



# Kinross Newsletter

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Founding editor,  
Mrs Nan Walker, MBE

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## DEADLINE

**for the December Issue**

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## Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

Email: **editor@kinrossnewsletter.org**

(all emails will be acknowledged)

**Post or hand in to:**

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## Commercial Advertising in the Newsletter

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**They are available to view at [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org).**

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# Editor's Page

Cover photo: Kinross House Estates.

Design by Lee Scammacca of Cree8.

## Letter from The Editor

November is suddenly upon us, and there's a distinct chill in the air. The trees in Kinross-shire are always magnificent in the autumn, showing off with their beautiful, colourful variety. I love the cold, crisp weather. Bonfire night is one of my favourite nights of the year, and is often the first time that I look out the bag of winter gloves, hats and scarves, and prepare for standing around in the cold at our usual spot on the South Inch in Perth. The highlight for me is after the fireworks are over, when we consume my mother's warm treacle scones with lashings of butter and hot chocolate – take this as prior notice of our visit, mum!

Please do try and support your local organised fireworks display. I was pleased to hear that Sainsburys are no longer selling fireworks to the public. As well as the obvious safety risks, fireworks can cause a great deal of misery and fear for pets and young children.

We are spoilt for choice with clubs and activities to fill the long winter nights in Kinross if you are looking for something to do. As for me, I'm looking forward to cosying up under the covers this weekend and enjoying an extra hour in bed when the clocks go back.

*Hannah*

### Note to Contributors

A great deal of the Newsletter comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the Newsletter.

### Letters Policy

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the Newsletter. The Newsletter does not necessarily agree with any of the views expressed on the letters or indeed other pages. In special circumstances addresses may be withheld from publication on request (but must still be supplied to the editor).

### Note to Readers: Advertising

Inclusion of advertisements in the Newsletter does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

### Abbreviations

PKC: Perth & Kinross Council

CLlr: Councillor

CC: Community Council

CCllr: Community Councillor

### About the Kinross Newsletter

The Newsletter has been informing and supporting the community for over 40 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the Newsletter to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the Newsletter. Thank you.

The Newsletter is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

## Citizen Scientists

I am writing in response to two items in the October issue of the Newsletter. The first was Willie Robertson voicing his concern about the deterioration of water quality in Loch Leven and questioning whether the abundance of new housing in the area was contributing to this situation. The second item was about the appearance of blue-green algae on Loch Leven and the danger that these toxins can pose to users of the Loch.

In August 2018, 14 people from the local area (I was one of them) underwent training to become 'Citizen Scientists' to help measure the level of nitrates and phosphates running into Loch Leven from local burns. The training was part of the MONOCLE (Multiscale Observation Networks for Optical Monitoring of Coastal Waters) project run by Freshwater Watch along with SNH, National Environment Research Council (NERC) and the Centre for Ecology and Hydrology. The training took place at RSPB Loch Leven. During this time, the participants were sent to test the water around the Loch and the results were fed into FreshWater Watch as part of an international study.

The participants were very excited about being part of this study and having the opportunity to contribute to a better understanding of water quality in Scotland's most important lowland loch. My husband and I took samples from the Queich which flows through surrounding farms, making it more susceptible to nutrients and phosphorus.

As you can imagine, there was a lot of excitement amongst the participants who were keen to help monitor this problem on an ongoing basis. We were told that we would be called upon seasonally to repeat the same tests which would help build up a better picture of water quality in the Loch. Unfortunately, aside from the focus group at the end of the study (about a week later), we were never called upon to get involved again.

At the time, I was really disappointed that we had spent time and effort learning how to perform water tests and were then just dropped without any explanation or further contact. I am not sure who provided the funding to carry out this training in the first place but it seems to me to be a waste of money and goodwill of the participants who volunteered their time to help. There is a missed opportunity here. I think that using volunteer Citizen Scientists to monitor water quality on Loch Leven on a regular basis could help understand the problems outlined by Willie Robertson and also the problem of algal blooms. Perhaps Willie can have a word with someone to see if this project could be resurrected and properly funded. I hope that someone who reads this may be able to offer advice on how we can move this project forward. I would certainly be happy to continue to be a Citizen Scientist.

Karol Swanson, Blane field, Kinross

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work undertaken

**I. Robertson**, Station Road, Crook of Devon  
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### Perth-Kinross-Edinburgh railway line

While Liz Smith's desire to re-instate the Perth-Kinross-Edinburgh railway line is to be commended, I fear she needs a reality check. A couple of years ago another Newsletter correspondent quoted a figure she had been given by a railway official, along with his message that there was 'no chance'. Enlarging tunnels to enable electric trains usually incurs a massive cost. By contrast, a look at the Ordnance Survey map indicates re-instatement of the line to the south end of Kinross should be relatively straightforward, with the ability to have a park & ride. The recently announced £75million Leven Railway re-instatement shows there is a willingness to do so.

There are several major rail projects that the Perth-Kinross-Edinburgh line would have to compete with. The biggest weakness is the economic benefit such a line would produce, given the connection is already served with the M90 motorway.

By contrast, the extension of the Borders Railway through Hawick to Carlisle would assist in the regeneration of that town. The extension of the railway line from Alloa to Dunfermline would aid the regeneration of Alloa. The line already exists in freight form to Longannet.

In the short term, why not press for an extension of the Halbeath park & ride and the establishment of a station there? The line already passes behind the car park. My recent travel on the M90 has indicated that both Halbeath and Ferry Toll park & ride facilities were full at various times, so something clearly needs to be done.

John Embrey, Nimrod House, Muckhart

### North cemetery, Kinross

In recent weeks, after talking to people who were visiting the North cemetery in Kinross it became clear that many felt the state of the cemetery was going downhill and some form of regeneration was needed.

I put a post on the Kinross community Facebook page explaining my observations, and the response was tremendous.

I arranged a meeting with Mr Murray Lyle (Perth & Kinross Council Leader) and presented him with a petition with names of those who agreed that action should be taken to improve the site along with some recommendations. Mr Lyle was very receptive, especially as the North cemetery along with Orwell/Milnathort are to be expanded. He agreed it would come up for discussion at the next general meeting and all Kinross councillors were given a copy of the petition. However, being receptive and improving the site are two different things. Since then some people have contacted me to say that the same situation applies to the cemetery at Milnathort.

The poor condition and the council grass-cutting procedures for the cemetery were the motivating factors for me personally to take action. The reply to the petition, if positive, will I'm sure have an impact on Orwell/Milnathort. Should it be negative, the fight will go on until proper respect is accorded to the cemeteries.

There was a really good and sympathetic article in the *Courier* on 14 October. I sincerely hope our councillors take note and get behind this initiative as it is an important and emotive issue for so many local residents.

D Gill, 11 Sutherland Drive

### Upgrade of Junction 7, M90 to a 4-way Junction

I thought I should give an update to the people who signed my petition in October 2017. This appears to be a very slow process. It would seem that there is no sense of urgency in dealing with the matter. The petition was initially presented to Roseanna Cunningham MSP who forwarded it to Transport Scotland. I have had numerous correspondence with them. The only encouraging letter from them was a recent letter regarding the National Transport Strategy and a Strategic Transport Project Review which basically includes their vision for transport. The transport vision is underpinned by four priority themes: Promotes equality; Takes Climate Action; Helps our Economy Prosper; Improves our Health and Wellbeing.

I am sure that such a small project as completion of the junction 7 on the M90 would fulfil all these visions. There was an online survey on the Transport Scotland website which I completed. The only encouraging points in my recent letter from Transport Scotland were the words M90 and Junction 7. Will it happen? I sincerely hope so.

Frank Koronka, Springfield Road

### The Sabres Concert – Fundraiser

Maureen and I just wished to place on record our thanks to the members of The Sabres Band that played without charge at the fundraiser for CHAS at the Crook of Devon Hall in September. All those present were greeted with two hours of the nostalgia of sixties hits by a very accomplished trio. The Sabres apparently get together for a short period every year and do two or three gigs for charity. These concerts coincide with one of the band members returning briefly from Canada for an annual reunion.

The gig itself, which had free entry (donations) was full of good tunes but sadly did not have a full audience, for with the exception of one of the group's family there was just my wife, myself and two others there to enjoy it all. Such a shame that more were not present. Not being in the area for very long, we do hope that this is not a true representation of local community involvement.

As to the Sabres – well done guys. We look forward to next year. And when the posters go up, let's get the date down in our diaries!

Tony Lamb, Mossend Green, Powmill





# Thanks



**Christine Cameron** wants to thank family and friends for their good wishes and loving deeds on her best ever, 90th birthday. Real love like this makes the world go round – thank you.

**Cath Soper** would like to say a big thanks to all the people who donated wool for her knitting. She knits jackets for premature babies (Ninewells Hospital) and the wool she received will keep the needles busy for a few months!



On Sunday 15 September, **Janice Reilly, Debbie Duncan, Aileen Eadie and Emma Thorpe** took part in the Edinburgh Kilt Walk 2019 to raise money for CHAS. Working for CHAS we see daily how much your donations help as many children in Scotland as possible, with a palliative need, from respite to end of life care. Your donations really do help so thank you to everyone who helped us to raise £1077.

**Milne** – Jackie and family would like to thank the Rev Alan Reid and Stewarts Funeral Directors for arranging and presiding over Sandy's funeral. We couldn't have asked for more. Thanks to all who came, it was lovely to see so many there to say goodbye to Sandy. The collection we had raised £1000s for Bowel Cancer UK.

We would also like to thank Dr Richmond, Dr Sanders, and staff at Ninewells, PRI Oncology departments and neighbour Fiona Erskine and the lady in the silver car who brought George back to the house on that fateful day.

Also, thanks to family, neighbours and friends for all the flowers, cards and messages and support at this sad time. Thank you, from the Milne Family.

## Congratulations



**Davies** – Congratulations to Natalie, Mathew and Lara on the birth of Owen Harry Davies on 12 August 2019. All the family are delighted. Second grandchild for Winnie and George Smith and fourth (but first grandson) for Karen and Barry Davies.

### The Newsletter on Facebook

We use our Facebook page to announce:

- our deadline and publication dates
- what's in the next issue
- reminders of some local events
- occasional breaking news



'Like' our page to be kept informed. Search for 'Kinross Newsletter' or go to:

[www.facebook.com/kinrossnewsletter](http://www.facebook.com/kinrossnewsletter)



## Kinross Otters Named Scottish Swimming Club of the Year

Kinross Otters are delighted to announce that WE WON!!!!

Kinross Otters took home the Club of the Year at the prestigious annual Scottish Swimming Awards in Glasgow's Radisson Blu on Saturday 28 September. Scottish Swimming, the sport's governing body, believe that strong clubs can offer local communities a vibrant focus for volunteer and athlete development, essential for creating lifelong participants and local and national heroes. They recognise these achievements through the Club of the Year Award.



Head coach Fiona Dodds and Chair Nigel Martin

Club Head Coach Fiona Dodds was delighted. *'We are thrilled to be receiving this award. Like so many other volunteer run sports groups, we give up our time and our expertise for the good of our community. Helping young people to find a place in an increasingly complicated world where they can push their bodies to do better, build a strong team, make firm friends and create a lifelong love of swimming and the positive physical and mental benefits that brings, is the reason all of us do what we do. It would not be possible however without those unsung heroes who turn out every day for our club.'*



Otters coaches and committee accepting the award

The Club are looking forward to displaying their award and certificate in the trophy cabinet at Live Active Loch Leven. Well done to everyone involved, we are bursting with pride!

As if that wasn't enough good news, we are thrilled that our friends at Andersons LLP in Kinross have chosen us as their good cause for this coming year.

Each year Andersons link up with a local cause or club to try and raise some funds for them. As well as raising a little money they hope to boost the profile of the recipients and have a bit of fun in the process.

Previous groups include Kinross Day Centre, Rock Challenge at the Kinross High School and Pre School Clubs and Playgroups. For the next 12 months or so we are delighted that they will

be raising funds for us! As our tagline says we are 'A community club with a competitive edge' and this community is at the heart of what we do.

Their first event was a bake sale at their office at 40 High Street on Friday 11 October.

They will also be hosting their annual quiz to be held this year on 22 November. Teams of up to six members can take part at a cost of £10 per person which will include a finger buffet..

Places are sure to go quickly for this event, held at Kinross Golf Club, so please contact Andersons as soon as you can if you would like to reserve a table. If you would like to donate a raffle prize they would be more than happy to accept! Drop in and see them to get involved or contact them on [mail@andersons-kinross.co.uk](mailto:mail@andersons-kinross.co.uk).



The Silver squad with the trophy

## Funding Windfall for AeroSpace Kinross

As we go to print, I received breaking news that £1.6 million from the Tay Cities Deal has been awarded to Kinross Aerospace Kinross as a year-round visitor attraction. MSP Roseanna Cunningham said, 'Aerospace Kinross is a fascinating and exciting project that shows that with a little imagination even the sky is not the limit for the potential of attracting visitors to Kinross-shire.' These are exciting times to be in Kinross-shire. We will have a full report in the December Newsletter. ED.



## Kinross Astro and plans for a warmup area at the hockey pitch

Kinross Astro is the charity that owns and operates the synthetic hockey pitch at the King George V Playing Fields. Since the pitch passed into community ownership in 2015, the small team of trustees has been working away to make a success of the facility.

The bulk of the pitch use comes from Kinross Hockey Club, but Kinross High School and Dollar Academy also come regularly, and we have attracted bookings from clubs as far away as Dundee. We were also honoured to have had the Scotland ladies squad training on the pitch, with players flying in from as far away as Germany to take advantage of our facilities. Scottish Hockey's national Under-16 festival recently took place in Kinross too. Having the pitch in community ownership also means that we are able to let local hockey players come down to practise in their own time, which helps standards improve across the board.

The only way we can be certain of being able to continue to provide this facility for the community is to maximise the life of the pitch. It probably needs to last 13 years to be financially viable. We have to build up reserves at a rate of £15-16,000 per year to ensure we can afford to replace it when the time comes. When we came to the community council in 2013 to ask for some money towards the pitch renewal project, some councillors were worried that the pitch might not cover its costs in the long term, so we are pleased to report that in our second full year of operation, we should make a small surplus after putting aside the renewal funds.

It's not all good news though. The cost of running the floodlights is rising alarmingly as electricity bills soar, so

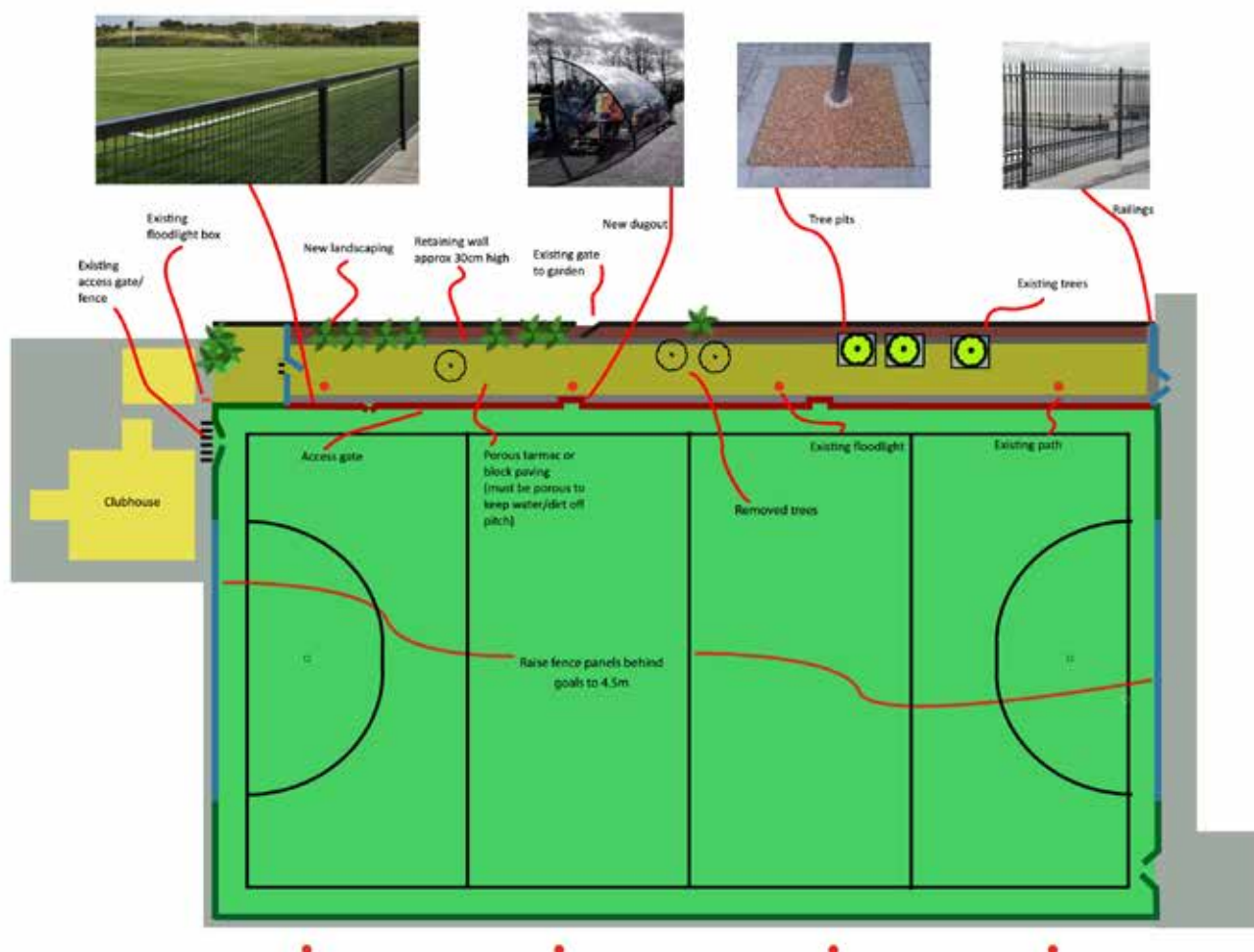
there is a lot of pressure on us to maximise income. We have also had major problems with mud. Teams need a minimum of half

an hour to get ready for games. Last season, we let players warm up outside the pitch compound, but this is a health and safety issue – we have had children warming up in the carpark. If they warm up on the grass, it also leads to mud being brought onto the pitch, which shortens its life dramatically. This season we have said teams have to warm up on the pitch, but this means we have had to reduce the number of bookings we take. The result is that we are forecasting a loss for the coming year, despite increasing charges across the board.

We therefore desperately need a warmup area, and hence we are looking at the possibility of using the redundant strip of land alongside the west side of the pitch. We can't use the east side because there would be inadequate runoff for the rugby pitches – a safety hazard. We first approached our neighbours to discuss the plans back in February 2018 and have been open to further meetings since. Despite this, there have been letters of concern in the last two newsletters, which contain several misconceptions about what we might be planning. This was perhaps inevitable because important details need to be finalised. However, in this article we are going to try to explain what we'd *like* to do. But, as you will see, what we are *allowed* to do could be different. The sketch plan below outlines the details of our proposal.

**KINROSS  
ASTRO**

### Hockey pitch redevelopment, Phase II



## Hockey pitch redevelopment continued

Both the letters in the *Newsletter* expressed concern over losing trees, because these 'soften' the view of the section of fence nearest our neighbours on the Muirs. The good news here is that our preferred option is to remove this section of fence entirely and replace it with a low spectator rail. Then we would simply add short sections of railing at the north and south ends of the strip of land in question in order to secure the area. Unfortunately, PKC would prefer us to move the fence 5 or 6 metres closer to the wall (and to our neighbours' windows), so as to retain a very narrow strip for public access along that side of the pitch. Because the trees would then be right up against the fence, we'd need to extend the height too, and we would also be unable to include any of the landscaping we are intending. Since security fencing is very expensive, we'd have to use the cheapest possible materials elsewhere in the project. It would be the 'antiseptic' area that none of us want.

We would pave the area with some sort of permeable hard standing – either porous tarmac or block paving. Depending on what we could afford, we might have to leave part of the north end as gravel.

If the long section of fencing goes, the trees alongside the pitch will be free to shed leaves and sap onto the pitch, which will shorten its life unless removed. That means many more trips round the site with the leaf vacuum and more pressure on our volunteers. We would therefore prefer to remove some or all of the trees entirely. This would also enable us to set up a small area for children to play on while their parents are on the pitch. However, we are proposing to retain a green buffer strip next to the wall where we will plant evergreens, such as bamboo and/or fatsia. It is also worth noting that removing trees will make little difference in terms of shielding the floodlights, because these are mostly used when the trees are not in leaf. We have also been seeking funding (so far without success) to replace the floodlights with LEDs, which are more 'directional' and so cause less light pollution. The hockey pitch at the KGV is an important community asset. Something like 150 children and 80 adults use the pitch every week. We are struggling to keep that asset – that community amenity – for everyone. We believe that the combination of fence removal and landscaping will help us to do this, while enhancing the site.

*Andrew Montford, Kinross Astro*

## Cash for Skate Park

Kinross-shire Community Sport Hub is delighted to have won £5000 in the Persimmon Homes' Building Futures campaign. The competition culminated in a gala dinner at York Racecourse in October. John Ross, chair of Kinross-shire Community Sports Hub, said: 'Taking part in Building Futures has been a fantastic experience for us and it was so exciting to reach the finals. It was a very emotional evening with such a broad range of groups being represented and we are delighted to have been awarded £5000'.

Kinross-shire Community Sport Hub plans to develop an exciting new, completely inclusive skatepark facility with features that will enable children and young people of all abilities and those with disabilities to participate in skateboarding, scootering, bmx-ing, roller-skating and in line skating.

Stephen Profili, Managing Director at Persimmon Homes North Scotland, said: 'The Building Futures scheme has been a great success. Getting involved with causes across our region has been an amazing experience and we will continue to support groups and charities through our Community Champions initiative.'

The prize winners were decided by a public vote and more than 225,000 votes were cast. Kinross-shire Community Sport Hub would like to thank everyone that voted for them.



*John Ross and Kirsteen Ross (back left and back middle) with the other Scottish winners and Persimmon Homes representatives.*

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## Lathro Farm Planning Breaches

Perth and Kinross Council have been forced to take further enforcement action against Persimmon Homes, over a second failing to protect trees that surround the controversial Lathro Farm development.

Back in June, the Council fenced off a number of streets at the development, as they had been built by Persimmon without the proper consents in place.

Another breach of planning condition notice, plus a fixed penalty notice of £1000, have been given to Persimmon, after moving a fence intended to protect the trees. The notice requires workers to 'erect tree protection measures' which must remain until all construction is completed.

The notice states 'Any construction relating to the development approved required within the construction exclusion zone should be submitted in writing to the planning authority at least 21 days before those works are to take place, and no work should be undertaken without the prior written agreement of the planning authority. Any construction relating to the development approved must be carried out under the supervision of a qualified independent arborist.'

This is the second time Perth and Kinross Council has taken this kind of enforcement action against Persimmon Homes; the same action was taken for breaching the exact same condition two years ago.

According to the *Daily Record*, Roseanna Cunningham said she'd received 'many, many' complaints from people about the condition of their new homes and not being able to get completion certificates for them.

A spokesperson for Persimmon said: 'A breach of condition fixed penalty notice was issued by PKC in relation to a panel of tree protection fencing which had blown over. Contact was made with the council's planning enforcement officer and the fencing reinstated. Persimmon Homes is committed to working in partnership with PKC and the local community to prevent such instances from reoccurring.'

## Trishaws win Community Champion Award

It's been another few great weeks on the trishaws with some new pilots taking to the streets of Kinross and Milnathort. All involved are delighted with the news that the Kinross Trishaws Group was presented with a Community Champion Award from Perth & Kinross Council. Two of the pilots, Petra and George, accepted the award. Kinross Trishaws Group are

truly grateful for this recognition and acknowledge this really is a team effort. They would like to thank local people for the nomination and to everyone that voted, and to say well done to everyone that helps them to make this happen.

They are thrilled to announce more good news; their trishaw storage container now has electricity, which was desperately needed for charging the bike batteries. More thanks are consequently due to Loch Leven Heath Centre for the connection and also to Andy Craig Electrical for his assistance in installing the power.

With colder weather now upon us, offers of rides may be limited in the winter months. Currently both pilots and passengers are enjoying the beautiful autumn colours under our cosy blankets, and the trishaws will persevere for as long as they can.

The trishaws are expected to be involved in a few community projects over the coming months so keep your eyes peeled and if you do see them, please do say hello!

As always if you would like to know more about the Trishaws, please contact them at [kinrosstrishaws@gmail.com](mailto:kinrosstrishaws@gmail.com) or through the Kinross-shire Community Sport Hub Facebook page.



George and Petra accepting the award

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## The Court House Serves Up A Sweet Time For Chas

The Court House Coffee Bar & Restaurant in Kinross recently hosted a dessert tasting for children, families and staff from the town's local children's hospice, Rachel House. Restaurant



*Honor with the CHAS desserts*

Manager Emma Thomson was looking at how to strengthen links with the community in ways that would benefit local organisations. She is a great supporter of children's charities and hit on the idea of adding a menu item that could promote the work of CHAS and donate a portion of the profits from that dish direct to the charity.

'It is really important to me that we support our local community. We are, first and foremost a neighbourhood restaurant and everything we do, from refurbishing the former Court House and opening it up again for locals to use,

to hiring local talent, has that ethos at its heart.'

Head Chef Jordan Lowe created the dishes with childhood in mind and came up with THE P, B & J – a peanut butter crème brûlée served with a homemade jammy dodger on the side and The Marshmallow 'S'mores Sundae – a combination of vanilla ice cream, chocolate sauce, whipped cream and homemade cinnamon biscuits filled with melted marshmallow.

The taste testing team found the decision tough but finally settled on the P, B & J which they agreed was 'creamy, buttery and delicious with a crispy top' and that the 'jammy dodgers were melt in the mouth and we loved how the jam filling was made with strawberries from the Court House garden'.

Alison Blair,  
Activities  
Coordinator

at Rachel House said: 'We really enjoyed our taste testing session. It's really important for us to have strong connections with our local community and the team at the Court House all made us feel extra special and are fantastic supporters. The winning dish that we chose – the P, B & J – is sure to be as popular with the general public as it was with us. Three children die every week in Scotland of a life-shortening condition and right now, CHAS is only reaching one of them. Amazing supporters such as the Court House help us on our mission of reaching every family across Scotland who needs our care.'



*The tasting team had some tough decisions to make*

## Second School Build-a-Plane Project launched....

Aero Space Kinross are delighted to announce that following on from the success of the Aero Space Kinross Build-a-Plane project with Kinross High School, they are about to embark on a second aircraft build. This time, the kit will be assembled at Strathallan School, Forgardenny, Perth.



They are looking for qualified pilots who would like to be involved from the outset in this inspirational project.

For more information please get in touch with Alisdair at [alisdair@aerospacekinross.com](mailto:alisdair@aerospacekinross.com) or on 07825 698613.

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## Portmoak School launches Safe Start

Parents at Portmoak School, Kinnesswood, had their official opening of the newly created 'Safe Start' group on 26 September. At the same time, parents held a Macmillan coffee afternoon to raise funds for a worthy cause, with £396.50 raised on the day.

Safe Start began with a small group of parents from Portmoak Primary who formed a committee and applied for funding, which they successfully received to help set up the service. In the past, parents have had very few available options for pre-school childcare in the Portmoak area. One delighted parent told me, 'I can't remember how I managed without this! My children love coming here.'

Safe Start begins at 8am each weekday between Monday and Thursday, allowing children to be dropped off at the school and providing them with a safe environment in which to play and meet their friends until school begins at 9am. The children can play games and do arts and crafts. Safe Start is not a breakfast club but fruit is available should a child be hungry. The children enjoy a wide range of both indoor and outdoor activities and an extensive range of resources are available to keep them occupied and engaged, allowing parents to head off to work without worry.

If anyone from the school has any enquiries, they can e-mail [portmoaksafestart@gmail.com](mailto:portmoaksafestart@gmail.com) or contact 07762 864090. This number will be available between 7.45am and 9.15am, Monday to Thursday. At all other times please leave a message. The cost per session is £4 and payment is required for the full term in advance.



## Budding Gardeners

The children at Rosemount Nursery have been busy and having lots of fun working in partnership with the Milnathort & Kinross Allotment Association.

Milnathort & Kinross Allotment Association are a Community Allotment Association. They help families, groups and individuals get involved in growing and eating locally grown fruit and vegetables. The allotment site was opened in the spring of 2014. There are now 34 allotments, a community garden, an orchard and 'Learn-to-Grow' Beds, which are available for those who want a small space to try out growing their own fruit or veg.



With a strong emphasis placed on outdoor learning, Rosemount Nursery in Kinross has recently taken up an allotment plot, in order to support the charity as well as to allow their children to learn all about planting and growing. Rosemount are keen to use the expertise kindly offered by Chris Callachan, Secretary of the Association.

Each week the children will enjoy taking the roles and responsibilities of planting and growing seasonal fruits and vegetables. With the expert support of local volunteers, these budding gardeners will enhance their learning about healthy food choices and how our foods grow.

Chris said, 'The board and all the members of the Allotment Association are delighted that Rosemount has chosen to join us and we all look forward to seeing the children reap the benefits of their hard work, not only next year but in years to come.'

You can find out more about the association and what is on offer, at their website, [www.milnathortandkinrossallotments.org](http://www.milnathortandkinrossallotments.org).

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## Councillor Richard Watters

### Men's Shed



It was great to hear that the Men's Shed have been successful in their bid to buy the Swansacre building in Kinross, thus keeping this public building in community hands. When Perth College first placed the premises on the open market, there was a real concern that the building would be 'sold off' to private developers, and another public building would be lost to the community.

Special thanks go to Perth College because when they evaluated the bids, they took into account the 'community benefit' offered by the Men's Shed. This allows the building to be saved and also provides a new home for the Shedders to continue the fantastic work they do in the area.

It was great to see the level of community support that showed the College how much the Men's Shed means to the local community. Letters of support came in from our local GPs at the Health Centre and from some of the Community Councils, as well as other individuals and groups.

As the Men's Shed is currently meeting at the old Forth Wines warehouse in Milnathort, they have problems with heating such a large space. So, the timing of this is perfect and should allow them to move into their new 'warmer home' before winter sets in.

### Action Partnership

Over a year ago I was approached by a local resident, Barbara Buda, regarding the problems she had entering some of the shops on Kinross High Street in her mobility scooter or her wheelchair. She asked if there was anything that could be done to improve this.



*Kinross is now a more accessible place for people with mobility issues*

When I raised this with the Action Partnership, we unanimously agreed that we would support purchasing ramps for any premises that required ramps, by working with the SPARKs group and the Centre for Inclusive Living in Perth. It was great to join Brian and Duncan from SPARKs, to deliver these portable ramps—along with doorbells where required—to the businesses that agreed to take them.

Sadly, Barbara is no longer with us, but we remember that her work in raising this issue has allowed Kinross to be a more accessible place for people with mobility issues. Thank you, Barbara.

**Richard Watters**

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## Councillor Purves

### Update on the Council

First, I must apologise for my absence from recent issues of the *Newsletter*. I hope the following will shed some light on the reasons for this. Some of you may have read about my recent trials and tribulations with the Council in the local press but I thought it might be helpful to give you a fuller update.



As some of you will know, in my role as a councillor, I also sit on Perth & Kinross Integration Joint Board (IJB), which is responsible for health and social care services locally. It is quite a complicated set up as the IJB is a distinct legal entity from both the Council and NHS Tayside but it is fully funded by these two organisations. We then decide how to spend this budget and commission any services required back from NHS Tayside and the Council. Given the fact that there are three IJBs for Tayside (one for each council area) but only one health board, in some case, one IJB hosts a particular service on behalf of all three IJBs and for the whole of Tayside. This is the case for in-patient mental health services in Tayside, which are hosted by Perth & Kinross IJB.

There have been issues with in-patient mental health services in Tayside going back over a decade but there has been significant scrutiny in recent years. The BBC featured a documentary last year, which raised some extremely serious concerns about the way patients were treated at the Carseview Centre in Dundee. This has become more relevant for Perth & Kinross following an IJB redesign programme that was approved in 2017 (before I was a member of the IJB) that sought to centralise in-patient services in Dundee. Similarly, the mental health crisis response team has been centralised in Dundee. This is particularly problematic for people in rural parts of Perth & Kinross. At the same time, very little effort has been made to improve community mental health services despite the one of the key principles of integration being early intervention.

Following the documentary and more recent concerns, NHS Tayside commissioned an independent inquiry into mental health services in Tayside, which was chaired by Dr David Strang. Its interim report was published in May and it is fair to say that it was pretty damning. Its sole recommendation was to pause the redesign/centralisation programme while a comprehensive review of local mental health services was undertaken. Only then should we decide how many in-patient mental health beds we need and where these should be. To me, this seems an eminently sensible and logical approach and was one I thought we should adopt.

While the report was published in May, it was not put on the agenda for the IJB's June meeting despite our being the commissioning body for the services and despite repeated requests for it to be so by my colleague Councillor Stewart—the then vice chair of the IJB—and me in my role as chair of the IJB's Audit & Performance Committee.

At the June meeting, concerns were raised by many members of the Board about the absence of the report and it was eventually agreed that a meeting to discuss the report, to question the chair of the inquiry and to question the transformation team officers would be held by the end of July. It is for the Board and no one else to decide when its meetings are and when to cancel or postpone them.

Despite this, the decision was taken by officers and the chair acting *ultra vires* on the Friday before the Monday the meeting was due to be held that the meeting should be made private. From comments by the chair, we believe that this was because NHS Tayside Board members and officers did not want some information to be in the public domain and that the NHS were concerned that they might lose a vote on whether to pause redesign programme.

Councillor Stewart and I opposed this decision and had lengthy discussions with officers about what gave them—or anyone else—the authority to cancel the meeting when the standing orders are explicit that it is for the Board to decide such matters. We also raised concerns about reputational damage to the IJB, the Council and NHS Tayside of giving the perception that they had something to hide by making the meeting private. The chair and officers attempted to make the public and press leave the meeting, and when they refused to do so, the chair decided to cancel the private session also. It was a spectacle that no one would want to repeat and seriously undermined the public's trust in these three public bodies, which is already very low.

Despite assurances that this meeting would be rescheduled at the earliest opportunity, no attempt was made to do so. Instead, every single meeting of the IJB—public or private; formal or informal—was cancelled for five weeks. The IJB was effectively 'prorogued' to use that very topical terminology. Rather than focus on addressing these serious issues with our public services, a number of individuals have instead decided to make formal complaints about the 'conduct and behaviour' of Councillor Stewart and me before and during the cancelled meeting of the IJB. These complaints claim that we were discourteous, disrespectful, rude, aggressive, bullying, harassing officers and board members.

These complaints are categorically untrue and there are many witnesses from different groups and bodies who can confirm that this is the case. It is clear to me that the complaints process is being used to deflect from the real issue of the embarrassment caused by the decision to cancel the meeting and the serious concerns that we have about the governance of the IJB.

This is not the first occasion that complaints have been made about me or Councillor Stewart. I have serious concerns about the way in which the Council is run and about the way in which decisions are taken, which I know that many of you share. There are only a very few councillors who challenge this state of affairs and question the way in which things are done but every effort is made to prevent us from doing so from all quarters.

It is simply ridiculous that we are now in a situation where challenging decisions or decision-making now constitutes 'intimidating and bullying behaviour'. If I cannot ask a question on behalf of my constituents, one has to question the point of having councillors at all. Under the current way local government is set up in Scotland, it is very difficult to implement the democratic wishes of the electorate at a local level.

Further to these events, a number of other things have happened. The leader of the Council took the decision to suspend Councillor Stewart and me from the Conservative group and the Council administration. He then convened

*continues over page...*



## Councillor Purves continued...

a special meeting of the Council for the sole purpose of removing us from our positions on the Integration Joint Board. Unfortunately for him, the Council voted to keep us on the Board. I did have to note the irony that absolutely everyone was able to attend the hastily convened meeting to discuss our removal from the IJB but the meeting to discuss the important issues of mental health services had to be cancelled.

Since then, the chief executive of the Council wrote to the Standards Commission for Scotland regarding the complaints that had been made. This resulted in their asking for an interim report on the complaints made by us. We were given just five days to respond to these complaints that were riddled with contradictions, inconsistencies and factual inaccuracies. Following this, the Commission ruled on whether to impose an interim suspension on us. They decided not to impose one on me but, unfortunately and—in my opinion—unfairly, the decided to impose one on my colleague Councillor Stewart. A formal investigation into the complaints will now commence and could take many months.

It is important to note that while I have been suspended from the Conservative group and the administration, I continue to sit as a Scottish Conservative & Unionist Party councillor. In addition, it does not, in any way, prevent me from continuing to act as a councillor. In fact, it makes it easier for me to vote with my conscience. I strongly believe that councillors need to reassert their control of the Council and I shall continue to push for this to happen.

I would also like to take this opportunity to thank all of those who have been in touch with words of support on these issues.

### Bridge of Earn GP Surgery

Unfortunately, the problems with the IJB are not limited to mental health. Another service that we commission as a Board is GP services. Recently, one of the partners at the GP surgery in Bridge of Earn left the practice and the only other partner was not prepared to run the practice alone. This meant that without intervention, the practice would close.

NHS Tayside took the unilateral decision to close the GP practice and disperse the patient lists to neighbouring practices. This matters to Kinross-shire as the patients in the Glenfarg area have been reallocated to Loch Leven Health Centre, which is already struggling to cope with the current demand for appointments. This situation will only get worse with the significant level of development in the local area.

Given the fact the IJB was suspended, we were unable to meet before the NHS took the decision to close the practice. My preference would have been that the NHS took on the running of the practice temporarily while new arrangements were considered. This already happens at a number of practices in Dundee and in Angus. I believe that the NHS exceeded their authority by taking this decision, which is already having far reaching implications.

At the first reconvened meeting of the IJB, prior to his suspension, Councillor Stewart proposed that we issued a new direction (the legal means by which we make decisions) to NHS Tayside that the GP surgery in Bridge of Earn be reopened as soon as possible. Thankfully, this was agreed by all members of the Board. While we cannot yet say for certain when this will be implemented, at least we now know the direction of travel.

## Local Development Plan 2

At a recent full Council meeting, we considered the Reporters' assessment of Local Development Plan 2, which determines where and to what extent development will take place across Perth and Kinross for many years to come. Councillors had made a number of positive changes to this new plan to improve public confidence in the process.

One such change was our proposed shift to housing density ranges for development sites to replace the previous 'indicative' numbers. These 'indicative' numbers stretch the definition of the word beyond all recognition and applications for house numbers significantly in excess of the 'indicative' allocation are often waved through by councillors on the Planning Committee. We wanted the upper bound of these new ranges to be an absolute maximum to provide certainty to communities on the level of development in an area and to ensure that the necessary infrastructure to cope with development is put in place in advance of construction.

Unfortunately, the Scottish Government's Reporters put their red pen through this policy and sided with comments made by developers and lobbyists. Not only that, but they made the new policy even worse than the current state of affairs by ruling that the entire range should be considered as 'indicative'. Councils are now required by law to accept the Reporters' recommendations so, frustratingly, there was nothing we could do to overturn this decision.

It is utterly outrageous and undemocratic that unelected and unaccountable government-appointed bureaucrats can ignore the decisions of local elected representatives and do whatever they like with little justification. When the Council adopted the plan, I asked for my dissent to be recorded.

### School Meals

I have had a significant volume of correspondence from constituents on the Council's proposal to introduce a centralised production unit for school meals that would have seen them produced at a single kitchen in Dundee, frozen and then distributed to schools where they would be reheated. This would have generated nearly £0.5 million worth of savings for the Council. Having tasted the meals myself and finding it difficult to tell the difference between the fresh and frozen versions, I personally had no issue with this proposal. Everyone who got in touch with me on this issue, however, disagreed. Parents and other constituents said that they saw the fresh preparation of meals on site by kitchen staff was extremely important to them. Many even said they would be willing to pay more for school meals to ensure that the current arrangements were retained.

First and foremost, I am a representative of my constituents, so in light of this feedback, I voted against the progression of the centralised production unit when the full Council considered the issue in September.

### Casework

May I take this opportunity to apologise to anyone who has been in touch recently and to whom I have yet to respond. Recent events—and responding to them—have taken up an awful lot of time and have meant that I have not got through as much casework and other Council work as I would have liked. I shall endeavour to address any issues as soon as possible. Thank you for your forbearance and understanding.

**Callum Purves**

## Councillor Mike Barnacle

**My address to the Full Council of  
Wednesday 25 September on LDP2.**



Just prior to the LDP2 briefing session I attended on the 8 August, I had queried why we were having them when it's clear from paragraphs 2.5-2.7 that we are directed to accept the Examination Report, however flawed we may feel the conclusions. I find it astonishing that one cannot challenge the unelected reporter's unit regarding what one may regard as a flawed assessment, based on incomplete evidence and only have recourse back to PKC for blind acceptance. This is a clear 'democratic deficit' in the current planning system, sanctioned by the government, which should be challenged at MSP level.

I am advised by legal services that moving amendments may not be competent but I take real issue with the key findings and modifications in the examination report on 3 matters, noting that all has been decided on the basis of written submissions, unaccompanied site inspections and no enquiry or public hearing.

### **1 Policy 1d Place Making (Paras 2.15-2.17)**

The Member Officer Working Group that looked at LDP2 issues decided that a capacity range for house zonings was more appropriate than the LDP1 approach, which simply stated a site number. Since there have been a number of PKC planning recommendations approving site applications in excess of the LDP1 figures in recent times, I was content that the capacity range approach was more flexible but also gave communities some certainty as to the upper parameters of development. I regard the upper figures of the range as something that would have addressed this but the Reporter regards it as inappropriate and has taken the representations from the development sector as 'indicative only'. This is a worse position than before and a 'development charter' which I am totally opposed to.

### **2 Secondly, I find no reference to my representations on policy ER5 which is Prime Agricultural Land.**

This policy is not strong enough and there has been significant failure to protect such finite land for food production from development, both in PKC and elsewhere, contrary to National Planning policy. When we have an increasing population, this is short sighted! Hopefully, the National Planning Framework 4 on rural issues may address this.

### **3 Kinross-shire area – removal of sight MU266 in Crook of Devon (Paras 2.53 & 2.54)**

The reporter's assessment acknowledges the existence of services in Crook of Devon but maintains there is significant local opposition to the allocation of the site and the historical context. My evidence file would dispute this assessment and I would wonder why four local members who supported its inclusion would have done so if such opposition was 'manifest'. The separation between Drum and Crook of Devon referred no longer exists, having been compromised by PKC planning when they sanctioned the Crook Moss Gypsy Traveller site in October 2013 (I have five aerial photos of the site showing eight potential pitches marked when only five are consented and conditions relating to drainage on a site within the Loch Leven catchment of questionable compliance). This site was approved against the overwhelming opposition of the community and local members with no reference at

any time to the landscape consultant's assessment of the area. This consultant's assessment covered both MU266 and the location of Crook Moss. The Fossoway Community Strategy Group, which included myself, changed their position in August 2015 regarding the land being suitable for development following PKC's appalling decision to sanction the Crook Moss site. The Reporter ignores all this evidence in their assessment and for me the greatest prominence at the eastern gateway to Crook of Devon is the Crook Moss 'eyesore' sanctioned by PKC but ignored at site inspection.

The reporter cites MU74 at Blairingone by comparison to MU266 but I would argue that sustainable planning would justify MU266 as more appropriate now for development. Blairingone has 'no services' following the recent PKC decision to close its school (the only community building that remained) with PKC forward planning constantly negative about development interest. Despite this, the Reporter favours development here rather than at Crook of Devon, and illogical position.

As regards the A977 mitigation measures currently planned, it is a stated fact that the available PKC budget for these does not meet the total capital cost assessed as desirable, so the clear possibility of a contribution from site MU266 is discounted incorrectly.

The generous affordable housing element of the site at 50% is a written guarantee and I think there is no possibility of securing same at the alternative smaller sites suggested.

I note that PKC Strategic Housing Investment Plan to 2024/25 contains no provision for affordable housing in the rural villages of Kinross-shire!

For these reasons, I fundamentally disagree with the Reporter's conclusions, based on incomplete evidence, regarding the assessment as an 'opportunity lost' for the community.

I did mention at the briefing, landscape policies but I have made a submission on supplementary guidance on the 12.09.19 and have received an assurance that consideration will be given to my request for a review of designations for Kinross-shire as part of that consultation.

In summary, I would like my dissent recorded on adopting LDP2 in relation to the three matters I have outlined.

Kind regards,

**Councillor Michael Barnacle**  
**Independent Member for Kinross-shire**

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## Councillor Mike Barnacle continued...

*Email to fellow Local Members Plus Cllr McDade Purves and Stewart who have also dissented from the LDP2 decision:*

As with yourselves, I asked for my dissent to be recorded on adopting LDP2 at Full Council on the 25 September 2019. At the recent planning MOWG, I asked if when the Council were writing to the Government about adoption our dissent would be recorded. It clearly will be but not the content. In light of the considerable concern we share about this procedure, I think it would be appropriate to write a joint letter to the Minister responsible and the head of the Reporter Unit but would need obviously your agreement to that course of action.

Councillor Michael Barnacle

*An email sent to Simon Farrer regarding Fossoway School Crossing Patroller*

Dear Simon,

Re your email of 6<sup>th</sup> instant to Fiona Allan, Head of Fossoway Primary School, and our subsequent phone conversation, please note that the Council's Roads Department has confirmed that works at the school road junction with the A977, delayed for some time in a dispute with BT, will not be restarted/completed before January 2020. So, your comment that local works have been completed is inaccurate!

I had previously written to Murray Lyle, Leader of PKC's minority Administration, that I did not agree with SCP removal on the A977 (a road that carries more HGVs than any other road PKC is responsible for) unless a full safety audit of the crossing was done.

I am not aware that this has taken place since I use it, it still doesn't work properly and hasn't for some time. I suggest any decision to remove the SCP, with winter approaching, should be postponed until spring 2020 and if possible rescinded.

Councillor Mike Barnacle

Hello Councillor Barnacle,

I have tried to call you a couple of times and missed you, but want you to know that we are placing the crossing patroller removal at Fossoway on hold.

Following your conversation with me earlier today, it's clear there are issues that require further assessment/information at least. Accordingly, we will arrange a suitable site meeting with you in the near future.

In the meantime, thanks for highlighting your concerns.

Regards,  
Simon

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## Luke Graham, MP



This last few weeks in Parliament have been momentous. The past week began with the state opening of Parliament and the Queen delivering a speech that outlined the Government's legislative agenda for the new session, and the week ended with the announcement that the Prime Minister had negotiated a new deal with the European Union. At the time of writing, Parliament is set to sit on Saturday for the first time since the Falklands War. I will be using the opportunity to fulfil my manifesto pledge and fight to leave the EU with a deal.

Brexit has, quite naturally, dominated the national debate in recent months. But there are other important issues that cannot be forgotten, including support for our rural communities and improving broadband. Without playing the political blame game, the R100 broadband scheme has failed to meet its targets and deadline, and areas such as ours many continue to suffer from internet connections that are considerably slower than the rest of the country. This is what happens when different levels of Government compete rather than cooperate for the good of their constituents. The UK Government has recently announced that £5 billion will be made available to invest in hard to reach areas like South Perthshire and Kinross-shire. This will be delivered directly to local authorities and is planned to be more rapid and accountability clearer for residents.

Since being elected, I have been working with BT, local companies, community groups and individuals to improve broadband in our area, and it is paying off. This work will remain one of my key priorities over the coming months to ensure no one in Kinross-shire is left behind.



The environment and renewable energy is a priority for me, and this has been reflected in my work to date. I became the first Scottish Conservative and Unionist MP to sign the Divest Parliament pledge, which calls for parliamentary pension to divest from fossil fuels, and I have been pushing for geothermal energy development in Clackmannanshire, as well as championing the UK's position as a world leader in off-shore wind power. The UK set the international agenda earlier this year when we became the first major economy to enshrine into law the pledge to become carbon neutral by 2050. As part of our drive to meet this ambitious target, we must address how we consume and deal with our waste. As part of the Tay Cities Deal, I secured funding for a ground-breaking £5 million recycling centre that will be brought to South Perthshire. This will be accompanied by the new International Environment Centre coming to Alloa. We all have a role to play in conserving our environment, as well as providing the investment and jobs will show that we are creating a sustainable, green economy for many years to come.

As always, if you have any issues or concerns please contact me at my office on 2 Comrie Street, Crieff, 01764 680 384 or by email at [luke.grahamoffice@parliament.uk](mailto:luke.grahamoffice@parliament.uk).

Luke Graham

## Councillor Willie Robertson

**Loch Leven:** As I reported last month, I have growing concerns about the effects large-scale house building is having on the water quality of Loch Leven. I wrote to SEPA and they have provided me with the water quality readings they have for the past 20 years. The samples were all taken near to the sluices at Findatie. The highly technical charts were not understandable to a lay person and Dr Linda May of the Centre for Hydrology and Ecology in Edinburgh has kindly offered to analyse them for me.

However, they haven't given me any information about the discharges from the Milnathort and Kinross waste water treatment plants so I have now lodged a Freedom of Information request requesting this.

I am very pleased that SNH have called a meeting of the Loch Leven Catchment Committee for 8 November to discuss many of the issues that are concerning me and many other local people. I will report on this meeting in the Newsletter in December.

**Green Park:** I have been pressing for some considerable time for the pavements in Green Park to be resurfaced as they were very uneven and potentially could cause people to trip. The majority of the pavements have now been done. Hopefully by the time you read this the works will be completed.

**Overgrown Hedges:** If you have a shrub or hedge on your property which borders a pavement or path please make sure it isn't growing over the walkway and cut it back if it is. Overgrown hedges can make life difficult for people with mobility issues, visual impairment or for people pushing prams.

**Loch Leven Heritage Trail:** As many of you who use the heritage trail know, the path around Loch Leven is becoming very narrow in places, making it very difficult for two bicycles to pass or for people using disability buggies. TRACKS are



applying for funding to restore the worst sections to their original width and, hopefully if the funds allow us, to re-dust the most worn areas.

**Raingardens:** I met with a local resident recently who is keen to establish 'Raingardens' in various parts of Kinross-shire. Raingardens are areas of vegetation designed to accept rainfall runoff. They can be used in houses, roads and industrial areas. The vegetation can be a wild flower strip or other planting and can greatly enhance both the biodiversity and appearance of areas where they are installed. I'll keep you updated as plans develop.

**Planning Applications:** As a councillor I am sent the weekly lists of planning applications lodged and determined. If you would like to be kept informed of what developments are happening locally please let me have your email address and I will happily forward the weekly lists to you. Very often people are unaware of planning applications that can affect them until it is too late to comment on them.

**Willie Robertson**



*Overgrown hedges continue to be a problem*

## GrowBiz – Making Rural Business Digital

GrowBiz provides support and advice to anyone starting or growing a small or micro enterprise.

We work with businesses of all sizes and in all sectors, offering a professional, friendly, inclusive and free service.

Our Women's Enterprise Network meeting takes place on Thursday 21 November with speaker Annie Scrimgeour from the Kinross-based Parable Pod – a social enterprise which provides 'counselling with conscience'.

Later in the month we will be looking in more detail at networks of support for social enterprises and how they can help your business achieve its goals.

We also have an online session on how to send a newsletter using Mailchimp, and our ongoing GrowOnline programme which has been developed to help businesses enhance and develop their online presence, making the most of the digital opportunities available to them. GrowOnline is open to anyone, and everyone who signs up to the programme will be able to access a wide range of online resources including ideas, information and tutorials.

As well as all that, we also offer one-to-one meetings for any rural business looking to start, grow or diversify.

For further information on any of our events or to book a space, please see our website at [www.growbiz.co.uk](http://www.growbiz.co.uk). All of our services are free and confidential.

Follow us on social media for news and updates – Facebook (@GrowBizPerthshire) and Twitter (@Grow\_Biz) – and you can also sign up to our newsletters at [www.growbiz.co.uk](http://www.growbiz.co.uk)

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## Liz Smith, MSP

It is always good to hear about communities that have achieved unlikely goals and that is exactly what happened to residents living in Classlochie.

The residents decided to take matters into their own hands when they found out they could actually walk to York quicker than they could download a film from the internet.

Homes at Classlochie had had to contend with ridiculously slow broadband speeds of around 0.5Mbps (megabits per second) even though they were located half a mile from a high-speed internet cabinet.

However, problems occurred when it rained; the cabinet didn't work during inclement weather.

Residents highlighted just how ironic the situation was by stating it could take three days to download a high-definition film, compared to a 69-hour journey to walk to York – a distance of 210 miles on foot.

The community of Classlochie were not included in the Scottish Government's superfast broadband programme and therefore approached Openreach to try to rectify the situation.

Openreach agreed to pay part of the cost of connecting the 14 houses at Classlochie to a fast, reliable broadband service and the local residents funded the remainder, rolled out through the Community Fibre Partnership model.

Andrew Mitchell, a resident from Classlochie Farm, led the community initiative and told a local newspaper how it took up to 70 hours to download a movie. He also highlighted how the poor broadband service had a serious impact on some residents who owned businesses, including a science communications company.

I was also delighted to learn that the service was extended in the local community, resulting in the Openreach broadband service being connected to a further 100 residents.

And Mr Mitchell has recently encouraged other Kinross-shire residents and businesses to apply for £8 million funding which is available through the UK Government for full fibre broadband before the end of the year.

Broadband has been a problem for many communities in Perth and Kinross for some time, especially in more rural areas, so it was a relief to find out the residents in Classlochie achieved their goal. Let's hope other communities facing the same problems can follow suit.

**Liz Smith**

*As ever Liz appreciates the feedback of readers and can be contacted at the Control Tower, Perth Airport, Scone PH2 6PL or via email at [Elizabeth.Smith.msp@parliament.scot](mailto:Elizabeth.Smith.msp@parliament.scot) or on 01738 553990.*



## Roseanna Cunningham MSP

November has arrived and, as usual, it was ushered in with a blaze of fireworks, colourful explosions, lighting up the sky. Fireworks can be fun but they can also be frightening and are at their best – and safest – when part of a properly organised display.

Last month saw the publication of a YouGov survey commissioned by the Scottish Government and involving a representative sample of the Scottish population, showed that 71% of adults supported tighter controls on the sale of fireworks to the public, with over half backing a ban.

This comes on the back of the Scottish Government's consultation on fireworks which ran for 13 weeks and received 16,420 responses from members of the public and stakeholder organisations. It was a process which included 29 public events around Scotland.

There can be absolutely no doubt that clear majority of Scots want to see tighter controls on the use and sale of fireworks. And no wonder. Every year, it seems, the firepower on display gets bigger and, in terms of what people are being encouraged by retailers to set off in their own back gardens, we are a long way now from the Catherine Wheel, a couple of small rockets fired off from a milk bottle and a packet of sparklers that used to be the standard back garden fireworks party.

Out of more than 16,000 respondents to the Scottish Government consultation, over 90% want to see tighter controls on the sale of fireworks and stronger regulations to ensure animals are not caused unnecessary suffering as a result of fireworks misuse.

The consultation invited people to make additional comments beyond the specific questions that were asked and there were frequent references to the harm fireworks can do, particularly in relation to pets, wildlife and livestock. There were particular references to dogs, cats and horses.

Animal-related incidents and concerns often centred around the noise made by fireworks and the need to put in place special measures to keep animals, and especially pets in the home, safe and well.

Respondents also commented that some types of people or people with particular experiences may find fireworks especially distressing or frightening. Examples given included people with post-traumatic stress Disorder (PTSD), autistic people, people with mental health problems, people with dementia, people with learning disabilities, some older people and those with a sensory impairment.

Legislation on the sale of fireworks, however, is reserved to Westminster, and when my SNP colleague Allison Thewliss raised the results of that survey in the House of Commons, the Leader of the House, Jacob Rees-Mogg, replied with a poem and a joke, utterly dismissing the very legitimate concerns that were expressed almost unanimously by the respondents to that survey.

No wonder Scottish Government ministers are now looking at the powers available to them to drive forward action to reduce the damage caused by fireworks misuse.

Yet another reason why Scotland would be better off with the powers of a normal European nation.

**Roseanna Cunningham**



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# Police Box



## New legislation around drug driving

On Monday 21 October a major legislative change was introduced with the introduction of roadside drug driving tests. While there has always been legislation contained within the Road Traffic Act 1988 concerning a person's fitness to drive, the new legislation creates a specific limits offence.

The new regulations specify 17 drugs, some illegal, some medicinal, each with a specified limit. Illegal drugs have limits set very close to zero but high enough to ensure that accidental contact can be ruled out. A driver who exceeds those limits, regardless of their fitness to drive, commits an offence under the new legislation.

Roadside screening tests will be carried by officers that will target users of the 2 most common illegal drugs; cannabis and cocaine. Analysis shows those two drugs were found in the vast majority of bloods analysed in drivers that were unfit to drive.

Any person taking medication in line with a prescription can claim a medical offence unless it is indicated that they should not drive whilst taking the medication. Obviously, they could also still be prosecuted under the existing impairment offence.

The penalties for committing an offence are the same as the current unfit to drive legislation. That is a minimum 12 month driving ban, up to 6 months in prison and a fine of up to £5000.

To find out more information about the drugs involved please visit: [www.legislation.gov.uk/ssi/2019/83/regulation/2/made](http://www.legislation.gov.uk/ssi/2019/83/regulation/2/made)

## Recent Incidents

Between Sunday 13 and Tuesday 15 October a green Fiat motor car was scratched in St Serfs Place, Crook of Devon. (CR/27715/19)

Overnight on Tuesday 15 October in Whyte Place, Milnathort a black motorcycle was vandalised. (CR/27787/19)

Over the weekend of Friday 18 October there were break-ins to 3 properties in Bridge of Earn and Kinross. A quantity of gardening machinery was stolen including a lawn mower, a leaf blower and a pressure washer. (CR/28346/19)

Between 9.45pm, Monday 21 October and 6.30pm, Tuesday 22 October, white paint was thrown over a fence and path at a property in High Street, Kinross. (CR/28367/19)

**Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively, information can be passed anonymously via the charity Crimestoppers on 0800 555 111.**

## Police Scotland – local community

**Telephone 101 for non-emergencies**

Community officers for Kinross-shire:

**PC Ben Clark and PC Matthew Ross.**

**Email:** [taysidekinross-shireCPT@scotland.pnn.police.uk](mailto:taysidekinross-shireCPT@scotland.pnn.police.uk)

Community Sergeant (Kinross-shire): **Sgt Michelle Burns.**

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Katrina Thompson.**



## Ways of following the Police:

Twitter: @KinrossPc or [twitter.com/policescotland](https://twitter.com/policescotland)

Facebook: [www.facebook.com/PoliceScotland](https://www.facebook.com/PoliceScotland)

Website: [www.scotland.police.uk](http://www.scotland.police.uk)

## Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch. The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: [www.pkcommunitywatch.co.uk](http://www.pkcommunitywatch.co.uk)

## Crime Stoppers – Telephone 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

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# LOCH LEVEN — WHO DOES WHAT?

There continues to be a lot of interest from readers about Loch Leven. With that in mind, the *Newsletter* has put together this guide to Who Looks After Loch Leven. There are many different organisations with different responsibilities for various aspects of the Loch, from wildlife to water quality.

The loch is privately owned by **Loch Leven Estates**, but managed under a Nature Reserve Agreement with SNH.

**The Centre for Ecology and Hydrology (CEH)** carry out water quality testing and algal monitoring on the loch. They have collected and analysed samples from the loch every two weeks since 1968. The data are used for research purposes and the outcomes are used to inform the better management of Loch Leven, and others lakes around the world. Recent information suggests that climate change (especially warmer water) may be having a noticeable effect on water quality at the moment, encouraging algal blooms.

**Scottish Natural Heritage**, in conjunction with the **RSPB**, manage the National Nature Reserve (NNR) for its wildlife and visitors. They also have responsibility for the SSSI (Site of Special Scientific Interest) and SPA (Special Protection Area) designations.

**SEPA** is responsible for the water quality of all water bodies in Scotland. They carry out regular testing of the water and monitor loch water quality under the requirements of the EU Water Framework Directive (WFD) and report overall water quality to the EU. Water quality targets are set by SEPA under the WFD and by SNH under the habitats directive.

The results are communicated via their website and can be found on SEPA's Water classification hub. At present only classification information up to 2017 is available, as SEPA is still in the process of determining the 2018 classification.

SEPA also regulates discharges to the loch under The Water Environment (Controlled Activities) (Scotland) Regulations 2011. A great deal of work has been undertaken in recent years to improve loch quality by working collaboratively with Perth and Kinross Council. Any new development in the catchment must provide 125% mitigation for phosphorous to reduce inputs into the loch. All registration level discharges for sewage are automatically escalated to licence level.

**The Catchment Management group** will be meeting in November with all the partner organisations represented. Led by SNH, the group meets annually to discuss trends in water quality and fisheries, and potential solutions to any problems identified.

Management and communication of issues with the loch water quality as it affects public health is the responsibility of **Environmental Health**. P&K council erect warning signs when necessary. 'The ownership of the loch ultimately lies with the landowner but due to the high volume of visitors it is important that any potential health risks are monitored, recorded and acted upon by the necessary regulatory bodies. Therefore routine water sampling is carried out by the Centre for Ecology and Hydrology (CEH). Any evidence of adverse results are passed to SEPA for logging. Should any potential algae bloom be identified, SEPA in turn notify Perth & Kinross Council which will when produce and erect signage at the shoreline of the affected area.'

**Forth Rivers Trust** undertake surveying for freshwater fish species which is part of their monitoring of these species across the Forth Area. They provide this data to Loch Leven Steering Group.

**Scottish Water** manage the sewage works and monitor effluent discharged to the inflows to Loch Leven.

**Everyone Who Lives and Works in the Catchment** has a part to play. The quality of the loch water reflects the activities of everyone who lives and works in the catchment because it receives sewage effluents (from large works and septic tanks) and runoff from all types of land. So, there is shared responsibility to manage the catchment sustainably, too.

Photo: Roy Gilmour



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## Rains, Drains and Automobiles

Roads and car parks are typically impervious and therefore shed most of the rain which falls on them as runoff, which has to go somewhere. The traditional (and most expensive) solutions were to provide open grids to collect runoff at points along the road edges or, in a car park sometimes in the centre. Clearly the impervious surface needs to be laid so that it drains towards the collection points. The grids of course need to be connected to collector pipes which have to be laid under the surface and connected in turn to larger pipes and sewer systems. The rainfall onto an impervious surface mobilises litter and other debris such as leaves and twigs, as well as pollutants such as traces of oil and sediments. To prevent the pipes getting blocked, each grid therefore sits on top of a gully pot; a carefully engineered mini silt-trap with a sealed base and a higher-level connection for overflow into the drainage pipe. Heavy sediment and some of the other material washed off the surfaces will settle out in the trap. The size of the typical British gully pot is too small to settle out all the pollutants and of course does nothing for oily runoff.



*Car park and road runoff: diffuse pollution is most evident in wet weather*

The gully pots do however, retain a permanent pool of water beneath the level of the outlet pipe. And that pool becomes a toxic, anaerobic death trap for amphibians and sometimes small mammals which drop into it.

Automobiles are the principal reason why the runoff from roads, driveways and yards is contaminated and therefore requires treatment, not just control of flow rate. Vehicle washing, ad hoc drips and leaks of oil and other chemicals, while usually individually minor, are still likely to add

contaminants to local streams unless trapped in the drainage features. Happily, research funded by SEPA in 2003-4 showed that oil, the most ubiquitous contaminant of urban runoff, decomposes in aerobic soil and degrades when exposed to sunlight when left as films on vegetation. Therefore passing road or driveway drainage through a grass strip is effective for pollution control if the feature is designed properly. This is why the excellent grass swale serving the link road from South Kinross up to the Park and Ride is the best treatment option.

From a taxpayer's perspective, it is also an excellent example of cost-effective technology; no gully pots, grids or pipes. The entire carriageway drains down from the M90 side into the grassy channel along the other side.

In the West Kinross example the treated runoff from the swale, passes through a constructed wetland for 'polishing' to create good river quality before discharge. The two-stage pools there are a small wildlife haven; snipe and mallard are frequent visitors, as well as breeding frogs, and in spring and summer a profusion of wild flowers.



The West Kinross drainage features are exemplars and form the basis of proposals for a Kinross Raingardens Trail. Good things are possible for new developments.

### Don't be an urban creep

What about existing car parks? The place where the rainfall can safely pond and slowly seep away, is not the surface of most existing car parks, but the green margins around it. There is a lot of scope for building that opportunity into plans to up-grade existing car parks.



*Cleaning out the silt trap reveals dead or dying newts, frogs, toads and other animals amongst the oily saturated leaves and debris. Is more evidence needed of the toxic contribution of our conventional drainage to the water environment?*



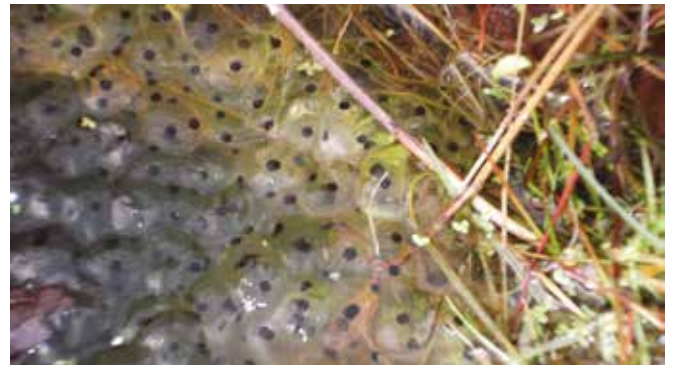
What no-one should be doing is adding drainage pipes, grids and gullies to existing unmade ground. That would be a serious example of 'urban creep' – when an area with no conventional drainage or connection to the sewers, is converted to an impervious one with direct connection to the drainage system, with all the implications for adding to flood risks and pollution.

There are plans currently under consideration to up-grade the car parking area serving the Boathouse-Kinross Pier; let's ensure that it will be another exemplar for best practice, right alongside the National Nature Reserve which gives Kinross its principal feature: Loch Leven.

*BJ D'Arcy, b.darcy@btinternet.com  
Independent Environmental Consultant*




*The grass swale on the link road, West Kinross*




*The wetlands serving the swale drainage West Kinross, with greater reedmace which stand proud through the autumn winter, and spring flowers adding colour earlier in the year, as frogs spawn in the safety of the pools*

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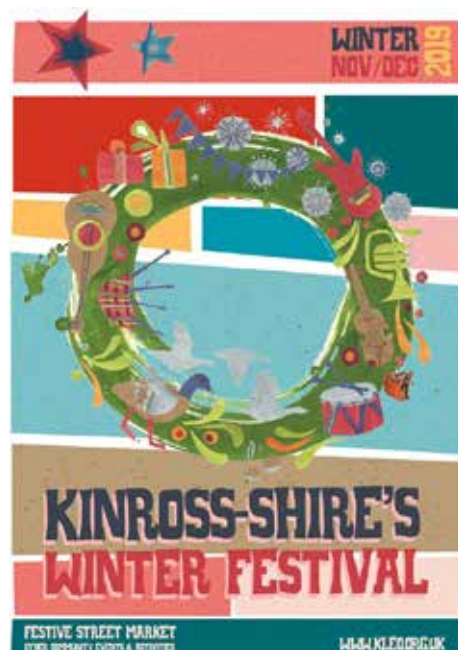
# Kinross Winter Festival

## Festive Street Market and Light Up Kinross Saturday 23 November, Kinross High Street from 4pm-7pm

Light up Kinross are delighted to announce that Mark Beaumont, athlete, broadcaster and author, along with his family, will switch on Kinross Christmas Lights on 23 November at 7pm at the Fountain in the High Street.

Mark is an international cyclist holding the record for round the world in 79 days as well as many other cycling feats. He has also published several books of his exploits and is a great ambassador for Scotland. He also has a connection to Kinross, as he is the son-in-law of Ron and Trish Kitchin.

Come along on the night and support your Christmas lights, there will be a collection.



### Have a good Blether at this year's Kinross-shire Winter Festival

KLEO is a Bookweek Scotland partner and during the winter festival we hope to bring some exciting blether themed events!



## Winter Festival events

The Winter Festival's Headline Act is **Dougie MacLean (Sat 7 December, 8pm, Campus) £22.**

There are only a few remaining tickets available at the time of writing. See the end of this feature for details on how to buy tickets.



### Gerda Stevenson

Award-winning writer/actor/singer-songwriter Gerda Stevenson, reads and sings songs from her acclaimed collection, *QUINES: Poems in tribute to women of Scotland.* (Wed 20 November, 7.30pm Campus), £5



### Jess Smith

Jess Smith is a Scottish Traveller. Humour and fun run through her story of life as a Scottish Traveller, which she will share at this year's Kinross-shire Winter Festival. (Thur 21 November, 7.30pm, Campus), £5





**Mining Sense Memory** – a Writers' workshop with Janis Mackay (Mon 18 Nov, 7pm, Campus, 7pm) £10



**Artie's Tartan Tales with former Singing Kettle Star Artie Trezine** (Tue 19 November, 4pm, Kinross Parish Church) £5 adult, £3 child

**The Blether Bus**, a bus tour with stories around Loch Leven (11am and 2pm), Bus leaves from campus, £10, Sun 24 November

#### Kinross-shire Entertains

(Fri 8 November, 7pm, Campus)

KLEO have Partnered with local Youth Work organisation, KYTHE (Kinross-shire Youth Enterprise) to showcase the variety of talent that Kinross-Shire houses. If you have got a talent, we want to see it! Join us for an evening of fast paced fun that is absolutely going to entertain you! If you would



like to take part please contact Gillian from KYTHE Gillian@KYTHE.org.uk or Nigel at the Acoustic Music Workshop. Email acousticmusicworkshop@gmail.com

**Mamma Mia Abba Sing-a-long** (Fri 15 November, 7pm, Campus), £5

What's not to love about shamelessly belting out the words to your favourite ABBA songs!

**Billy Kirkwood: All Talk**, 8pm (Sat 16 November, 8pm, Milnathort Town Hall), £10

**Choirs Together**, (Sun 17 Nov, 7pm Campus), £5 (£3 concession)

**Festive Street Market/Light Up Kinross** (Sat 23 November (4pm-7pm))



For more information and tickets for the above events go to [www.kleo.org.uk](http://www.kleo.org.uk)

Tickets also available from Morgans Solicitors and Estate Agents in Kinross, and Light Up My Heart in Milnathort

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# KINROSS HOUSE

An important piece of Scottish architecture, Kinross House was the masterpiece of Sir William Bruce and was built in 1685. Sir William Bruce's importance was greatly underestimated, but his house in Kinross has now an esteemed place in Scottish architectural history.

It was the first neoclassical Palladian-style mansion ever built in Scotland. Driven by desire to create a beautiful vision for the future, William Bruce was credited with introducing the classical style to Scotland. Kinross House draws inspiration from the romantic landscapes of Renaissance Italy. It was thought to be highly avant-gardewhen it was built. It was a radical departure from the battlements and turrets of the fortified castles that dominated the Scottish landscape in the seventeenth century.



## Sir William Bruce

Sir William Bruce was born in Fife in 1630, when Scotland was in a state of turmoil. Insurrection and civil war culminated in the execution of Charles 1. William Bruce, a loyal Episcopalian, approached General Monk (the virtual ruler of Scotland) and convinced him that the Stuarts should return to the throne.



## The Grand Salon

*A magnificent salon spanning much of the front of the house, plentiful seating, baby grand piano, beautiful chandeliers, working fireplace. Can seat up to 100 guests for dining.*

General Monk send Bruce to Holland as a secret envoy to the Royal Family in exile. To reward him for his part in the Restoration of the Monarchy, Charles II appointed him Clerk to the Bills in the Parliament House, and conferred a Knighthood upon him. Being an excellent architect and landscape gardener, William Bruce was also made Surveyor-General, or Master of the King's Works. His most notable appointment was the redesign of the Royal Palace of Holyroodhouse in the 1670s, which he transformed into a baroque palace. He was involved with some magnificent houses including Thirlestane Castle and Hopetoun House. As a 'gentleman architect', Bruce was used as an adviser to the nobility. His influence was wider than his list of buildings suggests. He was best known for the way he emphasised the formal settings of great houses and their relationships with the garden and the wider landscape.

When the 9th Earl of Morton suffered financial difficulties, ambitious Bruce seized the opportunity to acquire the house. Work began almost immediately, with master stonemasons and craftsmen brought in from all over the world.





*The spa has a hydrotherapy pool, sauna, relaxation room, nail bar, and three spa treatment rooms.*

*Spa guests enjoying relaxing in the courtyard*

The house contained all the latest trends from the continent, a move towards comfort, convenience and above all privacy, with separate stairwells and mezzanine levels for servants. The magnificent Grand Salon on the first floor was the gathering place for the social glitterati of the day.

Kinross House remains a testament to the rich history and noble pedigree of the Estate. The precision of the design and architecture is plain to see, an imaginary straight line running from the western entrance gates, along the driveway, through the centre of the house, through the gardens, and across the Loch straight to Loch Leven Castle. Bruce made the castle the focal point for his design.

### The Grounds

Widely regarded as one of the finest formal gardens in Scotland, the gardens had become a wilderness until Sir Basil Montgomery inherited the house in 1902 and began sensitively restoring the gardens. The gardens are now world-renowned with over 10,000 species of plants and trees.

There are over 100 acres of beautiful formal gardens, manicured lawns, walled gardens and meadows. Bruce's dedication was such that he landscaped and planted the gardens 10 years before the house's construction, so that the house would be set in a mature landscape.

Sir Charles Lyttleton, concludes a letter to Sir William Bruce, dated 18 October 1687, 'I hear Lady Lauderdale's gardens at Ham, are but a wilderness to be compared to yours at Kinross, of which I wish you all the content and true satisfaction your own heart can desire.'

### Restoration

The current owners acquired the property in 2011. They began a unique restoration project and a real labour of love with a team of specialists, carefully selected to restore

Kinross House to its former glory; a testament to the vision of Sir William Bruce. The soft, mellow stone, quarried from 'Nevingstoun' in the Cleish hills, has retained its attractive soft grey colour.

Today, the house has been fully restored and updated to create a magnificent luxury home offering an indulgent experience for up to 48 guests. One of the finest private residences in the UK, Kinross House offers a billiards room, whisky library, fine art collection as well as beautiful original features, columns and stone floors. Fabulous formal reception rooms are linked to create a seamless space for lavish entertainment, and boast stunning views.

### The Coach House and Spa

In 2015, extensive refurbishment of the charming and historic stable buildings, which were built in 1680, was completed. The Coach House comprises a dramatic double height dining hall which holds up to 60 guests, a striking tartan library bar, a picturesque courtyard garden, walled kitchen garden and a further 10 bedrooms for up to 20 guests. The Coach House also offers a small and intimate boutique Day Spa.

**Photos:** With thanks to Kinross House Estates

**Sources:** *Kinross House and its Associations*, Mrs N.H Walker, 1990. *Historical Guide to the County of Kinross*, Kinross Antiquarian Society

*At the west end of the lake, and the gardens reaching down to the very water's edge, stands the most beautiful and regular piece of architecture in all of Scotland, perhaps in all Britain, I mean the house of Kinross...*

Daniel Defoe, 1726



*The Whisky Library – with a vaulted ceiling, cosy fireplace, comfy seating and a selection of whisky.*



*The Montgomery – super king size four poster bed, beautiful views and an en-suite bathroom.*

# Health & Wellbeing

## News from the Health Centre



### Annual Flu Campaign

The final Saturday clinics for this year's flu season are on Saturday 2 November and Saturday 16 November. Appointments may now be booked with reception. **Please do not wait for a letter to be sent to you inviting you to make an appointment. If you are eligible you may make your appointment now.**

We would encourage all those in the following groups to come for a flu injection:

Over 65s	Those aged 65 and over on 31 March 2020 (Born on or before 31 March 1955)
Those aged 6 months or over in a clinical 'At Risk' Groups	Chronic respiratory disease and asthma that requires continuous or repeated use of inhaled or systemic steroids or with previous hospital admissions. COPD including chronic bronchitis and emphysema Chronic heart disease Chronic kidney disease: kidney failure or transplant, nephritic syndrome Chronic liver disease: cirrhosis, chronic hepatitis Chronic neurological disease: stroke, TIA Diabetes Immunosuppression Asplenia or dysfunction of the spleen
Pregnant women	Pregnant women at any stage of pregnancy
Long stay residential	Those living in long stay residential care homes or other long stay care facilities
Unpaid Carers and young carers	Those who, without payment, provide help and support to a partner, child, relative, friend or neighbour who could not manage without this help. This could be due to age, physical or mental illness, addiction or disability. Young carers are those under 18 who carry out significant caring tasks and assume a level of responsibility for another person which would normally be taken by an adult.

Please note that patients who do not fall into these categories or who have no other clinical reason for receiving the flu vaccination will not be given the vaccination.

Clinicians will visit the residential and nursing homes as usual to administer the vaccination.

### Shingles

The shingles vaccination is available to all those aged 70 to 79. Those aged 80 or over are not eligible. The shingles vaccination is only administered once and it can be given at the same time as the influenza vaccine. If you are eligible for both vaccinations, please advise our receptionist of this on booking your appointment.

### Children's Nasal Flu

From October 2019 all children's flu vaccinations will be administered by the Tayside Children's Immunisation Team rather than by the GPs and nurses in St Serf's and Orwell Medical Practices. This will include pre-school children aged 2-5 years, at risk children aged 6 months to 18 years, primary school children, and children who have missed flu vaccination at school. Parents who wish to request the flu vaccine for their children will have to call a central phone number to make an appointment with the children's immunisation team. The number is 01307 475240.

### Prescription Ordering

There are a variety of ways for patients to order repeat medication.

Registering with a local pharmacy. Patients who register with Rowlands in Kinross or Davidsons in Milnathort or Bridge of Earn can order their medication at the pharmacy. The request will be delivered to us and we will return the signed prescription to the pharmacy. This saves patients having to come here to collect the signed prescription. Ordering on Line. Patients can sign up to use our on-line ordering system via our practice website: [www.lochlevenhealthcentre.co.uk](http://www.lochlevenhealthcentre.co.uk).

Delivering the right-hand side of the prescription to the Health Centre. The right-hand side of a prescription gives a list of medication which is on repeat. Items required can be ticked to re-order them and any items not listed can be written on the bottom of the form.

The Health Centre will not accept requests for repeat medication over the telephone for patient safety reasons.

We would recommend that patients order their repeat medication a week before it is due to run out. This ensures that there is sufficient time for your doctor and our administration staff to process the request and for the pharmacy to dispense the medication. Thank you.





## Recycling is not enough

Those of us who spend time rinsing out our jam jars and washing and sorting our plastic before consigning most of it to the blue bin, are justified in feeling proud that we are contributing to recycling waste that would otherwise end up in landfill. Recycling is a great way to break down our waste and create something new, or even something the same, but it is very energy intensive.

Recycling has just become an excuse to continually feed the waste stream. Perhaps it shouldn't be our first impulse when trying to be environmentally friendly. If we buy a single-use plastic bottle of water and recycle the bottle, it's too easy to just go out and buy another one. While this is better than the bottle ending up in landfill, it's nowhere near as good as carrying a water bottle that we can refill and re-use. Have we become too complacent with our 'good' recycling habits? 'When thinking what to do first, the answer is 'reduce and reuse' over and above recycling and composting,' says Julian Kirby, at Friends of the Earth. 'Recycling is good, but it still uses lots of energy, water and other resources.'



If we really want to care for the planet, we need to re-use and repurpose items before we think about recycling them. Times may have changed, but perhaps we need to step back a little to a time when clothes were mended, rather than binned and items made to be re-used multiple times, and not just once. This is a step back that could really be the way forward. Disposable items were invented more or less when plastic

was, something we are all now hopefully trying to use less of. If we choose higher-quality items, that are built to last, we won't need to buy replacements for them quite so quickly. Our current high-waste consumer culture encourages us to buy cheap, replace things often, and be reckless in the way we shop.


### Re-use and re-purpose, don't recycle

Recycling involves a great expenditure of energy, in heating, melting and reconstituting items. While you may just want rid of your pile of glass jam jars, there is undoubtedly someone else who might want and actually re-use them. Wouldn't it be better to turn your desire to get rid of something into a kind deed that benefits someone else, rather than a pile of broken glass that needs to be recycled?

There are some obvious benefits to re-using instead of recycling, and they are not all just about saving energy. It makes great financial sense to re-use items where we can instead of buying new ones, and purchasing second-hand items can save us money as well as conserving resources.

Re-purposing our waste, whether it is passing our unwanted clothing to someone else, or upcycling items into artwork or other creative projects, starts a chain of thought about how we can reduce our consumption in general and avoid needless packaging and waste, making us more responsible. Sometimes you can keep your old stuff going with a spot of tinkering. 'Repair cafes' are springing up for this very purpose. People have even found ways to re-use their non-recyclable plastic waste. By filling empty bottles with small cut up pieces of cleaned plastic, squashed in as tightly as possible with a poking tool, you can make an eco-brick (a really solid, dense plastic bottle filled with plastic that meets a minimum weight requirement – not as easy or quick as it sounds) and use it as a 'brick' for building projects. It's possible to make garden benches, footstools, and in some countries, people are even building houses with ecobricks.

Having to re-use and re-purpose the materials that we buy puts the burden back on us as individuals to get rid of our waste, without resorting to the unconscious act of throwing everything we can in to the recycling bin and feeling good about it.



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## Avoiding plastic


Plastic often seems inescapable. It covers drinks, food, office and home supplies, clothes, cleaning products, tools, technologies, and almost anything you order online. Avoiding it and trying to live more sustainably is hard. But as the scale of plastic pollution around the world becomes increasingly problematic, causing serious harm to wildlife, governments and businesses are re-evaluating plastic production and investing in alternatives. Everyday people have been some of the main driving forces behind this shift, demanding legislative bans on certain types of plastic and compelling

businesses to invest in sustainable alternatives. **Don't think that your individual actions don't count.**

While some courageous people have documented their efforts to go zero-waste, including avoiding all forms of single-use plastic, that's not realistic for most people. The demands of daily life make it hard to avoid single-use plastic at all times. The actions listed here can help you make a real difference and, if adopted widely, would accelerate the movement toward a zero-waste future.

### Ways to reduce and recycle plastic


1. Give up gum (did you know nearly all chewing gum is made of plastic?) Britons are the second biggest consumers of gum in the world, chewing an estimated 130 sticks per person each year.
2. Cook from raw ingredients.
3. Give up bottled water. If Europeans used reusable water bottles, 6741 tons of plastic litter would be prevented each year.
4. Say no to plastic straws.
5. Take a reusable mug with you on the go. Around 2.5bn coffee cups are thrown away every year in the UK alone – that's seven million a day!
6. Use the supermarket carrier bag collection point for all your soft (stretchy) plastics: bread bags, breakfast cereal liners, frozen food bags, bubble wrap, and magazine and newspaper wrappers.
7. Avoid polystyrene pizza discs and look for cardboard ones.
8. Take re-usable bags with you to do your shopping.
9. Use containers for storing food, and use re-usable food wrappers rather than cling film.
10. Try product refills – many people are now ordering milk in glass bottles again.
11. Support businesses who sell takeaway food in cardboard boxes (or even better, take your own leftovers for lunch at work).
12. Buy loose leaf tea – did you know teabags contain plastic?
13. Support the supermarkets who are trying to reduce plastic, by buying loose produce.
14. If you think an item has used excess packaging, complain about it!
15. Use a scoop shops, or by buying from small shops who use paper bags or let you take in your own containers.



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# Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

## Kinross Community Council News from the October Meeting

**Present** at the meeting held on 2 October were Community Councillors (CCLrs) William Freeman (Chair), Margaret Blyth, David Colliar, Ian Jack, David West, Lynne McKay and Tom Stewart and Perth and Kinross Councillors (CLrs) C Purves and W Robertson and four members of the public.

**Apologies** were received from CCLrs J Bryson, C Aird and D Cuthbert, along with CLrs M Barnacle and R Watters.

### Police Report

CCLr D West to contact Police regarding anti-social behaviour. A member of the public asked if there had been a risk assessment regarding the pelican crossings at Station Road and Springfield Road. Cllr W Robertson to action. Regarding local fire query why Fire Service came from Lochgelly. To find out a letter or email will have to be sent to the Fire Service.

**Meeting Day for CC:** Masonic Hall letter proposed we take the second or fourth Tuesday for our monthly meetings. Deferred to next meeting. CCLr W Freeman will convene with our Local Councillors. Date to be confirmed for next meeting due to new members from 7 November. No meeting on 6 November.

**Scottish Poppy Appeal:** CCLr L McKay informed she will continue as Area Organiser for Kinross and surrounding areas.

**Approval of Adoption of Accounts:** These were passed and adopted. (Ian Jack has now resigned from the CC).

### Matters Arising:

Ian Jack will hand over treasurer to new member. Communications by emails directly.

Cllr Callum Purves: Hatchbank Pathway ongoing.

Bridge of Earn Surgery Practice: Cllr Callum Purves. Practice to be temporarily state run – NHS said no-close! Integration joint board to try and reinstate. NHS has been asked to reinstate.

A member of the public raised concerns for the pressure on our surgery.

Cllr Mike Barnacle: Regards no cutting of grass on the link road as it's covered in wild flowers.

A member of the public raised concerns about the crossings and why a private meeting had been held with no consultation? Cllr Robertson said Parent Council to hold a meeting.

School Patrols Kinross Primary Station Road and Springfield Road. Cllrs Robertson and Purves will check on the risk assessment issue and ask for PKC to pass to us all.

Kinross Town Centre Regeneration. Funding costing £4000ish. CIF, AMTT, KF. Near future.

Provost's Lamp. On going, looking for funding and placing of lamp in town centre.

Anti-social behaviour at Lathro Park. Cllr Purves has been speaking to residents in the area. Residents are being told to phone the Police 101 if they see or hear anything in their area. A meeting will be set up including the Community Council.

### Planning matters

Planning applications received

**19/01484/LBC.** Alterations of Bank of Scotland, 2 High Street, Kinross.

**19/01435/FLL.** Change of use from agriculture land to form extension to garden ground (in retrospect). Land adjacent to 2,3,4,6,7,8 and 13 Newton of Classloch, Kinross.

**19/01406/FLL.** Formation of a vehicular access and hard standing area and erection of a wall and gate (in part retrospect) 72 Muirs, Kinross.

**19/01546/FLL.** Alterations to dwelling house 5 Curate Wynd, Kinross.

**19/014976/FLL.** Installation of replacement windows at 8 Piper Row, Kinross.

**19/01475/CON.** Demolition of dwelling house at 27 Curate Wynd, Kinross.

**19/01516/FLL.** Alterations and extension to dwelling house at 104 Argyll Road, Kinross.

### Planning Applications Determined by PKC

**19/01295/IPL** Erection of dwelling house (in principle) land 60 metres north of Braeside Cottage, Kinross, approved.

**19/01096/FLL.** Complete demolition of buildings, erection of 2 dwelling houses, 4 flats and associated works (in retrospect) Kirkland's Garage 10 High Street, Kinross, approved.

**19/00818/CON.** Demolition of buildings (in part retrospect) Kirkland's Garage, Kinross, approved.

**19/01254/FLL.** Formation of raised decking and steps (in retrospect) 11 Douglas Crescent, Kinross, approved.

**19/01136/IPL.** Erection of dwelling house and garage with ancillary accommodation (in principle) Land 20 metres south of Breaside House Hatchbank Road, Gairney Bank, Kinross, approved.

**19/01048/FLL.** Alterations and extension to dwelling house 17 Renton Drive, Kinross, approved.

**19/01033/FLL.** Extension to dwelling house 12 Alexander Drive, Kinross, approved.

**19/01007/FLL.** Alterations and extension to dwelling house (partly in retrospect) Hawthorn Cottage, Gairney Bank, Kinross, approved.

**19/00845/FLL.** Siting of a modular building for visitor's reception and air traffic control facility, Balado Park, Milnathort, approved.

**19/01224/FLL.** Change of use from bank (Class 2) to shop, tea room and bakery takeaway, The Royal Bank of Scotland PLC, 55 High Street, Kinross, approved.

**19/00653/FLL.** Erection of 8 floodlights British Car Auctions, Kinross, approved.

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### Councillors' Reports

Cllr Purves: Mental health services to be centralised to Dundee under further review. School meals to be centralised to Dundee to be kept fresh in PKC.

Cllr W Robertson: The path at British Car Auctions will be cleared by them to open the path up. Members of public to cut trees back within their property. Water quality in the loch still waiting for results being assessed FOI – SEPA.

Cllr R Watters: In absentia – Springfield road crossing – problems with site of BT boxes and plans maybe for a path behind them for disability access. Also, pavement ramp is noticeably steep. This may cause delays in the upgrade of this crossing.

### Reports from CC representatives

Lynne McKay – Springfield Road/Muir's parking when large event at Rugby Club, concerns were raised regarding dangerous parking and driving from visitors to event on 29<sup>th</sup> September. More planning necessary for this type and size of event. Suggested the CC make contact with them.

North cemetery grass cutting and mess left – response from Willie Robertson was that a new member was on and this has now been addressed. Suggestions were raised about compost bins for the grass cuttings and other compostable material.

Scotbet building painting – Willie Robertson said it will be done some time in October.

Cleish road fly tipping to be reported to PK or 101.

Any other competent business:

St James Church got no notification of the works involved at the old High School. This is being looked into.

CCllr Ian Jack who has retired, was thanked for all the work he has put into the Treasurer Job for the last few years.

Remembrance Day: Sunday 10 November – Church Service 10am – Cenotaph 10.45am.

Partnership Meeting CCllrs D Colliar and M Blyth – new bank to be opened with the Community Council and Partnership.

Davies Park – refurbishment of the park on hold until next year.

**The date of the November meeting of Kinross Community Council is still to be confirmed. Please see [www.kinross.cc](http://www.kinross.cc) for details.**

Kinross CC minutes and agendas are posted online at:

**[www.kinross.cc/cc.htm](http://www.kinross.cc/cc.htm)**

You can also follow Kinross CC on Facebook at:

**[www.Facebook.com/KinrossCC](https://www.facebook.com/KinrossCC)**

## Milnathort & Orwell Community Council News from the October Meeting

**Present** at the meeting held on 10 October were Community Councillors (Cllrs) Craig Williams (chairman); Matthew Leach and Sean Colebourn; P&K Councillor (Cllr) Callum Purves, minute-taker Elizabeth Rougvie and eight members of the public. Apologies were received from Cllr Willie Robertson.

**CC Membership:** The chairman advised that the community council had been saved as five people had put their names forward for membership and had been duly selected. As there are eight places on the CC, an election will not be necessary. The first meeting of the new CC will be chaired by a Cllr Robertson, when various roles will be allocated. The new CC comprises Craig Williams, Sean Colebourn, Elizabeth Rougvie, Malcolm Thomson and Andrew McCrae. CCllr Leach advised that the next meeting will be his last, but he will assist whoever takes over the roads brief.

**Football pavilion:** The chairman expressed concerns about the state of the football pavilion currently being built in Donaldson Park. It was not wind and watertight and the soffit was in poor condition. Following discussion, it was agreed that the matter should be investigated as the project was partly funded by the Arthur and Margaret Thompson Trust and it was felt that the money should not be misused.

### Police matters

CCllr Colebourn had no recent incidents to report but drew attention to two ongoing police initiatives:

**Windows 10 telephone scam:** The caller will claim to be from Microsoft, but in fact the bona fide organisation will never contact customers in this way.

**Domestic abuse:** October marks the fourth anniversary of the Disclosure Scheme for Domestic Abuse in Scotland, which gives individuals the right to ask about a partner's history and the police the right to tell if they have concerns about someone's safety. Since the scheme was launched, 2760 disclosures have been made.

### Matters arising

CCllr Leach reported that he had had a positive meeting with a representative from P&K Community Greenspace, as a result of which the following issues at Jessie's Park are to be addressed:

The wall at the top of the park is crumbling and unsafe.

The fencing at the top of the wall is in a poor state of repair.

At the lower end of the park there is a sizeable drop down to where the bottle bank is located, which could pose a danger to young children. A child could also jump on to the top of the bottle bank.

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The goalposts next to the wall need to be relocated.  
The bench requires varnishing.  
Railings are loose.  
The opening on to Victoria Avenue is dangerous due to poor visibility.

#### Planning matters

Applications submitted: Extension to house at 8 Auld Mart Road **19/01443/FLL**, noted.

Applications determined: Erection of a replacement workshop and office at Drysdale Fencing, Ladeside Yard, Stirling Road **19/01243/FLL**, approved, noted.

Erection of three hangar buildings and formation of hardstanding at Balado Park **19/00844/FLL**, approved, noted.

#### New matters and correspondence:

**CCTV:** A letter was received from PKC asking for comments from outlying areas with regard to the upgrading of CCTV in Perth. This has received funding from the European Regional Development Fund, which is only available for cities. The issue of installing CCTV has been discussed at the CC before but the idea has been shelved due to the complications involved in its maintenance and divided opinions in terms of privacy. However, Cllr Purves will investigate whether it is practical for the CC to acquire its own CCTV kit.

**Police:** Cllr Colebourn advised that he had emailed the police regarding their attendance at CC meetings but was awaiting a reply.

#### Roads and safety

**Crossings:** Cllr Purves advised that zebra crossings are to be replaced by pelican crossings at locations where school crossing patrol officers are withdrawn. As there is currently no zebra crossing in Stirling Road, he will find out whether a pelican crossing will be installed straight away. He will also find out when the South Street zebra crossing is likely to be converted into a pelican crossing, although this will not be in the near future.

**North Street:** A number of residents raised concerns about the closure of North Street beyond Morton Wynd, about which they had not been informed. The diversion signs were thought to be confusing and traffic was being misdirected. In addition, sewage had seeped on to the driveway of one resident but no remedial action had been taken. It was considered that the six-inch pipe that currently carries sewage down the street would be inadequate once the Pace Hill development was completed.

**Pace Hill:** There followed a lengthy discussion during which concerns were again raised about the volume of traffic that

would inevitably result when the new development was occupied. It was noted that the development would now include two more houses.

**Pitdownies:** A lengthy discussion took place with regard to the proposed Pitdownies development. There have been more than 160 objections to the application, and all objectors will be notified prior to the committee meeting at which it will be considered. They can then ask to speak at the committee by applying three days in advance. The CC urges objectors to attend as a delegation.

#### Other business:

**Loch Leven:** A member of the public advised that Cllr Robertson had contacted Dr Linda May at the Centre for Ecology and Hydrology, who had found an increased level of phosphates in Loch Leven. Cllr Robertson will follow this up.

**Road closure signs:** Cllr Purves will ask if anyone from the roads department could check the diversion signs relating to the closure of North Street.

**Stirling Road:** The vehicle activated sign in Stirling Road is currently not working. Cllr Purves will follow up.

#### Councillors' reports:

**Cllr Purves** said that the doctors' surgery at Bridge of Earn had closed and most of the patients from Glenfarg and south of Bridge of Earn were being sent to Loch Leven Health Centre. NHS Tayside has been asked to reinstate services in Bridge of Earn as soon as possible.

#### AOCB:

**Police attendance:** A member of the public expressed concerns at the recent spate of break-ins and attempted break-ins in the village. He felt police attendance at CC meetings was unsatisfactory. Cllr Colebourn will follow up.

**Audio system:** An audio system is being acquired from Portmoak Hall for use in Milnathort Town Hall. The chairman will ask the Town Hall Committee for a further update.

**The next meeting of Milnathort and Orwell Community Council will be held at 7.30pm on Thursday 14 November in Milnathort Town Hall. Members of the public are invited to attend.**

Find Milnathort CC minutes, agenda and other information at:

- [www.milnathortcommunitycouncil.org](http://www.milnathortcommunitycouncil.org)
- [www.facebook.com/milnathortcommunitycouncil](https://www.facebook.com/milnathortcommunitycouncil)
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- Loch Leven Community Library
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## Portmoak Community Council News from the October Meeting

**Present** at the meeting held on 8 October 2019 were Community Councillors (CCllrs) M Strang Steel (Chairman); R Cairncross (Secretary); B Calderwood (Deputy Chairman and Treasurer); S Forde; and D Morris; and P&K Councillors (Cllrs) M Barnacle; C Purves; and W Robertson; and George Lawrie (TRACKS); and 8 members of the public.

**Apologies** were received from CCllr G Cox; and Cllr R Watters; and Police Scotland.

### Matters Arising:

**School Access:** to achieve clear access for large vehicles (including emergency vehicles) to the school and, separately, to secure safe access routes for children. Despite repeated requests over the past year to progress on this matter, PKC had made no response. However, in advance of this meeting the Project Officer, Traffic & Network, had advised that 'Buchan Avenue and Bruce Road waiting restrictions were included in the list of potential projects being reviewed for the Road Safety Projects Assessment Criteria Report. Due to the proximity of the school, the park and the bus stops (public amenities), the scheme records a high score and ranking. As a result, it is currently in the List of Traffic Regulation Orders (TROs) being progressed. New drawings and a covering letter are being prepared and should be distributed before the end of this month. Any decision on whether to proceed will depend on the feedback from the community. As explained previously, even with objections, the proposed restrictions could still go to the Environment and Infrastructure (E&I) Committee. The report would detail the various expressions of support and opposition. Then, it would be up to the Committee whether to refuse, request an amendment or approve the proposals.'

### Footpath from Scotlandwell to the Church, Hall and beyond.

There had been no progress over the past year. In advance of this meeting the Project Officer, Traffic & Network, had advised that 'The assessment and ranking of the footpath scheme was based on an estimated cost for the length of path to be constructed over the distance between the village and the church, regardless of which route is selected. The scheme was placed at number 495 at that time but has since been overtaken by projects with a higher ranking. It is sitting amongst over 50 schemes which cannot currently be delivered as land is not available within the road boundary. The majority of these projects are footways contained within the New Rural Footways report. As stated previously, no

progress has been made assessing any of the suggested footpath routes as priority is being given to those projects that have already been agreed with the Local Elected Members at Committee, and which can be delivered within the agreed timeframe and budget. We have not had the staff resources to start on the Scotlandwell footpath(s). However, schemes remote from the road corridor would normally be assessed and constructed by Community Greenspace.'

The CC considered this response inadequate. The current route was seen as dangerous for pedestrians and long recognised as unsuitable for children necessitating school transport to and from Scotlandwell. The long awaited option appraisal of identified routes would inform progress. Some, but not all of the identified routes, lay within the road boundary.

**Resilience – being better prepared for risks. Community Emergency Plan.** Report deferred.

### Review of Scheme of Establishment of Community Councils.

The CC noted the outcome of the recent Community Council Election. Four members were declared elected with effect from 7 November 2019: Graham Cox, Anne Cragoe, Susan Forde and Dave Morris.

**Portmoak Cemetery.** No progress to report. It was noted that the forthcoming Local Development Plan provided for a 'cemetery search' in the vicinity of Burleigh Castle.

**Rural Transport (Kinross-shire Community Transport Group).** CCllr M Barnacle reported that an initial meeting to explore options for the provision of rural transport within Kinross-shire had not attracted the anticipated participation. A further meeting would be arranged.

**Vehicle parking adjacent to traffic-calming islands.** The CC had requested that, instead of formal traffic restrictions, road markings in the immediate vicinity of build-outs be refreshed. This was being considered by PKC but such work was not undertaken in the winter months.

**Hedges:** 1) Woodmarch: contact with the owners had yet to be made; 2) Bruce Road/A911 junction: initial trimming had been effected. 3) Footpath from Easter Balgedie to Kinnesswood: a preliminary cut had been undertaken. 4) impeded sight-lines to the left at the junction of the road from Wester Balgedie/Glenlomond with the A911.

**Kinnesswood Village Shop.** A Steering Group had been formed. There had been an initial meeting in the shop.

**Loch Leven:** arrangements for assuring and sharing information on water quality. There had been increasing interest in this matter across Kinross-shire. While over





the years there had been a gradual improvement in water quality, there was concern that that may not be continuing. In response to a FOI request to SEPA Cllr W Robertson had received data detailing the levels of a number of measurable modalities taken primarily from a single point near the sluices. No information had been included on 'effluents' entering the Loch. He had asked The Centre for Ecology and Hydrology (CEH) to comment on the data. He noted there was particular concern that, as a result of heavy rainfall, the Milnathort/Kinross Wastewater Treatment Works could be overwhelmed and that as a result raw sewage would enter the Loch. The CEH had previously advised that it was important to keep Phosphorus (P) inputs into the loch as low as possible because, without P, the algal blooms cannot develop whatever the weather. Any increase in P from waste water treatment works would be of concern. If it can be shown that storm events (which seem to be increasing) are leading to more overflows of untreated sewage into the loch, then that would need to be addressed. Raw sewage effluent contains about 20 times more P than the equivalent amount of treated effluent. SNH would shortly convene an annual meeting of the many groups with interest in the water quality of the Loch. This year all councillors would be invited to participate. The CC considered that more information was required on effluents entering the Loch.

#### Police Report

No local report. The CC noted the Area Commander Bulletins of: 11, 18 & 25 September and of 2 October.

**Treasurer:** The balance at the month ending 30 September 2019 was £586.70 in the General Account; and 2021.23 in the Michael Bruce Way Account giving a total of £2607.93. The new financial year will now run from 1 September to 31 August. Following transition to these new arrangements the CC approved its audited General Account from 1 April 2019 to 31 August 2019 for submission to PKC. This showed: an income of £700; expenditure of £113.30; and a net balance of £586.70.

#### Planning

Progress with Developments: Westfield. Fife Council had advised of a non-material variation to Planning Application **18/02342/ARC**. The Council has confirmed that these reflect several 'very minor' changes to the plan.

**Roads:** The CC noted: 1) on the B920 leaving Scotlandwell the drain on the left behaved as a 'spring.' Water was backed up and could not reach the ditch running alongside the Moss Access road; 2) on the A911 at Wester Balgedie opposite the

Toll, despite drain clearance water still accumulated. 3) the continuing problem on the B920 of unresolved road works on the Gullet Bridge over the New Cut.

#### Scotlandwell Puffin crossing

The CC had been surprised to learn from Councillors of an intention to pursue a puffin crossing on Main Street Scotlandwell. It had sought further information. The PKC Project Officer, Traffic & Network, had advised that a puffin crossing in Scotlandwell is currently ranked as 409 on the overall road safety projects assessment List. Of the 53 requested controlled crossings, it is ranked number 5 – but that list is still in draft form. He reported that in this case, the request for a puffin crossing in Scotlandwell came from a resident. The Community Council would be consulted at the first phase of the public consultation, along with the Councillors, before any major project progressed (similar to TROs). There is no timescale for this work as, at present, PKC is focusing on delivering the puffin crossings already agreed. CC members expressed concern that a proposal for this puffin crossing, which would have significance on the traffic management situation in Scotlandwell, had been progressed by PKC staff to the stage that it had been entered onto the projects assessment Lists and had received ranking positions on those lists. It was noted that this situation had arisen as a result of a proposal from a single resident which the CC was unaware of and was unrelated to any previous discussions between the CC and PKC as regards road matters in Scotlandwell. A further query was why PKC staff had spent time evaluating this proposal, in advance of any CC consideration, when these same staff had repeatedly failed to answer queries from the CC and Councillors and failed to advance most of the road projects agreed with the CC, over many years. It was suggested that guidance was needed within PKC roads department on staff time priorities and, in the case of approaches to them by individual citizens, these should simply be recorded and the individual advised to raise the matter with their local CC. The expectation would be that PKC would not take the matter further unless a recommendation was received from the CC. The Councillors indicated that they were sympathetic to this suggestion and would consider how best to raise it with PKC.

#### Paths Group

**Path from Lochend to Heritage Trail.** George Lawrie of TRACKS reported on a recent successful meeting with representatives of the Scottish Gliding Centre, Lochend Farm and Shop, and the CC. The meeting had been chaired by Cllr



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W Robertson of TRACKS and had achieved agreement to take forward the path from the Heritage Trail per Levenmouth and the Scottish Gliding Centre to Lochend Farm and Shop.

**Dryside Road, Access & Maintenance.** Anne Macintyre of the Paths Group indicated that the pathway was now readily passable as a result of recent volunteer strimming work plus the installation of the new gate by PKC. There was still a need for two signs to direct users through Easter Balgedie so that the Dryside Road could be easily followed.

**Cllr W Robertson** commented that, with the change in governance in PKC (now run by a minority administration), the influence of councillors was weaker.

**Cllr Barnacle** reported that, in respect of the new and forthcoming Local Development Plan, some ward councillors had objected to some of the comments made by the Scottish Government Reporters and the current process which required local authorities to accept the Reporter's recommendations without modification. This would not delay the formal approval process and publication of the Plan. Councillors would raise their concerns with Scottish Ministers.

**Cllr Purves** reported that NHS Tayside had closed the Bridge of Earn GP surgery and this had led to the 're-allocation' of some patients to the Kinross surgery. In his view this process was flawed as responsibility for GP surgery provision lay with the Joint Board and not with NHS Tayside acting alone. He understood the matter would be revisited and it was expected that the Bridge of Earn GP surgery would be re-opened with new arrangements in place. He also advised that PKC had reversed the proposed arrangement for the central preparation of school meals in Dundee and that the A911, unlike other comparable roads in Kinross-shire, had not attracted support within LDP2 as PKC had still not prepared the promised 'Action Plan' for the road.

Matters previously notified plus raised from the floor. Insurance Cover for Resilient Communities, Food growth Strategy PKC Survey; and Fuel Poverty Awareness Sessions, PKC.

**AOCB:** At the conclusion of the meeting, retiring members Malcom Strang Steel (Chairman), Bruce Calderwood (Treasurer) and Robin Cairncross (Secretary) were thanked for their long service to the CC along with Tom Smith, Alison Robertson and Andrew Muszynski, who had also contributed as members of the CC during its present term.

**The next meeting of Portmoak Community Council will be convened by Cllr C Purves at 7.30pm on Tuesday 12 November 2019.**

Portmoak CC minutes can be viewed:

- on the notice board in the village hall
- in a file in Kinnesswood Village Shop
- on the website [www.portmoak.org](http://www.portmoak.org)

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## Fossoway and District CC

### News from the October Meeting

**Present** at the meeting held on 1 October were Community Cllrs (Cllrs) S Bruce-Jones, A Cheape, T Duffy, C Farquhar and R Young; P&K Councillor (Cllr) M Barnacle and nine members of the public.

**Apologies** were received from CCllr G Pye, Cllrs C Purves, W Robertson and R Watters.

#### Matters Arising

Hydro Scheme/New Bridge (known as Rumbling Bridge Gorge Bridge). Hydro Scheme – CCllr Duffy advised there was nothing to report. Rumbling Bridge Gorge Bridge – a member of the public corrected the agenda item by stating this was the correct name. Background work remained ongoing regarding costs, land-ownership etc.

**Powmill in Bloom:** CCllr Farquhar reported that the Well-Kept Village competition judged on 10 September had resulted in three stars for Powmill and two stars for Crook of Devon and thus was well worth the effort put in by all concerned.

A member of the public referred to the untidy grass verges, a P&K council responsibility which had not been well done, thus requiring participants to make use of private garden machinery.

**Powmill Play Park:** Cllr Barnacle had received an email from Brian Cassidy at P&K council confirming that contracts had been signed and work should start by mid-October. Brian Cassidy had undertaken to provide a layout plan.

**A977 Mitigation:** CCllr Duffy expressed concern at inaction from P&K council. Cllr Barnacle had written to Frank Mills at the Roads Department who had referred in correspondence to a dispute with BT regarding underground cabling. Tayside Contracts were committed to recommencing operations by mid-January with a full road re-surface from the Inn to the village hall. Discussions on the budget were scheduled for February and it was hoped that the school crossing would be improved and re-instated. A member of the public expressed concern at the effect on emergency services of traffic control generally although this was not regarded as a major concern.

**Vegetation on Aldie Road:** Nothing had been done and a member of the public referred to the uncut hedges in Powmill on the south edge of the A977. Cllr Barnacle would report to the roads engineer.

**Fly-tipping on A91:** CCllr Cheape explained that there was now a locked gate on the field access by the Devon Bridge previously a prime fly-tipping site. A member of the public referred to continuous fly-tipping at Briglands and Aldie Road.

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Cllr Barnacle undertook to add this to his letter addressed to Nigel Taylor, Roads Engineer.

**Fossoway Area Transport/DRT:** Cllr Barnacle referred to the disappointing attendance at a recent meeting with Rural Outreach arranged by Kinross and Glenfarg CCs. Meantime he awaited notes from Margaret Roy and there was a need for a greater commitment from the public if the Fossoway Area Transport Scheme was to flourish – another meeting was now urgently required.

**LDP2:** Cllr Barnacle had put out a press comment and he further advised that along with Cllrs Robertson and Purves he had spoken at the meeting of the full Council on Wednesday 25 September in protest at being unable by law to challenge the Reporter both on designations and capacity limits. Referring to what he believed was a flawed decision on the Crook of Devon site Cllr Barnacle stated that there was now no provision in LDP2 for affordable housing in the rural villages in Kinross-shire until 2025.

There was now a move towards the creation of a Fossoway Community Development Trust (for consideration by the new Community Council convening in December) on a model successfully established in Comrie and Stanley.

**Cemetery Extension:** Cllr Young reported that a verbal estimate had been sought from David Johnman to clear the site and lay hardcore in the region of £17,000 + VAT. Ground would be made available on a 40-year lease from P&K to FCC and discussion developed on public liability and the extent to which some of the necessary works might be undertaken by local farmers with suitable machinery – this could lead to difficulty with the use of red diesel. Cllr Barnacle intended speaking to Dave Stubbs who might have useful ideas on funding. Cllr Cheape had expressed a willingness to provide space on land at Harelaw for spreading material subject to approval from SEPA.

**Blairingone War Memorial:** Background activity remained ongoing and an estimate from a stonemason should be available before the next meeting.

#### **New Business:**

**Heart 200 Route:** A member of the public expressed concern at the increase in litter evident in particular in Carnbo. Further a general view was expressed that the Heart 200 initiative was unlikely to offer practical local benefit.

**Road Signing:** A member of the public expressed concern at inadequate provision – Cllr Duffy would take this up with the Roads Department. A member of the public drew attention to the 20mph limit with flashing lights at Blairingone despite the recent closure of the Primary School.

#### **Community Council Business:**

Meetings Attended: Cllr Cheape noted that Kinross Fund business had been carried forward to the next meeting in December – no current applications.

CC Process: Accounts to 31 August 2019 were circulated, approved and signed by Cllr Duffy who further advised that there was now no need for an AGM.

CC Elections: There had been eight nominations and thus no requirement for an election and the new CC would convene at the December meeting.

#### **Councillors' Reports:**

**Mike Barnacle:** Cllr Barnacle referred to the difficulty of holding meetings in Blairingone following the closure of the Primary School. With this in mind a letter drop had been arranged proposing a meeting in Powmill Moubray Hall to discuss how best to resolve the situation.

**Seamab extension/rebuild:** Cllr Barnacle had written to Tamsin Ferrier regarding the state of the access road and requesting that this should be taken into account at the planning stage. A member of the public referred to the intended expansion of Seamab to take children up to the age of 18 and how this might affect security.

#### **Planning Matters**

New Applications:

**19/01355/FLL** Alterations and extension to dwelling house and installation of a flue at Appin Rumbling Bridge, no CC comment.

Decided Applications:

**19/01073/FLL** Formation of 5 touring caravan pitches and associate works land 50 metres east of Powmill Cottage, Rumbling Bridge, approved, no CC comment.

**Correspondence received** – Cllr Bruce-Jones drew attention to a letter from PKC/SSAFA dated 10 September referring to VE Day 75th Anniversary events scheduled for 8-11 May 2020 and a letter dated 27 September from Christine Grant at PKC in connection with the nominations tally for the Community Council Election (referred to above).

**AOCB:** Cllr Cheape through the Chair noted the recent death of Sir Robert Stewart – formerly Lord Lieutenant of Kinross-shire, County Councillor for Kinross and latterly (in the 1980s and early 1990s) a member of this Community Council. Sir Robert had also been the founder of the Best Kept Village Competition and in very many ways had played a large part in community affairs over a period of 70 years.

**The next meeting of Fossoway and District Community Council will be held on Tuesday 5 November 2019 at 7.30pm in Powmill Moubray Hall. All welcome.**



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Fossoway & District CC minutes are posted on the website

**www.fossoway.org**

and on their Facebook page, along with other community related information. Search for Fossoway & District Community Council on Facebook.

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## Cleish and Blairadam CC News from the October Meeting

Present at the meeting held on 7 October were six community councillors (Cllrs) F Principe-Gillespie, H Somerville, P Fraser, R Kitchin, M Traylor, F Whalley and eight members of the public

**Apologies** were received from Perth and Kinross Councillors (Cllrs) M Barnacle, R Watters, W Robertson and C Purves, and CCLlr R Cairney.

### Crime Prevention

There were no police officers in attendance. There have been some thefts in Milnathort, and from the building site in Maryburgh alongside the Tabernacle Hall.

### Financial Update

PKC funds have come in, so there is now £700 in the account. There are 5 outstanding Newsletter printing invoices. Our annual expenses are currently in the region of £670 per year. CCLlr F Principe-Gillespie is to look at reducing the costs of our website and email hosting.

### CC Elections

CCLlrs FPG, FW, MT and RC are all re-elected. PF, RK and HS all stood down. The new CCLlrs are Paul Appleby, Nigel Robertson, James Leishman

The enlargement of our CC boundary has been agreed by both Kinross and Fossoway CCs, and by PKC. This has not yet been ratified and there is no expected date for this to happen.

### Planning

Pending: Change of use and extension of a travellers pitch at Greenacres; Extension at Hardiston House; Stable building at Kinnaird

Refusal: Dwellinghouse at Blairforge, at the Old Piggery

Withdrawn: two houses at Cleish Mill Steading

### New Applications

House at Millwood – the CC has already made representations against this proposal.

Watergate Farm – modification of existing permitted development – change in roof pitch. No concerns received or voiced.

North of Hillcrest – this site has a previous history of prior refusals by both planning officer and review body, with decision based on unacceptable housing density and lack of amenity space. There appears little in this new application that has addressed these concerns. There were objections raised from local residents at the meeting as well. The CC will object again.

The new LDP is likely to be adopted on 7 November 2019. There is little affect for our rural area. Concerns were reported regarding the removal of both lower and upper limits for development in the wider area, against the wishes of both local Communities and Cllrs.

### Village updates – Blairadam

There may be disruption due to road closures whilst the 2 new houses by Tabernacle Hall are connected to the mains services.

There has been significant development in the provision of FTTP broadband services to Maryburgh and Keltybridge. 70/170 houses have expressed an interest, and a quote has been received from Openreach for Phase 1 of the development. More information is at [www.blairadam.net](http://www.blairadam.net).

### Village updates – Cleish

Cleish was awarded 3 Gold Stars in the Well Kept County (Hamlet Division)

### AOCB

There has been no further information on possible school development. It was agreed that this should be put onto the agenda. It was suggested that there should be some community input into the school development.

The Chair thanked CCLlrs P Fraser, R Kitchin and H Somerville for their many years on the CC.

**The next meeting of Cleish and Blairadam Community Council will be held on Monday 25 November at 7.30pm at the Tabernacle Hall.**

More community information for Cleish & Blairadam CC  
is posted on the website  
[www.cleishandblairadam.org.uk](http://www.cleishandblairadam.org.uk)



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The Happy Dog Company is also on Facebook





# Club & Community Group News

## Potager Garden

[www.potagergardenkinross.com](http://www.potagergardenkinross.com)

In September the school children who had visited the garden in the summer term returned to see how everything had grown, and to harvest and taste some of the produce. They took turns to taste, dig up potatoes and do a bug hunt, and each took some potatoes, onions and runner beans home, with a recipe for Potager veggie soup. Thanks to Margaret, Jean and Norma for helping with the session, and the parents who came to help. The photo shows one of the groups of happy potato pickers.



*School children working in the garden*

On 29 September, we held our coffee morning for Macmillan Cancer Support, on a lovely sunny day, with many visitors. We raised £270, which is excellent, as well as selling plants for garden funds, many thanks to all the volunteers and visitors for your generosity.

I have also been supporting the primary school in developing an outdoor learning area in the Hayfield, with help from the Newsletter fund, and a volunteer has now installed a circle of simple benches around an oak tree there and we will also be renovating the notice board and installing new signage and interpretation boards.

We are now tidying the garden before the winter, and have been donated some more plants for our stocks. Thanks to the anonymous lady who left some hellebores and others, and to Maureen for lilies and irises. We always welcome hardy plants if you are dividing perennials, but we have enough plant pots at present, thanks. Although the garden will be closed now, you can contact me as below, or via the Facebook plant and seed swop.

The team will continue to meet on a Monday morning for an informal chat, which worked well last year to get to know each other better, while the weather isn't conducive to outside work. We will also again hold a fundraising Christmas wreath workshop in Gateside, contact Amanda James for further details at [amandajames1577@gmail.com](mailto:amandajames1577@gmail.com) or on 07963 476803. We also have a new Facebook page.

## Kinross in Bloom

October saw the planters emptied and the hanging baskets taken down. Thanks to Murray Hunter and the team from the Rugby Club for helping us take the baskets down. The winter pansies have been planted and the order for the summer plants has been done.

Our activities are nearly over for the year and our thanks to the many people who have helped Kinross in Bloom throughout 2019. We are a small but enthusiastic group and we do appreciate the support we receive.

Over the summer we replaced several planters at the Courthouse and there are a few others around the town we will have to replace.

Crosswell Fountain continues as a project for Kinross in Bloom. Hopefully, we will be able to have the fountain restored in 2020. We are working with Taking A Pride in Perth & Kinross Association to obtain funding for this listed C structure. If you would like to support us by making a donation then please visit [www.justgiving.com/campaign/kinrossfountain](http://www.justgiving.com/campaign/kinrossfountain). Many thanks.

### 200 Club October Draw

- |                             |                           |
|-----------------------------|---------------------------|
| 1. No. 64 Alison Sutherland | 2. No. 55 George Mitchell |
| 3. No. 32 Clare Hill        | 4. No. 34 Dorothy Hutton  |

Our AGM will take place on Wednesday 6 November 2019 at 7pm in the Church Centre, followed by our regular monthly meeting. We would gladly welcome any new volunteers who want to help with the work of Kinross in Bloom in 2020. If you would like to help in any way, please contact [susan.mitchell150@gmail.com](mailto:susan.mitchell150@gmail.com), Secretary, Kinross in Bloom.



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## Kinross-shire Volunteer Group and Rural Outreach Scheme

On Friday 27 September over 40 people braved a torrential downpour to honour Ann Munro of Carnbo, Kinross-shire. Ann had been instrumental in setting up volunteer community transport in Kinross-shire 37 years ago. Initially as a volunteer with the Rural Outreach Scheme she became involved in the amalgamation of ROS with the Kinross-shire Volunteer Group. Thirty years ago in May, Ann was employed as co-ordinator of KVG & ROS, a position she held until her unexpected death in April this year.

It is an indication of how highly thought of and respected Ann was that so many people attended the planting of a silver

birch in her memory at the Loch Leven Health Centre. The tree was planted by her daughter, Jane, son Ross and their families. Most of the people standing out in the rain were past and present volunteer drivers and committee members but several doctors, nurses and reception staff from the Health Centre were also there to pay their respects to the person who was the voice and face of KVG & ROS.

The tree planting was followed by a finger buffet lunch for everyone who attended to celebrate volunteering in Kinross-shire. Sandy Smith, chairman of KVG & ROS spoke about Ann and all the other volunteers who give so much of their time. He also thanked Tracey Ramsay of Community Learning and Development who made the lunch possible. In closing Sandy thanked and presented flowers to Nesta Hogg. Nesta who has been a committee member, secretary and volunteer driver for 'more years than she cares to remember' retired as a driver in August. Always willing and cheery, Nesta is being missed by the service users that she has helped so much over the years.

During the chat over lunch it became obvious how rewarding the volunteers find driving the elderly service users. Often the appointments are to hospital, medical centres and so on, but we also take people to meet friends, go to the hairdressers or shopping. These are journeys that most of us take for granted but for the housebound they brighten up the day.

Due to ill health and retirement KVG & ROS are badly in need of more volunteer drivers, if you are interested in joining the team please call Sandy Smith 01577 862536 or Pauline Watson 01577 862685 for details.



*The silver birch planted in memory of Ann Munro*

## Inner Wheel

[www.innerwheel.co.uk](http://www.innerwheel.co.uk)

At our October meeting President Susan Teale welcomed our guest speaker Ninian Crichton-Stewart, a distant relative of Robert the Bruce, who gave us an inspired talk on Falkland Old School and Estate. He explained how he left the family seat and home to broaden his horizons by engaging in social work in Glasgow, only coming home to his family seat at Falkland after a break when his children were young. He gave us an insight into the projects currently underway at Falkland Estate and his thoughts for the future of the estate.



Our next meeting is on Monday 11 November at Milnathort Golf Club when our speaker will be Lesley Niven, the chair of District 1 Inner Wheel. We meet at 6.15pm for 6.30pm prompt for our meal. For more information about Inner Wheel contact us at [admin@innerwheel.co.uk](mailto:admin@innerwheel.co.uk).



*Inner Wheel Club President Susan Teale with  
Ninian Crichton-Stewart*

### PLANNING PERMISSION BUILDING WARRANTS

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## Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

Autumn and early winter can be wonderful seasons for walking, with the trees at their colourful best. We are a relaxed and friendly group and would be very happy to welcome new people on our weekend walks. So, do come along and try out a walk or two to see if you'd like to join us. We operate car-sharing but it is not essential to have a car.

### Weekend Walks

**Saturday 2 November. Atholl Woods, 7 miles.**

Quiet forestry trails to reach the loch at Mill Dam before returning through mature woodland overlooking the Tay and passing picturesque Polney Loch.

**Saturday 16 November. Balbirnie Estate and Star of Markinch, 5 miles.**

Through the wooded estate, past the ancient Stob Cross and a Victorian graveyard. Gradual ascent to a footpath and over fields into Star. Walk will be followed by a meal and AGM in Balbirnie Golf Club.

In case it turns cold and wet, you do need appropriate clothing, including boots/strong shoes and waterproofs. Bring water, a packed lunch and a hot drink.

For further details of where to meet us, or for general enquiries, please call our Group Secretary, Ann Eve, on 01577 863887.

### Tuesday Short Walks

Due to an influx of new members and the large number of people now walking with us, we regret that at present we cannot accept any new walkers on a Tuesday. We would, however, be very pleased to welcome anyone interested in trying our weekend walks.

**Tuesday 12 November. Devilla Forest, Kincardine.**

A woodland walk on paths and tracks through the mainly Scots Pine forest. Various points of interest.

**Tuesday 26 November. Cupar – Riverside East, Tarvit Pond and Tarvit Farm.**

Circular route with a varied terrain of farm tracks and good paths with some pavement walking. There are scenic views over Cupar.

For more information contact the Walks Co-ordinator, Edna Burnett, on 01577 862977.

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### Need Equipment for a Community Event?

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Items are listed on [www.kinross.cc](http://www.kinross.cc) at:

[www.kinross.cc/equipment\\_hire/equipment.htm](http://www.kinross.cc/equipment_hire/equipment.htm)

If your community group has items it would be prepared to lend or hire out, please add them to the list.

## Kinross-shire Local Events Organisation

[www.kleo.org.uk](http://www.kleo.org.uk)



**Kinross-shire Winter Festival** celebrates all local events, organised by local community groups and businesses, that are happening in November/December in Kinross-shire. See our feature on pages 32-33.

### Kinross Farmers' Market

Kinross Farmers' market is taking a winter break until 25 April 2020. If, however, you would like to book a stall for then please send an e-mail to [info@kleo.org.uk](mailto:info@kleo.org.uk)

### Kinross Kacophony Orchestra

Always wanted to play your instrument in a group but never had the chance? An orchestra for adults, all abilities welcome but it is handy if you read music. Wednesday evenings with conductor Dougie Flower from 7.15pm to 9.15pm at Loch Leven Community Campus. Fee is £5 a session.

**Leven Voices** is a fun, informal drop-in singing group which you can join any time. No music reading or singing experience is necessary. Tuesday evenings with Horsecross Arts Tutor Alice Marra from 7.30-9.30pm at Kinross Parish Church. Fee is £4 (£3 concession).

For more information about KLEO events go to [www.kleo.org.uk](http://www.kleo.org.uk) or e-mail [info@kleo.org.uk](mailto:info@kleo.org.uk)

## Kinross Historical Society



The winter season of talks got off to a wonderful start with 'Around the NC 500' by Willie Shand. A large turnout of members and visitors thoroughly enjoyed the trip, which Willie said was his best for the year. His trip took five days, camping out each night. He went in May in the hope of good weather and not too many midgies or tourists. He started in Inverness and set off to the west. His four hundred slides included wonderful views of villages, ruined castles, fishing harbours, lighthouses, mountains, lochs, seascapes, sunrises and sunsets. As he travelled on, he told stories that had become local legends, spoke about the people and their history and the geology of the different areas. Having travelled to the west coast, he went north through Gairloch, Poolewe, where he visited Inverewe gardens, passed Loch Maree, through Ullapool and on up to Durness. Travelling east along the north coast, he visited the Smoo Caves, passed through Tongue and Thurso along to John o' Groats. Turning to the south he went through Helmsdale, Brora, Golspie and Dornoch, where a witch was put to death, accused of turning her daughter into a pony. Crossing the Cromarty Bridge and the Kessock bridge brought him back to Inverness.

David Walker thanked Willie Shand on behalf of the Society for his stunning photography, the history, geography and archaeology, with all the stories told with his great sense of humour.

### SEWING ALTERATIONS

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## Kinross & District Rotary Club

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### Unorthodox Roasters, 17 September (breakfast meeting)



Michael Burrell provided us with an update on the progress of thriving Kinross business 'Unorthodox Roasters'. This popular coffee enterprise grew out of a trip by proprietors Chris Bode and Neil Buchan to South America and their desire on return to do something 'unorthodox'. Having observed the growing and roasting of coffee first-hand, they opened their Kinross coffee shop in February 2017.

Speciality coffee is becoming increasingly popular – indeed, Michael described 'coffee shop bagging' as a new hobby! Despite lots of competition, the business has developed successfully, not only the popular shop but also the wholesale business, supplying coffee to various venues in Kinross but as far afield as Bath and Bristol. Great pride is taken at being able to establish clear links with the farmers who produce the beans. Green beans are roasted on the premises, 250kg of coffee being processed per week! And did you know that there is an online subscription service, which can grind coffee to customer specification? 'Unorthodox Roasters 2' has now opened in Friar Street, Stirling and Michael has taken over management in the Kinross shop.

The business is undoubtedly going from strength to strength and is at an exciting point in its development.

### World War 1 and its Aftermath, 30 September

Rotarian and Retired Lieutenant Colonel Andy Middlemiss gave us another of his excellent talks, this time focusing on the impact of World War 1, both at home and abroad.

There was, of course, great rejoicing at the end of hostilities and Prime Minister Lloyd George promised that his government would 'make Britain a fit land for heroes to live in'. However, the reality was that, across Britain, there was unemployment, widespread poverty and homelessness, all to persist for many years under frequent changes of government and turbulent political conditions.

In Britain, many men returning from the trenches suffered long term, debilitating effects of their war experiences, commonly loss of limbs and shellshock (PTSD). The Spanish flu epidemic of 1918 caused further devastation to families with 500,000 deaths – and there was no system of care in place. Many women were widows; many had held responsibilities and welcomed opportunities during the war years and were looking for reform. The Suffragette movement was gathering pace as women demanded the right to vote. Some men had been buried where they had died in the battlefields and the process began of creating memorials at home and abroad to commemorate their sacrifice.

International relations required precarious diplomacy and peace-making. The Treaty of Versailles was signed at the end of the war by the Allied and associated powers and by Germany, taking force on 10 January 1920. The treaty was received with shock and disbelief in Germany. ...

After so many reminders of the state of unrest and unhappiness across Europe in the aftermath of World War 1, club members were left to ponder the question: was another world war inevitable?

### Business meeting, 7 October

Forthcoming projects were discussed.

Rotarians were planning to **bag pack** on Friday 25 October at Sainsbury's, assisting and in aid of CHAS.

**Purple for Polio** is Rotary GBI's campaign to eradicate polio. Rotary has helped to immunise over 2.5 billion children since 1985. Every £1 raised by Rotary clubs will be matched by an additional £2 from The Bill & Melinda Gates Foundation. The Rotary Club of Kinross has contributed to this fund for many years. You may have noticed that the Kirkland's Hotel took on a purple hue on World Polio Day on 24 October 2019. The purple lighting of buildings reminds us of the need to continue the campaign until this disease is totally eradicated. Thanks to Anthony and Shona at the Kirkland's Hotel for supporting this venture.



*Kirkland's Hotel went purple for World Polio Day*

The **Young Chef** competition will take place on Friday 1 November at Loch Leven Campus.

**RotaKids** is a fun and exciting way for children aged 7-12 to make friends and get involved with important activities in the community, all while having a great time in the process. It brings an exciting and practical approach to supporting the citizenship element of the national curriculum. Kinross Rotarians are supporting outdoor learning at Kinross and Portmoak Primary Schools. Planning has already begun on gardening projects and work will start in earnest in the spring term.

**Message in a Bottle** is an exciting community project which we will be launching in the next few weeks! See page 67 for further details.

### Rotary Shoebox Scheme 'Spreading a little happiness.'

The Rotary Shoebox Scheme has delivered over 1 million shoeboxes filled with gifts to grateful children and adults in Eastern Europe over the past 25 years. Kinross Rotary Club is participating again this Christmas – our members, families and friends are busily filling boxes for the four categories: babies; boys and girls; teenagers; household. Our local schools always support this venture generously – another Rotakids project – thanks also to Cleish Church members for their involvement. Many thanks if you have filled a shoebox – they make a huge difference to the recipients.

For further details see [www.rotaryshoebox.org](http://www.rotaryshoebox.org)



**Kinross-shire is a Fairtrade County**

*Continues over page...*



## Kinross & District Rotary Club continued...

### Where is Santa? Find him in Kinross-shire!

Rotary members have completed discussions with Santa and we will be bringing him on his sleigh to visit you as follows:

<b>Sunday 1 Dec</b>	4-6pm Kinross South to include Clashloch
<b>Sunday 1 Dec</b>	6.30-9pm Country Run to include: Cleish, Tillyrie, Mawcarse and other communities en-route
<b>Tuesday 3 Dec</b>	Kinross Central
<b>Thursday 5 Dec</b>	Crook of Devon
<b>Friday 6 Dec</b>	Glenfarg
<b>Sunday 8 Dec</b>	4pm Kinross North
<b>Sunday 8 Dec</b>	6.30pm Milnathort
<b>Thursday 12 Dec</b>	Kinrosswood

Look out for updates on Facebook.

We look forward to meeting you. All funds raised are split between the community groups who accompany us, and go to excellent local causes. Please come out to meet Santa!

### Festive Fun at the Day Centre

One of our favourite activities at Christmas is the evening of light entertainment and refreshments with our senior citizens. This year it will be held at Kinross Day Centre on Tuesday 10 December 7-9pm. Attendants at the Day Centre and residents of Whyte Court and Causeway Court regularly join us. If you – or someone you know – might also wish to attend, please contact Mike Thomson (07880 792763)

### Economic Benefits of Loch Leven, 14 October

Brian returned to the club, this time to conduct a focus group with club members. Discussion included our perception of water quality in Loch Leven, and how it may impact our business. We also shared our thoughts on what should be done in future about water quality and management of water levels.

Members recalled with regret the fine fishing of the past with 30-40 boats out every night, and the former reputation of Loch Leven trout. The overwhelming feeling was that the quality of the loch has deteriorated with increases in housing development. It was recognised that algal bloom in the loch has occurred historically, with fishing records going back to the 1800s showing this. But inevitably, such as we have witnessed this summer, this can deter both tourists and locals from exploiting the loch to its full potential.

The discussion certainly made us think. We acknowledged our responsibility for the water quality and the need for us all to make smart choices – use phosphate free detergents, be mindful of septic tank management, etc.



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### Job Talk, 21 October

It is a tradition in Rotary for members to deliver a talk on their careers to fellow members, usually soon after they join the club. As a founder member from 1978, Stanley Bayne provided us with an update!

Stanley is, of course, well known for his local bakery – but in his passport, his occupation is listed as ‘farmer’. Farming, retail and the local area are all in Stanley’s blood. His great-great-grandfather farmed in Cleish. From an early age Stanley was totally involved in the work of the farm. The death of his father in 1964 saw him become managing director of the family business which included 5 butcher shops, a bakery and a number of butcher and baker vans serving rural areas. Stanley missed the daily farm life, but the business was thriving. It was a 5 ½ day week. Gradually Stanley changed the focus to the bakeries as both shopping and home cooking habits changed. Recently, he has observed a major cultural change in the early morning trade, with a high demand for fresh coffee and a filled roll for breakfast.

Stanley firmly believes that his farming background taught him to carry out all tasks meticulously or face the consequences. He has applied this principle to all aspects of his business, believing that genuine customer satisfaction is key to success.

Would you like to get involved in our many and various activities? If you would like to join us for a meeting, please contact Dugald McIntyre, club secretary, by email at secretary.krdc@gmail.com or check our Facebook page.

### Upcoming Meetings

4 November	Business Meeting
11 November	Robert Thomson – Anaesthetist
19 November	Breakfast Meeting



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## Kinnesswood in Bloom

The autumn tasks of clearing, bulb planting, sweeping leaves, grass cutting and end of year weeding have continued throughout October with a good turnout at our Saturday work parties. Please feel free to join us for one session or more.

We went to the Salutation Hotel in Perth for the Take a Pride in Perth and Kinross award ceremony. It was an exciting night with a Gold again, winner of the Small Village Category, Best School Working Partnership and a special award to John Nicol for Outstanding Contribution. Anyone who sees John working in the village will agree that was well deserved.

The following week we received the Well Kept Village Award from the Kinross Civic Trust. It has indeed been a successful season.

The school have been invited to take part in a Beautiful Scotland event in Stirling on 30 November to present their Intergenerational film. The pupils from Portmoak School have also invited Kinnesswood in Bloom members and friends for afternoon tea on 23 October. We will report on both events next month. It's lovely to be appreciated.

We would like to thank all those who support us financially and by keeping the village looking so good all year. Thank you to the sponsors of hanging baskets and the Friends of Kinnesswood in Bloom. Thank you also to those who support us on our facebook page and the crafters who help with the art work and dressing models. We should also mention the school staff who have helped develop such a supportive relationship with our in-bloom group.

We will be represented at the War Memorial on Sunday 10 November. Thank you, Morag, for the wreath.



## Recipe

supplied by Kinnesswood in Bloom

### Salted Caramel Brownies

This recipe is thoroughly recommended by my grandchildren.

#### Ingredients

200g butter  
200g dark chocolate  
397g tin of caramel  
1tsp flaky sea salt  
200g golden caster sugar  
4 medium eggs  
130g plain flour  
50g cocoa powder

#### Method

Heat oven to 180°C/166°C fan. Grease then line a 23cm square tin with baking parchment. Mix 175g caramel from 397g can with 1 tsp sea salt. Melt 200g unsalted butter in a medium pan, break in chocolate then remove the pan from the heat and wait for the chocolate to melt.

In a small bowl mix 175g caramel with 1 tsp sea salt.

Put the rest of the caramel in a large bowl with 200g caster sugar and 4 medium eggs and beat with a whisk until even. Whisk in the chocolate and butter mix. In another bowl, combine plain flour, cocoa powder and a good pinch of table salt then sift on top of the chocolate mix. Beat briefly till smooth.

Pour half the brownie batter into the tin and level it. Using a teaspoon, spoon half of the salted caramel on top of the

batter layer. Spoon the rest of the brownie batter on top and smooth it out, trying not to disturb the caramel beneath. Drag a skewer or tip of a knife through the caramel to make a feathered pattern on the top. Scatter with a little more sea salt, then bake for 25-30 mins or until risen all the way to the middle with a firm crust on top. Let it cool completely in the tin, then cut into squares.

*Kinnesswood in Bloom  
pick up their awards*



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## Kinross 50-Plus Club

The monthly meeting is on **Thursday 7 November**, when the speaker is Charlotte Wilson-Smith who will give a talk on 'Fencing: Failures and Fears'.



### Away Days

**14 November** Art galleries, Glasgow

**28 November** Almondvale

The bus leaves the Green Hotel at 9.15am. Contact Mrs P Crawford, 01577 862962

### Special Notice

The Club would appreciate any member who is willing to volunteer as minibus driver. For further details contact Fubister Law on 01577 208469.

### Friday Walkers

**1 November** Menstrie to Dollar

**15 November** Tentsmuir Forest and Morton Lochs

**29 November** Falkland Estate

All walks continue to leave from the Green Hotel. Contact Ian Simpson, 01577 863691.

### Hillwalkers

**8 November** The Lomonds, 9am

**22 November** Atholl Woods, Dunkeld, 9am

Contact Carolyn Jenkins on 07925 972650.

### Activities

**L.U.S.T.** The slimmers meet each Thursday, 9.30am to 10.30am, in the Millbridge Hall. Contact Norma Anderson, 01577 863548.

**Line Dancing** every Tuesday and Friday at 10.30am in the Millbridge Hall. Contact Betty Fergus, 01577 866961.

**Keep Fit** class meets every Monday at 2pm in the Masonic Hall. Contact Val Oswald, 01577 864020.

**Craft Group** meets Wednesday at 2pm in Millbridge Hall. Contact Elizabeth Smith, 01577 861387.

**Fly Tyers** meet each Monday in Millbridge Hall. Contact Ian Campbell, 01577 830582.

**Carpet Bowls:** Meet Monday at 2pm in Millbridge Hall. Contact Helen Duncan, 01577 863248.

## Portmoak Hall 100 Club

### September Draw

1st	No 96	Elenor White	Kinneston
2nd	No 88	Sheila Drysdale	Kinnesswood
3rd	No 13	Greta Hogg	Scotlandwell

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## Kinross Museum



Many thanks to all those who supported the Museum's summer fundraising raffle which raised £80. We now turn our attention to the Christmas Quiz 2019 which asks 20 questions that aim to test *How well do you know Kinross-shire?* Entry forms can be obtained from the Museum at a cost of £1 and completed entries should be returned by Saturday 7 December. The winner and second place will receive Christmas hampers. You may find some of the answers in our current set of Museum displays.

The Museum recently received via Robin Eadie, Chairman of the Kinross-shire Historical Society, a first edition copy of Robert Burns Begg's *History of Loch Leven Castle* which was published in 1887 by George Barnett, printer in Kinross. Signed by Robert Burns Begg and George Barnett, this copy of the book was gifted by the author and publisher in May 1895 to a Miss Luke in Culross. Intriguingly, on a blank page opposite the title page is an unsigned naïve sketch in blue ink of a man on a motorcycle in a rural setting. Does anyone recognise either the place depicted in the image below or the artist? Do get in touch with the Museum if you think you know.



Sketch by an unknown artist

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### Club Correspondents

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.



## Lomond Antiques and Collectors Club



At the first meeting of the season LACC welcomed Graeme Cruickshank back to talk about 'Potteries of Aberdeen'. Although Scottish potteries were centred further south a small pottery was established in 1868 at Seaton, south of the river Don estuary.

Founder, Thomas Gavin, opened a tavern but discovered potting clay when enlarging his premises and decided to go back to his roots making pots. Joined by James Ritchie and 12 employees they enjoyed success for 25 years utilising their single kiln. They developed two main themes. The first, 'Dabbed Ware' where colours, blue, green and russet brown were 'dabbed' onto the surface of the terracotta before firing. Pieces were invariably personalised with the name of a recipient. 'Agate Ware' was formed using three different colours of clay. Dark brown, russet and white clays combined in a process called 'wedging' which intermingled the colours to form a random pattern when fired.

In 1900, in financial difficulty, the sons of the two founders sold the premises but continued to operate until William Clarke and Joseph Smith, two potters from Derbyshire, took over. Production changed to the making of vases. Business expanded, partners were joined by Arthur Mills, and in 1921 they bought back the premises. They concentrated on unglazed terracotta for agricultural work with main output being flower pots. Seaton commanded a large part of the market in Scotland. In 1927 Ivor Mills, son of Arthur, took over but the advent of the plastic flower pot took its toll and the pottery closed in 1964. The Seaton site is now home to high rise flats.

Graeme showed the members a pictorial history of the pottery with, perhaps, the most interesting product being an Agate Whisky flask shaped like a large doughnut with a neck. Folk lore suggested that the centre hole allowed the flask to be passed hand to hand by coffin bearers on their long walk from homes to the cemetery. Not a drop would be spilled.

On Wednesday 9 October, eleven members of LACC visited the Dovecot Studios, Edinburgh, to enjoy the Grayson Perry Exhibition. Entitled 'Julie Cope's Grand Tour', the artist tells the life story of his fictional character from cradle to grave using the medium of tapestry and narrative. Most impressive. lomondacc@gmail.com

## Common Grounds

[www.spanglefish.com/](http://www.spanglefish.com/)

[commongroundscharitycafe](http://commongroundscharitycafe)



Scottish Charity No. SC031582

Since the last report, we have been very busy and have been enjoying a real sense of energy and team work, starting with our very worthwhile project lunch. Jo Middlemiss captivated her audience in a most entertaining manner, while never losing sight of the serious issues being highlighted. £415 was raised and is indicative of its success. No sooner was it over than our attention was turned to preparing for our Christmas craft stall on 23 November at the Festive Street Market. We will have a wide variety of lovely items to suit all ages, which would make original and special presents, all at very reasonable prices. See the photo below for just some of the gifts on offer! Don't miss out: give us a visit! Teamwork is the key word and a very sincere thanks to volunteers and friends, who have and are making our efforts on all fronts so productive.



*Don't miss the Christmas craft stall on 23 November!*

**Projects:** Our project for October was Médecins Sans Frontières who we last supported in 2014. MSF is a non-profit, self-governed member-based organisation founded in 1971 with offices around the world. They provide medical assistance to people affected by conflict, epidemics, disasters or exclusion from healthcare. Their teams are made up of health professionals, logistic and administrative staff whose actions are guided by medical ethics and the principles of impartiality, independence and neutrality. Recent examples of crises where MSF is working include asylum seekers in Mexico and in Gaza MSF is treating many people who have developed bone infections after having been shot. Their serious and complex wounds require months, if not years, of dressing, surgery and physiotherapy. Infections prevent recovery and to make matters worse many of them are resistant to antibiotics. Heavy fighting in Aden, Yemen in August between various armed groups resulted in multiple casualties. In the space of a few hours, MSF teams admitted 51 wounded people to hospital; 10 people were dead on arrival.

**Annual General Meeting:** Our AGM will be held on Wednesday 13 November at 1pm in the Guide Hall, Church Street, Milnathort. All welcome.

Our opening hours are still 10am-12.30pm Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are: Elspeth Caldwell (Convener) 01577 863350 and Linda Freeman (Secretary) 01577 865045.

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Visit our facebook page <https://www.facebook.com/kinrossrotaryclub/>

## Kinross-shire U3A

At our October meeting, PC Matthew Ross, Community Police Officer based in Kinross, addressed our members on the subject of 'Keeping Safe'. In a most interesting talk, PC Ross covered the topics of rural, home and personal safety; both the types of crime which occur, and advice on prevention of these. Of particular interest to our members was PC Ross's repeated encouragement to report to the police any crime or suspicious behaviour, providing as many details as possible. His wide-ranging talk covered matters such as vehicle theft and, on a personal level, computer and phone scams.

A wide range of questions followed from our members, then a vote of thanks, well-deserved, by one of our members, Stuart Forbes.

The University of the Third Age (U3A) requires no qualifications and awards none, but is open to anyone who has retired from the world of work but wishes to continue learning. Our motto is Live, Laugh and Learn.

The Kinross-shire branch, now in its second session, meets in Kinross Parish Church on Station Road, at 2.30pm on the first Tuesday afternoon of each month.

Our next meeting, on Tuesday 5 November, will be addressed by George Sutherland and is entitled WW1 Memorialisation. We do hope you will join us; you will be assured of a warm welcome.



## Portmoak Film Society

[www.portmoakfilmsociety.org.uk](http://www.portmoakfilmsociety.org.uk)



A good audience saw the October film, German thriller 'In the Fade' and rated it 82% on the satisfaction bean count. It was the tense and ultimately shocking story of a German woman's quest to take revenge on the neo-Nazi killers of her Kurdish husband and young son, and won Diane Kruger in the title role a Best Actress award at Cannes in 2017, and a Golden Globe for Best Foreign Film in 2018.

Continuing in the foreign language vein – and bang on cue with current concerns about the global climate crisis – we're showing the 2018 Icelandic film 'Woman at War' on Saturday 9 November, described as a jet-black comedy about an environmental activist who takes no prisoners. Extinction Rebellion could learn things from her! Don't miss this multi-art movie underpinned by great performances, stunning cinematography and on-screen music (because she also leads a local choir when not saving the planet).

Films are shown every second Saturday of the month in Portmoak Village Hall, Scotlandwell. A season's membership costs £40, available from Stuart Mackenzie at the Pottery in Kinnesswood (tel 01592 840638) or you pay £6 on the door. Films start at 7.30pm and are followed by hot drinks and refreshments. Newcomers and regulars all welcome! To find out more about the featured films and 2019-20 dates, visit: [www.portmoakfilmsociety.org.uk](http://www.portmoakfilmsociety.org.uk)

## Kinross and District Art Club

[www.kadac.co.uk](http://www.kadac.co.uk)



After a busy and successful exhibition, KADAC members settled into their regular Club sessions interspersed by other interesting club events. On the morning of Wednesday 2 October, a group of ten members were welcomed by the Headteacher into Kinross Primary School as 'Artists in Residence'. Sitting painting and drawing in the School Hall, the artists enjoyed a wonderful two of hours of visits by the Primary 1-3 pupils in the school; and enjoyed lots of super questions and chat about the art. KADAC members were also treated to refreshments with a tasty treat.

As well as our regular Club sessions, our Professional Adviser, Tom Sutton-Smith, organises demonstrations and workshops for members. On Tuesday 15 October, around 30

members were treated to a visit by Jean Ashcroft. Jean is a watercolourist from Fife, who is inspired by nature and the countryside around her. During her demo, she painted some in-season flowers then after the tea break demonstrated some of her techniques, which she uses to create texture. Members also enjoyed studying some of Jean's finished artworks which she had brought along to the demonstration. We are now looking forward to our next demonstration on Friday 8 November by artist, Allan Perera-Liyanage and to our AGM on Tuesday 26 November 2019.

The Club is delighted to have welcomed two new members during October.

If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website. The Kinross and District Art Club meets on Tuesdays and Fridays (2-4pm) in Millbridge Hall.



Tom Sutton-Smith welcoming artist, Jean Ashcroft to the Club

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## Fairtrade Sports Balls Changing Lives

Thank you to Loch Leven Laundry for selling the Bala 'Play' balls at £10 and showcasing Bala footballs recently in their window. Bala also make a range of other footballs and we would love a team in Kinross-shire to commit to buying some Fairtrade footballs as it would really make a difference!

Bala Sport is the only importer of Fairtrade sports balls in the UK and they were set up to give a fairer deal to sports ball workers in Pakistan (where 70% of the world's stitched balls are made), and India.

Bala Sport currently produce three ranges; footballs, rugby and futsal balls (futsal is one of the fastest growing sports), and netballs and volleyballs are in development. The co-operative can also produce customised balls.

Fairtrade ensures that workers are paid fairly, work in safe conditions and have access to union representation, and that there is no child or enforced labour. Workers also benefit from the extra Fairtrade Premium paid by Bala Sport directly to them through democratically elected Premium Committees. Through these the ball producers decide which social development projects to invest the fund in. Typically, these include the likes of free eye and diabetes tests, free school books and backpacks for workers' kids, free transport to and from work and a fair price shop for cut-price food and household items. Perhaps more significantly the Fairtrade Premium has been used to part fund water purification plants. These are built outside the factory gates and allow anyone in the community access to free, safe drinking water.

Local grassroots clubs could benefit from access to the ultimate ethical choice in sports balls.

Bala Sport's hand-stitched footballs are made to the same standards as FIFA Quality and FIFA Quality Pro balls and the futsal balls were developed in consultation with the Scottish Futsal League, and are official match ball of that league. The company provided the match balls for the Homeless World Cup in 2016 and 2017.

Please check out the website! [www.balasport.co.uk](http://www.balasport.co.uk)



*Bala 'Play' balls on sale at Loch Leven Laundry*

## Kinross and District Probus Club

### Alcoholics Anonymous

The meeting in September was given a presentation by John from the AA. He gave us an initial insight into his life and how he came to be an alcoholic, how it dramatically affected his life and how he now works to help others identify their problem and use AA to support them in their journey to sobriety.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; they are self-supporting through their own contributions.

AA is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Their primary purpose is to stay sober and help other alcoholics to achieve sobriety.

John detailed that if you seem to be having trouble with your drinking, or if your drinking has reached the point of where it worries you, you may be interested to know something about Alcoholics Anonymous and the AA programme of recovery from alcoholism.

The first step is for an individual to recognise they have a problem and they want help ... the help is there.

Call the National helpline FREE on 0800 9177650. Or contact the AA online via [help@aaemail.org](mailto:help@aaemail.org)



### 'The Free to Live Trust' a presentation by Avril Duncan

When Avril opened her presentation to the members, she reminded them that in the West we think that slavery was abolished in the 1800s, but sadly it is still a major problem in many parts of the world. Human trafficking is so bad it ranks as the second most profitable criminal activity, just behind drugs. It is estimated that there are upwards of 40 million slaves globally.

A keen Guider, Avril and some colleagues visited India to take part in a World Guiding Conference and as part of their stay they requested a visit to the red-light district of Pune, a large city with a population of some 8 million, to see for themselves the tragic conditions that children were living in. That is where they came across Seema Waghmore, a most extraordinary woman, who had set up an orphanage for the children of the sex workers.

So appalled were Avril and her friends, they came home and set up 'The Free to Live Trust' with the aim to rehabilitate some of the trafficked sex workers and to rescue their abandoned children. Within a year they raised over £100,000 which was used to construct a purpose-built rehabilitation centre in the district of Bori.

Their aims have been met but The Free to Live Trust continues to work tirelessly to raise awareness of human trafficking and to support the children as they grow. In Bori the children are now safe, are being educated and they have a future. Seema remains the light in the darkness that the sex workers have to endure and with your support she, along with the Trust, can and will continue to rescue and care for more children. Visit the website [www.freetolivetrust.org](http://www.freetolivetrust.org). The vote of thanks was given by Tom Reid.

## Portmoak Community Woodland Group

Apple day on 22 September was a great success, mainly because at least 80 people decided to turn up – whatever the weather. Their enthusiasm paid off because there was scarcely a spot of rain all afternoon and the predicted deluge held off until we had cleared up and gone home.

For the first time in three years we held it in Portmoak Community Orchard, rather than in the village hall. Really wet weather and groundworks had forced us indoors for the previous two events. They were also very successful but really an apple day should be held outside, where you can see the fruit growing.

Many families came along and the children threw themselves into the job of picking apples which were then pressed and turned into litres of fresh juice. We had loads of apple-themed baking in a marquee, lent to us by Scotlandwell in Bloom.

That's where Andrew Lear, aka 'appletreeman' set up his big display of Scottish apples and was kept busy by a steady queue of people clutching apples, twigs and leaves and hoping he would be able to identify what was growing on the trees in their gardens. Two people could only bring a twig and leaves. Their question: why haven't we got any apples this year?

Andrew said it had been a very tricky season, with a badly timed frost in the spring putting paid to many crops. It had also been very damp, meaning there was more disease about than usual. However, some places had escaped the frost and produced plenty of fruit. Luckily for us, the community orchard was among them.

In the middle of the orchard we now have the terraced area known as Chris's Place, commemorating our late member, Chris Vlasto. The levelled ground, along with the picnic table and benches, made a big difference to the event, meaning it was much easier to run children's games and serve teas.

Apple day completed a very busy month for Portmoak Community Woodland Group. Our next big event will be the Christmas tree day in Portmoak Moss on Sunday 15 December. More details to come nearer the time but until then there's plenty of autumn fungi and lovely colours to enjoy in both Kilmagad Wood and the Moss.

As ever, our open meetings are at 7.30pm on the third Tuesday of the month in The Well Inn, Scotlandwell.



Children enjoy nibbles at the picnic table on Chris's Place

## Boys Brigade and Scouts

It's been a busy start to the new session with all three sections engaged in welcoming new members as well as starting off badge work linked to a range of activities. There is a new programme pack being used by our Junior Section which extends the existing range of activities for badge work.

Company section members took part in the Battalion badminton competition at Bell's Sports Centre in mid-September. The Company enrolment service took part in the Parish Church on the last Sunday of October as well as hosting a Halloween evening with the usual fancy dress and pumpkin competitions. Members are currently preparing for the annual Armistice Parade as well as Battalion competitions in Dodgeball, Quiz Day and Swimming Gala.

The annual summer camp for Company Section members to Aschaffenburg has had to be postponed until the following year due to booking difficulties. The Company will now be travelling to Orkney for summer camp 2020 which will be the second week of July.



**The Anchor section** is for boys and girls in primaries one, two and three and they meet in the Church Centre on Friday evenings from 6pm-7.15pm.

**The Junior Section** is for boys and girls in primaries four, five and six and they meet on Friday evenings from 7pm-9pm.

**The Company Section** is for boys and girls from primary seven up to S6 and they meet on Friday evenings from 7pm-9pm. New members are welcome in all three sections.



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## Town Twinning

Following a very successful twinning visit from our Norman neighbours in and around Gacé, we would like to take this opportunity of thanking all the host families who greatly contributed towards making this visit a memorable one with lots of fun being had by all concerned.

The year 2020 sees no official twinning visit with our visit to Gacé being scheduled for August 2021.

Our annual general meeting will take place at St Paul's Church Hall, 7.30pm on Wednesday 20 November to which all existing members along with any new members are welcome to attend.

### AGM Agenda

Apologies  
Approval of 2018 AGM minute  
Chairman's Report  
Treasurer's Report  
Election of Office Bearers 2018-2019  
Chairperson  
Treasurer  
General Committee  
AOCB.



*Part of the laser cut metal gift presented from our Gacé friends at our end of twinning meal-and-music-evening*

Although there is no visit next year, we will continue to hold social/fundraising meetings throughout the coming year – watch the *Newsletter* for more details later.



## Kinross Bridge Club

Do you play bridge and live close to Kinross or Milnathort?



Kinross Bridge Club is a low-key unaffiliated club which plays duplicate from 6.45pm to 9.45pm on Wednesday evenings in the Kinross church centre. Milnathort Bridge Club is a slightly larger club affiliated to the Scottish Bridge Union and plays duplicate from 6.45pm to 10pm in the Orwell bowling clubhouse on Mondays. Both groups consist of friendly unthreatening card players and are keen to welcome new members.

Please contact:

Brendan Hamill 01577 861515  
Catriona or Jim Marshall 01577 864482  
Janet Hill 01577 866871

### Is it a long time since you played bridge?

Why not come along and sit next to one of the members and watch how it works. Tea and biscuits around half time. Alternatively, come and see one of us (JH) when you come into Kinross to do your shopping and we can look at some sample hands.

### Are you unfamiliar with scoring?

Both clubs record the results of each hand electronically by North (checked by East or West) and the computer calculates the results by the end of the evening.

### Might you be too good for us?

Isn't it fun to come top every week?

### Do you fear you might not be good enough?

See above, the rest of us will be delighted to welcome anyone who might displace us from the bottom slot occasionally.

### Do you not play bridge but would like to learn?

Dunfermline and Perth Bridge Clubs both run Scottish Bridge Union courses for beginners and intermediate players. They also run duplicate and refresher sessions which you may like to join in. However, nothing beats being able to play locally and increase your local circle of friends

## Kinross Garden Group

The first meeting of the new season featured Margaret Gimblett – who gave us a very informative talk about the Scotland's



Garden Scheme – together with some brilliant photos! Our next meeting is on **Thursday 14 November** in the Millbridge Hall, Kinross at 2pm. Michael Almond from Perth will talk about 'The plants of the Gargano Peninsula, Italy, in Spring'. Please note that we will be taking numbers at this meeting for the Festive Lunch on 9 January 2020.

Membership fees are £20 for the year and £5 for visitors. If you are new to Kinross-shire and interested in meeting fellow garden enthusiasts you will be made very welcome. Doors will be open from 1.30pm. For more details contact Caroline Anderson on 01577 864589.

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## Kinross-shire Partnership breakfasters hear about Heart 200

At the Kinross-shire Partnership's October Networking Breakfast, Mike Dales from tourism initiative Heart 200 addressed the 30 or so local business people in attendance.



Mike Dales

He began by describing the moment when Fortingall hotelier Robbie Cairns stood on a bridge over the A9, watching the cars passing below him. Suddenly it struck him that the fact these cars were all heading straight up or down the A9 explained why tourist footfall in places off the beaten A9 track was dropping. He envisaged a circular route like the North Coast 500 route to keep people in the area and approached Mike to discuss the idea.

The Heart 200 touring route concept was born, its aim being to reverse the decline in visitor numbers in places such as Perth, Kinross, Stirling, The Trossachs and Highland Perthshire. Its website was launched in July 2019, and several local organisations have already registered as members. Mike explained that while Trivago, Trip Advisor etc. are perceived as dominating bookings



online, advertising on Heart 200 will put visitors directly in touch with tourism businesses, thereby cutting out the middleman.

Favouring a different model from NC500, Heart 200 focuses on 'out-of-vehicle' experiences rather than on driving. It does so by promoting attractions including music, food, castles, distilleries, white water rafting and walking in a 30-mile corridor on either side of the proposed route. Moreover, there's a Heart 200 cycle route, featuring smaller roads, for those who prefer 'slow tourism'.

Heart 200's mission is to produce clear, simple information to help visitors research, choose and enjoy short breaks

in the stunning heart of Scotland. With Kinross-shire and Loch Leven forming part of the Heart 200 route, Mike urged local tourism and hospitality businesses to become members, as the raison d'être of the initiative is to encourage people to come to the area and build their own itinerary here. Kinross-shire Partnership Chairman Alisdair Stewart confirmed that it is the intention of the Loch Leven Tourism Forum (a sub-group of the Partnership) to obtain discounted terms for members.

The Kinross-shire Partnership's next Networking Breakfast is at Loch Leven's Larder from 7.15-9am on Wednesday 6 November. The speaker will be Ian Buchanan of Rootin' and Roamin' Free-range Pork. Please email Karen Grunwell in advance at [mail@kinrosspartnership.org.uk](mailto:mail@kinrosspartnership.org.uk) to book your place. The cost (including networking and a full cooked breakfast) is £10 per person.



Networking at the breakfast

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## SPARKs

### (Supportive Project for Activities and Recreation in Kinross-shire)

#### Ramps supplied to businesses in Kinross

With assistance from the Centre of Inclusive Living Perth & Kinross (CILPK), earlier this year we approached local businesses to ask if they would be interested in receiving ramps. These have generously been funded by Kinross-shire Action Partnership, to make premises more accessible to persons with disabilities. The response was positive, with many businesses getting on board. Portable ramps were delivered on 24 September by CILPK. Duncan and Brian, SPARKs members were there to try them out. Assistance doorbells are also being supplied to these venues.

#### Tombola at the Farmers' Market

On 28 September SPARKs members, supported by our fantastic volunteers, held a very successful tombola at the Farmers' Market. Thankfully the weather was on our side and it had a good result. The group raised £193.86 towards our various activities and outings. A huge thank you to everyone who supported the stall.

#### Seagull Trust Canal Boat Trip

In October we had our annual trip on the Seagull Trust Canal Boat. We had a fantastic outing on the canal, seeing lots of wildlife. The weather was excellent and the trip was very relaxing. We had our packed lunches on the boat with teas, coffees and biscuits supplied by the Trust, and our weekly quiz. The usual hilarities were had by all. A big thanks to the Seagull Trust volunteers and to our own volunteers, who supported us with transport to allow us to go.

#### Perth and Kinross Open Boccia Championships (postponed)

The Open Boccia Championships were cancelled in September. However, we look forward to the rescheduled event. This event is entered as a team, rather than as individuals. We continue to practice our skills at our weekly Saturday sessions.

#### Other Updates

We have our new boccia balls with our SPARKs logo on them, which are very smart!

Group tenpin bowling at Dunfermline on 28 November is now arranged.

Members of the Equalities Team, who are working on new guidelines to ensure inclusion at events want to meet us for our input.

#### About SPARKs:

Refreshments are available, usually followed by a quiz; a variety of board games; arts and crafts; Boccia; and the occasional guest speaker. Each activity is on a voluntary participatory basis and is open to all disabilities, for people to have a chat and reduce isolation within Kinross-shire. We ask for a small weekly donation of 50p or £1, to cover the cost of refreshments. We meet on Thursdays 1-3pm in Loch Leven Community Campus.

Boccia: We have specific access to the marked Boccia court on Saturdays from 12.30-1.30pm in Loch Leven Community Campus. This is £2 per session, just to cover the cost of the court.

## Circle Dancing

Circle dancing in Kinross goes from strength to strength, and is a good form of exercise. To quote one of my regular dancers, 'This is like exercising without realising it. I always feel great afterwards.'

We have been extremely fortunate to have had a new circle dance choreographer joining us on occasions and sharing her lovely new dances with us. It is always good for the group to learn from more than one teacher, thus getting used to different teaching styles.

We will be dancing every Tuesday and Wednesday mornings until Christmas, and would love you to join us. Your first taster session is free. Come and try circle dancing and see just what you are missing. If you would like any further details please contact Lynne on 07931 398098 or email [lynne244@btinternet.com](mailto:lynne244@btinternet.com).

## Kinross Flower Club

[www.kinrossfloralartclub.org](http://www.kinrossfloralartclub.org)

Our September meeting in Millbridge Hall, with Shamima Hasan was a great success. She used beautiful flowers in her arrangements. As I write this, we are looking forward to an entertaining afternoon with Marilyn Bevan, whose theme is 'An Autumn Twist'.

We are having a Christmas Coffee Afternoon on **Thursday 28 November** at 2pm in Millbridge Hall. Ada Paul will be our demonstrator and her theme is 'Christmas Sparkle'. We look forward to welcoming old and new faces for a fun afternoon.

## Kinross Centre

Autumn is well and truly here! The colours on the trees are just wonderful, who ever knew there were so many shades of green and brown.

Our main event has been a concert by our very talented friends 'The Sabres' with a special guest all the way from Canada, Drew. They gave us a wonderful afternoon's entertainment.

Sadly, that is the end of our barge trips for this year. We are extremely grateful to the volunteers at the Seagull Trust and our own volunteers who make every trip down the canal very special. Thank you all.

We continue to have our regular activities going on in the centre. And Scrabble has once again become very popular.

The trishaws are still attending the centre on Tuesday and Friday afternoons, weather depending. Many service users talk so highly of them and really do enjoy their trips around Kinross. We thank them for this.

We are all looking forward to an all-day barge trip this month. Any excuse to get out in the fresh sea air! Nothing better than a little picnic on the canal.

We want to take this opportunity to give huge thanks to all our volunteers. We really do appreciate every one of you.

We would love you to be involved with the Kinross Centre, either as a service-user, a volunteer or as a supporter, if you would like further information please contact Nan Cook 863869.

## Crook and Drum Growing Together



Congratulations to Kinnesswood who won the Civic Trust's Well Kept Village competition, and also to Glenfarg and Powmill who gained 3 stars; we just missed 3 stars by a quarter of a point! Judging for the competition next year will be in the spring, and we are planning to plant another 500 daffodil bulbs at the West end of Crook of Devon. We have continued planting wild flowers in Drum, the churchyard, beside the bus stop on the Green, and in beds beyond the bridge on Naemoor Road.

The flowers in our tubs and barrels have continued flowering well over the late summer, and we will be replacing these soon with winter interest, and saving some of the summer plants for next year. If you would like to help with any of our activities, please let me know, as below.

We will again be holding a workshop to make your own fresh Christmas wreath, in Crook of Devon Village hall on Sunday 15 December, 2-4pm. £15 each, we provide an oasis wreath, demonstration, and lots of different greenery, just bring gloves, secateurs or strong scissors, and any particular decorations which you like. Children aged 8 plus could accompany an adult and make a table decoration for only £5. The workshop was very popular last year, so booking is essential, please contact Amanda James on 07963 476803, or email [amandajames1577@gmail.com](mailto:amandajames1577@gmail.com). Find our news on Facebook or the Fossoway Forum.



*One of the trees on the green with lovely autumn colour in mid-October; it is called 'Olympic Flame', and it is clear to see why!*

## Kinross Camera Club

[kinrosscameraclub.org.uk](http://kinrosscameraclub.org.uk)

The club welcomes any new members and we'd love to see you at our club nights at 7.30pm on Thursdays in the Church Centre, 64 High Street – we use the back room accessed via the side door on Piper Row on the first Thursday of every month and the other weeks are in the main hall via the main door on High Street. Full details including our syllabus are on our website. We also have a Digital Group which meets on the last Tuesday of every month and provides tutorials on photo editing software in the 'Stables' function suite of The Inn, Crook of Devon, starting at 7.30pm, for which entry is £2. If you are new to the Club, you are welcome to try up to 3 sessions before having to commit to joining, which costs £50/£40 concession for the year. If you have any questions or would like to know more, please contact secretary@kinrosscameraclub.org.uk

We start November with John Farnan giving 'A tutorial on monochrome photography' on Thursday 7 November

which is likely to be very useful for everyone wanting to improve their black and white work. On 14 November, Fiona Brims is judging our League 1 competition (colour prints, mono prints and projected digital images). Our very own Robert Walker will give his talk

'Means of Expression on 24 November and our Digital Group meets on Tuesday 26 November. We round off the month with Derek Clark presenting his work on 'Documentary & Street Photography'.



*'Butterfly on Buddleia' by John St Clair*



## Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross  
01577 867205 E: lochlevenlibrary@culturepk.org.uk  
www.culturepk.org.uk

### Opening Times

Mon*	10am-1pm
Tue, Wed & Thu	10am-8pm
Fri	10am-6pm
Sat*	10am-3pm

\*Mon 10am-1pm & Sat 1-3pm. Limited service, run by volunteers.

**Thursday 7 November.** Delayed opening for staff development session. Library will be opening at 1pm.

**Thursday 7 November, 6-8pm.** Loch Leven Library is launching its **MAKERSPACE!**

What is a MAKERSPACE?

- A place where anyone can use cutting edge technology to create things.
- Space for people to learn a bit about twenty-first century digital tools, including why they're important and how to use them.
- Self learning communal spaces encouraging sharing skills and supporting fellow users.

Interested? Find out more by coming along to our launch. Free entry but please book a space on Eventbrite, [www.eventbrite.co.uk/e/meet-the-maker-space-loch-leven-tickets-76033611579](http://www.eventbrite.co.uk/e/meet-the-maker-space-loch-leven-tickets-76033611579) or phone the library to book your space on 01577 8672015.

### Regular Sessions for Young Children

No need to book, just come along:

- **Bookbug Rhymetimes** Sat 10.30-11am. Wed 2-2.30pm.
- **Pre-school Story Time** Tues 10.15-10.45am.
- **Stay and Play** Wed 2.30-3.30pm Sat 11am-12.

Parents, grandparents or guardians and toddlers will be made most welcome at these free, open sessions.

Pop into the library where you can meet other parents, have a coffee, chat, read a magazine or just relax while your child plays. Toys provided. Family-friendly. These sessions are suitable for pre-school children and their parents or guardians.

### Book Groups at the Library

**Crime book Group:** Once a month on a Tuesday evening, 6.45-7.45pm.

**General Book Group:** Once a month on a Friday morning 10.30-11.30am.

**Cafe Book Group:** Once a month on a Saturday morning 11.15am (next meeting **Saturday 2 November**).

**Children's Book Group:** For children aged 7-11 years. On the first Friday of each month 4-5pm (next meeting **1 November**) New members welcome. Contact the library for more info. Please contact the library for any further book group dates.

**IT Help Sessions:** Free sessions but booking essential as spaces are limited. Monthly on a Thursday 2pm onwards.

**Next session: Thursday 14 November**

**Coffee and Crochet:** Fancy coming along to a crochet club? Chat, enjoy coffee and share hints & tips while working on your project. Weekly on Thursdays at 10am. Come along and join this small friendly group.

(Please note although help will be given this is not a teaching class for beginners.)



**Creative Writing Group.** Always wanted to try your hand at creative writing? Come along, its free, interesting and supportive to budding writers. Next meeting: **Tuesday 26 November** 6-7.45 pm.

**Foodbank:** The library is now a foodbank collection point for 'Broke not Broken'.

**Free WiFi & Computer use** for library guests and members.

**Kitchen waste caddies** available.

More information on all library, museum and art gallery events at [www.culturepk.org.uk/whats-on](http://www.culturepk.org.uk/whats-on)

## Mobile Library Service

### Visiting on Tuesdays 5 & 19 November

Glenfarg	Main Street	1200-1300
Forgandenny	Rossie Place	1545-1615

### Visiting on Wednesday 13 & 27 November

Kinnesswood	Opposite shop	0930-1000
Portmoak	Hall	1005-1020
Scotlandwell	Leslie Road	1025-1050
Portmoak	Hall	1125-1140
Scotlandwell	Leslie Road	1145-1205
Levenmouth Farm		1100-1120
Hatchbank Road	Gairneybank	1140-1200
Powmill	Mill Gardens	1320-1340
Crook of Devon	Village Inn	1345-1445
Carnbo	Pitcairnie Lane	1500-1530
Whyte Court	Kinross	1545-1615

For more information, see: [www.culturepk.org.uk/libraries](http://www.culturepk.org.uk/libraries) and click on 'Services in the Community'.

## Friends of Loch Leven Community Library (FOLLCL)

FOLLCL volunteers extend Kinross Community library opening hours on Mondays (10am-1pm) and Saturdays (1pm-3pm) throughout the year, excluding public holidays. Should you be interested in becoming a volunteer with the Friends of Loch Leven Community Library, why not come along during the hours mentioned above to find out what we do. We look forward to meeting with you.



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### Discover Loch Leven Website

To discover the myriad things to see and do in Kinross-shire and its neighbouring counties, visit [www.visitlochleven.org](http://www.visitlochleven.org)

## Kinross High School

### S3/4 French Exchange

The French Exchange visit to Gacé was, as always, a great success. The group had a traditional warm welcome with pupils and staff being looked after extremely well by their host families, not least at mealtimes! In an activity-filled week, pupils visited their partners' schools; explored the town of Gacé on a fact-finding quiz; climbed the Eiffel Tower, sailed along the Seine and did a spot of shopping on a day trip to Paris. In a specially arranged Friday night *soirée*, our pupils were invited to partake in a sumptuous buffet of traditional Normandy dishes and, in return, demonstrated a variety of Scottish dances to their French hosts who were quick to join in.

Pupils were taken to local tourist attractions such as the famous racehorse stud farm at Haras du Pin and the Mont St-Michel. Some went swimming; others bowling; and all were treated to more delicious food with their host families.



*Pupils and their French Exchange partners visiting Edinburgh Castle*

More recently, our own pupils hosted their French exchange partners. Twenty-six pupils from Collège Jean Moulin and their teachers were provided with a varied programme of activities which included day trips to St Andrews and Edinburgh; a guided nature visit to Vane Farm and Loch Leven; a curling session courtesy of Kinross Curling Club; and a Friday night *ceilidh* complete with a buffet and live music. A few tears were shed when saying goodbye but many of the friendships formed will be maintained via email, phone calls and social media, and many of our pupils are looking forward to a return visit to Gacé in the not too distant future! Planning is underway for what will be the 30<sup>th</sup> anniversary of Kinross High School's French Exchange which, of course, arose out of the Kinross-Gacé town-twinning. It was established in 1975 and, over the years, has allowed hundreds of Kinross-shire residents to travel to Normandy, host French families here in Scotland and forge friendships which, as many will know, continue to thrive. *Vive l'Entente Cordiale et vivent les échanges!*

### Tilda Together

KHS were crowned the winners of the Tilda Together competition, which saw over 40 schools compete to win a Tilda Together Day and a £500 cash prize. Over 160 pupils from across the school got involved in activities with home economics classes enjoying a nutritional talk and cookery lesson from leading dietician Lucy Upton. Geography students learnt about the school-feeding charity from Mary's Meals ambassador, Richard Lloyd and English classes helped pack

backpacks to support the charity's valuable work across the world. Speaking about their win, Mrs Cairney (Head of Health and Wellbeing) said, 'It was a wonderful surprise to win! We supported Mary's Meals four years ago and the pupils raised an incredible £16,000. The Tilda Together Day has been a great way to raise the profile of Mary's Meals throughout the school. Our pupils have learnt so much – it's been a really good day.' Annette Coggins, Head of Foodservice at Tilda UK added, 'I was blown away to see the pupils cooking a cuisine they normally wouldn't get to try and really embracing the flavours. I was genuinely moved by the Mary's Meals talk and it was fantastic to see the pupils engaging with it. The whole day has reinforced why Mary's Meals is such an important charity for us to partner with and the huge difference they are making to help children around the world receive an education.' The pupils cooked up Jollof chicken with rice from this year's Tilda Together recipe book.

Leading the cookery lesson, Lucy Upton commented, 'I don't think I can stress just how important it is to teach at a young age about eating healthily and Tilda Together has been a fantastic opportunity to do this. The kids have been fab, and it's been wonderful to share with them a different cuisine from another part of the globe.' The whole of Kinross High School also had the chance to celebrate Tilda Together with Tayside Contracts preparing a special lunch menu for the day, incorporating all the pupils' favourite rice dishes. Campus Catering Supervisor, Mrs Woodhouse explained; 'It's exciting for the school to be involved so we've tailor-made our menu with all their favourite rice dishes to celebrate. The Chicken Jambalaya is always a hit and I cannot begin to explain how popular curry days are. Typically, we have rice on the menu 2-3 times a week and this helps with one of our biggest challenges – allergens. We are seeing a lot of children with coeliac disease and many choosing to follow a gluten-free diet. Serving rice helps us meet as many pupils needs as possible with dishes they love.' Kinross High School also received 25kg of Tilda's naturally gluten-free brown and white rice.

Sarah Brown, Headteacher commented, 'Home Economics is a vibrant part of our school. This day has given our young people a golden opportunity to discover the role rice plays in nutrition. The connection with Mary's Meals has also been a great link for us and has encouraged pupils to really think about other young people living in very different situations to themselves.'

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**stuart-hunter@hotmail.co.uk**



## Kinross Beavers

After heavy rain meant we had to cancel our walk up East Lomond at the end of August, it was second time lucky for the beavers as they completed the hike up in September. We had a lovely sunny evening for the walk and both beavers and parents enjoyed the views of the surrounding area. A big well done to all the beavers for reaching the summit! On the same evening, we said goodbye to Tom and Ruaridh who were moving onto cubs and we wish them well for the next stage of their scouting journey. Before he left Ruaridh was also presented the Chief Scout's Bronze Award after successfully completing all

six Challenge Awards and four Activity/Staged Badges. Well done Ruaridh! The following week the beavers were back at the hall as they completed the cyclist badge and also got a talk from our Young Leader Ailsa about her trip to the 24 World Scout Jamboree which was held in West Virginia, USA this past summer.

This term we have also welcomed five new members and they were all invested into the Colony in late September. Welcome to Atholl, Robbie, Finlay, Rupert and Ailah.

The beavers have also been working on their Communicator badge and doing the Digital Maker Stage 1 badge.



*Beavers at the summit of East Lomond*

Congratulations to Douglas, Fraser, Angus and Matthew who were appointed Lodge Leaders following the departure of our older beavers to cubs. Well done boys!

At the end of term all the beavers were presented with badges that they had earned during the term, including a special badge used to represent the Rocky Mountain Council of the Boy Scouts of America. This badge had been sent over to us by Cub Scout Pack 27 in Colorado who we made contact with earlier this year as part of our International badge.

On the final evening of the term Ewan, Matthew and Douglas who were presented with their Chief Scout's Bronze Award. Great work boys!

Interested in volunteering with Scouting? Volunteering is easier than you think. We have opportunities both behind the scenes and directly supporting young people in our group. With full support and training, you can volunteer on a flexible basis. Not only is it incredibly rewarding and great fun, you'll learn some brilliant skills transferable to the workplace and further education. Please contact us on [kinrossbeavers@hotmail.co.uk](mailto:kinrossbeavers@hotmail.co.uk) for more information.

## Kinross Cubs

The cubs have been busy during the autumn term focusing on completing badges as they enjoyed the last of the lighter evenings.

Earlier in the term the cubs were learning about campfires and how to build one. They were split into groups and were given the task of building a campfire and then got to see if it would light. Once the fires got going the cubs were given sausages, marshmallows and starbursts to roast. Great fun was had by all and many cubs were asking for more food to cook!

The cubs have also been doing mapwork and they have been learning about different features of a map including 4 and 6 figure grid references, contour lines and how to use the key to help identify features on a map. Then in mid-September the cubs visited Lochore Meadows Country Park as they put their map skills into action. They were split into groups and each group was given a different route to follow around the park. All the cubs did well with everyone getting back to the meeting point on time.

Road safety has been another topic. The cubs have been looking at the green cross code, how to cross the road safely (including looking at different types of crossings), the meaning of different road signs and how to be a good passenger in a car. To help the cubs understand about road safety they also went out and practiced crossing the road safely as well.

Other activities the cubs have been looking at during the autumn term include the naturalist and athletics activity

badges. They also had a challenge evening which saw the cubs complete a variety of different activities which included creating toilet roll mummies.

This term we also said goodbye to Mackenzie who moved onto Scouts. Good luck and we hope you have a fantastic time with your next adventure with Scouts!

Finally, congratulations to our new cubs Tom, Ruaridh, Callum, Harry and Alex who have all been invested into the Pack this term.

The end of term saw a group of cubs go to PGL Centre at Dalguise and enjoyed a weekend of activities which included the challenge course, climbing and fencing.



*New Cubs with their certificates of investiture*



## The Kinross-shire Civic Trust

Helping protect, conserve and provide a better built and natural environment

[www.kinross-shirecivictrust.org](http://www.kinross-shirecivictrust.org)

Find us on Facebook



Email: [KinrossshireCivicTrustSecy@gmail.com](mailto:KinrossshireCivicTrustSecy@gmail.com)

### Planning

The Trust's planning committee has been busy; there have been numerous planning applications for Kinross-shire in the last month, including several for groups of houses:

- Ten houses at Crook of Devon (ref 19/01673/AML);
- Holiday park comprising 7 units plus manager's accommodation etc, land 250m South of Gellybank Farm (ref 19/01648/AML);
- 33 houses, 8 flats, community lounge etc at former Windlestrae Hotel, Muirs, Kinross (ref 19/01626/FLL).

The above all have a closing date for comments of Friday 1 November, so if you are reading this soon after publication, there might still be time to comment if you are interested. Just put the reference number in the Simple Search facility on the council's online planning system which can be found via [pkc.gov.uk/publicaccess](http://pkc.gov.uk/publicaccess)



*Many of the trees in this photo will be felled under planning proposals for the Windlestrae Hotel site*

Although acknowledging that the site needs to be redeveloped, the Trust is disappointed that the proposed retirement development at the Windlestrae would result in the felling of 51 trees. We had hoped that the developer would plan to retain at least part of the formal garden to the south east of the site. The Trust believes the loss of the garden and trees will have a detrimental effect on the setting of the Market Park, part of the Kinross Conservation Area.

### Raingardens Trail

The Raingardens Committee of the Trust recently toured possible Raingarden sites in Kinross with environmental consultant Brian D'Arcy. The committee is making good progress preparing bids to Sustrans and the PKC Challenge Fund for funds to support this project.

Raingardens are landscape features designed to take rainfall runoff and so help prevent flooding. They can be used to support flowers or other vegetation and encourage biodiversity, thus bringing nature closer to residents. Raingardens can be small, e.g. just for a household, or larger community raingardens in places such as car parks, schools or at roadsides.

The Trust hopes to create a Trail of Raingardens that would become an attractive tourist feature as well as enhancing Kinross for its residents. We will also be suggesting that Raingardens are incorporated into new developments in creative, diverse ways, rather than merely the typical Sustainable Urban Drainage System (SUDS) pond.

### Annual Dinner and Talk

The Trust will hold its Annual Dinner on **Tuesday 12 November** at 7.30pm in the Grouse and Claret. There will be a talk afterwards by Simon Montgomery, a Senior Casework Officer with Historic Environment Scotland. The talk will be about Historic Environment Scotland with illustrations of some of the very interesting work they do.

### Well Kept County Awards

#### Presentation Ceremony

The presentation ceremony for the Well Kept County Competitions was held at the Masonic Hall on 25 September. Alistair Smith, Chair of the Kinross-shire Civic Trust, congratulated all participants on their achievements that contributed so much to the well-kept appearance of the county. He presented the awards as follows:

#### Well Kept Villages

Three Stars: Kinnesswood, Glenfarg with Duncricieve, Powmill

Two Stars: Crook of Devon with Drum

Kinnesswood won the cup for the Best Kept Village and a £25 voucher donated by Caulders.

#### Well Kept Hamlets

Three Stars: Wester & Easter Balgedie, Cleish

Two Stars: Glenlomond, Maryburgh, Keltbridge

Wester & Easter Balgedie won the cup for the Best Kept Hamlet and a £25 voucher donated by Caulders.

#### Planning for spring 2020

Village and hamlet organisers are due to meet at the end of October to finalise arrangements for the 2020 competition, which will be held in the spring. The Awards Committee would be very glad to hear from any other Hamlets who would like to take part.

Contact for Kinross-shire Civic Trust Well Kept County Awards: David Hill, email: [drhmarshbrook@gmail.com](mailto:drhmarshbrook@gmail.com)



*Local organisers from the villages (above) and hamlets (below) that entered the Well Kept County Awards*





# Sports News

## Kinross Cycling Club

[www.kinrosscyclingclub.co.uk](http://www.kinrosscyclingclub.co.uk)

It's been a while since I last sat down and composed news from Kinross Cycling Club, and winter hours are drawing in fast. We continue to hold club rides on Saturday and Sunday mornings and full details of the routes are posted on our website a few days in advance. After the clocks go back there will be a single Saturday ride, which departs at 10am (usually from the Community Campus car park) and Sunday rides leave at 9.30am.

As fitness training moves indoors, we will resume our strength and conditioning training at Wazfit. Fitness trainer Joanna Waz will once again be running a winter programme specifically for the cycling club. Classes will start at 7.30pm on Thursday 7 November and will run until the end of March. We will also be utilising the cycle park at Lochgelly for some sessions aimed at building skills and improving and maintaining fitness. They will be on Saturday mornings and will be coached by Level 2 road/time trial coach Martin Harris. Details of dates are yet to be finalised but will be posted on the website.

Kinross Cycling Club has a strong history of supporting local organisations. From the money raised by our annual Sportive we have now donated over £70,000 to CHAS over a nine-year period. We have also supported a number of other



local charities, and this year we asked our members to vote for a deserving organisation in the Kinross area. Broken not Broken came out on top and the photo shows KCC chair Jane



*Kinross Cycling Club has donated over £70,000 to CHAS*

Timperley presenting £200 to Louise Scott and Felicity Shaw at The Beacon in Kinross.

Our awards night dinner will be held at The Grouse and Claret on Saturday 23 November: the annual opportunity to dress up and see if you recognise your friends without their helmets on. We have a great night lined up to celebrate our cycling achievements from 2019, and once again we have a top secret but high-profile special guest. Details of all our activities can be found on the website.

## Orwell Bowling Club

Bowling Green Road, Milnathort

[www.orwellbowlingclub.weebly.com](http://www.orwellbowlingclub.weebly.com)

It's hard to believe that our season is over; our closing day was on Saturday 28 September. It was a glorious day and 12 members turned up to play in this fundraising game. £87 was raised and this money will be combined with the monies raised from our opening game then split between the RNLI and the Blind Bowlers, the charities we have supported for numerous years. Thanks to all the members who helped on these days. The 2019 Annual General Meeting will be held on Sunday 24 November at 2pm sharp. All members are requested to attend.



### RESULTS FOR SEASON 2019

Competition	Winners	Runner Up	Competition	Winners	Runner Up
Gents Champion	Gordon Morton	David Winton	Mixed Triples	Maz Thorn	Tony Venn
Ladies Champion	Maz Thorn	Jean Menzies		Bobby Brian	David Winton
Senior Champion	Linda Reid	Tom Reid	Maclay Trophy	Jean Menzies	Maz Thorn
Presidents	Tom Reid	Gordon Morton		Graeme Duncan	Jim Whittet
Keir Cup	Michael Hamilton	David Winton	Millar Cup	Linda Reid	Sandra Fullerton
Centenary Trophy	David Winton	Michael Hamilton	Hamilton Salver	Sandra Fullerton	Jean Menzies
Sommerville Trophy	Michael Hamilton	David Winton	Nan Crockett Pairs	Jean Menzies	Maz Thorn
	Graeme Duncan	Gordon Morton		Sandra Fullerton	Linda Reid
Kinloch Trophy	Graeme Duncan	Michael Hamilton	Taylor Club Pairs	Jean Menzies	Jeannie Jackson
Meldrum Cup	Gordon Morton	Jim Chambers		Maz Thorn	Anne McGouldrick
	Graeme Duncan	Bobby Brian	Ladies Triples	Mary White	Margaret Hooper
Watt Triples	J H Taylor	Vic McKechnie		Jeannie Jackson	Sandra Fullerton
	Michael Hamilton	Gordon Morton		Nancy Findlay	Jean Menzies
	Andy Lloyd	David Winton	Ann Wilson Nomination	Sandra Fullerton	Jeannie Jackson
Tomney Shield Rink	David Winton	Bobby Brian	4 Bowl Pairs	Jean Menzies	Linda Reid
	Vic McKechnie	Dave Scott	Ladies Nomination	Jeannie Jackson	Sandra Fullerton
	Gordon Morton	Graeme Duncan	2 Bowl Pairs	Linda Reid	Jean Menzies
	Tony Venn	Nicol Tomney	Tuesday Night Points	1st - David Winton	2nd - Tom Reid
Frank Adamson	Sandy Greenhill	Anne McGouldrick	3rd - Bobby Brian	4th - Vic McKechnie	5th - Sandra Fullerton

## Rugby Minis

Sunday 29 September saw us host our annual home rugby festival, where five visiting teams and nearly 270 kids descended upon KGV for a rugby extravaganza. Boroughmuir, Dunfermline, Howe of Fife, Mackie and Perthshire all brought teams of various ages ranging from school years P4 to P7. We were fortunate with the weather as there had been torrential rain for the previous few days. It made us all wonder how KGV would stand up pitch wise, but we never should've doubted the playing area. It has been a marvellous ground for the last 20 years and more.

Excitement brewing and fever relentless, each age group were due to play five matches during the course of the day, with the added bonus of a few medals up for grabs. Rugby was definitely on the agenda as some very talented kids got to work. Rugby is a sport to be enjoyed by all and there are some kids who make it look easy, possibly the stars of tomorrow!

Kinross are very fortunate to have these stars of the future but let's not forget, it's a team sport and we need a balance between those who can run and miss being tackled to those who need time to develop, to grow and to find their confidence within the team.

Results:

P4: Winners Perthshire, Runners up Kinross

P5: Winners Dunfermline, Runners up Kinross A

P6: Winners Boroughmuir, Runners up Kinross

P7: Winners Perth, Runners up Dunfermline



Thank you to all visiting teams who took the time to travel and make it a great day of rugby. Celebrating a big festival of rugby like this is easy afterwards but it would be near impossible for it to go ahead without the help of our coaches, parent helpers and everyone who helped to set up and run tents, stalls and BBQs. We rely on your help to make this club function and run as well as it does. This year both rugby and hockey clubs got together and raised a staggering sum of £500 for Meningitis Now. We received generous donations from a few local businesses and together with gifts from parents a tombola was held on the same day as our home festival. A massive thank you to all who donated – Hunter's

butchers, Mr Chan, The Courthouse, Kirkland's hotel, The Green Hotel, The Complete Look, Le Jardin cafe, Heart & Soul, Sainsbury's and Loch Leven Brewery. Thanks also to Jamie Montgomery for allowing us to use the market park for our car parking, Bouwien Bennet from KLEO for the marquee, Hunter's butchers for excellent burgers and Kinross Pipe band.





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## Kinross Road Runners

<http://kinrossroadrunners.weebly.com>

Our winter training programme is well underway. We have a diverse mix of chatty group runs, torchlit adventures and interval sessions on throughout the winter and, as always, we extend a welcome invitation to any newcomers who'd like to join us. It certainly helps the motivation to get out on the dreich dark evenings knowing you're meeting up with other club members. Our training sessions fit all abilities and involve a variety of running activities. We have interval or repetition sessions, often on a small hill, to improve your running speed, evening torchlit trail runs of up to 5 or 6 miles to help with strength and stamina and slower chatty runs where socialising takes priority! Whether you're new to running, looking to improve or just wanting to keep fit and active through the winter, there will be something for everyone.



*KRR Cross Country team at Livingston*

Many club members are taking part in our winter 5k parkrun series, with their best four times from four different parkrun venues in four months counting towards the parkrun championship. There are prizes for all age categories. There's plenty of events to choose from including our local one at Loch Leven's Larder as well as Perth, Lochore, Dunfermline, Kirkcaldy and St Andrews. Why not give one of them a try? It's a great way to get started with the running bug! For some people parkrun is just not enough on a Saturday so they also take part in cross country events where they might just find themselves competing against our local running legend Laura Muir!

Club training for November is outlined below. We meet for all sessions at 7pm. For local sessions we meet at the reception of the Community Campus and for runs out-with Kinross & Milnathort we meet at the start of the run (or earlier at the health centre car park for car sharing). We also have occasional sessions at the Fife Cycle Park in Glenraig to take advantage of their traffic free and well-lit track. There is an informal trail or hill run on Sunday mornings at a very leisurely pace – meet at 9am at the health-centre carpark. Check our Facebook page or website for further information.

### KRR Programme for November

Tues 5	Street-lit run
Wed 4	2 mile time trial, kit sale and hot chocolate
Tues 12	Hills, interval training
Wed 13	Torchlit trail run – Lochore
Thurs 14	5 x 4min intervals at Park and Ride
Tues 19	Hills – pyramid
Wed 20	8 x 90sec intervals
Tues 26	Hills – reps
Wed 27	Torchlit trail run – John Knox's pulpit
Thurs 28	Pyramid reps/Parlaufs at Fife Cycle Park

## Kinross Golf Club

[www.kinrossgolfclub.co.uk](http://www.kinrossgolfclub.co.uk)

Congratulations to the winners of this year's Men's Matchplay events:

Centenary Trophy – Neil Burke

Piper Cup – David Mackenzie

Seniors Cup – Robin Caldwell

Summer Four Ball – Steven Leslie & David Leslie

Beeches Park Foursomes – Alan Wilson & Gary Paterson

### Ladies Open Stableford results:

Elsie Revie Memorial Trophy – Pam McGregor, Deer Park, 38 points

1st Silver – Sheila Travers, Milnathort, 37 points

2nd Silver – Lesley Hunter, Leven, 36 points

3rd Silver – Maureen Quin, Deer Park, 35 points

4th Silver – Lyn Murray, Kinross, 34 points

1st Bronze – Moira Campsie, Kinross, 37 points

2nd Bronze – Muriel Andrew, Bothwell Castle, 31 points

3rd Bronze – Ann McCrorie, Kinross, 31 points

4th Bronze – Mary Stewart, Deer Park, 31 points

Nearest the Pin 3rd and 16th – Olive O'Sullivan, Muckhart

Solheim Cup Europe Prize Draw – Audrey Thomson, Kinross

Solheim Cup USA Prize Draw – Susan Dudgeon, Canmore

Congratulations to all our winners and thanks to all who took part. The raffle raised £150 for Marie Curie Scotland. As no cash for 2's was paid out, the £41 collected was also donated to Marie Curie Scotland.

Well done Mo Macpherson, our Kinross Golf Club Solheim Cup Ambassador, who won the opportunity to play in the Junior AM-AM event on the King's course at Gleneagles on the Thursday before the Solheim Cup. Mo played with Junior Solheim Cup player Italian Benedetta Moresco and two other Ambassadors and ended up winning 'nearest the pin' on the Par 3 15th!

### Dates for the Diary

**Saturday 2 November** Curry Night.

**Saturday 16 November:** Prize Giving evening with Guest **Speaker/Comedian Les Peters.**

**Saturday 7 December:** Motown Christmas party.

Follow us on Facebook and Twitter, or check out our website for more information.

### Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit **[www.kinross.cc](http://www.kinross.cc)**

## Kinross Vaulting Group

kinrossvaultinggroup.co.uk

### Success at the Scottish Championships

This year's Scottish Vaulting Championships was held at SNEC, West Lothian on 21 September on a beautiful sunny day. KVG vaulters were delighted to bring home a vast array of rosettes, trophies, and happy memories of a successful day out. This year, a whopping eight Scottish Championship titles were attained, including Walk Pas de Deux Junior (Rosalie Peck and Isla Kinns Brown), Walk Pas de Deux Open (Zoe McColl and Caitlin Mitchell), Senior Pas de Deux (Hannah Ballantyne and Molly Turner), Prenovice Individual (Rosalie Peck), Senior Female 1\* (Heidi Ballantyne), Senior Female 2\* (Hannah Ballantyne), Senior Male 3\* (Atholl Pettinger) and Novice Squad (Catrina Mackie, Beth Robertson, Tabitha Peck, Lana McDougall).

**Pre-novice Walk A:** Lily White 3rd, Ivy Peck 6th

**Pre-novice Walk B:** Samuel Wilson 6th, Emily Wilson 7th

**Pre-novice Canter Walk:** Rosalie Peck 1st, Isla Kinns-Brown 2nd, Taylor Dawson 4th

**Novice Individual:** Lana McDougall 6th, Hazel Wilson 10th

**Walk Pas de Deux Open:** Zoe McColl & Caitlin Mitchell 1st

**Walk Pas de Deux Novice:** Rosalie Peck & Isla Kinns Brown 1st

**Female Child 1\*:** Zoe McColl 4th, Iona Robertson 5th, Beth Robertson 6th, Catrina Mackie 9th, Caitlin Mitchell 10th, Beth Robertson 11th

**Female Junior 1\*:** Rachel Leslie 3rd, Catriona Marden 5th

**Female Senior 1\*:** Heidi Ballantyne 1st

**Female Junior 2\*:** Sophie Wilson 10th

**Female Senior 2\*:** Hannah Ballantyne 1st, Molly Turner 3rd, Yasmin Williamson 4th, Kirstin Henderson 5th

**Male Junior 2\*:** Jack Wilson 2nd

**Male Senior 3\*:** Atholl Pettinger 1st

**Senior Pas de Deux:** Molly Turner & Hannah Ballantyne 1st and finally, the **Novice Squad** (names listed above) came 1st.

### British Equestrian Vaulting Championships, 12-13 October

Thirteen vaulters and four horses from KVG recently competed in the British Equestrian Vaulting Championships, the last major UK-wide vaulting competition of 2019. This year the championships took place at Bishop Burton



College, near Hull. The commitment and hard work put in to training by the KVG team over this year certainly paid off, and the club are thrilled with all the rosettes, prizes and podium places attained. Three British Champion titles, two Reserve Champions and one further podium place were achieved at the event. Heidi Ballantyne attained the title of British Champion for the Senior Female 1\* class, and Hannah Ballantyne and Molly Turner were crowned British Champions for their spectacular Senior 2\* Pas-de-Deux, all on the Ballantyne family's horse Superdelux. KVG's Novice Squad took the British Champion title for their category, vaulting on Liz Mackay's Dazzling Edition. Reserve Champion places went to Molly Turner in the Senior Female 2\* class and to Jack Wilson in the Junior Male 2\* class.

**Individual Prenovice class:** Rosalie Peck 8th and Isla Kinns-Brown 12th.

**Novice Individual class:** Lana Macdougall 6th.

**Child 1\* female:** Beth Robertson 13th, Tabitha Peck 12th, Catrina Mackie 11th, Iona Robertson 8th, Zoe McColl 5th and Caitlin Mitchell 4th.

**Senior 1\* female class:** Heidi Ballantyne 1<sup>st</sup>, attained the British Champion title.

**Senior 2\* female class:** Hannah Ballantyne 3rd and Molly Turner 2nd.

**Junior 2\* male class:** Jack Wilson 2nd.

And finally, our fabulous **Novice Team**, comprising vaulters Catrina Mackie, Beth Robertson, Tabitha Peck, Lana Macdougall, Isla Kinns-Brown and Rosalie Peck, won the Novice Squad class. Coached by Hannah Ballantyne, this young team has gone from strength to strength this year.

Once again, the club are extremely proud of all the extra effort put in in the run up to the Scottish and British Championships by our vaulters, horses, coaches and lungers. In the face of strong opposition from vaulting clubs from all over the UK, the KVG team continues to shine, and to achieve impressive results. The club are very fortunate to have access to top level coaches and lungers, who are all volunteers, backed up by a good number of supportive parents and drivers which all combine to make the magic happen!

Please contact Liz Mackay to find out more about KVG and how you can get involved at [lizmacward@hotmail.com](mailto:lizmacward@hotmail.com)



Tabitha, Iona, Caitlin and Zoe waiting to compete at the British Championships



Members of the KVG team who competed at the British Championships



## Volleyball

Connor Boyle and Mitchell Brown, former members of Kinross Volleyball Club only entered the International Beach Volleyball competition two days before the entry deadline, and with Connor now based in London and Mitchell in Kinross, they only had two days to work together before the competition started. Perth's Darnhall Tennis Club was the venue for the Small Nations' Beach Championships and the pair did well to reach the semi-final stages with fine performances in the pool matches. They defeated the two Northern Ireland pairs 2-0 and 2-1 respectively to see them through to the quarter finals. In the quarter final match they met the top Northern Ireland pair with the local lads winning through by two sets to love.

This set them up for a semi-final tie, first thing on the Sunday morning where they met a formidable pair in the Ferry brothers from Monaco, the number two seeds. Despite playing some good volleyball the match was a step too far and their title hopes were dashed.

This set up a third/fourth play-off match against England pair Bialokoz and Garcia-Kidd who have been training together for the past two seasons. Both teams fought hard, entertaining the crowd with long, powerful rallies which saw the England pair just pip the Scots to take a one set advantage. The Scots' lads just couldn't sustain the blistering

pace of the game and slumped to a second set defeat. So, to finish in fourth place after only coming together for a couple of days was very creditable, and the pair left with many good memories and a determination to team up again for next season's beach circuit.



Mitchell (left) and Connor (right) at the Beach Volleyball International in Perth

Mitchell was back on international duty in mid-October with the full Scotland men's team when they travelled to the Faroe Islands to compete against Greenland, Iceland and the Faroes. Mark Cathro, also from Kinross, probably should have been with the team but an ankle injury at national team training

ruled him out for six weeks. Despite losing to Iceland in the opening match, other results went in Scotland's favour and they finished as champions based on sets won.

### Local Cup Competitions

Three local teams competed in the Perth District Recreational Cup competition at Bell's Sports Centre with newcomers Kinross High School joined by Kinross BB and Kinross Mongrels. Kinross BB progressed to the knockout stage of the competition before losing to the eventual winners Plus Perth.

The two Premier League teams will compete in the Premier League Cup competition on Sunday 27 October with both leagues commencing in November.

### Junior Boys

A number of junior boys from Kinross High School took part in a pre-season tournament in Edinburgh with teams from Edinburgh and Aberdeen joining the Perth & Kinross team. The boys took a while to settle but played their best volleyball in the third/fourth play-off match against Edinburgh NUVOC where they lost the first set 26-28, won the second set 28-26 and were 7-1 ahead in the third but a storming come back from NUVOC saw them take the bronze medals 15-12.

Indoor volleyball is back at the Campus after the school October break and the Monday evening coaching sessions from 8pm-9.45pm are open to all ages and only cost £2 per person.

## Kinross Badminton Club

We held our AGM in September. Bill MacDonald was reappointed as president and treasurer, probably for the last time as he expects to step down next year after many years in key roles supporting the club. Graham Sorbie was appointed secretary and Matt Brown as league team organiser. Chelsea Byre, Connor Barford, Tom Foot, and Liam Morris, and Joe Pakraval agreed to be members of the committee.

The subscriptions and nightly fees were agreed to remain same as last year: £30 for adult annual membership, £4 nightly fee for adult members and junior non-members, £5 nightly fee for students, and £6 nightly fee for adult non-members.

We continue to meet each Tuesday at 8pm at the Community Campus in the main sports hall, all players are welcome to come along. Our last night before Christmas will be 17 December, then we will resume on 7 January. You can follow Kinross Badminton Club on Facebook for the latest club news or to send a message/enquiry, and if you would like further details you can contact Bill MacDonald on 07933 164167, or Matt Brown on mnbrown37@gmail.com.



## The Kinross Community Council Newsletter

is available from:

**The Co-operative**

**Baillies**

**Sainsbury's**

**Giacopazzi's**

**Giacopazzi's**

**Stewart & Smart**

**Heaven Scent**

**Buchan's Garage**

**Shop**

**Fossoway Store**

**Fossoway Garage**

**Mona's Coffee Shop**

**Powmill Stores**

**RSPB Shop**

**Loch Leven's Larder**

**Glenfarg Village Shop**

High Street, Kinross

High Street, Kinross

Station Road, Kinross

Lathro, Kinross

New Road, Milnathort

Stirling Road, Milnathort

South Street, Milnathort

Main Street, Kinnesswood

Main Street, Kinnesswood

Crook of Devon

Crook of Devon

Muckhart

Powmill

RSPB Loch Leven

Near Wester Balgedie

Glenfarg

## Kinross Tennis Club

[www.kinrosstennisclub.org.uk](http://www.kinrosstennisclub.org.uk)

A couple of dates for your diary: Our AGM takes place on Thursday 21 November 2019 at 7.30pm at the KGV Rugby Clubhouse, and the club Christmas Dinner will take place on Wednesday 11 December 2019 at the Grouse & Claret this year. We hope for a good attendance at both events, though one may be more enjoyable than the other, hic!

### New Teen Girls Beginners Tennis – Free Taster Session

Kinross Tennis Club is starting a brand-new beginners tennis class especially for teenage girls! The course, designed by Judy Murray for teenage girls, includes fun individual, paired, and team games for developing the skills needed to play tennis.

The free taster class will be on Tuesday 22 October at 7.30pm followed by a 6-week block of classes starting Tuesday 5 November. The classes will be held indoors at Loch Leven Community Campus and are suitable for girls ages 12 and over. The cost for the block is £27 (£4.50 per session.). All classes will be run by LTA Accredited coach and She Rallies Activator Siobhan MacLeod. All equipment will be provided. To book a space at our free taster, or for more information contact our Facebook page, call 07443 223408 or email [kinrosstenniscoaching@gmail.com](mailto:kinrosstenniscoaching@gmail.com)

### Mini and Junior coaching

Our junior coaching programme continues through the winter, we just move indoors to be warmer and ensure continuity of classes. Our current block has begun and runs until 10 December. We offer a range of classes on Tuesdays (Loch Leven Community Campus) and Saturdays (Millbridge Hall) to suit children of all levels which will be active, encouraging, and most importantly, fun!

### Tots Tennis for 2.5-5 years (with a participating adult)

Saturday's 9.15-10am and 11.15am-12pm. Introduces the basics of tennis through fun games and activities to improve balance, coordination, agility and racket and ball skills.

### Family Tennis 6 years and over (with participating adult)

Saturdays 10.30-11.30am. Gives children and their parents or carers the chance to learn or re-discover tennis skills through lots of games, activities and hitting practise. Ideal for children who lack confidence in group lessons.



### Mini Red 5-7 years

Tuesdays 5-5.50pm. Introduces the movement and coordination skills of tennis with a slow ball and mini nets with fun games and an introduction to some competition.

### Orange ball 8-9 years

Tuesdays 5.50-6.40pm. Builds on movement and coordination skills on a slightly bigger court with faster balls. Lots of games and fun competition.

### Green ball 10 years and over

Tuesdays 6.40-7.30pm. Introduces the full-size court for players looking to learn, develop and progress their tennis skills.

Numbers will be restricted so please book your place ASAP.

### Adult Beginners and Improvers' Coaching

Always fancied playing tennis but lacking the confidence to get on court? Played a long time ago but worried you've lost the ability? If so, we run adult beginner and improvers' tennis lessons and these will be ideal. Beginners will be taught new skills and be shown how to serve, rally and score in a fun, active, and enjoyable session, so by the end you will be able to enjoy fun matches with friends and family. The improver sessions are ideal for players looking to build on the tennis skills they've already learned during a fun, sociable, and lively session with lots of hitting practise!

The autumn block of adult coaching has just finished but we are looking to continue with pay-as-you-go, weather-permitting sessions on Tuesday mornings and Sunday evenings. If you are interested in adult coaching please do get in touch.

All mini, junior and adult sessions will be run by LTA-accredited coach Siobhan MacLeod.

To book, or for more information, please email [kinrosstenniscoaching@gmail.com](mailto:kinrosstenniscoaching@gmail.com) or call 07443 223408.

Club nights continue on Wednesdays at 6.30pm and Sundays at 10.30am, and the Thursday afternoon-ers head indoors to Gleneagles! Please pop down and join in.

New members are always welcome and enquiries can be made to [kinrosstennis@gmail.com](mailto:kinrosstennis@gmail.com). Visitors are also welcome with access available from Sands the Ironmongers for a small fee.

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**CLEISH** – Members of Cleish SWI would like to thank everyone who supported them in raising money for Cancer Charities. We raised £1550. A tremendous effort. Thank you all very much indeed.

**BISHOPSHIRE** – President, Joanne Cowan, welcomed members and our Speaker, Graham Irwin of Scottish Lavender Oils at Tarhill near Burleigh Sands who gave a very interesting talk about setting up the only Lavender Farm in Scotland. Members are looking forward to going to one of the open days being arranged next year.

Lavender Shortbread Margaret Paton

Flower of the month Jane Martin

We meet on the second Thursday of every month in Portmoak Village Hall at 7.30pm, visitors and new members are always welcome.

**BLAIRINGONE** – President Mary Ramsay introduced Kenny Cook, Sport Development Officer from Clackmannanshire Council who led a fascinating lesson on how to improve mobility and balance for older women or those recovering from hip or knee replacements. Kenny showed the ladies a range of simple movements using only a chair which could be done at home. All of our rural members managed to complete the 30-minute session with relative ease and his recommendation that doing them at least three times a week would enhance general fitness, mobility, balance and prolong activity for longer. The fitness programme is called OTAGO and originally came from New Zealand and is recommended by the medical profession. Mary, when she thanked Kenny, said that she hoped it would give her members a new lease of life.

Four pieces of tablet Moira Cousar

Flower of the Month Valerie Scott

**GLENFARG** – Glenfarg held an Open Meeting where Mac Stewart showed members and guests how to make wet felt then set them all to make felt balls. This seemed to create a lot of merriment and the end result was some very interesting earrings. Potential show entries? Liz Yull proposed the vote of thanks.

Flower of the Month Liz Yull

Knitted scarf Allison Messenger

Canapes Allison Messenger

**POWMILL** – President Fiona Buchanan welcomed everyone to our October meeting on Wednesday 16th. A games night was organised by Anne McKay. It was a very lively & fun evening and thoroughly enjoyed by all.

Slice of tea loaf Mary Wilson

Favourite print/picture Elsie Johnston

Flower of the month Mary Wilson

Our next meeting will be a talk on the Holy land on Wednesday 20 November, Moubary Hall, Powmill. 7.30pm. All welcome. If you would like more information please contact Fiona Buchanan on 07855 180858 or email [powmillswi@gmail.com](mailto:powmillswi@gmail.com).

**MILNATHORT** – Milnathort SWI met in the Town Hall on Thursday 19 September 19, Jean Paterson, President, welcomed everyone after the summer break. Kinross Show had to be cancelled due to the 'inclement' summer weather, but our entries were taken up to a very soggy field and marquee to be duly judged later that day, we were pleased with our entries and Jean received our trophy for most points for her floral entry. We look forward to better weather next year! Minutes and other general business were read out, various up and coming events being mentioned. Jean then introduced Alasdair Shearer, his talk being entitled 'Life in a Chemist Shop', Alasdair is the Pharmacist at Davidsons Chemist in Milnathort, consequently he knew most of our members by sight!! He gave an excellent in-depth insight into his work at the shop along with the other team members who look after their customers. All in all, a good light-hearted evening. After refreshments and drawing of the raffle, Jean thanked Alasdair for keeping us entertained and wished everyone a safe journey home.

Floral arrangement in a kitchen utensil Jean Paterson

Three oatie biscuits Kathleen King

Flower of the month Grace Drysdale

On Thursday 17 October, Jean Paterson, President, welcomed members and one visitor, minute and notices were read and lots of up and coming events mentioned.

Jean then introduced John Marshall, his talk being 'Travels with Potatoes', he gave an excellent insight into his early life in the 50's and 60's when potato farming was carried out mostly by hand, then moving on to the early types of mechanical machinery used, up to today's enormous machines. His work with the Potato Marketing Board eventually took him to countries all over the world, Hungary, Romania, Vietnam and China being mentioned, he lastly visited Peru supposedly the origins of the humble, but now essential, potato. He also spoke about how all the different types of potato were 'engineered.' Grace thanked John, on behalf of everyone, for a very enjoyable talk.

Photo of my garden Kathleen King

Leek and Potato Soup Kathleen King

Flower of the month May Paterson

Jean thanked everyone for coming along and wished them a safe journey home.

**CARNBO** – President Angela Browning welcomed everyone to the October meeting. After business Angela presented the Kinross show winners with their trophies and cups, also Helen Payne was awarded the golf scratch trophy.

Annie Hay gave a demonstration on the making of lampshades, then several members made lampshades for themselves.

A vote of thanks was given by Val Gibson.

The next meeting is on 18 November at Carnbo Hall at 7.15pm. All welcome.

Flower of the month

Frances Drysdale

Cushion Cover

June Brunton

# Out & About

## RSPB Loch Leven

facebook.com/RSPBTaysideFife

www.rspb.org.uk/lochleven

Telephone: 01577 862355



The arrival of autumn has seen the arrival of thousands of pink-footed geese at RSPB Loch Leven. Visitors to the reserve during October have been greeted most mornings by the lovely sound of thousands of pink-footed geese calling to each other with their distinctive 'wink-wink, wink-wink' calls as they fly over the loch or feed on the wetlands. These geese have arrived from Iceland and Greenland and many of the geese will stay for the winter. However, some are using Loch Leven as a stop-over point before continuing

whooper swans which fly here from Iceland in their family groups to stay for the winter. They can usually be seen on the Carden flood from one of our hides or in Vane Bay, making their trumpeting calls and bobbing their heads to each other, checking that they have all landed safely together in their family groups. There are also large flocks of ducks on the reserve with goosanders, pintails, pochards, goldeneyes, wigeons, teals, golden-eyes and, of course, tufted ducks all being seen on the lagoons or in Vane Bay.



Whooper swans by Alex Gilfillan

their journey further south to areas such as Lincolnshire and North Norfolk. There have been large flocks of 4500 geese, sometimes as many as 4500 visible from the Visitor Centre most mornings, resting and grazing on the grassland. There have been a small number of barnacle geese and there have even been reports of a blue-morph snow goose! Another familiar autumnal sound can be heard amongst the newly arrived

Our bird feeders near the visitor centre and along the Leafy Loop trail are very busy with many finches, tits and tree sparrows. Perhaps some bramblings will come to visit as well as winter progresses. We are seeing more of the acrobatic red squirrels in the woodlands and along the Leafy Loop trail, now that the trees have lost many of their leaves. Our new underpass was officially opened during the weekend of 18 and 19 October and many visitors have

commented on how easily they can now access the Heritage Trail from the visitor centre and vice versa, whether on foot, bicycle, mobility scooter or with a pushchair.

During the month of November, we have several exciting events lined up. We are holding a **Dawn Goose Watch on Sunday 3 November at 6.15 am** for those keen to see the geese first thing in the morning when we hope to experience the sight and sound spectacular of thousands of geese flying off together to their feeding grounds. The event will finish in our cafe with an egg or bacon roll and a hot drink! RSPB members £12, non-members £15. **'An introduction to stargazing'** is taking place on **Tuesday 12 November 7-9pm** at the visitor centre when we are joined by experts from the Dalgety Bay Astronomy Club bringing with them top kit and tips: RSPB Members £10 (child members £4), non-members £12 (child non-members £6). Join us on **Saturday 16 November at 7pm** for **'A trip back in time: Mary Queen of Scots'** with local writer David Munro: RSPB members £8 (child member £3) non-members £10 (child non-member £5). Come with a paper and pen for a **'Wildlife Writing Workshop'** on **Sunday 17 November 10am-2pm** with author and poet Anita John: RSPB members £10, non-members £15.

Booking is essential for all of these events. To book please visit our Eventbrite page at [rspblochleven.eventbrite.com](http://rspblochleven.eventbrite.com)

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## Weather



### September Weather Report from Kinross

Total rainfall	131.8mm = 5.27ins
Heaviest rainfall	23.6mm (22nd)
Total sunshine for the month	137.5 hours
Sunniest day	10 hours (7th)
Minimum temperature average	6.31°C
Lowest temperature	1°C (15th)
Maximum temperature average	16.2°C
Highest temperature	21.8°C (20th)





It's been a wet autumn. The loch level has remained high throughout. Not great conditions for many of our birds that we see staging here in the autumn. We are now preparing for winter. The final grass cuts are going ahead and we are looking to remove the sheep from St Serfs shortly.

The new boardwalk between the Pier and Kirkgate was completed earlier than expected. It looks fantastic and we are delighted.

The pink-footed geese have been very obvious around Loch Leven these last few weeks. Many birds have been feeding on the fields and using the loch to bath and roost. Our first count of the year went ahead in the middle of October. A total of 13,247 were seen. We count the geese monthly around the loch.

There were a few interesting local ornithological records around the loch. A nuthatch was a first to be recorded for the Loch Leven recording area. This long-awaited first was seen on the golf course coming to bird feeders.

These birds prefer the tall mature trees of Perthshire but have slowly been slowly colonising Fife but they are still a thinly distributed bird in Scotland. A

record count of barnacle geese was recorded. 540 birds in total were seen joining the pinkies on the south shore in October. This happened as part of a huge movement of migrating birds that were recorded along the east coast of Scotland. It's always spectacular to see migration in action. An American snow goose was seen with the geese a



*A nuthatch, seen recently at Loch Leven*

few times during the month. Another American visitor was a ring-necked duck that could be spotted with the pochard along the east shore. A very late garganey was noted behind St Serfs with the low numbers of teal. A marsh harrier kept spooking the geese on the south shore. Up to ten Slavonian grebes have been on the loch throughout the month.

Sarah's first forest school group was

very successful. The participants played games, hunted bugs and learned how to make a fire safely. We hope to do more of these sessions in the future after we spent time in the Highlands this summer perfecting our teaching practices.

Two events for your diaries. We are running a **Christmas decoration workshop** on **7 December**. It'll be held at the Pier from 2-4pm. We also have a **wreath workshop** on **Thursday 12 December** from 7-9pm, also at the Pier. Please phone the office or email if you wish to book on 01738 458609 or at [lochleven\\_nnr@nature.scot](mailto:lochleven_nnr@nature.scot).

Between 24 October and 11 November we will be using questionnaires to survey visitors of the Loch Leven Heritage Trail. This will follow up on work that was done five years ago and will help us to better understand the reasons people visit the trail and how we can best manage the site for the enjoyment of everyone. If you see us on the trail, please do give a moment of your time to share your views with us! Please keep an eye on the blog, Instagram and the Loch Leven NNR Facebook page. All are regularly updated. TTFN.

*Jeremy Squire (Reserve Officer)*

## Farming

I hope you've had the opportunity to see the amazing bale art in our field at the side of the M90, south of Kinross. It's the Kinross JAC entry in the national Young Farmer bale art competition, so is one of many creations up and down the country. This year the Kinross members made a brilliant Rugby World Cup themed display, it's amazing what can be created with some different sizes and shapes of straw bales, a good imagination and a bit of expert forklift driving. Well done to everyone involved.

Fruix also has the B9097 splitting up the farm so if my sheep are grazing here, I often have to move them along the road in between fields. Today I managed to create a wee lamb jam. I sent Liz, our trusty collie, round the field and she quickly returned with a big lot of lambs together, it looked like 95, which is the number I expected, so we navigated them out on to the road together. Andrew was in front with the forklift to warn the motorists. I felt we looked almost professional with such a graceful operation, and opened up the back of the landover to let Liz jump in and keep her safe from the



*Rugby World Cup themed hay bales!*

traffic. I glanced across the field before jumping in myself, just in time to see a handful of lambs appear over the wee hill. Oops! They were left behind and the rest of their gang were racing along the road at a good pace. By the time Liz had done her second round up we had a line of about six cars each way watching the calamity. Apologies to the motorists, you were very patient and I believe this type of thing is often called Edu-tainment!

Anyway, the lambs were happy to be moved onto the field of fresh grass, immediately chomping through the lush green vegetation like it is the best meal ever. It's been a good year for grass growth and we have reared 1284 lambs, almost all on grass alone. After we selected 244 of the female lambs to retain for breeding, I calculated the farm has produced nearly 22 tons of Scotch lamb for the supermarket shelves. My neighbouring beef farmers are also able to convert grass into Scotch beef successfully, and dairy cows in our area spend their lives producing good quality delicious milk from a forage-based diet. I'm pleased to see some reports that this process is more efficient and less damaging to the environment than previously reported in the media. I'm no scientist but I've never been able to understand how the Scottish livestock industry was suddenly in the same league of emissions as heavy industry, air travel or city congestion. Indeed, if I could have run along the road behind the lambs with Liz today, it would have been a zero-carbon operation. Maybe I need to download that couch to 5k app!

*Fiona*

# Kinross-shire Churches Together



## Kinross Parish Church of Scotland

*Following Christ | Spreading the Word  
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10 Station Road, Kinross KY13 8TG (Charity no SC012555)  
Church website: [www.kinrossparishchurch.org](http://www.kinrossparishchurch.org)  
Facebook: [www.facebook/kinrossparishchurch.org](http://www.facebook/kinrossparishchurch.org)  
Church E-mail: [office@kinrossparishchurch.org](mailto:office@kinrossparishchurch.org)  
Church office and church open: Mon-Fri 10am-12 noon.  
Church Office: Tel. (01577) 862570

*Contact the church office if you are interested in leasing rooms in the church or church centre.*

Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952

Ordained Local Minister: Tel: (01592) 840602

Rev Margaret Michie Tel: (01577) 865780

Session Clerk: Jaffrey Weir Tel: (01577) 865780

**Events listed below are in the church unless indicated otherwise.**

### Regular Services and Events

**Sundays:** 10.30am: Morning Service with creche. Junior Church (age 3 to P7) and 'Jam Pact' (Secondary Age) meet at church centre from 10.15am, finish at church.

7.30pm: 'Crossfire' (\$1 upwards) in church centre.

**Tuesdays:** 10am: Pram Service.

3.15pm: 'Talkback' for P6/7 in the garden room, Church Centre.

**Wednesdays:** 10.45am: Mid-week Worship, Church Centre.

**12noon A Time For Prayer.** An informal meeting for prayer in the church in the middle of the week.

1.30pm: Craft Group.

**Fridays:** The Brigade, Church Centre.

Anchor Section 6-7.15pm, Junior Section 7-9pm,

Company Section 8-10pm (Contact: David Munro 862126).

**Saturdays:** 10am-12noon 'Coffee Stop', Church Centre. Coffee, cakes and book sale most Saturdays.

### Other Events and Services

#### November

**Sun 3** 10.30am: Morning Service, followed by Informal Communion at 11.45am.

**Mon 4** 8am: Silent Meditation.

**Tue 5** 2.30pm: Service at Whyte Court.

4pm: Service at The Sycamores.

7.15pm: Guild, church centre: 'Neal's Yard Remedies'.

**Thu 7** 7.30pm: Thursday Group, church centre: 'Wire Jewellery'.

**Sat 9** 8.30am: Prayer Breakfast (names in advance to church office).

10am – noon: **Christmas Crafts and Coffee**, church centre. Organised by the church's Craft Group.

**Sun 10 Remembrance Sunday.**

10am: All-Age Remembrance Service.

10.55am: Community Service at War Memorial, County Buildings.

11.15am Morning Service – 80th Anniversary of World War II.

2.30pm: 'Let's Sing' – sing along, cup of tea and a chat. Primarily for those with dementia and their carers but all welcome.

**Sat 16** 11am – 1pm: All Friends Together. A gathering for folk with learning disabilities.

**Tue 19** 7.15pm: Guild, church centre: 'Todd and Duncan – the Mill'.

**Thu 21** 9pm: late evening service of Compline.

**Sat 23** 2pm - 3.45pm **Family film and hot chocolate.** Relax and warm up before the Christmas market. Organised by the Family Week Team.

**Sun 24** 6.30pm: Informal Evening Service.

**Tue 26** 2.30pm: Service at Causeway Court.

## Cleish Parish Church Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: [estenhouse@churchofscotland.org.uk](mailto:estenhouse@churchofscotland.org.uk)

Session Clerk: Neil Maclure

Email: [neil.maclure19@gmail.com](mailto:neil.maclure19@gmail.com) Tel: 01577 864826

Please visit our website: [www.cleishchurch.org](http://www.cleishchurch.org)

**Sunday Services 11.15am**

### November

**Sun 3** 11.15am **Morning Worship** followed by refreshments in aid of Guild funds. **Traidcraft Stall.**

**Mon 4** 3.15pm **Messy Church** in the Village Hall. Open to all children and their carers.

**Sun 10** 11.15am **Remembrance Sunday.** Morning Worship followed by Congregational Lunch in the Village Hall.

**Sat 16** 8.30am **Men's Breakfast Meeting** in Elizabeth Wilkie Hall, Fossoway.

**Sun 17** 11.15am **Morning Worship\*.**

**Sun 24** 11.15am **Morning Worship\*.**

**Sacrament of Holy Communion.**

**Sun 25** 2pm **Cleish Guild** meet in the Village Hall.

Please note that refreshments will be served in the Young Room after Morning Worship. All welcome.



## Loch Leven Church

(Charity No: SC049050)

Loch Leven Church meets at Loch Leven Community Campus, at 10.30am each Sunday.



Forthcoming services:

**3 Nov** Nehemiah 9 – Corporate confession (Ross Simmons).

**10 Nov** Nehemiah 10 – Time to commit & Remembrance Sunday (Matthew Leach).

**17 Nov** Nehemiah 11:1-12:26 – The Holy City (Peter Grainger – Director of 2 Timothy 4 and Former Senior Pastor, Charlotte Chapel).

**24 Nov** Nehemiah 12:27-47 – Reason to rejoice (Caroline Jones with Fiona MacDonald, Director of National Ministries at Scottish Bible Society).

**1 Dec** Nehemiah 13 – Corrective measures and Communion (Andy Hunter – FIEC Scotland Director). Christmas party for the kids during the service.

Everyone is warmly welcome and there are separate activities for children during the service. To find out more about us, please visit [www.lochlevenchurch.com](http://www.lochlevenchurch.com).

### Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org) or phone Ross McConnell on 01577 865885 or email

[subscriptions@kinrossnewsletter.org](mailto:subscriptions@kinrossnewsletter.org)



## Orwell and Portmoak Parish Church

**Church of Scotland** (Charity number SC015523)

Minister – Very Rev Dr Angus Morrison

Telephone: 01577 863461

Email: angusmorrison3@gmail.com

Website: www.orwellportmoakchurch.org.uk

### Sunday Worship, Junior Church and crèche:

10am Portmoak Church,

11.30am Orwell Church.

All children welcome. Crèche available during the services.

**Please note that joint services will be held on the first Sunday of each month in alternate churches at 10.30am.**

**Prayer Meeting** held 30 mins before each service.

**Service at Ashley House:** first Thursday of the month at 2.30pm.

### Morning Prayers at 9am

Each Thursday at Portmoak Church New Room.

Each Friday at Orwell Church.

**Messy Church Saturday 30 November** in Portmoak Hall from 4-6pm.

### Dates and events for your diary

- 3 Nov** Joint All-age Service in Portmoak Church at 10:30am. No morning service at Orwell Church.
- 10 Nov** Remembrance Day services in both churches.
- 12 Nov** The Guild meets in Orwell Hall at 2pm – Keren Guthrie talks about Blair Castle.  
Culdees Celtic Service in Portmoak New Room at 10:30am – All are welcome.
- 26 Nov** The Guild meets in Orwell Hall at 2pm – Peter Donald talks about the Sailors' Society (A Guild Project).  
Culdees Celtic Service in Portmoak New Room at 10:30am – All are welcome.
- 29 Nov** Oasis Ladies Group meets in Portmoak New Room at 10:15am – Making Gift Bags with Anna Garner.
- 1 Dec** Joint All-age Service in Orwell Church at 10:30am. No morning service at Portmoak Church.

Everyone welcome!

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**Please note new office opening times.**

Contact the Office 01577 861200  
orwellandportmoakchurch@gmail.com

## Fossoway, St Serf's & Devonside Church

**Church of Scotland** (Charity number SC013157)

Church Road, Crook of Devon, Kinross-shire, KY13 0UY

www.fossowaychurch.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassicsoul@aol.com

Our church is a very warm and welcoming place situated in the Crook of Devon, a small village about six miles from Kinross. Come and join us, we would love to meet you.

**Sunday Services** at 9.45am. All are welcome.

### November

- Sun 3** 9.15-9.30am A Time for Prayer.  
9.45am Morning Worship followed by refreshments.
- Fri 8** 10.15am Remembrance Service at the War Memorial at the Crook of Devon Village Hall, with children from Fossoway and Seamab Schools. All are welcome.
- Sun 10** 9.30am Remembrance Sunday service at the Crook of Devon Village Hall.
- Sun 17** 9.15-9.30am A Time for Prayer.  
9.45am Morning Worship.
- Sun 24** 9.15-9.30am A Time for Prayer.  
9.45am Morning Worship and Celebration of Holy Communion.

### Refresh Thursday

Thursday afternoons 2-4pm. Join us for a friendly blether with delicious home baking, tea and coffee, all are welcome.

### House Group

The House Group meets on Wednesday evenings 7.30pm till approx 9pm. All are welcome. For more details please phone Debbie Hill 01577 842268.

### Film Evening

Friday 1 November, 7.30pm-9.30pm in the Church Hall.

Our next film is: *Red Joan*<sup>12</sup>, the story of Joan Stanley, who was exposed as the KGB's longest-serving British spy, starring Judi Dench.

Please join us for the film, a cuppa and a blether and even some popcorn.

We will not be having a Film Night in December, however, we will be showing a special mystery **Christmas Film on 29 November, 7.30-9.30pm**. Do come along and enjoy the Christmas surprise!

### Fossoway Babies and Toddlers

Every Friday during term time 9.30-11.30am, Fossoway Church Hall. Snacks, play and blether.

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## St Paul's Scottish Episcopal Church

(Part of the Worldwide Anglican Communion)

Muir, Kinross, KY13 8AY Tel: 01577 864299

Email: office@stpaulskinross51.plus.com

www.stpauls-kinross.co.uk

Fr David Mackenzie Mills, Rector. Tel: 01577 863795

Email: frdavidkinross@gmail.com

You can also find us on Facebook

www.facebook.com/stpaulsepiscopalchurchkinross

St Paul's is inclusive, friendly and welcoming to all age groups (whether regular churchgoers or if you're simply inquisitive about who we are and what we do.)

We are excited about the ways in which God is calling us to grow as a community, for the community. (*The Rector is licensed by the Registrar's Office to conduct same sex marriages at St Paul's*). Our aim is to express our deep appreciation of both the spoken and sacramental Word with a lightness of touch and a smile.

Children are equally welcome to stay in church during the service or go to the meeting room for Sunday School and everyone is particularly invited to stay together during our monthly 'Whole Church' services.

We predominantly use the 1982 Liturgy on Sunday mornings but create experimental devotion for special events throughout the year. If you would like to give us a try, we look forward to meeting and greeting you and hope that you might enjoy becoming part of this faithful family of Christ.

**1st Sundays** 4pm Evensong with hymns.

**1st Mondays** 10am Pastoral Care group (Side chapel).

**Tuesdays** 11am Informal Holy Communion (Side chapel).

**Thursdays** 10am Thursday morning discussion group (usually in the meeting room). 1.45-2.45pm Rector's Hour. An opportunity to drop in and speak to the Rector in the church office.

**Forthcoming services and events – all welcome**

**November**

**Sun 3 ALL SAINTS SUNDAY**

8.30am Holy Communion.

11am Sung Eucharist.

4pm Evensong with hymns.

**Sun 10 REMEMBRANCE SUNDAY**

8.30am Sung Eucharist.

10am Service of Remembrance (Kinross Parish Church).

11am Act of Remembrance (Cenotaph).

**Sun 17 Pentecost 24 (Proper 33)**

8.30am Holy Communion.

11am Whole Church Sung Eucharist.

**Sun 24 CHRIST THE KING**

8.30am Holy Communion.

11am Sung Eucharist.

**\*\*NB: ST PAUL'S AGM IS ON SUNDAY 1 DECEMBER\*\***

## Kinross Gospel Hall

Montgomery Street, Kinross www.kinrossgospelhall.info

**Sunday** 10.30am Breaking of Bread.

12.30pm Sunday School.

4.00pm Gospel Meeting (1st and 3rd Sundays of the month, Friends and Neighbours Tea).

**Monday** 7.30pm Prayer Meeting.

8.15pm Bible Study.

**Thursday** 9.30am Toddlers Group (Montgomery Toddlers).

**Deadline for all Submissions  
5pm, Friday 15 November  
for publication on Saturday 30 November**

## St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

www.catholickinross.com Email: Fr.MartinPletts@gmail.com

facebook.com/parishpriestkinross/

facebook.com/stjamesprayergroup/

### Regular Services

**Mon** 7pm Holy Mass preceded by Confessions and Prayer Group at 8pm in the church hall.

**Tue** 10am Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).

**Wed** 10am Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am). Teas/ Coffees after Mass, in the church hall.

**Thu** 10am Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).

**Fri** 10am Holy Mass preceded by Morning Prayer and Confessions (9.30-9.50am).

3pm Divine Mercy Devotions.

**Sat** 10-10.30am Adoration of the Blessed Sacrament and Confessions (first Saturday of every month Holy Mass at 10am).

6pm Vigil Mass.

**Sun** 9.30am Mass (teas/coffees after Mass in church hall).

**Confessions** also on request.

**Prayer Group** meets on a Monday, 8pm-10pm, in the church hall and is open to all.

**Children's Catechism class** meets every Monday during term time, 3.45pm-4.30pm in the church hall.

The weekly newsletter, Mass times, news and updates or changes can be found on our website.

## Kinross Christian Fellowship

Jesus said, 'I am among you as one who serves.'

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross.

Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Bible-based preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

Everyone is welcome to either service or to both, so please come and, *taste and see that the LORD is good*.

Contact Peter on 01577 863509, for further information.

KCF also runs the Talking Donkey cafe – see separate notice in the Newsletter. Additionally, the Friday evening Youth Group at the Millbridge Hall (Space) is also the responsibility of our Fellowship, and we are pleased to accept this privilege.

## Obituary

**Milne – Alexander (Sandy)** Formerly of Alyth, Sandy Milne died suddenly on 23 September after a brave battle with cancer for the last year. He is survived by his wife Jacqueline (Jackie), wee Gibson sons Darren, Ryan and George, daughter-in-law Michelle and seven grandchildren. Sandy was a much-loved husband, dad and grandad who will be greatly missed by family and friends alike.



# Playgroups and Toddlers

## Milnathort Babies & Toddlers

**Orwell Church Hall, Milnathort**

**Friday 9.30am-11.15am**

A relaxed and friendly group  
Healthy snacks, tea & coffee  
Children from birth to 3 years  
(5 years if attending with younger sibling)  
Great fun for the kids, mums, dads and carers!

### PLACES NOW AVAILABLE!

To join in the fun  
call 07745 804539  
Email [milnathortbt@gmail.com](mailto:milnathortbt@gmail.com)  
Or find us on Facebook



## SWANSACRE PLAYGROUP, SCIO

21-23 Swansacre, Kinross

Tel: 01577 862071/07592 392235

[www.swansacreplaygroup.org.uk](http://www.swansacreplaygroup.org.uk) Facebook

@Swansacre



*We provide a warm, friendly, nurturing and stimulating environment in which children can learn and develop through play.*

**Monday** Garden Guddle: 9am-3pm

**Tuesday** Playgroup: 9.05am-11.50am

Rising 5's including Lunch Club: 12.10pm-3.10pm

**Wednesday** Playgroup: 9.05am-11.50am

**Thursday** Playgroup: 9.05am-11.50am

**Friday** Playgroup: 9.05am-11.50am

*Garden Guddle* is an outdoor session in the grounds of Swansacre Gardens. The children can expect lots of mud, water, fun and exploration. Aimed at 3-5 year olds.

*Playgroup* is aimed at children from 2-5 years of age. The children have a vast variety of equipment and resources to help them learn through play.

*Rising 5's* is aimed at children in their pre-school year. It aims to sit alongside school nursery, and the sessions are more structured and filled with activities to engage children.

Please contact Victoria for availability or more information on the above sessions: [enrolments.swansacre@gmail.com](mailto:enrolments.swansacre@gmail.com)

Swansacre is also available to hire for Private Functions. For more information or to book please contact Lesley on: [facilities.swansacre@gmail.com](mailto:facilities.swansacre@gmail.com)

Swansacre Playgroup SCIO – SC017748 – Registered Scottish Charity

## GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Mondays, 9.30-11.30am, term times.

Healthy snack for children, coffee/tea & biscuits for carer  
Role play, jigsaws, physical toys and arts and crafts  
Friendly support for all carers  
First session free, £2 thereafter (£1 for additional children)

Contact Catherine Mason on 07583 022608 or just come along!

## LOCHLEVEN BABIES & TODDLERS

**Masonic Hall, The Muirs, Kinross**

**Session times (term time only)**

Tuesdays 9.30-11.15am, Fridays 9.30-11.15am

Contact Debbie Kennedy 07545 339494,  
[debileighs@hotmail.com](mailto:debileighs@hotmail.com)

All Mothers, Fathers, and Carers are welcome to attend, with children aged birth to 5 years if accompanied by a younger sibling who shall be 3 years old or younger.



## FOSSWAY TODDLER GROUP

Fridays 9.30 and 11.30am

Fossway Church Hall, Crook of Devon

£2 for 2 hours play

Warm and cosy space

Fresh fruit snack and juice or water for kids

Tea/coffee and biscuits for adults

## PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell (only 10 mins from Milnathort and Kinross)



We are a friendly and relaxed group welcoming children under 5 years and their parents/carers. We offer a wide range of activities including arts and crafts, dressing up, outdoor play and stories. We also on occasion arrange outings, parties and have special visitors who come to the group!

Session times: Tues & Fri 9.45am-11.30am.  
Sessions are £2 per child (£1.50 for under 1s) and 50p for each additional child. A snack is provided.

For all queries please email  
[portmoakplaygroup@hotmail.com](mailto:portmoakplaygroup@hotmail.com)  
or find us on Facebook

## MONTGOMERY TODDLERS

Every Thursday 9.30am-11am (term-time only)

The Gospel Hall, Montgomery Street, Kinross.

Contact Christina Smith 01577 840733 or 07792 260509

## Private Nurseries and Childcare

For private nurseries and childcare services, please see advertisements throughout the Newsletter.

To inform the Newsletter of any changes to Playgroup information, please send an email to: [editor@kinrossnewsletter.org](mailto:editor@kinrossnewsletter.org)

# Notices



Loch Leven Community Campus presents

## MANDARIN CULTURAL EXPERIENCE

LEARN SOME BASIC CHINESE PHRASES  
TRY YOUR HAND AT CHINESE CALLIGRAPHY & BRUSH PAINTING  
RELAX YOUR MIND WITH SOME TAI CHI

WEDNESDAY 6 NOVEMBER 2019  
6:30 - 8:30 PM  
CONFUCIUS CLASSROOM  
LOCH LEVEN COMMUNITY CAMPUS

FREE ENTRY - ALL WELCOME  
FOR MORE INFO EMAIL CSTRUTH@PKC.GOV.UK

### Homebrew Autumn Concert

Come and support local talent at Kinross Parish Church on **2 November at 3pm**. Any donations received (after costs) will go to the Kinross Centre. Further details from Margaret Sikora: [margaretsikora9@gmail.com](mailto:margaretsikora9@gmail.com)

### Scotlandwell in Bloom & the Blythswood Shoe Box Appeal

The Scotlandwell in Bloom team will be hosting a shoe box-filling afternoon for the Blythswood Shoe Box Appeal on **Friday 8 November** at 2pm in the Well Country Inn, Scotlandwell. Please come along for a get together, have coffee and cake and help fill a shoe box for the Christmas Shoe Box Appeal. Bring a shoe box if you can, or just some items to help fill the boxes. Suggested items are hats, gloves, soap, toothbrush/toothpaste, sweets (no chocolate), small toys; (further details of suggested items can be found at [www.shooboxappeal.org](http://www.shooboxappeal.org)). Coffee and cake is provided free, however a suggested donation of £3 towards transport costs for the boxes would be much appreciated. If you're unable to come along but would still like to help by providing shoe boxes or some of the required items, please hand any donations in to the Well Country Inn prior to 8 November, or contact Elaine Carruthers (01592 840652). Thanks in anticipation of your support and we look forward to seeing you on 8 November.

### Glenfarg folk Club Sessions Back Stage at the Green Hotel Kinross SANDY WATT QUAICH

**Monday 4 November, all £3**

The Club's own annual song competition in which the aim of the performers is to provide a high degree of pure entertainment for the audience. Come and sing to make us laugh, cry and enjoy the power of music in its many forms.

#### SING AROUND

**Monday 11 November, all £3**

Armistice Day to commemorate the end of WW1 was changed to Remembrance Day in 1931. Songs of valour, heroism, sacrifice, of memories & tributes to those who have fought for freedom and peace.

#### WINTER WILSON

**Monday 18 November, members £8; non-members £10**

Kip Winter and Dave Wilson bring a sense of intimacy to every venue, blending superb, often hard-hitting original songs, stunning harmonies and musicianship with sometimes hilarious tales of life on the road.

Kip (vocals, accordion, guitar, flute) 'simply has a voice to die for' whilst Dave (vocals, guitar and banjo) is now rightly recognized as being amongst the top tier of British songwriters, with his songs covered by some of folk's greats.

#### SING AROUND

**Monday 25 November, all £3**

In 1620 *The Mayflower* arrived in Cape Cod. In 1968 the *Queen Elizabeth* docked in Southampton for the last time. Ships, sea shanties, sailors for tonight's theme.



## FAMILY LITERACY EVENT

This event, hosted by Kinross High School English department and Loch Leven Community Library, will give you the opportunity to find out more about how to support reading at home and the resources available within the library.

LOCH LEVEN COMMUNITY LIBRARY  
WEDNESDAY 20 NOVEMBER  
6:30 - 7PM

SCAN TO BOOK





## Networking Breakfast Wednesday 6 November

**At Loch Leven's Larder, 7.15am-9am**

The next meeting of the Networking Breakfast will be on **Wednesday 6 November**, and the venue is the ever-welcoming Loch Leven's Larder. It's an opportunity for some networking, a chance to tell your fellow attendees who you are and what you do, and to enjoy a delicious breakfast. This month's speaker is local, young entrepreneur Ian Buchanan, here to talk to us about his award winning slow-grown pork business 'Rootin' and Roamin'.

In early 2017 Ian decided to buy two pigs to fatten for meat – already having the farm meant adding a couple of pigs would be no bother, surely? After looking around and not finding any weaners he came across an advert for two sows and two boars which he went to see, bought and, unknown to himself, 'Rootin' and Roamin' was born.

A year and 18 piglets later, he had to decide what to do with his free-range pigs, so he decided to try sell direct to the consumer. Now, 18 months later, the business sells direct to the local Kinross community via farmers markets, pop-up shops and home deliveries. They pride themselves on high welfare and high-quality meat with all their pigs being on the farm from birth to slaughter. Getting involved in the community is also high on the agenda, and giving something back is a key ingredient. Their first Open Farm Day this year was a huge success and something they are determined to build on for next year.

In April 2019, whilst still a fourth-year student on the Masters Agriculture Professional Practice programme at Scotland's Rural College (SRUC) in Aberdeen, Ian won the Farmers Club Pinnacle Bronze Award and a cash prize for his 'Rootin and Roamin' free range pork enterprise.

As always, the meeting will be at Loch Leven's Larder from 7.15 to 9am and The Kinross-shire Partnership welcome local businesses, individuals and groups to come and network, find out about each other's organisations and get to know one-another. If you've been to the Networking Breakfast before, you'll know how good it is, so tell your friends and colleagues. If you haven't, do come along on Wednesday 6 November 2019, we'd like to meet you!

To book your place, please email Karen Grunwell at mail@kinrosspartnership.org.uk. You can choose whether to pay online in advance or in cash on the day and full details are available when you book. The meeting cost, including a full cooked breakfast, is £10 per person.

[www.kinrosspartnership.org.uk](http://www.kinrosspartnership.org.uk) [www.facebook.com/visitlochleven](https://www.facebook.com/visitlochleven)  
[www.visitlochleven.org](http://www.visitlochleven.org) [www.twitter.com/VisitLochLeven](https://www.twitter.com/VisitLochLeven)



## Kinross Garden Group

2019/20 Season

Thursday 14 November at 2pm

in the Millbridge Hall, Kinross.

With Michael Almond

'The plants of the Gargano Peninsula, Italy, in Spring'  
All welcome to join us



## Christmas Crafts and Coffee

The Craft Group from Kinross Parish Church will be holding its annual sale and coffee morning in the Church Centre, High Street, Kinross on **Saturday 9 November** from 10am-12.

This is a great opportunity to buy some lovely, and unique, gifts.

## Music In Dollar

Our next concert is on **Sunday 17 November**, 3pm at the Gibson Hall, Dollar Academy, with violinist **Charlotte Rowan**. Since graduating in 2012 from Peabody Conservatory of Music, USA, she has launched a career as a solo performer and as a duo with long-established partner, pianist Charlotte Stevenson – who will play with her at Dollar. 'A breathtaking recital. I was advised to get my programme signed for posterity, and wish I had.' Stirling. 'The sheer virtuosity of her playing – speed, range of technique, mood – was amazing. You truly gave us a concert to remember. Such an amazing performance'. Crail. Further information is available at [www.charlotterowan.com](http://www.charlotterowan.com). This concert will be supported by The Bridal Studio, Dollar. Tickets cost £10 on line or at the door but are £7 for members of the Society. Further information is available from the concert secretary on 01577 864589.

### Programme for 2019-20

**Sunday 19 January 2020, 3pm – Top Floor Taivers** – Traditional Scottish songs and music with the BBC Young Traditional Musician of the Year 2015 Clair Hastings as the singer.

**Sunday 23 February 2020, 3pm – Christina Lawrie** – Solo Piano – and the winner of many musical prizes.

**Saturday 21 March 2020, 7.30pm – Roxburgh String Quartet** – the quartet in residence at the Lauriston Hall in Edinburgh. All concerts are held in the Gibson Hall at Dollar School.

We hope this eclectic mix – both of musical styles and time – will tempt you to come and try the society out if you have not been before, and we hope you will renew your membership if you have been a member previously.

Further information can be had from the concert secretary on 01577 864589, or from the society website [www.musicindollar.org.uk](http://www.musicindollar.org.uk).

## The Gaelic Society of Perth

After last month's great ceilidh, The Gaelic Society of Perth will hold their November Ceilidh at St Matthew's Church Hall, Tay St, Perth on **Friday 15 November** at 7.30pm. Dr Dolina MacLennan will talk about her life. She is an outstanding singer, actress, and storyteller of national, indeed international renown and has received a lifetime award from the Saltire Society for her contribution to Scottish cultural life. Carol MacLean MGM and Mark Turner will sing, Irene Anderson will play the box and a piper from P&DPB will play the pipes. Admission is £6 for members and £7 for non-members – for an evening's entertainment plus refreshments! All welcome. Further information can be obtained from the secretary on 01577 864589, on our website [gaelicsocietyofperth.com](http://gaelicsocietyofperth.com) or like us on Facebook – we are **Gaelic Society of Perth**.

## Grants and Funding Websites

[www.pkgrantsdirect.com](http://www.pkgrantsdirect.com)  
[www.foundationscotland.org.uk](http://www.foundationscotland.org.uk)

**Milnathort filmhouse** at Milnathort Town Hall

**SATURDAY 7TH DECEMBER**  
**CHRISTMAS NIGHT OUT MOVIE**

GUARANTEE YOUR SEATS BY  
BOOKING YOUR TICKETS ONLINE

**ROCKETMAN**

Over 18s Only - BYOB

Adult £6.00  
Concession £4.00

8.00pm (Doors Open at 7.30pm)  
Book Tickets Online or Pay at the Door

Tuckshop with Lots of Movie Treats and Soft Drinks

Information and Online Booking  
[www.milnathortfilmhouse.com](http://www.milnathortfilmhouse.com)

Follow Us On:  
f t

**Milnathort filmhouse** at Milnathort Town Hall

ILLUMINATION PRESENTS  
Dr. Seuss' **The GRINCH**

**CHRISTMAS EVE FAMILY FILM**

TICKETS ARE ONLY  
AVAILABLE ONLINE

BOOK EARLY  
TO AVOID  
DISAPPOINTMENT

Tuck Shop  
with  
Festive  
Refreshments

with  
Special Guest  
and  
Raffle

Tuesday  
24th December  
at 3.00pm  
(Doors open  
at 2.30pm)

Information and Online Booking  
[www.milnathortfilmhouse.com](http://www.milnathortfilmhouse.com)

Follow Us  
f t



## Let's Sing



This monthly event, an afternoon tea followed by a sing-song, has been going from strength to strength with numbers attending increasing.

Organised by members of Kinross Parish Church it is particularly for those with dementia and their carers, but anyone who likes singing is welcome.

The next Let's Sing is on **10 November** at 2.30pm in Kinross Parish Church.

## MILNATHORT TOWN HALL ASSOCIATION AGM

**28 November 2019, 7.30pm**

Milnathort Town Hall

EVERYONE WELCOME

REFRESHMENTS PROVIDED



**MILNATHORT  
TOWN HALL**

*At the heart of our community*



**Fairtrade Event**

WHERE: St Matthews Church  
Tay Street  
Perth, PH1 5LQ

WHEN: Sat 22nd February 2020  
10am-12pm

WHY: Hear from Just Trading Scotland about the 90kg Rice Challenge and the transformational power of Kilombero Rice.

*A bag of Rice can change a life*



## KINROSS CHRISTMAS LIGHTS

### SWITCH ON

SATURDAY 23 NOVEMBER

AT 7pm

THE FOUNTAIN HIGH STREET

BY

MARK BEAUMONT & FAMILY

Cyclist, Adventurer & Broadcaster

COLLECTION ON THE NIGHT TOWARDS LIGHTS

PLEASE COME ALONG AND SUPPORT YOUR LIGHTS

Light up Kinross Charity Number SCO47534

## Family Film

The team that organises the annual Family Week at Kinross Parish Church are organising a family film event at the church on **Saturday 23 November** to tie in with the Christmas market and switching on of the Christmas lights in Kinross High Street.

Come along for a 'Family Film and Hot Chocolate'.

No charge but donations welcome.

Relax and warm up before tackling the Christmas market.

## Scottish Country Dancing

Country Dancing has started again in Milnathort Town Hall on Wednesday nights at 7.30pm. No partners are required, and new members are very welcome. For more information please contact Cathie on 01577 861103.

## Orwell, Portmoak and Glenfarg District Girl Guiding

Due to an increase in guide numbers and the new exciting programme recently rolled out, we are looking for an enthusiastic volunteer to open a unit in Portmoak and a unit helper for our Milnathort unit.

There will be full support from our great team. If interested, please give Alison a buzz on 07764 750212.

## The Bike Station

Donate unwanted bikes, parts and cycling accessories for reuse. Poorer bikes are salvaged for parts. Bikes are refurbished by qualified expert mechanics and sold on to the public at affordable prices with a three-month warranty.

Donated bikes and parts are collected from all Perth & Kinross Recycling Centres, including the Kinross centre at the Bridgend Industrial Estate.

Bike sales are held at The Bike Station, 284 High Street, Perth, PH1 5QS, Tuesday to Saturday 10am-5pm.

The Bike Station also offers a Repair Service, a Fix Your Own Bike facility and a Dr Bike mobile service.

Tel: 01738 444430. Website: [www.thebikestation.org.uk](http://www.thebikestation.org.uk)

The Perth Bike Station is an accredited Revolve organisation.



\* you can be an unpaid carer and still receive benefits such as Carers Allowance

# KINROSS CARERS THERAPIES

**REIKI**

**PKAVS**  
Carers Hub

**IF YOU ARE AN UNPAID CARER\* REGISTERED WITH PKAVS CARERS HUB YOU COULD ENJOY A FREE COMPLEMENTARY THERAPY SESSION!**

BOOKING IS REQUIRED & DONATIONS ARE WELCOME

Therapy Days are the 2nd Monday of each month with Shirley Morgan @ Heart and Soul Centre, High Street, Kinross, KY13 8AN

For more info on support for unpaid carers in Kinross contact Carer Support Worker Annette Bond on 01738 567076

Bookings open the 1st Monday of each month. Please call the Carers Hub on 01738 567076 to book an appointment.

**CRYSTAL THERAPY**

PKAVS Carers Hub is a registered charity (SC 060962) and a company limited by guarantee (060962).

## Befriending Kinross



**Are you new to the Area?  
Would you like someone to talk to?**

**Someone to have a coffee with?**

**Help to feel less socially isolated?**

If you would like to request a befriender please contact us and we will arrange a time to meet with you to discuss the process.

[ptb.kinross@bethanyct.com](mailto:ptb.kinross@bethanyct.com)

t: 07747 018 550



## Kinross-shire Fund

The Kinross-shire Fund was established in 2006 to make the area a better place to live, by making



grants to a wide range of local charities, organisations and projects which make a positive difference to the community. To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

**The next deadline is Monday 4 November.**

Full details, including how to apply via our online application link, can be found at:

[www.foundationscotland.org.uk/programmes/kinross-shire-fund](http://www.foundationscotland.org.uk/programmes/kinross-shire-fund)

## Ceilidh Dancing

**Mondays:** From 2pm until 3pm every Monday in the Guide Hall, Milnathort. You don't need a partner and it is all very informal and great fun. Just come along – the more the merrier. No age limit. All proceeds go to the Scouts and Guides.

**Monthly Sunday Ceilidhs:** These take place in Milnathort Town Hall, 2pm until 5pm with a break at 3pm for tea and biscuits. Cost: £5. There is no pressure to dance; what better way to spend a Sunday afternoon than hearing these top players? People wishing to learn dances could attend the Monday classes (see above). All money left over after paying the band and hall will go to charity. To make charity suggestions, contact Vi Todd, 01577 863244.

**Nov 17** Johnny Duncan **Dec 15** Peter Bruce  
**Dec 1** Christmas Concert

## PLUS Perth

www.plusperth.co.uk  
Tel: 01738 626242  
77 Canal Street, Perth



PLUS is a member-led local charity and social movement which gives hope and opportunity to those affected by disadvantage; in the main to those with experience of mental ill health and substance misuse.

The PLUS office is open Mon-Fri, 9.30am – 4pm for mental health signposting and enquiries.

## Dollar Museum

1 High Street, Dollar, KY14 7AY

Open from Easter to Christmas at the following times:

**Saturdays 11am-1pm and 2pm-4.30pm**

**Sunday 2pm-4.30pm**

Free Entry

Access also possible by arrangement.

Email: [dollarmuseum@btconnect.com](mailto:dollarmuseum@btconnect.com)

[www.dollarmuseum.org.uk](http://www.dollarmuseum.org.uk)

Dollar Museum is a lively, award-winning visitor attraction. It is situated at the top of the Burnside, beside the Golf Club and at the entrance to the Mill Green and Dollar Glen. We are open at weekends: from 11am-1pm and 2-4.30pm on Saturdays and 2-4.30 pm on Sundays. Entry is free and all are welcome. Parking and disabled access. The Museum will also open on request at other times for visiting groups and researchers – please contact [dollarmuseum@btconnect.com](mailto:dollarmuseum@btconnect.com).

Our popular annual Book Sale is in the Museum on **Thursday 7 November** from 10.30am-6pm and **Friday 8 November** from 10.30am-4pm. A chance to stock up on winter reading. We are organising a fundraising talk: *From Rescue to Release*, about the work of the SSPCA and its wildlife rescue centre on **Thursday 28 November** at 7.30pm in Dollar Academy Music Auditorium. Tickets from Dollar Deli or call 07712 841963.

**Kinross & District Pipe Band Are Recruiting!**

Kinross & District Pipe Band, with new Pipe Major Stuart Scott, would like to welcome new and experienced Pipers and Drummers to the band for the up and coming competing season – 2020. For more information on joining please contact us through the band page or Stuart Scott on 07449937008.

## Kinross Recovery and Conversation Café

This weekly group is for anyone with an interest in improving their wellbeing and needing support on their recovery journey from addiction or substance misuse. The café aims to get people speaking about recovery and wellbeing in all its many forms and provides the opportunity to:

- share ideas, information and resources
- explore support networks and ways of moving forward
- breakdown isolation
- improve health and wellbeing

The café takes place **every Tuesday**, 1pm-3pm, at Millbridge Hall, Kinross. Drop in and have a cuppa and a chat.

For more information, contact:

Shona Fowler: 07896 280843, [shonafowler@nhs.net](mailto:shonafowler@nhs.net)

Richard Lister: 07885 971298, [richard.lister@cairscotland.org.uk](mailto:richard.lister@cairscotland.org.uk)



Supported and funded by Broke Not Broken, a local charity tackling the effects of poverty.

## Broke Not Broken

Drop off donations at:

**Sainsbury's, Kinross**  
**Glenfarg Village Shop**  
**Co-operative, Kinross**



Open to clients:

**Every Tuesday and Thursday, 10am – 2pm**

The Beacon, St Paul's Church, Muirs, Kinross, KY13 8AU

Contact: Tel: 07518 913107

Email: [admin@brokenotbroken.org](mailto:admin@brokenotbroken.org)



Broke Not Broken. Tackling the effects of poverty. Scottish Registered Charity SC046033

## Grants for good causes

**Kinross Community Council**  
**Newsletter Limited (KCCNL)**  
**Charity No. SC040913**



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

**31 March and 30 September**

More information is available on the [kinross.cc](http://kinross.cc) website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email [barrydavies57@btinternet.com](mailto:barrydavies57@btinternet.com)

**Give a Greyhound a Home**  
[www.greyhoundrescuefife.com](http://www.greyhoundrescuefife.com)

Forever homes needed for rescued greyhounds.  
Greyhounds are very gentle creatures that require very little walking!

**Please call or email for details**  
Tel: 01577 850393 (evenings)  
07826 244765 (daytime)  
Email: [femiejimmyf@aol.com](mailto:femiejimmyf@aol.com)





For further information, or if you want to be involved please ring  
07766 515 950 or 07771 696 830

The Cafe where everything is  
**FREE!**

Every Friday 11am - 2pm  
@ The Millbridge Hall

🍲 Soups 🍲  
🥪 Snacks 🥪  
☕ Hot Drinks ☕  
🥤 Cold Drinks 🥤  
🍲 Home-cooked lunches 🍲

All brought to your table by our friendly staff

The Talking Donkey is a Christian venture so there will always be people on hand to offer  
**Prayer For Any Need**



## La Leche League meetings in Kinross

First Thursday of the month,  
10am-12 noon



St Paul's Church Meeting Room, The Muirs, Kinross

- Friendly, relaxed mum-to-mum breastfeeding support and chat.
- Informal chat and an interesting group discussion.
- Plenty of time for answering your questions.

We welcome any mums (and mums to be) who are interested in breastfeeding. Children all very welcome.

For more details, contact:

Hannah Dalgety (LLL Leader, Kinross) 07886 859461

[www.lll-fife-tayside.co.uk](http://www.lll-fife-tayside.co.uk)

Find us on Facebook: La Leche League Fife and Tayside

## Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

**Linda Freeman**

Tel 01577 865045. Email: [linda.freeman\\_64@btinternet.com](mailto:linda.freeman_64@btinternet.com)

## Mindful Relaxation Class

**Mondays, 7pm-8pm**

Loch Leven Community Campus ITC Room.

Participants can expect to do some gentle movement, mini sound workshop, relaxation, meditation, mp3 guided meditation, philosophy and reflection.

The sessions are run on a drop-in basis. Entry is by donation.

Further information from Vincent Johnston at:

[Vincent.johnston@icloud.com](mailto:Vincent.johnston@icloud.com)



## Perth Citizens Advice Bureau

Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Contact us: Advice line 01738 450580.

Appointment line 01738 450581.



## Benefits Advice in Libraries (BAIL)

People needing help to identify and claim the right benefits or needing advice to help them to negotiate the benefits system in any way can access assistance from Perth Citizens Advice Bureau's 'Benefits Advice In Libraries' project in Kinross at Loch Leven Library. The service is available on Tuesdays by appointment only. Telephone the bureau on 01738 450581 to make an appointment.

## Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (senior debt adviser) using the following email address: [David.Ogston@Perthcab.casonline.org.uk](mailto:David.Ogston@Perthcab.casonline.org.uk)

## Looking for a venue that can tick all the boxes?

### Crook of Devon Village Hall

- ☑ **Space** We can seat up to 100 for a formal meal; 120 for meetings, theatrical performance, talent shows; 80-90 for discos, family gatherings, community events. We can even accommodate bouncy castles for that "all weather" children's party.
- ☑ **Car Parking** - ample parking for the hall.
- ☑ **Catering** - Kitchen with oven, dishwasher and microwave, plus a great serving area.
- ☑ **Stage** and back stage area for performances, costume changes, etc.
- ☑ Plus the usual facilities - toilets, disabled toilets, changing areas.
- ☑ We also offer chair and table rental for functions at home.
- ☑ **Weekly bookings** taken for activities, e.g. yoga, ballet, fitness classes, badminton, youth clubs.



For all hall bookings and enquiries, including our **special block booking rates**, please contact Jean on 01577 840543 or [jeanshearer630@btinternet.com](mailto:jeanshearer630@btinternet.com)

## Kinross Recycling Centre

Bridgend Industrial Estate

Opening Times: **Mondays to Fridays 9am to 7pm**  
**Saturdays and Sundays 9am to 5pm**

Bras, bicycles, cans (inc aerosols, biscuit tins, aluminium foil), car and household batteries, cardboard, cooking oil, electricals (WEEE), engine oil, fluorescent tubes, long life light bulbs, food and drinks cartons (Tetra packs), fridges, freezers, garden waste, glass, large domestic appliances, paper, plastic (rigid plastic packaging), rubble stone and soil, scrap metal, telephone directories, textiles (clothes and shoes), timber, tyres (maximum two per visit, strictly householders only) and non-recyclable (general) waste.

Bikes and bike parts will be recycled (see separate Bike Station notice). Collection point for Perth College WEEE project: IT equipment will be refurbished and sold on at an affordable price or recycled for parts. Items accepted include: desktop computers, laptops, mobile phones (without the sim card), tablets, keyboards, mouse controls, cables, DVD players, video players, portable music players, games consoles, new or empty printer cartridges, projectors and flat screen working monitors. The project cannot accept Cathode Ray Tube or broken monitors.

Compost can be collected from the Recycling Centre, subject to availability. Maximum of 2 x 25kg bags per visitor.

## Community Councils

**Kinross:** Chair: Bill Freeman, 01577 865045  
Email: kinrosscommunitycouncil@gmail.com

**Milnathort & Orwell:** Chair: Craig Williams, 07885 722125  
Email: craig@stovestuff.scot  
Secy: Caroline Flory  
Email: communitycouncilmilnathort@gmail.com

**Portmoak:** Chair: Malcolm Strang Steel, 01592 840459  
Email: PortmoakCommunityCouncil@pkc.gov.uk

**Fossoway & District:** Chair: Trudy Duffy-Wigman, 01577 840669  
Email: fossoway.cc@gmail.com

**Cleish & Blairadam:** Secy: Patty Fraser, 01577 850253  
Email: CleishCommunityCouncil@pkc.gov.uk

## Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
Jonathan Bryson	4 Burnbank Meadows	
David Colliar	10 Rannoch Place	01577 864037
Dave Cuthbert	85 Bowton Road	07799 750289
Bill Freeman (Chair)	64 Muirs	01577 865045
Ian Jack	Burnbrae Grange	01577 863980
Lynne McKay	5 Springfield Road	01577 531076
Thomas Stewart	Gellybank Farm	01577 864603
David West	30 Muirs	07824 313974

## Portmoak Community Councillors

Robin Cairncross	(Secretary)	01592 840672
Bruce Calderwood	(Treasurer)	01592 840423
Susan Forde		01592 840128
Tom Smith		01592 841160
Malcolm Strang Steel	(Chairman)	01592 840459
Dave Morris		01592 840500
Andrew Muszynski		01592 840467

Have a look at our website: [www.portmoak.org](http://www.portmoak.org)

## Perth and Kinross Councillors

### Kinross-shire Ward

**Cllr MIKE BARNACLE** (*Independent*)  
Tel/Fax (home): 01577 840516.  
Email: michaelabarnacle@gmail.com  
Website: mikebarnacle.co.uk  
Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ

**Cllr CALLUM PURVES** (*Scottish Conservative & Unionist*)  
Tel (office): 01738 475092. Mobile: 07557 812570.  
Email: CPurves@pkc.gov.uk  
54 Lathro Park, Kinross, KY13 8RU

**Cllr WILLIE ROBERTSON** (*Scottish Liberal Democrats*)  
Tel (home): 01577 865178. Mobile: 07909 884042.  
Email: wbrobertson@pkc.gov.uk  
85 South Street, Milnathort, Kinross, KY13 9XA

**Cllr RICHARD WATTERS** (*SNP*)  
Mobile: 07557 812513.  
Email: RWatters@pkc.gov.uk  
Applegarth, Sunnypark, Kinross, KY13 8BX

## Luke Graham MP

### Member of Parliament for Ochil and South Perthshire

38 Primrose Street, Alloa, FK10 1JG

Telephone: 01259 764407

Email: [luke.graham.mp@parliament.uk](mailto:luke.graham.mp@parliament.uk)

Twitter: @LukeGrahamMP

Facebook: [www.facebook.com/Luke-Graham-for-Ochil-and-South-Perthshire-392788644215614](http://www.facebook.com/Luke-Graham-for-Ochil-and-South-Perthshire-392788644215614)

## Member of the Scottish Parliament for Perthshire South & Kinross-shire

### Roseanna Cunningham MSP

Constituency office:

63 Glasgow Road, Perth, PH2 0PE

Telephone: 01738 620540

Email: [Roseanna.Cunningham.msp@parliament.scot](mailto:Roseanna.Cunningham.msp@parliament.scot)

## Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

**Claire Baker MSP** (Labour) Tel: 0131 348 6769

Email: [Claire.Baker.msp@parliament.scot](mailto:Claire.Baker.msp@parliament.scot)

**Murdo Fraser MSP** (Conservative) Tel: 0131 348 5293

Email: [Murdo.Fraser.msp@parliament.scot](mailto:Murdo.Fraser.msp@parliament.scot)

**Dean Lockhart MSP** (Conservative) Tel: 0131 348 5993

Email: [Dean.Lockhart.msp@parliament.scot](mailto:Dean.Lockhart.msp@parliament.scot)

**Alex Rowley MSP** (Labour) Tel: 0131 348 6826

Email: [Alex.Rowley.msp@parliament.scot](mailto:Alex.Rowley.msp@parliament.scot)

**Mark Ruskell MSP** (Green) Tel: 0131 348 6468

Email: [Mark.Ruskell.msp@parliament.scot](mailto:Mark.Ruskell.msp@parliament.scot)

**Liz Smith MSP** (Conservative) Tel: 0131 348 6762

Email: [Elizabeth.Smith.msp@parliament.scot](mailto:Elizabeth.Smith.msp@parliament.scot)

**Alexander Stewart MSP** (Conservative) Tel: 0131 348 6134

Email: [Alexander.Stewart.msp@parliament.scot](mailto:Alexander.Stewart.msp@parliament.scot)

## Mobile Library Service

### Visiting on Tuesdays 5 & 19 November

Glenfarg	Main Street	1200-1300
Forgandenny	Rossie Place	1545-1615

### Visiting on Wednesday 13 & 27 November

Kinnesswood	Opposite shop	0930-1000
Portmoak	Hall	1005-1020
Scotlandwell	Leslie Road	1025-1050
Portmoak	Hall	1125-1140
Scotlandwell	Leslie Road	1145-1205
Levenmouth Farm		1100-1120
Hatchbank Road	Gairneybank	1140-1200
Powmill	Mill Gardens	1320-1340
Crook of Devon	Village Inn	1345-1445
Carnbo	Pitcairnie Lane	1500-1530
Whyte Court	Kinross	1545-1615

For more information, see: [www.culturepk.org.uk/libraries](http://www.culturepk.org.uk/libraries) and click on 'Services in the Community'

## Perth Samaritans

Need to talk? We'll listen.

Contact us by

**phone** on 01738 626666 or 08457 909090

**Email** us [jo@samaritans.org](mailto:jo@samaritans.org)

or **visit** us at 3 King's Place, Perth, PH2 8AA

Mondays	1630 – 2130	Thursdays	1630 – 1900
Wednesdays	0830 – 1100	Fridays	1000 – 1630
and	1930 – 2130	Sundays	0800 – 2130

**No pressure, no names, no judgment.**

**We're here for you, anytime.**



## Local Volunteer Opportunities

**Broke not Broken** is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact Claire Slight to find out how you can help: [clare.slight@brokennotbroken.org](mailto:clare.slight@brokennotbroken.org)

**Greyhound Rescue Fife** at Balfree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at [www.greyhoundrescuefife.com](http://www.greyhoundrescuefife.com)

**Kinross in Bloom:** Volunteer group that provides and maintains floral displays to enhance the environment of Kinross. If you are interested in volunteering, please contact Susan Mitchell at: [susan.mitchell150@gmail.com](mailto:susan.mitchell150@gmail.com)

**Kinross-shire Day Centre:** We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

**KLEO (Kinross-shire Local Events Organisation):** If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to [www.kleo.org.uk](http://www.kleo.org.uk). If interested, please contact Bouwien Bennet at [info@kleo.org.uk](mailto:info@kleo.org.uk) or call 01577 863107.

**RSPB Scotland Loch Leven:** We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks – if you'd like to join our team, please contact Lyndsay Stobie at: [Lyndsay.Stobie@rspb.org.uk](mailto:Lyndsay.Stobie@rspb.org.uk) or call 01577 862355.

**Kinross (Marshall) Museum:** The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: [information@kinrossmuseum.org.uk](mailto:information@kinrossmuseum.org.uk).

**Swansacre Playgroup:** A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email [swansacre@gmail.com](mailto:swansacre@gmail.com)

**Kinross Heart Start:** Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

**Light Up Kinross** is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email [davidcolliar@tiscali.co.uk](mailto:davidcolliar@tiscali.co.uk) or Bill Freeman, email [billywhizkid78@gmail.com](mailto:billywhizkid78@gmail.com) or contact our Facebook page.

**Common Grounds:** Charity café staffed by volunteers on Tuesdays, Wednesday, Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Open to public 10am-12.30pm. Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convener Elspeth Caldwell on 01577 863350 or Secretary Linda Freeman on 01577 865045 for more information.

**The Potager Garden** is a small community garden in Bowton Road, Kinross, KY13 8EQ. It is a registered charity run by volunteers, a main aim being to give education to schoolchildren about plants, gardening and the environment. If you would like more information about our volunteering opportunities, please contact the Convenor, Amanda James, on 01577 840809, or [amandajames1577@gmail.com](mailto:amandajames1577@gmail.com)

**Children's Hospices Across Scotland:** Can you spare a few hours of your time? We are looking for volunteers in our **kitchen, housekeeping, driving, childcare** and **garden** teams.



Anyone who is interested is welcome to come for a visit. Please contact us by phone on 01577 865777 or email [volunteering@chas.org.uk](mailto:volunteering@chas.org.uk). To apply online visit [www.chas.org.uk](http://www.chas.org.uk).

**Seamab** is a residential school that cares for and educates some of the most vulnerable children in Scotland. We are looking for volunteers to help us place and manage collecting cans across Perth and Kinross. Volunteering for Seamab will help make a huge difference to the lives of the children at Seamab and will be a great way to meet new people and develop new skills. For more information please contact Melloney Flinn at [mflinn@seamab.org.uk](mailto:mflinn@seamab.org.uk) or call 01577 840307.

**Milnathort Town Hall committee:** Can you spare a couple of hours a month? We are looking for volunteers to join us. For further information please contact us at [milnathorttownhall1@gmail.com](mailto:milnathorttownhall1@gmail.com). We would love to hear from you.



### Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. If you have a genuine interest in the wellbeing of children and families and live in the Perth and Kinross area we would love to hear from you.



### Volunteer Mentor

If you are looking to try something new in 2019, develop new skills or meet new people, volunteering is a fantastic way to achieve this. To find out more, visit [www.aberlour.org.uk/](http://www.aberlour.org.uk/) volunteer, or contact Shonagh (Volunteer Coordinator) on 07864 625069/shonagh.ferguson@aberlour.org.uk.



**SPARKs** are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health & wellbeing. They meet in Loch Leven Community Campus every Thursday 1-3pm. Volunteers will be supported by workers Roseanne Gray – P&K Community Learning & Development Worker and Shona Fowler – NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843.

### Kinross-shire Volunteer Group and Rural Outreach Scheme

Do you have some spare time? Do you enjoy driving? Are you a people person? If so we have the ideal volunteering opportunity for you. Kinross-shire Volunteer Group and Rural Outreach Scheme provide drivers to take people, mainly elderly, to appointments, shopping, etc.



Basically any trip most of us take for granted can be a challenge for someone without a car who cannot manage public transport. Our volunteers provide not just a driver but a helping hand and a listening ear.

There is never any pressure, you accept the trips you want to do and no more. Some of our drivers are happy taking people to Ninewells, etc, others prefer to just do local runs – both are equally valuable. At KVG&ROS we value all our volunteers and in fact are the holders of a Volunteer Friendly Award. If you are interested and would like to hear more please phone Pauline on 01577 862685.

For more volunteering opportunities, go to the community website [www.kinross.cc](http://www.kinross.cc) and look for 'Volunteering', or look at [www.vaperthshire.org](http://www.vaperthshire.org)

Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor. Please let us know if you no longer need your appeal to be listed.

## Items for Sale

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available *Newsletter*, subject to space.

### John Lewis two drawer filing cabinet £50

As new two drawer filing cabinet in light wood, originally sold by John Lewis. Great quality and all the original fittings present. There is no lock on this cabinet. Ideal for any domestic, commercial or home office placement. Free delivery within the *Newsletter* area.

Seller Details:

David Anderson 0774 789037  
whitesands1.da@gmail.com

### Coffee table/stool £30

Scottish Larch. 28ins.x19ins.Height 20ins.

Seller Details:

Mike Hughes 01577 840385

## Community Investment Fund

The Community Investment Fund (CIF) provides £1.2million to community led projects over 2018/19 and 2019/20. It is an opportunity for local people to make an impact on the issues that matter most to them. Grants of £3,000-50,000 are available to eligible groups in this round of funding.

The Community Investment Fund for 2019/20 is now open! As before, each ward has £50,000 to use to support community projects. All of the information is available on the website at [www.pkc.gov.uk/cif](http://www.pkc.gov.uk/cif). The final deadline for applications is **Thursday 12 December**.

## Mindspace Recovery College

Mindspace Recovery College runs free courses covering all aspects of mental health, co-delivered by people with lived experience, and are open to all.



## Homes for Cats Wanted

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.



## LOCAL CHEMIST INFORMATION

### Rowlands Pharmacy, Kinross

Mon-Fri: 9am-6pm  
Saturday: 9am-5pm  
Tel: 862422



### Davidson's Chemist, Milnathort

Mon to Fri: 9am-1pm & 2pm-6pm  
Saturday: 9am-12.30

Tel: 01577 862219

**Sundays:** The nearest open pharmacy is Asda, Dunfermline



## Situations Vacant

In conjunction with www.kinross.cc, the *Newsletter* is pleased to publish local situations vacant. Please go to the kinross.cc website before applying to see full details and to **check whether a position is still available**. (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

### Chef/Cook, (part time)

#### Kinross Curling, Green Road, Kinross

The job is seasonal to April 2020. You would be required to prepare, cook and serve hot and cold meals and snacks, dealing with any special dietary requirements and individual preferences. Maintain records of food supplies, temperatures, cleaning schedules and assist with the ordering. If you are a great communicator, have the skills and the ability to work on your own initiative and as part of our team, we will be happy to speak to you.

Please submit a cover letter and CV by email only to Steven Kerr, Manager, [iceman@kinrosscurling.co.uk](mailto:iceman@kinrosscurling.co.uk)

## Lip Reading Classes

Do you or someone else you know have a hearing loss? Lip Reading Classes can help.

Advice is available on tinnitus, cochlea implants, access to work and getting benefits.

Learn how your hearing aids work and about equipment to help you with your hearing loss, e.g. smoke alarms, television aids, flashing doorbells and more. The above equipment is free. Classes start in Kinross in October and a few places are still available on Fridays in Perth. Classes are funded and free to participants. To book a place, or for more information, contact Susan Brown Tel: 01250 872861 or 07940 333924, or by email at [Perthshirelipreading@hotmail.com](mailto:Perthshirelipreading@hotmail.com).

Facebook-Perthshire Lipreading



## Newsletter Deadlines

More deadlines for the months ahead can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check *Newsletter* website for latest information: [www.kinrossnewsletter.org](http://www.kinrossnewsletter.org)

Issue	Deadline	Publication Date
December	Friday 15 November	Saturday 30 November
February	Friday 17 January	Saturday 1 February



## Weekly Programme

<b>Monday</b>	<b>Exercise Class 11.15am</b> <b>Scrabble, cards &amp; other games 1.15pm</b> <b>Bingo 1.30pm</b> <b>'Stride for Life' Walking Group 2pm</b>
<b>Tuesday</b>	<b>Carpet Curling 11am</b> <b>Relaxation Class 1.15pm</b> <b>Games 1.15pm</b> <b>Singing group with Alex Cant 1.45pm</b>
<b>Wednesday</b>	<b>Morning Worship 10.45am</b> <b>Dominoes, Scrabble &amp; other Games 1.30pm</b> <b>Tai Chi 1.30pm (6th, 20th)</b> <b>Art Class 1.30pm</b>
<b>Thursday</b>	<b>Carpet Curling or Boccia 11am</b> <b>Film or music Afternoon 1.30pm</b> <b>Dominoes, Scrabble, cards 1.30pm</b> <b>Balance &amp; Strength Class 1.30pm</b> <b>Card making 1.30-3pm</b>
<b>Friday</b>	<b>Balance &amp; Strength Class 11.15am</b> <b>Dominoes, Games or music 1.30pm</b> <b>Bingo 11.15-11.45am</b>

**Coffee Bar open to all**

**8.30am - 4pm**

**Older Adults Lunches Daily**

Our activities are open to everyone.  
Please feel free to come in and have  
a great afternoon.



**01577 863869**

**kindaycent@tiscali.co.uk**

**Film shows • Cards**  
**Dominoes • Art Class**  
**Exercises • Chiropody**  
**Trips • Daily Papers**



## Additional Events for November

<b>Hearing Loss Support and Advice</b>	<b>11am-12pm</b>
<b>Chiropody</b> (Tel 01577 863869 for an appointment)	<b>9.45am-1pm</b>
<b>Christmas shopping trip (booking essential)</b>	<b>1pm-4pm</b>
<b>St Andrew's Day quiz</b>	<b>1.30-3pm</b>
<b>Library Trip</b>	<b>1.30pm</b>

Monday 4th  
Thursdays 7th, 21st  
Tuesday 12th  
Wednesday 27th  
Thursday 28th

**Extra day trips to be announced**

## Useful telephone numbers

### Medical

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

**Police, non-emergency** 101

**Police, Fire & Rescue, Ambulance & Coastguard emergencies** 999

**Gas** (worried about gas safety) 0800 111 999

**Water** (loss of supply, foul water emergency) 0845 600 8855

**Floods** SEPA Floodline recorded messages 0345 988 1188

### Perth & Kinross Council (PKC)

Customer Service Centre (Mon- Fri, 8am-6pm)	01738 475000
Reporting non-emergency Road and Lighting faults (CLARENCE)	0800 232323

### PKC Out of Hours emergency numbers

Adult care services	0345 301 11 20
Anti-social behaviour helpline	01738 476173*42*
(*42* telephone and leave a voicemail)	
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

**Traveline Scotland** 0871 200 22 33

**Loch Leven Community Campus** 01577 867200

**Kinross High School** 01577 867100

## Perth & Kinross School Term Dates 2018-19

Term	Start (for pupils)	End
Inservice days	Thur 14 Nov, Fri 15 Nov	
Winter	Mon 21 Oct 2019	Fri 20 Dec 2019
Spring	Mon 6 Jan 2020	Fri 3 Apr 2020
Inservice days	Wed 12 Feb 2020	
Occasional Hols	Thu 13, Fri 14 Feb 2020	

## Need a wheelchair?

The British Red cross will be in Sainsbury's car park every  
**Wednesday 10am-12noon**  
for more information please call 01506 409927

SC037738

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Sat	2	Kinross & Ochil Walking Group Weekend Walk: see notice for more walks	59
Sun	3	<b>Dawn goose watch 6.15am</b>	94
Tue	5	<b>Fossoway Community Council meets</b>	53
Wed	6	Kinross-shire Partnership's Networking Breakfast	103
Fri	8	Scotlandwell in Bloom/Blythswood Appeal Shoebox filling	102
Fri	8	Kinross-shire Entertains, Campus	33
Sat	9	<b>Christmas crafts/coffee morning, Church centre</b>	103
Sat	9	Portmoak Film Society show A Woman At War	68
Sun	10	Remembrance Service, and parade (War Memorial from 10.50am)	96
Sun	10	Let's Sing!	104
Tue	12	Civic Trust Annual Dinner	84
Tue	12	<b>An Introduction to Stargazing, RSPB</b>	94
Tue	12	<b>Portmoak Community Council meets</b>	50
Thur	14	IT Help Session, library	79
Thur	14	<b>Milnathort and Orwell Community Council meets</b>	45
Thur/Fri	14-15	<b>P&amp;K schools Inservice Days</b>	111
Fri	15	<b>Mamma-Mia Abba Sing-a-long, campus</b>	33
Fri	15	<b>Deadline for submissions for the Dec/Jan Newsletter</b>	110
Sat	16	A trip back in time: Mary Queen of Scots' with David Munro	94
Sat	16	Billy Kirkwood, comedian at Milnathort Town Hall	33
Sun	17	<b>Wildlife Writing Workshop, RSPB</b>	94
Mon-Thur	18-21	Various Winter Festival Events, see feature on p32-33 for details	32-33
Sat	23	Family Film Event, Kinross Parish Church	96
Sat	23	<b>Festive Street Market / Light Up Kinross</b>	33
Sun	24	The Blether Bus	32
Sun	24	Orwell Bowling Club AGM	85
Mon	25	<b>Cleish and Blairadam Community Council meets</b>	54
Tue	26	Creative writing group, library	79
Tue	26	Kinross and District Art Club AGM	68
Thur	28	Kinross Flower Club Christmas Coffee Afternoon	77
Thur	28	Milnathort Town Hall AGM	104
Thur	28	Kinross Flower Club, Millbridge Hall	73
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Sun	1	<b>Santa begins his tour of Kinross-shire</b>	61
Sat	7	<b>Dougie MacLean, campus.</b>	32
Sat	7	<b>Milnathort Filmhouse show 'Rocketman'</b>	104
Sat	7	<b>Christmas Decoration Workshop, Pier</b>	95
Sun	8	<b>Christmas Concert in Milnathort Town Hall</b>	
Thur	12	Wreath-making workshop, Pier	95
Thur	12	Deadline for Community Investment Fund	110
Sat	14	Portmoak Film Society show <i>Can You Ever Forgive Me?</i>	68
Wed	18	Carols at the Cross, Milnathort	
Tue	24	<b>Milnathort Filmhouse show 'The Grinch'</b>	104

## Planning a Community Event?

Check the Diary on [www.kinross.cc](http://www.kinross.cc) to ensure that your event won't clash with another.  
List your event as soon as you can to help others with their planning.  
Contact the website administrator by email: [admin@kinross.cc](mailto:admin@kinross.cc)