



Kinross Newsletter

Founded in 1977 by Kinross Community Council
Published by Kinross Newsletter Limited, Company No. SC374361

All profits given away to local good causes by The Kinross Community Council Newsletter, Charitable Company No. SC040913

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Founding editor,
Mrs Nan Walker, MBE

ISSN 1757-4781
Issue No 471

March 2019

DEADLINE

for the April Issue

5pm,

Friday 15 March 2019

for publication on
Saturday 30 March 2019

Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

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(all emails will be acknowledged)

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Cover design by Lee Scammacca of Cree8.

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Editor's Page

Letter from The Editor

This week has seen the warmest-ever recorded February day in Scotland, with the temperature getting up to 18.3°C in Aboyne. I saw my first baby lambs yesterday when driving through Fife, and enjoyed the glorious purple crocuses on the South Inch as I drove into Perth.

There are plenty of changes afoot this Spring, including cafes under new ownership, and plans for a new skate park on p3. Read about how local parents managed to influence the council regarding music tuition fees. Find out what's happening with local planning issues in the Community Council reports and see what free training sessions might be right for you or your group on p19.

If you use public transport services to get out and about, please do fill out the Community/Transport Survey on p13 of this month's Newsletter and return it. Your feedback is really important.

If that's all too much, there are comprehensive listings this month of all the yoga classes available in the local area, to help you take care of yourself, unwind and recover!

Hannah Phillips

Note to Contributors

A great deal of the Newsletter comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the Newsletter.

Letters Policy

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the Newsletter. The Newsletter does not necessarily agree with any of the views expressed on the Letters or indeed other pages. In special circumstances addresses may be withheld from publication on request (but must still be supplied to the editor).

Note to Readers: Advertising

Inclusion of advertisements in the Newsletter does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

Abbreviations

PKC: Perth & Kinross Council

Cllr: Councillor

CC: Community Council

CCllr: Community Councillor

About the Kinross Newsletter

The Newsletter has been informing and supporting the community for 41 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the Newsletter to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the Newsletter. Thank you.

The Newsletter is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

Congratulations



BIRTHS: All grandparents and great-grandparents are delighted to pass on their congratulations to **Paula and Chris Greenan (nee Miller)** on the birth of their son Alexander and to **Jill and Mark Hyson (nee Miller)** on the birth of their daughter Olivia. Both sisters are delighted to become mums within a month of each other.

CONGRATULATIONS: More success for Kinross High School S2 pupil **Fergus MacGilp** at the recent Scottish Athletics National Indoor Championships in Glasgow. He achieved a silver medal in the 300m final in a time of 38.34sec and although being narrowly beaten by a visiting athlete from the Isle of Man, Fergus's time represents a new Scottish age group indoor record, club record and personal best. This was followed up by another silver medal in the long jump competition with a jump of 5m 81cm, breaking the club record that has stood since 1987 and another personal best.



Fergus MacGilp

Thanks



JASON and JULIE have sold The Boathouse and would like to thank all their customers for their amazing support over the past (almost 4 years!)

We have made some lifelong friends and been so humbled that so many of you entrusted us with your weddings and special occasions. It has been an honour to have played a part in these. The biggest thank you to the amazing people who have worked at The Boathouse with us. What a time we had! It's been a very special place for all of us. And we wish you all the very best of everything. Look forward lots to our reunion do's! Thanks go to:

The lovely Montgomery family, your constant support has been appreciated more than you know and it has been such a pleasure to get to know you.

Mum and Dad, no words can ever thank you enough for everything you have done for us. Looking forward so much to spending proper time with you both and not just a quick chat at table 9.

Our suppliers and the lovely talented Charlotte Giacomazzi (who helped us make things pretty) and Kelly Smith (for your patience).

Last and by no means least, Willie (the lovely Ghillie), we will miss you! Thanks for being my ear many times.

The Boathouse couldn't have been the success it was without you all.

Jason, Julie, Big Fish and the woofs

Kinross Finally Gets Its Skates On

When Steve Robinson dragged his sons away from their iPads one afternoon to get some exercise and fresh air, he decided to take them with their scooters to the local skate park. Unfortunately, it was only really a bowl and was far too advanced for his youngsters, one of whom had to be lowered in and pulled out. They spent an hour scooting around the edges, trying to dodge the older kids who were waiting their turn as only one or two of them could use the bowl together.

Steve decided to look elsewhere, found the skate park in Perth and his weekends 'changed forever'. There were hours of fun to be had for every age using skateboards, scooters and even bikes. Previously thinking that skate parks were places for teenagers to hang out and cause trouble, Steve's impression was changed by the young adults at the park who were willing to show the kids how to do tricks and the parents watching in awe of the ability shown by the youngsters.

At this time, new skate parks were being built all around the Fife area, as local councils supported the idea that these parks are beneficial to young people's social, emotional and mental wellbeing. Kinross is a popular place for families and Steve decided to take action. He began to ask other parents if they were also spending their weekends driving to skate parks. Having established a need to improve the current situation he formed a group of 90 like-minded people who wanted to see the 20-year-old park upgraded.

After contacting the council, he met with local Councillor Richard Watters who, after due research, put him in touch with The Kinross-shire Community Sports Hub. After Steve nervously presented his ideas, the Hub agreed to take the project on and set up a sub-group consisting of users of the park, volunteers from the Facebook group and local councillors. Meetings have been a great success, with the young skateboarders being

instrumental in planning the way forward. A local survey was carried out with very positive results, giving a great insight into what the community wants to see done. This includes increasing the variety of activities on offer, obstacles and challenges for all ages, and ensuring the design enables people with disabilities to participate. There is also the chance for some of our young adults to gain qualifications through Skateboard Scotland and they are hopeful that they can provide lessons. Skateboarding will be making its debut in Tokyo 2020. Wouldn't it be great to see an Olympian of the future start their journey in Kinross! Steve and the group are currently applying for grant funding and can accept donations through Kinross-shire Community Sports Hub.

If you would like to know more about the plans, get in touch with Steve at steven@srob999.plus.com.



Kinross-shire Community Sports Hub has agreed to take on the project to upgrade Kinross skate park

Luke Graham MP



I was appalled to hear recently of the awful vandalism on one of our local cafes in Kinross. I've already contacted Perth and Kinross Council and the police to discuss what can be done to improve security, and I have also previously gone out on the beat with Perth and Kinross police to see for myself the challenges being experienced by our front-line officers.

Furthermore, in Parliament I supported the launch of the rural crime helpline, and, as part of the Scottish Conservative MP group, I led (with colleagues) on the lobbying for the VAT change for Police & Fire Scotland which is worth an additional £35m per year. There is therefore no excuse for funding not being channelled to the frontline to better address issues like these break ins.

Broadband has also been a major issue for many across Perth and Kinross, with many needing major improvements in order to get the good quality connectivity that is essential for individuals and businesses in the twenty-first century.

Therefore, as part of the Tay Cities Deal, I pushed for a £1m package of investment from the UK Government to improve rural broadband across the county. I will continue to work with providers, UK and local government and local communities to bring money and infrastructure together, so our area can close the gap in connectivity and offer the same opportunities as elsewhere in the country. This fund is now ready and I am working with Perth and Kinross Council to discuss its distribution.

Finally, on the national stage, we are entering the next round of Brexit negotiations and the coming weeks will be testing for government, MPs and EU governments. Although it may feel like Groundhog Day in the press, you can see the movement in Parliament and in the EU, while the desire for a deal on all sides is clear. To that end, I have been working with colleagues from across the Brexit spectrum to try to find a solution that works for everyone in the UK.

I have therefore put together a 'Customs Co-operation' proposal and presented it to the Government for consideration. My proposal seeks to combine the close working relationships, already in the existing agreement, on security, rights, data and mutual recognition of professional qualifications – among others – with what I hope is a workable solution to the Northern Ireland border issue, using existing technologies and systems to ensure that we can still have a close working and trading relationship, while leaving us free to arrange trade deals with economies and countries right around the world.

It is just one of a number of proposals being considered, but it is clear from speaking to my constituents that they are looking for a resolution to Brexit, and I hope that my proposal will be considered by the Government in that light.

As always, if you have any issues or concerns please contact me at my office on 2 Comrie Street, Crieff, by telephone (01764 680 384) or by email (luke.grahamoffice@parliament.uk).

Luke Graham MP

Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit **www.kinross.cc**

Councillor Willie Robertson



Kinross High Street update: Since my article in last months' Newsletter in which I highlighted the problems with vehicles hitting the safety bollards at the one-way section of the High Street by the Salutation Hotel even more bollards have been flattened! I have asked the Council's roads department to urgently look into what is going on here. This 20mph zone is clearly marked and yet drivers seem oblivious to both signs and bollards. The road was narrowed here and the bollards erected to protect pedestrians. I would be really interested to hear of people's experiences with this section of road.

Avenue Road: I have organised a meeting in March with the Council to look at the south side of Avenue Road to see what can be done to improve its appearance. I am sure if the layout could be improved, we could increase the available parking and also make this important street much more attractive.

Mill Street: The harling is coming off the walls in Mills Street and Burns Begg Street. I have written to the Council and asked when these will be repaired before things get even worse.

Pitdownies Housing site, Milnathort: There has been a pre-application notice issued for the Pitdownies housing site to the west of Milnathort, and a public exhibition of the plans was held there in February to let residents see the proposed plans. Many people took the opportunity to visit the exhibition and have since written to the developer about the proposals. The main concerns were even more traffic in Westerloan and the use of Manse Road and Curlers Crescent as access points to the site. The developer must now consider all the points raised and show how he will try and address the concerns expressed.

Lathro phase 2: Persimmon Homes have notified the Council that they would like to start developing phase 2 of the Lathro farm development. They would like to increase the number of houses allocated to this site to 200. Again local people are very concerned about the impact this number of houses will have on Gallowhill Road. I share these concerns. As I said in my report last month, I am still of the opinion that we need to put the brakes on further house building until we can assess the impact that the houses currently being built will have on primary health care services and our schools.

Chief Executive's Visit: The Kinross-shire ward councillors invited the Council's new chief executive to visit Kinross-shire at the end of February. Among the things we took her to see were, the Persimmon Homes sites in Kinross; Milnathort Primary school to look at both capacity issues and building condition; Kinnesswood and Scotlandwell to discuss lack of pavements and community pedestrian links; RSPB Vane Farm to see the work going on to build a new disabled friendly underpass under the B9097; Green Park, Kinross to look at accessibility issues and the A977 to see the ongoing road safety improvement works currently underway.

Councillor Willie Robertson

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Parents Prevent Price Hike in Music Tuition

The council have recognised parents' concerns in their decision not to implement a proposed rise in music tuition fees. Perth and Kinross Council had been considering increasing instrumental music service tuition fees by 20% every year for the next three years.

Parents of the music students set up a petition against the plans to increase tuition fees, and sent it to Cllr Caroline Shiers, Convener of Lifelong Learning at the council.

Although there has been no increase in music tuition fees for five years, parents argued that a 20% increase would be well above the rate of inflation, and the proposed increase of up to 60% over three years would have been unaffordable for many parents.

Joan Hay (Young Musicians Parents Association), Andrew Mitchell (Perth and Kinross Music Foundation) and Susannah Rae and Hilary Whitaker from Perth Youth Orchestra wrote to the council to voice their concern.

Vice-chairman of The Perth and Kinross Music Foundation, Andrew Mitchell said: 'There is evidence that fewer parents have put their children forward for instrumental tuition in the past year, in the wake of an initial 20% increase last year. Charging more for tuition would effectively make the service 'disappear.'

The Council decided to reject the proposed increase in charges for the instrumental music service at their budget meeting on Wednesday 20 February.

Councillor Willie Robertson said he was 'personally delighted' that the charges for this invaluable service have not been increased.



Parents and students protest against increased tuition fees

Robert Glass Millar – Far From Home But Not Forgotten

One name on the Milnathort War Memorial is that of Robert Glass Millar. Half a world away in South Australia, his name will shortly be added to the St Peters Heroes Great War Memorial in the Adelaide suburb of St Peters. Kinross residents may be fascinated to know that a century on, a local lad is also remembered so far from his native Scotland.

Robert Millar was born in Kinross in 1875, attended the local public school, and was later employed as a spirit salesman.

In November 1908, at the age of 33, he emigrated to Australia, with his wife Margaret and their two young children, who also bore their parents' names. The younger Margaret was six years old and Robert Jnr was four. They settled in St Peters, where Robert worked as a shipping clerk.

Robert Millar enlisted in the Australian Infantry Force in 1916 and was killed in action on the 3rd May 1918. He is buried in the Crucifix Corner Cemetery, Villers-Bretonneux.

Last year the St Peters Residents Association was awarded a grant by the South Australian Government for



The St Peters Heroes Great War Memorial, Adelaide

the research, preparation and fixing of bronze tablets containing the names of the fallen local Great War servicemen onto the St Peters Heroes Memorial. The memorial, erected in 1922 by the citizens of St Peters, is one of the few that does not feature the names of the fallen.

The research has identified 145 men from the district who died in the war, and who will soon have their names added to the memorial. One of these men is Lance Corporal Robert Glass Millar. The memorial is to be re-dedicated on Anzac Eve, 24 April 2019, and the new name plaques will be unveiled by the South Australian State Governor.

The stories of these men are also being documented, and any information that the residents of Kinross can provide on Robert and his family would be appreciated. The Association would particularly like to obtain a photo of him, as so far none has been found. If you can help, please email David Cree at spra@senet.com.au. For more information about the project see the website.

stpeters.asn.au/heroes-memorial

Councillor Mike Barnacle

Independent Councillor

for Kinross-shire

Equal right of appeal for communities within the planning system

Readers of February's Newsletter may have noticed the articles from my ward colleagues Councillors Purves, Robertson and Watters. I would like to support my fellow ward members, (especially Councillor Purves), for pursuing an equal right of appeal for communities within the planning system. I note also that although all four Kinross-shire members had a common position on not wishing to see the Beaufield site at Balado developed, the Scottish Government Reporter (unelected) went against us in a recent appeal ruling. 'Planning is not democratic as currently structured in Scotland'.

I also feel that Councillor Watters was right to question why a closure option should be on the table for Cleish Primary School when there is no plan for such. In fact Perth and Kinross Council are looking to improve the school through their Capital Programme and the Independent Group will be highlighting this need in our budget submission.

Councillor Robertson expressed concern at the level of housing development currently taking place and planned for Kinross and Milnathort. I agree with him and at the Development Management Committee on 13 February 2019, I asked that the Proposal of Application Notice for Pitdownies Farm in Milnathort should cover consultations with the Education and Health authorities on capacity issues, the need for phasing and clarity on maximum numbers for the site (40 houses in LDP1, capacity range 38-60 in LDP2) with 67 houses apparently floated by the developer.



Community Bus Service

I enclose a sketch (at bottom left) of my suggested 'Figure of Eight' Community Bus Service. That is one idea that I have floated with the Public Transport Unit and my fellow ward colleagues. We could explore it if we set up a Community Transport Group in the Shire following the survey which we hope to put out in the community, with the help of the Community Councils, in March 2019.

Letter from Councillor Mike Barnacle to Murray Lyle, Leader of the Council, regarding School Crossing Patrollers and the Current PKC Budgetary Situation, dated 8 February 2019.

Dear Murray

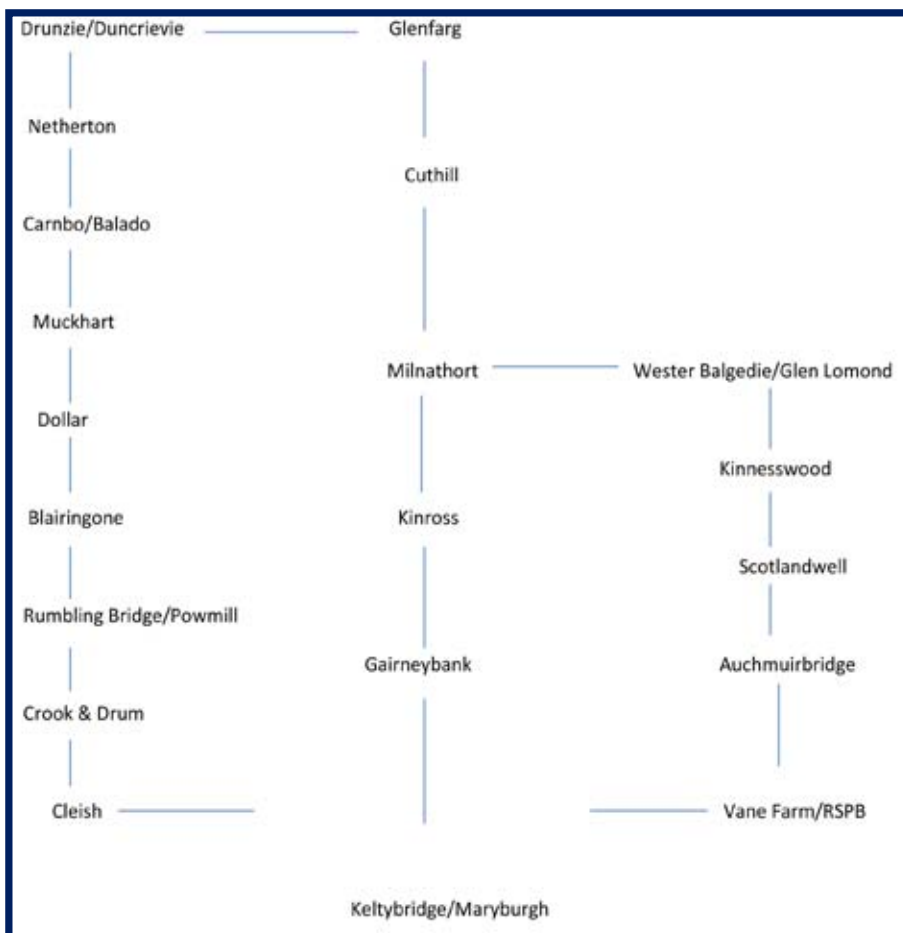
School Crossing Patrollers and the Current PKC Budgetary Situation

Following significant representations from the local community in Kinross-shire on the above matter and recent press coverage, I felt it necessary to write to you. Whilst I was part of your administration when the savings target of approx £463,000 was agreed, my recollection was that this was an overall figure containing a number of options and that any reduction in School Crossing Patrollers would be subject to review. I have always felt this to be an important part of supporting children's safety on their routes to school and have consistently argued against cuts in this area.

To discover the Education Committee agreed the savings options within this above figure in 'closed private session' when I had no opportunity to participate I find unacceptable practice. Most councillors have crossing patrollers in their wards and should have been consulted. It is also very inappropriate to be making such decisions so very close to our budget meetings this month when

further cuts to services are put forward by officers. You can rest assured that this matter will be fully debated at budget time and I know that my concerns are shared by my independent colleagues. I also recall that the previous budget allocated monies for road safety initiatives and the recent decision seems to run counter to that.

I have been made aware of an exchange of letters between Councillor Shiers and the Kinross Primary Parent Council, whose latter response I whole-heartedly agree with. The issue is wider than Kinross since the local Crossing Patroller in Crook of Devon has been advised of her imminent job loss. The crossing she operates is on the A977, a road that carries the largest volume of HGV traffic of any road that PKC is responsible for. The pedestrian crossing light operation at this locus is not reliable and has been the subject of many complaints (including by myself, who personally uses it). I do not consider that an unaccompanied child is safe at this locus without a Crossing Attendant.



Whilst I know that PKC have no statutory responsibility in this area and regard parents as the responsible people for escorting pupils to school, we do have a duty of care to our people and I do not think we are fulfilling that with such proposed cuts and other in relation to pavement gritting, etc.

No crossing patroller should lose their position before an adequate safety audit of their crossing has been undertaken, this has not been done! I write in hope of a reappraisal of these decisions.

Yours sincerely

CLlr Michael Barnacle
Independent Member for Kinross-shire

PS: What is happening regarding our 20mph policy review, which Councillor Purves and myself were looking at before we lost our vice convenorships? I get repeated requests from the community on this matter but can only say it's being looked at, apparently indefinitely?

Say Buy to Kinross Dobbies

Caulders are delighted to announce the purchase of Kinross Garden Centre from Dobbies. Along with the purchase of the Cumbernauld Garden Centre, this will increase Caulders portfolio to seven garden centres – all of which are based in Central Scotland. Colin Barrie, the MD of Caulders, said 'This is an exciting time for Caulders and these purchases are an ideal fit for our business.'

All 43 team members at Kinross and Cumbernauld Dobbies stores will transfer across to Caulders. Colin said, 'We are looking forward to welcoming our new team members to the Caulders family, and to working with them to develop these fantastic garden centres over the years to come.' Graeme Jenkins, CEO of Dobbies, said 'We are pleased to have agreed the sale of our two smallest centres to Caulders, one of Scotland's leading and most experienced independent garden centre operators. We would like to thank our fantastic colleagues at these centres and wish them well for the next stage of their career under Caulders' ownership.'

Dobbies Kinross closed on 21 February and re-opened as Caulders the following day.

Councillor Purves

Planning Comments

Towards the end of last year, I was made aware by the Kinross-shire Civic Trust of a change to council policy in relation to comments on planning applications made by individuals and organisations. It now means that once an application has been completed, the comments on that application will be removed from the public access portal on the council website.

This is extremely concerning given that many planning applications can often be made on the same site over a number of years or developers can seek changes to the conditions imposed on them through another application. It is therefore extremely important that people are able to see comments on previous planning applications from individuals, groups and statutory consultees.

This change of policy was made without any consultation and the justification that has been given is that the council is simply trying to adhere to their new obligations under GDPR. Given that the only personal information on any comments is someone's name and all other details are redacted, I think perhaps that this is an overinterpretation of the regulations. Planning is a quasi-judicial process and people know that when they comment on a planning application, their comments will be open to public scrutiny. In my view, it is not acceptable that this transparency in the planning process should end after a period of time. I have therefore written to officers asking them to review and reconsider this policy change.

Scotlandwell School Bus

Scotlandwell is within the statutory walking distance from Portmoak Primary School where pupils would be expected to walk to school. As many readers will be aware, however, the walking route between Scotlandwell and Kinnesswood is not a safe one.

The Council's current policy is that a route within the statutory walking distance is only 'unsafe' if it is both unsafe to walk

and there is no service bus provision. After a previous review of Kinross-shire public transport, the Council's education department decided to subsidise the 201 bus service to make it run at school times, which meant that the route was now classified as 'safe' and the dedicated school bus was removed. This is the only route in Perth & Kinross that was previously classified as 'unsafe' that has been reclassified as 'safe'.

This left parents in the situation where they had to pay for their children to use the service bus, allow them to walk the unsafe route, or drop them off at the school by car, exacerbating the problems with school access at pick up and drop off times. There is clearly an issue of equity here as the children of those parents who do not drive and cannot afford to send their children on the service bus would have to walk along the unsafe route.

Following representation from local residents, the parent council and the community council, I had a number of conversations with officers in the Council's education department in an effort to find a solution to the problem.

There is a recognition that the different approach that the Council took in subsidising the 201 bus has not achieved its objectives and therefore this subsidy will be removed at the end of the summer term. This will mean the route will again be reclassified as 'unsafe' and a dedicated bus will be reinstated for these children after the summer holidays. To address the immediate equity issue, all pupils in this area have now been given free bus passes to allow them to use the 201 service bus until the summer holidays.

Councillor Callum Purves

SEWING ALTERATIONS

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The Best In Folk Returns To Kinross

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Kinross will again host Glenfarg Folk Club's annual Folk Feast from 5-7 April at the Green Hotel. This will be the Club's 41st festival of the best in folk music featuring some of the most talented artists on the acoustic music scene. So if you think it's all about Arran jerseys and three chord tricks on thrashed guitars, think again!

There will be the usual opportunity to sing and play (or just listen), at singarounds and informal music sessions in the hotel and nearby pubs throughout the weekend. Friday evening, however, marks the start of the festivities with a ceilidh/concert featuring the Lomond Ceilidh Band, one of the finest in the country, led by the exceptional accordion skills of Alan Small. Additional music from the excellent Gill Bowman, singer-songwriter from Edinburgh, ensures a brilliant start to the weekend.

Saturday morning begins with a song-writing workshop led by the immensely talented Anthony Toner from Northern

Ireland. Some of you may recall his introduction to Scottish audiences when he supported Barbara Dickson and Rab Noakes a couple of years ago. His reputation as an exceptional guitarist, singer and songwriter has



Fara

grown rapidly, and deservedly so. This will be followed by a hosted singaround and thereafter by the Feast's Original Song Competition. The theme this year is 'New Beginnings' with the emphasis firmly on humour. The trophy will be awarded to the funniest song with all funds raised going to The Teenage Cancer Trust.

Saturday evening starts with Glenfarg Folk Club's own quartet, Forgaitherin, followed by the peerless guitar playing of Anthony Toner. To complete the show Fara, four young Orcadians, are guaranteed to raise the roof with their rich harmonies, high octane fiddle playing and driving piano.

Sunday begins at a more leisurely pace with the Club's increasingly popular 'In Conversation' event, this year featuring Ian McCalman, and his reminiscences of

the 50 years he has enjoyed as one of our finest folk musicians. Then there's another organised singaround, followed by the now legendary World Puff-a-Box Championship – the chance to show how far you can blow the inner tray of an empty matchbox.

Sunday evening sees the Ian Walker Band, one of Scotland's most successful groups, set the ball rolling. Then prepare for the comedy genius of Les Barker, one of our most creative writers. Siobhan Miller, former winner of BBC Radio 2's Best Traditional Track last year (and Scots Singer of the Year an unprecedented three times), brings the Feast to an end.

Further information is available on the website. Tickets can be obtained via the website or our hotline 07921 918949, but don't leave it to the last minute. Tickets are selling fast, and no wonder. This is a fantastic opportunity to see and hear some exceptional talent on your doorstep - and at half the price that might be expected at bigger venues. Come and enjoy a great weekend!



Anthony Toner



Siobhan Miller

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KINROSS-SHIRE PUBLIC TRANSPORT/ COMMUNITY TRANSPORT SURVEY



A number of community based groups, Kinross-shire elected members and individuals have been discussing how we could facilitate providing a Community Transport Service in Kinross-shire in conjunction with the local public transport services already in operation.

We are keen to get a better understanding of the likely demand for a Community Transport Service and the way in which it should operate, in addition to feedback regarding the current local public transport provision in Kinross-shire.

Please take 5 minutes to complete this form with your views and feedback.

One form should be completed for each member of your household. Completed forms **should be returned either by post to Margaret Roy, Public Transport Unit, 2 High Street, PERTH PH1 5PH or scanned and emailed to Publictransport@pkc.gov.uk no later than 05 April 2019.**

Your feedback and comments will be much appreciated.

Section 1: About You

Age: ☐ Under 11 ☐ 12 – 17 ☐ 18 – 24 ☐ 25 – 59 ☐ 60 – 74 ☐ 75+

Section 2: Do you/have you ever used existing local bus services in Kinross-shire?

- ☐ I currently use regularly ☐ I currently use occasionally ☐ I have never used in the past ☐ I have never used in the past but would consider using if times suitable to me were available ☐ I have never used in the past and would not consider using a local bus service

Section 3: Which of the following, if any, are issues affecting your ability to use the existing bus services within Kinross-shire?

Please tick all that apply:

- ☐ The current bus services do not go where I need them to
☐ The existing bus route is too far away from my house
☐ There are no bus services on my road
☐ The bus service does not operate at the times I need it to
☐ The bus service is not regular enough for me to use it
☐ The timing of the bus service does not allow me enough time before having to return
☐ The timing of the bus service gives me too much time at the destination before being able to return

Section 4: Where and when would you like a Community Transport Service to operate?

Please detail below any specific locations or named streets/areas where you would like to see a Community Transport Service operate:

Locations	Times	Journey Purpose
<i>Eg Crook of Devon to Powmill</i>	<i>Mid morning</i>	<i>Mid morning</i>

Section 5: Do you/have you have used the existing Demand Responsive Transport (DRT) in West

Kinross-shire

- ☐ I currently use regularly
- ☐ I currently use occasionally
- ☐ I have tried to use in the past but the service has been unavailable
- ☐ I have never used in the past
- ☐ I have never used in the past and would not consider using a DRT service

Section 6: Current Local Bus Service/DRT in Kinross-shire

A Community Transport Service will not compete with or replace any other existing local bus services, but would aim to complement them.
It is not anticipated that a Community Bus Service will provide school transport to/from any schools start/finish times.
Do you use any of the current local bus services which operate in Kinross-shire? Please state which ones.

Do you have any comments on the above noted current local bus services?

Do you have any comments on the current DRT Scheme which operates in West Kinross-shire?

Section 7: If a Community Transport Service were to be introduced, do you think you would use it?

- ☐ I would use regularly
- ☐ I would use occasionally
- ☐ I would never use

If you have any other comments or suggestions about a Community Transport Service, please provide them below

Section 8: Postcode

Please enter your postcode:

Section 9: Future Contact

If you would be interested in being kept advised of progress in us providing a Community Transport Service, please enter your contact details below:

Name:

Address:

Email:

★ Serving You Well ★

We are grateful to all our outlets who help support the community by stocking the Newsletter

Loch Leven's Larder

Loch Leven's Larder, beautifully situated on the north side of Loch Leven, has been delighting customers with the finest produce, delicious food, great gift ideas and the very best personal, friendly service since 2005.

This month Julia and David from the *Kinross Newsletter* team met up with the Larder's Emma Niven and her colleagues to find out more about what makes this multi-award-winning family business so special.

Emma started off by telling us, 'We opened as a farm shop and we still love giving people the chance to enjoy such a beautiful location and to taste our vegetables, brought directly from our field, into the shop and kitchen, and served in our restaurant.'

The business has flourished over the years, most recently with the exciting and extensive building development. There is a Hunters of Kinross butchery, an innovative liquid deli, a fabulous new food hall, a bespoke bakery and a tasting room. Emma explained that the original ethos of the business remains; 'Although we've moved the business forward since we first opened, the field-to-fork concept remains central to everything we do. The Larder has grown in ways which we could never have imagined – we're just doing it bigger and better than ever.'

Over 80 people are employed at Loch Leven's Larder, many since it first opened and plenty of young people getting their first taste of working life there. Emma told us about the

cookery classes held in the new tasting room, the popular weekly Parkrun (recently voted one of the most scenic parkruns in Scotland by *The Scotman*), a weekly knitting group, and in the



At the back of the Larder, customers and walkers can enjoy the glorious view

collaboration with Kinross High School and Career Ready which unlocks the potential in young people and helps prepare them for the world of work, 'We try very hard to put local people and local businesses at the heart of our business – we want to make sure we are good neighbours'.

The community can benefit from

summer Kinross Cricket Club enjoy playing in the adjacent field, with the idyllic back drop of Loch Leven.

Loch Leven's Larder plays a big part in the community and is an obvious place to buy your copy of the *Kinross Newsletter*. Fiona, Assistant Retail Manager told us, 'As well as our regular customers who buy a copy of the *Newsletter* while they have a tea or coffee in the restaurant or in one of the garden pods, we always promote the magazine to visitors to the area so that they can make the most of their stay in Kinross-shire – *The Newsletter* is popular with all our customers.'

Whether you are popping in for the finest produce to take home, looking for a special gift, taking afternoon tea or enjoying a meal for a special occasion, Loch Leven's Larder has something for everyone.

You are certain to be wowed by the friendly and helpful service; everyone at Loch Leven's Larder looks forward to seeing you soon.



Loch Leven's Larder employs over 80 people

Lauriston Nursery Win Award

Exactly 10 years since opening the doors of their first nursery in Dunfermline, Cabinet Minister, Roseanna Cunningham MSP was in the Kinross branch of Lauriston Nursery to unveil a plaque for their Investors in Young People accreditation.

Director Ewan Cameron said, 'With the introduction of the 1140 hours legislation in under eighteen months we anticipate further growth in the occupancy levels at both our Dunfermline and Kinross nurseries. The new legislation will offer families of children aged between three and five up to 30 hours of funded childcare. Due to the high quality and popularity of our nurseries, parents are booking their children in earlier to ensure that they have a place in 2020. To cope with the expected growth, we are embarking on a recruitment campaign, and taking on apprentices, training them to ensure that our staff remain of a high standard. My personal belief is that the bare minimum isn't enough when it comes to the quality of the childcare that we offer. We recognise the positive influence that young people can bring to our business. With their drive and enthusiasm, the investment that we make in our younger staff is key to the success of tomorrow.'

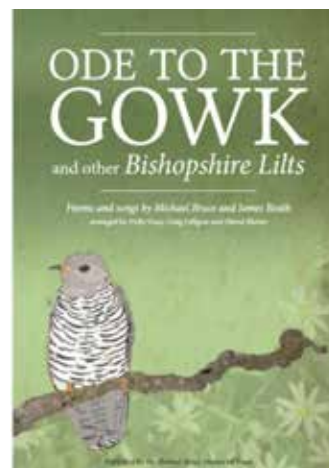


Roseanna Cunningham at Lauriston Nursery

Michael Bruce Lives on in Song

The parish of Portmoak recently commemorated the 250th anniversary of the death of Michael Bruce, their own 'gentle poet of Loch Leven'. As part of this celebration, local musicians, Craig Lithgow, Vicky Gray and Louise Batchelor created six Scottish songs from the poetry of Kinnesswood-born Michael Bruce and James Beath of Glenvale. A few are set to traditional Scottish melodies, such as 'The Yellow Haired Laddie' as instructed by the poets themselves, while others required original compositions.

Local performances in the Balgedie Toll Tavern at Wester Balgedie and the Well Inn, Scotlandwell, aired the material for the first time in centuries. Rather than let it lie for another hundred years they decided to record six Scottish songs to publish alongside a book of music and poetry. Professor David Munro, Chairman of the Michael Bruce Trust, provides a fascinating insight into the history of Michael Bruce and fellow poet James Beath, which helps to put the songs in context.



Michael Bruce, (1746-1767) is known for his beautifully crafted prose and verse, which often studies nature as a reflection of the human condition. His poetry is full of joy and sadness and is remarkable in its acknowledgement of his own impending death. 'The Pastoral Song', 'Ode to the Gowk', 'Song' and 'Loch Leven No More' demonstrate this beautifully. Farmer James Beath, who lived a century later, is known for his detailed, often humorous retelling of events and happenings involving local characters. He writes in Scottish dialect, with some brilliant turns of phrase, which can be heard in 'Guano' and 'Henry Law'.

This book and CD, published by the Michael Bruce Trust, will be released on 5 March 2019 at the Well Inn, Scotlandwell at 8pm – an evening of poetry, song and stories. The publication was made possible by the Creative Communities Fund, Perth and Kinross Council.

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OSCR

Roseanna Cunningham MSP

I write this with only six weeks to go until Brexit is supposed to be upon us and the Prime Minister has just suffered another defeat in the House of Commons. The chaos and uncertainty is continuing and no one knows what the situation will be in another two weeks' time. I can only hope that by the time you are reading this, matters have become clearer.

While there may be figurative political fireworks in Westminster – with far more heat than light – the Scottish Government is gathering information and views on the use and regulation of actual fireworks in Scotland.

It might seem like an odd time to talk about them but, while fireworks in this country are mostly associated with the 5 November, there are many other times of the year when we see them being set off.

Fireworks can be fantastic. The noise, the colour, the bright lights against the dark sky, they all cry out celebration. This is why they have been traditionally associated with festivals like Chinese New Year and Diwali, and are often used by families to mark weddings and significant birthdays.



But – and there is a big downside - they are also potentially extremely dangerous and need to be used safely and handled with care to avoid serious injury. The noise can be a nuisance to others and, more than that, can cause real distress to pets, livestock and, indeed, people.

Much of the legislation which pertains to the control of fireworks and their use is reserved to Westminster but the Scottish Government is currently carrying out a consultation process to help to identify gaps, issues or unintended consequences with the current regulatory framework and anyone with an interest in the matter is invited to participate and contribute to the discussion. The Scottish Government is hosting a series of engagement events where individuals, communities and professionals are invited to attend and give their views. The closest meetings for my constituents are at Perth Leisure Pool on Tuesday 19 March (2pm and 6pm).

These consultation events are free to attend but tickets should be booked online through Eventbrite. Now, I know that might not mean anything to some people so if anyone wants to go to one of these meetings but doesn't know how to register then they are welcome to contact my office where they will be helped through the process.

Roseanna Cunningham

Free Training & Awareness Raising Sessions for Community Groups and Organisations in Kinross-shire 2019

Co-ordinated by the Kinross-shire Community Learning and Development Group organised and supported by Community Learning and Development – Perth and Kinross Council.



Training		Delivered by	Where	When
Impact of Poverty Awareness Session	Only 15 spaces Booking Form Deadline 8 March	NHS Tayside Workplace team <ul style="list-style-type: none"> Raise awareness of poverty, including in-work poverty Reduce the stigma associated with living in poverty Support poverty and inequalities sensitive practice Raise awareness of how to signpost people in poverty to sources of support 	Loch Leven Community Campus.	14 March 9.30am-12.30pm
First Aid at Work Certificate	Only 15 spaces available Booking Form Deadline 26 March	Red Cross – dealing with emergency, unresponsive breathing adult, AED, choking, hygiene techniques, bleeding wounds, shock, accident recording, burns and more.... Please ask for further information.	Loch Leven Community Campus.	2 April 2019 9.30am-5pm
Community Fundraising	Only 15 spaces available Booking Form Deadline 12 April	PKAVs - Community Fundraising To introduce local groups to the potential of generating income through engaging with their community. Learning: <ul style="list-style-type: none"> Define what is meant by community fundraising Describe a range of different forms of community fundraising Begin to put together an Action Plan for your organisation 	Loch Leven Community Campus.	17 April 2019 at 7-9pm.

Booking Form Link:

www.pkc.gov.uk/article/20817/Training-Awareness-Raising-Sessions-for-Community-Groups-and-Organisations-in-Kinross-shire-2019

For further information please contact Tracey Ramsay (Community Learning and Development) on 01577 867124 or email tramsay@pkc.gov.uk. Or email KinrossComLearn@pkc.gov.uk

Liz Smith, MSP

A man worthy of any newsletter column would surely be the late Sir Hugh Thomas Munro.

The centenary of the legendary mountaineer's death will be marked next month and as a Munroist myself, I believe more people should be made aware of his remarkable life. Munro's list of 3000ft peaks was published in 1891, in the sixth issue of the Scottish Mountaineering Club journal, and this listed 255 mountains. The exact number of Munros has varied over time but it currently sits at 282.

Prior to Munro's publication of the list of mountains, many people involved in mountaineering in Scotland claimed the number of mountains that were bigger than 3000ft was only around 30.

Since then, the feat of Munro-bagging has become a necessity for mountaineers and hill climbers.

Sir Hugh Munro was born in London in 1856, the eldest of nine children in a family which spent a lot of time at their Lindertis estate on the outskirts of Kirriemuir in Angus. However, Munro's love of mountains arose during a trip to Stuggart to learn the German language, along with him glimpsing the Alps.

Munro became private secretary to the Governor of Natal - a British colony in South Africa - before he returned to the family estate in Angus. He became involved in politics and failed in an attempt to win a seat in Parliament when he stood as a Conservative candidate in Fife.

He used large-scale Ordnance Survey maps of the time along with his experience of climbing hills to draw up a list of maps. Munro became a King's Messenger and made trips to Europe, Asia, North America and Africa. Too old to enrol for military



service during the First World War, being aged 58, he then became a volunteer for the Red Cross and helped to look after injured soldiers. Munro rejoined the Red Cross after a period of illness, supporting Allied forces near the front line in France. He died in March 1919, aged 63, during the post-war flu pandemic.

An exhibition to mark his life is being held at the Kirriemuir Gateway to the Glens Museum. The exhibition includes photographs of the former home of the family at Lindertis.

These pictures were compiled by Louise Olive Munro, Sir Hugh's sister. Munro's barometer has also been loaned for the display. This contains a handwritten note from his son, Sir Thomas Torquil Munro. The exhibition will run until June 8.

A number of special events will be taking place next month at the museum to mark the centenary of Sir Hugh's death. These will include an illustrated talk on Sir Hugh by Robin Campbell, the Scottish Mountaineering Club's archivist and honorary president of the Munro Society, on March 13. This will be followed by a fun family quiz, 'Munro or No', on March 19. It will also be held at the museum in Kirriemuir.

The centenary of the anniversary of Sir Hugh's death is a memorable moment to remember this remarkable man. I was delighted to recently receive cross-party support at the Scottish Parliament for my motion to mark the centenary of his death and it will be debated on March 13 at Holyrood.

To 'bag' a Munro is an enviable achievement and I finished the list of Munros in 2012. That is why I feel as many people as possible should know about the life of Sir Hugh Munro.

Liz Smith MSP

As ever Liz appreciates the feedback of readers and can be contacted at the Control Tower, Perth Airport, Scone PH2 6PL or via email at Elizabeth.Smith.msp@parliament.scot or on 01738 553990.

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Kinross Community Council Newsletter

Welcome...

Our newsletter is available to 'The Kinross Newsletter' or even just 'The Newsletter' - the essential publication for Kinross alone!

Click on the cover at right to find out what's in the latest issue!

The Newsletter is a monthly magazine that has been providing news, comment and promotion for Kinross community since 1977.

Newsletter Queries?
 When is the next deadline?
 How much does it cost to advertise?
 Can I get a subscription?

For the answers to these questions and more, visit our website
www.kinrossnewsletter.org

www.kinrossnewsletter.org

Many thanks to our contributors for their articles. Find information on places to visit, where to eat, things to do and places to visit. (Thanks set up by the Kinross-shire Partnership.)

KINROSS-SHIRE
 The Friendly County

The Newsletter on Facebook

We use our Facebook page to announce:

- our deadline and publication dates
- what's in the next issue
- reminders of some local events
- occasional breaking news

'Like' our page to be kept informed. Search for 'Kinross Newsletter' or go to:

www.facebook.com/kinrossnewsletter



Health & Wellbeing

News from the Health Centre



Online services

Loch Leven Health Centre already gives our patients the option to order their prescriptions online. How you do this will be changing gradually to a new service over the next few months. This service will also allow you to book appointments with your doctor online. We will keep you up to date.

Breast Screening

Breast screening aims to find breast cancers early. The likelihood of getting breast cancer increases with age. **About 1 in 8 women in the UK are diagnosed with breast cancer during their lifetime. If it's detected early, treatment is more successful and there's a good chance of recovery.** All women aged from 50 to their 71st birthday who are registered with a GP practice are automatically invited for breast cancer screening every 3 years.

Some key facts:

- An appointment will be sent direct to your home address.
- If the appointment date/time is not suitable you can change it by calling the screening office on the number below.
- Results will be sent direct to the patient within 2-3 weeks.
- If you require an interpreter please contact the Screening Office on the number below.
- The Mobile screening unit has the facility for patients who use a wheelchair.
- You can bring someone with you to your appointment however they will have to wait outside while you are screened. Men are not able to enter the vans to respect the privacy of the other ladies being screened.

Please take up your invitation to attend your breast screening test. **It saves lives.**

The mobile screening unit is coming to Loch Leven Health Centre at the end of February.

East of Scotland Breast Screening Service: 01382 425646

Further information is available on the website:
www.nhsinform.scot/screening/breast

JOE BURNS Computer Repairs & Servicing

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Mathematical Veg

I first encountered what I call 'Alien Veg' while paying a visit to Lochend Farm Shop, which sits by the loch, just along the road from Scotlandwell.

As soon as I set eyes on this otherworldly biological entity I was intrigued. My first thought was 'I've got to photograph this for my Macro library!'

I didn't think about actually eating this new phenomenon; not at first. It was on a return visit to Lochend Farm Shop that I decided to buy one. I've never really been much of a foodie, so the act of buying some organic fresh veg from a farm instead of a supermarket was a novelty. I bought a good looking medium-sized green alien and it only cost me 40 pence!

The real name of this vegetable is Romanesco broccoli, or *Brassica oleracea*. As a whole it is cone-shaped, the overall shape being created by a spiral of smaller cones, which themselves consist of spirals of smaller cones. It is one of many fractals found in nature, and like many organic objects, follows a notable mathematical series, the Fibonacci sequence.

From a photographic point of view, I discovered that it will start to decompose quite quickly, perhaps after a couple of days. I made sure I photographed it while it was still fresh. I was quite excited at doing some image capture of this object as on a macro scale, it can appear like an alien landscape if you can't see the whole body.

Some Facts about Romanesco Broccoli

- Sometimes it tastes like broccoli and sometimes it tastes like cauliflower
- It was first discovered in Italy in the sixteenth century
- The vegetable is rich in vitamin C, vitamin K, fibre and carotenoids (organic pigments).

I really enjoyed turning this fractal veg into something creative; the fact that I could eat it afterwards was a bonus! After removing the leaves, boil it for about 15 minutes and it's ready to eat. Sprinkle on a little salt and it tastes fantastic. Be warned: this is a summer vegetable so it won't be on sale quite yet. Lochend Farm shop is my favourite place to go for lunch at the weekend (I recommend their cheese and onion toasties). It's such a peaceful location. The cafe serves fantastic lunches and there's a shop with all sorts of quality gift ideas – jams, honey, biscuits, wines, cakes, art, books and DVDs. You can always get a table, there is ample parking and it's just a really nice place to stop off and relax, plus you're helping to support the local farming community. If I ever move away from Kinross, I will miss Lochend Farm shop.

Mindful eating is a topic we cover in our community wellbeing evening classes. It's a great way to practise a form of meditation if you don't have time to meditate. Classes are Monday and Friday evenings, 7-8pm, Kinross Community Campus.



Yoga

It's March and those gym memberships that were acquired in January may be beginning to lose their appeal. Many of us have good intentions when it comes to our health and fitness, but often we lose momentum and find ourselves drifting away from the goals we set ourselves at the start of the year. Unrealistic goals can cause us to feel disappointed and frustrated. Perhaps the answer is to find a way to be kind to ourselves. Yoga might be the ideal solution.

Yoga is an ancient Indian philosophy that dates back thousands of years. Designed as a path to spiritual enlightenment, the physical aspects of Hatha yoga are popular as a gentle form of exercise and an antidote to stress.



Yoga improves your body's physical condition but also benefits the mind, aiding concentration. Yoga is built on three main elements – exercise, breathing and meditation. When we are stressed, we often forget to breathe deeply. Those who participate in yoga report lower levels of stress, and increased feelings of happiness and wellbeing. This is because concentrating on postures and breath is a form of meditation, which helps to release tension from both body and mind. The word yoga actually means 'to join or yoke together'. It brings your body and mind together!

Yoga is not about self-improvement, it's about self-acceptance. Instead of feeling like a failure after a boot camp style class, yoga helps you to focus on yourself, relying only on your own body for strength. It is kind to your body by only doing what your body will allow you to do, easing aches and pains rather than causing them.

Yoga is suitable for anyone, of any age and in any physical condition. It essentially relies on structured poses (asanas) practiced with awareness of the breath.



Twisting, stretching and folding are good for the digestive system, improving circulation and massaging muscles. Yoga eases pressure on the joints which are moved through their full range of motion. Gentle stretching releases tension and increases flexibility. Improved blood circulation, easing of muscle tension and the act of focusing the mind on the breath all combine to soothe the nervous system. In the long term, yoga can reduce stress, anxiety and fatigue, help with concentration and energy levels, and increase calm and wellbeing. Regular yoga has even been shown to help normalise blood pressure.

There are lots of yoga classes available in Kinross, and if classes aren't your thing, you can practise yoga at home, outside, even in a small space.

Pilates

In the 1920s, physical trainer Joseph Pilates introduced pilates into America as a way to help injured athletes and dancers safely return to exercise and maintain their fitness. Since then, pilates has been adapted to suit people in the general community.

Pilates is partly inspired by yoga, but while yoga is made up of a series of static postures, pilates is based on unstable postures and therefore is about challenging your body.



Pilates is a series of about 500 exercises which are inspired by a mixture of calisthenics, yoga and ballet. It lengthens and stretches all the major muscle groups in a balanced fashion, improving flexibility, strength, balance and body awareness. Both yoga and pilates improve muscular and postural strength. Pilates requires concentration and focus, because you move your body through precise ranges of motion. Each exercise has a prescribed placement, rhythm and breathing pattern.

In Pilates, your muscles are never worked to exhaustion, so there is no sweating or straining, just intense concentration. Due to the individual attention that an instructor can give each participant, pilates can suit everyone from elite athletes to people with limited mobility, pregnant women and people with low fitness levels.

The health benefits include improved flexibility, increased muscle strength and tone, balanced muscular strength, improved posture, physical coordination and balance, relaxation of your shoulders, neck and upper back, increased lung capacity and circulation, improved concentration and body awareness, stress management and relaxation.

Yoga and Pilates Classes in Kinross-shire

Heart and Soul Holistic Centre

14 High Street, Kinross, Tel: 01577 208020

Yoga

Mon 9.30am | 6.30pm | 7.45pm

Tues 1.30pm

Thurs 6.30pm | 7.45pm

Monthly Sunday Kundalini class at £12.50 for 2 hours.

Pilates

Wed 9.30am and Fri 9.30am

Carmelina Griffin

Yoga

Milnathort scout hall

Bring a mat, blocks and straps provided

Tel: 07877 821886

Mon 8.15pm

Mind and Body Classes at Wazfit

Kinross Studios, Junction Road.

www.wazfit.com | email info@wazfit.com.

Mon 10.40am *Gentle Yoga*

Mon 11.50am *Pilates*

Mon 6.15pm *Pilates (new)*

Mon 7.30pm *Yoga release (new)*

Tues 10.30am *Pilates & stretch*

Tues 2.30pm *Qi Gong*

Tues 7.45pm *Pilates*

Wed 11.15am *Pilates*

Wed 1.45pm *Mindful moments* (begins 20 March)

Fri 11.15am *Yogatone*

Sat 9.30am *Pilates*

Sun 10am *Power Yoga*

Sun 11.15 *Qi Gong*

Val Oswald, Flutterby Therapies

Fitness Pilates

Mon 6pm (mixed abilities)

Masonic Hall

Mon 7pm (intermediate/advanced)

Masonic Hall

Mon 8pm (mixed abilities)

Masonic Hall

Wed 10am (intermediate/advanced)

Masonic Hall

Wed 11.15am (mixed abilities)

Masonic Hall

Wed 7pm (mixed abilities)

Orwell Church Hall

Wed 8pm

(men only class, mixed abilities)

Orwell Church Hall

Thurs 10am

(pilates for a healthy back)

Orwell Church Hall

Vinyasa Yoga

tracy@vinyasazone.com

www.vinyasazone.com, Tel: 07904 528082

Gentle Flow Yoga (Beginners to Intermediate level)

Wed 9.30am | Sat 10am Crook of Devon Village Hall

Fri 9.15am Millbridge Hall, Kinross

Fri 7pm WazFit Studio, Kinross

Power Yoga (Intermediate to Advanced level)

Sun 10am WazFit Studio, Kinross

Mon 6.45pm Crook of Devon Village Hall

Orla Beaton, Yoga by Nature

www.yoga-by-nature.com

www.facebook.com/orlabeaton

Adult Yoga

Mon 10am

Orwell Church Hall, Milnathort

Tues 8pm

Milnathort Town Hall

Fri 10am

Milnathort Town Hall

Kids Yoga (age 6-10)

Thurs 4pm

Orwell Church Hall, Milnathort

Sarah Smart, Simpliyoga

sarah@simpliyoga.com, Tel: 07466 360152

Live Active Leisure Centre, Yoga

Tues 9.15am | 10.25am | 11.35am

Upper Hall, Kinross

Church Centre

Tues 7pm *Hatha Yoga*

Tues 8pm *Active Yoga*

Carnbo Hall

Tues 6.45pm

Pregnancy Yoga

(suitable from 14 weeks

onwards)

'This is more than yoga for babies... it provides support to parents and carers who can feel isolated when children are very young. The adults can even do some yoga postures if they wish.'

'I came to Sarah's class with my granddaughter who loved the interaction with the other children, the gentle exercises and the songs.'

Millbridge Hall,

Brownie Room

Thurs 11.30am

Gentle Yoga

Thurs 1pm

Baby Yoga

(for pre-crawling babies from 10 weeks onwards)

Loch Leven Community Campus

Yoga Thurs 5.30pm | 6.30pm

Is Green Tea Your Cup of Tea?

Kinross is blessed with fantastic coffee shops, which come very high on my list of Favourite Things. I can remember the days when there were only a few hot drinks to choose from: coffee, tea or hot chocolate (if you were lucky). Bovril, if you were really unlucky. Now, orders for salted caramel cappuccinos with soy milk and green tea chai lattes trip merrily off the tongue for many of us, and those are some of the simpler options.

Green tea is really making its mark on the scene. KitKat announced this week that they are launching a four-fingered matcha chocolate bar inspired by green tea. Sold in Japan since 2004, the new green Kitkat is coming to the UK this year.

This is where I admit that despite knocking back almost any cup of coffee I can get my hands on, I've never drunk a cup of green tea. Never. Is it really better for you than water? Why is it thought to be so good for us? And should I give up my beloved coffee?

Tea is the most consumed drink in the world after water. Most of the tea we drink worldwide is black and only about 20 percent is green. Native to and commonly consumed in the Far East, the origins of green tea stretch back some 5000 years. It is commonly used in traditional Indian and Chinese medicine. Green tea is grown at higher altitudes than black tea, in mountainous regions of East Asia. Some green tea is still picked by hand, and it is believed that tea which is hand-picked can be less bitter and sweeter with a more robust taste. Other factors such as climate and soil are also thought to affect flavour.

Green tea is made from the *Camellia sinensis* bush. And so is regular, builder's tea. All types of tea except herbal teas come from the dried leaves of this plant, and green tea is named for the colour that is created when the unfermented, unprocessed tea leaves are brewed. The health benefits supposedly created by green tea are all down to the processing.

Green tea's processing avoids the fermentation process. As a result, it retains more antioxidants and polyphenols than regular tea. But don't get too excited. It isn't a miracle cure

by any means. Lifestyle factors and genes play a huge role in our health and wellbeing, and so even drinking nothing but green tea all day isn't going to help you without also having a healthy diet, being active, and taking care of yourself. To get effective amounts of the beneficial compound (which is called EGCG) into the bloodstream by drinking green tea, you'd need to drink enormous quantities of it.

Alzheimer's, studies were conducted on animal cells and so the results do not 'conclusively' show that it could help to combat either disease. There is no evidence that a high concentration of antioxidants in green tea could help protect against breast, lung, and stomach cancers. And Professor Jeremy Pearson, Associate Medical Director at the British Heart Foundation, said: 'Our bodies are very good at breaking



Matcha Latte

The Good News

Could there be something in the health benefits of polyphenols? They are thought to exert numerous protective effects. Some researchers even think that green tea might enhance our brain's cognitive functions. What's good for the heart usually works for the brain too. In one Swiss study, MRIs revealed that people who drank green tea had greater activity in the working-memory area of their brains. I might try a cup, after all.

If you decide to brew it, note that some think the type of tea, temperature and steeping time all have an effect on antioxidant levels. Warm and ambient temperatures are the best for retaining antioxidants. Let boiling water cool slightly before pouring it on to the tea leaves, and allow it to steep for 2-3 minutes.

The Bad News

While it looks like green tea could protect against the nerve cell death associated with dementia and

down EGCG, so swapping your cuppa for green tea is unlikely to make a big difference with respect to your heart health.'

While concrete medical evidence for the health benefits of drinking green tea appear to be lacking, dieticians do at least agree that it is safe in moderate amounts.

In general, green tea contains a relatively small amount of caffeine compared with black tea. There are little to no known side effects but you should avoid it if you are sensitive to caffeine. While it has less caffeine than coffee, it can still act as a stimulant. You should also avoid green tea if you are taking blood thinners or aspirin.

Always check with a doctor if you want to drink green tea for health reasons and especially before taking any supplements.

Baby Yoga

Baby yoga is an activity that you do with the baby and can be enjoyed by mums, dads, grandparents and carers.

It provides learning opportunities for babies to move their bodies and strengthen them in a fun and supportive way. Baby yoga encourages bonding with the baby as the partnering adult is constantly looking for cues and interacting with them.

It teaches relaxed holds, energetic walks and fun movements that the babies thrive on. If practised regularly, health benefits include regular bowel movements and good quality sleep. When appropriate the adults will be given some yoga postures to do by themselves and for mums this includes post-natal exercises. This class creates a feeling of wellbeing for the babies and adults and is a joy to teach.

Pregnancy Yoga

Pregnancy yoga has been adapted from classical yoga to suit women during all stages of their pregnancy, by adjusting the postures to more simple and gentle forms. The postures provide essential support to women and prevent the hormonal changes in the body creating instability and pelvic issues.

By experiencing movements of waves and spirals created by the postures, women are able to make themselves feel more comfortable whilst carrying the baby and during birth. As well as reaching the deeper muscles that will become the birthing muscles and the whole pelvic floor, pregnancy yoga provides a cardio exercise that is suitable for mothers-to-be. Pregnancy yoga sessions include breathing and relaxation – both of huge importance to maintaining a relaxed and calm mind during birth.

Police Box



Hate Crime

Police Scotland are running a national hate crime campaign. The main objective of the campaign is to improve hate crime reporting amongst workers employed in the night time economy. Examples include taxi drivers, takeaway vendors, licensed premises staff and public transport workers – all of whom also form part of the campaign's target audience.

We will be working in close collaboration with public and private sector partners to share key messages and raise awareness of the campaign's objective. Indeed, work has already taken place with the Scottish Business Resilience Centre to develop an awareness training package which can be delivered directly to partners and those employed in the night time economy.

Police Scotland takes hate crime very seriously and will do everything we can to bring those responsible to justice. If you have been targeted because of your disability, race, religion, sexual orientation or transgender identity, or you are aware of someone else being targeted, we want you to report it. Reporting hate crime is important. If you report it, we can deal with it, we can try to prevent the same thing happening to someone else and together we can work to rid Scotland of hate. We are committed to dealing with hate crime and take all reports of hate crime seriously. Further information is available at www.scotland.police.uk.

Local Incidents

An attempt was made to break-in to a house on Whyte Place, Milnathort between 2.30pm and 5pm on Friday 15 February. The householder found the rear door lock had been tampered with. (CR/4105/19)

A Wacker plate was stolen from the rear of a Ford Transit pick-up van parked in Leven Place, Kinross overnight on Monday 18 February. (CR/4439/19)

Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer,

quoting the crime reference number listed at each incident. Alternatively, information can be passed anonymously via the charity Crimestoppers on 0800 555 111.

Police Scotland – local community

Telephone 101 for non-emergencies

Community officers for Kinross-shire:

PC Ben Clark and PC Douglas Stapleton.

Email: taysidekinross-shireCPT@scotland.pnn.police.uk

Community Sergeant (Kinross-shire): **Sgt Robert Hogg.**

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Kevin Chase.**



Ways of following the Police:

Twitter: @KinrossPc or twitter.com/policescotland

Facebook: www.facebook.com/PoliceScotland

Website: www.scotland.police.uk

Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch. The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: www.pkcommunitywatch.co.uk

Crime Stoppers – Telephone 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

Kinross Community Council News from the February Meeting

Present at the meeting held on Wednesday 6 February were: Community Councillors (CCllrs) B Freeman (Chair), M Blyth, J Bryson, D Colliar, D Cuthbert, B Davies, L McKay, T Stewart and I Jack. P&K Councillors (Cllrs) D West, W Robertson, M Barnacle and Cllr C Purves and four members of the public.

Apologies were received from Cllr R Watters.

There were a few amendments to the 5 December meeting: Amendment of 'Kinross-shire Form' to read 'Kinross-shire Forum'.

Windlestrae Hotel discussion - a member of the public had emailed in comments in respect of the Windlestrae Hotel discussion and had been invited to the meeting to clarify their comments but unfortunately, they were not present. The minute of the discussion would therefore remain as noted.

Amendment to be made to show that it was CCllr M Blyth who raised the issue of the pavement outside the Bank of Scotland.

Police Report

At the time of the meeting no police report had been received.

Primary School Crossing Concerns

CCllr J Bryson raised concerns around the proposed removal of School Crossing Patrol Officers in Station Road and Springfield Road. A petition had been submitted opposing this change and a letter had been submitted by the Parent Council to Cllr C Shiers expressing concerns about this. Cllr Shiers had replied to advise that the Lifelong Learning Committee had recently agreed to remove Patrol Officers, in areas where there are other options for crossing roads, in order to save around £463,000. A decision was originally taken in February 2017.

CCllr Bryson went on to advise that one parent had expressed their shock and disgust at the decision. Members agreed that the roads concerned were not safe to cross for pupils, without Patrol Officers as the areas are particularly heavy with traffic.

After a lengthy discussion, it was agreed that CCllr Bryson would write a letter to PKC expressing the concerns of the residents (letter to be copied to other Community Councils for information).

Cllr C Purves advised that a working group had been set up consisting of representatives from Police Scotland, and the School Parent Council along with others to discuss this issue. CCllr Bryson confirmed that Cllr Shiers had made no mention of this in her response.

A member of the public asked whether a risk assessment had been carried out prior to the decisions being made and Cllr Purves advised that a risk assessment had not been undertaken but ultimately there was no statutory requirement for PKC to provide School Crossing Patrols.

Resignation of Secretary/Replacement

There had still been no volunteers for the role of Secretary and it was agreed that the item would remain on the agenda for the next meeting. There had also been no response to the adverts which had been published.

Matters Arising

It was noted that the speed activation signs had now been connected to the electricity supply and were working.

Venue for Future Meetings

CCllr W Freeman advised that there was the opportunity to hold meetings at Loch Leven Community Campus free of charge. Members raised concerns around moving meetings to the campus as the CC had previously had free use of PKC buildings for meetings but arrangements were changed, often at short notice.

A lengthy discussion was held, with suggestions being made that everything was put in writing in respect of rooms, times of opening etc. A vote was held in respect of pursuing the option of using the campus and the vote was 6 for and 4 against. CCllr B Davies agreed to contact the campus to gain all the information required before a final decision is made.

Provost's Lamp

Cllr W Robertson and CCllr D Cuthbert had met with a PKC lighting officer in respect of siting the lamp on a pole beside the town hall. A price had been requested for installation but this had not been received at the time of the meeting.

Kinross Town Centre Regeneration

Cllr M Barnacle advised that he, along with Cllr C Purves had requested a review of the project a while ago without success.

Cllr W Robertson raised concerns in respect of the bollards at the Salutation Hotel being regularly damaged by traffic

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@ 8pm - Active Yoga

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enquiries@simpliyoga.com **07466 360152**
Please contact before attending to ensure availability.

and advised that he had written to Chic Haggert in respect of stronger bollards being placed. It was noted that it was HGVs which were damaging the bollards as opposed to cars and Cllr Robertson requested that the CC also write to Mr Haggert to express concerns. It was agreed that Cllr D Colliar would write to Mr Haggert. Cllr B Davies advised that KCC funding closes on 31 March 2019.

Kinross-shire Forum Meeting

There had been no meeting since the December Community Council meeting.

Planning Matters

Planning Applications Received

18/02203/FLL: Erection of garden room (in retrospect) at 70 Simpson Wynd, approved.

18/02122/CON: Demolition of a dwelling house and garage at 27 Curate Wynd.

18/0301/IPL: Erection of a dwelling house (in principle) at land 20 metres north west of Levenbank, High Street.

18/02085/FLL: Extension to dwelling house and formation of steps at 8 Montgomery Way.

18/02189/FLL: Installation of railings and gates (in retrospect) at 2 Springfield Road.

18/02344/FLL: Change of use of open space to form extension to cemetery and associated works at Kinross Cemetery, Broom Road.

19/00065/LAW: Extension to dwelling house, proposed.

19/00074/IPL: Residential development (in principle) at land 80 metres south east of Twin Pines, Tillyochie, Balado.

Cllr I Jack advised that he had previously circulated the application in respect of **19/00074/IPL** which had previously been submitted in a different format and subsequently withdrawn in summer 2018. The land has been deemed as inappropriate for housing development and there are also technical issues with drawing, with various objections being submitted by concerned residents.

A farmer in the area expressed his concerns with the proposed application to the CC and requested that the council write to PKC opposing the application. Cllr D Colliar confirmed that the CC had opposed the previous application on the same principles. Members agreed that a letter be sent from the CC.

Planning Applications Determined by PKC

18/02107/LAW: Extension to dwelling house at 19 Mavisbank, refused.

18/01877/LAW: Extension to dwelling house at 2 Leven Place, approved.

18/01913/FLL: Change of use of retail shop (class 1) to dwelling house at Tack Room, Tillyochie House, Balado, approved.

18/02053/FLL: Extension to dwelling house at 34 Morlich Place, withdrawn.

18/01888/FLL: Formation of a vehicular access at 38 Montgomery Street, approved.

18/02155/FLL: Extension to dwelling house at The Bield, 1 High Street, approved.

18/02121/IPL: Residential development (in principle) at land 20 metres east of 27 Curate Wynd, refused.

18/02211/FLL: Alterations to dwelling house at Louvain, 29 High Street, approved.

18/02203/FLL: Erection of a garden room (in retrospect) at 70 Simpson Wynd, approved.

18/02039/FLL: Extension to dwelling house at 2 Morlich Place, approved.

18/02172/FLL: Change of use of agricultural land to form additional garden ground and erection of a fence at Craigwell, Milnathort, approved.

18/02044/CON: Demolition of pump house at former Kinross High School Pump house, High Street, refused.

18/02032/FLL: Demolition of pump house and erection of a wall at former Kinross High School, High Street, refused.

Councillors' Reports

Cllr W Robertson advised that a closing date of 14 February had been set for the Ward Based Initiative (a number of applications had been received already) with a training plan scheduled for 21 February and a Panel meeting on 26 February.

In respect of Avenue Road, Cllr Robertson has arranged a site meeting with housing and parking officials following concerns re the south side (right hand side) of the road. The meeting is arranged for 2pm on 5 March and it was agreed that Cllr M Blyth would represent the CC (a Green Space representative will also be invited to attend the meeting). Cllr I Jack confirmed that the issues were around badly parked cars and suggested that extending the double yellow lines may stop this.

In respect of the housing between Kinross and Milnathort, Cllr M Barnacle agreed with Cllr Robertson's comments.

With regard to LDP 2, Cllr Barnacle advised that the issue was more around capacity as opposed to numbers.

Members were advised that details of a consultation on how to improve community transport, linking rural communities with towns would be included in the next edition of the



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Newsletter. CCllr W Freeman requested that the links to the consultation be forwarded to the CC in order that these could be uploaded to the Facebook page.

Cllr C Purves advised that his response to Portmoak CC in respect of cross boundaries would be included in a paper submitted to PKC on 27 February.

A bench has been installed at Myre Park. CCllr Freeman advised that the CC had been contacted by PKC in respect of the wording of a sign which would be erected at Myre Park. After discussion it was agreed that signs would be put at every entrance to the park and would read 'The Myre Park leading to The Montgomery Park'. CCllr Freeman would respond with this information to PKC.

Correspondence

University of Glasgow – the University has written to the CC (amongst others) advising that the Dumfries Campus were exploring the approaches to planning for and responding to natural hazards at a community level, in particular the extent to which local businesses are engaged in this. Following discussion, it was agreed that the CC would not participate in the survey.

Kinross-shire Youth Enterprise – an invitation has been received to send a representative to the KYTHE on 24 February at 3pm. CCllr B Davies agreed to represent the CC.

Any Other Competent Business

Lathro: CCllr D Colliar advised that there had been no further consultation or report and felt that the concerns of the CC would be ignored.

Christmas Lights/Tree: CCllr D Cuthbert wished to place on record his thanks to Jimmy Smith for donating the Christmas tree to the town.

In respect of the Christmas lights, PKC had emailed to advise that any advertising on poles (i.e., plaques on the poles highlighting who had contributed to the lights) would need to be paid for and had subsequently been removed by Tayside Contracts and put into storage. It was agreed that CCllr D West would write to PKC in this respect.

Potholes in road at Chance Inn Farm:

CCllr T Stewart raised the issue of potholes on the B918/A91 junction. Cllr W Robertson agreed to report this to PKC.

Bridge at Burnbrae

CCllr I Jack enquired as to when the bridge would be repaired and was advised that PKC were waiting until spring to undertake the work. He asked that if the work had not been completed by the end of April, then the issue should be raised again.

Windlestrae Hotel: CCllr M Blyth asked for confirmation in respect of the planning application as she had heard that the current owners (McCarthy and Stone) had now decided not to go ahead with their building and planned to sell on. Cllr C Purves advised that he had also heard this but that he had no further information.

Kirklands: CCllr M Blyth also enquired as to the current situation in respect of the recent planning application and was advised that the planning application had been approved.

Wilson Court Signs: CCllr L McKay advised that the sign in respect of parking was not working and wondered whether double yellow lines would be more appropriate. Cllr W Robertson agreed to deal with this issue.

Wilson Court/Springfield Road – a hole in the road had been reported to PKC and had been filled on a temporary basis.

Kirkgate Play Park: CCllr L McKay raised concerns around cars being driven in the park at night and advised that this had been reported to the police who had increased the number of patrols in the area. The play park itself was still fenced off and Cllr W Robertson agreed to look into this.

Broken Window at Mill Street: CCllr L McKay agreed to send details to Cllr Robertson.

Wreaths on Memorial: CCllr L McKay advised that the wreaths had been blown into the Christmas tree following the recent high winds and some had been damaged. It was agreed that the wreaths which had been damaged should be disposed of, while the others should be replaced on the Memorial.

Dog Mess: CCllr L McKay raised the issue of increased dog mess around the loch and it was agreed that dog wardens would be requested to patrol the area.

Street Lights: CCllr B Davies raised the issue of the lights around the leisure centre and enquired as to who was responsible for replacing bulbs. Cllr W Robertson advised that Live Active and not PKC were responsible.

Litter Issue Around Giacopazzis: CCllr B Davies raised the issue of litter around the area of the shop and the incorrect placing of rubbish bins. Cllr Robertson advised that it was land-owners responsibility to place the bins and not the Council's. However he would request an additional bin for the area. It was agreed that the CC would write to Giacopazzis.

Cold Calling Signs: CCllr L McKay advised that a supply of cold calling signs are now available for residents from local businesses, including the library. CCllr McKay also advised that the police can prosecute cold callers if householders display the signs.

The next meeting of Kinross Community Council will be held on Wednesday 6 March 2019 at 7.30pm in the Lodge.

Kinross CC minutes and agendas are posted online at:

www.kinross.cc/cc.htm

You can also follow Kinross CC on Facebook at:

www.facebook.com/KinrossCC

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Milnathort & Orwell Community Council News from the February Meeting

Present at the meeting held on Thursday, February 14, 2019 were: Councillor C Williams (chairman); Councillor C Flory (vice-chairman/secretary); Councillor D Flory (treasurer/planning matters); Councillor M Leach, P&K Councillors (Cllrs) C Purves and R Watters; minute-taker E Rougie and nine members of the public. Also in attendance was Alisdair Stewart of Aerospace Kinross.

Apologies were received from Cllrs W Robertson and M Barnacle.

Police matters: No police were in attendance although it was noted that they were informed of every meeting. Cllr Watters has written to them and a new officer has been recruited. It is to be hoped that this will improve their availability to attend.

Guest speaker: Alisdair Stewart gave an update on the progress of Aerospace Kinross, an ambitious project aimed at creating jobs, boosting tourism and stimulating interest in aviation and space travel among young people. Its centrepiece will be a visitor attraction that it's anticipated will attract around 100,000 people a year. Two suitable sites have been identified, namely land at Kinross West and the site of the former Forth Wines in Milnathort. An impact study has been carried out on both potential sites and it's hoped that funding can be acquired via the Tay Cities Deal. Pupils at Kinross High School have also built a plane, which is due to make its maiden flight on March 1, while an indoor mobile planetarium is available for schools, science festivals and youth organisations. Mr Stewart said that Aerospace Kinross had also been accepted as one of Scotland's first Challenger Centres, set up in memory of Christa McAuliffe, one of the crew members who died in the Challenger Space Shuttle disaster in 1986.

Planning matters

Applications submitted:

Formation of forest tracks, Carleith Wood, noted.

Siting of modular office building and formation of car parking area (in part retrospect) at Adam Neilson Ltd., South Street, noted.

Extension to house at Balfour Crescent.

Applications decided:

Change of use of agricultural land to form additional garden ground and erection of a fence at Craigwell, approved.

Extension to Arlary Farmhouse, approved.

Erection of a storage unit at Drysdale Fencing Ltd., Stirling Road, approved.

Questionnaire: At the end of January a questionnaire was distributed among residents regarding surface water management in the village. However, no one at the meeting had received one and Cllr Watters will find out whether it was only circulated among householders affected by flooding.

Matters arising

Jessie's Park: Cllr Purves will follow up the issue of fallen barriers.

Pitdownies: Councillor D Flory read out a letter from Cllr Barnacle expressing concern about the number of houses proposed for land at the Pitdownies. It had risen from 40 in LDP1 (the first local development plan) to 67 in the current pre-application notice (PAN) that has been submitted to PKC. There followed a lengthy discussion about the impact of extra traffic in Wester Loan and North Street, especially in light of the development at Pace Hill. Cllr Watters advised that he had asked PKC to update its previous traffic management plan for

Milnathort and Kinross as considerably more houses were being built in the area than originally envisaged. It was noted that as the Pitdownies plan was still at the PAN stage, it was not too late to submit comments. After further discussion, it was agreed that all local councillors will write jointly to PKC officers requesting a meeting to discuss traffic issues.

Appeals: Cllr Purves advised that he had put forward a motion to PKC asking for rights of appeal on planning decisions to be extended to communities. However, he was defeated by 30 votes to six.

Road safety: The vehicle-activated sign in South Street is not yet operational and the proposed sign in Stirling Road has not yet been installed. Cllr Purves will follow up. Future traffic-calming measures include new speed bumps in Bridgefauld Road and a vehicle-activated sign in North Street.

Comments from the floor

Cuthill Towers: A member of the public said that there was no footpath from the Cuthill Towers development to either Milnathort or Glenfarg, despite there being 31 houses and 88 residents, including 30 children. There was also a bus shelter on one side of the road only. Following discussion, Cllr Purves said he will raise the issue with TRACKS and PKC as the situation was considered to be dangerous.

Dog fouling: Green bags are still available free of charge in key locations, including the library. It was noted that dog fouling in Tillywhally Wood has increased significantly since the field was fenced off to accommodate the Pace Hill development.

Other business

High hedge: Cllr Purves will ask PKC to request that the hedge at Carrs Billington is cut back as it is considered to affect the visibility of children going to school.

Guest speaker: The manager of the Tack Room will give a presentation at the next CC meeting.

Councillors' reports

Cllr Watters advised that a meeting was scheduled for 21 February at which applications for a share of the £50,000 Community Investment Fund would be considered. Councillor Williams will also attend. The final decisions will be made the following week.

Cllr Purves said that PKC was due to set its budget the following week.

The next meeting of Milnathort and Orwell Community Council will be held in Milnathort Town Hall on Thursday 14 March 2019 at 7.30pm. Members of the public are invited to attend, and applications from potential community councillors are welcomed.

Residents of Milnathort!

If you are Interested in representing your community consider becoming a Community Councillor. We require 4 new members. Please contact Caroline Flory. Email: communitycouncilmilnathort@gmail.com or come along to our next meeting on 14 March in Milnathort Town Hall at 7.30pm.

Find Milnathort CC minutes, agenda and other information at:

- www.milnathortcommunitycouncil.org
- www.facebook.com/milnathortcommunitycouncil
- twitter.com/milnathort_cc
- Loch Leven Community Library
- Milnathort Church Office

Portmoak Community Council News from the February Meeting

Present at the meeting held on 12 February were: CCllrs M Strang Steel (Chairman), R Cairncross (Secretary), B Calderwood (Treasurer), S Forde, D Morris, A Muszynski and T Smith; and P&K Councillors (Cllrs) M Barnacle, C Purves and R Watters; and three members of the public.

Apologies: CCllr G Cox; Cllr W Robertson; and Police Scotland PC D Stapleton.

Approval of Previous minutes: The Minutes of the CC meeting held on 11th December 2018 were approved subject to the following amendments: 17/02227/FLL Levenmouth, line 8 amend to: 'The Chairman to contact Cllr R McColl'; and Westfield Energy recovery facility, line 1 amend to: 'Brockwell Energy Ltd is responsible for the development of the Energy from Waste facility. It had been sold by Hargreaves Land for a sum in excess of £21M to an investment company or companies. Hargreaves Land retains certain freehold land assets at Westfield on part of which Brockwell intends to develop its energy production assets.'

Matters Arising:

School Access – policy on parking and safe access routes for children. The absence of progress on this policy was disappointing. The Chair had now heard from the Convenor of PKC's Environment and Infrastructure Committee, Cllr Angus Forbes, that he believed that Cllr C Purves would communicate to the CC on the matter. Cllr C Purves confirmed that he had nothing to say as he was waiting for Convenor Forbes to respond. The Chairman would again contact Cllr Forbes to clarify the situation and seek comment. If the opportunity arises the matter may be added to the agenda of a possible meeting with the new CEO, Karen Reid.

Footpath from Scotlandwell to the Church, Hall and beyond. The Chairman reported that the CC had met the request of PKC and obtained consent from the owners of the relevant land to permit PKC to undertake a survey of possible routes as part of the required option appraisal. This had been communicated to PKC.

Resilience – being better prepared for risks. Community Emergency Plan. CCllr A Muszynski reported that there had been a further constructive meeting with interested local parties and representatives of SSE and the PKC Local Resilience Partnership. The Community Emergency Plan was evolving, following a template in-line with national and regional provisions, and was being informed by input from the Local Resilience Partnership, SSE and national organisations. Work was in hand to clarify the contribution of utility providers

in emergency conditions. At some point the intention was to share the Plan with the wider Portmoak community and seek their support to what has been proposed. The Plan, once confirmed, would be placed on the CC website and a single summary page made readily available throughout the community. Complementary to this was work with SSE and the NHS to identify vulnerable residents.

Review of Scheme of Establishment of Community Councils. Cllr C Purves reported that revisions to the Scheme of the Establishment of Community Councils would be formally considered by the full Council at its meeting 27 February. PKC would be apprised of the CC's position on boundary changes and the support for this from both Kinross and Milnathort CCs.

Moss Road car park. The Chairman reported that, as it was impossible for the proposed title change to proceed, the relevant support funding had been returned to the benefactor and a residual legal bill settled.

Whitecraigs redundant land plots. PKC Greenspace had confirmed PKC maintenance for the plots is due to start from 1 April. Excluding the plot being developed by Kinnesswood in Bloom, the remaining seven plots will be categorised as a single site with the following schedule:

Grass cutting carried out on a fortnightly basis weather permitting (April – October).

Weed control carried out twice a year on hard surfaces.

Shrub beds to receive two visits per year, once in July to apply weed-killer and litter pick, and once in the winter to check if vegetation is overhanging onto footpaths and only cut back if overhanging.

Tree works carried out on a reactive basis.

Litter collections carried out when GM are on site.

If there are any problems with litter, trees etc. this should be reported (through myPKC) and the squad will attend.

Portmoak Cemetery. The Chairman reported that, although progress on this matter was slow, a possible site was now under consideration.

AOCB Charging children for school transport on the 201 service bus. Cllr C Purves reported that, in response to a request by our Ward Councillors, the PKC Public Transport Unit had reviewed the current provision for children from Scotlandwell accessing the school per the 201 service bus. It had determined that the transport arrangements for those pupils residing south of the school is to be provided by an education transport contract from school session 2019/2020. Following this decision, it has been agreed that in the meantime affected pupils travelling on the 201 Service



will not be required to pay the appropriate fare and may travel free of charge on the 201 Service, to and from school, from Monday, 18 February 2019 until the end of this school session ending 28 June 2019. As a result of these changes, the 201 Service will no longer operate to and from Portmoak Primary School as from 21 August 2019. The CC welcomed these arrangements and thanked the councillors for their support in achieving this outcome.

Rural Transport. Cllr C Purves reported that, following the discussion on rural transport provision at the recent Kinross Forum, ward councillors proposed to conduct a Kinross-wide survey to understand current transport needs and to feed the results into subsequent discussions with the PKC Public Transport Unit. It was acknowledged that the options identified will not be constrained by the current conventional arrangements provided by Stagecoach and that innovative strategies including voluntary provisions would be explored. Experience of models elsewhere would be considered. Destinations would include not only travel requirements within Kinross-shire but links to and from destinations in neighbouring Fife, and Clackmannanshire as well as links to destinations using the M90. The needs of specific groups could be explored with the CC highlighting that the views of teenagers and school leavers should be addressed. The CC received a paper from Cllr G Cox. This proposed evaluating the option of extending a two hourly Jet 747 (Edinburgh Airport – Inverkeithing rail station – Halbeath P&R) onwards through Kinross to Glenrothes (following the 201 route through Portmoak). The CC asked that this paper be taken into account. It would support survey work to secure community views on transport.

Police: The CC noted the local report from PC D Stapleton – there had been no local crime. The CC also noted the Area Commander Bulletins of 12, 19, and 26 December and of 2, 9, 16, 23 and 30 January 2019, and of 6 February.

Treasurer: The balance at the month ending 31 January 2019 was £411.40 in the General Account and £1144.27 in the Michael Bruce Way Account, giving a total of £1555.67. The Holding Account No. 3 held £1500 as the cheque returned to the donor had not been cashed.

Planning

New applications:

18/02275. Napix, The Cobbles, Kinnesswood. Erection of a conservatory. No comment.

18/02243/FLL. Carlin Maggie Cottage, Pittendreich. Extension to dwelling house. No comment.

18/02267/LBC, 18/02268/FLL. Loch View, Main Street, Kinnesswood. Installation and replacement of windows and doors. No comment.

Progress with Developments:

17/02227/FLL. Levenmouth, Scotlandwell. Erection of two houses. The Chair reported that, following Cllr R McColl's offer to meet the CC, he had invited Cllr R McColl (Convenor, Planning and Development Management Committee) to join with the CC at its Management Group Meeting on Monday 25 February. [Note: Following the meeting Cllr R McColl accepted the CC's invitation.]

18/00667/FLL. Former Lomond Inn, Kinnesswood. Erection of a dwelling house. The CC understood that a new application was anticipated by the end of March.

FIFE 18/18/02342/ARC Westfield, Energy Recovery Facility.

On 4 February and subject to conditions, Fife Council had granted full planning consent for this application. Although the specifications for the Energy from Waste (EfW) plant had been modified with a consequent modest drop in supplying HGVs, the overall predicted HGV traffic to and from the site has not changed. There will be detailed Construction Transport Plans for each construction site but an overall Operational Transport Plan for the whole site. SEPA will play a key role in licensing and monitoring activity associated with this EfW plant. Although not a condition of planning there is an intention to move in April to establish a Community Liaison Group. This would be a pan Fife/PKC Group with representatives from ward councillors, council officers, community councils, and other community interest groups.

LDP2, Consultation on Supplementary Guidance:

a) Air Quality and Planning; b) Flood Risk and Flood Risk Assessments; c) Housing in the Countryside; d) Open Space Provision; and e) Placemaking Guide. Consultation on these five supplementary guides would close on 14 March. Preliminary responses for the CC to consider would be made by: Cllr A Muszynski (Flood Risk/Flood Risk Assessments and Placemaking); Cllr R Cairncross (Housing in the Countryside and Open Space provision); and Cllr B Calderwood (Air Quality and Planning).

PKC Planning Performance Framework Feedback. The CC received the above performance feedback and noted that the Minister, in acknowledging it on behalf of the Scottish Government, had remarked that a High-Level Group on Planning Performance had recently met to discuss performance measurement and other improvements. Support for ongoing improvements in the planning service



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was important. The CC would write to the Minister copying its letter to the PKC CEO stressing the importance of complementing self-reported quantitative measures with independent qualitative evaluations that took account of the views of the community that the council served.

Removal of Public Comments on Planning Applications from Public Access. The CC considered the letter from Cllr C Purves to PKC's Interim Development Quality Manager regarding PKC's unilateral decision to withdraw access to comments made by the public and non-statutory organisations from the Public Access e-planning portal. Apparently comments are being removed from the public domain once a planning application is determined to comply with the General Data Protection Regulation (GDPR). Given that, beyond the name of the person submitting comment, all other personal information is redacted this may not be a valid interpretation of the GDPR. It is useful to refer back to comments made on determined planning applications. The CC strongly supports Cllr C Purves' letter and his statement that 'Planning decisions are a matter of public record and so should be the process by which they are reached. People engage in what is a quasi-judicial process knowing that their comments will be made public and open to scrutiny. This transparency should not lapse after a set period of time.' The CC would write to PKC expressing its objection to these changes.

PKC Reviewed Planning Enforcement Charter. The CC noted the Charter.

Roads: Cllr Calderwood reported that work to improve the road markings around the junction of the B9097 and B920 was in hand. The delay in removing the 40mph limits at the completed works at RSPB Loch Leven would be investigated. Cllr S Forde reported on poor road markings and an absence of cat's eyes making driving difficult on the road between Lethangie and the community campus. The matter should be reported on the PKC roads website.

Paths Group: The work programme for 2019 was in preparation and would be presented at the March meeting.

Community Council Website: The CC approved the new website and its immediate commissioning. It thanked the Webmaster, Gordon Vance, for his work in developing it.

Councillors' Reports

Cllr M Barnacle reported that, in respect of the LDP2, the Government's Reporter had required further information relating to the capacity ranges for new housing set out in the proposed LDP2. The proposed council budget would become public shortly but it would be several weeks before it is settled.

Cllr C Purves reported on his approach within the council to secure an equal right for local communities to appeal council decisions for planning applications. Presently only developers can appeal such decisions but local communities do not have a similar right to appeal. This disparity contributed to a serious lack of trust in the planning system. With planning legislation currently before the Scottish Parliament, it was timely to raise this matter. Unfortunately, his motion to do so in council was substantially defeated by a significant number of councillors. The CC considered the matter and determined by a large majority to support Cllr Purves' proposal. The CC will write to the Minister setting out its support for this legislative change and copying it to the CEO Karen Reid. Cllr D Morris would undertake an initial draft.

Cllr R Watters reported that arrangements were in hand to disburse this year's allocation to the Community Investment Fund. The Chairman would represent the CC at the relevant meetings.

Matters raised from the floor:

Portmoak School: The CC noted the imminent departure of the Headteacher, Louise Gordon. Her stay in Portmoak had been enriching and rewarding for all. The CC wished her well in her future career.

Events: the CC noted two events details of which had been circulated: The Scottish Flood Forum – networking event; and the Community Asset Transfer – event.

A Consultation on Fireworks in Scotland: The Scottish Government was taking forward a consultation on fireworks in Scotland due to conclude on 13 May. Residents who may like to comment can find further information on the Scottish Government public website.

The next meeting of the Portmoak Community Council will be held at 7.30pm on Tuesday 12 March 2019 at Portmoak Village Hall, Scotlandwell.

Portmoak CC minutes can be viewed:

- on the notice board in the village hall
- in a file in Kinnesswood Village Shop
- on the website www.portmoak.org

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Fossoway and District CC

News from the February Meeting

Present at the meeting held on 5 February 2019 were: Community Cllrs (CCllrs) A Cheape, T Duffy, C Farquhar, G Pye and Associate Member T Carroll; P&K Cllrs M Barnacle and C Purves and seven members of the public.

Apologies: Cllrs W Robertson and R Watters.

Police report: Unfortunately, no officer was able to be present at the meeting. There was one incident to note in our area since the last CC Meeting from the Commander's Reports received via Perth and Kinross Community Watch: Between 7pm, Thursday 10 January and 10.30am, Sunday 13 January, a quantity of diesel was stolen from a lorry at Blairingone.

Minutes of the previous meeting: The minutes of the previous meeting were signed off with one amendment: The meeting on Blairingone School Estate was not in January but will be in March.

Community Council by-election: The CC regretfully announced that due to personal pressures, Jennifer Donachie has had to resign from this CC. The CC expressed its sincere thanks to Jennifer for her work, especially with regard to planning and as deputy minute secretary.

PKC's Corporate and Democratic Services Department have notified the CC that as we now only have three elected members it is necessary to hold a by-election to re-establish the remaining members.

In response to an appeal via Facebook, four people have expressed possible interest in joining the CC. However, in the absence of any new members joining the CC, the current members are unable to continue with the workload and this CC's future is in doubt.

Anyone wanting to join the CC and stand for election, please get in touch with the chair, Trudy Duffy on 01577 840669. Visit the CC's Facebook page or PKC's website for the necessary forms: www.pkc.gov.uk/communitycouncilselections

Matters Arising

Blairingone School Estate Transformation: Cllr Purves informed the meeting that the consultation report, including the report from Education Scotland, will be reviewed at the 27 March meeting of the Lifelong Learning Committee to decide if they agree with it. The report will have been available for public review for three weeks beforehand. If the committee continue to propose closure, then the next step is for the Scottish government to review the proposed closure.

Powmill in Bloom: CCllr Farquhar reported that the group are still undecided whether to enter the Well-Kept Village competition this year, meanwhile they intend to maintain the displays already in place and add an upcycled trailer in the spring.

Hydro Scheme Fund/Crook of Devon Bridge: A date is being agreed for a site visit to discuss the proposed location of the bridge, as the visit on the previously agreed date was unable to take place.

Fossoway Gathering: CCllr Duffy reported that planning for the gathering is going very well. More people have joined the organising committee and the first grant application has been submitted. The event will be on May 25 at Waulkmill Park – stands are still available, anyone interested should contact the committee via fossowaygathering@gmail.com for more information.

Fossoway Area Transport/DRT: A proposal to create a scheme covering a much wider area is under discussion, with a number of other CCs involved. Cllr Purves explained that there is a plan from PKC's transport department to hold a survey to establish what sorts of journeys are needed. The survey will be available online, and paper copies will also be distributed to some areas where there is a resource to do so. A group needs to be formed to create and run a scheme, and although initial funding would need to be grant-based, if the scheme is successful PKC might take it on.

Carnbo VAS: Cllr Watters is looking into some issues with this, and in his absence the item is deferred to next month.

Blairingone War Memorial: Cllr Barnacle reports that the developer has confirmed that the promised sum of £2k is still available. The next step is for a local mason to inspect the memorial and estimate the cost of the move. Associate Member Carroll knows of a local craftsman and will work with Cllr Barnacle to obtain the estimate and possibly assist with the actual move.

Crook Moss Travellers Site: Cllr Barnacle is due to meet with a PKC Officer to discuss the drainage connection.

Ivy Cottage Powmill: Cllr Barnacle reported that PKC have drawn a blank contacting the owners, and he is now encouraging Compulsory Purchase of the property.

Matters Arising with no update since last meeting:

Crook and Drum Growing Together, Powmill Play Park, A977

Mitigation and LDP2: No information at present.

New Business

School Crossing Patrols: Cllr Duffy had heard a rumour that they are to be stopped. Cllr Purves explained that lunchtime cover is being removed due to very little demand, and

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although there are some changes to cover where vacant posts are not being filled, this only represents a total of eight locations. In addition, there are ongoing reviews of crossing places with consideration given to upgrades to pelican crossings, etc. Consequently, there is no truth in this rumour. A member of the public asked whether any Council Officer actually inspects the crossing point before making changes.

Community Council Business - Meetings Attended

Kinross-shire Local Action Plan: Cllr Duffy attended this; the next meeting will discuss the Community Investment Fund.

P&K Councillors' Reports

Mike Barnacle: Cllr Barnacle had received complaints about lack of gritting on minor roads and pavements.

Callum Purves: Cllr Purves reported that the LDP2 Reporter had queried the LDP2 change to specify upper limits on the number of properties in a proposed new development, asking for evidence that this had happened in the past. Cllr Barnacle and others had proposed an amendment to strengthen the upper limit.

The process to agree next year's budget is in full swing. There are long term proposals to change the way that local councils get their funding.

Planning Matters

19/00020/FLL Change of use of agricultural land to garden ground and alterations and extensions to dwelling house at Merryhills; Rumbling Bridge Kinross, no CC comment.

19/00092/FLL Installation of two wind turbines and associated works, land 300 metres north-west of Dollar Equestrian, Blairingone. The CC object on this CC's normal grounds of there being no overall PKC policy on wind turbines, and hence cumulative effect is not controlled. Additionally, there are ambiguities in this application regarding the ownership of the land and the identity of the applicant, which need to be resolved before detailed comments can be made.

18/02250/FLL Change of use from open space to garden ground and erection of a fence (in retrospect) at 1 St Serf's Road, Crook of Devon, no CC comment.

Decided applications

18/02124/FLL Erection of a dwelling house and office (Class 4) at Land 180 metres south-west of Powmill Cottage, Rumbling Bridge, refused on grounds of too large a scale; no CC comment.

18/02164/FLL Alterations to dwelling house to form two dwelling houses at Cairnfold House, Blairingone, Dollar, approved, no CC comment.

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Cllr Purves reminded the meeting that PKC have published LDP2 Supplementary Guidance documents covering various topics. They are now open for consultation via www.pkc.gov.uk/ldp2guidance until 14 March.

Correspondence: All correspondence was available for viewing: PKC propose to put double yellow lines at the top 15 metres of Waulkmill Road, where it joins Main Street.

AOCB: Cllr Duffy has successfully applied for 'settled status' as an EU citizen, due in no small part to assistance from PKC's Corporate and Democratic Services department who were able to confirm Cllr Duffy's long-term service as a member of this CC, and hence her residence in this country.

Draft Agenda for Next CC Meeting

Welcome and Apologies, Declarations of Interest, Community Policing, Minutes of last meeting.

Matters arising: CC Election, Blairingone School Estate Transformation, Crook & Drum Growing Together, Powmill in Bloom, Hydro Scheme Fund, Fossoway Gathering, Fossoway Area Transport, Carnbo VAS, Blairingone War Memorial, Ivy Cottage Powmill.

Community Councillors: Meetings Attended, PKC Councillors' Reports, Planning, Correspondence, AOCB

The next meeting of Fossoway and District Community Council will be held on Tuesday 5 March, at 7.30pm in Blairingone Primary School.

Fossoway & District CC minutes are posted on the website

www.fossoway.org

and on their Facebook page, along with other community related information. Search for Fossoway & District Community Council on Facebook.

Cleish & Blairadam CC

Cleish and Blairadam CC are due to meet on **Monday 1 April** at the Tabernacle Hall, 7.30pm. Draft minutes of previous meetings may be available on the CC's website at www.cleishandblairadam.org.uk.

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Club & Community Group News



Kinross-shire Local Events Organisation

www.kleo.org.uk



Leven Voices Community Choir Concert

Come and listen to all the songs we have been working on with Horsecross Arts Tutor Emma Neck! The concert is on **Tuesday 12 March at 8pm** at Kinross Parish Church. Donations at the door, proceeds go to local charities. Songs for everyone, come along and enjoy!

After the Easter break Leven Voices sessions will start again from Tuesday 16 April onwards. Sessions take place from 7pm at Kinross Parish Church. You pay as you go (£4 or £3 concession). There is a £6 'registration fee' which is used to pay for the hall for the 10 week period. Just come along, sing and enjoy!

Kinross Kacophony Orchestra

Come and listen to the Kinross Kacophony Orchestra, an orchestra for adults led by conductor Dougie Flower. Over the last few weeks we have been working on four or five pieces and we would like to perform them for you at a concert on 19 June.



After the Easter break the orchestra will start rehearsing again from Wednesday 17 April onwards. All abilities are welcome but it is handy if you can read music. Please don't worry if you haven't played for a while, we are a very friendly and informal bunch. Sessions are from 7.15pm to 9.15pm at Loch Leven Community Campus and the weekly fee is £5. Contact Bouwien Bennet on 01577 863107 for more information.

Above and right: Kinross Kacophony Orchestra

Below: Leven Voices

Kinross Farmers' Markets

The markets will start again in April. The first one will take place on **Saturday 27 April from 10am-2pm** on the High Street of Kinross.



The following market dates will be on the fourth Saturday of the month from April to October (apart from July when there will not be a market). This means that the dates are as follows: 27 April, 25 May, 22 June, 24 August, 28 September and 26 October from 10am-2pm. Please note that, on market days, the High Street will be closed from the entrance of Burns Begg Street to the entrance to Montgomery Street.

Extra cash/funding available for local community groups

KLEO is looking for community groups or local sports clubs who can help out at one of our markets. We need help setting up and dismantling the market stalls and delivering the market equipment with the KLEO trailer to the market site on Kinross High Street. We can pay a local group £200 for their assistance at each of our markets. Last year we had a different group helping out each time and that worked out very well.

We need a local group(s) which can provide the following: 7 to 8 helpers for any of the dates above from 7.30am-9am (setting up stalls) and to take down the equipment after the market from 2-3pm; who can provide a driver (with a clean driving licence) and car with tow bar to tow the KLEO trailer with market equipment from Fruix Farm to the market site on Kinross High Street (and back after the event).

If you are interested in this opportunity please contact Bouwien Bennet by email at bouwien@kleo.org.uk.

For more information about KLEO events please visit our website.



Common Grounds

www.spanglefish.com/
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The year has certainly got off to a fine start with us enjoying two very entertaining mornings. In January we raised a toast to Robert Burns with shortbread, live music and a sing-song enjoyed by a busy session. This was followed up in February with a Valentine-themed morning. Once again delicious chocolates and home baking, suitably decorated, wowed our volunteers and friends against a background of nostalgic love songs! A warm welcome was extended to the new faces who attended and hopefully many will return to our March project lunch. The contributions from all who made both events so successful are greatly appreciated and merit a huge thank you.



The Common Grounds Valentine's Day celebration

Project: Our March project is historically 'Out of Africa'. This year it will be Scottish Love In Action which we last supported in 2013. This Edinburgh based charity supports two children's homes in India where about 500 children, who otherwise are not supported or who live on the streets, are fed, clothed, housed and educated. This enables them to lead independent poverty-free lives in the future.

The VOICE 4 Girls project seeks to break the cycle of poverty by providing mentorship and empowerment training to vulnerable girls, to encourage them to remain in education and resist early marriage, childbirth and child labour. Six thousand girls in 30 schools will be helped.

Project Lunch: Our project lunch is on **Tuesday 5 March** at 12 noon in the Guide Hall, Church Street, Milnathort and our speaker will be from the charity Eagles Malawi. A lunch of homemade soup, bread, traybakes and Fairtrade tea and coffee will follow the speaker. Everyone is welcome.

Our opening hours are still 10am–12.30pm Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort. More information is on our website.

Contacts outside of opening hours are Elspeth Caldwell (Convener) on 01577 863350 and Linda Freeman (Secretary) on 01577 865045.

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Kinross Garden Group



We had an extremely entertaining and informative talk in February from John Marshall. He regaled us with his exploits in potatoes, their history and the many ways in which they can be used! Our next meeting is on **Thursday 14 March at 2pm** in the Millbridge Hall, Kinross. Caroline Thomson of Backhouse Rossie Estate at Collessie in Fife will talk about the history of the estate, its daffodils and the Quaker garden trail. Membership fees are £10 for the year and £2 for visitors. If you are new to Kinross-shire and interested in meeting fellow garden enthusiasts you will be made very welcome. Doors will be open from 1.30pm. For more details contact Caroline Anderson on 01577 864589.

Crook & Drum Growing Together



With the first signs of spring now arriving, and the birds singing, we are looking forward to all our bulbs flowering in planters and along verges, as well as in Penney's Wood. We hope there is no repeat of the 'Beast from the East' this year!

We have also recently planted hundreds of snowdrops, and some primroses, in the grass area in the centre of Drum Village. Hopefully these will multiply over the years.

Following the success of our Christmas wreath workshop, some of the ladies asked for a similar activity at another time of year, so we are planning a workshop for a spring flower arrangement. This will be in Crook of Devon Village Hall at 2pm on **Saturday 30 March**, cost £10. We will supply pots, greenery and small daffodils, but you can bring your own small scale flowers as well.

There will also be a children's craft session (cost £3), with a spring and Mother's Day theme. Children must be accompanied for this. To book please contact Amanda on the details provided below. Further details will be available on our Facebook page. Please follow our activities there as the season progresses.

We will also have a plant stall at the New Fossoway Gathering on 25 May. Please let us know if you have any spare seedlings or plants which you may be dividing in the spring, which we can pot up for this. Also do get in touch if you have any ideas for future developments within Crook of Devon or Drum.

Contact Amanda James on 07963 476803 or by email at amandajames1577@gmail.com.

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Portmoak Community Woodland Group

Dropping a long-running event and changing direction is quite scary! Instead of our traditional Burns Supper, held for the past 18 years, we decided to have a Burns Ceilidh. We went for dancing instead of speeches but still commemorated the bard with some popular set pieces and community singing.

Ticket sales began slowly but, by the evening of 2 February, we had a sell-out and around 100 people filled Portmoak Village Hall, dancing to the wonderful band, Ceilidh Minogue. It was good to see some of our most loyal supporters as well as a new crowd, with dancers aged from 9 (and possibly even younger) to 90.

Kirsty Buchanan very ably delivered the Selkirk Grace, with younger sister, Eilidh, excellent as Poozie Nancy.

Dr Bill Carr addressed and massacred the haggis. For lovers of detail it's important to record that this year he wore his Sealed Knot re-enactment uniform, comprising a blue bonnet (as worn by the Scots Division in the War of The Three Kingdoms) and a red sash, the mark of the Royalist Officer. He eviscerated the haggis with a basket hilted broadsword, a spectacle some of the children will never forget. We hope the very youngest will recover from the fright!

They certainly appeared to be ready for anything by the time Elaine Carruthers made a surprise entrance dressed as Holy Willie, in nightcap and gown and delivered the famous prayer, on bended knee.



Much fun was had at the Burns Ceilidh!

We kept our strength up with delicious haggis, neeps and tatties, provided by Lochend Farm Shop and that got us through lusty renditions of *A Man's a*

Man and *Scots Wha Hae* accompanied by the versatile Ceilidh Minogue. Another set piece we retained was the raffle, as we need to raise funds. In keeping with our woodland focus we were lucky, once again, to have the top prize of a bird table beautifully made from recycled wood by Matt Hogg of Kinnesswood, who even managed to incorporate parts of a fallen tree. We are very grateful to many other generous donors including David Buchan and Loch Leven's Larder.

You may ask what celebrating Burns has to do with managing our community woodlands. Of course the bard brilliantly connected Scots culture to the natural world and we always use this indoor occasion to remind everyone what we've been doing outside during the previous year. This time, to save the need for a speech, Jeff Gunnell told our story of 'mosses, waters, slaps and styles' (after Tam o' Shanter), in an entertaining slide show.

Is this the start of a new tradition? It certainly seemed to be a great success and we'll have to discuss all the feedback at our regular monthly meeting. As ever, we're glad to welcome anyone who'd like to come along on the third Tuesday of every month, 7.30pm, at the Well Inn in Scotlandwell.

Boys Brigade & Girls Association

Congratulations to Rebekah Roe and Jack Bland for completing their President's Badge work. They can now start working towards their Queen's Badge over the next 18 months.



Junior and Company Section members took part in the Battalion mini-volleyball competition and, although they didn't win, had a fun evening at Bell's Sports Centre.

Around 20 current and former staff members attended Perth Battalion's 125th anniversary dinner at Dewars' Rinks on Saturday 16 February. Ex-BB member John Swinney MSP was guest speaker. Kinross member Chris Cassells was congratulated for his design work in the production of the special edition 125 Battalion Anniversary badge which was also issued to all members.

Juniors celebrated the Chinese New Year by sampling some Chinese food. Members also learned about the real St Valentine as Valentine's Day approached.

Thanks to all who supported our Spring Coffee Morning at the Church Centre.

Company Section members are currently preparing for the Battalion Drill Competition. They are also looking forward to taking part in the popular Battalion midnight hike at the end of March.

Company Section summer camp will take place from 29 June till 6 July. Camp will be based at Jedburgh in the Scottish Borders.

Marquee bookings are starting to come in for next season. Anyone wishing to hire a white 40 foot by 20 foot marquee should contact Company Captain David Munro on 01577 862126 for details. Each hire includes erection and dismantling at a cost of £200 per occasion.



The Junior and Company section mini-volleyball teams

Kinross Camera Club

kinrosscameraclub.org.uk

Following our AGM in early February, we have a new committee and Duncan Robertson our new President welcomes all photographers to come along to the club. In March we start with a talk on 'The Rise and Fall of Aerial Photography' by James Gentles on 7 March, followed by the third round of our League competition on 14 March which will be judged by David Sadler. On 21 March, Stewart Dodd will present his images of South Georgia in his talk '54 Degrees South'. It is our pleasure to round off the month on 28 March with our annual joint evening with the Scottish Wildlife Trust for which we welcome Perth-based wildlife photographer Eric McCabe presenting 'China's Wildlife at the Roof of the World'.

We meet on Thursdays at 7.30pm in the Church Centre. Most weeks we are in the main hall so please use the main entrance. For the first Thursday of each month we use the back room, and on those occasions please use the side door off Piper Row. We also have a Digital Group which meets informally in The Inn, Crook of Devon, on the last Tuesday of every month – next one is 26 March – at which we cover various techniques in digital post-processing and share experience with photo-editing software. Full details and the syllabus are available on the website. Please contact secretary@kinrosscameraclub.org.uk with any questions. Hope to see you along at Kinross Camera Club soon!



'Chinese Youth'
by Maureen Crozier

Kinross Beavers

As part of their Outdoors Challenge badge the beavers were recently making bird feeders from plastic bottles. These have then been put up in their gardens. As a follow-up to this activity the beavers took part in the RSPB Big Garden Watch at the end of January and we got some interesting results.

On 25 January, the beavers received a visit from Jim and Moira Feenan from Fighting Chance who came along to talk a bit about what they do. Fighting Chance is a Scottish charity which works with children (in particular those who have learning support needs) through teaching respect and values in judo. They also run judo clubs for children in the Fife area. As it was Burn's night the beavers were also learning about Scots words, writing a story using Scots and identifying Scottish landmarks and finding them on a map.

Recently Assistant Beaver Scout Leader Richard visited the Beaver Colony at the 1st Merton Park Scout Group in London. It was a Burns night theme with the beavers doing some caber tossing before Richard addressed the haggis. Richard was a big hit with the beavers and the group is looking forward to visiting us in Kinross later this year.



Dental lessons

Congratulations to Oscar, Muir, Douglas, Benjamin and Mungo who have been presented with certificates for having a 100% attendance last term. Well done boys!

On 1 February, we said goodbye to Sonny and Charlie who were moving to Cubs. Good luck boys! Their departure meant we had to appoint a new Lodge Leader for the Dam Builders Lodge. Congratulations to Oscar who has been appointed the new Leader for the Lodge.

The beginning of February also saw Julie from our Group Executive Committee visit the beavers to run some sessions on dental hygiene for the beavers. This included looking at good and bad food. A big thank you to Julie for coming along to do this.

As you can see we have lots going on in the colony at the moment. If you would like to have the Beavers help your community group, or are interested in volunteering with Scouting, please contact us by email at kinrossbeavers@hotmail.co.uk.



Goodbye Sonny and Charlie



Lomond Antiques and Collectors Club



At our January meeting, one of our club members, Chris, gave a very interesting and well-researched talk on the artist, illustrator and lithographer Sir William Russell-Flint, who was born in Edinburgh in 1840. Young William showed artistic talent from the age of five and developed a special skill for drawing maps. He studied in Edinburgh but then went to London and studied at the British Museum. He served in the RNVR during The First World War but, post-war, he became a full time artist with a prolific output. Sir William was a member of The Royal Academy and travelled in south-west France, Spain and Italy. He died in London on 30 December 1969 but his son inherited his artistic skills. Our thanks to Kate for hospitality.

In February, we once again welcomed Prof David Munro who spoke about the history and development of maps. Maps were in many forms, one of the earliest being a sixth century Babylonian world map engraved on stone, showing Babylon at the centre.

David shared other photographs of many different maps, such as a Saami magical drumming map on a shield shape object. We also saw an old parchment map of Wester Balgedie and a map on ceramic tiles.

North was not depicted at the top of the page until the sixteenth century when it became more standardised. The Carta Marina featured the maelstrom and most of the old maps were beautifully illustrated with strange beasts such as a Sea Pig.

David has led such an interesting life, working in Belize and other far-flung regions of the globe. Map makers had to have a care for the political persuasions of certain areas as names and boundaries changed and, of course, new computer skills have added greatly to the depth of information available. Our thanks yet again to David for such a fascinating talk and to Jenny and Elsa for delicious goodies as ever!

Our next meeting is on **Wednesday 13 March** at Fossoway Church Hall. We eagerly anticipate a talk from Ken Miles who will be returning to speak about 'Furniture Tales'.

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Kinross-shire is a Fairtrade County

Kinross and District Art Club

www.kadac.co.uk



The bright, cold and crisp winter weather of February has been an inspiration for all artists including members of Kinross and District Art Club. The frozen loch, the frost-sprinkled undergrowth and the stunning, fiery sunsets, which we have all enjoyed will hopefully feature in future pieces of our artwork; maybe even on display at our annual exhibition in September.

The first meeting of the 2019 committee took place in January, when planning began to produce the KADAC Calendar 2020. This initiative was well received last year and members are enthusiastic to create an equally successful calendar for sale this year.

Another initiative of KADAC members supporting short, weekly art sessions at the Day Centre, was discussed at the meeting. The rota for this has now attracted a good many club volunteers and the sessions have now started. Thank you to committee member Ian Gellatly for leading and coordinating this.

We meet each week on Tuesdays and Fridays (2-4pm) in Millbridge Hall.

If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website.



Two of the paintings currently being created by KADAC members

Fairtrade



There will be a Fairtrade Coffee Morning on **Saturday 2 March 2019**, from 10-12pm in the Kinross Church Centre.

Fairtrade Fortnight is 25 February – 10 March 2019 and we are asked to support the farmers and workers who grow our food. Please come along and enjoy some Traidcraft goodies, and support the 'She Deserves a Living Income' campaign.

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Kinross & District Rotary Club

Great News for Local Member

The club is thrilled that one of our members, Jo Middlemiss, has been chosen to receive an RIBI (Rotary International Britain and Ireland) UK Community Champion Award for 2018-19. There are only eight such awards made for the entire UK so it's a very significant achievement and one she greatly deserves!

The award recognises Rotarians who have provided outstanding humanitarian service over a period of several years. In Jo's case this is for her tireless energy driving support for and participation in the Ethiopia Medical Project which she and her cousin set up. Jo is currently in Ethiopia but will definitely be back in time to make the trip to Nottingham to receive her award.

We're very proud of Jo. She's an outstanding example of what rotarians try to do; make a difference for communities both locally and internationally!

Please read about the charity online at:

www.ethiopiamedicalproject.com

We'd also like to thank local Rotarian Alistair Smith for all the work he undertook in putting forward Jo's case for this prestigious award.



Jo taking a break to help with meals

Rotary Youth Leadership Award (RYLA)

Each year the club works with Kinross High School to select one female and one male pupil to attend camps in Nethybridge in July. The purpose is to develop skills in team working, positive leadership, communication, problem solving and decision making. The lucky candidates always have a great time and frequently surprise themselves with the things they find they are capable of doing!

This year we'd like to thank Mr Conor Dolan and Miss Olivia Morgan from the High School for helping us to choose **Hannah Eadie** of Kinross and **Robert Miller** from Milnathort to attend the camps. We look forward to hearing the positive feedback from the youngsters when they return.

Interact

The KHS Interact club was busy at the Senior's Christmas party held in December. As well as helping with the serving they contributed some very enjoyable singing.

Next, they'll be running a Senior's Tea Party at the start of March when KYTHE band will be playing.

The club will also be helping with the local primary school quiz in March. Following that they will be putting on a disco for the P7s at Kinross Primary. It's a busy group!

If you know someone who'd like to join next year, look out for the recruitment session on 7 March at KHS, which will include

current Interact members talking about their experience with the group.

Young Musician Competition.

Kinross is delighted to be hosting district level finals at the High School, for instrumentalists on 2 March and then on 9 March for vocalists. Please come along and enjoy the talent on display, everyone is welcome! Starting at 10am, sessions go on until the early afternoon.

Primary School Quiz

The date for your diary is **Thursday 21 March**, 4-5pm in the main auditorium of the campus. Please come along and test yourselves; see if you can beat the schools!

Santa's Sleigh Distribution

As a result of the generosity of the people of Kinross and District we were delighted to be able to be able to distribute cheques to all the following local groups, at a small ceremony in the Kirklands Hotel: Kinross Primary Parents Council, Loch Leven Diamonds, Kinross Vaulters, Swansacre, First Responders, Kinross Cricket Club, Kinross Colts, Kinross Otters.

Thank you very much. Santa will see you next Christmas!



Representatives of collecting groups receive their cheques

Recent Speakers

CHAS

We were all deeply moved by a heart-warming talk from Lyndsay Stobie about the great work done by Children's Hospices across Scotland (CHAS). To be told that your child has only a few days, weeks or years to live is an inconceivable shock. It is the news no parent wants to hear, yet this is happening in Scotland on an almost daily basis. Nearly 200 children die in Scotland every year from a life shortening condition and today, CHAS can only reach one in three of the families across Scotland that needs its support. They are determined to reach them all and quite simply, that means that CHAS needs to raise more money.

They have around 300 staff employed in various roles throughout Scotland which, along with infrastructure like the hospices, costs over £15.2 million pounds each year to run. The government provides £6.7 million a year, which leaves a big hole to fill via fundraising, to which Kinross and District Rotary Club are very proud to have been helping since 1994. The Rachel House hospice in Kinross is a home from home for families. It has a range of facilities including a jacuzzi room, large accessible garden and lots of areas for relaxing and fun. It also offers areas for reflection, bereavement support and care. A very special place for people in need.

continues over page...

Kinross & District Rotary Club continued...

We were given an example of the superb work CHAS does with a story about a girl call Zoe who has cerebral palsy. She is blind and suffers from seizures. She also has the cheekiest sense of humour. 'She takes the greatest pleasure in saying no when you expect her to say yes,' explains her mum, Heather. When Zoe was born the doctors told Heather and her husband Gerry to be sure to enjoy every day they had with her. With the support of CHAS, that's exactly what they have done.

'We try to make memories and enrich Zoe's life as we are aware she has a life-shortening condition', says Heather. It's such a comfort knowing that when the end does come, CHAS will be there. And if they are anything like they have been through Zoe's life, I just know they'll be amazing.' The CHAS organisation does indeed do an amazing job, and we are so lucky they have a facility like Rachel house in Kinross. CHAS are always looking for volunteers to help out in various roles and encourages anyone who has spare time to get in touch!



Lyndsay with Club President-Elect Phil Teale

Kinross Vaulting Group

Liz Mackay introduced us to the astonishing world of the Kinross Vaulting Group. Think 'gymnastics' and then throw in 'on a cantering horse'. Then add – 'with one or more people'. Yes, it's quite a feat! I encourage you to have a look at 'horse vaulting' on YouTube so you can appreciate it fully. Why would anyone want to do such a thing, I hear you ask? Because it keeps you fit, develops agility and balance, improves your musical appreciation and rhythm, and you get to develop a deep appreciation of the joys of working with that noble animal, the horse. This all requires a big commitment of time and effort. It takes two years to train the horse and a bigger commitment from the young people and parents who take part.

Operating since 2009, the group is a local success story. It has a covered facility at Carnbo so you can participate all year round. One of their horses has even been on Britain's Got Talent in front of Simon Cowell! Surely that's a horse you'd like to meet!



Liz Mackay of Kinross Vaulting Group

Burns' Night Event

To celebrate Burns' night the club had an event; not a full Burns Supper but a haggis dinner with a fine talk about the immortal memory. We were pleased to welcome back John Gilfillan who once again gave us a super talk. John stitched together a view of the great man's life, works and above all his character in a way that had the club spellbound.

Upcoming Speakers

Monday 18 February - Breakfast meeting, Iain Cormack on 'The Mill' in Kinross.

Monday 25 February - David Lawrie, Young Farmers trip to Rwanda.

Monday 4 March - Club Business Meeting.

Monday 11 March - Creativity in Primary School, Liz Whatmore.

For more information, contact Brian Timms, Club Secretary, by email at secretary.kdrc@gmail.com or check out our Facebook page.

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Kinross Centre

Well another busy month, with dancing and singing at our Burns Supper on 25 January, which was absolutely brilliant. Richard Scott was fantastic on the bagpipes and his 'Address to the Haggis' was just superb. The entertainment was from Del Charles and he had everyone dancing in the aisle. A great big thank you to Richard and Del for a great afternoon.

Then we had the pleasure of 'The Kinross Ladies Inner wheel' for an afternoon Tea Dance on 7 February. They appeared fully laden with lots of goodies, Sandwiches, freshly made cakes and fruit. It was just fantastic. Entertainment for the afternoon was provided by John Ramage. He sang songs from the sixties to the eighties which everyone enjoyed. Again everyone was dancing and singing along. With good food, entertainment and great company, what else could you ask for. Thank you to the Ladies from the Inner Wheel.

On Valentine's Day, we started off the day with lunch in the Centre, with the tables done up with hearts and roses. Everyone received love heart sweets. Then we went to the Campus for the DanceSing event organised by Kinross-Shire Community Learning and Development Group. This was a fantastic afternoon. The Leven singers and the Sabres took us back in time with the wonderful music and songs. Again we danced the afternoon away. Thank you very much to everyone involved in making it a wonderful fun-filled afternoon.

Along with all the dancing and singing we have had a talk on safety in the home and 'cold calling' from the local police, and a talk on fraud from The Royal Bank of Scotland.

So as you can see, with all our regular activities still going on we have had a very busy month.

We would love you to be involved with the Kinross Centre, either as a service-user, a volunteer or as a supporter. If you would like further information please contact Nan Cook on 01577 863869.

Kinross-shire U3A

Firstly, an apology; with all the excitement of thanking two speakers in the February issue of *The Newsletter*, I forgot to also thank Ed Link, the Scottish trustee on the Board of Directors of the Third Age Trust. Ed came to the January meeting to present Kinross-shire U3A with our certificate of certification – we have been accepted into full membership of the U3A organisation (there's a picture on our website)!

Next, to business. February's speaker, Gillian Forbes, gave a fascinating talk about her career as a stonecarver. Look out for examples of her work if you visit the Scottish Parliament building. Or the Perth flood defence wall. Or Stephen Hawking's memorial in Westminster Abbey.

For March, we have Mike Robinson, Chief Executive Officer of the Royal Scottish Geographical Society, talking about climate change. Come along to hear more, 2.30pm on **Tuesday 5 March**, at Kinross Parish Church.

Portmoak Hall 100 Club

January Draw

1st	No 105	George Brown	Kinross
2nd	No 82	Elizabeth Weedon	Kinnesswood
3rd	No 84	Elizabeth MacFarlane	Scotlandwell

Kinross and District Town Twinning Association



With their travel arrangements finalised, our twin town of Gacé will be joining us for the first week of August from Thursday 1 to Thursday 8.

A number of new Gacé members will be experiencing their first visit to Kinross-shire and we need new hosts from our local area to accommodate our Norman neighbours.

As usual, there will be a programme of tourist type visits to local attractions around Scotland as well as some free time to spend with host families. Anyone interested in becoming involved should contact secretary David Munro. Phone 01577 862126 for further details.

Twinning is a marvellous way of meeting new people in a family friendly way, sharing enjoyable experiences together.

There will be the usual fun competitive element when the two sides meet to play French boules and Scottish bowls during the week. There will also be an opportunity to join together for an evening meal and traditional Scottish music at a local venue.



3 carved Normandy lions on a wooden shield, gifted by the Gacéans a few years ago



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SSAFA – Perth & Kinross Branch

We are the local branch of SSAFA – the national charity, which for 130 years has been helping serving and ex-service men and women, and their families, in need. Eligibility is based on only one day's paid service.

Where are we?

Your local branch covers all the Perth and Kinross area, with a small office in Perth and a network of around 20 trained volunteers in the area, to look into cases with understanding and sensitivity.

What we do

We take action whenever there is hardship, or need. Our help and advice is totally confidential, and we help all ages. We work closely with other agencies and service charities, and help can vary hugely.

Contact

SSAFA, Queen's Barracks
131 Dunkeld Road
Perth, PH1 5BT
Telephone: 01738 625346
Email: perth@ssafa.org.uk



The Scottish Handcraft Circle

The Scottish Handcraft Circle is a group of amateur craftspeople who, through their activities, create handwork of innovative design and a high standard of execution. It is mainly involved in needle crafts, including embroidery, patchwork, quilting, crochet and tatting, but other crafts, such as pewter work and calligraphy, feature from time to time. It is a tradition in the Circle that members are willing to pass on their skills to others. The Circle was founded in 1945.



Demonstrating

Handcraft Circles are currently active in Kinross, Glasgow and St Andrews. The annual residential training days are held at Low Port, Linlithgow in late March or early April and exhibitions of work are held every two years hosted, in turn, by each branch.

The Circle motto is: 'Never an idle moment; never an angry word'.

The Kinross branch meet in Orwell Church Hall on alternate Tuesdays from September through to April and is so popular that there is a waiting list for membership. Six handcraft topics are offered each year with volunteers from the branch leading each group. Some people occasionally bring their own project to work on. We hold four all-day workshops and four outings each year. We support various

charities both financially and by way of donations of handcraft items and hold an annual Macmillan Coffee morning.

We have a huge amount of creative talent within our group and have enjoyed learning many handcrafts old and new over the years.

This year we will be hosting the Scottish Handcraft Circle's Exhibition of work in Kinross Parish Church daily from Thursday 23 May until Saturday 25 May and hope that many people from the local community and beyond will come and see the beautiful work of the members. It is an opportunity not to be missed!

Entry will be £3 including refreshments (under 15s free). Keep your eyes open for posters advertising this event and spread the news to your family and friends.



Learning from each other

Kinross & District Inner Wheel

www.innerwheel.co.uk

Our February meeting was held at our new venue of Milnathort Golf Club. Our speakers that evening were Rebecca Colligan, co-owner of Dance Connect, with her mother Rachel Webb and accompanied by Meghan Davies. Dance Connect was started



President Elaine Matthew with Rebecca Colligan and Meghan Davies

in 2016 offering a number of classes including contemporary, tap, highland, ballet, street and jazz. Street and jazz classes are full and pre-school ballet and mini movers have waiting lists as they are so popular. Both boys and girls enjoy the classes. In addition they offer DDMIX, a fitness class choreographed and designed by Darcy Bussell. Classes for adults include ballet and tap, adult fitness class WAZFIT and ballet for the over 50s beginning after April.

Our next Inner Wheel meeting will be held at Milnathort Golf Club on **Monday 11 March** at 6.30pm for a 6.45pm meal. Our speaker will be Kit Gow who will talk to us about 'Women in Sport'.

For more information about Inner Wheel contact us by email at admin@innerwheel.co.uk or visit our website.

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Kinross Company Brews up a Storm at Networking Breakfast

Local businesswoman Sarah Bruce-Jones best summed up the aura of positivity at the Kinross-shire Partnership February Networking Breakfast when she described Kinross-shire as 'a dynamic place to be, to live, and to work'. If energy levels among the 20 plus breakfasters at Loch Leven's Larder on 6 February were anything to go by, she had a point.

Richard Scott and Liz Jeffrey invited attendees to network with other entrepreneurs over a full breakfast, before each organisation was given 60 seconds to introduce their products or services. Several items of local news emerged: Tullibole Castle plans to stage another 'Wildhood' event for under 12s in the summer, with full access for disabled youngsters; KYTHE (Kinross-shire Youth Enterprise) is seeking volunteers to give young people experiences of life outside school; Kinross High School requires work experience for 120 third-year pupils for a few days in May plus volunteers from local businesses to help tutor interview skills; Kinross House is looking for part-time staff for corporate and private events.

Archie Hipwell introduced Jamie Montgomery, founder and director of Loch Leven Brewery, which 16 months ago opened its doors on Kinross High Street. Jamie gave a fascinating presentation covering his rapid journey, which began with converting the former Kinross public toilets and led to him rubbing shoulders with the stars at the Scottish premiere of the 'Outlaw King' film in Edinburgh – you could say it took him from laddy to luvvies in just over a year!

The concept for the brewery emerged following a chance encounter with a microbrewer while Jamie had been



considering other uses for the small, boarded-up building. One planning application and two grant awards later, Loch Leven Brewery became a reality. Jamie admits that initially he 'knew nothing about brewing', so he recruited a master brewer and a production and distribution expert. By a happy coincidence, he was also able to purchase both the name Loch Leven Brewery and some second-hand equipment, which allowed them to start brewing.



Sharing a joke

He stressed that the company never set out to make award-winning beers, as they were keen to avoid 'pomegranate and pumpkin' additives. They simply aspired to make beers of consistent quality that people wanted to drink. After the successful sale of their bottled craft beers at local outlets, Jamie brought in a marketing director. It was he who insisted the brewery needed to grow their brand, aware that 'even if you make great beer, strong branding is 70% of the game.' This led to the

introduction of the company's premium heritage range and their current focus, the Great Scots range.

The Loch Leven Brewery brand has been promoted via social media, with strong growth necessitating the purchase of a further two tanks. The brewery now sells its lines in bottles, kegs and casks, with beer being sent to Stirling for bottling/kegging and cask beer done in-house. They also sell gift vouchers and a range of Mary Queen of Scots merchandise including scarves, fudge and whisky.

Jamie highlighted several challenges: brewing four types of beer, finding routes to market, and securing funding. Having outgrown their High Street premises, they are now looking to expand their production facility. However, the Tap Room will remain, having grown from a tasting facility to become a popular local which serves the brewery's own beer as well as Loch Leven Gin – another recent venture – plus other pub staples.

Loch Leven Brewery provided the two beers for the organisers' bar in Princes Street Gardens at the Edinburgh Christmas Market, and they hope to return for the Fringe in the summer, when it will be warmer! Jamie spoke enthusiastically about the brand's future. It was clear to everyone present that the microbrewery has already come a long way in a short time, and that this is due in no small part to Jamie's own drive and vision.

The Kinross-shire Partnership's next Networking Breakfast will take place at Loch Leven's Larder from 7.15am to 9am on Wednesday 6 March. Please email Karen Grunwell in advance at mail@kinrosspartnership.org.uk to book your place at this excellent local business event.

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Contact LINETTE MANN – 07732 902419

Kinross 50-Plus Club

The monthly meeting is on **Thursday 14 March** when we have our AGM and annual lunch.



Away Days

28 March Abernaye Antiques

The bus leaves the Green Hotel at 9.15am. Contact Mrs P Crawford, 01577 862962.

Notices

Annual Lunch 14 March at Kinross Golf Club. 12 noon for AGM at 12.30pm, lunch at 1pm.

Friday Walkers

8 Mar Burnside Circular Walk

22 Mar Round Stronachie

All walks continue to leave from the Green Hotel. Contact Ian Simpson, 01577 863691.

Friday Hillwalkers

1 Mar TBC Jack 9am

15 Mar Callander Richard 9am

29 Mar Pitlochry Allan 9am

Contact Pauline Watson, 01577 862685

Activities

L.U.S.T. The slimmers meet each Thursday, 9.30am to 10.30am, in the Millbridge Hall. Contact Norma Anderson, 01577 863548.

Line Dancing every Tuesday and Friday at 10.30am in the Millbridge Hall. Contact Betty Fergus, 01577 866961.

Keep Fit class meets every Monday at 2pm in the Masonic Hall. Contact Val Oswald, 01577 864020.

Craft Group meets Wednesday at 2pm in Millbridge Hall. Contact Elizabeth Smith, 01577 861387.

Fly Tyers meet each Monday in Millbridge Hall. Contact Alastair Ford, 01577 861722.

Carpet Bowls meet Monday at 2pm in Millbridge Hall. Contact Helen Duncan, 01577 863248.

The Kinross-shire Civic Trust

Helping protect, conserve and provide a better built and natural environment

www.kinross-shirecivictrust.org

Find us on Facebook



Q: What is the difference between 'change of house types' and 'revised house type mix'?

A: An extra 89 houses.

In the last issue we mentioned that the Trust had lodged a formal complaint with PKC over the wording of a Proposal of Application Notice by Persimmon Homes.

The Notice was to advertise a possible change for phase 2 of the Lathro Farm development. It said: 'Residential Development (revised house type mix).'

On attending the public exhibition it became clear that Persimmon intend to apply to build 202 houses in phase 2, an increase of 89. (Persimmon already have permission to build 113 houses in phase 2).

The Trust complained to the Council that the Proposal of Application Notice had not indicated an increase in the number of houses proposed. We said more people might have attended the exhibition had they known this.

The Trust's complaint was not upheld by PKC. PKC's Head of Planning & Development, David Littlejohn, said:

'The applicant's proposal (PoAN application form and covering letter) states that it is for residential development (revised house type mix). I do not consider that the use of words such as 'revised house type mix' should be misleading to the public. If the proposal was to just change house types and numbers were to stay the same, it would have said 'change of house types'.

So, there you have it. It should be obvious to members of the public that 'revised house type mix' means a change of numbers, not just a change of house styles.



Did you know? A 'revised house type mix' is not the same as a change of house types. For phase 2 of Lathro Farm, it could mean an extra 89 houses.

Photo courtesy of Ken Whitcombe/Aerial Photography Solutions

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www.kinross.cc/equipment_hire/equipment.htm

If your community group has items it would be prepared to lend or hire out, please add them to the list.

Well Kept County Competitions

Organisers and their teams are warmly invited to a meeting at the Masonic Hall at 10.30am on **Thursday 21 March** to ask questions, share their expertise and agree the format of the competitions for the Well Kept Villages and Hamlets. RSVP to drhmarshbrook@gmail.com.

Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross
Tel: 01577 867205 E: lochlevenlibrary@culturepk.org.uk
www.culturepk.org.uk

Opening Times

Mon*	10am-1pm
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Fri	10am-6pm
Sat*	10am-3pm

*Mon 10am-1pm & Sat 1-3pm. Limited service, run by volunteers



Regular Sessions for Young Children

No need to book, just come along:

- **Bookbug Rhymetimes** Sat 10.30-11am. Wed 2-2.30pm.

- **Pre-school Story Time** Tues 10.15-10.45am

Parents, grandparents or guardians and toddlers will be made most welcome at these free sessions.

- **Stay and Play** Wed 2.30-3.30pm Sat 11am-12.

Pop into the library where you can meet other parents, have a coffee, chat, read a magazine or just relax while your child plays. Toys provided. Family-friendly. These sessions are suitable for pre-school children and their parents or guardians.

Book Groups at the Library

We currently have three book groups for adults running at Loch Leven Community Library.

Crime: Once a month on a Tuesday, 6.45-7.45pm

General: Once a month on a Friday 10.30-11.30am

Cafe: Once a month on a Saturday 11.15am.

Next meeting: **Sat 9 March.**

Please contact the Library for the other book group dates.

Book Group for Children:

Chatterbooks. For children aged 7-11. On the first Friday of each month. Next meeting 1 March 4-5pm. New members welcome. Please contact the library to book a place.

Code Club: Code Club gives children aged 7-11 years an opportunity to learn to code. The project introduces coding concepts to allow children to build their knowledge incrementally. Every Thursday 4-5pm. New members welcome. Please contact the library to book a place.

IT Help Sessions

Free sessions – booking essential. Monthly on a Thursday 2pm onwards. Next session 7 March.

Coffee and Crochet

Fancy coming along to a crochet club? Chat, enjoy coffee and share hints and tips while working on your project. Weekly on Fridays 1.30pm. Come along and join this small friendly group. Please note although help will be given this is not a teaching class for beginners.

Creative Writing Group

Always wanted to try your hand at creative writing? Come along, its free, interesting and supportive to budding writers. Next meeting Tuesday 26 March 6-7.45 pm.

Property Photography by your local Photographer

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Upcoming Events

Evening Talk: World War 1: The Aftermath. **10 April**, 7.15pm. Tickets £5 available from the library or online.

www.culturepk.org.uk/whats-on

They survived the war but what happened to the British soldiers after they returned home from the Western Front? Join us for an evening talk at Loch Leven Community Library with retired Lieutenant Colonel Andy Middlemiss. Andy will be looking at the social, political and economic fallout in Britain in the aftermath of the First World War.

Easter Fun – Booking essential. £2 per child.

Wed 3 April. Early Years Easter fun activities, suitable approx. 3-5yrs. Session starts 2.45pm.

Friday 12 April. Easter Fun activities. Suitable for 5-9 yrs. Session starts 11am.

Foodbank: The library is now a foodbank collection point for 'Broke not Broken'.

Free WiFi & Computer use for library guests and members.

Dog waste bags available.

Kitchen waste caddies available.

More information on all Library, Museum and Art gallery events at: www.culturepk.org.uk/whats-on

Portmoak Film Society

www.portmoakfilmsociety.org.uk



February's film, 'I, Tonya', is the high-octane true story of Tonya Harding, a white working-class girl who rose to Olympic figure-skating stardom in the nineties from an American trailer park. Her success was cut short after an attack linked to Harding left her rival injured and unable to compete. She was given a three-year suspended jail sentence and a life-time international skating ban. The film was packed with brutal energy and the audience rated it 70% good/excellent.

The next film is a world away from the glitz and glamour of the Olympics. 'Leave no trace' will be shown on **Saturday 9 March** and tells the story of a father and teenage daughter who live 'off-grid' in a vast public park in Oregon, trying to escape the clutches of the authorities. It's the poignant story of their relationship and the incursion of the real world into their isolated existence, especially as the girl grows up and seeks the company of peers. Directed by Debra Granik ('Winter's Bone'), it was released in 2018 and garnered top reviews. Don't miss it!

Save The Date: The last film of the season on 13 April is 'A Star is Born'.

Films start at 7.30pm in Portmoak Hall, Scotlandwell. Entry is £5 on the door or with your membership card. Hot drinks and refreshments are served after the film. Loyal fans and newcomers always welcome!

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Kinnesswood in Bloom

Our members and friends celebrated the new year with a night out at the Boathouse in Kinross. It was a chance to wind down, eat good food and bring together some of those who contribute to the wellbeing of the village; the gardeners, crafters and people who maintain the paths in the area. A good time was had by all.

We have been pleased to work with Louise Gordon, Headteacher at Portmoak Primary School, for the last eight years. We wish her the best in her

new job and look forward to working in the future with the new acting Headteacher, Annabelle Burns.

The school will be starting outdoor sessions soon. In the meantime the children are working on their artwork for the Portmoak Festival.

It has been a bit frosty for our Saturday gardening sessions but John has been doing some clearing up work in the village and, hopefully by March, we will be planning work parties again. Meanwhile the sewing ladies have started refurbishing the figures ready to

go out in the summer.

Once again we are having a fundraising Quiz and Curry night on **Saturday 30 March** at 7.30pm in the Portmoak Village Hall. Cost is £7 per person and there will be the usual wonderful selection of curries at the beginning of the evening. This is a bargain night out with excellent prizes and usually a lot of fun with our fantastic quizmaster, Raymond. Don't forget to bring your own bottle.



Benarty View Interpretation Board

Recipe

supplied by Kinnesswood in Bloom

Lamb Curry

As we are thinking about our Quiz and Curry night, here's a recipe for a lamb curry to get your taste buds going.

Ingredients

- 500g lamb (cut into cubes)
- 225g onion
- 2 tablespoons coconut
- 2 teaspoons chilli powder
- 2 teaspoons coriander powder
- ¾ teaspoon turmeric
- 1 teaspoon garam masala
- 4 cloves garlic, grated
- Small piece of fresh ginger, grated
- 80g margarine
- 30g cooking oil
- 1½ teaspoons salt
- Small tin of tomatoes
- 12 black peppercorns
- 1 stick cinnamon
- 2 tablespoons fresh coriander

Method

Mix together lamb, garlic, ginger, 50g finely chopped onion, chilli, turmeric, garam masala, coriander, salt, and one tablespoon of oil. Marinate for an hour. Fry 100g onion in one tablespoon of oil till brown, add coconut, fry till brown. Let it cool then blend with 100ml water to make a smooth paste. Heat oil and margarine in a saucepan on medium heat, add peppercorns and cinnamon stick, remaining onion and stir. Cover pan and cook for two minutes then add marinated meat and fry for 7 to 10 minutes. Add tomatoes and fry for two minutes, add 300ml cold water, boil then simmer for 20 minutes. Finally add the onion/coconut paste and coriander and cook for a further two minutes.

Club Correspondents

If sending your submission by Email, please put the name of your community group in the **Subject Line** of the Email message. Thank you.



Kinross High School

Celebrating Burns

Every year the English Department organises a verse-speaking competition in conjunction with a unit of classwork which looks at poetry. Each pupil has to learn a Scottish poem to recite to their class and then they have the opportunity of entering the Scots Verse Speaking Competition. This year it fell on the Bard's birthday and that, along with the fact that this was the competition's 50th year, made it even more special!

We gathered in the staffroom on the morning; competitors and judges were welcomed by S5 pupil Eleanor who played some lovely Scottish tunes on her violin. Then the Ceilidh band, under the leadership of Mr Scrimgeour, entertained the crowd during the break. Tina and Ailsa then treated the audience to a wonderful display of Highland dancing.

Our judging panel comprised of Modern Languages teacher Mr Becher and Mrs Cairney from Home Economics who both hail from the Bard's home turf, Ayrshire; our head boy, head girl and campus leader Mrs Brown; Councillor Callum Purves (a former pupil who also sits on the Lifelong Learning Committee) and our head judge Mr Jim Paterson, a long-standing member of the local Jolly Beggars Club. He told the young people about the connection Kinross has with the Bard and his insight certainly helped to make the day even more meaningful.

Twenty three pupils performed a mixture of Scots poetry and Burns. It was felt that the standard this year was particularly high and, after some deliberation, Irvin Smith was declared the winner with his lively and entertaining rendition of 'Boy on the Train'. Our competition closed with Mr Becher on guitar leading us all in 'Auld Lang Syne'.



Scots Verse Speaking Competition

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Scotland v Ireland Rugby

On Saturday 9 February, 45 KHS pupils descended on Murrayfield Stadium for the six nations match Scotland v Ireland accompanied by six equally excitable staff members. Despite the score, a great day was had by all. The highlight of the afternoon was seeing and hearing former pupil, Douglas Mair, playing the national anthem as the lone piper; we're sure we heard them all singing Flower o' Scotland from Kinross.



KHS pupils at Murrayfield

Sporting Success

Congratulations to Sam who represented Great Britain in the European Fencing Championships in Italy. Sam has also been selected to represent GB at the World Fencing Championships in Torun, Poland. We wish Sam the best of luck and can't wait to hear the results.

Similarly, things are going swimmingly for Jack Muncey who was recently selected to compete at the Geneva International Championships as part of the Scottish Youth Squad. Following his record-breaking performance at the Scottish Schools Swimming Championships where Jack won gold in the 200m back stroke, a silver win in the 100m event and a string of personal bests, it's no surprise that Jack has been nominated for Perth and Kinross Sport Council's Young Male Sports Personality of the Year award. Jack's next challenge will be the McCulloch International competition in Bangor, Northern Ireland.



continues over page...

Kinross High School continued...

Mental Health Ambassadors

Recently, KHS took part in Time to Talk Day which is organised by See Me, Scotland's leading programme to end mental health discrimination. Time to Talk Day aimed to get as many people as possible talking about mental health in an effort to remove the stigma. It can often be difficult to admit when we need support, so this year See Me is encouraging us all to have a conversation whether it's at school, at work, on a walk or over a cup of tea! Across the campus, various activities for staff and pupils took place including #passthebadge and #elephantintheroom. A competition is currently running where pupils have been asked to think of a metaphorical elephant and come up with a design incorporating that taboo which will then be used to promote conversations about mental health across the school. Improving mental health has been recognised as an area where young people need support now more than ever and Time to Talk Day gave us a launch pad to support wellbeing for pupils and staff. We are proud to announce that 16 members of campus staff have recently completed the Scottish Mental Health First Aid course, which was in addition to the 25 who took part in CAMHS training last year. Twenty three pupils from across the year groups have volunteered to become Mental Health ambassadors and will be available, not only to support their peers, but also to help drive the school policy on how best to support pupils in the long term. We would love to work with the wider community, so if anyone would like to help us to keep this initiative going strong, please contact KinrossHigh@pkc.gov.uk.

Springboard Future Chef

At the start of February, S2 pupil Freya Conway represented KHS at the regional finals of the Future Chef competition. Freya wowed the judges with her dishes which consisted of pan-fried Gallowridge pigeon, roast purple potatoes, heritage beetroot, celeriac remoulade and Little Doon whisky balsamic figs for the main and for dessert, a delicious Pain Perdu with roasted plums and mascarpone cream. Special thanks go to Brian from Loch Leven's Larder who mentored and supported Freya through the local and regional rounds of the competition.



The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy

Kinross-shire Historical Society

The Bounty Whalers and The Inuit

Dr Eric Graham



Dr Graham gave an interesting illustrated talk on 18 February about the Bounty Whalers. Whale oil once had many uses including street lighting. Baleen (bristles from the whale's mouth) also had many uses, including in corsets. In 1733 it was decided that Britain needed a whaling fleet and a 'bounty' was to be paid to boats that fulfilled criteria that included when to set off and how long to stay in the Arctic Circle. The bounty was paid regardless of how many whales were killed. There was a lot of paperwork to do, including a list of the men on board when setting off and when returning. All had to be accounted for. The only extra hands that could be taken on board were from Shetland and they were landed back there on their return. There were 16 whaling ports in Scotland. William Scalbie from Whitby came to Scotland to train the Scottish whalers.

Harpoons were fired to attach a rope to a whale. The whale would then swim, towing the whaling boat, until it was exhausted and it would be killed. The blubber would have to be removed quickly before the whale's body exploded. It was chopped up and packed in barrels.

Many boats were lost in the Arctic, some crushed by ice. To avoid this, men had to keep a clear space of water around their whaler by breaking up ice. This would have been hard work. From existing records, it is possible to find out how many whaling boats sailed from each port, who the crews were, how much blubber and baleen was brought back, and how much bounty was earned.

Dr Graham told a story of events during when a boat from Leith, *The Raith*, was attacked and taken by the French. Only three Scottish crew were left on board. The French drank so much whisky that the three Scots managed to trap some of them in the hold and put the rest overboard in a boat. They were taken to Edinburgh as prisoners.

Pressgangs, who wanted experienced sailors for the Navy, often laid in wait at the port, so many men would leave their whaling ships before they reached port. Those coming in to Leith might leave at Inchkeith. As time went on, the Government halved the bounty, but this just put up the price of the oil. The end of the whaling boom really came with the arrival of gas which took away the demand for oil. The last bounties were paid in 1826. The whaling boom was over.

The native people, the Inuit, were interested in European affairs. Some wanted to come to Scotland, but when they came, they had no immunity against illnesses and did not survive long. One young man, John Sakeouse, came to Edinburgh and was a great success. He demonstrated his skill in his kayak and challenged others to beat him in races. He became known to the Scottish artist Alexander Naysmith who taught him to draw and paint. He was also skilled at languages.

It was decided that finding the north-west passage was of vital importance to protect the ownership of the land of Canada from a Russian presence in Alaska. John Sakeouse was selected as the translator to accompany Captain John Ross RN. Unfortunately, the expedition did not find the north-west passage, but Ross did find magnetic north.

Dr Graham recommended a visit to the Maritime Trinity House in Leith which is full of whaling-related artefacts.

Fubister Law gave the vote of thanks for a very enjoyable talk which gave a good insight into the awful conditions on the whaling boats and the horrors of being surrounded by ice.

Sports News

Kinross Otters

www.kinrossotters.co.uk

We have started 2019 with renewed drive to move forward and improve on training, technique and success.

Our Head Coach Fiona Dodds has some big plans and a very healthy group of poolside helpers made up of parents and former Otters. Some of that team are also undertaking training programmes of their own, to better help Fiona provide the coaching that will help our club improve.

We were delighted to find that two of our team, Fiona Crawford, an Otters and Midland District official, and Struan Bennet, a swimmer in our platinum squad, were nominated in the Perth and Kinross Sports Award. Struan was nominated for his amazing achievements in Triathlon and Fiona for her continued dedication to providing support to swimming in her capacity as an experienced official and committee activist. We are so proud of both of them!

In early February a small team took part in the two day long course (50m) Midland Age Group Championship in Dundee.

The highlights included Emily Cumming smashing the 50m fly with a new club record and recording a qualifying time for Scottish National Age Groups.

All in all, an impressive medal haul with three for Emily, one for Stuart Pritchard, four for Ben Smallwood and two for Caillean Thomson. Across the board, all our swimmers performed very well, with a brace of PB's and a particularly good PB for Tom Pritchard in his first long course meet.



Weekend meets are tiring and long course even more so, with swimmers completing around 15% more swimming in every event as there are fewer turns (and chances to catch one's breath!). These meets require a great deal of stamina and commitment. Well done everyone.

Our new intake are settling in well and some even got the chance to join our First Division Squad who took part in the first meet of the league season in Forfar in early February.

squad members and there is a real sense of camaraderie. Great to see!

We are also undertaking a recruitment drive for volunteers with renewed vigour this year. It takes around 25 officials to run any meet and clubs who cannot meet their volunteer requirements can be fined. It also means that swimmers who have worked so hard to achieve their goals may find that their new SNAGS time or club record is not validated as there are too few officials for the meet to be



The First Division Squad heading to Forfar for their first meet of the season

This is a very new group with several inexperienced swimmers but, despite that, they delivered some great swims and PB's and left with lots of training tips and points to improve on.

The best part of the league programme is travelling and competing as a team. It's great for younger novice swimmers to get to meet and cheer on the older

accredited. This is heart-breaking both for the swimmers and for us. So we are running more timekeeper and judging courses and encouraging all parents and helpers to get involved.

More news on the leagues with our Premier Division team heading to their first meet of the year after publication. We'll keep you posted!



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FRED TURVEY

Kinross Netball Club

Adults

We train on a Friday night from 7-8.30pm in the large sports hall at the community campus. Sessions cost £4 on a 'pay as you go' basis.

We have a mix of social BBN players and also competitive league players training. All abilities are welcome so, if you haven't played netball for a while or want to try a sport which is a fun and easy way to keep fit, please come along.

We've welcomed some new members this year to our club and it's been great to see some new faces. We're hoping to get a few friendly matches arranged for our BBN players in the next few months.

Our league team (the Kinross Stars) have continued their unbeaten record in their inaugural season of the CENA league. We are delighted to be the recipients of sponsorship from local company SPAN Access Solutions. A big thank you to Ross Turner of SPAN for providing us with amazing new dresses.

Here's hoping that we can continue our success and move into the fourth division next season.



Kinross Golf Club

www.kinrossgolfclub.co.uk

Our 2019 season opening competition takes place on **Saturday 30 March**. The day will start with the Captain v Vice-captain competition where all members, including junior members, are invited to take part in a morning of 4BBB match play golf. The draw for places in either Captain David Eastop's team or Vice-Captain Simon Dunn's team will take place on the Thursday evening. The day is rounded off with an Opening Season Party Night in the clubhouse with entertainment provided by five piece cover band 'First Class'. We are delighted that Mo McPherson has registered as Kinross Golf Club's Ambassador for Scottish Golf's Club Ambassador Programme. The programme is part of Scottish Golf's ongoing commitment to the 2019 Solheim Cup, which is the biggest event in women's golf. The programme aims to encourage all golf club members across Scotland to get involved in leading local activities to promote the 2019 Solheim Cup taking place at Gleneagles in September.

High Teas are now available every Sunday from 4pm-7pm. Bring the family along for some delicious food and home baking. Please phone the bar on 01577 862237 for reservations.

Under 13s

Kinross U13s train on a Friday night between 6-7pm at the Community Campus. Sessions cost £3 per week.

The kids faced their first friendly match against Fife Phantoms who brought a very strong and experienced team. Kinross played really well and lots has been taken from the match to improve on. I think everyone enjoyed the experience and look forward to another friendly soon. We also had an outing to watch the professional team Strathclyde Sirens v Celtic Dragons. It was a very close game and, unfortunately, Celtic Dragons came out with the win but the girls had a great time and it was a brilliant experience to see the fast-paced game live.



Above:
The under 13s with the Sirens mascot, Serena

Left:
The adult team in their new dresses

Upcoming social events are as follows:

- | | |
|--------------------------|--|
| Friday 15 March | Poker Night. |
| Saturday 30 March | Opening Season Party Night with First Class. |
| Saturday 27 April | Kenny and Tom's Charity Quiz. |

An annual social membership is available to non-golfers for £30. This offers access to the clubhouse facilities, including Sky Sports, all social events and a discount on food and drink. Come into the clubhouse for more information about golf or social membership, follow Kinross Golf Club on Facebook, or check out our website.

Walking Football

We're still trying to expand our pool of senior footballers. So if you're at all interested in maintaining a modicum of social or geriatric fitness contact David Brown on 01577 864236 or Iain Cameron on 01577 863927.

Alternatively, just come along to the Kinross Community Campus (weather permitting) on Tuesday nights at 6.15pm. You'll be made very welcome!

Kinross Rugby Club

1XV Section

The senior squad have continued to ply their trade in Caledonia Midlands Division 2. Games up to Christmas highlighted the advances that our training has been having on our forwards and offload in the tackle game. Unfortunately, too often, defensive errors in the first ten minutes of a game can see the squad having to come from behind, winning the second half but not by enough to bring home the victories aspired to.

We had an excellent game against our touring 'cousins' from Bielefeld Rugby, Germany just before Christmas and our annual Overs v Unders game saw the closest match for many a year. Both sides put out 19 players for the game and the Overs just nudged the victory in the end.

Kinross is playing a much better brand of rugby this year and our coaches Ryan Welsh and Colin Bayne are thanked for all the hard work and preparation they are putting in. We have had outstanding performances across the team with the majority of 'Man of the Match' awards falling to Stuart Hunter, Chris Innes and Lewis Cox. New players are always welcome regardless of level. Training is at the KGV pitches behind the Muirs Pub on Tuesdays and Thursdays at 7pm.

Tartan Touch

A game for all ages, sizes and family members, this is simple, social rugby. Tartan Touch is coming to Kinross this Summer. Kinross Rugby has been chosen as one of 40 Tartan Touch hubs across Scotland for 2019.

Our coaches are being trained up in March and we will get full details out via the *Newsletter* and our Facebook page as soon as possible thereafter.

Youth Section – Minis

On Friday 15 February our primary 5, 6 and 7 players enjoyed a special night out to Scotland's home of rugby, BT Murrayfield. The children watched Edinburgh Rugby return to winning ways with a five-try bonus-point win over Welsh side Dragons. However, the capital side's 34-17 win was not the highlight of their evening. That was to be forming the Guard of Honour as the players came on to the pitch accompanied by the pounding music and the roar of the crowd. Furthermore, at half time and with all eyes on them, our primary 6s and 7s then played an exhilarating ten minutes of rugby on the main pitch, beating Musselburgh RFC to the cheers of their parents, families and Murrayfield supporters. It was a proud moment to watch our young players on the national field and to give them a taste of what could be their futures.

After our winter break, all age groups have returned to outdoor training. With a busy playing schedule between now and the end of the season, we are always on the lookout for new recruits. Minis rugby is for boys and girls, age 5 and above, in primary 1 to 7. We train on Saturday mornings, from 10.30am, at King George V Park, behind the Muirs Inn. No previous experience is needed.

Our next home games are on Sunday 17 and Sunday 24 March. Come along and support our future rugby superstars and perhaps enjoy a hot drink and some home baking too.

Quiz Night

This summer a group of Kinross High School pupils head off to Africa on the adventure of a lifetime. They are heading off on an educational expedition to South Africa, Swaziland and Mozambique, participating in a local school and marine research project. Andrew Clark, one of our former minis and a Kinross HS player, is raising funds for his participation by hosting a prize quiz night on **Friday 22 March at 7pm** at Kinross Rugby Club. This promises to be a fun night of trivia, games and chilli! Donations of raffle prizes will be gratefully accepted.



Primary 5, 6 and 7 players at Scotland's home of rugby, BT Murrayfield

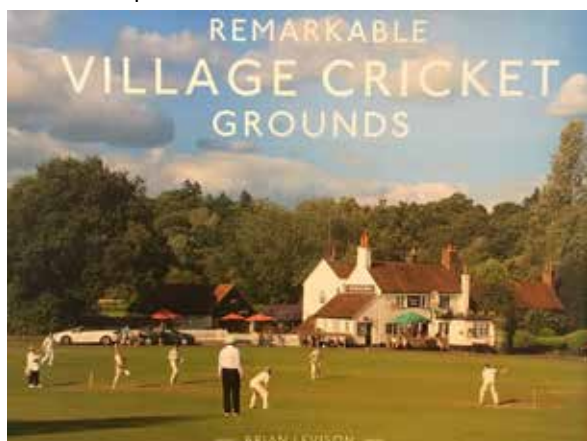
Kinross-shire Cricket Club

A Remarkable Village Cricket Ground

The club was delighted to be featured in renowned cricket writer Brian Levison's new book looking at remarkable village cricket grounds across the UK.

The book has a two-page spread looking at the ground at Loch Leven's Larder and some of the club's recent history. This is an amazing achievement for the club as the ground has only existed since 2013. Credit goes to our two volunteer groundsmen, Anthony Drew and John Ross, as well as the efforts of Rob Niven at Channel Farm.

Club Chair, Kirsteen Ross said 'Being featured in such a prestigious book is a wonderful statement about the work we have carried out to build Scotland's newest cricket ground'. The book is available from pavilionbooks.com and major high street bookshops.



Rotary International Santa Sleigh

Club captain, John Ross was on hand at the Kirklands Hotel on 11 February to accept a cheque from Rotary International in recognition of the clubs help with the Santa Sleigh collections across Mawcarse, Cuthill Towers and Glenfarg back in

December. The club has regularly helped Santa over the past five years and looks forward to Christmas 2019.

Yorkshire Tour

The senior team league fixtures will be issued at the end of February, but the club has already agreed the venue for this year's tour. In mid-September the squad will head south to Yorkshire for a number of games against clubs in Halifax and the Dales. In 2018 the team visited Vienna, Austria, to play local sides and a team from Hungary. The 2019 tour will visit some of the clubs features in Brain Levison's book.

Junior Players in Spain

The club is delighted that two of our U13 players have been selected for the Dollar Academy winter cricket tour to Alicante in Spain. Fraser Gallagher and Callum Porter are part of the performance pathway squad at the school having made their debuts in the club senior team at the end of 2018. The squad will have extended training sessions and matches in Spain as they prepare for the forthcoming season.

Perth & Kinross Sports Awards

The club is very happy to announce that former chairman Ken Reilly has been shortlisted for the Lifetime Achievement Award at the awards ceremony to be held on 8 March in Perth. In addition Alan Surtees, the parent coach at Portmoak Primary School, has been shortlisted for the Coach of the Year Award. Both Ken and Alan were nominated by the club and we are delighted that the judging panel recognised their outstanding contribution to cricket in Kinross-shire. We wish both of them the very best for the night.

2019 Season

The new outdoor season starts at the end of March and the full fixtures list will be available in next month's *Newsletter*. New members are always welcome and information on training and coaching sessions can be found on the club Facebook page or by contacting the club secretary by email at secretary@kinrosscc.co.uk.

Kinross Hockey Clubs

Men's Hockey

We are halfway through a busy season for the men's section of the club. With training (on Tuesday nights from 7.30pm-9pm) continuing to be well attended and everyone having great fun under the direction of our player coaches it has been a shame that a few fixtures have been cancelled due to the cold weather. The 1st team continue to prop up the bottom of East Division 1, however, despite a solitary win from 12 games the play has been entertaining and enjoyable for all. Here is hoping for a more positive second half of the season, in terms of results. The 2nd team are enjoying more success in East Division 4, with four wins and four losses from their eight games so far. This season has seen many new members joining and playing for both sides which has been fantastic. If you would like to come along and try hockey again, or even for the first time, please visit www.kinrosshockey.org to find out more.

In other news one of our longer standing club members, David Goodenough, also reached a notable milestone during January by being the first member to reach 200 league and cup goals for the Men's section of the club. Congratulations, and let's hope there are many more to come.



Ladies Hockey

February sees the season restart in earnest. The indoor season has finished and our ladies did very well in a tough Division One competition, coming up weekly against many of the National League players. Their results belie a great effort in difficult competition, so well done, ladies – some well fought battles!

The season restarted for the Firsts on 9 February with a 2-2 draw against Edinburgh Cala Ladies, and with 10 games left to play, we are currently sitting middle of the table in eighth place. Lots still to play for this season for all teams in the competition.

The Seconds returned to the pitch on 9 February against a very strong Madras side. Unfortunately, the home advantage wasn't enough to stop the visitors in their tracks, and they won 2-5. With a number of games still to be played, the competition is not over, and there will be a lot of end of season battling by all clubs seeking to find that middle of the table finish!

Our Development Squad had a return friendly on Sunday 16 February against St Andrews University. As was expected, it has proven difficult to get fixtures for the Development Squad with some of the constraints and time commitments all clubs are facing, so it is great to see the girls get a good and competitive game – especially on home turf. Here's hoping we can get a few more before the end of the season.

Volleyball

Monday night training sessions at the Kinross Campus continue to attract new members with a number of new adults and youngsters taking up volleyball, the fifth largest team sport in the world. Our indoor sessions continue until the end of March and following the school Easter break, outdoor sessions on the grass at the rear of the campus will commence throughout summer (weather permitting) from 7pm until dusk (these sessions are free of charge and anyone is welcome to come along).

Kinross High School had a boys' team and a girls' team playing in Scottish Volleyball's Dundee Festival at the Lynch Sports Centre with the boys finishing in silver medal position behind winners South Queensferry High School.



Kinross High School teams at Dundee's Lynch Sports Centre

Numbers of youngsters attending the Wednesday volleyball sessions have also increased and a number of festivals at varying age groups, organised by Scottish Volleyball, are taking place this term.

Scottish Volleyball's Junior Festival takes place at Grangemouth with two boys' teams and two girls' teams competing in this popular 4 v 4 tournament.

The European Volleyball Federation 'MACvolley Net, Set, Go' initiative to encourage upper primary school pupils into the sport will be rolled out to a number of our local primary schools, following an in-service staff training session for local PE specialist teachers from primary and secondary education. The session was led by GB women's team captain Lynn Beattie. Volleyball Development Officer Ben Pipes will be leading the primary school sessions in the new term.

Adult members are looking forward to two popular outdoor tournaments. The Scottish Open, Britain's largest outdoor tournament attracting over 100 teams, takes place on Perth's North Inch over the last weekend of May. The De Haan (Belgium) tournament takes place over the middle weekend of August with the Kinross team once again competing.

Do you have

Photographs of Kinross-shire

you'd be happy to share with others?

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Kinross Kobras

Junior Hockey

www.kinrosshockey.org



Training has been on and off as the weather has allowed over the past few weeks. Notwithstanding this, the juniors are getting plenty of practise as they look forward to the year's outdoor tournaments which kick off in Dundee at the start of March.

One group which has been playing competitive games is the girls' Development Squad who have continued their series of games with a match against St Andrew's University 5th XI. The coaching from Kirsty, Monty and Lindsay is paying dividends and this, together with some hard work from the girls in training, led to a highly competitive game which the Uni won at the close as the girls tired. The Development Squad is designed to help the transition from junior to adult hockey and we hope to see some, if not all, of the girls finding their way into the ladies' teams over the next few years.

Training continues for most age groups on Tuesdays and Thursdays from 6.30-7.30pm. Sessions for 6 to 7 year olds take place from 5.30-6.30pm on Tuesdays and Thursdays and, for those aged 13 and over, there is an extra session from 7.30-8.30pm on Thursdays. Please see the club's website for more details.



Dev Squad girls and their coaches during a break in their recent match

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Discover Loch Leven Website

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www.visitlochleven.org

Kinross Road Runners

<http://kinrossroadrunners.weebly.com>

As the weather is more spring like, members are stepping up their training for the wide range of 2019 championship races. These include on- and off-road and from 5k to half marathon in distance. Our winter training programme continues until the end of March and has something for everyone no matter what your running ability. We extend a warm welcome to any newcomers; just come along to any of our sessions to try it out before you decide if you want to join.

Club training for March is outlined below. We meet for all sessions at 7pm at the health centre car park opposite the campus. Tuesday nights will focus mainly on hill work with a programme of sessions designed to improve your running strength whilst Wednesday evenings are mainly speedwork. We also have less formally structured torchlit trail runs where we head out on the quieter trails with head torches. We meet up for an informal Sunday morning run every week at 9am at the health centre car park for either a trail or hill run at a very leisurely pace.



Scott Strachan and Leigh Verdor are joint 'Athletes of the Year' at a recent Awards Dinner.

The Loch Leven parkrun, recognised as one of the top ten most scenic parkruns in Scotland, is now a firm fixture every Saturday morning at 9.30am for the 5km loop from Loch Levens Larder. The Loch Leven Junior Parkrun is held every Sunday morning at 9.30am over a 2k course at Kirkgate Park for 4-14 year olds.

Kinross and the surrounding area is becoming quite a mecca for runners now with such a great network of trails and running events so join the action with your local club.

Check our Facebook page or website for further information or to make contact.



KRR enjoy sunshine at Strathearn Running Festival

Programme for March

- Tuesday 5:** Hills – Pyramid.
- Wednesday 6:** 2 mile time trial, kit sale and hot chocolate.
- Tuesday 12:** Hill – Reps.
- Wednesday 13:** 8 x 90 sec intervals.
- Thursday 14:** Torchlit trail run.
- Tuesday 19:** Hills – Benchmark.
- Wednesday 20:** Pyramid reps/parlafs.
- Tuesday 26:** 5 x 4 minute intervals.
- Wednesday 27:** Trail run on heritage trail.
- Sundays:** Informal run on trail or hills.

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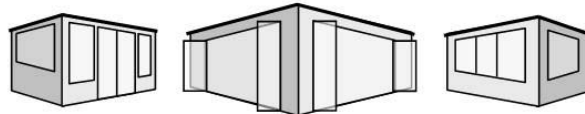
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Kinross Colts

The Colts 2009s are gearing up for the start of the 2019 season, which kicks off at 9am on Sunday 3 March at Pitreavie in Dunfermline.

As in previous seasons we are pleased to be entering three teams. What this means in reality is that we will have 34 kids, 8 coaches plus friends and families who have committed to make the early morning drive down the M90. This is testament to the support that

the Kinross Colts receive from our local community.



Kinross Colts Scottish Autism Kit

The 2009s recently unveiled their team kits for the new season. This has once again been made possible thanks to the generous financial support of businesses and individuals in our community. Our sponsors for 2019

are as follows: **Lauriston Nursery** - this is the third straight season of sponsorship and we are extremely thankful for the ongoing support; **Scottish Autism** – for the second year a local businessman has sponsored a kit and asked that we use it to promote the Scottish Autism charity. As a team, we are immensely proud to have this on our shirts and thank our local benefactor for this gesture; **Loch Leven's Larder** – unveiled for the first time for the 2019 season, we are

very grateful to Mike, Rob and Emma Niven for their support.

In addition to our participation at Pitreavie, the 2009s train on Tuesdays and Thursdays in Kinross and can be contacted via our Facebook page; Kinross Colts 2009s. If you would like more information on any of other Kinross Colts teams they can be contacted via their Facebook page – Kinross Colts FC Juniors.



Kinross Colts Lauriston Nursery Kit



Kinross Colts Loch Leven's Larder Kit

Kinross Tennis Club

www.kinrosstennisclub.org.uk

The days are getting longer and that always makes you whoop thinking that Spring is almost here. However, as we well know from experience, Mother Nature is bound to have a little surprise or two up her winter-sleeve yet!

Planning for the start of our new season is somewhat awkward this year. Work on the new courts is scheduled to start in March but, as with all such projects, adverse weather can have a heavy impact. Nevertheless, we are planning for our Open Day and Junior Easter Camp as usual, and hope that everything will come together in time and the tennis season gets off to a cracking start.

Our junior players have been busy all winter honing their skills on Tuesdays indoor at the campus with Daniel.

Siobhan has been busy with the Tots on Saturday mornings indoors at the Millbridge Hall and also with Rosemount Nursery. These sessions will finish at the end of March and resume outdoors after the Easter holidays.

Easter Camp from 8 to 12 April will be the next coaching opportunity for all young players. Hopefully the indoor training and the new outdoor courts at the club will meet with lots of enthusiasm!

Minis (age 4-7) daily from 9-10.30am and Juniors (age 8 upwards) daily from 10.30-12.30pm. Sessions will include fun games, drills, technique and skills, team building activities, competitions and prizes! Bookings and enquiries can be made to Daniel by email at dartennis@gmx.co.uk. Tennis for Tots will also head back outdoors in April. Enquiries to Siobhan at kinrosstenniscoaching@gmail.com.

Aside from coaching, the best way for tennis to progress is practise. Play with your friends, parents and other club members, come to club sessions, take part in competitions,



or play in leagues. Don't make a planned coaching session the only time you are on court. We'll be trying to organise as many playing opportunities as possible to help and are happy for suggestions and feedback.

We look forward to welcoming everyone to the club at our **Open Day on Saturday 13 April**. Why not come down and give tennis a try? It's fun, social and good for your health so what's not to like? We'll be running a series of free taster sessions from Tots to Cardio to Adult Beginners. There will be membership renewals and enquiries, coaching enquiries and bookings, and general information. Our coaches Daniel Reed and Siobhan MacLeod will be on hand and on court to encourage you. Keep an eye on our Facebook page and website for details.

Open Day is a one-stop shop for all your season's needs including exchanging your court key for a new season key. Please attend if you can; it saves a lot of time later on!

Adult club sessions will start to bustle again shortly. All members and newcomers are welcome on Wednesdays at 6.30pm and Sundays at 10.30am and the Thursday afternoon social session at 1.30pm.

A programme of adult coaching is again planned this season. Details to follow with sessions subject to demand. Notes of interest please to kinrosstennis@gmail.com.

Normally our **Annual Quiz** night takes place around this time of year. However, further to feedback, we have decided to delay it this year. It will now take place on **Friday 10 May** so pop it in your diary.

More details of other events will follow next month. Meanwhile, as ever, new members are welcome and enquiries can be made to kinrosstennis@gmail.com. Visitors are also welcome; keys are available from Sands the Ironmongers for a small fee.

CLEISH – Vice President, Alison Morris welcomed members and visitors to our February meeting. We had a very informative talk from Hilary and John from GoodSAM (Smartphone Activated Medics) and Saline First Responders, who gave us an insight into the work they carry out.

Wedge of coffee cake Alison Morris
Heart in any craft Dorothy Morris
Bowl of bulbs Elinor Craig

CARNBO – President Jay Hutchison welcomed 39 members and one guest to the February meeting. After business, Leanne Brunton from the Scottish Association of Young Farmers Clubs (East Fife) gave a talk and presentation on the work they do with the community, fundraising, activities and adventures that the young farmers are involved in. Val Gibson gave a vote of thanks.

Flower of the month Barbara Nicol
A small dish of pate Mary Lapsley

The next meeting is on 18 March at Carnbo Hall at 7.15pm. All welcome.

GLENFARG – Members enjoyed a talk on 14 February from a conservator of the National Records Office whose subject was the Halyburton Ledger and the history of Stationary Binding. The Ledger belonged to Andrew Halyburton, a Scottish businessman whose trade was mainly in the Low Countries and whose ledger contains, among other things, the gold and other exchange rates from 1492 to 1503. The fact that the book still exists today is astonishing and its construction a fascinating lesson on original bindings.

Bookmark: Margot Moran
Flask of vegetable soup: Allison Messenger
Flower of the month: Margie Davidson

BISHOPSHIRE – Joanne Cowan welcomed members to the meeting and after dealing with business and correspondence welcomed our speaker Gordon Nisbet from Kinross Aerospace. Gordon gave us a fantastic talk on the proposed Aerospace centre which his group hope will be built in the Kinross Area. He detailed the plans and the benefits to the community in a lively and interesting discussion.

Flight picture Joanne Cowan
Flower of the month Joanne Cowan


POWMILL – President Fiona Buchanan welcomed members to the February meeting and then introduced Sarah from simpliyoga (simpliyoga.com) who gave us a talk on the benefits of yoga not just for physical fitness but also for spiritual well being. Sarah runs local classes in yoga and baby yoga. Then we learned techniques for breathing and how it is vital to stop, relax and breathe.

Following on we attempted to try some basic moves while sitting, standing and using a chair as a prop. At the end of the session we had 'circle time' to wind down and relax ready for the scrumptious tea served by Lynne Heggie and Fiona Harley.

Favourite ring Fiona Black and Margaret Broomfield
Valentine cupcake Mary Wilson
Flower of the month Janie Buchanan



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Birds singing? Daffodils blooming? Nest building? A large yellow circle shaped thing in the sky?! Sounds like Spring to me...

Loch Leven has had some lovely sightings this month, including a flock of 50 redpoll, long tailed tits, chaffinch, siskin, greenfinch and a male and female brambling in the Leafy Loop.



A redpoll

Photo: Jenny Tweedie, rspb-images.com

The beautiful sound of a song thrush has been heard most mornings by the staff in the visitor centre. This lovely little bird is often spotted breaking into snails by smashing them against a stone with a flick of its head. Our friendly neighbourhood red squirrels have also been seen regularly flitting in and out of the trees on the Leafy Loop. Be sure to keep your eyes peeled for any youngsters! Red squirrels will have

their first litter in March, and a second in August.

The reserve team have been hard at work strimming and monitoring the grass levels on the wetlands. Look out for lapwing mating displays this month and listen for their familiar 'pee-wit' call. It is important that the habitat is ready for them before the breeding season starts. The grass height should be low enough at the start of the season for the birds to dig out a space for their nest. Once the nest has been built, the grass must be left to grow around the nest to hide it from predators.

There are some great events coming up at Loch Leven over the next few months with a **Spring Writing Workshop** on **Sunday 17 March** from 10am-2pm. Come with paper and pen and a readiness to be inspired by the sights and sounds of springtime at Loch Leven! Author and poet Anita John will lead you through a range of exercises designed to get you writing. We will take a tour of the reserve then return indoors to capture our images in words. Tea and coffee provided. Open to all levels of experience. Booking essential; RSPB members £10, non-members £15. We will also be running an **Easter Curlew Trail** over the Easter holidays from **8-21**

April. Follow the Easter themed trail around the beautiful woodlands to find some wildlife, solve the puzzle and win a tasty treat. No booking required, simply drop in anytime between 10am-4pm. £2 per sheet.



Snowdrops in the woodlands

Construction of the new accessible underpass continues. We had been hoping that it would be open early in the New Year but the diversion of a water pipe has been preventing the completion of the path on the north side of the road. I & H Brown are working hard with Scottish Water to resolve these issues and we are now planning for a big opening weekend sometime after the Easter holidays in late April or early May. We would again like to thank the local community and users of the heritage trail for their understanding during this disruption.

Gardens open in March

The Scottish Snowdrop Festival continues this month with two beautiful gardens open locally.

Rossie Gardens, Forgandenny, PH2 9EH

Sunday 3 March 11am-3pm

Soup and rolls available.

This romantic garden has been establishing itself since 1657, with a magical mystery tour of endless paths meandering under magnificent trees, and alongside ponds and streams. There are sculptures by David Annand and Nigel Ross, and a ten-foot teapot and yew table ready for The Mad Hatter's Tea party to look out for!

Directions: Forgandenny is on the B935 between Bridge of Earn and Dunning.

Admission £5, Children free. In aid of Scotland's Gardens Scheme and Lyme Disease Action.

Fingask Castle, Rait, PH2 7SA.

Monday 4 and Thursday 7 March 1.30-4.30pm

Admission £3 children free.

Enjoy 'The Kings Walk' following in Bonnie Prince Charlie's footsteps to the castle, plus a variety of other pretty walks amongst clipped yew, historic statues and ancient sights.



Further information about these gardens, and others opening in 2019, can be found on www.scotlandsgardens.org.



Crocuses and snowdrops at Rossie Gardens, Forgandenny



This winter has not been as unbearable as others. The odd storm, a short period of snow but largely settled weather have all been good for reserve management here at Loch Leven National Nature Reserve. We did hit over 80% ice coverage on the loch during the coldest nights. Has the late winter got a sting in its tail like last year? We shall see.

We've been exceptionally busy this month. My diary has been jam-packed!

We've been busy tidying up parts of the reserve. Regular trail walkers will have noticed that over the last two winters we've been tidying up alongside the golf course. Many of the non-native plantations have suffered in recent storms. We removed one windblown area last year and now we have completed the planting. We have also planted in the area opposite after clearing the ground.

The area of trees that was flattened near Kinross House will be cleared by Mr Fothergill towards the end of March. There may well be some disruption so keep an eye out for signs.

Discovery Day will be on 26 May this year. We are yet to finalise the rest of the events programme but we have other things planned.

Many thanks to chainsaw volunteers Simon Ritchie and Craig Nisbet for their help around Loch Leven during the month. 'Chainsaw Thursdays' became a regular feature. We have been felling willows into the loch to create brood habitat, removing windblown trees and thinning out the willows at Mary's Knowe ready to be chipped.

We welcomed Rosanna Cunningham MSP to Loch Leven. She was here to launch the SNH-funded Biodiversity Challenge Fund. We offer financial help to large-scale projects including

habitat loss, reduced sustainable agriculture, aquaculture, forestry, invasive species and ecosystems vulnerable to change. The project will go on through to April 2020. There is more information on the Nature Scot website.

We are now into our tenth year of 'Trout in the Classroom'. We have tanks with fish eggs at Kinross and Fossoway schools this year. The pupils get a chance to rear their own trout eggs ready to release them in the local burns. Many thanks to Willie Wilson from Kinross estate for his continued help with this project.

The weather has meant it has been quiet for birds around the reserve. There has been a little increase in pink-footed geese throughout the month. We expect their numbers to build from now on. There have also been regular dusk sightings of barn and short-eared owls.

Keep an eye out for the Softrak working around the reserve. We will be cutting the meadows around the reserve throughout the month and we'll be chipping willow at Mary's Knowe.

It will be our last year hedge-laying around Loch Leven for a while. We laid the hedge at Mary's Gate. A number of SNH staff came across from the west to learn the skills required to lay hedges. Scotland does not have a great tradition of laying hedges but with time and a bit of effort it is a fantastic way to enhance these areas for wildlife. Much better than using a tractor flail.

Please keep an eye on the blog and the Loch Leven National Nature Reserve Facebook page which is live and up and running! TTFN.

Jeremy (Loch Leven NNR officer)

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Weather



January Weather Report from Kinross

Total rainfall	21.3mm = 0.85ins
Heaviest rainfall	5.2mm (26th)
Total sunshine for the month	64.3 hours
Sunniest day	6.9 hours (28th)
Minimum temperature average	-3.24°C
Lowest temperature	-9.7°C (30th)
Maximum temperature average	6.06°C
Highest temperature	11.4°C (1st)

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About the Kinross Newsletter

The Newsletter has been informing and supporting the community for 41 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the Newsletter to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the Newsletter. Thank you.

Any profits made by the Newsletter are given away to local good causes.

Farming

Over the last few years I have taken the opportunity to introduce the incoming Kinross Show President in this column. Last year I profiled Andy Marshall from Mains of Struie and before that I interviewed Ian Campbell of Meikle Seggie. When the photo to accompany that article made it to the front cover I was delighted. I'm not sure if it was the overall cuteness factor (I'm talking about the two lambs Ian was holding) or the fact that it was the first time the farming column dominated the front page, but I was pleased as punch to see the fantastic image kindly taken by Rachel Gow on the cover of our *Newsletter*.

This year I don't need to go far to speak to the Show President, which is quite handy as I'm not driving yet after my big operation. I've known him for a long time. We met when I was 17, he had just returned from travelling in New Zealand and turned up at a young farmers' meeting just about the same time as I became a member. Pringle was all the rage back then and this chap with the crazy green diamonds on his jumper made quite an impression. We had our first kiss in Carnbo Hall on Christmas Eve and without making this too much cringier than it already is, we've been married for 23 years this month.

I'm really pleased to be introducing my husband, Andrew Turnbull as the new President of Kinross-shire Agricultural Society. Andrew farms at Fruix Farm, just south of Kinross with his dad and brother. Fruix is an arable farm, the main crop grown is spring barley for the brewing market in rotation with winter wheat and grass. After graduating from agricultural college, Andrew worked in Essex for five years and really enjoyed his time in the prime arable county. He was chairman of the local young

farmers' club and we still meet up with the friends he made while living there. However, he witnessed the negative effects on the land of continuous arable rotations. Without the application of dung the soils lacked structure and relied upon high fertiliser rates to achieve good yields. Since returning to Fruix he has made it his mission to try to improve the soil structure here so has applied vast quantities of compost and organic manure to the fields. We don't keep cattle so he has secured arrangements with other local farmers to trade the straw from the barley fields with the dung produced from their herds. You could call him the 'dung baron' of Kinross, which maybe sounds a bit dodgy but it has actually made a big difference to the soil and quality of the cereals. His other passion is combining – that is operating the Claas combine at harvest time. We have two aging machines, they are the green dinosaurs that John refers to in his articles when he talks about his harvest, but they

are Andrew's dinosaurs. He is happy to mend them when they break down and keep them going to make sure they can combine another year at home and for the other farmers like John who he contracts for each year. Many readers will know Andrew through Fruix Storage, which is the diversification we started in 2004. So, if he's not farming then he's matching customers with units, garages or containers.

Andrew is looking forward to his role as President, he has helped out with the vintage tractor display for many years and joined the committee in 2010. He tells me, 'Since becoming involved, I have come to appreciate the dedication of the committee and secretary and the enormous amount of work that goes on behind the scenes to make Kinross Show such a brilliant local event. Look out for news of everything we have planned in future issues of the *Newsletter* and I look forward to seeing you all on Saturday 10 August.'



'Dung Baron' Andrew Turnbull!



Mon 6.30pm - 7.15pm
Wed 6.30pm - 7.15pm



Mon 7.15pm - 8.00pm



Wed 7.15pm - 8.00pm

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Kinross-shire Churches Together



Kinross Parish Church of Scotland

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10 Station Road, Kinross KY13 8TG (Charity no SC012555)
Church website: www.kinrossparishchurch.org
Facebook: www.facebook.com/kinrossparishchurch.org
Church E-mail: office@kinrossparishchurch.org
Church office and church open: Mon-Fri 10am-12 noon.
Church Office: Tel. (01577) 862570
Contact the church office if you are interested in leasing rooms in the church or church centre.
Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952
Ordained Local Minister:
Rev Margaret Michie Tel: (01592) 840602
Session Clerk: Jaffrey Weir Tel: (01577) 865780

Events listed below are in the church unless indicated otherwise.

Regular Services and Events

Sundays: 10.30am: Morning Service with Crèche. Junior Church (age 3 to P7) and 'Jam Pact' (Secondary Age) meet at church centre from 10.15am, finish at church.

7.30pm: 'Crossfire' (S1 upwards) in church centre.

Tuesdays: 10am: Pram Service.

Wednesdays: 10.45am Service, Church Centre.
1.30pm: Craft Group.

Fridays: The Brigade, church centre.

Anchor Section 6-7.15pm, Junior Section 7-9pm,
Company Section 8-10pm (Contact: David Munro 862126).

Saturdays: 10am-12noon 'Coffee Stop', Church Centre. Coffee, cakes and book sale most Saturdays.

Other Events and Services

March

- Sat 2** 10am: Coffee Morning for Fairtrade Fortnight, Church Centre.
- Sun 3** 10.30am: Quarterly Communion Service. Retiring collection for Scottish Bible Society.
- Mon 4** 8am: Silent Meditation.
- Tue 5** 2.30pm: Service at Whyte Court.
4pm: Service at The Sycamores.
7.15pm: Guild, church centre: 'Sailors' Society'.
- Thu 7** 7.30pm: Thursday Group, church centre: 'Woodland Trust'.
- Sun 10** 5.30pm: Lent Study.
- Sat 16** 8.30am: Prayer Breakfast (names in advance to church office).
11am: All Friends Together.
- Sun 17** 10.30am: Morning Service, including Stated Annual Meeting.
12.15pm: Cheese Roll and a Chat.
5.30pm: Lent Study.
- Tue 19** 7.15pm: Guild, church centre: 'Knitted Jewellery' and AGM.
- Thu 21** 9pm: late evening service of Compline.
- Sun 24** 5.30pm: Lent Study (no Evening Service).
- Tue 26** 2.30pm: Service at Causeway Court.
- Sun 31** 5.30pm: Lent Study.

Looking for Contact Details?

For listings of local clubs, businesses, public services and more, visit www.kinross.cc

Cleish Parish Church Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)
Tel: 01577 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Neil Maclure

Email: neil.maclure19@gmail.com Tel: 01577 864826

Please visit our website: www.cleishchurch.org



Sunday Services 11.15am

March

- Sun 3** 11.15am **Morning Worship** followed by refreshments. Traidcraft Stall.
- Mon 4** 3.15pm **Messy Church** in the Village Hall. Open to all children and their carers.
- Sat 9** 8.30am **Men's Breakfast**.
- Sun 10** 11.15am **Morning Worship***.
- Sun 17** 11.15am **Morning Worship***.
- Sun 24** 11.15am **Morning Worship***.
Stated Annual Meeting.
Congregational Lunch in Village Hall.
- Mon 25** 2pm **Cleish Guild** meeting and AGM in Cleish Village Hall.
- Sun 31** 11.15am **Morning Worship***.

* Please note that refreshments will be served in the Young Room after Morning Worship. All welcome.

Cleish Church Fete will be held this year on **Saturday 11 May**, from 1pm. There will be the usual stalls, refreshments and a barbecue, a display of classic cars and a music recital in the Church.

Loch Leven Church

Loch Leven Church meets at Loch Leven Community Campus, from 2.45pm - 4.30pm each Sunday.



Easter Kin-nections

The new March-May 'Kin-nections', the free magazine of Kinross Parish Church, is now available for anyone to pick up at the church in Station Road, the Church Centre in the High Street, and the Library at Loch Leven Campus.

With an Easter theme, the magazine provides information on the various Easter events at Kinross Parish Church, and throughout the County through Kinross-shire Churches Together. A selection of folk from the congregation have written about their 'Easter Thoughts' or provided reflections and prayers on Easter as a 'Journey of Faith'.

The cover photo is of the new banner made by the church's Banner Group: 'All Are Welcome'.



Orwell and Portmoak Parish Church

Church of Scotland (Charity number SC015523)

Minister - Very Rev Dr Angus Morrison

Telephone: 01577 863461

Email: angusmorrison3@gmail.com

Website: www.orwellportmoakchurch.org.uk

Sunday Worship, Junior Church and crèche:

10am Portmoak Church,

11.30am Orwell Church.

All children welcome. Crèche available during the services.

Please note that joint services will be held on the first Sunday of each month in alternate churches at 10.30am.

Prayer Meeting held 30 mins before each service.

Service at Ashley House: first Thursday of the month at 2.30pm.

Morning Prayers at 9am

Each Thursday at Portmoak Church New Room.

Each Friday at Orwell Church.

Messy Church in Orwell Hall on 30 March from 4 to 6pm.

Dates and events for your diary

3 Mar Joint All-age Service in Portmoak Church at 10.30am.
No morning service at Orwell Church.

5 Mar The Guild Charity Meal in Orwell Hall at 7pm.

9 Mar Earn Singers in Concert in Orwell Church at 7:30pm.

12 Mar Culdees Celtic Service in Portmoak New Room at 10.30am.

19 Mar The Guild AGM in Orwell Hall at 7pm.

26 Mar Culdees Celtic Service in Portmoak New Room at 10.30am.

29 Mar Oasis Ladies Group meets in Portmoak New Room from 10.15am to 11.45am.

Everyone welcome!

Church office & shop open Mon – Fri. 10am – 2pm.

29 South Street, Milnathort KY13 9XA.

Christian cards, gifts, bibles and books for sale. Printing and copying facilities available. Recycling for ink toners, stamps & batteries. Donations of food can be made for the local Foodbank.

Contact the Office 01577 861200
orwellandportmoakchurch@gmail.com

Fossway, St Serf's & Devonside Church

Church of Scotland (Charity number SC013157)

Church Road, Crook of Devon, Kinross-shire, KY13 0UY

www.fosswaychurch.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassicsoul@aol.com

Our church is a very warm and welcoming place situated in the Crook of Devon, a small village about six miles from Kinross. Come and join us, we would love to meet you.

We have prayer time every Sunday before worship, 9.15-9.30am.

All are welcome.

Sunday Services at 9.45am. All are welcome.

March

Sun 3 9.15-9.30am A Time for Prayer.
9.45am Morning Worship followed by refreshments.

Sun 10 9.15-9.30am A Time for Prayer.
9.45am Morning Worship.

Sun 17 9.15-9.30am A Time for Prayer.
9.45am Morning Worship.

Sun 24 9.15-9.30am A Time for Prayer.
9.45am Morning Worship.

Sun 31 9.15-9.30am A Time for Prayer.
9.45am Morning Worship followed by Stated Annual Meeting.

Café Refresh

Thursday afternoons, 2-4pm. Join us for a friendly blether with delicious home baking, tea and coffee. All are welcome.

Film Evening

7.30pm-9.30pm in the Church Hall.

On Friday 1 March we will be showing *The Bookshop*.

Please join us for the film, a cuppa and a blether and even some popcorn.

Trinity Church

A new Church ... A new Beginning.

Trinity Church is a **MISSION OUTREACH** of the **UNITED FREE CHURCH OF SCOTLAND**, led by **REVEREND JEROME O'BRIEN**.

Crook of Devon, Station Road, KY13 0PG

www.trinity-church.co.uk

Sauchie & Fishcross United Free Church of Scotland, Scottish Charity No. SC009740.

Sunday Service

We meet every Sunday at the Crook of Devon Village Hall.

The service starts at 10.30am for teas and coffees, with the gathering to worship God commencing at 11am.

After the service, there will be refreshments and conversation. For more information about who we are and what we do, visit our website.

Kinross Gospel Hall

Montgomery Street, Kinross www.kinrossgospelhall.info

Sunday 10.30am Breaking of Bread

12.30pm Sunday School

4.00pm Gospel Meeting (1st & 3rd Sundays of the month, Friends and Neighbours Tea)

Monday 7.30pm Prayer Meeting

8.15pm Bible Study

Thursday 9.30am Toddlers Group (Montgomery Toddlers)



Exploring The God Question Science, God and the Search for Truth Are we here by chance or intention?

6 x 30 min films followed by discussion, exploring:

THE COSMOS – *Is there space for God?*

LIFE and EVOLUTION – *Does Darwin dispense with God?*

MIND and CONSCIOUSNESS – *Is belief in God a no-brainer?*

Led by Very Rev Dr Angus Morrison at **6.30pm to 7.30pm**
at **Loch Leven's Larder** over 6 consecutive weeks from

10 March to 14 April

All Sundays except 4th meeting which will be on Monday 1 April.

ALL VERY WELCOME

It's not just for church members

St Paul's Scottish Episcopal Church

(Part of the Worldwide Anglican Communion)

Muir, Kinross, KY13 8AY Telephone: 01577 864299

Email: office@stpaulskinross51.plus.com

Website: www.stpauls-kinross.co.uk

Fr David Mackenzie Mills, Rector. Telephone: 01577 863795

Email: frdavidkinross@gmail.com

You can also find us on Facebook

www.facebook.com/stpaulsepiscopalchurchkinross

St Paul's is inclusive, friendly and welcoming to all age groups (whether regular churchgoers or if you're simply inquisitive about who we are and what we do.)

We are excited about the ways in which God is calling us to grow as a community, for the community. (*The Rector is now licensed by the Registrar's Office to conduct Same Sex marriages at St Paul's*). Our aim is to express our deep appreciation of both the spoken and sacramental Word with a lightness of touch and a smile.

Children are equally welcome to stay in church during the service or go to the Meeting Room for Sunday School and everyone is particularly invited to stay together during our monthly 'Whole Church' services.

We predominantly use the 1982 Liturgy on Sunday mornings but create experimental devotion for special events throughout the year. If you would like to give us a try, we look forward to meeting and greeting you and hope that you might enjoy becoming part of this faithful family of Christ.

1st Sundays 4pm Evensong with hymns.

1st Mondays 10am Pastoral Care group (Side chapel).

Tuesdays 11am Informal Holy Communion (Side chapel).

Thursdays 10am Thursday Morning study group (usually in the Meeting Room). 1.45 – 2.45pm Rector's Hour. An opportunity to drop in and speak to the Rector in the Church Office.

Forthcoming Services and Events - all welcome

March

Fri 1 WORLD DAY OF PRAYER

This year's theme is 'Come Everything is Ready', written by Christian women of Slovenia.
2pm Kinross Centre. 7pm St James' Catholic Church.

Sun 3 Sunday Before Lent

8.30am Holy Communion.
11am Sung Eucharist.
4pm Evensong with hymns.

Wed 6 ASH WEDNESDAY

8am Holy Communion with Imposition of Ashes.
5.30pm Holy Communion with Imposition of Ashes.

Sun 10 Lent 1

8.30am Holy Communion.
Lent Breakfast Study Course between the services: 'Oneness' – where is God in all this?
11am Sung Eucharist.
12pm Holy Baptism of Cecily Kennedy Fargo.
Everyone is most welcome to stay on and join in the celebrations!

Sun 17 Lent 2

8.30am Holy Communion.
Lent Breakfast Study Course between the services: 'Oneness' – where is God in our own journey?
11am Sung Eucharist.

Sun 24 Lent 3

8.30am Holy Communion.
Lent Breakfast Study Course between the services: 'Oneness' – where is God in relationship with our neighbour?
11am Sung Eucharist.

Sun 31 Lent 4 (Mothering Sunday)

8.30am Holy Communion.
11am Sung Eucharist.

St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

www.catholickinross.com Email: Fr.MartinPletts@gmail.com

facebook.com/parishpriestkinross/

facebook.com/stjamesprayergroup/

Regular Services

Mon	7pm	Holy Mass preceded by Confessions and Prayer Group at 8pm in the church hall.
Tue	10am	Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).
Wed	10am	Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am). Teas/Coffees after Mass, in the church hall.
Thu	10am	Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).
Fri	10am	Holy Mass preceded by Morning Prayer and Confessions (9.30-9.50am).
	3pm	Divine Mercy Devotions.
Sat	10-10.30am	Adoration of the Blessed Sacrament and Confessions (first Saturday of every month Holy Mass at 10am).
	6pm	Vigil Mass.
Sun	9.30am	Mass (teas/coffees after Mass in church hall).

Confessions also on request.

Christmas Services

Vigil Mass at 5pm in St Matthew's, Auchtermuchty
Midnight Mass in St James', Kinross – with Carols beginning at 11.30pm.

Christmas Day Mass at 9.30am in St James'.

Christmas Day Mass at 11.30am in St Matthew's.

Prayer Group meets on a Monday, 8pm-10pm, in the church hall and is open to all.

Children's Catechism class meets every Monday during term time, 3.45pm-4.30pm in the church hall.

The weekly newsletter, Mass times, news and updates or changes can be found on our website.

Kinross Christian Fellowship

Jesus said, 'I am among you as one who serves.'

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross. Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Bible-based preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

Everyone is welcome to either service or to both, so please come and, *taste and see that the LORD is good*.

Contact Peter on 01577 863509, for further information.

KCF also runs the Talking Donkey café - see separate notice in the Newsletter. Additionally, the Friday evening Youth Group at the Millbridge Hall (Space) is also the responsibility of our Fellowship, and we are pleased to accept this privilege.

Deadline for all Submissions
5pm, Friday 15 March
for publication on Saturday 30 March

Kinross Parish Church

Looking to the Future

Kinross Parish Church of Scotland will be looking back over 2018 and forward through 2019 on **Sunday 17 March** at its Stated Annual Meeting. Session Clerk, Jaffrey Weir, says: 'The meeting is an essential part of managing and guiding the church as both a congregation and a charity. As in recent years, we'll be incorporating it into our 10.30am Sunday Service. With the chance to look back over the past year with photos and music, and to think about the year ahead, this has become a thought-provoking and uplifting part of our worship.'



Kinross Parish Church

The church's 'Annual Report and Accounts' is available from the church office. The report covers the first year since the church adopted its new 'Unitary Constitution', as recommended by the Church of Scotland, and shows an annual turnover of around £120,000 which supports the charitable activities of the congregation in our local community and the work of the wider church. In addition,

around £6500 was raised for outside charities, such as Poppy Scotland and 'Harbour Counselling Services' in Perth.

A Message of Service

'Very special' is how Session Clerk, Jaffrey Weir, described a recent service at Kinross Parish Church in which Stuart Neave was ordained as a new elder and he and Alan McGhie were admitted to the Kirk Session.

The service also included the celebration of Rev Alan Reid's 10 years at the church and Norman White's 40 years as an elder. In addition, a certificate was presented to elder Lynn Caldwell, who has been approved as a Safeguarding trainer. Also celebrated was the amazing service of Rev Clifford Kelly who was ordained over 60 years ago. He gave the congregation a thumbnail sketch of his journey in spreading the Good News, thanked all the support he had received over the years and led the congregation in prayer.

Jaffrey Weir said: 'These people provide an example to all of us of commitment, service and faith in spreading the Good News of our Lord'.



L to R: Alan McGhie, Norman White, Rev Alan Reid, Lynn Caldwell, Rev Clifford Kelly, Stuart Neave

The St Paul's Bell

Bells have traditionally announced that a service is about to begin at a church. It welcomes all to come and hear some Good News. For many years this has not been the case at St Paul's church in Kinross. Although a bell has hung in the lovely round tower since it was built back in 1874, it has not been rung for many years. Rust had taken its toll (pardon the pun) and it was feared it might fall on our heads if we tried! Having secured generous grants as part of a wider refurbishment project, we sourced a refurbished bell which was hung some weeks back. On Sunday 17 February, our Bishop visited St Paul's and dedicated the bell (named Lydia, the welcomer). Do listen out for her beautiful ring on Sunday mornings and at other times for special services. We hope it will revive a long forgotten tradition to the life of this part of Kinross.



Above: the date the bell was founded

Left: the bell ready to be hung



The dedication of the bell

Planning a Community Event?

Check the Diary on www.kinross.cc to ensure that your event won't clash with another.

List your event as soon as you can to help others with their planning. Contact the website administrator by email: admin@kinross.cc

Obituaries

Elizabeth McKeag Fraser

Elizabeth passed away very peacefully, at Airthrey Care Home, on Saturday, January 26, 2019. Elizabeth McKeag Fraser (*nee* Brown), aged 81, formerly of Achaneoir, Station Road, Kinross, beloved wife of the late Thomas Arthur Fraser is survived by her four children and nine grandchildren. The Funeral service at Perth Crematorium, took place on Friday 8 February. Elizabeth will be remembered by many in Kinross and its wider community having taught in all local primary schools and working for the majority of her teaching career at Kinross Primary school. She loved teaching and once she retired often shared her many happy memories of life in the classroom. Elizabeth enjoyed 40 years living in Kinross and will be fondly remembered by all who knew her.

Jean Robertson Webster

It is with much sadness that Jean Robertson Webster (*nee* Jarvis) passed away on 6 January 2019, at home, surrounded by family. Jean was born in the village of Collesie in Fife, one of 13 children. Jean was a twin with Peggy (Margaret) and the family also had another set of twins and triplets too! Jean excelled at school, was Dux of Collesie Primary and went on to enjoy study at Bell Baxter High School in Cupar.

She worked as a costing accountant in Cupar and then worked at the linoleum factory, where she met many life-long friends. Jean met Tom Webster from Milnathort at a dance in Todd and Duncan's social club, the man she would love, cherish and share 57 happy years with. They went on to have four children: Wendy, Alan, Mandy and Alistair and had many happy times living in Glenlomond, Milnathort and Kinross. She was a wonderful mother and wife and supported Tom in all his entertaining all over the country and abroad too.

She loved to cook, bake, sew, and with the church guild she was involved with many charitable activities over the years.

When all the children were at school, Jean worked as a home help, insurance lady and lately at Dawson's International in Edinburgh and Kinross. She was a Brown Owl in the Brownies and helped at the Flower tent at Kinross show with Tom for many years, where her home baking and tablet was renowned!

She became a grandmother in her early forties and adored each and every one of her seven grandchildren, spending weekends and holidays in the caravan with them on many occasions. Tragedy struck when their adored son Alan died in 1998, at the age of 34, leaving a beloved wife and three lovely children. Jean was always there for them and continued to keep her strong faith.

Jean and Tom worked hard over the years and had many wonderful family holidays all over Britain, and then all over the world with friends, Tom's entertaining and to visit family too. On her retirement she loved to do her quilting with friends and raised lots of money for many charities, especially CHAS. She volunteered in the CHAS Boutique, as she called it! Tragically, 10 years and eight months ago, Jean suffered an aneurysm, which caused a stroke and left her paralysed down the left side. She spent many months in hospital, but with the care of the amazing medical staff and her determination she managed to live at home for ten years, with the help of carers, Crossroads and her adoring family and friends. Her mind was amazing. She could tell us anything we had forgotten and still kept us all in check!

Wife, mum, mum-in-law, gran, great gran, friend, aunt, sister, godmother; we have all been truly blessed by your precious time on earth. She was our rock. Our lasting memories of her will always be: always busy, contented, selfless, brave, compassionate, caring and a wonderful inspiration to all who knew her. She will be in our hearts forever.

Deaths

FRASER - Sandy, Neil, Alan and Rona wish to express their sincere thanks to all who sent cards of condolence in respect of their late mum Elizabeth Fraser, and to the many friends and family who joined us at the funeral service on Friday 8 February. Your donations raised £300 for Alzheimer Scotland. Sincere thanks also to the staff of Airthrey Care Home, Bright Care, Elite Care and mum's Personal Assistants Margaret, Angeline, Jenny and Dawn for their care and kindness during mum's illness.

WEBSTER - Tom Webster and Family would like to thank all the many friends and family for the many lovely cards, messages, visits and flowers they received on the sad loss of Jean Robertson Webster (*nee* Jarvis).

Thank you so much to the Very Reverend Angus Morrison and Reverend Duncan Stenhouse for the comforting service at Orwell Church on 22 January 2019. Over 250 people attended! Many thanks must go to all the doctors, nurses, all the staff at the surgery, carers, Crossroads, social workers, O/T's etc, who all helped with Jean's care and enabled and helped her to stay in her home for 10 years after her aneurysm. Jean was a remarkably brave, caring, loving, strong compassionate, contented lady with the biggest of hearts and even on her death raised £1100 for Chas and Kinross Day Centre! She will be sorely missed by all and is survived by

her beloved husband Tom, three adoring children, daughter in law's, seven wonderful grandchildren and three gorgeous great granddaughters. Thank you to all.

GARDINER - Janette and family wish to thank all friends, relatives and neighbours for the many kind expressions of sympathy, cards, letters, flowers and phone calls received following David's death on 26 December.

Special thanks to Harry McLennan for his kind words and comforting service. Thanks also to all who paid their last respects to David at Dunfermline Crematorium and gave so generously to Cancer Research. Thanks also to James Auld Funeral Directors, Helensburgh for their sensitive handling of the funeral arrangements and the Well Country Inn for their excellent hospitality.

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone Ross McConnell on 01577 865885 or email

subscriptions@kinrossnewsletter.org

Playgroups and Toddlers

Milnathort Babies & Toddlers

Orwell Church Hall, Milnathort

Friday 9.30am-11.15am

A relaxed and friendly group

Healthy snacks, tea & coffee

Children from birth to 3 years

(5 years if attending with younger sibling)

Great fun for the kids, mums, dads and carers!

PLACES NOW AVAILABLE!

To join in the fun

call 07745 804539

Email milnathortbt@gmail.com

Or find us on Facebook



SWANSACRE PLAYGROUP, SCIO

21-23 Swansacre, Kinross

Tel: 01577 862071/07592 392235

www.swansacreplaygroup.org.uk Facebook

@Swansacre



We provide a warm, friendly, nurturing and stimulating environment in which children can learn and develop through play.

Monday Garden Guddle: 9am-3pm

Tuesday Playgroup: 9.05am-11.50am

Rising 5's including Lunch Club: 12.10pm-3.10pm

Wednesday Playgroup: 9.05am-11.50am

Thursday Playgroup: 9.05am-11.50am

Friday Playgroup: 9.05am-11.50am

Garden Guddle is an outdoor session in the grounds of Swansacre Gardens. The children can expect lots of mud, water, fun and exploration. Aimed at 3-5 year olds.

Playgroup is aimed at children from 2-5 years of age. The children have a vast variety of equipment and resources to help them learn through play.

Rising 5's is aimed at children in their pre-school year. It aims to sit alongside school nursery, and the sessions are more structured and filled with activities to engage children.

Please contact Victoria for availability or more information on the above sessions: enrolments.swansacre@gmail.com

Swansacre is also available to hire for Private Functions. For more information or to book please contact Lesley on: facilities.swansacre@gmail.com

Swansacre Playgroup SCIO – SC017748 – Registered Scottish Charity

GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Mondays, 9.30-11.30am, term times.

Healthy snack for children, coffee/tea & biscuits for carer

Role play, jigsaws, physical toys and arts and crafts

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Catherine Mason on 07583 022608 or just come along!

LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

Session times (term time only)

Tuesdays 9.30 - 11.15, Fridays 9.30 - 11.15

Contact Debbie Kennedy 07545 339494,

debileighs@hotmail.com

All Mothers, Fathers, and Carers are welcome to attend, with children aged birth to 5 years if accompanied by a younger sibling who shall be 3 years old or younger.



FOSSOWAY TODDLER GROUP

Fridays 9.30 and 11.30 (term time)

Fossoway Church Hall, Crook of Devon

£2 for 2 hours play

Warm and cosy space

Fresh fruit snack and juice or water for kids

Tea/coffee and biscuits for adults

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell (only 10 mins from Milnathort and Kinross)



We are a friendly and relaxed group welcoming children under 5 years and their parents/carers. We offer a wide range of activities including arts and crafts, dressing up, outdoor play and stories. We also on occasion arrange outings, parties and have special visitors who come to the group!

Session times: Tues & Fri 9.45am – 11.30am.

Sessions are £2 per child (£1.50 for under 1s) and 50p for each additional child. A snack is provided.

For all queries please email

portmoakplaygroup@hotmail.com

or find us on Facebook

MONTGOMERY TODDLERS

Every Thursday 9.30am to 11am (term-time only)

The Gospel Hall, Montgomery Street, Kinross.

Contact Christina Smith 01577 840733 or 07792 260509

Private Nurseries and Childcare

For private nurseries and childcare services, please see advertisements throughout the Newsletter.

To inform the Newsletter of any changes to Playgroup information, please send an email to: editor@kinrossnewsletter.org

Notices



Fairtrade Fortnight

25 February – 10 March 2019



Saturday 2 March 10am-12pm Coffee Morning

Kinross Church Centre – "She Deserves a Living Income"
Tea and Coffee and lots of Fairtrade goodies to sample!

The Thursday Group

This is a women's group, meeting on the first Thursday of the month in the lower hall of the Church Centre at 7.30pm. Existing and new members very welcome. Contact Elaine on 01592 840266.

- | | |
|-------|---------------------------------------|
| 7 Mar | Woodland Trust (Ian Baird) |
| 4 Apr | Aero Space Kinross (Alisdair Stewart) |
| 2 May | AGM |

Saturday Family Fun at Loch Leven Community Library



2 March
1pm to 2.30pm



Community Learning and Development – Perth and Kinross Council are working together with Friends of Loch Leven Community Library and the Scottish Women's Institute to provide a range of simple **paper crafts, sewing and felt techniques** for families. All activities are safe, simple and fun giving great easily achievable results. Why not bring your kids along and enjoy these interesting activities for all the family. You will be welcome to meet local groups and find out more about your Community Library. Meet your local Learning and Development Worker and discuss further possible opportunities for family activities in your area.

For further information please contact Tracey Ramsay (Community Learning and Development) on 01577 867124 or email tramsay@pkc.gov.uk. Loch Leven Community Campus, Muirs, Kinross, KY13 8FQ.
Or email KinrossComLearn@pkc.gov.uk.

AN EVENING WITH GORDON MENZIES in aid of KVG&ROS

Saturday 16 March

At Milnathort Town Hall

Doors open at 7pm for 7.30pm start. BYOB. Raffle.

Tickets £10 available from:
David Aird: 01577 830370
Sandy Smith: 01577 862536

Kinross-shire Historical Society

Meetings are held at Kinross Parish Church, Station Road, Kinross, at 7.30pm. Membership entitles free entry to all six talks of the season. Membership: adults £7.50; under 18s free. Visitors: £2 per talk.

Programme for 2019

18 Mar: **The Klondike Gold Rush** – Dr Martin Hepworth. The search for gold in America in the nineteenth century.



RACE NIGHT AND DISCO

Saturday 2nd March 2019

7.30pm to Midnight

£10 per ticket, includes arrival drink
and nibbles



Raising money for Milnathort Town Hall in
conjunction with Milnathort Filmhouse

Licensed bar | Prizes | Raffle

For tickets please contact us via Facebook,
call 07732 882497 or
email milnathorttownhall1@gmail.com

Car Boot Sale in aid of Comic Relief

Sunday 10 March

Located in Sainsbury's Kinross car park

From 9am until 12pm

£5 per car goes to comic relief

Contact a manager instore to book your spot

The Gaelic Society of Perth

After a very enjoyable ceilidh in February with the interesting talk on St Kilda from John McKay and the varied songs and music from Janet McSween, Aileen Ogilvie, Karys Watt and Dave MacFarlane, **The Gaelic Society of Perth** will hold their March ceilidh at **St Matthew's Church Hall, Tay St, Perth** on **Friday 15 March 2018 at 7.30pm**. There will be a welcome return of Carol MacLean, Alasdair Whyte and Graham Neilson – three fantastic singers – and all Mod Gold Medallists. There will be a piper from Perth and District Pipe Band. This is the final ceilidh of the winter season.

Come and hear these great Gaelic singers and instrumentalists. Admission is £5 for Members and £6 for Non-Members – for an evening's entertainment plus refreshments!

Further information can be obtained from the Secretary on 01577 864589, on our website gaelicsocietyofperth.com or like us on Facebook – we are **Gaelic Society of Perth**.

Need to check something in an old Newsletter?

Consult our electronic archive at

www.kinrossnewsletter.org

Issues from September 2006 to two months ago available



Networking Breakfast Wednesday 6 March

At Loch Leven's Larder, 7.15am-9am

The Networking Breakfast is an event that is unmissable if you are keen to improve your network, and pick up some inspiration. We've had talks from speakers on a range of subjects and **Wednesday 6 March** will be no exception when we welcome David Cochrane, Chief Executive of Hospitality Industry Trust, Scotland (HIT Scotland).

Established by industry leaders in 1994, HIT Scotland has gone on to support tens of thousands of people working and studying in the hospitality industry in Scotland through the HIT scholarship programme. Over David's tenure with HIT Scotland the Trust has awarded more than 2000 scholarships and 13,000 student bursaries. What makes HIT Scotland so unique is that it represents the spirit of the Scottish hospitality industry itself. It attracts many industry colleagues, at every level, to 'give back to their industry' their time and resources. David Cochrane began his career at the Caledonian Hotel in Edinburgh. He then joined Gardner Merchant as a chef manager, progressing to District training Co-ordinator and it was this experience that led him into the Hotel and Catering Training Company, working with Youth Training and unemployment projects, also taking on a project to help implement Vocational Qualifications in Scottish prisons! David was Training Manager at Gleneagles Hotel before becoming Chief Executive of HIT Scotland. Alongside his numerous awards and honorary degrees, David is a Fellow of the Institute of Hospitality and Strathclyde Business school. Come along to the Breakfast at Loch Leven's Larder and meet friends, colleagues, new faces and fellow Kinross-shire dwellers. You will be encouraged to stand up and tell your fellow diners, in less than 60 seconds, who you are, what you do, and why you have come along. After breakfast we hope you will enjoy being inspired by, David Cochrane. We finish at 8.30am when you can continue to network, or you can head out to tackle your day head-on!

To book your place, please email Karen Grunwell at mail@kinrosspartnership.org.uk. You can choose whether to pay online in advance or in cash on the day and full details are available when you book. The meeting cost, including a full cooked breakfast, is £10 per person. We look forward to welcoming you.

www.kinrosspartnership.org.uk www.facebook.com/visitlochleven
www.visitlochleven.org www.twitter.com/VisitLochLeven



Annual General Meeting

Monday 18 March at 7pm

ICT Room 2, Loch Leven Community Campus, Kinross

Company Limited by Guarantee No SC190362

Fossoway PTA
Raising funds for Fossoway Primary School

Family fun day

at
Tullibole Castle
Crook Of Devon

Sunday 24th March
11am - 3pm

Tickets
£5
per person

What's included in the ticket price?
marshmallow toasting | refreshments | story telling |
maze | pond dipping | crafts - Mother's Day card making |
Horrible Histories - Tullibole style | garden games (chess,
Croquet, badminton, tin can alley, Jenga) | family photo |
activity booklet |

For tickets, please contact us at:
fossowaypta@gmail.com
or on Facebook - Fossoway PTA



Kinross Garden Group

2019 Season

Thursday 14 March at 2pm

Millbridge Hall, Kinross.

Caroline Thomson of Backhouse Rossie Estate

'The Backhouse Estate, its Daffodils and

The Quaker Garden Trail'

All welcome to join us.



Music in Dollar

Our next concert is on **Saturday, 16 March 2019, 7.30pm** at the Gibson Hall, Dollar Academy with the Alastair Savage Trio. Alastair was originally a folk fiddler before he went on to study at the RSAM and the RAM in London and currently he plays with the BBC Scottish Symphony. However, this evening he will be playing with his great friends Euan Drysdale (guitar/piano) and Iain Crawford (double bass). The evening will feature the fiddle music of Scotland with tributes to Niel Gow, Rabbie Burns, James Scott Skinner as well as their own original compositions.

Tickets cost £10 on line or at the door but £7 for members of the Society and free to those in full time education. Further information is available from the Concert Secretary on 01577 864589, or by emailing info@musicindollar.org.

www.MusicinDollar.org

BRITISH SUMMER TIME

clocks go forward

Sunday 31 March

Milnathort filmhouse at Milnathort Town Hall

SATURDAY 23RD MARCH 2019

**TICKETS ON SALE NOW
GUARANTEE YOUR SEATS BY
BOOKING YOUR TICKETS ONLINE**

8.00pm (Doors Open at 7.30pm)



A STAR IS BORN
BRADLEY COOPER LADY GAGA

A musician helps a young singer find fame, even as age and alcoholism send his own career in a downward spiral.

Over 18s Only - BYOB
Tuck Shop with Movie Snacks and Soft Drinks

Adult	£6.00
Concession	£4.00

Book Tickets Online or Pay at the Door
Information and Online Booking
milnathortfilmhouse.com

Follow Us On:  

**BROKE
NOT
BROKEN**

**Broke Not Broken
Public Meeting**

Loch Leven Community Campus

Wednesday 20 March
at 7.30pm

All welcome

Come and find out what we have been doing and
find out how you can help.

**BROKE
NOT
BROKEN**

**Orwell Bowling Club
QUIZ NIGHT**

Saturday 23 March at 7.30pm

Bowling Green Avenue, Milnathort

Cost: £2.50 per person, Maximum 4 in a team.

Nibbles and Raffle

Contact Mike or Maz Thorn on 01577 842271

Enquire

Are you looking for information about your child's rights to support in School? If so, contact **Enquire**, the national advice and information service for additional support for learning.

Enquire offer: a confidential telephone helpline and online enquiry service, practical guides, fact sheets and newsletters, helpful materials for children and young people with additional support needs.

For more information contact: Tel 0345 123 2303

Website: www.enquire.org.uk

Enquire is funded by the Scottish Government and managed by Children in Scotland.



SPRING CONCERT

with

Jeremy Devlin-Thorp

In aid of the Marie Curie
Great Daffodil Appeal 2019



Sunday 24 March from 3 - 4.30pm

Kinross Parish Church

10 Station Rd, KY13 8TG

Jeremy Devlin-Thorp is a versatile piano player and singer. His concert will include a variety of music, from classical to jazz and songs from the shows, including some community singing. Come along and brighten up your Sunday afternoon!

Milnathort Guide Hall

Church Street, Milnathort

Open Day

Sunday 24 March

From 2-4pm



Come along and see our newly refurbished hall. Were you in guiding in Milnathort, if so we have old photos from guiding in the district over the last 60 years. If you are interested in being involved in Guiding in the area, we will be there to speak to you

Details for hiring the hall for a new club or a party
Tea and cake/raffle

Marie Curie Great Daffodil Appeal

The newly formed Marie Curie fundraising committee have been gearing up for the Great Daffodil Appeal that runs throughout the month of March. Our big event this year will be a Spring Concert and afternoon tea in Kinross Parish Church on **Sunday afternoon, 24 March**. Please see the notice at top of page for details.

We will also be distributing collection boxes of daffodils to many of the shops and other businesses through Kinross-shire. We hope to see this year's daffodils widely worn by many in recognition of the valuable care in the community that is offered by Marie Curie nurses, free of charge to any person with any terminal illness. We're also pleased to report that the Marie Curie Charity has been adopted for the year by the Kinross Ladies Golf Section and by Light up my Heart gift shop in Milnathort.

Other events throughout March include the **Swimathon at Loch Leven Leisure Centre** from **29-31 March**. It is still recruiting teams and individual and sponsors. Finally, there are sure to be some Great Daffodil Tea Parties in the homes of folks that are appreciative of the care a family member or friend has received from Marie Curie nurses. We hope to see you at the concert, wearing your daffodil and bringing a friend.





Kinross-shire Time Exchange General Meeting

Monday 1 April from 2-3pm

St Paul's Meeting Room, The Muirs

The meeting is for the purpose of presenting to its members a resolution to dissolve the Time-Exchange. All members present will be asked to vote on the resolution. The Time Exchange will be dissolved if the resolution is passed by at least two thirds of the members present.

Marg Meade, Secretary KTE

Lip Reading Classes

Do you or someone else you know have a hearing loss? Lip Reading Classes can help.

Advice is available on tinnitus, cochlea implants, access to work and getting benefits.

Learn how your hearing aids work and about equipment to help you with your hearing loss, e.g. smoke alarms, television aids, flashing doorbells and more. The above equipment is free. Classes start in Kinross in October and a few places are still available on Fridays in Perth. Classes are funded and free to participants. To book a place, or for more information, contact Susan Brown Tel: 01250 872861 or 07940 333924, or by email at Perthshirelipreading@hotmail.com.

Facebook-Perthshire Lipreading

Grants and Funding Websites

www.pkgrantsdirect.com

www.foundationscotland.org.uk



The Alexander/McLaren Trust

The above newly established charity has been set up in memory of the late Douglas & Elspeth Alexander (*nee* McLaren), who resided at Hilton of Burleigh, Milnathort and died in 2012 and 2013 respectively. Douglas was born at Ballingall, Milnathort before moving to Hilton of Burleigh as a teenager in 1940, his father having secured the tenancy of the Hilton land in 1920.

Douglas was enrolled at Dollar Academy on 3 September 1939, the day war was declared on Germany. After finishing his education, he lived and farmed Hilton of Burleigh for over 70 years. Elspeth, originally from Coupar Angus, attended Perth Academy and secured a place at Edinburgh University in 1943 to study maths and science at the age of 17. On graduating she secured a teaching post at Kinross High School and through the tutoring of Douglas's sister Nancy, the couple met and married in 1950.

Douglas and Elspeth were both passionate about education and were staunch supporters, at many levels, of several local organisations, including the Young Farmers' Club, the British Red Cross and the Kinross-shire Day Centre. The couple also took a lifelong interest in Milnathort Primary School, with (to date) three generations of their family attending there.

The Charity's objectives are wide ranging and seek to benefit local community groups and individuals along with educational and recreational facilities. The aim is to make the charity as flexible and approachable as possible and will be locally administered.

The Charity Trustees can be contacted via email:

alexandermcclarentrust@gmail.com.

Scottish Mining Trust Holidays Blair Castle, Culross

Charity number SC036188 www.blaircastle.net

Subsidised holidays for retired miners and relatives

If you worked in the mining industry, or if you are related to a miner or someone who worked in the mining industry, you may be eligible for subsidised full bed and board holidays at Blair Castle in Culross.

Blair Castle is set in beautiful grounds with stunning views over the Forth Estuary. Excellent facilities: 28 well-appointed en-suite rooms, disabled accommodation, games room, quiet rooms, social lounges etc.

Call 01383 880307 or email charles@blaircastle.net to find out more and ask for an application form.

Find us on Facebook: Scottish Mining Trust Culross



Everyone needs a bit of HELP sometimes...

The early years - before children go off to school are vital in a child's life. Parents play a key role in creating a secure childhood for their children... and sometimes they need a bit of help.



Matches parent volunteers with families who need a bit of help

Infant Massage classes for parents with babies up to 6 months old

Peer support for breast feeding mums

Contact Jill or Fiona for more information on accessing Home-Start support or joining our great group of volunteers.

www.homestartperth.org.uk

 @HomeStartPerth

Home-Start Perth
Unit B11 Highland House
St Catherine's Road
Perth, PH1 5YA
t: 01738 638847

Funded by:



The Kinross Community Council Newsletter

is available from:

The Co-operative
Baillies

Sainsbury's

Kinross Convenience Store

Giacopazzi's

Giacopazzi's

Stewart & Smart

Heaven Scent

Buchan's Garage

Shop

Fossoway Store

Fossoway Garage

Mona's Coffee Shop

Powmill Stores

RSPB Shop

Loch Leven's Larder

Glenfarg Village Shop

High Street, Kinross

High Street, Kinross

Station Road, Kinross

Green Road, Kinross

Lathro, Kinross

New Road, Milnathort

Stirling Road, Milnathort

South Street, Milnathort

Main Street, Kinnesswood

Main Street, Kinnesswood

Crook of Devon

Crook of Devon

Muckhart

Powmill

RSPB Loch Leven

Near Wester Balgedie

Glenfarg

KINROSS HUB THE CARERS CAFE

**4 March 2019
Body Boosting Bingo
(Age Concern)**

The hub cafe is an informal meeting place to chat over a cuppa with other carers, cared for and family members.





**LOCHLEVEN COMMUNITY CAMPUS
KINROSS**
1st MONDAY of EVERY MONTH
10am—12noon



Contact Gail Boath
Tel. 01577 867306
Or Annette Bond
01738 567076



Orwell, Portmoak and Glenfarg District Girl Guiding

Due to an increase in guide numbers and the new exciting programme recently rolled out, we are looking for an enthusiastic volunteer to open a unit in Portmoak and a unit helper for our Milnathort unit.

There will be full support from our great team. If interested, please give Alison a buzz on 07764 750212.

The Bike Station

Donate unwanted bikes, parts and cycling accessories for reuse. Poorer bikes are salvaged for parts. Bikes are refurbished by qualified expert mechanics and sold on to the public at affordable prices with a three-month warranty.

Donated bikes and parts are collected from all Perth & Kinross Recycling Centres, including the Kinross centre at the Bridgend Industrial Estate.

Bike sales are held at The Bike Station, 284 High Street, Perth, PH1 5QS, Tuesday to Saturday 10am – 5pm.

The Bike Station also offers a Repair Service, a Fix Your Own Bike facility and a Dr Bike mobile service.

Tel: 01738 444430. Website: www.thebikestation.org.uk

The Perth Bike Station is an accredited Revolve organisation.



Skeins & Bobbins Classes

Thursdays are fully booked. For Tuesdays and Fridays, please book in advance.

Primary classes take place on Tuesdays and Senior classes on Fridays. For confirmation of dates and availability of places, please contact the shop.

Knitting and crochet group for adults continues on Saturdays, 2pm-4pm.

Skeins & Bobbins, 120 High Street, Kinross. Tel: 01577 208107.

* you can be an unpaid carer and still receive benefits such as Carers Allowance

REIKI

KINROSS CARERS THERAPIES




**IF YOU ARE AN UNPAID CARER* REGISTERED
WITH PKAVS CARERS HUB
YOU COULD ENJOY A FREE
COMPLEMENTARY THERAPY SESSION!**

BOOKING IS REQUIRED & DONATIONS ARE WELCOME

Therapy Days are the 2nd Monday of each month
with Shirley Morgan @ Heart and Soul Centre,
High Street, Kinross, KY13 8AN

 @PKAVSCarersHub

 pkavscarershub.org.uk

For more info on support for unpaid carers in Kinross contact Carer Support Worker Annette Bond on 01738 567076



**CRYSTAL
THERAPY**

Bookings open the 1st Monday of each month. Please call the Carers Hub on 01738 567076 to book an appointment.

PKAVS is a registered charity (SC 065062) and a company limited by guarantee (06001).

Befriending Kinross



**Are you new to the Area?
Would you like someone to talk to?**

**Someone to have a coffee with?
Help to feel less socially isolated?**

If you would like to request a befriender please contact us and we will arrange a time to meet with you to discuss the process.

ptb.kinross@bethanyct.com

t: 07747 018 550



Kinross-shire Fund



The Kinross-shire Fund was established in 2006 to make the area a better place to live, by making

grants to a wide range of local charities, organisations and projects which make a positive difference to the community. To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

The next deadline is Monday 6 May.

Full details, including how to apply via our online application link, can be found at:

www.foundationscotland.org.uk/programmes/kinross-shire-fund

Ceilidh Dancing

Mondays: From 2pm until 3pm every Monday in the Guide Hall, Milnathort. You don't need a partner and it is all very informal and great fun. Just come along – the more the merrier. No age limit. All proceeds go to the Scouts and Guides.

Monthly Sunday Ceilidhs: These take place in Milnathort Town Hall, 2pm until 5pm with a break at 3pm for tea and biscuits. Cost: £5. There is no pressure to dance; what better way to spend a Sunday afternoon than hearing these top players? People wishing to learn dances could attend the Monday classes (see above). All money left over after paying the band and hall will go to charity. To make charity suggestions, contact Vi Todd, 01577 863244.

Mar 17	Scott Band	Sept 22	Leonard Brown
April 21	George Rennie	Oct 20	Colin Brown
May 19	Ian Cameron	Nov 17	Johnny Duncan
June 23	John Stuart	Dec 1	Christmas Concert
July 28	Richard Ross	Dec 15	Peter Bruce
Aug 18	Ewan Galloway		

PLUS Perth

www.plusperth.co.uk
Tel: 01738 626242
77 Canal Street, Perth



PLUS is a member-led local charity and social movement which gives hope and opportunity to those affected by disadvantage; in the main to those with experience of mental ill health and substance misuse.

The PLUS office is open Mon-Fri, 9.30am – 4pm for mental health signposting and enquiries.

Homes for Cats Wanted

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.





Give a Greyhound a Home
www.greyhoundrescuefife.com

Forever homes needed for rescued greyhounds.
Greyhounds are very gentle creatures that require very little walking!

Please call or email for details
Tel: 01577 850393 (evenings)
07826 244765 (daytime)
Email: femiejimmy@aol.com



Perth & Kinross School Term Dates 2018-19

Term	Start (for pupils)	End
Spring		Fri 29 Mar 2019
Summer	Mon 15 Apr 2019	Fri 28 Jun 2018

Holidays and In-Service Days:

Spring holiday:	Mon 1 Apr – Fri 12 Apr 2019
Easter w/e & In-Service day:	Fri 19 Apr – Tue 23 Apr 2019 (Easter Sunday is 21 April 2019)
May Day holiday:	Mon 6 May 2019

Kinross Recovery and Conversation Café

This weekly group is for anyone with an interest in improving their wellbeing and needing support on their recovery journey from addiction or substance misuse. The café aims to get people speaking about recovery and wellbeing in all its many forms and provides the opportunity to:

- share ideas, information and resources
- explore support networks and ways of moving forward
- breakdown isolation
- improve health and wellbeing

The café takes place **every Tuesday**, 1pm-3pm, at Millbridge Hall, Kinross. Drop in and have a cuppa and a chat.

For more information, contact:

Shona Fowler: 07896 280843, shonafowler@nhs.net

Richard Lister: 07885 971298, richard.lister@cairscotland.org.uk



Supported and funded by Broke Not Broken, a local charity tackling the effects of poverty.

Broke Not Broken

Drop off donations at:

Sainsbury's, Kinross
Glenfarg Village Shop
Co-operative, Kinross



Open to clients:

Every Tuesday and Thursday, 10am – 2pm

The Beacon, St Paul's Church, Muirs, Kinross, KY13 8AU

Contact: Tel: 07518 913107

Email: admin@brokenotbroken.org



Broke Not Broken. Tackling the effects of poverty.
Scottish Registered Charity SC046033

Grants for good causes

**Kinross Community Council
Newsletter Limited (KCCNL)
Charity No. SC040913**



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

31 March and 30 September

More information is available on the kinross.cc website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email barrydavies57@btinternet.com

Mindspace Recovery College

Mindspace Recovery College runs free courses covering all aspects of mental health, co-delivered by people with lived experience, and are open to all.



Newsletter Deadlines

More deadlines for the months ahead can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check *Newsletter* website for latest information: www.kinrossnewsletter.org

Issue	Deadline	Publication Date
April	Friday 15 March	Saturday 30 March
May	Friday 12 April	Saturday 27 April



THE TALKING DONKEY

Every Friday 11am – 2pm
@ The Millbridge Hall

For further information, or if you want to be involved please ring 07766 515 950 or 07771 696 830

The Cafe where everything is **FREE!**

 Soups 

 Snacks 

 Hot Drinks 

 Cold Drinks 

 Home-cooked lunches 

All brought to your table by our friendly staff

The Talking Donkey is a Christian venture so there will always be people on hand to offer

Prayer For Any Need



La Leche League meetings in Kinross

First Thursday of the month,
10am-12 noon



St Paul's Church Meeting Room, The Muirs, Kinross

- Friendly, relaxed mum-to-mum breastfeeding support and chat.
- Informal chat and an interesting group discussion.
- Plenty of time for answering your questions.

We welcome any mums (and mums to be) who are interested in breastfeeding. Children all very welcome.

For more details, contact:

Hannah Dalgety (LLL Leader, Kinross) 07886 859461
www.lll-fife-tayside.co.uk

Find us on Facebook: La Leche League Fife and Tayside

Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers
Linda Freeman

Tel 01577 865045. Email: linda.freeman_64@btinternet.com

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone on 01738 626666 or 08457 909090

Email us jo@samaritans.org

or **visit** us at 3 King's Place, Perth, PH2 8AA

Mondays	1630 – 2130	Thursdays	1630 – 1900
Wednesdays	0830 – 1100	Fridays	1000 – 1630
and	1930 – 2130	Sundays	0800 – 2130

No pressure, no names, no judgment.
We're here for you, anytime.

Perth Citizens Advice Bureau

Outreach Advice Surgery

The Kinross surgery is held on the second and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, Muirs, Kinross. The next visits are:

12 & 26 March

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Contact us: Advice line 01738 450580.

Appointment line 01738 450581.

Benefits Advice in Libraries (BAIL)

Benefits specialist Sarah MacLean is available at Loch Leven Community Campus to provide advice on all benefit related issues. Alongside general benefits advice, Sarah can help with: completing forms (including online), conducting checks to see if clients are receiving everything they are entitled to, and providing advice and support where an application is refused or awarded at a lower level than expected.

Sarah is available **by appointment only**. Appointments are usually offered on Wednesdays and Thursdays. To make an appointment, call 01738 450599 or email Andrew Scobie (benefits and debt administration) using the following: Andrew.Scobie@Perthcab.casonline.org.uk

Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (senior debt adviser) using the following email address: David.Ogston@Perthcab.casonline.org.uk

Looking for a venue that can tick all the boxes?

Crook of Devon Village Hall

- ✓ **Space** We can seat up to 100 for a formal meal; 120 for meetings, theatrical performance, talent shows; 80-90 for discos, family gatherings, community events. We can even accommodate bouncy castles for that "all weather" children's party.



- ✓ **Car Parking** - ample parking for the hall.
- ✓ **Catering** - Kitchen with oven, dishwasher and microwave, plus a great serving area.
- ✓ **Stage** and back stage area for performances, costume changes, etc.
- ✓ **Plus** the usual facilities - toilets, disabled toilets, changing areas.
- ✓ We also offer chair and table rental for functions at home.
- ✓ **Weekly bookings** taken for activities, e.g. yoga, ballet, fitness classes, badminton, youth clubs.

For all hall bookings and enquiries, including our **special block booking rates**, please contact Jean on 01577 840543 or jeanshearer630@btinternet.com

Mindful Relaxation Class

Mondays and Fridays, 7pm-8pm

Loch Leven Community Campus ICT Room

Participants can expect to do some gentle movement, mini sound workshop, relaxation, meditation, mp3 guided meditation, philosophy and reflection.

The sessions are run on a drop-in basis. Entry is by donation. Further information from Vincent Johnston at:

Vincent.johnston@icloud.com



Community Councils

Kinross: Chair: Bill Freeman, 01577 865045
Email: kinrosscommunitycouncil@gmail.com

Milnathort & Orwell: Chair: Craig Williams, 07885 722125
Email: craig@stovestuff.scot
Secy: Caroline Flory
Email: milnathortcommunitycouncil@gmail.com

Portmoak: Chair: Malcolm Strang Steel, 01592 840459
Email: PortmoakCommunityCouncil@pkc.gov.uk

Fossoway & District: Chair: Trudy Duffy-Wigman, 01577 840669
Email: fossoway.cc@gmail.com

Cleish & Blairadam: Secy: Patty Fraser, 01577 850253
Email: CleishCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
Jonathan Bryson	4 Burnbank Meadows	
David Colliar	10 Rannoch Place	01577 864037
Dave Cuthbert	85 Bowton Road	07799 750289
Barry Davies	60 Lathro Park	01577 865004
Bill Freeman (Chair)	64 Muirs	01577 865045
Ian Jack	Burnbrae Grange	01577 863980
Lynne McKay	5 Springfield Road	01577 531076
Thomas Stewart	Gellybank Farm	01577 864603
David West	30 Muirs	07824 313974

Portmoak Community Councillors

Robin Cairncross	(Secretary)	01592 840672
Bruce Calderwood	(Treasurer)	01592 840423
Susan Forde		01592 840128
Tom Smith		01592 841160
Malcolm Strang Steel	(Chairman)	01592 840459
Dave Morris		01592 840500
Andrew Muszynski		01592 840467

Have a look at our website: www.portmoak.org

Perth and Kinross Councillors Kinross-shire Ward

Cllr MIKE BARNACLE (*Independent*)
Tel/Fax (home): 01577 840516.
Email: michaelabarnacle@gmail.com
Website: mikebarnacle.co.uk
Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ

Cllr CALLUM PURVES (*Scottish Conservative & Unionist*)
Tel (office): 01738 475092. Mobile: 07557 812570.
Email: CPurves@pkc.gov.uk
54 Lathro Park, Kinross, KY13 8RU

Cllr WILLIE ROBERTSON (*Scottish Liberal Democrats*)
Tel (home): 01577 865178. Mobile: 07909 884042.
Email: wbrobertson@pkc.gov.uk
85 South Street, Milnathort, Kinross, KY13 9XA

Cllr RICHARD WATTERS (*SNP*)
Mobile: 07557 812513.
Email: RWatters@pkc.gov.uk
Applegarth, Sunnypark, Kinross, KY13 8BX

Luke Graham MP

Member of Parliament for Ochil and South Perthshire

38 Primrose Street, Alloa, FK10 1JG

Telephone: 01259 764407

Email: luke.graham.mp@parliament.uk

Twitter: @LukeGrahamMP

Facebook: www.facebook.com/Luke-Graham-for-Ochil-and-South-Perthshire-392788644215614

Member of the Scottish Parliament for Perthshire South & Kinross-shire

Roseanna Cunningham MSP

Constituency office:

63 Glasgow Road, Perth, PH2 0PE

Telephone: 01738 620540

Email: Roseanna.Cunningham.msp@parliament.scot

Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

Claire Baker MSP (Labour) Tel: 0131 348 6769

Email: Claire.Baker.msp@parliament.scot

Murdo Fraser MSP (Conservative) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@parliament.scot

Dean Lockhart MSP (Conservative) Tel: 0131 348 5993

Email: Dean.Lockhart.msp@parliament.scot

Alex Rowley MSP (Labour) Tel: 0131 348 6826

Email: Alex.Rowley.msp@parliament.scot

Mark Ruskell MSP (Green) Tel: 0131 348 6468

Email: Mark.Ruskell.msp@parliament.scot

Liz Smith MSP (Conservative) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@parliament.scot

Alexander Stewart MSP (Conservative) Tel: 0131 348 6134

Email: Alexander.Stewart.msp@parliament.scot

Mobile Library Service

Visiting on Tuesdays 12 & 26 March

Glenfarg	Main Street	1200-1300
Forgandenny	Rossie Place	1545-1615

Visiting on Wednesday 6 & 20 March

Kinnesswood	Opposite shop	0930-1000
Portmoak	Hall	1005-1020
Scotlandwell	Leslie Road	1025-1050
Portmoak	Hall	1125-1140
Scotlandwell	Leslie Road	1145-1205
Levenmouth Farm		1100-1120
Hatchbank Road	Gairneybank	1140-1200
Powmill	Mill Gardens	1320-1340
Cleish	Phone Box	1400-1415
Crook of Devon	Village Inn	1345-1430
Carnbo	Pitcairnie Lane	1440-1500
Causeway Court	Kinross	1515-1535
Whyte Court	Kinross	1540-1610

For more information, see: www.culturepk.org.uk/libraries and click on 'Services in the Community'

100th Birthday and Diamond Wedding Anniversaries

Do you know a Perth & Kinross resident who is celebrating their 100th or 105th+ birthday?

Do you know a Perth & Kinross couple celebrating their 60th, 65th or 70th wedding anniversary?

PKC can arrange delivery of flowers or for a local Councillor to present a basket of flowers to the person or couple on their special day.

Tel: 01738 475051 Email: CivicServices@pkc.gov.uk

Local Volunteer Opportunities

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact Claire Slight to find out how you can help: clare.slight@brokennotbroken.org

Greyhound Rescue Fife at Baltree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at www.greyhoundrescuefife.com

Kinross in Bloom: Volunteer group that provides and maintains floral displays to enhance the environment of Kinross. If you are interested in volunteering, please contact Iain Todd at: iandmtodd@talktalk.net

Kinross-shire Day Centre: We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

KLEO (Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to www.kleo.org.uk. If interested, please contact Bouwien Bennet at info@kleo.org.uk or call 01577 863107.

RSPB Scotland Loch Leven: We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks – if you'd like to join our team, please contact Lyndsay Stobie at: Lyndsay.Stobie@rspb.org.uk or call 01577 862355.

Kinross (Marshall) Museum: The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: information@kinrossmuseum.org.uk.

Swansacre Playgroup: A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email swansacre@gmail.com

Kinross Heart Start: Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email davidcolliar@tiscali.co.uk or Bill Freeman, email billywhizkid78@gmail.com or contact our Facebook page.

Common Grounds: Charity café staffed by volunteers on Tuesdays, Wednesday, Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Open to public 10am-12.30pm. Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convener Elspeth Caldwell on 01577 863350 or Secretary Linda Freeman on 01577 865045 for more information.

The Potager Garden is a small community garden in Bowton Road, Kinross, KY13 8EQ. It is a registered charity run by volunteers, a main aim being to give education to schoolchildren about plants, gardening and the environment. If you would like more information about our volunteering opportunities, please contact the Convenor, Amanda James, on 01577 840809, or amandajames1577@gmail.com

Children's Hospices Across Scotland: Can you spare a few hours of your time? We are looking to fill the following volunteer vacancies:



Kitchen volunteer (mornings), Home Baking volunteer (fortnightly Wednesday 2-4 pm), Housekeeping volunteers (afternoons), Driving volunteers (flexible).

Anyone who is interested is welcome to come for a visit. Please contact us by phone on 01577 865777 or email volunteering@chas.org.uk. To apply online visit www.chas.org.uk.

Seamab is a residential school that cares for and educates some of the most vulnerable children in Scotland. We are looking for volunteers to help us place and manage collecting cans across Perth and Kinross. Volunteering for Seamab will help make a huge difference to the lives of the children at Seamab and will be a great way to meet new people and develop new skills. For more information please contact Melloney Flinn at mflinn@seamab.org.uk or call 01577 840307.

Milnathort Town Hall committee: Can you spare a couple of hours a month? We are looking for volunteers to join us. For further information please contact us at milnathorttownhall1@gmail.com. We would love to hear from you.



Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. If you have a genuine interest in the wellbeing of children and families and live in the Perth and Kinross area we would love to hear from you.



Aberlour Sustain (Perth and Kinross) help families on the 'edge of care' to stay together, by giving them the help and support they need to prevent a child from being taken into care. The families we work with need help for a range of reasons and our workers spend time with children, young people, parents and carers in order to understand what the family needs to thrive. We understand that family life can be difficult for all sorts of reasons. Our approach is always sympathetic and non-judgemental.



Volunteer Befrienders

Befrienders build 1:1 relationships with children, sharing in a hobby or interest, developing social skills and helping to develop confidence and self-esteem. Befrienders give a child someone to talk to and someone they can rely on.

Volunteer Mentor

Mentors support parents by building relationships and supporting them through day to day challenges. Mentors encourage parents to set goals, building confidence and promoting independence. If you are looking to try something new in 2019, develop new skills or meet new people, volunteering is a fantastic way to achieve this. To find out more, visit www.aberlour.org.uk/volunteer, or contact Shonagh (Volunteer Coordinator) on 07864 625069/shonagh.ferguson@aberlour.org.uk.

SPARKs are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health & wellbeing. They meet in Loch Leven Community Campus every Thursday 1-3pm. Volunteers will be supported by workers Roseanne Gray – P&K Community Learning & Development Worker and Shona Fowler – NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843

For more volunteering opportunities, go to the community website www.kinross.cc and look for 'Volunteering', or look at www.vaperthshire.org

Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor. Please let us know if you no longer need your appeal to be listed.

Weekly Programme

Monday	Exercise Class 11.15am Scrabble, cards & other games 1.15pm Bingo 1.30pm 'Stride for Life' Walking Group 2pm
Tuesday	Carpet Curling 11am Relaxation Class 1.15pm Games 1.15pm Singing group with Alex Cant 1.45pm
Wednesday	Morning Worship 10.45am Dominoes, Scrabble & other Games 1.30pm Tai Chi 1.30pm (6th, 20th) Fantastic Fun Quiz 2pm
Thursday	Carpet Curling or Boccia 11am Crafts 1.30pm Film or music Afternoon 1.30pm Dominoes, Scrabble, cards 1.30pm Balance & Strength Class 1.30pm
Friday	Balance & Strength Class 11.15am Dominoes, Games or music 1.30pm (except 29th) Bingo 1.30pm (except 29th)

Coffee Bar open to all

8.30am - 4pm

Older Adults Lunches Daily

Our activities are open to everyone.
Please feel free to come in and have
a great afternoon.



01577 863869

kindaycent@tiscali.co.uk

Film shows • Cards
Dominoes • Art Class
Exercises • Chiropody
Trips • Daily Papers



Additional Events for March

World Day of Prayer	2pm
Hearing Loss Support and Advice	11am-12pm
Chiropody (Tel 01577 863869 for an appointment)	9.45am-1pm
Library Trip	1.30pm
An afternoon of music and dancing by the Sabres	1.30pm-3pm

Friday 1st
Monday 4th
Thursdays 7th, 21st
Thursday 28th
Friday 29th

Useful telephone numbers

Medical

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

Police, non-emergency 101

Police, Fire & Rescue, Ambulance & Coastguard emergencies 999

Gas (worried about gas safety) 0800 111 999

Water (loss of supply, foul water emergency) 0845 600 8855

Floods SEPA Floodline recorded messages 0345 988 1188

Perth & Kinross Council (PKC)

Customer Service Centre (Mon- Fri, 8am-6pm)	01738 475000
Reporting non-emergency Road and Lighting faults (CLARENCE)	0800 232323

PKC Out of Hours emergency numbers

Adult care services	0345 301 11 20
Anti-social behaviour helpline	01738 476173*42*
(*42* telephone and leave a voicemail)	
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

Traveline Scotland 0871 200 22 33

Loch Leven Community Campus 01577 867200

Kinross High School 01577 867100

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.
For further details see www.kinrossnewsletter.org or phone Ross McConnell on 01577 865885 or email subscriptions@kinrossnewsletter.org

Planning a Community Event?

Check the Diary on www.kinross.cc to ensure that your event won't clash with another.
List your event as soon as you can to help others with their planning. Contact the website administrator by email: admin@kinross.cc

Items for Sale

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter, subject to space.

Small unit to rent wanted

£100-200p/m

Beauty business requires for a small unit/office in Kinross for evening and weekend work.

Contact Details:

Gayle Smith 07539 362110
gayle.paterson@outlook.com

Epson DX7400 Printer

£25

3 in 1 printer.

HP 364 Ink

£25

New unopened 4 pack ink cartridges.

Seller Details for above 2 items:

Carolyn Jenkins 07925 972650
carolynjenkins1309@gmail.com

Pine headboard

Free

For double bed.

Seller Details:

Pauline Watson 01577 862685
pauline@thegreyhouse.co.uk

Super King Size bed, divan base and four drawers

£30/£15

2 divan bases, each with 2 drawers. Includes super king size mattress cover and fitted sheets. Selling all that for £30 if you collect. If you take away the super king size mattress as well, then you can have the lot for £15. Act now, the new bed is on the way!

Seller Details:

Walt Hopkins 07515 884771
waltonline@mac.com

Gents Cycle

£50

Excellent condition, hardly used. Perfect for around the loch, not for the Tour de France.

Seller Details:

Graham Haworth 07967 321199
lynhaworth57@gmail.com

Kinross Recycling Centre

Bridgend Industrial Estate

Opening Times: **Mondays to Fridays 9am to 7pm**
Saturdays and Sundays 9am to 5pm

Bras, bicycles, cans (inc aerosols, biscuit tins, aluminium foil), car and household batteries, cardboard, cooking oil, electricals (WEEE), engine oil, fluorescent tubes, long life light bulbs, food and drinks cartons (Tetra packs), fridges, freezers, garden waste, glass, large domestic appliances, paper, plastic (rigid plastic packaging), rubble stone and soil, scrap metal, telephone directories, textiles (clothes and shoes), timber, tyres (maximum two per visit, strictly householders only) and non-recyclable (general) waste.

Bikes and bike parts will be recycled. (See separate Bike Station notice.)

Collection point for Perth College WEEE project: IT equipment will be refurbished and sold on at an affordable price or recycled for parts. Items accepted include: desktop computers, laptops, mobile phones (without the sim card), tablets, keyboards, mouse controls, cables, DVD players, video players, portable music players, games consoles, new or empty printer cartridges, projectors and flat screen working monitors. The project cannot accept Cathode Ray Tube or broken monitors.

Compost can be collected from the Recycling Centre, subject to availability. Maximum of 2 x 25kg bags per visitor.

Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the kinross.cc website before applying to see full details and to **check whether a position is still available**. (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Experienced Property Professional, Morgans, Kinross

Morgans are looking to recruit an experienced property professional to join our recently refurbished Kinross Branch.

You will have experience of working within a busy Estate Agency office and ideally have an understanding of the Kinross-shire property market. We welcome applicants from out with the area however, it is essential to have excellent knowledge of the property market in general as you will be required to conduct Property Valuations and Viewings. A clean driving licence and access to your own car is a must. There is a requirement to work on a rota basis to cover our Saturday morning hours of 09.30am until 12.30 pm. This is a flexible role so we are keen to hear from applicants who are looking for either a full time or part time position. Please apply by email with your CV to Claire Morgan by email to clairemorgan@morganlaw.co.uk or in writing to Claire at 33 East Port, Dunfermline, KY12 7JE.

Funding Alert!

PKC regularly produces a huge list summarising funding opportunities for the voluntary sector. The list will be posted on www.kinross.cc or telephone the PKC grants helpline on 0345 60 52000.

If your organisation is seeking funds, look out for notices in the Newsletter for Kinross Community Council Newsletter Ltd Charitable Grants and the Kinross-shire Fund.

Dollar Museum

1 High Street, Dollar, KY14 7AY

Open from Easter to Christmas at the following times:

Saturdays 11am-1pm and 2pm-4.30pm

Sunday 2pm-4.30pm

Free Entry

Access also possible by arrangement.

Email: dollarmuseum@btconnect.com

www.dollarmuseum.org.uk

Dollar Museum is a lively, award-winning visitor attraction. It is situated at the top of the Burnside, beside the Golf Club and at the entrance to the Mill Green and Dollar Glen. We have both parking and disabled access.

There are displays on the History of Dollar, Castle Campbell, the Devon Valley Railway, the Japanese Garden at Cowden and Prehistoric items excavated in the local area. There are exhibitions on WW1 and the Bicentenary of Dollar Academy.

LOCAL CHEMIST INFORMATION

Rowlands Pharmacy, Kinross

Mon-Fri: 9am-6pm

Saturday: 9am-5pm

Tel: 862422



Davidson's Chemist, Milnathort

Mon to Fri: 9am-1pm & 2pm-6pm

Saturday: 9am-12.30

Tel: 862219

Sundays: The nearest open pharmacy is Asda, Dunfermline



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