



Kinross Newsletter

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Founding editor,
Mrs Nan Walker, MBE

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DEADLINE for the July Issue

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Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

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(all emails will be acknowledged)

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Commercial Advertising in the Newsletter

Our advertising terms and conditions have recently been updated.

They are available to view at www.kinrossnewsletter.org.

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Editor's Page

Cover photo by Stuart Dawes.

Design by Lee Scammacca of Cree8.

Letter from The Editor

With World Bee Day having just passed, there's no better time to appreciate the wonderful wildlife we have in Kinross around the loch and further afield. The Anglo-Saxons called June 'sera monath' (dry month) – hopefully we will see some more lovely sunshine. In Kinross, it is a busy time of year. This month's *Newsletter* is packed with features and news about local events taking place in Kinross-shire. There's bound to be something to tickle your fancy – Open Farm Sunday, the fantastic and much-loved Portmoak Festival or a guided walk around the town with Kinross Parish Church. The Summer Fayre is at Kinross Primary School while the High School production of *Fiddler on the Roof* promises to be a treat. There's a Community Chinese Event at the campus and, if you fancy a good giggle, a comedy night in Milnathort.

However you choose to spend your June, I hope you enjoy all that this very special part of Scotland has to offer, whether in the great outdoors or under cover!

Hannah Phillips

Note to Contributors

A great deal of the Newsletter comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the Newsletter.

Letters Policy

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the Newsletter. The Newsletter does not necessarily agree with any of the views expressed on the letters or indeed other pages. In special circumstances addresses may be withheld from publication on request (but must still be supplied to the editor).

Note to Readers: Advertising

Inclusion of advertisements in the Newsletter does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

Abbreviations

PKC: Perth & Kinross Council

Cllr: Councillor

CC: Community Council

CCllr: Community Councillor

About the Kinross Newsletter

The Newsletter has been informing and supporting the community for over 40 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the Newsletter to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the Newsletter. Thank you.

The Newsletter is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

Robert Glass Millar

Dear Hannah,

I would like to thank you for publishing the story of Robert Glass Millar (Far from home but not forgotten) in the March issue of the *Kinross Newsletter*. The story led to some of your readers contacting me to offer information. The article also sought a photo of Robert. I later located his grandson, also named Robert Glass Millar, who lives in a South Australian country town about 200km from Adelaide, and he was able to provide a photo from circa 1913.



The re-dedication of the St Peters Heroes Memorial was held on Wednesday 24 April. It was a memorable and, for some, an emotional event as their ancestors and relatives were belatedly recognised. The two bronze plaques naming 145 men from the St Peters suburbs of Adelaide who died in the Great War were unveiled by the South Australian Governor, His Excellency Hon. Hieu Van Le.



The memorial showing the plaque with Robert's name

The weather was perfect for the event, being a typical Adelaide autumn day – 22 degrees with a clear blue sky. The opening of the proceedings had a distinct Scottish flavour with the Seymour College Pipes and Drums playing 'Highland Cathedral', 'Will You No Come Back Again' and 'Amazing Grace'.

South Australia was established in 1836 as a free settlement without convicts, and as such attracted a large number of Scottish settlers. Seymour College was opened as Presbyterian Girls' College in the early twentieth century, and changed its name following the amalgamation in Australia of the Methodists, Presbyterians and the Congregationalists to form the Uniting Church, some 40 years ago. Many thanks for your assistance in our project.

Best regards,

David Cree
12 St Peters Street
St Peters
South Australia

More Causes of Hare Loss

In the last couple of issues I have read with interest firstly a letter asking where all the hares have gone, and then the suggestion that this is primarily due to predation by birds such as buzzards and ravens.

I would like to suggest another cause. The last time I saw a brown hare was in July 2017, when I went to examine the first three trees felled – under questionable circumstances – at Lathro Farm. The sight of at least five hares bounding through the grass was as uplifting as the sight of the felled mature oak trees was disheartening. That grassy field is now largely covered with densely packed urban-style housing. Habitat loss is surely a major factor in the reduction of biodiversity, and perhaps it is worth remembering that not all ruthless predators are avian.

Gareth Thomas
50 Muirs, Kinross

The May edition of the *Newsletter* carried a letter from an Ochil hill farmer pointing out the loss of species diversity and blaming buzzards.

Ecology tells us that apex predators do not destroy biodiversity: they drive it. To suggest that predators control prey numbers also turns ecological thinking on its head: prey numbers control predator's numbers – not the other way around.

In which case, what has caused the loss of biodiversity? We are led to believe that the problem was 'the abolition of any control over avian predator numbers'. If only we had known – it's too many raptors. Or does science tell us differently? Unsurprisingly, with on-going systematic raptor persecution, mainly associated with shooting interests, numbers and range remain suppressed. The hills of northern England could support 300 pairs of hen harrier rather than numbers that can be counted on the fingers of both hands. All this is well

documented in a blog at www.raptorpersecutionscotland.wordpress.com.

Of course, the truth is more complex and sits firmly with hundreds of years of our hills being ecologically overgrazed, burnt and drained, reducing them to nothing more than bowling greens with contours – a slow burn ecological disaster as described by George Monbiot in his book *Feral*. He calls this land 'sheep-wrecked': simplified with no structure, no shelter where even the last vestiges of former heather moorland and scrub are confined to ungrazed remnants. Marginal hill farming, with no profit before subsidy, has delivered little in the way of societal benefits – and remember we are paying for this. Along with the loss of biodiversity, there is little flood resilience and with the historic drainage of the higher altitude blanket bogs little carbon sequestration either, which is why Scottish Government is committing serious funds to undo this damage through the Peatland Action programme. In fact, society can end up paying several times for this form of land management, as seen in the recent flood events in Cumbria and Yorkshire.

However, there is hope that we can find a more sustainable approach to the management of our hills: one that delivers a range of benefits in return for public subsidies. One can see this locally across the extensive habitat restoration projects initiated by the Woodland Trust Scotland in Glen Devon. Such projects will take time to reverse the years of ecological damage inflicted by subsidised sheep-farming but the signs are encouraging. Planted trees are now developing into self-sustaining woodland with the return of heather and blaeberry and wetlands flowering for the first time in generations. This of course underpins the recovery of other species, not least our own well-being at walking through a biodiverse upland rather than a sheep-wrecked monoculture.

John Gallacher
4 Naemoor Farm Cottage,
Rumbling Bridge, Kinross

Serious Questions Raised Over Council's Defence of Lathro Housing Development

The May *Newsletter* reported that the relatively recently appointed Chief Executive of Perth & Kinross Council had defended the way in which the new housing development at Lathro Farm has been progressed in an article similar to a recent report in the Courier.

However, I believe that she will now be aware of the difficult dilemma she faces after an investigation she asked the council's current head of planning and development to carry out provided her with an explanation which was incorrect and misleading, according to a report provided by the Lathro Action Group.

Councillor Purves also met with the Chief Executive last week to ensure she was aware of the extent of the community's continued concerns in relation to this development.

Unfortunately, Roseanna Cunningham, who is not only our constituency MSP, but also Cabinet Minister for Environment, Climate Change and Land Reform, was also provided with incorrect and misleading information by the council's head of planning and development in response to questions she had been asked to raise by concerned residents on

the neighbouring Lathro Park estate. Her office has since confirmed that she will be now be considering this matter in her ministerial capacity, following a further report provided by the Lathro Action Group on behalf of concerned residents and others.

The office of the EC Director General (Environment) has also accepted and is considering a formal complaint from the Lathro Action Group about the way the Lathro development was approved and has been progressed thereafter.

Ken Whitcombe
107 Lathro Park, Kinross

The Newsletter on Facebook

We use our Facebook page to announce:

- our deadline and publication dates
- what's in the next issue
- reminders of some local events
- occasional breaking news

'Like' our page to be kept informed. Search for 'Kinross Newsletter' or go to:

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A Short History of Angling on Loch Leven from 1830 to 2019

If St Andrews is the home of golf then Loch Leven was the trout angler's 'mecca' for 150 years. But the rise of Loch Leven to become Scotland's premier trout fishery was followed by a gradual demise. Primarily a net fishery during the seventeenth and eighteenth centuries, it was reduced in size from 4350 acres to 3350 acres in 1830. The water level and flow was controlled at the sluices to furnish power to the mills in Fife via the River Leven.

Angling became increasingly popular during the 1800s and commercial netting ceased in 1874. The Tay Salmon Fisheries Co, under the management of the legendary P.D. Malloch, leased the trout fishing from Sir Basil Montgomery from 1908 until 1922. During this period the hatchery was expanded and trout ova exported from Loch Leven to waters all over the world. P.D. Malloch died in 1921 and management of the loch reverted to Kinross Estate. The hatchery was closed and its spawning burns had an abundance of trout. Pragmatic fishery management consisted of pike netting, cormorant control and anti-poaching patrols – especially at spawning time.



Photo: Loch Leven Sunset by J P Paton

Rod catches from 22 boats were cyclical and ranged from 31,000 trout in 1819 to only 2000 in 1903. This low catch was put down to Loch Glow bursting its embankment in 1899 and a substantial number of pike being carried down into Loch Leven. The sensible response was to heavily net the pike for some years and the trout responded with annual increases peaking in 1912 and 1929 with catches of 48,000 and 52,000 respectively. In those days 12 trout equated to 10lbs. The 1960s was probably Loch Leven's best decade and boat numbers increased to 38. In 1966 the Scottish National Day Competition produced 948 trout for 805lbs. After 1966 the boats were powered by outboard engines instead of the traditional two boatmen, each with a heavy oar.

During the 1970s catches varied from 13,000 to 26,000 trout per season, with a much-increased average weight to over 1½ lbs. The 1980's saw the hatchery re-opened and rainbow trout were stocked and were a great success for a few years. Sadly their intolerance of eye fluke took its toll and stocking ceased. Indigenous brown trout were reared and stocked successfully but hatchery costs and predation made the fishery barely viable. I carried out regular cormorant counts for Kinross Estate and the numbers were prodigious with up

to 470 counted on various roosts during the early morning. Scientists undertook a peer reviewed survey and stomach analysis of 50 birds revealed that whilst anglers in 38 boats caught 8000 trout, cormorants consumed 80,000+ that season. With no license issued by SNH to control cormorants and the Kinross Estate Co no longer netting pike the end of Loch Leven as a world-famous fishery was inevitable.

Today pike are returned in a futile attempt to rent out the remaining 21 boats and trout anglers have deserted in their droves. Should anyone question the impact of pike on a game fishery, then Google 'Alexander Creek – Pike' and read about how an illegal pike introduction was responsible for wiping out a multi-million dollar fishery.

SNH and SEPA have done sterling work to improve Loch Leven's water and reduce algal blooms. Ironically, the improved water clarity has had unintended consequences in that the effectiveness of sight predators (pike and cormorants) has had even greater impact on their prey (trout)!

Loch Leven as a trout fishery gave generations of anglers enormous pleasure, great sport and an excellent meal. I first fished Loch Leven in 1958 and have enjoyed many evenings with wet fly, mornings with dries and days when

conditions suited. Like thousands of anglers blank days didn't dampen my enthusiasm but now when I drive past Loch Leven to fish elsewhere, I am saddened by what I see.

The Custodianship of SNH has been a disaster. They 'lost' a 7000 strong colony of dainty black-headed gulls on St Serfs island by encouraging the establishment of an enormous colony of black-backed gulls, that gobble up ducklings on sight with any surviving ducklings consumed by pike. If it wasn't for the cormorants Loch Leven would have the bio-diversity of a landfill site with its plethora of corvids, big gulls and assorted vermin.

Loch Leven's trout catch may have reached 2000 last year, but what is certain is that without drastic action the trout population is now past the tipping point toward extermination. The scientific community has completely overwhelmed pragmatic management and common sense and for once they cannot blame 'problems at sea'!

A joint press statement should be issued by the Kinross Estate Co and SNH on the Loch's current plight and how they intend to manage its future. This is the very least they could do to inform the trout angling public and local villagers who worry about the Loch's future.

Michael C. Smith,
Threapmuir Farm Cottage,
Kinross,

with many thanks to the late Robert Burns-Beggs, author of *The Loch Leven Angler*, the late John Johnstone – factor of Kinross Estate, and David Biggart, author of *The Scottish National Angling Clubs' Association 1880-1980*.

The Newsletter invited a response from SNH and the Kinross Estate Co. At the time of publication, we had not received a response from Kinross Estate Co. A response from SNH is given opposite [ed.]

SNH respond...

While Mr Smith does acknowledge that the numerous partners involved in managing and monitoring the loch have done much to improve its water quality and reduce algal blooms, I'm disappointed to see some ill-founded accusations in Mr Smith's story about Loch Leven.

In fact, in recently published research from the Centre for Ecology & Hydrology, they found that because the water quality has improved:

- aquatic plants have responded to the reduced nutrient inputs from the catchment, growing once more in deeper water of up to four metres depth, and returning to some of the shores from where they had previously disappeared. As well, bird species, such as coot, great crested grebe, tufted duck and pochard, have all been increasing since 2000, bucking national trends.
- fish catches in 2013 were also some of the highest recorded in the past 40 years, with the largest brown trout on record caught in 2013.
- The extent of fringing reed beds – an important home to many species – has increased threefold since the 1970s.

These are all indicators of the current all-round good health of the loch.

Cormorant numbers did indeed peak in the 1980s and 1990s in response to stocking of the loch with brown and rainbow trout. Now that stocking has ceased, cormorant numbers (which we count fortnightly) have returned to the levels of the pre hatchery restocking era – a correlation which points towards cormorants 'cashing in' on the abundance of fish being put into the loch. Perch numbers in the loch have also recovered, with large shoals regularly seen from the Pier and Burleigh in summer.

Yes, we do mourn the loss of the black-headed gull colony along with many other of the country's large colonies which have now gone too. We hope management of St Serfs habitat will one day see them return, but until then our research has shown that ducks now rely upon the remaining gull colony for nest protection from predation by jackdaws and crows. Our surveys in 2014 and 2018 showed 100% of our tufted duck nests within or immediately beside the gulls. Our studies also show that the number of young raised by the nesting ducks on St Serfs is comparable to those in the sixties and seventies.

With regard to pike, UK scientists advise that the control of pike is unlikely to be effective in increasing a brown trout population – rather it just results in a change in the pike population structure.

The number of boats on the loch has decreased, but I was out yesterday chatting to anglers and they were all enthusiastic about the fishing on the loch, be it for trout or pike.

The relationship between improvements in water quality and the benefits to the local economy are also well documented. The estimated spend by visitors to the loch in 2014 was over £2,000,000 (Scotinform 2015). And the community benefits saw the partners who manage the loch shortlisted for a European award in 2018.

As I look out of my window, I am heartened to see that what we have at Loch Leven is an internationally important nature reserve. It is now in the best ecological condition it has been for decades and, as such, will be as resilient as it can be to the vagaries of predicted climate change.

The loch is now a healthy ecosystem after many decades of turmoil and change. While it still faces many challenges in the future, we as a planet face a climate emergency which the abundant biodiversity and scientific value of key sites like Loch Leven NNR will be fundamental in fighting.

Our statement on its future management is found in our management plan 2016-2026 online at:

www.nature.scot/management-plan-loch-leven-nnr-2016-2026.

For more facts about Loch Leven NNR please visit our website:

www.nature.scot/enjoying-outdoors/scotlands-national-nature-reserves/loch-leven-national-nature-reserve

or the Centre for Ecology & Hydrology:

www.ceh.ac.uk/loch-leven-uk-lake-restoration-case-study.

Read about the trials and tribulations of the anglers on the Willie the Ghillie blog at www.fishlochleven.co.uk and follow SNH Loch Leven on Facebook:

www.facebook.com/lochlevenNNR.

Neil Mitchell,

Site Manager, Loch Leven NNR

CCTV for Kinross High Street?

Kinross retail and hospitality businesses are at the core of the local community and have the common goal of growing with, and ahead of, the needs of Kinross. The trading landscape produces both opportunities and challenges. In that respect, Kinross is no different to any other town or city. Regrettably, security has raised its head with several break-ins at local shop premises. On that basis, we are seeking to understand the views of Kinross residents and businesses to the potential installation of CCTV in Kinross High Street.

If you have a view you would like to share, please email us at kinrosstraders@yahoo.com, call or text 07999 510500 or write to Kinross Traders, Loch Leven Laundry, 77 High Street Kinross, KY13 8AA.

Fiona Cameron-Bowman and Richard Scott,
Warroch Cottage, Dalquieich

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.

For further details see www.kinrossnewsletter.org or phone Ross McConnell on 01577 865885 or email

subscriptions@kinrossnewsletter.org

Congratulations



Both families are delighted to announce the marriage of **Andrew Beggs** and **Julia Oldham**, former KHS pupils, on Saturday 11 May 2019. May your lives together continue to be filled with laughter.



Rachel Webb, of **Dance Connect**, Kinross, would like to congratulate her pupils on their examination results. Of the nine candidates who sat RAD vocational exams every candidate received very good results. This is the highest number of vocational candidates the school has entered at these levels, and the most consistently highest awarded marks at professional level. Rachel said, 'The pupils work extremely hard for their dance successes. These results provide SQA points which can help support applications for university'. Special congratulations to **Eilidh Robertson** who successfully auditioned for Scottish Youth dance company the Y Dance Project, which offers young dancers the experience of creating, rehearsing and performing as part of a touring company. You can come and support Eilidh on **Thursday 25 July** at the Macrobert Arts Centre in Stirling.



Eilidh Robertson as Alice, in the Dance Connect production of Alice in Wonderland, supported by senior ballet pupils

Congratulations to local triathlete **Struan Bennet** who has had a busy winter's training and racing culminating in some great running performances. His goals for the season were to gain selection for the Inter Counties XC in Loughborough, Scottish Schools at SIAB Schools International XC in Dublin and the London Mini Marathon. He achieved all three goals! A big thank you is also due to Earnside coaches who transported the Scottish Team.



J & G Wilson would like to congratulate **Jennifer Preston** to the position of Associate. Jennifer joined the firm in October 2016 and qualified in October last year. Jennifer said 'I am thrilled to be a part of a firm that has such a long history of providing legal services to the people and businesses of Kinross-shire'. Managing Partner Eric Williamson added, 'We are delighted to be able to promote Jennifer. She shares our values and our long-standing commitment to continuing to provide legal services and support to our clients'.



Do you have

Photographs of Kinross-shire

you'd be happy to share with others?

Visit www.kinross.cc to find out how to add your photos to the Photo Library. The aim of the library is to provide a resource for promoting Kinross-shire.

Thanks



Scotlandwell in Bloom would like to say a big thank you to everyone who supported their Plant & Bake sale on 4 May at the Well Country Inn and for helping to make it such a success; we raised over £1500. It was a beautiful morning and we had a fantastic assortment of plants lined up for sale. Indoors, the tables were laden with delicious home baking, as well as stacks of jams and chutneys, and a huge tombola. Grateful thanks to everyone who gave of their time and for the tremendous on-going support from Ronnie, Tanya and their staff at the Well Country Inn. We have had a few 'working parties' recently and it was great to see some new and enthusiastic workers eager to lend a hand. If you think you might like to get involved or lend a hand, please feel free to contact Elaine on 01592 840652 or Karen on 01592 840379.

Thank you, Kinross-shire!

The team at **Morgans** have been fundraising for CHAS and are delighted by the support they have received from local businesses and residents. They want to thank each and every person who has contributed to their fundraising efforts. Throughout May, they donated £10 to CHAS for every valuation the Kinross office carried out in Kinross-shire. They also participated in Geeky T-shirt Day to raise funds. You may have noticed the exercise bike in the office. The team have been trying to see how many times they could cover the distance from CHAS Rachel House to CHAS Robin House (approximately 54 miles) in a month.



A massive thank you to all who have helped us raise funds for CHAS and raise awareness of this exceptional charity

News & Articles

Kinross-shire Traidcraft hits a high note with a UK No 1!

Karena Jarvie and Kinross Traidcraft would like to thank all those who have helped them to sell a whopping £21,617 of goods this year. Not only is this a terrific amount, but Kinross Traidcraft are now the No. 1 seller of Traidcraft goods not only in Scotland, but in the UK. It just goes to show that whatever you buy, whether large or small, it all counts.

All the Kinross Churches are now involved in selling Traidcraft goods and there are an increasing number of local businesses who have helped to contribute to this fantastic total. Loch Leven Lodges, Loch Leven Laundry, Buchan's in Kinnesswood, The Courtyard, The Kirklands Hotel, the Scottish Gliding Centre and Hunter's the Butchers are all supporting Traidcraft by buying and stocking Fairtrade goods. The sale of these goods supports some of the poorest farmers and producers in the world.

Kinross Traidcraft would like even more involvement, from other businesses in the area. They hope

to have local schools starting the journey towards Fairtrade Status. They can provide Traidcraft goods to sell at parents' nights or other events.

Perth & Kinross is a Fairtrade Zone. Could your business get involved by offering Fairtrade goods?



The Traidcraft team

MPs champion Deposit Return Scheme to go UK-wide

A plan to create the UK's first deposit return scheme for plastic bottles, cans and glass in an effort to boost recycling, has been applauded by environmental groups and Scottish MPs.

Under the proposals, Scottish consumers would pay a 20p deposit on every bottle (glass or plastic) or drink can that they buy from shops. The scheme covers all bottles ranging from a 50ml whisky miniature to a three-litre bottle of cider. Every can or bottle within a multipack will also be included. This would be the first national scheme of its kind in the UK, and all retailers, including those online, would have to comply and accept returns. Only restaurants and pubs selling drinks for consumption on their own premises would be excluded.

Ewan MacDonald-Russell, of the Scottish Retail Consortium, estimated it would cost £100m to buy and install the machines to take and store returned bottles and cans. Adding glass bottles to the scheme could make it unachievable, he said, while some people could get deposits refunded to them for drinks bought in England.

Samantha Harding, of the Campaign to Protect Rural England (CPRE), said: 'We congratulate the Scottish Government'. She added that, 'we will be urging Michael Gove to build on Scotland's ambition and go one better, by making sure every drinks carton is also included within England's deposit system.'

Roseanna Cunningham said the scheme would be up and running by the end of the current parliament in 2021 and would aim to capture 90% of drinks containers for recycling within three years. She said, 'There is a global climate emergency and people across Scotland have been calling, rightly, for more ambition to tackle it and safeguard our planet for future generations.' She said international evidence showed 'a well-run, appropriately targeted scheme could improve the environment, change attitudes to recycling and litter, and support a more circular economy'.

Luke Graham MP welcomed the UK Government's drive to make the plastic bottle Deposit Return Scheme a reality throughout the whole of the UK. Speaking during the Department for Environment, Food and Rural Affairs

(DEFRA) debate in Westminster, Luke asked the Secretary of State if the UK would support the move to make the scheme UK-wide – a sentiment shared with businesses in his constituency including Highland Spring in Blackford. Commenting, he said, 'Climate change has been a priority for this Government for many years and recycling our single use plastics has been at the forefront of the agenda. It is important people throughout the UK are encouraged to recycle their plastics wherever they are and are not hindered by geography. As the minister said in his reply, Scotland is already considering the programme and we need to ensure that this is rolled out across the whole country.'

Willie Mackenzie, an oceans campaigner for Greenpeace, said the measures were welcome and urged the UK government to follow suit. He commented, 'Crucially, Scotland's scheme will be far-reaching and include glass bottles, which is what the public supports and will drastically boost recycling collection rates.'

Open Farm Sunday at Hilton of Aldie

How lucky to gaze out of the 'office' and see the rich mosaic of the beauty of the Kinross-shire countryside, perhaps none more so than at Aldie, a small community, near the villages of Drum and Crook and Devon and yet only a short drive from the centre of Kinross. Few will ever have ventured down the single-track road nestled between the B9097 Cleish Road and the A977 at Powmill.* But that is all about to change.

The farming 'office' in question, where work goes on each day is Hilton of Aldie Farm (KY13 0QJ) and on Sunday June 9, 2019 between 12 noon and 3pm the farm gates will be wide open to welcome you to LEAF (Linking Environment and Farming) Open Farm Day, a national initiative to encourage you to visit a farm, discover the world of farming and see where your local food comes from. Since the first LEAF Open Farm Sunday in 2006, over 1000 farmers across

farmers improve the way they farm by encouraging them to take up Integrated Farming. LEAF also helps to create a better public understanding of farming through a national network of Demonstration Farms, Innovation Centres and initiatives like Open Farm

security guards. They patrol the fields keeping the lambs safe from predators. There will also be new arrivals of pygmy goat kids, ducklings and chicks, as well as fun free activities for children.



NAME THAT KID

The little kid featured on the cover of this month's Newsletter does not have a name yet. Readers are welcome to send their suggestions to Hilton of Aldie Farm by Sunday 30 June. Her mother is called Rose, and her name needs to start with an 'F'. If your name is chosen you will be invited out to meet the baby goat and have a photo taken with it. Please send your name, age and suggested name to info@farmerdawes.co.uk with 'Name That Kid' in the subject line of your email. Farmers Colin and Stuart Dawes look forward to hearing your suggestions!



Romney Sheep

the UK have opened their gates and welcomed people onto their farm for one Sunday each year. This is a fantastic opportunity for everyone, young and old, to discover what it means to be a farmer and to see the fabulous work they do producing our food and managing the countryside. LEAF Open Farm Sunday is one of the farming industry's biggest success stories. Each event is unique, based around the farm's individual story.

LEAF is a national charity that helps

Sunday. They aim to bring farmers and consumers together to raise awareness of how farmers are working in harmony with nature to produce good food with environmental care. Farmers Colin and Stuart Dawes will be on hand on the day to answer your questions, show you around their farm and introduce you to their animals. From cows and sheep to pygmy goats and chickens, there are plenty of

animals to meet including the two alpacas, Mac and Nimbus, who act as

Rootin' and Roamin' (a regular at Kinross Farmers' Market) will be on hand to sell you fresh meat or a hot sausage roll. The RSPB will be showing you how to make treats for your bird table and local Bloom group Crook and Drum Growing Together will be offering you lots of plants to buy for your garden. Whether you want to take a stroll through the fields or take a leisurely horse and cart ride – the countryside is a great place to spend the day. So, wash off your wellies, pack a coat and come on down to the farm, where a very warm welcome awaits you. Admission is by donation and car parking is free. Further details are available at colin@farmerdawes.co.uk or call 07899 993575.



View of Hilton of Aldie farm

* As Hilton of Aldie Farm is situated on a single track road, please arrive via Cleish Road B9097 and leave towards Powmill onto the A977.

Michael Bruce Trust

The Michael Bruce Trust exists to keep alive the memory of the eighteenth-century Kinnesswood poet Michael Bruce who is often referred to as the 'Gentle Poet of Loch Leven'. His birthplace in Kinnesswood is looked after by the Trust which also supports educational activities at Portmoak Primary School as well as public events that include an annual service of commemoration in Portmoak Parish Church and an autumn illustrated talk held in Portmoak Village Hall.

This year's annual service of commemoration will be held at 6.30pm on Sunday 7 July in Portmoak Parish Church. The service will be conducted by the Very Rev. Angus Morrison and the guest speaker will be the Very Rev. Russell Barr, minister of Cramond Kirk, who succeeded Angus Morrison as Moderator of the General Assembly of the Church of Scotland. Refreshments will be available after the laying of a wreath on the poet's grave and all are welcome to attend.



The memorial to Michael Bruce in Portmoak Kirkyard

Praise for young pilot

Cycling Without Age is a movement started in 2012 by Ole Kassow and Dorthe Pederson. Ole wanted to help the elderly get back on their bicycles, but he had to find a solution to their limited mobility. The answer was a trishaw and he started offering free bike rides to the local nursing home residents.



Euan Porter piloting one of the Cycling Without Age trishaws

Kinross High School are delighted to report that Euan Porter (an S5 pupil) is the youngest trained pilot in Kinross and the only pilot from Kinross High school. He is averaging around three cycles per week and is receiving fabulous feedback from both clients and peers. Euan will be engaging in further work experience and volunteering with Cycling Without Age during his transition from Kinross High School to College in August. Kinross High School are very proud of all Euan has achieved in and out of school and wish him all the best with his future.

Free Training & Awareness Raising Sessions for Community Groups and Organisations in Kinross-shire 2019

Organised and supported by Community Learning and Development – Perth and Kinross Council.

Promoting a co-ordinated approach with key partners from the Kinross-shire Community Learning and Development Group, Local Services, Community Groups and Organisations.



Food and Hygiene (Certificated online course in Food and Hygiene)

Limited spaces. Delivered by PKC – Community Learning and Development

Date tbc

Health and Safety (Awareness Raising Session)

12 spaces. Delivered by NHS Tayside Workplace team

25 June 2019 at 9.30am-12.30pm

Impact of Poverty Awareness Session (Awareness Raising Session)

12 spaces. Delivered by NHS Tayside Workplace team

4 Sept 2019 at 9.30am-1pm

- Raise awareness of poverty, including in-work poverty
- Reduce the stigma associated with living in poverty
- Support poverty and inequalities with sensitive practice
- Raise awareness of how to signpost people in poverty to sources of support

All courses will be held at Loch Leven Community Campus, Muirs, KY13 8FQ. Further information: www.pkc.gov.uk/article/20817/Training-Sessions-for-Community-Groups-in-Kinross-shire-2019

For more information or to book a place contact Tracey Ramsay (Community Learning and Development) on 01577 867124 or email tramsay@pkc.gov.uk or KinrossComLearn@pkc.gov.uk.

16th portmoak festival

23 ~ 28 june

This year the theme expands from the Year of Young People to become 'Intergenerational Working – all ages working together' and this will certainly be reflected in the Portmoak Festival, now in its sixteenth year.

The festival takes place throughout Portmoak with the Church and community coming together to provide opportunities for all ages from all over Kinross-shire and beyond to socialise with old friends and new. There will be the old favourites like the art exhibition, cream teas, the pudding club and the Jazz Night all taking place in Portmoak Hall. Please come along and support each event. With the exception of the Jazz Night there is no need to book tickets.

Portmoak Primary School have been making an intergenerational film. They have learned about film making, bought equipment with a grant from Perth Library and Museum Service and interviewed a number of people in the Parish. The **Community Launch** will be at 11am on Monday 24 June at Portmoak Primary. Please contact the school if you would like to attend. It will be shown in the church during the week of the festival. The church will be open from 2-4pm and 6-8pm Monday to Friday and the main display will be Prayer Stations relating to different aspects of church life.

Kinross-shire Cricket Club is hosting the ever-popular **Family Fun Cricket Tournament** at their ground behind Loch Leven's Larder. It starts at 10am on Saturday 22 June and all ages are welcome.

The festival then hosts the **official opening of Benarty View**, the new garden area next to the Golf Course in Kinnesswood. Tom Buchan's bench will be dedicated and there will be refreshments and some music to celebrate including some surprise items. Please walk, cycle or car share and cars should park in Whitecraigs. Don't miss it!

On Sunday 23 June a **church service** will be held at Portmoak Church at 10.30am. The excellent Praise Band will be in attendance. Once again, the

Well Country Inn plays host to a couple of events. Like last year there will be a **Folk Night** at the Well Country Inn on Sunday night. Come along and be thoroughly entertained by a mixture of music, song, poetry and storytelling, all performed by the wonderful, talented 'folk of Portmoak'!

Cream teas will be available in Portmoak Hall between 2 and 4pm Monday to Thursday. These are very popular for those who like to catch up with old friends and enjoy a delicious cream tea provided by the ladies of the Church and SWI. We will have craft sessions on each afternoon with glass work, painted pots, recycled crafts and card making. The ever-popular **Pudding Club nights** are Monday to Thursday in the hall from 6-8pm and will feature all the usual fantastic selection of puddings with the grand finale of chocolate night on the Thursday. If anyone wants to contribute puddings, they will be most welcome.



At 9pm on the Tuesday the Well Country Inn is once again the venue for the **Festival Quiz**. This is always a fun event with a hotly contested battle predicted for the trophy and title of most knowledgeable team in Portmoak and beyond.

The under 5's are finishing their session with a **Mini Sports Day** from 9.45-11.30am. This will take place in the Kilmagadwood Community Orchard if the weather is fine with the hall for a back-up.

The **Jazz Night** takes place in the hall on the Friday and is always popular so please make sure you get your tickets from the shop beforehand or from the hall during festival week. Guesting with the Dave Batchelor Quartet this year is award-winning violinist and

'sophisticated songstress' Seonaid Aitken who was voted Scottish Jazz Awards 'Best Vocalist' in 2017 and 2018 and also plays with the Orchestra of Scottish Opera, the Tim Kliphuis Sextet and is presenter of BBC Radio Scotland's 'Jazz Nights'.

If you need to work off all those calories look out for **Fit Festival** events. There will be a couple of community jog/runs with a promise of coffee afterwards. Of course, you can walk along to the hall to keep up your Fitbit totals.

The **art exhibition** contributors are the children of Portmoak Primary School who have been creating art on an intergenerational theme. Jacqui Sellars once again worked with the children using clay. This time she worked with P6 and P7 children and the results are well worth seeing. You can also look forward to pictures of local events drawn and coloured in the style of Quentin Blake, the class being taught by Gillian Ross. Paper collages with 3D people also illustrate people in the community and there are wonderful pictures done by the younger classes with help from local ladies. Some are reminiscent of L.S. Lowry. The exhibition will be displayed in the hall from Monday to Thursday during the cream teas and pudding club opening times.

Although the prom is no longer part of the festival it still takes place on Thursday night so if you want to see Kinross-shire's Primary 7's in all their finery, keep a look out before they set off for Loch Leven Community Campus.

The **Michael Bruce Commemoration Service** will take place at 6.30pm on the following Sunday, 7 July in Portmoak Church.

If you are new to the area please come along and see what the festival is all about. All support is welcome.



Developing the young Kinross workforce

The S3 pupils of Kinross High School were the focus of Developing the Young Workforce in May. Two hundred pupils attended Employability Skills Workshops, spending time looking at these skills and their importance in the world of careers.

Anna Kett – Loch Leven Community Library Placement

'It's been great fun, and the staff have been really friendly. Working behind the desk serving customers has been my favourite part.'

One-day Work Experience Placements in industry sectors of their interest (where possible) were then provided to 130 pupils. Students were also nominated for awards, when they displayed exceptional employability skills during their placement, bringing an added benefit to their CV. The feedback from the pupils and businesses alike has been great.

This is the first time that work experience placements have been organised on this scale within Kinross High School. A huge amount of work has been put in by local businesses and the school to have 130 placements run within such a short period of time. Some of the industry sectors covered were Engineering, Finance, Marketing, Retail, Catering & Hospitality, Energy & Recycling, Architecture, Hair & Beauty, Health & Social care and many more. After these placements were completed, all 200 students came back together again to attend CV and

Interview Skills Workshops, and this was an opportunity for most pupils to put their first piece of work experience on their CV.

This marks a real focus for the S3 pupils learning around careers and means they all get the same grounding in employability skills, from an age where they will be starting to consider applying for weekend work and summer work, and indeed thinking about their future careers.

Kinross High School are placing a big focus on their strategy to Develop the Young Workforce and help the pupils be career ready. There are various other activities being run and developed throughout the different school years that all link together to support this.

Andrew Baxby – Deputy Headteacher at Kinross High School

'The pupils have come back enthused and with a new perspective on their subjects and the world of work.'

I have even had a pupil want to change their course choice in light of their experience.'

Thank you to all the employers'

A special mention and massive thank you needs to go out to the businesses that made this happen. They supported Kinross High School by providing multiple work experience placements and worked hard to ensure that the pupils got the most out of it. Additionally, placements were especially created in order to allow pupils to experience different job sectors that we otherwise

locally would not have been able to find.

A big thank you goes to – The Complete Look, Greyhound Rescue Fife, Kinross Day Centre, Live Active Leisure, Loch Leven Community Library, Loch Leven's Larder, RSPB, Skeins & Bobbins, Stewart & Smart Premier Wheels, The Courthouse, The Kirklands Hotel, Todd & Duncan, The Boathouse, The Property Services Department at PKC and SSE. If any businesses want to help support this great initiative for the school next May, please contact Kimberley Watson at Kimberley@rubixhr.com.

Reece Devlin – Todd & Duncan Placement

'I had a fun day and got lots of insight for future jobs in the Art & Design sector. It was cool to see.'

Kimberley was asked to lead the project on behalf of the school, as she has extensive experience working with High School pupils in Employability Workshops, supporting CV Writing and Interview Techniques.

She also developed several Apprenticeship Programmes for Multi-National companies, so has read lots of CVs from young people, as well as interviewing and running Assessment Centres for them. She commented 'I have been blown away by how willing and helpful local businesses have been, and I am very proud of the pupils. It can be pretty daunting stepping into your first ever day in a job, and they all did very well!'

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Ian Mackay 01577 864751

Summer fayre set to sizzle

Kinross Primary Parent Council are feverishly putting the finishing touches to their Annual Summer Fayre!

Taking place at Kinross Primary School on **Saturday 8 June from 12pm-2.30pm**, the fayre is sure to be a fantastic day out. There are stalls, activities, fun games, home-baking and lots more on the agenda.

Our raffle features prizes from far and wide and includes concert tickets, lunches, dinners, jewellery, days out, weekends away, sports, activities, pampering and so much more. We are indebted to our hardworking committee who have tirelessly knocked on doors to request donations and we hope you are able to come along and be lucky on the day! We'll also have loads of activities like bouncy castles, beat the goalie, nerf gun wars and soak the teacher. Our P2 children

are setting up their own seedling stall and our tombola tables are groaning under the weight of chocolate, games, fluffy toys and bric-a-brac. We hold the event mainly indoors so even the Scottish summer won't stop us.

With refreshments, a BBQ and activities to suit every age, this is a great day out and a great way to support Kinross Primary School. This is our main event of the year and helps to fund a range of additional academic, sports and cultural services that the school could otherwise not provide. These include the Arts & Culture programme which has given pupils the opportunity to try circus skills, host visiting performances and meet and work with authors.

Come along and see us for a great day out in Kinross!



Fun at the KPS Fayre in 2018
Photos: VJ McLean

We would like to thank our donors for their generosity:

DF Concerts, Macdonald Resorts, Holly Silver Jewellery, Sheena Robb Stylist, Marzifruits by Tracy, Esther Kent, The Green Hotel, Kinross Pro Shop & Golf Club, Loch Leven Brewery, Loch Leven Fishing, Grouse and Claret, Todd and Duncan, The Boathouse, Kinross House Coach House Spa, Heart and Soul, Reiki Laura Clark, Protorq, Adelicous, Backstage@thegreen,

Winskis, Loch Leven Dog Grooming, Balgeddie Toll Tavern, Court House Coffee Bar & Restaurant, Websters Adventures, Baynes Bakers, Light up my Heart, Murrayshall Country House Hotel & Golf Club, Salon T'elle, Shellybeenz Originals, Avante Garde, Showroom Shine, Kirklands Hotel & Restaurant, The Scottish Deer Centre, Over Dalkeith Stables, Andersons LLP, J Miller Carpet Cleaning,

Scottish Gliding Centre, Café 98, Adventure Golf Dunfermline, Loch Leven Cycles, The Kinross Show, Uncorked Crafts, Morgans Solicitors & Estate Agents, Andrew Baillie Solicitors, Fabby Furniture, St Johnstone FC, The Royal Yacht Britannia, Falkirk Wheel, Active Kids, Queens Hotel, Perth, Xtreme Trampolining, Briarlands Farm, Glasgow Science Centre, The V&A Dundee.

Annual Vintage Ploughing Match at Lochend Farm, Scotlandwell

In aid of Marie Curie

After snow stopped play initially, we held our rescheduled annual charity vintage ploughing match at Lochend Farm, Scotlandwell back in March. The weather was cold and windy, but that didn't stop the enthusiasts from looking out their much-loved tractors and ploughs, and travelling from all over Scotland to have a go! It was, as always, a real delight to witness the effort, dedication and level of skill that the participants have, as well as the sheer joy they seem to get from their hobby. We had tractors of every colour including a David Brown, Ferguson, International, and a Fordson. These tractors seem so small in comparison to their modern-day equivalents, but must have felt like major progress when they were introduced. Most of the ploughs in attendance only made one or two furrows at a time, whereas today most make five or six!



Vintage ploughing match at Lochend Farm



We were also fortunate to have a pair of Clydesdale horses ploughing at the event, who made a great job and were a big hit with the spectators – adult and children alike. It is a real pleasure to witness and experience first-hand the power and grace that these horses have. It is also a stark lesson into what farming would have been like not even a century ago. The owners were good enough to let some of the spectators have a go at ploughing a furrow with the horses. It was a real treat!

We always hold a tombola at this event and take donations, with all monies going to Marie Curie. This year we raised £400. Thank you to all who contributed.

A Guide to Making A Will

Why is it important to have a will in place?

It is important that you have a will in place to ensure that your wishes are known and that your estate is distributed in accordance with those wishes, as far as is possible. Making a will is often a relatively quick and hassle-free process but it is vitally important to help your loved ones reduce the likelihood of paying more in court costs, insurance costs and tax should you fail to leave a will.

Won't my estate automatically go to my spouse and then my children anyway?

This is not guaranteed! Also, there is a more involved procedure for administering an estate where no will has been left. Where there is no will in place, there are no Executors with authority to deal with the estate. An application to appoint one would need to be drafted and submitted to the Court. They may also be required to take out an insurance policy in these circumstances in order to have an Executor appointed by the court. This all means that the person given the responsibility of dealing with your estate may not be the person you would have chosen, and there are likely to be additional costs and more stages to the process.

My estate is too small to worry about a will, isn't it?

It is easy to underestimate the value of your estate. However, even if a will is only drafted to appoint Executors it will save the court costs of having one appointed, the cost of an insurance policy usually required if there is no will and the helps avoid additional procedures being required before your loved ones can deal with your estate.

I made my will years ago, so surely I'm covered?

This may well be the case, however, we strongly recommend your will is reviewed regularly and certainly after any change in your personal circumstances such as becoming a parent or grandparent, getting married or moving house.

Sylvia Flynn,
Associate Solicitor,
Morgans



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Kinross-shire Community Investment Fund

The Kinross-shire Community Investment Fund (CIF) is a funding body established by Perth and Kinross Council in 2019. The purpose of the fund is to address inequalities in the Kinross-shire ward, by investing in projects which will provide long term improvements in the area. This fund is administered by PKC officers and a panel of local representatives was set up to determine which applications would receive funding from the applications received.

This Kinross-shire panel consists of the four elected PKC Councillors, six elected Community Councillors representing each of the Community Councils in the ward and four members of the Kinross-shire Action Partnership. The fund was awarded £50,000 to invest in the first round of funding, which had a closing date of the 15 February 2019. Eleven applications were received seeking funding of £88,916.05.

The Panel were sent copies of the applications on the 18 February and met on the 21 February, to agree the procedures which would be followed at the Grant meeting and to raise questions of the individual applications to help clarify any issues raised by members of the panel.

Responses to these questions were received over the next week and the Panel met on the 28 February to award Grants. At this meeting, each application was scored against a number of criteria, being:

- Does the project take place within the agreed ward boundary area?
- Is the project community led?
- Does the applicant present a well thought out project?
- Does the project have a well-defined and realistic budget between £3000-£50,000?
- Does the project respond to ward priorities, as set out in the local action plan for your area?
- Will the project make a positive impact on the locality, including tackling inequality?
- Does the project meet a need that is not currently being met?
- Will the project help build capacity in the area in the longer term?
- Does the project seek to engage others in the community?
- Will other people in the community benefit from the project?
- Does the project involve partners?
- Do you think the project represents good value for money?

Detailed discussion on each application then ensued.

The following awards were made:

- Installation of a kitchen at the new **Glenfarg Community Centre** – £5000.
- **SPARKS** – Funding for a disabled group to allow them to provide a regular meeting where people with disabilities can share common experiences, have a social life, take up new hobbies/sports, go on trips with a group of friends and build informal support networks locally – £3265.
- **Tabernacle Hall, Blairadam** – Funding to replace main hall floor and to upgrade the kitchen – £13,000.
- **Kinross-shire Sports Hub** – Funding to pay for the design and to apply for planning permission for an enhanced Skate Park at Lathro, Kinross – £5000.
- **Kinross and District Men's Shed** – Funding to acquire six Ebike kits (to allow normal bicycles to become Ebikes), 1 Trike, 1 Folding bicycle & associated equipment – £4340.
- **Kinross-shire Partnership** – Funding to cover a shortfall in acquiring four mobility scooters for the Loch Leven Heritage Trail Scooter Scheme – £3000.
- **Kinross-shire Local Events Organisation (KLEO)** – Funding to acquire equipment for their and other community groups use – £3097.99.
- **Support Help and Integration in Perthshire (SHIP)** – Funding to provide young people aged 5-18 with ASN, physical, mental & sensory disabilities with weekly youth clubs, Saturday and school holiday activities – £8000.
- **The Rural Access Committee of Kinross-shire (TRACKS)** – Funding to create better disabled access to the Loch Leven Heritage Trail – £5000.

Two applications were unsuccessful.

The deadline for the next round of funding is 5pm on Wednesday 21 August. Further details of what can be funded and what the Local Action Plan Priorities for Kinross-shire are, can be found by googling 'PKC Community Investment Fund' or by contacting Tracey Ramsay by email on TRamsay@pkc.gov.uk.

HIGH STREET SEWING

Clothing and Curtain Alterations/Repairs
Custom made curtains, Roman blinds, cushions

Workshop opening hours: 09.30-17.00 Mon-Thurs
Fri 09.30-12.30 and Sat 10-12noon
Location - behind Loch Leven Laundry and Baillies
Contact LINETTE MANN – 07732 902419

ODD JOBS AND HOME MAINTENANCE

All types of odd jobs including: painting/decorating, flat pack assembly and joinery work. No job too small.
Fencing: erected, repaired and maintained. All carried out by an experienced and reliable time served tradesman.

Contact Garry on 01577 531240 / 07475 174689
garrycb@hotmail.co.uk



Kinross-shire Agricultural Society

**Kinross Show on Saturday 10 August 2019
at RSPB Loch Leven, Vane Farm**



Flower Show Schedule

Here at the *Newsletter* we are looking forward to Kinross Show, a great fun event for all the family. More details about the show will be available in the July edition of the *Newsletter*, including information about the Dog Show, up-to-date travel information and your guide to What's On for the big day.

Flower Show Schedule

Entries will be accepted on the Show Field until 9pm on Friday 9 August and from 7.30am-9.30am on Saturday 10 August.

Convenor: Mrs Claire Paton, Lethangie, Kinross. Committee: Margaret Kilpatrick, Alice Getley, Dr Julie Savin and Kirsty Gray.

Judges – Mrs Margaret Adamson, West Linton (Floral Art), Mr Andrew Brown, Leven and Calum Cluny.

The Trophy Presentation will take place within the Flower Show Tent at 3.30pm on Show Day.

Prize monies to be collected on the day from Secretary's Tent until 4.30pm.

Entries: £1 per Adult Exhibit and 50p per Child Exhibit.

Flower Marquee Open to the Public from 11.30am. Entries can be uplifted at 4pm.

Prize Money: In all Classes 1st - £3, 2nd - £2, 3rd - £1

Collected at the Secretary's Tent by 4.30pm. Judging commences 10am prompt

Flower Section

1. Pot Plant – Flowering any type
2. Pot Plant – Begonia
3. Pot Plant – Fuchsia
4. One Vase Mixed Herbaceous
5. Vase displaying 3 stems annuals (same variety)
6. Vase of 3 stems perennials (same variety)
7. Vase of 3 Dahlias – Decorative
8. Vase of 3 Dahlias – Cacti
9. Vase of 3 Dahlias – Ball/Pompom
10. 4 Marigolds (any variety) to be displayed on a board
11. 4 Pansies/Violas to be displayed on a board
12. Vase of Roses (Mixed – Any Types) (special prize as below)
13. Best Single Rose
14. Vase of Mixed Flowering Shrubs
15. Vase of 5 Sweet Peas, one colour only

Floral Art Section. This Year's Theme Is 'Film Night'

NAFAS Rules need not be adhered to. Simply read the schedule carefully and pay attention to size and materials. Space allowed: width 76cms by 60cms depth.

All exhibits to be composed of natural plant material – i.e. Fresh, Silk Flowers, Dried or preserved unless otherwise stated. All Fresh plant material to be in water or water retaining substances. All Flowers and Foliage to be in good condition.

Boards available on request.

16. 'The Return of Mary Poppins' – An exhibit using RED FLOWERS and FOLIAGE. Accessories allowed.
17. 'The Constant Gardener' – An arrangement in a BASKET using flowers and foliage from your 'OWN GARDEN'. No Accessories.
18. 'The Lego Movie' – An exhibit using FLOWERS and FOLIAGE in bright colours. Accessories allowed.
19. 'Breakfast at Tiffany's' – An exhibit using FLOWERS and FOLIAGE. Accessories allowed.
20. 'Mary Queen of Scots' – An exhibit using FLOWERS and FOLIAGE. Accessories allowed.
21. 'The Miniaturist' – A petite exhibit - not exceeding 25 cms wide by 25 cms depth – 37 cms height. No accessories.

The Trophies for the most points, Classes 1 to 15 and 16 to 21 inclusive, will be assessed 3, 2, and 1 for the first three prizes.

CAIRNS CUP for the most points overall, + Rosette.

BALADO SALVER for the most outstanding entry in Classes 1 to 15 + Rosette.

FISHER BOWL for the most points in Dahlias.

CAESAR TROPHY for Sweet Peas.

THE KIRKNESS TROPHY for the most points in the Floral Art Section + Rosette (Classes 16 to 21 inclusive).

THE RENTON TROPHY for the most outstanding exhibit in the Floral Art Section + Rosette (Classes 16 to 21).

THE GAVINE LINDORES TROPHY for the best Single Rose (Class 13).

THE SCOTT-DAVIDSON CUP presented by the late W. Scott-Davidson for the winner of Children's Class 29.

LENA GRAHAM QUAICH (small) winner of Children's class 34.

LENA GRAHAM QUAICH (large) winner of Children's class 35.

THE MAISIE PIRIE CUP + Rosette & £3 for the most outstanding exhibit by a child under 8 years.

THE CATHIE PIRIE CUP + Rosette & £3 for the most outstanding exhibit by a child age 9-14.

MAWCARSE SALVER for Best Exhibit Overall in the Show.

SPECIAL PRIZES: PATON PRIZE for best exhibit in the produce classes: £20 voucher. **Class 12** for best vase of mixed roses presented by Mrs. C Paton.

Children's Classes

Rosettes for 1st, 2nd, 3rd places will be presented in Children's Classes 22 to 37.

22. Bowl of floating flowers (any size of bowl, any number of flowers) for 8 years and under.
Glass Bowls will be provided if required.

23. Bowl of floating flowers (any size of bowl, any number of flowers) for 14 years and under.
Glass Bowls will be provided if required.

24. A decorated/painted Stone – Age 5 and under.

25. A decorated/painted Stone – Age 6-8 years.

26. A necklace made with Pasta – Age 5 and under.

27. Any farm animal made from vegetables – Age 6-8.

28. Any farm animal made from vegetables – Age 9-14.

29. Arrangement of garden flowers in a jam jar – Age 8 and under.

30. 'Garden in a Seed Tray' not exceeding 40cms x 25cms using natural material only. Age 8 and under.

31. 'Garden in a Seed Tray' not exceeding 40cms x 25cms using natural material only. Age 9-14 years.

32. 'Model Farm in a Seed Tray' – (Models Allowed) Age 8 and under.

33. 'Model Farm in a Seed Tray' – (Models Allowed) Age 9-14 years.

34. A decorated wellington boot – Age 8 and under.

35. A decorated wellington boot – Age 9-14 years.

Pick Up And Bring

36. Pick up and bring – a model made of LEGO – Age 5 years and under

37. Pick up and bring – a model made of LEGO – Age 7 years and under

Vegetable Section

All vegetables to be presented washed, and in good condition. Paper plates will be provided.

38. 3 Courgettes any size.

39. 3 Onions White.

40. 3 Onions Red.

41. 4 Potatoes – White.

42. 4 Potatoes – Coloured.

43. A selection of Garden Herbs (to be shown in a Jar of water).

44. 1 Cucumber.

45. 6 Tomatoes on a Plate (any variety).

46. 6 Pods of Peas.

47. 4 French Beans.

48. 6 Runner Beans.

49. 3 Leeks.

50. Vegetable Marrow or overgrown Courgette to be judged on size.

Fruit Section

All fruit to be presented washed in good condition.

Paper plates will be provided.

51. Plate of blackcurrants.

52. Plate of any other seasonal fruit.

Egg Section

All eggs must be washed and polished. Paper plates and shavings will be provided.

All decorated eggs must be hard boiled.

53. 3 Hens Eggs Any Variety – Age 12 and under.

54. 3 Hens Eggs Any Variety – Age 13 to adult.

55. 1 Decorated Egg Any Variety – Age 12 and under.

56. 1 Decorated Egg Any Variety – Age 13-16.

57. 1 Decorated Egg Any Variety – by an adult.

58. 3 Duck Eggs – Open to all.

Scarecrow



Competition

Winner receives
Family Pass for Blair Drummond Safari Park
for the best scarecrow!

THEME – Birds and Animals

Bring your scarecrow to Kinross Showfield, RSPB Loch Leven, by Loch Leven, Kinross, KY13 9LX by 11am, 10 August. Please remove by 5pm on show day.



Scarecrows must be able to be tied to a post for Free Entry.

Bring along to Secretaries Marquee.

Age 14 years and under.

Email contact
kinrossshow@gmail.com



Councillor Purves

Pitdownies Development

Copy of letter sent to Planning and Development department at Perth & Kinross Council on Friday 10 May 2019.



Dear Sir/Madam,

19/00522/FLM Erection of 59 dwelling houses and 8 flats, formation of drainage infrastructure, landscaping and associated works, land at Pitdownies Farm, Manse Road, Milnathort

I am writing to object to the above application as currently proposed.

The current proposal of 67 dwellings is significantly in excess of 40 that were allocated for the site in the Local Development Plan. While I appreciate that the site allocations in the current plan are deemed to be 'indicative' by officers, I do not think that a planning application for 68% more dwellings is compatible with this interpretation. I would therefore contest that the application is contrary to the current Local Development Plan.

Furthermore, while not yet a material consideration, you will be aware that the Council has proposed a new policy of housing density ranges for each development site. The Council further agreed to ask the Scottish Government's Reporter to amend the plan to ensure that the upper bounds of these ranges are treated as strict maxima. I note that the proposed density range for this site is between 38 and 60 dwellings. The current application for 67 dwellings is in excess of this upper limit.

I also note from the objection comment from the Kinross-shire Civic Trust that one of the reasons that the previous application for 64 dwellings was refused was that this was too many houses for the site. This would suggest that 67 dwellings are certainly too many.

I would also suggest that more consideration should be given to ensuring that both pedestrians and vehicles are able to get

around the development. I have seen many problems with recent Lathro Meadows development where the roads are too narrow for cars to turn and there is no safe pedestrian route from all houses to the development's entrance. These issues are a particular problem for emergency service vehicles and I would ask that they are properly consulted when reviewing this and future applications.

The current proposal is also contrary to the current Local Development Plan in terms of access to the site. A site-specific development requirement is that there should be a road access from both Manse Road and Curlers' Crescent. Clearly this application, which includes only a single access road, is not compliant with this requirement.

I am very concerned about the effects that this development will have on traffic on Wester Loan. Most houses on this street do not have off-street parking and therefore residents require to park on the street itself as they are quite entitled to do. It can be very difficult for vehicles to enter and exit Wester Loan at the same time and emergency service vehicles can sometimes have trouble getting past parked cars.

This development with either the single proposed access or both accesses that are required by the Local Development Plan will simply exacerbate this problem. There is strong support within the local community for a second access road to this site to be located from the site to Stirling Road, which would help to address many of the traffic-related concerns.

I am also concerned about the bridge that goes over the burn past Milnathort Town Hall and whether or not it will be able to cope with the significant increase in the number of vehicle movements cause by this proposed development. The level has already and will continue to increase with the Pace Hill development that has already commenced.

I would therefore ask that, given the above points and the fact that this application is clearly contrary to the Local Development Plan, the application be refused.

Yours faithfully,

Councillor Callum Purves

Walk This Way around Kinross

On **Saturday 15 June** between 10.30am and 3.30pm there will be a signposted circular walking route around Kinross, visiting all the town and organised by Kinross Parish Church. Anyone can join in, doing one or more of the shorter loops or even walking the whole 12 miles. You can start and finish anywhere you like. On the way round the walk, some gardens will be open for refreshments or a comfort stop, some will have stalls or games to play and there will be a treasure hunt for children. Another stop could be the Open Day (10am-3pm) at the new Hub for young people beside the Health Centre run by KYTHE (Kinross-Shire Youth Enterprise). You are also invited for a cuppa at the church during the day, whether you are walking or not, or bring a packed lunch to enjoy in the kirk's garden from 12.30-1.30pm.

Rev Alan Reid, minister of Kinross Parish Church, says 'The main aim is just to get out and have a walk, meet your neighbours and chat to people on the way round but some folk are being sponsored with any funds raised going to support a variety of church projects locally'.

More information is available at the Church, or come along on Saturday 15 June at 10.30am to join in.

The Kinross Community Council Newsletter

is available from:

The Co-operative	High Street, Kinross
Baillies	High Street, Kinross
Sainsbury's	Station Road, Kinross
Kinross Convenience Store	Green Road, Kinross
Giacopazzi's	Lathro, Kinross
Giacopazzi's	New Road, Milnathort
Stewart & Smart	Stirling Road, Milnathort
Heaven Scent	South Street, Milnathort
Buchan's Garage	Main Street, Kinnesswood
Shop	Main Street, Kinnesswood
Fossoway Store	Crook of Devon
Fossoway Garage	Crook of Devon
Mona's Coffee Shop	Muckhart
Powmill Stores	Powmill
RSPB Shop	RSPB Loch Leven
Loch Leven's Larder	Near Wester Balgedie
Glenfarg Village Shop	Glenfarg

Councillor Watters

With the unfortunate closure of the **Kinross Learning Centre** and the building now being placed on the open market for sale, there is a real threat that it could be lost to the community. The loss of the building would be another major setback in a list of facilities that have been recently sold in Kinross, adding to the ongoing problem organisations and groups have finding suitable venues.



The Kinross Learning Centre building at Swansacre

Normally community buildings are protected under the Community Empowerment Act (Scotland) 2015, which allows buildings to be purchased under a 'Community Asset Transfer'. College buildings are included within this part of the legislation. Unfortunately, university buildings are not, and as Perth College is a part of the University of the Highlands and Islands (UHI), the building is not protected under this valuable legislation.

The challenge in protecting this asset moves onto the seller, Perth College UHI, and their willingness to allow it to be sold as a community asset. There is however no obligation for them to do so. The college do have a legal obligation to provide 'Best Value' in selling the asset; however, having spoken to the Principal of Perth College, I suggested that the College could use the Community Empowerment Acts criteria for 'best value' which focuses on the community value as well as the financial value. While UHI are still running through this process, there is positive news that they are progressing along these lines, giving some optimism and hope that a community solution can be found to save the building. However, any success in achieving this will depend on the whole community coming together to support one bid and sending a clear message regarding the community's desire to save this building.

I believe the **Kinross and District Men's Shed** are in the best position to lead this bid. They already have a commitment

to provide the finances and are already a registered charity, hence they are well prepared to progress with the purchase. The other benefit to the Shed leading this is that they open up access to other funding due to the clear health benefit they bring to the community.

The 'Shed' provides a valuable service within the community, providing well-documented health benefits to their members, as well as bringing a wider benefit to the whole community with the help they provide to other groups in Kinross-shire. They have also had an amazing amount of support from the community, including our local doctors, who see first-hand the benefits the Men's Shed bring to the lives of the patients who attend.

As part of this bid, the Men's Shed are currently engaging with other groups in Kinross, including the current users of the Learning Centre to investigate how they can work together to save the building.

As part of the Scottish Governments £50 million **Town Centre Fund**, Perth and Kinross have been allocated just under two million pounds. This money has been allocated to help develop our town centres and bring a boost to the local economy. Having suggested the Scottish Natural Heritage project to develop the Loch Leven Pier Car Park, with the key focus being building strong links between the tourist centre and the town centre, I was delighted to see the project shortlisted with a high prioritisation. The benefits for Kinross Town Centre in creating positive links for visitors to and from the pier are clear, helping our businesses survive and thrive. At a recent meeting between PKC Roads Officers and my fellow ward councillors we were given a list of the roads and footpaths that have been prioritised to be resurfaced or repaired this financial year.

As part of this it was good to see the paths around Greenpark included as well as the Main Street in Kinnesswood. I have asked officers to have a look at the small section of road at the end of Green Road, where it joins the High Street, to see if it can be included. This section is not only problematic to drivers but also to pedestrians walking down to the town centre and crossing the road here.

Perth & Kinross Council's Community Investment Fund (CIF) is now open to new applications. Community groups can apply for between £3000 and £50,000 for projects which improve equality in Kinross-shire. £50,000 has been allocated to the Kinross-shire ward. (See p21.)

Richard Watters



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Luke Graham MP

Recently, I had the pleasure of attending the first Kinross Farmers' Market of the season. It was a fantastic morning, with nearly 30 stalls set up selling local, national and international produce.

I particularly enjoyed chatting to all of the local stall holders such as the Blunt Chisel Brewery, who are based in Blairadam from where they sell their craft beer, Rootin' and Roamin' who are a new free-range pork company based in Kinross-shire on a family farm, specialising in slow grown pork with high traceability and welfare for their pigs, while I was also grateful to see Hunters of Kinross there too as I sought refuge from the rain with one of their excellent steak burgers!



There's always lots on offer at Kinross Farmers' Market

Although we managed to have about four seasons in one day, most reported a very good trade through the town. The market will be on Kinross High Street on every fourth Saturday of the month until October, and is a great place to buy high quality, fresh food from local producers and artisan traders as well as a chance to shop at the High Street's established businesses.

I was also pleased to have a chance to catch up with the team at the Kinross Men's Shed, to discuss their new electric bicycles, plans for the future and their ever-expanding membership base. I enjoyed my visit to their site last year and it was evident then that the Men's Shed do a fantastic job of helping men's mental health in the area, as well as producing some excellent handmade products.

Finally, I am continuing to work with Aerospace Kinross to help them secure a site for their long-term project to bring an Aerospace Centre to Kinross-shire. A number of options have been mooted but we are still looking to secure the funding from the UK Government from the Department for Business, Energy and Industrial Strategy. I am also continuing to work with the local council to encourage and attract other business investment into Kinross-shire – I hope to update you soon!

As always, if you have any issues or concerns please contact me at my office on 2 Comrie Street, Crieff, 01764 680 384 or by email at luke.grahamoffice@parliament.uk.

Luke Graham MP

Councillor Robertson

Rural Transport Questionnaire

The responses to the recent rural transport survey have now been collated. The survey sheets were distributed throughout Kinross-shire thanks to the assistance of our community councils and other volunteers. Over 200 responses were received. The main findings were as follows;

- Most respondents said if more frequent rural bus services were introduced that they would use them.
- The current two and three hourly services for places like Crook of Devon, Glenfarg, the Balgedies, Kinnesswood and Scotlandwell were too infrequent.
- Places like Powmill wanted access to a bus service as local residents couldn't always rely on the Demand Respond Transport scheme due to the lack of taxi companies participating in the scheme.
- These findings will now be discussed by the Kinross-shire Local Action Partnership to look at ways of improving the current bus provision. The Council's Public Transport department will also assist with this.



Overgrown hedges

Now is the time to check your hedges if they border a pavement or path to make sure they are not growing over on to the footway. Overgrown hedges can make life difficult for people with disability buggies and parents with prams.

Dropped Kerbs

The Council are working on a programme to improve access throughout Kinross by installing dropped kerbs in places where they are required. The aim is to provide corridors through the town that are easy and safe to use for pedestrians, cyclists and mobility scooter users.

Speed Checks

Please let me know if speeding is an issue in your area or street and I will ask for speed checks to be carried out there. Recently I have had requests for checks to be done on the A977 on the western end of Crook of Devon, the B996 at Gairneybank and the B920 south of Scotlandwell.

Willie Robertson

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Liz Smith, MSP

Many readers will know that it is the Scottish Parliament's twentieth anniversary this year and Her Majesty The Queen will visit Holyrood in June as part of the celebrations. The Queen will be joined by Prince Charles and will give a speech to MSPs in the parliament's debating chamber during a ceremony on June 29. This is almost 20 years to the day since the Scottish Parliament received its legal powers.

The special day has been arranged as part of year-long programme of events to mark two decades of devolution.

This is a significant occasion and the event on June 29 will also see performances celebrating the best of Scottish music and culture. In addition, MSPs will be joined by young people who were born on July 1, 1999.

Known as 'July 1 babies,' they were part of the Scottish Parliament's tenth anniversary events in 2009.

Ken Macintosh, the Scottish Parliament's Presiding Officer, has spoken of The Queen's 'unwavering support' for Holyrood and has also said how much he is looking forward to welcoming Her Majesty and HRH The Duke of Rothesay to celebrate Scottish Parliament's twentieth year.

In the Queen's address to the Scottish Parliament back in 1999, she spoke of how this marked the beginning of a new constitutional age and also talked of the importance of channelling the energy of the young and being open and accessible to serve all the people of Scotland.

Henry McLeish, who was First Minister between 2000 and 2001 and who led a Labour-Liberal Democrat executive in the Parliament's first session, has spoken of how he feels Holyrood has barely come of age.

Mr McLeish said he feels there is a great opportunity to 'reflect' seriously and look forward to the future of the Scottish Parliament. And he described how he thinks we're on the 'foothills' of building a new Scotland through Holyrood. I was first elected to serve at the Scottish Parliament in 2007 and then re-elected in 2011 and 2016. I have now been selected to fight for the Perthshire South and Kinross-shire seat at the 2021 Scottish Elections.

It is a privilege to serve my constituents at the Scottish Parliament and I will endeavour to do so again.

Liz Smith MSP

As ever Liz appreciates the feedback of readers and can be contacted at the Control Tower, Perth Airport, Scone PH2 6PL or via email at Elizabeth.Smith.msp@parliament.scot or on 01738 553990.



Roseanna Cunningham MSP

I have spoken often about the need for people to use our local shops as our High Streets face huge pressures from changing shopping practices including, and perhaps particularly, the attraction of online retailers.

And, whilst I will always continue to make the case for shopping local, particularly at the smaller independent retailers that can provide a personal service and the opportunity for a one-off purchase that simply cannot be got elsewhere, I do recognise that online retail is here to stay. We cannot deny that convenience, price and choice can be huge drivers encouraging people to turn to the internet for at least some of their goods and services.

One of the downsides of online transactions, however, is an uncertainty about our rights as consumers, compared to traditional transactions. I am pleased, therefore to welcome a new online and telephone consumer advice service which has been launched as a result of £600,000 Scottish Government funding.

Just as the way in which people shop has altered, so how people seek advice and information is also rapidly changing. This new innovative service will allow consumers to access the advice they need, when they want and on their own terms. Whether it is a quick message on Facebook or a webchat with one of their advisors, they will have a range of options that can be used to get in touch and access the information being sought.

Consumeradvice.scot provides advice to people on a range of issues, including buying products online as well as in shops, changing mobile phone and internet providers, and purchasing travel insurance.

To make the service more accessible, support can be accessed online through web chat at www.consumeradvice.scot, email at advice@consumeradvice.scot or via social media, as well as by calling a freephone number 0808 164 6000.

The service is being run by the Advice Direct Scotland charity and will give the people of Scotland access to advice that matters to them. Whether they're experiencing issues with a used car they've purchased, a holiday booking they've faced problems with, or a trader who has been working on their properties this new service is there to help.

As Faye Wilson, of the Society of Chief Officers of Trading Standards in Scotland (SCOTSS), pointed out at the launch, it is vital that the public have access to advice and information when they are faced with consumer problems and that local authority trading standards services work with Advice Direct Scotland to ensure that the intelligence gleaned from the experiences of consumers can be used to protect the public and legitimate businesses from unfair trading and unsafe products.

The Scottish Government are using Scotland's devolved consumer powers to provide a flexible service which protects and empowers the people of Scotland while supporting businesses which are innovative, efficient and fair.

Roseanna Cunningham



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Deadline for all Submissions
5pm, Friday 14 June
for publication on Saturday 29 June



Anti-Social Behaviour

A combination of warmer weather and lighter evenings means everyone should be able to savour in the enjoyments of what Perth & Kinross has to offer. However, this seems to result in a minority being unable to behave responsibly and engaging in anti-social behaviour to the detriment of others and the environment.

We would urge parents and guardians to reinforce this message to their children and if they are travelling into Perth for the afternoon or evening then please be curious and find out what their intentions are. Police officers are routinely finding themselves undertaking de-facto childminding duties which take resources away from other priorities.

Police Scotland will continue to monitor problem areas and act robustly where required. We also target individuals and outlets which are believed to supply youths with alcohol but require the support of retailers, parents and the wider community to allow us all to delight in the joys of Perthshire at this time of year.

Cycling Safety

Cycling of all types is estimated to be worth in excess of £500 million to the Scottish economy. We all must be aware of what we can do; as pedestrians, cyclists and drivers to ensure our highways remain safe for all road users. Whilst the number of cyclists killed on Scotland's roads remains thankfully low the latest figures indicate that the number of cyclists injured in the last year has increased by 16%.

Police Scotland is joining with Cycling Scotland for a campaign to raise awareness of the legal requirement for drivers to leave a car's width of space when passing a cyclist. Driving too close when passing a cyclist is an example of careless driving which attracts a minimum fine of £100 and three penalty points.

Highway Code Rule 64 states 'you must not cycle on a pavement.' Generally, anyone cycling on a footway or footpath in Scotland is committing an offence under Section 129(5) of The Roads (Scotland) Act 1984. It is however not an offence to cycle across a footway or footpath to access a cycle track, driveway or other land where cycling is allowed. And whilst it is perfectly legal for cyclists to ride beside each other or in the middle of the road we all need to respect each other and I would hope that all road users would follow the letter of the law and the spirit in which it is intended to ensure that everyone can use our roads safely and without hindrance.

Local Incidents

A quantity of plants were stolen from Curate Wynd, Kinross, overnight on Friday 10 into Saturday 11 May. **(CR/12091/19)**

Between 3pm and 7.45pm, Monday 13 May, 3 traffic cones were stolen from Church Street, Kinross. **(CR/12325/19)**

Between 9am and 3.30pm, a shed was broken into at a property near to Pirliemuir Wood, Cleish. **(CR/12323/19)**

Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively, information can be passed anonymously via the charity Crimestoppers on 0800 555 111.

Police Scotland – local community

We would like to welcome a new Community Sergeant for Kinross-shire, Sgt Michelle Burns.

Telephone 101 for non-emergencies

Community officers for Kinross-shire:

PC Ben Clark and PC Douglas Stapleton.

Email: taysidekinross-shireCPT@scotland.pnn.police.uk

Community Sergeant (Kinross-shire): **Sgt Michelle Burns.**

Community Inspector for Perth South (Strathearn, Strathallan, Almond & Earn, Kinross-shire): **PI Kevin Chase.**



Ways of following the Police:

Twitter: @KinrossPc or twitter.com/policescotland

Facebook: www.facebook.com/PoliceScotland

Website: www.scotland.police.uk

Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch. The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: **www.pkcommunitywatch.co.uk**

Crime Stoppers – Telephone 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.

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Health & Wellbeing

The Power of Kindness

Being kind to others makes us feel good. There's a scientific basis for our feel-good mood after an act of kindness. Being kind boosts your levels of serotonin, the neurotransmitter that is responsible for feelings of satisfaction and well-being. Being kind is one of the easiest and quickest ways to keep anxiety away, calming your mood and taking the focus off yourself. While there are many ways to reduce anxiety, including prescription medications, natural remedies, meditation and exercise, the most natural and perhaps the easiest way is just to be kind.

**You have not lived today
until you have done something
for someone who can
never repay you**

John Bunyan, author of
The Pilgrim's Progress

Kindness leads to better relationships, improved self-esteem, compassion, happiness, future success, and good mental and physical health. Who wouldn't want that for our children, our families, our community, and the world?

We know that gratitude has an impact on our happiness and that there is positive relationship between the two. The more grateful we are, the happier we are. Altruism can even benefit givers more than receivers. It's also a little contagious. Being on the receiving end of an act of kindness can often

encourage you to spread the kindness to others. Smiling is a prime example: seeing someone else show an emotion automatically activates the same areas of the brain as if we had experienced that emotion for ourselves.

The ancient Greeks believed virtue could be seen in any object, or in behaviour, as an expression of perfection. They believed you could actually hear virtue in music or see it expressed in an animal.

10 Easy Ways To Be Kind

- Smile at someone
- Forgive
- Send a kind card
- Volunteer your time
- Share your umbrella
- Give a compliment
- Help someone else rest (watch their kids, make their dinner, etc)
- Pick up litter as you go
- Don't complain
- Give up your seat

The ancient Chinese believed that the more virtuous a person was, the more physically healthy they were, and that a virtuous person would have a long and healthy life. Research does suggest that people who devote more time to meaningfully helping others have lower markers of inflammation and are more able to ward off infections. So maybe being kind really is good for your health. Being kind to others can affect the

actual chemical balance of your heart. When we create emotional warmth, we release a hormone known as oxytocin. Oxytocin triggers the release of nitric oxide, which dilates blood vessels and reduces blood pressure.

**Tenderness and kindness
are not signs of weakness
and desperation, but
rather manifestations of
strength and resolution**

Khalil Gibran

Being kind can even make you more attractive. A group of subjects were asked to judge the attractiveness of 60 expressionless photos of female faces in a study at the Huazhong University of Science and Technology in China. Participants labelled the images whose subjects the researchers described with kind qualities ('decent,' 'honest,') as much prettier than photos the researchers described as 'hostile' or 'mean.'

Kindness is very powerful when it comes to building relationships with others, a vital skill that helps humans to survive, by co-operating with each other. It helps us to overcome hostilities, foster respect and encourages mutual understanding. Our ancestors had to learn to cooperate in order to survive. The stronger the emotional ties within a group, the greater their chances of survival.

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News from the Health Centre



www.lochlevenhealthcentre.co.uk

Summer holidays

Our Practice Nurses are happy to provide any travel advice you might need particularly if you are planning a trip abroad. One of our Practice Nurses is specially trained to give travel advice and this includes discussion about immunisations, malaria prevention, safe eating and drinking, staying safe in the sun and other sensible health precautions. We do ask patients to make an appointment several weeks in advance of a trip. To request an appointment please ask for a travel form from reception or download it from our website www.lochlevenhealthcentre.co.uk. Two appointments will be required, one to discuss your travel arrangements and decide on the appropriate immunisations, and a further appointment to administer the vaccinations. There is no charge for the travel clinic, but some immunisations, including Yellow Fever, and all malaria prevention medication cannot be prescribed under the NHS. There is therefore a charge for the private prescriptions and for the medication at the pharmacy. Hopefully for those staying at home, we will have a sunny and warm summer and if we do it is still important to think about staying safe in the sun. Children and those with fair skin can be more vulnerable to sun burn and should take precautions. Lots of useful information and advice is available on the Cancer Research UK website <http://sunsmart.org.uk>. There are links to SunSmart on our website and to other useful online resources. So whether you are having a holiday at home or abroad, we hope that you have a very enjoyable, relaxing and safe holiday.



NHS inform – for everyday questions about health

Finding the right health and care information can make a real difference to how people manage their wellbeing. Making information accessible, quality assured and up to date helps people to make positive choices.

NHS inform (www.nhsinform.scot) is Scotland's dedicated resource offering up-to-date facts on health, services and campaigns. It also has a wealth of information available online, over the telephone or via webchat:

- Tests and treatments
- Illnesses and conditions
- Injuries
- Healthy living (including stopping smoking, screening and keeping active)
- Care, support and health rights

One of the many great features of the new website is that people can personalise the information that's relevant to them using the 'Info for Me' tool. Of course, there is always the option to talk to the health information team by telephone or using webchat.

Want to try the new service? Visit: www.nhsinform.scot or call 0800 224488.



Mon 6.30pm - 7.15pm
Wed 6.30pm - 7.15pm



Mon 7.15pm - 8.00pm




Wed 7.15pm - 8.00pm



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There's a Buzz in the Air

Bees are fascinating little creatures. Not just pretty little honey makers, their social structures pre-date those of mankind, having lived in complex groups for tens of millions of years. Their construction skills have inspired many important scientific studies, for example the use of hexagons in engineering (although we now know that bees create their cells in a circular fashion and the hexagonal shape is produced by the warming and melting of the wax). There are over 20,000 known species of bee across the world, with about 270 species of bee recorded in the UK – bad news for melissophobics, which is what you are if you have an irrational fear of bees or bee stings.

It's quite feasible that beekeeping played a part in man's migration into agriculture. According to melittologists (someone who studies bees) there were beekeepers as early as 20,000 BCE. The world's leading bee expert Eva Crane, who died aged 95 in 2007, was responsible for turning the study of bees into a scientific subject, although their role in both history and mythology is also assured.

After the 1914 German victory at the Battle of Tanga, in East Africa, it was said that their defences had included beehives activated by tripwires; that the Egyptians believed that bees were the tears of the god Ra; and that the eloquence of Plato, Sophocles, Xenophon and other noted classical figures was attributed to bees alighting on their mouths in infancy.

After man, the honey bee is possibly the most widely studied creature in the world. Bees have an instinctive sense of organisation and make decisions collectively and democratically – perhaps we'd be wise to follow suit.

We need bees. It is impossible to over-emphasise how important they are to our ecosystem, helping to provide us with fruits, berries, nuts, leaves and seeds. They are not the world's

only pollinators – flies, wasps, beetles, moths, beetles (and even some birds, bats and lizards) can also pollinate, but only enough to feed themselves. Bees visit many more flowers and carry much more pollen than any other creature, transferring it between flowering plants. Since they need pollen to feed their own larvae, bees are perfectly adapted pollinators and are absolutely crucial to the natural process. They are vital to a healthy environment and to our economy and are key to the varied, colourful and nutritious diet we have come to expect as part of our daily life.



No one can accurately estimate the contribution to crop production made possible by the pollination of bees, with figures varying between a third to over two-thirds of many of our most important crops. It is, however, safe to say that many plants we grow for food rely on pollination and the evidence that natural pollination by the right kind of bee can even improve product quality. For instance, bumblebees and solitary bees feed on different parts of the strawberry flower – but together they produce bigger, juicier strawberries.

If you are wearing cotton today, thank a bee. The cotton plant was pollinated by a bee before it provided the thread for your clothes. Humans are, of course, not the only beneficiaries of pollination – many birds and mammals also rely on berries, seeds, fruits and nuts.

While the human race would probably not go extinct without them, the

disappearance of honeybees, or even a substantial drop in numbers, would make certain foods scarce. Variety in food choice would diminish and the cost of some products would soar. The California Almond Board has been campaigning to save bees for a long time. Without bees, the group says, almonds 'simply wouldn't exist'.

Catastrophically (at least for the editor of this Newsletter), coffee would become expensive and rare. The coffee flower is only open for pollination for three or four days. If no insect happens by in that short window, the plant will not be pollinated.

Without bees, our world would be so much less beautiful. They pollinate around 80% of the wildflowers in Europe, enriching and enhancing biodiversity and helping to create wonderful wild places. Foxglove, clovers and vetches rely on bees – without them and many others, this would be quite a different planet.

Sadly, bees are undoubtedly in trouble. There is growing concern at the decline of bee populations, which have been caused by a combination of different stresses, from habitat loss to increased use of pesticides. Neonicotinoids harm bees and evidence strongly suggests these chemicals are also harmful to birds and butterflies, not to mention many forms of aquatic wildlife. As research continues, the full-scale impact of chemicals on our environment becomes clearer. The health of bees is an indicator of the health of the wider environment as a whole. Factors affecting bees will often impact other pollinators, and thus have wider consequences for the environment.

More than ever, we need to recognise the importance of bees to the natural world and to our human existence. Let's take action to ensure these marvellous creatures don't just cling to survival, but thrive once more.

Bee aware – bee healthy – bee safe!

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Planning a Community Event?

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List your event as soon as you can to help others with their planning. Contact the website administrator by email: admin@kinross.cc

Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

Kinross Community Council News from the AGM and May Meeting

Present at the AGM and May Meeting held on Wednesday 1 May were: Community Councillors (Cllrs) Cllrs B Freeman (Chair), M Blyth, D Colliar, D Cuthbert, I Jack, T Stewart, C Aird (Minute Secretary); PKC Councillors (Cllrs) Cllrs C Purves and R Watters and three members of the public.

News from the AGM

Welcome

Cllr B Freeman welcomed everyone to the AGM and confirmed that following the elections later in the year, future AGMs would be held in November of every year.

Apologies were received from Cllrs J Bryson, L McKay and D West; PKC Cllrs W Robertson and M Barnacle and community Police Officer D Stapleton.

Chairman's report:

Chairman Bill Freeman confirmed it had been another busy year for the CC in many respects, especially planning applications. The Chair said there had been a number of successful events organised by local groups/volunteers to entertain residents and improve the appearance of the town, and went on to thank *Kinross Newsletter* for funds which benefited many local charities and groups. On behalf of the CC, he thanked them all for their hard work and wished them well for future events.

Finally, he thanked all the members of the CC for their hard work and dedication over the past year, as well as the four PKC Councillors for their attendance, assistance and advice. He also thanked the members of the public who had attended meetings over the year.

Annual Accounts (01/04/18 to 31/03/19):

The Treasurer confirmed that he had circulated a copy of the audited annual accounts to all CC members. Over the year, £1270 had been received in income, £240 expenditure on hire of the Lodge for meetings, £160 for stationery/postage and £269 donation to the website. The current bank balance stood at 64 pence.

The accounts were proposed by Cllr D Cuthbert and seconded by Cllr D Colliar.

Cllr B Freeman enquired as to how the move to a November AGM would affect the accounts and he was advised by the Treasurer that it would be difficult to present the accounts as

the bank statement is not received until the third or fourth day of the month so a debtor balance would be shown.

There was concern raised around the receipt of funds from PKC and it was agreed that Cllr C Purves would investigate when funds could be expected.

Appointment of Office Bearers

Office bearers were nominated and appointed as follows:

Chair: Bill Freeman, proposed by David Colliar, seconded by Margaret Blyth. Vice Chair: Jonathan Bryson, proposed by Margaret Blyth, seconded by David Colliar. Secretary: position vacant. Treasurer: Ian Jack, proposed by Bill Freeman, seconded by Dave Cuthbert. Planning: David Colliar. Proposed by Bill Freeman, seconded by Margaret Blyth.

Dates, times and venues of forthcoming meetings: The CC will continue to meet on the first Wednesday of each month. It will be decided at the June 2019 meeting whether there will be a meeting in July 2019. Meeting dates for 2019 are therefore: 5 June, 7 August, 4 September, 2 October, 6 November and 4 December. Venues are to be confirmed following the May 2019 meeting.

News from the May Meeting

Apologies were received from Cllrs J Bryson, L McKay and D West, along with PKC Cllrs M Barnacle and W Robertson.

Sale of Kinross Learning Centre

Maureen Lyall thanked the CC for agreeing to add this item to the agenda at short notice. Ms Lyall advised that she had moved to Kinross approximately 18 months ago and since that time had attended numerous courses at the Learning Centre. Recently there had been an announcement that the Centre was to close with no consultation with the students, tutors, staff or the local community. The building was now up for sale for £120,000 (selling agents are Shepherds) and she advised that she and Margaret Monkton were attending the meeting to see if support could be gained from the CC to stop the sale of the building and to suggest ways to fund the purchase of the Centre by the community.

Cllr Purves thanked both ladies for coming along and advised that he too was disappointed by the decision to sell the Centre. He had raised the issue with his MSP colleagues who were meeting college management recently but unfortunately, he was unaware of the outcome of these discussions as he had been unable to attend the meeting.

Ms Monkton advised that she had written to the Principal of the College requesting that the sale be put on hold until the community had had a chance to organise something but her request had been declined, with the Principal advising that she would notify Ms Monkton of the date of sale.

Cllr Freeman asked if the MSPs had been reminded of the clauses of the funding previously provided for the purchase of the building but Ms Monkton and Ms Lyall were unsure of this.

Cllr Cuthbert stated he was fully supportive of purchasing the Centre and suggested that letters from students be sent to the college, a Committee be formed to work through a business case to purchase the property.

It was agreed that Cllr Cuthbert would write to the College on the CC's behalf requesting a meeting, and then he and



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Cllr Purves would attend the meeting with the College when this was arranged. It was also agreed that CC members would visit the Centre to see what happens there. On behalf of the CC, Cllr Freeman thanked Ms Monkton and Ms Lyall for attending the meeting.

Police Report

In the absence of community police officers, Cllr B Freeman advised the following: Theft of tools from a garage in Montgomery Street, Kinross on 2 April 2019, Theft of tools from a shed in High Street, Kinross on 17 April, Attempted theft of fuel from a vehicle at Junction Road, Kinross on 18 April (there have now been two attempts to steal fuel from vehicles parked overnight), Theft of garden equipment from a stable at Ledlant, Balado.

Matters arising

Parking outside the school at Emslie Road/Station Road – in Cllr Robertson's absence, Cllr Purves reported that he had spoken to one of the parking wardens who had advised that they had patrolled the area around five times in the last few weeks but had not noticed any issues. They will continue to patrol the area.

Fossoway CC: Cllr Freeman confirmed that he had responded to Fossoway CC.

Clock: members were advised that it had been confirmed that the clock belonged to the building and having contacted the Factors, the clock was now working and ringing. One complaint had been received about the noise this created.

Kinross Town Centre Regeneration: holding letters had been received but no further updated had been received for around three months. It was agreed to escalate the matter to the Chief Executive at PKC.

CC Boundaries: Cllr B Freeman confirmed that he had completed this action.

Davies Play Park: Cllr Freeman advised that he had not invited Diane Cassidy to this meeting but would invite her to the June meeting.

Kinross-shire Forum Meeting: the meeting is still to be held.

Provost's Lamp: No further update had been received from PKC.

Kinross Town Centre Regeneration: Following the request for a review, a holding letter had been received.

Grants

Cllr D Cuthbert advised that the following grants had been allocated: SEAMAB £500, Portmoak Community, Woodland Group £650, Powmill in Bloom £350, Kinross Partnership £1000, Hayfield Community Woodland, Kinross Primary School £600.

It was noted that Kinross in Bloom had also submitted an application for a grant but that ex-CC member Barry Davies was asked and agreed to write suggesting they resubmit when their plans and more progressed – with relevant permissions gained and contractors quotes – no further information was available at the time of the meeting.

Planning Matters

Planning applications received since last meeting

19/00611/FLL alterations and extension to pavilion, parking area and associated works at Kinross Rugby and Football Club, King George V Playing Fields, The Muirs, Kinross.

19/00355/FLL extension to dwelling house (in part retrospect) at Hawthorn Cottage, Gairneybank, Kinross.

19/00658/FLL alterations and extension to dwelling house at 9 Gallowhill Road, Kinross.

Planning applications determined by PKC

19/00322/FLL application under Section 42 of the Town and Country Planning (Scotland) Act 1997 to remove condition 2 (hours of operation) of planning permission 16/012898/FLL (change of use, alterations extension to form microbrewery) at Loch Leven Brewery, The Muirs, Kinross, approved.

19/00476/FLL installation of 2 solar arrays at 5 Newton of Classloch, Kinross, approved.

18/01118/FLL erection of 12 dwelling houses and associated works (change of house type to include sunrooms for plots 509–512 and 700–707) at land 300 metres north west of Lathro Farm, Kinross approved.

18/00017/FLL erection of 47 dwelling houses and associated works (change of house type to include sunrooms for plots 515–518, 522–57, 531–356, 540–546, 550–553 and 557–559) at land 300 metres north west of Lathro Farm, Kinross, approved.

19/00354/FLL alterations and extension to dwelling house at Craigwell, Milnathort, Kinross, approved.

Former Kinross High School site

Cllr Purves advised that at a recent meeting it had been confirmed that the windows at the Edwardian building at the former High School site had met with approval, although the doors would need to be replaced.

The CC felt that the windows did not meet the original planning application and following discussion it was agreed to invite Roz McCall, Convenor, PKC Planning and Development Management Committee to discuss the matter further. Cllr D Cuthbert is to write draft a letter to Ms McCall for Cllr Freeman to sign.



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Reports from Councillors

Cllr Watters: with regard to the voting rights for representatives of the religious groups and following a motion at a recent Council meeting, these voting rights have now been removed. However, Blairingone School would still be closed.

Reports from CC representatives

Cllr Freeman confirmed that Cllrs M Blyth, D Colliar and D West would be attending the website meeting on 8 May 2019. An update would be given at the June meeting.

Correspondence

Screen Ready 2019 – invitation to a free event on 7 May in Dunfermline where we can learn about the movies, TV and commercials shot on location in Fife, Tayside and across Scotland.

Perth and Kinross Proposed Local Development Plan, Supplementary Guidance consultation on Airfield Safeguarding and Delivering Zero Waste - PKC is preparing new and updated Supplementary Guidance to support the PKC LDP which is scheduled for adoption later this year. The Guidance will provide further information and detail to support the policies and proposals in the LDP, and once adopted will be used in the assessment of planning applications. Comments are required on:

- draft Airfield Safeguarding Supplementary Guidance
- draft Delivering Zero Waste Supplementary Guidance

Comments can be made online, by emailing developmentplan@pkc.gov.uk, or by writing to Pullar House, 35 Kinnoull Street, Perth, PH1 5GD by 12 June 2019.

Community Transport Forum – CC have been invited to attend the meeting on 16 May at 6.30pm in the Activity Room, Blairgowrie Community Campus, Hamish Henderson Place, Blairgowrie, PH10 6UZ.

In respect of the survey for community transport, Cllr Purves advised that over 200 responses had been received and these comments will now be reviewed.

Any other competent business

Venue for meetings: Cllr Jack raised the issue of venues for future meetings. The CC currently pays £20 per night for the use of The Lodge, although a rise in this cost has been expected for a number of years. After discussion and following a vote (5 for The Lodge, 2 for LLCC), it was agreed to return to The Lodge for future meetings. Cllr Jack agreed to advise The Lodge

Common Good Fund: Cllr Cuthbert advised that the next meeting was arranged for 19 June and a request had been received from Cllr Purves to join the grants award group. It was agreed that all Councillors would be invited to attend the group.

Chalk: members felt that it was not right that the CC paid for this.

The next meeting of Kinross Community Council will be held on Wednesday 5 June 2019 at 7.30 pm at The Lodge, The Muirs, Kinross.

Kinross CC minutes and agendas are posted online at:

www.kinross.cc/cc.htm

You can also follow Kinross CC on Facebook at:

www.facebook.com/KinrossCC

Fossoway and District CC

News from the May Meeting

Present at the meeting held on 7 May were: Community Councillors (Cllrs) S Bruce-Jones, A Cheape, T Duffy, G Pye and R Young; PKC Cllrs (Cllrs) M Barnacle, C Purves and R Watters; and nine members of the public.

Apologies were received from Cllr W Robertson and Cllr C Farquhar.

Police report

PC Dougie Stapleton was unable to attend the meeting. There was one incident to note from the Commander's Reports: Between 9am, Sunday 14 April and 9pm on Wednesday 17 April a number of baskets and plants were stolen from outside a property in Main Street, Blairingone.

A MoP described how his CCTV had detected a minor theft from his skip by the occupants of a white van, which turned out to be unregistered and uninsured; the details of the vehicle were reported to the police.

Minutes of the previous meeting: No printed copy of the minutes from the previous meeting was available so they will be signed off next month.

Matters Arising

Blairingone School Estate Transformation: Cllr Purves reported that the local councillors have written to MSP Richard Lochhead and MSP John Swinney asking for the closure decision to be called in. The CC contacted the same MSPs and also MSP Roseanna Cunningham. No reply has been received as yet. The decision by the Scottish Government should be made by 21 May. Meanwhile Cllrs McDade and Barnacle's motion to the full council to change the voting rules so that religious representatives no longer had a vote was passed by 21 to 19. Cllr Barnacle added that he had sent a further note to R Lochhead to add weight to his previous message pointing out that this motion had been passed. Cllr Watters explained that the important thing about the motion was not that it was a religious issue, rather a question of accountability of non-elected members.

Powmill in Bloom: Cllr Farquhar passed on the news that the Bloom Group plans a working party on Sunday 12 May.

Crook & Drum Growing Together: Cllr Duffy reported that the group was working on planting and other activities with daffodils and soon tulips appearing as a result.

Hydro Scheme Fund / Rumbling Bridge Gorge Bridge: Cllr Duffy reported that a site visit had taken place on the 4 April where two possible locations had been identified. Plans will be drawn up for both locations and presented to the public



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once SEPA has agreed them. Cllr Barnacle explained that the previous location of the bridge might be problematic for funders unless it could be made resistant to any further floods, and it would also be more difficult to make disabled friendly, although the designs are still to be finalised. Sandy Morrison, from the floor, noted that the £45k figure for installing the bridge reported last month seemed too low, Cllr Pye explained that this was a very rough estimate that only covered the purchase and installation of the bridge and did not include any path works, etc. Full quotations will be sought before the project is given the go ahead.

Fossoway Gathering: Cllr Duffy reported that planning is going well, with funds being topped up with proceeds from a quiz in February. There will be a central arena with demonstrations and music, surrounded by stalls from local businesses and community groups. Cllr Barnacle noted that some equipment used in previous Gatherings has already been moved from the Harse House to other locations, but the remainder will need to be cleared by the time of this event. Cllr Barnacle also said that he was about to send a letter to Crook of Devon residents on another matter and would include the suggestion that they walk to the Gathering in order to reduce pressure on parking spaces there. The Gathering will be at Waulkmill on 25 May from 12 noon onwards.

Fossoway Area Transport/DRT: The survey received over 200 responses and they are currently being analysed prior to the results being presented to local councillors next week.

Carnbo VAS: A MoP reported that the VAS has now been fixed to correctly indicate 40mph as the target speed, but it's now not working again. Cllr Robertson was reported to be already progressing this, but Cllr Duffy will forward an email received by the CC about this problem to Cllr Robertson.

Blairingone War Memorial: Cllr Barnacle is still to arrange a site meeting with Profile Project, the mason and other interested parties. A new planning application to move the memorial needs to be made as the previous one granted in 2012 has now lapsed.

A977 Mitigation: Cllr Barnacle has been in contact with PKC Engineer Lachlan MacLean who said that the majority of Blairingone work was done except for the signals. Cllr Barnacle will forward the details to the CC. As far as the School Road junction is concerned: Scottish Water's issues have been resolved, but there are still problems completing BT's changes. It has been suggested by PKC Engineering that delaying the start of the work so that it can all be done in one visit would make sense, and in fact it might be better to delay

it altogether until the school holidays. A MoP asked about problems with the surface breaking up, Cllr Barnacle replied that he is trying to get the whole area resurfaced. Brian Glennie, from the floor and previously by email to the CC, noted that the new 40mph limit on the section of the B9097 leading to the A977 is being ignored by some people, the long straight stretch encourages speeding – can the CC get the Police to do some enforcement on that road? Mr Glennie has had a reply from Police Scotland and they have agreed to do speed checks. The CC will also ask the Police to do checks, although it was generally agreed that these only have a short-term effect. Mr Glennie and other MoPs asked if PKC could make some changes to the road layout to discourage speeding. Cllr Duffy said that Bloom Groups may in future fundraise to construct village entrances. Cllr Barnacle says that there is an action plan for the B9097 and he will contact the people working on it to try and add something in. Sandy Morrison said that the problem is that the 40mph sign is in the wrong place and should be further out of the village. Cllr Purves said that they will ask for this to be changed, but the officers would likely give this more weight if there was a budget for it. Cllr Watters wondered if there might be some money left from the A977 budget that could be used for this.

Crook Moss Travellers Site: Cllr Barnacle had previously met with a PKC Officer and suggested that it would help local acceptability of the site if the residents kept it tidier. Since there has been no action in response to this request, he will escalate it to the PKC Chief Exec.

Matters Arising:

LDP2, Ivy Cottage Powmill and Powmill Play Park: No information at present.

New Business

Carnbo Bus Shelter Path: A MoP described the issue that the path next to the bus shelter where children wait for the school bus to Kinross High School is so overgrown it cannot be used. It has been suggested by PKC that the alternative route would be for the children coming down the unclassified road opposite Garce Cottage to cross the very busy A91, walk up the pavement to the bus stop, then cross back over the A91 to access the bus shelter. This is clearly not acceptable. The problem is determining whether the path belongs to the council or frontagers, and hence who is responsible. Cllr Purves said that the matter is being looked into.

Potential Car Park by Crook of Devon Church: There is a shortage of parking for the Church. In the past there was a proposal to create a new car park on land owned by PKC but reserved for a possible expansion of the cemetery. The

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CC applied for, and obtained, planning permission but the Church decided against going through with the project, possibly because of concerns that they would only get a ten-year lease on the land. Cllr Barnacle has had a meeting with PKC's Dave Stubbs and established that PKC would only want to keep a small strip of land. Consequently, there is a proposal to resubmit the planning application to allow the project to now take place.

Aldie Road to Drum Path Gate: As previously discussed passing through this gate causes problems for cyclists and horse riders. Sandy Morrison reported that posts with catches will be installed by George Lawrie (TRACKS Project Officer) to temporarily hold the gate open.

Community Council Business – Meetings Attended

CCllr Young attended the Planning User's Forum on 18 April, where attendees received updates on LDP2 and other issues including planning legislation changes. A report on planning department performance indicators was received, and a presentation about the Tay Cities Deal which suggested that £152M would be allocated to projects in Perth and Kinross over the ten-year period of the Deal.

P&K Councillors' Reports

Richard Watters: A new Housing MOG (Member/Officer Group) has been set up and Cllr Watters has challenged the Officers to investigate more use of renewables in housing. For example, the previous policy was to encourage the provision of gas supplies to new housing developments, but this now needs to be superseded.

Callum Purves: At a previous meeting concern was raised about the absence of cats-eyes along the A977. Cllr Purves has spoken to the PKC Engineers and ascertained that the Balado House resurfacing scheme will include cats-eyes, and the engineers will also look at older sections and see if they can be included there too.

Legislation allows for a lower rate of VAT to be applied to tourist expenditure; Cllr Purves explained that only three countries in Europe currently do **not** do this and **the UK is one of them. We were the first** council in Britain to **pledge our support the lower rate.** This would hopefully encourage more visitors.

There is a Primary Care Improvement plan which aims to move some services away from GPs to other healthcare professionals. The plan would also increase the focus on prevention rather than treatment. The Scottish Government are providing some funds towards this.

Mike Barnacle: Most of Cllr Barnacle's recent activities have already been covered above. Cllr Barnacle has had a meeting

with PKC Forward Planning which raised some issues that he will be working through the Planning MOG.

Planning Matters

19/00427/FLL Erection of replacement garage at Cocklaw House, Powmill, no CC comment.

19/00473/IPL Residential development (in principle) at Land 110 metres south-east of 3, Birkfield Park, Rumbling Bridge. The CC objected to this application on the grounds that it was contrary to the local plan, would cause traffic issues, and the site is liable to flood.

19/00631/FLL Erection of a dwelling house and office (Class 4) at Land 180 Metres south-west of Powmill Cottage, Rumbling Bridge. This application was only received on the day of the meeting, and the CC will discuss it by email before deciding whether to object.

Decided Applications

19/00337/FLL Alterations and extension to dwelling house at Morvern Powmill Dollar, approved, no CC comment.

19/00082/FLL Change of use, alterations and extension to bothy to form a dwelling house and erection of a garage (revised design) at Former Bothy, Briglands, Rumbling Bridge, approved, no CC comment.

19/00268/FLL Alterations to building at County Fabrics, The Water Mill, Crook Of Devon, Kinross, approved, no CC comment.

Correspondence

In conjunction with the Solheim Cup taking place at Gleneagles in September, there is a fund to help communities celebrate the event. 80% funding is available with grants up to £1250. Details from PKC's Community Greenspace Team. The Scottish Government Community Land Team is holding a free event on Community Rights to Buy in Perth on 3 September.

AOCB:

At the last meeting a litter pick request for the A977 between Crook of Devon and Gartwhinzean Loan was made, but this appears not to have happened, even though Cllr Robertson asked for it to be done. The CC will ask Cllr Robertson to look into this. Cllr Barnacle has contacted Bruce Reekie to point out that that litter is not being cleared from the roadside. Perhaps it's time for a 'no litter' campaign?

The next meeting of the Fossoway and District CC will be on Tuesday 4 June 2019, at 7.30pm in Blairingone Primary School.

Fossoway & District CC minutes are posted on the website

www.fossoway.org

and on their Facebook page, along with other community related information. Search for Fossoway & District Community Council on Facebook.



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Milnathort & Orwell Community Council News from the AGM and May Meeting

Present at the AGM and meeting held on 9 May were Community Councillors (CCllrs) CCllr C Williams (chairman); CCllr C Flory (vice chairman/secretary); CCllr D Flory (treasurer/planning); CCllr M Leach (roads and safety); CCllr S Colebourn (police matters); Perth & Kinross Councillors (Cllrs) C Purves, R Watters and W Robertson; minute-taker E Rougie and approximately 60 members of the public.

News from the AGM

Office-bearers were elected as follows: Chairman: Craig Williams (proposed by CCllr Leach, seconded by CCllr C Flory). Treasurer: Derek Flory (proposed by CCllr Williams, seconded by CCllr Leach) Secretary and vice-chairman: Caroline Flory (proposed by CCllr Leach, seconded by CCllr Williams).

CCllr Williams, chairman, made the following remarks: 'I have pleasure in remarking on what is the fourth AGM of Milnathort Community Council, now known as Milnathort and Orwell Community Council. This year has seen Campbell Lawson and Elyse Kirkham move on from the community council to pursue other interests and I thank them for their help over the last four years. Stuart McHardy resigned. Derek Flory and Sean Colebourn are welcomed as new members to the community council. Vehicle-activated signs were installed successfully and are up and running. Funds from the David Drysdale bequest have been disbursed to a number of local community groups. The Pace Hill site is under way and currently has blocked off North Street for a month – unfortunately Perth and Kinross Council did not reduce the number of houses or indeed pay any heed to the concerns of local residents regarding road safety issues created as a result of the development. The Pitdownies development – aka 'Pace Hill, the Sequel' – has kicked off with a planning consultation being sent out to interested parties at the beginning of the Easter break, giving little time for consideration of the impact on the local community. The community council did manage to secure an extension to the deadline for their comments until May 17. Our local elected Perth and Kinross councillors have strived to liaise with the council with varying degrees of success. Housing developments continue to be a contentious issue. As in years gone past, I am encouraged by the regular attendance of those members of the community keen to try to make a difference.

Treasurer's report

CCllr D Flory reported that during the year 2018/2019, the CC spent £230 on hall hire; £21.72 on website expenses; £280 on the publication of minutes and agendas and £34 on other expenses, totalling £565.72 and leaving a net balance of £134.28.

The CC is actively seeking new members. If you feel you'd like to help make a difference in your community, please consider applying. No qualifications are needed and the application process is simple. Visit www.milnathortcommunitycouncil.org for more info.

Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit www.kinross.cc

News from the May Meeting

Also in attendance was Sandy White, a Kinross-based firefighter with the Scottish Fire and Rescue Service. The chairman welcomed Sean Colebourn to his first meeting.

Guest speaker

Sandy White outlined some of the work carried out by the Scottish Fire and Rescue Service, which includes installing domestic smoke alarms free of charge; improving safety in business premises; identifying vulnerable people; attending road traffic accidents and delivering CPR training. He said there had been a spate of fires in the area recently, including three at Burleigh Sands within the last month. He also identified pinch points within the village that affected access for units, notably Wester Loan, Victoria Avenue and Marshall Place. Following discussion, Cllr Robertson agreed to forward contact details to CCllr Leach in order to follow up the issue of parking in Marshall Place, which can be chaotic. Concerns were also raised about the new Persimmon development at Lathro, which cannot be accessed by fire engines when all residents are at home. Sandy explained that the emergency services were not involved in the planning process. Cllr Watters agreed to take the issue up with the PKC members' working group that looks at planning guidelines.

Minutes of the last meeting: The minutes of the April meeting were proposed by CCllr D Flory and seconded by CCllr Leach with the following clarification: Broadway Partners can offer free wi-fi to the Town Hall only, not to the wider community.

Matters arising

Jessie's Park: Cllr Purves reported that work to replace the handrail and install a guard rail has been ordered. It was agreed that CCllr Leach will meet with the relevant officer.

Stirling Road: The vehicle-activated sign is now working.

Police matters

No police were in attendance but CCllr Colebourn reported the following:

Mental Health Awareness Week runs from May 13 to 19. Self-harming has doubled over the past 35 years.

Police are targeting anti-social behaviour, which increases with the lighter nights.

A folder containing CDs was stolen from a car. Anyone with any information is asked to speak to Sean in Giacomazzi's.

A fence has been broken at Pace Hill and a dog got on to the motorway. Repairs have now been carried out.

Pitdownies planning application, ref 19/00522/FLM

CCllr D Flory advised that the CC had submitted its concerns about the application by Springfield to build 59 houses and eight flats at the Pitdownies, Manse Road. Along with the current development taking place at Pace Hill, this represented a dramatic increase in the number of houses in the village and there were particular concerns about the increased traffic in Wester Loan and the impact on schools and medical services.

There followed a lively discussion during which several concerns were raised by members of the public, particularly in relation to access to the proposed development, which would be via Curlers Crescent. Although a condition could be put in whereby the developers must create a new access via Stirling Road, Cllr Purves advised that this was unlikely to be recommended by planning officers. He suggested that once the planning document relating to the site becomes public, the CC writes to every member of the planning committee.

Also in attendance at the meeting was a representative from

the action group set up in Falkland to oppose Springfield's plans to build 100 houses on the site of the former St John's Works. She gave some advice to the meeting and, following further discussion, it was agreed that an action group be set up in Milnathort. Jessica Kinloch, who lives in Croftwynd, volunteered to take this forward. It was noted that objectors will be contacted prior to the planning committee meeting at which the application will be considered, and members of the public can attend and ask to speak.

Other planning matters

Applications submitted: Alterations and extension to house at 1 Linden Park **19/00643/FLL**, noted.

Change of use and alterations from hotel, public house and residential flat to office, bakery and café, and flat (**19/00672/FLL**). The CC agreed to write in support of this application.

Applications determined: Erection of a replacement house at 24 Victoria Avenue (in part retrospect) **19/00326/FLL**, approved.

Roads and transport

Cllr Leach reported on the following:

Speed checks North Street have not yet been carried out due to the ongoing works, which are due to be completed on May 26. Cllr Robertson said he would follow up the issue of the signs warning of the road closure as they were not considered to be clear.

There is a proposal to install a vehicle-activated speed sign in North Street.

Cars are not stopping at the 'stop' sign at the end of Burleigh Road as it has been dislodged. Cllr Purves will follow up.

Cllr Robertson will ask for speed monitoring in the 20mph zone in New Road.

Cllr D Flory referred to a proposal to create a 'Heart 200' route in Central Scotland, similar to the North 500. The route would go through Milnathort and concerns were expressed about the additional traffic, especially at the bend at Burleigh Castle, where there had been three near-misses of late. Following discussion, it was agreed that the matter will be added to the CC's June agenda, although members were generally in support of the idea due to the economic benefits to the community. The Kinross-shire Tourism Forum is also to discuss the plan.

Comments and questions from the floor

A member of the public who farms at Tillyrie raised concerns about the increase in traffic speeding along the road through his land, creating what he described as a 'rat run'. PKCllr Robertson will follow up.

The next meeting of Milnathort and Orwell Community Council will be held at 7.30pm on Thursday 13 June, 2019, in Milnathort Town Hall.

Find Milnathort CC minutes, agenda and other information at:

- www.milnathortcommunitycouncil.org
- www.facebook.com/milnathortcommunitycouncil
- twitter.com/milnathort_cc
- Loch Leven Community Library
- Milnathort Church Office

Newsletter Deadlines

A list of future deadlines can be found on our website
www.kinrossnewsletter.org

Portmoak Community Council News from the AGM and May Meeting

Present at the AGM and meeting held on 14 May 2019 were Community Councillors (Cllrs) CCLrs: M Strang Steel (Chairman), B Calderwood (Deputy Chairman and Treasurer), R Cairncross (Secretary), G Cox, S Forde, D Morris, A Muszynski and T Smith; and P&K Councillors (Cllrs): C Purves, W Robertson and R Watters; and 18 members of the public.

News from the AGM

Chairman's Annual Report

The CC received and noted the Chairman's Report for 2019:

We have had two firsts, so far as I am aware, for Portmoak this year, both symptomatic of the change in attitude of Perth and Kinross Council (henceforth PKC) that I referred to in my Report last year. The CC received a visit from Roz McCall, Convenor of the Planning and Development Management Committee, to discuss various issues related to the handling of planning applications; and then our ward councillors conducted the new Chief Executive of PKC on a tour of our Ward, including a visit to the sites of a number of road issues in Portmoak. On the same theme we have had an encouraging correspondence with Angus Forbes, Convenor of the Environment and Infrastructure Committee. This more responsive attitude from PKC has recently been manifested in the willingness of the planning department to put right a mistake in the supporting paperwork for an application on the PKC website and to give a sensible time in which to respond to the full information thus revealed.

A big percentage of the CC's work relates to planning and roads. Planning has been relatively quiet this year. We have had to consider 29 new applications this year (26 last year), significantly less than two years ago. We commented on several, but objected to only one, that for the erection of ten 2mw gas turbines for the production of electricity on a corner of the Westfield site. This was not something that was in the original in principle consent. Fife Council granted consent for this, despite our objection and those of others. On a positive note the developers have recently taken steps to set up a Community Liaison Committee, which they have asked me to chair as an independent chairman. Portmoak and four Fife CCs are represented on it as well as the two local authorities, the developers and a councillor from each of our ward 8 and two Fife wards. We have held a preliminary meeting. Whilst there will be some survey work done on the site this summer, construction of the Energy from Waste plant will not begin until this time next year, with completion likely in 2023. This Committee is intended to act as a two-way channel of communication, but not supersede direct communication with the developers by anyone with particular grounds for complaint arising out of operations on the ground. The CC is still considering its response to the only other applications of note, namely the applications to vary the existing permission by demolishing the remainder of the Lomond Inn and replacing it with a new build house. The CC is aware that there is some support for an attempt by a community body to buy the site of the inn.

Roads are a never-ending issue and progress is slow. The trouble is that the department in PKC is fundamentally understaffed. They have a backlog of over 500 hundred requests to be added to the existing programme of works. In order to cope with this they have devised a system of prioritising requests by reference to number of accidents,

road environment, alignment, school travel etc and cost. Whilst one recognises the need for a prioritising system the problem with what is proposed is that cost is the overriding factor. High risk, low cost situations which come top of the tree are rare birds! However, we are making slow progress with the long standing issues of access and safety at the school, and the safe footpath from Scotlandwell to the church to the extent that they are now on the roads committee agenda, as is also the possibility of traffic lights at Balgedie Toll. A 20mph speed limit is about to be installed in Kinnesswood for a trial period. I regret to have to say that we were not able to overcome the title problems at the Moss Road carpark, so that remains to be used as such at the pleasure of the owners.

Roads related is the proposal, supported by the Kinross-shire Partnership, to declare the 'Heart 200' as a tourist route. This is modelled on the Route 500 in the North West Highlands, which has been very successful, some would say too successful, in attracting tourist traffic. Included in the route are the roads round the loch, the A911 and B9097. These are not single-track roads like the Highlands but there are problem points like the Balgedie Toll. Tourist traffic would help to make the case for traffic lights there. It would also create opportunities for the existing businesses on those roads and perhaps encourage new ones.

I have continued to wrestle with the problem of finding a replacement for our full up graveyard. I have identified a possible site but to date it has not been assessed for suitability by PKC, despite reminders.

Andrew Muszynski and Graham Cox have been working steadily on our Resilience Plan through the year and would hope to have something on which to go public shortly. Things like the data protection regulations make it difficult to put together something whose essence is communication.

Thanks to the many of you who filled in the questionnaire produced by our Ward Councillors surveying transport needs and deficiencies. We look forward to seeing the outcome of that exercise. It is apparent that the categories who feel the lack of public transport most are the elderly and the high school age groups.

During the year PKC have introduced a revised scheme of establishment for community councils. It will come into effect at the beginning of November. The most noticeable changes will be that the year-end moves to the 31 August with the AGM moving to October and that a part of Loch Leven will come within our jurisdiction. As most of the houses in the parish overlook the loch it has seemed anomalous that we

have had no technical interest in it and what happens on it, even though we are the area most affected. Kinross and Orwell CCs have been willing to share and I am grateful to them for that. It should mean that we are involved in any consultations about the loch sponsored by SNH and others.

I am grateful to my fellow councillors for their support and hard work during the year. Tom Smith has indicated that he wishes to stand down at the end of this meeting. He has been on the Council, I think, for longer than any of us and I thank him particularly, not least for his work in coordinating the Paths Group which involves a lot of work, physically as well as mentally. The CC will be looking for a volunteer to take over the Paths Group, and someone to take Tom's place on the Council.

We are all standing down after the October meeting as this is election year and I hope there will be sufficient candidates for the 8 places to trigger an election. There could be no better indication of a healthy community. I myself shall not be a candidate; I have been a member for, I think, eight years and chairman for six. It has been mostly enjoyable and I have made new friends through it, but it is time for a new face.

Malcolm Strang Steel, 08 May 2019

Treasurer's Annual Report

The Treasurer reported that with support from PKC outstanding current and historic legal liabilities had been met. Therefore, at the year-end 31 March 2019 there was: £0.00 in the General Account; and £1144.41 in the Michael Bruce Way Account giving a total of £1144.41. In the No3 Holding account there was £0.00.

Approval of Annual Accounts

The accounts for the year to 31 March 2019 had been subject to independent examination and as such submitted for approval by the Community Council prior to their submission to Perth & Kinross Council. The accounts were duly approved by the CC and the Treasurer instructed to submit them to Perth and Kinross Council and to obtain the funding grant for the forthcoming financial year.

The full Income and Expenditure of the CC's accounts can be found on the CC website.

Office Bearers for 2019

The following office bearers were appointed until November 2019: Chairman: Councillor M Strang Steel (Proposed by Councillor Cox, seconded by Councillor T Smith) Secretary: Councillor R Cairncross (Proposed by Councillor M Strang Steel, seconded by Councillor B Calderwood). Treasurer: Councillor B Calderwood (Proposed by Councillor Cox, seconded by Councillor T Smith) Deputy Chairman: B Calderwood (Proposed by Councillor Cox, seconded by Councillor T Smith).



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Revised Scheme of Establishment of Community Councils effective November 2019: The CC noted that a new Council would be appointed following an election on Thursday 7 November 2019. Thereafter the financial year would conclude on 31 August 2020 with the next AGM being Tuesday 13 October 2020.

The next AGM of Portmoak Community Council will be held at 7.30pm on Tuesday 13 October 2020 at Portmoak Village Hall. The Chairman thanked everyone for their attendance.

News from the May Meeting

Matters Arising from Previous Minutes

School Access – policy on parking and safe access routes for children. There had been some progress. The CC learned that the work needed to ensure safe access routes for children around the School had been commissioned by PKC (improved crossing markings and an improved build-out in the car park). In due course these would be referred to the Environment and Infrastructure Committee. Likewise, once all changes had been completed, preparation of a Protocol for all car users taking children to and from the school was in hand. Regrettably there had been no progress in securing consensus on limited restrictions on parking on Buchan Avenue. There was a need to resolve this matter: large vehicles found it difficult to negotiate Buchan Avenue often finding it necessary to do so by driving contrary to the existing one-way system; access of emergency vehicles could be impeded; vehicles could be parked close to the school gates on the spur off Buchan Avenue leading to the School. Although provision had been made for residents who might lose parking outside their home, the CC heard from a resident that there were difficulties arising from any solution so far identified. This was a recurrent problem (not restricted to the times of entry and exit from the school) that merited a solution and for which none so far had been acceptable to some residents. At the suggestion of Cllr W Robertson, the Chairman will write to the Convenor of the Environment and Infrastructure Committee seeking that an 'Arngask solution' to restrict all traffic movement around the school at entry and exit times be considered. Cllr Morris indicated that it was not clear what was meant by the 'Arngask solution' and if it involved restricting vehicular access up Bruce Road from the Main Street it would cause chaos on the Main Street with the A911 completely blocked with traffic.

Footpath from Scotlandwell to the Church, Hall and beyond. There had been no progress. Cllrs advised that PKC Road Safety Officers had confirmed that completing the

outstanding option appraisal of eligible routes was on their list to deliver within the current financial year. It was unclear how the new system of ranking priorities for road safety improvements would affect this.

Resilience – being better prepared for risks. Community Emergency Plan. The project was progressing with a Plan now near conclusion. A recent power cut had been rapidly resolved and the local network was strengthened by a number of "interconnectors" which enabled power to be rerouted in the event of local damage.

Review of Scheme of Establishment of Community Councils. Agreement on the new boundaries as they affect Loch Leven had been sought by the Chairman. Cllrs confirmed that Kinross CC had so agreed and that it was understood that Milnathort and Orwell CC had also done so.

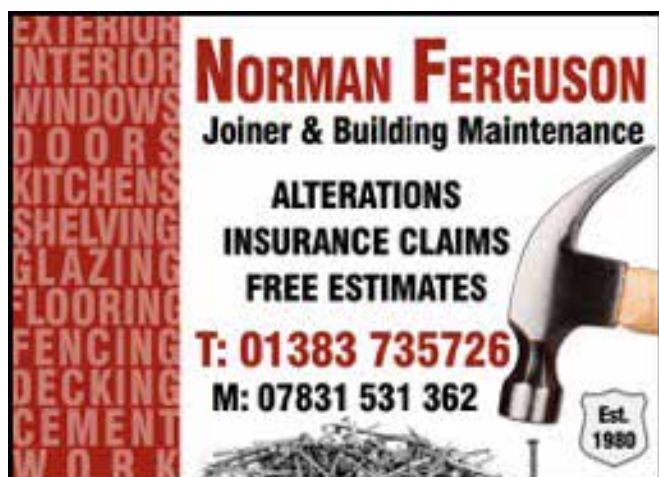
Portmoak Cemetery. No progress. PKC had yet to comment on the suitability of a potential site.

Rural Transport. Cllrs reported that there had been more than 200 responses to the circulated questionnaire. These were currently being analysed and would be shared with CCs at the forthcoming meeting of the Kinross Forum.

Police Report

PC D Stapleton introduced PS Michele Burns who had recently taken up post as Community Sergeant for Kinross-shire. The CC offered a warm welcome to both. PC Stapleton also reported that the local community team would shortly be at full strength with the new appointment of PC B Clark. 1) The CC noted the local report from PC D Stapleton that, although there had been no recent incidents in Portmoak, there was criminality elsewhere in Kinross-shire. The long-established concern that Police Reports never included accident reports was reviewed. This was now important information and was all the more relevant as it would explicitly be included in the formula applied by PKC Roads in determining priorities for road safety improvements. It appeared that current police practice does not register such accidents unless there is harm to individuals. The CC noted that the new VAS were having effect and were readily revealing to the general public where vehicles passing a VAS exceeded the required limit. PS Michelle Burns offered to make available advice to stay within 30mph speed limits that could be promoted through affixing clear labels to wheelie bins. 2) The CC also noted the Area Commander Bulletins of 10, 17 and 24 April and of 1 and 8 May.

Treasurer: The balance at the month ending 30th April was £0.00 in the General Account; and £1144.41 in the Michael Bruce Way Account giving a total of £1144.41. The 'Holding Account' No. 3 held £0.00.



Planning

New applications:

19/00558/FLL Erection of a dwellinghouse and garage (Lomond Inn), Kinnesswood.

19/00559/CON Demolition of building Former Lomond Hotel, Kinnesswood.

The Chairman explained that the CC had to consider the two planning applications before it. It could object; make comment; or take no action. In discussion the CC heard from the developer, Andrew Sinclair, and his structural engineer who pointed out that the current shell of the old Inn was inherently unstable. The CC found that it was not sighted on a very recent submission from Historic Environment Scotland. It determined to adjourn the meeting aiming to reconvene shortly to take account of the submission.

Progress with Developments:

FIFE 16/0366/EIA Planning permission in Principle; **FIFE 17/03377/FUL** Westfield, Erection of gas peaking plant; and **FIFE 18/02342/ARC** Energy from Waste plant. The Chairman reported that he had been approached by Hargreaves Land to chair an initial meeting to explore the establishment of a Community Liaison Group. That meeting had confirmed a commitment to proceed with the Group and with a membership reflecting community and ward councillors from both Fife and Perth and Kinross, as well as developer and planning authority interests. Full details of membership of the group together with its Terms of Reference will be circulated when they become available. A formal first meeting will be held before the end of August.

Roads

Environment and Infrastructure Committee. To consider the following papers:

Perth and Kinross 20mph Speed Limit Trial (Kinnesswood). The CC noted the proposed arrangements would be commissioned shortly.

Road Safety Projects Assessment Criteria (with Appendix 1). The CC had concerns about this policy. There was an inconsistency in methodology in determining what would be the nominator and what the denominator in determining the priority ratio for any proposed improvement. Plainly the approach appears to be prejudiced against expensive yet worthy developments. The CC also thought that excluding potential safety improvements because they were not on Council owned land was inappropriate, particularly in rural areas. The Chairman would write to the Convenor of the Environment and Infrastructure Committee, Angus Forbes, setting out its concerns.

To note progress

State of the roads within the original phase of Whitecraigs.

The CC noted that the problem of a poor road surface was not unique to the Upper Whitecraigs road where recent building development may have been a significant contributory factor. Other parts of the Whitecraigs estate were also affected. There was a feeling that this was beyond pothole repair and that resurfacing was merited. ACTION: Ward Councillors would take the matter forward and report.

Status of safety improvements at Balgedie Toll junction.

This was recognised across Kinross-shire as a dangerous junction. PKC had confirmed that the junction is included in the list of potential "signalised junctions" having been assessed and ranked according to the road safety projects assessment criteria recently agreed by the Environment and Infrastructure Committee. ACTION: WCllr C Purves would check the ranking in the List of Priorities.

Heart 200: The CC noted proposals for this new tourist Route. While not objecting the proposal in principle the CC was concerned that the routing would increase traffic looping around the Balgedie Toll at the junction there. The Chairman would contact the organisers to explain the problems caused by the present Heart 200 routing and seek their support in securing improved safety at the junction.

Paths Group: CCllr Tom Smith presented an update of the Paths Group Action Plan and confirmed that there would be future updates. The current work programme was up to date. Tom also intimated that he would seek to retire from the Council and that this would be his last meeting. The CC thanked him for his sterling work for the Paths Group and the community over the past 9 years.

Supplementary Guidance, to note PKC Guidance for comment by 12 June: The CC would comment on the **Draft Supplementary Guidance:** a) Airfield Safeguarding; and b) Delivering Zero Waste. In respect the latter the CC noted that there was currently only one landfill site with capacity within Perth and Kinross but that it was not currently operational. Cllrs undertook to find out to where PKC was sending its landfill waste.

Councillor Reports

Cllrs judged that as the matters they would like to raise were not urgent. They would defer discussion until the next meeting of the Council.

As noted above the meeting adjourned until 7.30pm on Tuesday 21 May 2019 at the Portmoak hall to consider any comment it may wish to make on the planning applications relating to the Lomond Inn.

The next meeting of the Portmoak Community Council will be held at 7.30pm on Tuesday 11 June 2019 in Portmoak Hall.

Portmoak CC minutes can be viewed:

- on the notice board in the village hall
- in a file in Kinnesswood Village Shop
- on the website www.portmoak.org

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Cleish & Blairadam Community Council

The Cleish and Blairadam CC are due to meet on **Monday 3 June** at 7.30pm at Cleish Village Hall. Draft minutes of previous meetings may be available on the CC's website at www.cleishandblairadam.org.uk

Club & Community Group News

Kinross and District Art Club

kadac.co.uk

The regular painting session on Tuesday 28 May saw the close of our Spring term, with members enjoying strawberry tarts at the tea and coffee break. During May, members voted for the paintings which will be included in the KADAC calendar 2020. There were a wonderful 41 entries this year; a display of superb artworks which created a really difficult task when voting for favourites. Consequently, we now have the makings of another high quality calendar which will be on sale at our Annual Exhibition in September.



Although the club does not meet during the summer months, John Tydeman, our enthusiastic Outdoor Painting Coordinator, has organised two fabulous June outings for members. They are looking forward to trips to Lethangie, Kinross and to the Japanese Garden, near Dollar. Hopefully the weather will be as kind as it was on last year's outings although our motivated group will be keen to get outside to draw and paint whatever the weather!

Regular club sessions resume on **Tuesday 20 August**. We meet on Tuesdays and Fridays (2 to 4pm) in Millbridge Hall each week. If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website.



A few artwork entries on display for the KADAC calendar 2020 competition

Kinross Day Centre

May has started off on a great note and what glorious weather we have been having. Long may it continue!

The last week of April saw an array of entertainment. We had the Tuesday Crew Plus One along to sing to us. It was a thoroughly enjoyable afternoon and we even got up for some dancing. On the very last day of April we went on our first barge trip of the season, we meandered along the canal to the Almond Aqueduct, carried on a little bit further and saw some lovely scenery. We have a few more trips planned and we are really looking forward to those. We are taking advantage of this lovely weather and have been to the Loch for some fresh air, a game of volleyball and of course refreshments. Let's hope this weather continues so we can get out and about more.

Our members enjoyed a lovely holiday to Melrose in April, which seems like a long time ago. They had some fabulous trips including Melrose Abbey, Kelso, Melrose and Lindisfarne. The hotel was lovely and put on some great entertainment, including a magician. We even managed some dancing. We are now looking forward to next year's holiday, where ever that may be!

We have been enjoying our trips out on the trishaws taking in the changing scenery around Kinross and Loch Leven. We are looking forward to many more trips out on the trishaws. If you see us, give us a wave.

Our regular activities continue on a daily basis and our carpet curling is becoming very popular. We have a new game in the centre which we have all been enjoying, volleyball. There has been lots of giggling and smiles.

This month we are looking forward to a trip to Blair Drummond Safari Park, our next barge trip and a concert from the Sabres.

The Coffee bar (open to everyone Monday to Friday) has been very busy. Our pancakes are flying off the shelves and our baked potatoes are getting very popular. We also have home baking on a daily basis, at very reasonable prices, why not pop in and see us. We would love to welcome you.

We would love you to be involved with the Kinross Centre, either as a service-user, a volunteer or as a supporter, if you would like further information please contact Nan Cook on 01577 863869.

Keith Watson & Co Accountants

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Broke Not Broken Kinross Food Bank

Our volunteers work hard on their shifts but there is plenty of chat and laughter too. We have some new faces volunteering; tasks include helping transfer the donations from Sainsbury's to the Beacon which has been a great help.

We are having a barbeque on **Sunday 9 June** at 12.30pm in the garden at the Beacon to say a huge thank you to the volunteers who give up their time for us and our clients. If you want to find out more about us and what we do, pop in. Hopefully some of you saw our stall at the Fossoway Gathering at the end of May.

We were so lucky to be named as Sainsbury's Charity of the Year last year. We benefited greatly from their support and received over £5000 in collections over the course of the year. This will be put to good use.

Susan has planted the garden with an array of fruit and vegetables including potatoes, onions, garlic and strawberries. We hope this will appeal to our clients.

For the first time we had to buy in some food to fill our shelves. We were

low on so much but it also made us realise how lucky we have been living in a community that is so generous and that this is the first time a shortage has occurred.

We regularly give talks to local schools and churches about what we do. If your group, school, class or workplace would like to know more about us and how you can help, please email secretary@brokennotbroken.org.

We received a donation of Easter eggs from CHAS. These have been distributed with our food parcels and were a welcome treat for our clients. CHAS are a great charity and we are so grateful for the ongoing support they show us.

We had a request to help a young family moving into the area who were faced with furnishing an empty flat. The community again rallied round and were able to help. Huge thanks to Drummond Property Maintenance for their hard work and flexibility with this, as well as to the citizens of Kinross for their generosity.

We are currently funding ten children to attend Saints in Community football training, and have also supplied them with a small kit bag. We hope they enjoy

the sessions as their feedback will impact on what we do next year.

Finally we are involved with the new and exciting Local Advice Hub. This is now at the Loch Leven Health Centre and we will be there on Friday mornings, offering support and advice. Topics include benefits, particularly Universal Credit, and getting your CV together. Sessions run between 10am and 12noon.

On Thursday you can access social prescribing and drug and alcohol support from 9.30am to 12pm. This is something we have been trying to get off the ground for a long time and feel it is the first step on the road to making the food bank redundant, by trying to reach clients before they ever need to access such a service.

Don't forget, if you want to volunteer contact:

volunteer@brokennotbroken.org

or, if you need help contact:

admin@brokennotbroken.org.

We are open to clients on Tuesday and Thursday from 10am to 2pm. You can drop off food donations at Kinross Sainsbury's seven days a week during their opening hours.

**BROKE
NOT
BROKEN**

Kinross Pipe Band

Calling all pipers and drummers in the Kinross area! After some very strong results culminating in a Champion of Champions winning performance at the World Championships in 2017, the band has gone through something of a hiatus over the last year or so as a number of our young adult players left to pursue careers out with the area. So, we are now actively growing and re-building the band, and we fully intend to be out competing again over July and August this year, including the World Championships in Glasgow.

If you are an experienced piper or drummer, we'd love to have you along to swell the ranks, but be quick! If you hope to compete, we need you to complete a minimum 2-week registration process before you can play in competitions.

If, however, you are hoping to learn the pipes or drums we would be equally delighted to welcome you along. Practise and tuition takes place on Thursday evenings at the St Serfs Hall, next to the Muirs Inn.

For all queries please contact: secretary@kinross-pipe-band.co.uk.



Kinross in Bloom

It has been another busy month.

The 3000 plug plants were well looked after and have now been planted into the hanging baskets which will be placed around the town in June. The planters will also be planted up with the help of some young people from the YMCA.

Our thanks to the Fire Service for filling up our water tanks. During the hot spell over Easter we needed a lot of water to keep the plants going. We have a water irrigation system in the polytunnel which uses solar power to water the plants regularly.

200 Club Winners

May Draw

1st No 63 Alison Rutherford

2nd No 5 Susan Bathgate

3rd No 15 Molly Dobson

4th No 78 Yvonne Wardrope

Our next meeting is on Wednesday 5 June at 7pm in the Church Centre.

We would welcome any new volunteers to help with our work. If interested, please contact susan.mitchell50@gmail.com.



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Kinross & District Rotary Club

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Award for Club Member

Jo Middlemiss has collected a Community Champion award after being recognised by Rotary in Great Britain and Ireland for her role in a project bringing life-changing medical procedures to women in Ethiopia.

The ceremony was held at the stunning Nottingham Council House as part of Rotary's annual conference and showcase taking place in the city. Community Champions are part of Rotary's Champions Awards, which are hosted each year to recognise the outstanding and inspirational humanitarian and community service of volunteers from around the country.

Jo, from the Ethiopia Medical Project (EMP), was nominated by Kinross and District Rotary and was among 14 winners who received their awards from the Lord Mayor of Nottingham, Cllr Liaqat Ali. The EMP was founded ten years ago by Jo and her colleague Maureen Burnett. Their aim was to help women in a remote part of Ethiopia who were suffering from Uterine Prolapse, a condition that can be cured through a relatively straightforward process, but needed the right procedures and modest sums of money.

Over the last decade, the project has put over 8000 women through the prolapse healing and repair process, and now supports the salaries of 15 members of staff at the Baccama Clinic. Jo has captured the hearts of women in Scotland, who come forward to support the charity with the tens of thousands of pounds required to keep the clinic running each year.

The search for this year's winners was carried out across UK Rotary's vibrant network of over 1700 Rotary clubs. Projects ranged from tackling mental health and supporting education to alleviating poverty and fighting prostate cancer.

Well done Jo!



The Lord Mayor of Nottingham presents Jo with her award

Interact Club

The High School Interact club had its last meeting of the year on 17 April. They thanked the club for supporting them this year, saying how much they had learned from the activities. They also said how much fun they had and how good it felt to be making a difference to others through the events they ran like the Shoebox Appeal, the seniors Christmas party and the P7 disco.

In the next academic year Tom Gachagan will take over running the club and we look forward to working with him!

Mock Interviews

We were delighted to be asked by the school to provide some S4 pupils with interview experience. We took 16 pupils through a structured interview process, giving them feedback for future interviews and providing them with a rotary guide of tips for successful interviews. We'd like to thank Deputy Head Alan Fraser for arranging this, and also Barry Dougall from KYTHE for being one of our interviewers. We believe that having this sort of opportunity to learn and hone interview skills will be a great benefit to the students when they have to do the real thing.

Primary School Quiz

The winners of our club primary school quiz round were Kinross Primary, and they went to Dalgety Bay in April to compete in the district round. It was a very tight competition with only the slimmest of margins between the teams. Although they didn't win, the pupils were very proud of their performance and so were we!

Fellowship

The club was very happy to help the Boathouse with erection of a marquee. In May we provided the Fossoway Gala event with support by supplying car park stewards.

Mary Queen of Scots Event

Just a reminder to local groups and businesses to start thinking about your teams for this ever popular race and family fair at Kirkgate Park. We are aiming to have it on 1 September and will try to tie it into the Solheim Cup, since Mary is widely credited with being the world's first female golfer!

Recent Speakers

On Tuesday 16 April at the Breakfast meeting, some 16 members and associate members were brought up to speed with the Kinross-shire Youth Enterprise scheme by Youth Worker, **Barry Dougall**. Since his appointment in January 2017, Barry has seen the work of KYTHE increasing to the extent that they now have the capacity to support additional staff and volunteers. Links with the Rotary club have also increased, with the KYTHE band playing at the seniors Christmas Party and Barry taking part in the club's young musicians competition as one of the judges.

KYTHE have at last secured their own premises in the shop unit attached to the Health Centre and the group are now in the process of fitting out to suit their requirements. They

Continues over page...

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Kinross & District Rotary Club continued...

have also secured a partnership with the Gannochy Trust in a three year deal. Barry explained his aim to introduce youth achievement awards and music workshops and is hoping to start a Saturday night social club soon. Although the organisation is basically a Christian one and is based on Christian principles, there is no obligation on the young people to become involved in religious activity, although the opportunity is there for anyone keen to learn.

Kenny Wiggins is chairman of Kinross-based Business Span. He gave us a fascinating talk about this innovative company which employs around 20 people locally. It provides an innovative way to work at height, whenever temporary access is needed to a structure from below. They provide a cheaper, faster, safer way than the traditional approach of scaffolding. They do this by working with their clients to co-design the best solutions, thus forming strategic collaborations with them rather than just being contractors.

Their product TechniSpan is modular, light-weight, flexible in installation, mobile, strong and quick to install and remove. For example, they provide the platforms you may see hanging underneath all three of the Forth Bridges, to provide maintenance access to the undersides. Industries using the system include oil and gas (on and off shore), bridges, harbours and wind energy (also on and off shore). They also provide similar stairs and towers needed for access.

Their success is due to the patented nodes that hold the frames together which make them extremely strong while still light. The Kinross building is the hub of their training and building services. Congratulations must go to them for being such a successful and innovative company, and we hope they continue to be based right here as their business grows!

Upcoming Speakers

We look forward to welcoming the following in the next few weeks:

- 3 June: Club Assembly.
- 10 June: Kate Caithness talking about World Curling.
- 18 June: Phil Teale describes his plans for the club for the next rotary year.
- 24 June: Andy Middlemiss will talk about 'the Battle of Arnhem, 75 years on'.

To come and meet us please contact Brian Timms, Club Secretary, at secretary.kdrc@gmail.com or check out our Facebook page.

Boys Brigade

Anchor section members have been focusing on nature in Spring with a variety of art, craft and puzzle activities as well as team games. The Battalion Anchor Sports Day took place at Bell's Sports Centre at the end of May.

Junior Section members competed in the Perth Battalion 'Festival of Activities' finishing second in both the figure marching and singing competitions, losing out on both by one point.



Some of the Anchors with their ladybird working models

Company Section members competed in the annual 'Scripture Search' competition with Zoe Webster winning the Junior Battalion medal and George Milne winning the Senior Battalion medal.

The Company's Annual Display and Presentation of Awards was held at the end of May. Perth Battalion President Callum Gillies was the Inspecting Officer accompanied by his wife Wendy. A full list of award winners will be available in next month's newsletter.

Officers visited the Jedburgh campsite, the Jed Legion football club, checking over the facilities available in the local area in preparation for the annual summer camp taking place over the first week of the school holidays.

Meanwhile, Company marquee tents are in high demand this summer and there are a number of new bookings in the diary. The 40 foot by 20 foot large white tents are available for hire at £200 per occasion. Contact Company Captain David Munro on 01577 862126 for more information.





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Milnathort in Bloom

We'd like to say another huge thank you to businesses and individuals in Milnathort for their incredibly generous donations. Our fundraising has now come to a close and we're delighted to share with you that we have raised an incredible £3771.86. Our target was £1500, so we have smashed that twice over. In addition, thanks go to the following businesses; Hatrick Bruce, Advanced Denture and More Than Mortgages.

Everyone in Milnathort has done a fantastic job to help us raise these much-needed funds, so thank you again.

We've been busy with planting this month too. On 11 May we were back in the polytunnel planting up over 100 hanging baskets, 46 tub liners and the large troughs that sit outside what used to be the Jolly Beggars. A fantastic team of people showed up to help and it's so much easier when you have an enthusiastic team working together to make the village look lovely. Thank you so much to everyone.



Basket planting

Our next activity will be the large task of putting the hanging baskets out and planting up the many tubs in the village. This will be done over the first weekend in June so, if you want to give us a hand, you'll be more than welcome.

You will notice fewer hanging baskets this year, mainly along Stirling Road and South Street. This is for a few reasons. Firstly, the hanging baskets in Stirling Road have never done well due to the wind howling down that street. This causes the baskets to dry out very quickly, resulting in poor growth. We have made a conscious decision to concentrate more planting in specific areas of the village, namely the Cross, New Road, the Orchard, Burleigh Road and the planter on Perth Road. We felt this would make a bigger impact as opposed to small displays spread over a larger area. Finally, watering is a big problem for us and is another reason for reducing the number of baskets.

Grass Cutting, Rotovating
Hedge Trimming, Tree Pruning
Turfing, Slab Laying, Fencing
work undertaken

I. Robertson, Station Road, Crook of Devon
Telephone : **Fossoway 01577 840526**

Our Scarecrow Competition is now live! Entry forms are available at Light up my Heart in Milnathort (thanks Corrinne!) and it's £2 for each entry. Judging isn't until late July so there's loads of time to use your creative talents, and lots of recycled materials. The competition is open to individuals and groups and we hope to attract all shapes and sizes.

You may have noticed the lovely Claudia on her hands and knees removing the weeds from the cobblestones around the town hall. A big thank you to Claudia, but if a couple more people helped, we could get rid of a lot of unsightly weeds around the village. Come competition judging time, the baskets and planting are not the only things the judges see; they will also see weeds sprouting, especially where buildings join the pavements. Dandelion and grass seed rejoice in taking root in the dust. If you'd like to do an hour or two, you'll need a bucket for the weeds, a dustpan and brush and something that can get between the cracks to remove the weeds. Let's make Milnathort even lovelier this year and secure a gold medal for all of us.



Village Scarecrow Competition 2019

Entries are invited for our Scarecrow Competition.
Scarecrows should be environmentally friendly and made as far as possible from recycled materials.
Scarecrows should be named and will be judged in late July. (final date to be advised)
All entry forms are available at Light Up My Heart and should be returned with £2 per entry by Saturday 13th July.



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Kinross Camera Club

kinrosscameraclub.org.uk

We'd love to see you at any of our informal Thursday evening photo outings which are now in full swing. Locations for June include the Union Canal at Ratho, Bridge of Allan, Stanley Mills and Ceres (coinciding with the annual raft race). Please see our website for full details but we meet at 6.30pm outside The Green Hotel, Kinross, before heading off to the planned location. These evenings are great for combining a bit of photography with some sight-seeing and are both educational and sociable. Please contact secretary@kinrosscameraclub.org.uk with any questions.



KCC competition trophy winners 2018-2019 (left to right): Linda Reid, Dallas Key, Richard Dibley, Doug Carrie, David Sharman, Bill Paton

Kinross & Ochil Walking Group (Affiliated to Ramblers Scotland)

We are a relaxed and friendly group who love walking. Why should you try walking with us?

Hippocrates said that walking is man's best medicine. It's great for getting your blood pumping, reducing stress and depression, weight loss, improving fitness and giving your health a boost. We have walks for most levels of fitness.

Walking is cheap and easy. All you really need is suitable footwear, waterproofs and a small bag or rucksack.

It's also a great way to meet new people. You can chat in a relaxed way on the walks or just have some space on your own to think. The joy of getting out into the open air and exploring new areas of the countryside is another benefit.

We would particularly like to have some new walkers join us on our weekend and Thursday walks and can guarantee you a warm welcome. We operate car-sharing but it is not essential to have a car.

Weekend Walks

Saturday 15 June: Munro Bagging in Glen Lyon, 10.5 miles.

A circular walk starting from Invervar. We will take in five Munro tops, with an alternative of three (eight miles) should the weather deteriorate. Glen Lyon is a beautiful area with outstanding views at 3000ft.

Sunday 30 June: Kinnoull Hill, 5 miles.

Across the railway bridge with some road walking, then steep climb up Kinnoull Hill. Mostly on good paths with lovely views.

In case it turns cold and wet, you do need appropriate clothing, including boots or strong shoes and waterproofs. Bring water, a packed lunch and a hot drink.

For further details of where to meet us, or for general enquiries, please call our Group Secretary, Ann Eve, on 01577 863887.

New Midweek Walks

We are trialling a monthly midweek walk of approximately 6 to 7 miles on the **first Thursday of each month**. New walkers will be made very welcome.

Thursday 6 June: Glen Tarken Circular, 7 miles.

Meet at 9am at Kinross Park and Ride to share cars or, alternatively, meet at St Fillans at 10.30am. From St Fillans head up towards Glen Tarken wood and follow track uphill. Steep climb at start, taken at a moderate pace, with superb views of the glen.

Thursday 4 July: Meigle and Ardler Loop, 7 miles.

Meet at 9am at Kinross Park and Ride to share cars or 10.30am at Kinloch Memorial Hall, Dundee Road, Meigle. There is on street parking (NO289442).

Moderately easy low level route following tracks, paths and minor roads through farmland and woodland.

In case it turns cold and wet, you do need appropriate clothing, including boots or strong shoes and waterproofs. Bring water, a packed lunch and a hot drink.

For further details regarding these walks, please contact Moira McCauley on 01383 839795

Tuesday Short Walks

For those who are new to walking or want a shorter walk, come and join us on our Tuesday morning walks. These are usually a maximum of four miles followed by a sociable visit to a coffee shop, farm shop or pub for refreshments. We would be delighted to welcome anyone who would like to try walking with us.

Tuesday 11 June: Limekilns and Charlestown.

Two conservation villages, fascinating industrial heritage, a grand country estate, a village green and a short stretch of the Fife Coastal path.

Tuesday 25 June: Cardenden Woodland.

Low level circular walk through a lovely wooded glen. Short slopes and one set of stairs.

For further details of where to meet us, or for general enquiries, please contact Edna Burnett on 01577 862977.

Kinross-shire is a Fairtrade County

Kinross Museum

www.kinrossmuseum.org.uk

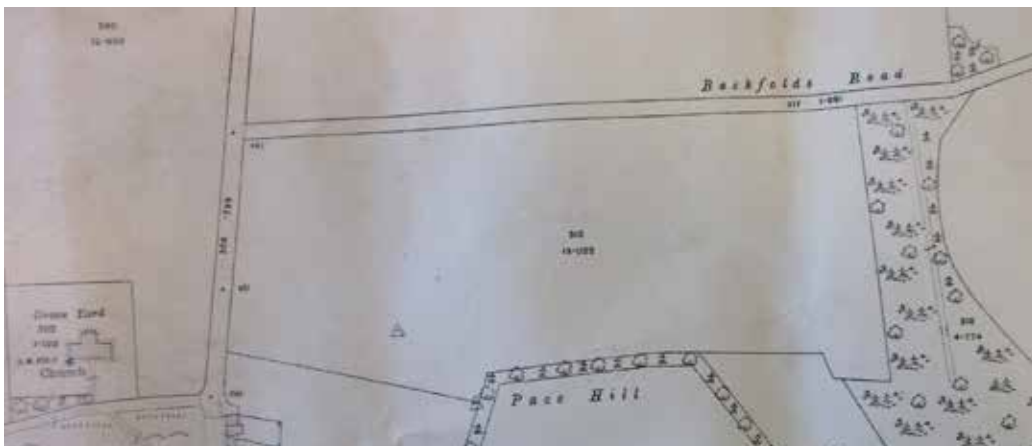
In April and May we distributed our newsletter to friends inviting renewal of annual subscription. If you would like to become a Friend of the Museum, this is a good time to begin supporting the heritage work that we do.

In June we will be refreshing the exhibitions with displays on two great journeys of exploration undertaken 50 years ago in 1969; the British Arctic Expedition and Man's journey to the Moon. There will also be the story of the postal service in Kinross-shire entitled 'Signed, Sealed and Delivered'.

We continue to have visits from school groups as well as queries from



those researching aspects of local history. Recent enquiries have asked about the history of The Myre at the foot of Kinross and the naming of streets in new developments in Milnathort. The latter uncovered an old pre-motorway road name (Backfolds Road) to the north of Pace Hill. If you have any queries, do get in touch with our volunteers. Please also have a look at our website.



Backfolds Road shown on a 1914 Ordnance Survey Map of Milnathort

Portmoak Community Woodland

www.portmoakcw.org.uk

It's pitch black at 4am and we're standing at the entrance to Portmoak Moss. It is, of course, the Dawn Chorus walk. As the first light spreads through the trees the first bird starts to sing. The winner this year was the blackbird, quickly followed by the robin and wren. As we walked round and the sun got stronger, blackcap, willow warbler, tree sparrow, sedge warbler and the high pitched goldcrest joined in. We had a magical hour and a half with Scott Paterson, the bird recorder for Perth and Kinross, pointing out the different birdsongs and giving us loads of information on the birds and the meaning of their songs.

It's a great way to work up an appetite so we stopped for tea and Nicola Cassidy's home baked cake. It was a lovely sunny morning with birdsong and victoria sponge for breakfast. Perfect! Portmoak Moss looks, well, moss-like at this time of year. The main peat dome is covered in bog cotton; one of the species that likes the wet conditions. Progress continues on restoring the peat bog and that's why we were visited by a very prestigious group of scientists at the end of April; the Interagency Climate Change Group from the government agencies Scottish Natural Heritage, Natural Resources Wales and Natural England.

Gary Bolton, of the Woodland Trust

Scotland, welcomed the group and Andrew McBride, who runs the Peatland ACTION project for SNH, gave an expert talk on the restoration. Jeff Gunnell and Louise Batchelor from Portmoak Community Woodland Group talked about its work and community events.

The climate change scientists were looking at the capacity of UK peat bogs to store carbon and help combat climate change. They were particularly interested to see how a former commercial forestry plantation like Portmoak could be turned into a peat bog once again.

There was some debate about the question of removing trees, which also store carbon, but of course the WTS, with community help, has planted thousands of trees up in Kilmagad Wood. The scientists were very impressed to see how the two sites complement one another. Dr Mike Morecroft, Principal Specialist, Climate Change for Natural England summed up their impressions; 'This site is exemplary. It's a microcosm of what we need to do to tackle greenhouse gas emissions on the land: planting trees on the hill and restoring peatland, with great community engagement and benefits for peoples' physical and mental health.'

We couldn't agree more!



The Interagency Climate Change Group visit Portmoak Moss

Common Grounds

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May has certainly brought smiles to all of us. Not only have we been enjoying the sunshine but also the colourful border of summer flowers in the garden of the guiding hall. Claudia Pleass' (and husband John) hard work has certainly paid dividends in coaxing such a colourful bed and their efforts in maintaining it are greatly appreciated.

On a sadder note, we said farewell to Rhona Brown who has given over 150 hours of volunteering as part of her Duke of Edinburgh award. We wish her well when on her placement in China and thank her for her valued contribution. Her cheery smile will be missed by all our Saturday regulars!

Projects: Our May project was On Call Africa who we last supported in June 2017. The charity aims to improve access to healthcare in rural Zambia. Mobile clinics deliver primary healthcare directly to patients in rural villages; interactive health care sessions are designed to address the issues the people have identified as most pressing.

Our June project is Africa on the Ball. This is the first time we have supported this Scottish charity. Africa on the Ball uses sport to empower communities. They believe that sport can be a powerful vehicle for tackling a range of societal programmes. In Kalingalinga, Zambia, they run a female empowerment programme through football. This is an outreach project delivering sport and health messages to nearby deprived areas along with an educational scholarship fund. They are currently fundraising to ship a container full of books and sports equipment to Zambia. These resources will be converted into a community library and learning centre. More information is available on our website which has recently been updated by our new webmaster, Kevin Heneghan.

Our opening hours are still 10am to 12.30pm Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are Elspeth Caldwell (Convener) on 01577 863350 and Linda Freeman (Secretary) on 01577 865045.

Portmoak Hall 100 Club

April Draw

1st	No 79	Stephen Beecham	Kinnesswood
2nd	No 28	Pat Nicol	Kinnesswood
3rd	No 97	Susan Forde	Scotlandwell

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Kinross 50-Plus Club

The monthly meeting is on **Thursday 6 June** when the speaker is Mr D Chisholm who will give a talk on 'Nepal'.

Away Days

13 June Gourrock

27 June Peebles.

The bus leaves the Green Hotel at 9.15am. Contact Mrs P Crawford, 01577 862962.

Notices

Our summer outing is on Sunday 4 August and is a visit to Culzean Castle, Ayrshire.

Friday Walkers

14 June Wormit to Balmerino Abbey and return.

28 June From Vane Farm to Loch Ore.

All walks continue to leave from the Green Hotel. Contact Ian Simpson, 01577 863691.

Friday Hillwalkers

7 June Bridge of Cally Anne & Kate 9am

24 May Scotstarvit. Park at Cupar Car Park Moira 9am

Contact Pauline Watson, 01577 862685.

Activities

Fly Tying, Crafts, and Keep Fit have finished for the summer.

L.U.S.T. The slimmers meet each Thursday, 9.30am to 10.30am, in the Millbridge Hall. Contact Norma Anderson, 01577 863548.

Line Dancing every Tuesday and Friday at 10.30am in the Millbridge Hall. Contact Betty Fergus, 01577 866961.

Carpet Bowls meet Monday at 2pm in Millbridge Hall. Contact Helen Duncan, 01577 863248.

Kinross-shire U3A



The May meeting was our first AGM. We successfully completed the business of formally adopting our constitution and electing enough volunteers to form a committee for next season. Two members of the initial steering committee chose not to stand again. I would like to take this opportunity to thank Isobel Reid for her input and willingness to help, and especially to Netta Green for chairing us through our inaugural year in such a calm and dignified manner. Hopefully they will both enjoy participating next session, having done their stint of organising.

Kinross-shire U3A will be taking a break from its monthly meetings over the summer, resuming in September. The new committee will be using the intervening time to organise the schedule of speakers, and we will publicise the calendar when finalised. In the meantime, the interest groups continue. We currently have seven; Military History, Craft, Scrabble, Science Discussion, Book Club, Famous Scots and Genealogy. In addition, there is nominally a Website Maintenance group but so far that's just me. We are also planning to launch a Poetry Group and a Meditation/Essential Oils Group. If you're interested please get in touch via our website, or email kinrossshireu3a@gmail.com. For this month, it just remains for me to congratulate Kathryn Edgerton on her marvellous victory in the Kinross-shire U3A quiz at the AGM. I'll let her have the prize back after it's done its job of holding the pencils at our stall at the Fossoy Gathering.

Gareth Thomas, Secretary

Kinnesswood in Bloom

John has managed to turn over all the open ground in Benarty View and it is ready for planting. We are fortunate to still have funding in the budget and Kirsty, Fiona and Carol have developed a planting plan. Hopefully the area will mostly be planted up before the grand opening at 2pm on **Saturday 22 June**. It will also mark the beginning of the Portmoak Festival Week.

There will be representatives of Perth and Kinross Council and Take a Pride in Perthshire as well as other local funders at the opening. It's hoped that locals will walk, cycle or car share and that they will park in Whitecraigs. There will be music, a dedication of Tom Buchan's bench and a very special tune (as well as refreshments!) so please come along.

A small area at the foot of Buchan Avenue has been taken over by Kinnesswood in Bloom. It was cleared by the council and is now ready to develop as a low maintenance project.

Our litter pick at Burleigh Sands was very successful although cold and windy. SNH have thanked us for our contribution to keeping the area litter free.

There are plans to improve the area at the back of the school, including replacing the shed and refurbishing a neglected area. They have applied to the Solheim Cup Community Fund, which invited applications from groups within Perth and Kinross. The Solheim Cup takes place at Gleneagles Hotel in September.

Work with children continues with the upper classes at Portmoak Primary School. One participant recently told us that 'it was much better fun than they thought it would be'. We all think that gardening can be fun too. Hopefully, by the end of the summer term, the children will be able to name some garden tools, recognise a few flowers and vegetables and know more about compost.



New headteacher helping with school garden

Work parties continue on Saturday mornings from 10am. There are also occasional work parties during the week. All are welcome. Look for a copy of the work party list on the notice board or on our Facebook page.

Jan and Norma recently attended the Take a Pride in Perthshire AGM at Bridge of Earn. There was a very inspiring programme and much food for thought. We are indeed fortunate to have such a group to support us and help get projects off the ground. We also enjoyed visiting another group's home patch.

Our meetings are on the first Thursday of the month at 7.30pm in the Well Country Inn.

Recipe

supplied by Kinnesswood in Bloom

Tomato and Melon Salsa

This is a lovely light salad for the warm weather. It is also very easy to make.

Ingredients

Half ripe melon (any type)
One quarter cucumber
3 tomatoes, chopped
Mint leaves
Bunch of coriander, roughly chopped
Tbsp olive oil
Quarter tsp mint sauce

Method

Gently combine the melon, cucumber, tomatoes and herbs in a large bowl. Mix the olive oil and mint sauce with some seasoning, then pour over the other ingredients and stir again to coat in the mint dressing. Serve chilled, with slices of toasted baguette, rubbed with a fresh cut garlic clove if you like.

Kinross Garden Group

The first of our summer visits was to two gardens in Abernethy; Eastbank Cottage and Pitcurran House. They are open by arrangement under the 'Open Gardens of Scotland' scheme. The two gardens were quite different, but both looked fantastic. Both showcased wide ranges of plants and extremely knowledgeable owners. We had a lovely afternoon which finished at Jamesfield Garden Centre, where we enjoyed a super tea to end the visit.

The next outing on **Thursday 13 June** is to Inverary Castle and gardens. More details about the outing (and membership) can be obtained from Ms C Anderson on 01577 864589.



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Opening Times

Mon*	10am-1pm
Tue, Wed & Thu	10am-8pm
Fri	10am-6pm
Sat*	10am-3pm

*Mon 10am-1pm & Sat 1-3pm. Limited service, run by volunteers.



Regular Sessions for Young Children

No need to book, just come along:

- **Bookbug Rhymetimes** Sat 10.30-11am. Wed 2-2.30pm.
- **Pre-school Story Time** Tues 10.15-10.45am.

Parents, grandparents or guardians and toddlers will be made most welcome at these free, open sessions.

- **Stay and Play** Wed 2.30-3.30pm Sat 11am-12.

Pop into the library where you can meet other parents, have a coffee, chat, read a magazine or just relax while your child plays. Toys provided. Family-friendly. These sessions are suitable for pre-school children and their parents or guardians.

Book Groups at the Library

We currently have three book groups for adults running at Loch Leven Community Library.

Crime: Once a month on a Tuesday, 6.45-7.45pm.

General: Once a month on a Friday 10.30-11.30am.

Café: Once a month on a Saturday 11.15am.

Next meeting: Sat 1 June, then holiday recess

Please contact the Library for the other book group dates.

Café Book Club choice for June

Love of Country by Madeline Bunting. Available to reserve from your library.

Found in our travel section, this is a beautifully crafted book about the Hebridean Islands. Packed full of stories past and present this book is much more than a travelogue of the Hebrides. On her journey through these islands Madeleine Bunting explores their magnetic pull, their histories which are stories of tragedy, resistance and migration. The book gently questions politics, religion and culture and our emotional responses. You can dip into this book and only read the island of interest, read it cover to cover, or geographically, well worth reading this summer.

Book Group for Children:

Chatterbooks. For children aged 7-11. On the first Friday of each month. **Next meeting: 7 June.** New members welcome. Please contact the library to book a place.

Code Club: Code Club gives children aged 7-11 years an opportunity to learn to code, no matter who they are or where they come from. The project introduces coding concepts to allow children to build their knowledge incrementally. Every Thursday 4-5pm. New members welcome. Please contact the library to book a place.

Club Correspondents

If sending your submission by **Email**, please put the name of your community group in the **Subject Line** of the Email message. Thank you.

IT Help Sessions

Free sessions – booking essential. Monthly on a Thursday 2pm onwards. **Next session: 6 June.**

Coffee and Crochet

Fancy coming along to a crochet club? Chat, enjoy coffee and share hints and tips while working on your project. Weekly on Thursdays at 10am. Come along and join this small friendly group. Please note although help will be given this is not a teaching class for beginners.

Creative Writing Group

Always wanted to try your hand at creative writing? Come along, its free, interesting and supportive to budding writers. **Next meeting: Tues 25 June** 6-7.45pm.

Upcoming Events

Saturday 8 June. 'Bright Sparks' 11.30am-12.30pm.

This taster session is suitable for children 5-10yrs. Exercise your brain and have fun! Experiments, activities, brain teasers around STEM subjects (science technology engineering maths). Just pop along at 11.30am and join in. No need to book. Free session.

MANIL Make a Noise in Libraries 11-13 June.

The staff and pupils of Kinross High school will be entertaining us with various free musical recitals in the library at lunchtimes on 11, 12 and 13 June. Come in between 1.25-2.00pm and hear these talented groups. On 11 June they will be entertaining us with excerpts from the upcoming school musical 'Fiddler on the Roof'. And don't forget – coffee is available in the library too.

Foodbank: The library is now a foodbank collection point for 'Broke not Broken'.

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More information on all Library, Museum and Art gallery events at: www.culturepk.org.uk/whats-on

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Need Equipment for a Community Event?

Marquees, Gazebos, Chairs, Tables and more available to hire (or sometimes borrow).

Items are listed on www.kinross.cc at:

www.kinross.cc/equipment_hire/equipment.htm

If your community group has items it would be prepared to lend or hire out, please add them to the list.

Networking Breakfast Breaks from the Norm

On the first Wednesday of each month in the autumn, winter and spring, a group of motivated Kinross-shire entrepreneurs (representing businesses and organisations from sectors architectural to zoological) gather for 75 minutes at Loch Leven's Larder before heading off to work.

Their mission is threefold; to enjoy a first-class Scottish breakfast, to network with other breakfasters, and to listen to a short presentation from a visiting speaker. Previous post-breakfast speakers have included outdoor equipment expert Chris Tiso, inspiring charity fundraiser Jo Middlemiss, and local multipreneur Jamie Montgomery. However, on Wednesday 1 May, the usual format for the networking breakfast was adjusted slightly (in that there was no post-breakfast speaker) to allow additional networking time for attendees.

According to the Oxford English dictionary, networking is a process which involves 'interacting with others to exchange information and develop useful contacts'. Hosts and facilitators Archie Hipwell, Liz Jeffrey and Richard Scott were keen to ensure that the extra networking time was used to best effect, so they actively encouraged attendees to take the time to find out about the person sitting next to them



and, subsequently, to introduce that person to other breakfasters.

Perhaps understandably, the idea of standing up and doing a 60 second elevator pitch is sufficient to put some people off their bacon and eggs. However, attendees at these regular breakfasts at Loch Leven's Larder need have no such fears, as the ambience is professional yet eminently relaxed and inclusive, immediately putting everyone at their ease.

One of the misconceptions about networking is that, if you do not come away having secured an order, then it has been a waste of your time attending the event. Nothing could be further from the truth. Effective networking is a long-term process, based on the premise that 'people buy from people'. Networking involves engaging with other professionals regularly over a period of time and discovering that they share common goals with you, such as providing excellent customer service. That is what builds trust and leads to business.

The truth is that it might not even be the person whom you've encountered at a breakfast who buys from you in

two or six months' time, or even a year later. What may actually happen is that an acquaintance of someone whom you've met regularly through networking just happens to mention that they are thinking of investing in winter tyres, or are on the lookout for an inspiring venue for a special event, or that their oven or carpets are in need of a clean. It is then that all those dark winter mornings when you have risen in the dark and crawled cautiously along icy roads to Loch Leven's Larder pay off, as yours is the name that will pop automatically into a fellow networker's mind to recommend to their family and friends.

There was a real buzz around the restaurant at the May business breakfast but don't take our word for it; come and discover the power of networking for yourselves.

The next breakfast will take place at Loch Leven's Larder from 7.15am to 9am on **Wednesday 5 June**. The speaker will be Liz Somerville, Practice Manager and Managing Director at Loch Leven Equine Practice. Please email Karen Grunwell in advance at mail@kinrosspartnership.org.uk to book your place. We look forward to seeing both familiar faces and new ones.

www.kinross-shirepartnership.org.uk

Circle Dancing

The summer term is well underway as this article is written. One of our favourite dances at this time of the year is entitled, 'May Blossom', and due to popular request, we dance it each week throughout the month of May.

Circle dancing is accessible to everyone. There are no such things as mistakes; just variations! Previous experience is not required as every dance is walked through.

Circle dancing in Kinross first started in April 2015, and has been enjoyed by one and all. If you would like to come and give circle dancing a try, please phone Lynne on 01259 742173 for more information.

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Images of Kinross-shire

Photographs can be downloaded free of charge from the www.kinross.cc

Photo Library

Subjects include Historic Kinross-shire, Loch Leven, Fauna and Flora, Countryside, Villages, Local Projects and Events.



Kinross-shire Local Events Organisation

www.kleo.org.uk



Kinross Kacophony Orchestra Performance

Come and listen to the orchestra play on **Wednesday 12 June** at 8pm at Loch Leven Community Campus. It will be a concert showcasing five or six pieces we have been working on with conductor Dougie Flower over the past few months and which we would like to perform for you before the summer break. Free entry!

Kinross Kacophony Orchestra



Kinross Farmers' Markets

The next market is on **Saturday 22 June** from 10am to 2pm in the High Street at the old town hall. The market is a great place to buy high quality, fresh food from local producers and artisan traders and to shop at the High Street's established businesses. We look forward to seeing you all there. If you are a local farmer or a local trader you might consider a stall at the Kinross Farmers' Market. For more information and for booking a stall, please email info@kleo.org.uk.



Extra Cash for Local Community Groups

KLEO is looking for community groups or local sport clubs who can help out at one of our farmers' markets, by setting up and dismantling the market stalls and towing the trailer. A donation of £200 is available to your group for each market.

Dougie MacLean at Kinross-shire Winter Festival

Singer-songwriter Dougie MacLean, who is internationally renowned for his song 'Caledonia', will headline this year's Kinross-shire's Winter Festival on **Saturday 7 December**. Tickets (£22) are available at Morgans Solicitors and Estate Agents in Kinross and Light up my Heart in Milnathort or through our website.

Leven Voices

We are a fun, informal drop-in singing group which you can join anytime. No music reading or singing experience is necessary, just come along sing and enjoy!

Sessions are on Tuesday evenings with Horsecross Arts tutor Heather Macleod, 7.30pm at Kinross Parish Church. You pay as you go (£4 or £3 concession). There is a £6 'registration fee' which is used to pay for the hall for ten week period. Just come along, sing and enjoy!

For more information about KLEO events go to our website.

Kinross & District Probus Club Treasures of Blair Castle

presented by Keren Guthrie

The meeting received a most fascinating presentation by Keren on some of the artefacts from Blair Castle. Each of them tells a little bit of the history of the castle.

The castle dates back to 1269 and has seen 19 generations of Stewarts and Murrays of Atholl fall in and out of political favour. They all left their mark on Blair Castle. Keren brought to life a number of pieces that demonstrated how the castle played an important part in Scottish history; from Mary Queen of Scots to the Civil War, and from the Act of Union to the Jacobite cause and the disaster of Culloden.

As the centuries moved on and became more peaceful, one thing that most of the gentry did was the 'Grand Tour' and the castle holds many valuable pieces of artwork and furniture from around Europe. Although not everything is as it seems, one Duke did purchase a piece of Chippendale furniture and then duly sent it to Edinburgh to be copied; obviously a true tight fisted Scot!



One of the more interesting stories was the visit of Queen Victoria and how she fell in love with the Scottish Highlands after visiting Blair Castle in 1844. It was not long after this she gave permission to establish the Atholl Highlanders, the only private Army in the UK still parading and true to its Scottish Highland traditions.

During The First World War the castle became a military hospital and, after a difficult financial period, the family decided to open the castle to the public in 1936. It remains a major tourist attraction to this day and attracts visitors from around the world.

The collections in the castle continue to grow, both via purchase and donation. The castle will remain a key part of our links to the past, while remaining a strong working estate which adds so much to the culture of present day Scotland.

The vote of thanks was given by Peter Reeve.

Need a new member of staff?

Employers – advertise for staff on
www.kinross.cc

Kinross High School

Commemorating Flight Sergeant

George Thompson VC

As part of an on-going nationwide project to preserve documents relating to Bomber Command, Jim Sheach from the International Bomber Command Centre (IBCC) in Lincoln recently visited the campus to photograph our memorials to Flight Sergeant George Thompson VC.



Mural to F/Sgt George Thompson VC

Truly a local man, Sgt Thompson attended Kinross Higher Grades School (as it was known then) before leaving at 15 to take a local apprenticeship. By the time he qualified as a greengrocer, war had been declared. Although he was keen to serve his country, he faced a series of rejections; after some perseverance, Thompson began his training in the RAF wireless trade and was posted to Iraq in February 1942. Bored by the mundane, repetitive work, Thompson achieved his dream of becoming Flight Sergeant in November 1944. During the New Year's Day raid, his aircraft was hit by two shells and a raging fire broke out. Seeing that the mid-upper gun turret was ablaze, Thompson battled through the smoke-filled fuselage to rescue his comrades. He extinguished his burning clothing and in doing so sustained serious burns to his legs, hands and face but despite his injuries, he returned through the burning fuselage to report to the pilot. The crippled aircraft finally crash-landed.



Wooden plaque to F/Sgt George Thompson VC

Those who survived the catastrophe found help in a nearby village. Thompson was among the wounded and was transported to the Eindhoven Catholic Hospital.

Tragically, a little over a month after being promoted to Flight Sergeant, Thompson passed away after contracting pneumonia in hospital. He was laid to rest in the Brussels Town Cemetery of Evere-les-Brizelles and less than a month after his death, the *London Gazette* announced the posthumous Victoria Cross medal to Thompson which is now displayed in the National War Museum of Scotland at Edinburgh Castle.

The IBCC serves as a point of recognition, remembrance and reconciliation for Bomber Command. The centre proudly displays a 31-metre-tall Memorial Spire and contains a visitor centre on the outskirts of Lincoln together with an online digital archive. Jim's photos of Kinross High School's memorials to Sergeant Thompson VC will be added to the digital archive which preserves documents from all over the world including log books, photographs, letters and service citations.

More information on all aspects of the IBCC is available at: <https://internationalbcc.co.uk/>

Improving Opportunities in Volleyball

The Physical Education, Physical Activity & Sport (PEPAS) group brings together primary and secondary PE teachers in the cluster area and Active Schools. Their aim is to work collaboratively to build a foundation and pathways to enable children and young people to choose to be physically active and to ensure that they have access to high quality PE in school.

Thanks to Dave Munro from Kinross Volleyball Club and his passion, the Scottish Volleyball Association are investing in Kinross High School's feeder primary schools as part of their CEV Schools Project.

The project began in February with PE teachers attending a volleyball training course during the Inservice day. All P7s across the cluster were then taught volleyball as part of their PE curriculum with the addition of a truly inspiring taster session with Ben Pipes, London 2012 Olympian. With these sessions developing competence and confidence in volleyball, pupils were ready to attend the 'MACVolley Net Set Go Festival'! See the photos on p79. Not only did they get the opportunity to play volleyball, but they also learnt how to order and collect lunch at Kinross High School which will help when they transition to S1.

Dave Munro runs a volleyball club for P7s every Wednesday evening from 5pm-6pm at Loch Leven Community Campus. If you are interested or want to know more, call 01577 867200.

Performing Arts Faculty News

The Performing Arts Faculty have had another busy term. Our school had much success at Perform in Perth, the Perthshire Music Festival with first place prizes in many classes including Open Drum Kit, Open String Recital, String Solo Class (Grade 5). Our talented pupils won a whole host of other awards as well as places in the prestigious NYOS Symphony and Senior NYOS orchestras.

With rehearsals for our next school show well underway, it doesn't look like the department will be slowing down anytime soon! Fiddler on the Roof will be hitting the stage from 18 to 20 June! Details of tickets sales will be announced nearer the time.



The Kinross-shire Civic Trust

Helping protect, conserve and provide a better built and natural environment

www.kinross-shirecivictrust.org

Find us on Facebook



Email: KinrossshireCivicTrustSecy@gmail.com

Annual General Meeting

Around 30 people attended the Trust's AGM on 24 April. Chairman Alistair Smith gave a review of the Trust's work of the year, which has been dominated by planning issues.

David Hill, Chair of the Awards Committee, explained the revisions to the old Best Kept Village competition, which has now been renamed Well Kept County.

Alistair Smith, Ken Miles and Eileen Thomas were re-elected as Chair, Treasurer and Secretary respectively.

Talk on the Japanese Garden at Cowden

The AGM had been preceded by a fascinating talk on the restored Japanese Garden at Cowden, near Dollar, given by Cowden's head gardener, Kate White.

The garden belonged to Ella Christie, who had it designed in 1908 by a Japanese woman, Taki Handa. The garden opened regularly to the public until 1955. In 1963 vandals broke in, burnt the teahouses and bridges and knocked lanterns and shrines into the water. The garden was left to become overgrown.

In 2008 Ella's great great niece Sara Stewart set up a charity with the aim of restoring the garden, which reopened in 2018 and has featured on television.

Kate showed slides of some of the restoration work and also images of the original garden, which have helped guide the restoration.

Members of the Trust are visiting the garden in May.

Planning Issues

The Trust recently objected to the application for 67 dwellings at **Pitdownies** at Milnathort. This is another instance of a developer wanting to build greatly in excess of the allocation in the Local Development Plan, which in this case is for 40 dwellings.

The Trust has brought further breaches of planning consent by Persimmon at the former **High School site** to the attention of PKC planning officers.

Programme

Kinross Show: The Trust will have a stall at the show on Saturday 10 August.

Visit to the V&A, Dundee: Members of the Trust are taking a V&A Highlights tour on **Friday 27 September** at 11.45am. The cost is £6 per person. Members have been sent an invitation. If you have not received yours, or are not a member but would like to join, please phone Trust Secretary Eileen Thomas on 01577 863714 or send an email to: KinrossshireCivicTrustSecy@gmail.com

Well Kept County Competitions

We are very pleased that four villages have entered the Well Kept Village Competition this year: Glenfarg and Powmill have joined Crook of Devon and Kinnesswood. We are also very pleased that four hamlets have entered the Well Kept Hamlet Competition: Glenlomond have joined Cleish, Easter & Wester Balgedie, and Maryburgh & Keltybridge. We still hope that more hamlets will come forward.



The Civic Trust would like more villages and hamlets to enter the Well Kept County Competition

We have approached the residents of several hamlets and even delivered letters to every house in one settlement but the responses have so far been negative. This is both disappointing and surprising. After all, very little is involved: simply one person completing an entry form, agreeing with us what judges should and should not look at, and announcing on a few judiciously sited notices that the hamlet will be judged on a particular day (this year in mid-September).

The very broad criteria, agreed in March among the active organisers, to be used by the judges in awarding stars are:

- One star: Acceptably tidy
- Two stars: Trim and well cared for
- Three stars: Extra with wow factor

Surely every settlement could win one star, almost without trying, and if they got one star, they might aim the following year for two stars and so achieve two worthwhile objectives. One would be the enhancement of their neighbourhood. The other would be the gradual development of community spirit. Both would boost everyone's well-being.

So we look forward to hearing from anyone who would be prepared to start something in their hamlet and join in the effort to make Kinross-shire a well kept county. Please get in touch with David Hill, Chair, KCT Well Kept County Committee, by email at: drhmarshbrook@gmail.com

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www.kinrossnewsletter.org

Issues from September 2006 to two months ago available

Sports News

Kinross Road Runners

<http://kinrossroadrunners.weebly.com>
KRR was well represented at the London Marathon at the end of April with stellar performances from John and Lynn Beveridge, Anne Wilson, Sarah Hutt, Fiona Nisbett and Hannah Lopez. Huge congratulations to Lynn who raised over £3K for Eplepsy Scotland. A special mention must also go to new members Emma and Robin Niven from Loch Leven's Larder who took on the London Marathon challenge raising around £8K for Dementia Revolution. Names are already in the ballot for next year's race.

The conditions were perfect for another successful Loch Leven Half Marathon on 11 May and there were outstanding performances from local runners with David Scott finishing 3rd in 1.19.58 – breaking 1.20 for the first time and taking the V40 1st prize. Close behind him were Jacob Dobson in 1.20.53 and John Beveridge in 1.25.26. For the

women, Kate Blake was first local runner home in 1.34.14 followed by Sarah Hutt in 1.35.25 and Laura Muncey in 1.46.19. It's a big event for the club to host and as ever all went well on the day with the help of many volunteers. The next club event is the ever-popular Milnathort Dash on **Thursday 27 June**, which takes in a scenic hilly route. In preparation for this, our regular Wednesday evening run on 5 June will be a 'Plogging' session round the Dash route – that's jogging and picking up litter along the way. The amount of roadside litter around the local area is a real concern so this is our attempt to do something about it.

The summer training programme is in full swing with evening running sessions every Tuesday and Wednesday with a fortnightly Thursday session added in as well – so there's plenty of options for runners of all abilities. New members are always welcome – just come along to any of the sessions to try it out first. Club training for June is outlined

below. We meet for all sessions at the Health Centre car park opposite the campus. For Tuesdays and Thursdays meet at 7pm and for Wednesdays a little earlier at 6.45pm to car-share to the start of the run. Tuesdays will focus on interval type sessions with a programme designed to improve your running speed whilst Wednesday evenings are mainly group trail runs, excellent for developing strength and stamina and socialising at the same time! The fortnightly Thursday evening sessions provide additional speed or endurance sessions. And if you still have some energy left at the weekend, there are plenty of local Parkruns to choose from every Saturday morning and we meet for an informal Sunday morning run at 9am at the Health Centre for either a trail or hill run at a very leisurely pace. Check our Facebook page or website for further information or to make contact.



KRR Programme for June

Tues 4	2-mile time trial, kit sale and hot chocolate
Wed 5	Milnathort Dash – 'Plogging'
Tues 11	(3x) 3 x 90sec intervals
Wed 12	Vicar's Bridge
Thurs 13	5-mile timed run
Tues 18	Fife Cycle Park – 10 x 250m intervals
Wed 19	Glenlomond
Tues 25	Hill reps
Wed 26	Craigmead hill run (Treasure Hunt)
Thurs 27	Milnathort Dash



*Above and left:
running the Loch Leven Half Marathon
Photo: Michael Mullan*

Community Website

For contact details of community groups, hall bookings, job vacancies, leisure and visitor information and much more, visit **www.kinross.cc**

Kinross Curling Club

Congratulations are due to local curler Sandy Hay, who was in the Scottish Men's team that won silver medal in the World Senior Championship in Norway last month.



The Silver medal winning team

It might be the close season for curling but the ice at the rink has been melted and drained from the rink and the summer maintenance program is well under way. The rink is having new glass panels installed between the lounge and rink this month. Ochil Joiners are doing a great job. There

will be enhanced viewing from the bar and it continues the development and enhancement of the facility.

The trust has also appointed Jim Steel, a member of our ice crew, to the position of Coaching Co-ordinator. Jim has been tasked with developing all aspects of coaching at the rink. This includes growing the sport by providing opportunities for people, young and old, to try the sport and become involved in curling. Jim has already started and will be contacting people and groups over the summer to tempt them to the sport. Jim has years of experience coaching locally and is keen to increase interest in the sport in Kinross. Open come and try sessions will be advertised locally nearer the time so look out for more information soon. Come and try a great sport at one of the finest curling rinks in Scotland. We welcome local business and traders to take advantage of using our rink to advertise your business. You can sponsor events, buy advertising space, and so on. Contact phil.barton@kinrosscurling.co.uk to discuss.

Fundraising remains an important activity. We had great fun at our end of season Turkey Shoot (not a real turkey and no guns!) and raised £1200. Thanks to everyone who supported the event.

We are launching a new event next season; the Kinross International Friendly Bonspiel. Teams from several countries will be with us on the weekend of 27 to 29 September.

Kinross Kobras Junior Hockey

www.kinrosshockey.org

A busy few weeks for the junior section of Kinross Hockey saw trips to Dunfermline and St Andrews. The latest Midland District Junior Tournament was held in Dunfermline and six Kobras teams took part against the other district clubs. The juniors experience grows with every event and there were lots of great performances at all age groups.

The latest event was a competition with teams at all junior age groups against Madras in St Andrews. The U8s had a range of games, some of which even looked like hockey. The U10s came away undefeated which will hopefully convince Darroch and Kyle to come along to some more tournaments. Lois appeared to be running rings round the opposition at

U12 and they all kept the Madras goalie very busy. U14s had to learn quickly how to deal with some well executed aerials from the opposition and the scores improved throughout the morning.

Over the next few weeks there are trips to Dundee and Stirling for tournaments. Training continues until mid-June when we have a few weeks

off over the summer holidays.

Special mention for Izzy who is in the Midland District U14s Girls team and Bart who is in the Midland District U14 Boys team in the upcoming inter district tournaments. We wish them all the best. More information can be found on our website.



U12 players and coaches from the Madras matches in St Andrews

Kinross-shire Cricket Club

Juniors

The junior season got off to a great start by winning a very tight game against Morrisons Academy at the Larder. Morrisons set a very competitive total of 87 in their 16 overs. Freya McColl was the leading KCC bowler taking 4 wickets for only 2 runs. In replay, KCC scored quickly and were more than halfway to the total in only 5 overs. Then the Morrisons bowlers really focused and, with two overs to play, KCC needed 10 for the win. Duncan Kay and Fraser Darrah hit excellent shots but could not get passed some excellent fielding. With the final over to play KCC still needed 4 to win. The pressure mounted on the Morrisons bowler and his first two balls went wide, leaving 2 for the win. Fraser nudged the ball past the keeper and Duncan was left with 3 balls and the score tied. His first ball was pushed confidently into the mid-wicket area for a scampered single to give KCC the win. The return match is to be played at Crieff in mid-July.

The club was again asked to play in the prestigious Glenalmond Sixes tournament this year. This is a generally a school's only event but KCC have a long established relationship with the event and are delighted to be part of one of the main junior cricket tournaments held in Scotland. KCC won their first

game against St Marys School. The next two games were against the event favourites, Cargilfield and then Loretto. While the players battled hard, both games went to the favourites. In the play offs, KCC finished a very credible fourth overall. An excellent day for players and the many spectators who attended.

The All Stars programme for 5 to 8 year olds started on 8 May. 17 youngsters attended this fun introduction to cricket. The sessions are a mix of skills development with lots of exciting adventure games. Each participant gets their own bag of cricket equipment and other goodies. Details of the programme and how to join are on our club Facebook page.

Seniors

The seniors have two league wins from two matches. Sadly, not a ball has been bowled as both games were awarded to KCC due to the opposition failing to raise sufficient players. The mid-week league has fared better. The first game at the Larder saw KCC nudge a narrow win against Morrisons FP's by 11 runs. Player of the night was 13 year old Calum Porter, making his mid-week senior team debut. His unbeaten 23, bowling figures of 1 for 9 and a catch was an outstanding performance and he is a definite star of the future.

Player Profile

This month's player profile features our senior team captain, and the clubs most prolific batsman, James Ross. James played his 200th game for the club against Largo on 19 May. Having started as a 10 year old, James quickly established himself as one of the star players in the team. He scored his first senior 100 aged only 15 and has gone on to hit 21 tons with the club. He also holds the clubs best bowling figures. James played for Scotland age group teams and is the second longest serving player in the team.

Debut: 28 July 2002

Matches played: 200

Total runs scored: 7329 plus Sunday

Highest batting score: 141 not out

Best bowling figures: 7/13

Roles: Captain

Nickname: Skipper.



James Ross

Orwell Bowling Club

Since we opened we have played 4 friendly games, 2 at home and 2 away. These resulted in 3 wins and 1 loss.

Saturday 20 April we were away to Perth West End.

Orwell	47	Perth West End	73
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Sunday 28 April we were away to Strathmiglo

Orwell	60	Strathmiglo	52
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Saturday 4 May we were at Home to Broad Street.

Orwell	74	Broad Street	38
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Saturday 11 May at Home to Maitland.

Orwell	101	Maitland	47
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The resounding win against Maitland means we have retained the Quaich again this year.

We have had excellent bowling weather apart from a couple of days and club competitions are slowly progressing. The ladies Scottish and County games have already started. The East of Scotland games will have started by the time we go to press. The gents' competitions haven't started yet but the senior gents have started playing in the County senior league. There are two social events in the clubhouse in June. There is a comedy night on Saturday 22 June and a quiz night on 29 June. See our website or Facebook for information.



Kinross Bowling Club

The bowling green opened on 20 April on a lovely sunny day, with a good turnout of members. An enjoyable afternoon was had with tea, sandwiches and lovely home-baked cakes! Since then the weather has been good to us and County Ladies Games have started. The Ladies Pairs has been played and we got through the first round at Tulliallan against Alloa Co-op.

Friendly games have started as well. Unfortunately, Glenfarg had to call off on 9 May as their green was later opening and couldn't get a team. The friendly against Bridge of Earn was played at Kinross on Saturday 11 May and was a very enjoyable afternoon with Kinross winning!

We have a game against Falkland on Saturday 18 May and hope that the sun keeps shining. We are looking forward to sunny days and good bowling.

We could do with some new members and can offer coaching if necessary, anyone who is interested please contact George Rennie on 01577 864727. Any age can play this game! Come along and have a go.

Contributors – please send your item well before the deadline if you can

Kinross Colts

The Colts 2009s recently attended the Crieff JFC Football Festival held at the Strathearn Community Campus. This is one of the largest and best organised festivals in Scotland and it definitely lived up to its reputation.

Twenty kids and assorted family and friends had an early start from Kinross to ensure everyone was in place and ready for the tournament to commence at 9am. It was great to see the level of support that the Colts continue to receive.

The festival is run on a round robin basis and we took two



teams along for our first ever visit. Each squad of ten played six matches over the course of the morning, pitting their football skills against a range of teams from as far afield as Dyce. The standard of football was very high and it was a great experience for both teams to test themselves in a unique environment against new opposition. The excitement peaked for some of the kids when they spotted Celtic striker Leigh Griffiths in attendance. He was there to support his son playing in the 2011 age group.

Next up for the team is supporting the annual Kinross Colts fun day at The Myre on **Saturday 22 June**.



The Kinross Colts teams at Crieff

Volleyball

In May, 148 P7 pupils from Kinross-shire took part in a one day volleyball festival at Kinross High School. The 'Net Set Go' project, (partly funded by the European Volleyball Federation (CEV) and the Scottish Open Volleyball Tournament) was the culmination of this year's coaching input delivered to each primary school. Each primary school also received six brand new school volleyballs.

The festival was opened by Scottish Volleyball's John Scrimgeour supported by Lynne Beattie and volunteer pupils from Kinross High School.

The fun started with a variety of warm up activities, including working with balloons, before moving on to volleyballs and competitive games.

The 48 teams played 3 v 3 introductory volleyball games over 8 courts and, by the finishing time in the afternoon, there had been over 200 games played.

The pupils from the local primary schools are now invited to attend free, weekly coaching sessions at Kinross High School on Wednesdays from 5pm to 6pm until the end of term.

A volleyball extravaganza hit the local area at the end of May as this year's Scottish Open Volleyball Tournament took place on Perth's North Inch. At the time of writing, around 120 teams were expected to compete in the UK's largest volleyball tournament. Teams from as far afield as the Faroe Islands and Belgium as well as teams from Perth, Angus and Fife are expected, including a Kinross team playing in the mixed division.

Kinross Volleyball Club has been preparing for the outdoor tournament of the year and the outdoor sessions on Monday evenings will continue. The next outdoor tournament will take place in De Haan, Belgium.

On Saturday 1 June a Scotland v England men's match is due to be held at Perth College with the first ball served at 5pm.

With all this going on, our local area is seeing a 'volleyball blitz' at the moment!



Scottish Volleyball's Lynne Beattie presenting the 'spirit of the festival' award to Milnathort Primary pupils

Kinross Golf Club

www.kinrossgolfclub.co.uk

58 couples entered the **Kinross Mixed Open** which was played on Sunday 12 May on the Montgomery course in warm sunshine. Many thanks to everyone who bought raffle tickets. The amount raised for Marie Curie Nurses totalled £232. The diamond earrings were not won!

The Senior Ladies Open Greensomes on **Thursday 11 July** is the next opportunity for ladies to score a hole-in-one and win the earrings.

Handicap Winners

1st Lyn Murray and Tom Bruce (Kinross, Kinross) Gross 77 Nett 69.8; 2nd Marie and Tony Curran (Dunnikier, Thornton) Gross 86 Nett 72.6; 3rd Lesley Balfour and Phil Bates (Kinross, Harrogate) Gross 95 Nett 74; 4th Dave Robertson and Katherine Smith (Forfar, Forfar) Gross 93 Nett 75.4 (BIH); 5th Mo Macpherson and Chris Cole (Kinross, Murrayshall) Gross 88 Nett 75.4.

Scratch Winners

1st Jim Will and Angela Quiney (Kinross, Balbirnie) Gross 86 BIH; 2nd Alex Glaister and Ian Black (Muckhart, Kinross) Gross 86 BIH; 3rd Audrey Thomson and Jim Marshall (Kinross, Kinross) Gross 86. Nearest the pin on the 17th was won by Dave Haxton, Lundin Links.

Two's

1st hole Lyn Murray and Tom Bruce (Kinross, Kinross); 4th hole Lorna and Gordon Arthur (Kinross, Kinross); 17th hole Elizabeth and Dave Haxton (Dunnikier, Lundin Links).

Other Events

Kinross Gents played their opening match on 7 May in their defence of the **Perth & Kinross County Scratch League** title. It was a great win to start the season with Kinross 5, Dunkeld 0. Kinross Ladies beat Burntisland Ladies at home three and two in the **Annodata Matchplay** round two. The game was played on a wet Wednesday on the Bruce course. Kinross Ladies will now go on to play Glenbervie in the next round.

It was a home win for Milnathort in the **Daily Mail Foursomes**,

round three. Kinross pair Lesley Balfour and Mo Macpherson enjoyed playing a closely fought golf match against Milnathort pair, Alison Houston and Sheila Travers. After 17 holes the score was All Square, so both teams had everything to play for going up the 18th. The Milnathort ladies got a par 4 on the 18th, which the Kinross ladies couldn't match. Good luck to Alison and Sheila in the next round!

For the second year running Gordon and Lorna Arthur are the Kinross Qualifiers for the **Scottish Golf R&A National 9-hole Golf Challenge** and will progress through to the National Final at Milnathort Golf Club, which will take place over two days on 13 and 14 June.

Kinross Ladies held their qualifier for the **R&A Coronation Foursomes** on Saturday 4 May on the Montgomery course and overall winners were Lesley Balfour and Mo Macpherson, with runners up Rena Duncan and Jean Graham. Lesley and Mo have qualified to play in one of the Scottish regional final events at Edzell GC on Monday 22 July and hope to make it through to play in the Grand Final at St Andrews.

Junior Golf Sixes

Well done to our Juniors who had a very credible and close second place to the winners Milnathort in the first round of the golf Sixes at St Andrews on Saturday 11 May. Next fixtures are:- 1 June, Golf Dundee at 4pm; 29 June, Milnathort at 4.30pm; 13 July, Scotsraig at 4.30pm; 27 July, Kinross at 4pm; 31 August, Crail at 4pm.

Charity Quiz

The annual Charity Quiz was held on Saturday 27 April, where a total of £520 was raised. The winning team 'Emotional Distress' nominated Alzheimers Scotland as their charity of choice. It was a very enjoyable evening with a lot of laughter and 'head scratching'. Thanks to all who donated prizes for the raffle.

Our Social Committee is organising a 'Tennents Lager Promotion Games Night' with darts, pool, dominoes and carpet bowls at 7.30pm on **Friday 21 June**.

Follow Kinross Golf Club on Facebook and Twitter, or check out our website for more information.

Fossoway Tennis Club

We are a family friendly club (nothing too serious) based in Crook of Devon welcoming new members of all abilities. We have internal competitions for all ages including coaching for younger children. Have a look at our Facebook page or come along on a Thursday evening from 6.30pm to speak to a member. Individual and family memberships available. Coaching sessions will be provided and are open to all members, both children and adults. Contact Gerry on 07549 553063 or email fossowaytennis@hotmail.co.uk

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Kinross Tennis Club

www.kinrosstennisclub.org.uk

Our new courts are finished!

Activities are gathering pace at the club, with the new courts creating further interest. If your curiosity is piqued and you fancy picking up a racket or dusting off your old one, please do pop in on the way past or contact us. We'd love to encourage you to try tennis; it really is a sport for all ages and abilities.



Adult members enjoying the new tennis courts

Quiz Night

A huge thank you to everyone who supported our annual fundraising quiz night. As usual, Mike and Elaine Spain ran a great quiz, although the closing round was somewhat less tuneful than they might have hoped. We do wonder why they agree to come back year after year!

Adult Coaching

Sessions are detailed below. Please email enquiries to kinrosstennis@gmail.com.

Absolute Beginners with Siobhan; Tuesdays 9.15am to 10.15am; Fridays 6.30pm to 7.30pm.

Improvers with Siobhan; Tuesdays 10.15am to 11.15am; Fridays 7.30pm to 8.30pm.

Team Players with Daniel; Tuesdays 6.30pm to 7.30pm.

Junior Coaching

Sessions currently run on Tuesdays currently 5pm to 6.30pm. Coaching can be arranged for mini red, orange, green and yellow ball players, ranging in age from 5 to 12 and over. Bookings can be made by contacting Daniel at dartennis@gmx.co.uk.

Junior Summer Camps will run during the weeks of 5 to 9 August and 12 to 16 August. Further information to follow.

Tennis for Tots

These sessions for ages 2 and a half to 5 year olds with a parent/grandparent/guardian run on Saturday mornings with Siobhan. Sessions at 9.15 and 10.15am.

In addition, there is a new **Family Tennis** session for ages 6 to 9 with an adult beginner/rusty racket starting on Saturday mornings at 11.15am.

Enquiries for both to kinrosstenniscoaching@gmail.com.

Adult Club Sessions

These run on Wednesdays at 6.30pm, Thursdays at 1.30pm and Sundays at 10.30am. Also plan ahead for our summer social 'tournaments', the first of which takes place on **Sunday 2 June**.

New Members and Further Information

As ever, new members are welcome and enquiries can be made to kinrosstennis@gmail.com. Visitors are also welcome. Access available from Sands the Ironmongers for a small fee.

Kinross Hoops

New Basketball Club is taking off!

Local basketball club Kinross Hoops started off in November 2018 as a test club, running an informal weekly social basketball session. From small beginnings the club is now meeting each Wednesday from 8pm until 9.30pm at Loch Leven Campus. The sessions are mixed male and female and are for age 18 and over. Players with a wide range of experience and ability are taking part. Club founder Steven McColl says, 'the beauty of Kinross Hoops is that you can just turn up and play. There is no joining fee, sign up or commitment. It really suits the lives of busy people who just want to get out and play basketball for fun.'

Each week there is an average of 20 players. They are split into three teams with five minute game rotations; so there is plenty of time for play, skills, running and also bench time chat. Each session costs £3 and is payable on the

night. Kinross Hoops played a friendly game against East Lothian in Edinburgh in May. This will be the start of ad hoc friendly matches against other clubs.

New players are most welcome and

the club is running right through the summer. Find us on Facebook for more information.



Local basketball with Kinross Hoops

Kinross Vaulting Group

Carnbo, Kinross

kinrossvaultinggroup.co.uk

KVG's recent trip to CVI Saumur 2019 in France

proved to be a very positive and exhilarating experience for all involved. CVI Saumur is one of the most important equestrian vaulting events in the European calendar, with vaulters from all over the world attending. As well as Belgium, France, Germany and Italy, there were vaulters from as far away as the USA and Canada resulting in a truly international competitor profile. All KVG vaulters actually represent GBR at these international competitions, so it is a great honour both to qualify and to be able to take part.

Two horses travelled out to Saumur this year to represent KVG; Liz Mackay's Ulisco de Montsec and the Ballantyne family's Superdelux. For both horses, it was their first competitive trip overseas and both delighted their owners with their confidence and composure. All the more so given the length



of the journey, the excitement of meeting new horses from all over the world and the grandeur of a competition arena complete with chandeliers, cheering crowds and all sorts of distractions!

Five KVG vaulters were competing this year and all gave excellent performances. It is always a great honour to represent both Scotland and GBR at such events, and KVG are incredibly proud of how our vaulters and horses conduct themselves when under the spotlight at competitions. The results were as follows:

Female Individual Child 1* Iona Robertson 14th; Female Individual Junior 2* Sophie Wilson 39th; Female Individual Senior 1* Heidi Ballantyne 9th; Female Individual Senior 2* Molly Turner 10th, Hannah Ballantyne 14th; Pas de Deux Senior 3* Molly Turner and Hannah Ballantyne 3rd.

For further information on Kinross Vaulting Group, or to arrange an equestrian vaulting taster session, please contact Liz Mackay lizmacward@hotmail.com



Superdelux and Heidi Ballantyne



Superdelux and Hannah Ballantyne



Superdelux with Hannah Ballantyne and Molly Turner

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Kinross Netball Club

kinrossnetball@hotmail.com

Kinross Netball Club meet on a Friday night from 7pm-8.30pm in the large games hall at the Community Campus. It's a mix of recreational and league players having some fun, improving their skills and playing some netball. If you fancy coming along, the first session is free then £4 per week thereafter.

Here's what's been happening at the club recently:

It's a wrap for Kinross Stars, unbeaten in the CENA league and managing to score over 1000 goals during the season. Onwards now to division 4 next season.

Some of our members got together and took part in Gung-Ho in Edinburgh, thankfully the sun shone down and great fun was had by all.

Both adults sections and U13's had a 'geeky' T-shirt day to support CHAS and we raised £60 for the charity.



The adults celebrate getting to the finals!

And finally some of our members took part in the Linlithgow Fast 5's charity tournament. We were unbeaten in our group and made it to the finals where unfortunately the West Lothian Wildcats clinched the win with 1 goal!

Kinross U13s

Our junior section have been continuing to work hard each week and are developing into a nice team. We took the P7s to Dunbarney in Bridge of Earn and ended up with a fantastic win 25-17. It was a great game to watch. Our P7's also took part in the Perth Tournament. This was the first time our team have entered anything like it before and after playing a full day of netball, and putting on an amazing effort they came in 4th overall out of 12 teams. This was an amazing achievement and made for some very proud coaches! The U13's train on a Friday night from 6pm-7pm. If you are interested in joining the club please email kinrossnetball@hotmail.com.



The Under 13s

Kinross Ladies Hockey Club

www.kinrosshockey.org

Our season is finally over and it's been a season of mixed success and results for both teams. However, at the end of a long nine months the final positions are as follows.

Ladies firsts finished 9th in the National Championship League 2, having played 26 games, winning 7, drawing 3 and losing 10. They scored 37 goals, but conceded 68.

Ladies seconds finished 7th in Midland League Division 1, having played 14 games, winning 4, drawing 1 and losing 9. Although they got knocked out after the round robin part of the League Cup, they had success in the Knock Out Cup, reaching the semi-finals.

Ladies Indoor Team finished 6th in Division 1. This is a very tough League, especially for a club like Kinross for whom indoor is a fun part of the season, rather than a key part of the competitive season.

Well done and thanks go to all those who have made the season the success it has been; to the players, the coaches, the umpires, officials, and many more.

As the summer begins, for those taking a break from the game, enjoy! For those keen to keep their eye in and their fitness up, summer is the season for mixed hockey. Come and join us at KGV on Tuesday evenings from 7.30pm to 9pm.



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Kinross Rugby Minis

Wow! What a busy season. May began with a double-header weekend, where our young players and their dedicated parents and coaches travelled to Mackie RFC in Stonehaven on the Saturday for a very successful tournament, with the P4s and P5s returning home with the silverware. This was followed by the Howe of Fife tournament, where yet again the P4s came away victorious, and the P5s and P6s followed on their heels with 2nd places in their respective age groups. Then there was the Perthshire RFC Festival. No bling, but a lot of fun and hard-fought matches against some tough opposition from across Scotland.

The annual Kinross RFC Minis fun day saw the culmination of 10 months of hard work from an amazing group of children and their parents. Around 70 children attended, taking part in a variety of rugby-themed challenges, followed by a BBQ with burgers supplied by Hunters of Kinross. The awards were presented by Cameron Fenton, Edinburgh Rugby and Scotland front-row forward. This year the Dr Derek Anderson award for best team went to the P4s in recognition of the dedication of their parents in taking them to the Galashiels weekend, where they were runners up. Despite the rain, a great time was had by all, ending with the traditional kids v parents/coaches match. No score was recorded! Award winners are listed below.

Kinross RFC would like to thank all of the parents and volunteers who give up their time and go to a great deal of effort to run such a successful mini's rugby club. This year, we had over one hundred registered players, which is an enormous achievement and a reflection of the



dedication of the adults. We now get a wee break. But we will be back soon, with training resuming on the Saturday after school returns in August. New players from age 5 and entering P1 right up to P7 are always welcome. For further details, please contact kinrossrugby.juniors@gmail.com.

P4 Player of the Year: James Taylor

P4 Most Improved Player: Darach Robb

P4 Outstanding Contribution: Matthew Fraser

P5 Player of the Year: Harris Harper

P5 Most Improved Players: Tom Normile and Charlie Calder

P5 Clubman of the Year: Duncan Bayne

P6 Players of the Year: Oliver Jackson and Fergus Bain

P6 Most Improved Player: Ben Pollock

P6 Outstanding Contribution: Grant Allan

P7 Player of the Year: Christie Alexander

P7 Most Improved Player: Arran Pollock

P7 Outstanding Contribution: Finlay Trotter



P4 players, parents and coaches with their awards



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Contributors, if sending a photograph to the Newsletter, please send as a JPEG file and not embedded in a word document. Thank you.

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GLENFARG – Glenfarg SWI held its AGM on 9 May. Mrs Margaret Scott thanked all those who had served on the committee and especially Allison Messenger and Helen Quartermaine who were demitting office this year. A new committee was voted in and Eileen Boaler and Ursula Stewart have now joined it. Cathy Cochrane and Anne Reid from Milnathort were the tellers.

After the business meeting a 'three corners' demonstration took place with Liz Yull and Allison Messenger, Lynda Stuart and Margot Moran demonstrating quick supper dishes, no-cook tray bakes and peppermint creams. There were also very welcome recipes to take away.

It was a very happy and enjoyable end to the 'Rural' year.

Article showing napkin art	Allison Messenger
A wedge of carrot cake	Lynda Stuart
Flower of the month	Allison Messenger
Jubilee Cup	Allison Harrison
Endeavour Cup	Lynda Stuart
Jenny Adam Rosebowl	Allison Messenger

POWMILL – President Fiona Buchanan welcomed a large turnout of members for the annual AGM. Tellers for the evening were Agnes Murray and Moira Cousar from Blairingone SWI. Fiona gave a summary of the rural activities and achievements over the last year and thanked the committee for all their hard work. The elected committee members for the following year are Fiona Buchanan, Sharon Buchanan, Tricia Greer, Maz Thorn, Alison Stirling, Gillian Taylor, Anne McKay and Fiona Black. Office bearers will be decided at the next committee meeting. Honorary President Lady G Stewart presented the following prizes:

Most Points Trophy	Mary Wilson
Jessie Gibson Clock	Fiona Black
Pat Reay Trophy	Mary Wilson
Eileen White Trophy	Maz Thorn
Presidents Prize	Elsie Johnston

A splendid tea was served by Mary Wilson and Gillian Taylor accompanied by some poem recitals by various members.

BISHOPSHIRE – Joanne Cowan welcomed members to a very full Annual General Meeting on Thursday 9 May. Members voted for the new committee. President – Joanne Cowan, Vice President – Norma Smith. Treasurer – Mary Nisbett, Secretary – Margo Waddell, Committee Members – Avril Martin.

Thanks to Andrea and Rena from Blairadam for being tellers for the vote.

Prizes were given to:

Most points	Norma Smith
Points runners up	Joanne Cowan
Best trier	Wilma Barclay
Flower of the month trophy	Jane Martin/Joanne Cowan
Curtis Quaich	Greta Hogg
Knitted premature-baby hat	1st Greta Hogg, 2nd Jeanette McLennan, 3rd Joanne Cowan

(All hats to be donated to Ninewells Hospital)

The meeting ended with an enjoyable and hectic game of Beetle. The next meeting will be an informal night on 13 June.

MILNATHORT – Milnathort SWI met on Thursday April 18 in the Town Hall. Jean Paterson, President, welcomed members and visitors to this fundraising event. Our entertainers for the evening were 'Rural Blend', seven members of SWI, who gave a very varied rendition of songs and recitations. Everyone enjoyed the time they spent with us.

After delicious refreshments, the raffle was drawn. Members were also able to purchase items from the cake/craft table.

Decorated egg	Denise Stephenson
3 pieces of tablet	Denise Stephenson
Flower of the month	Nan Paterson

Jean thanked everyone for supporting our evening and wished everyone a safe journey home. At our meeting on June 20 we will welcome Karina Jarvie from Tradecraft. Visitors welcome.

CLEISH – Outgoing President Helen welcomed everyone to the AGM. The tellers were Mary and Lynn from Powmill. After business was dealt with and reports given, the girls who competed in the Ramage Dawson Competition performed their Radio Play.

Points Trophies	1st Marion Laird 2nd Alison Morris 3rd Dorothy Morris
Flower of the month	Marion Laird

A new committee was elected as follows: President: Dorothy Morris, Committee: Hayley Cassells, Anne Doig, Lynn Hewitt, Alison Morris, Margaret Nelson, Agnes Thomson. Members then enjoyed a lovely supper and look forward to another 'Rural' Year.

BLAIRINGONE – Blairingone WI held its Annual General Meeting and Buffet Supper Evening when a resume was given of all our past year's events. The points trophy was won by Mary Ramsay and was presented by our retiring President, Joyce Petrie. Each member brought along an item which gave a clue as to their identity and the members were asked to judge which item related to which individual. However, it turned out that the members didn't know the individuals as well as they thought they did!

The Buffet Supper was enjoyed by the ladies but a few of us will be hanging our heads in shame when presenting ourselves at our next visit to Slimming World!

CARNBO – Outgoing president Jay Hutchison welcomed everyone to the AGM. Tellers were Alison Morris and Effie Wallace from Cleish. The new committee were elected. The evening was a social-bite, with old photo albums and documents bringing back lots of happy memories.

Points trophies were awarded to:

The Paterson Rosebowl	Frances Drysdale, 2nd Cath Mearns
The Daniel Vase	Sheila Reid, 2nd Margaret Greener.

Flower of the month	Angela Browning
Ann Bernard Trophy, Lemon Curd	1st Josephine Paterson, 2nd Jessie Stirling

The next meeting is on 17 June at Carnbo Hall at 7.15pm. All welcome.

Out & About

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The iconic sound of a cuckoo has been heard on the woodland trail at Loch Leven this month. Cuckoos have a crafty breeding strategy. Instead of building their own nest, they use the nests of 'host' birds, such as dunnocks and meadow pipits. When a female cuckoo finds a suitable nest, and the hosts aren't looking, she removes one of their eggs and lays her own egg in its place. The young cuckoo hatches after only 12 days and quickly pushes the hosts' eggs or babies out of the nest. After 19 days it leaves the nest, but the hosts continue to feed it for two more weeks, by which time it has grown much bigger than them. Cuckoo in the nest indeed! The skies at Loch Leven are full of the beautiful sound of birdsong, including garden warbler, sedge warbler, blackcap, and whitethroat. Emperor hawkmoths have also been spotted on the woodland trail, and orange-tip butterflies have begun to emerge around the visitor centre and wildlife garden.

Little egret, redshank and great crested grebe can be seen down on the wetland trail, accompanied by small flurries of fluffy goslings hopping over patches of tall grass and pecking away at insects. The warden team have been hard at

work monitoring lapwing populations down on the wetlands. A total of 26 chicks have been counted on the reserve so far, with 12 nests still in the incubation stage. This is a great start to the season and we will be on the lookout for more chicks on the way soon.



Cuckoos can be heard in the woodland around Loch Leven

We have some exciting events planned at Loch Leven this month with a **Swift Awareness Week** running from **22-30 June** from 10am-4pm. Drop in anytime this week to celebrate swifts and learn more about their amazing lives. This is free and there is no need to book. Special guest Catherine Lloyd from the Tayside Biodiversity Partnership will

also be available in the visitor centre from 12-4pm on **Saturday 22 June, Tuesday 25 June, and Sunday 30 June** to provide hands-on expert advice and answer all your swift-related questions. **Festival Player Theatre: Much Ado About Nothing** on **Thursday 25 July at 7pm**. Join us for an evening of outdoor theatre with the Festival Players Theatre company overlooking Loch Leven. Perfect entertainment for a summer's evening. Booking essential; adults £14.00, children £8, family (2 adults and up to 3 children) £42. To book onto this event please visit our Eventbrite page at rspblochleven.eventbrite.com.

The completion of our new accessible underpass is still currently on hold due to the design of a new water pipe. Work to the south side of the road has been completed for some time now but there have been on-going delays to the work on the north side of the road where the water pipe is situated. There has been some progress made with approvals from Scottish Water but there is still a way to go before the project can be completed and open to the public. We would like to thank the local community and Heritage Trail users for their patience and hope to have another update in the next newsletter.

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Scotland has been enjoying some of the best weather in the UK recently. Maybe we'll have another summer like the last one? I'd prefer to have mixed weather. We've planted many trees this winter and I want them to thrive.

We have a new Seasonal Reserve Officer at Loch Leven. Louise Clark has joined us from the Angus Rangers. She will be in post for the next six months. She will be out and about the reserve looking at the access issues, helping with the surveys and getting folk into the countryside. She has already met the children from Kinross Primary, showing them birds through the telescope. Louise volunteered with us for years.

Many thanks to everyone who attended Discovery Day to make it a great success! This was our eleventh year in a row and was popular with visitors to the reserve.

Special mention to goes to the Kinnesswood in Bloom folk who kindly chose Burleigh Sands as the place to do a litter pick. Many bags of litter were picked up.

Neil and Sarah enjoyed a spin on a trishaw this month. They joined forces with the Cycling without Age initiative to give the trishaw pilots and their passengers some information about the reserve. They were able to see meadow pipits, herons, reed buntings and sand martins. It's hoped there'll be many more trips in the future.

Behind the new toilet block we have planted a new pollinator's meadow. Bee numbers have dropped significantly over the years and even though Loch Leven NNR has fantastic meadows for these insects it's nice to make space for them in our less green areas and wasteland. This 10-metre patch gives a bit of connectivity between sites.

The breeding season is well under way despite the cool start to the season. Our first mallard ducklings have been seen and there are plenty of greylag goose goslings feeding around the reserve. Robins and house sparrows have reared their first brood of the year. The star find was that of a snipe nest. These secretive breeders make it very hard

for you to find their nests. We suspect breeding every year but without seeing young or eggs we cannot prove it.

We completed our full nest search of St Serfs. Many thanks to the volunteers who came out including our colleagues from the RSPB. We are now analysing the results. The early conclusion was that the ducks were 7-10 days late this year. I will continue to look for duck broods throughout the summer to monitor breeding success.

Please keep an eye on the blog for regular updates. There are lots of plant and wildlife sightings. Also please check Facebook and like the Loch Leven NNR Facebook page. The page is gathering momentum and is slowly becoming the first place to see Loch Leven news.

Why not go and check the fields of orchids around the north of loch? There will be many northern marsh orchids in flower during June.

TTFN,

Jeremy Squire – Reserve Officer

Local Attraction Opening Times

Lochleven Castle, Castle Island, Kinross

Located on an island in beautiful Loch Leven, this is one of Scotland's oldest castles, probably built in the early 1300s.

Mary, Queen of Scots spent a traumatic year in captivity here, when she miscarried twins and was forced to abdicate. She dramatically escaped in 1568.

The property is reached by boat, operated by Historic Scotland and departing from the fishery pier (Pier Road, KY13 8UF) where there is parking and a Historic Scotland shop and ticket office.

Due to limited capacity, it is recommended that all visits are booked in advance. This can be done online at www.historicenvironment.scot/lochleven-castle or via the local ticket office. Phone 01577 862670 for further information.

Access times for 2019

26 March to 30 September: Daily, 10am to last outward sailing at 4.15pm.

1-31 October: Daily, 10am to last outward sailing at 3.15pm.

Admission prices: Adult £7.50, Child £4.50,
(includes ferry trip) Conc £6. HS members free.

Burleigh Castle, Milnathort

The castle is a fascinating semi-ruin dating from around 1500. Remarkable corner tower, with square cap-house corbelled out. Visited by James IV. Grounds open during daylight hours. Access inside the tower can be pre-arranged by calling 01241 878756. Burleigh Castle is ½ mile from Milnathort on the A911.



*The Pier
Photo: Hannah Phillips*

Balvaird Castle

A late 15th century tower on an L plan. Refined architectural details. View exterior only. Near Gateside and Glenfarg. Grid ref NO 169 115.

Elcho Castle, near Rhynd, Bridge of Earn

This remarkably complete 16th century house was the country retreat of the Wemyss family. The orchard has been replanted with traditional varieties of apple, pear and plum and has become a haven for butterflies and wildlife. Elcho is five miles NE of Bridge of Earn. Open daily, 9.30am to 5.30pm (last entry 5pm), in summer season (until 30 Sept 2018). Closed at lunchtime. Tel 01738 639998. Admission prices: Adult £5, Child £3, Concessions £4. HS members free.

Abernethy Round Tower

One of the two round towers of Irish style surviving in Scotland dating from the late 11th century. Good views of the Firth of Tay. Closed Mondays and Tuesdays. Key available Wed to Sun from nearby Berryfields Tearoom all year and from Museum of Abernethy afternoons only, May to Sept.

Farming

Well, we have been waiting for one for seemingly a very long time, and eventually it's happened. It's that much sought-after phenomenon that farmers look forward to every year – the early spring. Grass hardly stopped growing all winter and there was a feeling of foreboding that at some point, the wheels would fall off the wagon with a huge dump of snow just when you would expect spring to happen. But no, the worst that came was a bit of a drop in temperature, much to our relief. The kinder conditions were particularly welcome, due to stocks of feed and bedding being quite low after the cold spring and summer drought of 2018. Here at Backward Farm, our sheep have never needed so little supplementary feed. It probably also helped that our lambing was slightly later this year. We often have ewes lambing in early March but we had them all lambing from the end of March into April. The lambs are growing well, benefiting from plenty of grass and sunshine on their backs. We have also had a mini explosion of piglets and they are merrily running about mimicking their mother's enthusiasm for digging in the fields.

The winter experiment I wrote about before, about putting pigs onto our cereal stubble fields, went fairly well. The slightly larger pigs which were moved periodically on to fresh ground had tended to dig holes in certain areas of the field. Luckily it ploughed over well, although the field was a bit bumpy in areas which meant having to go a bit slower. The batch of slightly



younger piglets just had the run of another smaller field for the whole time and they made a nice even job of most of it. The biggest inconvenience was that they tended to bring stones to the surface so we couldn't have just cultivated the field before sowing the seeds. Ploughing buried the stones again and we got our fields of barley sown in good time. There has been just enough rain to get it off to a good

start, although it took surprisingly long to germinate, which was due to the soil temperature still being quite low.

As something a bit different, we decided to have an open day in April. It was mainly to give people the opportunity to see lambs and piglets. Well, I'll blame our eldest son Ian, and his girlfriend Kerry for coming up with that idea! We were very nervous about it beforehand, but we tried to organise things so that there was a variety of things to see and do. We were very pleased with the number of people who came on the day. Many thanks to you all, and for your kind comments. We may well do it again in the future.

The Dawes family from Crook of Devon are enthusiastic supporters of Open Farm Sunday which is a nationwide event where farmers can open their farm for the public to visit, on a set day. It is an excellent way for the general public to find out about food production and day-to-day life on a farm. Maybe they drive past regularly but just see fields. This year Open Farm Sunday is on 9 June at Hilton of Aldie, Fossoway. See p12 for more details.

John




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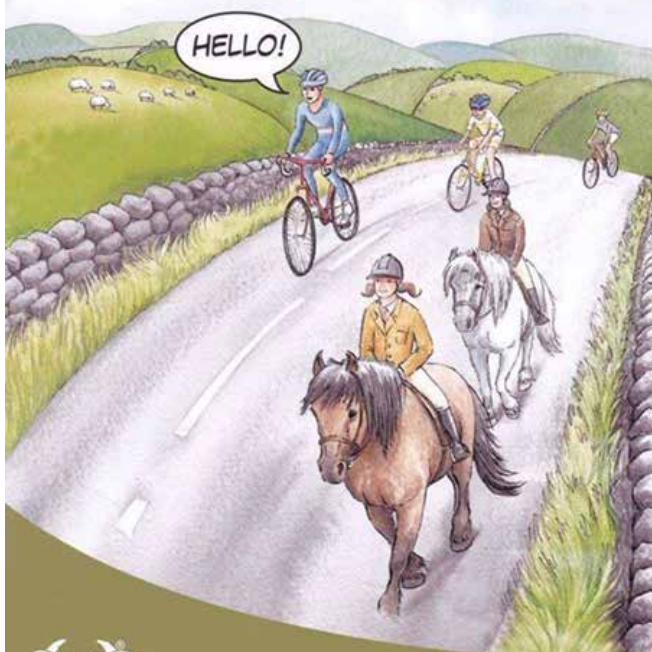
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Tel: 01577 863498

Cyclists: how to pass horses

*Call out hello,
pass wide and slow*



HELLO!



Remember: horses can't hear or see you approaching

Gardening

The start of summer in the garden, what a lovely time to be out and about. The biennials are starting to flower – this year I'm trying Foxgloves, Sweet Williams and Hesperis, so there's a bit of colour while we wait for our annuals to flower.

Now's the time to get planting your annuals but please remember to harden them off for about ten days first so that they don't get a shock at being suddenly exposed to our Scottish weather.

Your garden will also need regular weeding, especially with the sunshine and showers we inevitably experience – they can quite literally grow before your very eyes. A hoe is good enough for this, just separate the top growth from the root and they should disappear.

You can also carry on tying up your tall perennials to protect them from wind and stop them flopping over – even not so tall ones like lupins will benefit from this.

Tubs can be planted and hanging baskets put out now to give your garden some lovely summer colour. Check daily and water if the soil is dry – it's a good idea to water them in the evenings to prevent your plants being scorched and the water evaporating. Also remember to feed and dead-head regularly to produce loads of flowers and prolong the flowering period.

If you have a greenhouse, it's a really good idea to shade your plants inside against really hot sun. Either paint the glass with shading paint or use blinds – shading paint is by far the cheapest option.

If you've thrown down some annual seeds (you can do this in May once the soil starts to warm), now is the time to start thinning them out. The guidance is one plant per square foot to give room for growth but I'm really guilty of doubling or tripling this – the result is a bit overcrowded, but oh so pretty. June is a brilliant time for greenfly, they just love to munch on your newly growing plants – good for them but not so good for you. A simple solution is to get a spray bottle and fill with washing up liquid and water. Use this when you see the little blighters and they'll soon disappear.

If you have strawberries, they'll be beginning to throw out runners. If you fill some small pots with compost and 'peg' the runner where the leaf forms into your compost, you'll have new baby plants for next year in no time. What's better than free plants? I know, more free plants!



Enjoy your summer folks, I hope the weather stays warm enough for us all to enjoy it.

Teresa Stirling

Gardens open in June

www.scotlandsgardens.org



There are many beautiful gardens in Kinross-shire and Perthshire that are well worth a visit. Gardens and gardening create a positive path to health and well-being, and there are many local private gardens opening in the area this month that are guaranteed to soothe the soul.

Sunday 2 June 10am-4pm. Bonhard House, Perth PH2 7PQ. Entry £4, children free.

Monday 3 June 2pm-5pm. Gleneagles House, Auchterarder PH3 1PJ. Entry £5, children free.

Sunday 9 June 11am-5pm Cloan, by Auchterarder PH3 1PP. Entry £4, children free.

Saturday 15 June 10am-5pm. Abernethy Village Gardens (six gardens) PH2 9JJ. Entry £5, children free.

Saturday 15 June 2pm-5pm. The Bield at Blackruthven, Blackruthven House, Tibbermore PH1 1PY. Entry £5, children free.

Thursdays only, 6, 13, 20, 27 June 11am-4pm. Entry £5, children free.

Tuesdays only, 4, 11, 18, 25th June. Dowhill, Cleish KY4 0HZ. Entry £5, children free, visits by arrangement only. Tel: 01577 850207 Email: pippamd@icloud.com.

Tuesdays only, 4, 11 June 4-8pm. Greenhead Farmhouse, Greenhead of Arnot, Leslie, KY6 3JQ. Entry £5, children free.

Sunday 30 June 2-5pm. Backhouse at Rossie Estate, by Collessie, KY15 7UZ. Entry £5, children free.

Gardens open by arrangement:

Hollytree Lodge, Muckhart, Dollar FK14 7JW. Tel: 07973 374687. Email: elizwyatt@aol.com.

Parkhead House, Parkhead Gardens, Burghmuir Rd, Perth PH1 1RB.

Tel: 01738 625983. Email: maddy.tinson@gmail.com. www.parkheadgardens.com.

All money collected from open days and visits is allocated to local charities; 60% to the charity of the garden owner's choice, and the remaining 40% to Scotland's Gardens nominated charities including Queen's Nursing Institute Scotland, Maggie's, Horatio's Garden, plus hundreds of other charities; big, small, local and national.

Weather



April Weather Report from Kinross

Total rainfall	40mm = 1.6ins
Heaviest rainfall	9mm (3rd)
Total sunshine for the month	184.1 hours
Sunniest day	10.8 hours (22nd)
Minimum temperature average	0.44°C
Lowest temperature	-7.2°C (9th)
Maximum temperature average	12.82°C
Highest temperature	22°C (20th)

Kinross-shire Churches Together



Kinross Parish Church of Scotland

*Following Christ | Spreading the Word
Serving the Community*



10 Station Road, Kinross KY13 8TG (Charity no SC012555)
Church website: www.kinrossparishchurch.org
Facebook: www.facebook/kinrossparishchurch.org
Church E-mail: office@kinrossparishchurch.org
Church office and church open: Mon-Fri 10am-12 noon.
Church Office: Tel. (01577) 862570
Contact the church office if you are interested in leasing rooms in the church or church centre.
Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952
Ordained Local Minister:
Rev Margaret Michie Tel: (01592) 840602
Session Clerk: Jaffrey Weir Tel: (01577) 865780

Events listed below are in the church unless indicated otherwise.

Regular Services and Events

Sundays: 10.30am: Morning Service with Crèche. Junior Church (age 3 to P7) and 'Jam Pact' (Secondary Age) meet at church centre from 10.15am, finish at church.
7.30pm: 'Crossfire' (S1 upwards) in church centre.

Tuesdays: 10am: Pram Service.

Wednesdays: 10.45am Service, Church Centre.
1.30pm: Craft Group.

Fridays: The Brigade, church centre.
Anchor Section 6-7.15pm, Junior Section 7-9pm,
Company Section 8-10pm (Contact: David Munro 862126).

Saturdays: 10am-12noon 'Coffee Stop', Church Centre.
Coffee, cakes and book sale most Saturdays.

Other Events and Services

June

- Sun 2** 10.30am: **Quarterly Communion Service.** Retiring collection for 1st Kinross Boys' Brigade and Girls' Association.
- Mon 3** 8am: Silent Meditation.
- Tue 4** 2.30pm: Service at Whyte Court.
4pm: Service at The Sycamores.
7pm: Preparation for those wishing to help at **Family Week, 5 – 9 August.**
- Fri 7** 7.30pm: Quiz Evening, at Rugby Club, for team going to Debrecen, Hungary in July.
- Sun 9** 2.30pm: **Let's Sing** – informal get-together for folk with dementia, including singing some well-known songs.
- Sat 15** 8.30am: Prayer Breakfast (names in advance to church office).
10.30am – 12.30pm and 1.30pm – 3.30pm: **WALK THIS WAY.** Members of the congregation and the wider community will be walking throughout Kinross. Look out for them and associated events in folk's gardens.
- Thu 20** 9pm: late evening service of Compline.
- Sun 23** 10.30am: Morning Service with Junior Church prizegiving. Bake Sale after service for team going to Debrecen.
- Tue 25** 2.30pm: Service at Causeway Court.

Cleish Parish Church Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Neil Maclure

Email: neil.maclure19@gmail.com Tel: 01577 864826

Please visit our website: www.cleishchurch.org



Sunday Services 11.15am

June

- Sun 2** 11.15am **Morning Worship. Sacrament of Baptism.** Guild Teas. Traidcraft Stall.
- Mon 3** 3.15pm **Messy Church** in the Village Hall.
Open to all children with their carers.
- Sun 9** 11.15am **Pentecost Morning Worship with the Kythe Band** followed by refreshments in the Young Room.
- Sun 16** 11.15am **Morning Worship*.**
- Sun 23** 11.15am **Morning Worship*.**
- Tue 25** 7.30pm **Kirk Session** meet.
- Sun 30** 11.15am **Morning Worship*.**

* Please note that refreshments will be served in the Young Room after Morning Worship. All welcome.

Loch Leven Church

(Charity No: SC049050)

Loch Leven Church meets at Loch Leven Community Campus, at 10.30am each Sunday.



In June, we will be continuing our 'This is Living' series from Philipians.

Everyone is very welcome and there are separate activities for children during the service.

To find out more about us and our forthcoming services, please visit www.lochlevenchurch.com.

New Kin-nections

The summer issue of Kin-nections, the magazine of Kinross Parish Church, is now available and can be picked up free at the church, church centre and the library at the Campus. The magazine covers events for June to August, including details of the ever-popular Family Week held this year from 5-9 August. This issue's theme of 'All are Welcome' ties in with this year's emphasis in the kirk of being an 'Invitational' as well as a 'Welcoming' church.



A Peaceful and Historic Oasis

Kinross Parish Church will continue to welcome visitors to its church and grounds in Station Road, Kinross this summer. Alice Getley, an elder in the kirk says, 'Folk welcome the chance to have a bit of peace and quiet to think or pray, either in the church or in its garden – a green space within the centre of the town, open to all'. As well as the Sunday Service at 10.30am the church is open to visitors in June 10am-12noon on Mondays and Wednesday to Friday, and staff will be on hand to welcome you. In July and August, when the Tuesday Pram Service is on holiday, the church will be open to visitors on Tuesdays as well. The church's own garden lies in front of the church and may be visited at any time.

The church dates from 1832 and is one of the main historic buildings in the town so it also attracts visitors from near and far – including, in the past year, from Finland, Australia, Canada and the USA. Some are researching their family tree and are moved at being able to visit the same building that would have been so familiar to their ancestors. Among the recent comments in the visitors book are: 'Lovely church, calming atmosphere'; 'A beautiful, light, spiritual church'; 'Finally saw where I was christened after 70 years. Magical!'. Alice says: 'If you have visitors staying with you this summer, why not encourage them to visit the church, pick up our leaflet on its history and wander around. There is also a guided walk leaflet about the other church buildings in the town, now and in the past. Or you may wish to just enjoy the peace for your own thoughts'.



Kinross Parish Church and its garden in Station Road, Kinross: open to the public



Kinross Christian Fellowship

Jesus said, 'I am among you as one who serves.'

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross. Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Bible-based preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

Everyone is welcome to either service or to both, so please come and, *taste and see that the LORD is good.*

Contact Peter on 01577 863509, for further information.

KCF also runs the Talking Donkey café – see separate notice in the Newsletter. Additionally, the Friday evening Youth Group at the Millbridge Hall (Space) is also the responsibility of our Fellowship, and we are pleased to accept this privilege.

Kinross Gospel Hall

Montgomery Street, Kinross www.kinrossgospelhall.info

Sunday	10.30am	Breaking of Bread
	12.30pm	Sunday School
	4.00pm	Gospel Meeting (1st & 3rd Sundays of the month, Friends and Neighbours Tea)
Monday	7.30pm	Prayer Meeting
	8.15pm	Bible Study
Thursday	9.30am	Toddlers Group (Montgomery Toddlers)

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Orwell and Portmoak Parish Church

Church of Scotland (Charity number SC015523)

Minister – Very Rev Dr Angus Morrison

Telephone: 01577 863461

Email: angusmorrison3@gmail.com

Website: www.orwellportmoakchurch.org.uk

Sunday Worship, Junior Church and crèche:

10am Portmoak Church,

11.30am Orwell Church.

All children welcome. Crèche available during the services.

Please note that joint services will be held on the first Sunday of each month in alternate churches at 10.30am.

Prayer Meeting held 30 mins before each service.

Service at Ashley House: first Thursday of the month at 2.30pm.

Morning Prayers at 9am

Each Thursday at Portmoak Church New Room.

Each Friday at Orwell Church.

Messy Church is on summer break.

Dates and events for your diary

- 2 June** Joint All-age Service in Orwell Church at 10.30am.
No morning service at Portmoak Church.
Christian Aid Big Brekkie in Orwell Hall 9-10am.
- 11 Jun** Culdees Celtic Service in Portmoak New Room at 10.30am.
- 15 Jun** Milnathort Summer Fair at Milnathort Primary School 12.30-2pm.
- 23 Jun** Joint All-age Service in Portmoak Church at 10.30am. No morning service at Orwell Church.

Everyone welcome!

Church office & shop open Mon-Fri. 10am-2pm.

29 South Street, Milnathort KY13 9XA.

Christian cards, gifts, bibles and books for sale. Printing and copying facilities available. Recycling for ink toners, stamps & batteries. Donations of food can be made for the local Foodbank.

Contact the Office 01577 861200
orwellandportmoakchurch@gmail.com



Orwell Church, Milnathort

*Photo: Pauline Watson,
courtesy of www.kinross.cc photo library*

Fossway, St Serf's & Devonside Church

Church of Scotland (Charity number SC013157)

Church Road, Crook of Devon, Kinross-shire, KY13 0UY

www.fosswaychurch.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassicsoul@aol.com

Our church is a very warm and welcoming place situated in the Crook of Devon, a small village about six miles from Kinross. Come and join us, we would love to meet you.

Sunday Services at 9.45am. All are welcome.

June

- Sun 2** 9.15-9.30am A Time for Prayer.
9.45am Morning Worship followed by refreshments.
- Sun 9** 9.15-9.30am A Time for Prayer.
9.45am Pentecost Sunday Worship with the KYTHE Band.
- Sun 16** 9.15-9.30am A Time for Prayer.
9.45am Morning Worship.
- Sun 23** 9.15-9.30am A Time for Prayer.
9.45am Morning Worship.
- Sun 30** 9.15-9.30am A Time for Prayer.
9.45am Morning Worship.

Refresh Thursday

Thursday afternoons, 2-4pm. Join us for a friendly blether with delicious home baking, tea and coffee. All are welcome.

House Group

The House Group meets on Wednesday evenings 7.30pm till approx 9pm. All are welcome. For more details please phone Debbie Hill 01577 842268.

Film Evening

Friday 7 June, 7.30pm-9.30pm in the Church Hall.

Our next film is 'Mary Poppins Returns': decades after her original visit, the magical nanny returns to help the Banks siblings and Michael's children through a difficult time in their lives.

Please join us for the film, a cuppa and a blether and even some popcorn.

Fossway Babies and Toddlers

Every Friday during term time 9.30-11.30am, Fossway Church Hall.

Snacks, play and blether, baby yoga coming soon.

Trinity Church

A new Church ... A new Beginning.

Trinity Church is a congregation of the **UNITED FREE CHURCH OF SCOTLAND**, led by **REVEREND JEROME O'BRIEN**.



Sunday Service

We meet every Sunday at the Old Coach House, Lendrick Muir, off Naemoor Road, KY13 0QA.

The gathering starts at 4pm.

The style of worship is informal and friendly. After the gathering, there will be time for refreshments and conversation.

For more information about who we are and what we do, please visit our website (www.trinity-church.co.uk) or call Jerome on 07843 873 091.

St Paul's Scottish Episcopal Church

(Part of the Worldwide Anglican Communion)

Muirs, Kinross, KY13 8AY Telephone: 01577 864299

Email: office@stpaulskinross51.plus.com

Website: www.stpauls-kinross.co.uk

Fr David Mackenzie Mills, Rector. Telephone: 01577 863795

Email: frdavidkinross@gmail.com

You can also find us on Facebook

www.facebook.com/stpaulsepiscopalchurchkinross

St Paul's is inclusive, friendly and welcoming to all age groups (whether regular churchgoers or if you're simply inquisitive about who we are and what we do.)

We are excited about the ways in which God is calling us to grow as a community, for the community. *(The Rector is now licensed by the Registrar's Office to conduct same sex marriages at St Paul's).* Our aim is to express our deep appreciation of both the spoken and sacramental Word with a lightness of touch and a smile.

Children are equally welcome to stay in church during the service or go to the Meeting Room for Sunday School and everyone is particularly invited to stay together during our monthly 'Whole Church' services.

We predominantly use the 1982 Liturgy on Sunday mornings but create experimental devotion for special events throughout the year. If you would like to give us a try, we look forward to meeting and greeting you and hope that you might enjoy becoming part of this faithful family of Christ.

1st Sundays 4pm Evensong with hymns.

1st Mondays 10am Pastoral Care group (Side chapel).

Tuesdays 11am Informal Holy Communion (Church Office).

Thursdays 10am Thursday Morning discussion group (usually in the Meeting Room). 3.30-4.30pm Rector's Hour. An opportunity to drop in and speak to the Rector in the Church Office.

Forthcoming Services and Events - all welcome

June

Sun 2 ASCENSION SUNDAY

8.30am Holy Communion.

11am Sung Eucharist.

4pm Evensong with hymns.

Sun 9 THE DAY OF PENTECOST

8.30am Holy Communion.

11am Sung Eucharist.

Sun 16 TRINITY SUNDAY

8.30am Holy Communion.

11am Sung Eucharist.

Fri 21 ST PAUL'S QUIZ NIGHT

7.30pm, Masonic Hall (Muirs, Kinross).

Teams of up to 4. £3 entry. Raffles, refreshments, real good fun! Come along for a great evening and help fundraise for our active little church.

Sun 23 Pentecost 3 (Proper 12)

8.30am Holy Communion.

11am Sung Eucharist.

Sun 30 Pentecost 4 (Proper 13)

8.30am Holy Communion.

11am Lay-led Liturgy of the Word and Sung Eucharist.

Looking for Contact Details?

For listings of local clubs, businesses, public services and more, visit www.kinross.cc

St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

www.catholickinross.com Email: Fr.MartinPletts@gmail.com

facebook.com/parishpriestkinross/

facebook.com/stjamesprayergroup/

Regular Services

Mon	7pm	Holy Mass preceded by Confessions and Prayer Group at 8pm in the church hall.
Tue	10am	Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).
Wed	10am	Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am). Teas/Coffees after Mass, in the church hall.
Thu	10am	Holy Mass preceded by Confessions and Morning Prayer (9.30-9.50am).
Fri	10am	Holy Mass preceded by Morning Prayer and Confessions (9.30-9.50am).
	3pm	Divine Mercy Devotions.
Sat	10-10.30am	Adoration of the Blessed Sacrament and Confessions (first Saturday of every month Holy Mass at 10am).
	6pm	Vigil Mass.
Sun	9.30am	Mass (teas/coffees after Mass in church hall).

Confessions also on request.

Prayer Group meets on a Monday, 8pm-10pm, in the church hall and is open to all.

Children's Catechism class meets every Monday during term time, 3.45pm-4.30pm in the church hall.

The weekly newsletter, Mass times, news and updates or changes can be found on our website.

Deaths

LONG Georgina and stepsons Charles and Michael would like to say thank you to everyone for their kindness following the passing of Ward, husband, father and grandfather. They appreciate the flowers, visits, cards and phone calls. Thanks to those who attended the funeral – it meant a lot to them. Thanks also to the staff who cared for him in Victoria Hospital, Mr Stewart funeral director, Rev Margaret Michie and Rev Alan Reid for their comforting service and the ladies of the bowling club for the excellent buffet. The collection for Guide Dogs for the Blind raised £340.

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Playgroups and Toddlers

Milnathort Babies & Toddlers

Orwell Church Hall, Milnathort

Friday 9.30am-11.15am

A relaxed and friendly group
Healthy snacks, tea & coffee
Children from birth to 3 years
(5 years if attending with younger sibling)
Great fun for the kids, mums, dads and carers!

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Email milnathortbt@gmail.com
Or find us on Facebook



SWANSACRE PLAYGROUP, SCIO

21-23 Swansacre, Kinross

Tel: 01577 862071/07592 392235

www.swansacreplaygroup.org.uk Facebook

@Swansacre



We provide a warm, friendly, nurturing and stimulating environment in which children can learn and develop through play.

Monday Garden Guddle: 9am-3pm

Tuesday Playgroup: 9.05am-11.50am

Rising 5's including Lunch Club: 12.10pm-3.10pm

Wednesday Playgroup: 9.05am-11.50am

Thursday Playgroup: 9.05am-11.50am

Friday Playgroup: 9.05am-11.50am

Garden Guddle is an outdoor session in the grounds of Swansacre Gardens. The children can expect lots of mud, water, fun and exploration. Aimed at 3-5 year olds.

Playgroup is aimed at children from 2-5 years of age. The children have a vast variety of equipment and resources to help them learn through play.

Rising 5's is aimed at children in their pre-school year. It aims to sit alongside school nursery, and the sessions are more structured and filled with activities to engage children.

Please contact Victoria for availability or more information on the above sessions: enrolments.swansacre@gmail.com

Swansacre is also available to hire for Private Functions. For more information or to book please contact Lesley on: facilities.swansacre@gmail.com

Swansacre Playgroup SCIO – SC017748 – Registered Scottish Charity

GLENFARG BABY AND TODDLER GROUP

We meet in the newly refurbished village hall, Greenbank Road, Glenfarg on Mondays, 9.30-11.30am, term times.

Healthy snack for children, coffee/tea & biscuits for carer

Role play, jigsaws, physical toys and arts and crafts

Friendly support for all carers

First session free, £2 thereafter (£1 for additional children)

Contact Catherine Mason on 07583 022608 or just come along!

LOCHLEVEN BABIES & TODDLERS

Masonic Hall, The Muirs, Kinross

Session times (term time only)

Tuesdays 9.30 - 11.15, Fridays 9.30 - 11.15

Contact Debbie Kennedy 07545 339494,

debileighs@hotmail.com

All Mothers, Fathers, and Carers are welcome to attend, with children aged birth to 5 years if accompanied by a younger sibling who shall be 3 years old or younger.



FOSSOWAY TODDLER GROUP

Fridays 9.30 and 11.30 (term time)

Fossoway Church Hall, Crook of Devon

£2 for 2 hours play

Warm and cosy space

Fresh fruit snack and juice or water for kids

Tea/coffee and biscuits for adults

PORTMOAK UNDER 5s

Portmoak Hall – between Kinnesswood and Scotlandwell (only 10 mins from Milnathort and Kinross)



We are a friendly and relaxed group welcoming children under 5 years and their parents/carers. We offer a wide range of activities including arts and crafts, dressing up, outdoor play and stories. We also on occasion arrange outings, parties and have special visitors who come to the group!

Session times: Tues & Fri 9.45am – 11.30am.

Sessions are £2 per child (£1.50 for under 1s) and 50p for each additional child. A snack is provided.

For all queries please email
portmoakplaygroup@hotmail.com
or find us on Facebook

MONTGOMERY TODDLERS

Every Thursday 9.30am to 11am (term-time only)

The Gospel Hall, Montgomery Street, Kinross.

Contact Christina Smith 01577 840733 or 07792 260509

Private Nurseries and Childcare

For private nurseries and childcare services, please see advertisements throughout the Newsletter.

To inform the Newsletter of any changes to Playgroup information, please send an email to: editor@kinrossnewsletter.org

Notices



Charity Ceilidh
in support of Mary's Meals

on 1 June at 7:30pm,
Milnathort Town Hall.

Music by Glenfarg
Ceilidh Band.

£10 per ticket,
all ages welcome.



The Gaelic Society of Perth

The Gaelic Society of Perth will hold their annual Gaelic Service on **Sunday 2 June** at 3pm at the Congregational Church, Kinnoull St, Perth. The Rev. Angus Morrison will lead the service. Refreshments will be provided after the service. Everyone is very welcome.

Let's Sing

Sunday 9 June at 2.30pm

This is an informal get-together in Kinross Parish Church, for people with dementia who enjoy singing and who are accompanied by their carer(s).

We will:

- ✓ have tea and a chat
- ✓ sing some well-known songs
- ✓ have time to meet new friends

We are considering establishing a regular singing session, so this is an exploratory afternoon to see if there is a need or desire for it locally.

If you know of someone who might like to come along, please let them know, or even better bring them along!

For further information – please contact:

Brenda Frier 07771 985265

Isobel Watt 07961 919967



Kinross Garden Group

2018/19 Season

Summer Garden Visit

Inverary Castle and Garden

Thursday 13 June

Information from Ms Anderson

01577 864589



Networking Breakfast

Wednesday 5 June

At Loch Leven's Larder, 7.15am-9am

Inspiration for the day ahead is what the Partnership Networking Breakfast delivers, as well as helping you to improve your network of contacts. On Wednesday 5 June we are pleased to welcome Liz Somerville, who is coming to tell us about creating and maintaining teams in the modern workplace. Liz is Practice Manager, and Managing Director, at Loch Leven Equine Practice near Cleish. Liz and her husband Hugh moved to Scotland in 2005 and started the business from a room in their rented cottage. With the help of a SRDP grant, the business moved to a purpose-built hospital facility and now employs a team of 15 people, including 8 vets.

Growing the business has been a steep learning curve for Liz. She is passionate about the role that the team play – and this has been the focus since employing the first team member. The veterinary industry has suffered from significant mental health issues, and Liz is passionate about building a culture that focuses on the wellbeing and personal development of the team. In an industry that has to provide emergency cover 24 hours a day, 7 days a week, with changing demographics meaning more vets are looking to work part-time without 'out of hours' responsibilities, it has become increasingly difficult to recruit and retain the right people.

As mum to two boys Liz is well used to the juggling act of working full time whilst trying to be around after school and during school holidays for the boys. In 2014 Liz started a postgraduate certificate in Veterinary Business Management with Liverpool University, completing it in 2018.

Come along to the networking Breakfast – Loch Leven's Larder at 7.15am – and meet friends, colleagues, new faces and fellow Kinross-shire dwellers. Come and feast on a sumptuous Scottish Breakfast, stand up and tell your fellow diners (in less than 60 seconds) who you are, what you do, and why you have come along, then sit back and listen to Liz Somerville. We finish around 8.30am when you can choose between continuing to network or heading out to take on the rest of your day.

To book your place, please email Karen Grunwell at mail@kinrosspartnership.org.uk. You can pay online in advance or in cash on the day but PLEASE let us know in advance if you are coming so that the Larder can have breakfast ready for you. The meeting cost, including a full cooked breakfast, is £10 per person. We look forward to welcoming you on Wednesday 5 June.

www.kinrosspartnership.org.uk www.facebook.com/visitlochleven
www.visitlochleven.org www.twitter.com/VisitLochLeven

Please note: This meeting will be the last one before we break for the summer but don't worry – the breakfasts will re-commence in September, after the holiday season.

1st Kinross Scouts Group AGM

20 June 2019 at 7pm



LEAF OPEN FARM SUNDAY
VISIT A FARM AND DISCOVER THE WORLD OF FARMING
9th JUNE 2019
Hilton of Aldie Farm
Nr. Crook of Devon KY13 0QJ
12 noon to 3pm

Sheep/Lambs* Cows/Calves* Chicken* Alpaca's*
Pygmy Goats & Kids* Ducks* Spinning*
Plant Sale* Horse & Cart Rides* Farm Storytime*
Free Activities* Farm Quiz for Children*
Sheep Shearing & Refreshments

colin@farmerdawes.co.uk 07899 993575
Latest news follow Farmer Dawes on Facebook and Twitter
Subsidised by: Donation (suggestion £2/person) Free Car parking

(Single Track Road - Please arrive via Cleish Road B9097
& leave towards Powmill onto A977)

Logos: AHDB, FARMERS' DIRECT, ASDA, M&S, NFU, Sainsbury's, TESCO, WAITROSE, www.farmsunday.org, @OpenFarmSunday, LEAFopenfarmsunday



Community Chinese Event
Thu 13th June 2019
7:00 - 9:00 pm
Mandarin classroom
Loch Leven Community Campus

Learn some basic Chinese phrases!
Try your hand at Chinese calligraphy and brush painting!
Relax your mind with some Tai Chi!

Free entry. All welcome.
For more details please contact:
pbecher@pkc.gov.uk



PUTTING THE 'FUN' IN FUNDRAISING!
KINROSS PRIMARY SCHOOL SUMMER FAYRE
Raffle | Stalls | Games | Fun activities |
Homebaking and lots, lots more!
Saturday 8th June 2019
12pm - 2.30pm
Everyone welcome, see you there!

Refresh

In association with light and life.

The next Refresh event will take place on **Thursday 13 June** at the Kirklands Hotel, 20 High Street, Kinross, from 7.30-9.30pm. Refresh is an opportunity for you to relax in a friendly atmosphere and enjoy your choice of healing experiences from our team of trained volunteers. These will include hand massage, healing prayer, encouraging words and prophetic art. There will also be live music to listen to as you wait for your appointments and refreshments can be purchased from the hotel reception.

No charge for entry, everyone is welcome. Contact us via refresh@lightlife.org.uk or visit lightlife.org.uk or www.facebook.com/refresh.kinross

Kinross-shire Volunteer Group and Rural Outreach Scheme

The Annual General Meeting of the group will take place at 2pm on **Thursday 13 June** at St Paul's Church Hall, Muirs, Kinross.

Anyone interested is very welcome to come along. The business part of the meeting will be followed by a short presentation by about the Kinross Trishaws and then there will be the opportunity to chat over tea and cakes.



KYTHE Youth Club Open Day


Saturday 15 June 10am-3pm

Everyone is welcome to drop in to see the new facilities at the Youth Hub (next to the Health Centre).

Meet some of the team, chat, enjoy a cuppa.

We look forward to seeing you.

Kinross-shire Youth Enterprise
Registered Scottish Charity No. SC 045043

In association with  SU Scotland

Milnathort Comedy Night Saturday 22 June

Orwell Bowling Club, Milnathort

Doors open 7.30pm till late

For only £12.50 a ticket (or £25 for 2) – LOL

Starring Raymond Mearns, Patrick Rolink and Marc Jennings

For tickets text Graeme 07730 605666

Licensed bar, over 18s only


 is bringing
GOOD NEWS!
 A family day for everyone
 at the Kirkgate Park
 Sunday 23rd June 1-4 pm



Hog Roast
Burgers, Sausages,
Veggie alternative,
Drinks





**Marquees
Live Music**
Games and
Activities

EVEN BETTER NEWS!
 Everything is free!
 A gift from us to you!
 and finally
THE BEST NEWS
 We will be offering a course in autumn called
CHRISTIANITY EXPLORED

For more information, ask a T-shirt, pick up a leaflet on the day or ring
 Peter 07766515950, Fiona 07855769466, Duncan 07933387562
 On the day, parking is limited, so if you can please leave your car at home.
 There will naturally be space for Disabled Badge holders.
 Seating is limited, please bring your own if needed!

Music for a Summer Evening

As students in London, the Atelier String Quartet members unite two of the world's most prestigious music conservatoires, the Royal College and the Royal Academy of Music.

The Quartet is touring Scotland in June and their final concert is in Kinross Parish Church on **Sunday 23 June** at 7.30pm. Works to be played are: Haydn Op. 20 No. 2, Janacek String Quartet No. 2, and Mendelssohn Op. 13

Tickets are £8, including refreshments and a contribution to Orwell Church Renovation.

These can be bought in advance at Orwell and Portmoak Church Office or at the door on the night.

Sainsbury's Kinross Car Boot Sale

Last Sunday of the month for the next three months

Sainsbury's car park 10am-1pm

30 June Store colleague's charity of choice

28 July Store colleague's charity of choice

£5 per car: all proceeds will go to charity.

Please call 01577 864067 to register, then pay in store at the customer service desk on your next visit. Cash only.

Need a wheelchair?

The British Red cross will be in Sainsbury's Car park every

Wednesday 10am-12noon

for more information please call 01506409927

SCO37738



**Celebrating the
50th Anniversary
of the Apollo 11
Moon Landing**



**Milnathort
filmhouse**

**Saturday 20th July 2019
Milnathort Town Hall
at 8.00pm
(Doors Open at 7.30pm)**

**Adult: £8.00
Concession: £6.00**

Advance Booking - email: info@aerospacekinross.com

Follow Us On:



Kinross Show

Saturday 10th August 2019 RSPB Loch Leven

Can you...

sing?

dance?

play an instrument?

do magic?

do stand-up?

show your talent?



Take part in the 2019 Entertainment Stage!

Stage kindly sponsored by: 



CONTACT: kinrossshow@aol.com

JANE: 07836 764183

Milnathort Kids Club

Milnathort kids club is based within Milnathort primary school and provides after-school, holiday and in-service childcare care for children aged primary 1 to 14 years. Although we are based in Milnathort you don't need to attend Milnathort Primary School to be able to attend, anyone can join us.

At Milnathort kids club we provide a safe secure and warm environment where children are cared for by friendly and professional staff. Our aim is to provide children with the opportunities to develop life skills, make friendships, explore their surroundings and have fun. This is done through activities such as baking, cooking, fire building, arts and craft and trips and outings. We encourage children to take part in outdoor activities promoting their health and wellbeing. We involve children in the planning of activities that take place within the setting this encourages them to express their thoughts and opinions. Older children develop a sense of responsibility and achievement throughout their experiences through kids club.

Our holiday programme can be viewed online. Just search for, 'Milnathort Kids Club Holiday & Inservice Childcare 2019'. For further information please contact Milnathort kids club direct and ask for the Supervisor.
Email: MILKidsClub@pkc.gov.uk.
Tel: 01577 863143.



Scarecrow



Competition

Winner receives
Family Pass for Blair Drummond Safari Park
for the best scarecrow!

THEME – Birds and Animals

Bring your scarecrow to Kinross Showfield, RSPB Loch Leven, by Loch Leven, Kinross, KY13 9LX by 11am, 10 August. Please remove by 5pm on show day.



Scarecrows must be able to be tied to a post for Free Entry.

Bring along to Secretaries Marquee.

Age 14 years and under.

Email contact
kinrossshow@gmail.com



Lip Reading Classes

Do you or someone else you know have a hearing loss? Lip Reading Classes can help.

Advice is available on tinnitus, cochlea implants, access to work and getting benefits.

Learn how your hearing aids work and about equipment to help you with your hearing loss, e.g. smoke alarms, television aids, flashing doorbells and more. The above equipment is free. Classes start in Kinross in October and a few places are still available on Fridays in Perth. Classes are funded and free to participants. To book a place, or for more information, contact Susan Brown Tel: 01250 872861 or 07940 333924, or by email at Perthshirelipreading@hotmail.com.

Facebook-Perthshire Lipreading

Dollar Museum

1 High Street, Dollar, KY14 7AY

Open from Easter to Christmas at the following times:

Saturdays 11am-1pm and 2pm-4.30pm

Sunday 2pm-4.30pm

Free Entry

Access also possible by arrangement.

Email: dollarmuseum@btconnect.com

www.dollarmuseum.org.uk

Dollar Museum is a lively, award-winning visitor attraction. It is situated at the top of the Burnside, beside the Golf Club and at the entrance to the Mill Green and Dollar Glen. We have both parking and disabled access.

There are displays on the History of Dollar, Castle Campbell, the Devon Valley Railway, the Japanese Garden at Cowden and Prehistoric items excavated in the local area. There are exhibitions on WW1 and the Bicentenary of Dollar Academy.

KINROSS HUB THE CARERS CAFE

Dates
3rd June 2019
Strawberry Fayre

1st July 2019
Cancelled

5th August 2019
TBC

The hub cafe is an informal meeting place to chat over a cuppa with other carers, cared for and family members.





**LOCHLEVEN COMMUNITY CAMPUS
KINROSS**
1st MONDAY of EVERY MONTH
10am–12noon



Contact Gail Boath
Tel: 01577 867306
Or Annette Bond
01738 567076



Orwell, Portmoak and Glenfarg District Girl Guiding

Due to an increase in guide numbers and the new exciting programme recently rolled out, we are looking for an enthusiastic volunteer to open a unit in Portmoak and a unit helper for our Milnathort unit.

There will be full support from our great team. If interested, please give Alison a buzz on 07764 750212.

The Bike Station

Donate unwanted bikes, parts and cycling accessories for reuse. Poorer bikes are salvaged for parts. Bikes are refurbished by qualified expert mechanics and sold on to the public at affordable prices with a three-month warranty.

Donated bikes and parts are collected from all Perth & Kinross Recycling Centres, including the Kinross centre at the Bridgend Industrial Estate.

Bike sales are held at The Bike Station, 284 High Street, Perth, PH1 5QS, Tuesday to Saturday 10am-5pm.

The Bike Station also offers a Repair Service, a Fix Your Own Bike facility and a Dr Bike mobile service.

Tel: 01738 444430. Website: www.thebikestation.org.uk

The Perth Bike Station is an accredited Revolve organisation.



Skeins & Bobbins Classes

Thursdays are fully booked. For Tuesdays and Fridays, please book in advance.

Primary classes take place on Tuesdays and Senior classes on Fridays. For confirmation of dates and availability of places, please contact the shop.

Knitting and crochet group for adults continues on Saturdays, 2pm-4pm.

Skeins & Bobbins, 120 High Street, Kinross. Tel: 01577 208107.

KINROSS CARERS THERAPIES

IF YOU ARE AN UNPAID CARER* REGISTERED WITH PKAVS CARERS HUB YOU COULD ENJOY A FREE COMPLEMENTARY THERAPY SESSION!

BOOKING IS REQUIRED & DONATIONS ARE WELCOME

Therapy Days are the 2nd Monday of each month with Shirley Morgan @ Heart and Soul Centre, High Street, Kinross, KY13 8AN

CRYSTAL THERAPY

REIKI



PKAVS
Carers Hub

For more info on support for unpaid carers in Kinross contact Carer Support Worker Annette Bond on 01738 567076

Bookings open the 1st Monday of each month. Please call the Carers Hub on 01738 567076 to book an appointment.

* you can be an unpaid carer and still receive benefits such as Carers Allowance

©PKAVSCarersHub
pkavscarershub.org.uk

Befriending Kinross



**Are you new to the Area?
Would you like someone to talk to?**

Someone to have a coffee with?

Help to feel less socially isolated?

If you would like to request a befriender please contact us and we will arrange a time to meet with you to discuss the process.

ptb.kinross@bethanyct.com

t: 07747 018 550



Kinross-shire Fund



The Kinross-shire Fund was established in 2006 to make the area a better place to live, by making

grants to a wide range of local charities, organisations and projects which make a positive difference to the community. To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

The next deadline is Monday 5 August.

Full details, including how to apply via our online application link, can be found at:

www.foundationScotland.org.uk/programmes/kinross-shire-fund

Ceilidh Dancing

Mondays: From 2pm until 3pm every Monday in the Guide Hall, Milnathort. You don't need a partner and it is all very informal and great fun. Just come along – the more the merrier. No age limit. All proceeds go to the Scouts and Guides.

Monthly Sunday Ceilidhs: These take place in Milnathort Town Hall, 2pm until 5pm with a break at 3pm for tea and biscuits. Cost: £5. There is no pressure to dance; what better way to spend a Sunday afternoon than hearing these top players? People wishing to learn dances could attend the Monday classes (see above). All money left over after paying the band and hall will go to charity. To make charity suggestions, contact Vi Todd, 01577 863244.

June 23	John Stuart	Oct 20	Colin Brown
July 28	Richard Ross	Nov 17	Johnny Duncan
Aug 18	Ewan Galloway	Dec 1	Christmas Concert
Sept 22	Leonard Brown	Dec 15	Peter Bruce

PLUS Perth

www.plusperth.co.uk
Tel: 01738 626242
77 Canal Street, Perth



PLUS is a member-led local charity and social movement which gives hope and opportunity to those affected by disadvantage; in the main to those with experience of mental ill health and substance misuse.

The PLUS office is open Mon-Fri, 9.30am – 4pm for mental health signposting and enquiries.

Homes for Cats Wanted

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.

Cats can be visited, by appointment, at Causeway Cattery, Scotlandwell.

Contact Rhona on 01383 830286.





Give a Greyhound a Home
www.greyhoundrescuefife.com

Forever homes needed for rescued greyhounds.
Greyhounds are very gentle creatures that require very little walking!

Please call or email for details
Tel: 01577 850393 (evenings)
07826 244765 (daytime)
Email: femiejimmyf@aol.com



Grants and Funding Websites

www.pkgrantsdirect.com
www.foundationscotland.org.uk

Perth & Kinross School Term Dates 2018-19

Term	Start (for pupils)	End
Summer	Mon 15 Apr 2019	Fri 28 Jun 2019
Inservice days	Thur 14 Nov, Fri 15 Nov	
Autumn	Wed 21 Aug 2019	Fri 4 Oct 2019
Winter	Mon 21 Oct 2019	Fri 20 Dec 2019

Kinross Recovery and Conversation Café

This weekly group is for anyone with an interest in improving their wellbeing and needing support on their recovery journey from addiction or substance misuse. The café aims to get people speaking about recovery and wellbeing in all its many forms and provides the opportunity to:

- share ideas, information and resources
- explore support networks and ways of moving forward
- breakdown isolation
- improve health and wellbeing

The café takes place **every Tuesday**, 1pm-3pm, at Millbridge Hall, Kinross. Drop in and have a cuppa and a chat.

For more information, contact:

Shona Fowler: 07896 280843, shonafowler@nhs.net

Richard Lister: 07885 971298, richard.lister@cairscotland.org.uk



Supported and funded by Broke Not Broken, a local charity tackling the effects of poverty.

Broke Not Broken

Drop off donations at:

Sainsbury's, Kinross
Glenfarg Village Shop
Co-operative, Kinross



Open to clients:

Every Tuesday and Thursday, 10am – 2pm

The Beacon, St Paul's Church, Muirs, Kinross, KY13 8AU

Contact: Tel: 07518 913107

Email: admin@brokenotbroken.org



Broke Not Broken. Tackling the effects of poverty.
Scottish Registered Charity SC046033

Grants for good causes

**Kinross Community Council
Newsletter Limited (KCCNL)
Charity No. SC040913**



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

31 March and 30 September

More information is available on the kinross.cc website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email barrydavies57@btinternet.com

Mindspace Recovery College

Mindspace Recovery College runs free courses covering all aspects of mental health, co-delivered by people with lived experience, and are open to all.



Newsletter Deadlines

More deadlines for the months ahead can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check *Newsletter* website for latest information: www.kinrossnewsletter.org

Issue	Deadline	Publication Date
July	Friday 14 June	Saturday 29 June
August	Friday 12 July	Saturday 27 July



THE
TALKING
DONKEY

Every Friday 11am - 2pm
@ The Millbridge Hall

For further information, or if you want to be involved please ring
07766 515 950 or 07771 696 830

The Cafe where everything is
FREE!

 Soups 
 Snacks 

 Hot Drinks 
 Cold Drinks 

 Home-cooked lunches 

All brought to your table by our friendly staff

The Talking Donkey is a Christian venture so there will always be people on hand to offer
Prayer For Any Need



La Leche League meetings in Kinross

First Thursday of the month,
10am-12 noon



St Paul's Church Meeting Room, The Muirs, Kinross

- Friendly, relaxed mum-to-mum breastfeeding support and chat.
- Informal chat and an interesting group discussion.
- Plenty of time for answering your questions.

We welcome any mums (and mums to be) who are interested in breastfeeding. Children all very welcome.

For more details, contact:

Hannah Dalgety (LLL Leader, Kinross) 07886 859461

www.lll-fife-tayside.co.uk

Find us on Facebook: La Leche League Fife and Tayside

Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

Linda Freeman

Tel 01577 865045. Email: linda.freeman_64@btinternet.com

Mindful Relaxation Class

Mondays, 7pm-8pm

Loch Leven Community Campus ITC Room.

Participants can expect to do some gentle movement, mini sound workshop, relaxation, meditation, mp3 guided meditation, philosophy and reflection.

The sessions are run on a drop-in basis. Entry is by donation.

Further information from Vincent Johnston at:

Vincent.johnston@icloud.com



Perth Citizens Advice Bureau

Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Contact us: Advice line 01738 450580.

Appointment line 01738 450581.



Benefits Advice in Libraries (BAIL)

People needing help to identify and claim the right benefits or needing advice to help them to negotiate the benefits system in any way can access assistance from Perth Citizens Advice Bureau's 'Benefits Advice In Libraries' project in Kinross at Loch Leven Library. The service is available on Tuesdays by appointment only. Telephone the bureau on 01738 450581 to make an appointment.

Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (senior debt adviser) using the following email address: David.Ogston@Perthcab.casonline.org.uk

Looking for a venue that can tick all the boxes?

Crook of Devon Village Hall

- ☒ **Space** We can seat up to 100 for a formal meal; 120 for meetings, theatrical performance, talent shows; 80-90 for discos, family gatherings, community events. We can even accommodate bouncy castles for that "all weather" children's party.
- ☒ **Car Parking** - ample parking for the hall.
- ☒ **Catering** - Kitchen with oven, dishwasher and microwave, plus a great serving area.
- ☒ **Stage** and back stage area for performances, costume changes, etc.
- ☒ Plus the usual facilities - toilets, disabled toilets, changing areas.
- ☒ We also offer chair and table rental for functions at home.
- ☒ **Weekly bookings** taken for activities, e.g. yoga, ballet, fitness classes, badminton, youth clubs.



For all hall bookings and enquiries, including our **special block booking rates**, please contact Jean on 01577 840543 or jeanshearer630@btinternet.com

Kinross Recycling Centre

Bridgend Industrial Estate

Opening Times: **Mondays to Fridays** 9am to 7pm
Saturdays and Sundays 9am to 5pm

Bras, bicycles, cans (inc aerosols, biscuit tins, aluminium foil), car and household batteries, cardboard, cooking oil, electricals (WEEE), engine oil, fluorescent tubes, long life light bulbs, food and drinks cartons (Tetra packs), fridges, freezers, garden waste, glass, large domestic appliances, paper, plastic (rigid plastic packaging), rubble stone and soil, scrap metal, telephone directories, textiles (clothes and shoes), timber, tyres (maximum two per visit, strictly householders only) and non-recyclable (general) waste.

Bikes and bike parts will be recycled (see separate Bike Station notice). Collection point for Perth College WEEE project: IT equipment will be refurbished and sold on at an affordable price or recycled for parts. Items accepted include: desktop computers, laptops, mobile phones (without the sim card), tablets, keyboards, mouse controls, cables, DVD players, video players, portable music players, games consoles, new or empty printer cartridges, projectors and flat screen working monitors. The project cannot accept Cathode Ray Tube or broken monitors.

Compost can be collected from the Recycling Centre, subject to availability. Maximum of 2 x 25kg bags per visitor.

Community Councils

Kinross: Chair: Bill Freeman, 01577 865045
Email: kinrosscommunitycouncil@gmail.com

Milnathort & Orwell: Chair: Craig Williams, 07885 722125
Email: craig@stovestuff.scot
Secy: Caroline Flory
Email: communitycouncilmilnathort@gmail.com

Portmoak: Chair: Malcolm Strang Steel, 01592 840459
Email: PortmoakCommunityCouncil@pkc.gov.uk

Fossoway & District: Chair: Trudy Duffy-Wigman, 01577 840669
Email: fossoway.cc@gmail.com

Cleish & Blairadam: Secy: Patty Fraser, 01577 850253
Email: CleishCommunityCouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth	6 Muir Grove	
Jonathan Bryson	4 Burnbank Meadows	
David Colliar	10 Rannoch Place	01577 864037
Dave Cuthbert	85 Bowton Road	07799 750289
Bill Freeman (Chair)	64 Muirs	01577 865045
Ian Jack	Burnbrae Grange	01577 863980
Lynne McKay	5 Springfield Road	01577 531076
Thomas Stewart	Gellybank Farm	01577 864603
David West	30 Muirs	07824 313974

Portmoak Community Councillors

Robin Cairncross	(Secretary)	01592 840672
Bruce Calderwood	(Treasurer)	01592 840423
Susan Forde		01592 840128
Tom Smith		01592 841160
Malcolm Strang Steel	(Chairman)	01592 840459
Dave Morris		01592 840500
Andrew Muszynski		01592 840467

Have a look at our website: www.portmoak.org

Perth and Kinross Councillors Kinross-shire Ward

Cllr MIKE BARNACLE (*Independent*)
Tel/Fax (home): 01577 840516.
Email: michaelabarnacle@gmail.com
Website: mikebarnacle.co.uk
Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 0UZ

Cllr CALLUM PURVES (*Scottish Conservative & Unionist*)
Tel (office): 01738 475092. Mobile: 07557 812570.
Email: CPurves@pkc.gov.uk
54 Lathro Park, Kinross, KY13 8RU

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Member of the Scottish Parliament for Perthshire South & Kinross-shire

Roseanna Cunningham MSP

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63 Glasgow Road, Perth, PH2 0PE

Telephone: 01738 620540

Email: Roseanna.Cunningham.msp@parliament.scot

Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address:

The Scottish Parliament, Edinburgh, EH99 1SP

Claire Baker MSP (Labour) Tel: 0131 348 6769

Email: Claire.Baker.msp@parliament.scot

Murdo Fraser MSP (Conservative) Tel: 0131 348 5293

Email: Murdo.Fraser.msp@parliament.scot

Dean Lockhart MSP (Conservative) Tel: 0131 348 5993

Email: Dean.Lockhart.msp@parliament.scot

Alex Rowley MSP (Labour) Tel: 0131 348 6826

Email: Alex.Rowley.msp@parliament.scot

Mark Ruskell MSP (Green) Tel: 0131 348 6468

Email: Mark.Ruskell.msp@parliament.scot

Liz Smith MSP (Conservative) Tel: 0131 348 6762

Email: Elizabeth.Smith.msp@parliament.scot

Alexander Stewart MSP (Conservative) Tel: 0131 348 6134

Email: Alexander.Stewart.msp@parliament.scot

Mobile Library Service

Visiting on Tuesdays 4 & 18 June

Glenfarg	Main Street	1200-1300
Forgandenny	Rossie Place	1545-1615

Visiting on Wednesday 12 & 26 June

Kinnesswood	Opposite shop	0930-1000
Portmoak	Hall	1005-1020
Scotlandwell	Leslie Road	1025-1050
Portmoak	Hall	1125-1140
Scotlandwell	Leslie Road	1145-1205
Levenmouth Farm		1100-1120
Hatchbank Road	Gairneybank	1140-1200
Powmill	Mill Gardens	1320-1340
Crook of Devon	Village Inn	1345-1445
Carnbo	Pitcairnie Lane	1500-1530
Whyte Court	Kinross	1545-1615

For more information, see: www.culturepk.org.uk/libraries and click on 'Services in the Community'

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone on 01738 626666 or 08457 909090

Email us jo@samaritans.org

or **visit** us at 3 King's Place, Perth, PH2 8AA

Mondays	1630 – 2130	Thursdays	1630 – 1900
Wednesdays	0830 – 1100	Fridays	1000 – 1630
and	1930 – 2130	Sundays	0800 – 2130

No pressure, no names, no judgment.

We're here for you, anytime.

Local Volunteer Opportunities

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact Claire Slight to find out how you can help: clare.slight@brokennotbroken.org

Greyhound Rescue Fife at Balfree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at www.greyhoundrescuefife.com

Kinross in Bloom: Volunteer group that provides and maintains floral displays to enhance the environment of Kinross. If you are interested in volunteering, please contact Susan Mitchell at: susan.mitchell50@gmail.com

Kinross-shire Day Centre: We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

KLEO (Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to www.kleo.org.uk. If interested, please contact Bouwien Bennet at info@kleo.org.uk or call 01577 863107.

RSPB Scotland Loch Leven: We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks – if you'd like to join our team, please contact Lyndsay Stobie at: Lyndsay.Stobie@rspb.org.uk or call 01577 862355.

Kinross (Marshall) Museum: The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: information@kinrossmuseum.org.uk.

Swansacre Playgroup: A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email swansacre@gmail.com

Kinross Heart Start: Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email davidcolliar@tiscali.co.uk or Bill Freeman, email billywhizkid78@gmail.com or contact our Facebook page.

Common Grounds: Charity café staffed by volunteers on Tuesdays, Wednesday, Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Open to public 10am-12.30pm. Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convener Elspeth Caldwell on 01577 863350 or Secretary Linda Freeman on 01577 865045 for more information.

The Potager Garden is a small community garden in Bowton Road, Kinross, KY13 8EQ. It is a registered charity run by volunteers, a main aim being to give education to schoolchildren about plants, gardening and the environment. If you would like more information about our volunteering opportunities, please contact the Convenor, Amanda James, on 01577 840809, or amandajames1577@gmail.com

Children's Hospices Across Scotland: Can you spare a few hours of your time? We are looking to fill the following volunteer vacancies:



Kitchen volunteer (mornings), Home Baking volunteer (fortnightly Wednesday 2-4 pm), Housekeeping volunteers (afternoons), Driving volunteers (flexible).

Anyone who is interested is welcome to come for a visit. Please contact us by phone on 01577 865777 or email volunteering@chas.org.uk. To apply online visit www.chas.org.uk.

Seamab is a residential school that cares for and educates some of the most vulnerable children in Scotland. We are looking for volunteers to help us place and manage collecting cans across Perth and Kinross. Volunteering for Seamab will help make a huge difference to the lives of the children at Seamab and will be a great way to meet new people and develop new skills. For more information please contact Melloney Flinn at mflinn@seamab.org.uk or call 01577 840307.

Milnathort Town Hall committee: Can you spare a couple of hours a month? We are looking for volunteers to join us. For further information please contact us at milnathorttownhall1@gmail.com. We would love to hear from you.



Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. If you have a genuine interest in the wellbeing of children and families and live in the Perth and Kinross area we would love to hear from you.



Aberlour Sustain (Perth and Kinross) help families on the 'edge of care' to stay together, by giving them the help and support they need to prevent a child from being taken into care. The families we work with need help for a range of reasons and our workers spend time with children, young people, parents and carers in order to understand what the family needs to thrive. We understand that family life can be difficult for all sorts of reasons. Our approach is always sympathetic and non-judgemental.



Volunteer Befrienders

Befrienders build 1:1 relationships with children, sharing in a hobby or interest, developing social skills and helping to develop confidence and self-esteem. Befrienders give a child someone to talk to and someone they can rely on.

Volunteer Mentor

Mentors support parents by building relationships and supporting them through day to day challenges. Mentors encourage parents to set goals, building confidence and promoting independence. If you are looking to try something new in 2019, develop new skills or meet new people, volunteering is a fantastic way to achieve this. To find out more, visit www.aberlour.org.uk/volunteer, or contact Shonagh (Volunteer Coordinator) on 07864 625069/shonagh.ferguson@aberlour.org.uk.

SPARKs are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health & wellbeing. They meet in Loch Leven Community Campus every Thursday 1-3pm. Volunteers will be supported by workers Roseanne Gray – P&K Community Learning & Development Worker and Shona Fowler – NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843

For more volunteering opportunities, go to the community website www.kinross.cc and look for 'Volunteering', or look at www.vaperthshire.org

Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor. Please let us know if you no longer need your appeal to be listed.

Local Volunteer Opportunities continued

1st Kinross cubs are looking for an assistant leader: Do you or someone you know have a few hours to spare a week? Looking to give back to the community? Want to help children learn new skills and grow into great adults? Cubs meet up on a Wednesday evening 6.30pm-8pm at the Millbridge Hall. Please contact Victoria@VictoriaVA.co.uk for more details or speak directly with a cub leader on Wednesday evening.

1st Kinross Scout Group needs a new treasurer: Do you or someone you know have a couple of hours to spare each month? The current treasurer is standing down in June 2019 and a new treasurer is needed. This is not an onerous task, just a couple of hours each month. No accounting experience required. Without a treasurer, 1st Kinross beavers, cubs and scouts cannot run. Please contact Lynne Bennet on sandyandlynne@talktalk.net if you can help.

Situations Vacant

In conjunction with www.kinross.cc, the *Newsletter* is pleased to publish local situations vacant. Please go to the kinross.cc website before applying to see full details and to **check whether a position is still available**. (Go to www.kinross.cc then click on 'Local Adverts' and choose 'Situations Vacant').

Care Assistant, Ashley House, Milnathort

We require a care assistant to join our busy team in caring for the elderly. Applicant must be able to work as part of a team and alone. SVQ level 2 or above is preferred but not essential. This role will cover a variety of shifts on a rota basis including weekends. Hourly rate dependent upon experience. To apply, send your CV to info@ashleyhouse.org or by post to Ashley House, 18 Perth Road, Milnathort, KY13 9XU. For more information, email info@ashleyhouse.org or call 01577 864438.

Domestic, Ashley House, Milnathort

We require a punctual, trustworthy, individual who can work alone or as part of a team to join us as a domestic. The role will involve cleaning resident's bedrooms and the public areas within Ashley House. 20 Hours per week (4 x 5 hour shifts on a rota basis) including weekends. Overtime may be available. £9 per hour. Apply by sending your CV to info@ashleyhouse.org or by post to Ashley House, 18 Perth Road, Milnathort, KY13 9XU. For more information, email info@ashleyhouse.org or call 01577 864438.

Administrator, JLS Associates, Mansfield Stables, Strathmiglo, KY14 7QE

We provide high quality professional independent financial advice to our clients and have a vacancy for an administrator to deal with all aspects of support required by the two financial advisers.

As the Practice Administrator, you will be responsible for dealing with correspondence and phone calls, servicing of existing business, preparing valuations, client correspondence, maintaining procedures/admin systems and regular contact directly with clients and providers. You will also be expected to work on your own initiative at times.

In order to be considered for this position, suitable applicants must be a strong communicator and have experience of working in an administrative role, preferably within financial services although this is not crucial.

In return, you can expect a competitive salary and pension plan whilst working in a friendly and professional working environment. We are keen to hear from applicants who are looking for a full-time or part-time position.

Please apply by email with your CV to gordon@jls-associates.co.uk

Items for Sale

The Newsletter publishes items for sale listed on the kinross.cc website. If interested in purchasing an item, we suggest **checking the website for current availability** (www.kinross.cc then 'Local Adverts' then 'Classified Adverts'). If interested in selling an item, please list it on www.kinross.cc and it will automatically be published in the next available Newsletter, subject to space.

Baby Bouncer £6

Used at Great Grandparents house. Now outgrown.

Seller Details: Mrs McKenzie 01592 840643

Recliner Chair, Westbury £500 ono

Never used. Light coloured fabric. Cost £1,045.

Seller Details: William Lawson 07979 197535

sche2967@gmail.com

Bosch Under-Counter Dishwasher £70

Excellent condition. Replaced as new kitchen installed.

Bosch Built-in Fridge Freezer £85

Excellent condition. Replaced as new kitchen installed. Can deliver locally if required

Seller Details for above 2 items:

Peter Whitfield 07785 342561

peterwhitfield246@gmail.com

Scottish Mining Trust Holidays

Blair Castle, Culross

Charity number SC036188 www.blaircastle.net

Subsidised holidays for retired miners and relatives

If you worked in the mining industry, or if you are related to a miner or someone who worked in the mining industry, you may be eligible for subsidised full bed and board holidays at Blair Castle in Culross.

Blair Castle is set in beautiful grounds with stunning views over the Forth Estuary. Excellent facilities: 28 well-appointed en-suite rooms, disabled accommodation, games room, quiet rooms, social lounges etc.

Call 01383 880307 or email charles@blaircastle.net to find out more and ask for an application form.

Find us on Facebook: Scottish Mining Trust Culross

Come fly with us!

We are looking for volunteers to help the Aero Space Kinross team to maintain and develop relationships with our supporters, manage our projects and organize events, co-ordinate volunteer support, communicate and promote our vision and activities, assist with fundraising. If you think you might be able to help, please email: info@aerospacekinross.com



LOCAL CHEMIST INFORMATION

Rowlands Pharmacy, Kinross

Mon-Fri: 9am-6pm

Saturday: 9am-5pm

Tel: 862422



Davidson's Chemist, Milnathort

Mon to Fri: 9am-1pm & 2pm-6pm

Saturday: 9am-12.30

Tel: 862219

Sundays: The nearest open pharmacy is Asda, Dunfermline



Weekly Programme

Monday	Exercise Class 11.15am Scrabble, cards & other games 1.15pm (except 17th) Bingo 1.30pm (except 17th) 'Stride for Life' Walking Group 2pm
Tuesday	Carpet Curling 11am Relaxation Class 1.15pm Games 1.15pm Singing group with Alex Cant 1.45pm
Wednesday	Morning Worship 10.45am Dominoes, Scrabble & other Games 1.30pm Tai Chi 1.30pm (12th, 26th) Fantastic Fun Quiz 2pm Art Class 1.30pm
Thursday	Carpet Curling or Boccia 11am Film or music Afternoon 1.30pm Dominoes, Scrabble, cards 1.30pm Balance & Strength Class 1.30pm
Friday	Balance & Strength Class 11.15am Dominoes, Games or music 1.30pm Bingo 1.30pm

Coffee Bar open to all

8.30am - 4pm

Older Adults Lunches Daily

Our activities are open to everyone.
Please feel free to come in and have
a great afternoon.



01577 863869

kindaycent@tiscali.co.uk

Film shows • Cards
Dominoes • Art Class
Exercises • Chiropody
Trips • Daily Papers



Additional Events for June

Hearing Loss Support and Advice	11am-12pm	Monday 3rd
Chiropody (Tel 01577 863869 for an appointment)	9.45am-1pm	Thursdays 6th, 27th
The Sabres	1.30pm	Monday 17th
Barge Trip	9.30am-4pm	Monday 24th
Library Trip	1.30pm	Thursday 27th

Summer is on its way and day trips still have to be arranged

Useful telephone numbers

Medical

Loch Leven Health Centre	01577 862112
Loch Leven Health Centre Out of Hours	01577 865252
NHS 24	111
Perth Royal Infirmary main switchboard	01382 660111
Perth Royal Infirmary (Admissions and Enquiries Desk)	01738 473734
Ninewells Hospital, Dundee	01382 660111
Victoria Hospital, Kirkcaldy	01592 643355
Queen Margaret Hospital, Dunfermline	01383 623623
Rowlands Pharmacy, Kinross	01577 862422
Davidson's Chemist, Milnathort	01577 862219

Police, non-emergency 101

Police, Fire & Rescue, Ambulance & Coastguard emergencies 999

Gas (worried about gas safety) 0800 111 999

Water (loss of supply, foul water emergency) 0845 600 8855

Floods SEPA Floodline recorded messages 0345 988 1188

Perth & Kinross Council (PKC)

Customer Service Centre (Mon- Fri, 8am-6pm)	01738 475000
Reporting non-emergency Road and Lighting faults (CLARENCE)	0800 232323

PKC Out of Hours emergency numbers

Adult care services	0345 301 11 20
Anti-social behaviour helpline	01738 476173*42*
(*42* telephone and leave a voicemail)	
Child protection	01738 476768
Council housing emergency repairs	01738 476000
Dangerous buildings	01738 476476
Environmental Health	01738 476476
Flooding	01738 476476
Homelessness	0800 917 0708
Mental health services	0345 301 11 20
Roads (e.g. reporting blockage)	01738 476476

Traveline Scotland 0871 200 22 33

Loch Leven Community Campus 01577 867200

Kinross High School 01577 867100

Subscriptions to the Newsletter

Useful for readers living outside the distribution area of the Newsletter, a subscription service is available.
For further details see www.kinrossnewsletter.org or phone Ross McConnell on 01577 865885 or email subscriptions@kinrossnewsletter.org

Planning a Community Event?

Check the Diary on www.kinross.cc to ensure that your event won't clash with another.
List your event as soon as you can to help others with their planning. Contact the website administrator by email: admin@kinross.cc

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