

# Kinross Newsletter

Founded in 1977 by Kinross Community Council

Published by Kinross Newsletter Limited, Company No. SC374361

All profits given away to local good causes by The Kinross Community Council Newsletter, Charitable Company No. SC040913

www.kinrossnewsletter.org www.facebook.com/kinrossnewsletter



Founding editor, Mrs Nan Walker, MBE

ISSN 1757-4781 Issue No 480

December 2019

### **DEADLINE**

# for the February Issue 5pm, Friday 17 January 2020 for publication on

# Saturday 1 February 2020

# Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletter.org (all emails will be acknowledged)

### Post or hand in to:

Kinross Newsletter c/o Ross McConnell accountants 3 High Street Kinross KY13 8AW

### **Editor**

Hannah Phillips07591 228								
editor@kinrossnewsletter.org								

### **Advertising Manager**

Julia Fulton 10 Gowan Lea Dollar, FK14 7FA......07936 151223

advertising@kinrossnewsletter.org

### Treasurer

Ross McConnell
3 High Street
Kinross KY13 8AW......01577 865885

treasurer@kinrossnewsletter.org

### **Subscriptions**

Ross McConnell (address as above) subscriptions@kinrossnewsletter.org

### Distribution

David Anderson ......07747 890375 distribution@kinrossnewsletter.org

### **CONTENTS**

From the Editor, Letters	2
Congratulations	5
News and Features	6
Police Box	13
Health and Wellbeing	17
Community Councils	18
Club and Community Group News	28
Sport	48
Scottish Women's Institutes	54
Out and About	55
Church Information	58
Playgroups and Toddlers	62
Notices	
Classified Adverts, Chemists	
Day Centre	72
Christmas & New Year Holiday Arrangements	
Diary	

### **Commercial Advertising in the Newsletter**

Our advertising terms and conditions have recently been updated. They are available to view at www.kinrossnewsletter.org.

### **Display Adverts**

Rates shown are for new advertisers

 $\begin{array}{ccccc} & \textit{Eighth page} & \textit{Quarter page} & \textit{Half page} \\ \textbf{Black \& White} & \texttt{£14.70} & \texttt{n/a} & \texttt{n/a} \\ \textbf{Colour (internal)} & \texttt{£19.00} & \texttt{£38.00} & \texttt{£76.00} \end{array}$ 

The above prices are per issue, based on a six-month run of advertising being placed. One-off adverts are charged at a higher rate. The Newsletter welcomes advertising enquiries. We do not have a waiting list for adverts.

### **Typed Adverts**

These adverts are text only. The price is the same per insertion whether the advert is placed for one issue or several issues.

Up to NINE lines (including blank lines) £8.60 per insertion TEN to FIFTEEN lines (including blank lines) £14.35 per insertion

As a guide, eight words is the maximum that can be fitted on a line. To place a Typed Advert, contact our Advertising Manager, Julia Fulton (see left for contact details). You will need to send her:

- Your name, address, telephone number and, optionally, email address.
- The wording of your advert.
- A note of the number of insertions required.
- Your remittance cheques payable to 'Kinross Newsletter Ltd'.

Send all this to the Advertising Manager by the normal monthly Newsletter deadline (see top of left-hand column for date).

The Newsletter reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a Typed Advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

For full information on advertising in the Newsletter, including terms and conditions, please go to our website www.kinrossnewsletter.org and click on 'Advertising'.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy. No part of this publication may be reproduced or used in any form without the express written permission of the publishers.

# Editor's Page

Cover photo: Roy Gilmour.

Design by Lee Scammacca of Cree8.

### **Letter from The Editor**

As the weather changes and the wind begins to bite, there's no missing the fact that Christmas is well and truly on its way, reinforced by the early appearance of decorations in many of our local shops. Despite the dreich weather, the wonderful Festive Street Market/Light Up Kinross event is sure to have initiated thoughts of the festive season for many of us who were holding off all thoughts of Christmas until December. Inside this issue you'll find all the usual local news and views, as well as information about all the Christmas events we have to look forward to in our Shire. There are wreathmaking workshops, carol singing evenings, Christmas films and Church services for all ages, whether you choose to celebrate with family or simply to remember loved ones at this poignant time of year.

I hope you enjoy the photographs of Kinross-shire in winter, on p20-21. They were sent in by readers and I had a hard job selecting my favourites. Thanks to you all as always for your letters and contributions — a bursting postbag has a similar effect on this editor as a stuffed Christmas stocking has on a small child! The Newsletter Team are taking a well-deserved rest until the February edition, but I'd like to wish all our readers a Merry Kinross Christmas and a Happy New Year.

Hannah

### **Note to Contributors**

A great deal of the Newsletter comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the Newsletter.

### **Letters Policy**

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the Newsletter. The Newsletter does not necessarily agree with any of the views expressed on the letters or indeed other pages. In special circumstances addresses may be withheld from publication on request (but must still be supplied to the editor).

### Note to Readers: Advertising

Inclusion of advertisements in the Newsletter does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

### **Abbreviations**

PKC: Perth & Kinross Council Cllr: Councillor

CC: Community Council CCIIr: Community Councillor

### **About the Kinross Newsletter**

The Newsletter has been informing and supporting the community for over 40 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the Newsletter to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the Newsletter. Thank you.

The Newsletter is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

### **Citizen Science answers**

We were all pleased to read in the Kinross Newsletter about the continued interest in citizen science to look at the water quality of Loch Leven. The study last year in Loch Leven was a first pilot of a large international research project looking at new technologies for water quality monitoring (see monocle-h2020.eu). The week-long activities of experts from SNH, University of Stirling, CEH, Earthwatch, Plymouth Marine Laboratory and another five European and African organisations presented an important opportunity to explore, together with the volunteers, like Karol, the potential of combining citizen science, drone- and landbased instruments, and remote sensing. The MONOCLE team appreciate the voluntary contributions of SNH & CEH in cohosting the field campaign. One of the main findings of the week was that combining the different scales of observation adds real value to our understanding of the functioning of waterbodies such as Loch Leven.

All participating organisations support continued monitoring at Loch Leven, but continued citizen science monitoring of Loch Leven requires the presence of local scientists and agencies to guide the measurements and to provide the instruments and training for the local volunteers. Unfortunately, SNH & CEH have no current resources to support an on-going citizen science water quality monitoring of Loch Leven. Both are, however, developing engagement activities with the science department at Kinross High School and supporting Loch Leven Discovery Day.

Steven Loiselle, Earthwatch Laurence Carvalho, CEH Neil Mitchell, SNH

### **Roads Issues**

Recently I had cause to walk from Kinross to the Granada Services. The route takes you from Kinross via the roundabout across the M90 motorway. The footpath route is very good up until the last section. From there on in the verge on both sides is growing over the pavement making it a lot narrower. The dangerous part of this footpath is when it meets the Services, and the pavement disappears. There is nowhere safe to cross the road to the opposite side. There is also no access pavement to proceed into the Services. This is a very busy and dangerous area for pedestrians. Please take care. I have contacted the roads department.

Malcolm Robinson 25 Levenbridge Place

The recent roadworks and closure of North Street has highlighted the inadequacy of Manse Road as a thoroughfare. When traffic was redirected down that street, at best it was single lane, and at worst, it was completely gridlocked. How on earth will Manse Road cope if a new development at Pitdownie takes place?

Karol Swanson Blanefield, Milnathort



### **Help for Veterans**

First off, a big thank you to all who helped make Remembrance Sunday this year a moving and successful event — the Ministers, the fantastic Pipe band, the brilliant bugler, the youth organisations, parade commander and co-ordinators, Police Scotland, rickshaw drivers, wreath layers, the Masonic Hall staff for doing refreshments so generously afterwards, and the public who came in big numbers to stand, be silent and remember. A name check to Lynne McKay and Jenny Gavan, who promoted the Poppy Scotland appeal, put the big poppies out in the streets, and the collecting trays. Thank you.

(There were quite a lot of veterans wearing medals on the street corners – please come and march with us in the veterans' squad – we were thin this year.)

With thoughts of Remembrance still in our minds, now is a good time for those who have served in our military to remind themselves that help is there if they need it. There are probably many people reading this who are struggling, and don't realise the level of support available to them through SSAFA.

Some may not think that they are eligible for support, or don't like the idea of turning to a charity for help. However, it only takes one day of service to qualify for our help, and that includes direct dependants as well. There may be some people who would not like to accept charity help, but the truth is that those who served in our armed forces have earned the help. SSAFA has over 20 volunteers in the Perth and Kinross area. All are trained to provide assistance with a wide range of problems/ challenges.

Rather than suffer alone, I would ask anyone who has served, and feels that SSAFA can be of assistance to them or their loved ones, to call the local Branch office in Perth on 01738 625346 (answer phone if not manned) or email: Perth.Branch@ssafa.org.uk. The help is there waiting for you – you have earned it.

Thank you to Broke not Broken volunteers and staff for your support to our Veterans too – and all your clients – it's wonderful work you do.

Lt Colonel Andy Middlemiss DL, SSAFA –The Armed Forces Charity- Perth and Kinross Branch

### Food Miles - Rice or Tatties?

It is fantastic that Kinross High School organised such a rewarding day all round as part of a rice manufacturer challenge, with a focus on tasty, healthy cooking, shared meals and has raised the fantastic sum of £16,000 for Mary's Meals. It is a pity that the day had to have commercial sponsorship of a rice company and had less focus on the locally grown, versatile, allergen free and probably more nutritious potato. At a time when we should all reduce the air and sea miles involved in transporting our food, we should revel in the fact we are surrounded by land which produces highly nutritious vegetables. While vegetarian eating is more fashionable, to eat rice, avocados and soya milk will not ultimately help in our battle against climate change. We have potatoes, carrots, apples, beetroots and oat milk which could easily serve a similar purpose. Perhaps the local farmers could organise a similar vegetable challenge day?

Alison Robertson Address supplied to the Editor

### **Tradesmen Troubles**

This publication advertises local services which are helpful for our community. However, I struggle to understand why, when one requests a quote for a service of some kind or other from certain local tradesmen who advertise, the customer is almost treated with contempt. Empty promises are given e.g. 'we will get back to you with either quote/further information/expected timescale for the job' etc. etc. — nothing happens, no phone call, no quote for the job and importantly no explanation why not. Some tradesman have spent time visiting our home to assess the job and we have never heard from them again. This is a complete waste of both their and our time. Many other people I know have had similar experiences.

This has been my experience on several occasions over a number of years. It is extremely frustrating and I fail to comprehend why this happens. Either the jobs we want carried out are not attractive enough financially, or the businesses concerned are just too rich or too lazy to consider their customers. Obviously, I do not recommend these firms to others.

I understand that businesses can be very busy but please tradesmen do not insult your local customers. If you cannot do the job or don't want to do it, just be honest, tell your customer. If you are unable to work within a certain timescale, tell the customer. Don't leave them waiting for something that's never going to happen.

On a more positive note we have had some local businesses who care well for their customers. They communicated well and have carried out excellent work for us. Sadly, in my experience they are in the minority in this area.

Alison Cuthbert 15 Sutherland Drive, Kinross

Those driving past my cottage will be surprised to see a white patch of paint on the gable end. To point five fissures and add protective paint, I was quoted £2500. This figure seemed to be too glib. On being challenged, the tradesman was unable (unwilling?) to explain how he arrived at such a figure, the hourly rate or how long it would take. Not only that, but he suggested a post-dated cheque before I would be able to confirm funds were available! I asked if he watched the BBC Watchdog programme. He said he did. I reminded him that the elderly are frequently a target for unscrupulous tradesmen. At which point, he knew the game was up, completed the roof repair and was gone in under two hours. And the white patch? This was work started without being authorised and before the kitchen flat roof repair was completed!

Gareth Clemson, Tillywhally Cottage

### MAN AND VAN

Based in Kinross with a large 3.5 tonne
Mercedes Luton Van.
For all small and medium sized removals
both domestic and commercial.
Local and Nationwide.
20 years experience.
Telephone Chris on MOB
07796 172661

### King George V playing field

Once again, we are presented with proposals from Kinross Hockey Club that will damage the environment, close off access to public space, and detract from the pleasure we derive from our home. The latest scheme refers, as before, to the area to the west of the existing hockey pitch, and calls for wholesale alterations to the area, the felling of the trees and the erection of new fences to exclude the public from an area that was always meant to be for the benefit of the whole town. It is not, as Andrew Montford refers to it, a 'redundant area'. Nor would the proposals 'enhance the site.'

Having read Mr Montford's article in the November Newsletter, there is some doubt as to which plan (KHC's plan or PKC's) is the preferred option. If we have understood the article, the KHC plan does not require the felling of trees, but PKC's does. This, in our view, is critically important. Our primary objection is not the screening of the fence, as Mr Montford states, but the preservation of the trees. In fact, we have dealt with the screening of the fence ourselves, without any assistance from outside agencies (an approach we commend to KHC), but the loss of the trees would be devastating. We are sympathetic to the wishes of KHC to reduce damage to their pitch, nor do we object to increased playing/practice time, and if these objectives can be achieved without the destruction of the trees, we would be content. Having said that, one cannot help wondering if all of this is necessary? Is it really impossible for hockey players to warm up on grass? Couldn't they warm up in trainers and change into playing shoes before the bully off? Or couldn't they just wipe their feet? And is it really such a mammoth undertaking to sweep autumn leaves off the pitch for a few weeks of the year?

If PKC's plans prevail, we will certainly lodge an objection. PKC's plans call for moving of the high wire mesh fence and the creation of a public access corridor squeezed between the fence and the rear of the houses on the Muirs. This, in turn, will lead to a demand from KHC to fell the trees.

The tree immediately behind our house in the playing field is alive with all manner of wildlife. It provides food, shelter and nest sites for many birds in summer, and in winter it is used as a night time roost. It is a hunting ground for bats in summertime, and is used by red squirrels as a gateway into our garden. We can speak only about that tree, but there is no reason to assume the others are different. We do not believe that increased facilities for KHC should be bought at the expense of the environment.

When we first moved to Kinross, the King George V playing field was seen as being open to all. Footballers, rugby players, dog-walkers, kids playing and people out for a stroll. Then an all-weather surface for hockey and five-a side football was created, complete with ugly floodlight columns and a high wire mesh stockade fence. Then the footballers were evicted and a specialist surface for hockey only was laid, to the exclusion of all other users. We did not object to any of these developments, but now we are faced with these latest proposals. Surely enough is enough. This time, the interests of the environment and the local residents should prevail.

Graham and Catriona McLeod 61 Muirs, Kinross

Kinross-shire is a Fairtrade County

In his article in November's Newsletter outlining Kinross Astro's plans to extend the artificial hockey pitch compound at the King George V Playing Field, Andrew Montford describes the area they wish to take over as 'the redundant strip of land alongside the west side of the pitch'. It is not redundant: it is used every day by residents of Kinross taking a walk. It links conveniently with the unmarked core path on the south side of the field that leads to the woodland path by the golf course.

Kinross Astro say they can't extend on the east side to create a mud-free warm-up area because there would be inadequate runoff space for the northernmost rugby pitch. That's interesting, because it so happens that a recently consented planning application to extend the pavilion building at the KGV Field involves reducing the runoff space for the southern rugby pitch to 5 metres. Sportscotland confirmed that this was satisfactory. Currently there is 7.5 metres of runoff space between the northern rugby pitch and the hockey pitch fence. That would indicate that there is a potential width of 2.5 metres available along the whole east side of the hockey pitch. Having a warm-up space there would mean no need to fell mature trees, less disturbance to the immediate neighbours and allows members of the public to freely access the west side of the field.

When writing about the artificial pitch, Mr Montford says Kinross Astro are 'struggling to keep that asset – that community amenity – for everyone'. But it isn't for everyone. It is for hockey players.

The KGV Playing Field is a publicly owned recreation ground. (It is owned by Perth & Kinross Council and leased to the KGV Management Committee for £50 per year, who in turn sublease the land that the hockey pitch sits on to Kinross Astro for £50 per year.) The land that forms the KGV Playing Field was sold to the local authority on condition that it would be held 'for the purpose of a playing field and recreation ground for behoof [benefit] of the children attending Kinross Public School, the youth and inhabitants of the Burgh and County of Kinross and the public generally in all time coming.'

The hockey players already have an exclusive compound but to extend this by a further 800 or so square metres and bar the general public from walking along the western side of the field altogether does not seem to me to be in the spirit of the original disposition.

Eileen Thomas 50 Muirs, Kinross



### **Thanks**



The collection for **Poppy Scotland** taken at the end of the allage Remembrance Service at Kinross Parish Church totalled £537. Thanks to all who contributed.

MARGARET SIKORA would like to thank all those who participated in and attended the Homebrew concert on 2 November in Kinross Parish Church. Thanks to your generosity, £130 was raised for the Kinross Centre.

JESSIE MITCHELL would like to thank all who generously supported the Macmillan and Marie Curie Coffee morning, where £880 was donated.

VAL OSWALD would like to thank the members of her Flutterby Fitness Pilates classes and Kinross 50+ Keep Fit and everyone in the community who kindly contributed home-baking, raffle prizes and donations for the Macmillan Afternoon Tea in October. My sincere thanks also to the stall holders who all contributed to this wonderful fundraising. Massive thanks to the 'Kitchen Elves and Raffle girls' who all did a brilliant job! Thanks to the members of Lodge St Serf for the use of the Masonic Hall and for their very generous donation which contributed to the amazing sum raised. Once again, the kindness of the community was fantastic and we have raised the magnificent total of £1000! From the heart, I thank you all.

ORWELL 70 PLUS COMMITTEE would like to thank everyone who helped make our recent fundraiser such a success. We had an evening of entertainment from Kelty-based Jamie Dee, with new and old songs and stories which were very much enjoyed by all who attended. Thanks to generous donations for the raffle and to all of those who bought tickets for the evening, we managed to raise £500 for our funds, a tremendous sum. This helps us provide a subsidised summer outing and a free Christmas lunch for people aged 70 and over living in Orwell Parish, Milnathort: please see poster on page 97 for further information about this year's lunch. Thanks again to everyone who contributed in any way and to those who came along - your support is very much appreciated.

# ADVANCED DENTURE COMPANY Ltd. For DENTURES & DENTURE REPAIRS

A wide range is available; from basic quality, to high

quality COSMETIC DENTURES.

All produced in close consultation with the skilled technical craftsman.

NO REGISTRATION

NO LONG WAITING LISTS

A.D.C. MOUTHGUARDS

**Sports mouth guards** 

**Night protectors** for tooth grinders, can also be used to cure certain types of tension headaches.

Ian Mackay 01577 864751



**ELAINE CARRUTHERS** would like to thank members and friends of Scotlandwell in Bloom, friends from the SWI and regulars to the Well Country Inn Pub Quiz who joined together for an afternoon as they wrapped and filled shoeboxes for the Blythswood Shoe Box Appeal. We worked all afternoon and were rewarded with coffee and delicious cake (courtesy of the Well Country Inn and Tanya's superb baking). We were able to wrap and pack 58 shoeboxes, a tremendous result. A very big thank you to everyone who came along to help and to all those who kindly handed in donations (shoeboxes, goodies and cash), and to those who, although unable to come along, supported the cause with generous donations together we made it happen! The shoeboxes were delivered to the Blythswood lorry on 12 November, so here's hoping our boxes are on their way to help spread a little Christmas cheer to those less fortunate than ourselves. Thanks to everyone!

MARGARET SIKORA AND ANITA MACKENZIE MILLS would like to thank all those who attended their recent concert, Hidden Voices', held in Kinross Parish Church on 7 November. Through your generosity (at time of writing) £200 was raised for the charity Camfed – an international non-profit organisation tackling poverty and inequality by supporting girls to go to school and succeed, and empowering young women to step up as leaders of change.





# Community Police Team to combat anti-social behaviour

### **Kinross Community Team**

Inspector Kat Thompson has been appointed as Community Inspector for Kinross-shire, Almond and Earn, Strathearn and Strathallan. Inspector Thompson has worked in a variety of policing areas, including intelligence, counter corruption, continuous improvement, community policing and response policing and brings a wealth of experience to the area.

Inspector Thompson said: 'Taking on the role of Community Inspector for this area is a great privilege for me as I grew up in Kinross and started my police career at Kinross Police Station. My team and I are committed to ensuring we listen to our communities to make sure their main concerns, such as tackling road safety, substance misuse and antisocial behaviour, are our priorities too.' Inspector Thompson is also the Lead Officer for the Kinross-shire Local Action Partnership, bringing together public and voluntary services with community members in order to identify issues of

inequality in the area and agree actions to improve them

Sergeant Michelle Burns is the Community Sergeant along with Constables Matthew Ross and Constable Ben Clark. The new policing model in



Inspector Kat Thompson

South Perthshire including Kinross, allows for locally based community officers to be visible in the area they

are dedicated to, engaging with the Community. Constables Ross and Clark will be primarily tasked with identifying repeat issues and tackling them with problem solving approaches. This will include focused activities within the community including dedicated hivisibility foot patrols, speeding issues, neighbourhood disputes and building long-term relationships with the local Schools, Community groups and Community Councils.

Constables Ross and Clark will be holding Community Surgeries at various locations locally during the forthcoming months where members of the community can meet them and discuss any local Policing issues they may have. The new Community team has a wealth of not only Police service but community policing experience and are happy to discuss any issues. They can be contacted direct via 101 or via the already set up community e-mail for Kinross. See Policebox on page 19 for contact details.

### Anti-social behaviour and recent youth crime

Current issues regarding youths causing annoyance in the Kinross area are being addressed by the Kinross Community team. An action plan is in place to target areas and hot spots where local youths have been identified as frequenting. These include vi-visibility patrols on foot and regular checks of identified 'Hot spots'.

In order for the community team to address areas of concern we always require assistance from members of the public and it appears some areas of concern are not always getting reported to the police. We require local intelligence to police these areas. If anyone has any issues or problems with local youths, please call 101 or attend at the Kinross Police Office and speak with the community team.

The next issue will see the start of regular updates from the officers regarding local crime issues and ongoing campaigns.

There have been a couple of break-ins to sheds in Kinross earlier in October.

Garden equipment was targeted, with a power washer and a leaf blower stolen from an outbuilding at Kinross Golf club. There was a similar break in to a shed at Station Road Kinross, where a lawnmower and a strimmer were stolen. Both incidents are currently still under enquiry.

The community team wish to remind local residents of 'After Dark' security tips to make it as difficult as possible for person(s) to target their properties.

- Use timer switches on lights and radios to make it look as if your home is occupied.
- Ensure all doors and windows are secure when you leave and when you go to bed.
- If possible, use security lighting at the front and back of your property.
- Make sure all garden tools and ladders are locked away when not being used.
- Use a good quality lock on any garden sheds and outhouses.
- Make a note of all makes, models and serial numbers of your property.
- Report any suspicious activity in your neighbourhood to Police Scotland on 101



### Kinross-shire Local Action Partnership Update



The Kinross-shire Local Action Partnership is made up of elected members, communities and public services and is one of many ways for communities to get involved in local decision making.

The Kinross-shire Local Action Partnership also has responsibility for managing the Community Investment Fund 2019/20, in which there is £50,297 available to spend on projects to improve the equality and quality of life in Kinross-shire

You can apply for any sum from £3000-£50,000 to fund, or part fund your project.

With great consideration a decision was made to postpone the original deadline date, resulting in one date for decision on all applications instead of two, allowing consideration for all applicants for the second round of funding, which closes to applications on **15 January 2020.** These applications will be considered by the Local Action Partnership, Community Investment Fund Panel in early February 2020 with recommendations going to Council Committee on Wednesday 25 March 2020 for final approval. Further information is available from:

www.pkc.gov.uk/article/20535/Community-Investment-Fund If anyone would like further information about the Local Action Partnership please contact Inspector Katrina Thompson, the Local Action Partnership Lead via katrina. thompson@scotland.pnn.police.uk

### **Community Investment Fund for Kinross-shire Ward**

Please come along to our **Drop In Session.** It is an opportunity for you to pop along and seek support and advice about your funding application or project ideas.

Monday 2 December, 6pm-7.30pm at Loch Leven Community Campus

For more information please contact Tracey Ramsay at Tramsay@pkc.gov.uk or on 01577 867124.

### **Funding Success for Aero Space Kinross**

Great news! Aero Space Kinross (ASK) has been awarded £1.6m by the UK government through the Tay Cities Deal. This award comes as a result of much work behind the scenes to bid for funding which will energise efforts to create an aerospace science centre in Kinross-shire.

ASK will focus on the educational STEM aspects of aerospace sciences, celebrate the local heritage of notable aerospace achievements, introduce a state-of-theart planetarium, create jobs in the local economy and provide an attractive local visitor attraction.

Over the course of the past 2 years, we have completed a Build-a-Plane project with Kinross High School and combined our efforts with Cosmos Planetarium —

a mobile planetarium that has featured from Shetland to the Channel Islands attracting 15,000 plus visitors over this period. In addition, next year we will commence a second Build-a-Plane project with Strathallan School.

This is a first step towards realising the aim of full funding for the £12.5m project. Current plans are to build the centre in 2 phases: Phase 1 will comprise the Planetarium and a range of interactive 'hands on' activities and Phase 2 will enhance the range of activities on offer as full funding is achieved.

The award of £1.6m requires a controlled approach to meet government compliance standards which we will be working on in the weeks and months

ahead. At the same time, we will be seeking further



funding from the public and private sectors. Please be aware that ASK is a charitable endeavour and is fully registered as a Community Benefit Society - meaning that it's effectively owned by stakeholders in the local community. In effect, you can have a say in how this project will develop to benefit the community. Local support in this venture is important and will positively influence the decisions of potential donors. In the meantime, follow us on Facebook, check out the information on our website www. aerospacekinross.com or contact us at info@aerospacekinross.com.





### **Crisp Packet Recycling Now In Kinross**

Well done, Kinross Primary School! Kinross Primary School have become a public access collection point for dropping off crisp packets for recycling.

Contrary to popular belief crisp packets can be recycled, but up until recently it was considered a tricky process that wasn't cost effective. As a result, the vast majority of empty crisp packets have ended up in landfill. The plastic they are made from is so tough they can last for over 30 years out at sea.

The scheme involves old crisp packets being turned into plastic items such as benches, watering cans and plant pots by the recycling firm TerraCycle. Walkers described its partnership with TerraCycle as 'the UK's first nationwide recycling scheme for crisp packets'. The packets will be cleaned, shredded and turned into small pellets which will then be converted into plastic items. Laure Cucuron, general manager of TerraCycle Europe, said: 'We hope other snack manufacturers will follow suit, by investing in new ways to reduce the amount of packaging that goes to landfill and incineration.'

The collection point is available for anyone to use, not just parents and carers. You will find it at the main office doors of the school. It is open from 8.30am-6pm every Monday to Friday during term-time. Although the scheme is run by

Walkers Crisps, any brand and variety of crisp packets are accepted. There no minimum or maximum weight limit on the number of packets that you can post into the box at the Primary School.



Ruby Mould and Rhanna Smith

### Wildhood Wins!

Wildhood is a children's festival held annually in June at Tullibole Castle. WILDHOOD has just won the Best Cultural Event award at the Scottish Thistle Awards regional finals, and the team are now heading to the National Finals. WILDHOOD Festival works hard at disability inclusion and connecting children to nature, so it means a lot to them for that to be recognised.

The festival takes place in June, against a backdrop of ancient woodland

and endless skies, with a striking seventeenth century castle rising up to meet its visitors. You can make yourself at home in the lush camping grounds, meander around the moat and ninth century medieval church, lose yourself in a magical maze, experience adventures around every corner, or immerse yourself in rich family history and unforgettable folklore.

The WILDHOOD team would like to thank all their amazing participants and team, the beautiful venue of





Tullibole Castle at Crook of Devon, all the talented participants, and of course, the amazing WILDHOOD friends who pitch up, camp out, and make the festival! They are excited, honoured, and delighted to have won this award and look forward to the final of the competition next March. Then, it's onward, to WILDHOOD 2020 on 6 and 7 June 2020!

### Kinross Trishaws - Lest We Forget

We were extremely proud to be invited to the Kinross Remembrance Sunday Service. Along with two of our regular passengers we also had two veterans at the Service at the Church and the War Memorial. This was so humbling and such a pleasure to be part of, along with many other groups within the Kinross and Milnathort community. Our ethos is to reach out to the community and help those who are now unable to manage out alone. Therefore it felt so fitting to be part of such a momentous community occasion. A special thanks to our pilots in helping make this day a success and of course all of our pilots who continually give up their time to help make the Kinross Trishaws a success — especially in the colder weather!

We are continuing with our rides as long as we can and demand is there – weather permitting, we have lots of cosy blankets for our passengers to snuggle under! As always if you would like to know more about the Trishaws, please contact us by email at kinrosstrishaws@gmail.com or through the Kinross-shire Community Sport Hub Facebook page.



Kinross Trishaws at the Remembrance Sunday Service

### Lonely This Christmas?

Will you be on your own on Christmas Day? Do you know someone else who might be? Would you (or they) like to join us for Christmas?

Following the success of last year's Christmas Day Lunch, members of Kinross Parish Church are once again hosting a lunch in the Kinross Centre, 64 High Street, Kinross on Christmas Day for people in the community who would otherwise be on their own. There will be entertainment from 12pm, lunch will be served around 1pm with more entertainment from Tich Frier afterwards, finishing around 4pm.

This is open to anyone in the community and there is no charge. So that we have enough turkey\* please let us know as soon as possible if you would like to join us. Transport can also be arranged.

If there are any other entertainers who would like to spare half an hour on Christmas Day please get in touch.

Please call Richard Scott 07999 510500 or Kinross Parish Church office on 01577 862570 for more information.

\*Turkey, vegetables and soup are kindly donated by Hunters of Kinross.

### **GrowBiz – Strength in numbers**

It has been another productive year for GrowBiz. In October, they welcomed their 1000th client since October 2016 – a fantastic achievement that equates to, on average, one new client a day. This highlights the importance of the rural economy in Scotland.

GrowBiz provides support and advice to anyone starting or growing a small or micro-enterprise. The GrowBiz team works with businesses in all sectors. They deliver one-to-one meetings for any rural business looking to start, grow or diversify.

Our clients offer everything from fish and chips to artisan vegan and gluten-free luxury products, from care and wellbeing services to adventure tourism, from designer wallpaper to body positive rainbow bright underwear.

GrowBiz are passionate about supporting small and microbusinesses, and helping them to grow their own business which can, at the same time, reduce social isolation. They aim to increase people's capacity to be innovative and enterprising and to develop strong business networks.

### **Growbiz Drop-In Enterprise Support Event**

Looking for some advice or support to start or develop your business?

Are you interested in finding out more about the GrowBiz mentoring programme? Then come along to our drop-in enterprise support surgery upstairs at Heaven Scent coffee shop, Milnathort on **Monday 2 December**.

The event will run from 3-7pm and there will be members of the GrowBiz team on hand to provide support and answer your questions on social media, IT - including websites, email and domains, book-keeping, marketing, and the mentoring programme.

Growbiz would like to wish everyone all the very best for the festive season and the coming year!

### **Light Up Kinross**

Light up Kinross hope you enjoyed this year's display of lights. We still need to raise the funds to pay for a full display, so we appeal to residents and traders to donate to our charity, Light Up Kinross.



Donations can be made at any of our collection points which can be found in Loch Leven Laundry, Baillies, J & JH Sands or at Le Jardin café within Caulders Garden Centre. If you prefer you can donate by simply paying directly to our Bank of Scotland account: sort code 801679 and account number 00171381. If you have already donated, please accept our thanks.

Light up Kinross are 100% responsible for all of the costs involved in the Christmas light display. All proceeds are used for the display. Please support us so that Kinross Christmas Lights can continue in future years.

### **CERAMIC TILING SERVICE**

A large range of wall and floor tiles for supply and fix or

You may require a labour only service Free estimates

Phone GEORGE BIRD Kinross 862253

### Kirklands Hotel Wins Best Small Hotel

www.thekirklandshotel.com

The proprieters at the Kirklands Hotel, Shona and Anthony, were very happy to receive the Best Hotel Award for Perthshire, at the Scottish Business Awards. The awards ceremony was held at Perth Racecourse on 10 November.

Scotlands Business Awards has been running for five years and offers all businesses a chance to compete within regional finals. The Kirklands Hotel was nominated in the 'Best Hotel Category in the Perthshire Business Awards'. The judging is three-fold, based on votes from members of the public, a judge's visit to the business and a mystery guest visit.

Shona and Anthony said, 'Upon our nomination we asked customers to vote online (if they thought us worthy!) and the response was great. We are delighted to have so many lovely loyal customers to support us. It's great to receive some official recognition for all the hard work and personality that all the staff and ourselves put into making the Kirklands the place it is!'

There are nine lovely en-suite bedrooms at the Kirklands and Anthony and Shona love to welcome guests to this part of the world and provide them with the perfect space to unwind at the end of the day.



Anthony and Shona, proprieters at the Kirklands

You can get in the Christmas spirit by booking for the Kirklands Festive Menu, which is available from 1-24 December. Or just go in for a visit throughout December to sample the festive bar bites and some amazing Christmas cocktails from the extensive, ever changing cocktail menu. There is also a huge gin selection! You can book tables for up to 10 online at the website, or for larger numbers call the hotel directly on 01577 863313.

### Stay Warm This Winter

Perth and Kinross residents can get free advice on how they can reduce household energy bills from the Home Energy Advice Team.

If you think your bills are too high or if you find your home difficult to heat then the team can give you free and impartial support that will save you money and make your home warmer and more comfortable this winter.

Advisers can find you the best energy suppliers and tariffs to suit your needs and then help you make the switch. They can also assess your home for damp and condensation problems and provide general energy saving advice that can help you save energy and money in no time.

All you have to do is contact the team and arrange a free home visit. Call them on 0808 129 0888 to have a chat about how they could help you.

The Home Energy Advice Team is funded by Perth & Kinross Council and delivered by social enterprise Scarf to households within the Perth and Kinross area. For more information please visit www.pkc.gov.uk/HEATsupport.

### Your Local HANDYMAN

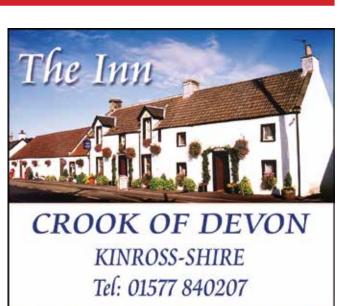
I provide a **RELIABLE**, Local Service:

- All types of work undertaken (inside and out) clearance, painting and decorating, shelving, curtain rails, plus much more!
  - Free no obligation quote
  - Very reasonable rates

No Job too small

### Call Phil on 01592 841013 or 07739 231193

69 Whitecraigs, Kinnesswood, Kinross Email: pipreed68@icloud.com



# BAR MEALS SERVED DAILY

Monday - Saturday 12 - 2 & 5 - 9pm Sunday 12 - 9pm

Take Away Food Service

Room available for small parties & meetings

Front & Rear Car Parks

MODEL RAILWAY RUNNING DAILY

ARTEFACTS & CURIOS



### Men's Shed News

Recently we've been gearing up for our move to our new premises and home, in the Kinross Learning Centre, owned by UHI/Perth College. The Arthur Margaret Thompson Trust were happy to help make this happen. They saw the Men's Shed as the asset it is to the community, men's health and as a means of reducing social isolation. We welcomed their offer to give us the funds to buy it. There has been a short setback while a part of the foundation needs attention, but the College will attend to this before we move. So, we are still managing a good few projects in the Shed at the same time as tidying up and clearing out the items that won't be moving with us. More members are using our own e-bikes and converting their own bikes to e-bikes, helping to reduce car miles, emissions and lowering pollution, as well as helping with fitness and wellbeing.

We were also grateful to Kinross First Responders for donating a defibrillator and cabinet for the Shed which is accessible to the public while the gates are open. Local electrical contractor Andy Craig fitted this for us free-of-charge, and helped us add a CCTV system to help keep it secure and available for use. This will move with us to the Swansacre site. First Responder Alan Ruiz came along one evening and trained lots of Shedders in CPR and use of the defibrillator in his own time.

Glen Douglas, Shed Supervisor, went along to run a presentation to the Kinross-Shire 50+ group on what a Men's Shed is and what goes on in ours. Chairman Davis Conner also was there to chat with their membership and both were made very welcome. Thanks to them for their donation to Shed funds.

Lucinda Russell OBE, of Lucinda Russell Racing, the local National Hunt and Grand National championship winning horse racing stables at Arlary, and home to the 2017 winner One For Arthur, invited us to come along and enjoy a tour of the stables, watch morning gallops and to go back for tea and cake. A few of us were happy to go and meet Lucinda and Champion Jockey Peter Scudamore MBE and we were made to feel very welcome.

Lucinda said she encourages local communities and groups to get in touch and take up tours of the stables. They have a fantastic set-up there, and run in a very efficient fashion, because of the numbers of horses involved at both the Arlary and nearby Kilduf locations. They employ over 40 people! Lucinda and Peter were both off to Kelso that day and reported later they had a winner.



Shedder Harry Clark with his new friend!

### **Beth's CHAS Fundraiser**

Beth Gibson of Milnathort organised a successful fundraising event on in November at Milnathort Town Hall for Rachel House, run by the charity CHAS (Children's Hospices Across Scotland).

Along with some of the other CHAS volunteers, money was raised by selling raffle tickets to the public.

Beth invited local crafts and wellbeing artisans to set up stalls, showing their festive products for sale and services. Each made a donation to CHAS and donated raffle prizes, the rest of which were donated by local businesses. To mark Remembrance Day, a minute of silence was held during the event.



Beth's fundraiser

There were so many people coming through the door, it was difficult to take photos! Beth's goal was to raise money for Rachel House Hospice. She has been a CHAS volunteer for over three years. Beth specialises in offering voluntary therapeutic massage to the families and some of the children staying at Rachel House.

Beth also runs 'Beauty by Beth' and combines this with her second business 'Forever Living' which provides natural Aloe Vera products for hair and skin care. Beth and the volunteers raised £700 for Rachel House.

### A NEW NAME & A NEW WEBSITE

### THE HAPPY DOG COMPANY

Established 2007

Dog Walking and Pet Care Services

Claire Murison BSC (Hons) Animal Science 10 years Vet Nursing Experience Insured & References Available

Tel: 01577 830588 claire@thehappydogcompany.net www.thehappydogcompany.net The Happy Dog Company is also on Facebook

### Councillor Mike Barnacle

A copy of a letter of the 14 November 2019 sent to Kevin Stewart MSP, *re* the local plan system (signed by the five Councillors who asked for their dissent to be recorded from the Council decision to adopt LDP2 on 25 September 2019).



Dear Minister

# Current Local Plan System Following Reporter's Examination

We write with concern to yourself regarding the above following the recent experience of local councillors in Perth & Kinross when debating the Examination Report on our Local Development Plan 2 on 25 September 2019.

Five councillors, including 3 of the local members for Kinross-shire, asked for their dissent to be recorded from the Council decision to adopt the Report. It became clear during the briefing sessions in August with planning officers that we would be recommended to accept the Examination Report, however flawed we may feel the conclusions. We were also advised by legal services of Perth & Kinross Council that moving amendments may not be competent within the strict confines of the Planning Regulations 2009, despite noting that the Report had been made on the basis of written submissions, unaccompanied site inspections and no enquiry or public hearing.

We find it anti-democratic that elected members cannot challenge the findings of an unelected reporters' unit regarding what they may regard as a flawed assessment based on incomplete evidence and only have recourse back to Perth & Kinross Council officers for acceptance of the Report. This is a clear "democratic deficit" in the current planning system, agreed by your Government which we think should be debated at MSP level, hence this letter to yourself, copied to our MSPs.

We look forward to your response in due course and attach as background Councillor Barnacle's address to the full council debate on LDP2 aforementioned.

Yours sincerely

Councillor M Barnacle

Councillor X McDade

Larder MD

(In D)

Councillor C Purves

JM\_0. NA

Councillor W Robertson

Councillor C Stewart

Cllr Barnacle would like to wish all his consituents a Happy Christmas and a Prosperous New Year. Should you wish to contact him, particularly concerning environment, planning, road and footpath issues, you can do so by telephoning 01577 840516 or by email at michaelabarnacle@gmail.com.

Councillor Michael Barnacle Independent Member for Kinross-shire

### **Councillor Willie Robertson**

**Green Park:** I reported last month that the work to resurface the pavements in Green Park was unfinished and that the job should be completed soon. As residents of Green Park



will know, this has not happened. I chased this up and have been told that the work cannot go ahead until next spring as the topcoat that is applied to the pavement surface won't bond in cold weather. I have noted this in my diary and will make a point of following this up early next year.

Loch Leven: I have been raising my concerns with Perth & Kinross Council and SEPA about the possible deterioration of the quality of water in Loch Leven. Scottish Natural Heritage convened a meeting of the Loch Leven Catchment Management Group on 9 November to discuss this issue. The meeting was attended by representatives from Kinross Estate Company, SNH, SEPA, RSPB Loch Leven, the centre for Hydrology and Ecology, a variety of experts in water quality issues as well and myself and my fellow ward councillor Richard Watters.

A number of action points have come from this meeting.

- A) It was agreed that more investigations were required to understand the effects of climate change on the loch.
- B) Any investigation would include the effects of potentially increased Phosphorous (P) levels from our sewerage systems. There was discussion as to whether the current loading licences for P issued by SEPA should be tightened up and there was a suggestion that a P ceiling should be set at 8

tonnes per annum. This level would lead to a fall in the levels of phosphorous contained within the sediment in the loch. I was encouraged by the outcome of the meeting and am grateful to SNH for calling it. Loch Leven is our most important asset in Kinross-shire and we must do all we can to protect it. I would be unhappy to grant any more large-scale planning consents in Milnathort and Kinross until we are certain that the extra phosphorous generated though the sewage from these houses won't have an adverse effect on the health of Loch Leven.

Garden Waste Bins: Most of the people reading this report with have access to the Council's Garden Waste collection service. However, the settlements of Kellieside on the A91 and Netherton outside Milnathort have been refused access to the service by Perth & Kinross Council. This is in spite of the fact that the garden waste collection lorries pass these communities while doing their rounds. All new houses in Milnathort and Kinross are offered the service but the Council say they can't include Kellieside and Netherton because there is no capacity. I don't understand this response and have written to the director in charge asking for this anomaly in service delivery to be addressed. As I write this report, I still haven't had a response.

**Christmas Greetings:** We are nearly at the end of another very busy year. I would like to take this opportunity to wish everyone a Happy Christmas and a peaceful and prosperous New Year.

Willie Robertson

# **Police Box**



### **Winter Road Safety**

The weather in Perthshire has seen a change over the past couple of weeks. Being prepared for winter can be as easy as a few simple steps before planning a journey on the road:

- Check the weather forecast and road conditions; remember the weather within the region can vary tremendously and be very localised
- If the weather is poor or the road surface is dangerous, consider whether you need to travel right now or if you can wait until the situation improves
- Consider alternate routes
- Consider alternative modes of transport
- Allow extra time for your journey
- Make sure your mobile phone is fully charged
- Let people know where you are going and when you expect to arrive.

Advice for drivers – please ensure that you keep your vehicle well maintained and stocked with essential supplies before you start any journey. This includes ensuring that your brakes, lights, tyres, batteries, windscreens and wiper blades are all in good condition and well maintained. Make sure you keep your windows clean, properly cleared of snow and ice, the screen is demisted and washer bottles contain an additive to stop the water from freezing. Ensure that you clear the roof of any snow as this affects drivers behind you and can cause an obstruction on your windscreen with sudden braking.

Consider keeping an emergency kit in your car for severe weather, this should include an ice scraper, de-icer, a shovel, a torch and spare batteries, warm clothes, boots, a blanket, some food, a warm drink in a flask, a first aid kit, battery jump leads and a map or device with offline maps for unplanned diversions.

Advice for pedestrians – It's important to ensure that the pavement outside your home is safe to walk on and clear of ice or snow. You should also wear shoes or boots with nonslip soles and consider wearing reflective or bright-coloured clothing so that other road users are able to see you when it's dark or visibility is poor. Hats or scarves that cover your ears can also distort or eliminate the muffled sounds of approaching vehicles, so it is important to take extra care when crossing the road or checking for traffic. Keep warm but make sure that you are fully aware of what's going on around you.

### Recent Incidents

Between 9am, Friday 8 and 12.30am, Saturday 9 November, a black Volkswagen Golf was damaged in Reid Crescent, Milnathort. (CR/30220/19)

Between 12.45pm on Tuesday 12 November and 2.30pm on Wednesday 13 November a vehicle on McBain Place, Kinross, was vandalised by having paint thrown on it. (CR/30906/19) Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively, information can be passed anonymously via the charity Crimestoppers on 0800 555 111.

### Police Scotland – local community

Telephone 101 for non-emergencies

Community officers for Kinross-shire:



### PC Ben Clark and PC Matthew Ross.

**Email**: taysidekinross-shireCPT@scotland.pnn.police.uk Community Sergeant (Kinross-shire): **Sgt Michelle Burns**. Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Katrina Thompson**.

PC Spalding is also on Police Scotland twitter and can be followed on twitter.com/policescotland or @Kinross

### Ways of following the Police:

Twitter: @KinrossPc or twitter.com/policescotland Facebook: www.facebook.com/PoliceScotland

Website: www.scotland.police.uk

### **Community Watch**

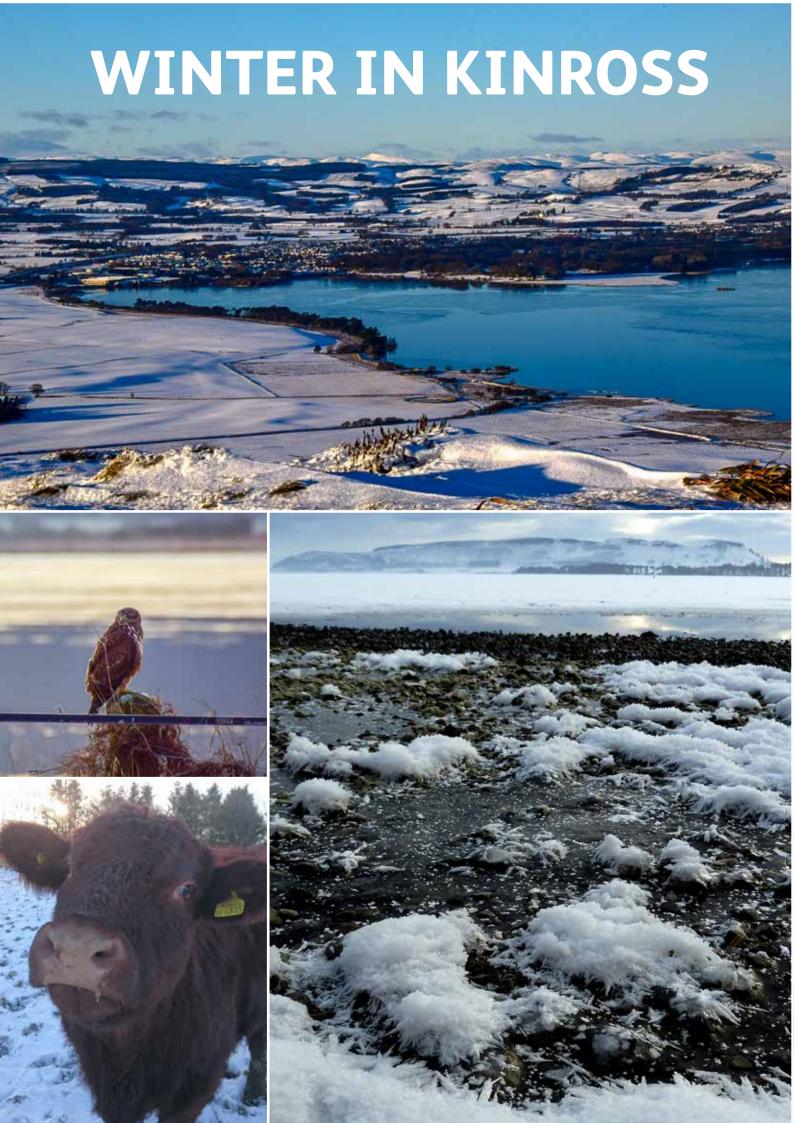
Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch. The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: www.pkcommunitywatch.co.uk

### Crime Stoppers - Telephone 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.







Thank you for sending in your photos of Kinross in wintertime. Sadly, there were far too many for us to be able to publish them all, but here is a selection of our favourites.

With thanks to: (anti-clockwise from left)
Jenny Beveridge, Farmer Dawes, Francis PrincipeGillespie, Eleanor Neil with Poppy the dog, Looking
south towards Benarty Hill by Jane McLaren, Alan
Ruiz, and Neil Rankin (daughter Eve at Kirkgate Park).











# Christmas Puzzles

### Christmas wordsearch

Т	R	W	Т	N	Ε	S	Е	R	Р	U	U
S	Z	0	W	C	Ε	Е	U	L	R	S	Υ
L	S	S	Ε	I	Р	Ε	С	Ν	I	М	Ε
Ε	R	Ν	_	Ε	Р	С	Ε	В	Т	Α	Κ
Ι	Е	S	J	М	В	Α	J	В	L	Е	R
G	Κ	Ε	L	С	F	R	Α	С	R	R	U
Н	С	S	R	S	Н	0	L	L	Υ	W	Т
S	Α	Ε	В	W	Ε	L	F	С	В	С	R
W	R	Ε	Α	Т	Η	S	Α	Z	Т	Α	Α
0	С	R	Ε	I	Z	D	Ε	Е	R	R	С
Ν	U	Т	U	I	Р	Ι	С	В	U	D	U
Ε	N	Ī	W	D	Ε	L	Ĺ	U	М	S	U

carols santa bauble holly sleigh tree reindeer present wreath snow turkey mince pies crackers cards mulled wine

Can you unscramble these Christmas songs?

ROMBUDY ERM	
ANTBY BASA	
STHA RSIMALCTS	_
CRLBELIN JOGKEL	_

Solve the Christmas Tree Maze! EONFIT HERSLT \_\_\_ \_\_\_\_ GINE THAILKIN RAW \_ \_ \_ \_ \_ SPIMS ETOINTS THRAC \_\_\_\_

### **Christmas Jokes**

Why is everyone so thirsty at the north pole? There's no well, no well!

What did one angel say to the other angel? Halo there!

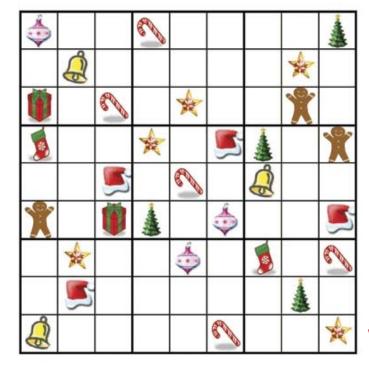
How does Darth Vader like his turkey cooked? On the dark side!

> Why is Santa never in hospital? Because he has private elf-care!

How does Santa like his pizza? Deep-pan, crisp and even!

How do you know when Santa is in the room? You can sense his presents!

What's green, covered in tinsel and goes ribbet ribbet? A mistle-toad!



# Health & Wellbeing

### It's Good To Talk

We would like to say a huge thank you to everyone who came along to our Let's Talk Climate event, which took place at the 'original recycling centre' (the library!) on the morning of Saturday 9 November. The background to the event was the climate action which took place around the world on 20 September and, in particular, the wonderful Line in the Sand event in St Andrews. Standing with 1200 others on the West Sands in silence, contemplating our individual and collective responsibilities for climate change, reminded us of the power of coming together and how positive community action can really help to dispel fears and despair. Our event in Kinross





was inspired by 'climate conversations' which were popping up around the country this autumn. Back in the summer, the Scottish Government launched The Big Climate Conversation, a scheme to support citizens in arranging small, intimate conversations to engage their local communities on the climate crisis. There was no need for specialist knowledge about climate change or facilitation experience, just a desire to have a conversation. Materials were provided and funding was also offered, although we decided not to apply in the end. Our event, Let's Talk Climate, included gentle activities to get us thinking about what the climate emergency means to us and to guide us on to a deeper conversation about options for responding in our lives and community. What was lovely about the conversation was that there were no expectations. It wasn't about coming up with a plan to fix our planet but simply an opportunity to listen to each other respectfully, to be heard and to come together. So, a huge thank you to everyone who came along and to our wonderful Loch Leven Community Library for enthusiastically hosting us and embracing our idea. We plan to hold more climate conversations in the New Year and would be delighted if you could join us!

> Orla Beaton, Adam Nosal & Gosia Stanton. Co-Facilitators, Let's Talk Climate

# News from the Health Centre

### Christmas and New Year Closing

Over the Christmas and New Year period, Loch Leven Heath Centre will be closed on the following dates:

Wednesday 25 December 2019 Thursday 26 December 2019 Wednesday 1 January 2020 Thursday 2 January 2020

On all other weekdays over the Christmas and New Year period, we will be open as usual from 8am until 6pm. Out of Hours cover for evenings and weekends is provided by NHS24 and the Fife Primary Care Emergency Service. They will also be providing emergency cover on the Tuesdays and Wednesdays when we are closed. They can be contacted on 111. All calls will be recorded and we would please ask patients to contact them only when a medical emergency occurs which cannot wait until we re-open. Thank you.



We would ask all patients to make sure that they have sufficient medication to last over the Christmas and New Year period. If your medication will run out over Christmas and New Year, please ensure that you submit a request for your medication by Wednesday 18 December. We receive a greatly increased number of requests at this time of year and therefore need a bit of time to process them all. Repeat prescriptions may be ordered online. If you have not yet signed up for this service, you can do so on our website: www.lochlevenhealthcentre.co.uk

If you have sufficient medication to last over this period, please do not submit a request for more. Prescription requests are all checked prior to issue, and where it appears that sufficient medication has been issued recently, further requests may be declined.

The doctors and all the staff at the Health Centre would like to take this opportunity to wish all their patients a merry Christmas and a happy and healthy New Year.

# **Community Council News**

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

### **Kinross Community Council**

### News from the Extraordinary General Meeting

Present at the meeting held on 13 November were: Community Councillors (CClIrs) B Freeman, M Blyth, D Colliar, D Cuthbert, T Stewart, L McKay, S Bathgate, A Thomson, M McKay, D West, C Aird (Minute Secretary); PKC Councillor (ClIr) C Purves and one member of the public.

Apologies: CCllr S Morrison

Cllr C Purves welcomed everyone to the meeting which was being held following the recent Council elections. He advised that he would chair the meeting initially and on the appointment of the Chair of KCC, he would hand over the chairmanship.

**Appointment of Office Bearers.** There were two nominations for the post of Chair – CCllr D West and Cllr B Freeman. A vote was held and each nominee received 5 votes. There was a suggestion from the public that each nominee give a short speech detailing why they wanted to be Chair and then a secret ballot be held. Both nominees agreed to this.

CCIIr Freeman advised those present that he wanted to keep going with the work which had been started by the Council, e.g., Persimmon Homes issues, remembrance parade for 2020 and he wanted to see this through to the end. He was also keen to see a Secretary and Treasurer appointed to the Council.

CCIIr West thanked CCIIr Cuthbert for his nomination. He felt the CC need to be re-invigorated and need to focus its attention to resolve the issues which were important to the community.

A secret ballot was held and each candidate again received 5 votes each.

There was some confusion as to what would happen next. Cllr Purves checked the PKC Good Practice Guide but there was no mention of what to do in this situation. It was agreed that Cllr Purves would seek clarity re proxy, postal and casting votes and Co-chair appointments.

CCIIr D Cuthbert proposed that each nominee hold the post for 6 months each, and this was seconded by CCIIr D Colliar. It was agreed that CCIIr Freeman would chair for the first six months and then CCIIr West would take over.

### **Appointment of Office Bearers**

The appointment office bearers, with the exception of the appointment of Treasurer and Secretary, would be held over until the next meeting.

CCIIr D Cuthbert nominated CCIIr A Thomson and this was seconded by CCIIr B Freeman. There were no other nominations so this motion was approved.

CCIIr D Colliar proposed CCIIr D Cuthbert for the role of Planning Officer and this was seconded by CCIIr L McKay. Again there were no other nominations so this motion was approved.

There were no nominations for the role of Secretary and CCllr B Freeman agreed to continue this role meantime.

CCIIr D Cuthbert was nominated for the role of Data Controller and this was seconded by CCIIr M McKay. This motion was approved.

CCIIr D Cuthbert confirmed that he was happy to continue in the role of Planning Officer.

### **Adoption of Documents**

Cllr C Purves asked those present how they wished to proceed with the adoption of the documents. CCllr D West proposed that these be done as one document and this was seconded by CCllr M Blyth. The documents were formally adopted.

### **Financial Statement**

Cllr C Purves advised that the half-yearly accounts had been discussed at the last CC meeting. These were proposed and seconded by CCllr D Cuthbert and CCllr D Colliar. The full accounts would now be accepted and submitted to PKC.

### Dates, times and venues of forthcoming meetings

Cllr C Purves commented that discussions had been going on with the regular meetings and CCllr Freeman advised that the Masonic Lodge had written to the CC requesting that the meeting night be changed to either the second or fourth Tuesday of the month, and there would be no cost incurred for hire of the hall.

CCIIr D Colliar proposed that the CC move their meetings to the fourth Tuesday of the month at the Masonic Lodge but CCIIr D West felt the CC should continue with the current arrangements of the first Wednesday of the month at the Community Campus, which would also incur no cost.

After discussion it was agreed that the CC would now meet on the fourth Tuesday of each month, with the next meeting being held on Tuesday 26 November at 7.30pm in the Masonic Lodge. There would be no December meeting and the January meeting would be held on 28 January 2020 at 7.30pm in the Masonic Lodge. CCllr Freeman agreed to email the Lodge to advise them of the decision taken.

### **News from the November Meeting**

The Police Report had been circulated prior to the meeting but the following points were noted:

8/10/19: break in to a garage at Station Road, Kinross – lawnmower and trimmer stolen, under enquiry.

20/10/19: break in to a shed at Kinross Golf Club – leaf blower and power washer stolen, under enquiry.

21/10/19: vandalism to house in High Street, Kinross – white paint thrown over a monoblocked driveway, under enquiry. 24/10/19: vandalism to house in School Wynd, Kinross – concrete block thrown at metal gates damaging same, under enquiry.



1/11/2019: theft of bike from Loch Leven Community Campus, under enquiry.

A number of speeding offences – all occurred outside Kinross High School/The Muirs.

21/10/19 – driver fined – 37 mph in 20mph speed limit.

22/10/19 – driver fined – 40mph in 20mph speed limit.

27/10/19 - driver fined - 37mph in 20mph speed limit.

### **CC Meeting Day**

As discussed at the EGM earlier, it had been agreed that the CC would now meet on the fourth Tuesday of each month, with the next meeting being 26 November 2019 at 7.30pm in the Masonic Lodge, Kinross.

### **Kinross-shire Community Transport Group**

Members were advised that the meeting due to be held on 12 December had been postponed and would be re-scheduled for January 2020. Cllr C Purves advised that Cllr M Barnacle had sent a request around for a meeting date in November (27 or 28) and CCllr D Colliar confirmed that he would email Cllr Barnacle about this.

CCIIr S Bathgate asked if there was any interaction between the PKC transport group and the Kinross-shire Group.

### Lathro Meadows - road surface bell mouth

A member of the public had asked for this item to be put on the agenda and asked what progress was being made in respect of the new homes at Lathro Park. The builders were now digging up the road to put a pipe down and this had resulted in a dwell collecting water. There had been lots of near misses with cars, issues for cyclists. The road is finished, to the top tarmac line, but there remained no white lines at junctions.

Cllr C Purves advised that he had been in contact with the Planning Enforcement team, but the problems with Persimmon Homes continue to re-occur. In response to a question from the member of the public, Cllr Purves advised that contact should be made with PKC in respect of compensation claims for damage to cars, and he agreed to forward on the appropriate form to the member of the public.

CCIIr D Cuthbert suggesting writing to Stewart Dall requesting a response to CIIr W Robertson's email, in time for the next CC meeting.

CCIIr D Colliar also requested that a response to the issue at the corner of Springfield Road (ponding) be received from Mr Dall. Cllr Purves confirmed that he would ask these questions as well as raising issues in The Muirs (next to the metal box and outside number 32, next to the bus stop) as it was obvious that it was a case of the drains not being able to cope with the amount of water.

# AVENUE SECRETARIAL SERVICES High Quality Secretarial Services Offered – Based in Kinross All types of work undertaken using the Microsoft Office Suite of Programs Competitive hourly rates – Confidential service Contact 07971 460490 to discuss your requirements Or email: gwen.perry@hotmail.co.uk

### **Matters Arising**

Antisocial behaviour — CCllr D West advised that he had spoken to the Police re this matter and uniformed and non-uniformed officers had escorted a number of children home and given them a stern warning in front of their parents. No feedback has been received to date.

Windlestrae – CCllr B Freeman advised that he had spoken to the Police at the remembrance Parade and had been advised that a number of children had been caught and subsequently warned that they could be charged with a Section 56 (breaking and entering). No further incidents have been reported.

CCllr Freeman reminded those present to report any incidents to the Police, otherwise nothing could be done.

### **Planning Matters**

**Planning Applications Received** 

CCIIr T Stewart declared an interest in the planning applications received since the last meeting.

**19/01610/IPL** – Erection of a dwelling house (in principle) at land 30 metres north west of Craigton Gardens, Cleish.

**19/01648/AML** – formation of a holiday park comprising 7 holiday accommodation units, manager's accommodation, an access road, landscaping and associated works (approval of matters specified in conditions of 18/01315/IPL) at land 250 metres south of Gellybank Farm, Kinross.

**19/01626/FLL** – Erection of 33 dwelling houses, 8 flats, community lounge/guest suite, formation of parking areas, landscaping and associated works at site of the former Windlestrae Hotel, The Muirs, Kinross. It was noted that CCllr D Colliar had requested an extension for comments on this planning application until Monday 18 November, and also that the CC had previously objected to the application. It was agreed that an objection be submitted on the same grounds as previous. A member of the public suggested an amendment to the CC objection in that there are no pavements included in the plans at either this site, at the old school site or at Lathro. It was also agreed to include concerns relating to the closure of the GP surgery.

Planning Applications Determined by PKC

**19/01392/FLL** – alterations and extension to dwelling house at Brunthill Farm House, Kinross, approved.

**19/01435/FLL** – change of use from agricultural land to form extension to garden ground (in retrospect at land adjacent to 2, 3, 4, 6, 7, 8 and 13 Newton of Classlochie, Kinross, approved.

**19/01368/IPL** – renewal of permission 16/01267/IPL (erection of a dwelling house) (in principle) at 27 Alexander Drive, Kinross, approved.



**19/01406/FLL** – formation of a vehicular access and hardstanding area, and erection of a wall and gate (in retrospect), approved.

**19/01122/FLL** – Extension to dwelling house at 12 Muirhead Crescent, Kinross, approved.

**19/01546/FLL** – alterations to dwelling house at 5 Curate Wynd, Kinross, refused.

**19/013349/FLL** – alterations and extension to dwelling house and domestic workshop, erection of a fence and formation of courtyard and roof terrace at 179 High Street, Kinross, approved.

**19/01497/FLL** – installation of replacement windows at 8-10 Piper Row, Kinross, approved.

Former Kinross High School site: No issues raised.

### Correspondence

Heart 200 – CCIIr Freeman asked if anyone wished to see the minutes and members agreed that these should not be circulated.

### **Any Other Competent Business**

### Pavement outside the Old High School

CCIIr Blyth advised that the pavement outside the old high school had been widened, which subsequently highlights an issue with parking in the area and asked who had given permission for this. CIIr Purves advised that if this had been included in the planning application by Persimmon Homes, then there was nothing which could be done.

### **School Crossing Patrols**

Blyth advised that she had heard that the Patrol Officers would be removed from Station Road at the end of March 2020 and enquired as to whether this was correct. Cllr Purves confirmed that this was the case, and also advised that the Officers in Springfield Road would also be removed at this time.

Cllr Purves advised that there had been some discussion around using a similar model to Angus and Dundee where the number of pedestrians/cars is measured and then scored, but no further information was available at this time.

### **Primary School Meals**

CCIIr Blyth advised that she had recently tasted the meals provided for children at the primary school and had been very impressed by the standards. She also mentioned that parents can now go online and download the recipes to use at home.

### **Stagecoach No 56 Bus Services**

CCIIr L McKay raised the issue of the No 56 bus failing to stop at Kirklands and the Green Hotel meaning children cannot

get to college in time; there are also issues with the service southbound. It was agreed that Cllr Purves would raise this with Stagecoach and PKC, and that CCllr Colliar would raise at the next transport meeting.

### **Daytime Meeting**

CCIIr McKay suggested holding a CC meeting during daylight hours as a lot of people, especially elderly people, do not like coming out in the dark, or cannot get out in the dark. It was felt that there was some merit in this suggestion and it would be discussed again at a future meeting.

### Mill Street

CCIIr McKay raised the issue of cars still parking on the pavements in Mill Street.

### **Parking Outside Town Hall**

CCIIr Cuthbert raised the issue of parking outside the Town Hall and enquired as to whether this was allowed. CIIr Purves advised that his understanding was that the bicycle racks had been put in because there was no parking at the front of the building. It was agreed that clarity was required on this matter.

### **Kinross Newsletter Awards**

CCIIr Cuthbert advised that the following awards had been made:

Light up Kinross: £750 (with note that there is a crisis and this will need to be addressed before next year's lights)

Kinross in Bloom: £1000 Kinross Vaulting Club: £400

Portmoak School, co-sponsored by Kinross-shire Civic Trust:

£254

Kinross Otters: £300

Kinross Wheelchair Curling Club: £400

KYTHE: £450

Kinross Cavaliers Basketball Club: £400

### **Local Action Partnership Investment Meeting**

CCIIr S Bathgate raised the meeting due to be held on 12 December and CCIIr Freeman advised that applications had been submitted but once again, the goalposts had been moved. CIIr Purves advised that he had tried to set up a meeting for the first tranche of applications but was told that the decision had been made to postpone.

A number of issues were raised with the LAP including no chair of the Action Partnership, and that Kinross-shire was the only award.

It was agreed that CCIIr Cuthbert would write a letter for CIIr Freeman's signature raising the CC's concerns.





### **Community Investment Fund**

CCIIr Bathgate asked whether the CC would support her submitting a bid in respect of a suite of events including mental health first aid, suicide awareness, which could be made available to other CCs in the area. It was agreed that CCIIr Bathgate would submit a paper for discussion at the next meeting.

### Message in a Bottle

Members were advised by a member of the public of a new community project 'Message in a Bottle' which is designed to encourage vulnerable people – young or old – to keep their medical details and other information in a common place – the fridge.

In the event of an accident at home, all emergency services are aware of the scheme and will look for the information in an emergency. The bottles are free and can be obtained from the surgery, pharmacies, Kinross Day Centre, Powmill, Crook of Devon, Kinnesswood, Glenfarg village shops and Portmoak Country Inn. The emergency services are fully aware of this project and it is supported by NHS, Healthy Communities Perth 01738 473718. The project is being supported by the Rotary Club, who will be at the Fayre on 23 November where bottles can be collected.

### **Hidden Disabilities**

CCIIr McKay highlighted the hidden disabilities campaign (aka sunflower lanyards) which has been purposefully designed to acts as a discreet sign to staff and work colleagues that the wearer has a hidden disability and requires additional assistance. It has been successfully introduced to several major UK airports, supermarkets, railway stations and sports venues. The scheme has been introduced into the local Sainsburys and CCIIr McKay suggested that this could be tied into the project which CCIIr Bathgate is looking to introduce. This was agreed.

**Note:** Members of the public are welcome to suggest items for discussion by the CC. Members of the public are welcome to contribute to discussions at CC meetings, but if wishing to address the meeting on a specific issue, please contact the CC in advance, and supply a copy of any relevant documentation. Email: kinrosscommunitycouncil@gmail.com

The next meeting of the Kinross Community Council will be held on Tuesday 28 January 2020 at 7.30pm in the Masonic Lodge, Kinross.

Kinross CC minutes and agendas are posted online at: www.kinross.cc/cc.htm

You can also follow Kinross CC on Facebook at: www.Facebook.com/KinrossCC



# Milnathort & Orwell Community Council News from the November Meeting

Present at the meeting held on 14 November were Community Councillors (CCIIrs) C Williams, A McCrae, S Colebourn, M Thomson and E Rougvie; CIIrs W Robertson and R Watters and eight members of the public.

**Election of office-bearers:** Cllr Robertson opened proceedings as it was the first meeting of the newly constituted CC. He thanked the new members for taking on the role as they played a valuable part in the local community. CCllr Williams was elected as chairman, having been nominated by CCllr Rougvie and seconded by CCllr Colebourn, and conducted the rest of the meeting. The remaining posts were filled as follows:

Vice-chairman – CCllr Thomson, treasurer – CCllr Colebourn, secretary – CCllr Rougvie.

**Police matters:** CCIIr Colebourn passed on apologies from the local community officer, who was unable to attend the meeting. He highlighted two current police initiatives, one aimed at reducing rural crime and the other involving investment opportunity scams. Among the crimes committed in the area was vandalism to a Volkswagen Golf in Reid Crescent.

### **Matters arising**

**Football pavilion:** Concerns remain about the football pavilion in Donaldson Park, which is still unfinished. Following discussion, it was agreed that the secretary would write to Kinross Colts to ask for an update on progress.

Jessie's Park: Cllr Robertson advised that he had been in touch with P&K Community Greenspace, who had confirmed that improvements were on their 'to do' list but that were unlikely to be carried out during the winter. However, they had confirmed that the wall was safe.

### **Planning Applications submitted:**

**19/01780/LAW**. Proposed alterations to house at 124 South Street, noted.

**19/01744/FLL**. Extension to veterinary surgery at Ardmohr, Stirling Road, noted.

### **Applications decided:**

**19/01470/IPL.** Erection of a house (in principle) on land 30 metres west of 72 South Street, refused.

**19/01461/LAW.** Proposed alterations and extension to house at 71 South Street, approved.

**19/01363/FLL.** Formation of vehicular access at 16 Burleigh Road, approved.



**19/01358/FLL.** Change of house type on plots 3, 43, 45, 47 and 49 on land north of Linden Park Road, approved.

**19/01243/FLL.** Erection of replacement workshop and office at Drysdale Fencing, Ladeside Yard, Stirling Road, approved.

### New matters and correspondence:

Loch Leven water quality: Cllr Robertson spoke about an email he had sent to CC members following a meeting he and Cllr Watters had attended of the Loch Leven Management Catchment Group. Although the water in the loch is generally clear, there are concerns about the level of phosphates deposited during heavy rain, as the waste water treatment plant in Milnathort is unable to cope and raw sewage ends up in the loch. Cllr Robertson has asked PKC for a moratorium on all large-scale planning applications and will provide an update at the CC's January meeting.

**Christmas tree:** Webster's have kindly offered to provide a Christmas tree to be erected outside the Town Hall. CCllr Colebourn will liaise with Daniel Webster.

**Website and social media:** The CC website is being updated, and a new Facebook page and Twitter account have been set up.

### Comments and questions from the floor:

**Pitdownies:** In response to a member of the public, Cllr Robertson advised that uncertainty about the capacity of Milnathort Waste Water Plant may be the reason why the Pitdownies planning application had not yet been considered. **Potholes:** A member of the public expressed concern about the potholes on roads around the village. These can be reported by phoning 01738 476476 or emailing one of the local elected members.

### Councillors' reports:

Cllr Robertson thanked the CC for attending the Remembrance Day ceremony at the War Memorial and laying a wreath.

There is a vacancy on the Local Action Partnership, which is a fund aimed at tackling inequality in communities. A member of the public expressed interest. A CC member will also be invited to have a say in how the money is spent.

Cllr Robertson reported that he had had a meeting with the relevant officers involved in the Green Routes scheme with a view to having them extended. One of the main advantages is that speed restrictions are put in place which benefits small rural settlements such as Tillwhally.

A section of the track that goes to Burleigh Sands is very overgrown and a local contractor has been asked to cut it back. The Kinross Trishaw project will request funding from the Local Action Partnership to cover the cost.



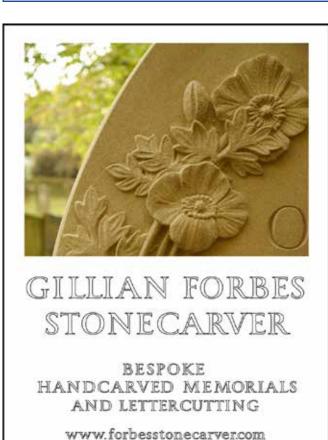
### AOCB:

**Speeding:** A member of the public asked that a 20mph limit be introduced throughout the village. This is currently being trialled in Kinnesswood. The shared space scheme in Kinross is also being assessed. Following discussion, it was agreed that ClIr Robertson would ask for 20mph signs to be painted on to the road, as the existing upright signs were not proving to be effective. CClIr Colebourn will also invite the local police to the next CC meeting to discuss initiatives such as Speedwatch and the 'Pop Up Bob' effigy that has proved effective in other areas.

There will be no meeting of the Milnathort and Orwell Community Council in December. The next meeting will be held on 9 January 2020, at 7.30pm in Milnathort Town Hall. Members of the public are invited to attend. Meanwhile, the CC extends its best wishes for a happy Christmas and a peaceful New Year.

# Find Milnathort CC minutes, agenda and other information at:

- www.milnathortcommunitycouncil.org
- www.facebook.com/milnathortcommunitycouncil
- twitter.com/milnathort\_cc
- Loch Leven Community Library
- Milnathort Church Office





email:gilliancforbes@hotmail.com

01577 830754

### **Portmoak Community Council**

### **News from the November Meeting**

**Present** at the meeting held on 12 November 2019 were Community Councillors (Cllrs) G Cox, (Chairman); S McGregor (Secretary); A Cragoe (Treasurer); S Forde; and D Morris; and Councillors (Cllrs) R Watters and W Robertson; and four members of the public.

**Apologies** were received from Cllrs M Barnacle and C Purves and Police Scotland.

### **Matters Arising**

School Access: Despite repeated requests over the past year to make progress on this matter, PKC had made no response. However, in advance of this meeting the Project Officer, Traffic & Network, had advised that 'Buchan Avenue and Bruce Road waiting restrictions were included in the list of potential projects being reviewed for the Road Safety Projects Assessment Criteria Report. Due to the proximity of the school, the park and the bus stops (public amenities), the scheme records a high score and ranking. As a result, it is currently in the List of Traffic Regulation Orders (TROs) being progressed. New drawings and a covering letter are being prepared and should be distributed before the end of this month. Any decision on whether to proceed will depend on the feedback from the community. As explained previously, even with objections, the proposed restrictions could still go to the Environment and Infrastructure (E&I) Committee. The report would detail the various expressions of support and opposition. Then, it would be up to the Committee whether to refuse, request an amendment or approve the proposals.' The CC has responded to the consultation in respect of restricted parking on Buchan Avenue. It noted that at the same location PKC had commented that proposals to revise and improve child safety including marked crossings will be presented separately.

CCIIr D Morris confirmed there has been a communication to Buchan Avenue residents about painting of yellow lines. Informally there have been no responses or reactions as yet. CCIIr G Cox commented that the priorities of emergency vehicles access would be achieved. The revised school bus service from Scotlandwell to Portmoak Primary is full and this has had a massive impact on alleviating parking problems and congestion.

Footpath from Scotlandwell to the Church, Hall and beyond. There had been no progress over the past year. In advance of this meeting the Project Officer, Traffic & Network, had advised that 'The assessment and ranking of the footpath scheme was based on an estimated cost for the length of

path to be constructed over the distance between the village and the church, regardless of which route is selected. The scheme was placed at number 495 at that time but has since been overtaken by projects with a higher ranking. It is sitting amongst over 50 schemes which cannot currently be delivered as land is not available within the road boundary. The majority of these projects are footways contained within the New Rural Footways report. As stated previously, no progress has been made assessing any of the suggested footpath routes as priority is being given to those projects that have already been agreed with the Local Elected Members at Committee, and which can be delivered within the agreed timeframe and budget. We have not had the staff resources to start on the Scotlandwell footpath(s). However, schemes remote from the road corridor would normally be assessed and constructed by Community Greenspace.'

The previous CC considered the response by PKC to this situation was inadequate. The current route was seen as dangerous for pedestrians and long recognised as unsuitable for children necessitating school transport to and from Scotlandwell. The long awaited option appraisal of identified routes would inform progress. Some, but not all of the identified routes, lay within the road boundary. Its decision was to recommend to the next CC that it should establish a Working Group to clarify an optimum route. Membership could include CC and community members and George Lawrie from TRACKS. External funding could be sourced to support the option appraisal.

The new CC agreed unanimously that this was an ongoing problem of 15 years or more, that the path was very unsafe and that there was no disabled access. A local resident commented that the street light poles were up the bank of the path indicating the bank had slipped and the issue was therefore the responsibility of PKC. For the immediate future, the CC agreed the primary requirement was to continue to negotiate with land owners. A path on the west side of road is constrained by a requirement for a traffic light crossing, while there are better options for the east side so the latter option is more likely to proceed.

Resilience – being better prepared for risks. Community Emergency Plan. The CC commented that there had been several outputs from PKC. The Emergency Plan is to be updated and circulated in the next few weeks.

**Portmoak Cemetery.** No progress to report. It was noted that that previous CC Chairman had been speaking to the PKC officer in charge of cemeteries, Willie Greg. The new CC will seek an update. It was understood a possible field had been





offered at Portmoak, also that a plot in Milnathort had been offered. It was commented that people in Portmoak want to be buried in Portmoak, not Milnathort.

**Rural Transport (Kinross-shire Community Transport Group)** 

Cllr R Watters reported that the initial meeting called by Cllr Mike Barnacle had a low participation. A second meeting was being arranged (date to be confirmed) to get some impetus and traction of progress. CCllr G Cox commented that Cllr M Barnacle's work on this matter was appreciated. It was noted that one of the issues was that people are often trying to travel to Edinburgh not Perth, so routes were through Fife and Lothian as well as through as Perth & Kinross. There are difficulties in aligning bus schedules through different regions. If bus times were not aligned then commuters will not use buses due to poor connection times.

From the Rural Transport questionnaire circulated earlier in 2019 it was identified that many people need to be able to get into Kinross and to then reach Edinburgh or Perth by 0900hrs. It was commented that an extension of the Halbeath or Inverkeithing routes and a bus lane coming out of Edinburgh to reduce travel times would both be useful. Inverkeithing and Halbeath Park & Ride car parks are often full even early in the morning. Work place taxation was mentioned and the difficulty for PKC to raise taxes when commuters are travelling to Edinburgh or Glasgow. Taxes will be payable to those cities, not PKC.

Hedges: 1) Woodmarch 2) Bruce Road/A911 junction: initial trimming had been effected 3) Footpath from Easter Balgedie to Kinnesswood: a preliminary cut had been undertaken. 4) Impeded sight-lines to the left at the junction of the road from Wester Balgedie/Glenlomond with the A911. Contact has been made with all farmers and householders, so action should be being taken. Light trimming effected at one or more of the above locations was insufficient. If not done by next month WR will raise it again.

Kinnesswood Village Shop. CCllr D Morris had spoken with Charlotte McKinnon of the Kinnesswood Shop Steering Committee. The Steering Group met with David & Ishbel Buchan to inform them of the financial appraisal completed by the Steering Committee. This showed a poor prognosis for future running of the shop without a substantial increase of prices and sales. Kinnesswood village shop will therefore close on 24 December 2019, and the Shop Steering Group is not able to do anything to forestall that. David has indicated he will explore options for continuing an interim shop at the garage, but this was not a permanent solution.



CCIIr D Morris commented that he had seen the financial report. Funding from different sources is available, but it is tricky to get funding to continue a loss making shop. Community shops work best if they are combined with a café or meeting place and the current shop has constraints that make this unfeasible. There was also a fundamental problem of lack of parking. The shop Steering Group will continue to explore options.

CCIIr G Cox suggested that there was a need to make a 5-10 year plan for Portmoak. The current shop location is not viable, but another location e.g. at the golf course, may be possible. Improvement of path access to the Loch Heritage Trail could help.

CCIIr D Morris commented that the CC and community tried to secure land for shop/café/meeting place at the site of the Lomond Inn, but representation was ignored by PKC planning. It is the responsibility of the local Development Trust to negotiate other sites for the future shop plans.

# Loch Leven: arrangements for assuring and sharing information on water quality.

The CC has pursued a F.O.I. Request with Scottish Water seeking information on effluent waters entering the Loch from Scottish Water, the body responsible for the Milnathort/Kinross Wastewater Treatment Works.

Cllr R Watters had attended a meeting with: SEPA, CEH, Loch Leven Fisheries, Cllr W Robertson and others. Most of the phosphorous going into the Loch is coming via the South Queich according to the last test done in 2016/17. The water quality was not all bad news: in 2018 there was a brown algal bloom; and 2019 was a green algal bloom. However, over the last two seasons water clarity has increased to a depth of 4.5m and fish levels are also improving. Measuring algal bloom is difficult. Scientists from the Centre for Ecology and Hydrology (CEH) thought 2019 bloom may have been due to a phosphate reaction, the reasons are uncertain. However, prior to this there had been 5-6 years of improvement. There is a problem with phosphate build up in sediment, but it became clear at the meeting that if the input of phosphorous can be cut then the phosphate level in the sediment will drop. Brian Darcy suggested that there should be a maximum tonnage of phosphorus going into loch, which will cut total overloading. Cllr R Watters suggested a restriction of input to 8 tonnes per year. If house building continues, even if 99% of phosphorous is stripped out there is still a net increase. Kinross & Milnathort treatment plants don't always cope. If more housing is permitted to be built, then PKC, Cllrs and CCllrs are not doing their duty by the Loch.

Cllr R Watters commented that lots of rain helps to flush out the loch. CEH want the Trust to control gates at sluice house more, to effect flushing but flushing phosphates downstream has implications too. CEH want a research project to manage and investigate the matter.

A member of the public commented that historical levels of phosphates still continue to affect the bloom. Another member of the public enquired if SEPA could not have more of a role?

Cllr R Watters responded that SEPA say they can raise the standards, but ideally there should be data first to support the approach, then get Ministers to buy into the science. One problem is the shared drain space during flooding events: in Milnathort the treatment plant cannot cope and the gates are opened to let floods through. There should be a telemetric facility to record these events. It appears that, possibly due

to climate change, the sheer intensity of recent rain has started to cause problems. Untreated sewage entering the Loch has 40 times more phosphorous than treated sewage. CCIIr S Forde commented that allowing the phosphorous to increase is storing up issues for the future.

A member of the public commented that they had had involvement in 1990's Commission on Phosphates in Loch Leven – the issue of phosphates is trying to solve a problem from 100 years ago. If you just manage housing and farming, you can bring levels down to 2ppm. But there still is problem from roads and soil erosion. If the Todd & Duncan factory had not been there there wouldn't be such a residual issue.

CCIIr G Cox requested the CC note in the Minutes that there is a risk to Loch Leven. Prevention is required for next 20-30 yrs. A tangible way forward is to restrict phosphorus load to 8 tonnes per year. PKC is to review its Local Development Plan in view of this work.

CCIIr D Morris called for the CC to demand a moratorium on further housing and development. Sewage is one issue, soil blowing off fields is another but this is difficult to control, but we do have control over housing.

Cllr W Robertson commented that there had been a moratorium on housing because the High School couldn't cope with increasing child numbers but since the building of the new High School, house building had resumed.

**Heart 200:** CCIIr D Morris attended a meeting chaired by Pete Wishart (SNP General Election Candidate for Perth and North Perthshire) along with Mike Williamson, a councillor from Pitlochry. It discussed a formal complaint of PKC awarding £50K to the Heart200 team without any evaluation of the impact the route would cause. There was antagonism among Community Councils and a formal complaint to Audit Commission. As this was outside the remit of the Commission it was referred to the PKC Audit Committee. There is a lot of general concern about the impact of Heart200.

Future Plans for the Community Council. CCIIr G Cox asked 'Is there anything we could do better as a CC?' CCIIr D Morris commented it was disappointing that only four people had put forward their names to be on the CC and this was something of a community crisis. As a result of a skeleton CC the community will need to accept less work can be completed. The CC agreed that meetings needed to be more collaborative with public participation. The CC also needed to increase awareness by using social media that the CC is effective in making representations to PKC. The use of Portmoak Primary School for some of the CC meetings, possibly from January 2020, may hopefully increase the numbers of the public attending meetings.



CCIIr D Morris commented he did not believe PKC listens to the Ward Councillors and CC representation. There is belief from some that the CC makes no impact. CCIIr G Cox commented that, in mitigation of PKC, they may not consider CC representation is valid if the Community are not supporting the CC.

CCIIr S McGregor commented that roles within CC are difficult to quantify and this may dissuade people from becoming involved. CC work should be packaged to encourage people to take on one specific manageable task.

### **Reports:**

**Police:** 1) No local report; and 2) The CC noted the Area Commander Bulletins of: 9, 16 & 23 and 30 October and 6 November.

**Treasurer:** The balance at the month ending 31 October 2019 was £586.70 in the General Account; and £2021.23 in the Michael Bruce Way Account giving a total of £2607.93. The new financial year will now run from 1 September to 31 August. Arrangements were in hand to: remove the approved list of three former signatories to CC Accounts; to seek approval for new signatories; and to provide electronic access by Treasurer to accounts.

### **Planning**

### **New applications:**

**19/01660/FLL** Iona, Back Dykes Road, Kinnesswood. Installation of a replacement door, no objections.

**19/01670/FLL** Croc An Fhraoich, Glenlomond. Erection of a Shed, no objections.

**Progress with Developments:** Westfield Community Liaison Committee: The CC noted that the next meeting is provisionally on 27 November; a CC representative would be identified and that the minutes of the Committee can be found on Portmoak CC website. CCllr G Cox commented: gas turbines are now not in the plans and there is an interest in solar panels going head.

Why did PKC agree to the use of roads for the plant? Cllr D Morris responded that there was representation from Councillors and CC to object but it was ignored by PKC. Cllr W Robertson commented PKC did not lodge any objection. There was pressure from Councillors to do so, but PKC will probably use the incinerator so this may be why there was no opposition.

Roads: The CC noted: Wester Balgedie: A resident of Wester Balgedie raised the issue that Wester Balgedie and Balgedie Toll junction area has no VAS (Vehicle Activated Speed) signs. There are compounding road issues: a blind junction at bottom of a hill, a concealed exit opposite the junction, and a 60mph limit on the road from Mawcarse should stop further away from junction. There is also regular flooding on the A911 beyond the Toll junction. With regard to flooding, gullies have been cleared, but there is a ditch soakaway to the field owned (or leased) by a local farmer. That ditch has not been cleared, so the flood forms. Gary McConnell (PKC) is going to speak to the farmer explaining that it is their responsibility to clear ditches. Three VAS signs were requested: 1. At the Toll; 2. at the top of the hill at the East end of Wester Balgedie; and 3. on the West side at Loch Leven's Larder. The 40mph speed limit on the Mawcarse Road needs to be moved away from the junction to the top of the hill at Pittendriech. Budgets suggested are £5000 ball park figure for equipment and fitting of VAS.

CCIIr G Cox asked why the Easter Balgedie VAS was sited there? The CC responded that there was a consultation

on E Balgedie, and the CC requested that siting. WCllr W Robertson said he would look at the VAS with PKC, but the CC should ask for VAS as well. Once the VAS are requested PKC will then approach CC and residents for discussion on the location within Wester Balgedie. CCllr S Forde recommended that Scotlandwell needs an additional VAS. The CC would assess this.

Mawcarse Road – 50m past toll: CCIIr S McGregor commented there was also considerable flooding on the Mawcarse road – 50m past Toll, coming off fields. It extended to about 50m along road.

'Road heave' on the C501 between the B920 junction and Auchmuirbridge. A member of the public raised the matter of 'road heave.' There was concern that with traffic increase due to the development at Westfield, the road could quickly deteriorate.

**Paths Group:** Main tasks completed: bracken bashing and cutting back gorse on the hill. The good news is that the paths information board would be commissioned. The contributions in support were: £400 from Kinross Road Runners; £500 from Portmoak festival and £400 from a Perth Fund. The Group meets on a Thursday at 2pm at Portmoak School should any member of the public wish to join them.

**Councillors' Reports:** Cllr Richard Watters noted that there was £50K for funding projects to deal with inequalities e.g. providing funding for village halls. Application closure had been put back to 15 January. The Panel of the Action Partnership will meet on 3 or 4 February. Portmoak CC can provide a representative.

Matters previously notified to the Secretary plus matters raised from the floor. The CC noted: General Information from PKC on Community Empowerment; Perth & Kinross Community Transport Fund 2019/2020.

**AOCB**: Member of Public commented that it was sad to find that in one fell swoop that there was so much change in one CC election: changes to positions of Treasurer, Secretary, and Chairman. CCllr G Cox agreed, but it is an opportunity to represent the community more broadly. Need to use social media to promote work of CC. A member of the public asked if it would be possible to leaflet to all houses about the CC's work as not everyone uses social media and email.

The next meeting of the Portmoak Community Council will be held at 7.30pm on Tuesday 10 December 2019 at Portmoak Village Hall, Scotlandwell.

Portmoak CC minutes can be viewed:

- on the notice board in the village hall
- in a file in Kinnesswood Village Shop
- on the website www.portmoak.org



### Fossoway and District CC

### **News from the November Meeting**

Present at the meeting on 5 November, 2019 were: Community Cllrs (CCllrs) C Farquhar, G Pye (Chair) and R Young; Cllr R Watters; and nine members of the public.

**Apologies** were received from: CCllrs S Bruce-Jones, A Cheape and T Duffy; Cllrs M Barnacle, C Purves and W Robertson.

**Police report:** There was one incident to note in our area since the last CC Meeting from the Commander's Reports received via Perth and Kinross Community Watch: Between Sunday 13 and Tuesday 15 October a green Fiat car was scratched in St Serf's Place, Crook of Devon.

### **Matters Arising**

**Rumbling Bridge Gorge Bridge:** CCllr Duffy reported that George Lawrie indicated that the Army will probably be involved in the project which will have a significant positive impact on the costs. A costed plan should be available by the end of the year.

**Powmill in Bloom:** CCllr Farquhar reported that there is a problem with cutting of the road verges in Powmill, PKC claim that it is too dangerous beside the busy road even though they are cut in Crook and Drum. As a result the Bloom Group are doing it themselves. Cllr Watters agreed to look into this. Planting of bulbs continues.

**Powmill Play Park:** CCllr Farquhar reported that substantial ground work is now in progress, although no play equipment has yet been installed.

Crook & Drum Growing Together: Amanda James, chair of the group had contacted the CC requesting assistance with progressing planned work at the corner of West Crook Way. PKC's Greenspace team, who own the bed behind the grass verge, have agreed to clear the bed and lay a membrane and bark. The Bloom group would then plant up the bed and maintain it in future – funds have already been raised for this purpose. Unfortunately, there has been no progress by the Greenspace team, even though it was first requested at the start of 2019 to be done this financial year. Cllr Watters will ask the Greenspace team to move this item up their agenda. Fossoway Area Transport/DRT: Cllr Barnacle convened a meeting, which CCllr Farquhar attended, but the turnout was very disappointing. He will try again to see if more people will take part.

Heart 200 Route: The CC had received an email from Robert Cairns of Heart 200 Scot Limited in response to this CC's concern about lack of local consultation. He would be happy to meet the CC. Mr Cairns explained that Heart 200 is not another NC500 – it is essentially an online travel guide aimed at promoting the heart of Scotland – the circular route is simply a key to accessing this. There will be a Heart 200 Travel Guide in book form, written by Dr Tom Christie the author of the route on the website, coming out next year. Mr Cairns also pointed out that Heart 200 Scot Limited is a private limited company with a sole focus of promoting tourism in the heart of Scotland.

Crook Moss Travellers Site: CCllr Farquhar noted that they have been employing Ian McGregor, one of the travellers, to work in their garden and found them to be honest and hard working. Recently Mr McGregor's caravan has had all the windows broken and vehicle driven dangerously at his wife. The police are involved and prosecution is pending. CCllr Farquhar pointed out that this shows that are there are good people at the site too. Mr McGregor will be having

a meeting with Cllr Barnacle and CCllr Farquhar to try and address some aspects of the site's appearance. Cllr Watters asked if he could be at the meeting too.

### **Matters Arising**

### **New Business:**

Fossoway Gathering: There will be a Whisky Tasting fund raising event in the Hall on 30 November.

### **Community Council Business**

CCIIr Farquhar noted that there will be a meeting of the Sports Hub at the end of November.

CCIIr Pye reported that the CC Accounts have been submitted, but won't be processed until the end of the year as PKC's Community Council Services department is busy with the General Election.

### **Councillors' Reports**

**Richard Watters:** The Action Partnership's second tranche of funding (£50k) has been postponed until mid-January – applications for grants should be submitted before then. Each CC can send a representative to discuss the funding decisions. There is also a pot of £30k available for addressing inequalities and the Partnership is looking for representatives to decide how to distribute that. Finally, there is also a fund to put WiFi in community buildings, e.g. halls, etc., which would finance the installation of the equipment and the first two years of running costs.

### **Planning Matters**

**19/01507/FLL** Change of use, alterations from hotel (class 7) to dwelling house (class 9), installation of a ground source heat pump and associated works at Solsgirth House, Solsgirth, Dollar, no CC comment.

**19/01512/FLL** Alterations and extension to dwelling house and erection of replacement garage at Smiddy, Main Street, Blairingone, no CC comment.

**19/01568/FLL** Alterations to garage at Larch House, Carnbo, no CC comment.

**19/01643/FLL** Alterations and extension to dwelling house at The Lodge, Blairhill, Rumbling Bridge, no CC comment.

**19/01651/IPL** Renewal of permission 16/01450/IPL (Erection of a dwelling house) (in principle) at land 30 metres northwest of Firs of Viewfield, Drum, no CC comment.

**19/01673/AML** Erection of 10 dwelling houses with associated infrastructure and landscaping (approval of matters specified in conditions of 18/01855/IPL) at land 100 metres north-west of Schiehallion, Crook of Devon. Object on grounds of overdevelopment, no affordable housing, and inadequate local roads.

**19/01539/FLL** Erection of four dwelling houses at land 30 metres south of Easter Muirhead Bothy, Blairingone.

Firstly, the application form for this development was only added the day before this CC meeting, so consequently the CC will request an extension of the comment date.

Although this application appears to be only a change of design from the previously approved application, there is no indication that the previous planning conditions (road widening, landscaping) have been implemented and it appears that the ownership of this part of the development has changed. There were views from the MoP present that this application should be stopped altogether, however the CC believes that the most important thing is to ensure that the existing conditions should also be attached to this application and strenuous efforts made by PKC's enforcement department to ensure they are implemented before this development takes place. The CC will record these views on the planning portal in due course.

### **Decided Applications**

**19/01355/FLL** Alterations and extension to dwelling house and installation of a flue at Appin, Rumbling Bridge. Approved, no CC comment.

**19/00962/FLL** Alterations and extension to dwelling house, 34 West Crook Way, Crook of Devon, Kinross. Approved, no CC comment.

**19/01346/FLL** Erection of dwelling house at land 40 metres east of Hen Hurdle, Crook of Devon. Approved, no CC comment.

### **Appeals**

**19/00473/IPL** Residential development (in principle) at land 110 metres south-east of 3 Birkfield Park, Rumbling Bridge. To be considered at 12 November LRB. The CC had objected to this application.

**Dollar Equestrian Centre.** A number of MoPs attended the meeting and raised the issue of the lack of enforcement action against application 17/01337/FLL regarding the removal of the wooden stables from this site. The landowner has exhausted all avenues of appeal against the refusal of this application but has failed to remove them as required. PKC's enforcement officers have issued penalty notices but have stopped short of actually removing the stables themselves, believing that PKC would be unlikely to recover the cost of doing so from the landowner. Failure to enforce conditions of this nature establishes a dangerous precedent for other developments. The MoPs appealed to Cllr Watters for assistance, and he agreed to speak to Enforcement Officer Eddie Jordan.

**Correspondence.** All correspondence was available for viewing: A notice was received from the Scouts regarding a firework display and bonfire in Nine Acres on 8 November. PKC invite people to complete a survey about CCTV in Perth: https://consult.pkc.gov.uk/housing-environment/perth-city-public-space-cctv/consultation/.

The A9 will be closed overnight (8.30pm to 6am) between Luncarty and A923 Dunkeld junction on 27, 28 and 29 November to allow the next stage of the widening works to be carried out.

The next meeting and EGM for Fossoway Community Council will be held on Tuesday 3 December 2019 at 7.30pm.

Fossoway & District CC minutes are posted on the website

### www.fossoway.org

and on their Facebook page, along with other community related information. Search for Fossoway & District Community Council on Facebook.



# **Club & Community Group News**

### **Fairtrade**

Toy Appeal for Alpha Community Academy in Rwanda

Tina Mart and Orwell and Portmoak Church hosted the Rev Winnie Muvunyi from Kigali in Rwanda. She came to collect toys for 3-7 year olds in their nursery and primary school at the Alpha Community Academy, as their toys were worn out and it is very expensive to buy toys in Rwanda.

Winnie was delighted with the very generous response of many Kinross-shire residents, and she was able to take some toys back with her in her luggage, including these Bala Fairtrade Footballs.

In order to pay for the other toys to be shipped to Winnie early next year as planned, Tina Mart and Marg Meade would welcome donations of cash, which can be handed in to the Orwell & Portmoak Church Office in envelopes marked: For Winnie Muvunyi Toy Transport c/o Marg Meade or Tina Mart Thank you very much.



Tina Mart with the Rev Winnie Muvunyi

### **Guide dogs**

December's meet up of folk interested in helping fundraising for Guide dogs in the Kinross area is on 17 December at 10am in Cafe Kisa in Caulder's garden centre. The January meet up will be on 14 January at the same time and place.

We would welcome new volunteers and people who can give us their ideas and support. If you want any more information, to join as a registered volunteer or even to 'Donate an hour' to Guide dogs, come and see us at our monthly coffee and chat meet ups. You'll be made very welcome! Contact Anne. Rowse@guidedogs.org.uk for more information.



Puppy of the month: 18-week-old Imber

### **Kinross Centre**

Well it's a busy month again in the run up to Christmas! We have been making Christmas cards, decorating the hall and tree as well as a Christmas shopping trip.

At the end of October we had a fantastic Halloween Party which was attended by over 30 people. We enjoyed games, music, 'dooking for apples' and fancy dress. There were lots of laughs and it was great fun.

We continue to enjoy our regular activities every day.

The Trishaws come to the centre on Tuesday and Friday afternoons, weather dependent. Many service users talk so highly of them and really do enjoy their trip around Kinross. Thanks to everyone involved.

Again we take this opportunity to give huge thanks to all our volunteers. We really do appreciate every one of you.

We would love you to be involved with the Kinross Centre as a service-user, volunteer or supporter. If you would like further information please contact Nan Cook on 01577 863869.

### Your Local Joiner Alan Herd Joinery

Internal & External Doors
Kitchens supplied and fitted
Staircases and Balustrades
Sliding doors Fencing and decking
Laminate and Hardwood Flooring
Renovation Work and Extensions
Loft Conversions Loft ladders Fitted
Upvc Doors and Windows
For Free Estimate and Advice

Call **ALAN** Home 01577 865415 Mobile 07765167982

Please mention The Newsletter when answering advertisements

### **Kinross & District Inner Wheel**

www.innerwheel.co.uk

Lesley Niven (Chair of Inner Wheel District One) was the speaker at our November meeting

held at Milnathort Golf Club. A member of Stirling Inner Wheel, Lesley gave us an inspiring talk about her background and family, leading onto how she became involved with the organisation. We were then given a glimpse of the challenges and opportunities ahead for Inner Wheel during the remainder of the current year and into the future.



Lesley Niven with President Susan Teale

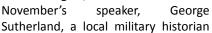
Our next meeting is on **Monday 9 December** at Milnathort Golf Club. Our speaker will be Anne McCormack from Broke not Broken; an organisation we have supported in the recent past. We meet at 6.15pm for 6.30pm prompt for our meal. Our January meeting is on **Monday 13 January 2020**, also at Milnathort Golf Club. Peter Chan from Chan's Chinese Restaurant in Kinross will be speaking to us.

Good wishes to everyone for the festive season and the New Year ahead.

For more information about Inner Wheel contact us by email at admin@innerwheel.co.uk or visit our website.

### Kinross-shire U3A

u3asites.org.uk/Kinross





and author, shared a wealth of information concerning the process of First World War memorialisation.

George's long career in the oil industry afforded him the opportunity to work in many different countries prior to his role as a finance director at Edinburgh University. His personal experience in the Territorial Army's Royal Artillery, study of military history and chairmanship of Edinburgh Universities' Joint Military Education Committee led to an invitation to write a history of the Edinburgh Universities' Officers Training Corps. His book *Full Circle*, was published in 2014.

George's lively presentation highlighted the significant loss of young lives during this period and the impact that this had on families and communities. This led to the process of establishing war memorials in cities, towns and villages throughout Great Britain to offer support to grieving families and to acknowledge the heroic contribution each fallen serviceman had made to protect their country. The significance of the Cenotaph, the story of the Unknown Warrior and information regarding the many, huge memorials to the missing in overseas battlefields were also shared.

Some small villages in England enjoyed 'Thankful Village' status following the First World War, where all who left to join the war effort returned safely and uninjured. Sadly, no such status was enjoyed by any town or village in Scotland! All who attended this session will, armed with George's wealth of knowledge and anecdotes, have had a more informed and even greater respect and empathy for all of our servicemen and their families in celebrating this year's Remembrance Day activities.

Our next speaker event is on Tuesday 3 December at 2.30pm in Kinross Parish Church. Jo Middlemiss will share her experiences of 'A Charity Challenge in Southern Ethiopia'. Please feel welcome to join us.

### Circle Dancing

The Christmas season is fast approaching and as I write this article Christmas day is only 54 sleeps away. We will be holding our final dance sessions on **Tuesday 17 and Wednesday 18 December**, after which we will take a short break over the festive season, returning on **Tuesday 7 and Wednesday 8 January 2020**. I would like to wish all my circle dancers past and present a very happy Christmas, and the hope that 2020 will bring you all good health, peace and happiness. For details about circle dancing (for those who still have no idea what they are missing) please contact Lynne on 01259 742173 or email lynne244@btinternet.com.

SEWING ALTERATIONS
by
MAUREEN

Fully qualified

01577 865478





### **Kinross Museum**

In November the Museum was invited by Culture Perth and Kinross to take part in its 'Explore your archive' programme. This was done by mounting an exhibition in the Perth Museum and Art Gallery cabinet in the Loch Leven Community Campus. With a focus on Remembrance, this exhibition reviews the various displays, talks, educational activities and Remembrance events involving the Kinross (Marshall) Museum to mark the centenary of the First World War, 1914-18. Entitled 'Lest We Forget: Reflections on the Great War,' this exhibition will be on display until the end of January 2020.

A recent accession to the Museum collection, gifted by Bruce Robbie in Kinross, is a cup 'Awarded to Mr D Richardson for open tilting at Kinross Games, 1878.' In the book *Glimpses of Kinross-shire in the Past* by TMT (Tam



Prize winner's cup for tilting at the ring awarded to D Richardson at the Kinross Games in 1878

Miller Tod), published in 1935, mention is made of the Agricultural Show and Kinross Games held



on Monday 5 August 1878 in Kinross House gardens. At this event 'a special attraction was the inauguration of other sports besides horse-leaping and tilting at the ring.' In the previous year, the latter had been described as 'one of the principal contests' held at the annual Kinross games.

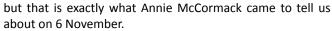
There is still enough time for you to take part in the Museum's *Christmas Quiz 2019* which tests 'How well do you know Kinross-shire?' Entry forms, available from the Museum Study Room on Thursdays and Saturdays, should be submitted by 7 December.

### **Kinross & District Probus Club**

**Broke not Broken:** 

### A presentation by Annie McCormack

It is astounding that there is a need for food banks in 2019 in one of the richest countries



Broke not Broken was born some six years ago when Annie and some friends realised that, although there was a large Food Bank in Perth, its distribution to clients in Kinross-shire fell short of being ideal.

Initially operating out of Annie's garage, Broke not Broken grew quickly and now has dedicated premises situated behind St Paul's Scottish Episcopal Church. Over the years it has developed links with a large number of referral agencies in health, social work, housing and welfare. Clients can receive a voucher from one of these agencies and this ensures they are in a support network.

Annie soon realised that the vast majority of the people using Broke not Broken had some degree of mental health issues. Therefore, she set about growing the service and there are now a number of projects up and running including cooking classes, gardening, kids support and Christmas hampers. These initiatives help to deliver more than just food parcels; they help to tackle social isolation, improve life skills and give people back some dignity.

The current welfare system has had a major impact on society. Food bank numbers are rising significantly throughout the country and Annie sees no sign of improvement. It is truly a sad indictment of our twenty-first century society when people cannot afford to feed themselves and their families. We can all help by making food donations. These can be given using various depositing points in and around Kinross. Harry McLennan gave the vote of thanks.

### **Common Grounds**

www.spanglefish.com/ commongroundscharitycafe



We had goods, we had the customers Scottish Charity No. SC031582 and we certainly had the goodwill. This combination resulted in a very successful Bring and Buy. Far beyond our expectations, £528.05 was raised while the hall was buzzing with enjoyment. Everyone who contributed to its success deserves a huge pat on the back and our grateful thanks. What a way to head for the year end! All that remains is to wish volunteers, friends and readers a time of seasonal joys. If you haven't discovered what we have to offer, then please make it your New Year resolution to do so. We hope to see you in 2020!

**Projects:** Our current project is Tree Aid. We previously supported this in 2016 and in 2005 before that. Tree Aid has been working for over 30 years in remote and isolated communities in Mali, Burkina Faso, Niger and Ghana, helping communities to plant and protect trees to create more stable environments. This reduces the risk of flooding and drought and breaks the cycle of poverty and hunger. Trees give fruits, nuts and honey which villagers grow to eat and to sell, as well as shade for people and livestock. The areas where they work also fall within the Great Green Wall. This is an African led movement aiming to grow an 8000km natural wonder, spanning the continent. By 2030 the Great Green Wall will be the largest living structure on the planet.

Our opening hours are still 10am-12.30pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are Elspeth Caldow (Convener) on 01577 863350 and Linda Freeman (Secretary) on 01577 865045. You can also visit our website.

### Kinnesswood in Bloom

We held our AGM at the beginning of November. Jan congratulated the group on another very successful year. Special mention was given to John for all his efforts and his special award.



This year has also been a very sad one with the loss of a founder member and very good friend, Janette Gardiner. We'll all have some very fond memories of Janette and lots of pictures as a reminder of her contribution.

The office bearers were unanimously re-elected and Carol kindly agreed to be interim treasurer.

The afternoon tea at the school had been planned as a celebration of our success this year and as a thank you for the work at the school. As not all members were able to go, it was extended to some of our village supporters who help with arts and craft work and in other ways. It was a great success and enjoyed by all. One of their recipes is included with this report.



Making lavender bags

Work on the quiet garden at the school is scheduled to begin on 23 November. Also planned is a session making lavender bags and strawberry jam making using school strawberries. The sunflowers are amazing this year with one reaching 11 feet!

During November we have continued working on a tidy up of several areas. In addition, 1200 bulbs have been planted, mainly at Benarty View. We have high hopes for a lovely spring show.

John and Rory will be collecting a Christmas tree from the Moss at the end of November. Please join us for mince pies and mulled wine at the Picture Garden on Saturday 14 December.

The next meeting is on Thursday 5 December at the Well Country Inn. All are welcome.

### HIGH STREET SEWING

Clothing and Curtain Alterations/Repairs Custom made curtains, Roman blinds, cushions

Workshop opening hours: 09.30-17.00 Mon-Thurs Fri 09.30-12.30 and Sat 10-12noon Location - behind Loch Leven Laundry and Baillies Contact LINETTE MANN – 07732 902419

# Recipe

### supplied by Kinnesswood in Bloom

### **Peppermint Slice**

### **Ingredients**

For the base:

200g digestive biscuits

200g chocolate digestives

150g butter

100g condensed milk

For the filling:

340g icing sugar

3-4 tsp hot water

2-3 tsp peppermint extract

Green food colouring (optional)

For the topping:

300g chocolate

### Method

Grease a 28x18cm tray with butter and set aside. In a pan, melt the butter. Meanwhile, crush the digestive biscuits in a sandwich bag with a rolling pin. Add to the melted butter and condensed milk and stir until combined.

Transfer the base mixture to your prepared tray and, using a wooden spoon, press the mixture into the tray, ensuring you get right into the corners and have an even finish. Place the base into the fridge to chill for one hour.

Once the base has cooled, prepare the filling by sifting the icing sugar into a large bowl. Add one tsp of hot water at a time until you have a spreadable consistency; three to four teaspoons of water should be enough but add more or less as required.

Add the peppermint extract and green food colouring (optional) to the icing and mix until well combined. Spread the icing evenly over the biscuit base and return to the fridge for another one hour to set.

Once the filling has set, remove from the fridge and set aside. Melt the chocolate before pouring and evenly spreading on top of the filling. Allow the peppermint slice to set in the fridge for at least one hour but ideally overnight. Once set, cut into your desired size.





### Kinross & District Rotary Club

www.ribi.org

Why not try our breakfast meetings, held on the third Tuesday of the month at the Kirklands Hotel from 7.30 to 8.30am. Contact club secretary secretary.krdc@gmail.com for further details, including the option of becoming an Associate Member.

In October we welcomed new member, George Riddell, introduced by Neil Maclure. Rotarian David Hill then spoke about his experience of running sports fairs in Edinburgh.



President Phil Teale welcomes new member George Riddell

### **Rotary Youth Leadership Award**

At the end of October we heard from RYLA participants **Hannah Eadie** and **Robert Miller** who enjoyed a busy programme of varied activities, team building and leadership development over the summer. Hannah and Robert both gave excellent accounts of their experiences, emphasising their growth in personal development. They told enthusiastically of a packed week including kayaking, rafting, rock climbing, hill walking and problem-solving tasks.

The long-lasting value of RYLA to our young people is very clear to members and the search for next year's candidates now begins. Any boy or girl, presently in the S5 age group and living in Kinross-shire, who would like information should contact Andy Middlemiss by email at andymid@btinternet. com. In addition Kinross High School pupils can contact Mr Dolan for further information. Applications must be in before the Christmas holidays and selected candidates will be interviewed in January.



RYLA: Hannah Eadie, Conor Dolan, Andy Middlemiss, Robert Miller

### **Organ Donation**

In November Dr Robert Thomson, Consultant in Anaesthesia and Intensive Care Medicine at Victoria Hospital, Kirkcaldy and Clinical Lead for Organ Donation, Fife, spoke to us about the urgent need for more people to join the Organ Donation Register. Although the waiting list for organs has fallen over the last eight years, the UK performs badly by international comparison; only 38% of the UK population are registered as donors. It is vital that we all give this issue serious thought and make our wishes clear to family members.

You can register, or check if you are already registered, online at www.organdonationscotland.org

### **Shoeboxes**

A total of 321 shoeboxes have been filled and have now started their journey to deserving recipients in Romania, Ukraine and Moldova. This is thanks to the generosity of the children from all Primary Schools in Kinross-shire and Glenfarg, the Rotary Interact Club at Kinross High School, Cleish and Portmoak Churches as well as the members of Kinross Rotary Club. Well done and thank you to everyone who has contributed.



Rotary shoeboxes being collected

### **Young Chef**

Freya Conway, a fourth year pupil at Kinross High School, won the Kinross heat of the Rotary Young Chef Competition.

She prepared an impressive dish of Scotch venison with red cabbage, parsnip and broccoli accompanied by creamed mash. For dessert Freya presented the judges with a trio of lemon deserts comprising a delicate posset, light lemon sponge with home-made lemon curd and a very tasty lemon shortbread. Stephen King, chef at Uisge Restaurant, Murthly led the judging panel.

Freya will now go forward to the next heat of this national Rotary competition which will be held in Dundee in January 2020.



Stephen King from Uisge with Young Chef Freya Conway

Continues over page...

### Kinross & District Rotary Club continued...

### **Young Musician Competition**

The Young Musician competition is being held in conjunction with the Music Department of Kinross High School on **Wednesday 11 December** at 7pm in Loch Leven Community Campus.

The competition in two sections, instrument and voice, is open to young musicians and singers aged between 12 and 17. Entry details can be obtained from the music department. Winners of this competition will be invited to take part in the Rotary 1010 North of Scotland Competition to be held in Loch Leven Community Campus on 25 January and 1 February 2020.



CHAS and Rotary volunteers

### **Bag-packing for CHAS**

In October we joined in bag-packing at Sainsbury's. The sum of £898.47 was raised for CHAS funds. Thanks to all the customers who donated and showed so much interest in Rotary's work.

### Festive Fun at the Day Centre

One of our favourite activities at Christmas is the evening of light entertainment and refreshments with our senior citizens. This year it will be held at Kinross Day Centre on **Tuesday 10 December**, 7-9pm. Attendees of the Day Centre and residents of Whyte Court and Causeway Court regularly join us. If you, or someone you know, would like to come along please contact Mike Thomson on 07880 792763.

### Message in a Bottle

Rotarians have been busy preparing bottles for your vital messages. These potentially life-saving bottles are now available **free** of charge in the following locations: Kinross Health Centre, Milnathort and Kinross Pharmacy, Kinross Day Centre, Fossoway Village Shop, Powmill Village Shop, Kinnesswood Village Shop, Portmoak Country Inn, Glenfarg Village Shop.

In the event that emergency services are called to your home, they are trained to look for two stickers; one on the inside of your front door and one on your fridge. This will alert them to the bottle and its possible life saving contents. This simple but effective device could save your life — or save someone you know. All emergency services are aware of this project.



### Santa's Sleigh

Santa will be out and about in Kinross-shire on his sleigh this month!

Sun 1 Dec 4-6pm, Kinross South starting at Classlochie; 6.30-9pm, Country Run to include Hatchbank 6.30, Fruix 6.45, Cleish 7, Wood of Coldrain 7.30, Kellieside Park

7.50, Tillyrie 8pm, Mawcarse 8.30.

Tues 3 Dec Kinross Central 6pm-9pm

**Thurs 5 Dec** 6-9pm

Fri 6 Dec

Middle Balado and Crook of Devon

Mawcarse Crossroads, Cuthill Towers and

Glenfarg 6-9pm

Sun 8 DecKinross North 4-6.15pmSun 8 DecMilnathort 6.30-9pm

**Thurs 12 Dec** Glenlomond, Kinnesswood and

Scotlandwell 6-9pm

Look out for updates and details of the routes on Facebook. You can also track the sleigh on a new app by downloading sleightracker.co.uk/. Come out to meet Santa and support local causes.



### JAMES A. SCOTT SLATERS & PLASTERERS



4 Maree Place, Kinross Telephone 07734 906241



Grate Building, Tiling etc.

Grass Cutting, Rotovating Hedge Trimming, Tree Pruning Turfing, Slab Laying, Fencing work undertaken

**I. Robertson,** Station Road, Crook of Devon Telephone: **Fossoway 01577 840526** 



The ROTARY Message in a Bottle is simple but effective way for you to keep your emergency medical and contact details where they can be found easily and quickly by the responding services – in the fridge.

In the event that the emergency services are called to your home they are trained to look for two stickers – one on the inside on your front door and the other on your fridge.

This will alert them to the bottle and its possible life saving content.

Rotary Club of Kinross & District working in partnership with P&K Health & Social Care, NHS



For further information or additional supplies of bottles or forms contact

Healthy Communities - 01783 473718



Concept of the Message in a Bottle - belongs to the LIONS Club International

Contact the club secretary at secretary.kdrc@gmail.com
Visit our facebook page https://www.facebook.com/kinrossrotaryclub/



### Lomond Antiques and Collectors Club



Our November meeting was addressed by Dr Martin Hepworth who regaled us with 'Banking Stories'; in particular, two famous frauds.

Preston in 1882, like most towns and cities, was home to 'local' banks. These banks were funded by shareholders investing their money against the likelihood of high return, with interest rates often above 10%. The Preston Banking Company promoted Gerald Thomas Tully to the rank of Sub Manager in 1866, with an annual salary of £750 (very generous at the time).

In 1883 the manager retired and a bank audit was scheduled for 24 October that year. Tully promptly disappeared. Several days later the police were called and it was calculated that at least £2000, and possibly as much as £10,000 was missing. A warrant for Tully's arrest was issued. Tully's wife was unaware of her husband's activities.

At the time two prominent brothers were Directors of the bank, local Councillors and newspaper owners. The Toulmins were Quakers and had two further brothers living in the United States. In the Spring of 1884 Toulmin planned a visit to family in the US and, whilst walking down Broadway in New York, recognised Tully. A citizen's arrest followed. Tully's photograph was in circulation in the city and several ex-patriates from Preston confirmed the identification. The process of extradition was started very quickly and a bank official, accompanied by a detective, set sail for New York. The nineteenth century extradition rules were somewhat unclear and a legal battle ensued which eventually found in favour of Tully, who was released from custody. Tully, it was discovered had sailed from Liverpool on the day the bank audit was due to commence, had assumed an alias and had been in business in New York. His fraud was the consequence of his many trips from Preston to another bank in Manchester where he had handed over false documents to obtain large sums of money secured against the bank's accounts. Tully died in 1894 in Chicago having left his wife and family virtually destitute in Preston.

The second tale concerned the City of Glasgow Bank. By 1878 it had 13 branches and capital of £656,000. Expansion had included offices in New York and Isle of Man.

In 1857 the Western Bank (of Glasgow) failed with debts in excess of £9m. Extraordinarily the remaining Glasgow banks agreed to honour the losses and confidence in Glasgow was restored

In May of 1878 the City Bank declared a dividend based upon their assets of £9m but, just three months later, were forced to close with liabilities of £5m. A trial of all the City of Glasgow Bank directors took place and all were found guilty and given custodial sentences. Unlike the bail out of the Western Bank, this time the shareholders were deemed liable for the losses. Of the 1819 shareholders only 254 remained solvent at the end of the case. All the directors were heavily in debt and the practices within the bank were totally unsatisfactory. A relief fund totaling £400k was established for families who had lost everything.

They say history has a habit of repeating itself. Contact us by email at lomondacc@gmail.com.

### Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

We are a relaxed and friendly group and would be very happy to welcome new people on our **weekend walks.** So do come along and try out a walk or two to see if you'd like to join us. We operate car-sharing but it is not essential to have a car.

### **Weekend Walks**

**Sunday 1 December: This 'O' Way around Fossoway, 6 miles.** Circular walk within Fossoway with unusual views of the Ochils and Loch Leven.

Saturday 14 December: Christmas Lunch at Dunmar House Hotel, Alloa

A short walk followed by lunch (pre-booked, members only). **Sunday 5 January: Loch Leven's Larder, 6 miles.** 

A walk along the heritage trail to the Larder. Coffee, lunch or whatever you wish at the Larder, then return.

Saturday 18 January: Scone, McDuff's Monument and Obelisk, 7 miles.

A gentle climb up the Den of Scone then steeply up to the Monument and Obelisk, returning via the golf course to Scone and the Annaty Burn.

In case it turns cold and wet, you do need appropriate clothing, including boots or strong shoes and waterproofs. Bring water, a packed lunch and a hot drink.

For further details of where to meet us, or for general enquiries, please call our Group Secretary, Ann Eve, on 01577 863887

### **Tuesday Short Walks**

Due to an influx of new members and the large number of people now walking with us, we regret that at present we cannot accept any new walkers on a Tuesday. We would, however, be very pleased to welcome anyone interested in trying our weekend walks.

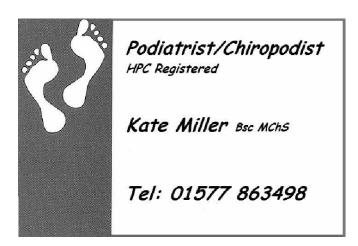
### Tuesday 10 December: Clackmannan Tower.

A circular walk passing Clackmannan Tower, crossing fields, through woodland and back along the river. Good open views over the countryside, Ochil Hills and down to River Forth.

Tuesday 14 January: Dollar Circular, East along the Foothills. A walk through the Academy grounds then on good paths towards Tillicoultry. Return along the old railway line.

### Tuesday 28 January: Arngask Ramble.

A gentle walk on the wee hill to the east of Glenfarg, followed by a stroll through and around the village of Glenfarg. Contact walks co-ordinator, Edna Burnett, on 01577 862977.



### Portmoak Community Woodland Group

We have a double helping of events for this bumper edition of the *Newsletter* and they will both help to cheer you through the dreich winter months.

Our popular Christmas Tree day is on Sunday 15 December from 11am-1.30pm in Portmoak Moss. Come to the Scotlandwell entrance to the Moss and follow the arrows to where members of the Portmoak Community Woodland Group will be ready to welcome you and guide you to the trees. Then all you have to do is find one and we'll cut it down. Make sure it will fit inside, or on top of, the car if you're driving.

As well as helping you get your tree we'll be providing home baking and festive drinks, in return for which we hope you'll make a donation to woodland group funds. This will allow us to put on more events next year.

Speaking of which, we've decided to have another Burns Ceilidh following the success of the last one. Instead of a traditional Burns Supper people seemed to really like the opportunity to dance to one of Scotland's top ceilidh bands, the wonderful Ceilidh Minogue, as well as listen to some favourite poems. Dr Bill Carr performed a spectacular Address to the Haggis (with full weaponry!)

before we tucked into our haggis, neeps and tatties from Lochend Farm Shop.

The ceilidh will be at 7.30pm on 1 February in Portmoak Village Hall. Bill Carr will be joining us again and there'll be more of your best-loved Burns'



Burns Ceilidh

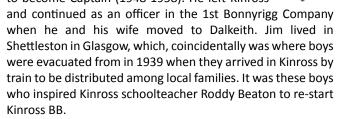
poems. This is an event for all the family. Tickets are £15 each. They are available from Kinnesswood Garage or from Dave Batchelor on dave@davebatchelor. co.uk or Stuart Garvie on 01592 840825 or 07788 142909.

Meanwhile, if you've been braving the autumn rain to visit the Moss recently you may have noticed quite a bit of activity. Members of the group joined forces with the British Dragonfly Society and Woodland Trust Scotland to dig two small ponds for dragonflies.

Daniele Muir, from BDS, organised the event because the Society has designated the Moss a dragonfly hotspot and she's keen to continue creating new habitat 'for all forms of watery wildlife'. As well as ponds, we created a hibernaculum, which is basically a pile of logs and branches covered with soil where amphibians like newts can hibernate during the winter. Woodland Trust contractors have been clearing trees alongside ditches, again to make better habitat for dragonflies. Join us in the warmth of the Well Inn, Scotlandwell, at 7.30pm on the third Tuesday of the month to hear more about what's happening in the community woodlands.

### **Boys Brigade**

The Company was saddened to hear about the death of former Captain Jim Clark. Jim had been a boy in Kinross BB and moved through the ranks to become Captain (1948-1958). He left Kinross



Jim's funeral service, led by Rev. Allan Reid, was held in Kinross Parish Church on Friday 22 November.

All three sections of the Company are currently involved in badge work but are looking forward to attending the Sinbad pantomime at Perth Theatre in mid December. Junior and Company section members will be competing in the Battalion Swimming Gala in Perth Pool at the end of November.

### **Club Correspondents**

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

## ALISON MUIR SOFT FURNISHINGS

curtains • blinds • cushions fabrics • poles • accessories  $01577\,864581$ 

www.alisonmuirsoftfurnishings.co.uk

### **Scotlandwell Frames**

Bespoke framing for your sport shirts, photos, paintings, prints & mementos...

14 Friar Place SCOTLANDWELL Call Stuart Garvie 01592 840825/07788 142909

## Kinross Camera Club

kinrosscameraclub.org.uk

We round off club activities for 2019 with three Thursday evening sessions.

On 5 December our members will select, present and discuss 'Pictures with meaning'. This includes any image (whether their own or by other photographers) which carry significant meaning for individuals.

The judging of our Thackery trophy (three prints with the theme 'self portraits') and Creative Digital (images featuring some degree of creative manipulation) competitions will take place on 12 December. This will make a nice change from election matters! Judge Gillian Temple from Kelty will assess the entries.

'Patiently waiting' by Dianne Whalley Finally we round off the year with Christmas fun and games on 19 December. This will be an evening of photo related quizzes, games and fun. We meet at 7.30pm on Thursdays in the

Church Centre, 64 High Street, Kinross. Full details are on our website or contact us by email at secretary@ kinrosscameraclub.org.uk





## **SPARKs**

## (Supportive Project for Activities and Recreation in Kinross-shire)

On 17 October we had a very interesting presentation from Kinross Raingardens Trail about the plans they have got to introduce wildflowers and accessible seating areas to Clashburn Road. Thanks to Brian Darcy for his presentation! We had some very sad news this month. On 29 October, our lovely Shona Adams passed away. Shona was a much loved member of SPARKs and other groups around Kinross. She really enjoyed making fantastic cakes for the group every week, as well as making sure everyone had signed the register and collecting the tea money. She was extremely kind, and helpful to everyone and is missed very much. Our thoughts are with Shona's family and close support workers. We are thinking of you.

SPARKs are looking forward to another friendly, but competitive, Ten Pin Bowling session in Dunfermline on 28 November. We will tell you who wins next month!

SPARKs has recieved a very generous offer for a Christmas Lunch outing. Sinclair Services, a local property management business has very kindly offered to fund a meal for the whole group at the Raj Mahal on 5 December. We are very grateful for the invitation and look forward to the meal next month. We are still enjoying our weekly games of Boccia. We have specific access to the marked Boccia court on Saturdays

We are still enjoying our weekly games of Boccia. We have specific access to the marked Boccia court on Saturdays 12.30-1.30pm at Loch Leven Community Campus. Sessions are £2 per session to cover the cost of the court.

Boccia is great fun and everyone keeps improving week after week. Jean and Duncan both played very well this week. Well done to everyone and thanks again to our fantastic weekly volunteers and support workers.

On 21 December SPARKs are going to Ad-Lib Arts pantomime showing of 'Aladdin' at the North Inch Community Campus.

Alice, a friend of SPARKs, is in the performance. We wish her well and are looking forward to it!

At our meetings refreshments are available. These are usually followed by a quiz, board games, arts and crafts, Boccia and the occasional guest speaker. Each activity is on a voluntary basis and is open to all disabilities. The aim is for people to have a chat and reduce isolation within Kinross-shire. We ask for a small weekly donation of 50p or £1 to cover the cost of refreshments. We meet on Thursdays, 1-3pm in Loch Leven Community Campus.

# H&SCP Healthy Communities and PKS Adult & Family Learning

Contact:

Shona Fowler 07896 280843 shonafowler@nhs.net Roseanne Gray 01577 867216 rgray@pkc.gov.uk



## **Kinross and District Art Club**

www.kadac.co.uk

The painting sessions during November were extremely well attended by members.

We were also thrilled to welcome another two new members to the club.



Allan Perera- Liyanage with his partly completed painting

In November around 30 members enjoyed an informative and entertaining presentation by Perthshire Art Association honorary member and former President, Allan Perera-Liyanage. This is Allan's second visit to the club and his engaging style of communicating was appreciated by the audience once again. Allan is a skilled aviation artist but, on this occasion, he chose to demonstrate the watercolour

painting of a street scene in Vietnam, which he recently visited. During the demonstration he provided a running commentary of anecdotes of his visit, as he painted. Attendees were inspired by Allan's presentation and to finish, they were treated to a display of some more of his artworks. The last painting session of the KADAC year took place at the end of November. Members enjoyed eating up mince pies and other festive treats leftover from the AGM. The AGM report will be detailed in the next *Newsletter*.

Members are now looking forward to Christmas lunch festivities at the Kirklands on 3 December.

The new KADAC year begins in January 2020 with regular painting sessions resuming on Tuesday 7 January and Friday 10 January.

If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website. We meet on Tuesdays and Fridays (2-4pm) in Millbridge Hall.



Allan's completed demo painting

## Kinross 50-Plus Club

The monthly meeting is on **Thursday 5 December,** when the theme is Christmas with entertainment from G.A.M.A Concert Party.



## **Special Notice**

The Club would appreciate any member who is willing to volunteer as minibus driver. For further details contact Fubister Law on 01577 208469.

Our annual holiday is going to Scarborough leaving on 8 March 2020. Anyone interested please contact Pat Crawford on 01577 862962 (only double and twin rooms left).

## Friday Walkers

**13 December** Along Loch Leven Trail from Burleigh to Findatie.

All walks continue to leave from the Green Hotel. Contact Ian Simpson, 01577 863691.

## Sending photographs to the Newsletter

Contributors, if sending a photograph to the Newsletter, please send as a JPEG file and not embedded in a word document. Thank you.

## Hillwalkers

**6 December** Cramond, Christmas Lunch, leaving Green Hotel at 9am.

**3 January** Culross, leaving Green Hotel at 9am Contact Carolyn Jenkins on 07925 972650.

## Activities

**L.U.S.T.** The slimmers meet each Thursday, 9.30am to 10.30am, in the Millbridge Hall. Contact Norma Anderson, 01577 863548.

**Line Dancing** every Tuesday and Friday at 10.30am in the Millbridge Hall. Contact Betty Fergus, 01577 866961.

**Keep Fit** class meets every Monday at 2pm in the Masonic Hall. Contact Val Oswald, 01577 864020.

**Craft Group** meets Wednesday at 2pm in Millbridge Hall. Contact Elizabeth Smith, 01577 861387.

**Fly Tyers** meet each Monday in Millbridge Hall. Contact Ian Campbell, 01577 830582.

**Carpet Bowls**: Meet Monday at 2pm in Millbridge Hall. Contact Helen Duncan, 01577 863248.



## **Kinross in Bloom**

Everything is now in place for the winter months and we can have a couple of months off before we start all over again!



Throughout the winter we will still be working on the funding of the Crosswell Fountain, and hopefully, the work will be able to be done in the spring. We have been fortunate in receiving donations from local businesses, community groups and individuals. The Arthur and Margaret Thompson Charitable Trust have made a sizeable donation towards the restoration of the fountain. *Kinross Community Council Newsletter* have also made a donation. Our heartfelt thanks to everyone who has donated.

Donations can still be made through our Just Giving page www.justgiving.com/campaign/kinrossfountain

## 200 Club

## **November Draw**

- 1. No. 32 Clare Hill
- 2. No. 34 Dorothy Hutton
- 3 No. 35 Barbara Izatt
- 4. No. 43 Elizabeth MacGregor

### **December Draw**

- 1. No. 66 Susan Snowden
- 2. No. 26 Maysie Gibson
- 3. No.76 Myrtle Urquhart
- 4. No. 65 Edith & Ian Simpson

At our AGM in November the office bearers for 2020 were elected:

Chairperson: Graham Barnett Treasurer: Aileen Sorbie Secretary: Susan Mitchell

Our next meeting will be on Wednesday 12 February 2020 at 7pm in the Church Centre. We would love to see you there!

## Chairman's Report – The Year of Change

At the AGM in 2018 myself and Aileen Sorbie stayed on as Chairman and Treasurer respectively. Susan Mitchell was nominated as Secretary in place of long serving Iain Todd. At the beginning of 2019 we decided that, despite picking up a Silver Gilt award at the Take a Pride in Perth and Kinross Bloom contest, along with the 2018 Award for Endeavour, we would not be entering the 2019 Competition: this allowed all our efforts to be channelled to the display around the town. We began positioning some 3700 summer plug plants, resulting in 40 hanging baskets! Thanks to Kinross Rugby Club for their help and brawn both in hanging the baskets and taking them down in September. See you again next year lads!

## Property and Wedding Photography by your local Photographer

Available for Christmas & New Year Parties and Events

Specialist in drone images

Tel: Vincent 07949 377 475 www.vincentanthonymedia.com

In June, new plaques 'sponsored' by various companies and individual people were fitted to an array of planters around town

Broken planters (some damaged by vehicles and vandalism) were replaced but were too heavy to be moved by hand. Many thanks to the staff at Kipper Hire for allowing us to use an engine hoist free of charge for this purpose. We also tidied up the sustainable planters which needed some attention.

With all planters fully planted up and all hanging baskets in place, we turned our attention to the summer watering programme. Thanks to everyone who helped, despite the varying weather patterns. We hope you will assist again in 2020.

Summer came and went with strong winds battering some of the more exposed planters. However, they responded well to care and attention and made the town a colourful place. Sadly, for the first time in my association with the bloom, we did encounter a couple of bouts of vandalism. The four tier planter at the surgery was pulled over and some of the flowers at the Co-op corner were pulled up and thrown around the area. However, our response was immediate and repairs and replanting was carried out quickly. Thank you to everyone who helped; we will not be beaten by such behaviour.

Summer plants were stripped out in October and new hexagonal plastic planters were installed at Piper Row.

In 2018, the committee undertook to consider remedial works at the Crosswell Fountain adjacent to the old town hall. This fountain was previously overlooked leaving it looking a bit shabby and tired. A condition report was commissioned and completed in August 2018 with an expected date for the works in spring 2019. Unfortunately, it grew 'arms and legs' and, in 2019 this proposal was passed to Take a Pride in Perth and Kinross Association. Susan has been very much involved in all the aspects of the job and we are fairly confident that this work will be carried out in 2020. Watch this space!

Our buggy has been invaluable again in 2019. Despite some minor 'ailments', there was never a hold up in the running of the Bloom. Smith Street Motors carried out the service and MOT for the vehicle during the year and I hope we can continue with our association with them in the future.

Thanks go to the sponsors of Kinross in Bloom who have contributed in many ways.

My personal thanks go to Susan for all her hard work during her first year as secretary, especially in relation to the Crosswell Fountain. Thanks also to Aileen who has looked after our finances for another year and kept the Bloom afloat, despite also having a full time job. Many thanks to the rest of the committee and friends who have done so much this year.

Graham Barnett, Chairman

## Piano Tuition for all ages and abilities

Local teacher with over 35 years' experience from complete beginners to retirees.

School exams a speciality.

Please contact: Mrs Michelle Smith 07925 267997

## Portmoak School

It has been a very busy start to the session and incredible to think that the busy Christmas period is almost upon us. Some highlights of our first three months of this school year include:

## P5/6 Afternoon Tea and Community Cafe

We were overjoyed that our very good friends in Kinnesswood in Bloom deservedly won a number of awards from 'Take A Pride in Perthshire' and 'Beautiful Scotland', including two Gold Awards, a Best Village Award and the inaugural Perthshire 'School Partnership Award'. Kinnesswood in Bloom are an integral part of our school and are fantastic community role models to us all. We were delighted that John Nicol, who can be seen most days pottering around in our grounds to ensure they stay beautiful, also received an award for Outstanding Contribution. To celebrate their award and to say thank you, P5/6 held an afternoon tea. They baked a variety of cakes, scones and biscuits which proved to be a successful trial for the Community Cafes which will follow. In December, there will be a Christmas themed café and in the new year, there are plans for two further cafes – a Valentine's theme and an Easter theme.



Afternoon tea with Kinnesswood in Bloom

## A Poke About the 'Moak

We were thrilled to be invited to present at the annual 'Beautiful Scotland and It's Your Neighbourhood' seminar in Stirling in October. Three of our pupils spoke very confidently in front of an audience of over 200 delegates, describing the making of our film 'A Poke About the 'Moak'. They highlighted the intergenerational aspect of the production, having interviewed 28 members of our local community, all of whom spoke very enthusiastically about what a special place the Portmoak Parish is in which to live.

## PRIMARY TUITION

Given by a qualified Primary Teacher with 20 years teaching and over 10 years tuition experience.

All sessions last an hour and are tailored to your child's needs. No charge for first session.

contact Denise 01577 861465 / 07714 161924 denise.dupont@hotmail.co.uk

## **Sea Eagle Day**

One of the Growing Up with Loch Leven topics, formed collaboratively between RSPB Loch Leven, Scottish Natural Heritage and the Kinross cluster schools, focusses on the reintroduction of sea eagles (also known as white-tailed eagles) to the east coast of Scotland. Our P5/6 and P6/7 classes created a video factfile about the sea eagle, filmed news reports about its reintroduction, compared the sea eagle to other Scottish birds of prey and created graphs showing the success of the project, with 1 pair in Scotland in 1982 rising to 130 pairs in 2018.



Portmoak Primary pupil cleverly disguised as a sea eagle!

## **Sixtieth Birthday Celebrations**

Portmoak Primary School celebrates its sixtieth birthday in January. The school opened in Kinnesswood on 6 January 1960, having moved from its previous location in Scotlandwell. We have lots of plans afoot, including a musical extravaganza with songs, dances and news reports from each decade, a 1960 school day for all classes, a family 'Dance through the Decades' disco and each class's learning focusing on a different decade.



The 'Dance through the decades' disco



## Rootin' and Roamin' Pork Supreme at Networking Breakfast

The winning combination of a full Scottish breakfast, the opportunity to engage with other entrepreneurs and a chance to hear about an exciting new start-up attracted around 30 attendees for the Kinross-shire Partnership networking breakfast in November. One breakfaster commented that his five visits in the previous year (total cost £50) had resulted directly in £40,000 of business — testament to the success of this popular event.

Ian Buchanan shared the story of how his business, Rootin' and Roamin' Free-Range Pork, began almost by chance. Less than two years ago, lan was an agricultural student and - to help offset his student loan - wanted to fatten up a couple of weaners (young pigs) for Christmas. It proved difficult to find weaners, so instead he bought a 'porcine starter pack' of two sows and two boars. Shortly after, the sows produced 18 piglets and the business was born. The fact that the pigs are rare breeds (Tamworths, Gloucester Old Spots, and Saddlebacks) means the pork tastes phenomenal. All the pigs are free range, and their high health status



means no antibiotics are required. Carcases are prepared by a butcher in Auchterarder, keeping food miles to a minimum.



Networking at the breakfast

lan confessed that he's at a crossroads regarding where to take his business next. He supports the local farmers'

PORTMOAK

market in Kinross, which is good for publicity, but doesn't generate much revenue. Outside catering is a relatively new venture, and for Christmas Ian plans to sell 'pigs in blankets' — news which resulted in several orders being placed on the spot!

No one who heard lan speak could doubt his dedication to the animals in his care. He spoke with genuine passion, confessing he'd been out the previous night checking his pigs weren't upset by the fireworks. The maximum number of breeding sows the family farm can accommodate is ten, so his business mantra is to 'make a lot from a little', focusing on quality. The enthusiastic applause indicated clearly that everyone in the room was rooting for him.

The next breakfast is at Loch Leven's Larder from 7.15am-9am on Wednesday 4 December. The speaker will be Steven Mitchell, who aims to be the first buffalo mozzarella producer in Scotland. Please email Karen Grunwell in advance at mail@kinrosspartnership. org.uk to book your place (all-inclusive cost £10).

## Portmoak Film Society

www.portmoakfilmsociety.org.uk November'sfilm,'AWomanatWar',featuring



## Kinross Garden Group

After an entertaining talk (with wonderful photographs) from Michael Almond –



which gave us a wonderful feeling of Italy in Spring, our next meeting is on **Thursday 12 December** in the **Millbridge Hall, Kinross** at 2pm. Jim Jermyn from the Branklyn Garden, Perth, will give a talk entitled 'Branklyn Garden, a legacy to Mr and Mrs Renton'.

Please note that there is no meeting in January as the Kinross Garden Group will meet on Thursday 9 January 2019 at 12.30 for 1pm Festive Lunch at the Orwell Bowling Club in Milnathort (Your £23 for the lunch will be required at the December meeting). There is a further chance to sign up for this at the December meeting but you can also contact Caroline Anderson on 01577 864589 for more details.

Membership fees are £20 this year and £5 for visitors. If you are new to Kinross-shire and interested in meeting fellow garden enthusiasts you will be made very welcome. Doors will be open from 1.30pm. For more details contact Caroline Anderson on 01577 864589.

## Portmoak Hall 100 Club

## **October Draw**

1st	No 88	Sheila Drysdale	Kinnesswood
2nd	No 2	Lorraine McGregor	Scotlandwell
3rd	No 45	Annemarie MacKenzie	Easter Balgedie

## **Kinross Beavers**



Scouts, Cubs and Beavers at the Remembrance Parade

After the October break the beavers began working on the Health and Fitness badge. They were doing different fitness activities, learning about healthy food and created posters to raise awareness of healthy eating and exercise.

We also had presentations for other completed badges including Harry and Aaron who were presented with a special recognition award for working hard and being kind and helpful last term. Well done boys! We were delighted to present certificates to 13 beavers for having 100% attendance last term!

Finally, our Young Leader Stephen was presented his young leader mission badges, belt buckle and certificate by our District Explorer Leader (Young Leaders) who made a special trip to Kinross to make the presentation. Stephen has been working hard over several months completing his training which has included organising numerous activities for the beavers whilst also attending Young Leader training sessions in Perth. Congratulations Stephen!

The beavers were getting creative at the start of our winter term by making edible bonfires and Halloween biscuits. They also took part in UK Parliament week and received a visit from Luke Graham. Luke spoke to the beavers about the parliament before taking part in some mock debates about what was better; Haribo or Chocolate and Football or Rugby. The beavers had a fantastic time and thanks to Luke for coming along to visit us.

On Sunday 10 November 25 Beavers attended the Remembrance service in Kinross Parish Church before participating in the Remembrance Parade to the Memorial at The Court House where they observed a two minute silence. There are still plenty of activities for the beavers to enjoy before the Christmas holidays. They are due to start work on the Global Issues badge, visit Rachel House to sing Christmas Carols and they will also be attending the Sinbad Pantomime at Perth Theatre in December. In January the Beavers will be having a sleepover and full details of all of this will be in the next newsletter.

Interested in volunteering with Scouting? It's easier than you think. We have opportunities both behind the scenes and directly supporting young people in our group. With full support and training, you can volunteer on a flexible basis. Not only is it incredibly rewarding and great fun, you'll learn some brilliant skills transferable to the workplace and further education. Please contact us by email on kinrossbeavers@hotmail.co.uk for more information.



# Planning a Christmas event for your community group?

Check your date in the diary at www.kinross.cc/diary to avoid clashes. Email admin@kinross.cc to have details of your event entered in the online diary.

## DAVID NAIRN

Painter and Decorator

"Paper-hanging, Painting & Tiling".

ALL TYPES OF WORK UNDERTAKEN

**ESTIMATES FREE** 

LISMORE, STATION ROAD CROOK OF DEVON

> Telephone: 01577 840527 Mobile: 07859 825565

## **Community Website**

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit **www.kinross.cc** 

## **Broke Not Broken**

It has been a busy year for us and we continue to be amazed by the support we get from our community. Whether it is financial donations BROKEN

from local groups or food collection by churches and school, we are immensely grateful for your ongoing support.



Why not use this advent calendar to create a food parcel to donate?

We are lucky to have been selected as one of the beneficiaries of the Co-op Local Community fund. If you have a Co-op card simply choose Broke Not Broken to benefit from the points to collect when you shop.

We also continue to be supported by Sainsburys who are this year collecting new toys for us to distribute to the local families in Kinross-shire. They have two drop off points in the Kinross store where you can drop off toys.

We have circulated on Facebook lists of food that you can begin to collect for our Christmas Hampers. Either by reverse advent calendar or just as you go, you can donate these before our Hamper Pack week. This year we will be having our hamper pack night on Tuesday 10 December at Kinross Primary School (time to be confirmed).

It is one night only, and we would love to invite the community to come and help us on the night. You can bring food donations, also consider donating wrapping paper, Christmas crackers or others treats for hampers to make individuals and families feel the festive spirit.

Whilst we will be collecting new toys for families, we are also again collecting Gift Cards. These enable parents to buy toys for their own children. Please consider donating these.

We also applied for some vouchers through Tay FM Coat appeal for local families and delivered 19 vouchers to enable local families prepare for a cold winter.

If you are looking for some ideas for how you, your family, church, school, business or workplace could help us this year here are some ideas:

- Collect food and donate a hamper full of goodies for a family.
- Donate gift cards that we can pass on to a family in need
- Donate wrapping paper or Christmas crackers
- Have an event that raises money for Broke Not Broken

We would be happy to come and speak to your group about what we do. People are often amazed by the projects that we are involved in. Let us know if you would like to find out more by emailing secretary@brokenotbroken.org

## ANDREW MILLER FIREPLACES

27-29 Westerloan, Milnathort KY13 9YH Showroom by appointment

Jamesfield Farmshop Conservatory by ABERNETHY Open 9am - 5pm

ELECTRIC GAS WOOD MULTI-FUEL STOVES & FIRES FIRE SURROUNDS ELECTRIC SUITES HEARTHS BEAMS SHELVES

Email: millerfireplaces@btconnect.com Tel: 01577 862173 Mob: 07870 284 868

## Need Equipment for a Community Event?

Marquees, Gazebos, Chairs, Tables and more available to hire (or sometimes borrow). Items are listed on www.kinross.cc at: www.kinross.cc/equipment hire/equipment.htm If your community group has items it would be prepared to lend or hire out, please add them to the list.







# Kinross-shire Local Events Organisation



www.kleo.org.uk

## **Busy times during Winter Festival**

We hope you enjoyed Kinross-shire's Winter Festival with numerous events organised by local community groups and businesses. By the time you read this article the various events and the festive street market will have been and gone. We hope it has been successful, enjoyable and not disruptive to traders and residents of the High Street.

There are too many people to thank individually but we would like to take this opportunity to say a huge thank you to all the volunteers who helped us out during the events in November and December. An amazing number of people helped us out by distributing flyers and brochures door to door in Kinross, Milnathort and other surrounding villages. Others helped with erecting and dismantling marquees and market stalls and stewarding at the Festive street market. A special thanks to local company Span Access Solutions who provided us with a stage at the festive street market! Huge thanks also go to the staff of Morgans Estate Agent's in Kinross and Light Up My Heart in Milnathort who sold tickets for us, and to the Kinross Newsletter who carried our advertisements and did a special feature article for us. For more information and photos please visit our website.

## Big Burns Bash, Saturday 1 February 7.15pm Masonic Hall, Kinross

KLEO is delighted to present a wonderful 'Big Burns Bash' in celebration of the life and works of Robert Burns and of the talent within our very own local community. This will be a fast-paced informal event with all the favourites including Address To The Haggis, Toast To the Lassies and so much more. There will be a lovely two course meal, Highland dancing and wee bit of light-hearted poetry. Fantastic musical performances will come from a range of local-ish talent, including Kinross Pipe and Drums and international recording stars, The Mad Ferret Band. There'll even be a bit of audience participation; if you have a talent, let's hear it!

We'll finish off the night with some high-energy 'Cross-Country' dancing and great Scottish belters from the Ferrets. Tickets are an absolute bargain at just £20 per person and are available from Morgans Solicitors and Estate Agents in Kinross, Light Up My Heart in Milnathort and on our website Please note that the minimum age is 12 years of age, there's a very reasonably priced cash bar and there'll be loud music, much laughter and general good craic throughout the whole

event. Places for this sure to be popular event are limited, so please book early to avoid disappointment and to blow the post-festive winter blues out of the park!

## **Kinross Kacophony Orchestra**

Always wanted to play your instrument in a group but never had the chance? Kackophony is an orchestra for adults which gives you the chance to do just that. All abilities are welcome but it is handy if you read music. Sessions take place on Wednesday evenings with conductor Dougie Flower from 7.15pm to 9.15pm at Loch Leven Community Campus. Sessions starts again from Wednesday 8 January and will run until 18 March (no session on 4 March). The fee is £5 a session.

## **Leven Voices**

After the Christmas break Leven Voices will start up again with a set of 10 weekly sessions in January. Leven Voices is a fun, informal drop-in singing group for anyone. No music reading or singing experience necessary; it is for anyone who just wants to sing and have fun!

Leven voices will run a set of 10 weekly sessions on Tuesday evenings with the first session on **Tuesday 14 January** with Horsecross arts tutor David MacLean. Sessions will run until 17 March and start at 7.30pm at the Kinross Parish Church. Enrolment fee is £6 and £4 a session (concessions £3). Just come along, sing and enjoy!

For more info about KLEO and KLEO events please visit our website.



## **SKEINS & BOBBINS**

Your local independent yarn & haberdashery shop

120 HIGH STREET, KINROSS 01577 208107 Email: skeinsandbobbins@outlook.com

> Junior/Senior Knitting Classes Weekly Knitting/Crochet Club



# JAMES SNEDDON PAINTERS & DECORATORS

THE NAME FOR PAINTING IN THIS AREA OVER 60 YEARS

FREE ESTIMATES & ADVICE WITH PLEASURE

TEL: MOBILE 01577 862865 or 07719 01383 626171 211220

Proprietor: Shane Crawford

## **Loch Leven Community Library**

Loch Leven Community Campus, Muirs, Kinross 01577 867205 E: lochlevenlibrary@culturepk.org.uk www.culturepk.org.uk

## **Opening Times**

Mon\* 10am-1pm
Tue, Wed & Thu 10am-8pm
Fri 10am-6pm
Sat\* 10am-3pm

\*Mon 10am-1pm & Sat 1-3pm. Limited service, run by volunteers. **Festive Closure.** Library closes 1pm on Saturday 21 December and re-opens 10am on Tuesday 7 January 2020.

Christmas Card making session for children. Friday 6 Dec 4-5pm. Free.

**BookBugs Big Christmas Singalong** Saturday 14 December 10.30am. Get in the Christmas spirit and and join BookBug and Malcolm and Alan for our annual Christmas singalong. Suitable for young children and their families. Great fun!

## **Regular Sessions for Young Children**

No need to book, just come along:

## Bookbug Rhymetime

Saturdays 10.30am-11am. Wednesdays 2pm-2.30pm.

## • Pre-school Story Time

Tuesdays 10.15am-10.45am

Parents, grandparents or guardians and toddlers will be made most welcome at these free, open sessions.

## Stay and Play

Wednesdays 2.30-3.30pm Saturdays 11am-12pm.

Pop into the library where you can meet other parents, have a coffee, chat, read a magazine or just relax while your child plays. Toys provided. Family-friendly. These sessions are suitable for pre-school children and their parents or guardians.

## **Book Groups at the Library**

We currently have three book groups for adults and one for children running at Loch Leven Community Library.

**Crime book Group**: Once a month on a Tuesday evening, 6.45-7.45pm.

**General Book Group**: Once a month on a Friday morning 10.30-11.30am.

**Cafe Book Group**: Once a month on a Saturday morning 11.15am (next meeting **Saturday 7 December**).

**Children's Book Group**: For children aged 7-11 years. On the first Friday of each month 4-5pm (next meeting **6 December**) New members welcome. Contact the library for more info. Please contact the library for any further book group dates.



**IT Help Sessions:** Free sessions but booking essential as spaces are limited. Monthly on a Thursday 2pm onwards. **Next session: Thursday 12 December.** 

**Coffee and Crochet:** Fancy coming along to a crochet club? Chat, enjoy coffee and share hints & tips while working on your project. Weekly on Thursdays at 10am. Come along and join this small friendly group.

(Please note that although help will be given this is not a teaching class for beginners.)

**Foodbank:** The library is now a foodbank collection point for 'Broke not Broken'.

Free WiFi & Computer use for library guests and members.

Kitchen waste caddies available.

More information on all library, museum and art gallery events at www.culturepk.org.uk/whats-on

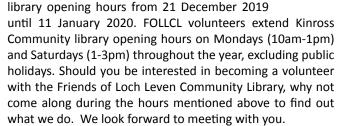
## **Mobile Library Service**

Visiting on Tuesdays 17 December					
Glenfarg	Main Street	1200-1300			
Forgandenny	Rossie Place	1545-1615			
Visiting on Wednesd	ay 11 December				
Kinnesswood	Opposite shop	0930-1000			
Portmoak	Hall	1005-1020			
Scotlandwell	Leslie Road	1025-1050			
Portmoak	Hall	1125-1140			
Scotlandwell	Leslie Road	1145-1205			
Levenmouth Farm 1100-1120					
Hatchbank Road	Gairneybank	1140-1200			
Powmill	Mill Gardens	1320-1340			
Crook of Devon	Village Inn	1345-1445			
Carnbo	Pitcairnie Lane	1500-1530			
Whyte Court	Kinross	1545-1615			

For more information, see: www.culturepk.org.uk/libraries and click on 'Services in the Community'.

# Friends of Loch Leven Community Library (FOLLCL)

Please note that, during the holiday season, FOLLCL shall **not** be providing additional



Sat 22 Dec- 10am-1pm \*No volunteer service in afternoon 23 Dec until 6 Jan – **Library closed** 

A social worker will be available to speak to on the phone from 8.45am until 5pm on Thurs 27 and Fri 28 December.



## **Kinross High School**

### **Broke Not Broken**

Recently, a group of senior Chemistry students visited a local foodbank to find out about the work they do there to help those most in need in our community. Shocked but inspired by what they learned and determined to top last year's contributions, they are once again preparing to collect food donations in school. Last year, the generosity of our pupils and parents meant that we could assemble enough hampers for an entire block of elderly people living in sheltered housing in Kinross who otherwise would not have received any support over the festive period. The group were truly humbled to see the important work that foodbanks do to provide food to families in Kinross and are excited to start collecting donations during TSG.



Johnathan and Adam are eager to get collecting after their visit to the foodbank

## **Fantastic Fundraising**

This year, the S6 Charity Committee have chosen the Men's Shed as their worthy cause and are off to a great start already. Our Spooktacular Halloween dress up day was a great success, (hair)raising over £800 for the Men's Shed! As well as frightful costumes, pupils also took part in lunchtime games such as tug-o-war and sponge the teacher. Everyone took it in the *spirit in witch* it was intended, even those who got a bit soggy! From devils to ghosts, we really embraced the scariness and everyone looked boo-tiful!

From tricks to treats, our senior pupils also held a bake sale. With lots of delightful delicacies on offer, it's no surprise that they were able to bring the running total up to £952.50!

## **Positive Destinations**

Our annual Positive Destinations Evening saw the return of a whole host of presenters from external organisations dedicated to making the transition to life beyond Kinross High School as smooth as possible. The event was well-attended and pupils benefited from informative talks about foundation apprenticeships, college, the world of work, student funding and applying to university. The presentations used on the night can be found in the Latest News section of our new website. The range of topics covered gave an insight into the multitude of pathways open to our pupils and we hope they left with positive thoughts about their futures. Although leaving school can be a daunting prospect for some, we hope the evening helped pupils to feel a little more relaxed, better prepared for life after school and supported to make the important decisions they're facing.

## **Brodsky Quartet**

We were very fortunate to be visited by the world-renowned Brodsky String Quartet. In the morning, they held a workshop with our Chamber Group then followed up with outstanding performances for our pupils. Pupils from our cluster primary schools joined us and also had the opportunity to ask the musicians questions. Everyone involved had a thoroughly enjoyable experience and learned a lot from the professional players.



The Brodsky Quartet performed with some of our own instrumentalists

# phildeanarchitect Kinross Business Centre, 21-25 High Street, Kinross KY13 8AW

07817617481 phildeanarchitect@icloud.com



imaginative, sensitive & sustainable architecture & design

## HUSBAND & WIFE HANDY TEAM READY FOR ACTION

Can't be bothered? Don't have the time for those jobs around the house?

Painting, Decorating, Repairs interior/exterior Slab & Mono block, layouts/repairs

Major & minor repairs considered

Flat pack assemble assistance

Blind cleaning / Oven cleaning service

No job too small / free quotes

CONTACT / TEXT us on 07532 811723 / 07532 814124

Email us at: mrandmrs.readyforaction@gmail.com

## **Kinross-shire Historical Society**

On Monday 18 November, the members enjoyed a great talk, 'Searching for the Real Macbeth', by Dr Fiona Watson. She spoke with great enthusiasm about a period of Scottish history for which there are few records. It was a time when kingship passed across from one branch of the family to the other, often entailing the killing of one king to make way for the next.

Macbeth came from Moray, formerly Fortiu, in the north, and was of one of the branches of the royal family. His wife Gruach, the first named Queen of Scotland also came from a royal line. He killed her husband, Gillacomgain, his cousin, to avenge his father's death by him.

In Macbeth's reign the country did well. He was the first Scottish king to make a pilgrimage to Rome. He and Gruach granted lands to the east of Loch Leven to the monastery on St Serfs Island.

When he died, his successor, Malcolm III declared Macbeth a good and generous king. However, over time this was forgotten and he became to be regarded as an usurper who had pushed his way into the line of kings.

Andrew Wynton, Abbot of St Serfs, did not speak well of Macbeth in his 'Original Chronicle of Scotland' and introduced the idea of witches. This was all there for Shakespeare to read in preparation for his Scottish play written with a new Scottish king on the throne in the seventeenth century. The story was changed and perhaps Gruach came off the worst. After some questions from members, Fubister Law thanked Dr Watson for a tremendously enthusiastic talk which had been a pleasure to listen to.

President Robin Eadie reminded members that the next meeting will be on **9 December** when Prof David Munro will be talking of the place names round Loch Leven in 'From Jummock's Deep to the Thrapple Hole'.

## 2019-2020 Programme

17 February

Meetings are held at Kinross Parish Church, Station Road, Kinross at 7.30pm.

9 December From Jummock's Deep to the Thrapple

Hole, Prof David Munro MBE

Navigating Loch Leven with the help of

place names

20 January WW1 The Aftermath, Lieut Colonel Andy

Middlemiss DL

What happened after the Jocks came home? How did society change?

The Great North Road, Eric Simpson and

George Robertson

The history of the road from eighteenth century to the present day with particular attention to North Queensferry to Kinross

in stage coach days.

16 March Robert The Bruce, Bill Glennie Fact, Fiction and Nonsense

## **Images of Kinross-shire**

Photographs can be downloaded free of charge from the www.kinross.cc

## **Photo Library**

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.

## The Kinross-shire Civic Trust

Helping protect, conserve and provide a better built and natural environment

www.kinross-shirecivictrust.org Find us on Facebook

Email: KinrossshireCivicTrustSecy@gmail.com

## Dinner and talk

In November members of the Trust enjoyed an excellent dinner at the Grouse & Claret followed by an illustrated talk by Simon Montgomery, senior case officer with Historic Environment Scotland. Simon trained as an architect before joining Historic Scotland (as it was then called) 25 years ago. He learned early in his career that the conservation of historic buildings is subject to a pendulum effect: after some serious losses, there is an increase in efforts to save buildings. Having said that, currently there is the 'oligarch' problem, where individuals wealthy enough to buy historic houses in need of restoration wish to make the interiors so pristine that original features and character are at risk.

There were illustrations of some interesting – and in some cases what Simon termed 'ugly' – buildings which pose particular difficulties in judging what is worth conserving and how buildings should be categorised.

The talk was very interesting and much enjoyed by those present.

## **Planning**

The recent application for 41 retirement dwellings at the site of the former Windlestrae Hotel attracted 21 objections. The Trust continues to monitor the planning process. For example, PKC's 'screening opinion' on whether the proposal required an Environmental Impact Assessment was not published on PKC's planning website until we pressed for it. Such screening opinions are supposed to be made public by law.

Numbers of new planning applications made locally have tailed off, perhaps due to the time of year. Two major applications made much earlier this year have not yet gone to the Council's Planning and Development Management Committee. These are Springfield's application for 59 dwellings at Pitdownies in Milnathort and Persimmon's application to build an extra 82 houses in phase 2 of Lathro Farm. Any bets on these going to the planning committee on 17 December?

## **Well Kept County**

The organisers met on 30 October and agreed that the 2020 competition will be judged in the week of 16 March. Invitations to take part and copies of the revised rubrics will be sent out in the week of 20 January.

## PLANNING PERMISSION BUILDING WARRANTS

McNeil Partnership is a locally based practice with LOCAL knowledge providing drawings and processing applications for Planning permission and Building Warrants.

We specialise in Extensions, Attic Conversions, Conservatories, Porches and Internal and External Alterations.

Contact Eric or Fiona McNeil 01577 863000 For free advice

# **Sports News**

## **Rugby Minis**

We were excited to receive an invite from Edinburgh Rugby to be Guard of Honour and play mini games at half-time at one of their home matches. It was Edinburgh versus Scarletts rugby in the PRO 14 league, with the match taking place on 29 October.



Our P5s got the opportunity to be the Guard of Honour, who welcomed both teams onto the field of play. They ran through a man-made tunnel, produced by the boys, holding flags aloft and waving frantically, all before a TV audience. P6 and P7s then had the chance to play mini games at half-time with Bigger RFC. Both teams took to the field undaunted in a situation like a day out at the six nations, with Murrayfield bursting at the seams and TV crews everywhere. All that was missing was the pipe band!

In total 45 kids turned up, along with parents, full of cheers for Edinburgh as they swept aside the Scarletts team, who were made to look ordinary. A week before the event, a phone call came in from Edinburgh rugby, letting us know that one of our kids was to be given the extraordinary chance of a lifetime of being the Mascot for the day. The names were collected into a modern-day hat of sorts, a name generator! The lucky winner was randomly chosen... Jake Rogers!

Lucky Jake was going to spend quality time with some of Edinburgh's elite. He met all the players, got a tour of the changing rooms, passed the ball about and chatted with them. It was the highlight of his night. He then got to run out on to the field with Henry Pyrgos, just before the game, and right through the tunnel where his teammates were waving flags furiously, screaming at the top of their voices, 'Come on Edinbu... JAKE!' His smile was so wide, it hasn't to this date disappeared.



For more information on the Rugby Minis, contact Robert Allan 07831 099315, Kinross Rugby Football Club, KGV, Muirs, Kinross.



## 'ALTERED IMAGES'

UNISEX HAIRSTYLING in the comfort of your own home Call LINDA on 01577 863860

## **Discover Loch Leven Website**

To discover the myriad things to see and do in Kinross-shire and its neighbouring counties, visit

www.visitlochleven.org

## **Muckhart Golf Club**

www.muckhartgolf.com

## **Muckhart Ladies Know How to Celebrate!**

It might have been dark and cold outside but inside Muckhart Clubhouse the place was warm and buzzing in anticipation of celebrating a great season at Muckhart. You don't have to be the best golfer in the World or Scotland to win a trophy or an exciting prize. The handicap system gives everyone a chance and so the Ladies, in gleeful anticipation, sat down to a wonderful meal provided by Scott and his team at Stravaig Bistro and a glass (or two) of bubbly. Some ladies won the big trophies and others were equally happy with the smaller prizes. Putting and Prosecco: Why ever not? Celebrations not just for individual trophies but also the Muckhart Ladies Team won the fiercely competitive 2019 Dumyat League, a competition over the season played by the golf clubs who can see Dumyat at the end of the Ochils. Our Perth and Kinross Handicap Team were beaten at Kinross Golf club into second place ... by none other than Kinross!



An extra bonus this year has been to welcome 20 new lady members to the club many of whom had never played golf before. Quote of the night from a new lady member, 'Never realised I could have so much fun, laugh, learn new skills and exercise all at the same time out on the course in the fresh air and enjoy my food and new friends inside the Clubhouse. Cheers everyone!'

The evening would not have been complete without some form of entertainment and who better than the Ladies Committee to show their *other* talents! 'Summer Loving' from Grease will never be the same again for the audience ... Tell Me More, Tell Me More, Tell Me More!

Weather permitting, the ladies play golf throughout the winter. If you have a couple of spare hours and want to give it a try (9 holes or 18) or get back into golf if you've played before there are plenty ladies who will 'buddy' up to support and encourage you. Some of the new ladies I'm sure will attest to that. Give us a call on 01259 781423 or have a look at our Facebook page or website. We'd love to see you.



## Kinross Ladies Hockey Club

www.kinrosshockey.org

It is hard to believe that we are almost half way through the season already. The closed outdoor Christmas season is fast approaching, with the last scheduled outdoor fixture on 7 Dcember.

It has been a bit of a mixed season so far. The championship has been split into three divisions and our firsts are in division three. We had a bit of a sticky start, having played only five games. This is on average two games less than the other clubs. We have won one game, drawn two and lost two. With only a win separating the middle of the table, there is everything is to play for post Christmas.

Our seconds have had a mixed first half and are currently sitting in sixth position. They have had two wins and three losses from five league games. With one game to be reschduled, they have a game in hand over the top teams. Our newly formed thirds had a great start to the season. With six games played, they are sitting in fourth position with two wins, one draw and three losses. This is an excellent position for a newly formed team in their first league season. Congratulations to everyone!

'tis the season for Tuesday evenings to be spent in Dundee playing indoor in the district league competition! It is early days; so far we've only played one game, and have another four weeks of fixtures to climb the table.

As winter frosts set in fully, the festive season draws near and thoughts of training disappear, a gentle reminder that, although training and games will stop mid December, that first session in early January is never far away!

Merry Christmas and a very Happy New Year from Kinross hockey club!



## Kinross Road Runners

http://kinrossroadrunners.weebly.com Winter training is in full swing with a good turnout for all our sessions. There is something for everyone and, as always, we extend a warm

welcome to any newcomers who'd like to join us.

It's a well-known fact that you are twice as likely to motivate yourself to get out on a cold dark evening when you are meeting up with like-minded others. Our training sessions fit all abilities and involve a variety of running activities. We have interval or repetition sessions (often on a small hill) to improve your running speed, evening torchlit trail runs of up to five or six miles to help with strength and stamina and slower chatty runs where socialising takes priority! Whether you're new to running, aiming to improve or just want to keep fit and active through the winter, there will be something for you.



KRR out in force at The Silvery Tay Trail Race

Far from being a quiet season for runners, there's lots going on at this time of year. This includes the last of our trail running championship races 'The Silvery Tay'. A total of 15

Kinross members took part and took home three first places in different categories. Scott Strachan was the overall winner well ahead of the pack. Congratulations to Scott who is the first club member to complete the World Marathon Majors, namely that's Tokyo, Boston, London, Berlin, Chicago and New York. He ran all six marathons in under three hours and finished in style at Berlin with a personal best of 2.44.38. An amazing achievement!

Our Winter Handicap Race takes place on Sunday 15 **December** over a 10k route finishing with tea and sandwiches. The winter 5k parkrun series continues into January and there's even a New Year's Day parkrun at Loch Leven's Larder to look forward to. We also look forward to the Annual Dinner and Awards evening early in January at Loch Leven's Larder. Club training for December is outlined below. We meet for all sessions at 7pm. Local sessions congregate at the reception of the Community Campus and we meet at the start of the run (or earlier at the Health Centre car park for car share) for other runs. We also have occasional sessions at the Fife Cycle Park in Glencraig to take advantage of their traffic free and well-lit track.

There is an informal trail or hill run on **Sunday mornings** at a very leisurely pace. Details are either publicised on the club Facebook page or simply meet at 9am at the Health Centre Car Park.

Check out our Facebook page or website for further information or to make contact.

## **December Programme**

	•
Tues 3	Street-lit run (5 miles)
Wed 4	2 mile time trial, kit sale and hot chocolate
Tues 10	Hills, interval training at Fife Cycle Park
Wed 11	Torchlit trail run – Benarty
Thurs 12	5 x 4min intervals at Park and Ride
Tues 17	Street-lit run (5 miles)
Wed 18	Christmas Treasure Hunt
Thurs 26	Boxing Day run at 10am

## Volleyball

The Perth League has started the new season with four Kinross teams competing this season: Kinross Scotrange in the Premier League with Kinross BB, Kinross Mongrels and Kinross High School in the Recreational League.

Kinross boys are well represented in the Perth & Kinross under 18 team competing in Scottish Volleyball's Junior National League against teams from Edinburgh, Glasgow and Aberdeen. In their opening set of fixtures the boys lost to Aberdeen by two sets to love and to Edinburgh NuVoc by two sets to one. This 'home' set of fixtures had to be played at Dunfermline High School as the Kinross Campus, North Inch Campus, Bell's Sports Centre, Perth College and Kilgraston School were all unavailable due to other bookings. The next round of fixtures is away in Aberdeen on Sunday 8 December. Kinross High School's senior boys and senior girls' teams competed in the Scottish Volleyball's Schools' Festival at Dundee's Lynch Sports Centre in early November gaining valuable playing experience against stronger opposition.

Monday evening coaching sessions have resumed after the school October holidays at the Campus from 8-9.45pm. New members are welcome to join in to play in one of our teams at either Premier or Recreational level.



## **Yoga Classes in Kinross**

www.simpliyoga.com

Tuesday Evenings - Kinross Church Centre

@7pm - All Levels @ 8pm - Active Yoga

Thursdays - The Millbridge Hall

Baby Yoga - Mums, Dads & Carers welcome

Pregnancy Yoga

enquiries@simpliyoga.com

07466 360152

Please contact before attending to ensure availability

## **Kinross Cycling Club**

www.kinrosscyclingclub.co.uk

Cold, dark days mean that cycling tends to shift indoors for the winter months, and

club members are maintaining fitness on their turbo trainers using training apps such as Zwift and Trainerroad. Club runs continue on weekends though and, weather permitting, there will be rides at 10am on Saturdays and 9.30am on Sundays until the clocks go forward. If weather is inclement there will often be the option of off road cycling or a MTB route. Please fit a rear mudguard if joining us on a road ride though.

Over winter we are also running a weekly general fitness class at the Wazfit Gym, 7-30pm to 9pm on Thursday evenings. Joanna Waz puts on a great winter programme of strength, conditioning, core and flexibility work aimed at targeting cycling musculature. Register your attendance on Wednesdays using Facebook.

We are also holding a monthly cycle coaching session at the Lochgelly Cyclepark. Our coach is former Scottish coach of the year, Martin Harris. The first of these sessions took place recently. It was an excellent 90 minute session combining a good workout with skills training. We will build on this over the winter months. Book your places using the link to entry central on our website.

2020 will be the tenth anniversary of our annual Kinross Sportive which takes place on the last Saturday in April each year. This popular early season event has allowed us to form a charity partnership with CHAS, and has enabled us to donate over £70,000 to them since 2010.

To commemorate the tenth anniversary, we are designing a new Sportive cycling jersey which should incorporate some art work from one of the Rachel House children. Recently members of the Sportive committee were lucky to be able to visit Rachel House in Kinross for a guided tour and an introduction to the valuable work they do. It is fair to say we were very impressed and moved by the experience.

Details of all club activities can be found on our website and Facebook page.

Wishing everyone a very Happy Christmas.



(Right to left) Lindsay from CHAS, with Jeff, Jane, Stewart and Trevor from KCC, in the foyer at Rachel House

## **Orwell Bowling Club**

Below is a photo of the prize-winners taken at the presentation of prizes dance which was held on Saturday 26 October. Although we are now closed for bowling, we still have winter activities in the club.



**KINROSS** 



The Milnathort Bridge club play on Monday evenings and there is whist on Tuesday evenings. We also have a bingo tea once a month. There will also be a Quiz night on Saturday 25 January. Please check local shop noticeboards for posters which will be advertising these events.

## **Kinross Tennis Club**

We may be well into winter but the Tennis is continuing at Kinross Tennis Club! Our winter coaching programme is busy with classes for Tots,



Juniors, Teens, and adult Beginners and Improvers available! We've also introduced a class especially designed by Judy Murray for Teenage Girls to try and boost the numbers of girls playing the game. For more information on coaching please contact Siobhan MacLeod at Kinrosstenniscoaching@gmail.com

Social sessions are also continuing to run on a Wednesday evening, Thursday afternoon and Sunday morning (weather permitting!) and new players are always welcome!

The club Christmas Dinner will be held on Wednesday 11 December at the Grouse and Claret. All members and coaching attendees are very welcome! For more information please email kinrosstennis@gmail.com

Further details on all our coaching and club activities can also be found by visiting the Club's Facebook page.

## The Newsletter on Facebook

We use our Facebook page to announce:



- our deadline and publication dates
- · what's in the next issue
- · reminders of some local events
- · occasional breaking news

'Like' our page to be kept informed. Search for 'Kinross Newsletter' or go to:

www.facebook.com/kinrossnewsletter

## **Kinross Golf Club**

www.kinrossgolfclub.co.uk

The end of season prize giving took place on Saturday 16 November. Club captain David Eastop hosted the event and presented prizes to the ladies winners. Ladies captain Jennifer Simpson presented prizes to the gents and juniors. As well as celebrating their successes, members and their guests were thoroughly entertained by after dinner speaker, Les Peters. Thanks to everyone who came along to celebrate the achievements of our winners.

Congratulations to all our 2019 major prize winners:

Gents Club Champion, Montgomery Cup, Thomas White; Beveridge Cup, Ewan Arthur; The Sutherland Trophy, Thomas White; The Hardie Trophy, George R Thomson; Piper Cup, David Mackenzie; Centenary Cup, Neil Burke; Seniors Cup, Robin Caldow; Summer Four Ball, David Leslie and Steven Leslie; Beeches Park Foursomes, Alan Wilson and Gary Paterson; Ladies Club Champion, Grant Trophy, Ann Smith; McEwan Trophy and Millenium Trophy, Audrey Thomson; Belle Sands Trophy and Falconer Trophy, Lyn Murray; Centenary Trophy, Jennifer Simpson; Millennium Cup, Jennifer Simpson and Geoff Knott.

A special award was presented to each of our junior members who not only came top of their regional league, but also won the national final of the junior golf sixes. Well done to Adam Herd, Oliver Jackson, Joe Ponton, Adam Ponton, Calum McGee, Ruaridh Smith, Charlie Pearson, Robbie Hepburn and Suilven Harris.

The AGM and prize giving for the Perth and Kinross ladies handicap league was held recently at Dunkeld Golf Club and, for the third time in four years, Kinross ladies were presented with the Loch Leven's Larder Trophy as league winners. Lyn Murray accepted the trophy on behalf of all the ladies who contributed to this success.

Congratulations to Jim Atkinson who had a hole in one on the first hole on the Montgomery on Wednesday 23 October.

## **Dates for the Diary**

Christmas Fayre menu from 3 to 21 December.

Sat 7 Dec: Motown Christmas party night

Tues 31 Dec: Hogmanay dinner dance.

Ask at the Bar or call the clubhouse on 01577 862237 for

more details about these events.

Follow us on Facebook and Twitter or check out our website for more information.



Golf Club Champion Thomas White



Kinross Ladies



Kinross Gents



Our junior members





## **Kinross Otters**

www.kinrossotters.co.uk

There is so much to talk about this month. The plan was to share the highlights of our very busy 2019 and the achievements of some of

our swimmers outside swimming. However, given what has been happening in the last six weeks, this will have to wait until next time!

First off, Club Champs 2019. What a day it was! So much commitment was shown by every swimmer and the atmosphere was electric. There was a great turnout of swimmers who provided exciting races throughout the day. This included the parent's race which now has a blacklist of 'hustlers' who went so fast they might find themselves banned from future events!

Again the kudos must go to all those involved in bringing the day together; from coaches and poolside helpers developing the swimmers technique to committee members who prep all aspects of the day, and officials running, judging and timing the events. Thanks everyone!

We are excited to find out who the winners are at our annual awards night ceremony on 27 November. Details of the lucky winners will be posted on our Facebook page.

Our league season ended with our Premier Squad finishing in fourth place. We had a few illnesses to contend with and some swimmers were unavailable, so special thanks go to Nixon Thompson and Duncan Bayne for agreeing take part just a few hours before the meet. Thanks also to those swimmers who swam up in other age groups. Coach Euan got his trunks on for the 50 and 100m free and Katie Fraser held her own in the 15+ category at the tender age of 12. That's the teamwork we celebrate at Kinross Otters.

The winners this season were our neighbours at Perth City Swim Club who put on a great battle against DCA. Many congratulations to them.

In early November we headed to the annual Midland Graded Meet in Dundee's Olympia. This is a great event which Kinross Otters traditionally do well at, but this year we smashed it!

The weekend meet started in dramatic fashion with a road closure due to a lorry fire. This meant that lots of swimmers ran in at the very last minute on Saturday. However, it didn't seem to daunt anyone as we ended up with three golds; two for Duncan Crichton and one for Rhona Mason. Silvers went to Tom and Stuart Pritchard and bronzes to Charlotte Chadwick, Katie Fraser and Rhona Mason.

We also took home five 'Too Fast' certificates which means the swimmers were too quick even for medals! Given it was Halloween, the programme featured a fun relay; we finished third in a combined team of Otters and our friends at Blairgowrie Dolphins.

Top prize goes to Katie Leonard in her first Otters meet. Katie won two silvers and rounded off the day with a broken



## Photographs of Kinross-shire

you'd be happy to share with others?
Visit www.kinross.cc to find out how to add your photos to the Photo Library. The aim of the library is to provide a resource for promoting Kinross-shire.



Club Champs

finger due to a freak accident exiting the pool. Totally uncomplaining, Katie came back on Sunday despite being unable swim, to cheer on her team mates, #Ottersforlife. Sunday was no different with a further six 'Too Fast' certificates and no less than eleven golds, seven silver and three bronze. Medals went to Zoe Neave. Ruaraidh Sturgess.

three bronze. Medals went to Zoe Neave, Ruaraidh Sturgess, Innes Rankin, Maeve Pakravan, Hayden Mackenzie, Stuart Pritchard, Tom Pritchard, Rhona Mason and Katie Fraser. There were lots of personal bests and almost every swimmer improved their times. Hannah Breingan achieved a whopping 16 second reduction! It was a great weekend with fantastic

efforts from everyone. We are so proud of all your hard work. Well done to all the Otters and other local swimmers who did so well at Tayside Schools in mid-November. There were lots of medals and personal bests. Hopefully an Otter or two will be representing us at Scottish Schools so watch this space! If you are interested in joining our club, contact us about our open assessment day on 8 December. You can find full details on our Facebook page.

All in all it has been a great month and a great year for Otters. Here's to 2020! #Ottersrock!



# **Scottish Women's Institutes**



**CLEISH** – Dorothy Morris welcomed members and visitors to the October meeting. We had a most enjoyable talk from Michelle Silvera about her life as a vet. Anne Douglas gave the vote of thanks.

Flower of the month Anne Doig
Favourite animal ornament Dorothy Morris
Knitted square Marion Laird

Our meeting on 11 November was held at Loch Leven's Larder. Dorothy Morris welcomed both members and visitors. We then had a very interesting talk about how the Larder started in 2005 and how it has progressed since then. We were then given two demonstrations, one on gift wrapping and the other on how to make an onion and cheese twist. We then enjoyed the opportunity to do some shopping. Agnes Thomson gave the vote of thanks.

Our December meeting is on 6 December and it is our annual coffee, cake and carols.

**BISHOPSHIRE** – Joanne Cowan welcomed members and visitors to the meeting, after dealing with business she introduced our speaker – Andrew Wilson.

Andrew delivered an excellent talk on his family involvement with William Wilson & Son pet shop in Glasgow and Craigend Castle Zoo near Milngavie, he took us on a fascinating and sometimes heart-breaking journey through the history of his family and their animals. There was a lively question and answer session after the talk.

The next meeting will be a talk by Kate White on Dollar Japanese Gardens on Thursday 9 January. New members welcome.

Decorated butterfly Margaret Paton Flower of the month Greta Hogg

**BLAIRINGONE -** November Meeting: President Mary Ramsay introduced Wilma Collier who makes wide ranging organic sustainable facial skin care products called Auryanna. Wilma explained that all of her ingredients are resourced from all around us in the form of lavender, nettles, marjoram etc and everything she uses must be environmentally friendly and organic. She had started her business three years ago and it had been a journey of learning, adapting and experimenting to finally making a product that after appearing on BBC Television was voted the winner by the general public. She explained that it had been a huge learning curve and apart from making cosmetics she was now branching out in making products for dogs and horses which is proving to be very successful. We were privileged to see Wilma making the cosmetics in front of us and then giving us the opportunity to sample. The outcome was that members returned to their homes looking and feeling years younger! Joyce, our secretary thanked Wilma for giving us such an enthusiastic and fascinating presentation and wished her well with her new enterprise.

Best household tip Agnes Murray Flower of the month Valerie Scott



**GLENFARG** – With Christmas on the horizon, Glenfarg held a very busy Open Night where members and guests learned the art of seasonal table centres and wreaths. Ably led by Alison Harrison, the ladies combined the holly and ivy with a mixture of brightly coloured evergreens to make attractive and effective decorations. Mulled wine, mince pies and shortbread made it even more of a festive occasion and Margie Davidson gave Alison a well-deserved vote of thanks.

Best wrapped parcel Alison Harrison
3 pieces shortbread Lesley Murison
Flower of the month Allison Messenger

**CARNBO** – We have had a busy month at the Rural. We had a Saturday workshop with Margaret Paton and Mary Mitchell where we all made a fused glass coaster, Snowman for the Christmas tree and various other items. We had PC Mathew Ross come to the hall to give a talk on scams, home and personal security. Then we had Jay and Susan give a workshop on autumn wreaths. I think we all excelled ourselves and went home with very professional looking wreaths. President Angela Browning welcomed everyone to the November meeting.

After business Mr Joe Fitzpatrick from the Falkland Centre for Stewardship gave a fascinating talk and slide show on the Archaeological dig on East Lomond and the items they have uncovered there going back to the bronze age. Grace Paterson gave the vote of thanks.

Carnbo SWI would like to thank all for their support and contributions to our recent coffee morning. £583.11 was raised.

The next meeting will be our Christmas party on 16 December at Carnbo Hall at 7.15pm.

Flower of the month Cath Mearns
Article in stone Lily Hall

**POWMILL** - Members Janet and Maz (photo below) took part recently in the Perth and Kinross federation bowling heats. They will represent the federation at the SWI national finals at Falkirk in April.



Our November meeting was a very enjoyable talk on the Holy land by Margaret Spence and Gillian Stuart. We were shown beautiful photographs and they shared with us some of the highlights from their trip.

Members Sharon Buchanan and Mary Wilson were present with their floral art judges certificates.

Houmous Trish Greer
Religious picture Trish Greer
Garden gem Mary Wilson

# **Out & About**

## **RSPB Loch Leven**

facebook.com/RSPBTaysideFife

www.rspb.org.uk/lochleven

Telephone: 01577 862355

rspb

At the end of October and at the beginning of November, RSPB Scotland Loch Leven hosted two dawn goose watches. The weather was probably kinder to us during the October watch but on both occasions the pink footed geese could be seen in their thousands mainly by St Serf's Island and there were also a few hundred geese roosting in Vane Bay. The geese eventually obliged us with a fantastic lift-off (although a rather sporadic lift-off during the November watch!) making a beautiful collective sound as they called to each other.



Kingfisher by Alex Gilfillan

Some lucky visitors have been treated to amazing close-up views of a kingfisher at the Gillman Hide (the hide nearest the Visitor Centre). The best time to see this dazzling bird has been early in the

morning before the trails become busy. It also requires a stealthy approach into the hide with no banging of windows or doors!

In addition to the pink footed geese and whooper swans which have arrived and settled on the reserve, we are beginning to see the arrival of the winter thrushes - the fieldfares and redwings. Redwings usually arrive first having completed their journey from Scandinavia. They are very like song thrushes but slightly smaller with a red underwing. They can be heard making their 'seep, seep' calls as they fly over, looking for a favourite rowan tree where they can feast on the berries. Fieldfares also migrate here for the winter from Scandinavia. These are large thrushes, the size of mistle thrushes but they have slate coloured heads, a white rump and make a very distinguishable call of 'chacker, chack, chack' - as they fly in noisy groups in search of berries.

Little egrets have been spotted out on the reserve wetland. They belong to the Heron family but are slightly smaller than the grey heron. The little egrets are easily identified by their all white plumage and yellow feet! Sometimes they are very hard to see as they like to patrol the water channels and can be hidden by the reeds. Hopefully they will choose to stay over the winter. Last winter we were fortunate to have them on the reserve most days.

Now that the days are shortening, there may not be quite as much time to be out walking and enjoying the countryside, but our visitor centre is still open for hot food, hot drinks and Christmas shopping! Don't forget about feeding the birds – we have a wide selection of bird food available in our shop.



Fieldfare by Paul Ashcroft

This December we are organising a Christmas Trail around the reserve from Saturday 21 December to Tuesday 24 December 10am to 4pm. Come and visit us and see if you can find Santa's missing items hidden around the woodlands so that Santa is ready for Christmas Eve!

## Please be aware that our opening hours over the Christmas period are as follows:

24 December Visitor centre and shop 10-4pm, Cafe 10am-4pm

Christmas Day & 26 December Closed

27-31 December Visitor centre and shop 10-4pm, Cafe 10am-4pm

New Year's Day & 2 January Closed

Please note, the trails, toilets and hides will remain open throughout the festive season- so please feel free to drop by for that post-Christmas dinner walk!





## **Loch Leven NNR**



We've had the first really cold weather of the winter and there's snow on the distant hills.

The loch level remained high throughout which is unfavourable for many of the visiting dabbling ducks but plenty of diving ducks remained. It was noticeable that there were many whooper swans on the loch this autumn, many of which were roosting on the loch and feeding in the fields to the west. One day I counted over 900 swans (both mute and whooper) from St Serfs Island. That represents a lot of bird biomass on the loch. The ornithological highlight of the month was Loch Leven's second record of a Great White Egret. A bird was photographed at Levenmouth Pools and later seen on St Serfs.

Last year there were a decent number of waxwings recorded locally. There are waxwings present this year but their numbers have been fewer. Keep an eye on your local rowan trees for these birds from the north. We've seen them at the pier and along Springfield Road. They'll be sightings put on the blog.

We have our last couple of events of the year down at the Pier this year, and if you are creative they are right up your street. There will be a Christmas decoration making event at the Pier on **7 December** from 2 until 4pm. Come along and create your own Christmas decorations made from natural materials. There will also be a wreath making evening at the pier on **12 December** from 7 until 9pm. The events are free but please book via email: lochleven\_nnr@nature.scot or phone 01738 458609.

I've been out on the Softrak this autumn. We've been cutting areas at Findatie, Burleigh and Carsehall. This machine is low ground impact and perfect for cutting the meadows around the loch without doing any damage to the ground. I've also been helping my colleagues in Tayside cutting Meadows in the Perthshire Highlands.

During the last month SNH hosted a Parliamentary reception at Holyrood. We met up with MSPs to tell them the importance of National Nature Reserves in Scotland. We had a speech from the minister and we were showcasing Scotland's NNR (of which Loch Leven is one of the premier) to the Scottish Government and some of its partners with friends from TRACKS and Kinross Trishaws.

The Loch Leven Catchment management group met during the month to look at the water quality issues at the loch. Watch this space for more information on how water quality improvements are being made.

The volunteers have been exceptionally busy this month. A major bit of work was to replace the ramp at Burleigh hide. We had another visit from Haggis Adventures who helped by cutting some gorse at Carsehall. Unfortunately, the day was rainy but we still managed to get lots cut.

We managed to get the sheep off St Serfs without a hitch. They now go back up the hill where they will be offered to the tups.

Please keep an eye on the blogs, Facebook and Instagram pages. We still endeavour to update them all regularly.

TTFN Jeremy Squire – Reserve Officer



## "Exclusively Inclusive"

Find out more on our website and follow us on Facebook/Instagram

First Floor, Jamesfield Centre | Abernethy | KYI4 6EW www.treehouseandgym.co.uk info@treehouseandgym.co.uk @treehouseandgym

## Weather



# October Weather Report from Kinross

Total rainfall 88.7mm = 3.54ins Heaviest rainfall 19.1mm (13th) Total sunshine for the month 112.9 hours Sunniest day 8.6 hours (27th) Minimum temperature average 1.65°C Lowest temperature -5.5°C (28th) Maximum temperature average 11.49°C Highest temperature 15.8°C (7th)



## Farming

The nights are fairly drawing in, and things are settling down for our winter routine here at backward farm. The cows are inside and enjoying being sheltered from the elements. Thev could possibly have benefited from being brought in a week or two earlier but there was plenty of grass for them to graze on. The tups are all out with the ewes and there seems to be plenty of activity, so we will see what happens in due course. I was disappointed with our lambing percentage this spring so I thought I would treat the ewes to some pre-tupping mineral tubs this year. As their name suggests, these tubs are filled with a carefully selected blend of vitamins and minerals which are mixed with molasses to make them a tasty treat for the sheep to lick. This should boost the health and metabolism of the sheep, therefore improving their fertility and increasing the number of lambs they give birth to. However, consumption of their 'sanatogen lollipops' has been very slow, so either they aren't keen on their new health food regime, or they aren't needing the extra nutrition.

The pigs are up to their usual antics of destroying everything in front of them and their numbers have been boosted again by the arrival of three litters of piglets. They farrowed in their arcs out



in the fields and this seems to work well, although Sophie, the favourite sow was transferred to the mobile maternity unit (livestock trailer) for some extra attention. She will be moved back out to the field soon.

the Christmas tree harvest for our local tartan themed Christmas tree farmer, and it is a very different type of harvest. You certainly don't appreciate the time and effort that goes into getting your Christmas tree ready to choose until



Harvest has been tidied up, with the exception of a few loads of straw bales to come in. The potato harvest that I help with, for a local barley/biomass/ potato baron, was quite a tricky affair as the ground conditions were very wet. The last field we had to harvest was approached with great trepidation as it was expected to be the wettest field, and it was appropriately named 'sinky's field'. It was a case of sinky by name, sinky by nature! Fortunately, our arrival in that field coincided with a week of dry weather which saved the day and most of the potatoes were lifted safely. There was only one driver who got his tractor stuck in that field (twice) but he will remain nameless to spare any blushes!

The word 'harvest' in farming is usually associated with combine harvesters roaring up and down fields of golden cereals, but it can refer to a variety of different crops. A slightly different harvest I have become involved with is

you are involved with the process. The trees we are harvesting have been growing for nine years and almost all care and maintenance work carried out on them is done by hand. They are all measured and labelled according to size and for different markets manually, and finally they are all cut, carried and fed into the netting machine and hand built in the palletising machine, after which they are taken into the yard by tractor to be loaded on to a lorry. The biggest challenge is undoubtedly keeping the trees clean before they are packed, as the conditions in the field quickly get very mucky, especially on wet November days.

It has been a very interesting experience and I would ask that when you are selecting your fresh locally grown tree, take a moment to think about the effort it has taken to get it there.

Have a Merry Christmas and a Happy New Year!

John





# Kinross-shire Churches Together

Kinross



## Kinross Parish

## Church of Scotland

 $m{F}$ ollowing Christ I  $m{S}$ preading the Word I  $m{S}$ erving the Community

10 Station Road, Kinross KY13 8TG (Charity no SC012555)

Church website: www.kinrossparishchurch.org
Facebook: www.facebook/kinrossparishchurch.org
Church E-mail: office@kinrossparishchurch.org

Church office and church open: Mon-Fri 10am-12 noon.

Church Office: Tel. (01577) 862570
Contact the church office if you are interested in leasing rooms in

the church or church centre.

Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952

Ordained Local Minister:

Rev Margaret Michie Tel: (01592) 840602 Session Clerk: Jaffrey Weir Tel: (01577) 865780

Events listed below are in the church unless indicated otherwise.

## **Regular Services and Events**

(Check weekly Intimations on website for alterations to regular events during the Christmas period)

**Sundays:** 10.30am: Morning Service with creche. Junior Church (age 3 to P7) and 'Jam Pact' (Secondary Age) meet at church centre from 10.15am, finish at church.

7.30pm: 'Crossfire' (S1 upwards) in church centre. **Tuesdays:** 10am: Pram Service (during term time). **Wednesdays:** 10.45am: Service, Church Centre. 12noon: Midweek Prayers. 1.30pm: Craft Group.

Fridays: The Brigade, Church Centre.

Anchor Section 6-7.15pm, Junior Section 7-9pm,

Company Section 8-10pm (Contact: David Munro 862126). **Saturdays:** 10am-12noon 'Coffee Stop', Church Centre. Coffee,

cakes and book sale most Saturdays.

## Other Events and Services

## December

Sun 1 10.30am: Quarterly Communion Service. Collection for Bethany Christian Trust which supports the homeless (Charity SC003783).

Mon 2 8am: Silent Meditation.

**Tue 3** 7.15pm: Guild Christmas Meal, church centre. Restart 4 Feb.

**Thu 5**: Thursday Group – Christmas Meal Outing.

Fri 6 - Sun 8: Crossfire Youth Group - weekend away.

 $\textbf{Wed 11} \ \ \textbf{7.30pm: Christmas Wrap-for Churches Action for the Homeless}.$ 

**Sat 14** 8.30am: Prayer Breakfast (names in advance to church office).

**Sun 15** 7.30pm: Crossfire Christmas party, church centre. Restart 12 Jan.

**Thu 19** 9pm: Late evening service of Compline.

## Advent and Christmas at Kinross Parish Church

**Sun 15** 10.30am: All-age Nativity Service.

Mon 16 6.30pm: Remembering Loved Ones at Christmas

- a quiet service of reflection.

**Sun 22** 10.30am: Service of Carols and Readings.

2pm-3pm: Track The Nativity - Family Week event

Tue 24 Christmas Eve: 'A Light in Every Street': put a tea light in

4.30pm Crib Service for Families.

11.15pm Watchnight Service – usher in Christmas Day.

Wed 25 Christmas Day: 10.30am Christmas Worship.

Sun 29 Christmas Sunday: 10.30am Morning Worship.

## January

**Sun 5** 10.30am: Morning Worship, followed by informal Communion.

Mon 6 8am: Silent Meditation.

Sat 11 8.30am: Prayer Breakfast.

**Thu 16** 9 pm: late evening service of Compline.

**Sun 19** 10.30am Morning Worship – Week of Prayer for Christian Unity.

**Sun 26** 6.30pm: Informal Evening Service – The God Question.

## Cleish Parish Church Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Neil Maclure

Email: neil.maclure19@gmail.com Tel: 01577 864826

Please visit our website: www.cleishchurch.org

Sunday Services 11.15am

### December

Sun 1 11.15am Morning Worship and Junior Church followed by refreshments in the Village Hall in aid of Guild funds. Traidcraft Stall.
 3pm Joint Service of Remembering to be held in Cleish Church this year.

Mon 2 3.15pm Messy Church in the Village Hall. Open to all children and their carers.

Sun 8 11.15am Morning Worship\*.

Sat 14 8.30am Men's Breakfast Meeting in Elizabeth Wilkie Hall, Fossoway.

Sun 15 11.15am Morning Worship\*.

Sun 22 11.15am Morning Worship\*.

Tue 24 11.15pm Christmas Eve 'Watchnight' Service of carols and praise.

Wed 25 11.15am Christmas Day 'Toy Service' for the whole family.

Sun 29 11.15am Morning Worship\*.

A service of readings and carols.

## January

Sun 5 11.15am Morning Worship\*.

Sun 12 11.15am Morning Worship\*.

Sun 19 11.15am Morning Worship\*.

Sun 26 11.15am Morning Worship\*.

**Congregational Lunch** in the Village Hall.

Mon 27 2pm Cleish Guild meet in the Village Hall.

Please note that refreshments will be served in the Young Room after Morning Worship. All welcome.



## Loch Leven Church (Charity No: SC049050)

Loch Leven Church meets at Loch Leven Community Campus, at 10.30am each Sunday.

Forthcoming services for all the family:

A Fresh Perspective on Christmas

**8 Dec** Joseph's Perspective.

**15 Dec** Mary's Perspective.

22 Dec A Heavenly Perspective.

Everyone is warmly welcome. To find out more about us, please visit www.lochlevenchurch.com.

## Orwell and Portmoak Parish Church

Church of Scotland (Charity number SC015523)

Minister - Very Rev Dr Angus Morrison

Telephone: 01577 863461

Email: angusmorrison3@gmail.com

Website: www.orwellportmoakchurch.org.uk Sunday Worship, Junior Church and crèche:

10am Portmoak Church

10am Portmoak Church, 11.30am Orwell Church.

All children welcome. Crèche available during the services.

Please note that joint services will be held on the first Sunday of each month in alternate churches at 10.30am.

Prayer Meeting held 30 mins before each service.

**Service at Ashley House**: first Thursday of the month at 2.30pm (except for January when it will be on the 9th).

## **Morning Prayers at 9am**

Each Thursday at Portmoak Church New Room. Each Friday at Orwell Church.

Messy Church Saturday 25 January in Orwell Hall from 4-6pm.

## Dates and events for your diary

**1 Dec** Joint All-age Service in Portmoak Church at 10.30am.

No morning service at Orwell Church.

**8 Dec** Communion services in both churches at the normal times.

**10 Dec** Culdees Celtic Service in Portmoak New Room at 10.30am – All are welcome.

**13 Dec** Oasis Ladies Group meets in Portmoak New Room at 10.15am – Carols, Readings and Poems.

**18 Dec** Carols @ The Cross, Milnathort at 6.30pm.

**22 Dec** Joint All-age Service in Orwell Church at 10.30am No morning service at Portmoak Church. Carol service at Ashley House at 2.30pm.

**24 Dec** Christmas Eve service at Portmoak Church at 6.30pm. Watchnight service at Orwell Church at 11.30pm.

**25 Dec** Christmas Day service at Orwell Church at 10.30am.

Jan Joint All-age Service in Portmoak Church at 10.30am without the Praise Band.
 No morning service at Orwell Church.
 The Guild meets in Orwell Hall at 2pm – David

Lawrie talks about Farming in Rwanda. **14 Jan** Culdees Celtic Service in Portmoak New Room at

**14 Jan** Culdees Celtic Service in Portmoak New Room at 10.30am – All are welcome.

21 Jan The Guild meets in Orwell Hall at 2pm – Lorna Ferguson talks about Living in Japan.

**28 Jan** Culdees Celtic Service in Portmoak New Room at 10.30am – All are welcome.

**31 Jan** Oasis Ladies Group meets in Portmoak New Room at 10.15am.

## Everyone welcome!

## Church office & shop open Mon-Fri. 10am-12pm.

29 South Street, Milnathort KY13 9XA.

Christian cards, gifts, bibles and books for sale. Printing and copying facilities available. Recycling for ink toners, stamps & batteries. Donations of food can be made for the local foodbank.

## Please note new office opening times.

Contact the Office 01577 861200 orwellandportmoakchurch@gmail.com

## Fossoway, St Serf's & Devonside Church

Church of Scotland (Charity number SC013157)

Church Road, Crook of Devon, Kinross-shire, KY13 OUY

www.fossowaychurch.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassicsoul@aol.com

Our church is a very warm and welcoming place situated in the Crook of Devon, a small village about six miles from Kinross. Come and join us, we would love to meet you.

Sunday Services at 9.45am. All are welcome.

## December

Sun 1 9.15-9.30am A Time for Prayer. 9.45am Morning Worship followed by refreshments and Traidcraft stall.

**Thu 5** 7pm Country Rock Concert. '*Longstay*' staring Callum Campbell.

Fri 6 6-8pm Nativity Sets Festival. 7.30 – 9.30pm Film Night '*Yesterday'*.

**Sat 7** 1.30pm -3pm Christmas Bazaar and Nativity festival. 3-4pm Community Carols.

**Sun 8** 9.15-9.30am A Time for Prayer. 9.45am Morning Worship.

Sun 15 9.15-9.30am A Time for Prayer.
9.45am Morning Worship: Christmas Nativity service.
6.30pm Sing-a-long-a Panto. Christmas jumpers a must!
Refreshments afterwards in the Elizabeth Wilkie Hall.

**Sun 22** 9.15-9.30am A Time for Prayer. 9.45am Morning Worship.

Tue 24 5pm Family Christmas Eve Service with activities for children.
 11pm Watch Night Service, Carols from 11pm, service starts at 11.15pm.

**Wed 25** 9.45am Christmas Day family service. Bring a toy or gift

**Sun 29** 9.15-9.30am A Time for Prayer. 9.45am Morning Worship.

## January

Sun 5 9.15-9.30am A Time for Prayer.
9.45am Morning Worship followed by refreshments and
Traidcraft stall.

Sun 12 9.15-9.30am A Time for Prayer.
 9.45am Morning Worship.
 Sun 19 9.15-9.30am A Time for Prayer.
 9.45am Morning Worship.

**Sun 26** 9.15-9.30am A Time for Prayer. 9.45am Morning Worship.

## **Refresh Thursday**

Thursday afternoons 2-4pm. Our last refresh for 2019 will be on 12 December. We will start again on 9 January 2020. Join us for a friendly blether with delicious home baking, tea and coffee, all are welcome.

## **House Group**

There will be no meetings in December. For more details please phone Debbie Hill 01577 842268.

## **Film Evening**

Friday Film Night 6 December – Yesterday.

Friday **3 January** 7.30pm – 9.30pm **Downton Abbey**.

Please join us for the film, a cuppa and a blether and even some popcorn.

## **Fossoway Babies and Toddlers**

Every Friday during term time 9.30-11.30am. Christmas show in Perth **Thursday 19 December**, 1.30pm. Closed December.

## St Paul's Scottish Episcopal Church

(Part of the Worldwide Anglican Communion) Muirs, Kinross, KY13 8AY Tel: 01577 864299

Email: office@stpaulskinross51.plus.com

www.stpauls-kinross.co.uk

Fr David Mackenzie Mills, Rector. Tel: 01577 863795

Email: frdavidkinross@gmail.com You can also find us on Facebook

www.facebook.com/stpaulsepiscopalchurchkinross

St Paul's is inclusive, friendly and welcoming to all age groups (whether regular churchgoers or if you're simply inquisitive about who we are and what we do.)

We are excited about the ways in which God is calling us to grow as a community, for the community. (The Rector is licensed by the Registrar's Office to conduct same sex marriages at St Paul's). Our aim is to express our deep appreciation of both the spoken and sacramental Word with a lightness of touch and a smile.

Children are equally welcome to stay in church during the service or go to the meeting room for Sunday School and everyone is particularly invited to stay together during our monthly 'Whole Church' services.

We predominantly use the 1982 Liturgy on Sunday mornings but create experimental devotion for special events throughout the year. If you would like to give us a try, we look forward to meeting and greeting you and hope that you might enjoy becoming part of this faithful family of Christ.

1st Mondays 10am Pastoral Care group (Side chapel).

Tuesdays 11am Informal Holy Communion (Church Office).

Thursdays 1.45-2.45pm Rector's Hour. An opportunity to drop in and speak to the Rector in the church office.

## Forthcoming services and events - all welcome

## December

#### **ADVENT SUNDAY (Hope)** Sun 1

8.30am Holy Communion.

11am Sung Eucharist and Lighting of the First Advent Candle, followed by the church's Annual General Meeting. (No Evensong).

#### Sun 8 Advent 2 (Bethlehem and the way of the Prophets)

8.30am Holy Communion. 11am Sung Eucharist and Lighting of the Second

Advent Candle, with Prayers for Healing in the Side Chapel immediately afterwards. The Rector will be 'In Conversation' with his Spiritual Director, the Reverend Neil Barclay.

4pm Service of Readings and Carols for Advent.

#### Sun 15 Advent 3 (Gaudete Sunday and John the Baptist)

8.30am Holy Communion.

11am Whole Church Sung Eucharist and Lighting of the Third Advent Candle, with Sunday School Nativity.

## Sun 22 Advent 4 (The Virgin Mary)

8.30am Holy Communion.

11am Sung Eucharist and Lighting of the Fourth Advent Candle. Celebrant & Preacher: Bishop Ian Paton. 4pm Service of Readings and Carols for Christmas followed by mulled wine and mince pies in the Meeting Room.

Mon 23 11am Family Christingle Service.

Collection will go to the Aberlour Children's Trust.

#### Tue 24 **CHRISTMAS EVE**

11.30pm Christmas Eve Midnight Mass.

## Wed 25 CHRISTMAS DAY

8.45am Said Matins (1662).

10am Christmas morning Family Sung Eucharist.

#### Sun 29 **Thomas Beckett**

8.30am Holy Communion.

11am Sung Eucharist.

The Rector will be away on holiday from Christmas Day afternoon until Thursday 2 January 2020

## St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329 www.catholickinross.com Email: Fr.MartinPletts@gmail.com

facebook.com/parishpriestkinross/ facebook.com/stjamesprayergroup/

## **Regular Services**

Mon	7pm	Holy Mass preceded by Confessions and
		Prayer Group at 8pm in the church hall.
Tue	10am	Holy Mass preceded by Confessions and
		Morning Prayer (9.30-9.50am).
Wed	10am	Holy Mass preceded by Confessions and
		Morning Prayer (9.30-9.50am). Teas/
		Coffees after Mass, in the church hall.
Thu	10am	Holy Mass preceded by Confessions and
		Morning Prayer (9.30-9.50am).
Fri	10am	Holy Mass preceded by Morning Prayer
		and Confessions (9.30-9.50am).
	3pm	Divine Mercy Devotions.
Sat :	10-10.30am	Adoration of the Blessed Sacrament and

Confessions (first Saturday of every

month Holy Mass at 10am).

6pm Vigil Mass.

Sun 9.30am Mass (teas/coffees after Mass in church hall).

Confessions also on request.

Prayer Group meets on a Monday, 8pm-10pm, in the church hall and is open to all.

Children's Catechism class meets every Monday during term time, 3.45pm-4.30pm in the church hall.

The weekly newsletter, Mass times, news and updates or changes can be found on our website.

## **Kinross Christian Fellowship**

Jesus said, 'I am among you as one who serves.' Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross. Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Biblebased preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.) Everyone is welcome to either service or to both, so please

come and, taste and see that the LORD is good.

Contact Peter on 01577 863509, for further information.

KCF also runs the Talking Donkey cafe – see separate notice in the Newsletter. Additionally, the Friday evening Youth Group at the Millbridge Hall (Space) is also the responsibility of our Fellowship, and we are pleased to accept this privilege.

## Kinross Gospel Hall

Montgomery Street, Kinross www.kinrossgospelhall.info

Sunday 10.30am Breaking of Bread.

12.30pm Sunday School.

4.00pm Gospel Meeting (1st and 3rd Sundays of the month, Friends and Neighbours Tea).

Monday 7.30pm Prayer Meeting.

8.15pm Bible Study.

Thursday 9.30am Toddlers Group (Montgomery Toddlers).

# A Light in Every Street on Christmas Eve



At the Kinross Christmas market in November small packs containing a booklet about the Christmas story, an invitation to Christmas events and a tea light were distributed to the public. The plan is that when dusk falls on Christmas Eve as many people as possible will light a tea light on their window sill to proclaim the coming of the Light of the World – Jesus. Further packs are available from Kinross Parish Church office.

## Kinross Parish Church Thursday Group.

We are a small group of women who meet on the first Thursday each month at 7 for 7.30pm in Kinross Day Centre inviting various guest speakers.

Dates for the following months are as follows:

5 December Christmas Meal

9 January, 2020 T.B.C.

6 February, 2020 Cathy and Mary, Loving Hands.

5 March, 2020 Open Beetle Drive. 2 April, 2020 Roy Gilmour, Men's Shed. 7 May, 2020 AGM Buffet Supper

## Track the Nativity

The Family Week team at Kinross Parish Church invites you to track the Nativity Story and meet the cast, starting and finishing at the church in Station Road. It's happening from 2-3pm on Sunday 22 December. Hunt for the characters from the Christmas Story who will be hidden around the centre of Kinross, and ask them questions to complete a quiz and win a prize. Finish off and warm up with some hot chocolate and carol singing back at the church. Everyone welcome.



Track the Nativity at Kinross Parish Church

## Celebrating 30 Years

A large company of members and friends from Kinross Parish Church of Scotland and neighbouring churches recently met for a special service to celebrate the 30th anniversary of the ordination of Rev Alan Reid, the church's minister. Among those present were members from Alan's previous charge at Newcastleton in the Borders and two of Alan's predecessors at Kinross Parish Church, Rev John Munro and Rev Leslie Barr. The Very Rev Dr Angus Morrison, minister at neighbouring Orwell and Portmoak, welcomed the congregation and delivered a reflection. He joked that praising Alan in Kinross Parish Church was like 'sending black pudding to Stornoway!'. Further tributes were paid by his long-term friend from student days, Rev Ken Stott, and Session Clerk Jaffrey Weir. Presentations were made to Alan and his wife Christine and a collection of over £400 was taken for his chosen charity, the Scottish Bible Society.



Christine and Alan Reid at the special service to mark Alan's 30 years since ordination

## Join The Global Movement

Bible 2020 is a global initiative of the Scottish Bible Society encouraging the church around the world to unite and read the Bible aloud each day



in our cities, towns and countryside believing that by doing this we can bring change. It is a year-long project to speak the truths of scripture across every country and nation, as the same verse is read in over a hundred countries and in over a thousand languages, and upholding a centuries old tradition of Bible reading.

You can be a part of this by downloading the bible2020 app. You will receive a verse each day to your phone and you are invited to read this aloud wherever you happen to be that day — out and about or at home; hill-walking or shopping. Why not film yourself reading the passage and then upload this to the video wall, which will show pictures of Everyone Everywhere reading God's Word together? Stories from around the world will emerge as the year goes on. Look out for updates!



# playgroups and Toddlers

## Milnathort Babies & Toddlers

## Orwell Church Hall, Milnathort Friday 9.30am-11.15am

A relaxed and friendly group
Healthy snacks, tea & coffee
Children from birth to 3 years
(5 years if attending with younger sibling)
Great fun for the kids, mums, dads and carers!

## PLACES NOW AVAILABLE!



To join in the fun call 07745 804539 Email milnathortbt@gmail.com Or find us on Facebook



## **GLENFARG BABY AND TODDLER GROUP**

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Mondays, 9.30-11.30am, term times.

Healthy snack for children, coffee/tea & biscuits for carer Role play, jigsaws, physical toys and arts and crafts Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Catherine Mason on 07583 022608 or just come along!

## **LOCHLEVEN BABIES & TODDLERS**

Masonic Hall, The Muirs, Kinross Session times (term time only)

Tuesdays 9.30-11.15am, Fridays 9.30-11.15am Contact Debbie Kennedy 07545 339494, debileighs@hotmail.com

All Mothers, Fathers, and Carers are welcome to attend, with children aged birth to 5 years if accompanied by a younger sibling who shall be 3 years old or younger.



## **FOSSOWAY TODDLER GROUP**

Fridays 9.30 and 11.30am
Fossoway Church Hall, Crook of Devon
£2 for 2 hours play
Warm and cosy space
Fresh fruit snack and juice or water for kids
Tea/coffee and biscuits for adults

## SWANSACRE PLAYGROUP, SCIO

21-23 Swansacre, Kinross Tel: 01577 862071/07592 392235 www.swansacreplaygroup.org.uk Facebook @Swansacre



We provide a warm, friendly, nurturing and stimulating environment in which children can learn and develop through play.

Monday Garden Guddle: 9am-3pm Tuesday Playgroup: 9.05am-11.50am Rising 5's including Lunch Club: 12.10pm-3.10pm Wednesday Playgroup: 9.05am-11.50am Thursday Playgroup: 9.05am-11.50am Friday Playgroup: 9.05am-11.50am

Garden Guddle is an outdoor session in the grounds of Swansacre Gardens. The children can expect lots of mud, water, fun and exploration. Aimed at 3-5 year olds.

*Playgroup* is aimed at children from 2-5 years of age. The children have a vast variety of equipment and resources to help them learn through play.

Rising 5's is aimed at children in their pre-school year. It aims to sit alongside school nursery, and the sessions are more structured and filled with activities to engage children.

Please contact Victoria for availability or more information on the above sessions: **enrolments.swansacre@gmail.com** 

Swansacre is also available to hire for Private Functions. For more information or to book please contact Lesley on: facilities.swansacre@gmail.com

Swansacre Playgroup SCIO - SC017748 - Registered Scottish Charity

## **PORTMOAK UNDER 5s**

Portmoak Hall – between Kinnesswood and Scotlandwell (only 10 mins from Milnathort and Kinross)



We are a friendly and relaxed group welcoming children under 5 years and their parents/carers. We offer a wide range of activities including arts and crafts, dressing up, outdoor play and stories. We also on occasion arrange outings, parties and have special visitors who come to the group!

Session times: Tues & Fri 9.45am-11.30am.
Sessions are £2 per child (£1.50 for under 1s) and 50p for each additional child. A snack is provided.

For all queries please email portmoakplaygroup@hotmail.com or find us on Facebook

## **MONTGOMERY TODDLERS**

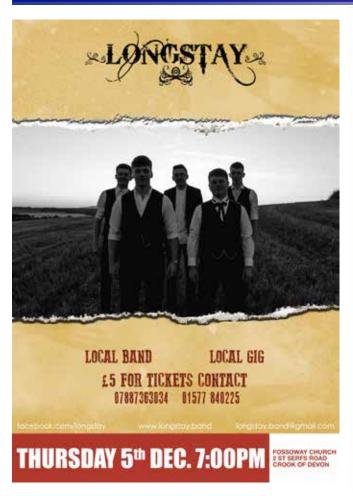
Every Thursday 9.30am-11am (term-time only)
The Gospel Hall, Montgomery Street, Kinross.
Contact Christina Smith 01577 840733 or 07792 260509

## **Private Nurseries and Childcare**

For private nurseries and childcare services, please see advertisements throughout the Newsletter.

To inform the Newsletter of any changes to Playgroup information, please send an email to: editor@kinrossnewsletter.org

# **Notices**







## The Gaelic Society of Perth

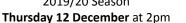
The Gaelic Society of Perth will hold their December ceilidh at St Matthew's Church Hall, Tay St, Perth on Friday 6 December at 7.30pm. This ceilidh will feature the highly talented members of the Stirling Gaelic Choir – who performed very well at the Mod this year and they will perform in a variety of musical arrangements. The highly entertaining duo of Joan Blue – piano, and Stella Wilkie – fiddle, will provide the music as will a member of the Perth Pipe Band.

The January ceilidh will be on Friday 10 January with Anne Bennett, Ross Penman and Steven MacIver. Admission is £6 for Members and £7 for Non-Members - for an evening's entertainment plus refreshments! Please note that these are traditional highland cèilidhs - lots of music and singing but no dancing Further information can be obtained from the Secretary on 01577 864589, on our website gaelicsocietyofperth.com or like us on Facebook - we are Gaelic Society of Perth.



## Kinross Garden Group

2019/20 Season





Jim Jermyn from the Branklyn Garden, Perth will give a talk

'Branklyn Garden, a legacy to Mr and Mrs Renton'.

All welcome to join us.



'Christmas is a-coming, the goose is getting fat', says the old nursery rhyme but there's still plenty of time to come to next Networking Breakfast meeting before making room for all that Christmas Fayre! Wednesday 4 December 2019 is the date to put in your diary - and don't forget to book ahead so that the Larder staff can have one of their excellent breakfasts ready for you.

As well as having our usual relaxed pre-breakfast networking over hot drinks and fruit juice, there will a chance for everyone to tell the assembled company who they are, what they do, and what we can help them with – be that a contact, an introduction, or just listening.

Our guest speaker this month is Steven Mitchell, Buffalo farmer, co-star of BBC's 'This Farming Life', and the sixth generation of his family farming in Fife. The Buffalo Farm was established in 2005 by Steven with the objective of producing superior quality meat to market direct to the public, through local door to door sales and farmers' markets. The Buffalo Farm has now developed into a full butchery business, including a wholesale and traditional butchery outlets, a catering supply, event and private catering and an onsite cafe. Steven now has plans to build a manufacturing facility, milking parlour and employ six more people, to create the first Scottish-produced buffalo mozzarella. It's a bold scheme and he is looking to raise £800,000 to fund it. So why not come and listen to the man – with the passion for soft, smooth and deliciously Scottish mozzarella – tell us 'Why buffalo?', about the journey so far, and about his inspired "Founders Club" crowdfunding scheme?

The meeting will be at Loch Leven's Larder from 7.15 to 9am as usual, and we welcome local businesses, individuals and groups to come along. If you're new to Kinross-shire and looking to find out what services or businesses are here, this is a great way to do it. Likewise if you're starting a new venture or looking to extend an existing one, come and tell the Networking Breakfast all about it on Wednesday 4 December 2019.

We encourage everyone to book a place in advance. Please email Karen Grunwell at mail@kinrosspartnership.org.uk and she will send you a reply with the option to book and pay in advance through EVENTBRITE. If you choose not to pay online in advance, you can pay in cash on the day. Full details are available when you book. The meeting cost, including a full cooked breakfast, is £10 per person.

www.kinrosspartnership.org.uk www.facebook.com/visitlochleven www.visitlochleven.org www.twitter.com/VisitLochLeven

## Funding Alert!

PKC regularly produces a huge list summarising funding opportunities for the voluntary sector. The list will be posted on www.kinross.cc or telephone the PKC grants helpline on 0345 60 52000.

If your organisation is seeking funds, look out for notices in the *Newsletter* for Kinross Community Council Newsletter Ltd Charitable Grants and the Kinross-shire Fund.

## Glenfarg Folk Club

**KENT DUCHAINE** – venue change: Loch leven suite Green hotel

Monday 2 December

Members £8; Non-Members £10

We welcome Kent DuChaine back to the club for our last blues night of the year .With his well-worn national steel guitar 'Leadbessie' he will warm you and immerse you into his life with his humour and musicianship.

**TRIALS OF CATO** - BBC radio 2 award winners 2019 for best album

Monday 9 December

Members £8; Non-Members £10

Three young men formed a band while working in Beirut. Tomos Williams on guitar, Will Addison on Irish bouzouki and tenor banjo Robin Jones on mandolin and tenor banjo. We welcome them back to the club to hear them sing and play the music of their English/Welsh roots with a hint of Eastern promise

## **SINGAROUND**

Monday 16 December

ALL £3.00

The final Club night of the year so please come and share some festive cheer with everyone. Celebrate with the sounds of music to brighten up the dark nights and send you on your way.

Club is closed until 13 January when we welcome Haggerdash to start the New Year.

## **HAGGERDASH**

Monday 13 January

Members £8; Non-Members £10

To welcome in the New Year what better way to start than with Alan Jones, Jack Bethel & Billy Stewart, commonly known as Haggerdash, who are well equipped to get your toes tapping and your vocal cords warmed up.

## **BURNS SINGAROUND**

Monday 20 January

All £3

It's that time of year to dust down your Burn's song book and celebrate the poetry of Scotland's Bard in music or verse if this pleases ye.

## **WAYWARD JANE**

Monday 27 January

Members £8; Non-Members £10

Wayward Jane are an Edinburgh based band of multi instrumental friends who produce traditional and original Scottish/American folk music with lush harmonies accompanied by banjo, fiddle, guitar and double bass.

# PARKINSON'S RECOTLAND CHANGE ATTITUDES. FIND A CURE.

## Afternoon Tea

in aid of Parkinson's UK (Scotland)

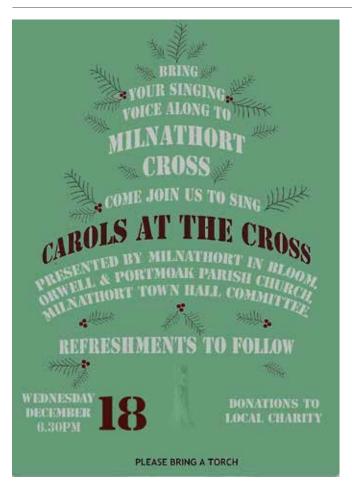
will be held on 26 January 2020 at 2pm

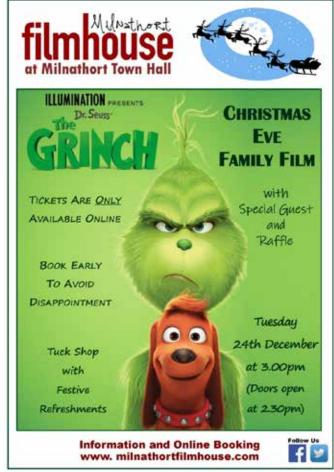
in the Millbridge Hall, Old Causeway, Kinross

Please come along for some fellowship and an afternoon tea with sandwiches, scones, cakes, tea and coffee.

Donations will be gratefully received – there is no fixed charge for the event.

Should you require further information please contact Gwen Perry on 07971 460490 or gwen.perry@hotmail.co.uk





## Music In Dollar

Music In Dollar will hold their next concert on **Sunday 19**January at 3pm at the Gibson Hall, Dollar Academy. Top Floor Taivers are a folk band from Glasgow. Featuring vocalist and ukulele player Claire Hastings (Young Traditional Musician of the Year 2015), fiddler Gráinne Brady, Heather Downie on clarsach and Aidan Moodie on guitar, they have impressed audiences with their unique arrangements and stunning harmonies. Their debut album 'A Delicate Game' showcases a variety of styles. From traditional ballads to contemporary covers, Top Floor Taivers deftly tell a story through both words and instrumentation, no matter what its origin. The band have toured throughout the UK, featuring in many festival line-ups, and were recently well received in Germany. 'These four are incredibly talented' (Folk Radio UK) 'A flair for arrangement' (Northern Sky Magazine).

www.facebook.com/TopFloorTaivers/

Supported by Brian Devlin Quality Butcher, Dollar Tickets cost £10 (online or at the door). Members £7, U18s and those in full time education free. Further information from the Concert Secretary on 01577 864589 or the Society website www.musicindollar.org.uk.

## **Subscriptions to the Newsletter**

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available. For further details see www.kinrossnewsletter.org or phone Ross McConnell on 01577 865885 or email

subscriptions@kinrossnewsletter.org





## **Scottish Country Dancing**

Country Dancing has started again in Milnathort Town Hall on Wednesday nights at 7.30pm. No partners are required, and new members are very welcome. For more information please contact Cathie on 01577 861103.

# Orwell, Portmoak and Glenfarg District Girl Guiding

Due to an increase in guide numbers and the new exciting programme recently rolled out, we are looking for an enthusiastic volunteer to open a unit in Portmoak and a unit helper for our Milnathort unit.

There will be full support from our great team. If interested, please give Alison a buzz on 07764 750212.

## The Bike Station

Donate unwanted bikes, parts and cycling **REVOLVE** accessories for reuse. Poorer bikes are salvaged for parts. Bikes are refurbished by qualified expert mechanics and sold on to the public at

affordable prices with a three-month warranty.

Donated bikes and parts are collected from all Perth & Kinross Recycling Centres, including the Kinross centre at the Bridgend Industrial Estate.

Bike sales are held at The Bike Station, 284 High Street, Perth, PH1 5QS, Tuesday to Saturday 10am-5pm.

The Bike Station also offers a Repair Service, a Fix Your Own Bike facility and a Dr Bike mobile service.

Tel: 01738 444430. Website: www.thebikestation.org.uk The Perth Bike Station is an accredited Revolve organisation.



## Befriending Kinross



# Are you new to the Area? Would you like someone to talk to?

Someone to have a coffee with?
Help to feel less socially isolated?

If you would like to request a befriender please contact us and we will arrange a time to meet with you to discuss the process.

ptb.kinross@bethanyct.com

t: 07747 018 550



## **Kinross-shire Fund**

The Kinross-shire Fund was established in 2006 to make the area a better place to live, by making



grants to a wide range of local charities, organisations and projects which make a positive difference to the community. To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

## The next deadline is Monday 3 February.

Full details, including how to apply via our online application link, can be found at:

www.foundationscotland.org.uk/programmes/kinross-shire-fund

## Ceilidh Dancing

Mondays: From 2pm until 3pm every Monday in the Guide Hall, Milnathort. You don't need a partner and it is all very informal and great fun. Just come along - the more the merrier. No age limit. All proceeds go to the Scouts and Guides.

Monthly Sunday Ceilidhs: These take place in Milnathort Town Hall, 2pm until 5pm with a break at 3pm for tea and biscuits. Cost: £5. There is no pressure to dance; what better way to spend a Sunday afternoon than hearing these top players? People wishing to learn dances could attend the Monday classes (see above). All money left over after paying the band and hall will go to charity. To make charity suggestions, contact Vi Todd, 01577 863244.

Dec 1 Christmas Concert Feb 16 Alan Small Dec 15 Mar 29 **Leonard Brown** Peter Bruce

Jan 19 Steven Carcary

## **PLUS Perth**

www.plusperth.co.uk Tel: 01738 626242 77 Canal Street Perth



PLUS is a member-led local charity and social movement which gives hope and opportunity to those affected by disadvantage; in the main to those with experience of mental ill health and substance misuse.

> The PLUS office is open Mon-Fri, 9.30am - 4pm for mental health signposting and enquiries.

## **Dollar Museum**

1 High Street, Dollar, KY14 7AY Open from Easter to Christmas at the following times:

> Saturdays 11am-1pm and 2pm-4.30pm Sunday 2pm-4.30pm

> > Free Entry

Access also possible by arrangement. Email: dollarmuseum@btconnect.com www.dollarmuseum.org.uk

Your last chance to catch the 2019 exhibition on the Development of Housing in the last 100 Years in Dollar. Dollar Museum is a lively, award-winning visitor attraction. It is situated at the top of the Burnside, beside the Golf Club and at the entrance to the Mill Green and Dollar Glen. We are open at weekends: from 11-1 and 2-4.30pm on Saturdays and 2-4.30pm on Sundays, from Easter until Christmas.

Entry is free and all are welcome. Parking and disabled access. The Museum will also open on request at other times for visiting groups and researchers - please see our website or contact dollarmuseum@btconnect.com.



## Kinross Recovery and Conversation Café

This weekly group is for anyone with an interest in improving their wellbeing and needing support on their recovery journey from addiction or substance misuse. The café aims to get people speaking about recovery and wellbeing in all its many forms and provides the opportunity to:

- share ideas, information and resources
- explore support networks and ways of moving forward
- breakdown isolation
- improve health and wellbeing

The café takes place every Tuesday, 1pm-3pm, at Millbridge Hall, Kinross. Drop in and have a cuppa and a chat.

For more information, contact:

Shona Fowler: 07896 280843, shonafowler@nhs.net

Richard Lister: 07885 971298, richard.lister@cairscotland.org.uk

BROKE Supported and funded by Broke Not Broken, a local charity tackling the effects of poverty.

## **Broke Not Broken**

Drop off donations at:

Sainsbury's, Kinross **Glenfarg Village Shop** Co-operative, Kinross



Open to clients:

**BR**QKE

## Every Tuesday and Thursday, 10am - 2pm

The Beacon, St Paul's Church, Muirs, Kinross, KY13 8AU

Contact: Tel: 07518 913107

> Email: admin@brokenotbroken.org Broke Not Broken. Tackling the effects of poverty.

BROKEN Scottish Registered Charity SC046033

## **Grants for good causes**

**Kinross Community Council Newsletter Limited (KCCNL)** Charity No. SC040913



All profits from the Kinross Newsletter are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

## 31 March and 30 September

More information is available on the kinross.cc website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email barrydavies57@btinternet.com



## Give a Greyhound a Home www.greyhoundrescuefife.com

Forever homes needed for rescued greyhounds. Greyhounds are very gentle

creatures that require very little walking! Please call or email for details

Tel: 01577 850393 (evenings) 07826 244765 (daytime)

Email: femiejimmyf@aol.com





# La Leche League meetings in Kinross

First Thursday of the month, 10am-12 noon



St Paul's Church Meeting Room, The Muirs, Kinross

- Friendly, relaxed mum-to-mum breastfeeding support and chat.
- Informal chat and an interesting group discussion.
- Plenty of time for answering your questions.

We welcome any mums (and mums to be) who are interested in breastfeeding. Children all very welcome.

For more details, contact:

Hannah Dalgety (LLL Leader, Kinross) 07886 859461 www.lll-fife-tayside.co.uk

Find us on Facebook: La Leche League Fife and Tayside

## **Local Correspondent**

for Perthshire Advertiser and Fife Herald newspapers
Linda Freeman

Tel 01577 865045. Email: linda.freeman\_64@btinternet.com

## Mindful Relaxation Class

## Mondays, 7pm-8pm

Loch Leven Community Campus ITC Room.

Participants can expect to do some gentle movement, mini sound workshop, relaxation, meditation, mp3 guided meditation, philosophy and reflection.

The sessions are run on a drop-in basis. Entry is by donation. Further information from Vincent Johnston at:

Vincent.johnston@icloud.com

## Perth Citizens Advice Bureau

Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Contact us: Advice line 01738 450580.

Appointment line 01738 450581.

## Benefits Advice in Libraries (BAIL)

People needing help to identify and claim the right benefits or needing advice to help them to negotiate the benefits system in any way can access assistance from Perth Citizens Advice Bureau's 'Benefits Advice In Libraries' project in Kinross at Loch Leven Library. The service is available on Tuesdays by appointment only. Telephone the bureau on 01738 450581 to make an appointment.

## **Debt and Money Advice Service**

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (senior debt adviser) using the following email address: David.Ogston@Perthcab.casonline.org.uk

## Looking for a venue that can tick all the boxes?

## Crook of Devon Village Hall

☑ Space We can seat up to 100 for a formal meal; 120 for meetings, theatrical performance, talent shows; 80-90 for discos, family gatherings, community events. We can even accommodate bouncy castles for that "all weather" children's party.



- Car Parking ample parking for the hall.
- Catering Kitchen with oven, dishwasher and microwave, plus a great serving area.
- ☑ **Stage** and back stage area for performances, costume changes, etc.
- ☑ Plus the usual facilities toilets, disabled toilets, changing areas.
- We also offer chair and table rental for functions at home.
- Weekly bookings taken for activities, e.g. yoga, ballet, fitness classes, badminton, youth clubs.

For all hall bookings and enquiries, including our *special block booking rates*, please contact Jean on 01577 840543 or jeanshearer630@btinternet.com

## **Kinross Recycling Centre**

Bridgend Industrial Estate

Opening Times: Mondays to Fridays 9am to 7pm
Saturdays and Sundays 9am to 5pm

Bras, bicycles, cans (inc aerosols, biscuit tins, aluminium foil), car and household batteries, cardboard, cooking oil, electricals (WEEE), engine oil, fluorescent tubes, long life light bulbs, food and drinks cartons (Tetra packs), fridges, freezers, garden waste, glass, large domestic appliances, paper, plastic (rigid plastic packaging), rubble stone and soil, scrap metal, telephone directories, textiles (clothes and shoes), timber, tyres (maximum two per visit, strictly householders only) and non-recyclable (general) waste.

Bikes and bike parts will be recycled (see separate Bike Station notice). Collection point for Perth College WEEE project: IT equipment will be refurbished and sold on at an affordable price or recycled for parts. Items accepted include: desktop computers, laptops, mobile phones (without the sim card), tablets, keyboards, mouse controls, cables, DVD players, video players, portable music players, games consoles, new or empty printer cartridges, projectors and flat screen working monitors. The project cannot accept Cathode Ray Tube or broken monitors.

Compost can be collected from the Recycling Centre, subject to availability. Maximum of 2 x 25kg bags per visitor.

**Community Councils** 

Kinross: Chair: Bill Freeman, 01577 865045

Email: kinrosscommunitycouncil@gmail.com

Milnathort Chair: Craig Williams, 07885 722125

**& Orwell**: Email: craig@stovestuff.scot

Secy: Caroline Flory

Email: communitycouncilmilnathort@gmail.com

**Portmoak**: Chair: Graham Cox

Email: PortmoakCommunityCouncil@pkc.gov.uk

Fossoway & District: Chair: Trudy Duffy-Wigman, 01577 840669

Email: fossoway.cc@gmail.com

Cleish & Blairadam: Secy: Patty Fraser, 01577 850253

Email: CleishCommunityCouncil@pkc.gov.uk

## **Kinross Community Councillors**

Margaret Blyth	6 Muir Grove	
Jonathan Bryson	4 Burnbank Meadows	
David Colliar	10 Rannoch Place	01577 864037
Dave Cuthbert	85 Bowton Road	07799 750289
Bill Freeman (Chair)	64 Muirs	01577 865045
Ian Jack	Burnbrae Grange	01577 863980
Lynne McKay	5 Springfield Road	01577 531076
Thomas Stewart	Gellybank Farm	01577 864603
David West	30 Muirs	07824 313974

## **Portmoak Community Councillors**

S McGregor	(Secretary)	
A Cragoe	(Treasurer)	
Susan Forde		01592 840128
Tom Smith		01592 841160
Graham Cox	(Chairman)	
Dave Morris		01592 840500
Andrew Muszynski		01592 840467

Have a look at our website: www.portmoak.org

# Perth and Kinross Councillors Kinross-shire Ward

**CIIr MIKE BARNACLE** (Independent)

Tel/Fax (home): 01577 840516. Email: michaelabarnacle@gmail.com

Website: mikebarnacle.co.uk

Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 OUZ

Clir CALLUM PURVES (Scottish Conservative & Unionist)

Tel (office): 01738 475092. Mobile: 07557 812570.

Email: CPurves@pkc.gov.uk 54 Lathro Park, Kinross, KY13 8RU

**Clir WILLIE ROBERTSON** (Scottish Liberal Democrats)

Tel (home): 01577 865178. Mobile: 07909 884042.

Email: wbrobertson@pkc.gov.uk

85 South Street, Milnathort, Kinross, KY13 9XA

**CIIr RICHARD WATTERS (SNP)** 

Mobile: 07557 812513. Email: RWatters@pkc.gov.uk

Applegarth, Sunnypark, Kinross, KY13 8BX

# Luke Graham MP Member of Parliament for Ochil and South Perthshire

38 Primrose Street, Alloa, FK10 1JG Telephone: 01259 764407

Email: luke.graham.mp@parliament.uk
Twitter: @LukeGrahamMP

Facebook: www.facebook.com/Luke-Graham-for-Ochil-and-South-Perthshire-392788644215614

## Member of the Scottish Parliament for Perthshire South & Kinross-shire Roseanna Cunningham MSP

Constituency office:

63 Glasgow Road, Perth, PH2 0PE Telephone: 01738 620540

Email: Roseanna.Cunningham.msp@parliament.scot

# Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address: The Scottish Parliament, Edinburgh, EH99 1SP

Claire Baker MSP (Labour) Tel: 0131 348 6769

Email: Claire.Baker.msp@parliament.scot

Murdo Fraser MSP (Conservative) Tel: 0131 348 5293

Email: Murdo. Fraser. msp@parliament. scot

Dean Lockhart MSP (Conservative) Tel: 0131 348 5993 Email: Dean.Lockhart.msp@parliament.scot

Alex Rowley MSP (Labour) Tel: 0131 348 6826 Email: Alex.Rowley.msp@parliament.scot

Mark Ruskell MSP (Green) Tel: 0131 348 6468

Email: Mark.Ruskell.msp@parliament.scot Liz Smith MSP (Conservative) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@parliament.scot

Alexander Stewart MSP (Conservative) Tel: 0131 348 6134 Email: Alexander.Stewart.msp@parliament.scot

## **Mobile Library Service**

# Visiting on Tuesdays 17 December Glenfarg Main Street 1200-1300 Forgandenny Rossie Place 1545-1615 Visiting on Wednesday 11 December

Kinnesswood	Opposite shop	0930-1000
Portmoak	Hall	1005-1020
Scotlandwell	Leslie Road	1025-1050
Portmoak	Hall	1125-1140
Scotlandwell	Leslie Road	1145-1205
Levenmouth Farm		1100-1120
Hatchbank Road	Gairneybank	1140-1200
Powmill	Mill Gardens	1320-1340
Crook of Devon	Village Inn	1345-1445
Carnbo	Pitcairnie Lane	1500-1530
Whyte Court	Kinross	1545-1615

For more information, see: www.culturepk.org.uk/libraries and click on 'Services in the Community'

## **Perth Samaritans**

Need to talk? We'll listen.

Contact us by

**phone** on 01738 626666 or 08457 909090 **Email** us jo@samaritans.org

or visit us at 3 King's Place, Perth, PH2 8AA

 Mondays
 1630 – 2130
 Thursdays
 1630 – 1900

 Wednesdays
 0830 – 1100
 Fridays
 1000 – 1630

 and
 1930 – 2130
 Sundays
 0800 – 2130

No pressure, no names, no judgment. We're here for you, anytime.

## **Local Volunteer Opportunities**

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact Claire Slight to find out how you can help: clare.slight@brokenotbroken.org

Greyhound Rescue Fife at Baltree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at www.greyhoundrescuefife.com

Kinross in Bloom: Volunteer group that provides and maintains floral displays to enhance the environment of Kinross. If you are interested in volunteering, please contact Susan Mitchell at: susan. mitchell50@gmail.com

Kinross-shire Day Centre: We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

KLEO (Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to www.kleo.org.uk. If interested, please contact Bouwien Bennet at info@kleo.org,uk or call 01577 863107.

RSPB Scotland Loch Leven: We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks - if you'd like to join our team, please contact Lyndsay Stobie at: Lyndsay.Stobie@rspb.org.uk or call 01577 862355.

Kinross (Marshall) Museum: The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: information@kinrossmuseum.org.uk.

Swansacre Playgroup: A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email swansacre@ gmail.com

Kinross Heart Start: Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email davidcolliar@tiscali.co.uk or Bill Freeman, email billywhizkid78@ gmail.com or contact our Facebook page.

Common Grounds: Charity café staffed by volunteers on Tuesdays, Wednesday, Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Open to public 10am-12.30pm. Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convener Elspeth Caldow on 01577 863350 or Secretary Linda Freeman on 01577 865045 for more information.

The Potager Garden is a small community garden in Bowton Road, Kinross, KY13 8EQ. It is a registered charity run by volunteers, a main aim being to give education to schoolchildren about plants, gardening and the environment. If you would like more information about our volunteering opportunities, please contact the Convenor, Amanda James, on 01577 840809, or amandajames1577@gmail.com

Children's Hospices Across Scotland: Can you spare a few hours of your time? We are looking for volunteers in our kitchen, housekeeping, driving, childcare and garden teams.



Anyone who is interested is welcome to come for a visit. Please contact us by phone on 01577 865777 or email volunteering@ chas.org.uk. To apply online visit www.chas.org.uk.

**Seamab** is a residential school that cares for and educates some of the most vulnerable



children in Scotland. We are looking for volunteers to help us place and manage collecting cans across Perth and Kinross. Volunteering for Seamab will help make a huge difference to the lives of the children at Seamab and will be a great way to meet new people and develop new skills. For more information please contact Melloney Flinn at mflinn@seamab.org.uk or call 01577 840307.

Milnathort Town Hall committee: Can you spare a couple of hours a month? We are looking for volunteers to join us. For further information please contact us at milnathorttownhall1@gmail.com. We would love to hear have from you.



## Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity.



If you have a genuine interest in the wellbeing of children and families and live in the Perth and Kinross area we would love to hear from you.

## Volunteer Mentor

If you are looking to try something new in 2019, develop new skills or meet new people, volunteering is a fantastic way to achieve this. To find out more, visit www.aberlour.org.uk/ volunteer, or contact Shonagh (Volunteer Coordinator) on 07864 625069/shonagh. ferguson@aberlour.org.uk.



SPARKs are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health & wellbeing. They meet in Loch Leven Community Campus every Thursday 1-3pm. Volunteers will be supported by workers Roseanne Gray - P&K Community Learning & Development Worker and Shona Fowler - NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843.

## Kinross-shire Volunteer Group and Rural Outreach Scheme

Do you have some spare time? Do you enjoy driving? Are you a people person? If so we have the ideal volunteering opportunity for you. Kinrossshire Volunteer Group and Rural Outreach Scheme



provide drivers to take people, mainly elderly, to appointments, shopping, etc.

Basically any trip most of us take for granted can be a challenge for someone without a car who cannot manage public transport. Our volunteers provide not just a driver but a helping hand and a listening ear.

There is never any pressure, you accept the trips you want to do and no more. Some of our drivers are happy taking people to Ninewells, etc, others prefer to just do local runs – both are equally valuable. At KVG&ROS we value all our volunteers and in fact are the holders of a Volunteer Friendly Award. If you are interested and would like to hear more please phone Pauline on 01577 862685.

For more volunteering opportunities, go to the community website www.kinross.cc and look for 'Volunteering', or look at www.vaperthshire.org

Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor. Please let us know if you no longer need your appeal to be listed.

## Items for Sale

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available *Newsletter*, subject to space.

Ski Poles £20

Goode composite, 48ins

Seller Details: Mike Hughes

01577 840385

Boys Clothes, Ages 12-16 Various

Various items and sizes, nearly new. Good quality items from Fat Face, Boden, Gap, Next. Jackets, gilets, tops and shirts. Can be sold separately or as a bundle. Text for details and photos.

Seller Details:

Joyce Horsman 07423 751262

## **Community Investment Fund**

The Community Investment Fund (CIF) provides £1.2million to community led projects over 2018/19 and 2019/20. It is an opportunity for local people to make an impact on the issues that matter most to them. Grants of £3,000-50,000 are available to eligible groups in this round of funding.

The Community Investment Fund for 2019/20 is now open! As before, each ward has £50,000 to use to support community projects. All of the information is available on the website at www.pkc.gov.uk/cif. The final deadline for applications is **Thursday 12 December**.

## Mindspace Recovery College

Mindspace Recovery College runs free courses covering all aspects of mental health, co-delivered by people with lived experience, and are open to all.



## **Homes for Cats Wanted**

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.

# Fife Cat Shelter Shelter South Charty Number 1850 2016

## LOCAL CHEMIST INFORMATION



## Rowlands Pharmacy, Kinross

Mon-Fri: 9am-6pm Saturday: 9am-5pm Tel: 862422

## Davidson's Chemist, Milnathort

Mon to Fri: 9am-1pm & 2pm-6pm

Saturday: 9am-12.30

Tel: 01577 862219

Sundays: The nearest open pharmacy is

Asda, Dunfermline





## **Lip Reading Classes**

Do you or someone else you know have a hearing loss? Lip Reading Classes can help.

Advice is available on tinnitus, cochlea implants, access to work and getting benefits.

Learn how your hearing aids work and about equipment to help you with your hearing loss, e.g. smoke alarms, television aids, flashing doorbells and more. The above equipment is free. Classes start in Kinross in October and a few places are still available on Fridays in Perth. Classes are funded and free to participants. To book a place, or for more information, contact Susan Brown Tel: 01250 872861 or 07940 333924, or by email at Perthshirelipreading@hotmail.com.

Facebook-Perthshire Lipreading

## Need a wheelchair?

The British Red cross will be in Sainsbury's car park every
Wednesday 10am-12noon

for more information please call 01506 409927 SCO37738

## Perth & Kinross School Term Dates 2018-19

TermStart (for pupils)EndWinterMon 21 Oct 2019Fri 20 Dec 2019SpringMon 6 Jan 2020Fri 3 Apr 2020Inservice daysWed 12 Feb 2020Occasional HolsThu 13, Fri 14 Feb 2020

## **Newsletter Deadlines**

More deadlines for the months ahead can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check *Newsletter* website for latest information: www.kinrossnewsletter.org

Issue	Deadline	Publication Date
February	Friday 17 January	Saturday 1 February
March	Friday 14 February	Saturday 29 February



## Weekly Programme

Monday Exercise Class 11.15am

Scrabble, cards & other games 1.15pm (except 23rd)

Bingo 1.30pm (except 23rd)

'Stride for Life' Walking Group 2pm (except 23rd)

Tuesday Carpet Curling 11am (except 23rd)

Relaxation Class 1.15pm Games 1.15pm (except 17th)

Singing group with Alex Cant 1.45pm (except 17th)

Wednesday Morning Worship 10.45am

**Thursday** 

Dominoes, Scrabble & other Games 1.30pm (except 11th)

Tai Chi 1.30pm (to be arranged)
Art Class 1.30pm (except 11th)
Carpet Curling or Boccia 11am

Film or music Afternoon 1.30pm Dominoes, Scrabble, cards 1.30pm Balance & Strength Class 1.30pm

Card making 1.30-3pm

Friday Balance & Strength Class 11.15am

Dominoes, Games or music 1.30pm

Bingo 11.15-11.45am

## Coffee Bar open to all

8.30am - 4pm

## **Older Adults Lunches Daily**

Our activities are open to everyone.

Please feel free to come in and have
a great afternoon.

01577 863869

kindaycent@tiscali.co.uk

Film shows • Cards Dominoes • Art Class Exercises • Chiropody Trips • Daily Papers



## Additional Events for December

**Hearing Loss Support and Advice** 11am-12pm Monday 2nd **Christmas Fair** 10.30am-12pm Tuesday 3rd Chiropody (Tel 01577 863869 for an appointment) 9.45am-1pm Thursdays 5th, 19th Christmas Lunch and Party (booking essential) 12-3pm Wednesday 11th **Carol Concert with Alec cant** Tuesday 17th 2pm Christmas Panto (booking essential) 1pm-5pm Monday 23rd

Holidays: we will be closed on Tue 24th, Wed 25th & Thu 27th December, Tue 31st December, Wed 1st & Thu 2nd January 2020.

May we take this opportunity to wish you all a very Merry Christmas and a Happy New Year from everyone at Kinross Centre.

## **Useful telephone numbers**

Medical		Perth & Kinross Council (PKC)	
Loch Leven Health Centre	01577 862112	Customer Service Centre (Mon- Fri, 8am-6pm	) 01738 475000
Loch Leven Health Centre Out of Hours	01577 865252	Reporting non-emergency Road and	
NHS 24	111	Lighting faults (CLARENCE)	0800 232323
Perth Royal Infirmary main switchboard	01382 660111	PKC Out of Hours emergency numbers	
Perth Royal Infirmary (Admissions and		Adult care services	0345 301 11 20
Enquiries Desk)	01738 473734	Anti-social behaviour helpline	01738 476173*42*
Ninewells Hospital, Dundee	01382 660111	(*42* telephone and leave a voicemail)	
Victoria Hospital, Kirkcaldy	01592 643355	Child protection	01738 476768
Queen Margaret Hospital, Dunfermline	01383 623623	Council housing emergency repairs	01738 476000
Rowlands Pharmacy, Kinross	01577 862422	Dangerous buildings	01738 476476
Davidson's Chemist, Milnathort	01577 862219	Environmental Health	01738 476476
Police, non-emergency 101		Flooding	01738 476476
Tolice, non-emergency	101	Homelessness	0800 917 0708
Police, Fire & Rescue, Ambulance & Coastguard	emergencies 999	Mental health services	0345 301 11 20
Gas (worried about gas safety)	0800 111 999	Roads (e.g. reporting blockage)	01738 476476
Mater (loss of supply foul water emergency)	0045 600 0055	Traveline Scotland	0871 200 22 33
Water (loss of supply, foul water emergency)	0845 600 8855	Loch Leven Community Campus	01577 867200
Floods SEPA Floodline recorded messages	0345 988 1188	Kinross High School	01577 867100

## Christmas & New Year Holiday Arrangements



## Recommended last posting dates

Beat the festive rush and get all your letters and parcels in the post on time.

For full information, go to www.royalmail.com/greetings

## **United Kingdom**

Wednesday 18 December: 2nd class, Royal Mail Signed For®

2nd Class

1st class, Royal Mail Signed For® Friday 20 December:

1st Class, Royal Mail Tracked 48<sup>®</sup>\*

Saturday 21 December: Royal Mail Tracked 24®\* Monday 23 December: Royal Mail Special Delivery

Guaranteed®

\*Royal Mail Tracked 24 and Royal Mail Tracked 48 services are unavailable to purchase at Post Office® branches.

## **International Standard**

Monday 9 Dec Africa, Asia, Caribbean, Central and

South America, Far and Middle East

Tuesday 10 Dec Cyprus, Malta

Wednesday11 Dec Eastern Europe (except Poland, Czech

Republic and Slovakia)

Monday 10 Dec Greece, Turkey, Australia, New Zealand Thursday 12 Dec Greece, Turkey, Australia, New Zealand Saturday 14 Dec Canada, Czech Republic, Italy, Poland,

Finland, Sweden and USA

Monday 16 Dec Austria, Denmark, Germany, Iceland,

Netherlands, Norway, Portugal,

Slovakia, Spain, Switzerland

Wednesday 18 Dec Belgium, France, Ireland, Luxembourg

## **Kinross Post Office (Co-operative)**

24 December 9am-4pm Christmas Day Closed 26 December Closed 31 December 9am-4pm New Year's Day, 2 January Closed

## Royal Mail Delivery Office (at 87 High Street)

5.30am-10pm

Monday 2-Saturday 14 December 7am-1pm Monday 23 December 11am-3pm

## Milnathort Post Office (Giacopazzi's)

Thursday 5 December 5.30am-8pm Tuesday 24 December 5.30am-10pm Christmas Day Closed Thursday 26 December 7am-7pm Friday 27-Monday 30 December 5.30am-10pm Tuesday 31 December 5.30am-9pm New Year's Day 9am-5pm Thursday 2 January 7am-8pm

## **Davidsons the Chemist, Milnathort**

Friday 3 January

Tuesday 24 December 9am-6pm Christmas Day 2-3pm Thursday 26 December Closed Friday 27 December 9am-6pm Saturday 28 December 9am-12.30pm Sunday 29 December Closed Monday 30 December 9am-6pm Tuesday 31 December 9am-6pm New Year's Day Closed Thursday 2 January 2-4pm 9am-6pm Friday 3 January

## **Rowlands Pharmacy, Kinross**

Tuesday 24 December 9am-6pm Christmas Day Closed Thursday 26 December 2-4pm Fri 27, Tue 31 December 9am-6pm New Year's Day 2-3pm Thursday 2 January Closed Friday 3 January 9am-6pm

## **Loch Leven Community Campus**

Monday 23 December 12pm-8pm Tuesday 24 December Closed Christmas Day Closed **Boxing Day** Closed

9.45am-3.45pm 27-30 December

Tuesday 31 December Closed New Year's Day Closed Thursday 2 January Closed

Friday 3 January 9.45am-3.45pm

## **Waste and Recycling**

There will be no domestic or commercial collections on 25 or 26 December 2019 or 1 and 2 January 2020

Unless notified directly by letter the following will apply:

Collections due on Wednesday 25 December will take place on

Saturday 28 December

Collections due on Thursday 26 December will take place on Sunday 29 December

Collections due on Wednesday 1 January will take place on Saturday Collections due on Thursday 2 January will take place on Sunday 5

There are no scheduled garden and food waste collections from 22 December to 5 January. Collection dates will return to normal from

Real Christmas trees can be chopped up and added to your home compost bin, chopped up and placed in your brown-lidded bin (if you have a Garden Waste Permit) or taken to your local Recycling Centre. Real or artificial Christmas trees presented as excess waste will **not** be uplifted.

## **Severe Winter Weather**

In the event of severe weather it may not be safe for refuse vehicles to visit all areas. If your bin is missed please leave it out for 48 hours and the Council will attempt to return for it. If the Council is unable to return, please re-present on the next scheduled collection day. If you have excess waste or recycling, please use local Recycling Centres or Recycling Points www.pkc.gov.uk/recyclingcentres.

All Recycling Centres will be closed on 25 and 26 December 2019 and 1 and 2 January 2020. Opening hours otherwise remain the same over the festive period.

## **Special Uplifts**

The last special uplift collection will be 19 December 2019. Normal collections resume on 6 January 2020.

**Loch Leven Community Library** See page 71 Loch Leven Health Centre See page 25 **Kinross-shire Day Centre** See page 106 **RSPB Loch Leven** See page 85







Decemb	oer		Page
Sun	1	Kinross & Ochil Walking Group Weekend Walk: see notice for more walks	55
Sun	1	Santa begins his tour of Kinross-shire	53
Mon	2	Growbiz drop-in event, Heaven Scent	13
Tue	3	Fossoway CC meets	45
Wed	4	Kinross-shire Partnership's Networking Breakfast	65, 98
Thur	5	Thursday Group Christmas Meal Outing	90
Sat	7	Dougie MacLean, campus	
Sat	7	Milnathort Filmhouse show 'Rocketman'	97
Sat	7	Christmas Decoration Workshop, Pier	86
Sun	8	Christmas Concert in Milnathort Town Hall	
Tue	10	Tullis Russell Brass Band Christmas concert, Portmoak Church 7.30pm.	
Tue	10	Portmoak CC meets	42
Thur	12	IT Help Session, library	71
Thur	12	Wreath-making workshop, Pier	86
Sat	14	Portmoak Film Society show Can You Ever Forgive Me?	65
Mon	16	Remembering Loved ones at Christmas, Kinross Parish Church	90
Wed	18	Last day to order medication before Christmas	25
Wed	18	Carols at the Cross, Milnathort	99
Fri	20	Carols at War Memorial (6.30-7.30pm, Kinross Churches Together)	
Sat	21	Christmas Trail starts, RSPB	85
Sun	22	Track the Nativity, Kinross Parish Church	95
Tue	24	Milnathort Filmhouse show 'The Grinch'	99
Tue	24	Crib Service 4.30pm for families, Watchnight service 11.15pm	90
January	,		Page
Thur	9	Milnathort and Orwell CC meets	34
Thur	9	Thursday Group, Brian Timms: Travel with Slides.	
Sat	11	Portmoak Film Society show Can You Ever Forgive Me?	65
Wed	15	Deadline for applications to the Community Investment Fund	9
Fri	17	Deadline for submissions for the February Newsletter	105
Thur	23	Kinross Flower Club meets, Millbridge Hall 2pm	
Sun	26	Afternoon Tea in aid of Parkinsons	98
Tue	28	Kinross CC meets	
Februai	у		Page
Sat	1	Big Burns Bash, Masonic Hall	68
Sat	1	Burns Ceilidh, Portmoak Hall	56
Mon	3	Deadline for Kinross-Shire Fund	100
Fri	28	Light Up Kinross Annual Quiz Night, Masonic Hall, 7pm	

## Planning a Community Event?

Check the Diary on www.kinross.cc to ensure that your event won't clash with another.

List your event as soon as you can to help others with their planning.

Contact the website administrator by email: admin@kinross.cc