



Kinross Newsletter

Founded in 1977 by Kinross Community Council
Published by Kinross Newsletter Limited, Company No. SC374361

All profits given away to local good causes by The Kinross Community Council Newsletter, Charitable Company No. SC040913

www.kinrossnewsletter.org www.facebook.com/kinrossnewsletter

Founding editor,
Mrs Nan Walker, MBE

ISSN 1757-4781
Issue No 472

April 2019

DEADLINE

for the May Issue

5pm,

Friday 12 April 2019

for publication on

Saturday 27 April 2019

Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

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(all emails will be acknowledged)

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They are available to view at www.kinrossnewsletter.org.

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Editor's Page

Letter from The Editor

April sees the start of Spring – a time of growth and new beginnings. How sad I was to find out that the Learning Centre in Kinross is to close in the summer, ending what was superb rural access to education for many. It will be sadly missed.

You may have heard about the wonderful Cowden Garden, a Japanese-inspired Garden in Dollar. It opens for the new season on **Saturday 6 April**. We have a feature on p.8-9 with some beautiful photos taken by Terry McKenna. Thank you, Terry.

Our superb local farmers' markets begin again this month, on **Saturday 27 April**. Local produce not only tastes great but helps the environment and the local economy. What's better than being outside in the sunshine choosing quality, tasty foods? Farmers' market produce hasn't travelled thousands of miles or been refrigerated on a journey by rail, road, sea or air. Knowing where your food comes from and how it's produced makes meals more personal. The challenge of using seasonal fruit and veg when cooking also creates more interesting mealtimes! Importantly, buying locally profits producers rather than supermarkets. Buying local can be a sociable affair, with sellers and producers on first name terms and great personal service. Support your farmers' market if you can: it helps to preserve the countryside we all love.

Hannah Phillips

Note to Contributors

A great deal of the Newsletter comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the Newsletter.

Letters Policy

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the Newsletter. The Newsletter does not necessarily agree with any of the views expressed on the Letters or indeed other pages. In special circumstances addresses may be withheld from publication on request (but must still be supplied to the editor).

Note to Readers: Advertising

Inclusion of advertisements in the Newsletter does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

Abbreviations

PKC: Perth & Kinross Council

Cllr: Councillor

CC: Community Council

CCllr: Community Councillor

About the Kinross Newsletter

The Newsletter has been informing and supporting the community for 41 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the Newsletter to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the Newsletter. Thank you.

The Newsletter is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

Missing Hares

Where have all the hares gone? Or the rabbits, come to think of it. We used to enjoy watching them hopping through the fields around our house. We haven't seen any for ages. What's going on?

Karol Swanson,
Blanefield, Milnathort



Weather



February Weather Report from Kinross

Total rainfall	55.5mm = 2.22ins
Heaviest rainfall	11.8mm (8th)
Total sunshine for the month	92.3 hours
Sunniest day	9 hours (26th)
Minimum temperature average	-0.95°C
Lowest temperature	-10.4°C (1st)
Maximum temperature average	9.17°C
Highest temperature	15.3°C (22nd)

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- reminders of some local events
- occasional breaking news

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www.facebook.com/kinrossnewsletter



Freeview TV

I am writing in connection with the terrestrial TV service received in Kinross-shire. I recently went on a weekend break to Durham and was surprised to find a huge range of TV channels.

What surprised me was that the service I was receiving was Freeview, i.e. it came from a normal aerial receiving a terrestrial signal. When I got home, I thought I would try to find out what was going on, as it appeared strange that I was receiving a small number of channels compared to other parts of the UK. I looked up the Freeview webpage and discovered my address is listed as receiving 22 channels and 7 HD channels, which seemed an oddly high number.

On checking I realised that these 22 channels included +1 channels and HD versions of the same programmes and the true number was 18 separate channels. I decided to compare this to Durham and discovered that they receive more than four times as many as 94 channels and 16 HD channels, which is the same for London and many other parts of the UK. I did more research and discovered that the signal I was receiving was 'Freeview light' from the Kinross Transmitter.

I learned that if I wanted to receive a full range of Freeview programs, I would need to point my aerial at the Angus mast (referred to as the Dundee mast). I called in a TV aerial specialist and he informed me that this was not possible at my address. He suggested I go for Freesat, which provides a comparable list of channels.

I discovered I would have to buy a new satellite dish, with sufficient channels to allow me to watch it on a couple of TVs, costing £200. I would then have to add a Freesat box to each TV costing anything from £50 upwards and would have to buy a Freesat box to record on, costing another £200.

These will only record two channels compared to Freeview boxes which can record several at the same time.

I looked into getting Sky TV and decided that this would entail entering into a long-term contract just to receive the same service which is available via Freeview throughout much of the UK.

Being the bolshie individual that I am, I decided to raise this inequality with our local MP, who agreed to look into it. However, he came back to me saying that one complaint wasn't going to take him anywhere and asked if I could establish whether other people feel the same way as I do. Hence this letter.

I am writing now to see if anyone is interested in starting an action group to take this issue forward. It seems unfair that some parts of the UK receive such a poor service compared to other parts.

If you are interested, please drop me an email on davecuthbert@msn.com.

Dave Cuthbert,
85 Bowton Road, Kinross

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Congratulations



Kinross Athlete **FERGUS MACGILP** won the U15 Scottish Indoor Pentathlon at the Emirates Arena in Glasgow in February with 5 Personal Bests in hurdles, long jump, high jump, shot putt and 800m and a total of 2733 points. Well done, Fergus!

Fergus MacGilp



Thanks



MILNATHORT TOWN HALL ASSOCIATION would like to thank everyone who came along and to those who donated prizes, as listed below. Thanks to those who sponsored horses and jockeys and supported us in any way, helping us to raise an amazing £1730.64. This was an overwhelming amount of money to make from a fantastic evening and a wonderful community, helping to keep the Town Hall maintained and improved.

With thanks to our Sponsors:

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News & Articles

Kinross Learning Centre to Close

There have been growing fears recently that Perth College UHI could close its learning centres in Kinross and Crieff following a decision to move the Pathways Learning Centre from South Street in Perth to the outskirts of the city. The move back to the main campus is due to take place in the summer. On 22 March, Perth College UHI Board of Management announced that they will be closing the Learning Centres in Kinross and Crieff, as well as the centre in Blairgowrie, in June 2019.

When asked about the future of the learning centres a spokesperson for the college said 'Perth College UHI continually reviews our provision to ensure our financial sustainability. This includes what we deliver and the locations where we deliver our provision. This is increasingly important in a tight fiscal climate.' Dr Margaret Cook, Principal of Perth College UHI, said: 'We have made this decision in order to guarantee a sustainable future for the delivery of the high-quality leisure programmes we offer to our local community.' MSP Roseanna Cunningham has expressed her disappointment at the decision. 'Providing a community level educational resource, these learning centres were an example of widening access to further education and, to my mind, a thoughtful and sensible extension of the UHI's collegiate model. I had previously raised concerns when I learned that closure was a possibility and I am very disappointed indeed to learn that the board of Perth College have now taken the

decision to close the Learning Centres in Kinross and Crieff. I am shocked that this decision has been presented as a sort of secretive fait accompli, without any consultation process. Staff and students have been kept in the dark and they are axing courses that are not only full but have a waiting list. This decision is a backward step and I urge the board at Perth College to think again and find a way of continuing to support these important facilities.' Perth College UHI currently operates three additional learning centres in Crieff, Kinross and Blairgowrie. They offer a wide range of courses which are supported by experienced tutors. They are designed for people who want to further their education, study an accredited course or just satisfy an interest or learning ambition.

*Kinross
Learning Centre*



Kinross Trishaws

The trishaws project is now fully operational and delivering daily rides to elderly people or those unable to cycle themselves in Kinross and Milnathort. The Kinross-shire Community Sport Hub have developed partnerships with Causeway Court, Kinross Day Centre, Ashley House and



*Wendy McEwan, Ken Paterson and Sylvia Flynn of Morgans
presenting the blankets to Kirsteen Ross and George McDermid*

Whyte Court. The response has been absolutely fantastic and our passengers have been enjoying the beautiful scenery and lovely fresh air travelling on local paths. We appreciate all the waves and smiles from those we pass by and are grateful to

everyone that is willing to stop and talk to us. Please continue to say hello!

We were delighted to be presented with some lovely wool blankets by Morgans Solicitors and Estate Agents in Kinross. It's still pretty chilly so our passengers are thoroughly enjoying being wrapped up cosy and warm. Wendy McEwan of Morgans said, 'It is great to be able to support local causes and we are confident that many of our community's residents will benefit from the great work the trishaws are doing'.

We are now in a position to re-open recruitment for new pilots and anyone that is interested can email KinrossTrishaws@gmail.com for more information.

If there are any sports clubs or local organisations that would like support to develop new projects, recruit volunteers, develop facilities, get local people more active in the community or find out more about the Kinross-shire Community Sport Hub, please contact Kirsteen Ross at KRoss@liveactive.co.uk



Kinross High School Pupil Takes Flight

Pupils at Kinross High School realised their dreams of flying in March with help from Aerospace Kinross, as the first pupil flight took off in a Eurofox plane built by them at the school.

Funding was made possible through an Aerospace Kinross crowdfunding campaign, the Rural Perth & Kinross LEADER programme and sponsorship support from W.L. Gore.



Aaron McKay, Kinross High School pupil and George Ross, pilot

The two-seater aircraft was built by pupils at the school, with 55 pupils involved in the school science project. The plane took off from Fife Airport near Glenrothes. The project was designed to engage pupils in STEM (science, technology, engineering and maths) subjects. The aircraft was assembled in a temporary workshop on the school campus and was overseen by Aerospace Kinross.

A kit plane was delivered to Kinross High School from Slovakia in November 2017. Kinross pupils were given time to learn the intricacies of aviation engineering as part of their studies, but also gave up personal time after school. The project has taken two years of planning and fundraising, hundreds of engineering assembly hours, support from teachers, engineering workshops at Air Service Training – part of UHI Perth College based at Scone airport, as well as rigorous certification and aviation testing authorised by the Light Aircraft Association.

Head teacher, Sarah Brown said: 'From the very start this project has piqued interest from staff and pupils. We have been in the amazing position of having the dedicated ASK team on our doorstep, to guide the entire process, but also have staff willing to give extra-curricular hours and that speaks volumes.'

The first of the students to fly the aircraft was Aaron McKay, aged 16. Accompanied by George Ross, an

experienced pilot, he was able to take the controls for a short time whilst in the air.

Aaron commented: 'It is an incredible honour to be the first pupil to have a flight and it has been a terrific project to be involved in. I can really visualise taking forward my interest in STEM subjects and perhaps go on to a career in aviation engineering.' After the flight, he said: 'It was a weird experience; something you've seen build all the way up and then to eventually fly it – it was amazing.'

Director of Aerospace Kinross, Alistair Stewart said, 'It has given pupils the opportunity to see simple aircraft design and learn about the principles of flight. Now we are going to transition to the sheer joy of flight. This shows our serious commitment to STEM education in Scotland and to our young people in Kinross and the surrounding area. It is a flagship STEM project – the first of its kind in Scotland – that has resulted in the assembly of a lovely two seater aircraft now flying over the Kinross-shire skies and demonstrates what can be achieved through collaboration between a school and an immense amount of effort from a team of skilled volunteers. Our hope now is for further Scottish schools to want to benefit from a similar Build-A-Plane project, in their own campus.'



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Contact: Jim Rigby bishopshiregc@btinternet.com

The Japanese Garden at Cowden 'Sha Raku En' (The Place of Pleasure and Delight)

At the turn of the century, the Scottish adventurer Ella Christie (1861-1949) returned home from a trip to the Orient inspired to build a Japanese garden.



As might be expected from the first Western woman to meet the Dalai Lama, Christie's approach to developing the garden was trailblazing. She chose a female designer – the gifted Taki Handa – to create the seven-acre site in the grounds of Cowden Castle. It is the first and only one of such size and scale to be designed by a woman, and it remains a unique and utterly authentic bridge between Scottish and Japanese culture.

During the garden's heyday many interesting characters visited Cowden Castle to see the garden including Queen Mary and the novelist, Andrew Lang.

Ella died in 1949 and her great nephew, Bobby Stewart inherited the castle. His trustees tried in vain to find a buyer but eventually in the early 1950s it became apparent that there was no appetite in the country to maintain a castle. David Montgomery and Bobby played a last game of snooker the night before the building was demolished; all that remains is the original twelfth-century tower. Cowden had been full of many treasures from Ella's travels including a wooden staircase from Burma, which is now in the Tillycultray Rugby Club. Charles Rennie Macintosh had remodelled the kitchens.



The Slopes of Fuji, late 1930s

The garden continued to be meticulously maintained until May 1963 when four school boys were witnessed fleeing a burning garden. The wooden structures were vandalised beyond repair and the lanterns thrown into the water. Bobby continued to give talks and tours of the garden to historical societies but over time the garden became overgrown and virtually unmanageable. His daughter, Sara took it on and in 2014 created a charitable trust to ensure its survival.

The restoration is being led by Professor Masao Fukuhara, known for winning the Gold Medal at Chelsea Flower Show as well as the restoration of the Japanese Gardens at Kew, London and Tatton Park, Cheshire. The professor brought a team of Japanese horticultural students in 2014 to restore the west islands. Gradually the garden began to breathe and specialist shrubs, which had grown into trees, appeared as acres of laurel and rhododendron were removed. Paths were restored, the water cleared of weeds and a specialist carpenter was employed to re-build the structures adhering to strict Japanese principals. Grants were awarded to help with the project, although the bulk of the cost has been met by private individuals.



Aside from the international interest in Cowden, Karine Polwart released a single: Matsuo's Welcome to Muckhart, a song about the Japanese gardener who lost his family in an earthquake and came to Clackmannanshire to look after Ella Christie's garden. It has been very well received; a source of huge pride for the trustees of Cowden.

Cowden Garden opened for the first season last year. The area consists of a seven-acre Japanese Garden, 20 acres of woodland walks and a tearoom serving delicious home-baking. Whilst the restoration is ongoing the tea room is in a decorated portacabin, with tables outside for those wanting to enjoy lunch or tea overlooking the water.

Come and see for yourself; the garden opens on 6 April and is clearly signposted on the A91, just west of Muckhart. You don't even need to buy a garden ticket to enjoy Kate Croy's delicious cakes.

www.cowdengarden.com. Tel: 07570 614763.



New bridges in May 2018

The Japanese Garden at Cowden



Colour photos by Terry McKenna

'I moved from Kinross to Tokyo in the 80s and drift back and forth. I visited the Cowden Gardens ... and, frankly, was astonished at the presentation – some gardens in Japan have not evoked the 'Wow' that Cowden did. Most gardens in Japan had to be rebuilt after war damage and use concrete moulded to look like bamboo for benches but not at Cowden.'

Terry McKenna



An American's roots in Kinross

James Barclay, of Rochester, New York State, recently visited Kinross having tracked down his ancestry. His great-great-grandfather, also called James Barclay, was baptised in 1809 in the then Parish Church in the High Street (only the tower remains, as part of the old Town Hall). He lived at 28-30 High Street and was a shoemaker, as was his father Joshia before him and his oldest son Robert.

In 1832 James Barclay was married to Christian Munro in the current Parish Church, which had just been built. They were married by the Reverend Buchanan, who had helped pay for the new kirk and there is a plaque to his memory in the church. The current James Barclay visited the church on his trip to Kinross and members were interested in his direct connection to their history.



James Barclay

James has written back after his visit to say: 'It was very nice to chat to the church members I met. I very much appreciated the hospitality. With the help of the wonderful people at the Kinross Museum, I discovered that James rests in the churchyard in Station Road and Robert at the Kirkgate cemetery. It has been a unique delight to trace my family roots back to such a charming place as Kinross — the people are so friendly and welcoming, and the town and Loch Leven so picturesque. It's been a most special experience I look forward to sharing with family and friends.'

Your Town Blooming Needs You!



Well, 2019 has started and Kinross in

Bloom is awakening from its short winter slumber. We are again looking forward to creating an array of hanging baskets and planters throughout the town and bringing colourful displays through the summer months.

However, due to illness and the aging demographic of our current membership, we are looking for local volunteers to assist in this work. We are not looking for a commitment, just a few hours at certain times of the year.

Work generally starts in April when the plug plants have arrived from the supplier. These are potted on into 3-inch pots and allowed to grow on in our polytunnel. This work is usually done over a weekend but generally takes one day. When mature enough, usually May time, these plants are then potted on into the hanging baskets, again over a weekend, and also into the numerous planters throughout the town. This work is carried out over a period of three to four mid-week days.

With all the hanging baskets in place and all planters filled, a watering rota is drawn up between May and September where volunteers will water accordingly, generally in two or three day stints. This watering is carried out using our buggy which some of you may have seen around town.

If you think you can spare a few hours during this period, April to September, and enjoy pottering, please phone Graham Barnett, Chairperson, on 01577 531291 and he will explain further what tasks are required.

Remember, we do not need a commitment, just whatever hours you can spare. The work is not strenuous and is very rewarding.

Fantastic Fare on Offer at Folk Club Feast

Glenfarg Folk Club's Folk Feast runs from 5-7 April at The Green Hotel, Kinross. A ceilidh with the Lomond Ceilidh Band marks the start of the festival on Friday night.

On Saturday morning there is a song-writing workshop. Later on Saturday the Original Song Competition, with the emphasis firmly on humour, offers the chance to chuckle to the funniest song. All proceeds go to the Teenage Cancer Trust.

Saturday evening's concert features the quartet, 'Forgaitherin' from Cupar and Gaudry, followed by Anthony Toner. Expect peerless guitar playing, great stories and wonderful songs. To complete the show, 'Fara', four young Orcadians, will also no doubt raise the roof.

Sunday begins with the club's 'In Conversation' event, which features Ian McCalman, one of our finest folk musicians. Then there's our famous World Puff-a-Box Championship. So toes to the oche, deep breath, and see how far you can blow the inner tray of an empty matchbox.

The Sunday evening concert features The Ian Walker Band with John Graham; the comedy genius that is Les Barker; and Siobhan Miller, Scots Singer of the Year not once but three times. More information can be found at www.glenfargfolkclub.com or call Ian Norcross on 07921 918949.



Forgaitherin will be at the Glenfarg Folk Feast

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Dollar Museum

A century of new housing developments in Dollar: 1918-2018

Opening at Easter weekend, this year's exhibition in Dollar Museum will map the growth of housing in Dollar. We aim to look in detail at the history of the housing developments in the town, the planning process, the building and the first occupants in the first few years. We hope to look at all the major developments, local authority and private, throughout the last century. We will also look at objections to the planning of these developments.

Our main feature will be a 1.5m square street map of Dollar, highlighting the major developments since 1918. We will have detailed call-outs of each development with dates and details of construction and photos of the building or the early years of residency in those streets.

We are building street folders with photos, sales brochures and any documents relevant to each of the housing schemes. We welcome any contributions to this archive.



We start with the first local authority housing in Station Road, West Burnside, Manse Road, Argyll Street and Manor House Road in the 1920s and 1930s. We will also be looking at Allsop Place, a private development built in the 1930s. We move onto post war developments in Kellyburn Park, Murray Place, Kirkstyle,

Strachan Crescent, Lower Mains and 'up the hill' (e.g. Lawhill Road, Moir's Well, White Wisp Gardens and Princes Crescent), Malcolm Court, Craiginan Gardens and, of course, all the more recent developments as well: (Tarmangie Drive, Brewlands Court, Innerdownie

Place, Merlin Park, the Ness, Bryanston Drive, Gowan Lea etc)

Our featured pictures illustrate the first developments in Kellyburn Park, known as Tod's Field. Jean Davison has given her kind permission to print the photo (at left) of the three Muir sisters and their father in the garden of No 1 Kellyburn Park. At that time, in 1948, it was the only house in Kellyburn Park, with empty fields behind. The second picture from the museum archives (above) shows the progress in new builds, in the early 1950s. No1 is bottom right.

If you think you have anything suitable relating to any of these housing developments for inclusion in our development archive please contact the Dollar Museum at Castle Campbell Hall, 1, High Street, Dollar FK14 7AY, or Dollar Museum on Facebook or via email dollarmuseum@btconnect.com.



Lottery Funding for Milnathort Junior Golfers

Milnathort Golf Club Junior Section have received a £9993 National Lottery Awards for All Scotland grant from SportScotland. They will use the funds to buy golfing equipment and provide PGA coaching. This will enable the club to provide a better service to junior players helping them to reach their full potential.

They were one of four groups in the Perthshire South & Kinross-shire area to receive an award, along with Forgandenny Primary School, Perth Kyokushin Karate and Be Yourself.

Roseanna Cunningham MSP commented, 'The four beneficiaries of these lottery funds are very different but what unites them is that the money will be used to improve facilities in their local communities. In many cases, these are services that are provided by volunteers. National Lottery

Awards For All Scotland gives groups a chance to apply for a National Lottery grant of between £300 and £10,000 and I would encourage anyone involved in a local group or club with a project in mind that they think might qualify to get an application in. Congratulations to every who has been involved in securing these funds and best wishes to those who will enjoy the benefits.'

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Luke Graham

As I write this we will have come to the end of a week of Brexit votes in Westminster. Just so you know where I have stood on this, this is how I voted this past week:

- I voted to leave the EU with PM's deal.
- I voted against having no deal removed completely.
- I voted against a second referendum.
- I voted for limited time extension to June so we can try and leave with a deal.

As well as knowing how I voted, it's important you know why I voted that way too.

I supported the Prime Minister's deal as it delivers on the UK-wide referendum result, while keeping as close as possible an economic relationship to protect our prosperity.

However, when speaking to constituents and businesses, all the feedback I get is for us, the politicians, to get on with Brexit and to provide long-term certainty about what our future relationship will look like with the EU. That is why I voted to keep 'No Deal' on the table, but for a limited period of time. While 'No Deal' is not the outcome I want to see for the UK, Scotland or Ochil and South Perthshire, it does provide that clarity and certainty of what our future relationship will look like, while ensuring we still have a bargaining tool on the table for any further negotiations with the EU.

Equally, we cannot allow Brexit to drag on forever, either through a second referendum, or by extending Article 50 indefinitely. We had a 'people's vote' in 2016 and while I campaigned and voted for us to remain in the EU, I accept that I lost that argument and have to respect the result of the referendum. We have seen the damage and division caused in Scotland by having a second independence referendum hanging over us, and I don't want to see that situation being



amplified here in Scotland, or being repeated across the United Kingdom.

Now that we know how Parliament and the government intend to proceed, I will continue to work on a cross-party basis to seek alternative solutions to find the best possible outcome for Ochil and South Perthshire.

While Brexit inevitably dominates the media coverage of parliamentary proceedings, I have continued to work behind the scenes, with the National Farmers Union Scotland (NFUS) and MPs from other parties, to find a workable solution to the UK Agriculture Bill. I hope we will soon see a satisfactory solution to the UK Agriculture Bill, with the SNP administration in Edinburgh currently having left Scotland out of this crucial piece of legislation. I have been working cross-party try to find a solution that works for our farmers, ensures the highest standards are set and maintained across the whole of the United Kingdom, while still protecting and respecting the devolved powers.

If Scotland is excluded from the UK Agriculture Bill, it will mean our farmers could miss out on the payments and funding they are due after we leave the EU. I was also delighted to welcome a group of young farmers from the Scottish Association Young Farmers Club, down to Parliament this month. The group were making an inaugural visit to Parliament, in what they hope will become an annual event, and the visit was a great success, with the group meeting with Minister Lord Duncan in the Scotland office for a working lunch Q&A session, before attending a reception with the Agriculture Minister and MPs from across Scotland. I look forward to welcoming them all back next year!

As always, if you have any issues or concerns please contact me at my office on 2 Comrie Street, Crieff, 01764 680384 or at luke.grahamoffice@parliament.uk.

Luke Graham MP

Roseanna Cunningham MSP

At the start of March, the Scottish Government announced that Perth & Kinross Council is to receive £1983,000 from the Scottish Government's £50 million Town Centre Fund. The new fund aims to drive local economic growth by helping town centres fund projects such as re-purposing buildings for retail, business and community enterprise, while improving access and infrastructure. This fund will be a useful boost to local economies and I look forward to hearing from Perth & Kinross Council how they intend to allocate the almost £2million. I very much hope that the Council will reach out to local communities to see what plans they have within their own towns.

The Scottish Government recently published a fair work action plan to support employers and to encourage fairer working practices. It isn't just businesses that employ people and, as an employer myself I recognise that I have to keep re-assessing my own employment practices. I was pleased to have to the opportunity to sign up as a Disability Confident Committed Employer under a scheme run by the DWP.

The Disability Confident scheme was developed by disabled people's representatives alongside employer's groups to ensure that it was not only rigorous but also accessible enough to encourage employers, particularly small businesses, to be



able to sign up. It supports employers in making the most of the talents that disabled people can bring to the workplace and aims to help them successfully recruit and retain disabled people and those with health conditions.

I have committed to a range of actions such as ensuring that recruitment processes are inclusive and accessible, providing reasonable adjustments as required by employees, as well as supporting any employee who acquires a disability, enabling them to stay in work. I am sure that most employers would easily see the benefits of retaining valued staff and the potential in attracting applicants, whatever their disability. The commitment made in signing up to this programme lets people know that the door is open to them and that efforts will be made to remove obstacles to employment. Further information about signing up can be found online at www.gov.uk/guidance/disability-confident-how-to-sign-up-to-the-employer-scheme

Roseanna Cunningham

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subscriptions@kinrossnewsletter.org

Councillor Willie Robertson

Council Budget

Every budget seems to force councillors to consider even tougher choices than the previous year. The council faces increasing demands for services like social care and education provision as well as ever increasing costs due to inflation. These costs are never fully met by central government grants so this means cuts to council services requiring to be considered. This has led to a 4% council tax increase.

The Conservative/Liberal Democrat administration wanted to protect educational provision and also maintain the services which we all need such as recycling centres and public transport provision. With that aim the following major cuts were rejected:

Instrumental Music Service: £197,000 was put into this budget to freeze the price of this service. A budget of £35,000 was also set up to expand opportunities for children from more deprived backgrounds to participate and benefit from music tuition.

Duke of Edinburgh and Youth Leadership: £25,000 was allocated to expand the opportunities for children to take part in leadership activities outside the classroom.

School Crossing Patrollers: £112,000 was put into the budget for school crossing patrollers. The council had previously decided to phase out school crossing patrollers but there are certain areas (especially in Kinross) where school crossing patrollers are, in my view, needed. By restoring part of this budget it will give flexibility and allow the use of crossing patrollers on streets where they are deemed to be required. Other major savings rejected in education were; primary swimming lessons (£40,000), devolved school management budget (£177,000), school staff supply budget (£152,000), budget to support parent councils (£20,000)

Additional money has also been allocated to support Bloom Groups (£20,000), road safety measures around schools (£56,000) and £300,000 for further road safety measures including vehicle-activated speed signs and the introduction of 20mph limits in certain selected areas.

I would be happy to send a copy of the Council Revenue Budget motion showing all the spending decisions to anyone who would like to see it. Please get in touch if you would like a copy.

Keep Kinross-Shire Tidy: I have requested litter picks on the following roads which I noticed required them; Clashburn Road, Kinross; A91 from Milnathort westwards; B996 from Kinross all the way south to the Fife boundary. Please let me know if you see an area requiring a clean-up and I will ask for it to be done.



Missing Bin: The litter bin at Burleigh Castle has been removed as it was being used constantly by someone for household waste. It is being replaced by a dog waste bin as this is a very popular dog walking area.

Community Investment Fund: The Community Investment Fund was the idea of the Liberal Democrat group on the council and was set up to give financial support to local organisations. The idea was that the money would be spent locally and the decisions on how the money should be spent taken locally by the ward councillors, representatives of the Kinross-shire community councillors and members of the local action partnership. Nearly £50,000 was given out by the CIF on this first occasion to well-deserving Kinross-shire groups and organisations. The CIF has been awarded a further £50,000 for the next financial year.

Kinnesswood: One of the good spin-offs from this years' budget is that money will now be available to trial the introduction of 20mph limits in selected areas. Kinnesswood has been chosen to trial the introduction of a new 20mph speed limit through the village because of its narrow main street and even narrower pavements. I am of the view that all areas where the road is a 'shared space' i.e. the road is shared by pedestrians and vehicles because of the lack of pavements should automatically be considered for the introduction of a 20mph limit. Places like Drum, Maryburgh and Keltybridge all meet that criteria.

Path Auld Mart Road to Burleigh: Tracks have received an award from the CIF to widen the bridge which crosses the Back Burn to make it useable for cycling trishaws. I have asked if the drainage culverts can be cleaned out as part of this work to stop the large puddles forming along this much used path.

Councillor Willie Robertson

Fife Sailability

A new season starts on April 13 at Lochore Meadows for Fife Sailability. Membership is open to those in Perth and Kinross. Sailing sessions are suitable for disabled sailors, volunteers and carers. On weekdays we have disabled charities, schools and other groups using our facilities. Some regular users are nursing home residents. Last year users of the charity SHIP (Support Help Integration in Perth) enjoyed it so much they came twice and are itching to come back.

The schools and groups use our Hawk 20 long with an experienced instructor but this coming season they are doubly excited with the new addition to our fleet: a Wheelyboat V20. This boat can carry up to 10 (with 6 in wheelchairs) at speeds touching 30mph. There is even a possibility that some wheelchair users can steer the boat under supervision.

Fife Sailability has a hoist and can ensure that all those that wish to sail are not left on the shore. There is plenty of interaction between sailors, volunteers and carers either before or after their sessions on the water. Fife Sailability has the Royal Yachting Association Accreditation and are an RYA Disability Training Centre.

For more information see Facebook Fife Sailability or come and try starting 13 April. Trial sails are free. To book a session ring the centre 01592 583388, or for more information ring Merrick on 01577 864876.

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Councillor Purves

Council Budget

As some of you may have read in the local press, I did not support the Council administration's budget in February.

In advance of local elections in 2017, Conservative candidates made pledges to run the Council more efficiently and to keep council tax as low as possible. We said we would freeze council tax in the first year of a Conservative-led administration and raise it by only 1% in our second year.

As the Conservatives fell short of an overall majority, we are currently in coalition with the Liberal Democrats.

I was given limited opportunity to be involved with this year's budget process but was still shocked to find out that the Conservative-led administration was proposing a 4% council tax rise, for the next three years. Following last year's 3% rise, this means that, after four years, local residents will be paying 16% more in council tax than they did in 2017/18. Over this period, all households will pay hundreds of pounds more in tax than they would have done had the Conservatives stuck to their promises. Clearly some compromise is required when in coalition, but for me, this was a compromise too far. The argument was that this increase was necessary to protect vital public services. This is untrue.

While I did not agree with all of the specifics of their budgets, the SNP only proposed a 3% rise for this year and the Independent and Scottish Labour Group proposed a rise of only 2½%. They did this while protecting more public services than the administration, reducing the size of the capital programme and borrowing costs, and contributing more money to the Council's reserves.

They did this by rejecting some of the pressures brought forward by officers and by bringing forward efficiency savings that did not impact on front-line services. While the administration came up with £80,000 of extra savings, the SNP came up with £1.6 million and the Independent and Scottish Labour Group came up with £1.8 million. I believe there is more scope for efficiency savings than what the opposition budgets produced.

This approach of challenging what officers bring forward and coming up with new ideas is exactly what the public should be able to expect from the administration, not just the opposition.

Such a significant council tax was not only unpalatable but unnecessary. For these reasons, I did not feel able to break the promises I made during local elections and vote for the administration's motion.



Kinnesswood 20mph Trial

I was more successful in influencing the budget last year and secured funding for vehicle-activated signs (VAS) and 20mph speed limits. While more VAS have (slowly) been installed across Kinross-shire, progress on an updated 20mph policy has been slower.



The administration has now brought forward an 18-month trial programme, which will include Kinnesswood. While it is great that Kinnesswood is in this first tranche, I am not quite sure what this trial will tell us that we do not already know.

Before Councillor Barnacle and I were removed as Vice Conveners of the Environment and Infrastructure Committee, we worked on a revised 20mph policy that had demonstrable community support. I am disappointed the administration did not adopt this approach but I hope that after the trial, we will get a refreshed policy addressing residents' concerns.

Community Investment Fund

One of the other funding priorities that ward councillor colleagues and I successfully managed to secure in last year's budget was a pot of money for each ward that would be spent according to that ward's priorities. In March, ward councillors, community councillors and members of the local action partnership, distributed just under £50,000 to good causes across Kinross-shire.

This is the direction I would like to see the Council moving in. While some services must be provided directly by the local authority, wherever possible, the Council should be an enabler rather than a deliverer. There are some great examples in the rest of the UK where councils have been able to achieve better outcomes for less public money. Labour-run Wigan Council, for example, has managed to save £2 from its budget for every £1 that it has spent on community projects.

Kinross-shire Youth Enterprise

An excellent example of this 'Council-as-an-enabler' approach is the universal youth work contract to deliver youth services locally. This has been won by Kinross-shire Youth Enterprise (KYTHE) for Kinross-shire. This is better than parachuting in youth workers from Perth for occasional visits. It is a service delivered by people in Kinross-shire for Kinross-shire young people.



I attended KYTHE's Gathering event in February where they outlined their progress. They have secured premises in the former Enable shop at Loch Leven Health Centre, to address the lack of a community hub for young people.

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PLANNING PERMISSION BUILDING WARRANTS

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Cleish Primary School

Cleish Primary School is one of the schools in the second phase of the Council's School Estate Review. The reason it was included was its life-expired buildings. It is not economical to continue paying the ongoing maintenance costs of these buildings.

Cleish has a healthy school roll, and the solution here seems to be quite simple: Replace the life-expired buildings. Unfortunately, things are never that simple in local government.

Thankfully, a recent report to be considered by the Council will provide an update on the feasibility study work that has been undertaken. I have been pushing for changes to the committee report to make it clear the rebuild is likely to be viable. I hope it will ensure that Cleish Primary School continues to provide great education in a fantastic rural setting for years to come.



Cleish Primary School

Westfield

Further applications have been approved for the former Westfield opencast coal mine in Fife. While this application was determined in Fife and Fife will see the benefits in terms of new employment opportunities and improved waste disposal, Kinross-shire will have to deal with hundreds of heavy-good vehicles a day along the B9097.

Many have concerns about how this development will affect them. While there has been some talk of a community liaison group that will allow locals to raise their concerns in the presence of the developers, one has yet to materialise.

The four Kinross-shire ward councillors have written to the Westfield developers asking for the process of setting up such a group to be expedited. We have also asked for it to be independently chaired. It is important that such a group is not a talking shop and does not simply pay lip service to community concerns. We await a response from the developers.

Pitdownies Development

I have had a high volume of correspondence on the proposed Pitdownies development in Milnathort. Like many developments, this site has been in the Local Development Plan for some time so it is a question of when, not if, it will be developed. Local residents are understandably concerned about the impact it will have on roads, schools and the doctors' surgery in the local area.

People are worried about the effects of increased traffic on Wester Loan, which is already facing a significant uplift in vehicle movements from the Pace Hill development. I have been asking transport planning officers to look at alternative access arrangements for both sites and, in the case of Pace Hill, have asked the Council to request a full Traffic Management Plan from the developers.

The pre-application consultation for the Pitdownies site has now concluded but we still await the full application from the site. I have been collating comments from local residents to pass onto planning officers to inform the next stage of the process. If you would like me to include your views, please do get in touch.

Kinross Reserved School Places

As a result of developments like these, local residents have raised concerns about whether our schools have sufficient capacity to cope. Kinross-shire sees a significant number of placing requests.

Last year, I was successful in increasing reserved places in Kinross Primary School and Kinross High School. These are protected places that ensure that anyone moving into the area can get a place at their local school. Most of these have been used this year and I was pleased to see a recommendation that the number of reserved places are increased further for the coming academic year.

Kinross High Street Review

Following requests by Kinross Community Council, Councillor Barnacle and I have been requesting a review of the changes to Kinross High Street for some time. Clearly there are a number of issues, particularly in relation to the shared space area and the priority system outside The Salutation Hotel.

I recently received confirmation that the relevant Council officer is willing to look at potential solutions. The Community Council undertook to consult and compile responses. I would encourage anyone with views on the redesign to get in touch with me or the Community Council.

Planning Comments Update

In the last edition of the *Newsletter*, I wrote about a change to the Council's policy on the public availability of planning comments. This meant that, after a year, planning comments from members of the public and statutory consultees would be destroyed. Officers have stated that this is to comply with GDPR.

I wrote to officers registering my concerns and I am pleased that they have listened to the concerns and have reviewed the policy. They now propose to keep the comments on-line for four years after an application has been determined, which will allow for planning permission to lapse after three years and give time for appeals to be concluded.

There is still a fundamental issue of principle here: planning comments should remain open to public scrutiny after an application has been determined.

We have many examples in Kinross-shire of sites that have been subject to repeated applications and alterations for over a decade. The objections made by local residents the first time around are often just as relevant now and should still be available. I believe this change is an over-interpretation of GDPR.

I am liaising with community councils and the Kinross-shire Civic Trust and will pursue this matter.

Tay Cities Deal

The Tay Cities Deal is a series of projects funded by both of Scotland's governments that will boost economic development across the region.

To deliver these projects, the four councils involved have to set up a joint committee and we were asked to sign up to an agreement which proposed that Dundee should be the lead authority.

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There are a number of reasons why I think Perth & Kinross would be better suited to take the lead. The Tay Cities region is predominantly rural but Dundee is a city council with an urban focus. Secondly, the majority of the deal's funds are for Perth & Kinross. Thirdly, Dundee already leads on a significant number of Tayside-wide projects.

I seconded an amendment that accepted the proposed agreement except the bits making Dundee the lead and asking the other councils to allow Perth & Kinross Council to lead. The vote was tied with 19 councillors supporting Dundee and 19 for Perth & Kinross. Sadly, the Provost of Perth & Kinross used his casting vote to side with Dundee. I would like to record my thanks to my ward colleagues Councillors Mike Barnacle and Richard Watters for supporting our amendment.

Business Gateway

Another factor behind our amendment on the Tay Cities deal was Business Gateway, a government project to support start-up businesses. In Tayside, Dundee get this programme's funding shares for Perth & Kinross and Angus directly from the Scottish Government.

However, Dundee has not been passing on proportionate funding shares to Perth & Kinross and Angus, to the tune of hundreds of thousands of pounds a year for the past couple of years.

We raised this at the Council's Scrutiny Committee and our Chief Executive has taken swift action, writing to Dundee City Council and arranging meetings with senior officers.

Prisoner Voting

The Council was asked to respond to the Scottish Government's consultation on prisoner voting. We were asked to approve an officer recommendation that all prisoners who have a sentence of 12 months or less should be given the right to vote.

I believe that in a modern, liberal, democratic society, we are bound by a social contract. While we enjoy many freedoms in this country, there must be some restrictions on what we do. Shaping laws that protect these freedoms is a great responsibility.

To break laws is to break the social contract. Such actions must have consequences and I believe it is a reasonable response to suspend someone's voting rights for the time that they are imprisoned.

The Liberal Democrat Depute Provost, Councillor Willie Wilson, decided to rule my amendment incompetent because he did not agree with it. This is despite the fact that the Council's legal officers ruled it to be admissible. After he allowed us to proceed to a vote, one Conservative voted the wrong way to allow all prisoners the right to vote (he later asked if he could change his vote) and four Conservatives abstained despite it being long-standing party policy to oppose votes for prisoners (their reasons for doing so remain unknown).

My amendment was therefore defeated and the Council's formal response to the consultation was one of support for prisoner voting.

Casework

I am always happy to hear from local residents on any issue. If there is anything with which I can help, please do not hesitate to get in touch using the contact details in the last few pages of the *Newsletter*.

Councillor Callum Purves

Councillor Mike Barnacle Independent Councillor for Kinross-shire PKC LDP2 Representations Forwarded to Scottish Government Reporters Unit



The representations I made to PKC on Local Development Plan 2 that have been forwarded to the Scottish Government Reporters Unit cover the following areas (see list below).

Issue 02 Placemaking

Issue 05 Policy 6 – Settlement Boundaries

Issue 09 Housing in the Countryside

Issue 10 Residential Development

Issue 13 The Historic Environment

Issue 14 A Low Carbon Place

Issue 16 A Natural, Resilient Place

Issue 18 Water Catchment Areas

Issue 24 A Connected Place

Issue 31 Greater Perth South & West Settlements – Outwith Core

Issue 38 Kinross-shire Area – Kinross-Milnathort

Issue 39 Kinross-shire Area – Settlements with Proposals

Issue 40 Kinross-shire Area – Settlements without Proposals

Issue 50 Whole Plan Issues

However, I noted in my email of the 18/2/19 that, although content that PKC's responses correctly recorded my representations to the Government, there were two exceptions.

Prime Agricultural Land Policy – I had stated in a letter of 14/7/17 to PKC that this policy is not strong enough and there has been significant failure to protect such land from development, contrary to national planning policy. We should not as a country with a finite area of such land for food production and an increasing population have such a short-term view on such development.

A Low Carbon Place (Policy 31d On Spatial Framework For Wind Energy) – I sought to emphasise the need for Local Landscape Area designations to be protected from inappropriate development and to emphasise my continuing objection to the exclusion of the Cleish Hills and Devon Gorge from such designation following a deeply flawed consultants exercise, enclosing background information thereon.

I have now received assurances that the above omissions will be brought to the attention of the Reporters.

REPEAT – Kinross-shire Public Transport Community Survey from the March edition of the Newsletter with changed feedback date of 15/4/19.

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www.visitlochleven.org

Council Budget Debate 20/2/19 on Years 2019/22

The administration's budget was passed 'using the Provost's casting vote'. I noted the considerable areas of agreement, in rejecting a number of the draconian cuts suggested by officers, between the three political groups (Administration of Liberal/Tory, SNP and Independent Group) namely instrumental music charges increase, school crossing patrollers, primary swimming lessons, play areas and greenspace maintenance, recycling centres, public transport, public conveniences, winter and roads maintenance.

The Independent Group totally rejected the move to a frozen school meals distribution centre in Dundee, fully reinstated the School Estate review budget to restrict school closures, rejected the increases in parking charges and reinstated the budget for flood prevention, unlike the Administration. We were able to do this based on council tax increases of 2.5%, 3% & 3% for the next three years, compared with an Administration increase of 4% p.a. Pressure now for council tax increases arises following the council tax freeze imposed for 10 years on local authorities by the SNP Government, which started with a promise of local authority taxation reform that never happened.

We also included in our budget, reinstatement of the previously agreed school crossing patroller cuts of £65,000, unlike the Administration! We were still able to allocate a net £400,000 contribution to reserves compared with the Administration figure of £75,000.

We also allocated additional expenditure for a feasibility study into the provision of a new railway station and link to the Fife Circle from Kinross. (A unanimous council position at an earlier debate when the Council met in Kinross).

In summary, our Revenue Budget amendment would have rejected most controversial cuts, put more into reserves and cost constituents less than that of the Liberal/Tory administration.

In our capital budget, which Councillor Robertson supported, we had money for the upgrade of Cleish Primary School, rural footpaths and the B9097 Action Plan Funding.

I was very happy to support our budget and regret a situation where, after such little debate, it was rejected. It is surely time to re-examine how we deal with the budget process at PKC.

The Kinross Community Council Newsletter

is available from:

The Co-operative	High Street, Kinross
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Sainsbury's	Station Road, Kinross
Kinross Convenience Store	Green Road, Kinross
Giacopazzi's	Lathro, Kinross
Giacopazzi's	New Road, Milnathort
Stewart & Smart	Stirling Road, Milnathort
Heaven Scent	South Street, Milnathort
Buchan's Garage	Main Street, Kinnesswood
Shop	Main Street, Kinnesswood
Fossoway Store	Crook of Devon
Fossoway Garage	Crook of Devon
Mona's Coffee Shop	Muckhart
Powmill Stores	Powmill
RSPB Shop	RSPB Loch Leven
Loch Leven's Larder	Near Wester Balgedie
Glenfarg Village Shop	Glenfarg

Letter to Councillor Lyle Re School Crossing Patrollers and the Current PKC Budgetary Situation

Copy of a letter sent to Murray Lyle, Leader of the Council on 21 February 2019

Dear Murray

School Crossing Patrollers and the Current PKC Budgetary Situation

I refer to my letter of the 8th instant and your reply of the 13th instant regarding the above. Following yesterday's budget debate, at which the Independent Group proposal that the cuts to School Crossing Patrollers suggested by Officers and also following the decision by the Education Committee on a previous saving in this area, should all be rejected, as you know the decision on the budgets went to a casting vote from the Provost. The effect of this is that those earlier savings decided by the Education Committee for Crossing Patrollers in my Ward will not be reversed. I find it difficult to advise my constituents in these jobs that they are to lose them, purely as a result of the Provost's casting vote in the budget debate.

I therefore think that it is imperative, as stated in my previous letter, that the Crossing Patrollers in Crook of Devon and Kinross should not lose their positions before an adequate safety audit of their crossing has been undertaken and I seek your assurance that this will be done.

Yours sincerely,

Cllr Michael Barnacle

Independent Member for Kinross-shire

PS As regards yesterday's budget debate, which was the first time to my knowledge as a Councillor of nearly 20 years standing that three papers went to a casting vote of the Provost, as I indicated to you following that, I think it is time to review the budget setting process.

In my view, it would be much better if political groups were able to present their proposals at a budget meeting, without an initial decision being made. This presentation could then be followed by a meeting one week later to decide the budget going forward, giving time for dialogue between groups, etc. and possible changes to be made to arrive at a better outcome for our constituents. I believe this happens in some other local authorities. The Independent Group asked the previous administration to consider this approach, rejected by the previous Provost. Perhaps Dennis might think this idea as worthy of reconsideration?

I have not received a response to date.

Councillor Mike Barnacle

SEWING ALTERATIONS

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Liz Smith, MSP

A report entitled 'A note of concern: The Future of instrumental music tuition in schools' was recently published by the education and skills committee at the Scottish Parliament, in which members' unanimously agreed that music tuition should be provided free of charge in every local authority.

In my role as the shadow cabinet secretary for education and skills, I feel this is a matter that really needs to be addressed. Instrumental music tuition plays a pivotal role in the development of hundreds of children across Scotland. It gives them a fascinating hobby, while at the same time providing a useful interest they can pursue in the years ahead.

There were many recommendations raised by the education and skills committee in the above-mentioned report. One of the integral points it raised was that committee members recognised the many ways in which a music education can benefit young people as well as enriching both local and national culture and the economy.

The education committee acknowledged that the education delivered by the instrumental music tutors supports a core part of the curriculum, and recognised that tutors are vital to ensuring that pupils have access to a diverse range of instruments and a sufficient level of teaching time to present for Scottish Qualifications Authority (SQA) exams.

Another important point was the fact raised in the instrumental music tuition paper was that the education committee is concerned that, without action, the journey of young talent from Scottish state schools into bands, orchestras, and to become teachers of the future will become more difficult.

A further point raised by the education committee was that they recommended that the Scottish Government should consider extending the Youth Music Initiative (YMI). Alternatively, the committee feel the Scottish Government should introduce a new initiative to provide support to local authorities which seek to extend support for young people to engage in instrumental music tuition following their initial YMI experience.

I feel that one of the key messages that came from the committee's inquiry was the value of a music education both to individuals and to society as a whole. The committee heard evidence from young people about how they had benefited from the opportunity to take part in instrumental music lessons.

It was particularly salient to hear of the number of young people who referred primarily to the social impact of their learning rather than to their own proficiency.

The role of the education committee was to find out the extent to which charging for instrumental music tuition as part of the school curriculum acts as a barrier to participation for children, particularly pupils from low income households.

Liz Smith MSP

As ever Liz appreciates the feedback of readers and can be contacted at the Control Tower, Perth Airport, Scone PH2 6PL or via email at Elizabeth.Smith.msp@parliament.scot or on 01738 553990.



Councillor Richard Watters

School Crossing Patrols in Kinross-shire

Both Kinross Primary School and Fossoway Primary School are to have some of their crossing patrols cut. At a Life Long Learning committee the administration voted through these controversial cuts just weeks before this year's budget meeting. I am completely against these cuts and feel our children deserve better than this. The cuts apply to Station road in Kinross and to the A977 as it passes through the Crook of Devon. Both these roads are particularly busy and pose an increased risk to our children when travelling to and from school. There is a rumour that these cuts were overturned at the subsequent budget meeting — but this is not true. Instead, it was further cuts that were rejected at the budget meeting. I also have concerns over the precedent this sets for crossings at other schools.

The administration decided on these cuts in private and pre-budget. I believe that all councillors should have had a say on this within the normal budget process, so I supported a motion brought before the Council to prevent future decisions on cuts being made outwith the budget process that are within six weeks of a council budget meeting. Unfortunately, this motion failed.

School Dinners

At the same committee meeting, the administration also voted through plans to introduce frozen meals to our primary and secondary schools, with the loss of 50 jobs throughout the Perth & Kinross area. This will be the end of freshly cooked meals in our schools. All the meals will be cooked in a 'super kitchen' in Dundee and then distributed from there to all our schools. While the administration was clear on their projected savings, they did not produce any figures on the costs for delivering the meals over the extensive Perth & Kinross area — so we are asking questions about those costs. The SNP group will continue fighting to overturn these cuts and to protect the valuable jobs throughout Perthshire and Kinross-shire.

Mobility

I have previously written about the issues encountered by people in wheelchairs and mobility scooters as they move about Kinross and Milnathort. In response, Living Streets and the Council completed a 'Living Street Audit', highlighting the numerous issues around the town. The report can be found at www.livingstreets.org.uk/media/3695/pkc-kinross-report.pdf. Last year I was disappointed when the administration at the relevant committee allocated only £9000 to deal with the highlighted issues. After asking I was informed that this would cover fixing two dropped kerbs.

Within this year's budget the SNP group allocated one million pounds to start addressing the difficulties encountered by people with mobility issues throughout Kinross-shire and Perthshire. Unfortunately, the budget was defeated by the casting vote of the Provost.

It was great to be joined recently by our MSP, Roseanna Cunningham, and Kinross residents from the local disability group, SPARKs who showed Roseanna the obstacles they face every day. I ask that the administration commit adequate resources to make our towns more accessible for everyone. Having taken the opportunity to raise these issues with Karen Reid, the new Chief Executive, I am hopeful we will have some success in this area.



Kinross-shire is a Fairtrade County

Councillor Richard Watters



Lambing Season

With lambing season now under way, I would like to remind dog walkers to keep their pets on a lead when they are near sheep.

Dog owners have a clear responsibility to ensure their pets are under control and this is made clear in the Scottish Outdoor Access Code, especially when there are pregnant ewes and young lambs in the fields. If your pets chase or worry sheep, you are likely to get prosecuted and you could lose your dog.

Worrying is defined as attacking livestock, chasing livestock in such a way that it may be reasonable to expect the dog to cause injury or suffering to livestock as well as abortion in female animals, and being at large (not under close control or on a lead) in a field or enclosure where there are sheep. In some circumstances, farmers are legally entitled to shoot dogs if they are endangering their sheep. Therefore it is vital that you keep your dog on the lead around livestock.

Local Incidents

Caulder's Garden Centre (formerly Dobbies), Turfhill, Kinross was broken into between Saturday 23 February and Wednesday 27 February. A hole was cut in the perimeter fence and a quantity of garden ornaments were stolen. (CR/5295/19)

A counterfeit Bank of Ireland £50 note serial number AA015843 was passed at the Coop, High Street, Kinross on Wednesday 27 February. Retailers are reminded to be vigilant when large denomination notes are being tendered. (CR/5437/19)

A blue Ford transit mini bus was vandalised, whilst parked outside the Green Hotel, Kinross overnight on Thursday 28 February. (CR/58766/19)

Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively, information can be passed anonymously via the charity Crimestoppers on 0800 555 111.

Police Scotland – local community

Telephone 101 for non-emergencies

Community officers for Kinross-shire:

PC Ben Clark and PC Douglas Stapleton.

Email: taysidekinross-shireCPT@scotland.pnn.police.uk

Community Sergeant (Kinross-shire): Sgt Robert Hogg.

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): PI Kevin Chase.

Ways of following the Police:

Twitter: @KinrossPc or twitter.com/policescotland

Facebook: www.facebook.com/PoliceScotland

Website: www.scotland.police.uk



Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch. The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: www.pkcommunitywatch.co.uk

Crime Stoppers – Telephone 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

Free Training & Awareness Raising Sessions for Community Groups and Organisations in Kinross-shire 2019

Co-ordinated by the Kinross-shire Community Learning and Development Group organised and supported by Community Learning and Development – Perth and Kinross Council.



Training		Delivered by	Where	When
First Aid at Work Certificate	Only 15 spaces available Booking Form Deadline 26 March	Red Cross – dealing with emergency, unresponsive breathing adult, AED, choking, hygiene techniques, bleeding wounds, shock, accident recording, burns and more.... Please ask for further information.	Loch Leven Community Campus.	2 April 2019 9.30am-5pm
Community Fundraising	Only 15 spaces available Booking Form Deadline 12 April	PKAVs - Community Fundraising To introduce local groups to the potential of generating income through engaging with their community. Learning: <ul style="list-style-type: none"> Define what is meant by community fundraising Describe a range of different forms of community fundraising Begin to put together an Action Plan for your organisation 	Loch Leven Community Campus.	17 April 2019 at 7-9pm.

Booking Form Link:

www.pkc.gov.uk/article/20817/Training-Awareness-Raising-Sessions-for-Community-Groups-and-Organisations-in-Kinross-shire-2019

For further information please contact Tracey Ramsay (Community Learning and Development) on 01577 867124 or email tramsay@pkc.gov.uk. Or email KinrossComLearn@pkc.gov.uk

Health & Wellbeing

Wonderful Walking

'Walking is a man's best medicine' Hippocrates

Do you want to live longer and feel happier? Get outside and go for a walk. We are spoilt for choice with walking opportunities in beautiful Kinross-shire, whether you join a walking group (see p. 70) or just head out by yourself around the loch.

Walking is one of the best, easiest and cheapest ways to instantly improve your physical and mental health. It's suitable for any age and any fitness level, and is good for your heart, your head and your wallet. Exercise classes are not for everyone – you certainly won't find me in the gym. But there are few of us who really can't find the time, or are physically unable to enjoy a walk as part of our daily routine. Walking is easy.



Sadly, we are walking less than ever when a daily stroll could be the secret to all of our health woes. You don't need to walk for hours; a brisk 10-minute daily walk has lots of health benefits. According to one study of 334,000 people Cambridge University researchers, just 20 minutes of walking a day cuts your risk of premature death by nearly a third. In 1976, people walked an average of 408 miles a year in the UK. Walking levels have fallen by more than a third in three decades, with the average person walking 181 miles per year in 2016, less than half a mile a day.

On a positive note, it is possible to add years to your life by exercising every day, regardless of what you weigh. If you regularly walk, you are also more likely to be happier and more enthusiastic than those who prefer their sofa to sunshine. Walking helps connect you with nature, reducing stress levels, improving mood, enhancing psychological wellbeing and improving attention and concentration. It also helps the planet – short journeys use almost twice the amount of carbon dioxide per mile.

Walking might even make you look younger. People who walk regularly not only look younger than their age but may also be younger on a cellular level, according to research published in PLOS One. Cardiovascular exercise, like walking, can preserve or even lengthen your telomeres, which are the parts of our DNA that shorten as we age.

You don't need to mentally prepare yourself to go for a walk, there's no need to find your yoga mat or the right clothes, and there shouldn't be any serious sweating that requires showering to make you presentable afterwards. Ignore the 10,000 steps a day target; it came from a marketing campaign

for a Japanese pedometer. The important thing is to get out there and start walking. Walking just 3500 steps a day can lower your risk of diabetes by 29%.

Canadian researchers have shown that low-level aerobic exercise, like walking, can actually improve cognitive brain function in people who suffer from dementia. Improving blood flow and oxygen to the brain through walking stimulates the development of new brain cells. Regularly walking might even diminish the chances of developing vascular cognitive impairment at all. A recent study published in *Frontiers in Neuroscience* found that walking improved both convergent and divergent thinking, associated with enhanced creativity. You can reduce your risk of breast cancer by up to 40% if you do vigorous physical activity for between 30-60 minutes five days a week. The risk of colon cancer is 30% lower if you take up vigorous physical activity such as brisk walking.

Walking is low intensity, so while it is easy on your joints, it helps to promote blood flow. It gets your blood pumping without putting undue strain on your cardiovascular system, which also means it is more likely to relieve stress rather than cause it, unlike running. Regular walking can reduce your risk of angina, heart attack, heart failure, coronary artery bypass surgery, angioplasty, and strokes. According to the Stroke Association, a daily half hour walk keeps high blood pressure in check, and reduces the risk of suffering a stroke by up to 27%.

Moreover, walking boosts your mood, and being outdoors allows your body to absorb vitamin D, which helps to keep your bones, teeth and muscles healthy, provided you are exposed to the sun's rays! Not only can walking make you less depressed, but according to a study published in the Archives of Internal Medicine, depression sufferers who took a daily walk showed just as much improvement in their symptoms as people on medication. In fact, 60 to 70% of the subjects could no longer even be classified as depressed. Why does walking help you to stop feeling depressed? Moving clears cortisol, the 'stress hormone', out of your system and stops worry, according to a study published in *The American Journal of Cardiology*.

To find out how many calories you burn when walking a mile at a casual walking speed (2mph), multiply your weight in pounds by 0.49, and for brisk walking (3.5mph) multiply it by 0.57. Note that one mile of walking for 20 minutes burns the same number of calories as running one mile in 10 minutes. Getting eight hours of sleep a night is another great way to improve your health, but it's not easy for everyone to achieve. More good news: 30 minutes of brisk walking over five days could help you sleep easy, according to research by Oregon State University. In a large meta-analysis of sleep studies, researchers found that regular walkers had longer and better quality sleep.

There don't appear to be many health conditions that walking can't help in some way. And unlike drugs, walking has no side effects, is easily accessible, affordable, effective, and needs no prescription!

**Deadline for all Submissions
5pm, Friday 12 April
for publication on Saturday 27 April**

Something a bit different...

Nordic Walking is the fastest growing fitness activity in the world. It is an enhancement of ordinary walking – and is twice as effective! Nordic Walking uses poles to in order to add two major benefits to walking. The use of poles means the upper body muscles are used as well as the legs, and the poles help to propel the walker along. This means you will work harder than usual yet the support given by the poles makes it feel easier. Nordic Walking is a specific fitness technique and is not to be confused with trekking, hill walking or trail running as the poles are not planted in front of the walker but in a specific way that increases the use of the upper body. It can be done by anybody, anywhere and does not require expensive equipment or clothing. Nordic Walking is used by individuals, personal trainers, health clubs, physiotherapists and doctors because it is highly effective, affordable and fun. It is important that the techniques are learnt correctly

if the participant is to get the most out of the activity. More information and dates of local classes are available at <https://nordicwalking.co.uk/>.



Kinross Community Learning and Development Group

DanceSing!

The recent DanceSing event was a resounding success! On Thursday 14 February the Kinross Community Learning and Development (KCLD) Group hosted their fourth DanceSing event at Loch Leven Community Campus, for older people in the area. It was a tremendous success due to promotion by the *Kinross Newsletter* and website and positive joint working between KCLDG partners Kinross Centre, Kinross Volunteer Group and Rural Outreach Scheme, the fabulous Sabres, Leven Voices singers and the generous support of Sainsbury's Kinross.

Tracey Ramsay, area Community Education Worker said, 'The local partnership working between members of the KCLD Group and the support of their staff and volunteers along with the generous support of Sainsbury's has been instrumental in the success of today's event.'

Over 80 older people attended the event and joined in, dancing the afternoon away whilst a few were happy to just sit and enjoy the music and sing-along. The event also provided an opportunity to learn some new salsa dance steps. Fun was had by all.

A big thank you to all the staff and volunteers for their support and time and to Sainsbury's Kinross for their generosity in providing biscuits, cakes and raffle prizes. Thanks in particular to Sainsbury's community volunteer team who helped serve refreshments.

Feedback from those who attended indicates that this is a much-appreciated annual event. Many thought it would be fantastic if there was another event for Christmas. The KCLD Group will discuss how best to take the joint project forward.

Visitors said that they had a fantastic time, enjoyed great entertainment and hospitality and that the chance to get up and dance was lovely. There was a consensus that it was just good to be there. For some, it was their first time and they didn't expect to enjoy themselves so much.

Saturday Family Fun

Perth and Kinross Council initiated a joint working project to encourage working with and for the community; we worked with Friends of Loch Leven Community Library and the Scottish Women's Institute. The Scottish Women's Institute organised and provided an amazing range of simple

crafts from stone painting to decoupage, sewing and felt techniques for families. These activities ran over a three-week period during February and early March on Saturday afternoons.

This was a pilot scheme to see if families would be interested in taking part and to see if they felt there would be any benefits from having activities like this in the area. Much to our surprise we started out with five families, then seven and by the third week this increased to 14 families with 32 people in attendance. It was brilliant to see so many people joining in these fun and creative activities. We thank all the families for coming along.

Thanks to the SWI for their input, which has been the start of great joint working relationship, I'd also like to thank Friends of Loch Leven Library for their support in promoting the activities and for their willingness to help out. We are looking at doing some future work in the summer so watch this space.

There were some discussions about the possibility of the SWI starting an arts and crafts club in Kinross-shire. Community Learning and Development are willing to support it.

Tracey Ramsey

Some comments:

'It was great to spend quality time with your family doing activities we wouldn't have done on our own'

'All the activities have been fun and interesting'

'Thank you, the last three weeks have been brilliant'.

For further information contact Tracey Ramsay (Community learning and Development Worker – Perth and Kinross Council) on 01577 867124 or email tramsay@pkc.gov.uk.



Make do and Mend

The cheery resourcefulness shown by home-makers during the First World War, when all hope of a short war began to fade, led to the well-known 'make do and mend' theory which was popular in the 1940s. During the second world war, a pamphlet was issued by the British Ministry of Information, which provided housewives with tips on how to be frugal and yet stylish during a period of harsh



rationing. With thrifty fashion tips and advice on re-using old clothes, it was an indispensable guide. Readers learnt how to create 'decorative patches' to cover holes in worn fabrics; how to transform men's clothes into women's; how to darn, make alterations and even how to protect their clothing against moths. The 'make do and mend' ethos is having a revival. There is no longer a stigma attached to wearing home-made clothes – in fact, those who do are the trend-setters.

Television has helped to influence this trend. Just as *The Great British Bake-off* boosted our attempts to bake at home,

the BBC's *The Great British Sewing Bee* has helped rekindle interest in sewing. With a whole host of YouTube videos, learning skills like sewing and dressmaking are now very easily accessible.

Most of us wear mass-produced clothes, drive the same cars and are slaves to our smartphones. Choosing our clothes may make us feel like we're expressing our individuality but in reality, most High Streets both look and feel very similar. Consumers are starting to look for innovative ways to change their wardrobes, and upcycled apparel can help. It not only helps to fulfil our creative urges but helps us to make meaningful choices with our clothing as well as appealing to our social consciences.

Retailers have indicated that sales of sewing machines have rocketed in recent years. This is due in part to our increasing concern for the environment, awareness of social issues and a backlash against our 'throwaway society'. Making your own clothes is now the height of fashion. Not to mention it's also very therapeutic to make something with your hands.

Not only can we benefit from the creative satisfaction of making something original, it's economically, socially and environmentally beneficial to do so. It is eco-friendly to give

our wardrobes a makeover instead of committing them to landfill or to a charity shop. Millions of tons of textiles are sent to landfill. Fabrics and clothes are often shipped to developing countries, flooding these countries with cheap clothing that can prevent emerging economic development in the local textile industry.

Want to get started? A sewing machine is your friend. Hand sewing can be very time-consuming. With a sewing machine you can complete a summer dress in one day. Start with something simple, perhaps a tote bag, made from



two rectangles of fabric sewn together along three sides, and add handles made from longer strips of material. You can then progress into making simple clothes and following patterns. Don't worry when things go wrong as they will inevitably do: just stay calm, undo the mistakes and begin again. Sometimes you'll find that your errors will send you off on a tangent that can be turned into a creative outcome!

News from the Health Centre



www.nhsinform.scot/bowelscreening

Bowel Screening

Bowel cancer is a major public health problem in Scotland. The Scottish Bowel Screening Programme invites men and women aged between 50 and 74 to take part in screening every two years. Bowel screening aims to find cancer at an early stage when treatment is likely to be more effective. Bowel screening is the only screening programme where the test is completed at home. The simpler bowel screening test is likely to overcome a process barrier for those who found the gFOBT test difficult



or unhygienic to complete.

If you've any questions about the home bowel screening test or would like to leave feedback about the bowel screening programme, contact the Scottish Bowel Screening Centre by phone on 0800 0121 833 / text phone 18001 0800 0121 833 (Open Monday to Friday, 8am-5pm). You can also email: bowelscreening.tayside@nhs.net.

The helpline is free and confidential. If there's nobody available to take your call, please leave a voicemail message, and a member of staff will return your call.

NHS inform has all the bowel screening information for the public. This includes information in audio format, British Sign Language format and video format.

Key Facts

- Scotland has a higher rate of bowel cancer than most other countries in the Western world.
- Bowel cancer is the third most common cancer in Scotland. Around 4000 people in Scotland get bowel cancer every year.
- From age 50 onwards the risk of bowel cancer is higher.
- Men are more likely to have a positive screening test result.
- Early diagnosis is key: 9 out of 10 people survive bowel cancer if it's found early.
- You are 14 times more likely to survive bowel cancer if it is found early.

Bargains to be had at County Fabrics Warehouse Clearance Sale

From **Friday 3 to Sunday 5 May**, County Fabrics in Crook of Devon will be offering huge discounts on their incredible range of designer fabric remnants and short ends. This is their largest ever sale as after the summer part of the historic Watermill premises will be getting refurbished so space must be cleared!

At the same time County Fabrics will be hosting Iona Buchanan design who will be selling much of her homeware at fantastically reduced prices as well as showcasing some of her recent designs.

Whilst visiting take a rest from bargain hunting, grab a coffee and book into one of our complementary workshops on candle making, basic upholstery and lampshade covering.

For crafters there is a special bonus. County Fabrics is teaming up with CHAS to swap end-of-line designer fabric books for donations to the charity.

It will be a great early summer's outing for the family with free parking and a pop-up cafe in aid of CHAS.

County Fabrics was founded in 1983 and is one of the largest independent fabric retailers in the UK. It is a family firm which has been trading for almost 30 years and has been based in an historic watermill building for 18 of those. The choice of fabrics is huge with over 13,000m of fabric and more than 300 books and hangers available. County fabrics provide a complete make, measure and fit service.

Opening times

Friday 3 May - Sunday 5 May

10am-4pm (3pm on Sunday)

County Fabrics, Crook of Devon Village, Kinross, KY13 0UL

www.countyfabrics.com | info@countyfabrics.com |

01577 840 529

COUNTY FABRICS WAREHOUSE CLEARANCE

3-5 May 2019: 10-4pm (3pm on Sunday)

Designer roll-ends & remnants at massively knocked down prices

Mountains of wool remnants incl harris tweed

Cushion & curtain clearance

Fabric & cushion panels, extensive selection of new season oilcloth

**iona
buchanan**

homeware clearance and new season designs

Free workshops

(please contact us to reserve your space)



Candle making (Friday)



Basic upholstery (Saturday)



Lamp shade making (Sunday)

Pop up café:

Enjoy a coffee and cake plus visit our donations only ex display stand -all in aid of

CHAS

Crook of Devon Village, Kinross, KY13 0UL

01577 840 529 | info@countyfabrics.com | www.countyfabrics.com



HIGH STREET SEWING

Clothing and Curtain Alterations/Repairs
Custom made curtains, Roman blinds, cushions

Workshop opening hours: 09.30-17.00 Mon-Thurs
Fri 09.30-12.30 and Sat 10-12noon
Location - behind Loch Leven Laundry and Baillies
Contact LINETTE MANN – 07732 902419

Scotlandwell Frames

Bespoke framing for your sport shirts,
photos, paintings, prints & mementos...

**14 Friar Place
SCOTLANDWELL
Call Stuart Garvie
01592 840825/07788 142909**

Spring At Kinross Learning Centre

If you're travelling abroad this summer and want to brush up on your language skills, French, Spanish and Italian classes are running at various levels at the Learning Centre. And for those holiday photos, there is a new Photography course focusing specifically on outdoors (weather permitting!). The programme also includes a range of arts and crafts, and the new Floristry for Spring and Summer course will teach you creative ways to make the most of seasonal flowers.



To find out more or book a place on any of these courses, contact Maureen Ross at the Learning Centre, 15 Swansacre KY13 8TE, Kinross, email pc.kinross.perth@uhi.ac.uk, or call 01577 863863.

Course	Start Date	Time	Weeks	Cost
Languages				
Spanish Beginners	Tue 16 April	7-9pm	10 weeks	£85
Spanish Improvers	Mon 15 April	10 am-12noon	10 weeks	£85
Basic Everyday French	Thu 18 April	7-9pm	10 weeks	£85
French Improvers	Wed 17 April	10 am-12noon	10 weeks	£85
French Intermediate	Tue 16 April	1-3pm	10 weeks	£85
French Advanced	Tue 16 April	10.30-12.30pm	10 weeks	£85
Italian Advanced	Thu 25 April	10 am-12noon	10 weeks	£85
Get Set to Learn: English, Maths and more for all	Thursdays	1-3pm	ONGOING	FREE
General Interest				
Digital Photography: Taking Better Outdoor Pictures	Wed 18 April	7-9pm	10 weeks	£85
Art				
Watercolour Painting	Wed 17 April	10 am-12noon	10 weeks	£85
Painting with Acrylics	Wed 17 April	1-3pm	10 weeks	£85
Crafts				
Upholstery	Wed 10 April	4.30-6.30pm	10 weeks	£90
Upholstery	Wed 10 April	7-9pm	10 weeks	£90
Sew Smart – Sewing, Mending, Altering, Recycling, Tailoring	Mon 15 April	1-3pm	10 weeks	£85
Stained Glass Intermediate	Tue 9 April	10-12noon	10 weeks	£85
Stained Glass Improvers	Tue 9 April	1-3pm	10 weeks	£85
Floristry for Spring & Summer	Fri 19 April	10 am-12noon	10 weeks	£85

ADVANCED DENTURE COMPANY Ltd.

For DENTURES & DENTURE REPAIRS

A wide range is available; from basic quality, to high quality **COSMETIC DENTURES**.

All produced in close consultation with the skilled technical craftsman.

NO REGISTRATION

NO LONG WAITING LISTS

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Sports mouth guards

Night protectors for tooth grinders, can also be used to cure certain types of tension headaches.

Ian Mackay 01577 864751

A NEW NAME & A NEW WEBSITE

THE HAPPY DOG COMPANY

Established 2007

Dog Walking and Pet Care Services

Claire Murison BSC (Hons) Animal Science

10 years Vet Nursing Experience

Insured & References Available

Tel: 01577 830588

claire@thehappydogcompany.net

www.thehappydogcompany.net

The Happy Dog Company is also on Facebook

Easter Puzzles

Easter jokes

What happened when the Easter Bunny met the rabbit of his dreams?
They lived hoppily ever after

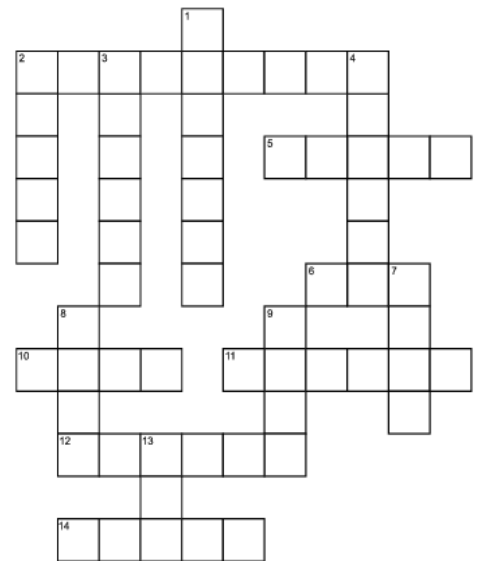
Why was the Easter bunny upset?
He was having a bad hare day

What did one Easter egg say to the other?
Heard any good yolks today?

What do you get if you pour hot water down a rabbit hole?
Hot cross bunnies!

Why do we paint Easter eggs?
Because it's easier than trying to wallpaper them!

What's wrong with Easter jokes?
They crack you up.



Across

- 2 - A mother duck keeps a close eye on her ____.
5 - Easter's month.
6 - Which came first, the chicken or the ____?
10 - A mother cow gives milk to her ____.
11 - Easter is always on this day of the week.
12 - Carry your Easter Eggs in a ____.
14 - The Easter ____ hops around the world and delivers presents.

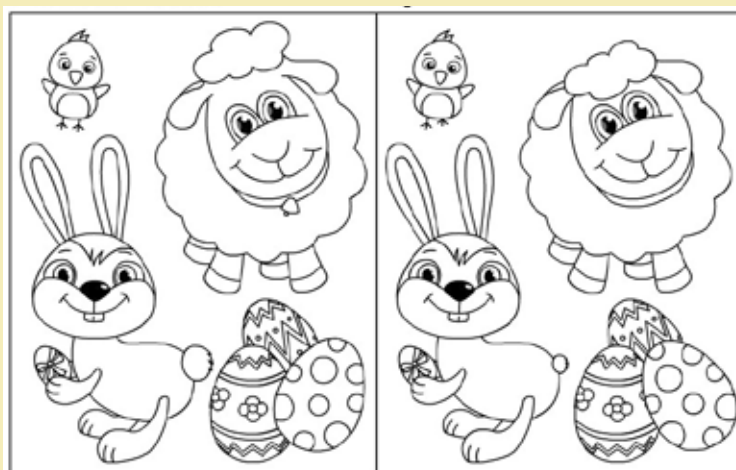
Down

- 1 - April showers bring May ____.
2 - Cows give milk for ____ products.
3 - A mother hen watches over her baby ____.
4 - Easter's season.
7 - A baby ____ is called a kid.
8 - A baby sheep is called a ____.
9 - In the backyard, the kids are having an Easter Egg ____.
13 - The ____ warms the earth and brings light to the world.



Wordsearch

chicks	lent	bonnet
bunny	rolling	lamb
eggs	basket	daffodil
chocolate	hunts	spring
Good Friday	hats	sunday



Spot the Difference
Can you find five differences?

F	Y	S	L	U	C	U	S	D	Y	F	D
H	Y	U	A	K	C	G	N	I	R	P	S
F	A	S	M	C	H	H	S	N	O	B	G
D	D	T	B	F	O	Y	O	K	F	A	N
I	I	P	S	Y	C	H	I	C	K	S	I
D	R	B	G	B	O	N	N	E	T	K	L
S	F	T	N	E	L	O	E	O	K	E	L
U	D	S	G	P	A	H	P	G	B	T	O
N	O	K	H	K	T	C	Y	B	G	K	R
D	O	S	C	K	E	B	S	F	K	S	F
A	G	L	I	D	O	F	F	A	D	S	Y
Y	N	N	U	B	B	H	U	N	T	S	F

Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

Kinross Community Council

News from the March Meeting

Present at the meeting held on Wednesday 6 March were: Community Councillors (CCllrs) B Freeman (Chair), M Blyth, J Bryson, D Colliar, D Cuthbert, B Davies, L McKay, T Stewart and I Jack and PKC Cllrs (Cllrs) M Barnacle, C Purves, D West and R Watters, and two members of the public.

Apologies were received from Cllr W Robertson and PS D Stapleton.

Minutes of meeting of 6 February 2019: A number of minor amendments were required to the minutes, which were then accepted as an accurate record.

Police Report

PC D Stapleton had emailed in the latest police report highlighting the following: Theft of caravan, Gallowhill; Break-in to cafe, High Street; BT fraud, Theft of whacker plate; Youths causing annoyance – wheelie bins overturned. Members again raised their concerns at the lack of attendance by Police Scotland at meetings and after discussion, it was agreed that a letter be sent to the Chief Constable, local MSP and MP expressing the CC's concerns about this.

CCllr W Freeman advised that the most recent Commander's Bulletin had been received early today and that a number of incidents were included in the Bulletin including a break in at the garden centre, counterfeit Bank of Ireland £50 notes in circulation and a van being vandalised.

Cllr M Barnacle commented that on page 5 of the Bulletin there was no mention of local community policing teams in Kinross.

CCllr M Blyth raised the issue of parking at the school commenting that earlier in the week she had witnessed a driver park their car on the junction of Emslie Drive who then went to collect their children from school. A police van went past the car, and while CCllr Blyth expected them to stop to speak to the driver, they did not.

CCllr J Bryson advised that although a 'drop off' zone is a good idea, this simply was not working with parents double parking, parking in disabled bays, patrons of the tennis courts using the drop-off zone for parking and damage to teacher's cars in the car park. He reported that a number of communications had been issued by the headteacher to parents and although this works for a short while, things return to 'normal'.

Cllr C Purves confirmed that there were a number of points to consider and agreed to look at this further.

CCllr B Davies commented that there were similar issues at the school in Auchterarder and although Police and Traffic Wardens had been requested to help, the school was private property and nothing could be done.

CCllr D Cuthbert would compose a letter incorporating the points raised at the meeting.

CCllr W Freeman reminded members that if there were any specific policing matters they wished to raise, they should contact PC D Stapleton direct.

Resignation of Secretary: There had been no volunteers for the post of Secretary.

Matters arising

Primary School Crossing Concerns: CCllr J Bryson advised that, although he had drafted a response, this had not been sent due to external circumstances. He agreed to send the letter as soon as possible. CCllr Bryson reported that a number of confusing messages had been received in respect of the proposed removal and requested that the Council write to the Parent Council to confirm what is actually happening. Cllr C Purves agreed to pursue this, and will copy the CC into his letter. A member of the public advised that she was very concerned with the decision taken by PKC and she had emailed a lot of people about this (still waiting on a response from Cllr Purves). She felt strongly that all residents of Kinross should be told of the removal, not just parents and the School Council.

Litter around Giacomazzi's: CCllr B Davies advised that he had recently met with Lucy Cartwright in respect of the litter issue. Apparently, no shop premise has to provide a refuse bin outside their property and as such, Giacomazzi's have a private contractor to empty the bins at their property. However, three surplus bins have been identified and will be relocated accordingly. LLCC will also be contacted asking them to re-site two bins.

Town Centre Regeneration: a holding letter has been received and an update will be given at a future meeting.

Kinross Town Centre Regeneration: Cllr C Purves advised that he had written to Mr C Haggert with regard to the bollards at the Salutation Hotel and had been advised by Mr Haggert that this was no longer in his remit and he had passed it on to a colleague. It was agreed that a list of concerns regarding the bollards would be compiled and passed on. It was also agreed that an article be published in the *Newsletter* and put on the Facebook page asking for residents to submit their concerns.

Planning application at Tillyochie: Cllr M Barnacle advised that a number of letters of support had been received in respect of the application but reminded everyone of the increase in 'creeping housing estates' coming into the area.

Myre Park Sign: Thanks had been received for confirmation of the wording.

Broken window: Details were passed on and the window has now been fixed.



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Live Active: CCllr B Davies advised that this had been left with Councillors and a letter had been received advising that the lighting would be repaired when the car park was repaired.

KYTHE – The Gathering: CCllr B Davies advised that he had attended the recent meeting where 51 members of the public attended. KYTHE are funded by four Kinross churches and will be operating from the Health Centre for the next three years. They are looking for volunteers to run activities, with PVG checks being organised by them. CCllr Davies felt that the area were fortunate to have such an organisation and hoped that the CC would be able to support them in some way. CCllr Davies will pass on contact details to Cllr D West.

LLCC Management Group Meeting

CCllr B Davies advised that he had attended a recent management group meeting where the CC had been offered the use of ICT rooms 1 or 2 for meetings, but CCllr Davies felt that these did not meet needs and the CC were subsequently offered the use of the lecture theatre instead (which would meet all requirements). At the last meeting of the Management Group last week, it was confirmed that they would welcome the CC to use LLCC with open arms, and Cllr D West seconded the motion to move CC meetings to the campus. It was agreed that arrangements would be requested in writing from the Management Group – CCllr Davies would arrange this. It was also suggested that the booking with the Lodge should not be cancelled, until the CC confirm that they are happy with the new arrangements. Cllr D West is to draft a letter to the Lodge, for the Chair to sign.

Kinross Town Centre Regeneration: CCllr D Cuthbert commented that it appeared that the Edwardian building would be the last building to be complete and that the work which had already taken place was not in keeping with the original building. It was agreed that CCllr I Jack would draft a letter to the Head of Planning (David Littlejoy) at PKC for the Chair to sign.

Planning Matters

Planning Applications Received:

19/00138/FLL. Change of use to retail unit (Class 1) to form a non-residential institution unit (Class 10), shop at Loch Leven Health Centre, The Muirs, Kinross.

Planning Applications Determined by PKC

18/02189/FLL. Installation of railings and gates (in retrospect) at 2 Springfield Road, Kinross, approved.

18/01863/FLL. Erection of a dwelling house at land 80m north of Wood of Coldrain Farm Cottage, Coldrain, approved.

18/02085/FLL. Extension to dwelling house and formation of steps at 8 Montgomery Way, Kinross, refused.

18/01807/FLL. Residential development (in principle) at land 20m south-west of 16 Curate Wynd, Kinross, approved.

18/02344/FLL. Change of use of open space to form extension to cemetery and associated works at Kinross Cemetery, Broom Road, Kinross, approved.

Other Planning Matters

Removal of comments from PKC website: Cllr C Purves asked if there had been any response to concerns being raised regarding the removal of comments on planning applications from the PKC website and was advised that there had been no response. Cllr M Barnacle confirmed that he would be raising this issue at the next meeting.

P&K Councillor Reports

Living Streets Audit: Cllr R Watters advised that this was an audit in respect of accessibility for disabled people in the local area. £1m had been put aside to cover the recommendations but unfortunately this was not passed through the PKC budget.

Centralisation of school meals: Cllr R Watters confirmed that this had been approved, which would result in a loss of jobs in Perth and Kinross, although some employees would transfer to Dundee. CCllr W Freeman advised that Health Boards were looking to undertake a similar project for hospital meals.

Community transport: Cllr M Barnacle advised that an article had been published in the *Newsletter* to gather information from residents as to what they think of the transport links currently available and what they would like to see. CCllr D Colliar commented that the difficulty would be in that people want to travel at different times, and he asked how a potential service would be funded. Those present suggested that as well as hand delivering questionnaires/leaflets in the rural areas, they should be made available in libraries, schools etc. and published on the website and Facebook page.

Cllr M Barnacle mentioned an article he had written for the *Newsletter* regarding Balado and contaminated water supplies. He has been advised that since the residents are connected to a private supply, they would be liable for any costs to improve. Cllr Barnacle advised that he had asked the Council to fund this improvement but had not yet had a response.

Website meeting: Cllr D West updated the CC on his recent attendance at the Kinross Partnership meeting, especially in relation to the CC's message that there was no money available to assist the Partnership; there appeared to be an expectation/belief that the CC would contribute half of any deficit; there is still no effective financial control of costs by the community council and the Partnership have sought



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indicative costs for updating the website and have suggested a figure in the region of £10,000.

Cllr West advised that it was apparent that the site needed major updating and that this will have a cost – although he felt that this may not be as much as had been suggested. Cllr West suggested a further letter clarifying our determination to ensure that there is an expenditure budget set which is within the expected income generation, and that we are accordingly limiting our liability and the Partnership must contain expenditure to that budget amount. Cllr West agreed to draft a letter for the Chair's signature.

Reports from CC Representatives

Community Investment Fund: Cllr D Cuthbert advised that 11 applications had been received and a report had been drafted for inclusion in the *Newsletter*. 5 CCs had been represented and he felt that this could be used as an argument to have a local committee.

Kinross-shire Fund: Cllr D Colliar advised that the Fund had met on Monday and allocated £2000 to Fossoway and £2000 to KYTHE for a computer for their new premises.

LLCC Management Group: Cllr B Davies advised that he was waiting on information from the Group and he would forward this to Cllr D Cuthbert as he is due to attend the next meeting.

Sub-Committee Membership: Cllr J Bryson requested to step down from sub-committee meetings, in the short-term, due to personal circumstances and after discussion, it was agreed that Cllr M Blyth would take his place.

The Avenue: Cllr M Blyth advised that she had met with representatives from PKC the day before in respect of the parking issues in the area. A number of photographs were taken and it was agreed that plans and costings would be drawn up for this work, although it was likely to be April 2020 before any work could take place due to budget restraints.

Correspondence

Cllr W Freeman confirmed that he continued to forward correspondence to note and highlighted two items:

Road Traffic Regulation Act 1984, Perth and Kinross (Kinross Traffic Management) (Variation) (No 11) Order 2019 (11/19) which will come into effect from 15 March 2019.

Scottish and Southern Electricity Network (SSEN) north of Scotland Resilient Communities Fund is now open for applications. Applications are welcomed from local projects which protect the welfare of vulnerable community members through enhancing their resilience and improving community

participation and effectiveness, or enhance community facilities, services and communications specifically to support the local response in the event of a significant emergence event. A total of £140,000 is available and applications will be accepted until 23 May 2019. Anyone who wishes further information should Lindsay Dougan at SSEN on 0141 224 7729 or email lindsay.dougan@sse.com

AOCB

Resignation: Cllr B Davies enquired as to what the paid Councillors were doing to help the community. Over the last 10 years, while being on the CC, he felt that not enough had been done and expressed his disappointment at this. Cllr Davies therefore felt that it was time to move on and tendered his resignation from the CC. Cllr W Freeman commented that Cllr B Davies had attended represented the CC at a number of critical meetings and, on behalf of the CC, thanked him for his efforts over the last 10 years.

Centralisation of Services: on behalf of a concerned resident, Cllr J Bryson raised the issue of a delay in an ambulance attending an incident approximately two weeks ago. Unfortunately it had taken around an hour for the ambulance to arrive and Cllr Bryson asked the PKC Councillors to raise this matter with their colleagues. Cllr C Purves agreed to raise this matter.

Remaining funds: Cllr I Jack advised that at the end of the fiscal year, £369 remained in the account, although a bill of £150 was expected for the hire of the hall for meetings. He asked CC members what they wished to do with the remaining funds and after discussion, it was agreed that the surplus would be donated to the *Newsletter* fund, proposed by Cllr D West and seconded by Cllr D Colliar. Cllr I Jack would arrange for the funds to be transferred accordingly.

Path into Alexander Drive: Cllr D Colliar advised that this road was constantly blocked and it was agreed that a letter would be sent to Persimmon Homes.

Brewin Dolphins Cycling Event: 12 May 2019. Cllr W Freeman advised that advance notice had been received of a cyclo-sportive on 12 May 2019 (starting and finishing at Lochore Meadows Country Park) which would be passing through Kinross.

The next meeting of Kinross Community Council will be held on Wednesday 3 April 2019 at 7.30pm in Loch Leven Community Campus.

Kinross CC minutes and agendas are posted online at:

www.kinross.cc/cc.htm

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Milnathort & Orwell Community Council News from the March Meeting

Present at the meeting held on 14 March 2019 were: Community Councillors (CCllrs) C Williams (chairman); CCllr C Flory (vice-chairman/secretary); CCllr D Flory (treasurer/planning); CCllr M Leach; P&K Councillors (Cllrs) R Watters, C Purves, W Robertson and M Barnacle; minute-taker E Rougie and five members of the public. Also in attendance was Joanne Muir of The Tack Room.

Guest speaker: Joanne Muir gave a talk about The Tack Room, which she opened in Milnathort in April 2018 and which occupies a niche market, offering equestrian clothing and equipment. Ms Muir said the business was thriving and she had had a great deal of encouragement from the local community.

Police matters

No police were in attendance but CCllr D Flory advised that since the last meeting a number of initiatives had been introduced:

Hate crime: Anyone who has been a victim of such a crime is urged to contact the police.

Rural thefts: This type of crime is on the increase and the police stress the importance of securing property and being aware of suspicious activity.

Vulnerable road users: A successful campaign took place between March 4 and 10 aimed at pedestrians, cyclists and other vulnerable road users.

Sheep worrying: The public are reminded that the lambing season is imminent and dogs must be kept under control.

There was an attempted break-in in Whyte Place on February 15 and tool boxes were stolen from a property in Victoria Avenue between 15 and 23 February.

There followed a discussion about a lack of police attendance at CC meetings, which was attributed to a shortage of personnel and incompatible shift patterns. It was agreed that CCllr Leach will send the dates of CC meetings in advance to PC D Stapleton, the community officer.

Matters arising

Jessie's Park: Cllr Purves has reported the issue of fallen barriers but is awaiting a response. The wall will be repaired when the weather improves.

High hedge: Cllr Purves has also reported the high hedge near Carrs Billington, which is thought to compromise the visibility of children going to school. As he has not yet had a response, CCllr Leach will follow up.

Traffic management plan: Cllr Watters has asked PKC planning officers to take traffic management into consideration when

a full planning application is submitted for the proposed Pitdownies development. There are concerns about the impact of increased traffic on the village, especially in the light of other developments at Pace Hill and Lathro.

Roads and transport: CCllr Leach reported on the following:

Road closures: North Street will be closed for four weeks between the junctions with Morton Wynd and Tillywhally from April 29. A diversion will be in place.

South Street will be closed between its junctions at Church Street and New Road on Sunday, March 31, to accommodate works by Scottish Water. Traffic will be diverted along Bridgefauld Road.

Other business

Community survey: A survey is being carried out among residents in outlying areas with regard to transport issues. The survey, which closes on April 15, is available online but Cllr Barnacle advised that leaflets would also be delivered in other CC areas. In order to ascertain how many leaflets would be required in the MCC area, it was agreed that Cllr Watters will provide the secretary with information about the number needed and Cllr Robertson will email her a list of the communities involved.

Vehicle-activated signs: The sign in South Street is still not operational and the one in Stirling Road may take longer to activate due to complications arising from the existing 20mph zone. Cllr Robertson will follow this up, along with the issue of new speed bumps in Bridgefauld Road. He will also follow up a matter previously raised by a member of the public regarding parked vehicles at the junction of Victoria Avenue and Old Perth Road, although he did not think this was a major problem.

North Street: The resurfacing has been completed.

Roads team: Cllr Purves advised that PKC planned to downsize its road team and will produce a paper outlining how it intended to prioritise projects in the future. Cllr Robertson will arrange a meeting with PKC involving all four ward councillors.

Planning matters

Applications submitted:

Extension to house at 55 New Road, noted.

Alterations to house at Viewfield West, Netherton, noted.

Renewal of permission for alterations and extension to Hattonburn House, noted.

Applications decided:

Extension to house at 7 Balfour Crescent, approved.

Comments on planning applications: Cllr Purves told the meeting that PKC had changed its policy with regard



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to comments on planning applications and that online comments would be removed after a year in order to comply with GDPR. However, he felt this was a spurious reason and had written to PKC to express his concerns. PKC now proposes to remove comments after four years, which is considered to be more appropriate as planning applications are valid for three years. Cllr Purves has asked all CCs for their comments and following discussion it was agreed that MCC will meet to discuss the issue.

Resilient Communities Fund: CCllr D Flory referred to the Resilient Communities Fund, which offers grants for projects to help vulnerable or isolated people living in areas covered by Scottish and Southern Electricity networks. Anyone interested can find more information at www.ssen.co.uk

Access to financial services: CCllr D Flory advised that the Scottish government was carrying out a survey aimed at assessing the impact of bank closures, removal of ATMs etc. The closing date is 25 March.

Correspondence

Letter from a member of the public. Cllr Purves to respond.
Letter from PKC requesting feedback from the public on its gritting and snow-clearing operations, noted.

Councillor reports

Cllr Watters: A questionnaire had been distributed by the engineering consultancy SWECO to 54 properties that had previously been affected by flooding with a view to determining what further work may be needed in future. Nine responses had been received.

Cllr Robertson: The entrance at Lathro has now been completed. Cllr Robertson has requested a litter pick on the A91. The path from Auld Mart Road to Burleigh is to be upgraded and the bridge widened. The litter bin at Burleigh Castle has been replaced with a dog waste bin.

Cllr Purves: Cllr Purves did not attend the council's budget meeting as he felt a 4% rise in council tax was unnecessary and that there were still savings that could be made. A vote had taken place with regard to the Tay Cities Deal, from which it was felt that Dundee was benefiting disproportionately. Nineteen members of a joint committee had voted that Perth and Kinross should lead the deal and 19 were in favour of Dundee. The Provost then used his casting vote to favour Dundee.

Cllr Barnacle: Cllr Barnacle advised that he had commented on two policies contained in LDP2. However, his comment that the council should be more forceful in protecting prime agricultural land from development had been omitted. On

the matter of windfarms, he had approached the Reporter directly and had been given an assurance that landscapes such as the Ochils would be protected from development. A pilot project was being planned whereby a devolved Kinross-shire committee would be formed within the Perth and Kinross CC Forum. A date for the next Forum meeting is yet to be announced.

AOCB

Election: A by-election is to be held on 25 April to elect five members. Nomination forms can be downloaded from www.pkc.gov.uk/communitycouncils

The next meeting of Milnathort and Orwell Community Council will be held at 7.30pm on Thursday April 11, 2019 in Milnathort Town Hall. Members of the public are invited to attend.

Find Milnathort CC minutes, agenda and other information at:

- www.milnathortcommunitycouncil.org
- www.facebook.com/milnathortcommunitycouncil
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Portmoak Community Council News from the March Meeting

Present at the meeting held on 12 March were: Community Councillors (CCLrs) M Strang Steel (Chairman), R Cairncross (Secretary), G Cox, S Forde, D Morris, and T Smith; and Perth & Kinross Councillors (Cllrs) C Purves, W Robertson and R Watters; and two members of the public.

Apologies were received from CCLrs B Calderwood and A Muszynski; Cllr M Barnacle; and Police Scotland PC D Stapleton.

Matters Arising

School Access – policy on parking and safe access routes for children: Cllr Purves confirmed that the matter would be reviewed at an officer-councillor meeting with officials on Wednesday 13 March. Angus Forbes, Convenor of the Environment and Infrastructure Committee, would participate. The PKC CEO's visit to Portmoak last month included a visit to this site.

Footpath from Scotlandwell to the Church, Hall and beyond: The ball was firmly in PKC's court to take forward the agreed option appraisal of potential routes. The matter would also be raised at the officer-councillor meeting set for Wednesday 13 March.

Review of Scheme of Establishment of Community Councils: PKC had approved the CC's proposals in principle for boundary changes, subject to re-confirmation by Kinross CC. To help take the matter forward the CC would seek comment on a map showing the potential boundary changes from both Milnathort and Orwell and Kinross CCs.

Rural Transport: The CC noted that a questionnaire seeking solutions to the rural transport challenge had been circulated with the current edition of the *Kinross Newsletter*. The CC would facilitate local circulation of the questionnaire when copies are made available.

Community Investment Fund: The Chairman had joined a panel to recommend to the Kinross Action Partnership how this year's allocation of £50,000 should be distributed.

Report on Visit of PKC CEO, Karen Reid, to Portmoak: In a busy visit Cllrs had conducted Ms Reid to see: access problems at Portmoak School and the need to ensure safe walking routes for children in the vicinity of the school; narrow pavements in both Kinnesswood and Scotlandwell and the footpath route from Scotlandwell to the Church and beyond. They had proceeded to visit the B9097 at RSPB Loch Leven to look at the underpass development (to which PKC had contributed £150k) and to review the implications

for the B9097 arising from commissioning the Westfield development. Cllrs reported that where possible there was a wish to promote a can do or yes ethos within PKC. Arising from this there was a place to develop a 'local action plan.'

Police: The CC noted the local report from PC D Stapleton – there had been no local crime. The CC also noted the Area Commander Bulletins of 13, 20, and 27 February and 6 March.

Treasurer: The balance at the month ending 28 February 2019 was £362.80 in the General Account; and £1144.27 in the Michael Bruce Way Account giving a total of £1507.07. The 'Holding Account' No. 3 now held £0.00. The Chairman reported that, with the termination of the CC's longstanding programme to take Stephen's Field into community ownership, it had been faced with an historic liability to meet outstanding legal expenses. PKC had recently agreed to assist the CC in meeting this liability. Details will be made available in the CC accounts in due course.

Planning

Report on visit of Cllr Roz McCall, Convenor, Planning and Development Management Committee. The CC had been pleased to welcome Ms McCall to the monthly meeting of its Management Group. This had been a pleasant, thoughtful and constructive visit covering a wider range of topics including: the operation of the Council's Scheme of Delegation (which governed the process by which local planning applications were determined); and whether there should be more than one 'Planning Committee.' It was evident that across Scotland's Local Authorities there was a range of practice with some authorities taking an objection from a community council as a reason for referral to a 'planning committee'. Cllrs were of the view that this was a matter that PKC could consider but that it would need to be supported by a sound case. The matter would be explored with other PKC community councils.

New applications

19/00193/FLL. Benarty, Wester Balgedie. Alterations, Extension and New Garage, no comment.

Progress with Developments


18/00667/FLL. Former Lomond Inn, Kinnesswood, no progress.

FIFE 17/03377/FUL. Westfield, Erection of gas-fired generation peaking plant. Fife Council had now granted approval subject to conditions. Of note were those relating to a potential noise disruption.

LDP2, Consultation on Supplementary Guidance: The CC will finalise its comments shortly.



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Removal of Public Comments on Planning Applications from Public Access:

Along with Kinross CC, the Kinross Civic Trust and others the CC had written to PKC in support of Cllr Purves' original letter of concern. PKC had now received a copy of the reply to Cllr C Purves confirming revised arrangements. It will now amend its timescale for withdrawing this information from one year to four years. This will allow the time for a planning permission to expire (three years), a renewal to be submitted, as well as time for an appeal (to Scottish Government as well as the Local Review Body), time for that decision to be made and any appeal to the Court of Session. All letters will remain on public view through the PKC Public Access system for the same period of time. The CC acknowledged this was a positive and practical response though it did not answer the point of principle raised here. There was a question of whether or not this did indeed depart from the General Data Protection Regulation (GDPR). The Chairman would look further at this matter.

Roads (20mph speed limit): Subject to confirmation there was an intention to include all of Kinnesswood as one of the places proposed to have a 20mph speed limit. This would be for a trial period lasting 18 months. There was a general welcome for this trial although uncertainty about whether or not it would make a significant difference to the safety of pedestrians on pavements, when compared to other measures such as expansion of pavements and reduction of road space. There was a view that not all places were suited for such speed limits but that Kinnesswood would be a suitable candidate.

Paths Group: The Action Plan for the Paths Group for 2019 was welcomed and its proposals supported. The Plan will be reviewed in May and an update made to the CC in June. The CC acknowledged that it had the lead in establishing the connecting path from Lochend Farm to the Heritage Trail via Levenmouth. It noted also that, as the MBW may cross through an SSSI, it could be prudent to check with SNH that there is no objection to clearing gorse that may affect the integrity of the SSSI. The new signs on the Dryside Road path could be a model for improving the general signposting of

paths throughout Portmoak. The CC welcomed the assistance of PKC Greenspace with the Dryside Road path project. Separately the CC noted:

- a need to improve the path running from the Cobbles to the School. It is much used by children and possibly in need of repair. Potential sources of funding were identified;
- a short section of the path leading from Wellside Park to the Green in Scotlandwell was in need of repair. Cllr W Robertson agreed to pursue this;
- that difficulties in concluding the installation of the new water main running close to RSPB Loch Leven had led to delay in opening the underpass.

P&K Councillor Reports

PKC had agreed a new budget and Cllr Purves explained why he had been unable to support the proposed increase in expenditure and rise in the Council Tax. It had been a matter of concern that the lead in managing the new Tayside Cities Deal, which had brought substantial new funding, would be taken by Dundee City Council.

The CC noted the decision to replace the current provision of school meals with frozen meals sent from Dundee and that some, indeed, may be imported. Cllrs pointed out that this was a cost saving exercise and that the reasoning to support it could be justified. There would be no detriment to meal provision. The CC was concerned that the decision could compromise the quality of dinners and the focus on health, nutrition and wellbeing at Portmoak School. It acknowledged that its information was partial. It would ascertain the views of the school on the matter.

Matters raised from the floor

The CC noted: a) Community Empowerment Infographics); b) Community Right to Buy – Free Event, Perth 3 September c) Cycle Event 12 May; d) Calor Rural Community Fund – Grants; and e) Feedback Council Services – Gritting and Snow Clearing.

AOCB

The matter of poor road markings on the road past Lethangie as the driver approaches Kinross will be pursued by Cllr Willie Robertson.

The next meeting of Portmoak Community Council will be held at 7.30pm on Tuesday 9 April 2019 in Portmoak Village Hall, Scotlandwell.

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Fossoway and District CC

News from the March Meeting

Present at the meeting held on 5 March were: Community Cllrs (CCllrs) A Cheape, T Duffy, C Farquhar, G Pye; P&K Cllrs (Cllrs) M Barnacle, C Purves, W Robertson and R Watters and 12 members of the public.

Apologies were received from Tam Carroll.

Police: Unfortunately, no officer was able to be present at the meeting. There were no incidents to note.

Matters Arising

Community Council By-Election: Co-opted member Carol Farquhar has submitted an application to become an elected member of the CC, thus narrowly restoring it to the minimum of four elected members. However, in the absence of any new members joining the CC during the remainder of this year, the current members will be unable to continue with the workload and this CC will therefore cease to exist at the time of the next election on 7 November this year. In the meantime, the current members will only be able to perform the very minimum amount of the tasks they would otherwise like to. Anyone wanting to join the CC, please get in touch with the chair, Trudy Duffy on 01577 840669.

Blairingone School Estate Transformation: The consultation report, including the report from Education Scotland, was made available for public review on 22 February 2019. It can be viewed on PKC's website at: www.pkc.gov.uk/media/43729/Blairingone-Consultation-Report/pdf/Blairingone_Consultation_Report.pdf?m=636864437595870000

The Lifelong Learning Committee will decide whether to implement the closure proposal at the meeting on 27 March 2019. If the decision to close goes ahead, then comments on the process or assumptions made in the report can be made to the Scottish Ministers (via schoolestate@gov.scot) by three weeks after that date, i.e. 17 April 2019. The CC encourages everyone to express their opinions by contacting the Lifelong Learning Committee members. Cllr Barnacle offered to meet local people before the meeting to discuss any issues.

Powmill in Bloom: Bulbs, etc., are being planted. Judging of the Well-kept Village competition will be in September this year; CCllr Farquhar will be attending a meeting about the competition.

Crook & Drum Growing Together: CCllr Duffy told the meeting that 500 snowdrops and some primroses have been planted in the grass triangle in the centre of Drum, and a wooden

bench installed there. A spring flower arranging workshop will be held in the hall on 30 March. See the group's Facebook page for details of all their activities.

Hydro Scheme Fund/Crook of Devon Bridge: CCllr Duffy reported that a site visit is planned to finalise the location for the new bridge. Other monies are available from the fund for small grants.

Fossoway Gathering: CCllr Duffy reported that planning of the event on 25 May in Waulkmill Park is going well; see the Gathering's Facebook page for more details.

Fossoway Area Transport/DRT: Cllr Purves reported that there is an ongoing review of PKC's transport provision across Kinross-shire. Meanwhile a survey is being held to establish requirements. A member of the public asked about DRT coverage of Blairingone, Cllr Watters answered that a new company is hoping to join the DRT scheme soon, but needs to finalise some licensing issues which are being progressed by PKC Officers.

Carnbo VAS: Cllr Watters and a PKC technician met on site and discussed the location of the VAS on the west side of village with local residents. The technician explained that it is in the best place. The VAS at the east end of the village is being installed now.

There was substantial opinion at the CC meeting that the 40mph limit on the east side of the village should be extended further out. A member of the public from Blairingone expressed the opinion that the VAS hasn't helped there.

A977 Mitigation: Cllr Barnacle reported that the proposed traffic lights at Blairingone are hoped to be installed by the end of March. These lights will stay on red as vehicles approaches until there are no pedestrians. Cllr Barnacle added that the Crook of Devon/School Road junction improvements are currently held up due to problems with moving services in the road. There are also different opinions about whether to keep the existing pedestrian lights when the new ones are installed it is possible that they will be covered temporarily, or perhaps linked with the new lights.

Crook Moss Travellers Site: Cllr Barnacle had a meeting with Barbara Renton, PKC's Director of Housing and Environment, and suggested that if the appearance of the site was improved it would go a long way to improving the local community's view of it.

Ivy Cottage Powmill: Cllr Barnacle has spoken to the owner's solicitor and told him of the Community's desire to move urgently towards Compulsory Purchase of the site.



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New Business

Winter snow clearance and gritting: PKC have written to the CC seeking comments on this. Additionally, they are seeking new participants for self-help schemes:

- Farmers self-help scheme for assistance with snow clearing operations
- Footway hand gritting self-help scheme

For both of these schemes Perth and Kinross Council will supply and maintain the gritting and snow clearing equipment plus in the case of the footways scheme they will supply the salt as well. Interested parties should contact Andy Brown at arbrown@pkc.gov.uk.

A member of the public present noted that the Milk Bar junction was not gritted on the only day of snow this season, causing substantial delays.

Community Council Business – Meetings Attended

Community Investment Fund: CCllr Duffy attended this, at which a total of £50,000 was awarded to nine projects in Kinross-shire.

Kinross-shire Fund: CCllr Cheape attended a meeting of the fund on 4 March at which an award was made to KYTHE. There is more money in the fund still to be distributed.

P&K Councillor Reports

Callum Purves: Cllr Purves did not support the administration's proposal at the budget meeting because it included proposed Council tax rises of 4% whilst Cllr Purves believes he was elected on a promise of much lower rises. Cllr Purves reported that he seconded Cllr Stewart's amendment that would have replaced Dundee with Perth as the lead role in the Tay Cities partnership. However, the amendment was defeated by the Provost's casting vote.

Mike Barnacle: Cllr Barnacle suggested that there is a process problem with the Council's budget approval meeting – Officers come to the meeting proposing draconian cuts and then the Cllrs immediately reject the majority of them. It would be better to bring proposals for discussion and then a week later vote on them. Cllr Barnacle found that a couple of issues he raised with LDP2 were not accurately included in the submissions to the reporter, so he has sent further details directly.

Richard Watters: Cllr Watters added that the sort of proposals Cllr Barnacle mentioned make the press causing great distress, but then are not implemented. An example would be the proposal to remove all School Crossing Patrols, which was rejected, but smaller underlying cuts to the service didn't get reported.

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Willie Robertson: Cllr Robertson noted that PKC have borrowed £360M for capital investment, which seemed to him to be a bad idea as it will have to be paid back in the future. Cllr Robertson does support the 4% increase in Council Tax because he believes that otherwise many cuts would need to be made.

Planning Matters

19/00082/FLL Change of use, alterations and extension to bothy to form a dwelling house, and erection of a garage (revised design) at Former Bothy, Briglands, Rumbling Bridge, no CC comment.

19/00268/FLL Alterations to building at County Fabrics, The Water Mill, Crook of Devon, no CC comment.

Correspondence

There will be a major cycling event on 12 May 2019, and although it's called the Ochil Hills Sportive, it's centred on Lochore Meadows Country Park and only a small part of the route, through Dunning Glen and Glen Devon, is close to our area. Details at www.ukcyclingevents.co.uk/events/ochil-hills-100-sportive/

PKC have created a revised Scheme of Establishment for CCs which was approved by the Council on 27 February. The Scheme will come into force after the November elections and includes provisions for EU citizens to be members of CCs, and other minor changes.

A PAN for development at the site of the former Solsgirth Colliery has been published. There will be a Community Exhibition at Saline Primary School between 3 and 7pm on Wednesday 24 April 2019 to describe the development of houses, live/work units and business space.

PKC have published reports of progress in updating Flood Management Plans at www.pkc.gov.uk/frmplans

AOCB

In pursuit of the new GDPR scheme, PKC have deemed it necessary to remove planning application comments from the website one year after an application has been approved. Kinross-shire Civic Trust have written to Anne Condliffe objecting to this change on the basis that subsequent applications are often made referring to earlier ones and it is very useful to be able to view previous comments. This CC agreed with this objection and will write to Anne Condliffe supporting the Trust.

A member of the public had requested the provision of a dog waste bin at the entrance to Rumbling Bridge Gorge from Naemoor Rd. Cllr Purves agreed to look into this.

The CC was contacted by Morag McKenzie to ask if the Council would strim the verge on the main road whilst other areas in the village are being done. Cllr Barnacle will chase this.

The next meeting of Fossoway and District Community Council will be on Tuesday 2 April 2019 at 7.30pm in Powmill Moubray Hall.

Fossoway & District CC minutes are posted on the website **www.fossoway.org** and on their Facebook page, along with other community related information. Search for Fossoway & District Community Council on Facebook.

The Kinross Newsletter

by the community, for the community
all profits are given away to local good causes

Club & Community Group News

Kinross Camera Club

kinrosscameraclub.org.uk

April brings us to the last full month of our regular syllabus and it's packed full of activities. On 4 April we start with a club night in which we will share images for critique and helpful feedback. The weekend of 6/7 April will be our annual treasure hunt – where it will take us round central Scotland will be a mystery till the day! Dougie Allan is judging our annual competition on 11 April. Then on 18 April we will have a practical night photographing spring flowers (outdoors

if the weather is good, otherwise cut flowers indoors). The following week (25 April) we will review the images from the treasure hunt and learn which team has been victorious. We round off the month with our annual prize giving dinner on Saturday 27 April, this year in the Milnathort Golf Club.

We meet on Thursdays at 7.30pm in the Church Centre, 64 High Street, Kinross. Most weeks we are in the main hall so please use the main entrance. For the first Thursday of each month we use the back room so on those occasions

please access via the side door off Piper Row. We also have a Digital Group which meets informally in The Inn, Crook of Devon, on the last Tuesday of every month – the last one of this season is 30 April – at which we cover various techniques in digital post-processing and share experience with photo editing software. Full details and the syllabus are available on the website. Please contact secretary@kinrosscameraclub.org.uk with any questions.



'Loch Ba Light' by David Sharman

Kinross Museum

Kinross (Marshall) Museum continues to receive items for its collections on a regular basis. In recent weeks accessions have included a World War I gas mask, two 25-inch-to-the-mile Ordnance Survey maps dated 1914-15 covering Kinnesswood and Scotlandwell, and minute books of the Milnathort Fishing Club founded in 1946.

On 27 March museum volunteers welcomed pupils from Milnathort Primary School who visited the museum to explore the history of Milnathort.

The Museum Study Room will be closed to visitors during the Easter Weekend but will be open again after Easter as usual on Thursdays and Saturdays.



Scotlandwell in Bloom

'It is utterly forbidden to be half-hearted about gardening. You have got to love your garden whether you like it or not.' W.C. Sellar

Scotlandwell in Bloom is holding its annual Plant and Bake Sale and coffee morning on Saturday 4 May 2019 in the Well Country Inn, Scotlandwell from 10.30am-2pm. A variety of plants, flowers and vegetables ready for planting will be on sale. In addition, there will be an opportunity to buy delicious home baking and locally produced jams and chutneys, small hanging baskets and other garden bits and bobs. There will also be a fantastic tombola stall with something for everyone! Come along and see what's on offer; it's a very sociable event and even if gardening's not your thing, just bring a friend and come along for coffee, cake and a chat – we'd love to see you there. All proceeds towards the upkeep of planters, tubs, floral displays and generally helping to keep our village 'bloomin' luvly' for the year ahead. A warm welcome is extended to all!



Club Correspondents

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

Kinross Beavers

We have recently been working on the Faith Activity badge and on Friday 22 February the Beavers visited Kinross Parish Church. They learned a bit about the church, the Beaver prayer and also reflected on the Beaver promise. A big thank you to the Rev Alan Reid for giving up his Friday evening to talk to us all.

We have been doing a variety of activities this term with the Beavers completing the requirements for several badges. They have taken part in some problem solving activities and also completed mini pioneering by using breadsticks, strawberry laces and Freddos! We also had a hobbies themed evening. All Beavers did a 'show and tell' by talking about the different hobbies they have been taking part in recently. We have been getting creative in the kitchen as well as working on the Cook Activity badge this term.

On Friday 1 March we were pleased to welcome Owen and Charles from the Beaver colony at 1st Merton Park Group in London who came up to visit us. Both

had a great time and commented on how well behaved the Beavers were. Owen and Charles are looking forward to coming back up to visit in the summer.

Congratulations to Oscar who has been appointed the new Lode Leader for the Dam builders lodge!

Also congratulations to our new Beavers who were invested into the colony

at the beginning of March. Welcome to Magnus, Bailey, Euan, Brodie and Finlay!

As you can see, we have lots going on with the colony at the moment. If you would like the Beavers to help your community group, or if you are interested in volunteering with Scouting, please contact us by email on kinrossbeavers@hotmail.co.uk.



Above: Owen and Charles visit

Below: New Beavers



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Common Grounds

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In March we held yet another successful project lunch and raised a record sum of £573. This was due in no small measure to the excellent presentation by father and daughter duo, Paul and Eleanor Baughan, who shared their experience of seeing at first hand the work of Eagles Malawi, our chosen November 2018 charity. Many thanks to them for such an informative and entertaining talk.



March Project Lunch with speakers Paul and Eleanor Baughan

This was followed by our signature lunch of tasty homemade soup and bread, along with a tempting array of home bakes, Fairtrade tea and coffee. Our volunteers' efforts were also greatly appreciated by a packed audience and applause rang through the hall. Well done all!

Looking ahead, we will have an Easter raffle/coffee morning on **Saturday 20 April**. Non-alcoholic punch will be served to put a sparkle into the proceedings and all are welcome. Definitely a date for the diary!

Project: Our April project is Signpost International, an international charity based in Dundee. Their Ugandan project enables whole communities to take action against poverty and become more sustainable. It has seven 'prongs'.

1. Clean water. Adding a well/rainwater harvesting facility. If children don't have water supplies near their school, absentee/disease rates are much higher.
- 2/3. Pink Project/Education. To provide reusable sanitary supplies as girls' school attendance is a lot lower than boys, because of lack of accessible items during their periods. There is also a focus on HIV and Aids education.
4. Small Businesses. One example is women learning how to make reusable sanitary kits and soap to sell and gain an income.
5. Farming. Teaching people to grow the right crops to produce higher yields.
6. Latrines. Improving facilities is helping to reduce harmful diseases.
7. Tree Nursery. Provision of seeds and training to set up tree nurseries (eg. mango and avocado) to help overcome rapid deforestation for fuel.

Our opening hours are 10am-12.30pm Tue, Wed, Fri and Sat at the Guide and Scout Hall, Church Street, Milnathort.
Contact: Elspeth Caldwell (Convener) 01577 863350 and Linda Freeman (Secretary) 01577 865045.



Lomond Antiques and Collectors Club



Our March meeting was held in Fossoway Church Hall in Crook of Devon. We welcomed back local antiques expert Ken Miles who yet again provided us with a very entertaining evening. Ken spoke of 'passion for fashion' and how fashions moved from the 'sublime to the ridiculous' in furniture as well as clothes.

The period from 1960 to 1980 was a boom time for buying and selling antiques. Ken explained that many American GIs sent antiques back at the end of the Second World War. Then large container ships took supplies out to America, Germany, South Africa and Japan. Americans were known to buy dining tables and chop off the legs for coffee tables! Stripped pine became a fashion for a while until a new fashion dictated that pine should be painted!

It seems that younger people currently follow a fashion for New York loft conversions and for industrial furnishings such as filing cabinets and lockers. Even G Plan is now making a comeback. However, the French appear to like heavy decorative furniture, which is still fashionable over there.

Ken spoke of all the various programmes on television which feature antiques. 'Up-cycling' seems to be popular now. Many items are 'rescued' from skips to be totally transformed. The show 'Bargain Hunt' demonstrates how difficult it can be for amateurs to make a profit at auction on items bought from traders.

In contrast, 'Antiques Roadshow' is a little different. It features real experts who so very obviously love their particular subject and will give a fair assessment of the items they view. For those experts there is more passion than fashion!

Our thanks go to Ken who took much trouble to provide us with a quiz featuring objects he had brought along. Although he refers to himself as semi-retired, his love of antiques means that he finds it hard to abandon his passion completely. We had a good turn-out even though it was such a cold wet evening. Hostesses for the evening were Marion and Gwyn who provided 'goodies'.

The next meeting will be on **Wednesday 10 April** at Fossoway Church Hall. This will be a members' evening so is a chance to 'bring and brag'.

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Crook & Drum Growing Together

After some mild weather in February we are looking forward to an earlier appearance of the spring flowers and blossom throughout Crook of Devon and Drum. There are daffodils along the verges between the villages on the main road and in planters and beds around the churchyard and village hall, as well as other bulbs and primulas in the tall planters at each end of Crook of Devon. Also, do take a walk through Penney's Wood, accessed from the 'Back Crook' road, as the daffodils are flowering, and the young trees coming into leaf.

In February we planted about 500 snowdrops and some primroses and other wild flowers in the grass triangle in the centre of Drum village to encourage insects and other wildlife. Some of the local residents (with Arthur the St Bernard) prepared an area where they installed a sturdy wooden bench built by Alan T. Many thanks to everyone who volunteered that day.



Installing the wooden bench

We are hoping to target the area at the entrance to West Crook Way this summer. With support from the PKC Greenspace team we aim to clear the weeds and add some flowering shrubs and perennials.

We were surprised and pleased to be the winners of the enjoyable quiz organised by the Fossoway Gathering team. Keep up with developments on our Facebook page and let us know if you would like to help with any activities or have ideas for improvements which we could consider.

Contact Amanda at by email at amandajames1577@gmail.com or on 07963 476803.

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Kinross & District Probosc Club The Cold War; A Different Perspective by Peter Reeve



The Cold War ran from the end of the Second World War to roughly the mid-1990s but, if we look at current day tensions between USA and Russia, you could say it never ended.

Peter gave us a fascinating insight into some of the lesser known incidents that prevented the Cold War escalating, and the nuclear arsenals of America and Russia being used.

In the 1950s and 1960s we lived through the Cold War on a 'need to know' basis and the threat of a nuclear attack was always with us. We were told to 'duck and cover', hide under the stairs with a mattress against the door and have some water and tinned food at the ready. However, the reality was that, if we had received a direct hit we would have stood little chance of survival.

We have a couple of unknown Russians to thank for their actions which prevented the launching of nuclear missiles when Russia thought it was under attack. The Cuban Missile Crisis in 1962 was the closest both sides came to all-out war and it was a Russian Naval Officer called Vasili Alexandrovich Arkhipov who disobeyed orders and forced a submarine Captain not to fire. Kennedy and Khrushchev spent a very tense thirteen days in a stand-off which nearly failed. The Russian captain had not received the order to stand-down and would have pressed the button but for the intervention of Vasili. Another Russian, Stanislav Petrov, also held his nerve and went against protocol when a solar flare was incorrectly identified as incoming missiles.

There will, no doubt, be many more tales that could be told of near misses and we dread to think of the consequences if that 'button' had been pressed.

So who won the Cold War? It could be said that we all won because we are all still here. For now...

The vote of thanks was given by Alan Dearing.

Kinross Centre

March has been a quiet month for us and we are all patiently waiting for spring to fully arrive.

Our main event this month was 'World Day Of Prayer', held on 1 March. There was a great turn out and everyone enjoyed refreshments after the worship. Huge thanks to everyone involved.

Meanwhile, our regular activities continue. We have recently started an art class, run by Kinross Art Group, on Wednesday afternoons and it has become very popular. Our Tuesday afternoon singing group is also becoming popular while other members have been enjoying a game of Scrabble.

We are all looking forward to a visit from The Sabres at the end of this month. Any excuse to get dressed up and dance and sing the afternoon away! This will be followed by tea and cake.

We would love you to be involved with the Kinross Centre, either as a service-user, a volunteer or as a supporter. Contact Nan Cook on 01577 863869 for more information.

Newsletter Deadlines

A list of future deadlines can be found on our website

www.kinrossnewsletter.org

Kinross and District Art Club

kadac.co.uk

The last month has been a productive and rewarding time for our members. The regular club sessions on Tuesdays and Fridays have been extremely well attended with individual members creating fabulous artwork as well as engaging with each other to appreciate and share good practice.

On 19 February members turned out in force for a demonstration by Perthshire artist, Karenina Johnson. They were richly rewarded! Karenina's presentation, which focused mainly on painting dramatic skies, was expertly delivered and was full of helpful teaching points. The captivated audience was both inspired and entertained.



Demonstration at the Art Club by Perthshire Artist, Karenina Johnson

On 12 March, around 30 members gathered to recognise and celebrate a remarkable milestone for one of our senior club members, Cathie Clark. Cathie has been a valued member for 50 years joining in 1969, only two years after the creation of the club. In recognition of her commitment to KADAC over those 50 years, the members were delighted to present Cathie with a life membership. Along with flowers, Cathie was also given a commemorative wooden gift designed and crafted by member Archie Scott.



Club President Gillian Ross presenting Cathie Clark with her Life Membership

We meet on Tuesdays and Fridays each week from 2-4pm in Millbridge Hall. If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website.

Kinross In Bloom

With spring here our thoughts are turning towards the summer. Our summer plug plants will arrive at the polytunnel during the second week in April. However, we still have work to do on the winter pansies and the planters. Some of the planters have been damaged over the winter and have to be replaced, emptied and refilled.

We have planted more bulbs at the football park at the Myre. We have had to replace three planters at the Courthouse as they have been damaged due to cars banging into them. We have moved them further in so hopefully out of reach of parking cars!

In the autumn of 2018, we commissioned a report to look at the condition of the Crosswell Fountain (adjacent to the Town Hall). We are currently looking at ways to fund conservation work on the fountain and are looking for the work to be done in the summer.

200 Club Winners

March Draw

- | | |
|------------------------|-----------------------|
| 1. No.8 Jean Beveridge | 2.No.66 Aileen Sorbie |
| 3. No.18 Helen Duncan | 4.No.26 Maisie Gibson |

Our next meeting is on Wednesday 3 April, 7.30pm in the Church Centre. We would welcome any new volunteers to help with the work of Kinross in Bloom. Please contact susan.mitchell50@gmail.com.



Kinross-shire U3A

Thanks are due to Mike Robinson from the Royal Scottish Geographical Society for his informative and comprehensive talk about climate change at our March meeting. Cause for concern and action, but not yet despair! This month, rather than looking to the future, we're looking at history, and family history in particular, with Elma Lindsay giving a talk called 'Routes to your Scottish Roots', an introduction to genealogy. Please come along to Kinross Parish Church at 2.30pm on **Tuesday 2 April**. New members are always welcome.



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Hospitality industry speaker a HIT with Networking Breakfasters

The first Wednesday of March saw another impressive turnout at the Kinross-shire Partnership networking breakfast, with 27 local businesses and organisations represented at Loch Leven's Larder. Each attendee took the floor for 60 seconds, and it was inspiring to hear an overview of local business news.

Sarah Brown thanked local businesses who have offered work experience to Kinross High School pupils; Caledonia Play is a sponsor for the Scottish Education Awards inspired by their mission to 'get kids outside whatever the weather'; Seamab School's Tamsin Ferrier informed us that the Fossoway Gathering will take place on 25 May; Avant Garde gift shop is set to expand its presence on Kinross High Street; Unorthodox Roasters will be opening a second café (in Stirling); and Kinross Youth Enterprise (KYTHE) is opening a drop-in centre for teenagers adjacent to the Health Centre.

David Cochrane, CEO of HIT (Hospitality Industry Trust) Scotland, a local resident for nearly two decades, has spent a lifetime in the hospitality industry. After considering a career in the Marines, David opted for hospitality after working at the Commonwealth Games in Edinburgh. Over the years, he was involved in catering at various banks, where he confessed that he envied the bank staff who 'always seemed to be eating'. Ironically, he later learned that the bank employees envied the caterers, because they 'could listen to



the radio all day and had the freedom to work virtually anywhere in the world'. David noted wryly that the banking sector had declined since those days while hospitality has flourished. It is no longer just about restaurants and hotels, he emphasised, and there is no room for complacency in Scottish tourism, as other countries also have their own interesting cultures, mountains, superlative food, etc.



David Cochrane, CEO of HIT

He spoke passionately about the work carried out by HIT Scotland, established when there were no grants available for hospitality training. He himself joined in 2005, the year the scholarship scheme was launched with a budget of £27,000 per annum; now the budget is £700,000

per annum, with funds raised via a wide range of initiatives. Initially, there were eight applications for the 'emerging talent' award; last year there were 867. Cooking as a career has captivated public interest, not least because of the success of TV cookery shows.

In February 2019, 212 scholarships ('learning experiences') were awarded. These ranged from a teenage trainee being sent on a barista course in London to a 75-year-old concierge from Edinburgh heading to Goa to learn about the culture of potential visitors to Scotland. The bursaries are for all ages and career stages.

During his career, David took groups of teachers to the Fairmont Hotel in St Andrews and other establishments, to demonstrate the varied career opportunities in hospitality – one of the few sectors where you can have a job for life.

David concluded by mentioning that HIT Scotland recently launched The Andrew Fairlie scholarship in memory of the eponymous late great Scottish chef. The scholarship aims to bring through the Fairlies of the future. Over the past 25 years, the Trust has grown to 'represent the spirit of the Scottish hospitality industry itself'.

The next networking breakfast will take place at Loch Leven's Larder from 7.15-9am on Wednesday 3 April. Please email Karen Grunwell at mail@kinrosspartnership.org.uk to book your place.

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The advertisement for Tick Tock Clock & Watch Repairs features a collage of various antique and modern clocks and watches. The text is overlaid on the images. At the top, it says 'TICK TOCK CLOCK & WATCH REPAIRS' in large, bold, yellow letters. Below that, it says 'All kinds of clock and watch repairs are continuing to be provided by Tudor House Antiques reparer, Fred Turvey. He was the main reparer and servicer for Tudor House Antiques, Milnathort for over 20 years.' In the center, there is a large, ornate clock face. To the right of the clock face, it says 'TICK TOCK Clock & Watch Repairs (by appointment only)'. At the bottom, it provides the address '4 Dean Acres, Comrie, Dunfermline KY12 9XS', the phone number 'M: 07870 913004', the email 'E: ftticktock@aol.com', and the name 'FRED TURVEY'.

Kinross & District Men's Shed

Pedal Power!

Over the last couple of months Sheddars have been busy researching and building a prototype custom made e-bike. The bikes themselves are donated and re-furbished for safe road use. An e-bike is simply a bike which can still be pedal powered, but also has an electric motor and battery to assist with pedalling up to 15mph with a range of over 50 miles; especially useful when it is an up-hill struggle! The main builder and of the shed's bikes is Treasurer and Trustee, Tom Wilson.



Expert bike builder Tom Wilson

Chairman Glen Douglas pointed out how e-bikes fit in with our ethos of promoting awareness of men's health and wellbeing and reducing social isolation as they aid those who still want to get out and about, but may have mobility issues. E-bikes help those people to get back in the saddle.

Glen states 'We are hoping to get some Sheddars out cycling. Those that may struggle to use an everyday bike or have health issues can now enjoy it again without the extra strain. So knowing this, we purchased an e-bike kit and converted a donated bike to a prototype e-Bike. Trials with the Sheddars proved successful so we applied for funding to convert six more. Four will be standard bikes, one will be a folding bike and one will be a trike, which will also be available on loan to a disabled group. The e-bikes will be loaned to Sheddars for free. They will also be building a solar charging station to assist with charging.

Sheddars meet every Saturday and Wednesday from 10am to 2pm and. From **Thursday 4 April** we will also meet in the evenings from 6pm to 9pm during the lighter nights. We offer members a free place to share tools, skills and resources.

The very latest news from the Shed was that we have been successful in becoming a Scottish OSCR registered charity with charith number SC049085. This could lead to further funding opportunities, better access to advice and, hopefully, a new home.

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Portmoak Film Society

www.portmoakfilmsociety.org.uk

A bumper audience of over 30 turned out to see the March film, 'Leave No Trace', awarding it 84% on our very own marble-based satisfaction gauge.

The film tells the slow-moving, beautifully crafted story of a father and teenage daughter living 'off-grid' in a vast public park in Oregon. The pair choose to live according to their own values and finding kindness in marginalised communities. This and nature's balm forming a welcome antidote to the stress and violence of life so often portrayed in modern America.

The last film for this season will be 'A Star is Born' showing on **Saturday 13 April** at Portmoak Village Hall, Scotlandwell. This is the third remake of the original film of 1937 and was showered with awards, deservedly so in this fan's opinion. Lady Gaga is an acting sensation as well as being musically highly-qualified for the role of up-and-coming star. The chemistry between her and Bradley Cooper as the ageing, addicted rockstar is immediate. Enjoy the rock soundtrack before it all ends in tears; come on, you know the story!

Please note that as we traditionally hold our AGM before the last film, **the evening starts at 7pm** so that we can carry out this short procedure prior to the film starting at 7.30 pm. We will also conduct our annual audience survey and hold a raffle, so come prepared to participate! Entry is £5 on the door or with your membership card. Hot drinks and refreshments are served after the film. Loyal fans and newcomers always welcome!

Kinross & District Inner Wheel

www.innerwheel.co.uk

Our monthly meeting was held on 11 March at Milnathort Golf Club. Following a very enjoyable meal we had an excellent and informative talk by Kate White on the Japanese Garden which is located near Dollar. The garden, inspired by Ella Christie of Cowden, following a tour of China, Hong Kong, Russia and Japan, was created in the early 1900s. She chose a female Japanese designer, the gifted Taki Handa, to create the seven acre site in the grounds of Cowden Castle. Sadly the garden lay dormant for many years – however, when the property came into the hands of Christie's great-great-niece, Sara Stewart, work began to restore it to its former glory. The work is still ongoing, and there are now over 20 acres of gardens and trails. Noting that this wonderful garden is on the doorstep members are planning to visit when it opens later in the season.

Our next meeting is on **Monday 8 April** at Milnathort Golf Club at 6.30pm when our speaker that evening will be Kit Gow talking about 'Women in Sport'.

For more information about Inner Wheel contact us by email at admin@innerwheel.co.uk or visit our website.

Portmoak Hall 100 Club

February Draw

1st	No 61	Anne Steven	Kinnesswood
2nd	No 39	Anne MacIntyre	Kinnesswood
3rd	No 59	Jane Turnbull	Scotlandwell



Kinross & District Rotary Club

www.ribi.org

Interact Club

There was a really healthy turn out for the Interact recruitment session on 7 March at Kinross High School. It's great to know that we'll have another strong club next school year. Meantime the current club had a tea party for local seniors which everyone enjoyed. Well done all! The club's next activity is running a P7 Disco for Kinross Primary on 22 March.

Euroscola Trip to Strasbourg

KHS student Rebecca Peedle had a fantastic trip to the European parliament from 27 January to 1 February. We look forward to hearing Rebecca talking about her experiences at the club on 1 April. This may be the last Euroscola trip, depending on what happens with Brexit!

Young Chef Competition – District Round

As the Rotary year progress our competitions move on to the District level, which takes in an area that stretches from the Forth to Shetland, and east coast to west, so we have competitors from far and wide. We were very pleased to be able to support Abigail Mann and her parents at this year's district final in Dundee. Abigail did very well on the day producing food of a very high standard and, although she didn't win, she did herself proud and gained valuable experience from the day.

Young Musician Competition – District Round

This year Kinross High School was the venue for the District level finals of the Young Musician competition. The District stretches from the Forth to Shetland, and east coast to west, so we had artists from far and wide. Our club was represented by Niamh Clark on violin and vocalist Euan Alexander who both performed extremely well. The competitions were won by Maya Christie sponsored by the Auchterarder club and Andrew Watson sponsored by the Monifieth club. They will now go on to the Regional competition which covers the north of England and Scotland.



Niamh performing on stage

Need Equipment for a Community Event?

Marquees, Gazebos, Chairs, Tables and more available to hire (or sometimes borrow).

Items are listed on www.kinross.cc at:

www.kinross.cc/equipment_hire/equipment.htm

If your community group has items it would be prepared to lend or hire out, please add them to the list.



Euan collecting his finalist certificate

Primary School Quiz

Our local heat took place on 21 March in the main auditorium of the campus. The winners of this enjoyable competition will be announced in the next Newsletter.

CHAS

The club will visit CHAS to get an update on the facilities at Rachel House. It has been several years since the club last visited and there have been many changes. This will be followed by a volunteer working group from the club helping out with a spring clean-up in the garden.

Recent Speakers

Iain Cormack (Finance Director) gave us a great talk about the Kinross Cashmere mill in Kinross, which is a brand of Dawson Forte Cashmere. The mill was previously owned by Todd and Duncan who ran it for over 150 years. During its lifespan the mill has consistently produced the highest quality cashmere yarn, and also a smaller amount of lambswool. Although business was strong for many years and it has constantly been an excellent employer, unfortunately a pension scheme deficit led to it being acquired in 2010 by a Chinese cashmere group. This change of ownership has been very positive for the company and it now principally supplies yarn for high end fashion companies like Chanel, Hermes, Vuitton and Dior.

The raw material for their cashmere comes from goats in the northern parts of China and from Mongolia. The goats have to live in areas where the climate is cold and the environment is inhospitable. Up to a point, the harder it is for the goats to find food, the finer the inner layer of their coats is, and it is from their innermost layer that cashmere is eventually spun. Iain brought samples of the three layer of coat and the differences between the coarse outer layers and the inner one was quite amazing.

These goats live in herds no bigger than 200, and they are only sheared once a year. The mill needs over 200 tonnes of the inner raw material a year to spin, so you can imagine that the number of goats needed to provide this material is huge and this creates a major logistical challenge.

At the other end of the spinning process the mill offers a product in 200 different colours, 20% of which change each year. Added to this, these high end fashion houses may demand a new unique colour to be produced for them in 24 hours! By working three shifts a day the 200 employees of the mill can meet these needs. Furthermore they can partner with weavers in the borders so that a trial garment can be produced the very same day. 40% of the yarn is bought by

continues over page...

Rotary Club continued...

UK customers, but impressively 40% is bought by Italian companies and the other 20% goes worldwide.

This speed of delivery, combined with consistency of their colours and the quality of the yarn, is what drives the firm's success. This is what differentiates them from their competitors around the world and as a town we can be very proud to have such a highly-rated business right here on our doorstep.

David Lawrie, who farms at Cuthill Towers, is now 27 and he has been a member of Young Farmers since he was age 14. He told us how the Young Farmers were spread from Orkney to Teviotdale and that they have a membership of over 3,500. They have a national office at Ingliston and they participate in many pursuits to help develop better farming, countrymen and citizenship. For example members get involved in stock judging, drama and fund raising for charities. They also associate themselves with many other organisations, notably the Royal Highland Agricultural Society, where they participate (as you may expect) in sheep shearing, tug of war and other fun pursuits.

The Young Farmers have recently returned from an exchange visit to Rwanda where they were able to share ideas with the locals to help them develop their own agricultural economy following the decolonisation of the country several years past. The genocide of the early 1990s left them in a situation where over 70% of their population is under age 30, and they are now trying to establish a stable democracy. On the positive side, thanks to their kind climate, they can often produce three crops per annum. A new crop they now have for export is coffee for Starbucks where they hope to bring in foreign revenue to help support the country's economy. Our Young Farmers are keen to encourage exchange visits and look forward to welcoming delegates from Rwanda.

Liz Whatmore is a retired local primary school teacher who gave us an inspirational talk about creativity in the classroom. Her teaching career has taken her all over the world but, later in life, Liz had what she referred to as a 'light bulb moment' and started film-making with primary school children aged from 7 to 11. It started with a competition to produce a four minute film and the result was a film entitled 'Wheels in Motion' for which she won an award. Fourteen films later, 'Granny Mac's Meringues' enjoyed a premiere showing in the Adam Smith Theatre in Kirkcaldy in 2012, before entry in a competition in London, where it won the first prize!

The benefit for the kids involved, apart from the obvious fun they had in producing the models, include such things as improved literacy and self-confidence as well as learning a whole host of new skills such as set design, computer technology, sound recording, character creation, brainstorming, team working, script writing and acting.

Liz was ably assisted in her presentation by son Charles and they finished by showing the winning film, 'Granny Mac's Meringues' which proved to be highly entertaining and well worth viewing. The theme is a visit by the Queen to an island in the Forth prior to a royal wedding, where she was to buy a hat for the wedding. Unfortunately, there was a mix-up and she returns from the island with a box of meringues instead of the hat box thus ending up wearing a hat made of meringues to the wedding! The film is on Youtube so do take a look; you'll be very impressed by what the primary children produced.



Liz Whatmore shows us the DVD of her film

Upcoming Speakers

- 1 April** Club AGM and Euroscola talk
- 8 April** Derek White from the Carnegie Trust UK
- 16 April** Breakfast meeting
- 22 April** No meeting (Easter Monday).
- 29 April** Connor McLeod of Kinross Flyball team 'Back n Forth'
- 6 May** Club Business meeting
- 13 May** Kenny Wiggins of Kinross company Span Access Solutions

To come and meet us please contact club secretary Brian Timms by email at secretary.kdrc@gmail.com. Also please check out our Facebook page at <https://www.facebook.com/kinrossrotaryclub/>

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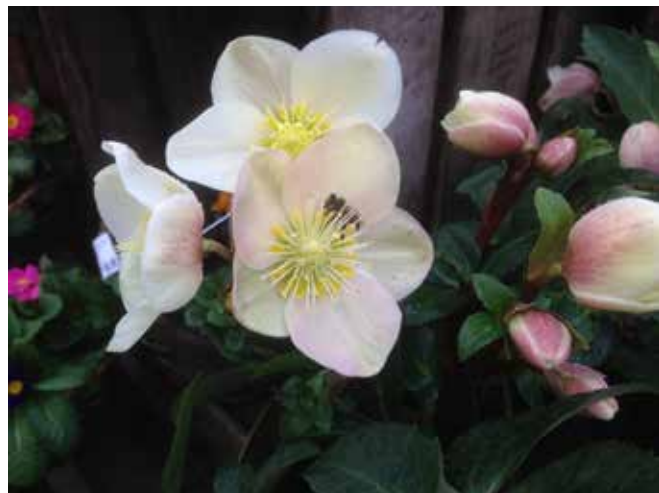
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Potager Garden

www.potagergardenkinross.com

With spring arriving, we are looking forward to another growing season at the garden. Our volunteer sessions will be starting again on Monday mornings from 10.30 to 12.30 so do come along for a cuppa and a chat. Two of our volunteers have additional support needs and visit with their support workers; they are very much part of the team now, and both want to have their own growing area this year.

Miss McNicoll's P5 class from Kinross Primary will also visit for the first time at the end of March, and then weekly during the summer term. They will learn about plants and grow vegetables and flowers with us.



A Hellebore (Christmas rose) with an early honey bee

We will also be helping Miss McNicoll, with pupils from the outdoor learning group and some community volunteers, to develop the Hayfield area next to the school. The aim is to create an outdoor learning space and an area to encourage wildlife. We've also had advice with this project from the Council Countryside warden, and the Tayside Biodiversity Officer. We will be exploring funding options to help with these developments. If you would like to be involved with this project, please contact Amanda (details below). The primary school are also planning to create an allotment area within the school grounds so that all pupils can be involved in growing edible plants.

For more information about our activities please contact Amanda James by email at amandajames1577@gmail.com or on 07963 476803.

Kinross Flower Club

www.kinrossfloralartclub.org

We have enjoyed two excellent demonstrations this year. At the end of February Christine McKenna gave us a very entertaining demonstration, doing five colourful but very different flower arrangements. In March Lesley Nelson gave us a wonderful demonstration entitled 'Glass of Water'.

Our next meeting is a coffee afternoon on **Thursday 25 April** at 1pm in Kinross Parish Church. Audrey Buchan will entertain us with five flower arrangements under the title of 'Festival Fun'. These will be raffled while we enjoy a cup of tea or coffee, sandwiches and home baking. We welcome both members and visitors.

Boys Brigade and Girls Association and Scouts



On 16 March the Anchor Section hosted the Battalion Anchor Craft Activity Day. A number of fun activities took place.

Juniors are preparing for the Battalion Festival of Activities which involves figure marching, singing and potted sports. This will take place at Bankfoot in May.

Both Juniors and Company Section members are preparing for the Battalion Chess Competition which will also take place in May. Juniors and Company Section members are also preparing for the Battalion Bible Quiz. This involves reading up on specific chapters of selected biblical books on which they will have to answer a number of questions in order to find the Battalion champions. The Kinross Juniors are the current holders of the Bible Quiz trophy.

Company Section members sent 2 teams to the Battalion midnight hike. This was hosted by the third Kinnoull Church Company on a cold, wet Friday evening. The teams faces various challenges on the slopes of Kinnoull Hill.

Company members are fine tuning their preparations for the Battalion Drill Competition which takes place on 29 March. Company Section summer camp will take place from 29 June to 6 July. The camp will be based at Jedburgh in the Scottish borders.

Marquee bookings are starting to come in for the coming season. Anyone wishing to hire a white 40 foot by 20 foot marquee should contact Company Captain David Munro on 01577 862126 for details. Each hire includes erection and dismantling at a cost of £200 per occasion.

Milnathort in Bloom



Our first meeting of the year (to plan activities for the season) took place in February. This year we hope to involve more individuals and businesses who may take the chance to sponsor a tub or contribute to our work. We were delighted to hear that we've been supported through Milnathort Community Council with a grant which will provide another bench at the Cross and another for Tillywhally Community Woodland. The benches at the Cross have proved very popular for people passing by and are a useful stopping point for those enjoying an ice cream on sunny days, so an additional bench is appreciated. We've had a great response to our Facebook request for more volunteers and it was lovely to meet them for a familiarisation session at our polytunnel. If you'd like to become involved with Milnathort in Bloom, we will be meeting on **Saturday 6 April** to pot up plug plants; the first major session of the season. Just get in touch via our Facebook page.

We are in the first stages of planning our community competition for this year after the success of last year's sunflower competition. Please keep an eye out for announcements both here and on Facebook.

We will also be raising much-needed funds for Milnathort in Bloom and will be doing a door drop and sending out letters to local businesses. As a volunteer organisation, we rely on the generosity of the local community, so please help if you can.

Portmoak Community Woodland

www.portmoakcw.org.uk

Which is the best time in an orchard? Most people would say autumn when, in a good year, the fruit is ripe. However late winter and early spring are also good, when the trees are still dormant and the woodland group carry out the annual ritual of trimming and pruning. It's a bit like spring cleaning; cutting off the dead and decaying wood and deciding how best to shape the trees to keep them strong and productive. Well, productive as long as the weather is kind.



The pruning team – loppers at the ready!

Portmoak Community Orchard has had two stunning harvests in a row. Like everyone with fruit trees in Kinross, we had more apples last year than we knew what to do with. As usual, this year we pruned at the beginning of March but had a slight panic when we discovered that some of the trees were showing unseasonably early signs of life. We took advice and pruned anyway so fingers crossed for another terrific crop. Andrew Lear, aka 'appletreeman', is already standing by for another public 'Apple Day' on 22 September.

However, you don't have to wait until then to visit the orchard. It's on one of the routes up to the Bishop Hill, in the Field Abin the Kirk, Scotlandwell. Do take a look at some of the changes we've made since last year. The grass should

soon be established in the new play area and the old sign, which tells readers all about the orchard, has been beautifully refurbished thanks to a member of our group, Stuart Garvie, of Scotlandwell Frames.

If you've got your diary out please note that we're also having another of our popular 'Dawn Chorus' walks. It'll be on **Saturday 4 May at 4am**, meeting at the Scotlandwell entrance to Portmoak Moss. Scott Paterson, the Perth and Kinross County Bird Recorder, will lead it. If you'd like to be there contact Stuart Garvie (him again) on 01592840825 or 07788142909. Numbers are limited so don't hang about. Please note that even though it's May it's best to wear very warm clothes, including gloves, hats and scarves. It can be pretty cold at that time of day. This is a free event but there'll be a collection tin in case anyone wants to make a donation. Meanwhile if you're walking through the Moss at weekends you may spot a few folk pulling out wee saplings. It's our ongoing effort to prevent the raised peat bog from reverting to woodland and please feel free to join us.

Open meetings, as always, continue to be at 7.30pm on the third Tuesday of the month in the Well Inn, Scotlandwell.



The old information board has been beautifully refurbished

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Kinnesswood in Bloom

Anyone passing Benarty View will have noticed large stones dug up on a recent work party, particularly by John. We hope to use some of these in our gardens. Rumours of an extension to Hadrian's Wall are unfounded.

By now you should be able to see the lovely art work designed by the Portmoak Cubs as part of the 'Year of Young People'. It was created by Auchtermuchty blacksmith Jim Shears and painted by the cubs.

The grand opening of Benarty View will be on **Saturday 22 June** as part of the Portmoak Festival. We won't give away all the ideas for the event but hope loads of folk will come along to the opening of the garden and inauguration of Tom Buchan's bench.

We had a lovely night out at the Boathouse in February, joined by Paths Group members and crafting ladies. The new owners coped very well and a good night out was had by all. The Quiz and Curry night took place on 30 March. A full report will be in next month's newsletter but, as usual, we are very grateful to Raymond and Marion for being quizmaster and assistant.



Signs of spring

We have decided to enter the TAPIP and Beautiful Scotland competitions again, as well as taking part in the Well Kept Village event run by the Civic Trust.

We decided to take part in a spring clean litter pick this year. The villages of Portmoak and Kinnesswood and their adjoining roads are mostly kept litter free with much credit going to our local litter picker who is out every day with litter picker and bag in hand and dogs in tow. There are other litter heroes in the parish. With that in mind, in April we are tackling Burleigh Sands which is a litter hot spot. Before and after pictures will follow.

We now have a programme for work parties which is available on our Facebook page and on the noticeboard at the picture garden.

The next meeting is at 7.30am on **Thursday 4 April** at the Well Inn. All are welcome.

Sending photographs to the Newsletter

Contributors, if sending a photograph to the Newsletter, please send as a JPEG file and not embedded in a word document. Thank you.

Recipe

supplied by Kinnesswood in Bloom

Wendy's Cheesecake

Two of our members recently joined a small group from the Portmoak Ladies Badminton to visit former player Wendy in Ireland. As well as playing badminton we enjoyed great hospitality and tasted a memorable cooked cheesecake.

Ingredients

500g of full fat cream cheese at room temperature
700ml sour cream
300g sugar
6 large eggs
2 tsp vanilla or almond extract
200g digestive biscuit crumbs (put in a bag and roll to produce crumbs)
60g sugar
70ml melted butter or margarine

Method

For the base: Melt butter or margarine. Combine with biscuit crumbs and sugar, mixing well. Firmly press crumb mixture evenly over bottom and just a little way up the sides of the tin.

For the filling: In a mixer, or using a hand mixer, beat the cream cheese with the sour cream until well blended and smooth. Add sugar slowly and beat until completely smooth, then add the eggs one at a time. Do not over beat once eggs have been added. Then add vanilla extract. Pour into prepared tin but only fill to 2cm short of top of pan. If you have too much make an extra small one and reduce cooking time for it.

Baking: Use a large cake tin with a loose base (25-28cm diameter). Preheat oven to 160-180°C depending on your oven. Bake at 180°C for one hour. It should not be brown. Turn off heat and leave in oven with door closed for one more hour. Cover and refrigerate for at two to six hours before serving. It is best served at room temperature.

You can put a small pan of hot water into the bottom of the oven while baking, which usually eliminates the cracking. You can use cherries or other favourite fruit as a topping. It's also good plain.

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Loch Leven Community Library

Loch Leven Community Campus, Muirs, Kinross
Tel: 01577 867205 E: lochlevenlibrary@culturepk.org.uk
www.culturepk.org.uk

Opening Times

Mon*	10am-1pm
Tue, Wed & Thu	10am-8pm
Fri	10am-6pm
Sat*	10am-3pm

*Mon 10am-1pm & Sat 1-3pm. Limited service, run by volunteers.



The library will be closed for Easter on 19, 20 and 22 April.

Regular Sessions for Young Children

No need to book, just come along:

- **Bookbug Rhymetimes** Sat 10.30-11am. Wed 2-2.30pm.
- **Pre-school Story Time** Tues 10.15-10.45am.

Parents, grandparents or guardians and toddlers will be made most welcome at these free sessions.

- **Stay and Play** Wed 2.30-3.30pm Sat 11am-12.

Pop into the library where you can meet other parents, have a coffee, chat, read a magazine or just relax while your child plays. Toys provided. Family-friendly. These sessions are suitable for pre-school children and their parents or guardians.

Book Groups at the Library

We currently have three book groups for adults running at Loch Leven Community Library.

Crime: Once a month on a Tuesday, 6.45-7.45pm.

General: Once a month on a Friday 10.30-11.30am.

Cafe: Once a month on a Saturday 11.15am.

Next meeting: **Sat 6 April.**

Please contact the Library for the other book group dates.

Book Group for Children:

Chatterbooks. For children aged 7-11. On the first Friday of each month. Next meeting 5 April 4-5pm. New members welcome. Please contact the library to book a place.

Code Club: Code Club gives children aged 7-11 years an opportunity to learn to code. The project introduces coding concepts to allow children to build their knowledge incrementally. Every Thursday 4-5pm. New members welcome. Please contact the library to book a place.

IT Help Sessions

Free sessions – booking essential. Monthly on a Thursday 2pm onwards. Next session 18 April.

Coffee and Crochet

Fancy coming along to a crochet club? Chat, enjoy coffee and share hints and tips while working on your project. Weekly on Thursdays at 10am. Come along and join this small friendly group. Please note although help will be given this is not a teaching class for beginners.

Creative Writing Group

Always wanted to try your hand at creative writing? Come along, its free, interesting and supportive to budding writers. Next meeting Tuesday 30 April 6-7.45 pm.

Upcoming Events

Evening Talk: World War 1: The Aftermath. **10 April**, 7.15pm. Tickets £5 available from the library or online.

www.culturepk.org.uk/whats-on

They survived the war but what happened to the British soldiers after they returned home from the Western Front? Join us for an evening talk at Loch Leven Community Library with retired Lieutenant Colonel Andy Middlemiss. Andy will be looking at the social, political and economic fallout in Britain in the aftermath of the First World War.

Easter Fun – Booking essential. £2 per child.

Wed 3 April. Early Years Easter fun activities, suitable approx. 3-5yrs. Session starts 2.45pm.

Friday 12 April. Easter Fun activities. Suitable for 5-9 yrs. Session starts 11am.

Foodbank: The library is now a foodbank collection point for 'Broke not Broken'.

Free WiFi & Computer use for library guests and members.

Dog waste bags available.

Kitchen waste caddies available.

More information on all Library, Museum and Art gallery events at: **www.culturepk.org.uk/whats-on**

Kinross 50-Plus Club

The monthly meeting is on **Thursday 14 March** when we have our AGM and annual lunch.



Away Days

11 April Walled Garden and St Andrews

25 April Carlton Hill, Edinburgh

The bus leaves the Green Hotel at 9.15am.

Contact Mrs P Crawford, 01577 862962

Friday Walkers

5 April Aberdour to St Bride's Kirk and return

19 April St Andrews along Lade Braes to Craigtoun Park and return

All walks continue to leave from the Green Hotel. Contact Ian Simpson, 01577 863691.

Friday Hillwalkers

12 April Falkirk Wheel Carolyn 9am

Contact Pauline Watson, 01577 862685

Activities

L.U.S.T. The slimmers meet each Thursday, 9.30am to 10.30am, in the Millbridge Hall. Contact Norma Anderson, 01577 863548.

Line Dancing every Tuesday and Friday at 10.30am in the Millbridge Hall. Contact Betty Fergus, 01577 866961.

Keep Fit class meets every Monday at 2pm in the Masonic Hall. Contact Val Oswald, 01577 864020.

Craft Group meets Wednesday at 2pm in Millbridge Hall. Contact Elizabeth Smith, 01577 861387.

Fly Tyers meet each Monday in Millbridge Hall. Contact Alastair Ford, 01577 861722.

Carpet Bowls meet Monday at 2pm in Millbridge Hall. Contact Helen Duncan, 01577 863248.

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Kinross & Ochil Walking Group

(Affiliated to Ramblers Scotland)

Hopefully, spring has arrived with daffodils, bluebells, trees coming into leaf and longer days. This is the perfect time to come out walking with us. Explore new places, improve your mental and physical fitness and meet people. Whether you're new or returning to walking, or a regular walker, try out a walk or two to see if you'd like to join our friendly and relaxed group. You will be made very welcome. We operate car-sharing but it is not essential to have a car.

WEEKEND WALKS (We would particularly welcome new weekend walkers).

Sunday 7 April: Norman's Law, 4 miles

A short level stretch followed by ascending farm track between fields, then grass, rock & heather with fairly short but stiff climb to the summit and panoramic views over Tayside and Fife.

Saturday 20 April: Culross – Valleyfield, 8 miles

Using part of the John Muir Way and heading inland to Valleyfield Woodland Park, part of an old, historic estate.

In case it turns cold and wet, you do need appropriate clothing, including boots/strong shoes and waterproofs. Bring water, a packed lunch and a hot drink.

For further details of where to meet us, or for general enquiries, please call our Group Secretary, Ann Eve, on 01577 863887

TUESDAY SHORT WALKS

For those who are new to walking or want a shorter walk, come and join us on our Tuesday morning walks. These are usually a maximum of 4 miles, 1½-2 hours, followed by a sociable visit to a coffee shop/farm shop/pub for refreshments. We would be delighted to welcome anyone who would like to try walking with us.

Tuesday 2 April: Cambus High Road & Low Road Circular

Walk up to village of Tullibody, along top of Braehead golf course, down Alloa Pleasure Grounds to the low road. Then along paths and tracks to return. Good views of Ochils and River Forth. Small sections of road walking.

Tuesday 16 April: Jamesfield to Abernethy

A linear, level walk with open panoramic views over countryside and the River Tay.

Tuesday 30 April: Townhill Loch & Mining Heritage Park

A circular walk taking in Townhill Loch, bridleways, the Mining Heritage Park and woodland.

For further details of where to meet us, or for general enquiries, please contact Edna Burnett on 01577 862977.

The Kinross-shire Civic Trust

Helping protect, conserve and provide a better built and natural environment

www.kinross-shirecivictrust.org

Find us on Facebook



Annual Dinner

The Trust held an enjoyable annual dinner at the Grouse and Claret in February. After the dinner, Peter Nurick of the V&A Dundee gave a fascinating talk, supported by excellent photographs, about the history of the dock area, where the V&A is. He described how the architect Kengo Kuma created the design to reflect the cliffs along the eastern coast of Scotland and then the amazing substructure which supports the exterior precast concrete panels. The interior space is created to allow areas to enable the display and exploration of the many elements of Dundee and its surrounds.

Peter's main interest is to reach out to the schools and other areas around Dundee to use the museum for the betterment of their education. We wish the V&A success in this project. The Trust is planning a visit to the museum later in the year.

Annual General Meeting

We are very pleased to invite you to the Annual General Meeting of the Kinross-shire Civic Trust which will take place at Cleish Hall on Wednesday 24 April 2019 at 7.30pm. The AGM will be followed by refreshments and a talk by Kate White, Head Gardener at Cowden Japanese Gardens. Kate will be talking about the restored Cowden Japanese Gardens. The original Japanese Gardens were created in 1903, but sadly vandalised in the 1960s. However, they have now been beautifully restored to their original state. We are planning a visit to the gardens at the end of May or the beginning of June, a date to be confirmed shortly. Annual subscriptions of £10 will be welcome on the night.

Well-Kept County Competitions

At the beginning of April we will be sending out entry forms for the 2019 competitions, this year to be held in September. We have been following up all possible contacts with a view to encouraging them to take part and would be very pleased to hear from anyone living in a community which has not yet taken part.

David Hill (Chair, Awards Committee), 43 High Street, Kinross. Email drhmarshbrook@gmail.com.

Light Up Kinross

Light up Kinross is a local charity. We hope you enjoyed the Christmas Lights display for 2018. We extended the display from the Muirs Inn to Broom Road.



This will be the maximum amount of lights that we can install due to the ever increasing cost of erection. We urgently need more people to help with the organising of the lights and fundraising events.

If you feel you can help in any way please come along to our AGM in the Millbridge Hall at 7.30pm on **25 April**, or contact us through our Facebook page, or contact any committee member.

We are one of the local Co-op charities this year. You can support us when shopping in the Co-op. Please nominate us as your local charity.

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www.kleo.org.uk



Kinross Farmers' markets

The markets will start again in April with the first market on **Saturday 27 April from 10am-2pm** on the High Street of Kinross.

The following market dates will be on **every fourth Saturday of the month** from April to October (apart from the July market; there will not be a market that month). The dates are: 27 April, 25 May, 22 June, 24 August, 28 September and 26 October from 10am-2pm.

As before, the High Street will be closed from the entrance at Burns Begg Street to the entrance at Montgomery Street.

Extra cash/funding available for local community groups

KLEO is looking for community groups or local sports clubs who can help out at one of our markets setting up/dismantling the market stalls. We also need someone who can deliver the market equipment with the KLEO trailer to the market site on Kinross High Street. We can pay a local group £200 for their assistance at each of our markets. Last year we had a different group helping out each time and that worked out very well. We need a local group(s) who can provide 7 to 8 helpers for any of the dates above from 7.30am-9am (setting up stalls) and the breakdown of the equipment after the market from 2pm-3pm. We also need a driver (with a clean driving licence) and car with tow bar to tow the KLEO trailer with market equipment from Fruix Farm to the market site on Kinross High Street (and back after the event).

If you are interested in this opportunity please contact Bouwien Bennet by e-mail at bouwien@kleo.org.uk.

Kinross Kacophony Orchestra

We are an orchestra for adults who like to play their instruments in a group with conductor Dougie Flower. All abilities are welcome but it is handy if you can read music. Please don't worry if you haven't played for a while, we are a very friendly and informal bunch. After the Easter holidays we start again on **Wednesday 17 April** and this block runs until **Wednesday 12 June** when we have our performance



showcasing all the tunes we have been working on. Sessions are from 7.15pm to 9.15pm at Loch Leven Community Campus. The weekly fee is £5. If you are interested please e-mail bouwien@kleo.org.uk.

Leven Voices

In March Leven Voices had a wonderful performance with tutor Emma Neck. We raised £125.10 for the Cycling Without Age project. Well done to Leven Voices and those who came out on a stormy night to hear us sing!



*Leven Voices hand over a cheque to Cycling Without Age
Photo by Brenda Frier*

We are a fun, informal, drop-in singing group which you can join at anytime. No music reading or singing experience is necessary, just come along, sing and enjoy!

After the Easter holidays we start again with Horsecross Arts tutor Heather Macleod on **Tuesday 16 April** and this block runs until **Tuesday 18 June** at 7.30pm at Kinross Parish Church. You pay as you go (£4 or £3 concession). There is a £6 'registration fee' which is used to pay for the hall for a ten week period. Just come along, sing and enjoy!

For more information about KLEO events go to our website.

Circle Dancing

Circle dancing in Kinross... have you heard people talking about it? Are you now wondering what they are raving about? Would you like to try it for yourself? If you have answered 'yes' to any of these questions then now is the time to find out the answers. We meet every Tuesday morning from 10.30am until 12.30pm in the Millbridge Hall, and again on a Wednesday morning for a shorter one-hour session starting at 10am in the dance studio in Junction Road. You can be assured of a very warm welcome. If you would like any further information please feel free to contact Lynne on 01259 742173 or email lynne244@btinternet.com.

Contributors – please send your item well before the deadline if you can

Kinross Garden Group

We had an extremely interesting and witty talk by Andrew Thomson of Backhouse Rossie Estate. He gave us some insights into the construction and running of an estate with a large garden open to visitors, as well as the Quaker Garden Trail. The next meeting is on 11 April 2019 at 2pm in the Millbridge Hall, Kinross. Julia Cordon of The Explorers' Garden, Pitlochry will talk about 'Chile, Patagonia and The Falklands – their plants and birds'. This talk is sponsored by 'The Scottish Rock Garden Club'. Membership fees are £10 for the year and £2 for visitors. If you are new to Kinross-shire and interested in meeting fellow garden enthusiasts you will be made very welcome. Doors will be open from 1.30pm. For more details contact Caroline Anderson on 01577 864589.



Kinross High School

Chinese New Year Celebrations

As the world welcomes the Year of the Pig, various celebration events were held at Loch Leven Community Campus. As one of the Confucius Institutes' Scottish hubs, Kinross High School aims to promote the Chinese language and culture both to pupils and the wider community.

Over the past few weeks, our Mandarin teachers have been working hard to decorate the campus and work collaboratively with other colleagues in the school to organise a variety of activities including China Cultural Experience, S1 Jiaozi Wrapping, Chinese New Year Lunchtime Workshops and Chinese Lantern Riddles.

Two information boards were displayed in the 'street' to introduce how Chinese people celebrate New Year with traditions such as hanging couplets and banners, giving red envelopes and eating dumplings, or eating Jiaozi which are the most famous festive food for Chinese New Year. Working with the Home Economics department, our Mandarin teachers have offered this experience to all current S1 pupils, who are also learning the Chinese language one period every week.

We also held lunchtime workshops which covered a range of activities from Chinese papercutting to ink painting with a brush pen. In keeping with tradition, Mr Chen's classroom was decorated with beautiful lanterns which had riddles tied to the bottom of them. Whilst pupils enjoyed solving them, staff might have been left a little puzzled!



Paper lanterns decorate a tree

Planning a Community Event?

Check the Diary on www.kinross.cc to ensure that your event won't clash with another.

List your event as soon as you can to help others with their planning. Contact the website administrator by email: admin@kinross.cc

Business Updates

S3 Business pupils recently had the opportunity to make and sell their own products to KHS staff and pupils. Each 'business' sourced their own raw materials and turned them into finished goods, including hair scrunchies, lip balms and candles. The event was very successful and most of the groups made a profit which was then donated to a charity of their choice.

Similarly, as part of the 'Real Life Business Day' our Higher Business pupils spent the day in the Business Education department gaining invaluable insight into real life business situations. Pupils had the opportunity to work with business people from CHAS, Mighty Missions, Social Bite and Heart and Soul Therapies.

Trauma Teddies

Thanks to everyone who got involved in the knitted teddy project. We managed to knit a whopping 85 teddy bears which have been distributed to children who have experienced a trauma. Our bears have been divided and donated to Police Scotland, the paediatric unit at Victoria Hospital and the Church of Scotland's Africa Appeal.

Special thanks go to Mrs Hay, Mrs Hynds, Aimee (S5) and Holly (S5) for their hard work and generous contributions! The fantastic teddies will provide comfort to many children!



Trauma teddies

A Sporting Chance

Our volleyball teams were amongst more than 200 high schools pupils who competed in the National Volleyball Festival in Grangemouth. With over 40 teams taking part, both the girls' and boys' teams enjoyed a successful day. The boys' team won all four of their matches in the morning defeating Queensferry High 17 to 7. They then defeated Stewart Academy by a narrow margin and comfortably beat Kyle Academy II 15-10. Their final match against Kyle Academy I landed the team a silver medal! Following impressive games from both sides, the teams were invited to compete in the Scottish Volleyball Cup.

In addition, some of our pupils (Ella, Nicole, Kirstin and Becky) recently competed in the Under 16s Scottish Cup as part of the Perth Phoenix Girls Basketball team and won! Not only that, but they also won the title of U16 Division 1 Scottish Champions for the second year in a row. The girls and their

continues over page...

Kinross High School continued...

team train very hard and hope to inspire other girls in the Perth and Kinross area to take up the sport.

Following a spate of impressive wins, S4 pupil Jack has been named the Young Male Sports Person of the Year at the Perth



Jack with fellow winner Cerys, sponsor Alison Wilson and guest speaker Eilidh Doyle

and Kinross Sports Awards. Former pupil and Olympian Eilidh Doyle gave an inspiring speech at the event which was sure to have left a lasting impression on all aspiring athletes. Congratulations to Jack and everyone else whose sterling efforts were recognised on the night.

Sky's the Limit

For the past two years, the Build-a-Plane project has been leading up to this memorable moment. Taking off from Fife Airport near Glenrothes, one of our S5 pupils had the opportunity to take to the skies in the Eurofox plane. This impressive feat saw pupils putting the knowledge and skills they have learned in their STEM (science, technology, engineering and maths) subjects to good use.

Looking to the future, the group have been thinking about how they can carry on using their skills with some even looking at a career in aviation! Special thanks go to AeroSpace Kinross, Mr McShane and the rest of the team for making this possible. Well done to all involved!

Coming Up

Bringing a touch of mishegoss to the campus, Fiddler on the Roof hits the stage from **18 to 20 June**. Shows start at 7pm in the assembly hall and tickets can be purchased (£6 adults and £4 concession) via ParentPay or by visiting the campus.

Kinross-shire Historical Society

The Klondike Goldrush, by Dr Martin Hepworth



'Gold Fever' gripped the Yukon in the northwest of Canada, for three years from 1896-1899. The Yukon has a larger area than California but even today has a population of only 35,000, most living in the few towns. The area is cut through by the Arctic Circle and in winter, which lasts 8 months, temperatures can drop to -50C. It is quite warm in summer but unpleasant with black flies so thick in the air they are inhaled and cause choking.

The first big gold strike was made in 1896 by a prospector in a tributary of the River Klondike. He found alluvial gold. This is a sign that there will be more gold that has sunk through the silt and gravel layers under the river, down to the bedrock.

In 1896 there were 1200 people living in Circle City and a million dollars was made in that year. There were saloons, dance halls, theatres and a music hall. Those who wanted to make the 20-day journey to Dawson City could buy a sled-dog here. It took until Christmas 1896 for news of the gold to reach Dawson City.

In the summer of 1897, Dawson City was a tent city with thousands of people. There were problems with the food supply due to the short growing season. Huge amounts of money were made by a Harry Ash with his tent saloon but £30,000 was made on the first night of his log-built saloon. The world still didn't know about the gold.

In July, 5000 people waited in San Francisco for the arrival of the *Excelsior*, bringing prospectors from the Klondike, with gold in bags too heavy to carry alone. Two days later another boat was due in Seattle carrying more prospectors. Klondike fever took hold and everyone wanted to go. Even the Mayor of Seattle resigned and planned to go to the Klondike.

Over 10,000 people, mainly men, set off on overcrowded boats, many from breakers' yards. Shops were set up to sell specialised gold prospecting clothes, food and equipment. It took weeks on the Pacific to reach the mouth of the Yukon

and then it was 1700 miles up to Dawson. If you left after 1st August there was no way of reaching the goldfields. As many as 2500 people were stranded by ice in the Yukon.

Difficulties on the various routes included mile-high glaciers, the threat of avalanches or river rapids which wrecked the boats. A total of 766 men, 9 women and 4000 horses set off to travel 1500 miles over land from Edmonton. Only 160 men and no women or horses arrived two years later.

Mounties ruled the area and allowed the miners rifles to shoot game. They insisted on the miners having a year's supply of food (meaning they had to make around 40 trips on the trail to carry it all) but turned a blind eye to local prostitution.

In June 1898, two years after the first gold was found, the population of Dawson was 30,000. Huge food shortages resulted in 200-dozen eggs being sold in one hour. Thousands arrived too late and had to go back. They tried to sell their equipment but no one needed it.

Big business moved in to the gold fields, sending buckets on a chain down to the bedrock and filtering gold from gravel and silt. A steam boiler thawed these layers to clear them away.

Only a few became rich and stayed rich after their time gold-prospecting, but many made the achievement of a lifetime by going to the Klondike. We are left with the literary legacy of Jack London, who spent time in the goldfields and Robert Service, an employee of a Scottish bank who emigrated to Canada, ended up in Dawson and became a successful poet. Dr Hepworth finished his talk by reading some of this poetry. Robin Webster gave the vote of thanks for a brilliant talk, a fascinating beautifully illustrated journey back in time.

Visiting Kinross-shire?

For information on Eating Out, Parks and Gardens, Historic Buildings and more, visit

www.visitlochleven.org

Sports News

Volleyball

The Perth and Kinross District Volleyball League has now finished for the season; a season which has been mainly transitional for the local teams. In the Premier League there are a number of new faces and the bulk of the team are now under 20. It has been quite a challenge for the youngsters to find their feet at this level but it will stand them in good stead for the future.

In the recreational league we have seen a larger number of youngsters playing in the Kinross Mongrels' side and the Kinross BB team. No league titles this season but nevertheless the foundations have been laid for future success.

The indoor season has now finished and, after the school Easter break, free outdoor 'come and play' sessions will start. These will be held on Monday evenings from 7-8.30pm (weather permitting) on the grass area to the rear of the campus. These sessions are open to all ages with newcomers welcome.



The Kinross High boys' volleyball team

The outdoor sessions will help prepare the Kinross teams for two outdoor tournaments over the coming months. The first of these is Perth's Scottish Open Volleyball Tournament at the North Inch on the **25 and 26 May**. This tournament is the largest volleyball tournament in the UK. It attracts over

100 teams from around Europe competing in seven levels of competition. The second outdoor tournament is a favourite of the Kinross Club when we travel to De Haan in Belgium in mid-August.

Kinross High School pupils from S1, 2 and 3 participated in Scottish Volleyball's National Volleyball Festival at Grangemouth Sports Centre on Tuesday 5 March. Over 200 pupils in 40 teams played on 10 courts in what must be the biggest and best junior volleyball experience this year.

All pupils had a very busy day playing four qualifying matches in the morning before the sections were re-drawn for four more matches in the afternoon.

The Kinross boys' team won all four of their matches in the morning round of games which saw them qualify for the 'champions' league' in the afternoon. Their opening fixture in the afternoon was against old rivals Queensferry High School with the result going in the Kinross boys' favour 17-7. They then faced a stiffer challenge against Stewarton Academy but eased ahead to win 12-11 at the final whistle. Their penultimate match was against Kyle Academy II which they won 15-10 to set up a nail biting final against the only other undefeated boys' team, Kyle Academy I. The Kyle Academy boys had narrowly defeated the Kinross boys in the Scottish Cup final two years ago so the scene was set for an exciting finish to the day. However, it wasn't to be for the Kinross lads as they lost out 8-14 for Kyle to take the gold medal position leaving them with silver.

The Kinross High School teams will also be competing in Scottish Volleyball Schools' National Cup competition at Glasgow's Kelvin Hall.

A European Volleyball Federation Schools' initiative is already underway in Kinross-shire Primary Schools with Scottish Volleyball's Ben Pipes (former GB men's Olympic team captain) delivering introductory coaching sessions for senior primary pupils over the next couple of months. This is backed up by equipment and support materials for the schools. The coaching sessions will culminate in a local volleyball festival at Loch Leven Community Campus on **Friday 10 May**. Thereafter the primary pupils will be invited to attend weekly coaching and games sessions at the campus on Wednesdays from 5 to 6pm until the end of the summer term.

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Basketball

Five local girls have recently had some great success in the world of basketball!

Ella Doherty, Nicole Doherty, Kirstin Fotheringham, Holly McIntyre and Becky Jackson are all part of the Perth Phoenix girls basketball team which recently won the under 16 Scottish Cup. They also won the title of U16 Division 1 Scottish Champions for the second year in a row, remaining unbeaten for the whole season.

The girls and their team train very hard and hope to inspire other girls in the Perth and Kinross area to take up basketball. All of them started off at Kinross Cavaliers Basketball Club before playing for Perth Phoenix.



Members of the Perth Phoenix girls basketball team

Loch Leven Diamonds

Emma Fletcher, Brooke Cadger and Grace Bland, along with Billie Mackie performed at Perform in Perth on Saturday 9 March at Glenearn Campus. All the girls scored high in their sections with Billie winning the 6-8 years section. The team was second in the Junior Team section. Lochleven Diamonds meet on a Wednesday night at 6pm in Loch Leven Campus, new girls are always welcome. Contact Morag on 07730 255869 or find us on Facebook.



Loch Leven Diamonds at Perform in Perth

Kinross Ladies Hockey Club

www.kinrosshockey.org

Our firsts continue the season with a backlog of fixtures to be played. In the last few weeks they have played six games; winning one, drawing two and losing three. However, these results have still kept them mid table and, with three games left this season, there is still the possibility of finishing higher up the league.

Excellent news; our seconds are through to the semi-finals of the Midland Knock Out Cup, to be played at Kinross on **Saturday 6 April**. They will face a tough opponent in either Wanderers or St Andrews University II but, with the home advantage, we wish them every success in reaching the finals! In the league, however, our seconds have had a more challenging time with a win and two losses since last month. Currently they sit in sixth place with three more games to play. With everybody keen to stay up in division one next year, the key challenge is to win all three remaining games and keep away from the relegation zone.

A couple of dates for diaries: firstly our AGM is to be held on **Wednesday 17 April** at 7pm in the Rugby Club. Secondly, it is almost the time for our annual dinner. This year it is being held in the Rugby Club on **Friday 26 April**. All members are invited to both so please confirm your attendance to the dinner if you have not already done so.



Fossoway Tennis Club

We are a family friendly club (nothing too serious) based in Crook of Devon welcoming new members of all abilities. We have internal competitions for all ages including coaching for younger children. Have a look at our Facebook page or come along on a Thursday evening from 6.30pm to speak to a member. Individual and family memberships available. Coaching sessions will be provided and are open to all members, both children and adults. Contact Gerry on 07549 553063 or email fossowaytennis@hotmail.co.uk



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Need to check something in an old Newsletter?

Consult our electronic archive at

www.kinrossnewsletter.org

Issues from September 2006 to two months ago available

Kinross Road Runners

<http://kinrossroadrunners.weebly.com>. With the imminent 'clocks forward' at the end of March we move to our summer schedule for the months ahead. This year's schedule is a mix of old and new training sessions and, as always, we extend an invitation to any newcomers who'd like to join us. There's nothing quite like a run, in beautiful countryside on a gorgeous spring day and it is even better with friends or in a group.

Our training sessions fit all abilities and involve a variety of running activities. We have interval or repetition sessions to improve your running speed, evening trail runs of up to five or six miles to help with strength and stamina and longer slower runs to develop endurance. Whether you're new to running or looking to improve or just wanting to keep fit and active through the summer – there will be something for everyone. We're not all about road running. In addition to our usual summer Wednesday evening trail routes we also have an off-road championship series for members. The series kicked off at the start of March at the Bishop Hill race – a tough short, sharp hill race involving the ascent of Munduff hill (by the smaller of the two local oversize 'golf balls') from Scotlandwell and back again. It may only be 3.5km but it certainly felt longer! The first road

running event in our club championship series takes us to Clackmannanshire at the end of March for the Alloa half marathon where they can expect over 2000 participants!

At KRR HQ plans are well underway for the first of our own club hosted races – the Loch Leven half marathon – being held on **11 May** with the race selling out in record time this year.

interval type sessions with a programme designed to improve your running speed whilst Wednesday evenings are

mainly group trail runs, excellent for developing strength and socialising at the same time. We also have fortnightly sessions on a Thursday evening where we do additional speed or endurance



KRR at Bishop Hill race in Scotlandwell

Club training for April is outlined below. We meet for all sessions at the health centre opposite the campus. For Tuesdays and Thursdays meet at 7pm and for Wednesdays a little earlier at 6.45pm to car-share to the start of the run. Tuesday nights will focus on shorter

sessions. We meet up for an informal Sunday morning run every week at 9am at the health centre car park for either a trail or hill run at a very leisurely pace. Check our Facebook page or website for further information.

KRR Programme for April

Tuesday 2	2 mile time trial
Wednesday 3	Heritage trail run
Thursday 4	Parlaufs @ FCP
Tuesday 9	Hills – reps
Wednesday 10	Lochore Meadows
Tuesday 16	Blairadam
Wednesday 17	90 second intervals
Thursday 18	5 mile timed run
Tuesday 23	Pyramid reps
Wednesday 24	KGv Diagonals
Tuesday 30	FCP Pyramid rep

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Images of Kinross-shire

Photographs can be downloaded free of charge from the www.kinross.cc

Photo Library

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.

Orwell Bowling Club

Bowling Green Avenue, Milnathort

Tel: 01577 865538

orwellbowlingclub.weebly.com



The opening of the green will be on **Saturday 13 April** at 1.30pm for a 2pm start. A warm welcome is extended to all members and potential members. Let's hope we have a good turnout and good weather to kick off the season. Our opening game is in aid of the Blind Bowlers so please bring a raffle prize. Raffle prizes are much appreciated during the season as well.

Members who are entering the competitions are reminded that their fees must be paid by **Tuesday 30 April**. There is no increase in the fees this year; full membership is £85, social membership £30 and juniors £10. We hope that as many members as possible, and anyone who is interested in bowling, comes along. New bowlers to the game will only pay half price for the first year after they have completed five free coaching sessions. If anyone would like more information about the club and bowling please check out our website, Facebook page or contact one of our officials or a club member.

Our office bearers elected at the AGM are as follows: President, Jim Whittet; Vice President, Mike Thorn; Secretary, Sandra Fullerton; Treasurer, Jim Whittet; Match Secretary, Maz Thorn.

We were still active during the winter months with our weekly Tuesday night whist and seniors afternoon on a Thursday. We also held three quiz nights, five bingo teas and a successful social evening in December entertained by Bobby Hunter. A huge thank you goes to everyone who organised these activities and to all who attended. Please check our website and Facebook for information on any forthcoming events.

Kinross Golf Club

www.kinrossgolfclub.co.uk

Charity Quiz Night

This will take place on **Saturday 27 April** at 7pm for a 7.30pm start. Teams of four with an entry fee of £20 per team. Yes folks, it's that time of the year again when Kenny and Tom invite you to pit your wits at the annual Golf Club Charity Quiz. The club needs your help to raise funds for the winning team's registered charity of choice. Last year's winners were Les Quizerables and a total of £426 was donated to the Kinross Day Centre. To maximise our fundraising, the half-time raffle needs your input. Participants are requested to bring along a donation for the raffle. Unwanted Christmas presents for recycling will be gratefully accepted. So, there you have it; a fun night to be had and all in a good cause! We look forward to seeing you all on the night. Entry money to be paid on arrival. Food will be available but must be pre-booked.

The date for the 2019 Kinross Mixed Open is **Sunday 12 May**. The format is Greensomes and the entry fee is £14 per couple. To enter you can download an application form from the website golfempire.co.uk or email office@kinrossgolfclub.co.uk.

An annual social membership is available to non-golfers for £30. This offers access to the clubhouse facilities, including Sky Sports, all social events and a discount on food and drink. Call in to the clubhouse for more information about golf or social membership, follow Kinross Golf Club on Facebook and Twitter, or check out our website.

Kinross Rugby Club

Minis Section



March has been a busy month for the young rugby players of Kinross-shire. The month started with matches on a blustery Sunday up in Dundee, with the players from Primary 3 to Primary 7 facing up to Dundee Eagles and Stirling County. Despite the biting cold, the players showed great determination to put their winter training into practice and had a brilliant morning.

The following week, the weather gods were not in our favour but, undeterred, our hardy parents fought their way up a very snowy M90 to Perth so that their even harder offspring could take on the youngsters of Perthshire, Currie and Madras. Again, the Kinross-shire boys and girls rose to the challenge; many tackles were made, many tries were scored, and many smiles could be seen behind all the mud that ensued!



Some very muddy P6s!

April is a quieter month due to school holidays. However, at the end of April tournament season begins. The Glenrothes tournament is on **Sunday 21 April** swiftly followed by a trip to Livingston on **Sunday 28 April**. Let's hope that there are more smiles (and maybe a medal or two).

Minis rugby is for boys **and** girls, age 5 and above, in primary 1 to 7. We train on Saturday mornings from 10.30am at King George V Park, behind the Muirs Inn. No previous experience needed. Please contact us by email at kinrossrugby.juniors@gmail.com or on 07740589647 for more information.



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Kinross-shire Cricket Club

Junior Indoor Wee Stramash Awards

The annual indoor Wee Stramash tournament has been progressing for the hard ball group over the winter. The final match on 4 March provided the last figures for the awards. All players improved over the winter and look forward to a strong fixtures list starting in May.

Individual award winners were as follows: Highest Individual batting score, Angus Forbes, 43 runs; Tournament batter, Fraser Gallagher, 99 runs; Most 4's, Fraser Gallagher and Andrew Hynd, 7 each; Most 6's, Calum Porter, 3; Best individual bowling figures in an innings, Archie Sutherland, 6 wickets for 25 runs; Tournament bowler, Fraser Gallagher and Fraser Darrah, 9 wickets; Most catches, Freya McColl, 4; Most run-outs, Joe Bentall and Fraser Darrah, 3 each; Tournament fielder, Freya McColl, 6 dismissals; Player of the tournament, Fraser Gallagher, 99 runs, 9 wickets and 5 fielding dismissals; Merit Awards, Blair Gallagher, Naomi Clark, Duncan Kay and Jamie Stewart.

Senior Indoor League

The league, which runs over the winter at Bell's Sport Centre, came to its conclusion on 14 March. Our team did not have the strongest ever season, winning only one match. However, we did have great fun and it gave us the opportunity to field the widest range of players for any of the teams. We also took the opportunity to liven the proceedings up by playing in summer beach wear for most of the games. Bermuda shorts, Hawaiian shirts, sun hats and sand shoes were the order of the day! Had there been a 'best dressed' award, we would have walked home with it!

Natwest Cricketforce Weekend

The club will be involved in this event again this year. Club volunteers and friends will be carrying out the pre-season repairs and upgrades between 5 and 7 April as part of the



UK wide event. This year the pavilion will be painted, inside and out, improvements made to the scorer's box, all kit and equipment will be tidied up and there will be wicket preparation and grounds maintenance. By entering the event the club could win prizes including a new batting cage, wicket covers or a bowling machine.

2019 Outdoor Season

The junior season starts back at the ground from 6.30pm on **Monday 29 April**. Senior training will commence from **Wednesday 17 April** and the team travel will travel to Forfar for a pre-season game against Strathmore. At time of printing, the league had still to issue the 2019 season fixtures which will be printed in next month's *Newsletter*.

We are always keen to welcome new players of any age or ability. Full details of the 2019 season can be found on the club Facebook and website.



Senior Indoor League – Beach Wear Cricketers!

JAMES A. SCOTT
SLATERS & PLASTERERS

 4 Maree Place, Kinross
Telephone 07734 906241 

Grate Building, Tiling etc.

Fossoway Curling Club

As the season reaches its climax, one player is standing head and shoulders above the rest. Jimmy Johnson has won The Reid Cup and is leading the club championship with Alan Paterson one point behind. Congratulations also go to Jimmy for winning The Grand Masters along with Sandy Nelson (skip) and Jimmy Taylor of Kinross Curling Club and Alan Barr of Dunfermline Curling Club. With only a few weeks to go, things are building up to an exciting finish.

Fossoway are a small and friendly, mixed curling club based in Crook of Devon although our members come from far and wide. We play throughout the season mostly at Kinross with a few games in Perth. We are always looking for new members (beginners and experienced) who will find a warm welcome awaiting. Coaching is available. Contact Alan on 01577 840695 or Willie on 01577 840405 for details.



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www.kinross.cc

Kinross Netball Club

Adults

We are a group of ladies with ages ranging between the ages of 18 to 60 years! We are a mixture of abilities from new to netball, not played since school, to those who want to play competitive netball. Our sessions are on Friday nights at in the large sports hall at the community campus and cost £4 per session.

Our members are affiliated to netball with either a Bounce Bank to Netball (BBN) membership or a full membership.

From time to time, our BBN members play friendly matches against other BBN teams and also enter the BBN tournaments that are usually held twice a year.

Our league team play most Sundays in the CENA league in Edinburgh.

We have a BBN friendly with Linlithgow coming up on **Friday 5 April**. We are also going to be helping out the Cycling club by doing car park duty at their sportive towards the end of the month.

Our league team will have their last game on **Sunday 28 April**. We're hoping that we can finish the season undefeated and move into division 4.

If you would like to get back into netball or give netball a go, please feel free to come to one of our sessions or get in touch via Facebook or by email at kinrossnetball@hotmail.com.

Under 13s

Kinross U13s train on a Friday night from 6-7pm in the large games hall at the community campus. We took a team of our P7s to play a friendly with Bridge of Earn and were delighted to come away with a win.



Our younger players are due to play them later in March. We also took a team to Airdrie for a wee tournament. Watch this space to find out how that went. For Mothers' Day we've challenged our mum's to come along and play us for our last session of the term so we can show them what we've learnt so far.



Kinross under 13s

We've got quite a few friendlies and tournaments coming up over the next couple of months. This will allow us to put into practice what we've been learning and see how we fare against other teams. If you are interested in joining our U13's please contact Kim Kilgour on 07833 914289.

Kinross Tennis Club

www.kinrosstennisclub.org.uk

The shops are full of Easter eggs, spring is in the air and the eagle-eyed amongst you will have noticed some action at the club. However, it hasn't been the normal type of action; play has been disrupted whilst the new courts are being laid. Work started early March and has been a little hampered by weather. So, as we go to press, it appears that we will be starting the season before the courts are painted (we won't look as pretty as usual but we will be operational) and very soon we will be vibrantly Wimbledon and hoping to hit some winners! Thank you to Kinross Community Council Newsletter Ltd and the Arthur and Margaret Thomson Trust for their support towards this project.

First up for the season is the junior **Easter camp on 8-12 April**. This is an opportunity for five consecutive days of tennis and to really hone those skills and have fun. Minis (age 4 to 7) daily from 9 to 10.30am. Juniors (age 8 upwards) daily from 10.30 to 12.30pm. Bookings and enquiries to coach Daniel Reed by email at dartennis@gmx.co.uk.

Next up is our **Open Day on Saturday 13 April**. Come down and join us, chat tennis over a cuppa and find out what's on offer. You can also renew memberships and get geared up for the season. There will be a full plan of court action starting early with taster sessions. Sessions will include 'Tennis for Tots' with Siobhan and junior and adult coaching with Daniel. There will also be the LTA Quorn Family Cup competition which is open to doubles pairings of a parent/guardian with a child under the age of 10. Spaces are limited. Entries for the competition by email please to kinrosstennisclub.org.uk



[gmail.com](mailto:kinrosstennisclub.org.uk). Further information on our Open Day will be issued shortly and posted on our website and Facebook pages.

Summer term junior coaching starts on **Tuesday 16 April** running for 11 weeks **until Tuesday 25 June**. Bookings are being taken now. Please contact coach Daniel Reed by email at dartennis@gmx.co.uk.

Tennis for Tots sessions with Siobhan will resume outdoors in early May. There will also be new family beginner/rusty racket sessions on Saturday mornings for 6 to 10 years old with parents. Further information from Siobhan at kinrosstennisclub.org.uk

We have lots of other great sessions in the pipeline including adult coaching, rusty rackets, miss hits, cardio tennis and she rallies. There's lots to choose from. Please do get in touch if you have an interest in any form of coaching and we will try to meet your needs.

Numbers at the adult club sessions will start to increase as the weather warms up. Come down and join us at the following times: Wednesdays 6.30pm, Thursdays 1.30pm and Sundays 10.30am.

League matches will also start towards the end of April and we'll report on the first few results next month. We are always in need of players for the leagues. None of us are Andy Murray so don't be put off if you fancy giving it a go. The leagues are competitive but also good fun.

As ever, new members are welcome and enquiries can be made to kinrosstennisclub.org.uk. Visitors are also welcome. Keys are available from Sands the Ironmongers for a small fee.

CLEISH – Cleish SWI held the March meeting at Heart and Soul Holistic Centre in Kinross. The meeting started on a sad note with a minute's silence for a member who passed away earlier in the day. After a time of meditation some members enjoyed various massage treatments. We all had a welcome cup of tea. President Helen then thanked Zoe and her staff for a very informative and enjoyable evening.

KINROSS – The SWI Kinross Group Meeting was held on Saturday 9 March at 2pm in Muckhart Hall. It was hosted by the ladies of Muckhart SWI. Christina Sutherland, President of Muckhart SWI gave a warm welcome and Jessica Munro, Kinross Group President, chaired the business meeting. Afterwards, Cleish SWI, Carnbo SWI, Milnathort SWI and Glenfarg SWI entertained us with a 15-minute radio play in competition for the Ramage Dawson Trophy. A lovely tea was served with time for networking. Our judges, Anne Kemp and Helen Mitchell from Perth Drama Club deliberated and announced Glenfarg as the winners. Carnbo were runners up. Rosemary Hudson (Carnbo) won best individual performance. The next meeting is on Saturday 2 November in Muckhart Hall at 2pm with Powmill as hosts and The Rock Choir as our entertainment.

CARNBO – President Jay Hutchison welcomed members and a guest to the March meeting. Carnbo came runners up, winning the Erskine Trophy, in the 15-minute radio play competition for the Ramage Dawson Trophy at the recent group meeting. Rosemary Hudson won the Jessie Smith Memorial Salver for best individual performer. After business, Margo Wills from The Royal Scottish Agricultural Benevolent Institution gave a talk and presentation on the work of the Charity supporting people emotionally, practically and financially in times of need in Scottish Agriculture. Rosemary Hudson gave the vote of thanks. Jay presented Margo with a donation to the charity.

Flower of the month	Dorothy Hutton
Favourite Candle Holder	Linda Band

The next meeting is on 15 April at Carnbo Hall at 7.15pm. All welcome.

POWMILL – President Fiona Buchanan welcomed members to the march meeting where she introduced Hannah Adam, a member of West Fife Young Farmers club who had recently been on an exchange trip to Montana, USA. Hannah successfully completed the interview process and was able to go Montana. The exchange involved a 4H rally and staying with three families for about eight weeks. She showed us lots of lovely photos of the places she had visited, the wildlife and local mining history. She brought various items for a 'show and tell' and some gem stones that she had mined herself. Wilma Sim gave the vote of thanks and a lovely tea was served by Anne McKay and Alison Stirling.

Flask of chilli	Tricia Greer
Photo of mountains	Tricia Greer
Garden gem	Mary Wilson

BLAIRINGONE – Blairingone Women's Institute were treated to a wonderful example of how 30 volunteers from Kelty and District Loving Hands Group made a difference to a wide group of people with needs. They support Edinburgh Direct Aid and Dundee Refugee Support Centre by providing warm items for refugees in camps across Eastern Europe and the Middle East. They make hats, scarves and gloves for the Blythswood Care Shoe Box appeal. Woolly hats for the crews of ships coming from warm countries and docking in Scotland – cotton shoulder bags for patients with intravenous drivers and drainage bottles to help them keep mobile. These are donated to various surgical wards throughout Scotland. To help dementia and confused patients they knit twiddle muffs and aprons and from old duvet covers. They make heart-shaped pillows for those patients who have had lumpectomy or mastectomy operations. For premature babies they make special clothes and blankets and also provide bedding and toys for animal shelters and the Scottish SPCA. The list is endless and our rural members were very impressed with the variety of articles they made to support so many different organisations.

They are appealing for help to enable them to continue with this valuable work and any old duvet covers, wool, cotton material, old jackets, shoes – in fact anything at all would be valuable in supporting Loving Hands. The talk was given by Kate and Mary who can be contacted on 07730 619351 or at mary.sneddon@btinternet.com. A vote of thanks was given by Joyce Petrie.

Knitted Hat

Joyce Petrie

MILNATHORT – Milnathort SWI met on 21 February in the Town Hall. Jean Paterson, President, welcomed everyone, minutes were read and various items and event dates were mentioned. Jean then introduced Mr David Millar, who gave us a very interesting insight into his local postcard collection, telling us the history of postcards from 1870 when they were sold in the Post Office blank on both sides, until 1897 when pictures were introduced. It was amazing how many of the local roads and villages were still recognisable on some of the older cards. Jean thanked him for an enjoyable evening.

Photograph of Winter Scene	Cathie Cochrane
Gingerbread	Vi Todd
Flower of the Month	May Paterson

Milnathort SWI will be holding a fundraising evening on Thursday 18 April 2019 at 7pm in the Town Hall, Milnathort. There will be entertainment with 'Rural Blend', a sales table, raffle and refreshments. Entry fee will be £5. Visitors welcome.

Do you have

Photographs of Kinross-shire

you'd be happy to share with others?

Visit www.kinross.cc to find out how to add your photos to the Photo Library. The aim of the library is to provide a resource for promoting Kinross-shire.

Out & About

RSPB Loch Leven

facebook.com/RSPBTaysideFife

www.rspb.org.uk/lochleven

Telephone: 01577 862355



Spring has sprung into action this month at Loch Leven with blooming daffodils and wildflowers surrounding the visitor centre. Great tits, blue tits, chaffinch, goldfinch, long tailed tits, and bullfinch have been spotted busily flitting in and out of the trees in search of nesting material. These birds can often be spotted scavenging moss and insects from the visitor centre roof.

The breeding season brings with it a joyous cacophony of sound as you walk about the wildlife garden and leafy loop at Loch Leven, each bird determined to sing the loudest. The cheeky robin is a favourite to watch during this time of year. They are often spotted locked together in a highly dramatic battle oblivious to all except the fight before them.

The warden team will soon begin work monitoring and counting the number of lapwing nests on the reserve. This will allow us to compare the number of nests built, to the number of eggs laid, to the number of eggs that hatch. This is done by inserting a data logger (that looks a bit like a golf tee) into the base of the nest to record temperature. We

know that when the nest goes cold it has failed, and if the nest fails at night it is likely to be the result of a nocturnal predator. If the nest fails during the day, we know it is likely to be from either an avian predator, or a cattle's misplaced foot! We can use this information to see what the cause of the problems may be, and then make management decisions from this data.



Lapwing chicks

We have some exciting events coming up at Loch Leven including our **Easter curlew trail** that will run from **8-21 April**. Follow the Easter themed trail around the beautiful woodlands to find some wildlife, solve the puzzle and

win a tasty treat. No booking required, simply drop in anytime between 10am-4pm. £2 per sheet.

We also have two **dawn chorus walks** on **Sunday 28 April and Sunday 5 May** with a 6am start. Wake up to a cacophony of sound this spring and discover the dawn chorus. Perfect for the wildlife enthusiast wanting to learn more about bird song. To book please visit our Eventbrite page at rspblochleven.eventbrite.com.

School bookings have begun! If you are a parent, teacher or outdoor learning coordinator get your kids outside to experience a nature reserve springing into life. We offer a range of curriculum linked programmes that will allow your class to learn about life-cycles, adaptations and food chains of minibeasts, plants and birds. You can choose from a selection of half or full-day sessions that will get your class exploring the natural world with exciting hands-on activities. We are taking bookings now for spring and summer. Find more details at rspb.org.uk/lochlevenschoolvisits.

Loch Leven NNR



What a month of weather it's been with a temperature difference from as low as -4 to +15 within a few short weeks. We've had snow and storms too. There are still a few signs of spring here. The great-crested grebes are displaying all around the loch. The best place to see this is at the pier.

The short spell of warm weather meant I could start moth-trapping earlier than usual. I trapped two pale brindled beauties on the first night. These moths are a recent colonist to the area. I've only been trapping them in the last couple of years. The females are flightless, and these moths are a lot more frequent in the west. I am regularly asked what I do with the moths I trap. I assure everyone they are all released unharmed, away from the next trapping area. Putting pins through moths and keeping them in a collection is thankfully something largely confined to the past.

Not too many birds to report but barn and short-eared owls have been seen around the loch. There have been up to four little egrets feeding on small fish in the ditches.

'Trout in the classroom' was a great success again this year with good feedback from the teachers who reported the vast majority of their eggs hatching. Kinross School released their fry into the burn at South Queich and in Fossoway into the Gairney at Cleish. We are now looking forward to stage three where we return to the burns with our electro-fishing kit to see what stage our released fish are at.

Access along the track near the big house is likely to be disrupted until 7 April while the contractors remove the last of the trees from the shoreline. This area will then be planted with native trees much like we have done further along the trail.

The fishing has started again at Loch Leven. There have been boats going out earlier this season trying for pike and some big fish over 20lbs have been caught. It's amazing the size of the fish that are hidden under the water. The brown trout season has started and even though the weather conditions were not good at all fish have been caught. Keep updated by visiting the Loch Leven Fisheries blog.

Please keep an eye on our blog, too. We've been a bit slow keeping it updated recently but we're getting back in the groove. We've also recently taken ownership of the Loch Leven NNR Facebook page. We will try to update this several times a week.

With the days getting longer, there are more opportunities to enjoy the outdoors.

TTFN

Jeremy Squire (Reserve Officer)

Farming

The lengthening hours of daylight are really making a difference now, and by the time you read this the clocks will have moved into 'summertime' mode. We even have some daffodils flowering although they have just had a bit of a shock with a covering of snow, reminding us that although summer may be just around the corner, winter could still deliver a nasty bite. It has been an exceptionally kind winter to date, with grass holding its colour almost continually and producing fresh green shoots to keep the sheep nibbling. The grass reduces their dependency on feed stocks which are generally in quite short supply.

Autumn sown cereals are looking very well across the countryside and farmers have been able to apply some fertiliser to feed their growth in the mild temperatures of February. It leaves us in a quandary about how much to spread on the crops. If they are not fed enough then some of the shoots will die off, particularly in winter barley. We have to consider that March and April could be as cold as last year (although surely not) which would quickly thwart the desire of the plants to grow, and

so the fertiliser could be lost. There are different types of fertiliser which work better in colder conditions and stay in the soil longer but don't like warmer temperatures. Decisions, decisions. The great challenge of farming is to make the most of what Mother Nature dangles you while at the same time keeping some protection handy when she turns around with her big stick.



Conditions here at Backward farm have been very pleasant. The fields are as dry as it is possible for them to be in winter time. March has brought a fair bit of the 'wet stuff' to balance things out but hopefully April won't

be a wash out (or white out). We will have started lambing by the time you are reading this, so we have moved the cows out of the lambing shed to clean it out in preparation for bringing the ewes in. The ewes have been slurping away at their specially formulated pre-lambing mineral and vitamin licks for the past few weeks and I have just started giving them some concentrated feed from the 'buffet car'. The ones expecting twins and triplets have had access to some clover rich silage since they were pregnancy scanned to supplement the grass.

Our scanning percentage was a bit disappointing, with more ewes than hoped for only expecting one lamb, but these lambs will grow fast as they don't have to share their mother's milk with a sibling and the ewe won't eat as much bought-in feed. I think the ewes were in too good condition going into the breeding season which affected their fertility. And so, the cycle of life begins again. Lambs are synonymous with the onset of spring but course we have some calves too and I think there might be some piglets running amok as well.

John

Gardens to visit in April

The days are getting longer and spring bulbs are beginning to burst into life. It is a well-known fact that gardening and visiting gardens are good for your mental health and relaxation. There are some lovely privately owned gardens opening in the area for you to enjoy this month.

By arrangement:

Eastbank Cottage, Perth Road, Abernethy PH2 9LR Mikestuartthompson@hotmail.com 01738 850539

Hollytree Lodge, Muckhart, Dollar, FK14 7JW elizwyatt@aol.com 0797 337 4687

Lindores House, By Newburgh KY14 6JD Mr & Mrs Turcan 01337 840369

Kirklands, Saline KY12 9TS gill@i-comment360.com 01383 852737 www.kirklandshouseandgarden.co.uk

Fife Spring Garden Trail (weekdays 16 April-3 May) This is a treat for any garden lover, and is a unique opportunity to visit some of Fife's most spectacular privately owned gardens. See Scotland's Gardens website for full info.

www.scotlandsgardens.org



Local Attraction Opening Times Lochleven Castle, Castle Island, Kinross

Located on an island in beautiful Loch Leven, this is one of Scotland's oldest castles, probably built in the early 1300s.

Mary, Queen of Scots spent a traumatic year in captivity here, when she miscarried twins and was forced to abdicate. She dramatically escaped in 1568.

The property is reached by boat, operated by Historic Scotland and departing from the fishery pier (Pier Road, KY13 8UF) where there is parking and a Historic Scotland shop and ticket office.

Due to limited capacity, it is recommended that all visits are booked in advance. This can be done online at www.historicenvironment.scot/lochleven-castle or via the local ticket office. Phone 01577 862670 for further information.

Access times for 2019

26 March to 30 September: Daily, 10am to last outward sailing at 4.15pm.

1-31 October: Daily, 10am to last outward sailing at 3.15pm.

Admission prices: Adult £7.50, Child £4.50, Conc £6. HS members free.



Kinross-shire Churches Together



Kinross Parish Church of Scotland

*Following Christ | Spreading the Word
Serving the Community*



10 Station Road, Kinross KY13 8TG (Charity no SC012555)
Church website: www.kinrossparishchurch.org
Facebook: www.facebook.com/kinrossparishchurch.org
Church E-mail: office@kinrossparishchurch.org
Church office and church open: Mon-Fri 10am-12 noon.
Church Office: Tel. (01577) 862570
Contact the church office if you are interested in leasing rooms in the church or church centre.
Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952
Ordained Local Minister:
Rev Margaret Michie Tel: (01592) 840602
Session Clerk: Jaffrey Weir Tel: (01577) 865780

Events listed below are in the church unless indicated otherwise.

Regular Services and Events

Sundays: 10.30am: Morning Service with Crèche. Junior Church (age 3 to P7) and 'Jam Pact' (Secondary Age) meet at church centre from 10.15am, finish at church.

7.30pm: 'Crossfire' (S1 upwards) in church centre.

Tuesdays: 10am: Pram Service during term time.

Wednesdays: 10.45am Service, Church Centre.
1.30pm: Craft Group.

Fridays: The Brigade, church centre.

Anchor Section 6-7.15pm, Junior Section 7-9pm,
Company Section 8-10pm (Contact: David Munro 862126).

Saturdays: 10am-12noon 'Coffee Stop', Church Centre. Coffee, cakes and book sale most Saturdays.

Other Events and Services

April

Tue 2 2.30pm: Service at Whyte Court.
4pm: Service at The Sycamores.
7.15pm: Guild, church centre: 'Care Inspectorate'.
Thu 4 7.30pm: Thursday Group, church centre:
'Kinross Aero Space'.
Sun 7 10.30am: Morning Service, followed by informal
Communion.
5.30pm: Lent Study.
Mon 8 8am: Silent Meditation.
Thu 10 7pm: All Friends Together.
Sat 13 8.30am: Prayer Breakfast (names in advance to
church office).

Holy Week and Easter: see separate notice for other
services organised by Kinross-shire Churches.
Together not in Kinross Parish Church.

Mon 15 – Fri 19 9am and 9pm: Holy Week Reflections.

Thu 18 9pm: late evening service of Compline.

Sun 21: Easter Sunday

7.30am: United Easter Morning Service at Kirkgate
Park (Kinross-shire Churches Together).
10.30am: Easter Sunday Service.
6.30pm: United 'Songs of Praise for Easter'.
(Kinross-shire Churches Together).

Sun 28 10.30am: Morning Service.

2.15pm: Cheese Roll and a Chat.

6.30pm: Informal evening service: 'Easter Stories'.

Tue 30 2.30pm: Service at Causeway Court.

Looking ahead to May

Wed 1 7pm: Abaana New Life Choir.

Cleish Parish Church Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Neil Maclure

Email: neil.maclure19@gmail.com Tel: 01577 864826

Please visit our website: www.cleishchurch.org



Sunday Services 11.15am

April

Sun 7 11.15am **Morning Worship** followed by
refreshments. Traidcraft Stall.

Wed 10 2pm **Cleish Guild 'Daffodil Tea'** in
Cleish Village Hall.

Sun 14 11.15am **Palm Sunday Morning Worship***.

Thu 18 7.30pm **Maundy Thursday Sacrament of Holy
Communion.**

Sun 21 11.15am **Easter Sunday Morning Worship***.

Sun 28 11.15am **Morning Worship***.

* Please note that refreshments will be served in the Young
Room after Morning Worship. All welcome.

Cleish Church Fete will be held this year on **Saturday 11 May**,
from 1pm. There will be the usual stalls, refreshments and a
barbecue, a display of classic cars and a music recital in the
Church.

Loch Leven Church

Loch Leven Church meets
at Loch Leven Community
Campus, from 3pm-4.30pm
each Sunday.



Loch
Leven
Church

Forthcoming services

7 April Church service with communion

14 April Palm Sunday service

21 April Easter Sunday service

Everyone is warmly welcome and there are separate activities
for children during the service. To find out more about us,
please visit www.lochlevenchurch.com.

Kinross-shire Churches Together Holy Week and Easter



The following joint ecumenical services are
offered during Holy Week in April, organised by Kinross-
shire Churches Together. All welcome.

Monday 15, 7pm: St James' Roman Catholic Church – **The
Stations of the Cross.**

Thursday 18, 7.30pm: Cleish Parish Church – **Maundy
Thursday Service**, including Holy Communion.

Good Friday 19: 1-3pm: St Paul's Episcopal Church –
multimedia **Reflections on the Crucifixion**. Please come
and go at any time as you please.

7.30pm: Orwell Church – **Good Friday Service.**

Sunday 21: 7.30am: **Early Morning Easter Service**, at the
far end of Kirkgate Park.

6.30pm: Kinross Parish Church – **Easter Songs of Praise.**

Orwell and Portmoak Parish Church

Church of Scotland (Charity number SC015523)

Minister - Very Rev Dr Angus Morrison

Telephone: 01577 863461

Email: angusmorrison3@gmail.com

Website: www.orwellportmoakchurch.org.uk

Sunday Worship, Junior Church and crèche:

10am Portmoak Church,

11.30am Orwell Church.

All children welcome. Crèche available during the services.

Please note that joint services will be held on the first Sunday of each month in alternate churches at 10.30am.

Prayer Meeting held 30 mins before each service.

Service at Ashley House: first Thursday of the month at 2.30pm.

Morning Prayers at 9am

Each Thursday at Portmoak Church New Room.

Each Friday at Orwell Church.

Messy Church in Orwell Hall on 27 April from 4 to 6pm.

Dates and events for your diary

- 7 Apr** Joint All-age Service in Orwell Church at 10.30am.
No morning service at Portmoak Church.
- 9 Apr** Culdees Celtic Service in Portmoak New Room at 10.30am.
- 14 Apr** Palm Sunday services in both churches at normal times.
- 19 Apr** Good Friday service in Orwell Church at 7.30pm.
- 21 Apr** Easter services in both churches at normal times.
- 26 Apr** Oasis Ladies Group meets in Portmoak New Room from 10.15am to 11.45am. Fun with Flowers.
- 30 Apr** Culdees Celtic Service in Portmoak New Room at 10.30am.

Everyone welcome!

Church office & shop open Mon – Fri. 10am-2pm.

29 South Street, Milnathort KY13 9XA.

Christian cards, gifts, bibles and books for sale. Printing and copying facilities available. Recycling for ink toners, stamps & batteries. Donations of food can be made for the local Foodbank.

Contact the Office 01577 861200
orwellandportmoakchurch@gmail.com

Fossway, St Serf's & Devonside Church

Church of Scotland (Charity number SC013157)

Church Road, Crook of Devon, Kinross-shire, KY13 0UY

www.fosswaychurch.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassicsoul@aol.com

Our church is a very warm and welcoming place situated in the Crook of Devon, a small village about six miles from Kinross. Come and join us, we would love to meet you.

We have prayer time every Sunday before worship, 9.15-9.30am.

All are welcome.

Sunday Services at 9.45am. All are welcome.

April

- Sun 7** 9.15-9.30am A Time for Prayer.
9.45am Morning Worship followed by refreshments.
- Sun 14** 9.15-9.30am A Time for Prayer.
9.45am Palm Sunday Morning Worship.
- Sun 21** 9.15-9.30am A Time for Prayer.
9.45am Easter Sunday Morning Worship.
- Sun 28** 9.15-9.30am A Time for Prayer.
9.45am Morning Worship.

Café Refresh

Thursday afternoons, 2-4pm. Join us for a friendly blether with delicious home baking, tea and coffee. All are welcome.

House Group

The House Group meets on Wednesday evenings 7.30pm till approx 9pm. All are welcome. For more details please phone Debbie Hill 01577 842268.

Film Evening

7.30pm-9.30pm in the Church Hall.

On Friday 5 April we will be showing *The Children Act* (12). As her marriage crumbles, a judge, Emma Thomson, must decide a case involving a teenage boy who is refusing a blood transfusion on religious principles.

Please join us for the film, a cuppa and a blether and even some popcorn.

Trinity Church

A new Church ... A new Beginning.

Trinity Church is a **MISSION OUTREACH** of the **UNITED FREE CHURCH OF SCOTLAND**, led by **REVEREND JEROME O'BRIEN**.

Crook of Devon, Station Road, KY13 0PG

www.trinity-church.co.uk

Sauchie & Fishcross United Free Church of Scotland, Scottish Charity No. SC009740.

Sunday Service

We meet every Sunday at the Crook of Devon Village Hall.

The service starts at 10.30am for teas and coffees, with the gathering to worship God commencing at 11am.

After the service, there will be refreshments and conversation. For more information about who we are and what we do, visit our website.



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St Paul's Scottish Episcopal Church

(Part of the Worldwide Anglican Communion)

Muir, Kinross, KY13 8AY Telephone: 01577 864299

Email: office@stpaulskinross51.plus.com

Website: www.stpauls-kinross.co.uk

Fr David Mackenzie Mills, Rector. Telephone: 01577 863795

Email: frdavidkinross@gmail.com

You can also find us on Facebook

www.facebook.com/stpaulsepiscopalchurchkinross

St Paul's is inclusive, friendly and welcoming to all age groups (whether regular churchgoers or if you're simply inquisitive about who we are and what we do.)

We are excited about the ways in which God is calling us to grow as a community, for the community. *(The Rector is now licensed by the Registrar's Office to conduct same sex marriages at St Paul's).* Our aim is to express our deep appreciation of both the spoken and sacramental Word with a lightness of touch and a smile.

Children are equally welcome to stay in church during the service or go to the Meeting Room for Sunday School and everyone is particularly invited to stay together during our monthly 'Whole Church' services.

We predominantly use the 1982 Liturgy on Sunday mornings but create experimental devotion for special events throughout the year. If you would like to give us a try, we look forward to meeting and greeting you and hope that you might enjoy becoming part of this faithful family of Christ.

Mondays and Wednesdays 8am Morning Prayer (said quietly in the warmth of the Meeting Room!)

1st Mondays 10am Pastoral Care group (Side chapel)

Tuesdays 11am Informal Holy Communion (Church Office).

Thursdays 10am Thursday Morning discussion group (usually in the Meeting Room). 3.30-4.30pm Rector's Hour. An opportunity to drop in and speak to the Rector in the Church Office.

Forthcoming Services and Events - all welcome

April

Sun 7 PASSION SUNDAY

8.30am Holy Communion.

11am Sung Eucharist.

4pm Evensong with hymns.

Sun 14 PALM SUNDAY

8.30am Holy Communion and reading of the Passion according to St Luke.

11am Sung Eucharist and dramatic reading of the Passion according to St Luke.

2pm Kinross Walk of Witness for Palm Sunday.

Thu 18 MAUNDY THURSDAY

(11am Diocesan Chrism Mass – St Ninian's Cathedral, Perth)

7.30pm Sung Eucharist, including the washing of feet, stripping the altar and the Watch.

Fri 19 GOOD FRIDAY

9am Liturgy of the Cross.

1pm-3pm Soul Space installation on the Crucifixion: Love and Life laid down including images, music and words of reflection. *(Come and go as you like)*

Sat 20 HOLY SATURDAY

9pm The Easter Vigil with renewal of baptismal promises, joyful ringing of bells and the first Sung Eucharist of Easter.

Sun 21 EASTER SUNDAY

8.30am Holy Communion.

11am Family Sung Eucharist and Easter egg hunt.

Sun 28 Easter 2

8.30am Holy Communion.

11am Sung Eucharist.

St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

www.catholickinross.com Email: Fr.MartinPletts@gmail.com

facebook.com/parishpriestkinross/

facebook.com/stjamesprayergroup/

Regular Services

Mon 7pm Holy Mass preceded by Confessions and Prayer Group at 8pm in the church hall.

Tue 10am Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).

Wed 10am Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am). Teas/Coffees after Mass, in the church hall.

Thu 10am Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).

Fri 10am Holy Mass preceded by Morning Prayer and Confessions (9.30-9.50am).

3pm Divine Mercy Devotions.

Sat 10-10.30am Adoration of the Blessed Sacrament and Confessions (first Saturday of every month Holy Mass at 10am).

6pm Vigil Mass.

Sun 9.30am Mass (teas/coffees after Mass in church hall).

Confessions also on request.

Prayer Group meets on a Monday, 8pm-10pm, in the church hall and is open to all.

Children's Catechism class meets every Monday during term time, 3.45pm-4.30pm in the church hall.

The weekly newsletter, Mass times, news and updates or changes can be found on our website.

Kinross Christian Fellowship

Jesus said, 'I am among you as one who serves.'

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross.

Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Bible-based preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

Everyone is welcome to either service or to both, so please come and, *taste and see that the LORD is good.*

Contact Peter on 01577 863509, for further information.

KCF also runs the Talking Donkey café - see separate notice in the Newsletter. Additionally, the Friday evening Youth Group at the Millbridge Hall (Space) is also the responsibility of our Fellowship, and we are pleased to accept this privilege.

Grass Cutting, Rotovating
Hedge Trimming, Tree Pruning
Turfing, Slab Laying, Fencing
work undertaken

I. Robertson, Station Road, Crook of Devon
Telephone : Fossoway 01577 840526

Traidcraft Big Brew 2019

The Kinross Fairtrade Steering group held a 'Traidcraft Big Brew' after the morning service at Kinross Parish Church of Scotland on 10 March, marking the end of Fairtrade Fortnight. Chairpersonarena Karen Jarvie said: 'Some of you may know that after trading for 40 years, Traidcraft has had to stop selling crafts and will now concentrate on food. Donations to our Big Brew, which raised £270, will go to Traidcraft Exchange. This is supporting those producers who previously sold to Traidcraft to find other outlets. Thank you to all at the church who donated. We also sold lots of Traidcraft goods on the day'.



Kinross Gospel Hall

Montgomery Street, Kinross www.kinrossgospelhall.info

- Sunday 10.30am Breaking of Bread
12.30pm Sunday School
4.00pm Gospel Meeting (1st & 3rd Sundays of the month, Friends and Neighbours Tea)
Monday 7.30pm Prayer Meeting
8.15pm Bible Study
Thursday 9.30am Toddlers Group (Montgomery Toddlers)

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Need a new member of staff?

Check the situations vacant page

Looking for a Job?

Employers – advertise for staff

www.kinross.cc

Exploring The God Question Science, God and the Search for Truth Are we here by chance or intention?

6 x 30 min films followed by discussion, exploring:

THE COSMOS – *Is there space for God?*

LIFE and EVOLUTION – *Does Darwin dispense with God?*

MIND and CONSCIOUSNESS – *Is belief in God a no-brainer?*

Led by Very Rev Dr Angus Morrison at **6.30pm to 7.30pm**
at **Loch Leven's Larder** over 6 consecutive weeks until

14 April

All Sundays except 4th meeting which will be on Monday
1 April.

ALL VERY WELCOME

It's not just for church members

Deaths

WELLS – Chris, Judy and family would like to thank everyone for the many cards of condolence, messages and visits during and after the sad loss of Jennifer, loving wife and daughter, on 13 February 2019.

Firstly, thanks to Stewart Funeral Directors for the flawless arrangements and to Rev Alan Reid for a beautiful service held at Perth Crematorium on 25 February 2019.

Thanks also to the Cornhill MacMillan Centre who did an amazing job of caring for Jennifer and to all who donated the £744.37 for their use.

Many thanks to Kinross Primary School for their ongoing support of our three children Niamh, Jack and Samuel.

The Kinross Colts have shown true community spirit with strong moral support from the coaches, players and parents to 9-year-old Jack Wells, and to the family with pop-up cake stalls raising support money.

Thank you to the Kinross Golf Club for the hospitality shown to friends and family who gathered afterwards.

And finally, our sincere thanks to the whole Kinross community who have been so kind and supportive to us throughout Jennifer's illness, we are forever grateful to you all.

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Playgroups and Toddlers

Milnathort Babies & Toddlers

Orwell Church Hall, Milnathort

Friday 9.30am-11.15am

A relaxed and friendly group
Healthy snacks, tea & coffee
Children from birth to 3 years
(5 years if attending with younger sibling)
Great fun for the kids, mums, dads and carers!

PLACES NOW AVAILABLE!

To join in the fun
call 07745 804539
Email milnathortbt@gmail.com
Or find us on Facebook



SWANSACRE PLAYGROUP, SCIO

21-23 Swansacre, Kinross

Tel: 01577 862071/07592 392235

www.swansacreplaygroup.org.uk Facebook

@Swansacre



We provide a warm, friendly, nurturing and stimulating environment in which children can learn and develop through play.

Monday Garden Guddle: 9am-3pm

Tuesday Playgroup: 9.05am-11.50am

Rising 5's including Lunch Club: 12.10pm-3.10pm

Wednesday Playgroup: 9.05am-11.50am

Thursday Playgroup: 9.05am-11.50am

Friday Playgroup: 9.05am-11.50am

Garden Guddle is an outdoor session in the grounds of Swansacre Gardens. The children can expect lots of mud, water, fun and exploration. Aimed at 3-5 year olds.

Playgroup is aimed at children from 2-5 years of age. The children have a vast variety of equipment and resources to help them learn through play.

Rising 5's is aimed at children in their pre-school year. It aims to sit alongside school nursery, and the sessions are more structured and filled with activities to engage children.

Please contact Victoria for availability or more information on the above sessions: enrolments.swansacre@gmail.com

Swansacre is also available to hire for Private Functions. For more information or to book please contact Lesley on: facilities.swansacre@gmail.com

Swansacre Playgroup SCIO – SC017748 – Registered Scottish Charity

GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Mondays, 9.30-11.30am, term times.

Healthy snack for children, coffee/tea & biscuits for carer

Role play, jigsaws, physical toys and arts and crafts

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Catherine Mason on 07583 022608 or just come along!

LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

Session times (term time only)

Tuesdays 9.30 - 11.15, Fridays 9.30 - 11.15

Contact Debbie Kennedy 07545 339494,
debileighs@hotmail.com

All Mothers, Fathers, and Carers are welcome to attend, with children aged birth to 5 years if accompanied by a younger sibling who shall be 3 years old or younger.



FOSSOWAY TODDLER GROUP

Fridays 9.30 and 11.30 (term time)

Fossoway Church Hall, Crook of Devon

£2 for 2 hours play

Warm and cosy space

Fresh fruit snack and juice or water for kids

Tea/coffee and biscuits for adults

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell (only 10 mins from Milnathort and Kinross)



We are a friendly and relaxed group welcoming children under 5 years and their parents/carers. We offer a wide range of activities including arts and crafts, dressing up, outdoor play and stories. We also on occasion arrange outings, parties and have special visitors who come to the group!

Session times: Tues & Fri 9.45am – 11.30am.

Sessions are £2 per child (£1.50 for under 1s) and 50p for each additional child. A snack is provided.

For all queries please email
portmoakplaygroup@hotmail.com
or find us on Facebook

MONTGOMERY TODDLERS

Every Thursday 9.30am to 11am (term-time only)

The Gospel Hall, Montgomery Street, Kinross.

Contact Christina Smith 01577 840733 or 07792 260509

Private Nurseries and Childcare

For private nurseries and childcare services, please see advertisements throughout the Newsletter.

To inform the Newsletter of any changes to Playgroup information, please send an email to: editor@kinrossnewsletter.org

Notices



Kinross-shire Time Exchange General Meeting

Monday 1 April from 2-3pm

St Paul's Meeting Room, The Muirs

The meeting is for the purpose of presenting to its members a resolution to dissolve the Time-Exchange. All members present will be asked to vote on the resolution. The Time Exchange will be dissolved if the resolution is passed by at least two thirds of the members present.

Marg Meade, Secretary KTE



The Thursday Group

This is a women's group, meeting on the first Thursday of the month in the lower hall of the Church Centre at 7.30pm. Existing and new members very welcome. Contact Elaine on 01592 840266.

4 Apr Aero Space Kinross (Alisdair Stewart)
2 May AGM

Kinross Garden Group

2018/19 Season

Thursday 11 April @ 2pm

Millbridge Hall, Kinross.

Julia Cordon of Explorers' Garden
'Chile, Patagonia and The Falklands
their plants and birds'

All welcome to join us.

Light Up Kinross Annual General Meeting

Millbridge Hall

Thursday 25 April

7.30pm

All Welcome

Please come along and support your Christmas Lights

Plant & Bake Sale and Coffee Morning Scotlandwell In Bloom

Saturday 4 May

10.30am-2pm

The Well Country Inn, Scotlandwell

Portmoak Hall Ceilidh With the Glenfarg Ceilidh Band

Saturday 11 May

7.30pm-11.30pm

Adults £10, children £5 In aid of hall funds

Supper included, licensed bar

Tickets available from Kinnesswood shop or from
John Nicol 01592 840573 or Shelagh Goudie 01592 840200

1st Kinross Scouts Group AGM

20th June 2019 at 7pm

Milnathort filmhouse at Milnathort Town Hall



Information and Online Booking
milnathortfilmhouse.com



Things Scot, Things Not:

**an evening of music, poems and recitations
by Clacks, Jacks and Jills.**

Friday 10 May

Kinross Parish Church

from 7.30pm until 9.30pm

The charity evening will feature compere Sandy Sinclair, soprano Vivian Fairchild, singer Ewart McAuslane, fiddler John Crozier, actor Susan Chown, trumpet and flugel player David Hynd and accompanist Lawrence Wright.



Coffee, tea and biscuits will be served at the interval. Tickets can be purchased from the CHAS charity shops for £8 with all proceeds going to CHAS. Please contact Lyndsay Stobie, Community Fundraiser, for ticket enquiries: lyndsaystobie@chas.org.uk or 01577 867802.

Grants and Funding Websites

www.pkgrantsdirect.com

www.foundationscotland.org.uk



Networking Breakfast Wednesday 3 April

At Loch Leven's Larder, 7.15am-9am

Starting at 7.15am might seem early, but there are positive leads being created amongst those who come to network, have breakfast and listen to our inspiring speakers. This April we are delighted to be joined by local resident Stephen Kirkham as our guest speaker.

So many of us invest a large part of our identity in our work, in our physical strength, and in our place in the community. Yet we never know what is around the corner. How would we cope if those things were snatched away? How would we handle chronic illness or even the shocking knowledge that we were close to death? Stephen will tell us how well he knows these feelings and how he has experienced the gift of another chance, a new life, a second heart!

Commissioned as a 2nd Lieutenant into The Royal Regiment of Fusiliers, aged 19, Stephen spent the next 26 years as an infantry officer, leading 'a very physically active, frenetically busy, occasionally dangerous, but always fulfilling career'. In 1974 he was awarded the Military Cross. He rose to the rank of Lieutenant Colonel and commanded the First Battalion of his Regiment. Yet, with all this success, Stephen felt a call to do something completely different – to go into Christian ministry. Following selection by the Church of England, he retired from the Army and went to Cambridge to study theology. Ordained in 1998, he became the vicar of a Cotswold parish in Oxfordshire in 2002. And then, his life took an unexpected turn.

Stephen and his wife, Heather, now live near Gairney Bank, having moved to be near family and grandchildren. A heart transplant recipient, Stephen is passionate about encouraging and promoting organ donation.

We meet at Loch Leven's Larder from 7.15am to 9am and welcome local businesses, individuals and groups to come and network, because people do business with people!

Please book your place by emailing Karen Grunwell at mail@kinrosspartnership.org.uk. You can choose whether to pay online in advance or in cash on the day. The meeting cost, including a full cooked breakfast, is £10 per person. Please note that booking is required to ensure that we can cater for everyone.

www.kinrosspartnership.org.uk www.facebook.com/visitlochleven
www.visitlochleven.org www.twitter.com/VisitLochLeven

The Gaelic Society of Perth

The Gaelic Society of Perth have had some fantastic ceilidhs over this winter with super singing from a number of individuals and excellent musicianship from pipers, accordion players, guitarists and fiddlers. However, we will not have a ceilidh in April but the AGM of the society is on Thursday 9 May at St Matthew's Church hall, Tay St, Perth to which all members are invited. Come and put your views forward and hear what the society has been involved with this year and the plans for the future!

Further information can be obtained from the secretary on 01577 864589, on www.gaelicsocietyofperth.com or like us on Facebook.

Milnathort Golf Club Open Day

Sunday 28 April

11am-3pm

Milnathort Golf Club are proud to have been selected to host the R&A 9-hole Scottish Championship final for the second year running. To allow non-members to try out the course and facilities we will be holding an Open Day on Sunday 28 April. Whether you're a competitive golfer looking to try out a new course or more of a beginner looking for a low cost, fun way to get into golf, there is something for everyone.

- Sky-track facilities available for those looking to hone their game.
- General coaching for those looking to improve their game or learn the basics (clubs can be provided).
- Play a few holes for free with a member to get a feel for the course and benefit from a bit of local knowledge.
- Enjoy 9 holes on us on the day – play the course for free with friends (book on the day to tee off between 11am and 3pm to take advantage of this).



New membership offers will be available on the day whether you are looking to join as a single member or with friends (the bigger your group the bigger the discount). In addition, discounts on membership will be available for new adult memberships for those aged 30 and below. Find out about Scottish Golf's 'Get Into Golf' scheme, a popular way for new players to learn and meet new friends. The clubhouse will be open all day with a varied menu available.

Kinross Recycling Centre

Bridgend Industrial Estate

Opening Times: **Mondays to Fridays** 9am to 7pm
Saturdays and Sundays 9am to 5pm

Bras, bicycles, cans (inc aerosols, biscuit tins, aluminium foil), car and household batteries, cardboard, cooking oil, electricals (WEEE), engine oil, fluorescent tubes, long life light bulbs, food and drinks cartons (Tetra packs), fridges, freezers, garden waste, glass, large domestic appliances, paper, plastic (rigid plastic packaging), rubble stone and soil, scrap metal, telephone directories, textiles (clothes and shoes), timber, tyres (maximum two per visit, strictly householders only) and non-recyclable (general) waste.

Bikes and bike parts will be recycled (see separate Bike Station notice).

Collection point for Perth College WEEE project: IT equipment will be refurbished and sold on at an affordable price or recycled for parts. Items accepted include: desktop computers, laptops, mobile phones (without the sim card), tablets, keyboards, mouse controls, cables, DVD players, video players, portable music players, games consoles, new or empty printer cartridges, projectors and flat screen working monitors. The project cannot accept Cathode Ray Tube or broken monitors.

Compost can be collected from the Recycling Centre, subject to availability. Maximum of 2 x 25kg bags per visitor.



The Alexander/McLaren Trust

The above newly established charity has been set up in memory of the late Douglas & Elspeth Alexander (*nee* McLaren), who resided at Hilton of Burleigh, Milnathort and died in 2012 and 2013 respectively. Douglas was born at Ballingall, Milnathort before moving to Hilton of Burleigh as a teenager in 1940, his father having secured the tenancy of the Hilton land in 1920.

Douglas was enrolled at Dollar Academy on 3 September 1939, the day war was declared on Germany. After finishing his education, he lived and farmed Hilton of Burleigh for over 70 years. Elspeth, originally from Coupar Angus, attended Perth Academy and secured a place at Edinburgh University in 1943 to study maths and science at the age of 17. On graduating she secured a teaching post at Kinross High School and through the tutoring of Douglas's sister Nancy, the couple met and married in 1950.

Douglas and Elspeth were both passionate about education and were staunch supporters, at many levels, of several local organisations, including the Young Farmers' Club, the British Red Cross and the Kinross-shire Day Centre. The couple also took a lifelong interest in Milnathort Primary School, with (to date) three generations of their family attending there.

The Charity's objectives are wide ranging and seek to benefit local community groups and individuals along with educational and recreational facilities. The aim is to make the charity as flexible and approachable as possible and will be locally administered.

The Charity Trustees can be contacted via email:
alexandermclarentrust@gmail.com.

Funding Alert!

PKC regularly produces a huge list summarising funding opportunities for the voluntary sector. The list will be posted on www.kinross.cc or telephone the PKC grants helpline on 0345 60 52000.

If your organisation is seeking funds, look out for notices in the *Newsletter* for Kinross Community Council Newsletter Ltd Charitable Grants and the Kinross-shire Fund.



Lip Reading Classes

Do you or someone else you know have a hearing loss? Lip Reading Classes can help.

Advice is available on tinnitus, cochlea implants, access to work and getting benefits.

Learn how your hearing aids work and about equipment to help you with your hearing loss, e.g. smoke alarms, television aids, flashing doorbells and more. The above equipment is free. Classes start in Kinross in October and a few places are still available on Fridays in Perth. Classes are funded and free to participants. To book a place, or for more information, contact Susan Brown Tel: 01250 872861 or 07940 333924, or by email at Perthshirelipreading@hotmail.com.

Facebook-Perthshire Lipreading

Dollar Museum

1 High Street, Dollar, KY14 7AY

Open from Easter to Christmas at the following times:

Saturdays 11am-1pm and 2pm-4.30pm

Sunday 2pm-4.30pm

Free Entry

Access also possible by arrangement.


Email: dollarmuseum@btconnect.com

www.dollarmuseum.org.uk


Dollar Museum is a lively, award-winning visitor attraction. It is situated at the top of the Burnside, beside the Golf Club and at the entrance to the Mill Green and Dollar Glen. We have both parking and disabled access.

There are displays on the History of Dollar, Castle Campbell, the Devon Valley Railway, the Japanese Garden at Cowden and Prehistoric items excavated in the local area. There are exhibitions on WW1 and the Bicentenary of Dollar Academy.


KINROSS HUB THE CARERS CAFE




The hub cafe is an informal meeting place to chat over a cuppa with other carers, cared for and family members.



**LOCHLEVEN COMMUNITY CAMPUS
KINROSS**
1st MONDAY of EVERY MONTH
10am—12noon



Contact Gail Boath
Tel. 01577 867306
Or Annette Bond
01738 567076



Orwell, Portmoak and Glenfarg District Girl Guiding

Due to an increase in guide numbers and the new exciting programme recently rolled out, we are looking for an enthusiastic volunteer to open a unit in Portmoak and a unit helper for our Milnathort unit.

There will be full support from our great team. If interested, please give Alison a buzz on 07764 750212.

The Bike Station

Donate unwanted bikes, parts and cycling accessories for reuse. Poorer bikes are salvaged for parts. Bikes are refurbished by qualified expert mechanics and sold on to the public at affordable prices with a three-month warranty.

Donated bikes and parts are collected from all Perth & Kinross Recycling Centres, including the Kinross centre at the Bridgend Industrial Estate.

Bike sales are held at The Bike Station, 284 High Street, Perth, PH1 5QS, Tuesday to Saturday 10am-5pm.

The Bike Station also offers a Repair Service, a Fix Your Own Bike facility and a Dr Bike mobile service.

Tel: 01738 444430. Website: www.thebikestation.org.uk

The Perth Bike Station is an accredited Revolve organisation.



Skeins & Bobbins Classes

Thursdays are fully booked. For Tuesdays and Fridays, please book in advance.

Primary classes take place on Tuesdays and Senior classes on Fridays. For confirmation of dates and availability of places, please contact the shop.

Knitting and crochet group for adults continues on Saturdays, 2pm-4pm.

Skeins & Bobbins, 120 High Street, Kinross. Tel: 01577 208107.

KINROSS CARERS THERAPIES



REIKI



* you can be an unpaid carer and still receive benefits such as Carers Allowance

IF YOU ARE AN UNPAID CARER* REGISTERED WITH PKAVS CARERS HUB YOU COULD ENJOY A FREE COMPLEMENTARY THERAPY SESSION!

BOOKING IS REQUIRED & DONATIONS ARE WELCOME

Therapy Days are the 2nd Monday of each month with Shirley Morgan @ Heart and Soul Centre, High Street, Kinross, KY13 8AN

[f PKAVSCarersHub](https://www.facebook.com/PKAVSCarersHub)
pkavscarershub.org.uk

For more info on support for unpaid carers in Kinross contact Carer Support Worker Annette Bond on 01738 567076



CRYSTAL THERAPY

Bookings open the 1st Monday of each month. Please call the Carers Hub on 01738 567076 to book an appointment.

Befriending Kinross



**Are you new to the Area?
Would you like someone to talk to?**

Someone to have a coffee with?

Help to feel less socially isolated?

If you would like to request a befriender please contact us and we will arrange a time to meet with you to discuss the process.

ptb.kinross@bethanycct.com

t: 07747 018 550



Kinross-shire Fund



The Kinross-shire Fund was established in 2006 to make the area a better place to live, by making

grants to a wide range of local charities, organisations and projects which make a positive difference to the community. To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

The next deadline is Monday 6 May.

Full details, including how to apply via our online application link, can be found at:

www.foundationscotland.org.uk/programmes/kinross-shire-fund

Ceilidh Dancing

Mondays: From 2pm until 3pm every Monday in the Guide Hall, Milnathort. You don't need a partner and it is all very informal and great fun. Just come along – the more the merrier. No age limit. All proceeds go to the Scouts and Guides.

Monthly Sunday Ceilidhs: These take place in Milnathort Town Hall, 2pm until 5pm with a break at 3pm for tea and biscuits. Cost: £5. There is no pressure to dance; what better way to spend a Sunday afternoon than hearing these top players? People wishing to learn dances could attend the Monday classes (see above). All money left over after paying the band and hall will go to charity. To make charity suggestions, contact Vi Todd, 01577 863244.

April 21	George Rennie	Sept 22	Leonard Brown
May 19	Ian Cameron	Oct 20	Colin Brown
June 23	John Stuart	Nov 17	Johnny Duncan
July 28	Richard Ross	Dec 1	Christmas Concert
Aug 18	Ewan Galloway	Dec 15	Peter Bruce

PLUS Perth

www.plusperth.co.uk
Tel: 01738 626242
77 Canal Street, Perth



PLUS is a member-led local charity and social movement which gives hope and opportunity to those affected by disadvantage; in the main to those with experience of mental ill health and substance misuse.

The PLUS office is open Mon-Fri, 9.30am – 4pm for mental health signposting and enquiries.

Homes for Cats Wanted

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.





Give a Greyhound a Home

www.greyhoundrescuefife.com

Forever homes needed for rescued greyhounds.
Greyhounds are very gentle creatures that require very little walking!

Please call or email for details
Tel: 01577 850393 (evenings)
07826 244765 (daytime)
Email: femiejimmyf@aol.com



Kinross Recovery and Conversation Café

This weekly group is for anyone with an interest in improving their wellbeing and needing support on their recovery journey from addiction or substance misuse. The café aims to get people speaking about recovery and wellbeing in all its many forms and provides the opportunity to:

- share ideas, information and resources
- explore support networks and ways of moving forward
- breakdown isolation
- improve health and wellbeing

The café takes place **every Tuesday**, 1pm-3pm, at Millbridge Hall, Kinross. Drop in and have a cuppa and a chat.

For more information, contact:

Shona Fowler: 07896 280843, shonafowler@nhs.net

Richard Lister: 07885 971298, richard.lister@cairscotland.org.uk



Supported and funded by Broke Not Broken, a local charity tackling the effects of poverty.

Broke Not Broken

Drop off donations at:

Sainsbury's, Kinross
Glenfarg Village Shop
Co-operative, Kinross



Open to clients:

Every Tuesday and Thursday, 10am – 2pm

The Beacon, St Paul's Church, Muirs, Kinross, KY13 8AU

Contact: Tel: 07518 913107

Email: admin@brokenotbroken.org



Broke Not Broken. Tackling the effects of poverty.
Scottish Registered Charity SC046033

Grants for good causes

**Kinross Community Council
Newsletter Limited (KCCNL)
Charity No. SC040913**



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

31 March and 30 September

More information is available on the kinross.cc website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email barrydavies57@btinternet.com

Mindspace Recovery College

Mindspace Recovery College runs free courses covering all aspects of mental health, co-delivered by people with lived experience, and are open to all.



Newsletter Deadlines

More deadlines for the months ahead can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check *Newsletter* website for latest information: www.kinrossnewsletter.org

Issue	Deadline	Publication Date
May	Friday 12 April	Saturday 27 April
June	Friday 17 May	Saturday 1 June

Perth & Kinross School Term Dates 2018-19

Term	Start (for pupils)	End
Summer	Mon 15 Apr 2019	Fri 28 Jun 2018

Holidays and In-Service Days:

Spring holiday:	Mon 1 Apr – Fri 12 Apr 2019
Easter w/e & In-Service day:	Fri 19 Apr – Tue 23 Apr 2019 (Easter Sunday is 21 April 2019)
May Day holiday:	Mon 6 May 2019



THE TALKING DONKEY

Every Friday 11am – 2pm
@ The Millbridge Hall

For further information, or if you want to be involved please ring
07766 515 950 or 07771 696 830

The Cafe where everything is **FREE!**

 Soups 

 Snacks 

 Hot Drinks 

 Cold Drinks 

 Home-cooked lunches 

All brought to your table by our friendly staff

The Talking Donkey is a Christian venture so there will always be people on hand to offer

Prayer For Any Need



La Leche League meetings in Kinross

First Thursday of the month,
10am-12 noon



St Paul's Church Meeting Room, The Muirs, Kinross

- Friendly, relaxed mum-to-mum breastfeeding support and chat.
- Informal chat and an interesting group discussion.
- Plenty of time for answering your questions.

We welcome any mums (and mums to be) who are interested in breastfeeding. Children all very welcome.

For more details, contact:

Hannah Dalgety (LLL Leader, Kinross) 07886 859461
www.lll-fife-tayside.co.uk

Find us on Facebook: La Leche League Fife and Tayside

Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers
Linda Freeman

Tel 01577 865045. Email: linda.freeman_64@btinternet.com

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone on 01738 626666 or 08457 909090

Email us jo@samaritans.org

or **visit** us at 3 King's Place, Perth, PH2 8AA

Mondays	1630 – 2130	Thursdays	1630 – 1900
Wednesdays	0830 – 1100	Fridays	1000 – 1630
and	1930 – 2130	Sundays	0800 – 2130

No pressure, no names, no judgment.
We're here for you, anytime.

Perth Citizens Advice Bureau

Outreach Advice Surgery

The Kinross surgery is held on the second and fourth Tuesday of the month from 1.30pm to 3.30pm at St Paul's Church Hall, Muirs, Kinross. The next visits are:

9 & 23 April

No appointment is necessary as the surgery is a drop-in service. For complex issues a further appointment may be necessary. Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Contact us: Advice line 01738 450580.

Appointment line 01738 450581.

Benefits Advice in Libraries (BAIL)

Benefits specialist Sarah MacLean is available at Loch Leven Community Campus to provide advice on all benefit related issues. Alongside general benefits advice, Sarah can help with: completing forms (including online), conducting checks to see if clients are receiving everything they are entitled to, and providing advice and support where an application is refused or awarded at a lower level than expected.

Sarah is available **by appointment only**. Appointments are usually offered on Wednesdays and Thursdays. To make an appointment, call 01738 450599 or email Andrew Scobie (benefits and debt administration) using the following: Andrew.Scobie@Perthcab.casonline.org.uk

Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (senior debt adviser) using the following email address: David.Ogston@Perthcab.casonline.org.uk

Looking for a venue that can tick all the boxes?

Crook of Devon Village Hall

- ✓ **Space** We can seat up to 100 for a formal meal; 120 for meetings, theatrical performance, talent shows; 80-90 for discos, family gatherings, community events. We can even accommodate bouncy castles for that "all weather" children's party.



- ✓ **Car Parking** - ample parking for the hall.
- ✓ **Catering** - Kitchen with oven, dishwasher and microwave, plus a great serving area.
- ✓ **Stage** and back stage area for performances, costume changes, etc.
- ✓ Plus the usual facilities - toilets, disabled toilets, changing areas.
- ✓ We also offer chair and table rental for functions at home.
- ✓ **Weekly bookings** taken for activities, e.g. yoga, ballet, fitness classes, badminton, youth clubs.

For all hall bookings and enquiries, including our **special block booking rates**, please contact Jean on 01577 840543 or jeanshearer630@btinternet.com

Mindful Relaxation Class

Mondays and Fridays, 7pm-8pm

Loch Leven Community Campus ICT Room

Participants can expect to do some gentle movement, mini sound workshop, relaxation, meditation, mp3 guided meditation, philosophy and reflection.

The sessions are run on a drop-in basis. Entry is by donation. Further information from Vincent Johnston at:

Vincent.johnston@icloud.com



Community Councils

Kinross: Chair: Bill Freeman, 01577 865045
Email: kinrosscommunitycouncil@gmail.com

Milnathort & Orwell: Chair: Craig Williams, 07885 722125
Email: craig@stovestuff.scot
Secy: Caroline Flory
Email: communitycouncilmilnathort@gmail.com

Portmoak: Chair: Malcolm Strang Steel, 01592 840459
Email: PortmoakCommunityCouncil@pkc.gov.uk

Fossoway & District: Chair: Trudy Duffy-Wigman, 01577 840669
Email: fossoway.cc@gmail.com

Cleish & Blairadam: Secy: Patty Fraser, 01577 850253
Email: CleishCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
Jonathan Bryson	4 Burnbank Meadows	
David Colliar	10 Rannoch Place	01577 864037
Dave Cuthbert	85 Bowton Road	07799 750289
Barry Davies	60 Lathro Park	01577 865004
Bill Freeman (Chair)	64 Muirs	01577 865045
Ian Jack	Burnbrae Grange	01577 863980
Lynne McKay	5 Springfield Road	01577 531076
Thomas Stewart	Gellybank Farm	01577 864603
David West	30 Muirs	07824 313974

Portmoak Community Councillors

Robin Cairncross	(Secretary)	01592 840672
Bruce Calderwood	(Treasurer)	01592 840423
Susan Forde		01592 840128
Tom Smith		01592 841160
Malcolm Strang Steel	(Chairman)	01592 840459
Dave Morris		01592 840500
Andrew Muszynski		01592 840467

Have a look at our website: www.portmoak.org

Perth and Kinross Councillors Kinross-shire Ward

CLlr MIKE BARNACLE (*Independent*)
Tel/Fax (home): 01577 840516.
Email: michaelabarnacle@gmail.com
Website: mikebarnacle.co.uk
Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ

CLlr CALLUM PURVES (*Scottish Conservative & Unionist*)
Tel (office): 01738 475092. Mobile: 07557 812570.
Email: CPurves@pkc.gov.uk
54 Lathro Park, Kinross, KY13 8RU

CLlr WILLIE ROBERTSON (*Scottish Liberal Democrats*)
Tel (home): 01577 865178. Mobile: 07909 884042.
Email: wbrobertson@pkc.gov.uk
85 South Street, Milnathort, Kinross, KY13 9XA

CLlr RICHARD WATTERS (*SNP*)
Mobile: 07557 812513.
Email: RWatters@pkc.gov.uk
Applegarth, Sunnypark, Kinross, KY13 8BX

Luke Graham MP

Member of Parliament for Ochil and South Perthshire

38 Primrose Street, Alloa, FK10 1JG

Telephone: 01259 764407

Email: luke.graham.mp@parliament.uk

Twitter: @LukeGrahamMP

Facebook: www.facebook.com/Luke-Graham-for-Ochil-and-South-Perthshire-392788644215614

Member of the Scottish Parliament for Perthshire South & Kinross-shire

Roseanna Cunningham MSP

Constituency office:

63 Glasgow Road, Perth, PH2 0PE

Telephone: 01738 620540

Email: Roseanna.Cunningham.msp@parliament.scot

Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

Claire Baker MSP (Labour) Tel: 0131 348 6769

Email: Claire.Baker.msp@parliament.scot

Murdo Fraser MSP (Conservative) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@parliament.scot

Dean Lockhart MSP (Conservative) Tel: 0131 348 5993

Email: Dean.Lockhart.msp@parliament.scot

Alex Rowley MSP (Labour) Tel: 0131 348 6826

Email: Alex.Rowley.msp@parliament.scot

Mark Ruskell MSP (Green) Tel: 0131 348 6468

Email: Mark.Ruskell.msp@parliament.scot

Liz Smith MSP (Conservative) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@parliament.scot

Alexander Stewart MSP (Conservative) Tel: 0131 348 6134

Email: Alexander.Stewart.msp@parliament.scot

Mobile Library Service

Visiting on Tuesdays 9 & 23 April

Glenfarg	Main Street	1200-1300
Forgandenny	Rossie Place	1545-1615

Visiting on Wednesday 3 & 17 April

Kinnesswood	Opposite shop	0930-1000
Portmoak	Hall	1005-1020
Scotlandwell	Leslie Road	1025-1050
Portmoak	Hall	1125-1140
Scotlandwell	Leslie Road	1145-1205
Levenmouth Farm		1100-1120
Hatchbank Road	Gairneybank	1140-1200
Powmill	Mill Gardens	1320-1340
Cleish	Phone Box	1400-1415
Crook of Devon	Village Inn	1345-1430
Carnbo	Pitcairnie Lane	1440-1500
Causeway Court	Kinross	1515-1535
Whyte Court	Kinross	1540-1610

For more information, see: www.culturepk.org.uk/libraries and click on 'Services in the Community'

100th Birthday and Diamond Wedding Anniversaries

Do you know a Perth & Kinross resident who is celebrating their 100th or 105th+ birthday?

Do you know a Perth & Kinross couple celebrating their 60th, 65th or 70th wedding anniversary?

PKC can arrange delivery of flowers or for a local Councillor to present a basket of flowers to the person or couple on their special day.

Tel: 01738 475051 Email: CivicServices@pkc.gov.uk

Local Volunteer Opportunities

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact Claire Slight to find out how you can help: clare.slight@brokennotbroken.org

Greyhound Rescue Fife at Balfree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at www.greyhoundrescuefife.com

Kinross in Bloom: Volunteer group that provides and maintains floral displays to enhance the environment of Kinross. If you are interested in volunteering, please contact Susan Mitchell at: susan.mitchell50@gmail.com

Kinross-shire Day Centre: We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

KLEO (Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to www.kleo.org.uk. If interested, please contact Bouwien Bennet at info@kleo.org.uk or call 01577 863107.

RSPB Scotland Loch Leven: We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks – if you'd like to join our team, please contact Lyndsay Stobie at: Lyndsay.Stobie@rspb.org.uk or call 01577 862355.

Kinross (Marshall) Museum: The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: information@kinrossmuseum.org.uk.

Swansacre Playgroup: A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email swansacre@gmail.com

Kinross Heart Start: Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email davidcolliar@tiscali.co.uk or Bill Freeman, email billywhizkid78@gmail.com or contact our Facebook page.

Common Grounds: Charity café staffed by volunteers on Tuesdays, Wednesday, Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Open to public 10am-12.30pm. Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convener Elspeth Caldwell on 01577 863350 or Secretary Linda Freeman on 01577 865045 for more information.

The Potager Garden is a small community garden in Bowton Road, Kinross, KY13 8EQ. It is a registered charity run by volunteers, a main aim being to give education to schoolchildren about plants, gardening and the environment. If you would like more information about our volunteering opportunities, please contact the Convenor, Amanda James, on 01577 840809, or amandajames1577@gmail.com

Children's Hospices Across Scotland: Can you spare a few hours of your time? We are looking to fill the following volunteer vacancies:



Kitchen volunteer (mornings), Home Baking volunteer (fortnightly Wednesday 2-4 pm), Housekeeping volunteers (afternoons), Driving volunteers (flexible).

Anyone who is interested is welcome to come for a visit. Please contact us by phone on 01577 865777 or email volunteering@chas.org.uk. To apply online visit www.chas.org.uk.

Seamab is a residential school that cares for and educates some of the most vulnerable children in Scotland. We are looking for volunteers to help us place and manage collecting cans across Perth and Kinross. Volunteering for Seamab will help make a huge difference to the lives of the children at Seamab and will be a great way to meet new people and develop new skills. For more information please contact Melloney Flinn at mflinn@seamab.org.uk or call 01577 840307.

Milnathort Town Hall committee: Can you spare a couple of hours a month? We are looking for volunteers to join us. For further information please contact us at milnathorttownhall1@gmail.com. We would love to hear from you.



Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. If you have a genuine interest in the wellbeing of children and families and live in the Perth and Kinross area we would love to hear from you.



Aberlour Sustain (Perth and Kinross) help families on the 'edge of care' to stay together, by giving them the help and support they need to prevent a child from being taken into care. The families we work with need help for a range of reasons and our workers spend time with children, young people, parents and carers in order to understand what the family needs to thrive. We understand that family life can be difficult for all sorts of reasons. Our approach is always sympathetic and non-judgemental.



Volunteer Befrienders

Befrienders build 1:1 relationships with children, sharing in a hobby or interest, developing social skills and helping to develop confidence and self-esteem. Befrienders give a child someone to talk to and someone they can rely on.

Volunteer Mentor

Mentors support parents by building relationships and supporting them through day to day challenges. Mentors encourage parents to set goals, building confidence and promoting independence. If you are looking to try something new in 2019, develop new skills or meet new people, volunteering is a fantastic way to achieve this. To find out more, visit www.aberlour.org.uk/volunteer, or contact Shonagh (Volunteer Coordinator) on 07864 625069/shonagh.ferguson@aberlour.org.uk.

SPARKs are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health & wellbeing. They meet in Loch Leven Community Campus every Thursday 1-3pm. Volunteers will be supported by workers Roseanne Gray – P&K Community Learning & Development Worker and Shona Fowler – NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843

For more volunteering opportunities, go to the community website www.kinross.cc and look for 'Volunteering', or look at www.vaperthshire.org

Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor. Please let us know if you no longer need your appeal to be listed.

Local Volunteer Opportunities continued

1st Kinross cubs are looking for an assistant leader: Do you or someone you know have a few hours to spare a week? Looking to give back to the community? Want to help children learn new skills and grow into great adults? Cubs meet up on a Wednesday evening 6.30pm-8pm at the Millbridge Hall. Please contact Victoria@VictoriaVA.co.uk for more details or speak directly with a cub leader on Wednesday evening.

1st Kinross Scout Group needs a new treasurer: Do you or someone you know have a couple of hours to spare each month? The current treasurer is standing down in June 2019 and a new treasurer is needed. This is not an onerous task, just a couple of hours each month. No accounting experience required. Without a treasurer, 1st Kinross beavers, cubs and scouts cannot run. Please contact Lynne Bennet on sandyandlynne@talktalk.net if you can help.

Items for Sale

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter, subject to space.

Siemens Built-in Oven and Matching Warming Drawer £100
60cm x 60cm oven type HT5HBP7, 60cm x 15cm warming drawer type HZWE140.

Seller Details: Alan Tough 01577 863675
a.g.tough@btinternet.com

Oak dining table £200
Extending table, H76cm, L170cm, W105cm at widest, seats 6 to 8. Extension fitted, 230cm long, seating up to 10. Very well cared for so no noticeable marks or damage despite being in regular use. Only selling table.

Seller Details: Vivien Clarke 01577 861323
vivienclarke@btinternet.com

Bosch Under Counter Dishwasher £10 to charity
Elderly (but working perfectly) dishwasher, 600mms wide. Being replaced with new integrated dishwasher following kitchen refit. Buyer collects.

Seller Details: Alan Miller 01577 861304
alan_frances@btinternet.com

Antique Eight Day Oak Grandfather Clock £500
Most attractive clock with white painted dial with scenes of loch and castle. In perfect working order, a really accurate timekeeper, with a lovely chime on the hour. The case is of quarter sawn oak, a nice sign of quality. There is a later added plinth, overall height to finial 82". Come and see it, price includes delivery and set up within Kinross Newsletter District. Please email for further images of dial.

Seller Details: David Anderson 07747 890375
whitesands1.da@googlemail.com

Situations Vacant

In conjunction with www.kinross.cc, the Newsletter is pleased to publish local situations vacant. Please go to the kinross.cc website before applying to see full details and to **check whether a position is still available**. (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Sous Chef, Kirklands Hotel, Kinross

Full Time Sous Chef required for busy hotel and restaurant. Friendly team of four chefs, working split shift, 5 days from 7. Job will include responsibility for kitchen in absence of Head Chef, input on menu planning and training for junior staff. The Kirklands Hotel has a busy bar and restaurant trade, covers of approximately 50 to 100 during evening service and up to 50 during lunch. Salary £23,000 per annum. No live in accommodation available. Email CV to info@thekirklandshotel.com.

Part Time Cooks, Milnathort Golf Club Ltd

Experienced cooks required to work as part of a team in the clubhouse. Flexible hours available over 7 days. Duties include catering, bar work and general golf tasks. A current food hygiene certificate is preferable. Please contact the club with short covering letter and brief CV or resume to milnathortgc@btconnect.com.

Manager, Swansacre Playgroup, Kinross

Manager required for 16 hours per week to manage the playgroup for the benefit of the children and the wider community within the framework of our policies and Statement of Vision and Values. We are keen to find someone who will encourage and promote the development of the playgroup to ensure quality provision, by working in partnership with children, staff, parents, the local community and others. Must meet the requirements of the SSSC for a manager of a playgroup, have early years qualifications and various other skills and experience. Rate of pay is £9.50 per hour. Interested candidates should provide their CV with covering letter setting out how their skills, interest and experience, both in work and outside work, meet the criteria no later than Friday 19 April 2019. For an informal discussion prior to applying contact Jennifer Baird, Chairperson, by email at swansacre.chair@gmail.com or 07739 490555.

Enquire

Are you looking for information about your child's rights to support in School? If so, contact **Enquire**, the national advice and information service for additional support for learning.

Enquire offer: a confidential telephone helpline and online enquiry service, practical guides, fact sheets and newsletters, helpful materials for children and young people with additional support needs.

For more information contact: Tel 0345 123 2303

Website: www.enquire.org.uk

Enquire is funded by the Scottish Government and managed by Children in Scotland.

LOCAL CHEMIST INFORMATION

Rowlands Pharmacy, Kinross

Mon-Fri: 9am-6pm
Saturday: 9am-5pm
Tel: 862422



Davidson's Chemist, Milnathort

Mon to Fri: 9am-1pm & 2pm-6pm
Saturday: 9am-12.30

Tel: 862219

Sundays: The nearest open pharmacy is Asda, Dunfermline





**Get involved
now that
Perth & Kinross is a
FAIR TRADE Zone**

 P & K Fair Trade Zone Group
 @PKFairtrade

Weekly Programme

Monday	Exercise Class 11.15am Scrabble, cards & other games 1.15pm Bingo 1.30pm (except 22nd) 'Stride for Life' Walking Group 2pm
Tuesday	Carpet Curling 11am Relaxation Class 1.15pm Games 1.15pm Singing group with Alex Cant 1.45pm
Wednesday	Morning Worship 10.45am Dominoes, Scrabble & other Games 1.30pm Tai Chi 1.30pm (3rd, 17th) Fantastic Fun Quiz 2pm Art Class 1.30pm
Thursday	Carpet Curling or Boccia 11am Film or music Afternoon 1.30pm Dominoes, Scrabble, cards 1.30pm Balance & Strength Class 1.30pm
Friday	Balance & Strength Class 11.15am Dominoes, Games or music 1.30pm Bingo 1.30pm

Coffee Bar open to all

8.30am - 4pm

Older Adults Lunches Daily

Our activities are open to everyone.
Please feel free to come in and have
a great afternoon.



01577 863869

kindaycent@tiscali.co.uk

Film shows • Cards
Dominoes • Art Class
Exercises • Chiropody
Trips • Daily Papers



Additional Events for April

Hearing Loss Support and Advice	11am-12pm
Chiropody (Tel 01577 863869 for an appointment)	9.45am-1pm
Centre Annual Holiday - Melrose	9am start
Tuesday Crew + One. A fantastic sing-a-long afternoon	1.30pm
Library Trip	1.30pm
Barge Trip	9.30am-4pm

Monday 1st
Thursdays 4th, 18th
Mon-Fri 22nd-26th
Monday 22nd

Thursday 25th
Tuesday 30th

Useful telephone numbers

Medical

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

Police, non-emergency 101

Police, Fire & Rescue, Ambulance & Coastguard emergencies 999

Gas (worried about gas safety) 0800 111 999

Water (loss of supply, foul water emergency) 0845 600 8855

Floods SEPA Floodline recorded messages 0345 988 1188

Perth & Kinross Council (PKC)

Customer Service Centre (Mon- Fri, 8am-6pm)	01738 475000
Reporting non-emergency Road and Lighting faults (CLARENCE)	0800 232323

PKC Out of Hours emergency numbers

Adult care services	0345 301 11 20
Anti-social behaviour helpline	01738 476173*42*
(*42* telephone and leave a voicemail)	
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

Traveline Scotland 0871 200 22 33

Loch Leven Community Campus 01577 867200

Kinross High School 01577 867100

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.
For further details see www.kinrossnewsletter.org or phone Ross McConnell on 01577 865885 or email subscriptions@kinrossnewsletter.org

Planning a Community Event?

Check the Diary on www.kinross.cc to ensure that your event won't clash with another.
List your event as soon as you can to help others with their planning. Contact the website administrator by email: admin@kinross.cc

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Sat	6	Cowden Garden Opens	8
Mon	8-21	Easter Curlew Trail opens, RSPB Loch Leven	87
Tue	9	Portmoak CC meets	46
Thu	11	Milnathort and Orwell CC meets	42
Fri	12	Easter fun activities at the library, suitable for age 5-9	69
Fri	12	Deadline for submissions for May Newsletter	102
Sat	13	Kinross Tennis Club Open Day	83
Sat	13	Portmoak Film Society show 'A Star Is Born'	61
Mon	15	P&K Schools Start of Summer Term	102
Tue	16	Leven Voices resume	73
Wed	17	Community Fundraising Course, campus	25
Wed	17	Kinross Kacophony Orchestra resumes	73
Wed	17	Kinross Ladies Hockey Club AGM	77
Thu	18	Milnathort SWI fundraising evening	84
Fri	19	Milnathort Filmhouse show 'Peter Rabbit'	98
Sat	20	Common Grounds Easter Coffee Morning	55
Sun	21	EASTER SUNDAY (various services)	89-93
Wed	24	The Kinross-shire Civic Trust AGM	70
Thu	25	Kinross Flower Club coffee afternoon	64
Thu	25	Light up Kinross AGM	70, 98
Thu	25	Milnathort and Orwell Community Council by-election	42
Sat	27	Kinross Farmer's Market	73
Sat	27	Kinross Golf Club Charity Quiz Night	81
Sun	28	Dawn Chorus Walk, RSPB Loch Leven	87
Sun	28	Milnathort Golf Club Open Day	99
Tue	30	Creative Writing Group, library	69
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Wed	1	Abaana New Life Choir	89
Thu	2	The Thursday Group: AGM	98
Sat	4	Dawn Chorus Walk, Portmoak Moss	67
Sat	4	Scotlandwell in Bloom Plant and Bake Sale and Coffee Morning	51
Sun	5	Dawn Chorus Walk, RSPB Loch Leven	87
Mon	6	Deadline for Kinross-shire Fund	101
Sat	11	Cleish Church Fete	89
Sat	11	Loch Leven Half Marathon	78