



Kinross Newsletter

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Mrs Nan Walker, MBE

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DEADLINE

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Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

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Editor's Page & Letters

Letter from The Editor

With the very moving Armistice events and the fantastic Kinross-shire Winter Festival now behind us, Christmas really is on the way. It's a busy month with lots of festive celebrations to look forward to as many of us gather with our families and loved ones. For some, Christmas can be a lonely time when isolation is more pronounced than ever. I'm encouraged by the ways Kinross-shire excels at bringing the community together. There are plenty of ways to make a difference locally, whether it's contributing to foodbank efforts, supporting local makers and independent retailers when you do your Christmas shopping, or even volunteering to help serve lunch to those who would otherwise be alone on Christmas Day.

Little ones in Kinross-shire will be delighted that Santa and his sleigh will be touring the local villages in December, ably assisted by the Rotary Club and their helpers. *See page 62 for details of Santa's schedule.*

Thank you for all your feedback about *The Newsletter* and your supportive words. There will be no newsletter in January, as the newsletter team all take a well-deserved rest. I'd like to thank them for gently guiding me through these first few months.

Finally, I want to wish all our readers a very Merry Christmas and a Happy New Year!

Hannah Phillips

Note to Contributors

A great deal of the Newsletter comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the Newsletter.

Letters Policy

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the Newsletter. The Newsletter does not necessarily agree with any of the views expressed on the Letters or indeed other pages. In special circumstances addresses may be withheld from publication on request (but must still be supplied to the editor).

Note to Readers: Advertising

Inclusion of advertisements in the Newsletter does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

Abbreviations

PKC: Perth & Kinross Council

Cllr: Councillor

CC: Community Council

CCllr: Community Councillor

About the Kinross Newsletter

The Newsletter has been informing and supporting the community for 41 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the Newsletter to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the Newsletter. Thank you.

The Newsletter is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

Windlestrae woes

My wife and I bought the Windlestrae Hotel in 1982. With an annual turnover of £126,000, in two years this exceeded £600,000. In 1992, we completed a £2.2million development of leisure, conference and bedroom facilities with a steel structure and concrete slabs which will last for 100 years! Such a structure today would cost in excess of £3.8million to build. There are many alternatives for the use of this property that do not involve the cost of removal and landfill.

There can be no doubt that our guests – in excess of 20,000 per year – made substantial financial contributions to the local economy. Many families returned to holiday with us year after year. Business men would stay when their first call might have been Dundee or Aberdeen. We attained a 4-star status.

The hotel has been slightly neglected but has a very good infrastructure. Now plans are to demolish it. It will be quite an expense to dispose of all the rubble and tiles into landfill. Can Kinross afford to demolish and dump such a valuable asset? Thirty-six small homes suitable for retired people will be built cheek to jowl with a view to cramming in the greatest number of inhabitants.

The site is ideal, just off the M90, on the boundary of two popular golf courses overlooking Loch Leven. Much of the Kinross population travel for work. Just as we have good schools in the area, it should be a priority to encourage local employment opportunities. Kinross is a perfect location for successful hotels.

I hear that the Scottish Government has a £200million fund which exists to rescue businesses in trouble. The Windlestrae would be an ideal investment. It has great potential. It is one thing disposing of a redundant ballpoint pen. The current plan for this hotel is a shocking waste of Scotland's assets!

Mr Terence R Doyle
46 Gamekeepers Road
Kinnesswood

Poo-dunnit?

I was out for a walk this morning and saw a man, with two small dogs, place this poo bag on top of the pillar at Burleigh Sands.

I spoke to him about it and he refused to take it with him saying he would pick it up on his return from the walk. I think this is disgusting – people should not own dogs if they cannot take the bag with them. He could have walked less than 100 yards back to Burleigh car park and deposited it in the bin. I did see more bags by trees and on top of a fence post. There was no sign of the owners.



A keen walker who likes a clean countryside
Enid Brown
Milton house, Main Street
Scotlandwell

Kinross-shire projects, perhaps "anything" will do?

Kirklands Garage is a site which all would likely agree could benefit from redevelopment. However, statements such as "anything would be an improvement" have resulted in Perth and Kinross Council approving a planning application. Councillors prompted by this base evaluation have failed to take account of the fact that "anything" is not appropriate in a Conservation Area. Planning policies require that development in a Conservation Area should "preserve and enhance" such an area.

When such development opportunities arise, they should be undertaken with a careful and sympathetic approach. The view of Kinross-shire Civic Trust is that the requirement and opportunity to design such a development has not been fully undertaken in order to achieve the best outcome.

The location is in the immediate proximity of key buildings such as the Old County Buildings. The design approved will have a major visual impact. A suggestion was made that Councillors should defer a decision until after a site visit in order to aid their understanding of the issues raised.

This suggestion was not supported by the Development Quality Manager, who countered that formal site visits should not be routine and it was up to Councillors to visit if they were so inclined. This direction was significant and questionable as an Officer should not be instructing Councillors but instead providing accurate and unbiased information on request.

Any meaningful determination of the site requires access beyond the security fencing, meaning a formal visit would have been appropriate.

Most significant and inconsistent was that two separate Perth based projects on the agenda immediately before the discussion of Kirklands Garage were deferred to give the opportunity to Elected Councillors to make a site visit!

Seems that when it comes to Kinross-shire projects perhaps "anything" will do?

Ken Miles
Turphills House, Kinross
on behalf of Kinross-shire Civic Trust

Selfish speeders' squirrel slaughter

In common with many residents of Milnathort, we enjoy frequent sightings of red squirrels which visit our gardens on a fairly regular basis. Some of us inform the Red Squirrel Society which records red squirrel activity in Scotland.

However, it is with some dismay that we have seen three fatalities on the Burleigh road as the squirrels attempt to cross from the woodland where traffic leaves the village.

We know that squirrels have no road sense, but we are also aware that after the speed warning sign and especially after Burleigh Castle, some traffic tends to increase speed in spite of the fact that speed restrictions are not lifted until motorists are well out of the village.

We would like to ensure that everyone is aware that the high speed of some traffic is a hazard not only to squirrels, but also to the many walkers and cyclists using both the pavement in and out of Milnathort and the crossing point to Burleigh Sands.

Joan I Hamilton,
on behalf of Residents of The Stackyard,
Burleigh Road

Congratulations



BIRTH: Ken and Anne Robertson of Kinnesswood are pleased to announce the arrival of their first grandson, ARTUR ROBERT, at Perth Royal Infirmary Maternity Unit, on Tuesday 30 October 2018. A son to Rachel and husband Tomasz. Both families are delighted. Welcome to the world baby boy!

ENGAGEMENT: Liz and Andy Whatmore of West Netherton Farm, Milnathort are really pleased to announce the engagement of their son, Chas, to Helen, daughter of John and the late Leslye Budge, of Stromness, Orkney. The wedding is planned for early August 2019. It's about time!

Thanks



JESS MORAN would like to thank Julie and her staff at The Boathouse Restaurant for organising fundraising events to help pay for hydrotherapy treatment for her dog, Dusk, who has hip dysplasia. Also, thank you to the neighbours who kindly put a card and money through her door as a contribution to his treatment.

JESSIE MITCHELL would like to thank everyone who so generously supported the Macmillan and Marie Curie coffee morning on 28 September which raised £768. This was very much appreciated. Thank you.

JANE PORTEOUS would like to say thank you to David Mundell of Mundell Music for bringing wonderful world class bands to Backstage at The Green. We are so lucky to have shows of this calibre in our back yard. They attract people from all over Scotland and further afield and bring business not only to The Green Hotel but to other businesses in Kinross. Keep up the good work David. We look forward to many more years of wonderful music. Long live Rock and Roll!

CHRISTINE ROBERTSON would like to thank everyone who donated to our annual collection for Poppy Scotland in Milnathort. Special thanks to all the local businesses, Milnathort Primary School, Orwell and Portmoak Church. We raised a fantastic £938.74.

MARGARET SIKORA would like to thank to all who participated in the recent Homebrew concert held in Kinross Parish Church. It was a wonderful afternoon of music provided by local talent of all ages, supported by a wonderful audience! The sum of £237.48 was raised to support the work of Strathcarron Hospice.

HANNAH PHILLIPS would like to thank Prof David Munro for the historical photos and information that he kindly provided for the November edition of the *Newsletter*.

Piano Tuition for all ages and abilities

Local teacher with over 35 years' experience from complete beginners to retirees.

School exams a speciality.

Please contact: Mrs Michelle Smith 07925 267997



Queen's Award for Voluntary Service (QAVS) 2018 presented to SSAFA Perth and Kinross

SSAFA (Soldiers, Sailors, Airmen and Families Association) work with Armed Forces veterans and their families in the community. The Perth and Kinross branch were awarded the Queen's Award for Voluntary Service (QAVS) in Perth's City Chambers on 23 October. This is the MBE for voluntary groups. SSAFA received this large and heavy award – an engraved block of crystal – and a certificate signed personally by Her Majesty The Queen. They are only the second volunteer group to ever receive the prestigious award in Perth and Kinross, the highest award given to volunteer groups across the UK, that recognises exceptional service within communities.



SSAFA receiving the QAVS

They received the award from the Lord Lieutenant, Brigadier Sir Mel Jameson KCVO CBE, who said:

"Everyone should be incredibly proud. Their service, commitment and care have a profoundly positive impact on communities, and I am delighted SSAFA have been recognised with this prestigious award."

"This year's awardees prove that, more than ever, volunteers, beaver away at grassroots level, are the active lifeblood of our communities. The recipients of the QAVS are at the very top of a formidable volunteering movement in the UK involving millions of our citizens. As an ex Serviceman myself, I know what challenges the leaving serviceman and his family face, once discharged, especially with regards to mental health, and I could not be prouder. It reflects well on the whole of Perth and Kinross that we have people such as these volunteers in our community."

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Andy Middlemiss, from Kinross, said: "We are honoured and thrilled to be recognised by Her Majesty. For our small team, this is a fantastic reward for hundreds of hours of voluntary work with veterans. It is very humbling. We love doing what we do, and to get royal recognition is amazing. We are incredibly grateful to our Royal Patron, Her Majesty The Queen. Our specially commissioned cake, made by Goodfellow and Stephens in Perth awaits. Thank you to their clever bakers!"



ssafa | the
Armed Forces
charity

Lifelong support for our Forces and their families

Pensioner Pedal Power: Cycling Without Age Comes to Kinross!

www.facebook.com/KinrossCSH

Over 30 amazing volunteers from the Kinross area have been recruited to cycle trishaws, light three-wheeled vehicles with pedals, newly arrived in the area thanks to the Kinross-shire Community Sport Hub. Cycling Without Age is a movement which began in Copenhagen, and was started in 2012 by Dorthe Perdersen and Ole Kassow. They wanted to help the elderly get back on their bicycles, and were trying to find a solution to their limited mobility. The answer was a trishaw and they started offering free bike rides to local nursing home residents. The movement is expanding across the globe and was brought to Scotland by community group, 'Communities Along the Carron Association' in Falkirk who officially launched it there on 27 March 2017. They had huge success with the project in Falkirk and their publicity efforts reached over 50 million people worldwide. The group were then given funding by the Scottish Government to create Cycling Without Age Scotland SCIO and to employ a team of people that enable communities all over Scotland to make it happen in their area. Cycling Without Age Scotland have been working closely with Kinross-shire Community Sport Hub to support them.



A trishaw

The volunteers have been recruited to cycle the trishaws and are currently undertaking some training and practise rides. Cycling Without Age Scotland encourages the wider community to come together supporting our elderly population or those that can't cycle for themselves. Elderly people will have the opportunity to get out more often, have something to look forward to, have new experiences to discuss with family and friends and the ability to engage with passers-by when out on the trishaws. The project addresses a community need as more than 80,000 people across Scotland aged 65 and over say they always or often feel lonely. 350,000 elderly people say that their TV is their main form of company, that they feel cut off from society, and would like to get out more. Kinross-shire Community Sport Hub is delighted to help make such a positive difference to local people's lives.

A small management group has been formed to lead the project and rides will soon commence from Kinross Day Centre, Ashley House Nursing Home, Causeway Court and Whyte Court with plans to expand the scheme next year. Two fantastic local businesses have stepped forward to

support the project. Webster Storage has offered a secure storage location at their facility at Clashburn Road and Tyrefair in Bridgend Industrial Estate will safely charge and store the trishaw batteries and offer a key-holding service. Without these two businesses, the project would have been extremely difficult to manage so grateful thanks go to both of them.



Some of the pilots at the training day

Many people across the community have provided support, encouragement and donations to Kirsteen Ross who has led the project over the past year. £17,000 has been raised to purchase the bikes which were £7600 each. The following is a list of the main donors to whom we are extremely grateful: Arthur & Margaret Thomson Trust, Whyte Trust, Perth & Kinross Decides Participatory Budget Funding, Perth & Kinross Sports Council, The Hay Trust, sportscotland European Games Legacy Fund, Betty Ross Trust, Kinross-shire Fund, Lotto Social, Webster Storage, Tyrefair Kinross, Kinross Cycling Club, Kinross Day Centre, Kinross Tangent, Andersons LLP, Hunters Kinross. In addition to these donors Kinross High School pupils were successful in raising £3000 towards the project in August this year through the schools Youth Philanthropist Initiative.

Rides will be available seven days a week and all rides will be free. Please give a wave and say hello when you see the trishaws out and about and give us extra room as you pass us on the road. For further information, please email Kirsteen Ross at KinrossTrishaws@gmail.com. For updates, follow the sport hub on Facebook.



A test ride with residents from Causeway Court earlier in the year

Luke Graham MP

For Ochil and South Perthshire

My colleagues and I have been focused on the Agriculture Bill which is going through Westminster just now. This establishes the first post-Brexit UK framework and I am disappointed that the SNP administration in Edinburgh has seen fit to exclude Scotland from this vital piece of legislation which will ensure continuity payments are made to farmers after Brexit.

Scotland cannot be excluded from the bill - the National Farmers Union Scotland has now come out in support of this and want Edinburgh at the table and participating. My Scottish Conservative colleagues and I have been working hard to rectify this. On Friday 16 November I hosted a roundtable with local farmers and NFUS members in which we discussed the Agriculture Bill and how it would affect them if they were left out of it. It is perfectly possible to strengthen the powers held by Holyrood without treating our farmers badly.

As those who have followed my regular columns will know, the Tay Cities Deal is due for signing off soon. In fact, it was due to be signed off last week until the news about Michelin came out of Dundee. As a consequence, the signing was temporarily postponed in order to address this pressing issue. We cannot sign off on such a deal, with a major employer in the area still in such difficulties, but rest assured we are working to get both properly addressed.



Nonetheless, The Tay Cities Deal is an important development for investment and the future prosperity of the Tayside region. Although my own constituency does not cover the entirety of Perthshire, or even of Tayside, I have been working with colleagues, such as Kirstene Hair, MP for Angus, to ensure that the whole region gets a fair deal. To that end, I have been fighting hard to get funding for the Perth City Hall and several innovative projects in Perth & North Perthshire. Communities and regions do not begin and end at constituency boundaries and so a good investment deal for Perth has a positive impact upon the rest of Perthshire too.

One project I hope to see included in the Tay Cities Deal is Kinross Aerospace, and I have been lobbying the Chancellor and the Treasury to see it happen. I look forward to seeing the final details of the deal once it has all been signed off.

Finally, I joined my MSP colleagues, Liz Smith and Alexander Stewart, on a remembrance walk up Craighorn, in the Ochil hills, to fulfil our pledge and support Liz Smith MSP in her efforts to raise £1918 for Poppy Scotland.

As always, if you have any issues or concerns please contact me at my office on 2 Comrie Street, Crieff, by telephone (01764 680 384) or by email (luke.grahamoffice@parliament.uk).

Luke Graham MP



New Look For Chas

Children's Hospices Across Scotland – better known as CHAS – has unveiled its new-look signage at its local charity shops in Kinross and Dunfermline.

The refresh follows the launch of its Keep the Joy Alive campaign, accompanied by the award-winning CHAS alphabet, with each letter having been designed by the children and families who are supported by the national children's hospice service.

Christine Brooks, Retail Manager of the Kinross shops, said: 'We're so grateful to the people of Kinross who shop on the High Street, volunteer their time or donate to CHAS. Thanks to your donations to the shops we've been able to increase our profit for the first half of this year and as the festive

season approaches we're looking forward to welcoming you all through the doors. Every week in Scotland, three children die from an incurable condition and right now CHAS is only reaching one of these children. We are determined to reach them all and to do that, quite simply, we need to raise more money. And we can't do that without your support.'

CHAS is the only charity in Scotland that provides hospice services for babies, children and young people with life-shortening conditions. The national charity offers palliative care and respite for the whole family via its two hospices, Rachel House in Kinross and Robin House in Balloch. CHAS also offers at home services via CHAS at Home as well as services in hospitals across all of Scotland.



Councillor Barnacle

Copy of a letter sent to Colin Elliott, Perth & Kinross Council solicitor, 16 November 2018

Dear Colin

Planning Appeal Reference PPA-3440-2126

Land @ Beaufield, Balado

I refer to your email of 25/10/18 re the above and now enclose more information to support the Committee's refusal of the application, a position endorsed by all four Ward Councillors for Kinross-shire.

Ward Councillors were content to amend the LDP2 settlement boundary and return it to that of the Kinross 2004 Plan and had noted the complaint by residents as to the questionable process by which the Beaufield site had been incorporated into LDP1. Although it seemed a logical boundary proposal in April 2012, at that time no planning application had been lodged and no site zoned.

We have constantly had at the forefront of our minds hitherto, by virtue of contact with Balado residents, the ongoing concerns about development in Balado and its impact on drainage, flooding, roads access and water supply (private) issues, particularly as the area falls within the Lochleven catchment, with all that entails. We have ongoing concerns over the need for the tightening of catchment policies and a review to the protocol of the agencies involved (SEPA, SNH & PKC). We note also a continuing legal dispute between applicant and community.

It seems to us that the planning department have bent over backwards to assist the development of this site, against the wishes of the community and local members. SEPA maintained rigorous objection to application 17/00295/FLL, a refusal not appealed. Application 18/00540/FLL that recommended approval at Committee did not appear to us to have changed matters and we were very surprised at SEPA appearing to contradict their earlier position. Subsequent information received concerning the applicant's CAR License and contamination of water supplies simply heightens our concerns.

Local members feel strongly that, wherever possible, mains connection for foul drainage is preferable to phosphate mitigation measures in the Lochleven catchment area; this has been mentioned elsewhere i.e. Carnbo. We seek an improvement to the Loch's water quality and it is indeed questionable that this is currently achieved. This is a personal letter and not an official Council communication.

As regards consistency of treatment within the catchment, this is the domain of planning officers who pay little regard to the views of local members.

We note SEPA's objection to LDP2 for Balado and concur that a mains drainage solution is possible, a position that Forward Planning are aware of, in relation to Balado roads. I feel that the narrow grounds for objection to this application, as directed by yourself, make defending this decision difficult and refer you to my notes thereon.

Yours sincerely,

Cllr Michael Barnacle
Independent Member for Kinross-shire



An email to PKC colleagues sent on 9/10/18 re issues for Planning Member Officer Working Group (MOWG)

Dear Colleagues,

I refer to the meeting of the Scrutiny sub-committee re planning issues on 19/9/18 and the decision to remit concerns on planning issues to a reconvened Planning MOWG with a suggested meeting date on 24/10/18 after the Development Management Committee. I said I would summarise issues of concern for further discussion and now list the following matters for consideration:

1. CONDITIONS - Non-compliance, outline & specificity.
2. CONSULTATIONS & COMMUNICATIONS WITH COMMUNITIES
3. CONTRIBUTIONS FROM DEVELOPERS THAT CAN BE APPLIED
4. CREEPING DEVELOPMENT
5. ENFORCEMENT & RETROSPECTIVE APPLICATIONS
6. OBJECTIONS – Their number & summary; neighbour notification in countryside.
7. PLANNING BILL STAGE 2 OUTCOMES & LDP2 PROGRESS
8. REPORTS – Independence & standard, timing thereof.
9. THRESHOLDS – for types of application & referral to committee.
10. TRANSPORT – Cumulative effects, air quality & traffic modelling, as an important aid to decisions.
11. ENVIRONMENTAL CONSIDERATIONS – The legal framework and responsibility, flooding, food supply and landscape protection, trees and biodiversity, water quality and supply.

I trust this may form the basis for meaningful discussion around the envisaged monitoring role of the MOWG.

Yours sincerely,

Councillor Mike Barnacle
Independent Councillor for Kinross-shire

Councillor Barnacle would like to wish residents a Good Christmas & Prosperous New Year. His council website will be updated with upcoming information.

Images of Kinross-shire

Photographs can be downloaded free of charge from the www.kinross.cc

Photo Library

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.



Loch Leven Brewery

Loch Leven Brewery made quite a splash at the weekend when its Outlaw King ale was the official beer of choice at the Netflix launch. Thomas Moffat from the



Thomas Moffat

brewery said, 'It was a fantastic business and promotional opportunity for our new brewery. Spending time with the likes of Chris Pine and Scotland's very own Tony Curran as well as the producers, directors and cast alike was a wonderful chance for us to showcase one of our popular Great Scots beers ... and the Kinross connection! We made some fantastic new contacts at the international press launch at Borthwick Castle and subsequently at the premier itself and aftershow parties, with one of the movie's directors, Gillian Berrie, keen to use our beer at other Outlaw King promotions on the run up to the launch.

We were given a second opportunity to promote our beer at Broomhall House, where Visit Scotland had organised more international press for an event at the ancestral home of The Bruce Family – again a great promotional and business opportunity for us.

To cap it off we were informed that Historic Environment Scotland have asked us to do beer sampling at Edinburgh Castle to coincide with the launch of Outlaw King whilst also showcasing another one of our Great Scots beers, Warrior Queen (Mary Queen of Scots), just in time for the launch of Universal's blockbuster *Mary Queen of Scots* in January – another huge platform for us.

Working with Visit Dunfermline we are planning some exciting events for 2019, the 100th anniversary of the birth of Andrew Carnegie's legacy – for which we have another Great Scots beer dedicated to Dunfermline's famous son, Shining Knight, which we launched last St Andrew's night at Holyrood as part of Carnegie Days. All in all it is a very exciting time and the teams at Loch Leven Brewery and Visit Dunfermline are excited and proud to be part of all this fantastic Scottish positivity.'

Kinross High School student designs winning cycling jersey

A Kinross teenager will see his winning design come to life in next year's Sportive Kinross cycling event. When Kinross Cycling Club needed a new design for their annual Sportive cycling jersey, they called on the expertise of Kinross High School students. Higher Graphic students were challenged to come up with a jersey that was iconic, reflected the event and the area, and would be suitable for both sexes.

After much deliberation, S5 student Daniel Kenny's design was chosen as the winner. The design used the Kinross community purple colour, with retro styling on the back.

Stuart McDonald, Design Technology teacher said, 'We were delighted to be approached to redesign the graphics for the

2019 event jersey. This has been a fantastic opportunity for our Higher Graphic Communication students to work alongside a real client. The students demonstrated genuine excitement to be working on a live project and applied themselves in a professional manner.

We are delighted that the design by Daniel will be taken forward. We are proud of how he has conducted himself. For the rest of the class it has been an invaluable experience'.

Sportive Kinross Event organiser Jeff Wall explains 'Sportive Kinross is one of the most popular cycling events in Scotland and has sold out every year it has been run. On 27 April 2019 hundreds of cyclists will take on one of the three routes,

with many wearing Daniel's jersey. I'm sure the jersey will be a best seller. The club would like to thank Daniel and his fellow students for their hard work, as well as our sponsors Synergy Cycles in Auchterarder, Western Toyota in Perth and CHAS.'

The winning jersey can be ordered on the Sportive website:

www.sportive-kinross.co.uk.



(Left to Right)
Stuart McDonald,
Craft, Technology and
Design Dept, Kinross High;
Daniel Kenny, S5 student;
Stewart Wilson, Sportive Kinross

Roseanna Cunningham MSP For Perthshire South and Kinross-shire

Tories short changing Perthshire with cities deal shortfall

Commenting on the announcement that the UK Government is not going to match the Scottish Government's £200 million investment in the Tay Cities Deal, Roseanna Cunningham said, 'The Tories have left the Tay Cities Deal £50 million light. While the Scottish Government have pledged £200million, the UK Government have failed to match that level of funding, coming up 25% short. The Tay Cities Deal should have expected the UK Government to put the same amount into the pot as the Scottish Government – that's the way it was done for the Glasgow, Edinburgh and Stirling City Deals. Instead the Tories are short-changing Perthshire. Perhaps Perthshire Tories can tell us which planned projects in the Tay Cities Deal should be scaled back, pared down or, simply, shelved.'

Local Tories urged to distance themselves from Glasgow MSP over Provost plan

Roseanna Cunningham has called on local Conservatives to distance themselves from a call from a Glasgow Tory MSP to have a directly elected Lord Provost for the whole of the Tay Cities Deal Region. Ms Cunningham said, 'Adam Tomkins wants a directly elected Lord Provost for the whole of the Tay Cities Deal area, one person in charge of spending £350million across Perth & Kinross, Dundee and Angus council areas as well as North East Fife. That individual would doubtless require an expensive tier of bureaucratic support. This is a ludicrous and expensive plan. The Tories have already short-changed the Tay Cities Deal financially to the tune of £50 million, let's not have them short-change it democratically as well by swapping cross-Council working for a sprawling fiefdom run by one individual. We need clarity on whether this plan is official Tory policy and we need to hear from Tory voices in Perth and Kinross telling Mr Tomkins that he is simply not on.'

Foodbank crisis

Three-day emergency food supplies were given to 2193 local people in crisis in the P&K area between 1 April and 30 September, with 508 going to children. Ms Cunningham said, 'These shocking figures were released by the Trussell Trust, the UK's largest foodbank charity. Scotland as a whole

has seen a 15% increase in the number of food supplies distributed compared to the same period last year. On average, 12 months after the rollout of Universal Credit, foodbanks see a 52% increase in demand - Tory policy decisions making austerity worse, not better. Austerity is a political choice – and it is one that is being imposed by a Tory government with no mandate in Scotland. The SNP in Government is doing what it can with limited powers – and building a new social security system with dignity, fairness and respect at its heart.'

Roseanna praises local schools

Roseanna Cunningham has congratulated schools who have received School Sport Awards from SportScotland, three of them at the Gold Award level. She said, 'I am delighted that 12 schools in my constituency have been recognised this year. Abernethy and Dunning Primary Schools, along with Perth Academy secured the Gold Award. The Community School of Auchterarder (Secondary), Crieff High School, Perth High School and Primaries Letham, Milnathort, Our Lady's and Portmoak all got the Silver Award. Madderty and Tulloch Primary Schools got Bronze Awards. I want to thank the staff concerned. I look forward to even more schools in my constituency being named in next year's awards.'

Roseanna stresses importance of Remembrance

Roseanna Cunningham participated in the annual Dedication Service for the Garden of Remembrance in St John's Square in Perth. Ms Cunningham said 'It was an honour, as ever, to participate in the Dedication Service. Remembrance, whether as a collective, public act, or a private, personal one, is very important and this year's events took on a special significance as we commemorated 100 years since the Armistice.'



Dedication Service in Perth

NHS Tayside meets four hour A&E waiting times target

New figures show that NHS Tayside met its waiting times target for the week ending 4 November 2018 – with 96.2% seen, admitted or discharged within four hours, beating the Scottish Government's 95% target. Roseanna Cunningham said, 'Scotland has been outperforming A&E departments across the UK for the last three and a half years now – which is a testament to the hard work of our NHS staff. We will always value the vital work done by our NHS staff – and we should always celebrate their success and continue to support their efforts in Tayside.'

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Councillor Willie Robertson

Commemoration of the First World War

There were a number of moving events throughout Kinross-shire around Remembrance Sunday to mark the centenary of the end of the First World War. At a service organised by Kinross Parish Church, the names of all the men from Kinross-shire who lost their lives were read out. A total of 212 men. It is difficult to imagine the effect this loss of so many of our young men must have had on the Kinross-shire community.



Right of Way

A local resident has reported that the right of way leading from The Pier, past the car auction market, to the southern end of the High Street is very overgrown. I have contacted the Criminal Justice Service and asked for the pathway to be cleared by people carrying out their community service orders. This is an important path which will once more be useable after the work has been carried out.



The overgrown path which leads from the pier to the High Street

Station Road

Station Road is going to be resurfaced in early December. The road surface is badly needing replaced. I have asked for the entrance to Lomond Mews to be resurfaced at the same time as it also is in a very bad state.

Kinross Primary School

The official opening of Kinross Primary School took place on 22 November. I am delighted that Kinross children now have a modern and well-equipped building which gives them the best possible start. Well done to all those who campaigned so hard to get the old school replaced. Generations of Kinross children will benefit from their efforts.

Christmas

This is the last *Newsletter* before Christmas. May I take this opportunity to wish all of you a Happy Christmas and a healthy and prosperous 2019.

Councillor Willie Robertson

Elizabeth Smith MSP For Mid Scotland and Fife



Another year has passed and I would like to wish all constituents a Merry Christmas and Happy New Year. Christmas is a time to think of others and reflect on the year that has passed and the one set to start. Whilst most of us are spending time with friends and family, many public sector workers across Perth and Kinross are working hard to maintain vital services in our communities. Nurses, doctors, paramedics, police officers and firefighters will all miss celebrations with family and friends to keep us safe. It's only right that we acknowledge this sacrifice and thank them for their work over the festive period.

Over the past year, I have been campaigning on a number of issues, including better education, healthcare and more efficient public transport links for all.

Healthcare is a particularly pressing issue and one that I receive more letters and emails about than anything else. In 2018, a number of plans were brought forward that would fundamentally change the way in which patients access services. As a result of these proposals I have held a number of public meetings to gauge the public mood and to ensure that rural voices are heard at the highest level. I will continue to do this in 2019.

Ultimately, what we need is for patients, regardless of where they live, to be able to access healthcare services speedily and efficiently. This means, keeping the current A&E footprint and ensuring that there are sufficient nurses and doctors to meet demand. I will continue to fight on these principles and welcome the views of constituents on these issues.

In November, I took part in Remembrance services to mark the one hundredth anniversary of the signing of the armistice treaty. Nearly 150,000 Scots lost their lives in the First World War and it is important that we mark their sacrifice and continue to remember what they gave to keep our freedoms. I was pleased to see busy services across Perth and Kinross and that so many readers were able to take part in them.

Over the festive period elderly residents can feel isolated and alone. Loneliness is one of the fastest emerging public health emergencies. We all need to work hard to combat this problem and I was pleased to see a number of local initiatives to bring residents together. I would urge residents to check in on elderly neighbours and residents over Christmas. A cup of tea, a chat and a mince pie can make all the difference for the elderly and I would encourage readers to do this.

Liz Smith MSP

As ever Liz appreciates the feedback of readers and can be contacted at the Control Tower, Perth Airport, Scone PH2 6PL or via email at Elizabeth.Smith.msp@parliament.scot or on 01738 553990.



Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit **www.kinross.cc**

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We are grateful to all our outlets who help support the community by stocking the Newsletter

Sainsbury's, Kinross

Sainsbury's in Kinross has been playing its part in the Kinross-shire community since 2009.

This month Julia Fulton and David Anderson from the *Kinross Newsletter* Team met up with Store Manager, Michael Bryant and his colleagues to find out more.

This bright and attractive store, packed with everything local customers need, employs over 100 members of staff all focused on providing the very best customer service.

Michael and his team also work hard to make sure that they are good neighbours, getting involved in food donation, community volunteering and in their local Charity of the Year Programme.

Michael explained, 'Ever since opening in Kinross our store's customers have voted for a "Charity of the Year", a good cause in the heart of the community. This year we are partnering with the volunteer-operated community Food Bank 'Broke not Broken'. As well as raising money for them we also have a donation drop-off point in the store



Store Manager Michael Bryant with Sainsbury's staff

which has always been well supported by our customers.'

He continued; 'We also have a fundraising campaign for guide dogs which our customers and colleagues really get involved in. This has already raised in excess of £13,000 helping place two guide dogs into the local area; we are now working towards a third.

My colleagues and I also work with Anchor House, which helps with inclusive living in the community, 50% of the help that we provide is, again, for the benefit of our local residents. I am really so proud of the way that we all work together and we look forward to working with them again this Christmas.'

Michael is always looking for ways to make sure that the store continues to be a place where customers love to shop and he and his colleagues love to work: 'We want to ensure our range appeals to everyone in the local area and that we provide the very best service to our valued customers.'

Of course, Sainsbury's Kinross always has the *Kinross Newsletter* available, both at the checkouts and in a display stand right at the entrance to the store. Carol Sutherland, who works at checkouts, commented on just how popular the *Newsletter* is with customers; 'Our customers really look forward to reading the community news, views and advertisements every month. We make sure there are always copies available – we don't want anyone to go home disappointed!'

On the subject of the *Newsletter*, a new member of the store team, Food Manager, Steven Bloomfield told us; 'When I arrived in Kinross I was so impressed by the *Kinross Newsletter*! It really helped me to settle in.' He went on to say; 'I've worked in quite a few Sainsbury's stores and have not seen anything else quite like it!' So there really is a great community spirit at Sainsbury's Kinross. The team are all looking forward to seeing you the next time you are shopping there.



Carol Sutherland with the Newsletter

Planning a Community Event?

Check the Diary on www.kinross.cc to ensure that your event won't clash with another.

List your event as soon as you can to help others with their planning. Contact the website administrator by email: admin@kinross.cc

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone Ross McConnell on 01577 865885 or email

subscriptions@kinrossnewsletter.org

Glenlomond

A small village about 6.5km east of Kinross, Glenlomond lies just north of Wester Balgedie in the shadow of the Lomond Hills. The old road to Gateside and Strathmiglo, known as the Dryside, runs past Glenlomond. Nearby sits the Bishop Hill with views over Loch Leven. During the First World War a hospital was established in Glenlomond.

Before the First World War there were about 7000 beds in military hospitals in the UK, of which about 2000 were occupied. By the time of the Armistice there were an incredible 364,133 beds, including 18,378 for officers. The enormous increase in capacity was achieved with additions to other hospitals; war hospitals were constructed or installed in existing buildings like asylums; civil hospitals allocated beds to military patients in return for a daily payment; and a large



Staff outside Lomond House

number of auxiliary hospitals were prepared by the Red Cross and by other voluntary efforts.

In 1918, Glenlomond War Hospital, a military specialist neurological unit was opened, after contracts for construction were advertised in December 1914. The

building was designed by Alexander Cumming Dewar.

On 20 February 1919 Colonel Sir Alexander Sprot asked the Secretary for Scotland whether, in view of the importance of the treatment of tuberculosis, he would take the necessary steps to have the sanatorium at Glenlomond, which was established by the counties of Fife, Kinross, and Clackmannan as a tuberculosis sanatorium, but by now occupied by the War Office, restored to the local authorities.

In 1919 it became a civilian sanatorium (known as a tuberculosis hospital) which were common in the late-nineteenth and twentieth century in the pre-antibiotic era. The sweetie-shop and tearoom in Kinnesswood had many of the patients of the TB hospital as regular customers, and they had their own special crockery (to protect other



Laundry staff outside service buildings, now the Mews

GLENLOMOND HOSPITAL

It stands at the foot of the Lomond Hills, a home of rest and peace
Where the weary warrior broken with toil finds a solace and release.
Far from the din and strife of war and his travels in foreign lands
In this lovely spot by Loch Levenside, he is nursed by tender hands.

For Doctors, Matron and nurses all when Tommy's inclined to fret
O'er the dangers and trials that he's gone through, try their best to make him forget.
And he finds in the air of his native land, a tonic for all his ills
For his mind's at rest in this peaceful spot, at the foot of The Lomond Hills.

For he knows when he enters this home of rest his soldiering days are o'er
And the blood-stained field and din of war will be his lot no more.
And soon he'll be back to his own fireside from it never again to roam
No more to part from his loved ones there and the joys of home sweet home.

But memories dear of the days he spent up here on Loch Levenside
And the kindness of Glenlomond staff will forever with him abide.
And his prayers shall be God bless the work of those who are doing their best
To comfort the weary and broken ones in Glenlomond's home of rest.

(Annie Blyth, Laundry maid Glenlomond War Hospital 1918)



The kitchen staff

customers!) The rationale for sanatoria before the discovery of antibiotics was that rest and good nutrition offered the best chance for the sufferer's immune system to 'wall off' pockets of pulmonary TB infection. Meanwhile two French bacteriologists Albert Calmette and Camille Guérin were working on a vaccine called Bacille Calmette-Guérin or BCG. In 1921 the first human administration of the BCG vaccine was given.

As time passed the requirement for such sanatoria declined and so the hospital was converted for use by mentally handicapped and psycho-geriatric patients. After its closure in 1987 the site developed into a residential settlement with part of the hospital

being turned into a nursing home.

Today Glenlomond is home to proud residents, who have a village with a great community spirit, with an annual summer BBQ and Christmas lights switch-on organised by the Pride in Glenlomond Committee. For a small place it can become a hub of activity. The village holds a lot of history, and people still follow up on their family history and come to see the old site.

On Sunday 11 November, the residents of Glenlomond gathered to commemorate two events – 100 years since the First World War ended, and 100 years of Glenlomond village. Our resident bagpiper Robin Webster started proceedings, followed by a poem read out by Dr David Munro. It was written

by Annie Blyth in 1918, a laundry maid at Glenlomond Hospital. A plaque was unveiled by Trixie Morrell and Findlay Hunter to honour those who recovered from the horrors of their wartime service at Glenlomond Hospital, and to commemorate the village centenary. The Last Post was played by Irene Miller, followed by a one-minute silence. Our resident photographer, Garry Thomas, took photos for our Facebook page.

Annie's grandson Lawrence Thomson then played the 'Annie Blyth waltz' on the bagpipes, written in memory of his grandmother. At 7pm the beacons were lit, coinciding with other locations in the UK, as John Wilmot read 'We Will Remember Them'. Mulled wine was then served with a celebration cake, made by Regina O'Regan, and the evening turned into a great social event.



Photos provided by Lawrence Thomson, whose grandmother worked in the hospital laundry in 1918.

Hunters Butchers receive Innovation Award

A project that aims to place defibrillators for public access outside every butchers shop in Scotland has been recognised with a national award. The "Butchers At The Heart Of The Community" campaign was launched by Scottish Craft Butchers in June this year following on the success of a project started in Kinross by Hunters.

Pamela and Iain Hunter came up with the idea after one of their customers died of a cardiac arrest when a defibrillator was not available and CPR was not administered. They started fundraising to place a life-saving defibrillator outside their shop.

Staff training followed on how to use the equipment and how to give CPR. Pamela Hunter travelled the country attending Scottish Craft Butchers regional meetings to explain the campaign and so far has persuaded over 80 other butchers shops to copy the Kinross initiative.

More than 20 defibrillators have already been installed and Scottish Craft Butchers shops are still co-ordinating fundraising and training.

Pamela Hunter and Zara Habberley from Hunters attended a lunch in London in November where the initiative was awarded the Innovation Award at the UK Butchers Shop of the Year awards.



Pamela Hunter is congratulated by Douglas Scott, Chief Executive of Scottish Craft Butchers, on Westminster Bridge



Armistice Day

The Crook of Devon memorial event on 10 November



Crowds gathered for the Kinross Remembrance Service *Photos above and below: Eileen Thomas*



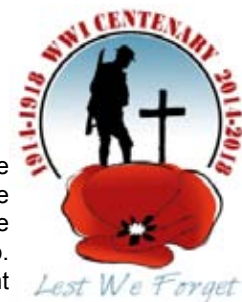
Photo above by Lynne Mackay

Poppy Scotland

The total raised for Poppy Scotland in Kinross was £10,500, an absolutely amazing amount! It will go a very long way to help serve veterans in need. Thank you everyone for your support. It's been an amazing year with everyone from young to old paying respects to the fallen. We even had a visit from Poppy Scotland's own Gary Gray (head of welfare services) who was very impressed with the community events and support. He met with local volunteer veterans for a cuppa at an event in Angel Cakes tearoom.

Lest We Forget Reflections on the Great War

There is a rolling exhibition at the Kinross (Marshall) Museum on the Great War, telling of some of the events and people of 100 years ago. The museum display is adjacent to the library within Loch Leven Community Campus. The information displayed below is courtesy of the Museum. See also the Museum entry in Club News.



Kinross-shire Roll of Honour

December 1918

31st **Thomas McKenzie**, a Sapper with the Royal Engineers, died aged 28. He is buried at Taranto Town Cemetery extension, Italy. He was the son of James and Helen McKenzie of Keeper's Cottage, Dollarbeg, Dollar. Thomas's younger brother Allan died in 1916 whilst serving with the Black Watch in France.

Kinross Learning Centre - make a fresh start in 2019!

The New Year is the perfect time to take up a new hobby or learn a new skill, and with a wide range of options in the programme, Kinross Learning Centre can help. Whether your interest is in photography or crafts, art or languages, both daytime and evening, there should be something for everyone.

To find out more or book a place on one of these classes, please call the Learning Centre on 01577 863863, call in at 15 Swansacre, Kinross or email pc.kinross.perth@uhi.ac.uk.



Course	Start Date	Time	Weeks	Cost
LANGUAGES				
Spanish Beginners	Tue 15 Jan	7–9pm	10 weeks	£85
Spanish Beginners 2	Mon 14 Jan	10pm–12noon	10 weeks	£85
Spanish Improvers	Tue 15 Jan	5–7pm	10 Weeks	£85
French Beginners	Thu 17 Jan	7–9pm	10 weeks	£85
French Improvers	Wed 16 Jan	10am–12noon	10 weeks	£85
French Intermediate	Tue 15 Jan	1–3pm	10 weeks	£85
French Advanced	Tue 15 Jan	10.30am–12.30pm	10 weeks	£85
Italian Beginners 2	Tue 8 Jan	7–9pm	10 weeks	£85
Italian Improvers	Tue 8 Jan	4.30–6.30pm	10 weeks	£85
Italian Advanced	Thu 17 Jan	10am–12noon	10 weeks	£85
Get Set to Learn: English, Maths and more for all	Thursdays	9am–12noon	ONGOING	FREE
GENERAL INTEREST				
Digital Photography: Taking Better Pictures	Wed 16 Jan	7–9pm	10 weeks	£85
Understanding Art	Thurs 17 Jan	1–3pm	10 weeks	£85
ART				
Watercolour Painting	Wed 9 Jan	10am–12noon	10 weeks	£85
Painting with Acrylics	Wed 9 Jan	1–3 pm	10 weeks	£85
Soft Pastels	Wed 9 Jan	3.30–5.30pm	10 weeks	£85
Creative Watercolours Beginners	Thurs 17 Jan	7–9pm	10 weeks	£85
CRAFTS				
Upholstery	Wed 9 Jan	4.30–6.30pm	10 weeks	£90
Upholstery	Wed 9 Jan	7–9pm	10 weeks	£90
Sew Smart – Sewing, Mending, Altering, Recycling, Tailoring	Mon 14 Jan	1–3pm	10 weeks	£85
Stained Glass Intermediate	Tue 15 Jan	10am–12noon	10 weeks	£85
Stained Glass Improvers	Tue 15 Jan	1–3 pm	10 weeks	£85
Floristry for Springtime	Fri 18 Jan	10am–12noon	10 weeks	£85
Cake Decorating: Basic & Novelty Techniques	Mon 14 Jan	10am–12noon	6 weeks	£55

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Take Control

It might feel as though you'll spend your whole life being told by educational establishments, governments and religious organisations what you can't do rather than what you can.

At the tender age of 18 my mother wanted to marry an American sailor. The local priest intervened and told her she couldn't marry a man who was not a catholic. Fate did not let her off lightly. After announcing that she would apply to Edinburgh College of Art, my grandparents told her that if she were to commit the immoral act of painting naked studio models, she would burn in hell. Tragically my mother was too naive to know any better and went off to work at the local factory. Her life was ruined before she even had the chance to truly live. Despite this, she sang in St Mary's Cathedral choir in Edinburgh and went to her grave a devout catholic. I have another family member aged 18 who has just started her degree. She decided to get a job in a local restaurant. The manager started asking her to do extra hours, more than had been agreed. When she stood up for herself, she was told that her attitude was unacceptable. Luckily, she was in the fortunate position of being able to politely tell the employer he could keep his job.

Do these scenarios sound all too familiar? Let's take a leaf out of Caine's book in the 1970s TV series *Kung Fu*. Caine is asked to avenge the rape of a man's daughter and the murder of his son. Caine's master advises, 'Vengeance is a water vessel with a hole, it carries nothing but the promise of emptiness.'

How To Take More Control of Your Life

The ancient Buddhists have said for thousands of years that we live in 'Maya' or illusion. I never really understood what they meant until I saw *The Matrix*. This film brings to a younger audience the idea that we are living in a multi-dimensional universe where anything and everything can happen. At first it appears that we are helpless, with no control over our fate, but as the story develops the hero becomes the controller of his own destiny.

In order to start taking control of our reality we need to start working with our minds. We may realise that we are living in autopilot mode, in our own wee mental prisons where our thoughts control our existence. The first step is to realise that we are not our thoughts. We are a consciousness that has the ability to be aware of our thoughts as separate electrochemical reactions in the brain. This realisation is akin to awakening from a deep sleep which has been your whole existence.

How many times have you told yourself you can't possibly leave a mundane job and follow your dreams? That you can't complete a physical challenge because of your health? Or that you can't go back to college because you're too old? I have been fortunate to spend time with Veronica, a personal development



specialist. She is an example of transformation. She changed her situation from that of an alcoholic single mum to helping celebrities transform their lives. The power of affirmation and the subconscious mind are mental tools available to all. If there is something that you want in your life you can start to try written affirmations which are more powerful than spoken affirmations. It's something to do with the action of the hand and the brain while writing. Write one or two lines of your desire, in the present tense only (which is what your subconscious mind understands) and fill a page of A4. Do it every day without fail. First thing in the morning is best as you'll start your day with a positive mental attitude. You can perhaps expect some changes to manifest within a few months. Sometimes it may not be what you wanted but something different or even better.

Remember the Universal Law: If someone closes a door in your face, a better one must open.

Why not try a vision board? Fill a board with images, magazine cut-outs of your dream job or holiday or house. Look at it every day and visualise yourself in that situation.

When I was a student, I wanted a nissan micra. I didn't have enough money but I took a brochure from the dealer in Perth. It had a picture of a brand new white nissan micra on the cover and I would keep it on the kitchen worktop, using it as a coaster. After a couple of years the coffee stains had almost wiped out the image of the car.

Three years later the Stirling branch had a special offer. I was driving my new car home when I remembered the image on the brochure, and the car I was driving was that same white micra.

Over 100 years ago the Rev. Wallace D Wattles wrote:

'The object of all life is development and everything that lives has an inalienable right to all the development it is capable of attaining. Man's right to life means to have the free and unrestricted use of all things which may be necessary to his fullest mental, spiritual and physical unfoldment; or in other words, his right to be rich.'

Universal Law 2: Your greatest fear is not of the outside world, but of just how powerful you really are. The next time you catch yourself saying "I can't have that bag" or "I can't afford to eat out" - go and get the bag, go out and eat in the expensive restaurant. Try to retrain your brain from poverty consciousness to abundance consciousness.

Practise a little compassion in the supermarket. Put some loose change in the collection point. Appreciate the staff working late so that we can buy a pint of milk at 10pm if we want to.

A fundamental concept of our Mindfulness classes is the realisation that we are in control of our lives, not trapped in our thought prisons. All are welcome to come along on Mondays and Fridays 7pm to 8pm, and Wednesdays 6pm to 7pm at Kinross Community Campus.

Vincent Johnston

News from the Health Centre



www.lochlevenhealthcentre.co.uk

www.patient-services.co.uk

Christmas and New Year Closing

Over the Christmas and New Year period, **Loch Leven Health Centre will be closed on 25 and 26 December and 1 and 2 January. On all other weekdays over the Christmas and New Year period we will be open as usual from 8am until 6pm.**

Out of Hours cover for evenings and weekends is provided by NHS24 and the Fife Primary Care Emergency Service. They will also be providing emergency cover on the Tuesdays and Wednesdays when we are closed. They can be contacted on 111. All calls will be recorded and we would please ask patients to contact them only when a medical emergency occurs which cannot wait until we re-open. Thank you.

We would ask all patients to make sure that they have sufficient medication to last over the Christmas and New Year period. If your medication will run out over Christmas and New Year, please ensure that you submit a request for your medication by Tuesday 18 December. We receive a greatly increased number of requests at this time of year and therefore need a bit of time to process them all. Repeat prescriptions may be ordered on line. If you have not yet signed up for this service, you can do so on our website. If you have sufficient medication to last over this period, please do not submit a request for more. Prescription requests are all checked prior to issue, and where it appears that sufficient medication has been issued recently, further requests may be declined.

The doctors and all the staff at the Health Centre would like to take this opportunity to wish all their patients a Merry Christmas and a Happy and healthy New Year.

Online Services

The website which patients use to access on-line appointment booking has recently changed. When patients log on for the first time after this change, they will be asked to migrate their account from My Vision OnLine to the new Patient Services website: www.patient-services.co.uk. Users will be asked to create a user name and password. Patients can reuse their old username (providing it meets the criteria on the screen). If this has already been used by someone else, you will have to create a new one. Help is available via the Patient Services Help Centre and a link to this is available via our website.

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Opening of Kinross Primary

Deputy First Minister and Education Secretary John Swinney MSP officially opened the new Kinross Primary School on Thursday 22 November 2018. The new school is providing modern, state of the art education facilities for local children. It is part of a multi-million pound programme jointly funded by Perth & Kinross Council and the Scottish Government, as part of the Council's wider investment in the school estate in Perth and Kinross. John Swinney said, 'My thanks to Perth & Kinross Council for the opportunity to officially open the new state-of-the-art Kinross Primary School, which learners, staff and the whole community can be proud of.'



Kinross primary pupils with John Swinney at the opening of their new school

Kinross Business Suites

www.kinrossbusinesssuites.co.uk

Kinross Business Suites has finally been launched! We want to help the towns local businesses grow and provide them with the space they need with 24/7 access to offices and a fully modernised kitchen space (with unlimited tea and coffee). The suites are great if you are looking for a little headspace with fast internet. We are also offering a hot desk facility, so if during the winter months you can't make it to your normal desk, you can use our temporary one. Want to know more? Visit our website.

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Newsletter Deadlines

A list of future deadlines can be found on our website

www.kinrossnewsletter.org



Bogus Workers

Officers in the Kinross and Glenfarg area would like to warn residents that bogus workers have been calling in the area offering drive repair work. The bogus workers have been targeting elderly residents offering repairs and resurfacing work on driveways where no repair is required.

Local Incidents

A red Honda Fourtrax 420FA quad bike was stolen following a break-in to a wooden storage unit at Bruadar, Milnathort overnight on Tuesday 30 October. (CR/26575/18).

Fuel was stolen from parked vehicles in Kinross between Friday 9 and Monday 12 November. (CR/27671/18).

Between 4.30am and 5am on Wednesday 14 November there was a break-in to a business premises at Ladeside Yard, Stirling Road, Milnathort. Three men were seen on CCTV to enter the building and later leave in an orange Audi A5 motor car. (CR/27864/18). The Audi motor car has now been recovered in Edinburgh and enquiries are ongoing to identify the three men.

Between 5pm on Tuesday 13 and 3pm Wednesday 14 November number plates were stolen from an Audi A6 motor car in Argyll Road, Kinross. (CR/27899/18).

Between 3pm on Tuesday 13 and 10am on Thursday 15 November a set of farm gates were stolen from a field near to Watergate Farm, Cleish. (CR/28000/18).

Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively, information can be passed anonymously via the charity Crimestoppers on 0800 555 111.

Police Scotland – local community

Telephone 101 for non-emergencies

Community officers for Kinross-shire:

PC Atholl Spalding and PC Douglas Stapleton.

Email: taysidekinross-shireCPT@scotland.pnn.police.uk

Community Sergeant (Kinross-shire): **Sgt Robert Hogg.**

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Kevin Chase.**

Ways of following the Police:

Twitter: @KinrossPc or twitter.com/policescotland

Facebook: www.facebook.com/PoliceScotland

Website: www.scotland.police.uk

Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch. The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: **www.pkcommunitywatch.co.uk**

Crime Stoppers – Telephone 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

GrowBiz – Enterprising Rural Perthshire

www.growbiz.co.uk

connect@growbiz.co.uk

GrowBiz provides a community-based enterprise support service. Our 'Enterprising Rural Perthshire' programme provides support to anyone who is considering becoming self-employed or starting a small business or social enterprise. All of our services are free and confidential. These include 1-1 meetings, peer support, learning sessions, mentoring, training and networking opportunities.

We regularly hold Learning Sessions on a range of topics, as well as networking events, throughout Perthshire. Our events are informal and relaxed and anyone is welcome to attend regardless of where you are based.

We are delighted that our award-winning business mentoring programme has become the first in Scotland to achieve the Scottish Mentoring Network Quality Standard. The mentoring programme also won Business Project of the Year 2018 – the third year in a row that the programme has received this award. For further information please contact Clair Smith on clair@growbiz.co.uk.

We wish all of our clients, partners and supporters a very Merry Christmas, and an Enterprising New Year. If you are thinking about setting up or expanding a business in rural Perthshire, make it your New Year's Resolution to get in touch with us!

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Santa and his helpers will be bringing a bit of magic to the kiddies of the area again this year. The schedule for Santa's Sleigh is:

4 Dec	South Kinross
6 Dec	Kinnesswood
7 Dec	Milnathort
12 Dec	Crook of Devon
13 Dec	Glenfarg
16 Dec	North Kinross



Please keep an eye on Facebook for further information!

Christmas Puzzles Page

Christmas wordsearch

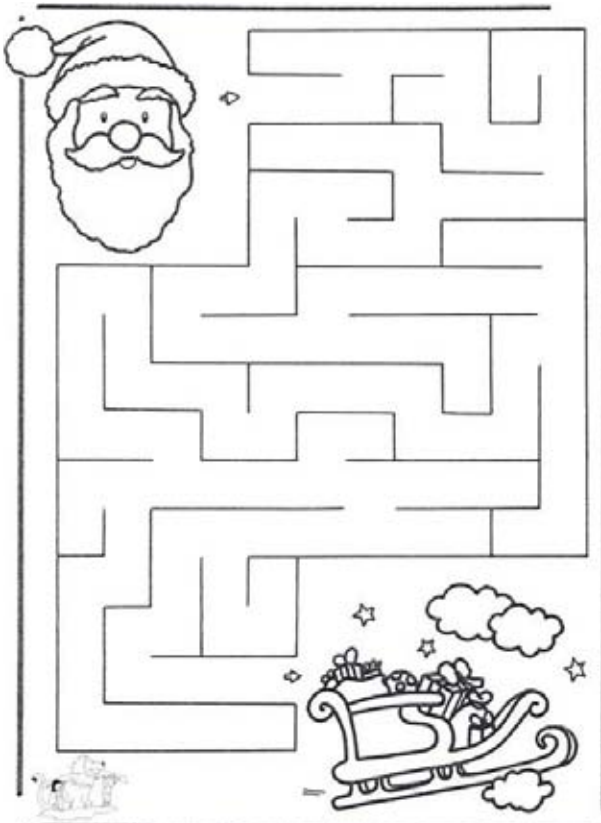
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N	Y	L	L	O	H	P	M	O	E	S	D
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L	T	U	R	K	E	Y	K	A	B	A	E
W	O	W	S	R	E	K	C	A	R	C	P

carols
santa
bauble
holly
sleigh
tree
reindeer
present
wreath
snow
turkey
mince pies
crackers
elf
cards
mulled wine

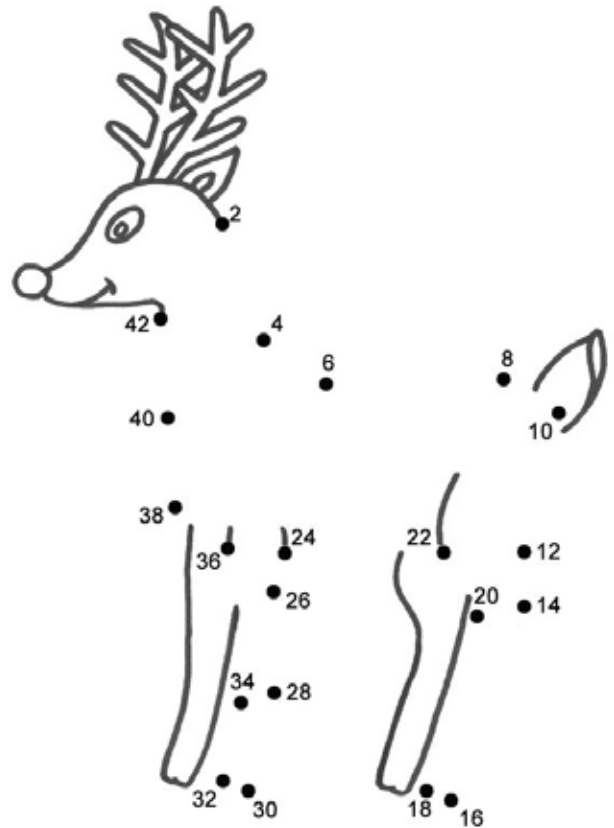
Can you unscramble these Christmas words?

STLOETMIE _ _ _ _ _
THELEMBEH _ _ _ _ _
WMNOASN _ _ _ _ _
GLEAN _ _ _ _ _
TCISGOKNG _ _ _ _ _
HPERSDREH _ _ _ _ _
GINDLESG _ _ _ _ _

Help Santa to his sleigh



Join the dots counting in twos!



Christmas Jokes

- Why did Santa's helper see the doctor?
Because he had low elf-esteem
- What do you call people who are frightened of Santa?
Claustrophobic
- Why does Santa wear a red suit?
Elf and Safety
- Why is it always cold at Christmas?
Because it's in Decem...brrrrr
- What do you get if you eat Christmas decorations?
Tinselitis
- Who hides in the bakery at Christmas?
Mince Spies
- What do you call a penguin in the Sahara desert?
Lost
- How will Christmas dinner be different after Brexit?
No Brussels

Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

Kinross Community Council News from the November Meeting

Present at the meeting held on Wednesday 7 November 2018 at 7.30pm were (Cllrs) B Freeman (Chair), M Blyth, J Bryson, D Colliar, D Cuthbert, B Davies, L McKay, T Stewart and D West, Cllr Jack, P&K Councillors (Cllrs) C Purves and R Watters and two members of the public.

Apologies: Cllrs M Barnacle and W Robertson, PC Stapleton.

Police Report: In the absence of PC Stapleton, Cllr Freeman advised those present of incidents which had occurred since the last meeting: vandalism to a house window, vandalism to a car window, youths throwing eggs, theft of a pushbike (since recovered), break-in to commercial premises. Please contact PC Stapleton or PC Spalding direct to raise any policing issues.

Presentation by PKC – Kinross North Cemetery

Steven Kane and Willie Greig attended the meeting to present the plans relating to the proposed extension of the Broom Road Cemetery. The first phase of the extension would extend into the east side woodland of the site, which had originally been acquired for that purpose. As additional land becomes required it is proposed, in a second phase, to extend west into the grass area in front of the existing cemetery.

The proposed east extension will be a traditional open grass cemetery set out in woodland glades with a natural native hedge boundary, creating a more natural and peaceful surrounding. Groups of trees and undergrowth will have a natural appearance with a cut grass edge with the trees and shrubs acting as a soft visual buffer for neighbours and those attending funerals. A footpath is proposed to link the golf course boundary and burn paths.

The proposed west extension will also be a traditional open grass cemetery with back to back rows of headstones and a remembrance garden for cremation memorials. The existing gates and entrance will be refurbished with a low wall and hedge proposed between the cemetery and the park.

Members were advised that a biodiversity survey had been undertaken and although one tree which housed bats and another which housed red squirrels would both be removed; the other trees would remain as PKC are keen to enhance the surroundings for animals.

The consultation process will last for a few weeks with planning applications being made as soon as possible after this. It is likely to be the end of the financial year before work starts properly but extra tree work will commence in January, to avoid the nesting period.

In response to a question from Cllr Cuthbert, Willie Greig advised that PKC do not provide benches or plaques and the public are encouraged to provide these themselves (cost approx. £800).

Another issue which was raised was a lack of water taps and bins and Willie Greig agreed to organise additional bins. Taps however were more difficult as they were regularly vandalised but he would look at introducing water butts connected to the buildings in the cemetery.

Any further questions should be directed to Willie Greig as soon as possible. Members thanked Steven Kane and Willie Greig for their informative presentation.

Resignation of Secretary

Following the resignation of Eileen Thomas, members were asked to volunteer to replace her as Secretary. As there were no volunteers at the meeting it was agreed that this would be discussed in more detail at the next meeting.

A volunteer was also required to fill the position of Data Officer which Cllr Cuthbert agreed to do.

Matters Arising from Previous Minutes

War Memorial Rail: it was confirmed that the railing should be in place by the end of the week.

Dog Mess: Cllr Mackay advised that she was still spraying dog mess when it was found.

Clock: no update available. To remain on the agenda.

CC Boundaries: a consultation is to be carried out by the Community Councils. There were concerns raised over this as the CCs do not have a budget to cover this. Cllr Purves accepted this point but commented that the onus was on Portmoak CC (as they had made the original suggestion) to lead on this. Cllr Purves will ask for clarification.

Community Investment Fund: Cllr Purves advised that guidance had been issued in respect of the criteria to be followed with scoring to be done by a Panel. Scores would then be aggregated before a final decision was made. Cllr Bryson asked whether this guidance would be put into the public domain and Cllr Purves agreed to ask for this to be uploaded onto the website. It was also agreed that an advert would be placed in the *Newsletter* to give groups the opportunity to apply for funding.

Cllr Bryson enquired as to whether the Panel's decision was still subject to approval by the Corporate Policy Committee. Cllr Purves advised that the Chair and Lead Officer sign the recommendations which are then submitted to the Strategic Policy and Resources Committee for approval.

Myre Park: Cllr Purves had requested an update at a recent meeting but had received no response. He will go back to D Stubbs.

School Holidays: Cllr Purves reminded the CC of the proposal around aligning school holidays to Tayside and Angus. The CC felt it was necessary to be conscious of other areas and that there was no reason why Kinross could not align with Fife



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and the rest of PKC with other areas. Cllr Purves confirmed that PKC had made the decision to align school holidays with Tayside and Angus and that this alignment would come into effect from 2019.

Kinross Town Centre Regeneration

Review: no response had been received in respect of the request for another review.

20mph Signs: signs had been delayed due to a lack of brackets. Cllr Purves confirmed that he had requested that this work be undertaken.

Old Causeway Car Park: work has been completed and a big improvement has been made.

Electrics: this issue has not been resolved.

Coventry Place: issue being dealt with by Cllr Robertson – no update available.

Wilson Court: a number of similar issues had been identified but it was confirmed that information signs would be positioned in the next few weeks.

Avenue Road and Talla Park: the proposal indicated that five parking spaces (possibly seven) would be lost with the implementation of double yellow lines. It was agreed that a letter of objection would be sent.

KCCNL Charitable Fund Donations

Cllr Davies advised that 10 applications had been received with eight being successful. All applicants had been advised accordingly. Grants totalling £5013 had been awarded:

- Kinross Scottish Craft Circle £263
- Kinnesswood in Bloom £500
- Kinross Men's Shed £250
- Kinross Camera Club £1000
- Kinross Tennis Club £1000
- Light Up Kinross £1000
- KCC – War Memorial £400
- Kinross & District Rotary Club £600

Provost's Lamp

The lamp is currently in Perth for safety and refurbishment. The item is to remain on the agenda for the next meeting where discussion will centre on where to position the lamp, although it was felt that it made sense to have the lamp positioned on PKC property.

Kinross-shire Forum Meeting

Common Good Fund: a replacement member was required and Cllr Cuthbert volunteered, as he had previous knowledge of the Fund.

Planning Matters

New Planning Applications

18/01807/IPL: Residential development (in principle) at land 20m sw of 16 Curate Wynd.

18/01827/FLL: Extension to dwelling house, 79 Lathro Park.

18/01863/FLL: Erection of dwelling house, land 80m north of wood of Coldrain Farm Cottage.

18/01914/PNA: Extension to agricultural building at Gellybank Farm.

18/01935/FLL: Change of use of agricultural land to garden ground, erection of a garage/workshop/store and formation of vehicular access at Ardgairney Cottage.

18/01913/FLL: Change of use of retail shop (class 1) to dwelling house at Tack Room, Tillyochie House, Balado.

18/01888/FLL: Formation of vehicular access at 38 Montgomery Street.

18/01877/LAW: Extension to dwelling house (proposed), 2 Leven Place.

18/00013/PAN: Residential development on land 300m north west of Lathro Farm.

Cllr Colliar advised that there would be a consultation exercise by Persimmon Homes on 10 December 2018 between 3 and 7pm at Loch Leven Community Campus in respect of this pre-notice application.

18/01725/FLL: Alterations and extension to dwelling house at 9 Sunnypark.

Cllr Freeman requested that someone speak to Dave Littlejohn to ask him to update the contact details for the Community Council. Cllr Purves agreed to do this.

Planning Applications Determined by PKC

18/01505/LBC: Alterations to Kirkland Hotel, 20 High Street, approved.

18/01315/IPL: Renewal of permission 15/00669/IPL (Erection of holiday accommodation units) (in principle) at land 250 metres south of Gellybank Farm, approved.

18/01292/ADV: Display of signs at 4 MacDuff Place, approved.

18/01666/FLL: Extension to dwelling house at 3 Highfield Circle, approved.

18/01608/FLL: Alterations and extension to dwelling house at Westhall 194 High Street, approved.

18/01546/FLL: Alterations and extension to dwelling house at Broom Cottage, 17A Broom Road, approved.

18/01483/FLL: Erection of a garage and fence at 244 High Street, approved.

18/01350/FLL: Erection of a dwelling house at land 30m north east of 43 High Street, St Ronan's Drive, approved.

18/01425/LAW: Extension to dwelling house, 3 Hopefield Place, approved.

Former Kinross High School Site

It was confirmed that the Bond was still in place with no changes.

Cllr Davies asked for an update on the timescale for the work on the building to be completed as it was now over-running. Although Cllr R Watters ran through the timescales for each piece of work, Cllr Purves agreed to ask for a revised plan.

Reports from Perth & Kinross Councillors

Cllr Watters advised that an issue had been raised in respect of wheelchair and scooter users being unable to access shops and that following discussions with Access Partnership and Inclusive Living Perth, bells and portable ramps will be supplied to those shops in Kinross-shire who wished to participate in the scheme. Stickers will also be made available to shops to advertise that they participate in the scheme (cost around £1000 - £2000). SPARKS have been asked to take ownership of the Scheme.

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The Complete Joinery Service

An open meeting has been organised by the Tourist Forum to gather interest in the possible creation of a 'Heart 200' route (similar to the North Coast 500) for tourists. The meeting is being held on 21 November 2018 in the Green Hotel with all local businesses invited to attend.

Cllr Purves advised that the official opening of the Primary School would be held on 22 November at 9.30am. **Cllr Freeman** has been invited but is unable to attend and it was agreed that Cllrs Mackay and Davies would attend. Cllr Freeman agreed to forward the invitation to them.

Reports from CC Representatives

Cllr Colliar advised that an appeal had been launched for scooters for use around the Loch.

Cllr Colliar reported that the Kinross partnership had made an offer of free advertising in the jointly owned Kinross CC website. This had been made without any reference to Kinross Community Council and it was agreed that this was not acceptable, especially given the desperate need to address the viability of this jointly owned project. It was agreed that Cllr Colliar would write in the strongest terms with our displeasure at both the offer itself and the lack of prior agreement.

Correspondence

Cllr Freeman had circulated a summary of the main communications received since the last meeting. Four pieces were specifically highlighted:

- Five-year library strategy consultation
- Community council email addresses – a concern was raised around GDPR
- Temporary road closures in Carnbo and Glenfarg
- Complaint re abundance of red poppies – this item of communication was discussed and it was felt that although the complainant was entitled to their view, the Community Council did not agree with it. It was agreed that Cllr Purves would respond to the complainant.

Any Other Competent Business

Windlestrae Hotel – Cllr Purves had been contacted by a concerned resident with regard to trees on the site of the hotel nearby which had been 'marked'. The resident was asking whether this was to do with felling and whether a TPO could be requested. Cllr Purves confirmed that the trees which had been marked were to be retained/pruned. Cllr Purves was asked to check whether the hotel was in the conservation area (it is not) and he agreed to reply to the resident.



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Action Partnership

Cllr Cuthbert enquired as to whether the minutes of the meetings would be circulated and those present were advised that the minutes were included in the *Newsletter* and were on the website. The date of the next meeting is to be circulated.

New Members

Cllr Jack confirmed that an advert for new members to join the CC had been placed in the *Newsletter*.

Remembrance Sunday Parade

Cllr Freeman confirmed that he would be representing the Community Council at the Memorial at the Court House on Sunday 11 November. Cllr Watters would also be attending. Cllr Mackay advised that she had received a request for a piper to play at the Memorial at 6am on Sunday. It was agreed that this was a National day and therefore not a Community Council decision – if the piper wished to play at that time then it was up to them.

Loch Leven Community Campus Utilisation

Cllr Purves advised that discussions were being held this week in respect of the utilisation of the Campus and there was a need to gather as much information as possible in order to get the best outcome. Cllr Bryson advised that he had previously asked PKC if the community council could use the campus for meetings at a lower cost than existing charges (or zero) as these were costs being funded from the PKC. PKC had indicated that this matter would be covered in the review of campus charges that they are going to undertake. Cllr Bryson requested that Cllrs followed this up to ensure KCC's use of the campus is on the remit of the review. It was suggested that the review should include some level of consultation with patrons, and in the case of the Community Council, we should be offered the chance to make our case for a different charging structure. Cllr Purves was asked to confirm that both the above would happen.

The discussion also covered Community Council representation at Community Campus Management Group meetings. Cllrs hoped we would be represented at any meetings.

Grit Bins

Cllr Freeman raised the issue of grit bins by the school and the Community Council were advised that the only way to get a bin in an area was to remove it from another location. Cllr Purves would confirm that this was the case with PKC.

Hedges/Drain at Springfield corner

Cllr Freeman advised that the hedges at Springfield corner were starting to encroach onto the paths. Cllr McKay mentioned that a drain on the corner of Springfield Road/Wilson Court was deteriorating. Cllr Purves would report these issues.

The next meeting of Kinross Community Council will be on Wednesday 5 December 2018 at 7.30pm in the Masonic Hall, Muirs, Kinross.

Kinross CC minutes and agendas are posted online at:

www.kinross.cc/cc.htm

You can also follow Kinross CC on Facebook at:

[www.Facebook.com/KinrossCC](https://www.facebook.com/KinrossCC)

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Milnathort Community Council News from the November Meeting

In attendance at the meeting held on Thursday 8 November 2018 were: (Cllrs) C Williams (chairman); C Flory (vice chairman/secretary); E Kirkham (treasurer); C Lawson and M Leach; P & K Councillors (Cllrs) R Watters and C Purves; minute-taker E Rougie and 14 members of the public.

Apologies were received from Cllr W Robertson.

Police matters: No police were in attendance but it was noted that there had been a break-in to a property in North Street.

Guest speaker: The chairman welcomed Bouwien Bennet of KLEO (Kinross-shire Local Events Organisation), who outlined some of the activities organised by the group. KLEO depends on grant funding and always welcomes new committee members and volunteers. Following discussion, CCllr Lawson advised that the proprietor of the Thistle Hotel would be prepared to accommodate a street market in the hotel's car park should this idea be taken forward.

Matters arising

Repairs: Cllr Purves reported that the drain cover outside the Town Hall and the street lights in Burleigh Road had been fixed, but he was still awaiting a response regarding the flooding issue at The Stackyard.

David Drysdale bequest: CCllr Flory advised that it had been decided to contribute to Milnathort in Bloom; Milnathort Primary School (towards a sensory garden and a quiet reading area for children with additional needs); Milnathort PTA, and soundproofing for the Town Hall. Following a lengthy discussion, it was agreed to contact PKC's community safety team to find out more about installing CCTV in the village. The CC would have to fund the equipment but once installed PKC would take over its maintenance.

Comments from the floor

Police: A member of the public expressed disappointment at the police's lack of attendance at MCC meetings. They had only attended four times in the space of two-and-a-half years. It was agreed to request the presence of the police at future meetings.

Planning matters

Applications submitted:

Proposal of Application (PAN) on behalf of Persimmon Homes for phase two of the Lathro Meadows development. A public consultation event will be held on Monday 10 December, 3pm-7pm in the ICT Suite at Loch Leven Community Campus.

Applications determined:

Extension to a house in Mill Lade; alterations to a house at Mawcarse (both approved).

Pace Hill access: Cllr Purves advised that he had asked PKC to carry out a traffic management plan amid concerns about heavy traffic in North Street as a result of the Pace Hill development. He is awaiting a response.

Persimmon site: Cllr Purves said there will be two entrances to the Lathro Meadows site, i.e. the existing one and one off Gallowhill Road. Land between the site and Milnathort will be turned into a country park to provide a buffer zone.

New matters and correspondence

Daniel Webster has offered to sponsor a Christmas tree.

Road issues: A member of the public asked if a speed bump was to be installed in Back Loan. Cllr Purves will add this to the list of desired works to be taken forward to the council's budget meeting in February.

Potholes: CCllr Leach said there are ongoing issues with potholes in the village and Linden Park Road needs resurfacing. It was agreed that the CC will send a list of suggested repairs to Cllrs Purves and Watters to follow up. In the meantime, the public can report such issues to the council via the MyPKC customer portal.

Footpaths: Cllr Purves has reported the poor state of the footpath in North Street.

Burleigh Road: CCllr Kirkham reported that the residents of the Stackyard had asked if a 30mph sign could be installed for drivers leaving the village as three red squirrels had been run over and killed on that section of Burleigh Road in the last month. It was also a crossing place for walkers using the track. Cllr Watters will follow this up, while Cllr Purves will investigate the possibility of installing a 'people crossing' sign.

Town Hall: A letter had been received from the Town Hall Committee advising that more office-bearers were needed.

Youth club: Plans are afoot for establishing a youth club in Milnathort.

Carols: Leven Voices will sing Christmas carols at The Cross on 19 December.

Speakers: A representative from the campus library will be in attendance at the next meeting of MCC. Alisdair Stewart of Aerospace Kinross will be the guest speaker on 14 February.

Presentation: A floral presentation was made to CCllr Kirkham, who has resigned as treasurer. The chairman expressed his thanks for her contribution to the MCC. More members are required.

The next meeting of Milnathort Community Council will be held on Thursday 13 December at 7.30pm in Milnathort Town Hall. Members of the public are invited to attend.

Find Milnathort CC minutes, agenda and other information at:

- www.milnathortcommunitycouncil.org
- www.facebook.com/milnathortcommunitycouncil
- twitter.com/milnathort_cc
- Loch Leven Community Library
- Milnathort Church Office

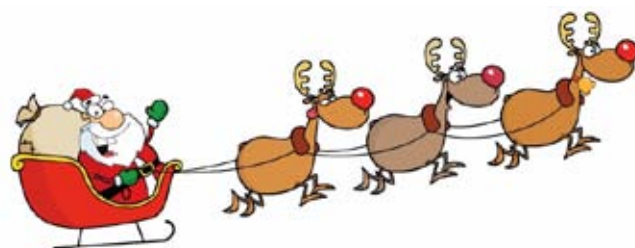


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Portmoak Community Council News from the November Meeting

In attendance at the meeting held on 13 November were: (CCllrs): M Strang Steel (Chairman), R Cairncross (Secretary), G Cox, S Forde, D Morris, A Muszynski and T Smith; and: P&K Councillors (Cllrs) C Purves and R Watters; Community Sergeant Robert Hogg, and 2 members of the public.

Apologies: CCllr B Calderwood; and P&K Cllrs M Barnacle and W Robertson.

The Chairman welcomed CCllr Graham Cox to his first meeting.

Matters Arising:

School Access: policy on parking and safe access routes for children. The CC noted that white lines on roads in the vicinity of the school had recently been refreshed but that that had had no impact on the principle concerns of access to the school for larger vehicles and of improving safety provision for children in the vicinity of the school. The CC had written to Cllr Angus Forbes (Convenor of the Environment and Infrastructure Committee) on 22 October detailing its concern that PKC had failed to respond to its requests to progress the matters of parking in the vicinity of the school and of safe access routes for children. Cllr Purves confirmed that there was a draft paper in respect of access issues in preparation but that child safety matters had not as yet been addressed. He would pursue the matter. The CC reiterated its request that it be invited to comment beforehand on any paper going before the Environment and Infrastructure Committee.

Footpath from Scotlandwell to the Church, Hall and beyond: The Chairman reported that, in response to PKC's request that the CC approach the relevant landowners about surveying possible routes for an improved footpath, the CC had done so and awaited replies. The safety of the current footpath for users of all ages, and particularly children, remained a significant concern. The CC noted that the public service bus provided to take children between Scotlandwell and the school was not popular with parents, many preferring to drive their children between school and home. The roadside footpath had been categorised by PKC in the past as an unsafe route for children to use to get to school and safety had not improved since.

Resilience: Being better prepared for risks. Community Emergency Plan. CCllrs A Muszynski and G Cox reported that they had participated in both national and Perth-based meetings aimed at supporting the development of Community Emergency Plans. A number of key groups associated with national/regional emergency planning and who could provide local support were identified. There were a number of practical steps a local Resilience Group could follow in taking forward its Community Emergency Plan. A key element could be to build on the SSEN vulnerable/at risk registrar. It was not thought that this would be restricted by data protection regulations. The police indicated their support in establishing a local Community Emergency Plan and arrangements were in hand to develop a Portmoak-based plan. A meeting aimed at securing interest in a local Resilience Group would be held shortly.

Review of Scheme of Establishment of Community Councils. The CC had yet to comment on the proposed changes to the Scheme but would do so shortly. Separately the CC would contact both Milnathort and Kinross CCs to explain their

proposal that an arrangement be introduced to include Loch Leven within the respective CC boundaries. Cllr C Purves would clarify with PKC if there were any difficulties in pursuing that goal.

Moss Road Car park. The Chairman would take forward matters in pursuit of securing title to this car park.

Whitecraigs redundant land plots: Approximately eight or so plots across the Whitecraigs estate which had remained in the ownership of A&J Stephen had, with the departure of A&J Stephen, been transferred to the ownership of PKC. There was a commitment that PKC would be responsible for their maintenance. The plots were diverse in nature and the maintenance programme, which would start in the spring, would have to reflect that diversity. The CC would approach PKC to identify an officer who would meet with the Whitecraigs residents to explain the maintenance programme.

Community Investment Fund, 2018/19 2019/20: The CC noted the opportunity to apply by February for a grant of up to £50,000 in each two years to fund or part fund projects within the Kinross-shire Ward. The Kinross Action Partnership would determine the disbursement of the funds. The CC recognised that a priority could be to improve rural transport. As this was likely to be a pan Kinross-shire provision it would support such an initiative. Separately CCllr S Forde would look at the possibility of providing a local/Portmoak bus (including costings) which could also undertake school transport.

Portmoak Cemetery: how to respond to community interest. The current Portmoak cemetery was now full. Yet there was continuing interest in being buried in Portmoak.

Police Report: The CC welcomed Community Sergeant Robert Hogg. He reported that there had been little local crime but that rural and agricultural crime was at a significant level across the border in Fife. Residents should be vigilant and not invite theft. The police would welcome being contacted about suspicious vehicles and could respond quickly. In doing so always, if at all possible, record the vehicle's registration number. Resilience: The police would cooperate with and support the development of a Kinross Community Emergency Plan. The CC noted the Area Commander Bulletins of 10, 17, 24 and 31 October, and of 7 November.

Treasurer: The balance at the month ending 31 October was £655 in the General Account; and £1144.12 in the Michael Bruce Way Account giving a total of £1,799.12. The new 'Holding Account' No. 3 held £1500.



New planning applications:

18/01808/FLL Cobbleside, The Cobbles Kinnesswood. Installation and replacement of windows and doors. No comment.

Progress with Developments:

17/02227/FLL. Levenmouth, Scotlandwell. Erection of two houses. The CC had written to Cllr Roz McCall (Convenor, Planning and Development Management Committee) on 12 April 2018 but had yet to receive a substantive reply. The matter concerned the CC's view that the planning decision should have been made by the Planning and Development Management Committee and not delegated to a planning officer.

18/00667/FLL. Former Lomond Inn, Kinnesswood. Erection of a dwellinghouse. The CC had written to PKC Planning department on 20 October raising concerns that the site was being left to degrade. It had received a helpful reply on 26 October explaining the situation coupled with a commitment to write to the site owner to establish the current position.

FIFE 18/18/02342/ARC Westfield, Energy Recover Facility: To receive response from Scottish Ministers. The CC had written to Scottish Ministers on 16 October seeking an explanation of current Government strategy for waste management in Scotland and how there is a requirement for the proposed facility within that strategy. Scottish Ministers had replied on 6 November providing an explanation with the conclusion that more EfW capacity is required and that the market continues to respond to that requirement. (Correspondence can be found on the CC's website www.portmoak.org under 'current issues'.)

Roads: To note progress with the Roads Report for 2018 and: a) sign missing at Scotlandwell – PKC had arrangements in hand to replace the sign; and b) hedge at Friar Place – visibility for drivers.

Paths Group: To note progress with work programme for 2018. Cllr T Smith reported that: 1) PKC was working with the Paths Group to improve access along the original Dryside Road from Easter Balgedie through to Glenlomond and beyond; and that 2) a third and final 'flail' cut for this year would shortly happen at Peat Loan.

Councillor Reports:

C Purves: Funding was in place to introduce 20mph zones across Perth and Kinross within the current financial year. The intention is to "trial" four sites across Perth and Kinross and, although not confirmed, one of which could be Kinnesswood. The 20mph limit would apply to all roads within the settlement.

R Watters: The Kinross Action Partnership was sponsoring a project to improve accessibility across Kinross-shire through the introduction of 'ramps and bells' which would assist disabled residents. Given that the pavements in Portmoak were often too narrow for wheelchairs there may be limited opportunity to take this forward in Portmoak. The owners of the Balgedie Toll, Kinnesswood Shop, the Village Hall and the Well Inn might consider if there was any place for improvement.

Perth and Kinross Tourist Forum were planning to introduce and market 'Heart 200' – a routing for visitors to follow across Perth and Kinross. There would be a meeting to explore this on Wednesday 21 November at 6pm in the Green Hotel. Anyone interested should attend.

Other matters raised: The CC noted that PKC would by the end of the year withdraw the generic PKC email address it provided for forwarding emails to individual community councils. CCs would therefore require to establish their own email addresses and to notify PKC accordingly. The CC had the matter in hand.

AOCB: It was reported that the Scotlandwell children were now being charged for use of the 201 service bus designated to take them to school. The introduction of fares for children using such a service appeared inequitable and could have adverse consequences, particularly as PKC has an obligation to provide means for the children getting to school, in the absence of a safe pedestrian route.

The next meeting of the Portmoak Community Council will be held at 7.30pm on Tuesday 11 December in Portmoak Village Hall.

Portmoak CC minutes can be viewed:

- on the notice board in the village hall
- in a file in Kinnesswood Village Shop
- on the website www.portmoak.org

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Fossoway and District CC News from the November Meeting

In attendance at the meeting held on 6 November 2018 were: (CCllrs) C Brown, J Donachie, T Duffy, C Farquhar, G Pye and associate member T Carroll; P&K Councillors (Cllrs) M Barnacle, C Purves and R Watters; and seven members of the public.

Apologies: CCllr A Cheape; P&K Cllr W Robertson.

Police report: Unfortunately, no officer was able to be present. There was one incident to note since the last CC meeting from the Commander's Reports received via Perth and Kinross Community Watch. Between midnight on Wednesday 1 October and 6.30pm on Wednesday 3 October entry was gained to a vacant hotel premises in Blairingone. Additionally, there was a break-in at Easter Muirhead stables at the end of October – no further details at the moment.

The CC has been contacted by the police to announce that the Speedwatch programme may be resurrected, we have responded positively but there are no details as yet.

A MoP asked whether sheep worrying had been mentioned in the Report, another MoP added that he was aware of two recent incidents both of which have been reported to the police.

Blairingone pavement parking – Cllr Watters spoke to police and they checked but didn't find any reportable incidents.

Matters Arising

Blairingone School Estate Transformation: Cllr Watters reports that the responses are being collated; the Lifelong Learning Committee must then review the proposal before it is sent to the Scottish Government. Cllr Barnacle has been told that the Scottish Government's executive agency Education Scotland has visited the school, and will also produce a report to be submitted to PKC.

Crook and Drum Growing Together: CCllr Duffy reported that the unpaid work team have been planting daffodil bulbs. There will be a wreath-making workshop on 9 December as a fundraiser. The group is not planning to enter many competitions next year.

Powmill in Bloom: CCllr Farquhar reported that it's a quiet time; upcycling of a trailer and crates into planters is in progress ready for next year. Members of the bloom groups are to attend a meeting with the organisers of the Best Kept Village competition on 21 November.

Hydro Scheme: The Rumbling Bridge Community Hydro Society is selling more shares in order to acquire more capital. Local residents are encouraged to apply: <https://rumblingbridgehydro.coop/>. The Society is looking to

purchase a small area of land which is currently rented to reduce ongoing costs.

A MoP noted that there is still some tidying up after the construction work to be done. CCllr Duffy will pass this on to Hugh Wallace.

Cllr Barnacle was recently in discussion with residents of The Old Station about a possible adoption. However, they're concerned about a serious drop from an embankment adjacent to the pipeline route. Cllr Barnacle has asked Hugh Wallace to consider installing some sort of safety barrier.

Crook of Devon Bridge: George Lawrie from TRACKS updated the meeting on the progress towards the replacement bridge. Reusing the previous location would require construction in the river bed which is now deprecated by SEPA, and in any case the new bridge needs to be 600mm above the 200 year flood level which would be difficult to achieve there. So other sites were examined during a site visit and a position about 75m west looks promising (by small gate from Naemoor Road) which would require an 18m span that can be readily achieved. Other locations would probably result in stairs or long ramps since the bridge would have to be high up and would need extra paths to be created. In answer to a question, George Lawrie explained that the previous site was not impossible, but would be much more expensive. Initial estimates from the same company used for the Millennium Bridge are approximately £13k for an 18m bridge kit 1.5m wide, including 1.4m high parapets as there is quite a big drop to the river. About twice as much again would be needed for assembling and installing the kit.

The proposed bridge would not be up to PKC's engineering standards so it's unlikely that they would take on the maintenance in the future, so finance for that would need to be ensured. George Lawrie thinks it might be possible to get some initial funding from the Forestry Commission. PKC have recently done some work on the existing bridge, and they may contribute some money to help with paths on north side which need improvement.

Cllr Barnacle has spoken to the relevant landowner and obtained permission for access across their land for construction vehicles. A MoP asked about another part-built bridge – George Lawrie replied that its position was such that connecting accessible paths to it would be very difficult. The new bridge would also need planning permission from PKC and a CARS licence from SEPA. Cllr Barnacle reminded the meeting that this bridge would restore the Millennium Path, which is part of the Core Path Network.

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Fossoway Gathering: Cllr Barnacle has spoken to some of the neighbours around the proposed site to gather any concerns. A MoP asked if there is still an opportunity for other organisations to take part in the Gathering; Cllr Duffy replied that all are welcome. Cllr Barnacle reminded Cllr Duffy that an application to PKC for use of the field needs to be submitted by the CC as lead organisation.

Blairingone War Memorial: Cllr Barnacle hopes that the Planning Application for a modified vehicle access will be recommended for approval this week, although the applicant has not so far submitted a corresponding listed building application.

Carnbo VAS: Cllr Robertson has progressed the implementation of the VAS in Carnbo, with the post being erected on 23 October. Cllr Purves has also been closely following this but doesn't think that the sign will be added until early next year. Hopefully next year's budget will allow an additional sign to be added at the other end of the village.

First World War Centenary: Cllr Barnacle has ensured that no works will be taking place on the A977 during the weekend. Various activities have been organised with local schools, reading of names, and an exhibition of memorabilia. Jean Scott Moncrieff's great-grandfather was killed at Gallipoli in 1915, and she will be planting a Beech tree on Crook of Devon Green to mark the centenary of the Armistice.

Fossoway Area Transport/DRT: Cllr Watters reports that the service has provided 800 journeys this year, but now that one of the taxi companies has left the scheme its viability has been put at risk. The DRT scheme costs about half the amount that running a bus service like the 201 route would cost. Cllr Watters has also asked PKC Officers to investigate measures to promote new taxi companies. Cllr Barnacle has been looking into provision of a Community Transport Group that would have charitable status and cover Fossoway and Milnathort.

Matters Arising with no update since last meeting: Crook Moss Travellers Site, Lambhill, A977 Mitigation, Ivy Cottage Powmill, Powmill Play Park and LDP2: No information at present.

Community Council Business - Meetings Attended

Sports Hub: Cllr Farquhar reported that activities promoted by the Hub are proving popular. CPR Training has been organised recently and was very well attended. Although there are now defibrillators at Carnbo and Crook of Devon, they need to be installed in the other villages too. Cllr Farquhar will progress this goal – First Responders and SSE were suggested by those present as possible sources of funds.

Roads & Bridges Show: Cllr Pye attended this event where there were presentations about Integrated Traffic Systems – in the long term it's intended that there will be systems that combine different transport systems, train, bus, car-sharing, etc., using social media to enable users to assemble journeys. The Scottish Government is preparing legislation to allow Councils to create Low Emission Zones.

P&K Councillors' Reports

Mike Barnacle: PKC has agreed to assist residents of Crook Moss with power and drainage connections, so Cllr Barnacle has asked if the six houses in Drum not currently on mains drainage could be helped too. The two caravans in the paddock are still there, Cllr Barnacle is expecting a planning application to extend the site to be submitted soon.

The work at the School Road junction on the A977 is in progress. Although there have been some local objections to the work, Cllr Barnacle supports the proposed changes based on wider consultation. The new traffic lights will be permanently red unless there are no pedestrians present, which should improve safety. The current traffic lights will be temporarily covered once the new ones are in place to see if both are needed, and they will be removed if not. BT cabling moves required to perform the works are proving more complicated than expected so they are currently holding up work on the new path. A MoP asked about pedestrian safety on the new path, will there be barriers? Cllr Barnacle replied that as it's not on a bend, unlike the existing path, it should be safer; in addition the new traffic lights will prevent vehicles passing pedestrians at speed.

The footpath from Claysyke Steading to the primary school track has needed clearing for a long time, and enforcement action is now taking place.

Callum Purves: PKC's 20mph policy is being implemented, but rather more slowly than our local Councillors would like. There is currently proposed to be a trial in four areas, but none of them are to be in our area in the short term.

The Digital Learning Strategy recently approved by the Lifetime Learning Committee includes improvements that particularly affect rural schools, for example improved broadband, training, etc. There is also a plan to deliver high school subjects that are not available locally by remote access.

Richard Watters: A Drum resident who cuts a lot of the local grass currently has to pay for two brown bins to dispose of the cuttings, which may mean he stops doing it. Perhaps the Bloom Group could take over ownership of one of them so he doesn't have to pay. Cllr Duffy agreed to arrange for that to be done.



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Planning Matters

18/01783/FLL Change of use from agricultural land to garden ground at Jansfield. No CC comment.

18/01855/IPL Renewal of permission 15/01110/IPL (residential development in principle) at Land 100 metres North West of Schiehallion. No CC comment.

18/01925/FLL Alterations and extension to dwelling house at 1 Mossend Green, Powmill. No CC comment.

Decided applications

18/00/FLL Extension to dwellinghouse, 7 Moubray, Crook of Devon. Approved.

18/01420/FLL Siting of a static caravan, Easter Muirhead, Blairingone, Dollar. Approved.

18/01389/FLL Erection of Dwelling house, Land 100 metres South East of Briglands Lodge, Rumbling Bridge. Approved.

18/01493/FLL Change of use from dwellinghouse (class 9) to residential care home (class 8) Soroba House, Main Street, Blairingone, Dollar. Approved.

18/01537/FLL Renewal of permission 14/01179/FLL (Change of use and alterations to former steading to form a dwelling house) Former Steading, Solsgirth. Approved.

Correspondence: All correspondence was available for viewing: Gelvan Muir Road in Carnbo was due to be closed from 1 to 4 November – this was posted on the CC's Facebook page when received.

Culture Perth and Kinross are seeking input on the future of the library service over the next five years – comments can be made at: www.culturepk.org.uk/about-cpk/librariesconsultation/

AOCB

Braehead works are being done at last, but part of this work has resulted in the bus stop being moved. It seems that local

residents were not consulted about this. Cllrs Barnacle and Purves will look into this.

There will be an Open Forum on 21 November at 6pm, where the definition of a new tourist route called Heart 200 will be proposed.

Draft Agenda for Next CC Meeting

Welcome and Apologies, Declarations of Interest, Community Policing, Minutes of last meeting.

Matters arising: Blairingone School Estate Transformation, Crook & Drum Growing Together, Powmill in Bloom, Hydro Scheme Fund, Fossoway Gathering, Blairingone War Memorial.

Community Councillors: Meetings Attended, PKC Councillors' Reports, Planning, Correspondence, AOCB

The next meeting of Fossoway & District CC will take place on Tuesday 4 December 2018 at 7.30pm in Fossoway Primary School. All welcome.

Fossoway & District CC minutes are posted on the website

www.fossoway.org

and on their Facebook page, along with other community related information. Search for Fossoway & District Community Council on Facebook.

Cleish & Blairadam CC

The most recent meeting of Cleish and Blairadam Community Council was held on Monday 26 November at the Tabernacle Hall, Keltybridge, as the *Newsletter* was printing. Minutes of this meeting will be available to view at www.cleishandblairadam.org.uk.

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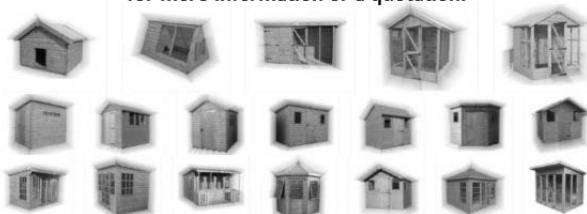
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Club & Community Group News

Portmoak Community Woodland

www.portmoakcw.org.uk

It's probably obvious from our monthly updates that we try not to let work get in the way of play. To that end we're organising an exciting, brand new event to celebrate Robert Burns. More on that in a moment but first a brief update on our activities in the woodlands to prove we're not completely idle.

There are always lots of tasks, even in the winter, so we held a work day at the beginning of November. We were really looking for an excuse to wear our new hi-vis waistcoats (bearing our name and logo) and to eat lots of homemade cake.

One of our jobs was to remove the metal hoops that used to hold the logs alongside the path in Portmoak Moss. We hope that regular walkers and runners will notice the improvement now that these trip hazards have gone. Another was to tidy up a dangerous mess of broken glass left by someone who had raided one of the old middens in the Moss.

We do what we can to minimise risks, which is also a high priority for the Woodland Trust. In the middle of November they helped to organise first aid training for half a dozen group members. It was given by Ann McKillop of the First Aid Training Co-operative and had a focus on forestry activities. Now we're all set for our annual Christmas tree event on **Sunday 16 December** from 11am to 1.30pm. All you have to do is come and choose a tree and we will cut it down for you to take away. Come to the Scotlandwell entrance to Portmoak Moss and follow the arrows. Take a tree in return for a donation to woodland funds. There will be hot drinks and festive baking.

Now to Burns. Instead of our usual Burns Supper we are going to have a Burns Ceilidh featuring one of Scotland's best ceilidh bands and certainly the best named; Ceilidh

Minogue. The event will take place from 7.30pm on **Saturday 2 February 2019** in Portmoak Village Hall. This will be a traditional ceilidh so that, as well as dancing, there will be singing and poems (but no long speeches). Dr Bill Carr will perform his famous Address to (and massacre of) the Haggis, with secret weapons. There will be haggis, neeps and tatties, with catering by Lochend Farm Shop. We're not going for a big four course meal this year so the tickets will be just £15 each. We'll also have a bar featuring a barrel of popular local ale Bitter and Twisted. Tickets will be available at Kinnesswood Shop and from Dave Batchelor on 01592 840233 or 07740 982367.



Enjoying a Burns Supper

More information is available on our website and Facebook page. Everyone is welcome at our regular meetings on the third Tuesday of each month at 7.30pm in the Well Inn, Scotlandwell.

Kinross Camera Club

kinrosscameraclub.org.uk

We continue to have a busy programme of events during December. On 6 December we kick off with a Macro/

Tabletop Photography practical night at Sandy and Andrew Macpherson's studio in Milnathort. Then judge Stan Farrow will be assessing the entries in our Thackery print and Creative

digital competitions on 13 December. Finally, we wind up the calendar year with Christmas Fun and Games on 20 December – a chance for a bit of a laugh, some photography-related games and quizzes and a chance to see the results of some of our recent practical nights.

We meet on Thursdays at 7.30pm in the Church Centre, 64 High Street, Kinross. We also have a Digital Group which meets informally in The Inn, Crook of Devon, on the last Tuesday of every month but there's no such meeting in December – see you in January for that! Full details and the syllabus are available on the website. Please contact secretary@kinrosscameraclub.org.uk with any questions.

We look forward to welcoming new members and you can try up to three sessions for free before committing to a membership. Hope to see you along at Kinross Camera Club soon!



'Claws' by Dave Martin.

Common Grounds

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In November we were beaver-energetically for the craft stall at the Winter Festive Market/Light Up Kinross, which hopefully will have been visited by many readers. Preparations were also underway for our AGM and, with nominees for all positions, it was promising to be a positive meeting. A full report on both will appear in the first edition of the *Newsletter* in 2019.

Our Christmas raffle is underway and we are always assured of a generous number of prizes, so do remember to pop in and buy your tickets. They will be drawn on Saturday 22 December at 11.15am, with punch being served from 10.30am onwards and Christmas nibbles to follow. All welcome!

All that remains is to wish the readers a very merry Christmas and a prosperous 2019 from all at Common Grounds. We also send well-deserved festive joys to our hardworking committee, dedicated volunteers and loyal supporters. 2018 was another rewarding year only because of the team effort that defines Common Grounds. May the magic of Christmas touch you all!

Project: In the New Year we will be supporting Comfort Rwanda and Congo. This Scottish charity was formed in 1999 to support Rwandan partners in the recovery of genocide survivors. It has expanded into Congo and the aim is to encourage and support individuals and communities to transition from requiring basic care and relief through to self-sustainability. They are active in short, medium and long-term projects, including those in housing, agriculture, education, street kids, vocational training and handicrafts. More information is available on our website.

Our opening hours are still 10am to 12.30pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are Elspeth Caldwell (Convener) on 01577 863350 and Linda Freeman (Secretary) on 01577 865045.

Kinross-shire Historical Society



On 19 November, Kinross-shire Historical Society enjoyed a really interesting illustrated talk. Joe Fitzpatrick from Falkland Stewardship Trust talked about the archaeology done in 2017 on East Lomond, following work done in 2014 by The Living Lomond's Project. The work was done by local people and several Fife schools. Starting with discoveries from the initial archaeology, they now have evidence to show that the site was of great importance. Many of the finds are signifiers of local kingship. Dating of the 2014 finds covered from AD52-AD650. Going further down into the ground in 2017, the finds show earlier and continuous occupation. One of last year's discoveries was a Bronze Age kist with two sets of burned bones from 2000BC, taking the site back to a much earlier date. He explained the Roman occupation of the area and the probable relationship of the local group on the site with them.

The Stewardship Trust intend to continue to work on the site as surveys and scans which have been done show lots of structures to be investigated.

Kinross-shire 50 Plus Club



The monthly meeting is on **Thursday 6 December** when the theme is "Christmas." The January meeting is on **Thursday 3 January** when our speaker is Mr A. Stewart talking on Aero Space Kinross.

Away Days

- 13 Dec** McKinnon Mills
- 10 Jan** Mining Museum
- 24 Jan** Silverburn

The bus leaves the Green Hotel at 9.15am. Contact Mrs P Crawford, 01577 862962.

Notices:

Balance of holiday money is due in January.

Friday Walkers

- 14 Dec** Loch Leven Trail from Burleigh Sands to Findatie
- 28 Dec** No walk
- 11 Jan** Culross to Preston Island and then lunch at the Red Lion
- 25 Jan** Moncrieffe Hill

All walks leave from the Green Hotel. Contact Ian Simpson, 01577 863691.

Friday Hill Walkers

- 7 Dec** TBA
- 14 Dec** Christmas Lunch Walk (No Bus) 9am
- 4 Jan** Cammo Estate Anne/Kate 9am
- 11 Jan** Moncrieffe Hill Anne Eve 9am

Contact Pauline Watson, 01577 862685.

Activities

L.U.S.T. The slimmers meet each Thursday, 9.30am to 10.30am, in the Millbridge Hall. Contact Norma Anderson, 01577 863548.

Line Dancing every Tuesday and Friday at 10.30am in the Millbridge Hall. Contact Betty Fergus, 01577 866961.

Keep Fit class meets every Monday at 2pm in the Masonic Hall. Contact Val Oswald, 01577 864020.

Craft Group meets Wednesday at 2pm in Millbridge Hall. Contact Elizabeth Smith, 01577 861387.

Fly Tyers meet each Monday in Millbridge Hall. Contact Alastair Ford, 01577 861722.

Carpet Bowls: Meet Monday at 2pm in Millbridge Hall. Contact Helen Duncan, 01577 863248.

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**Contributors – please send your item
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Boys Brigade and Girls Association and Scouts

The busy season continues with our local company. The 1st Kinross Boys Brigade were on parade for the local Armistice Parade. Two youngsters had parts to play in the morning service at Kinross Parish Church prior to the march for the ceremony at the war memorial. Three Company section members were wearing Perth Battalion medals on the parade. These were the Ralston medal for drill and two Scripture Search medals for Target and Senior winners.

The Company Christmas Coffee Morning takes place at the Church Centre on

Saturday 1 December with all the usual stalls, raffle, lucky dip and so on. Tickets priced at £2 can be obtained from any member or you can pay at the door as usual.

The Battalion swimming gala for juniors and company section members takes place at Perth Leisure Pool on Saturday 1 December with races due to start at 2pm.

The Battalion Carol Service for junior members will be on Friday 7 December and the Battalion Christmas Party for anchor members takes place at Craigie Church Hall on Saturday 8 December.

The whole company will be attending the annual pantomime at Dunfermline's Alhambra Theatre on Friday 14 December. This will be the last meeting of the year. All sections will resume on **Friday 11 January 2019** after the Christmas break.

There are still a few vacancies in anchor, junior and company sections. We cater for boys and girls aged between the ages of 5 and 18. Contact Company Captain David Munro on 01577 862126 for further details.



Preparing for the Armistice Parade



The colour party outside the Parish Church prior to the service

Kinross-shire U3A

Our guest speaker in November was Steve Liscoe from Fife Council's archaeological unit. He gave an in depth description of what has been found in the depths around our coast.

For December, we are looking more skywards and beyond, with Alisdair Stewart talking about the Aero Space Kinross project. As usual, it's on the first Tuesday of the month (December 4), starts at 2.30pm, and is in Kinross Parish Church.

With this being the bumper December issue of the *Newsletter*, I should also like to notify people that January's U3A meeting will unusually be held on the **second** Tuesday of the month, namely **Tuesday 8 January 2019** for obvious reasons. The time and venue remain the same. The speaker will be George Sutherland talking about 'Travels Through History'.

Until then, and on behalf of the rest of the committee, may I wish everyone a Merry Christmas and Happy New Year.



Kinross & District Inner Wheel

www.innerwheel.co.uk

Our speaker in November was Deborah Rodgers, chair of Inner Wheel District one, of which we are part. She reminded the meeting of the broad spectrum of work undertaken by our organisation locally, nationally and internationally. It was heart-warming to hear.

Deborah's charity for her presidential year is Stroke Rehabilitation which she chose after looking after her husband who was affected by a stroke. As district chairman she is enjoying the opportunity to make new friends and renew old acquaintances by visiting different clubs.

As part of our own commitment in helping others, one of our members held a coffee morning at her home and raised an impressive amount for donation to the Indonesian Appeal Fund, a worthy cause.

The next meeting of Inner Wheel will be on **Monday 10 December** at 6.15pm for 6.30pm. Our speaker that evening will be Gwen McQueen whose topic is 'Heavenly Chocolates'. This could be an opportunity to purchase Christmas gifts, or a little treat for yourself!

For more information please contact us by email at admin@innerwheel.co.uk or visit our website.



Kinross & District Probus Club October Report



The October meeting saw a presentation by John Gilmour called 'RNLI: A Crew Perspective'. Yorkshire born John Gilmour, who is currently Headmaster at Craigclowan Preparatory School in Perth, gave the club a most interesting insight into his time as a crew member in the RNLI.

Brought up in the picturesque village of Robin Hoods Bay, John's early years living by the coast and with a father who was a sea captain meant it was highly likely that he would develop a love for the sea. This is indeed what happened and before leaving to join the Royal Navy he was a junior member of the inshore lifeboat based in his home village. After a career as a naval officer John took up teaching and settled down in the Dorset town of Swanage, where he volunteered to join the local lifeboat crew.

John recounted numerous stories of his time as a crew member, ultimately becoming a coxswain, stories of life-saving adventures, humorous boat rescues and of the characters that made up a very diverse but dedicated crew. RNLI as you may know is not government funded, and John made it very clear that it should remain that way. By being independent RNLI can, and does, equip its crews with the best equipment available. The lifeboats in service today are without doubt second to none. The crews are all volunteers and John could not praise them highly enough. They all bring different skills which helps to build a team which can cope with anything the angry seas can throw at them. Highly trained by RNLI in their new purpose-built training centre, where it's not just seamanship that is taught, but vital

training is given in mechanics, electrics, first-aid, navigation, and communications. John clearly demonstrated his love and passion for the RNLI and his respect for the many volunteers who continue to give up their time and energy to help save lives at sea.

Fairtrade

Having been an enthusiastic supporter of the Fairtrade movement for a number of years, Margaret gave the members an insight into her trips to Sri Lanka, Malawi and Kenya. During her travels, Margaret was able to gain a more intimate understanding of how important Fairtrade is to rural communities in areas often blighted by poverty, poor education and low employment opportunities.

Fairtrade is a trading partnership, based on dialogue, transparency and respect that seeks greater equity in international trade. It contributes to sustainable development by offering better trading conditions to, and securing the rights of, marginalised producers and workers.

Margaret's visit to Sri Lanka demonstrated that trade with these poorer countries does far more good than just providing aid. An example was the development of a new business utilising coconut waste. By compressing the compound it is made into blocks which are exported and used as a growing medium similar to grow bags. This process has allowed these rural communities to build a business from almost nothing. They have control of production through to distribution.

In Malawi Margaret saw the work being done to support the rice growers such as the use of new technologies like solar panels to help pump water for irrigation.

In Kenya the Fairtrade legacy was demonstrated by the support given to local communities, schools, libraries and, most importantly, a voice to the female population.

Margaret's enthusiasm for Fairtrade was clear as she encouraged the members to spread the word. She also explained that the Fairtrade charter and logo on food, clothing and other goods demonstrates that they are sourced fairly. Hopefully consumers will recognise that Fairtrade means that people have not been exploited in making and producing these goods.

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Kinross Centre

Well, it's time to get your hats and scarfs looked out as winter is here! But with the cold comes sparkly lights, carol singing, parties and a jolly man in a red suit; all wonderful, magical things.

The Centre has been very busy for the past while. The most memorable event was our visit to Pitlochry Theatre on Wednesday 17 October we saw 'Chicago' and enjoyed lunch beforehand. Everyone had a great time.

We also celebrated Halloween on Wednesday 31 October. The whole Centre was decorated like a spooky house, a Halloween themed lunch was served and, afterwards, service users joined in with some fun and games. The classic 'dooking for apples' turned out to be the favourite!

Service users loved getting out on a bus trip to Birnie Loch one bright, sunny afternoon. We enjoyed looking at the scenery and had afternoon tea outside.

The THAT (Tayside Healthcare Arts Trust) felt art work programme continues to go from strength to strength. Members enjoyed making felt poppies this month and have been wearing them proudly.

Our programme of activities is becoming popular. They include exercise classes, indoor curling, morning worship, singing group, bingo, relaxation classes, T'ai Chi and dominoes to name a few.

We are getting underway with preparations for our Christmas Fayre, Christmas Lunch and Concert and our annual Panto trip. This year it is 'Sleeping Beauty' at Alhambra Theatre. Not to mention all the other fun things that will be happening over the festive period. A craft class will be starting and participants will be able to enjoy making handmade Christmas cards.

We would love you to be involved with the Kinross Centre, either as a service-user, volunteer or as a supporter. If you would like further information please contact Nan Cook on 01577 863869.

Kinross Garden Group

After an entertaining talk from Richard and Edith Cormack (with wonderful photographs which ranged across the world), our next meeting is on **Thursday 13 December** in the **Millbridge Hall, Kinross** at 2pm. John Hancox, from Scottish Heritage Fruit, Glasgow, will give a talk entitled 'Creating a fruitful Scotland'. There will also be another chance to sign up for the summer excursions at this meeting.

Please note that there is no meeting in January as the Kinross Garden Group will meet on Thursday 10 January 2019 at 12.30pm for 1pm for a festive lunch at the Orwell Bowling Club in Milnathort. (£22 for the lunch will be required at the December meeting). There is a further chance to sign up for this at the December meeting but you can also contact Ms Caroline Anderson on 01577 864589 for more details.

Membership fees are £10 for the year and £2 for visitors. If you are new to Kinross-shire and interested in meeting fellow garden enthusiasts you will be made very welcome. Doors will be open from 1.30pm. For more details contact Caroline Anderson on 01577 864589.

Please mention The Newsletter when answering advertisements

The Thursday Group

A warm and friendly welcome awaits anyone who would like to come along to the Thursday Group which meets at 7.30pm on the first Thursday of each month in Kinross Church Centre. It offers fellowship, a cup of tea, a chat, and a host of engaging topics from guest speakers.



Gwen McQueen of Heavenly Goodies talking at a recent meeting of the Thursday Group

Chairperson Maureen Porter explains 'The Thursday Group has been around for more than 40 years and has members from all churches and from none.'

The Thursday Group grew from a Young Wives Group which met in the Manse to the Young Women's Group to the Thursday Group. Here's what is coming up in the New Year:

10 January 'Cycling Without Age - Kirsteen Ross'

7 February 'Jewellery - Gillian Skene'

7 March 'Woodland Trust - Ian Baird'

4 April 'Aero Space Kinross - Alisdair Stewart'

Tempted? Come along! Or contact Kinross Parish Church office on 01577 862570 for details.

Portmoak Hall 100 Club

October Draw

1st	No 95	Anna Garner	Scotlandwell
2nd	No 75	Robin Cairncross	Wester Balgedie
3rd	No 55	Janette McLennan	Kinnesswood

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Kinross Beavers

On the first night back after the October break the Beavers were learning about tents and knots. They also reviewed the Code of Conduct which they have all signed up to.

On the same evening, three Beavers were presented with their Chief Scout's Bronze award after successfully achieving all six challenge badges and four stage/activity badges. Congratulations to Rannoch, Sam and Ewan! Caitlin was presented with a special recognition award for being kind and helpful last term. Well done!

The start of our winter term has seen the Beavers working on their emergency aid stage one badge. They have also been getting creative by making edible bonfires and working on the photographer badge.



Caitlin with her Recognition Award



Kinross Beavers at the Remembrance Parade

On Sunday 11 November, 22 Beavers attended the Remembrance Service in Kinross Parish Church before taking part in the Remembrance Parade to the memorial at The Court House where they observed a two minute silence. There are still plenty of activities for the Beavers to do before the Christmas holidays. Visits from several local community groups are planned. The Beavers will also attend the 'Snow White and the Seven Dames' Pantomime at Perth Theatre in mid-December.

In January the Beavers will be having a sleepover; full details will be in the next *Newsletter*.

As you can see, there is a lot going on in the colony at the moment. If you would like to have the Beavers help your community group, or if you are interested in volunteering with scouting, please contact us by email at kinrossbeavers@hotmail.co.uk.

Kinross in Bloom

At our AGM and last meeting of the season, chairman Graham produced a concise report of his first year in office. He thanked everyone who helped to win our two awards in the Take a Pride in Perth and Kinross competition; a silver gilt and an endeavour award. Graham also thanked the committee for their continued assistance and support.

Treasurer Aileen submitted fully audited accounts for the year, showing that we have a fairly healthy bank balance, and after a brief overview they were duly signed off by the Chair. Many thanks to the treasurer for all her work.

Office bearers for 2019 are: Chair, Graham Barnett; Secretary, Susan Mitchell; Treasurer, Aileen Sorbie.

Winter pansies are coming along nicely and will soon be able to be planted out and an order for next year's summer plants has been sent off. Repairs to the storage hut have been completed and the polytunnel has been generally tidied. Chairman Graham's plan for posts and chain at the War Memorial has been sent off to Perth and Kinross Council for approval. We should now be able to relax for a month or two.



Thanks again to everyone who contributed in any way to our success this year.

Finally, here are the 200 Club results for November and December.

November winners: 1. No.71 Eileen Thomas; 2. No.62 Anne Porter; 3. No.6 Paul Baughan; No.20 Robert Findlay.

December winners: 1. No.1 Ian Banavies; 2 No.79 Cath Watson; 3 No.72 Fiona Todd; No.84 J and L Whyte.

Congratulations to all. We wish you all a very Merry Christmas and every good wish for a happy healthy and prosperous 2019.

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Broke Not Broken

Hamper evenings and toy collection

It has been a busy few months. Harvest time always sees a large increase in donations and we are so grateful. Thanks to everyone who has donated. We have been helping out a client who has been rehomed after being homeless and the response to our call for household items was overwhelming. Thanks to Drummond Property Management and Gutters2Glory for helping collect and deliver the items.

We have been raising awareness in the community. We met with P4b in Kinross Primary School, who then wrote us some amazing letters. We were invited to speak at Fossoway School and also to the 41 Club in Kinross. We have been supporting Emma Mitchell, doing her Duke of Edinburgh Bronze Award, and she is volunteering for us by raising awareness at Sainsbury's every Monday evening – please stop and say hello! She is giving out shopping lists of what we need and doing a great job. Our chair has been attending lots of meetings and finding out ways of helping our clients. Our Winter Warmer campaign has proved popular; people apply for a slow cooker, recipes, sachets and a voucher for the butcher.

Giacopazzi's has been raising money for us and presented us with a sum of £805.77, an amazing total. We are grateful for their support over the past three years. Caledonia washrooms have donated a huge supply of toilet rolls, something we often struggle to provide – a huge thank you to them.

This year Moorelands Travel is once again collecting toys for us. This year we are sharing our collection with Perthshire Women's Aid. We are collecting new toys as well as toiletries, pyjamas and gift cards, which we won't be wrapping, in order to give parents a say in what their children receive. Gift cards give parents a bit more dignity as they are then able to shop for their own children. The collection at Moorelands Travel will go on until 12 December.

Finally, we have been working with Millbridge Hall on our Christmas Hamper evenings. This year we are trying to do things a little differently, as our hamper night has been growing and growing. We have access to Millbridge Hall on 10, 11 and 12 December:

10 December 2pm-7pm: Wrapping and labelling hampers.

11 December 2pm-7pm: Filling hampers.

12 December 5pm-9pm: Sorting toys and filling stockings

We would love to see you there. Thank you for your ongoing support. Contact us at secretary@brokennotbroken.org

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Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross
01577 867205 E: lochlevenlibrary@culturepk.org.uk
www.culturepk.org.uk

Opening Times

Mon*	10am-1pm
Tue, Wed & Thu	10am-8pm
Fri	10am-6pm
Sat*	10am-3pm

*Mon 10am-1pm & Sat 1-3pm. Limited service, run by volunteers



Regular Sessions for Young Children

No need to book, just come along:

- **Bookbug Rhymetimes**

Sat 10.30am-11am. Wed 2pm-2.30pm.

- **Pre-school Story Time**

Tues 10.15am-10.45am

Parents, grandparents or guardians and toddlers will be made most welcome at these free sessions.

- **Stay and Play**

Wed 2.30pm-3.30pm Sat 11am-12.

Pop into the library where you can meet other parents, have a coffee, chat, read a magazine or just relax while your child plays. Toys provided. Family-friendly. These sessions are suitable for pre-school children and their parents or guardians.

Book Groups at the Library

We currently have three book groups for adults running at Loch Leven Community Library.

Crime: Once a month on a Tuesday, 6.45-7.45pm

General: Once a month on a Friday 10.30-11.30am

Cafe: Once a month on a Saturday 11.15am.

Next meetings: Sat 1 Dec, Sat 12 Jan 2019.

Please contact the Library for the other book group dates.

Book Group for Children:

Chatterbooks. For children aged 7-11. On the first Friday of each month. **Next meeting 7 Dec 4-5pm.** New members welcome. Please contact the library to book a place.

Code Club: Code Club gives children aged 7-11 years an opportunity to learn to code. The project introduces coding concepts to allow children to build their knowledge incrementally. Every Thursday 4-5pm. New members welcome. Please contact the library to book a place.

IT Help Sessions

Free sessions – booking essential. Next sessions **Thursday 17 Jan**, then **Thursday 7 Feb** 2pm onwards.

Coffee and Crochet

Fancy coming along to a crochet club? Chat, enjoy coffee and share hints and tips. Thursdays 10-11.30am. Come along and join this small friendly group.

'Jack and Billy' Clydebuilt Puppet Theatre

Sat 1 Dec 11.30am-12.30pm

A favourite show with two stories. Based on *Jack and the Beanstalk* and *Three Billy Goats Gruff*. Suitable for families (children ages 3+) Tickets £5. Booking essential.

Tel: 01577 867205

E: lochlevenlibrary@culturepk.org.uk

www.culturepk.org.uk/whats-on



Christmas Bookbug Rhymetime

Sat 15 Dec 10.30am-11am



Celebrate Christmas early with a sing-along with Malcolm and Friends in our Bookbug Rhymetime Special followed by Stay and Play.

Festive opening hours

Sat 22 Dec: 10am-1pm *No volunteer service in afternoon

23 Dec until 2 Jan: Library closed

Thurs 3 Jan: Normal hours resume

Sat 5 Jan: 10am-1pm *No volunteer service in afternoon

Foodbank: The library is now a foodbank collection point for Broke not Broken.

Free WiFi & computer use for library guests and members

Dog waste bags available

Kitchen waste caddies available

More information on all library, museum and art gallery events at: www.culturepk.org.uk/whats-on

Friends of Loch Leven Community Library (FOLLCL)

Festive Opening Times

Please note the library will be open only at certain times over the holiday period – See box above.

We will be open as usual from 10am-1pm on Monday 17 December and will reopen on Monday 7 January from 10am-1pm. We would like to wish our customers all the best for the festive season and we look forward to welcoming you all in 2019!

FOLLCL is a group of independent volunteers who staff Loch Leven Community Library on Saturday afternoons from 1-3pm and on Monday mornings from 10am-1pm. For further information, please contact Richard Scott on 07999 510500 or find us on Facebook.



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Crook and Drum Growing Together

We have been busy planting winter tubs in the villages along with some spring colour. There are evergreen plants, primulas, pansies, and spring bulbs. Most of the tubs have colourful tulips which will flower around the end of April. Some of the P4 children from Fossoway Primary School also planted pansies in their pots which were provided by the PTA.



Fossoway Primary School children planting pansies

Our team also had a tidying session at the village hall before the weekend of Remembrance events. Unfortunately the poppies which had been flowering there over the summer had succumbed to the frost a few weeks before but the evergreen shrubs are still looking good. A beech tree has been planted on the green area, in memory of service men from the village who died during the First World War.

At the end of October, the Unpaid Work Team from Perth helped us to plant about 700 daffodil bulbs. They are located in verges at both ends of the villages and also at Penney's wood. The bulbs were sourced with funding from Perth and Kinross Council and the guys worked really hard all day. We are looking forward to the colourful results in the spring. Some new beds with daffodils and wild flowers have also been created inside the churchyard.

On **Sunday 9 December** from 2pm to 4pm, we will be holding craft workshops in the village hall. It will be a chance to make your own fresh Christmas wreath and also easy woollen pom-pom garlands. **Booking is essential.**

The wreath session costs £15 per head and we provide an oasis ring, demonstration and advice, and a wide variety of greenery. Please bring your own gloves, strong scissors, and any special decorations.

The pom-poms cost £5 per head and are easy enough for everyone, including primary aged children. Children must be accompanied by an adult, who could be making a wreath at the same time. Refreshments will also be available. Contact Amanda James on amandajames1577@gmail.com or 07963 476803.

Thanks to everyone who has helped with our activities this year. We wish everyone a Happy Christmas and New Year, whatever the winter weather may bring.

Kinross and District Art Club

kadac.co.uk

As the club year came to a close at the end of November, and in the weeks before our AGM and Christmas Lunch, we enjoyed two more group activities organised by our professional adviser, Tom Sutton-Smith.

In late October, Alfred Allan, a Fife artist, demonstrated the painting of a seascape in acrylics. This was an inspirational and enthralling visit enjoyed by around 30 club members.

A few weeks later, on 9 November, over 20 members participated in a workshop. Tom Sutton-Smith led the session, creating a painting from one of his own photographs of Camusdarroch beach near Arisaig.



Alfred Allan working on his Seascape during his visit

Tom began the workshop by using acrylics. Club members painted their own versions along with him, some using acrylics, some watercolour and some pastels. Guided by his colour choice and noting how the painting was constructed, a variety of paintings emerged; highlighting clouds against a sky of Pthalo and Cerulean blue, a strong horizon and finally the line of distant land in purple achieved by mixing Pthalo blue and Alizarin crimson.

During the second half of the workshop, Tom demonstrated how he would interpret the same scene using oil pastels. So, in one session, a variety of painting styles and mediums resulted in an impressive variety of finished works.

If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website.



Alison Harrison with her two paintings from Tom's workshop



Kinnesswood in Bloom

Progress at Benarty View continues with the walls beginning to take shape. The wall builders have had fairly good weather in the first week and we are beginning to see the project take shape at last. The next stage is to create new steps up to the site and the Tom Buchan bench is to be installed. Many thanks go to Turfitt and David Buchan who have negotiated the turf delivery.



The new wall at Benarty View, Kinnesswood

Our work parties have been busy in November in Main Street, Raymond's garden and the wildlife area. One particular Saturday was extremely cold.

We tidied up round the war memorial in time for Remembrance Sunday and have had two work parties at Benarty View. Thank you to Morag for making our lovely wreath and to Jinty for the beautiful cross. They looked lovely along with the other wreaths as we remembered 100 years since the end of the First World War.

At school P1 and 2 made strawberry jam in a breadmaker. They used frozen strawberries gathered from the school garden earlier in the summer. Every child was offered 'a piece and jam' and a small pot to take home. Hopefully it was enjoyed by all.

P4 and 5 made lavender bags using lavender collected in the village. Charlotte and Fiona joined Norma in helping the class produce either hearts or little bags; maybe a present for someone in the family. It was a full time job threading and re-threading needles but everyone was successful in producing a finished product. Fiona told us many facts about lavender with reference to Romans, Egyptians and the healing and soothing properties it has. Fiona also provided our recipe for this month.

Our last harvest project was to make oat biscuits with P2 and 3. The oats were grown in the school garden and gathered earlier in the year. They were then winnowed by tossing in a sheet outside. A coffee grinder made them into flour and, with the addition of more oats, delicious biscuits were made. As one project comes to an end we were pleased to receive a grant from the *Kinross Newsletter* towards future developments. We are very grateful once again for their support.

The Christmas tree will be installed on **Saturday 15 December** with the usual mince pies and mulled wine. All are welcome to join in. We wish you all season's greetings and a Happy New Year.

Recipe



supplied by Kinnesswood in Bloom

Lavender Shortbread Biscuits

Buttery, crumbly and deliciously moreish, these dainty shortbread biscuits are the perfect easy weekend baking project. Delicious served with an afternoon cuppa, they also make a pretty food gift presented in a gift bag too. You may want to try using your own lavender.

Ingredients

- 50g caster sugar, plus extra for dusting
- 1 tsp dried lavender flowers (available from supermarkets, baking shops, and online)
- 100g butter, softened
- 150g plain flour

Method

Put the lavender flowers and sugar in a food processor and blend until fine. Sieve. Add the butter and mix together, then add the flour until the mixture forms a dough. Turn the dough onto a work surface, roll into a ball, wrap in clingfilm and chill for 30 minutes. Preheat the oven to 160°C/Fan140°C/gas mark 3. Roll out the dough on a lightly floured surface and cut into biscuit shapes. Dust with sugar and bake for 10 to 12 minutes until golden.

Scotlandwell in Bloom

Supporting the Blythwood Appeal



On Friday 9 November our team and friends met in the Well Country Inn to enjoy coffee, cake and chat. At the same time, we were wrapping and filling shoeboxes for the Blythwood Shoebox Appeal. It was a very relaxed and friendly atmosphere. Grateful thanks go to Ronnie, Tanya and staff for hosting the event and supplying the delicious home baked refreshments. A donation of £3 per person was requested and all proceeds from the event were donated to the Shoebox Appeal to help towards transport costs. The total number of shoeboxes filled was 34 which is a great achievement.

We were joined for a short time by a member of the Kinross-shire Rotary Club. They came along to present the 'in bloom' team with a cheque for £100 to help us 'keep up the good work'. Needless to say we were delighted to accept the donation and we are grateful to the Rotarians for their consideration. All in all, a very successful afternoon!

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Men's Shed has success in spades!

www.kinrossmensshed.org

This last year at the Kinross and District Men's Shed has seen us grow in numbers. I remember way back in the initial stages when a few folk said they didn't think there was a need for a Men's Shed in Kinross-shire as most people were well-off! Almost two years on we are at about 80 members and growing, proving that loneliness, isolation and men's health suffer from lack of shoulder-to-shoulder contact with other men, regardless of wealth or background. The same stories are heard again and again at each initial contact in the Shed.

'I find I've lost most of my friends and family and thought that my ex-work colleagues would keep in touch.'

Once the prospective Sheddors are shown around, and given coffee and a cake, they come out of their shell and quickly make new friends. Some venture over to help with existing projects and some like to take a few visits. There's no pressure on them to do or help with anything or anyone, which is why Sheds are successful. Men really do talk shoulder-to-shoulder.

This last year we gained a wee van which now has new livery and is very noticeable. It is proving to be a great



The Men's Shed visit Carnbo SWI

asset in helping deliver or pick up projects.

We've been successful in funding requests from two ASDA funds to buy new laptops and kitchen equipment. Funding from the Kinross-shire Partnership PB fund saw us voted into first place and allowed us to buy photography equipment, editing software and an A3 printer to make our new glossy 2019 wall calendar, full of amazing local scenery, and now on sale at £8. We've been busy making lots and lots of wooden staked poppies for Poppy Scotland as well as latterly refurbishing the Rotary Club's Santa Sleigh and street lighting. Many of our projects have had amazing donations of materials from local and national businesses, which are mentioned on our new website, www.kinrossmensshed.org.

The 1961 sailing dinghy *Oscar* is almost complete and ready to sail (barring a few small brackets) and looks amazing, thanks mainly to our own Captain Billy. Our Shed will soon move to gaining


charity status and we are looking for a few local professionals to help out as trustees, so get in touch if you can offer your help. We've had visits from various health professionals and organisations to discuss Men's Health and old age health issues, including Alzheimer's Scotland and senior community health nurses from NHS Perth and Kinross. We are forever grateful for all the support we get each month to aid men's health, wellbeing and combat loneliness and isolation.

We are still in the Forth Wines Bond, courtesy of Inverarity Morton group and Aero Space Kinross and we are very grateful for this. However, it would be great to have our own Shed in the Shire, that we could heat properly and that might allow us to weld and do metalwork.

If you know of an uncle, brother, dad, son or granddad, who is over 18 and in need of some company and a place to create or just hang out, get in touch. Have a great Christmas!



Wooden staked poppies



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Kinross & District Rotary Club

www.facebook.com/kinrossrotaryclub/

Congratulations to the team at SSAFA who were presented with the Queen's Award for Voluntary Service (see p 4.) Leader of the team is our own club rotarian (retired Lieutenant-Colonel) Andy Middlemiss, of whom we are very proud.

Youth Activity

Please come along to the Campus on Wed 12 Dec at 7pm to enjoy our heat of the Rotary Young Musician Competition. Enjoy listening to the talented young musicians of the school.

Santa and his helpers will be bringing a bit of magic to the kiddies of the area again this year. The schedule for Santa's Sleigh is:

4 Dec	South Kinross
6 Dec	Kinnesswood
7 Dec	Milnathort
12 Dec	Crook of Devon
13 Dec	Glenfarg
16 Dec	North Kinross



Please keep an eye on Facebook for further information!

Recent Speakers

We were treated to a moving talk by local military historian **George Sutherland**. His subject was First World War Memorialisation but he gave us a wide range of facts about the war which are not necessarily well known. The invention of many things we use today came out of necessities for the war, such as wrist watches, blood banks, sun-lamps, paper tissues, pub licensing hours and veggie sausages! Conversely the cost of the war ruined the UK economy resulting in 2 million unemployed and veterans having to beg on the streets. George talked about the development of the Cenotaph and its ongoing importance. He explained the incredible effort that went into the Tomb of the Unknown Warrior – the complexity of the search for a suitable body to go into it, the huge ceremony with which it was transported back and then interred in Westminster Abbey. He described the memorialisation across the rest of the UK. Did you know that there are over 100,000 memorials across the country? The name of every Commonwealth military person who died in that war is recorded either on a memorial or gravestone – just over 1.1 million names!

Lastly George talked about the poppy. It was an American's idea, inspired by a Canadian poem, to sell silk poppies for veteran's charities. A Frenchwoman brought poppies to the UK and the British Legion adopted the practice with poppy factories soon being established in London and Edinburgh. A fascinating talk – thank you George.

Club Rotarian **Wilma Carragher** spoke to us about the Scottish Cot Death Trust, a subject close to her heart as in 1990 her son Andrew was a victim of cot death at 16 weeks old. Some years later in America tragedy was to strike again when her niece's son Payton was also a victim of cot death at 8 weeks old. These experiences drove Wilma to want to help families of such tragedies. Wilma found the Trust and attended their balloon launch where they released 1511 balloons, each one in memory of a child. Wilma became actively involved with the work of the Trust which has three aims - Research, Support and Education. It is the only Cot Death Charity in Scotland, and receives no government funding.



Malawi Fruits – 'Russell explaining the operation of the pump to president Sean Bolton'

Wilma is now a Trustee and her motivation is to ensure that any family who have experienced the devastation of a sudden death of their child are supported and that anyone who cares for a young child is aware of how to reduce the risks of cot death. There is one such death every nine days in Scotland. Some of the funds raised with help of our local community have already produced two children's books designed to support siblings of a cot death victim. *Rory's Star* and *Andrew's Rainbow* help families explain the unexplainable. They are available from www.scottishcotdeathtrust.org.

Russell Crawford from Malawi Fruits gave an interesting presentation about his visit to Malawi and the challenges faced there. Malawi Fruits are based in Wishaw and are fundraisers for and supporters of farms in Malawi.

Malawi is landlocked and the easiest access is by air. On landing Russell had a six hour drive to Mzuzu where the organisation has a base in Livingstonia, named after the famous Scot David Livingstone. The appeal of a township so high up in the hills is that the area is free of mosquitos! High population growth and inflation are just some of the challenges. Malawi fruits aims to encourage local farmers to produce surplus to trade.

The latest initiative involves the growing of paprika. The group is working to tackle the problem of extending the growing season by irrigating their crops using a revolutionary solar powered electric pump to transport water efficiently. Eventually the hope is to have a food processing centre from where they can market their products.

Russell is seeking support to provide further pumps to support the farms. If you feel you could contribute to help fund the purchase of another pump please contact our secretary, Brian Timms on 07880 503288. He can collect any donation you may have to support this very worthwhile cause.

Continues on facing page...

Kinross & District Rotary Club continued...

Andy Middlemiss spoke to us about the events surrounding the Armistice. He gave many accounts of heroism in the last few weeks of the war. Although the armistice came into effect at eleven o'clock, in the last few hours run up to the signing of the agreement hundreds of lives were needlessly sacrificed. Further loss was incurred as the troops returned home - some dying of their wounds and some from the Spanish Flu epidemic. Andy's talk was greatly appreciated. He has promised to do a further talk in 2019 about the aftermath of the First World War. If any other club or organisation is interested in hearing this talk please contact Andy at andymid@btinternet.com.

Rotary Fellowship

A team visited the Buckhaven & Methil club where they had a great evening and picked up some new ideas for our own club. And our club will have it's Christmas Party on 17 December. We wish all readers a Merry Christmas and a Happy new Year!

Upcoming Speakers

We look forward to welcoming the following in the next few weeks:

'Tonka Trucks & Broken Rails' is the intriguing title of a talk from Brian Timms.

Robert Mitchell will tell us about his professional life.

Join Us! We Are Actively Recruiting For New Members.

Help us do good in our community and worldwide. Contact Brian Timms the Club Secretary at secretary.kdrc@gmail.com to find out more or visit our Facebook page.

Kinross Pipe Band

The band will hold the AGM at St Serf's Hall, Muirs at 7.30pm on Thursday 6 December. All welcome, particularly any pipers, drummers or families of prospective pipers and drummers who may be considering joining the band in the future. We had a fairly busy month in November. We led the Remembrance Parade as always. This was particularly poignant this year being the centenary of the Armistice.

The band welcomed Santa to Dobbies on Sunday 18 November. A week later we managed to catch Santa once again at the Light Up Kinross and Winter Market festivities on the evening of Saturday 24 November. Our last practise this year will be on **Thursday 20 December** with sessions resuming again on **Thursday 10 January**. We are working hard on both our March, Strathspey and Reel and Medley sets for the 2019 competition season.

Once again, all pipers and drummers (or budding pipers and drummers in the community) please feel very welcome to come along and join any of our Thursday evening practises at St Serfs Hall. We tend to take learners (from the age of around 8 and 9 to adult) from around 6.30pm, and band-ready players from around 7pm. If you don't wish to compete but do like to keep your hand in then you are equally welcome to come along and play with us; but if you think you would relish the excitement and challenge of playing in competition mode then please come along and we will be delighted to sign you up!



Lomond Antiques and Collectors Club



In November, our guest speaker was David Miller who talked about 'Old Kinross-shire Postcards'.

Born in the 1920s in a house in South Street, Milnathort, (pre NHS of course), David is very knowledgeable about the local area. He has been collecting cards of local scenes for about 30 years now. Postcards were first introduced in Britain in 1870. At that time, they were treated with suspicion as the postie could read them!

We saw prints of cards bearing some of the local post marks such as Milnathort, Kinross and Blairadam. Sadly these local marks are no longer used for post that has been mailed within the county.

At the time stamps cost a half penny for postcards and one penny (1d) for letters. Mail could usually arrive the same day; rather different from today's postal service which takes so much longer!

Many of the cards in David's collection show horse drawn vehicles and date from the 1920s to 1930s. David even remembered the local railway stations which have now all been demolished for housing.

Local printers such as Joseph Chalmers and Andrew Gardiner published the cards, with Andrew Gardiner being a noted photographer himself.

Collectable cards from Crook of Devon, Blairingone and Maryburgh near Kelty are in circulation. The Kelty Bridge was the 'frontier' between Kinross-shire and Fife. Sadly Janet could not be with us, but we enjoyed her baking nevertheless. Claudia, who helps so often, was on hand yet again.

Our next get together will be on **Sunday 9 December**. This is our End of Year Lunch, to be held again at The Grouse and Claret.

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Kinross-shire Local Events Organisation

www.kleo.org.uk



Busy times during Kinross-shire Winter Festival

We hope you enjoyed the Kinross-shire Winter Festival with the numerous events organised by local community groups and businesses. By the time you read this all the events and the festive street market will have been and gone. We hope it will have been successful, enjoyable and not disruptive to traders and residents of the High Street.

There are too many people to thank individually but we would like to take this opportunity to say a huge thank you to all the volunteers, who helped us out during the events in November and December. An amazing number of people distributed flyers in Kinross, Milnathort and other surrounding villages, helped with erecting and dismantling marquees and market stalls and stewarded at the Festive street market. A special thanks to local company Span Access Solutions who provided us with a stage at the Festive Street Market! Also a huge thanks to the staff of Morgans (former MacBeth Currie Estate Agent's), Light Up My Heart in Milnathort who sold tickets for us and to *The Kinross Newsletter* who carried our advertisements and did a special feature article for us. For more information and photos please visit our website.

Kinross Kacophony Orchestra

After only nine weeks of rehearsals the Kacophony Orchestra had their second-ever performance under the expert eyes of conductors Dougie Flower and Tom Smith during the Kinross-shire Winter Festival. It went very well and the orchestra members and audience thoroughly enjoyed it. The pieces were very varied: a festive march; The Planets; Thunderbirds and an Edinburgh Suite!

Everyone involved is having a wonderful time and members have commented on how much they look forward to rehearsals. If you would like to join, please come along. This is an orchestra for adults who like to play their instruments in a group. All abilities welcome. Please don't worry if you haven't played for a while, we are a very friendly and informal bunch.

The next sessions will run from Wednesday 9 January until 20 March (no rehearsal on 13 Feb), 7.15pm to 9.15pm at Loch Leven Community Campus. Contact Bouwien Bennet on 01577 863107 for more information. Weekly fee £5.

We are delighted to announce that we have received a £1480 grant for the Kacophony Orchestra from Foundation Scotland to pay for the hire of the hall for a year and which pays the fee of the conductor for four special performances.

Leven Voices

After the Christmas break Leven Voices will start up again with a set of 10 weekly sessions in January. Leven Voices is a fun, informal drop-in singing group for anyone. No music reading or singing experience is necessary – it is for anyone who just wants to sing and have fun! Leven Voices will run a set of 10 weekly sessions on Tuesday evenings with the first session on Tuesday 8 January with Horsecross arts tutors. It will run until 13 March every week at 7.30pm at Kinross Parish Church. Enrolment fee is £6 and £4 a session (concessions £3). Just come along, sing and enjoy!

For more info about KLEO and KLEO events please visit our website.



*The Kacophony
Orchestra
Performance*

Photo: Tracy Mould



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Kinross Partnership Networking Breakfast

The sky is not the limit when you have intergalactic vision

That handy Scots word 'dreich' springs to mind when recalling the morning of 7 November, but yet again the drive to the networking breakfast proved worth the effort – not just because of the Scottish delicacies at Loch Leven's Larder (although that was a significant factor!).

At the invitation of Archie Hipwell and Richard Scott, local businesses gave their products or services 60 seconds in the spotlight.



The Networking Breakfast at Loch Leven's Larder

Local news was also plentiful. John Ross mentioned the trishaws that the Kinross-shire Community Sport Hub have recently provided to help facilitate access for senior citizens to the Loch Leven Heritage Trail. The headmistress of SEAMAB, a local residential school for emotionally fragile children, spoke of the school's current fundraising push. Vincent Johnston interrupted his photography to talk about his mindfulness classes at the Campus, while Campus Leader Sarah Brown thanked local businesses who support young people at Kinross High School.



George Lawrie, chair of the Loch Leven Tourist Forum, intimated an exciting prospect for the area: the proposed 'Heart 200' route. The proposed route passes through destinations including Perth, the Trossachs, Stirling, Gleneagles, Kinross and Glenfarg and is an exciting development for Kinross-shire businesses, especially those offering tourism services.

The chairman of Kinross-shire Partnership, Alisdair Stewart, then spoke passionately about the importance of empathy and interaction in bringing ideas to fruition. Alisdair cited the teamwork over the past five years that has seen the launch of the Aero Space Kinross (ASK) project.

Alisdair acknowledged advice given by Abertay University's Dundee Business School, and the fact that ASK's proposed building was designed by architectural technology students from Inverness College. He outlined how 20 pupils from the local school had participated in a project to build a full-size kit plane. Another educational offshoot of the project is the Cosmos Planetarium, a business now run by ASK. Last year the portable planetarium welcomed over 10,000 people to learn about the mysteries of space.

Explaining that the separation of the words "Aero" and "Space" in the Cooperative Society's brand name was a deliberate decision to emphasise the intention to create a flexible space, Alisdair stressed that the proposed combination of interactive experiments and virtual experiences – as opposed to fixed exhibits – would avoid simply creating a graveyard of old planes. The space will instead tell the stories of Kinross-shire's many historical connections with aviation. St Andrews University is keen to involve its scientists in this exciting project. Alisdair's enthusiasm is extremely infectious (at one point he had the audience joining him in a Sinatra chorus!) and ASK's progress has been impressive. Here's hoping the £120,000 raised by their supporters will be augmented by an award from the 'Tay Cities Deal'.

The next networking breakfast is 7.15am to 9am on Wednesday 5 December 2018. Email Karen Grunwell at mail@kinrosspartnership.org.uk to book a place at this vibrant local business event.



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www.visitlochleven.org

Milnathort in Bloom

It may be a distant memory now as the nights' draw in, but we all agreed that the village looked lovely during the summer (with special mention from the judges for the 'wow factor' at the cross). Our heartfelt thanks go to the community for their help and positive comments. We were very pleased with the silver gilt award received by the village. Now the tubs have been cleared and spring planting completed so it's time to put our feet up for a while to enjoy a well-deserved rest.

November has been a month of donations. We would like to thank Giacomazzi's of Milnathort for their very generous donation as part of Nisa's 'Making a Difference Locally' campaign.

Milnathort Community Council have also given us a donation on behalf of the David Drysdale bequest. This means we can buy an additional bench for the centre of the village and one for Tillywhally Community Woodland.

We would also like to thank the Rotary Club of Kinross who do such wonderful work and have also given us a donation. This generosity will help us to continue our work to make Milnathort look beautiful.

Talking of donations; next spring will see the start of an annual door drop around Milnathort. The purpose will be to ask local residents for help with volunteering and funding. We're always in need of both so please consider if you can help us.

Our AGM takes place on 26 November with drinks and nibbles too!

We are happy to be supporting the **Carols at the Cross** event again this year. It will take place on **Wednesday 19 December** at 7pm outside the Town Hall. There will be mince pies and refreshments in the Town Hall afterwards. All welcome.

We would like to wish all the residents and businesses of Milnathort a very Merry Christmas and a wonderful New Year.



Kinross and District Town Twinning Association



Our AGM was held in Perth's Royal George Hotel. The meeting convened after a most enjoyable illustrated talk (in French) given by Kinross High School language teacher, Paul Becher, to the Perth branch of the Franco Scottish Society. Two senior pupils from Kinross High School also gave illustrated talks on their individual visits to France. The trips were made possible by prize money provided by the society.



Chairman Dale Coldwell opened by saying how sorry we were to lose two stalwart members this year. Ron Mackay (a founding member) and Anne Paterson were both enthusiastic supporters and contributed greatly to enhancing the spirit of twinning over many years.

Illustrated talks on the Kinross-Gacé twinning were given to the Thursday group and Kinross Historical Society.

A small party of members travelled to Gacé in the summer. The visit was, once again, a most interesting and enjoyable experience which involved meeting up with old friends and families. We held pot luck suppers, a quiz night, barbecue and also hosted a stall at the 'Better Place to Live' fair. The school exchange ceilidh was another highlight of the year. It was great to see youngsters enjoying traditional dances with their French counterparts. The following office bearers were re-elected to serve for two years: Vice Chairperson, Lynda Mitchell; Secretary, David Munro.

A party from Gacé is due to visit Kinross in early August 2019 and plans are already being drawn up for visits to attractions within the local area.

As more new families are interested in coming to Kinross in summer 2019, we need to recruit a few more local families who would be willing to host the new Gacé families. If you would like to join in the twinning experience please contact secretary David Munro on 01577 862126 for further details.





Mon 6.30pm - 7.15pm
Wed 6.30pm - 7.15pm



Mon 7.15pm - 8.00pm



Wed 7.15pm - 8.00pm



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www.kinross.cc/equipment_hire/equipment.htm

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Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

Winter is upon us and what better way to cheer yourself up than by getting out into the open air and exercising. We are a relaxed and sociable group who are always very happy to welcome new people, **especially on our weekend walks**. So do come along and try out a walk or two to see if you'd like to join us. We operate car-sharing but it is not essential to have a car.

Weekend Walks

Sunday 9 December: Lower Largo, 5 miles, followed by Christmas Lunch (members only, pre-booked).

Gentle walk along old railway line and dunes, returning along the seashore.

Saturday 29 December: Forth Road Bridge to Dalmeny Loop, 8 miles.

Work off some of the Christmas over-indulgence! From park and ride, walk along to and across Forth Road Bridge, with views along the Forth and over to the other two bridges. Through South Queensferry to Dalmeny Park. Hard surface and tracks.

Sunday 13 January: Fishcross/Coalsnaughton circular, 7 miles.

An easy walk on well marked paths, with short sections on tarmac. Good views of hills and Gartmorn Dam.

Saturday 26 January: 'Rabbie's Ramble', 6 miles.

Time for ghosts, houlets, bogles, warlocks and witches! Celebrate the Bard with a mystery walk through the gentle but eerie Scottish winter countryside. Traditional Burns Supper fare, music and recitations at the various hostelrys we visit.

In case it turns cold and wet, you do need appropriate clothing, including boots or strong shoes and waterproofs. Bring water, a packed lunch and a hot drink.

For further details of where to meet us, or for general enquiries, please call our Group Secretary, Ann Eve, on 01577 863887.

Tuesday Short Walks

For those who are new to walking or want a shorter walk, come and join us on our Tuesday morning walks. These are usually a maximum of four miles followed by a sociable visit to a coffee shop, farm shop or pub for refreshments.

Tuesday 4 December: Errol and the River Tay reed beds.

A circular walk from Errol down to a wooded bank at the edge of the River Tay. Walk takes us above the reed beds and then above the watery tidal flats.

Tuesday 8 January: Gartmorn Dam.

An easy, flat walk around the reservoir on good paths. Lovely tranquil area with attractive views and plenty of birdlife.

Tuesday 22 January: St Ninians and Loch Fitty.

Walk around Loch Fitty then head towards the tyre sculptures at the top of a man-made hill to take in the views. Mainly good gravel paths with a gradual climb to the top.

For further details of where to meet us, or for general enquiries, please contact our Walks Leader, Edna Burnett, on 01577 862977.

Club Correspondents

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

Kinross Museum



Over the past few weeks we have been much involved in helping with the various Armistice Centenary events throughout Kinross-shire. These include the exhibitions in Crook of Devon and Milnathort, a class on Remembrance at Portmoak Primary School and the laying out of the Garden of Remembrance at Kinross Parish Church. A wreath was laid at the War Memorial in Kinross on behalf of the trustees, volunteers and friends of the Museum and the 'Lest we forget' display in the Museum has been updated with items on the significance of the poppy and other subjects in the act of Remembrance. We are grateful to Alastair G Smith for the huge amount of work he put into creating the detailed 'Kinross-shire Roll of Honour' which has been an invaluable source for those researching the First World War.

With Christmas approaching, why not give 'The Place-Names of Kinross-shire' by Simon Taylor as a present? Available at the Museum for £35, it is an ideal gift for anyone who has a special interest in place-names and the history of Kinross-shire.



'Lest we forget' exhibit in the Museum

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Kinross High School

Performing Arts

The lead-up to Christmas is always a busy time as preparations for our annual Christmas Concert begin. On top of rehearsals, the Performing Arts department has enjoyed seeing live performances out of school too.

In November the senior music classes embraced the opportunity to visit the Museum of Historical Instruments in Edinburgh. They received a guided tour from John Kitchen, a prominent musician within the Scottish classical music scene. They attended an immersive Scottish Chamber Orchestra performance of Mozart and Bach.

Some of our drama students went to see the National Theatre Scotland's production of '306 Dusk'. The play is inspired by the centenary of the First World War. The beautifully revamped Perth Theatre proved to be the ideal setting and our pupils were left astounded by the quality of acting and set design. Seeing productions of this calibre helps pupils with exams and gives them insight into the design choices of the director. We were one of only five schools in Scotland who bid for, and were awarded, a visit from successful playwright and theatre director Clare Duffy. Clare is working on a new piece of original interactive theatre called the Big Data Show which will tour Scotland. Our pupils were involved in a workshop and performance which will help to develop Clare's ideas for the show. We look forward to seeing what our pupils' contribution will bring to the final production!

Save the dates:

Young Musician: **Wednesday 12 December** at 7pm in the Drama Studio

Winter Revue – **Friday 14 December** at 7pm in the School Assembly Hall

Christmas Concert – **Wednesday 19 December** at 7pm in the School Assembly Hall

Football Fanatics

The S3/S4 football squad has had a positive start to the season with four league wins in a row! Highlights include a last minute goal at home during a very close match with Auchterarder High School and two very professional performances which resulted in a 3-0 win against Perth High School and 6-0 against Breadalbane Academy. Mr Lavery has been impressed by the pupils' commitment to training and positive attitude during matches. Kinross currently sit top of the Perth and Kinross Schools' league and hope to play Glenrothes High School soon in the Fife Schools Cup.

The Seniors Football Team has also made a strong start to the season making it into the fourth round of the Scottish Schools Cup with three wins including a 3-1 against St Andrews High School and a 3-1 win against Auchmuty High School.

The high point of the season was the last minute equaliser from Craig in the third round, against a strong Forfar Academy side to tie the match 2-2. With the match going straight to penalties Kinross showed their skill and won 5-4, with goalkeeper Cameron making two excellent saves. KHS will play either Monifieth High School or Cults Academy before the end of December and will also have matches within the Fife Schools League this season. You can show your support for the pupils by coming along to watch future matches, details of which will be posted on the Kinross PE Twitter page.



S1 Author Talk

The English department was delighted to welcome Martin Stewart back to Kinross High School. Martin is a former English teacher who published his first book for young adults *Riverkeep* to critical acclaim. We invited him to speak to S1 pupils as part of our Book Week Scotland celebrations and were keen that our current S1 pupils should have the same opportunity to engage with books and writing. This year Martin was reading from his latest novel *The Sacrifice Box*. Our pupils were particularly keen to learn about his journey to becoming a writer and where he finds inspiration for his stories.

Remembrance Events

Since returning from the annual visit to the battlefields of Belgium and France, we have been inspired to carry on the theme of remembrance within school. Some of the Kinross Pals 5th Battalion helped with a local project to create a Garden of Remembrance at Kinross Parish Church by writing the names of local soldiers who died as a result of the Great War on wooden crosses adorned with the symbolic poppy.

We were granted a 'There But Not There' soldier silhouette which has been displayed in various locations around the school. The perspex figure has allowed us to reflect on the space that has been left behind by those who perished at war and the huge impact that has had on generations all over the world. Being joined by the transparent man in classrooms has reinforced the idea that some of these soldiers lived in our community and were ordinary men with families and friends.



We helped to create a tree of Remembrance

Wooden crosses with the names of local soldiers



Continues on facing page...

Kinross High School continued...

A group of pupils led the remembrance assemblies this year and several senior pupils volunteered to collect donations for poppies.

We created a 'tree of remembrance' to allow pupils and staff to write their own words of commemoration so that the memory of those involved in the First World War lives on.

Enterprising Maths

With a regional win already under their belts and Miss Tranmer at the helm, four keen mathematicians made their way to the Glasgow Science Centre on 6 November to compete in the Enterprising Mathematics Final.

The event was designed to test problem-solving skills, highlight the relevance of applications of mathematics in the real world and to make maths fun! Tensions were high but there was a great atmosphere as the top pupils from across the nation worked hard on challenging problems.

The final awards were presented by the Deputy First Minister, John Swinney, who was impressed with their enthusiasm and work. Our team did amazingly well to finish 8th in the event out of 66 schools! Miss Tranmer and the maths department are proud of their achievement and how well they represented Kinross High School.

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Planning a Christmas event for your community group?

Check your date in the diary at www.kinross.cc/diary to avoid clashes. Email admin@kinross.cc to have details of your event entered in the online diary.

Portmoak Primary School

School Sport Award

We have just heard that we have been successful in attaining the Silver School Sports Award from sportScotland. Well done also to Mrs Woods, our Principal Teacher. Having been awarded a Bronze School Sports Award for the previous two sessions, the Health and Sports Committee last year focused on a number of targets to aim for silver status. The main target was to increase opportunities for children to take a leadership role in sports within the school. Key factors in our success were the range of after-school clubs (netball, skiing, football, cricket and dance), links to clubs in the community (cricket, judo, hockey, skiing, gymnastics and fencing) and opportunities for children to compete and perform (athletics, hockey, gymnastics, netball, cricket, cross-country and football).

Young Heritage Ambassador's Award

Following the work on the Michael Bruce book last session, we were awarded the 'Young Heritage Ambassador's Award' from Culture Perth and Kinross for participating in a project involving the discovery and sharing of local heritage. All children in the school had contributed towards the production and publication of the book *A Cottage Full of Dreams: The Story of Michael Bruce's Life and Landscape* and received a Young Heritage Ambassador wristband. The P6/7 pupils, who had completed the majority of the work were also each presented with a certificate.

Four children from the P6/7 class attended an event at Perth Museum and Art Gallery where projects funded by the Living Communities Participation Fund (Culture Perth and Kinross and the Gannochy Trust) were exhibited. Our young people confidently presented a sample of the work that was created for the production of the book and discussed the process with other attendees.

Our Latest Community Project is in the Pipeline!

We are collaborating with Kinnesswood in Bloom on an intergenerational project as part of Beautiful Scotland's extension of 'The Year of Children and Young People'. Individuals from the Parish of Portmoak will be interviewed, photographed and depicted by the children. Funding from the Living Communities Participation Fund will enable pupils to create a film about the people of Portmoak, which will be screened at a community event in the 2019 summer term. June's Portmoak Festival will exhibit children's artwork. We are excited about this project and look forward to meeting all of our volunteers in January.

Easyfundraising

Our school uses easyfundraising. Easyfundraising gives cashback when you shop online at sites such as M&S and Amazon. They also have a free app you can use if you are shopping on a phone or tablet. Please help us to raise funds as you do your Christmas shopping!

Pantomime Plea!

The large boards that we have been using for pantomime backdrops are really past it and we need an alternative for this year – does anyone have any boards that we would be able to borrow?

Thank you for reading our news. If you have time or expertise that you would like to share with our school, then please get in touch.

Louise Gordon, Headteacher

Sports News

Kinross Vaulting Group

Carnbo, Kinross
kinrossvaultinggroup.co.uk



British Equestrian Vaulting

Championships, 20-21 October 2018

Fifteen vaulters and five horses from KVG recently travelled to Pencoed in Wales to compete in the British Equestrian Vaulting Championships, the last major UK-wide vaulting competition of 2018. Judges for the competition included Andrew Williamson, Alex Brookes, Josie Broadstock and Krisztina Bence-Kiss.

The commitment and hard work put into training by the KVG team over this year certainly paid off and the club were delighted with all the rosettes, prizes and podium places attained. Two British Champion titles, five Reserve Champions and three further podium places were achieved at the event.

Atholl Pettinger attained the title of British Champion for his individual 2* class, and Kirstin Henderson and Atholl Pettinger were crowned British Champions for their thrilling Senior Pas-de-Deux.

The full quota of results is as follows. Starting with the Prenovice team, comprising vaulters Catrina Mackie, Beth Robertson, Tabitha Peck, Lana Macdougall, Isla Kinns-Brown and Rosalie Peck, an excellent result of 2nd place (Reserve Champion) was attained as the girls delighted the judges with their 'Annie' themed routine.

In the individual Prenovice class, Rosalie Peck came 12th and Isla Kinns-Brown was 3rd.

In the Novice individual class, Catrina Mackie was 8th, Lana Macdougall was 7th, Beth Robertson 5th, Tabitha Peck 4th, and Zoe McColl was awarded Reserve Champion.

In the Child 1* female competition, Iona Robertson came 8th, in the Junior 1* female Sophie Wilson received Reserve Champion, and in the Senior 1* female class, Heidi Ballantyne also came in as Reserve Champion.

In the Senior 2* female class, Kirstin Henderson took 5th place, Hannah Ballantyne came 4th and Molly Turner achieved 3rd place.



Hannah Ballantyne competing on Superdelux

Meanwhile in the Junior 2* male class Jack Wilson came 3rd, with Atholl Pettinger coming 1st to win the class.

Finally, in the Pas-de-deux senior, Hannah Ballantyne and Molly Turner were placed as Reserve Champions, while Atholl Pettinger and Kirstin Henderson came 1st, winning the class, and a rather fabulous trophy!

Once again, the club are extremely proud of all the extra effort put in by our vaulters, horses, coaches and lungers in the run up to the British Championships. In the face of strong opposition from vaulting clubs from all over the UK, KVG team members worked together to support and encourage each other. This is a reflection of the strongly inclusive family atmosphere prevalent at the club.

KVG's Liz Mackay summed up the success of the club over the last year; 'The determination and dedication of all our athletes has been most impressive. I am incredibly lucky to have the support of top quality coaches, who are all volunteers. Our horses go from strength to strength, with younger horses being trained up behind the older experienced horses. We had several horses who competed successfully in this, their first competition year. Many thanks to all our horse owners and to the local vets and farriers who provide essential support.'

Christmas Gift Vouchers for new vaulters

Following the success of August's taster sessions, Kinross Vaulting Group will be selling gift vouchers for our next vaulting taster session. The session will take place at the KVG arena at Carnbo, Kinross in the school Christmas holidays on **Saturday 29 December**. The session will last for two hours.

Vouchers for the taster session cost £17, and would make a wonderful Christmas gift. The minimum age for vaulters is 5 years, and there is a weight limit of 12 stones.

Please contact Liz Mackay to find out more about KVG, or to purchase a Christmas Taster Session voucher, email lizmacward@hotmail.com



Members of the KVG team who competed at the British Championships

Orwell Bowling Club

The club held their presentation of prizes dance in the clubhouse on Saturday 27 October, attended by 58 members, friends and family. We look forward to seeing everyone again when the season starts in April next year.



Fossoway Curling Club

The season is well under way and some of our trophies have already been won. The Shand Shield was won by Jimmy Johnson, Jim Bennie, David West and Robert Irvine. The pairs high road was won by Ian Nicholson and Elaine Paterson (our first lady member) and the low road was won by Jimmy Johnson and David West. We were joined by Kinross Ladies and Tulliallan Curling Clubs for our annual points competition which was won by Alan Paterson. The top Tulliallan player was Catriona Macdonald and joint top Kinross Ladies were Elaine Spain and Sheila Cannon. Many thanks to Kinross District Ladies Branch for providing markers.

Since becoming a mixed club we have increased our membership by 40% and now have six lady members.

Fossoway are a small and friendly, mixed curling club based in Crook of Devon although our members come from far and wide. We play throughout the season mostly at Kinross with a few games in Perth. We are always looking for new members (beginners and experienced) who will find a warm welcome awaiting. Coaching is available. Contact Alan on 01577 840695 or Willie on 01577 840405 for details.



Kinross Ladies Hockey Club

www.kinrosshockey.org

It is hard to believe that we are almost half way through the season already but, with the closed outdoor Christmas season fast approaching, the mid point is only a couple of weeks away.

It has been a bit of a mixed season so far. Our firsts are still sitting in mid table position with 12 points from 11 games. Very little separates the mid table in the championship and it means a very exciting second half of the season, with everything to play for.

Our seconds are having a trickier time this year, with three points from five games. They have games in hand over some of the teams higher in the table, so there is every possibility of a climb before Christmas!

Our indoor season has started again and Tuesday evenings are spent in Dundee. Our opening game was against last season's Division 1 winners, Grove Menzieshill. Probably the toughest game we will have this season, so a respectable 2-11 loss was a moral victory!

The newly formed development squad plays its first game this weekend, taking on a development team from St Andrews University. Good luck ladies, hope you enjoy!

As the party season draws near and thoughts of training disappear remember that, although training and games will stop mid-December, that first session in early January is never far away!

Merry Christmas and a very Happy New Year!



Walking Football

Walking football is an enjoyable and sociable way for senior citizens to take some beneficial exercise. Why not come along and encourage your friends to give it a try too! Tuesday nights 6-7pm at Kinross Campus. For further information contact David Brown on 01577 864236 or Iain Cameron on 01577 863927.

Kinross Cavaliers Basketball Club

Basketball for Girls and Boys aged 9 to 14. No previous experience required.

We are always looking to welcome new members. If you are interested in having fun, keeping fit and meeting new friends please get in touch at by email at kinrosscavaliers@gmail.com. Alternatively, just come along on a Tuesday evening from 6pm to 8pm. You'll find us in the main sports hall at Kinross Community Campus.



Kinross Badminton Club

The club meets every Tuesday evening at 8pm at Loch Leven Community Campus in the main sports hall, playing until 9.45pm. The last club night before Christmas will be on 18 December, with the club starting again on 8 January 2019.

New members are always welcome, so please come along if you would like to play regularly at a friendly club. The nightly cost is £4 for members, and £6 for non-members, with the first night for new members being free. There is an annual subscription of £30 for members.

You can follow Kinross Badminton Club on facebook for the latest club news or to send an enquiry.





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Kinross Otters

It has been a busy year for the Otters and the last few weeks of 2018 will be no different.

Our annual awards night took place on 30 November and our swimmers and their families had a great night celebrating their achievements. Another fantastic effort from the committee, in particular Annie McCormack, who co-ordinated everything ensuring a fabulous night for all.



Club Championships 2018 Medal

In November we competed in several competitions including the finale of the 2018 midland district leagues.

Unlike our second division who took away the top prize in their category, the premier squad, despite fighting hard all season, started the competition at the bottom of the table. Undeterred, Otters put on some impressive performances and clocked up some great swims. Excellent shows by Struan Bennet in 100m butterfly and Duncan Ballantyne in 100m freestyle. Ben Smallwood's 100m breast stroke and 100m butterfly also earned him new PB's.

It was an exciting night with Perth City Swimmers and Dundee City Aquatics battling it out in some style for the top prize. Well done to our friends in Perth who eventually took away a hard fought first place with only half a point in it!

We're looking forward to next year's leagues which start in February 2019 and we are hoping to build on our successes.

Several of our swimmers took part in the Tayside schools events in mid-November, representing several schools from the region. Well done to all the Otters who took part.

The midland district November graded meet saw some real positives for us. Graded meets exclude the fastest swimmers, opening up the field for other swimmers to shine. Our Otters competed in 25 swims over the two day event and racked up no less than 18 PB's as well as medals of every colour.

All swimmers did very well but special kudos to Katie Fraser for five PB's out of her six races and Ruairaidh Sturgess for taking home a gold and a silver medal.

Emily Cumming narrowly missed out on a club record at this meet. Emily is swimming very well and has managed to gain a place on the midland district regional programme. This is run in conjunction with Scottish Swimming Performance Team and aids education and development for swimmers and coaches alike. Emily has one more meet in this programme and we're looking forward to hearing and seeing what she has learnt. Well done Emily!

It's not all about us though; we take our position as a community club seriously and have, once again, agreed to provide volunteers to help with the Kinross Christmas Market and on the Santa Sleigh. Both are events for the community run by KLEO and we are delighted to be able to help. If you are an Otter or parent keen to get involved, head on over to our Facebook page for more info on how to sign up, or add your name to the sheets at the pool.

Looking forward to an otterly fantastic 2019! Merry Christmas everyone!



Kinross Otters say 'Merry Christmas!'

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www.visitlochleven.org

Kinross Road Runners

<http://kinrossroadrunners.weebly.com>

Our winter training programme is proving very popular, with a great turn out of runners at every session even when the weather is against us. It's a full programme with something for everyone, whether you're looking to improve or just wanting to keep fit and active. We extend a warm welcome to any newcomers who'd like to join us so come along and give it a try – then you can decide if you want to join when membership renewals are due again in the new year. Getting the motivation to get out for a run when it's dark outside is made that little bit easier in the company of a club and a chance to 'catch up' with familiar faces.

It's been a busy year for the club organising the ever-popular Loch Leven Half Marathon in May, then the Milnathort Dash in June followed by the Path of Condie Half Marathon in October. At the time of writing we are busy organising our final big event of the year as we are hosts for the Hartley Relays in November. It attracts around 400 runners from neighbouring running clubs. Then we have our own club Winter Handicap 10k race to finish off the year on Sunday 16 December at 9.30am at Milnathort Town Hall.

Club members are also involved in assisting with the Loch Leven parkrun which started in August and is now a firm fixture every Saturday morning at 9.30am for the 5km loop from Loch Leven's Larder. It's fantastic to see many new faces at the event each week whether it be 'parkrun tourists' visiting the area or locals new to running and discovering the parkrun phenomenon. There's also the Junior Parkrun every Sunday morning at 9.30am over a 2k course at Kirkgate Park for 4-14-year-olds.



Club training for December and January is outlined below. We meet for all sessions at 7pm at the Health Centre car park opposite the campus. Tuesday nights will focus mainly on hill work with a programme of sessions designed to improve your running strength whilst Wednesday evenings are mainly speedwork. We also have a couple of less formally structured torchlit trail runs where we head out on the quieter trails with head torches. We also meet up for an informal Sunday morning run every week at 9am at the Health Centre car park for either a trail or hill run at a very leisurely pace.

Check our facebook page or website for further information or to make contact.



KRR enjoy Templeton 10-mile road race

Programme for December

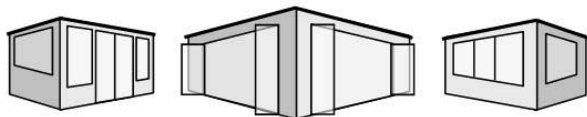
Tuesday 4 Dec	Hills: reps
Wednesday 5 Dec	2 mile time trial, kit sale & hot chocolate
Tuesday 11 Dec	Hills: benchmark
Wednesday 12 Dec	5 x 4min intervals
Thursday 13 Dec	Torchlit trail run
Tuesday 18 Dec	5M streetlit run
Wednesday 19 Dec	Christmas treasure hunt
Wednesday 26 Dec	Boxing Day run - 10am

Programme for January

Tues 1 Jan	New Year's Day parkrun at Loch Leven's Larder
Wednesday 2 Jan	New Year Run – 10am
Tuesday 8 Jan	5M streetlit run
Wednesday 9 Jan	2-mile time trial, kit sale & hot chocolate
Tuesday 15 Jan	5M streetlit run
Wednesday 16 Jan	Pyramid reps/Parlaufs
Thursday 17 Jan	Torchlit trail run
Tuesday 22 Jan	Hills: intervals
Wednesday 23 Jan	8 x 90sec intervals. AGM at 8pm
Tuesday 29 Jan	Hills: pyramid
Wednesday 30 Jan	Hills: reps

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Kinross Netball Club

Our Netball Club trains every Friday, 7-8.30pm at Loch Leven Community Campus in the large sports hall. The aim of our sessions is to have fun, make new friends and enjoy playing netball. Our sessions are for all abilities from 18 years old. The first session is free, then it is £4 per week. If you'd like to come along feel free to pop into any of our sessions or contact us by facebook or email: kinrossnetball@hotmail.com. As well as our BBN team we now have a competitive league team who play in the CENA league in Edinburgh. So far, our team has done really well in their debut season winning every game. Well done to Kinross Stars and let's hope the winning streak continues.

Coming up on our netball calendar:

Saturday 1 December: Netball Christmas Night out

Sunday 2 December: BBN Christmas tournament in Perth

Our last BBN training session was on Friday 30 November but don't worry we'll be back in the New Year to help work off those extra Christmas dinner pounds!

Kinross U13s

Our Kinross U13s are developing each week and we are seeing our young netballers progress really well. We train on a Friday night between 6-7pm in the large hall at the campus. We welcome new members so if any budding netballers are out there please come along. Sessions are £3 per week.



Kinross Tennis Club

www.kinrosstennisclub.org.uk

Senior Club

We are well into autumn, and winter is coming up soon, but this does not mean the end of the tennis season as many hardy souls are continuing to play. Sunday morning social tennis takes place from 10.30am and club nights continue on Wednesday evenings at 6.30pm. Thursday afternoon social session has headed indoors at Gleneagles. For those members who want to play in the evening outside club sessions, tokens for the floodlights are available from most committee members.

Junior Club

We are offering winter indoor coaching again for members and non-members aged ten and under. Sessions take place at Loch Leven Community Campus on Tuesdays from 5pm to 7pm in the small sports hall. Blocks run as follows: 30 October to 18 December (8 week block) and 8 January to 30 March 2019 (12 week block).

For more information or bookings please contact coach Daniel by email at dartennis@gmx.co.uk.

Tennis for Tots

This has now moved indoors at the Millbridge Hall. Classes began on Saturday 27 October and will run until Saturday 15 December. For more information or bookings please contact coach Siobhan by email at kinrosstenniscoaching@gmail.com or on 07443 223408.

Christmas Dinner

All members are invited to our annual Christmas Dinner. It will be held at the Grouse and Claret on **Wednesday 12 December** at 7.30pm for 8pm. Rosie Goudie is kindly organising this for us again so contact her if you want to come along.

Other information

New members are always welcome at the club. If you are new to tennis, or would like to get playing again, please contact our secretary, Margaret Hamblin, by email at kinrosstennis@gmail.com.

Visitor keys are available from Sands the Ironmongers for a small fee.



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Kinross Golf Club

www.kinrossgolfclub.co.uk

The end of season prize-giving evening took place on Saturday 3 November when Club Captain David Eastop and his wife Fiona presented the winners with their trophies and awards. As well as celebrating their successes, members and guests were entertained by after dinner speaker, golf professional Alan Tait, and table magician Magic Bri. Thanks to everyone who took part in the charity putting competition which raised £141 for Spina Bifida Hydrocephalus Scotland. The winners were Huw Jones for the gents and Catriona Cairney for the ladies.

Our 2018 major prize winners were: Gents Club Champion, Scott Michie; Piper Cup, Jim Scougall Snr; Centenary Trophy, Steven Calder; Seniors Cup, Neil Burke; Summer Four Ball, Adrian Simpson and Neil Burke; Beeches Park Foursomes, James Wardrobe and Gordon Clunie; Ladies Club Champion, Ann Smith; McEwan Handicap Champion, Ann Smith; Millennium Trophy, Audrey Thomson; Belle Sands Trophy, Lyn Murray; Falconer Trophy, Ann Smith; Centenary Trophy, Ann Smith; Millennium Cup, Audrey Thomson and Adrian Simpson.

A special award was presented to Scott Michie who was gents club champion for the tenth time this year. Another special award went to Betty Brannan who was ladies club champion ten times between 1977 and 2008.

Congratulations and well done to Andy Crawford, head greenkeeper, and his three friends who recently took part in a sponsored abseil down the Forth Railway Bridge. They

lived to tell the tale and their fear of heights was conquered! Thanks to everyone who kindly donated money. The group raised over £2000 for MS Society Scotland.

Our Christmas Dinner Dance will take place on **Saturday 8 December** featuring 'The Kuil', a covers and ceilidh five piece band. Monday 31 December is our Hogmanay party night with 'Mason Ross'. Call into the Clubhouse or call Lyn (01577 862237, option 3 bar) to check availability of tickets. If you're not a golfer, why not join as a social member?

Check out our website or follow us on Facebook and Twitter for more information.



Scott Michie, 2018 Gents Club Champion



Ann Smith, 2018 Ladies Club Champion



Scott Michie and Betty Brannan



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Kinross Rugby Club

Youth Section

Minis

The minis are very pleased to reveal their new strips. We are grateful to our generous sponsors and supporters namely Fife Mitsubishi, Abbey Removals, Performance Carbon and SIPS Scotland. Seen modelling the strips are a selection of our young players, as well as Alan Ferguson-Walker of Fife Mitsubishi, Russell Bain of



Abbey Removals, Pete Chumley of Performance Carbon, and Malcolm Thomson of SIPS Scotland (THCL).

Training continues on Saturday mornings from 10.30am for our youngest players, weather permitting. Sessions run up to the school holidays. We welcome new players from P1 (age five and over) to P7. No experience needed, just a bit of enthusiasm and a hint of adventure! Please get in touch on 07740 589647 if you would like more information.



The minis with their new strips

Volleyball

The volleyball season is now well under way and our teams have had mixed success in the various leagues.

The under 18 junior national league team's next set of fixtures sees the team playing at South Queensferry against City of Edinburgh and Aberdeen Blaze on Sunday 9 December. The boys have been in earlier fixtures due to a lack of players but we hope to have a full squad for these two matches.

In the Perth and District premier league, the Kinross Scotrange team got off to a bad start losing their opening two matches. In the recreational league the Kinross BB side have won one match and lost three with the Kinross Mongrels' side still to play their opening fixtures.

Kinross BB are preparing for the Perth Battalion mini-volleyball competition on Tuesday 29 January for both junior and company section members.

Kinross High School pupils have been preparing for Scottish volleyball festivals which take place in late November. We have recently welcomed new members at training sessions and we hope to introduce these players to our team squads in the near future.

We still need both male and female members so, if you fancy something different, a wee bit physical and lots of fun just turn up any Monday (except during the Christmas period).



Kinross BB team who compete in the Perth & District Recreational League at Bell's Sports Centre

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garrycb@hotmail.co.uk



Kinross Colts

The 2009 colts recently celebrated their end of season awards. Thirty-two kids and families gathered together for the event at Milnathort Town Hall in November. It was the culmination of a successful season for the three teams (Cowboys, Revolution and United) who play their games each week at Pitreavie in Dunfermline. All players received a medal recognising their efforts over the season. In addition, nine members of the team received special awards voted for by parents, coaches and their peers. The team have continued to receive fantastic support over the last 12 months. This has come from their families who drop the kids at coaching sessions twice a week, plus weekend games. The coaches would like to take this opportunity to thank them for their support during all weather conditions! The team also used the celebration to announce the grand total from their latest fundraising drive. The kids undertook a sponsored cycle during the October holidays and they completed the 12 mile cycle round the Loch Leven heritage trail. It was a fantastic effort from all the kids who collectively raised £4272. This total included a generous donation from Drysdale Milnathort Ltd.



As always, there was a desire to support a charity close to their hearts. This year the parents and kids voted to support Melanoma UK and were pleased to present Rhys Porter (on behalf of Melanoma UK) with a cheque for £1050 on the day. The 2009s are now entering their winter break before matches recommence in March 2019.



United Team receiving their awards



Revolution Team receiving their awards



Cowboys Team receiving their award



Colts heading off around the Loch on their sponsored cycle

Deadline for all Submissions
5pm, Friday 18 January
for publication on Saturday 2 February

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Sending photographs to the Newsletter

Contributors, if sending a photograph to the Newsletter, please send as a JPEG file and not embedded in a word document. Thank you.

KINROSS - The SWI Kinross Group Meeting was held on Saturday 3 November at 2pm in Milnathort Town Hall. It was hosted by the ladies of Milnathort SWI. Jeannie Paterson, President of Milnathort SWI gave a warm welcome and Dorothy Morris, Kinross Group President, chaired the brief business meeting. Afterwards, Anne Buchan, Floral Art Demonstrator, gave a wonderful presentation whilst creating beautiful several Seasonal Arrangements. A lovely tea was served. Dorothy Morris (Cleish SWI) stepped down as President and Vice President, Jessica Munro (Milnathort SWI) ascended to the post. Joyce Petrie (Blairingone SWI) is our new Vice President. Dorothy was presented with Flowers and small gifts for all her work over the past three years. The meeting closed at 4.45pm.

BISHOPSHIRE - Joanne Cowan welcomed old and new members to the meeting. Our speaker was Sarah Wilcock from Perth and Kinross Archives who gave an excellent talk on the Local and Family History Archives held within Bell Library in Perth. She gave a whistle stop tour of all the services they offer to people researching all sorts of local history. It was a most enjoyable and informative evening.

Photograph of Local View	Norma Smith
Cheese Straws	Norma Smith
Flower of the Month	Joanne Cowan

POWMILL - President Fiona Buchanan welcomed members, guests and three new members to the November meeting. After business Maz Thorn gave a demonstration on making paper snowflakes out of Christmas giftwrap. These can be made in various sizes and used as tree decorations, mobiles or as a display on a mantelpiece.

Everyone had a go at folding, cutting, gluing, sticking and stapling and produced their very own 'snowflakes' to take home. A pot luck supper was served and was enjoyed by everyone.

Individual Savoury Tart	Mary Wilson
100th Anniversary Card	Fiona Black
Garden Gem	Mary Wilson

Congratulations to the bowling team: Maz Thorn, Janet Mitchell and Betty Hunter (Blairadam SWI). They won the Perth and Kinross federation heats and now go forward to the national finals next year. Well done!



The Powmill bowling team

MILNATHORT - Jean Paterson, President, welcomed members in November in the Town Hall. The business side of meeting was conducted. Pat Pilgrim gave an in-depth report from the recent group meeting, with various reminders of up and coming events. The Kinross Show Schedule for 2019 is now available. Jean thanked Pat for such a good report.

We were then introduced to Maz Thorn, who told us about Kusadama Flowers. She also had lots of examples of her work. We were then presented with small squares of paper and Maz took us through the process of producing a flower. There was lots of laughter as we tried to make the folds and then deep concentration as we tried to produce a presentable flower. Everyone enjoyed the Kusadama experience. Kathy Cochrane thanked Maz for her patience and also for giving us an enjoyable evening.

Jean thanked everyone for attending this meeting and wished everyone a safe journey home.

Our speaker for our meeting in January will be Alasdair Shearer on 'Life in a Chemist Shop'. Visitors welcome.

Handmade Christmas Card	Denise Stephenson
Three Melting Moments	Aileen Hunter
Flower of the Month	May Paterson

BLAIRINGONE - A very informative talk was given in November by Hillary Warnock on GoodSAM and Saline First Responders. This was followed by all of our members being given the opportunity to try out and practise on a test defibrillator and mannequin. The value and importance of having a defibrillator accessible and the ability to use it in an emergency became very clear to us. Our President Mary Ramsay thanked Hillary for taking the time out of her busy schedule to show how we could make a difference in the event of someone becoming ill.

Photography	Joyce Petrie
Flower of the Month	Agnes Murray

CARNBO - President Jay Hutchison welcomed all members and guests to the November meeting. After business Glen Douglas and Roy Gilmour of the Kinross Men's Shed gave an enlightening talk and slide show of the varied and diverse activities on offer such as boat refurbishment, cycle repairs, stained glass work, computing and woodwork. This is mostly done by members passing on skills to each other, learning and often fundraising at the same time.

The next meeting is our Christmas party on Monday 17 December at Carnbo Hall at 7.15pm.

Flower of the Month	Sandra Turnbull
A Piece of Iced Sponge Cake	Susan Malcolm

CLEISH - President Helen Buchanan welcomed members to the November meeting. After business she introduced Rhona from Rhitzi Glass, who told us how she got involved in her business. A complete career change after being a lawyer. She explained all the processes in making her finished articles. A lot of Christmas presents were then purchased by members.

Chocolate Truffles	Marion Laird
Glass Ornament	Alison Morris
Flower of the Month	Anne Bayne

Out & About

Loch Leven NNR



We've had a fairly mild autumn so far with just the one short cold snap. I'm hoping for more decent weather as it helps to get lots of work done.

We've enjoyed some great birds visiting the reserve. In the phragmites reed beds in the east we saw the lochs second record of bearded tits. There has been a regional influx of these birds which probably originated from the Tay reed beds. We've also seen mealy redpolls in the woods around Levenmouth woods. They have been part of a big redpoll flock that's been feeding in the birches there. More regular visitors amongst wintering wildfowl include Slavonian grebe, greater scaup and long-tailed ducks. There is also a small invasion of waxwings occurring at the moment. These attractive crested birds are seen every few years in good numbers when their food runs short across northern Europe. If you've got a rowan tree in your garden that's got plenty of berries, keep an eye on it. You may be lucky to get some.



Whooper swans, all the way from Iceland!

The second week of November began with a morning goose count as part of the National Icelandic breeding Grey Goose Count (IGC) surveys. Fortunately at the moment these early starts aren't too unsociable with dawn breaking around 7am. By the end of the morning along with colleagues from the RSPB we had collectively counted 9181 pink-footed geese and 434 greylag on the reserve – not record breaking but the steady numbers through the autumn is great to see. I enjoyed watching whooper swans as they flew past my count point. Whooper swans are also visitors from Iceland. Like

the pink-footed geese they come here to shelter away from the worst of the Icelandic winter before they return there to breed in spring.

The starling roost at the Pier has around 3000 birds visiting it at the moment. It's not the most spectacular in the UK but it's worth a visit at dusk. The starlings also attract the attention of the sparrowhawk.

The weather has been mild enough to trap moths. I've been catching lots of December moths: Scarce umber, Dark Sword-grass, Silver Y, turnips and feathered thorn.

Many thanks to all who attended the Burleigh Sands Goose Walk. It was nice to see such a big crowd. We'll be publishing our events programme for next year shortly.

The volunteers (as ever) have been busy this month. They had an away day helping out colleagues at Flanders Moss NNR with their meadow mowing. They've also been maintaining the nest boxes around the reserve. We had help gorse clearing with Haggis Adventures. They have regular away days and enjoy a visit to Loch Leven. They were helping maintain areas where lesser butterfly orchids grow.

With help from Jo from the council and Anna from the RSPB, a visiting group of refugee Syrian young people came to look at the wildlife around the reserve and learn about Loch Leven. There are many red squirrels around the reserve. They are in all corners of the loch and being seen regularly. There are lots of scuffles as squirrels fight for control of their winter territories.

Keep an eye on the blog, updated by me every week and occasionally Neil. We'll publish news on forthcoming events, waxwing and other wildlife sightings and volunteer news.

Weather



October Weather Report from Kinross

Total rainfall	71.2mm = 2.84ns
Heaviest rainfall	15.6mm (13th)
Total sunshine for the month	130.1 hours
Sunniest day	9.1 hours (2nd)
Minimum temperature average	2.28°C
Lowest temperature	-6°C (29th)
Maximum temperature average	13°C
Highest temperature	18.1°C (10th)

TICK TOCK CLOCK & WATCH REPAIRS
All kinds of clock and watch repairs are continuing to be provided by Tudor House Antiques repairer, Fred Turvey. He was the main repairer and servicer for Tudor House Antiques, Milnathort for over 20 years.

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(by appointment only)
4 Dean Acres, Comrie, Dunfermline KY12 9XS
M: 07870 913004 E: ftticktock@aol.com
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As the autumn leaves fade and winter settles in, the distinctive call of our pink-footed geese can be heard across the loch at RSPB Loch Leven. These birds are quite the spectacle as they fly in their thousands to land lazily into the bay each morning. A lone redshank has accompanied the geese regularly this month too, often spotted along the loch edge perched solemnly across the misty waters. Two little egrets have also been seen roaming across our wetland area. These distinctive white birds are seen most years at Loch Leven, possibly due to increasing temperatures.

The reserve team have been hard at work with early morning goose counts, the latest count (as of November 13) was 9181. These counts are completed by a minimum of four individuals who are positioned at four different locations around the loch covering all the main roost points. As soon as it is light the team begin the count. This is a co-ordinated goose count, which means that all sites across the UK, Iceland and Ireland will be counting together at the same time. Whilst these counts are not always 100% accurate they are comparable to each other, so we can gain a better understanding of population trends and size throughout the world.

We have some exciting events coming up this January at Loch Leven including a **bird ringing demonstration** on **Saturday 26 Jan**, 10am-12pm. Join us for Big Garden Birdwatch and

see wild birds up close as the Tayside bird ringing group demonstrate the art of bird ringing – a technique that gives us an insight into the lives of our favourite garden bird species. No need to book, simply drop in! Free. (Please be aware this event may be cancelled in the case of bad weather conditions).

Also, join us for **A trip back in time: Mary Queen of Scots'** on **Saturday 23 February** from 7pm – 9pm with local writer David Munro who tells the story of Mary Queen of Scots' dramatic escape from Loch Leven Castle 450 years ago. Hear about her 11-month imprisonment on Castle Island and her frequent earlier visits to this corner of Scotland which included a near capture at the foot of Benarty Hill and an encounter in Kinross with the Protestant reformer, John Knox. **Booking essential;** RSPB members £8, non-members £10 (child member £3, child non-member £5). To book please visit our Eventbrite page at rspblochleven.eventbrite.com.

Please be aware our opening hours over the Christmas period are as follows: Visitor centre and shop 10am-5pm; café 4pm. Both close an hour earlier from 24-31 Dec (closed 25-26 Dec and 1-2 Jan). The trails, toilets and hides will remain open – so please feel free to drop by for that post-Christmas dinner walk!

Rachel Gooday, Visitor Experience Officer

Farming

The relatively kind weather conditions over the past few weeks have been very welcome. Livestock farmers have been able to keep cattle out in the fields and even if there hasn't been enough grass to fill their bellies, it has been dry enough to take out silage or hay to keep them going without field conditions getting too wet. In a year when feed and bedding stocks are low, the opportunity to graze cattle longer into the autumn and avoid having to start using these two essential commodities is very welcome.

Sheep have benefitted from the late flush of grass growth and are generally in fine fettle for tupping season. In some instances sheep grazing has been limited by the fact that the second cuts of silage have been taken much later than normal (well into October in many cases) so although the late season grass growth has been very good the supply for sheep grazing into the winter is less than would normally be expected.

Arable farmers planting winter cereals have been able to take advantage of favourable ground conditions to sow their crops in good time, so those crops are getting off to a good start.

Here on the north-facing slopes of backward farm, our own (admittedly small) herd of cows will be brought in

any day now as it is getting a bit wet for feeding them out in the fields. We waved goodbye to our summer grazing visitors and we will have our winter lodgers coming to fill up the sheds very soon, so it is going to be a sudden but reasonably late transition from summer to winter routine. The tups have been out with the ewes for three weeks now so they should be getting well through their year's work. We have a couple of additions to our 'tup team' in the form of lambs from our neighbour Alana who has a small flock of beltex cross ewes. She had named them with a *Still Game* theme and since we have a history of naming our tups anyway, we have kept their names, so Winston and Naveed have settled in nicely with their wee batch of gimmers.

The pigs are enjoying the softer soil conditions and are ferociously digging for victory again. They have quite an incredible work-rate and I am always amazed that they don't wear out their snouts! The escapologist 'racing pigs' have been introduced to an electric fence in an attempt to keep them safely where they should be. The novelty factor to our neighbours of having a tribe of pigs, no matter how cute, rooting around their garden searching for fallen apples would certainly quickly

wear off, so in the interest of good neighbourly relations and the pigs' own safety drastic action had to be taken. So far, so good. The plan is to cultivate a field by pig-power over the winter by giving them a fresh bit of field every so often once they have rooted over their allocated area to the desired extent (whatever that might be). I will keep you posted on their progress. The electric fence will be more versatile and easier to move but they need trained so they know what it is first. On a sad note, we had to put our faithful family pet labrador Polly to sleep last month. After 12 years of her companionship the house certainly feels empty without her around. Her unique personality and insatiable ability to sniff out and consume chocolate are greatly missed.

John



Kinross-shire Churches Together



Kinross Parish Church of Scotland

*Following Christ | Spreading the Word
Serving the Community*



10 Station Road, Kinross KY13 8TG (Charity no SC012555)
Church website: www.kinrossparishchurch.org
Facebook: www.facebook.com/kinrossparishchurch.org
Church E-mail: office@kinrossparishchurch.org
Church office and church open: Mon-Fri 10am-12 noon.
Church Office: Tel. (01577) 862570
Contact the church office if you are interested in leasing rooms in the church or church centre.
Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952
Ordained Local Minister:
Rev Margaret Michie Tel: (01592) 840602
Session Clerk: Jaffrey Weir Tel: (01577) 865780

Events listed below are in the church unless indicated otherwise.

Regular Services and Events

(Check weekly Intimations on website for alterations to regular events during the Christmas period)

Sundays: 10.30am: Morning Service with Crèche. Junior Church (age 3 to P7) and 'Jam Pact' (Secondary Age) meet at church centre from 10.15am, finish at church.

7.30pm: 'Crossfire' (S1 upwards) in church centre.

Tuesdays: 10am: Pram Service (during term time).

Wednesdays: 10.45am Service, Church Centre.

1.30pm: Craft Group.

Fridays: The Brigade, church centre.

Anchor Section 6-7.15pm, Junior Section 7-9pm,

Company Section 8-10pm (Contact: David Munro 862126).

Saturdays: 10am-12noon 'Coffee Stop', Church Centre. Coffee, cakes and book sale most Saturdays.

Other Events and Services

December

Sat 1 4pm-6pm **ADVENTure:** A family celebration of Advent with crafts, activities, singing, puppets and food.

Sun 2 10.30am: Quarterly Communion Service. Collection for The Sailor's Society (Charity no. 237778). No evening Communion.

Mon 3 8am: Silent Meditation.

Thu 6 Thursday Group: Christmas Meal Outing.

Sat 8 8.30am: Prayer Breakfast (names in advance to church office).

Wed 12 7.30pm: Christmas Wrap – for Churches Action for the Homeless.

Sat 15 11am: All Friends Together.

2pm: Junior Church Christmas Party, church centre.

Thu 20 9pm: late evening service of Compline.

January

Thu 3 7.30pm: Thursday Group: 'Cycling Without Age', church centre.

Sun 6: Morning Worship, followed by informal Communion

Mon 7 8am: Silent Meditation.

Tue 8 7.15pm: Guild – 'The Future of Longevity'.

Sat 12 8.30am: Prayer Breakfast.

Sun 13 10am: Youth Alpha starts, church centre.

Thu 17 9pm: late evening service of Compline.

Sat 19 11am: All Friends Together.

Sun 20 10.30am: Pulpit Exchange - Rev Liz Stenhouse.

Cleish Parish Church Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Neil Maclure

Email: neil.maclure19@gmail.com Tel: 01577 864826

Please visit our website: www.cleishchurch.org



Sunday Services 11.15am

December

Sun 4 11.15am **Morning Worship and Junior Church** followed by refreshments in the Village Hall in aid of Guild funds. Traidcraft Stall.

3pm **Joint Service of Remembering** to be held in **Fossoway** Church this year.

Mon 3 3.15pm **Messy Church** in the Village Hall. Open to all children and their carers.

Sun 9 11.15am **Morning Worship***.

Sat 15 8.30am **Men's Breakfast Meeting** in Elizabeth Wilkie Hall, Fossoway.

Sun 16 11.15am **Morning Worship*** and **Nativity Play** with Junior Church.

Sun 23 11.15am **Morning Worship***.

Mon 24 11.15pm **Christmas Eve 'Watchnight' Service of carols and praise.**

Tue 25 11.15am **Christmas Day 'Toy Service'** for the whole family.

Sun 30 11.15am **Morning Worship*** A service of readings and carols.

January

Sun 6 11.15am **Morning Worship***.

Sun 13 11.15am **Morning Worship***.

Sun 20 11.15am **Morning Worship*** for the Week of Prayer for Christian unity followed by a **Congregational Lunch** in the Village Hall.

Sun 27 11.15am **Morning Worship***.

Mon 28 2pm **Cleish Guild** meet in the Village Hall.

* Please note that refreshments will be served in the Young Room after Morning Worship. All welcome.

Kinross Parish Church Christmas Services

Sun 16 10.30am: All-age Nativity Service
4.00pm: Coffee, Cake and Carols

Mon 17 6.30pm: Remembering Loved Ones

Sun 23 10.30am: Service of Carols and Readings

Mon 24 Christmas Eve: 4.30pm Crib Service for Families
11.15pm Watchnight Service

Tue 25 **Christmas Day:** 10.30am Christmas Worship

Sun 30 Christmas Sunday: 10.30am Morning Worship

Grass Cutting, Rotovating
Hedge Trimming, Tree Pruning
Turfing, Slab Laying, Fencing
work undertaken

I. Robertson, Station Road, Crook of Devon
Telephone : **Fossoway 01577 840526**

Kinross Parish Church Kin-nections

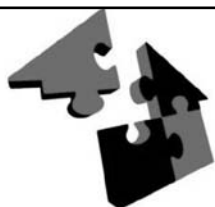
The new edition of *Kin-nections*, the magazine of Kinross Parish Church, is now available free at the church office, church centre on Kinross High Street and Kinross Library. In addition to details of the many Christmas events associated with the church, there are reflections on Christmas and on Christmas Carols. The magazine includes an Advent Prayer which the congregation is being encouraged to use each morning and evening through December: *'Lord Jesus Christ, You came among us as a child at Bethlehem. Make your home in our hearts this Christmas – God with us – and bless our community, our nation and our world with the knowledge of Your transforming Light and Peace. Amen'*



Kinross Gospel Hall

Montgomery Street, Kinross
www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.30pm	Sunday School
	4.00pm	Gospel Meeting (1st & 3rd Sundays of the month, Friends and Neighbours Tea)
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Thursday	9.30am	Toddlers Group (Montgomery Toddlers)



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St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

www.catholickinross.com Email: Fr.MartinPletts@gmail.com

facebook.com/parishpriestkinross/

facebook.com/stjamesprayergroup/

Regular Services

Mon	7pm	Holy Mass preceded by Confessions and Prayer Group at 8pm in the church hall.
Tue	10am	Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).
Wed	10am	Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am). Teas/Coffees after Mass, in the church hall.
Thu	10am	Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).
Fri	10am	Holy Mass preceded by Morning Prayer and Confessions (9.30-9.50am).
	3pm	Divine Mercy Devotions.
Sat	10-10.30am	Adoration of the Blessed Sacrament and Confessions (first Saturday of every month Holy Mass at 10am).
	6pm	Vigil Mass.
Sun	9.30am	Mass (teas/coffees after Mass in church hall).

Confessions also on request.

Christmas Services

Vigil Mass at 5pm in St Matthew's, Auchtermuchty

Midnight Mass in St James', Kinross - with Carols beginning at 11.30pm.

Christmas Day Mass at 9.30am in St James'.

Christmas Day Mass at 11.30am in St Matthew's.

Prayer Group meets on a Monday, 8pm-10pm, in the church hall and is open to all.

Children's Catechism class meets every Monday during term time, 3.45pm-4.30pm in the church hall.

The weekly newsletter, Mass times, news and updates or changes can be found on our website.

Kinross Christian Fellowship

Jesus said, *'I am among you as one who serves.'*

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross.

Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Bible-based preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

Everyone is welcome to either service or to both, so please come and, *taste and see that the LORD is good.*

Contact Peter on 01577 863509, for further information.

KCF also runs the Talking Donkey café - see separate notice in the Newsletter. Additionally, the Friday evening Youth Group at the Millbridge Hall (Space) is also the responsibility of our Fellowship, and we are pleased to accept this privilege.



Orwell and Portmoak Parish Church**Church of Scotland** (Charity number SC015523)

Minister - Very Rev Dr Angus Morrison

Telephone: 01577 863461

Email: angusmorrison3@gmail.com

Website: www.orwellportmoakchurch.org.uk

Sunday Worship, Junior Church and crèche:

10am Portmoak Church,

11.30am Orwell Church.

All children welcome. Crèche available during the services.

Please note that joint services will be held on the first Sunday of each month in alternate churches at 10.30am.**Prayer Meeting** held 30 mins before each service.**Service at Ashley House:** first Thursday of the month at 2.30pm.**Morning Prayers at 9am**

Each Thursday at Portmoak Church New Room.

Each Friday at Orwell Church.

Messy Church in Orwell Hall on 26 January from 4 to 6pm.**Festival of Christmas Trees**

By popular request this event will be held again this year on:

Sat 1 Dec 10am-4pm, 6-8pm

Sun 2 Dec 2-4pm

Refreshments will be served in the Hall.

Dates and events for your diary**2 Dec** Joint All-age Service in Orwell Church at 10.30am.
No morning service at Portmoak Church.**11 Dec** Culdees Celtic Service in Portmoak New Room at 10.30am.**14 Dec** Oasis Ladies Group meets in Portmoak New Room from 10.15am to 11.45am – Christmas Praise.**19 Dec** Carols at the Cross in Milnathort at 6.30pm.**23 Dec** Joint All-age Service in Portmoak Church at 10.30am.
No morning service at Orwell Church.**24 Dec** Christmas Eve Service at Portmoak Church at 6.30pm.
Watchnight Service at Orwell Church at 11.30pm**25 Dec** Christmas Morning Service in Orwell Church at 10.30am.**6 Jan** Joint All-age Service in Portmoak Church at 10.30am.
No morning service at Orwell Church.**8 Jan** The Guild meets in Orwell Hall at 2pm –
'Neal's Yard Remedies' – Sally Longstaffe.**22 Jan** The Guild meets in Orwell Hall at 2pm –
'The Challenge of Preaching Today' – Gordon Brown.

Everyone welcome

Church office & shop open Mon – Fri. 10am – 2pm.

29 South Street, Milnathort KY13 9XA.

Christian cards, gifts, bibles and books for sale. Printing and copying facilities available. Recycling for ink toners, stamps & batteries. Donations of food can be made for the local Foodbank.

Contact the Office 01577 861200
orwellandportmoakchurch@gmail.com

Do you have

Photographs of Kinross-shire

you'd be happy to share with others?

Visit www.kinross.cc to find out how to add your photos to the Photo Library. The aim of the library is to provide a resource for promoting Kinross-shire.**Fossoway, St Serf's & Devonside Church****Church of Scotland** (Charity number SC013157)

Church Road, Crook of Devon, Kinross-shire, KY13 0UY

www.fossowaychurch.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassicsoul@aol.com

Our church is a very warm and welcoming place situated in the Crook of Devon, a small village about six miles from Kinross. Come and join us, we would love to meet you.

We have prayer time every Sunday before worship, 9.15-9.30pm.

All are welcome.

Sunday Services at 9.45am. All are welcome.**December****Sun 2** 9.15-9.30am A Time for Prayer.

9.45am Morning Worship followed by festive refreshments.

3pm A service of Remembering. A time of quietness and reflection in the busy festive season to remember our loved ones who will not be with us this Christmas time, with refreshments afterwards.

Wed 5 7pm Country Rock Evening '*Longstay*' starring Callum Campbell.**Sat 8** 1-3pm Christmas Bazaar. 3-4pm Community Carols.**Sun 9** 9.15-9.30am A Time for Prayer.

9.45am Morning Worship.

Tue 11 2.30pm Carols at Balhousie Rumbling Bridge Care Home.**Sun 16** 9.15-9.30am A Time for Prayer.

9.45am Morning Worship Christmas Nativity service.

7pm Christmas Singalong with festive refreshments, crackers and clottie dumpling.

Sun 23 9.15-9.30am A Time for Prayer.

9.45am Morning Worship.

Mon 24 5pm Family Christmas Eve Service. 11pm Watchnight Service, carols from 11pm, service starts at 11.15pm.**Tue 25** 9.45am Christmas Day family service.

Bring a toy or gift to share.

Sun 30 9.15-9.30am A Time for Prayer.

9.45am Morning Worship.

January**Sun 6** 9.15-9.30am A Time for Prayer.

9.45am Morning Worship followed by refreshments.

Sun 13 9.15-9.30am A Time for Prayer.

9.45am Morning Worship.

Sun 20 9.15-9.30am A Time for Prayer.

9.45am Morning Worship.

Sun 27 9.15-9.30am A Time for Prayer.

9.45am Morning Worship.

Café Refresh

Our last refresh for 2018 will be on 13 December 2-4pm. We'll start again on 10 January 2019, 2-4pm. Join us for a friendly blether with delicious home baking, tea and coffee. All are welcome.

messychurch@fossoway

Our next Messy Church will be on Friday 21 December in Fossoway Church straight after the school assembly. Lots of Christmas messy fun, all are welcome but remember that all children need to bring an adult.

Film Evening

7.30pm-9.30pm in the Church Hall.

On Friday 4 January we will be showing *Edie*. The star is Sheila Hancock, age 83, who plays Edie and climbs Suilven in the North West of Scotland. It shows off the stunning and dramatic scenery in that area!

Please join us for the film, a cuppa and a blether and even some popcorn.

St Paul's Scottish Episcopal Church

(Part of the Worldwide Anglican Communion)

Muir, Kinross, KY13 8AY Telephone: 01577 864299

Email: office@stpaulskinross51.plus.com

Website: www.stpauls-kinross.co.uk

Fr David Mackenzie Mills, Rector. Telephone: 01577 863795

Email: frdavidkinross@gmail.com

You can also find us on Facebook

www.facebook.com/stpaulsepiscopalchurchkinross

St Paul's is inclusive, friendly and welcoming to all age groups (whether regular churchgoers or if you're simply inquisitive about who we are and what we do.)

We are excited about the ways in which God is calling us to grow as a community, for the community. (*The Rector is now licensed by the Registrar's Office to conduct Same Sex marriages at St Paul's*). Our aim is to express our deep appreciation of both the spoken and sacramental Word with a lightness of touch and a smile.

Children are equally welcome to stay in church during the service or go to the Meeting Room for Sunday School and everyone is particularly invited to stay together during our monthly 'Whole Church' services.

We predominantly use the 1982 Liturgy on Sunday mornings but create experimental devotion for special events throughout the year. If you would like to give us a try, we look forward to meeting and greeting you and hope that you might enjoy becoming part of this faithful family of Christ.

1st Mondays

10am Pastoral Care group (Side chapel).

Tuesdays

11am Informal Holy Communion (Side chapel).

Thursdays

1.45 – 2.45pm Rector's Hour. An opportunity to drop in and speak to the Rector in the Church Office.

Forthcoming Services and Events - all welcome

December

Sun 2 ADVENT SUNDAY (Hope)

8.30am Holy Communion.

11am Sung Eucharist and Lighting of the First Advent Candle, followed by the church's Annual General Meeting.

Sun 9 Advent 2 (Bethlehem and the way of the Prophets)

8.30am Holy Communion.

11am Sung Eucharist and Lighting of the Second Advent Candle, with Prayers for Healing.

4pm Service of Readings and Carols for Advent.

Sun 16 Advent 3 (Gaudete Sunday and John the Baptist)

8.30am Holy Communion.

11am Whole Church Eucharist and Lighting of the Third Advent Candle, with Sunday School Nativity.

Fri 21 3pm Family Christingle Service.

Sun 23 Advent 4 (The Virgin Mary)

8.30am Holy Communion.

11am Sung Eucharist and Lighting of the Fourth Advent Candle.

4pm Service of Readings and Carols for Christmas followed by mulled wine and mince pies in the Meeting Room.

Mon 24 CHRISTMAS EVE

11.30pm Christmas Eve Midnight Mass.

Tue 25 CHRISTMAS DAY

8.45am Said Matins (1662).

10am Christmas morning Family Sung Eucharist.

Sun 30 NAMING OF JESUS

8.30am Holy Communion.

11am Sung Eucharist.

Trinity Church

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Trinity Church is a **MISSION OUTREACH** of the **UNITED FREE CHURCH OF SCOTLAND**, led by **REVEREND JEROME O'BRIEN**.



Crook of Devon, Station Road, KY13 0PG

www.trinity-church.co.uk

Sauchie & Fishcross United Free Church of Scotland, Scottish Charity No. SC009740.

Sunday Service

We meet every Sunday at the Crook of Devon Village Hall.

The service starts at 10.30am for teas and coffees, with the gathering to worship God commencing at 11am.

After the service, there will be refreshments and conversation. For more information about who we are and what we do, visit our website.

Deaths

CAMPBELL – Mina, Linda, Isabel and Shona wish to thank all family and friends for the many kind expressions of sympathy, cards and letters received following Robert's death. Special thanks to the local doctors, nurses and care workers and to the staff at Dalnaglar Care Home, Crieff for their unremitting help and attention. Thanks also to the Rev. David Mackenzie Mills for his kind words and comforting service, to all who paid their last respects to Robert at the church, cemetery and the Kirklands Hotel and to all who gave so generously to Cancer Research UK. Robert was a much-loved husband, father, grandfather and great-grandfather and he will live always in our hearts.

GREEN – Mary wishes to thank all friends, relatives and neighbours for the many kind expressions of sympathy, cards, letters, flowers and phone calls received following John's death. Special thanks to Rev. Alan Reid for his kind words and comforting service and to all who paid their last respects to John at Dunfermline Crematorium and gave, so generously, over £300 to the British Heart Foundation, and to Stewart Funeral Directors Ltd, Kinross for their sensitive handling of the funeral arrangements and The Grouse & Claret, Kinross for their lovely, elegant hospitality.

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Carrie Arnott PGDip
Person-Centred Counsellor

talk@connectcounselling.scot
07425 167 569

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accredited register





George Kirk

George Kirk passed away peacefully in Moncreiffe Care Home on 20 October 2018 aged 95 years. Born on 15 April 1923 in Gorton, Manchester, he was the middle child of three. His older brother Fred died at a very young age and younger sister Jean passed away just under a year ago.

George's early career was in the engineering sector in Manchester. At the outset of The Second World War he applied to enrol in the Armed forces but was turned down due to his reserved occupation. He instead joined the Home Guard, as well as continuing full-time work.

He had a great love of dancing and met his wife Olive in a dance hall. They married in 1952 and later achieved several medals for ballroom dancing. They had two children, Peter and Elaine. Sadly Peter passed away one month short of his nineteenth birthday in 1975, and Olive in 1992.

Athletics became a very large part of George's life. He competed in many competitions, including the Liverpool Marathon three times, where his best time was 3hrs 9mins 47secs when he was 35. He was a member of Blackley Harriers, Liverpool Pembroke, Paisley Harriers and latterly Pitreavie Amateur Athletic Club. He had joined the Civil Service and with each promotion moved throughout England and Scotland.

When he applied to join Pitreavie he was told they were in need of coaches, and thus began his long career in coaching until ill health stopped him at the age of 87. He never turned anyone away from his group if they wanted to run. On occasions he had 40-50 youngsters being put through their paces. That didn't prevent him coaching athletes to the highest level, including Alasdair Donaldson, a GB international athlete.

Cross country was his favourite and he took on PAAC Cross Country Team Manager's post in 1974 and carried on for another 33 years. He was a Past President (1978/79) and elected Life Member in 1992 of Pitreavie and played an enormous part in developing it into one of Scotland's major athletic clubs.

He helped to set up the Young Athletes Track & Field League and was League Secretary for many years. He was a UK Athletics qualified coach and official timekeeper and officiated at the Ultra Two Bridges Race for almost 25 years. He was awarded the Services to Sport Award by Dunfermline & West Fife Sports Council in 1986 and became a Life Member of Scottish Athletics in 2006.

He was a founder member of Kinross over-50's Club and led and took part in their weekly walks. He also helped to start up Kinross Croquet Club where he would play twice a week in the grounds of the Green Hotel.

To be nearer to family, George moved from Dunfermline to Kinross, and immediately took part in all the activities on offer, in particular the quiz night, Scrabble and carpet bowling. He later became a quizmaster. He thoroughly enjoyed the companionship of his neighbours where he spent seven extremely happy years.

He attended Kinross Day Centre regularly and enjoyed the companionship and activities on offer there. An accomplished pianist and puzzle fanatic, when his eyesight and hearing began to deteriorate he found it increasingly difficult to partake in these pursuits.

Up until the beginning of this year George enjoyed good health. The funeral service to celebrate his long well-lived life was held on 6 November at Dunfermline Crematorium. The collection there raised £259 for Kinross Day Centre.

He is survived by his daughter Elaine and son-in law David.

William (Bill) Sutherland

Bill passed away, peacefully, at home, in Cameron Avenue, on Sunday 11 November 2018. Although Bill was proud to have been born in Grangemouth, he had made Kinross his home for 30 years, many of those with his late wife, Betty.

Bill trained as a carpet-fitter and upholsterer, in and around Grangemouth, before joining the prison service and moving the family to the Isle of Wight. After returning to Scotland, Bill worked in Glenochil Young Offenders Institution before gaining promotion to a governor level post at Perth Prison, which is when he came to live in Kinross. He took early retirement to look after Betty full-time when her health deteriorated.

After Betty's death in 2011, Bill remained in Kinross, with one of his daughters, Anne. Bill has been an elder at Kinross Parish Church for many years and was a regular attender until his own health deteriorated. Many may remember Bill from seeing him out walking or in his garden, where he grew, among other things, roses – a passion he shared with his own father. Bill leaves three children – Sheona, Anne and Graeme, and five grandchildren – Matthew, Jamie, Michael, Joanne and Christopher, and will be sadly missed by all who knew him. He was a wonderful dad and granddad, a good friend to many and a true gentleman. A service was held at Kinross Parish Church on Wednesday 21 November and the family would like to pass on their thanks to all at the Parish Church (especially minister Alan Reid), and to the whole medical team at Loch Leven Medical Centre for their support throughout Bill's life, but especially in the last few months.

I. W. JOINERY

For all your joinery requirements
DOORS - Internal & external
WINDOWS - Double glazed & velux
STAIR PARTS
SKIRTING - DADO - FACINGS
FLOORING - laminate & hardwood
quality work at a reasonable price
Call IAN WASHINGTON
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The Newsletter on Facebook

We use our Facebook page to announce:

- our deadline and publication dates
- what's in the next issue
- reminders of some local events
- occasional breaking news

'Like' our page to be kept informed. Search for 'Kinross Newsletter' or go to:

www.facebook.com/kinrossnewsletter



Playgroups and Toddlers

Milnathort Babies & Toddlers

Orwell Church Hall, Milnathort

Friday 9.30am-11.15am

A relaxed and friendly group

Healthy snacks, tea & coffee

Children from birth to 3 years

(5 years if attending with younger sibling)

Great fun for the kids, mums, dads and carers!

PLACES NOW AVAILABLE!

To join in the fun

call 07745 804539

Email milnathortbt@gmail.com

Or find us on Facebook



SWANSACRE PLAYGROUP, SCIO

21-23 Swansacre, Kinross

Tel: 01577 862071/07592 392235

www.swansacreplaygroup.org.uk Facebook

@Swansacre



We provide a warm, friendly, nurturing and stimulating environment in which children can learn and develop through play.

Monday Garden Guddle: 9am-3pm

Tuesday Playgroup: 9.05am-11.50am

Rising 5's including Lunch Club: 12.10pm-3.10pm

Wednesday Playgroup: 9.05am-11.50am

Thursday Playgroup: 9.05am-11.50am

Friday Playgroup: 9.05am-11.50am

Garden Guddle is an outdoor session in the grounds of Swansacre Gardens. The children can expect lots of mud, water, fun and exploration. Aimed at 3-5 year olds.

Playgroup is aimed at children from 2-5 years of age. The children have a vast variety of equipment and resources to help them learn through play.

Rising 5's is aimed at children in their pre-school year. It aims to sit alongside school nursery, and the sessions are more structured and filled with activities to engage children.

Please contact Victoria for availability or more information on the above sessions: enrolments.swansacre@gmail.com

Swansacre is also available to hire for Private Functions. For more information or to book please contact Lesley on: facilities.swansacre@gmail.com

Swansacre Playgroup SCIO – SC017748 – Registered Scottish Charity

GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Mondays, 9.30-11.30am, term times.

Healthy snack for children, coffee/tea & biscuits for carer

Role play, jigsaws, physical toys and arts and crafts

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Catherine Mason on 07583 022608 or just come along!

LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

Session times (term time only)

Tuesdays 9.30 - 11.15, Fridays 9.30 - 11.15

Contact Debbie Kennedy 07545 339494,

debileighs@hotmail.com

All Mothers, Fathers, and Carers are welcome to attend, with children aged birth to 5 years if accompanied by a younger sibling who shall be 3 years old or younger.

MONTGOMERY TODDLERS

Every Thursday 9.30am to 11am (term-time only)

The Gospel Hall, Montgomery Street, Kinross.

Contact Christina Smith 01577 840733 or 07792 260509

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell (only 10 mins from Milnathort and Kinross)



We are a friendly and relaxed group welcoming children under 5 years and their parents/carers. We offer a wide range of activities including arts and crafts, dressing up, outdoor play and stories. We also on occasion arrange outings, parties and have special visitors who come to the group!

Session times: Tues & Fri 9.45am – 11.30am.

Sessions are £2 per child (£1.50 for under 1s) and 50p for each additional child. A snack is provided.

For all queries please email portmoakplaygroup@hotmail.com or find us on Facebook

Private Nurseries and Childcare

For private nurseries and childcare services, please see advertisements throughout the Newsletter.

To inform the Newsletter of any changes to Playgroup information, please send an email to: editor@kinrossnewsletter.org



The Thursday Group

This is a women's group, meeting on the first Thursday of the month in the lower hall of the Church Centre at 7.30pm. Existing and new members very welcome. Contact Elaine on 01592 840266.

6 Dec	Christmas Meal Outing
3 Jan	Cycling without Age (Kirsteen Ross)
7 Feb	Jewellery (Gillian Skene)
7 Mar	Woodland Trust (Ian Baird)
4 Apr	Aero Space Kinross (Alisdair Stewart)
2 May	AGM

Wreath-making Afternoon

On **Sunday 9 December** from 2-4pm, we will be holding workshops in the Crook of Devon Village Hall to make your own fresh Christmas wreath, and also easy woollen pom pom garlands. The wreath session costs £15 per head, and we provide an oasis ring, a demonstration with advice and a wide variety of greenery. Bring your own gloves, strong scissors, and any special decorations. The pom poms cost £5 per head, and are easy enough for everyone including children. Children should be accompanied by an adult, who could be making a wreath at the same time. Refreshments will also be available.

Booking is essential for these sessions, please contact Amanda James on amandajames1577@gmail.com or call 07963 476803.

Kinross Garden Group

2018/19 Season

Thursday 13 December at 2pm

in the Millbridge Hall, Kinross.

With John Hancox of Scottish Heritage Fruit

'Creating a fruitful Scotland'

All welcome to join us.

Will you be on your own on Christmas Day or do you know someone who will be?

Members of Kinross Parish Church are hosting a lunch in the church on Christmas Day for people in the community who would otherwise be on their own. There will be games and entertainment from 12pm, lunch will be served around 1pm with more entertainment afterwards finishing around 4pm. This is open to anyone in the community and there is no charge. Numbers are limited so please let us know soon if you would like to join us.

Please call 07999 510500 for more information.

Skeins & Bobbins Classes

Thursdays are fully booked. For Tuesdays and Fridays, please book in advance.

Primary classes take place on Tuesdays and Senior classes on Fridays. For confirmation of dates and availability of places, please contact the shop.

Knitting and crochet group for adults continues on Saturdays, 2pm-4pm.

Skeins & Bobbins, 120 High Street, Kinross. Tel: 01577 208107.



Networking Breakfast

Wednesday 5 December

At Loch Leven's Larder, 7.15am-9am

On **Wednesday 5 December** the networking breakfast will be hosting people from all around the Kinross-shire area once more. We hope you'll be flocking to Loch Leven's Larder to enjoy a hearty breakfast, some high quality networking, and to listen to our guest speaker, Archie Hipwell.

Many will know Archie already, as a co-host of the Kinross-shire Partnership. However, not many will know that, as well as being a self-employed logistics consultant and business mentor, Archie and his wife Fiona also run a small-holding, focussing on Shetland Sheep.

Archie started his working life as a management trainee with Christian Salvesen, in their cold storage division. After a short dalliance in the world of processed chickens, he found a more comfortable niche in Scottish and Newcastle beer production's warehousing and distribution function. After 20 years of working in the brewing supply chain, from production to engineering and IT, Archie started Hipwell Consulting in 2004, specialising in performance improvement in warehousing and distribution. His clients have included brewers, wine merchants, a police force, a vet practice and even the Ministry of Defence. His work has taken him from Tashkent to Dublin and from St Petersburg to St Enoch.

Archie and Fiona moved to Kinross-shire in the winter of 2010 and bought their first six sheep in May 2011, not really knowing a gimmer from a gumboot. Since then they have built up a small breeding flock of around 30 sheep. Archie will attempt to explain what drives them to put on waterproofs and brave the elements to check sheep in the dark, after a full day's work. He will also describe how they attempt to extract a financial return from this native breed.

Face-to-face networking is one of the most effective ways to increase your opportunities to do business because 'people do business with people'.

Come to Loch Leven's Larder at 7.15am and meet friends, colleagues, new faces and fellow Kinross-shire dwellers. Have a great breakfast, stand up and tell your fellow diners, in less than 60 seconds, who you are, what you do, and why you have come along. After breakfast and listening to the speaker, why not continue to network before you head out to whatever your day holds for you.

To book your place, please email Karen Grunwell at mail@kinrosspartnership.org.uk. You can choose whether to pay online in advance, or in cash on the day. Full details are available when you book. The meeting cost, including a full cooked breakfast, is £10 per person. We look forward to welcoming you.

www.kinrosspartnership.org.uk
www.visitlochleven.org

www.facebook.com/visitlochleven
www.twitter.com/VisitLochLeven

Deadline for all Submissions
5pm, Friday 18 January
for publication on Saturday 2 February



Christmas Hamper Packing

Millbridge Hall

10th, 11th and 12th December

10th December 2-7
Wrapping and labeling hampers.

11th December 2-7
Filling hampers.

12th December 5-9
Sorting toys and filling stockings.

Please make any food donations
to our drop-off point
in Sainsburys before these dates

**BROKE
NOT
BROKEN**



Milnathort filmhouse at Milnathort Town Hall

SATURDAY 8TH DECEMBER
CHRISTMAS NIGHT OUT!

TICKETS ON SALE NOW
GUARANTEE YOUR SEATS BY
BOOKING YOUR TICKETS ONLINE

8.00pm (Doors Open at 7.30pm)

THE GREATEST SHOWMAN

Over 18s Only - BYOB

Tuck Shop with Movie Snacks and Soft Drinks

Adult	£6.00
Concession	£4.00

Book Tickets Online or Pay at the Door

Information and Online Booking
milnathortfilmhouse.com

Follow Us On:  

The Gaelic Society of Perth

The Gaelic Society of Perth will hold their December ceilidh at St. Matthew's Church Hall, Tay St, Perth on **Friday 7 December** at 7.30pm. This ceilidh will feature the highly talented members of the Stirling Gaelic Choir – who performed very well at the Mòd this year. The highly entertaining duo of Joan Blue – piano, and Stella Wilkie – fiddle, will provide the music as will a member of the Perth Pipe Band.

The January cèilidh will be held at the same venue and same time on **11 January 2019**. The singers will be the Mòd medallists Ian Maclean and Seamus Campbell together with Rhona Morrison and Malcolm Hughes. Irene Anderson will provide a wide range of tunes on the accordion.

Admission is £6 for Members and £7 for Non-Members – for an evening's entertainment plus refreshments!

Further information can be obtained from the Secretary on 01577 864589, on our website gaelicsocietyofperth.com or like us on Facebook - we are Gaelic Society of Perth.

Enquire

Are you looking for information about your child's rights to support in School? If so, contact **Enquire**, the national advice and information service for additional support for learning.

Enquire offer: a confidential telephone helpline and online enquiry service, practical guides, fact sheets and newsletters, helpful materials for children and young people with additional support needs.

For more information contact: Tel 0345 123 2303

Website: www.enquire.org.uk

Enquire is funded by the Scottish Government and managed by Children in Scotland.

Kinross-shire Historical Society

Meetings are held at Kinross Parish Church, Station Road, Kinross, at 7.30pm. Membership entitles free entry to all six talks of the season. Membership: adults £7.50; under 18s free. Visitors: £2 per talk.

Programme for 2018-2019

- 10 Dec:** **Oor Ain Game O' Curlin'** – Prof. David Munro MBE & Jim Paterson. The 350-year story of Kinross Curling Club.
- 21 Jan:** **My Jute Journey** – Sandra Thomson. The History of Jute from 800BC to the present day, with stories of travels in India and Bangladesh.
- 18 Feb:** **Bounty Whalers and the Inuit** – Dr Eric Graham. The effect of whaling on native communities.
- 18 Mar:** **The Klondike Gold Rush** – Dr Martin Hepworth. The search for gold in America in the nineteenth century.

Carols@thecross

Community event organised by Milnathort in Bloom, Orwell and Portmoak Parish Church and Milnathort Town Hall Association.

This year, will take place at
Milnathort Town Hall

on **Wednesday 19 December 7pm**.

Come and join the community getting into the Christmas spirit, singing some Christmas Carols and songs led by Brenda Frier and members of the Loch Leven Singers, followed by some mulled wine and tasties in the hall.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy

Milnathort
filmhouse
at Milnathort Town Hall



Christmas Eve Family Film
with a 'Special Guest Appearance' and Raffle

TICKETS ON SALE NOW
BOOK EARLY TO AVOID DISAPPOINTMENT
TICKETS WILL NOT BE AVAILABLE ON THE DOOR



elf

Monday 24th December at 3.00pm
(Doors open at 2.30pm)
Tuck Shop Available with Festive Refreshments

Information and Online Booking
www.milnathortfilmhouse.com

Follow Us
 

Music in Dollar

Our next concert is on **Sunday 20 January 2019**, 3pm at the Gibson Hall, Dollar Academy with **Ayman Jarjour**. Ayman is a Scotland-based classical guitarist with worldwide presence, performing in the Middle East, USA, Africa and Far East who has played in many local venues. Originally from Damascus, he studied in Spain and USA. Notable highlights have been a concert to standing ovation at NY Carnegie Hall as winner of Artists International's Special Presentation Award, and the Syrian premiere of Rodrigo's two masterpieces Concierto de Aranjuez and Concierto Andaluz. Ayman is involved with many charities working to help refugees and people affected by the war in Syria. His repertoire includes works with Spanish, Latin American and Middle Eastern flavours as well as classical and modern pieces. He plays an instrument made by Egyptian luthier Jean-Paul Hagggar. Further information on <http://aymanjarjour.com/> This concert will be supported by Westbank Natural Centre, Strathmiglo.

Tickets cost £10 on line or at the door but £7 for members of the Society. Further information is available from the Concert Secretary on 01577 864589 or from the Society website www.musicindollar.org.uk



The Kinross-shire Civic Trust



Helping protect, conserve and provide a better built
and natural environment

www.kinross-shirecivictrust.org Find us on Facebook

Annual Dinner: Our annual dinner will be held on **Wednesday 20 February 2019** at the Grouse and Claret.

The speaker will be Peter Nurick, who will be talking about the new V&A Dundee.

The Trust will follow that up by arranging a visit to the V&A.



Dancing

Do you like to enjoy yourself?
We would love to see you:

Thurs 14 February 2019
1.30pm – 3.30pm

Loch Leven Community Campus
The Muirs, KY13 8FQ, Kinross



Come along - have a Dance or Sing along to some great music, or just enjoy being there

Fun Entertainment

Tea ♦ coffee ♦ home baking ♦ Free Raffle
If you require transport please get in touch,
as we may be able to help.

Free Admission

Organised by Kinross-shire Community Learning and Development Group. For further information please contact:
Tracey Ramsay, Community Education Worker
Tel: 01577 867124 or Email: tramsay@pkc.gov.uk.
Or Shona Fowler, Healthy Communities 01577 867218

Men's Shed PREMISES WANTED

Kinross & District Men's Shed need their own premises to allow them to be able to have heating, allow hot working, space for various projects/crafts, toilet and option of adding kitchen facilities, sustain their membership numbers and allow long term planning.

If you have or know of somewhere that may be a possibility, please get in touch.

Tel: Glen Douglas (Chairman) 07900 576145
Roy Gilmour (Secretary) 07788 111203
Email: chairman.kdms@gmail.co.uk or
kdms.secretary@outlook.com



Please support the Loch Leven Heritage Trail Scooter Scheme by making a donation to our crowdfunding campaign at: www.crowdfunder.co.uk/trail-scooters-at-loch-leven
No matter how small, your donation will help to ensure people with impaired mobility can enjoy this wonderful area and all it has to offer.

Are you too fit and active to need to use a mobility scooter? Then why not use this opportunity to make a gift on behalf of someone you know who would love to have the opportunity to explore the nature reserve with you!



Funding Alert!

PKC regularly produces a huge list summarising funding opportunities for the voluntary sector. The list will be posted on www.kinross.cc or telephone the PKC grants helpline on 0345 60 52000.

If your organisation is seeking funds, look out for notices in the Newsletter for Kinross Community Council Newsletter Ltd Charitable Grants and the Kinross-shire Fund.

KINROSS HUB THE CARERS CAFE

Cancelled
December 2018
7th January 2019
Knitting Group
(Mary Sneddon)

4th February 2018
TBC
Volunteers required

The hub cafe is an informal meeting place to chat over a cuppa with other carers, cared for and family members.



**LOCHLEVEN COMMUNITY CAMPUS
KINROSS**
1st MONDAY of EVERY MONTH
10am—12noon



Contact Gail Boath
Tel. 01577 867306
Or Annette Bond
01738 567076





Orwell, Portmoak and Glenfarg District Girl Guiding

Due to an increase in guide numbers and the new exciting programme recently rolled out, we are looking for an enthusiastic volunteer to open a unit in Portmoak and a unit helper for our Milnathort unit.

There will be full support from our great team. If interested, please give Alison a buzz on 07764 750212.

The Bike Station

Donate unwanted bikes, parts and cycling accessories for reuse. Poorer bikes are salvaged for parts. Bikes are refurbished by qualified expert mechanics and sold on to the public at affordable prices with a three-month warranty.

Donated bikes and parts are collected from all Perth & Kinross Recycling Centres, including the Kinross centre at the Bridgend Industrial Estate.

Bike sales are at The Bike Station, 284 High Street, Perth, PH1 5QS, Tuesday to Saturday 10am – 5pm.

The Bike Station also offers a Repair Service, a Fix Your Own Bike facility and a Dr Bike mobile service.

Tel: 01738 444430. Website: www.thebikestation.org.uk

The Perth Bike Station is an accredited Revolve organisation.



100th Birthday and Diamond Wedding Anniversaries

Do you know a Perth & Kinross resident who is celebrating their 100th or 105th+ birthday?

Do you know a Perth & Kinross couple celebrating their 60th, 65th or 70th wedding anniversary?

PKC can arrange delivery of flowers or for a local Councillor to present a basket of flowers to the person or couple on their special day.

Tel: 01738 475051 Email: CivicServices@pkc.gov.uk

KINROSS CARERS THERAPIES

* you can be an unpaid carer and still receive benefits such as Carers Allowance

REIKI



**IF YOU ARE AN UNPAID CARER* REGISTERED
WITH PKAVS CARERS HUB
YOU COULD ENJOY A FREE
COMPLEMENTARY THERAPY SESSION!**

BOOKING IS REQUIRED & DONATIONS ARE WELCOME

Therapy Days are the 2nd Monday of each month
with Shirley Morgan @ Heart and Soul Centre,
High Street, Kinross, K413 8AN

 @PKAVSCarersHub

 pkavscarershub.org.uk

For more info on support for unpaid carers in Kinross contact Carer Support Worker Annette Bond on 01738 567076



**CRYSTAL
THERAPY**

Bookings open the 1st Monday of each month. Please call the Carers Hub on 01738 567076 to book an appointment.

PKAVS is a registered charity (SC 000602) and a company limited by guarantee (06003).

Befriending Kinross


**Passing
The
Baton**

Are you new to the Area?
Would you like someone to talk to?
Someone to have a coffee with?
Help to feel less socially isolated?

If you would like to request a befriender please contact us and we will arrange a time to meet with you to discuss the process.

ptb.kinross@bethanyct.com t: 07747 018 550

Kinross-shire Fund



The Kinross-shire Fund was established in 2006 to make the area a better place to live, by making



grants to a wide range of local charities, organisations and projects which make a positive difference to the community. To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

The next deadline is Monday 4 February 2019.

Full details, including how to apply via our online application link, can be found at:
www.foundationscotland.org.uk/programmes/kinross-shire-fund

Ceilidh Dancing

Mondays: From 2pm until 3pm every Monday in the Guide Hall, Milnathort. You don't need a partner and it is all very informal and great fun. Just come along – the more the merrier. No age limit. All proceeds go to the Scouts and Guides.

Monthly Sunday Ceilidhs: These take place in Milnathort Town Hall, 2pm until 5pm with a break at 3pm for tea and biscuits. Cost: £5. There is no pressure to dance; what better way to spend a Sunday afternoon than hearing these top players? People wishing to learn dances could attend the Monday classes (see above). All money left over after paying the band and hall will go to charity. To make charity suggestions, contact Vi Todd, 01577 863244.

16 Dec

Ian McCallum

Perth & Kinross School Term Dates 2018-19

Term	Start (for pupils)	End
Winter		Fri 21 Dec 2018
Spring	Mon 7 Jan 2019	Fri 29 Mar 2019
Summer	Mon 15 Apr 2019	Fri 28 Jun 2018

Holidays and In-Service Days:

Christmas holiday:	Mon 24 Dec 2018 – Fri 4 Jan 2019
In-Service & occ holidays:	Wed 13 Feb – Fri 15 Feb 2019
Spring holiday:	Mon 1 Apr – Fri 12 Apr 2019
Easter w/e & In-Service day:	Fri 19 Apr – Tue 23 Apr 2019 (Easter Sunday is 21 April 2019)
May Day holiday:	Mon 6 May 2019

PLUS Perth

www.plusperth.co.uk
Tel: 01738 626242
77 Canal Street, Perth



PLUS is a member-led local charity and social movement which gives hope and opportunity to those affected by disadvantage; in the main to those with experience of mental ill health and substance misuse.

The PLUS office is open Mon-Fri, 9.30am – 4pm for mental health signposting and enquiries.

Homes for Cats Wanted

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.





Give a Greyhound a Home
www.greyhoundrescuefife.com

Forever homes needed for rescued greyhounds.
Greyhounds are very gentle creatures that require very little walking!

Please call or email for details
Tel: 01577 850393 (evenings)
07826 244765 (daytime)
Email: femiejimmyf@aol.com



Kinross Recovery and Conversation Café

This weekly group is for anyone with an interest in improving their wellbeing and needing support on their recovery journey from addiction or substance misuse. The café aims to get people speaking about recovery and wellbeing in all its many forms and provides the opportunity to:

- share ideas, information and resources
- explore support networks and ways of moving forward
- breakdown isolation
- improve health and wellbeing

The café takes place **every Tuesday**, 1pm-3pm, at Millbridge Hall, Kinross. Drop in and have a cuppa and a chat.

For more information, contact:

Shona Fowler: 07896 280843, shonafowler@nhs.net

Richard Lister: 07885 971298, richard.lister@cairscotland.org.uk



Supported and funded by Broke Not Broken, a local charity tackling the effects of poverty.

Broke Not Broken

Drop off donations at:

**Sainsbury's, Kinross
Glenfarg Village Shop
Co-operative, Kinross**



Open to clients:

Every Tuesday and Thursday, 10am – 2pm

The Beacon, St Paul's Church, Muirs, Kinross, KY13 8AU

Contact: Tel: 07518 913107

Email: admin@brokenotbroken.org



Broke Not Broken. Tackling the effects of poverty. Scottish Registered Charity SC046033

Grants for good causes

**Kinross Community Council
Newsletter Limited (KCCNL)
Charity No. SC040913**



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

31 March and 30 September

More information is available on the kinross.cc website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email barrydavies57@btinternet.com

Mindspace Recovery College

Mindspace Recovery College runs free courses covering all aspects of mental health, co-delivered by people with lived experience, and are open to all.



Newsletter Deadlines

More deadlines for the months ahead can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check Newsletter website for latest information: www.kinrossnewsletter.org

Issue	Deadline	Publication Date
February	Friday 18 January	Saturday 2 February
March	Friday 15 February	Saturday 2 March



THE
TALKING
DONKEY

Every Friday 11am - 2pm
@ The Millbridge Hall

For further information, or if you want to be involved please ring
07766 515 950 or 07771 696 830

The Cafe where everything is
FREE!

 Soups 
 Snacks 

 Hot Drinks 

 Cold Drinks 

 Home-cooked lunches 

All brought to your table by our friendly staff

The Talking Donkey is a Christian venture so there will always be people on hand to offer
Prayer For Any Need



La Leche League meetings in Kinross

First Thursday of the month,
10am-12 noon



St Paul's Church Meeting Room, The Muirs, Kinross

- Friendly, relaxed mum-to-mum breastfeeding support and chat.
- Informal chat and an interesting group discussion.
- Plenty of time for answering your questions.

We welcome any mums (and mums to be) who are interested in breastfeeding. Children all very welcome.

For more details, contact:

Hannah Dalgety (LLL Leader, Kinross) 07886 859461

www.lll-fife-tayside.co.uk

Find us on Facebook: La Leche League Fife and Tayside

Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

Linda Freeman

Tel 01577 865045. Email: linda.freeman_64@btinternet.com

Scottish Mining Trust Holidays Blair Castle, Culross

Charity number SC036188 www.blaircastle.net

Subsidised holidays for retired miners and relatives

If you worked in the mining industry, or if you are related to a miner or someone who worked in the mining industry, you may be eligible for subsidised full bed and board holidays at Blair Castle in Culross. Blair Castle is set in beautiful grounds with stunning views over the Forth Estuary. Excellent facilities: 28 well-appointed en-suite rooms, disabled accommodation, games room, quiet rooms, social lounges etc.

Call 01383 880307 or email charles@blaircastle.net to find out more and ask for an application form.

Find us on Facebook: Scottish Mining Trust Culross

Perth Citizens Advice Bureau

Outreach Advice Surgery

The Kinross surgery is held on the second and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, Muirs, Kinross. The next visits are:

11 & 25 December

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Contact us: Advice line 01738 450580.

Appointment line 01738 450581.



Benefits Advice in Libraries (BAIL)

Benefits specialist Sarah MacLean is available at Loch Leven Community Campus to provide advice on all benefit related issues. Alongside general benefits advice, Sarah can help with: completing forms (including online), conducting checks to see if clients are receiving everything they are entitled to, and providing advice and support where an application is refused or awarded at a lower level than expected.

Sarah is available **by appointment only**. Appointments are usually offered on Wednesdays and Thursdays. To make an appointment, call 01738 450599 or email Andrew Scobie (benefits and debt administration) using the following: Andrew.Scobie@Perthcab.casonline.org.uk

Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (senior debt adviser) using the following email address: David.Ogston@Perthcab.casonline.org.uk

Looking for a venue that can tick all the boxes?

Crook of Devon Village Hall

- ☒ **Space** We can seat up to 100 for a formal meal; 120 for meetings, theatrical performance, talent shows; 80-90 for discos, family gatherings, community events. We can even accommodate bouncy castles for that "all weather" children's party.



- ☒ **Car Parking** - ample parking for the hall.
- ☒ **Catering** - Kitchen with oven, dishwasher and microwave, plus a great serving area.
- ☒ **Stage** and back stage area for performances, costume changes, etc.
- ☒ Plus the usual facilities - toilets, disabled toilets, changing areas.
- ☒ We also offer chair and table rental for functions at home.
- ☒ **Weekly bookings** taken for activities, e.g. yoga, ballet, fitness classes, badminton, youth clubs.

For all hall bookings and enquiries, including our **special block booking rates**, please contact Jean on 01577 840543 or jeanshearer630@btinternet.com

Mindfulness Meditation Class

Mondays and Fridays, 7pm-8pm

Wednesdays, 6pm-7pm

Loch Leven Community Campus ICT Room

Participants can expect to do some gentle movement, mini sound workshop, relaxation, meditation, mp3 guided meditation, philosophy and reflection.

The sessions are run on a drop-in basis. Entry is by donation.

Further information from Vincent Johnston at:

Vincent.johnston@icloud.com



Community Councils

Kinross: Chair: Bill Freeman, 01577 865045
Email: kinrosscommunitycouncil@gmail.com

Milnathort: Chair: Craig Williams, 07885 722125
Email: craig@stovestuff.scot
Secy: Caroline Flory
Email: milnathortcommunitycouncil@gmail.com

Portmoak: Chair: Malcolm Strang Steel, 01592 840459
Email: PortmoakCommunityCouncil@pkc.gov.uk

Fossoway & District: Chair: Trudy Duffy-Wigman, 01577 840669
Email: fossoway.cc@gmail.com

Cleish & Blairadam: Secy: Patty Fraser, 01577 850253
Email: CleishCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
Jonathan Bryson	4 Burnbank Meadows	
David Colliar	10 Rannoch Place	01577 864037
Dave Cuthbert	85 Bowton Road	07799 750289
Barry Davies	60 Lathro Park	01577 865004
Bill Freeman (Chair)	64 Muirs	01577 865045
Ian Jack	Burnbrae Grange	01577 863980
Lynne McKay	5 Springfield Road	01577 531076
Thomas Stewart	Gellybank Farm	01577 864603
David West	30 Muirs	07824 313974

Portmoak Community Councillors

Robin Cairncross	(Secretary)	01592 840672
Bruce Calderwood	(Treasurer)	01592 840423
Susan Forde		01592 840128
Tom Smith		01592 841160
Malcolm Strang Steel	(Chairman)	01592 840459
Dave Morris		01592 840500
Andrew Muszynski		01592 840467

Have a look at our website: www.portmoak.org

Perth and Kinross Councillors Kinross-shire Ward

CLlr MIKE BARNACLE (*Independent*)
Tel/Fax (home): 01577 840516.
Email: michaelabarnacle@gmail.com
Website: mikebarnacle.co.uk
Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ

CLlr CALLUM PURVES (*Scottish Conservative & Unionist*)
Tel (office): 01738 475092. Mobile: 07557 812570.
Email: CPurves@pkc.gov.uk
54 Lathro Park, Kinross, KY13 8RU

CLlr WILLIE ROBERTSON (*Scottish Liberal Democrats*)
Tel (home): 01577 865178. Mobile: 07909 884042.
Email: wbrobertson@pkc.gov.uk
85 South Street, Milnathort, Kinross, KY13 9XA

CLlr RICHARD WATTERS (*SNP*)
Mobile: 07557 812513.
Email: RWatters@pkc.gov.uk
Applegarth, Sunnypark, Kinross, KY13 8BX

Luke Graham MP

Member of Parliament for Ochil and South Perthshire

38 Primrose Street, Alloa, FK10 1JG

Telephone: 01259 764407

Email: luke.graham.mp@parliament.uk

Twitter: @LukeGrahamMP

Facebook: www.facebook.com/Luke-Graham-for-Ochil-and-South-Perthshire-392788644215614

Member of the Scottish Parliament for Perthshire South & Kinross-shire

Roseanna Cunningham MSP

Constituency office:

63 Glasgow Road, Perth, PH2 0PE

Telephone: 01738 620540

Email: Roseanna.Cunningham.msp@parliament.scot

Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

Claire Baker MSP (Labour) Tel: 0131 348 6769

Email: Claire.Baker.msp@parliament.scot

Murdo Fraser MSP (Conservative) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@parliament.scot

Dean Lockhart MSP (Conservative) Tel: 0131 348 5993

Email: Dean.Lockhart.msp@parliament.scot

Alex Rowley MSP (Labour) Tel: 0131 348 6826

Email: Alex.Rowley.msp@parliament.scot

Mark Ruskell MSP (Green) Tel: 0131 348 6468

Email: Mark.Ruskell.msp@parliament.scot

Liz Smith MSP (Conservative) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@parliament.scot

Alexander Stewart MSP (Conservative) Tel: 0131 348 6134

Email: Alexander.Stewart.msp@parliament.scot

Mobile Library Service

Visiting on Tuesdays 4 & 18 December

Glenfarg	Main Street	1200-1300
Forgandenny	Rossie Place	1545-1615

Visiting on Wednesday 12 December

Kinnesswood	Opposite shop	0930-1000
Portmoak	Hall	1005-1020
Scotlandwell	Leslie Road	1025-1050
Portmoak	Hall	1125-1140
Scotlandwell	Leslie Road	1145-1205
Levenmouth Farm		1100-1120
Hatchbank Road	Gairneybank	1140-1200
Powmill	Mill Gardens	1320-1340
Cleish	Phone Box	1400-1415
Crook of Devon	Village Inn	1345-1430
Carnbo	Pitclairnie Lane	1440-1500
Causeway Court	Kinross	1515-1535
Whyte Court	Kinross	1540-1610

For more information, see: www.culturepk.org.uk/libraries and click on 'Services in the Community'

Blythswood Care collection in Perth

The charity Blythswood Care uplifts donations of secondhand goods in Perth at **MacDiarmid Park**. There will be a collection there on **Tuesday 4 December**, from 11.30am until 1.15pm.

Blythswood Care welcomes undamaged and good quality donations of: clothes, footwear, books, toys, blankets, bric à brac, bicycles, soft furnishings (bedding, curtains etc), CDs, DVDs, mobile phones, tools and small items of furniture. All soft furnishings must have a fire label with BS code BS7177 attached. Regretfully Blythswood **cannot** accept electrical goods.

Local Volunteer Opportunities

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact Claire Slight to find out how you can help: clare.slight@brokennotbroken.org

Greyhound Rescue Fife at Balfour Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at www.greyhoundrescuefife.com

Kinross in Bloom: Volunteer group that provides and maintains floral displays to enhance the environment of Kinross. If you are interested in volunteering, please contact Iain Todd at: iandmtodd@talktalk.net

Kinross-shire Day Centre: We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

KLEO (Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to www.kleo.org.uk. If interested, please contact Bouwien Bennet at info@kleo.org.uk or call 01577 863107.

The Potager Garden is a small community garden in Bowton Road in Kinross, KY13 8EQ. It is a registered charity run by volunteers, and a main aim is to give education to schoolchildren about plants, gardening and the environment. If you would like more information about our volunteering opportunities, please contact the Convenor, Amanda James, on 01577 840809, or amandajames1577@gmail.com

RSPB Scotland Loch Leven: We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks – if you'd like to join our team, please contact Lyndsay Stobie at: Lyndsay.Stobie@rspb.org.uk or call 01577 862355.

Kinross (Marshall) Museum: The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: information@kinrossmuseum.org.uk.

Swansacre Playgroup: A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email swansacre@gmail.com

Kinross Heart Start: Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email davidcolliar@tiscali.co.uk or Bill Freeman, email billywhizkid78@gmail.com or contact our Facebook page.

Common Grounds: Charity café staffed by volunteers on Tuesdays, Wednesday, Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Open to public 10am-12.30pm. Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convenor Elspeth Caldwell on 01577 863350 or Secretary Linda Freeman on 01577 865045 for more information.

Children's Hospices Across Scotland: Can you spare a few hours of your time? We are looking to fill the following volunteer vacancies:



Drivers, Complementary Therapists, Nursing Support, Housekeeping, Garden, Kitchen and Retail Shops.

Volunteering with CHAS is a great way to meet new people, learn new skills and to make a huge difference to the lives of the families who use our services. For further information please visit www.chas.org.uk/get-involved/volunteer/volunteer-opportunities.

Seamab is a residential school that cares for and educates some of the most vulnerable children in Scotland. We are looking for volunteers to help us place and manage collecting cans across Perth and Kinross. Volunteering for Seamab will help make a huge difference to the lives of the children at Seamab and will be a great way to meet new people and develop new skills. For more information please contact Melloney Flinn at mflinn@seamab.org.uk or call 01577 840307.

For more volunteering opportunities, go to the community website www.kinross.cc and look for 'Volunteering', or look at www.vaperthshire.org

Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor. Please let us know if you no longer need your appeal to be listed.

Useful telephone numbers

Medical

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

Police, non-emergency 101

Police, Fire & Rescue, Ambulance & Coastguard emergencies 999

Gas (worried about gas safety) 0800 111 999

Water (loss of supply, foul water emergency) 0845 600 8855

Floods SEPA Floodline recorded messages 0345 988 1188

Perth & Kinross Council (PKC)

Customer Service Centre (Mon- Fri, 8am-6pm)	01738 475000
Reporting non-emergency Road and Lighting faults (CLARENCE)	0800 232323

PKC Out of Hours emergency numbers

Adult care services	0345 301 11 20
Anti-social behaviour helpline	01738 476173*42*
(*42* telephone and leave a voicemail)	
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

Traveline Scotland 0871 200 22 33

Loch Leven Community Campus 01577 867200

Kinross High School 01577 867100

May we take this opportunity to wish everyone a Very Merry Christmas and a Happy and Prosperous New Year

Public Holidays: We will be closed on Monday 24, Tuesday 25 and Wednesday 26 December, and again on Monday 31 December, Tuesday 1 and Wednesday 2 January 2019.

Weekly Programme

Monday	Exercise Class 11.15am Scrabble, cards & other Games 1.15pm Bingo 1.30pm "Stride for Life" Walking Group 2pm
Tuesday	Carpet Curling 11am Relaxation Class 1.15pm Games 1.15pm Singing group with Alex Cant 1.45pm (except 18th)
Wednesday	Morning Worship 10.45am Dominoes, Scrabble & other Games 1.30pm (except 19th) Tai Chi 1.30pm (12th) Fantastic Fun Quiz 2pm (except 19th)
Thursday	Carpet Curling or Boccia 11am Crafts 1.30pm (except 6th) Film or music Afternoon 1.30pm (except 6th) Dominoes, Scrabble, cards 1.30pm Balance & Strength Class 1.30pm
Friday	Balance & Strength Class 11.15am Dominoes, Games or music 1.30pm (except 21st) Bingo 1.30pm (except 21st)

Coffee Bar open to all

8.30am - 4pm

Older Adults Lunches Daily

Our activities are open to everyone.
Please feel free to come in and have
a great afternoon.



01577 863869

kindaycent@tiscali.co.uk

Film shows • Cards
Dominoes • Art Class
Exercises • Chiropody
Trips • Daily Papers



Additional Events for December

Hearing Loss Support and Advice	11am-12pm	Monday 3rd
Chiropody (Tel 01577 863869 for an appointment)	9.45am-1pm	Thursdays 6th, 20th
Carol Concert & refreshments	2-3pm	Tuesday 18th
Christmas Lunch & Concert (booking essential)	12-3pm	Wednesday 19th
Christmas Fayre	10am-12pm	Thursday 6th
Pantomime: Sleeping Beauty	Leaving at	Friday 21st
(Alhambra - booking essential)	1.15pm-late	
Library Trip	1.30pm	Thursday 27th

LOCAL CHEMIST INFORMATION



Rowlands Pharmacy, Kinross

Mon-Fri: 9am-6pm
Saturday: 9am-5pm
Tel: 862422

Davidson's Chemist, Milnathort

Mon to Fri: 9am-1pm & 2pm-6pm
Saturday: 9am-12.30

Tel: 862219

Sundays: The nearest open pharmacy is
Asda, Dunfermline



Dollar Museum

1 High Street, Dollar, KY14 7AY

Open from Easter to Christmas at the following times:

Saturdays 11am-1pm and 2pm-4.30pm

Sunday 2pm-4.30pm

Free Entry

Access also possible by arrangement.

Email: dollarmuseum@btconnect.com

www.dollarmuseum.org.uk

Dollar Museum is a lively, award-winning visitor attraction. It is situated at the top of the Burnside, beside the Golf Club and at the entrance to the Mill Green and Dollar Glen. We have both parking and disabled access.

There are displays on the History of Dollar, Castle Campbell, the Devon Valley Railway, the Japanese Garden at Cowden and Prehistoric items excavated in the local area. There are exhibitions on WW1 and the Bicentenary of Dollar Academy.

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone
Ross McConnell on 01577 865885 or email

subscriptions@kinrossnewsletter.org

Community Website

For contact details of community groups, hall bookings,
job vacancies, leisure and visitor information and
much more, visit **www.kinross.cc**

Items for Sale

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter, subject to space.

Three seater sofa

Free

Good, clean, upholstered ercol sofa.

Seller Details: Meta Niven
meta.b.niven@gmail.com

01577 862828

Rest assured chair bed

Free

Recently recovered but no space in our down-sized home.

Seller Details: Norman Sillett
nordot123@btinternet.com

01577 865799

Kinross Recycling Centre

Bridgend Industrial Estate

Opening Times: **Mondays to Fridays 9am to 7pm**
Saturdays and Sundays 9am to 5pm

Bras, bicycles, cans (inc aerosols, biscuit tins, aluminium foil), car and household batteries, cardboard, cooking oil, electricals (WEEE), engine oil, fluorescent tubes, long life light bulbs, food and drinks cartons (Tetra packs), fridges, freezers, garden waste, glass, large domestic appliances, paper, plastic (rigid plastic packaging), rubble stone and soil, scrap metal, telephone directories, textiles (clothes and shoes), timber, tyres (maximum two per visit, strictly householders only) and non-recyclable (general) waste.

Bikes and bike parts will be recycled. (See separate Bike Station notice.)

Collection point for Perth College WEEE project: IT equipment will be refurbished and sold on at an affordable price or recycled for parts. Items accepted include: desktop computers, laptops, mobile phones (without the sim card), tablets, keyboards, mouse controls, cables, DVD players, video players, portable music players, games consoles, new or empty printer cartridges, projectors and flat screen working monitors. The project cannot accept Cathode Ray Tube or broken monitors.

Compost can be collected from the Recycling Centre, subject to availability. Maximum of 2 x 25kg bags per visitor.

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone on 01738 626666 or 08457 909090

Email us jo@samaritans.org

or **visit** us at 3 King's Place, Perth, PH2 8AA

Mondays 1630 – 2130 Thursdays 1630 – 1900

Wednesdays 0830 – 1100 Fridays 1000 – 1630

and 1930 – 2130 Sundays 0800 – 2130

No pressure, no names, no judgment.

We're here for you, anytime.

Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the kinross.cc website before applying to see full details and to **check whether a position is still available**. (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Kitchen Porter, The Courthouse, Kinross

Full time kitchen porter required for our busy and friendly neighbourhood restaurant. General porter duties including cleaning of crockery, utensils, equipment and food preparation areas. Full training given but some experience would be an advantage. Email info@courthousekinross.com.

Parent Council Clerk, Kinross High School

Do you have good secretarial and organisational skills? Would you like to support your local High School? Do you have some free time on Monday/Tuesday evenings once a month during term time?

The Kinross High School Parent Council has a vacancy for a part time secretary. The secretary is not required to be a parent of a pupil at Kinross High School. The work involves around 40 to 50 hours of work per year, attending approximately 8 to 9 evening meetings over the course of the year, preparing and issuing minutes and supporting the chairperson in the drafting of agendas and organisation of the meetings.

Payment for the role is £640 per year, paid in four instalments of £160 at the end of each of the four school terms per year. The time commitment is around 10 to 12 hours per school term. If you have any questions about the role or wish to apply, please contact Laura Alexander at KinrossHSParentCouncil@gmail.com.



Support and friendship
for families

volunteering for Home-Start

You can make a difference for a family in your community.

All parents know that those early years before children go off to school are vital in a child's life and at Home-Start we believe parents have the key role in creating a secure childhood for their children. It's just that sometimes they need a bit of help ...your help.



Contact Jill or Fiona for more information on accessing Home-Start support or joining our great group of volunteers.

www.homestartperth.org.uk

 @HomeStartPerth

Home-Start Perth
Unit B11 Highland House
St Catherine's Road
Perth, PH1 5YA
t: 01738 638847
e: info@homestartperth.org.uk

Funded by:



Looking for Contact Details?

For listings of local clubs, businesses, public services and more, visit **www.kinross.cc**



**Get involved
now that**

**Perth & Kinross is a
FAIR TRADE Zone**



P & K Fair Trade Zone Group



@PKFairtrade

Christmas & New Year Holiday Arrangements



Recommended last posting dates

Beat the festive rush and get all your letters and parcels in the post on time.

For full information, go to www.royalmail.com/greetings

United Kingdom

Tuesday 18 December:	2nd class, Royal Mail Signed For® 2nd Class
Thursday 20 December:	1st class, Royal Mail Signed For® 1st Class, Royal Mail Tracked 48®*
Friday 21 December:	Royal Mail Tracked 24®*
Saturday 22 December:	Royal Mail Special Delivery Guaranteed®

*Royal Mail Tracked 24 and Royal Mail Tracked 48 services are unavailable to purchase at Post Office® branches.

International Standard

Tuesday 4 Dec	Africa, Middle East
Friday 7 Dec	Cyprus, Malta, Asia, Far East, Eastern Europe (except Poland, Czech Republic and Slovakia)
Saturday 8 Dec	Caribbean, Central and South America
Monday 10 Dec	Greece, Turkey, Australia, New Zealand
Friday 14 Dec	Canada, Czech Republic, Italy, Poland and USA
Saturday 15 Dec	Finland, Sweden
Monday 17 Dec	Austria, Denmark, Germany, Iceland, Netherlands, Norway, Portugal, Slovakia, Spain, Switzerland
Tuesday 18 Dec	Belgium, France, Ireland, Luxembourg

Kinross Post Office (Co-operative)

24 December	9am-4pm
Christmas Day	Closed
26 December	Closed
31 December	9am-4pm
New Year's Day, 2 January	Closed

Royal Mail Delivery Office (at 87 High Street)

Sunday 23 December	11am-3pm
Monday 24 December	7am-12.30pm

Milnathort Post Office (Giacopazzi's)

Monday 24 December	5.30am-10pm
Christmas Day	Closed
Wednesday 26 December	7am-7pm
Thursday 27-Sunday 30 December	5.30am-10pm
Monday 31 December	5.30am-9.30pm
New Year's Day	9am-5pm
Wednesday 2 January	7am-8pm
Wednesday 3 January	5.30am-10pm

Davidsons the Chemist, Milnathort

Monday 24 December	9am-6pm
Christmas Day	Closed
Wednesday 26 December	2pm-4pm
Thursday 27 December	9am-6pm
Friday 28 December	9am-6pm
Saturday 29 December	9am-12.30pm
Sunday 30 December	Closed
Monday 31 December	9am – 6pm
New Year's Day	2pm-3pm
Wednesday 2 January	Closed
Thursday 3 January	9am – 6pm

Rowlands Pharmacy, Kinross

Monday 24 December	9am-6pm
Christmas Day	2-3pm
Wednesday 26 December	Closed
Thu 27, Fri 28 December	9am-6pm
Saturday 29 December	9am-5pm
Sunday 30 December	Closed
Monday 31 December	9am-6pm
New Year's Day	Closed
Wednesday 2 January	2-4pm
Thursday 3 January	9am-6pm

Loch Leven Community Campus

Monday 24 December	Closed
Christmas Day	Closed
Wednesday 26 December	Closed
Thursday 27 December	9.45am-3.45pm
Friday 28 December	9.45am-3.45pm
Saturday 29 December	9.45am-3.45pm
Sunday 30 December	9.45am-3.45pm
Monday 31 December	Closed
New Year's Day	Closed
Wednesday 2 January	Closed
Thursday 3 January	Normal term-time opening hours resume

Waste and Recycling

There will be **no domestic or commercial collections** on **25 or 26 December 2018 or 1 and 2 January 2019**

Unless notified directly by letter the following will apply:

Collections due on Tuesday 25 December will take place on Saturday 22 December

Collections due on Wednesday 26 December will take place on Sunday 23 December

Collections due on Tuesday 1 January will take place on Saturday 29 December

Collections due on Wednesday 2 January will take place on Sunday 30 December

There are no scheduled garden and food waste collections from 22 December to 4 January. Collection dates will return to normal from 5 January.

Real Christmas trees can be chopped up and added to your home compost bin, chopped up and placed in your brown-lidded bin (if you have a Garden Waste Permit) or taken to your local Recycling Centre. Real or artificial Christmas trees presented as excess waste will **not** be uplifted.

Severe Winter Weather

In the event of severe weather it may not be safe for refuse vehicles to visit all areas. If your bin is missed please leave it out for 48 hours and the Council will attempt to return for it. If the Council is unable to return, please re-present on the next scheduled collection day. If you have excess waste or recycling, please use local Recycling Centres or Recycling Points www.pkc.gov.uk/recyclingcentres.

Recycling Centres

All Recycling Centres will be closed on 25 and 26 December 2018 and 1 and 2 January 2019. Opening hours otherwise remain the same over the festive period.

Special Uplifts

The last special uplift collection will be 20 December 2018. Normal collections resume on 3 January 2019.

Loch Leven Community Library	See page 56
Loch Leven Health Centre	See page 23
Kinross-shire Day Centre	See page 109
RSPB Loch Leven	See page 88



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Wed	5	Kinross CC meets	32
Thu	6	Santa in Kinnesswood	62
Thu	6	The Thursday Group: Christmas Meal Outing	101
Fri	7	Santa in Milnathort	62
Sat	8	"A Trip Back in Time: Mary Queen of Scots" by David Munro at RSPB Loch Leven	88
Sat	8	Portmoak Film Society shows "The Breadwinner" and "Mountain"	
Sun	9	Wreath-making afternoon	101
Sat	8	Milnathort Filmhouse: The Greatest Showman	102
Mon	10-12	Broke not Broken at Millbridge Hall making Christmas Hampers	55
Mon	10	Oor Ain Game O' Curlin' talk - Kinross-shire Historical Society	102
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Wed	12	Santa in Crook of Devon	62
Thur	13	Santa in Glenfarg	62
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Sat	15	Christmas Bookbug at the library	56
Sun	16	Santa in North Kinross	62
Sun	16	Coffee, Cakes and Carols. Community carols event- Kinross-shire Churches Together	
Sun	16	Portmoak Christmas Tree Event	45
Sun	16	Ceilidh in Milnathort Town Hall	105
Fri	18	February Newsletter deadline for submissions	105
Wed	19	Carols@thecross, Milnathort Town Hall	68
Fri	21	P&K Schools End of Winter Term	105
Mon	24	Kinross Parish Church Crib service 4.30pm	89
Mon	24	Kinross Parish Church Watchnight service 11.15pm	89
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Sun	20	Music in Dollar: Ayman Jarjour	103
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