed to send an objection to PKC (5 CCllrs in favour of objecting, 1 against, 3 abstained). CCllr West to email PKC and Councillors would also pass on the views expressed.

Matters Arising

Miller's Bar: The CC will ask PKC when this development will commence.

Former High School: Some interest has been shown in this site. A closing date may be set at the end of March.

Common Good Fund: The CC will write to PKC for clarification on how PKC determines the criteria in relation to the CGF, and copy to Alex Salmond.

Flooding at old surgery: Cllr Robertson is to check this out. It was hoped that repairs would be put in place before the end of this financial year. The Road Dept plan to create a soakaway in this area.

Swansacre building: Both properties are now occupied.

Planning Applications Submitted to PKC

11/01719/FLL 21 Burnbank Meadows: Alterations and partial change of use from domestic dwelling (Class 9) to child minding business (Class 10) (in retrospect).

11/01804/FLL Gellybank Farm: Alterations and change of use of agricultural building to form stables (in retrospect).

Cockairney Cottage, Kinross: installation.

Planning Applications Determined by PKC

11/01603/FLL 18 Springfield Park: Extension. Approved.

11/01691/FLL 3 Springfield Road: Alterations and extension. Approved.

11/01687/FLL Kinross House: Erection of a new gate and section of stone wall. Approved.

11/04170/FLL Gellybank Farmhouse: Erection of a wind turbine and formation of road entrance and driveway (Modification of Consent 10/00124/FUL). Approved.

11/01741/TW Kinross House: Felling and thinning of trees. Approved.

10/00264/FLL Loch Leven Inn, 6 Swansacre: Change of Use of Office (former public house) to dwelling house. Approved.

11/01055/FLL Baltree Farm, Hatchbank: Erection of an agricultural building (in retrospect). Refused.

Ivy Cottage: Answering a query, it was confirmed that the developer has received permission to level the site.

Reports by Perth & Kinross Councillors

Cricket Pavilion: Cllr Miller commented on the petition being circulated and asked that support is given.

Dropped Kerbs: Cllr Robertson commented on the dropped kerbs at the end of Swansacre and in Station Road. Green Park/Ochil View area have no dropped kerbs and Councillor Robertson asked the Council that this be added to a forward budget.

Town Hall: Cllr Baird advised that a planning application is about to be lodged.

Plastic bag recycling: Cllr Baird reported on the withdrawal of this pilot scheme and added that she is endeavouring to find out why this has been discontinued.

Kinross-shire CC Network: Cllr Barnacle advised that it will next meet at the campus in January.

Local Development Plan: Cllr Barnacle updated those present in relation to the Local Development Plan, explaining that the briefing will take place on 14 December with representations in the New Year for a three month period. TayPlan is now being submitted to the Scottish Ministers.

Correspondence

Milnathort in Bloom: Letter of gratitude for the financial support provided from the Newsletter funds.

T in the Park: Letters received were discussed earlier.

Winter Watch Initiative: Voluntary Action Perthshire have launched a new scheme to identify the support that local communities need and provide for each other called Winter Watch - A Helping Hand. Co-ordinating those activities run by organisations, volunteers, good neighbours, local businesses, community members - all can register on this scheme. It covers areas such as accommodation for people evacuated from their homes, snow clearing, bringing people their weekly shopping, transport etc.

County Buildings Exhibition: Invitation to exhibition about the Kinross County Buildings by local artist Catherine

Markie in the Library. The Kinross-shire Partnership thought that this would be a good opportunity to ask the community about their views on the future of the buildings. Questionnaires will be available.

Data Controller: PKC requires name of person; will then process the renewal with the £35 registration fee.

Pressured Area Designation: The Council is currently consulting on the proposal to apply a pressured area designation across the entire Perth & Kinross area for a period of 10 years. This designation would mean that council tenants who entered their tenancy on or after 30 September 2002 would have their Right to Buy suspended for a period of 10 years. Feedback requested by 30 December. The Council explain that there is currently a shortage of "affordable" housing and a great deal more applications for Council and Housing Association rented properties than there are vacancies, resulting in extremely long housing waiting lists. At 31 March 2011, the Council had a social rented stock of 7,333 properties and the Housing Associations operating within the area had a stock of approx. 3,630 social rented properties. At 25 July 2011, there were 5,574 applicants on the Common Housing Register. Over 9,000 Council properties have been sold since the inception of the Right to Buy scheme in October 1980.

Path at Leisure Centre: Flooding in this area - path now impassible. Water is 150mm up the side of the transformer. CCllr Davies asked that this work now be actioned by the Council.

Other Business

Grit/pothole: CCllr Freeman mentioned that there is no grit in the bin beside his house. He also mentioned the pothole at Sainsbury's.

CCllr Davies praised the **Music Festival** in November which was well organised and a great success.

Newsletter Funds: The sum donated to Milnathort Cracking Ceilidh was to be returned to the Newsletter as this organisation disbanded following receipt of the contribution. CCllr Watson will check this out.

County Buildings: No further progress in this matter. CCllr Watson is to meet with the Partnership and David Littlejohn and will clarify the CC position in relation to the Licence/Lease. David Littlejohn setting up a meeting at Council Offices We are to ask if we can change this back to Kinross.

The Next Meeting of Kinross CC will take place on Wednesday 1 February 2012 at 7.30pm in the Masonic Hall, Muirs, Kinross.

Agenda for Meeting on 1 February 2012

1. Apologies
2. Minutes of Meeting held on 7 December
3. Police Report
4. Matters arising from minutes of 7 December
5. Future of Kinross Buildings
6. Planning Matters
7. Reports from P&K Councillors
8. Miscellaneous Correspondence
9. Other Competent Business
10. Date of Next Meeting

Kinross CC minutes are posted on the webpage:

www.kinross.cc/cc.htm

Milnathort Community Council

News from the December Meeting

CCllr Hamilton, Chairman, welcomed CCllrs Giacopazzi, Halford, Smith, Cottingham, Bennet and Milne-Home to the meeting held on 8 December 2011. Also in attendance were P&K Cllr Robertson, Minute Secretary E Rougvie, PC Riches of Tayside Police and seven members of the public. Apologies were received from CCllr Thomson and P&K Cllr Baird.

Police matters: PC Riches reported as follows:

Two campaigns were to be run over the festive period.

There had been a theft of construction materials from Tillyrie. People are being warned about an internet scam involving a pop-up purporting to be from Strathclyde Police. The message claims that the user's computer has been locked and asks for £100 to unlock it.

Complaints about speeding in North Street and parking issues at the junction of South Street and the Fairways are being addressed.

Discussions had been taking place about the proposal to allow an extra 10,000 people into T in the Park on the Friday. The CC were due to discuss this later in the meeting and agreed to pass their comments to the police as soon as possible.

PC Riches agreed to pass on comments by P&K Cllr Robertson regarding the police apparently ignoring drivers parking on double yellow lines. Although they can no longer give out tickets, it was felt to be preferable to stop and speak to the drivers concerned rather than driving past.

Matters Arising

T in the Park meeting: CCllr Hamilton apologised for any inconvenience caused to organisers of the T in the Park meeting held in November after the incorrect time for the event appeared in the October minutes.

Wind turbine policy: PKC have advised that their policy on the siting of individual wind turbines is currently being updated and supplementary guidance will be issued in the new year.

Sign at Jessie's Park: Cllr Robertson has met with the family of the late Mrs Jessie Porter and officials from PKC and agreed on a design of the sign to be erected at Jessie's Park.

Donaldson Park: CCllr Hamilton has met with the Placecheck team about the areas of long grass in Donaldson Park, which some local residents feel are too extensive. It has been agreed to cut a tractor-width strip on the mound, but the rest will be left to encourage the growth of wild flowers.

Bike trail: An informal suggestion has been made that Donaldson Park may be suitable for a trials loop. This is only an idea at present and, after discussion, the CC agreed to re-visit the idea in the new year.

Parking issues: Cllr Robertson is to write to the council's traffic warden department to ask them to take action in Kinross and Milnathort over illegal parking. The CC endorsed this.

Church Street: Cllr Robertson advised that the process of extending the single white line in Church Street would take about 18 months as it is a complicated process but he had started the ball rolling. In the meantime if a vehicle is causing an obstruction by parking on a white line the police can move it on.

Back Loan: As far as is known there is no truth in the rumours that parking restrictions are to be introduced in Back Loan.

Benches: CCllr Giacopazzi advised that the Kinross-shire Fund was donating £1000 for the purchase of benches to be installed along the old railway track. CCllr Bennet will meet with PKC to discuss their construction and location. The new benches at Tillywhally Wood are to be located in the same place as the original four.

Planning Applications Received

Erection of house at Devon Cottage, Middleton. Noted.

Alteration and extension to house at Devon Cottage, Middleton. Noted.

Modification of existing consent, change of layout and change of house types, plots 1-4, Netherhall Farm. Noted.

Formation of mains water storage and pump facility on land 500m south of Holtonburn Cottage (in retrospect). Noted after brief discussion

Planning Application Decided

Extension to dwelling house and erection of garage and workshop, 14 Old Perth Road.

Correspondence

T in Park increase: Letter from T in the Park organisers re proposal to increase Friday tickets by 10,000. This was discussed later in the meeting.

Data Controller: Letter from PKC advising that CCllr Giacopazzi has been appointed the CC's data controller. Noted.

Voluntary Action Perthshire Winter Watch campaign.

Letter received. Anyone interested in volunteering is asked to call 01738 452227. More information is available at www.vaperthshire.org

Bannaty wind turbine: Letter from Andy Heer, chair of Auchtermuchty CC, asking if the CC wished to comment on proposals to erect a 260-foot wind turbine at Bannaty, less than 1km from the Milnathort boundary. While agreeing not to comment on this particular application, the CC remind the public that anyone can make comments on any planning applications regardless of the local authority area if they feel it would impact on them.

Other Business

T in the Park: Cllr Robertson advised that the licensing committee was shortly due to decide whether to allow the sale of 10,000 extra Friday tickets. Concerns had been expressed by Kinross CC and others about the increased traffic. Following discussion, the CC agreed that the situation should be monitored and if problems were created the numbers should be reduced again for 2013.

Tayside Police: A letter was received indicating that the three divisions of Tayside Police have been merged as an economy measure.

Placecheck: Letter received from Diane Cassidy of Placecheck thanking the CC for delivering newsletters.

Minute secretary: It was noted that in the Kinross CC minutes reference was made to the secretary of Milnathort CC receiving an honorarium. This is not the case. It is the minute secretary, who is not a CC member, who is remunerated.

TRACKS update: George Lawrie of TRACKS was in attendance to provide an update on the projects that are currently ongoing, including the Loch Leven Heritage Trail. A small section between Kinross Pier and the mill had now been opened and progress was being made with regard to negotiations with the RSPB. The final route would be agreed by June 2012 to satisfy Lottery funding requirements. Mr Lawrie also gave details of a number of cycle routes and footpaths in Kinross-shire that were being created or

upgraded. In addition, TRACKS have signed a partnership agreement with the East Lomond Partnership with a view to creating a route between Falkland and Scotlandwell. The statutory scoping procedures were currently being carried out. CCllr Hamilton commended Mr Lawrie for his efforts and expressed the hope that the projects would come to fruition.

Brown signs: It was noted that the brown signs for South Lissens Pottery were still in situ. Cllr Robertson will action.

Members of the public

The following issues were raised:

Tree in Donaldson Park: A member of the public had brought with her a letter from a tree surgeon she had commissioned after PKC declared that a sycamore tree in Donaldson Park that overhung her garden was not dangerous. The tree surgeon recommended that the tree be removed for safety reasons and wanted to meet with PKC. Cllr Robertson will send a copy to the council and follow it up.

Complaint re CC: A member of the public complained that a letter he had sent to the CC had not been adequately dealt with at the last meeting. He was reminded that, as indicated in the minutes, his complaints about faulty drains had been addressed but that the rest of the letter had been considered offensive. It was suggested that he should refer any complaints directly to PKC in future.

Wester Loan: A member of the public expressed concerns about plans to put a tree in Wester Loan as she felt it could cause problems at night and at weekends when parked cars were lining the street. CCllr Hamilton advised that residents' views had been taken into account by the Placecheck team and they were satisfied that it would not impede the traffic or interfere with the snow-dumping area.

Donaldson Park: A member of the public sought clarification on the plans for grass cutting in Donaldson Park as he was concerned that nothing was to be done on the other side of the mound where the ground was water-logged. CCllr Hamilton stressed that as far as the Placecheck team were concerned the plans had been fully approved by the community and their only concession was that the mound would be partially cut as indicated previously. In common with other communities in Perth & Kinross, grass cutting would now only take place once a year as a cost-cutting measure, but it was noted that the grass had not been cut in September/October and, after discussion, it was agreed that the CC would contact PKC in this regard. The Placecheck team insist that there were a number of public consultations that were well-publicised and the local community must take responsibility for the actions that have been implemented. Wild flowers have been planted in the park, which will appear in a year or two, and the CC will ascertain which areas are involved before the next meeting.

Bike trail: In response to a query by a member of the public, CCllr Bennet emphasised that the idea for a bike trail in Donaldson Park had been mooted as part of an informal discussion and Kinross Cycle Club had no involvement.

The next meeting of Milnathort CC was due to take place on Thursday 12 January 2012 in Orwell Parish Church Hall. Milnathort CC meets on the second Thursday of the month.

Portmoak Community Council

News from the December Meeting

In attendance at the meeting held on 13 December were: CCllrs M Parkin (Chair), J Bird, R Cairncross, T Smith, D Williamson and M Strang Steel. Also in attendance were P&K Cllr M Barnacle, two residents and two speakers.

Police Report: There had been two incidents reported during the last month:

22.11.11 Wester Balgedie: suspicious male selling items – person traced; all in order.

19.11.11 Loch Leven Larder: theft by shoplifting of quantity of cashmere; under enquiry.

There was no report of the fireworks that had been let off at 4.30am at Kinnesswood on 13 November 2011.

Presentation by Kinross Cricket Club

Mr John Ross, a committee member of Kinross Cricket Club, gave details of plans for a new cricket club venue at a position between Loch Leven's Larder and the loch side.

Mr Ross gave an insight into the history of the Club from its beginnings in the 1850s to the present day, including the many awards that the Club had achieved. There is a current membership of over 200.

The Club had been at Kinross House since 2007 and the present owners of Kinross House intend to keep the cricket pitch and clubhouse. However, due to the popularity and number of teams presently playing under the name of Kinross Cricket Club, it was necessary to move to premises which had a larger wicket area. There had been an unsuccessful attempt to move to Milnathort and it was thought imperative that local Portmoak opinion would be sought before a planning application was lodged with PKC for the proposed Loch Leven's Larder site. Therefore Portmoak residents would be given an opportunity to attend an open meeting to hear about the proposed arrangements, and this will be held at Loch Leven's Larder on 10 January 2012 at 7pm.

The new access to the site, together with car parking for approximately 20 cars, would be in the area between the present entrance to Loch Leven's Larder and Channel Bend, where there is an existing entrance to the farm.

It was not anticipated that walkers would be at risk from cricket balls, and there would not be any night-time activity at the clubhouse, and no floodlighting.

Following a question from Cllr Barnacle, it was indicated that the name of the Club might be changed to Kinross-shire County Cricket Club.

The Chairman thanked Mr Ross for attending the meeting, and after some discussion it was agreed that the CC supports the idea of the new Cricket Club ground at Loch Leven's Larder.

Treasurer's Report: There was a total of £1243.09 in the account.

Build-outs: Following a meeting with Jillian Robinson, P&K Principal Engineer, Traffic and Road Safety, new bollards would be ordered. These will be a different make, and have reflective material and keep right/keep left arrows on both sides. They will not be lit by an external source, but will have internal illumination of some parts. They are scheduled for installation at the end of January.

The proposed build-out and bollard on the B920 at the south end of Scotlandwell has been added to the 2012/13 list of works with a view to installing this early in the new financial year.

Speed limit changes: With regard to the extension of the 30mph speed limit on the B920 at Scotlandwell, this was to

Milnathort CC minutes are posted on

www.kinross.cc/milnathort/milnathort.htm

be done as part of the housing development proposals. However this development is progressing slowly and for the sake of safety in this particular area the matter will be progressed and a report is being prepared for the next PKC Enterprise & Infrastructure Committee meeting on 25 January 2012. Once Committee approval is given, the statutory consultation process will commence. This is a lengthy process.

As part of these proposals it is proposed to remove the countdown signs on the Causeway on the approach to Scotlandwell, as the policy for the use of these signs has changed in that they will only be erected where visibility of the speed limit ahead is restricted.

Kinnesswood bus shelter: The Chairman had met with PKC on site. There was no capital budget available although it was agreed to carry out some maintenance work.

Bus stop at Scotlandwell: The bus stop would be moved to a position where there was more pavement room for passengers waiting for buses. The idea of the bus stopping on the B920 in the area around Wellside Motors was not feasible due to problems with reversing.

Gritting and snow clearing: There had still not been any response from PKC re the report submitted by the CC in April 2011. It was also noted that there had not been a response to last year's submission.

There was some discussion on what were considered priority routes within Portmoak and on what basis they should be determined.

A dog waste bin had been requested to be sited at the top of the Grahamstone track.

TRACKS Update

Mr George Lawrie attended the meeting to give an update on TRACKS projects.

There were ongoing discussions with the landowners for the completion of the Loch Leven route. Agreement had been reached for a route through the RSPB grounds. Funding was in place to complete the route.

There were ongoing discussions with Sustrans to join the Loch Trail in the Channel Farm area and a planning application had just been submitted to PKC although this was not known to the CC at the time.

There was much discussion on the proposed A911 pedestrian route between Loch Leven's Larder, Wester Balgedie and Easter Balgedie. There were a number of issues discussed and it was appreciated that there were various good and bad points for both routes. It was suggested that the CC could be the vehicle for receiving suggestions from the residents on the comments discussed.

Negotiations were ongoing with Grahamstone for a path alongside the watercourse to the Moss from the Heritage Trail.

The funding for maintenance of the walkways will be a continual problem.

There has been a partnership agreement signed with Fife Countryside Trust for a path from the top of the Lomond Hills towards the trail, and a meeting is planned for 16 January to discuss possible routes.

CCllr Cairncross asked if proper landscaping plans and car parking arrangements had been made for the future Sustrans project at Channel Farm since the CC were not aware of this project at this stage.

Although Dryside Road is impassable with overgrown hedges and fences, it is still considered to be a core path.

It was agreed to put a TRACKS update on the March 2012 agenda.

CCllr Strang Steel informed the meeting that the core path plan has received agreement from the Government, although it is not known what changes have been made. It will now need approval by PKC at a meeting on 25 January 2012. Further details should be available online shortly.

Reports

Roads and paths: Work was still required on the MBW culvert as previously stated. This is in hand with CCllr Tom Smith.

Planning: Three applications had been considered since the last meeting. The CC had recommended two for approval: 11/01936/FLL (rear extension at Bishop Terrace Kinnesswood) and 11/01764/FLL (alterations at Bankfoot Cottage Scotlandwell) and one for objection - a new house at Easter Balgedie (11/01780/FLL).

The Council was considering an application for a house and associated buildings at the Livery Stable, Scotlandwell (11/01917/FLL).

11/00922/IPL Colzie House, Easter Balgedie: erection of a dwelling house in principle. This application had been refused by PKC, but has now been taken to appeal with the Local Review Body.

Full details of all applications and decisions can be found on the Portmoak CC website.

Ongoing discussions with PKC planning and legal departments, as detailed previously, are progressing.

Ward Councillor Reports

CCllr Barnacle informed the meeting that he had read the proposed Local Plan although was not able to discuss the contents at present, but a meeting to discuss the contents has been moved to 10 January 2012.

It was his understanding that the requested 30 mph extension at Kilmagadwood would now take place.

Other Business

Notice board: CCllr Smith informed the meeting that Kinnesswood in Bloom had ordered the new Notice Board for the bus shelter.

Communications since last meeting

The Secretary has a list of communications received since the last meeting.

The next meeting of Portmoak CC was due to take place on 10 January.

If a CC meeting has to be cancelled, for whatever reason, every effort is made to have this information placed on the CC website: www.portmoak.org

Portmoak CC minutes are posted on the website

www.portmoak.org

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Fossoway and District CC

News from the Extraordinary General Meeting

An EGM was held at 7pm on Tuesday 6 December 2011.

Cllr Barnacle introduced the meeting.

Offices

Alastair Lavery proposed Alexander Morrison as Chair, seconded by Trudy Duffy-Wigman.

Sandy Morrison took over the chair from Cllr Barnacle.

Sandy Morrison proposed Alastair Lavery as Vice Chair; this was seconded by Kevin Borthwick.

Alastair Lavery proposed Trudy Duffy-Wigman as Secretary, this was seconded by Rod Paterson.

Alastair Lavery proposed Kevin Borthwick as Treasurer, this was seconded by Trudy Duffy-Wigman.

Kevin Borthwick proposed Rod Paterson as Data Controller, this was seconded by Trudy Duffy-Wigman.

Adoption: The Constitution, Standing Orders and Code of Conduct for Community Councillors were adopted.

Bank account: As of 6 December 2011, there was £776.61 in the current account and no outstanding invoices or uncleared cheques.

Meeting dates and venues for 2012: A proposed list was drawn up. Many cannot be confirmed at this stage due to PKC's booking system.

Training Issues: Rod Paterson requested induction training and Data Controller information.

A quorum for any meeting is three CCllrs.

The financial year will run from 1 April to 31 March.

The AGM will be held in May.

Notice boards: Kevin Borthwick will do Rumbling Bridge and Powmill, Sheila Anderson will do Blairingone, Alastair Lavery will do Cambo and Trudy Duffy-Wigman will do Crook of Devon.

Co-option: Sheila Anderson was co-opted to the CC.

News from the December Meeting

In attendance at the meeting held on 6 December 2011 were: CCllrs S Morrison, T Wigman-Duffy, A Lavery, K Borthwick, R Paterson. Also in attendance: P&K Cllr M Barnacle and ten members of the public. S Anderson has been co-opted onto the committee. Apologies: A Cheape. There were no declarations of interest.

Community Policing: Euan Mitchell attended. There has been little reported crime in the area apart from a road traffic offence dealt with recently. Tayside Police are beginning their yearly drink-driving campaign and are highlighting the need for safety measures in winter driving conditions. There is a "winter watch" strategy whereby people can help neighbours in times of severe weather. Trudy to put Winter Watch on the Fossoway website.

Minutes of the last meeting: The CC knew about the 20mph limit at Crook of Devon School and the minutes would be amended to reflect this.

The Olympic Flame comes through Crook of Devon on 13 June 2012 and there was discussion as to whether the CC should be involved. There are no notices from the council as yet. Cllr Barnacle will find out if there is any guidance and report back.

War Memorial, Blairingone: Sheila Anderson has agreed to take this forward and contact John McCrone from the council and the previous sub-group in order to begin the planning application process.

Dunning Glen: 1.7 tonnes of rubbish were removed in the clean-up and a large sign will be erected warning people to

keep the area free of rubbish, or penalties will be imposed. The CC were congratulated on their campaign and Kevin Borthwick was thanked for all his hard work to resolve this issue.

Traffic Issues: Tayside Police are beginning an experimental 'Community Speed watch' programme and are looking for volunteers to help to monitor speeding. Rod Paterson will liaise with Trudy to take this forward.

There is to be a 30mph speed limit on the A823, several roads around Kinross will have a 40mph limit and traffic calming measures to be put in place on the A977. The positioning of the VAS location was discussed as it is thought that it is too far away from the school road entrance. A barrier along the pavement in the village was requested by Victoria Sutherland, as children sometimes walk in groups along the road on the corner between the shop and the school. A barrier might discourage children wandering dangerously into the road. The bus stop at Drum was also causing concern as there is little space for the children to wait. Cllr Barnacle and the CC will take these matters forward.

Ken Thomson Homes: Ken Thomson addressed the meeting with further information on the proposed development in Rumbling Bridge. He had held a public consultation meeting in November. Ken Thomson was questioned as to why he had not delivered leaflets to publicise the event as he had said he would. Some residents had only found out about the meeting from Cllr Barnacle. Ken Thomson said he placed a notice in the Courier. Concerns were raised at the meeting regarding the density of housing, and he has reduced the planned 30 houses to 24. At the CC meeting, some members of the public raised concerns over the proposed six houses for older people. They felt that Rumbling Bridge offered no amenities, such as regular buses or nearby shops. A planning application will be lodged in the New Year.

CC Business: A Cheape attended a Kinross-shire Fund meeting on 12 December and will report back in January.

PKC Business, Councillor's Report

Cllr Barnacle said that there would be a sign at the Blairingone/Muirhead road end to indicate Tethyknowe and Muirhead.

The flooding further down that road would also be seen to in January/February.

He has been involved with a speed limit review but has had no response to his communication with Darrell McEwan yet.

There will be a CC network meeting on 18 January.

There has been a request for increased capacity for T in the Park for the Friday.

Mike's meeting with Nick Brian on planning matters was postponed.

There has been council briefing on the emerging local plan. In the landward area there are plans for 30 houses in Scotlandwell, 120 houses in Powmill and none in Crook of Devon.

Planning Applications

11/01839/FLL. Cairnfold Farm, Blairingone. Erection of an indoor horse arena building for equestrian business and erection of a dwellinghouse and garage. An objection has been lodged by the CC following an email consultation.

11/01854/FLL. Former Farm Steadings, Claysike Fossoway. Proposed amendment to house type (plot 3). No CC comment.

11/01973/FLL. Blairingone Sewage Works, Blairingone. Upgrading of waste-water treatment works, installation of lights and boundary fencing. No CC comment.

General Correspondence

All outgoing and incoming correspondence was available for viewing.

Other Business

The Devon Lade in Crook of Devon has been damaged by storms and this may be a problem as a number of houses may still use this as an outflow for their septic tanks. The CC will look into it.

The Post Box in Carnbo has been removed for maintenance, which is particularly unhelpful before Christmas. It is hoped it will be restored.

A meeting of Fossoway & District CC was due to take place on 3 January 2012.

The Next Meeting of Fossoway & District CC will take place on Tuesday 7 February in Blairingone Primary School.

Fossoway & District CC minutes are posted on the website

www.fossoway.org

Cleish & Blairadam CC**News from the December Meeting**

The newly elected Cleish and Blairadam CC met on 5 December in Cleish Village Hall. Ron Kitchin was in the Chair. Present were Vice Chairman, Fiona Macgregor; Patty Fraser, Secretary and Richard Jeffrey, Treasurer. Apologies for absence were received from Hugh Somerville, Minutes Secretary and Cllr M Barnacle.

Catriona Culley was appointed Data Controller, and the CC is glad to benefit from her experience and advice. She was appointed as an Associate Member. This still leaves a vacancy and ideally this should be filled by someone from Blairadam – surely there must be somebody who is prepared to fill this post. Please think about it and contact the Chairman if you are in any way interested. The CC is a statutory body and its services are more and more necessary. In future meetings will be held on the first Monday of each month as there is always urgent business to be discussed; however the meetings should not last long. Newsletters may not be written monthly, but any spare Newsletters will be put in the Book Exchange in the Telephone Box. There will be no meeting on 2 January.

Crime Prevention: Police Liaison Officer Euan Mitchell was welcomed to the meeting with apologies for lateness: he had been at the Switch On in Kinross.

Information was given on seasonal police campaigns. Mention was made of an outbreak of Internet Scams; anyone in receipt of any of these should alert the Police. Fraudsters are emailing on pretence of being banks.

The hill road is still being used in the usual way, but the situation is constantly being monitored.

Cleish Village Hall: The Hall has given £75 to each of Cleish and Keltybridge towards the Christmas Tree Light-Up.

Kinross Campus Partnership Group: It was decided that the CC should not be represented on this Committee.

Forestry: The CC was asked to comment on the long term Forestry Plan for the area commonly known as the Tillhill Plantation. It is proposed that haul lorries should come down past Nivingston which is not suitable. There is the danger of flooding and it was pointed out that Forestry work has an

obligation to ensure that this does not occur. The removal of timber should be southwards instead of northwards. The CC will write accordingly.

Kinross-shire Forum: Meeting on 18 January: Patty Fraser and Hugh Somerville will attend.

Planning: House and Garage at Dowhill Muir: Suggested the track should remain open. This is probably a right of way and should be open and safe even while work goes on; a gate should be put in at the entrance to the forest. The CC to write.

Cleish Mill: Application for five houses now approved.

There has been no determination on other applications, but agreed they should be retained on pending list.

Finance: There is a surplus of £299.25.

Queen's Diamond Jubilee – see below

Roads: The problem to the west of Cleish is ongoing. Patty has written to the Roads Department constantly, with no result, even when she accompanied her letters with a photograph. It was suggested that a letter to SEPA is now necessary as there could be a danger of pollution.

Queen's Diamond Jubilee: 2 – 4 June. The Village Hall Committee has a team up and going. Among other ideas are tree planting but funding will be needed for all our ideas to be a diamond success.

The next meeting of Cleish and Blairadam CC will take place on Monday 6 February at the Tabernacle Hall.

Cleish & Blairadam CC minutes are posted on the website

www.cleish.org

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Club & Community Group News

Kinross Museum



The County Buildings, vacated by Perth and Kinross Council last summer, have featured in Museum activities a good deal recently. Assistance was given to Kinross art student Catherine Markie researching the history of the County Buildings for a photographic project on show in the Loch Leven Community Campus Library in January. A number of items left behind in the building were identified by Professor David Munro as being of historic interest and courtesy of PKC a collection of maps, a set of photographs of the Provosts of Kinross and the former Provost's Chair were transferred to the Museum. At a special event held in the Museum on 12 January these items were formally gifted to Kinross Museum by the Council. The Provost's Chair, which will feature in an exhibition on the history of the Burgh of Kinross later this year, was gifted to Kinross Town Council in 1967 by Todd and Duncan on the occasion of that company's centenary. New exhibitions are in preparation not only on the history of the town of Kinross but also on the 1662 Crook of Devon Witchcraft Trails and the Queen's Diamond Jubilee. If anyone has any items relating to the visit made to Kinross in October 1960 by the Queen and Duke of Edinburgh that they might be willing to loan, please get in touch with the Museum.



Cllr Willie Robertson (right) presents Prof. David Munro (left) with a certificate marking the donation of several items to the museum. Two of the donated artefacts are shown: the Provost's chair and a photograph of a Provost of Kinross.

Kinross-shire Round Table



Sleigh-pulling Dragons take Santa for ride!

Well, with the News of the World gone, you have to get sensational headlines somewhere!

We rounded out the year yet again with a mad flurry of fun and fundraising. Even more importantly we gave away a Christmas bumper bonus to 15 local clubs and charitable organisations. Not being bankers, we could not keep it to ourselves.

The annual Round Table Dragon's Den at the start of December attracted an eclectic mix of bidders to our informal and less than fearsome evening. Bids for up to £500 of funding are invited to put before our genial Dragons. The evening commenced in style with a musical overture from a Perth Youth Orchestra string quartet, which clearly relaxed not only the Dragons but also the treasurer's grip on the cheque book. A total of £5,450 was donated to: Perth Youth Orchestra; Fossoway Pre-School Club; Kinnesswood in Bloom; Loch Leven Diamonds; Kinross Pipe Band; Kinross-shire Volunteer Group and Rural Outreach Scheme; Kinross 1st Responders; Kinross Boys & Girls Brigade; Kinross Volleyball Club; and After School Curling Club.

Santa was out and about in his sleigh during December visiting Kinnesswood and Scotlandwell, Kelty, Milnathort and Kinross North and South. The £2,587 raised in Kinross-shire helped us to support Portmoak Primary, Kinross Scouts, Kinross Otters and Kinross-shire Day Centre. Santa also dropped in with £500 of gifts to Rachel House.

(Don't let the kids read the next bit!) The five nights of festive cheer allowed us to grant extended auditions to five new prospective Santas. With the age rule kicking in, it was time, after eight years of ho ho ho-ing, for the incumbent Santa to hand over the reins to a younger incarnation. The panel awarded the "White Beard of Christmas" to our Chairman, despite enthusiastic competition, for his melodic diction throughout Kinross South.

As usual many thanks to our sponsors and volunteers who make our fund-raising possible. Without their help and support we would not be able to assist our community in this way.

Our programme, with details of events, is available on www.kinross-shire.roundtable.co.uk. If you are 18-45 and want to get involved in having fun while putting something back into our community, contact us via the website.

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Kinross 50 Plus Club



The February meeting will be held on **Thursday 2 February** at 2pm in the Millbridge Hall. The speaker will be a representative from the R.N.L.I.

The speakers at the January meeting, Liz MacDonald and Victoria Riches, local community police officers, gave an interesting talk on steps that can be taken to prevent crime taking place in our homes. The members attending were also given information handouts at the end of the meeting.

Away Days February

Thursday 9 February: Ocean Terminal.

Thursday 23 February: Stirling Castle.

The coach leaves from opposite the Green Hotel at 0915 hours. Regrettably no advance bookings for trips can be accepted prior to the monthly meeting.

Theatre Outing: Seats are still available for "Calendar Girls", to be held in the Festival Theatre on **Wednesday 25 April** at 2.30pm. Tickets, to include the coach and tip for the driver, are £27.15 and the money will be collected at the February meeting. Please pay by cheques if possible. Coach departure time will be given at a later date. Contact Edith Oswald 01577 865731.

Holiday February 2012: The Beaufort Park Hotel in Mold, Flintshire has been booked for six days from Sunday 12 to Friday 17 February. There are still a few places available for this holiday. Coach departure time will be given in the February Club Newsletter and at the February Club meeting. Contact Pat Crawford 01577 862962.

Friday Walkers:

3 Feb: Clackmannan to Kennet Pans and back - a distance of about 6 miles along paths and country roads, hopefully viewing snowdrops as we pass through the woods near Kennet Gardens.

17 Feb: Gartmorn Dam to Linn Mill and back - another well known walk along paths, old railways and river banks, and about our usual distance.

Please note that the walkers' membership list is currently closed. Contact Ian Simpson 01577 863691.

Friday Hill Walkers: No information has been made available.

Activities:

The following activities are open to all members of the Club.

Carpet Bowling: This group meets each Monday in the Millbridge Hall at 2pm. New members will be very welcome. Contact: Helen Duncan 01577 863638

Craft Group: This group meets each Tuesday at 2pm until 3.30pm in the Millbridge Hall. Contact: Elizabeth Smith 01577 861387.

Fly Tyers: The FlyTyers meet each Monday between 2 and 4pm (re-started Monday 24 October). This group has both men and ladies within its membership. Contact: Ian Campbell for details of venue 01577 830582.

Keep-Fit: This enjoyable activity runs every Tuesday at 2pm in the in the Masonic Hall. The cost is £1.50 per session and mats are provided. The class is now full and is not accepting new members for the present. Contact Val Oswald 01577 864020.

Kinvest Investment Club: The Club meet once a month. New members, who need only a general knowledge of investments, will be made most welcome. The meetings are normally held the first Monday of each month at 1.30pm. Club members wishing to take part should contact John Dryburgh on 01577 862555 for details and venue.

The Line Dancers: The Dancers swing and sway every Tuesday and Friday at 10.30am. Contact Betty Fergus 01577 866961.

L.U.S.T.: The slimmers meet each Thursday, 9.30am to 10.30am. Contact Norma Anderson 01577 863548.

Kinross & Ochil Walking Group

New Year's Resolution to improve your health? Walking's an inexpensive route to physical and mental well-being. Whether you're new to walking, returning to walking or a regular walker, try out a walk or two to see if you'd like to join us. Walks are led by volunteers from our group and new members are made very welcome. We're doing two waterside walks this month.

Saturday 4 February: Blackness to Carriden circular: 5 miles. A walk from Blackness Castle, along a coastal path or stony beach, is followed by a walk via a wooded strip inland to Carriden. After turning round, the coastal route takes us back to the start at Blackness Castle and Blackness village with views across the Forth to Fife. Minimal ascent. No dogs please. Accompanied children welcome if fit.

Saturday 18 February: Blackness To Abercorn: Circular 5 miles. Mainly level walk along the south shore of the Forth to Abercorn Church, situated between Hopetoun House and The Binns, with a history dating back to the 5th century. Return by a similar route. No dogs please. Accompanied children welcome if fit.

For all walks you do need appropriate clothing (not jeans) including boots and waterproofs. Walks can be of several hours duration so a packed lunch/water/warm drink should be brought.

For further details and where to meet us, please call our Group Secretary Jacqui Ritchie on 01577 866813.

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Club Correspondents

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

Portmoak Primary School

Festive Fun

December saw us getting into the Christmas spirit at Portmoak. All classes enjoyed their Christmas parties and the whole school had fun when M&M Productions visited the school with the pantomime Cinderella.

The choir enjoyed their visit to Levensen Nursing Home, where as well as entertaining the residents with songs such as Jinglebell Rock and The Snowman, they also took the time to chat and to wish staff and residents a very Merry Christmas and a happy new year. Thank you to Levensen staff for having us and for the juice and biscuits!

Bags to School

Thank you for all your efforts in gathering items for Bags to School and to the ladies who coordinated this. Thank you too to Buchan's garage for agreeing to act as a storage and drop off point – this is much appreciated. This year we were significantly up on the previous year's amount and raised a fantastic £405.

The Queen's Diamond Jubilee

You may all be aware that the UK Government and Scottish Government have announced that provision would be made for an additional holiday to mark The Queen's Diamond Jubilee celebrations on Tuesday 5 June 2012. This holiday has now been officially confirmed.

Santa's Sleigh

Thank you to all the parents who helped out and those in our community who donated to the Santa's Sleigh collection on 12 December. We raised £500 overall for this, so it was well worth everyone's efforts. We are grateful to the Round Table for allowing us to fundraise with them this year.

Portmoak Nativity

Thank you to all the mums, dads, grannies, granddads, uncles, aunties and friends who came along on 16 December. We had a fantastic turnout, with almost all of the 75 seats occupied for the afternoon performance and standing room only in the morning. Sorry to those who were unable to attend. We were also delighted to officially welcome Rev. Angus Morrison into our school for both Nativity shows and look forward to working with him in the future.

We raised £213 over the two raffles; thank you to all who contributed to this and to the ladies who gave up their time to package the hampers and sell the tickets on the day. Mrs Bentall won the morning hamper and Mrs Smith won the afternoon one. Ms Keithley won a spree book in our extra raffle draw. We will be selling Spree books in 2012 as another fundraising venture – more to follow on this!

Thank you for 2011

The staff and I would like to take a moment to thank all the members of the wider community who give so much to the school in many ways. Thank you to everyone who has given up their time in school and with our grounds, to those who dug deep to help our fundraising and to those who help to keep our name out there and promote our causes. We are proud of our reputation and our links with the community, so thank you all.

Louise Gordon, Headteacher

**Please mention The Newsletter when
answering advertisements**

Inner Wheel



Inner Wheel members are continually humbled by the accounts of various speakers of their involvement with their chosen charities and none more so than at the December meeting, when Jo Middlemiss related her and her cousin's first hand experience of dealing with distressed women suffering from prolapse in South Ethiopia. In fact, Linda Bayne, in her 'vote of thanks' reckoned the Bayne's flock of ewes had better gynaecological care over their lambing period than the women of Ethiopia!

Jo is obviously totally committed to giving these people a better chance in life and as a result of the Inner Wheel's International Fundraising Coffee Morning in November, Jo was presented with a cheque and a parcel of underwear.

Jo will personally deliver the presentations to the Ethiopian Medical Project on her next trip in early 2012 when she will return to Bukama Medical Clinic in her efforts to make a difference and give hope to these women who, because of their condition, are ostracised from their local community.

The Inner Wheel ladies were delighted to join Kinross Rotary at their Christmas dinner and take part in their festive activities. There, they were entertained by a very versatile musician playing the harp, accordion and the 'Penny Whistle' as well as leading the carol singing.

We now all look forward with interest to our speakers for the 2012 months ahead and will start the season off with a talk from David Chalmers on his involvement in the Duke of Edinburgh Awards scheme.

The members of the Inner Wheel Club were saddened to learn of the news of the sudden death of Kelvin Reay, President of the Kinross and District Rotary Club. Sincere sympathy goes to Michael and family.

Kinross Boys' Brigade & Girls' Association



The Company enjoyed the local pantomime at the campus just prior to Christmas.

In December the Company won the Battalion swimming gala, with Cameron Nelson and Faye Mathieson sharing the best swimmer trophy. The Company section also had success in the national table tennis and chess competitions winning through to the last 16 in Scotland. The next round games will take place before mid-February.

The Battalion five-a-side football competition for under 15 boys takes place in mid-January with the drill competition taking place during February.

New members are welcome to start in the month of February, with Anchors catering for boys and girls in primaries one, two and three, Juniors catering for boys and girls in primaries four, five and six and Company Section catering for primary seven through to secondary six. All sections meet in the Church Centre on Friday evenings, Anchors from 6pm till 7.15pm, Juniors from 7 till 9pm and Company from 7 till 10pm.

Visiting Kinross-shire?

For information on Eating Out, Parks and Gardens, Historic Buildings and more, visit

www.kinross.cc

Click on "Visitors" then "Things to See and Do"

Kinross and District Art Club



Our club sessions for 2011 finished on a high. We have reached capacity of membership of 49 and we have enjoyed one of our most successful years ever, with an excellent Exhibition in September, a high regular attendance at our weekly sessions, and a growing interest in developing new painting styles and subjects. Much of the stimulus for new ideas comes from our visiting artists and we are increasingly discovering just how many talented professional artists are willing to share their expertise with us and how many of them live not far from us. The picture below features a demonstration for us by local artist Thora Clyne, highly acclaimed nationally and internationally and former teacher at Edinburgh School of Art.



Local artist Thora Clyne gives a demonstration

2012 promises to be a busy and creative year for the club and we have already lined up three professional artists to conduct demonstrations for us in the Spring Term as well as a visit to the extremely popular Cadell Exhibition at Edinburgh's Gallery of Modern Art, 'Modern Two'.

We have also hired an extra room at the Millbridge Hall for our Tuesday sessions in order to accommodate our increased numbers and this also gives us the opportunity for occasional separate tutorials or small group activities.

Our new members are already commenting on how helpful our monthly DVD tutorial sessions are and how useful they are finding the extensive collection of books and DVDs in our library.

Above all, the buzz that is so evident in our weekly sessions tells a story of its own. People enjoy coming to the club to meet up with likeminded people in the shared activity of creating works of art.

For more information on the work of the club and an updated who's who on the Committee, visit our web site at: www.kadac.co.uk or contact Club Secretary Sybil Galbraith on 01577 830347.

Classified Advertisements

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Kinross High School Parent Council

Website: www.khspc.org



Chair: Brad Wood 01577 850 767
Email: chair@khspc.org
Vice Chair: Rory Stewart 01577 830504
Email: vicechair@khspc.org
Treasurer: Allan Miller 07779 700088
Email: treasurer@khspc.org
School Uniform: Victoria Robb
Email: blazersales@khspc.org
Events and Fundraising Team: Lisa Megginson
Email: efchair@khspc.org
Clerk: Sheila Herron 01577 864015
Email: clerk@khspc.org

A full copy of any Parent Council meeting minutes can be requested by contacting the Clerk or by visiting our website at www.khspc.org.

The KHSPC meetings for the current academic year are:
10 January; 28 February; 17 April; 29 May; 12 June [AGM]

Please remember that the Parent Council is in place to represent the views of parents and guardians of pupils at the school, to help ensure that our young people can learn and develop to their maximum potential. We work in partnership with the school to create a positive and proactive environment which supports pupils, staff, and parents. The Parent Council is always on hand to help support the process of communications with the School; we are always keen to hear from you, whether it be good, or not! If you would like to join the Parent Council you would be most welcome. Please contact the Clerk (as above). Thank you.

Lodge St Serf No 327

February

Tue 7 Regular Meeting at 7.15pm.
Degree to be confirmed.
Tue 14 General Committee Meeting at
7.30pm. Arrange work for next Regular Meeting.
AOCB.
Tue 21 Regular Meeting at 7.15pm. Degree to be
confirmed.
Tue 28 General Committee Meeting at 7.30pm. Arrange
work for next Regular Meeting. AOCB.



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Common Grounds

With Christmas and the New Year behind us, we are starting another year with really violent winds and rain but fortunately not much snow. Very soon the days will start to stretch out and already the snowdrops are coming out; spring surely is just about to arrive. We have been busy working on our log pile in order to have dry logs for our open fire, so anyone with wood to spare, do please think of Common Grounds and give us a call.

Project: Our next project will be chosen at the Volunteer's meeting in January.

Project Lunch: No lunch takes place during this time of year.

Rugby Ball and Christmas raffle: On 20 December two draws took place in Common Grounds. The first was for the World Cup Rugby ball signed by the Scottish team and was won by Mike Spain of Kinross and raised £155. We are most grateful to Elspeth Caldwell and her son, who is a member of Scottish Rugby Union, for acquiring the ball for us and many thanks to all those who participated in the draw. The second draw was for Common Grounds' annual Christmas raffle: the first prize of Fairtrade produce was won by Ruth Lauener, with many other prizes being won by volunteers and customers such as Janice Bell, John Pleass, Senga Marshall, Alex Cant, Cathy Watt, Sheila Wardell and Joanne Dewar to name but a few. In excess of £100 was made on this draw. Many thanks to all those who donated prizes for this draw and who purchased tickets.

Website: Our new website address is:

<http://www.spanglefish.com/commongroundscharitycafe/>

Our opening hours are still 10am – 1pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are: James Henry (Convener) 01577 864452 and Linda Freeman (Secretary) on 01577 865045.



Portmoak Hall 100 Club

November Draw

- 1st No. 36 Effie Riddell, Wester Balgedie
- 2nd No. 27 Janette Gardiner, Kinnesswood
- 3rd No. 93 Ann Dandie, Kinnesswood

December Draw

- 1st No. 111 Sheena McLennan, Wester Balgedie
- 2nd No. 47 Clare Abbott, Scotlandwell
- 3rd No. 89 Mr Vlasto, Kinnesswood

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WEDNESDAY 15 FEBRUARY

9.30am – 6.00pm

Kinross Ladies Circle

New to the area? Looking to expand your social life, try something new, or give something back? Ladies Circle is a fantastic club for girls aged 18 and 45 to who want to make new friends, have lots of fun and do some fundraising along the way.

We have more than 250 groups around the country meeting twice a month to get involved in a wide variety of fun activities and charity events.

Each year we nominate a local charity to benefit from our fundraising efforts and this year we have chosen to support Myeloma UK.

For further details about us, to join or to see upcoming events please go to our website

www.kinrossladiescircle.co.uk



Lomond Antiques and Collectors Club



On Wednesday 14 December, 28 members and their guests held their annual party. Following a now established tradition, we were put through a gruelling mind-stretching party game before enjoying some well deserved food and wine. Each member had brought a dish to the feast and the dining room table was loaded with salads, meats, desserts and a magnificent salmon. The display disappeared in a surprisingly short time and so replete, we settled down to enjoy some social chat. An enjoyable evening had been had by all.

Kinross Garden Group

The Kinross Garden Group met on 8 December 2011 at the Millbridge Hall. We were delighted to welcome our speaker Mr Ian Dewar of Luncarty who braved the stormy weather to give us a talk on "The use of Stone in the Garden". His presentation included the use of gravel, slabs and patios in small gardens and also the use of natural stone used in pillars, steps and retaining walls. (The Dry Stone Walling Association of Great Britain run starter weekend courses locally for anyone wanting some idea of where to begin a project or where to seek skilled help.)

We will be having our Festive Lunch at the Windlestrae Hotel, Kinross on Thursday 12 January.

Our next meeting in the Millbridge Hall, Kinross is on **Thursday 9 February**. The speaker will be Duncan Davidson of Butterfly Conservation who will give a talk on "Gardening for Moths and Butterflies".



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Kinnesswood in Bloom



On 6 December Norma and Janette were invited to the regular meeting of the Kinross Round Table to take part in Dragons' Den. There was much trepidation beforehand as to what to expect, but in the event the Dragons were very friendly. Each group had to present a case for being awarded funds to help their project and there were some very innovative ideas. It was interesting to hear how other groups raised money, and to find out about some of the well-established groups helping both young and older members of the local community, sometimes in difficult circumstances. Refreshments were also provided and some of the groups entertained with music and baton twirling so it was a lovely way to spend an evening. In the end, all the groups came away with very generous cheques to support their projects.

Many thanks to the Kinross Round Table for the generous donation of £400 towards our village notice board. With the money already raised, Kinnesswood in Bloom have now ordered the new board and it should soon be in place. After the recent gales the present notice board is in a poor state, so it will be a welcome addition to the village.

Once again the year ended with the group gathering on 10 December at the Picture Garden to decorate the Christmas tree and switch on the lights. Mince pies and refreshments were provided for all the participants.

The first meeting of the year will be at 7.30pm on **Thursday 2 February** at Janette Gardiner's house. New members will be very welcome.

Recipe

supplied by Kinnesswood in Bloom



After the rich food of Christmas and New Year, this is a simple dish using cheap, local and store cupboard ingredients.

Leek and Ham Casserole

Ingredients 6 large peeled, sliced potatoes
6 large leeks, sliced
150g ham, chopped into small pieces
50g butter
25g flour
600ml milk
50g grated cheese
crushed corn flakes
salt and pepper

Method

Grease a casserole and line with potato slices.

Add a layer of leeks and ham and continue to add layers of potatoes and leek/ham mix, ending with potatoes.

Melt butter in a pan and stir in the flour. Add milk and continue to stir until the sauce has thickened.

Add salt, pepper and cheese and pour over the vegetable and ham mixture.

Cover and bake at 180°C for an hour then remove the lid and cover with a thin layer of corn flakes.

Add a few knobs of butter and brown in the oven for a further 15 minutes.

Probus Club



There were two speakers for the Probus meeting on 7 December. They were Alec Clark and Ron Bisset and their subject "Bothy Memories", but first a word or two about the bothy. Before World War 2 most of the work on the farm was done with horses; this meant that many more people were employed. The married men were entitled to a "cottar house", but the single men lived together in the bothy. This was usually a separate building near the steading consisting of a communal living room with a few small rooms round about. They made their own entertainment including a repertoire of songs. These songs became well known and were called "The Bothy Ballads". Ron and Alec took turns to sing some of these well-known songs and tell stories, usually humorous, about life on the farm in yesteryear. Ron started off by singing "The long tailed sark" and Alec finished by singing "Granny Fraser's flitting from Aboyne to Aberdeen". Sandy Braid, himself a farmer, gave the vote of thanks for giving the members a graphic and amusing picture of life on the land 70 years ago.

The President, Ron MacDonald, welcomed the members to the first meeting of the new year but first he had the sad task of reporting the deaths of three members during the Christmas break: Andy Petrie, Tony Jones and Kelvin Reay. The members stood in silence in remembrance of their friends.

The speaker for the afternoon was Robin Webster and his subject "Sailing the Atlantic", which was a graphic description of a voyage he and his wife took sailing from Lisbon to Barbados in the autumn of 2010. What made this cruise different was the ship they were sailing in. She was a fully rigged, square sails, sailing ship and her name is "The Royal Clipper". She is a big ship, 5,000 tons registered tonnage. She has five decks and among other things three public swimming pools, all fitted out to the highest modern standards as she was built just a few years ago in Sweden. She is a replica of the square rigged ships that plied the trade routes of the world up to 150 years ago with hundreds of sailors manning the capstans, pulling on the ropes and if necessary clambering aloft to furl the sails. All this is done by auxiliary motors installed on the masts and cross pieces on the Royal Clipper but the motive power is still the wind. To harness the wind she has 26 square sails, 11 stay sails, 4 jibs and a spinnaker. With a good breeze the Royal Clipper can make 13 knots. Robin illustrated his talk with some lovely pictures.

Roger Stark gave the vote of thanks for a delightful afternoon

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Contact Val or Wendy on 01577 864725 / 07777635708

Kinross-shire Historical Society



The Society met on 12 December to hear Prof. David Munro MBE give a talk about the Devon Valley Railway entitled 'They Came by Train part 2'. The talk explained why the line was needed, the complications involved in creating it and the route it followed.

The route to the north from Edinburgh through Fife passed through the coal fields and were used for the transportation of coal. A branch line ran from Ladybank to Kinross but there was the need for a line running west from Kinross to Stirling. A line was built from Dunfermline to Alloa with a short line across to Alva but stopped there. Once a link had been built from Alloa to Tillicoultry, the line of 14½ miles to Kinross could be done. The first of a series of meetings to discuss the line was held at Rumbling Bridge Inn in 1855, but problems arose in getting things underway. The Liberal MP William P Adam was elected Chairman and he helped move the necessary Bill through Parliament. It was passed by the House of Lords in 1858. More delays then came as a result of compensation claims from landowners.

The first sod was cut in 1860 and the occasion was celebrated with lunch for 100 guests at Rumbling Bridge Hotel. Costs were rising and a new Bill had to be passed for a shorter route to save money. This was passed in 1863.

The construction of the line started at the easy end, the Kinross - Rumbling Bridge section. In all it took 16 years and five Acts of Parliament to complete the whole line. Passenger trains ran to Alloa until 1964, and freight trains until 1973.

A Thomas Wheatley 440 locomotive no 224 often ran on the line. This was the same engine involved in the Tay Rail Disaster in 1879. It was recovered from the Tay, restored, returned to the Devon Valley Line where it was nicknamed 'The Diver' and continued to run until 1919.

Prof. Munro then showed slides illustrating what the line looked like when in use and what it looks like now. Even today there is still some evidence to be seen of the railway: fences, banking, bridges and signs.



Robin Eadie, right, presents Prof. Munro with a quail to mark 40 years of talks

Robin Eadie, President, thanked Prof. Munro for yet another interesting talk to the Society. He went on to say that Prof. Munro has given over 40 talks to the Society, starting as a student c. 1970. Many of the talks have been on local historical topics and many have taken the members round the world to all manner of exotic places. Mr Eadie presented Prof. Munro with an engraved quail, to mark the appreciation of Kinross-shire Historical Society for the talk of the evening and all the others over forty years.

At the January meeting, Campbell Watson gave the Society a most interesting talk linking the Mercer family of Aldie Castle with important figures from French Society, including Napoleon.

The talk centred round the Comte de Flahaut, born in 1785, an illegitimate son of Talleyrand who was an important figure in France through five different periods of its history. Talleyrand trained within the church, was ordained and in time became a Bishop. The Comte de Flahaut was his closest and favourite son, the result of an affair with the Comtesse de Flahaut, whose husband adopted the child.

The French Revolution meant that his adoptive father had to go into hiding and Talleyrand assisted De Flahaut and his mother to get to England, where they lived by the sale of her jewellery and by the sale of books she wrote. This was where he was educated and he became a fluent English speaker. Talleyrand went to America where he amassed a fortune through property deals, in particular the sale of Louisiana to America. The adoptive father of De Flahaut was beheaded as he gave himself up to save someone wrongly accused of aiding his escape. Once the Revolution subsided, Talleyrand returned to France.

At the age of 16, De Flahaut wrote to Napoleon, boasting of his fluency in three languages, giving details of his adoptive father's demise and asking for a job as an aide de campe. He was then alongside Napoleon until Waterloo when he rode back to Paris with Napoleon after the defeat.

George Elphinstone, Lord Keith of Tullieallan Castle, had joined the Royal Navy at 14 years of age. He had a distinguished naval career, ending up as an Admiral and was, for many years, involved in the war against France. After Waterloo, Napoleon surrendered to a ship under Keith's command and he gave Napoleon the conditions of surrender. The huge fortune he made from prize money from ships overcome in the war allowed him to build Tullieallan Castle.

The Mercer family lived at Aldie Castle which has stood for 700 years. In 1790, William Mercer's daughter married Lord Keith and they had a daughter Margaret. At the age of 28, Margaret Mercer Elphinstone, Baroness Keith and Lady Nairne accepted Comte de Flahaut's proposal of marriage. Her father, Lord Keith was appalled and threatened to disinherit her. They were married in Edinburgh. He gave her status and she gave him wealth. They lived at Aldie Castle. Lord Keith became charmed by De Flahaut as did the people of the area. De Flahaut was involved in the development of the Devon Valley Railway and his signature on related documents show that he took his wife's name as part of his.

Missing the bright lights and high society, they moved to Paris. The French found Margaret de Flahaut 'rough' and too quick to offer her liberal views. De Flahaut was amiable and easy in society.

In 1830 Talleyrand became the French Ambassador in London and his son De Flahaut followed him in the same position 30 years later. De Flahaut died in 1870 and his name is inscribed in the Arc de Triomphe. His eldest daughter Emilie, who most resembled her father in looks, married Lord Shelbourne and their son Lord Landsdown also played an important role in English/French diplomacy. On behalf of the large audience, Ann Milburn thanked the speaker this fascinating talk.

For details of the next meeting, see Notices p. 91.

Kinross Camera Club

The results of the Scottish Photographic Federation Print Portfolio Championship were received just too late for them to be mentioned in the last Newsletter. Kinross achieved a very respectable place and particularly to be congratulated is Stewart Niven who received a Bronze Medal for "The Three Bears", the choice of judge Irene Froy: the other Bronze Medal winners were respectively from Edinburgh and Dundee Photographic Societies.

Unfortunately our Thackery Trophy and Creative Digital Competition judgments had to be postponed and we now look forward to learning at the beginning of March how our entries performed. The year ended with Christmas Fun and Games, not least of which was trying to blow up extremely strong balloons.

The New Year has made a most interesting start with a visit to Mills Observatory at Dundee. Thursday 5 January was a marvellously clear night – the Weather Clerk must have been attending to our pleas – and although the moon was nearly full it was still possible to see craters through the 10" Cooke Telescope and to view Jupiter through a smaller more modern one. Ken Kennedy, who gave us such an interesting lecture in September 2010, described to us the advantages for amateurs of the Digital SLR and even of digital compact cameras in photographing the Moon and other planets. He showed some pictures of the moon he had taken on a compact about half an hour earlier but warned us of the *extreme* dangers of trying to photograph the sun without specialist equipment – not only is one certain to burn out the chip in the camera, but one will also destroy one's own vision. Robert, one of the regular staff at the Observatory, then gave us an illustrated talk on the planets, their positions relative to the sun and their generally hostile environments, and, in a time-lapse photograph of the Milky Way, showed the location of the sun towards its outer edge.

Before the appearance of the next Newsletter, we look forward to a lecture by Al Buntin of Dundee PS and two further competitions together with our AGM.

For further details please contact the Secretary: alisonbradley101@btinternet.com or via the web site www.kinrosscameraclub.org.uk



Alzheimer Scotland Action on Dementia



Alzheimer Scotland's Dementia Advisors for Perth and Kinross, Bud Baxter and Fiona Matthews, will be at the **Kinross-shire Day Centre**, 64 High Street, from 11.30am to 3.30pm on **Wednesday 8 February** and again on **Wednesday 14 March**.

We are here to support people with dementia, their carers, families and friends. Everyone is welcomed to stop by for free information sheets, leaflets and support regarding any aspect of dementia. When dementia affects your life or that of someone you know it can lead to hundreds of questions. Alzheimer Scotland is here to help you find the answers. We have information on all types of dementia, including Alzheimer's disease and vascular dementia. We can help with what to do if you are worried about your memory, or that of someone you know. We can help with questions about living with dementia or caring for someone with dementia. We have time to talk; the Day Centre has also arranged for a room for confidential conversations. Stop by and meet us and find the answers you need.

If you can't stop by, we can still help. You can contact us at our office in Erich Ward, Murray Royal Hospital, Muirhall Road, Perth PH2 7BH on telephone no. 01738-562358. Our email is perthDA@alzscot.org. You can also call our 24-hour freephone Dementia Helpline on 0808 808 3000 or visit our website at www.alzscot.org.



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Action on Dementia

Helpline

24 HOUR

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Greyhound Rescue Fife

Website: www.greyhoundrescuefife.com

Phone: 01592 890583

Email: femiejimmyf@aol.com



GRF wins RBS award

Greyhound Rescue Fife has been awarded £6275 from the RBS Community Force Project after polling the most votes out of 30 projects in the Kinross and South Fife regional section. The organisation also polled second highest out of 6882 contenders across the UK, which gave them an extra £275.

"Not bad for a wee greyhound rescue," said Jimmy Fernie, joint founder of GRF.

The RBS cash has helped to cover the costs of sourcing an underground water source and installing a pump and pipes to provide fresh water to the kennels. Jimmy said, "Last winter our water supply froze on 30 occasions and we had to carry a huge number of buckets of water to the kennels to clean them out and for drinking water."

GRF recently got their very own 'Magic roundabout' as it has been named. Jimmy explained, "We now have Scotland's first hydraulic-operated greyhound walking machine, which was sponsored by Pets at Home, enabling the dogs to exercise no matter how bad the weather."



The 'Magic Roundabout' dog walker

GRF was recently told that Perth and Kinross Council review body had turned down a planning request for a two-bed bungalow at GRF on Baltree Farm, near Gairneybank. Rather than leave up to 50 dogs unattended overnight while they return home to Kinghorn, 16 miles away, devoted dog lovers Jimmy and Celia want to live on-site.

Celia said: "They have damned our rescue operation for the future. We are doing quite well but it could all disappear without an on-site presence. We wanted to tie the house into use of the kennels in perpetuity, as once we die then the estate will be left to the Retired Greyhounds Trust (RGT) and managed by whoever takes over GRF."

Since setting up GRF in 2005 with their life savings, Celia and Jimmy have rehomed 530 unwanted hounds and always have a waiting list. If you think you could give a hound a home, please contact GRF (see details at top).

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone Julia Fulton on 01577 865530 or email

subscriptions@kinrossnewsletter.org

Kinross-shire Local Events Organisation



Interested in helping with KLEO events?

For the KLEO committee the Kinross-shire Music Festival has been a big learning curve. We have received a lot of very useful feedback from people attending the music events, the musicians, the venues and the workshop leaders. We hope to improve the next festival by taking this feedback into account. However, we can only organise another festival if we have enough help.

We are looking for people who would like to join our KLEO committee. There is a variety of tasks we need doing, maintaining the website, promoting the different events or if you are interested in generally helping out please let us know.

If you would like to be involved please send an e-mail to info@kleo.org.uk or call Bouwien on 863107.

Portmoak Film Society

We wish all our 'regulars' (members and visitors) a happy new film year and hope you enjoyed our first film shown in January, "The Social Network", the story of Facebook founder Mark Zuckerberg.

The next film, to be shown on **Saturday 11 February** at 7.30pm in Portmoak Village Hall, is the fast-moving thriller "Inception", directed by Christopher Nolan in 2010 and starring Leonardo di Caprio. It's a real brain-teaser! We'd like to take this opportunity to welcome all 'friends of film' and remember, you can just turn up and pay £5 on the door if you're not already a member – and round off the evening with a chat to friends and neighbours with a hot drink and cakes.

To check out the rest of the programme, go to www.portmoakfilmsociety.org.uk

Kinross & District Town Twinning Association



In preparation for this summer's visit to Gacé, our twin town in Normandy, A **SOIRÉE**

FRANÇAISE will be held at the Loch Leven Community Campus on **Thursday 23 February** from 7pm till 9pm, where all interested parties are invited to attend a cheese and wine evening to find out about our twin town, our history and travel arrangements. Admission to the evening is **FREE**.

We have been linked with our twin town since the early 1970s and families have been exchanging visits twice every three years, although in the early days the exchanges took place every year. We are due to travel to our twin town and live with host families, leaving Kinross at the end of July and stay in or around Gacé for one week. The only cost will be travel costs, as all excursions and meals are catered for by our twin town. It is planned to spend one day in Paris with the option of touring the sights of Paris or spending a day at the Parc Asterix theme park. Another day visit will be spent at the Normandy coast.

Anyone interested in finding out more about our twinning links with Normandy should come along to the **SOIRÉE FRANÇAISE**, which will be jointly hosted by association members and staff of Kinross High School who have visited Gacé in the recent past.

Seamab School

Christmas is always a busy time here at Seamab, and this year has been no exception! The school looked very festive with our Christmas trees and decorations. We had a traditional Christmas lunch in the school, a Christmas party for all the children and a special end of term assembly. At the Christmas assembly, the children took great pride in telling their classmates, teachers and visitors all about their achievements this term. Of special interest to everyone was the success of Seamab's football team.

As we have done for a number of years, all the children visited Edinburgh Zoo on New Year's Day. Of course, this year, with the arrival of the pandas, was especially exciting. The weather was fortunately kind for this trip. All the children came back to Seamab having learnt a lot about the animals, especially the pandas. They really enjoyed their day out together.

Throughout 2011 we benefited from many supporters – people have given their time and their expertise as well as people who made donations and fundraised for the children at Seamab. We would especially like to thank the Weir Group, who made a very real contribution to Seamab by fundraising for our caravan to make sure all our children can have a good holiday.

In 2012 we are looking forward to building on what has already been achieved to develop all of our services further. We are currently developing our approaches to outdoor education and outdoor learning. We have also been developing our pupil council and we expect that the children will have many interesting ideas for the school. We'd like to take this opportunity to wish all of our supporters a Happy New Year and let you know that we look forward to working with you in 2012.

Joanna McCreadie, Principal

Milnathort Primary School Parent Council

For the most up to date minutes and other information, please see our website www.milnathortprimary.org.uk

Alternatively, contact the Clerk, Elyse Kirkham:

Telephone: 07747534513 or

E-mail: elyse.kirkham@milnathortprimary.org.uk

Milnathort Primary School Parent Council will be meeting on the following Mondays at 1930 hrs at Loch Leven Community Campus (where possible in ICT Room 1):

23 January, 5 March, 23 April and 4 June.

Kinross & District Pipe Band

After a successful competing season last year, we are really looking forward to the coming season where we will be aiming for RSPBA Music Board promotion up to Grade 3B. With this in mind, we will be practising hard over the next few months on not only our required sets for Grade 4, but also a couple of Grade 3 selections to allow us to "play up" into that Grade wherever possible.

Once again our youngsters have done us proud at solo competitions, with a total of five prizes at the Branch Solos held in the Community Campus in November, and a particularly encouraging result for Douglas Mair (12) at the Craigmount Solos in December where he took first place in the 14 and Under Piping against a strong field of some 28 competitors! The prize-winners at the Branch solos were: Alasdair Bennet (10) 5th place in the Chanter, Lewis Cox (12) 1st place in Novice Drumming, Sophie Bryson (9) 3rd place in Drumming on Pad, Alexander Cox (14) 1st place in Under 16 Drumming and Alissa Reilly (14) 4th place in Under 18 Tenor Drumming.

We were delighted to receive a cheque for £500 from the Round Table at their "Dragons' Den" event in December towards the cost of fitting all the pipers out with high tech "Saul" tuners to help us improve the quality of blowing and speed up our tuning, and would like to express our appreciation here to them for all the excellent fund raising they carry out every year for community organisations. Keep it up guys!

Two major pieces of band-related news to announce:

Expert Tuition For Local Kids

With the help of Dick Keatings at the High School, we have finally managed to get the piping and drumming tuition classes off the ground for all local schoolchildren. These classes are run by elite Grade 1 instructors and have just started in January at the Community Campus. They take place every Tuesday from 4.00 until 5.00 pm and cost only £6 per session, so please get in touch with the Campus if you would like to enrol your child. All ages from around Primary 4 upwards are welcome.

Brand New Loch Leven Pipe Band Contest

On Saturday 12 May, combining with both the Half Marathon and the Feel Good Fair, both of which are moving this year up to the Community Campus, the local branch of the RSPBA (of which we are a member) will be inaugurating a brand new outdoor Pipe Band Contest. Between all three events this is now going to be quite a crowd-puller for the town, and if at all possible we would like to go one stage further and organise for the Massed Bands to play the runners off at 1pm at Bridgend, and then have a Street March of the individual bands back up the High Street as far as the old High School. To make all of this possible we really need the support of local businesses to sponsor either prizes at the competition or sponsor the Street March (or both!). A number of businesses have already pledged contributions – for which we are hugely grateful – but we still have a way to go to raise the prize money we need and we would therefore ask all local companies to consider sponsorship in exchange for promotional opportunities on the day.

For any further information, please contact Nigel Kellett on 07801 182283 or email nigel.pipes@kinross-pipe-band.co.uk

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Kinross High School



As we reach the month of February, the school is moving at full pace in three main areas: exam preparation, staffing levels for next session and responding to our recent inspection report.

I hope that all parents have managed to read our report by now and soon we will be meeting with you to discuss our intentions in moving the areas for development forward.

2011 has seen a large influx of new pupils into our school and this will hopefully reflect well in terms of setting staffing levels for next year. In addition, Arngask Primary School is to be rezoned into our catchment area, which will officially include those pupils as ours. Inevitably class sizes are more likely to go up in situations such as this but we will continue to provide as wide a choice of subjects as we possibly can at as many different levels as we can.

Exams in one shape or form are never far away when one works in a school setting. Currently our Senior pupils are preparing for their Prelims. Hopefully our S4 pupils have taken on board the lessons learned from their own Prelims. Elsewhere assessment is part of the daily business of learning and teaching. Our successes in these areas are due to hard work, mainly through a combination of our pupils and their teachers. However Parents have a vital supporting role to play. Our Parent evenings are there to give you an insight into your child's abilities and their areas for improvement. If you are still unsure as to how you might be able to support your child then you should contact your Guidance Teacher in the first instance.

There are two recent developments in the Campus which I would like to draw to your attention.

First, the time-line on the left hand side of 'the street' – look up and you will certainly notice this work in progress.

Already we have our datum line established and we are now beginning to populate this. We have Headteachers, Head Boy and Girl and Dux pupils already in place. We have worked hard to try and ensure that all names are included but there are a couple of gaps which some of you might be able to help us with. Rather than me tell you, why not take a look and see the next time you are in? In addition we have been working in partnership with the Museum to include some worldly events in the form of illustrations atop the line. This can only enhance this piece of work. I would also like to take this opportunity to thank Craig Purvis (Purvis Plant Hire Ltd) who kindly donated the hoist and operator, which allowed us to undertake this work.

Second, a piece of Ceramic Art which is sited above the entrance to the Hall door, again in 'the street'. This was a piece of work completed, we believe, by a Community Art Class overseen by Jack Moffat. However, apart from Jack, we do not know the members of that group. Were you one of them, perhaps? Can you recognise the tile you designed and produced? Do you know who these people might have been? If you can help us shed any light on this fabulous piece of local work then please get in touch or leave your details at reception and we will contact you. This work has recently been refurbished by David Robertson and for this we thank him.

Finally, a note on pupil behaviour. You will have been disappointed to read the message from our local police recently regarding stone throwing and personal abuse by pupils of our school. I am now much happier to report an improved situation here and would wish to thank those members of our community who got in touch with me at the time and thus helped us to identify those responsible.

Dick Keatings

Kinross & District Rotary Club



Since my report In the last Newsletter, our club has had a wide range of different meetings, starting with Jacqui Seller, of the local business, JS Ceramics, who took us through her career to date from working at home to the excellent business of today, supplying, amongst others, outlets at many of the Historic Scotland sites.

At our last meeting in November, Ragnar Ingebrigtsen told us the incredible story of his father's escape from Nazi-occupied Norway in World War 2. He managed to gather much of the detail from his father's reports to MI9. His father had to submit these reports to enable him to join the Norwegian Air Force after his arrival in the UK.

At our first meeting in December we were given an excellent slide presentation by local boys, Aaron Lockhart and Douglas Weir. They performed their 'duty' very well indeed. This was their 'debt' after our Club had funded a week-long attendance for both of them at a RYLA camp at Abernethy. This is Rotary Youth Leadership Award and is one of the most successful Rotary programmes run by groups of Rotary clubs around the world. The fun and intensive week-long programme for 14 to 30 year olds offers the leaders of the future a chance to get a head start. Our two candidates made lots of friends and developed their social skills. As a result, they feel more confident and this showed as they addressed us and handled questions. Two of their friends, girls in the same Interact club, also attended

our meeting along with the mothers of both boys. One of the girls, promoted by the club, has been selected by our Rotary district to attend Euroschola later this year. This involves a funded visit to the European Parliament in Brussels. The other girl attending our meeting is the current (first) year's President of the local Interact club.

The next club meeting of note was our Christmas Party on 19 December. We were to have been entertained by our local 'Singing Butcher' but, unfortunately, he had to call off due to a family bereavement. Instead, we were treated to some great music, at short notice, by Douglas Weir of the Dunfermline Gilbert & Sullivan Society.

Once again, the Club arranged a Christmas Party for residents of Whyte and Causeway Courts and the Day Centre. It was held in the Day Centre who, as well as arranging transport, also provided refreshments for all attending. The entertainment was expertly provided by the Young Farmers Club, James Libbie and members of Interact, and from the feed-back received, the party was again very popular.

Sadly, our club President, **Kelvin Reay**, was taken to hospital a few days before Christmas. Although he seemed to improve a bit, he sadly passed away and his funeral was on 6 January. It was attended by a large number of his friends from our club and from Probus and the Kinross Bowling Club as well as relatives, neighbours and other friends from both Scotland and England. He will be missed by so many of us who knew him and our thoughts are with his son, Michael.



The Kinross-shire Civic Trust

Helping protect, conserve and provide a better built and natural environment



Scottish Civic Trust/Planning Aid for Scotland

Unfortunately this event had to be cancelled at the last minute due to the very high winds on Thursday 8 December. The Forth Road Bridge was closed, which prevented the speakers attending. The Trust hopes that nobody was inconvenienced by the late cancellation. The event will be reconvened, hopefully in March.

20th Anniversary Dinner

Mr Alistair Smith, Chairman of the Kinross-shire Civic Trust, welcomed members and guests to a dinner at the Grouse and Claret, Heatherford, Kinross, to celebrate the 20th anniversary of the Trust.

After Dinner, the Chairman proposed a toast to the Trust. He reminded everyone that the Civic Trust was founded, like other Civic Trusts throughout Scotland, over concerns about development pressure being placed on preservation, conservation and development on the Built and Rural environment in Kinross-shire and Glenfarg. That pressure continued today, 20 years after, although the current economic downturn may have lessened that for the time being. The Trust therefore had a focus for the future with additional concerns including the proliferations of wind farms and turbines and the need to preserve good agricultural land for self-sufficiency in food for the long term future as well as the need to constrain development from covering the land with bricks and mortar.

In replying, the President, Professor David Munro, looked back over the history of the Trust, starting with the founder members and recalling events that took place in the World in 1991 when the Trust was founded. These included the Cold War coming to an end, the first Gulf War and the launching of the World Wide Web.

The Trust was very actively involved in Planning, taking positive comments forward on applications, the regional Structure Plan and the Perth and Kinross Local Plan.

Annually the Trust has held visits and walks to places of interest around Kinross.

In order to encourage good design the Trust initiated Architectural Awards for new design and for restoration and conservation of old buildings. In addition the Trust now has an Environmental Award and it also runs the Best Kept Village Award scheme, started by Sir Robert Stewart.

Professor Munro then highlighted some key issues that the Trust has still to pursue. His final major concern was the town of Kinross itself, whose location now no longer seemed to be important. The centre of the old town has become a disgrace, with dereliction, graffiti and an ever increasing number of iconic buildings now boarded up with no real prospect of use that will benefit the community, citing the Town Hall, Carnegie Library, old High School and the County Buildings. He felt that we could look back over the last 20 years of considerable effort on the part of many individuals and hoped that the next 20 years can make an even greater difference.

2012 Programme

The Best Kept Village: Judging for the Trust's BKV Competition will be taking place some time in July.

Architectural Awards: This year the competition will be for Architectural excellence in the design of old buildings with the aim being for conservation, conversion and extension of existing buildings.

Buildings of Interest in Kinross-shire Tulliebole Castle

Barely visible amidst trees a mile to the east of Crook of Devon, Tulliebole Castle has been described as a "captivating tower house" and an "unspoiled and attractive house". It bristles with conical-roofed turrets and chimneys perched above a T-plan structure whose walls are white harled and finished off with crow-stepped gabling. Once thought to have been erected all at one time, it is more likely to have been built over a longer period. The older western third of the castle, possibly dating from the early 16th century, forms a four-storey tower while the lower eastern range of the building, dating from the early 17th century, rises only to three storeys and houses a kitchen and hall. A proliferation of staircases and a massive internal wall add to the architectural intrigue and in the hall, which may have had a gallery at its eastern end, is a remarkable fireplace with a moulded lintel eleven feet in length. Nineteenth century alterations add a further layer of interest to the making of the castle as we see it today and in the surrounding policies are to be found a stable courtyard, wash-house, dovecote and the old graveyard of Tulliebole Parish.



Tulliebole Castle

Held for many years by the Hering family of Glasclune in Perthshire, Tulliebole was acquired by John Halliday in 1598. His son, also named John, inherited the estate in 1607 and completed the enlargement of the castle into a comfortable laird's home a year later. In 1615 King James VI created the barony of Tulliebole, which raised the status of nearby Crook of Devon to that of a Burgh of Barony with the right to hold weekly markets and an annual fair. In 1749 Tulliebole was acquired by Henry Wellwood of Garvock near Dunfermline whose niece Katherine married the Rev. William Moncreiff, minister of Blackford Parish. Katherine's son Harry Moncreiff eventually inherited the property which remains in the Moncreiff family to the present day. Notable members of this family include James Wellwood Moncreiff, who defended the infamous grave-robber William Burke, and his son, also named James and raised to the Peerage by Queen Victoria in 1874, who was the prosecutor in the sensational murder trial of Madeleine Smith in 1857.

Sports News



Kinross Men's Hockey Club

Just under half way through the season and both teams, promoted this season, are raring to go after the festive break, although our bodies might not be so enthusiastic after the annual compulsory over indulgence!

Kinross 1sts are currently lying in third place in East District league 1, having played 8, won 5, drawn 2 and lost 1.

Kinross 2nds are currently lying in fourth place in East District League 3, having played 8, won 4, drawn 1 and lost 3.

Hockey training is on Tuesday evenings, 7.30pm to 9pm, at KGV astro pitch and is free and all are welcome no matter what your age or skills level.

The leagues start again on 28 January:

January

28th	1sts v Grange 5ths	Away at 2.30pm
	2nds v Grange 7ths	Away at 12.30pm

February

4th	1sts v Alloa	KGV at 12pm
	2nds v Peebles	KGV at 10.30am
11th	1sts v Rievers	Away at 12pm
	2nds v Watsonians 4ths	Away
18th	1sts v Edinburgh Uni 4ths	Away at 4.15pm
	2nds v Edinburgh Colts	Away
25th	1sts v Edinburgh Uni 3rds	KGV at 10.30am
	2nds v Edinburgh Uni 6ths	KGV at 12pm

For further information either contact:

Ross Turbet on e-mail: captain@kinrosshockey.co.uk or
Gordon Balfour: secretary@kinrosshockey.co.uk or visit
our website at www.kinrosshockey.co.uk .

Milnathort Golf Club

Senior Section

On behalf of the Senior Section, I wish all a very Happy and Healthy New Year and trust that the weather will be kinder to us, and the Course, in 2012.

It would be remiss of me to start the Year without remarking on the loss of Past Captain Tony Jones, who left us suddenly and unexpectedly on Christmas Eve. It was a tremendous shock to all and our thoughts are with Sue and family at this time. Tony worked for many years for the Club and he will be sadly missed.

As the year starts, we look forward to the oncoming season with its many fixtures and friendly games. We are always looking to expand the Senior Section and, with that in mind, look forward to the initiation of a Senior Section Quarterly Newsletter under the 'editor-in-chief', John Mills. We trust that you will enjoy, and, hopefully, actively respond to, its introduction and the proposals therein.

In the interim, before the season starts in earnest, use the Winter, or what's left of it, to hone your skills, straighten your drives and tutor your muscles for the year to come.

Kinross Ladies' Hockey Club



On 19 November both teams were playing at home. The second team played Stirling Uni and won by 2-0. It was great to see the young girls playing so well, Emma, Lucy and Megan, and it was Megan who scored both goals. Must mention our other youngster, Maeve, who tends to go unmentioned, as she plays well every week!

The first team played Brechin and won 6-0 with Gill, Michelle, Anni and Kari scoring one goal each and Vicky scoring two.

On 26 November the first team were away to St Andrews Uni where they won 4-1 with AJ scoring three and Michelle one. It was a good game and the team had to work a bit harder than usual.

The second team were at home to Dundee and won 4-0, with Dawn, Anna, Jenny and Doctor Gail scoring. The match was marked by the return of former defender Karen who had not one but two rather spectacular dives!

Our last games of the year saw the first team playing Madras with the end result being 6-2 in favour of Kinross. Gail scored three and Michelle, Gill and Lynn scored one each.

The second team were away to Kilgraston where unfortunately they were beaten 4-0 by Perthshire.

Our Christmas Night Out was in the rugby club where we held a disco. Thanks to Dawn and Alison for organising a fun evening.

Training is indoors at the campus for the first few weeks of the year, but after that back to the usual time and place of KGV at 6.30 on Wednesday evenings.

For further information visit our website or call Morag 01577 863356.

Kinross Badminton Club



The club would like to wish all of the members a happy new year and the committee hopes that all of the members had a good Christmas and that everyone is well rested and raring to go for good year's worth of badminton.

This year the club hopes to increase its intake of members. To do this we are planning on hosting a "bring a friend night". We are planning to host this soon and will inform all of the current members about it fully nearer the time.

Due to lack of members turning up to club nights towards the end of play last year, both the Kate Francis and the Macdonald Quaich were postponed. The committee will be deciding when to reschedule these events (ASAP). The results will appear in the next edition of the newsletter.

For new members the first night is always free, and from this point onward in the season there is a reduced joining fee. The fee is now £25 for new senior members and down to £10 for the new juniors. The same nightly fees apply once new players have joined: £3.50 for adults and £3.00 for juniors.

We hope to see as many familiar faces back at the club as we can this year and would also love to see a lot of new faces. Players of any ability are welcome to come along and give it a try!

Deadline for all Submissions
2.00 pm, FRIDAY 10 February
for publication on Saturday 25 February

Kinross Volleyball Club

The club has been busy over the festive break with administration taking up most of the time. The new East Central Regional League is due to start, with Kinross travelling to Linlithgow before the end of January. Other games will be played on a fortnightly basis against Perth, Heriot Watt University, Team Fife and Volero of Motherwell between now and Easter.

The club was also successful in gaining a development grant of £200 from the Scottish Volleyball Association having submitted a two-year plan to the sport's governing body.

The club is also looking forward to competing in Aberdeen against National League side Beacon in the SVA Plate competition on 21st January.

The Scottish Volleyball Association draw for a set of Scotland Men's Team uniforms was won by Kinross who will be wearing the uniforms in their games over the next few months.

In the Perth & Kinross District League Premier League, Kinross Scotrange now sit at the top of the league and Kinross Kintronics are now in fourth position. In the Perth & Kinross District Recreational League, Kinross BB are currently the league leaders with Kinross High School in sixth position and Kinross BB Girls' Association in tenth position.

Monday evening training sessions have resumed at the campus following the festive break with new members being made most welcome. Training and practice games take place in the Campus sports hall from 7.30pm till 9.30pm, with current ages ranging from 12 to 60+ showing that we cater for all ages and ability levels from beginner to experienced player.

Telephone club secretary David Munro for more details (01577 862126).

Kinross Curling School After School Club



The under 12-year-old rinks of Craig Barr, Beth Farmer, Daniel Sproul and Alysia Rennie and Gavin Hay, Lewis McLaren, Georgia Smith and Poppy Baird won the Triangular Tournament against teams from Stirling Young Curlers and Gogar (Murrayfield).

This is competed for at the three venues during the season with the accumulated scores carried forward to the final, which was held this year at the Green Hotel Ice Rink on Sunday 8 January.

Congratulations to all our youngsters.

Anne Porter (T.A.S.C.)

Athletics

Young Athlete of the Year 2011 nomination

UK Athletics have nominated **LAURA MUIR**, from Milnathort, for the Daily Record "Young Athlete of the Year 2011".

Her first GB selection came in December to run for the team at the European Cross Country Championships in Slovenia. After achieving a team Gold medal, Laura was selected for her second GB vest at the Bupa Great Edinburgh Cross Country at Holyrood Park in Edinburgh on 7 January. Placing tenth and third GB team runner in her Junior race, she helped the whole GB team to win the overall title against teams from USA and European Select.

Laura has been shortlisted as one of 12 finalists, with the winner being announced at Aviva International in Glasgow on 28 January.

There is a short interview on the Daily Record website under the Sport/Athletics section. Once all twelve athletes have been featured, the winner is decided by public vote. Hopefully as this Newsletter issue is published, the voting link on the Daily Record website will still be available for you to show your support.

Kinross Cycling Club

kinrosscyclingclub.co.uk



With 2012 underway, here is a quick reflection on 2011 and an idea of what we have happening in 2012.

For KCC, 2011 was a successful year. We grew our membership to over 60. We staged Sportive Kinross, which raised nearly £8,000 for CHAS. We purchased from the local bike shop, Loch Leven Cycles, two mountain bikes which we donated the Kinross Police for use of the community officers. We staged our fantastically successful GP series which local GP, club President and founder Doc Roddy Pattison, won.

For 2012, we have **Sportive Kinross Ceilidh on Saturday 24 March**, and **Sportive Kinross**, the event, on **28 April**.

We want to encourage more families out on their bikes so we are going stage, in association with Sainsbury's, Kinross, the **Family Cycle Challenge**, an event designed to support the Scottish Cot Death Trust; this is on **Sunday 29 April**.

Our very own GP series this year will have ten events, so if fancy taking part, join the club!

And finally, we're going host a stage of the Scottish Cycling Cat 4 race series.

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Kinross Otters

A Year of Record Breakers.....2011

The present crop of young Kinross Otter swimmers are a talented bunch and this has been highlighted by an unprecedented year of record breaking. No less than seven swimmers have managed to break (and in some cases re-break) 16 individual Club records!! Fifteen of the 40 events (male, female and relays) now have new marks.

Foremost in this activity has been **Iona Elder**. Despite being only 14 she has broken 6 records and now holds the 50m Backstroke, 50m Butterfly, 100m Individual Medley and 200m Freestyle. Next up is **Ruairidh Haig** (16) who broke 3 individual and two relay records and now holds the 100m and 200m Breaststroke and 4 x 50m Freestyle and Relay records. **Cameron Nelson** (13) also broke 3 individual records and now holds the 200m Butterfly and 400m Individual Medley. **Rachel Brisbane** (14yrs – 200m Butterfly), **Cameron McCloskey** (13yrs – 1500m Freestyle), **Mairi Mulhern** (15yrs – 100m Breaststroke) and **Niamh Mullen** (12yrs – 200m Butterfly) all broke one record each. **Niamh's** record was particularly impressive as she took 6 seconds off **Rachel Brisbane's** new mark and is now the youngest ever record holder at the age of 12!!

Scottish National Short Course Championships 2011

These Championships took place in Inverness from 15 - 18 December 2011 and featured the best swimmers in Scotland. Kinross Otters managed to get three swimmers there. **Iona Elder** qualified for two swims – in the 14 and under Girls 100m Individual Medley where she came 43rd (1.14.52) and the *Women's* 50m Backstroke where she came 47th (33.93 secs). She broke her own club records in both. Highest position achieved went to **Cameron Nelson** (13) in the 15 and under Boys 400m Individual Medley where he came 39th in 5.14.19 to break his own club record that he set earlier in the year by 13 seconds! He also has two further years to compete in this event. **Rachel Brisbane** (14) came 58th in the *Women's* 50m Breaststroke in 39.09 secs.

Congratulations and Good Luck

To **Cameron Nelson** (100m Butterfly), **Finlay Nesbitt** (50m Freestyle) and **Aaron Gillon** (100m Breaststroke) who are the only Otters to make it to the Scottish Schools National Championships this year (28 January 2012). There would have been more but for the refurbishment of Tollcross in Glasgow for the Commonwealth Games. The enforced move to East Kilbride meant 6 lanes instead of 10, so 60% of the swimmers that would normally attend the Champs. All the best boys!

Kinross Otters Club Championships 2011

The annual club championships took place on 6 November 2011 at Loch Leven Leisure Pool and as usual produced some very tight competition and excellent results. The final results were a closely guarded secret until they were revealed at the Awards Night, held once again at the Thistle Hotel in Milnathort on 25 November.

It is always difficult to pick out highlights, but surely **Cameron Nelson's** first title in the 13-14 yr old boys 100m was one of them, where after five years of trying, he finally overhauled his nemesis, in **Cameron McCloskey**, with a series of performances of sheer power. After some superb performances, **Niamh Mullen** narrowly overcame **Claire Moloney** on the day to claim the girls under 12 100m title. Few would have predicted this at the start of the year. **Iona**



Elder once again showed her dominance after her record breaking year to claim her first title in the girls 13-14 yr old 100m group. And finally, no Club Championships would be complete without the appearance of an ex-Olympian in the form of **Mirek Chmelicek** who unsurprisingly won the Men's 100m Open Individual Medley despite being over 10 seconds down on those glory days!! Full positions are as follows (gold, silver and bronze from left to right):

50m u9 girl- Ola Stanton, Niamh Moloney, Rebecca Mitchell

50m u9 boys- Rory Nesbitt, Alex Wilson, Finlay Cormack

50m 10/11 girls - Amy Hardie, Lorna Doyle, Claire McIntyre

50m 10/11 boys - Johnny Mullen, James Douglas, Fraser Eadie

50 m 12 + girls - Amber King

50m 12+ boys - Dylan Irvin, Euan Simpson

100m u12 girl - Naimh Mullen, Claire Moloney, Faye Mathieson

100m u12 Boy - Conor McCormick, Gregor Malcolm, Euan Boyle

100m 13/14 girl - Iona Elder, Rachel Brisbane, Vicki Reid

100m 13/14 boy - Cameron Nelson, Cameron McCloskey, Aaron Gillon

100m 15 + Girl - Mairi Mulhern, Fiona Spain

100m 15 + boy - Ruairidh Haig, Callum Deas, Jordan Curtis

100 IM girls - Lorna Doyle, Amy Hardie, Claire McIntyre

100 IM boys - Harry Sangha, Matthew Moloney, Alex Wilson

200 IM girls - Iona Elder, Mairi Mulhern, Rachel Brisbane

200 IM boys - Ruairidh Haig, Cameron Nelson, Aaron Gillon

Open IM Girls - Laura Muncey, Kayleigh Reid, Fiona Crichton

Open IM Boys - Mirek Chmelicek, David Haig, Ian Kenny

Coaches Awards – Bronze Squad - Ailsa Bennett, Silver

Squad - Niamh Moloney, Gold Squad - Robbie Carstairs,

Platinum Squad - Faye Mathieson

Swimmers of the Year - Claire Moloney and Cameron Nelson

Tayside Premier Division Age Group winners 11/12 boys -

Finlay Nesbitt, Finlay Reith, Euan Boyle, Conor McCormick

Midland District November Championships

Olympia Leisure Centre, Dundee, 18- 20 November 2011

The Midland District (Tayside) annual November Championships took place at Olympia Pool in Dundee over the holiday weekend of 18/11/2011. Eighteen Otters took part and achieved great success as listed below:

Finlay Nesbitt (11) – Four first places and two seconds

Ruairidh Haig (16) – Three firsts (100m Breaststroke in Club Record 1.19.00) and a third

Gregor Malcolm (12) – Three firsts

Kirstin Haig (11) – One first, two seconds and a third

Robbie Carstairs (12) – Two firsts and a third

Fiona Thomson (13) – Two firsts

Rachel Brisbane (14) – A first and a second

Callum Simpson (14) – Two seconds and one third

Niamh Mullen (12) – A first (200m Fly in Club Record 2.57.73 aged 12!!) and a third

Iona Crawford (11) – A first and a third

Aaron Gillon (13) – A first

Jack Watson (11) – Two seconds and a third

Caitlin Steptoe (11) – A second

Claire Moloney (12) – A third

Kinross Vaulting Group



On 21 October, twelve vaulters, two horses (Max and Robbie), three Lungers/Coaches and numerous parents travelled south to Bishop Burton, near Hull, for the British Equestrian vaulting championship being held 22-23 October. Much fun was had by all, and the vaulters, who had all put in a huge amount of training in the previous months, had some fantastic results.

Our **pre-novice** team was second and consisted of: Heidi Ballantyne, Duncan Lewis, Erika Machan, Joanne Drysdale, Kayleigh Ritchie and Aimee Roberts, lunged by Lynn Ballantyne on Robbie.

Our **novice** team was fifth and consisted of: Kirsty Paterson, Hannah Ballantyne, Heidi Ballantyne, Kirstin Henderson, Joanne Drysdale and Atholl Pettinger, lunged by Lynn Ballantyne on Max.

Seniors: Lesley Campbell was fifth, lunged by Liz Mackay on Max.

Juniors: Emma Paterson on Robbie was eighth, Hannah Ballantyne on Max was ninth, Kirsty Paterson on Max was 12th and were all lunged by Liz Mackay.

Under-14 Boys: Atholl Pettinger was first and Duncan Lewis was fourth, both on Robbie and lunged by Liz Mackay.

Under-14 Girls: Kirstin Henderson was 27th on Robbie, lunged by Liz Mackay.

Pas-de-Deux: Hannah Ballantyne and Emma Paterson were sixth on Max lunged by Liz Mackay.

Walk individuals: all on Robbie and lunged by Janice Henderson, sixth Heidi Ballantyne, seventh Erika Machan, 11th Aimee Roberts, 13th Joanne Drysdale, 14th Kayleigh Ritchie.

Walk pairs: again lunged by Janice Henderson on Robbie, sixth Kirstin Henderson and Atholl Pettinger, ninth Duncan Lewis and Joanne Drysdale, 11th Heidi Ballantyne and Kayleigh Ritchie, 12th Erika Machan and Aimee Roberts. Thanks must go to all the vaulters' parents who all did a huge amount to help the club, to event organisers over the weekend and also to Liz Mackay and Carole Pow for organising and preparing the horses and equipment needed for the weekend.

Qualifications: A few of us have also been busy achieving qualifications this year: **Kirsty Paterson** in August and **Kaye Paterson** in October achieved BEV level 1 coaching certificates and **Lynn Ballantyne** achieved both Level 2 UKCC and BEV level 2 coaching certificates.

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Kinross Tennis Club

www.kinrosstennisclub.org



As we submit for the newsletter deadline, the recent windy wet weather has played havoc with many people's aspirations to hit the courts and work off some of the Christmas mince pies – though a few have managed the trip to Stirling to play indoor. More inspiringly our U10 mini members will resume their winter training in February with Laura at the community campus, and fingers crossed fair weather is around the corner to encourage more members back on court as we have an exciting programme of tennis in the offing for this season as we welcome an additional coach, Alan Russell, to head up our programme at the club.

At our AGM in November committee members were elected and Richard Green agreed to step into the breach as club president. With a new coaching programme planned we are actively trying to recruit a **Junior Coordinator** to work closely with the coaches and the treasurer to ensure the smooth running of our junior activities – if you are interested in this voluntary position we would be delighted to hear from you.

Our Christmas Dinner at The Kirklands Hotel was a great success and enjoyed by all who attended – thanks to Shona and Anthony once again and to Maggie for organising. The next event will be our **Annual Quiz on Tuesday, 28 February, 7.30pm**, at the rugby club and we are delighted once more to have Mike Spain as quizmaster extraordinaire. Club members, their family and friends are welcome to come along and pit their wits in this fun event and enjoy the chilli supper too – please support your club in this fundraising event.

Enquiries can be made to our secretary Susan Malcolm at kinrosstennis@gmail.com

Kinross Cavaliers Basketball Club



Following the festive break, Kinross Cavaliers commenced training on Tuesday 10 January.

We welcome Fraser Notman to the Club as Coach. Fraser started playing basketball when he was 12, and has played at Inverness, and at national league level with Boroughmuir junior men, then Captain of the senior men's team and coach of the women's team whilst at Robert Gordon's University, Aberdeen.

Towards the end of last season, we entered a boys' team in an under 14 blitz tournament with clubs from all over Tayside and Fife, held at DISC Sports Centre in Dundee. Everyone had a great day and enjoyed the experience.

The coaches focus on fitness and having fun, with more basketball skills and team coaching being introduced over the coming weeks. If you are in Primary 6 or 7, S1 or S2 and are interested in basketball or would like to give basketball a try, just come along to the Campus any Tuesday from 6pm-8pm.

Our weekly training sessions cost £3.00 each and, if you want to join the club, there is a one-off annual payment of £10.00. The one-off payment includes the loan of a club strip for the season.

If you would like to get involved in any capacity, or would like any further information, please call Karen Nicholson on 01577 862623 or email k.e.nicholson@btinternet.com

Health and Fitness

by Tony Brotherton, Personal Fitness Trainer, fit & happy.



New Year Resolutions!

I hope you had a good Christmas and wish all readers a Happy New Year!

With the Olympics just six months away, let me suggest why you should consider adding more and regular exercise to your resolution list and taking some active steps to ensure that it happens!

This is a peak time for fitness trainers as many people resolve to get fitter and feel healthier. They dust off those gym shoes, open that gym membership and very often go on to overdo it! This initial enthusiasm often wanes and regrettably nearly 65% of those who start a new regime in January will have given it up by March!

When discussing motivation with my clients I often steer the conversation to how they see exercise fitting into their busy lives. Have you heard of people having a "light bulb" moment? I see the light come on when my clients realise that exercise has to become an intrinsic part of a normal healthy lifestyle, rather than an event or chore.

Our bodies are designed to move. They do not react well to inactivity and inertia. However, they do respond very positively to exercise and activity.

If you are considering a healthier lifestyle make sure that regular exercise is part of the plan, alongside perhaps an improvement in your diet and you should see real results.

Personal fitness trainers can help provide exercise expertise, programming and additional motivation should you need it.

The key to maintaining effective exercise is to choose something that pushes you but not too hard, that you enjoy and that can give you the results you want.

It's not normally the intensity of the workout that's so critical but the overall duration and variety of the exercise.

Three or four good one-hour mixed aerobic and resistance sessions every week is an excellent platform upon which to build a healthier approach. This could be a combination of gym work, working outdoors, an exercise class or team game; indeed the greater the variety the more likely you are to sustain it.

The acid test in March will be if you can have made exercise part of your regular lifestyle rather than an event or something "you have to do". Once you have broken through this physical and psychological barrier and look at what you have achieved, you will truly begin to realise the many benefits that regular exercise can bring. At this point many people wonder why they did not do this earlier, but remember it's never too late to start. "It's not what you are that holds you back, it's what you think you are not." Believe in yourself and go for it!

Note: It is important that anyone considering taking up an exercise regime should consult their GP before doing so, particularly if it has been some time since you last exercised or if you are on any form of medication or suffer from a chronic illness or high blood pressure.

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News from the Rurals

KINROSS GROUP

Kinross Group held their Autumn Meeting in Cleish Hall on 19 November. National Chairman, Isobel Robertson, put up the new Cleish WRI banner. She later presented Cleish member, Mrs Catharine Erskine, with a certificate and badge in recognition of her dedication to rural at Institute, Group, Federation and National level.

An excellent entertainment was provided by Patricia Roberts.

Competitions:

- | | |
|----------------------------|------------------------|
| Chutney | - J Venters, Blairadam |
| Christmas card (any craft) | - J Munro, Milnathort |

POWMILL – President Mrs Mary Wilson welcomed members to the November meeting. The evening was entitled “Ruralympics” and various fun games were enjoyed by all, including magnetic darts, miniature putting, hockey dribbling and guess the celebrity to name but a few. The winning pair were Mary Wilson and Janie Buchanan.

A lovely supper was then provided by Mrs E Shand and Mrs C Stewart.

Competitions:

- | | |
|---------------------------|----------------------|
| Novelty Socks | - Mrs Janet Mitchell |
| Muesli/Cereal Healthy Bar | - Mrs Elsie Johnston |
| Garden Gem | - Mrs Mary Wilson |

BISHOPSHIRE – The members enjoyed a delicious Christmas meal at the Well Country Inn, Scotlandwell. The competition for a Christmas poem had a good entry, and each was read out (or sung, in one instance), with much hilarity.

Competition:

- | | |
|----------------|---------------------|
| Christmas poem | - Margaret Crighton |
|----------------|---------------------|

January is Members’ Night. After wishing everyone a Happy New Year, President Norma Smith arranged a Beetle Drive. There was much hilarity, and all agreed it was a good fun evening.

Competitions:

- | | |
|----------------------|---------------------|
| Slice of coffee cake | - Janette Gardiner |
| Photo of a pet | - Margaret Crighton |

CLEISH – President Mrs Dorothy Morris welcomed all members and guests to our coffee, cake and carols evening. We were entertained by a mix of the SWRI federation choir and the Cleish and Fossoway choir. An enjoyable evening was had by all.

President Dorothy Morris wished everyone a happy new year at our first 2012 meeting.

After business she introduced Janice Callaghan from Baxter’s, who gave us a very interesting talk on Baxter’s history.

Mrs Alison Morris gave the vote of thanks.

Competitions:

- | | |
|-------------------|-----------------------|
| Pot Plant | - Margaret Kilpatrick |
| Flask of Soup | - Alison Morris |
| Winter photograph | - Margaret Kilpatrick |

BLAIRINGONE – Our members were invited to join Powmill WRI to have a Christmas meal at Powmill Milk Bar. Everyone had a jolly time, enjoying good food and excellent entertainment. At the end of the evening we all received a Christmas parcel.

A vote of thanks was given by our President Mrs Joyce Petrie.

It was with sadness that at Christmas time one of our members Wendy Brenchley died. She will be greatly missed by all.

CROOK OF DEVON - In December we had our Christmas meal at The Inn, Crook of Devon. As usual Marco provided us with a lovely meal and a good time was had by all.

President Mrs Isobel Mill opened the first meeting of 2012 by introducing Colin Shaw from the R.S.P.B. who gave us a talk and slide show featuring the Sea Eagles.

Mrs Margaret Greig gave the vote of thanks.

Competitions:

- | | |
|-----------------|---------------|
| Bird Ornament | - Mrs A. Lee |
| Flower of Month | - Mrs I. Mill |

GLENFARG – President Ursula Stewart welcomed members and guests to the first meeting of 2012. The speaker for the evening was Mr Donald Mackenzie from Glenfarg whose clear and easily understood information on how to get the best out of your camera was most welcome to all the photographers in his audience. He illustrated his points with his own wonderfully evocative photos and it all made for a most enjoyable evening.

Liz Yull proposed the vote of thanks.

Competitions:

- | | |
|---------------------|--------------------|
| Flower of the Month | - Lillias Johnston |
| Carrot soup | - Irene Bettaney |
| Snow photo | - Jeannie Black |

CARNBO – President Elizabeth Campbell welcomed members to our Christmas Dinner. The meal was enjoyed by all with a festive competition, some Christmas recitations, lots of chat, and concluded with a variety of carols.

Competition:

- | | |
|------------------|-------------------|
| Decorated Bottle | - Angela Browning |
|------------------|-------------------|

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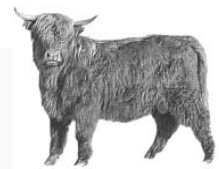
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Out & About

Vane Farm



Hello again folks and a belated “Guid new year” tae ye. It’s time tae start the auld column again efter a wee brek ower the festive period. So whit’s been happenin since the last time? Well at least this year the visitor centre managed tae bide open, unlike last winter when the white stuff kinda pit the kaibosh on things and we hid tae close quite a bit o’ the time. So far, this winter hiz been kind tae us and the snaw hiz kept awa and we hivnae hid a lot o’ hard frost freezin the watter ower, so life hiz been a bit easier fur the local birdies oan the loch and reserve.

A fine selection hiv been aboot wi a lot o’ the resident suspects like mallard, teal and wigeon, topped up by some rarer winter visitors like the crackin wee smew, baith male ‘n’ female varieties, Green winged teal, which is mair or less like the normal Eurasian yin, except the white stripe oan the body, which is horizontal oan the European bird, runs vertically doon fae the front o’ the wing oan the green winged. The loch’s biggest visitors, the mighty Sea Eagles, hiv also returned and are mair or less bein seen oan a daily basis hingin aboot oan St Serf’s, chowin up bits o’ birds, rabbits n’ the like or jist sittin aboot stretchin thur een, lookin at Loch Leven world. It’s the same pair thit hiv been comin fur the last three winters; turquoise tagged H, the big female, ‘n’ X, the slightly smaller, but equally impressive, male. Wi ony luck in a year or twa’s time they micht decide tae mak a territory here oan the loch?

Noo then, as a mentioned in the last article, Vane centre will be havin a re-fit ower the next few months, baith inside n’ oot. Due tae the inevitable disruption we will be offerin a reduced service in the shop and café, tho by the time ye read this the café micht well be finished since we are startin a wee bit earlier thin expectit – aboot the middle o’ January.

We will still dae oor best tae keep ye supplied wi birdfood n’ general birdy type stuff. Any offers that we hiv oan will still apply tho, so wi that in mind fae 8-29 February the big sacks o’ birdfood will be reduced by 20% so that will save a pickle bawbees, mackin it cheaper tae feed yer gairden pals. Nestboxes will be reduced by 10% so ye kin buy them a new hoose fur the spring as weel. That will run fae 8-21 February. The café and the shop will temporarily move into the education room yin efter tither till each place is ready tae move back intae. Please bear wi us durin the renovations cos it will awe be worth it yince the wark is completit and ye will hiv a nice, shiny, new centre tae visit and enjoy!

The next event is “**Build a bird a Home**” on **Saturday 18 February** from 11am – 2pm. It’s an advanced bookin event. Oan the day ye kin build a bird hoose and follow a self guide nature trail tae find oot aboot which bird uses which type o’ box. If ye wid like tae book or find oot mair details aboot this or ony ither events comin up, phone Vane oan the usual number 01577 862355.

Richt then, think that’s me fur this yin, till next time.

Ta ta,

Colin

Loch Leven NNR



The New Year has been blown in with some force, with extensive tree damage around the reserve. We’re doing our best to keep the path clear and safe for all to use, but we are always grateful for information if there is a blockage that we can attend to. The larger areas of fallen trees will take more time to sort, but we hope that work will start to restore the surrounding woodlands early this year.

The milder winter (so far!) has meant that many ducks and geese have remained at Loch Leven rather than moving on to other sites. Scaup and smew have both been seen with some regularity amongst larger flocks of tufted duck, pochard and coot. The white-tailed sea eagles are also wintering at Loch Leven again, and are frequenting their previous winter roosting site on Castle Island. The two birds are male and female, and were both released in 2009, meaning that they’re a couple of years away from reaching maturity, so it is encouraging that courtship flight has been observed from RSPB Vane Farm at this early stage. With the reintroduction programme having been started in 2007, it is only a matter of time before the first sea eagles on the east coast of Scotland begin breeding in the wild for the first time in almost 100 years.

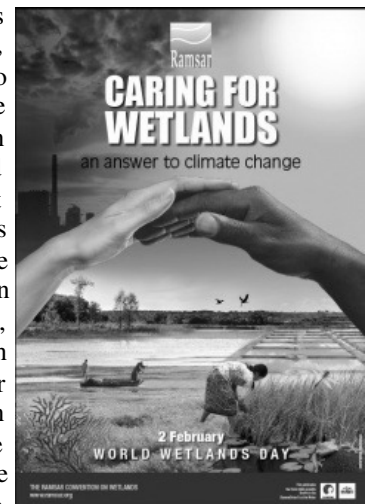
Our winter bird walk this year proved very popular, and was treated to excellent views of the eagles as well as an assortment of wildfowl and waders.

The first instalment of our events programme 2012 will be the **Walk for Wetlands** on **Saturday 4 February**, from 10am – 12noon meeting at Findatie car park. This walk has been organised to celebrate World Wetlands Day, the anniversary of the Ramsar Convention - an

international convention to protect wetlands globally, with over 160 signatory countries committing to protecting wetland habitats within their own borders. Loch Leven is one of many sites in the UK to be a designated Ramsar site, and during this walk you’ll have the opportunity to learn why it has been afforded this level of designation. Please call the reserve office on 01577 864439 to book your place. Finally, we were able to re-open the Burleigh Hide over Christmas. There are a few finishing touches still to be done, but we hope that you will all be able to get out there at some point soon to check out the new location and to enjoy the spectacular views the hide provides you with.

Happy New Year to one and all, from all the staff of Scottish Natural Heritage at Loch Leven!

Craig



2 February is World Wetlands Day

Farming



So, it's official, then. The wettest year on record for Scotland. This conclusion came as no surprise to farmers in this area, after a year of fighting the elements to try to get through the jobs in hand. With the exception of April, it was a constant battle with snow, rain, wind, rain, more wind and even more rain. The countryside throughout the central belt of Scotland almost resembles a disaster zone with fields of cereals and potatoes either part harvested or untouched, and huge areas of straw unbaled. 1985 is the most recent benchmark year for appalling weather but even in that year the rain relented in October to allow something to be salvaged from the year. Unfortunately, in 2011, the long awaited break in the rain never happened, and so it continues.

Meanwhile, here at Backward Farm things trundle on as we move into the new year. The cattle are fortunately still in their mostly fully-roofed sheds after the recent winds. We only lost a few sheets off one shed and there are a few wind blown trees which was a relief considering how fierce the gusts were, and the electricity was off for less than half a day. I also ended up doing a bit of lumber-jacking to clear some trees which had blocked a road. Even the sheep were quite sensible, sheltering in hollows and around clumps of trees.

We should have plenty straw to see us through the winter, but we will be a bit short of silage since I have kept more cows than planned and started feeding them earlier than hoped for.

To comply with the new bout of organisation which has broken out at Backward Farm(?), the ewes will be scanned later this month so we will be able to manage them more effectively as we will know how many lambs they are expecting.

Glen the collie pup is getting bits of practise at rounding up the sheep but we keep him on a long leash to keep his enthusiasm under control. I think he is about old enough to try some proper training soon.

I hope to be taking advantage of the next month to do some winter maintenance to our machinery so it will hopefully be ready for the coming season, and not break down too often – the best laid plans of mice and men...

Best wishes for 2012,

John

PLANNING PERMISSION BUILDING WARRANTS

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Check the situations vacant page at
www.kinross.cc

Weather



November Weather Report From Carnbo

The weather of 2011 was much milder than November 2010, less frost and snow were recorded, but precipitation was a little higher.

Total rainfall	151mm (126% of average)
Heaviest fall	32.4 mm (28th)
19 rain days, 7 dry days, 4 trace days were recorded	
1 snow day, no lying snow days were recorded	
Highest temperature	13°C (1st)
Lowest temperature	-1°C (2010 -6°C)
Mean temperature	6.5°C (2010 3.7°C)
No ice days (maximum temperature below 0°C)	
Ground frost on 4 nights (2010 20 nights)	
Air frost on 1 night (2010 13 nights)	
Thunder not recorded	
Sunless days	11
Cloud cover	75% app.

December Weather Report From Carnbo

December 2011 was the complete opposite in every aspect of weather when compared with December 2010. Precipitation was very much higher but with very little snow (35mm, 2010 all snow). The month was also very cloudy, only 3 sunny days! (2010 12 days).

The main difference though was the wind: 2010 was very calm throughout, 2011 was very stormy with frequent spells of damaging gales, especially early and late in the month.

Total precipitation	220mm (2010 35mm)
Heaviest fall	33.8 mm (13th)

Rain days 26, dry days 5

4 snow days, 4 lying days, total depth 3cms (2010, 6 snow days, 31 lying days, total depth 25cms)

Highest temperature	11°C (25th!)
Lowest temperature	-3°C (18th)
Mean temperature	2.1°C (2010-2.1°C!)
Ground frost recorded	23 nights
Air frost	18 nights
Ice days 1 (maximum temperature below 0°C)	
Sunless days	11
Cloud cover	75% app.

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Congratulations



Barbara and David **SHARP**, 6 Mawcarse Crossroads, Milnathort are delighted to announce the engagement of their son **ADRIAN** to **SAMANTHA**, only daughter of Susan and Anthony **HOLROYD**, Huddersfield on Saturday 5 November 2011.

ROSS CAMERON, formerly of Milnathort, and **ROSLYN MILLS**, formerly of Blane field, were married on Saturday 17 December 2011 in Glasgow University Chapel.

MARIA FOTHERINGHAM, daughter of Willie and Ann Gadziejewski, has graduated from Stirling University with a Batchelor of Science in midwifery. Maria is presently working at Hillingdon Hospital, Uxbridge, London.

MEGAN MacINTYRE has graduated from St Andrews University with an MSc in Photonics and Optoelectronic Devices. Megan is the granddaughter of Robert and Maureen Cassells, Crook of Devon.

ATHOLL PETTINGER from Milnathort has become under-14 male British Champion in equestrian vaulting at the recent British championship.

KINROSS JUNIOR TRIATHLON CLUB came third in the Scottish Aquathon series in 2011.

Yoga Breathing Space

Monday - Crook of Devon Institute
7.30pm - 8.40pm - Beginners Ashtanga

Wednesday - Millbridge Hall Cafe
6.30pm - Seasonal Flow
7.30pm Beginners Ashtanga

FIRST CLASS FREE!! JUST COME ALONG!

Saturday Mornings - Baxters Kelty
9.15 - 10.45am - all aspects of yoga - booking required.

For more info contact Anna:
07810 818523 annajohnsyoga@gmail.com
annajohnsyoga.co.uk

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Email – alijamhut@aol.com


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Thanks



CAMPBELL and **ENA THOMSON**, Kinross, would like to thank all family, friends and relatives for cards and gifts received on the occasion of their Golden Wedding Anniversary on 29 December 2011.

DAVID SANDS has been awarded a trophy in recognition of the company's fund-raising efforts for a cancer charity. Macmillan Cancer Support ran a corporate cup challenge for businesses taking part in the 2011 World's Biggest Coffee Morning. David Sands stores raised £12,688.51 and other fund-raising activities by staff boosted the total to £19,268.13 for the year.



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Tony Brotherton, Personal Trainer
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Email: Fitandhappy2010@aol.com
www.fitandhappy.co.uk



Images of Kinross-shire

Photographs can be downloaded free
of charge from the www.kinross.cc

Photo Library

Subjects include Historic Kinross-shire,
Loch Leven, Fauna and Flora, Countryside,
Villages, Local Projects and Events.

Kinross-shire Churches Together



Kinross Parish Church of Scotland

10 Station Road, Kinross KY13 8QR (Charity number SC012555)

Rev Alan D. Reid MA, BD Tel: (01577) 862952

Reader: Margaret Michie Tel: (01592) 840602

Session Clerk: Jaffrey Weir Tel: (01577) 865780

Church E-mail: kinrossparishchurch@hotmail.co.uk

Church website: www.kinrossparishchurch.org

Church open for visiting or quiet contemplation Mon-Fri 10am-12 noon (But note Pram Service on Tuesday mornings).

Church Office: Mon-Fri 10am-12 noon. Tel. (01577) 862570

To Lease Church or Church Centre: Helena Cant (01577) 862923
helenacant@aol.com

For more details of events see: www.kinrossparishchurch.org

Events listed below are in the church unless indicated otherwise.

The church has disabled parking, ramp access and a disabled toilet.

Regular Services and events

Sun 10.30am Morning Service, includes a crèche, Junior Church (age 3 to P7) and JamPact (secondary age).

7.30pm (during termtime) Church Centre.

Crossfire, for S1 age upwards.

'..Connect.' Group for S5+, students, young workers. Varied social events (contact John or Shona McKay 865388).

Mon 8pm Housegroup (contact Brenda Fraser 862000).

Tues 10am Pram Service.

Wed 10.45am Midweek Worship: Reading Room, Church Centre.
12 noon Mid-week and Mid-day: Time to Pray (30 min)
1.30pm Craft Group.

7.30pm Various Housegroups (contact Margaret Michie).

Fri The Brigade meets in the Church Centre.

Sat 10am-noon 2nd hand book stall and café, Church Centre.

Special Services and events

January

Sun 22 10.30am: Christian Unity Sunday

7.00pm: United Service, Orwell Church

Tue 24 7.15pm: Guild, church centre: 'Tuvalu', Robin Webster

8.00pm: Monthly Bible Study and Prayer Meeting

Sun 29 6.30pm: Candlemas Service: 'Festival of Light'

Tue 31 2.30pm: Service at Causeway Court

February

Thu 2 7.30pm: Thursday Group, church centre

Sun 5 10.30am: Morning Service, followed by informal Communion

Mon 6 8.00am: Time for Prayer - Silent Meditation (30min)

Tue 7 2.00pm: Guild Presbyterian Spring Service, Orwell Church - 'Cambodia', Moira Hutchison

2.30pm: Service at Whyte Court

7.15pm: Guild, Church Centre - 'God Save the Queen',

Rev. Alan Reid

Sat 11 8.30am: Prayer Breakfast (numbers in advance to church office)

6.30pm: Quiz Challenge, Church Centre. A fun night in support of the Manse Appeal (Contact: Jaffrey Weir 865780)

Mon 13 7.00pm: Marriage Course - Introductory Taster Evening, Kirklands Hotel (Contact: Ewan Cathcart 862039)

Thu 16 9.00pm: Time to Pray: late evening service of Compline (20min)

Tue 21 7.15pm: Guild, Church Centre - 'Sightsavers', Alison Graham

Kinross-shire Visitor Information Points

Loch Leven Fishing Pier; Robertson's of Milnathort;

Kinnesswood Village Store;

Fossoway Stores, Crook of Devon

Orwell and Portmoak Parish Church

Church of Scotland

Minister - Rev Dr Angus Morrison

E-mail: orwellportmoakchurch@yahoo.co.uk

Sunday Worship, Junior Church and crèche:

10am Portmoak Church,

11.30am Orwell Church.

Prayer Meeting held 30mins before each service

Dates for your diary - Everyone Welcome

January 2012

Sunday 22 January at 7pm

Week of Christian Unity Service in Orwell Church
Kinross Churches Together

Sunday 29 January

Souper Sunday, 10am at Portmoak Church and 11.30am at Orwell Church.

United Service most weeks at 6.30pm in Orwell Hall (check weekly Order of Service for details).

Service at Ashley House: first Thursday of the month at 2.30pm

Services at Levensen: first Tuesday of the month at 4pm

Morning Prayers at 9am

in Portmoak New Room on Monday and Thursday each week in Orwell Church on Tuesday and Friday each week

Oasis Ladies' meeting in Portmoak New Room.
10.15-11.45am last Friday of the month.

Guild meets 2nd and 4th Tuesdays in Orwell Hall
7pm between September and March.

Church office & shop open Mon - Sat. 10am until 2pm.
Christian cards, gifts, bibles & books for sale. Also internet access; printing & copying facilities; recycle ink toners, spectacles, stamps & batteries. Meeting room available to let.

Contact the Office 01577 861200
orwellportmoakchurch@yahoo.co.uk

World Day of Prayer

Friday 2 March

The World Day of Prayer will take place on Friday 2 March. The topic is Let Justice Prevail, with a service prepared by Christian Women of Malaysia.

Dance A Story...move the imagination.

Are you looking for something new to do with your kids?

Active and creative parties and workshops for children.

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To book email adelereynolds@hotmail.co.uk

Or phone 01592 840062

Next workshop for families and children:

Sundays 29 January, 26 February, 25 March

Portmoak Hall, Scotlandwell.

2.00 to 2.55 family class

3.15 to 5.15 children's workshop

Parties anytime!

Cleish Parish Church**Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231
 E-mail: joanne.finlay196@btinternet.com
 Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services 11.15am
Crèche 11.15am
Junior Church 11.15am

January

Sun 29 11.15am Rev. Joanne Finlay

February

Sun 5 11.15am Candlemass, Worship for the Family

Sun 12 11.15am Preacher, Brian Ogilvie

Sun 19 10am, Early Birds family Worship

11.15am, Preacher, Rev. Joanne Finlay

Sun 26 11.15am Rev. Joanne Finlay

Monday 30 January, Guild, 7.15pm, Topic: A Pilgrimage to the Holy Land.

St Paul's Scottish Episcopal Church

Muir, Kinross, KY13 8AY

Mrs Sarah Oxnard Telephone: (01577) 864213

Mr Sandy Smith Telephone: (01577) 862536

Website: www.stpauls-kinross.co.uk

February Services

Sun 5 8.30am Holy Communion, 11.00am Sung Eucharist.

Sun 12 8.30am morning prayer, 11.00am Sung Eucharist.

Tue 14 7.30pm informal worship in meeting room.

Sat 19 8.30am morning prayer, 11.00am, Sung Eucharist.

Sun 26 8.30am morning prayer, 11.00am, Sung Eucharist.

2nd Tuesday of month 7.30pm informal worship in meeting room.

Everyone welcome at all services

Sunday School and Crèche during the 11.00am Services.

Thursday Morning 10am, group Bible Study. Everyone welcome. For further information, please contact Jan Campbell, telephone (01577) 862391.

Kinross Christian Fellowship

Further information: (01577) 863509

Jesus said, "I come among you as one who serves."

Church and Children's Sunday Club: Every Sunday at 10.30am in the Millbridge Hall, Old Causeway, Kinross. During each service there will be a time for ministry and prayer for healing.

Evening Service: On the **second Sunday** of every month at 6.30pm. No formal format; lots of praise, worship and joy in the Lord. Everyone welcome, irrespective of faith or denomination.

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Fossoway Parish Church**Church of Scotland**

Rev Joanne Finlay Telephone: (01577) 850231
 E-mail joanne.finlay196@btinternet.com
 Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services at 9.45am

Wrigglers Group (0-3 years), Junior Church, crèche and teens group every Sunday at 9.45am. All meet in church for family worship and thereafter in their own space.

Tots Music: Friday mornings in hall, 9.30am

Café Refresh: Every Thursday, church hall, 2-4pm

Yoga classes: Mondays 7pm - 8.30pm

Joint Choir: Wednesday evenings, 7.30pm.

February

Sun 5 9.45am Candlemass: Preacher, Rev. Joanne Finlay

Sun 12 9.45am Preacher, Brian Ogilvie

Sun 19 9.45am Preacher, Rev. Joanne Finlay

Sun 26 9.45am Preacher, Rev. Joanne Finlay

Saturday 18 February 8.30am - Men's Breakfast

St James's R C Church

5 High Street, Kinross, KY13 8AW

Father Colin Golden Telephone: (01577) 863329

Mass Times Saturday Vigil 7.00pm
 Sunday 9.30am

Please look out for other information on other parish activities in the Sunday newsletter.



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www.healingrooms-scotland.com

Recently bereaved? Needing some support?

AMONGST FRIENDS

(Bereavement Group)
meets at the Health Centre, Kinross
on the last Friday of the month, 2.30pm to 4pm
A warm welcome awaits all
For details phone Marg 01577 863557

Kinross Gospel Hall

Montgomery Street, Kinross
Website: www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.00pm	Sunday School
	6.00pm	Prayer Meeting
	6.30pm	Gospel Meeting
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Wednesday	6.30pm	Children's Club (term time)

Kinross Learning Centre

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www.perth.uhi.ac.uk



For more details contact

Kinross Learning Centre on **01577 863863**
Swansacre, Kinross, KY13 8TE
pc.kinross@perth.uhi.ac.uk

Acknowledgements

WATT, John – Cathy Watt and family would like to thank everyone who attended John's funeral service and who sent the numerous cards and flowers.

A special thanks to Mr Tich Frier for conducting the service and Jimmy Hutchison, Mary Stewart, David Watt and Rab Noakes for their thoughtful words.

Also thanks to all the musicians who took part in the service and Neil Paterson for organising the music.

It was indeed a fitting tribute to a very talented man as we appreciated listening to John's compositions being played so eloquently during the service.

Thank you also to Alison and Gordon Stuart for the funeral arrangements.

On 3 December Cathy was accompanied to the Concert Hall in Perth by friends and family to the Trad Music Awards where John was initiated in the Trad Music Hall of Fame. A great honour.

May your music live on, John.

PILLING – The family of the late Christina Amelia Pilling are most grateful for the kind expressions of sympathy and for the support received following the sad bereavement, in November.

Thanks to the generous retiring collection at Perth Crematorium, the sum of £417 has been donated to The British Heart Foundation (Scotland).

Thanks are given to Graeme Willey, formerly of Kinross, Episcopal Minister in Killin, who conducted the service.

PETRIE – Helen Petrie and family would like to thank most sincerely all relatives and friends for the many kind expressions of sympathy, cards, flowers and telephone calls during their recent sad loss of Andy. Special thanks to the Rev. Angus Morrison for his kind words and comforting service at Perth Crematorium. Thanks also to Stewart Funeral Directors for their guidance and support. Many thanks to those who paid their last respects and donated so generously to Parkinson's U.K.

JONES – Sue Jones and family would like to thank all friends and neighbours for their sympathy, cards and flowers following the loss of Tony. Thanks also go to Ian Watt for the service and Stewart Funeral Directors for all their help during a very difficult time. Also thanks to the Police and Paramedics at the time.

SAFESTORE, KINROSS

A SUBSIDIARY OF David Sands Ltd
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Saturday 7am – 3pm Sunday 7am – 1.30pm

Playgroups & Nurseries



MILNATHORT BABIES & TODDLERS Orwell Church Hall, Milnathort

Milnathort Babies and Toddlers offer a relaxed, friendly environment.

Tea/coffee for mums, dads and carers, healthy snack and fun for the children.

Children aged birth to 3 years (5 years if attending with younger sibling) are welcome.

Thursday & Friday, 10am – 11.30am.

For more information please contact us
on 07989 795259
or e-mail milnathortbt@gmail.com
or facebook [milnathort toddlers](https://www.facebook.com/milnathorttoddlers).

FOSSOWAY PRE-SCHOOL GROUP

Glenbank Cottage, Powmill

Partner-provider for P&K Education

Places available for 3-5-year-olds and Rising Fives
Sessions daily 9.30 – 12 noon

Contact Pat Irvine 07703 177766 or
www.childcarelink.gov.uk/perthandkinross



LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

Session times (term time only)

Tuesdays 9.30- 11.15, Fridays 9.30- 11.15

Contact - Aileen 07866 670745

All Mothers, Fathers, and Carers with children
aged birth to 5 years are welcome to attend.

FOSSOWAY TODDLERS

The Institute, Crook of Devon

Wednesday 9.30 a.m. - 11.15 am

All Mums to-be and Mothers, Fathers and Carers with
children aged birth to 3 years are welcome to attend.

Contact - Fiona Eastop 01577 864194

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell
(only 10 mins from Milnathort and Kinross)

We are a friendly and relaxed playgroup welcoming
children aged 2-5. We offer a wide range of activities
including arts and crafts, dressing up, outdoor play and
stories. We also on occasion arrange outings, parties and
have special visitors who come to the playgroup!

Babies and Toddlers (birth- 3yrs), Tues 10am- 11:30am
Playgroup (2yrs onwards), Mon & Fri 10am – 12noon

Contact Laura Porter (Play leader) 07547 076696
Website: <http://portmoakunderfives.wordpress.co>

SWANSACRE PLAYGROUP

21 -23 Swansacre

Kinross-shire Playgroup Association

Aka Swansacre Playgroup

Registered Scottish Charity Number SCO17748

TEL: 01577 862071



Swansacre Playgroup provides a warm, friendly, and stimulating environment in which children can learn and develop through play.

Playgroup sessions

Tues to Fri 9.15-11.45am; Mon and Fri 12.45-3.15pm

Children from the age of 2 yrs welcome.

The Inbetweeners session

Tues 12.45-3.15 with Lunch Club beforehand

Children from the age of 3 yrs welcome

Rising Fives sessions

Mon 9.05-11.20am; Wed 1.00-3.15pm, both with Lunch Club.

This is complementary to preschool Nursery.

For availability or more information, please contact
Kim 07504 445949, enrolments.swansacre@gmail.com,
or Playgroup 01577 862071

Baby and Toddler Group – Thurs 12.45-2.45pm

Ante-natal to pre-school.

Fun for children; coffee and chat for the parent/carer.

For more information, please contact Caron 01577 861607.

The premises are available to hire for Private Functions. For
more information, please contact Michelle 07894 305272,
Kirsten 07846 030029, or the Playgroup 07807 908833.

LOCHLEVEN TWOS CLUB

Masonic Hall, The Muirs, Kinross

Thursdays 10.00 to 11.30 (term time only)

A relaxed, friendly group for children from about 18
months to pre-school with their parent/carer. Activities
include painting, craft, dressing up, stories and singing as
well as a variety of toys. A snack is provided. Younger
siblings also welcome.

Contact Victoria Jackson on 01577 865617
for further details,
or email victoriajackson1@hotmail.co.uk

GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank
Road, Glenfarg on Wednesdays, 9.30-11.30am.

Healthy snack for children

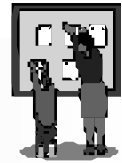
Coffee/tea & biscuits for carer

Lots of toys

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Lucie on 07810 201935 or just come along!



Notices

Orwell Bowling Club SCOTTISH NIGHT

Saturday 21 January

Tatties, Neeps, Haggis & Trifle
7pm for 7.30pm £5 per head
Tickets behind bar at the Club

Music in Dollar

www.musicindollar.org.uk

Concerts are held in the Gibson Hall, Dollar Academy and begin at 7.30pm. Tickets are £8 per concert for adults and accompanied children are free. Season tickets for all five concerts are also available for £28 (single) and £52 (family).

- Sat 21 Jan **Jennifer Logan** (mezzo-soprano) with accompanist. Jennifer will perform a selection of humorous music by Gershwin, Walton, Sitwell, Noel Coward, Flanders and Swann and Joyce Grenfell. A highly entertaining evening.
- Sat 25 Feb **Alasdair Beatson** (piano). The renowned young pianist from Perth who is now in demand on the international stage.
- Sat 17 Mar **The Glasgow String Quartet**. The players are from the Royal Scottish National Orchestra and play works from the classical repertoire.

Kinross-shire Volunteer Group And Rural Outreach Scheme



BURNS SUPPER

Monday 23 January 2012

Windlestrae Hotel, 6.30pm for 7.00pm.

Tickets will be available from mid December – contact Ann Munro, 01577 840196 or Bill Michie, 01592 840602.

This is a very popular evening with great entertainment and good company, so don't miss it. If anyone would prefer vegetarian haggis, please say so when you buy your ticket.



Kinross Floral Art Club

Windlestrae Hotel

Thursday 26 January at 7.15pm

Members' own night
and are asked to bring: small box, flowers,
greenery, oasis and scissors

Thursday 23 February at 7.15pm

with Demonstrator Mrs Alyson Christie
and "Come Let us Dance and Sing"

All welcome to come and join us

The Thursday Group

2 February:

Burns' Life in Story and Song. Sheila & David McDonald.

This is a women's group which meets on the first Thursday of the month in the Lower Hall of the Church Centre at 7.30pm. New members welcome. Contact 01577 863421.

New Exercise Programme for 2012

With all the Christmas pudding and chocolates consumed, now is the time to get yourself booked into some of our classes starting **Saturday 7 January**. If you have set yourself an exercise challenge for this year, no matter how big or small, then our classes will help you motivate yourself in reaching that magic target.



Live Active Loch Leven:

Monday	9.30 – 10.25am	Aerobics
Tuesday	9.45 – 10.45am	Yoga
	11 – 12 noon	Yoga
	12.15 – 1.15pm	Yoga
Wednesday	9.15 – 10am	Body Conditioning
	1 – 1.30pm	Active for longer Aquafit
	1.30 – 2pm	Active for longer Aquafit
Thursday	9.30 – 10.25am	Aerobics
	10.30 – 11.15am	Abs Blast
	11.30 – 12.30pm	Yoga
Friday	10 – 10.55am	Tums, bums and thighs

Loch Leven Community Campus:

Monday	6.30 – 7.25pm	Zumba Toning
	7.40 – 8.40pm	Tums, bums and thighs
Tuesday	6.30 – 7.25pm	Aerobics
	7.30 – 8.25pm	Circuits
Thursday	7 – 7.55pm	Step Aerobics
	8 – 8.55pm	Boot Camp
Friday	6 – 6.55pm	Dance Aerobics
	7 – 7.55pm	BCS (Balance, Core, Stability)
Saturday	9.45 – 10.40am	Circuits
	10.50 – 11.35am	Core Stability
Sunday	10.30 – 11.25am	Body Conditioning
	11.30 – 12.15pm	Easy Sunday Session

Please note we are actively looking to put in new classes on a Wednesday evening. If you would like further information on any of the programme then please contact a manager at Live Active Loch Leven on 01577 867230.

Light Up Kinross STARS IN THEIR EYES

Masonic Hall, Kinross

Saturday 4 February

8pm to midnight

Ticket price £5, available from Lorraine Rutkowski (tel 862941). Ticket price includes raffle. Various prizes on offer.

Also to be held during this event: Miss Kinross 2012.

Support Websites

Samaritans	www.samaritans.org.uk
Breathing Space	www.breathingspacescotland.co.uk
Childline	www.childline.org.uk
Perth Assoc for Mental Health	www.pamh.co.uk

Music in Kinross Parish Church

- 5 February Aleksander Kudajczyk, pianist. 3pm. See Articles p. 17 for more details.
 1 March Concert by Iain Hunter. Tickets from Thursday Group.
 11 March St Patrick's String Ensemble led by Paul Livingston at 3pm.
 22 April Concert by Konevets Quartet, Russian Vocal Ensemble at 7.30pm.

Kinross High School in conjunction with the Kinross & District Town Twinning Association

invite you to a
SOIRÉE FRANÇAISE
 at the Loch Leven Community Campus on
THURSDAY 23 FEBRUARY

7 pm – 9 pm
 Admission: **Free**

Wine and cheese will be served and a short presentation given about the history of the well-established exchange links between Kinross and the Normandy town of Gacé.

Orwell Bowling Club BINGO TEA

WEDNESDAY 15 FEBRUARY at 7.30pm

Entry £1 incl. refreshments. Bring your own cup please

Orwell Bowling Club ST VALENTINE'S DANCE

SATURDAY 18 FEBRUARY 7.30pm for 8pm.

Romantic Music by Bob Pride
 Entry: £2. £3 (non-members) including nibbles.

Book Sale at A.K. Bell Library, Perth

In the Meeting Room and Theatre Foyer
 Sale of withdrawn stock of fiction, non-fiction
 children's books, CDs, videos etc

Saturday 25 February

9.30am – 2pm

Admission: £1 per family at the door

Fairtrade Steering Group Coffee Afternoon

in Kinross Parish Church

Wednesday 29 February
 at 2pm

Friends of Bydgoszcz Lecture

The Polish Army in Perthshire

by Steven Connelly

Tuesday 21 February 2012 at 7.30pm

A K Bell Lecture Theatre, Perth

Steven Connelly of the Library Staff will give a lecture on Polish Troops in Perth and environs during WW2. This clearly would be of interest to any who have Polish connections from that time.

The lecture is organised by Friends of Bydgoszcz and tickets are £5.00, including refreshments. Enquiries to Christine Robertson or Alex Cant, both of Milnathort.

Milnathort
filmhouse
sunday feb 5th 3pm



Kinross-Shire
 PARTNERSHIP

Kinross-shire Partnership Business Breakfasts

Open to all Kinross-shire Businesses

Kinross-shire Partnership will be hosting more Business Breakfasts at Loch Leven's Larder.

Over 30 businesses attended each of the first three events. Please do come along, everyone welcome whatever size your business. Quite a number of businesses have reported winning new work from the event. It is a great opportunity for local businesses to help each other.

They will take place on:

Wednesday 1 February - Focus on Social Media in Business. Speaker: Pauline Randall, Florizel.

Wednesday 7 March

Wednesday 4 April

from **7.30am to 9am**

The aim is to allow local businesses of all sizes to network and to share business goals. Everyone will have the opportunity to introduce their business. Please bring your business cards and any brochures you wish to display.

The cost of attending with Breakfast will be £10 per person and will include a full Scottish Breakfast, porridge, cereal, fresh juice, fresh fruit, toast, coffee and tea. Please pay by cash on the day. Receipts will be issued.

To register to attend one of the Breakfasts, please email Sandra Ralston, Kinross-shire Partnership Administrator at mail@kinrosspartnership.org.uk or call 07774181768

www.kinrosspartnership.org.uk www.kinross.cc

Scottish National Blood Transfusion Service

The next blood donor sessions at
The Millbridge Halls, Kinross will take place on

Monday 20 February 4pm to 8pm

Tuesday 21 February 4pm to 8pm

The Service is most grateful for the support
received from Kinross-shire.



'Give your relationship an MOT'

The Marriage Course in Kinross has been enjoyed by
twenty-one couples over the last two years. It is timed to
link with Marriage Week UK, which runs from
7-14 February in 2012.

The next course will begin with a 'Taster Evening' on
Monday 13 February at 7.00 pm in The Kirklands Hotel.
Come and enjoy a buffet meal with others, some of whom
have already participated in the course, watch an
introductory DVD and take the opportunity to ask
questions. You may also, if you wish, sign up for the course
which will begin around two weeks after the 'Taster
Evening'.

The Course itself will follow the same format as before; a
relaxed atmosphere, a romantic meal at tables for two, a
practical talk, a chance to discuss as a couple and a promise
of NO GROUP WORK!

If you would like to find out more or to register for the
Taster, please contact Ewan & Myra Cathcart on 862039.

See also www.kinrossparishchurch.org

World Day of Prayer Friday 2 March

The World Day of Prayer will take place on Friday
2 March. The topic is Let Justice Prevail, with a service
prepared by Christian Women of Malaysia.

Life Drawing

Wednesdays 7-9pm with tutor Simon Reekie
www.simonreekie.com
in Loch Leven Community Campus

18 Jan – 29 Feb £56 / pupils £35



To book, please send a cheque payable to: Perth & Kinross
Council with your contact details (tel / postal address &
email) to:

Arts Development, Blackfriars, North Port, Perth PH1 5LU.

Enquiries 01738 477834. First come first served.

All abilities welcome. Easels and basic materials provided.
Subject to a minimum 11 participants.

Note: a discount may be available on written application

Mindspace Counselling Service



YOUNG PEOPLES COUNSELLING SERVICE 11-25 YEAR OLDS

Mindspace Counselling Services offer counselling to adults
and young people aged 11-25 at The Loch Leven Health
Centre on Mondays and Tuesdays. Sometimes we all have
problems that worry us and it's not always easy to talk to
someone close to us. A counsellor is someone you can talk
to in a different way, someone who will listen to you very
carefully, who will not judge you or tell you what to do.

We offer counselling to people who are facing a wide range
of difficulties or challenges such as: Feeling depressed/
anxious; Making friends/keeping friends; Chaos at home;
Feeling angry and don't know why; Bullying; Having a
tough time; Parents splitting up; Death of someone special;
Confused feelings about who I am; Wanting to hurt myself
or others.

If you are interested in this service you
can self-refer via email to
info@mindspacepk.com, by telephone
on 01738 631639 or by visiting our
website at www.mindspacepk.com.
You can also be referred by your GP.



Scottish Natural Heritage

Loch Leven

Site of Special Scientific Interest (SSSI)

Scottish Natural Heritage gives notice that on **20 January 2012** it intends to denotify two small parts (3.3 & 1.0ha) of
Loch Leven SSSI. The boundary map, description of the
land and the reasons why SNH considers it no longer to be
of special interest can be inspected and obtained free of
charge at either of our SNH offices, The Pier, Kinross,
KY13 8UF or Battleby, Redgorton, Perth, PH1 3EW,
together with clarification of any aspects of the notification.

SNH will consider written representations received by
20 April 2012.

This notification will cease to have effect if SNH withdraws
it, or does not confirm it by **18 January 2013.**

David Bale, Area Manager, Battleby, Redgorton, Perth,
PH1 3EW

THE HAYFIELD TRUST

The Hayfield Trust is an old Kinross Trust which is there to
benefit the "poor and needy of the Parish of Kinross". The
beneficiaries do require to live in the Parish of Kinross. If
you consider that you are poor and needy, or if you know
someone who you think might qualify for help from the
Trust, please submit a written application to:

Campbell C Watson, Esq

Andersons LLP

40 High Street

KINROSS

KY13 8AN

Kinross-shire Historical Society

Meetings are held at Kinross Parish Church, Station Road, Kinross at 7.30pm. Membership £6 (Seniors £5); eighteen and under free. Visitors £2 per talk.

20 Feb The Adam Family: The History of the Adam family from 1210 to 2010 including the Architects and Politicians. Elizabeth Adam.

19 Mar AGM + Fife Just the Place for Tourists: The tourist discovery of Fife and how tourism affected the local communities. Eric Simpson.



Kinross-shire Agricultural Society AUCTION OF GOODS AND PROMISES

Saturday 25 February

at 7pm

at Loch Leven's Larder

To raise funds to assist in setting up the new showground for the **Kinross Show**, at Hilton Farm.

Tickets:

£5 if bought in advance from Jimmy Smith, tel 01577 863253 or email: jimmysmith184@btinternet.com or £6 on the door. Cheese and refreshments available.

Rainbows – Helper Wanted

Due to a huge waiting list, we are looking for another adult helper to help with the Rainbow Guides.

If you have an hour to spare a week and like working with children, give me a buzz:

Alison 01577864262

Springwell

Inclusion • Wellbeing • Recovery

Our services offer support to adults with mental health needs. We are based at Loch Leven Community Campus and aim to provide an accessible service for those between 16 and 65. We support people to improve the quality of their life and wellbeing, be more involved in their community, help them achieve their ambitions and manage their mental health. We support people to have more social contact, be more active, access education, voluntary opportunities or work. The support and activities we offer are flexible and can change and develop over time, depending on what people would like and benefit from. Charlie Wilson, Mon-Fri 9am-5pm, 01577 867317.

Ceilidh Dancing

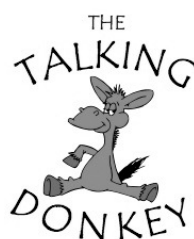
Come and join us from 2 till 3 every Monday in the Guide Hall, Milnathort, and learn to ceilidh dance. You don't need a partner and it is all very informal and great fun.

All proceeds go to Common Grounds.

Just come along – the more the merrier. No age limit.

Perth Association for Mental Health

PAMH is a community based non-profit organisation providing services for people recovering from mental health problems. PAMH offers Counselling, Day Services and hosts a Depression Support Group and Bipolar Support Group. For more information telephone (01738) 639657. Website: www.pamh.co.uk



Every Friday 11am – 2pm
@ The Millbridge Hall

For further information, or if you want to be involved please ring 07766 515 950 or 07771 696 830

The Cafe where everything is **FREE!**

Soups

Snacks

Hot Drinks

Cold Drinks

Home-cooked lunches

All brought to your table by our friendly staff

The Talking Donkey is a Christian venture so there will always be people on hand to offer

Prayer For Any Need



Kinross-shire Fund
Grants available for local community projects



e.g. Events, Information, Transport, Welfare, Physical Amenities, Recreational Facilities, Support for Care of the Elderly, Voluntary Organisations

For more information and to download an application form, see www.kinross-shirefund.org or contact Annabel Bath on 0131 524 0300

or email Annabel@scottishcf.org

Dementia Café for Perth & Kinross



A “Drop in” Café is held on the first Wednesday of every month, 10am-12.30pm, at The North Church Hall, High Street, Perth.

This service aims to offer information, support and a chance to have a chat for people with dementia, their carers and families. Volunteers along with professionals from health and social work are available each month.

For further information contact:

Jackie Daly 01796 474818, Andy Bennet 01738 636358, Debbie Howie 01738 562201.

Are you suffering from Macular Degeneration?

A meeting is held by the Support Group at The Blind Society, New Row, Perth on the last Wednesday of the month. If you are interested or require further details, please contact **Hazel Rennie, telephone 01738 442358.**



Loch Leven Community Campus

Community Learning & Development

Adult Learning

Free local and friendly support with



Basic Computer Tuition

In small groups at a pace to suit the individual, no prior knowledge of computing is necessary.

- Get to know the computer
- Using Word for basic documents
- Introduction to the Internet
- Using E-mail

English as a Second Language

Would you like to improve your ability to –

- Talk to friends and neighbours
- Understand what people say to you
- Give information
- Talk on the phone
- Fill in a form
- Apply for a job

Adult Literacy & Numeracy

Reading Writing Spelling Numbers

"I can enjoy books now"

"I feel more confident"

"Filling in forms is less scary"

"I passed my driving test"

BOOKING ESSENTIAL

If you would like further information regarding any of the tuition please contact:

Roseanne Gray

Adult Learning Worker

Loch Leven Community Campus

Email: rgray@pkc.gov.uk

Tel: 01577 867216 / 867177

Orwell Bowling Club

WHIST EVERY TUESDAY EVENING at 7.30pm

Entry £1 (incl. refreshments) + £1 raffle

ALL ARE WELCOME

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone on 01738 626666 or 08457 909090

Email us jo@samaritans.org

or **visit** us at 3 King's Place, Perth, PH2 8AA

Mondays 1630 – 2130 Thursdays 1630 – 1900

Wednesdays 0830 – 1100 Fridays 1000 – 1630

and 1930 – 2130 Sundays 0800 – 2130

No pressure, no names, no judgment.

We're here for you, anytime.



Can you give A Greyhound A Home

Why not have a look on our Website at our homeless hounds or contact us to arrange a suitable time to come along for a visit and see the for yourself.

www.greyhoundrescuefire.com

Mob: 07826244765 Phone: 01592 890583 (evenings)

email us on ferniejimmyf@aol.com.

Volunteers needed at our Kennels

16 years and over please

Baltree Country Centre,
Gairneybank,
Kinross, KY13 0LF



Blythswood Care

Sainsbury's Car Park

(if car park is full, van will park nearby, e.g. Park & Ride or Ochil View)

Tuesday 21 February

between 10.30 am and 11 am

Further details from 862258

Community Councils

Kinross: Secy: Mrs M Scott (01577) 862945

KinrossCommunityCouncil@pkc.gov.uk

Cleish & Blairadam: Secy: Patty Fraser (01577) 850253,

CleishCommunityCouncil@pkc.gov.uk

Milnathort: Secy: Mr J Giacopazzi (01577) 864025

MilnathortCommunityCouncil@pkc.gov.uk

Fossoway & District: Secy: Trudy Duffy-Wigman (01577) 840669,

FossowayCommunityCouncil@pkc.gov.uk

Portmoak: Secy: Mr J Bird (01592) 840368,

PortmoakCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
David Colliar	10 Rannoch Place	864037
Dave Cuthbert	Highfield Circle	861001
Barry M Davies (Vice Chair)	60 Lathro Park	865004
Bill Freeman	64 Muirs	865045
Ian Jack (Treasurer)	Burnbrae Grange	863980
Laura Mackay	Brunthill Farm	07872 499145
Dot Mackay	29 Green Park	864635
Margaret Scott (Secy)	21 Ross Street	862945
Campbell Watson (Chair)	7 Gallowhill Gardens	861544
David West	9 Leven Place	07824 313974

Perth and Kinross Councillors

Kathleen Baird, Easter Clunie, Newburgh, Fife, KY14 6EJ

Tel (home): 01337 840218.

Email: kbaird@pkc.gov.uk

Michael Barnacle, Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ. Tel/Fax (home): 01577 840516.

Email: Michael@mabarnacle.freemove.co.uk

Sandy Miller, c/o Perth & Kinross Council, 2 High Street, Perth, PH1 5PH. Tel (business): 01577 840462.

Email: SMiller@pkc.gov.uk

William Robertson, 85 South Street, Milnathort, Kinross, KY13 9XA. Tel (home): 01577 865178.

Email: wbrobertson@pkc.gov.uk

Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross, KY13 8FQ

Telephone: 01577 867205

Email: lochlevenlibrary@pkc.gov.uk

Opening Times

Monday	10am – 6pm
Tuesday, Wednesday, Thursday	10am – 8pm
Friday	10am – 6pm
Saturday	10am – 3pm

Fossoway and Cleish Community Office

A service for the Community, open:

Thursdays 2 pm – 4 pm

Saturdays 10am – 12 noon

Out of hours there is an answering machine

Tel: 01577 840185 Email: fcco@btinternet.com

Kinross Recycling Centre, Bridgend

Opening Times: **Mondays to Fridays 9am to 7pm**
Saturdays and Sundays 9am to 5pm

Aluminium & Steel Cans, Car Batteries, Cardboard, Engine Oil, Fluorescent Tubes, Electricals (inc Fridges, Freezers, Televisions & Monitors), Garden Waste, Glass Bottles & Jars, Inert Waste, Metal, Paper, Phone Directories, Plastic Bottles, Rigid Plastic Containers, Textiles, Wood, Bicycles.

Member of Parliament for Ochil & South Perthshire Constituency Gordon Banks MP

www.gordonbanksmp.co.uk

Email: banksgr@parliament.uk

For dates and locations of regular advice surgeries, or to raise any concerns you may have, please contact the constituency office: telephone 01259 721536, fax 01259 216761 or write to 49-51 High Street, Alloa, FK10 1JF.

Members of the Scottish Parliament

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

MSP for Perthshire South and Kinross-shire Constituency

Roseanna Cunningham MSP (SNP) Tel: 0131 348 5697

Email: Roseanna.Cunningham.msp@scottish.parliament.uk

MSPs for Mid Scotland and Fife Region

Claire Baker MSP (Labour) Tel: 0131 348 6759

Email: Claire.Baker.msp@scottish.parliament.uk

Annabelle Ewing MSP (SNP) Tel: 0131 348 5066

Email: Annabelle.Ewing.msp@scottish.parliament.uk

Murdo Fraser MSP (Cons) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@scottish.parliament.uk

John Park MSP (Lab) Tel: 0131 348 6753

Email: John.Park.msp@scottish.parliament.uk

Willie Rennie MSP (Lib Dem) Tel: 0131 348 5803

Email: Willie.Rennie.msp@scottish.parliament.uk

Dr Richard Simpson MSP (Lab) Tel: 0131 348 6756

Email: Richard.Simpson.msp@scottish.parliament.uk

Elizabeth Smith MSP (Cons) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@scottish.parliament.uk

Mobile Library – Milnathort

Every Second Wednesday

Next visits: Wednesdays 25 January, 8 & 22 February

Westerloan, Milnathort 2.10pm – 3pm

Bridgefauld Road, Milnathort 3.05pm – 4pm

Any queries telephone AK Bell Library 01738 444949

Perth & Kinross Council

www.pkc.gov.uk

Customer Service Centre

Tel: 01738 475000

(Mon to Fri, 8am-6pm)

Out of Hours Emergencies

Tel: 01738 625411

(Roads, flooding, environmental health and dangerous buildings)

Clarence (for non-emergency road and lighting defects)

Tel: 0800 232323

Regular Library Sessions for Young Children

At Loch Leven Community Library.

No need to book, just come along.

Story Telling

every Monday morning 10.15 – 10.45 am

and every Thursday afternoon 2.15 – 2.45 pm

Bookbug Rhymetimes

every Saturday 10.30 – 11 am

and every Wednesday 2.00 – 2.30 pm

Bookbug Library Challenge: For children aged 0 to 4: On each visit to the library, children are given a sticker. After collecting four stickers, they are awarded a certificate.

Kinross-shire *Day Centre*

**Table Tennis • Videos • Cards • Dominoes
Daily Papers • Chiropody • Trips • Exercises**

Weekly Programme

Monday	Exercise Class	11 am	Elderberries	1.30 pm
Tuesday	Bingo	1.30 pm	Relaxation Class	1.15 pm
Wednesday	Morning Service	10.45 am	Quiz Afternoon	1.30 pm
	Dominoes	1.30 pm	Scrabble	1.30 pm
Thursday	Art Class	1.30 pm	Film Afternoon	1.30 pm
	Dominoes	1.30 pm		
Friday	Scrabble	1.30 pm	Dominoes	1.30 pm

Additional Events for February

Alzheimer Scotland group

Wednesday 8th 11.30am - 3.30pm

Valentines Dance

Tuesday 14th 1.30pm



**Coffee Bar open 9 am - 4 pm, Senior Citizens Lunches Daily
Telephone: 01577 863869**



LOCAL CHEMIST INFORMATION



Rowlands Pharmacy, Kinross

(opposite David Sands)

Mon - Fri: 9.00 am - 6.00 pm

Saturday: 9.00 am - 5.00 pm

Tel: 862422

Davidson's Chemist, Milnathort

Mon to Fri: 9.00 am - 1.00 pm &
2.00 pm - 6.00 pm

Saturday: 9.00 am - 12.30 pm

Tel: 862219



**Sundays: The nearest open pharmacy is Asda,
Dunfermline**

Perth Citizens Advice Bureau

The Kinross Outreach Advice Surgery is held on the second and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, The Muirs, Kinross. The next visits are:

24 January, 14 & 28 February

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you – our advice is free, confidential, impartial and independent. Contact us: Advice line 01738 450580; Appointment line 01738 450581.

School Holidays, Academic Year 2011-2012

Academic year	Tue 16 Aug 2011 - Wed 27 Jun 2012	
In Service Day	Wed 15 Feb 2012	
Occasional Holiday	Thu 16 Feb 2012	- Fri 17 Feb 2012
Spring Holiday	Sat 31 Mar 2012	- Sun 15 Apr 2012
In Service Day	Mon 16 Apr 2012	
May Day	Mon 7 May 2012 (tbc)	

Newsletter Deadlines 2012

Please note, deadlines are now on a **FRIDAY**. Deadlines for the whole year can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check Newsletter website for latest information: www.kinrossnewsletter.org

Issue	Deadline	Publication Date
March	Friday 10 Feb	Saturday 25 Feb
April	Friday 16 Mar	Saturday 31 Mar
May	Friday 13 Apr	Saturday 28 Apr

Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

Linda Freeman

Tel 01577 865045. Email: linda.freeman_64@btinternet.com

Healing Rooms Scotland

New name: **Kinross and Loch Leven Healing Rooms**

New venue: 29 South Street, Milnathort, KY13 9XA

New time: Every Thursday from 10.30am to 12 noon

New team of trained volunteers from different churches
But the same God who heals and blesses!

Prayer sessions are completely without charge and are strictly confidential. No appointment needed – just come in and we will pray for you.

For more information call Grace on 07531 435715.

www.healingrooms-scotland.com

Grants and Funding Websites

www.pkgrantsdirect.com

www.scottishcf.org

Classified Adverts

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter, subject to space.

Items for Sale

Dining Table and 6 chairs £300.00

Solid wood dining table with 6 matching chairs. Rustic look. In good condition and easily cared for. Must go as in need of space. Has been stored for past 2 years after a house move. Needs a good home.

Lightening McQueen Car £5.00

Red in colour. Has 4 sounds and moving eyes. Excellent condition.

Games (selection) £10.00

Maisy's Giant Snakes and Ladders; Bob the Builder Barrow up Bob; Jack and the Beanstalk; Postman Pat Big Letter Day. All suitable for age 3 and over and all in good condition. May be bought individually for £3.00 each.

ELC Ladybug Car £5.00

Child's push along car with figure for imaginative play and shaped keys to start engine and open doors. Plays music also. Excellent condition.

For above items contact: Debbie Gachagan 07973 533468
stackyard4@aol.com

Upright Piano Free

Reasonable condition. Would be ideal first piano for a beginner. Need the space. Free to a good home!

Seller details: Anne Miller 01577 865610
annemiller@lineone.net

Rayburn Nouvelle rangemaster cooker £450.00

Used. Gas fuelled. Cooker in good working order and currently in use. Approx 5 yrs ago leak in boiler element – advice is can be repaired. Buyer to collect and dismantle. Cash on collection. Keen to sell quickly due to kitchen refurbishment and will consider any reasonable offer.

Seller details: Murdo McHardy 07824 990671
murdo2mch@hotmail.com

Resin Marble Effect Fire Surrounds and Marble Hearths £60.00 each

2 No Resin Effect fire surrounds with marble hearths and insets. Recently taken out, in good condition.

Seller details: Nick Rowan 07734 255589
strictly.roca@gmail.com

Two matching sofas £150 and £100

3-seat and 2-seat from John Lewis; mid blue, very fine cord fabric; very good condition. 3-seat £150, 2-seat £100 or £200 for both.

Seller details: Bill Cooper 01577 865573
bill_cooper_2000@yahoo.co.uk

Gents bowling shoes and clothing £35.00

Ensmorn bowling shoes (Tan) size 10; Henselite white v-neck jumper; white waterproof fleece and matching trousers; all XXL. Only used for one season.

Seller details: Valerie Parkin 01592 840389
vyparkin@hotmail.co.uk

Medeci furniture raisers £30.00

For armchair use (bought Allardycs Perth).

Seller Details: Anne Robertson 01577 863459
arkinross@yahoo.co.uk

Pine dining table with 4 chairs £200.00 ono

Solid pine family dining table with four solid pine chairs.

Seller details: Beth Todd 07854 726934
sylvia.todd@sky.com

Classified Adverts continued...

New Venetian Blinds – two sets £25.00 each

New white gloss Venetian blinds still in original box from supplier but never used. One set Width 930mm and drop 1565mm with 25mm slats. Second set Width 1040mm and drop 1565mm with 25mm slats.

Seller details: Craig Smith 07850 691747
jcsmith34@hotmail.com

Large button handsfree telephone £15.00

Seller Details: Anne Robertson 01577 863459
arkinross@yahoo.co.uk

Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the kinross.cc website before applying to **check whether a position is still available**. (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Cleaner required. Three hours per day, two days a week. Days and wages negotiable. Dawn Ramage, Stronachie House, Forgandenny, Perthshire PH2 9DW.
To apply please call 07711 794896.

Monthly Reiki Share Group

Second Tuesday of the Month, 7pm – 9pm

A monthly inspiring and loving gathering for Reiki I, II or Master practitioners.

Venue: Green Hotel, Kinross (Gairney Room). To enrol,
email Susan King: sking77409@aol.com
or telephone 01577 865533

Loch Leven Community Campus Partnership

As a member of the Community, your views and ideas in the development of this facility can be represented through the Partnership.

Contact the Loch Leven Community Partnership on
campuspartnership@kinrosshigh.pkc.sch.uk

Funding Alert!

P&KC produces a huge list summarising funding opportunities for the voluntary sector. There are dozens of Trusts and Foundations giving away grants.

The list will be posted on **www.kinross.cc** or go to **www.pkc.gov.uk** and look for the voluntary sector page.

Contacts:

The P&K Grants Direct Team 0845 605 2000

Steve MacDonald, P&KC External

Funding Officer 01738 477963

(Contact Steve MacDonald if you would like to subscribe to P&KC's regular e-funding bulletin.)

Disability Sport

There are many activities for people with disabilities at local, regional and national level which welcome people with physical, learning and sensory disabilities. Sports available include swimming, athletics, boccia and bowling. If you would like further information or would like to be included on an email distribution list to keep up-to-date with what is available, please contact Caroline Ness, Sports Development Officer by telephone on 01738 472242 or email CMNess@pkc.gov.uk

Diary

*A more extensive and regularly updated
Diary of Events can be found on www.kinross.cc*

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