

# **Kinross Newsletter**

Founded in 1977 by Mrs Nan Walker, MBE

Published by Kinross Newsletter Limited, Company No. SC374361

Issue No 394 March 2012

www.kinrossnewsletter.org

ISSN 1757-4781



# DEADLINE for the April Issue

5.00 pm, Friday 16 March 2012

for publication on

Saturday 31 March 2012

### Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge (we only charge for business advertising – see below right). All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletter.org (all emails will be acknowledged)

**Post**: Eileen Thomas

Editor, Kinross Newsletter 50 Muirs, Kinross, KY138AU

**Hand in**: 50 Muirs, Kinross or: 24 Victoria Avenue,

Milnathort

#### **Editor**

Eileen Thomas 50 Muirs

Kinross, KY13 8AU......863714

editor@kinrossnewsletter.org

#### **Advertising Manager**

Ann Harley

2 Hatchbank Road,

Kinross KY13 9JY.....864512

advertising@kinrossnewsletter.org

#### Subscriptions

Julia Fulton

57 Burnbank Meadows.

Kinross KY13 8GE......865530

subscriptions@kinrossnewsletter.org

#### Distribution

Lee Scammacca (Cree8)

62 Muirs, Kinross KY13 8AU...... 863186 distribution@kinrossnewsletter.org

#### Treasurer

Ross McConnell 3 High Street

Kinross KY13 8AW......865885

treasurer@kinrossnewsletter.org

#### **CONTENTS**

From the Edit or	2
Letters	2
Congratulations and Thanks	3
News and Articles	
Police Box	14
Community Councils	15
Club & Community Group News	
Sport	38
News from the Rurals	45
Out & About	46
Church Information	
Playgroups & Nurseries	51
Notices	
Day Centre & Chemists	58
Classified Adverts, Situations Vacant	
Diary	60

## Commercial Advertising in the Newsletter Display Adverts

For details on how to place a Display Advert, please go to our website www.kinrossnewsletter.org and click on Advertising for full details, or contact our Advertising Manager.

#### Typed Adverts

A typed advert may be placed for one or more months. These adverts are text only (no graphics allowed). Prices shown are effective from April 2011 issue. There are two rates:

Up to NINE lines (including blank lines) £7.00 per insertion TEN to FIFTEEN lines (including blank lines) £13.00 per insertion As a guide, eight words is the maximum that can be fitted on a line. To place a Typed Advert, contact our Advertising Manager, Ann Harley (see left for contact details). You will need to send her:

- Your name, address, telephone number and, optionally, email address.
- The wording of your advert.
- A note of the number of insertions required.
- Your remittance cheques payable to "Kinross Newsletter Ltd".

Send all this to the Advertising Manager by the normal monthly Newsletter deadline (see top of left-hand column for date).

The Newsletter reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a Typed Advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy.

Editor Eileen Thomas Typesetting and Layout Tony Dyson Distribution Lee Scammacca Advertising Ann Harley Treasurer Ross McConnell Word Processing and Subscriptions Julia Fulton

### Letters



#### Editorial

In the next few weeks there will be plenty of opportunities to consider PKC's **Proposed Local Development Plan**. Just before sending this Newsletter to press, I attended the first PKC Drop-in Event at the campus on 18 February. There were clear displays showing the proposed zoning for housing developments and employment land throughout the county. The event was staffed by several members of PKC Planning, who were very happy to listen to queries and explain the proposals. Indeed, they were being kept very busy on the 18th. One proposed housing development zone appeared to be of particular concern for many of those attending: H46, an eight-hectare strip of land on the west of Kinross, between the Springfield estate and the M90.

The second Drop-in Event is on 14 March. For details of the event, and other ways to view the proposed plan and comment on it, see page 4.

Many of the community groups contributing to this Newsletter will be at the **Better Place to Live Fair** at the community campus on **Saturday 3 February.** If you are new to the area, or simply looking to be more involved in the community, it is an event not to be missed. For the first time, the Newsletter will have a stall at the fair. Come and talk to us about the Newsletter – tell us what you like or don't like about it, and give us your suggestions. We look forward to meeting you!

#### Note to Contributors

A great deal of the Newsletter comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the Newsletter.

#### **Letters Policy**

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the Newsletter. The Newsletter does not necessarily agree with any of the views expressed on the Letters pages. In *special circumstances* addresses may be withheld from publication on request (but must still be supplied to the editor).

#### Note to Readers: Advertising

Inclusion of advertisements in the Newsletter does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

#### Abbreviations:

PKC: Perth & Kinross Council CC: Community Council

Cllr: Councillor

CCllr: Community Councillor

#### **Contributors**

Please write or type clearly Leave a margin Use one side of the paper only

British Summer Time begins

#### Clocks go forward one hour

at 0100 GMT on **Sunday 25 March 2012** 

### Invitation to 1950s themed dance

My name is Jane Alexander and I strive to support a charity called Target Ovarian Cancer, a charity that aims to improve survival and quality of life for the 6,500 woman diagnosed with this cancer in the UK every year;



sadly we lose twelve women every day to this disease. Survival rates are still low in comparison with breast cancer, because most women are diagnosed once the cancer has spread. One in 50 women will develop ovarian cancer

in their lifetime.

This charity means a lot to me as I had an ovarian cyst, which was cancerous and had to have it removed in August 2009. I see myself as one of the 'lucky ones' in that I didn't require any follow up treatment via chemo or radiotherapy, however I still have to undergo regular checks.

I am keen to raise awareness and monies for the Target Ovarian Cancer charity. I am currently arranging a 1950s themed dance night in Kelty & Blairadam Ex-Servicemen's Club on **Saturday 31 March**, tickets available from beginning of March, so why not go one step further and attend an era of post war glamour and fashion and styles of the decade, which remain popular with us today. Yours truly

Jane Alexander 51 Maple Terrace, Kelty, Fife, KY4 0LP Tel: 01383 831620

#### **MISSING - CAT WITH NO TAIL**

Our big black and white female cat, who has only a short stump for a tail, has been missing since the night of 11 January, from Kilmagadwood in Scotlandwell. Was rarely outside for more than 15 minutes but a nervous cat so may have been scared away and got lost. She is 14 years old, not microchipped, and may have lost her pink collar. If she is still alive she may have wandered a long way by now. Any news, good or bad, please call Mike on 01592 840430 or 07801 445132 [m] - £50 reward for any information leading to her safe return!



Contributors – please send your item well before the deadline if you can

Copy of a letter to PKC Roads Dept

#### Road Accident, Tillywhally

10 Feb 2012

I am responding to the near fatal accident that occurred on Monday 6 February around 8am on the unclassified road (formerly Manse Road) about 50 yards beyond my address. My wife and I have lived at Tillywhally Cottage for twenty-seven years. During that time, there has been a steady increase in traffic which has accelerated markedly recently due to new housing developments. There have been a number of traffic incidents over that time, all it would appear, to do with the slight bend outside our house and ice on the road. In particular, about two weeks ago a female driver lost control where her car spun and collided with the wall opposite our house, crushing the front of the car extensively. Fortunately the driver appeared uninjured.

It seems to me, that the time has now come to address the issue of road safety outside our house as a matter of urgency. By definition an accident is just that - an event that happens by chance and cannot be foreseen. I doubt if speed was a factor in this case; both the car and the van could have been driving at a moderate speed with ice the major factor in loss of control.  $\Gamma$  m not even sure if one can apportion blame, though that is for the police to determine. The point is, under certain weather conditions, the road outside here is extremely dangerous. The 'locals' know this but for others, it can catch them out.

What should be done? Is there an answer? Clearly one cannot anticipate human error. Even so I strongly advise the following action:

- 1) **Slow** should be painted on the road surface from both directions.
- 2) There needs to be a visible warning sign such as 'Risk of skidding' incorporating the squiggly lines or 'Danger drive with care.' 'Caution skid risk when icy.'

Perhaps even simply 'Slow.'

Where should these signs be situated? That is for the experts to determine but I would suggest the following:

- 1) For those travelling East from the T-junction (road up from the village and across the motorway bridge, left turn signed Tillyrie) the signage should be placed by the lay-by a short distance before the entrance to Tillywhally House.
- 2) For those travelling West, the signage should be at the T-junction (signed Tillyrie).

Road signs cannot entirely avoid accidents but at least should make them less likely.

Finally, one must ask: if the road had been gritted, would the car driver have lost control? Who knows? But it is a fact that our stretch of road is 'last on the list' and seldom gritted. It is worth noting also that the 'pathway' which runs beside the boundary wall of Tillywhally House, is unkempt, has branches hanging over it, making it unusable and should have been maintained by the Council.

Gareth Clemson Tillywhally Cottage, Milnathort

#### Gardening, Hedge cutting, Grass Cutting

D.I.Y. No job too small

180, 360 C.I.T.B. Machine Tickets

Call Raymond 01577 862865

### **Congratulations**



Congratulations to Catherine (née O'Hare), formerly of Kinnesswood, and Simon **HAMMOND** on the birth of their son, **ROBIN JOHN** on Sunday 1 January 2012.

Mark and Janna **HARVEY** (née Sloss) are delighted to announce the birth of their beautiful baby daughter, **EMMA JANE** on Tuesday 24 January 2012. First grandchild for Edna, Jim and Bobby. Thanks to all the staff at Perth CMU.

Congratulations to Mrs **JENNY SWORD** of Kinnesswood. Happy 80th Birthday for 3 March. With all our love to a wonderful and much loved Mum, Gran and Great Gran from all the family near and far in Scotland, England and New Zeal and.

**ANDREW SCOTT** of Scott Hospitality Services has been named an Emerging Entrepreneur for 2012 by the Hospitality Industry Trust Scotland. (*See also p. 18*).

Four ladies who regularly curl at the Green Hotel Ice Rink, Kinross, were runners-up in the Scottish Women's Seniors competition held at Hamilton. ENID BROWN, IRENE BAILLIE, HELEN GORDON and MORAG WELLMAN were awarded silver medals.

### **Thanks**



**JEAN MILLER** would like to thank everyone who answered her plea for plant pots. The response was amazing, probably enough to do next year as well. With the plant sale planned for Saturday 19 May, the greenhouse and cold frames are at full stretch already. Further details will be in the April and May Newsletters.

### Simpli Yoga

#### Yoga Classes

Kinross Church Centre
Drop in or block booking
All levels welcome!



Tuesday @ 6.45 – 8pm - Beginners

Tuesday @ 8 – 9.15pm – Yoga for Curlers

Also available for:

Royal Yoga Massage, Ayurvedic Massage & Therapies Corporate Yoga Events, Partner or Group Private Sessions

www.simpliyoga.com

Email: suthesh@simpliyoga.com 07466360152

#### Vivien Clarke

Dyslexia and Literacy Consultant

Qualified and experienced GTCS registered teacher Associate Member of the British Dyslexia Association Tuition and support for all ages Adult assessment

> vivienclarke@btinternet.com 01577 861323

### **News & Articles**



#### **Development Plan consultation**

PKC's proposed Local Development Plan was published at the end of January and we are part way through a public consultation period. By the time this Newsletter is published, one PKC Drop-in information event will have taken place, on Saturday 18 February.

There will be one more opportunity to attend a **Drop-in Event** locally: **Wednesday 14 March** from 2pm to 8pm at Loch Leven Community Campus. There will be information displays and the opportunity to speak to Council staff.

The LDP sets out the Council's vision for future development across the area and identifies a land-use framework for housing development, employment land, transport infrastructure and areas of environmental importance that will be protected. It includes land identified for thousands of additional houses to be built before 2024 around Perth & Kinross.

The Plan brings together previously separate local area plans and policies into one comprehensive document that considers the future sustainable development of the whole of Perth & Kinross.

The Plan can be viewed at the local library or online via the Council website at www.pkc.gov.uk/proposedLDP and at the Drop-in Event.

Any comments on the plan need to be made in writing by 4pm on Tuesday 10 April.

PKC would prefer members of the public to make comments on a Representation Form or electronically via the Online Local Development Plan on the Council website. Representation Forms will be available at the Drop-in session and can be downloaded from the Council website.

Alternatively comments can be made by post to:

Local Development Plan Team, The Environment Service, Perth & Kinross Council, Pullar House, 35 Kinnoull Street, Perth, PH1 5GD.

Or by email to: DevelopmentPlan@pkc.gov.uk

All representations must include:

- Name and contact details
- What document you are commenting on
- What section, site or policy your comment relates to
- Tell PKC what, if anything you want to change in the Plan
- Give your reason for either supporting the Plan or making your change to the Plan

In addition to the Drop-in Event, there are other opportunities to learn more about the proposed LDP and discuss views with local residents: Cllr Mike Barnacle is making a series of presentations on the Plan (*see next column*). Kinross CC will discuss the Plan at its April meeting (Wednesday 4 April).

# Perth & Kinross Council Proposed Local Development Plan Drop-in Information Event

Loch Leven Community Campus, Muirs, Kinross

**WEDNESDAY 14 MARCH** 

2pm to 8pm

Displays Speak to Council Staff Comment

#### Presentations by Councillor Barnacle

Cllr Barnacle has organised several public meetings to report on the main points of the LDP and to obtain feedback from residents. He has written to all residents in the Fossoway area outlining the particular implications the LDP has for Fossoway, including 120 houses at Powmill and pointing out that settlement boundaries for the Fossoway villages have been altered and should be carefully examined for changes.

The first of the Councillor's presentations, focusing particularly on Carnbo, Crook of Devon and Drum, will already have taken place (on 23 February) while this Newsletter was at print. The remainder are listed below.

#### **Public Meetings in Kinross-shire**

to discuss the Perth & Kinross

#### Proposed Local Development Plan 2012

A series of presentations by Councillor Mike Barnacle, Independent Member for Kinross-shire and

Your chance to have your say on the proposed developments for Kinross-shire to 2024

#### Fossoway Area

To discuss how the Plan relates to the Fossoway Settlements Development Strategy:

#### **TUESDAY 28 FEBRUARY**

At Moubray Hall, Powmill at 7.30pm.

Focussing on **Powmill** and **Rumbling Bridge**.

#### **TUESDAY 27 MARCH**

At Blairingone Primary School at 7.30pm.

Focussing on Blairingone.

#### Portmoak Area

#### **TUESDAY 13 MARCH**

At the monthly meeting of **Portmoak CC**, focussing on the proposals in the Plan for **Portmoak**.

7pm at Portmoak Primary School, Kinnesswood.

#### Balado, Cleish & Blairadam Area

#### WEDNESDAY 21 MARCH

7.30pm at Cleish Village Hall.

Focusing on proposals in the Plan for **Balado**, **Cleish & Blairadam** and **Turfhills**.

#### Kinross-shire

#### THURSDAY 5 APRIL

Focussing on proposals in the Plan for the **County** at the Annual General Meeting for members of **Kinross-shire Civic Trust**. 7.30pm at the Windlestrae Hotel, Kinross.

For further information, contact:

Cllr Mike Barnacle 01577 840516

Ron Kitchin 01577 850322 re Cleish meeting

Malcolm Parkin 01592 840389 re Portmoak meeting Alistair Smith 01592 840215 re Civic Trust meeting

Bronwen Wheatley 01577 840212 re Fossoway meetings

#### Loch Leven Community Library

Loch Lev en Community Campus, Muirs, Kinross Tel: 01577 867205. Email: lochlevenlibrary@pkc.gov.uk

#### The Forgotten Highlander - a wartime survival story

A powerful and thought-provoking memoir of World War Two survival will be the subject of the next author talk at Loch Leven Community Library on **Thursday 22 March**. Alistair Urquhart will speak about his book 'The Forgotten Highlander', telling the incredible tale of his time in the Far East as a member of the Gordon Highlanders regiment. Conscripted into the army, Alistair was captured by the Japanese forces at the fall of Singapore. Initially held as a prisoner of war in the infamous Changi jail, he was then sent to labour on the Burma Road railway before finally being freed.

The talk is aimed at young adults and adults generally and should be both inspiring and interesting to all who attend. The event begins at 7pm and lasts approximately one hour. Tickets are available now, priced £5.00 each, in person from the library or by calling 01577 867205.

#### Top children's author to visit Kinross

Popular children's author Debi Gliori is visiting the library on **Saturday 24 March** to talk about her work. The event is aimed at primary as well as pre-school children, and their parents. Debi's talk will include visual slides and is intended to inspire children to fall in love with books.

She is the author/illustrator of many books for children including Mr Bear, the winner of a Children's Book Award. She is best known for her Pure Dead series for older children.

Tickets for the event, which will start at 11.30am and last for an hour, cost £3.50 and are available from the library.

#### Kinross Books on Wheels Service

Would you like books/multimedia delivered to your home?

Do you have difficulty getting to the Community Library in Kinross? If so, why not register with our **Books on Wheels** service? Books and/or multimedia are delivered by two WRVS volunteers once a month. You may request specific titles, or you can let us know the type of book/ multimedia you like, perhaps your favourite author or artist, and we will choose some appropriate titles for you. You can also choose CDs, DVDs and talking books. This service is completely free – there is no loan charge (even for DVDs) and no delivery charge.

One of our regular Books on Wheels users describes it as 'a Godsend'. To register, or to find out more about the service, please contact us by phone on 01577 867205 or by email at lochlevenlibrary@pkc.gov.uk

We'll be happy to answer any questions you may have.

Loch Leven Community Library Staff

#### IS YOUR GARDEN READY FOR SPRING? Kirsten Gray Garden Services

A Mum with experience working in Edinburgh gardens. With a Certificate in Horticulture, Royal Botanical Gardens. I undertake: General weeding & tidying up

Regular maintenance or one-offs Happy to take small jobs in Kinross area Very reasonable rates

07875 251993 graysathouseohill@yahoo.co.uk

# Loch Leven farmers catchment meeting

Farmers in the Loch Leven catchment are invited to a meeting to discuss how to make the most of nutrient inputs and help improve water quality in Loch Leven. The meeting will feature contributions from Eric Anderson (Senior Agronomist with Scottish Agronomy Ltd), Dr Bill Crooks from SAC and Andy Vinten from the James Hutton Institute.

The high cost of fertilisers and the impact of nutrients - especially phosphate - on water quality in Loch Leven mean that getting the most from fertilisers, dung and slurry is more important than ever. The meeting will discuss how to make cost savings on nutrient inputs without affecting yields or water quality. Topics will include:

- Latest technical guidance on nutrient management
- Latest research on minimising soil losses from potato ground
- Discussion on nutrient management tools (eg PLANET)
- Implications of future agricultural policy on nutrient use
- How phosphate affects Loch Leven and ways to minimise its impact
- Update on catchment news and SRDP funding

The meeting will be held at the Coffee Shop, Loch Leven Lodges (near Findatie Farm) on **Wednesday 29 February** at 7pm. It is open to all farmers and advisers in and around the Loch Leven catchment area. There will be ample opportunity for discussion.

To book a place, please contact Richard Lockett (Lockett Agri-Environmental), 5 Craigend Cottages, Perth, PH2 8PX. (01738) 813054 lockett@agri-environmental.co.uk or turn up on the night.

#### ISLA MAE INTERIORS

WE Re-Upholster – Modern & Traditional, Boat/

Caravan seating etc.

WE Cut foam to size –

cushions refilled with foam or feather

WE Make furniture to order – Wing Chairs, Chaises,

WE Make headboards to order

- Any size shape or Fabric

WE Make curtains, blinds, pelmets etc

All work is carried out in our own workshop

Showroom at Dobbies Garden Centre, Kinross Open Tues – Sat 10am – 5pm Sundays 12 – 4pm For a free no obligation estimate Tel 01577 863303

#### SUNNYSIDE CHILDMINDING SERVICES

Val MacKenzie & Wendy Turnbull fully registered childminders working from Wendy's house Hatchbank Lane Kinross

We have lots of activities indoor and outdoors within a lovely, safe, homely environment in a semi rural location very close to local amenities

Full days, before and after school/nursery, local school and nursery pick ups and drop off

Contact Val or Wendy on 01577 864725 / 07777635708

#### David Sands and staff, c. early 1920s



This photo is from Helen Duncan's 'My Memories of Kinross' reminiscence collection. Included in the photo are Isa Philp, her mother, and Sandy Philp, her cousin. Helen is a member of the Community Learning and Development Adult Learning Reminiscence group. Members undertook a project to make their own collection of photographs using various technology. Find out more about the Community Learning and Development group at the Better Place to Live Fair.

# **Better Place to Live Fair**



Saturday 3 March 10am - 3pm Loch Leven Community Campus The Muirs, Kinross, KY13 8FQ



COME ALONG TO THIS **FREE** LOCAL EVENT TO SEE WHAT YOUR COMMUNITY HAS TO OFFER.

#### Something for everybody of all ages!

Find out about the services available in Kinross-shire

Come and meet the local emergency services

Buy the local crafts and produce • Meet the local clubs and groups in the area

Take part in a badminton competition • Chance to try local activities

Organised by the Kinross-shire Learning and Development Group



#### Family Cycle Challenge

Local cycle club, Kinross, has teamed up with Kinross Round Table and Loch Leven Cycles to stage the first ever Kinross Family Cycle Challenge.

The event will be staged on **Sunday 29April** and start from The Boathouse Bistro, Pier Road, Kinross. The route will follow the Heritage Trail around Loch Leven. It will give families and riders the choice of three distances, known as Bronze - to Burleigh Sands and back c.4.2 miles, Silver - to Loch Leven's Larder and back c.8.2miles, and Gold - to Vane Farm and back c.14 miles.

Kinross Cycling Club Chairman Paul Zarb said, "We organise Sportive Kinross for the grown ups and thought it would nice to have an event purely for families."

All the monies raised will go to the event partner charity Scottish Cot Death Trust. To enter, visit the club website or pop into Loch Leven Cycles to pick up an entry form and a sponsorship form.

#### Five tonnes recycled in kerbside pilot

PKC's trial Textile Collection Service began in October 2011 to expand the range of materials collected as part of the Kerbside Recycling Service. To date, more than 5 tonnes – that's about the weight of five average-sized family cars - has been donated to Children's Hospice Association Scotland (CHAS), via Clothes Aid and to Capability Scotland through the Council-organised kerbside collections.

From Monday 6 February, householders in Kinross will be receiving through their door a reminder leaflet about the pilot scheme and a new donation bag, for passing on unwanted textiles for reuse and recycling at the kerbside each fortnight.

#### **Live Active events**

Live Active Leisure has announced its list of events for 2012. They include a Sprint Triathlon, a Middle Distance Triathlon and celebrations for the Olympics. More details can be found at: www.liveactive.co.uk/events

#### Your Local Joiner Alan Herd Joinery

Internal & External Doors
Kitchens supplied and fitted
Staircases and Balustrades
Sliding doors Fencing and decking
Laminate and Hardwood Flooring
Renovation Work and Extensions
Loft Conversions Loft ladders Fitted
Upvc Doors and Windows
For Free Estimate and Advice

Call **ALAN** Home 01577 865415 Mobile 07765167982

#### **Community Website**

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more,

visit www.kinross.cc

#### Hidden treasure

by R Lambie

Country Dancing has been around in the British Isles for well over 600 years. It was at its peak in the 18th Century, and perhaps it is no surprise that this was the time of the Scottish Enlightenment, as there are numerous studies that strongly suggest that Country Dancing is good training for the brain, due to its logical structures and patterns. (No wonder there was a group of Country Dancers amongst the Code Breakers of Bletchley Park during WW2.)

As well as exercise, it is social and cooperative, the best dancer being the most helpful, not the one with the fastest feet

It was the main sort of informal dancing for much of Europe in the 17th and 18th centuries, receiving some of the enthusiasm for dance emanating from the Court of Louis 14th.

I enjoy searching through old dances, and although many dances are very ordinary, there are quite a number that are truly "Hidden Treasure", gems waiting to be found.

Modern Scottish Country Dancing has included a few of these in its repertoire, but very few. There are whole tempos of dance that don't feature at all nowadays, which is a crying shame.

If you are interested in the full range of our traditional dances – genuine, old, Scottish Culture – such as hompipes, fast strathspeys, and the full range of dances that Robert Burns so enjoyed, then come and join the dancers in Glen farg.

The Scottish Government is running a "Get Scotland Dancing" project this year – this is a chance to put some genuine, old, Scottish culture into your life, and some life into your Culture.

We meet on the fourth Thursday of most months; for details – 01577 830295, or ralambie50@hotmail.com



Take advantage of the recently announced Renewable Heat Incentives for homes and businesses!

We are registered approved installers for

- · Solar Thermal
- · Solar PV
- · Biomass Boilers
- · We are distributors for Verdo wood pellets and briquettes

www.thcl.net Tel: 0845 555 1015

1st Steps Dance & Movement Classes for under 5's

Kinross Church Centre Mondays 9.30am

for more info contact Caroline Armitt 07897617725 or visit

www.facebook.com/1ststeps



#### Loch Leven Walkathon Ches

Heart & Stroke Scotland is marking the start of spring with a repeat of its highly successful Loch Leven Stroke Walkathon. Last year's inaugural walk along the Heritage Trail attracted 210

people who between them raised over £4500 for the charity. There's a choice of 6km or 11km routes; both start and finish at the Boathouse Bistro in Kinross, have fantastic views and follow well-maintained, signposted, traffic-free footpaths. The event takes place on **Sunday 25 March.** 

You can enter online at www.scotlandwalkathon.com, call 0800 3160 555 for an entry form, email fundraising@chss.org.uk or call into the Chest, Heart & Stroke Scotland charity shops in Leven, Cupar, Kirkcaldy or Crieff. Every walker gets a certificate and goody bag.

# Independent Advocacy Perth & Kinross

Independent Advocacy is about standing up for and sticking with a person or group, taking their side and helping them to get their point across. Our aim is to enable carers, those experiencing mental health problems, dementia, learning and physical disabilities, frailty or age related problems to have their voices heard by providing Independent Advocacy so that they are involved in decisions which affect their lives. We work together with volunteers to create a stronger community where people are valued.

We are looking for positive, self-motivated people who have good listening and communication skills to partner individuals, or work with groups of adults who have learning disabilities.

Independent Advocates are people who come from a wide variety of backgrounds bringing many skills and a wealth of life experience to their role in enabling the most vulnerable in our society to be heard. Volunteers receive training, expenses and regular support. Our next training course starts on **Wednesday 25 April**, 2pm – 5pm. If you would like to know more, contact Adrienne Ruddock, Volunteer Co-ordinator, telephone 01738 587887 or email: adrienneruddock@iapk.org.uk

Come and see us at the Better Place To Live Fair on 3 March at Loch Leven Community Campus!

#### Alistair Hutcheson - Floorlayer

#### All types of flooring supplied and installed

Carpets, Carpet tiles, Domestic and Commercial Vinyls Karndean, Amtico, Laminates and Entrance Matting

Tel. 01577 862876 Mobile. 07842277590

Email - alijamhut@aol.com

Flatpack Furniture Assembled – Prices from £5.00

#### Kinross veterinary practice in merger

A well-established veterinary practice in Kinross has merged with one of the country's biggest veterinary hospitals.

Alphavet, with its surgery at 62 The Muirs, has joined forces with Inglis Veterinary Hospital, which has a 24-hour centre in Halbeath Road, Dunfermline, as well as surgeries in Cowdenbeath and Inverkeithing.

Alphavet will retain its name and will continue to offer a comprehensive small-animals veterinary service to its clients.

Alphavet's sole principal, Sue Wilson, said: "Being part of the Inglis team means we will now be able to tap into its considerable technical resources."

Sue, who qualified from Glasgow University in 1980, cofounded Alphavet with late husband Thom in 1986, on the purchase of the small-animals and horses side of a mixed practice owned Norman McKinnon.

Alphavet has one other vet, as well as two qualified nurses and two receptionists. All the staff will be retained under the merger. Inglis has been providing out-of-hours cover for Alphavet's clients for the past two years.

Inglis is one of only eight accredited veterinary hospitals in Scotland. The practice was established in 1953 and has a staff of over 50, including 14 vets.

#### Local company sponsors awards

Caledonia Play is sponsoring the Scottish Education Awards for the third year running. The awards recognise dedicated individuals who work with children and showcase innovation in Scottish classrooms. Nominations close on Friday 2 March. More details can be found at:

www.scottisheducationawards.org.uk

Caledonia Play, located at Drum, manufactures and supplies high quality wooden play equipment.

#### Tell Us Once service launched

Perth & Kinross Council is helping to deliver a new service that makes it easier for people to notify the authorities of a birth or bereavement.

The Council is working with the Department for Work and Pensions (DWP) to deliver Tell Us Once, a new service that automatically notifies relevant government departments and service authorities when you register a birth or bereavement. Under the new service, a local registrar supports people through a step-by-step process that will automatically notify central and local governments of the birth or bereavement.

#### COUNTRY KIDS CHILDCARE

Situated in a semi rural location with a large enclosed garden.

Homely and child friendly environment.

Pick ups and drop offs at Fossoway Primary School.

Opening after Easter Holidays

Contact Laura 01577 861896 or 07795 606341 lauralsweet@hotmail.com

# Kinross-Shire



### **Business Breakfast and Evening Wine Tasting**

#### Open to all Kinross-shire Businesses

Over 30 businesses have attended each of the first four events. Please do come along, everyone welcome whatever size your business. It is a great opportunity for local businesses to work with each other.

#### **BUSINESS BREAKFAST**

#### Wednesday 7 March 7.30 - 9am Loch Leven's Larder

The aim is to allow local businesses of all sizes to network and to share business goals. Everyone will have the opportunity to introduce their business. Please bring your business cards and any brochures you wish to display. The cost of attending with Break fast will be £10 per person and will include a full Scottish Breakfast, porridge, cereal, fresh juice, fresh fruit, toast, coffee and tea. Please pay by cash on the day. Receipts will be issued.

#### **EVENING WINE TASTING** Wednesday 4 April 6.30 - 8pm Tullibole Castle, Crook of Devon

With the very generous support of

#### Forth Wines, Tullibole Castle Weddings and Caroline Watson Catering

Evening £10 per person, partners welcome. Those wishing to use the coach from Kinross and Milnathort to and from the castle please let us know.



Tullibole Castle, Crook of Devon

To register to attend the Breakfast and/or Evening Tasting please email:

Sandra Ralston, Kinross-shire Partnership Administrator at mail@kinrosspartnership.org.uk or call 07774181768 www.kinrosspartnership.org.uk www.kinross.cc



#### **Prince's Trust volunteer retires**

The Prince's Scottish Youth Business Trust (PSYBT) recently said goodbye to Ron Kitchin, a long standing volunteer who has supported PSYBT in Fife for over a decade. Ron, who lives in Cleish, joined the team of volunteers in 2001 as a business mentor and coached many young entrepreneurs on the PSYBT aftercare programme. The local businessman continued to serve on funding panels until February 2012, serving on nearly 30 panels during his volunteering career. It's a role that Ron has thoroughly enjoyed.

Committed to the social and business development of young people, Ron was also an active volunteer with The Prince's Trust Scotland until 2010. During this time he was awarded Volunteer of the Year in both Scotland and the UK.

Ron's not retiring from business completely though, as he continues to support his son, successful chef, Tom Kitchin, develop his businesses in Edinburgh.

#### Home-Start Perth

Home-Start Perth offers support and friendship to families with at least one child under five in the family home. Our volunteers support families throughout for families



Perth & Kinross. We also run family groups in Blairgowrie and Coupar Angus and a Perth group for young mums. Home-Start Perth is always looking for new volunteers who have parenting experience and have a couple of hours to spare each week. Following an 8-week (32 hour) Training Course you would be matched with a family who you would thereafter support for up to two hours weekly in their own home. The next Training Course starts on Wednesday 29 February 2012.

If you are interested in this volunteering opportunity or would like support for your family, more information is available by going online www.homestartperth.org.uk, emailing info@homestartperth.org.uk or phoning 01738 638847 and asking to speak to Susan or Veronica.

#### **BODY BLISS**

"Therapies to Enhance Your Life"

REFLEXOLOGY / REIKI SWEDISH BODY MASSAGE AROMATHERAPY MASSAGE REMEDIAL SPORTS MASSAGE ON-SITE MASSAGE

Contact: Morag Abel / Powmill Tel: 01577 840171 GIFT VOUCHER AVAILABLE

Men & Women Welcome! Member of the International Council of Holistic Therapists

#### FREESTYLE HAIR

Professional Hairdress er with over 30 years experience Providing a mobile hairdressing service to Kinross and surrounding areas

> Call Jannette on: 07523 252529

### Can you help fill in the missing names?

A detailed record of the contents, fixtures and fittings is currently underway at St. Paul's Church. Amongst the contents is this photograph taken when the Bishop was present for a Confirmation service. A few of those in the photograph are still to be identified. If you can help, please ring Bridget Lindsay 01592 840252. Any other information or photographs, particularly of the interior of the church in the past, would also be very welcome.

### St. Paul's Scottish Episcopal Church, Kinross Clergy and Choir on Sunday 22 July 1947



Back Row Ladies: Mrs. J. Davidson, Dollie Marshall, Theresa Ling, Nancy Glen

**Back Row Choirboys**: Duncan Campbell, James Brown, David Millar, [UNIDENTIFIED 1], David McDonald, Iain Kay, John Sneddon, Robert Kay, Gordon Davidson, Jack Hepburn, Kenneth McKillop (or McAlpine???)

**Middle Row**: Willie McLaren (organist), Tom Winyard, Mr. Percy Winyard, The Rev. Edmund Ivens (Rector), The Bishop of St. Andrews, Dunkeld & Dunblane, The Rt. Rev. James Lumsden Barkway, Jim Mathieson, Jim Campbell, John Ling (Verger).

Front Row: Adrian Glen, [UNIDENTIFIED 2], Raymond Millar, [UNIDENTIFIED 3], Annie Alcom???

Those being confirmed on that day were: Alec Adam, Robert Campbell, David Millar, David McDonald, Theresa Ling, Nancy Glen, Margery Marshall, Sally Scott, Kathleen Winyard.

#### Mardon Bookkeeping Services

Don't like paperwork? Reduce overheads, save money on accountancy fees. Let us take care of it for you & prepare everything for your accountant, (no account ant yet, don't worry). Fast, friendly, ideal for sole trader/small business.

Free initial consultation. Competitive rates. Introductory discounts.

Please call Don - 07858 351966

#### 'ALTERED IMAGES'

UNISEX HAIRSTYLING in the comfort of your own home Call LINDA on 01577 863860

#### **HILLVIEW** HOME AND GARDEN MAINTENANCE

#### No job too small

- \* Fences repaired or replaced
- \* One-off garden tidying
- \* Trees, Shrubs, Hedges trimmed
- \* Guttering cleaned, repaired or replaced
- \* Patios, Drives, Paths
- \* Slabs, Gravel, Blocks.
- \* We are a local family business
- \* Call for a free estimate

All work guaranteed Phone 07775 318192

Deadline for all Submissions 5.00 pm, FRIDAY 16 March for publication on Saturday 31 March

#### Balado tree belt appeal successful

Douglas Alexander, owner of the Balado Activity Centre, has won an appeal against a condition imposed by Perth & Kinross Council as part of a planning consent.

In November 2011 PKC granted planning permission in principle for the erection of hangarage facilities, including offices and pilot amenities, at the Balado Activity Centre. Nine conditions were attached to the planning consent. Mr Alexander appealed to the Scottish Government against condition (4), which required a planting belt along the western edge of the application site to help assimilate the building into the landscape.

Mr Alexander appealed on the grounds that the condition was "inappropriate and a danger to aviation safety" and that it would not be possible to establish a plantation of trees due to "... the existing boundary road, soil status, a mains water supply and an oil pipeline." He also stated: "The existing trees and site topography would assimilate the low lying building into the landscape..."

Towards the end of her four-page decision letter, the Reporter, Janet McNair said she considered that:

"... condition (4) is not necessary to make the development acceptable and that neither the nature of the development nor its effect on the surroundings justifies a planting belt" and concluded that condition (4) should be deleted from the planning permission.



#### Need to check something in an old Newsletter?

Consult our electronic archive at

#### www.kinrossnewsletter.org

Issues from September 2006 to two months ago available

#### Yoga Massage

#### History

The origins of yoga massage can be traced back to 2,500 years ago in India to a doctor called Jivaka Kuma Bhacca. He introduced this technique to Thailand where the Buddhist monks used it to invigorate their mind, body and spirit.

#### What is it?

Yoga massage is a combination of deep tissue massage, coordinated breathwork and yoga stretching. It takes place on a mat on the floor to allow for a variety of movements and stretches to be used.

This style of massage treatment is sometimes called 'Lazy Man's Yoga,' as for most of it the client is lying down while the practitioner uses a variety of techniques with their hands, feet, elbows and knees. It is suitable for all ages, body types and levels of fitness.

#### What happens during a yoga massage?

The client will be wearing comfortable, loose clothing to ensure there are no restrictions to their movement throughout.

After a consultation to establish specific requirements and medical history, the practitioner will tune in to the client's level of flexibility and adjust stretches and yoga postures accordingly. They will make sure that the pressure and stretch is within the client's current limits.

The session will progress into a rhythmic flow of one move to another as the client's body is prepared for going progressively deeper into assisted yoga postures. With guided breathwork, deep tissue massage and the assisted yoga stretching, the client's physical and emotional wellbeing will be increased.

#### **Known benefits of Yoga Massage:**

- Improved flexibility of joints and muscles
- A deep release of stress and tension
- Sports performance and stamina
- Improves all the body's physiological systems
- Helps aches, pain and stiffness
- · Relaxes and lengthens muscles
- Improves posture and alignment
- Releases physical and emotional blockages
- Improves circulation
- Helps the body clear physical and mental toxins
- Calms the nervous system and promotes relaxation
- Stimulates: circulation, internal organs, immune system, and all the body's systems
- Increases energy levels

#### How will you feel afterwards?

The client may well feel taller as a result of the muscles being lengthened. Previous back, neck and shoulder pain may be lessened. There should be a deep sense of relax ation in mind and body.

For a yoga massage appointment in Kinross, email: enquiries@simpliyoga.com

#### CERAMIC TILING SERVICE

A large range of wall and floor tiles for supply and fix or

You may require a labour only service

Free estimates

Phone GEORGE BIRD Kinross 862253

#### **About WRVS**

WRVS is a charity that supports older people in their home and in the community by providing services that make their life better through



the power of volunteering. We all take it for granted that we can get out and about and do our errands, but for many older people this is not possible, as they may have mobility problems, or they may just have come out of hospital with little or no support. They find themselves housebound with no real contact with the outside world. This is where our volunteers are able to help.

We offer transport to hospital and doctors' appointments for those that are not able to use public transport. We do shopping; collect prescriptions and other small tasks to ensure the older person's well being. Some of our volunteers accompany people on social outings or go to their house for a chat so that they do not become lonely. Others help to support older people in their home after a stay in hospital; this help can be on offer to them for up to four weeks after leaving hospital. Our successful cafeteria and shop at Perth Royal Infirmary continues to provide a great service to the community and with volunteers' support gift money back to the hospital for the benefit of all. We would love to provide even better support to people in the community who have to go in to hospital with on ward services and would be particularly interested to hear from anyone interested in this new initiative.

#### **Books on Wheels Service**

Locally, we provide all of the above, along with the much valued Books on Wheels service where we assist to deliver books, audio books, DVDs and music DVDs of choice from Loch Leven Community Library, Kinross to the home of anyone in the community who loves books but is unable to access library services for themselves. For more information please contact your local library by email: lochlevenlibrary@pkc.gov.uk or telephone 01577 567205.

#### **About Volunteering:**

Volunteering can be rewarding for you and those in your community. It can provide young people with work experience while at school or college. If you are retired it provides an opportunity to meet others and apply the skills and experience gathered during your career. For stay at home parents it can keep you in touch with a working environment and help maintain your confidence for when you return to work. WRVS wants to make Britain a great place to grow old and we need volunteers like you to come and help us in your area. It's up to you how much time you can offer; we'd love to hear from you.

Please call us on 01738 633975 or for more about the great work done by WRVS volunteers visit www.wrvs.org.uk. We will be at the **Better Place to Live Fair** in Kinross on **3 March** to provide more information on our services or volunteering.

Grass Cutting, Rotovating Hedge Trimming, Tree Pruning Turfing, Slab Laying, Fencing work undertaken

I. Robertson, Station Road, Crook of Devon Telephone: Fossoway 01577 840526

#### Andrew is a HiT

Andrew Scott of Scott Hospitality Services has been named an Emerging Entrepreneur of 2012 by the Hospitality Industry Trust (Scotland) and has been awarded a scholarship to London. HiT Scotland is a charity which helps those training to enter hospitality and those already in it to achieve their full potential, and promotes excellence within the industry.

The popular Heaven Scent coffee shop in Milnathort is part of Scott Hospitality Services. Last year SHS incorporated Kinnairds Restaurant at Knockhill racing circuit into the business and this year formed a collaboration with The Thistle Hotel in Milnathort to offer catering for the function suite.

A recent development at Heaven Scent is 'A Little Taste of Heaven' which allows customers to purchase all handmade products made on site, such as jam, confectionery and salad dressings. Another innovation is the Thursday night study night, when local students looking for somewhere to revise for exams will be able to access free Wi-Fi and relax in the comfortable surroundings.





Massage is an effective natural therapy which aims to help you in a variety of ways including:

- Chronic pain, muscle tension and injury
- Stress, anxiety and fatigue
- Pregnancy, birth and womens health
- Fitness, flexibility and sporting performance
- Posture, alignment and repetitive strain
- ❖ Immunity and general health

Massage is suitable for all of the family including children (so long as an adult is present).

Nurturing your health, naturally ...

To find out more please visit www.orla-beaton.co.uk or contact Orla on 07854 196 955

Appointments in Milnathort and Perth Gift Vouchers available to purchase online Fully qualified, registered and insured. Always consult your GP for medical advice.





MEMBER

#### **HAYLAGE**

TOP QUALITY 4 X 4 ROUND BALES IDEAL FOR HORSES

Gairneybank Farm Kinross

01577 863346 MOB. 07966 291484

#### How to stop procrastinating

By Caroline Winn

We all procrastinate to some degree; often we even know we're doing it, but we just can't seem to *stop* procrastinating and *start* doing! Yet, for some, procrastination can be a debilitating problem that really gets in the way of living.



My favourite definition of procrastination is "putting off until tomorrow what *could* be done today". It's the art of not doing something that you really need to do now, and doing something less important instead. Usually, we procrastinate about something that we're not keen on doing – let's face it, if it's something we love to do, we usually just get on and do it, don't we?

Most procrastinators want to understand *why* they procrastinate. Common reasons are:

- Fear we see the task as really challenging, we don't think we can do it and are scared of failing
- Perfectionism unless we can do the task perfectly, we'd rather not do it at all
- Disorganisation poor time management means we don't allow enough time for the task, so we just don't start
- Dislike we just don't want to do the task

In my opinion, it doesn't matter too much *why* we're procrastinating, as the solution is usually the same, and, no matter the issue, the process to move you forward and off your procrastination is usually the same. For a small minority, there may be some deep-rooted emotional issues that are holding you back – luckily these are usually easily resolved with the help of emotional specialists such as NLP coaches.

Here's my ten-step process to help you learn how to stop procrastinating and start doing!

- 1. Recognise your typical procrastinating behaviour what do you do when you're avoiding the task? Where do you waste your time? Maybe it's checking your emails or Facebook (again, and again!) Maybe it's watching TV, doing the ironing, or getting a cup of tea and having a break. Learning to recognise when you ARE procrastinating is a great first step in helping to move on.
- 2. Figure out why you're procrastinating this time what's your "root cause"? Is the issue one of fear, perfectionism, disorganisation or dislike? Recognising your issue will help you to understand it, and perhaps also how to resolve it.
- 3. Break the task down into smaller, manageable, achievable steps. Often, the task appears so large at first that it's just daunting and we don't know how or where to start. Once we've broken it down into smaller steps and decided the best order of doing them, they'll seem more manageable and it'll be easier to start. Beware of getting stuck in the "procrastination planning" loop.... as planning in itself can be procrastination another avoidance of actually getting started! Set yourself a planning time limit and keep it simple do a basic plan and then move onto the next step.
- 4. "Act as if' you can just do it! Ask yourself, how would the most organised, motivated person you know do this task? What would they do to get started? Then "act as if' you are that person, and decide to do it! Sounds daft, but it really does work!

- 5. Just get started! That sounds so easy doesn't it? But really, what's stopping you, other than you? What would the benefit be of getting started now? Visualise yourself actually doing the task and recognise how much better it feels now, instead of wasting all of that time and energy in beating yourself up for not doing it. Then just get started!
- 6. Start on what feel best for you. Some prefer starting on the hardest step first, so they get the biggest sense of accomplishment when it's done. Others prefer starting with an easy step, and building up to the harder ones. There's no right way just do it in the way that works best for you. Celebrate starting and finishing each step. Recognise your achievement in stopping procrastinating, as well as starting the step.
- 7. Accept that set-backs can and do happen and keep going. Set-backs are just part of learning how to do the task in the best way. They don't mean that you're rubbish or that you should give up! Set-backs may require us to take a step backwards or to change the plan and that's ok! Take some time out to reflect on what is happening, and then get started again.
- 8. Finish the task! Some of us can start a task very easily, but then struggle to finish and procrastinate ourselves to a standstill, usually because starting new tasks is so much more exciting than finishing the current task. This is no different from any other form of procrastination, so follow the steps above and get the task finished!
- 9. Get help! If you've done all of the above and are still stuck in procrastination, don't worry help is available! Ask your local NLP coach for a "magic button" to quickly and easily move you off your procrastination and into doing!

Caroline Winn is a qualified Master Practitioner of NLP, Time Line Therapy and Hypnosis, and a Master Coach at Ascent NLP Ltd, www.ascentnlp.co.uk. Her coaching services are also available through The Zen Zone in Milnathort.

#### ADVANCED DENTURE COMPANY Ltd. For DENTURES & DENTURE REPAIRS

A wide range is available; from basic quality, to high quality **COSMETIC DENTURES.** 

All produced in close consultation with the skilled technical craftsman.

NO REGISTRATION

NO LONG WAITING LISTS

#### A.D.C. MOUTHGUARDS Sports mouth guards

**Night protectors** for tooth grinders, can also be used to cure certain types of tension headaches.

Ian Mackay 01577 864751

#### **DRIVING TUITION**

#### LOCHLEVEN DRIVING SCHOOL

Call Marie Scott on Kinross 862266

Established 23 years

### **Police Box**

**Neighbour Disputes:** These are something that the Police are regularly contacted about; however there are often a number of other avenues which should be tried first. Disputes could involve arguments over things like noise, planning permission, boundaries, fences and walls or high hedges. They are very emotive as our homes are the one place we feel territorial and protective about.

If you're involved in any sort of dispute with a neighbour, the first thing to try is talking to them and discussing the problem. This should be done before you make a formal complaint or get others involved. If you aren't comfortable about approaching your neighbour, you could write them a polite letter. Stick to the facts and explain the problem clearly.

You could involve other neighbours if the problem affects them as well. It may be easier to put forward a complaint if it comes from a number of people in the area, then no one is singled out.

If you are unable to solve the problem by speaking to your neighbour, you could contact their landlord, if they have one. If your neighbour is a council tenant you can contact the local Council Housing Officer who may be able to contact them on your behalf.

Perth and Kinross Council offers a mediation service to everyone living in the area. Mediation is usually free and is a good way to solve a dispute without making a formal complaint or taking legal action.

You can also contact the council if you have a problem with noisy neighbours or suffering as a result of low level antisocial behaviour. Perth and Kinross Council has a Safer Communities Team who can deal with complaints such as these. If a neighbour is involved in serious anti-social behaviour or if a crime is being committed then you should contact the police.

If you are bothered by a neighbour's noisy dog or have other concerns such as dog fouling, you can contact the Council Dog Wardens for advice and assistance.

All of the above Council departments can be contacted by telephone on 01738 475000 or you can visit their website at www.pkc.gov.uk for more information.

If all else fails, you could think about legal action. You can get free legal advice from a law centre, advice centre or a Citizens Advice Bureau. Obviously this should be a last resort, as it can be very expensive and could make it impossible to patch up your relationship with your neighbour and let's face it, you can't get away from them without moving.

Remember that unless you are prepared to move, you will have to continue to live alongside your neighbours, and so it's in everyone's interests to come to an understanding and to get along if possible.

**Alarms:** Our Community Safety Department based in Perth have alarms which are for sale to the public and are generally cheaper than if buying them off the internet or in shops. Please consider purchasing these and hopefully we can disrupt and deter criminal activity such as thefts of power tools and garden equipment from sheds.

Slimline Personal Alarms £2 Alert Multi Function Alarm £6 Excellent for motorbikes, scooters,

caravans, sheds, computers and other valuable property. **Motion Detector Alarm with Telephone Function £12.** Alarm can be used for home, office, garage and sheds.

Please contact PC Lesley McDonald on 01738 892642 for more details.

**Internet Safety:** An internet awareness day has been organised for **Thursday 1 March** at Perth Cinema, in an attempt to raise the awareness of parents, carers and guardians of young people who regularly use the internet and in particular social-networking sites/on line games. It will give parents an understanding of the security settings and how to keep your child safe whilst they are online.

There will be four presentations between 0800-1900 hours. Contact Catriona Laing on 01738 477861 or claing@pkc.gov.uk for more details and to book a place.

#### **Bogus Callers/Scambusters Seminar**

This will take place on **Wednesday 28 March**, 0930-1330 hours at the A K Bell Library, Perth.

Please contact PC Lesley McDonald on 01738 892642 for more details or to book a book a place.

#### Regional Police Dog Trials come to Kinross!

Each year a different force is given the task of hosting the Regional Police Dog Trials and on **Wednesday 21** and **Thursday 22 March**, Tayside Police will be hosting the 47th Scottish Regional Police Dog Trials at the King George V playing fields, Kinross.

Since 1975 the Scottish Police Forces have been running a Regional Police Dog Trial. The trials invite Police Dog handlers from the different forces across Scotland to attend a competition, which takes place once a year, whereby they will compete against one another and will be tested in the skills that they use operationally, on a daily basis.

Each dog handler and dog will be tested on different disciplines over that two day period and will be marked accordingly by judges.

Tayside Police are keen to make this a community event and as such anyone can come along, entry is free. A special invitation has been sent out to all primary schools in Kinross-shire and they have also been invited to take part in a competition to design the front cover of the event programme.

There will be a number of other departments from Tayside Police at the event such as the Road Policing and the Search and Rescue Units. Local agencies and organisations have been offered a display area.

The event will be open from 10am to 4pm on both days.

For any further information please contact Sergeant Sandra Williams or Constable Sadie Allan on 0300 111 2222 or at Sandra.williams@tayside.pnn.police.uk or sadie.allan@tayside.pnn.police.uk.

#### Contact

Local Community Officer Eu an Mitchell can be contacted at Bridge of Earn Police Office, by telephone on 0300 111 2222, by email on euan.mitchell@tayside.pnn.police.uk or by Twitter on @BridgeOfEarnPC. Alternatively you can anonymously contact Crimestoppers on 0800 555 111 to provide information relating to criminal activity of any sort.

### **Community Council News**



The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. In addition, Kinross CC minutes are lodged in the community library. Please note, the Community Council News is not a verbatim reproduction of CC minutes.

#### **Kinross Community Council**

#### News from the February Meeting

Present at the meeting held on 1 February were: CCllrs C Watson (Chair), L MacKay, B Davies, D Colliar, D Mackay, M Blyth, B Freeman and M Scott (Secy). Also in attendance were P&K Cllrs K Baird, S Miller and M Barnacle; PC S Allan and three members of the public. Apologies for absence were received from CCllrs Ian Jack and David Cuthbert.

**Correction to minutes of 7 December**: The reference to "Cricket Club" should read "The Arctic Convoy Veterans Association".

#### **Police Report**

Enquiries are still ongoing into the fire-raisings which occurred mid-December to mid-January.

At the start of January a number of garages were broken into in the Springfield Road area.

Sands Supermarket was broken into just before 5am on 26 January and a large value of cigarettes stolen. A similar theft was carried out in Lochgelly. Enquiries are ongoing.

Drivers persist in using Swansacre as a cut through. This road is only to be used by residents and people using the businesses in Swansacre.

A vehicle seizure took place at the Park and Ride and a number of ASBO warnings have been issued recently. ASBOs are awarded for various factors including anti-social/careless driving/excess speed. The offence can be witnessed by one or two people.

Information was given on safety alarms, internet awareness and bogus callers (See Police Box for more information.)

#### **Matters Arising**

**Common Good Fund:** CCllr Cuthbert was to draft a letter to PKC. CCllr Watson will speak to him. Cllr Baird said this was still work in progress with the Council.

Flooding at old surgery: An update from Cllr Robertson was not available.

**T in the Park**: Despite the CC representations, the proposal by DF Concerts was approved by PKC. CCllr Colliar commented that the CC should minute the names of those voting. The CC is not listed as a consultee for Public Entertainment Licences and it was agreed that the CC should write to the Chair of the Licensing Board and ask to be added to the list. The CC will invite Colin Rodger (DF Concerts) to its June meeting.

**Newsletter Funds**: CCllr Watson confirmed that Milnathort Ceilidh refunded the contribution awarded to them.

#### Future of Kinross Buildings

**County Buildings**: The Royal Caledonian Curling Club is interested in this building. A meeting is to be held shortly to take this matter forward. One level of the building would be available for community use.

**Town Hall:** CCllr Blyth asked if there was any further progress in relation to this site. Cllr Baird replied that the developer asked for an extension, but has not applied for a further extension.

#### Planning Applications Submitted to PKC

11/01911/FLL 249 High Street: Erection of a conservatory.

12/00078/FLM Balado Park: Temporary Change of Use for two years to Class 11 (Assembly and Leisure) for the purposes of holding a music festival once in 2012 and once in 2013.

12/00010/FLL 60 Lathro Park: Alterations and extension to dwelling house.

11/02128/FLL 47 Lathro Park: Alterations and extension to dwelling house.

11/02125/LBC Kinross House: Alterations to ballroom.

11/02073/LBC and 11/02079/FLL Kinross House: New roof and flashings.

 $11/01933/FLL\ 25$  Alexander Drive: Extension to dwelling house.

#### Planning Applications Approved by PKC

11/01278/FLL 77 Muirs: Erection of four residential retirement apartments, garaging and associated landscaping. (Notification received from PKC.)

11/01469/LBC Kinross House: Erection of a boundary wall. 11/01933/FLL 25 Alexander Drive: Extension to dwelling house.

11/02079/FLL Kinross House: New roof and flashings.

11/01608/FLL Plots 1 - 84 Station Road: Change of house type to plots 44 - 46 and 59 - 62 (05/01475/FUL).

11/00702/FLL Site south of Middle Balado House: Erection of a dwelling house and garage.

11/00892/FLL Middle Balado House: Erection of a dwelling house and garage.

11/01719/FLL 21 Burnbank Meadows: Alterations and partial change of use from domestic dwelling (Class 9) to child minding business (Class 10) (in retrospect).

11/01878/FLL 3 Easter Cockairney Cottage: Installation of air source heat pump.

09/00416/IPL Former hay shed, Hatchbank Farm: Erection of a dwelling house (in principle).

09/00848/FLL Tillyochie Farm: Erection of three dwelling houses and garages.

11/00644/FLL Copperbank, Balado: Erection of two dwelling houses.

#### Report from P&K Councillors

Cllr Baird reported that the potholes are causing concern; PKC is working hard in an attempt to patch them up.

No-one complained about gritting.

Cllr Baird attended the Business Breakfast at Lochleven Larder; 35 businesses were present.

Although the trial in relation to polythene wrapper recycling has been discontinued, they will be accepted at some supermark ets.

Cllr Miller reported that changes have been made to the planning system in regard to permitted developments.

Cllr Barnacle commented on the Kinross-shire Forum which was attended by CCllr West.

Cllr Barnacle read out an email from the Roads Engineer with regard to the discontinued use of Turfhills Depot by Tayside Contracts. This site is now being used for storage. Cllr Barnacle commented on the A977 mitigation measures, in particular the new footway and bus shelter, adding that he

disagrees with the comment that the traffic calming measures are a waste of time. Activation signs are not in operation yet; one had to be relocated because of the junctions. CCllr Colliar commented that the road had not been gritted by 8.30am and that gritting on the rural roads is below that achieved last year. CCllr Colliar suggested that we invite the Transport Manager to a meeting. Cllr Barnacle is to raise these points at the Fossoway meeting next week. He added that drivers of tankers have to follow routes set by the companies. Cllr Baird added that the Police and Roads Dept meet regularly to review traffic problems.

Cllr Barnacle's final comment was in relation to wind farms. He wrote to the Council about further applications in view of the growing number received and their reply was quite encouraging.

#### Correspondence

An invitation from The Kinross-shire Fairtrade Steering Group to a **Coffee Afternoon** on Wednesday 29 February.

The Scottish Executive advises that the **Appeal** has been allowed and Planning Permission for Land 60 metres north of **Green Hotel**, 2 Muirs has been granted.

**Proposed Local Development Plan:** Information events are being held at the campus on 18 February and 14 March. Representations on the Plan should be in writing and received by 4pm on Tuesday 10April. This item to be added to the agenda for the April meeting.

**TAYplan:** Notification that the Proposed Strategic Development Plan has been submitted to Scottish Ministers. Scottish Ministers will now appoint an independent Reporter to examine the Proposed Plan. It is estimated that this examination process will be completed during the summer of 2012. If ratified, TAYplan will then publish the approved Plan in its final form and this will become the Strategic Development Plan for the TAYplan area and replace the three existing Structure Plans.

**Waiting Restrictions** in Swansacre, High Street and Old Cleish Road: Draft TRO for the amendments of the above restrictions has now been formally advertised. PKC asks if we would confirm whether or not we wish to formally make an objection. It was confirmed that our earlier submissions should apply.

**TRO**: Notice from the Council intimating its proposal to make a TRO (variation) in relation to Swansacre, Old Cleish Road and High Street.

**40 mph speed limit**: Road Traffic Order came into effect on 14 January. A977 Kincardine - Crook of Devon - Kinross Road - From its junction with the (A922) Kinross - Milnathort Road encompassing the entire northern section of the roundabout over the M90 Perth - Edinburgh Motorway westwards for a distance of 570 metres or thereby. A922 Kinross - Milnathort Road - From a point 60 metres or thereby west of the junction of Springfield Road with Station Road to its junction with the A977 Kincardine - Crook of Devon - Kinross Road encompassing the entire southern section of the roundabout over the M90 Perth - Edinburgh Motorway a distance of 230 metres or thereby. CCllr Colliar added that there is no signage as yet.

**Kinross CC Constitution**: copies of signed document circulated to the CCllrs.

**Data Protection Act**: copy of Certification of Confirmation received from PKC.

**Financial Guidance notes** etc received from PKC. **Convention minutes** (5 October): The Convention has submitted a proposal to Nick Brian requesting that where

planning officers are minded to approve a planning application, but the local CC objects, the final decision should go to Development Control Committee. Also received communication from them in relation to closure of Playparks, asking for comments.

Core Paths waymarking proposals: Confirmation from Dave Stubbs that Tayside Contracts are to install the signs. He would welcome any feedback once they are in place.

**Campus Partnership**: Looking to recruit new members.

**CLDG minutes** (8 Nov): There have been Street Sports held at five locations in Kinross-shire. These were very successful; parents and young people would like this project to continue. There is now a page on the Kinross website. The next meeting is to be held on 29 February.

**Cash4communities**: A £2 million project allowing members of the public to apply for a share of the fund to take forward their own ideas to tackle some of the main challenges faced by people living in communities today. See www.cash4communities.scot.nhs.uk

**Gypsy/Traveller Awareness Raising**: Training for staff for any service based in the Kinross area.

**2012 The Competitive Edge**: Conference at the Salutation Hotel, Perth on Friday 16 March, organised by CVS Perth and Kinross.

**Newsletter Funding**: Email received from Mrs James in relation to the Potager Garden in Bowton Road. The fence collapsed during a recent storm and they have received a quotation of over £1,000 to rebuild. They ask if Newsletter funding could support this project. We are sympathetic to this matter, however the CC considers the distribution of funds once a year and we are to advise accordingly. It was suggested that they approach Kinross-shire Fund.

**Loch Leven**: Information received from SNH that various SSI sites around Loch Leven are to be denotified, one at Grahamstone and the other at Levenmouth. CCllr Watson will reply that we have no objection to this.

#### Other Business

CCllr Davies asked if a bin could be placed at the Cemetery. Cllr Baird will enquire into this.

CCIIr Davies also questioned the change of use of Kinross House. It was commented that this was to be a private residence but would be used on occasion for special events and functions.

CCllr Freeman said that the road in front of the Bank of Scotland had dropped. Cllr Baird will report this.

The Next Meeting of Kinross CC will take place at the Masonic Hall, Muirs, Kinross on Wednesday 7 March at 7.30pm.

#### Agenda for Meeting on 7 March

- 1. Apologies for absence
- 2. Minutes of meeting held on 1 February
- 3. Police report
- 4. Matters arising from minutes of 1 February
- 5. Future of Kinross Buildings
- 6. Planning Matters
- 7. Reports from P&K Councillors
- 8. Miscellaneous Business
- 9. Other Competent Business
- 10. Date of next meeting

Kinross CC minutes are posted on the webpage:

www.kinross.cc/cc.htm

#### Milnathort Community Council

#### News from the January Meeting

CCllr Hamilton, Chairman, welcomed CCllrs Giacopazzi, Halford, Smith, Cottingham, Milne-Home and Thomson to the meeting held on 12 January 2012. Also in attendance were P&K Cllrs Robertson and Baird as well as nine members of the public. Apologies were received from CCllr Bennet and Minute Secretary E Rougvie.

Donaldson park tree disaster: A large sycamore tree was brought down by the recent high winds, falling on a house in Church Street and causing severe damage. There were no injuries. The householder had reported the potential danger to her property to the CC and to Cllr Robertson after a branch fell from the tree in the spring. On reporting the matter to the Council Tree Officer, no action was taken for months. Finally, in September, the Tree Officer visited the site and reported that the tree was safe and that resources did not permit the pruning of such trees. Following subsequent pressure from Cllr Robertson, he agreed to deal with the matter in April.

The Tree Officer's assessment ran contrary to the opinion of an independent tree consultant, engaged by the householder, who considered the tree to be in a dangerous state and recommended its removal.

Milnathort CC expressed its disappointment at the tardy response to the original complaint. The householder is disappointed at the continuing reluctance of the Tree Officer to engage with her over the issue.

The Secretary of the CC will write a formal letter of complaint to the head of the relevant service at PKC.

#### Planning applications

1) Renewal of planning permission in principle for 21-27 Stirling Rd – noted. 2) Alteration to dwelling house at Royal Hotel – noted. 3) Change of use, house at Hillside Farm – noted. 4) Conversion of stable to house at 'Meadowside', Middleton – noted after brief discussion. 5) Erection of two turbines at West Netherton – noted.

#### Planning applications determined by PKC

Application to build 35 houses at Ochil Hills Hospital site approved on the basis that the development be served with mains water - hopefully this will allay the fears of local residents over the continuity of their spring water supplies.

A turbine at Netherhall and one at Cuthill Towers were approved by PKC.



**Local Development Plan**: Cllr Robertson informed the CC that the draft LDP is to be issued on 29 January. Beyond the three sites in Milnathort which currently have planning, at Pitdownies, behind Linden Park and North of Old Perth Road near Hattonburn, no other sites are identified for development in the draft LDP.

A meeting for Community Councillors has been scheduled for Saturday 21 January at the AK Bell Library in Perth. CCllrs Giacopazzi and Cottingham agreed to attend.

#### Correspondence

**Art**: Members of the community are invited to join a photographic project, the Loch Leven Art Project', details on 'artsdev@pkc.gov.uk'.

Access: A resident of Auld Mart Road has highlighted the problems he has encountered in accessing the centre of our village using a mobility scooter. He has asked for the choke points on South Street to be improved by the addition of double yellow lines. After discussion it was agreed that the proposed 'Placecheck' improvements would address the problem. The Secretary will ask Diane Cassidy to contact the correspondent.

**Complaint:** An unsigned letter was received by the CC making five criticisms of its efforts. There followed an inconclusive exchange with the complainant, with the Chairman pointing out that the matters had all been discussed previously.

**Police matters:** Police have alerted the CC to a gang of thieves targeting shoppers in shops and supermarkets, to steal bags and purses. Vigilance is recommended in these premises where shoppers generally feel safe.

A scam continues to be perpetrated whereby a note is posted through letterboxes, ostensibly from 'PDS', a fictional parcels delivery service, asking householders to phone a number in order to rearrange delivery. Calls to the number in Barbados cost £315!

#### Other matters

**Potholes**: Cllr Robertson raised the issue of the reporting of potholes and other infrastructure defects to him or directly to PKC. Members of the public are asked to be proactive in this regard.

**Litter:** A member of the public suggested that householders might consider doing their bit to keep their own street tidy by picking up litter, for example. Following a discussion it was decided that the CC would set an example and organise a voluntary litter-picking event when the weather improved. This might engender a sense of pride within the village.

#### News from the February Meeting

Chairman CCllr Bruce Hamilton welcomed CCllrs Cottingham, Giacopazzi, Thomson, Halford, Milne-Home, Bennett and Smith to the meeting held on 9 February. P& K Cllr Baird also attended and P&K Cllr Robertson sent his apologies.

#### **Matters Arising from the Previous Meeting**

CCIIr Bennett reported that funding had come through to pay for the four benches to be provided for public use. The benches are now being made. The CC expressed its gratitude to the Kinross-shire Road Runners and to the Kinross-shire fund.

**Planning Applications Received**: 1) Temporary change of use for purpose of holding music festival in 2012 and 2013 at Balado for D F Concerts Ltd. - Noted. 2) Alterations and extension to dwelling house, 6 Old Mart Lane, Milnathort – Noted. 3) Erection of two houses at Muir Cottage, Mawcarse Cross Roads. A discussion ensued relating to the safety of the

access to the site, which appeared to be satisfactory.

**Planning Applications Determined**: 1) Formation of main water storage and pumping facility 500m South of Holtonburn Cottage – approved. 2) Two wind turbines at Bloomfield, West Netherton – refused. 3) Erection of dwellinghouse at Devon Cottage, Middleton – refused. 4) Alterations and extension to dwelling house, Devon Cottage, Middleton – approved.

**Local Development Plan:** CCllrs Giacopazzi and Cottingham reported on a briefing, hosted by PKC Planning Dept, which they had attended. Two meetings are scheduled for members of the public at the community campus on 18 February and on 14 March. The public are recommended to attend these important events.

The LDP confirms that no new greenfield sites have been identified for development within Milnathort, although the Forth Wines site may be redeveloped for housing or other commercial purposes. CCllr Giacopazzi raised the issue of Carnbo and Drunzie where the settlement envelopes have been redrawn to include a modest number of new building plots.

The issue of the loss of commercial premises and consequently of employment opportunities in Milnathort was raised by a member of the public. It was felt that, while this trend was unfortunate, the coming developments at Levenfields might go some way to providing commercial opportunities.

An interesting discussion ensued on PKC Planning Department's surprising contention that there was an 'identified need' for a second large supermarket in the centre of Kinross. The view was expressed that far from further damaging the prospects of traders on the High Street, greater support should be given to local shops on which an ageing population may ultimately have to rely.

Accidents at Tillywhally: The CC heard of the three recent accidents at Tillywhally culminating in the latest on 6 February when a Milnathort lady suffered catastrophic injuries after being struck by a vehicle. The CC received representations from the floor in addition to one letter and an e-mail. Various suggestions were proffered as to the causes of the tragedy and solutions were offered.

Investigations are underway by the Police and PKC Roads Department. Meanwhile the Secretary is to write to PKC for clarification of the facts and to ascertain what action may be taken to avoid future accidents.

**Notice Board:** The Treasurer updated the meeting on the state of the notice board. It has been repaired and should be leak free from now on and we will be using it again for notices shortly.

**Ochil Hills Hospital site:** In apparent contradiction of the planning conditions imposed by PKC, the developer is reported to have wired shut certain access gates. The Secretary has been asked to write to the enforcement officer at PKC, and to David Stubbs, access rights officer.

#### ALDERBANK LTD Hardwood Flooring Specialists

- New Floors Supplied and Fitted
- Old Floors Repaired, Sanded and Refinished

For Free Advice and Quotations
Call Niall Simpson on 07508 418848
or 01259 781394

#### Correspondence

- 1. The Perth Citizen's Advice Bureau is seeking to recruit directors. The position is unpaid, but any interested party should e-mail karencampbell@perthcab.casonline.org.uk.
- 2. An invitation has been sent for people to support a Coffee Event in the Kinross Parish Church at 2pm on Wednesday 29 February in aid of Fairtrade.
- 3. A letter from a Milnathort resident detailing several points he wished discussed was read out by the Secretary with all points already having been dealt with at previous meetings.

**Police matters:** Disappointment was expressed that no police representative had attended the meeting, although a report had been e-mailed to the Secretary detailing one local housebreaking and a case of anti-social behaviour by a car driver. Also the police have a quantity of personal attack and other alarms for sale; contact 01738 892642.

The Secretary was asked to contact the police regarding their reduced presence at CC meetings.

#### Other Business

A member of the public asked what the difference was between 'Winter Patrols' and 'Spreading' by PKC snow plough lorries. Cllr Baird is to investigate.

The perennial issue of irresponsible parking at the junction of Wester Loan and Victoria Avenue was raised. The Chairman volunteered to investigate.

The Next Meeting of Milnathort CC will take place on Thursday 8 March in Orwell Church Hall at 7.30pm.

Milnathort CC minutes are posted on

www.kinross.cc/milnathort/milnathort.htm



Personal fitness training for everyone.

Professional and fun.

#### WEEKLY EXERCISE CLASSES FOR ALL

Regular attendees £3.50 class pay 4 weeks in advance Ad hoc attendees £5 per class

#### TIMETABLE

#### **TUESDAYS**

7pm - 8pm Adult Circuits & Boxercise class A work at your own level circuits class with Boxercise as an optional extra.

#### WEDNESDAYS

4.30pm - 5.30pm Over 50s Fitness Ideal for those who want a gentler introduction to regular exercise.

5.45pm - 6.45pm Teen Fitness (Ages 13-18) A high energy workout for boys and girls.

Classes are limited to 15 Come and try your first class for free !!

> Tony Brotherton, Personal Trainer Contact Tel: 07525399752 Email: Fitandhappy2010@aol.com www.fitandhappy.co.uk



#### Portmoak Community Council

#### News from the January Meeting

In attendance at the meeting held on 10 January were: Cllrs M Parkin (Chairman), R Cairncross, T Smith and S Forde. Also in attendance were P&K Councillors M Barnacle, K Baird and W Robertson, three residents and one speaker. Apologies for absence were received from CCllrs J Bird, M Strang Steel, R Williamson and also from PC Sadie Allan.

**Police report**: In addition to a written report, PC Sadie Allan was to have attended the meeting, but an event affecting Fossoway CC understandably took precedence. There was no reported crime in Portmoak since the last meeting.

Treasurer's report: £1243.18 in the two accounts.

Stephen's Field: No further update.

**Build-outs**: Work to replace the bollards on the build-outs in Kinnesswood and Scotlandwell would commence at the end of January 2012.

CCllr Cairncross raised the question of the position of the build out agreed for near to the entrance to the Wellside Park development, and the mini roundabout also scheduled for that entrance to the B920. It emerged that PKC Principal Engineer Jillian Robertson had been unaware of the mini roundabout when she had agreed to the build out. This conflict was being resolved, and CCllr Cairncross added that PKC Roads Department should also take note of the fact that the field on the east side of the B920 at the entrance to Scotlandwell was zoned for housing development in the forthcoming Draft Plan, in the event of which there would be another entrance to the B920 further south, and this raised the question of where the forthcoming new 30mph sign on the B920 should be placed, and also whether both a mini roundabout and a build out should be constructed.

It was agreed that the easiest course of action would be for the Chairman to contact Jillian Robinson to discuss these three items and their inter-relation.

**Kinnesswood Bus Shelter**: No progress to report.

**Relocation of bus stop at Scotlandwell**: Still in hand with PKC.

**Gritting and snow clearing**: Although there had still not been any response from PKC to the report submitted by the CC in April 2011, Cllr Barnacle had raised this with PKC Area Roads Engineer Mr Stuart D'All, and he had provided Cllr Barnacle with a draft of the information he was still intending to provide for Portmoak CC. Cllr Barnacle passed this information to the Chair.

#### SAFESTORE, KINROSS

A SUBSIDIARY OF David Sands Ltd Alligin House, 2 Clashburn Close, Bridgend Industrial Estate, Kinross KY13 8GD

Telephone: 01577 865141/Fax: 01577 865104 SAFESTORE, KINROSS offers containers which are available for customers to utilise. As it is self-storage, you will be required to load and unload the container yourself, thus keeping costs to you down.

The containers will accommodate the contents of an average 2-3 bed house or are suitable as storage facilities for a small business...

Min rental period one month. Long term available. Opening hours – Monday to Friday 7am – 7.30pm Saturday 7am – 3pm Sunday 7am – 1.30pm **Dog waste bin at Grahamstone track**: Cllr Baird reported that PKC has no funds for new bins, only replacements. It was suggested that the landowner could provide a bin and also empty it. This was not considered fair or practical.

Post Meeting Note:

The CC has researched and also been advised on this issue.

The Dog Fouling (Scotland) Act 2003 requires a dog owner to pick up dog waste from anywhere other than agricultural land. However, most people only have access to agricultural land under statutory access rights, which must be exercised responsibly, under pain of losing them. These access rights recognise the risk that disease from dog waste in fields will affect humans and farm animals, and therefore require access takers to pick up and remove dog waste from fields, and properly dispose of it. Bagging it and putting it in a hedge, or anywhere else, is unacceptable, and is also a criminal offence under the Litter Act. The CC have been advised that placing dog fouling in a hedgerow, without bagging it, where it will naturally degrade, is an acceptable practice.

The other option is that dog owners should remove their dog waste and take it home for disposal, or place it in a dog waste bin elsewhere.

#### Speaker - Dr Karen McDonnell

Dr McDonnell, leader of the Scotlandwell Wash House Restoration Project, had been invited to attend the CC meeting in order to outline help needed with a condition attached to early funding from the joint EU / Scottish Government Rural Tayside LEADER fund. This condition is that the Well and Wash House project should be seen to be dealing with PKC to ensure continued right of access to Well Lane, and also that the original cobbled surface should be retained and maintained. Cllr Robertson offered to take this matter forward with PKC, thus satisfying the funding condition. Dr McDonnell agreed to forward full details to Cllr Robertson.

Dr McDonnell gave the CC a brief description of progress to date with the refurbishment and development of the Well and Wash-house, and said that all of the £105,000 of funding for the project was in place. The Chairman asked if any other of the funding sources was conditional, and Dr McDonnell indicated that this was the case, but that the conditions could be satisfied during the course of the project.

#### Road and Paths

Work was still required on the Michael Bruce Way culvert. This is in hand with CCllr Tom Smith with the intention of effecting repairs before April.

CCIIr Cairncross reported that a pothole in the Lethangie Road that had caused damage to his vehicle had been quickly repaired, and he commended PKC for their prompt action.

CCIlr Strang Steel informed the meeting in writing that the core path plan had received agreement from Scottish Ministers, subject to changes recommended by the Reporters, and will now be adopted by PKC at a meeting on 25 January. Details of the core paths within Portmoak will be available online shortly.

#### **Planning**

Two applications had been considered since the last CC meeting. The CC recommended both for approval.

11/01917/FLL erection of a dwelling-house, livery stables and associated buildings at the Portmoak Livery Stables on the access road to The Moss, Scotlandwell.

11/02050/FLL enclosure of a car port, and extension to floor area at 16 Whitecraigs, Kinnesswood.

Full details of all applications and decisions can be found on the Portmoak CC website. Discussions with PKC planning and legal departments, as indicated previously, are still progressing.

#### Reports by P&K Councillors

Cllr Barnacle reported that the requested 30 mph northwards extension at Kilmagadwood would now take place, but his proposal for a 50mph limit on the A911 between Scotlandwell and Auchmuir Bridge had been rejected.

The deadline for comments on the new Local Plan is 10 April.

Cllr Barnacle offered to make a presentation on the Local Plan to Portmoak CC at their March meeting, prior to the April deadline for responses, and this was welcomed. It was proposed that after consideration of the Local Plan, the CC should brief Cllr Barnacle on those areas requiring specific attention or explanation during his presentation.

This event will require the re-scheduling of the report from Mr George Lawrie of TRACKS to the April CC meeting.

Cllr Baird reported that planning applications considered by PKC would now be divided into Controversial or Non Controversial. CCllr Cairncross asked if there would still however be a nominated case Officer for each application and Cllr Baird confirmed this would be so.

#### Other Business

The meeting was joined by a resident who had attended the presentation by Kinross Cricket Club at Loch Leven's Larder that evening. He reported that some forty people had attended, and all had been in favour of the proposals for the new pitch and clubhouse put forward by the Club.

#### **Communications since last meeting**

The Secretary has a list of communications received since the last meeting.

**Meetings:** The next meeting of Portmoak CC was due to take place on Tuesday 14 February.

The March Meeting of Portmoak CC will take place at 7pm on Tuesday 13 March at Portmoak Primary School.

Portmoak CC minutes are posted on the website

#### www.portmoak.org

# March Meeting of Portmoak CC Local Development Plan

Cllr Michael Barnacle will be giving a presentation on the Draft Local Development Plan, and its proposed effects on the villages and settlements of Portmoak, at the regular meeting of Portmoak Community Council on **Tuesday 13** March at Portmoak Primary School.

The Community Council anticipates a good turnout for this interesting meeting.

### PLANNING PERMISSION BUILDING WARRANTS

McNeil Partnership is a locally based practice with LOCAL knowledge providing drawings and processing applications for Planning permission and Building Warrants.

We specialise in Extensions, Attic Conversions, Conservatories, Porches and Internal and External Alterations.

Contact Eric or Fiona McNeil 01577 863000

For free advice

#### Fossoway and District CC

#### News from the January Meeting

Present at the meeting held on 10 January (postponed from 3 January) were: CCllrs S Morrison, T Wigman-Duffy, A Lavery, K Borthwick and S Anderson. Also in attendance were three members of the public and PC Sadie Allan. Apologies for absence were received from CCllrs R Paterson and A Cheape and P&K Cllrs M Barnacle, K Baird and W Robertson.

There were no declarations of interest.

**Community Policing**: Constable Sadie Allan attended. No reported crime in our local area.

Tanker collision in Drum: Investigations continue. Householders concerned about pollution should contact SEPA or Scottish Water. Fossoway & District CC would like to extend their sympathy to the family of the lorry driver who was killed in this accident.

A member of the public asked about speeding in Carnbo; no information available, but will be brought to attention of the local officers.

**Minutes of the last meeting:** The Church had completed the plans for the car park. The minutes will be amended accordingly.

#### **Matters Arising**

War Memorial, Blairingone: John McCrone is away until the end of January.

Olympic Flame through Crook of Devon: Trudy has contacted the Community Police, but they don't currently have any details; also contacted Primary school.

Community Speed Watch Programme: Trudy reports we have been invited to take part in a pilot programme. Volunteers will be trained by Tayside police to do speed checks and report offenders for possible further action. Trudy has advertised this widely and already ten volunteers have come forward. The plan is to cover Crook of Devon and possibly other areas later. Initial meeting this Sunday with the police at the Church Hall.

**Devon Lade:** Trudy contacted SEPA who told us that the landowner is responsible for clearing obstruction. Sandy reports that part of a retaining wall has collapsed, but machine access is very difficult, requiring some tree trimming and the lade to be fairly dry. Landowner has requested assistance in trimming branches, etc., but is planning to do work when feasible. Sandy to follow up; volunteers requested.

**Church car park:** Sandy reports that the legal implications are being processed, and funding being sought, by the Church. Although the CC is not the lead, it may need to lead on funding.

**CC Business**: Sandy and Alastair will be attending the Kinross-shire CC Network on 18 January. Kevin and Trudy will attend the T in the Park community liaison meeting on 24 January. Sandy, Kevin and Trudy will attend the Dunning Glen meeting on 7 February.

**PKC Business**: No councillors were present at the meeting; however Trudy has a report from Cllr Barnacle that the local plan has been approved to include 80 houses in Powmill.

#### Planning Applications Submitted to PKC

**11/02016/FLL**. Modification of existing consent (10/00510/IPL): Revision to siting, design and external appearance (Plot 4). Land Adjacent To Churchmouse Cottage Carnbo. No CC comment

**11/02053/FLL**. Erection of two wind turbines. Bankhead Farm, Fossoway: The CC recommends rejection, as contrary

to Policy 2a and 17b of the Kinross Area Local Plan, exceeding the capacity of the surrounding landscape to absorb or screen the development.

**11/02086/FLL.** Demolition of garage, erection of replacement garage and carport and alterations to access road. Schiehallion, Crook of Devon. No CC comment.

#### Planning Application Approved by PKC:

**11/01604/FLL**. Extension to dwelling house, Easter Muirhead Bothy, Blairingone.

**General Correspondence**: All outgoing and incoming correspondence was available for viewing.

Other business: A member of the public asked if, in light of recent storms, is PKC going to review trees in Councilowned road verges for potential dangerous trees? The member of the public reports that they were previously told by PKC that the landowner is responsible up to the middle of the road, but this may be affected by road status.

#### News from the February Meeting

In attendance at the meeting held on 7 February were: CCllrs S Morrison, K Borthwick, S Anderson, R Paterson and A Cheape. Also in attendance were P&K Cllr M Barnacle and eleven members of the public. Apologies for absence were received from: T Duffy-Wigman, A Lavery, and P&K Cllrs Baird and Robertson. There were no declarations of interest.

**Community Policing:** No Police officer present, however report sent. (See Police Box p.22 for topics covered.)

By email: Victoria Riches, community police officer apologised for her absence; they were called to a 999 call when the meeting was on. She added the following to the police report:

**Recent crimes**: Between 13 and 16 January: Breahead Farm, Rumbling Bridge: theft of 1000 litres of heating oil - under enquiry.

**Actions from previous meetings**: Speeding complaint in Carnbo; this has been highlighted to the Road Policing Unit and speed checks will continue to be carried out in the area.

#### **Progress and Matters Arising**

War Memorial, Blairingone: S Anderson had contacted the interested parties but got no replies. John McCrone (Planning) said that permission and listed building consent is required, however the fees would be reduced to £80 if the CC was applying. Grants Direct may be able to provide funding, if not the CC could fund it themselves. Sheila to apply for a grant and submit the Planning Application simultaneously.

Community Speed Watch Programme: Rod passes on information from Trudy - she attended the meeting in January with head of Tayside Traffic. Initially this will be trialled in Crook of Devon based on surveys, prosecution numbers etc. Will roll out to other villages (including Carnbo) if successful. 12-16 volunteers already signed up will be trained and work in pairs recording speed with laser gun, which will be kept in the Village shop. Vehicles exceeding limit by more than 10% will have number and colour recorded and details passed to Tayside Police who will write to offender. These records will be used in the event of any official action later. A member of the public asked if this is going to result in local people being harassed. Answer is that this will be extensively publicised and aim is to change mind-set of drivers. There was considerable discussion on the item which was generally welcomed.

Cllr Barnacle reports that the automatic speed signs on A977 will be operating shortly after long discussions. Kinross CC have proposed that it might be useful to make the A977 a trunk road so it would get more finance – they will liaise with

this CC who are against the idea.

**Devon Lade:** Sandy reports that this will be progressed when weather permits.

**Church car park:** The Church is still progressing this through their legal people. Sandy to follow up when Church has progressed to planning application stage.

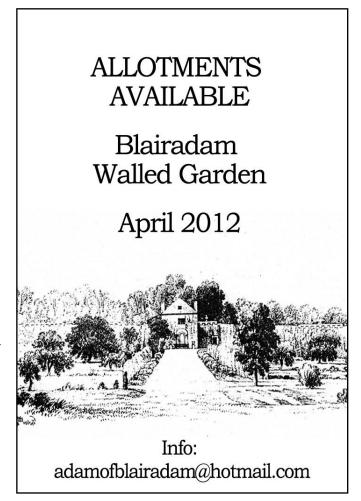
Roadside trees: At the last meeting a member of the public asked about trees after winds – will Council review this? Member of the public reports that there's an overhanging branch on the Millennium Walk. There was some discussion and it was established that it is the landowner's responsibility to take care of trees which overhang or come down on the roads.

Olympic Flame: Trudy to follow up.

**Tayside and Local Development Plans:** Cllr Barnacle is intending to give presentations to local residents. PKC also running information sessions at Loch Leven Community Campus. (*See Articles p. 4.*)

Fossoway School Fete: A Roberts reports that the Fete will be on the Queen's Diamond Jubilee weekend. It was noted that PKC has decided not to make the Monday a Bank Holiday and hence all the schools will be open that day. Does anyone know if it's allowed to put signs, etc., on lamp posts? Assistance from other organisations is welcome. A member of the public asked if there's any news about beacons for Jubilee in this area – CC will enquire. The CC strongly recommends the community supports the Fete on Saturday 2 June.

Community Council Business - Meetings Attended Kinross-shire CC Network: Alistair to report next meeting.



T in the Park: Full minutes available, but highlights: Additional numbers to be allowed on Friday (so they are the same as Saturday and Sunday) but no more camping spaces. Hence 500-600 more vehicle movements expected. Cllr Barnacle noted that all four local councillors objected to this increase but the Licensing Authority approved it anyway. A request was made for verge cutting on back roads to be done at the time of the festival. Next meeting will be May or June.

**CPKCC**: Kevin reports on discussion to create "champion" from each CC that would stand for election at the next Council election - this idea didn't receive much support and was opposed by FDCC. There is a proposal to remove fees to join the CPKCC from next year, to encourage more attendance. This CC still believes that the CPKCC should be disbanded.

**Dunning Glen:** Sandy attended meeting on 7 February. Kevin organised the removal by an external contractor of 1.7 tons of litter! Discussion about supplementing earth banks with big boulders and grit bins to discourage parking. Also the provision of big concrete bins might encourage more responsible litter disposal. Police will visit more often during summer months. Public should report any activities or obstruction to Police at once so they get a better view of the problem.

#### Perth & Kinross Council Business

Councillor Barnacle's Report:

Carnbo Post Box will be replaced as soon as possible.

Loop road between Drum and A81 may receive traffic calming measures - this road might be used by lorries from the proposed Glen Quey Quarry.

Burnfoot Hill Wind Farm: Cllr Barnacle has called for a moratorium on any further wind farms in the Ochils.

The Core Paths plan was approved in December – a number of paths have been removed from the plan including the one in Crook of Devon linking Institute to Church. A member of the public notes that some landowners have not been notified about core paths on their land – Cllr Barnacle will investigate. Member of the public suggests that the CC adds a link to the Core Path plan from its web site; this will be done.

Member of the public asks if bridge at Rumbling Bridge will be replaced – Cllr Barnacle says PKC say not at present because no funding, not ideal location and alternative available. There was considerable discussion and it was agreed that because it was part of the Millennium Walk and was used by children, parents with push chairs and members of the public who were not able to negotiate the alternative route, it should be replaced. The CC would write to PKC on this matter.

#### **Planning Applications**

12/00025/FLL. Land to the rear of Vicar's Bridge Road, Blairingone: Erection of a dwelling house. A four bedroom house and garage on a small site between houses on Main Street and Helmside and Viewfield on Vicar's Bridge Road. This is very similar to withdrawn application 11/00952/FLL. No CC comment.

Representative of Thompson Homes reports that the housing development in Rumbling Bridge is being scaled back (both in area and number of houses) and fuller details will be provided at the next meeting.

The person involved in the erection of two wind turbines at Bankhead Farm asked why the CC had rejected the

proposal when the turbines were not on the top of the hill and screening was being provided. The Chairman explained that it had been investigated and the proposal contravened the two policies quoted. However, if this proved to be incorrect then the council would not take the objection into account. There was considerable discussion on this matter. **General Correspondence**: All outgoing and incoming correspondence was available for viewing.

#### **Other Business**

Rod reports that there have been three recent thefts of diesel from commercial vehicles, using drums found on site and bypassing anti-siphon devices – all be aware.

A member of the public reports that there is congestion of buses, cars, taxis at Yetts of Muckhart during morning and evening rush hours – this is outside our area.

A member of the public reports that three times this month he's found large lorries stuck at Vicar's Bridge because the sign warning it's unsuitable for long vehicles is too far down the road. Cllr Barnacle will look into getting it moved or supplemented. CC should also write to PKC requesting same.

50 metres either side of Vicar's Bridge itself isn't getting gritted or ploughed because it's on the boundary between the two councils and the vehicles turn round on each side of the bridge. CC should mention this in the same letter as previous item.

The Next Meeting of Fossoway & District CC will take place on Tuesday 6 March at 7.30pm in Fossoway Primary School. All Welcome.

#### Draft Agenda for March Meeting

Welcome and apologies.

Minutes of last meeting.

CC Business.

Declarations of interest.

Matters arising.

Councillors' reports.

Planning applications.

Presentation by Thomson Homes on Rumbling Bridge. Presentation by Hugh Wallace, Glendevon Energy. Change of date for June meeting to 12 June. Correspondence.

AOCB.

Fossoway & District CC minutes are posted on the website

#### www.fossoway.org

Pauline now grooming at LOCHRAN MOSS GROOMING

(1/2 mile Junction 5 M90)

All dog breeds catered for sympathetically and to owner requirements Clipped, trimmed and bathed in a friendly environment

For appointment:
Call Pauline 07825 367804 or
01383 830752

LOCHRAN MOSS, BLAIRADAM, KELTY FIFE KY4 0HZ

# **Club & Community Group News**



#### The Boys' Brigade

It has been a very busy start to 2012 with Battalion and National Competitions. In the national competitions we have won through to the latter stages of the table tennis competition but lost out narrowly (on goal difference by one goal) in the 5-a-side football and in the chess (3.5 to 5.5).



At battalion level we won the Company Section 5-a-side football competition and Junior members took part in the Chess competition. Company Section members have also taken part in the Battalion Scripture Search competition and won the Battalion volleyball and basketball trophies at Bell's Sports Centre. The Battalion drill competition will be judged by former Kinross Captain Alex Melville, with Kinross entering two drill squads. The popular midnight hike is also coming up in the next month. The International Brigade "Top Team Challenge" where teams of four are given a sealed envelope to open, ten minutes to read the instructions and fifty minutes to complete a range of mental, general knowledge and physical challenges, will also be taking place before the end of February.

Company Section officers William Constable and Keith MacKess ack undertook officer training with colleagues from Strathkelvin Battalion at the end of January.

Seniors in the Company enjoyed a night at the cinema in early January and are looking forward to an indoor paintball evening in Edinburgh for their next away night.

A group of seven S3 and S4 members of the Company Section will undertake a day training course entitled "Build your Skills" organised by the Perth Battalion. This leadership course is one of the stepping stones to gaining the President's Badge.

Band members are practising a number of musical items for a service at Easter and are also preparing to enter, for the first time, the national band competition in April.

The Brigade Secretary, Steve Dickinson, will visit the Kinross Company in early March as part of his Scottish visitation, prior to a Scottish Conference being held in

Junior Section members are preparing for their weekend camp at Dalguise over the May weekend and Company Section members are looking forward to their continental summer camp based in Noordwijk an Zee in the Netherlands over the first week of July.

Anchor section members, for boys and girls in primaries one, two and three, continue to meet on a Friday evening in the Church Centre from 6pm till 7.15pm.

Junior section members, for boys and girls in primaries four, five and six, meet from 7pm till 9pm in the Church

Company section meets from 7pm till 10pm for boys and girls from primary seven up to eighteen years of age.

#### Portmoak Hall 100 Club

#### January Draw

1st No. 96 Mrs Elizabeth Boyd. Wester Balgedie

2nd No. 26 Margaret Elder, Kinnesswood 3rd No. 62 "Z" Goudie, Kinnesswood

#### Fairtrade Kinross-shire

Fairtrade is a simple way each one of us can make a difference through our everyday choices. It's about better prices, decent working FAIRTRADE



conditions, local sustainability and fair terms of trade for farmers and workers in the developing world. Fairtrade aims to enable the poorest farmers and workers to improve their position and have more control over their lives. The producers receive an additional Fairtrade premium and an extra amount of money to invest in their communities on economic, social or environmental projects.

#### Fairtrade Fortnight: 27 February – 11 March

To celebrate Fairtrade Fortnight, we are having a Coffee Afternoon on Wednesday 29 February at 2pm in the Kinross Parish Church.

Please do come and join with us and meet Watulunga Justine who is a coffee producer from Uganda. She is the treasurer for the Gumutindo Co-operative. With the Fairtrade premium the Co-operative helped build a school and centre for the local village orphanage. We look forward to seeing you (and your family and friends) at our coffee afternoon.

#### Kinross Museum

This is your last chance to see the Museum's Kinross-shire Rocks exhibition before new display cases arrive and the next set of exhibitions is mounted in April. Drop by and find out about coal mining and the quarrying of stone in the county as well tales of the 'Lomond Gold Rush' and the manufacture of coal gas in Kinross and Kinnesswood.

Amongst the generous gifts received in February have been lengths of 19th-century lace, a collection of communion tokens from Orwell Free and Associate Churches, a Charles I shilling and over 40 items found by metal detectorist Jim Crombie at Grahamstone Farm, Kirkness, Orwell and Wester Balgedie.

In addition to helping a host of researchers with their enquiries, Museum volunteers are assisting a number of students at Kinross High School with Higher dissertation projects. We have also been busy helping researchers from the University of Glasgow with their survey of the placenames of Kinross-shire and have begun to assist with the development phase of the Heritage Lottery funded Living Lomonds Landscape Project.

Don't forget to come and visit Kinross Museum on Saturday 3 March, the day of the Better Place to Live Fair. We will have on sale a collection of rare books on the history of Kinross-shire. Get there early!

#### Need Equipment for a Community Event? Marquees, Gazebos, Chairs, Tables and more available

to hire (or sometimes borrow). Items are listed on www.kinross.cc at: www.kinross.cc/equipment\_hire/equipment.htm If your community group has items it would be prepared to lend or hire out, please add them to the list.

#### Dancing on ice Explorer style

Eleven explorers and two leaders caught an evening train from Inverkeithing, heading to Edinburgh's Winter Garden for some ice-skating.

The ice was initially busy and the explorers found their feet and played tig while skating in the designated anticlockwise direction. The ice became quieter and, bored playing tig, they decided to try out their social dancing skills on ice.

Once off the ice and back in normal footwear, the explorers set of to explore the continental market in Princes Street. First stop was the crêpe stall followed by the French fries then another crêpe, much more interesting than the first with a filling of marshmallow and chocolate. The air was thick with the smell of glühwein and vin chaud.

Munching happily, we returned to Waverley and joined the crowd waiting for the train to Inverkeithing. After failing to find seats, some of the group discovered that the luggage area rails aren't the most comfy of seats.

The explorers have also had a chocolate truffle making and tasting session. They discovered that leader expertise is required to rescue your truffles if you add the required amount of liquid and an extra glug for luck. And that there can be too much chocolate in a truffle.

Three of the explorers have spent a day with the Fife conservation volunteers in Lochore meadows helping to clear the destruction caused by the recent gales and make the area safe for the public.

The explorer scouts say a huge thank you to everyone who has supported their recent fund raising.

#### **Kinross Garden Group**

The speaker at our February 2012 meeting was Mr Duncan Davidson of Butterfly

Conservation, Scotland who gave us a very interesting talk and presentation on "Gardening for Moths and Butterflies." John Porter, our Chairman gave the vote of thanks to Duncan for sharing his knowledge and enthusiasm and thanked members and visitors for attending.

Our next meeting is on **Thursday 8 March** in the Millbridge Hall, Kinross. The speaker will be Mr Craig Nisbet, Loch Leven Reserve Officer, who will give a talk on Loch Leven Nature Reserve.

# Milnathort Primary School Parent Council

For the most up to date minutes and other information please see our website www.milnathortprimary.org.uk

Alternatively contact the Clerk, Elyse Kirkham, on 07747534513 or e-mail

elyse.kirkham@milnathortprimary.org.uk

The Parent Council will be meeting on the following dates at 7.30pm at Loch Leven Community Campus (where possible in ICT Room 1):

Mondays 5 March, 23 April and 4 June.

#### Milnathort Primary School Fundraising Event

**BINGO TEA** on **Wednesday 7 March** at 6.30pm in the School Hall.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy

#### **1st Orwell Guides**

Visit to Warwick Castle 2011

After seeing a competition advertised on the Guiding website, we asked our Guides to make a poster to let others know about Warwick Castle. One lonely entry was sent off and shortly afterwards we received word that *our* guide had won the competition, which included a visit to Warwick castle for the day for her unit! The girls were so excited. Bag packing, smartie tubes and serving lots of tea and cake helped our fundraising total and the real planning of our trip began.



Orwell Guides at Warwick Castle

On Saturday 8 October, we met in the car park – our spirits not in the least dampened by the rain. With the amount of bags, I'm sure the bus driver thought we were going for longer than one night! About an hour into the journey the questions "are we there yet?" "are we going to MacDonalds?" and "are we in England?" echoed all the way to Warwick. With great excitement we were shown into the lovely Guide hall in Warwick and the girls eagerly set up their "area" for the night. Fish and chips or pizza were on the menu and went down a treat. A small campfire was lit and campfire songs that some of the leaders had learnt at Netherurd were put into practice! This was followed by the girls making necklaces, earrings and bracelets – the beads kindly brought by Margaret!

Sunday morning we were up early and after a break fast of toast and cereal we were on the bus to the castle. A fantastic day was had by all. We had girls screaming in the dungeons, girls with magical powers in Merlin's tower and some who kept going back to one area in particular as they had taken a shine to a young man who went by the name of Charles. We all enjoyed a guided tour of the Castle. One of our girls was lucky enough to say her promise in the Grand Hall at the Castle! All good things do however, come to an end and we were soon heading back to the bus for the eighthour drive home.

"Were we in London?", "are we in Scotland yet?" and "when are we going to MacDonalds?" were our next set of questions. After a quick stop for something to eat, we headed home and there were quite a few tired, but happy girls who climbed off the bus at midnight.

A thoroughly enjoyable trip was had by all – special thanks again to Margaret Mitchell for accompanying us.

1st Orwell Guides meet every Tuesday evening from 19h30 to 21h00. If your daughter would like to join us, please contact Tracy Reid on 01577 – 864415 or Lesley McCormick on 01577 – 862060.

#### Kinross-shire 50 Plus Club

The March meeting will be held on Thursday 1
March; please note the earlier time of 1pm in
the Millbridge Hall. This meeting will
commence with the AGM followed by the Annual Party
with catering being provided by Lochend Farm, and
afterwards accordions and fiddles entertaining us with
Scottish music. Please remember to bring raffle prizes with
you.

**Away Days March** 

Thursday 8 March: Stanley Mills Thursday 22 March: Kirkcaldy

The coach leaves from opposite the Green Hotel at 0915 hours. Regrettably no advance bookings for trips can be accepted prior to the monthly meeting.

**Theatre Outing:** The outing to "Calendar Girls", to be held in the Festival Theatre on Wednesday 25 April at 2.30pm is fully booked. Coach departure is 1pm prompt from opposite the Green Hotel. Contact Edith Oswald 01577 865731.

Holiday February 2012: The Beaufort Park Hotel in Mold, Flintshire has been booked for six days from Sunday 12 to Friday 17 February 2012. The coach will depart from Milnathort, Royal Bank, at 0845am and from opposite the Green Hotel at 0900am on Sunday 12 February 2012. Contact Pat Crawford 01577 862962.

#### Friday Walkers

**March 2:** Our annual walk from Culross, round the lagoons to Preston Island and back, finishing with soup and sandwiches in the "Red Lion".

**March 16:** A new "Pie Walk", still from Dunblane, but along a different route going past Dunblane High School to Kilbryde Chapel, and finishing the walk with our usual hot pie - perhaps about 2pm. This is a circular walk of less than 6 miles, along a mixture of roads and paths.

**March 30:** Another of our spring walks, from Aberdour, passing lots of daffodils on the way to St Bride's Kirk, where we usually stop for lunch. This is along the Fife Coastal Path, and a leisurely 5 miles or so, as we stroll to

the kirk and back again.

Please note that the walkers' membership list is currently closed. Contact Ian Simpson 01577 863691.

#### Friday Hill Walkers

**Fri 9 March:** Glen Sherup and Innerdownie. This is an often spectacular circular walk rising to over 2000 ft.

**Fri 23 March:** Alyth circular route incorporating some of the Cateran Trail and hopefully getting a sighting of beavers and wild boar.

#### Activities

The following activities are open to all members of the Club

**Carpet Bowling:** This group meets each Monday in the Millbridge Hall at 2pm. New members will be very welcome. Contact: Helen Duncan 01577 863638.

**Craft Group**: This group meets each Wednesday at 2pm until 3.30pm in the Millbridge Hall. Contact: Elizabeth Smith 01577 861387.

**Fly Tyers:** The Fly Tyers meet each Monday between 2 and 4pm (re-started Monday 24 October). This group has both men and ladies within its membership. Contact: Ian Campbell for details of venue 01577 830582.

**Keep-Fit:** This enjoyable activity runs every Tuesday at 2pm in the Masonic Hall. The cost is £1.50 per session and mats are provided. The class is now full and is not accepting new members for the present. Contact Val Oswald 01577 864020.

**Kinvest Investment Club:** The Club meet once a month. New members, who need only a general knowledge of investments, will be made most welcome. The meetings are normally held the first Monday of each month at 1.30pm. Club members wishing to take part should contact John Dryburgh on 01577 862555 for details and venue.

**The Line Dancers:** The Dancers swing and sway every Tuesday and Friday at 10.30am. Contact Betty Fergus 01577 866961.

L.U.S.T.: The slimmers meet each Thursday, 9.30am to 10.30am. Contact Norma Anderson 01577 863548.

#### Kinross & Ochil Walking Group

Spring in the air? Time to get out and about again. Whether you're new to walking, returning to walking or a regular walker, try out a walk or two to see if you'd like to join us. Walks are led by volunteers from our group and new members are made very welcome. We're doing two week end walks this month:

**Sunday 4 March:** Water of Leith – Balerno to Roseburn 5/7 miles. A delightful and varied riverside walk following the old Balerno Branch Railway Line to Currie, Juniper Green and Colinton, Through the Dell and on to the Water of Leith Visitor centre at Slateford (5 miles). Then past the allotments, through Saughton park, past Murray field and finish at Roseburn (7 miles). Dogs welcome. Accompanied children welcome if fit.

**Saturday 17 March:** Saline Hill 4 miles. Some short steep ascents and descents. Good views in fine weather. Total height gain around 900ft. No dogs or children please.

For all walks you do need appropriate clothing (not jeans), including boots and waterproofs. Walks can be of several hours duration so a packed lunch/water/warm drink should be brought.

For further details and where to meet us, please call our Group Secretary Jacqui Ritchie on 01577 866813.



#### Lomond Antiques and Collectors Club



The meeting on 8 February was particularly interesting for members. The speaker Christine Scholes, who has been collecting and selling Crown Derby for many years, gave a history of the development of the pottery from its establishment in 1777 through many changes in fortune and ownership to its triumphant acquisition of a royal warrant from Queen Victoria. This ensured that the table ware graced the homes of the wealthy.

We were given the opportunity to handle and examine individual pieces of early Derby and Crown Derby from Christine's own collection. We marvelled at the variations of the famous and flamboyant Imari pattern which, with its gilding, glittered in candle lit dining rooms. The skill of painters in the more subdued floral and landscape decorated ware also won admiration. The factory remains in production and has a very varied output of figures and miniatures in addition to the traditional tableware to tempt collectors.

We thank Christine for allowing us to handle her precious treasures.

#### Kinross in Bloom

Grey dull winter months they may be, but mother nature carries on regardless, sometimes getting ahead of herself, as yellow crocuses were spied outside, winking at the bleary



winter sunshine in mid December, beating the Christmas hyacinths by a fair margin, and daffodils and tulips are pushing their green spears through at various locations throughout the town in readiness for a good Spring show.

Our members are dusting off their gardening gloves in

Our members are dusting off their gardening gloves, in preparation for the spring planting, as soon as the weather dictates.

A date for your diary, for all quiz enthusiasts. We are arranging to hold a QUIZ NIGHT at the Rugby Club, hopefully on Wednesday 9 May (confirmation later). To enter a team and for further information, contact Aileen Sorbie, 01577 861477 or Iain Todd 01577 208110.

#### 200 Club winners, February

1st	No. 60	Mhairi Mullen
2nd	No.38	Elizabeth McGregor
3rd	No. 56	Diane McDiarmid
4th	No. 54	Yvonne Wardrope



Are you considering any of the following home improvements?

Sun room Garden room Conservatory Garage conversion Windows or Doors Roofline

If so, start planning now by contacting your local CR SMITH consultant:

#### RON McCAFFREY 07808 787939

For a free quotation, design and 3D drawing.

#### DOG-GONE-WALKIN'

Dog-Walking and Pet Care Established 2007

10 years veterinary nursing experience Insured, References available Claire Murison BSc (Hons)

Tel. 01577 830588 / 07508 268528 E-mail: d-g-w@tiscali.co.uk

#### Potager Garden

龆

We are again looking forward to the spring, and starting work in the garden soon. Although there has been less ice and snow this winter, the severe

winds in early January have unfortunately destroyed one of our fences, and we will need to do some particular fundraising to replace it.

Following the installation of the watering system in the autumn, we were again helped by the Unpaid Work team from Criminal Justice in Perth to fit taller edges to the potager vegetable beds, which will help to keep the soil inside them, and not encouraging weeds on the paths. The photo shows the refurbished beds, and we are very grateful for their help with this work.



Raised vegetable beds in the Potager garden

Our first event of the season will be our usual **Coffee Morning in aid of Marie Curie Cancer Care, on Saturday 24 March**, from 10.30 am until 12. There will also be plants for sale, and information from the Perth and Kinross Zero Waste Campaign. This will include how to reduce unwanted mail, reducing food waste, and advice on home composting. We also hope to hold a training session about composting soon.

With some other local gardeners, we are considering organising and being part of an **Open Gardens Day in the summer,** as a fundraiser for the garden. Please contact Amanda, as below, if you would possibly consider including your garden in this. Gardens do not need to be perfect, and visitors are always interested in seeing and discussing how other gardeners approach challenges in their locality.

**Volunteers** are always welcome to join our friendly team at the Potager, whatever your interests or experience. For details, or enquiries about plant sales, contact Amanda James on (01577) 840809, or amanda@tyafon.plus.com.

#### **Denise Dupont**

has vacancies for primary tuition in Maths and English
I have 14 years experience of teaching in
Primary schools and 2 years as a tutor
References can be provided

Phone: 01577 861465 Mobile: 07541056286 Email: denise.dupont@hotmail.co.uk

#### **Probus Club**

There were two speakers for the Probus meeting on 18 January: Gordon and Kenneth McCrae. Their subject was "Travels with Steam", for they had been captivated by the



romance of the steam engine as boys in primary school. Their school was just beside the station, and the first picture they showed was of an ancient 4 4 2 steam which, they said, pulled the trains across the Forth Bridge when they were young. The talk was illustrated by glorious pictures of steam engines. An enthusiasm for steam engines is a wonderful hobby to have, except in 1964 Dr Beeching withdrew all steam locomotives and replaced them with diesels - diesels have no romance - and the brothers had to go further afield to see their lovely steam engines. China still has thousands of steam locomotives, so Gordon and Kenneth had been to China quite often - and there were some lovely pictures of Chinese steam locomotives, but the brothers had discovered a small area of Poland where steam locomotives still run and the audience was delighted by pictures of Poland with steam locomotives in the foreground. The slide show finished with a display of Brotosh engines which had been preserved.

Alan Dearing gave the vote of thanks for a delightful afternoon.

The speaker for the meeting on 1 February was Dr Martin Hepworth and his subject was "Laurel and Hardy" the well-known comedians. Martin had been a fan of the comedy due for many a long year and was a member of "Sons of the Desert", the official fan club.

Stan and Olly came from very different backgrounds. Stan Laurel was British and was born in Ullswater, Cumbria, in 1890, while Oliver Hardy was an American citizen, born in Georgia, USA, in 1892. They came to Hollywood by different routes but did not act together until 1926 when both were hired by Hal Roach, the film producer. They were a great success. They were able to make the transition from the silent films to the "talkies" easily.

For the next 13 years they made a whole series of extremely funny films and were well known all over the world but all this time they were under the control of the film company who produced the scripts.

Stan had for many a long year written comedy scripts, which were brilliant, so they started on their own but the films they produced in the 1940s and early 1950s were not as successful as their earlier productions. There are various reasons for this. These were the dark days of the Second World War and afterwards, tastes in comedy had changed. Stan Laurel and Oliver Hardy had no intention of lowering their standards; there is not one smutty joke in any of their films and, of course, both Stan and Olly were getting on in years, so in 1947 the comedy pair decided to go on tour.

Their first tour was to Great Britain. Having lived most of their lives in the hothouse bowl of Hollywood, neither Laurel nor Hardy had any idea how popular they were. They were astounded when their ship, the Queen Mary, was met by thousands of fans when she berthed at Southampton. All their live shows were sold out. Their first tour was followed by several others. Oliver Hardy's weight problems finally caught up with him; he died in 1955. Stan Laurel passed on a few years later.

Dr Martin Hepworth finished his talk by getting the whole company to sing the song "On the Trail of the Lonesome Pine", one of Laurel and Hardy's best known songs. Alec Johnston gave the vote of thanks for a delight ful afternoon.

#### **Common Grounds**



As March comes, the weather can be extremely variable; fortunately the length of day grows and the garden

beckons. Here at Common Grounds we are putting together our spring syllabus in the hope that there is something for all. On Saturday 3 March we are having a stall at the Better Place to Live Fair at the Loch Leven Community Campus. On **Friday 30 March** we are holding a "**Beetle Drive**" in the Guide and Scout Hall at 7pm for 7.30pm. Children, with parents in tow, are very welcome. On Tuesday 24 April we will hold our first Project Lunch of 2012, more information below.

**Project:** For our February project we have chosen Village Aid, an International Charity whose object is to sustain and increase the ability of all people in The Gambia, Ghana, Sierra Leone and Cameroon to have a prosperous and healthy lifestyle by encouraging sustainable communities, literacy and education, access to justice and strong local organisations. Established in 2000, while Sierra Leone was still in the throes of civil war, "facilitators" travelled by motorcycle to run literacy and numeracy workshops and set up micro-credit facilities for local communities. It costs £1.39 per person per year to educate them in this way.

We have also chosen our "Out of Africa" project for March which is "Motivation". Motivation has been operating since 1991 and supports people with disabilities around the world. £135 can buy a Motivation wheelchair. There are more than 100 million people in the world who need a wheelchair. The average life expectancy of a paraplegic in a developing country is 2-3 years. Between 20 – 40 people per million of the population will sustain a spinal cord injury in one year, many of whom will require the use of a wheelchair. The statistics are dramatically increased in areas of current or recent conflict which continue to plague the world.

**Project Lunch:** On **Tuesday 24 April**, 12 noon for 12.30pm, a speaker from Village Aid will be at a Project Lunch in the Guide and Scout Hall, Church Street, Milnathort. A homemade soup and bread lunch will follow the talk with the usual delicious selection of baking and Fairtrade Tea and Coffee. Everyone is welcome.

Website: Our new website address is:

www.spanglefish.com/commongroundscharitycafe/

Lastly, a big thank you to those who donated firewood and to others who keep Common Grounds going, our sincere thanks to all.

Our opening hours are still 10am – 1pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are: James Henry (Convener) 01577 864452 and Linda Freeman (Secretary) on 01577 865045.

#### **HIGH STREET SEWING**

Alterations, Repair and Make-up trousers, jeans, skirts, dresses, shirts, suits, jackets, coats, curtains, roman blinds, cushions and more!

Quality work and affordable prices!

Please call Linette Mann for an appointment Tel. No: 01577 865341/07732902419

#### Kinnesswood in Bloom

Kinnesswood in Bloom's first meeting of the year took place in late January and, weather permitting, it won't be too long before the



regular work parties can begin in earnest. Quite a few villagers have mentioned that they would love to come along but can't make it at weekends, so this year we're hoping to hold a regular mid-week work party. Aside from all the usual maintenance, there are quite a few decisions to be made. We've been offered boats and a cart - where could we site them; what should we plant in them? Should we do something special for the Queen's Jubilee?

If you have any thoughts or suggestions, please have a word with a member of the team or come along to one of our meetings or work parties and share your ideas.

**Saturday 17 March** at Portmoak Village Hall will see this year's **joint fundraiser** with Scotlandwell in Bloom. The event will be in aid of "Hospices of Hope", a charity for terminally ill children and adults in Romania and surrounding countries. It's sure to be a fun night with a hot supper, good music and a grand auction. Given the success of previous events, tickets will be in demand so get yours early to make sure you don't miss out!

To kick off the 2012 Britain in Bloom campaign, the Royal Horticultural Society are inviting all "In Bloom" groups to sow wildflowers as part of a nationwide "In Bloom" celebration to mark the Queen's Diamond Jubilee. The Kinnesswood event will take place on **Saturday 14 April**. Full details will be posted on the noticeboard soon.

Talking of noticeboards.....the new one should be with us within the next couple of weeks. Thanks to everyone who made this possible.

If you'd like to find out more about the group's activities, please come and see us at the Better Place To Live Fair on Saturday 3 March, 10am till 3pm, or check out our website at www.kinnnesswoodinbloom.org

#### Kinross and District Art Club

The Scottish Colourists: Cadell, Hunter, Peploe



and Fergusson were a group of artists who lived in the early and mid 20th Century and whose paintings have subsequently influenced the work of numerous Scottish and British artists. The Scottish National Gallery of Modern Art in Edinburgh is showing a series of exhibitions of their work, beginning with Cadell. KADAC members had a special viewing of the exhibition in February, with Guy Peploe, Managing Director of the Scottish Gallery and grandson of Peploe the artist, as our guide. It was a truly inspirational afternoon for the forty members and friends who attended.

The youngest of the Colourists, Cadell's works have a vibrancy of colours and shapes and a timeless charm. The exhibition included beautiful paintings of his beloved Iona as well as his stunning Edinburgh New Town Interiors and light filled examples from his travels in France and Italy.

We look forward to the next in the series, an exhibition of Peploe's paintings later this year and then, next year, those of JD Fergusson, some of whose paintings can be seen at any time of the year, of course, in the Fergusson Gallery in Perth.

For more information on the work of the club, visit our web site at: www.kadac.co.uk or contact Club Secretary Sybil Galbraith on 01577 830347.

### Recipe

#### supplied by Kinnesswood in Bloom

#### **Smoked Fish Chowder**

Ingredients

450g smoked fish

1 bay leaf

2 tablespoons of oil

50g butter

2 onions, finely chopped

2 leeks, thinly sliced 140g frozen sweetcorn or small tin

900g potatoes

2 teaspoons of dried thyme

600ml milk chopped parsley

#### Method

Put the fish in a deep pan with the bay leaf and 600ml boiling water. Cover and simmer for 2 minutes then turn off the heat and leave to stand for 5 minutes more. Drain, reserving the liquid and flake the fish.

Heat the oil and butter. Add the vegetables and fry over a high heat till starting to soften. Stir in the thyme and reserved liquid and bring to the boil. Reduce the heat and simmer for 10 minutes.

Pour half the soup into a bowl and mash. Return to the pan with the milk and fish. Simmer for a few minutes, season and sprinkle with chopped parsley.

Serve with hot crusty bread for a warming winter dish.

#### **Light Up Kinross**

The committee would like to thank the following:

**Craig Levein** for switching on the lights and signing autographs.

Stuart Skinner (J & JH Sands), The Mullen family (fireworks), David Sands Ltd, Sainsbury's, Bill Freeman (ACF PA system), Lynn Caldwell (carol singers), Kinross Pipe Band, Alan Copland and his team (Tayside Contracts), Kinross Rotary Club, Kinross Round Table and Santa Claus and the large number of the people who attended the event and contributed so generously to our collecting cans.

The committee also thanks following traders for their sponsorship:

Koronka Todd & Duncan Smith Street Motors Adam Neilson Baynes the Bakers Royal Bank of So

Adam Neilson Royal Bank of Scotland Stewart Funeral Directors

**Kirklands Hotel Grouse & Claret** 

Kilted Christmas Tree Co for donating the tree.

If we have forgotten anyone, please accept our sincere apologies.

The tree lights at Gacé Gardens have been vandalized, hence the reason for the poor display. At present there are no funds available to replace them.

LUK was set up as a joint venture between the Kinross Traders and Kinross Community Council. This year the response from the traders has been very poor and without their support the future of the lights display is uncertain.

We can accept sponsorships and donation all the year round and will continue fundraising events during the year. We hope you will support us.

See also Notices regarding the LUK Annual General Meeting and Stars in their Eyes.



#### Orwell, Portmoak and Glenfarg **District Girlquiding**

On 30 January Alison Hamilton, Rainbow leader and District Commissioner, received her 20-year Long Service Award from Divisional Commissioner Patricia Mulrine during her rainbow session. Alison started out as a helper when her daughter Claire was a rainbow, and enjoyed it so much she is still there. Their latest helper, Natalie Smith, was a rainbow the year Alison started.

On the same night Dawn Ramage said her adult promise in front of her Brownie unit and Margaret Caldwell received her Adult Leader Certificate and badge.



On 31 January Tracy Reid and Lesley McCormick also received their Adult Leader Certificate and badge during

Also receiving their five-year Service Awards from the district are Trace Reid (Guides) Joanne Anderson (Brownies) Nikki Burkinshaw (Rainbows).

Well done to everyone.

their guide meeting.

Rainbows celebrate their 25th Birthday this year and there is sure to be a lot of parties, fun and exciting events planned to bring all the past and present rainbows together.

Thank you all very much for all your hard work, commitment and especially all the great ideas and fun the leaders bring to the units every week, to make it as enjoyable for the girls as possible.

#### Lodge St Serf No 327

March

Tue 6th Regular Meeting at 7.15pm.

Entered Apprentice Degree, also Provincial Grant Lodge of Fife and Kinross annual visitation.

General Committee Meeting at 7.30pm. Tue 13th Tue 20th Regular Meeting at 7.15pm. Master Mason

Degree conferred by Lodge Lindores No. 106

from Newburgh. Harmony to follow.

Tue 27th General Committee Meeting at 7.30pm.

#### **Subscriptions to the Newsletter**

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available. For further details see www.kinrossnewsletter.org or phone Julia Fulton on 01577 865530 or email

subscriptions@kinrossnewsletter.org

#### Kinross-shire Local Events **Organisation**



Fun for all the family!

#### Feel Good Fair at Loch Leven Half Marathon / Loch **Leven Pipe Band Contest**

In conjunction with the Kinross Road Runners and the Kinross Pipe Band, KLEO will be arranging some entertainment and fun activities at the finish line of the Loch Leven Half Marathon on Saturday 12 May.

#### Change of location!

The Feel Good Fair starts at 1pm on the fields next to the car park of the Community Campus (so not at the KGV Rugby Field!) and we finish when the last runner passes the finish line. While you wait for the runners coming in, come along and browse through the wares of local stall holders, kick a football at the street football, take part in a tug of war (come along with a group and take part!), do some long jumps or take part in more sports activities organised by Gary Slater from A-Star Sports.

A new addition to this event is the Loch Leven Pipe Band Contest, which will attract pipe bands from all over Scotland! Some of the bands will send the runners off at 1pm at Bridgend Ind Est and will then march through the High Street of Kinross.

Children can take part in the Fun Run, which Swansacre Playgroup organises every year at 1.30pm.

If your local group/club or charity would like a free stall at the Feel Good Fair, please let us know. Businesses can hire a stall space for £10 (you have to bring your own gazebo/ table and chair).

Come along and enjoy!

#### Kinross-shire Music Festival 15-25 November Put these dates in your diary!

The second Kinross-shire Music Festival will this year take place over two weekends!

A festival that promotes live music of all styles and genres, and at all levels! This festival will take place at a wide variety of venues in Kinross-shire.

If you as a local band/musician would like to be involved please let us know. Also let us know if you, as a local group, would like to organise a music event under the umbrella of the festival. You will then be included in all the PR.

For more information contact Bouwien Bennet, 01577 863107 or bouwien@kleo.org.uk

www.kleo.org.uk



Ideal for Marquee Weddings 200 Indoor for 85 persons Space for large Marquee Wedding and Reception 17th Century Scottish Castle. Grade A Listed By Crook of Devon

www.tulbol.demon.co.uk/weddings weddings@tulbol.demon.co.uk Tel: 01577 840236



#### **Kinross Ladies Circle**

www.kinrossladiescircle.co.uk



New to the area? Looking to expand CIRCLES your social life, try something new, or give something back? Ladies Circle is a fantastic club for girls aged 18 and 45 who want to make new friends, have lots of fun and do some fund-raising along the way.

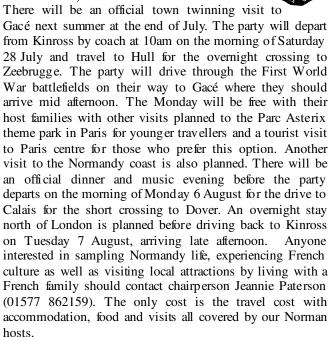
We have more than 250 groups around the country meeting twice a month to get involved in a wide variety of fun activities and charity events.

Each year we nominate a local charity to benefit from our fundraising efforts and this year we have chosen to support Myeloma UK.

For further details about us, to join or to see upcoming events, please go to our website.

# Kinross & District Town Twinning Association

Visit to Gacé, summer 2012



The Association will also have a stall at the Better Place to Live Fair where interested members can gain a picture of the history of our long-serving twinning and a flavour of Normandy.

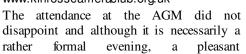
# construction & renewable energy

- · New Build Properties
- · Renewable Energy Solutions for home and business
  - · Home Alterations and Restorations
  - Home Energy Efficiency Consultations
- · Wood Pellet supplier for heating and horse bedding

For further information or for a free quotation please call Malcolm Thomson on 0845 555 1015 or email malcolm.thomson@thcl.net www.thcl.net

#### Kinross Camera Club

www.kinrosscameraclub.org.uk





atmosphere prevailed and business was dealt with expeditiously, enabling members to complete the evening in a more convivial environment.

Al Buntin of Dundee Photographic Society gave a most interesting talk describing among other things how he favours introducing "grain" into his digital images. In the days of film he had sought the grainiest available films such as "Scotch 1000", and had mourned its premature withdrawal. He also tends to like images which lend themselves to a square format and these display a wonderful creativity both in imagination and in printing.

The judge for our League 2 Competition on the subject of "Sport" was George Neilson of Edinburgh Photographic Society. He had set the topic and it is his specialty. His helpful and sympathetic judging was greatly appreciated by all members, and much was learned of how to capture the frequently fleeting image, how best to prepare to record it and ultimately to present it, and for less expert members, the need to preserve sharpness and clear focus, for example in the face of a cyclist, notwithstanding that the wheels of the bicycle on which she was mounted wobbled down a steep descent.

The second competition, the last event prior to the deadline for this entry, was the Three Way Competition between St Andrews Photographic Society, and Cupar and Kinross Camera Clubs. It was hosted by our Club and was an exciting event not least because Kinross won, followed by St Andrews with Cupar a respectable third. Club members had prepared a generous spread which was much enjoyed by all present. These included a good turnout from the two visiting clubs, particularly considering that it was an unpleasantly misty night. The judge was Gordon Scott from Mid Calder Camera Club, who, while battling with a bad cold, gave constructive and insightful comments on the images projected.

We now look forward to three more competitions: League 3, the postponed judging of the "Thackery Trophy" and "Four on a Board" and the Inter-club Competition between Glenrothes, Dunfermline and ourselves at Dunfermline together with three further talks, all before the next hand-in deadline.

For further details please contact the Secretary: alisonbradley 101@btinternet.com or via the website.

#### KINROSS GARDEN SERVICES

For domestic and commercial garden maintenance and soft landscaping

- \* Lawns turfed and seeded
- \* Lawn sand supplied
- \* Mole trapping

Agent for Sinclair McGill and John Watson's seeds for Agriculture and Horticulture

For contracts and orders phone Jim Oswald on 01577 864020

#### **Inner Wheel**

True to the Inner Wheel's main objective of friendship, a 'Mad Hatter's Lunch Party' set the New Year off in good spirits. Our members all played their part, turning up to lunch wearing some wonderful elaborate, some ridiculous looking and some very creative headpieces. Everyone enjoyed a superb lunch put up by the committee members.



The Inner Wheel "Mad Hatter" lunch party

David Chalmers, from Milnathort, was our guest speaker in January. His topic was The Duke of Edinburgh Award Scheme. David outlined the progressive structure of the Bronze through to Gold Award and paid tribute to the number of dedicated students from Kinross who have successfully attained the high standards.

It was obvious that David has given a great personal commitment to the scheme through the preparation and training of the participants and in organising the numerous expeditions that each level commands. He related a number of amusing incidents which he had experienced while overseeing his young trainees.

For our February meeting it was the turn of another local man, Stephen Hutt, Chief Executive for the Royal Highland Centre at Ingliston. Stephen informed the group of the significant impact that the Royal Highland Centre has in relation to the revenue it accrues, being almost on a par with that of the Edinburgh Festival, which is just outdone by the airport. With its 300 acres and 365 days of activities, the Centre dedicates itself to the promotion of Scottish agriculture and land-based industries and attains its goal by

#### Lochend Farm Shop Scotlandwell

Fresh seasonal vegetables
carrots, turnips, cabbage
and lots more harvested daily
Maris Piper potatoes available now
Apple Pies, scones, hot from the oven
Menu changes daily

Open seven days 9am-6pm
Tel: 01592 840 745
Outside catering buffets lunches
or book the shop for private functions
Phone for further information

rewarding excellence and innovation. One of the most gratifying projects undertaken is the education of young people, introducing children between the ages of 5 – 14 years to farm animals and farming life. Over 69,000 children and 500 farmers participated in this enterprise last year. The scheme involves visits to farms and farmers visiting the children. The inclusion of the 'Plant, Count & Grow' aspect brings a mathematical dimension to the children as they plant their vegetables and count the produce which results.

Every few years the Club undertakes a major fundraising activity to support various charities. This year a **Bridge Afternoon** with a raffle is being organised on **Friday 13 April** in Portmoak Hall, Scotlandwell. Lunch and afternoon tea are offered so all bridge players, please take note of this date and if not already in your diary make sure you enter it now. Tickets are presently in circulation and as these are limited in number, don't miss out on what promises to be a most enjoyable afternoon's entertainment. Tickets are available from Christine Maclure, tel: 01577

Tickets are available from Christine Maclure, tel: 01577 864826 and Liz Pottie, tel: 07768244699.

Running in conjunction with the Bridge Afternoon is a 'Line Draw' with some very attractive prizes, all generously sponsored. Lines are being sold at £1 per line with the Draw taking place at the Bridge Afternoon. All proceeds from this 'Line Draw' are being put towards the Chest, Heart and Stroke Charity.

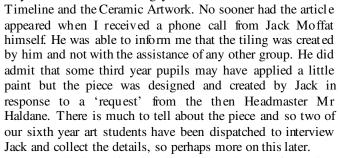
BRIDGE PLAYERS – Don't miss your chance – purchase your tickets now and support a worthy cause. You won't be disappointed.



#### **Kinross High School**

by Dick Keatings

Let me begin with an update from last month. You may remember me drawing your attention to the



We were all disappointed to hear of the closure of Sporting Chance recently. The business has supported Kinross High School parents and pupils throughout many years in supplying many of our uniform items and other sporting and schoolwear items. Now that they have closed we have had to make alternative arrangements. I can now inform you that the school will continue to supply blazers through the Parent Council and we have added school ties to that. The ties will be available at the school office on a daily basis. In addition I am in discussions currently with a local clothing supplier and we are looking at an internet based solution to all other items. We hope to link this through our own website and make it easier for parents to obtain some of our recommended items for school wear. By the time you are reading this I am hopeful that we will have finalised these arrangements and parents will be made aware as soon as that is the case.

On the subject of uniform can I repeat my plea to parents regarding the shortness of skirts, the lack of buttons on blouses and the growing incidence of 'fashion' trousers amongst the female members of our community? Whilst I fully understand the pressures from our young people and the subject of availability in our stores I am now finding myself somewhat embarrassed by the severity of some of our young ladies' interpretations of what is acceptable to wear to school. For those of you reading this early in March there is still an opportunity for you to attend the next chapter in our HMIE process which is the public meeting on Wednesday 7 March at 7pm in the main hall of LLCC. Here I will be explaining the process by which we intend to overtake the four main areas for action which have been specified in our report. I hope that we will see the usual good turnout for such events and it would be especially nice if there were some members of our audience who are not parents of the school. This would help me to hear about the school in its community from some people who might be more normally on the outside of such processes.

Not much pupil news this month as once again we are all busy getting on with the business of education. Our Second Year pupils have come to terms with a brand new course choice process which sees them continue with more subjects than usual in order to address the requirements of our new curriculum. Our S4 pupils are also agonising over choices for fifth year. Whilst our Fifth and Sixth Year pupils are recovering from the effects of their recent prelims and the return of their papers.

Our First year pupils have enjoyed some interesting events recently; our Scots verse speaking contest, the visit of the Geobus and their first opportunity to take part in our own Cross Country Championship.

Life is never dull here at Kinross High School.

## Kinross High School Parent Council

Website: www.khspc.org

Vice Chair:

Clerk:



Email: chair@khspc.org Rory Stewart 01577 830504

Email: vicechair@khspc.org
Treasurer: Allan Miller07779 700088

Email: treasurer@khspc.org

School Uniform: Victoria Robb

Email: blazersales@khspc.org

**Events and Fundraising Team:** Lisa Megginson

Email: eftchair@khspc.org Sheila Herron 01577 864015

Email: clerk@khspc.org

A full copy of any Parent Council meeting minutes can be requested by contacting the Clerk or by visiting our website at **www.khspc.org**.

The KHSPC meetings for the current academic year are: 28 February, 17 April, 29 May and 12 June [AGM - Provisional]).

The last meeting of the KHSPC was very well attended. Amongst other items, the following was discussed:

**Kinross High School Inspection:** It was agreed that it was a good report from the inspection team with some items that can be improved upon. Development plans will be included in the School Improvement Plan for 2012-13. A copy of the inspection report can be found on the school website http://kinross.myallocator.com.

Long Term Absences: It was recognised that there is concern of long term teacher absences within the school and the impact this sometimes has on the pupil's learning. Perth and Kinross policies are adhered to when staff are on sick leave.

**Road Safety:** Road signs within the campus are now in place. However, it was generally recognised that they are not adequate, nor fit for purpose. It was agreed that the KHSPC would write to P&KC expressing concern and requesting some form of remedial action.

Please remember that the Parent Council is in place to represent the views of parents and guardians of pupils at the school, to help ensure that our young people can learn and develop to their maximum potential. We work in partnership with the school to create a positive and proactive environment which supports pupils, staff, and parents. The Parent Council is always on hand to help support the process of communications with the School, we are always keen to hear from you, whether it be good, or not! If you would like to join the Parent Council you would be most welcome. Please contact the Clerk (as above). Thank you.

#### JOE BURNS Computer Repairs & Servicing

Computer slow, virused, needing upgraded or internet problems? If you suffer from any of the above or just need advice, give me a call.

Local collection and delivery, competitive rates, call-outs and evening visits available.

01577 862399 (24hr Ans Mc) 07850897924 Mobile

JBcomputing@btinternet.com



#### **Portmoak Primary School**

#### **Curling's Cool**

P7 have successfully completed their Curling's Cool taster sessions at Kinross Ice Rink. The pupils enjoyed their opportunity to take part and were all presented with a certificate at 20 January's assembly. Photos from one of the sessions can be seen on our website by clicking on the 'School Events' tag.

#### **RSPB Bird Watch**

P3 had a visit from Vane Farm staff on 11 January. They are taking part in the RSPB Big Bird Watch, and as well as the visit from RSPB they have been busy spotting birds from their classroom window and recording their results.

#### **Trout in the Classroom**

P4/5 are going to be working with Scottish Natural Heritage over the next few months to raise trout from eggs in their classroom to be released into the Hatton Burn.

#### **Scottish Poetry Competition**

Margaret Wilson (our retired Headteacher) and Alistair Morgan (from the Jolly Beggar's Burns Club) had their work cut out for them judging the winners for our Scottish Poetry Competition. Very well done to everyone who learned their poem and was able to present in front of an audience. The 2012 competition winners are:

P1/2: Keira Robertson and Niamh Brown
P3: Katie Robertson and Emma Mitchell
P4/5: Thomas Chambers and Johnathan Venters

P5/6: Max Spenke and Ewan Cowe P7: Caitlin Welsh and Emily Donaldson

Winners from P1-7 received a certificate and the overall P7 winner (Caitlin Welsh) received the Burns Quaich.

#### Minister Assembly 20 January

Rev. Angus Morrison visited the school on 20 January and led an assembly with the theme 'I am Special'. We look forward to seeing him again at some of our assemblies in the future and hope to be able to hold our Easter assembly in the church this year.

#### **School Grounds Plea**

Kinnesswood in Bloom organise regular work sessions in the school grounds, mostly on a Saturday. These are normally on a six-week cycle from Spring onwards (dates are usually posted on the KiB noticeboard) and parents would be very welcome at these work parties. The more people we have, the shorter the sessions will be and it helps keep the grounds looking smart all year round. Please get in touch with the KiB secretary on ritapritchard @btinternet.com / 840641 if you would be able to help at any time.

#### Fundraising - Bag2School

We have another two dates booked for Bag2School. Bag2School collects good quality second hand adults' and children's clothing, sheets, blankets, curtains, soft toys, shoes, belts and handbags. You can donate any of these items either directly to the school before 9am on the day of collection, or preferably, up to 5pm the night before at Buchan's Garage, Kinnesswood, as the garage has very kindly offered to help us with bag collection. If you are unable to drop off your own donation, please get in touch with the school and we will arrange for one of the Events and Fundraising Team to collect from your home. The next dates are:

- 20 April (19 April by 5pm at Buchan's Garage)
- 25 October (24 October by 5pm at Buchan's Garage)

#### **Cross Country**

P6 and 7 all attended the Kinross Cross Country event on 1 February. All pupils from P6 and 7 took part in this event and achieved some good results over all, as well as some personal bests. There were five Portmoak pupils in the top 10 girls and boys for this event. On 13 February selected pupils competed in the Perth event. Again, all pupils did very well, however Lewis Morton and Andrew Thornton deserve special mention for coming 9th and 10th respectively in the P7 boys' race.



Five Portmoak pupils in the cross-country top 10

#### Non Playing Social Membership at Kinross Golf Club



Playing memberships now available for Gents, Ladies and Juniors immediate entry.

For application forms please contact Liz McKay on 01577 862237 or email: office@kinrossgolfclub.co.uk For a limited period the subscription to become a social member has been reduced from £70 to £30.

Apply now to take advantage of this great offer.

### What's available to social members?

- Comfortable clubhouse with magnificent views
- Full bar and restaurant facilities available at members' discounted prices
- Full calendar of social events including regular dances
- Can sign in guests

#### Portmoak Film Society

February's film, 'Inception' only achieved a 45% satisfaction rating, which I found surprising. I'm no fan of Hollywood action films, but I thought the idea was fascinating (entering a person's mind through their dreams, either to 'extract' their ideas or to 'plant' one of your own – the 'inception' of the title - to achieve a commercial outcome) and brilliantly executed. But this only goes to show that films are like art: personal tastes divide opinion.

So we've chosen two quite different films for the last of the season: On **Saturday 10 March** we'll show '**Beginners**', Mike Mills' film about two love stories: one between father and son (Christopher Plummer and Ewan McGregor who plays Hal) and the other between Hal and Anna (Mélanie Laurent). It explores the emotions aroused by his father's 'coming out' at the age of 75 after a conventional marriage and how he applies these free-spirited values to his own relationship with Anna.

On **Saturday 14 April** Steven Spielberg's much-feted '**War Horse**' will be the last film and hopefully it will end the season on a high note. It should be a treat for horse-lovers amongst you, but remember to bring your hankies! This will also be the AGM of PFS where an account of the Society's doings is given to members and there is an opportunity to serve as future office-holders. It's not all serious business though, and is usually over in the space of a few minutes, so don't let that put you off, especially if you're a visitor just popping in for the film, which costs £5 on door. Films start promptly at 7.30pm at Portmoak Village Hall.

Check out our newly-revamped website at: www.portmoakfilmsociety.org.uk

# Kinross Learning Centre

#### **Achieve Your Potential**

Find out how we can help you achieve your potential, whether you prefer the convenience of self-study or the reassurance of face-to-face tuition.

We offer computer courses for everyone from complete beginners to advanced users as well as a wide range of taught classes to suit all interests. From art to upholstery and everything in between!

#### We're open:

Mon, Wed and Fri 9am-noon and 1-4pm; Tue and Thu 9am-1pm and 5.30-8.30pm.

www.perth.uhi.ac.uk



For more details contact

Kinross Learning Centre on **01577 863863**Swansacre, Kinross, KY13 8TE
pc.kinross@perth.uhi.ac.uk

#### Kinross & District Rotary Club



Once again, a lot has happened since the last Newsletter report, both in the Club and world-

wide. Our first two meetings of the New Year were informal and then, on 23January, we joined with the Kinross-shire Volunteer Group at their annual Burns Supper. An excellent evening was enjoyed by members and their partners and the entertainment was at least up to, if not beyond, the usual professional standard with songs and recitations and, of course, an excellent Immortal Memory, an unforgettable Tam O'Shanter followed by a toast to The Lassies and a reply from one of the Fairer Sex.

The month of January was rounded off with a very educational talk by Ronnie Black, who has spent all his life farming at Collessie. Ronnie's talk was all about the Clydesdale horses which have dominated his life, buying, selling, showing, breeding and everything to do with Clydesdales. If there are trophies to be won, Ronnie has won them!

The Rotary world-wide fight against Polio is progressing well and it has just been confirmed that India has not reported a single new case in the twelve months from 13 January 2011.

Rotary International has succeeded in achieving the \$200million target set by the Bill & Miranda Gates Foundation ahead of the date of 30 June 2012, with the result that the Gates Foundation has added a 'bonus' of \$50million to the fund to finally eradicate the disease from the world. Further publicity about the campaign will be shown on the BBC news programmes on 20 February, on the Breakfast Show and at 6pm and 10pm, when a report will be broadcast by Fergus Walsh who is "embedded" with the Rotary Polio Immunisation team in India. There are five Rotarians from the East of Scotland Rotary District in the team. The broadcast will cover the various organisations involved in the immunisation programme, besides Rotary International.

On 26 January, eight Rotarians, supported by club members, enjoyed a Games evening with our Interact colleagues. Four teams of two from each took part in Pool, Putting, Darts and Jenga and the result was a draw. However, after a play-off, the Rotary team were winners! A great evening of fellowship was enjoyed by all.

Finally, and sadly, on 7 February, the Club lost another member. Bill Harley, who had been in hospital and a nursing home for quite a few weeks, passed away quietly. He was known to some members since the mid seventies. Our thoughts, and those of the Inner Wheel members are with his wife, Elizabeth.

Looking ahead, the club will be having a MEMBERSHIP EVENING on 12 March and members will be inviting friends and other local contacts, who are not already enjoying the fellowship of Rotary, to attend. If you are interested and have not been approached, why not come along for a 'taste'? You will be made very welcome. Also, you could visit our web site, www.kinrossrotary.org for further information about the Rotary movement and your local Kinross Club in particular.

#### Need a new member of staff?

Employers – advertise for staff on

www.kinross.cc

### **Kinross Primary School**

P7A at Kinross Primary School have been learning about the rainforests recently. Here is a sample of their work.

#### A jaguar's tale

The stillness of the forest, but oh so many sounds. Yet some noises will die undiscovered, Marvels of nature unfound.

Trees fall down like damaged buildings, and lie 'til taken away.
It's shocking, baffling, and so much more, but it happens every day.

I am hunted for my fur, as are my other friends. Some of are safe, but alas I expect a near end.

I spent my time in now murdered trees. The forest turned to dust! Even if you're reluctant to help, Please, you must.

Animals slaughtered, plants deceased, What a devastating crime! I hear it's called deforestation, and we're running out of time.

I know I appear, a fierce a noble beast, but everyday, I cry. For I know that I'll be a homeless jaguar, That very soon, I may die.

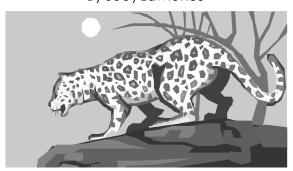
The people come in with weapons, to destroy our precious sights.
As we attempt to sleep, we hear saws roaring, giving us countless, sleepless nights.

I'm what you call an endangered species, only a few of us survive.
But if this madness refuses to stop, none of us will be alive.

I'm soon to leave now, as my time is almost near. Just promise me you'll protect the forests, for you see, I live here.

I can hear footsteps, Like Big Foot having fun, my time is coming very quickly, as I hear the shot of a gun

By Joey Lawrence



# Rainforests Are Rapidly Being Ripped Apart

The rainforest, a beautiful world of green, tragically is being massacred leaving hundreds of people, animals and insects



homeless. It is thought that some of the insects and animals that used to live in these now deserted wastelands have not even been discovered and if deforestation doesn't stop they may never be brought to our attention. If we don't do something soon it could take less than ten years for our phenomenal rainforest to be gone. It is estimated that the equivalent of three football pitches are brutally cut down every minute and left to rot like the core of an apple.

Since around the 1970s it is believed that a massive area the size of France is left as a barren wasteland in which nothing grows. Medicines too depend on the rainforest. Ingredients for cures that help breast cancer and leuk aemia are sourced within these amazing rainforests.

Amazingly it is thought that an area at least the size of western Europe is still remaining but that is hard to believe at the alarmingly fast rates they are being destroyed. We may be on the other side of the world but we can still help by donating to rainforest charities to help to stop this vicious massacre of our stunning rainforests.

By Derek

#### **Stop Pesky Poachers Poaching Rainforests**

The Rainforests, such beautiful, colourful places. Always full of life, sounds, and nature. However tragically it is being cut down at an alarming rate. It is thought that two football pitches are cut down every minute. This is devastating news for everyone.

#### **Deforestation**

Deforestation is when people cut down trees and plants of the rain forest because of this, around thirty five species of undiscovered insects become endangered or extinct every day. It is certain that we must do something to help. In the past fifty years an area the size of France has ruthlessly been cut down and burned. Trees are cut down for fuel, timber and to make space for cattle pens. Up to forty percent of trees that are cut down are illegal as well. The lungs of the world are dieing, and the animals are going with them.

#### How You Can Help

You can help save the rainforests by checking that furniture you are about to buy is not hardwood, which is sourced from the rainforests. There are also charities and campaign groups who you can donate to, like WWF. Together, we *can* make a difference.

By Finlay Nesbitt

#### Rainforest Race

I love the rainforest, so should you
It's filled with beautiful animals, plants and trees
It has wonderful sounds that you can hear except from the
noises of the trees that stop to appear.

Help us to stop the trees getting cut down trees give us oxygen, and we are losing some every minute I cant bare to hear that sound.

Please save the rain forest you can donate it is such a beauti ful place,

Please help us all by saving the animals race.

By Olivia Wightman



#### The Kinross-shire Civic Trust



Helping protect, conserve and provide a better built and natural environment

Scottish Civic Trust/Planning Aid for Scotland Seminar The Scottish Civic Trust (SCT) and Planning Aid Seminar has now been re-scheduled for Thursday 22 March. The seminar will be in the Loch Leven Community Campus at 4.00pm until 6.00pm.

The Scottish Civic Trust is the national body for the civic movement in Scotland. It engages proactively with local civic groups across Scotland and regularly comments and campaigns for the improvement of Scotland's individual buildings and areas of distinction.

John Pelan and Gemma Wild will give an overview of the Scottish Civic Trust's role, including casework and the relationship with local authorities and other bodies, and how the Trust can support local groups in influencing planning decisions

A representative from Planning Aid Scotland will then give a summary of the work of the independent and impartial organisation, which aims to help people shape their communities and improve the way people engage with the planning system.

Both theses bodies do tremendous work in considering, helping and advising on planning situations. Planning Aid is manned by planners who voluntarily give their services in helping people where there are planning situations that need expert advice. SCT also give advice in this role.

This will be an excellent opportunity to meet experts who can give professional assistance.

The meeting will last about two hours and there will be opportunities to ask questions and discuss afterwards.

The event is being hosted by Kinross-shire Civic Trust and is open to all interested parties, including members and non-members.

#### **Annual General Meeting**

The Annual General Meeting of the Kinross-shire Civic Trust will be held in the **Windlestrae Hotel** on **Thursday 5 April** at 7.30pm.

The meeting will be followed by a presentation by **Cllr Michael Barnacle** on the latest stage of the Perth and Kinross Proposed Local Development Plan and there will be an opportunity to discuss the Plan with Cllr Barnacle at the meeting. The PLDP is now at a very important stage and has been issued for consultation to the community.

#### DOG GROOMING BY KIRSTEN

Qualified Groomer 19 years experience

All types of dogs
Bathed – Trimmed – Clipped
Nails and Ears attended to
Cats and small animals
Also groomed

For an appointment or further enquiries TEL: 0771 647 2733 or email kirsten k9@blueyonder.co.uk Responses to PKC must be submitted to the Council by 4pm on Tuesday 10 April 2012. The Council has stated that there will be no further opportunities to make representations on the Plan after this date.

The Planning Committee of the Trust will be submitting its response on behalf of the Civic Trust. It is very important that everyone understands the effect that the new Local Plan will have on their circumstances and if they have concerns that they respond to the Council.

The Proposed Plan, together with its supporting documents, is available to download from the Council's website and an online version is available for you to view and make representation on. All this information can be found at www.pkc.gov.uk/ProposedLDP

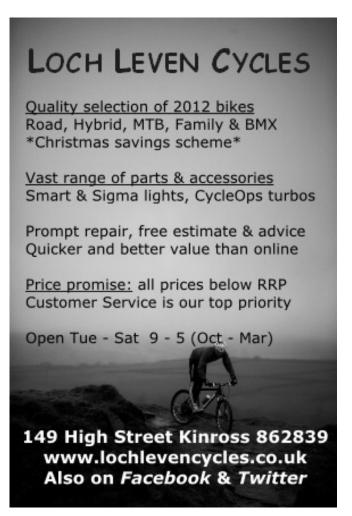
The Council will be holding an open event at Loch Leven Community Campus on **Wednesday 14 March** from 2pm to 8pm.

#### This Year's Programme

**Better Place to Live Fair:** The Trust will be attending the Fair on Saturday 3 March at the community campus.

The Best Kept Village Competition: The Trust will be organising the Best Kept Village Competition again this year and judging will be taking place some time in July.

**Architectural Awards Competition:** This year the competition will be for Architectural excellence in the design of old buildings with the aim being for conservation, conversion and extension of existing buildings.





## The Kinross-shire Civic Trust



Helping protect, conserve and provide a better built and natural environment

# Buildings of Interest in Kinross-shire Blair Adam House

Situated amidst a picturesque designed landscape close to the southern border of Kinross-shire, Blair Adam House has been described as a "rigorously unornamented house" despite its association with the name 'Adam' which is synonymous with the architectural dynasty of that name. It was in 1731 that William Adam (1698-1748), 'Scotland's universal architect', bought the "wild unsheltered moor" of Blair Crambeth from the Colvilles of Cleish. In addition to enlarging the estate and embarking on an ambitious programme of tree planting, William Adam began, in 1733, to build a house for his factor and for his family's occasional use.

Built by William Adam "upon the plan of an ordinary manse", Blair Adam was remodelled and extended by later generations of the family to look more like a cottage orné than a grand country house. In the 1770s William's son John (1721-92) added a modest porch to the original building, which today forms the centre of the main east front, and linked the house to a steading at the rear. There were great plans to build a new house at Blair Adam but in 1773 the collapse of the speculative building scheme at the Adelphi in London bankrupted the family, putting an end to the prospect of a grand Adam country house on the estate. Blair Adam was mortgaged and stood empty between 1785 and 1796 when John's son Lord Chief Commissioner William Adam (1751-1854) reoccupied the house, adding

two towers and a range of offices in 1805. In 1859 the noted Edinburgh architect David Bryce (1803-76) undertook further major alterations to Blair Adam for the celebrated politician and Governor of Madras William Patrick Adam (1823-81).



Blair Adam House

Today the east-facing façade of Blair Adam House presents the original harled and slate-roofed two storeyed building with five bays flanked by the later addition of single storey wings. To the rear, around a courtyard, are the various buildings erected by John Adam and his son William between 1772 and 1805. Frequently visited by Sir Walter Scott and other members of the Blairadam Antiquarian Club, Blair Adam House has remained in the family since it was purchased by William Adam.



Enable Mobility stock a huge range of innovative living aids that can make your life easier, from mobility scooters to everyday household appliances... and we've opened a store near you! Our friendly team can offer you all the help, advice and support you need... so why not pop in and see how we can make your life easier? To find out more or buy online, visit:

www.enablemobility.co.uk

Visit our new store NOW OPEN at: Kinross Medical Centre, Muirs, Kinross KY13 8FP Tel: 01577 861 169







Your life, made easier!

# **Sports News**



#### **Kinross Colts Juniors FC**

Welcome to this our first newsletter keeping you updated on the development of, and news from, the club. From our first team established four years ago, we have



expanded year-on-year to now having five teams covering 1998-2002 year groups (U-14 to U-10) and involving approximately 85 boys and girls from the Kinross-shire area. The younger teams (2000-2002) participate in the Fife Soccer Sevens set-up whilst the older teams have now moved onto 11-a-side competition within the Fife Football Development League.

The club's aim is to support the development of youth football in the Kinross-shire area and the teams are run by volunteer qualified coaches with the club affiliated to the SYFA. As a club we are keen to expand and add new teams to our set-up at younger age groups but require enthusiastic volunteer coaches and assistants to do this. If you are interested in getting involved and running a team within the Colts structure, then please get in touch by e-mailing kinrosscolts@gmail.com

#### Soccer Sevens Awards Night

In 2011, three teams played in the Fife Soccer Sevens development league (FSSDA) at Pitreavie. The teams are organised by the birth year of the children: 2000, 2001 and 2002. The awards night for these teams, held in January, recognised the accomplishments of the children involved. Thanks to Andy Todd (local ex-professional footballer and Dunfermline FC favourite) for handing out the prizes.

Award Winners: 1st 2nd

Top Goal Scorer

2000s: Harry Mortimer Euan Duthie
2001s: Duncan McKie Lewis Morton
2002s: Dougal Sands = Calum Kitson
= Josh Doyle

**Most Improved** 

2000s: Greg Stapleton George Smith

2001s: Awarded to whole team

2002s: Daniel Kenny Jack Muncey

Coach's Player

2000s: Struan Ross Finlay Hamilton 2001s: Lewis Morton Andrew Thornton 2002s: Michael Donaldson Rory Ferguson

Players' Player

2000s: Euan Duthie Matthew Hendry 2001s: Niamh Mullen Andrew Glass

2002s: Rory Hutchison tie

Congratulations also to the 2002 squad which won the 2002 "Fair Play" award for their age group at FSSDA.

#### Scotland Manager Craig Levein

In December the Scotland manager Craig Levein met some of our young footballers in the Kirklands Hotel before switching on the Christmas tree lights. This was a great experience for the children involved. Thanks to "Light Up Kinross" for arranging this, the Kirklands Hotel for allowing us to use their restaurant for the photographs and Greg Forbes for taking the photographs.



Scotland manger Craig Levein with Kinross Colts team members at the Kirklands Hotel

**PLAYERS WANTED:** The 2000 squad will be moving to the FFDL 11-a-side league at the end of this season and are looking for additional players to build their squad. If you have a child (boys born in 2000 or girls born 1998-2000) who is interested in joining the team, then please e-mail kinrosscolts@gmail.com to express your interest.

Sports News 39

#### Virtual Bonspiel to be held in Kinross

The Green Hotel ice rink will be hosting the 2012 National Virtual Club Bonspiel on **Saturday 10 March** commencing at 9am. The event is supported by the Royal Caledonian Curling Club and the main event sponsor is Ailsa Craig Jewellerv.

A 'virtual club' is designed to give new curlers regular matches and coaching to help build their confidence and improve their game before joining a mainstream club.

Sixteen virtual club teams from across Scotland will be taking part and Kinross will be defending the title as won last year at Lockerbie.

The competition organising committee would welcome help on the day from any club members willing to assist with umpiring, measuring and general organisation. Lunch and drinks will be provided! Please contact Kinross Virtual Club President Stuart Brand if you are able to help by emailing ssjjbb13@yahoo.co.uk

#### **Kinross Curling Club**

Although this winter has been much milder than the last two, members of Kinross curling club enjoyed an evening of floodlit curling on their outside pond during a period of cold weather last month.



Inside the Green Hotel ice rink, many club competitions are nearing their climax. Congratulations to skip Bruce Robbie and his rink of Ian Johnston, Archie Bogie and Steve Kinninmonth for taking the prestigious Rankine Cup trophy. It was a tense final round of league games which resulted in the top two teams failing to score a point and the bottom two teams each picking up points. However, although Bruce Robbie's rink finished with the same number of points as David Clydesdale, their shots tally was considerably better. The Hogg trophy was awarded to Alistair Wood, Paul Baughan, Craig Murphy and Sandy Davidson.

Last month also witnessed the finals of the Jubilee Salver and Gallowhill Ploughshare. Anyone from outside the club would have had great difficulty in determining that the Jubilee is played by leads and seconds with club thirds and skips playing the Gallowhill. At times the quality of curling in the Jubilee matched and even surpassed that of the Gallowhill. A measure to take a 3 in the third end helped the rink of Dougie Rodger, Gavin Baird, Dave Beveridge and Sandy Nelson win the Gallowhill Ploughshare by 8 shots to 5.

Despite the amazing accuracy of super-sub Ian Muirhead with his curling cue, his rink lost 9 shots to 5 against winners Archie Bogie, Gordon Douglas, Peter Malcolm and Craig Murphy in the 'Jubilee'.

For more information about Kinross Curling Club, please contact Paul Baughan on 01577 863085.

### **Orwell Bowling Club**

OPENING OF THE GREEN

Saturday 14 April

Membership Fees taken from 1.15pm Opening Game: 2.00pm sharp

#### **Kinross Junior Curling Club**

We have a very busy club this year with 42 members. The Points competition was played



at the end of January with 34 young curlers taking part. The overall winner was Fraser Thomson with 25 points out of a maximum 36. There were a lot of good results. A different person scored the highest number of points on each sheet: Drew Thomson (A), Hamish Geyer (B), Grant Thomson (C) and James Russell with 17/18 on sheet D. Highest up girl was Fiona Spain on 20 points.

The Pairs competition started in November with 32 young curlers put in teams. The finals were played in February. The High Road final was a very close game with Hamish Geyer and Rachael Wood going ahead in the first end scoring a 1. Kathryn Spain and Finlay Campbell fought back in the second end and scored 2. In the third end Kathryn was an inch short of tapping back the winner and lost a 1. With the score at 2 all, Hamish and Rachael were declared the winners by virtue of ends.

In the Low Road final, Fiona Spain and Gavin Hay started well but lost the second and third ends to James Russell and Craig Barr.

The Fossoway cup was started in November and final played in February. The Jubilee cup is being played over three sessions and will finish in March.

The Junior Challenge rinks will travel to Dumfries on 25 February, looking for promotion to the second division.

#### **Kinross Bowling Club**

The AGM of Kinross Bowling Club was held in the clubhouse on 22 January with a good turnout of members.

The following positions were appointed:

President – Douglas Hague

V. President – Robert Moffat

Treasurer – Betty Paterson

Secretary – Geo. Rennie.

Thanks to all members for their attendance and to the outgoing officials.

The club opens on **Saturday 14 April** at 2.00pm – all members and anyone interested in the game of bowls will be made very welcome, so come along and join in!

If anyone wishes more information on the sport, please do not hesitate to contact the Secretary on 01577 864727.

Looking forward to a good playing season and some warm weather.



#### Kinross Volleyball Club

Kinross teams are doing well in the local Perth district leagues and also in the newly formed East Central Scotland Regional League.

In the Perth Premier League, Kinross Scotrange are the current league leaders with Kinross Kintronics in fifth place. In the Perth Recreational League, Kinross BB are the current league leaders with Kinross High School in sixth place and Kinross BB Girls' Association in tenth position.

At a recent National Volleyball Festival held in Edinburgh, attended by schools from all over Scotland, the Kinross High School S1 girls' team finished in fifth place overall. The S1 boys' team struggled against bigger boys but savoured victory in their last game of the day.



Kinross men's volleyball team who played against Team Fife in the East Central Scotland Volleyball League

#### Kinross and Team Fife in Four Set Battle

The newly established East Central Scotland Regional Volleyball League saw Colin McGinley's Team Fife travel to Kinross for the second round of fixtures.

Both sides listed the maximum twelve players and all twelve competed at some point over the four set match.

Kinross has two teams which compete in the Perth District Premier League, Scotrange and Kintronics and it was the Scotrange six who lined up in the opening set against their Fife rivals. The home side caught the visitors cold and soon had the set wrapped up with a 25-11 scoreline.

It was a complete change for the second set with the Kintronics six taking the court against a revamped Fi fe six. Kinross again opened brightly and were soon 10-3 ahead but smart substitutions by the Fifers saw them make a comeback. It was Kinross who held the first set point at 24-23 but unforced errors allowed Team Fife to steal the set and level the game with a 27-25 score. Back on court in the third set, the Scotrange six took a while to settle with Fife scoring the first three points without reply. Kinross eventually found their rhythm and went 2-1 ahead by winning the set 25-18.

For the fourth and final set the Kintronics six were back on court and again we had a much closer game with the scoreline creeping to 14 points each with Team Fife just edging victory by 25 points to 23. Another fine advert for this new Scottish Volleyball Initiative with both sides thoroughly enjoying the "must play four sets" rule.

Training continues at the Community Campus on Monday evenings from 7.30 till 9.30pm with new members welcome. The club is also preparing for the forthcoming Scottish Open Volleyball Tournament over the Jubilee weekend in June and for the 39th De Haan International Tournament in Belgium in mid-August.

#### **Kinross Cycling Club**

kinrosscyclingclub.co.uk

If you are a mountain biker and looking for someone local to ride with, we have now



established a regular Sunday morning MTB ride. Sticking to mainly local trails with occasional 'away days', why not join us for ride and perhaps join the club? We are keen to develop the club's MTB section and plan to feature some MTB events in our events calendar which will develop into a series for 2013.

If you are a road cyclist why not join us and participate in our 10 Event spring and summer GP series? It ranges from a one-mile sprint to a 25 mile TT. We also have Sunday morning rides all year, spin classes in the winter and club rides on a Thursday night in the summer. As a member, you can also participate in The Ice Cream Run and the Century Ride. Plus you get a guaranteed place in Sportive Kinross with a £5.00 discount!

We are always looking to attract new members, both female and male. We are keen also to develop a junior section this year so there is a lot you can get involved in with Kinross CC whatever your level of riding.

#### **Kinross Kobras Junior Hockey**

Despite the weather's recent efforts, the winter break is over and training has restarted. The club is assisted this term by an assistant development officer from the Scottish Hockey Union who will be introducing new drills and training activities. The first tournament of the year was the Perthshire Indoor Tournament held at the end of January at Bells' Sports Centre. Two Kinross Kobras teams took place in the U10 section. Both teams did very well with victories over teams from Perthshire and Blairgowrie, the best finishing team came second one point behind the winners, one of the Blairgowrie teams.

Training will focus now on preparing teams for a tournament to be held at Kinross at the end of February with team entered in U13 and U10 levels. The second block of the Perth and Kinross Development Squad training has restarted and includes four Kobras who will probably take part in the U14 district trials which will be held in March/April

Training takes place 6.30 to 7.30 on a Thursday evening at the astroturf pitch at KGV.

#### Milnathort Golf Club

#### **Senior Section**

February already! It will soon be time for short-sleeved shirts and shorts (?) but perhaps we should keep the brollies handy as well.

Nothing of great interest happening just now but keep your eyes on the Noticeboard in the Clubhouse. Entry Sheets will soon be going up (if they're not already there) for the Friendly matches against Dundas Park and Falkland on Monday 5 and Saturday 10 March respectively.

It is also hoped, during the summer, to run 'away days' for the Seniors when we would have an outing to a different course. The success of this will, to a large extent, depend on how well the Senior members support this innovation. For further information on this matter, keep your eyes peeled for notices on the Club Senior Notice Board.

#### **Kinross Golf Club**

Thankfully we have not had to endure the extreme winter conditions of last year, making play possible for most of the winter period. Of course, the gale force winds on 3 January, a day I am sure most of us will not forget in a hurry, resulted in a huge number of trees being blown down on both courses. It has been estimated as many as a hundred trees have been lost altogether. Certainly the green-keeping staff have had their work cut out clearing away the debris and all credit to them for the work they have had to undertake. Other noticeable changes since the playing season ended, are to the bunkers on the 2nd (Bruce) and the 17th (Montgomery).

As the 2012 season is not that far off, let's look ahead at some key dates for your diary:

The Opening Match of the Season, Captain v Vice Captain, will be played on Saturday 31 March. Lists will be posted in the locker rooms for you to add your name. The Draw will take place at 8.30am for 9am tee off. Jim McKay, the Club's new Captain, will be partnered by Heather Gough, the Ladies Captain against John Fraser, the Club's Vice Captain, who will play with Anne Moore, representing the Ladies. Bacon rolls, tea/coffee will be available before tee off, with soup and sandwiches being served after the match. Last year 83 members joined in the opening match and I know Jim and John will want to exceed that figure, so why not come along and join in this fun match and get the season off to a 'swinging' start.

#### Other dates:

Ladies' Invitation Greensomes Saturday 21April Sunday 13 May The Mixed Open Sunday 3 June The Men's Open Friday 22 June Millennium Cup (Gent/Lady/Junior) Thursday 12 July Ladies' Open Greensomes Junior Open Tuesday 24 July Men's Invitation Fourball Saturday 4 August Senior Open Wed 5 September Ladies' Open Sat 8 September

Applications for membership to the club are available. Kinross would also be delighted to welcome applications from non-playing members to join as a Social Member for

#### PIANOFORTE TUITION ANTHONY J FOOTE, L.R.A.M.

Member of European Piano Teachers' Assoc.

Pupils entered for Associated Board Examinations and Festivals Refresher courses for adults

TELEPHONE: MUCKHART 01259 781446

#### **Images of Kinross-shire**

Photographs can be downloaded free of charge from the www.kinross.cc

#### **Photo Library**

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events. an annual fee of ONLY £30, a massive saving from the previous annual fee of £70. This offer is limited, so please hurry. So what exactly is available to you as a Social Member? Well, we can offer you a very comfortable clubhouse with magnificent views overlooking the courses and across to the Lomond Hills. In fact, to enhance your comfort further, in recent weeks the lounge and dining areas have undergone major refurbishment. There are a variety of snacks, meals, wines and spirits available, all at very competitive prices. Why not bring your friends along? A maximum of two guests can be signed in at any one time.

In addition we offer an excellent Social Calendar of events throughout the year, which you can join in and for 2012; the following dates have been booked:

24 March Iain Hunter – Kinross' very own

Singing Butcher

31 March Themed Dinner Night

28 April Charity Quiz
4 August Dinner/Dan ce
1 September Dinner/Dan ce
6 October Social Night

3 November
 9 December
 31 December
 Prize giving Dinner/Dance
 Children's Christmas Party
 Hogmanay Dinner/Dance

Full details of each event will be advertised well in advance in the Clubhouse, along with the cost. Each event is reasonably priced and always offers great value for your money. Application forms can be obtained by calling Liz McKay, The Club's Admin Secretary on 01577 862237, or email: office@kinrossgolfclub.co.uk.

## **ELECTRICIAN**

Glenfarg Electrical, Kinross

**Domestic and Commercial** 

Local family business, est. 1995



Call Neil on

07802 502097



01577 862577

- All types of electrical installations and testing
- No job too big or small
- Free quotes and advice
- SELECT approved for electrical completion and landlord certificates

#### **Kinross Otters**

#### Carnegie Graded Swim Meet Carnegie Leisure Centre, Dunfermline 21 and 22 January 2012



The Carnegie Graded Swim Meet took place at the beautifully refurbished Carnegie Leisure Centre which hosted its first meet for over two years. This was a highly popular meet with 23 separate clubs attending from all over this area as far as Haddington. Kinross Otters were there in force and produced a superb set of performances to come third overall behind Scotland's two most powerful clubs in Warrender Baths and Carnegie!!

Not for the first time it was **Finlay Nesbitt** (11) who shone most brightly for the Otters. He managed to medal in three events in the 8 – 11 year old Boys category setting new personal bests on the way: 100m Butterfly – 1.30.48 (silver), 200m Freestyle – 2.36.10 (silver) and 200m Individual Medley – 3.01.87 (bronze).

Next best was much improved **Aaron Gillon** (13) in the 12 – 13 year old Boys category who won a silver medal in the 100m Backstroke in a new personal best of 1.14.46 (there is much more to come here as he recently swam 33 secs for a 50m!!). He also won a bronze medal in another new mark in the 100m Breaststroke (1.25.55).

**Rachel Brisbane** (14) produced an excellent display in the 14 and over Girls 100m Breaststroke. Despite being the youngest competitor she led at the halfway point and was only overhauled with metres to go to win the silver and miss out on gold by only 18 hundredths of a second in a substantial personal best and *club record* (by 5 hundredths!) in 1.24.68. In a day of fractions, Rachel also missed the bronze medal in the 100m Butterfly by 0.01 seconds!!

# Scottish Schools National Swimming Finals East Kilbride, 28 January 2012

The Scottish Schools National Swimming Finals took place at East Kilbride on 28 January. This move from Tollcross in Glasgow was forced on the organisers as this fantastic facility still has ongoing work in preparation for the Commonwealth Games in Glasgow in 2014. Unfortunately, this meant 6 lanes instead of 10 and therefore only 60% of the normal numbers of competitors.

Needless to say, the cream of Scottish swimming was condensed yet further and to achieve any modicum of success you had to be good...very, very good.

Kinross Otters had two competitors in the form of **Cameron Nelson** representing Kinross High School in the 13-14 year old Boys 100m Butterfly and **Finlay Nesbitt** representing Kinross Primary School in the 12 and under Boys 50m Freestyle.

It was **Cameron Nelson** who stole the limelight with another superb performance of power, pace and timing. He was ranked fourth coming into the final and by the hal fway point it looked like this is what he would have to settle for as he was half a second adrift of the third placed swimmer. However, Cameron had other ideas and maintained his powerful swim right till the end, easily overhauling the third placed swimmer and holding off other challengers to claim the bronze medal by over a second in a new personal best long course time of 1.09.15, which ranks him third fastest 13 year old boy at this stroke and distance in Scotland. To say Cameron had a beaming smile as he looked up at the electronic screen for confirmation would be an understatement!! Cameron is only the third Otter ever to

win a medal at these National Championships, emulating **Laura Manson** and **Cameron McCloskey** from 2010. In first place came Cameron Finlayson from Currie High School who led from start to finish in a lightening quick 1.05.67. Second was Ross Hughes from Ardrossan Academy in 1.07.94.

**Finlay Nesbitt** acquitted himself admirably despite being right up against it. Qualifying 12th quickest he smashed his personal best in 33.63 secs finishing 12th but only 0.04 secs off 11th. To give an indication of how close it was, only one second covered positions 7 to 12.

Well done to both boys for excellent performances and even making the finals in the first place.

#### Kinross Otters Awarded Swimark Accreditation!

Swimark is Scottish Swimming's national quality accreditation programme for clubs and swim schools. To achieve this, the Club has had to prove we are up to certain standards and have adequate procedures in place, not to mention having Licensed Coaches (Jane and David are both Licensed Level 2) and various other Child Protection guarantees. This has taken a while to put in place but we have finally got there. Many, many thanks to our invaluable Club Secretary, Amanda Reid, for pulling all this together. Eilidh McCall-Lawrie, our Scottish Swimming rep, attended a recent club training session to present the certificate.

#### Premi er League

The Premier League kicked off again this year at Loch Leven Leisure Pool on 4 February. With the very strong Perth City promoted this year after several years' absence, it was anticipated that this would be the Otters' toughest year yet as they had come only third last time (only!!). However, we were all proved wrong when the team produced one of the best team displays ever to destroy the mighty Dundee City Aquatics first team (never been done before) and run Perth City very close for winners on the day. Final scores were Perth City 161, Kinross Otters (1) 151, Arbroath St Thomas 149, DCA (1) 119 and Forfar Falcons (1) 90.

#### **Stretching on Poolside**

Stretching after a hard swimming session is very important to the modern swimmer. Unfortunately, two members of the public complained to the Loch Leven Leisure Pool at a recent Wednesday night session, where the swimmers were on poolside stretching afterwards. This session contains some of the very best swimmers in Scotland and mainly consists of Perth City swimmers with a few Kinross Otters. At least two of these swimmers are likely to be at the Commonwealth Games in Glasgow and may even make the British Olympic Team for the games after London. Due to the confines of the pool at Kinross, there is little space to carry out this activity and such is the value of actual pool time, it is not feasible to carry out stretching within this allotted time.

After discussions with Loch Leven Leisure it has been agreed that the stretching carry on as before but be more confined, disciplined and less visible to the public going about their swimming in the session immediately afterwards. The Kinross Otters Committee wish to express their regret that this matter became an issue and apologise to the swimmers affected.

For more information on this friendly and vibrant club visit www.kinrossotters.org.uk

#### **Kinross Road Runners**

#### **Devils Burdens**

On 21 January Kinross Road Runners took part in the Devils Burdens race. This is a relay race covering 31 km, over the Lomond



Hills. Teams consist of six runners and this year there were six Kinross teams taking part. As it takes place on our doorstep, we really have no excuse not to take part but clubs from all over Scotland also compete - altogether there were over 120 teams! The weather in January is always going to be a challenge, and this time there was strong wind to contend with, particularly at the tops of East and West Lomond.

#### **Awards winners**

We held our Awards dinner at Loch Leven's Larder shortly into the New Year. Below are some of the winners of the various trophies, salvers, cups and certificates:

In our own Loch Leven Half Marathon the fastest male and female KRR runners were Andy Laycock in 1.20.27 and Trish Milne in 1.36.18. At the Milnathort Dash the fastest KRR boy and girl were Andy Laycock in 31. 25 and Jillian Gordon in 36.35.

The winner of our Christmas handicap was Nick Rowan who was also first gent over the line. Lisa Hill was 2nd over the line and first lady. The fastest female of the Handicap was Jillian Gordon in 38.56 and fastest male of the day: Andy Laycock in 36.08.

To qualify for our Club Championship, members need to compete in at least six named races. From the times for these races, our average 10k time is calculated. The winners this year were Andy Laycock, with an average 10k time of 35.58 and Jillian Gordon who averaged 40.35.

The WAVA Champion is also worked out from the Championship races. WAVA stands for World Association of Veteran Athletes and uses an age grading calculator. Our WAVA Champion this year was Judith Dobson.



Kinross Road Runners president Stephen Crawford (centre) congratulates Norman Smith (right) and Jillian Gordon (left) on jointly winning the Athlete of the Year Award.

Athlete of the Year is a particularly meaning ful award as it is voted for by members and is not necessarily based on speed; nominees may have improved markedly in their running or shown great commitment to the club. This year, each receiving equal votes, were joint winners: Norman Smith and Jillian Gordon.

Finally, if you need to give your New Year's get-fit resolution a boost, why not give our club a try? Please see our website for details: www.kinrossroadrunners.co.uk

#### **Kinross Tennis Club**

www.kinrosstennisclub.org

Whilst the winter weather may have stopped vou thinking about tennis, we can assure you



that activities are ongoing at the club both on court and behind the scenes. The adults continue at Wednesday and Sunday club sessions, and Laura has just finished a fourweek block of U10 mini coaching at the campus. The committee have been busy planning for the new season and hope that the weather will allow us to make the most of the new tennis programme at the club. We are also pleased to introduce a new head coach — Alan Russell — who is looking forward to improving and extending the tennis offering at the club, working with Laura and other licensed coaches.

To officially start the season our **Open Day** will take place on **Saturday 24 March** from 10.30am until 3.30pm. Existing members can come along and pay their memberships for the year and exchange their court key for the new season. It is also the ideal opportunity for new members to make enquiries and learn what the club has to offer. Come along and enjoy a day of **free tennis** and meet some other club members. New coach Alan Russell will be on court running three sessions and we would encourage everyone to come along and give it a try:

12pm *TouchTennis* competition (suitable for tennis players)

1pm CardioTennis work-out (suitable for all)
2pm TennisExpress coaching session (suitable for beginners)

A four-week block of **adult coaching** is scheduled to start on Tuesday 6 March: Intermediates from 7pm until 8pm and Performance level from 8pm until 9pm. Adult coaching for beginners and improvers will commence on 17 April. Details for all adult coaching can be obtained from our secret ary Susan Malcolm at kinrosstennis@gmail.com.

Junior coaching starts with the Easter Camp, 2-6 April, followed by a term time block of ten weeks starting on Monday 16 April. Details will be emailed to members shortly by our new junior coordinator Helen Buchan an. The intention is for junior coaching to be available six days a week at Kinross with opportunities for additional performance coaching, match play and tournaments so watch our notice boards and website for further information. Groups fill up fast, so if you have an interest in junior coaching please contact us at kinrosstenniscoaching@gmail.com.

We look forward to welcoming you at Kinross Tennis Club at our Open Day. In the meantime enquiries can be made to our secret ary Susan Malcolm at kinrosstennis@gmail.com.

#### **AUSTIN HEATING & ELECTRICAL**

SERVICE, REPAIR & INSTALLATION OF:

- Central Heating Systems
- Boilers, Fires, Warm Air Heating
- Cookers, Ranges, Water Heaters & Showers
- GAS, LPG & OIL

Plus – Gas Safety Checks & Landlord's Certificates Also all Domestic Electrical Works undertaken No Call Out Charge in Normal Working Hours

Tel: 01577 861188 or Mobile: 07786 705261

#### Kinross Men's Hockey Club

This is Kinross Hockey Club's seventh year playing in the District Leagues. We now have two teams playing in East District Leagues 1 and 3 with both teams promoted after last season, so why not come down to support one of your teams in the run up to the end of the season?

Kinross 1sts took on a very skilful Grange 5ths and soon found themselves 1-0 down and under immense pressure, but always looked dangerous on the counter attack and Dan Marsh made it 1-1. Kinross then controlled the game and Ross Turbet and Dan Marsh scored to make it 3-1. Grange never gave up and scored in the last minute of the game to make the final score 3-2 to Kinross. Played 9, won 6, drawn 2 and lost 1. Third in the league, 3 points behind joint league leaders but with a game in hand.

Kinross 2nds hosted a very young Edinburgh Colts side who quickly gave Kinross a lesson in passing and scored 5 goals with only 1 in reply from Dougie Ogilvie. A stunned Kinross, 5-1 down at half time, then fought back with a hattrick from man of the match Andy Stevenson before substitute Ali Vaughan made it 5-5 just before full time. Next was Grange 7ths whose well organised defence held out the Kinross attack until a brilliant goal from Andy Stevenson made it 1-0. Man of the match Ian Clark controlled the midfield and helped Dougie Ogilvie and Andy Stevenson grab another goal each to make it 3-0 to Kinross, Played 10, won 5, drawn 2 and lost 3.

Hockey training is on Tuesday evenings 7.30 to 9pm at KGV astro pitch and is free and all are welcome no matter what your age or skills level.

KGV at 10.30am

KGV at 12.00pm

Away

Away

The next league games are:

#### February:

25th

24th

	$\mathcal{E}$	1
March:		
3rd	1sts v Grange Dev	KGV at 12pm
	2nds v Stirling Uni 2nds	Away at 2.30pm
10th	1sts v Carnegie 3rds	KGV at 10.30am
	2nds v Inverleith Dev	Away
17th	1sts v Erskine S/M 3rds	Away
	2nds v Dunfermline City	KGV at 10.30am

1sts v Edinburgh Uni 3rds 2nds v Edinburgh Uni 7ths

1sts v Falkirk 2nds

2nds v Falkirk 4ths

For further information either contact Ross Turbet on email: captain@kinrosshockey.co.uk or Gordon Balfour: secretary@kinrosshockey.co.uk or visit our website at www.kinrosshockey.co.uk

#### THINK-A-HEAD HAIRDRESSER

Hairdressing done in the comfort of your own home by an experienced stylist

CUT AND BLOW DRY TINT, FOIL HIGHLIGHTS PERMS

Special rates for OAPs and children

Call Elaine on 01577 840043

#### **Bokwa Fitness**

By Janice Webster, Bokwa and Zumba fitness instructor www.fitnesswithjanice.co.uk

#### 'Sweat the alphabet and dance the digits'

A new fun fitness programme is hitting the UK and it's coming to Kinross - it's Bokwa Baby! An easy to follow fitness class, steps are broken down; each step has a sign and when you see the sign, you know what's coming next. Bokwa Fitness was created by dancer and certified fitness instructor, Paul Mavi. It comprises cardio respiratory

instructor, Paul Mavi. It comprises cardio respiratory endurance, muscular strength and flexibility, driven by the pulsating rhythmic beats of African, Latin, Popular dance and House music.

Bokwa Fitness is energetic, exciting, exuberant and exhilarating and is tailored for every type of individual to guide and assist with weight loss.

Bokwa Fitness cardio helps reduces the risk of coronary heart disease and is the only programme today that is taught with American Hand Sign Language and Bokwa Hand Signs for every participant, including the hearing impaired. Bokwa Fitness has proven to be self-fulfilling for

Bokwa Fitness has proven to be self-fulfilling for individuals who participate in the classes. It is an innovative dance fitness programme that is an abundance of fun and does NOT feel like a workout!

BOKWA Fitness will dance you to a healthier, more energetic, and happier YOU!

For more information and to find a class have a look on website bokwafitness.com or have a looked through Kinross Newsletter for a local instructor.





Personal fitness training for everyone. Professional and fun.

Tony Brotherton, Personal Trainer
Contact Tel: 07525399752 Email: Fitandhappy2010@aol.com

www.fitandhappy.co.uk



# **News from the Rurals**



**CARNBO** – President Elizabeth Campbell welcomed members to the January meeting. After the business we were well entertained by local song writer, musician Gordon Menzies with a brief outline of his interesting life and musical career.

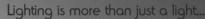
Competitions:

One Cup Cake - Mary Lapsley Flower of the Month - Josephine Paterson

**MILNATHORT –** President Fiona Hynds welcomed us all to the January meeting. We started our evening this month with stovies and oatcakes followed by tea and traybakes. Our original guests were unable to come but Dorothy Morris from Cleish stepped in at short notice and gave us a very interesting demonstration of all the lovely things she had made, knitting, felting, card making, crochet etc (very talented lady). Lorna Douglas gave the vote of thanks. Competitions:

Three pieces of tablet - Fiona Hynds
Teenager's birthday card - Nan Douglas
Flower of the Month - Cathy Cochrane

John Moncrieff L



The home of Classic and Vintage lighting, With a selection of vintage and antique lighting and oil lamps in stock!

Oil Lamps and chimney shades

Hundreds of glass shades and fittings to create your own perfect light

#### Contact Us Now!

Enquiries@jmoncrieff.co.uk www.johnmoncrieff.co.uk 01577 864870

Unit 5 Clashburn Rd Bridgend Ind Est. Kinross KY13 8GB



Suppliers to the National Trust, House of Commons, Films & TV

#### **Visiting Kinross-shire?**

For information on Eating Out, Parks and Gardens, Historic Buildings and more, visit

#### www.kinross.cc

Click on "Visitors" then "Things to See and Do"

**POWMILL** – Powmill WRI were joined by members from Blairingone WRI at the Christmas Party held in Powmill Milk Bar when a very enjoyable time was had by all. A lovely meal was served and this was followed by entertainment provided by the ladies of Powmill WRI. At the end of the evening, the Christmas Fairy handed out a present to each member.

Competitions:

Novelty Christmas Jewellery - Mrs Catherine Stewart Santa's Treat (homemade) - Mrs Sharon Buchanan President Mrs Mary Wilson welcomed members to the Burns Supper held in Moubray Hall, Powmill.

Mrs Janie Buchanan carried in the haggis and the address was given by Mrs Mary Wilson. Members of the committee then served haggis, mince, neeps and tatties followed by oatcakes and cheese and shortbread. Various matters of business were then discussed and an enjoyable evening was had by all.

Competitions:

2 Scotch Eggs - Mrs Elsie Johnston Scottish Book - Mrs Betty Bruce

(Cameron Quaich Competition)

Garden Gem - Mrs Mary Wilson

**GLENFARG** – Glen farg gave a warm welcome to former National Chairman, Joyce Macrae, who brought with her a large collection of cushions. Using these as her illustration, she gave an entertaining and informative account of the craft used in the making of each. This was greatly appreciated by her audience, happy to receive tips on how to improve their own work.

Margot Moran proposed the vote of thanks.

Competitions:

Article in Patchwork - Helen Quartermaine
Small dish of pâté - Catherine Fairweather
Flower of the Month - Sheila Harley

**BLAIRINGONE** - President Joyce Petrie welcomed everyone to our first meeting of the year. Unfortunately our demonstrator was unable to come, so instead we had an enjoyable game of dominoes, followed by a lovely tea. The winner was Margaret Morgan.

Competitions:

Shortbread biscuits - Mary Ramsay Something tartan - Joyce Petrie Flower of the Month - Mary Ramsay

**BISHOPSHIRE** – In the absence of the President on holiday, vice-President Avril Rogers took the meeting.

Simon Poots, a volunteer, and Sophie Eastwood, an employee, gave a most interesting and informative illustrated talk on red squirrels. They explained how the grey squirrels became so numerous, to the detriment of the red, and why it is so important to do all we can to protect the reds. To this end, they urged that everyone reports any sightings of either red or grey squirrels.

Competitions:

3 cheese scones - Barbara Cooney
Decorated flower pot - Norma Smith

# **Out & About**



## Vane Farm

Well folks, here we go again. The winter is slippin by and it'll no be long till the waarmer spring days are here. At the minute tho, the



cauld is still hingin in there; the loch hiz even been frozen a couple o' times, which hiz proved tae be quite guid fur seeing the birdlife, especially the white tailed eagles since they sit aboot oan the tap o' it. Guess it wid hae tae be the tap cos if it wiz the bottom they'd be droont, well in the eagle's case

Tho it's still February, the soond o' birdsong is startin tae be heard mair regularly as they begin tae pair up, start inspectin nest sites 'n' generally build up tae the breedin season. We hiv also hid a guid few thoosand pink feet kickin aboot as weel, so maybees they are startin tae build in numbers again afore headin back north tae Iceland.

The new centre wark is progressin, so by the time yer readin this we shidnae be that far awa fae bein awe braw 'n' shiny again. Like maist refurbishment joabs ye hit wee problems that kin delay things 'n' true tae form the same hiz happent wi' us.

The biggest pairt o' the wark hiz been the coffee shop but "Chefy boy" Dougie reckons that by mid March things shid be back tae normal, whitever normal is at Vane? Lynn is fair itchin tae get back intae her normal habitat upstairs 'n' get in aboot mackin scones, soup 'n' sannies again. Thanks fur yer patience durin the last wee whiley, we ken it's no been wur normal café menu but there wisnae a lot we kid dae aboot it. The temporary café doon the stairs wiz a stopgap tae at least gie folks somethin ta eat 'n' drink, and see oor smiley

The next step will be the shop which begins tae get wreckit oan Monday 13 February. It shidnae tak as long as the coffee shop tae dae since the fittins come ready assembled. In the meantime efter Dougie gets puntit oot o' the shop will temporarily move in till sic a time as the shop refit is complete. Nae worries aboot feedin yer wee birdies tho as ye kin still get birdfood, feeders 'n' the like durin the renovation, whaur again tae still gie ye a shop service we will hae a temporary shop doon stairs in the education room.

Even the shop hiz a temporary hame, they still hiv a few offers oan which will only hae a few days tae run by the time ye get this cos they finish oan 29 February but better late than niver. Ye kin get 20% aff yer big bags o' birdfood except peanuts which is a fair savin and we are offerin 10% aff nestboxes so drap in if ye need ony o' the twa tae save some siller.

We hope tae hiv the hale centre up 'n' runnin again by 10 March. Yince awe the wark is done we will also be cheengin wur name tae "RSPB Loch Leven".

Next event comin up is "Prints 'n' Poo" wildlife tracking oan **Saturday 17 March** fae 2-4pm. Learn awe aboot trackin wildlife by investigatin clues o' poo, feathers, prints and trails. Advance bookin essential, £2 members and £4 nonmembers. We also hiv an "Intermediate Photography Course" tae tak ye tae the next stage up oan Saturday 24 March fae 10am - 4.15pm. Lunch, teas 'n' coffee providit. £32.50 members and £40 non-members; again advance bookin required. Colin

Richt then, that's it again, ta ta till next time

## **Loch Leven NNR**

This year's big freeze has yet to demonstrate the same bite as in the previous two winters, and hopefully we've seen the worst of it now. The loch was largely frozen, and the worst of the weather seemed to hold off until we planned our Walk for Wetlands, when a blizzard seemed to appear especially for the occasion! With that in mind, I'd like to thank those that persevered despite the weather to come along on what was nevertheless an enjoyable walk with excellent views of our migratory pinkfooted geese.

Despite the weather, spring is now just around the corner, and in the next couple of months we'll be noticing the annual change in wildlife with winter migrants beginning to set off as summer migrants return. The first osprey of the year was recorded last year on 31 March, so keep your eyes

to the sky for them. You may be lucky enough to see the wonderful headbobbing display of male goldeneye as they attempt to woo the females ahead of the breeding season. Look out also for the gull raft from the



A male goldeneye

new hide at Factory Bay, as we're aiming to get it back out on the water at some point in March.

#### Saturday 10 March: Tree Planting Day at Loch Leven National Nature Reserve

Do you live locally? Is Loch Leven part of your community? Would you like to take part in some important conservation work to protect its wildlife? If yes is the answer, then please get in touch to come along and help us with some tree planting at various points around the Heritage Trail. After the wind damage, hide repairs and path extension, there are a few patches that have been left a little bare, so we're planning on recruiting the help of a few local volunteers to come along and help us fill them with native species of mixed deciduous trees, which will eventually provide excellent cover and shelter for ducklings and other wildfowl on the loch. Volunteering is an excellent way to learn more about how nature reserves are managed, and gives you the opportunity to contribute to the work that goes on at Loch Leven on a daily basis. If you'd like to come along on Saturday 10 March, or are interested in volunteering more regularly, please give us a call at the reserve office on 01577 864439.

We have a few extra Loch Leven NNR 2012 Calendars to give away. The calendar was the culmination of a fantastic Kinross High School art department project, from which 12 of the best images were selected. If anybody has forgotten to pick one up, or could do with a second one, then feel free to pop into the reserve office at the pier to collect it. The office is usually occupied during the week.

That's all for now folks. Look out for our stall at the Better Place To Live Fair on Saturday 3 March.

Craig

## **Farming**



In my last contribution, written in November, I promised to write my next article about sheep tagging. It was therefore incredibly ironic that in mid December I received a phone call from the Scottish Rural Payments and Inspector Directorate (SRPID) informing me that I had been randomly selected for a sheep inspection. I was informed the inspector would arrive to inspect my records and count all my flock on the 18th; yes, that was the Monday before Christmas – this was no bonus ball or lottery win – the random selection took no account of this shepherdess's inadequate preparations for the festive season – shopping was put on the back burner and the decorations stayed in the attic until the records were checked and double checked and reconciled with the numbers in the fields.

Flock inspections have always taken place to check flock sizes and record keeping but in April 2010 the European Union introduced new laws on sheep tagging for sheep in all member states. Sheep Electronic Identification (EID) requires each lamb that is under one year old and sold for slaughter to leave its holding of birth with one electronic tag that identifies where it was born. Each breeding ewe or tup must be double tagged with the flock number of their holding of birth and also an individual number - unique to them! The number is printed on the double tags and one of those tags must be electronic. All on and off movements to the holding must be recorded and also the dates of tagging sheep and a record of replacement tags should be kept. Noncompliance can result in a penalty deducted from Single Farm Payment or the farm business being reported to trading standards

Thankfully the inspector was satisfied with everything on the day, the numbers were as expected (nearly), the movement book was completed and I had kept up to date retagging ewes that had lost tags. The Scottish EID system is one of the most advanced in the world; it ensures Scotch Lamb is fully traceable from birth to plates, so to play my part I've just to keep up the good work and I'm considering starting my Christmas shopping in July just in case the telephone rings again next December.

Fiona

#### GARDEN STEPS & MORE...

Brick, blocks, mono blocks & stone work etc. Steps, paths, walls, patios, paving, Repairs/pointing

Specialists in stone work

For advice and a free estimate call

William Morris 01592 840095 07866 961685(mobile) William.morris18@btinternet.com

Do you have

#### Photographs of Kinross-shire

you'd be happy to share with others?
Visit www.kinross.cc to find out how to add your photos to the Photo Library. The aim of the library is to provide a resource for promoting Kinross-shire.

## Weather



#### January Weather Report From Carnbo

January turned out to be much less stormy than December, but despite this, a storm developed early on the 3rd, which was every bit as strong as the earlier series of gales during December. The storm was of much shorter duration than the previous ones, but a lot of damage was inflicted around the area, as gusts of about 100mph were recorded.

Total rainfall 103mm (80% of average)

Heaviest fall 28.7 mm (4th)

16 rain days, 15 dry days 5 days with snow falling

2 days with snow lying total depth 1cm

Highest temperature 8°C (11th)
Lowest temperature -6°C (16th)
1 ice day (15th)

Average temperature  $2.2^{\circ}\text{C}$  (Jan 2011 1.2°C)

Ground frost on 27 nights

Air frost on 17 nights

9 sunless days

Cloud cover 62% app.

P.S. January was the first month since April 2011 with below average rainfall. That about says it all about Summer and Autumn 2011!



#### **Classified Advertisements**

Check the Classified Ads section on **www.kinross.cc**Buy or Sell Goods up to the value of £500
Items are advertised free of charge for up to six weeks

# Kinross-shire Churches Together (



#### Kinross Parish Church of Scotland

10 Station Road, Kinross KY 13 8QR (Charity number SC 012555)

Rev Alan D. Reid MA, BD Tel: (01577) 862952
Reader: Margaret Michie Tel: (01592) 840602
Session Clerk: Jaffrey Weir Tel: (01577) 865780
Church E-mail: kinrossparishchurch@hotmail.co.uk
Church website: www.kinrossparishchurch.org

Church open for visiting or quiet contemplation Mon-Fri 10am-

12 noon (But note Pram Service on Tuesday mornings).

Church Office: Mon-Fri 10am-12 noon. Tel. (01577) 862570 To Lease Church or Church Centre: Helena Cant (01577) 862923 helenacant@aol.com

For more details of events see: www.kinrossparishchurch.org
Events listed below are in the church unless indicated otherwise.
The church has disabled parking, ramp access and a disabled toilet.

#### Regular Services and events

Sun 10.30am Morning Service, includes a crèche, Junior Church (age 3 to P7) and Jam Pact (secondary age).

7.30pm (during term time) Church Centre.

Crossfire, for S1 age upwards.

"...Connect." Group for S5+, students, young workers. Varied social events (contact John or Shona McKay 865388).

Mon 8pm Housegroup (contact Brenda Fraser 862000).

Tues 10amPramService.

Wed 10.45 am Midweek Worship: Reading Room, Church Centre.
 12 noon Mid-week and Mid-day: Time to Pray (30 min)
 1.30pm Craft Group.

7.30pm Various Housegroups (contact Margaret Michie).

**Fri** The Brigade meets in the Church Centre.

Anchor Section 6-7.15pm, Junior Section 7-9pm, Company Section 8-10pm (Contact: David Munro 862126)

**Sat** 10am-noon 2nd hand book stall and café, Church Centre.

#### Special Services and events

#### **February**

Sun 26 6.30pm: Evening Service 'Ministry of Healing'

Tue 28 2.30pm: Service at Causeway Court

7.30pm: Monthly Bible Study and Prayer Meeting

#### March

Lent Studies: every Thursday in March, 10am at St.Paul's, 7.30pm at St. James', organised by Kinross-shire Churches Together

Thu 1 7.30pm: Concert – Iain Hunter, organised by Thursday Group on behalf of Cornhill Macmillan Centre. £8

Sun 4 10.30am: Morning Service – Quarterly Communion 6.30pm: Evening Communion (Common Cup)

Mon 5 8.00am: Time for Prayer - Silent Meditation (30min)

Tue 6 2.30pm: Service at Whyte Court

7.15pm: Guild, church centre – Bob Duguid 'Walk in Ethiopia'

Sat 10 8.30am: Prayer Breakfast (numbers in advance to church office)

Sun 11 7.30pm: Concert: St.Patrick's Ensemble led by Paul Livingston £5

**Thu 15** 9.00pm: Time to Pray: late evening service of Compline (20min)

Sun 18 10.30am: Mothering Sunday - Cradle Roll Service

Tue 20 7.15pm: Guild AGM, Church Centre

Sun 25 Evening 6.30pm Service – focus on Wycliffe Bible Translators

#### **Club Correspondents**

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

#### Orwell and Portmoak Parish Church

#### Church of Scotland

Minister - Rev Dr Angus Morrison

E-mail: orwellportmoakchurch@yahoo.co.uk Website: www.orwellportmoakchurch.org.uk

#### Sunday Worship, Junior Church and crèche:

10am Portmoak Church, 11.30am Orwell Church.

**Prayer Meeting** held 30mins before each service

#### Dates for your diary - Everyone Welcome

**Sunday 11 March 10:30am** - Joint Service, Followed by Annual Stated Meeting & lunch for Christian Aid *Bowl Over Poverty* appeal.

**Sunday 1 April** – Palm Sunday Services in both churches.

Sunday 8 April – Easter Services in both churches.

**United Service** most weeks at 6.30pm in Orwell Hall (check weekly Order of Service for details).

**Service at Ashley House**: first Thursday of the month at 2.30pm

Services at Levenglen: first Tuesday of the month at 4pm

#### Morning Prayers at 9am

in Portmoak New Room on Monday and Thursday each week in Orwell Church on Tuesday and Friday each week

**Oasis** Ladies' meeting in Portmoak New Room. 10.15-11.45am last Friday of the month.

30 March: Working with Children Today—K Baird

**Guild** meets 2nd and 4th Tuesdays in Orwell Hall 7pm between September and March.

Church office & shop open Mon – Sat. 10am until 2pm. Christian cards, giffs, bibles & books for sale. Also internet access; printing & copying facilities; recycle ink toners, spectacles, stamps & batteries. Meeting room available to let.

6 March: Charity Meal. 20 March: AGM

Contact the Office 01577 861200 orwellportmoakchurch@y ahoo.co.uk

# Recently bereaved? Needing some support? AMONGST FRIENDS

(Bereavement Group)
meets at the Health Centre, Kinross
on the last Friday of the month, 2.30pm to 4pm
A warm welcome awaits all
For details phone Marg 01577 863557

## World Day of Prayer

FRIDAY 2 MARCH

'Let Justice Prevail'

Service prepared by Christian Women of Malaysia Participants from all churches in the county

2pm Church Centre, High Street, Kinross 7pm St James' RC Church, High Street, Kinross

#### Cleish Parish Church Church of Scotland

Rev Joanne Finlay Telephone: (01577) 850231

E-mail: joanne.finlay196@btinternet.com

Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services11.15amCrèche11.15amJunior Church11.15am

March

Sun 4 11.15am - "March & the Myth", All Age Family Worship

**Sun 11** 11.15am "The Marcan Ghost writer". 4pm, "Messy Church" Held in village hall.

Sun 18 10am -10.30am, Early Birds Family Worship 11.15am, Traditional Worship

Sun 25 11.15am Worship with Stated Annual Meeting

**Monday 26 March**, 7.15pm, Guild (village hall). "Mission Aviation Fellowship".

#### St Paul's Scottish Episcopal Church

Muirs, Kinross, KY 13 8AY

Mrs Sarah Oxnard Telephone: (01577) 864213 Mr Sandy Smith Telephone: (01577) 862536

Website: www.stpauls-kinross.co.uk

#### March Services

**Sun** 4 8.30am Holy Communion, 11.00am Sung Eucharist.

**Sun 11** 8.30am morning prayer, 11.00am Sung Eucharist.

**Tue 13** 7.30pm informal worship in meeting room.

Sat 18 8.30am morning prayer, 11.00am, Sung Eucharist.

**Sun 25** 8.30am morning prayer, 11.00am, Sung Eucharist.

2nd Tuesday of month 7.30pm informal worship in meeting room.

#### Everyone welcome at all services

Sunday School and Crèche during the 11.00am Services. **Thursday Morning 10am, group Bible Study**. Everyone welcome. For further information, please contact Jan Campbell, telephone (01577) 862391.

#### St James's R C Church

5 High Street, Kinross, KY 13 8AW

Father Colin Golden Telephone: (01577) 863329

Mass TimesSaturday Vigil7.00pmSunday9.30am

Please look out for other information on other parish activities in the Sunday newsletter.

#### Kinross Christian Fellowship

Further information: (01577) 863509

Jesus said, "I come among you as one who serves."

**Church and Children's Sunday Club: Every Sunday** at 10.30am in the Millbridge Hall, Old Causeway, Kinross. During each service there will be a time for ministry and prayer for healing.

**Evening Service**: On the **second Sunday** of every month at 6.30pm. No formal format; lots of praise, worship and joy in the Lord. Everyone welcome, irrespective of faith or denomination.

#### Fossoway Parish Church Church of Scotland

Rev Joanne Finlay Telephone: (01577) 850231

E-mail joanne.finlay 196@btinternet.com

Reader: Mr Brian Ogilvie Telephone: (01592) 840823

Sunday Services at 9.45am

Wrigglers Group (0-3 years), Junior Church, crèche and teens group every Sunday at 9.45am. All meet in church for family worship and thereafter in their own space.

Tots Music: Friday mornings in hall, 9.30am

Café Refresh: Every Thursday, church hall, 2-4pm

Yoga classes: Mondays 7pm - 8.30pm

Joint Choir: Wednesday evenings, 7.30pm.

March

Sun 4 9.45am Preacher, Rev. David ReidSun 11 9.45am "The Marcan Ghost writer"

Sun 18 9.45am Worship and Stated Annual Meeting

Sun 25 9.45am "Whose Fairtrade?"

#### Healing Rooms Kinross and Loch Leven

Every Thursday from 10.30am to 12 noon at 29 South Street, Milnathort, KY13 9XA.

No appointment needed. No charge. Totally confidential. Trained volunteers from different churches will pray for your healing. Call 07531 435715 for further information.

www.healingrooms-scotland.com

#### Kinross Gospel Hall

Montgomery Street, Kinross Website: www.kinrossgospelhall.info

Condon	10.20	Danalain a af Danad
Sunday	10.30am	Breaking of Bread
	12.00pm	Sunday School
	6.00pm	Prayer Meeting
	6.30pm	Gospel Meeting
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Wednesday	6.30pm	Children's Club (term time)

# Kinross-shire Churches Together Easter Services

Additional Easter services within Kinross-shire, in addition to the regular services.

April

Mon 2 7.30pm Stations of the Cross –

St James' Catholic Church

Thu 5 7.30pm Maundy/Communion Service -

Cleish Parish Church

Fri 6 1pm Walk of Witness leaving Church Centre

(NB No lunch provided, but can be purchased from Day Centre), leading to

2pm St Paul's Episcopal Church:

A reflective service on "Words from the

Cross", led by Robin Patterson

7.30pm Good Friday Service - Kinross Parish

Church

Sat 7 7.30pm Orwell Parish Church

Sun 8 7.30am Kirkgate Park – Easter Morning

Service, followed by break fast at Church

Centre.

7.30pm **Ian Whyte Concert** with retiring offering for Faith & Light. Venue to be confirmed.

### **Obituaries**

**POPE** – **Else**, well-known in Milnathort, died peacefully at home on 17 January 2012 at the age of 92.

Her life story is fascinating. She was born in Freiburg, Germany, to Ferdinand Ludwig Clauss, a professor of racial psychology, and Eugenie Baumann, daughter of an eminent chemist. Eugenie died when Else was two, so she was brought up by her beloved aunt Lisa and her grandmother. One of her earliest memories is the appalling inflation which followed Germany's defeat in WW1, a time during which most Germans, including her own well-off family, were reduced to utter poverty. Else later writes in her own memoirs that it was hardly surprising that 'a man like Hitler [was seen as] a saviour in Germany after this'. The worst was over by the time she was five and normality resumed. Else loved school and kept in touch with her classmates all her life.

After school she pursued an agricultural career but this was halted by WW2, during which she ran her father's large household near Berlin, and hid his Jewish assistant from the Gestapo. In 1945 the family fled ahead of the advancing Russians, to settle as refugees in the West.

Else went on to gain a diploma in French Interpretation and Russian from Heidelberg University in 1948. Back in Freiburg she worked as an interpreter/translator for the French Military Government. She joined and travelled with a Russian Choir, and took solo bicycle trips. On one of these, she met Ronald, her English husband-to-be, also cycling alone in France. After a year's au pair work in England, they married in Hertford in 1954. Their first daughter Ingrid was born there in 1955, after which they moved to Scotland where Jenny (1957) and Derek (1961) were born. Next, Else began to design her 'dream home' on a lovely patch of hilltop in Milnathort. Financial restrictions meant the house lacked many desired features, but she remained happy there for the rest of her life. She grew vegetables, kept goats and chickens, gave evening classes in French and German, went 'tattypicking' and kept lodgers to help pay the mortgage. Ron, a nurse, enjoyed cycling and painting in his spare time.

She had another ambition to fulfill and, in 1972, aged 53, she enrolled at Stirling University, graduating four years later in German and French. While there she made her first African friends. A year's teacher training at Moray House, Edinburgh, followed, then four years part-time teaching at Strathallan School and Lornshill Academy, Alloa. She loved it, but eventually had to retire, so she took the opportunity to go to Tanzania for 18 months. She taught at the International School of Dar-es-Salaam, made countless friends and was involved in Rufiji Leprosy Village at Kindwitwi. Over the next decade she divided her time between Scotland and Africa.

Then, in 1990, tragedy struck, not for the first time in Else's life – she lost her son Derek to depression. She coped with the loss by taking on more activities – translating, writing, fundraising and, in 1996, enabling a talented young artist to come to the UK from Tanzania to study fine art at Dundee University. Based in her house, he was, and remains, like a son to her.

She and Ron were beginning to slow down - a little - together when, in 2001, he suffered a devastating stroke which left him helpless. Else, at the age of 81, became his main carer despite undergoing operations herself for painful arthritis. In 2004, with her friend Margaret, she made a final trip to Tanzania. Ron died, at home, in 2006 and Else finally got

'lazy' as she called it – writing copious letters when she could not garden, dictating them when she could no longer see, and concerning herself over others to the last.

She is survived by her daughters, eight grandchildren and two great-grandchildren.

**McEWAN – William (Bill)** of Seaforth Drive, Kinross died peacefully on 29 December 2011, aged 79 years.

Bill was married to Betty and was a devoted Dad to Mark and the late Neil. He had to retire early due to having an accident at work. That was in 1989 and from then on Bill took care of the house, allowing Betty to carry on with her work

Bill was a member of the over 50 group and enjoyed the indoor bowling while he was able.

Sadly, in November 2011 he was diagnosed with a tumour on his lung. All Bill wanted was to be cared for at home and with the help of many services making up one first class caring team, this was made possible.

No more tomorrows for us to share,

But yesterday's memories will always be there.

**ROSS, Mark** – Now gone fishing. Mark, author of the "Glory Days of the Giant Scarborough Tunny", died suddenly at the end of January, aged 43 years.

Mark's love of fishing began as a wee lad fishing on the Queich, which ran at the bottom of his Milnathort garden. Mark is believed to have owned the largest collection of Malloch (Perth) reels in the world, and these go to auction as the "Mark Ross collection" at Mullock's auction rooms, Shropshire, in July.

Mark was predeceased by his brother Damian, who died aged 32, and is survived by mother Lorna, sister Electra and brother Dmitri; all four children were pupils at Kinross High School

## **Acknowledgements**

SUTHERLAND – Ian Jr and family would like to thank everyone who attended Iain's funeral service and for the numerous cards received. A special thanks to neighbours Jim and Liz and Colin and Nancy who always looked out for Ian in his latter years. Also thanks to Alec and Shirley Cumming and Dave and Jean Clark for their support at this time. Special thanks to Margaret Michie for her kind and comforting words at the service at Perth Crematorium and to Stewarts Funeral Directors for their guidance and help during a difficult time. A sum of £229 was donated at the service for Rachel House, Kinross.

**McEWAN** – Betty and Mark would like to thank all relatives, friends and neighbours for their kind expressions of sympathy, cards, phone calls and visits received in their recent sad loss of Bill.

Grateful thanks to the GPs and to the very caring team of District Nurses who all were involved in the care of Bill. Tremendous thanks to the Marie Curie Nurses who cared for Bill during the night and to the Macmillan team for their help and support, to physiotherapist and occupational therapists for their visits and help.

Thanks also to Rev. Angus Morrison for his comforting service and to Stewart Funeral Directors for their guidance and support.

The total collected amounted to £522.54, which has been divided between Marie Curie and Macmillan Cancer charities. Sincere thanks to all who contributed to this.

# Playgroups & Nurseries



# MILNATHORT BABIES & TODDLERS

#### Orwell Church Hall, Milnathort

Milnathort Babies and Toddlers offer a relaxed, friendly environment.

Tea/coffee for mums, dads and carers, healthy snack and fun for the children.

Children aged birth to 3 years (5 years if attending with younger sibling) are welcome.

Thursday & Friday, 10am-11.30am.

For more information please contact us on 07989 795259

or e-mail milnathortbt@gmail.com or facebook milnathort toddlers.

#### **FOSSOWAY PRE-SCHOOL GROUP**

Glenbank Cottage, Powmill



Partner-provider for P&K Education

Places available for 3-5-year-olds and Rising Fives Sessions daily 9.30 – 12 noon

Contact Pat Irvine 07703 177766 or www.childcarelink.gov.uk/perthandkinross

#### **LOCHLEVEN BABIES & TODDLERS**

Masonic Hall, The Muirs, Kinross Session times (term time only)

Tuesdays 9.30- 11.15, Fridays 9.30- 11.15 Contact - Aileen 07866 670745 All Mothers, Fathers, and Carers with children aged birth to 5 years are welcome to attend.

#### **FOSSOWAY TODDLERS**

The Institute, Crook of Devon

Wednesday 9.30 a.m. - 11.15 am

All Mums to-be and Mothers, Fathers and Carers with children aged birth to 3 years are welcome to attend.

Contact - Fiona Eastop 01577 864194

#### **PORTMOAK UNDER 5s**

Portmoak Hall – between Kinnesswood and Scotlandwell (only 10 mins from Milnathort and Kinross)

We are a friendly and relaxed playgroup welcoming children aged 2-5. We offer a wide range of activities including arts and crafts, dressing up, outdoor play and stories. We also on occasion arrange outings, parties and have special visitors who come to the playgroup!

Babies and Toddlers (birth- 3yrs), Tues 10am- 11:30am Playgroup (2yrs onwards), Mon & Fri 10am- 12noon

Contact Laura Porter (Play leader) 07547 076696 Website: http://portmoakunderfives.wordpress.co

#### **SWANSACRE PLAYGROUP**

21 -23 Swansacre

Kinross-shire Playgroup Association
Aka Swansacre Playgroup
Registered Scottish Charity Number SCO 17748

TEL: 01577 862071

Swansacre Playgroup provides a warm, friendly, and stimulating environment in which children can learn and develop through play.

#### Playgroup sessions

Tues to Fri 9.15-11.45am; Mon and Fri 12.45-3.15pm

Children from the age of 2 yrs welcome.

The Inbetweeners session

Tues 12.45-3.15 with Lunch Club beforehand

Children from the age of 3 yrs welcome

Rising Fives sessions

Mon 9.05-11.20am; Wed 1.00-3.15pm, both with Lunch Club.

This is complementary to preschool Nursery.

For availability or more information, please contact Kim 07504 445949, enrolments.swansacre@gmail.com, or Playgroup 01577 862071

#### Baby and Toddler Group - Thurs 12.45-2.45pm

Ante-natal to pre-school.

Fun for children; co ffee and chat for the parent/carer. For more information, please contact **Caron 01577 861607.** 

The premises are available to hire for **Private Functions**. For more information, please contact **Michelle 07894 305272**, **Kirsten 07846 030029**, or the **Playgroup 07807 908833**.

#### **LOCHLEVEN TWOS CLUB**

Masonic Hall, The Muirs, Kinross Thursdays 10.00 to 11.30 (term time only)

A relaxed, friendly group for children from about 18 months to pre-school with their parent/carer. Activities include painting, craft, dressing up, stories and singing as well as a variety of toys. A snack is provided. Younger siblings also welcome.

Contact Victoria Jackson on 01577 865617 for further details,

or email victoriajackson1@hotmail.co.uk

#### **GLENFARG BABY AND TODDLER GROUP**

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Wednesdays, 9.30-11.30am.

Healthy snack for children

Coffee/tea & biscuits for carer

Lots of toys

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Lucie on 07810 201935 or just come along!

## **Notices**



#### Music in Dollar

www.musicindollar.org.uk

Concerts are held in the Gibson Hall, Dollar Academy and begin at 7.30pm. Tickets are £8 per concert for adults and accompanied children are free. Season tickets for all five concerts are also available for £28 (single) and £52 (family).

Sat 25 Feb Alasdair Beatson (piano). The renowned young pianist from Perth who is now in demand on the international stage.

Sat 17 Mar **The Glasgow String Quartet**. The players are from the Royal Scottish National Orchestra and play works from the classical repertoire.

# Kinross-shire Agricultural Society AUCTION OF GOODS AND PROMISES

Saturday 25 February

at 7pm

at Loch Leven's Larder

To raise funds to assist in setting up the new showground for the **Kinross Show**, at Hilton Farm.

Tickets:

£5 if bought in advance from Jimmy Smith, tel 01577 863253 or email: jimmysmith184@btinternet.com or £6 on the door. Cheese and refreshments available.

#### Book Sale at A.K. Bell Library, Perth

In the Meeting Room and Theatre Foyer Sale of withdrawn stock of fiction, non-fiction children's books, CDs, videos etc

Saturday 25 February

9.30am – 2pm

Admission: £1 per family at the door

#### Fairtrade Steering Group Coffee Afternoon

in Kinross Parish Church Wednesday 29 February at 2pm

#### The Thursday Group

#### 1 March:

Charity Fundraising - An Evening with Iain Hunter, the Singing Butcher, at Kinross Parish Church.

This is a women's group which meets on the first Thursday of the month.

New members welcome. Contact 01577 863421.

#### World Day of Prayer FRIDAY 2 MARCH

'Let Justice Prevail'

Service prepared by Christian Women of Malaysia Participants from all churches in the county

2pm Church Centre, High Street, Kinross 7pm St James' RC Church, High Street, Kinross

#### Music in Kinross Parish Church

**Iain Hunter**, Kinross' Singing Butcher, is singing at the Church at 7.30pm on **Thursday 1 March**. This is organised by the Church Thursday Group, chaired by Norah Winyard. Tickets are £8.00 each and are available from any committee member or from the Church Office between 10.00 and 12.00 each morning on weekdays. The concert is in aid of the Cornhill Macmillan Wing at PRI.

Paul Livingston and the St Patrick's Ensemble, with guest Ian Watt (guitar) return on Sunday 11 March to give a concert of string music including The Seasons by Vivaldi. Tickets are £5 from Milnathort PO or reserved by email at alexcant44@aol.com and if tickets are bought in advance there is discount of 50p per ticket. Concert starts at 7.30pm (This has been changed since the Jan/Feb Newsletter which gave a 3pm start time.)

**Sunday 8 April** at 7.30pm is a concert by **Ian White** of his songs of praise and in particular of his modern settings of the Psalms. This concert is free to all, though there will be a retiring offering for Faith & Light.

**Sunday 22 April** sees the return of the Russian vocal ensemble, the **Konevets Quartet**. They gave a sensational concert last year on their first visit, and are well worth coming to hear. First half will be Orthodox Chants, and second half Russian Folksongs. Begins at 7.30pm.

As ever, children accompanied by an adult can have free entry to the concerts on 11 March and 22 April. Keep a watch on the Church website where information on concert details will be posted: www.kinrossparishchurch.org

# Light Up Kinross STARS IN THEIR EYES

Masonic Hall, Kinross

SATURDAY 10 MARCH (8-12)

Tickets £5.00

Raffle and Miss Kinross 2012 also to be held.

LUK would like to apologise to those holding tickets for Stars in their Eyes on Saturday, 4 February. Unfortunately, the event was cancelled at the last minute. Stars in their Eyes is now to take place on Saturday 10 March (as above) and we hope that those holding tickets can attend on the night. If this is not possible, please ask for a refund.

There are still tickets available for 10 March: please contact Lorraine on 862941.

#### Bus Outing to

#### Creative Stitches and Hobby Craft Show

SECC GLASGOW Sunday 11 March

Seats available picking up in Kinross & Milnathort For more details, contact Mrs C Rodger 01577 863785

#### Orwell Bowling Club BINGO TEA

**WEDNESDAY 14 MARCH** at 7.30pm £1 + £1 Raffle. Bring your own cup please.

#### Kinross-shire Historical Society

Meetings are held at Kinross Parish Church, Station Road, Kinross at 7.30pm. Membership £6 (Seniors £5); eighteen and under free. Visitors £2 per talk.

19 Mar AGM + Fife Just the Place for Tourists: The tourist discovery of Fife and how tourism affected the local communities. Eric Simpson.

#### **CRAFT FAIR**

in aid of

#### Lochleven Diamonds

Baton Twirling Troupe

**Saturday 17 March** from 12pm till 4pm The Millbridge Hall, Kinross

Lots of stalls, plenty to do and see:

Jewellery Cards Raffles Homebaking Bodyshop Books Toys Dancewear

and more....

You can even have lunch in our cafe (Pies, Sausage Rolls, Stovies, Soup)

Tickets: £2.50 Adult (includes tea/coffee & cake)

£1.00 Child (includes juice & cake)

#### Kinross Floral Art Club Annual General Meeting

Thursday 22 March at 7.15pm

Windlestrae Hotel, Kinross

#### **Sportive Kinross Ceilidh**

Windlestrae Hotel

#### **SATURDAY 24 MARCH**

Look out your dancing shoes, don a bit of tartan and sign up for a social night to remember.

The Thistle Ceilidh Band will be playing at the Windlestrae Hotel to provide you with live music, and food will be served midway through the evening on a fun night of dancing and fund raising for our charity partner CHAS.

Buy your tickets on line at www.entrycentral.com search Sportive Kinross Ceilidh or visit www.kinrosscycleclub.co.uk and follow links. Failing all of that, contact the club direct for ticket information.

#### **Orwell Bowling Club**

presents

#### An Evening with Gaberlunzie

SATURDAY 7 APRIL at 8.00pm Tickets £10 per head - see Gaberlunzie Website or call Gordon on 01337827766 NOT TO BE MISSED!

#### Light Up Kinross Annual General Meeting

Green Hotel, Kinross

WEDNESDAY 18 APRIL at 7.30pm

All welcome

# filmhouse bridesmaids



# saturday 3rd march 8pm

Bridesmaids (15) tickets available on the door and in advance through our Facebook page. Adult £5 (OAP & Student concession £3), Screening 8pm at Milnathort Town Hall, doors open 7.15pm.

Bring Your Own Bottle - Tuck shop available.

#### **Girl Guiding - Kinross**

We have places for girls aged 10 - 14 in the two Kinross Units. We meet on a Monday or Tuesday evening from 7.30pm – 9pm in Millbridge Hall.

Guides enjoy a variety of activities, including working on Go For It challenges and interest badges, baking/cooking and arts and crafts. The girls in the Units this year are involved in Showtime, Parties and Glamorama Go For Its. We are also visiting Pop Party this month. Working within a structured programme, the girls have fun while taking part in various challenges. If interested, contact mbs21@btinternet.com for further information. Why not come along and give it a try.

# Kinross-shire Community Sports Partnership Booklet What's on in Sport & Physical Activity in Kinross-shire

This booklet, compiled in November 2011, lists the many sport and physical activity opportunities available in Kinross-shire. Copies should be available at the Loch Leven Community Campus reception and Library. It can also be downloaded from the community website www.kinross.cc

### Rainbows – Helper Wanted

Due to a huge waiting list, we are looking for another adult helper to help with the Rainbow Guides.

If you have an hour to spare a week and like working with children, give me a buzz:

Alison 01577864262

#### Hope Pregnancy Crisis Centre

based in the centre of Perth

Offers free, confidential, non-judgemental advice and support to anyone facing a pregnancy related crisis.

In a safe, secure environment we aim to assist women (or couples) in making their own informed decisions about their future and support them through the process if they require it.

We offer confidential advice, free pregnancy testing, pregnancy crisis and miscarriage support, adoption advice and counselling for post abortion stress.

The office is open 10am to 2pm Monday to Friday and outwith those hours can be contacted on the office number 01738 621174.

On-line support and information can be obtained from our website www.careconfidential.com

Hope Pregnancy Crisis Centre, 40 St John Street, Perth, PH1 5SP www.careconfidential.com email:hope-pregnancy@btconnect.com
Helpline 01738 621174
We are a Scottish Charity SC037103

#### Monthly Reiki Share Group Second Tuesday of the Month, 7pm – 9pm

A monthly inspiring and loving gathering for Reiki I, II or Master practitioners.

Venue: Green Hotel, Kinross (Gairney Room). To enrol, email Susan King: sking77409@aol.com or telephone 01577 865533

### **FREE TRAINING**



Community members, groups and organisations are invited to find out about the Protection of Vulnerable Groups Scheme.

Loch Leven Community Campus The Muirs, Kinross, KY13 8FQ

Tuesday 13th March 2012

9.30am - 1.30pm

Free Refreshments

#### Protection of Vulnerable Groups (Scotland) Act 2007

- To ensure voluntary groups and organisations are prepared and understand their requirements and obligations under the new PVG Scheme.
- To determine who within organisations should be asked to join the Scheme
- · How to access disclosure applications under the new Scheme
- Understanding the new types of disclosures that will be available under the new Scheme
- · Defining regulated work with children and protected adults

Organised by Community Learning and Development, Perth and Kinross Council



#### To book your place please contact:

Tracey Ramsay tramsay@pkc.gov.uk 01577 867124 Senior Community Capacity Building Worker OR

Jayne Ramsay jsramsay@pkc.gov.uk 01577 867177
Clerical Assistant

#### Mindspace Counselling Service

# NSELLING DLDS

# YOUNG PEOPLES COUNSELLING SERVICE 11-25 YEAR OLDS

Mindspace Counselling Services offer counselling to adults and young people aged 11-25 at The Loch Leven Health Centre on Mondays and Tuesdays. Sometimes we all have problems that worry us and it's not always easy to talk to someone close to us. A counsellor is someone you can talk to in a different way, someone who will listen to you very carefully, who will not judge you or tell you what to do.

We offer counselling to people who are facing a wide range of difficulties or challenges such as: Feeling depressed/anxious; Making friends/keeping friends; Chaos at home; Feeling angry and don't know why; Bullying, Having a tough time; Parents splitting up; Death of someone special; Confused feelings about who I am; Wanting to hurt myself or others.

If you are interested in this service you can self-refer via email to info@mindspacepk.com, by telephone on 01738 631639 or by visiting our website at www.mindspacepk.com. You can also be referred by your GP.



## ଷ୍ଟର୍ଭିନୀ Scottish Natural Heritage

# Loch Leven Site of Special Scientific Interest (SSSI)

Scottish Natural Heritage gives notice that on **20 January 2012** it intends to denotify two small parts (3.3 & 1.0ha) of Loch Leven SSSI. The boundary map, description of the land and the reasons why SNH considers it no longer to be of special interest can be inspected and obtained free of charge at either of our SNH offices, The Pier, Kinross, KY13 8UF or Battleby, Redgorton, Perth, PH1 3EW, together with clarification of any aspects of the notification.

SNH will consider written representations received by **20 April 2012**.

This notification will cease to have effect if SNH withdraws it, or does not confirm it by **18 January 2013**.

David Bale, Area Manager, Battleby, Redgorton, Perth, PH1 3EW

#### Loch Leven Community Campus Partnership

As a member of the Community, your views and ideas in the development of this facility can be represented through the Partnership.

Contact the Loch Leven Community Partnership on campuspartnership@kinrosshigh.pkc.sch.uk

#### Ceilidh Dancing

Come and join us from 2 till 3 every Monday in the Guide Hall, Milnathort, and learn to ceilidh dance. You don't need a partner and it is all very informal and great fun.

All proceeds go to Common Grounds.

Just come along – the more the merrier. No age limit.

**Notices** 



# Do you have a few hours to spare?

We are looking for help with:

Transporting people to appointments

Helping those who are house bound, temporarily immobile or just home from hospital with simple tasks

Accompanying people on social outings or going to their house for a chat so that they do not become isolated

#### Volunteering can be rewarding

Volunteering can provide young people with work experience while at school or college

When you retire it provides an opportunity to meet others and apply the skills and experience gathered during your career

Stay at home parents can keep in touch with a working environment and help maintain their confidence for when they return to work

CALL 01738 633975

Tay street Perth

## Springwell

#### Inclusion • Wellbeing • Recovery

Our services offer support to adults with mental health needs. We are based at Loch Leven Community Campus and aim to provide an accessible service for those between 16 and 65. We support people to improve the quality of their life and wellbeing, be more involved in their community, help them achieve their ambitions and manage their mental health. We support people to have more social contact, be more active, access education, voluntary opportunities or work. The support and activities we offer are flexible and can change and develop over time, depending on what people would like and benefit from. Charlie Wilson, Mon-Fri 9am-5pm, 01577 867317.

#### **Disability Sport**

There are many activities for people with disabilities at local, regional and national level which welcome people with physical, learning and sensory disabilities. Sports available include swimming, athletics, boccia and bowling. If you would like further information or would like to be included on an email distribution list to keep up-to-date with what is available, please contact Caroline Ness, Sports Development Officer by telephone on 01738 472242 or email CMNess@pkc.gov.uk

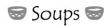


@ The Millbridge Hall

For further information, or if you want to be involved please ring 07766 515 950 or 07771 696 830

> The Cafe where everything is

FREFI









Home-cooked lunches



#### All brought to your table by our friendly staff

The Talking Donkey is a Christian venture so there will always be people on hand to offer

## Prayer For Any Need

#### **Funding Alert!**

P&KC produces a huge list summarising funding opportunities for the voluntary sector. There are dozens of Trusts and Foundations giving away grants.

The list will be posted on www.kinross.cc or go to www.pkc.gov.uk and look for the voluntary sector page. Contacts:

The P&K Grants Direct Team

0845 605 2000

Steve MacDonald, P&KC External

Funding Officer

01738 477963

(Contact Steve MacDonald if you would like to subscribe to P&KC's regular e-funding bulletin.)

#### Grants and Funding Websites

www.pkgrantsdirect.com www.scottishcf.org



Do you want to boost energy levels, deal with a chronic ailment or simply learn how to manage your diet and weight?

Naturopathic Nutritional Therapy uses whole foods as medicine. It aims to support the whole body and the underlying causes of illness rather than just treating a symptom.

We will motivate, support and teach you how to achieve your goals

- Optimising health and well-being Managing weight
- Increasing energy levelsBoosting immunity
- Improving sports performanceMigraine & headaches
- Improving digestion
- Children's nutrition

Working at Salon 62 and Cuthill Towers, Milnathort

alisa@nutritionalise.com or 07796 213 312

Notices 56



## **Loch Leven Community Campus**

Community Learning & Development
Adult Learning

Free local and friendly support with



## **Basic Computer Tuition**

In small groups at a pace to suit the individual, no prior knowledge of computing is necessary.

- Get to know the computer
- Using Word for basic documents
- Introduction to the Internet
- Using E-mail

## **English as a Second Language**

Would you like to improve your ability to -

- · Talk to friends and neighbours
- · Understand what people say to you
- Give information
- · Talk on the phone
- · Fill in a form
- · Apply for a job

## Adult Literacy & Numeracy

Reading Writing Spelling Numbers

"I can enjoy books now"

"I feel more confident"

"Filling in forms is less scary"

"I passed my driving test"

#### **BOOKING ESSENTIAL**

If you would like further information regarding any of the tuition please contact:

#### Roseanne Gray

Adult Learning Worker Loch Leven Community Campus Email: rgray@pkc.gov.uk

Tel: 01577 867216 / 867177

# Orwell Bowling Club WHIST EVERY TUESDAY EVENING at 7.30pm

Entry £1 (incl. refreshments) + £1 raffle ALL ARE WELCOME

#### Can you give A Greyhound A Home

Why not have a look on our Website

www.greyhoundrescuefife.com

or contact us to arrange a suitable time to come along and see the for yourself ind your perfect hound Mob: 07826244765 Phone: 01592 890583 (evenings) email us on ferniejimmyf@aol.com

#### Volunteers needed at our Kennels

16 years and over please
Baltree Country Centre,
Gairneybank, Kinross,
KY13 0LF



#### Greyhound Rescue Fife Dog Show 13th May 2012

Caldwell's farm near Collessie, Fife, KY15 7ÛY.
Tickets £3.50 kids (under 16 free) Full details on our Website

#### **Perth Samaritans**

Need to talk? We'll listen.

Contact us by

**phone** on 01738 626666 or 08457 909090

Email us jo@samaritans.org

or visit us at 3 King's Place, Perth, PH2 8AA

Mondays 1630 – 2130 Thursdays 1630 – 1900 Wednesdays 0830 – 1100 Fridays 1000 – 1630 and 1930 – 2130 Sundays 0800 – 2130

> No pressure, no names, no judgment. We're here for you, anytime.

#### **Blythswood Care**

Sainsbury's Car Park (if car park is full, van will park nearby, e.g. Park & Ride or Ochil View)

Tuesday 20 March between 10.30 am and 11 am

Further details from 862258

#### **Community Councils**

Kinross: Secy: Mrs M Scott (01577) 862945

KinrossCommunityCouncil@pkc.gov.uk Cleish & Blairadam: Secy: Patty Fraser (01577) 850253,

CleishCommunityCouncil@pkc.gov.uk

Milnathort: Secy: Mr J Giacopazzi (01577) 864025

MilnathortCommunityCouncil@pkc.gov.uk

Fossoway & District: Secy: Trudy Duffy-Wigman (01577) 840669,

FossowayCommunityCouncil@pkc.gov.uk

Portmoak: Secy: Mr J Bird (01592) 840368,

PortmoakCommunityCouncil@pkc.gov.uk

#### **Kinross Community Councillors**

6 Muir Grove	
10 Rannoch Place	864037
Highfield Circle	861001
60 Lathro Park	865004
64 Muirs	865045
Burnbrae Grange	863980
Brunthill Farm	07872499145
29 Green Park	864635
21 Ross Street	862945
7 Gallowhill Garden	s 861544
9 Leven Place	07824313974
	10 Rannoch Place Highfield Circle 60 Lathro Park 64 Muirs Burnbrae Grange Brunthill Farm 29 Green Park 21 Ross Street 7 Gallowhill Garden

#### Perth and Kinross Councillors

Kathleen Baird, Easter Clunie, Newburgh, Fife, KY 14 6EJ

Tel (home): 01337 840218. Email: kbaird@pkcgov.uk

Michael Barnacle, Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ. Tel/Fax (home): 01577 840516.

Email: Michael@mabarnacle.freeserve.co.uk

Sandy Miller, c/o Perth & Kinross Council, 2 High Street, Perth,

PH1 5PH. Tel (business): 01577 840462.

Email: SMiller@pkc.gov.uk

William Robertson, 85 South Street, Milnathort, Kinross,

KY13 9XA. Tel (home): 01577 865 178. Email: wbrobertson@pkcgov.uk

#### Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross, KY 13 8FQ Telephone: 01577 867205

Email: lochlevenlibrary@pkc.gov.uk

#### **Opening Times**

Monday	10am – 6pm
Tuesday, Wednesday, Thursday	10am – 8pm
Friday	10am – 6pm
Saturday	10am – 3pm

#### Fossoway and Cleish **Community Office**

A service for the Community, open:

2 pm - 4 pm Thursdays 10am -12 noon Saturdays

Out of hours there is an answering machine

Tel: 01577 840185 Email: fccoffice@btinternet.com

#### Kinross Recycling Centre, Bridgend

Opening Times: **Mondays to Fridays** 9am to 7pm Saturdays and Sundays 9am to 5pm

Aluminium & Steel Cans, Car Batteries, Cardboard, Engine Oil, Fluorescent Tubes, Electricals (inc Fridges, Freezers, Televisions & Monitors), Garden Waste, Glass Bottles & Jars, Inert Waste, Metal, Paper, Phone Directories, Plastic Bottles, Rigid Plastic Containers, Textiles, Wood, Bicycles.

#### Member of Parliament for Ochil & South Perthshire Constituency Gordon Banks MP

www.gordonbanksmp.co.uk Email: banksgr@parliament.uk

For dates and locations of regular advice surgeries, or to raise any concerns you may have, please contact the constituency office: telephone 01259 721536, fax 01259 216761 or write to 49-51 High Street, Alloa, FK 10 1JF.

#### Members of the Scottish Parliament

All MSPs can be contacted at the following address: The Scottish Parliament, Edinburgh, EH99 1SP

#### MSP for Perthshire South and **Kinross-shire Constituency**

Roseanna Cunningham MSP (SNP) Tel: 0131 348 5697

Email: Roseanna.Cunningham.msp@scottish.parliament.uk

#### MSPs for Mid Scotland and Fife Region

Claire Baker MSP (Labour) Tel: 0131 348 6759

Email: Claire.Baker.msp@scottish.parliament.uk

Annabelle Ewing MSP (SNP) Tel: 0131 348 5066

Email: Annabelle.Ewing.msp@scottish.parliament.uk

Murdo Fraser MSP (Cons) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@scottish.parliament.uk

John Park MSP (Lab) Tel: 0131 348 6753

Email: John.Park.msp@scottish.parliament.uk

Willie Rennie MSP (Lib Dem) Tel: 0131 348 5803

Email: Willie.Rennie.msp@scottish.parliament.uk

Dr Richard Simpson MSP (Lab) Tel: 0131 348 6756

Email: Richard.Simpson.msp@scottish.parliament.uk Elizabeth Smith MSP (Cons) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@scottish.parliament.uk

#### Mobile Library

Week 1: Visiting Powmill, Rumbling Bridge, Crook of Devon, Fossoway, Cleish and Milnathort every second Wednesday. Next visit: 7 March

Week 2: Visiting Mawcarse, Glenlomond, Kinnesswood, Scotlandwell, Hatchbank and Carnbo every second Tuesday. Next visit: 28 February

Any queries, telephone AK Bell Library 01738 444949

#### **Perth & Kinross Council**

**Customer Service Centre** 

(Mon to Fri, 8am-6pm)

**Out of Hours Emergencies** 

(Roads, flooding, environmental health and dangerous buildings)

Tel: 01738 625411

www.pkc.gov.uk

Tel: 01738 475000

#### Regular Library Sessions for Young Children

At Loch Leven Community Library. No need to book, just come along.

**Story Telling** 

every Monday morning 10.15 - 10.45 am every Thursday afternoon 2.15 - 2.45 pm

**Bookbug Rhymetimes** 

every Saturday 10.30 - 11 am 2.00 - 2.30 pmevery Wednesday

**Bookbug Library Challenge**: For children aged 0 to 4: On each visit to the library, children are given a sticker. After collecting four stickers, they are awarded a certificate.

# Kinross-shire Day Centre

Table Tennis · Videos · Cards · Dominoes Daily Papers • Chiropody • Trips • Exercises

#### **Weekly Programme**

Monday	Exercise Class	11 am	Elderberries	1.30 pm
Tuesday	Relaxation Class	1.15 pm	Bingo	1.45 pm
We dnesday	Moming Service Dominoes	10.45 am 1.30 pm	Quiz Afternoon Scrabble	1.30 pm 1.30 pm
Thursday	Art Class Dominoes	1.30 pm 1.30 pm	Film Afternoon	1.30 pm
Friday	Scrabble	1.30 pm	Dominoes	1.30 pm



Alzheimer Scotland group

We dnesday 14th 11.30am - 3.30pm



Coffee Bar open 9 am - 4 pm, Senior Citizens Lunches Daily Telephone: 01577 863869

#### LOCAL CHEMIST INFORMATION



#### Rowlands Pharmacy, Kinross

(opposite David Sands)

Mon - Fri: 9.00 am - 6.00 pm Saturday: 9.00 am - 5.00 pm Tel: 862422

#### Davidson's Chemist, Milnathort

Mon to Fri: 9.00 am - 1.00 pm & 2.00 pm - 6.00 pm Saturday: 9.00 am - 12.30 pm Tel: 862219

Sundays: The nearest open pharmacy is Asda,

Dunfermline

#### **Newsletter Deadlines 2012**

Please note, deadlines are now on a FRIDAY. Deadlines for the whole year can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check Newsletter website for latest information: www.kinrossnewsletter.org

Issue	Deadline	Publication Date
April	Friday 16 Mar	Saturday 31 Mar
May	Friday 13 Apr	Saturday 28 Apr
June	Friday 18 May	Saturday 2 June

#### **Local Correspondent**

for Perthshire Advertiser and Fife Herald newspapers Linda Freeman

Tel 01577 865045. Email: linda.freeman 64@btinternet.com

#### Perth Citizens Advice Bureau

The Kinross Outreach Advice Surgery is held on the second and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, The Muirs, Kinross. The next visits are:

#### 13 & 27 March

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necess ary. Perth CAB can help you – our advice is free, confidential, impartial and independent. Contact us: Advice line 01738 450580; Appointment line 01738 450581.

#### School Holidays, Academic Year 2011-2012

Academic vear Tue 16 Aug 2011 - Wed 27 Jun 2012

In Service Day Wed 15 Feb 2012

Occasional Holiday Thu 16 Feb 2012 Fri 17 Feb 2012 Spring Holiday Sat 31 Mar 2012 Sun 15 Apr 2012

In Service Day Mon 16 Apr 2012 May Day Mon 7 May 2012 (tbc)

## Yoga Breathing Space

Monday - Crook of Devon Institute 7.30pm - 8.40pm - Beginners Ashtanga

Wednesday - Millbridge Hall Cafe 6.30pm - Seasonal Flow

7.30pm Beginners Ashtanga

FIRST CLASS FREE!! JUST COME ALONG!

Saturday Mornings - Baxters Kelty

9.15 - 10.45am - all aspects of yoga - booking required. For more info contact Anna: 07810 818523 annajohnsyoga@gmail.com

annajohnsyoga.co.uk



#### **Classified Adverts**

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter, subject to space.

#### Items for Sale

Olympus uni-sex bicycle £40.00

New condition.

Seller details: Patricia Payne 01577 862715

shearerpayne@hotmail.com

Pool Table £40.00

Pool table 6ft x 3ft with balls and cue. Folding legs (will store

under a single bed).

Seller details: Sue Cameron 01577 865 199

sue@cameronfamily.plus.com

Printer £40.00

Canon Pixma MG6150 wireless printer. Very good condition.

Needs ink.

Yamaha keyboard £40.00

Yamaha keyboard. Very good condition.

For above items contact: 07889 922 105

t.mcgregor@btinternet.com

Dining / conservatory furniture £150.00

Glass topped table and 6 chairs with cushions. Photos available.

Dining / kitchen / office table & chairs £50.00

One metre square, wood laminate top, chrome legs, 3 upholstered chairs. Photo available.

Dining / kitchen table £5

Laura Ashley 1.6 metres x 860 mm with cutlery drawer.

For above items contact: Bob Kay

largepress@hotmail.com

Reclining armchair and footstool £70.00 ono

Rust coloured fabric.

Massage armchair and footstool £70.00 ono

Black leather. Variable controls for massaging body, feet and legs. For above items contact: Raymond Millar 07760138997

Encore Electric Guitar Practice Amplifier £50.00

This has not been used very much. One string has snapped and needs replaced. Amp is 10watt output. Both amp and guitar in good condition.

Seller details: Andy Butler

07732117888

andbutler@talktalk.net

Solid Pine Double Bed Frame £60.00 ono

With antique oak stain. It has a high headboard and also a foot board, excellent condition. Can be flat packed for collection.

Solid Pine Bureau £80.00 ono

With integrated light and leather writing inlay. Fantastic condition. For above items contact: Michelle Smith 07974 025 139

Suncrest electric fireplace £200.00

With mahogany mantelpiece and Italian marble hearth, with flame effect brass fire. Measures 144cm wide, 124cm height. Excellent condition. Cost over £800 new. Asking £200 ono.

Three wheel twin pushchair £125.00

Out n About Nipper 360 all terrain twin pushchair, suitable for birth to 4 years. Multi positioned seats can be reclined and lie flat. Includes rain covers, one foot muff. Quick release wheels, folds flat and compact to fit through standard doors. Weight 10kg. Excellent condition. Cost over £320 new. Asking £125 ono.

For above items contact: Fiona Stewart 07933 215708

fnstewart@btinternet.com

#### Classified Adverts continued...

Glass Greenhouse

£75.00

£75.00

8 x 6 ft greenhouse in reasonable condition with all glass in place. Buyer to collect and dismantle.

Seller details: David Morrison

07859403911

david@planetfurniture.net

Glass Greenhouse 8 x 6

Complete with base and most of the glass. Frame is up with the

glass removed. Buyer dismantles and removes.

Seller details: E Jackson 07732713096

a.jackson121@btinternet.com

#### Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the kinross.cc website before applying to **check whether a position is still available**. (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

No new vacancies are being advertised at time of going to press.



# We are currently looking for a Voluntary Play worker at our Playgroup

You will be required to assist the Play Leader in providing a caring, secure and fun environment for the children to enjoy through helping to organise an appropriate range of activities for children between the ages of 2-5 years.

Do you enjoy working with young children?

Are you available Mondays and Fridays 10 – 12?

The successful applicant will be required to undertake a disclosure check

If you are interested call Laura Porter on 07547 076696

'Sweat the alphabet and dance the digits'

Bokwa Fitness classes starting 1st March



Tues: 10.30-11.25am Green Hotel Fitness and Dance studio Tues: 8-9pm Millbridge Hall

Thurs: 6.15-7.15pm Kinross Primary School Kids Fridays 4.50pm and Saturdays 12.35pm

> www.fitnesswithjanice.co.uk fitnesswithjanice@aol.com Text/tel: 07852 985502



BOKWA Fitness 'dance youself into a healthier, more energetic, and happier YOU!

## Diary

**February** Page Sat 25 Auction of Goods and Promises - Agricultural Society 88 28 Tue Proposed LDP: Presentation by CIr Barnacle - Powmill 4 Tue 28 Kinross High School Parent Council meets 54 Tue 28 Kinross Tennis Club Annual Quiz Wed 29 39,88 Fairtrade Steering Group Coffee Afternoon Wed 29 Loch Leven Farmers catchment meeting March Page Thu Internet Safety awareness event, Perth 22 1 Thu 1 Kinross-shire Fifty Plus Club meets 43 Thu 1 Concert by Iain Hunter, Kinross Parish Church (Thursday Group) 88 2 World Day of Prayer Fri 88 Sat 3 BETTER PLACE TO LIVE FAIR 8 3 91 Sat Milnathort Filmhouse: Bridesmaids 5 Milnathort Primary School Parent Council meets 40 Mon Tue 6 Fossoway & District CC meets 36 Tue 6 49 Lodge St Serf meets regularly 7 Wed Business Breakfast 13 7 Wed Kinross CC meets 24 Wed 7 Kinross High School public meeting: HMIE report 54 Thu 8 Kinross Garden Group meets 40 Thu 8 Milnathort CC meets 28 Sat 10 Tree Planting Day at Loch Leven NNR 78 Stars in their Eyes for Light Up Kinross 88 Sat 10 Sat 10 Portmoak Film Society: Beginners 58 Sun 11 Paul Livingston and the St Patrick's Ensemble: concert 88 Tue 13 Citizens Advice Bureau visits Kinross twice monthly 100 Tue 13 Free training: Protection of Vulnerable Groups scheme 92 Tue 13 Proposed LDP: Presentation by CIIr Barnacle - Portmoak 4 Tue 13 Portmoak CC meets 32 14 Orwell Bowling Club Bingo Tea 88 Wed 14 4 Wed Local Development Plan Drop-in consultation Wed 14 Alzheimer Scotland Dementia advisors at Day Centre 100 Fri 16 NEWSLETTER DEADLINE 1 Sat 17 Prints 'n' Poo: wildlife tracking at Vane Farm 78 Sat 17 Craft Fair to support Lochleven Diamonds 91 Sat 17 Joint charity fundraiser: Kinnesswood and Scotlandwell in Bloom 46 Mon 19 Kinross-shire Historical Society talk and AGM 91 20 Tue Blythswood care collection 96 21 Wed Proposed LDP: Presentation re Balado, Cleish & Blairadam and Turfhills 4 Wed, Thu 21, 22 Scottish Regional Police Dog Trials at KGV playing fields 22 Thu 22 Author talk at Library: Alistair Urguhart 7 Thu 22 Civic Trust & Planning Aid for Scotland Seminar 60 22 Thu Floral Art Club AGM 91 24 7 Sat Author talk at Library: Debi Gliori Sat 24 Intermediate Photography Course at Vane Farm 78 24 Coffee Morning, Potager Garden, in aid of Marie Curie Cancer Care 44 Sat 75 Sat 24 Kinross Tennis Club Open Day Sat-Sun 24-25 Clocks go forward one hour (BST begins at 0100 on 25 March) 2 24 Ceilidh for Sportive Kinross 91 Sat Sat 24 Sportive Kinross Ceilidh 91 Sun 25 Loch Leven Walkathon for Chest, Heart & Stroke Scotland 12 Tue 27 Proposed LDP: Presentation by CIr Barnacle - Blairingone 4 Wed 22 28 Bogus callers/Scambusters seminar, AK Bell Library, Perth Beetle Drive at Common Grounds 45 Fri 30