

Kinross Newsletter

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www.kinrossnewsletter.org www.facebook.com/kinrossnewsletter

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DEADLINE

for the November Issue

5pm,
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Saturday 31 October 2020

Contributions for inclusion in the Newsletter

The Newsletter welcomes items from community organisations and individuals for publication. This is free of charge. (We only charge for business advertising – see below right.) All items may be subject to editing and we reserve the right not to publish an item. Please also see our Letters Policy and Notes on page 2. Submit your item (except adverts) in one of the following ways:

Email: editor@kinrossnewsletter.org (all emails will be acknowledged)

Post or hand in to:

Kinross Newsletter

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Commercial Advertising in the Newsletter

Our advertising terms and conditions are available to view at www.kinrossnewsletter.org.

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- Your name, address, telephone number and, optionally, email address.
- The wording of your advert.
- A note of the number of insertions required.
- Your remittance cheques payable to 'Kinross Newsletter Ltd'.

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The *Newsletter* reserves the right to vary the physical size of these adverts from issue to issue according to the space available.

If you wish to place a typed advert on a permanent or semi-permanent basis, contact the Advertising Manager to see if you can go on to our billing list.

For full information on advertising in the *Newsletter*, including terms and conditions, please go to our website www.kinrossnewsletter.org and click on 'Advertising'.

The Newsletter reserves the right to refuse or amend any advertisement or submission and accepts no liability for any omission or inaccuracy. No part of this publication may be reproduced or used in any form without the express written permission of the publishers.

Editor's Page

Cover photo: Burleigh Castle, by Mike Shea

Letter from The Editor

The weather has turned colder this week and with the first school term already drawing to a close, it seems as though it won't be that long before we can put 2020 behind us and hope for a better (if not perfect) year to come!

With new restrictions back in place as Covid-19 figures surge in Scotland, I feel so sorry for those students having to isolate and be away from their friends and family through no fault of their own. It's a hard time for lots of groups of people, and it's worth remembering that Kinross Kindness are still functioning and waiting for your call (see p47) whether you are isolated or just need to hear a friendly voice. Thank goodness for community spirit! While most of us are keen to live harmoniously with our community, there are always a few that spoil it for others. I have two examples in mind this month:

Those who drive far too fast over and sometimes even fail to stop at the zebra crossings (particularly in New Street and in South Street, Milnathort) without due care and attention for the safety of the children there. This is an accident waiting to happen. Let's hope the council upgrade these to Puffin crossings sooner rather than later. If you want to help, send

Cover Design: Lee Scammacca of Cree8.

an email to your local councillors. Every email helps when putting a case forward for change to the Council.

Secondly, those who have been walking their dogs on the pitches at the campus and allowing them to foul there without bothering to pick it up. There are never any good places to abandon your dog's poo in a town, but on a field where school children regularly go out to play sport or have outside lessons seems to show a particularly poor sense of judgement and lack of consideration for others.

If you feel strongly about local issues, please do consider standing as a candidate for the Kinross Community Council (see p21). You really could 'do your bit' and make a difference.

This month's *Newsletter* is packed full of our usual news, interesting features and club and sports reports, and this month we have a special Funding Section which lists many sources of funding available for clubs and groups in Perth and Kinross that have been hit hard by the pandemic. There are lots of new sources of funding up for grabs, so do have a look if any of these apply to you.

Hannah Phillips, Editor

Note to Contributors

A great deal of the *Newsletter* comprises reports supplied by local clubs and other organisations. These reports are accepted in good faith. Clubs etc should ensure that reports are factually accurate and do not contain material which could cause legal proceedings to be taken against the *Newsletter*.

Letters Policy

Senders must supply their name and address, which will be published with the letter. Letters should be truthful and not contain matter which could cause legal proceedings to be taken against the *Newsletter*. The *Newsletter* does not necessarily agree with any of the views expressed on the letters or indeed other pages. In special circumstances addresses may be withheld from publication on request (but must still be supplied to the editor).

Note to Readers: Advertising

Inclusion of advertisements in the *Newsletter* does not imply any particular endorsement or recommendation of services or companies by Kinross CC or Kinross Newsletter Ltd.

Abbreviations

PKC: Perth & Kinross Council Cllr: Councillor CC: Community Council CCllr: Community

Councillor

About The Kinross Newsletter

The *Newsletter* has been informing and supporting the community for over 40 years.

It began as a way of letting residents know what Kinross Community Council was saying and doing, but soon expanded to be so much more.

Readers use the Newsletter to find local trades and services, and our loyal advertisers support the community by enabling us to publish local clubs' reports and essential community information free of charge. Readers, when answering an advertisement, please say you saw it in the *Newsletter*. Thank you.

The *Newsletter* is published by Kinross Newsletter Limited (company no SC374361). Any profits are transferred to charitable company Kinross Community Council Newsletter Limited (charitable company SC040913) to be given away to local good causes.

Congratulations



Andrew Jack, who was a pupil at Kinross Primary and High Schools, has been awarded a Master of Science in Advanced Mechanical Engineering with Aerospace with Distinction degree by Strathclyde University. Congratulations, Andrew!



Discover Loch Leven Website

To discover the myriad things to see and do in Kinross-shire and its neighbouring counties, visit **www.visitlochleven.org**

Keith Watson & Co Accountants The Muirs Business Centre, Kinross KY13 8AU Accounts Tax VAT etc. Self-Employed Business & Partnerships Self Assessment Tax Returns For a FREE Introductory Meeting Contact Keith Watson on: Telephone: (01577) 864196 Email: keithwatson.c@btinternet.com

Letters

Masks on please

Our community has done remarkably well in acting responsibly to protect each other from being exposed to Covid-19. Therefore, it distresses me deeply to see young workmen going into our local supermarket without wearing facemasks and disregarding social distancing. I understand that some people cannot wear masks for health reasons and of course, this must be taken into consideration. However, in the case of the workmen, I am sure that they do not object if told to wear protective equipment at work.

If the supermarket is unwilling to confront customers who refuse to wear masks than surely the least they can do is ensure that they follow their own guidelines by limiting the amount of customers who may be in the shop at the same time. It works for the chemist.

We all have to work together to keep Covid-19 at bay.

Karol Swanson Blanefield, Kinross

Henry Dundas

I refer to John Nicholson's column in the September Newsletter. I fear he is being economical with the truth with regards to Henry Dundas.

According to the biographer of William Pitt, Wilberforce supported by Pitt, proposed a motion to abolish slavery on 18 April 1781. It was defeated by 88 votes to 163.

Wilberforce planned to re-introduce the bill the following year but Pitt cautioned against it because of the French Revolution. Wilberforce nevertheless went ahead supported by Pitt.

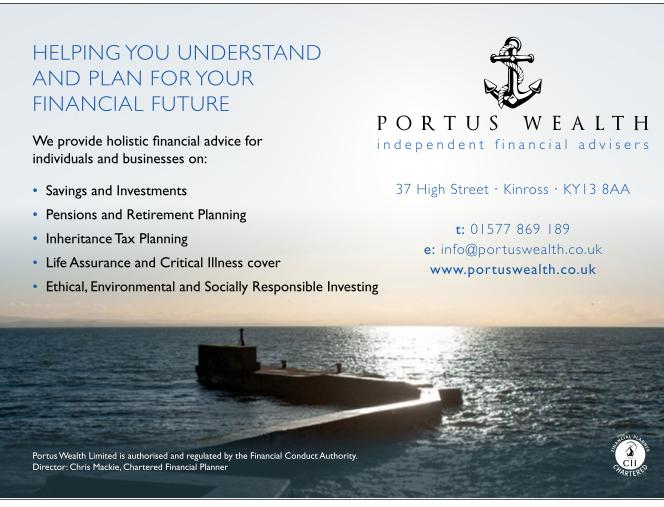
His motion was defeated by 85 votes to 230. Dundas's motion to gradually abolish slavery was passed by 193 votes to 125. Parliament subsequently agreed 1796 as the date for abolishing slavery.

Far from delaying the abolishment of slavery, Dundas ensured that it went ahead in 1796.

John Embrey Nimrod House, Muckhart, Dollar







Letters

Red Squirrels: A Cautionary Tale

A SURVEY BY Saving Scotland's Red Squirrels (SSRS) states that Scotland's population of red squirrels remained stable in 2019. A depressing indicator of their apparent increased presence in our local area is the growing number dead on the roads. Red squirrels are also now also numerous enough it would appear to join the sad inventory of small mammals predated upon by domestic cats.

It was the latter fate that befell the young female who had started visiting our garden bird feeders in the early summer. Her presence was particularly interesting in the interaction between her and two grey squirrels who established themselves earlier in the year and who now appear to have taken up permanent residence in our garden. On occasion, she would be chased by the larger of the greys but mostly they appeared to co-exist to the point where we hoped the little red might be a longer-term visitor than the others of her species who appeared to use our bird feeders as a kind of transit stop en route to somewhere more interesting.

Sadly, this was not to be.

I should have realised that domestic cats can — and will — take squirrels. I suspect the realisation didn't dawn on me because until relatively recently, we never saw red squirrels in our garden. An apparent increase in their numbers locally has however resulted in a growing number of visits by these enchanting animals and that in turn has increased their exposure to the perils of feline predation.

A little research on the websites of wildlife charities indicated that while predation by domestic pets is not a major threat to the UK's red squirrel population, where squirrels do come into contact with cats – and sometimes dogs – the impact on the local population can be significant, with the

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squirrels particularly vulnerable during their nesting periods, March to April and July to August. Dogs are in the frame because while they rarely catch squirrels, they do sometimes find them on the ground and chase them up trees. This apparently interrupts the squirrel's feeding pattern, makes it burn precious energy in its escape and causes the animal undue stress.

The purpose of this letter therefore is just to spread awareness among other householders who may have squirrels visiting their gardens. They appear elusive and lightning fast but they are nevertheless vulnerable to predation by domestic cats whose inherent hunting skills should never be underestimated.

It's very difficult to cat-proof your garden and still provide a natural environment for visiting birds and squirrels. To minimise the chances of another incident of this kind, we will need to look at appropriate measures. Cats are highly developed predators and it is clearly our responsibility to keep our garden safe from their activities. One of the simple things cat owners can do is fit their pets with collars and a bell – or even bells. Fitted properly – and with the appropriate snap-open release device that will prevent the cat being trapped, a good quality collar can also identify the cat should it become lost and even carry a high-vis strip to make the animal more visible at night to car drivers.

Recent RSPB research demonstrated that cats with a correctly fitted collar and bell brought home 41% fewer birds and 34% fewer small mammals than cats without a bell.

A number of wildlife charities including the RSPB have very useful information to help householders make their gardens safer environments for birds and squirrels along with advice to help cat owners reduce the hunting capabilities of their pets.

If we are to see sustainable growth in red squirrel numbers and the return of these beautiful creatures to our country-side – and our gardens – we will need to be aware of our impact and that of our domestic pets – cats and dogs – on local red squirrel populations. The future of red squirrels across the UK is not at all secure and we need to do all we can to give them a fighting chance of recovery. Every individual killed on the roads or in our gardens makes that a more difficult challenge.

Name and address withheld



Misplaced Anger

I read with interest the story regarding Stagecoach's decision to scrap the 23 bus service. Words such as 'fury', 'community vandalism' and 'anger' were used by those opposed to this decision.

Inevitably this anger was directed at Stagecoach, a commercial company who surely have the right to decide where they deploy their capital, and will take profitability and passenger numbers into consideration.

Their 'anger' should be directed at the Scottish Government. The government have chosen not to increase the subsidy on this route. That is the real reason for the route ceasing.

The prize for hypocrisy must go to senior government minister (and our local MSP) Roseanna Cunningham, who says she is 'extremely concerned' and has 'written to Stagecoach expressing these concerns.' Perhaps her time would be better spent on the phone to her colleague Michael Matheson to persuade him to increase the subsidy to allow the route to continue.

In any case, there is much to be really angry about in the news generally.

I, for one, am more angry about the following matters than the Stagecoach issue;

- Scotland now recording the highest drug death rate in Europe
- Scotland now having the highest fiscal deficit in Europe – before Covid
- The decision to delay taking control of key social security benefits until 2024
- Homelessness increasing again last year in Scotland, including a 7% rise in the number of children without a home
- Almost every NHS treatment target being missed almost every year in Scotland – before Covid
- The increasing gulf in educational attainment between the rich and poor

Perhaps Ms Cunningham is too busy working on a draft referendum bill for independence to give her time to tackle these issues and the Stagecoach problem?

Alan Thomson Easter Dunochil, High Street, Kinross

HIGH STREET SEWING

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Location - behind Loch Leven Laundry and Baillies

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Looking for...

Babs and Nigel Slater (formerly of Perth, now in Caithness) would like to contact Isa McIsaac's brother. Isa was married to the late Angus McIsaac and her brother lived in Kinross. Please get in touch by email to <code>editor@kinrossnewsletter.org</code> if you can help to reunite them.

Error

Due to an administrative error the photos in the September *Newsletter* of the Kinross Tractor Run were mistakenly attributed to Adam William Young. The photographer was actually Eileen Thomas.

Do you have a great photo of Kinross-shire?

If you would like to see your photos featured in the Newsletter, why not send them to editor@ kinrossnewsletter.org. We are always looking for good photos! They must be high resolution images for print (at least 300 pixels per inch).

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Kinross-shire Fund



The Kinross-shire Fund was established in 2006 to make the

area a better place to live, by making grants to a wide range of local charities, organisations and projects which make a positive difference to the community.

To date, over 50 organisations within the 73 square miles of Kinross-shire have benefited from an award, with beneficiaries ranging in age from pre-school to the elderly. The Fund is managed by Foundation Scotland and is currently open for applications, with deadlines quarterly on the first Monday of February, May, August and November each year.

Full details, including how to apply via our online application link, can be found at:

www.foundationscotland.org.uk/programmes/kinross-shire-fund

DEPUTY MANAGER PORTMOAK AFTER-SCHOOL CLUB

Are you interested in working with children?

We are looking for an enthusiastic and committed

DEPUTY MANAGER

to help run this fun, inclusive, safe After-School Club at Portmoak Primary School, Kinnesswood.

Term time only, 2.30pm-6.00pm, Mon–Fri

You will require a childcare related HNC or SVQ3 or equivalent, or knowledge/experience and willing to work towards qualification as set by SSSC.

Please email portmoakASC_committee@yahoo.com for more information!



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News

Finding Funding Fast

THE KINROSS NEWSLETTER AWARDS funding every year to local groups and charities that need our help — all our profits go back into the community. Due to the pandemic, there are a lot of other sources offering funding. In these difficult times, you may be wondering where you can turn for financial aid for a community project or group. Whether your group's interest is in the arts, sports, health, volunteer groups, elderly, young, or the disadvantaged, there are many sources available to Kinross residents. We've published a comprehensive list on pp98-101.

Funding Scotland

Find funding for your charity, community group or social enterprise using the online search. From small grants to funding for big capital projects, Funding Scotland can help you track down the funding you need to make a difference in your community. https://fundingscotland.com/

Foundation Scotland

Foundation Scotland offers a diverse range of funding programmes for organisations working to benefit a range of communities across Scotland. Some are Scotland wide. Each has its own criteria and outcomes. Foundation Scotland distribute the funds on behalf of companies, individuals and charitable trusts and are also a leading provider of community benefit funds in Scotland. www.foundationscotland.org.uk

PK Grants Direct Perth and Kinross

Grants Direct is the local one-stop-shop providing information, advice and support to find and apply for funding. You can

REDS Gets A Green Light From Local Businesses

LAST MONTH SAW the official launch of the Rural Enterprise Directory Scotland (REDS) and local businesses are signing up already. The online directory has been designed to help rural businesses connect and collaborate, providing a central reference point for customers, suppliers and visitors to find businesses by geography and sector.

Members will also access enterprise support from Grow-Biz and its partners, receive invitations to exclusive events and even gain financial support, when it becomes available.

One of the businesses signed up to the directory is Joelato, a Perthshire-based business that makes sorbets and gelato using the best local and seasonal ingredients. Its founder, Joe Sykes, says: 'Scotland's rural businesses have faced incredible pressures over the past few months. We are delighted to be part of the REDS Directory. It allows rural businesses to be visible, to connect and to get the support we need to overcome the challenges we've faced.'

Visit *reds.scot* to find out how to sign your rural business up to the directory.

REDS is part of the Smart Village Scotland project powered by enterprise support organisation GrowBiz. Find out more at *growbiz.co.uk*

phone on 0345 605 2000 or email *pkgrantsdirect@pkc.gov.uk*. Visit the website for more information: *www.pkc.gov.uk/pk-grantsdirect*. For local support from PKC, you can also contact your local Community Capacity Builder. To find out more, visit *www.pkc.gov.uk/article/17834/Building-community-capacity*.

Perth and Kinross Association of Voluntary Service (PKAVS)

PKAVS offer support through their community toolkit, funding tool and guide to generating income. Visit http://pkvs.toolkit.sitekit.net/ for more information.

Gannochy Trust

The Gannochy Trust offers a wide range of funding opportunities across Perth and Kinross. To learn more visit www. gannochytrust.org.uk.

B&Q Community Reuse Scheme/In Kind Direct

Both of these schemes donate products for re-use by schools and community groups. For information on B&Q's scheme, visit your local store. In Kind re-distribute all sorts of goods donated by other retailers for a small handling fee. Visit their website for more information: www.inkinddirect.org/

OSCR Groups

OSCR groups which are not recognised charities can apply for charitable status through OSCR. Visit www.oscr.org.uk for more information.





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We hope to welcome you soon!

BE VIGILANT – BEAT THE SCAMMERS!

What To Expect If You're Called By An NHS Contact Tracer

SCOTLAND'S APPROACH TO implementing the 'test, trace, isolate, support' strategy, Test and Protect, is live across the country and is now supported by the release of Protect Scotland, a proximity app for smartphones. Test and Protect is available to download for free, via Apple and Google stores.

If you experience any of the symptoms – high temperature, new continuous cough or loss or change to your sense of smell or taste – you must immediately self-isolate. As soon as you start showing symptoms you should go to www.nhsinform.scot or call 0800 028 2816 to arrange to get tested.

When contacting those who have tested positive, contact tracers will ask them to identify others who they've been in close contact with and places they've been 48 hours prior to the onset of symptoms up until the time they've self-isolated. This information will then be used to identify and contact those identified.

The positive individual will not be



named by the contact tracer in line with patient confidentiality, unless they agree to have their details disclosed to help the contact tracing process.

Importantly, contact tracers will not ask anyone for information about bank accounts or medical records, and they will not try to sell you anything. The data gathered will be stored securely by NHS Scotland and safely destroyed as soon as possible after the pandemic concludes.

Remember:

- Contact tracers will introduce themselves, state the reason for their call, and will always identify the call recipient by name
- Contact tracers will only ask for information about your movements and the people you have been in close physical proximity to
- Contact tracers will not ask for personal information like bank accounts, or medical records and will not offer services to you, or try to sell you anything. They may send a text message or email to provide links to online guidance and support

NEW CHURCH SERVICE 'MUCH APPRECIATED'

Kinross Parish Church has a new midweek service at 10.30am on Wednesdays in the kirk on Station Road.

Church minister Rev Alan Reid said: 'As restrictions on meetings are tightened again, we are thankful we can still worship on Wednesday mornings, albeit under carefully regulated arrangements. The first few of these services have now

taken place and have been much appreciated by those attending.'

All are welcome at these services but contact details must be given to the church office by the Monday. The church office is currently working remotely so please email office@kinrossparish-church.org or leave a message at 01577 862570 and you will be contacted.





MINI CRIME SPREE IN KINROSS

POLICE ARE APPEALING for information after a recent spate of break-ins in the Kinross area. Residents are concerned as local crime continues to rise. One commented on Facebook, 'I would assume from the pattern of these crimes we will see a much higher police presence overnight in Kinross-shire.'

Both Kinross Golf Club and the Raj Mahal were broken into in the early hours of Monday 14 September. The golf club break-in was the first – between 3.30am and 3.45am, according to the police. A man described as white, about 5ft 10, wearing a dark hoody and riding a black and white mountain bike, broke into the club but did not get further than one room, and left apparently empty-handed.

Then, some time before 5.20am, two men broke into the popular Raj Mahal restaurant in Kinross High Street, where they stole cash, a cash register, and wine and champagne worth a four-figure sum. The first suspect is described as white, about 5ft 10, wearing a dark hoody and pushing a shopping trolley, probably used to take away the stolen bottles. The second was also white, about 6ft, wearing light clothing and using a white bike.

A Tayside Police spokesperson said 'While we can't formally link these crimes at the moment, given the time, location and methods used, this does appear to be a possibility.'

Sergeant Michelle Burns, of Kinross Community Police, said: It's understandable for members of our community to be concerned when we have crimes like these in our area.



The Raj Mahal, broken into recently

We have already recovered some stolen property from last week's break-ins. We will continue to patrol the area and it is important that everyone takes steps to ensure their properties and businesses are safe and secure. This is a reminder that criminals are active in every area and we encourage people to access the security advice available at the Police Scotland website, www.scotland.police.uk/keep-safe.'

If you have any information that could assist this investigation, please call 101 or speak with any police officer. Also, information can be given anonymously through CrimeStoppers on 0800 555 111. The reference is incident 0430, 14 September.

BOGUS WORKMEN IN THE AREA?

POLICE SCOTLAND IS ADVISING Kinross residents to be aware of possible bogus workmen in the area.

Incidents were reported in Devonvale Place and Sandport Gait where men approached elderly residents to offer building services. Before money changed hands or work took place, the men left when they realised that the residents had fitted video doorbells after previous incidents in the area.

Some general pieces of advice would be:

- Do not feel pressurised into agreeing immediate work.
 Never listen to scare stories and beware of traders who suddenly appear after storms, floods or even snow and avoid claims that a low price is only available if you sign up right away.
- Do not pay cash up front. Never pay for work before it is completed and don't hand over large sums of money.

- Do shop around if you decide you need work done. Get a minimum of three quotes from reputable traders.
 Consider your local council's Trusted Trader Scheme, administered by Trading Standards to provides a list of reliable local traders to work on your home or garden.
- Do report them. Don't ever feel embarrassed if you feel you have been the victim of doorstep crime. If you feel threatened, unsafe or suspicious of a caller then contact the police **immediately** on 999. If you see something suspicious in your area or want more advice on doorstep crime then contact police on 101, with details of people and vehicles used if possible. You can also contact police anonymously through the Crimestoppers number on 0800 555 111.

More advice on bogus workmen and doorstep crime is available at our website www.scotland.police.uk/keep-safe

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POPPY APPEAL NEWS

WE HOPE THAT this message finds you and your family safe and healthy, despite all the challenges that Covid-19 brings. We want to update you on the Poppy Appeal for 2020, as it won't be quite business as usual! However, many members of the Armed Forces Community are suffering significant hardship as a result of the Covid-19 outbreak, and we must do everything we can to support them during these difficult times. So, the Poppy Appeal is just as important as it ever was, if not more so, and is not cancelled or postponed. We just have to conduct the appeal in an adjusted format. Many planned fundraisers for Services charities, like the local VE Day 75 concert in Kinross High School in May, have had to be cancelled, and all sectors' charity fundraising income has taken a big hit since Covid-19 struck.

Firstly, a bit of background information:

Since 1921 Poppy Scotland has been supporting Scotland's ex-Servicemen, women and their families. Whether a veteran is struggling with a life-changing battlefield injury, psychological trauma, financial hardship, homelessness or has turned to substance abuse as a way to cope, we are here to help.

The Scottish Poppy Appeal usually raises over £2 million each year. In the Kinross collection area, we do really well, collecting a magnificent £6000+ last year, £9000+ in 2018 and £6000+ in 2017. Sincere thanks go to Lynne McKay and her team for running the Kinross area appeal for the last few years. Combined with other year-round fundraising, this enables Poppy Scotland and other service charities like SSAFA – the Armed Forces Charity, to provide casework, tailored support and funding to thousands of ex-Servicemen and women, as well as other vital services in advice, employment, mobility, respite, housing and mental health support. We reach out to those who have served, those still serving and their families, at times of crisis and need, by offering vital, practical advice, assistance and funding. We believe that

those who serve, or have served, whether regular or reserve, are deserving of our support to live life fully, without disadvantage after service, as laid down in the Armed Forces Covenant. No veteran should live without the



prospect of employment, good health and a home, and we all have a part to play in achieving this.

The Appeal

Our first priority, in these unusual and strange times, is to ensure that the national symbol of remembrance, our beloved Poppy, will still be available in as many places throughout this area as possible, whilst balancing this with the safety of you, the public, and our volunteers. Local Veterans and members of the Kinross and District Rotary Club will be helping run the appeal this year. To that end, with our local volunteers, and the help of Poppy Scotland staff in Edinburgh, we have put the following in place.

Schools

Poppy Scotland will deliver directly to local schools, and payment will be made into our area total – so we will not be visiting local schools.

Just Giving

For those preferring this year to make an online donation instead of cash in a tin, then we have set up an online Just Giving page for the Kinross area:

www.justgiving.com/fundraising/ao-kinross

If you prefer this cashless way of giving, please donate – it's very simple.



J.B. ANDERSON



07932468623

I am a Pittenweem fish merchant in Kinross and Milnathort every Friday with fresh fish including haddock, smoked haddock, salmon, seabass, rainbow trout, cod, mussels, lemon sole, pickled herrings, hake & hot smoked salmon.

Other fish available on request and pre-orders.

I also carry artisan breads, seasonal fruit & vegetables, cakes & traybakes along with a variety of specials each week including Cullen skink, mackerel pates & prawn cocktails.

If I do not already come up your street give me a text, or a call and I will arrange to come to your street and incorporate it into my round!

If you are not going to be in, I can arrange an early morning delivery, or I can leave in a cool box in a safe place at a time of your convenience.

Hope to see you all on Friday- listen for the Toot!



Following two successful courses, Kinross Christian Fellowship will be running again:

COVID Update:

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Supermarkets and Shops

Sainsbury's supermarkets will not allow collectors into their stores. However, they will continue to support Poppy Scotland with poppy trays and donation tins instore, and we will arrange that delivery. Other UK chains of supermarkets have different policies, so you might see a poppy seller in a Tesco store in Perth, for example. We will place tins and poppy trays in local shops and outlets, wherever those premises are happy to have us— so you WILL be able to get a poppy from somewhere in the Kinross area. If all else fails, we've got thousands in the garage!

We will all follow the Scottish Government Covid-19 guidelines on social distancing and wearing masks — the latest can be found at www.gov.scot/coronavirus-covid-19 and take other precautions:

General Health and Safety Guidelines for collecting

- Using gloves when handling items.
- Washing hands regularly and at least for 20 seconds.
- Following the requirements of supermarkets and shops at all times.
- Encourage online payments instead of cash on our JustGiving page as mentioned above.
- Limit the handling of cash and products.
- · Maintain social distancing.
- Not handing products to members of the public, or pin poppies on to lapels.
- Quarantine items for 72 hours before using again.
- Minimise handling of cash, and quarantine for 72 hours before counting.



Remembrance Parades

All planning is still under review - as this is written - awaiting confirmation from Scottish Government as to what will be permissible, nearer the time, within current guidelines. Things are changing rapidly, as we all know. As soon as firm information is available, we will update you all through local media/churches etc. With Covid-19 restrictions in place, and an ever-changing picture with local lockdowns, several Remembrance Sunday Parades have already been scaled back. At time of writing, and it might well change again, the big one at the Cenotaph in London is only allowing 8 marchers per regiment – usually we would be given 75 places, which shows you how much it is being scaled back. Our local Kinross parade organising committee met on Monday 21 September, and discussed differing scenarios. We will just have to see what is allowed nearer the time, and let you all know through social media and churches.

For more info see www.poppyscotland.org.uk.

So, yes, the poppy appeal will happen, but it will be different. Please support us and wear your poppy with pride. Thank you all for your support. Stay alert – stay safe.

Andy Middlemiss, Poppy Appeal (Kinross area) and Christine Robertson (Milnathort and Glenfarg area)

KYTHE Shows The Way

While many groups had to stop during lockdown, KYTHE (Kinross-Shire Youth Enterprise) continued with both Barry and Gillian working full-time. They adapted to the changes required of Covid-19 lockdown and conducted many of their regular activities online via YouTube, Zoom meetings and Instagram.

With lockdown easing, and in line with Youth Link Scotland (the national agency for youth work) recommendations, Barry, Gillian and other members of the Trustees and Management Committee made plans for the young people to return to KYTHE, albeit in small numbers with pre-arranged appointments.

Recent recommendations from Youth Link Scotland* have advised 'carefully controlled groupwork activities (with up to a maximum of 30 children, young people and youth workers) or one-to-one youth work could be delivered in an indoor (and outdoor) setting.' This is excellent news for the young people of Kinross-shire as we seek to provide various opportunities for them, such as the ever-popular art workshops, youth band and the new KYTHE Captures.

With all the changes going on, it is important that young people feel supported. As a result, KYTHE have started a weekly blog available through our Instagram page #kytheemotionworks

We are also delighted to welcome to the team our new administrator Julie, who started with us at the end of June. We are already appreciating her skills. Our website is up and running, and can be accessed at www.kythe.org.uk

Instagram: @instakythe
Facebook: @KYTHEbook
Twitter: @tweetKYTHE



KYTHE offer many opportunities, including a youth band

YouTube: KYTHE TV

Email: office@kythe.org.uk

*Correct at the time of newsletter deadline



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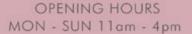




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SWANSACRE IS BACK!

AT SWANSACRE, THEY ARE delighted to be back doing what they do best – playing! Natalie, Ali, Faye and Heather were delighted to be able to open their doors to the wonderful wee ones of Kinross-shire again on 17 August, and invite them to explore the changes they have been making to their outdoor space.

The garden (or 'the park' as one of the children called it) has always been a favourite place at Swansacre. Last year, thanks to an award from the Coop Community Fund, all play leaders attended courses on the undisputed benefits of outdoor play, and at once began making plans to develop areas to enhance different aspects of play.

A small band of volunteers and tradespeople, headed by manager Natalie and committee secretary Lesley, spent several weeks before re-opening creating some of these, and staff are keen to show off the results!

Sensory Area: a space to chill, to watch the butterflies at the buddleia, to listen to stories, to catch the water from the fountain, to enjoy the smells from the herb garden, and maybe sample a few.

Dinosaur World: Swansacre children know their herbivores from their carnivores! Their imagination and knowledge combine to create habitats, providing food and shelter for these ancient creatures... and a few battles!

Construction Area: endless enjoyment in moving stones with tools or vehicles, and the mechanical digger and stone quarry is helping to develop excellent co-ordination. Hard hats recommended!

Loose Parts Store: all sorts of bits and pieces to encourage discovery, inventiveness and creativity. Planks, pipes, cable drums, balls, buckets... children provide the imagination.





Fairy Garden: if you were a fairy, wouldn't you want to live at Swansacre? We love to leave fairy food of berries and leaves out on the toadstool tables... they're always gone by morning.

Water Kitchen: What's not to love? Taps, pump, funnels, drainpipes, pots, pans, and best of all – water! Lots of early science and maths skills are developed here.

Little did staff know when they began this process, that their outdoor space would become even more important with the arrival of Covid-19. They are incredibly relieved that their youngest children appear to be the least vulnerable to the virus, but they are taking every precaution possible to ensure that Swansacre is a safe place for them to play, not least spending as much time as possible outside in the fresh air whenever possible, the whole session is spent in the garden. In addition, all children wash their hands on arrival, before and after snack and before they leave. The new outdoor sink has made this a very popular activity!

It was anticipated that the new dropoff routine could be unsettling for the children: in line with government guidance, parents are not allowed into the building (an exception can be made if the child is upset), and the temperatures of carer and child are taken before any child enters the building. Staff have volunteered their spare time to allow parents and carers and new children the opportunity to visit the setting outwith the session times, and the playgroup has introduced personalised picture stones, which are handed to children as they say goodbye to their carer at the door and take with them to the garden - this has proved very reassuring. They have also introduced the Seesaw app, which allows them to send photos and videos of the children directly to parents during the day, allowing them a real insight into their world.

These have been challenging months for Swansacre, but they are now operating a session every day – Adventurers all day on Monday and Playgroup sessions every other morning. Unfortunately, they don't have quite enough children for their wonderful Rising 5s session to be viable one afternoon, but are hoping this will change during the year.

Please contact enrolments.swansacre@gmail.com if you have a child who would like to come and join the fun, and find them on Facebook/twitter/instagram if you would like to see more of what they get up to!

Appeal For Poet's Cottage Repair Fund

THE ANNUAL ILLUSTRATED TALK, scheduled to take place in Portmoak Hall on 22 October, has sadly had to be cancelled, but Trustees continue to be active in maintaining the cottage and garden in Kinnesswood where Michael Bruce, the 'Gentle Poet of Lochleven' was born in March 1746.

This has been a difficult year for the Trust, with income from donations, sales and fund raising events being dramatically reduced. Meeting the annual running costs of the cottage museum is a priority and, in addition, urgent repairs to the roof and necessary repairs to steps and walls in the garden present a particular challenge. In response to this, we are launching an appeal to raise £5000.

We are grateful to Friends of the Michael Bruce Trust and members of the community for their continued support but, at this difficult time, if you would like to either become a Friend or make a one-off donation to the Michael Bruce Trust, please get in touch with Trust Chairman Dr David Munro, Rose Cottage, The Cobbles, Kinnesswood, Kinross KY13 9HL.

The Michael Bruce Trust is a registered charitable trust.

The Michael Bruce Cottage, Kinnesswood



Creative Competition for High School Pupils

FITTING THINGS TOGETHER in our heads at the moment with changing rules over Covid-19 can be tricky, especially for young people faced with the new challenge of having different rules to follow both inside and outside of school, including the need to wear a face covering.

Parable Pod Counselling likes to help people 'fit things together' both in their head space and also in their heart space, and because of this decided that it was a good time to help young people in a creative way.

On 1 September Parable Pod Counselling in Kinross launched an Art and Design Competition for S2 pupils from Kinross High School, in which over 100 young people were invited to design a face covering. The designs are to reflect and 'fit together' the challenges faced by Covid-19 with one of the four values the school aims to instil in its pupils; Ambition, Resilience, Responsibility and Compassion.

Four winning designs will be selected by a panel of judges. Parable Pod Counselling will then have the designs printed on over 100 masks to be used by staff and pupils.

Creativity belongs to all of us and if we the community can 'fit things together' and work together for the good of our head space and heart space, just like the staff and pupils at Kinross High School and Parable Pod Counselling, together



we can face new challenges with ambition and resilience while showing respect and compassion for others.

A gallery of 30 shortlisted designs will appear on the Parable Pod Counselling website https://parablepodcounselling.wordpress.com/art-design-gallery/ and the winners will be announced soon after.

If you are a local business person, charity or community organisation or individual and would like to contribute to the cost of having more masks with the winning designs printed for the school or community, please contact Annie Scrimgeour, Founding Director of Parable Pod Counselling, by email at parablepod@gmail.com.

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PERTH & KINROSS COUNCIL

PERTH AND KINROSS COUNCIL

Notice Of Kinross Community Council By-Election Thursday 12 November 2020



A By-Election is to be held for the above-named Community Council. The by-election will take place on Thursday 12 November 2020 to elect 6 members. Where the number of valid nominations exceeds the maximum number of members for the community council area an election will require to be held.

Persons wishing to represent their community council must be 16 years of age, reside in the community council area and be named on the electoral register for the community council area in which they are standing. A candidate's proposer and seconder must also be named on the electoral register and reside in the same community council area.

To stand as a candidate a completed nomination form, together with a supporting 50-word statement, must be submitted to the Returning Officer at the address below by 4pm on Thursday 15 October 2020.

Nomination forms and copies of the Scheme of Establishment of Community Councils can be downloaded from the Council's website, www.pkc.gov.uk/communitycouncils or from the Returning Officer at 2 High Street, Perth, PH1 5PH, tel: 01738 475004 or email communitycouncils@pkc.gov.uk

Fiona Robertson, Returning Officer (Community Councils)
Dated: 17 September 2020

NOTICE OF ELECTION		Thursday 17 September 2020
Close of nominations and submission of 50 word statement to support nomination	By 4pm	Thursday 15 October 2020
If there are less than 50 % of nominations for the whole community council area received by close of nominations, the Returning Officer shall extend the period for receipt of nominations by 10 days.	By 4pm	Monday 26 October 2020
In the event of more nominations than vacancies being received, publish Statement of Persons Nominated and Notice of Poll		Friday 16 October 2020
DATE OF ELECTION		Thursday 12 November 2020
Counting of Votes Cast (if more nominations than vacancies)		Monday 16 November 2020

Colts Kick Off New Membership Scheme



KINROSS COLTS FC, a community football club and registered charity with 15 teams and over 300 players, has launched a new Members Rewards Scheme to support their local business community and give their players and families the opportunity to save money by shopping locally.

Brian Kenny, chairman of Kinross Colts FC, said that the idea for the scheme came about after seeing how the local community came together to support each other during the recent COVID lockdown.

'The trustees of the club could see that many of our local businesses were going the extra mile for the community by offering a home delivery service and helping NHS workers,' he said.

'As a club, we wanted to help the local business community by encouraging our players and their families to spend their cash at local businesses and give the Kinross-shire economy a much-needed boost after the long lockdown.

We've teamed up with eight of our best local businesses who are all offering discounts to our members. We're sure that the businesses will see a great benefit and we're delighted to

More Colts at Tyrefair

LA CASANOVA

LA CASANOVA

LIGHT

PODD FIRE D

PIEZERIAL

PIEZERIAL

Colts with staff at La Casanova

play a small part in boosting our local economy.'

The scheme was launched last week with the club giving new membership cards to all of their players. The cards can be used to get discounts at The Thistle Hotel, Heaven Scent Coffee Shop and The Wee Barbers in Milnathort and Hunters Butchers, La Casanova Pizzeria, Baillies Newsagent, The Raj Mahal Indian Restaurant and Tyrefair Tyres, Services & MOTs in Kinross.

Omar Azher of La Casanova Pizzeria said 'as a new business opening just before lockdown, it's been nice to come together as a community and by being part of the Kinross Colts scheme, we can give a little back to the people who have supported us during these difficult times.'

Pamela Hunter of Hunters of Kinross Butchers also welcomed the scheme. 'The Kinross-shire community is brilliant and has supported our own local initiative Kinross Heart Start which has installed public access defibrillators around Kinross-shire. Kinross Colts are a great local club who do a lot for the community and we're delighted to be part of their scheme which will be great for the players and their families and the local businesses.'

The club are happy to give other organisations or businesses help to launch a similar scheme. They can be contacted by email at *info@kinrosscoltsfcj.co.uk*

Please contact John Murray if you have any queries:

Email treasurer@kinrosscoltsfcj.co.uk
Mobile 07504 398668.



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Councillor Mike Barnacle

THANKS TO PRESSURE FROM local councillors and the public, following talks between Clackmannanshire Council and PKC we now have a new bus service operating between Stirling and Kinross by First Midland. It is the Service X53 which



runs roughly every two hours from Monday to Saturday. Phone 01324 602200 for more detail. While the timings may not be ideal and the loss of a continuing service east of Kinross to St Andrews is still to be addressed, my message to residents is, 'USE IT OR LOSE IT!'

Notes I made from a virtual meeting with the Chief Executive Officer of PKC on 1 September, 2020 Pilot area committee of PKC for Kinross-shire

Kinross-shire was a former 'county' in its own right with a long history and identity. It is therefore the ideal ward candidate for a 'pilot' area committee of PKC. In June 2019 following a meeting with Lisa Simpson, Cllr Purves and I drafted a pilot scheme of administration, adopted from schemes in other councils, which was sent to her for her views. Nothing happened. I wrote to Lisa on 17/12/19, copied to yourself, pointing out that Kinross-shire Community Council Forum had agree that we should pursue this. Again, no progress has been made. PKC appear in reports to support 'empowering communities' but obstruct attempts to do just that!

Lack of policy @ PKC on maintaining sustainability of rural communities

No response to my letter of 13/6/19, copied to yourself etc, to Murray Lyle!

Ensuring the retention of one bank in Kinross-shire

Note my email to you of 23/5/20 – Bank of Scotland branch closure on hold and to be 'reviewed' after pandemic is over. I am not convinced, however, that their decision on closure will be altered in the long term. It occurs to me, could PKC use their campuses to provide a banking facility in dialogue with the banks?

Pursuit of a rail link from Kinross to Fife Circle (PKC policy)

In 1895 Edinburgh to Perth took 65 minutes, in 2015 it took 71 minutes. The Scottish Government rejected Transform Scotland's proposals for a direct link between Edinburgh and Perth with Perth Station becoming inter-city hub in February 2016. At Full Council in Kinross On 4/10/17, a Motion to establish a Park & Ride station at Kinross to link to Fife Circle at Cowdenbeath by lobbying Scottish Government and Transport Scotland was passed unanimously but officers have singularly failed to pursue this through Tayplan Transport Strategies since. N.B. My letter of 16/5/18 to Newsletter editor.

Restoring the Landscape Designations for the Cleish Hills and Devon Gorge

These Areas of Great Landscape Value were established in the Local Plan 2004 following a community campaign against officer recommendations. (Article in Newsletter Spring 2014).

When PKC reviewed Local Landscape Designations for supplementary guidance to LDP1 they used consultants and a review panel that I participated in. The consultants 'ignored' review panel representation on these areas despite them meeting evaluation criteria and I have sought ever since to get Forward Planning to review their 'flawed' conclusion. I am supported in this endeavour by KCT, Friends of the Ochils, Kinross-shire CC's. Ward elected members, Muckhart CC, Rural Scotland (I am a Council member). You were at SP&R of 29/1/20 when my amendment failed.

Addressing The O/S Crime, Environment & Planning Issues at Crook Moss Gypsy Traveller Site

Applicants have been on site, within Lochleven catchment, since March 2012.

Widespread, almost unanimous, opposition of local members and community, to planning approval on 9/10/13, subject to 17 conditions. Original objections majored on Lochleven catchment drainage, landscape assessment, residential amenity and proximity to settlement boundary. Agent for applicant gave assurances of compliance within 3 months.

Whilst enforcement discretionary, PKC's top priority for same are breaches on environment (Policy EP7 within Lochleven catchment area), public and residential amenity. Drainage still not in place, no portable toilet facilities on site, planners ignored their own landscape assessment that site not appropriate for development, still no adequate landscaping and 'paddock area' is a scrapyard!

Wrote to Barbara Renton on 9/5/18 re landscaping and general site appearance. Nothing was Actioned. This followed Enforcement Report to Committee on 9/5/18 (following reports on 18/3/15, 16/9/15, 13/1/16, 11/5/16, 24/5/17) recommending a closing report once all issues resolved — this last recommendation has been rejected by Kristian Smith! That last report in May '18 was subject of a scathing email to colleagues from me that remains a statement of the obvious and which I sent to Barbara Renton then. It resulted, in due course, with referral to Standards Commission who decided not to investigate officer complaints against me.

At my request a meeting was held on 14/1/20 @ 2 High Street involving Fossoway CC, Police, PKC planners, the gypsy liaison officer and site residents. It achieved nothing!

Current situation – One additional pitch has been formed, with a permanent structure thereon, without planning permission, in original turning area. Occupant of this pitch currently in jail for murder. Residents want enforcement by PKC!

Infrastructure still not in place and private waste water treatment rejected on several occasions by SEPA.

'Permanent scrapyard' in paddock area on edge of Crook of Devon doesn't have planning permission. Site at this end a worsening eyesore on edge of village. This area changing ownership. Only one occupant of 5 consented pitches in residence, rest afraid to return to site. Attempts by myself to contact drainage contractor have been fruitless, latest of a number of dates for connection now 14/9/20. Planning said ongoing enforcement but nothing is happening!

Gipsy liaison officer offered no solutions for site residents. Community Council agree with me that present situation is totally unacceptable. I am aware of interest in the site for affordable housing from neighbouring landowner but planning said this would be very difficult to accomplish.

Other items ward members share my concerns with *viz*Ochil Hills and Lomond Hills Regional Parks creation and extension

See my letter of 13/6/19 to Murray Lyle, copied to yourself. Peter Marshall was to write to neighbouring authorities but I have not had confirmation of this.

Level of housing development in Kinross & Milnathort and its effect on the condition of Loch Leven, its catchment and our local health facilities.

There is real concern here about lack of phasing of large-scale housing development, particularly where mentioned in development plans, putting pressure on the Loch's environment and community services. Raised with Peter Marshall & Roz McCall, Convenor of Planning MOWG that is not meeting, without response to my knowledge. Strong feeling locally that policies to protect Loch Leven and its catchment are not being given due weight by the planning department. There is an urgent need to review the protocol on this involving PKC, SEPA, SNH and I suggest Scottish Water, also Cllr Robertson has had no response to his questions on Lochleven planning policies,

News

in particular why the agreed 10% reduction in housing nos to protect Loch Leven is being ignored?

Litter/Flytipping

Is it possible to have a ward campaign 'Keep Kinross-shire Tidy' or should this be authority-wide? Councillors feel that not enough is being done to combat this through publicity.

Flooding in Drum Area

I have repeatedly asked in submissions to LDP's for the Drum area of Kinross-shire, which has a very high-water table, to be considered for a flood management plan or help with a ditch management scheme, to no avail. On 26/8/20 I visited a resident of Drum who has been flooded twice this year. Have asked PKC officers for site meeting in second half of September!

Surely the Drum area should have recognition of its capacity for flooding! Also, I wrote to Peter Marshall and Roz McCall re house construction on flood plains, particularly encouraging the construction industry to make the ground floor of such housing a garage and not living accommodation. Not aware of any response.

Affordable housing in rural communities of Kinross-shire

None is being built and none scheduled in PKC planning! We have a MOWG for this, not meeting.

Kinross-shire border signage

Introduced as a sub-division of a previous PKC branding exercise, it has proved very popular and could be extended. Given budgetary constraints, would PKC accept a shire CC Forum initiative to raise funding?

Covid-19 Resilience Groups

As I am sure occurred elsewhere in PKC area, Kinross-shire was blessed with voluntary groups helping out in the pandemic and local members are considering how best to harness that goodwill going forward, any suggestions?

Finally, length of planning meetings, standard of reports and so on

This is of concern, particularly the meeting on 1/7/20 which I referred to in my email of 20/8/20. We have a planning MOWG, under Roz McCall's convenorship, but I don't think she recognises the many concerns around planning issues I have previously raised, consequently, it rarely meets.

As a member of the Council of Rural Scotland (APRS), I was involved in the organisation's Submission to Government on National Planning Framework 4 re landscape, etc and have sent a copy to Peter Marshall. If PKC were to embrace their approach, I would be very content and surprised.

Thanks for your time, Karen.

Councillor Michael Barnacle Independent Member for Kinross-shire

Councillor Willie Robertson

Loch Leven Water Quality: As you will know I have been concerned for some time about the increases in algal blooms in Loch Leven and think that the large number of houses being built locally have contributed towards this.



This was a major factor in the refusal of the Persimmon Phase 2 application for Lathro Farm. The Council and other agencies have agreed to try and address these concerns and at a recent virtual meeting of Nature Scotland, SEPA, Scottish Water, Perth & Kinross Council and the Centre for Ecology and Hydrology the following was agreed to be considered;

- Setting a reduced phosphorous loading limit for Loch Leven

 it is currently 10 tonnes per annum
- Require developers to supply information on the additional phosphorous loading their development would cause
- Produce a full report of this meeting for the *Newsletter*

I welcome these actions. Particularly the requirement for major developers to demonstrate that their development will not add to the phosphorous loading of Loch Leven. I am very disappointed that the Scottish government reporter chosen to determine the Pitdownies planning application at Milnathort chose to ignore all the information I supplied him about the water quality issues in Loch Leven. He did not apply the precautionary principle and make sure such applications won't cause additional damage to our loch.

Safer Crossings: There are constant report of vehicles driving over zebra crossings when people are waiting to cross. The crossings in New Road and South Street, Milnathort are particularly bad. I have been pressurising for these and other crossings to be upgraded to Puffin Crossings — especially if like the Milnathort ones they are routes children take to school. The good news is that the Council have now agreed to add these improvements to the capital programme for the next financial year. I will be pressing for these upgrades to be carried out as soon as possible.

Station Road Crossing: I have received complaints about the congestion that builds up at this crossing at certain times in the school day. The need to social distance has reduced the spaces for children and adults waiting to cross here. I have contacted the Council and they will survey the area and try and bring forward measures to ease the congestion. The same situation also exists at Milnathort primary and I have also asked for this to be looked at.

Speeding Traffic: There appears to be a growing problem with drivers ignoring our speed limits. I personally saw a car driving down Burleigh Road, Milnathort and passing the Vehicle Activated Speed sign at over 40mph in a 30mph limit. Speeding is also raised by many residents and is a common topic at community council meetings. The police do carry out speed checks in areas when I request them but I feel we need a bigger drive to reduce speeds in Kinross-shire. I have written to the police asking that they carry out a speeding campaign targeted at Kinross-shire. It should involve seeking speeding information from community councils and local people. The results obtained from each speed check should be published. I think such a speeding campaign would both help to raise the awareness with drivers that speeding is unacceptable and also let people see that the police are active in trying to enforce out speed limits.

Bus services: I am delighted that First Bus are going to introduce a new two hourly bus service linking Kinross and Stirling. This will not replace the number 23 Stirling – St Andrews service but it is a least a partial reprieve. Hopefully the new service will prove popular and First Bus may be persuaded to extend the service to St Andrews. The 56 Stagecoach service through Glenfarg has been substantially reduced to a point where it doesn't really service the needs of people along its route. The Council's public transport unit is actively looking at introducing a service to link Glenfarg and Kinross. This would allow Glenfarg residents to access the Kinross Park & Ride and also attend Kinross for appointments and shopping.

Road drains: I have been looking out for blocked drains whilst out on my bike and have been asking Newsletter readers to let me know of any they see. I am pleased that many that I have reported have now been cleaned out including the ones on the A91 west of Milnathort which were completely solid. I would be grateful if you spot a blocked drain to let me know and I will arrange for it to be emptied.

Councillor Willie Robertson

Councillor Callum Purves

Community Campus Facilities: Copy of letter sent to Karen Reid, Chief Executive of Perth & Kinross Council.

Dear Karen,

I have been contacted by a number of local residents who are regular users

of the outdoor facilities at Loch Leven Community Campus in Kinross, in particular, the football pitches. They have informed me that they are concerned about the fact that, at present, they have been informed that they are unable to access these facilities until Monday 19 October.

In the case of Kinross Colts Football Club (one of the groups that has been in touch), they seem to have a strong case for getting access to the facilities sooner, particularly given that both the Scottish Government and Scottish Football Association have permitted the resumption of outdoor football activity since mid-August.

We are all aware of how difficult the lockdown has been for many, and I think that getting children and young people out for exercise can only be a good thing for both their physical and their mental health. With the nights drawing in, groups like the Kinross Colts will not be able to meet for many more weeks if they are unable to play on the lit synthetic pitches at the Campus.

I note that other local authorities, including neighbouring Fife, have already made their outdoor facilities at community campuses and school available to community groups.

I am aware that some of them have also been in touch with you directly, but I am keen to add my own support to their calls to allow access to these facilities sooner than currently suggested.

Many thanks in anticipation.

Kind regards, Callum

Traffic Lights: I have been contacted by a number of local residents who are concerned about the changes to traffic lights at pedestrian crossings, which are currently operating on a timer. This was not a decision that was taken by councillors but rather one taken by civil servants under emergency powers as a result of the pandemic.

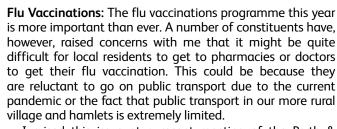
In my view, these changes are unnecessary and, if people follow appropriate public hygiene guidance by sanitizing and hand washing, use of a button to operate crossings (which ironically many people continue to do regardless) presents a limited risk to public health. I think that this risk is one that is outweighed by the disruption that the changes have caused to traffic flows in many of our towns and villages.

Due to specific problems, these changes have been reversed at two crossings in Crook of Devon, but I have asked officers to consider reversing them at all crossings in Kinross-shire.

Drum Speed Limit: A number of lower speed limits are being introduced as part of the Spaces for People programme. Some of these have been requested by communities for some time so this is a welcome development.

Councillor Barnacle and I were recently contacted again about the road through Drum. There is very little in the way of pavement and the whole hamlet is essentially a shared space between vehicles and pedestrians. The hamlet is also often used as a short cut for people trying to get between the A977 and the B907. In addition, with more people working from home, there has been an increase in pedestrian and cycling usage both by people living in the hamlet and those walking through it, and also an increase of vehicular movements due to increased home deliveries.

We requested a reduced speed limit to 20 mph in line with the wishes of residents. Officers have confirmed that they will now add Drum to their list of projects and the new limit will be introduced in the near future.



I raised this issue at a recent meeting of the Perth & Kinross Integration Joint Board that is responsible for health and social care locally. In line with our efforts to deliver more services in our communities, I asked if it might be possible to use village halls and other community facilities to deliver the flu vaccinations. Officers advised that this is something that they were considering and that they would look to offer the flu vaccine as widely as possible this year.

First Bus Service: I very much welcome the announcement of a new two-hourly bus service between Kinross and Stirling that will connect Crook of Devon and Rumbling Bridge. This still leaves several communities in West Kinross-shire with a poor service, however, and my colleagues and I are working with officers to seek solutions to improve connections between our rural communities.

Councillor Callum Purves

Liz Smith, MSP

MY MAILBAG HAS BEEN full of letters and emails from constituents who are concerned at the financial plight facing Scotland's outdoor centres – many of which are now threatened with closure.



Residential experiences have been a feature of Scottish education for 80 years and are highly valued by teachers.

I am delighted to have been afforded the opportunity to lead a debate in Holyrood on 22 September to discuss the situation facing outdoor centres and am also very pleased to learn that a petition to Save Scottish Outdoor Centres has reached nearly 15,000 signatures at the time of writing this column.

This excellent response to the petition shows just how much outdoor education is valued by the public.

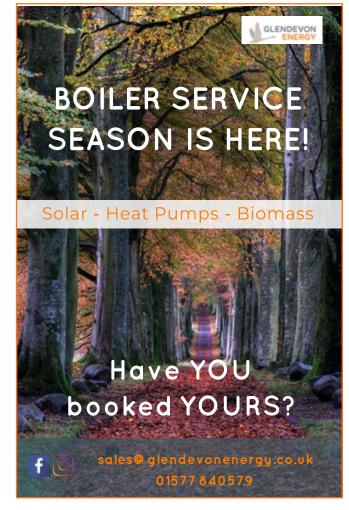
I firmly believe that outdoor education should be a core part of any curriculum, available to all pupils irrespective of their background. There is extensive evidence from educational research that outdoor centres enrich the lives of young people – providing them with a broader knowledge and appreciation of environments and communities other than those with which they are most familiar.

In addition, outdoor centres help build confidence, self-esteem and are great for mental health and engaging pupils. Outdoor centres also teach pupils leadership skills, the need for responsible behaviour and how to deal with new challenges and risk factors.

In an age where there is growing national concern about young people's health and lifestyles, when there is also concern that many children from some of the more deprived areas do not get the same opportunities as their counterparts elsewhere, and when there is concern that some local authorities are currently feeling the need to cut back on this kind of activity because of stringent financial circumstances, I think we need much more cross-party collaboration to develop new policies, which have lasting benefits for which you can't write any curriculum.

It is important to get the message across that many outdoor centres in Scotland face possible closure – I find this deeply worrying. Outdoor centres are crucial and are now needed more than ever during this pandemic.





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Cashmere at Lochleven, Lochleven Mills, Kinross, KY13 8DH Tel: 01577 867 570 enquires@cashmereatlochleven www.cashmereatlochleven.com The fact that the petition to Save Scottish Outdoor Centres has garnered so much support in such a short time shows how important this issue is and I'm looking forward to hearing from other politicians during the debate on outdoor centres at Holyrood.

Anyone wishing to sign the petition to Save Scottish Outdoor Centres should go to the following link: www.change.org/p/scottish-government-save-scottish-outdoor-centres

Liz Smith, MSP

Roseanna Cunningham, MSP

SCOTTISH FOOD & DRINK FORTNIGHT – the annual celebration of Scotland's larder – took place last month and, like so much else this year, it was not as it might normally been.



There has never been a time, however, when it has been more appropriate to highlight, recognise and celebrate the producers and purveyors, growers and breeders, who make up a sector that is hugely important to our economy, who have a well-deserved global reputation for quality of the highest level, and who provide for one of our basic human needs.

This year's theme was 'Local Legends' and that, too, could not be more appropriate.

These are tough times for all sorts of businesses and, like so many sectors, Scotland's food and drink sector has been hit hard by the Covid-19 pandemic. Businesses faced enormous disruption but many rapidly revolutionised ways of working to protect their workforce — we even saw distillers diversify into producing alcohol hand gels to help protect us all.

We have a wonderful range of the most incredible quality food and drink being produced right here on our doorstep and it should be celebrated and supported.

Last month also saw university students returning to campuses. Another step towards a return to normality but one fraught with worry about the impact of large numbers of people moving around the country. And the excitement of new people and new places will, to a large extent, doubtless be under a bit of a shadow in terms of what that might mean in terms of potential Covid-19 transmission rates.

Certainly, the traditional Freshers Week events will have had a very different feel to them this year.

While your typical university student is arriving straight from school, there are many other routes into tertiary education and I have no doubt that the changes that have been imposed on our lives by the impact of the global pandemic will have given many cause to think about taking their lives in a new direction – with further study being one way of starting on that road.

I have been reminded by the Open University about the key contribution they make to Scotland's social and economic wellbeing with students in every parliamentary constituency

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and region. It is interesting to look at some of the figures which show how OU students differ from the traditional perception of a university student.

There are, I am told, 230 Open University students based in the Perthshire South & Kinross-shire constituency. 70 % of them are in employment, 62% receive a part-time fee grant, 21% declare a disability and – importantly – 13% of their students don't have traditional university entrance qualifications.

The Open University really is open to everyone, regardless of age, income, geography or background and with no requirement for entry qualifications.

Food producers, or university students, or people looking for a new path in life, we are all trying to negotiate our way around the changed realities Covid has entailed.

Keep safe and keep following the guidance that is issued.

Roseanna Cunningham, MSP

John Nicolson, MP

I'm sitting down to write this on 11 September. It's a date carved into our consciousness. Around the world, folk are talking and writing about a day which changed history.



People of our generation often tell me they remember exactly where they

were when the Twin Towers were struck, just as our parents' generation never forgot how they learned of President Kennedy's assassination.

On the day, I was in a BBC Television studio presenting live network news. There was a mixed bag of stories: an American hurricane, Palestinian-Israeli disputes over peace talks, and the attempted murder of an opposition leader by Afghanistan's Taliban government. And then suddenly, there was mayhem. A screen across the studio had the wobbly, but unmistakable image of the Twin Towers on it. 'Tell the viewers what they're seeing,' shouted the programme editor. My microphone was live. I began to talk. We now know so much detail about the outrage, it's hard to remember how little we knew in those first few minutes. Eyewitnesses were contradicting one another. Word was going round that it was a light aircraft.

'What's happening?' the director screamed in the gallery. No one knew. Were we witnessing an attack on an iconic landmark or a tragic accident? I posed the question on air. But with no answer to give.

TV stations are lonely places. Whilst dramatic pauses are OK, silence is not an option. I had to talk and keep on talking. And get the tone right. I'd been at university in Boston, and had worked as a speechwriter for New York's senior senator Daniel Patrick Moynihan. I'd lived there for long stretches, and followed American news closely. I was glad I did. My job was to provide live commentary, and it was on a city and society I knew well.

The BBC switched us over to BBC1, interrupting regular programmes as they do for only the gravest events. At 14.04, a second plane crashed, this time into the South Tower. It was United Airlines 175 from Boston. The gallery gave a collective gasp before falling silent for a moment.

I heard my voice say 'a second plane has hit the World Trade Centre in Manhattan. You are watching live pictures.'

That night, off air and at home, I sat up late — like viewers across the world — gripped by the unfolding events and deeply moved by what I'd seen and broadcast. My time on air had felt dreamlike, with hours passing in an instant, and yet individual moments seeming to linger endlessly.

And now, nearly two decades on, people sometimes ask me what I remember most about the day and it's always the same image which recurs. It's the people jumping.

John Nicolson, MP

Police Box



Suicide Prevention

Suicide Prevention Day (in September) was a reminder that we can all save a life by talking openly and asking someone if they are thinking about suicide if we are worried about them.

We know that most people contemplating suicide do not want to die – they want to end their pain. Talking openly about suicide reduces the risk of death. Police Scotland are committed to helping to reduce preventable deaths in Scotland. In 2018 there were 784 deaths by suicide in Scotland. Suicide is a leading cause of early death, with men three times as likely as women to take their own lives. Scotland's Suicide Prevention Action Plan aims to reduce suicide by 20% by 2022. This is even more important this year with many people potentially in isolation; as well as the impact on mental health of the Covid-19 restrictions.

The clearest and direct warning signs are behaviours that indicate the person is thinking about or planning suicide, or is preoccupied or obsessed with death.

- Talking/writing about wanting to die or hurt or kill oneself.
- Talking/writing about feeling hopeless or having no reason to live.
- Talking/writing about feeling trapped or in unbearable pain.
- Talking/writing about being a burden to others.
- Looking for ways to kill oneself, such as searching online for suicide methods or seeking access to firearms, pills or other means of suicide.

Indirect Changes in Behaviour

Indirect changes in behaviour may indicate someone is experiencing a mental health problem, which may include suicidal thoughts:

Changes in productivity: Deterioration in performance at work, lethargy in a previously energetic person, new pattern of unexplained lateness or absences, recent inability to concentrate or complete work.

Changes in social functioning: Deterioration in social functioning, withdrawal from colleagues, isolation.

Changes in personality or behaviour: Extreme mood swings, acting in an anxious or agitated way, showing rage, uncontrolled anger.

Behaving recklessly: Increased alcohol or drug use, changes in eating and sleeping patterns, signs of (self-inflicted) physical harm.

Updates

Following the theft of tools from the rear of a van in Glenfarg a 27-year-old male was charged with theft.

Recent Incidents

About 3.30am on 14 September a window was smashed at the Kinross Golf Club in an attempt to gain entry. (CR/24721/20) Overnight on 10 September a silver Land Rover Defender was stolen from a remote property near Milnathort. (CR/24450/20) Between 3.15am and 4am on 12 September a stone was thrown at a moving vehicle near the A977 at Crook of Devon. (CR/24531/20)

About 5am on Sunday 14 September the Raj Mahal restaurant, High St, Kinross was broken into. (CR/24720/20)

Anyone with any information that may be useful should contact Tayside Division on 101 or any police officer, quoting the crime reference number listed at each incident. Alternatively, information can be passed anonymously via the charity Crimestoppers on 0800 555 111.

Police Scotland – local community

Telephone 101 for non-emergencies

Community officers for Kinross-shire:

PC Ben Clark and PC Matthew Ross.

Email: taysidekinross-shireCPT@scotland.pnn.police.uk
Community Sergeant (Kinross-shire): Sgt Michelle Burns.
Community Inspector for Perth South (Strathearn, Strathallan,
Almond & Earn, Kinross-shire): PI Katrina Thompson.

PC Spalding is also on Police Scotland twitter and can be followed on twitter.com/policescotland or @Kinross

Twitter: @KinrossPc or twitter.com/policescotland **Facebook:** www.facebook.com/PoliceScotland

Website: www.scotland.police.uk

Rogue Traders - Who Should I Call...

...if I feel threatened, unsafe, or suspicious of a caller?

• Contact the police immediately on 999

...if I see something suspicious in my area, or want more advice about bogus callers?

- Contact the police on 101.
- Try and take a note of vehicle details or registration numbers, and descriptions of anyone suspicious.

...if I want to contact the police anonymously?

- Contact the independent charity Crimestoppers on 0800 555 111. You can also visit their website at www. crimestoppers-uk.org
 - ...to find out more about home safety services?
- When circumstances allow, contact your local council for more information. Depending on your circumstances, you may qualify for a free security alarm.

Ways of Following the Police:

Twitter: @KinrossPc or twitter.com/policescotland Facebook: www.facebook.com/PoliceScotland Website: www.scotland.police.uk

Community Watch

Receive email alerts about criminal incidents in your area, crime prevention advice, flood alerts and much more by signing up to Perth and Kinross Community Watch.

The range of information received can be tailored individually; each person signing up can choose which partner agencies they would like to receive messages from. Visit this website for more details: www.pkcommunitywatch.co.uk

Crime Stoppers 0800 555 111

This is a free phone number (unless you are using a mobile phone), which any member of the public can contact at any time if you have information relating to a criminal activity of any sort. It is, if you wish, confidential and you cannot be contacted if you choose to remain anonymous.





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Features

New Spin on a Kinross Family Firm



A RECENT GIFT of documents relating to one of Kinross's earliest textile manufacturing companies has prompted Museum volunteers David Munro and Janet Mullan to explore an enterprise developed over at least four generations by the Beveridge family.

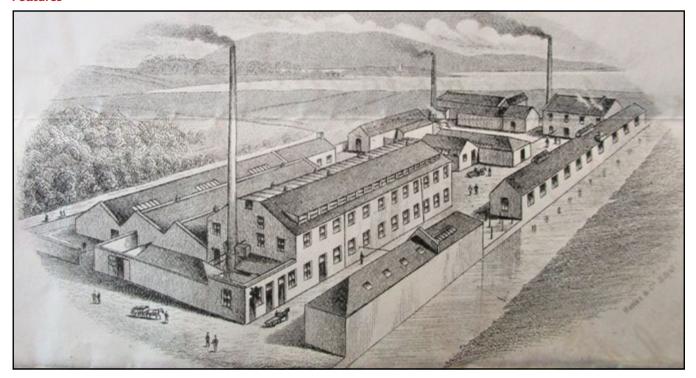
On entering the Museum Study Room after nearly six months of pandemic lockdown, a small parcel was found sitting on the table nearest the door. Posted in Victoria, Australia, by Michael and Ivana Noonan, it was found on



opening to contain 140 neatly folded receipts associated with the Kinross woollen manufacturers W & R Beveridge & Company. The Noonans had helped clear out the house of recently deceased friends and neighbours, Tom and Daphne Spencer, who may have had these documents handed down to them through the family. The receipts, mostly dating from the 1880s and 1890s, had found their way back to Kinross after more than a century.

In 1846 a spinning mill, one of the first in Kinross, was erected by the Kinross Spinning Company at Bridgend on the north bank of the South Queich. This enterprise was managed by Robert Beveridge (1813-82), who in the early 1860s went on to create with his brother William Beveridge (1808-68) a textile firm known as W & R Beveridge & Company. Described as woollen manufacturers, they produced shawls and other woollen goods employing 30-40 weavers. The next generation, William and John Beveridge, took over the firm renaming it W & J Beveridge & Company. William's sons Robert (1840-1902) and John (1845-1907) successfully continued and expanded the business, with John eventually serving as second Provost of Kinross in 1894-1902.

The next generation saw John's sons William and Robert take over the business but tragedy was to strike during the First World War when Robert, by then resident in Canada, was killed in action in September 1916 serving with the 1st Canadian Mounted Rifles. Two years later, in March 1918, Robert's elder brother William, a senior partner in W & J Beveridge & Co. and 13 years a Bailie on Kinross Town Council, was also killed in action. He had been wounded three times in addition to being gassed.



Held in high regard by all in Kinross, he had been presented with a wrist watch by the mill staff on the eve of his setting off for the Front.

The factory and dyehouse were eventually closed in the mid 1930s to be replaced by a mushroom factory owned by John Beveridge (1884-1970) who lived at Achaneoir in Station Road.

One of the receipts in the bundle sent to the Museum from Australia, dating from 1887, has a magnificent letterhead illustration of the vast mill complex with Loch Leven in the background. This image was engraved by the Edinburgh engravers Banks & Co. who operated from the Grange Printing Works in Causewayside with a head office in George Street. These new additions to the Museum archive shed light on the activities of the Beveridge family business which played an important part in the life of Kinross for over a hundred years.

Professor David Munro Kinross (Marshall) Museum

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ALWAYS ONE STEP



MANY OF YOU WILL KNOW and love Avant Garde on Kinross High Street as a go-to destination for food, gifts and furnishings. It is well-known for its happy and welcoming atmosphere even in these challenging times.

The business has been on the go for just over two years during which it has moved from relatively modest premises, and endured the challenges and rigours of a total re-



Avant Garde's relocation has cemented their position as Kinross' leading destination for all things tasteful and interesting

furbishment of the former RBS premises at 55 High Street. So where did the journey start? Fiona and Stuart, the owners, have lived locally for over 8 years. They identified a niche for a gift-oriented business in the area and with a wealth of business experience behind them, took the plunge in mid-2017, opening as a gift shop at 153 High Street in July 2018.

With a view to delivering more for the good citizens of Kinross and beyond, the owners quickly grasped the expansion nettle; hence the move to 55 High Street. It was by no means plain sailing, but the transformation is plain to see with the addition of a café/tearoom, a takeaway, and a broader range of gifts and furnishings.

Opening on October 31, 2019, the re-modelled business took off and then, lockdown struck. However, the owners took this in their stride and, with government support,

AHEAD OF THE PACK

sought to continue to deliver a service to local citizens – including the promotion of their online gift service with free delivery (by hand no less) and the establishment of a food delivery service embodied by the very popular 'afternoon tea in a box'.

Both services remain as core elements of the business, but Fiona and Stuart are delighted they have been able to re-open and welcome back their customers.



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Over Dalkeith Stables, Rumbling Bridge, Kinross, KY13 $0\mathrm{PT}$



It hasn't been an easy process, but the owners have fully embraced (and gone beyond) government guidelines to look after both customers and staff. Indeed, despite the prevailing challenges, the business is delighted to have added to staff numbers and further broadened the product offering.

It's been an exciting journey but it isn't finished yet! Join them at 55 High Street or at www.avantgardegifts.co.uk and www.avantgarde.cafe.

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Poet's Corner

THIS MONTH'S POEM is from Bel Maclean, who has sent us two short odes on the theme of life during lockdown. If you're an aspiring poet with something to say, why not share your words with our readers? **Email us at** *editor@kinrossnewsletter.org*

Locked-down Poet

my muse is hiding in lockdown and left me to curse and frown bereft of adjectives, even a noun I am having a complete breakdown without inspiration I am a clown now there is no hope of renown just wine in which my woes to drown

Bel Maclean

Inconvenience

Padlocked,
left to decay,
if not demolished
maybe converted —
a dez rez, a boutique,
surely a micro-brewery
is taking the piss?
What is a punter to do
when nature calls?
Stranded and desperate
all because the council
will not spend a penny.
Now it has to be a Tena!

Bel Maclean



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E-bike, come...

Vincent Johnston waxes lyrical about the benefits of E-cycling

IF YOU'RE LOOKING FOR something different to enhance the quality of your mind, body and spirit, then e-biking may just be for you.

I'm still a relatively newbie when it comes to e-bikes but I'll explain why I decided to join this global community and why I chose a particular brand.

I've had bicycles and motorcycles my whole life and have always had a passion for two wheels. I had been out of motorcycling for a few years and after watching many YouTube motorcycle reviews, could feel myself being pulled back in. The problem was I don't have a garage. I wanted to experience the joy of motorized two wheeled transport again but I needed a bike I could physically pick up and keep indoors.

The solution: an e-bike. I started to realise how many advantages an e-bike has over a conventional motorbike. Because of the weight factor, I would be able to take it on a train or tram and venture much further afield. I could join the Cycle Touring Club and meet other cyclists and join up for cycling holidays. I would also have the motivation to explore places I had never been to before.

As a form of exercise, an e-bike would help me burn off much needed calories and enable me to go on much longer rides as they are designed to help eat up any hills on a road trip.

I wanted to combine e-biking with my passion for vlogging (video blogging) and photography and I would be able to start producing e bike tour vlogs on YouTube, encouraging others to take up biking and visit new places of interest.

I also felt it was time that I joined the 21st century and invested in my first electric vehicle, which would help save the planet and help me cut down on car fuel prices which are just rocketing.

Once I had made the firm decision to get an e-bike I had to research brands, as I knew nothing much about electric bikes. I narrowed the search down to a road runner style bike rather than a mountain off roading bike or an electric tricycle.

Being an ex-motorcyclist I was attracted to the new Triumph Trekker GT. I wanted to do something to support the motorcycle industry and as I had never owned a Triumph motorcycle, I wanted to join the Triumph community. I was attracted to the slim design and beautiful colour scheme. It was a lovely looking machine! I had to go to Edinburgh to collect the bike, and then started teaching myself how to make the thing go.

An e-bike is quite simple to operate. Some have a twist grip that allows you to just go on electric power and many just give you power assistance when you pedal. One advantage an e-bike has over a conventional motorcycle is that if you do run out of power on the road, you can at least cycle your way to your destination and charge up the battery.

After adding all the accessories, my maiden test voyage was going up the hills of Milnathort and you can imagine my amazement of cycling up steep hills effortlessly – the torque of an e-bike is insane.

As I write this, I am one of Scotland's first owners of the Trekker GT and I soon went about shooting a couple



Vincent with his e-bike

of vlogs on YouTube to explain how to operate the bike and my first impressions. I then tried doing my first weekly shop on the Trekker which was a return trip to Cowdenbeath. I did work out that I was saving approximately £5 a week on fuel costs by making most of my shorter trips on two wheels. Out of all the bicycles and motorcycles I've owned, I can say the Trekker GT is the best bike I've ever experienced.

My future plans are to produce an e-bike tour vlog on Loch Leven to highlight some of the cafes, farm shops and places of historical and ornithological interest that e-bikers and cyclists can make pit stops at. I'd also like to experience taking the e-bike on the train into Edinburgh to see if this could be a viable alternative to commuting by car. And I'd like to do a cycling holiday in Harris, Outer Hebrides, as it's the perfect destination for e-bikes with terrific hills and breathtaking scenery.

I'll finish by saying what e-bikers said to me before I caught the bug – if you haven't tried it, you've got to try it!

Vincent Johnston

The Newsletter on Facebook

We use our Facebook page to announce:



- · our deadline and publication dates
- what's in the next issue
- reminders of some local events
- · occasional breaking news

'Like' our page to be kept informed. Search for 'Kinross Newsletter' or go to:

www.facebook.com/kinrossnewsletter

Health & Wellbeing

2020 FLU VACCINATIONS

News from the Health Centre



WE ARE PLEASED TO be able to bring you news regarding our 2020 flu vaccination programme which will begin in early October and our appointment booking line is now open. Please call us on 01577 862112 to book your appointment and protect yourself from seasonal flu.

Please be aware that due to the volume of calls being handled it may take longer than normal for your call to be answered. Our team is working hard so please be patient and bear with us.

Due to the on-going Covid-19 pandemic our clinics will run differently from those held in previous years and patients who have been vaccinated before will see some essential changes.

We will have strict Covid-19 precautions in place to ensure the protection of you and our colleagues including:



- Social distancing measures;
- One-way systems for the flow of people inside the Health Centre;
- No toilet facilities;
- External waiting space only please do not arrive early unless you are able to wait outside until your appointment time and please do wear weather appropriate clothing and bring an umbrella!

Only patients with pre-booked appointments will be seen for flu vaccinations on published vaccination days. Patients with any other medical problem which requires attention on that day should contact NHS24 or Fife Primary Care Emergency Service on 111.

The information below provides details on how each practice will operate their clinics.

ORWELL MEDICAL PRACTICE

(Drs McCracken, McInnes and Osborne)

Flu Vaccination Day:

Monday 5 October 2020

Vaccinations for:

- those over 65; and
- those between 15-64 who have been eligible in previous years due to chronic health conditions.

Patients between 50 and 64 will be contacted later in the year in line with Health Department guidelines.

Vaccination day is for flu immunisation **ONLY** and no other vaccines will be given.

On arrival at the Health Centre, whether by vehicle or

on foot, patients should follow the signs and wait in Car Park A where our team will be available to provide further guidance.

We are also offering a drive-in service only for our patients with limited mobility. Please inform us when making your appointment that this service is required. Upon arrival you will be directed to a specific parking zone where you will receive your vaccination within your vehicle.

If you are unable to attend on 5 October we will be offering three alternative clinics each week throughout the autumn.

For all appointments please contact us on 01577 862112.

ST SERF'S MEDICAL PRACTICE

(Drs Coy, Cunningham, Dalgety, Frew, Lingard, Pattison, Reid, Richmond and Smith)

Flu Vaccination Day:

Saturday 3 October and Sunday 4 October

Saturday 17 October and Sunday 18 October

Other dates will be offered as safety of staff and patients allows.

Vaccinations for:

- those over 65; and
- those between 15-64 who have been eligible in previous years due to chronic health conditions.

Patients between 50 and 64 will be contacted later in the

year in line with Health Department guidelines.

Vaccination day is for flu immunisation **ONLY** and no other vaccines will be given.

Patients should contact 01577 862112 to book an appointment. Please inform our team of any mobility issues you have to enable us to book you in to the most appropriate clinic.

On arrival at the Health Centre patients should park in the main car park and they will be directed to the correct area by our team.

EMERGENCY CONTACT NUMBERS

Kinross Kindness		Perth & Kinross Council (PKC)	
Community information and support	01577 212 036	Customer Service Centre (Mon- Fri, 8am-6pm)	
Medical			01738 475000
Loch Leven Health Centre	01577 862112	Reporting non-emergency Road and	
Loch Leven Health Centre Out of Hours	01577 865252	Lighting faults (CLARENCE)	0800 232323
NHS 24	111	PKC Out of Hours emergency numbers	
Perth Royal Infirmary main switchboard	01382 660111	Adult care services	0345 301 11 20
Perth Royal Infirmary		Anti-social behaviour helpline	01738 476173*42*
(Admissions and Enquiries Desk)	01738 473734	(*42* telephone and leave a voicemail)	
Ninewells Hospital, Dundee	01382 660111	Child protection	01738 476768
Victoria Hospital, Kirkcaldy	01592 643355	Council housing emergency repairs	01738 476000
Queen Margaret Hospital, Dunfermline	01383 623623	Dangerous buildings	01738 476476
Rowlands Pharmacy, Kinross	01577 862422	Environmental Health	01738 476476
Davidson's Chemist, Milnathort	01577 862219	Flooding	01738 476476
Police, non-emergency	101	Homelessness	0800 917 0708
Police, Fire, Ambulance & Coastguard Emergencies 999		Mental health services	0345 301 11 20
		Roads (e.g. reporting blockage)	01738 476476
Gas (worried about gas safety)	0800 111 999	Traveline Scotland	0871 200 22 33
Water (loss of supply, foul water emergence	y) 0845 600 8855	Loch Leven Community Campus	01577 867200
Floods SEPA Floodline recorded messages	0345 988 1188	Kinross High School	01577 867100

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New M.E. Support Group For Perth And Kinross

IF YOU OR YOUR FAMILY are affected by ME (Myalgic Encephalomyelitis) or fibromyalgia, then the new Perth and Kinross ME Support group may be for you. Six local individuals who have one or both of these conditions have recently got together to provide mutual support, to chat about what helps (and what doesn't!) and to campaign for improved services and reach out to others who are isolated by these two related conditions.

Any mention of ME is frequently met with blank stares. Some may think that it's a sort of psychological problem whose symptom is tiredness and, to be fair, many doctors used to think the same way.

However, recent research has started to identify what's really going wrong, and it certainly isn't, as one lady memorably suggested, 'all in the head'.

On the contrary, it's a complex organic disease which affects many parts of the body including the brain, heart, muscles, digestion and immune system. It usually occurs after a viral infection; some people get a virus and just never get better, becoming permanently disabled with severe fatigue, pain, cognitive problems and sleep disturbance.

There are no effective treatments and no cure. The severity of ME varies: it's rarely fatal but only about 10% of patients are able to continue working, and about a quarter of all sufferers are confined to the house or bed.

The number of people affected is unknown, but in the

Perth and Kinross area it's probably in the region of 300-600. Patients with ME very often also experience fibromyalgia, a condition typified by muscular pain but sharing the fatigue and cognitive 'fog' of ME.

Both ME and fibromyalgia occur more frequently in women than in men and children are sadly affected too. Fibromyalgia can occur without ME and people suffering from only fibromyalgia are just as welcome in the new group.

Since ME usually starts with a viral infection the ME community is asking 'will Covid-19 bring more cases?'. No one knows, but the indications at this point in the pandemic are not good. An NHS report recently stated that about 10% of Covid-19 sufferers in England are developing long-term complications caused by the virus. Only time will tell whether these patients eventually recover their health or remain permanently sick and if they do have an ongoing illness it's far too early to say whether this will be ME as we know it or a new – but similar – disabling illness.

But as far as the new support group is concerned it doesn't matter. Covid-19, ME or fibromyalgia: if you or your loved ones need support through long term illness then Perth and Kinross ME Support would be happy to hear from you.

Contact Stoo Brown (stooibrown@yahoo.com) or search for Perth and Kinross ME Support on Facebook.



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CORONAVIRUS: PUBLIC INFORMATION

The Government and NHS are well prepared to deal with this virus.

You can help too.

Germs can live on some surfaces for hours. To protect yourself and others:

- Always carry tissues with you and use them to catch your cough or sneeze.
- Bin the tissue and, to kill the germs, wash your hands with soap and water, or use a sanitiser gel.

This is the best way to slow the spread of almost any germs, including Coronavirus.

If you have arrived back from China or specified countries within the last 14 days, follow the returning traveller advice

Check the list of countries and find out more at nhsinform.scot

LOCAL CHEMIST INFORMATION



Rowlands Pharmacy, Kinross

 Mon-Fri
 9am-6pm

 Saturday
 9am-5pm

 Tel
 862422

Davidson's Chemist, Milnathort

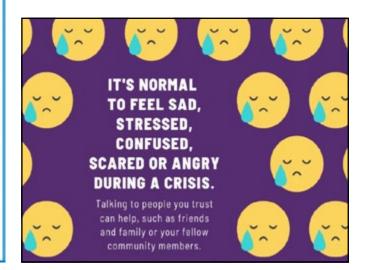
Mon to Fri: 9am-6pm (Open lunchtime)

Saturday: **9am-12.30pm** Tel: **01577 862219**

Sundays: The nearest open pharmacy is

Asda, Dunfermline





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Why Worry?

WINNING WAYS by Jo Middlemiss

ONE DAY, PRE COVID-19, a woman was waiting in a busy airport for her delayed flight connection to New York. She had resigned herself to a long wait, bought herself a book, and a packet of biscuits. She found a seat, and settled down to wait. Just as she was getting engrossed in the story, a well-dressed man came and sat down beside her. She was shocked when she sensed him reaching out and helping himself to one or two of the biscuits.

Being British, she didn't want to say anything, but started munching on the biscuits herself. She wanted to let him know in no uncertain terms that they were her biscuits. But the resolute and bold thief was not put off, and kept on helping himself. It was becoming a bit of a competition, and she ended up eating far more biscuits than she wanted, so determined was she not to let him away with his cheek!

Finally, the bag of biscuits was almost finished. She was intrigued by now, and wondered what he would do next. With a lop-sided grin he picked out the last biscuit, broke it in half and offered it to her. As she grabbed it from him, her flight was called. She glared at him and flounced off to her departure gate. Still fizzing about what had happened, she settled down for her long flight.

On opening her cabin bag, imagine her consternation to discover her very own pristine packet of biscuits. 'If mine are

here,' she moaned in disbelief, 'those other biscuits must have been his!'

I wonder how often it happens that we absolutely believe that something is true, but discover in an embarrassing way, like the woman in the story, that we are completely wrong, couldn't be more wrong, and we have absolutely got the wrong end of the stick. Sometimes, nobody needs to find out, and you can quietly be embarrassed by yourself, or sometimes, like on reality TV or in Parliament, the whole nation shares in your mortification.

It's worth thinking about though. Have you ever been completely misunderstood and didn't know how to defend yourself because the other person's views were so entrenched? How often are we so sure that we are right that we simply cannot see another point of view? We cannot see it until it is proved to us that we are wrong. Wouldn't it be better to keep our mind open in the first place, open to the idea that there might just be another way of seeing things? The mind is a bit like a parachute, it definitely works better when it's open!

You don't need me to tell you that this is a strange old time that we are living through; a unique time, because none of us has ever gone through a time like this. There is an atmosphere of fear around. It had abated for a while, but it is rearing its head once again. The thing to remember is that the body is fitted out to deal with fear. We need it to get ourselves out of trouble or real danger.

I'll admit that uncertainty does confuse the issue, but many people are so full of anxiety and fear that it actually stops them functioning normally. FEAR can be thought of as:

False

Expectations

Appearing

Real

Mostly, we worry about things that will never happen. Worry is so boring, and I can never get anyone to tell me if worry ever helped a situation that was being worried about. And yet most people do it. What if this or that happens? What if I fail? What if I succeed? What if it rains? What if they don't come? What if they do come? Round and round, spiralling down the rabbit holes of things that may or may not happen. A couple of Chinese proverbs come to mind:

Worry is like riding a rocking horse. It takes a lot of effort and gets you nowhere.

You can stand on top of a mountain with your mouth wide open for a very long time before a roasted duck will fly into it!

How many parents send their children off to school and say: 'Take a risk'. No, it's far more likely that they will say 'Take care.' I know, I have done it myself, but is it sending them off with a sense of adventure, or a sense of caution.

Let's use October for positivity and creativity, whilst being realistic and sensible. Ask yourself if there is another way of looking at this, or are you resolutely chomping through another person's biscuits?



PKAVS Carers Events



We are PKAVS – a dynamic local charity with a Big Heart. From carers young and old to adults recovering from mental ill-health, minority communities, volunteers, and voluntary groups, we work tirelessly throughout Perth and Kinross to improve wellbeing, connect communities, and help people to realise their potential.

We are currently unable to hold the Kinross Carers café, which was previously held in the Community Campus. PKAVS Carers Hub are are setting up Carer Zoom sessions.

For queries about the sessions please contact Kathleen Murray, Carer Community Development Worker Tel: 01738 567076 Mob: 07591 760625 Email: Kathleen.murray@PKAVS.ORG.UK

Kinross Carers Social Group

October Dates for the Diary

7 October

Walk and a lunch Venue and time to be confirmed.

23 October

Rosemary will be joining us for a therapeutic session of Learn To Relax at 13.45 – pamper yourself with a hand massage 13.30 -15.00

28 October

Mindfulness session with Lynne Crow 2pm

November Dates for the Diary

4 November

Day trip with lunch and drinks

OR

If we are unable to book any place due to restrictions, you can choose what you would like to do. For example a quiz, a mindfulness session or arts and crafts?

Ferry trip along the Forth followed by a nice meal in local restaurant

OR

Let's put our talents to good use by recycling wine bottles, empty cans and making some beautiful art work. (I will need confirmation that you would like to attend so I can send materials out to you.)

25 November

Mindfulness session with Lynne Crow 2pm

25 November

Glasgow shopping trip and meal at Qua Italian Restaurant

OR

Let's put our talents to good use by recycling wine bottles, empty cans and making some beautiful art work. (I will need confirmation that you would like to attend so I can send materials out to you.)

Activities via Zoom

October Dates for the Diary

BOOKING IS ESSENTIAL FOR THESE ACTIVITIES

20 October

Cheeky Wee Quiz 10.30 - 12.00

Lucky Winner Will Receive Small Prize

23 October

Mindfulness with Pauline Tanbini at 11am 10.30 – 12.00

3 November

Xmas Card Making, Part 1 With Elaine at 11am

17 November

Xmas Card Making, Part 2 With Elaine at 11am



Kinross Kindness Continues!



WITH THE NEW RESTRICTIONS now in place, many people may be feeling more socially isolated and unable to visit friends and family again.

Kinross Kindness are still here to support you.

They said 'We know that not everyone wants to go out in these uncertain times, and we want you to know that we are still here for you. We also love to chat so if you'd like a friendly call we would love to chat with you about anything at all.'

Their phones are manned from 11am until 3pm but you can still call at any other time and leave a message and

they promise to get back to you.

For prescriptions, shopping from any local shop or supermarket (they can do a big shop, a little shop, pet food or if you just want a loaf of bread or a pint of milk they can get that for you) give them a call on 01577 212036.

You'll also find a support request form on their website www.kinrosskindness.com.

They are just a phone call away and would love to hear from you, so if you are feeling isolated, pick up the phone and you can talk to someone.

A MESSAGE FROM THE HEALTH CENTRE

At all times but particularly during the Covid-19 outbreak, it is very important we maintain, as far as possible, our illness prevention and early intervention services.

For that reason the Health Centre remains open and the team is working extremely hard to provide you with continuity of care whilst ensuring that we all remain safe and well.

Please be reassured we are here

for you. If you suspect you need to go to A&E for urgent treatment, please do not hesitate. We urge you to continue to follow the government's guidelines to keep everyone safe.

To achieve this we are operating in new and exciting ways with only a limited number of patients actually being seen within the Health Centre. We have spoken to many of you on the telephone and seen some of you either for video or face-to-face consultations when we needed to

examine you or to carry out important blood tests safely.

Should you have a clinical concern unrelated to Covid-19, please do not hesitate to call the Health Centre and an appointment will be made for you to speak to a clinician over the telephone or to have a video consultation appointment. We are even carrying out some preliminary consultations and providing help from photographs being sent in to us by our patients.





CORONAVIRUS

WASH YOUR HANDS MORE OFTEN FOR 20 SECONDS

Use soap and water or a hand sanitiser when you:

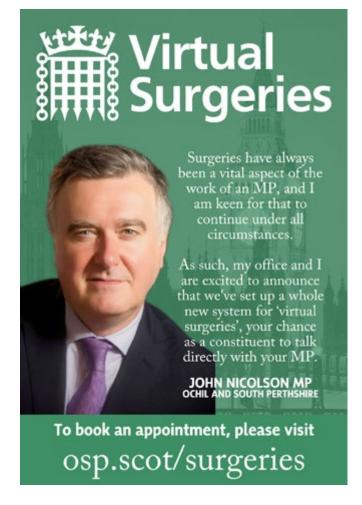
Get home or into work

Blow your nose, sneeze or cough

Eat or handle food



For more information and the Government's Action Plan go to nhs.uk/coronavirus









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Community Council News

The Community Council News is based on draft minutes of local CC meetings. Full draft minutes are posted on local websites and notice boards. Please note, the Community Council News is not a verbatim reproduction of CC minutes. Where there are two months' worth of reports, there will be a considerable amount of editing.

Milnathort And Orwell Community Council

News from the September Meeting

Present at the meeting held on 10 September were Community Councillors (CCllrs) C Williams, M Thomson, E Rougvie, S Colebourn, Cllr C Purves and W Robertson, and two members of the public.

Apologies were received from CCIIr A McCrae.

Police Matters

CCIIr Colebourn advised that there had been a change in police personnel locally and that he would invite them to attend future meetings.

Matters Arising:

CCTV: Kevin Heneghan, a member of the CCTV sub-committee, advised that a property owner in New Road had offered to help with the mounting of CCTV cameras to provide coverage of the areas historically targeted by vandals. The sub-committee will take this forward.

Pitdownies: The CC wished to minute its dismay and disappointment at the Scottish Government Reporter's notice of intention to uphold the appeal by Springfield regarding the proposed Pitdownies development. It's considered that the Reporter took no cognisance of the 160-plus objections from local residents about the impact the development would have on traffic flow, road safety and local infrastructure, nor the adverse effects on Loch Leven due to the pressure on the waste water treatment plant. Following discussion, it was agreed that the secretary will send out a press release reflecting the displeasure of the CC and Cllr Robertson. Meanwhile, Cllr Purves will contact the appropriate traffic management official to ask whether parking is still to be permitted at the junction of Wester Loan and Manse Road, following concerns raised by a member of the public.

Parking on pavements: The secretary reported that she had received a letter of apology from the company that owned the van blocking the pavement in Auld Mart Road. The vehicle has now been moved. It was noted that parking on pavements is to become illegal in Scotland in 2021.

Core paths group: Kevin Heneghan reported that the group had met with Alistair McLeod of PKC's Ranger Service for a tour of the village and discovered some paths so overgrown that they were completely obscured. A number of people have volunteered to join the group and they will receive training from Alistair once current COVID restrictions are eased. A £500 grant is available to buy PPE and PKC can provide signage for the paths. Meanwhile Alistair is contacting the relevant landowners.

Website: A new website for the CC is currently being developed and will be up and running shortly.

Issues raised from the floor

Speeding motorists: Cllr Robertson has written to the police asking for a 'blitz' to be carried out throughout Kinross-shire.

Drains in Old Perth Road: These have been reported.

Potholes in Church Street: These are to be filled and Cllr Robertson has asked for the whole street to be resurfaced in the next financial year.

South Street crossing: This is to be converted to a puffin

crossing in the next financial year following concerns about motorists failing to stop. Cllr Robertson has also asked that the crossing in New Road be similarly converted.

Congestion in Bridgefauld Road at school drop-off times: Cllr Robertson will ask PKC to monitor this and will report back to the next meeting.

Overhanging hedges: Members of the public are reminded that it is their responsibility to ensure that hedges are cut back and do not overhang pavements. Cllr Purves will ask the relevant official to contact the householder in Perth Road whose hedge is causing problems, especially to the visually impaired. He advised that only in extreme cases will the Council cut down the offending greenery.

Email Correspondence:

Proposal to install two cycle parking racks in New Road as part of Sustrans Spaces for People project. Noted following brief discussion

Foundation Scotland/NET Response, Recovery and Resilience Fund has re-opened for applications between £1000 and £5000.

EventBrite courses available for community-owned businesses. Community Council AGM (October) and preparation of financial accounts.

Consultation paper issued on proposed changes to preapplication requirements in planning. Closes 6 November.

Applications now open for £250K Digital Inclusion Fund. Closes September 25. .

Planning Matters

Applications submitted:

Extension to house and alterations to boundary wall at 14 Burleigh Road, (20/00990/FLL), noted.

Alterations and extension to house, formation of vehicular access and hard-standing area at 14 Tillyrie Mains (20/00974/FLL), noted.

Change of use and alterations to office/store to form dance studio at 27c Stirling Road (in retrospect; 20/00478/FLL), noted

Application to modify condition 6 (landscaping and access) of permission 15/01502/FLL at Mawcarse Farm (20/00893), noted.

Applications decided:

Erection of fence (in retrospect) at 1 The Fairways (20/00736/FLL), approved.

Formation of an access road for a temporary period at Hattonburn Farm (20/00820/FLL), approved.

Other Business

Community resilience survey: CCllr Colebourn reported that he had responded to this. It sought to find out how communities were coping during Covid-19.

Ward 8 meetings: No one from the CC had thus far managed to attend a Ward 8 meeting due to its timing and ClIr Purves said attendance had been disappointing. However, he felt it was important to take up the opportunity where possible as it provided the opportunity to give feedback on the Council's performance.

Covid-19 measures: A discussion took place about some of the measures taken by PKC to make life easier for pedestrians and road users during the pandemic. The





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Council had been given money from the Spaces for People fund and decisions about how to spend it were taken by officials, not elected members. It was felt that some of the measures, including pavement stickers and automated traffic lights, were unnecessary and ill thought-out.

The next meeting and AGM of Milnathort and Orwell Community Council will be held via Zoom at 7pm on Thursday 8 October, 2020.

Any members of the public wishing to attend are asked to email communitycouncilmilnathort@gmail.com.

Kinross Community Council News from the August meeting

Present at the meeting held on 25 August were CCllr W Freeman, CCllr D Colliar, CCllr M McFarlane and CCllr L McKay, Mr Malcolm Wood and Cllr W Robertson.

Apologies were received from CCllr T Stewart, Cllr C Purves and Mrs C Aird, Minute Secretary.

Ratification of Members Co-opted onto the committee:

Prior to commencing the meeting, those present were advised that it was necessary to ratify Malcolm Wood being co-opted onto the CC as a member. This was proposed by CCllr D Colliar and seconded by CCllr M McFarlane.

It was noted that new members were still required for the Council.

Police Report

At the time of the meeting, no report had been received from Police Scotland.

Kinross Town Centre

CCIIr D Colliar commented that it was good to see work recommencing at the Kirklands site, with progress eventually being made. It was also noted that the Windlestrae Hotel had been demolished completely.

Cllr W Robertson updated members re the Clock Tower. He advised that he had written to the owners who were now aware of the situation with the clock being out of sync in respect of timing and they will do their best to sort this in the near future. Cllr Robertson had also asked the owners if the clock could be stopped from chiming during the night and they had agreed to look into this.

Cllr Robertson advised that he had emailed Kinross Estates in respect of the pier car park and advised that work had been held up because of Covid-19. However, it was hoped that work would restart in October 2020. Cllr Robertson also advised that he had spoken with PKC who hoped to improve cycling and pedestrian access at Pier Road in the future.

CCIIr M McFarlane advised that he had emailed out with respect to the social distancing signs on pavements and unfortunately, he had had no response. It was therefore his impression that the initial furore had died down and residents were now following the 'instructions'. CCIIr L McKay noted that a few had been removed from the road at The Muirs. CCIIr D Colliar felt that residents were going about their daily business and were being socially distant.

Planning

Applications Received

20/01005/FLL Alterations to dwelling house at 15 Talla Park, Kinross.

Planning Applications Determined by PKC

20/00767/FLL Siting of a container unit for a ground source heat pump and associated works at land 800 metres south west of Balado House Lodge, Balado, approved.

20/00700/FLL Erection of a dwelling house to form poultry manager's accommodation, formation of access roads, parking

areas and landscaping, installation of air source heat pump, erection of a fence, gates and associate works at land 780 metres south west of Balado House Lodge, Balado, approved. 20/00793/FLL Erection of a dwelling house (revised design – plot 1) at land 30 metres north of Levencorrach, Balado, approved.

20/00668/LAW Extension to dwelling house (proposed) at 9 Broom Road, Kinross, approved.

20/00771/IPL Erection of a dwelling house (in principle) at land 160 metres north west of Craigton House, Cleish, refused. Cllr W Robertson advised that Sandy Baird had applied to erect a sign at the industrial estate which had been refused by PKC and an appeal has been submitted.

Councillors' Reports

Cllr W Robertson advised that the Council have now returned to 'virtual' Committees and it is very unlikely that a return to the Council buildings would take place before the start of the New Year. PKC were also suggesting that Community Councils continue to meet virtually because of the health and safety implications of meeting in halls etc.

Cllr Robertson advised that PKC are over budget in several areas due to the current situation and advised that it was likely that an emergency budget would be held to discuss areas where savings could be made. CCllr D Colliar commented that he thought the Scottish Government were providing additional funds for the current situation but Cllr Robertson advised that whilst the Government were providing some additional funding to cover the costs of protection for social service staff, additional costs for nursing homes etc., the Council had additional costs which had to be covered within their existing budget, e.g., additional vehicles for refuse collections.

Cllr Robertson had been unable to attend the flood meeting earlier but the meeting had been well attended.

Malcolm Wood advised that he was waiting for a suitable time to take algae out of the Loch for field testing. He went on to say that there had been successful testing a while ago with the Ecology Centre in Penicuik and Scottish National Heritage. It was felt this would be very worthwhile work, with 50% of the silo bactor being removed from the Loch which is good for the fish as the Loch is being re-oxidised.

Cllr Robertson asked if the 'stuff' extracted from the algae had a high nutrient content and Mr Wood advised that the good plankton was being left in the water and what had been found, through testing in Dubai, is that the when the algae is removed from the water, this is then taken to a sewage works where there is a high ammonia rate and the algae is then used to eat the ammonia resulting.

Reports from CC Representatives

CCIIr L McKay advised that she had popped into the Day Centre to see if some family stuff could be arranged at the Green but due to the weather this had not happened.

CCIIr D Colliar questioned if there was anything which could be done to return the Service 23. CIIr Robertson advised that he had met with the Public Transport Unit earlier that day and they were looking for someone to take on the service. While it was not going to be possible to run a service from Stirling to St Andrews, a positive response had been received in respect of a service from Stirling to Kinross on a 2 hourly basis, 6 days per week.

Correspondence

Meeting re Covid-19

CCIIr Freeman advised that CC representation had been requested for a meeting with PKC in respect of the Recovery and Renewal work being undertaken by the Council. Virtual meetings are being held for each of the 12 council wards which will include the Chief Executive and/or Executive Directors,

Community Council News

local elected members and community representatives. The meetings will be led by council officers and it is intended to be a participatory session. The purpose of the meeting was three-fold:

- To thank community representatives for their commitment and hard work, particularly over the last few months in the response to the COVID 19 pandemic
- To provide an outline to the Council's approach to changing the way that they work with communities and residents – known as the Perth and Kinross Offer; and
- To discuss the impact of the pandemic, what has worked well (and not so well) in communities, and how we can support communities in the future. This is part of our impact assessment work and we are asking the same questions across as wide a range of individuals, groups and communities.

Meetings are to be held via Microsoft Teams and following discussion, CCllr McKay confirmed that she would be able to attend the meeting on 9 September at 10am. She also confirmed that she would upload a post on Facebook asking for comments/information which she would take to the meeting.

Traffic light settings and Kinross-shire and Glenfarg Community Meeting were a couple of topics to be raised but if anyone has any other issues which they would like raised, they should email the generic email box by Sunday 6 September 2020.

Royal Mail

A few people had contacted CCIIr McKay again with further concerns around mail delivery and she advised that she will contact Royal Mail direct.

Burn Begg Road

CCIIr McKay raised concerns raised regarding parking in the area and CIIr Robertson would look into these again.

Bolton Road/White Court Area

CCIIr McKay advised that there were still a lot of holes and drain covers in the area, with CCIIr Freeman confirming he had photographic evidence to show this. CIIr Robertson confirmed that he had raised the issue with PKC and he will follow this up.

Springfield Road Gas Leak

CCIIr L McKay gave an update into the gas leak in Springfield Road – residents had had no pressure and to resolve this, the road dug up with new piping being supplied to the houses. CCIIr McKay confirmed that work had been previously signed off as being completed and claimed for, but this was not the case. CCIIr McKay confirmed that it would probably be another 2 – 3 days until the situation was resolved.

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Eat Out to Help Out Scheme

CCIIr McKay expressed disappointment in PKC not taking up the opportunity for half price meals in the Schools as Dundee had done. CIIr Robertson confirmed that he would raise this with the Council.

Recycling Centre

Mr M Wood asked if anyone had had any complaints re the Centre; he expressed his disappointment following a visit earlier today where PKC staff had questioned the size of trailer he was using as well as what he was trying to recycle and he suggested that the attitude of staff was terrible.

CCIIr McKay confirmed that she had seen similar posts on Facebook.

Remembrance Parade

CCIIr Freeman advised that he had been contacted by Police Scotland asking if the Parade was taking place this year and if not, whether there was a 'Plan B'. It was felt that the Parade should go ahead but probably not in its current format. CCIIr Freeman suggested a meeting of all the people involved in the Parade, be arranged for August/September, with the first meeting being held via Zoom in order to gather initial thoughts with a further meeting being held to discuss possibilities and risk assessments etc.

Bike Rails/Storage

CCIIr McKay asked CIIr W Robertson if it would be possible to get bike rails/storage around the play park area at Kirkgate, while CIIr Robertson also suggested rails/storage near the toilets and at the beach/cemetery end. CIIr Robertson suggested that there might still be money available from the Covid-19 signs budget and he would investigate this further.

It was noted that there were a number of cycle racks in the area, including at the Town Hall. CCllr Colliar confirmed that this was private land so cyclists could be asked to remove bikes. Possible other areas were near the tennis courts, or the High School.

Kirkgate Park

CCIIr McKay raised the issue of the flooring at the park which was breaking/splitting up. CCIIr McKay is to send photographs of the area to CIIr Robertson for him to raise the issue with PKC.

Kinross-shire and Glenfarg Community Meeting

CCIIr Freeman asked if the CC had representation on the group, and if not, whether they were allowed to be represented. Cllr Robertson advised that he was unsure but he believed that the CC could be represented.

Cllr Robertson advised that the Committee had met but he had been unable to attend the meeting. The group had been set up by the PKC using emergency. CCllr Robertson is to send out the link to the group.



News from the July Meeting

Present at the meeting held on 28 July were Community Councillors (CCllrs) W Freeman, CCllr D Colliar, CCllr M McFarlane, CCllr T Stewart and Councillors C Purves and W Robertson and Mrs C Aird (minute-taker).

Apologies were received from CCllr L McKay and Cllrs M Barnacle and R Watters.

Police Report

CCIIr W Freeman advised that he had received an email from Police Scotland advising that they could not participate in the meeting via the Zoom Conference System, although it was noted that there was a dial in option and that would be highlighted to Sergeant M Speed for the next meeting.

The following crimes in the area were highlighted:

14-20 June 2020 Numerous house break-ins in Kinross (sheds and outbuildings targeted): suspects identified and positive lines of enquiry continuing.

27 June 2020 Assault: accused arrested and taken into custody.

June 2020 2 x drugs warrants executed in Kinross: recovery of controlled drugs and accused reported to the Procurator Fiscal.

6 July 2020 Possession of controlled drugs: accused reported to the Procurator Fiscal.

6-7 July 2020 Theft of OLP from a motor vehicle: CCTV obtained and enquiries ongoing.

July 2020 Possession of an offensive weapon: accused arrested and taken into custody

In the last month 8 persons have been reported for speeding in the Kinross area. Local officers continue to carry out speed checks in the local area.

Kinross Town Centre

CCIIr D Colliar questioned why KCC had not been consulted on the pavement markings in the High Street. CIIr W Robertson advised that PKC had received last minute funding from the Scottish Government and could only apologise for this. He reminded Members that PKC were currently being run under emergency powers and that decisions were being made without discussion. It was noted that if residents followed the arrows, then there was no safe crossing area in the town.

Cllrs C Purves and W Robertson had submitted feedback on this issue as they had the same concerns and Cllr Purves advised he had received a response to the points they had raised.

Cllr Purves enquired as to whether PKC had an old email address for the Community Council as all other CCs had received the email. CCllr W Freeman confirmed that PKC had the correct email address.

CCIIr M McFarlane enquired as to whether the CC could advise the community about this matter and it was agreed that a post would be put on the Facebook page.

CCIIr McFarlane suggested that the CC respond to PKC with $\frac{1}{2}$ dozen constructive comments and it was agreed that he would pull this together and circulate for comment.

The issue of the one-way system in the High Street was raised with Members noting a recent crash where drivers were failing to stop as signposted, and CCllr D Colliar commented that the issue could only be raised with Police Scotland again, asking them to watch for such issues. It was also noted that the pillars at the Salutation Hotel had been damaged.

Planning

Applications Received

20/00793/FLL Erection of a dwelling house (revised design – plot 1) at land 30 metres north of Levencorrach, Balado. 20/0067/FLL Siting of a container unit for a ground source heat

pump and associated works at land 800 metres south west of Balado House Lodge, Balado.

20/00771/FLL Erection of a dwelling house (in principle) at land 160 metres north west of Craigton House, Cleish.

Planning Applications Determined by PKC

20/00642/FLL Alterations and extension to dwelling house at 9 Parliament Square, Kinross, approved.

Other Planning Matters

CCIIr D Colliar advised that he had submitted the application by the CC for signage at the Fountain, with the help of CIIr W Robertson. The application had not yet been validated so a response had not yet been received.

Councillors' Reports

Cllr C Purves advised that that the planning application for Phase II at Lathro Meadows had been discussed at last week's Planning Committee and had been refused by 9 votes to 4. There had been concerns raised around drainage at the suds pond, access and egress, design of the site (lack of parking spaces and pavements) and whilst Persimmon Homes might appeal the decision, it was pleasing to note that PKC had listened to the concerns raised.

Cllr W Robertson advised that he was very pleased that the Persimmon Homes application had been declined.

Cllr Purves advised that he asked whether a 20 mph extension from the bottom of the High Street to Clashburn Way could be included in future plans, and PKC had been supportive of this. CCllr D Colliar advised that the CC had put forward a request to extend the limit to the north of the High Street a number of years ago without success and suggested that it was now time to relook at this, given the new housing estate opposite the school and the number of parked cars in the area.

In respect of pupils returning to school after the summer holidays, Cllr Purves advised that it was currently proposed that 50% of pupils would be in attendance at any one time, although this would not be confirmed until later in the week.

CCIIr Freeman, on behalf of CCIIr McKay, asked about the arrangements for pupils with additional support needs and CIIr Purves agreed to look into this and report back to CCIIr McKay direct.

Cllr W Robertson gave an update on the water quality of the Loch and confirmed that the PKC planning offer had confirmed that she was no longer concerned about the amount of phosphorous in the Loch — Cllr Robertson has asked for this comment to be clarified.

Cllr Robertson also highlighted the issue of overgrown hedges in the town and it was agreed that this would be put on the Facebook page. He also advised that he had written to the LLCC Manager highlight the litter issue in the area.

The public toilets at the Pier are now open for visitors.

Reports from CC Representatives

CCIIr D Colliar advised that he had submitted an application for the Remembrance Parade; having spoken to CCIIr McKay, they had agreed that the poppy wreaths should be removed.

CCIIr Colliar stated that whilst it was wonderful to see the beer garden up and running, he could not remember seeing a licencing application — CIIr Purves agreed to check whether the beer garden was permanent or temporary, although it was only planned to be open until September.

CCIIr McFarlane advised that the beer garden intended to have live music playing over the next couple of weeks.

CCIIr McFarlane reported that he had received an email from Alistair Stewart in respect of the website, and that this should be ready in the next few weeks for proof reading. He will

Community Council News

contact members individually in respect of biographies for the website.

With regard to improving access to the pier, CCllr McFarlane asked if there was any update available. Cllr Robertson advised that planning consent for widening the road and upgrading the car park had been approved but that the work had been halted due to Covid-19. Cllr Robertson is to ascertain the current situation and report back to the next meeting.

In CCIIr McKay's absence, CCIIr Freeman raised the issue of a lack of signage at the hump backed bridge in Milnathort.

AOCB

Car Boot Sale

CCIIr W Freeman, on behalf of CCIIr L McKay, suggested organising a car boot sale on the land opposite the Green in order to raise funds for community use, and it was agreed that CCIIr M McFarlane would contact James Montgomery, Kinross Estates to see if this was possible.

Membership

CCIIr D Colliar asked if the Ward Councillors could enquire with PKC as to when a decision would be made in respect of new CC members. CIIr C Purves agreed to look into this.

The next meeting of the Kinross Community Council will be held on 27 October at 7.30pm via Zoom.

Portmoak Community Council News from the September meeting

Present at the meeting held on 10 September were Community Councillors (CCllrs) G Cox, A Davidson, D Morris, A Cragoe, S Forde and Cllr Callum Purves.

Apologies were received from: S McGregor, G Smith, Cllr W Robertson.

Matters Arising

Community Resilience Planning: Storm Damage and impact from recent flooding

The recent storm damage was discussed and it was noted that this had been a unique event. Of note, significant water, mud and debris came hurtling down from Whitecraigs, overwhelming the current water course. Stephen's Field acted as a catchment area which prevented serious damage to the Whitecraigs housing area.

Portmoak Cemetery

4 CoAs were assessed for a new cemetery, which is urgently required as the existing cemetery is now closed. Following the assessment, a formal proposal was made to Portmoak CC and it was unanimously agreed that planning should begin in earnest.

Road Safety Action in Kinnesswood and Scotlandwell

Cllr Purves had requested a meeting with Daryl McEwan. CCllr Morris asked for the meeting to be scheduled for a time in the last two weeks in October to allow him to attend.

Glenlomond sewage: migration of responsibility to Scottish Water

The villagers of Glenlomond were struggling to continue to maintain their aged sewage system, particularly after the recent storm. They were now seeking to hand over responsibility for the sewage works to Scottish Water. The CC supported this move and Cllr Robertson would be asked to follow this up.

Friar Place hedges blocking sight lines and requiring maintenance

CCIIr Forde has emailed PKC regarding this problem which has been going on for two years. CIIr Robertson will be asked to follow this up as an important road safety issue.

Potential co-option of member of farming community to the CC

The CC appreciate the importance of the farming community in Portmoak. Since George Lawrie left his post at TRACKS there has not been a representative of the farming community. CCllr Morris confirmed that the post has been advertised and would hopefully be filled soon. In the meantime, CCllrs would contact local farmers to encourage them to participate in CC meetings and ensure their views are fully represented.

New Matters

CCIIr Cox confirmed that Ann Davidson had been officially coopted as Treasurer.

Police Reports

No one attended the meeting on behalf of the Police and there was no Police Report.

Planning

New Applications

20/01039/FLL Alterations to garage at Shanthi Wester Balgedie It was noted that work had already started ahead of the planning deadline. CCllr McGregor would be asked to contact PKC and let them know.

Progress with Developments

Westfield Community Liaison Committee: the proposed September meeting has not been confirmed. Meanwhile the results of the tender for the off-road path project assessment should be known next week with an expectation of commencement by the end of September.

Paths Group: Some damage from mud slides had impacted the Michael Bruce Way and the Group with PKC Ranger Alistair MacLeod had cleared several blocked pipes and identified further limited repair works. PKC were also arranging to supply the Group with additional equipment (personal safety gear plus electric strimmer)

Treasurer CC Accounts

Michael Bruce Way: Account Balance £2172.00

Main Account: Balance £695.80

Invoices for Portmoak Hall let, grass machinery maintenance and design work for the Michael Bruce Way panel had been paid but not yet processed.

The accounts will be presented at the AGM next month.

Councillors' Reports

The rescheduled meeting had coincided with the Milnathort CC meeting. Cllr Purves was able to join the latter part of the Portmoak meeting but the other Cllrs were unable to do this.

C Purves: The PKC Recovery and Resilience meeting had been poorly attended by Kinross-shire CCs. Cllr Purves has asked for another meeting.

Matters Notified To The Secretary

Parking at the traffic islands in Kinnesswood. This continues to be a problem and it was thought that repainting of road markings might help. Cllr Robertson would be asked to follow this up.

Forthcoming Accounts and AGM.

Cllr Purves confirmed that the October meeting of Community Councils is the AGM.

The next meeting and the Annual General Meeting of Portmoak Community Council will take place at 7.30pm on Tuesday, 13 October 2020 in the Portmoak Village Hall if Government guidelines allow, otherwise as a virtual meeting.

Fossoway and District CC News from the September Meeting

Present at the meeting held on 1 September were Community Cllrs (CCllrs) S Bruce-Jones, A Cheape, T Duffy, C Farquhar, C Haigh, M Haigh, N Marchant (Associate), G Pye and R Young; Councillors M Barnacle, C Purves and W Robertson.

Apologies were received from Cllr R Watters.

Police Report

There were three incidents to note in our area since the last CC Meeting from the Commander's Reports received via Perth and Kinross Community Watch: on 1 August a driver was stopped in Crook of Devon for travelling at 54mph in the 30mph zone; on 19 August another driver was stopped for travelling at 78mph in the 40mph section of the A977; Vandalism was committed to two HGVs at Bankhead Farm.

Cllr Barnacle noted that the new traffic lights at the Drum crossroads will help manage speeding on the A977 when they're installed.

Drum Main Street, the loop road, Waulkmill and Church Road will shortly receive 20mph speed limits. Cllr Robertson suggested that we should contact the Police just before the limits are introduced to ask them to enforce them as soon as they are active to reinforce the change to drivers.

CCllr Marchant was contacted by a resident about speeding on Aldie Road, probably by people avoiding the A977 roadworks, although it is not an official diversion. CCllr Bruce-Jones added that a similar thing is happening in Drum, and it might have helped if the closures and recommended diversions were signposted further afield.

Matters Arising

Bank of Scotland Kinross Branch Closure: CCllr Marchant has received a reply from Liz Smith MSP's adviser that they have not yet managed to arrange another meeting with the Bank, and that it may be more appropriate to postpone the meeting in light of the Bank's decision to put the closure on hold for the time being. CCllr Marchant has received more representation from residents, and will press Liz Smith to hold the meeting before it's too late to make any significant changes. See Cllr Barnacle's report below.

Community Development Trust: Cllr Barnacle has 15 people who are prepared to be members of the group, and the CDT will initially meet online.

Crook Moss Travellers Site: The connection of services was planned for 27 August but it didn't happen as the drainage contractor didn't have all the right paperwork, the new date is 14 September. The plot nearest the road which is being used as a dumping ground has now possibly been sold. Cllr Barnacle attended a meeting with PKC's Chief Exec on 1 September to address issues at this site, she will pressure the Planning Department to enforce the conditions and encourage PKC's Gypsy Liaison Officer to take some action. If the site cannot effectively operate as a Traveller's Site, then the CEO is in favour of it being used for affordable housing instead, which has been proposed by a neighbouring landowner. CCllr Bruce-Jones reported that Drum residents are not happy that there is no progress on tidying up this site.

Covid-19 – Information and Links: If you require any information about PKC's support for both businesses and individuals in our community affected by COVID-19 see this link from PKC: www.pkc.gov.uk/coronavirus



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Community Council News

Crook of Devon Resilience Group: CCIIr Duffy has been informed by Victoria Sutherland, the head of the group, that the group had closed its operations, although it has some outstanding expense claims still to be paid. The CC thanked Victoria and her colleagues for all the hard work they have done. The group asked if they could transfer the unused funds to Broke not Broken, who have taken over the deliveries previously made by the Resilience Group, but unfortunately that is not allowed, and the remaining funds will be returned to the Hydro Fund.

Devonshaw Whinstone Quarry: CCllr Marchant has been in touch with the developers and plans will be made to meet them once lockdown restrictions permit.

Cycle Path from Aldie Road to Drum: Cllr Robertson had previously notified the CC that this path is very overgrown. Cllr Robertson had approached the Community Service department to ask if they can clear the area, however Arek Nowrotek responded that they had a large backlog of work but would add this job to their list.

Fossoway Area Transport/DRT: Stagecoach has made the decision to permanently suspend the No 23 service from Stirling to St Andrews. However, First Bus is planning to institute a new X53 service from Stirling to Kinross on 12 September, Transport Commissioner to approve. Since this is a commercial service there was no opportunity for PKC councillors to give any input to the route or timing of the service, neither can PKC operate a service on a similar route. The Community Transport Group will look into filling in gaps in the service, and the DRT may be focused on areas not covered by new bus when the bus is running. Cllr Purves has approached Fife Cllrs to see if they can help but they don't have any budget for this.

Fossoway Gathering: The planned Penney's Wood Light Walk cannot go ahead under the current restrictions.

Vegetation on Aldie Road: Following a report from CCllr Marchant that the vegetation had been cut back, but the ditches still needed clearing, Cllr Robertson contacted Garry McConnell to ask for this to be added to the programme of work.

School Exclusion Zone: The zone in Crook of Devon has not been implemented, the CC stresses that it wishes to be fully consulted before this proposal is taken any further.

Old Railway Track Path Below Waulkmill Park: Cllr Robertson had raised the issue of horses using this path with PKC's access officer Dave Stubbs, who agreed to investigate, but there has been no reply as yet. CCllr C Haigh said that there used to be a post narrowing the entry – perhaps this should be reinstated to only allow access to only pedestrians.

Rumbling Bridge Gorge Bridge: CCIIr Duffy said that the scheme is now at pre-application stage, needing tree and otter surveys to be done. Land owners also need to be contacted and their agreement sought.

A977 Mitigation: CCllr Cheape has received reports that traffic heading east from Crook of Devon after passing the traffic lights is already travelling in excess of the speed limit by the time it reaches the garage.

CCIIr Bruce-Jones commended the Councillors for their continued pressure which has resulted in the extensive resurfacing work currently being undertaken.

New Business

Scottish Planning Policy Consultation: The CC has received notification of this consultation. CCllr Marchant has reviewed the paper which modifies the policy on presumption of development following a court ruling. The CC will reply to the consultation broadly agreeing with the changes but emphasising that the policy must effectively cover the varied

nature of the PKC area with both towns and extensive rural areas

Pedestrian Crossing Lights: CCllr Pye asked if the change to the traffic lights in P&K so that the pedestrian phase is always activated was really necessary. Cllr Barnacle has received complaints from Drum residents about this too. CCllr Bruce-Jones observed that precautions against Covid-19 were always worthwhile, although there needed to be more publicity about this sort of change so that the public took advantage of it. Cllr Purves agreed with CCllr Pye, but added that PKC's Mr McKeown had told him that the sensors are supposed to detect when there are no pedestrians. Cllr Robertson said that lights that don't seem to be working properly should be reported and their times changed. Cllrs and CCllrs are divided on this issue.

Community Council Business

The next meeting of the Stronger Communities group is planned for 15 Sept 2020, CCllr Marchant will attend. The group is making Community Action Planning (STAR) training available. In light of the imminent creation of the Community Development Trust, the CC considered it appropriate that we should apply to take part in this training. CCllr Marchant agreed to action this.

CCIIr Cheape reported that there were no new applications to the Kinross-shire fund.

If the next meeting of this CC is virtual, as currently expected, we will be offering online attendance by members of the public. Anyone interested in attending should email the CC at fossoway.cc@gmail.com for details.

Councillors' Reports

Mike Barnacle: The owner of the Poplars, Drum has been in touch with Cllr Barnacle about the repeated problems with flooding at her property. A site meeting is to be arranged later this month with PKC's flooding team as the current culverts, ditches etc. are no longer coping with the pressure caused by continued development in Drum, which already has a high water table. Warnings from both Cllr Barnacle and the CC that development in Drum would cause such a problem have not been heeded by the planners.

Cllr Barnacle had a one-to-one meeting with Karen Reid PKC's CEO at which the following topics were discussed:

A Pilot of an Area Committee for Kinross-shire, which was first suggested by Cllrs Barnacle and Purves in June last year, and subsequently supported by this CC. Ms Reid is in favour of it, Cllr Barnacle should prepare a draft proposal to go to full council.

The lack of a PKC policy on maintaining the sustainability of rural communities, Ms Reid agrees – Growbiz may be the vehicle to address this.

Cllr Barnacle doesn't think that Bank of Scotland will reverse their closure plans, so will PKC allow their facilities to be used for banking meetings? Cllr Barnacle is to put a proposal to support 'Community Bankers' to the full Council.

In October 2017 it was agreed at a full Council meeting that the rail link from Kinross to Cowdenbeath, and hence joining the 'Fife Circle' should be re-established, but this has not been pursued through the Tayplan Transport Strategy by PKC Officers since then.

In the 2004 Local Plan the Cleish Hills and Devon Gorge were established as Areas of Great Landscape Value. However, they were not included in Supplementary Guidance to LDP1 after a consultant's report. Ms Reid will pursue them being reviewed again.

The large-scale housing developments in Kinross and Milnathort is putting increasing pressure on the Loch Leven catchment area, both environmentally and community

services. Why isn't the agreed 10% reduction in housing numbers being respected by planners?

A PKC-wide campaign is needed against fly-tipping.

The Drum area has a high-water table and there have been frequent flooding issues to local residents. A flood management plan and ditch management programme is needed for Drum. No affordable is housing being built, and none is scheduled in planning for the Kinross-shire area.

Although the Kinross-shire area was defined as a sub-area in a PKC branding exercise there is still not enough signage. Could local fund-raising be used to address this in light of PKC's budgetary constraints?

Planning and Development Committee meetings are excessively long and the standard of the Report of Handling could be improved. Cllr Barnacle will provide more detail.

Callum Purves: The CC has received an invitation to attend a meeting for the Kinross-shire Ward with PKC's CEO and/or Executive Directors, local Councillors and Community Representatives to discuss Recovery and Renewal postpandemic, and how PKC's relationship with Communities could change.

Willie Robertson: The Dunning Glen road is in a very bad state due to log lorry use. Major works are to be done later this year, which will result in the road being closed for some time.

Planning Matters New Applications

20/00972/FLL Erection of two dwelling houses and garages at Land 100 metres southwest of Easter Muirhead, Blairingone. Object on grounds of previous application's conditions not completed; traffic; water pressure.

20/01003/FLL Alterations and extension to dwelling house at Ferguslea, Church Road, Crook of Devon, no CC comment.

20/01051/FLL Installation of two biomass boilers, two flues and associated works (in retrospect) at Wharlawhill Farm, Carnbo, no CC Comment.

Decided Applications

20/00577/FLL Installation of a ground-mounted solar PV array and associated works at Solsgirth Home Farm, Solsgirth, Dollar. The application was approved, the CC had not commented.

20/00885/FLL Erection of a dwelling house and garage at Land 30 metres northwest of Firs of Viewfield, Drum. The application was approved, the CC had not commented.

Appeals

19/01881/IPL Residential development (in principle), land 80 metres north east of Powmill Milk Bar, Powmill.

The applicant submitted an appeal to the LRB on 17 March. A virtual meeting of the LRB is scheduled for 15 September, but



the meeting agenda is not due to be published until five days before the meeting.

Pending Applications

19/01539/FLL Erection of four dwelling houses at Land 30 metres south of Easter Muirhead Bothy, Blairingone. No decision had been made as of 31 August and the agenda for the Virtual Planning Meeting on 23 September is not yet available.

Correspondence

Can be found on the CC FB Page. Should anyone wish to see any items please contact the CC by email and a copy can be provided.

AOCB

CCIIr Marchant asked about the process for flu vaccination this winter – more people will need to be vaccinated and new ideas are needed for how to do it within the current restrictions. CIIr Purves replied that there's about to be a meeting of the appropriate Committee where this will be discussed.

The next meeting and AGM of Fossoway and District Community Council will be held on Tuesday 6 October 2020 in Crook of Devon Village Hall if Government guidelines allow, otherwise as a virtual meeting.

Members of public wishing to join please email the CC at fossoway.cc@gmail.com

HEDGES, BUSHES OR TREES CAUSING OBSTRUCTION

Property owners are reminded that it is their responsibility to cut back hedges, branches, bushes etc to ensure that pavements and public footpaths are not obstructed.

Property owners may be liable if injury is caused to others and may be charged costs if Perth & Kinross Council is forced to take action.

When undertaking work on hedges, check that there are no birds nesting. It is an offence under the Wildlife & Countryside Act 1981 to damage or destroy the nest of any wild bird while it is in use or being built. The bird nesting season is usually considered to run from March to August.

KINROSSWORD ANSWERS

37 CHAS 38 Village

DOWN: 1 Myre 3 Crook 4 Canoe 5 Drey 7 Ego 8 SNP 12 Calm

14 Root 15 Filibeg 16 Observe 17 Namibia 18 Sandbar 19 Abdomen

24 KLEO 26 Orca 28 Usual 29 Talla 30 Pier 31 Dam 32 Hic 33 Swan.

ACROSS: 2 Bicycle 6 Tyre 8 Serf 9 Gobo 10 Naan 11 Eco 13 Pry 16 Orkneys 20 Limes 21 Noted 22 Enticed 23 Baker 25 Broom 27 Equator 30 Pod 32 Has 34 Aglu 35 Loki 36 Term

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Club & Community Group News

Common Grounds

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Another month gone and, with uncertainty seeming to be creeping back with Covid-19 as we approach the winter, it's quite understandable if we let the spirits drop and retreat inwards. It's easy to forget that the wider problems of poverty, lack of health facilities, food, clean water and basic education are still major life-threatening concerns in many parts of the world. It's also easy to underestimate the impact of our donations to our chosen projects.

The genuine gratitude and warm appreciation voiced by a delighted Kari Spence, from Together in Sport Rwanda, on receiving a cheque for £1000, was a welcome reminder of our impact. However small scale an organisation Common Grounds is, we can make a huge impact on the direct individual charities that we support. OK, with reduced opening hours our donations in the near future may not match those in the past but we know they will make a difference, especially in these difficult times.

Our volunteers and friends continue to be generous with time and money so sincere thanks to them. We are ever mindful of changing guidelines and continue to offer a safe corner of 'normality' where our customers can socialise, catch up and enjoy some lovely home baking. It's a 'win-win' because, while our spirits are boosted, we are also saying that the problems of poorer communities throughout the world haven't been forgotten. By visiting Common Grounds, you will be doing far more than simply having a cuppa.

Project: In September we chose Mercy Ships to be the recipient of the last donation of our current financial year. Mercy Ships is an international development organisation that deploys hospital ships to deliver vital, free, healthcare to people in desperate need. As well as completing urgent operations onboard its floating hospital, the Africa Mercy, the volunteers also provide training and mentoring to local medical staff and help renovate local hospitals and clinics. The current focus of their work is in sub-Saharan Africa.

Please check out our website for more information. Our opening hours are still 10am-12.30pm on Tuesday, Wednesday, Friday and Saturday at the Guide and Scout Hall, Church Street, Milnathort.

Contacts outside of opening hours are Elspeth Caldow (Convener) on 01577 863350 and Linda Freeman (Secretary) on 01577 865045.

Kinross & District Rotary Club

www.ribi.org

Meetings have been continuing on Zoom; we are adapting to change and planning future events.

What Did You Do In The War, Daddy?

On 24 August, members of the club gathered on Zoom to share stories of their own family's involvement in World War Two, in commemoration of the recent 75th anniversary of VJ day. Led by Andy Middlemiss, who quite literally changed hats to suit the various items, we heard stories from home and across the world, from family experiences and the armed forces, all deeply moving with such personal connections. As



Rotarian – and octogenarian – Jimmy Robb who inspired many passers by to donate to our Lockdown 1200 causes as he took his daily walk.

Andy concluded, this was a war in which ordinary people did extraordinary things.

Broke, Not Broken

On 7 September we were pleased to welcome Annie McCormack, chairperson of Broke not Broken, Kinross-shire's foodbank. President Brian opened by expressing gratitude to Annie for the work that has been done, and continues, in the community; especially managing the considerable new challenges presented recently by the pandemic.

Annie told us about the increase in requests for assistance when lockdown began, which coincided with a drop in donations and new difficulties in buying food. Creative thinking, innovation and the assistance and generosity of various agencies led to necessary changes and improvements. Safety for all involved has been essential and doorstep deliveries have been ongoing throughout the pandemic and will continue until at least December. Future planning includes a winter coat campaign.

Annie concluded her presentation by thanking our club for our donations and for the huge support received from so many individuals and organisations. It is, she observed, a demonstration of the social consciousness in our community.

Lockdown 1200

Throughout August, 13 members of the club were walking and cycling energetically to raise more funds for Broke Not Broken and Kinross Centre, to further support the magnificent work they have been carrying out tirelessly since the start of the pandemic.

The original target was to achieve 1200km over the month. In fact, we managed 2012.8km and raised £2360. Our usual fundraising activities have not been possible this summer, so we are thrilled to have achieved this while also improving

our fitness! Thanks to all who donated as these are two very worthy causes in our community.

In total, since the start of lockdown, we have donated over £5000 in total to local charities and care homes. We are now planning for Christmas.

Santa Is Coming To Town (or a village) Near You!

We are still planning to run the popular Santa Sleigh this year, albeit slightly differently in response to changing times. We expect that, you're the safety of you and our elves, we won't be able to come to your door collecting. However, Santa agrees with us that the show must go on and he hopes to be out and about in Kinross-shire in his sleigh!

We are hoping to do the runs at weekends as follows:- 28-29 November, 5-6 December and 12-13 December.

There will be a Just Giving page set up providing the opportunity to donate to local charities. We will be also running the popular Sleigh Tracker again this year, so you can follow our progression along our route.

More details will follow in the November Newsletter. There may also be the possibility of a virtual meeting with Santa!

End Polio Now

Mindful also of international service, we were delighted when it was announced recently that the World Health Organisation's African region is now 'certified wild poliovirus-free'. This is in part a result of the cumulative actions of Rotary International and its members, who have contributed nearly 890 million US dollars, and countless volunteer hours, to achieve this. Kinross Rotary Club has played its part over the years and we share that sense of achievement in this historic public health milestone. There is still work to be done, however, in order totally eradicate this disease. Look out for details of our next local bid to 'End Polio Now' globally.

What Else Do We Do At Rotary?

We enjoy a range of interesting and entertaining speakers at our meetings and we are always looking for ways to serve the local and international community. The fellowship will continue using Zoom in the near future and you are very welcome to join us.

Please contact George Riddell, club secretary, by email at secretary.krdc@gmail.com or check our Facebook page to see what we're up to!

Kinross Centre

We hope you are coping well and staying safe.

As you all know, we did hope to be up and running again by this time but, unfortunately, that hasn't happened. We are hoping that we can open again soon but, with the present situation changing daily, our priority is keeping everyone safe. Be reassured that, when we can open, we will let you know.

As previously mentioned, there will be a few changes in place; we will be operating a one way system when entering and leaving the building, we will also be taking everyone's temperature (contact free) and, while travelling on our buses, everyone must wear a face covering. We will also be asking everyone to sanitise their hands when entering and leaving the building. We have screens for social distancing and there will only be two households seated at tables for lunch. We know this will be difficult at the beginning but hopefully we will be back to near normal soon. We will be able to offer

some activities like bingo, but cards and dominos are not allowed for the time being.

We are continuing with our meals, shopping and medication deliveries for the time being. We will still be delivering lunch to those of you who cannot return to the centre. We will do this for as long as needed.

Starting a new normal will be very difficult, so in the meantime continue to stay safe. Once again, a great big massive thankyou goes to all the hard-working staff, volunteers and committee at Kinross Centre and all other organisations in this area. We couldn't do this without you!

We would love you to be involved with the Kinross Centre either as a service-user, a volunteer or as a supporter. If you would like further information please contact Nan Cook on **01577 863869**.

Please stay safe!

Kinross Museum

Good News! After nearly six months under Community Campus lockdown, Kinross (Marshall) Museum reopened on



5 September, albeit under restricted conditions. For the present, the museum and library are both open only on Saturdays and Sundays from 9.30am-1pm and 2-4.30pm. Numbers of people in our study room are limited to two museum volunteers and one visitor at any one time.

After sanitising and registration, follow the one-way system through the museum space to view our displays and visit the study room. Those wishing to carry out research with assistance from museum volunteers should get in touch in advance to book a time. Contact details can be found on the museum website.

We look forward to welcoming back friends and visitors of the museum as we gradually refresh our displays. These will include exhibits on George Thompson VC, the story of the Crosswell Fountain, the Provosts of Kinross, Singapore prisoners of war in World War II (see feature article in last month's Newsletter), recent acquisitions and portraits of UP and Free Church Ministers in Kinross.

Kinross-shire Historical Society

The committee regret that the winter programme of talks cannot proceed under the current Covid restrictions. All members should by now have received a letter explaining the situation to them. In view of the maximum number now allowed to attend events, our membership numbers are too high. When we had to make this decision, the Parish Church where we meet was still closed.

We hope that by next winter, life will have returned to some semblance of normality. The secretary is currently trying to rebook this year's speakers for next season [2021-2022].

The committee wishes good health to our members and the whole community.

Kinross and District Art Club

KINROSS And Club

www.kadac.co.uk

The committee has decided that the club will be unable to open for the remainder of this year due to current restrictions and regression of the Covid-19 situation (at time of writing).





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Club & Community Group News

A selection of Anita's paintings including 'Hedgehog' painted on wood

exploring the beautiful landscapes in my free time all around me. I joined the Kinross and District Art Club in 2019 and I am delighted to be a part of this great community with excellent artists and kind people.

Although I paint in oils on boards and canvas, I also enjoy painting on different surfaces such as wood. At present, much of my work is painting eggshells, mainly ostrich, emu, and rhea eggs.

The eggs are all hand-painted in oils — however, all different types of creative arts interest me; painting, drawing, sculpting, embroidery to name but a few.

If you are interested in joining the club and developing your own creativity, you will find more information and contact details on our website.

In normal times, the club meets on Tuesdays and Fridays (2-4pm) in Millbridge Hall.

Anita's painted ostrich, rhea and emu eggshells.]

However, on a more positive note, we are in the process of creating and producing a book of members' artworks created during lockdown, self-isolation or more generally during the pandemic. We plan for it to be available to view online by December 2020.

Meanwhile, on our website, individual KADAC members continue to be introduced and profiled each month. Last month our focus artist was Anita Remport. We are delighted to present her profile here with some examples of her work:-

'I was born in Hungary. I had an interest in art since my childhood and I studied and worked as a fine art porcelain painter for 12 years. Although it gave me some great experience, it did not fulfil my expectations either artistically or financially, so I chose to move on.

In 2009, I came to Scotland to work and spent just under six years on the West Coast,











Club & Community Group News



Charlie

Guide Dogs

Covid-19 restrictions are starting to be tightened again and this means that we cannot plan any events at the moment. I am starting to empty the collection dog boxes in the various shops, cafes and businesses in the area. Feel free to fill them up again with all those coins lying around your house. As I do so, I will be asking for these wonderful places to display the QR code to allow people to donate by smart phone. Please feel free to try it out. The more the merrier!



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On a personal note, our guide dog puppy is waiting for a date to start his training. At nearly 16 months old, his name is 'on the list'. The day that everyone asks if we dread is approaching and, yes, we will miss our handsome boy. However, he will go on to better things and, hopefully around the age of two, become a fully trained guide dog.

Many thanks to everyone who has donated and supports the work of the guide dog charity. It gives adults and children support and the dogs help give visually impaired people their independence back. Thanks for your generosity and support.

October is our annual Fundraising month, but we can't be out there with our collection buckets. If you can, please donate a few pounds for the benefit of people with visual impairments by scanning the QR code with your smart phone and following the instructions.

If you would like to be a registered guide dogs volunteer, please let me know and I'd welcome you and any ideas for fundraising. Again, the message, stay safe.

I keep plugging away, doing dog portraits for donations. If anyone would like me to do an A4 acrylic dog portrait, I can be contacted by email at **She61@hotmail.co.uk**.

As aye, Sheila Marshall

Circle Dancing

I am pleased to let everyone know that circle dancing is now once more in full swing. We meet every Tuesday and Wednesday morning from 10-11am in the Dance Studio, Junction Road, Kinross. If you would like more information on this lovely activity please ring Lynne on 07931 398098.

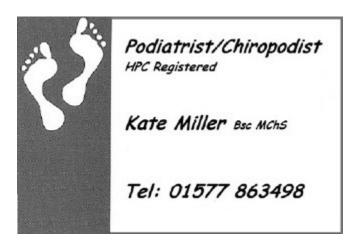
Current class members, please remember to book your place as numbers are currently limited to 10 per class.

Kinross and District Town Twinning Association

We are hopeful that our twinning visit to Gacé in Normandy next summer will go ahead as planned and that the Covid situation will be under control or a vaccine found by then.

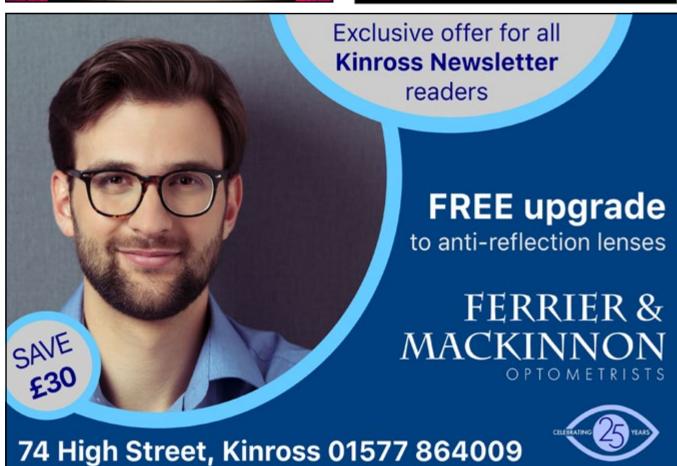
We are waiting to hear back from ferry companies before obtaining coach quotations to then calculate final costs for the trip. Hopefully we will have more details available for next month's newsletter.

Anyone considering joining us next summer should please contact the secretary David Munro on **01577 862126** for further details.









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Kinross-shire

Local Events Organisation

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Kinross Farmers' Market

This month's Kinross Farmers' Market will take place on Saturday 24 October from 10am-2pm on Kinross High Street. The market is a great place to buy high quality, fresh food from local producers and artisan traders and to shop at the High Street's established businesses. Social distancing rules will be in place and, if necessary, we will limit the number of customers at any one time at the market. There will also be hand sanitizer at the entrances to the market.



Festive Market

Due to the pandemic we will not be able to organise the usual Festive Street Market/Light Up Kinross event in the High Street of Kinross. However, we hope to organise a Festive Market at the Market Park on 28 November during the day (time to be confirmed). If you are a local trader, crafts person or community group you might consider a stall. For a booking form for this event, please e-mail bouwienb@gmail.com.

Please note that this event may be subject to change due to changes in government guidelines nearer the time.

Kinross Fifty Plus Club

As you may be aware, the future of the club appears to have reached an impasse. The number of committee members wishing to relinquish their positions now numbers 7 out of a total of 11.

In the current Covid-19 pandemic we have been unable to find a venue for committee meetings, far less for an Extraordinary General Meeting of club members.

It is increasingly difficult for the club to continue unless we have members coming forward to take over the running of the club.

In any event, I wish to advise members that the present suspension of club activities will continue until further notice. Any members who may wish to come forward to assist in

running the club in future should contact me.

W. Fubister Law, Chairman

Kinross Garden Group

Our winter talk season will start with a rather different format this year. Talks will be on zoom until conditions allow us to meet in person at the



Kinross Parish Church. Our talk on 8 October at 2pm will be by Nancy Stephens from Bearsden, who will talk about her book 'The Exceedingly Curious Tale of 'A Curious Herbal''. Membership this year is £15 which includes the winter talks and access to the summer garden visits. For the zoom talks all instructions will be given to those who wish to join us. Contact Caroline Anderson on 01577 864589 or by email at acaroline1000@gmail.com.

Kinross in Bloom

Another quiet month for Kinross in Bloom. With the amount of rain we have had in August and September, we haven't needed to water the planters much. They are still looking very good as I write this in the middle of September. We have taken delivery of 1600 pansy plug plants so we will be busy in October emptying the planters and planting up the pansies.

We now have the information board for Crosswell Fountain. Our thanks to Dr David Munro at Kinross Museum who was a great help in getting the history of the fountain together. We are working with the Community Council in obtaining planning permission to erect the board.

There is no 200 Club this month. There will be two draws next month.

No date has been set for our next meeting due to the continuing restrictions. If, when the restrictions are lifted, you would like to be a part of Kinross in Bloom, please contact us by email at susan.mitchell50@gmail.com



Club & Community Group News



No Service From 1986 - Francis Principe-Gillespie

Kinross Camera Club

kinrosscameraclub.org.uk/wp/

Our new virtual syllabus is well underway and our online meetings using Zoom are held on Thursdays at 7.30pm (virtual doors open from 7.20pm). This year we are offering a discounted membership fee of £40 with £35 for



concessions. If you would like to join the club or find out more about what we do, please contact us by email at secretary@kinrosscameraclub.org.uk

October gets off to a start with several talks from club members. Wallace Shackleton takes us 'Castle Bashing' on 1 October and then, on the 8th, we have a double header of Francis Principe-Gillespie recounting his visit 'Inside Chernobyl' and Robert Walker discussing 'Heritage Photography'.

On 15 October we revive our successful summer format of reviewing members' pictures. This time it's 'Picture a Quarter' and all images must have been taken in the past two months.

The month then culminates with two external speakers. On 22 October we're delighted to welcome Sophie Gerrard of the Document Scotland photography collective presenting her project 'Drawn to the Land'. We round off the month on the 29th with Kinross's local professional photographer Ross Mitchell giving us an insight into his work in the county.

Our Digital Group meets on the last Tuesday of every month (again using Zoom at 7.30pm) which is 27 October this month. The group is a forum for learning photo editing software skills and to exchange hints and tips.

You can find more information on our website or find us on Facebook.

If you would like to know more about KCC or would like to join our online meetings, please contact secretary@kinrosscameraclub.org.uk

Kinross Library

Following the successful reopening of Perth's AK Bell Library and Blairgowrie Library, Culture Perth and Kinross is pleased to announce that Loch Leven



Community Campus Library has reopened its doors. The charitable trust looks forward to welcoming customers back to browse, borrow and return books, whilst operating strict safety and social distancing measures.

There will be new operating hours at Loch Leven as follows:-9.30am-1pm and 2pm-4.30pm every Saturday and Sunday. A lunchtime closure will enable the library to maintain a rigorous cleaning regime, ensuring the library is a safe place to visit.

Other changes that have been put in place include limits on the number of people coming into the building at any onetime, social distancing guidance and the introduction of hand sanitising units. Customers are required to wear a mask for their visit in line with Scottish Government guidelines, and will be asked to leave their contact details for Trace and Protect purposes.

For those who are looking to quickly drop off their books, there will be return bins available at the entrances of the libraries. All returned books are quarantined for 72 hours. There will also be no overdue fees until the end of 2020.

Helen Smout, Chief Executive, welcomed the opening saying:-

'We know how keen customers in Kinross have been to see their library services resume and our staff have been working with schools to ensure services reopen in a way which ensures safe use for school pupils and the public.

We look forward to welcoming back familiar faces and hopefully meeting a few new ones too. Whilst our opening times are necessarily limited, customers can also continue to access the library service online with our digital library offer; can benefit from a new Click and Collect service at Loch Leven Campus Library; and, for individuals facing difficulties in getting out and about, we can even arrange delivery to your door.'

The popular click and collect service will operate from Loch Leven Community Library. Customers will be able to reserve their books online via the library catalogue, make a request by email or call the dedicated click and collect phone line on 01738 444949 to place their order.

The service gives customers in the local area the opportunity to return books, borrow more of their favourite books, and perhaps even discover some new ones. The service must be booked in advance and customers can borrow up to 12 items for three weeks. All returned books are quarantined for 72 hours before being put back into circulation.

Full details of the click and collect service are available on the Culture Perth and Kinross website. You can also email *clickandcollect@culturepk.org.uk* or call on 01738 444949 (Monday to Friday, 9am to 5pm) to find out more and make a request.

To become a member, sign up online on the Culture Perth and Kinross website today or call 01738 444949 to do this over the phone.



Club & Community Group News

Kinross Beavers

Our online sessions continued during August. For one of the meetings the beavers had great fun learning about good and bad food. To finish the online meeting that evening the beavers took part in a five minute baking activity; they made a chocolate cake in a cup and it looked delicious! Other online activities have included photography, autumn wildlife and a games evening.

At the beginning of September, we were delighted to receive notification from Perth and Kinross District Scouts that our risk assessments for returning to face-to-face meetings had been approved for the amber phase of the Scout Association's 'Getting Everyone Back Together Safely' process. Although we can now return to outdoor face-to-face meetings it is in limited group numbers. This means that the colony is split; two lodges attend an outdoor meeting and the other two have an online session. The lodges then swap over the following week so all beavers get to experience both activities.

For our first night back meeting face-to-face the beavers enjoyed a games and fitness evening in the park. They were also surprised to be presented with badges that they had achieved over the summer; some beavers were presented with special awards.

Congratulations to Bailey who was appointed as assistant lodge leader for the blue lodge. Congratulations also go to Ben who has been appointed as lodge leader and Magnus was appointed assistant lodge leader for the red lodge.

Well done to Harris and Robbie who were presented with certificates for having 100% attendance at Beavers last term. Euan was presented with a special recognition award for working hard and helping other people. Congratulations all!

It was a special evening for Euan as he was also presented his Chief Scout Bronze Award along with Robbie. Both boys successfully completed all six challenge badges and four stage/activity badges. Well done!

This term we said goodbye to Harry E and Harry G as both boys are moving on after spending the last two years at beavers. We have also said goodbye to Andrew and Euan as they are moving on to cubs.

In addition to that we said goodbye to Assistant Beaver Scout Leader Mark who is moving on to cubs to take on a similar role. Mark has been with the colony for just over two years and has been a valued member of the beaver leadership team. We will miss you but we hope you have a great time in your new role at cubs.

Interested in volunteering with scouting? We have opportunities both behind the scenes and directly supporting young people. With full support and training, you can volunteer on a flexible basis. Not only is it rewarding and great fun, you'll also learn some brilliant skills transferable to the workplace and further education. Please contact us by email at kinrossbeavers@hotmail.co.uk for more information.

Boys Brigade and Girls Association

Back on Track

Now that youth organisations can meet again, with special conditions, we have started a new session in the Church Centre on Friday evenings. This is our 100th session; a





remarkable record for what must be the oldest running youth group in Kinross-shire.

To avoid contact between our sections (with age ranges from 5 to 18 years old) we have decided to slightly alter the meeting times.

Anchors (for boys and girls in P1-3) will meet from 6-7pm. Juniors (for boys and girls in P4-6) will meet from 7.30-9pm. Company (for boys and girls from P7-S6) will meet from 8-9.30pm. Parents are asked to wait outside the Church Centre and remain socially distanced both when dropping children off and collecting them at the end of sessions. A member of BB staff will take track and trace contact details of each child in line with government guidelines and current risk assessments.



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Club & Community Group News

Activities will be adapted to suit the current situation but will still remain part of the awards programme.

New members are welcome to attend but it would be helpful if you could make contact with the company secretary on (01577) 862126 prior to attending.

All company section and staff members will be required to wear face masks at all times during meetings in an effort to protect the possible spread of infection.

Fairtrade in Kinrossshire

Please help us to continue to support the many farmers and producers all over the world who have also been affected by Covid-19, by continuing to support Traidcraft and Just Trading Scotland.



We are delighted to be able to have a stall at the Farmers Market,

organized by KLEO. Please come along and buy rice and curry sauces, or biscuits and chocolate! Whatever you buy from us you know that the farmer has been paid a fair price.

We also would encourage you to think of giving a selection of Fairtrade goodies as a gift, at any time of the year. It can be a packet of tea and some biscuits, or rice, curry sauce and coconut milk!

Please contact us through Kinross Parish Church Office if you would like to purchase some Traidcraft goods, or go online and purchase directly from www.traidcraftshop.co.uk.

A selection of animals, knitted by Inner Wheel members

Inner Wheel

www.innerwheel.co.uk

We held our first meeting of the new season over Zoom when a good number of members listened to a most informative talk from Brian Timms, this year's president of Kinross Rotary Club.

Some members were knitting and sewing during lockdown. They produced an amazing number of articles which the club is donating to Loving Hands. We shall be meeting over Zoom for the foreseeable future. If you would like further information about this, or about the club in general, please get in touch with the club correspondent, Jenny MacLeod, by email at jennymac101@icloud.com.

Kinross High School

It has been a joy to welcome pupils back to Kinross High School and to see our campus come alive once again. Since our return, staff and pupils have adapted quickly to the new measures in place to keep our school safe.



When the Scottish Government announced

face coverings would be introduced in schools from 31 August, local resident Sylvia Wall got in touch to offer support. Following a long career as a quilter and having now retired, Mrs Wall found herself with an abundance of spare material. Keen to put the offcuts and her skills to good use, she dusted off the sewing machine and started making masks for friends, family and the wider community from medical centres to local shops. Her first thoughts were for families who would struggle to purchase masks and those who are so busy rushing around in the morning that their mask gets left at home. Mrs Wall's donation means that we have an



additional supply of washable masks in school for anyone who needs one. The generosity and empathy extended to us from the local community fills us with gratitude for those who, like Mrs Wall, just want to 'do their bit'.

Speaking of masks, the Art and Design department have challenged S2 pupils to 'put your values where your mouth is' in an exciting competition being run by Parable Pod Counselling (See p18). Young people have been asked to design a face mask inspired by one of the school values — Ambitious, Responsible, Resilient and Compassionate — using only three colours. The four winning designs will be printed on to over 100 masks. All costs will be met by Parable Pod Counselling and donated to the school for the free use of pupils and staff.

Our senior chemistry students are taking physical distancing measures to the extreme! Pupils have recently begun collaborating with chemistry students at Vanguard High School in Florida. As well as allowing us to kit out our labs with state-of-the-art equipment, our grant from the Wolfson Foundation has enabled us to span the Atlantic virtually. Operating as a virtual school has enabled educators and pupils to enhance their digital skills and has opened their eyes to different ways of using the internet to build community, even in a school 5000 miles away!

Pupils from Kinross and Vanguard have now been introduced to each other in the virtual realm and are looking forward to maintaining this partnership. The chemists are going on to complete a simple practical experiment together in real time and will be able to compare how their results differ. In the longer term, we plan to investigate the contrast between water quality in two local beauty spots to learn how our very own Loch Leven compares to Sulphur Springs in Florida. While we're not about to hop on a flight to Florida anytime soon, being able to connect with peers across the pond proves that we can still build community despite the distance. If we can maintain friendships from 5000 miles away, two metres should be easy!

As we reflect on our first term back at Kinross High School, the overpowering feeling is one of pride in our young people and staff who have coped so well with changes to the way school runs. This year's prefect cohort have been instrumental in helping and encouraging their peers and we can't thank them enough for their leadership support. Thank you also to campus partners Mitie and Tayside Contracts who have continued to provide an outstanding service to the school and have been responsive in adapting to new ways of working.

As we look forward to term 2, our young people will spend more time out of doors than usual during the school day as lessons (such as PE) are delivered outside. If you are walking your dog on the campus, please follow the Scottish Outdoor Access Code by keeping your dog close at heel or on a short lead, and ensuring that you clean up after your dog.

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Kinross-shire Partnership

A R T N E R S H I

Networking Breakfast

Many of you will be wondering what

has happened to the Kinross-shire Partnership Business Networking Sessions. We can now reveal that we have been working hard on the Partnership in the background, and we are now ready to re-launch the Networking meetings. The new series of meetings will follow the winning Zoom-based format of the pre-summer meetings and we will be drawing on our membership and its talent-base to bring helpful and relevant subjects direct to those attending. We will be focusing on supporting local enterprises and individuals with information, assistance and support.

Meetings will be on a Wednesday morning, every fortnight (see below for session dates). Listening to members' views about the convenience of the start time, we've decided to alternate between 8am. and 10am and we will take a view from everyone in December to see what is best. In addition to this notice, we will put out reminders for each meeting before the event via our Facebook page.

www.facebook.com/kinrosspartnership/

The first meeting of the new session was on 30 September.

Meeting Programme, Autumn/Winter 2020

14 October8am28 October10am11 November8am29 November10am9 December8am

Amongst our speakers for the forthcoming session will be Phil Prentice of Scottish Towns Partnership, David Littlejohn of PKC; subjects will include Updates on employment legislation, The business benefits of social media, Website 'Dos and Don'ts' and many more.

In August this year, Alisdair Stewart retired from the Board of the Partnership where he had been Chair for over ten years. In that time he guided and oversaw many initiatives and projects that have been significant boosts to Kinross-shire and the Partnership is indebted to him for his service and stewardship and we wish him well in his new ventures.

We really look forward to meeting you at our next Zoom Networking meeting. If you've never been before, be sure to drop us a line at mail@kinrosspartnership.org.uk and we'll send you a Zoom invitation.

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Recipe



Supplied by Kinnesswood in Bloom

Carrot & Coriander Soup

I have for the first time succeeded in growing carrots and have had enough to try some recipes. This soup is so much better than the tinned variety.

Ingredients

- 1 tbsp vegetable oil
- 1 onion chopped
- 1 tsp ground coriander
- 1 chopped potato
- 450g carrots peeled and chopped
- 1.2 litres vegetable or chicken stock
- Handful of fresh coriander

Method

Heat vegetable oil in a large pan, add 1 chopped onion then fry for 5 minutes until softened. Stir in 1 tsp ground coriander and potato then cook for 1 minute.

Add the carrots and stock, bring to the boil then reduce the heat. Cover and cook for 20 minutes until the carrots are tender.

Tip into a food processor with a handful of coriander then blitz till smooth. Return to the pan, add salt if necessary, then reheat to serve.

Kinnesswood in Bloom

We take great pride in our links with Portmoak Primary School. At the moment volunteers are not allowed in schools but we met staff after school to look at jobs which could be done by the children at this time of year.



We were asked to make little videos for each class so that we maintain contact with them. Cooking is not allowed so unfortunately there will be no strawberry jam or soup this year.

However one class wanted to make lavender bags. Lavender from 'Lavender Walk', as well as suitable material, has been handed in.

They are also completing our tin can challenge in school. The cans will be filled with bulb fibre and bulbs will be planted

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Email: mrandmrsreadyforaction@gmail.com



Children cutting back willow

once they are painted. Instructions were filmed for jobs like harvesting the raised beds, cutting back the willow, clearing round the pond, planning a new orchard as well as the crafts.

It's wonderful to be included in the distance learning and to have the new children recognise us as they walk home from school. The strawberries are still in my freezer so you never know!

This month we have continued to work as a group, tidying up all the areas of the village. However the rules have changed and for the next few weeks at least we will only be allowed to work with one other household.

If you see just two folk working, it's not that our numbers are depleted; another pair may be working elsewhere. We were also delighted to be approached by Henrike, a new resident of the village, offering to get involved with the group.

Matt has been planning improvements to Michael Bruce Cottage garden. We look forward to a safer set of steps and improved paving recycled from different areas of the garden Thanks also go to David Buchan who has offered to provide new turf.

Portmoak Hall 100 Club

August Draw

1st No 29 Greta Hogg, Scotlandwell

2nd No 107 Margo Tough, Kinnesswood

3rd No 89 May Tait, Scotlandwell







Mrs Lesley Naismith,

Cromar Drive, Duloch, Dunfermline

A bit about me...

Originally from Cowdenbeath, I spent the last 10 years living in Dunfermline. I

moved to Gallowhill Road, Kinross in August 2016, with my wife Jacqueline

and our two year old son, Calum. I'm a time-served joiner with 17 years'

experience

Mrs Ruby Petrie.

Glenfield Court.

Cowdenbeath

on budget."

Mrs Lorraine McMillan,

Morar Road,

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Raingardens project

Restrictions caused by the Covid pandemic have delayed our Raingardens project and it will not be completed this year as originally hoped. However, we are pleased to report some progress: three members of our Raingardens sub-committee met with Fiona Welch of Collective Architecture for a socially distanced walk around the proposed Raingardens Trail in August.

The team at Collective Architecture will produce a map of the Trail, advise on necessary consultations and provide visualisations for the street features.

Planning

The Trust's planning sub-committee continues to examine local proposals on PKC's weekly lists of planning applications.

The sub-committee has not met in person for some months, but members keep in touch by electronic means and

the Trust submits comments to PKC where appropriate.

Local Review Body

There seem to be quite a few Kinross-shire appeals to the Local Review Body (LRB) at the moment. If a planning application has been refused under delegated powers – i.e. by a planning officer rather than by the Planning and Development Management Committee (PDMC) of councillors – then the applicant can appeal to the LRB for a review.

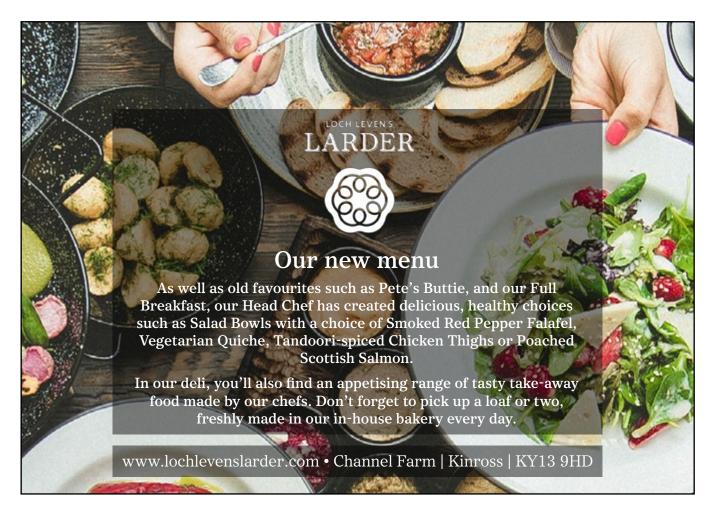
Major planning applications (for over 50 houses) have to be decided by the PDMC as do any applications where the case officer would like to recommend approval but there are six or more objections.

The Local Review Body is made up of three councillors from the PDMC advised by one of the Council's legal team and an independent planning adviser who has had no involvement in the proposals before the Review Body.

At the LRB's September meeting, there was an application for a review of a proposal for a residential development in principle at land 80m north east of Powmill Milk Bar. The LRB upheld the planning officer's refusal on the grounds that the site is not zoned for housing in the Local Development Plan and the proposal is contrary to Housing in the Countryside Supplementary Guidance.

An application for review regarding the erection of three houses at land 30m south west of Leiland House and 50m south east of Tillyochie Farmhouse was deferred for further information to be obtained.

Kinross Astro has applied to the LRB for a review of the refusal of its application to develop a landscaped buffer zone at the King George V Playing Field in Kinross into a hard surface warm-up area.







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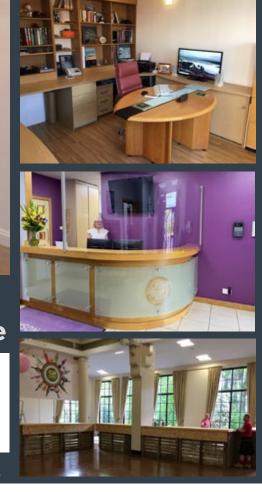
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Sports News

Kinross Colts

It's been a busy month for the Colts. All teams have returned to training and most have managed to play a friendly game or two now that we are allowed to play matches. It's great to see our players back playing the game they love.



The club has also been actively trying to gain access to the outdoor facilities at Loch Leven Community Campus. Whilst other local authorities such as Fife and Angus opened their facilities in August, PKC and Live Active informed us that their facilities would not be opened before 19 October. This would mean that our 15 teams would be unable to train on weekday evenings once it becomes too dark to do so as we normally train under the floodlights at the campus from September through to April.

We're grateful to the numerous people who took the time to complain to PKC about their decision. At the time of writing, Live Active have indicated that they may now open the facilities at the end of September so, fingers crossed, by the time you read this, we will be back training at the campus.

The club has launched our new members rewards scheme in partnership with 8 local businesses. We would like to thank The Thistle Hotel, Heaven Scent and The Wee Barbers in Milnathort and Hunters Butchers, La Casanova Pizzeria, Baillies, The Raj Mahal and Tyrefair in Kinross for joining the scheme and offering discounts to our players and families (see p22 for more details).

If you would like information about the club or have children who want to join any of our teams, send an email to **info@kinrosscoltsfcj.co.uk** or find us on Facebook (Kinross Colts FC Juniors) and send us a message.

Orwell Bowling Club

Bowling Green Avenue, Milnathort Tel: 01577 863739

orwellbowlingclub.weebly.com

Bowls Scotland have cancelled all competitions for 2020 and, at the moment, it is unlikely there will be any friendlies or internal competitions taking place this season. In the meantime, we await further information from the Scottish Government and are staying safe. Check our website and Facebook for any updates. Further advice can be found on the Bowls Scotland website.

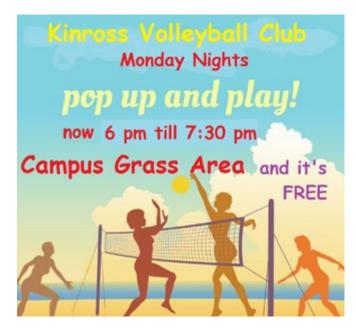
Kinross Badminton Club

Please check our Facebook page (search for Kinross Badminton Club) where we will post any new news about reopening and confirm the reopening date when we have it.

Kinross Volleyball

Kinross Volleyball Club continues to meet on Monday evenings on the grass area to the rear of the Campus. We have brought forward our playing times due to darkness coming in quicker each week; we now meet from 6-7.30 pm and all sessions are free. All members attending are asked to leave track and trace contact details prior to playing.

We were fortunate to secure the purchase of two new outdoor nets and posts for the 'pop up and play' outdoor evening



sessions.

Indoor volleyball sessions are due to start after the school October holidays in the large games hall of the Campus from 8-9.45pm. New members are welcome to prepare for the new season.

The club operates teams in the Perth Premier League and Perth Recreational League with games played on a Sunday evening in Perth. We are all very much looking forward to the new season after months of uncertainty.

Volleyball is a very social sport and the club caters for a wide range of abilities from beginner to advanced levels. Players are in teams suited to their ability and experience. As well as playing in the Perth District Leagues the club also participates in national and international tournaments throughout the season. We look forward to welcoming new faces to existing teams and, should the need arise, we can create a team especially for newcomers.

For further information contact club coach Dave Munro on 01577 862126.

Kinross Tennis Club

https://clubspark.lta.org.uk/KinrossTennisClub

Good news story - secrets of success!

This article will not mention the two months of misery experienced at the start of a season with no tennis! It will simply ignore the frustration of planned events, developments and matches abandoned due to Covid-19. There will be no apology for that as there is too much to celebrate!

Membership numbers have almost tripled, coaching players have doubled, and the number of women and girls playing tennis is Kinross is higher than the men and boys for the first time at our club. It is extremely unusual anywhere in the UK!

So how can this have happened? Is it simply down to Covid-19? A little perhaps, but there are more significant factors at play which have driven this success!

Firstly, we halved our membership fees. Tennis is often seen as an expensive, inaccessible sport and we wanted to change that perception. Long before Covid-19 had taken hold we

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took the decision to halve our membership fees and try to double our members. It worked!

Secondly, our hard working committee of volunteers were meeting (remotely) during lockdown to put arrangements in place to help us reopen as soon as we could. John, our



treasurer, updated our website to enable players to join the club online, book courts and get up to date information on all our activities.

Our secretary Joan kept members up to date with Tennis Scotland and Government health advice on reopening safely by regularly emailing our members. The committee introduced hand sanitising stations at the court gates and put clear signage around the courts reminding players about social distancing and ball handling etiquette (ahem).

Andy, our chairman, was also at the club sunrise and sunset opening and closing the gates each day, keeping access to the court as safe as possible. Vivien, our safeguarding officer and volunteer coordinator, kept players in touch with the creation of social media tennis groups so new players could find others to play with and get to know our current members.

Our amazing coach Siobhan got back to work as soon as she was allowed providing new and rusty players with safe coaching sessions and following the Tennis Scotland guidance at all times. She worked for almost 40 days straight when she was only allowed to meet with one household a day to ensure she fitted in as many players as she could! She also restarted group coaching as soon as guidelines permitted to give junior players especially some much needed social interaction and physical exercise after lockdown.

So what now? We are not complacent about our success! Work will continue during these uncertain times. Our plans include a new junior club session for over-10s on a Wednesday evening (6-7pm) run by our committee member Mark. Adult club social sessions have also started up on Wednesday evenings (7-10pm), Thursday afternoons (1-3pm) and Sunday mornings (10am-12). Again, our committee have been hard at work organising these sessions safely; a register is taken



at each session and social distancing and hygiene practices are in place. Adult group coaching is also back on Monday and Tuesday evenings and Wednesday mornings. Adult and junior coaching will continue well into winter. We'll be staying outside all year so get your thermals ready!

Our club championships have also been taking place. Joan has been collating draws, inputting results and helping players to arrange matches. We won't be able to do the usual finals day this year but we'll be sure to announce our winners!

We hope that we have given you a glimpse of the hard work that has gone on behind the scenes at our club this year to make it a vibrant part of our local community here in Kinross. A rare good news story in 2020!

Enquiries about joining the club should be made to Joan Foster by email *Kinrosstennis@gmail.com*. You can also check out our website or find us on Facebook.

Enquiries for coaching may be made directly to Siobhan by emailing kinrosstenniscoaching@gmail.com.



Kinross Golf Club

www.kinrossgolfclub.co.uk

We'd had another busy month at Kinross Golf Club. In the stableford pairs on 30 August the competition was won by Alex Glancy and David Sharman with 47 points. First place for the McKay Cornock 3 man team on Saturday 5 September was awarded to David Eastop, David R MacKenzie and Tom Bruce with 147.

In the ladies' section congratulations go to Maggie Byford (our 2020 ladies club champion and the winner of the Grant Trophy) and Fiona Smith who came in a close second. The final 18 holes were played on 14 September on the Bruce Course on a lovely calm day in perfect golf conditions. The results from the handicap knockout competition are not in at the time of writing so good luck to all those still competing. Hopefully the results will be in next month's issue.

On 12 September the club held a Charity Texas Scramble. We encouraged mixed teams with gents, ladies and juniors playing together. The event proved to be very popular and it made a welcome relief from the more pressurised side of competitive

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Maggie Byford (left) and Fiona Smith (right). Maggie Byford is now the ladies Club Champion 2020

golf. The top three teams were all mixed teams. The winners were a father and son team of George Ponton and his two sons Adam and Joe who scored an amazing 52 points. The event raised a whopping £300 and the winning team would like to donate this sum to the charity Parkinson's UK. A cheque presentation will be organised soon.

Perfect golf weather seems to be a thing of the past recently as there is a definite chill in the air and more than a hint of seasons changing. However, as the competition season comes to a close with just a few more medals to go, we can still look forward to the 'Captain' v Vice Captain' day on 31 October.

It's a shame that our normal social nights of quizzes and discos are not allowed. Due to restrictions we have not been able to meet up more socially and have made do with friendly waves across fairways and glimpses of old friends arriving or departing. Now more than ever it is important to keep in touch with people and arrange that bounce game. So don't be lonely; pick up the phone and get in touch with that old friend. It may be just what the doctor ordered.

As always Kinross Golf Club is open to visitors and new members. Anyone wishing to play or join should contact the pro shop or the club manager for an application form. We look forward to seeing you at the club soon.





Kinross Rugby Club

Mini and Midi Sections

After a long lay-off from rugby, friends meeting friends, coaches catching up and overall a place to meet and say 'hi', we have now returned to a different way of training and being together. We are just a few volunteer parents who love the sport and decided to take up coaching and were thrown in at the deep end to begin with. However, we soon realised that we are helping the kids to play better together as a team and have some fun.

As a coaching team, we have been training for the last three weeks now. We are adhering to many SRU guidelines and strict rules on keeping our distance from the kids but, ultimately, we are enjoying the return to rugby.

As the season gets going we are moving from stages two and three (starting back and playing touch rugby) to stage four (one on one tackling, rucking and scrum positions be can be re-introduced) and we can start to think about playing some games. That might not be until the end of October but at least it's not too far off.

For the first time in as many years we proudly have an



U13s side. That is thanks to the dedication and hard work of everyone involved; our coaches, parents and the kids themselves as they turn up for training every week. Well done everyone!

Every age group has moved up a year and this creates a vacant P1 squad. A few people have joined already but there is a slight void to fill. We would like you to come along and 'try' out a training session. Boys and girls, you could be the next Finn Russell, Rory Sutherland or Jade Konkel! Or maybe you would like to make new friends.

Saturday start times vary. Mini training times are as follows:-P1-3, 10.30-11.30am; P4, 10.45-11.45am; P5, 9.45-11am; P6, 10.15-11.45am; P7, 10am.

Midi (High School, S1) U13s train on Saturday, 10-11.30am and Wednesday, 6.30-8pm.

Contact Robert Allan, Kinross Rugby Youth Convenor, on 07831099315 or email kinrossrugby.juniors@gmail.com

Kinross Vaulting Group

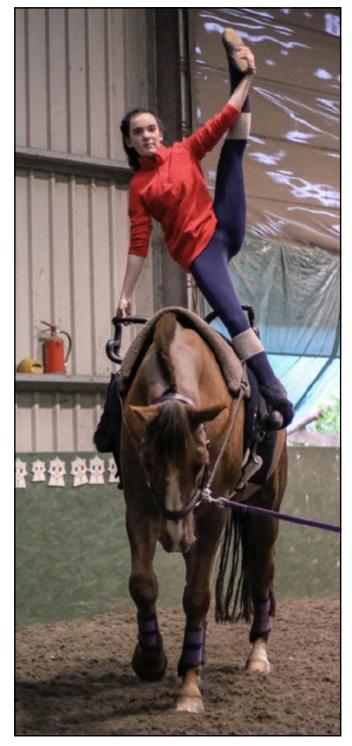
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kinrossvaultinggroup.co.uk

It has been a somewhat quiet summer with the usual training, summer camps, team displays at local fetes, competition preparations and trips to national and international competitions all being cancelled due to the Covid-19 lockdown. The KVG horses have all enjoyed a relaxed summer out in their paddocks and are in excellent condition after a well-earned impromptu holiday.

Special thanks go to Carole Pow, Lesley Campbell-Ross and Bryony Pettinger for all their hard work and dedication over





this time in ensuring the horses were all taken care of and happy.

From August onwards, following the strict new Covid prevention measures put in place at Hillside, it has been possible to slowly get the horses back into work with limited numbers of vaulters, coaches and lungers. The horses have co-operated graciously without too much dragging of the heels, and have all been delighted to be fussed over again by their young vaulters.

While KVG will not be attending any competitive events for the rest of this year, we are all looking forward to next season and beginning to put ideas together for choreography, costumes and music for Spring 2021. Onwards and upwards!

We are holding a junior taster session on Sunday 18 October from 2-4pm. This will allow local children the opportunity to come and try this wonderful sport. The cost of this session is just £10 and it is open to all children between the ages of 5-18 years. Numbers are limited due to the strict Covid-19 measures in place, but we can put on an extra session if demand is high. No equestrian or gymnastics experience is necessary.

We work with quiet, sensible horses who are very kind to beginners and our coaches and lungers always make sure these sessions are great fun. A super activity to book for the October holidays!

To find out more or reserve a place, please contact Lesley Campbell-Ross by email at **Iscampbell@hotmail.co.uk**.





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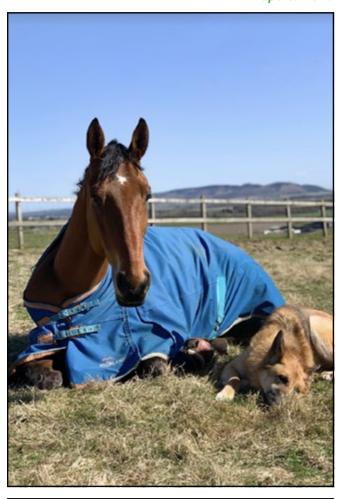
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SWI



Cleish SWI

Due to this unsettled climate we are in at the moment Cleish SWI are holding their meetings on Zoom.

Dorothy Morris welcomed 19 members, 1 child and 2 cats to our first meeting. Everyone showed off their facemasks, most home-made and we had a good laugh. Dorothy then demonstrated how to make friendship bracelets with everyone joining in.

Next meeting our speaker is Janet Rougvie talking about her experiences as a dog breeder and visiting Crufts.

Our competition next month is a photo of a dog. We definitely had a good night.

Bishopshire SWI

Due to latest government advice limiting numbers meeting together we have taken the decision to hold future meetings over Zoom.

The first meeting will be held on 8 October at 7.30pm when we hope to have someone from Guide Dogs For the Blind speak to us. Members will be sent a link to join the meeting.

Friendship bracelets



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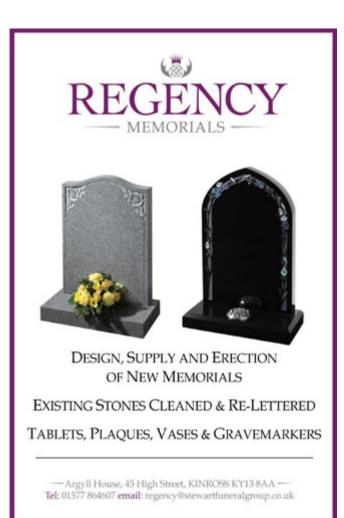
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Local Volunteer Opportunities

Broke not Broken is a voluntary organisation working for the prevention and relief of poverty by providing support and practical assistance to individuals and families experiencing hardship. Please contact admin@brokenotbroken.org to find out how you can help.

Greyhound Rescue Fife at Baltree Country Centre, Gairneybank, Kinross, needs volunteers to clean the kennels and walk and feed the greyhounds. Can you help? Phone 01592 890583. Visit our website at www.greyhoundrescuefife.com

Kinross in Bloom: Volunteer group that provides and maintains floral displays to enhance the environment of Kinross. If you are interested in volunteering, please contact Susan Mitchell at: susan. mitchell50@gmail.com

Kinross-shire Day Centre: We are looking for volunteers to serve meals and help with day trips and activities, such as bingo and singing, for a lively bunch of over-aged teenagers (over 65s). If you would like to find out more, we would love to hear from you. Pop in and speak to Nan or telephone 01577 863869.

KLEO (Kinross-shire Local Events Organisation): If you enjoy local events on your doorstep, like the monthly Kinross Farmers' market and the winter festival events (concerts, comedy and the festive street market), please join the KLEO team! For more info about KLEO events, go to www.kleo.org.uk. If interested, please contact Bouwien Bennet at info@kleo.org.uk or call 01577 863107.

RSPB Scotland Loch Leven: We need volunteer fundraisers to help support the wonderful world of nature on our doorstep. Pin badges, bucket collections, events and sponsored walks - if you'd like to join our team, please contact Lyndsay Stobie at: Lyndsay.Stobie@rspb.org.uk or call 01577 862355.

Kinross (Marshall) Museum: The Museum Trust is looking for volunteers to help care for Kinross-shire's heritage collections and man the Museum Study Room in the Loch Leven Community Campus on Thursdays and Saturdays. If you would like to know more, drop by or contact the Museum on 01577 867153 or email: information@kinrossmuseum.org.uk

Swansacre Playgroup: A long established charity playgroup for children aged 2-5 years, we need volunteers to help support us with play sessions. For more information, please email swansacre@ amail.com

Kinross Heart Start: Campaign to secure funds for public access defibrillators in Kinross. Contact Pamela Hunter to find out how you can volunteer on 01577 862419.

Light Up Kinross is a small local charity with responsibility for Kinross Christmas lights and decorations. We require additional volunteers to assist with fundraising and administration of the lights. If you are interested, please contact David Colliar, email davidcolliar@tiscali.co.uk or Bill Freeman, email billywhizkid78@ gmail.com or contact our Facebook page.

Common Grounds: Charity café staffed by volunteers on Tuesdays, Wednesday, Fridays and Saturdays in Guide Hall, Church Street, Milnathort. Open to public 10am-12.30pm. Opportunity to serve in café or bake for the café. Also opportunity to gain recognised hours towards Duke of Edinburgh Awards and Saltire Awards for young people 16 years and over. Funds raised are used to support charities mainly in Africa. Contact: Convener Elspeth Caldow on 01577 863350 or Secretary Linda Freeman on 01577 865045 for more information.

The Potager Garden is a small community garden in Bowton Road, Kinross, KY13 8EQ. It is a registered charity run by volunteers, a main aim being to give education to schoolchildren about plants, gardening and the environment. If you would like more information about our volunteering opportunities, please contact the Convenor, Amanda James, on 01577 840809, or amandajames1577@gmail.com

Children's Hospices Across Scotland: Can you spare a few hours of your time? We are looking for volunteers in our kitchen, housekeeping, driving, childcare and garden teams.



Anyone who is interested is welcome to come for a visit. Please contact us by phone on 01577 865777 or email volunteering@ chas.org.uk. To apply online visit www.chas.org.uk.

Seamab is a residential school that cares for and educates some of the most vulnerable



children in Scotland. We are looking for volunteers to help us place and manage collecting cans across Perth and Kinross. Volunteering for Seamab will help make a huge difference to the lives of the children at Seamab and will be a great way to meet new people and develop new skills. For more information please contact Melloney Flinn at mflinn@seamab.org.uk or call 01577 840307.

Milnathort Town Hall committee: Can you spare a couple of hours a month? We are looking for volunteers to join us. For further information please contact us at milnathorttownhall1@gmail.com. We would love to hear from you.



Volunteering with Aberlour!

We are currently recruiting new volunteers to support Aberlour, Scotland's Children's Charity. Oberlou If you have a genuine interest in the wellbeing of



children and families and live in the Perth and Kinross area we would love to hear from you. To find out more, visit www.aberlour.org.uk/ volunteer, or contact Shonagh (Volunteer Coordinator) on 07864 625069/shonagh.ferguson@aberlour.org.uk.

SPARKs are a group allowing adults of all ages who have support needs or disabilities to meet together with their carers to improve their health & wellbeing. They meet in Loch Leven Community Campus every Thursday 1-3pm. Volunteers will be supported by workers Roseanne Gray - P&K Community Learning



& Development Worker and Shona Fowler – NHS Project Worker. For more information please call 01577 867216 / 867218 or 07769 243282 / 07896 280843.

Scotlands Gardens Do you love gardens? Might you be interested in meeting local garden owners, helping to support local gardens that currently open for charity, plus those that are considering it? If so, and you would like to know more, please ring Lizzie on 01577 862900

Kinross-shire Volunteer Group and Rural Outreach Scheme

Do you have some spare time? Do you enjoy driving? Are you a people person? If so we have the ideal volunteering opportunity for you. Kinrossshire Volunteer Group and Rural Outreach Scheme



provide drivers to take people, mainly elderly, to appointments, shopping, etc.

Basically any trip most of us take for granted can be a challenge for someone without a car who cannot manage public transport. Our volunteers provide not just a driver but a helping hand and a listening ear.

There is never any pressure, you accept the trips you want to do and no more. Some of our drivers are happy taking people to Ninewells, etc, others prefer to just do local runs – both are equally valuable. At KVG&ROS we value all our volunteers and in fact are the holders of a Volunteer Friendly Award. If you are interested and would like to hear more please phone Pauline on 01577 862685.

For more volunteering opportunities, go to the community website www.kinross.cc and look for 'Volunteering', or look at www.vaperthshire.org

Organisations: If you would like a volunteer appeal to be added to the list above, please email the Newsletter Editor.

Please let us know if you no longer need your appeal to be listed.



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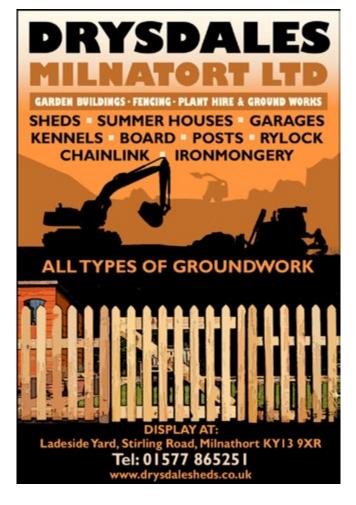
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Out & About

Loch Leven NNR





IT'S THAT TIME OF YEAR when the skies around Loch Leven are filled with the 'wink-wink' call of thousands of pink-footed geese.

We saw our first 'Pinkies' on 10 September; we only counted 53 but since then the numbers have gone up and up! Peak numbers are normally in October so now is a great time to get out around the loch to see them. The best times to watch the geese are either at dawn when they are flying off to feed in the fields or at dusk when they are coming in to roost on the loch.

Our new viewing screen has been completed at Kirkgate, there was a bit of a delay in construction but it was worth the wait. The screen will give great views over the loch and to Castle Island and is going to be a great place for watching the geese.

The loch has had big rafts of tufted ducks on it; for our WeBS Count on 7 September we counted over 6000 individuals! Loch Leven is a safe haven for so many species of birds throughout the year but even more so in the autumn and winter months.

Neil has been out with the Softrak cutting different areas of the reserve including the pools at Levenmouth. The Softrak is really good for cutting areas which we could not get to with the other machinery and has relatively little impact on the ground.

We had a bit of a false start with our meadow management this year due to some issues with equipment but hopefully by the time you are reading this we will have managed to cut all the areas we planned to. Cutting and removing vegetation on our meadows prevents competitive plant species from taking over allowing wildflowers to thrive which is great for pollinators as well as other wildlife.

Around the loch the trees have been changing with beautiful shades of yellow, orange and red. The leaves have been falling to the ground which is great for crunching through! If you are looking for things to do during the October holidays why not collect some fallen leaves and have a go at creating some leaf

art or leaf rubbings! Unfortunately, we won't be running any of our October holiday clubs this year but keep an eye on our social media and website for some activity and craft ideas.

There are lots of different species of fungi around the woodland floor; we normally see quite a few puffballs around Burleigh woods and the horse hoof fungus have been growing on the trees in the Black Woods. Red squirrels are busy caching food for the winter so if you hear noises in the trees above you look up, it might be one.

As always please keep an eye on the Blog (Loch Leven Wordpress), Loch Leven NNR Facebook page and the Loch Leven NNR Instagram for regular updates.

They say some things only happen once in a blue moon, well this month we have one! A blue moon occurs when there are two full moons in the same month with the second one this month occurring on Halloween. If we are allowed to go out guising this year have a look for any extra werewolves! TTFN.

Louise Clark Seasonal Reserve Officer



RSPB Loch Leven

facebook.com/RSPBTaysideFife www.rspb.org.uk/lochleven

Telephone: 01577 862355



Comings And Goings

WE HAVE HAD SOME great sightings of wildlife at Loch Leven this month. Pink-footed geese have begun to slowly trickle back to the reserve with two flocks of 175 and 50 spotted flying over the wetlands. These birds migrate south from their summer breeding grounds in Iceland and Greenland and will spend the winter months sheltering here at Loch Leven. The Loch can host up to 20,000 geese and over the coming months our warden team will be hard at work counting and monitoring these numbers closely.

Osprey have also been present for the past month at the reserve with a total of five individuals spotted together so far. September and October are great months to see these birds in action as they use the loch to recover their strength, catch fish and refuel on the long journey back to Africa. A great place to spot these birds is along the fence posts at the edge of the loch by our Wetland trail. They often use these posts to eat fish before diving back into Vane bay for a second helping.

We have also had several sightings of marsh harrier gliding over the wetland. Wildfowl numbers are starting to pick up on the loch with sightings of teal, wigeon, and pintail. Over 100 curlews have also been spotted on the wetlands too.

On the far western area of the reserve the fields there have been ploughed and reseeded which will allow us to better carry out our management. The feral barnacle geese population of over 200 have been enjoying the new grass shoots.

We have also started an exciting new pollinator project to improve the bumblebee meadow. Generous funding has allowed us to obtain a new seed collector, rotovator, wildflower seeds, and early flowering plug plants that will





Recent Weather Reports from Kinross

August

 Total Rainfall
 177mm/7.08in

 Heaviest Fall
 61.6mm/2.46in (11 Aug)

Total Sunshine 111.6hrs
Sunniest Day 10.8 hrs (8 Aug)

Max Temp Average 18.48c
Highest Temp 26.0c (1 Aug)

Min Temp Average **8.92c**Lowest Temp **1.2c** (29 Aug)



'Oo you lookin' at?' One indignant osprey...

help improve the meadow floristically and help spread seeds collected from the meadow to other areas of the reserve. This will be ongoing for many years and will be a nice project for our wonderful volunteer team to help with. The project is also helping many other RSPB reserves in Scotland too.

After the mega thunder and lightning storms in August the warden team have been hard at work carrying out necessary path repairs so a big thank you to our volunteer team for helping with that too! We would not be able to do what we do without them.

The visitor centre and cafe are now open once more, serving tea, coffee, soup and of course, our famous scones. Both the shop and cafe will be open from Friday to Monday 11am -3pm while we find our feet. We hope to be back to our normal 7 day a week operation soon.

For updates you can follow us on Facebook @RSPBTaysideFife and Twitter @RSPBlochleven.

Rachel Gooday Visitor Experience Officer

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Time To Hibernate

SO, WE'RE WELL INTO AUTUMN now, the leaves are turning and it's getting darker and colder... and the countdown to the winter solstice begins, when the nights will start to get shorter and we can look forward to spring again.

The garden's starting to wind down now ready for its winter rest, but of course, there's still plenty to do while you still can. One of the most useful things to do in the autumn is to divide up perennial plants – this keeps the plant healthy, stops it getting too overgrown, and provides free plants. This year I'll be doing this with some hostas and hardy geraniums. It's really easy to do – just lift the root ball and take a sharp spade

One of the dahlias I'll be overwintering

and divide into how ever many pieces you like, making sure to keep a clump of roots with each piece. I usually try and put at least one clump in a pot on the patio to bring the garden closer to the house.

I've found over the years that one of the best 'multiplying' plants is oriental lilies. You see them in Sainsburys in spring and autumn

quite cheaply and many different colours. I usually buy one or two new colours a year and chuck them in a pot on the patio. They flower over a few weeks, giving a lovely shot of vibrant colour... and the great thing is that in a couple of years, you'll need to empty the pot and replant some of the bulbs in another pot, as there are simply too many for just one pot — as you know, I like free stuff!

You'll want to be lifting your dahlia tubers this month too.



I wouldn't bother with the annual, petalled single ones as they can be easily grown from seed each vear. But the big showy ones, definitely lift and store over winter. I've got three varieties that I'll be doing this with which I'd hate to lose leaving bν in the ground over winter.

Fuchsias will also need to be brought in during



My favourite fuchsia this year

October. I put mine in the greenhouse but a sheltered, frost free spot will do. They're really easy to overwinter – just cut all the foliage back and leave them – I usually give them a trickle of water once a month but apart from that, I don't do anything until I see new growth in the spring. I've built up a collection of fuchsias over the years and all are beautiful but this year, I think this one is my favourite.

You can also continue planting bulbs this month, bearing in mind that tulips don't like to be planted in the frost. You'll be glad you did next spring when they start to peek through the cold, hard ground with the promise that spring is indeed on the way.

So, that's me for another year. There's not much gardening to be done over the winter months so I'll leave you in peace to enjoy your festive season when it comes – I wish you and

yours the very best of health, wealth and happiness.

I'll leave you with a picture of my success story (gardening-wise) for this year. This is my agapanthus which I bought about four or five years ago – last year it had 13 flower stems this year it has over 40! I grin every time I see it. See you next year, folks!



Agapanthus – this makes me happy

Teresa Stirling

What Does Harvest Mean To Us?



ANDREW AND I WERE asked to answer this question recently by a close friend who is preparing for harvest celebrations with her city congregation. As I've been going about checking sheep and getting back to work, I've given it a bit of thought and each time I come up with the same set of initial thoughts. The first few things that spring to mind may not be expected, but I'll share them with my friend and with you too.

Here goes and I promise to dig deeper as I write.

Drama. I'm a shepherd and have never got involved with harvest very much so it's the few weeks of the year that I find myself home alone in charge of the remote. I relished the two series of Doctor Foster and uninterrupted viewing of The Bodyguard, all of which aired in September.

Itchy pillows and dusty doormats. Andrew starts each harvest day by switching on the grain drier, as soon as he does this the chaff from the grain starts to swirl in the air, some of it lands on his head. His next task is to service the combine, he picks up his grease gun and gets stuck in the workings of what we call in this column 'the green dinosaurs.' The insides are oily and greasy, full of chaff and straw, some of this dusty yellow stuff works it's way down the back of his shirt or into his socks, maybe in his pockets too and eventually to the doormat or our pillows.

No birthday until the harvest is home. The story goes my Dad was combining when I was born on 26 September and he finished the field before heading to the hospital to set eyes on his new daughter. Nearly 46 years on and plans are still quite often postponed due to the priorities of harvest. It really has to be brought in before the weather breaks.

If these first three thoughts sound a bit cynical, it's just a

reflection that it is an intense period of hard work for our family. I also feel many much warmer feelings and a huge sense of pride during this time of year so here's another few to add to the list.

Turnbull teamwork. It's a family affair with Andrew working alongside his brother each day and joined by their Dad and our son sometimes too. No two days are the same as everything depends on the weather, plans are often disrupted by unexpected rain or cloud. The days are long and breakdowns make it all more challenging. The commitment to the task is impressive and they work together with the farmers they are helping to get the job done and the crop safely harvested.

Harvest teas. Believe me they are as good as they sound. Imagine a Famous Five picnic with the legendary lashings of ginger beer, enjoyed with friends in the fresh air, at the edge of the field. Whatever is served tastes delicious and is massively appreciated.

'Harvest is the finale of the year's work.' As I write this Andrew is cutting oats and having trouble to get them through the sieves smoothly so when I ask him his thoughts his response is brief but to the point. He enjoys seeing the culmination of the season's efforts come together. The yield and quality is a reflection of his efforts and management together with the rainfall and sunshine supplied by Mother Nature. It's a good chance to assess the field and plan for the year ahead. I tell him about the latest drama on the TV and immediately know he will stick to the excitement of harvest so the remote is mine in September for many years to come.

Fiona















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Kinross-shire Churches Together



Cleish Parish Church Church of Scotland

(Charity No: SC003168)

Minister: Rev Lis Stenhouse BD (Hons)

Tel: 01577 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Neil Maclure

Email: neil.maclure19@gmail.com Tel: 01577 864826
Please visit our website: www.cleishchurch.org
During the past months due to Covid-19 restrictions, we have had to cancel all our services of worship, meetings and events

We are very pleased to announce that both our Churches will be opening for a time of private prayer and reflection:

Cleish Parish Church each Thursday at 7-7.20pm Fossoway Parish Church each Thursday at 2.30-2.50pm Our Sunday worship will continue through our Sunday 'Zoom' services.

Fossoway Church at 10am and Cleish Church at 11.30am. Celebration of Holy Communion will take place by 'Zoom' on Wed 28th Oct at 7pm.

We also have a 'Zoom' service to celebrate Holy Communion at 7pm on the last Thursday in each month.

We continue to keep in touch through our email network, phone and letter.

If you would like to join us please phone the Rev Lis Stenhouse 01577 842128.

Any changes to the current situation before next month will be announced on Fossoway Church website http://www.fossowaychurch.org.uk

At the moment Cleish Church website is unavailable as we will shortly be upgrading to a joint church website, our apologies for any inconvenience.

Orwell and Portmoak Parish Church

Church of Scotland (Charity number SC015523)

Minister – Very Rev Dr Angus Morrison

Telephone: 01577 863461

Email: angusmorrison3@gmail.com

Website: www.orwellportmoakchurch.org.uk

Contact the Office: 01577 861200

Orwell Church is now closed for refurbishment for several months, but services continue in Portmoak Church at 10am each Sunday with all current Covid safety procedures in place. Only 25 people can be accommodated within the church and masks must be worn.

To avoid people having to be turned away it is necessary that seats be reserved in advance each week by emailing *kirkbooking@btinternet.com* or by telephoning 01592 840528.

For contact tracing purposes please include a contact telephone number for anyone attending. Please only use the booking email address for that purpose. The situation will be monitored as the weeks go by, and further changes may be required. Please check the church website or Facebook page for further information.

Online services are still being posted each Sunday morning and are available for the rest of the week. To access these, log on to the church website, as above, click on Online Worship and follow the link on the page. DVD versions of the service are available to those without Internet facilities.

The Church Office and Shop is still closed until further notice. The office email below is being checked, but less frequently than normal.

orwellandportmoakchurch@gmail.com

Fossoway, St Serf's & Devonside Church

Church of Scotland (Charity number SC013157)

Church Road, Crook of Devon, Kinross-shire, KY13 0UY www.fossowaychurch.org.uk

Minister: Rev Lis Stenhouse Telephone: (01577) 842128

Email: estenhouse@churchofscotland.org.uk

Session Clerk: Mrs Janet Harper Telephone: (01577) 840225

Email: aclassicsoul@aol.com

Our church is a very warm and welcoming place situated in the Crook of Devon, a small village about six miles from Kinross. Come and join us, we would love to meet you.

St Paul's Scottish Episcopal Church (Part of the Worldwide Anglican Communion)

Muirs, Kinross, KY13 8AY Tel: 01577 864299

Email: office@stpaulskinross51.plus.com

www.stpauls-kinross.co.uk
Fr David Mackenzie Mills, Rector.

Tel: 01577 863795

Email: frdavidkinross@gmail.com You can also find us on Facebook

www.facebook.com/stpaulsepiscopalchurchkinross St Paul's is inclusive, friendly and welcoming to all age groups (whether regular churchgoers or if you're simply inquisitive about who we are and what we do.)

Despite continuing relaxation of laws relating to Covid-19 lockdown, limitations posed by our building mean that services and events connected with St Paul's will remain online only for the time being. Sunday services will continue to be broadcast from the building as livestreams via 'Zoom' and Facebook Live. Thereafter, recordings of theseservices will be available through the church website and Facebook page. Please see both of these for updated information as and when we have it to publish. Our church bell will ring on Sunday mornings to signify that we continue to be present and prayerful in the community, despite our congregation's physical absence.

In the meantime, please be assured of our prayers and intercessions, especially if COVID-19 has directly affected you and your family. We live in hope that this health emergency will become manageable enough for us to reconnect in person again as soon as safely possible.

May the road rise up to meet you.

May the wind be always at your back.

May the sun shine warm upon your face;

the rains fall soft upon your fields and, until we
meet again, may God hold you in the palm of His hand.

Forthcoming services - all via Zoom and livestreamed

Thursdays @ 2pm

'Zoom' cuppa chat

(Please contact the Rector by the Monday if you would like to join. You will be sent details of timings and the login details for that week.)

4 Oct: Pentecost 19 (Proper 27)

Church Information

No Virtual Communion from St Paul's this day Instead, you're invited to watch the Provincial Eucharist service which will be broadcast at 11am.

11 Oct: Pentecost 20 (Proper 28)

9.30am 'Virtual' Holy Communion

16 Oct: LUKE THE EVANGELIST

9.30am 'Virtual' Holy Communion

Prayers for Healing in a separate 'Breakout room'

('Zoom' only)

25 Oct: Pentecost 22 (Proper 30)

9.30am 'Virtual' Holy Communion

9.00pm Service of Compline (Facebook Live)

St James' Catholic Church

5 High Street, Kinross, KY13 8AW

Parish Priest: Father Martin Pletts. Tel: 01577 863329

www.catholickinross.com

Email: Fr.MartinPletts@gmail.com facebook.com/parishpriestkinross/facebook.com/stjamesprayergroup/

Regular Services

Mon 7pm Holy Mass preceded by Confessions and

Prayer Group at 8pm in the church hall.

Tue 10am Holy Mass preceded by Confessions and

Morning Prayer (9.30-9.50am).

Wed 10am Holy Mass preceded by Confessions and

Morning Prayer (9.30-9.50am). Teas/Coffees

after Mass, in the church hall.

Thu 10am Holy Mass preceded by Confessions and

Morning Prayer (9.30-9.50am).

Fri 10am Holy Mass preceded by Morning Prayer

& Confessions (9.30-9.50am)

3pm Divine Mercy Devotions.

Sat 10.30am Adoration of the Blessed Sacrament and

Confessions (first Saturday of every month Holy

Mass at 10am).

6pm Vigil Mass.

Sun 9.30am Mass (teas/coffees after Mass in church hall).

Confessions also on request.

Prayer Group meets on a Monday, 8pm-10pm, in the church hall and is open to all.

Children's Catechism class meets every Monday during term time, 3.45pm-4.30pm in the church hall.

The weekly newsletter, Mass times, news and updates or changes can be found on our website.

Kinross Christian Fellowship

Jesus said, 'I am among you as one who serves.'

Sunday morning service at 10.30am (refreshments and blether at 10am), Millbridge Hall, Old Causeway, Kinross.

Lively praise (children participate), reverent worship open to the leading of the Holy Spirit, prayer, ministry and solid Biblebased preaching and teaching. An all-round family service for families, which includes Sunday School. Communion every second Sunday, as is our evening service at 6.30pm; a time for praise, worship, sharing and joy in The Lord Jesus. (Followed by light refreshments and more blether.)

Everyone is welcome to either service or to both, so please come and taste and see that the LORD is good.

Contact Peter on 01577 863509, for further information.

KCF also runs the Talking Donkey cafe. Additionally, the Friday evening Youth Group at the Millbridge Hall (Space) is also the responsibility of our Fellowship, and we are pleased to accept this privilege.

Kinross Gospel Hall

Montgomery Street, Kinross www.kinrossgospelhall.info
All services αre suspended

for the duration of Covid-19

Kinross Parish Church

Church of Scotland (Charity no SC012555)

Following Christ I **S**preading the Word I **S**erving the Community

10 Station Road, Kinross KY13 8TG

Church website: www.kinrossparishchurch.org Facebook:www.facebook/kinrossparishchurch.org Church E-mail: office@kinrossparishchurch.org

Church office and church open: Mon-Fri 10am-12 noon.

Church Office: Tel. (01577) 862570

Contact the church office if you are interested in leasing

rooms in the church or church centre.

Minister: Rev Alan D. Reid MA, BD Tel: (01577) 862952 Assistant Minister: Rev Kathleen (Kathy) Dain tel. 01577 531424 Ordained Local Minister: Rev Margaret Michie (01592) 840602

Session Clerk: Jaffrey Weir Tel: (01577) 865780

Regular Services and Events:

Daily Prayer: Available on 01577 528270 and press 2.

Sundays

10.30am: Morning Service. Available to view on YouTube, Facebook and the church's website, or listen by phone on 01577 528270 and press 1; or request a CD or copy of the sermon from church office.

11.15am: Virtual Coffee Fellowship after the service on Zoom, including by phone (details in weekly email to members or contact church office.). This is replaced by Communion on 4 October.

7pm: Prayers for the Nation: livestreamed on Facebook. **7pm: 'Crossfire'** (S1 upwards) meeting for socially-distanced activities in the church garden.

Wednesdays

10.30am: Mid-week Service in the church. A much-appreciated chance to meet together for worship once again. Maximum of 40 people. Names and contact details have to be given in advance to the church office.

12 noon: Mid-week prayers livestreamed on Facebook. **1.30pm: Craft Group** meet on Zoom (details from church office).

Other Services and Events:

October

Sunday 4

11.15am: Communion, on Zoom (details in weekly email to members or contact church office)

Monday 5

8am: Silent Meditation. Guidelines for a period of reflective stillness published on Facebook

Thursday 15: 9pm: late evening service of Compline livestreamed on Facebook

Sunday 18: 4.30pm: Café Church on Zoom: an informal and interactive experience (details from church office)

The church has been broadcasting worship services and times for reflection online and this has been appreciated by many, even beyond the congregation.

Weblinks for Sunday Worship and midweek times for reflection and prayer:

Kinross Parish Church Facebook page www.facebook.com/kinrossparishchurch

Kinross Parish Church worship channel on YouTube www.youtube.com/channel/UC480WCgwA2SU1zBXLg%klfA

All EU/EEA/Swiss nationals and their family members living in the UK must apply to the EU Settlement Scheme for Settled or Pre-Settled status by the end of June 2021.

We provide FREE and REGULATED information and advice.

Всички граждани на държави от ЕС/ЕИЗ/ Швейцария и членовете на техните семейства живеещи във Великобритания трябва да кандидатстват за статут на уседналост или временен статут на уседналост до края на 2021. В случай, че се нуждаете от помощ по процеса на кандидатстване, обърнете се към нас предлагаме БЕЗПЛАТНА И РЕГЛАМЕНТИРАНА информация, както и консултации.

Ako ste državljanin EU-a, EGP-a ili Švicarske, vi i vaša obitelj trebate prijaviti u Sustav registracije i boravku EU-a državljani kako bi mogli živjeti u Ujedinjenoj Kraljevini nakon 30. lipnja 2021. godine. Ako budete sigurni da želite, dobit ćete status trajnog ili privremeno boravka. Ako vam je potrebna pomoć u vezi s vašom prijavom kontaktirajte nas - pružamo BESPLATNE I REGULIRANE informacije i savjete.

Kõik Ühendkuningriigis elavad EL/EEA/Šveitsi kodanikud peavad taotlema püsielaniku staatust (EU Settlement Scheme) 2021. aasta juuni lõpuks. Kui te vaiate taotluse esitamisel abi, palun võtke meiega ühendust. Pakume TASUTA nõu ja KONTROLLITUD k

Kaikkien EU / ETA / Sveitsin kansalaisten ja heidän perheenjäsentensä jotka asuvat UK:ssa, on hakeuduttava EU Settlement Scheme -järjestelmään kesäkuun 2021 loppuun mennessä. Jos tarvitset apua hakemuksessasi, ota meihin yhteyttä -tarjoamme ilmaista ja säädeltyä tietoa ja neuvontaa.

Tous les ressortissants de l'UE, de l'EEE, ou de la Suisse et les membres de leur famille résidant au Royaume-Uni doivent postuler au dispositif d'enregistrement pour les citoyen(ne)s européen(ne)s avant la fin du mois de juin 2021 afin d'obtenir un statut de résident permanent ou provisoire. Si vous avez besoin d'aide avec votre dossier - contactez nous. Nous pouvons vous apporter une assistance GRATUITE et RÉGLEMENTÉE.

Alle in Großbritannien lebenden EU/EEA/ Schweizer Bürger*innen müssen spätestens bis Ende Juni 2021 beim EU-Settlement Scheme den Settled-" oder "Pre-Settled-Status" beantragt haben. Bitte kontaktieren Sie uns, wenn Sie Hilfe bei der Antragstellung benötigen - Wir bieten KOSTENFREIE und QUALIFIZIERTE Information und Beratung.

Ολοι οι υπήκοοι της ΕΕ / ΕΟΧ / Ελβετίας και τα μέλη της οικογένειάς τους που ζουν στο Ηνωμένο Βασίλειο πρέπει να υποβάλουν αίτηση στο Πρόγραμμα Εγκατάστασης της ΕΕ για να αποκτήσουν το καθεστώς Εγκατάστασης ή Προ-Εγκατάστασης έως το τέλος του Ιουνίου 2021. Εάν χρειάζεστε βοήθεια με την αίτησή σας επικοινωνήστε μαζί μας - παρέχουμε ΔΩΡΕΑΝ, έγκυρες πληροφορίες και συμβουλευτική υποστήριξη, σύμφωνα με επίσημους κανονισμούς

Allir ESB / EES / svissneskir ríkisborgarar og fjölskyldumeðlimir þeirra, sem búa í Bretlandi, verða að sækja um "EU Settlement Scheme" og þá annað hvort "settled status" eða "pre-settled status" fyrir lok júní 2021. Ef þú þarft hjálp við umsókn þína hafðu samband við okkur við veitum ÓKEYPIS og skipulagðar upplýsingar og ráð.

Entro la fine di giugno 2021, tutti i cittadini dell'UE / SEE / svizzeri e i loro familiari che vivono nel Regno Unito devono fare domanda per il Settled Status o Pre-Settled Status. Se hai bisogno di aiuto con la tua richiesta contattaci: forniamo informazioni e consulenza GRATUITE e REGOLARI.

Irish citizens can apply to the EUSS but they are not required to. Non-EU family members of Irish citizens should apply to the scheme even if their Irish family member has not. From the 24th August British and Irish people from Northern Ireland can apply to the EUSS but they are not required to. Non-EU family members of people from Northern Ireland should apply even if their NI family member has not.

Visi Eiropas Savienības, Šveices un Eiropas Ekonomikas zonu valstspiederīgie un to ģimenes locekļi, kas patstāvīgi uzturas Apvienotajā Karalistē ir jāreģistrē pastāvīgā (settled) vai pagaidu (pre-settled) iedzīvotāja statuss. Reģistrēšanās termiņš ir 2021.gada 30.jūnijs. Jautājumu vai neskaidrību gadījumā droši varat sazināties ar mums. Nodrošinam bezmaksas, akreditētu informāciju un konsultācijas.

Visi JK gyvenantys ES / EEE / Šveicarijos piliečiai ir jų šeimos nariai turi kreiptis pagal ES Nuolatinio gyventojo progaramą dėl nuolatinio arba preliminaraus gyventojo statuso iki 2021 m. birželio mėn. Jei jums reikia pagalbos dėl jūsų paraiškos, susisiekite su mumis - mes teikiame NEMOKAMĄ ir REGLAMENTUOTĄ informaciją bei patarimus.

ledereen die in de UK woont en de EU, FFA of de Zwitserse nationaliteit heeft is verplicht om ,Settled-' of Pre-settled Status' aan te vragen bij de EU Settlement Scheme. Dit moet voor het einde van juni 2021 gedaan zijn. Als u hulp nodig heeft met deze aanvraag neemt u dan contact met ons op. Wij kunnen u informatie en advies geven. Deze hulp is gratis en gereguleerd.

Wszyscy obywatele Unii Europejskiej, EWG i Szwajcarii, oraz członkowie ich rodzin mieszkający na terenie Wielkiei Brytanii musza złożyć wniosek o status osiedleńczy do 'EU Settlement Scheme'. Jeśli potrzebujesz pomocy w złożeniu wniosku skontaktuj się z nami - oferujemy BEZPŁATNA i UREGULOWANA PRAWNIE informację oraz poradę imigracyjną.

Todos os cidadãos da UE / EEE / Suíça e seus familiares que moram no Reino Unido devem solicitar o status do Acordo de liquidação da UE para liquidação ou pré-liquidação até o final de junho de 2021. Se precisar de ajuda com sua inscrição, entre em contato conosco fornecemos informações e conselhos GRATUITOS e REGULAMENTADOS.

Cetatenii UE / EEA / Elvețieni și membrii familiei lor care locuiesc în Marea Britanie trebuie să aplice la sistemul de rezidentă a cetătenilor europeni in Marea Britanie dupa Brexit (EU settlement scheme), pentru statutul de stabilit (settled status) sau prestabilit (pre settled status) până la sfârșitul lunii iunie 2021. Dacă aveți nevoie de ajutor pentru aplicația dvs., contactaține pentru a vă oferi informații și sfaturi GRATUITE și

Všetci občania z krajín EÚ/EHP/Švajčiarska a ich rodinný príslušníci žijúci v Spojenom Kráľovstve Veľkej Británie musia požiadať v rámci pobytovej schémy pre občanov EÚ o Status Usadlíka, alebo Predbežný Status Usadlíka do konca júna 2021. Ak potrebujete pomôcť so žiadosťou, kontaktujte nás – poskytujeme informácie a REGULOVANÉ poradenstvo ZDARMA.

Todos/as los/las ciudadanos/as de la UE, el EEE y Suiza que viven en el Reino Unido, así como sus familiares, deben inscribirse en el sistema de registro de ciudadanos/as de la UE (EU settlement scheme) para solicitar su estatus de pre-asentado o asentado antes del 30/06/2021. Si necesitas ayuda con tu solicitud, ponte en contacto con nosotros. Ofrecemos asesoramiento gratuito y regulado.

Om ni bor i Storbritannien och är från länder i EU/EES eller från Schweiz, måste ni ansöka till EUs Settlement Scheme för att få bosatt eller ansökt (settled or pre-settled) status. Detta måste göras innan juni månads slut och gäller också för var och en i familjen som också bor i Storbritannien. Vi kan erbjuda gratis assistans och hjälp med er ansökan, från ett officellt reglerat project. Ni kan kontakta oss enligt nedanstående detaljer







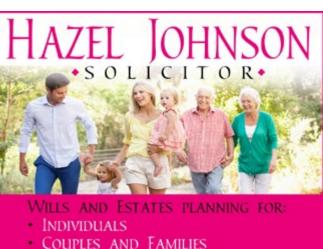












- Business owners and Farmers ALSO:
- WILLS
- GUARDIANSHIPS
- POWERS OF ATTORNEY
- INHERITANCE TAX ADVICE
- ESTATES ADMINISTRATION
- ADVICE ON CARE COSTS
- PROPERTY AND BUSINESS LAW

COVERING EAST CENTRAL SCOTLAND HAZEL@JOHNSONLEGAL,CO,UK

TELEPHONE: 07824 702 229 Crook of Devon, Kinross-shire

Coffee Shop

OPEN

Monday - Saturday 9am - 4.45pm

Sunday 11am - 4.15pm

Lunch menu served daily 11am - 4.00pm

Before relaxing in our popular Coffee Shop enjoy a browse in our store where you will find a fantastic selection of gifts, ladies & mens branded clothing as well as our cashmere clothing & accessories.

Breakfast Rolls (until 11.30am) Soup & Sandwiches Toasties & Paninis Cakes & Traybakes

Teas & Coffees Cold Drinks

Cashmere at Lochleven Lochleven Mills, Kinross KY13 8DH





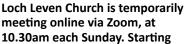




Tel: 01577 867570 www.cashmereatlochleven

The church is running a network of telephone contacts offering support and encouragement. Anyone who would value having someone phoning them for a regular chat should phone or email the church office – messages left will be accessed remotely every day.

Loch Leven Church (Charity No: SC049050)



in September, on Sunday mornings, we will also begin meeting in small groups across Kinross-shire in compliance with government advice.

Everyone, of all ages, is very welcome to join the informal service; please just email us for the details to join in.

On Sunday 27 September, we celebrated our two-year anniversary as a new church! This was a service for all the family, and all were very welcome to join.

A STUDY IN EPHESIANS 1:1-23 PEOPLE OF HOPE 2:1-22 PEOPLE OF GRACE 3:1-13 PEOPLE OF FREEDOM 3:14-21 "I PRAY FOR YOU.." 4:1-5:2 "I URGE YOU.." 5:3-20 "YOU WERE ONCE."



"SUBMIT TO ONE ANOTHER"

"BE STRONG IN THE LORD"

To find out more about us, please visit our Facebook page 'We Love Loch Leven', our website www.lochlevenchurch. com, or email us at info@lochlevenchurch.com

Obituaries

Thora Clyne

Thora Clyne was a lecturer, artist and printmaker who exhibited widely, both at home and abroad, throughout her career. She is fondly remembered as a kindly and supportive lecturer by the students whom she taught at the Edinburgh College of Art and as a member of local visual arts organisations.

Thora was an active participant in several local visual arts organisations. She was a well-known member from the early years of the Perthshire Visual Arts Forum and exhibited with them abroad as well as in Scotland.

Her membership of PVAF led her to become a member of the steering group that was to go on to establish Perthshire Open Studios. The first meeting of the steering group was held in the old Kinross High School. At the start there was some debate about it really being the Perthshire and Kinross-shire Open Studios – Thora strongly supported this idea, of course! Thora went on to serve on the POS committee in her quietly efficient and helpful way, as well as participating in Perthshire Open Studio events for many years.

More recently she joined the Fife Dunfermline Print Workshop, an artist run cooperative printmaking workshop, where she became one of our their most productive artists, she

Site became one of our titell mos

made etchings, woodcuts, collagraphs and linocuts at the workshop and was always willing to learn new techniques. In February, not long before lockdown, Thora took part in their most recent exhibition which was held at Frames Gallery in Perth. She was looking forward to exhibiting this summer at Pittenweem with the Print Workshop, but sadly that event had to be cancelled because of the Covid-19 pandemic.

The following quotes show how much she was loved by her fellow members:

"Thora was such a wonderfully positive person to have around. Always laughing at the silliest things and joking around like she was 18 and not in her 80s. I'll miss



her so much at the workshop. It really won't be the same without her."

"She always had such a quiet calm manner and was always happy to share her expertise generously. A real pleasure to work alongside."

"She could surprise you, not many 80 year olds brave social media, she even "tweeted" and had her own website named "catpawtraits".

She will indeed be sorely missed.

Sheila Carnduff, Chairperson, Fife Dunfermline Print Workshop

Acknowledgements

Jessie Greenhill

The family wishes to express a special word of thanks to the carers and district nurses who tended to Jess in her final phase.

As the hearse wound its dignified pace through the town, it was so wonderful to see the many tributes paid to Jess by the people of Kinross, and in particular the CHAS volunteers who clapped their respect and appreciation.

Due to Covid-19 regulations, no facility was available at the crematorium for donations. Therefore, we would like anyone who wishes to choose their favourite charity and donate online.

DIRECTORY OF FUNDING FOR COMMUNITY GROUPS

Covid-19 Support

Covid Information

Find more about funding opportunities from the Community Support Section of the Council's website.

www.pkc.gov.uk/article/21652/ Coronavirus-Funding-for-communitygroups

Foundation Scotland

Foundation Scotland/NET The Recovery & Resilience Response, Fund has reopened for applications between £1000 and £5000. The fund is now focusing on Recovery and will support organisations to continue their operations in the 'new normal', to reestablish or re-design their activities to comply with new regulations in addition to providing emergency support for those who need it most. For more information see: www. foundationscotland.org.uk

This and other funds are highlighted on SCVO's coronavirus hub, see:

https://scvo.org/support/coronavirus/ funding 2 September 2020

Museum Recovery and Resilience Fund

Grants are available to prevent independent museums in Scotland from running out of funds before the end of March 2021, and to support them to develop their resilience by adapting to changed circumstances, supporting their workforce and reengaging with their communities.

Deadline: 30 October 2020

www.museumsgalleriesscotland.org.uk/funding/recovery-and-resilience-fund/

COVID-19 Response Fund

Grants are available to UK charities that demonstrate a strong focus on alleviating social deprivation and helping vulnerable groups who have been affected by the coronavirus pandemic.

Deadline: 31 December 2020.

www.volanttrust.org/how-to-apply-covid-19/

#ShiftThePower

Coronavirus Response Fund

Grants of up to £10,000 are available to help grass-roots organisations in Scotland to support vulnerable individuals, families, and communities, including helping them to cope with the impacts of COVID-19.

Deadline: Ongoing

www.corra.scot/grants/comic-reliefcoronavirus/

Response, Recovery & Resilience Fund

Response, Recovery & Resilience Fund is open for applications up to £5,000 the fund is now focusing on Recovery. As some lockdown restrictions are lifted this phase of funding will support organisations to continue their operations in the 'new normal', to reestablish or re-design their activities to comply with new regulations in addition to providing emergency support for those who need it most.

Deadline: Ongoing

www.foundationscotland.org.uk/ programmes/community-response,recovery-resilience-fund/

The Fore – RAFT Transition Fund

Grants of up to £15,000. The Fore RAFT Transition Fund is designed to support small charities and social enterprises as they adapt to the post-lockdown world. Funding will enable grantees to strengthen their organisations, plan ahead, become more sustainable and refocus on the new needs of their beneficiaries.

Deadline: Ongoing

www.thefore.org/applying-for-funding/

Morrisons Foundation COVID-19 Homeless Support Fund

Morrisons Foundation grants up to £10,000 are available to support charities caring for the homeless during the COVID-19 pandemic. Registered charities that care for the homeless can apply for support to cover three broad areas:

- Outreach and support for rough sleepers, including provision of essentials
- Delivery of services in hostels and shelters
- Information and advice

Deadline: Ongoing

www.morrisonsfoundation.com/latestnews/covid-19/

British Muslim Covid-19 Fund

Peace & Relief International grants up to £5000 are available for charities, organisations and voluntary groups in the UK impacted by the COVID-19 pandemic. Small grants (up to £1000) are intended for community groups, grassroots organisations, food banks and other volunteer groups.

Deadline: Ongoing

https://britishmuslimcovid19fund.co.uk/

Arts and Culture

Clore Duffield Foundation

Main Grants Programme Grants are available to registered charities in support of the cultural sector. The Foundation does occasionally make donations to the health and social care sectors, it should be noted that the majority of its support is directed towards the cultural sector, and in particular to cultural learning and to museum, gallery, heritage and performing arts learning spaces.

Deadline: Ongoing

www.cloreduffield.org.uk/main-grants

Sainsbury Family Charitable Trusts

Headley Trust Funding for registered charities in the UK for projects in the following areas: arts and heritage UK, cathedrals and major churches, parish churches, arts and heritage overseas, developing countries, education, and health and social welfare.

Deadline: Ongoing

www.sfct.org.uk/headley.html https://www.sfct.org.uk/how_to_apply.html

Community Funding

NFU Mutual Charitable Trust

Grants are available to charitable groups and organisations. The Trust focuses on providing funding to larger initiatives, which would have a significant impact on the rural community. The Trustees are particularly interested in initiatives in the areas of education of young people in rural areas and relief of poverty within rural areas.

Deadline: 30 October 2020 www.nfumutual.co.uk/about-us/

charitable-trust/

Henry Smith Charity – Main Grants – Strengthening Communities

Strengthening Communities grants programme (between £20,000 and £60,000 for up to 3 years). The fund is designed to support small charitable organisations working at grassroots level. Through this grant programme we want to make sure that our funding reaches the most disadvantaged areas of the UK, targeting places that are economically marginalised and affected by poverty. They want to fund work that enables:

• People from across the community to

participate in activities which improve connectedness, opportunities and wellbeing

- People who are excluded, vulnerable or facing other forms of hardship to have access to community-based services that support positive lasting change
- A stronger, active, more engaged community

Deadline: Ongoing

www.henrysmithcharity.org.uk

Ross and Liddell Community Bursaries

Grants are available for local community groups and charities in Scotland to buy equipment and materials to improve the services they provide to their local communities

Deadline: Ongoing

https://ross-liddell.com/community-

bursary

Stuart Halbert Foundation

Grants are available to UK registered charities and other charitable organisations for projects that support disadvantaged people, animal welfare, the Armed forces or the local community. The Trust will generally support smaller charities, especially those working at grass roots and local community level where the funds will be able to make a significant difference.

Deadline: Ongoing

www.stuarthalbertfoundation.org.uk

The Rozelle Trust

Financial assistance is available to smaller charities that work with children and young people, people living in poverty and people with disabilities.

Deadline: Ongoing

www.rozelletrust.org/default.asp

Young People

Weaver's Company Benevolent Fund

Grants up to £15,000 are available for smaller UK based charities working with young offenders, prisoners and ex-prisoners, and young disadvantaged people, especially those at risk of criminal involvement within the UK.

Deadline 19 November 2020

www.weavers.org.uk/

Dulverton Trust

Grants up to £35,000 are available to charities working to produce significant impact in the Trust's priority areas: youth opportunities, general welfare, conservation, heritage and peace and humanitarian support.

Deadline: Ongoing www.dulverton.org

Environment

Volunteering Matters Action Earth

Volunteering Matters Action Earth small grants up to £500 are available for local volunteer groups to take action and improve their local environment through volunteering activities. Any group of volunteers in Scotland can apply. For Volunteering Matters Action Earth grants, applications for volunteers of all ages, backgrounds and abilities in practical outdoor activities are accepted. For Action Earth Enhanced Grants, the project must either be involved with people with defined health or social needs and/or be designed to benefit people with defined health or social needs.

Deadline: Ongoing

https://volunteeringmatters.org.uk/ project/action-earth/

Tree Council – Branching Out Fund

Branching Out grants of up to £1500 are available to assist schools and community groups in undertaking well planned tree planting projects across the UK, preferably during National Tree Week. Organisations should contact the Tree Council if they are interested in applying.

Deadline: Ongoing www.treecouncil.org.uk/

Swire Charitable Trust

Swire Charitable Trust grants are available for charities working to deliver positive and lasting change to society under three programme areas: opportunity, environment and heritage. Priority will be given to charities that:

- Operate in some of the most economically disadvantaged parts of the UK and work with people from the most challenged backgrounds.
- Can clearly demonstrate the needs they are addressing.
- Know what they are aiming to achieve and plan to monitor and evaluate outcomes. Can show a proven track record as well as solid ambitions.

Deadline: Ongoing

www.swirecharitabletrust.org.uk/

Paths for All – Community Active Travel Grants

Community Active Travel Grants up to £3000 are available for constituted community groups in Scotland to develop, deliver, and promote their own community led active travel projects. Any constituted community group in Scotland that has its own bank account can apply.

Deadline: Ongoingwww.pathsforall.org.uk

Charles Hayward Foundation

Charles Hayward Foundation grants for up to £75,000 are available to registered charities for projects in the following categories: Heritage and Conservation; Social and Criminal Justice; Overseas; and Older People. Registered charities or exempt charities can apply for either a main or small grants programme depending on their annual income.

Deadline: Ongoing

www.charleshaywardfoundation.org.uk

Smarter Choices, Smarter Places Open Fund

Grants up to £50,000 are available. Smarter Choices, Smarter Places (SCSP) Open Fund aims to encourage people to change their everyday travel behaviours. Grants are available to encourage people to use buses and community car clubs for longer journeys; walking and cycling for short journeys, and home-working to replace daily commutes. The Fund is available to support public, third and community sector organisations.

Deadline: Ongoing www.pathsforall.org.uk

Stafford Trust

Stafford Trust grants up to £5,000 are available to support registered charities in the UK, with a preference towards charitable organisations operating in Scotland. Registered charities are eligible to apply. Priority is given to charities in Scotland.

Deadline: Ongoing

www.staffordtrust.org.uk/apply-for-aarant

Tesco Bags of Help Grants Programme

Bags of Help grants up to £2000 are available to support a wide range of community groups, organisations, charities, schools and other not-for -profit organisations with capital improvement projects for local community greenspaces. Not-for-profit organisations in the UK can apply as long as they are constituted and have a governing document.

Deadline: Ongoing

https://tescobagsofhelp.org.uk/tescocommunity-grants

Smarter Choices, Smarter Places Open Fund

Grants up to £50,000 are available. Smarter Choices, Smarter Places (SCSP) Open Fund aims to encourage people to change their everyday travel behaviours. Grants are available to encourage people to use buses and community car clubs for longer journeys; walking and cycling for short journeys, and homeworking to replace daily commutes. The

Community Funding

Fund is available to support public, third and community sector organisations.

Deadline: Ongoing

www.pathsforall.org.uk/pfa/getinvolved/smarter-choices-smarterplaces-open-fund.html

SUEZ Communities Trust Scottish Landfill Communities Fund

Grants up to £50,000 are available to non-profit making organisations in Scotland. The Trust will consider projects which focus on long lasting physical improvements at a specified site or amenity. Funding is typically awarded for the purchase of materials, equipment and the appointment of a contractor to undertake the improvement work.

Deadline: Ongoing

www.suezcommunitiestrust.org.uk

W F Southall Trust

Grants are available for charities in the UK working in Quaker Work & Witness, Peace & Reconciliation, Environmental Action & Sustainability or Social Action. Preference for projects where grants of up to £5000 will make a quantifiable difference, grassroots initiatives, where you show creativity and innovation, that promote social justice, that foster inclusion and diversity, where you challenge structural inequalities and injustice and where you are making good use of volunteers. Engagement with your local community and can show clear evidence of support from within.

Deadline: Ongoing https://southalltrust.org/

Health

Armed Forces Covenant Fund Trust – Tackling Loneliness Programme

Grants of up to £70,000. The Tackling Loneliness programme should address social isolation by targeting specific groups within the Armed Forces community who are traditionally harder to reach.

- Projects should also fit with at least one of the main themes of this programme.
- Building stronger social networks and friendships.
- Improving access to local activities and provision.
- Building emotional resilience to overcome the causes of loneliness.
- Empowering Armed Forces communities to become more independent.

Deadline 09 October 2020

https://covenantfund.org.uk/ programme/tackling-lonelinessprogramme/

Lionel Wigram Memorial Trust

Grants up to £3000

Funding is available for charities that are providing services for blind, deaf and disabled people.

Deadline: Ongoing

http://www.

lionelwigrammemorialtrust.org/

Paths for All -

Walking for Health Fund

Grants up to £7,500 and £15,000 are available to a range of organisations working in Scotland. The fund aims to:

- Diversify and increase the number of new walkers taking part in Health Walks in Scotland
- Increase the amount of physical activity undertaken by people in Scotland (especially those experiencing inequality)
- Improve wellbeing and/or reduce illhealth

Deadline: Ongoing

www.pathsforall.org.uk/walking-forhealth/wfh-grants/wfh-fund

Listed Places of Worship Grant Scheme

Grants are available towards the VAT incurred during repairs and maintenance of listed buildings that are used principally as public places of worship, or which are listed places of worship owned by specified organisations that look after redundant places of worship.

Deadline: Ongoing www.lpwscheme.org.uk

Pilgrim Trust

Grants are available for projects in the UK concerned with heritage preservation and social welfare, especially improving the life chances of vulnerable members of society (particularly women and girls).

Deadline: Ongoing

www.thepilgrimtrust.org.uk/

SUEZ Communities Trust

Scottish Landfill Communities Fund Grants up to £50,000 are available to non-profit making organisations in Scotland. The Trust will consider projects which focus on long lasting physical improvements at a specified site or amenity. Funding is typically awarded for the purchase of materials, equipment and the appointment of a contractor to undertake the improvement work.

Deadline: Ongoing

www.suezcommunitiestrust.org.uk

Sports

The Dan Maskell Tennis Trust

Grants of up to £1500 are available to help disabled people in the UK to play tennis through the purchase of wheelchairs, tennis equipment and grants for coaching. The Trust supports people with all disabilities, e.g. physical impairment, deaf, learning disability, visually impaired etc.

Deadline 07 October 2020

www.danmaskelltennistrust.org.uk/apply-for-a-grant

Sports Facilities Fund

Sport Scotland grants up to £100,000 are available for the provision or upgrading of sports facilities in local communities throughout Scotland. Applications will be considered from any non-profit distributing, constituted organisations whose membership is open to all sections of society.

Deadline 01 November 2020

https://sportscotland.org.uk/funding/ sport-facilities-fund/

Aldi Scottish Sport Fund

Grants up to £2,500 are available for local sports clubs in Scotland to support their work in their local community. Applications will be considered from a range of groups as long as they are based in Scotland.

Deadline 02 November 2020 www.aldi.co.uk/scottishsportfund

Andy Fanshawe Memorial Trust

The Trust exists to fund projects that allow disadvantaged young people in the UK to take up opportunities to develop an existing interest in the great outdoors and outdoor activities. Applications are accepted from individual young people or small groups or from organisations, such as schools or youth clubs, on behalf of a young person for self-planned activities or residential courses at an outdoor centre in the UK. To be eligible, individual applicants must have a referee.

Deadline: Ongoing www.andyfanshawe.org

Boost Charitable Trust

Small grants up to £500 are available to charities and non-profit making organisations with a focus on helping disabled and disadvantaged individuals in the UK to participate in sport.

Deadline Ongoing

www.boostct.org/get-involved

Peter Harrison Foundation – Opportunities Through Sport

Programme Grants are available to charities registered in the UK that are running sports projects which provide opportunities for people who are disabled or otherwise disadvantaged

Community Funding

to fulfil their potential and develop personal and life skills.

Deadline Ongoing

https://peterharrisonfoundation.org/ grant-programmes/how-apply

Bruce Wake Charitable Trust

Grants are available for the provision of leisure activities for the disabled in the UK. The Trust favour applications where the potential beneficiaries are physically disabled wheelchair users or improved access for wheelchair users is proposed. **Deadline Ongoing**

https://brucewaketrust.co.uk/grants/

General

Schroder Charity Trust

Schroder Charity Trust grants up to £5,000 are available for UK charities supporting education, communities, the environment, health, arts and culture, international development, heritage, and the armed forces.

Deadline: Ongoing

https://schrodercharitytrust.org/

homepage.

Robert McAlpine Foundation

Robert McAlpine Foundation grants up to £10,000 for registered charities undertaking projects for the benefit of children, youth, the elderly, social and medical research.

Deadline: Ongoing

www.robertmcalpinefoundation.org

Percy Bilton Charity

Percy Bilton Charity funding up to £5000 is available to registered charities with primary objectives to assist one or more of the following groups: disadvantaged/underprivileged young people (persons under 25); people with disabilities (physical or learning disabilities or mental health problems); older people (aged over 60). Applicant organisations must be registered UK charities for large grants. Organisations do not need to be registered charities to apply for a small grant, but will need to supply a reference from a registered charity or from the Voluntary Service Council.

Deadline: Ongoing

www.percy-bilton-charity.org/

applyOrg.html

Steel Charitable Trust

Grants up to £25,000 are available to registered charities in the following categories: arts and heritage; health; education; social or economic disadvantage; and the environment.

Deadline 31 October 2020

https://steelcharitabletrust.org.uk/

Alpkit Foundation – Grassroots Support Now

They welcome any applications from individuals or organisations serving those affected by coronavirus, across the country. Examples include:

- Being active in your local community to help elderly or vulnerable people
- Minimising the impact of selfisolation for those in quarantine and need access to food, medicines or social care
- Supporting foodbanks and increasing the number of meals on wheels deliveries to support the elderly
- Supporting those who are homeless or in temporary accommodation
- Bringing adventure indoors and overcoming the obstacles that prevent us benefiting from going outdoors.

Deadline: Ongoing

https://alpkit.com/blogs/foundation/adapting-to-the-coranavirus-crisis

Anton Jurgens Charitable Trust

Grants (the average investment, loan or donation is €50,000) are available to registered charities for charitable projects that support people of all ages who are socially disadvantaged and/or have mental and/or physical disabilities.

Deadline: Ongoing

www.antonjurgensfonds.nl/en/applications/ajct/

Boshier-Hinton Foundation

Grants are available for charities in the UK working with children and adults with special educational or other needs. **Deadline: Ongoing**

www.boshierhintonfoundation.org.uk/

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C.I.A Cleaning, 77 High Street, Kinross, KY13 8AA



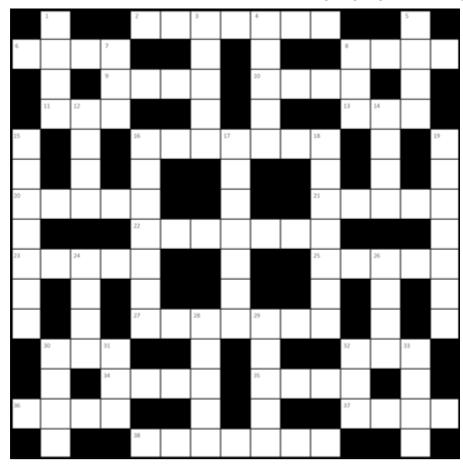


Puzzles

Welcome to our not-so-fiendishly-difficult puzzles page – enough to test your brain, not so much that it will explode from the strain. A moderately difficult sudoku and a Kinross-themed crossword should be enough to accompany your mid-afternoon cup of tea and shortbread.

KINROSSWORD

Test your local knowledge with our crossword, where a number of the clues relate to Kinross and the surrounding area. No prizes – just bragging rights for getting it right. Answers on page 57.



S U D O K U

	7		2	8	5		1	
		8	9		3	5		
5				1				8
	1						9	
9				4				3
		2	4		8	6		
	9		6	3	2		8	

ACROSS

- 2 Used for speed by Kinross paper boys and girls (7)
- 6 Kinross has fair ones (4)
- 8 A local saint (4)
- A dark plate or screen used to shield a lens from light (4)
- 10 Bread served at the Raj Mahal (4)
- 11 Not harming the environment (3)
- 13 To enquire too closely into personal affairs (3)
- 16 Scottish islands (7)
- 20 Citrus fruits (5)
- 21 Planning applications in community council reports are often these (5)
- 22 Beckoned (7)
- 23 Baynes is our local one (5)
- 25 Best swept Kinross road? (5)
- 27 Where the Earth is widest (7)
- 30 Group of 26 down (3)
- 32 Owns hearse on odd occasions (3)
- 34 Breathing hole for seal (4)
- 35 Avengers enemy (4)
- 36 Period at school (4)
- 37 Well-loved Kinross-based charity (4)
- 38 An Inn in Milnathort (7)

DOWN

- 1 Green space in Kinross used for football and dog-walking (4)
- 3 A thief in Devon? (5)
- 4 Not recommended for use on the loch in winter (5)
- 5 Squirrel home (4)
- 7 The conscious mind (3)
- 8 Pro Scottish independence (3)
- 12 Not panicking (4)
- 14 Beet or yam (4)
- 15 Kilt (7)
- 16 Kirkgate hide is a place to do this (7)
- 17 Country with the most cheetahs (7)
- 18 Long narrow deposit in the sea (7)
- 19 Midriff (7)
- 24 Organises the Farmers' Markets (4)
- 26 Sea hunter (4)
- 28 Standard (5)
- 29 Kinross Park? (5)
- 30 Loch Leven docking area (4)
- 31 Beaver-built blocker (3)
- 32 Sound heard after a tipple or two (3)
- 33 Graceful bird often seen at the loch (4)









Notices



Give a Greyhound a Home www.greyhoundrescuefife.com

Forever homes needed for rescued greyhounds. Greyhounds are very gentle

creatures that require very little walking!

Please call or email for details

Tel: 01577 850393 (evenings) 07826 244765 (daytime) Email: femiejimmyf@aol.com



Grants For Good Causes

Kinross Community Council Newsletter Limited (KCCNL) Charity No. SC040913



All profits from the *Kinross Newsletter* are transferred to a charitable company, KCCNL, and given away to local good causes. Groups and individuals are invited to apply to KCCNL for grant funding. Decisions on grants are made at two meetings per year. The deadlines for grant applications are:

31 March and 30 September

More information is available on the kinross.cc website. Applications may be downloaded from the website or obtained from the Applications Administrator, Barry Davies, Tel 01577 865004 or email barrydavies57@btinternet.com

Kinross Garden Group 2020/2021 Season

Thursday 8 October 2pm
At your own home via ZOOM!

Nancy Stephens will talk about her book
The Exceedingly Curious tale of 'A Curious Herbal'

All welcome to join us

To find out how to do this

Contact Caroline Anderson on 01577 864589

Or acaroline1000@gmail.com

The Bike Station

Donate unwanted bikes, parts and cycling **REVOLE** accessories for reuse. Poorer bikes are salvaged for parts. Bikes are refurbished by qualified expert mechanics and sold on to the public at affordable prices with a three-month warranty.

Donated bikes and parts are collected from all Perth & Kinross Recycling Centres, including the Kinross centre at the Bridgend Industrial Estate.

Bike sales are held at The Bike Station, 284 High Street, Perth, PH1 5QS, Tuesday to Saturday 10am-5pm.

The Bike Station also offers a Repair Service, a Fix Your Own Bike facility and a Dr Bike mobile service.

Tel: 01738 444430. Website: www.thebikestation.org.uk The Perth Bike Station is an accredited Revolve organisation.

Perth Citizens Advice Bureau

Perth CAB can help you. Our advice is free, confidential, impartial and independent.

Contact us: Advice line 01738 450580.

Appointment line 01738 450581.

Benefits Advice in Libraries (BAIL)

People who need help to identify and claim the right benefits or advice to help them to negotiate the benefits system in any way can access assistance from Perth Citizens Advice Bureau's 'Benefits Advice In Libraries' project in Kinross at Loch Leven Library. The service is available on Tuesdays by appointment only. Telephone the bureau on 01738 450581 to make an appointment.

Debt and Money Advice Service

Perth CAB has a team of specialist debt advisers. Advice is free, confidential, impartial and independent. To talk to a specialist debt adviser call 01738 450590 or email David Ogston (senior debt adviser) using the following email address: David.Ogston@Perthcab.casonline.org.uk

Newsletter Deadlines

More deadlines for the months ahead can be found on our website.

In very rare circumstances it may be necessary to change a deadline at short notice. Check the *Newsletter* website for latest information: *www.kinrossnewsletter.org*

Issue	Deadline	Publication Date		
November	Friday 16 October	Saturday 31 October		
December	Friday 13 November	Saturday 28 November		

100th Birthday and Diamond Wedding Anniversaries

Do you know a Perth & Kinross resident who is celebrating their 100th or 105th+ birthday?

Do you know a Perth & Kinross couple celebrating their 60th, 65th or 70th wedding anniversary?

PKC can arrange delivery of flowers or for a local Councillor to present a basket of flowers to the person or couple on their special day.

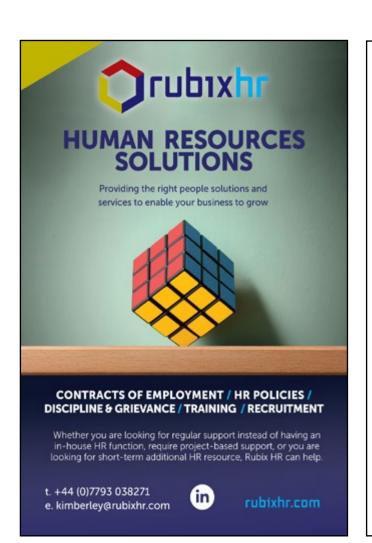
Tel: 01738 475051 Email: CivicServices@pkc.gov.uk

Local Correspondent

for Perthshire Advertiser and Fife Herald newspapers

Linda Freeman

Tel 01577 865045.
Email: linda.freeman_64@btinternet.com





Zoom Online Classes

Monday

Pilates With Zoe - 9.30am Yoga With Carmelina - 6.00pm Pilates With Zoe - 7.45pm

Wednesday

Pilates With Zoe - 9.30am Meditation With Zoe - 8pm

Thursday

Yoga With Catharine - 6.30pm Yoga With Catharine - 7.45pm

Friday

Pilates With Zoe - 9.30am

Meditation with Zoe will be FREE. Classes will be £7.00, You will need to download the free Zoom app, this can be done on a phone, laptop, computer or tablet. Signing up to classes is essential as you will be sent an invitation 15 minutes before the class starts with log in information.

If you would like to join our online classes please email relax@heartandsoultherapy.co.uk

IT'S EASY, IF WE CAN DO IT, YOU CAN DO IT. STAY FIT, STAY CONNECTED WITH US. WE WILL LOOK AFTER YOUR PHYSICAL, EMOTIONAL AND SPIRITUAL BODY.









Perth & Kinross School Term Dates 2020-21

Autumn Term 2020

Term Ends: Friday 2 October

Autumn Holiday: Monday 5 October - Friday 16 October

Winter Term 2020

Term Starts: Monday 19 October

In-Service Days: Thursday 12 November and Friday 13 November

Term Ends: Wednesday 23 December

Christmas Holiday: Thursday 24 December – Wednesday 6 January

2021

Kinross Recycling Centre

Bridgend Industrial Estate

Opening Times: Mondays to Fridays 9am to 7pm Saturdays and Sundays 9am to 5pm

Bras, bicycles, cans (inc aerosols, biscuit tins, aluminium foil), car and household batteries, cardboard, cooking oil, electricals (WEEE), engine oil, fluorescent tubes, long life light bulbs, food and drinks cartons (Tetra packs), fridges, freezers, garden waste, glass, large domestic appliances, paper, plastic (rigid plastic packaging), rubble stone and soil, scrap metal, telephone directories, textiles (clothes and shoes), timber, tyres (maximum two per visit, strictly householders only) and non-recyclable (general) waste.

Bikes and bike parts will be recycled (see separate Bike Station notice). Collection point for Perth College WEEE project: IT equipment will be refurbished and sold on at an affordable price or recycled for parts. Items accepted include: desktop computers, laptops, mobile phones (without the sim card), tablets, keyboards, mouse controls, cables, DVD players, video players, portable music players, games consoles, new or empty printer cartridges, projectors and flat screen working monitors. The project cannot accept Cathode Ray Tube or broken monitors.

Compost can be collected from the Recycling Centre, subject to availability. Maximum of 2 \times 25kg bags per visitor.



Volunteer Drivers



Do you need help to attend an appointment at the Health Centre, Hospital, Dentist, etc?

KVG/ROS Volunteer Drivers are here to help. We are COVID aware and take every precaution to ensure your safety.

Contact us on 01577 840196 or email: administrator@kvgandros.org.uk to book a driver and for details of the charges that apply

We have operated in Kinross for over 30 years and in 2019 we were presented with an award from Age Scotland stating - "Presented to KVG and ROS in recognition of Inspirational service for older people in the community".

Registered charity SC 015642 Volunteer Friendly Award Holders

Situations Vacant

TAXI DRIVER

A2B Taxis, Kinross

A full UK driving licence (minimum of 2 years) is required together with a good geographical knowledge of the local area. A PKC taxi driver licence is beneficial but not essential. Candidates must be of good character with a smart appearance. Vehicles must be kept clean and sanitised at all times. Various shifts available.

If interested please call Bruce on 07743332237.

DEPUTY MANAGER

Portmoak After School Club

Are you interested in working with children? We are looking for an enthusiastic and committed individual to help run this fun, inclusive, safe After School Club at Portmoak Primary School, Kinnesswood.

Term time only, Monday to Friday, 2.30pm-6.00pm.

You will require a childcare related HNC or SVQ3 or equivalent or knowledge/experience and be willing to work towards qualification as set by SSSC.

Please email **portmoakASC_committee@yahoo.com** for more information.

For Sale

Baby Pen

£25

Hexagonal white steel baby pen. Includes blue fitted cushion for comfort. 1 metre width.

Contact:

Joyce Horsman 07423 751 262 joyce_horsman95@tiscali.co.uk

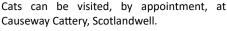
Mindspace Recovery College

Mindspace Recovery College runs free courses covering all aspects of mental health, co-delivered by people with lived experience, and are open to all.



Homes for Cats Wanted

Fife Cat Shelter, a Scottish Registered Charity, is always looking for homes for rescued cats.



Contact Rhona on 01383 830286.







Are you new to the Area? Would you like someone to talk to?

Someone to have a coffee with? Help to feel less socially isolated?

If you would like to request a befriender please contact us and we will arrange a time to meet with you to discuss the process.

ptb.kinross@bethanyct.com

t: 07747 018 550

Notices

Community Councils

Kinross: Chair: Bill Freeman, 01577 865045

Email: kinrosscommunitycouncil@gmail.com

Milnathort Chair: Craig Williams, 07885 722125

& Orwell: Email: craig@stovestuff.scot

Sec: Elizabeth Rougvie

Email: communitycouncilmilnathort@gmail.com

Portmoak: Chair: Graham Cox

Email: portmoakcommunitycouncil@pkc.gov.uk

Fossoway Chair: Trudy Duffy-Wigman, 01577 840669

& District: Email: fossoway.cc@gmail.com
Cleish Sec: Patty Fraser, 01577 850253

& Blairadam: Email: cleishcommunitycouncil@pkc.gov.uk

Kinross Community Councillors

Margaret Blyth 6 Muir Grove

David Colliar10 Rannoch Place01577 864037Bill Freeman (Chair)64 Muirs01577 865045Lynne McKay5 Springfield Road01577 531076Thomas StewartGellybank Farm01577 864603

Malcolm McFarlane

Portmoak Community Councillors

S McGregor (Secretary) A Cragoe (Treasurer)

Susan Forde 01592 840128

Graham Cox (Chairman)

Dave Morris 01592 840500

Have a look at our website: www.portmoak.org

Perth and Kinross Councillors Kinross-shire Ward

CIIr MIKE BARNACLE (Independent)

Tel/Fax (home): 01577 840516.
Email: michaelabarnacle@gmail.com

Website: mikebarnacle.co.uk

Moorend, Waulkmill Road, Crook of Devon, Kinross, KY13 OUZ

Clir CALLUM PURVES (Scottish Conservative & Unionist)
Tel (office): 01738 475092. Mobile: 07557 812570.

Email: cpurves@pkc.gov.uk 54 Lathro Park, Kinross, KY13 8RU

Clir WILLIE ROBERTSON (Scottish Liberal Democrats)
Tel (home): 01577 865178. Mobile: 07909 884042.

Email: wbrobertson@pkc.gov.uk

85 South Street, Milnathort, Kinross, KY13 9XA

CIIr RICHARD WATTERS (SNP)

108 Kinross Newsletter

Mobile: 07557 812513. Email: rwatters@pkc.gov.uk

Applegarth, Sunnypark, Kinross, KY13 8BX

John Nicolson MP Member of Parliament for Ochil and South Perthshire

Telephone: 020 7219 3000

Email: john.nicolson.mp@parliament.uk
Twitter: https://twitter.com/mrjohnnicolson
Facebook: https://facebook.com/JohnNicolsonSNP
Instagram: https://www.instagram.com/johnnicolsonmp

Member of the Scottish Parliament for Perthshire South & Kinross-shire

Roseanna Cunningham MSP

Constituency office: 63 Glasgow Road, Perth, PH2 OPE

Telephone: 01738 620540

Email: roseanna.cunningham.msp@parliament.scot

Members of the Scottish Parliament for Mid Scotland and Fife Region

All MSPs can be contacted at the following address: The Scottish Parliament, Edinburgh, EH99 1SP

Claire Baker MSP (Labour) Tel: 0131 348 6769 Email: claire.baker.msp@parliament.scot

Murdo Fraser MSP (Conservative) Tel: 0131 348 5293 Email: murdo.fraser.msp@parliament.scot

Dean Lockhart MSP (Conservative) Tel: 0131 348 5993 Email: dean.lockhart.msp@parliament.scot

Alex Rowley MSP (Labour) Tel: 0131 348 6826 Email: alex.rowley.msp@parliament.scot

Mark Ruskell MSP (Green) Tel: 0131 348 6468 Email: mark.ruskell.msp@parliament.scot

Liz Smith MSP (Conservative) Tel: 0131 348 6762 Email: *elizabeth.smith.msp@parliament.scot*

Alexander Stewart MSP (Conservative) Tel: 0131 348 6134 Email: alexander.stewart.msp@parliament.scot

Mobile Library Service

All Library services are cancelled for the foreseeable future

For more information, see: www.culturepk.org.uk/libraries and click on 'Services in the Community'

Perth Samaritans

Need to talk? We'll listen.

Contact us by

phone: 01738 626666 or 08457 909090

email: jo@samaritans.org

or visit us at 3 King's Place, Perth, PH2 8AA

> No pressure, no names, no judgment. We're here for you, anytime.

Enquire

Are you looking for information about your child's rights to support in School? If so, contact Enquire, the national advice and information service for additional support for learning.

Enquire offer: a confidential telephone helpline and online enquiry service, practical guides, fact sheets and newsletters, helpful materials for children and young people with additional support needs.

For more information contact: Tel 0345 123 2303

Website: www.enquire.org.uk

Enquire is funded by the Scottish Government and managed by Children in Scotland.

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