



# Kinross Newsletter

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Founding editor,  
Mrs Nan Walker, MBE

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## DEADLINE for the November Issue

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## Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

Email: [editor@kinrossnewsletter.org](mailto:editor@kinrossnewsletter.org)

(all emails will be acknowledged)

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## Commercial Advertising in the Newsletter

Our advertising terms and conditions have recently been updated.

They are available to view at [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org).

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If you wish to place a Typed Advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

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# Editor's Page

Cover photo: Wallace Shackleton.

Design by Lee Scammacca of Cree8.

## Letter from The Editor

This summer was the twelfth warmest on record in the UK since 1910. It was also Scotland's second wettest, only surpassed by the summer of 1985. Thousands of Scottish schoolchildren, including many from Kinross, recently took to the streets of Edinburgh to demand that more action is taken to halt climate change. They should be applauded.

Kinross-shire is not immune from climate change. Our natural and built heritage is under attack; wetter summers and milder winters increase the saturation of historic properties from rain and groundwater. As a nation, we have witnessed strong storms and experienced the appalling impacts of flooding and landslides. The marine environment is changing, with insidious pressure on our native seabirds. Waters are warming fast, affecting the flora and fauna that can survive.

*'While the problem can sometimes seem overwhelming, we can turn things around — but we must move beyond climate talk to climate action.'* Ted Turner

Hannah

### Note to Contributors

A great deal of the Newsletter comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the Newsletter.

### Letters Policy

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the Newsletter. The Newsletter does not necessarily agree with any of the views expressed on the letters or indeed other pages. In special circumstances addresses may be withheld from publication on request (but must still be supplied to the editor).

### Note to Readers: Advertising

Inclusion of advertisements in the Newsletter does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

### Abbreviations

PKC: Perth & Kinross Council  
CC: Community Council

Cllr: Councillor  
CCllr: Community Councillor

### About the Kinross Newsletter

The Newsletter has been informing and supporting the community for over 40 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the Newsletter to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the Newsletter. Thank you.

The Newsletter is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

## Hockey Sticking Point

I wish to express my concern about Kinross Hockey Club's proposals for a new warm-up area, to be constructed to the west of their existing pitch, between the rear of the pitch and the dwellings approximately from 53 to 61 Muirs.

Upon hearing of their proposals, I contacted KHC to ask for more information, as their initial details were incomplete. I received a courteous reply, proposing a meeting, which I accepted, to be held at a time when final details were available for discussion. To date I have not heard further from them. I am reluctant to lodge a formal objection at the moment, as without the final details I would be acting from a position of ignorance. I trust the absence of details is not a deliberate tactic, and I would ask KCC to ensure that a formal planning application does not go ahead without neighbour notification.

Notwithstanding the above, I understand that their proposals call for the felling of tree, and the replacement of grass with the type of plastic carpet used for the pitch. Access to the area, which currently includes a public footpath, will end. This seems contrary to the public spirit of the King George V playing fields bequest. The public footpath separates the sports activities from the dwellings. KHC's proposals, will, quite literally, bring their activities up against our garden wall. Surely this cannot be acceptable? At present, the trees provide visual relief from the ugly wire stockade that surrounds the pitch. They also provide a site for nesting birds in summer, and roosts in winter. Red squirrels visit these trees. In an age of increasing environmental awareness, the destruction of trees is unacceptable. As for KHC's statement comparing autumn trees to leaking pipes, words fail me.

It seems reasonable to ask why this proposal is necessary? There is no reason why pre-match warm up cannot take place on the pitch. If the extended facility is being requested solely for subs and reserves, the environmental damage and the loss of public amenity is disproportionate. Why can they not warm up on grass? If absolutely necessary, could the warm-up area not be on the east side of the existing pitch, between the hockey pitch and the rugby pitch? There is space there, public access to the footpath would not be lost, and the residents would be left undisturbed.

Copies of this letter have been sent to Kinross Community Council and Perth & Kinross planning department.

Yours faithfully,  
Graham M McLeod,  
61 Muirs, Kinross

## Weather



### August Weather Report from Kinross

Total rainfall	175.3mm = 7.01ins
Heaviest rainfall	25.7mm (9th)
Total sunshine for the month	150.8 hours
Sunniest day	11 hours (23rd)
Minimum temperature average	9.52°C
Lowest temperature	4.1°C (12th)
Maximum temperature average	19.03°C
Highest temperature	25.6°C (25th)

### Suspension of Callum Purves and Colin Stewart

A few weeks ago, one of our Kinross-shire councillors, Callum Purves, was suspended from the Conservative group on Perth & Kinross Council (PKC) along with fellow Conservative Councillor Colin Stewart (Strathmore ward) because formal complaints had been made about them following a meeting of the Integration Joint Board (IJB).

Cllrs Purves and Stewart were members of the IJB, a joint PKC and NHS Tayside board. At an IJB meeting on 29 July, members of the public and representatives of a mental health support group were asked to leave because the meeting had been suddenly cancelled or switched from public to private. Dr David Strang was due to give a report on an independent review of mental health services in Tayside at the meeting, and the public wanted to hear this. Councillors Purves and Stewart argued against the public being asked to leave, and they enabled them to meet with Dr Strang informally.

Councillors Purves and Stewart were subsequently told they were being suspended from the Conservative group (and therefore the ruling administration) due to complaints about their conduct at the IJB. They were not told the precise nature of the complaints or who had made them.

Kinross-shire Civic Trust wrote to the leader of the Council in support of Councillors Purves and Stewart as follows (abridged):

*Dear Councillor Lyle,*

*In our dealings with Councillor Purves (one of our local ward councillors) we have always found him to be a most personable, committed and extremely able representative.*

*We are very grateful for his dedication and his best efforts to seek accountability for the actions and decisions of Perth and Kinross Council.*

*In regard to the the current events surrounding the IJB, we consider that Councillors Purves and Stewart were continuing this very commendable approach to representing the best interests of those they are elected to serve. In this particular case they have applied this same commitment to members of the public who were present to seek answers to very legitimate concerns. Listening to concerns of interested parties would seem to KCT to be a very logical and indeed very necessary requirement in the situation presented to them.*

*It is good to see that these young Councillors are willing to stand up for transparency and democracy and not meekly submit to those who may feel threatened by their admirable commitment.*

At a specially convened meeting of full Council on 2 September, the administration group proposed a motion to remove Councillors Purves and Stewart from the IJB. However, an amendment stating that they should stay on the board, and for Cllr Stewart to become its chair, gained cross-party support and was carried.

The Trust is supportive of Councillors Purves and Stewart and indeed all councillors who seek and listen to any issue of concern the public might raise. Any improvement in service delivery by local authorities and other public bodies is clearly in the public interest.

E Thomas, Secretary  
Kinross-shire Civic Trust

## Congratulations



**Andy and Liz Whatmore** are delighted to announce that their son, Charles (Chas) has married Helen Budge of Longhope, Orkney, the daughter of John and the late Leslye Budge. The ceremony was held on the beach at Rackwick Bay, an absolutely stunning location, on 1 August 2019; the beach party on the following day was under clear blue skies, with not a midgie in sight. Their first steps from the wedding tepee show them embarking on their married life together. We wish them every happiness in the many years ahead!

### Scottish Champion

Congratulations to **Struan Bennet** from Milnathort who won the Scottish U15 5km Mid Trail Championships on 1 September at Falkland. The hilly course wound through the stunning Falkland estate challenging the runners over a variety of terrain. Struan finished 36 seconds clear of his nearest rival to take the Gold.



Struan Bennet



## Puffin has parents huffin' as Janice made to vanish

Janice Burkinshaw is more than just a lollipop lady. For 28 years, she has been helping Kinross children get safely to primary school every morning, often being the first adult to greet them with a smile and a friendly word after leaving their homes and setting off. We shouldn't underestimate the power of that first positive interaction in the school day; for many children, it makes a huge difference.

She not only knows all their names, but the mums tell me she knows which ones

are allowed to cross without a parent present, and which ones should try to curb their enthusiasm and wait for an adult. Stationed at the zebra crossing

**'I'm worried about the safety of my kids'**

outside the Primary School on Station Road, Janice is a Kinross institution.

As of August 2019, there has been no lunchtime crossing patroller outside this busy school. The crossing is to become a

puffin crossing as of 20 November, with Janice set to move elsewhere from 20 January 2020. The same is happening at other zebra crossings in Perth and Kinross, including for Colin, who helps children cross on Springfield Road, also in Kinross.

Many of the parents are now worried about the safety of their children, as the road is a major, busy route in and out of Kinross. Cars drive well in excess of the 30mph speed limit, and often fail to pay attention to the zebra crossing at all.

The parents I spoke to were all in agreement.

'It's disgusting! A lady in a mobility scooter was hit by a car earlier this year. If they can't stop for that, how are they going to see a 5-year-old child?'

'I'm worried about the safety of my kids,' another told me. 'I won't let them walk if this happens. It's going to take away their independence.'

There was nothing but praise for Janice, and for the importance of the human interaction that is about to be lost. 'Janice is an amazing person. She does more than just help kids cross the road. You won't get that from a piece of machinery'.



*'Camera-shy' Janice*

### What's a Puffin crossing?

A Puffin crossing is a 'Pedestrian User-Friendly Intelligent' crossing; the name has nothing to do with a bird! Puffin crossings have two special sensors on top of the traffic lights – a pedestrian crossing detector (PCD) and pedestrian kerb detector (PKD). These make the crossing more efficient by detecting whether pedestrians are crossing slowly – which prompts the crossing to hold the red traffic light longer. They were developed as a safer way for people, particularly those with a disability or in wheelchairs, to cross busy roads.

If the pedestrian presses the control panel and crosses prematurely or walks off – the sensors will cancel the request. The location of the signal at waist height on the same side of the road as the person waiting to cross is supposed to encourage pedestrians to look at oncoming traffic. It is also useful for visually-impaired people who may struggle to spot lights from further away. Some puffin crossings are also fitted with small rotating handles underneath that tell pedestrians with poor sight when they can cross. Puffin crossings can be unsuitable in areas of high density because the view of the green man can be obscured by people waiting to cross the road.



*Left: a Pelican crossing. Right: a Puffin crossing*

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## Raj Mahal Scoops Award

The Raj Mahal won an Asian Restaurant of the Year Award!

Local Kinross restaurant, The Raj Mahal, were delighted to be shortlisted as finalists for the Asian Restaurant Awards 2019 and were invited to the Sheraton Grand Hotel & Spa in Edinburgh for the award ceremony, where they scooped the Restaurant of the Year, Central & Fife Award! This was a great result amongst some fierce competition. The chief judge was Pat Chapman of the Good Curry Guide.



*Jahed Ahmed and his team*

A series of public votes determined the Scottish public's favourite Bangladeshi, Chinese, Indian, Japanese, Malaysian, and Nepalese restaurants and takeaways to narrow it down to 70 finalists. The awards are organised by the Asian Catering Federation (ACF) which represents the nation's 30,000

Asian and Oriental restaurants.

Jahed Ahmed, said, 'We are delighted to have received this award and would like to thank all my colleagues as well as all our respected and loyal customers. I hope they will continue to support us. Anyone who hasn't tried our food yet, you are more than welcome!'

## South Kinross Flood Protection Scheme

There have been a number of flooding issues in and around Kinross from the South Queich, the Gelly Burn and the Clash Burn. There have also been previous flooding issues in the area due to surface water at the Myre Park. In order to address this, Perth & Kinross Council has recently engaged consulting engineers, RPS, to develop proposals for a flood protection scheme to reduce the risk of river flooding in the area.

In July 2019 they sent out a questionnaire to residents and businesses in the above area. Thank you to everyone who returned these. The information is being used to inform the development of the flood scheme.

A topographic survey was also carried out in July.

RPS are currently planning to carry out ground investigations in the area in October and November 2019. These works will provide valuable data on ground conditions which will be used to inform the flood scheme proposals. The works will involve drilling boreholes and digging trial pits. These investigations are generally on commercial land and all landowners will be contacted in advance of the work.

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## GrowBiz – Making Rural Business Digital

GrowBiz provides support and advice to anyone starting or growing a small or micro enterprise.

Through their new project, 'Making Rural Business Digital', they want to make Perth and Kinross the most entrepreneurial rural economy in Scotland, through the development of Smart Villages, enterprise 'hotspots' and digital upskilling. Smart Villages are 'digital communities' that help rural enterprises to promote their services. They can provide information points for local community groups and can also be 'communities of interest' – they'll be developing new platforms for artisan makers and care and wellbeing enterprises in rural areas.

Growbiz have also just launched a new programme, GrowOnline, to help businesses to enhance and develop their online presence and make the most of digital opportunities. GrowOnline is open to anyone, and everyone who signs up will be able to access a wide range of online resources.

Growbiz continue to hold free events throughout Perthshire. There are also a number of online sessions, which this month includes a session on managing your time on social media. For further details or to book check out the website at [www.growbiz.co.uk](http://www.growbiz.co.uk). They also offer one-to-one meetings for any rural business looking to start, grow or diversify. All services are free and confidential.

### Hall Bookings

A list of halls and contact details can be found at

[www.kinross.cc](http://www.kinross.cc)



## Keep Kinnesswood Shop

Residents turned out in their droves to show their support for the proposal to Save Kinnesswood Shop.

Portmoak Village Hall was practically full for the meeting, called at the beginning of September.

It had been triggered by an announcement, at Portmoak Community Council's August meeting, that David and Ishbel Buchan would be closing the shop at the end of the year. Ishbel said that they would like to offer the community a chance to take it on. Susan McGregor, Lesley Botten and Dave Batchelor volunteered to organise a public meeting to see if there was enough interest in the community.

There certainly was interest, although one meeting wasn't going to provide the perfect answer.

Elizabeth Porter, who is currently in the process of setting up the Kinnesswood Community Trust, outlined various options which could allow the community to take on the shop. These options included setting up a company ltd by guarantee or a Community Benefit Society that would allow a community share scheme to be set up. She emphasised the advantages of the trust working closely with whatever entity takes on the shop. In all cases, she was adamant it was vital a robust business plan was in place.



Lesley Botten had spent much of the previous fortnight finding out about other examples of community takeovers and she outlined four examples, each of which offered different lessons. One figure that made an impact was that 94% of community start-up projects were successful after 5 years compared with 41% of business start-ups.

Both Lesley and Elizabeth were keen to say that a huge amount of help was available for communities who decide to go down this route. Dave Batchelor suggested that, of all the difficulties in front of them, finding the necessary money would not be the biggest. There were many funds and commissions keen to assist this sort of project.

Everyone at the meeting found themselves involved in decision making, by answering questions posed regularly throughout the meeting.

**What would incline you to use the shop more?** The wide range of suggestions included a coffee machine, fresh fruit and veg, local produce, wider stock, confidence that what you needed was in stock, post office and organic food.

**What else can the space be?** There

was huge support for a cafe, with internet, teenage coffee shop, pop-up pub. Ideas such as an art gallery, nursery and community hub were also mentioned.

**Are you willing to be involved?** The vast majority of folk at the meeting offered support, ranging from buying shares and paying subscriptions to cleaning and manning the shop.

**How much would you be willing to commit to the start up?** The meeting was willing to pledge more than £21,000 if asked.

Several people expressed reservations about the commercial viability of the shop although Dave, chairing the meeting, said that the detailed points made will be better addressed by a steering group.

At the end of the meeting half a dozen people volunteered to be part of the steering group to take the process further.

There is still a long way to go but the meeting was hopeful that the shop, in whatever form, could be retained and expanded, and the Portmoak community enhanced.

Follow the campaign at: [www.facebook.com/kinnesswoodsaveshop](http://www.facebook.com/kinnesswoodsaveshop) or email us: [subscribe@kinnesswoodshop.org](mailto:subscribe@kinnesswoodshop.org)

Interested in volunteering? Email [enquiries@kinnesswoodshop.org](mailto:enquiries@kinnesswoodshop.org)

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## Trishaws go from strength to strength

It has been a very busy and successful summer for the Kinross Trishaws Project in its first year of operation. The management team would like to take this opportunity to thank all our wonderful pilots and volunteers who make this fantastic project possible. We are also very grateful to the GPs and staff at Loch Leven Health Centre who have recently allowed us to site our storage container in their car park. This provides us with a lovely central location where we will be able to connect to a power supply to charge our trishaw batteries. We enjoyed participating in the SNH Discovery Day at Kirkgate Park which was a great success and we provided lots of rides to let local people try out the trishaws and find out more about our work. We also attended the national 'Trishaw Summit' weekend in Falkirk which included an impressive procession of 20 trishaws from the Football Stadium to the Kelpies and onto the Falkirk Wheel (and back again).



*Frequent passenger Heather Ross*

One of our frequent passengers Heather Ross said it was one of the best days of her life and if you had given her a million pounds, she couldn't have been happier! This fabulous feedback says it all.

The trishaws are proving to be a great success in Kinross. To enable us to expand our programme, our current focus is to recruit additional volunteers. We currently deliver free weekly rides from Ashley House, Kinross Day Centre and Causeway Court allowing some of the elderly residents to go outside and feel the wind in their hair. If you see us, please give us a wave or stop for a chat. The feedback we have received from our passengers is truly heart-warming and our pilots (the cyclists) have learnt so much from the passengers' local knowledge. We have also been delighted to take some of the families from Rachel House which has been a wonderful experience for all.

If you would like to know more about the trishaws or could volunteer some time to cycle for us, please contact us on [Kinrosstrishaws@gmail.com](mailto:Kinrosstrishaws@gmail.com)



Trishaws are proving to be a great success

## Kinross Club Nets Grant Success

Roseanna Cunningham MSP has welcomed the news that Kinross Netball Club recently received a £6800 National Lottery Awards for All Scotland grant from SportScotland. She commented, 'I am really pleased for everyone involved with Kinross Netball Club. This is a significant grant and I am sure that the money will be put to very good use. Their ambition is to increase their membership and to engage with older or less active members of the community by setting up a walking netball group, which is a fantastic idea. There are also plans to create a pathway that will support children who start playing the sport in primary school to continue doing so into later stages.'

National Lottery Awards For All Scotland gives groups a chance to apply for a National Lottery grant of between £300 and £10,000 for projects that aim to help improve local communities and the lives of people most in need.

They award grants to community, arts and sports groups on behalf of National Lottery Community Scotland, Creative Scotland and SportScotland.

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## Matthew Dance Academy

The Matthew Dance Academy has certainly come a long way since its pupils had to share premises with a puppy training class!

More than 20 years on, it operates from plush, custom-designed studios, teaching more than 200 students everything from tap and ballet to ballroom and hip hop.



*Stars in their eyes: The girls pictured in LA*

Some of its former pupils have gone on to achieve international success and earlier this year a group of young MDA dancers were even chosen for a dream trip to Los Angeles, where they met choreographers to the stars before going on to perform at Disneyland.

The eight-day trip included meeting choreographer Hamilton Evans at the world-famous Millennium Dance Complex, where the likes of Justin Bieber learn their moves.

The group was one of only three from all over the UK to be chosen for the honour, having undergone a rigorous selection process to make sure the dancers met Disney's exacting standards – right down to their choice of costumes.

'Performing at the original Disneyland in California was the highlight of an amazing trip,' says founder and principal Nikki

Matthew. The girls were quite understandably nervous at the prospect of dancing in front of so many people but they put on an amazing show and really did the Academy proud.' Meanwhile a group of around 37 pupils are looking forward to January, when they'll be visiting the prestigious Pineapple Studios in London – one of the many activities organised by Nikki on a regular basis.

Following the curriculum set by the British Association of Teachers of Dancing, MDA pupils take part in competitions at a national level throughout the year and play an active part in the local community, regularly performing at local events, galas and fundraisers.

On November 8 and 9 this year, they'll be performing their spectacular annual theatre show in the Carnegie Hall, Dunfermline.

It's all a far cry from the early days when classes were run in Milnathort Town Hall.

The Academy could be said to literally have come on in leaps and bounds, later moving into studios at Kingfisher House, Milnathort, before the new premises in Stirling Road were opened in January.

As well as catering for budding dancers as young as two, the studio also offers a wide range of other classes such as Cize, Boogie Bounce, Groovaroo and Zumba, and it can even be hired for private functions.

For more information, visit [www.matthewdanceacademy.co.uk](http://www.matthewdanceacademy.co.uk) or call 07869 120989.



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## Luke Graham, MP

During my summer surgery tour around our constituency I visited over 38 villages and towns, catching up with local residents and listening to their issues and concerns. Following the series of break-ins on the Kinross high street earlier this year, rural crime also came up as a prominent issue. It may surprise many as our peaceful, rural communities are often expected to be the last place to find criminal activity, but many are victims of theft of farm machinery, dog attacks on livestock, sheep worrying and drugs. It is important that our communities are not seen as soft targets for would-be criminals. To help combat crime nationally, the Prime Minister has announced that 20,000 more police officers will be hired. Policing and justice are devolved, and therefore it is for the devolved administration in Edinburgh to decide, but as a result of recent spending announcements, an additional £1.2 billion will be coming to Scotland next year; this could fund 2000 more police officers in Scotland as well as significant increases in NHS and education funding – I'd like to see this money spent in the way it is intended, so we see the benefits in our communities. Although Brexit dominates the headlines, and much of my parliamentary time, I have also been working with colleagues to progress several projects and issues for our constituency, one key point was addressing the issue of convergence funding left over from an original 2013 decision. When I was elected local farmers and NFU Scotland raised the issue that in 2013 the UK received an additional funding from the EU as part of agricultural funding, and this was distributed across the four constituent nations of the UK in spite of majority of funding being qualified for by Scotland (we have a greater percentage of less favoured areas than England and Wales). Therefore, my Scottish Conservative and Unionist colleagues and I picked up this issue, lobbying the Government for a review of the funding decision, leading to the Bew Review, and to agree the recommendations of this review the commit additional funding. As a result of our efforts, our farmers will now be receiving £211m of additional funding: £160m to address the issue from 2013 and an additional £51m to guarantee fair funding until 2022. It is one thing to shout and complain about an issue, but as your MP I believe it is my duty to put in the hard graft, working behind the scenes to make real changes. Our farmers and rural communities will now benefit from an additional £211m until 2022, setting us on the path to fair and sustainable funding in the future.

This is not the only way that I will be supporting farming and the rural economy. Agriculture is a key pillar of our local economy, and so supporting farmers and rural businesses will create opportunities for everyone in our constituency. This is why I will be launching my #FightingForFarmers campaign to champion key issues ranging from dairy contract regulation, to development funding and direct investment.

*As always, if you have any issues or concerns please contact me at my office on 2 Comrie Street, Crieff, 01764 680 384 or by email at [luke.grahamoffice@parliament.uk](mailto:luke.grahamoffice@parliament.uk).*



Luke Graham

## Councillor Richard Watters

### School Crossings

I am totally against the removal of the school crossing patrols at Station Road and Springfield Road for Kinross Primary School, and on the A977 outside Fossoway School.



The relatively insignificant savings that will be achieved through these cuts, weighed against the safety concerns for our children getting to and from school, especially given that they are all on busy roads, is disappointing.

The zebra crossings on Springfield Road and Station road are due to be upgraded to puffin crossings. In itself this is good news, as there will be benefits for the whole community having these new crossings, however, this should not justify the removal of our crossing patrol officers to assist children crossing these busy roads. These works are proposed to happen later this year.

With the crossing on Springfield Road I have asked officers to use this as an opportunity to look at the issue highlighted in last years 'Street Audit', which showed the problem individuals have getting wheelchairs and prams along the street, due to the position of the post for the zebra crossing light and the telecoms box right next to it.



The telecoms box close to the crossing light on Springfield Road

Along with a Kinross Community Councillor we had a meeting with officers regarding the siting of new **Vehicle Activated Signs** (VAS) around Kinross. One of the new signs is due to be sited at the top of the Muirs, near the new Lathro development, another, just as you come into Kinross on the B966 and another on Springfield Road between the Muirs end and the zebra crossing. Two further VAS signs are proposed for the west end of Springfield Road and one for Station Road. These were put on hold till further information on any potential upgrade to the zebra crossings were received. Given this has now been confirmed, officers are relooking at potential sites for them.

### Council Changes

Just over two years ago the Conservative Administration in the council had a majority of ten. This has now totally switched with the Tories now running the Administration with a minority of ten Councillors. First the Independent and Labour Councillors left, followed more recently by the suspension of two Tory Councillors from their group. This was followed by a parting of ways with the four Lib Dem Councillors. Interesting times in Perth and Kinross Council, as well as at Westminster.

Richard Watters

### Newsletter Deadlines

A list of future deadlines can be found on our website

[www.kinrossnewsletter.org](http://www.kinrossnewsletter.org)

## Councillor Barnacle

*Copy of a letter sent to Peter Marshall, Brenda Murray & Robert Wills, Planning, at Perth & Kinross Council on 13 September, 2019*



Dear Colleagues

### Proposed LDP2 Supplementary Guidance on Landscape

I refer to your email of 19 August 2019 regarding the start of consultation on the above, with comments required by 30 September 2019. In the briefing note attached you state that, considering the short timeframe since adoption of guidance in 2015 on the application of Policy 37, a full review of Local Landscape Areas is not considered to be required. I wish to challenge strongly this view, which does not take account of my previous representations made and which I am enclosing for referral.

I made clear in my email of 6 August 2019 on the LDP2 Examination Report that I maintain strong objection to LDP2 not containing a provision to review Local Landscape Area designations and their need for protection from inappropriate development. I also stated this in my letter to Murray Lyle, Leader of the Minority Administration at Perth & Kinross Council, on Regional Parks in Scotland of June 2019.

I would, however, be content for this issue to be addressed under Supplementary Guidance, rather than at debate on LDP2 at Full Council on the 25 September 2019, if Perth & Kinross planning would commit to addressing the local landscape designations for Kinross-shire that are the subject of my representations to date.

By way of brief summary on this matter I would ask you to note the following from the representations enclosed.

1. The Kinross Area Local Plan 2004 included extensions to the AGLV's to the shire's hill and river borders after a hard-fought community campaign.
2. Between 2009 and Spring 2014, a period of five years, no progress was made in addressing the issue of the loss of AGLV's and their replacement by Local Landscape Areas by Perth & Kinross Council and I sought participation in the Review Panel then.
3. Despite strong representation in 2014 from myself, Cleish and Fossoway Community Councils within the Review Panel, the consultants excluded from designation the former AGLV's of Cleish Hills and Devon Gorge, despite

strong evidence that they met most of the evaluation criteria for designation.

4. I remained highly critical of the consultant's exercise in February 2016, especially ignoring cross-boundary designations.
5. Since March 2015, local members have been repeatedly blocked from getting a review of this flawed exercise and righting a clear wrong decision!
6. Between July 2017 and February 2018 I maintained objections to LDP2 if no review of landscape designations took place, also citing previous requests for the Ochil Hills to be considered for Regional Park status and to look at extending the Lomond Hills Park to Lochleven; this latter issue being mirrored by the draft Review enclosed in my letter to Murray Lyle of June 2019 afore-mentioned.
7. The need for Local Landscape Areas to be protected against inappropriate development does not seem to have been addressed by the Reporters Examinations of July 2019, which is very concerning when I had highlighted in August 2017 that the loss of the former AGLV's of Cleish Hills and Devon Gorge from landscape designation suddenly resulted in them featuring as areas with highest capacity for windfarm development in Map 6.1 of Renewable Energy Supplementary Guidance. I was alarmed by this prospect and maintain the strongest objection to it.

I would ask why is it necessary to review all local landscape designations if the only requests for a review relate to the exclusion of the former AGLV's referred to? Why also, do we need to use consultants for such an exercise, when we have expertise within Perth & Kinross Council on these issues? I believe the case has been made for the Cleish Hills and Devon Gorge to be re-assessed and for the Regional Park issues afore-mentioned to be looked at within the Supplementary Guidance you are consulting on and I formally request that you do so. Clarity on your position before 25 September 2019 would be helpful.

I remain  
Yours sincerely

Cllr Michael Barnacle  
Independent Member for Kinross-shire

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## Liz Smith, MSP

I was intrigued to hear that the Scottish Government has contingency plans to run the nation's railways if ScotRail does not improve its performance.

Transport Minister Michael Matheson recently told the Scottish Parliament that they have various contracts with consultants and agencies who would support the Scottish Government in the event of them having to employ an operator of last resort.

Many residents in Kinross-shire will be only too familiar with the failings of ScotRail in providing a good service, especially between Edinburgh and Perth. Commuters in Fife have been particularly badly hit with cancellations, delayed services and overcrowded trains, often making their travelling time a complete misery.

Matters came to a head in August when hundreds of passengers faced major disruption to rail services at Waverley Rail station in Edinburgh on a Saturday night following an international rugby match and events at the Edinburgh Festival. Many of these passengers lived in Fife and Perth and Kinross.

I still firmly believe that the rail service for commuters in Kinross-shire could be improved by having a direct rail link between Perth and Edinburgh via Kinross.

The railway between the two cities was closed back in 1970, diverting trains via Fife in order to install the M90 motorway. In March this year, I was delighted to be told that Transport Scotland will look into proposals to introduce a direct rail link between Perth and Edinburgh.

If this move takes place it would be of enormous benefit to residents living in Perth and Kinross by shaving around 30 minutes off the travelling time between Perth and Edinburgh and also attract visitors to Kinross-shire.

It's unbelievable that it was quicker to get from Perth to Edinburgh in the age of steam than it is now. I feel that in order for Perth and its surrounding communities to realise their potential then fast and efficient public transport links are essential.

ScotRail have faced criticism for years, with passenger satisfaction slumping to its lowest level in 15 years in December. Mr Matheson had told MSPs on the Scottish Parliament's Rural Economy and Connectivity committee that the rail operator was 'making good progress' in a range of different provisions that had been set out in a remedial plan.

The week before this, Alex Hynes, Managing Director of ScotRail, told the same committee that the company was going to embark on a review of their planning ahead of large events following the debacle at Waverley Rail station in August.

It is a sad indictment of ScotRail that the Scottish Government is considering implementing a plan to operate the country's railways as a last resort.

The Scottish Government may well have contingency plans to takeover from ScotRail but they should also consider introducing a direct rail link between Perth and Edinburgh. This is an issue I will keep pushing as I believe it is the best solution for rail commuters in Perth and Kinross.

**Liz Smith**

*As ever Liz appreciates the feedback of readers and can be contacted at the Control Tower, Perth Airport, Scone PH2 6PL or via email at [Elizabeth.Smith.msp@parliament.scot](mailto:Elizabeth.Smith.msp@parliament.scot) or on 01738 553990.*



## Roseanna Cunningham MSP

In recent years, tourism has become one of the fastest growing economic sectors in the world. There are over **14,000 tourism businesses** in Scotland, around 1 in 12 of Scotland's registered businesses. In Perth & Kinross, we are above that Scottish average and in the top ten of tourism-dependent local economies.

Inbound tourist arrivals (overnight visitors) grew to over 1.2 billion in 2016, an increase of 46 million (3.9 per cent) on the previous year. International tourist arrivals worldwide are forecast to increase by 3.3 per cent a year to reach 1.8 billion by 2030.

**Scotland is seeing a fair chunk of that increase. Over 2.7 million overseas visitors** came to Scotland in 2016 – up 17% since 2011 and expenditure by visitors to Scotland was valued at around £9.7 billion.

That growth in numbers, of course, brings challenges as well as benefits and the Scottish Government is committed to devolving more power to local authorities as well as taking steps to safeguard the future of Scotland's vibrant tourism industry.

That is why the Scottish Government are looking for views from members of the public as well as industry on the principles of a transient visitor levy.

This levy is what has been given the shorthand nickname the Tourist Tax, and for some local areas may be an appropriate way of ensuring that high visitor numbers can generate an income for infrastructure improvements that could benefit visitors and locals alike.

Members of the public, businesses and the tourism sector are being asked for their views on the design of a levy which would let local authorities, who deem it appropriate for their local circumstances, charge visitors a fee for staying overnight in their area.

Tourist taxes are quite common in other countries. Many people will have encountered – and been happy to pay – tourist taxes while holidaying overseas, indeed the costs are often wrapped up in the package price of the holiday and we barely even notice them.

The money generated by local authorities who decide to introduce a transient visitor levy would be retained by them for reinvesting back into tourism-related activities in that community.

Such a charge may not be right for any or all local authorities in Scotland but it is certainly worthwhile taking the pulse of the nation on the proposal – particularly from communities like ours where tourism is such an important part of the local economy.

This would not be a national tax and it would be for individual local authorities to decide whether or not to apply an overnight fee if they consider it appropriate for the local community.

It is important that as many people as possible – particularly those directly involved in the tourism industry – respond to this consultation to ensure that any legislation that is brought forward strengthens local decision making and enhances tourism across Scotland.

The consultation runs until 2 December 2019 and more details can be found online at <https://consult.gov.scot/local-government-and-communities/visitor-levy/>

**Roseanna Cunningham**





## Suicide Prevention Week

Suicide Prevention Week took place in September and Police Scotland were proud to support it.

We can all save a life by talking openly and asking someone if they are thinking about suicide if we are worried about them. We know that most people contemplating suicide do not want to die; they want to end the pain they are in. Talking openly and compassionately about suicide therefore reduces the risk of death. We are committed to playing our part in reducing the tragic and preventable deaths by suicide in Scotland.

In 2018 there were 784 deaths by suicide in Scotland, 2 a day. Suicide remains a leading cause of early death, and whilst the figures show that the gap between the number of people who die by suicide in rich and poor areas is closing, men continue to be three times as likely as women to take their own lives.

We also know that people from LBGQT communities, in prisons and involved within the criminal justice system, and those with substance abuse issues are more likely to have suicidal thoughts.

My officers often attend incidents of completed or attempted suicide and as such they have undergone extensive training to recognise and intervene to prevent such tragedies. They also see the devastating impact that suicide has on friends and family.

Scotland's Suicide Prevention Action Plan aims to reduce suicide by 20% by 2022 and we can all play our part by looking out for signs of despair. And this is equally pertinent in the workplace as 66% of people who died by suicide were in employment.

The clearest and direct warning signs are behaviours that indicate the person is thinking about or planning suicide, or is preoccupied or obsessed with death. Suicide warning signs may be spoken, appear in text communications, social media or reported by another colleague.

- Talking (or writing) about wanting to die or hurt or kill oneself.
- Talking (or writing) about feeling hopeless or having no reason to live.
- Talking (or writing) about feeling trapped or in unbearable pain.
- Talking (or writing) about being a burden to others.
- Looking for ways to kill oneself, such as searching online for suicide methods or seeking access to firearms, pills or other means of suicide.

## Indirect Changes In Behaviour

Other warning signs are the more indirect changes in behaviour which may indicate someone is experiencing a mental health problem, and which may include suicidal thoughts or plans.

The following signs do not necessarily mean the person is thinking about suicide, but may indicate they are struggling:

## Changes in Productivity

1. Deterioration in performance at work
2. Lethargy in a previously energetic person
3. New pattern of unexplained lateness or absences
4. Recent inability to concentrate on work

5. Recent inability to complete work

## Changes in Social Functioning

1. Deterioration in social functioning
2. Withdrawal from colleagues, isolation

## Changes in Personality or Behaviour

1. Extreme mood swings
2. Acting in an anxious or agitated way
3. Showing rage, uncontrolled anger
4. Behaving recklessly

## Increased Alcohol or Drug Use

Changes in Eating and Sleeping Patterns

Signs of (Self-inflicted) Physical Harm

For more help and information please see

[www.chooselife.net](http://www.chooselife.net)

[www.samaritans.org](http://www.samaritans.org)

## Recent Incidents

Overnight on Saturday 14 September 3 vehicles had a corrosive substance thrown on their bodywork on a driveway on Morlich Place **Kinross**. (CR//19)

Between Sunday 8 and Tuesday 10 September a blue motor vehicle had property stolen from within on Main St, **Glenfarg**. (CR/24309/19)

About 9pm, Friday 6 September, a wooden door was damaged in School Wynd, **Kinross**. (CR/23825/19)

Overnight on Sunday 8 September a number of power tools were stolen from within a white transit van parked on Ash Grove, **Glenfarg** (CR/24069/19)

**Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively, information can be passed anonymously via the charity Crimestoppers on 0800 555 111.**

## Police Scotland – local community

Telephone 101 for non-emergencies

Community officers for Kinross-shire:

**PC Ben Clark** and **PC Douglas Stapleton**.

Email: [taysidekinross-shireCPT@scotland.pnn.police.uk](mailto:taysidekinross-shireCPT@scotland.pnn.police.uk)

Community Sergeant (Kinross-shire): **Sgt Michelle Burns**.

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Kevin Chase**.

## Ways of following the Police:

Twitter: @KinrossPc or [twitter.com/policescotland](https://twitter.com/policescotland)

Facebook: [www.facebook.com/PoliceScotland](https://www.facebook.com/PoliceScotland)

Website: [www.scotland.police.uk](http://www.scotland.police.uk)



## Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch. The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: [www.pkcommunitywatch.co.uk](http://www.pkcommunitywatch.co.uk)

## Crime Stoppers – Telephone 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.



## Councillor Willie Robertson

**Loch Leven:** I have a growing concern that the water quality of Loch Leven is getting worse. Evidence published by the Centre for Ecology and Hydrology in June 2017 shows that thankfully the water quality of Loch Leven had improved substantially over the previous 25 years. However, this summer there have been more dramatic algal blooms on the loch. On previous occasions many algal blooms have been blamed on long periods of warm, dry weather. Given the heavy rain we have had over the summer months and the supposed improvements in water surely quality algal blooms surely should not have occurred.

There is huge housing pressure on Kinross/Milnathort and community councils and others are very concerned by this. More large housing developments mean more sewage. Even if our waste water treatment plants are taking out the majority of the phosphorous in the sewage this ultimately leads to more phosphorous entering the loch which must impact on the health of Loch Leven – Kinross-shire's most valuable asset and visitor attraction. Most of our sewers in Milnathort and Kinross carry both rainwater and sewage. In



flood conditions the Milnathort Waste Water Treatment Plant is unable to cope with the levels of water/sewage so must allow the excess to enter Loch Leven without treatment. This makes matters even worse. I have written to both the Centre of Ecology and Hydrology and SEPA asking for their figures on the water quality of Loch Leven over the past 10 years. If as I suspect, the water quality in the loch is getting worse, we surely can't allow more large-scale housing developments until our ability to cope with the additional sewage load from these houses is greatly improved.

**Scotbet Building High Street:** I have now had a reply to my letter to the owners of the Scotbet building (formerly Millers Bar) in which I asked them to tidy their building up. They have responded positively to say that they will have the outside of the building painted. This should be done in the next four weeks.

**Overnight Parking Kirkgate:** There is a growing problem with campervans and caravans parking overnight in the Kirkgate Park. The Council have now agreed to erect 'No Overnight Parking' signs in a bid to stop this happening. Hopefully this will cure the problem.

*Willie Robertson*

## The secret hidden language of Kinross-shire

In the census of 2011 people in Scotland were, for the first time, given the opportunity in the language question of deciding if they spoke or otherwise knew the Scots language, as well as the usual questions about knowledge of English and Gaelic. This showed that about 35% of Kinross-shire's residents self-identified as using or being able to use Scots – with a much higher proportion in some areas, such as the older parts of Kinross.

Last year I visited Conwy, a part of Wales where a similar proportion said in the census that they could speak Welsh. In contrast to Kinross-shire and the Scots language, all official signs and many private signs were in both Welsh and English. It would be impossible to visit Conwy without being aware of the Welsh language. On your return you might, like me, wonder why there is therefore so little evidence of Scots in the public realm in Kinross-shire. But, if

you look, there is at least an inkling of this 'underground' language, mainly in place and street names.

Because Scots is under such pressure in the face of English, many of these words are now becoming obsolete. Though not all – 'Wee Stoater', (seen at Unorthodox Roasters) is first recorded in the twentieth century.

Some of these Scots signs show the



different historical connections of Scots compared with English: Loch from Gaelic, Manse from Latin, Port from French, Gait (or Gate) from Norse.

Can you find any more written Scots around the County?

*Gordon McFarlane*



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We use our Facebook page to announce:

- our deadline and publication dates
- what's in the next issue
- reminders of some local events
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## The Orwell Standing Stones

The October cover shows one of the huge monoliths known as The Standing Stones of Orwell. The stones are easily seen on your left as you drive from Milnathort towards Wester Balgedie on the A911. In the background behind them you can see the western edge of the Lomond Hills.

Situated on a flattened mound on the highest part in the middle of a field, they are typical of the many monoliths found in Scotland which date back to prehistoric times. Although they are clearly visible from the road, their true stature is far better observed from close at hand. They stand roughly 3m and 2.2m (9'8" and 7'6") tall.

The pair of stones are separated from each other by about fifteen yards. They're distinctly different in character. The western stone (pictured on the cover) is rough, angular and jaggy, while the eastern one is tall and bulbous with smooth, rounded edges. The purpose and history of the stones has been the subject of lively debate over the years.



The taller stone. Photo: Wallace Shackleton

The *Scottish Journal* in 1847, said, 'The common belief is that these stones are of Danish origin, erected in commemoration of a victory, ... a stone coffin, of large size, was found on digging up the space between the stones. Similar coffins have also been turned up in the same field, and, ten or twelve years ago, the ground was dug up in several places by a neighbouring proprietor, when large quantities of bones, much decomposed and mixed with charcoal, were discovered.'

Antiquarian Fred Coles visited the stones in 1904, and commented: 'Mr R. Kilgour, one of the oldest residents of Kinross, showed me a fine partially flattened oval pebble of dark reddish quartzite, measuring 5 inches by 2½ inches, which he found in the ground between these two stones. The abrasion at each end clearly shows that this pebble has been used as a pounder.'

The stones are unusual in that they have been explored in more recent times as well. In 1972, following the toppling of the western stone, the area round the stones was excavated and the western stone was then re-erected and set in concrete. The large cement base is clearly visible.

After the fall of the west stone, J.N.G. Ritchie (1972) and his team visited the site to resurrect the west stone and to check what was underneath it. His notes were published in *Discovery & Excavation Scotland*, 'A cremation deposit was found in an insubstantial stone setting in a scoop in the natural gravel some 0.5m S of the stone ... Within the pit on the SW side of the stone there was an unusual two-storeyed cremation deposit; the lower cremation was contained within a rough setting of stones with one side formed by the standing stone itself, and was covered by a flat slab. On this slab and again surrounded by a setting of small stones was the upper cremation. It seems most likely that these were inserted into the stone hole at the time of the erection of the stone. Another cremation was found at the lip of the stone hole on the SE side. The discovery of cists and cremation patches in the same field in the early 19th century suggests that the stones have acted as a focus for such burials.'

The discovery of these two cremation deposits within the stone-hole on the southwest side was a remarkable find. It is thought they were inserted during the erection of the stone; they had been carefully interred one above the other with a flat slab separating them, and represented the remains of several people, as well as bones of pigs and dogs.

So, it seems that these giant monoliths were actually markers for a neolithic and/or Bronze Age cemetery or necropolis in the Bronze Age. Carbon dating of bones from the deposits suggests they have been there since about 2000 BC.

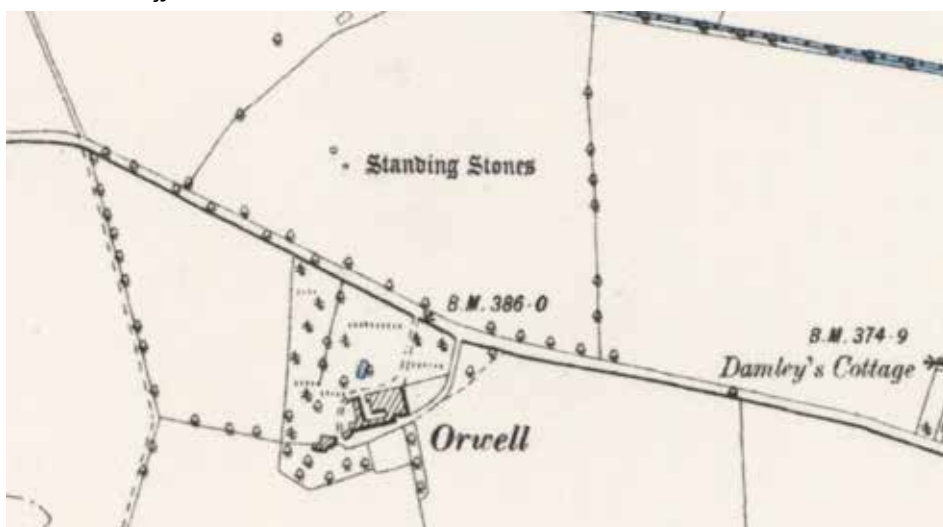
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<https://megalithix.wordpress.com/2015/03/24/orwell/>



OS map of the stones, 1857



# ★ Serving You Well ★

*We are grateful to all our outlets who help support the community by stocking the Newsletter*

## Glenfarg Village Store

Right in the heart of the picturesque village of the Glenfarg you'll find a real community asset; Glenfarg Village store. This month, Joyce and David from the *Kinross Newsletter* Team popped in to speak with owners Mark, Russel and Joe to find out more about this long-established shop.

really supports our ethos of being at the centre of the community. The Newsletter is an excellent way to find out what is happening nearby. There are many new houses in the area, and it gives householders the opportunity to keep in touch with local businesses who advertise their services'.

and are really well supported by local residents. We really look forward to them after a busy week in the shop!' Mark told us about the importance of working with local organisations. He said, 'We have collections for Guide Dogs for the Blind and Glenfarg and Duncrevie in Bloom. We have a donation point in the store for Broke Not Broken and every Easter and Christmas we organise Easter Egg and Sweet Treats campaigns. Our customers really support this and hundreds of treats are distributed to local families.

It is crystal clear just how hard Mark, Russel and Joe work to keep the community spirit in Glenfarg alive. There is always something happening in this vibrant community shop. If you are passing by, or haven't been to Glenfarg for a while, pop in; Mark, Russel and Joe would be delighted to see you.



*Glenfarg Village Store*

The three boys took over the shop in 2010, when they were looking for an escape to the country after leading busy working lives in London.

On offer in the store is a good range of newspapers and magazines, groceries, confectionery and hot and cold drinks. The shop is a PayPoint and National Lottery retailer and there is a grand selection of local produce for sale too. The local Glenfarg Newsletter is also available in the store.

Russel told us, 'Our loyal local customers look forward to getting the publication every month, and it

Joe said; 'We prepare a complimentary 'Welcome to Glenfarg' bag of moving-in essentials for new residents and we always pop in a copy of the Newsletter.' He continued; 'We were made very welcome when we moved here, and we want others to know they are welcome too'.

Russel explained about the community events they are involved with. There is a popular Fish and Chips Pub Event, Chilli Cocktail and Family Night held every month throughout the year. Russel told us; 'These events are held in the Glenfarg Community Centre



*Joe behind the counter*

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# Health & Wellbeing

## News from the Health Centre



### Annual Flu Campaign



We will again be holding the first of the season's flu clinics on the first Monday in October - **Monday 7 October**. Saturday morning clinics will be held on **Saturday 26 October, Saturday 2 November and Saturday 16 November**.

Appointments may now be booked with reception. **Please do not wait for a letter to be sent to you inviting you to make an appointment. If you are eligible you may make your appointment now.**

We would encourage all those in the following groups to come for a flu injection:

Over 65s	Those aged 65 and over on 31 March 2020 (Born on or before 31 March 1955)
Those aged 6 months or over in a clinical 'At Risk' Groups	Chronic respiratory disease and asthma that requires continuous or repeated use of inhaled or systemic steroids or with previous hospital admissions. COPD including chronic bronchitis and emphysema Chronic heart disease Chronic kidney disease: kidney failure or transplant, nephritic syndrome Chronic liver disease: cirrhosis, chronic hepatitis Chronic neurological disease: stroke, TIA Diabetes Immunosuppression Asplenia or dysfunction of the spleen
Pregnant women	Pregnant women at any stage of pregnancy
Long stay residential	Those living in long stay residential care homes or other long stay care facilities
Unpaid Carers and young carers	Those who, without payment, provide help and support to a partner, child, relative, friend or neighbour who could not manage without this help. This could be due to age, physical or mental illness, addiction or disability. Young carers are those under 18 who carry out significant caring tasks and assume a level of responsibility for another person which would normally be taken by an adult.

Please note that patients who do not fall into these categories or who have no other clinical reason for receiving the flu vaccination will not be given the vaccination.

Clinicians will visit the residential and nursing homes as usual to administer the vaccination.

### Shingles

The shingles vaccination is available to all those aged 70 to 79. Those aged 80 or over are not eligible. The shingles vaccination is only administered once and it can be given at the same time as the influenza vaccine. If you are eligible for both vaccinations, please advise our receptionist of this on booking your appointment.

### Children's Nasal Flu

From October 2019 all children's flu vaccinations will be administered by the Tayside Children's Immunisation Team rather than by the GPs and nurses in St Serf's and Orwell Medical Practices. This will include pre-school children aged 2-5 years, at risk children aged 6 months to 18 years, primary school children, and children who have missed flu vaccination at school. Parents who wish to request the flu vaccine for their children will have to call a central phone number to make an appointment with the Children's Immunisation Team. The number is 01307 475240. The number will not be live until 1 October so please do not call before then.

### Monday 7 October

Please note that the only patients who will be seen on Monday 7 October are those with pre-booked appointments for flu or shingles vaccinations. Patients who have a medical problem which requires attention on that day should contact NHS24 and the Fife Primary Care Emergency Service on 111.

#### Visiting Kinross-shire?

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## Loch Leven Blues ... and greens

Recent concerns over Loch Leven's water quality have led to dog owners and swimmers being told that they should be vigilant because of the risks posed by blue green algae. Few people are aware of what this is, or of the problems it can cause.

But this is not a new occurrence. Nearly thirty years ago, in June 1992, Loch Leven was visibly blighted by poisonous, blue-green algal blooms and murky water. The event became known locally as 'Scum Saturday' and was estimated to have cost the local community more than £1M in lost revenue. As a result, there were strong calls for action and clean-up plans for the loch were put in place. However, despite the efforts of various environmental agencies, the problem seems to have arisen again.

While it is important to emphasise there is no danger from walking or bird-watching around the loch, we thought readers might find it helpful if the *Newsletter* produced a loch-goers' guide of what to be aware of.

### What are blue-green algae?

Often seen on the surface of the loch, blue-green algae looks like green or brownish-green scum. The algae blooms can make the water become green, blue-green or greenish brown and several species can produce musty, earthy or grassy odours. It can also cause foaming on the shoreline. Blue-green algae naturally occur in bodies of water and are a type of bacteria, known as cyanobacteria, which can produce chemicals that are harmful if ingested. The recent warm summer weather has contributed to the problem. Algae grow faster when it is warmer, with concentrations increasing to form blooms and scums on the surface of the water. Right now, algal blooms are on the rise.



Blue-green algae. Photo: CSIRO

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### Who looks after Loch Leven?

Lots of agencies are involved with looking after Loch Leven. These include:

- SEPA (Scottish Environmental Protection Agency),
- CEH (The Centre for Ecology and Hydrology), Penicuik: Natural Environment Research Council,
- SNH (Scottish Natural Heritage),
- Scottish Water,
- Perth and Kinross Council – Departments of Planning and Environmental Health,
- The River Leven Trust (who control the sluice gates and loch level to ensure flow down the river),
- The Forth Rivers Trust, and
- Scottish Forestry or Forestry and Land Scotland.

SEPA and the Centre for Ecology & Hydrology both independently monitor and sample Loch Leven (the latter for research purposes). SEPA takes samples from a variety of places including from the effluent from the Kinross/Milnathort Wastewater Treatment plant. This plant is designed to strip out any pollutants before they enter the loch.

Loch Leven National Nature Reserve's management plan contains an objective to restore the water quality of the loch, and its associated plant and animal communities, to its 1910 condition. They have made significant improvements, but the loch is naturally nutrient rich and prone to occasional algae blooms, particularly in the summer.

The plan states 'The water quality in Loch Leven has improved significantly in the last decade and we intend to sustain this recovery'. With this aim, they have worked in partnership with Perth and Kinross Council, the Centre for Ecology and Hydrology, SEPA and other local stakeholders to improve water quality. CEH has monitored Loch Leven for almost 50 years. Between 1968 and 1987, the loch suffered serious degradations in water quality due to the combined effects of eutrophication (an oxygen shortage caused by the runoff of nutrients such as phosphorus from agriculture, sewage and industry), pesticide pollution and climate change. However, after intervention, the site underwent a sustained, but slow, recovery. By 2007, water quality had improved and aquatic plants had returned to deeper water. However, a recent study by CEH, SEPA, Perth & Kinross Council and SNH found that, while discharges to the loch from sewage treatment works and industry have been decreasing, phosphorus concentrations have started to increase again. This could be due to some septic tank systems not working as efficiently as others in some areas and to possible land use problems in the Pow Burn and South Queich areas. The management group is currently looking into these issues.

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## The global issue

Water quality isn't just a local issue. We as a species are changing the climate globally. Environmental research scientists all over the world are currently looking at the adverse impact of climate change and increasing temperatures on the quality of our water. The world's population, with all the nitrogen-rich waste we produce, is increasing.

A study published in *Science*\* showed that in the future, more rain and extreme weather will wash more nitrogen into rivers and coastal waters. 'It's only going to get worse because precipitation is going to increase,' says Ellen Douglas, an associate professor of hydrology at the University of Massachusetts. There are other factors that can make the effects of this nitrogen overload even worse – like rising temperatures.

Nitrogen is food for tiny algae, and when washed ashore, algal blooms feed on it. Climate projections show that nitrogen runoff is increasing. When it rains, excess nitrogen (and other nutrients like phosphorus) are washed from the soil and air into rivers and lochs.

## How do I recognise blue-green algae?

Signs around Loch Leven Nature Reserve will alert you to the presence of blue-green algae when necessary.

Blue-green algae forms blooms and scums on the surface. The blooms can look like green or turquoise wisps, or clumps of green particles, often accumulating along the shoreline.

Harmless duckweed and filamentous algae can be mistaken as blue-green algae. To check, poke the algae with a stick. If it breaks into small particles, or irregular-shaped clumps, it is likely to be blue-green algae. If, however, it has tiny round leaves (about 2-4mm) it is most likely duckweed. If the stick brings up clumps of hair-like strands or soft tubes then it is probably harmless filamentous algae.



PKC warning, Loch Leven, September 2019

## How dangerous is it?

The toxins produced by blue-green algae can adversely affect the health of those who come into contact with them, with potential problems being skin rashes, eye irritations, vomiting and diarrhoea, fever and disorientation and pains in muscles and joints. It has caused the deaths of dogs, horses, cattle, birds and fish. If you suspect the presence of blue-green algae, you should not touch anything you suspect to be a bloom and you should not allow pets or children to come into contact with, or swallow, the water. Until the signs are removed by the Environmental Health Department of Perth and Kinross Council, Loch Leven Nature Reserve advise you to keep pets away from the water, and to wash hands thoroughly after a visit. See p. 85 for their advice.

The British Veterinary Association (BVA) says it has received increasing reports of blue green algae in Scotland. They encourage pet owners to get prompt veterinary treatment for animals who have been exposed to it, to ensure a good chance of recovery.

## How can I help?

'Bloomin' Algae' is an app developed by the Centre for Ecology & Hydrology for the general public to record the presence of possible harmful algal blooms. The app helps speed up public health warnings and can help teach you how to recognise the risks. You can download the app directly from Google Play or App Store.

It allows you to send in records of blue-green algae, which will help to provide a more comprehensive picture of harmful algal blooms across the UK.

The design of the app has been reviewed by representatives from the UK environment agencies (Environment Agency, Scottish Environment Protection Agency) and by Health Protection Scotland.

It's important to remember that being close to the loch in itself is not dangerous. It would be terrible to think that people would stop visiting the area because of something they are not likely to come into contact with. But if the warning signs are up, and you see pets or children preparing to splash around in the loch, please have a quiet word.

\*<https://science.sciencemag.org/content/357/6349/405>

Sources:

[www.ceh.ac.uk/algal-blooms/bloomin-algae](http://www.ceh.ac.uk/algal-blooms/bloomin-algae)

[www.ceh.ac.uk/news-and-media/news/loch-leven-water-quality-improves-landmark-25-year-anniversary](http://www.ceh.ac.uk/news-and-media/news/loch-leven-water-quality-improves-landmark-25-year-anniversary)

[www.nature.scot/management-plan-loch-leven-nnr-2016-2026](http://www.nature.scot/management-plan-loch-leven-nnr-2016-2026)

Cyanobacteria (Blue-Green Algae) in Inland and Inshore Waters: Assessment and Minimisation of Risks to Public Health, Revised Guidance 2012. The Scottish Government.

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# Halloween Puzzles

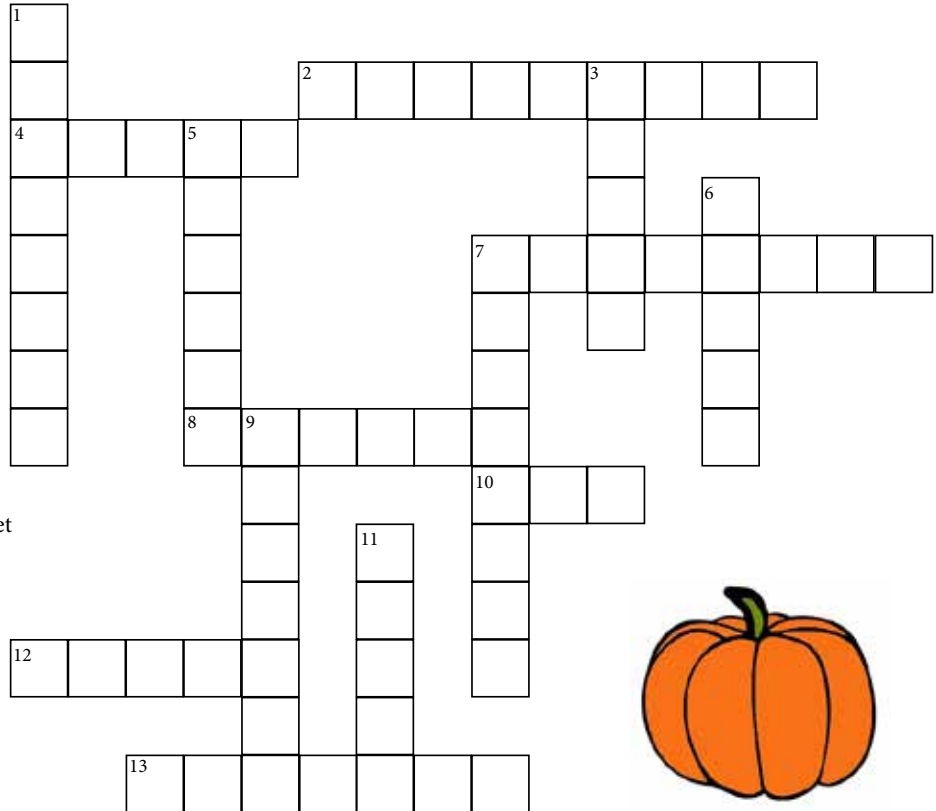
## Halloween crossword

### Across

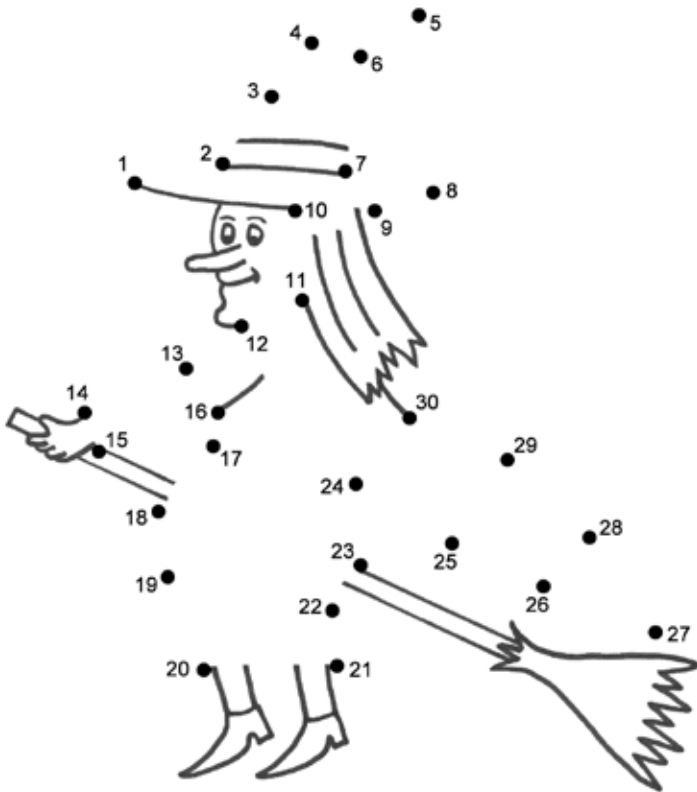
2. What this crossword is all about
4. Sweets contain a lot of this
7. You might do this to your house
8. A creature who spins webs
10. A mammal that hangs upside down
12. A word for a ghost
13. Scary creature that isn't real

### Down

1. Clothes that you dress up in
3. She rides a broomstick
5. In Scotland you dook for these
6. You play one of these on someone
7. What guisers ring
9. Carve a scary face in one of these
11. A popular costume using a white sheet



## Halloween dot-to-dot



## Halloween un-scrambles

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 marrepergi \_ \_ \_ \_ \_ / \_ \_ \_ \_ \_

## Halloween jokes

Why are graveyards noisy? Because of all the coffin!

What is a vampire's least favourite food? Steak.

What happened to the man who didn't pay his exorcist?  
The house was repossessed.

Why don't mummies take holidays? They're scared they'll unwind.

What do you get if you drop a pumpkin? Squash.

Do zombies eat popcorn with their fingers? No, they eat the fingers separately.



# Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

## Kinross Community Council News from the September Meeting

**Present** at the meeting held on Wednesday 4 September 2019 were Community Councillors (CCllrs) W Freeman (Chair), D Cuthbert, D Colliar, L McKay, M Blyth, D West, I Jack, minute-taker C Aird, Perth & Kinross Councillors (Cllrs): Cllrs C Purves, M Barnacle and R Watters and 7 members of the public.

**Apologies** were received from CCllrs J Bryson and T Stewart, as well as Cllr W Robertson.

### Windlestrae Hotel Proposals

The CC welcomed Jason Steel, Juniper Residential and Alex Orr, Orbit Communications, to present their proposal for the site at the Windlestrae Hotel.

Mr Steel advised that Juniper Residential were part of Cruden Homes and had recently taken ownership of the site from McCarthy and Stone. Plans for the site are for 11 cottages, 14 bungalows, 16 flats and 8 affordable housing units (49 properties in total) and a reduction in the density on the eastern boundary (9 properties reduced to 6 bungalows), 8 cottages previously proposed for the northern boundary will be replaced by 16 x 2 storey apartments. There is no proposed change to the road layout, with 72 parking spaces across the site.

In response to a question from CCllr D Cuthbert, Mr Steel advised that the target market would be people over the age of 55 years, with a typical occupant being 70 years plus. CCllr Cuthbert also asked about parking and it was confirmed that there would be individual parking spaces for some cottages with visitor spaces available also. It was also confirmed that the road does not go around the area completely so service vehicles will need to use reverse manoeuvres when required. In response to a question about the gardens, it was confirmed that rear gardens would be maintained by residents with front and communal gardens being maintained by Cruden Homes or contractors.

A member of the public asked why there were so many 2 storey properties and whether the existing bungalow and hotel would be demolished. Mr Steel confirmed that it was felt these types of properties would be more appropriate for the area and that the hotel would be demolished in its entirety. Cllr M Barnacle asked if the company had considered refurbishing the hotel and it was confirmed that they had, but the company did not feel that this would be achievable to a suitable standard.

In response to a question from CCllr I Jack, it was confirmed that the maximum number of people (taking 2 per household) who would move into the area would be 98, compared to the 88 which had been proposed by McCarthy and Stone.

Cllr R Watters asked if the 8 affordable properties would be the maximum and Mr Steel confirmed that the council required 25% of the development to be affordable housing, and their proposal was four short, so they would be making a payment to the Council for the difference.

A member of the public asked if one big block of apartments, similar to that at the Green Hotel site, had been considered which would leave the existing green space. Mr Steel

confirmed that this had been considered but that it was felt 70/80 apartments would not be suitable to the town.

In respect of the trees, CCllr D Cuthbert asked if any trees would be removed from the eastern boundary and it was confirmed that trees would be removed from the western boundary, the sycamore tree would be lost at the junction but the trees on the eastern boundary would not be touched. The public were concerned with the garden space being removed and asked if it was possible to move the clubhouse to the eastern side, thereby giving more communal gardens. Cllr C Purves stated that Mr Steel would see that the public felt strongly about retaining the gardens and CCllr D West suggested that if the public were so concerned, they should consider a community purchase.

A member of the public asked whether an impact analysis including a traffic analysis had been undertaken and was advised that this had been instructed. The CC asked to see the results of the analysis when these became available.

CCllr D West commented that the major pinch point in relation to traffic issues in Kinross was at the Services so did not see this being a major issue. Those present were advised that the residents of the properties were unlikely to be commuters and would in fact increase the sustainability of the town.

Dr A McCracken commented that the residents would likely be 77 years of age and over, and therefore likely to suffer from a number of chronic illnesses. He stated that the CC needed to think about the services the town provides as they are now struggling to cope with these types of residents.

Cllr M Barnacle commented that following a recent development, there had been no feedback from NHS Tayside in respect of the impact on local services and enquired as to whether Juniper had researched whether there was a local need for these types of apartments. Mr Steel confirmed that PKC figures showed a massive need for these types of apartments (he was unaware of the actual figures involved) but Cllr Purves advised that since 2014, PKC had not requested any information from NHS Tayside. Those present were advised that GP practices are independent of NHS Tayside.

CCllr I Jack stated that the CC noted concerns re the strain on local services for future developments and it was agreed that CCllr D Cuthbert would write to PKC asking how local service provision was being taken into account in planning decisions.

### CC Meeting Day

Deferred until October 2019 meeting.

### Kinross Memorial

CCllr D Colliar advised that he would be standing down from the sub-committee who organise the memorial parade in the near future and said that one issue that remained to be resolved – the location of wreaths on the metal frame. He suggested that CC members met at the Memorial to discuss this matter further. It was agreed that CCllr W Freeman would arrange this.

### Fountain (Kinross in Bloom)

CCllr W Freeman advised that KiB had written to the CC seeking support for the Fountain to be repaired/renovated and after discussion it was agreed that the CC would support

this. CClr W Freeman would contact Susan Mitchell, Secretary of KiB, to confirm this and also suggest that KiB apply to the newsletter fund for additional funding.

### **Matters Arising:**

#### **Adoption of Land behind the Church**

Clr C Purves confirmed that he had not yet heard back from Green Space in regard to this and the confusion over whether the area was to be maintained by the developer, the residents or Perth and Kinross Council remained.

#### **Scheme of Establishment Changes**

CClr I Jack confirmed that £480 had been transferred to the website leaving £20 in the account for payment of the August hall hire. The accounts have been submitted for auditing by an independent party and would be discussed at the next meeting. Once the audited accounts have been approved by the CC, a request would be made to PKC for the account to be topped up.

#### **Community Transport**

CClr D Colliar confirmed he would attend the first meeting of the group. Clr M Barnacle advised that he had not heard from Cleish and Milnathort CCs, but he would call them after the meeting.

#### **Broadband**

Clr C Purves agreed to forward the presentation to CClr W Freeman.

#### **Footpath in Hatchbank Road/Gairneybank Area**

Clr C Purves advised that a number of options had been raised, following the quote of £385,000, and these would be discussed at the next Tracks meeting. Clr Purves will provide a further update at the next CC meeting.

#### **Kinross Town Centre Regeneration**

It was noted that the speed checkers were now in place but that the cobbles have sunk in the middle of the road near the bollards adjacent to the Salutation Hotel. It was noted that a survey concerning the rejuvenation works had been sent out to a local group but Kinross Community Council had not been asked for their views. Clr C Purves agreed to raise this issue with Mike Morgan (who is the officer carrying out the review).

#### **The road in Avenue Road/Talla Park area is due to be resurfaced soon.**

A meeting had been held between Clr W Robertson, members of the public and the owners of Kinross House, with the owners taking on the maintenance of the local area in Avenue Road.

#### **Provost's Lamp**

Deferred until October 2019 meeting. Clr C Purves agreed to forward on correspondence between Clr W Robertson and PKC to CC members.

#### **Antisocial behaviour in Lathro Park**

Those present confirmed that there had been no improvement since the last meeting and in fact, tonight a motorbike was being ridden on the land behind the swimming pool. Bottles continue to be smashed, especially on a Friday and Saturday night, and the council clean up the area on a regular basis. CClr D West advised residents to phone the police every time there is an issue as the police are allocated via the number of recorded incidents. The public felt there was no point registering the issues as nothing was ever done but again CClr West advised that the police cannot do anything if they are not notified and there are no registered incidents. CClr D Cuthbert suggested the CC write to the Chief Constable

enquiring as to what their strategy on antisocial behaviour is, and to specifically invite the police to the next meeting to discuss these concerns further.

### **Planning Matters**

#### **Planning Applications Received:**

**19/01254/FLL** Formation of raised decking and steps (in retrospect) at 11 Douglas Crescent, Kinross

**19/01368/IPL** Renewal of permission 16/01267/IPL (erection of a dwelling house) (in principle) at 27 Alexander Drive, Kinross

**19/01349/FLL** Alterations and extension to dwelling house and domestic workshop, erection of a fence and formation of courtyard and roof terrace at 179 High Street, Kinross

**19/01295/IP** Erection of a dwelling house (in principle) at land 60 metres north of Braeside Cottage, Kinross

**19/01406/FLL** Formation of vehicular access and hard standing, and erection of a wall and gate (in part retrospect) at 72 Muirs, Kinross.

#### **Planning Applications Determined by PKC**

**19/00844/FLL** Erection of 3 hangar buildings and formation of hard standing at Balado Park, Kinross, approved.

**19/01129/IPL** Erection of a dwelling house at land 80 metres north east of The Stables, Hatchbank, refused.

#### **Former Kinross High School site**

Attendees were advised that the Civic Trust had written to PKC in respect of the stone around the steps and had been advised by the Case Officer that all the original stone had been removed from the site.

The boundary wall on Green Road is also being tested to see if it weathers at the same rate as the other materials.

#### **Other Planning Matters**

A completion certificate in respect of the toilets at Pier Road had now been received and it was agreed that this should be retained by CClr W Freeman.

A member of the public advised that a new application had been lodged for Kirklands Garage and commented that he had been disappointed that the CC had not commented on the application as it raised some very serious concerns.

#### **Reports from Councillors**

##### **Clr C Purves:**

Cleish and Blairadam CC boundary change – Clr C Purves advised that there had been a request to change the boundary with Cleish and Blairadam CC, which Fossoway CC agreed to accept. CClr D Colliar felt that the CC boundaries should stand as is but that he would accept the majority decision if other members of the CC felt differently.

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It was agreed that Cllr C Purves would re-issue the proposed layout changes for information and the Community Council would then debate the matter.

**Closure of Bridge of Earn GP practice** – Cllr C Purves confirmed that the closure of the practice at very short notice had created an issue with the allocation of patients to other practices in the area and that this was another reason why pharmacies are undertaking treatment of minor ailments, vaccinations etc.

Cllr D Cuthbert asked if the IJB would be bringing forward a paper to look at the issue of surgery provision and closures and Cllr C Purves advised that there was a meeting of the IJB on 27 September, with Colin Stewart likely to call a special meeting after this. A further update will be given at the October meeting.

#### **Cllr R Watters**

**VAS signs** – a meeting had been held in respect of the position of the signs in the area and it was agreed that the signs intended for Springfield Road were not in the correct place. It was felt that the VAS for Station Road was too close to the junction and should be placed before the roundabout, and the sign for Springfield Road should be placed opposite Argyle Road heading towards the Muirs. Cllr Watters is to advise PKC of these concerns as well as asking for the plan to be updated.

#### **Cllr M Barnacle**

**LDP 2** – a lot of supplementary guidance had been issued following the consultation which commenced on 18 August 2019. A copy of the submission in respect of the landscape is to be sent to the Civic Trust and respective CCs. Cllr M Barnacle had a number of issues with the Plan including the amount of housing in the zone and he advised that at the meeting on 25 September, he will be asking to be disassociated with these decisions, as he did not agree with them. It was agreed that the four P&K Councillors would discuss this matter outwith the meeting, prior to 25 September.

Cllr D Cuthbert asked if the cutting of the verges beside the link road going around the Kinross West industrial estate could be removed from the cutting calendar as they were full of wild flowers which were delightful and Cllr Barnacle agreed to look into this.

#### **Reports from CC representatives**

Cllr D West advised that the next meeting of the LLHC school management group is scheduled for later in the month. Cllr D Colliar advised that the latest meeting of the Kinross-shire Fund had been postponed.



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#### **Correspondence**

**Town Clock:** Cllr W Freeman advised that a local resident had complained earlier in the year in respect of the town clock sounding during the night and therefore disturbing their sleep. The issue had resolved itself but has now happened again. After discussion it was agreed that Cllr D Cuthbert would write to the owners in respect of timing and access.

**Kinross Hockey Club:** in response to a question from a member of the public, it was confirmed that the Hockey Club had not yet submitted their planning application as per their presentation at the last meeting.

**Community Council Elections:** there are currently three vacancies on the CC but this will increase in October/November when the elections are held. Applications are welcomed from members of the community.

**Heart 200:** Cllr W Freeman reminded the meeting that this event would be taking place shortly and asked if anyone had any comments on the event itself. Cllr D West felt that anything which drew tourists into the area was a good thing but Cllr M Barnacle advised that there had been criticism by Fossoway CC at the lack of consultation.

#### **Any Other Competent Business**

**The Muirs:** Cllr I Jack raised the issue of the lack of light in the area with lampposts surrounded by trees and branches overhanging the road at the Green Hotel. Cllr R Watters is to arrange for these issues to be investigated.

**Caravans at Kirkgate:** Cllr D Cuthbert enquired as to whether it was felt that the removal of the caravans at Kirkgate was good or bad. Cllr C Purves advised that he had been contacted by a local resident regarding some issues with the caravans being sited at Kirkgate but essentially there was no bylaw to stop this.

**LLHC Business Plan:** Cllr D West advised that he had received no comments from the previously circulated business plan and agreed to resend the document to CC members for comment.

**School Crossing Patrols:** there had been no update given on the situation regarding the removal of the school crossing patrols. Cllr M Barnacle advised that there was a meeting on this with Tayside Contracts the following day. An update will be given at the October meeting.

**Lathro Meadows:** members of the public again raised concerns in respect of the sewage situation on the site, with drains being cleared every 2 nights. Cllr R Watters commented that he was aware of an agreement with SEPA, PKC and Persimmon Homes in respect of the removal of silt from the drains in order to avoid environmental damage. A member of the public also advised that there had been notes put through letterboxes of the houses in Phase I in respect of roadworks/road closures for 4 or 5 days with completion due by 12 September.

**The next meeting of Kinross Community Council will be on Wednesday 2 October 2019, in the Masonic Hall, Kinross.**

Kinross CC minutes and agendas are posted online at:  
**[www.kinross.cc/cc.htm](http://www.kinross.cc/cc.htm)**

You can also follow Kinross CC on Facebook at:  
**[www.Facebook.com/KinrossCC](https://www.facebook.com/KinrossCC)**



## Milnathort & Orwell Community Council News from the September Meeting

**Present** at the meeting held on 12 September were: Community Councillor (CCllr) C Williams (chairman); CCllrs Matthew Leach and Sean Colebourn; P & K Councillor (Cllr) Willie Robertson, minute-taker Elizabeth Rougvie and five members of the public.

**Police matters:** No police were in attendance but CCllr Colebourn said there were no recent crimes or incidents to report. September 8-14 was National Suicide Prevention Week and the public are urged to be aware of the warning signs. CCllr Williams referred to a recent incident in Glenfarg in which a quantity of tools was stolen from an unlocked car. He advised people to be vigilant and to report any suspicious vehicles or activity to the police.

**CC membership:** Due to personal circumstances, two CCllrs had had to resign over the summer and there are now only three members, meaning the community council will have to fold unless more can be found. Elections are due to be held in November but in the meantime, members can be co-opted. Following discussion, it was agreed that much of the October meeting will be devoted to explaining the CC's role and that the minute-taker will prepare a press release for the relevant local newspapers in an attempt to encourage people to come forward.

### Planning matters:

#### Applications approved:

**19/01103** Installation of a biomass boiler and flue (in retrospect) at Blairnathort Farm.

**Pitdownies:** CCllr Williams advised that he had received a copy of an email from Transport Scotland with regard to the impact on traffic should the proposed Pitdownies development be approved. This concluded that there would be an extra 74 vehicles between 7am and 10am and an extra 79 between 4pm and 7pm. The study also noted that there was no barrier between the proposed site and the motorway but failed to mention the narrowness of North Street/Wester Loan and access for pedestrians and emergency vehicles. The study was greeted with scepticism by CC members. Cllr Robertson, while not a member of the Planning and Development Management Committee, advised that it was his intention to speak at the meeting when the application was considered.

### Roads and safety:

In response to CCllr Leach, Cllr Robertson reported on the following:

**Resurfacing of Linden Park Road** will be completed this financial year.

**Vehicle-activated signs** are due to be installed in North Street in the next financial year.

**The speed bumps** in Bridgefauld Road have been patched up but will not be removed.

**Raised zebra crossings** in South Street, New Road and Stirling Road are being considered but may be some way off. However, consideration is being given to installing a zebra crossing in Stirling Road to replace the school crossing patroller. PKC's long-term aim is to replace all zebra crossings with pelican crossings.

**Speeding:** Cllr Robertson will request police speed checks in North Street while CCllr Colebourn will follow up the speed checks already requested in various parts of the village.

**North Street:** Cllr Robertson will ask the relevant official

to inspect the condition of North Street, which is currently being used by heavy lorries, as well as the pavement, which is in a poor state of repair.

**Heart 200:** Cllr Robertson said this had been discussed at Portmoak Community Council and no significant increase in traffic had been reported. The route does not pass through Milnathort.

**Burleigh Castle bend:** CCllr Leach reported that concerns had been raised by residents at Burleigh Steadings and the Stackyard about tourists parking on the bend in order to visit the castle. A 'slow' sign was painted recently but double yellow lines are unlikely to be introduced as PKC does not want visitors to be discouraged. The CC will monitor the situation.

### Comments from the floor:

**South Street:** A member of the public expressed concerns about vehicles failing to stop at the zebra crossing. Cllr Robertson will find out when it is likely to be converted into a pelican crossing.

### Councillors' comments:

**Paths:** Cllr Robertson suggested that a sub-group be set up so that funding could be made available for keeping local paths clear. The CC agreed to consider this.

### Other business:

**Jessie's Park:** CCllr Leach reported that he was to meet with a representative from PKC Community Greenspace with regard to improvements to Jessie's Park and will report back to the next CC meeting.

**Football pavilion:** A member of the public asked when the new football pavilion in Donaldson Park was likely to be completed. Cllr Robertson said he had written to the football club but was awaiting a reply.

**The next meeting of Milnathort and Orwell Community Council will be held on Thursday, October 10, 2019, at 7.30pm in Milnathort Town Hall. Members of the public are urged to attend.**

Find Milnathort CC minutes, agenda  
and other information at:

- [www.milnathortcommunitycouncil.org](http://www.milnathortcommunitycouncil.org)
- [www.facebook.com/milnathortcommunitycouncil](https://www.facebook.com/milnathortcommunitycouncil)
- [twitter.com/milnathort\\_cc](https://twitter.com/milnathort_cc)
- Loch Leven Community Library
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## Portmoak Community Council News from the September Meeting

**Present** at the meeting held on 10 September were: Community Councillors (CCLrs) B Calderwood (Deputy Chairman and Treasurer); R Cairncross (Secretary); G Cox and S Forde; and Perth & Kinross Councillors (CLRs): M Barnacle and W Robertson; and 6 members of the public.

**Apologies:** CCLrs: M Strang Steel and D Morris; and CLRs C Purves and R Watters; and Police Scotland.

Matters Arising from Previous Minutes:

**School Access: to achieve clear access for large vehicles (including emergency vehicles) to the school and, separately, to secure safe access routes for children.** CLRs referred to the visit to Portmoak and to this site of the new CEO, Karen Reid, in March 2019. She had been accompanied by officers and councillors. They had concluded that it was correct to submit a report on proposals to improve access and child safety to the Environment and Infrastructure (E&I) Committee. CLR W Roberson had written to Jim Valentine, Chief Operating Officer, to raise the matter of the non-presentation of the report, but had had no response.

**Footpath from Scotlandwell to the Church, Hall and beyond.** There had been no progress. The CC had secured permission of the land owners for PKC to carry out the required option appraisal of possible routes.

**Resilience – being better prepared for risks.** Community Emergency Plan. CCLr G Cox reported that arrangements to advance the programme would take place from November.

**Review of Scheme of Establishment of Community Councils.** The CC noted the timetable for CC elections. Nominations are required by 4pm on 26 September 2019.

**Portmoak Cemetery.** No progress to report. Despite good will in the community to secure a response it was disappointing that PKC has been unable to progress matters to date.

**Rural Transport.** A meeting of the Kinross-shire Community Transport Loop Group would be held on 26 September. Unfortunately the CC would not be able to field a representative on this occasion.

**Heart 200.** Following an approach from Mark Ruskell MSP, seeking information on the impact of this venture on constituents, the Chairman had responded identifying the potential adverse impact at the junction of the A911 and the B919 at Balgedie Toll. The CC has long recognised this as a dangerous junction and had invited Mr Ruskell to write to PKC in support of improvements to the junction.

**Vehicle parking adjacent to traffic-calming Islands.** The CC noted the report of CCLr R Watters that, in the view of PKC, there are no measures to deal with this other than the possibility of waiting restrictions. The CC took the view that imposing waiting restrictions would be excessive and that in the first instance painting to restore the green track and white lines to safeguard the passage of cyclists would be a help.

**Hedges:** 1) Woodmarch; and 2) Bruce Road/A911 junction. The owners of Woodmarch had yet to be contacted while those at the property at the Bruce Road/A911 junction were aware of the matter and would take action. Both would need to be taken forward to a conclusion and would remain under review. 3) Overgrowth on the path from Easter to Wester Balgedie alongside the A911, 4) Hedge growth impeding passage on the footpath from Easter Balgedie to Kinnesswood, and 5) impeded site lines to the left at the junction with the A911 and the road to Wester Balgedie.

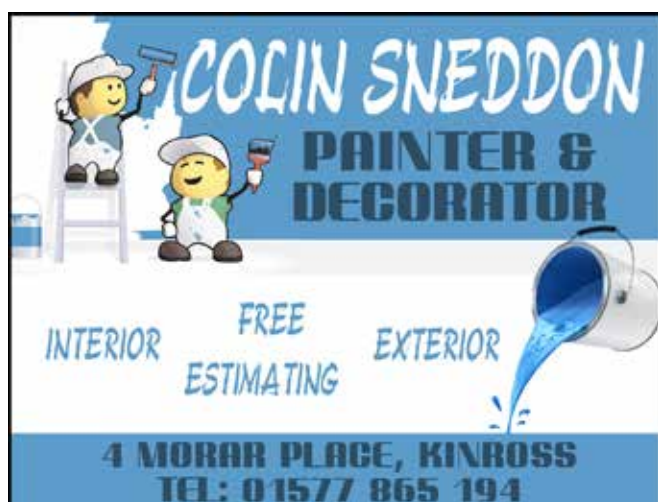
**Kinnesswood Village Shop.** Lesley Botten, a resident of Kinnesswood, was welcomed to the meeting and reported on the open meeting at the Village Hall held on 5 September to find out how the community might respond to David and Ishbel Buchan's offer to sell the Kinnesswood shop to the community. Some 73 folk attended and participated with enthusiasm in a programme 'compered' by Dave Batchelor and aimed at identifying community opinion. Suggestions were wide ranging and focused on encouraging more diversified shop use (with local fresh fruit and vegetables) and selling local crafts and/or including some sort of a cafe or hub or activity centre. Anonymous pledges towards start-up costs amounted to £21,000. While 27 people said they could volunteer to work in the shop if it was run by the community, a range of other skills was also offered. It was acknowledged that time was short. Seven people have offered to form an initial steering group to investigate possibilities further. This will meet shortly. Going forward there could be a relationship with the nascent Kinnesswood Community Trust.

**Loch Leven: arrangements for assuring and sharing information on water quality.** On 7 November the boundaries of the CC will extend to encompass approaching half of Loch Leven including St Serf's island. In seeking to interact with the current bodies with an interest in the Loch the CC had been surprised at the number involved. This work had coincided with a number of blue/green algal blooms which had culminated in public warning notices advising no human or animal contact with the water and restricting fish consumption. CCLr W Robertson had acknowledged that communication about the status of the Loch was not always clear and had sought further information on the levels of water pollutants and whether they were increasing. There were a number of questions that could be of interest to the public:

Phosphorus concentrations: has the rise in phosphorus concentrations recorded by the Centre for Ecology and Hydrology in 2017 continued?

Climate change: Looking forward, what is the likely impact of climate change: a warmer and wetter climate punctuated by extreme events e.g. heavy rainfall and flooding? Is the Loch getting warmer?

Green/blue algal blooms: What is the relationship between the occurrence of blooms and water temperature and/or phosphorus levels?



**Informing the public:** Is the process of informing the public of blooms clear and robust?

**Waste water treatment plants:** Are these plants effective and able to accommodate excess drainage following heavy rainfall without compromising function?

**Housing:** Does PKC hold to its policy of 'Reallocation of 10% of the housing land requirements for the Kinross Housing Market Area to the Greater Perth Housing Market Area for environmental reasons'? If so can that be reconciled with the new more 'flexible' approach to meeting the Kinross-shire housing requirements proposed in the forthcoming PKC Local Development Plan?

**Public interest:** How are the interests of the wider community, businesses and the tourist and leisure industry recognised? What is the economic cost if water quality is compromised?

### Reports

**Police:** 1) Nothing of significance to report; and 2) The CC also noted the Area Commander Bulletins of: 14, 21, and 28 August and 4 September.

**Treasurer:** The balance at the month ending 31 July was £700 in the General Account; and £1,621.07 in the Michael Bruce Way Account giving a total of £2,321.07. The new financial year would run from 1 September to 31 August. The CC would meet that requirement by having accounts to 31 August 2019 ready shortly. These would be presented to the CC at its October meeting.

### Planning

#### New applications:

**19/01236/FLL** 22 Gamekeepers Road, Kinnesswood. Erection of an ancillary building, no CC comment.

**19/01382/FLL** Land 60M SW of Lomondmuir Farm. Erection of 4 Glamping Cabins and associated works. Jonathan Sloan, applicant, was welcomed to the meeting and explained what was proposed. Farming often now requires a more diversified business plan and this part of the farm was not only the least productive but was suitable for such a development. The site would be accessed from the core path and right of way 'Dryside Road.' The four units would not be readily visible, would enjoy suitable landscaping and would be commissioned over a period of time. Waste disposal would be compatible with Loch Leven Catchment Area requirements. The cabins would be built on site and would provide employment during construction and thereafter. The CC would comment following a site visit.

### Progress with Developments:

**Westfield FIFE:** A meeting of Westfield Liaison Group held on 28 August had included a useful visit to the extensive site. In discussion thereafter between community and councillors, council officers and representatives of Hargreaves Land and Brockwell Energy the following points arose: 1) once preliminary work had been completed, there was every intention to press ahead with the Energy from Waste plant through a three year construction programme starting in mid 2020; 2) although there was planning consent to erect a gas peaking plant (up to ten gas engines with a generating capacity of 19.96MW), the preference was now to move to install significant solar panel generating capacity. Although some three years off, contracts to support 70% of the waste processing capacity had already been agreed. The option to secure possible 'community benefits' was acknowledged. On site billboard signage would be erected shortly. Full minutes of the meeting would be circulated shortly to CC members. The next Community Liaison Group would be 20 November 2019 at 6.30pm.

**Roads:** The CC noted that despite a visit from the 'drain sooker' two problems remained: 1) on the B920 leaving Scotlandwell the drain on the left behaved as a 'spring' as water was backed up and could not reach the ditch running alongside the Moss Access road; and 2) on the A911 at Wester Balgedie opposite the Toll, despite drain clearance water still accumulated.

### Paths Group:

**Path from Lochend to Heritage Trail.** There had been significant progress and a meeting of interested parties will be convened by Cllr Willie Robertson shortly.

**Dryside Road, Access & Maintenance.** CCllr D Morris will take up the issue of clearance of vegetation.

### Councillor Reports:

Cllr Barnacle reported that: consultation was underway on five supplementary guidance documents which related to the Local Development Plan; Tayplan had ceased to function; and that a PKC priority listing of road improvements had been circulated. This included a puffin crossing in Main Street, Scotlandwell and possible traffic lights at the Balgedie Toll junction. Councillor Barnacle will pass the listing to the CC and will forward information on the site of the puffin crossing.

**Matters raised from the floor.** For Information: NHS Tayside, 'Transforming Tayside' with associated consultations on orthopaedics and mental health services.

**The next meeting of the Portmoak Community Council will be held at 7.30pm on Tuesday 8 October 2019 in Portmoak Village Hall.**

Portmoak CC minutes can be viewed:

- on the notice board in the village hall
- in a file in Kinnesswood Village Shop
- on the website [www.portmoak.org](http://www.portmoak.org)

### Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit [www.kinross.cc](http://www.kinross.cc)



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## Fossoway and District CC

### News from the September Meeting

**Present** at the meeting held on 3 September 2019 were: Community Cllrs (Cllrs) S Bruce-Jones, A Cheape, T Duffy, C Farquhar, G Pye and R Young; P&K Cllrs (Cllr) M Barnacle, C Purves and W Robertson; nine members of the public (MoP).

**Apologies:** Cllr R Watters

**Police report:** There was one incident to note in our area since the last CC Meeting from the Commander's Reports received via Perth and Kinross Community Watch: Between 9am and 7pm towards the end of August a red quad bike was stolen from a farm near Carnbo.

A local resident reported to the CC that highland cows belonging to a tenant farmer near Easter Muirhead are constantly escaping onto the road and causing a traffic hazard. The problem was reported to Sgt Michelle Burns, who passed it on to the local officer Dougie Stapleton.

Fly-tipping on the A91 reported to Cllr Cheape has been passed on to the police.

#### Matters Arising

**Rumbling Bridge Gorge Bridge:** Cllr Duffy reported that Jim Duffy had contacted Andy Middlemass about possible Army involvement in the bridge construction, but there had been no response yet.

**Powmill in Bloom:** Cllr Farquhar reported that the Well-Kept Village competition will be judged on 10 September and the members have done a lot of work to improve the area.

**Powmill Play Park:** Cllr Farquhar reported that the work has not yet started, although there is now a notice describing the work proposed, she will contact PKC to see what's happening.

**Crook & Drum Growing Together:** Cllr Duffy reported that judging of their village for the above competition will take place on 11 September; local residents are encouraged to tidy up the area.

**A977 Mitigation:** Cllr Duffy is disappointed that roadworks at the School Road junction are still not completed, a view shared by Cllr Barnacle who wondered why the location of the BT cables which appear to be holding up the work was not determined earlier. Frank Mills, who has replaced Lachlan MacLean as the A977 Project Officer, had advised the CC that there was to be a meeting with the utility companies during the week of 12 August.

Cllr Duffy had previously written to Daryl McKeown to complain about the problem with noise caused by vehicles passing over a badly repaired section in Crook of Devon. Cllr Barnacle met an officer from PKC's Highways department on

site who agreed that the defect was causing the noise. Cllr Barnacle has also complained to Stuart D'All and Frank Mills but has not received an answer yet. Cllr Purves will follow this up too.

**Overhanging Branches on Aldie Road:** Cllr Duffy wrote to Garry McConnell about this issue, which was reported to the last CC meeting. Mr McConnell replied that if the branches belonged to frontagers, it would be their responsibility, but if they were on the verge he would contact the relevant PKC department. No one present at the meeting knew whether any work had yet been done.

**Fossoway Area Transport/DRT:** Cllr Barnacle is trying to get each CC in the area to nominate a rep on this committee. Cllrs Farquhar and Duffy will attend on behalf of this CC if possible.

**Blairingone War Memorial:** Cllr Barnacle is still waiting for the stonemason's estimate.

**Ivy Cottage Powmill:** Cllr Barnacle had spoken to Isobel Butt about this issue, who reported that David Littlejohn has agreed to move forward with a CPO, but they have to give the owner one last chance to sell, and have written to him. There has been no reply as yet.

**LDP2:** Cllr Barnacle has an issue that the reporter didn't include any Landscape Guidance in LDP2. Meanwhile PKC have prepared a Supplementary Guidance document which is out for review, although it doesn't propose including any new areas.

Cllr Barnacle finds the reporter's decision to reject the development in the Crook of Devon Village Hall area, while approving the Blairingone development rather illogical since the latter has no services available, while the former does, and would also include a significant proportion of affordable housing.

LDP2 will be reviewed at the full council meeting on 25 September.

#### New Business

**Fossoway Gathering:** Cllr Duffy chaired an inaugural meeting of the Fossoway Gathering Committee on 28 August to kick off the planning of next year's event, which will be held on Saturday 23 May 2020. Anyone who would like to help with the organisation is welcome to contact the Committee.

**Heart 200 Route:** This CC has been asked by Mark Ruskell MSP if there should be a public meeting about the impact of this route. Cllr Duffy noted that we are disappointed that the community was not consulted about this before it was launched. Cllr Purves explained that the route had been organised by an external company who were given the

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funds to develop it by PKC, but without any direction about community consultation. Cllr Duffy has responded to Mr Ruskell expressing our interest in a meeting, and will also write to the organising company expressing our concerns about impact on the Community and lack of consultation.

### Community Council Business – Meetings Attended

Cllr Young attended a meeting about extending the Crook of Devon Church Car Park, attended by Cllr Barnacle, Liam Hynd and another officer from PKC Bereavement Services, David Chisholm and Alan Harper from the Church. The plan is to use some waste land at the edge of the cemetery to create a new car park. It was suggested that the car park should be developed as a community asset rather than just for the Church. The land is owned by PKC but they would be prepared to lease it to the Community initially for 40 years, although this period could probably be extended. PKC will cover the cost of creating a fence to mark the new extent of the graveyard. A new planning application would be required as the one granted in October 2012 has now expired; if the CC was to make the application the fee would be less. Grants would need to be found to widen the entrance and improve the surface, although a properly tarmacked surface is not necessary. When this scheme was suggested before a number of local farmers offered to help with the work, although nowadays there would probably be issues with farm vehicles using red diesel for other than agricultural purposes.

**Travel Expenses:** Historically CC members have not been allowed to claim for travel to the monthly CC meetings, however in view of the rural nature of this CC's area, and to encourage people to join the CC, this custom will be rescinded starting from this Financial Year.

**CC Process:** There will be an AGM at the start of the October meeting to hear reports from the chair and treasurer and to approve the accounts for the end of the new financial year.

### P&K Councillors' Reports

**Willie Robertson:** It's estimated that it will cost £1200 to fund the equipment for the Community Speedwatch programme, and it's intended that it should be up and running by next year.

**Mike Barnacle:** Cllr Barnacle held a road adoption meeting at Drummond Park, Crook on the 27<sup>th</sup> August, with a very positive response from the residents.

There was a disappointing answer from PKC about measures to dissuade speeding on the B9097. Cllr Purves suggested that perhaps installing a VAS would be the way forward – he will add the site into the list.

**Callum Purves:** The Bridge of Earn GP surgery has closed which will put pressure on other areas. Due to the recent suspension of the Integration Joint Board there has not been any movement on a replacement for the surgery, but it's possible there could be an interim solution of an NHS run service.

In June 2018, Cllr Purves brought a Community Council boundary change proposal from Cleish & Blairadam CC to the attention of this CC. Although the proposal was discussed by email amongst the Cllrs at the time, the matter was never brought to a meeting to be formally approved, probably due to it having been overlooked by the time of the August meeting, there being no meeting in July. At today's meeting Cllr Purves reminded the CC of the proposal, which was to move the Northern boundary of Cleish CC, approximately between Threapmuir and Ard Gairney, further north, thus including a stretch of the B9097 and the catchment of the Cleish Primary School. This CC voted unanimously to agree to this proposal.

### Planning Matters

**19/01279/FLL** Erection of a garage and store at land 30 metres North West of The Meadows, Vicar's Bridge Road, Blairingone, no CC comment.

**19/01346/FLL** Erection of dwelling house at land 40 metres East of Hen Hurdle, Crook of Devon, no CC comment.

### Decided Applications

**19/00826/FLL** Erection of a dwelling house and garage at land 30 metres South East of Croit Oran, Carnbo, refused, no CC comment.

**19/01001/FLL** Extensions to dwelling house at New House, Powmill, Kinross, approved, no CC comment.

### Correspondence

All correspondence was available for viewing: BT is planning to remove some phone boxes in PKC's area, although there are none in our immediate area.

Audit Scotland has published a 'Best Value Assurance Report' on Perth and Kinross Council. It can be found at: [www.audit-scotland.gov.uk/report/best-value-assurance-report-perth-and-kinross-council](http://www.audit-scotland.gov.uk/report/best-value-assurance-report-perth-and-kinross-council)

The Commissioners for the Safeguarding of the Regalia are seeking views on whether the Stone of Scone should be relocated to Perth City Hall, see <https://bit.ly/2Z4wAr6>

The M90 at Bridge of Earn will have a contraflow from 29 September to 11 October.

### AOCB

CC nominations are open until the 22 September – anyone interested is encouraged to apply.

On 26 October a Scary Scarecrow competition will be held in the Crook of Devon churchyard, refreshments will be available.

**The next meeting of the Fossoway and District Community Council and AGM will be on Tuesday 1 October 2019 at 7.30pm in Fossoway Primary School. All welcome.**

Fossoway & District CC minutes are posted on the website

**[www.fossoway.org](http://www.fossoway.org)**

and on their Facebook page, along with other community related information. Search for Fossoway & District Community Council on Facebook.



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# Club & Community Group News

## Kinross Camera Club

[kinrosscameraclub.org.uk](http://kinrosscameraclub.org.uk)

Our 2019-2020 season gets into full swing during October with a packed syllabus of practical nights, external speakers and competitions. On 3 October, members are sharing images 'for critique and discussion' to get feedback from fellow members. It is always good to see what people are working on. David Sadler, the Dundee-based photographer whose style includes quirky self-portraits, travel and street photography, will give his talk 'And now for something completely different' on 10 October. The Club is participating in the Perthshire Photographic Alliance annual competition in Perth on Sunday 13 October where our colour prints, monochrome prints and projected digital images will be judged against other local clubs – fingers crossed we do ourselves proud! On 17 October we have our internal competitions 'Four-on-a-board' and 'Digital knockout' which are always fun. We're delighted to welcome the well-known photographer and excellent educator David Hay from Pitlochry to speak on 24 October on the subject of 'Composition'. Our next Digital Group will be on Tuesday 29 October (see details below) which will cover topics on photo editing software. We round off the month on 31 October with 'Everyone a Judge' where we all get the chance to try to judge a set of images and then compare our marks with those given previously by an official judge – revealing, sometimes puzzling, but certainly informative!

We meet at 7.30pm on Thursdays in the Church Centre, 64 High Street, Kinross, KY13 8AJ. We use the back room accessed via the side door on Piper Row on the first Thursday of every month, and the other weeks are in the main hall via the main door on High Street. You can find full details of our new syllabus on our website and we would love to see you at



our Club nights. If you are new to the Club, you are welcome to try up to three sessions before having to commit to joining, which costs £50/£40 concession for the year. We also have a Digital Group which meets on the last Tuesday of every month and provides tutorials on photo editing software in the 'Stables' function suite of The Inn, Crook of Devon, KY13 0UR, starting at 7.30pm. Entry is £2 per meeting to cover incidental costs. If you have any questions or would like to know more, please contact [secretary@kinrosscameraclub.org.uk](mailto:secretary@kinrosscameraclub.org.uk).



*'Reflections' by Bill Paton*

## Guide Dogs

We were delighted with the friendly and supportive reception from the kind folk of Kinross at the August Farmers' market. Hopefully it will only increase as you see more and more of us. Hero, our mascot was especially well received. Our next fundraiser will be at the Festive street market on **23 November** at 4pm.

This photo is Ollie, one of our lovely local pups, who is aiming to be a life changer, in the form of a guide dog. Here he was enjoying his holidays on the beach at Thurso.

Our October fundraiser's coffee and chat will be held in Cafe Kisa's in Caulders Garden Centre on Tuesday 15 October at 10am, where you can meet some of our pups. If you are interested in helping us or even just want to find out more about guide dogs then you are very welcome to join us.



## Kinross Flower Club

[www.kinrossfloralartclub.org](http://www.kinrossfloralartclub.org)

Kinross Flower Club is a friendly club whose members all have a love of flowers but not necessarily an expertise in arranging them. Each month a demonstrator shows her skill in doing at least five very different arrangements while entertaining us with funny stories and some hints on flower arranging. We meet at 2pm (one hour later than last session) in Millbridge Hall, Kinross (a new venue) on the fourth Thursday of the month.

Our new season began on Thursday 26 September at 2pm, with a demonstration entitled 'Memory Lane' from Shamima Hasan. The October meeting is on **Thursday 24 October** and the speaker will be Marilyn Bevan.

We look forward to welcoming both old and new faces.

### Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available. For further details see [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org) or phone Ross McConnell on 01577 865885 or email

[subscriptions@kinrossnewsletter.org](mailto:subscriptions@kinrossnewsletter.org)



## Kinross-shire Partnership's networking breakfast

### James Hutton Institute: helping keep food on our plates



The first of the Kinross-shire Partnership's 2019–2020 series of networking breakfasts was held at Loch Leven's Larder on Wednesday 4 September, with the post-breakfast speaker this month being dynamic local farmer George Lawrie.

George is a former Treasurer of the National Farmers' Union of Scotland and is currently Chairman of the Royal Highland Education Trust (RHET) board, having recently undertaken a twentieth anniversary tractor tour, which involved him driving a tractor round Scotland, visiting 12 schools to raise awareness of the importance of Scottish farming among young people.

He is also a non-executive board member of the James Hutton Institute (formerly SCRI) near Dundee, and his presentation afforded a fascinating

insight into the wide range of high-tech agricultural research into plant diseases and breeding new, more resistant, fruit and vegetable varieties that is carried out at JHI's three Scottish sites. George mentioned JHI's success in securing a total of £62 million of funding for two projects under the recent Tay City Deal, and he also talked about the institute's plans for creating an international barley hub.

In addition, he described how scientists at JHI are seeking to address the issue of reduced availability of arable land for growing food crops by developing Advanced Plant Growth centres, where plants can be grown in towers using LED lighting.

It's no exaggeration to say that George kept everyone listening spellbound for a good 15 minutes. His talk was

followed by a lively question-and-answer session covering topics that ranged from the (don't mention it) 'B' word to the difference between genetic modification and gene editing, to IKEA's concept of growing produce on-site in their stores, thereby cutting the time taken from picking to plate down to 20 minutes.

The Kinross-shire Partnership's next networking breakfast will take place at Loch Leven's Larder from 7.15am to 9am on Wednesday 2 October. The speaker will be a representative from tourism initiative Heart 200. Please email Karen Grunwell in advance at [mail@kinrosspartnership.org.uk](mailto:mail@kinrosspartnership.org.uk) to book your place. The cost (including networking and a full cooked breakfast) is £10 per person. We look forward to seeing you.

## KYTHE

Summer at the KYTHE Youth Hub (next to the Health Centre) was full of activities and events. Plans are underway for the school October holidays for the youth of Kinross-shire with:

- A daily drop-in session, Monday to Friday 12 to 3pm for fun, chat, games and music with lunch provided.
- Ever popular band camp: Tuesday 8 – Friday 11 October
- Art workshop – date and time to be confirmed.

For more information and details of other events, keep up to date with: Facebook, Twitter @tweetKYTHE Instagram @instaKYTHE. or contact the office on [office@kythe.org.uk](mailto:office@kythe.org.uk).

We have an Open Day on Saturday 26 October from 10am to 2pm. Drop in to see the space, the facilities, meet the team and volunteers and enjoy a cuppa and chat. We look forward to seeing you @KYTHE.



KYTHE - Jack's Bar

## Milnathort Town Hall

### Please Support Us



The hall is run by a group of volunteers from our community. All aspects of day-to-day running are met by a relatively small number of people. Our AGM is to be held on **Thursday 28 November** at 7.30pm in the hall and we would welcome any new and interested folks who would like to come along.

We have a great variety of groups using the hall at different times of the day and evening. We hope to post a list of what's on each month on the noticeboard outside the hall for the coming month (always subject to some inevitable changes). A huge refurbishment to the downstairs area of the hall was completed in 2016 including the entrance, kitchen, bathrooms and main hall. However upkeep is always an essential reason for fundraising. If you have any fantastic ideas or skills you would like to share, we would be delighted to discuss them.

Our 50/50 club has been running now for a number of years but numbers have stayed much the same now for quite some time. Would you like to sign up for this?

We have also been looking for someone to take over the position of treasurer for some time now. Do you think you could help?

Please contact Rosemary Tolson on 07738 984740 or email [milnathorttownhall1@gmail.com](mailto:milnathorttownhall1@gmail.com) for further information.

### Planning a Community Event?

Check the Diary on [www.kinross.cc](http://www.kinross.cc) to ensure that your event won't clash with another.

List your event as soon as you can to help others with their planning. Contact the website administrator by email: [admin@kinross.cc](mailto:admin@kinross.cc)

## Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

Autumn and early winter can be wonderful seasons for walking, with the trees at their colourful best. We are a relaxed and friendly group and would be very happy to welcome new people on our **weekend walks**. So do come along and try out a walk or two to see if you'd like to join us. We operate car-sharing but it is not essential to have a car.

### Weekend Walks

**Saturday 5 October: Airthrey Loch and Abbey Craig, 6 miles.**

A scenic walk around Airthrey Loch and Stirling University grounds to the Wallace Monument and Abbey Craig woodlands.

**Sunday 20 October: Glen Ogle, 6.5 miles.**

Walk begins with fairly short but steep climb to join path on old railway track. Return either through glen beside burn or same route as out, depending on state of stiles. Picturesque views plus impressive viaduct.

In case it turns cold and wet, you do need appropriate clothing, including boots or strong shoes and waterproofs. Bring water, a packed lunch and a hot drink.

For further details of where to meet us, or for general enquiries, please call our Group Secretary, Ann Eve, on 01577 863887.

### Tuesday Short Walks

Due to an influx of new members and the large number of people now walking with us, we regret that at present we cannot accept any new walkers on a Tuesday. We would, however, be very pleased to welcome anyone interested in trying our weekend walks.

**Tuesday 1 October: Gartmorn Dam and Linn Mill.**

An easy walk along a wooded waterside path and quiet roads with open views. Return along the south side of the dam.

**Tuesday 15 October: Almondbank Circular.**

From Almondbank to the pretty village of Pitcairngreen, then through the woods and across the river.

**Tuesday 29 October: Blairadam Forest.**

An easy walk along waymarked paths through the now peaceful forest which was once a busy industrial area. Mature woodland with oak, beech and birch.

Contact walks co-ordinator, Edna Burnett, on 01577 862977.



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## Common Grounds

[www.spanglefish.com/](http://www.spanglefish.com/)

[commongroundscharitycafe](http://commongroundscharitycafe)



On **Wednesday 23 October** we are holding a coffee morning from 10am to 12pm. There will also be a 'bring and buy' sale of new, or as new, items so now is the time to de-clutter! It would be helpful if you put a suggested price on any donated goods although we will have labels to do so. Unless you indicate otherwise, anything unsold will be given to a charity shop. Contributions can be handed in to Common Grounds (ideally) or brought on the day.

There will also be a collection of framed artwork by the late, talented Maureen Eadie; well worth viewing. Our thanks go to Maureen's son Cameron for his generous gesture. This is the perfect opportunity to start on your Christmas shopping! We will also have a craft stall at the Kinross Festive Winter Market/Light up Kinross on 23 November. Our gifted volunteers are already producing a lovely array of original crafts... more news to follow next month! August and September have been hectic and our thanks go to Frances Miller for ensuring our rota was filled. Thanks also to the volunteers who helped out. A special thanks to Rebekah Roe for joining us in her summer holidays and proving to be such a useful addition.

**Projects:** Our project for September was Raising Futures Kenya. The charity fund specialist therapy equipment for children with special needs. Children with disabilities, special needs and learning disabilities are being brought into the education system instead of being stigmatised, branded a curse and hidden from public view. A special therapy unit has been built by the charity at the Kirunguru School in the Muranga county of Kenya. Therapy is provided by a Paediatric Occupational Therapist and a Physiotherapist who visit the school twice a month from the local hospital. The two specialists also demonstrate techniques to teachers and parents so they can deliver therapies throughout the rest of the month. The project aims to increase the number of children accessing education by investing in sustainable self-reliance plans and by supporting the on-going running costs for the school until self-reliance is achieved.

More information is available on our website.

Our opening hours are still 10am-12.30pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are Elspeth Caldwell (Convener) on 01577 863350 and Linda Freeman (Secretary) on 01577 865045.



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## Kinross & District Rotary Club

www.ribi.org

### Rain Gardens for Kinross

Brian D'Arcy, an independent environmental consultant, gave us a preview of his article in the September Newsletter, aiming at developing '20 raingardens in Kinross by 2020'. Rotarians were privileged to receive an informative, detailed and fascinating presentation from Brian at the end of August.

One aspect of climate change predicted decades ago for the UK is more intensive rain storms. Brian explained the term 'pluvial flooding'; when the rainfall is greater than the rate at which it can drain 'away'. He explained that, in the built environment, where rainfall lingers, it slowly seeps into green space, landscaped areas. One solution is major reconstruction, which is very expensive. Another is a change of approach, as pioneered in a number of countries; namely building raingardens. This can be adapted small scale in domestic plots as well as large scale community gardens. Brian explained how this can be implemented and gave us local examples of good practice; for example the excellent grass and wildflower swale network along the new Kinross bypass. He also presented ideas on how to improve other areas.

Brian's aim is for 20 raingardens for Kinross in 2020, by enhancing existing features and to retrofit raingardens on individual properties. This shows the way forward to reduce pollution and flood risk. With new, non-technical guidance, local people and community groups will know what they should expect from new developments and push planners to require that.

Rotarians were keen to hear about educational projects locally in relation to this and plan to become involved in these.

We were certainly left with plenty to think about and look forward to Brian returning to Rotary later this month to tell us about 'The Economic Benefits of Loch Leven'.

### Business Meeting

Regrettably, our planned activity at Kinross Show, organising car parking and the entry gates, was a casualty of the weather and the show cancellation.

However, our next planned event, happily, was able to take place, and an initial evaluation was held of the previous day's event; The Great Escape at Kirkgate Park on Sunday 1 September.

A total of 14 teams took part, 10 of which were participating for the first time, and four of which had a second go to improve their time. It was great to see some new faces; you've now



got almost a year to get your team ready for 2020!

Thanks to Kinross estates for lending us the boats for the afternoon. After some competitive and entertaining rowing by all teams, results were as follows: 1st 'OFAS' Kinross Rugby Club; 2nd 'Rough and Ready' Kinross Young Farmers; 3rd Kinross 'Complete Amateurs' Football Team.

The 'wooden spoon' went to new team 'Fifty in Fifty'; a team of ladies who made an impulsive decision to join in as one of their fifty achievements in their fiftieth years. Well done ladies!



One of the 'Marys' from the Great Escape boat race

There were some fabulous entrants for the Best Dressed Mary; the award going to the particularly elegant Clare Dumbreck of the 'Tangent' team.

Additional stalls and entertainment added to the fun of the day. Professor David Munro led walks around the site, explaining the connections with Mary, Queen of Scots. The crowd were kept busy with a tombola and whisky and were entertained by live music from KYTHE on staging provided by Span Access. There were golf lessons, face painting (thanks to Diana and Lotte who volunteered to help us out) and even a 'teddy tombola' for the children.

The ladies of Inner Wheel were kept busy on our famous barbecue with rolls and burgers supplied by Baynes bakers, while freshly brewed coffee was available all day thanks to the support of Unorthodox Roasters. The 'Beer Box' supplied their brew and also donated some of the prizes. Thanks also to John Dawson at 'More Than Mortgages' for his sponsorship.

At the end of a damp, dreich summer, the weather stayed almost fine! Many thanks to all who took part, came to watch and supported in so many ways. Everyone had a great day and over £1700 has been raised so far; this will be invested in community projects.

We'll be back next year so there's plenty of time for you and your team to prepare for victory 2020!

*Continues over page...*





## Kinross & District Rotary Club continued...

### A Perth and Kinross Pocket Miscellany

During September, Rotarians settled down after the usual excellent meal from the Kirklands Hotel for storytime. Our speaker was Trish Colton, whose love of history inspires her to research areas and surprise locals to think, 'I didn't know that!' Despite having spent only two years living in a Path of Condie cottage out of a lifetime travelling from Bahrain to Zimbabwe to Halifax, where she is now based, Trish both entertained and surprised us with excerpts from her latest book on Perth and Kinross. From wildlife to poetry, via castles, dragons, film locations, whisky, golf and curling, not forgetting the famous and the infamous, she reminded us of the diversity and intrigued us with some of the mystery of our region. What did Macbeth give a group of Kinross folk? No spoilers but these are just a few topics you will be able to read about in Trish's latest fascinating book, 'Perth & Kinross: A Pocket Miscellany'. It is available from bookshops, online sellers, and direct from Tippermuir Books, priced at £9.99.

### Shhhh! It's nearly Christmas...

Santa is coming soon to Kinross and District! His sleigh is being oiled and polished in Rotary's secret Kinross-shire location and Rotary and other local groups will be out and about from the end of November. See the November *Newsletter* for precise details of Santa's route.

Any local group, team or organisation who would like to be involved please contact [gt.lawrie@googlemail.com](mailto:gt.lawrie@googlemail.com) for further details.



### Contact us

As you can see, our meetings are diverse, informative and fascinating. We can also guarantee a warm welcome and excellent fellowship. If you would like to join us for a meeting, please contact Dugald McIntyre, club secretary, by email at [secretary.krdc@gmail.com](mailto:secretary.krdc@gmail.com) or check our Facebook page.

### Upcoming Meetings

- 30 September: Rotarian/Lt. Col. Andy Middlemiss, World War 1; 1919 The Aftermath.
- 22 October: Breakfast Meeting at the Kirklands Hotel at 7.30am
- 28 October: S6 pupils from Kinross High School who attended the annual RYLA (Rotary Youth Leadership Award) camp in the summer will tell us about their experiences.

## Kinross 50-Plus Club

The monthly meeting is on **Thursday 3 October**, when the speaker is Mr R Gilmour who will give a talk on 'The Men's Shed'.



### Away Days

- 10 October** No bus available
- 24 October** Stanley Mill

The bus leaves the Green Hotel at 9.15am. Contact Mrs P Crawford, 01577 862962

### Friday Walkers

- 4 October** Letham Glen, Blanketyside and Silverburn Park
  - 18 October** Pitlochry Autumn Walk, starting at 9am
- All walks continue to leave from the Green Hotel. Contact Ian Simpson, 01577 863691.

### Hillwalkers

- 11 October** Pentlands – Allan, 8.30am
  - 25 October** Ben Shee – Alastair, 9am
- Contact Pauline Watson on 01577 862685.

### Activities

#### All have started for the new season.

**L.U.S.T.** The slimmers meet each Thursday, 9.30am to 10.30am, in the Millbridge Hall. Contact Norma Anderson, 01577 863548.

**Line Dancing** every Tuesday and Friday at 10.30am in the Millbridge Hall. Contact Betty Fergus, 01577 866961.

**Keep Fit** class meets every Monday at 2pm in the Masonic Hall. Contact Val Oswald, 01577 864020.

**Craft Group** meets Wednesday at 2pm in Millbridge Hall. Contact Elizabeth Smith, 01577 861387.

**Fly Tyers** meet each Monday in Millbridge Hall. Contact Ian Campbell, 01577 830582.

**Carpet Bowls:** Meet Monday at 2pm in Millbridge Hall. Contact Helen Duncan, 01577 863248.

## Kinross Museum

[www.kinrossmuseum.org.uk](http://www.kinrossmuseum.org.uk)

[www.facebook.com/Kinross.Museum](https://www.facebook.com/Kinross.Museum)



In the past month the Museum was represented at the Perth and Kinross Archaeological Framework Conference. The event brought together those interested in making an input to the development of an archaeology research strategy for the area.

We also had a stand at the Mary, Queen of Scots Boat Race event in the Kirkgate Park which featured a display on Mary Queen of Scots, the Kirkgate and fishing on Loch Leven. An historic Kirkgate walk was led by Professor David Munro.

This month we are busy with the planning of the 'Blether Bus' tour round Loch Leven which will be held in November. We are also involved in a series of oral history workshops with members of the Traveller community.

Our summer raffle will be drawn in early October and our Christmas quiz will shortly be available.

If you have not seen our new displays in the Community Campus, do drop by and take a look. On Thursdays and Saturdays volunteers are present in the study room to answer all your local history and heritage queries.

## Kinnesswood in Bloom

Kinnesswood in Bloom and people in the wider Portmoak area have been saddened by the recent sudden loss of Janette Gardiner. She was a stalwart member of many community organisations. We will remember her for being a member of our gardening team and, particularly, for being our treasurer for many years, carrying out the job very efficiently. Janette also enthusiastically became involved in the annual quiz and curry night and took charge of the recycling facilities in the bus shelter. She regularly provided delicious home bakes, particularly strawberry tarts, scones and mince pies at Christmas. She will be sadly missed.

The children in the upper classes of Portmoak Primary School have been harvesting their crops recently. They all took home a goodie bag filled with potatoes, french beans, peas and tomatoes. They were also able to admire the sunflowers grown in the borders, some of which are now more than three metres high. Some tatties have been set aside along with leeks so we hope there will be tattie and leek soup on the menu soon. There is still much to be tidied up at the end of the season and the school are now planning a new garden which will hopefully be ready for next year.

Work parties have been going ahead on a weekly basis and will continue well into the autumn. As usual, there are many weeds continuing to grow with all the wet and fairly mild weather, grass to be cut and shrubs to be cut back.

Four of our representatives attended the Beautiful Scotland Awards in Dumfries. Kinnesswood in Bloom were so pleased to achieve a gold award; the first time for us in this competition. It was a lovely celebration of all the good work being carried out by in-bloom groups in Scotland. We toasted Janette. She would have been so pleased.



## Recipe

supplied by Kinnesswood in Bloom

### Butternut squash and bacon soup

#### Ingredients

##### For the soup:

- 1 butternut squash, peeled, seeded and cut in 5cm chunks
- 1 onion, diced
- 1 red pepper, chopped
- 4 slices bacon, diced
- 2 tbsp olive oil
- 2 cloves garlic, minced
- Salt and pepper to taste
- ½ tsp dried thyme
- 2½ cups, chicken stock

##### For the topping:

- 4 slices bacon, diced
- ¼ cup crumbled goats cheese (or other crumbly cheese)
- 2 tbsp chopped chives

#### Method

Preheat oven to 200° celsius. Lightly oil a baking tray. Place squash, onion, pepper, bacon, oil, garlic and seasoning on the tray and toss to combine.

Place in oven and bake for 25 to 30 minutes until tender, stirring halfway through.

Heat a large frying pan, add bacon and cook till brown and crispy. Lay on a paper towel.

Puree squash mixture and place in a large pan with chicken stock and thyme. Bring to the boil, reduce heat and simmer until desired consistency is reached.

Serve garnished with bacon, cheese and chives.



KIB at the Beautiful Scotland awards in Dumfries

### Images of Kinross-shire

Photographs can be downloaded free of charge from the [www.kinross.cc](http://www.kinross.cc)

### Photo Library

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.

### Connect Counselling Scotland

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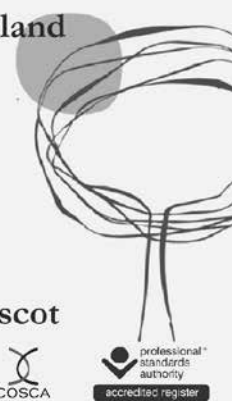
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## Kinross Beavers

The beavers returned from their summer holiday in August with stories of what they had been up to over the summer break. It has been a busy term with five new beavers joining us. Grant also joined the leadership team as an Assistant Beaver Scout Leader.



Brodie with his Special Recognition award

Our first night back was a busy and noisy one as the beavers took part in a variety of teamwork challenges with mixed success for each group. On the same evening Brodie was presented with a special recognition award for being kind and helpful last term. Congratulations Brodie!

Also, six beavers were presented with a certificate for having 100% attendance at beavers last term. Congratulations to Ryan, Aaron, Benjamin, Douglas, Callum and Rory!



Beavers with their 100% attendance certificate

At the end of August we had planned to hike up East Lomond. However, the weather was not great so we had to reschedule for mid-September; more details of the walk in the next *Newsletter*.

Instead the beavers starting working on the cyclist badge as they learned how to be safe riding a bike, how to pump a tyre and they also designed their own bikes.

On Friday 6 September we visited Tullibole Castle. The beavers had a go in the maze, completed the horrible history tour, and toasted marshmallows.

Thanks to Roderick for hosting us.



Beavers at Tullibole Castle

Congratulations to Charlie who was presented the Chief Scout's Bronze Award this term after successfully achieving all six challenge badges and four stage/activity badges. Well done!

Also, this term we have said goodbye to two beavers; Rory and Charlie, who were moving on after spending the last couple of years at beavers. Good luck for the future boys!

As you can see we have lots going on in the colony at the moment. If you would like the beavers to help your community group, or if you are interested in volunteering with Scouting, please contact us on kinrossbeavers@hotmail.co.uk.

## Glenfarg Bridge Club

Glenfarg Bridge club would like to cordially invite bridge players from the Kinross area to join us on Friday afternoons. Play is informal managing 16 games each week. Sadly, our numbers need boosting so please come along. You'd be made to feel very welcome and we even provide a cuppa with biscuits! Contact Evelyn Brockbank at evelynb7638@hotmail.com for more details.



## Portmoak Hall 100 Club

### August Draw

1st	No 55	Jo Dillon	Glen Lomond
2nd	No 83	Vickie Silvera	Scotlandwell
3rd	No 18	Maureen Miller	Kinnesswood



### Yoga Classes in Kinross

[www.simpliyoga.com](http://www.simpliyoga.com)

**Tuesday Evenings** - Kinross Church Centre

@7pm - All Levels

@ 8pm - Active Yoga

**Thursdays** - The Millbridge Hall

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## Kinross in Bloom

September saw the last of the watering duties for our band of volunteers. Our thanks again to everyone who helped out during the summer months ensuring that the baskets and planters looked well. 1400 pansies have now been planted up and are being brought on in the polytunnel. They will be out in the planters in October after we have emptied all the planters of their summer plants. Our friends at the rugby club will help us to take down the hanging baskets this month. Our thanks to Robert and Craig Bell who helped move the planters from Caulders back to the town hall. They made it look so easy, as you can see from the photos below.



The Crosswell Fountain continues as a project for Kinross in Bloom. To support us, please visit [www.justgiving.com/campaign/kinrossfountain](http://www.justgiving.com/campaign/kinrossfountain). Many thanks.

### 200 Club September Draw

1. No 14 Cathie Cochrane; 2. No 61 Edith Oswald; 3. No 9 Maureen Blair; 4. No 19 Tom Duncan.

Our thanks to everyone for their support and for renewing their 200 club membership. Your number for 2019/20 will be the same as last year. Good luck!

Our next meeting is on Wednesday 2 October at 7pm in the Church Centre. We would welcome any new volunteers to help with the work of Kinross in Bloom. Please contact [susan.mitchell50@gmail.com](mailto:susan.mitchell50@gmail.com).



## Kinross-shire U3A

[www.u3asites.org.uk](http://www.u3asites.org.uk)

At the beginning of September, Stephen Kirkham was our group's first speaker for the 2019/20 session. Members were enthralled to hear Stephen's account of becoming a heart transplant survivor.

As a younger man, Stephen had enjoyed a rewarding military career during which he was awarded a Military Cross in 1974. He had risen to the position of a Commander at Sandhurst. In 1992, he followed this by being ordained as a Church of England vicar in Nottinghamshire and transferred his services to Oxfordshire in 1998. After periods of heart-related ill health, Stephen reluctantly took early retirement. He moved with his wife to Scotland in 2014 to spend more time with their family.

Stephen's health took a downward spiral and resulted in him having a heart transplant in 2015. Stephen paid homage to the quality of care, competence and skills of the NHS medical staff at Scottish hospitals, which have enabled him to enjoy a prolonged, busy and full life.

Stephen's address coincided with the national celebration of organ donation week, which encourages all of us to consider registering our participation. An important aspect of this is having a full and frank discussion with our families to ensure we clarify and communicate our, and their, wishes. Over 59% of Scottish people have already registered to participate. More information is available at [www.organdonation.nhs.uk](http://www.organdonation.nhs.uk). U3A group meetings have also been resuming or starting in recent weeks. Members meet to discuss and learn together,



acquire new skills and arrange a variety of outings and visits for the forthcoming months.

More details of Kinross-shire U3A activities are available, as always, on our website. Details of membership, group activities and planned speaker events are constantly being updated. If you are retired, or partially retired, and have some free time, think about joining us; you will be made very welcome!

Our next speaker event takes place on Tuesday 1 October at 2.30pm in Kinross Parish Church. The topic, Keeping Safe, will equip us with tips and advice about avoiding scams, bogus workmen and other initiatives undertaken by others to capitalise on our vulnerabilities in our 'older' age. The speaker will be Matthew Ross, Community Police Officer. We hope you can join us and look forward to meeting you.



## Milnathort in Bloom

During October we replace the summer planting in the tubs and beds with winter/spring flowering plants. The last couple of years we have used tete-a-tetes and grape hyacinths; we'll be using those again but with the addition of bright orange pansies. Hopefully these will brighten up those dreary late winter/early spring days. We'll be out and about on Saturday 19 October taking down the baskets and clearing the tubs and beds replanting for spring. So if you'd like to give us a hand or stop by and say hello it'll be appreciated. I'm sure you'll agree that the village has been a riot of colour this year, so well done to all our volunteers and supporters.

October is also the month that we decide on the colour scheme and plants for next year. A lot of careful planning goes into this across baskets, tubs, beds and troughs. Each item has a different number of plants and different arrangements, which are all consolidated into a plant order of over 4000 plants. Safe to say that there's a very large spreadsheet involved!

As we're starting to slow down for the winter, I'd like to take this opportunity to thank some of the unsung heroes of Milnathort in Bloom. These are the people who work quietly away in the background to make sure that the important, not always visible, things are done and keep us successfully ticking over.

**David Henry.** David is a founder member of Milnathort in Bloom (can you believe we've been going almost 20 years?) and is the main person responsible for doing our planting plans, making sure we have the right number and types of plants to give everyone a great summer show. He also makes sure our 'Bloom Buggy' runs smoothly and takes care of the humdrum things like insurance. David's a bit of a begonia guru too; in the winter his attic is full of hundreds of overwintering begonias for Milnathort in Bloom, making sure our funds stretch as far as possible.

**Graeme Stewart.** Graeme is a long-time member of Milnathort in Bloom. He can often be seen working away tidying up our permanent beds in Milnathort; the heather and rose gardens in Old Perth Road, the garden at Whyte



Place and the borders in the War Memorial. Graeme saves us an awful lot of time and effort by taking on this herculean task.

**Peter Reeve.** Peter is the co-chair of Milnathort in Bloom. He helps with running the group but also fills his spare time with going out and about in the village and the polytunnel doing the jobs that really help us. Among many other things, he keeps the village orchard neat and tidy with regular mowing, plants up and waters the display at Burleigh Castle, plants up and puts extra tubs around the village in the summer and weeds the area around our polytunnel. Local resident **Bruce Williamson** also helps with the Burleigh Castle display by regular weed killing, planting and watering.

**Claudia Pleass.** Claudia is a lovely lady with a passion for weeding; we all need a Claudia in our lives! She's the lady who has taken it upon herself this year to rid the cobbles in front of the town hall of weeds. She can often be seen on hands and knees with her trusty tool and bucket, diligently clearing the weeds between the cobble stones. Her efforts have been greatly appreciated this year; the area has never looked so good.

**Joan Hamilton, Irene Brown and Rhona Aitken.** This trio of lovelies, led by Joan, were responsible for organising and sourcing the prizes for our brilliant scarecrow competition this year. It was a great event with some outstanding entries, so thanks to everyone who entered too. **Irene**, along with **Aileen Barclay and Rosemary Tolson**, also organise the 'Carols at the Cross' event each year. This event continues to grow and is always a great night out.

**June and Rob at Hattonburn Nursery.** June and Rob own the site where our polytunnel sits. They're great supporters of Milnathort in Bloom and we really don't know what we'd do without their help, support and understanding.

There are also many residents and businesses without whom, we wouldn't be able to do what we do. These include the lady at the Cross who lets us park our hose on her outside tap all summer to enable us to water the boxes at the Cross, Corrine at Light up my Heart who runs competitions for us, and all the other businesses and residents who help our funds by buying baskets. Thank you all, it really is very much appreciated.

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The Happy Dog Company is also on Facebook



## Portmoak Community Woodland Group

What's the best antidote to being stuck in front of a computer or working in a supermarket, a doctor's surgery or attending university lectures?

Luckily for Portmoak Community Woodland Group the answer, for a large group of volunteers, was to spend some time with us and help clear Portmoak Moss of unwanted saplings.



*Volunteers in Portmoak Moss*

A dozen members of Lothian Conservation Volunteers, based in Edinburgh, as well as a team from the Bog Squad, who specialise in this work, joined us on Sunday 15 September to spend the day pulling self-seeded young birch and spruce trees from the restored peat dome.

We don't want them there because they would gradually dry out the bog and prevent the growth of fantastic sphagnum mosses and other bog plants.

The group of volunteers couldn't have been more diverse, coming from a wide range of different backgrounds, nationalities and age groups.

David Nutter, treasurer with the LCV, said: 'I sit in front of a computer screen all day and it's good to get out into the countryside and interact with it.'

Later this autumn there may be more activity on the peat dome, as there's a plan to create small ponds on the driest part of it. This will involve volunteers from the British Dragonfly Association. The aim is to make extra breeding grounds for dragon and damselflies, as well as to encourage sphagnum moss to grow in the newly wetted areas.

As well as dragonflies, there have been large numbers of moths, identified by George Guthrie, who sets moth traps at night and records his findings before releasing the insects in the morning. On the same day as the birch pulling, he showed us a wonderful collection of autumn moths, including canary shouldered thorn and pink barred swallow, which could be easily mistaken for yellow birch leaves.



*Canary shouldered thorn moth, Portmoak Moss*

Busy times in the Moss and also in our other Woodland Trust site, Kilmagad Wood.

That's where we have the Portmoak Community Orchard and where, as the *Newsletter* goes to press, we'll be holding the annual apple day. The previous two have been held in the village hall, due to wet weather and groundworks on the site. We hope to report a fine day, enjoying the apples and apple-themed baking where they taste best of all – outside and under the sun.

Watch this space and also join us at our monthly meetings at 7.30pm, on the third Tuesday of every month, in the Well Inn, Scotlandwell.

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## Kinross and District Art Club

[www.kadac.co.uk](http://www.kadac.co.uk)

On the evening of Wednesday 11 September Pauline Smith, Headteacher of Kinross Primary School, opened our annual Art Exhibition, held at Kinross Parish Church. We greeted around 100 guests and members to the successful opening evening. In her welcoming speech, President, Gillian Ross, thanked all members for their support, enthusiasm and commitment to the club. She also mentioned the huge contribution that the four nonagenarians give to the club; highlighting their experience, their artistic skill and their energy!



*Kinross Primary School Headteacher, Pauline Smith, opening the KADAC Art Exhibition 2019*

Pauline Smith then gave a warming speech highlighting the important place of skills development within the school's curriculum. She also highlighted the work to develop and enhance cultural experiences at Kinross Primary School. After



declaring the exhibition open, Pauline mingled with guests. Everyone enjoyed browsing the 170 art exhibits as well as three tables of crafts.



*President, Gillian Ross with Kinross Primary School Headteacher, Pauline Smith with the children's artwork*

This year, our special display board exhibited 27 fabulous artworks from children from Kinross Primary School. Each child will receive a small prize for having their work chosen to exhibit at this year's exhibition.

The KADAC Art Exhibition was a truly intergenerational event, with artists ranging from 5 to 92 years of age displaying their works.

After the very successful exhibition, club members settled down for the remainder of September to start painting and creating for next year's exhibition!

If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website. We meet on Tuesdays and Fridays (2-4pm) in Millbridge Hall.

## Kinross Centre

September has been a quiet month for us and the winter months are slowly creeping up on us. It will be Christmas time before we know it!

The main events for us were our trips out. One was a day trip to Callander, where many of us enjoyed browsing and buying from their local shops. Another trip out was to North Berwick. Everyone enjoyed having lunch in a country pub.

We continue to run our regular activities. We have recently started an art class, run by Kinross art group, which has become very popular. Our singing group is also becoming popular on Tuesday afternoons. Some members have also been enjoying a game of Scrabble.

The trishaws are still attending on Tuesday and Friday afternoons, depending on the weather. Many service users talk so highly of them and really do enjoy their trip around Kinross. We thank you for this.

We are all looking forward to an all-day barge trip this month. Any excuse to get out in the fresh sea air! Nothing better than a little picnic on the canal.

So as you can see, even though we have been quieter this month, we have still been very busy with all our regular activities.

School holidays are fast approaching us again too so why not pop along to our coffee bar for lunch or a small bite to eat? Our prices are very reasonable and we serve up the best home baking around!

We want to take this opportunity to give huge thanks to all our volunteers. We've had a lot more helpers recently and really do appreciate every one of you.

We would love you to be involved with the Kinross Centre, either as a service-user, a volunteer or as a supporter, if you would like further information please contact Nan Cook on 01577 863869.





# Kinross-shire Local Events Organisation

[www.kleo.org.uk](http://www.kleo.org.uk)



## A good Blether at the Kinross-shire Winter Festival

KLEO is a Bookweek Scotland partner and, during the winter festival, we hope to bring some exciting 'blether' themed events!

### Gerda Stevenson

Award-winning writer, actor and singer-songwriter Gerda Stevenson reads and sings songs from her acclaimed collection, *Quines: Poems in tribute to women of Scotland*. **Wednesday 20 November**, 7.30pm at the Community Campus, £5.



Gerda Stevenson

### Jess Smith

Humour and fun run through Jess' story of life as a Scottish Traveller, which she will share on **Thursday 21 November**, 7.30pm at the Community Campus, £5.



Jess Smith

### Mining Sense Memory

This is a Writers' workshop with Janis Mackay. **Monday 18 November**, 7pm at the Community Campus, £10.

**Artie's Tartan Tales** with former Singing Kettle Star Artie Trezine on **Tuesday 19 November**, 4pm at Kinross Parish Church, £5 adult, £3 child.

**The Blether Bus**, a bus tour with stories around Loch Leven. **Sunday 24 November**, 11am and 2pm. Bus leaves from the Community Campus, £10.



Kinross-shire Entertains

## Other Winter Festival Events

### Kinross-shire Entertains

KLEO have Partnered with local youth work organisation, KYTHE (Kinross-shire Youth Enterprise) to showcase the variety of talent that Kinross-shire houses.

If you have a talent, we want to see it! On **Friday 8 November**, 7pm at the Community Campus, join us for an evening of fast paced fun that is absolutely going to entertain you! If you would like to take part please contact Gillian from KYTHE by email at [Gillian@KYTHE.org.uk](mailto:Gillian@KYTHE.org.uk) or Nigel at the Acoustic Music Workshop by email at [acousticmusicworkshop@gmail.com](mailto:acousticmusicworkshop@gmail.com).

### Mamma Mia Abba Sing-a-long

What's not to love about shamelessly belting out the words to your favourite ABBA songs! **Friday 15 November**, 7pm at the Community Campus, £5.

### Billy Kirkwood: All Talk

**Saturday 16 November**, 8pm, Milnathort Town Hall, £10.

### Choirs Together

**Sunday 17 November**, 7pm at the Community Campus, £5 (£3 concession).

### Festive Street Market/Light Up Kinross

**Saturday 23 November**, 4pm-7pm.

### Dougie MacLean

**Saturday 7 December**, 8pm at the Community Campus, £22.

For more information on the above events and tickets, visit our website.

Tickets are also available at Morgans Solicitors and Estate Agents in Kinross and Light Up My Heart in Milnathort.

### Kinross Farmers' Market

The last market this year is on **Saturday 26 October** at Kinross High Street from 10am-2pm.



### Kinross Kacophony Orchestra

Always wanted to play your instrument in a group but never had the chance? An orchestra for adults; all abilities welcome but it is handy if you can read music.

Wednesday evenings with conductor Dougie Flower from 7.15pm to 9.15pm at Loch Leven Community Campus. Fee is £5 a session.

### Leven Voices

This is a fun, informal, drop-in singing group which you can join anytime. No music reading or singing experience is necessary. Tuesday evenings with Horsecross Arts Tutor Alice Marra from 7.30pm to 9.30pm at Kinross Parish Church. Fee is £4 (£3 concession).

For more information about KLEO events go to our website or e-mail [info@kleo.org.uk](mailto:info@kleo.org.uk).

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## SPARKs

### (Supportive Project for Activities and Recreation in Kinross-shire)

We have had a busy couple of months of weekly groups, and various outings, weekly Boccia games and competitions. We supported Kinross Men's Shed in their bid to purchase the Kinross Learning Centre by offering to share the facility for our groups' activities. We wish them every success in their bid!

#### SPARKs Summer Picnic

Unfortunately, the great weather turned the week of our picnic, so we decided to relocate to the Campus for a 'picnic in the campus' instead. A great selection of food from Heaven Scent was arranged. This was followed by a variety of outside garden games under the campus's covered canopy. We played basketball, hoops and garden darts and had a very enjoyable afternoon!

#### Boccia Training Afternoon

Following our routine Thursday group, the Boccia group moved to a Boccia court, where Graham Doig, P&K Disability Sports and his assistant lead a great session on rules and tactics. Thank you to them for their time.

#### Glasgow Transport Museum

After a lot of organising from our fantastic volunteers and workers, two local accessible buses were arranged. Lunch was provided on arrival and a full guided tour undertaken. It was a great place to visit and there were lots of interesting things to see.

#### Potager Garden

Following an earlier presentation to the group, we were invited to a very pleasant and sunny Thursday afternoon in the Potager Garden, exploring the activities. Many thanks to the Potager Garden volunteers for their support and information.

#### Perth & Kinross Disability Sport – Boccia Championship

At the end of August an intrepid team of SPARKs Boccia members; Duncan, Graham, Ross and Peter attended the event at Perth's North Inch Campus. A very good day was had by all, gaining valuable experience. Thanks to volunteer John, who came along to support the event.

#### Events

We entered a Boccia team of five players in the Perth and Kinross Open Boccia Championships at Bell's Sports Centre in September. We had a tombola stall at the Farmers' Market on 28 September. A trip to the Seagull Trust Canal Boat in Falkirk (and possibly the Kelpies), is arranged for 3 October.

#### About SPARKs:

Refreshments are available, usually followed by a quiz; a variety of board games; arts & crafts; Boccia; and the occasional guest speaker. Each activity is on a voluntary participatory basis and is open to all disabilities, for people to have a chat and to help to reduce isolation within Kinross-shire. We ask for a small weekly donation of 50p or £1, to cover the cost of refreshments. We meet Thursdays 1-3pm in Loch Leven Community Campus.

#### Boccia

We have specific access to the marked Boccia court on Saturdays from 12.30-1.30pm in Loch Leven Community Campus. This is £2 per session, just to cover the cost of the court.

For more information about SPARKs please contact Shona Fowler on 07896 280843 or Roseanne Gray on 01577 867216.

## Kinross Community Garden Group



In September the Garden Group had a very successful outing to Wallington Hall in Northumberland. Our first meeting of the new season starts on **Thursday 10 October** in the Millbridge Hall, Kinross at 2pm with Margaret Gimblett from 'Scotland's Garden Scheme' (The Yellow Book). She is the district organiser for Perth and Kinross and her talk will be 'Open Gardens of Scotland: The gardens and behind the scenes'.

Membership fees are £20 for the year and £5 for visitors. If you are new to Kinross-shire and interested in meeting fellow garden enthusiasts you will be made very welcome. Doors will be open from 1.30pm. For more details contact Caroline Anderson on 01577 864589.

#### Need Equipment for a Community Event?

Marquees, Gazebos, Chairs, Tables and more available to hire (or sometimes borrow).

Items are listed on [www.kinross.cc](http://www.kinross.cc) at:

[www.kinross.cc/equipment\\_hire/equipment.htm](http://www.kinross.cc/equipment_hire/equipment.htm)

If your community group has items it would be prepared to lend or hire out, please add them to the list.

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## Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross  
01577 867205 E: lochlevenlibrary@culturepk.org.uk  
www.culturepk.org.uk

### Opening Times

Mon*	10am-1pm
Tue, Wed & Thu	10am-8pm
Fri	10am-6pm
Sat*	10am-3pm

\*Mon 10am-1pm & Sat 1-3pm. Limited service, run by volunteers.



### Regular Sessions for Young Children

No need to book, just come along:

- **Bookbug Rhymetimes** Sat 10.30-11am. Wed 2-2.30pm.
- **Pre-school Story Time** Tues 10.15-10.45am.

Parents, grandparents or guardians and toddlers will be made most welcome at these free, open sessions.

- **Stay and Play** Wed 2.30-3.30pm Sat 11am-12.

Pop into the library where you can meet other parents, have a coffee, chat, read a magazine or just relax while your child plays. Toys provided. Family-friendly. These sessions are suitable for pre-school children and their parents or guardians.

- **Bright Sparks Club** Third Sat of every month, 11.30am-12.30. Exercise your brain and have fun! Activities, crafts, experiments, brainteasers. Suitable for age 5-10 years.

£2 per session: Sat Oct 19, Nov 16

Please book a place. Tel 01577 86725

Email: lochlevenlibrary@culturepk.org.uk

- **Book Group for Children** First Friday of each month 4-5pm. For children aged 7-11 years. New members welcome. Please contact the library to book a place.

**Next meeting: Friday 4 October.**

### Book Groups at the Library

We currently have three book groups for adults running at Loch Leven Community Library.

**Crime:** Once a month on a Tuesday, 6.45-7.45pm.

**General:** Once a month on a Friday 10.30-11.30am.

**Cafe:** Once a month on a Saturday 11.15am. .

Please contact the library for any further book group dates

**IT Help Sessions:** Free sessions but booking essential as spaces are limited. Monthly on a Thursday 2pm onwards.

**Next session: Thursday 10 October.**

**Coffee and Crochet:** Fancy coming along to a crochet club? Chat, enjoy coffee and share hints & tips while working on your project. Weekly on Thursdays at 10am. Come along and join this small friendly group.

(Please note although help will be given this is not a teaching class for beginners.)

**Creative Writing Group.** Always wanted to try your hand at creative writing? Come along, it's free, interesting and supportive to budding writers.

**Next meeting: Tues 29 October 6-7.45pm.**

**Foodbank:** The library is now a foodbank collection point for 'Broke not Broken'.

**Free WiFi & Computer use** for library guests and members.

**Dog waste bags** available.

**Kitchen waste caddies** available.

**More information on all library, museum and art gallery events at:** [www.culturepk.org.uk/whats-on](http://www.culturepk.org.uk/whats-on)

## Mobile Library Service

### Visiting on Tuesdays 8 & 22 October

Glenfarg	Main Street	1200-1300
Forgandenny	Rossie Place	1545-1615

### Visiting on Wednesday 2, 16 & 30 October

Kinnesswood	Opposite shop	0930-1000
Portmoak	Hall	1005-1020
Scotlandwell	Leslie Road	1025-1050
Portmoak	Hall	1125-1140
Scotlandwell	Leslie Road	1145-1205
Levenmouth Farm		1100-1120
Hatchbank Road	Gairneybank	1140-1200
Powmill	Mill Gardens	1320-1340
Crook of Devon	Village Inn	1345-1445
Carnbo	Pitcairnie Lane	1500-1530
Whyte Court	Kinross	1545-1615

For more information, see: [www.culturepk.org.uk/libraries](http://www.culturepk.org.uk/libraries) and click on 'Services in the Community'.

## Friends of Loch Leven Community Library (FOLLCL)



Well done to all 177 who took part in this summer's Reading Challenge, Space Chase, and big congratulations to the 114 who completed the competition.

The months of September and October are the major season for publishing new books and many of these will be available in the library shortly. Why not come along to your community library to find out if your favourite author has a new title available. Please remember that if the book is not on the shelves, it can be reserved for you.

FOLLCL volunteers extend Kinross Community library opening hours on Mondays (10am-1pm) and Saturdays (1pm-3pm) throughout the year excluding public holidays. Should you be interested in becoming a volunteer with the Friends of Loch Leven Community Library, why not come along during the hours mentioned above to find out what we do.

We look forward to meeting with you.

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## Fossoway & District Horticultural Society 101st Show

The society had another busy and successful Show on Saturday 17 August in the Village Hall, Crook of Devon, with a large number of exhibitors, despite the odd weather we have had this year! We were delighted to see so many visitors and the hall was buzzing with much chatter and activity. There were a large number of prizes in the raffle and many were kindly and generously

donated by local companies. Lots of folk enjoyed the refreshments which were being served and the tea room was full to capacity with people (and cakes!) and kept the ladies very busy indeed.

The show was kindly opened by Fiona Allen, Headteacher at Fossoway Primary School who spoke about the quantity and quality of exhibits and the impressive number of years the show

has been held. She also presented the many trophies and awards.

The committee would like to take this opportunity to thank everyone who gave very generous donations, raffle prizes, attended, exhibited and helped at the show to make it the resounding success it was. We look forward to seeing you all next year!

### The Trophy Winners were:

Ramage Dawson Cup (most points)  
President's Shield (runner up)  
Bob Wilkie Cup (Pot Plants)  
Moir Cup (Cut Flowers)  
David De Boer Cup (Gladioli)  
Drummond Trophy (Sweet Peas)

G A & G Kendrick Cup (Vegetables)  
Vida Young Trophy (Best Exhibit, Vegetables)  
J M Fraser Cup (Open Section)  
Stalker Cup (Baking & Industrial)  
Barden Trophy (Baking)  
Miss Pirie Cup (Industrial)  
Nicolson Black Jug (Preserves)  
Stewart Rose Bowl (Floral Art)  
Mabel Ross Trophy (Article in Wool)  
Liz Wilkie Trophy (Best Exhibit, Industrial)  
Addison Trophy (Best Exhibit, Single Rose)

Amanda James  
Bob Wilkie  
Amanda James  
Bob Wilkie  
Jennifer Best  
Roberta  
Carmichael  
Bob Wilkie  
S Bannister  
David Forrester  
Fiona Harley  
Fiona Harley  
Elsie Johnson  
Linda Thomson  
Gracie Wilson  
Margaret Best  
M Forrester  
Bob Wilkie

### Children's Sections

Ramage Dawson Cup (most points overall)  
  
The Aldridge Cup (under 10 years)  
J M Fraser Cup (over 10 years)  
Spinningdale Trophy (Article in Wool)  
Good Yarn Trophy (Writing)

Isla Campbell  
& Grace Harley  
Grace Harley  
Isla Campbell  
Iona Wilson  
Iona Wilson

### Special Prizes

Best Exhibit classes 1-16 (Pot Plants)  
Best Exhibit classes 17-37 (Cut Flowers)  
Best Exhibit classes 80-94 (Open)  
Best Exhibit class 38 (Collection of Veg)  
Best Exhibit class 72 (Collection of Potatoes)  
Best Exhibit classes 106-120 (Baking)  
Best Exhibit classes 132-145 (Industrial)  
Best Exhibit classes 164-171 (Photography)

Amanda James  
Jennifer Best  
J Wallace  
Amanda James  
R Buchanan  
Mary Wilson  
M Forrester  
Chloe Harley

Our **AGM** will be held on **Thursday 31 October** in the Village Hall, Crook of Devon at 7.30pm. All are very welcome to attend, particularly if you are interested in joining the committee!

## Kinross & District Inner Wheel

[www.innerwheel.co.uk](http://www.innerwheel.co.uk)

Since our last meeting in June members have taken several opportunities to meet up with each other. This began with an outing to Cowden Gardens near Dollar to visit the beautiful Japanese gardens. We followed this with two afternoon teas at members' homes, an outing to Pitlochry for lunch then to the theatre to enjoy 'Summer Holiday'. We also had the pleasure of assisting the Rotary Club at their successful fundraising event, Mary Queen of Scots Boat Race. At our first meeting of the new session President Susan welcomed everyone back. She also welcomed the speaker, her husband Phil, President of the Rotary Club of Kinross and District. Phil gave us a talk on his hopes and plans for Rotary locally in the coming year, together with a very interesting account of his life and career. Our next meeting will be held on Monday 14 October at Milnathort Golf Club at 6.15pm for a 6.30pm start. Our speaker will be Ninian Crichton-Stewart talking on Falkland Old School and Estate. For more information about Inner Wheel contact us by email at [Admin@innerwheel.co.uk](mailto:Admin@innerwheel.co.uk) or visit our website.



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## Boys Brigade and Scouts

### Jedburgh Hi-Jinks

The 1st Kinross Companies of Boys' Brigade and Scouts had a fun-filled week based in Jedburgh for the first week of the school summer holidays.

Based at the ground of amateur football club Jed Legion the group established their site by unloading their gear, erecting their marquee and ridge tents before preparing for the first inspection of uniforms, bedding and baggage.

Sunday morning's attendance in full uniform at the Parish Church morning service was rounded off by biscuits, buns and juice thanks to the local congregation. This also gave the youngsters and the adult leaders an opportunity to find out a bit more about the local area and the forthcoming Jethart Callant's Festival. Sunday afternoon saw the local 'Teddy Bears' Picnic' come to the nearby rugby pitch with bouncy castles, ice creams, children's races, concluding with a duck race. The group also screen printed their own camp t-shirts in the marquee, hanging them up to dry.

After breakfast on Monday morning the group set off to Eyemouth to walk the Berwick-shire coastal route to St Abbs Head stopping off for an ice cream at Coldingham.



*Enjoying the fun-fair at Beamish, near Durham*

On Tuesday the party set off for the beach at Spittal just south of Berwick on Tweed where most sampled just how cold the North Sea can be before enjoying time on the sands. An afternoon stop in Berwick gave the youngsters time to explore the town centre in groups. Wednesday was rest and recovery day with the opportunity to roll back the tent walls and take ground sheets, bedding and baggage outside to air before the traditional afternoon sports day competitions. In the evening it was the Nisbet/Criling rideout when well over 100 horses and riders head off from Jedburgh town centre, through the local river and out into the countryside to mark out their historical boundary. Thursday morning was all about local history with the youngsters visiting Mary Queen of Scots' house and Jedburgh Prison and Museum before dividing into three groups; one shopping, one mountain biking and one walking the hill to the Waterloo Monument, rotating all three so that everyone sampled each one.

Beamish Living Museum of the North was the group's final destination of the week on Friday where everyone had the opportunity to find out about local history in a live setting. The group savoured what a school day would be like in the

early twentieth century as well as creeping down a mine shaft, farming, transport, shopping and fun fair rides.

Friday evening featured the usual camp concert with each group, including the staff, performing their prepared stint. Following the camp concert the award ceremony announced the various winning individuals and squads: Cricket, squad 1; Volleyball, squad 2; Football, squad 2; Hockey, squad 3; Team Frisbee, squad 2; Archery, squad 1; Sports, squad 1; Quiz 1, squad 3; Quiz 2, squad 1; Best squad overall, squad 3, Jack Bland, Lee Graham, Zoe Webster and Elsie Slater.



*Captain David Munro presenting the Best Camper award to Rebekah Roe*

Fun awards: Camp Clown, Jack Bland; Camp Parrot, Grace Bland; Camp Pig, George Milne; Happy Camper, Elsie Slater; Darts Champion, Harry Bland; French Boules, Zoe Webster; Chess, Lee Graham; Draughts, Zoe Webster; Connect 4, Grace Bland.

Best Camper awards: 3rd Zoe Webster, 2nd George Milne, 1st Rebekah Roe.

BB started back at the Church Centre on Friday 6 September for the start of their 99th session. Anchors for boys and girls in primaries one, two and three (6pm-7.15 pm); Juniors for boys and girls in primaries four, five and six (7pm-9pm); Company for boys and girls from primary 7 to secondary 6 (7pm- 10pm). New members in all sections welcome.

### WANTED – GARDENING EXPERT !

We have moved to a house (near Milnathort) with a beautiful 'Parterre' filled with shrubs and flowers in need of some TLC.

We have the time and physical ability to provide this.

Unfortunately, we don't have the knowledge!

With autumn almost here we know some pruning and re-planting is needed so we need some help.

If you have the knowledge and would enjoy passing it on and 'mentoring' our progress, we would love to hear from you.

**Please call Shona on 07771 595104**



## Kinross High School

### Pitlochry Festival Theatre Drama Trip

From casting spells to meeting the cast, the Pitlochry Festival Theatre's *The Crucible* had our Higher and Advanced Higher Drama classes spellbound.

During the pre-show tour, the group had the opportunity to explore behind the scenes. It gave pupils an appreciation of the work that goes into putting on a professional production, and opened their eyes to the variety of roles available in the theatre world.

After a quick game of 'Splat!' in the yurt, we took our seats. It was a strange experience to watch the actors bringing Arthur Miller's play to life on the same set we'd wandered around just a couple of hours earlier!

Pupils took advantage of the interval to share their opinions and ask questions. The public were quick to notice how attentive our pupils were and complimented them on their exemplary conduct.

After the matinee, the cast and the director joined us for a question and answer session. Having the chance to ask the director about some of her creative choices (like dressing the cast in denim and having a replica of Pitlochry's 'shoogly bridge' dominate the stage) helped the pupils understand some of the challenging decisions a director must face.

Comparing the adaptation to other interpretations and to their own work in class was extremely rewarding. We'd like to thank the staff at PFT and well done to the drama pupils who were a credit to the school.



Alice, Grace, Katie and Serena receiving a well-earned cheque from Tilda Rice

class saw a presentation by Mary's Meals which linked in with their studies on development and health; and S1 classes helped to pack 60 backpacks which the charity will distribute to school children across the globe. S1s discussed the best present they had been given and compared this with answers from children less fortunate than themselves. Tayside Contracts helped to support this event by making rice the key



A packed auditorium enchanted by the set of *The Crucible*

### Home Economics Tilda Rice Experience

Thanks to the Home Economics department's commitment to promoting healthy eating, we recently won a Tilda Rice Experience Day. Now in its fourth year, the Tilda Together competition focuses on the role nutrition plays in healthy bodies and healthy minds. This year's theme centres on Tilda's partnership with the charity Mary's Meals. The charity provides life-changing daily meals to impoverished school children in 17 countries across Africa, Asia, Latin America, Eastern Europe and the Caribbean. As part of this, our Higher Health and Food Technology class had a talk which covered career choices and nutritional information, and a cooking lesson led by a qualified dietician; the Higher Geography

menu component of the day. The HE department also won £500 and a 25kg bag of Tilda rice. Soon there will be a case study produced based on the work of the HE department in KHS which will be shared across the UK as a model of good practice.

A great day was had by all! To quote one of the Tilda rice representatives, 'It was a fantastic day... we are blown away by the school's amazing facilities and the pupils who were so engaged – we hope they enjoyed the day!'

### Martin Stewart – Creative Writing Workshop

Children's author and former English teacher, Martin Stewart, recently visited Kinross High School to work with this year's Advanced Higher English class. Martin ran a lively creative writing workshop in which students were challenged to consider aspects such as dialogue and character development. The S6 students came away with many useful tips. They are eager to apply these skills in their folio pieces and were encouraged to remember that the adage 'less is more' could not fit prose fiction writing more! Thank you to Martin for another insightful workshop.



Martin Stewart delivering a creative writing workshop to the Advanced Higher English class



## The Kinross-shire Civic Trust

Helping protect, conserve and provide a better built and natural environment

[www.kinross-shirecivictrust.org](http://www.kinross-shirecivictrust.org)

Find us on Facebook



Email: [KinrossshireCivicTrustSecy@gmail.com](mailto:KinrossshireCivicTrustSecy@gmail.com)

### Annual Dinner and Talk

The Trust will hold its Annual Dinner on **Tuesday 12 November** at 7.30pm in the Grouse and Claret. There will be a talk afterwards by Simon Montgomery, Senior Casework Officer, the Heritage Directorate, Historic Environment Scotland. The talk will be about Historic Environment Scotland with illustrations of some of the very interesting work they do.

### Planning

It has been a quieter month on the planning front, but the Trust has been following up queries and monitoring some developments.

### Stone 'left' the site at old High School

We have received confirmation from PKC that the stone from the demolished parts of the original school building 'was accidentally removed from site following the demolition and not available for re-use. This is unfortunately now the same situation for the gate piers.' The gate piers mentioned were the stone pillars with caps that used to be either side of a gateway to the school grounds on Green Road. The gate piers were supposed to be retained and reused after the new access road was formed.

PKC also admitted that the boundary wall at Green Road has been rebuilt with new stone as 'unfortunately the original stone from the wall left the site'.

### Lathro Farm phase 1 – problems continue

For several weeks large vehicles have been present on phase 1 of the Lathro Farm site to deal with blockages in the sewage system and also to clear silt from the drainage system.

A spokesperson for PKC said: 'The Council's Planning Enforcement team last year received a number of complaints regarding drainage. Enviro-Clean have been appointed by the developer to manage silt from the construction process on site. This is being done so that the developer can comply with their Construction Environmental Management Plan, as approved by the Council as Planning Authority in consultation with SEPA.'



Enviro-Clean trucks clearing silt out of the drains at Lathro phase 1  
Photo: Ken Whitcombe

The Trust has had sight of a letter written by Roseanna Cunningham MSP to Stephen Profili, Managing Director of Persimmon Homes North Scotland. Ms Cunningham says she has been contacted by 'a considerable number of residents'

complaining about the condition of their new homes and about the poor customer service they have experienced from Persimmon.

Concerns include:

- 'soil vent pipes not being connected to the outside, causing stench to permeate the houses';
- 'poor brickwork, bulging walls, soft bricks and plywood props';
- 'snagging complaints continually ignored, including doors that could not be locked or closed properly, leaks and electric sockets hanging off walls';
- 'fireproof insulation ... missing in some lofts'.

The MSP is particularly concerned that 'many of the residents have not received Completion Certificates.' A completion certificate confirms that a building has been constructed in accordance with the relevant building warrant and complies with Building Regulations. Prior to a new-build house being occupied, it is the responsibility of the developer to send a Completion Certificate Submission to the local authority who will then inspect the property. If all is in order, the local authority will issue an acceptance of completion certificate. Under the Building (Scotland) Act 2003, it is an offence to occupy a building without a completion certificate for work that requires a building warrant.

### 'Nature has rendered another invoice for our unsustainable ways'

#### Impact of development on Loch Leven

The risk to the quality of Loch Leven due to environmental laws being disregarded is mentioned in a guest blog on the website of United States organisation Community Environmental Legal Defense Fund.

British lawyer Susan Shaw writes in the online article *It's Time: Rights of Nature in the UK*: 'Developers and their agents have become, from experience, increasingly skilled at gaming environmental law. People and planet are frequently absent in debates that incentivize, indeed reward, extraction and conflict over harmony.'

'One example: I have recently been instructed to represent members of a local community group in the Lathro area of Kinross that has been battling for several years for existing environmental laws to be upheld and given, in their submission, proper regard.'

'Notwithstanding that the overall area in question is bestowed with some of the highest-level protections and designations under EU and national law – the area, Loch Leven, is a Site for Special Scientific Interest, a National Nature Reserve, a Special Protected Area and a Ramsar site – the community have faced what can only be characterized as a war of attrition with developers.'

Later in the article Ms Shaw writes: 'Just like Lake Erie in the United States, the loch in this local community, the largest lowland loch in Scotland, is suffering another significant blue-green algae bloom, with many people seemingly unaware of the associated health risks posed. Nature has rendered another invoice for our unsustainable ways'.

Read the whole article at:

[celdf.org/2019/09/its-time-rights-of-nature-in-the-uk/](http://celdf.org/2019/09/its-time-rights-of-nature-in-the-uk/)



# Sports News

## Kinross Golf Club

[www.kinrossgolfclub.co.uk](http://www.kinrossgolfclub.co.uk)

Congratulations to our junior team who won the Inaugural Scottish National Golf Sixes at Muckhart on Sunday 8 September.

The players on the day were Adam Herd, Oliver Jackson, Joe Ponton, Calum McGee, Charlie Pearson and Ruairidh Smith. There were three others playing in other matches, namely Suilven Harris, Robbie Hepburn and Adam Ponton.



*Kinross Golf Sixes winning team with Junior Convenor Gordon Jackson*

Throughout the season our juniors have been playing in a Scottish Golf initiative called GolfSixes. It's designed to encourage young golfers to play team golf in a fun environment on slightly shortened courses. Our juniors joined a regional league with five other teams where they ended up winning the league. They progressed to the national final which was held at Muckhart Golf Club on 8 September. They played brilliantly on the day, winning the tournament against the other 16 regional winners from across Scotland. A fantastic achievement and it was a great initiative to encourage

children to play golf. Special thanks to our junior convenor Gordon Jackson and the team of helpers who have supported our junior section throughout the season.

We are continuing to grow our junior section and, if you are interested in learning to play golf, please contact the club by emailing [office@kinrossgolfclub.co.uk](mailto:office@kinrossgolfclub.co.uk).

Kinross Ladies recently defeated Muckhart in the final of the Perth & Kinross Handicap League to become winners of the Loch Leven's Larder trophy for the third time in four years. Well played to Lyn Murray, Heather Gough, Audrey Thomson, Lorna Arthur and Jennifer Simpson and well done to all our ladies who have played in this seasons matches and contributed to our success.

Our ladies club championship finals took place over the last few days of August and winner of this year's scratch championship is Ann Smith with Lyn Murray runner up. Winner of the handicap championship is Audrey Thomson with Trish Anderson runner up. Winners of the Bruce foursomes are Jennifer Simpson and Trish Anderson with Lorna Arthur and Mary Graham runners up. Congratulations and well done all.

Results of our Gents senior pairs open are as follows:

Handicap:

1st I Stavert/K Miller, Duddingston 70 net 65; 2nd P Crichton/J Marshall, Kinross 75 net 67; 3rd P Jackson/G Clunie, Kinross 75 net 67; 4th A Glancy/R Irvine, Kinross 81 net 67; 5th G Watt/I Carmichael, Alloa 78 net 67; 1st Scratch: R Denholm/D Graham, Duddingston 73.

Congratulations to all our winners and thanks to all who took part.

### Dates for the Diary

Friday 18 October: Ladies' night with Elvis tribute.

Saturday 26 October: End of season party with Vel Amour.

Saturday 16 November: Prize giving evening with guest speaker/comedian Les Peters.

Saturday 7 December: Motown Christmas party.

Follow us on Facebook and Twitter, or check out our website for more information.

## Volleyball

### New Season, New Faces, New Teams

Congratulations to Kinross High boys Finn Thomson and Ben McLachlan who were selected for the Flying Scots' Cadet team as part of this summer's Scotland East programme. Indoor coaching sessions have resumed at the Campus on Monday evenings from 8pm-9.45pm in preparation for the new league season which will start after the school October holidays.

A number of club members are involved in helping at the International Beach Volleyball competition taking place at Darnhall Tennis Club in Perth. Two purpose built permanent beach courts have been installed on the redundant bowling green.

The Perth and District Volleyball League commenced on Sunday 29 September with the Recreational League Cup. The Premier League Cup will take place after the school October

break. As well as the Kinross Volleyball club teams taking part in both leagues this season, Kinross High School teams will also compete in both leagues for the first time. This is due to the increased numbers of school pupils participating in extra-curricular volleyball sessions on Wednesday lunchtimes and after school.

The bulk of the Perth and Kinross Junior Boys' team will also consist of mainly Kinross players who have their first pre-season outing at a tournament being held in Edinburgh on Sunday 29 September.

With CEV (European Volleyball Confederation) funding entering its second year, further input to Kinross High School and its feeder primary schools will take place with fun coaching sessions culminating in a local festival. CEV funding this year will also involve Perth schools for the first time based on the success of the Kinross model trialled last session.



## Milnathort Golf Club

### WW1 Commemorative Oak Trees

Milnathort Golf Club member Lt Col (Retd) Andy Middlemiss has presented the club with two oak saplings, grown from acorns which he and his wife Jo collected off the ground in a wood on the site of the Battle of Passchendaele, in Belgium last year on the 100th anniversary of the end of the First World War. Andy has led tours to the Battlefields in the last four years.

They are only about eight inches high at present, but when ready and mature enough to be planted out (probably next year) they will be gifted to the youngsters forming the Junior Section of the club, currently numbering 69, to be planted by them at a suitable location on the course.

These youngsters, who are the future of the golf club, will have the history of Passchendaele explained to them, after which they will then plant the trees, together with a plaque donated by Andy, commemorating the thousands who fell on both sides. These oaks and plaque will serve to commemorate the 100th anniversary of the ending of The First World War, together with those who gave their lives, by the future membership and will be seen by members and visitors to Milnathort Golf Club alike in the years to come. The golf club is such a beautiful and peaceful place (despite the golf match battles waged there!) that it is in sharp contrast to the ravaged land where the acorns came from.

### Scottish Golf R&A 9 Hole Challenge National Final

Earlier this year Milnathort Golf Club received the rare honour of being invited to host the Scottish National Final of the above event for the second consecutive year. The R&A 9 Hole Challenge is a UK-wide competition. It is run by the R&A to promote 9 hole golf as a quicker form of the game. The ultimate prize allows a few lucky qualifiers a place in the grand final at The Open venue (this year at Royal Portrush) on



the Saturday preceding the Open Championship. More than 100 pairs of golfers from clubs across Scotland converged on Milnathort over two days in June with four pairs (sadly none from local clubs!) winning a place in the grand final.

Fortunately, the weather played its part this year and many compliments were received from players and R&A/Scottish Golf officials, summed up by the following from the Fraser Munro, Head of Events at Scottish Golf:

*'Over the past two years we have been utterly blown away by the level of enthusiasm which the event has been greeted with at the club and we will find it hard, if not impossible, to top Milnathort going forward. My extended thanks to the members who kindly gave up their beautiful course to allow the event to take place. To the army of nearly 60 volunteers, a huge thanks, the event wouldn't have been possible without you. The course was superb, and you should be proud of the way it was presented with such crisp definition and immaculate putting surfaces. Please pass on our sincere thanks to Jason and his team and to the office, bar and catering staff for providing a first-class service. During a busy few days their efficiency and pleasant manner was greatly appreciated by all.'*

If you are thinking of joining a club in the area, we have various types of membership deals throughout the year which offer great value with no joining fees and no waiting list. For those who are interested in learning to play, we have the 'Get into Golf' membership scheme which includes professional coaching and is a great way to take the first steps towards playing the game. Why not pop in to the clubhouse for a coffee and a chat to see what we have to offer? Or contact our administrator, Wilma, weekday mornings on 01577 864069 or email milnathort.gc@btconnect.com.

## Kinross Curling

Green Road, Kinross, KY13 8TU

Tel: 01577 861821

www.kinrosscurling.co.uk

Email: Iceman@KinrossCurling.co.uk

www.Facebook.com/KinrossCurlingRink



### Try Curling

October sees the first of our 'Try Curling' and Beginners coaching sessions for the season. Dates and times are as follows:

<b>Saturday 12 October</b>	12.15pm	Try Curling
<b>Sunday 20 October</b>	3pm	Beginners session 1
<b>Saturday 26 October</b>	3pm	Beginners session 2

If you are interested in giving our great sport a go, contact coaching co-ordinator Jim Steel at jimsteel@kinrosscurling.co.uk.

Places are limited and already starting to fill up. There will be similar sessions in November/December, January/February and February/March. Further details will be available in due course.

**Deadline for all Submissions**  
**5pm, Friday 18 October**  
**for publication on Saturday 2 November**

## Fossoway Tennis Club

We are a family friendly club (nothing too serious) based in Crook of Devon welcoming new members of all abilities. We have internal competitions for all ages including coaching for younger children. Have a look at our Facebook page or come along on a Thursday evening from 6.30pm to speak to a member. Individual and family memberships available.

### Offices to Let

Newly Refurbished  
Reception area  
On street parking  
Complimentary WIFI  
Friendly Working Community  
Three Single offices  
Self contained unit  
- 4 offices kitchen and toilet

**Available now - contact**



## Kinross Badminton Club

Our 2019/20 season has now started and takes place at the campus in Kinross High School in the main sports hall. The club meets every Tuesday from 8pm to 9.45pm. New players will be welcomed, so if you would like to come and try us out then please come along. The first night is free for new members so you have nothing to lose! We usually have three badminton courts but we can request more on nights when more people turn up.

By the time this *Newsletter* is published, our AGM will have been held. The names of the office bearers and committee will be announced in the November *Newsletter*. Meanwhile, two of our office bearers attended the AGM of the Perth and District badminton association in September. Kinross Badminton Club will enter one team into the league this season. Matches will be held at the usual venue of Bell's Sports Centre in Perth and begin on 2 October. Kinross finished fourth in division one of the 2018/19 season. It was a good solid result with some great performances from many of our players.

In August, just before the new season started, president Bill held a successful barbeque at his house. Thanks to Bill for his hospitality.

Please follow us on Facebook for the latest club news or to send a message or enquiry. If you would like further details you can contact Bill MacDonald on 07933 164167 or Matt Brown by email at mnbrown37@gmail.com.



## Kinross Squash Club

Why play squash? Here are several reasons!

It is played indoors in a lovely warm environment; ideal for these winter months when you cannot get outside.

It is very convenient. The squash courts are at Kinross swimming pool. You could possibly walk there!

It can be played all day right up to 9.20pm!

It takes just 40 minutes. So no excuses that you do not have time.

You can burn lots of calories. It is a great aerobic workout and just as good as any gym session or fitness class.

It is a very easy game to understand.

It is a very forgiving game (in other words, you can play a bad shot and, more than likely, it will keep the rally and fun going). Besides fitness, you can learn a few new skills and keep your hand and eye co-ordination sharp; useful in so many other aspects of our lives.

Squash keeps you agile and flexible; useful as you get older.

It helps mental well-being and elevates stress.

You only need a racket; you'll probably have all the other kit so it is not an expensive sport to take up.

No excuses! Take up a new sport before you make that New Year's resolution!

Nobody to play against? Then join the Kinross Squash Leagues. You will then find players of your level, even if you are a total beginner. Contact details for joining are on the noticeboard at the rear of the squash courts.

## Orwell Bowling Club

Bowling Green Avenue, Milnathort

Tel: 01577 863739

orwellbowlingclub.weebly.com

By the time the *Newsletter* goes on sale we will have reached the end of our season and the green will be closed. It has been difficult at times to arrange ties due to the mixed weather. As the ties are still being played there will be a list of the winners in next month's *Newsletter*.

We lost our last three friendlies as follows:

Saturday 17 August at home to Perth Caledonian, Orwell 49 Perth Caledonian 54; Sunday 18 August at home to Ladybank, Orwell 30 Ladybank 46; Saturday 31 August away to Aberdour, Orwell 28 Aberdour 43.

The ladies friendly game against Perth bowling club was played on 4 September. As it was a wet afternoon we only played six ends and retired to the club house for a welcome cup of tea and biscuits.

The open pairs were held on Sunday 25 August in brilliant sunshine, one of the best days we have had. The winners were Willie Milne and Dave Galloway from East Fife Indoor bowling club; the runners up were Graeme Duncan, Orwell and his partner Stevie from Leslie Bowling Club. A big thanks to all who donated food, raffle prizes and helped in any way on the day.

The ladies held their open pairs on Wednesday 28 August. The winners were Isobel Kennedy and Carol Mulligan from Lochore; the runners up were Maz Thorn and Anne McGouldrick from Orwell. Thanks to all who donated food, raffle prizes and their time or helped in any way.

Although the bowling finishes at the end of September we carry on with our winter activities. The Milnathort bridge



club play on Monday evenings and there are regular whist nights on Tuesdays.

On the second Wednesday of the month we have a bingo tea and on **Saturday 23 November** there is a quiz night. Look out for posters advertising these events in the local shops.

The Presentation Dance and buffet is on **Saturday 26 October** so keep the date free. Members are welcome to invite family and friends.

It's never too late to join this small, friendly club. Social membership is welcome and gives access to the club throughout the winter months until the start of next season.

You can also follow us on Facebook.

**JAMES A. SCOTT**  
**SLATERS & PLASTERERS**



4 Maree Place, Kinross  
Telephone 07734 906241



**Grate Building, Tiling etc.**



## Kinross Road Runners

<http://kinrossroadrunners.weebly.com>  
The nights are fair drawing in and the Road Runners have shifted to our winter schedule for the months ahead. We have a diverse mix of chatty group runs, torchlit adventures and interval sessions on throughout the winter and, as always, extend a welcome invitation to any newcomers who'd like to join us. Getting out the door for a run when it's cold and wet can be hard, so, knowing that you're meeting up with club members always helps with motivation. Our training sessions fit all abilities and involve a variety of running activities. We have interval or repetition sessions to improve your running speed, evening torchlit trail runs of up to five or six miles to help with strength and stamina and slower chatty runs (mainly for the socialising!). Whether you're new to running, looking to improve or just wanting to keep fit and active through the winter there will be something for everyone.

From September to January club members taking part at local 5km parkrun events have their times recorded in our winter parkrun championship. Individuals best four times from four different parkrun venues in four months count towards their

challenge. As well as the free, weekly timed event at Loch Leven's Larder we also visit Perth and the four Fife venues at Dunfermline, Kirkcaldy, St Andrews and Lochore Meadows. Why not give one of them a try? We also participate in cross country events throughout the winter and have a number of 10K club championship road races coming up in Anstruther, Linlithgow and Lochore. We meet for all sessions at 7pm. For local sessions we meet at the reception of the campus and for runs outside Kinross and Milnathort we meet at the

start of the run. We also have occasional sessions at the Fife Cycle Park (FCP) in Glencraig to take advantage of their traffic free and well-lit track. There is also an informal **Sunday morning** run. For this we meet every week at 9am at the Health Centre Car Park for either a trail or hill run at a very leisurely pace.

Check our Facebook page or website for further information or to make contact.



KRR at Simon Wake Comrie Hills relay, Comrie

## Kinross Rugby Club

### Minis Section

We recently attended our first tournament of the year and it was also the first time that Kinross had travelled to Peebles. Thanks go to Peebles for a fantastic and well run tournament. They also hosted some other borders clubs that day namely Melrose, Duns, Kelso, Hawick and Gala. With the hot bed of rugby that is the borders we knew it was going to be tough but the kids played really well



through all age groups. Most importantly, they enjoyed the experience. It is a great start to the season for us to come here and play these teams; it can only help our kids to improve their rugby skills and for us coaches to understand them better.

Minis training is on Saturday mornings at 10.30am at KGV behind the Muirs Inn. P1, P2 and P3 train at 10.30-11.30am and P4-7 train at 10.30-12.00pm. For more information, please contact our Youth Convenor, Robert Allan, on 07831 099315 or by email at [kinrossrugby.juniors@gmail.com](mailto:kinrossrugby.juniors@gmail.com)



Kinross Minis on the pitch

<p><b>ZUMBA</b> fitness</p> <p>Mon 6.30pm - 7.15pm Wed 6.30pm - 7.15pm</p>	<p><b>Ultrabody</b> conditioning</p> <p>with Evelyn Crichton <b>KINROSS CHURCH CENTRE</b></p>
<p><b>Pilates</b></p> <p>Mon 7.15pm - 8.00pm</p>	<p><b>TRX</b> Suspension Training</p> <p>Wed 7.15pm - 8.00pm</p>
<p>Booking information:</p> <p>TRX and Pilates classes must be pre-booked. Pay as you go or 4 week packages also available.</p> <p>telephone m 07884 233144 email <a href="mailto:evelyncrichton@hotmail.co.uk">evelyncrichton@hotmail.co.uk</a></p>	



## Kinross Otters

[www.kinrossotters.co.uk](http://www.kinrossotters.co.uk)

In order to help us to build and maintain our strong team bond within Otters, we've been hosting a series of social events for swimmers and their grown-ups. Our recent bowling night was great fun and we followed it up with a fabulous day out at Willowgate activity centre in Perth.

Following a day of paddleboarding, open water swimming (mainly for coach Fiona), kayaking and katakanu, we headed back to Glenfarg Village Hall where we hosted a barbecue. This was a great way for swimmers and families to get together outside the pool and help to build strong relationships and friendships that make our club even more invincible!



*Upside down at the Willowgate*

We can also announce that Kinross Otters are finalists for the Scottish Swimming Club of the Year Award!

Scottish Swimming believe that strong clubs can offer local communities a vibrant focus for volunteer and athlete development, essential for creating lifelong participants and local and national heroes. There is such a strong network of swimming clubs across Scotland and Scottish Swimming would like to recognise their achievements through this award. This is due to our swimmers, hard-working coaches and committee and we are thrilled that a small club like ours can even compete at this level. We'll keep you posted on the outcome!

As part of our club development plans, we got 25 swimmers from across Gold and Platinum squads together for a two day performance camp this summer. They were joined by five of our volunteer coaches who took them through their paces.

## Loch Leven Laundry

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Phone: 01577 861 795 / 07 999 510 500

Open Monday to Friday 9.30am to 5pm & Saturday 9.30am to 2pm  
77 High Street, Kinross, KY13 8AA (Opposite Sands the Ironmongers)

[Find us on Facebook](#)

Topics included 'What Makes a Good Swimmer?', building on land-based warm ups, peer reviewed track starts and we discussed healthy nutrition for sport. Coach Bob and head coach Fiona, having recently completed their own strength and conditioning course, put them through their paces with weights, circuits and conditioning training. We are indebted as always to our volunteer coaches who gave up their free time to prepare and run this event. It was another fabulous opportunity for our swimmers.


We are a community club but occasionally big things happen. Emily Cumming was the first ever Otter to compete at the British Summer Championships which took place in Glasgow this summer. She moved from 23rd to 15th place in the 13/14 year age group for 50m Fly. She finished as top Scot on the day too. Only the top 24 in Great Britain in each event qualify, which makes this a huge achievement.

Only a week later Struan Bennet competed in the British Open Water Swimming Championships in Rotherham, also finishing 15th and top Scot in the 15 year age group over 3km. He also won silver in 1500m and bronze in 800m at the Scottish Summer Meet 15 year age group and bronze in the 2km Scottish National Open Water Championship in the 15/16 age group over the summer.

The rest of the Otters have also had some great swims recently at various league and open events. The Midlands sprints (which we joint host at Dundee's Olympia) saw a massive range of personal bests and medals. This is a fast paced event, as the name suggests, and is a fun but tiring event for our swimmers. They all gave their very best and the number of smashed times and improvements displayed that. Well done everyone!



*Classroom work at Summer Camp*



Podiatrist/Chiropodist

HPC Registered

Kate Miller Bsc MChS

Tel: 01577 863498

## Kinross Tennis Club

[www.kinrosstennisclub.org.uk](http://www.kinrosstennisclub.org.uk)

### Club Championship Results

After many weeks of frantic play, the annual club championships came to a grand finale on sunny 8 September. Ladies singles aside (as this remains to be played) congratulations to all our 2019 club champions. Results are as follows: Gents singles: Mark Thomson (winner), Andrew Adam (runner up); Ladies doubles: Gail Nelson and Ann Hill (winners), Siobhan Macleod and Charmian Reid (runners up); Gents doubles: Mark Thomson and Andrew Adam (winners), Mauro Salmo and Oliver Hill (runners up); Mixed doubles: Gail Nelson and Andrew Adam (winners), Siobhan Macleod and Jim Auchincloss (runners up).

### Mini and Junior Coaching

We are changing our junior coaching programme! We will be offering a range of classes on Tuesdays and Saturdays to suit children of all levels which will be active, encouraging, and most importantly, fun!

The new timetable is as follows:

Tots Tennis for 2 and a half to 5 year olds (with a participating adult) on Saturdays, 9.15-10am. This class introduces the basics of tennis through fun games and activities to improve balance, coordination, agility and racket and ball skills.

Family Tennis for 6 years and over (with participating adult) on Saturdays, 10.15-11am. This session gives children and their parent, or grandparent, the chance to learn or re-discover tennis skills through lots of games, activities and hitting practice. Ideal for children who lack confidence in group lessons.

Mini Red for ages 5 to 7 years on Tuesdays, 3.30-4.30pm. The class introduces the movement and coordination skills of tennis with a slow ball and mini nets with fun games and an introduction to some competition.

Orange ball for ages 8 to 9 years on Tuesdays, 4.30-5.30pm. This session builds on movement and coordination skills on a slightly bigger court with faster balls. Lots of games and fun competition.

Green ball for ages 10 years and over on Tuesdays, 5.30-6.30pm. This class introduces the full-size court for players looking to learn, develop and progress their tennis skills.



All classes cost £4.50 per child (for a six week block) and numbers will be restricted so please book your place as soon as possible. See the website for more details.

### Adult Beginners and Improvers Coaching

Always fancied playing tennis but lacking the confidence to get on court? Played a long time ago but worried you've lost the ability? If so, our next block of adult beginner and improvers tennis lessons are for you!

During the six week block as a beginner you will be taught new skills and be shown how to serve, rally and score in a fun, active, and enjoyable session. By the end of the block you will be able to enjoy fun matches with friends and family. The improver sessions are ideal for players looking to build on the tennis skills they've already learned during a fun, sociable, and lively session with lots of hitting practice!

Sessions run on Tuesdays; 9.30-10.30am for beginners, 10.30-11.30am for improvers. Sessions are also available on Sundays; 6.30-7.30pm beginners, 7.30-8.30pm, improvers.

The Sunday sessions will begin on 26 August and Tuesday sessions on 27 August.

All mini, junior and adult sessions will be run by LTA Accredited Coach Siobhan MacLeod. To book, or for more information, please email [kinrosstenniscoaching@gmail.com](mailto:kinrosstenniscoaching@gmail.com) or phone 07443 223408.

### Leagues and Tournaments

Tennis Tayside Henderson Vase mixed league has recently finished with Kinross playing in division three this year. The theme for the season seemed to be draw draw draw and, with the final tally being 2 wins, 4 draws and 1 loss it looks like division 3 again next season. Perth and District leagues continue, with mixed results for both our gents and ladies teams; look out for a fuller report next month.

Club nights continue on Wednesdays at 6.30pm, Sundays at 10.30am and Thursday afternoons at 1.30pm. Please pop down and join in.

New members are always welcome and enquiries can be made by email to [kinrosstennis@gmail.com](mailto:kinrosstennis@gmail.com). Visitors are also welcome with access available from Sands the Ironmongers for a small fee.



*The Gent's doubles team*



*The Ladies' doubles team*



**CARNBO** – President Angela Browning welcomed everyone back after the summer break. Congratulations were given to all who had entered Kinross show and to cup winners. Christine Allen, one of our members gave a talk and demonstration on the making of sourdough. Members were allowed to sample 'one I made earlier' and samples of starters given to those who wanted to try it out at home.

The next meeting is on 21 October at Carnbo Hall at 7.15pm. Ann Hey will be demonstrating lampshade making. All welcome. A coffee morning will be held at Carnbo Hall on 26 October 10am-12. Adults £3.50 Children £1.

Flower of the month	Jay Hutchison
Favourite Bread Board	Christine Allen

**BISHOPSHIRE** – Joanne Cowan welcomed members to the first meeting of the new session in September. It was with great sadness that the members were informed that Janette Gardner passed away this week. Janette was a stalwart not only of the SWI but many other local organisations and events over a long period of time. She will be missed by all who knew her. Cath Stewart informed the meeting that Portmoak Church is holding a Pop Up Fashion Show at Dance Connect, Kinross on 17 October at 7pm, tickets £10 including glass of wine and nibbles. All welcome – bring a friend. Our speaker was Vivian Milford of Perth and Kinross Council who delivered a very informative talk on recycling. There followed a lively question and answer session where our concerns were answered.

Next meeting will be a talk by Graham Warroch – Lavender Oils to be held on Thursday 10 October.

New members welcome.

Something new from something new	Margo Waddell
Flower of the month	Jane Martin

**BLAIRINGONE** – President Mary Ramsay welcomed everyone and introduced Mrs Una Stark, podiatrist with advice on 'How to Care for your Feet'. It proved to be a lively and interesting talk that was accompanied by a humorous slideshow with music, describing the many foot problems that people experience. The old adage 'no feet – no horse' comes to mind and it all starts and finishes with wearing the proper shoes that fit correctly, have the correct depth and are comfortable. The slideshow showed that wearing inappropriate footwear causes injuries such as blisters, callouses, corns and bunions! Una advised on all the ways that these discomforts could be prevented and also on how to cure them. Una then gave individuals the opportunity to discuss personal foot problems and the solutions. It was a great start to our winter programme. Our Vice President, Angie Burt thanked her for a stimulating and informative talk.

Favourite Show Competition	Fiona Mathieson
Flower of the month	Irene Sloan

**GLENFARG** – Because the speaker was unable to attend our first meeting of the session, Chairman Margaret Scott organised an impromptu game of whist for members. This was a light hearted and very enjoyable evening and an excellent way of breaking the ice. Margaret also reminded members that the October meeting is an open one, so neighbours, friends and newcomers to the area are most welcome to come along and learn the basics of felt-making.

Coaster	Allison Messenger
Quiche	Lynda Stuart
Flower of the Month	Lynda Stuart

**POWMILL** – Our September meeting was a talk by Anne on forensics. It was enjoyed by all who attended. A lovely tea was provided by Lynne Heggie and Fiona Harley. Our next meeting is Wednesday 16 October. It is a 7.30pm start. We will also have our annual beetle drive on Wednesday 23 October at 7.30pm. Our meetings are at Moubary Hall, Powmill.

Finger print picture	Debbie Carter
3 truffles	Wilma Sim
Garden gem	Mary Wilson

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# Out & About

## RSPB Loch Leven

facebook.com/RSPBTaysideFife

www.rspb.org.uk/lochleven

Telephone: 01577 862355



A pair of kingfishers have been spotted at the Gillman hide at RSPB Loch Leven this month! These beautiful birds are often just a quick flash of blue for most people, and are always difficult to see despite their vibrant colouring. A small bent over reed by the Gillman hide on our wetland trail is its favourite fishing spot, where it can be seen diving in and out of the water. The first pink-footed geese have arrived now, and these birds will soon begin to amass in their thousands to spend the winter months at Loch Leven, flying all the way from Iceland and Greenland. There is plenty of osprey activity to see too, with 4-6 individuals spotted daily (16 being the record). These birds are regularly seen on the fence posts at the back of our wetlands diving in and out of the water looking for fish. One got a bit more than it bargained for after attempting to catch a particularly large fish from the loch, almost getting stuck in the water as it struggled to take off again! I think it was a case of eyes being bigger than your wing span...

We have some exciting events planned this month too with a return of our half term **Halloween treasure trail** which will run from **14-31 October**. Drop in anytime this half term for a



A kingfisher

spooky Halloween hunt. Pick up your treasure sheet at the visitor centre and see how many objects you can find! Expect nature wonders, spooky stuff, and of course, the odd trick. Suitable for children of all ages, no booking required. £2 per sheet.

There will also be a return of our **Dawn goose watch** events on **Thursday 24**

**October 6.45am-8.45am and Sunday 3 November 6.15-8.30am** (times subject to change dependant on geese). Wake up with the flock on our dawn goose watch. Join RSPB Scotland Loch Leven's warden for this yearly spectacle as thousands of pink-footed geese take off from their night time roost on the loch. Booking essential via our Eventbrite page at [rspblochleven.eventbrite.com](http://rspblochleven.eventbrite.com) RSPB members £12, non-members £15. With our new all access underpass now complete we are pleased to announce that we will be hosting an official opening ceremony here at Loch Leven on **Saturday 19 October** at 11.30am. Please pop along and join us as we cut the ribbon and celebrate together. Afterwards, we will host activities such as pond dipping, bushcraft, minibeast hunting and face painting! Simply drop in FREE anytime between 10am-4pm to get stuck in!

*Rachel Gooday,  
Visitor Experience Officer*

## Local Attraction Opening Times

### Loch Leven Castle, Castle Island, Kinross

Located on an island in beautiful Loch Leven, this is one of Scotland's oldest castles, probably built in the early 1300s.

Mary, Queen of Scots spent a traumatic year in captivity here, when she miscarried twins and was forced to abdicate. She dramatically escaped in 1568.

The property is reached by boat, operated by Historic Scotland and departing from the fishery pier (Pier Road, KY13 8UF) where there is parking and a Historic Scotland shop and ticket office.

Due to limited capacity, it is recommended that all visits are booked in advance. This can be done online at [www.historicenvironment.scot/lochleven-castle](http://www.historicenvironment.scot/lochleven-castle) or via the local ticket office. Phone 01577 862670 for further information.

#### Access times for 2019

26 March to 30 September: Daily, 10am to last outward sailing at 4.15pm.

1-31 October: Daily, 10am to last outward sailing at 3.15pm.

Admission prices: Adult £9, Child £5.40, Conc £7.20. HS members free.



*The Pier  
Photo: Hannah Phillips*

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It's been pouring with rain this month. The loch level is well above average for the time of year and more like an average winter level.

Autumn is well underway. We've already had decent counts of teal and tufted duck, and geese will arrive shortly from Iceland. The dabbling ducks may struggle to get food if the water level remains so high. We've also had a few interesting visitors to the reserve. A marsh harrier, garganey, long-eared owl and little-ringed plover have been spotted around the reserve in recent weeks.

There has been a lot of talk about algae around the loch. While the signs are up, we recommend people keep pets close and remain out of the water, as well as washing hands when they get home. The Department of Environmental Health put the signs up and will take them down when the bacteria is at a safe level.

We have a new team member at the Kinross office. Chris Boyce is on a student placement with us for one year after just completing a Master's degree in Wildlife Biology and Conservation at Edinburgh Napier University. He'll be helping with wildlife surveys, working

with volunteers, and practical tasks around the reserve. If you see him out and about, say hi.



*A marsh harrier*

During the October holidays we are having a Bushcraft Club. This club is for kids aged between 8-12 years who can come along and learn to make fires, build shelters and learn other survival skills. The days are on Wednesdays 9 and 16 October at 10am to 12 at Mary's Knowe.

On **Saturday 26 October** we are celebrating the magic of trees. Come along and learn about the lore of trees, follow the trail and have a go at making your own wand just in time for Halloween! This will be from 12 until 3pm at Burleigh.

I will be leading the annual pink-footed

goose walk from Burleigh on **27 October** from 7-10am. Come along to see the annual spectacle when large numbers of geese descend on the loch.

We have had a couple of instances of folk complaining about other trail users. Courteous trail user signs are in place. We would appreciate it if you could adhere to these so everyone can wholeheartedly enjoy the trail.

There have been a few incidents of vandalism around the reserve, especially damage to the screens that help protect our resident birds from disturbance. Most are happening around the Factory Hide and over £500 worth of damage has occurred during the summer. These incidents are being investigated by the police.

The boardwalk between the Pier and Kirkgate is being replaced. Please follow the five minute diversion.

We now have an Instagram account called Loch Leven NNR. There are lots of images from around the reserve going up right now so get following!

For more details on the events and news, please keep an eye on the blog and the Loch Leven NNR Facebook page. TTFN

*Jeremy Squire – Reserve Warden*

## Farming

'What a difference a year makes', is the line I used to begin my last article in these pages and while that was certainly true, sadly the summer months of July and August conspired to drain much of the optimism built in the two previous months.

It has been a tricky season for harvesting forage crops in good conditions, in particular if attempting to make hay or haylage, as there have scarcely been any dry weather windows of sufficient days to make them.

I had deliberately left our own hay/haylage crops to mature a bit longer than usual since it would be 'easier' made. Mistake. Ahh, the benefit of hindsight. Mostly showery rain in July led on to heavier rain in August, culminating in the deluge of 45mm in my rain gauge on 'black Friday' which resulted in Kinross Show being cancelled and it seems to rarely have been empty since. That was when our own fields of barley started to look a bit sorry for themselves and it was a relief to have them combined last weekend, which brings me neatly to the subject of the combine harvester of choice.

As Fiona explained in last month's *Newsletter*, Andrew, who has the misfortune of being the contractor of choice for our combining, had treated himself to an upgrade to a larger, newer machine. Fortunately, however, he kept one of his faithful old dinosaurs in case the need arose for a smaller, more nimble, machine, in particular for the more 'backward' farms he visits. And so when it came to choose

which machine to bring along, the fact that there are a lot of low branches along our road, narrow gateways, along with the suspicion that the ground conditions would be probably be, at best 'tender', I thought that it would be safer to bring along the old faithful 'dominator' and leave the evolutionary superior 'Lexie' at home. And so it was that the back to basics machine harvested our barley without getting stuck (just). Although there were some grain losses in the field due to its pounding by the weather, crows and pigeons, we ended up with an officially calibrated, scientifically measured 'guid pile o' grain' in the shed. I will have a better idea of the quantity once it has been processed, but it should supply our needs for the year, and give us a useful number of straw bales.

It has been an interesting summer for the livestock. July saw serious flystrike pressure on the sheep due to the warm, damp conditions with many farmers, ourselves included having to give ewes and lambs repeated treatment of fly repellents, or even dipping them.

There has been plenty of grass to keep them filled up but the wet conditions will have had an adverse effect on their growth.

The pigs have had a great summer, having plenty of pools in which to wallow and the soft ground has been easy for them to root up. Happy as a pig in muck!

*John*



# Gardening

We're well into autumn now and this is another good month to clear up the garden and prepare for next year. It's a great time to cut back those perennials which have unsightly leaves at this time of year such as delphinium and perennial geraniums. You might want to leave others which have ornamental seed heads, such as poppies, allium and grasses. Your perennial geraniums and delphiniums will benefit by being cut back to ground level, along with peonies and phlox. Slightly less hardy perennials such as penstemons are better left as the top growth provides some winter protection. It should be left and not cut back until the spring to give some cover for the plant from the winter weather.



*A tender fuchsia*

After clearing and cutting back the borders, which often seems to take into November at least, it's a good time to spread a mulch or manure to help the more tender plants through the winter and to improve the organic structure of the soil.

October's still a good time to divide up clumps of perennials that have become overgrown. Many perennials flower less

with time and become congested. If you look at a clump of Day lily for example, which is not flowering, try dividing it up. Dig it up, cut it into smaller pieces and just replant one clump. It makes a mess in the border. Established plants are hard to dig out, which is why it is a good job to do now. If plants get a bit



*Bright begonia flowers*

trampled and trod on it matters not so much in October but can be a disaster in May. You may need to check individual plants because the rule of thumb is divide every 3-5 years but some plants, like achillea, prefer it more often than others. Peony don't like to be disturbed at all. If you have a plant which is failing to flower well, and it has bald patch in the middle, chances are it needs to be divided.

It's now a good time to get your tender perennials under cover before the hard frosts start to kick in. Fuchsias are still looking nice but they won't survive a hard frost. Put them in the greenhouse (if you have one) or under cover – cut off all the flowers and leaves but leave a couple of inches of stem. If they're in pots, bury the stems with compost and leave for the winter, watering very occasionally. Come spring, gently uncover and you'll see them start to put on new growth.

The lovely, showy begonias can also come in now. Dig them out of pots and baskets and leave in a frost-free spot to dry out for two or three weeks. Once the foliage has died back, remove it and wrap the corms individually in newspaper or paper bags and bring them into the house for the winter. I use my cool back bedroom but Milnathort in Bloom's begonia guru, David Henry, stores all of his corms in the attic.

Dahlias like a frost before you bring them in for the winter. After the first hard frost, the foliage will start to go black – now's the time to bring them in. Dig them out of the ground and either treat them as you would begonias (above) or if like me, yours are in pots, bring into the greenhouse, cut off all the foliage and wrap the pots in bubble wrap – they really don't like to be cold.

Oh, and don't forget to plant your bulbs – as a rule, pointy end up!



*Dahlias like a last frost*

So, that's the garden just about wound down for the year. Not much happens in late autumn and winter while everything is resting and rejuvenating for the year ahead, so I'll sign off for the dark months and see you again in March when we can start all over again! Oh, as a p.s. – if you're growing chillies or snapdragons next year, sow indoors at the end of January as they like a very long growing season.

*Theresa*

## Local gardens to visit in October

Hollytree Lodge, Muckhart, FK14 7JW is open until the end of the month. Go and enjoy the spectacular autumn colours of the garden's collection of unusual shrubs and trees. Call or email to arrange your visit [elizwyatt@aol.com](mailto:elizwyatt@aol.com), 07973 374687. Groups welcome too.

The Japanese Garden, Cowden Dollar FK14 7PL is also well worth a visit at this time of year. Open Wednesday-Sunday 10.30-5pm (last entry 4.15pm).

Please see the Scotland's Gardens website, [www.scotlandsgardens.org](http://www.scotlandsgardens.org) for details of these, and many other, gardens open for charity all over Scotland this summer.



*Cowden Garden  
Photo: Terry McKenna*

# Kinross-shire Churches Together



## Kinross Parish Church of Scotland

*Following Christ | Spreading the Word  
Serving the Community*



10 Station Road, Kinross KY13 8TG (Charity no SC012555)  
Church website: [www.kinrossparishchurch.org](http://www.kinrossparishchurch.org)  
Facebook: [www.facebook.com/kinrossparishchurch.org](https://www.facebook.com/kinrossparishchurch.org)  
Church E-mail: [office@kinrossparishchurch.org](mailto:office@kinrossparishchurch.org)  
Church office and church open: Mon-Fri 10am-12 noon.  
Church Office: Tel. (01577) 862570  
*Contact the church office if you are interested in leasing rooms in the church or church centre.*  
Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952  
Ordained Local Minister:  
Rev Margaret Michie Tel: (01592) 840602  
Session Clerk: Jaffrey Weir Tel: (01577) 865780

**Events listed below are in the church unless indicated otherwise.**

### Regular Services and Events

**Sundays:** 10.30am: Morning Service with creche. Junior Church (age 3 to P7) and 'Jam Pact' (Secondary Age) meet at church centre from 10.15am, finish at church.

7.30pm: 'Crossfire' (S1 upwards) in church centre.

**Tuesdays:** 10am: Pram Service.

3.15pm: 'Talkback' for P6/7 in the garden room, Church Centre.

**Wednesdays:** 10.45am: Mid-week Worship, Church Centre.

**NEW: 12noon A Time For Prayer.** An informal meeting for prayer in the church in the middle of the week.

1.30pm: Craft Group.

**Fridays:** The Brigade, Church Centre.

Anchor Section 6-7.15pm, Junior Section 7-9pm,  
Company Section 8-10pm (Contact: David Munro 862126).

**Saturdays:** 10am-12noon 'Coffee Stop', Church Centre. Coffee, cakes and book sale most Saturdays.

### Other Events and Services

#### September

**Sun 29** 10.30am: Morning Service: Harvest Thanksgiving.  
Retiring offering for 'Malawi Friuts'.  
6.30pm Informal Evening Service: 'Harvest Around The World'.

#### October

**Tue 1** 2.30pm: Service at Whyte Court.  
4pm: Service at The Sycamores.  
**Thu 3** 7.30pm: Thursday Group, church centre.  
**Sun 6** 10.30am: Morning Service, followed by Informal Communion at 11.45am.  
**Mon 7** 8am: Silent Meditation.  
**Tue 8** 7.15pm: Guild, church centre: 'Malawi Fruits'.  
**Sat 12** 8.30am: Prayer Breakfast (names in advance to church office).  
**Sun 13** 2.30pm: 'Let's Sing'- sing along, cup of tea and a chat. Primarily for those with dementia and their carers but all welcome.  
**Thu 17** 9pm: late evening service of Compline.  
**Sat 19** 11am – 1pm: All Friends Together. A gathering for folk with learning disabilities.  
**Sun 20** 10.30am: Morning Service – Loch Leven Parishes, pulpit exchange.  
**Tue 22** 7.15pm: Guild, church centre: Rev Alan Reid.  
**Sun 27** 10.30am: Morning Service, including BB Enrolment.  
6.30pm: Informal Celtic Evening Service.  
**Tue 29** 2.30pm: Service at Causeway Court.  
**Thu 31** 6pm – 7.30pm: Light Party, organised by the Family Week team. Games, crafts, fun, songs, stories, drinks, and snacks. Dress up in bright clothes or fancy dress.

## Cleish Parish Church Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: [estenhouse@churchofscotland.org.uk](mailto:estenhouse@churchofscotland.org.uk)

Session Clerk: Neil Maclure

Email: [neil.maclure19@gmail.com](mailto:neil.maclure19@gmail.com) Tel: 01577 864826

Please visit our website: [www.cleishchurch.org](http://www.cleishchurch.org)



**Sunday Services** 11.15am

### October

**Sun 6** 11.15am **Morning Worship** followed by refreshments served by Guild members in aid of Guild funds. Traidcraft Stall.  
**Sun 13** 11.15am **Morning Worship**.  
**Sun 20** 11.15am **Morning Worship**.  
**Mon 21** 2pm **Guild Fund-raising Afternoon Tea** in Cleish Village Hall. Speaker: Dr. David Munro. Topic: 'Deception Island'.  
**Sun 27** 11.15am **Harvest Thanksgiving** followed by a Harvest Lunch served in the Village Hall.

Please note that refreshments will be served in the Young Room after Morning Worship. All welcome.

## Loch Leven Church

(Charity No: SC049050)

Loch Leven Church meets at Loch Leven Community Campus, at 10.30am each Sunday.



Forthcoming services:

**6 Oct** Nehemiah 5 - The enemy (Jim Crooks - Pastor, Tayside Christian Fellowship).  
**13 Oct** Nehemiah 6 - Overcoming opposition (Joe Brown).  
**20 Oct** Nehemiah 7 & 8 - Getting back to the Bible (Dave Rickards - SU Scotland, Director of National Ministries).  
**27 Oct** Dedication of James Jones (Richard Gibb).

Everyone is warmly welcome and there are separate activities for children during the service. To find out more about us, please visit [www.lochlevenchurch.com](http://www.lochlevenchurch.com).

## Kinross Parish Church

**Light Party:** The team that run Family Week at Kinross Parish Church has organised a number of family events over the next few months. On Thursday 31 October they'll be holding a 'Light Party' in Kinross Parish Church from 6pm till 7.30pm. Ruth Robertson, one of the organisers, says: 'We'll be having games, crafts, fun, songs, stories, drinks and snacks. Dress up in bright clothes or fancy dress. There is no charge, though we welcome donations in the buckets at the door'. Other events organised by the Family Week team are a 'Family Film and Hot Chocolate' in the kirk on Saturday 23 November from 2-3.45pm, allowing you to relax and warm up before the Christmas Market and the switching on of the Christmas lights. On Saturday 22 December from 2-3pm there will be 'Hunt the Nativity Story', starting and ending at the church but with a hunt for the characters from the Christmas story hidden around the centre of Kinross.



## **Orwell and Portmoak Parish Church**

**Church of Scotland** (Charity number SC015523)

Minister – Very Rev Dr Angus Morrison

Telephone: 01577 863461

Email: angusmorrison3@gmail.com

Website: [www.orwellportmoakchurch.org.uk](http://www.orwellportmoakchurch.org.uk)

### **Sunday Worship, Junior Church and crèche:**

10am Portmoak Church,

11.30am Orwell Church.

All children welcome. Crèche available during the services.

**Please note that joint services will be held on the first Sunday of each month in alternate churches at 10.30am.**

**Prayer Meeting** held 30 mins before each service.

**Service at Ashley House:** first Thursday of the month at 2.30pm.

### **Morning Prayers at 9am**

Each Thursday at Portmoak Church New Room.

Each Friday at Orwell Church.

**Messy Church Saturday 26 October** in Orwell Hall from 4-6pm.

#### **Dates and events for your diary**

- 1 Oct** The Guild meets in Orwell Hall at 2pm – Theme discussion plus talk by Angus Morrison.
- 6 Oct** Joint All-age Service in Orwell Church at 10:30am  
No morning service at Portmoak Church.
- 15 Oct** The Guild meets in Orwell Hall at 2pm – Andy Middlemiss talks about 'WW1 – The Aftermath'.
- 17 Oct** Fashion Show featuring ladies' clothes and accessories by Next, M&S and more, at discounted prices – 7:30pm in Dance Connect, 1 Junction Road Kinross.
- 25 Oct** Oasis Ladies Group meets in Portmoak New Room at 10:15am – Glass painting with Avril.
- 27 Oct** Harvest Thanksgiving Service in both churches
- 29 Oct** The Guild meets in Orwell Hall at 2pm – Olivia Giles talks about her 500 Miles charity.

Everyone welcome!

**Church office & shop** open Mon-Fri. 10am-2pm.

29 South Street, Milnathort KY13 9XA.

Christian cards, gifts, bibles and books for sale. Printing and copying facilities available. Recycling for ink toners, stamps & batteries. Donations of food can be made for the local foodbank.

Contact the Office 01577 861200  
[orwellandportmoakchurch@gmail.com](mailto:orwellandportmoakchurch@gmail.com)

## **Fossoway, St Serf's & Devonside Church**

**Church of Scotland** (Charity number SC013157)

Church Road, Crook of Devon, Kinross-shire, KY13 0UY

[www.fossowaychurch.org.uk](http://www.fossowaychurch.org.uk)

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: [estenhouse@churchofscotland.org.uk](mailto:estenhouse@churchofscotland.org.uk)

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: [aclassicsoul@aol.com](mailto:aclassicsoul@aol.com)

Our church is a very warm and welcoming place situated in the Crook of Devon, a small village about six miles from Kinross. Come and join us, we would love to meet you.

**Sunday Services** at 9.45am. All are welcome.

### **October**

- Sun 6** 9.15-9.30am A Time for Prayer.  
9.45am Morning Worship followed by refreshments.
- Sun 13** 9.15-9.30am A Time for Prayer.  
9.45am Morning Worship.
- Sun 15** 9.15-9.30am A Time for Prayer.  
9.45am Morning Worship.
- Sun 20** 9.15-9.30am A Time for Prayer.  
9.45am Morning Worship.
- Sun 27** 9.15-9.30am A Time for Prayer.  
9.45am Morning Worship: Harvest Thanksgiving.

### **Refresh Thursday**

Thursday afternoons 2-4pm. Join us for a friendly blether with delicious home baking, tea and coffee, all are welcome.

### **House Group**

The House Group meets on Wednesday evenings 7.30pm till approx 9pm. All are welcome. For more details please phone Debbie Hill 01577 842268.

### **Film Evening**

Friday 4 October, 7.30pm-9.30pm in the Church Hall.

Our next film is: *Fisherman's Friends*, the uplifting true story of the part-time Cornish sea shanty group that hit the big time.

Please join us for the film, a cuppa and a blether and even some popcorn.

### **Fossoway Babies and Toddlers**

Every Friday during term time 9.30-11.30am, Fossoway Church Hall. Snacks, play and blether.

**phildeanarchitect**

Kinross Business Centre, 21-25 High Street, Kinross KY13 8AW  
07817617481 [phildeanarchitect@icloud.com](mailto:phildeanarchitect@icloud.com)



imaginative, sensitive & sustainable architecture & design

### **Club Correspondents**

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

**THE COMPLETE JOINERY SERVICE**

A Kinross business offering a full range of joinery services including:

- Bathrooms
- Kitchens
- Renovations
- Alterations
- Floorings
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- Windows
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**Call: 01577 864847 or 07380 807363**

Email us: [info@bsjoinery.co.uk](mailto:info@bsjoinery.co.uk) or visit our website:  
**[www.bsjoinery.co.uk](http://www.bsjoinery.co.uk)**

The Complete Joinery Service

## St Paul's Scottish Episcopal Church

(Part of the Worldwide Anglican Communion)

Muir, Kinross, KY13 8AY Tel: 01577 864299

Email: office@stpaulskinross51.plus.com

www.stpauls-kinross.co.uk

Fr David Mackenzie Mills, Rector. Tel: 01577 863795

Email: frdavidkinross@gmail.com

You can also find us on Facebook

www.facebook.com/stpaulsepiscopalchurchkinross

St Paul's is inclusive, friendly and welcoming to all age groups (whether regular churchgoers or if you're simply inquisitive about who we are and what we do.)

We are excited about the ways in which God is calling us to grow as a community, for the community. (*The Rector is licensed by the Registrar's Office to conduct same sex marriages at St Paul's*). Our aim is to express our deep appreciation of both the spoken and sacramental Word with a lightness of touch and a smile.

Children are equally welcome to stay in church during the service or go to the meeting room for Sunday School and everyone is particularly invited to stay together during our monthly 'Whole Church' services.

We predominantly use the 1982 Liturgy on Sunday mornings but create experimental devotion for special events throughout the year. If you would like to give us a try, we look forward to meeting and greeting you and hope that you might enjoy becoming part of this faithful family of Christ.

**1st Sundays** 4pm Evensong with hymns.

**1st Mondays** 10am Pastoral Care group (Side chapel).

**Tuesdays** 11am Informal Holy Communion (Side chapel).

**Thursdays** 10am Thursday morning discussion group (usually in the meeting room). 1.45-2.45pm Rector's Hour. An opportunity to drop in and speak to the Rector in the church office.

**Forthcoming services and events – all welcome**

### October

#### Sun 6 Pentecost 18 (Proper 27)

8.30am Holy Communion.

11am Sung Eucharist.

4pm Evensong with hymns.

#### Sun 13 Pentecost 19 (Proper 28)

8.30am Holy Communion.

11am Sung Eucharist.

#### Sun 20 ST LUKESTIDE

8.30am Holy Communion.

11am Whole Church Sung Eucharist with prayers for healing.

#### Sun 27 GIFT SUNDAY (in aid of recent, urgent Rectory repairs)

8.30am Holy Communion.

11am Sung Eucharist. *In Conversation*: Abby Parkhouse (The Aberlour Children's Trust).

**Thu 31** A particular welcome to anyone to come into the church for prayer throughout the day in light of the (current) plans for 'Brexit'.

## St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

www.catholickinross.com Email: Fr.MartinPletts@gmail.com

facebook.com/parishpriestkinross/

facebook.com/stjamesprayergroup/

### Regular Services

Mon 7pm Holy Mass preceded by Confessions and Prayer Group at 8pm in the church hall.

Tue 10am Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).

Wed 10am Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am). Teas/Coffees after Mass, in the church hall.

Thu 10am Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).

Fri 10am Holy Mass preceded by Morning Prayer and Confessions (9.30-9.50am).

3pm Divine Mercy Devotions.

Sat 10-10.30am Adoration of the Blessed Sacrament and Confessions (first Saturday of every month Holy Mass at 10am).

6pm Vigil Mass.

Sun 9.30am Mass (teas/coffees after Mass in church hall).

**Confessions** also on request.

**Prayer Group** meets on a Monday, 8pm-10pm, in the church hall and is open to all.

**Children's Catechism class** meets every Monday during term time, 3.45pm-4.30pm in the church hall.

The weekly newsletter, Mass times, news and updates or changes can be found on our website.

## Kinross Christian Fellowship

Jesus said, 'I am among you as one who serves.'

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross.

Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Bible-based preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

Everyone is welcome to either service or to both, so please come and, *taste and see that the LORD is good*.

Contact Peter on 01577 863509, for further information.

KCF also runs the Talking Donkey cafe – see separate notice in the Newsletter. Additionally, the Friday evening Youth Group at the Millbridge Hall (Space) is also the responsibility of our Fellowship, and we are pleased to accept this privilege.

## Kinross Gospel Hall

Montgomery Street, Kinross www.kinrossgospelhall.info

Sunday 10.30am Breaking of Bread.

12.30pm Sunday School.

4.00pm Gospel Meeting (1st and 3rd Sundays of the month, Friends and Neighbours Tea).

Monday 7.30pm Prayer Meeting.

8.15pm Bible Study.

Thursday 9.30am Toddlers Group (Montgomery Toddlers).





# Playgroups and Toddlers

## Milnathort Babies & Toddlers

**Orwell Church Hall, Milnathort**

**Friday 9.30am-11.15am**

A relaxed and friendly group

Healthy snacks, tea & coffee

Children from birth to 3 years

(5 years if attending with younger sibling)

Great fun for the kids, mums, dads and carers!

**PLACES NOW AVAILABLE!**

To join in the fun

call 07745 804539

Email [milnathortbt@gmail.com](mailto:milnathortbt@gmail.com)

Or find us on Facebook



## SWANSACRE PLAYGROUP, SCIO

21-23 Swansacre, Kinross

Tel: 01577 862071/07592 392235

[www.swansacreplaygroup.org.uk](http://www.swansacreplaygroup.org.uk) Facebook

@Swansacre



*We provide a warm, friendly, nurturing and stimulating environment in which children can learn and develop through play.*

**Monday** Garden Guddle: 9am-3pm

**Tuesday** Playgroup: 9.05am-11.50am

Rising 5's including Lunch Club: 12.10pm-3.10pm

**Wednesday** Playgroup: 9.05am-11.50am

**Thursday** Playgroup: 9.05am-11.50am

**Friday** Playgroup: 9.05am-11.50am

*Garden Guddle* is an outdoor session in the grounds of Swansacre Gardens. The children can expect lots of mud, water, fun and exploration. Aimed at 3-5 year olds.

*Playgroup* is aimed at children from 2-5 years of age. The children have a vast variety of equipment and resources to help them learn through play.

*Rising 5's* is aimed at children in their pre-school year. It aims to sit alongside school nursery, and the sessions are more structured and filled with activities to engage children.

Please contact Victoria for availability or more information on the above sessions: [enrolments.swansacre@gmail.com](mailto:enrolments.swansacre@gmail.com)

Swansacre is also available to hire for Private Functions. For more information or to book please contact Lesley on: [facilities.swansacre@gmail.com](mailto:facilities.swansacre@gmail.com)

Swansacre Playgroup SCIO – SC017748 – Registered Scottish Charity

## GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Mondays, 9.30-11.30am, term times.

Healthy snack for children, coffee/tea & biscuits for carer

Role play, jigsaws, physical toys and arts and crafts

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Catherine Mason on 07583 022608 or just come along!

## LOCHLEVEN BABIES & TODDLERS

**Masonic Hall, The Muirs, Kinross**

**Session times (term time only)**

Tuesdays 9.30-11.15am, Fridays 9.30-11.15am

Contact Debbie Kennedy 07545 339494,

[debileighs@hotmail.com](mailto:debileighs@hotmail.com)

All Mothers, Fathers, and Carers are welcome to attend, with children aged birth to 5 years if accompanied by a younger sibling who shall be 3 years old or younger.



## FOSSOWAY TODDLER GROUP

Fridays 9.30 and 11.30am

Fossoway Church Hall, Crook of Devon

£2 for 2 hours play

Warm and cosy space

Fresh fruit snack and juice or water for kids

Tea/coffee and biscuits for adults

## PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell (only 10 mins from Milnathort and Kinross)



We are a friendly and relaxed group welcoming children under 5 years and their parents/carers. We offer a wide range of activities including arts and crafts, dressing up, outdoor play and stories. We also on occasion arrange outings, parties and have special visitors who come to the group!

Session times: Tues & Fri 9.45am-11.30am.

Sessions are £2 per child (£1.50 for under 1s) and 50p for each additional child. A snack is provided.

For all queries please email

[portmoakplaygroup@hotmail.com](mailto:portmoakplaygroup@hotmail.com)

or find us on Facebook

## MONTGOMERY TODDLERS

Every Thursday 9.30am-11am (term-time only)

The Gospel Hall, Montgomery Street, Kinross.

Contact Christina Smith 01577 840733 or 07792 260509

## Private Nurseries and Childcare

For private nurseries and childcare services, please see advertisements throughout the Newsletter.

To inform the Newsletter of any changes to Playgroup information, please send an email to: [editor@kinrossnewsletter.org](mailto:editor@kinrossnewsletter.org)

# Notices



## Networking Breakfast

**Wednesday 2 October**

**At Loch Leven's Larder, 7.15am-9am**

The next meeting of the Networking Breakfast is signposted for **Wednesday 2 October**, so why not follow the scenic trail round to Loch Leven's Larder for some networking, a chance to tell your fellow attendees who you are and what you do, whilst enjoying a sumptuous Loch Leven's Larder breakfast? After breakfast, you can slip into the passenger seat as our speaker takes the wheel.

The subject of the talk this time is HEART 200. For those of you who have not heard of this initiative, Heart 200 is the new 200-mile touring route around Perth & Kinross and Stirlingshire. Its objective is to provide an online travel guide that promotes a 30-mile wide corridor, encouraging tourism to the area in general, rather than selling a simple line on the map. As well as suggesting a driving route with side excursions, a separate cycling route is also promoted which takes a number of quieter roads and passes through villages like Dunning.

The suggested route of Heart 200 is not intended to be prescriptive. Kinross and Loch Leven are included in the Heart 200 route which is deliberately shown as going either side of the loch. By leaving it to the visitor to decide whether to go around the north or south, or both, the aim is to provide the relevant information to enable *them* to decide which attractions and businesses to visit. The main emphasis of Heart 200 is on the out-of-car experiences that this area has to offer. It is not about driving round the route, it is about creating your own itinerary and enjoying the walks, the castles, the music, the food and drink and the local hospitality. Heart 200 also links our two National Parks via the roads through Highland Perthshire.

The directors and staff of Heart 200 are very keen to work with the local business community to build a recognisable brand and further develop tourism in this area, so this should be a fascinating presentation.

As always, the meeting will be at Loch Leven's Larder from **7.15 to 9am** and The Kinross-shire Partnership welcome local businesses, individuals and groups to come and network, find out about each other's organisations and get to know one-another. If you've been to the networking breakfast before, you'll know how good it is, so tell your friends and colleagues. If you haven't, do come along on **Wednesday 2 October 2019**, we'd like to meet you!

To book your place, please email Karen Grunwell at mail@kinrosspartnership.org.uk. You can choose whether to pay online in advance or in cash on the day and full details are available when you book. The meeting cost, including a full cooked breakfast, is £10 per person.

[www.kinrosspartnership.org.uk](http://www.kinrosspartnership.org.uk) [www.facebook.com/visitlochleven](http://www.facebook.com/visitlochleven)  
[www.visitlochleven.org](http://www.visitlochleven.org) [www.twitter.com/VisitLochLeven](http://www.twitter.com/VisitLochLeven)

## Glenfarg Folk Club

Every Monday night, Back Stage at the Green Hotel, Kinross, doors open 7.30 for 8pm start

### Monday 7 October

Double Header Night

Amy Papiransky Duo/ Roy Bartlett Henderson & Sandy Leggat  
Members £8; Non-Members £10

Amy is a talented young singer/ songwriter and musician from Keith who was a finalist in 2018 young traditional musician of the year. She has been making a name for herself on the folk scene both here and abroad with a voice that has been described as 'a breath of fresh air'. Roy Bartlett Henderson's wide repertoire of traditional and contemporary songs and thoughtful, sometimes quirky, guitar arrangements is well known in the club. His recent teaming up with superb North East fiddler Sandy Leggat has opened up a new musical chapter for both players which is proving exciting for audiences. Expect a lot of joiny-in!

### Monday 14 October

Ben Bedford & Kirsty Mcgee

Loch Leven Suite (note change of venue)

Members £8; Non-Members £10

Ben Bedford & Kirsty McGee bring an intimate & memorable live show with tales from both sides of the Atlantic. With a voice that sounds like honey and smoke, UK songwriter Kirsty has collected songs from the Mojave Desert to arctic Norway. Hailing from Illinois, Ben's soft-voiced poetry and captivating guitar work has led to him being compared to such luminaries as Townes Van Zandt, Bob Dylan and John Prine.

### Monday 21 October

SingAround

Loch Leven Suite (note change of venue)

All £3

Today is 'Apple Day'; a time to reflect on the importance of trees, orchards and get your teeth into the fruits of our labours. Apple themed songs to keep the doctor away.

### Monday 28 October

Paul Downes

Members £8; Non-Members £10

A great acoustic guitarist with a rich musical background and a smooth deep singing voice. Paul hails from Devon and moved from classical guitar to folk music in his youth. He is part of the Anglo/Irish roots band –The Joyce Gang – and has toured with Pete Seeger.

## Chopin Concert

**Wednesday 9 October**

The Perth & Kinross Friends of Bydgoszcz Town Twinning organisation have organised a concert to celebrate the strong association of Frederick Chopin the famous Polish composer with Scotland. It will be held in St John's Kirk, Perth on 9 October at 7pm. The concert entitled 'Chopin's Scotland' will feature poetry by Sir Walter Scott as well as Chopin recitals by the inimitable pianist Anna Debowska. Admission will be free, however, donations on the night would be welcome to help cover costs.



## Kinross Garden Group



2019/20 Season

**Thursday 10 October 2pm**

Millbridge Hall, Kinross.

Margaret Gimblett from Scotland's Garden Scheme

'Open Gardens of Scotland:

The gardens and behind the scenes'

All welcome to join us.

## Guild fundraising Afternoon Tea

Cleish Village Hall.

**Monday 21 October, 2pm**

Speaker: Dr David Munro. Topic: 'Deception Island'.

## Orwell and Portmoak Church Guild

Come along and enjoy a delicious afternoon tea

in Orwell Church Hall

**Tuesday 22 October 2-4pm**

## Carnbo SWI Coffee Morning

Carnbo Hall, **Saturday 26 October 10am-12.**

Home Baking, Bottle Stall, Sales Table

£3.50 adults £1 Child

All welcome

## The Michael Bruce Trust Annual Illustrated Talk

**Thursday 24 October**

The 2019 Michael Bruce Illustrated Talk will be given by Trust Chairman Professor David Munro, MBE, at 7.30pm on Thursday 24 October in Portmoak Village Hall. His subject will be 'The Incomparable Mr Ebenezer Birrell: Portmoak Artist and Land Surveyor.' Coffee/tea is included in the entry cost of £4 in aid of the Michael Bruce Trust. All welcome.

## The Gaelic Society of Perth

The Gaelic Society of Perth will have their next ceilidh at St. Matthew's Church Hall, Tay St, Perth on Friday 25 October at 7.30pm. The renowned Gaelic singer and MOD Gold Medallist Gillebride MacMillan will sing, and the trio of Aileen Ogilvie, Karys Watt-fiddle and David MacFarlane will play. Callum Johnstone will also play the fiddle and we will have a piper from P&DPB.

Admission is £6 for members and £7 for non-members – for an evening's entertainment plus refreshments! Membership of the society is £3 for the year – excellent value.

Further ceilidhs will take place on 15 November, 6 December 2019 and 10 January, 7 February and 13 March 2020 (which will be the 140th birthday ceilidh!)

Further information can be obtained from the Secretary on 01577 864589. You can also access our website at [www.gaelicsocietyofperth.com](http://www.gaelicsocietyofperth.com) and find us on Facebook – we are Gaelic Society of Perth. On the Facebook page you can also find lots of information about Gaelic events in Fife as well as Perth and Kinross.

## Music In Dollar

Music In Dollar will hold their first concert of the 2019-20 season on **Saturday 5 October** at 7.30pm at the Gibson Hall, Dollar Academy. The Fergus McCreadie Trio will perform a variety of music which is a fusion between jazz and Scottish traditional music for piano trio. Fergus McCreadie was a finalist on the 2019 BBC Young Jazz Musician of the Year, and is gaining an array of musical accolades. Fergus is a sensational pianist, and his colleagues, bassist, David Bowden, and drummer, Stephen Henderson, are the leading players of their generation.

Tickets cost £10 either on line or at the door, £7 for members and free to under 18s and those in full-time education.

### Programme for 2019-20

**Sunday 17 November 2019, 3pm – Charlotte Rowan** – violin with piano accompanist, Charlotte Stevenson. Expect some virtuosic pieces on the violin from Charlotte!

**Sunday 19 January 2020, 3pm – Top Floor Taivers** – Traditional Scottish songs and music with the BBC Young Traditional Musician of the Year 2015 Clair Hastings as the singer.

**Sunday 23 February 2020, 3pm – Christina Lawrie** – Solo Piano – and the winner of many musical prizes.

**Saturday 21 March 2020, 7.30pm – Roxburgh String Quartet** – the quartet in residence at the Lauriston Hall in Edinburgh. All concerts are held in the Gibson Hall at Dollar School.

We hope this eclectic mix – both of musical styles and time – will tempt you to come and try the society out if you have not been before, and we hope you will renew your membership if you have been a member previously.

Further information can be had from the concert secretary on 01577 864589, or from the society website [www.musicindollar.org.uk](http://www.musicindollar.org.uk).

**Ladies Fashion Show  
AND Pop-up Shop!**

**SHOP YOUR FAVOURITE HIGH STREET BRANDS  
AT 50% OFF OR MORE!**

**Colours.**  
FUNDRAISING FASHION SHOWS

**Thursday 17th October 2019  
Orwell & Portmoak Church**

Dance Connect, 1 Junction Road, Kinross, KY13 8FL  
Doors open 7pm, show starts 7.30pm

**Tickets: £10** includes wine/soft drink and snacks.  
Tickets to be purchased in advance.

**Raffle: FABULOUS** prizes to be won at the show!

For tickets and more information please contact:  
Church Office, 29 South Street, Milnathort, Kinross, KY13 9XA  
Alison - Tel: 07552932657



**Milnathort  
filmhouse** at Milnathort Town Hall

**Saturday 26th October 2019**

Guarantee Your Seats By Booking Your Tickets Online Today

 <p><b>3.00pm</b> Doors Open at 2.30pm</p> <p>All Tickets £4.00</p>	 <p><b>8.00pm</b> Doors Open at 7.30pm</p> <p>Over 18s Only - BYOB</p> <p>Adult      £6.00 Concession   £4.00</p>
--	--

Tuck Shop With Lots of Treats and Drinks

Information and Online Booking at  
[milnathortfilmhouse.com](http://milnathortfilmhouse.com)

Follow Us On  
 

### Flutterby Fitness Pilates & Kinross 50 Plus Keep Fit Group



#### Afternoon Tea

all proceeds to



#### Macmillan Cancer Support

**Tuesday 29 October**

2-4pm in the Masonic Hall, Kinross

Tea & delicious home baking

Various stalls for early Christmas shopping!

Traidcraft. Neal's Yard Organics.

CHAS Christmas cards. Flamingo Paperie cards.

Jennie Wren's cards and candles.

Gifts & more!

Raffle

Entry by donation

All Welcome

### Light Up Kinross

Light up Kinross are delighted to announce that Mark Beaumont, athlete, broadcaster and author, along with his family, will switch on Kinross Christmas Lights on 23 November at 7pm.

Mark is an international cyclist holding the record for round the world in 79 days as well as many other cycling feats. He has also published several books of his exploits and is a great ambassador for Scotland. He also has a connection to Kinross, as he is the son-in-law of Ron and Trish Kitchin.



### MILNATHORT TOWN HALL ASSOCIATION

#### AGM

**28 November 2019, 7.30pm**

Milnathort Town Hall

EVERYONE WELCOME

REFRESHMENTS PROVIDED



MILNATHORT  
TOWN HALL

At the heart of our community

### Homebrew Autumn Concert

Come and support local talent at Kinross Parish Church on **2 November at 3pm**. Any donations received (after costs) will go to the Kinross Centre. Further details from Margaret Sikora: [margaretsikora9@gmail.com](mailto:margaretsikora9@gmail.com)

### Operations Support Volunteer

Our plan for the creation of a flight and space exploration themed visitor attraction is gaining momentum, and at the same time the pace of our STEM outreach activities across Scotland is accelerating. Consequently, our 'flight crew' is fully occupied and we are looking for someone who could volunteer to support the crew by spending a few hours per week at our office in Milnathort helping with operations, enquiries, events, projects and communications with our clients, friends, members and supporters.

For info on our ambitions and activities please visit our website: [www.aerospacekinross.com](http://www.aerospacekinross.com). If you would like to help, please email: [info@aerospacekinross.com](mailto:info@aerospacekinross.com)



### Scotlandwell in Bloom & the Blythswood Shoe Box Appeal

The Scotlandwell in Bloom team will be hosting a shoe box-filling afternoon for the Blythswood Shoe Box Appeal on **Friday 8 November** at 2pm in the Well Country Inn, Scotlandwell. Please come along for a get together, have coffee and cake and help fill a shoe box for the Christmas Shoe Box Appeal. Bring a shoe box if you can, or just some items to help fill the boxes. Suggested items are hats, gloves, soap, toothbrush/toothpaste, sweets (no chocolate), small toys; (further details of suggested items can be found at [www.shooboxappeal.org](http://www.shooboxappeal.org)). Coffee and cake is provided free, however a suggested donation of £3 towards transport costs for the boxes would be much appreciated. If you're unable to come along but would still like to help by providing shoe boxes or some of the required items, please hand any donations in to the Well Country Inn prior to 8 November, or contact Elaine Carruthers (01592 840652). Thanks in anticipation of your support and we look forward to seeing you on 8 November.



Decoupage  
Painting Drawing  
Poetry Knitting  
Crochet Baking  
Sewing Cookery  
Drama Creative  
Writing Felting  
Paper crafts and  
much more.....

This exciting and innovative project has come about from positive joint working with Community Learning and Development, Perth and Kinross Council.

This group is for children who are interested in learning crafts and life skills with experienced mentors. Activities are family based enabling families to take part, have new experiences and learn new skills with all the family.

Children must be accompanied by a responsible adult.

To-date we have around 21 families who have been attending a variety of activities so far from decoupage, knitting, baking, paper crafts, card making and much more.....

Some comments from families:

- *Fantastic family time to take part in well organised crafting activities, the children can't wait to come back each fortnight. Highlight of the weekend*
- *Fun! Exciting! We really look forward to coming along.*
- *Glad the community has something like this to focus on the family; it's always nice to see.*

### FREE MEMBERSHIP

Sessions run in the ICT room within the Library at Loch Leven Community Campus from 1pm - 2.30pm on the

**2nd and 4th Saturday of each month.**

Please come along and join in the family fun.

Please contact Jay Hutchison, SWI Kinross Group Secretary on 07795 490561 or email [swikinrossgroupsec@gmail.com](mailto:swikinrossgroupsec@gmail.com) with any enquiries.

## Skeins & Bobbins Classes

**Thursdays are fully booked.** For Tuesdays and Fridays, please book in advance.

Primary classes take place on Tuesdays and Senior classes on Fridays. For confirmation of dates and availability of places, please contact the shop.

Knitting and crochet group for adults continues on Saturdays, 2pm-4pm.

Skeins & Bobbins, 120 High Street, Kinross. Tel: 01577 208107.

## Funding Alert!

PKC regularly produces a huge list summarising funding opportunities for the voluntary sector. The list will be posted on [www.kinross.cc](http://www.kinross.cc) or telephone the PKC grants helpline on 0345 60 52000.

If your organisation is seeking funds, look out for notices in the *Newsletter* for Kinross Community Council Newsletter Ltd Charitable Grants and the Kinross-shire Fund.

## Scottish Country Dancing

Country Dancing has started again in Milnathort Town Hall on Wednesday nights at 7.30pm. No partners are required, and new members are very welcome. For more information please contact Cathie on 01577 861103.

**Everyone needs a bit of HELP sometimes...**

The early years before children go off to school are vital in a child's life. Parents play a key role in creating a secure childhood for their children... and sometimes they need a bit of help.

Matches parent volunteers with families who need a bit of help

Infant Massage classes for parents with babies up to 6 months old

Peer support for breast feeding mums

Contact Jill or Fiona for more information on accessing Home-Start support or joining our great group of volunteers.

[www.homestartperth.org.uk](http://www.homestartperth.org.uk)  
@HomeStartPerth

Home-Start Perth  
Unit B11 Highland House  
St Catherine's Road  
Perth, PH1 5YA  
t: 01738 638847

Funded by:

## Scottish Mining Trust Holidays Blair Castle, Culross

Charity number SC036188 [www.blaircastle.net](http://www.blaircastle.net)

### Subsidised holidays for retired miners and relatives

If you worked in the mining industry, or if you are related to a miner or someone who worked in the mining industry, you may be eligible for subsidised full bed and board holidays at Blair Castle in Culross.

Blair Castle is set in beautiful grounds with stunning views over the Forth Estuary. Excellent facilities: 28 well-appointed en-suite rooms, disabled accommodation, games room, quiet rooms, social lounges etc.

Call 01383 880307 or email [charles@blaircastle.net](mailto:charles@blaircastle.net) to find out more and ask for an application form.

Find us on Facebook: Scottish Mining Trust Culross

## 100th Birthday and Diamond Wedding Anniversaries

Do you know a Perth & Kinross resident who is celebrating their 100th or 105th+ birthday?

Do you know a Perth & Kinross couple celebrating their 60th, 65th or 70th wedding anniversary?

PKC can arrange delivery of flowers or for a local Councillor to present a basket of flowers to the person or couple on their special day.

Tel: 01738 475051 Email: [CivicServices@pkc.gov.uk](mailto:CivicServices@pkc.gov.uk)

## Grants and Funding Websites

[www.pkgrantsdirect.com](http://www.pkgrantsdirect.com)

[www.foundationscotland.org.uk](http://www.foundationscotland.org.uk)



## KINROSS HUB THE CARERS CAFE

**7<sup>th</sup> October 2019**  
**Vision PK**  
**Action on Hearing Loss**  
(Rhona Campbell)

The hub cafe is an informal meeting place to chat over a cuppa with other carers, cared for and family members.





**LOCHLEVEN COMMUNITY CAMPUS  
KINROSS**  
**1st MONDAY of EVERY MONTH**  
**10am—12noon**



Contact Gail Boath  
Tel. 01577 867306  
Or Anne Gray  
01738 567076



### Orwell, Portmoak and Glenfarg District Girl Guiding

Due to an increase in guide numbers and the new exciting programme recently rolled out, we are looking for an enthusiastic volunteer to open a unit in Portmoak and a unit helper for our Milnathort unit.

There will be full support from our great team. If interested, please give Alison a buzz on 07764 750212.

### The Bike Station

Donate unwanted bikes, parts and cycling accessories for reuse. Poorer bikes are salvaged for parts. Bikes are refurbished by qualified expert mechanics and sold on to the public at affordable prices with a three-month warranty.

Donated bikes and parts are collected from all Perth & Kinross Recycling Centres, including the Kinross centre at the Bridgend Industrial Estate.

Bike sales are held at The Bike Station, 284 High Street, Perth, PH1 5QS, Tuesday to Saturday 10am-5pm.

The Bike Station also offers a Repair Service, a Fix Your Own Bike facility and a Dr Bike mobile service.

Tel: 01738 444430. Website: [www.thebikestation.org.uk](http://www.thebikestation.org.uk)

The Perth Bike Station is an accredited Revolve organisation.



## Kinross & District Pipe Band Are Looking for a Bass Drummer!



Kinross & District Pipe Band, with new Pipe Major Stuart Scott, would like to welcome a new bass drummer to the drum corps for the 2020 competing season.

If you are at all interested in being a part of the band, please contact our Facebook page directly for more information.

## KINROSS CARERS THERAPIES



\* you can be an unpaid carer and still receive benefits such as Carers Allowance

REIKI

**IF YOU ARE AN UNPAID CARER\* REGISTERED  
WITH PKAVS CARERS HUB  
YOU COULD ENJOY A FREE  
COMPLEMENTARY THERAPY SESSION!**

BOOKING IS REQUIRED & DONATIONS ARE WELCOME

Therapy Days are the 2nd Monday of each month  
with Shirley Morgan @ Heart and Soul Centre,  
High Street, Kinross, KY13 8AN

 @PKAVSCarersHub

 [pkavscarershub.org.uk](http://pkavscarershub.org.uk)

For more info on support for unpaid carers in Kinross contact Carer Support Worker Annette Bond on 01738 567076



CRYSTAL  
THERAPY

Bookings open the 1st Monday of each month. Please call the Carers Hub on 01738 567076 to book an appointment.

## Befriending Kinross



**Are you new to the Area?  
Would you like someone to talk to?**

**Someone to have a coffee with?  
Help to feel less socially isolated?**

If you would like to request a befriender please contact us and we will arrange a time to meet with you to discuss the process.

[ptb.kinross@bethanyct.com](mailto:ptb.kinross@bethanyct.com)

t: 07747 018 550



### Kinross-shire Fund



The Kinross-shire Fund was established in 2006 to make the area a better place to live, by making

grants to a wide range of local charities, organisations and projects which make a positive difference to the community. To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

**The next deadline is Monday 4 November.**

Full details, including how to apply via our online application link, can be found at:

[www.foundationscotland.org.uk/programmes/kinross-shire-fund](http://www.foundationscotland.org.uk/programmes/kinross-shire-fund)



## Ceilidh Dancing

**Mondays:** From 2pm until 3pm every Monday in the Guide Hall, Milnathort. You don't need a partner and it is all very informal and great fun. Just come along – the more the merrier. No age limit. All proceeds go to the Scouts and Guides.

**Monthly Sunday Ceilidhs:** These take place in Milnathort Town Hall, 2pm until 5pm with a break at 3pm for tea and biscuits. Cost: £5. There is no pressure to dance; what better way to spend a Sunday afternoon than hearing these top players? People wishing to learn dances could attend the Monday classes (see above). All money left over after paying the band and hall will go to charity. To make charity suggestions, contact Vi Todd, 01577 863244.

**Oct 20** Colin Brown **Dec 1** Christmas Concert  
**Nov 17** Johnny Duncan **Dec 15** Peter Bruce

## PLUS Perth

www.plusperth.co.uk  
Tel: 01738 626242  
77 Canal Street, Perth



PLUS is a member-led local charity and social movement which gives hope and opportunity to those affected by disadvantage; in the main to those with experience of mental ill health and substance misuse.

The PLUS office is open Mon-Fri, 9.30am – 4pm for mental health signposting and enquiries.

## Dollar Museum

1 High Street, Dollar, KY14 7AY

Open from Easter to Christmas at the following times:

**Saturdays 11am-1pm and 2pm-4.30pm**

**Sunday 2pm-4.30pm**

Free Entry

Access also possible by arrangement.

Email: [dollarmuseum@btconnect.com](mailto:dollarmuseum@btconnect.com)

[www.dollarmuseum.org.uk](http://www.dollarmuseum.org.uk)

Dollar Museum is a lively, award-winning visitor attraction. It is situated at the top of the Burnside, beside the Golf Club and at the entrance to the Mill Green and Dollar Glen. We are open at weekends: from 11-1 and 2-4.30pm on Saturdays and 2-4.30pm on Sundays. Entry is free and all are welcome. Parking and disabled access. The Museum will also open on request at other times for visiting groups and researchers – please contact [dollarmuseum@btconnect.com](mailto:dollarmuseum@btconnect.com).

There are displays on the History of Dollar, Castle Campbell, the Devon Valley Railway, the Japanese Garden at Cowden and Prehistoric items excavated in the local area. Our temporary exhibition for 2019 is on the development of housing in Dollar over the last 100 years. Victorian dressing-up clothes and toys, and a dolls house will appeal to children. Research facilities with local books, maps and photographs in the Reading Room.

**Kinross & District Pipe Band Are Recruiting!**

Kinross & District Pipe Band, with new Pipe Major Stuart Scott, would like to welcome new and experienced Pipers and Drummers to the band for the up and coming competing season – 2020. For more information on joining please contact us through the band page or Stuart Scott on 07449937008.

## Kinross Recovery and Conversation Café

This weekly group is for anyone with an interest in improving their wellbeing and needing support on their recovery journey from addiction or substance misuse. The café aims to get people speaking about recovery and wellbeing in all its many forms and provides the opportunity to:

- share ideas, information and resources
- explore support networks and ways of moving forward
- breakdown isolation
- improve health and wellbeing

The café takes place **every Tuesday**, 1pm-3pm, at Millbridge Hall, Kinross. Drop in and have a cuppa and a chat.

For more information, contact:

Shona Fowler: 07896 280843, [shonafowler@nhs.net](mailto:shonafowler@nhs.net)

Richard Lister: 07885 971298, [richard.lister@cairscotland.org.uk](mailto:richard.lister@cairscotland.org.uk)



Supported and funded by Broke Not Broken, a local charity tackling the effects of poverty.

## Broke Not Broken

Drop off donations at:

**Sainsbury's, Kinross**  
**Glenfarg Village Shop**  
**Co-operative, Kinross**



Open to clients:

**Every Tuesday and Thursday, 10am – 2pm**

The Beacon, St Paul's Church, Muirs, Kinross, KY13 8AU

Contact: Tel: 07518 913107

Email: [admin@brokenotbroken.org](mailto:admin@brokenotbroken.org)



Broke Not Broken. Tackling the effects of poverty. Scottish Registered Charity SC046033

## Grants for good causes

**Kinross Community Council**

**Newsletter Limited (KCCNL)**

**Charity No. SC040913**



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

**31 March and 30 September**

More information is available on the [kinross.cc](http://kinross.cc) website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email [barrydavies57@btinternet.com](mailto:barrydavies57@btinternet.com)

**Give a Greyhound a Home**  
[www.greyhoundrescuefife.com](http://www.greyhoundrescuefife.com)

Forever homes needed for rescued greyhounds.  
Greyhounds are very gentle creatures that require very little walking!

**Please call or email for details**  
Tel: 01577 850393 (evenings)  
07826 244765 (daytime)  
Email: [femiejimmyf@aol.com](mailto:femiejimmyf@aol.com)



For further information, or if you want to be involved please ring  
07766 515 950 or 07771 696 830

The Cafe where everything is **FREE!**

Every Friday 11am - 2pm  
@ The Millbridge Hall

🍲 Soups 🍲  
🥪 Snacks 🥪  
☕ Hot Drinks ☕  
🥤 Cold Drinks 🥤  
🍽️ Home-cooked lunches 🍽️

All brought to your table by our friendly staff

The Talking Donkey is a Christian venture so there will always be people on hand to offer  
**Prayer For Any Need**



## La Leche League meetings in Kinross

First Thursday of the month,  
10am-12 noon



St Paul's Church Meeting Room, The Muirs, Kinross

- Friendly, relaxed mum-to-mum breastfeeding support and chat.
- Informal chat and an interesting group discussion.
- Plenty of time for answering your questions.

We welcome any mums (and mums to be) who are interested in breastfeeding. Children all very welcome.

For more details, contact:

Hannah Dalgety (LLL Leader, Kinross) 07886 859461

[www.lll-fife-tayside.co.uk](http://www.lll-fife-tayside.co.uk)

Find us on Facebook: La Leche League Fife and Tayside

## Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

**Linda Freeman**

Tel 01577 865045. Email: [linda.freeman\\_64@btinternet.com](mailto:linda.freeman_64@btinternet.com)

## Mindful Relaxation Class

**Mondays, 7pm-8pm**

Loch Leven Community Campus ITC Room.

Participants can expect to do some gentle movement, mini sound workshop, relaxation, meditation, mp3 guided meditation, philosophy and reflection.

The sessions are run on a drop-in basis. Entry is by donation.

Further information from Vincent Johnston at:

[Vincent.johnston@icloud.com](mailto:Vincent.johnston@icloud.com)



## Perth Citizens Advice Bureau

Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Contact us: Advice line 01738 450580.

Appointment line 01738 450581.



### Benefits Advice in Libraries (BAIL)

People needing help to identify and claim the right benefits or needing advice to help them to negotiate the benefits system in any way can access assistance from Perth Citizens Advice Bureau's 'Benefits Advice In Libraries' project in Kinross at Loch Leven Library. The service is available on Tuesdays by appointment only. Telephone the bureau on 01738 450581 to make an appointment.

### Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (senior debt adviser) using the following email address: [David.Ogston@Perthcab.casonline.org.uk](mailto:David.Ogston@Perthcab.casonline.org.uk)

## Looking for a venue that can tick all the boxes?

### Crook of Devon Village Hall

- ☑ **Space** We can seat up to 100 for a formal meal; 120 for meetings, theatrical performance, talent shows; 80-90 for discos, family gatherings, community events. We can even accommodate bouncy castles for that "all weather" children's party.
- ☑ **Car Parking** - ample parking for the hall.
- ☑ **Catering** - Kitchen with oven, dishwasher and microwave, plus a great serving area.
- ☑ **Stage** and back stage area for performances, costume changes, etc.
- ☑ Plus the usual facilities - toilets, disabled toilets, changing areas.
- ☑ We also offer chair and table rental for functions at home.
- ☑ **Weekly bookings** taken for activities, e.g. yoga, ballet, fitness classes, badminton, youth clubs.



For all hall bookings and enquiries, including our **special block booking rates**, please contact Jean on 01577 840543 or [jeanshearer630@btinternet.com](mailto:jeanshearer630@btinternet.com)

## Kinross Recycling Centre

Bridgend Industrial Estate

Opening Times: **Mondays to Fridays 9am to 7pm**  
**Saturdays and Sundays 9am to 5pm**

Bras, bicycles, cans (inc aerosols, biscuit tins, aluminium foil), car and household batteries, cardboard, cooking oil, electricals (WEEE), engine oil, fluorescent tubes, long life light bulbs, food and drinks cartons (Tetra packs), fridges, freezers, garden waste, glass, large domestic appliances, paper, plastic (rigid plastic packaging), rubble stone and soil, scrap metal, telephone directories, textiles (clothes and shoes), timber, tyres (maximum two per visit, strictly householders only) and non-recyclable (general) waste.

Bikes and bike parts will be recycled (see separate Bike Station notice). Collection point for Perth College WEEE project: IT equipment will be refurbished and sold on at an affordable price or recycled for parts. Items accepted include: desktop computers, laptops, mobile phones (without the sim card), tablets, keyboards, mouse controls, cables, DVD players, video players, portable music players, games consoles, new or empty printer cartridges, projectors and flat screen working monitors. The project cannot accept Cathode Ray Tube or broken monitors.

Compost can be collected from the Recycling Centre, subject to availability. Maximum of 2 x 25kg bags per visitor.



## Community Councils

**Kinross:** Chair: Bill Freeman, 01577 865045  
Email: kinrosscommunitycouncil@gmail.com

**Milnathort & Orwell:** Chair: Craig Williams, 07885 722125  
Email: craig@stovestuff.scot  
Secy: Caroline Flory  
Email: communitycouncilmilnathort@gmail.com

**Portmoak:** Chair: Malcolm Strang Steel, 01592 840459  
Email: PortmoakCommunityCouncil@pkc.gov.uk

**Fossoway & District:** Chair: Trudy Duffy-Wigman, 01577 840669  
Email: fossoway.cc@gmail.com

**Cleish & Blairadam:** Secy: Patty Fraser, 01577 850253  
Email: CleishCommunityCouncil@pkc.gov.uk

### Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
Jonathan Bryson	4 Burnbank Meadows	
David Colliar	10 Rannoch Place	01577 864037
Dave Cuthbert	85 Bowton Road	07799 750289
Bill Freeman (Chair)	64 Muirs	01577 865045
Ian Jack	Burnbrae Grange	01577 863980
Lynne McKay	5 Springfield Road	01577 531076
Thomas Stewart	Gellybank Farm	01577 864603
David West	30 Muirs	07824 313974

### Portmoak Community Councillors

Robin Cairncross	(Secretary)	01592 840672
Bruce Calderwood	(Treasurer)	01592 840423
Susan Forde		01592 840128
Tom Smith		01592 841160
Malcolm Strang Steel	(Chairman)	01592 840459
Dave Morris		01592 840500
Andrew Muszynski		01592 840467

Have a look at our website: [www.portmoak.org](http://www.portmoak.org)

## Perth and Kinross Councillors Kinross-shire Ward

**Cllr MIKE BARNACLE** (*Independent*)  
Tel/Fax (home): 01577 840516.  
Email: michaelabarnacle@gmail.com  
Website: mikebarnacle.co.uk  
Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ

**Cllr CALLUM PURVES** (*Scottish Conservative & Unionist*)  
Tel (office): 01738 475092. Mobile: 07557 812570.  
Email: CPurves@pkc.gov.uk  
54 Lathro Park, Kinross, KY13 8RU

**Cllr WILLIE ROBERTSON** (*Scottish Liberal Democrats*)  
Tel (home): 01577 865178. Mobile: 07909 884042.  
Email: wbrobertson@pkc.gov.uk  
85 South Street, Milnathort, Kinross, KY13 9XA

**Cllr RICHARD WATTERS** (*SNP*)  
Mobile: 07557 812513.  
Email: RWatters@pkc.gov.uk  
Applegarth, Sunnypark, Kinross, KY13 8BX

### Luke Graham MP

#### Member of Parliament for Ochil and South Perthshire

38 Primrose Street, Alloa, FK10 1JG

Telephone: 01259 764407

Email: [luke.graham.mp@parliament.uk](mailto:luke.graham.mp@parliament.uk)

Twitter: @LukeGrahamMP

Facebook: [www.facebook.com/Luke-Graham-for-Ochil-and-South-Perthshire-392788644215614](http://www.facebook.com/Luke-Graham-for-Ochil-and-South-Perthshire-392788644215614)

## Member of the Scottish Parliament for Perthshire South & Kinross-shire

### Roseanna Cunningham MSP

Constituency office:

63 Glasgow Road, Perth, PH2 0PE

Telephone: 01738 620540

Email: [Roseanna.Cunningham.msp@parliament.scot](mailto:Roseanna.Cunningham.msp@parliament.scot)

## Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

**Claire Baker MSP** (Labour) Tel: 0131 348 6769

Email: [Claire.Baker.msp@parliament.scot](mailto:Claire.Baker.msp@parliament.scot)

**Murdo Fraser MSP** (Conservative) Tel: 0131 348 5293

Email: [Murdo.Fraser.msp@parliament.scot](mailto:Murdo.Fraser.msp@parliament.scot)

**Dean Lockhart MSP** (Conservative) Tel: 0131 348 5993

Email: [Dean.Lockhart.msp@parliament.scot](mailto:Dean.Lockhart.msp@parliament.scot)

**Alex Rowley MSP** (Labour) Tel: 0131 348 6826

Email: [Alex.Rowley.msp@parliament.scot](mailto:Alex.Rowley.msp@parliament.scot)

**Mark Ruskell MSP** (Green) Tel: 0131 348 6468

Email: [Mark.Ruskell.msp@parliament.scot](mailto:Mark.Ruskell.msp@parliament.scot)

**Liz Smith MSP** (Conservative) Tel: 0131 348 6762

Email: [Elizabeth.Smith.msp@parliament.scot](mailto:Elizabeth.Smith.msp@parliament.scot)

**Alexander Stewart MSP** (Conservative) Tel: 0131 348 6134

Email: [Alexander.Stewart.msp@parliament.scot](mailto:Alexander.Stewart.msp@parliament.scot)

## Mobile Library Service

### Visiting on Tuesdays 8 & 22 October

Glenfarg	Main Street	1200-1300
Forgandenny	Rossie Place	1545-1615

### Visiting on Wednesday 2, 16 & 30 October

Kinnesswood	Opposite shop	0930-1000
Portmoak	Hall	1005-1020
Scotlandwell	Leslie Road	1025-1050
Portmoak	Hall	1125-1140
Scotlandwell	Leslie Road	1145-1205
Levenmouth Farm		1100-1120
Hatchbank Road	Gairneybank	1140-1200
Powmill	Mill Gardens	1320-1340
Crook of Devon	Village Inn	1345-1445
Carnbo	Pitcairnie Lane	1500-1530
Whyte Court	Kinross	1545-1615

For more information, see: [www.culturepk.org.uk/libraries](http://www.culturepk.org.uk/libraries) and click on 'Services in the Community'

## Perth Samaritans

Need to talk? We'll listen.

Contact us by

**phone** on 01738 626666 or 08457 909090

**Email** us [jo@samaritans.org](mailto:jo@samaritans.org)

or **visit** us at 3 King's Place, Perth, PH2 8AA

Mondays	1630 – 2130	Thursdays	1630 – 1900
Wednesdays	0830 – 1100	Fridays	1000 – 1630
and	1930 – 2130	Sundays	0800 – 2130

**No pressure, no names, no judgment.**

**We're here for you, anytime.**

## Local Volunteer Opportunities

**Broke not Broken** is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact Claire Slight to find out how you can help: [clare.slight@brokennotbroken.org](mailto:clare.slight@brokennotbroken.org)

**Greyhound Rescue Fife** at Baltree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at [www.greyhoundrescuefife.com](http://www.greyhoundrescuefife.com)

**Kinross in Bloom:** Volunteer group that provides and maintains floral displays to enhance the environment of Kinross. If you are interested in volunteering, please contact Susan Mitchell at: [susan.mitchell150@gmail.com](mailto:susan.mitchell150@gmail.com)

**Kinross-shire Day Centre:** We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

**KLEO (Kinross-shire Local Events Organisation):** If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to [www.kleo.org.uk](http://www.kleo.org.uk). If interested, please contact Bouwien Bennet at [info@kleo.org.uk](mailto:info@kleo.org.uk) or call 01577 863107.

**RSPB Scotland Loch Leven:** We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks – if you'd like to join our team, please contact Lyndsay Stobie at: [Lyndsay.Stobie@rspb.org.uk](mailto:Lyndsay.Stobie@rspb.org.uk) or call 01577 862355.

**Kinross (Marshall) Museum:** The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: [information@kinrossmuseum.org.uk](mailto:information@kinrossmuseum.org.uk).

**Swansacre Playgroup:** A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email [swansacre@gmail.com](mailto:swansacre@gmail.com)

**Kinross Heart Start:** Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

**Light Up Kinross** is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email [davidcolliar@tiscali.co.uk](mailto:davidcolliar@tiscali.co.uk) or Bill Freeman, email [billywhizkid78@gmail.com](mailto:billywhizkid78@gmail.com) or contact our Facebook page.

**Common Grounds:** Charity café staffed by volunteers on Tuesdays, Wednesday, Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Open to public 10am-12.30pm. Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convener Elspeth Caldwell on 01577 863350 or Secretary Linda Freeman on 01577 865045 for more information.

**The Potager Garden** is a small community garden in Bowton Road, Kinross, KY13 8EQ. It is a registered charity run by volunteers, a main aim being to give education to schoolchildren about plants, gardening and the environment. If you would like more information about our volunteering opportunities, please contact the Convenor, Amanda James, on 01577 840809, or [amandajames1577@gmail.com](mailto:amandajames1577@gmail.com)

**Children's Hospices Across Scotland:** Can you spare a few hours of your time? We are looking for volunteers in our **kitchen, housekeeping, driving, childcare** and **garden** teams.



Anyone who is interested is welcome to come for a visit. Please contact us by phone on 01577 865777 or email [volunteering@chas.org.uk](mailto:volunteering@chas.org.uk). To apply online visit [www.chas.org.uk](http://www.chas.org.uk).

**Seamab** is a residential school that cares for and educates some of the most vulnerable children in Scotland. We are looking for volunteers to help us place and manage collecting cans across Perth and Kinross. Volunteering for Seamab will help make a huge difference to the lives of the children at Seamab and will be a great way to meet new people and develop new skills. For more information please contact Melloney Flinn at [mflinn@seamab.org.uk](mailto:mflinn@seamab.org.uk) or call 01577 840307.

**Milnathort Town Hall committee:** Can you spare a couple of hours a month? We are looking for volunteers to join us. For further information please contact us at [milnathorttownhall1@gmail.com](mailto:milnathorttownhall1@gmail.com). We would love to hear from you.



### Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. If you have a genuine interest in the wellbeing of children and families and live in the Perth and Kinross area we would love to hear from you.



### Volunteer Mentor

If you are looking to try something new in 2019, develop new skills or meet new people, volunteering is a fantastic way to achieve this. To find out more, visit [www.aberlour.org.uk](http://www.aberlour.org.uk)/volunteer, or contact Shonagh (Volunteer Coordinator) on 07864 625069/shonagh.ferguson@aberlour.org.uk.



**SPARKs** are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health & wellbeing. They meet in Loch Leven Community Campus every Thursday 1-3pm. Volunteers will be supported by workers Roseanne Gray – P&K Community Learning & Development Worker and Shona Fowler – NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843.

### Kinross-shire Volunteer Group and Rural Outreach Scheme

Do you have some spare time? Do you enjoy driving? Are you a people person? If so we have the ideal volunteering opportunity for you. Kinross-shire Volunteer Group and Rural Outreach Scheme provide drivers to take people, mainly elderly, to appointments, shopping, etc.



Basically any trip most of us take for granted can be a challenge for someone without a car who cannot manage public transport. Our volunteers provide not just a driver but a helping hand and a listening ear.

There is never any pressure, you accept the trips you want to do and no more. Some of our drivers are happy taking people to Ninewells, etc, others prefer to just do local runs – both are equally valuable. At KVG&ROS we value all our volunteers and in fact are the holders of a Volunteer Friendly Award. If you are interested and would like to hear more please phone Pauline on 01577 862685.

For more volunteering opportunities, go to the community website [www.kinross.cc](http://www.kinross.cc) and look for 'Volunteering', or look at [www.vaperthshire.org](http://www.vaperthshire.org)

Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor. Please let us know if you no longer need your appeal to be listed.



## Items for Sale

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter, subject to space.

### Nintendo Wii games console with extras £30

Includes Mario Kart game and a couple of others, 2 controllers, steering wheel, sports pack with interchangeable heads for tennis, golf, baseball and steering wheel. 2 microphones for Wii Sing and a couple of games.

Seller Details:

Jane 07859 403911  
jane6549@hotmail.co.uk

### Computer chair Free

Used but still in good condition.

Seller Details:

Pauline Watson 01577 862685  
secretary@kvgandros.org.uk

### Two door filing cabinet £50

As new in light wood, originally sold by John Lewis. Great quality and all the original fittings present. No lock. Ideal for any domestic, commercial or home office placement. Free delivery within the Newlester area.

Seller Details:

David Anderson 07747 890375  
whitesands1.da@googlemail.com

## Community Investment Fund

The Community Investment Fund (CIF) provides £1.2million to community led projects over 2018/19 and 2019/20. It is an opportunity for local people to make an impact on the issues that matter most to them. Grants of £3,000-50,000 are available to eligible groups in this round of funding.

The Community Investment Fund for 2019/20 is now open! As before, each ward has £50,000 to use to support community projects. All of the information is available on the website at [www.pkc.gov.uk/cif](http://www.pkc.gov.uk/cif). The final deadline for applications is **Thursday 12 December**.

## Homes for Cats Wanted

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.



## LOCAL CHEMIST INFORMATION

### Rowlands Pharmacy, Kinross

Mon-Fri: 9am-6pm  
Saturday: 9am-5pm  
Tel: 862422



### Davidson's Chemist, Milnathort

Mon to Fri: 9am-1pm & 2pm-6pm  
Saturday: 9am-12.30

Tel: 01577 862219

Sundays: The nearest open pharmacy is Asda, Dunfermline



## Mindspace Recovery College

Mindspace Recovery College runs free courses covering all aspects of mental health, co-delivered by people with lived experience, and are open to all.



## Lip Reading Classes

Do you or someone else you know have a hearing loss? Lip Reading Classes can help.

Advice is available on tinnitus, cochlea implants, access to work and getting benefits.

Learn how your hearing aids work and about equipment to help you with your hearing loss, e.g. smoke alarms, television aids, flashing doorbells and more. The above equipment is free. Classes start in Kinross in October and a few places are still available on Fridays in Perth. Classes are funded and free to participants. To book a place, or for more information, contact Susan Brown Tel: 01250 872861 or 07940 333924, or by email at [Perthshirelipreading@hotmail.com](mailto:Perthshirelipreading@hotmail.com).

Facebook-Perthshire Lipreading

## Hedges, bushes or trees causing obstruction

Property owners are reminded that it is their responsibility to cut back hedges, branches, bushes etc to ensure that pavements and public footpaths are not obstructed.

Property owners may be liable if injury is caused to others and may be charged costs if Perth & Kinross Council is forced to take action.

When undertaking work on hedges, check that there are no birds nesting. It is an offence under the Wildlife & Countryside Act 1981 to damage or destroy the nest of any wild bird while it is in use or being built. The bird nesting season is usually considered to run from March to August.

## Newsletter Deadlines

More deadlines for the months ahead can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check *Newsletter* website for latest information: [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org)

Issue	Deadline	Publication Date
November	Friday 18 October	Saturday 2 November
December	Friday 15 November	Saturday 30 November

## Weekly Programme

<b>Monday</b>	<b>Exercise Class 11.15am</b> <b>Scrabble, cards &amp; other games 1.15pm</b> <b>Bingo 1.30pm</b> <b>'Stride for Life' Walking Group 2pm</b>
<b>Tuesday</b>	<b>Carpet Curling 11am</b> <b>Relaxation Class 1.15pm</b> <b>Games 1.15pm</b> <b>Singing group with Alex Cant 1.45pm</b>
<b>Wednesday</b>	<b>Morning Worship 10.45am</b> <b>Dominoes, Scrabble &amp; other Games 1.30pm</b> <b>Tai Chi 1.30pm (9th, 23rd)</b> <b>Art Class 1.30pm</b>
<b>Thursday</b>	<b>Carpet Curling or Boccia 11am</b> <b>Film or music Afternoon 1.30pm</b> <b>Dominoes, Scrabble, cards 1.30pm</b> <b>Balance &amp; Strength Class 1.30pm (except 10th &amp; 31st)</b>
<b>Friday</b>	<b>Balance &amp; Strength Class 11.15am (except 11th)</b> <b>Dominoes, Games or music 1.30pm</b> <b>Bingo 11.15-11.45am</b>

**Coffee Bar open to all**

**8.30am - 4pm**

**Older Adults Lunches Daily**

Our activities are open to everyone.  
Please feel free to come in and have  
a great afternoon.



**01577 863869**

**kindaycent@tiscali.co.uk**

**Film shows • Cards**  
**Dominoes • Art Class**  
**Exercises • Chiropody**  
**Trips • Daily Papers**



## Additional Events for October

<b>Chiropody</b> (Tel 01577 863869 for an appointment)	<b>9.45am-1pm</b>	Thursdays 3rd, 24th
<b>Hearing Loss Support and Advice</b>	<b>11am-12pm</b>	Monday 7th
<b>Barge Trip</b>	<b>all day</b>	Thursday 10th
<b>Library Trip</b>	<b>1.30pm</b>	Thursday 24th
<b>Halloween Party</b>	<b>1.30pm-2.30pm</b>	Thursday 31st

## Useful telephone numbers

### Medical

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

**Police, non-emergency** 101

**Police, Fire & Rescue, Ambulance & Coastguard emergencies** 999

**Gas** (worried about gas safety) 0800 111 999

**Water** (loss of supply, foul water emergency) 0845 600 8855

**Floods** SEPA Floodline recorded messages 0345 988 1188

### Perth & Kinross Council (PKC)

Customer Service Centre (Mon- Fri, 8am-6pm)	01738 475000
Reporting non-emergency Road and Lighting faults (CLARENCE)	0800 232323

### PKC Out of Hours emergency numbers

Adult care services	0345 301 11 20
Anti-social behaviour helpline	01738 476173*42*
(*42* telephone and leave a voicemail)	
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

**Traveline Scotland** 0871 200 22 33

**Loch Leven Community Campus** 01577 867200

**Kinross High School** 01577 867100

## Perth & Kinross School Term Dates 2018-19

Term	Start (for pupils)	End
Inservice days	Fri 4 Oct, Thur 14 Nov, Fri 15 Nov	
Autumn	Wed 21 Aug 2019	Thu 3 Oct 2019
Winter	Mon 21 Oct 2019	Fri 20 Dec 2019

## Need a wheelchair?

The British Red cross will be in Sainsbury's car park every  
**Wednesday 10am-12noon**

for more information please call 01506 409927

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Tue	1	<b>Fossoway Community Council meets</b>	44
Wed	2	Kinross-shire Partnership's Networking Breakfast	46, 93
Wed	2	<b>Kinross Community Council meets</b>	35
Thur	3	50 Plus Club meets	51
Fri	4	<b>Inservice Day for P&amp;K schools</b>	103
Sat	5	Kinross & Ochil walking group Weekend Walk: see notice for more walks	49
Tue	8	<b>Portmoak Community Council meets</b>	40
Thur	10	Kinross Community Garden Group meets	63
Thur	10	IT Help Session, library	64
Thur	10	<b>Milnathort Community Council meets</b>	36
Sat	12	Portmoak Film Society show <i>In The Fade</i>	
Sun	13	Let's Sing!	87
Mon	14	Halloween Treasure Trail opens, RPSB Loch Leven	82
Thur	17	Ladies fashion show and pop-up shop	94
Fri	18	Deadline for November Newsletter submissions	102
Sat	19	<b>RSPB Open Day</b>	82
Sun	20	Ceilidh dancing, Milnathort Town Hall	97
Mon	21	Guild Fund-raising Afternoon Tea in Cleish Village Hall	94
Tue	22	Afternoon Tea at Orwell Church Hall	94
Wed	23	Common Grounds Coffee Morning	49
Thur	24	<b>Dawn goose watch</b>	82
Thur	24	Kinross Flower Club, Millbridge hall	45
Thur	24	Michael Bruce Trust Annual Illustrated Talk	94
Sat	26	<b>Kinross Farmers' Market</b>	62
Sat	26	Carnbo SWI coffee morning	94
Sat	26	<b>Magic of Trees day, Loch Leven NNR</b>	85
Sat	26	<b>Milnathort Filmhouse shows <i>Pets 2</i> and <i>Wild Rose</i></b>	95
Sun	27	<b>Pink-footed goose walk, Burleigh Sands</b>	85
Tue	29	Afternoon tea in aid of Macmillan Cancer Support	95
Tue	29	Creative writing group, library	64
Thur	31	Kinross Church Light Party	87
Thur	31	Fossoway and District Horticultural Society AGM	67
November			Page
Sun	3	Dawn goose watch	82
Mon	4	<b>Kinross-Shire Fund Deadline</b>	96
Fri	8	Talent Showcase, campus	62
Sat	9	Christmas crafts/coffee morning, Church centre, 10am-12 noon	
Sat	9	Portmoak Film Society show <i>A Woman At War</i>	
Sun	10	Remembrance Service, and parade (War Memorial from 10.50am)	
Tue	12	Civic Trust Annual Dinner	70
Thur/Fri	14-15	<b>P&amp;K schools Inservice Days</b>	103
Fri	15	<b>Mamma-Mia Abba Sing-a-long, campus</b>	62
Sat	16	Billy Kirkwood, comedian at Milnathort Town Hall	62
Sun	17	Choirs Together	62
Mon-Thur	18-21	Winter Festival Events	62
Sat	23	<b>Festive Street Market / Light Up Kinross</b>	62, 95
Sun	24	<b>The Blether Bus</b>	62
Thur	28	Milnathort Town Hall AGM	46, 95
December			Page
Sat	7	<b>Dougie MacLean in concert, campus.</b>	62
Sat	14	Portmoak Film Society show <i>Can You Ever Forgive Me?</i>	
Wed	18	Carols at the Cross, Milnathort	